AND DIEGO WEEKLY VOLUME 37 / NUMBER 31 JUY 31, 2008

What's wrong with Balboa Park?

If the Pacific Ocean is San Diego's swimming pool, Balboa Park is our backyard. When we want to get out of the house, Balboa Park is where we go, 11 million times per year. (continued on page 24)

0:0:0

Reader

NEWS & FEATURES

What's Wrong with Balboa Park?	
Money is the matter. By Geoff BouvierCo	ver
City Lights	
The usual spin on Sunrise Powerlink data;	
and Breaking News	6
Our new population of crows	7
Letters	12
Straight From the Hip	
The elves go commando	14
Sporting Box	
How you'll survive a Summer Olympic Games tsunami	16
Sheep and Goats	•
Is George Carlin in heaven?	18
Best Buys	•
Positively protein	20
Remote Control King	
Oh, yes, PBS. Doo-wop is where it's at	21
Diary of a Diva	
Off on the sea of matrimony in very different boats	22
Unforgettable	
Americanos couldn't be prayed away. By Jeff Smith	50
Off the Cuff	139
Puzzle	140
Say What?	
You don't know it's there until you've stepped in it	142
Typo Patrol Results	145
News of the Weird	
Roommate From Hell	
The coconuts will absorb all the bad vibes	152
Back When	
Honey-mustard? Onion-mayo? That's the	
corporate question	155
T.G.I.F.	
Family day at the pool	159

<u>CALENDAR</u>

. . .

Girls on film	
Bike ride by the bay	63
Classical Music Guide	
Art Museum and Gallery Guide Image: Constraint of the servation Pop Music Image: Constraint of the servation Blurt Image: Constraint of the servation Crasher A young-at-heart old-movie actress A young-at-heart old-movie actress Image: Constraint of the servation Restaurant Reviews and Guide Image: Constraint of the servation Marriott Marina's Molly's, mmm-mmmm! Image: Constraint of the servation Image: Constraint of the servation Image: Constraint of the servation Movie Review and Guide Image: Constraint of the servation	64
Pop Music Blurt Club Crawler	74
Blurt Club Crawler Riff riot on the reservation Crasher A young-at-heart old-movie actress Restaurant Reviews and Guide Marriott Marina's Molly's, mmm-mmmm! Ed meets chilaquiles for the first time Links for wine lovers Movie Review and Guide	74
Club Crawler	
Riff riot on the reservation	76
Crasher A young-at-heart old-movie actress	80
A young-at-heart old-movie actress	82
Restaurant Reviews and Guide Marriott Marina's Molly's, mmmm-mmmm! Ed meets chilaquiles for the first time Links for wine lovers Movie Review and Guide	
Marriott Marina's Molly's, <i>mmmmmmmm</i> !	103
Ed meets <i>chilaquiles</i> for the first time 1 Links for wine lovers 1 Movie Review and Guide	
Links for wine lovers 1 Movie Review and Guide	105
Movie Review and Guide	107
	108
The Y Files returns to the screen	
The X-Trues returns to the server	114
Theater Guide	120



SANDIEGOREADER.COM

JULY 31, 2008

Like an R-rated *Gong Show* See page 82

<u>A D V E R T I S I N G</u>

Classified Ads	
Antiques & Collectibles	156
Appliances	
Automotive: Cars	157
Automotive: Trucks/Vans/SUVs	158
Automotive: Classic/Custom Cars	158
Automotive: RVs	
Automotive: Parts	158
Automotive: Services	158
Bicycles	156
Business Opportunities	139
Career Training	134
Classes/Lessons	
Computers	155
Counseling/Support	
Electronics	156
Furniture	156
Garage Sales	156
Health & Fitness	142
Help Wanted	125
Massage	
Miscellaneous For Sale	157
Motorcycles	
Music, Equipment/Instruments	144
Music, Musicians Avail/Wanted	
Music, Services	144
Notices	
Parent Resources	142
Personals	143
Pet Central	139
Photo	
Real Estate, Condos	
Real Estate, Houses	
Real Estate, Miscellaneous	
Rentals, Commercial	145
Rentals, Apartments/Condos	
Rentals, Houses	
Roommates	
Services Directory	
Sports	
Stage Notes	
Tickets	
Travel & Getaways	
Wanted/Trade	156
Wedding/Party Guide	142
Display Ads	

	Display Aus	
A	Automotive	149
(Career Training	
0	Getaways	66
0	Great Escapes	68
H	Health and Beauty	
H	Help Wanted	125
	nstruction	
Ν	Music	144
F	Rentals	
F	Research Studies	
S	Services	141
S	Singles Events	73
V	Nedding Guide	68

All It's Cracked Up to Be!



All-You-Can-Eat Lobster Served Nightly!

an Diego's best buffet is now serving whole steamed Maine lobster every night of the week. While you're there, indulge in Alaskan King crab legs, freshrolled sushi and jumbo shrimp along with delicious grilled steaks, gourmet Italian, Mexican and Asian cuisine and decadent homemade desserts. Plus, when you join the Players Club your first buffet is free! Treat yourself to the best every night, only at Valley View Casino!



VALLEY VIEW CASINO San Diego's Favorite.

I-866-VIEW-WIN VALLEYVIEWCASINO.COM

I-IS TO VALLEY PKWY EAST + VALLEY CENTER, CA WHILE THE CHOICES AT OUR BUFFET HAVE NO LMIT, YOUR AGE DOES GLESTS HUST NE 71 OR OLDER TO ENJOY THE CASINO REETAURANTS AND CONCIRTS.





CONTRACTOR OF TAXABLE 1 MONTH \$99 HIGH PRESSURE BRONZING BED EXPIRES 8/13/08 TTAN

TAN



www.iTanSanDiego.com

16 LOCATIONSI

San Diego Reader July 31, 2008



Affordable PPO Health Plans

For Individuals and Families

Age*	Male <u>Rates</u>	Female <u>Rates</u>	Age*	Male <u>Rates</u>	Female <u>Rates</u>
0	\$177	\$177	35	\$102	\$141
1	\$106	\$106	40	\$116	\$160
2-18	\$57	\$57	45	\$163	\$181
19	\$63	\$84	50	\$207	\$221
25	\$72	\$101	55	\$265	\$256
30	\$90	\$121	60	\$335	\$324

*Call for rates based on your age.

\$30 Co-pay Office Visit • Prescription Drug Card \$0 Co-pay Well Woman Exam • \$30 Co-pay Preventative Care (\$200 Limit) Monthly rates effective 7-1-08 for San Diego County. Aetna \$2500 PPO Plan.

California Healthquote Insurance Services 701 Palomar Airport Road, Ste. 300 Carlsbad, CA 92011 • 800-788-4678

> X Aetna CA Insurance Lic. #s: 0712596, 0706675, 0C84228 www.cahealthquoteins.com

FURNITURE SALE! FREE DELIVERY



10397 Friars Rd., San Diego • 619-640-0259 www.atlasfurnituresd.com Monday-Friday 10 am-8 pm Saturday 10 am-6 pm, Sunday 11 am-5 pm MasterCard • Visa • American Express • Checks *Free delivery with purchase over \$699, 15-mile radius. **Free financing with minimum purchase. Contact store for details

EDITOR Jim Holmar

SENIOR EDITOR Matt Potter

ASSISTANT EDITOR Heather Goodwill

EDITORIAL ASSISTANTS Scott Ellis, Frank Glaser, Hector Lam, Russ Lewis, Robert Mizrachi, Robert Nutting, Chris Woo CONTRIBUTORS

Don Bauder, Ed Bedford, Jane Belanger Alexis Bernal, Geoff Bouvier, John Brizzolara, Josh Board, Patrick Daugherty, Joe Deegan, W.S. Di Piero, Stephen Dobyns, Barbara Fokos, Ernie Grimm, Mary Grimm, Dorian Hargrove, Rosa Jurjevics, Ken Kuhlken Thomas Larson, Deirdre Lickona Matthew Lickona, Thomas Lux, Bill Manson, Linda Nevin, Anthon Olivieri, Jerry Schad, Duncan Shepherd, Jeff Smith, Leslie Venolia, Naomi Wise ADVERTISING SALES DIRECTOR John-Paul Frankli

ASSISTANT SALES MANAGER Mercia Daughi SALES DEVELOPMENT

Fred Hagen SENIOR ACCOUNT EXECUTIVES

Bill Burton, Amy Grant Amy McKibben, Randy Rice, Todd Westfall, Beth Wexler

ACCOUNT EXECUTIVES

Gili Assa, Kelly Bonelli, Mark Connelly, Barbara Dickinson, Patricia Esperanza Brett Flynn, Scott Fisk, Paula Ford, Stephen Hatch, Joshua Hensley, Richard Maryn, Alvaro Mendez, Woody Wilson

ACCOUNT MANAGERS Jesus Cruz, Jr., Kaitlin Pettersen, Graeme Storey, Kacy Weaver

ADVERTISING ASSISTANTS Brian Carver, George Wargo

ADVERTISING ART DIRECTORS Kenneth Koll, Ronaldo Saluta, Ji

CLASSIFIEDS MANAGER Gene Rochambeau

CLASSIFIEDS STAFF

Annalee Bradbury, Deaine Goldey, Maribel Juarez, Steve Lieber, LeAnne Mellon, Holly Micelli, Sandi Miller, Ninoshcka A. Moreno Ortiz, Carina Quintanar, Jeffery Reed, Cristina Weedmark, Michelle Williamson

PRODUCTION MANAGERS Deborah Condit, Sandy Matthews

PRODUCTION ARTISTS Frank Andrews, James Banerian,

Mike Brown, Jeremiah Dean, Paul Johnson, Leslie Manes, Chris Millard, Douglas P. More, José Ramirez, Jr., Jessica Wentzel

ACCOUNTING STAFF Kelly Ainsworth, Regina Gaither, April Isaac, Michelle Newby, Maddeline Zvirzin

ADMINISTRATIVE STAFF Linda Johnson, Margaret Stann PERSONNEL MANAGER

Evelyn Mones INFORMATION TECHNOLOGY

Mark Bays, Gavin Rattm Michael Wavne

PROJECT MANAGER Barbara Christense

OPERATIONS DIRECTOR Howard Rosen

All advertising in the Reader is subject to current rate card. The Reader reserves the right not to accept an advertiser's order. The entire contents of the *San Diego Reader* are copyright 2008, Jim Holman. All rights reserved.

San Diego Reader may be distributed only by the Reader's authorized independent contractor. No person may, without prior written permission of the San Diego Reader, take more than one copy of each weekly issue.

NATIONAL ADVERTISING

The Ruxton Group - 1-888-2Ruxton MAILING ADDRESS

Reader, P.O. Box 85803 San Diego, CA 92186-5803 OFFICE

1703 India Street (at Date) 619-235-3000

General informa

619-235-8200 Paid classifieds

MANUSCRIPT SUBMISSIONS

Submissions must be e-mailed to: Reader.Manuscripts@gmail.com. Hard copy manuscripts will not be accepted.



"Having the doctors in the top 1% of the country in your own backyard - you can't ask for anything better."

cc chose to have LASIK surgery because in my profession you have to be able to see what's going on, and also I read a lot in my daily life. I want to be able to see clear without having to wear glasses or contact lenses, plus it makes me look good! I highly recommend Global Laser Vision for the reason that in the profession I am in, we have things coming at us all the time like 300-pound men trying to hurt you and you have to be able to see that coming at you in a split second. You know you have to be prepared for every situation and this is the right thing to do. Having LASIK surgery at Global Laser Vision was the best decision I've ever made!"

- Shaun Phillips, Pro football player

Here's the reason we can make LASIK so affordable...

When doctors lease LASIK surgical equipment, they have to charge their patients more money to cover their expenses. That's because doctors pay a lot more money to lease and USE the equipment than if they owned it.

Because we own our LASIK equipment (as well as our facility), we're not beholden to the manufacturer's prices or the whims of landlords. This means we can keep our prices affordable. It also means we can continue to improve people's vision regardless of their financial status.

Global Laser Center is not owned and/or managed by public companies or by investment groups. This has further enabled us to keep overhead down and pass on the savings to our patients without ever sacrificing quality of our care.

Why over 50,000 people chose us:

Eve surgery is a complex and serious medical procedure. Unlike many other clinics, our doctors are personally involved in every aspect of your care. That's why you can always expect:

- To talk with your doctor when you call.
- Your doctor to perform your pre-operative and post-operative exams.
- ♦ Your doctor to be caring and, above all, to put your best interests first.
- ♦ Leading-edge equipment such as the VISX Star S4 Excimer lasers equipped with Wavefront and Iris Registration Technologies - 98% 20/20 vision after one year (FDA clinical trial using VISX Custom LASIK).





MEET DR. YAGHOUTI Refractive Eye Surgery specialist from Harvard University.

MEET DR. LAKHANI

NEW

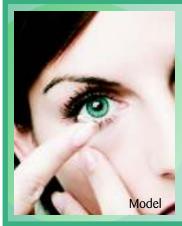
6950 Friars Road Suite 100

Across from Fashion Valley Mall Se Habla Español Promo Code: RDR0731

GLOBAL LASER VISION

DEAL

*\$599 per eye applies to Standard LASIK, any nearsighted prescription with no astigmatism, add \$300 per eye for astigmatism (\$899 per eye). \$1199 per eye applies to Standard Intralase (All-Laser Standard LASIK), any nearsighted prescription. \$1799 per eye applies to Custom Intralase (All-Laser Wavefront Guided Custom LASIK), any prescription (San Diego location only). All offers are for new patients only with no prior history of refractive surgery. Offers valid at San Diego location only. Cannot be combined with any other offers. No cash value. Must present coupon at time of consultation. Offer cannot be applied retroactively to prior procedures. Some restrictions may apply. Financing is based on 60 months at 11.99% per month (OAC). Surgery must be performed by 8/16/08.



Global Laser Vision Now Offering:

Complete Contact Lens Exam only \$85

Includes eyeglass prescription, fitting, follow-ups, and solution kit. (Toric and gas perms slightly higher.)

Complete Eyeglass Exam only \$55

GLOBAI LASER VISION

1-800-438-5274

San Diego Reader July 31, 2008

TWO WEEKS ONLY!

Offer expires August 16, 2008.

Standard LASIK Scanning Laser or Flying Spot and Eye Tracker Technologies Regularly \$1500 per eye (savings of \$801 per eye)

Per eye - any nearsighted prescription with no astigmatism

All-Laser (blade-free) Standard Intralase Scanning Laser or Flying Spot, Eye Tracker and Intralase 60Hz Fourth Generation Technologies Regularly \$2000 per eye (savings of \$801 per eye)

> 00* PER MONTH OR \$1199 Per eye - any nearsighted prescription

All-Laser (blade-free) Custom LASIK Intralase VISX Star S4 IR[™] with Wavefront CustomVue[®], Variable Spot, Eye Tracker, and Intralase 60Hz Fourth-Generation Technologies

Regularly \$2850 per eye (savings of \$1051 per eye)



Earn gift certificates, free services, or free products!

Earn Global Rewards with every dollar spent. See www.GlobalLaserCosmetics.com for details

\$0 Down, 0% Interest until 2010 (OAC)



Refractive Eye Surgery specialist from UCSD Medical Center.

Deadline tonight!

We received more than 50 entries for our first monthly neighborhood website essay contest. The top winners from June are listed below. The deadline for neighborhood essay entries for July is TONIGHT at midnight.

Post your entry by going to SDReader.com/neighborhoods, find your neighborhood or campus, and follow the instructions to create a blog. Winning entries will be published in the August 14, 21 and 28 issues.

1st place ...^{\$}500

Man Without a Neighborhood

I suppose I am a man without a neighborhood. As a life-long San Diegan, I have called many neighborhoods "home." Often I find myself in the minority and my native claim second only to the Kumeyaay Indian (though an admittedly distant second). However, my ancestral neighborhood is proudly the College Area. - By Dominic Carrillo, **College Area**

2nd place\$250

Junior Personnel Nearly Arrested for Demanding Customer Service

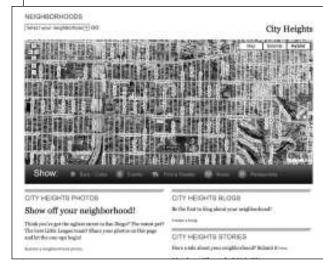
I stood in front of my rack, trying to keep from crying. Having just woken from a nap and ready to leave base for the weekend, I could not find my ID. It had been on my rack while I napped. Though I knew it had fallen out, there was no sign of it anywhere. I searched underneath everything, even pulled the mattress out and the sheets off, hoping it would show up. - By Becky Troup, **Coronado**

3rd place ...^{\$}100

Ornery O.B. Ornithology

'Twas mid-May in Ocean Beach. May Gray was momentarily at bay, spring had sprung, and every OBecian could smell and see sweet summer coming. Whilst walking my precious pooch, Kindle, on Voltaire Street mere moments before sunset, I daydreamed with the rest of my 'hood of long, warm, and salty Dog Beach days to come...drinkin' Vitamin Water. - By Dayna Celise Blevins, **Ocean Beach** Allied Gardens Alpine Baja Balboa Park Banker's Hill Bav Park Bonita Bonsall Borrego Springs Cardiff Carlsbad Carmel Valley Chula Vista City College City Heights Clairemont College Area Coronado Cuyamaca College Del Cerro Del Mar Downtown El Cajon Encinitas Escondido Fallbrook Golden Hill Grantville Grossmont College Guatav Hillcrest Imperial Beach Imperial Valley Inland Border Towns Jamul Julian Kearny Mesa Kensington-Talmadge La Jolla Lakeside La Mesa Lemon Grove Leucadia Linda Vista Little Italy

Logan Heights Mesa College Mira Mesa Mission Beach Mission Hills Mission Valley National City Normal Heights North Park Ocean Beach Oceanside Old Town Otay Mesa Pacific Beach Pala Paradise Hills Point Loma Point Loma Nazarene Powav Ramona Rancho Bernardo Rancho Peñasquitos Rancho San Diego Rancho Santa Fe San Carlos San Marcos Santee San Ysidro Scripps Ranch SDSU Serra Mesa Solana Beach Sorrento Valley Southeast San Diego South Park Southwestern College Spring Valley Tierrasanta UCSD University City University Heights USD Valley Center Vista





Dare you to experience 3G speed.

Exclusively from Verizon Wireless

Get the boldly designed all-new LG Dare." Plus, America's largest high-speed 3G network.

>Large all-touch finger-flying QWERTY screen >Browse the Web and check email >Get spoken turn-by-turn directions with VZ Navigator^{sw} >Download and listen to music on the go

\$19999 \$249.99 2-yr. price - \$50 mail-in rebate. With new 2-yr. activation on a new Nationwide Calling Plan.



Switch to America's Most Reliable Wireless Network."

Call 1.800.2.JOIN.IN

Click verizonwireless.com

VERIZON WIRELESS COMMUNICATIONS STORES Store hours: Mon-HillBam-Spin; Sat Sam-Spin; Sun 10am-7pm. Hours at select stores and malls may vary.

CARLSBAD North County Plaza (760) 720-8400 CARMEL MOUNTAIN RANCH 11234 Rancho Carmel Dr. (858) 618-2100 CHULA VISTA 2015 Birch Rd. (619) 216-5480 67 N. Broadway (619) 409-4600 591 H St. (819) 409-8805

EL CAJON 1571 M. Magnolia (619) 596-7201 Parkway Plaza Mall Kiosk (619) 444-3070 EL CENTRO E80 N. Imperial Ave. (760) 337-5508 ENCIMIDAS 258 N. El Camino Real (760) 642-0430

2689 Via de la Valle (858) 523-9850

ESCONDUC 3440 Del Lago Blvd. (760) 761-3600 LA MESA 5500 Grossmore Center Dr. (619) 644-2900 NATIONAL CITY Plaza Bonita Klosk (619) 470-7994 OCEANSIDE Nam Opent 3760 Mission Ave. (760) 757-7075

CARMEL MOUNTAIN

CLAIREMONT MESA

SAV DEED 980 Camino de la Reina (619) 209-5818 Fashien Valley Mall (619) 200-9065 Herton Plaza (619) 595-0511 ALE Inneada Rei (80) 563 1150

ENCINITAS

ESCONDIDO

Horton Plaza (619) 595-0511 4415 Imperial Ave. (619) 262-1260 University Towne Center Klock (858) 658-0401 8650 Genesee Ave. (858) 450-2800 Now Open? 7035 Clairemont Mesa Blvd. (858) 614-0011 New Open? 3505 Sports Arena Blvd.

LA MESA

NATIONAL CITY

Visit any store

SAN MAR(0) 711 Center Dr. (760) 738-0068 SANTEE 9624 Mission Gorge Rd. (619) 449-4140

624 Mission Gorge Kd. (019) 449

POINTLONA

VISTA

Hablamos español



VISIT THE VERIZON WIRELESS STORE INSIDE CIRCUIT CITY. STAFFED WITH VERIZON WIRELESS EMPLOYEES – EXCLUSIVE OFFERS AVAILABLE

DEC MAR

Activation fee fine: \$35 (\$25 for secondary Family SharoPlan* lines w/2-yr. Agents).

IMPORTANT CONSUMER INFORMATION: Subject to Customer Agent, Calling Plan, rebate form and credit approval, Up to \$175 early termination fee/line & other charges. Offers and coverage, varying by service, not available everywhere. Device capabilities: Additional charges and conditions apply. In CA: Sales tax based on full retail price of phone. Rebates take up to 6 weeks. Limited-time offers. While supples last, Shipping charges may apply. Network details and coverage maps at verizon-wireless.com.

BREAKING NEWS

Showboating Last week's announcement that publisher David Copley is looking for



someone to buy the Union-*Tribune* marks the end of an era for San Diego, which has labored under the yoke of the Copley newspapers for 80 years. Until a buyer is confirmed, the destiny of the city remains in the balance, but

David Copley

some loval U-T readers will no doubt miss the regular

Copley sightings that appeared in the U-T. Year by year, the stories describe David Copley's increasingly grandiose obsession with partying, car collecting, and mansion building. An excerpted history:

February 12, 1984: "David Copley drove up with Susan Farrell in a 1936 Cadillac convertible roadster that belonged to the late Jim Copley."

November 3, 1985: "The luggage that came with David Copley's sleek new Aston Martin sports car carries the Aston Martin nameplate. And he took the handsome luggage along on a recent visit to Springfield, Ill. The bellboy who brought the suitcases to Copley's room in the posh new Ramada Renaissance greeted him with a respectful, 'Your luggage, Mr. Martin.' To which Copley countered, graciously: 'You can call me Aston.''

January 1, 1987: "David Copley wished friends 'a peaceful, laid-back, stressless' season on invitations to his holiday party at his home, 'Foxhole,' in La Jolla.... Sophisticated jazz players performed on a balcony overlooking the pool, and a totally high-tech mood was generated in the garage, which was transformed, with mirrored walls and other mod decor, into an inviting dance setting."

December 19, 1988: "The holiday at home was a warming of David Copley's new pied-asurf, a glass fronted, cardinal lacquered, marble and steel, art-filled Mission Beach showplace that combines wide-open views with highly stylized privacy.... Guests traipsed up and down the curved glass stairwell, ogling everything and trading assessments - overwhelmingly positive."



April 29, 1999: "Helen Copley and her son, David Copley, president and chief executive officer of The Copley Press, invited newspaper executives from around the country to an art deco dinner-dance that surpassed even the elaborate visions of Metropolis director Fritz Lang. The German filmmaker's futur-

Helen Copley istic fantasy guided Nevin

Kleege and his Advantech Event Management team in transforming a cavernous hangar into a dazzling party venue — a stunning study in black, white, chrome and gray. Gigantic sets copied from the film and built by the San Diego Opera Scenic Studio — the massive facade of a cathedral, a factory's complex machinery dominated an anteroom that opened into a vast, black-on-black nightclub raked by darting, swirling, dancing lights. (Jack Burnett,

one of the production managers, said the party's spectacular effects required 'more lights than they had at the Grammy Awards.').... Pierre Charmasson, another key member of the Kleege team, pointed out that it took more than a square acre of carpet to cover the hangar floor, and that many of the dinner guests were seated in 70 custom-built, tufted, semicircular booths upholstered in matte-black vinyl."

December 7, 1999: "His mother's La Jolla estate is called Foxhill. So when David Copley bought himself a small house 24 years ago, he named it - with a grin - Foxhole. He did a few things: added a second floor, then a pool pavilion, then a new wing, then a second wing as the lots next door became available. Friday, David invited more than 200 guests to experience what he has now made of Foxhole: a 17,000square-foot mansion."

July 15, 2007: "Happy Days, the 50-meter yacht David Copley has named for the boat that his grandfather, Col. Ira Copley, owned in 1927, was declared winner of the 17th annual Show-Boats International Award as the year's Best Full-Displacement Motor Yacht of its size. Copley and a few of his friends were here for the presentation of the award at the Monte Carlo Sporting Club."

Meet and confer How will the convention business hold up in an oil-starved world? Will video conferencing start to trump air travel and hotel stays? Nobody yet knows, but San Diego taxpayers have been paying an

increasing amount of money to support the region's increasingly stressed convention industry. Take the example of the City-subsidized San Diego Convention Center Corporation. According to the latest available federal tax Carol Wallace returns, the nonprofit outfit

paid its president and CEO Carol Wallace \$307,565, along with \$56,454

in employee benefit plan contributions and \$4232 in car allowance and other expenses. That was up dramatically from the previous year, in which Wallace got \$259,361, along with \$20,745 in benefits and a \$6551 expense allowance. The year before that, Wallace was paid \$278,568 and got \$21,051 in benefits and \$6940 for expenses. Another convention center employee getting the big bucks was the corporation's vice president and general counsel Beatrice Kemp, who received \$205,064, as well as \$20,506 in benefits. The year before, Kemp got \$197,972 and benefits of \$19,797. The year before that, she got \$195,411 and \$19,541 in benefits. Another beneficiary of the corporate salary hikes was Mark Emch, vice president of finance, who got \$182,376 along with \$18,238 in benefits. The year before, he made \$166,296 and \$16,630 in benefits.

– Matt Potter

The Reader offers \$25 for news tips published in this column. Call our voice mail at 619-235-3000, ext. 440, or fax your tip to 619-231-0489.

Spinrise

By Don Bauder

he campaign to ballyhoo the proposed Sunrise Powerlink has one beneficial effect: it is shining light on how San Diego's

overlords try to use misinformation to manipulate public opinion.

San Diego Gas & Electric and its parent, Sempra Energy, want to build the 150-mile transmission line to bring, purportedly, solar power from Imperial Valley at a projected cost of \$1.5 billion, which is probably grossly understated. Critics point out that the line would slash its way through Anza-Borrego Desert State Park, Grapevine Canyon, Santa Ysabel Canyon, and Rancho Peñasquitos, ending in Torrey Hills.

The state says that by the end of 2010, renewable energy must be 20 percent of major utilities' deliveries. SDG&E is at a pitiful 6 percent and admits it probably won't make the deadline. Southern California Edison is already at 16 percent and Pacific Gas & Elec-

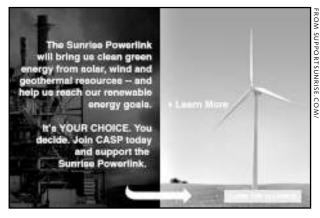
Read Don Bauder's Scam Diego blog every day! Go to SDReader.com and click on "Blogs" at top of page.

Contact Don Bauder at 619-546-8529 or don.bauder@mac.com

Neal Obermeyer

tric at 12. Governor Arnold Schwarzenegger wants 33 percent renewable by 2020, and former vice president Al Gore wants the nation to hit 100 percent renewable in ten years. In theory, Sunrise Powerlink would help SDG&E meet its

alternative energy. It wants to bring in questionable liquefied natural gas from Indonesia and burn it in its Rosarito plants, moving the power to Los Angeles, its major market. The Rosarito plant evades U.S. pollution requirements. "What they are doing is trying to build dependency on sources of power that they control," says City Attorney Mike Aguirre. "They are holding renewable energy hostage to Powerlink." Aguirre is pushing for the building of solar and alternative energy facilities within the San Diego metropolitan area.



2010 California bogey, although the company admits that there is no guarantee that Sunrise would bring in clean energy.

Sempra's natural gas operation is the largest in the United States. Some say Sempra has a vested interest in sabotaging renewable energy. In this year's report to the Securities and Exchange Commission, Sempra admits its business could be hurt by the push for clean,

One of the groups battling Sunrise is Utility Consumers' Action Network (UCAN), a 30,000-member organization that has fought every SDG&E rate-increase attempt since 1984, with many great successes. On Monday, July 14, the Union-Tribune wrote an editorial titled "Lucrative ripoff: SDG&E bills include interest-group costs." The editorial continued on page 8



By Joe Deegan

s children growing up in Riverside, my friends and I were captivated by crows, big birds that were bold. We used

to see how close we could creep toward them, while they seemed to contemplate our attention before flying away. What were they cawing about us?

Not long ago, the following email message arrived in the Reader offices. "Originally, the only crows I had ever seen," observed the writer, "were at Death Valley. Now, they are all over La Jolla, walking on my wooden roof with scratchy nails, standing in the treetops, doubtless robbing babies from nests of other birds, leaving huge poops down the side of my house and on the front sidewalk. How come they have moved in such numbers to the coast? We used to have mostly raucous mockingbirds, but now it's crows. There must be a reason for this migration."

There must be a reason all right, but local bird experts aren't sure what it is.

One of them is Terry Hunefeld, who has just returned from leading a seabird-watching expedition past San Clemente Island, 110 miles into the Pacific. "There are birds far out on the ocean, such as albatrosses," he says, "that people never even see from land. They sometimes fly for thousands of miles before coming down."

In contrast, crows tend to be stay-at-home birds. But if the La Jolla emailer is correct, they must have once left their inland habitats, right? Yes, Hunefeld tells me, in the early to mid-1980s, many of them suddenly seemed to pick up stakes and move into urban and coastal San Diego. Why they did it then, but not earlier, nobody adequately explains.

Crows seemed rarely to venture farther west than places like Poway, Lakeside, and El Cajon. "Those areas, and especially oak and riparian woodlands, were their native

habitat," says Hunefeld, who is 56 and retired from the real estate-training business. (He has always liked to spend time outdoors and, about eight years ago, got a serious case of bird-watching fervor.) "And even though San Diego was becoming a metropolis for a long time, it's a mystery to ornithologists why the crows waited to move into the city, why they didn't do it in the 1960s or 1970s, for instance. And why did it happen so quickly in the 1980s and 1990s?"

Hunefeld is



in the crowns of trees with dense foliage." Originally, coast live oaks in foothill areas were their favorites, but now that crows have moved to town, they inhabit "palms, pines, Italian cypress, and especially eucalyptus. In groves of such trees, crows nest colonially."

> In winter, crows gather in large flocks and

in 1999," says the atlas, "and is spreading rapidly across North America; crows have already been decimated in parts of the eastern United States." Other corvids are rooks,

jays, and common ravens (Corvus corax). It is easy to confuse ravens and crows. But ravens are much bigger birds than crows, says Terry Hunefeld, in length, weight, and wingspan. Ravens have a shorter beak that's somewhat like a desert floor. The change in the raven is less dramatic than that of the...crow, but the raven too is on the increase, aided by man-made...food sources...road kill, and...nest sites like buildings, bridges,

and power-line towers." They nest, for instance, in the California Tower in Balboa Park.

Crows are more communal than ravens. It's

hard to tell the male crows from the females. Both, together with extended families, take care of their young in nests at common roosts, which may be home to hundreds of crows. Egg laying in the San Diego region occurs

roughly from the second

will eat just about anything," says Hunefeld. "So they are spredators on the eggs and young of other birds." They g

continued on page 10 Reader July 31, 2008 of City Lights now be searched met at com

An archive of City Lights stories can now be searched on the Internet at SDReader.com

No matter what other people think, Hunefeld seems to be as fascinated with crows as with other birds. He concedes that he goes out bird-watching every day for one

unique chance — to spot exotic birds."Birds from the East Coast sometimes fly

in here," he says. "They just make a wrong turn during their migrations. And every once in a while, we'll see Asian birds that, like the birds on our Pacific Flyway, go to Alaska for the summer. Then

they just go back down the wrong coast."

But crows? "Due to their cooperative and social nature, they may be the smartest bird out there," says Hunefeld. "Crows will call warnings to each other and, in small groups, will chase away competitors." They fight them off for food but will stand watch while their own family members eat.

"Crows are scavengers and

with crow populations of the coastal valleys of Oceanside. He has been the compiler for the Audubon Society's Christmas bird counts there for the past several years. "In Oceanside, 20-plus years ago," Hunefeld tells me, "the count would average several hundred crows. In the late 1990s, it was up to 1000, 1400 in 2006, and when we counted last December, it was 1900."

most

familiar

For further information on crows, Hunefeld refers me to Philip Unitt's San Diego County Bird Atlas. Unitt is the curator of the Department of Birds and Mammals at the San Diego Natural History Museum. According to the atlas, American crows (Corvus brachyrhynchos)"nest

roosts. Despite their more recent urban lifestyle, the highest concentration of crow populations in San Diego County, according to the bird atlas, is still "at the east end of Lake Hodges."

Susceptibility to West Nile virus has become a particular hazard to crows. The virus "appeared in New York City advantage crows have over ravens is greater maneuverability in the air.

"Roman nose," and their

those of crows. Ravens

have longer tails than

the fan-shaped crow

tail. When the cousins

fight, the single great

wings are pointed, unlike

Ravens have long been local residents. "After the house finch," according to Unitt's bird atlas, "the Common Raven is the most widespread breeding bird in San Diego County. It occurs in all habitats, from beaches to mountaintops to week in March to mid-May. The incubation period is 18 days, according to the bird atlas.

Many people think of crows as a great nuisance. "They definitely can be annoying," says Hunefeld, "especially in the evening, when they are calling to let each other know where they are."

сіту сіднт 5 CITY LIGHTS CITY LIGHTS CITY LIGHTS

Spinrise ued from page 6

was inaccurate and pathetically fatuous. The second sentence read, "But what few San Diego Gas & Electric customers know is that their monthly bills are higher because UCAN's small staff has collected nearly \$2 million from SDG&E ratepayers for intervening before the California Public Utilities Commission in opposition to SDG&E projects from

71

ACCIDENTS

72 WRONGFUL DEATH

■ EXTENSION 1019 ■

21 FILING A CLAIM

22 RETIREMENT BENEFITS

25 FAMILY RELATIONSHIPS

TENANT/LANDLORD

80 EVICTING A TENANT

81 CAN I BEAT MY LEASE?

83 RENTAL AGREEMENTS

84 SECURITY DEPOSITS

86 30-DAY NOTICE

82 WARRANTY OF HABITABILITY

85 ENFORCEMENT OF THE LEASE

26 DISABILITY BENEFITS

27 HIV AS A DISABILITY

■ EXTENSION 1007

23 SURVIVORSHIP BENEFITS

24 LUMP SUM DEATH BENEFITS

DISABILITY

75 SLIP AND FALL ACCIDENTS

76 PRODUCT DEFECT LIABILITY

77 PROFESSIONAL NEGLIGENCE

SOCIAL SECURITY AND

20 OVERVIEW OF SOCIAL SECURITY

Sponsored by

& Associates

619-278-0900

www.delellis.com

Anthony J. DeLellis

1545 Hotel Circle South

Suite 130, San Diego

1989 to 2006."

Think about that nonsense. SDG&E has 1.4 million customers, residential and business. The grand sum of \$2 million spread over 17 years would make a tiny, tiny dent in bills received by more than a million customers annually. However, that claim of \$2 million is inaccurate. The California Public Utilities Commission in 1981 set up a program by which intervenors in rate

actions, such as UCAN, can get reimbursed for their work on a rate case. However, the commission's intervenor compensation guide makes it clear that to be paid, an intervenor must make a "substantial contribution" to the rate-setting proceedings. In requesting compensation, an intervenor should weigh "the actual costs of your participation in the proceeding against the benefits achieved for ratepayers as

a result of your participation." Intervenors must show that their work did not duplicate that of others involved in the process

Says Michael Shames, founder and head of UCAN, "The law says you can't have intervenor compensation unless the benefits [to the ratepayer] exceed the cost [the intervenor] is seeking. There is not a scenario in which ratepayer bills could be higher because of what they pay to UCAN."

The U-T's editorial did not mention, of course, that on January 26, 2002, another editorial that appeared in the U-T lauded Shames as a "consumers' hero." UCAN had challenged a deal cooked up in a back room by Sempra and former governor Gray Davis. UCAN won and saved the ratepayers \$363 million, later reduced to \$197 million. Said the editorial about UCAN,

FREE LEGAL GUIDE CALL 619-233-9797 NIGHT OR DAY 7 DAYS A WEEK AT THE PROMPT PRESS THE 4-DIGIT EXTENSION OF THE CATEGORY THAT INTERESTS YOU. OR VISIT OUR WEBSITE: SDREADER.COM/LEGAL EXTENSION IOOI EXTENSION 1000 PERSONAL INJURY CRIMINAL LAW Soonsored by Sponsored by The Law Office of Julia E. Haus Douglas Holbrook Law Firm 850 25th Street 550 West C Street Suite 100, San Diego Suite 620, San Diego 619-234-1100 619-232-2020 www.leaalassistance4u.infa 70 AUTO ACCIDENTS 20 WHEN DO I NEED AN ATTORNEY? MOTORCYCLE/TRUCK/PEDESTRIAN 21 WHAT IF I'M WRONGLY ACCUSED?

- 22 SHOULD I ANSWER OUESTIONS?
- 23 MUST I SUBMIT TO A SEARCH?
- COULD I RESIST AN ARREST?
- 25 WHAT IF I FAIL TO APPEAR?
- CAN MY RECORDS BE CLEARED?
- 27 ALCOHOL, DRUGS, HIGH CRIMES

■ EXTENSION 1002 ■ BANKRUPTCY/CREDIT LAW relief under the Bankruptcy

Sponsored by Deborah L. Raymond 445 Marine View Ave. Suite 305 Del Mar 858-481-9559

- 30 NEW BANKRUPTCY LAWS
- 31 WHAT IS CHAPTER 7 BANKRUPTCY?
- WHAT IS CHAPTER 13 BANKRUPTCY? 32 WRONGFUL CREDITOR FEES & ACTIONS 33
- COLLECTION AGENCY HARASSMENT
- 34 VEHICLE REPOSSESSION 35
- FORECLOSURE ON YOUR RESIDENCE
- INACCURATE CREDIT REPORTING 37

■ EXTENSION 1008 TAX & ESTATE PLANNING 90 FILING TAX RETURNS



- 94 FEDERAL TAXES
- 95 AUDITS & APPEALS 96 TAX PLANNING
- 97 ESTATE PLANNING



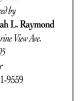


- 60 DIVORCE AN OVERVIEW
- 61 WHAT WILL IT COST? 62 CHILD SUPPORT - HOW MUCH?

Sponsored by

- 63 CHOOSING A PARALEGAL
- 64 MILITARY FAMILY ISSUES 65 PREPARING FOR DIVORCE
- 66 MEDIATION AND THERAPY
- WILLS AND TRUSTS 67

■ EXTENSION 1003 ■ **INSURANCE CLAIMS**



2329 India Street San Diego 619-233-1096 www.arnoldlawoffice.com

Sponsored by

The Law Office of

Robert Bruce Arnold

- 40 INSURANCE BAD FAITH
- 41 DUTIES OF INSURANCE CO. FIRST PARTY CLAIMS/HEALTH/ 42
- UM/UIM/AUTO/PROPERTY
- 43 TIME LIMITS
- 44 DISPUTES WITH INSURANCE CO.
- 45 DEPT. OF INSURANCE HELP LINE 46 DO I NEED AN ATTORNEY?

EXTENSION IOIO IMMIGRATION



Soonsored by John A. Ouinn 3444 Camino Del Rio N. Suite 200, San Diego 619-284-8811 Fax: 619-284-8822

- 20 WAYS TO BE LEGAL
- 21 SPOUSES & CHILDREN
- 22 BUSINESS VISAS
- 23 EMPLOYMENT VISAS
- 24 INTERNATIONAL STUDENTS
- 25 CHANGING & EXTENDING VISAS
- 26 VISA DENIALS & DEPORTATION



- 760-741-7544 www.laturnograves.com **10 ADMINISTRATIVE HEARINGS**
- **II EMPLOYEE HANDBOOKS/POLICIES**
- 12 EMPLOYMENT AGREEMENTS 13 HOSTILE WORK ENVIRONMENT
- 14 NON-COMPETITION AGREEMENTS 15 SEVERANCE AGREEMENTS
- 16 WAGE AND HOUR
- EXTENSION 1004

WORKERS' COMPENSATION false or fraudulent material sta ilty of a felo



51

Sponsored by The Law Office of Gerald D. Brody & Associates 3465 Camino del Rio S. Suite 440, San Diego 619-528-9800 50 YOUR WORK-RELATED INIURY

- WORKERS' COMP BENEFITS 54 THIRD-PARTY ACCIDENTS
- UNSAFE WORKING CONDITIONS 55
- WRONGFUL DISCHARGE 56
- 57 HARBOR & LONGSHOREMAN'S ACT

■ EXTENSION 1015 ■ SEXUAL HARASSMENT/ WRONGFUL TERMINATION

Sponsored by

The Law Offices of

Old Town Professional

Suite 201, San Diego

619-246-8449

Bldg. 2356 Moore Street

Joel C. Golden



- 70 SEXUAL HARASSMENT
- 71 DISCRIMINATION
- WRONGFUL TERMINATION 72
- 73 EXECUTIVE TERMINATION
- 74 WHISTLEBLOWER-RETALIATION
- FRAUD AGAINST THE U.S. 75 GOVERNMENT (FALSE CLAIMS ACT) 76 LEGAL FEES

The attorneys and law firms who provide this information are solely responsible for its content This information does not address all legal situations nor is it intended to replace legal counsel. It is provided free, although if calling from outlying areas you may incur toll charges on your telephone bill.

"Good work, guys." If the U-T's statement that UCAN has cost ratepayers \$2 million over 17 years were accurate - and it is not accurate — even the *U*-*T* might understand that \$197 million is a very good return on a \$2 million investment. It's even better on the actual investment: zero.

The July 14 editorial was written by Bob Kittle, the U-T's editorial page editor. Kittle got information for his piece from SDG&E, says Shames, quoting a phone conversation he had with Kittle.

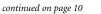
In an email, I asked Kittle about that. He shot back, "In fact. I received no information from SDG&E." He explained that the information provided to him was given by Sempra, SDG&E's parent. Hmmm. This isn't even hairsplitting. It's rank deception.

Then a spokeswoman for SDG&E told me, "We were contacted by the U-T and did provide information about UCAN intervenor fees." But SDG&E or Sempra did not suggest or plant the editorial, she asserted. Remember, she is a spokeswoman for SDG&E, not Sempra. But I am not going to play that game. If she works for SDG&E, she works for Sempra.

Kittle's editorial went on to claim that intervenor fees are a"multimillion-dollar rip-off for consumers" because the utilities commission already has a Division of Ratepayer Advocates, which supposedly represents the consumers. But those who follow these utility proceedings say that bureaucratic sclerosis and political pressure often render the ratepayer advocates ineffective and intervenor arguments frequently carry the day.

Getting even sillier, the editorial went on to criticize Shames for making \$90,000 a year over a three-year period. This is peanuts. In big firms, first-year attorneys, right out of law school, can make \$150,000. Shames has been practicing law for UCAN for 23 years. He says he charges \$350 an hour and that this is half of what SDG&E's outside lawyers charge. SDG&E would not reveal what it pays its outside attorneys. "Shames could make four times the money if he went to work for the industry," says someone who has studied San Diego utilities for decades, noting that Sempra paid its chairman \$9.5 million

San Diego Reader July 31, 2008







ageNine

619-235-8200

POPCO-Father's Rights The original and still the best. 800-963-DADS(3237).

\$787 Bankruptcy/Foreclosure Losing your home? Drowning in debt? Top rated Attorney can help you! Limited time offer. Gersten Law Group, 619-330-5663. egersten@gerstenlawgroup.com.

Drunk Driving Attorney Felonies/misdemeanors/DMV/drugs. 619-338-9500. J. D'Ambrosio. Free consult. Visa/MC/Amex.

Bankruptcy Attorney Stop Lawsuits & Repossessions Still Qualify Under New Laws

Free consult. Call and speak to attorney. Debt Relief Agency, 619-889-5585; 858-335-1162.

Drunk Driving? Avoid Court!

We handle DUI cases exclusively. Free consultation. Keep your license and your dignity. Examples: .12-not guilty, .16-not guilty, .10-case dismissed. Law Offices of James Bickford. 888-421-4585.

Aggressive Family Lawyer

10+ years experience in family law with divorce custody, support and property. 619-542-1100.

Bankruptcy Done Right! \$750+ Protect assets/Stop debt collections/Mortgage relief. Debt Relief Law Center - 800-803-7310. bklawca.com Free attorney consult/ Payment plans. Se habla espanol.

Merry Maids Housecleaning South Coastal/All South Areas Reliable. Bonded. Insured. Customized services. Weekly. Bi-weekly. Monthly. One time. BBB member. Satisfaction guaranteed. 619-336-1612. 619-226-2621. Relax. It's done.

Auto Title Loan/Bad Credit OK

Keep the car, get the cash. \$2600/up. Loan pursuant To CFL license. SoCal Auto Loan, 800-896-9062. Simple Divorce \$149

Affordable rates, MC/Visa/Amex. Se habla espanol Joseph B. Carnohan, Attorney. 760-722-8200.

BrianHowarthPhotography.com Affordable Wedding

Photography & Ministerial Make it memorable! Professional team with 30 years Experience in wedding business covers your event. Call Brian or Valerie at 619-583-0411.

Sexually harassed at work? Hostile work environment? Discriminated against? Wrongful termination? Unpaid overtime?

We are experienced in representing employees and will vigorously defend your rights. All too often, employees will ignore an unfair work situation, or will wait too long after a violation has occurred. Don't let this happen to you! Call attorney Michael Sousa today for a free, no obligation consultation. 858-453-6122 x15.

Bankruptcy - Low As \$750 Free Consult-Al Gross, Esq. 888-FAIR-PRICE (888-324-7774) AskAttorneyAl.com.

No Recovery Means No Fee! Contingency Attorney Can Help

If you're injured in an accident, mistreated at work or need help with a contract or insurance claim. We'll fight for you! We're experienced and aggressive. Consultation is free, so what have you got to lose? Don't hesitate, call us today at 619-239-1300. Email morris@sandiegolegal.com. Morris and Associates. Personal Injury, Sexual Harassment, Business Litigation

Bankruptcy, Fast Divorce

We answer the phone - Talk to a lawyer - 8am-7pm. Low down payments - Same day filing - Free advice. FixedPriceLegalCenters.com (sm). 800-993-1998.

Telephone Expert

Business/residential. Replaces AT&T. 24 years. Phone jacks, roommates, fax, computer networking, cable TV. Professional, honest, dependable. Lic.-807261. 858-452-7413, 619-992-7413.

Divorce/Custody/Support Contact Happ Law Group P.C. 619-9 06-5800

Debt relief agency. Free consultation, 24/7. Payment plans available. Attorney Roger Stacy

Bankruptcy-Ch7 \$785 Complete Includes court costs, credit reports. stacylawfirm.net. 619-253-8141, 858-677-9798

Coverage as low as \$19 a month

No one refused auto insurance!

Call us! We can save you money!

• Free SR22 filing • Mexican International license • Commercial auto • Motorcyles • RVs • Boats & watercraft JAN Galifornia 2008

1 50 any auto policy thru 8/7/08

Skydive San Diego - Save \$30!

Conditions may apply. San Diego's oldest, largest operation. www.SkyDiveSanDiego.com. 619-216-8416.

Highly experienced attorney. Low fees. Payment plans. Call now! 619-227-1802 or visit www.AlanSpears.com.

Ex-IRS officer. Contact: D.M. Wayne, Tax Consultant. 858-614-0223. taxsolutionservices.com.

Bankruptcy-Low Payment Starts

Experienced Attorney. Stop all collections. Debt Relief Agency. Raymond Schimmel, Esq., 619-275-1250.

Get the compensation you deserve. Law Offices of Robert T. Pope, 619-233-3893

Bankruptcy- Ch 7, 13, & DUI

Free consult. Helping San Diegans for over 20 years A debt relief agency. Richard Miller, 858-272-6350.

Stop Foreclosures-File Ch.13 Consolidate Back Mortgage/Bills Debt Relief Agency, 619-889-5585 or 858-335-1162.

Help Is At www.mtax.com. Or call Curtis McAllaster, CPA, 619-523-3098.

Smoking, weight, habits. Lori (CHT), 858-457-2100.

Sound advice; reasonable fee. Payment plans available. C. McLaughlin, Esq. Call 760-431-2200, 619-295-1300.

Need a Phone #? Voice Mail \$8.95/month. 800-309-8888 www.voicemaildepot.com.

Wrongful Death Attorney

San Diego and North County. 760-931-2900.

Affordable, Gentle Dentist

Visit SpectrumDentalInc.com or call 858-277-5737

29 years of experience. Free consultation. Law Offices Of Catherine Kroger-Diamond

Mission Valley Mortgage

Is The IRS After You?

Buy- Sell- Refinance. Mobile notary

Hypnosis-All Issues!

Bankruptcy: 7, 11, 13

Serious Injury or

Misty O'Donnell 619-204-4324.

Enjoy the biggest thrill of your lifetime! Weekday Skydive Special, Monday-Friday, excluding holidays Must be 18 & weigh less than 230 pounds. Other

Solid DUI/Criminal Defense

Stop IRS/State Cold!

Accident? Injury?





M-F 9:30 am-7 pm, Sat. 9:30 am-3 pm • Closed Sunday www.aliainsuranceservices.com • Se habla español

Insurance Services Inc.

Auto Accident? Other Injury? Free advice! Injury Law Center, 619-787-0120

Non-Fluid Inch Loss! Body Contour Wrap Special

Tones, tightens, improves skin texture, heals skin. \$52/one wrap (regularly \$65). \$130/three wraps (\$180) for women and men of all ages. No synthetics, animal fats, waxes, glycolic acids. Fanie botanical products. Waxing, facials, back waxing, microdermabrasion. Karie Hayden & Associates, 858-581-3321. KarieHayden.net.

M.A. in Leadership **Organizational Studies**

Azusa Pacific University's Master of Arts in Leadership and Organizational Studies (MLOS). Complete your master's degree in 20 months Traditional classroom or online format. Call 877-210-8839 or visit www.apu.edu/sandiego. E-mail: sandiego@apu.edu. Azusa Pacific University, San Diego Regional Center, 5353 Mission Center Road, Suite 300, San Diego, CA 92108.

Got Warrants? 619-840-4566.

DUI/DV probation violations, our attorneys can help! warrantdoctor@gmail.com, 619-840-4566. Call today!

Lose Inches In Hours: Iono-Trim

20% discount with mention of this ad. Sean Daneshmand, M.D., FACOG. Ageless & Beautiful Medical Spa, 1080 University Ave. Suite H-201, San Diego 92103. 619-299-0264.

Divorce Is Never Easy.

Mediation Should Be. Work out a settlement with your spouse or partner rather than spending a fortune fighting in court. See: www.afairway.com A Fair Way Mediation Center. 619-702-9174.

IRS Problems Got You Down?

27 years IRS experience. Income tax and collection problems. Audit and appeals representation. Tax return preparation. Current/unfiled returns. Free consultation. Reasonable rates. BJ Tax Consulting, 858-530-1675

Aggressive DUI Attorney 888-421-4585

Please call for a free consultation with an Attorney. Habla Espanol, 888-416-2577. Law Offices of James Bickford, 888-421-4585.

SanDiego-DUI-Lawyer.com Affordable, aggressive, experienced. 619-334-7661



Simple Divorce

10% discount! Custody, support, trust and more! www.Legal-Choices.com, #7. 619-593-6000.

www.myjewelry4cash.com www.topcash4u.com 619-235-6555

Divorce/Support/Custody Defend your rights! Flat fee for uncontested divorce. C. McLaughlin, Esq. Call 760-431-2200 or 619-295-1300.

Facing A Foreclosure

File 7 or 13 Bankruptcy Save your home or wipe out negative equity. Free consultation with experienced bankruptcy attorney. 619-321-8125 or 858-335-1162.

Don't Let IRS Ruin Your Life!

Peace of mind is within your reach! Call 1-877-FIXABLE (24 hours) for recorded message and free report. Attorney Dave Greenberg, 858-292-0700, www.fixabletax.com.

DUI? Free consultation! 888-421-4585

We handle DUI cases exclusively. Avoid court! Para Espanol, 888-416-2577. Payment plans available.

Divorce Fast & Easy

Lowest Cost - \$145 and Up We do all paperwork & file with the Court. Over 30 years in business - Reg.LDA#54. Hotline: 619-454-0994.

Arrested for DUI or Drugs?

Help For as Little as \$1500 Experienced attorney Christian McLaughlin makes the Difference! Free consult. 760-431-2200, 619-295-1300.

Bankruptcy Chapters 7 & 13 \$300 starts immediate attorney representation. All work done. Over 10 years experience. Debt Relief Agency. 619-321-8125; 858-335-1162.

Counseling/ Dream Study. Curious? Unsettled dreams?

Training needs? Jungian dreamwork for life issues, transitions, growth. \$40/ 1 hour session. \$10/ 2 hour group. Paul Hartsuyker, MFT-15896. 619-269-8939. www.sandiegotherapists.com/hartsuyker.html.

Problem With Car Purchase? Have you bought a car with undisclosed accidents or History from a car dealer? Call 858-405-6766.

New/Used Windows XP Laptops Dell Vostro-\$588 IBM T41-\$488 Dell D610-\$488 Desktop-\$225 www.laptopspluswest.com, 619-393-6628.

Credit Card Debt? Late on payments? Debt Relief Network can help. Call 1-800-642-9382 or visit us at www.debtreliefnetwork.com.

Traffic Tickets?

Don't pay. Hire an attorney to fight for \$100. No attorney fee if ticket not dismissed. Contact Law Offices of Elizabeth Aronson, 760-685-8242 or SanDiegoTrafficTickets.com.

European Therapist

First-time client special! 20 years experience I will massage and re-shape you into a perfect moment. Outcalls available. Lic-006369. Mireille, 619-994-9147.

Divorce- \$75 to Start!

Low cost divorce, bankruptcy, and much more! Call 1-866-607-4199 or visit www.cparalegal.com.

Employee Rights Attorneys

The Tyson brothers represent victims of employer Harassment, wrongful termination, discrimination, and Wage violations. Tyson & Tyson, LLP. 619-702-8350.

Chapter 7 Bankruptcy (Liquidation)

Eliminate credit cards, lawsuits, repos, Chapter 13 bankruptcy (consolidation) immediately stops foreclosure and creditor action. Ch. 13 allows for 3-5 year easy monthly court payments to pay back mortgage arrears, credit cards, car loans, taxes, etc. Call today for free Attorney consult. 1-888-486-9157.

A Academy of Bartending

Learn behind a real bar. Make money and new friends. Have fun! 1-2 week course. Weekend classes available. Part/full time job placement assistance. 619-296-0600. Diego

Rec

July 31

2008

ø

Bankruptcy-Ch. 7, 11 & 13. Free consultation. Honest advice from an attorney. A debt relief agency. Avatarlegal.com, 858-793-9880.

Car Accident Victims!

25% fee. Why pay more? Demanski & Ellis, Attorneys at Law, 619-338-9880.

сітү сіднт s

Spinrise

continued from page 8 last year and its president \$6.5 million.

Two days after the *U-T*'s fallacious editorial appeared, a group called Community Alliance for the Sunrise Powerlink, funded by SDG&E/Sem-

pra, held a press conference to denounce project delays. Julie Meier Wright, cochair of the group, and also president of the San Diego Regional Economic Development Corporation, complained that the project won't be finished until 2011 at the earliest. This is

CITY LIGHTS

soft contacts INCLUDES EXAM & FOLLOW-UP Daily or extended wear • Bausch & Lomb Optima FW • Select powers 2 pair § complete Eyeglass Special Includes exam, spring-hinge etal frames, S.V. plastic lenses. 143 complete **Eve Exam Plus** exam, one pair of glasses, wo pair of contact lenses. ^{\$}176 **Colored Contacts** _{3 Pair} \$45 DR. PHILLIP LEVY, O.D. FAMILY OPTOMETRIST Starbucks) DUCOVER 1.866.685.2463 EXPLICATE Card

costing ratepayers \$350,000 a day, she asserted, and it means the outdated South Bay Power Plant keeps belching pollution into the air. Shames says her statements were hogwash. Sempra's economic assumptions for Sunrise have already been found unreliable by the utilities commission, he says. The \$350,000 "is totally made up," he says. And "it is a total fallacy that Sunrise is required in order for South Bay to be closed. Even if Sunrise is not operational until 2017, you don't need South Bay to be operating."

At the press conference, Wright plugged the *U*-*T* editorial. "Ratepayers pay for the intervenors," she says she told the audience. Since there is already a Division of Ratepayer Advocates, "It's an inherent conflict of interest. We pay for the delays, and we pay for the intervenors." She claims she had not talked with Kittle before referring to the editorial. Shames thinks the editorial and press conference were orchestrated. I agree.

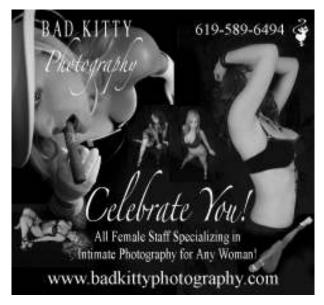
CITY LIGHTS

Meanwhile, Charles Langley of UCAN says the organization got "a tremendous surge of community support" as a result of the error-filled editorial. It brought in several new members. And some old members dropped their subscriptions to the U-T.

Crow delight continued from page 7

inhabit residential neighborhoods because they get lots to eat from picnics in parks, french fries and pieces of doughnuts on the sidewalk, and half-eaten burritos thrown from car windows. They help clean up refuse.

In that respect, crows'



urban existence is similar to their lives in earlier times. Farmers used to hate crows for eating their grain and fruit. But the crows fed on destructive insects at the same time.

GHTS

On a neighborhood walk, you can often come surprisingly close to crows pecking at something on the ground. If you move in a way they find threatening, of course, they're gone. "But they also recognize friendly gestures," says Hunefeld. "When I was a kid, we helped a crow in our classroom to recover from a broken wing. For the next two years, he kept coming back for handouts."

A number of websites attest to great affection for crows. I attach the following reminiscence entitled "Ball Playing Crows" from *crows.net*, The Language and Culture of Crows:

Washington State, near Seattle. "Grocery store, strip mall roof. As I approached the covered breezeway I could see several crows, maybe 5 or 6, 'jumping' up and down on the roof.... A moment later a super-ball dropped off the roof and bounced into the busy parking lot; three crows quickly followed and chased the ball while it bounced. When the ball came to rest in a gutter one of the crows picked the ball up in her beak and 'threw' it. At that point the other crows all tried to catch it. Even when it rolled under cars they would pursue the ball and make it bounce....

"After about 10 minutes the 'owner' of the ball took the ball back up to the roof where I could once again hear the bouncing and jumping. The super-ball was one of the 2" diameter ones; so it was really an effort for them to pick it up and then fly."

CITY LIGHTS

And now I notice on crows.net a possible answer to why crows suddenly moved from the backcountry into the San Diego urban area. "I was driving by when I noticed hundreds of crows gathering.... They were landing on top of the fence and all the way down covering all the 'terraces.' They stood in place all the way to the sidewalk. After a few minutes the area was packed with crows. Two crows were standing in the bicycle path by the street next to the sidewalk. One of them made a sound and all the other crows became silent facing the ones in the bottom. Then the second began making sounds. After about three minutes, the second crow stopped making sounds and the first one made a sound and all the others began flying off.

"The first thing that came to my mind when I saw this was that they were in an amphitheater listening to a lecture. I was amazed that they all stayed quiet while the one in the bottom was 'speaking' and none flew away during all this time. I was also surprised at how instantly they grew quiet when the first crow made the first sounds and how quickly they left when 'he' made the second sound."



The King's Criminal of the Week:

Man accused of breaking into car... and then falling asleep.

According to police, the suspect broke into a white Acura. Police responded to a call about the break-in and found the victim in the vehicle, asleep, with the car's stereo in his lap. He was removed from the car and handcuffed.

"He could be one of the dumbest crooks we've ever run into," police chief Jim Anderson said. The the chief couldn't resist a joke: "We read him his Miranda rights and asked him if he wanted to remain silent. Then we woke him up."

Courtesy of DumbCriminals.com

If you are the criminal of the week, Call "KING" STAHLMAN BAIL BONDS 1-800-782-4522 1140 Union Street, San Diego, CA 92101



San Diego Reader July 31, 2008



LETTERS

We welcome letters pertaining

to the contents of the Reader.

3000, ext. 460; address them to

Letters to the Editor, Box 85803,

San Diego CA 92186-5803;

fax them to 619-231-0489;

Include your name, address,

Letters may be edited for length

Peak Misconception

Re "Way Too Many People

Live Out Here" (Cover Story,

July 24). Just a slight correc-

tion. In the article on devel-

opment near the Cleveland

National Forest, on page

42, the author said that

Cuyamaca Peak, at 6512

feet, is the tallest peak in

San Diego County. This is a

very popular misconception.

The highest peak is Hot

Springs Mountain on the

Los Coyotes Indian Reser-

vation, northeast of Warner

Springs. It is 6533 feet high.

You can verify it on a AAA

map of San Diego County.

John Wehbring

via email

or use our web page at

SDReader.com/letters.

and telephone number.

and clarity.

Phone them in at 619-235-

Regarding your lead article "Way Too Many People Live Out Here" (Cover Story, July 24) and the conflict between the Center for Biological Diversity and the Cleveland National Forest, I would like to share a little insight. The CBD has been a contentious and difficult group to work with about issues on public land for many years. Agencies like the National Forest Service and the Bureau of Land Management have a "multiple use" mandate in their decision-making policy about issues with public land. The CBD pushes these agencies to manage their way, with a strong bias towards species conservation and, when not satisfied, take agencies to court by means of lawsuits. These lawsuits often have the opposite effect of their intentions. This is because the lawsuits force the agencies to use large amounts of money and other resources to fight, taking away the agencies' ability to manage the land they are charged with. The main tool of the CBD is the Endangered

Species Act. One little-known fact about the Endangered Species Act is that if you sue and win, the government pays your legal fees. The CBD has used this fact to their financial advantage in many hundreds of lawsuits throughout the country.

The Endangered Species Act was originally sold to the American people to protect large animals from extinction. It has since been used extensively to protect species down to insects and plants (plants considered to be weeds by some). One time there was even an unsuccessful attempt to list a fungus as endangered. They often got away with using "junk science" to defend their cases. While the CBD is quick to sue, they are slow to volunteer. I personally volunteer with the Cleveland National Forest and Ocotillo Wells State Park. I have yet to hear of CBD people volunteering to help. It is my experience that volunteering and forming positive relationships with the staff of these agencies goes very far in guiding the management of land that interests me. If the CBD

were to volunteer more and sue less, our public land might be far better off. Ed Stovin

via email

Shame On The System

Prosecutor Brenda Daly should be ashamed ("Off-Road on Private Land," "City Lights," July 24). This is just another example of the legal system punishing a private citizen, Alan Inn, for trying to protect his property and defending the vandals who have no respect for the property and rights of others.

> Sandra Conklin via email

Bad Guys In The Desert

I read the article on the convicted felon Alan Inn, who committed a felony of assault with a deadly weapon ("Off-Road on Private Land," "City Lights," July 24). Did he or his attorney convince you to write this misleading story? Next time, please do some more research. For example: Drive out to the desert and view the Wisdon Min-

continued on page 56







Your card gets you into whatever you're into.

Free with Museums on Us

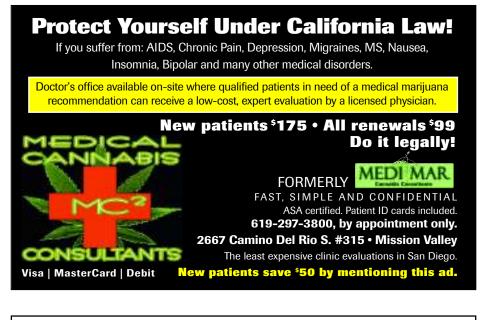
Just show your Bank of America check, credit or ATM card to over 70 museums nationwide on the first weekend of every month for free admission to art, science, history...whatever it is you're into. It's on us.

Participating museums in San Diego: Birch Aquarium at Scripps; California Center for the Arts, Escondido; Mingei International Museum

Visit bankofamerica.com/art to sign up for monthly email or text reminders.



Offer usini the first full weekend (Set, and Sen.) of the meeth through April 30, 2009. Photo ID and any volid Bank of America check, credit, ATM card must be presented. LaSate thinks Cards accepted in Michigan and Elinois. Free edministration limited to cardholder at participaning institution. Exclusive functions functions and ticketed shows. Not to be cambined with other offers. Sank of America, N.A. Member FDIC. (2) 2008 Bank of America Corporation.



We Are Pet Medicine.

Visit the caring veterinary medical team at the full-service Banfield, The Pet Hospital of Santee.



Your Resource For Fish, Corals, Aquarium & Pond Products





Contact Lens Exam ^{\$}79

Includes two pairs of soft lenses, eyeglass prescription, fitting, 90 days of follow-up care, instruction and care kit. Some restrictions apply. Astigmatism, RGP, monovision and bifocals slightly more.

We have the latest lenses for dry eyes, Toric lenses, gas-permeable, and bifocal contacts.

JCPenney Fashion Valley Mall

Dr. Marshall Skolnik, O.D., APC 1-866-887-6821 Most insurance accepted. Weekend appointments available. Use your JCPenney card. Offers good thru 9-2-08 with this ad.

STRAIGHT FROM THE HIP



Heymatt:

Ilustration by Rick Geary

Why is not wearing underwear called "going commando" style? I would think a commando would appreciate the support and reduction of chafing that briefs provide.

— Chafing at the Bit in RB

The elves go commando at their weekly backyard badminton tournament. They appreciate the ventilation. Grandma's threatened to stop doing their laundry if they don't cinch up with some undies, but so far they've charmed her into it.

Actually, Chafing, you've probably been reading too many issues of *GQ*. Commandos (aka Special Forces) aren't out looking for fashion colors and luxury fibers. They want comfort and practicality. Commandos are supposed to wear what the military tells them to wear. Absorbent cotton briefs, mostly. But wet-underwear chafing is a major problem when you're walking miles through the commandos' typical landscape: jungles, swamps, deserts, lots of damp or blazing-hot places. Nobody wants to suffer the chafing from an extra layer of clothes soggy from swamp water or sweat. The best solution isn't designer skivvies, it is no skivvies at all. (No undies also makes peeing and pooping easier when on the trail or hunkered down in some mud pit, trying not to move and give away your position.) According to a Vietnam vet friend, it wasn't just the Special Forces that went commando in that humid environment. The term became popular during the Vietnam era, but some historians say the practice dates back to commandos in the Pacific Theater during World War II.

Hi, Mr. Matt:

I can't find anyone that knows the derivation of the name for the Formosa Slough in Point Loma. — Phil Crepeau, via email

Ooh, twice wrong, Phil. First of all, you can find someone who knows the derivation of the name (me). And second of all, it's Famosa, not Formosa. (*Famosa* is Spanish for "famous." "Formosa" is the former name of the island of Taiwan, off the coast of China.) Now that we have those details straightened out, here's your answer: Famosa Slough is a slice of wetland created when landfill cut it off from the San Diego River construction. It pretty much sat there south of the river, nameless, until someone in the city planning department decided they needed to call it something. They were tired of referring to it as that swampy area south of the river. Because Famosa Boulevard ran adjacent to it, Famosa was the name that stuck. Thanks for this info to Jim Peugh, longtime spokesman for the Friends of Famosa Slough, the intrepid caretakers of this piece of our shrinking wetlands. By the way, none of us know why the boulevard was named Famosa. Maybe one of you Alicelanders can fill us in.

Matthew Alice:

I've been contemplating Doris, my cat, and trying to imagine who first got the idea to try to capture and tame a wild lion or tiger or whatever into a domestic friend. I'm sure you can make it clear. — Jennifer and Doris, via email

Not sure anyone was ever motivated to domesticate a tiger. Doris's ancestors were considerably smaller. Bigger than today's average housecat, but not lion size. And by the way, I'd guess that most cat owners question whether they are actually domesticated anyway, given the average cat's abundance of attitude and independence. Archaeologists opine that all our house tabbies descend from five species of wildcats from the Middle East and India. While big cats were shooed away from human settlements, smaller cats actually proved handy in their rat-catching abilities, so they were cautiously welcomed. It's probably no coincidence that cats began hanging around human settlements at the same time humans began cultivating grains — grains attract rats, rats attract cats.

The oldest evidence of an individual cat associated with an individual human was a cozy burial site in Cyprus, with pet next to owner. The site is estimated to be from 9500 BC. The cat isn't native to Cyprus, so by this time cats must have been moved from the Mideast to other areas around the Mediterranean. Again from burial site clues, it wasn't long before cats took on god qualities. The Egyptians certainly idolized them. But of course there's no record of how or when people went from encouraging small cats to patrol their grain stores, then their houses, to when somebody reached out cautiously to pat one on the head or when wild cats decided being petted was a good idea.

Matt:

Why is a pineapple called a pineapple?

— Nameless, via email

In the Middle Ages, Europeans called pretty much all fruit and fruitlike things "apples." The "fruit" of the pine tree (the pine cone) was called a pine apple. When explorers brought back from South America what we know today as a pineapple, the British thought it looked a lot like their pine apple, so that's the name that stuck. After decades of confusion and ruined recipes, the pine apple eventually became the pine cone.

A searchable archive of past columns is available at SanDiegoReader.com **Got a question you need answered?** Send an *email* to heymatt@cts.com or *fax* to 619-231-0489 or *mail* to Matthew Alice, c/o the *Reader*, Box 85803, San Diego, CA 92186.



Ψ.

only AT&T Mobile TV puts Olympic Beach Volleyball in the palm of your hand.

Starting August 8, you can watch NBC's coverage of the Olympics on NBC Olympics 2Go, right on your phone, exclusively with AT&T Mobile TV. Plus, after the Olympics have concluded, you can watch your favorite sitcoms, sports, dramas, and newscasts. All on the exclusive Samsung Access: Only from AT&T.



Proud Sponsor of the U.S. Olympic Team.

Hobile TV not available in all areas. Requires compatible device. Content offers as of 5/4/08. Programs subject to change. All sports programming may be subject to blackout restrictions. Celebrity endorsements not implied. Service provided by AT&T Mobility. © 2008 AT&T Intellectual Property and/or AT&T atfiliated companies.

att.com/mobiletv



...on down to **GEMS N' LOANS!** We pay the most for gold in any condition – whole pieces, scrap or broken. We also buy diamonds, vintage watches such as Rolex and others. **Gold prices have soared to an ALL-TIME high and you may be sitting on a GOLD MINE!!** If you're not sure you want to sell now, we will gladly make you a no-hassle loan on your jewelry or most anything of value, including coins and coin collections.





what moves you

Not all dealers are the same. Come see why we are #1!

kmscion.com 888-907-5454

SportingBox By Patrick Daugherty

Prep For The Onslaught

NASCAR's Car of Tomorrow

his may be the last hours of sporting life as we've known it. Soon, very soon, a 500-foot-high Summer Olympic Games tsunami, now rocketing across the Pacific, will SLAM into San Diego, taking out newspaper sports sections and obliterating regular sports news on television.

The sports blackout will continue for 16 days, or about the length of time it took Germany to occupy France during WWII. It won't be pretty.

Yes, I hear you. You want to know how you'll survive a Summer Olympic Games tsunami, or a tornado, hurricane,

and/or nuclear war. Step over here and listen up. Our federal government recommends a home shelter for these kinds of emergencies. Although one doesn't normally pay attention to a bankrupt, this advice is sound as far as it goes.

is sound as far as it goes. Unfortunately, the feds

don't say anything about how to pass time once you're barricaded inside the family bunker.

Not to worry. I will arm you with the latest reports from Non-Olympic Sports World, enough to see you through the upcoming ordeal, and I'll throw in a few brain-twisters to keep you occupied until the all-clear sounds. Clip and save.

First up, NFL Sports World: Roger Goodell, NFL commissioner, has deployed experts to look for "suspicious" hand gestures in past game films. Goodell is worried that NFL players have been flashing gang signals during games. He's vowed to identify, purge, and bring to justice gang-sign flashers. At first one thinks Goodell and his posse ought to ease up on the scotch. Then, one thinks that a white millionaire commissioner doesn't know shit about what young men consider cool...or about gangs or hip-hop or what is fashion and what is real.

But this is obvious, simple-minded conjecture and overlooks the insidious brilliance of Goodell's scheme. His maneuver is a diversion, a ploy to move attention from Goodell to the locker room. When you sit down and study game films, you'll see that it's Commissioner Goodell who's been using public airways to broadcast criminal hand signals. Remember that TV head-shot of Goodell sitting in the owner's booth with Spanos? Did you see his right hand move up to adjust a pair of \$3800 Moss Lipow sunglasses at the start of the third quarter? Well, you might not have noticed that Goodell's pinky formed a German umlaut. I've consulted experts, too, and they tell me a pinkie umlaut is a well-known Crips gang sign telling the

owner of the New England Patriots, Robert Kraft, that "It's okay to cheat this weekend. I've got your back."

I'll break in here with a brainteaser: Who will bear Brett Favre's love child, and will she free-birth?

From the World of Major League Baseball: "I'm tired of them. They're tired of me. If the Red Sox are a better team without Manny Ramirez, they should trade me; I will not object." The words of M. Ramirez, philosopherking and BoSox left-

fielder.

Brainteaser: Who Will George Bush pardon first? Marion Jones. Roger Clemens. Bill Belichick. The executive branch of government.

From the World of NASCAR: The fact that Indianapolis Motor Speedway has been around for 99 years, and

the fact that Formula 1's attempt to race at said track ended in humiliation when 14 out of 20 cars refused to participate due to the poor quality of Michelin tires doesn't mean that three years later either track officials, NASCAR, or Goodyear should know anything about the surface of said speedway. It's not their job to go rooting around dusty three-year-old archives looking for ancient news accounts about how Michelin tires blew up after ten laps on the track.

That was then. This is now.

Now, NASCAR has a new car type, hideously named the Car of Tomorrow (CoT), and the fact that it has never run at Indy doesn't mean much since other cars have run there and they didn't blow their tires after ten laps. What's the problem?

You say the CoT has about half the downforce as the model it replaced and a much higher center of gravity, which means right-side tires will be shredded after ten laps. Hmm, I'll have to get back to you on that.

There were 11 yellow flags dropped during Sunday's race, including six competition cautions ordering teams to putt-putt into their pits and change out tires. The flag was dropped every 10 to 12 laps — in fact, the race never went longer than 12 laps without an interruption. During what turned out to be lap sprints, drivers raced at about 85 percent of what fans were accustomed to seeing. Which caused 250,000 unhappy customers to boo. Which caused officials to seek malefactors and assign responsibility. Who's to blame?

The answer was given at day's end by Greg Stucker, Goodyear's director of race-tire sales. It's "nobody's fault," Stucker said.

"It's okay to cheat this weekend. I've got your back."

The Vegas Line can be found at SDReader.com Under "Stories" in menu bar, click on "Sporting Box."



NEED CONTACTS?



COLORS \$34.95 per box

FRESHLOOK

Any color. No rebate necessary. 4 box minimum. While supplies last.

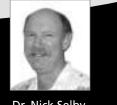
COMPLETE CONTACT EXAM ONLY ^{\$}74!!!

Includes: eyeglass prescription, fitting, follow-up & solution kit. Monovision, Torics & gas perms \$99 COMPLETE EYEGLASS EXAM ONIV \$55

CALL TODAY

858-566-4110 9516 Miramar Rd. • San Diego • 92126

9516 Miramar Rd. • San Diego • 921. www.drnickselby.com



Dr. Nick Selby, Optometrist

We've

awarded

\$650 to

Typo Patrol

winners!

Typo Patrol \$10 reward

Each week the *Reader* prints tens of thousands of words in stories and entertainment listings.

But — hey — no one's perfect.

We've let a few typographical errors appear in printed copies.

So now we turn to you — the reading public — for help.

Simply circle the error and mail or fax us a copy of the error (sorry, in **printed version only**) along with the correction, your name, and mailing address.

We'll pay **\$10** to the first person to point out each error. Or we'll send you a *Reader* **Typo Patrol T-Shirt** — let us know if you prefer that. (Exceptions: 1. Printed comments from *Reader* website. 2. Classifieds. 3. Display ads. 4. Blogs. 5. *Reader* employees ineligible.)

Mail to: Typo Patrol, SD Reader, Box 85803, San Diego, CA 92186. Fax to: 619-231-0489. Or deliver to: 1703 India St. (Yes, we have a mail slot.) Monday 7 a.m. deadline. Find last week's typo detectives in our Classifieds pages.

SHEEP AND GOATS PLACES OF WORSHIP REVIEWED

Denomination: nondenominational Address: Lamb's Players Theatre, 1142 Orange Avenue, Coronado, 619-437-6827 Founded locally: 1996 Senior pastor: Stephen J. Mather Congregation size: 150 Staff size: 7 Sunday school enrollment: 15 Annual budget: \$150,000 Weekly giving: about \$2800 Singles program: no Dress: semiformal to formal Diversity: Caucasian Sunday worship: 10 a.m. Length of reviewed service: 1 hour, 5 minutes Website: coronadocommunitychurch.org

"Give me that old-time religion/ It's good enough for me," sang the Chancel Choir from their section of seats at the Lamb's Players Theatre. And Coronado Community Church *did* give that old-time religion, at least in form. The Introit the Call to Wor-

ship, the Confession of Sin, the Gloria, the Doxology, the Benediction — all steeped in the "old time" of tradition. The Anthem dipped back linguistically into Latin, pleading "Dona nobis pacem" (grant us peace).

The content, too, offered some of the traditional understandings of sinful man seeking redemption. From the prayer of confession: "Almighty God, You have loved us but we have not loved You. Help us to admit our sin so that as You come to us in mercy, we may repent, turn to You, and receive forgiveness." And there was this, from Reverend Mather's opening prayer: "Come as Holy Fire and burn in us.... Come as Holy Truth and dispel our ignorance.... Come as Holy Power and enable our weakness Convict us, convert us, consecrate us, until we are set free from service to

ourselves to be your servants in the world."

But other prayers struck a more modern, or maybe just a more personal, note: "We can relax...and take comfort that we are yours, and that we have simply to discover what our authentic self is, what our destiny is, and relax in that. Lord...help us learn what we are to do while we are here, so that...we will have the sheer joy of...having done what You purposed us to do." A different way, perhaps, of getting at the sentiment expressed by the Hymn of Consecration: "Yes, 'tis sweet to trust in Jesus/ Just from sin and self to cease/ Just from Jesus simply taking/Life and rest, and joy and peace." The Affirmation of Faith, meanwhile, was a deep rewrite: "We believe in God as the origin of life and its meaning.... We believe in Jesus as the Christ, the one who showed us what God is like And we will welcome the presence of God's Spirit with us, everywhere, in all things, and in all people."

That spirit of following the Spirit wherever it blew informed Mather's sermon, which took Jesus' Parable of the Leaven as the occasion to ask, "Is George Carlin in heaven?" ("The kingdom of heaven is like the yeast that a woman took and mixed in with three measures of flour until all of it was leavened.")

"There's nothing worse than a fallen-away Irish Catholic," granted Mather. "He just hated religion; he thought it was pretentious and hypocritical. He didn't believe in God.... Well, maybe the God he didn't believe in isn't one that should be believed in. Deep down, there was idealism, I think. He was like the prophet Amos, who just ranted and raved and used intemperate language to make a point."

Jesus did the same thing, said Mather. "Jesus, in the parable about the leaven, does something very interesting. In Jewish language and thought, leaven is almost always connected with evil.... Now Jesus is coming around and saying that the leaven is an example of the transforming power of God. He takes something that no one would have thought had any redeeming value in terms of religious significance and

says, 'This is precisely

what the kingdom of God is like.' I imagine

His hearers were a lit-

tle startled If God can

use leaven, God can use

anything. Carlin invited

us to take seriously what

we use words for, what

our ideals are — to think about the attitudes we

ordinarily go over" with-

another parable of the

kingdom — the one in which the foolish vir-

cited

Mather

out thinking.



Coronado Community Church Coronado

Sermon content	▲ ▲ 1/.
delivery	
Liturgy	* **
Music	
congregational	★ ¹ / ₂
band	* *
Snacks	* *
Architecture	
Friendliness	★ ¹ / ₂
Poor to satisfactory	(none)
Good	*
Very good	* *
Encellent	***
Excellent	

gins were locked out because they were unprepared. "You have to decide whether the text needs to be changed — whether it has the faint echo of how maybe God can even change the script. In Godspell, Jesus opens the door and waves the virgins in. Oh, I know: 'How can we fiddle around with holy writ?' Our understanding of God grows; our appreciation for what God is doing grows. Is George Carlin in heaven? I have a hunch that whoever

is running the show up there will surprise the drop-away Irish Catholic with the words, 'George, you really got things riled up. Well done, good and faithful servant.'"

Mather's Benediction: "Now is the time to return to the world. Do not be irreverent well, maybe a little. Do not be irrelevant certainly. Find ways to express your faith that are imaginative...and maybe push the envelope just a little bit."

What happens when we die?

"I think there's a cosmic surprise," said Mather. "Everything will be neatly tied together, and the things we thought we were so certain about will be neatly turned around. There will be a great reversal — Jesus said, "The last shall be first and the first shall be last."

- Matthew Lickona

To get an online version of this column, go to sdreader.com. You can print it, email it to friends, and get other columns and stories by Matthew Lickona.



San Diego Reader July 31, 2008

"OMG! Like, my appletini tasted like a dirty sock!"

The *Reader* website includes Just go to: **www.SDReader.com** almost 900 original restaurant

almost 900 original restaurant reviews by our tireless staff. But our staff is not tireless. They can use your help.

Now the *Reader* website features an easy way for you to write your own opinion about your favorite or un-favorite restaurant. Put your cursor over "Food & Drink" in the top navigation bar. Click on "Search Restaurants" in the handy pull-down. Find your favorite restaurants by name, cuisine, neighborhood. Click on "Write a review" in the right-hand column.

95 user reviews added as of Monday, July 28! Join the fun!

Check out this week's puzzle on page 140

We've started publishing the names of all those who get the *Reader* crossword puzzle correct.

We will also publish comments from those who get the puzzle correct, such as "Go Chargers," "This puzzle was too easy," or "Zonies go home!"

And we will list the number of weeks you have submitted the correct puzzle solution, placing the winners with the longest winning streak at the top!

The new deadline for the puzzle to arrive at the *Reader* office by mail, fax, or hand delivery (we have a mail slot in our front door) is Monday at 7 am.

BestBuys

-EVE KELLY

Ut's like my body flipped a switch and started storing fat," lamented my husband Patrick as he stood in front of the mirror. "Ever since I turned 35, the battle of the bulge has turned into a rout. Gut 1, Patrick 0."

My search for a workable solution — Patrick is a tough nut when it comes to diets, though he is exercising more of late and cut-

ting carbs — led me to Dr. George Scheele, a La Jolla resident. Scheele is a medical doctor and nutrition expert. "Many people

today suffer from metabolic syndrome, which occurs as a result of dietary imbalance," said Scheele. "The syn-

of dietary imbalance," said Scheele. "The syndrome is associated with eight degenerative diseases — the first is over-

weight disorder, then high blood pressure, high cholesterol, and high blood sugar. Then you have type-two diabetes, cardiovascular diseases (heart attacks and strokes), four kinds of cancer (breast, prostate, colon, endometrial), osteoarthritis, and finally, gall bladder disease. All this is basi-

cally because people eat too many carbohydrates. That's partly because it's the cheapest food and also because the food industry keeps throwing sugar into everything to make it taste good." Further, he said, "We don't get enough protein."

But, according to Scheele, there is protein and there is protein. "Healthy cells contain proteins that span the entire charge spectrum — from negatively charged proteins to positively charged. Protein health means that there's a balance between negatively charged proteins and positively charged proteins. This is essential for core body health because the 25,000 proteins in the body are its worker bees." Scheele said that those proteins helped reset and maintain the body's metabolic pathways — the proper functioning and interaction of its various organ systems.

"Under conditions of protein deficiency," continued Scheele, "the synthesis of negatively charged proteins continues, but the synthesis of positively charged proteins is greatly diminished, and this impairs cell function, causing further disease. All foods made in bulk in nature contain negatively charged proteins — things like whey, soy, casein, and egg white. And

when we get meat at the store, it's usually muscle, which is also mainly negatively charged proteins." And when you eat negative, you end up making negative. "Unless, of

ative. "Unless, of course, you eat like your grandparents did — tripe, kidney, or

stomach. You get much more of a protein balance from organ meat, but people don't eat all that much of it anymore."

1

2

What determines the whole positive/negative charge of a protein is the dominance of positively or negatively charged amino acids attached to it. "You could make up for a positively charged protein deficiency by eating protein with an overall negative charge," but you'd have to eat huge amounts, and that would mean a massive caloric intake. So Scheele came up with an easier way: Factor4 Weight Control, a nutritional and weight-loss shake that provides, among other things, the essential amino acids "that correct "The food industry keeps throwing sugar into everything to make it taste good."

protein deficiency."

"The body needs 20 amino acids," explained Scheele. "Eleven are nonessential — meaning our body makes them — and nine are essential — meaning our body doesn't make them, and we must get them from our diets. As we age, there are two things that prevent us from getting those essential amino acids: we fall into poor eating habits, taking in lots of carbohydrates and less protein-rich food, and also, the aging process interferes with the digestive process, leading to further deficiencies in amino acids and positively charged proteins. I call this the food-chain gap." According to Scheele, Fac-

tor4 Weight Control, which contains essential or "power" amino acids, corrects the amino-acid deficiency, closes the food-chain gap, and rebalances the charge spectrum of protein health.

The benefits of what Scheele calls "supercharged protein health" are many, but they begin with energy replenishment and fat loss. "By the end of the first week, you have more pep and energy. By the end of the first month, your clothes fit better. In a weight-loss study that we did on 25 subjects with chronic overweight

disorders, 24 lost weight. One group lost between 20 and 30 pounds. I myself lost 25 pounds in six months with no meal replacement or struggles with portion control.

"The power amino acids," said Scheele, "reset the metabolic pathways, and that's why you get more pep and energy. [Plus, it burns calories.] They can even improve mood:

three of those amino acids are direct precursors to neurotransmitters in the brain. Two of them are dopamine and serotonin, which are related to pleasure. This means they can also relieve stress, anxiety, mood swings, and depression. Because they reach the brain within minutes, the amino acids also signal the brain's appetite centers that the body is well fed, and that leads to feelings of comfort, satisfaction, and well-being."

And of course, overall health and correct functioning within the body mean less susceptibility to viral sickness. "I used to get three viruses a year. But I've been using Factor4 Weight Control for two and a half years, and I don't get sick anymore."

To help explain the science behind Factor4 Weight Control, Scheele has been giving a series of free lectures at the Riford Community Center in La Jolla on issues of core body health and weight loss. The last (August 13 at 7 p.m.) is entitled "Antiaging Health: Living Longer with Improved Quality of Life." I asked about the anti-aging part. "Well," he said, "with Factor 4, hair and

nails grow twice as fast, and skin has more blood supply and elasticity. These things lead to a more youthful look."

Factor4 Weight Control is available at *factor4health.com* for **\$29.95** for 30 servings. For more information, call 888-870-3438.

To get an online version of this column, go to sdreader.com. You can print it, email it to friends, and get other columns by this author.

1. Dr. George Scheele

2. Diagram showing protein imbalance by charge



HERE AT TABLECLOTH CAPE STUDIOS WE STRIVE TO STAY AHEAD of the competition. While other news outlets blather on about sunscreen, we're going to stuff stale bread up a turkey's chute and call it the "Holiday Edition." Ready? Doesn't matter.

First, you're going to need some bread. So, get your tablecloth cape on nice and tight, and for headgear, I like to go with the classic 1960s TV series *Batman* cowl, the blue-gray fabric one. Some of our readers prefer the sleek style of a Lone Ranger eye mask. Your choice in the matter is personal and I don't care, nor do I want to hear about it. Got your costume on? Nobody cares!

So, to get bread, we're going to have to go to a neighbor's house. Across from me lives Mrs. Gutierrez. She doesn't speak English, and I'm pretty sure the only bread she has are those flat Mexican things made out of corn that taste like crap. Let's skip her place and go to the marmish lesbian schoolteacher's place. Marmish lesbian schoolteachers love bread. You can look it up on Wikipedia.

Okay, after she answers the door, I'm going to ask if I can borrow a tube of Chap-Stick. When she goes into the bedroom to get her phone to call the police, I'm going to run into her kitchen and steal her bread. Ready? That's a rhetorical question.

"Hi," I say. "I'm from across the courtyard. I'm sure you've seen me perched triumphantly on the ladder I keep out front on which to perch triumphantly."

"Where are your pants?"

"Never mind that, kind citizen. What I need is ChapStick, a zucchini, and cuticle scissors! Might I borrow those items from you?"

"Katie, that weirdo is at the door."

"I didn't know you could stable livestock within city limits. Oh, I see. That's your girlfr — AAAUUUAAAHGHGHG! YOU MACED ME!"

"You know you're not supposed to come on this side of the courtyard. That's why there's a line painted down the middle like in that episode of *The Munsters* where Herman and Grandpa divided the house."

"I hate you two! I just wanted some bread to do my holiday cooking show!" "Get off the porch before I kick your ass. Again."

"Tune in next week when I - ow, I just tripped on something. I can't see."

WHAT I WILL AND WON'T WATCH THIS WEEK

THURSDAY, JULY 31 BIG BROTHER 10

CBS 8:00 P.M.

If vampires lived on my interest in live-in game shows such as *Big Brother*, the vampires could bite my neck and die (die, vampires, die!) of starvation. Would someone please (please!) rerun *Manimal* instead of this medium-sized stack of trash.

JIMMY KIMMEL

ABC 12:06 A.M.

I hear that weird boy with the long face and the black ponytail broke up with Jimmy Kimmel.

That's too bad; I thought they were cute together. Although, I couldn't tell which one wore the saddle and which one wore the cowboy hat, if you know what I mean (wink).

FRIDAY, AUGUST 1 12 SEXIEST WET AND WILD JOBS

E! 8:00 P.M.

Oddly, "Television satire writer, his beard crusted with flecks of chili, his bellybutton filled with vermouth, his legs straight in the air while he cries, naked, alone, and ashamed" did not make the list. I like to think it was number 13. Next year. Next year.

AMERICAN SOUNDTRACK: DOO WOP'S BEST ON PBS PBS 12:00 A.M.

Oh, yes, PBS. Doo-wop is where it's at. Songs from 60 years ago, featuring nonsense and peppered with morality lessons for teenagers, that's the good stuff. And don't pretend that because it's on at midnight you can wave off relevance. You know how relevant doo-wop is, PBS? I could write a puppet show about

my extra elbow skin and it'd be more pertinent than doo-wop. Put that on at midnight, PBS. (STUPID PBS!)

SATURDAY, AUGUST 2 X GAMES

ESPN 6:00 P.M.

THE EXTREME SPORTS SHOW GAMES OF EXTREMENESS!!!! WATCH GROWN MEN RIDE TINY WOODEN CHILDREN'S TOYS TO GET THE FULL EXTREMITY OF THESE EXTREME GAMES!!! IF YOU DON'T TUNE IN, I WILL PUNCH YOU IN THE HYPO-THALAMUS!! THAT'S HOW EXTREME I AM!!! OH!!!

SUNDAY, AUGUST 3

COMIC-CON SPECIAL NBC 8:00 P.M.

Bringing you the spandexed camel toe of overweight computer enthusiasts since 1970: it's Comic-Con. Set your calculator watch alarm, squeeze your strangely flat ham hocks into a little girl's unitard, and ride your Segway on down. We'll keep a slice of pepperoni extra cheese semi-warm for you. Yes, folks. It's Comic-Con. Woo.

MONDAY, AUGUST 4 TEEN CHOICE AWARDS 2008

CW 8:00 P.M.

What I want to watch is the *Senior Citizens Choice Awards*. I can see the white-haired knuckles holding up "Polident #1" signs and I can hear the shouts of "Pat Boone! Pat Boone! Wait. I'm lost. Why is my zipper down? Pat Boone!"



Big Brother 10

TUESDAY, AUGUST 5 REAPER

FOX 9:00 P.M

Continuing the *Animal Reaper* series, we come to the "Baboon Grim Reaper." Wow, a grim reaper baboon would be pants-pissing scary. They have those fangs, those big stinky pink butts, and it'd be in a black robe and carrying a sharp farm implement. EEEEEEE! I'm not going to be able to sleep tonight. STAY OUT OF MY BEDROOM, GRIM REAPER BABOON! STAY OUT!

WEDNESDAY, AUGUST 6

LAW & ORDER TNT 8:30 P.M.

Law & Order will be the crowning achievement of the Bush administration. When construction, technology, and manufacturing jobs took a big hit, strategic tax cuts to Law & Order-related television shows added thousands of service jobs, making Law & Order one of the largest industries in the nation. One out of three Americans now works in a Law & Order TV show field of employment. Thank you, George W. Bush! I love the 2000s.

THURSDAY, AUGUST 7 NATIONAL TREASURE USA 7:30 P.M.

A thousand years ago, ol' Ben Franklin dug a pit and put all his Lucky Charms in and then covered it up and patted it down, and now Nicholas Cage's bald spot and gross old-man knuckles race against the clock to find it. Gross. Knuckles. Bald spot. I'm not making any of this up. You just have to watch.

Find out what a professional matchmaker can do for you.

Finding the right person isn't a science, it's an art. That's why busy singles are turning to It's Just Lunch. We set you up with people who share similar interests and make all the arrangements for lunch or drinks after work. It's like hiring a personal assistant to handle your dating introductions. To find your match, call It's Just Lunch today or visit us online at itsjustlunchsandiego.com or itsjustlunchsandiegonorthcounty.com.



San Diego 858.622.1888





Sobel



BY OLLIE

DIARY OF A DIVA



Married Off

by Barbarella

All weddings, except those with shotguns in evidence, are wonderful.

— Liz Smith

The first one was periwinkle and the texture of living room drapes. The second was a shiny satin the shade of sea-foam green. The third — my favorite, as its sable, "iridescent espresso" tone was the only one to suit my strawberries-and-cream complexion — was 100 percent silk. I have worn just three bridesmaid gowns, one for each of my sisters. Heather, second oldest, was first to march down the aisle, followed by Jane, the eldest. Jenny, last to be born, was also last to be married.

"We weren't just preparing for our wedding," Heather told me, "we were preparing for our marriage." I've attended my share of weddings — of both gay and straight families, friends and acquaintances — and I have come to believe that the manner in which a couple chooses to interpret the traditions of ceremony and reception reveals not only what is important to them in a wedding, but also what is important to them in life.

Let's start with periwinkle. Heather (who was a young girl when she decided her future was to be a happily married teacher and mother of two) cherishes tradition and all things right and proper. In the months leading up to her ceremony, Heather focused on favors and programs, painstakingly ensuring that not one point of etiquette was breached. Sean, Heather's groom and a devout atheist, "converted" to Catholicism by agreeing to hand his children over to the church in order to grant his fiancée's wish for a traditional Catholic wedding in the Mission Basilica San Diego de Alcalá. Though he didn't follow her faith, Sean shares Heather's reverence for tradition, and he was active in

the preparations. Heather and Sean met with the deacon and his wife for six consecutive weeks to discuss issues with which many couples struggle. "We weren't just preparing for our wedding," Heather told me, "we were preparing for our marriage."

Their reception was held on the steamship *William D. Evans* in Mission Bay. This complemented Sean's nautical background (he'd sailed around the world), while also guaranteeing for Heather that no guests would leave before the garter and bouquet were tossed. My date, upon realizing he would be trapped for three hours on a boat with my family, got cold feet on the gangplank and refused to board the ship, leaving my parents to pay for a meal of lobster bisque and filet mignon that would go uneaten.

Sea-foam green was Jane's choice of color for her wedding party. She got married right around the time MasterCard released that commercial: "Sea-foam green shoes, \$90; sea-foam green dress, \$200; a friend that you would wear sea-foam green for? Priceless." By the time Jane saw the ad, it was too late to change the scheme, but there was plenty of time left for her to fret and feel guilty about making us wear a color that had become a national joke. It turned out for the best because guilt is sort of Jane's thing; in the midst of all the pre-wedding craziness, the sea-foaminess of the material she chose provided a safe haven for her neuroses, and it gave the rest of us ammunition with which to tease her, the immense power of which remains intact ten years later.

Jane, the family's fashionista, expressed her nuptials with style. Both the wedding and reception were a fairy-tale affair held at Mt. Woodson castle in Ramona. Whereas Heather's dress had been adorned with conventional pearls and lace, Jane's was an elegant plain ivory silk with an A-line cut and a medieval-style high waist. Jane's ceremony was the most emotional. She and her husband Simon — an outwardly calm and collected guy — sniffled and sobbed their way through the poignant vows they'd written themselves, at the end of which not a dry eye was left in the castle.

Iridescent espresso was not Jenny's choice so much as it was Heather's, her maid of honor. Jenny and Brad wanted two things - for the ceremony to be uncomplicated and to share a bit of themselves with family and friends. Jenny left most of the details, like the flowers and favors, to Mom and Heather, who, with their experience and willingness, were perfect choices for the job. Mom found the location overlooking the water behind the Island Palms hotel on Shelter Island and handled all the arrangements. The ceremony itself was perfunctory, lasting no more than ten minutes. The most elaborate feature of the affair was Jenny's golden-ivory dress, in which her sisters got to see the youngest and only flaxen-



Eye Exam ^{\$}39*

Comprehensive eye exam with one of our TPA-certified optometrists.

Contact Lens Exam \$79*

Includes fitting, eyeglass prescription, 90 days of follow-up care, care kit and instructions. Full line of contact lenses including colored lenses, bifocal lenses and lenses for astigmatism. Weekend appointments available. Some restrictions apply. Astigmatism, RGP, monovision and bifocals slightly more.

1-888-266-0619 westcoasteyecare.com

Six Locations: College Area/La Mesa • El Cajon • South Bay Clairemont/Mira Mesa • Escondido/Vista/RB • Alpine *See office for details. Cannot be combined with other offers or insurance With this ad. Expires 9-2-08.





haired member of our family shine.

Both Jenny and Brad poured most of their preparatory effort into selecting songs to be played at key moments and choosing photographs for the slide show to be screened for guests during the reception. Music and photos - symbolism and memories woven together — are an integral part of Jenny's life. The Beatles tune "All You Need Is Love" was the wedding recessional. Jenny and Brad took to the floor to "Square One" by Tom Petty; Brad and his mother danced to "Brand New Day" by Van Morrison, and Jenny and Dad performed their practiced father/daughter dance steps to Abba's "Thank You for the Music." Of the slide show, Jenny said,

"We wanted to portray as much about our lives and ourselves so people could understand who we were, who we are as a couple, and how we got there."

Crimson would have been the color for my bridesmaids had I had any, but I did not plan a wedding. It may seem contrary to my nature to forgo such a great opportunity for attention, but my choice to elope is very much in line with my values. As the black sheep of my family, I have never embraced the traditional. David and I are religion-free, child-free, and unconventional in myriad other ways. Years before our "wedding," we'd already considered ourselves partnered for life; we entered into the institution of marriage not for sentimental reasons, but for practical ones - it was

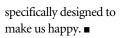
the fastest, easiest, and cheapest way to change my name and legally grant my love his pull-the-plug rights. And so it was that one Wednesday just over a year ago, wedged between errands to the supermarket and the dry-cleaners, David and I made our way down to the county courthouse and joined the ranks of governmentally approved couples.

The day after Jenny's wedding, the entire family, including a horde of relatives from Brooklyn, Jersey,

and Staten Island, congregated at Mom's for a celebratory bash. Children squealed and splashed in the pool while most of the adults guzzled wine, beer, or daiquiris while discussing everything from who should be the next president to whether or not Uncle Jimmy needs Botox for his 50th birthday. Heather and Sean, Jane and Simon, Jenny and Brad, David and I shared stories and laughter with the rest of the family. When I noticed each couple had at

^{\$**8**⁹⁵/молтн}

some point stepped away from the crowd to have a moment to themselves, it occurred to me that despite the differences with which we had each handled our marriages, my sisters and I had all, quite similarly, fallen in love with men who, as far as we can tell, were



To get an online version of this column, go to sdreader.com. You can print it, email it to friends, and get other columns and stories by Barbarella.



Eyeglasses in one hour most cases Open Monday through Saturday

VISA Mastercard 🗾 We accept CareCredit. *Includes exam, all follow-ups for 6 weeks, soft lenses and care kit. Select lenses. Most prescriptions. Astigmatism and specialty lenses higher. Specials not valid with any other offers or insurance.



Beat The Rush!

Hands-Free Law Takes Effect July 1st

and Estates!

Rock-n-Gold Creations

Fine Jewelry Design Centre 8199 Clairemont Mesa Blvd. H San Diego 92111

(888) 415-9204

Appointment recommended.

REPAIR · **RECYCLE**

35% Off All Bluetooth Accessories with any activation or upgrade

Get Unlimited Text for only ^{\$10} per month. It's the most affordable nationwide texting available!

www.rockngold.com

REDESIGN

Ask about our new Simply Everything Plan for only \$99 per month. All for one flat rate.*

Get \$25 in FREE accessories! With each phone upgrade or activation. See store for details.





9211 Clairemont Mesa Blvd. (at the San Diego Spectrum) San Diego • 858-277-3988

3740 Rosecrans St. (Rosecrans & Camino Del Rio W.) San Diego • (619) 688-1059

www.KIAZ00M.com

May require credit approval and deposit. \$200 early termination fee per line applies. Phone offer ends &14/08. While supplies last. Taxes excluded. No cash back. Requires activation at the time of purchase. Pricing, offer terms, fees and features may vary for existing customers of eligible for upgrade. Other restrictions apply. See store or sprint con for details. @2008 Sprint. Sprint and the logo are trademarks of Sprint. Other marks are the property of their respective owners.

San Diego Reader July 31, 2008

Samsung Instinct





• 1ST MONTH FREE! **Busting Out?** • IMMEDIATE HOOKUP - FREE! of your bra DESIGNED FOR BUSINESS OR PERSONA Bras in hard-to-find • YOUR OWN PRIVATE PHONE NUMBER • REPLACES YOUR ANSWERING SERVICE sizes from B to L. • FAX TO E-MAIL SERVICE AVAILABLE As seen on the Tonight Show! • NATIONWIDE 800 #\$ / 6.9¢ PER MINUTE *The Enchantress* 1400 Camino de la Reina #121 Next to Mission Valley Hooters VOICE MAIL DEPOT, INC. 619.294.4544 Appointment recomme for proper fitting.

Go Green...

What's wrong wi

(continued from front cover)

And we don't just go because it's there. Balboa Park is a unique assembly of 85 public and private institutions clustered on 1200 acres of dedicated landscape. You can visit the park to shoot arrows, play chess or golf, see an *Apollo 9* command module, join a drum circle, look at Picassos, run your dog, feed some ducks, feel cool spray from

th Balboa Park?

a fountain, catch an IMAX film, and experience the opulence of roses, the austerity of cactuses, menageries of animals, and the stately grandeur of a pipe organ.

Balboa Park is owned by the city and operated by the city's Department of Parks and Recreation. Two official bodies contribute

advisory input: the San Diego Park and Recreation Board and the Balboa Park Committee. A number of individual philanthropic organizations provide support, including the Friends of Balboa Park, the Committee of 100, and various foundations.

On top of this, dozens of nonprofit park lessees provide services and recreational activities, a few for-profit restaurateurs and food vendors pay rent, and many more special festivals and events are scheduled throughout the year within the boundaries of the park.

But is this becoming a case of too many cooks spoiling the broth? Should Balboa Park become a more

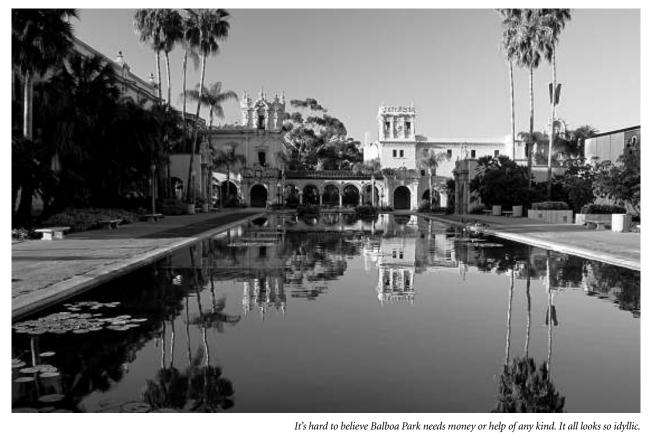


Lawyer?

(800) 464-1529

Monday-Friday 8:30 n.m. - 5:00 p.m. Or visit www.sdlawyerreferral.com

LRIS KREARNALA



unified entity? One reason why it

address this question is because Balboa Park needs hundreds of millions of dollars of attention. Everything from seismic retro-



fitting of buildings to renovating an old landfill.

And according to a recent study, the time to address this question is now, before it becomes an urgent one.

The Study

The 187-page study, The Soul of San Diego: Keeping Balboa Park Magnificent in Its Second Century, was financed by local civic philanthropic organizations and produced by the Center for City Park Excellence of the Trust for Public Land. Supporting documentation was provided by the Keston Institute for Public Finance and Infrastructure Policy at the University of Southern California and by the Morey Group.

The first 18 pages an introduction, background, summary of studies, questions raised, and a conclusion — are followed by three appendices of varying lengths: the Morey Report on Balboa Park usage,



Think of it as an energy drink with an address.

ATLAS AT HILLCREST. POWER LIVING FOR THE RIGHT PRICE

3% Down FHA Financing

1- and 2-bedroom luxury condos. Smart urban style priced from the high \$300,000s At the corner of 5th and Pennsylvania Models & Sales Studio Open 10 a.m. to 6 p.m. Monday 1 p.m. to 6 p.m. AtlasHillcrest.com | 619.683.2387







Tired of your Pterygium?

That red, irritating growth from the inner corner of your eye is called pterygium (tur-IH-jee-um). If it goes untreated, your pterygium can impair vision and eye function.

Our fast, new, painless procedure using AMNIOGRAFT[®] removes your Pterygium with no sutures.

Dr. Barry Katzman voted one of San Diego's "Top Doctors" by *San Diego* Magazine "America's Top Ophthalmologist" from Guide To America's Top Ophthalmologists from Consumer Research Council of America

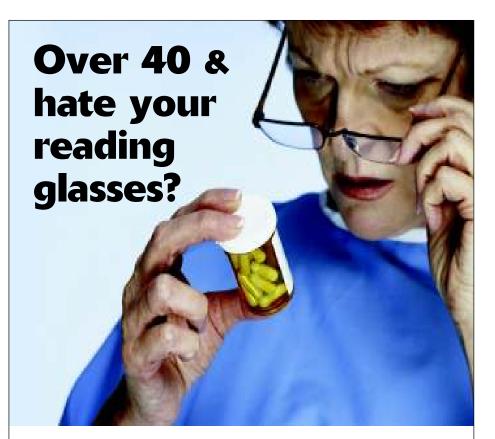
Insurance can cover this procedure.

Schedule a consultation to see if you qualify. Call 1-800-631-4590. Ask for Angela.

West Coast Eyecare has helped San Diego see clearly for over 25 years. Six Locations: College Area/La Mesa El Cajon • South Bay • Clairemont/Mira Mesa Escondido/Vista/RB • Alpine

> westcoasteyecare.com 1-800-631-4590





In a painless 3-minute procedure you can now read without them!

NearVision CK is a safe, FDA-approved technique that dramatically improves your near vision. No laser or cutting is used. Controlled radio waves gently reshape the cornea to increase its curvature, bringing life's details back into focus. This brief procedure is done in-office in less than five minutes!

Dr. Barry Katzman voted one of San Diego's "Top Doctors" by San Diego Magazine "America's Top Ophthalmologist"

from Guide to America's Top Ophthalmologist from Consumer Research Council of America

...The procedure was over in what felt like seconds. I could read without my glasses before I left the office. Three weeks later, my vision keeps improving. This has been a great experience for me and I recommend it highly!

-Kris Clark, 2/28/08

Call Fritzie for a free consultation today at: 1-800-631-4590

West Coast Eyecare has helped San Diego see clearly for over 25 years. westcoasteyecare.com

Six Locations: College Area/La Mesa El Cajon • Clairemont/Mira Mesa South Bay • Escondido/Vista/RB • Alpine

1-800-631-4590

WEST COAST EYECARE A SS O CI A TE S A MEDICAL PRACTICE

27



Call for Immediate Move-In Specials! Studios, 1 & 2 bedrooms starting at: \$945, \$1225 & \$1725

Olympic-size heated pool Water aerobics : 2 spas 2 basketball courts 5 lighted tennis courts with pros Clubhouse & barbecue area 2 fully equipped gyms 6 laundry facilities : Movie night Heat/air conditioning Close to freeways : Cats weld Near SeaWorld, beaches, restaurants, La Jolla, airport Saturday continental breakfast New business center

Bay Pointe Apartments

Toll-free: 1-888-759-7435 E-mail: baypointeapts@san.rr.com www.progressmanagement.net

San Diego's best-furnished studios

- > Free daily breakfast!
- ≻ Free HBO!
- ► Free maid/linen service!
- ➤ No lease!
- ► Free concierge service!



- ➤ Studios from \$395/week or \$1195/month!* ➤ 6-month lease \$995/month
- ► Corporate rentals available
- ► Heated pool and spa ► Free parking
- ► Laundry facilities ► Paid utilities
- ► Air conditioning ► Microwave ► Refrigerator ► Easy freeway access ► Centrally located
- ➤ Temporary or long term
- ► High-speed Internet service is now available

California Suites Hotel 5415 Clairemont Mesa Blvd San Diego, CA 92117 Toll-free: 1-888-475-7147 www.californiasuiteshotel.con



LIVE/WORK LOFTS Downtown Loft Specialist







examples of capital and maintenance needs, and then the Keston Report on Management and Funding Options. The study is full of colorful graphs, hard

facts, and beautiful sentences. "Balboa Park is in

many ways the physical and psychological soul of the city and even the region — an economic, ecological and spiritual engine that continuously pumps life into the metropolis," the introduction states. "Other than the Pacific Ocean itself, there is probably no more universally beloved feature in San Diego."

The study goes on to tell a relatively complete tale of Balboa Park's history — from its birth in 1848, thanks to Alonzo Horton, through the 1915 Panama-California Exposition, which contributed most of the Spanish architecture, through the creation of the zoo and museums and the unfulfilled planning efforts of the '80s and '90s and the past few years.

Finally, the study states: "Most San Diegans believe that it is important to assure that Balboa Park does not go through the kind of collapse that at one time or another befell New York's Central Park and many other great urban gathering places.... The

purpose of these studies and this study is to provide the factual basis that is necessary to have an informed and robust public discussion about the future of the park."

The study is careful to state then that its purpose is not to make recommendations but only to provide information in three specific areas: usage, examples of capital and deferred maintenance needs, and "analysis of current management and planning issues...including goverthe lack of adequate resources available."

Balboa Park is currently looked after by thousands of volunteers who spend their days pruning rose bushes, guiding tours, manning desks, and cleaning up. In 2003, the cultural institutions alone had 7000 volunteers working for them. It's apparent that without these unpaid assistants donating their time, the park would either fall into quicker disrepair or be considerably more

"If Balboa Park weren't here, where would we go?"

nance alternatives and funding options that could be considered for the future."

Councilmember Toni Atkins had this to say about the document: "The information provided in the study gives us a basis to begin. It's a reflection of the reality of our overall financial ability to maintain a worldclass park for San Diegans and visitors to enjoy."

In an email, Atkins was careful to add the following important point: "What may be hard for people to garner from the study who aren't intimately familiar with the park is how well the park is actually maintained by staff given

expensive to maintain.

"I'm here about once a week," said one member of the Rose Garden Corps, who wished to remain anonymous. "It's therapeutic, being out here in a beautiful garden like this." The Corps is a group of 50 or so volunteers who attend regular horticulture classes and help care for the park's 2000 rose plants.

"Volunteers are the backbone of the park," said David Kinney, director of the House of Hospitality Association within the park. "From the Balboa Park Committee to the thousands of volunteers at the cultural institutions and volunteer groups like the Friends of Balboa

LOOKING FOR AFFORDABLE

LUXURY LIVING?

The Club Torrey Pines is a pleasant

place to call home. We are nestled in a

quiet neighborhood of Carmel Valley.

Call For Current Rates!

We offer FLEXIBLE lease

rates and terms. Units are

priced individually and

monthly rents can be

adjusted based on

length of lease!

RENTALS

Comfortable... Exceptional... **Apartment Homes**

- Friendly, professional staff
 Full-size washer/dryer included
 Reserved covered parking
 Award-winning school district
 State-of-the-art fitness center

- Complimentary personal trainerHeated competition lap pool
- Lighted tennis courts

Free tennis and swimming lessons

 Pro tennis instructor ry, no pets



Visit our website at: www.torrey.co 12646 Torrey Bluff Drive San Diego, CA 92130 (866) 354-2096

ClubTorreyPines_DouglasAllred@cross firemail.com

臼



Park and the Committee of 100. And that's just the tip of the iceberg. There's so many volunteers that keep this park going, I think that whatever governance structure is created for the future needs to incorporate volunteers."

Added Councilmember Atkins, "Clearly the issue of financing is key — but the direction we take to try and secure the resources to preserve and maintain Balboa Park is what leads us to the broader discussion of governance. I want the stakeholders and the citizens who care about Balboa Park to work with the City to determine how we proceed."

Data for a Sample of Projects

In the Balboa Park study, 21 maintenance and upkeep projects are singled out for attention.

On March 8, at the first of a series of public forums held on the subject of Balboa Park's future, Dr. Glen Sparrow said, "I want to emphasize these projects were chosen somewhat randomly. This is not a complete listing. This is a sample of some of the projects that need to be done, need to be maintained, and need capital funding for improvement."

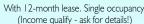
Dr. Sparrow is professor emeritus at the School of Public Administration and Urban Studies at San Diego State. He was also the project manager chosen to oversee the Balboa Park study.

And just how much are these 21 projects supposed to cost? Two hundred

thirty-nine million. But Dr. Sparrow,

RENTALS

August move-in special! \$613-\$736 per month including utilities!





Features:

- Air conditioning
- Full bath
- Kitchenette
- Balcony with bay/ballpark views
- Cable ready
- Microwave
- Internet access
- 4 laundries on-site

Island Village



1245 Market Street, San Diego 92101 Located in East Village near Petco Park

Daily from 8 am to 6 pm

Clubhouse

Courtyard

Business center

Gated community

• On-site management

restaurants, entertainment

Easy access to bus/trolley

• Close to shopping,

• Near freeways

and indeed the study itself, is careful to qualify this figure.

Dr. Sparrow said, "This is not a figure that should be used to say, 'This is what needs to be done with the park.' We don't know what needs to be done with the park. That needs to be found out. After the governing and the financing process is completed, we need to do a master plan and a capital-improvements budget for the park. So that still lies ahead. The massive, big picture. What we have here is an incomplete listing. So it's a start. But what we wanted to do was indicate what's out there and emphasize the importance of these issues. Because, while the park is not falling apart in front of us, there are things underground and behind the scenes that need to be addressed.

"We sampled some of the institutions some of the museums and theaters in the park — and we got their listing of their deferred maintenance and what they thought needed to be done to their buildings, which they lease from the city but in many instances have been spending their own money on to maintain."

The following sample represents about a quarter of the 21 projects detailing necessary maintenance and upkeep in Balboa Park and is quoted directly from the Balboa Park study.

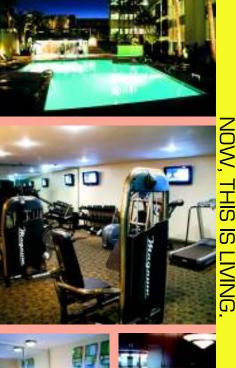
Arizona Landfill Reclamation

Project description: Approximately 77 acres on East Mesa that were formerly City landfill, proposal is to reestablish area as active parkland.
Funding: Cost estimate 2000: \$61,600,000, cost estimate 2007: \$86,700,000.





Toll-free **I-800-492-9471** or 619-287-1911 ➤ 5343 Adobe Falls Rd., San Diego 92120 www.SanDiegoHotelsDaysInn.com





Gables Point Loma 3801 Marquette Place #2N San Dieao, CA 92106

> 619-223-6577 gables.com

Last Chance Free Rent Until August 31st Only 10 remaining!

Newly Renovated ^d 1 Bedrooms from ^{\$}1325

RESIDENCE FEATURES

City and bay views
Stainless steel gourmet appliances
Custom Euro-style cabinetry

Bamboo laminate floors
Sculpted carpet in bedrooms
Ceramic tile bathroom floors
Resort-style heated pool
Oversized hot tub

Brand-new fitness center

Covered parking
Pet-friendly



San Diego Reader July 31, 2008

N



CLINICAL

DEPRESSION **BIPOLAR DISORDER**

SCHIZOPHRENIA Researchers at Sharp Mesa Vista Hospital are currently enrolling men and women into inpatient and outpatient studies.

> Eligible participants may receive all study-related care at no cost, and may be reimbursed for time and travel.

Participation is confidential and trials are safely conducted under the supervision of experienced physicians and research specialists.

To learn more, please call the Sharp Mesa Vista Clinical Research Center at (858) 694-8350.

MV79A @2008 SH

Clinical **Research Center** SHARP. Mesa Vista Hospital

Do you have facial acne?

We are looking for volunteers to participate in a 12-week research study of an investigational topical medication for acne.

Those who qualify for the study will receive at no cost:

- Study-related medical evaluations by a dermatologist
- Study-related medication
- Reimbursement for time and travel may be provided
- Participants must be at least 12 years of age

To find out more about the study, please contact: **University Clinical Trials** 619-202-0173 or univct.com

Centralize Park Irrigation

• Project description: Replace and automate Park central control irrigation system. • Funding: Cost estimate 2005: \$10,000,000; cost estimate 2007: \$11,000,000.

Historical/Cultural Structures Central Mesa

The City of San Diego owns most of the buildings in the Central Mesa Area of the Park. Repair and maintenance of these buildings is the

obligation of the City; however, the tenants themselves, including those listed below, have spent millions of dollars of their own money to maintain and improve these City structures. The following are some of the outstanding projects.

San Diego Air and Space Museum:

• Exterior building painting/repairs, \$150,000 to \$200,000 · Weather damage to

wooden materials, \$20,000 to \$100,000

 Roadway around building is failing, \$30,000 to \$50,000

• Tree root is pushing concrete slab up, \$500 to \$ 5,000

• Lighting on front of building doesn't work, \$25,000 to \$50,000 • Slope of parking lot directs rain run-off into museum's front door, \$10,000 to \$20,000

• Insufficient drainage at front entrance, \$7,500 to \$15,000

San Diego Museum of Art:

Necessary maintenance

RESEARCH STUDIES

Do You Have ERECTILE DYSFUNCTIO

A research study is being conducted at San Diego Clinical Trials to evaluate a formulation of an approved drug compared to placebo (inactive substance) for erectile dysfunction.

If you are a male

- ◆ Age 18 years or older
- ◆ Diagnosis of mild to moderate erectile dysfunction for at least 6 months
 - ◆ In a stable relationship
 - Willing to complete a subject diary

If you do not have:

- Significant cardiovascular disease
- Any heart conditions, bleeding disorders, penile curvature, spinal cord injury,
 - low testosterone or chronic liver disease
 - Any hypersensitivity to Levitra
 - Penile implants History of retinitis pigmentosa

If you meet the criteria above, you may be eligible to participate in this study. Qualified participants will receive study-related medical exams, laboratory tests and study medication at no cost. Financial compensation to eligible participants.

San Diego Clinical Trials



619-287-6000

Athlete's Foot Study

"San Diego Sports Medicine and Family Health Center" is currently enrolling people with visible signs of athlete's foot to participate in a research study. This study will compare an investigational generic cream to an already marketed cream and a placebo.

You may be eligible to participate if you:

- Are 12 years of age or older
- Have burning, itching or redness on your feet or between your toes
- Can visit our office 3 times in 6 weeks



Study participants will receive: ✓Foot exams ✓Up to \$90.00 dollars for participation Study drug or Placebo

For more information call "(619) 229-3909"

SYNERGY CLINICAL RESEARCH CENTER *"Together...we can make a difference!"*

SYNERGY RESEARCH specializes in medication studies for

PSYCHIATRIC

- Depression
- Diabetes
- oression
- Anxiety Disorders
- HypertensionOsteoarthritis
- Sleep Disorder
- Bipolar Disorder
 - aer Bissudar
- Schizoaffective Disorder
 Schizophrenia
- ObesityAlzheimer's
- Erectile Dysfunction

and many other psychological disorders and medical needs. **Transportation** and **compensation** are available to qualified participants. For more information, please contact any of our friendly staff at:

1-888-486-9150



If diabetic nerve pain is hurting you here

Get in here and join our research study.

You may be able to be in a clinical research study if you have diabetes causing pain in your arms, hands, legs, or your feet. The purpose of this study is to figure out the best amount of study medicine for doctors to use in helping diabetes-related pain, also called diabetes-related neuropathic pain.

You may be able to be in this study if you:

- Are at least 18 years old
- Have been diagnosed with Type 1 or Type 2 diabetes
- Have had diabetes-related pain in the arms, legs, hands, or feet for the last 6 months

If you take part in the study, you can expect 10 visits to the clinic. Your time in the study will last about 5 months. There is no cost to you for all study-related office visits, medical exams, and study medicine.

Call today about this diabetes-related pain study: 1-888-486-9150

Struggling with a weight problem? Are you a Type 2 diabetic?

If yes, then you may qualify to take part in a 12-week research study.

To qualify:

- You must be between the ages of 18 and 65
- You must be a Type 2 diabetic You must be overweight
- You must be willing to comply with scheduled office visits

If qualified, you will receive the study medication or placebo (an inactive look-alike pill) and study-related care at no cost. You may also be compensated for time and travel.

Tou may also be compensated for time and tra





Are you 65 or older and have high blood pressure?

Have you been diagnosed with, or think that you may have, high blood pressure?

If you are 65 years of age or older, you may qualify for a research study of investigational medications to treat high blood pressure.

If you qualify you will receive, **AT NO COST**, study-related:

- Physical exams
- Laboratory tests
- Investigational study medications, and
- Compensation for time and travel

For more information, please contact:

1-888-486-9150

DEPRESSION

ARE YOU OR SOMEONE YOU KNOW

- SUFFERING FROM DEPRESSION
 - 18 YEARS OF AGE OR OLDER

• HAVE HAD SYMPTOMS FOR GREATER THAN 2 MONTHS

You may be eligible to participate in a clinical research trial for an investigational new medication.

Participants will receive free of charge:

Study-related exams
 Investigational drug
 Compensation for time and travel

For more information call: 1-888-486-9150



www.synergysandiego.com

Do you suffer pain caused by Cancer that has spread to your bones?

Doctors at UCSD are participating in a clinical trial studying the use of a new treatment for palliation (pain relief) of painful bone metastases (tumors) using Magnetic Resonance-Guided Focused Ultrasound Therapy. This is a completely noninvasive (without surgery) therapy to relieve pain. Patients who have been diagnosed with bone metastases and for whom radiation therapy is not an alternative, who have up to three painful bone metastases with one much more painful than the others, and who are able to undergo an MRI imaging exam are eligible to participate in this study.

If you have questions about this study or are interested in participating, you should contact:

Bob Halterman, CCRC

UCSD Department of Radiology: 619-543-5830 rhalterman@ucsd.edu



For more information, call

619-409-1273

- and repairs, details avail*able by request:* • Museum fluorescent
- lighting, \$50,000 • West wing foyer (galleries 14 & 15) ceilings,
- \$75,000 • Refinish Metalwork,
- \$25,000 • Skylights, \$500,000
- Illumination of main
- building ornamental façade (up-lighting), \$15,000
- Library toilets, \$7,500 · Water pressure regula-
- tors, \$10,000 · East wing galleries suspended ceiling system, \$50,000

- HVAC, \$300,000
- · Asbestos removal, \$500,000
- Brace unsafe walls,
- \$250,000
- · Library fire suppres-
- sion, \$100,000 • Brace unsafe plaster
- ceilings, \$75,000
- Fire exit, \$250,000
- Fire alarm system
- replacement, \$400,000
- Auditorium door
- closers, \$7,500 • Main building ADA
- restrooms, \$150,000
- Exterior walls, \$10,000
- Front steps, \$5,000
- Cast iron storm drain,
- \$10,000

RESEARCH STUDIES

dimming switches, and replace ceilings. Estimated cost, \$275,000 to \$300,000.

Replace lighting system,

Timken Museum

of Art

Land Use Circulation and Parking

• *Project description:* Parking space, tram, and parking structures recommended to improve accessibility to park and circulation of vehicles in the park.

• Funding: Estimates have been made as high as \$500,000,000.



Did you overdo it?

Lower back strain, sprain or back spasms?

We are conducting a clinical research trial with an investigational dose of a medication that has been prescribed by physicians for more than 40 years to treat these uncomfortable symptoms.

- 18-70 years of age
- Possibility of 4 visits within 14 days
- · Qualified participants receive study-related care, study medication and may be compensated for time and travel

Next time you have low back pain/spasms, please call: (must be within 3 days of 1st symptoms)

> San Diego Sports Medicine and Family Health Center 619-229-3909

If so, the Profil Institute for Clinical Research invites you to participate in a clinical research study evaluating an investigational insulin.

Are You a Healthy Individual?

You may qualify if you are:

- 18-45 years old.
- A non-smoker for at least 1 year.
- Not currently taking prescription medications.
- In good health with no major medical problems.

You may be compensated up to \$750.

> 'rn Institute for Clinical Research



Depression

steals more than your mood;

It robs you of life's pleasures.

Have you lost interest in life? Feeling sad or alone?
Sleeping less or too much? Are you experiencing any of these symptoms of depression?
If so, consider participating in a medical research study of an investigational drug for depression.
Must be 18-65 years old.

At California Clinical Trials, a premier research facility, you'll find:

- Compensation up to \$5,640, if you qualify Confidentiality
- Study-related medical services at no cost to you

Study conducted by Dr. Lev Gertsik at 1560 E. Chevy Chase Dr., #140, Glendale, CA 91206

> 1-858-571-1188 www.cctstudy.com

A Company

Anxiety

doesn't just stress your mind. We now know it can...



- Decrease your immune response
- Decrease your physical and mental functioning
 Increase fats in the bloodstream
- Increase fats in the bid
 Interfere with sleep
- Be mistaken for medical conditions

If you are between the ages of 18 and 50, you may qualify to take part in a research study of an investigational medication for Generalized Anxiety Disorder.

Every study conducted by California Clinical Trials is staffed by a team of skilled and experienced physicians and medical professionals trained to place your comfort and well-being first.

If you participate, there is no cost to you...instead:

- You receive up to \$400 for your time and travel.
- You receive no-cost study-related medication and
- study-related medical care.No reports are made to employers, schools,
- No reports are made to employers, schools or insurance companies.



858-571-1188

Toll-free 800-571-1188 www.cctstudy.com





I Sleep, I Wake Up, I Sleep, I Wake Up...

Having trouble staying asleep? A new research study of an experimental medication may help put you to sleep.

- You must:
- Be 18-65 years old
- Be in good general health
 Wake up multiple times during
- Wake up multiple times during a typical night's sleep
- Qualified participants receive at no charge:
- Study-related experimental medication
- Study-related test
- You may be compensated for your time and travel

858-571-1188

Toll-free 800-571-1188

www.cctstudy.com





Schizophrenia

"I take my medications but still can't think clearly."

Are you (or someone you love) struggling to become more independent? Are you stable on your treatment yet still unable to do tasks that would allow you to become more independent?

Are you taking: Risperdal® or Abilify® and still having difficulty functioning? Our latest research study adds an investigational medication to your current treatment in the hope of improving your thinking processes.

We are caring, experienced professionals funded by a pharmaceutical company to conduct a research study for qualified people with schizophrenia.

- If your loved one participates, there is no cost...instead:
- They receive up to \$835 for participation.
- They receive no-cost research study-related medication and medical care.
 No reports are made to employers, schools, or insurance companies.



858-571-1188 Toll-free 800-571-1188 www.cctstudy.com

Do you or someone you know suffer from

Bipolar Disorder and have symptoms of mania?

If you are:

- Male or female between 18 and 65 years of age
- Currently on a mood stabilizer or an antipsychotic
- Duration of mania is greater than one week
- In good general health

You may be eligible to participate in a clinical research trial.

Participants will receive at no cost:

- Study-related exams
- Investigational drug
- Compensation for time and travel

For more information call:

1-888-619-7272





Generations of men and women have helped in the development of new medical advancements for those who need it most. You could help too.

To qualify for this research study you must be:

- Age 70 or older
- Able to commit to a one-day visit (including screening) involving about 3 hours at Covance and a blood draw

African Americans, Asians, Caucasians and Hispanics are needed to take part in this study.

There is no medication involved in this study.

Participants will receive compensation up to \$50 for time and participation.

Think you can help? Great! Then call 866-818-3253 or visit TestWithTheBest.com today.

Please reference Study 8073-100





High Blood Pressure?

Have you been diagnosed with, or think that you may have, high blood pressure?

If so, you may qualify for a research study of investigational medications to treat high blood pressure.

Qualified participants must be at least 18 years of age. If you qualify, you will receive at no cost study-related: Physical exams

- Laboratory tests
- Investigational study medications, and
- Compensation for time and travel

For more information, please contact:

San Diego Sports Medicine & Family Health Center 619-229-3909

Migraine Headache Research Study

If you have migraines, you are not alone. Contact our office to participate in an investigational research study of an inhaled study medication for adult migraine sufferers.

You may qualify if you:

- Are 18-65 years of age and have been diagnosed having migraine headaches for at least one year
- You have at least an average of 2 but not greater than 8 migraine headaches per month in the last 6 months
- Can attend up to three clinic visits over a 1-8-week study period
- Complete an 8-week study; you may qualify to participate in a one-year study

Qualified participants may receive compensation for time and expenses. Call our office today for a confidential screening.

North County Clinical Research (NCCR) Guiding the way to research that makes a difference. 760-639-4378

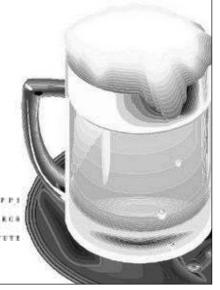
Attn: Heavy Drinkers

Researchers at The Scripps Research Institute are working to develop new treatments for people with alcohol problems.

Is your current alcohol use causing problems with your family, your work, your life? If you want to stop drinking, The Pearson Center for Alcoholism and Addiction Research is conducting a clinical trial to help you reach that goal.

Qualified participants receive lab tests, medication or placebo, individual counseling and compensation for travel. All information is confidential.

Call: 858-784-7867 (STOP) Or visit: www.pearsoncenter.org



Seismic Retrofit of Buildings in the National Landmark District

• Project description: Seismic retrofit of existing structures within the National Landmark District, which is primarily the Central Mesa. • Funding: Cost estimate 2005: \$46,500,000; cost estimate 2007: \$51,266,250.

Saturday in the Park...

Joan, 83, from Imperial Beach, is a small, curly haired woman. She's in robust health and attributes this to her love of walking.

"I come to the park only every other month or so," Joan says. "And when I come here, I just walk around. Maybe I'll go to a museum. I'm a member of the Natural History Museum."

Joan rates the park a perfect ten, saying, "If it weren't here, where would we go?"

She's never noticed any problems with the park and hasn't ever thought about the park having problems. She even thinks the cost of parking is reasonable.

"You may have to walk a little further sometimes, but then, I'm a walkabout person, so I don't really care."

Tracy, 51, from East County, has come to the park today with her three kids. The kids are still in the science museum, and Tracy's sitting in the sun by the main fountain, waiting for them.

"I come to the park about eight to ten times per year," Tracy says. She visits the museums, goes to the zoo, and usually has lunch at the Prado. Her average stay is three to four hours.

Tracy thinks the quality of the parking varies. "If you come in the summer, it's a little more difficult," she says, "but it's always feasible. It's always doable."

One thing Tracy doesn't like is the idea of a parking garage. "This is a beautiful

park," she says. "Where are they going to put it? It's going to look like garbage."

What about parking

meters?

"If they wanted to have parking meters," Tracy says, crinkling her face behind her sunglasses, "and it was only a couple bucks to park,

then I wouldn't mind. But if they're going to charge us like downtown, where it's, like, ten bucks, then forget it." Tracy rates the park an "A-plus," saying, "I feel

RESEARCH STUDIES

safe here. It's clean. It's beautiful. I can't think of a problem. I can't think of anything that I see when I come here that makes me think, 'Oh, that's an eyesore' or 'Oh,

that sticks out to me.' There's nothing like that."

Another Tracy, who is 18 years old and lives in North Park, is sitting on a bench near the

do you suffer from Schizophrenia?

Do you have trouble concentrating?

Are your thoughts slow and disorganized?

Have you been on a stable dose of Risperdal, Abilify or Invega?

If so, and you are between the ages of 18 and 55, you may be eligible to participate in a research study. Compensation of up to \$1100.

> **CALL US FOR MORE INFORMATION:** 760-806-9200



BOARD-CERTIFIED PSYCHIATRISTS PROVIDING EXCELLENT PATIENT CARE AND QUALITY RESEARCH

3998 Vista Way, Suite D Oceanside, CA 92056



Suffering from Allergies?

Generations of men and women have helped in the development of new medical advancements for those who need it most. You could help too.

To qualify for this research study you must:



- Be a healthy man or woman age 18 to 65
- Have a history of Allergies or Allergic Rhinitis
- Be willing to make overnight stays

Females must be surgically sterile or postmenopausal.

Participants will receive all study-related exams at no cost and may receive up to \$3,625 for time and participation.

Think you can help? Great! Then call 866-818-3253 or visit TestWithTheBest.com today.

Please Reference Study 6688-565

BREAST TENDERNESS IS A COMMON PROBLEM



women, especially those of reprohave cyclical breast tenderness and regular menstrual cycles, you may be interested in a clinical research study.

THE DEVELOPMENT SERVICES COMPANY

9665 Chesapeake Dr., Ste. 200

San Diego, CA

Women's Health Care is conducting a clinical research study for women who experience the uncomfortable symptoms of breast tenderness.

Qualifying participants will receive the following at no cost:

- Study-related medical exams
- Study-related laboratory tests
- Study medication

Health insurance is not required and you may be compensated up to \$550 for time and travel.

For more information or to see if you pre-qualify for this research study, please call:

858-505-8672

8010 Frost Street Suite 301 San Diego, CA 92123

Botanical Garden with her dog Bob on her lap. She's rubbing Bob's sides vigorously, and his white fur flies off onto Tracy's clothes and into the sun.

"I come to the park about once a week," Tracy says. She does her schoolwork here, brings Bob for walks, and also goes to the museums. Tracy says firmly

that she has no problems with the park. But then she thinks a

moment, continuing to pet Bob, albeit less enthusiastically. "Actually, I've been here at night before," she says, "and there's a lot of homeless people that, they're not all necessarily dangerous, but... Once, there was a man near the

La Jolla, is a member of the San Diego Art Institute, which is located on the park grounds. Today, he's painting. So far, he's blocked in some of the

Paul Strahm, 47, of

"I think the parking's terrible," Strahm says.

fountain who was cursing to himself, and he kind of scared my friend and me, but nothing really happened. I guess I feel safe. You just have to be on your guard."

Spanish buildings along the Prado and outlined the lily pond in front of the Botanical Garden. "I come to the park

about once a month," Strahm says, continuing

RESEARCH STUDIES



Seeking patients for a research study for Type 2 Diabetes

Dr. Sunder Mudaliar and his associates at the VA Medical Center are looking for volunteers to take part in a research study to assess safety and tolerability of a study drug for Type 2 Diabetics with presumed non-alcoholic fatty liver disease.

> Participants will: • Attend six study visits in 6 weeks Inclusion criteria: • Male or female from 18 to 75 years of age • Diagnosed with Type 2 Diabetes • Diagnosed with Fatty Liver Disease (Non-alcoholic) • Must be willing and able to give written informed consent

Qualified participants will be compensated for participation up to \$1000.

To see if you qualify, or to learn more about the study, please contact Catherine Delue at: 858-552-8585 ext. 6740

Do You Get

Anxious

in Social Situations?

Do you:

- Get very NERVOUS around people?
- Fear being the center of attention?
- · AVOID going to social events and meeting new people?

If you answered YES to any of the above, you may be eligible to participate in an experimental research study comparing several study drug options for social phobia. Medical assessment and clinical care are provided.



For more information, Please call

1-877-UCSD-SHY (1-877-827-3749) Or e-mail:veryshy@ucsd.edu

ဖ္ထ

Breast tenderness is one of the most common complaints in ductive age. If you are a woman between the ages of 18-45 and

Healthy Volunteers

are needed for a vaccine research study. Call us to find out the details & to see if you qualify.





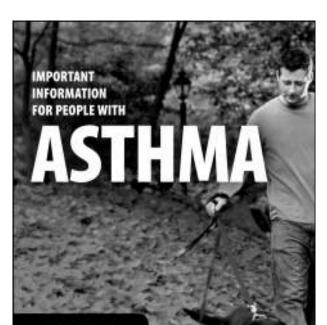
Opportunity to participate in a study of the marriage experiences of couples in their first year of marriage.

- 1. Must be at least 18 years of age.
- 2. Both partners in a couple must identify themselves as Mexican/Mexican American or European American (white).
- 3. Marriage partners must be willing to be interviewed (30 minutes) in their first and third years of marriage. Compensation up to \$140 per couple.

Please call or e-mail Dr. Donna Castañeda, San Diego State University.

1-888-835-5048 dcastane@sunstroke.sdsu.edu





AN INVESTIGATIONAL MEDICATION FOR ASTHMA IS IN DEVELOPMENT. AND WE ARE CURRENTLY RECRUITING FOR A CLINICAL RESEARCH STUDY.

YOU MAY BE **ELIGIBLE IF YOU:**

 are 12 years of age or older, suffer from asthma.

Participation in this study will be at no cost to you and all patient information will be treated confidentially.

FOR MORE INFORMATION, SPEAK TO YOUR DOCTOR, **OR CALL NOW!** 619.229.3909



"I feel controlled by my anxiety."

If you feel this way, you are not alone.

Millions of people across the world live their lives with a constant burden of anxiety, where their excessive worrying occurs for no apparent reason or is triggered by the smallest or most insignificant of incidents.

We are currently looking for people to participate in a research study for an investigational medicine for Generalized Anxiety Disorder (GAD). You may qualify if you are between 18 and 65 years of age and have been dignosed with GAD or regularly experience the symptoms associated with the condition, including chronic anxiety, muscle tightness, restlessness, prolonged sleep disturbance, and even pain.

If you are interested in learning more about this study, please contact:

(619) 688-6565 See our website: www.ari-inc.com



Alzheimer's Disease

FEELING HOPELESS? A new investigational medication is available as part of a research study.

- Are you or someone you love:
- · Suffering from mild to moderate Alzheimer's Disease?
- Taking Aricept[®], Exelon[®], Razadyne[®], or Reminyl[®] for the treatment of Alzheimer's Disease? • Between 55 and 90 years of age? • In overall good health? • Not living in a nursing home?

Affiliated Research Institute is conducting a research study on Alzheimer's Disease. Qualified participants will receive at no cost:

- · Study medication · Medical evaluation by a board-certified medical doctor
- · Laboratory tests · Supervised care by medical professionals as it relates to the study · Compensation for time and travel · Health insurance is not required

If you are interested in learning more about this study, please contact:

(619) 688-6565 See our website: www.ari-inc.com





Is waking up tonight affecting your tomorrow?

Do you or someone you know have trouble staying asleep? Is it affecting your daytime activities? A research study of an investigational medication is underway for people who have trouble staying asleep, characterized by waking up throughout the night (sleep maintenance insomnia).

To qualify for participation in this research study, you must:

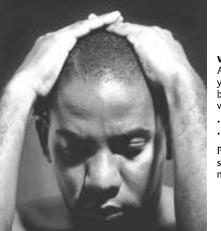
• Be at least 18 years old • Having trouble staying asleep through the night · Be impacted in your daily life by your sleep problems

If you qualify and choose to participate in this study, you will receive an initial consultation, study-related medical examinations and laboratory evaluations, all follow-up visits, and you may receive investigational medication at no charge to you. Compensation for time and travel provided.

If you are interested in learning more about this study, please contact: (619) 688-6565



See our website: www.ari-inc.com



For more information on

any of these studies,

please contact:

Are you living in the shadow of bipolar depression?

We're working to bring future treatment options to light. As a person with bipolar I, you know what it's like to live with the darkness of depression. So you may want to know about this clinical research study examining an investigational drug for bipolar depression compared to a placebo, an inactive substance, when used in combination with a mood stabilizer, if

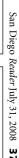
 \cdot You are at least 18 years old \cdot You have a history of at least one bipolar manic or mixed episode You have been diagnosed with bipolar I and are currently experiencing a depressive episode

Participation may last up to 12 weeks, and includes study-related care and monitoring from specialists in bipolar I, access to a mood stabilizer, and potential access to investigational medication, all at no cost

If you are interested in learning more about this study, please contact: (619) 688-6565

See our website: www.ari-inc.com





See our website: www.ari-inc.com





Bothered Skin Ulcer?

Therapeutics Clinical Research is currently looking for individuals with diabetes who have a skin ulcer to participate in a research study of an investigational treatment.

We need participants:

- 18 years of age or older
- Who have diabetes mellitus and a single skin ulcer below the knee
- · Who are not undergoing dialysis

Qualified participants will receive:

- Examinations by a Board Certified Dermatologist
- Study-related evaluation & study medicine at no cost
- Compensation for time and travel

No health insurance required

THERAPEUTICS - CLINICAL RESEARCH -

Call us at: 858-279-SKIN (7546)

E-mail us: info@therapeuticsresearch.com or view our website: www.therapeuticsresearch.com



again..... Is OVERACTIVE BLADDER your problem?

A 12-week clinical research study is underway for men and women with urinary frequency and urgency, using an investigational oral medication. If you suffer from the embarrassment of way too many trips to the bathroom or the loss of urine before you make it there, you may be suffering from Overactive Bladder.

To possibly qualify: • Male or female, 18 years or older • 8 or more voids and at least 1 episode of urgency per day

Participants may receive at no cost all study-related: • Examinations and consultation by a board-certified physician

- Labs, EKG, and all study medications
 - Compensation for your time and travel

Interested, call: 619-521-2841

Medical Center for Clinical Research

to mix colors on his palette. "Usually I'm dropping off or picking up paintings. And I'll also go to the museums." Strahm's one issue with his park visits is the parking.

"I think the parking's terrible," he says. "I had a lady threaten me in the parking lot a couple weeks ago. When it's really bad, I don't even bother coming here. But I wouldn't want them to start charging for it." Lou, 60, from

Spokane, Washington,

and his wife Sue are visiting San Diego for the first time. They've come to Balboa Park twice, for about three hours each trip.

"We came back hoping to catch the Botanical courtyard of the House of Hospitality.

The two have gone to three or four of the museums and toured the park grounds.

"We came down here to meet up with our

"We're trying to pay for things that people think are free."

Garden," Lou says, "but they're closed again today."

Sue's in the gift shop, browsing, while Lou waits for her in the

grandkids," Lou says, "and to go to SeaWorld. Balboa Park is really the one place that my wife and I wanted to see." Lou shakes his head

RESEARCH STUDIES

Seeking patients for a weight loss research study for type 2 diabetics



Are you a type 2 diabetic? In overall good health? Currently suffering from obesity? If you answered yes to all these questions and are available for study-related visits for a year, you may be eligible.

Dr. Sunder Mudaliar and his associates at UCSD are looking for overweight/obese men and women with type 2 diabetes as volunteers to take part in a research study to assess the safety and efficacy of Lorcaserin Hydrochloride.

Duration:

62 weeks total: 6 weeks for screening followed by 52 weeks on study medication plus a 30-day post-study telephone contact and periodic follow-up visits

If you meet the following criteria you may be eligible to participate.

Inclusion Criteria:

- Males or females aged 18 to 65 years
- Must agree not to participate in a conception process (i.e., active attempt to
- become pregnant or to impregnate, sperm donation, in vitro fertilization) Body Mass Index (BMI) is 27.0 to 45.0 kg/m²
 Type 2 diabetes mellitus
- Taking oral medications for at least 3 months
- Not using insulin for at least 3 months
 Home glucose self-monitoring for at least 3 out of 12 months

To see if you qualify or to learn more about the study, please contact: Jackie Raceles at 858-552-8585 ext. 4384 or Catherine DeLue at ext. 6740

Qualified participants will be compensated for participation up to \$900.

BOTOX® 25 Year Annive

as low as \$7/unit BOTOX injections take as little as 15 minutes and last 3 to 9 months. **\$8 per unit** for first area, **\$7 per unit** for additional areas (25 units per area) Results may vary

Call: 619-543-1061

Medical Marijuana Evaluations Free verification card provided

with every recommendation.

Legitimate and affordable. Dr. Sterner has 10 years' experience working with medical marijuana patient needs

Call Office Direct: 619-543-1061 For 24-Hour Recorded Information Please Call: 619-442-4215

Lose Weight as low as \$10/day We have new and innovative We have new and innovative medications and regimens to help you lose weight without depleting your body of the nutrients it needs and help you feel satisfied: bioidentical hormones, lifestyle and hormones, lifestyle and nutrition training and vitamin B-12 injections are important contributors to your well-being and helpful in increasing your energy, heightening your meta-bolism and feeding your nervous system. Let Dr. Sterner develop an individualized program just for you.



Save 10% with ad. 8/13/08. For weight control. New patients only.

All visits with Dr. Sterner Call: 619-543-1061 Central Location Near Airport

www.antiagingarts.com



1516 W. Redwood St., Ste. 105 Robert F. Sterner, Ir., MD Harvard 1978/UCLA 1982

Serving San Diego Since 1984



slowly when asked what he thinks of the park.

"It's wonderful," he says, "just wonderful. I can't think of much they could do differently. It's pretty much perfect. It's so large, with so much to do, and yet it's so userfriendly and so well maintained. And everyone's really courteous and helpful."

Charlie's wearing the official beige uniform of a House of Hospitality maintenance worker and touching up the paint around a window near the Prado Restaurant.

"If you can get employment in the park," Charlie says, "it's such a beautiful place to work. Such a relaxing place to work. We don't really have the same turnover ratio like other businesses do."

Charlie spends his days fixing light fixtures and windows and overseeing setup for functions and weddings. He says one of the perks of his job is getting to meet people from all over the world.

"In my three years of working here," Charlie says, raising his eyebrows, "I like it a lot. I can't complain."

More than Meets the Eye

It's hard to believe, from walking through Balboa Park, that the place needs money or help of any kind. It all looks so idyllic. But it's like that

RESEARCH STUDIES

UCSD Brain Research Study

Looking for: Healthy male volunteers Ages 18-50 years

No major medical problems No mental health problems No alcohol or drug problems

Study drug and brain imaging using simple computer tasks is involved.

Receive or get up to \$700.

Call Hourik: 858-729-4946

famous frog experiment: If you put a frog in boiling water, it will jump out and save itself, but if you put it in cool water and heat things up slowly, the frog might die before it realizes the water is too hot.

Balboa Park is heating up gradually, but why wait until the problems boil over? San Diego doesn't want a situation on its hands like the one with the Interstate 35W bridge that collapsed in Minneapolis last year.

"We have to recognize what might be on the horizon and deal with it before anything actually goes wrong," said Peter Harnik at the public forum on March 8. Harnik runs the Center for City Park Excellence, a division of the Trust for Public Land in Washington, D.C.

Harnik is also the



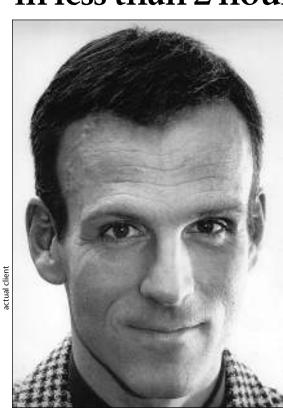
principal author of the Balboa Park study. "Many cities have

great parks," Harnik said in front of an auditorium full of about 100 park-concerned citizens. "And what you're facing here in San Diego is not a unique situation. New York City has Central Park and Prospect Park; Atlanta has Piedmont Park; Houston has Hermann Park; St. Louis has Forest Park; Chicago has Grant Park and Millennium Park; Boston has the Boston Common; and the list goes on and on. And, frankly, many of those parks have gone through periods of decline and been resuscitated by people putting in long hours and deep thought and sometimes also deep pockets." Without directly mentioning Balboa Park — which has its own problem with homeless residents — Harnik, during his opening statement, told a story to illustrate the importance of dealing with urban issues, of not being so ambivalent that we "let a great park go down the tubes." "There was a

HEALTH AND BEAUTY



Look sexy and feel confident with a full head of real hair in less than 2 hours.



Ultimate Hair Dynamics of San Diego 2221 Camino del Rio South, Suite 108 • 888-446-2417 Complete financing available • ultimatehairdynamics.com



100% satisfaction or your money back!

If you are currently a client of another company, come and see why UHD was voted #1 salon in California. Your first service will be on us. That's right, FREE! We want to earn your business! Happy new year!

Come see our high-class center and find out why so many customers have made the change to Ultimate Hair!

100% **\$\$\$**-back guarantee! We want to earn your business. NOT receiving 100% from your current provider? Make the change today!

ultimate

Too Shy?

Trouble with dating? Parties? Public speaking? Starting conversations? Speaking to authority figures? Always worried about what other people think of you?

> Confidential help is available. You may be eligible to

Receive Free Treatment

with computerized therapy as part of a research program. No medications!

Call: 619-229-3740 or e-mail: SDSU.CUTA@gmail.com http://nas.psy.sdsu.edu

CENTER FOR UNDERSTANDING AND TREATING ANXIETY 6386 Alvarado Court, Suite 301, San Diego



Cosmetic Veneers As low as \$400 per tooth Invisalign or Porcelain Veneers 20% off

Free Zoom! Whitening*

Free Home Whitening Kit* *With cosmetic dental work (call for details).

New Patient Special \$89

Complete set of x-rays, exam and regular cleaning.

Interest-Free Financing Available OAC

Gentle Dentistry 4765 Carmel Mountain Road #205 Carmel Valley (off I-5) San Diego 92130 858.350.7400 www.thegentledentistry.com tremendous homeless problem in Golden Gate Park for many years," Harnik said, "and people had mixed feelings about coming down hard on the homeless. They tried various things but sort of halfheartedly. And then one night, one of the homeless people, either accidentally or purposefully, set a fire which became basically a forest fire inside Golden Gate Park...and at that point, the next morning, surveying that wreckage, people said, 'Okay, we've got to do something.' "

Harnik then indicated that the study, its related studies, and public meetings were all designed to head off anything like that for Balboa Park.

As page 9 of the study states: "The sink hole that opened up in the middle of the Prado recently is just one reminder of the devastation that disrepair can bring. Underground utilities, for instance, are underground and out of mind — until they begin to leak. The golf course irrigation system is given little thought — until the turf dies. Cracked steps or inaccessible buildings seem like minor problems — until someone files a negligence or discrimination lawsuit against the city. Seismic retrofits seem like a waste of money — until the next earthquake hits. A horticultural survey seems unnecessary until the quality of the landscaping declines so far that residents prefer to stay in their own backyards rather than visiting the park."

Hard Facts

"The park is highly rated," John Morey said at the March 8 forum. Morey is owner of the Morey Group, a 23-yearold company that does national market research and consulting for the cultural attraction industry. "People are really happy with it. It isn't broken. At least not on the outside."

Morey estimates that Balboa Park enjoys 10–11 million visits (not visitors) per year.

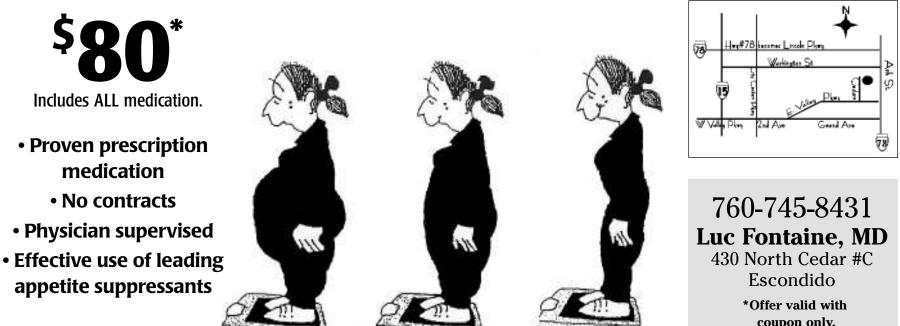
Morey responded to one forum speaker by saying, "[Balboa Park is] the Smithsonian of the west. There's no greater place that I'm aware of that has as much richness and diversity in just actual numbers of attractions in such a confined area, other than the Smithsonian and the National Mall."

The Legler Benbough Foundation hired Morey's company to determine some of the baseline facts and figures about the use of Balboa Park.

As Peter Harnik said,

HEALTH AND BEAUTY

Losing weight doesn't have to cost a fortune!



coupon only. Initial consultation only. Regularly \$95 Includes all medications. Expires 8/15/08.

Out-of-area clients accommodated, once established! Ask for details.

Lange Consultation & Free Skin Analysis (\$50 value)

Laser Hair Removal

BOTOX®

Wrinkle reduction treatment. Entire forehead, glabellar (1 area), crow's feet (both sides). All 3 areas if injected same day are only \$595.

Wrinkle Fillers

Juvéderm™ For fuller lips & deep wrinkles. Best wrinkle reduction treatment available today! First syringe \$369

Restylane® To smooth away facial wrinkles. First syringe \$369

Model

IPL[®] Photofacial

For rosacea, redness and flushing.

Masks and Peels

Cosmelan - For treating pigmentation disorders and melasma Jessner's Peel - For treating acne and scarring Cosmelan acne - To regulate oily and acneic skin

*Price per treatment with the purchase of a package of 5. Cannot be combined with any other offers or coupons. Expires 8/16/08. **With the purchase of a first syringe at \$369.

NEN Earn gift certificates, free services, or free products!

Earn Global Rewards with every dollar spent. See www.GlobalLaserCosmetics.com for details.

\$0 Down & 0% Interest • No Payment for One Year (OAC)

Just For Men





Laser Hair Removal





(1-866-237-8566) • www.GlobalLaserCosmetics.com 6950 Friars Road, Suite 100 • Across from Fashion Valley Mall Se Habla Español • Promo code: RDR0731



Lip or Chin

your second syringe

\$239*



San Diego Reader July 31, 2008



TWO WEEKS ONLY

Consultation and Skin Analysis

5 Laser Hair Removal Treatments (Lip or Chin)

Series of 3 Microdermabrasion Treatments

1 Antioxidant Power Facial

Skin Care Kit

\$**625** (\$234 Savings!)



Farzad Yaghouti, MD Medical Director



Free Botox with purchase of any Thermage, Fraxel II Laser or CO₂ Laser treatment

Summer is here! Get smoother legs, thighs, buns and belly with the **New Therma Tip[™] Cellulite treatment** *call for special pricing

Thermage Skin Tightening Non-Surgical mini face lift! AMAZING NEW SUMMER PRICES! *call and make your appointment today for more details

Get rid of Sun Damage and Age Spots! With Total FX Fractional CO₂ Laser \$500 off face treatment

*call and make your appointment today for more details

ActiveFX \$2000

Suffer from Acne Scars and Melasma? Fraxel II Laser \$1000 per treatment. Face and Eyes

Why shave or wax when you can have permanent Laser Hair removal 10% off when you purchase 2 or more areas!

Melt away the fat with Lipo Dissolve \$200 per area

Botox **\$11** per unit

Artefill[®] Permanent wrinkle filler-receive \$300 gift card when you purchase your 1st syringe \$1,200

Get smoother, natural-looking lips with Juvederm Ultra™ \$500 1st syringe and \$50 off any additional syringes.

> (Restylane, Perlane, Radiesse, Cosmoderm and Cosmoplast Available *call for more details)

OTHER SERVICES FOR SKIN REJUVENATION AVAILABLE-CALL FOR MORE DETAILS All special offers exp. 8/7/08.

> Come and join us Wednesday, August 6, 6 pm for our Look Your Best Seminar Series.

5th Lecture: Thermage, Fractional Lasers, and Fillers: Make an educated choice!

Live demonstration, appetizers, refreshments, prize drawing. Limited space, call now to RSVP! 858-454-2700

> Nasrin Mani, M.D. Founder & Medical Director

1111 Torrey Pines Road, Suite 102, La Jolla, CA 92037 Mon.-Fri. 8 am-7 pm Sat. 8 am-5 pm

Free Parking Gift Certificates & Major Credit Cards CareCredit® (Payment Plan) Se habla español

858-454-2700 www.LaJollaLaser.com

JOI OSMETIC LASER CLINIC before introducing Morey at the forum, "My mantra is to collect data. There's so much idle chatter, speculation, wild theories, and personal anecdotes and feelings about parks. And that's important; one of the reasons why people love parks so much is that they have this personal connection to them. But we can't make public policy based on how individual people feel about things. We have to actually know what's going on in the park."

To this end, the bulk of the Balboa Park study is made up of colorful graphs based on data that the Morey Group provided by surveying nearly 2000 parkgoers over two data-collection periods.

According to the Morey Groups' report, over half the park's visitors drive there in their cars.

Nearly all (96 per-

cent) San Diego County residents drive to the park. Forty percent park in an internal lot, 20 percent park at the Zoo, 15 percent park on or around Sixth Avenue, 11 percent park on Park Boulevard, and 12 percent park elsewhere.

"The biggest issue is probably parking," Morey said. "But on average, it isn't horrible. Forty percent of county residents said that parking negatively impacts their decision to visit the park. So what are our potential solutions? The data suggests that a parking garage would be a solution: it's more centralized, and it has a lower footprint [than a parking lot]."

Some other interesting highlights from the research conducted by the Morey Group:

Seventy-five percent of non-city residents cite the park as a major rea-

son for visiting San Diego. And these visitors will stay in the city for three to four nights in connection with their park visit.

This illustrates how Balboa Park is a major economic resource for San Diego. It lures countless tourists and raises the values of nearby properties. It also offers hundreds of free public activities that might cost money in the private market.

There were also indications in Morey's report of the incredible variety of attractions at the park. Sixty-nine percent of visitors come to the park because of a museum, a theater, or the zoo. Fourteen percent visit because of a public event or festival. Seventeen percent are there for leisure and 20 percent for recreation.

The Public Voice

Councilmember Atkins

HEALTH AND BEAUTY

Robert Kearney MD, FACS

Board Certified Plastic Surgeon

Breasts

Breast Augmentation - 4 incision options Breast Lift • Breast Reduction

Body

• Liposculpture • Tummy Tuck Arm Lift • Thigh & Buttock Lift

• Face, Neck and Forehead Lift • Eyelid Lift • Nose Reshaping Botox • Chemical Peels • Juvéderm • ArteFill®

Free Consultations: 888-697-4828 www.kearneymd.com - View estimated fees, before/after photos and more!

> Financing Available 12-month no-interest plans 60-month terms available Certified by the American Board of Plastic Surgery

Robert Kearney, MD

9834 Genesee Avenue Suite 129, La Jolla





Upcoming Events

August 13 - BOTOX DAY 9am - 6pm

\$10 per unit all day! Enter a raffle drawing to win Free Botox[®] injections. Appetizers & Refreshments will be served. Each person who receives treatment that day will receive an a+b \$25 Gift Card towards future treatments.

VISIT US ONLINE AT www.AgelessandBeautiful.com TO ENTER A MONTHLY DRAWING FOR A COMPLIMENTARY FACIAL OR MICRODERMABRASION











VASIO

ournew

eFX Area: Face

rocedure: Juvederm Area: Face Results may vary. After pictures taken post treatment

Book a Consultation and Receive a Mini A+B Facial or Microdermabrasion

"Lose Inches in Hours!" with Vaser Ultrasonic **Liposelection**® Vaser is a minimally invasive

procedure which has smoother contouring than traditional lipo, and minimal downtime of only 2-3 days.

Thermage Skin Tightening® for the eyes, face, neck, hands, stomach and body. No downtime. Procedure is good for all skin types

ActiveFX[®] for the Face

\$1250 Reduce fine lines and resurface skin. THE ONLY FDA-**APPROVED** device for collagen stimulation. One-time treatment administered by M.D.

Portrait Regeneration

\$300 Off High/Low energy heat treatment for skin resurfacing with dramatic results.

Portrait[®] for the Hands \$1000

Portrait[®] and Thermage[®] Combo for the Hands **\$1800**

Look Sizzlin' Hot this Summer with

Vaser Ultrasonic Liposelection° and Thermage[®] Skin Tightening

Free Abdominal Thermage Treatment (valued at \$2500)

with the Purchase of Vaser Ultrasonic Liposelection® for the Abdominal Area and Love Handles.

2008 Awards: Thermage® Pinnacle Award, Allergan Platinum Award

NEW IoniSlim™ Trims and Detoxifies the body while reducing the appearance of cellulite. As seen in O magazine, Marie Claire, and Vogue magazine. **\$150** per treatment (save \$50)

Juvéderm Ultra Plus® \$499 or **Buy One** at Regular Price Syringe and 2nd Half Off!

Photofacials (IPL) \$250 for 2 treatments. Plus a Free Microdermabrasion.

Laser Hair Removal*

Buy 5 Sessions and receive the **6th Session FREE!** Back & Shoulders \$299 Bikini \$99 Brazilian \$159 Lower Leg \$159 Full Leg **\$299** Underarm \$79 Upper Lip or Chin **\$59** * Prices above reflect the purchase of 5 sessions

Injectables

Botox[®] \$11/unit Juvéderm Ultra® \$399** **Restylane**® Perlane[®] Sculptra[®] \$899 per vial Radiesse[®] \$495 per syringe

Fat/Cellulite

Mesotherapy \$175 per area with purchase of package.

Smart Lipo[™] Treats areas that are difficult for conventional liposuction, less invasive than neck or face lift, performed under local anesthesia, safe with minimal bruising and side effects, minimal downtime post-procedure.

Plastic Surgery

Breast Augmentation Tummy Tuck General Reconstruction Fami Facelift & Necklift **Otoplasty & Browlift** Blepharoplasty Rhinoplasty Chin Implant

Acne & Pigmentation

Acne Blu-U[®] \$399 10 treatments. Destroys Acne Bacteria.

Photodynamic Therapy (PDT) \$399 Treatment for sun damage, acne and keratosis.

Cosmelan® Depigmentation \$599 Mineral Makeup La Bella Donna

La Roche-Posay

Neocutis

Revitalash

Obagi

AgelessandBeautiful.com • (888) 803-5375 SPECIAL FINANCING THROUGH CareCredit (up to 12 months interest-free!)

Medical Director Dr. Sean Daneshmand, M.D., FACOG Member of the American Academy of Cosmetic Surgery

Our Address 1080 University Ave., Ste. H201 San Diego, CA 92103 **Uptown Shopping District**

Spa Hours Monday-Friday 9 am - 6 pm Saturday 9 am - 5 pm Sunday by appointment only

NEW Extended **Esthetician Services** Tuesday & Thursday Only 9 am - 8 pm

San Diego Reader July 31, 2008

43

** First-time clients only.

broken capillaries, veins and collagen stimulation.

Photofacials (IPL)

Leg Vein Treatments

(Lumenis One[™]) for Rosacea,

Laser Vein Removal Spider and varicose veins **\$150** per area.

Esthetician Services

NEW Dermaplaning Gets rid of peach fuzz and dull skin.

Microdermabrasion

Revitalizing & Holistic Facials European Facial Extraction Oxygenating Trio Back to Basics

Medical Grade Chemical Peels \$75

Medical Grade Skincare Natalie



Family Cosmetic Dentistry in the beach area



Farnaz Haroon, D.D.S. 888-689-3682 1707 Grand Ave. (at Jewell St.) Pacific Beach 92109

Gentle Dentistry • New Patients Welcome Senior/Military Discounts • Flexible Payment Plans

dvanced Most recent version and easiest on sensitive teeth.

\$279 (Reg. \$500) Your teeth up to 8 shades whiter in only 45 minutes!



^{\$}O down. Payment plans up to 60 months. OAC. Free Invisalign consultation.

FREE Cleaning

or

With ^s65 exam and x-rays. New patients only.

FREE Whitening Trays

With \$65 exam and x-rays. New patients only.

Crowns & Veneers ^{\$}200 off

All offers expire 8/21/08. Must present this ad.

was pleased with the first public meeting about the future of the park on March 8. She called it "the first step to engage the public in a dialogue about the study and the future stewardship of the park." She then went on to say, "This is not going to be an easy process, but it is my hope that all San Diegans will get an opportunity to weigh in on these important issues within the park, and about the park, as we move forward through the process."

Councilmember Atkins said, "The Balboa Park Committee is tasked to host these public discussions. I have great faith in the Committee to understand the broad range of stakeholders and users of the Park — they work to represent and bring balance to these important user interests every single day. It's not an easy task,

but I know they take the responsibility seriously."

At the forum, Balboa Park Committee chairperson Vicki Granowitz echoed the sentiment that it's important for the public to stay involved in the future of the park. "We will go to the Natural Resources Committee of the Citv Council," Granowitz said, "and that will be a public hearing. And my desire is not to lose control of the park but to figure out how we can all do it together. We've got a lot of people we have to keep involved in the process as we move forward."

One would think that without robust public input there is a very real chance that lots of people could get left behind in the process of switching governance and financing in the park. What about the archers and the lawn

bowlers and the dog people and the joggers?

In response to this concern, Councilmember Atkins again stressed the importance of the public voice.

"We need to approach this through a cautious, thoughtful, and thorough process and open dialogue with many stakeholders and institutions, not only in the park and city, but also in the region," Atkins said. "This is critical, so that no one gets left out of the process."

A second public meeting, which wasn't specific to the study, took place on May 1 in the Santa Fe Room at the Balboa Park Club. For a schedule of future meetings, check the Balboa Park website: balboapark.org.

The Problem of Financing

According to the conclu-

HEALTH AND BEAUTY



model

sion drawn by the study, the City of San Diego no longer has the financial ability to maintain Balboa Park as the "worldclass urban amenity and tourist attraction" it has become.

In the recently released fiscal budget for the upcoming year, the city intends to cut spending yet again for its developed regional parks, from \$378.63 million in 2007 to \$334.65 million in 2008, down to \$318.8 million in 2009.

So how to raise enough money for capital improvements to the park and for what Dr. Sparrow calls "the massive, big picture" of the future of Balboa Park?

In an appendix to the 187-page study, entitled "Options and Opportunities: New Management Paradigms for Balboa Park," a table on page 10 lists "Possible Options to Fund a Balboa Park Capital Improvements Program."

According to the table, "revenue sources amenable to continued city administration" are sales taxes and transient occupancy taxes, development exactions, and general obligation bonds.

Sales taxes and transient occupancy taxes could each bring in up to \$8 million a year, and collection mechanisms are already in place. However, this step would require voter approval and would have to overcome resistance to tax increases.

Development exactions could produce "inkind" as opposed to "cash" contributions and would engage selected private development, but park improvements would compete with other needed improvements.

General obligation bonds have the potential to produce enough capital to cover all costs, but they require voter approval, and in any case, the city's debt rating is "poor."

The Capital Improvements chart also lists funding solutions under the heading "revenue sources amenable to other public administration." These potential solutions would be revenue bonds and user fees, and special assessments. Revenue bonds and user fees could directly engage park users in upkeep and repair and increase accountability and flexibility, but then there would exist the dangers of misused

HEALTH AND BEAUTY

funds and corruption.

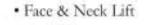
Special assessments might spread the costs of improvements over a broad base of beneficiaries, but this step requires a two-thirds voter approval. A third heading, "revenue sources amenable to private sector administration," is also listed. These solu-

tions include grants and

Thousands of satisfied patients, you can be one of them.

- Breast Augmentation
- Breast Lift
- Breast Reduction
- Tummy Tuck
- Liposuction
- Mommy Makeover
- Fat Transfer
- Body Contouring After Major Weight Loss





- Eyelid Surgery
- Brow Lift
- Nose Reshaping
- Ear Surgery
- Facial Peels & Laser
- Restylane[®] & Perlane[®]
- Botox[®]
- Labial Reduction

Now offering Vaginal Rejuvenation

by Dr. Benito Villanueva Board-Certified Gynecologist



Aggressive financing available & CareCredit



RON G. SOLTERO

JON S. WILENSKY M.D. Certified, American Board of Plastic Surgery www.wilenskymd.com



4510 Executive Dr. Suite 105 La Jolla / UTC Area

Creating Beauty One Face at a Time

Procedures Performed

Facial Plastic Surgery – Rhinoplasty • Face Lift • Eyelid Lift
Forehead Lift • Neck Lift • Ear Pinning • Earlobe Tear Closure

- Fat Transfer Neck Liposuction Chin/Cheek Implants
- Laser Laser Skin Resurfacing Laser Hair Removal
- IPL Fotofacial Chemical Peel
- Sclerotherapy Leg Vein Therapy

Skin & Scars - Removal of Skin Lesions

• Scar Repair

Fillers – Restylane • Perlane

- Juvéderm Ultra Juvéderm Ultra Plus
- Sculptra Radiesse
- Acne Treatments Isolaz
- Photodynamic Therapy Blu-U

Esthetician Services Available – Facials

Microdermabrasion • AHA Peels

Mini Face Lift Little downtime. No general anesthesia.

ACTIVE FX CO₂ LASER - ^{\$}2,325 Includes one IPL Fotofacial and one Microdermabrasion.

BOTOX[®] – ^{\$}11.25 per unit RESTYLANE[®] or JUVÉDERM ULTRA[®]– ^{\$}499/1cc syringe PERLANE[®] or JUVÉDERM ULTRA PLUS[®]– ^{\$}550/1cc syringe IPL FOTOFACIAL[®]– ^{\$}325 for face

LASER HAIR REMOVAL – ^{\$}99 per area: Bikini, underarms, upper lip, or chin THERMAGE[®] – Call for prices

FAT TRANSFER – Call for prices

Call today for your custom consultation. We will tailor a plan to suit your specific needs.



San Diego Reader July 31, 2008

\$

Model

Mario S. Yco, M.D., F.A.C.S. BOARD CERTIFIED BY THE AMERICAN BOARD OF FACIAL PLASTIC & RECONSTRUCTIVE SURGERY Gretchen Taylor, M.D. BOARD CERTIFIED OTOLARYNGOLOGIST Sarina Brumley, PA-C 477 N. El Camino Real, Suite A-210, Encinitas 760-944-4211 donations and publicprivate partnerships.

Grants and donations don't impact city finances and encourage a shift to nonprofit administration or partnership, but the current parkmanagement structure discourages such a resource.

Public-private partnerships could move certain functions off City books, but then a private-sector entity would have to charge fees for full cost recovery and return on investments.

"We're trying to figure out how to pay for things that many people think are free," said Richard Little at the March 8 meeting. Little is director of the Keston Institute for Public Finance and Infrastructure Policy at the University of Southern California. "But nothing's free. You might not be paying for things at the time of use, but you're not really getting them for free. So there is a movement afoot to better align services and how they get paid for. And one of the things that that leads to is some new ideas about how might the park be governed."

The Problem of Governance

"Balboa Park seems like a unified facility," Peter Harnik said at the March 8 public forum, "but it's really more like a bundle of twigs held together by twine. Because, for whatever reason, over the last 100 years, every time the municipal government didn't step up to the plate on a particular aspect of the park and sort of exert command and control and authority, some enterprising person or institution took control instead and said, 'Let's create this museum, let's create this

garden, let's create this sports facility, let's create this club.' And through the force of their personalities and ability to raise the money, they did that. So there's a tremendous amount of vitality and wonderful subcomponents within this park, all of which work together very nicely for the average user. But it's a risky structure right now, with so many different players making decisions that sometimes fit together really well and sometimes don't."

No one can deny that the park runs well right now. And there's a palpable worry that the study is an attempt to politicize the park and to take it away from the public.

"I want to stress too that our committee's mandate is to look at a way to create an efficient and transparent governance structure that

858-546-0060

HEALTH AND BEAUTY



0% Financing Through August involves all the stakeholders to create a sustainable future for Balboa Park," said the House of Hospitality's David Kinney by telephone. "If you think about it, the best way to get any project done is to first create a governance structure that can support them and get them done. That's the first step."

But isn't the park run rather efficiently right now? At least it seems so.

"The City of San Diego has gone through some significant changes recently," Dr. Sparrow said at the first public forum. "The government has changed its structure. And with that change, from a council-manager form of government to a mayor-council, Mayor Sanders has reorganized the city. So the city has gone through what was called 'business process reengineering,' which was a major change. That has complicated the process of trying to figure out how to help the park."

Even if the city is, in fact, doing a fine job with the park, perhaps an aggregate of 85 institutions on 1200 acres of land is more than any city government should have on its plate.

Keston Institute director Richard Little thinks this is the case.

"Running a city," Little said at the forum, "really isn't for sissies. We talk a lot about looking for business models. Well, most corporations in this country, and even global corporations, usually move to a model where they focus more on a few core business lines, things they can really do well and make money at. And that's where they spend their time. Well, if only cities had it so simple. But they have to deal with education, and homeless issues, and health care, and so many things...oh, I guess we can put parks

in there too. And it's very hard to be an expert in everything. And, of course, citizens expect their governments to be experts in doing what they do. That's very difficult. I guess one of the models we're seeing municipal governments look at is maybe focusing on those things they can do really well and perhaps handing off some

of the things that become problematic."

Little did commend the city's job up to this point, even though he eventually qualified the endorsement.

AND

BEAUT

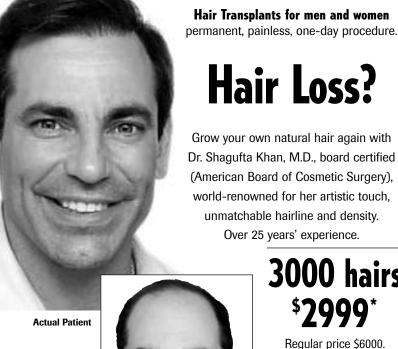
HEALTH

"San Diego is very blessed with having a Parks and Recreation Department that does a wonderful job," Little said. "You've got wonderful, dedicated people

who go the extra mile and put in the time. And they keep the operation going because they care about it. That's a blessing. But at the same time, it's also a curse.

Unveil The True You... Excellence ... by choice, not chance Plastic Surgery Come in for a complimentary consultation. • Face, Neck & Brow Lift • Breast Augmentation, Reduction & Lift • So Natural, So Soft, So Real • FDA-Approved Silicone Implants • Liposuction & Breast Body Contouring Augmentation • Body & Arm Lift Reg. \$5800 • Upper & Lower Saline implants only Includes OR, anesthesia and surgeon fees. Eyelid Lift Cannot be combined with any fers or coupo Must be done by August 15, 2008 • Nose Reshaping Skin & Laser Center We offer complimentary consultations. Signature Skincare Services Specializing in Skin Rejuvenation, Sun Damage and Acne Botox[®] ● Juvederm[™] ● Restylane Perlane • Cosmelan • Obagi Blue Peel Laser Hair Removal • Laser Genesis **IPL Photofacial** Cosmetic, Plastic & Reconstructive Surgery Certified by the American Board of Plastic Surgery Baylor and Johns Hopkins Trained - 16 Years of Surgical Experience Staff Surgeon, Scripps Memorial Hospital Dr. Sadrian www.SadrianCosmeticSurgery.com **Call toll-free:** -486-9149 DOSMETIC SURGERY Ximed Medical Building (On the campus of Scripps Memorial Hospital) • 9850 Genesee Avenue, Suite 500 • La Jolla, CA 92037 Financing available

actual patient



Free Financing 2 years 0% interest

> 7930 Frost St., Suite 203, San Diego For more information, visit us at **ILHT.com** Open Saturdays. Financing available. *3000 grafted hairs is the equivalent of 1200 grafts. FIT technique offered at a separate pricing scale. Please call to inquire. OAC



Summertime

3000 hairs

^{\$}2999^{*}

Regular price \$6000.

Offer expires 9/2/08.

For a free consultation:

1-866-751-2182

ENEW

San Diego • Chicago

Keep your skin looking healthier and diant! Pamper yourself with our Bella Pelle Signature Facial and Vibraderm.

Only **\$125** (Reg. \$175)

Cannot be combined with any other special ige or disco

Because they're kind of in the back room, doing all these machinations, and buying their own baling wire and chewing gum, and they're keeping things running, and people come by and say, 'Well, gee, that's nice. I don't know why the park needs any more money. Look how nice it is. Everything looks fine.' So that's a problem. Because we often get into situations where it takes a bridge falling down for people to start paying attention to bridges. That's kind of the way we are."

On top of any other concerns, San Diego taxpayers may well be skeptical about what the city ultimately does with their tax dollars.

Little addressed this issue at the forum, stating, "I don't think that people are going to run out and cheer for any solution until there is a

governing structure in place where people feel comfortable that the money that's dedicated to the park is in fact going to stay in the park. And that should be addressed before we get into other issues, because if there isn't a dependable mechanism to raise and spend money, then this effort isn't going to go terribly far. But if this tension continues to exist between 'Well, if we put money into the city, we're not sure it goes to the park,' then I don't think that kind of uncertainty is conducive to longrange solutions."

Little's particular job, in terms of the Balboa Park study, was to consider possible future mechanisms for park governance. His expertise on the subject has led him to narrow the future park governance choices to three models: a joint powers agreement, a

public-private partnership (often called a conservancy), or the creation of a new government entity to run the park.

"One of the popular things in California is a joint powers authority," Little said. "You already have that at San Dieguito River Park, actually. Several governments have come together and taken on the responsibility of a single function, and they manage and operate the park. And when you get into how to pay for the things that are needed, there are some advantages to that model. Because a joint powers authority, in essence, becomes an enterprise, and from the standpoint of public finance, that gives them certain benefits because the funds they control - whether they come from participating governments or whether they raise

HEALTH AND BEAUTY



ΜE

RE

S p

737 Pearl St., Suite 201, La Jolla 92037 | 888-238-7642 | www.rejuve-lajolla.com

&

E

www.bellapellemedicalspa.com

they are dedicated to a particular purpose. And in the case of the park, I don't think it's going to be funded on a kind of pay-as-you-go-type thing. We need some borrowing to pay this off. And borrowing can be problematic. So JPAs, if they can establish revenue streams, can issue revenue bonds that are dedicated for certain purposes, and that money has a fence around it. It's not money that can disappear in other ways."

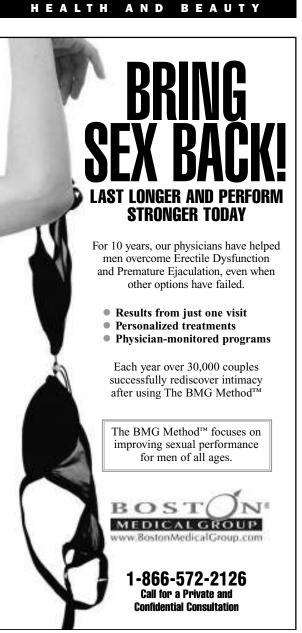
As for the conservancy model, although the city would lose some control over the park, the Keston Institute's portion of the study indicates that conservancies are usually quite successful. As page 15 of the study states, "One of the great benefits of partnering with a nonprofit or a conservancy is that the relationship can be prescribed in a contract or memorandum of

understanding rather than in legislation."

And as regards a new governmental entity, the Keston Report notes many places across the country where this has worked wonders for parks. The major drawback is that taxes to fund such an entity would require the approval of two-thirds of affected property owners.

In the end, Little tried to be clear that he wasn't endorsing any one solution. He said, "There isn't some model you can take off the shelf and say, 'This will work.' But I think there is a solution for San Diego that will enable you to do the things you need to do so that, 50 or 100 years from now, we don't have to have this discussion. You will have put the things in place that will make sure the park goes on in perpetuity."

— Geoff Bouvier



Baja Health & Beauty Directory

SAFE & PROFESSIONAL SERVICES DON'T HAVE TO BE EXPENSIVE!

BOARD-CERTIFIED PLASTIC SURGEONS BY MEXICO'S BOARD OF PLASTIC SURGERY



Francisco Bucio, M.D. 20 years of experience in Cosmetic Surgery for Face, Breast and Body in a stateof-the-art clinic in the Grand Hotel Tijuana. High-tech Medi-Spa, Laser for Veins, IPL Photofacial, Tattoo Removal, non-surgical Skin Tightening (ACCENT) for Cellulite and Rejuvenation. Pixel Fractional Skin Resurfacing for Wrinkles and

Acne Scars, face and body. Visa and MasterCard. Toll-free: 1-866-831-6400; 619-946-2156; 011-52-664-686-4588 www.franciscobucio.com



Ricardo Vega Montiel, M.D. Member of ISAPS. Providing the desired results in Body Contouring and Face Rejuvenation in a fully licensed surgical facility located at the Grand Hotel Tijuana Complex. High-level Med-Spa and Advanced European Mesotherapy. Visa and MasterCard.

619-946-1074: 1-888-4VEMONT drvega@teleserviz.com



Jaime Campos-Leon, M.D. studied in Mexico and Spain, learning the most-advanced plastic surgery techniques and laser treatments. Get to know the most effective procedures and treatments for a fabulous new image. Active member of the ISAPS. The results speak for themselves. Thermage, IPL, ND YAG Laser, TCA

Peels and many more. Visa and MasterCard. Free consultation: 1-866-58-SHAPE or visit: www.tjlipo.com



Juan Carlos Fuentes, M.D. Corresponding member of the American Society for Aesthetic Plastic Surgery, Dr. Fuentes and his bilingual staff provide first-quality results in all fields of Plastic Surgery, performed in a state-of-the-art surgical facility. For more information please call us: 619-428-4803, or visit us online.

www.juanfuentesmd.com

MEDICAL WEIGHT CONTROL



Nutrition and Beauty Center Dr. Villicaña, M.D., specializes in Bariatric (weight loss control). 21 years of experience. Also offering Cosmetic Surgery, Gastric Band, Botox, Collagen, Laser for Veins, Hair and Tattoo Removal. We offer all the alternatives for weight loss.

www.nbctijuana.com



TRUST Dental Medical SPA 8 bilingual dentists and specialists experienced in Superior-Quality Cosmetic Dentistry. Dr. Cesena, 1 of 6 in Latin America as Maxilofacial and Oral Surgeon with Specialty in Implantology, offers world's top brandname Straumann Implants. Dr. Ramiro, Top Professor in Top State's Dental University in Root

Canal with aesthetic post management. Services: Implants, Veneers, Crowns, Braces, Bonding, I-hour ZOOM 3! Whitening, Root Canals, Dentures, Complete SPA service, Botox. Strict OSHA sterilization. U.S. lab and materials. English spoken. Free massage, consultation, x-ray, oral camera. Save over 70%. Major credit cards, financing, 2-year warranty. 1/4 mile to border. Close to Costco. Free parking

1-800-342-8419: 011-52-664-685-7020 www.DENTISTatTIJUANA.com



Erico Carreño, D.D.S. 19 years of experience. UCLA, Loma Linda University, IAO-Certified Senior Instructor, Europe- and USA-trained, warranted quality and ethical dentistry. Top-of-the-line private office (not a clinic). The only Waterlase (real laser) in Baja. Dental laboratory in San Diego American Academy of Cosmetic Dentistry, ADA,

HDA, WLCI, AAFO, IFUNA, IAO member. Insurances welcome. 619-308-7082; 011-52-664-684-8133

www.drerico.com • www.biolase.com

DENTISTRY

Pacific Dental Tijuana, Dr. Torres & Dr. Lutz Tijuana's PREMIER dental office. Affordable General and Cosmetic Dentistry. Save up to 60% off U.S. prices. State-of-the-art equipment and materials, English-speaking staff, U.S.-TRAINED **DOCTORS AND SPECIALISTS, digital x-rays**

and pictures. Specializing in Veneers, Root Canals, Bondings, Crowns, Implants and Dentures. Nobel Guide implant technology, mercury-free dentistry, 1-hour ZOOM! bleaching. Plenty of references from the U.S. and Canada. Dr. Torres, U.S.-LICENSED DENTIST, USC, Cosmetic and Rehabilitation specialist. Dr. Lutz, Harvard University and Loma Linda University for Dental Implants and General Dentistry. Dental lab on premises. Strict OSHA sterilization control. All treatments guaranteed. Our office has been **featured on CBS and** Channel 8. All major credit cards welcome. Now offering service in San Diego in our brand-new Chula Vista/Eastlake office. U.S. prices apply. 1-866-804-1877; 011-52-664-634-0835 www.sdro.com/pacdental



PRODENT, Alfonso Gracia A., D.D.S. Simply the best Just across the border. Gentle, ethical antiseptic, affordable. IMPLANTS, COSMETIC Dentistry, Porcelain Veneers, Ceramic Crowns, Tooth-Color Fillings, Root Canal Treatments, Third Molar Extractions, General Anesthesia, Sedation IV. Most U.S. dental insurance accepted. Visa and MasterCard. New location in Rosarito at Hospital

Bonanova. 619-308-7845; 1-888-ALFONZO (253-6696) www.dralfonsogracia.com



Ricardo Alvarez, D.D.S. 24 years of experience in Cosmetic and Non-Invasive dental procedures. IMPLANTS. Master Studies at Loma Linda University and Harvard University. STRICT **INFECTION CONTROL. 3 CONVENIENT** LOCATIONS offering Implants, Crowns, Dentures, Braces, Root Canals.

Free diagnostic. Visa and MasterCard. Border: 619-734-2386; Agua Caliente: 619-734-0222; Zona Rio: 619-734-0233

www.bajadentist.com • appointments@bajadentist.com



Dental Torvel High-quality cosmetic dentistry all in one place: Implants, Lumineers, Veneers, Root Canals, Crowns. U.S.-trained dentist and specialists. Mercury-free dentistry. Strict OSHA sterilization. 2 minutes from the border. Call: 619-920-6260 www.dentaltorvel.com

Maité Moreno, D.D.S., M.S. U. of Michigan. Member American College of Prosthodontics and the Academy of Osseointegration (implants). Pure Porcelain Crown and Bridge by Procera™ System Certified www.nobelbiocare.com. Cosmetic

Dentistry, OSHA guidelines, digital x-rays. Close to border. Visa, MasterCard, American Express and all U.S. dental insurances accepted.

Toll-free U.S./Canada: 1-877-692-9225; 011-52-664-900-7550 www.implantdentalcenter.com



TJ Dental Clinic Pay Less, Expect More. All dental treatments in one state-of-the-art clinic. Cosmetic Dentistry, Laser Whitening, Digital X-rays, Intraoral Camera, Implants, and free estimates. Most U.S. dental insurance accepted. Visa and MasterCard welcome. You don't need to drive - we are just one block from the border. 619-270-8672

www.sdro.com/tjdentalclinic

HAIR TRANSPLANT



Clinipel Hair now, hair forever! The goal of Dr. Marin is to create a fuller head of natural-looking hair, but other benefits come with looking younger and feeling better. Affordable, painless, 100% secure. Also THERMAGE, body contouring. No surgery, no injections, no

downtime. Give us a call or visit us online. 619-734-0209; 011-52-664-634-2208 www.clinipel.com



619-946-2153; 011-52-664-634-0122

Unforgettable LONG-AGO DIEGO **SAN**

THE AMERICAN INVASION: THE LIFE AND TIMES OF APOLINARIA LORENZANA (Part Six)

On July 29, 1848, the USS Cyane navigated through the thick kelp outside Point Loma and entered San Diego Bay. The sloop of war unloaded a ragtag 120-

b y	
Jeff	
Smith	

man army at La Playa: 39 regulars, plus deerskinclad Tennessee backwoodsmen, Delaware

Indian scouts, and, an observer wrote, "loafers picked up lately whose morals had better not be too closely examined." Most were seasick during the three-day voyage from Monterey, including Kit Carson, who swore he'd never board another ship. At 5:00 p.m., soldiers raised the Stars and Stripes unopposed in San Diego plaza. The "American Invasion" of Southern California had begun.

Captain Samuel F. DuPont, a portly man whose walrus mustache flared into thick muttonchops, found the small population quiet and orderly. After he shored up the Presidio and renamed it Fort DuPont, the captain visited Mission San Diego. Though olive and date trees still flourished, the gardens and vineyards had gone to seed. The church, surrounded by wigwams made of thatch, was "dilapidated," its paintings "tattered." The natives wore few, if any, clothes. "A more miserable and naked sight I never saw."

The mission's only priest, Father Vicente Oliva, was a "perfect Friar Tuck, who was what sailors term 'two sheets in the wind? "A troubled, deeply melancholic man, Oliva had been at the mission for 26 years and watched its slow decline. A month earlier, he'd buried his dear friend Father José María Zalvidea at San Luis Rey, which made the despondent Oliva one of the last Franciscans in the region.

DuPont doesn't mention the 53year-old woman caring for the friar. Apolinaria Lorenzana was probably either running the daily affairs of the mission or at one of her three ranchos. When Oliva arrived in 1820, she was already hailed as *la beata*, the blessed one, for her piety. By the time DuPont arrived, the mission had become so "destroyed," she said, it was "very hard to provide Father Oliva with food."

Rumors strafed San Diego: the haughty Americans were here to stay (their leader, John C. Fremont, wore an elegant blouse, leggings, and a felt hat and was obviously a man of reason, but his volunteers dressed and acted like

rabid curs); no, the mongrels were headed to Los Angeles to battle Californio forces amassing there. More rumors: Americans, joined by native tribes, were burning ranchos; the oldest families in town were taking sides, turning against each other; worse, bands of Sonorans were coming up from Mexico to wipe out the invaders, the Indians, and every Californio who supported the takeover. Things changed so rapidly, no news was new.

When Oliva buried Father Zalvidea, he promised he'd return to celebrate the Feast Day of San Luis on August 25. Lorenzana encouraged the old friar to make the bumpy trek in a carreta. They could gather much-needed corn and seeds, she said, since "there was nobody at San Diego to do the planting, or for that matter, anything else."

As they headed north, on a dirt trail often just six feet across, Lorenzana and the friar looked far ahead and behind: every rider could be a foe; every skyhigh cloud of dust an army come to pillage. They stopped at Juan Marrón's rancho, Agua Hedionda (at Carlsbad, from the ocean east to Vista). To their surprise, he was home.

Marrón had been administrator of Mission San Luis Rey. But when Fremont's army went through on August 9, he evicted Marrón from office. Now that the Americans were here, Fremont told him in Castilian Spanish, natives wanted the land the friars had promised.

Marrón's wife Felipa said she feared the Indians and the American troops



U.S.S. Cyane

"because they were undisciplined." Soon she would also fear Californios, who accused her husband of spying for the Americans, which she denied.

That foreigners could invade Mission San Luis Rey - and enter the sanctuary *armed* — horrified Lorenzana: such an unthinkable violation. The stately church, which gleamed like a dove in bright sunshine, had been her second home. From 1821-1830, she'd nursed countless patients and been godmother to dozens of children at the mission. If the enemy could invade sacred ground so freely, so brutally, where could God reside?

Lorenzana was born uprooted. Shortly after her birth, in 1793, someone left her at the Mexico City orphanage. She came to Alta California as part of an experiment. In 1800, New Spain promised 20

QUOTATIONS

1. Thomas Savage: Lorenzana has "an intellectual precocity and, perhaps because of her own displacement, a kindred spirit with the sick and needy that marked her life as a mission nurse and teacher."

been broken by the new social order."

2. Genaro M. Padilla: "She cannot keep her memories focused on the matrix of loving relationships she has established with scores of children without reminding herself that the world they all occupied had 3. Rosalia Vallejo: "Those men inspired me with such a large dose of hate against their race, though 28 years have elapsed, I have not forgotten the insults they heaped on me...and have abstained from learning their language."

HEALTH AND BEAUTY

Our lowest prices of the summer!



Permanent Makeup 30% off!

removal of freckles, age spots and sun spots.

Eyeliner **\$280** (reg. \$400) Lip Liner ***280** (reg. *400) Eyebrows ***280** (reg. *400) Full Lip ***560** (reg. *800)

Scar removal 10% off! Acne scars, skin graft scars, surgical scars and hypertrophics scars. Specializing in

Waxing

Eyebrow/Lip....\$10 Brazilian \$35 **Underarms** \$20

Head to toe waxing for men and women.

1-hr. massage **\$39**

1-hr. body massage. New clients only.



Head to toe \$145 3-3 1/2 hours. Package includes European

facial, complete 1-hour therapeutic body massage, manicure & pedi-spa, and your choice of any body spa treatment

1) Hydroactive mineral salt scrub 2) Enzymatic sea mud wrap 3) Detox herbal linen wrap

Energy Balancing Package **\$85**

45-minute reflexology foot massage, 30-minute head, neck, acupressure, and back massage. Pedi-spa included.

\$25 off any of our signature facials

(reg. \$100) New clients only. Choose from: Acupuncture Face-lift • Age Smart Facial • Ageless Lift Facial • Isogei Facial • Slimming Facial • Microcurrent Facial • Lymphatic Facial

4 series IPL (Photofacial) \$595 Increases collagen & elasticity.

Rid yourself of wrinkles, lines and folds, age spots, pores, stretch marks, dilated capillaries and rosacea.

4 Free Microderms 4 Microdermabrasions free with purchase of 4 series IPL (Photofacial).

Sonya of London

DAY SPA & FULL-SERVICE SALON

3924 Park Boulevard Hillcrest • 619-291-2728 www.sonyaoflondon.com

- Open 7 days • Free consultations
- Gift certificates availableCredit cards accepted

Offers good with this ad. Expires 8/13/08.



orphans they'd have parents and families in the colonies. But Lorenzana never married and found her home in the church. She taught herself to write on scrap paper, became a curandera (a healer using traditional and native remedies) and a teacher. Although everyone called her la beata, she rejected talk of sainthood and preferred the title la cuña (the foundling). She performed so many services for so many years that historian Father Zephyrin Englehardt wrote, "Miss Lorenzana deserves to be classed among the Franciscan missionaries of California."

At first, Father Oliva refused to celebrate the Feast Day because enemies occupied the mission. But Oliva assented when an emissary in deerskin, Alexis Godey, promised the padre he'd be unharmed. (Lorenzana often reads a person's temperature: she called Godey, Kit Carson's great rival, "a very good and tranquil man.")

After the ceremony, Lorenzana wanted to go north, to San Juan Capistrano, rather than home. She was "very sad because of the American takeover of the country and did not want to return to San Diego."

The 66-year-old Oliva, whose life work was in Mission Valley, said, "If you're going to San Juan, then I'm going too. What would I do all by myself in San Diego?"

On their way, Lorenzana left Oliva at Rancho Santa Margarita (now Camp Pendleton) and continued on. For one of the few times in her life, she had no strength to share. "I was furious about the situation with the Americans. I thought, if I leave, then the Americans will leave too."

When she reached San Juan Capistrano, word came that war had erupted in Los Angeles. She returned to San Luis Rey with Oliva. Godey was gone. Five Americans said, go to San Diego. Then one said, no, he'd ride there first to see if it was safe. That night, the man headed to San Diego. Lorenzana never saw him again.

Between chaos to the north and south and natives gathering in the east, Lorenzana and Oliva stayed at Mission San Luis Rey, always with a "sense of impending danger." Juana Moreno arrived with her children. Families are abandoning San Diego, she said. More rumors: California's most prominent leaders, Pio Pico and General José Castro, might flee to Mexico. ("Castro," Angustias de la Guerra uttered through clenched teeth, didn't want "to expose his interesting person to bullets.") In September, an army of Californios forced the Americans out of Los Angeles. A few days after the Morenos arrived, an armed Indian rode up to the mission holding a spear with a red flag attached like a banner. "A bad sign," Lorenzana told Oliva. His chief wanted wine, the Indian said. He was camped at nearby Guajomita with many angry warriors.

Oliva gave him the wine and the Indian left.

That night, Doña Moreno appeared in the doorway "half-naked and

Call to schedule a complimentary consultation.

very frightened." One of her son's young native friends told her to leave San Luis Rey at once. "Indians were going to attack the mission and kill all the white people."

The Indian who had taken the wine rode up, a

HEALTH AND BEAUTY Revive Yourself! \$100 Off 1-Hour Teeth Whitening Faster and brighter than Zoom and BriteSmile with less sensitivity. Performed by a dentist in a relaxing spa setting. Regularly \$299. Before After Model) Botox \$175 per area* All three areas \$450 Frown Lines, Forehead Wrinkles & Crow's Feet. Before After (Model) (*Max 20 units one area, 50 units three areas. Additional units \$8 each.) Juvederm \$379/syringe Receive an additional \$50 off with two or more syringes. Smooth and natural results that last longer than Restylane, up to one year! Before After (Model) 50% Off Laser Hair Removal Lip or Chin \$50 • Bikini Line \$85 • Brazilian \$140 Underarms \$75• Lower Arms \$110 • Full Arms \$165 Full Back \$275 • Lower Legs \$165 • Full Legs \$330 (Discounted Single Treatment Prices) No package purchase necessary! Pay as you go or buy five and get one free. Effective and safe on all skin types. Med Spa • Teeth Whitening • Skin Care • Massage Waxing • Hair Studio • Cosmetic Bar • Nail Lounge re:vive salon & spa (Model) 1425 Frazee Road, Mission Valley 866.537.0691 • www.revivesalonandspa.com Owned and operated by: Voted Best Medi-Spa Vishal Verma, M.D. and Vinita Parekh, D.D.S. 2007 CitySearch Some restrictions apply. Not valid with any other offers.

World-Class Surgeon in Baja California



Why consider Plastic Surgery in Mexico?

Our services are state-of-the-art and our plastic surgery is less expensive because the cost structure is lower in Mexico. The money we save operating our business is passed along to our patients. Transportation is available from the Santa Fe Depot or from the border to our facility, which is less than a minute drive from the border.



Why choose Dr. Manuel Romero?

Dr. Romero, Mexico Board-Certified Plastic & Reconstructive Surgeon, has over 12 years of experience working with patients from the United States. Dr. Romero has a passion for the art of reconstructive surgery. With his one-on-one personal approach with his patients, he has proven to be a world-class surgeon.

If you are considering any type of plastic or reconstructive surgery, please call the office of Dr. Romero for a **Free Consultation**.



quiver full of arrows slung across his back. His chief, it seemed, wanted more.

Oliva gave him a second bottle, plus a scolding for bringing weapons to the mission, and again the Indian left.

That night, as Moreno's son sprinted to Santa Margarita for help, Moreno, Lorenzana, and Father Oliva lit candles and torches and tried to illumine as much of the grounds as possible. "There was so much light, it almost seemed like day." Oliva sat on a bench

Oliva sat on a bench while Lorenzana roamed around, checking various rooms for attackers. "As you can well imagine," she recalled 32 years later with a shudder, "we did not sleep at all that night."

The next morning, Sérvulo Varelas, who had led the recapture of Los Angeles, rode up with 30 men. He told the Indians their "attitude made no sense at all, because they and the Californios were one." He gave them food and wine. When he returned, he took Lorenzana and Father Oliva aside. "Go to San Juan Capistrano," he whispered, "*pronto*."

On December 6 and 7, Andres Pico and about 80 lancers defeated General Stephen Watts Kearney's army at San Pasqual. Twentyone of his soldiers died, and Kearney received two serious wounds. But more Americans had come to San Diego and, according to Miguel de Pedrorena, jus-

So many Americans had invaded Alta California that she could no longer wish or even pray — them away.

tice of the peace, "a party of fanatic adventurers called Mormons" was on its way from the east, "well armed with the purpose of taking this country by force." Rumor had it that their leader, Brigham Young, wanted to colonize all of Alta California and drive everyone else out. Some Californios sided with the American forces to defend taking cattle and horses and human lives — tormented Lorenzana. As she approached San Luis Rey, she saw a sight as perplexing as it was nightmarish: a battalion of forces, at least 300 strong, was camped at the mission. But unlike Fremont's savages or Kearney and Stockton's grim regulars, who'd come through in January, the new ones looked like a civilian

themselves from these new

ruary 1847, Father Oliva

asked of Lorenzana a favor:

go to San Luis Rey, bring

back the mission registers,

and find a chalice he'd hid-

den in an arroyo. It could be

dangerous, he added. She

soldiers clogged the region -----

That hordes of foreign

agreed to try.

In the first week of Feb-

invaders.

HEALTH AND BEAUTY

Trust your body & face rejuvenation to a caring,

Board-Certified Plastic Surgeon

Specializing in

- Breast Augmentation
- Breast-Lift
- Tummy Tuck
- Face-Lift/Neck-Lift
- Liposuction
- Eye Rejuvenation
- Endoscopic Brow-Lift
- Botox[®] Cosmetic
- Restylane[®]/Juvéderm[®]
- ArteFill®
- Perlane®



6386 Alvarado Court Suite 340 San Diego **619-286-6446** Financing Available



DIANA BREISTER GHOSH, M.D. Certified, American Board of Plastic Surgery

AMERICAN SOCIETY OF PLASTIC SURGEONS



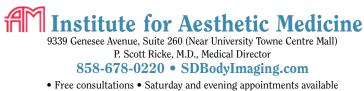
Getting married? Treat yourself to our Beautiful Bride Program[®].

Includes microdermabrasion plus IPL FotoFacial Rejuvenation for the bride and bridal party.



Get back that pre-pregnancy body with VelaShape[™] Cellulite Treatments. 20% off prepaid package of 5.

Botox \$145 per area



 Free consultations
 Saturday and evening appointments availa The California Institute for Aesthetic Medicine, a Medical Corporation.

52 San Diego *Reader* July 31, 2008

army — of skeletons.

Few wore woolen uniforms, and almost every one looked as if he hadn't taken off the filthy, shredded outfit for months. Not many had shoes. Their faces were strangest of all: from their eyebrows to their noses, they were sunburned and blistered, while the skin below their eyes — where foot-long beards, recently shaved, used to grow — was white. The narrow bands across their eyes resembled beet-red masks.

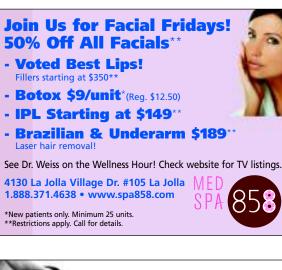
Some did drills and learned to march for the first time, but many were so gaunt and as brittle as twigs, they just leaned against walls for support and swatted fleas.

This was the famous Mormon Battalion, a religious volunteer unit that had come west from Council Bluffs, Iowa, under countless hardships. They arrived in San Diego on January 29, 1847, and moved to San Luis Rey on February 3. Their leader, Colonel Philip St. George Cooke, said, "History may be searched in vain for an equal march of infantry."

Lorenzana didn't see history, just more sharp sabers, more long flintlock muskets tilted against each other like teepees, and more death.

Squads of ten occupied each room — infested it, to Lorenzana's mind. For 30 years she had battled syphilis

HEALTH AND BEAUTY





More Than Cosmetic Botox[®]

Kim Knox is skilled in reconstructive injectables to erase acne pockmarks, depressed scars, etc.

Now offering ArteFill Radiesse, Juvederm, Botox and Laser Hair Removal

Radiance

3307 4th Avenue, Hillcrest • 619-347-5771 (Upstairs, 2nd floor)

Kim Kno:

MS,

PA-C



Close spaces, correct crowding and brighten your smile with **Empress Veneers!**

Porcelain Empress Veneers \$895 per tooth (Reg. \$1100 per tooth)

"Turning back the hands of time through the hands of dentistry"

Featuring Sleep/Sedation Dentistry Sleep through your procedure!

Whiten your teeth up to 8 shades lighter in one hour!

Bleaching Tray with Zoon 2 treatment

(As seen on ABC's Extreme Makeover) \$249 Elsewhere \$600

Exam and Cleaning ^{\$43} In the Absence of Gum Disease. **Down Interest** For 24 Months OAC. No Insurance

 $\bigwedge \circ$

FREE Cosmetic/Implant Consultation **FREE** Orthodontic/Invisalign Consultation **- Reserved** 2nd Opinion Consultation

Also offering: Root Canals Implants Cosmetic Dentistry Also offering: Botox = Juvéderm















Invisalign & Invisalign Express from \$2000-\$4000

We cater to chickens.

www.softtouchdental.com



www.softtouchdental.com

Family and Cosmetic Dentistry and Orthodontics at Clairemont Dr.

Toll-Free: 888-296-6092 www.softtouchdental.com Take a virtual tour of our office online!



Dr. Fakhimi, DMD

- Senior Discounts
- American Express, ATM



and smallpox in mission infirmaries. This plague felt more menacing: it threatened to kill a way of life. So many Americans had invaded Alta California that she could no longer wish ---or even pray — them away.

In the decades to come, several of her *compadres* said the change felt like the end of the world. Lorenzana did as well. Whenever her tristeza (sadness) seemed to wane, a new tragedy would resurrect it. Her life became a series of losses, from departed friends to the destruction of everything she'd known.

Father Oliva died on January 2, 1848. A few weeks later, she complained to the president of friars, "The doors of the church of Mission San Diego have been removed" and silver chalices and candlesticks stolen. "This wickedness and robbery must be attributed to the American soldiers." The assault "has been very sad and painful to me." If asked, she said, she would go to the mission, but since Oliva's death, she had no priest to perform the sacraments ---a must in her daily life and had "no mind to go to San Diego."

Lorenzana had three ranchos, two deeded her by the Mexican government, a rare privilege for a woman (and almost unimaginable for a poor, single woman). A third she bought outright. All three — Jamacha, San Juan de las Secas, and Los Coches - had been mission grazing lands. Before leaving San Diego, she lived part-time at Jamacha. After she left, she entrusted care of the three to her close friend, British-born John Forster, one of the largest landowners in the region.

Around 1850, while she was still at San Juan Capistrano, Forster allowed Captain John Magruder to use Rancho Jamacha to graze U.S. Cavalry horses. Either through "hocus pocus" or americano legalese, the livestock became squatters, and the land eventually fell into Magruder's hands.

"I had placed my trust in Señor Forster," says Lorenzana, "and he violated that

trust by letting others use the rancho," which she never saw again. "And I never heard from Don Juan Forster again either. The truth is that I never received anything in return for the use of my rancho."

The county recorder of January 17, 1853, claims that Magruder paid Lorenzana \$2500 for Jamacha. Philip Crosthwaite, J.J. Warner, and E.B. Pendleton, prominent San Diegans, testified with one hand on the Bible that the terms of the contract "had been fully explained" to Lorenzana.

But when Thomas Savage interviewed her in 1878, Lorenzana angrily told him she'd refused to sell the property and that, somehow, she lost all three of her ranchos. "It is a long story, and I don't want to or Savage added, possibly freeing himself from the need to probe further. "She appears to be a good old soul," he wrote, "resigned to her sad fate."

"Like nearly all Californios of her generation,"

HEALTH AND BEAUTY

Slim down for Summer!



Now offering

Hormone-Assisted Fat Loss Program

- Complimentary medical consultation
- Medically supervised
- Weekly counseling & weigh-ins
- Use of K1 Whole Body Vibration Machine
- Lipovite Injections





Introducing Arasys

^{\$}1500 for 10 treatments Only ^s500 when added to your

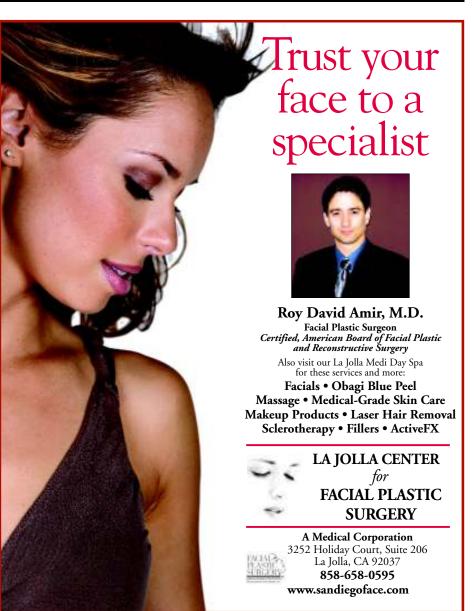
weight loss program.

Offer expires August 13, 2008.



1-888-239-8547 12264 El Camino Real, Suite 204 www.agingbetter.com





writes Genaro M. Padilla, Lorenzana "found herself in the 1870s not only near the end of her life but also at the end of a way of life. The world she had known was receding into a past as unrecoverable as her sight."

When Savage interviewed her at Santa Barbara, Lorenzana was at least 85. She was feeble, impoverished, and "stone blind." The orphan, who experienced all the turmoil of 19th Century California, once again depended on the charity of others. "So it is," she said, "after having worked for so many years, after having had possessions that I did not relinquish through sale or otherwise, I find myself in the greatest poverty, living by the favor of God and from handouts."

Lorenzana lived six more years in that condition, fending off bouts of sadness with thoughts of happier times, as when she would take the sick to the hot springs at Agua Caliente and "bathe them and take care of them."

Model &

Actual Patient

She died in Santa Barbara. The funeral took place at the parish of Our Lady of Sorrows, a church devoted to the seven sufferings of the Virgin Mary. The register entry, written by Jamie Vila, reads, "On April 12, 1884, I gave ecclesiastical burial to the body of Apolinaria Lorenzana, single, about one hundred years of age, a native of Mexico whose parents are not known."

— Jeff Smith

SOURCES:

Beebe, Rose Marie, and Senkewicz, Robert M., eds., Testimonios: Early California through the Eyes of Women, 1815-1848; Lorenzana's recollections, pp. 165–192.

Englehardt, O.F.M., Zephyrin, San Luis Rey, San Francisco, 1921; San Diego, San Francisco, 1920; San Juan Capistrano, Los Angeles, 1922; Santa Barbara, San Francisco, 1923.

Griswold del Castillo, Richard, "The U.S.–Mexican War in San Diego, 1846-1847: Loy-

alty and Resistance," Journal of San Diego History, vol. 49, 2003, no. 1.

Gusdorf, Georges, "Conditions and Limits of Autobiography," Autobiography: Essays Theoretical and Critical, Princeton, 1980.

Haas, Lisbeth, "War in California, 1846-1848," Contested Eden: California before the Gold Rush, Berkeley, 1998.

Padilla, Genaro M., My Historv. Not Yours: The Formation of Mexican American Autobiography, Wisconsin, 1993

Rush, Philip S., Some Old Ranchos and Adobes, San Diego, 1965.

Sanchez, Rosaura, Telling Identities: The Californio testimonios, Minnesota, 1995.

Van Wormer, Stephen, "Legal Hocus-Pocus: The Subdivision of Jamacha Rancho," the Journal of San Diego History, spring 1984, vol. 30, no. 2.

HEALTH AND BEAUTY



GET YOUR BELLY TONED, **TUCKED & TIGHTENED!**

Ask about our other services, including:

- COOL Body Sculpting
- VelaSmooth FDA-approved cellulite treatment
- · Breast enhancement and lifts · Facials, peels, waxing
- Lunch-hour mega peel Face & eyelid lifts
- Tummy tuck Facial & spider vein treatment
- Botox, Juvéderm & Restylane Laser hair removal
- Fotofacial[™] (improves sun-damaged skin and rosacea without downtime)

• Full line of skin care products



Specials good through August 15	
Breast Augmentation (Garment & lab additional) \$3,995	
Liposculpture * (3 areas)	
Tummy Tuck*\$4,995	
*Some weight restrictions apply. Garment & lab additional.	



Certified by the American Board of Surgery 8881 Fletcher Parkway, Suite 241, La Mesa ~ 619-697-1325 www.veinlipocenter.com ~ Financing Available







continued from page 12 istry property. This article strikes me as an unfair portrait of off-road riders.

As a homeowner and landowner, I truly feel sorry for Mr. Alan Inn's misfortunes. However, his approach on developing the land and his approach on pointing and shooting a gun are all wrong. If you unknowingly crossed a property line, do you deserve to be threatened, assaulted, and shot at? I don't think so.

Mr. Alan Inn basically is taking out his frustrations on motorcycle riders who are riding 30-year-old es-

tablished trails. Alan only fenced one side of the Wisdon Ministries property (the west side). Therefore, everyone traveling east to west became trapped and Alan pulled his gun and assaulted them. There were not adequate No Trespassing signs posted by Alan Inn. Even if he did place 50 signs as he says, the odds of seeing one in a greater-thanone-square-mile property are slim. The land is over one mile square! You can enter Alan's property and never know it until you travel one mile and reach the west fence. That is where Alan pulled his gun and shot at the off-roaders.

Alan placed expensive

items in the middle of the desert without fencing, signs, or security. Did he think they would be safe? The desert is full of criminals who come out at night looking for unsecured items to steal and/or vandalize. Read the Borrego Springs newspaper. The theft and vandalism of property in the desert is common. I feel sorry for Mr. Alan Inn that his equipment or property was vandalized. However, this is just not a safe place to leave expensive equipment.

Note: The off-roaders are often the victims of theft. Don't ever leave your camp and belongings unattended at night. These are known facts for off-roaders. Alan Inn should know better and either secure his property or insure it is not left unattended.

Next you should do an article about Mr. Alan Inn's illegal destruction of the desert.

If this Wisdon Ministry land was in San Diego or Borrego Springs, the county would be all over Alan Inn to stop his illegal activities.

(1) You describe Alan Inn as a developer who wants to build a wellness center and resort in the middle of the desert next to an 80,000-plus-acre offroad park and surrounded by privately owned property utilized by off-roaders. Doesn't this wellness center and resort story sound fishy? What is Alan Inn's property zoned for? Answer: residential agricultural.

(a) Who in their right mind would build or visit a wellness center and resort at this location? It is 110plus degrees in the summer and prone to high winds throughout the year. Alan's land is located in what is called the badlands. They have called it that for a reason.

(b) Why is the property owned under the name of Wisdon Ministries?

(c) If he is a developer, why did he not procure the required permits in January 2005 for...

— Grading (over 200 yards requires a permit). Alan has moved tens of thousands of yards illegally. He has topped several large hills. He has bulldozed so much that it just makes you wonder how he gets away with it. Look at a satellite picture of Alan Inn's property in 2004. Next, look at one from 2008. This is ridiculous. For over two years he and a laborer have used a D10-sized dozer, a grater, a backhoe, water truck, and fuel truck to destroy these picturesque badlands. You can never restore the damage that he has done.

— Well permit and five water tanks (never approved).

HEALTH AND BEAUTY



www.riverviewmd.com

Nancy L. Assouline, COO



Specialists and Designers in Women's, Men's & Children's Hair Loss from: genetic (male pattern baldness), hormonal, stress, alopecia, chemo, burn, surgery and trichotillomania

- Nonsurgical and state-of-the-art hair systems, hair extensions, custom wigs, supplies and repairs
- ∞ Confidential and private rooms
- ∞ Over 40 years' combined experience
- ∞ Board of American Hair Loss Council
- Also Offering: ∞ European Keratin Hair Straightening
- ∞ Laser Hair Therapy for Men and Women to Promote Hair Growth

HAIR CLINIC



Call Collette for your complimentary consultation: 619-296-7744

6110 Friars Road, Suite 205 • www.lajollahairclinic.com (1 mile west of 163 Freeway and Fashion Valley Mall. Next to NYPD Pizza)





Refresh • Revive • Rejuvenate

Specializing in TUBA, Transumbilical Breast Augmentation. No scars on the breast! Silicone and Saline Implants. All approaches offered.





Summer Specials: ^{\$} 1000 off breast augmentation ^{\$} 500 off any surgical procedure ^{\$} 100 off any filler or Botox[®]

- Breast Augmentation
- Tummy Tuck
- Liposculpture
- Botox[®], Restylane[®], Juvéderm[®], Artefill[®]
- Nose Reshaping
- Face-lift/Brow-lift
- Eyelid Beautification
- Laser Resurfacing

Robert A. Shumway, MD, FACS

9834 Genesee Ave., Suite 225 • Scripps La Jolla Campus

888.401.3685 Complimentary Consultation www.ShumwayCosmeticSurgery.com www.abetterbreastaug.com



Breast Implant *is right for you?* There are many options when you are considering breast augmentation. Dr. Samimi is board-certified in plastic surgery and has many years of experience using saline and silicone implants. Dr. Samimi will help you make the right decisions in breast augmentation or any other cosmetic procedure.

What type of

Please call and schedule a complimentary consultation to discuss any cosmetic procedure– liposuction, tummy tuck, face lift, laser hair removal.

<u>RevivaMéd</u>

PLASTIC SURGERY Kian J. Samimi, M.D., F.A.C.S. Certified by the American Board of Plastic Surgery

La Jolla • 7300 Girard Ave. #101 La Jolla, CA 92037

Gaslamp Quarter 711 Fourth Ave. #200 San Diego, CA 92101

888-261-1658



Saturday, August 9: "Love Your Look This Summer" \$60 off Botox • 2nd syringe of Juvederm ½ off www.RevivaMed.com for details.

– Construction trailer (no permit).

– Underground electrical and water pipe burial (no permit).

– B&Ps environmental control (nothing).

Even after his arrest, Alan continued to bulldoze these picturesque badlands without any permits or regard for the San Diego County planning, land use, and building requirements.

(2) Take a look at the attached pictures. Do you see any No Trespassing signs? No! Do you see a grading permit posted at the property? No! Do you see the unpermitted construction trailer, the dozer, the large amount of grading? Please

consider doing some research and telling the story of the other illegal activities by Alan Inn. The San Diego County planning and building departments have been aware of Alan Inn's illegal activities. It was officially and properly reported to them in 2005. Case #05-02211. Supervisor Horn's office was even copied. What have they done to stop this activity since it was reported in 2005? It appears, nothing.

(3) This should be your next story. Please consider. Name Withheld

This emailed letter included 28 photos of Alan Inn's land, trailer, and equipment. — Editor

What's The Point?

Despite a promising start, Cranston's article fails to deliver on some basic journalistic principles ("Off-Road on Private Land," "City Lights," July 24). If this isn't just a "dog bites man" report, then what is Cranston's point? Is this a cautionary tale about vigilantism, the hazards of developing once-common lands in the desert, a jab at "evil off-roaders," or a story about an immigrant's tragic end? Too bad, because there is plenty to say about all of these issues. The article falls flat by simply retelling Inn's story without providing key background info like climbing population figures and housing stats in Imperial County, trespassing incident stats from the sheriff, or firm evidence linking off-roader activity to vandalism on Inn's property or crime generally. Simply making inferences without solid research and context is poor journalism. A shame since there is so much irony in a clueless immigrant's attempt to tame the wild west by employing the brutal methods of the outlaw.

Marcus Nenn via email

Something New For Gnarls

Two things I noticed in your most recent issue. You had the riders printed for what bands were going to have backstage (Blurt, July 24). Gnarls Barkley's was interesting. It was also interesting when you printed that same exact one, a year ago when they played Viejas Casino. Tell the music editors we love Barkley. We'd rather read something fresh about them in the Blurt, not the same news we're familiar with.

Second, the idea to do the crossword puzzle this way is excellent. Although as Murphy's Law happens to be, I've yet to complete one now that I can print a message. Great idea on that one. Name withheld

San Diego

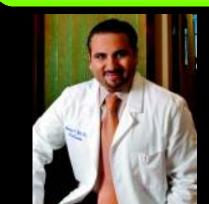
Ignorant Review

Reading Duncan Shepherd's scathing review of The Dark Knight ("Blackout," Movie Review, July 23) was reminiscent of the times I spent participating in the class activities of my AP English language class this year. We had to read each other's essay, make corrections, offer suggestions, and pass the essay for someone else to assess. Getting to my point, there was always that one essay that was not only mind-numbingly boring but completely inaccurate. Shepherd's review of TDK was exactly this.

The Dark Knight was an exceptional film that was made up of all the key com-

HEALTH AND BEAUTY

Skin, Smile & Body Care



P. Alexander Ataii, M.D. Medical Director

LASER CLINIQUE Aesthetic Surgical, Medical and Dental Spa

All our services are offered to men and women and administered by a physician in our state-of-the-art facility. Bring a friend and both receive an additional 10% off.'

BOTOX* \$9 per unit (reg. \$11) Wrinkle reduction. New clients only. Offered daily. No dilution!

JUVÉDERM[™] ULTRA \$399/syringe New clients only. Offered daily.

ACNE THERAPY starting at \$99

LASER HAIR REMOVAL Bikini \$99 • Brazilian \$155 • Back \$300 Purchase any two areas and get one area of equal or lesser value free.

ACTIVEFX" \$500 OFF Only FDA-approved device to increase collagen! Fractional skin tightening and non-surgical face-lift. VIBRADERMABRASION \$99 Crystal-Free Microdermabrasion.

SMARTLIPO[®] **\$400 OFF** any area Laser-assisted liposuction. Dissolves fat, tightens skin, minimally invasive, less discomfort, with faster healing and superior results.

PAIN-FREE LIP AUGMENTATION

449 Dental block and anesthesia included.

MESO-SLIM[™] \$359/area Patented fat and cellulite reduction

VITALIZE PEEL \$125 For a more even skin tone and texture.

4765 Carmel Mountain Road, Suite 207 San Diego, CA 92130 (Torrey Hills Center) (Conveniently located off the 5 or 56 freeways) 888.557.3630

No-interest payment plans available. CareCredit® av *Does not apply to Bo

Log on to www.Laser-Clinique.com to see your procedure in 3D!

FREE Cosmetic Surgery Information Pak[™]*

Plus our new booklet "Warnings & Red Caution Flags" about cosmetic and plastic surgery's hidden pitfalls



Find out what you must know about cosmetic surgery *before* your surgery!

- Before and after photos of procedures Brochures
- Doctor referrals/FREE consultations Surgery pricing guides
- Recovery process and back-to-work time
- Checking out doctors' board certification
- 25 questions to ask your doctor
- How to finance your surgery/low payments

Call 1-800-535-0380 for immediate shipment.

No cost or obligation.

Sponsored by: The Cosmetic Surgery Information Center™ ... a non-profit public benefit organization providing information, education and assistance to the public since 1985.

*Certain restrictions may apply. Paid for by an association of participating Board-Certified Physicians referred by Cosmetic Surgery Information Center. ©2008 COSMETIC SURGERY INFORMATION CENTER, INC.™

FXLift[®] modified face-lift under local with ActiveFX. Call for details.

ponents of a great summer blockbuster: action, suspense, exceptional acting, and a great plot. The action and suspense went hand in hand, since the suspense stemmed from the grand action in the film. For example, as the Batman pursues the Joker on his motorcycle towards the end of the movie, everyone squirms in their seats anxiously awaiting the inevitable: the showdown between the Batman and the Joker. The acting was also phenomenal: the Joker, played by the recently deceased Heath Ledger (R.I.P.), was the best of the bunch. The way that Ledger seemed to capture the essence of the Joker reminded all of us viewers of the sick, twisted persona that we remember from reading the comics. Everyone laughed at the idea of a clown as a villain, but we readers knew of the Joker's sick personality, and Heath Ledger has been the only actor (sorry, Mr. Nicholson) that has been able to truly personify every aspect of that notorious comic book

& Day Spa

Mason Dang, M.D.

Medical Director

Free Consultations!

3603 Fourth Ave.

San Diego

619-543-9814

www.mystiquemedspa.com

Closed Sun. & Mon.

villain. Obviously it helped Ledger that the plot was an intricate creation, something that all actors, producers, and directors wish to work with.

I could go on praising the film, or, better yet, attacking Shepherd, but I feel like everything that I stated, coupled with the actual film, proves how faulty his review of TDK really is. The Dark Knight was nothing short of a fantastic film, and anyone who claims otherwise is ignorant.

Stephen K. Eisermann via email

Starless Dark Knight

For any of you that are new to San Diego, or just new to the San Diego Reader, you might wonder at the way films are rated by the inhouse critic Duncan Shepherd. For your benefit I will explain how he goes about his job.

1. Was the film made by the Coen Brothers? If no, deduct a star.

2. Was it made in France? If no, deduct a star.

3. Was it based on a

HEALTH AND BEAUTY

comic book? If yes, deduct a star.

4. Was it a sequel? If yes, deduct a star.

5. Was it praised by other critics? If yes, deduct a star.

See how easy it is? This is how an excellent movie like the new Batman movie, The Dark Knight, gets no stars. Sending Shepherd out to review superhero comic book-based movies is a patent waste of time; he doesn't like this kind of movie and is incapable of looking at one objectively. It's like someone watching a football game and complaining about what a lousy baseball game it was. He just doesn't get it. Shepherd's taste in films runs so far from the general public's that there is no common ground. Apparently there are a few pinky-waggers here and there who lap up his drivel as if it had a speck of merit or insight.

The four major superhero comic book-based movies to come out this summer, Iron Man, The Incredible Hulk, Hellboy II: The Golden Army, and The



After rhinoplasty and chin implant

Facial Plastic Surgery

San Diego's highest-volume **BOTOX**[®]-providing medical facility in 2005, 2006 & 2007

awarded by Allergan Inc., the makers of BOTOX®

- Rhinoplasty (nose surgery) Face-lifts
- Neck-lifts
- · Eyelid surgery
- Endoscopic forehead-lift
- Endoscopic

(ear reshaping)

Otoplasty

- midface-lift
- Photofacial
 - Fraxel
 - Thermage

Botox®

the face

Laser skin

Restylane

Collagen

resurfacing

• Chemical peels

· Fat transfer to

Dr. Amir Moradi Duke University Trained American Board of Facial Plastic & Reconstructive Surgery For a complimentary consultation: 760-726-6451 2023 W. Vista Way #F, Vista www.face-beautiful.com



SUMMER SPECIALS! Botox \$175 per area (reg. \$225)

> "Summer Special" Package \$149 Green tea detoxifying full-body mask, facial with paraffin mask (delivers anti-aging ingredients, improves texture), and microdermabrasion.

Cosmetic Procedures

Breast Augmentation Breast Reconstruction Face, Neck and Brow Lift Blepharoplasty All medical procedures Double Eyelid Surgery performed by physician Rhinoplasty Fat Injection **Buttocks Augmentation** Abdominoplasty Liposuction San Diego's Unique Medical Botox • Restylane • Perlane • Juvéderm • Radiesse Laser Tattoo Removal Mystique IPL Photofacial Skin Rejuvenation Laser Hair Removal **IPL** Acne Treatment MEDICAL SPA Photodynamic Therapy Medical-Grade Facial Peel Sclerotherapy Spider Vein Treatment Scar, Skin Tags & Mole Removal

> Eyeliner & Lip Liner \$459 (reg. \$600) Spa Services Special Summer Retreat" Package \$159 European facial, microdermabrasion, relaxing full-body

Eyelash Extensions \$119 (reg. \$199)

You! Only better!

IPL Photofacial

Botox

IPL Photofacial \$179

(reg. \$400) Medical grade. Treats age spots, sun damage & helps skin tightening.

Botox \$9 per unit. \$50 off your first treatment (min. 25 units).

Laser Hair Removal

Restylane

Radiesse \$495

Juvederm \$375

Restylane \$445

Perlane \$495

Upper Lip or Chin or Cheeks...\$59 Bikini Line...\$99 Bikini Extended...\$149 Brazilian...\$189 Underarm (Axilla)...\$89

Laser Hair Removal: Legs (Upper or Lower)...\$229 Full Face...\$189 Back (Upper or Lower)...\$249 Abdomen or Chest...\$199

Acne Treatments Blue Light \$75 • Photodynamic \$295 **Sclerotherapy**

Vein Removal \$229

All procedures performed by physician or RN.

Not to be used in combination with any other offer, discount or promotion. First treatment only. Exp. 8/21/08. Call for a free consultation!

COSMETIC LASER & SKIN REJUVENATION CLINIC

3252 Holiday Ct., Ste. 229, La Jolla 888.326.9259 • www.skinclinic.us

Breast Revision

Permanent Makeup

sea salt scrub, plus hand and foot reflexology.

Custom Cuts & Color • Eyebrow Tint Eyelash Perm • Waxing Service All prices expire 8/6/08. Most credit cards accepted.



Spa Treatments

Pampering Package \$150 (3-3¹/₂ hours)

Microdermabrasion, European facial, 1-hour body massage, manicure, pedi-spa, and your choice of: mineral salt scrub, sea mud wrap, detox linen wrap or detox hvdro pack wrap for slimming

Summer Package \$90 (2 hours) European facial, 15-minute back massage, and detox hydro pack wrap for slimming.

Relaxing Package! \$70 (1¹/₂ hours)

1-hour body massage plus mineral salt scrub or detox hydro pack wrap for slimming.

Waxing Full waxing service for men and women.

Specializing in Brazilian waxing.

Deep Cleansing Facial \$55 (1 hour) Includes deep cleaning with steamer, blackhead and whitehead extraction, and 15-minute neck/back/shoulder massage

Skin Treatments

Acne Facial Treatment \$55 (1 hour) Deep cleaning with steamer, blackhead extraction and head/neck/shoulder acupressure

Photo Facial \$99 (1 hour 30 minutes) Microdermabrasion with light therapy treatment, non-surgical, no recovery time. Increases collagen and blood circulation, reduces wrinkles, sun damage, large pores, blemishes and rosacea.

Microdermabrasion \$60 (1 hour) Includes facial, acupressure, and custom masaue. Treats fine lines, wrinkles, brown spots,

pigmentation, acne scars and enlarged pores. The "New Dermosonic" Method Advanced treatment for cellulite and spot

reduction. Abdominal or back 40 min. \$45 Thighs or hips 60 min. \$65 Add any section to figure wrap for only \$10

Deluxe Treatment \$75 (2 hours) Microdermabrasion, European facial, spa pedicure and manicure

Lose weight without going to the gym. Two healthy inch-loss programs:

Figure Wraps \$60 (1 hour) Lose 4"-15". Effective for cellulite, toxic cleansing, blemishes and sagging skin.

Aloe Herb Gel Wrap We use and sell Dermalogica products.

My Skincare Day spa & Nail Salon

Open 7 days/week | 619.220.0565 | 4225 Park Blvd. | San Diego 92103

Parking is in back of the salon. Offers good with this ad. Expires 8/14/08.

Gift certificates available.

Gift certificates available.

VISA

Dark Knight, failed to rate a single star among them. These are all huge at the box office and well reviewed by other critics, but old Dunkyboy says they're all trash. I suppose he imagines himself a lone crusader fighting an uphill battle against Hollywood excesses. Could that be the case? Could he really be a beacon of sanity shining brightly amidst a fog of bad films? Or could he just be an egotistical gasbag unable to get his mind outside the extremely narrow parameters of what he considers to be

Whatever the case, Shepherd has been cranking out his reviews for the past 30 years, and he has been consistent. You can always depend on him to give no stars to superhero movies, most sci-fi and fantasy movies, and anything else that smacks of the fantastic (except of course Jean Cocteau's Beauty and the Beast, because it was made in France)

good filmmaking?

The point of all this, why not have Shepherd stick to reviewing the artsy-fartsy films he is so enamored of and let someone else review superhero/sci-fi/action movies that he so obviously disdains. That way there would be at least a semblance of objectivity involved.

> David A. Lathrap Pacific Beach

The Bottled-Water Magic

Oh, Ollie, Ollie, Ollie. Please, you must stop this masochistic behavior at once ("Remote Control King," July 17). One day, upon filling the carafe of my own instrument of torture, a strange sensation overtook me. Looking into the cloudy sludge that passes as San Diego tap water, I had the most selfish, selfserving urge to fill my little glass vessel with bottled water. I know, I can hear the outrage. We have the cleanest drinking water in the world, yet people pay for bottled water, polluting our oceans and creating literal mountains of nonbiodegradable debris, dooming future generations to tunnel underground in order to escape the eventual lifethreatening scorch of an unrelenting Mother Earth and Sister Sun. Why, look at Angelina Jolie, that arbiter of goodwill, traipsing the globe, clutching her orphans in her withered arms, the result of denying herself sustenance due to the horrors of which she has borne witness. "Oh, God forgive me!" I cried as I filled Mr. Coffee with fresh, crystalclear water from the fridge. I watched as it slowly dripped, dripped, dripped brown lifeblood into the pot, anticipation reaching a crescendo as the color of my witch's brew became almost translucent and thinner in consistency, not the viscous sludge of yesterday. Resisting the urge to pause and serve, I wait until the entire pot is brewed. Hands trembling, I fill my mug and bring it to my lips. What happened next can only be described as a religious experience. The clouds parted, the sun shone, the angels sang. Oh, life-giving elixir, never be-

HEALTH AND BEAUTY

Hair Transplant

One of Hollywood's Top Surgeons Now in San Diego

August Specials

Choose one of these services:

- FREE microdermabrasion with rejuvenation facial from \$65
- FREE 15-minute reflexology with 1-hour body massage from \$65
- Myotonology the art of facial rejuvenation \$75 (\$95 value – First-time clients only.)

Eyelash Extensions

(\$200 value) ***130*** Newest Japanese technique. Lasts 4-8 weeks. All natural.

Permanent Makeup Lip-liner \$200* (\$300 value) Eyebrow \$200* (\$300 value) Eyeliner \$200* (\$300 value) Full Lip \$400* (\$500 value)

Pamper Yourself

(\$145 value) **\$119*** Includes: Deep pore cleansing, European facial, 1-hour full-body therapeutic massage, spa manicure and pedicure. $2^{1/2}$ hours.

9484 Black Mountain Road, Suite D 1-888-595-3340

Mon.-Sun. • Tuesday by appointment Open 7 days a week Visa/MC accepted



Escape a Day Away

(\$210 value) ***154*** Includes: microdermabrasion, 1-hour full-body massage, manicure and spa pedicure. Your choice of a body treatment.

Mini Day Spa

Package (\$100 value) \$85*

Our 1-hour European facial with alphahydroxy peel will purify, smooth, and soften skin texture and appearance, as well as act as a natural face-lift, removing fine lines, freckles and blemishes. Includes a 15-minute head, neck and back massage with acupressure, as well as a spa manicure and pedicure!

Now offering: Botox®, Restylane® and laser hair removal.

Now open in North Park 39421/2 Illinois Street 1-888-595-3327 Tues.-Sun. • Monday by appointment *Must present this ad for special pricing.

www.aboutudayspa.com

day spa > About You and salon

magine hair restoration results so impeccably natural no one may ever guess you had surgery.

Actual Patient

Patient results come first at New Look MD. Permanent, painless and affordable results. One session results, using the latest technique.

Instead of minimum coverage where you must come back again and again, we deliver maximum density, medically safe, for a full, completely natural look.

Natural Looking Results

New LookMD 888-290-6526 La Jolla/Scripps Hospital 9834 Genesee Ave., Suite 428

La Jolla, CA 92037 Oceanside 2103 El Camino Real, Suite 101 Oceanside, CA 92054

www.NewLookMD.com

1750 Hairs **Transplanted** \$1999 Reg. \$2800

 More Hair For Your Money Natural Results

- Fast Recovery
- Compare Our Results
- Offer Ends 8/13/08.

First-time patient offer. 1750 hairs uivalent to 1750 follicles or 700 (21/2 naturally occurring) follicular units

New Client Specials

- Evelash Extension \$99 (reg. \$150) Lasts up to 6 weeks. 5 years' experience.
- Semi-Lash Extension \$35 Lasts up to 2 weeks. Feels as light as your natural lash. Fuller, longer, natural look.

We specialize in bikini and Brazilian,

and use less-painful

blue hard wax.

- Evelash Perm \$35 Natural curl for 3 months
- Wax Services: Bikini \$15 (reg. \$25) Brazilian \$25 (reg. \$40)
- 3 Sessions of Microdermabrasion or 3 European Facials \$119 (reg. \$180)
- Green Herbal Peel \$125 (reg. \$150) - Mini Peel

\$395 (reg. \$450) – Deep Peel, plus one month home care and followup facial.

100% based on herbs and plants. Outstanding success in treatment of: sun damage, wrinkles, premature aging, hypopigmentation, coarse and uneven skin, impurities, enlarged pores, poor circulation, acne, black- and whiteheads, loss of elasticity, and cellulite.

- Mole Removal Sun and age spots, skin tags and warts. Free consultation. Free trial.
- Severe Acne Treatment \$40 (reg. \$55) Great results guaranteed!



Spa Treatment Packages

Package #1 \$55 (reg. \$75) Deep-cleansing facial, manicure, and spa pedicure. $(1^{1}/2 \text{ hours})$

Package #2 \$99 (reg. \$130) European facial, spa pedicure, 45-minute neck, shoulder, full arm and back massage. (21/2 hours)

Package #3 \$80 (reg. \$115) European facial, tummy tightening and fat burning (includes hand and equipment massage), and volcanic ash tightening mask with detoxifying wet belt. $(1^{1/2} \text{ hours})$

Package #4 \$130 (reg. \$155) European facial, 1-hour massage, manicure, spa pedicure, and salt scrub. (23/4 hours)

Package #5 \$140 (reg. \$180) European facial, microdermabrasion, rejuvenation and collagen masks, 1-hour massage, spa pedicure and manicure, and paraffin wax for both hands and feet. (3 hours)



4411 Mercury St. #109, Kearny Mesa 92111 Open Mon.-Sat., Sunday by appointment only. Offers expire August 7, 2008.

Hair transplants

l/graft! Expires 8/31/08. Call for details.





• Free private consultations • Over 28 years of experience • 12-18 months 0% financing OAC Demand the best, and get the most grafts in one session!



Dr. James B. DeYarman, FA.A.C.S. DeYarman Medical Group • 888-869-6982

www.devarmanmedical.com 3252 Holiday Court, Suite 204 • La Jolla

Dr. Parvin Mani is a Pinnacle Award Winner for Thermage Skin Tightening Platinum Award Winner for Restylane Platinum Award Winner for Botox Platinum Award Winner for Juvéderm Fillers

- Fraxel II 4 sessions for \$2500 or \$700 per session
- > Laser Hair Removal Call for special packages
- Botox \$10 per unit. Plus a \$25 gift certificate.
- Thermage **Body Shape** Shape, tighten and develop a firm body by state-of-the-art technology, Therma Tip DC. Minimal downtime non-in
- > NXT Thermage with STC Tip only \$2100 900 pulses tip. Skin tightening

for face and neck, stomach, thighs, or arms.

- **Treatment with** Velasmooth \$750 for package of 10.
- Cellulite **Treatment with** Thermage \$2450 with 1200 pulses cl tip.

Cellulite

- **NXT** Thermage for Eyes with STC Tip only \$1400 2 tips each 225 pulses
- Ask about STC Thermage for hands and lips.
- **Photodynamic** Therapy (PDT) \$295 per treatment.

- **IPL Photo Rejuvenation with** Lumenis One \$145 per session with purchase of four sessions
- > Cosmelan Peel ^{\$}595 Skin depigmentation for brown spots
- > Liposuction \$2500 Body contours are resculpted by removal of subcutaneous fat. Under local anesthetic. Tumescent with minimal recoverv time.
- > Labioplasty \$1495 by board-certified gynecologist.
- > Artefill (the only FDAapproved permanent filler) .8cc syringe \$695* Limited time only. *After \$300 mail-in rebate.

Parvin Pam Mani, M.D., F.A.C.O.G. 5555 Reservoir Drive, Suite 208 (by SDSU, off Alvarado Road) 619-583-7555 • www.sdcosmeticlaser.com Call for a **free consultation.** Facial products and gift certificates available. Saturday appointments available on request. Payment plan available. Se habla español. Offers expire 8/30/08.

A Woman's Sexual Well-Being

Laser Vaginal Rejuvenation for the enhancement of sexual gratification.

Designer Laser Vaginoplasty aesthetically beautifies the vulva.

G-Spot Amplification a simple, 10-minute procedure that may enhance sexual arousal & gratification.

Our mission is to empower women with knowledge, choice and alternatives.

Call Today For A Free Consultation 760. 321-5544

Find much more information online at www.lvrsocal.com

Elliot Lander, M.D., F.A.C.S.

Dr. Lander is the only San Diego-area physician trained by the Laser Vaginal Institute of America. He is a board-certified urologist who can completely re-sculpt, tighten and rejuvenate the vagina with a one-hour laser procedure.

Laser Vaginal Rejuvenation and Designer Laser Vaginoplasty have been featured on Dr. 90210.

Platinum Award Winner for Perlane 50 off second syringe on the same day.

- > Perlane \$449 per 1cc syringe. World's most popular filler. Restylane \$399 for 1cc (reg. \$450). Restylane Platinum
 - Award Winner. \$25 rebate per syringe
- Juvéderm \$349 per syringe (reg. \$450).
- Radiesse \$495 1.3cc syringe (long lasting)

fore have I felt this way! You are indescribably delicious, and my love for you reaches depths before uncharted. I genuflect in your presence! And so, Ollie, I implore you. Stop this self-flagellation. Get off your couch, go to the nearest grocery store, and buy yourself the largest container of purified water you can find. Make your coffee with it. I won't tell anyone if you don't. It will be our little secret.

Lorie Grant via email

Phantom Treatment

I found Stephen Dobyns's cover article very informative and troubling ("She Told Me My Arm Was Gone," Cover Story, July 10). It troubled me that the techniques developed by Dr. Ramachandran more than a decade ago for the treatment of phantom limb problems go mainly unused in his home area. I first learned of Dr. Ramachandran shortly after his first book was published. Not long after that I viewed a documentary on him on KPBS. The findings appeared to be dramatic progress in a troubling area. I assumed that by this time his technique would be widely used, especially in San Diego. I queried a most reliable source in the medical community for an explanation. Sometime ago,

Dr. Ramachandran refused to see several patients this highly respected physician referred to him. There can be understandable reasons for that. But what was also stated was even more troubling. Local physical therapists and rehabilitation specialists have not been encouraged or taught to use these treatments by Dr. Ramachandran! This needs investigating and a followup report by the author.

R. Larry Schmitt, M.D. Mission Hills

During the last decade I have been involved almost entirely in basic medical research on pain management and have not been involved in routine medical care. I tend to be very busy, often moving on from one research project to the next. My e-mail is often erratic since I am frequently out of the country. I don't recall the specific instances cited by your reader. Therapists need to come to our center if they need training. It would be hard for me, given my schedule, to visit each such facility in San Diego. I am sorry for any inconvenience caused. — V.S. Ramachandran

Shame On All Of You

Reading the July 10 article "Troublemakers Unlisted" ("City Lights") by Joe Deegan (about the Republican Central Committee), I was not sure why anyone would be interested in the information. By the time I finished I was outraged. Is this another "elephant" in the room (pun intended)? My acceptance of how much corruption there is all around us has reached new heights.

How and why do people get away with this behavior? Is it so common that we ignore the ethical implications and outright injustice of these dirty tricks? Is this politics as usual? If I was one of the people who was conveniently "left off" the slate of candidates on the mailers for election to the Republican Central Committee, I would be pursuing some kind of legal action against the perpetrators. The actions of the supposed leaders/deciders is heinous.

It is hard to believe that the report is true. Maybe I am more naïve than I thought. Is being forced to pay to have your name on the slate okay? Are state assembly/state senate officeholders (or past candidates) honestly selecting the 17 ex officio members to serve on the Central Committee? Maybe they choose their friends or those who will toe the party line? Was Brian Bilbray's 21-year-old daughter Brianna qualified or just paid big enough to get on the slate?

The worst part of all this is the money trail. It is so obvious what this activity is about. Bribes in the form of contributions from loyalto-the-party developers and businessmen trickles down to organizations that in turn give the money to other organizations who will make sure the officials who do get elected are friendly to development. Legal? Maybe. Fair and democratic? Definitely not. Shame on all of you who are a part of this deceitful, deceptive practice. How do we fix this?

Jennifer L. White Mission Valley

5 Benefits

Mario S. Yco, MD, FACS

477 N. El Camino Real,

Suite A-210, Encinitas

Other categories available

for sponsorship include:

Acupuncture, Cosmetic

Fillers, Hormone Therapy,

Permanent Makeup and

Call 619.235.3000 to speak

with a sales representative.

Evelid Surgery.

760-944-4211

facesurgery.com

The Place, Not The People

I have a comment on your June 5 cover story, "There's Been an Accident," by Staci Thrasher. I am the "cemetery director" referred to on page 29. Unfortunately, the writer implies that my comment on an area of the cemetery as "less desirable" refers to the individuals interred in that area, because she writes, "I think Jadean would be much happier with the undesirables." Nothing could be further from the truth. I used the term "less desirable" in describing the fact that the location is next to a street, making it less attractive to families who prefer a quieter location when visiting their loved one. John Vargas

General Manager Ramona Cemetery District



2 Who is a candidate? 3 Your eye exam 4 Surgery 5 After surgery



Farzad Yaghouti, MD Global Laser Vision 6950 Friars Rd., Suite 100 Mission Valley 800-438-5274 globallaservision.com

The professionals who provide this information are solely responsible for its content. This information

does not address all medical situations, nor is it intended to replace a medical consultation. It is provided free, but if calling from outlying areas, you may incur toll charges on your telephone bill.

Your **Mind**. Your Health. It's time for Transformation. Make the change.

Diabetes, asthma, chronic pain, and much more.

Altered States Research Group 877-544-2774 AlteredStatesResearch.com





San Diego Reader July 31, 2008



Health Beauty Guide Free 24-hour hotline for frequently asked questions: 619-233-9797 Call anytime and enter a four-digit extension, or visit our website: SDReader.com/health Extension 7040

Extension 7070 Botox 1 What is Botox?



Venus Medical 3166 Midway Dr., Suite 105, Point Loma 619-758-9875 venusmedical.com

Extension 7160 Tanning **1** About us

2 Benefits of tanning 3 UV-free instant tan 4 Vertical booths v. beds 5 Hollywood Tans membership



Hollywood Tans 7 locations in San Diego & N. County. Call toll-free for the one nearest you. 877-TANS 1-2-3 hollywoodtans.com

Breast Surgery/ Augmentation 1 Breast augmentation 2 What type is right for you? 3 Breast lift **4** Breast reduction 5 Male breast surgery



Kian J. Samimi, MD 711 Fourth Ave. #200 Downtown 7300 Girard Ave. #101 La Jolla 888-400-9159

revivamed.com

Extension 7030 Laser Hair Removal

1 What is it? 2 How does it work? 3 How is it performed? 4 What does it feel like? 5 Best candidates



Farzad Yaghouti, MD Global Laser Cosmetics 6950 Friars Rd., Suite 100 Mission Valley 866-237-8566 globallasercosmetics.com

Dr. A. Shojania Extreme Smile Makeover 5927 Balboa Avenue Clairemont 858-751-5733

4 Veneers & teeth whitening

5 Crowns, bridges & surgeries

Extension 7050 Weight Loss

1 What should I eat? 2 How much can I lose? 3 Body Mass Index (BMI) **4** Is the Atkins Diet safe? 5 Exercise: How much?



Viva Wellness Medical Group 3166 Midway Drive, Suite 105, Point Loma 619-222-5433 vivawellness.com



Women in Summer

Films and Picnics in the Park

n the past, if we had a French exhibition, we'd show French films," says Golda Akhgarnia, public relations coordinator for the San Diego Museum of Art. "This year we're celebrating a 'summer of women' theme at the museum, so we selected five films that have female leads."

The museum is featuring two exhibits — Georgia O'Keefe and the Women of the Stieglitz Circle and Eleanor Antin: Historical Takes.



Each Thursday during the summer (beginning July 31 and ending August 28) the museum will host its free sumalled "Screen on the

mer-movie program called "Screen on the Green."

"A lot of people will arrive early, two or three hours before the film starts, to get a good spot," says Akhgarnia. "They set up blankets, some bring low-backed chairs, and have picnics or full-on meals. One year a woman had pizza delivered. Some will bring games — like Apples to Apples or Frisbee to play while they're waiting for the film to start."

Dogs, which are allowed in the park, are often found beside their owners at screenings. In accordance with city regulations, no smoking is allowed in Balboa Park at any time, nor are glass containers. Alcohol is permitted only until 8 p.m., the time the movies are scheduled to begin.

"Last summer I met people who put their younger children and babies into pajamas because they always fall asleep before the end of the movie," says Vas Prabhu, the museum's deputy director for education and interpretation. "When I met them, they were leaving with these kids on their shoulders, going home to bed." The average attendance is 1000. "You may get a little chatter," says Akhgarnia of the crowd, "but for the most part it's like being in a theater. Everyone's really respectful."

The movies are projected onto an inflatable screen temporarily erected on the lawn near the Botanical Building, just east of the museum. In the past, the movies were shown



on the east wall of the museum itself, but a Mexican fan palm tree has grown over the area. Prabhu explains that the museum consulted with tree experts and decided to move the screen rather than trim the palm.

This season's show was curated by KPBS film reviewer and "San Diego's self-appointed movie maven" Scott Marks.

"It's not only outdoor screenings, but also the age of the audience I have to consider," says Marks. "*The Parent Trap* is a film beyond criticism. Hayley Mills was my first big crush. It's infinitely better than the crappy remake. I picked *Shop around the Corner* because I think *You've Got Mail* is garbage. If you like the Velveeta, you're going to love the real cheese." Some movies do not lend themselves to outdoor viewing. "*Lawrence of Arabia* is a great coffee-table movie, but to show that film letterboxed on [an inflatable] screen with a thousand people would not do it justice," says Marks. "A big, long epic where you're sitting on a blanket for three or four hours would just not work."

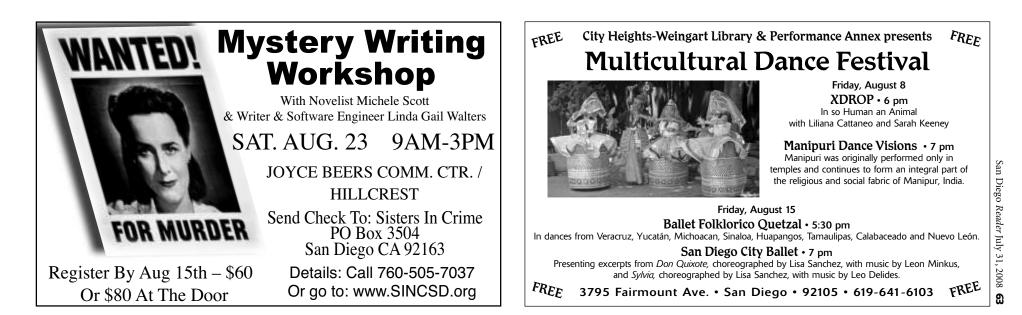
Before each film, Marks plays a vintage cartoon, like a Looney Tunes feature or Popeye. "That way we can start it a little early. No one feels guilty if the sun is up and we show a cartoon, but you really can't start the film before 8 o'clock — the sun has to be down."

Sabrina will play on August 7. "I would not do anything related with women and old films and not show an Audrey Hepburn film," says Marks. "She is everything in cinema. She's perfect. Angelina Jolie should sit and take notice."

— Barbarella

Screen on the Green: Summer Movies at Balboa Park Thursday, July 31 (every Thursday through August 28) 8 p.m. East Lawn, near the Botanical Building and Casa del Prado Balboa Park Cost: Free Info: 619-232-7931 or sdmart.org/calendar-screen-on-thegreen.html

To get an online version of this story, go to sdreader.com. You can print it, email it to friends, and get other stories on the same subject or stories by this author.





HOW TO SEND US YOUR

LISTING: Contributions must be received by 5 p.m. Friday the week prior to publication for consideration. Do not phone. Send a complete description of the event, including the date, time, cost, the precise address where it is to be held (including neighborhood), a contact phone number, and a phone number (including area code) for public information to READER EVENTS, Box 85803, San Diego CA 92186-5803. Or fax to 619-881-2401. You may also submit information online at SDReader.com by clicking on the events section.

DANCE

"Mad Hot Ballroom" Jean Isaacs San Diego Dance Theater's Fundraiser for tenth anniversary "Trolley Dances" planned in NTC Promenade Command Center Rose Garden (reception follows at Solare Ristorante and Lounge). Dust off your dancing shoes for afternoon of ballroom and Latin dance lessons, wine and cheese, "a taste of site-specific dance by the San Diego Dance Theater dancers," live auction, Reservations: 619-225-1803. Sunday, August 3, 4 p.m.; \$75. NTC Promenade, 2825 Dewey Road. (POINT LOMA)

Contradance with Guest Caller

Marv Keith Cornett Eustis from the Southeast calls, the Usual Suspects provide music for San Diego Folk Heritage contra dance. (8 p.m.). Beginner's workshop: 7:30 p.m. Wear soft-soled shoes. 619-283-8550. Friday, August 1, 7:30 p.m.; \$8. Trinity United Methodist Church, 3030 Thorn Street. (NORTH PARK)

English Country Dancing Chris Page calls for English country dancing. Beginners' instruction at 6 p.m. 858-676-9731. Sunday, August 3, 6 p.m.; \$6. Jean Hart Academy of Dance, 12227 Poway Road. (POWAY)

Hip-Hop Don't Stop! Latest dance steps taught by instructor/dancer Prince on every Thursday. 858-635-1211. Thursdays, 7 p.m.; through Wednesday, December 31, 2008, \$10. Dancing Unlimited, 4569 30th Street. (NORTH PARK)

Salsa This Summer! Six-week session imparts basics of salsa dance technique. No previous experience or partner required. Registration: 619-299-6387. Thursdays, 7:30 p.m.; through Thursday,



A GUIDE TO UNEXPECTED SAN DIEGO AND BEYOND | BY JERRY SCHAD

ere's a bicycle ride that's practically a land-based equivalent of the harbor cruise covering north San Diego Bay. Over an out-and-back stretch of 16 miles, you're seldom far from the water, and the ease of gliding over nearly flat terrain lets you concentrate on the sights. Water fountains and public restrooms are available at frequent intervals along the route.



Quiet moi ng on harbor Drive to find if you arrive during favorable early-morning hours. Wend Harbor Island, there's a mix of hotels and pedestrian sideyour way north along the Embarcadero, passing the Maritime Museum's Star of India sailing ship. According to the city's North

Start at or near the foot of

Broadway (Broadway and Harbor

Drive), where parking may be easy

Embarcadero Visionary Plan, this entire stretch of waterfront will be transformed into a pedestrian

and picnic-friendly park several years from now. For now, at least, the right-ofway for pedestrians and bikes consists of a meandering concrete pathway next to concrete seawalls

A somewhat noisy stretch follows as you continue west toward the airport. The gently curving pathway threads between busy Harbor Drive

and a Coast Guard base and rent-a-car facilities. Just south of the airport, the path angles toward hotel-dotted Harbor Island --- itself not a true island but rather a long, thin artificial peninsula built of sand dredged from the bottom of San Diego Bay. Take a spin around the entire peninsula, using the lightly traveled Harbor Island Drive to do so (the sidewalks on both sides of the road are for pedestrians only). From this vantage, San Diego's downtown skyline ever more befitting of a major city - emerges gray and somber in the morning mist and gleams in the afternoon sunshine.

Back at the Harbor Island entrance, resume your travel west on the bike path/sidewalk. After about one more mile. scoot over to the sidewalk on the Harbor Drive bridge, which goes over an arm of the bay. Continue west, passing some Navy facilities and two traffic lights, to a frontage road on the left. At

August 21, 2008, \$75. Ages 8 and up. Metro Dance, 5304 Metro Street, Suite B. (LINDA VISTA)

Salsa and Latin Dance Party DJ plays salsa, Latin, and requests for dancing for singles and couples of all ages. Salsa lesson at 8 p.m.; open dancing 8:30-10:30 p.m. First time free. 619-275-3533. Saturday, August 2, 8 p.m.; Pattie Wells' Dancetime Center, 1255 West Morena Boulevard. (BAY PARK)

USA Dance Party Wide variety of music, first Saturday of each month. Lessons at 7 p.m., dancing 8-11 p.m. All ages, abilities. 760-525-5124. Saturday, August 2, 7 p.m.; \$7. Dance North County. 535 Encinitas Boulevard, Suite 100. (ENCINITAS)

FILM

Shrek the Third Shrek, Fiona, and company return for family movie night in park. Games, re-

lays, Shrek-themed crafts (starting at 5 p.m.). Bring low-back chairs, blankets. Flick starts at dusk (around 8 p.m.). 760-434-2843. Saturday, August 2, 5 p.m.; Poinsettia Park, 6600 Hidden Valley Road. (CARLSBAD)

The Band's Visit A fading Egyptian police band accidentally arrives in a desolate Israeli village and must spend the night with locals. The subversive parable screens for Film Forum. In Hebrew and Arabic with English subtitles. 619-236-5821. Monday, August 4, 6:30 p.m.; San Diego Public Library, 820 E Street. (DOWNTOWN)

Wiener Takes All: A Dogumentary chronicles "the surprisingly cutthroat world of competitive wiener dogs" screens as Classics 4 Kids fund-raiser. Preview party at 6 p.m., screening at 7 p.m. 619-291-3111. Sunday, August 3, 6 p.m.; \$15-\$25. Joyce Beers Community Center, 1230 Cleveland Avenue. (HILLCREST)

Screen on the Green Outdoor film series gets under way with James Stewart and Margaret Sullivan in 1940 flick The Shop Around the Corner (it was the inspiration for the more recent You've Got Mail). Screenings take place on east lawn, near Botanical Building and Casa del Prado. 619-232-7931. Thursday, July 31, 8 p.m.; San Diego Museum of Art, 1450 El Prado. (BALBOA PARK)

Sunday Dive-In See Happy Feet as part of Splash Sunday fun; catch flick while floating in a tube or splashing in pool. 760-940-WAVE. Sunday, August 3, 7 p.m.; \$6-\$8. Wave Waterpark, 101 Wave Drive. (VISTA)

"Don't Bug Me! Brothers, Sisters, and Other Annoying Creatures" Patchwork Players Story Theatre present storytellers James Nelson-Lucas and Patti walks, and again you must ride on the roadway itself in order to cover the island's complete length. The trip back to the

foot of Broadway can be quick and a little more direct. Use Scott Street to reach Harbor Drive, then retrace the bike path/sidewalk paralleling Harbor Drive.

SAN DIEGO BAY BIKE RIDE

Enjoy some of urban San Diego's best vistas on the triedand-true spin to Harbor and Shelter islands.

Distance from downtown San Diego: 0 miles Biking length: 16 miles round trip Difficulty: Moderate

your earliest convenience,

pick up the sidewalk that

curves left along the bay

shore, passing boat docks

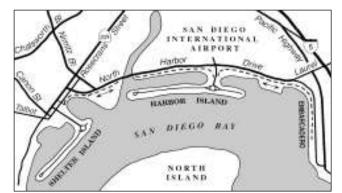
and sportfishing terminals.

to Scott Street, and then

down Shelter Island Drive

toward Shelter Island. As on

Work your way around



FOR KIDS

The largest indoor 100-yard

climate-controlled shooting range

on the west coast!

Rifle • Pistol • Shotgun • Archery • Black powder

Free gun rental

*N*ith this ad

Indoor shooting range:

\$12 first hour and

\$6 each additional hour.

See website for rental policy.

SHOOTING RANGE

2082 Willow Glen Drive

El Cajon

619-442-9971

www.p2Krange.com

ROJECT

Christensen, 858-573-5007. Thursday, July 31, 10:30 a.m.; Mission Valley Library, 2123 Fenton Parkway. (MISSION VALLEY)

"Harry Potter Ball" Muggles invited to celebrate Harry Potter's birthday with activities, music, dancing, treats. Costume, trivia contests. 760-435-5577. Saturday, August 2, 2 p.m.; Oceanside Library, 330 North Coast Highway. (OCEANSIDE)

ventriloquist Lynn Trimble takes stage through Sunday, August 3. Next up: King Midas: The Golden Touch, performed by Big Joe Puppet Productions, August 6-10. Curtain rises at 11 a.m., 1, and 2:30 p.m. Wednesday-Sunday. 619-544-9203. Thursday, July 31, 11 a.m.; Friday, August 1, 11 a.m.; Saturday, August 2, 11 a.m.; Sunday, August 3, 11 a.m.; Wednesday, August 6, 11 a.m.; \$3-\$5. Marie Hitchcock Puppet Theatre, 2130 Pan American Road West. (BALBOA PARK)

Giddy Up, Cowboys Comic

Thoroughly Modern Millie San Diego Junior Theatre season closes with this Tony Award-winning musical set in New York City in 1922, "filled with frisky flappers, dashing leading men, and a villainous dragon-lady." For all ages. Performance on August 9 is ASL interpreted. Reservations: 619-239-8355. Thursday, July 31, 7 p.m.; Saturday, August 2, 2 p.m.; Sunday, August 3, 2 p.m.; \$8-\$13. Casa del Prado Theater, 1650 El Prado, Suite 208. (BALBOA PARK)

Gypsy Belly-Dance Classes Leilainia leads summer intensive seven-week dance class for those 6-12 years old. Participants learn traditional Middle Eastern drum rhythms and tambourine Gypsy dance. Fee: \$68 for seven weeks. 619-295-2773. Wednesdays, noon; through Wednesday, August 13, 2008, \$68. Ages 6 and up. Studio in North Park, 3800 30th Street. (NORTH PARK)

Pet Pals Kids Club Kids 6-13 have "fun with other animal-loving kids." Required reservations: 619-243-3432. Saturday, August 2, 10 a.m.; \$15-\$75. Ages 6 and up. San Diego Humane Society and SPCA, 5500 Gaines Street. (LINDA VISTA)

IN PERSON

"Stripped" Eddie Izzard's 2008 American tour hits stage. Tickets available through Ticketmaster (619-220-TIXS). Friday, August 1, 8 p.m.; Saturday, August 2, 8 p.m.; \$52-\$75. Spreckels Theatre, 121 Broadway. (DOWNTOWN)

Run Author Ann Patchett celebrates paperback release of her most recent book with reading. Among Patchett's wonderful books: Bel Canto and Truth and Beauty. Book sale, signing follow. 760-753-7376. Wednesday, August 6, 6:30 p.m.; Encinitas Library, 540 Cornish Drive. (ENCINITAS)

A Priest and a Poet Noted Zen Buddhist priest Zoketsu Norman Fischer discusses his new book, Sailing Home: Using Homer's Odyssey to Navigate Life's Perils and Pitfalls. "Fischer deftly incorporates Buddhist, Judaic, Christian, and popular thought, as well as his own unique and sympathetic understanding of life, in his reinterpretation of Odysseus's familiar wanderings as lessons that everyone can use." 858-456-1800. Thursday, July 31, 7 p.m.; D.G. Wills Books, 7461 Girard Avenue. (LA JOLLA)

Author Speaks Pennsylvania Dutch Dialect! Local author Ron Yeakley — who grew up among the Amish — speaks about his





Information Center in Mission Bay or Baja Mex. Insurance near the San Ysidro border and get our VLP discount card for just \$101

> Save hundreds on dining, rooms, golf and morel Also, the card has access to phone numbers for information and assistance in English.

> > México

Reader July 31, 2008 San Diego

(800)310-9

<section-header><section-header><section-header><section-header><section-header><section-header><text><text><text><text>

FRIDAY NIGHT LUAUS ON MISSION BAY!

JULY 5* THROUGH SEPTEMBER 5 6:00–9:00 PM lecause of the holiday, our first luau is on Satura

ENTERTAINMENT BY PRIDE OF POLYNESIA Authentic luau and show with live Hawaiian music, lei greeting, and Polynesian buffet overlooking Mission Bay PURCHASE TICKETS AT THE CATAMARAN GIFT SHOP OR ONLINE

WWW.CATAMARANRESORT.COM/LUAU
 \$78 ADULTS • \$25 CHILDREN 5-11 YEARS * FREE FOR CHILDREN UNDER 5

FOR MORE INFORMATION 858.539.8666 CATAMARANR E S O R T H O T E L

3999 MISSION BOULEVARD • SAN DIEGO, CALIFORNIA 92109 • CATAMARANRESORT.COM

Everyone complains about **PowerPoint**

We do something about it

Death by PowerPoint—that's what it's called. Before you even begin, your audience is bracing for another unattractive and annoying onslaught of bullet slides. To compensate, you need to exceed expectations.

Enter the PowerPoint Live User Conference, the finest instruction in the world for presentation professionals, and it is here in San Diego this fall. You'll learn much more than just how to avoid ugly slides—you'll learn how to be more productive and efficient, how to craft a better message, and how to deliver that message more effectively. If everyone attended PowerPoint

> Live, the program would not have such a bad reputation. You can escape that fate by reserving one of our remaining seats today.

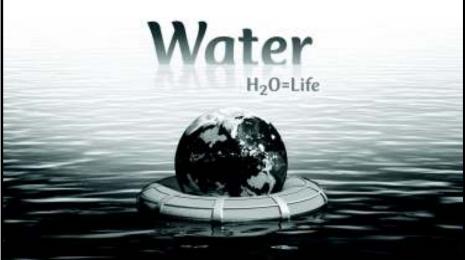
> > Stop complaining and do something about it! Conference host Rick Altman has improved the skills and careers of 15,000 content creators. Never commit Death by PowerPoint again.

- Choose from three concurrent tracks of seminars, focusing on efficient and effective use of the software.
- Visit the hands-on Help Center, staffed all day with PowerPoint experts.
- Meet the program developers and make suggestions about future versions.
- Enjoy our networking and social events each day

 Special discount for S.D.
 Weekly Reader patrons.
 Visit pptlive.com/reader for complete details.

THE **POWERPOINT LIVE** USER CONFERENCE Sep 21-24 • San Diego call 925.600.PRESENT

visit www.powerpointlive.com



Celebrate water, our natural resource more valuable than oil, more precious than gold—the essential ingredient of our life, culture, history and future.

Enjoy hands-on exhibits, videos and interactive media, specimens, and artifacts that will forever change your view and appreciation of this common yet invaluable substance.

July 19 through November 30, 2008



SAN DIEGO NATURAL HISTORY MUSEUM Your Nature Connection | www.sdnhm.org

*Organized by the American Museum of Natural History (www.amnh.org) and the Science Museum of Minnesota, in collaboration with the San Diego Natural History Museum, Great Lakes Science Center, The Field Museum, Instituto Sangari (São Paulo, Brazil), National Museum of Australia, Royal Ontario Museum, and Science Centre Singapore with PUB Singapore.



Where do you go to get an International Driving Permit?

AAA is the only authorized provider of International Driving Permits (IDPs) in the United States.

Why carry an International Driving Permit?

Some countries don't recognize a driver's license from the United States as identification but do accept an IDP.

You can obtain an IDP while you wait at any AAA office.

Here's what you'll need:

• A completed IDP application along with a \$15 application fee

• Two original passport-size photos with your signature on the back (AAA can take your photos: \$8 for members, \$15 for non-members)

• A current driver's license from your home state or U.S. territory

• You must be at least 18 years of age to apply for an IDP

AAA has 10 offices conveniently located throughout San Diego County. Please visit your nearest AAA office today to plan your next vacation!

Chula Vista

569 Telegraph Canyon Road (619) 421-0410

Clairemont 4973 Clairemont Drive #C (858) 784-6670

Del Mar 2666 Del Mar Heights Road (858) 794-3370

Encinitas 499 North El Camino Real (760) 635-4070

Escondido 800 La Terraza Boulevard (760) 740-5295

Reader

Reader July 31, 2008

Grossmont

8765 Fletcher Parkway (619) 644-5170

> **Oceanside** 3330 Vista Way (760) 930-7570

Poway/Sabre Springs 12630 Sabre Springs Pkwy (858) 780-8088

Rancho San Diego 3605 Avocado Boulevard (619) 660-3770

San Diego/Mission Valley 2440 Hotel Circle North (619) 681-1570



mystery novel *Death Takes a Buggy Ride.* Also: book sale, signing. 760-753-7376. Thursday, July 31, 6:30 p.m.; Encinitas Library, 540 Cornish Drive. (ENCINITAS)

Comedy at Calypso Headliner Claude Shires is joined by Wally Wong and Howard Richmond for show featuring four-course French-Caribbean dinner and show. Reservations: 760-632-8252. Sunday, August 3, 7 p.m.; \$39. Ages 21 and up. The Calypso Café, 576 North Coast Highway 101. (ENCINITAS)

International Suspense! Author Timothy Hallinan signs *The Fourth Watcher: A Novel of Bangkok.* 858-268-4747. Friday, August 1, 7 p.m.; Mysterious Galaxy Books, 7051 Clairemont Mesa Boulevard, Suite 302. (CLAIREMONT)

Legal Thriller Author Robert Tanenbaum discusses and signs his newest book, *Escape*. 858-454-0347. Thursday, July 31, 7:30 p.m.; Warwick's Bookstore, 7812 Girard Avenue. (LA JOLLA)

Meet a Pet Psychic Author, pet psychic Suzan Vaughn offers private readings, book signings. Fee: \$25 per 15-minute session. 619-523-1700. Saturday, August 2, 12:30 p.m.; \$25. Dog Beach Dog Wash, 4933 Voltaire Street. (OCEAN BEACH)

Open-Mike Wednesdays All types of music comedy, poetry, "whatever." Drum friendly. All ages until 9:30 p.m. Sign-ups start at 6:30 p.m. No cover. 619-447-5665. Wednesdays, 7 p.m.; Thornton's Irish Pub and Grill, 1221 Broadway. (EL CAJON)

Saved by Lava! Jay Kopelman discusses and signs *From Baghdad* to America: Life Lessons from a Dog

Pacific Coast Skydiving

^{\$}125* Tandem

* Scenic flights over the ocean

and downtown San Diego

* Jump from altitudes over

2 miles above the ground

* Ask about RVT video technology

Call or go online for reservations.

(619) 661-0194

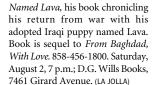
www.pcskydiving.com

Open 7 days a week • MC/Visa

Gift certificates available.

*Must purchase \$70 video (\$195 total cost). Weekdays only.

Add \$20 for weekend jumps.



Up for Speculative Fiction? Author Nalo Hopkinson signs *The New Moon's Arms.* 858-268-4747. Wednesday, August 6, 7 p.m.; Mysterious Galaxy Books, 7051 Clairemont Mesa Boulevard, Suite 302. (CLAIREMONT)

LECTURES

"Ancient Chinese Bronze, 600-200 B.C." Pieter Meijers, consultant to Los Angeles County Museum of Art in field of conservation, speaks for Asian Arts Council. 619-232-7931. Thursday, July 31, 1 p.m.; San Diego Museum of Art, 1450 El Prado. (BALBOA PARK)

"Ancient Marks: The Sacred Origins of Tattoos and Body Marking" Documentary photographer Chris Rainier talks about work in this exhibition (continuing through August 24). He has traveled world depicting rituals, traditions of cultures, seeking to capture origins of tattooing and body-altering art. 760-435 3720. Thursday, July 31, 7 p.m.; Oceanside Museum of Art, 704 Pier View Way. (OCEANSIDE)

More on Ink and Its Origins Photographer Chris Ranier discusses his career and photographs of tattoos and body markings from around the world. Signing follows. 619-238-7559. Friday, August 1, 7 p.m.; Museum of Photographic Arts, 1649 El Prado. (BAL-BOA PARK)

"China: Fragile Superpower" UCSD scholar Susan Shirk plans lecture on China's rapid growth, effects on its leaders, in conjunction with "People, Prints, Politics: China 1920-1980" exhibition. 619-239-2001. Wednesday, August 6, 6:30 p.m.; \$2-\$12. San Diego Museum of Man, 1350 El Prado. (BALBOA PARK)

"Creating a Garden Oasis" Ed Simpson demonstrates how to create a simple water garden to serve as an oasis in a drought-tolerant landscape. Simpson is owner of Santa Fe Nursery. Advance registration: 760-436–3036 x206. Saturday, August 2, 9:30 a.m.; \$30-\$35. Quail Botanical Gardens, 230 Quail Gardens Drive. (ENCINITAS)

"Insight Seminar: Sight Unseen"

Artists from all phases of production process meet with patrons in "lively exchange of ideas and insights" to enhance the theatergoing experience. Seminar concludes with informal champagne reception. 619-23-GLOBE. Monday, August 4, 6:30 p.m.; \$3-\$5. The Old Globe Theatre, 1363 Old Globe Way. (BALBOA PARK)

"Learn to Paint with Pastels" Soft pastels specialist and art teacher Judy Nachazel is guest demonstrator when Pastel Society of San Diego gathers. 858-453-7899. Sunday, August 3, 1 p.m.; Mission Valley Library, 2123 Fenton Parkway. (MISSION VALLEY)

"Manage Your Finances Online" Learn tips for using Internet and Internet banking to manage daily finances. RSVP: 619-278-5724. Wednesday, August 6, 11:30 a.m.; San Diego Metropolitan Credit Union, 9212 Balboa Avenue. (KEARNY MESA)

"Managing Your Financial Records" Gain insight on benefits of being organized; learn simple ways to improve record keeping. Workshop covers why some record-keeping systems fail, what to have handy in case of a natural disaster, more. RSVP: 619-278-5724. Thursday, July 31, 11:30 a.m.; San Diego Metropolitan Credit Union, 9212 Balboa Avenue. (KEARNY MESA)

"Really Reliable Recall" Frustrated when Rover won't "come when called"? Remedy problem during workshop. Registration: 619-299-7012 x2704. Saturday, August 2, 9 a.m.; \$35. San Diego Humane Society and SPCA, 5500 Gaines Street. (LINDA VISTA)

"Surveillance and Sensors: Who's Watching Whom?" "As technology proliferates, our privacy and our behavior are being subject to view and control without our knowledge. Are we gaining anything in exchange for this loss of privacy and freedom?" RSVP for this "Exploring Ethics" lecture: 619-238-1233. Wednesday, August 6, 5:30 p.m.; Reuben H. Fleet Science Center, 1875 El Prado. (BALBOA PARK)

"The Portrait in Photography" Lecture by South African photographer Gary Schneider, who "has been investigating the portrait since 1975." Artist also discusses his exhibition "Flesh," currently on view at MoPA. 619-238-7559. Thursday, July 31, 7 p.m.; \$8-\$12. Reuben H. Fleet Science Center, 1875 El Prado. (BALBOA PARK)

Art of Meditation lecture series. Prabodh Chaitanya, a disciple of Swami Chinmayananda, offers memorial program lectures for be-

RESORT & CASINO WHAT WILL YOUR BARONA MOMENT BE



Players rate Barona "Highest in Satisfaction in the Southern California Casino Gaming Experience."



Play with your Club Barona Card for your chance to win one of our three Power Payout Progressives, all the way up to \$250,000!

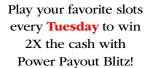
We've given away more than **\$2 Million to over 1,400** random winners! For current progressive amounts and winner updates visit Barona.com



GO

Mondays at 3pm, 6pm, and 9pm, you could win a 42" LCD flat screen TV at each drawing!







If it's your birthday month, play August 18-20 from 10am-7pm to win up to \$1,000!



Wednesdays from 10am-10pm, spin the wheel for a chance at up to \$25 off your entire meal!



Everyday during the regular season, make your player picks to win a share of over \$75,000!



Everyday, August 1-28, players with qualifying hands can guess the amount of beans to win up to \$10,000!



This summer play twilight, all day long. Monday - Thursday: \$80 Friday and Sunday: \$100

Club Barona discounts of 20% or more apply. Special summer twilight rates valid through September 7, 2008.

Saturday: \$125



Barona shuttle available from several areas. VISIT BARONA.COM FOR DETAILS Copyright 2008 Barona Tribal Gaming Authority

Barona Valley Ranch Resort & Casino reserves the right to modify or cancel a promotion or special event at any time without notice. For J.D. Power and Associates award information, go to www.jdpower.com



ginners and intermediates hosted by Chinmaya Mission San Diego. 858-549-2908. Friday, August 1, 7:30 p.m.; Saturday, August 2, 7:30 a.m., 10 a.m. and 6 p.m.; Sunday, August 3, 7:30 p.m.; ages 15 and up. Ker Little India, 9520 Black Mountain Road. (MIRA MESA)

Gallery Talk Artist Ray Brownfield, currently exhibiting "Warning Signs," leads talk and tour. 760-839-4120. Wednesday, August 6, 2 p.m.; California Center for the Arts, Escondido, 340 North Escondido Boulevard, (ESCONDIDO)

Shakespeare in the Garden Talks Actors, directors, academics offer "in-depth perceptions of the Shakespeare plays in the Old Globe Shakespeare Festival season" for public in Old Globe Plaza. Focus on The Merry Wives of Windsor on Friday, August 1, and All's Well That Ends Well on Sunday, August 3. 619-23-GLOBE. Friday, August 1, 7:15 p.m.; Sunday, August 3, 7:15 p.m.; Old Globe Theatre, 1363 Old Globe Way. (BALBOA PARK)

OUTDOORS

A Series of Extreme Low Tides in late July/early August can be enjoyed by true "morning people" only! Check out the local tide-

pool life without hordes of other people around. Thursday, July 31 features a minus 1.5-foot tide at 3:26 a.m. On Friday, August 1 there's a minus 1.4-foot tide at 4:05 a.m. On Saturday, August 2 you can catch the minus 1.2-foot tide at 4:41 a.m. On Sunday, the minus 0.8-foot low tide happens as late as 5:16 a.m.

Grunion may be active again early next week (Sunday and Monday nights, August 3 and 4), roughly during the hours of 11 p.m. and 2 a.m., following the nocturnal high tide. The small, silvery grunion tend to spawn on wide, gently sloping beaches such as Silver Strand, Mission Beach, Pacific Beach, La Jolla Shores, and Del Mar. California law allows the taking of grunion in summer (except in those areas classified as ecological preserves) by those possessing a state fishing license. The grunion must be caught by the hands only, and should be eaten (not wasted).

The Thin Crescent Moon returns to easy visibility in the early evening sky on Sunday, August 3. Notice how the sharp-tipped cusps point away from the sun, whose glare will be evident on the northwest horizon until well after sunset. With every passing evening in the coming week, the increasingly thicker crescent will be spotted in twilight higher than and farther to the left of its initial position on Sunday

Watchers of the Dawn Sky during early August will notice the bright, so-called winter stars - es-

<u>OUT & ABOUT</u>

WIENER TAKES ALL: A DOGUMENTARY Sunday, August 3, Joyce Beers Community Center.

(SEE FILM)

pecially those in the constellations of Orion, Taurus, and Gemini rising just above the rosy glow of morning twilight. A few bright meteors, belonging to the annual Perseid shower that climaxes Tuesday. August 12, may be seen as early as Friday, August 8. The moon's glare will not seriously interfere with the dark predawn sky (as seen from remote locations far from city lights) until Wednesday, August 13.

Birding the Marsh Guided birdwatching hikes around Sweet Water Marsh National Wildlife Refuge. 619-409-5900. Sunday, August 3, 11 a.m.; Chula Vista Nature Center, 1000 Gunpowder Point Drive. (CHULA VISTA)

California Native Plant Society Walk Bring binoculars and drinking water. 858-581-9944. Sunday, August 3, 9 a.m.; Tecolote Nature Center, 5180 Tecolote Road. (CLAIREMONT)

Get Dirty in Paso Picacho Help with trail-repair work. Bring work shoes, gloves, hat, water, snack. Registration: 619-341-1746. Saturday, August 2, 8 a.m.; Paso Picacho campground, Cuyamaca Rancho

Cupid's Castle B&B



State Park, Highway 79, five miles north of I-8. (JULIAN)

Guided Nature Walk Meet at west side of park, at Regents Road entrance. 858-581-9944. Bring binoculars, drinking water. Saturday, August 2, 9:30 a.m.; Marian Bear Memorial Park, Highway 52 and Regents Road. (CLAIREMONT)

History Walk Offshoot Tours offers hour-long history walk, blending Balboa Park history with its wealth of architectural and botanical treasures. 619-235-1121. Saturday, August 2, 10 a.m.; Balboa Park Visitors' Center, 1549 El Prado. (BALBOA PARK)

Hoots and Howls! Listen for sounds of night hunters - bats, owls, coyotes - on trail guide-led twilight walk. Reservations required: 619-668-2748. Saturday, August 2, 7 p.m.; Kumeyaay Lake Campground entry station, Two Father Junípero Serra Trail. (SAN CARLOS)

MTRP Rocks! 100-million-yearold plutonic igneous, volcanics, and sedimentary rocks pointed out during guided walks. 619-668-3281. Saturday, August 2, 9:30 a.m.; Sunday, August 3, 9:30 a.m.; Wednesday, August 6, 9:30 a.m.; Mission Trails Regional Park, One Father Junípero Serra Trail. (SAN CARLOS)

Savor Sights, Sounds, Smells! Night hike led by naturalist Mike Kelly. Good chance to see deer, owls, bats, more. Flat, moderate pace. Wear hiking boots, bring water, flashlight, bug protection. 858-484-3219. Friday, August 1, 7 p.m.; Peñasquitos Preserve kiosk, Park Village Road and Camino del Sur. (RANCHO PEÑASOUITOS)

Ven Explora la Naturaleza Conmigo Bilingual nature walk led by Spanish-speaking interpretive guide. Walks introduce visitors to Sweetwater Marsh National Wildlife Refuge and nature center. 619-409-5900, Sunday, August 3, 1 p.m.; Chula Vista Nature Center, 1000 Gunpowder Point Drive. (CHULA VISTA)

SOUTH OF THE BORDER

"18th Wine Experience" 011-52-646-178-3038. Friday, August 1, 7 p.m.; \$30. Riviera Hotel, Miramar Street. (BAJA)

"Cinefotografia" Lecture by Brandon Phillips on importance of photography in film. 011-52-664-687-9636. Thursday, July 31, 7 p.m.; Centro Cultural Tijuana, Paseo de los Héroes and Mina Street, (BAJA)

Festival of Traditional Arts of Baja California Festival brings native artists from the Pai-Pai, Kumiai, Cucapá, Kiliwa communities together in cultural event, marketplace with traditional arts and crafts, food, exhibits, 011-52-646-178-8780. Saturday, August 2, 9 a.m.; Sunday, August 3, 9 a.m.; Plaza Ventana al Mar, Boulevard Costero at Alvaro Street. (BAJA)

Pablo Montero in Concert The Mexican singer and actor takes the stage, 011-52-664-625-9010, Sat-

urday, August 2, 7 p.m.; \$25. Palenque de Parque Morelos. (BAJA)

Put 119 Candles on the Cake! Tijuana's 119th anniversary celebrated with parade, mariachi music, Alejandro Fernández in concert, more. 011-52-664-688-1721. Thursday, July 31, 6 p.m.; Zona Río. (BAJA)

Rock Concert Thermo performs. 619-734-2333. Saturday, August 2, 9 p.m.; \$10-\$30. El Foro, Seventh and Avenida Revolución, downtown. (BAJA)

Songs and Wine in Tecate En-

joy sunset at foothills of Cuchumá Mountain, music by vocal group Innuendo, wine tasting, dinner, arts and crafts, entertainment. 011-52-665-654-3460. Saturday, August 2, 7 p.m.; \$50. Parque del Profesor, Calle Prolongación Cuchumá. (BAJA)

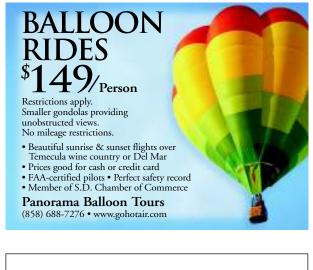
SPECIAL

"Comets and Meteor Showers" Illuminated during "The Sky Tonight" planetarium show. View real sky through telescopes (weather permitting) after show. 619-238-1233 Wednesday, August 6, 7 p.m. and 8 p.m.; \$7-\$8. Reuben H. Fleet Science Center, 1875 El Prado. (BALBOA PARK)

"Israel in Crisis: Sacred vs. Secular" Discuss with P&R Discussion Group. 619-370-1027. Thursday, July 31, 7 p.m.; Other Side Coffee House, 4096 30th Street. (NORTH PARK)

"Over the Top!" Ringling Bros. and Barnum & Bailey Circus hits town, August 6-10. "See puppy dogs fly and jump, Asian elephants skip, hop, and groove, and one courageous man" standing with a pack of Bengal tigers.

One hour prior to each performance, learn circus skills, see athletic performers getting "Circus Fit," and see animal open house (for all ticket holders). Tickets available through Ticketmaster,





800-759-5667 • www.barnstorming.com

Health & Beauty **5119** Reader July 31, 2008 Honeymoon 5115 Jewelers **5100** Limos & Valet. 5111 San Diego Musicians 5109 Photographers **5108**

8

Sunday, October 26 Del Mar Fairgrounds, 10am-4pm. More than 200 exhibitors with everything for your wedding. Info, coupons, www.bridalbazaar.com **5208**

SDReader.com/wedding **Planning Tips**

Disc Jockeys 5110

Formal Wear **5103**

Gift Registries......5116

Reception Sites......5107

Call 619-233-9797

and press the 4-digit exten-

sion (in bold type) of the

topic or advertiser that inter-

ests you. Or go online at

Event Supplier, Inc. Wholesale Flowers & Decor Bakers **5105** Our designers plan, organize, and Bridal Attire **5102** supply linens, floral, decorations. Great prices! Call 888-784-2222. Bridal Shows **5120** Caterers 5104 Ceremony Sites 5106 Affordable Customized Clergy **5112** Wedding Ceremonies Dance Lessons **5117**

Wedding Guide

A free, 24-bour line for planning your wedding.

Bridal Bazaar

Church services or barefoot on the beach. Call 858-350-1053. See www.personalizedweddings.zoomshare.com E-mail, sjwallace1053@yahoo.com..... 5326

Don't Let The "French" In **French Gourmet Scare You!** We Offer Delicious Values!

From simple hors d'oeuvres & cakes to elaborate buffets or sit-down receptions, our experienced staff will plan a menu that will please your guests and someone's wallet. Visit www.thefrenchgourmet.com or consult us at 800-929-1984 x125. Free cake tasting. 960 Turquoise, PB. Serving San Diego since 1979 **5308**

> To place your ad in the Wedding Guide, call 619-235-8200.

Romantic Mountain Getaway In-room Jacuzzis, fireplaces, in-room massage, fine dining for 2, cocktails, complimentary breakfast. See display ad. www.liveoaksprings.com. Live Oak Springs Resort. 619-766-4288.

Fairytale castle near Harrah's Casino. 4 chambers with Jacuzzis, balconies, TVs, bathrobes, chocolates, pool table, breakfast, snacks. Voted most romantic getaway. Near wineries. Wedding facility. 760-742-3306. www.cupidscastlebandb.com.

Great Escapes

619-235-8200 TO PLACE AN AD

Big Bear Cool Cabins Cabin or luxury home on or near the lake. Fireplace, BBQ, TV, kitchen, hot tub and more. Professional housekeeping, towels, and linens are included. Pet-friendly available. Check rates and book online. www.bigbearcoolcabins.com or 800-550-8779.

Reduce Your Stress! For a relaxing getaway, we have cabins from \$74 plus tax! Southern California's 2nd best kept secret-6200' in the sky! 11 individual log cabins, fireplaces, kitchens. Reservations: Edelweiss Lodge, 951-659-2787, www.lcabin4u.com.

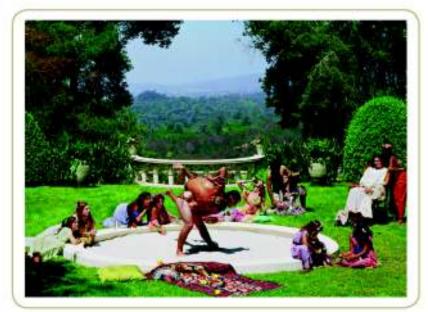


Explore the Mexican Riviera in style, with Princess.



"Fares in USD, per person, based on double occupancy, pluse only, subject to availability, and capacity controlled. \$562 fare is based on category MJ. Sepphine Princess, 11/01/08. Fare shown INCLUDES a Aud supplement of up to \$93.00 and subject to change. Doverment fees and bases of up to \$33.00 per person are additional. See applicable Princess Dirochars for terms, cooldions and definitions that apply to all bookings. Other restrictions may apply. \$2005 Princess Cruises. Ships of Bermudar neglety.

ELEANOR ANTIN HISTORICAL TAKES



Through November 2, 2008

Travel back in time to ancient Rome and Greece through local artist Eleanor Antin's latest series of large-scale, color photographs. Each is an affectionate spoof on classical mythology and history that holds a witty message about contemporary society.

SDMA SAN DIEGO MUSEUM OF ART 1450 EL PRADO, BALBOA WARK 6 619 232 7931 SDMART DRG NACE Binas fasts, 4 Br. Shreen Glad, from The Lor Bar of Propiet ories, shreengrise prin, 500 General of head Polisian Fast Try, New York Above state. Alter Shreen Glad, from The Lor Bar of Propiet ories, shreengrise prin, 500 General of head Polisian Fast Try, Service Above state. Action of the Contry of Bar of Propiet ories, shreengrise prin, 500 General of head Polisian Fast Try, Service Baron and Jod Lawrise, Octoor Browline Arry, Board Polisian Fast Arr, BBMF, strain Glad, Supervise Past Barry Trive and Contry of Bar Dirgs, and as assessed of the Market and Polisian Try and and sendore of the Dirgs Researce of Arr.

Yes, It Is Safe To Visit Baja California, Mexico

A Letter From Rosarito's Mayor & Testimonials



Dear Friends,

Some of you have asked us if it is safe to visit Baja, California and Rosarito Beach.

The honest answer to the question is 'yes.' For decades, millions of Southern Californians and others have visited us safely to enjoy fishing, surfing, our food and culture, as well as breathtaking beauty. They can and do continue to do so. Also, scores of thousands of expatriates have chosen to call Baja home --- 14,000 in Rosarito alone --- because they feel comfortable and welcome here.

The safety question has arisen largely because of handful of highly and repeatedly publicized robberies of visitors in 2007 throughout all of Baja.. It was a very low incidence among millions of visitors, but even that is not acceptable, and all of Baja has taken steps to increase visitor safety more.

In Rosarito, we have created a special tourist police force, a citizens' watch program for tourist areas and a 24-hour ombudsman office for visitor assistance. There was not one major crime reported this year during a busy Rosarito-Ensenada Bike Ride, Spring Break, Memorial Day and Fourth of July weekends.

Baja also is experiencing a challenging time as it cracks down on drug cartels that use Baja routes to smuggle drugs into the United States. But the struggle is between rival cartels and authorities. It does not involve our valued

FAMILY, FRIENDS, FUNTASTICO!

Rosarito

ONLY IN ROSARITO BEACH!

BEYOND YOUR EXPECTATIONS

www.rosarito.org

1.800.962.BAJA

visitors.

Some of you might think that my statements here are influenced by the need this region has for tourism. It is true that more than 50 percent of Rosarito's economy is dependent on tourism. But if I did not believe this area was safe for visitors, I would not say it was. One of the reasons I ran for mayor last year was to make the region even more secure and comfortable for our visitors.

My request of you is this. Speak to your fellow Americans who visit Rosarito and Baja, or ones who have chosen to call it home, to get a firsthand perspective on our area. We are ready to welcome you with open arms and to make your trip to beautiful Baja safe and enjoyable.

Very Best Wishes, Hugo Torres, Mayor City of Rosarito Beach

A Plea For More Balanced Reporting From An Expatriate Living in Rosarito

As 10-year resident living halfway between Tijuana & Rosarito, defending Baja has become routine. Our expat community was excited and optimistic when the new governing regimes declared a war an drugs. This, of course, did not make the drug cartels happy and retaliation has been swift and sometimes spectacular.

Has my life changed? Not much. I continue to travel back and forth across the border on a regular basis without incident. I continue to shop in Rosarito, Tijuana and to drive down the coast to Ensenada without incident. The biggest challenge my fellow expats

and I have is allaying the fears of our family and

Rosarito-Ensenada Bike Ride: 27 Years, 375,000 Participants And Not A Single Violent Crime

September 27, 2008 will be our 28th anniversary and the 50th running of the ride. We've hosted 375,000 participants, including 95,000 from Mexico and 280,000 from the United States. We have never received a report of a participant being the victim of a violent crime during our event weekends.

In April 2008 we hosted 5,000 participants, including 3,000 from the United States, and the event was incident-free. The added security measures at the federal, state, and city levels were visible and effective. We're looking forward to our ride on

September 27th and expect about 7,500 riders.

Gary Foster, Organizer.



friends when the read the headlines and stories (many of which are embellished of just plain untruths) of the dire consequences for anyone venturing down to Baja.

My plea to the media; check your facts, stop recycling the same "news" over and over, keep things in perspective and be fair and balanced in your reporting. As for my fellow Baja friends and I, we will continue to enjoy our life below the border, we live here and we know the truth.

Anne Hines, President of the United Society of Baja California.



619-220-8497. Wednesday, August 6, 7:30 p.m.; \$16-\$82. San Diego Sports Arena, 3500 Sports Arena Boulevard. (POINT LOMA)

"Who Signed That? Signed and Inscribed Books" Rare book exhibit in Wangenheim Room showcases over 100 signed and inscribed books by various authors, book artists, illustrators, publishers, people associated with literary world. Among the famous: Samuel Clemens, Jack London and his wife Charmian London, Ray Bradbury, Sir Arthur Conan Doyle, Herbert C. Hoover. 619-236-5807. Thursdays, 1:30 p.m.; Fridays, 1:30 p.m.; Saturdays, 1:30 p.m.; Mondays, 1:30 p.m.; Tuesdays, 1:30 p.m.; Wednesdays, 1:30 p.m.; through Tuesday, September 2, 2008, San Diego Public Library, 820 E Street. (DOWNTOWN)

Othello Focus on Shakespeare's classic with San Diego Great Books group. Newcomers welcome. 619-440-5625. Saturday, August 2, 2 p.m.; San Diego Public Library, 820 E Street. (DOWNTOWN)

Automobile Heritage Day 17th annual event begins with vintage car parade starting at Mary J's Cafe, winds through National City. Over 200 antique and classic cars, trucks, motorcycles, new cars, lowriders on display in Kimball Park (10 a.m.-4 p.m.). 619-477-9339. Sunday, August 3, 9 a.m.; Kimball Park, at 12th Street and D Avenue. (NATIONAL CITY)

Bon Odori: Gathering of Joy Express gratitude for gifts of life and ancestors during annual celebration. Dancing, taiko drumming, food (for sale), entertainment. 619-239-0896. Saturday,

dista!

Live Oak Springs Resort

619-766-4288

70 San Diego Reader July 31, 2008

August 2, 5 p.m.; Buddhist Temple of San Diego, 2929 Market Street. (GOLDEN HILL)

Book Club Night Returns! Warwick's booksellers host "reading group recommends" night. Ti-

tles to be discussed based on book reviews, customer feedback, bookseller must-reads. 858-454-0347. Wednesday, August 6, 6:30 p.m.; Warwick's Bookstore, 7812 Girard Avenue. (LA JOLLA)

MARKINGS"

August 1, Museum of

11260 Clairemont Mesa Boule-

Craft Club Group gathers with in-

structor Sandra Erbetta to create

unique items for sale in garden's

gift shop. Reservations: 619-232-

2721. Monday, August 4, 10 a.m.;

\$5. Japanese Friendship Garden,

Pan American Road, (BALBOA PARK)

Etch-A-Sketch! August exhibit in

Geisel Library (lower level, west

wing) focuses on this 1960s toy.

Stop by UCSD Arts Library to bor-

row an Etch-A-Sketch; create a

sketch on the toy and it will be

placed in exhibit case. Visit

throughout August to see ever-

changing gallery of sketches. 858-

822-5758. Thursdays, 8 a.m.; Fri-

days, 8 a.m.; Saturdays, 8 a.m.;

Sundays, 8 a.m.; Mondays, 8 a.m.;

Tuesdays, 8 a.m.; Wednesdays, 8

a.m.; through Sunday, August 31,

2008, UCSD Arts Library, Geisel Li-

brary, 9500 Gilman Drive. (LA JOLLA)

Fine Art and Music Exhibition of

paintings by Marnie Cruz, Joe Cruz,

Pilar Montaño, Julio de la Huerta;

musical performances by John Cain,

operatic tenor Daniel Hendricks,

Photographic Arts.

(SEE LECTURES)

vard. (TIERRASANTA)

Book-Release Party Welcome Stephenie Meyer's new book, Breaking Dawn, during party with vampire costume contest, "Twilight" Zone Cafe, music, more. 858-454-0347. Friday, August 1, 11 p.m.: Warwick's Bookstore, 7812 Girard Avenue, (LA JOLLA)

Chocolate and Vino Wine-Tasting Benefit San Diego Young Professionals Committee again pleases local palates with fourth annual benefit for Big Brothers Big Sisters of San Diego County, Wine, chocolate tasting from over a dozen of local wineries and chocolatiers, heavy hors d'oeuvres, DJ entertainment. 619-544-9500. Thursday, July 31, 6 p.m.; \$50. Ages 21 and up. Stingaree, 454 Sixth Avenue. (DOWNTOWN)

Clairemont Family Day Day begins with pancake breakfast, includes rides, food, booths, dance, and tai chi demonstrations, live bands. 858-581-9924. Saturday, August 2, 10 a.m.; South Clairemont Recreation Center, 3605 Clairemont Drive. (CLAIREMONT)

Co-Ed Drumming Circle Elisa Kisselburg leads co-ed circle blending Japanese, Middle Eastern, African traditions. Drums provided if you don't have your own. Circles offered first Sunday of every month. 619-303-6609. Sunday, August 3, 10 a.m.; \$15. Vision Center for Spiritual Living,



YAKUZA MISTRESS, CHRIS RAINIER, 2006 "surprise guest musicians." 619-286-3144. Sunday, August 3, 3 p.m.; PianoSD.com, 1233 Camino Del

Rio South, (MISSION VALLEY)

Hawaiian Cultural Fair Hui o Hawaii of San Diego hosts annual fair, boasting performance workshops of hula by Kumu Hula Sissy Kaio and slack-key guitar by Hawaiian musician, songwriter, producer Patrick Landeza, Lei hulu (feather) arts and crafts workshops, as well as ti-leaf lei making and lauhala (bark) weaving. Food, information, Hawaiian and Polynesian vendors. Performances by several hula halau throughout days. Admission is free; fees charged for workshops. 619-466-2948. Saturday, August 2, 9 a.m.; Sunday, August 3, 9 a.m.; San Diego Mission Bay Boat and Ski Club, 2606 North Mission Bay Drive. (PACIFIC BEACH)

Helping Out the Felines Bone Appetit hosts fund-raiser for its cat and kitten rescue. Pet food samples and treats on offer; people and pet psychic reader Sindi Somers of Wild and Tame Wellness and Communications offers readings (\$1 per minute). Pets need not be present to receive reading! 619-226-6250. Saturday, August 2, 9:30 a.m.; Bone Appetit Ocean Beach Pet Supply, 4845 Newport Avenue. (OCEAN BEACH)

House of Argentina Annual lawn program at International Cottages with professional tango and folklore dancers; music performed on piano, guitar, flute; food sale. 619-234-0739. Sunday, August 3, 2 p.m.; House of Pacific Relations, 2125 Park Boulevard. (BALBOA PARK)

Latin American Festival and Mata Ortiz Pottery Market Live art demonstrations, entertainment, Mexican cuisine, traditional art, clothing, jewelry. 619-296-3161. Friday, August 1, 10 a.m.; Saturday, August 2, 10 a.m.; Sunday, August 3, 10 a.m.; Bazaar del Mundo, 4133 Taylor Street. (OLD TOWN)

Life Drawing and Painting Open studio offered; bring art materials to work with model. The first 1.5 hours consist of short

poses; final 1.5 hours promise long pose. No formal instruction. 619-231-3900. Saturdays, 9:30 a.m.; Tuesdays, 6 p.m.; through Wednesday, July 8, 2009, \$10. Art Academy of San Diego, 840 G Street. (DOWNTOWN)

National Night Out East and West Main Streets will be closed when Caion Classic Cruise season continues. Wednesdays through September 24. 619-401-8858. Wednesday, August 6, 5 p.m.; Prescott Promenade, 211 1/2 East Main Street, (EL CAJON)

Psychic Fair and Metaphysical Conference Lectures, tarot, palmistry, numerology, other psychic arts featured. Admission is free; \$20 per reading. 619-298-3422. Saturday, August 2, noon; Sunday, August 3, noon; Alexandra's Bookstore, 3545 Midway Drive, Suite G. (POINT LOMA)

Ramona Country Fair Days Lots of animals, live entertainment, carnival rides, vendors, food promised. Watermelon eating to water fights, lawn mower racing, junior fair with livestock auctions, animal showmanship. Hal Ketchum in concert (Sunday, August 3, 6 p.m.; \$30 reserved, \$15 general). 760-789-1311. Thursday, July 31, 5 p.m.; Friday, August 1, 5 p.m.; Saturday, August 2, noon; Sunday, August 3, noon; Ramona Rodeo Grounds, 434 Aqua Lane. (RAMONA)

Rev It Up and Go! Rod Run 19 promises custom cars, hot rods, arts and crafts, car-related vendors, music, in downtown area. 760-414-9391. Sunday, August 3, 9 a.m.; Downtown Vista, Santa Fe Avenue at Main Street. (VISTA)

San Diego Dahlia Society Hosts show in room 101 of Casa del Prado. 619-232-8232. Saturday, August 2, noon; Sunday, Au-





Cookbooks Buy | Sell | Trade Cook Book Stor in Kensington 4108 Adams Avenue (near Clem's Liauor) • Free Parkina 619-284-8224 Open 11 am-5 pm • Closed Sundays

Romantic Mountain Getaway Just \$99/night!

Linning

Sunday-Thursday. Expires August 31, 2008. Must mention summer special.

Sweetheart Package Sunday-Friday: Breakfast for 2, dinner for 2,

Weekend Specials: 2 nights (Fri. & Sat.), breakfast for 2 ^{\$}**258** 2-night breakfast package with one dinner and massage ^{\$}**338**

www.liveoaksprings.com

37820 Old Highway 80 (60 minutes east of downtown San Diego, 2 miles south of I-8) In-room Jacuzzis, fine dining, cocktails, lodge, RV park, tent camping, near La Posta Casino Fireplace, 2-story, A-frame cabins, AC, HBO, microwave, refrigerator, swimming at Jacumba Hot Springs



Come browse San Diego's newest and most eclectic Farmers' Market. Fresh fruits, vegetables, general merchandise, food, beverages, crepes, coffee, music, fun...



.evfarmersmarket.com

gust 3, 10 a.m.; Casa del Prado, El Prado. (BALBOA PARK)

Tower After Hours Celebrate Colombia with "tantalizing flavors of Colombia cuisine, as well as the colorful sights and sounds of Colombian culture with live performances from local artists and musicians." Authentic food and drink served. Families, children welcome. Reservations: 619-239-2001. Thursday, July 31, 6 p.m.; \$5-\$20. San Diego Museum of Man, 1350 El Prado, (BALBOA PARK)

Traditional Tea Ceremony Urasenke tea instructor assistants present demonstrations. Learn history of tea ceremony, learn how to serve tea in a traditional way. Included in garden admission. 619-232-2780. Saturday, August 2, 1 p.m. and 2 p.m.; Tuesday, August 5, 11:30 a.m. and 12:30 p.m.; Japanese Friendship Garden, Pan American Road. (BALBOA PARK)

Vine Time Gabrielle Leonhard, co-founder and owner of the Gabrielle Collection in Napa Vallev, hosts wine-tasting seminar "to educate guests on their organically and sustainably handcrafted cabernets." Tickets include live music, displays of cheese, meats, and breads to complement the cabernets. Reservations: 858-651-1615. Wednesday, August 6, 6 p.m.; \$25. Ages 21 and up. ZLAC Rowing Club Clubhouse, 1111 Pacific Beach Drive. (PACIFIC BEACH)

SPORTS

Baseball in the Basement? Padres host San Francisco Giants. August 1-3. Road trip to New York for games against Mets, August 57. Games broadcast on radio station XPRS (1090 AM), XEMO (860 AM) in Spanish. Tickets: 619-795-5000, 877-374-2784. Friday, August 1, 7:05 p.m.; Saturday, August 2, 7:05 p.m.; Sunday, August 3, 1:05 p.m.; \$8-\$57. Petco Park. 100 Park Boulevard. (DOWNTOWN)

Garibaldi, Lobster, Octopuses, Oh My! Snorkel in La Jolla Cove during outing hosted by Birch Aquarium-Museum. Reservations: 858-534-7336. Saturday. August 2, 8 a.m.; \$30. Ages 10 and up. Birch Aquarium at Scripps, 2300 Expedition Way. (LA JOLLA)

Ramona — The Shortest Way Bicycle up some hills to Ramona for lunch with San Diego Bicycle Touring Society riders. Bring money for food. Expect 68 miles of pedaling. 619-473-8513. Sunday, August 3, 8:45 a.m.; Doyle Park, 8175 Regents Road. (UNIVER-SITY CITY)

Showpark Racing Festival Horse Show 858-481-9085, Thursday, July 31, 8 a.m.; Friday, August 1, 8 a.m.; Saturday, August 2, 8 a.m.; Sunday, August 3, 8 a.m.; Del Mar Horsepark, 14550 El Camino Real. (DEL MAR)

Surfmonkev Swim/Run/Paddle Organizers promise 5km hardpacked beach run, one-mile openwater swim, eight-mile paddleboard race, combo one-mile swim/5km race, three-event stage race combining run, swim, paddleboard race (winners are crowned the King and Queen Monkey). 760-635-1797. Saturday, August 2, 7 a.m.; \$30-\$45. Oceanside Pier, Mission Ave and Pacific St. (OCEANSIDE

The Horses Are on the Track! Del Mar Thoroughbred Club meet continues through September 3.

Western regional chili cook-off and salsa contest is Saturday, August 2. Next "Donut Day" is Saturday, August 23, with free doughnuts, coffee, orange juice, questions answered by track announcer Trevor Denman. Racing slated every day except Tuesday. Post time is 2 p.m. except Four O'Clock Fridays (August 1 and 8 at 4 p.m.; August 15, 22, and 29 at 3:30 p.m.). Parking: \$8. 858-755-1141, 858-793-5533. Thursdays, 2 p.m.; Fridays, 4 p.m.; Saturdays, 2 p.m.; Sundays, 2 p.m.; Mondays, 2 p.m.; Wednesdays, 2 p.m.; through Wednesday, September 3, 2008, \$6-\$15. Del Mar Fairgrounds, 2260 Jimmy Durante Boulevard. (DEL MAR)

Total Combat Mixed Martial Arts Competition promising eight matches, 16 fighters. 619-392-4660. Saturday, August 2, 7 p.m.; \$25-\$150. Starlight Musical Theatre, South Pan American Plaza. (BALBOA PARK)

Training and Training... Bicycle to San Juan Capistrano with Knickerbikers. The 66-miler starts at 8 a.m. in north parking lot, promises lunch at Sugar Shack, return to S.D. via Amtrak, then ride 6.6 miles back to start. Bring money for train fare (\$18 general, \$15.30 seniors). 619-823-0070. Saturday, August 2, 8 a.m.; \$15-\$18. Mission Bay Visitors' Center, East Mission Bay Drive and Clairemont Drive. (PACIFIC BEACH)

MUSEUMS

Bonita Museum and Cultural Center Celebrate "The History of Baseball" during exhibit contin-



^{\$100_0ff English_Class^{*}}

English as a Second Language Program ESL/TOEFL \$300 a month *W/ this ad. New students only. Not valid w/ any other offer. Exp. 9/30/08.

Afternoon & evening classes

Bachelor's, Master's, or Ph.D. degree in Psychology! (Certificates also available)

Bachelor's and Master's Degrees in Business Administration for \$390-\$400 a month Classes also available online!

Free ESL class every Wednesday 2-3 pm. Anyone welcome!



800.234.7041 or 619.297.1999 Now in Old Town • 3900 Harney St. #210 • Come in today or call. www.sduis.edu San Diego's Lan Saturday Friday Sunday 8/15 8/16 8:30am-7pm 10am-7pm 8601 Aero Drive San Diego, CA 92123 Craft, Bead & Jewelry Fair

Sponsored by South Sun Products, the largest beads, silver & jewelry superstore in the U.S!

Can't make the fair? Visit our huge store at:

FREE Admission

8601 Aero Drive San Diego, CA 92123

Mon-Fri 10am-8pm Sat 10am-7pm Sun 10am-5pm

(858) 309-5045 SouthSunProducts.com



uing through Saturday, August 2. Exhibition examines history from 1936 to the present, with look at Pacific Coast League, San Diego Padres, Cooperstown Hall of Fame with Tony Gwynn, sculptures by Mark Martensen, Sweetwater Little League, more.

The museum highlights the history of the Sweetwater Valley from the mid-1800s, with historical photographs; artifacts, tools, and farming implements; the district's 1953 fire engine; and bound copies back to the 1930s of the Chula Vista Star News. 619-267-5141. 4355 Bonita Road, 619-267-5141. (BONITA)

Campo Railroad Museum Campo Railroad Museum, showcasing more than 130 years of American railroad history and technology through static and operating exhibits, the museum includes cabooses, steam and diesel locomotives, track motorcars, 1880s "Jim Crow" segregated passenger cars. Interpretive 1.5-hour train rides offered each weekend (11 a.m., 2:30 p.m.) over portion of the San Diego and Arizona Eastern Railway. 31123-1/2 Highway 94, 619-465-7776. (INLAND BORDER TOWNS)

Chinese Historical Society and Museum From 1600s until early 20th century it was a common social custom in China for friends to exchange tiny spoonfuls of snuff tobacco from each other's bottles when meeting; snuff bottles were an essential accoutrement to upper class lifestyle. Bottles were made from various materials including carved stone, jade, ivory, metal, porcelain, cloisonné, glass. "Snuff Bottles: A Hidden Chinese Art" showcases 42 19th and early 20th Century snuff bottles collected by Peg Evans between 1937 and 1939 in China. Some modern pieces will also be on display. Closes Tuesday, September 30.

For centuries, Chinese and Japanese artists have used intricate seals carved with their names in ancient script to authenticate paintings and calligraphy. "The Charm of Woodcut Seals and Chinese Calligraphy by Tseng-Yao (Terry) Sun" - continuing through July - showcases enlarged leisure seals carved into wood, making the traditionally diminutive art more accessible to public.

See artifacts from San Diego's Chinese and Chinese-American history, culture, and art. Current museum artifacts include a 1920s warlord's bed, exhibits on Chinese footbinding and Chinese-American veterans. The museum is in a building originally built in 1927 for the Chinese Mission. Adjacent to the building is an Asian garden with koi pond and waterfall. 404 Third Avenue, 619-338-9888. (DOWNTOWN)

Chula Vista Heritage Museum The museum features glimpses of Chula Vista's past; exhibits feature lemon packing crate labels, pho-

<u>OUT & ABOUT</u>

"STRIPPED"-EDDIE IZZARD Spreckels Theatre, Friday and Saturday, August 1 and 2.

(SEE IN PERSON)

tographs of downtown Chula Vista, doors and adobe blocks from the original Star newspaper building, and relics from the Otav Watch Company. 360 Third Av-enue, 619-427-8092. (CHULA VISTA)

Creation Museum A museum contrasting the evolution and creation world views, 10946 Woodside Avenue North, 619-448-0900. (SANTEE)

Gemological Institute of America Museum Permanent exhibits include displays depicting science and art of gemstones and history, lore and cultural significance of jewelry. Reservations are required. 5345 Armada Drive, 800-421-7250. (CARLSBAD)

Heritage Walk Museum The museum includes the restored Victorian House, the city's original Santa Fe Train Depot, a railroad car with model train, working blacksmith shop, and a barn. Find Heritage Walk in Grape Day Park.



321 North Broadway, 760-743-8207. (ESCONDIDO)

House of Pacific Relations International Cottages are open every Sunday, noon-4 p.m., presenting history and traditions of 30 ethnic groups. On fourth Tuesday of each month, Children Around the World videos screened in Hall of Nations, select cottages open. 2125 Park Boulevard, 619-234-0739. (BALBOA PARK)

J.A. Cooley Museum An eclectic collection of items - including displays on phonographs, clocks, electric trains, and 20 other types of collections - is featured at the museum. The current featured attraction is an "Industrial Product Collection," with examples of the historical progression of auto technology from 1886-1915, "some classics and a concept car." 4233 Park Boulevard, 619-296-3112. (UNIVERSITY HEIGHTS)

Leo Carrillo Ranch Historic Park Leo Carrillo Ranch Historic Park, old adobe buildings were once vacation retreat and working rancho of actor Leo Carrillo. Tours on Saturdays (11 a.m., 1 p.m.) and Sundays (noon, 2 p.m.). 6200 Flying Leo Carrillo Lane, 760-476-1042. (CARLSBAD)

Marine Corps Recruit Depot Museum Housed in a historic building, the museum features five permanent galleries with artifacts, uniforms, vehicles, weapons, and photographs depicting Marine Corps history. The museum is located in Building 26 at MCRD, just inside Gate 4, off Pacific Highway. Witherby Street and Hancock Street, 619-524-6038. (DOWNTOWN)

Marston House Museum Historic home sits on five acres of landscaped grounds with a formal English Romantic garden. Built for civic leader and department store founder George Marston and his family by San Diego architects William Hebbard and Irving Gill, the Marston house design is in keeping with the early 20th-Century American Arts and Crafts period, emphasizing simplicity, function, and natural materials. 3525 Seventh Avenue, 619-298-3142. (HILLCREST)

Museum of San Diego History "Place of Promise: Stories of San Diego" lets visitors "literally walk on San Diego"; a map of county extends from wall to wall across the floor. Also featured in ongoing exhibit are two large 1930s murals by artist Charles Reiffel and a 1910 San Diego streetcar. Stories of San Diego are interpreted through images, artifacts, oral histories from society's collection. The museum is located in the Casa de Balboa building. 1649 El Prado, 619-232-6203. (BALBOA PARK)

Parsonage Museum of Lemon Grove "The Sonka Brothers General Store" is recreation of store said to have "kick-started the postagricultural economy of Lemon Grove." Exhibit includes post office, array of domestic and farm artifacts, photographs, furnishings.

"Domestic Life in Lemon Grove: 1915" showcases furnishings, clothing, and artifacts from Lemon Grove ranches and homes, along with photographs of early residents and historic buildings. "The Parson's Study" is a permanent Arts and Crafts installation with rolltop desk, 155 English organ, an Edison Amberola and library of cylindrical recordings. 3185 Olive Street, 619-460-4353. (LEMON GROVE)

Reuben H. Fleet Science Center "Tinkering" features more than 20 hands-on exhibits bringing out "your inner inventor" with pulleys, computer circuits, turntables, wind tunnels, more. In the "Tinkering Studio," kids transform household items into catapults, robots, spectroscopes, more. Closes June 7, 2009.

Ongoing exhibitions include "Origins in Space: Spin-Offs in Science and Technology," "So WATT! An Illuminating Look at Energy," "Aging for All Ages," "Kid City" (for preschoolers), "TryScience!" "Escape from Dino Island" is theme for motion simulator ride. Films are shown daily in the IMAX theater. 1875 El Prado, 619-238-1233. (BALBOA PARK)

San Diego Air and Space Museum "Star Trek The Exhibition" is said to contain "the world's most comprehensive collection of authentic Star Trek ships, re-creations, sets, costumes, and props" from five television series and ten films created for more than 40 years. Sit on a re-creation of the original USS Enterprise bridge, enjoy a motion simulator.

Technological advancements made in aircraft propulsion over the last century are showcased in "100 Years of Aircraft Engines," including a functional reproduction of the 1903 Wright Flyer Engine; a

Rolls-Royce liquid-cooled Merlin V-12 that powered the Spitfire and P-51 Mustang fighters; and a rare German Junkers Jumo 004, one of the world's first operational jet engines.

Concurrently, see "The History of Commercial Aviation in America." A new section of the exhibit celebrates the 40-year history of PSA, with original graphics, a recreation of the airline's first ticket booth at Lindbergh Field, and uniforms and memorabilia donated by former employees. Ongoing.

"P-51 Mustang" celebrates the legendary Air Force fighter used during both World War II and Korea. The museum's Mustang is painted in the red-tail livery of the Tuskegee Airmen, who distinguished themselves flying bomber escort and ground attack missions during World War II.

The museum offers exhibits of over 65 aircraft — including an RO-1K Predator UAV (unmanned aerial vehicle) on indefinite loan from the National Museum of the United States Air Force at Wright-Patterson Air Force Base, which "saw action over the Balkans in the late 1990s"; a replica of Spirit of St. Louis, a Fokker Scourge (or Fokker Eindecker E-III), a World War I Spad VII, flight deck of the USS Yorktown, and a Lockheed Blackbird spy plane — 1400 scale models, 10,000 aviation-related items, and memorabilia from Montgolfier hot-air-balloon era to Space Age, along with an International Aerospace Hall of Fame.

The museum is located in the Ford Building in the Palisades area. 2001 Pan American Plaza, 619-234-8291. (BALBOA PARK)

San Diego Archaeological Center "What Is Archaeology?" exhibit provides basics of archaeology in San Diego region from 9000 years ago to present day. Artifacts from center's collections provide look at past for young and old alike. Treasure hunt activity "archaeology quest" for kids, artifact matching game, hands-on crafts and research station. Closes Tuesday, July 21, 2009.

"A Letter from the Ocean Hotel: Victorian Lady Traveler's Adventures in San Diego, 1888" includes glassware, dishes, bottles, personal items dating from late 1880s that were excavated from a block in East Village area downtown in 2002.

The museum is dedicated to "curation of archaeological projects and sharing them with the public." 16666 San Pasqual Valley Road, 760-291-0370. (ESCONDIDO)

San Diego Automotive Museum "Motocross America: The Early Years," continuing through Thursday, September 25, showcases history of motocross, traces evolution of the sport with memorabilia and over 60 off-road machines owned and raced

Largest Climbing

Gym in San Diego

Military Sundays 50% Off Day Pass

9580 Distribution Ave. • San Diego • 858-586-7572

(Excludes lessons. Call for

www.verticalhold.com



Sunday Funday through 9/1/08 \$77 per person* *3 passenger minimum 18 years of excellence 800-345-6737 Tours & Charter Winery Lunch Flights **Gift Certificates** Flight Training Large or Small Groups

San Diego Reader July 31, 2008 2

cooking

show!

Wed.-Fri.

6:30-9 pm

8290 Miramar Rd.

858-578-COOK

FRED ASTAIRE FRANCHISED DANCE STUDIOS. Tony Dovolani & Elena Grinenko from

"Dancing With The Stars"

Let's Dance

Learn Social & Ballroom Dancing • Private & group classes

• Wedding programs

Enjoy the Benefits of Dancing

• Exercise in a friendly environment • Enjoy social interaction & relieve stress

Succeed With Our Unique System of Teaching

• Developed by Fred Astaire himself

• Taught by our certified instructors FRED ASTAIRE

fredastairesd.com

858-499-0180

by legends of the sport. A BMW R-1200 GS Adventure bike is on display in lobby. "Hall of Heroes" pays tribute to decades of American racing champions.

More than 80 automobiles and motorcycles from horseless carriages to future prototypes are included in the museum's permanent collection. Find the museum near the Starlight Bowl. 2080 Pan American Plaza, 619-231-2886. (BALBOA PARK)

San Diego Hall of Champions

Ongoing exhibits include "Bird Watching - Tony Hawk in Flight," "Surfing in San Diego," exhibits of baseball card art, fencing, local rugby history. The museum is dedicated to promoting, recognizing, and preserving athletic achievement. 2131 Pan American Plaza, 619-234-2544, (BALBOA PARK)

San Diego Maritime Museum "The Art of the Boat — Photos from the Rosenfeld Collection," opening Friday, August 1 and continuing through July, 2009, is collection of over 40 black and white photographs celebrating marriage of great yachts and sea through lenses of father-and-son team, Morris and Stanley Rosenfeld. Duo is renowned for photographs of yachts, tall ships, speed boats, and photography of every Ameri-

cas Cup race from 1885-1992. The photography exhibition "Portrait of Tall Ships" features more than 30 photographs by Thad Koza and Michael Berman. Exhibit includes chronicles of sailing adventures of the museum's ships. Through February, 2009.

'San Diego's Navy," based upon book by same name written by Bruce Linder, is said to be "the only comprehensive exhibit depicting the extraordinary contribution the Navy has made to the history of the San Diego region."

The museum features permanent exhibits documenting the his-



and the men

(858) 764-2609

♥ Browse & Record Ads FREE!

tory of San Diego's waterfront and the building of the West Coast by sea, the old San Diego-Coronado ferryboats, the tuna fishing industry, and the military. The museum fleet consists of the 1863 bark Star of India, the 1898 San Francisco ferryboat Berkeley, and the 1904 Scottish steam yacht Medea. The HMS Surprise, used in film Master and Commander, is permanently on exhibit; see artifacts, costumes, props used in making of the flick.

Also open for touring: a B-39 Soviet attack submarine, among the largest conventionally powered submarines ever built. This Project 641/Foxtrot class diesel-electric submarine was designed to track U.S. and NATO warships throughout the Earth's oceans. There are also nautical exhibits, ship carpenters, model building, ships in bottles, woodcarvers, complete research library. 1306 North Harbor Drive, 619-234-9153. (DOWNTOWN)

San Diego Museum of Man "People, Prints, and Politics: China



1920-1980" features work by Chinese artist and scholar Xian Rang Yong from Shandong Province. Yong utilizes Chinese art of woodblock printing to create compelling portraits, landscapes, depictions of cultural activities, political posters. Closes Sunday, October 19.

"Bevond Reasonable Drought" examines "wavs in which culture and climate are intimately connected today as they always have been." Exhibition examines how water resources have affected populations, cultures.

'Gods and Gold: Ancient Treasures from Mexico to Peru" showcases museum's collections of Mexican, Central American, and South American archaeological objects. Rare gold and jewelry, exotic figurines, intricate stonework, and pottery from the ancient world are on display, as well as a crystal skull, on loan from a private collector.

"Art and Expression: The Legacy of Our Collections" highlights 17 key collections, relates sto-

ries of the collectors, how collections came to museum, their significance in preserving history of past generations. Objects include pottery, baskets, beadwork, jewelry, woodcarving, folk art, katsinas, bone and ivory implements, shields, textiles.

In "Artists Speak: Contemporary Art from Ghana and Zimbabwe," museum has partnered with artists from Ghana and Zimbabwe to showcase paintings and sculpture by accomplished African artists.

Permanent anthropology exhibit "Footsteps Through Time: Four Million Years of Human Evolution" features "more than a hundred touchable replicas of early humans, primates, and futuristic cyborgs (part human, part machine)." 1350 El Prado, 619-239-2001. (BALBOA PARK)

San Diego Tug Boat Museum A 100-foot retired Korean War-era tug boat built in 1951 is open for tours at museum. Boat is docked along Harbor Drive, between Grape



Street and Broadway. Harbor Drive, 619-200-7417. (DOWNTOWN)

San Pasqual Battlefield State Historic Park Commemorates the clash (on December 6, 1846) during the Mexican War between the U.S. Dragoons, bolstered by sailors and volunteers from San Diego, and California militia. Narrated slide-show screens throughout the day, telling the story of the war in Mexico and California. Selfguided tour recounts the events of the battle and profiles the leaders of the forces and also describes the lives of the Indians indigenous to the valley. 16666 San Pasqual Valley Road, 760-737-2201. (ESCONDIDO)

Valley Center History Museum The museum features an educa-

SINGLES

tional exhibition centered around

a California grizzly bear, described

as "the only one on view in San

Diego." Also on exhibit: model of

an 1862 settler's cabin, collection of

Indian baskets, and aerospace dis-

play, 29200 Cole Grade Road, 760-

William Heath Davis House

Museum Museum is said to be

the oldest surviving structure in

the new town area of downtown

San Diego. The house is a well-pre-

served example of a pre-framed

lumber "salt box" family home,

shipped from the East Coast to

California by boat around Cape

Horn in 1850. 410 Island Avenue,

619-233-4692. (DOWNTOWN)

749-2993. (VALLEY CENTER)

Are you single and over 35? Imagine finding the love of your life this weekend! Imagine yourself at our singles party this weekend. As soon as you arrive you start to meet and talk with quality singles. You are amazed at how fun and easy it is. Finally, you have discovered the best way to meet singles specifically over 35! Every week The Social Place hosts a singles party that gives you a chance to meet more singles in one night than you could meet on your own in an entire year. This week our Singles Party will be on: Saturday, August 2, 2008 6:00 PM at CocialPlace **Belle Fleur** 5610 Paseo Del Norte Carlsbad, CA 92008 Come to the party this week you don't want to miss it! For more information http://love.thesocialplace.com 1-866-258-6952

Singles Parties for 30+ **Thursdays in North County!**

The Ouail at Lake San Marcos Resort 7-11 pm

Tuesdays & Saturdays **Parties**

Hotline: 858.259.6166 SinglesinSanDiego.com **Hosted by Darlena**





DATING MADE EASY Listen & Reply to Local Singles FREE! Call 🗐 Listen 🌒 Date 🎊

San Diego 619.295.5550 858.707.7777

El Cajon 619.387.0317 La Mesa 619.388.0770 Chula Vista 619.734.0083 858.713.5545 La Jolla Mira Mesa 858.860.0177 Encinitas 760.516.0011 Oceanside 760.405.0899 Escondido 760.708.2199 Vista 760.509.1010



Dateline for Men Seeking. Women & Women Seeking Men

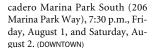


HOW TO SEND US YOUR **LISTING:** Contributions must be received by 5 p.m. Friday the week prior to publication for consideration. Do not phone. Send a complete description of the event, including the date, time, cost, the precise address where it is to be held (including neighborhood), a contact phone number, and a phone number (including area code) for public information to READER CLASSICAL MUSIC, Box 85803, San Diego CA 92186-5803. Or fax to 619-881-2401. You may also submit information online at SDReader.com by clicking on the events section.

CLASSICAL

"Celtic Celebration" Eileen Ivers — changing "the way you think about the violin" - joins Matthew Garbutt and San Diego Symphony for Summer Pops concert. Guests: Brian Baynes (guitar), Eric Rigler (uillean pipes). Evening concludes with fireworks. 619-235-0804. Embarcadero Marina Park South (206 Marina Park Way), 7:30 p.m., Thursday, July 31. (DOWNTOWN)

"Mancini at the Movies" Monica Mancini presents salute to her father, Henry Mancini, with conductor Matthew Garbutt and San Diego Symphony for Summer Pops concerts. Movie clips promised. Evenings conclude with



If It's August...It's Summer-Fest Time! La Jolla Music Society's SummerFest 2008 gets under way with "Fire and Passion," featuring pieces by Piazzolla, Julian Milone, Osvaldo Golijov, and Brahms on Friday, August 1. "French Connections" on Saturday, August 2, includes selections by Debussy, Ravel, and Fauré. "Brahms I — Friendship among Masters" promises pieces by Brahms and Schumann. Week concludes with "An Evening with Leila Josefowicz," selections by Stravinsky, Shostakovich, and Prokofiev, Wednesday, August 6. Festival includes coaching workshops, open rehearsals, encounters. Reservations: 858-459-3728. Sherwood Auditorium at Museum of Contemporary Art San Diego (700 Prospect Street), 7:30 p.m., Friday, August 1. (LA JOLLA)

"A Walk in the Clouds" The Kabayao Family Quartet performs violin and piano concert in USD's Hahn University Center. Enjoy classical music and folk songs from Philippines. 619-477-3392. University of San Diego (5998 Alcalá Park), 6 p.m., Saturday, August 2. (LINDA VISTA)

Hornswoggle in Concert This 20-member French horn ensemble with members from Coastal Communities Concert Band, San Diego Symphony, La Jolla Symphony, Westwind Brass, and U.S. Navy Band Southwest - performs new arrangements of music from Beethoven, movies, popular songs. 760-438-5996. Museum of Making

Music (5790 Armada Drive), 2 p.m., Saturday, August 2. (CARLSBAD)

Listen Up! Civic organist Carol Williams takes stage for organ concert. 619-702-8138. Spreckels Organ Pavilion (2211 Pan American Road), 2 p.m., Sunday, August 3. (BALBOA PARK)

Seattle Organist Carole Terry plans concert for International Summer Organ Festival. 619-702-8138. Spreckels Organ Pavilion (2211 Pan American Road), 7:30 p.m., Monday, August 4. (BALBOA PARK)

Pipe Organ Concert Performance by Frederick Swann, former organist for Crystal Cathedral in Garden Grove and current national president of the American Guild of Organists. 858-273-1480. St. Mark's United Methodist Church (3502 Clairemont Drive), 7 p.m., Wednesday, August 6. (CLAIREMONT)



HOW TO SEND US YOUR LISTING: Contributions must be received by 5 p.m. Friday the week prior to publication for consideration. Do not phone. Send a complete description of the event, including the date, time, cost, the precise address where it is to be held (including neighborhood), a contact phone number, and a phone number (including area code) for public information to READER EVENTS, Box 85803, San Diego CA 92186. Or fax to 619-881-2401. You may also submit information online at SDReader.com by clicking on the events section.

GALLERIES

"Empowered Women" "Kettner Nights" reception for group show with work by 18 artists on display through Saturday, August 30. Third reception: Saturday, August 9. 619-756-6483. Patrick Moore Gallerv (2400 Kettner Boulevard, Suite 103). 7 p.m., Thursday, July 31. (LITTLE ITALY)

"Hot Time in the Old Town Tonight" Reception for artists whose original watercolor paintings are on exhibit through Saturday, August 30. Juror Sharon Hinckley selected approximately 100 paintings to include. 619-876-4550. San Diego Watercolor Society at NTC Promenade (2825 Dewey Road #105). 5 p.m., Friday, August 1. (POINT LOMA)

"Nouveau Pop" Closing reception for Andre Couturier's exhibition. "Playing with concepts of personal ecstasy you are taken through the vivid images of characters, environments, and emotions that live on the edge of technology and expression." Reception includes music by DJ Travisty. RSVP: 619-795-3704. Colosseum Fine Arts (2400 Kettner Boulevard, Suite F-109). 6 p.m., Friday, August 1. (LITTLE ITALY)

"Seventeenth Annual Juried Exhibition" Reception for exhibition of work by 39 artists in this "who's who of San Diego art." Jurors: Museum of Contemporary Art San Diego curator Robin Clark and Museum of Photographic Arts executive director Deborah Klochko. Also opening: "Selections from the Erika and Fred Torri Artists' Book Collection: Richard Tuttle, Books." Both close Saturday, August 30. 858-454-5872. Athenaeum Music and Arts Library (1008 Wall Street). 6:30 p.m., Friday, August 1. (LA JOLLA)

ART MUSEUMS

California Center for the Arts, Escondido Museum Five new exhibitions of work by local artists. See "Active Duty" by Owen Mundy, "Contemporary Ruin: A Selection of Prints by the Los Angeles Printmaking Society", "United & Severed: That Window of Time", "Shannon McNeill: Little Drawings", and "Warning Signs," prints by R.H. Brownfield. Each "touches on issues relevant to contemporary life in America including motherhood, active duty military life, loss, and more. Through November. 340 North Escondido Boulevard, 760-839-4120. (ESCONDIDO)

Mingei International Museum "Hungarian Folk Magic - The Art of Joseph Domjan" includes several of this master woodblock printer's pieces, along with objects from other cultures of the folklore images Domjan often portrayed. "Exhibition is an expression of the power of art to endure war, politics, and disaster and to rise, phoenix-like, from the ashes." Closes Sunday, October 5.

"India Adorned" features selections from museum's Stephen Huvler Collection, Exhibit "reveals the colorful diversity of Indian creative expression, presenting an evocative collection of works that are used in the daily routine of a typical Indian family - objects of worship, personal and domestic adornment, utility, and recre-

ation." Closes Sunday, April 19, 2009.

"Forms in Wood and Fiber: Southern California New Work' features work of six distinguished San Diego wood artists and many California Fibers members, "Both fresh perspectives on traditional forms and cutting-edge contemporary expressions will be included in works of superior design and craftsmanship." Participating artists include Wendy Maruyama, Russ Filbeck, Patrick Edwards, Del Cover, Brett Hesser, and Gene Blickenstaff. Closes Sunday, January 4, 2009.

American Viewing Stones: Natural Art in an Asian Tradition." Chinese connoisseurs began using large stones to decorate gardens, courtyards during the Han Dynasty (206 B.C.-A.D. 220); "Scholar's Rocks" is English name most commonly used for these items. American viewing stone collecting began with first- and second-generation Japanese-Americans who continued traditions of bonsai and suiseki.

The "Chinese Woodblock Prints in the Style of the Ten Bamboo Studio" are likely from a 19th-Century edition of Treatise on Calligraphy and Painting of the Ten Bamboo Studio. Prints are noteworthy for technique of printing using multiple blocks. Both exhibits are ongoing. 1439 El Prado, 619-239-0003. (BALBOA PARK)

Mingei International Museum - North County More than 50 items are included in "Artful Armadillos," on display through Sunday, September 7. The pieces are created from materials including wood, ceramics, metal, and shells, from collection of Katarina Real-Cate.

"Art of Play: Kinetic Toys of the World" — closing Sunday, September 14 — features objects that move when manipulated. See kites from many countries, pulland push-toys, antique mechanical banks, puppets, wooden toys. 155 West Grand Avenue, 760-735-3355. (ESCONDIDO)

Museum of Contemporary Art San Diego, Downtown "Memory Is Your Image of Perfection," opening Sunday, August 3, was curated by MCASD assistant curator Lucía Sanromán and presents photography and video works from museum's collection created by women artists of Southern California and Baja California. Exhibition "investigates the subject of memory through associations, oppositions, and overlaps amongst photographic genres that range from straight documentary photography to manipulated photography." Artists include Eleanor Antin, Uta Barth, Andrea Bowers, Sharon Lockhart, Ana Machado, and Yvonne Venegas. Through November. 1001 Kettner Boulevard, 858-454-3541. (DOWNTOWN)

Museum of Contemporary Art San Diego, La Jolla "Elusive Signs: Bruce Nauman Works with Light" is said to focus "on Nauman's neons and light-room installations created over the first two decades of his career (1965-1985)." On view through Sunday, August 31, exhibition presents provocative body of work in which artist grapples with questions of how perception is shaped by light and space. 700 Prospect Street, 858-454-3541. (LA JOLLA)

Museum of Photographic Arts "Flesh: The Portraiture of Gary Schneider," continuing

through Sunday, September 14, includes John in Sixteen Parts, a set of black-and-white fragments of Schneider's partner's face seen through time. Also included: Genetic Self-Portrait, an installation utilizing medical-imaging techniques to depict his own body from the inside out: and Heads and Nudes, where the South African artist uses exposures of up to three hours to explore and transform the flesh of friends and family.

"Picturing the Process: Landscape Through Time and Space" - continuing through Sunday, February 1, 2009 - includes selections from MoPA's permanent collection, exploring ideas and issues related to landscape.

In "Humanitas: Images of India by Fredric Roberts," the artist pictures people in India, Myanmar, Cambodia, Bhutan, Thailand, China as they go about their lives, selling water or herding camels. Through Sunday, September 7. 1649 El Prado, 619-238-7559. (BALBOA PARK)

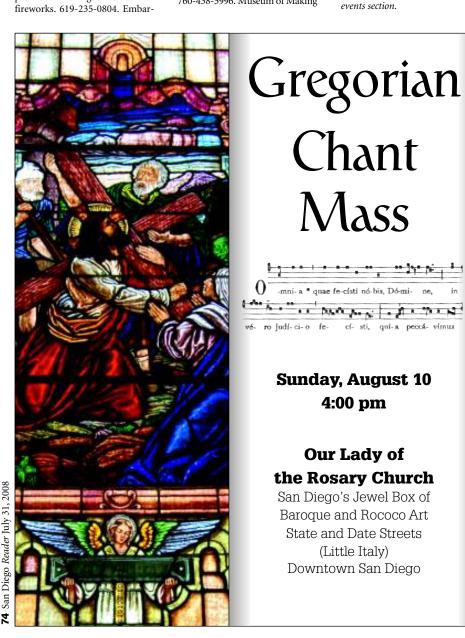
Oceanside Museum of Art "Ancient Marks: The Sacred Origins of Tattoos and Body Marking" features over 100 black and white photographs by documentary photographer Chris Rainier reflecting "humanity's efforts to forge identity, beauty, storytelling, and sacred beliefs." Closes Sunday, August 24.

'The Vibrant Edge: Paintings of Karl Benjamin from the 1960s, '70s, and '80s" - closing on Sunday, October 19 — "illustrates how this West Coast painting icon became known as one of the founding fathers of Hard Edge." Benjamin, whose oeuvre spans more than half a century, says, "Color is the subject matter of painting." 704 Pier View Way, 760-435-3720. (OCEANSIDE)

San Diego Museum of Art Touring exhibition "Georgia O'-Keeffe and the Women of the Stieglitz Circle" boasts more than 80 pieces, including work by O'-Keeffe, Gertrude Käsebier, Pamela Colman Smith, Anne Brigman, and Katharine Rhoades. These artists were "interested in redefining the identity of the modern woman and explored the changing themes of femininity in modernism." On view through Sunday, September 28.

"Visible Places: Works by Women on Paper" — ontinuing through Sunday, November 9 showcases works from SDMA's collection. The early- to mid-20th century pieces offer historical framework allowing consideration of how artistic styles changed over time, reflect upon active participation of women in the social and political currents of the period. Artists included are Mary Cassatt, Käthe Kollwitz, Isabel Bishop, Barbara Hepworth, Leonora Carrington. Exhibit includes "Spatial Gestures," focusing on abstract works by contemporary women artists acquired by museum between 2006 and present, 1450 El Prado, 619-232-7931. (BALBOA PARK)

Timken Museum of Art Permanent collection includes European old master paintings, 18thand 19th-Century American paintings, and Russian icons. Saint Bartholomew, the only Rembrandt painting on public display in San Diego, is featured. 1500 El Prado, 619-239-5548. (BALBOA PARK)



Chant Mass the to a proper par at a first a star of

> Sunday, August 10 4:00 pm

Our Lady of the Rosary Church

San Diego's Jewel Box of Baroque and Rococo Art State and Date Streets (Little Italy) Downtown San Diego

ALANIS MORISSETTE live in concert

On sale Friday at 10am! Monday, November 10

ALANIS.com MYSPACE.com/ALANISMORISSETTE

ticketmaster.com or 619/220-TIXS

sdcivic.org

1100 Third Ave., San Diego

San Diego Civic Theatre



San Diego Reader July 31, 2008



The resultant album. Explode, was released this month. - Jay Allen Sanford

Slim Summer at

Avalon Last summer, Marc Shannon opened the Avalon in North Park. His plans for the almost-100-year-old building included hosting bands in an all-age, alcoholfree environment. The building, once the site of a lumber mill (at 3925 Ohio Street), is zoned as "mercantile," which allows for a 50-person capacity.

"We have plans to expand our capacity," says Shannon, whose hope was to present shows for up to 500 patrons; his goal now is to obtain a permit for 150. He believes that the building's age may

help. "The City of San Diego is interested in designating this as a historic landmark," says Shannon. He says getting code exemptions is "very hard to do, but it can be done." He says 28 volunteers

(mostly musicians) donated their time to get the place up and running last July.

"It was our goal that the Avalon would be run by and for musicians. Tim Graves

PEN DAILY AT TIAM

MOONDOGGIES

832

GARNET

AVE

483

6550

MOONDOCCIES

[Silent Comedy singerguitarist] was the driving force and reason Avalon made it this far.... I heard that in L.A. there are 300 allage venues; San Diego only has 2 places with large stages [Soma and Epicentre]. We just lost two very good all-age venues recently: the Arts and Cultural Events Center in North Park and the Hot Monkey Love Cafe near SDSU both just went away." Shannon says city



A DRIVING FORCE (TIM GRAVES)

government and other forces work against all-age music spots.

"In L.A., the City goes out of its way to help; in San Diego everyone is afraid of doing something wrong. The

WHAT COULD BE BETTER?

first week I opened, I was raided by the police. They said they had an anonymous tip that we were running a porn ring out of here. I told them if they even found so much as a Sears catalog with bra ads here I would be guilty. We were adamant about making this a familysafe place....

"This is one of the worst cities for an independent artist to try and start a career. There is a lack of venues. And reporters here are to

blame too.'

The Avalon will host three bands as part of the North by North Park festival on August 2. Guitarist Doug McCarron appears every Wednesday night. – Ken Leighton

Define Combat

Zone After performing in over 100 countries, San Diego-based Liquid Blue thought they might have a world record. The band

spent months researching the possibility of getting their accomplishment certified. After checking combos known for their stature and longevity, Liquid Blue band members were certain their entry into The Guinness Book





investment?

the studio, which had

MMY THE WOODSMAN

We looked briefly at local studios and even thought about recording it ourselves," says bassist Jimmy Zadai. "Money and availability were issues, but after a few emails with Ryan, we jumped into the deep Regarding Greene's fee,

Zadai says, "We'd rather not disclose the exact dollar amount, but it was ten times the amount we would have paid to do a local recording. Ryan was cool...he preferred

end.'

The Reader offers \$25 for news

tips published in Blurt. Call us

at 619-235-3000, ext. 456,

Let It Ride on Greene

recently paid for a recording

session with A-list producer

Megadeth, Guitar Hero 3).

Ryan Greene (NOFX,

Local power trio Off Track

or e-mail your tip to

blurt@sdreader.com

advertised, and hauled the wood to homes all over the county. We would sell a full cord of firewood for \$200. A half a cord was \$100, and we sold small bundles for \$5. That helped us raise a large part of the money.

that it be paid in advance, but

to arrange the money another

To raise the money, the

"We rented a log splitter,

tuned up our chainsaws, and

the three of us chopped, split,

way, that would be fine too."

band spent several months

selling firewood and

recycling.

the inside track

he told us that if we needed

"For recycling, we would save and recycle bottles and cans from any of our shows. We stripped wire, cleaned aluminum, crushed cans; we even took people's recycling that they put out on the street.'

The return on their

sleeping arrangements for four people, a full bathroom with shower, and a front room with wireless Internet, cable TV, and — most importantly — Guitar Hero III on XBox 360. We were able to record 11 full songs — fully recorded, produced, and engineered by Ryan. We worked from noon until two or three each morning.... We only took one day off during the entire process."



LARGE PIZZA = PRICE OF SMALL \$3 BUD + BUD LIGHT BOTTLES MONDAYS 7PM TO CLO



Steely Dan August 5 tickets starting at \$89



Fantasies with Katrina Halili August 22 tickets starting at \$49



John Fogerty August 27 tickets starting at \$79



Poison August 28 tickets starting at \$45



www.sandiegojack.com

JACKfest II Undercover September 13 tickets only \$15



Kid Rock September 17 tickets starting at \$71 ON SALE TOMORROW



Anita Baker September 27 tickets starting at \$75

FREE Entertainment

August 1 - Superfreaks

August 2 – Satisfaction (Tribute to The Rolling Stones)

August 15 - Crush

August 23 – Cash Kings (Tribute to Johnny Cash)

Tickets are available at the Pala Privileges Center 1-877-WIN-PALA (1-877-946-7252) and at all Ticketmaster outlets. For new shows please visit PalaCasino.com

> tickotmastor.com 213.480.3232 .714.740.2000 805.583.8700 .619.220.TIX5

PALA CASINO SPA RESORT

> FOUR DIAMOND AWARD WINNER PalaCasino.com

SO MANY MAGICAL NIGHTS

The Filener Starlight Theater

Located in Northern San Diego County From San Diego & Riverside: Take I-15 to Hwy. 76, go east 5 miles From Orange & Los Angeles: Take I-5 South to Hwy. 76, go east 23 miles



of World Records would be a

The group made contact

formality.

with Guinness and got as far as filling out "tons

of paperwork. They go out of

their way to verify what

someone is

Stephens.

band was

stating," says

front man Scott

Despite proof of

their claim, the

excluded from the Guinness

"We could not count your

Book on a technicality.

[military] concerts," said

Guinness researcher Scott

Christie in an email to the

band. "As with all our concert

records, we need to see that

these [shows] were open to

We thought it was

ludicrous," says Stephens. He

countries the band performed

and Palestine — allowed their

benefit of military personnel.

According to Stephens,

in — such as Saudi Arabia

performances only for the

"It doesn't make sense -

we're there, we play, you

would think it'd count.

USO shows make up 25

percent of the group's

touring schedule, with

corporate gigs and cruises

also a regular part of their

road trips. Two other record-

keeping organizations with

policies than Guinness (the

Registry of Official World

Records and Open Record

less stringent reporting

the general public."

points out that some

band's record for their listings Liquid Blue is signed in

Book) have accepted the

China, where they have a large fan base for their original tunes. In January, the band performed in Beijing for the opening Olympic ceremonies - part of their set was in Chinese.

"That's been our secret to getting to so many places," Stephen says. "We adapt."



LIQUID BLUE IN THE PHILIPPINES

The band plans to add North Korea and Iran to their list of concert locations as soon as is feasible.

"We do end up in a lot of places that some might consider dangerous, but really, it's no more so than driving through East Los Angeles.'

— Bart Mendoza

Love It, Hate It, Need It

Former Viper Room booker Joe Rinaldi says he will continue to give San Diego bands the same love when he takes over one of the most prominent rock venues: the Sunset Strip House of Blues.

"Somebody bought the Viper Room," says Rinaldi, who spent four and a half years booking the 175-seat West Hollywood venue. "They wanted to do things differently with a different talent guy. We parted amicably.

Prince, Elvis Costello, and the Queens of the Stone Age played the Viper Room





OVERHEARD? EMAIL JAS2669@AOL.COM - IF WE USE YOUR TIP, YOU GET THE ARTWORK

during Rinaldi's tenure. Rinaldi, who used to play in a local band called the Offenders, made it a point to book San Diego bands. By giving Dirty Sweet, Transfer, the Deere Johns, Reeve

Oliver, Lady Dottie and the Diamonds, and Roses on Her Grave regular gigs at the Viper Room, those bands were able to nurture an L.A. fan base. "Louis XIV

made their L.A. debut at the Viper Room;

Dirty Sweet ended up having a real strong market presence in L.A.'

Rinaldi, 42, earned an economics degree from UCSD. He moved to L.A. to work for the now-defunct Ultimatum label (from 1998 to 2000), which signed local artists Moses Leroy and the Bastard Sons of Johnny Cash.

Rinaldi says he got the attention of the Viper Room when he started booking free weekly concerts at the independent record store he opened in 2000. "When the Viper Room

gig came up, it was easy to make the decision to close the record store. It was definitely going to go under just like all the Towers, most of the Wherehouses, and Rhino [record stores].'



JUMPSTARTED IN L.A. (ROSES ON HER GRAVE)

Rinaldi says the San Diego House of Blues and his club generally operate

independently when it comes to booking local, unsigned bands. He says he will continue not to use pay-forplay, but bands that commit to a certain amount of tickets may get a better slot. - Ken Leighton

Knocking Bush Local singer/songwriter Charlie Imes's new album includes

the song "Worst Presnadent Ever," featuring the George W. Bush

impersonator from Harold &

Kumar Escape from Guantanamo Bay.

"James Adomian is also the guy always playing Bush on The Late Late Show with Craig Ferguson," says Imes, who describes how the impressionist came to be on his album:

"I produced DemocracyFest at SDSU's Open Air Theatre a while back, which included Cindy Lee Berryhill,

Berkley Hart, Laurence Juber, and comedians like Al Franken and Marc Maron entertaining between speeches by politicos like Howard Dean and Maxine Waters.

"A year later, when I was recording 'Worst Presnadent Ever,' I contacted a couple of well-known Bush impersonators only to discover they wouldn't do this type of song knocking Bush. I even bugged my connections at liberal talkradio stations, to no avail.'

DemocracyFest comedian Marc Maron finally put Imes in touch with a willing Bush impersonator.

"So James Adomian was great, but now that I want to shoot a video of the song, he's a lot harder to track down and schedule."

WWW.MYSPACE.COM/JAYALLENSANFORD

JAY ALLEN SANFORD

The tune appears on Imes's upcoming album On an Island — also the name of a recent high-profile CD and DVD by Pink Floyd guitarist David Gilmour.

"On an Island seemed to work better than The Wall



around an Island or Dark Side of an Island," jokes Imes. A CD-release party takes place August 16 in the Barefoot Bar on Mission Bay. – Jay Allen Sanford

CONTRIBUTORS

William Crain, Dave Good, Larry Harmon, Michael Hemmingson, Ken Leighton, Ryan Loyko, Bart Mendoza, Derek Plank, Eric Rife Jay Allen Sanford, David Stampone

	ЛНЕЕЛИ	Constanting of the local division of the loc
A CONTRACTOR OF	ON TOUR NOW Jaguar Love Shy Child	
		Į
r July 31, 2008		SAT AUG
/8 San Diego <i>Reader</i> July 31	www.lunatiks.com casbahtickets.com all ages	





GUARANTEED ENTRY PRE-SALE TICKETS @ventvibe.com



BEAT THE COVER! MAKE DINNER RESERVATIONS @ ZEN CAFE CALL 619.231.0011 Happy Hour : Fridays & Saturdays 15% off menu literas & 50% off Sake from 7-8PM

UPCOMING EVENTS FRIDAY0808 SEN-SEI SATURDAY0809 Dave Aude & Jen Lasher

restaurant+nightlife

belosandiego.com

FRIDAY 08.01

INFAMOUS

DJ'S MIXIN' LIVE! PHOBIK CLOCKWERK ALEX M.

U4RIK VODKA HOSTED BAR FROM 9-10PM FOR VIP GUESTLIST: JCORDINA_20597AHDD.COM

\$200 BOTTLES FOR VIP FOR VIP BOTTLE SERVICE OREAN 619 507.0843

SATURDAY 08.02 DRE VEGAS, HOLLYWOOD RAY, DYSMD PRESENTS

SATURDAYS reinvention : the summer series

green room : DJ WHO? rock : hip hop electro : mash-ups

all hip hop

DREVEGAS.COM | HOLLYWOODRAY.COM

MAKE DINNER RESERVATIONS AND BEAT THE COVER

FOR VIP BOTTLE SERVICE: CALL OREAN @ 619-507-0843

919 4TH AVENUE GASLAMP + 619.231.9200

This Week In Music

Thursday

check

Jay Reatard rides his Flying V into town behind garage-punk nuggets comp Singles 06-07. The Memphis mainstay signed to Matador this year to release a series of six singles. The first, "See Saw," dropped in April, and after some pre-order snafus — vinyl lifers can't get their greedy lil hands on these things fast enough — the second, a split with Deerhunter called "Fluorescent Grey," came out a couple weeks ago. Good luck finding either limited edition 7". For a full frontal of the Reatard experience

(I) Versel

out the DVD of his Blood Visions gig at NYC's Cakeshop; it's included with Singles 06-07. With Nashville psych-rock trio Cheaptime and hometown hits squad the Sess. this one's a no-brainer... Miss the door at that Casbah gig, roll over to House of Blues where Mr. Mays is staging electropop duo P-Thugg and Dave 1, aka Chromeo, who are out to tout double-disc collection Fancy Footwork. (What kind of world do we live in where P-Thugg gets a bigger room than Jay freaking Reatard?!) Icelandic crunks **Steed Lord** set the downtown stage.... Acoustic cats Greg Laswell and the White Buffalo roam into Belly Up. This is local guy Laswell's CD-release thing for his latest (and critics say greatest), Three Flights From Alto Nido. Customers who bought this item also bought...Emmylou Harris's latest, All I Intended to Be. The queen of country cool sails 30 years of touring and recording and 12 Grammys (!) into Humphrey's by the Bay.... Canes is the battlefield for another stage of the "Vans Warped Battle of the Bands." **Monday's Alibi, High Tide, Livid** Virus, Higher Minds, and Throwing Seven slug it out tonight.... All-ages Soma sets up Anderso Indiana's favorite son, pop star Jon McLaughlin, who's out in support of his new Island disc, OK Now. Songsmiths Jason Reeves and Tyler Beach open.

Friday

Was going to prop the new Hold Steady disc Stay Positive and call out their Casbah set as gig to get to, but the disc's sold out all over town and the tickets for this one are gone daddy . So but anyway, local indie hits **Pinback** play a free "Four O'Clock Fridays' gig at the track. It's still *Autumn of* the Seraphs for Rob and Zack, and this fall, they'll tour it nationwide. Here's the thing with these shows, though. The first race is at 4:00. Post time for the Pinback show: around 8:00. And "free" means free with your \$6 track ticket, \$8 parking spot, and untold mental anguish on the 5.... On your way back to town, UCSD cam-

pus collective Ché Café booked punk-pop akts Grand Ole Party,

Atoms, and the Crocodiles. Cover crews the Cured and Cash'd Out ape their idols at House of Blues. .. Shhh, there's a Secret **Apollo** CD-release giggie at Whistle Stop. You like novelty rock, you'll like Homemade Time Machine — "short songs for tall people".... A Qualcomm Concert on the Green features Paramore, Jack's Mannequin, and Phantom Planet The jazzy Pocket funks up Pink Elephant.... And Frantic Romantic and Long Live Logos pop-rock the Ken.

Saturdav

Hillcrest's straight neighbor asserts its Hitchcock-yness with the inaugural North by North Park, a multi-club music fest that's all over the map. There's a shuttle and a website. Go here for more



info: sandiegomusicfoundation.org/nxnp. And note the lineup at the Ken.... Not into the whole neighborhood thing, howzabout lounge lizard Richard

THE SUBWAYS AT EPICEN Cheese crooning all your favorite tunes and TV themes Vegas-style at House of Blues. Check out the Cheeseman's Lounge Against the Machine, unbelievers! Missing Persons can be found at Anthology Saturday night. Do you hear me? Do you care?... Power poppers Buckfast Superbee meet Pall Jenkins's dub-rock crew Mr. Tube and the Flying Objects down at Casbah.... All else fails, violin rocker Mark Wood (Trans Siberian Orchestra) will throw down on his homemade electric violins at Brick by Brick.

Sunday

Subways roll into Mira Mesa's Epicentre Sunday night. The UK trio are rock-roll revivalists of the "gar-raj" variety and are out in support of this summer's Butch Vig-produced collection All or Nothing, which rips and roars. Check out their Space takes, and we'll meet you at the iHop... Positively equine, as Horse Feathers and Calico Horse join Thao and the Get Down Stay Down at Casbah.... Are you ready to rumbuuuuul Blues-rock heavyweights Buddy Guy (five Grammys, yo!) and **George Thorogood** (purport-edly "bad to the bone") go toe-to-toe at Viejas Casino. Psst. Old-school drops big mouth in the first.



Big '80s new-wave thing, the "Regeneration Tour," lands at Viejas' Concerts in the Park Monday night. For the v. reasonable price of admission, ya get **Belinda Carlisle** (the Go-Gos), **ABC** ("The Look of Love"), Human League ("Don't You Want Me?"), **Naked Eyes** (don't remember them), and **Dead or Alive** ("You Spin Me Round"). Buffet not included.... Hot horns and heavy percussion hit Casbah, as Michiganders Nomo play the Anti-Monday meet-up. The nine-piece and the kitchen sink are out in support of *Ghost Rock*. Check your head at the door.... SanFran girly band **Excuses** for Skipping are out behind their first selfreleased full-length Out of Work Early. It's Sleater-Kinney-ish. They'll be at Beauty Bar with LDR and the Kates. Worth a look, listen if you're in the neighborhood.

Tuesday

Steely Dan will be "reelin' in the years and stowing away the time" at Pala Tuesday night, as Becker and Fagen's "Think Fast" tour comes to town.... While country bump Lyle Lovett and His Large Band fill a bill at Humphrey's. Lovett's out behind last year's country-cosmopolitan collection It's Not Big It's Large. Uh-huh.



Wednesday night. They call their sound "Chicano rock with a greasy New Orleans secondline/mambo

flavor.



Whatever Always a party with the **Swingin' Kings**.... Heaviosity in Middletown as **Earthless** blasts off at Casbah. Check the psych-rock trio's debut Rhythms from a Cosmic Sky. Just a taste on the tip of your tongue ought to do it. Titan, Ancestors, and the Long and Short of It on the bill, with John Biz in the Atari.... Sides: Hush Sound and the Cab pull quietly up to Soma.... La Quiete (France), Phoenix Bodies, Ghostlimb, Cheap Art, and Touche Amore play Ché.... And May Fire, Astra Heights, and Montenegro coif at Beauty Bar

- Barnaby Monk







HARRAH'S SUMMER CONCERT SERIES







KOB DYLA OLIVITATIONICAL

POOLSIDE



TRAVIS LEDOYT FRIDAY & SATURDAY, AUGUST 8 & 9



03

Gladys

Knight Green

IN THE PAVILION

24

REO SPEEDWAGON THURSDAY, OCTOBER 2



SUNDAY, OCTOBER 26



CASINO & RESORT SAN DIEGO NORTH

For tickets visit www.openskytheater.com or call 1-866-468-3399. Call 1-800-HARRAHS for hotel packages and special group rates. 777 HARRAH'S RINCON WAY • VALLEY CENTER • CALIFORNIA • 92082 • 1-877-777-2457 • WWW.HARRAHSRINCON.COM

> Entertainers subject to change or cancellation. Must be 21 or older to gamble and attend concerts. Know When To Stop Before You Start.[®] Gambling Problem? Call 1-800-522-4700. Owned by the Rincon San Luiseño Band of Mission Indians. Managed by HCAL, LLC. ©2008, Harrah's License Company, LLC.



Air It Out

"I thought I could do a knee slide on my wooden floors, and that didn't work out very well."

MUSIC

LARRY HARMON

he spotlight lit up Erik Peterson as he stepped onto the stage at Dreamcatcher at Viejas dressed in a plaid kilt accessorized with shaggy fur wristbands and a plastic Viking helmet with fake blond braids. The crowd was silent as he slowly raised his right

arm, his index finger pointed upwards to signal the start of the music.

When the first note jumped out of the speaker, Peterson became Tone Loki,

leaping all over the stage, playing invisible solos and imaginary licks on his nonexistent guitar. Peterson had driven from Albuquerque to

compete in the San Diego leg of the U.S. Air Guitar National Championships. Contestants paid \$20 for the chance to pretend to play along with a favorite rock or metal tune edited down to 60 seconds. The winner bags \$400 and the chance to go on to compete against 23 other airguitar champions at the August 8 nationals in San Francisco.

Some might scoff at the idea of pretending to jam to "Welcome to the Jungle" in front of a crowd of 200, but the night's lineup of air guitarists was dead serious about their "airness."

Three judges score the performances and throw out snappy burns and put-downs as critique — something like an R-rated Gong Show.

Backstage, the air guitarists were treated better than most touring bands. There were cases of iced-down beer, bottles of Cuervo tequila, and travs of cheeses and other snacks.

All of the free-flowing beer had George "Madness" Hunter a little concerned. During introductions, Madness raised a giant, muscu-

lar arm and began to ask a question. "Last year somebody spilled some beer on the stage and left a big puddle, and it ruined my kicks..

The organizers assured him his kicks would be okay. "It's a big stage. It's rock 'n' roll."

Madness drove down from San Gabriel to air guitar to Quiet Riot's instrumental "Battle Axe." His costume was classic '80s rocker: a long wig, tight-fitting sleeveless shirt, and crotchbulging acid-wash jeans. Along with a couple of big kicks, Madness mixed in some pirouettes which cost him points with the judges.

Along with Madness and Tone Loki, the majority of the night's performers were out-of-towners taking advantage of San Diego's low sign-up numbers. The Crusher cruised down from Costa Mesa, Gobo flew in from San Francisco, and L.A.'s Therocknessf***ingmonster, a former national champion, arrived with the promoters aboard their giant tour bus.

Dan "the Man" Adams took the prize for longest travel distance. The Ohio resident hit the road to tour as an air guitarist, driving solo from town to town in his hybrid car.



"I work for a school district, and I got a twomonth unpaid leave of absence to do this," says Adams. "In Detroit I placed third, then fifth in Cleveland, seventh in Chicago,'

At Viejas he was carried onstage on a hand truck decked out in a glittery Mylar suit, looking like a disco-y Hannibal Lecter. He pointed to the roof, and a 60-second edit of Quiet Riot's "Mental Health" rocked the house. Dan performed the song as if he owned it, but it wasn't enough for the judges.

Three of the four local competitors made it to the finals. The San Diegan failing to advance was Count Cougar Slayer, aka X1FM producer Andrew Wehrung.

Tierrasanta's Yoko Airo had this to say: "Anyone can get up there and pretend to strum, but it's really the moves that make it air guitar. It's known as 'airness' - that whole feeling of your head thrashing and the fretwork. You have kicks and jumps. I didn't have that kind of confidence to perform those things - I was one of those strummers. I started practicing, and people started telling me I was getting pretty good at it. I have some groupies out there.

While most of her competition was hanging out backstage drinking beer, Airo - Karin Roelke, pharmaceutical saleswoman — had her headphones on, one leg bouncing nervously to the sound of her edited-for-performance ver-

ONF WEEK ONLY

RACHMANINOFF

SHOSTAKOVICH

XLNC > yellowbook

TCHAIKOVSKY



8

Yoko Airo





Diego

Reader July

2008



sion of AC/DC's "T.N.T." "I basically consulted with people that grew up during that era," says Roelke. "A lot of people are closet air guitarists, but they don't want to admit it. Everyone who grew up during the Van Halen days,



Gobo

AC/DC, Guns N' Roses - everyone has an air guitar. So I would practice in front of them, and they would give me pointers. It's really a collaboration of closet air guitarists, and I'm the embodiment of them.

Roelke points to her knees. "There's injuries involved. I took all the skin off my knees. I thought I could do a knee slide in my house on my wooden floors, and that didn't work out very well." Many of the competitors had scabs on their knees from home-practice sliding sessions.

Onstage, with Angus Young blasting through the P.A., Roelke tore off her conservative business suit to reveal a denim skirt, fishnet stockings, and studded wristbands. Airo's airness would land her in the finals

Bonita's Joseph Balan, aka J-Prime, is a junior high math teacher by day and an actor by night. While he mostly listens to hip-hop, he thought air guitaring to Trans-Siberian Orchestra's intricate fretting would set him apart from the hard-rock competitors. That and some thrashed-out Russian dancing earned him a spot in the finals.

The air-guitar underdog was Mary Jane, who dances to Slipknot, Hatebreed, and Marilyn Manson at Little Darlings in Lemon Grove. Despite her dancing career, she sat backstage pounding beer, nervous about playing her invisible axe and describing the butterflies as the embarrassed feeling of "being caught on the toilet."

She sauntered out and her dancer instinct took over. She

whipped her blonde mane around to a Mudvayne tune and worked a make-believe stripper pole. When the scores were tallied, the Crusher and Gobo would take on locals J-

Prime, Yoko Airo, and Mary

to compete at this event after

failing to advance to the San

Francisco city finals two nights

Gobo called in sick to work

Jane

before. "I was totally ripped off,"

says Todd Nakagawa, aka Gobo. "I missed second round by .3 points because I did not have a costume, and that's



Therocknessf***ingmonster

what pisses me off. I take this totally seriously. This is f***ing dead serious. It's a f***ing art form, but a lot of people have turned it into a freak show who need some costume or gimmick. Yeah, you need to get the crowd going, but it's a frickin' art form. Hey, the Finns know that, the Europeans know that, and even in the documentary [Air Guitar Nation, 2006] they mocked America because they think we don't take it seriously. But there are a bunch of us that do.

"I've been doing this since I was a kid. One of my best memories is listening to Santana's 'She's Not There.' I was a one-man band. I was playing guitar with my tennis racket, playing drums with -with a chopstick sticking out of my butt and kicking like this, and my mom is yelling, 'What the hell are you doing?'

The five finalists would compete against national champion and twice national runner-up Therocknessf***ingmonster — L.A.'s Fatima Hoang.

Hoang, a star in the air-guitar community, was here to crush the locals so he could capture a spot in the nationals after losing in L.A. the night before. Hoang says he's hanging up his air guitar and retiring after this tour.

Tonight's winner would be decided by the ability to air to Skid Row's hair-metal anthem "Youth Gone Wild." Edited down from more than three minutes, the 60-second version had everything for an air guitarist — guitar breaks, drum fills, and a deafening chorus.

The five novices were no contest for Therocknessf***ingmonster's experience and air versatility. A surprised Marv Jane took second and cele-



I-Prime

brated backstage by handing out free passes to Little Darlings. Gobo was proud to place third after his disappointing showing in San Francisco. Yoko Airo grabbed fourth and J-Prime came in fifth, with both locals pleased with their performances.

There wasn't much time for congratulations — Skynyrd's "Free Bird" began pouring out of the speakers, calling the evening's air guitarists to the stage for an all-star jam. ■



Spreading love through music.















Classical listings can be found in the Classical Music Guide Music videos. driving directions, maps, event alerts, coupons, and more available online at SanDiegoReader.com.

HOW TO SUBMIT A MUSIC

LISTING: Call 619-235-3000 x405, night or day by 5 pm Friday, the week prior to publication. To send weekly or monthly schedules, fax to 619-231-0489 or mail to Reader Music Scene, P.O. Box 85803, San Diego, CA, 92186. You may also submit information online at SDReader.com by clicking on the music section.

THIS WEEK'S SHOWS

1st Street Bar: 656 South Coast Highway 101, Encinitas, 760-944-0233.

Saturday, 9 p.m. - Misty & the Mobvs, Covers/standards/rock.

710 Beach Club: 710 Garnet Avenue, Pacific Beach, 858-483-7844.

Thursday – The B Foundation and Ballyhoo. With the Daniel Wesley Band. Reggae/rock. Friday - Mower, 12 Cent, Critical

Me. Metal/punk/rock. Saturday — OPM, Irieside, Straight Trippin. With Science of Sydney.

Reggae/rock/ska. Wednesday, 9 p.m. — Moontucky

rock. \$5. AcousticMusicSanDiego:

4650 Mansfield Street, Normal Heights, 619-303-8176.

Saturday, 7:30 p.m. — Belinda Gail and Curly Musgrave. Cowboy singer-songwriters. \$15-\$45.

Anthology: 1337 India Street, Little Italy, 619-595-0300. Thursday, 7:30 p.m. — Arturo Sandoval Jazz \$43 Friday, 7:30 p.m. — Johnny Polanco. CD-release show. Salsa/jazz. \$18. Saturday, 7:30 p.m. and 9:30 p.m. - Missing Persons. With Dale Bozzio. New wave/pop/rock. \$32-\$36

Sunday, 7:30 p.m. — Carrie Rodriguez. Alternative/folk/country. \$23. Sunday - KaiserCartel. Indie/alternative/acoustic. Tuesday, 7:30 p.m. — Jesse Palter. Jazz/pop. \$12. Wednesday, 7:30 p.m. — Daby Toure. World. \$15.

Athenaeum Music and Arts

Library: 1008 Wall Street, La Iolla, 858-454-5872. *Thursday*, 7:30 p.m. — Farrell Family Jazz. Pianist Kevin Hays and Israeli saxophonist Eli Degibri perform for series hosted by Athenaeum. \$19-\$24. Thursday, 7:30 p.m. — Kevin Hays & Eli Degibri. New York-based duo performs for Farrell Family Jazz series hosted by Athenaeum. \$19-\$24.

Bahia Resort Hotel: 998 West Mission Bay Drive, Mission Beach, 858-488-0551. Friday, 6 p.m. — Adrienne Nims & Spirit Wind. With Jim Lair and Warren Bryant. Contemporary jazz/global music.

Beach Grass Café: 159 South Coast Highway 101, Solana Beach, Sundays, 6 p.m. — Sambajazz. Brazilian and American jazz.

Beach Grass Café North: 1476 Encinitas Boulevard, Encinitas, 760-942-2750. Thursdays, 6 p.m. — Sambajazz. Brazilian and American jazz.

Beauty Bar: 4746 El Cajon Boulevard, Kensington-Talmadge, 619-516-4746. Thursday - Fever Sleeves and AntiQuark. Indie rock/pop/electro. \$5.

Belly Up Tavern: 143 South Cedros Avenue, Solana Beach, 858-481-8140. Thursday, 9 p.m. — Greg Laswell. With the White Buffalo. Acoustic/soul/rock. \$12-\$14. Friday, 9 p.m. — Rub-A-Dub Friday. Live reggae music. \$5. *Saturday*, 9 p.m. — The English Beat. With the Amalgamated. Soul/reggae/pop punk. \$20. Sunday, 8 p.m. — Orquesta Primo. Latin/mariachi/Tejano. \$10. Wednesday, 8 p.m. — The Iguanas and the Swingin' Kings. Zvdeco/rock/Latin, \$12-\$14.

Birch North Park Theatre:

2891 University Ave, North Park, 619-239-8836. Saturday, 7:30 p.m. — Mark O'Connor's Appalachia Waltz Trio. With Rebecca Albers (viola) and Mike Block (cello). \$41-\$51.

Bird Park: 28th and Thorn Streets, North Park. Saturday, 5:30 p.m. — Gato Papacitos. Gypsy, nuevo-flamenco, and alt-country on offer for summer concert series. 619-923-2979.

Brick by Brick: 1130 Buenos Avenue, Linda Vista, 619-275-5483. *Thursday*, 8 p.m. — Mundo Girls and Los Pocos. With Un Dia o Dos and Muralla. Rock en español/ska.

Friday, 8 p.m. — Discord, Black Ambulance, Despite the Wolves. With Silence Betrayed. Metal/hardcore. \$5. Saturday, 8 p.m. — Mark Wood. The electric violinist performs with Hectic Watermelon, Maldonado, and Agent 22. Alternative/rock/funk.

Cafe Lamaze: 1441 Highland Avenue, National City, 619-474-3222

Fridavs and Saturdavs, 7 p.m. -The Sandy Chappel Quartet. With Burnett Anderson, Robert Sebastian, and Hank Young Standards/jazz/blues. Sundays, 7:30 p.m. — Burnett's Bliss. With Robert Sebastian and Scott Wallingford. Jazz/standards/blues

The Calypso Café: 576 North

Coast Highway 101, Encinitas, 760-632-8252 *Thursday*, 7:30 p.m. — Michele Lundeen & Blues Streak.

Blues/funk/rock. *Tuesday*, 7:30 p.m. — Adrienne Nims & Spirit Wind. Contemporary jazz/global music.

Calypso Fish House: 190 North Coast Highway 101, Leucadia, 760-230-1828. Sunday, 6:30 p.m. — Freefall. Jazz.

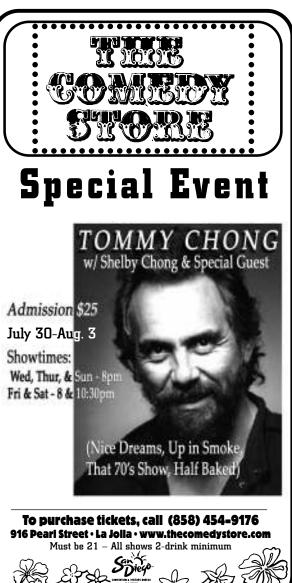
Canes: 3105 Ocean Front Walk. Mission Beach, 858-488-1780. Saturday, 9 p.m. — Dead Man's Party. An Oingo Boingo tribute. \$13

Sunday, 2 p.m. - Split Finger. Reggae/rock.

Sunday, 8 p.m. — Ooklah the Moc. Reggae/dub/roots. \$15-\$18. Wednesday, 8 p.m. - Freedom Sessions. With Circa Now and Circus Junkies. Blues/rock/acoustic. \$10-\$12.

The Casbah: 2501 Kettner Boulevard, Little Italy, 619-232-4355.

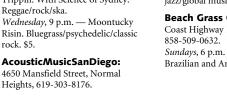
Thursday, 8:30 p.m. — Jay Reatard





San Diego Reader July 31, 2008

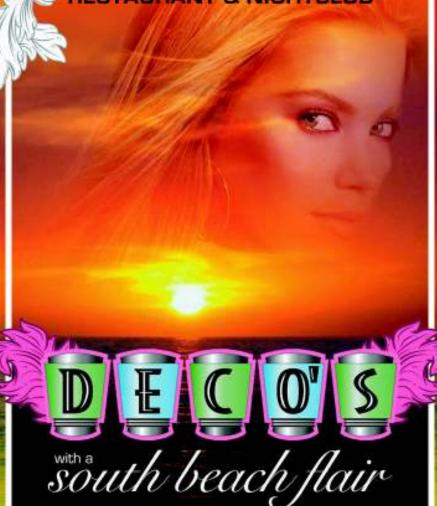
88











THURSDAY, JULY 31ST ROCKHILL & SKEET PRESENTS

80'S FOR THE LADIES (18+ & 21+) COME DRESSED AS IF YOU WERE BACK IN THE 80'S SKEET'S BIRTHDAY BASH DJ'S D-ROCK, PHOBIK, MARTIN KACHE

21+ DRINK SPECIAL \$4 DOMESTIC BEERS ALL NIGHT \$5 APPLE MARTINI'S & COSMO'S 'TIL 10:30PM BOTTLE SPECIAL: 2 VODKA BOTTLES FOR \$400 BOTTLE SERVICE: CALL VIP HOST "TIHN"@ 619.840.8087

FRIDAY, AUGUST 1ST

XCLUSIV LIFESTYLES & POINT ENTERTAINMENT PRESENTS THE BIRTHDAY BASH OF THE MILLENIUM

THE BIG BANG EXTRAVAGANZA CELEBRATING ROB ZOOMY & GREG NG'S BIRTHDAY

SPECIAL GUEST HOST: ROSCOE UMALI - ASHLEY ROBLES - DRU SPINNIN' THE HOTNESS... DJ'S RAGE, DUBZ & EVER ED D GOGO'S ON DECK: JILLIAN MAE & TINA FERNANDEZ

BUY 1 GET ONE FREE VODKA HOSTED BAR FROM 9-10PM

SATURDAY, AUGUST 2ND A ROB ZOOMY & DJ X-RAY EVENT CLUB DEVIATE - FIRST SATURDAYS

DJ'S ROCKIN' CLUB DEVIATE STYLE RAGE - XRAY - RICH E RICH - CIRCLE K - KENSO - A-ROCK - JAY VALDEZ BABE BLVD. SPECIAL GUEST GOGO'S ROCKIN' ALL NIGHT \$8 DRINK SPECIALS : HOSTED BAR FROM 9 TO 10PM FOR RSVP GUESTS

VIP/BOTTLE SERVICE & BIRTHDAY BOOKINGS: ROBZOOMY#AOL COM | POINTENT#GMAIL.COM

619.696 DECO : WWW.DECOS.TV : 731 FIFTH AVENUE GASLAMP BEAT THE COVER : MAKE DINNER RESERVATIONS



and Cheap Time. With the Sess. Indie/rock/pop. \$10-\$12. Friday, 8:30 p.m. — The Hold Steady. With the Loved Ones. Rock.

\$20 Saturday, 8:30 p.m. - Buckfast Superbee. CD-release show with Mr. Tube & the Flying Objects. Alternative rock/experimental. \$10-\$12.

Sunday, 8:30 p.m. - Thao & the Get Down Stay Down. With Horse Feathers and Calico Horse. Indie/folk/pop. \$10. Monday, 8:30 p.m. — Nomo. Afrobeat/rock. \$8. Wednesday, 8:30 p.m. — Titan, Earthless, John Biz. With Ancestors and the Long & Short of It. Alternative/psychedelic/indie. \$8.

Chateau Orleans: 926

Turquoise Street (near Cass), Pacific Beach, 858-488-6744. Friday, 6 p.m. - Robin Henkel. Blues/jazz guitarist.

Ché Café: 9500 Gilman Drive, B-0323C, La Jolla, 858-534-2311. *Friday*, 8 p.m. — Grand Ole Party, the Atoms, Crocodiles. Alternative rock/funk. \$7. *Wednesday*, 8 p.m. — La Quiete, Phoenix Bodies, Ghostlimb. With Cheap Art and Touche Amore. Hardcore/punk. \$7.





120 Clairemont Mesa Blvd



Claire de Lune: 2906 University Avenue, North Park, 619-688-9845. Saturday, 7 p.m. - Scott Wilson. Acoustic set on the Basement Stage. \$12

Del Mar Thoroughbred Club: 2260 Jimmy Durante Boulevard, Del Mar, 858-755-1141. Friday - Pinback. Indie rock

Dirk's Niteclub: 7662 Broadway, Lemon Grove, 619-469-6344 Friday, Saturday - Phat Daddy.

Classic and modern rock. Dizzy's: 200 Harbor Drive, Downtown, 858-270-7467. Thursday, 8 p.m. - Toni Price. Blues/roots. \$15.

Dream Street Live: 2228 Bacon Street, Ocean Beach, 619-222-8131. Thursday - Project Analogue and Four Seconds Forever. With Jack's Last Bullet. Alternative/rock/punk.

Ellen Browning Scripps Park:

1133 Coast Boulevard, La Jolla. Sunday, 2 p.m. — The Corvettes. Doo-wop and Motown tunes for La Jolla Concerts by the Sea. 858-454-1600

Embarcadero Marina Park South: 206 Marina Park Way,

Downtown. *Thursday*, 7:30 p.m. — "A Celtic Celebration." Eileen Ivers changing "the way you think about the violin" — joins Matthew Garbutt and San Diego Symphony for Summer Pops concert. Guests: Brian Baynes (guitar), Eric Rigler (uillean pipes). Evening concludes with fireworks. 619-235-0804. \$15-\$75.

Friday and Saturday, 7:30 p.m. -"Mancini at the Movies." Monica Mancini presents salute to her father, Henry Mancini, with conductor Matthew Garbutt and San Diego Symphony for Summer Pops concerts. Movie clips promised. Evenings conclude with fireworks. 619-235-0804. \$15-\$75.

Encinitas Library: 540 Cornish

Drive, Encinitas. Sunday, 2 p.m. — San Diego Taiko. Combines elements of dance, music, and theater. There is an additional audience-participation segment at the end of the show. 760-753-7376.



Epicentre: 8450 Mira Mesa Boulevard, Mira Mesa, 858-271-4000

Sunday, 7 p.m. - The Subways. Garage rock/indie. \$8-\$10.

Fannie's Nightclub: 9143 Campo Road, Spring Valley, 619-698-2204. Thursdays — Fuzz-Huzzi. Alternative/pop/punk.

George's on Fifth: 835 Fifth Avenue, Downtown, 619-702-0444. Fridays and Saturdays, 6:30 p.m. — Peter the Prince of Piano. Piano/pop.

The Handlery Hotel and

Resort: 950 Hotel Circle North, Mission Valley, 619-298-0511. Friday, 8 p.m. — John Katchur. Acoustic rock. Sunday, 12:30 p.m. — Lady Dottie & the Diamonds, Blues/soul/rock. Wednesday, 5 p.m. - Christopher Dale. Acoustic/pop/rock.

Harry Griffen Regional Park:

9550 Milden Street, La Mesa, 919-667-1307. Sunday, 4 p.m. — Charlie Imes. With his Hodad Surf Club Band. Acoustic/jazz/pop.

Hennessey's Tavern -

Gaslamp: 708 Fourth Avenue, Downtown, 619-239-9994. Friday, 10 p.m. - Bluefish. Covers/standards/rock. Sundays, 3 p.m. — The Bill Shreeve Duo. Jazz. Wednesday, 9 p.m. - Brooklyn & Bradley. Covers/acoustic/rock.

Hennessey's Tavern - PB: 4650 Mission Boulevard, Pacific

Beach, 858-483-8847. Wednesday, 7:30 p.m. — Adrienne Nims and Raggle Taggle. A blend of jazz, Celtic, and Latin music.

Hornblower Cruises: 1066 North Harbor Drive, Downtown,

619-686-8715. Friday, 7 p.m. — Cool Fever. Blues/soul. \$66.

House of Blues: 1055 Fifth Avenue, Downtown, 619-299-2583. Thursday, 9 p.m. — Modern Day Moonshine. Blues/funk/rock. *Thursday*, 7 p.m. — Chromeo. Electro/funk. Friday, 7 p.m. — The Cured. A tribute to the Cure. Cash'd Out also performs a tribute to Johnny Cash. \$12. Saturday, 8 p.m. — Richard Cheese. "America's loudest lounge singer." \$27-\$37.

Sunday, 6 p.m. — Cavalera Conspiracy. With Dillinger Escape Plane, Throwdown, Bury Your Dead, and Incite. Metal/hardcore.

Humphrey's Backstage

Music Club: 2241 Shelter Island Drive, Point Loma, 619-224-3577. Thursday, 9:30 p.m. — The Cash Kings. A tribute to Johnny Cash. \$5

Friday, 9:30 p.m. — Crush. Covers/standards/dance. \$12. Saturday, 9:30 p.m. — Viva Santana. A tribute to Carlos Santana. \$12. Sunday, 8 p.m. — Patrick Yandall. Smooth-jazz guitarist. \$12. Monday, 9:30 p.m. — Chet Cannon. Blues. Tuesday, 9:30 p.m. — Michele Lundeen & Blues Streak Blues/funk/rock. \$5. Wednesday, 9:30 p.m. — The Soul Persuaders. Sweet soul music. \$5.

Humphrey's by the Bay: 2241 Shelter Island Drive, Point Loma, 619-224-3577.

Thursday, 7:30 p.m. — Emmylou Harris. Folk/alternative/country. \$55

Friday, 8 p.m. — Dolly Parton. Country/pop. \$125. Sunday, 7:30 p.m. — Pat Benatar & Neil Giraldo. Classic rock/pop. \$60. Monday, 7:30 p.m. — Huey Lewis & the News. Pop rock/soul. \$85.



EL + FOISBALL + BAR

Wednesday, 7:30 p.m. — Boz Scaggs. Rock/soul/blues. \$65.

Jack's La Jolla: 7863 Girard Avenue, La Jolla, 858-456-8111. Piano Bar. Every day of the week in the Ocean Room.

Jimmy Love's: 672 Fifth Avenue, Downtown, 619-595-0123. *Wednesdays*, 6:30 p.m. — The Soul Revue. Jazz, dance, and top 40.

The Jumping Turtle: 1660

Capalina Road, San Marcos, 760-741-7778 *Thursday* — Origin, Abysmal Dawn, Arkaik. With Misery Index, Under the Stone, and Dead Serial Killers. Metal/hardcore. Friday - Flashburn. CD-release show with Lead Burns Red, American Horsepower, Canobliss, Individual, and Eken Is Dead. Metal/hardcore/punk. Saturday --- Wednesday 13 and Sanu. With Deadman Court, Black Chapel, and Squirrelly Arts. Punk/experimental/metal. Mondays - Reggae Infusion Irie Time. Various reggae bands perform. Wednesday — Random Order and With Bare Hands. Rock/metal

The Kensington Club: 4079 Adams Avenue, Kensington-Talmadge, 619-284-2848. *Friday* — The Frantic Romantic and Long Live Logos. With Children of Nova. Alternative/rock/pop. *Saturday* — Vision of a Dying World and the Sess. With the Crocodiles and Fantastic Magic. Indie/folk rock/punk.

Koehler Kraft Boat Yard: 2302 Shelter Island Drive, Point Loma, 619-222-9051. *Wednesday*, 8 p.m. — The San Diego Concert Jazz Band. Contemporary jazz.

The Kraken: 2531 South Highway 101, Cardiff, 760-436-6483. Saturday, 9 p.m. — The Farmers. Alternative/rock. Sundays, 4 p.m. — The Blues Brokers. Blues/soul/rock.

The Lake Wohlford Cafe: 25484 Lake Wohlford Road, Escondido, 760-749-6585. *Saturday*, 11 p.m. — The City Limits Band. Country/classic rock/blues.

Lakeside Library: 9839 Vine Street, Lakeside, 619-443-1811. *Wednesday*, 6 p.m. — Adrienne Nims & Spirit Wind. With Jim Lair and Warren Bryant. Contemporary jazz/global music.

Lawrence Family Jewish Community Center: 4126 Executive Drive, La Jolla. Monday, 7:30 p.m. — Joshua Nelson. The "king of kosher gospel music" returns to the ninth annual San Diego Jewish Music Festival. Monday, 7:30 p.m. — "The Prince of Kosher Gospel Music." Gospelsinging Jewish African-American Joshua Nelson "combines African-American spiritual styles with Jewish liturgical music." 858-362-1348. \$10-\$35.

Lestat's Coffee House: 3343 Adams Avenue, Normal Heights, 619-282-0437. *Thursday* — Tim Bianco, Lelia Broussard, the Predicates. Indie/pop/soul. *Friday* — Cotton Fever. Roots/country/rock. *Saturday* — Billy Midnight, Gregory Page, Steve Harris. With guests. Country/rock/blues. *Sunday*, 9 p.m. — The Applebrown Jazz Ensemble. With Gabriel Sundy, Peter August, Andy Geib, Nazo Zakkak, Harley Magsino, and Dave Pschaida. Jazz. \$7.

The Lumberyard Shopping Center: 937 South Coast Highway 101, Encinitas, 619-987-1277. *Saturday*, 6 p.m. — Keith Jacobson. In the central courtyard, between St. Tropez Bakery & Bistro and Bubby's Gelato. Smooth-jazz

saxophone. **McCabe's Beach Club:** 1145 South Tremont Street, Oceanside, 760-439-6646. *Fridays*, 4:30 p.m. — The California

Rangers. Country. McP's Irish Pub and Grill:

McP's Irish Pub and Grill: 1107 Orange Avenue, Coronado, 619-435-5280.

FRIDAY.

SEPTEMBER 5

SUNDAY.

OCTOBER 5

Thursday, 9 p.m. — The Stilettos. Rockabilly/jazz/roots.

Memorial Park Bowl: 373 Park Way, Chula Vista. *Sunday*, 5 p.m. — Fattburger. Smooth jazz for "Music in the

Park" series. 619-585-5682.

Molly Malone's: 1270 Main Street, Ramona, 760-789-9050. *Saturday*, 9 p.m. — Metal Showcase. **Moonlight Beach:** 200 B Street, Encinitas.

Sunday, 3 p.m. — Lee Coulter. Acoustic rock for Summer Sunday Concerts by the Sea. Dogs, alcohol, glass, smoking prohibited on beach. 760-633-2740.

Nancy's Pub: 4246 University Avenue, City Heights, 619-280-5834

Sundays, 5:30 p.m. — The Steemin Heep Blues Band. A blend of traditional blues, swing, and rock. Ages 21 and up. **O'Connell's Pub and Nightclub:** 1130 Morena Boulevard, Linda Vista, 619-276-

5657. Friday, 9 p.m. — Pollo Del Mar, the Madeira, the Secret Samurai. With Zombie Surf Camp. Surf/rock/punk. Saturday, 9 p.m. — Dan Padilla and Bitchin Summer. With Parasites Go! Punk/rock. Sunday, 9 p.m. — Laserwolf & Thunderbolt. Southern rock/punk. Wednesday, 9 p.m. — Bill Cardinal and Lands on Fire. With Dresden's Burning. Country/alternative/punk.

Old Town State Historic Park: 4002 Wallace Street, Old Town.

Saturday, 4:30 p.m. — Paradise. A tribute to Carlos Santana in the Plaza Del Pasado.

Osetra: 904 Fifth Avenue, Downtown, 619-239-1800. *Thursdays*, 8 p.m. — Live Jazz. In the E5 Lounge. *Wednesdays*, 8 p.m. — Los Reyes



VALLEY VIEW CASINO San Diego's Favorite...

WEDNESDAY.

OCTOBER 15

1-866-VIEW-WIN • I-15 to Valley Pkwy, East • Valley Center, CA • valleyviewcasino.com

31 MEANS MORE THAN JUST BLACKJACK! GUESTS MUST BEAT LEAST 31 TO ENJOY THE CASINO, RESTAURANTS AND CONCERTS.

Get \$2000 in Free Slot Play!

that's MOREPLAY

when you earn 10 points in a 24-hour period.

PLUS!



del Ritmo. Flamenco and Latin music in the E5 Lounge

The Ozone: 406 Pier View Way, Oceanside, 760-722-2216. Saturday, 4 p.m. - Carrier Signal. Rock

Pala Casino: 35008 Pala Temecula Road, Pala, 877-946 7252. Thursday - Engelbert Humperdinck. Pop. *Tuesday*, 7:30 p.m. — Steely Dan. Rock/jazz/pop band from the '70s.

Pasquale on Prospect: 1250 Prospect Street, La Jolla, 858-456-0722 Sundays, 6 p.m. — Stage 4. Jazz/rhythm and blues

Patrick's II: 428 F Street. Downtown, 619-233-3077. Thursday — Michele Lundeen & Blues Streak. Blues/soul. Friday - The Blues Brokers and the Road Dogs. Blues/soul. Saturday - The Bill Magee Blues Band. Blues/soul/rock. Sunday - 145th Street Deluxe Blues Band. Blues/funk. Monday - Nathan James & Ben Hernandez. Roots/acoustic/blues duo. Tuesdav

– Len Rainey & the Midnight Players. Blues/jazz/soul. Wednesday - Missy Andersen. Blues/soul/funk.

Poinsettia Park : 6600 Hidden Valley Road, Carlsbad. Friday, 6 p.m. — Roddie Romero and the Hub City All Stars. Cajun and zvdeco music for TGIF Jazz in the Parks series. 760-434-2904.

Portugalia: 4839 Newport Avenue, Ocean Beach, 619-222-

Thurs july 31st

10pm-Soundbone

Sun Aug 3rd

9pm- Jesse Nova

Mon Aug 4th

9pm-Killer Karaoke

Thurs Aug 7th

Mon Aug 11th

90 San Diego *Reader* July 31, 2008

9pm- Killer Karaoke

Thurs Aug 14th

Lessons from Zeke

9pm- Crash Engine

Kenny Eng **Shawn Jones**

Dapper Dans

Cory Wilkins

7678 Friday, 9 p.m. - Danyayaad & the Shimmy Sisters. Middle Eastern lounge and Indian fusion. \$10.

Prescott Promenade: 211 1/2 East Main Street, El Cajon. Friday, 6 p.m. - The Havriders. Rockabilly for Concerts on the Green. 619-401-8858.

Quail Botanical Gardens: 230 Quail Gardens Drive, Encinitas, 760-436-3036.

Sunday, 5 p.m. — The Gilbert Castellanos Latin Jazz Quintet. Group is joined by Irving Flores for summer jazz concert series. Dinner begins at 5 p.m. (\$45 includes food); concert at 5:45 p.m. (\$22 without dinner). Reservations: 760-436-3036 x206. \$22-\$45.

Oualcomm Stadium: 9449

Friars Road, Mission Valley, 619-283-0460. Friday, 6 p.m. — Paramore and Jack's Mannequin. With Phantom Planet. Alternative rock/pop. \$30.

Ramona Rodeo Grounds: 434 Aqua Lane, Ramona.

Sunday, 6 p.m. — Hal Ketchum. Country, folk rock, and bluegrass for the Ramona County Fair. \$15-

Rancho Bernardo Inn: 17550 Bernardo Oaks Drive, Rancho Bernardo, 858-675-8500. Fridays, 5:30 p.m., Saturdays, 6 p.m. — Jerry Melnick & Tom Bishop. El Bizcocho Restaurant.

Jazz/variety.

Rilev's: 2901 Nimitz Boulevard, Point Loma, 619-255-8635. Saturdays -Live bands every Saturday night. Wednesdays, 9 p.m. — Swing Night. Live swing bands perform.

Robbie's Roadhouse: 530 North Highway 101, Encinitas, 760-634-2365



BY DAVE GOOD

Halfway into the evening, Buddy Guy wearing an electric-blue jumpsuit, his black Stratocaster covered with those trademark white polka dots — is playing a solo, a real ripper. Without interruption he walks off the stage and vanishes into the wings. He is gone for what seems a long while, band still playing and him still soloing from wherever it is he has disappeared to. "He's probably taking a leak," says my friend. It is at this moment that Guy, still honking out the same mean, long, loud guitar solo, walks back out into the stage lights and approaches the microphone. "I was not in the bathroom." he says, "contrary to what y'all may be thinking. I was trying to come out there in the audience

Saturday, 6:30 p.m. — Adrienne Nims. Contemporary jazz/global music.

Rock Bottom: 401 G Street, Downtown, 619-231-7000. Thursday - Pro2Call. Jazz/funk.

Rosie O'Grady's: 3402 Adams Avenue, Normal Heights, 619-284-

7666. Tuesdays, 9:30 p.m. — Bdub's Jazz Jam Session. Modern jazz classics and standards every Tuesday, with Bryan Whelan, Doug Walker, Laurel Grinnell, and friends.

The Round Table Cocktail Lounge: 1723 Euclid Avenue, City Heights, 619-264-6000.

and be with v'all, but security wouldn't let me pass.' He grins.

Then, with a flick of the neck of his guitar, he stops the band. "Done with that," he says. "Here's how Muddy would have played that same thing." He starts up again and takes it to a whole new place. That, I realize, is why you go to a Buddy Guy concert - not because he's a living blues legend or any of that. You go to see Buddy Guy because he is entertaining. Buddy Guy is by now

Tuesdays, 6 p.m. - Charlie Blue.

Methodist Church: 170 Calle

Singer, songwriter, guitarist in

Seaport Village: 849 West

Sunday, 1 p.m. - Blue Rockit.

Second Wind (Magnolia):

8528 Magnolia Avenue, Santee,

Thursday - Damnation.

Harbor Drive, Downtown.

Blues/rock.

619-596-8350.

Heritage. 858-566-4040. \$15-\$18

concert for San Diego Folk

Magdalena, Encinitas. Saturday, 7:30 p.m. — Mike Lopez.

San Dieguito United

Blues

old enough to have performed at four decades of Montreux jazz festivals. Ignored by American listeners during the '50s and '60s, Guy's career took off when British rock stars copied his style and brought it back to these shores in the form of pop hits. Thereafter, Guy's stage mojo would continue to worm its way into the very essence of the following generation of guitar heroes — heavies like Eric Clapton and Jimi

> Sevilla: 555 Fourth Avenue, Downtown, 619-233-5979. Thursday - Orquesta Primo Latin/mariachi/Tejano. Sunday — Angel Lebron y Su Sabor Latino. Classic salsa. Mondays, 9 p.m. — Rock en Español.

BUDDY

el

man.

\$56.

also perform

Tuesday — Walter II and Orquesta Rumbaney. Salsa/Latin/tropical. Wednesday - Charlie Chavez v Su Afro Truco. Salsa.

Soma: 3350 Sports Arena Boulevard, Point Loma, 619-226-7662 Thursday, 7 p.m. — Jon

McLaughlin and Jason Reeves. Pop rock. \$10.

Saturday, 7 p.m. — Plane Without a Pilot. CD-release show with Just Like Jenna, New Age Heroes, the Motives, and more. Pop/punk. \$8. *Wednesday*, 6:30 p.m. — The Hush Sound and the Cab. With Steel Train and the Morning Light. Rock/soul/pop. \$12.

Hendrix. Forget about his stage iokes - if

it's about an electric guitar, Buddy Guy is the

BUDDY GUY, Vieias Concerts in the Park.

Sunday, August 3, 7 p.m. 619-445-5400.

George Thorogood & the Destroyers

South Park Bar & Grill: 1946 Fern Street, South Park, 619-696-0096.

Thursdays, 9:30 p.m. — Open jazz iam

Fridays, 7 p.m. — The John Kopecky Trio. Jazz. Saturdays, 8:30 p.m. - Open blues jam. With Will Jackson. Sundays, 6 p.m. — Original Music

BACKSTACE Mon Aug 18th 9pm-Killer Karaoke fue Aug 19th **10pm-Radiostar** Wed Aug 20th **10pm- Maddox Revolution** Thurs Aug 21st 8pm- Eric James Polyn **The Flowerthief** Katie Leigh Cheeky **Holding Air Hostage Nothin SpeshL** Mon Aug 25th 9pm- Killer Karaoke Thurs Aug 28th **9pm- Yesterdays Papers**

9pm- New Colossus Dream Tiger Jesse Nova

www.myspace.com/backstagesd Booking information Backstage@thebitterend.com





930 Market Street, Downtown San Diego Phone: 619-677-BOWL (2695)

BrickbyBrick.com • (619)275-LIVE • 21 and up with ID			
Etix Saturday, August 2 Rock Violinist	0.4		
MARK WOOD HECTIC WATERMELON MALDONADO • AGENT 22			
Thursday, July 31	Friday, August 8 Ctix		
MUNDO GRIS LOS POCOS	CANIBUS Dylan Dilinjah		
UN DIA O DOS	I & I • RANDOM LUCK		
MURALLA	MAIN FLOW • YOUNG MASS PLAY B & KAYO		
Friday, August 1	Saturday, August 9 Ctix		
Never Say Die Presents	MARY MAGDALAN IPRANA		
DWALE DISCORD	Sunday, August 10		
CALL OF THOUSANDS	"Acoustic Alliance"		
BLACK AMBULANCE	EJP • BRANDON RICE LINDSAY ANN WHITE		
DESPITE THE WOLVES	RANDY CHIURAZZI		
SILENCE BETRAYED	VIRGINIA PLAIN LELDON • ADAM ROTH		
Wednesday, August 6 RACHEL BELLINS			
PROSTHETIC ARMS	JASMINE COMMERCE DEREK DUPLESSIE		
I.D. • C.D.M.	JAC • ASTRA KELLY		
Thursday, August 7	Wednesday, August 13 Ctix		
ETCHED IN STONE WEAPONS OF FATE	GARRISON STARR		
PRECIO DE SANGRE	DARREN RASER LDR & THE KATES		
8/27 Kings X • Given Life • 9/2 Dusty Rhodes & The River Band • The Mothertruckers 9/20 Uli John Roth • 10/11 From The Jam			
LOT 81 Serving lunch & dinner 619-275-6881			

Modern Jazz Series. Every Sunday, with Doug Walker, Tim Nunnink, Nick Tocco, and Nathan Hubbard.

Spreckels Organ Pavilion: 2211 Pan American Road, Balboa Park.

Thursday, 6:15 p.m. — The San Diego Banjo Band. For Twilight in the Park summer concert series. 619-239-0512.

Tuesday, 6:15 p.m. — San Diego Concert Band. Classic Broadway for Twilight in the Park summer concert series 619-239-0512 Wednesday, 6:15 p.m. - Working Cowboy. Country for Twilight in the Park summer concert series. 619-239-0512.

Stage Saloon: 762 Fifth Avenue, Downtown, 619-992-7862. Fridays — Trainwreck. Saturday - The Disco Pimps Sunday, 8 p.m. - Blackie and Ga-Boi. Hip-hop.

Standlev Park and Recreation Center: 3585 Governor Drive, University City. Sunday, 5 p.m. — The Will Faeber Band. With Greg Pardue. Blues/jazz/rock.

Terra: 3900 Vermont Street, Hillcrest, 619-293-7088. Thursday, 6 p.m. — Robin Henkel. Blues/jazz guitarist.

Thrusters Lounge: 4633 Mission Boulevard, Pacific Beach, 858-483-6334. Friday, 7:30 p.m. — Modern Day Moonshine, Blues/funk/rock.

Tio Leo's Lounge: 5302 Napa Street, Linda Vista, 619-542-1462. Friday — Shake Out. Rockabilly. Saturday — Alan Iglesias & Crossfire. A tribute to Stevie Ray Vaughan.

Trolley Barn Park: 1900 Adams Avenue at Florida Street, University Heights. Friday, 6 p.m. - Nitro Express. Classic country, rhythm and blues

for Summer in the Park concert series. 619-297-3166. Turf Supper Club: 1116 25th Street, Golden Hill, 619-234-6363.

Sunday, 7 p.m. — J.D. Boucharde.

Acoustic/jazz/rock. Valley View Casino: 16300 Nyemii Pass Road, Valley Center, 866-843-9946. Thursday, 7 p.m. — The Jones Revival. Classic rock at the Main Stage bar. Friday, 4 p.m. — The Fabulous Pelicans. Covers/standards at the Main Stage bar. *Friday*, 9 p.m. — Innovation. Covers/standards at the Main Stage bar. Saturday, 4 p.m. - Hot Rod Lincoln. Acoustic, roots, and rockabilly at the Main Stage bar. Saturday, 9 p.m. - Old School. At the main stage bar. Sunday, 8 p.m. — The Temptations and the Four Tops. Concerts at Vallev View Casino, \$60.

Viejas Casino Concerts in the Park: 5005 Willows Road, Alpine, 619-445-5400. Sunday, 7 p.m. - George Thorogood and Buddy Guy. \$46-\$56. Monday, 7:30 p.m. — The Regeneration Tour. With Belinda Carlisle, the Human League, ABC, Dead or Alive, and Naked Eyes. \$40-\$46.

Waterfront Bar & Grill: 2044 Kettner Boulevard, Little Italy, Saturday, 9:30 p.m. — The Rhythm Jacks. Blues/soul.

Winstons: 1921 Bacon Street, Ocean Beach, 619-222-6822 Fridav - Cubensis, Grateful Dead tribute.

- Alfred Howard & the Saturday K23 Orchestra. Funk/jazz/rock. Mondays, 9 p.m. - The Electric Waste Band. Grateful Dead tribute. \$7

UPCOMING SHOWS

1st Street Bar: 656 South Coast Highway 101, Encinitas, 760-944-0233. September 13 - Misty & the

Mobys. 4th & B: 345 B Street,

Downtown, 619-231-4343. *August 9* — DJ Quik.

August 16 — Mack 10. September 2 — Ice Cube. September 6 — Xavier Rudd. September 16 - Nick Cave & the Bad Seeds

October 1 — Gogol Bordello.

Acoustic Music San Diego: 4650 Mansfield Street, Normal Heights, 619-303-8176. August 9 — Jim Kweskin. September 6 — Trippin' the Sixties. September 21 — Willy Porter. October 4 — Eric Andersen. October 5 — David LaFlamme and It's a Beautiful Day. October 25 - Eliza Gilkyson. November 9 — Ellis Paul. November 28 - Tom Russell.

Adams Recreation Center: 3491 Adams Avenue, Normal Heights, 619-235-1149. August 24 — Wee Rock Music Festival.

Anthology: 1337 India Street, Little Italy, 619-595-0300. August 8 - Larry Carlton. August 9 — The Midnight

Ramblers August 10 — Toni Redd. August 12, August 13 — The Fabulous Thunderbirds. August 15 — Dwele. August 16 — Michael Ward. August 17 — Seth Walker. August 19 — Bridget Brigitte, Cynthia Hammond, Steven Ybarra. August 20, August 21, August 22, August 23 - Steve Tyrell. August 24 - Steve Forbert. August 26 — John Cruz. August 27 - Jay Nash, Meiko, Joe

Purdy, Chris Seefried. August 29 — Jackie Greene. August 30 — Dave Mason. September 3 — Sadao Watanabe. September 5, September 6 — Strunz & Farah. September 9 — Rockola. September 10 — Tim Finn. September 12, September 13 — Larry Coryell. September 19 — Hiroshima. September 23 — Solas. September 24, September 25 — The Average White Band.





September 26 — The Eve Selis Band September 27 - Livingston Taylor. Bar Leucadian: 1542 North Coast Highway 101, Leucadia, 760-753-2094. August 15 — Hear No Evil. The Bar Pink Elephant: 3829 30th Street, North Park, 619-564-7194 – Muck & the Mires. August 8 **Barefoot Bar and Grill:** 1404 Vacation Road, Mission Beach, 858-581-5960. August 16 - Charlie Imes. Belly Up Tavern: 143 South Cedros Avenue, Solana Beach, 858-481-8140. August 7 — Immortal Technique. August 8-Rub-A-Dub Friday. August 9 — Steve Poltz & the Cynics. August 13 - Rob Corona and Laura Roppé. August 14 — Never So Few and the Tornadoes. August 15 — Rub-A-Dub Friday. August 16 — The B-Side Players. August 20 - Franklin Lounge and Sky Held Sun. August 21 — Pato Banton and Mystic Roots. August 22 - Rub-A-Dub Friday. August 23 — Cash'd Out. August 24 — Joshua Radin. August 25 - Matthew Sweet August 26 - Los Amigos Invisibles. August 27 - The Desert Rose

Band. August 28 — Patty Griffin. August 29 — Rub-A-Dub Friday. August 30 - Metal Snake. August 31 — The Dirty Dozen Brass Band.

September 8 — Lee "Scratch" Perry. September 9 — The Toadies. September 10 — Alejandro Escovedo September 11 — J.J. Grey & Mofro. September 12 — The Pine Mountain Logs. September 17 - Aesop Rock and Rob Sonic. September 23 — Railroad Earth. September 24 — Okkervil River. September 25 — Bootsy Collins. September 27 — Common Sense and LA 5. September 28 — Greg Brown. September 30 — Johnny Winter. October 1 — The Dandy Warhols. October 2 — The Black Lips and Grand Ole Party. October 3 — Dr. John & the Lower 911. October 4 - The Tommy Castro Band and Magic Dick. October 5 - John Brown's Body. October 6 — Nick Lowe. October 8 — Lotus. October 9 — Joan Osborne and Matt Morris. October 12 - Jolie Holland October 13 — Galactic. October 22 — Taj Mahal. October 23 - The Presidents of the United States of America. October 24 - Stereolab and Monade. October 27 - Sonya Kitchell & the Slip. October 28 — The Mountain Goats and Kaki King. October 30 — Cowboy Mouth. November 6 — Keller Williams, Moseley, Droll, & Sipe. Birch Aquarium at Scripps:

September 4 — Amos Lee

2300 Expedition Way, La Jolla, 858-534-FISH.

August 20 - Shawn Mullins. September 17 - Sarah Borges and the Broken Singles.

Birch North Park Theatre: 2891 University Ave, North Park,



BY WILLIAM CRAIN

The Hush Sound came together in late 2004 when pianist-singer Greta Salpeter and guitarist-singer Bob Morris. who met as kids, started writing songs in Chicago. The duo became a quartet with the addition of bassist Chris Faller and drummer Darren Wilson, both of whom also sing. By early 2005 they were recording their first album without having ever played a show together. Fittingly, the album was titled So Sudden, but things were about to start moving even more quickly. One of the guys in Panic at the Disco heard the band online and emailed the ubiquitous Pete Wentz of Fall Out Boy, who quickly signed them to his

619-239-8836. October 18 - Gaelic Storm.

Bird Park: 28th and Thorn Streets, North Park. August 16 — The Hayriders.

Bistro D'Vine: 3709 Avocado Road, Rancho San Diego, 619-660-2222

August 7 — David Burnett. The Bitter End: 770 Fifth Avenue, Downtown, 619-338-9300. August 7 — Crash Encore and Holding Air Hostage. August 14 - Yesterday's Papers and Lessons from Zeke August 21 — Cathryn Beeks Showcase.

Decaydance record label. an imprint of phenomenally successful Fueled By Ramen Records. The Hush Sound quickly

acquired a following with their irresistible, tuneful songs, most of which are set to a bouncy, pianodriven rhythm. It's a fun sound, kind of old-timey in spite of the big, distorted guitars and the state-of-the art, radio-friendly production. Even if you're a bit put

off by the Hush Sound's story - which, frankly, sounds like something

August 28 - New Colossus and

Brick by Brick: 1130 Buenos

August 8 — Canibus and Dylan

August 10 - Acoustic Alliance.

August 14 - Rhythm & the

Calavera Hills Park: 2997

August 8 — Oliver Mtukudzi and

August 22 - Steve Lucky and the

Method and Roxy Blue.

Glasgow Drive, Carlsbad.

August 15 — Luna Llena.

August 13 - Garrison Starr and

Avenue, Linda Vista, 619-275-5483.

Dreamtiger.

Dilliniah.

Derren Raser.

Black Spirit.

Rhumba Bums

made up by an aging record executive eager to hook young users of this "MySpace" thing he keeps hearing about - the songs stand on their own. And the songs are smarter than you might think. On "Honey," from the band's third album Goodbye Blues, Salpeter sings, "Honey, honey, honey" so sweetly that you almost don't notice that she's singing about an abu-

> **California Center for** Sustainable Energy: 8690 Balboa Avenue, Clairemont. October 18 - Linda Purl & Lee

THE HUSH SOUND

sive lover.

they aim for.

Lessack California Center for the Arts, Escondido: 340 North Escondido Boulevard, Escondido,

800-988-4253. September 26 — Rickie Lee Jones October 22 — Amy Grant. October 28 — Vince Gill.

Campus Lot - Ace Parking: Imperial Avenue & Park Bould ard, Downtown, 619-233-6624. *August 23* — SoCo Music Experience.

Canes: 3105 Ocean Front Walk, Mission Beach, 858-488-1780. August 7 — Agent Orange and Critical Me.

If all those bouncy piano rhythms are

still too cute for you, well, to paraphrase

another Fueled By Ramen artist, cute is what

THE HUSH SOUND, Soma, Wednesday,

August 6, 6:30 p.m. 619-226-7662. \$12.

August 8 — The Concrete Project. August 10 - Roots Vision. August 13 - Deaf Zero, Scarry

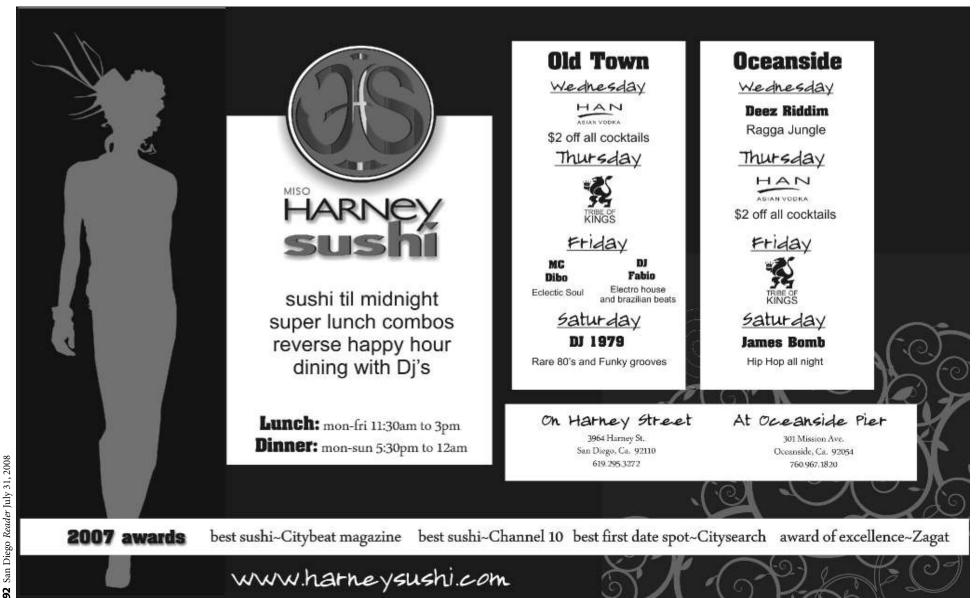
Garry, Inberst. August 14 - Thumtac, JayWat, Anti Citizen.

August 14 — The Vokab Kompany and Mental Groove

August 15 — Lights, Jumping Jack Flash, Springsteen. August 16 — Michael Palmer and

Lambs Blood. August 17 — Project: Out of

Bounds. August 21 — Moontucky Risin and Rhythm & the Method.









San Diego Reader July 31, 2008 95



August 22 — Katchafire. August 24 - Tomorrow's Bad Seeds. August 27 - Ben Johnston. August 28 — The Melvins and Big Business. August 29 - Stranger, High Tide, Psydecar. August 30 — Little Brother and Wylde Bunch. August 31 — Atomic Punks. September 4 — The Theory of Funkativity. *September* 5 — Guttermouth and Chaser. September 6 — Cash'd Out. September 11 — Ekolu. September 13 — The B-Side Players and Agua Dulce. September 17 — Thriving Ivory and Glacier Hiking. September 20 — Tainted Love. October 11 — Andre Nickatina. October 18 — Stranger. October 24 — Lights. The Casbah: 2501 Kettner

Boulevard, Little Italy, 619-232-4355. August 7 - Matt Curreri & the Exfriends and Paul Curreri. August 8 - Joshua James and Cory Chisel. August 8 — Transfer and A.M. Vibe. August 9 - Manic Hispanic. August 10 — The Silent Comedy and Or, the Whale. August 13 - Octopus Project and Meho Plaza. August 14 — Calico Horse, Colorstore, Swim Party. August 15 — Xiu Xiu and Carla Bozulich August 16 - Ilya and Student Film. August 18 — War Stories. August 19 — Wendy Darling.

August 22 - Bob Log III and Scott H. Biram. August 23 — Beachwood Sparks. August 24 — El Vez. August 25 — Buddy Akai and Head Like a Kite. August 26 — Circa Now and Whiskey Circus. August 27 — HiFi Colossi and the Littlest Viking. August 28 — Kill Me Tomorrow and Max Fields. August 29 — Neil Halstead and Miranda Lee Richards. August 29 — Get Back Loretta. August 30 — Polvo and Trans Am. August 31 - Manual Scan and Self-Made Men. September 1 - Southern Culture on the Skids. September 3 — The Wombats and Pop Noir. September 5 — Transfer, Calico Horse, Swim Party. September 6 — Witch and Earthless. September 9 - Bodies of Water and Throw Me the Statue. September 10 - Tom Baxter and Charlie Winston. September 17 — Dr. Dog, Delta Spirit, Hacienda. September 18 — The Wedding Present. September 19 - Liam Finn and the Veils. September 20 — Cash'd Out. September 21 — Miles Hunt, Wayne Hussey, Lisa Dewey. September 23 — Silver Jews. September 25 — Federico Aubele. September 28 — Ra Ra Riot and Walter Meego. October 9 - Quintron & Ms. Pussycat. October 10 — Bang Camaro. October 14 - The Rumble Strips. October 17 — Born Ruffians. October 20 - Brightblack Morning Light. November 2 — Chuck Ragan, Tom

August 21 — Jeremy Enigk.





Album: Cowley Road (2008) Artist: Gayle Skidmore Label: self-released Where available/price: At live shows for \$10; online at iTunes for 99 cents per downloaded song. Songs: 1) Cheap Imitation 2) Just for Now 3) Still 4) So Beautiful 5) Crazy 6) Cowley Road (live) Band: Gayle Skidmore (vocals, guitar, piano, banjo, melodica, glockenspiel, bells, toy piano), Aaron Bowen (lap steel, percussion, vocals), Darren Plies (bass), Holly Nigh (violin), Christopher Chelpka (cello), Jake Najor (drums), Nicole Fox (vocals) Website: gayleskidmore.com/blog

Gayle Skidmore sings the blues, although you wouldn't recognize it as such. Her songs draw narratives about confrontations, using oblique

November 15 - Mudhoney.

November 28 - Deerhunter.

Break!, Cheap Art.

Lanterns, BoomSnake.

James Rabbit, Da Bears.

Man Without Wax

Ché Café: 9500 Gilman Drive, B-

0323C, La Jolla, 858-534-2311. August 9 — Vitamin Piss, Spring

August 14 — Mister Valentine. August 15 — Weatherbox,

August 22 - Get Back Loretta and

August 23 — Monsters from Mars,

August 29 - Matt & Kim and Best

vignettes to tell the stories. In her first song, she sings the melancholy, biting, jilted lines, "I knew better or so I said/ Wrote you a letter I'm glad you never read/ because I was just

Gabel, Ben Nichols, Tim Barry. Fwends. September 5 — Graf Orlock, Zann, Lewd Acts

> Copley Symphony Hall: 750 B Street, Downtown, 619-235-0804. *October 1* — Sigur Rós.

Cox Arena: 550 Campanile Drive, College Area, 619-594-6947. September 12 — Alejandro Fernandez. November 25 — New Kids on the Block.

Coyote Bar and Grill: 300 Carlsbad Village Drive, Carlsbad, a cheap imitation of the girl vou loved.'

She continues the feeling-down theme in the second song: "We had better leave it broken/ We should just let it be broken." Paraphrasing countless bluesmen, "She's a good woman feeling bad."

The music accompanying these agonized ballads isn't your traditional Delta or Chicago lineup of guitar, harmonica, and piano; Skidmore pairs quirky (toy piano and banjo) and classical (cello and violin) with satisfying results.

"So Beautiful" and "Crazy" take a lighter turn, and our heroine seems to land a good someone to love. The tunes include the same plucky melodies as the sad songs.

"Cowley Road" is my favorite of the album. She

August 24 — The Chris Klich Jazz

Entertainment Circle, Chula Vista,

August 14 — Vans Warped Tour. August 22 — The Dave Matthews

September 12 — Old School End of

September 13 — Counting Crows

760-729-4695.

619-671-3600.

Summer Jam.

Cricket Wireless

Amphitheatre: 2050

August 27 — Radiohead.

August 30 — Jack Johnson.

Quintet

Band.



shrugs off the sometimesstuffy orchestral string section and oddball plucking banjo for the power of her bare voice and one acoustic guitar. When she sings of "unbearable pain," her ferocious voice quavers with emotion.

TO GET YOUR LOCAL CD **REVIEWED, PLEASE MAIL**

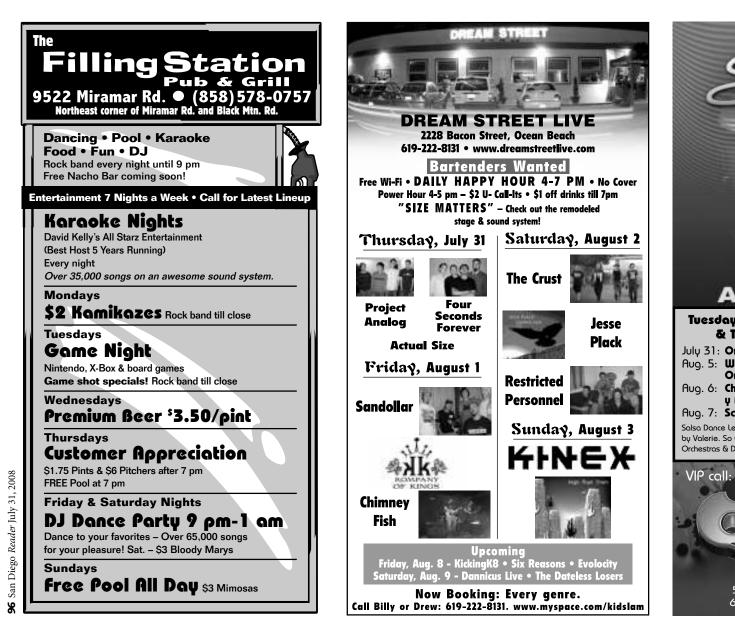
IT TO: Music Editor, Hometown CDs. San Diego Reader. P.O. Box 85803, San Diego, CA 92186-5803

and Maroon 5. September 21 — Luis Miguel. September 27 — Third Day and Switchfoot. September 30 — Carlos Santana.

October 16 — Jimmy Buffet.

Del Mar Thoroughbred Club: 2260 Jimmy Durante Boulevard, Del Mar, 858-755-1141. August 8 — The Bravery. August 9 — Ziggy Marley.

August 22 — Black Francis. August 29 — Steel Pulse. August 30 — Devo. September 3 — The English Beat.





619.233.5979 ~ sevillanightclub.com





for your entertainment



Dizzy's: 200 Harbor Drive, Downtown, 858-270-7467. August 7 — Bill Watrous. August 8 — Anthony Smith. August 10 - Allison Adams Tucker August 11 — Danya Stephens. August 14 - Fran Hartshorn. August 15 — Peter Sprague and Kevvn Lattau. August 20 — The Mattson 2.

Dream Street Live: 2228 Bacon Street, Ocean Beach, 619-222-8131 August 23 - John January & the

Mags. East Village: 13th & K Streets,

Downtown. September 19, September 20-Street Scene.

Ellen Browning Scripps Park: 1133 Coast Boulevard, La Iolla. August 10 - The Westwind Brass. August 17 — Benny Hollman's Big-Band Explosion. August 24 — Yavaz.

August 31 — The Heroes. **Embarcadero Marina Park** South: 206 Marina Park Way, Downtown.

August 8, August 9 — "Baseball Goes Pops with Dave Winfield." August 10 — "Pops Goes Classical.'

"Broadway Here and Now." August 21 — "The Machine: A Pink Floyd Tribute.' August 22, August 23 – "Davdream Believer...Davy Iones.' August 29, August 30, August 31 —

August 15, August 16—

"1812 Tchaikovsky Spectaculars." Epicentre: 8450 Mira Mesa

Boulevard, Mira Mesa, 858-271-4000. August 8 - Useless Idols and Unknown Motive. August 15 — The Variety Show and Silent Armada. August 21 — I Am Ghost, Eyes Set to Kill, the Urgency. August 22 — The Haven, Somato Sensory, Goodnight Caulfield. August 28 — Orangello. August 29 — A Shattered Hope and Bullets over Hollywood. September 6 — Bamboo. September 12 — Sherm the Band, Bucket of Fish, Unknown Motive.

Escondido Library: 239 South Kalmia Street, Escondido. August 7 — All-Girl Western! September 4 — Cahill and Delene. October 2 — T.K. Gardner. December 4 — Peter Sprague.

The Flying Bridge: 1105 North Coast Highway, Oceanside, 760-722-1151 August 15 - Sounds Perfect.

Diamonds

Diamonds.

Diamonds.

August 13, August 15-

August 17 — Lady Dottie & the

August 20 — Christopher Dale.

August 22 — Barbara Nesbitt.

August 24 - Lady Dottie & the

Christopher Dale.

The Handlery Hotel and Resort: 950 Hotel Circle North, Mission Valley, 619-298-0511. August 8 — Citizen Band. August 10 — Lady Dottie & the

August 27 - J.D. Boucharde.

August 31 - Lady Dottie & the

Gaslamp: 708 Fourth Avenue,

August 13, August 20 — Brooklyn

August 29 — Alyssa Jacey.

Hennessey's Tavern -

Downtown, 619-239-9994.

Diamonds.

& Bradley.

Huey Lewis & the News, August 4, Humphrey's by the Bay

Hennessey's Tavern - PB: 4650 Mission Boulevard, Pacific Beach, 858-483-8847.

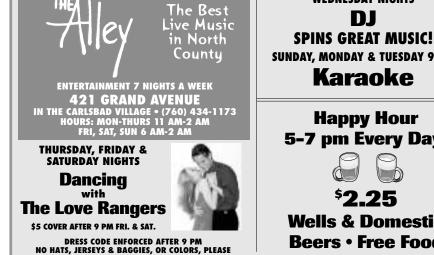
September 19 - Hugh Gaskins & the G String Daddies.

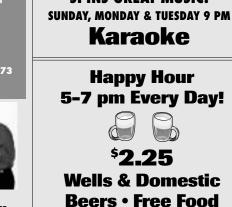
Hornblower Cruises: 1066 North Harbor Drive, Downtown, 619-686-8715.

September 5 — West of 5. October 3 — Z-Bop! November 7 — The Bayou Brothers.

House of Blues: 1055 Fifth Avenue, Downtown, 619-299-2583 August 8 — Me First & the Gimme Gimmes. August 9 — Robin Thicke. August 10 — Nas and Talib Kweli. August 12 — Passenger. August 13 - Bow Wow. August 14 --- Charlie Zaa. August 15 - Zebrahead and Buck-O-Nine. August 16 — The Circle Jerks. August 17 — Matt Pryor and Chris Conley. . August 17 — Dramarama. August 19 - Edwin McCain. August 19 — Toots & the Maytals. August 21 — Van Hunt. August 22 — Broken Social Scene. August 22 — Sondre Lerche. August 23 — Eddy Grant. August 27 — Toad the Wet Sprocket. August 30 — La Grange September 3 — Motörhead. September 6 — Shinedown. September 11 — DI Flex. September 12 — Ratatat. September 13 — Rebelution. September 22 — Lila Downs. October 1 — Lagwagon and MxPx. October 3 — James. October 4 - Mindless Self Indulgence. October 17 — Led Zepagain. October 19 - Streetlight Manifesto.



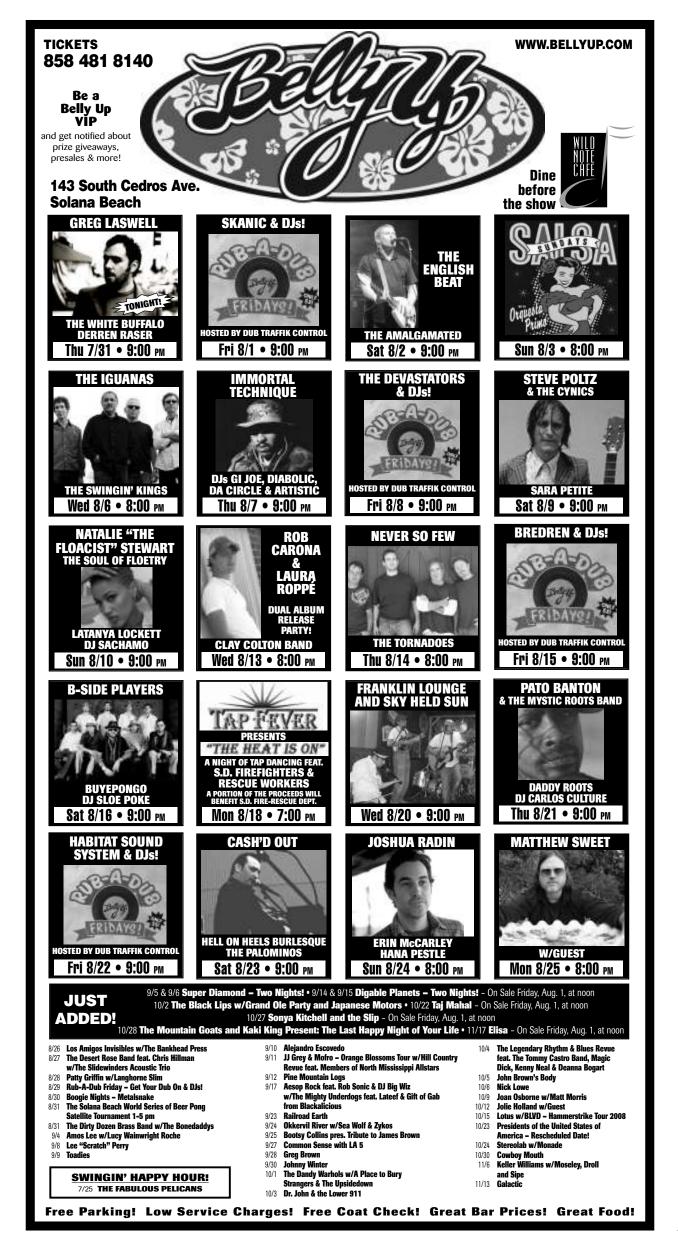




WEDNESDAY NIGHTS

DJ

AUGUST ctory Night Life Presents: MARK MARCELO EVERY ONYXROOM.com TUESDAY FRIDAY MAHJESTIK | 290.3 TUESDAY NIGHT JAZZ JAM SESSION ΤΕΚΝΙCΙΑΝ JULZ | MINDZ ALIKE with GILBERT CASTELLANOS along with DJ SACHAMOI BLUBALLZ | WILDBOYZ 852 FIFTH ave SD NEVER a COVER CHARGE! 619.235.ONYX 4^{HE}DJ. Entourage, and Injoy present for guestlist: readervip@onyxroom.com (TOOL ROOM I NYC) THIN jason TOKITA JUILY chad FORTIN THINROOM.com cris Hererra THURSDAY



SVEDKA VODKA INVITES YOU TO

PACIFIC BEACH SHORE CLUB 4343 Ocean Blvd 858.272.7873 www.pbshoreclub.com Wednesday and Friday Features

PLAYERS SPORTS BAR 7061 Clairemont Mesa Blvd 858.277.7060 www.playerssportsbar.com Daily Features

PARADISE LOUNGE & GRILL 2732 Midway Dr 619.225.8110 Daily Features

THRUSTERS LOUNGE 4633 Mission Blvd 858.483.6334 www.thrusterslounge.com Daily Features

POSEIDON RESTAURANT

1670 Coast Blvd 858.755.9345 www.theposeidonrestaurant.com Daily Features



SVEDKA.com/JoinTheParty



October 20 — Tech N9ne. October 21 — VNV Nation October 25 - Bayside. November 1 — The Damned. November 12 — Joe Satriani. January 25 - Ramon Ayala. February 7 — Badfish.

Humphrey's Backstage

Music Club: 2241 Shelter Island Drive, Point Loma, 619-224-3577. August 7 - Criminal Funk August 8 — Rockola. August 9 - Plato Soul. August 16 — Viva Santana. August 20 - The Robin Henkel Band.

Humphrey's by the Bay:

2241 Shelter Island Drive, Point Loma, 619-224-3577. August 8 — Peter & Gordon. August 9 - Jordin Sparks and Jesse McCartney. August 10 - UB40.

August 11 - David Sanborn and Lee Ritenour. August 12 — Paolo Nutini. August 13 - Michael McDonald. August 14 — Joe Cocker. August 15 — Tower of Power. August 18 — The Gipsy Kings. August 19 — Steve Winwood. August 20 - Hootie & the Blowfish. September 4 — Lucinda Williams. September 12 — The Alan Parsons Live Project. September 13 — Air Supply and Christopher Cross. September 16 - Lindsev Buckingham. September 21 — Musiq Soulchild. September 25 — Kenny G. September 28 - Etta James & the Roots Band. October 2 — David Byrne. October 3 — America. October 5 — Cecilio & Kapono. October 19 — Gordon Lightfoot.

Janie's Cocktails: 656 E Street, Chula Vista August 9 — Hear No Evil.

Relax at the air-conditioned

 \bigcirc

'Where bartenders come for a cold beer"

Over 70

vodkas

The Jumping Turtle: 1660 Capalina Road, San Marcos, 760-741-7778

August 21 — Angelic Dimension, Trips, Jason Getz.

Koehler Kraft Boat Yard: 2302 Shelter Island Drive, Point Loma, 619-222-9051. August 13, August 20 — The San Diego Concert Jazz Band.

The Kraken: 2531 South Highway 101, Cardiff, 760-436-6483. August 9 — Plato Soul.

Lestat's Coffee House: 3343 Adams Avenue, Normal Heights, 619-282-0437. August 7 — Eric Brendo. August 8 — Five Times August. August 17 — The Robin Henkel Band August 27 — Nathan James and Robin Henkel.

Mandeville Auditorium at 9500 Gilman Drive, UCSD. August 24 — Indian Ocean

McCabe's Beach Club: 1145 South Tremont Street, Oceanside, 760-439-6646. August 23, October 11 — Fleetwood Max.

Memorial Park Bowl: 373 Park Way, Chula Vista August 17 — The Scott Martin Band.

Mission Bay Deli: 1548

Quivira Way, Mission Beach, 619-223-5056 August 10 — The Robin Henkel Band.

Moonlight Beach: 200 B Street, Encinitas.

August 17 — The Laurie Morvan Band

North Coast United Methodist Church: 1501 Kelly Street, Oceanside.

August 10 — The Tom Morrow Band.

O'Connell's Pub and Nightclub: 1130 Morena Boulevard, Linda Vista, 619-276-5637. August 8 — Feeling of Hate and Manic Diffusion.

August 9 — Dave the Butcher and Someday Assassin. August 12 — Trouble in the Wind. August 13 — My Laughing Face.

Old Town State Historic Park: 4002 Wallace Street, Old Town. August 9 — NovaMenco. August 16 - Dirty Sweet.

Open Air Theatre at 5500 Campanile Drive, College Area, 619-594-6947. September 6 - Slightly Stoopid and Pepper. September 24 — The Raconteurs. September 25 — My Morning Jacket. October 2 — The Mars Volta

Pala Casino: 35008 Pala Temecula Road, Pala, 877-946-

7252. August 11 — UB40. August 27 — John Fogerty. August 28 - Poison. September 21 — Ana Gabriel. September 27 — Anita Baker. October 8 — Smokey Robinson.

Patrick's II: 428 F Street, Downtown, 619-233-3077. August 7 - Blue Four. August 8 — Michele Lundeen & Blues Streak. August 9 — Alan Iglesias & Crossfire. August 10 — Chet Cannon & the Committee. August 11, August 12 - Taryn

Donath & Mo-Jo Rising. August 13 — Delta Heat. August 14 - The Bill Magee Blues Band.

SAL HER

SAN

August 15 - The Nik Simon Band. August 16 - Shari Puorto and the Rhythm Addicts. August 17 - Ronnie Lane & the Twisters August 18 — Nathan James & Ben Hernandez. August 19 - Len Rainey & the Midnight Players. August 20 — Blue Four. August 21 — The Road Dogs. August 22 - Aunt Kizzy'z Boyz. August 23 — Family Style. August 24, August 25 - The Bayou Brothers. August 26 — Blue Largo. August 27 — Shelle Blue. August 28 - The Bill Magee Blues Band.

August 29 - Missy Andersen. August 30 — Soul Diego. August 31 — 145th Street Deluxe Blues Band.

Petco Park: 100 Park Boulevard, Downtown, 619-795-5000.

November 4 — Madonna. Pounders: 125 West Grand

Avenue, Escondido, 760-739-1288. September 13 — Hear No Evil.

Poway Center for the Performing Arts: 15498 Espola Road, Poway, 858-748-0505.

September 15 - Judy Collins and Leo Kottke. Prescott Promenade: 211 1/2

East Main Street, El Cajon. August 8 — The Corvettes. August 15 — Bill Magee. August 22 — The Coolrays. August 29 — The Variations. September 5 — The Mar Dels.

Quail Botanical Gardens: 230 Quail Gardens Drive, Encinitas, 760-436-3036. August 17 - Raggle Taggle.

Qualcomm Stadium: 9449 Friars Road, Mission Valley, 619-283-0460.

DIEGO

September 6 — Bob Dylan & His Band.

October 24 — Great White

Rancho Del Oro Park: Mesa Drive and College Boulevard, Oceanside, 760-435-5041. August 14 — The Bayou Brothers.

San Diego Sports Arena: 3500 Sports Arena Boulevard, Point Loma, 619-224-4171. September 20 — Janet Jackson. September 26 - Playhouse Disney

Live! October 7 — Neil Diamond. November 8 — Carrie Underwood. December 1 — Celtic Thunder.

San Dieguito United

Methodist Church: 170 Calle Magdalena, Encinitas. August 30 — Caji and Salomé. September 6 — Peggy Watson. September 20 — Peter Sprague and Fred Benedetti. September 27 — "Tribute to Woody Guthrie."

Schulman Auditorium at

Carlsbad City Library: 1775 Dove Lane, Carlsbad. August 17 — Los Pinguos.

Scottish Rite Center: 1895 Camino Del Rio South, Mission Valley, 619-297-0397. September 6 — The Music of Sri Chinmoy.

Seaport Village: 849 West Harbor Drive, Downtown. August 10 - Barbara Jamerson & Two Deep. August 17 — The Cat-illacs. August 24 — The Bayou Brothers. August 31 — Nova. September 7 — The Bayou Brothers. September 14 — Barbara Jamerson & Two Deep. September 21 — The Cat-illacs. September 28 — Nova.



Summer presented by Sycuan A CELTIC CELEBRATION with EILEEN IVERS TODAY, JULY 31 @ 7:30pm MANCINI AT THE MOVIES Elleen Ivers FRI & SAT, AUGUST 1 & 2



2008

Monica Mancini

SYMPHONY

TARGET FREE FAMILY CONCERT SPRECKELS ORGAN PAVILION BALBOA PARK SUN, AUGUST 3, 5:30pm

BASEBALL GOES POPS with DAVE WINFIELD FRI & SAT, AUGUST 8 & 9



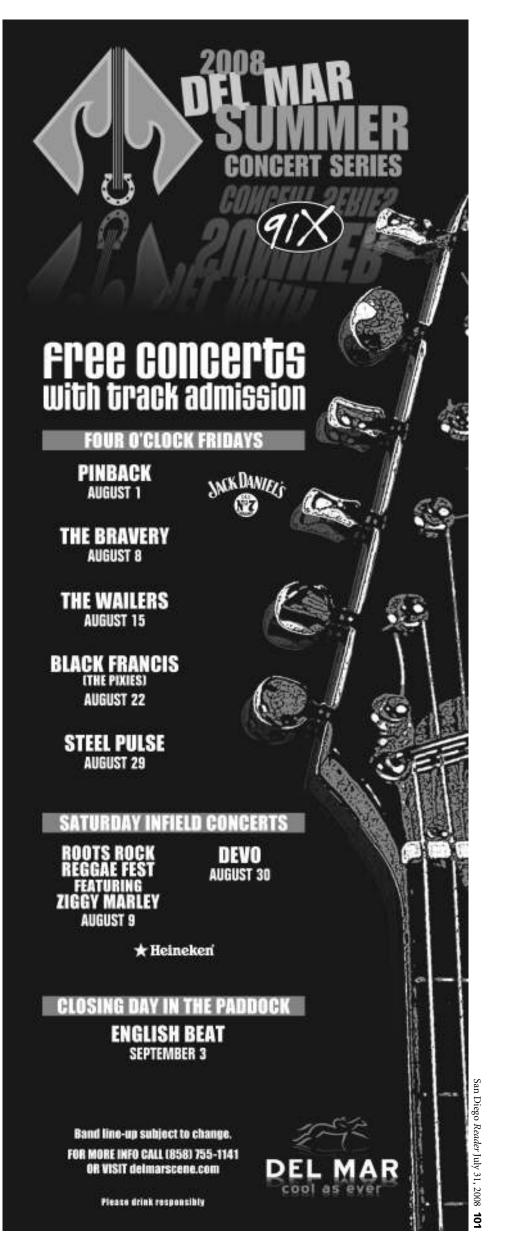
Mothew Gorbutt, For complete listings visit www.sandiegosymphony.com Conductor

7:30pm start • Table Seating • Fireworks Embarcadero Marina Park South, downtown on the Bay

call 619-235-0804 www.sandiegosymphony.com Union Tribune XLNCI II KHS









Calendar

Seaside Center for Spiritual Living: 1613 Lake Drive, Encinitas, 760-944-9226. *August 23* — Berkley Hart.

Sevilla: 555 Fourth Avenue, Downtown, 619-233-5979. August 10 — Gene Perry y Afro Rumba. August 26 — Charlie Chavez y Su Afro Truco. August 27, September 3 — Walter II and Orquesta Rumbaney. September 7 — Angel Lebron y Su Sabor Latino. September 10 - Charlie Chavez v Su Afro Truco. September 16 - Walter II and Orquesta Rumbaney. Soma: 3350 Sports Arena Boulevard, Point Loma, 619-226-7662.

August 7 — The Banner, Dr. Acula, Showbread. August 9 — The Faint. August 15 — KillWhitneyDead and Carnifex. August 16 — Knights of the Abyss and Burning the Masses. August 17 — Heavy Heavy Low Low.

August 23 — A Dull Science, Hello Marquee, Let Live. August 24 — Anthony Green, Good Old War, Person L. August 28 - Stick to Your Guns and Winds of Plague. August 30 — The RX Bandits and Portugal the Man. September 4 — White Chapel and Through the Eyes of the Dead. September 5 — Play the Fox. September 12 — The Rocket Summer and the Secret Handshake. September 13 - Kate Voegele and Virginia Coalition. September 19 — Rancid. September 21 — August Burns Red, a Skylit Drive, Sky Eats Airplane.

Spreckels Organ Pavilion: 2211 Pan American Road, Balboa Park. *August 7* — Breez'n.

Spreckels Theatre: 121

Play B.

Broadway, Downtown, 619-235-9500. *August 10* — Kidz Bop.

November 8 — Citizen Cope. **Static Lounge:** 634 Broadway, Downtown, 619-544-1609. *August 7* — Young Mass, Kayo,

Swedenborg Hall: 1531 Tyler Avenue, University Heights. August 15 — Korrie Paliotto. September 6, September 7 — Amanuel Zarzowski and Brenda Templar's Hall at Old Poway Park: 14134 Midland Road, Poway. *August 16* — High Hills. Theatrx: 155 East Grand Avenue,

Escondido, 760-735-2491. *August 15* — Chill Boy 10. *September 19* — The Bill Magee Blues Band.

October 17 — Dennis Jones. **Tio Leo's Lounge:** 5302 Napa Street, Linda Vista, 619-542-1462. August 9 — The Jack City Blues Band.

Trolley Barn Park: 1900 Adams Avenue at Florida Street, University Heights. *August 8* — Sue Palmer and Her Motel Swing Orchestra.

Turf Supper Club: 1116 25th Street, Golden Hill, 619-234-6363. *August 17* — J.D. Boucharde.

UCSD Arts Library, Geisel Library: 9500 Gilman Drive, La Jolla.

August 8 — Braden Diotte.

V Lounge: 5000 Willows Road, Alpine, 619-445-5400. *August 29* — Michele Lundeen & Blues Streak.

Valley View Casino: 16300 Nyemii Pass Road, Valley Center, 866-843-9946. August 7 — Street Heart. August 8 — Hot Rod Lincoln. August 8 — Crush. August 9 — Firefly. August 9 - Innovation. August 14 — The Gipsy Kings. August 14 — Innovation. August 15 — Hot Rod Lincoln. August 15 — Metro. August 16 — Federal Funk. August 16 — The Heroes. August 21 — The Jones Revival. August 21 — Shervl Crow. August 22 — Liquid Blue. August 22 — Federal Funk. August 23 — Crush. August 23, August 28 — Firefly. August 29 — The Fabulous Pelicans. August 29 — Innovation. August 30 — Federal Funk. August 30 — The Heroes. August 31 - Innovation. October 5 - Earth, Wind, & Fire. October 15 - Randy Travis. Vieias Casino Concerts in

the Park: 5005 Willows Road, Alpine, 619-445-5400. August 16 — Michele Lundeen & Blues Streak. August 20 — Donna Summer. August 30 — Melissa Etheridge. September 12 — Jaguares. September 28 — Flogging Molly.

Viejas Casino DreamCatcher Show Room: 5000 Willows Road, Alpine, 619-445-5400. August 26 — Sebastian Bach. September 14 — Sister Hazel. November 1 — K-Ci and JoJo. November 7 — The Spinners.



Vista Library: 700 Eucalyptus Avenue, Vista, 760-643-5100. *August 10* — The Peter Sprague Trio.

Wave House: 3125 Mission Boulevard, Mission Beach. August 8 — Sean Kingston. August 9 — Eek-A-Mouse. August 21 — The BoDeans. September 6 — Unwritten Law. September 26 — The Dark Star Orchestra.

October 18 — Bob Schneider.

Winstons: 1921 Bacon Street, Ocean Beach, 619-222-6822. August 9 — The Crown City Rockers. August 14 — Moontucky Risin and Hi8us.

WorldBeat Cultural Center: 2100 Park Boulevard, Balboa Park, 619-263-7911. *September 6* — Tribal Seeds.



How to submit a DJ listing: Call 619-235-3000 x405, night or day by 5 pm Friday, the week prior to publication. To send weekly or monthly schedules, fax to 619-231-0489 or mail to Reader Music Scene, P.O. Box 85803, San Diego, CA, 92186. You may also submit information online, get directions, maps, event alerts, RSS feeds, club coupons, and more at SanDiegoReader.com.

Air Conditioned Lounge: Thursdays: Too Cool for School. Old-skool hip-hop, '80s, and funk with DJ 1979. Fridays: DJ Junior. Disco, funk, and '80s music. Saturdays: Juicy. With Mike Czech and DJ SG. Sundays: Guest DJ Night. Guest DJs to be announced. Mondays: House of Rep. With DJ 1979 and guests. Tuesdays, 11:30 p.m.: Big Sonic Chill. Sponsored by San Diego's Local 94.9. Wednesdays: '80s Night. With a different DJ every week. 4673 30th Street, Normal Heights. 619-501-9831.

Bar Dynamite: *Thursdays*, 9 p.m.: DJs SG, Dubz, Teknikscian. Hip-hop, old skool, and mashups. \$5. *Wednesdays*, 9 p.m.: Deep House Nite. DJs Duane, Lil Ryan, and Johnny D spin house music. 1808 West Washington Street, Mission Hills. 619-295-8743.

The Bar Pink Elephant: Mondays, 9:30 p.m.: Grown Folk Music. Features the Husky Boy All Stars DJ Buddha and Duse. Hiphop/soul. 3829 30th Street, North Park. 619-564-7194.

Beauty Bar: *Thursday*: DJ Myson King. *Tuesdays*, 9 p.m.: Trans Am Tuesdays. New wave '80s dance party with DJ Heather Hardcore. 4746 El Cajon Boulevard, Kensington-Talmadge. 619-516-4746.

Camel's Breath Inn: *Fridays, Saturdays*: Live DJ. Ages 21 and up. 1033 Friars Road, Mission Valley. 619-281-1722.

Candelas: *Thursdays*: DJ ALA. Deep soulful house music. 416 Third Avenue, Downtown. 619-702-4455.

Canes: *Sunday*, 2 p.m.: Reggae Sundays. With DJ Tommy. *Friday*, 10 a.m.: Live Beach Broadcast. With local Rock 105.3. 3105 Ocean Front Walk, Mission Beach. 858-488-1780.

Colosseum Fine Arts : *Friday*, 6 p.m.: DJ Travisty. Spins for Andre Couturier One Man Show. 2400 Kettner Boulevard, suite F-109, Little Italy.

Coyote Bar and Grill: Thursdays, 10:30 p.m.: DJ Earl Henry. Fridays, 10:30 p.m., Saturdays, 10:30 p.m.: DJ Steve Hasty. 300 Carlsbad Village Drive, Carlsbad. 760-729-4695.

Deco's Restaurant & Nightclub: *Thursdays*: Krush. Hosted by Chase Costello, Steve Kamp, Jack Kennedy, and more. Hip-hop/mashups/party rock. Ages 18 and up. 731 Fifth Avenue, Downtown. 619-696-3326.

The Filling Station: *Fridays*, 9 p.m., *Saturdays*, 9 p.m.: DJ Dance Party. 9522 Miramar Road, Mira Mesa. 858-578-0757.

Harney Sushi: *Wednesdays*: Han. Funky house music with DJ Sergio and guests. 3964 Harney Street, Old Town. 619-295-3272.

Jack's La Jolla: *Thursdays*, 10 p.m., *Saturdays*, 10 p.m.: Wall Street Bar. DJs and dancing. 7863 Girard Avenue, La Jolla. 858-456-8111.

Kadan: *Mondays*, 9 p.m.: Mayhem Mondays. Punk rock every Monday. Live bands and resident DJ Nate Horror provide the tunes. 4696 30th Street, North Park. 619-640-2500.

Moondoggies Pacific Beach: *Saturdays*, 9 p.m.: What's Good. DJs Enigma and Cisco. Hip-hop, R&B, and Top 40. 832 Garnet Avenue, Pacific Beach. 858-483-6550.

San Diego Sports Club: Saturday, 9 p.m.: Therapy. DJ Bryan Pollard and guests spin industrial Gothic every first and fourth Saturday of the month. \$3-\$5. *Thursday*, 9 p.m.: Club '80s. New wave, punk, and new romantic with DJs Bryan Pollard, Roxanne Redlight, Sickboy, and Stem. \$2-\$4. 1271 University Avenue, Hillcrest. 619-299-7372.

Sevilla: *Fridays*, 9:30 p.m.: Blazin' Fridays. Hip-hop and reggaeton with Blazin 98.9. 555 Fourth Avenue, Downtown. 619-233-5979.

Whiskey Girl: Fridays, 9 p.m., Saturdays, 9 p.m.: DJ Marc Thrasher. Mixes music videos. Sundays, 9 p.m.: DJ Famous Dave. Mixes music videos. Mondays, 9 p.m.: U Call it Mondays. With DJ Marc Thrasher. Tuesdays, 9 p.m., Wednesdays, 9 p.m.: DJ Famous Dave. Mixes music videos. 600 Fifth Avenue, Downtown. 619-236-1616.

Whistle Stop Bar: Sundays: Night of the Cookers. Listen to classics and favorites from personal jazz record collections. Ages 21 and up. *Tuesdays*, 9 p.m.: Friends Chill. Board games and mellow grooves every Tuesday night. Candyland, Connect 4, Operation, Atari and Nintendo on the big screen. Ages 21 and up. 2236 Fern Street, South Park. 619-284-6784.

Crasher

HATS OFF TO MIMI

by Josh Board

received a couple of phone calls that piqued my interest. One was from a cage-fighter named Chuck. He told me he wasn't calling about a party; he wanted me to know that he liked my column. He told me about his website and said that if I ever needed a bodyguard, he'd be glad to accompany me to parties.

The other call was from a woman who belonged to the Cinema Society of San Diego. They were having a party at the Sheraton in La Jolla — plenty of good food and actors talking about their new film.

Food in La Jolla and mingling with film stars sounded pretty good. When I found out it was for a documentary called *Hats Off*, chronicling the life of 93-year-old actress Mimi Weddell, I figured Chuck's services wouldn't be needed.

I sat at a table with Sherry and her accountant friend, who wouldn't be staying for the movie. She had to work.

Most of the crowd was older. One member told me he'd been in the cinema club (which



is in its 25th year) for 15 years. I introduced myself to Andy, the president and founder of the cinema club. I had heard him tell a story about Charlton Heston. I asked him about that. He talked about doing a movie premiere with Heston that was outdoors in Colorado. It was so

She played a character who fell asleep during a wedding scene.

press.

windy, the screen was torn before the movie was shown. Andy thought the studio'd fire him, but Heston said that he wished he had the rod that parted the Red Sea. That made

Andy also told me about a time he watched Heston sign autographs as he walked to a limo. Heston told him to get in the car. As Heston got in, still signing autographs, the car

headlines in papers worldwide.

studio was thrilled with the

The movie didn't screen, but the

pulled away from the crowd. Heston explained how he handled autograph hounds, but Andy was more worried with getting the movie star to his next location in one piece.

Top left: Mimi Weddell and Jyll Johnstone;

Bottom right: Couple that works with young filmmakers

There was a large spread of food set out. I grabbed some pineapple and headed back to my table. I saw a few people talking to Mimi Weddell, who wore white gloves and a hat. One guy had a few pictures he was asking her to autograph.

I remembered seeing her in

the Will Smith movie *Hitch*. She played the lady at the end who pretends to choke in order to help her granddaughter meet a young doctor. I decided not to ask her anything about Smith.

We all headed over to the AMC Theatres next door to watch *Hats Off*.

It was a better documentary than the well-known Young@Heart, which followed around a senior citizens' choir that specialized in punk songs.

In the film, Mimi went on auditions and 14-hour cattle calls. She has filmed some Nike commercials in which she did gymnastics. She did perfume and clothing ads and a few Woody Allen films. I remembered seeing her in a Nicholson movie when they showed the clip. She played a character who fell asleep during a wedding scene.

I felt horrible watching her travel the streets of New York, going from audition to audition. One would think the studio would know if they wanted her or not and that she wouldn't need to read for parts.





I also felt bad that she seemed to be disappointed in her daughter (who was at



104 San Diego *Reader* July 31, 2008

this event). The daughter didn't like to dress up and get her hair done the way Mimi thought a woman should.

Mimi's husband, who at one time worked for a big record label, lost his job and passed away. She ended up moving in with her daughter and grandkids.

After the screening, the director and Mimi answered questions. They had been filming this project for over 11 years and had 200 hours of film to edit down to make the movie.

One person asked if she ever dated another man after her husband died. She said there was never another after Dick.

Someone asked about her constant smoking. She said she usually smokes a quarter of a cigarette. She said, "A nice young man drove me from the airport. I asked him if I could smoke on the curb earlier. I smoked half the cigarette." I asked if she ever

NOW FEATURING

Wireless Internet & TVG

for our horse racing fans!

LIVE MUSIC

NO COVER CHARGE

Thursday, July 31

they play at the theaters. She said no. I also talked about a scene she did in which she looked through a peephole at a young couple kissing outside. I said, "It's obvious where the joke is on a scene like that. Do you ever have a script you're reading and you don't understand what the joke is?" She smiled and said, "Oh, yes, all the time. I hardly ever understand them." The crowd laughed. The Cinema Society isn't your regular crowd of filmgoers. They know a lot about movies. They asked about Hats Off being screened at film festivals and how it will be distributed. Director Jyll John-

stone seemed to have her

hands full answering such

questions. We found out

1/2-off Wednesdays

1/2 off ALL cocktails, beers, wines & pizzas! 9 pm-close

858.456.6279 7536 Fay Ave., La Jolla

www.lajollabrewhouse.com

Live Music • Full Bar

Seafood • Vegetarian

Continental • Pacific Rim

Thursday, July 31

The Mar Dels

Friday, August 1

Jeff Moore

Saturday, August 2

Fuerte

Sunday, August 3

The Comedy Show

Monday, August 4

The Flounders

Tuesday. August 5

Adrienne Nims

Wednesday, August 6

The Stratos

576 North Highway 101

Leucadia

760.632.8252

www.calypsocafe.net

goes to her movies when

that Johnstone was a friend of Mimi's daughter. She thought her friend's mom was interesting. After Mimi did a Dracula cult film, Johnstone thought it would be interesting to follow her around and do the documentary.

I walked out to the lobby and talked with a few women about a friend of mine named Alice, whom I hadn't seen in years. Alice belongs to the cinema club. They told me they thought she had a death in the family.

I saw a couple that I wanted to talk to earlier. They seemed happy together. The woman was a tall blonde; the guy was short with dark hair. They told me about the student films they are screening and a contest they organize

Centre

all ages! all the time!!!

Sun., August 3 • \$8/\$10

The Subways

Fri., August 8 • \$7/\$9

Useless Idols

Unknown Motive

The Guze · The Demeanors

Fri., August 15 • \$7/\$9

The Variety Show

Silent Armada

The Author's Notes

Thurs., August 21 • \$10/\$12

I Am Ghost

Eyes Set To Kill • The Urgency

Fri., August 22 • \$7/\$9

The Haven

Somato Sensory

Dresden's Burning

Vessel Ascent

Thurs., August 28 • \$7/\$9

The Material

Dead City Sunday

Out of My League

Sat., Sept. 6 • \$45

2AT Music and Happy Box present Bamboo

s at an affo

8450 Mira Mesa Blvd. 858.271.4000 www.epicentre.org

THE EPICENTRE IS A PROGRAM OF HARMONIUM. VISIT HARMONIUMSD.ORG FOR MORE INFO.

Epicentre offers a

Nural · Orangello (CD rele

The Casbah prese

for young filmmakers. They described a few of them, and it sounded interesting.

After talking with the crowd about movies, my girlfriend suggested that we join the cinema club. We looked at one of their flyers. They had cruises, film screenings with actors and directors, and several other interesting events.

We then saw the price for an annual membership and decided it was out of our range.

Crash your party? Call 619-235-3000 x421 and leave an invitation for Josh Board.

To get an online version of this column, go to *sdreader.com*. You can print it, email it to friends, or get other "Crasher" columns and stories by Josh Board.





No Control "Your Friendly Neighborhood Bar' Happy Hour 1542 N. Coast Hwy. Leucadia • 760.753.2094 Midnight to close **Happy Hour** Friday, August 1 4-7 pm daily Leo Rising ^s2.75 Wells \$2.50 Beer-of-the-Month **4 Regulation Pool Tables** Saturday, August 2 Shuffleboard • Darts **Red Handed** nday Pool Tourr 8:30 pm

Online Club Coupons at SDReader.com





Au-Some Cooking

When I ate at Molly's during June "Restaurant Week," the place should have been at least as packed as Ruth's Chris was the previous night. The food was vastly better, the wine list more interesting and sophisticated, with smarter choices for less money. Yet barely half the tables were occupied, all (judging from overheard conversations) by hard-core foodies and winies (not "winos," nor a "nation of whiners" plunging into mental recession; from what I heard, everyone sounded pretty bright). So, just like the last time I reviewed Molly's, it's time to sound the trumpets in another wake-up call: Molly's may be a restaurant in a hotel, but it's a chef's restaurant first. Don't let the conventioneers keep it for themselves. Yes, it's a bit pricey, but no more so than is the norm in the Gaslamp, and you get a much better payoff in food quality, craftsmanship, and professional service - not to mention free parking.

Unlike most chains, the Marriott's local restaurants (another is Arterra in Del Mar, and another Roy's is about to open here on Harbor Drive) put the chefs and not the suits in charge of the food. (You can thank a food-forward manager named Steve Pagano, who ran the Del Mar location and was promoted to a higher slot in this one.) In fact, the Marriott is hip enough that instead of advancing some corporate drone, they appointed Molly's distinguished sommelier, Lisa Redwine, as the restaurant's general manager. (Only Amy Winehouse could beat that for an apt sommelier name, but Lisa was a more appropriate person for the job.) Lisa left a few weeks ago for the Shores you can still read her legacy in the smart wine list and now chef Timothy Au is in charge. This mode of operation is incredibly rare at American hotel chains. You may find it at a boutique chain like the Kimpton's or at a Euro-style luxury chain like the Ritz Carlton, but --- wow --- at a middle-class Mar-riott, where even I have occasionally stayed? Obviously, somebody at the top understands the distinction between the important pleasures versus the class-based snobberies.

Chef Brian Sinnott put Molly's on the map. After he moved on to 1500 Ocean nine months ago, the equally experienced chef Timothy Au took the helm. But the restaurant seemed to lose some of its local cachet, as if foodies didn't quite trust another chef to please them as much. If there were any initial problems with the transition, however, they're



ΕW

REVI

NAOMI WISE

no longer evident. Everything we ate was totally "au-some."

Molly's menu is seasonal and local, changing constantly. (The menu posted on the website is more an overall sample than a precise depiction of what's coming from the kitchen in

a particular week.) The generous Restaurant Week menu covered many of the dishes on that week's seasonal à la carte menu (although

not the most expensive choices). But tempted beyond endurance, my posse and I strayed to the regular menu, to start with a round of oysters on the half shell. That told us plenty about the new chef. The species were *kumamoto* and *hama hama*, which are as good as oysters get. They arrived with an array of garnishes: lemon wedges, semi-hot Hungarian paprika, and an unconventional mignonette consisting of chopped shallots and herbs with only the barest touch of vinegar. As someone who learned to love oysters in New Orleans (land of do-it-yourself oyster sauces), I was overjoyed to avoid the vinegar OD of standard mignonettes. Sam and Mary Jo drank the grit-free juices from the shells as eagerly as I did. There were three choices for every course, and coincidentally we were a threesome. (Sometimes life gives you a little break.) A terrine of housecured, cold-smoked salmon and house-made Boursin cheese featured the rich, profound flavors

of thin slices of cold-smoked lox layered with creamy cheese. Perfectly complementing the terrine was a salad of spring greens dotted with cubes of smoky bacon and ca-

pers with a preserved-lemon vinaigrette that tasted faintly like anchovy (not from the fish, it turned out, but from the spicing of the lemon).

Citrus and herb-cured ahi offered another intense raw fish, an *essence* of ahi, accompanied by *lolla rosso* (a hearty Italian red lettuce) with pancetta and sweet red onion slices in a cardamom-spiked lime-juice dressing. The flavors produced the wholebody satisfaction of a hot bath on a cool night or a Caribbean swim on a hot day.

Caramelized local peach made the most of the season: Instead of boring old melon with prosciutto, here was fresh, local stone-fruit with pancetta, pine nuts, aged balsamic, and a single, pristine glazed leaf of Genovese basil for deep-dark green-

Molly's Restaurant and Wine Bar **** (Excellent)

Marriott Hotel Marina, 333 West Harbor Drive (at Front Street), north tower level 1 (sub-lobby), downtown, 619-230-8909; *mollysfinedining.com*.

HOURS: Sunday–Thursday 5:30–9:00 p.m., Friday–Saturday until 10:00 p.m.

PRICES: Starters, \$9–\$15; entrées, \$32–\$40; sides, \$3–\$6; desserts, \$9–\$12 (per person). **CUISINE AND BEVERAGES:** Seasonal Califor-

nia cuisine, made-from-scratch ingredients (including cheeses and cured meats and fishes) with clever, creative twists incorporating local produce. Vast choice of mainly California wines includes half-bottles and plenty by the glass in generous pours, emphasizing uncommon bottlings. Local and international beers and ales. Full bar with creative cocktails.

PICK HITS: Go to town — whatever you like. **NEED TO KNOW:** Free validated valet/self-parking for three hours at hotel door (Front Street entrance). Business-casual to dressy. No vegetarian or vegan entrées on website sample menu, but kitchen excels at vegetables, and elaborate side dishes are adaptable as entrées.

Ratings reflect the reviewer's reaction to food, ambience, and service, with price taken into consideration. Menu listings and prices are subject to change.

Go to *SanDiegoReader.com* to find hundreds of past reviews.

ness flashed with sweetness. This, too, combined physical impact with an intellectual one: What a smart new combination of tastes!

We'd gone happily for the "wine pairings" offered with the menu, and for the first courses Ms. Redwine chose an interesting dry Riesling from Kim Crawford (Marlborough, NZ). I'm not normally a great Riesling fan, but this one was just right.

Our main courses covered sea, air, and land. Diver scallops, ultra tender in a warm coriander vinaigrette, benefited from accompaniments of shaved artichoke, braised fennel, with its subtle licorice flavor, and potato purée discreetly touched with orange and more fennel.





Roasted prime-grade tri-tip beef offered thin, rare slices bathed in a subtle sauce (eggyolk Gribiche vinaigrette mellowed with a red wine-veal demiglace) with huge, grilled slices of heirloom tomatoes and pancetta-wrapped romaine, also Piatti in La Jolla grills the lettuce longer and hotter, and it comes out better). After the prime filets at Ruth's Chris and Cowboy Star, how did this beef stack up? It was tougher — tri-tip is not a melt-in-your-mouth "gourmet" cut, it's the stuff (eaten with pinquito beans) of the famed Santa Maria annual community barbecue. But after its careful treatment, it gave an illusion of tenderness. The flavor was truly beefy, and the sauce civilized it and made it more interesting than mere meat.

Marinated, grilled natural chicken breast with oregano and olive *jus* came with a mound of roasted corn, red peppers, and Israeli couscous. It was really good for chicken breast — not dry but it was still breast. Perhaps someday scientists will find a way to turn this meat into organic transplant material for the glamour gals of Del Mar. Most weeks, duck is on the menu instead. Given the choice, go with the quacker. "Who's better than a Chinaman at roasting duck?"

says chef Tim Au.

The tasting wines for the scallops and chicken came as a pair: a Kim Crawford Chardonnay and a Pinot Noir from the same maker and region. They were fine, but both were blown away by the red that accompanied the beef, a Matt Block blend (Stellenbosch, South Africa) combining Merlot, Shiraz, Cabernet, and Petit Verdot. The overall flavor was that of a carefree, food-friendly Rhone with an undertone of darker Bordeaux flavors. The older I get, the less I cotton to the egotistical posturings of California Cabs (give me Bordeaux or give me plonk!) and the more I enjoy the friendly charm of grapes from the Rhône, wherever they're grown — especially this area of South Africa, where they seem to have settled in comfortably.

The hits just kept on coming, although by dessert I found it harder to concentrate on yet more food, more wine. (Those penetrating appetizer flavors with their somatic impacts had taken a toll on my palate. How much pleasure can a body and mind absorb at one meal?) The hotel pastry chef, Rudy Wieder, devises desserts, following the general guidelines of Tim Au who likes light desserts as much as I do.

Carlsbad strawberry shortcake with minted chantilly cream was airy, accompanied by an Inniskillin Cabernet Franc ice wine from Canada. Bananas Foster, prepared and flamed tableside by our waiter the

Buy 1, Get

1 for 25¢

domestic

beers!*

2-7 pm daily

old-timey way, was luscious with vanilla ice cream to lighten it up, and on the side, Inniskillin Vidal Icewine (like its kinfolk, from the Niagara area). The decaf espresso was perfect.

The underlying question about Molly's is: Now that chef Brian Sinott has moved on, is it still worth eating there, in the territory of tourists and conventioneers? Well - unlike the fleshpots of the nearby Gaslamp, you get hassle-free, money-free parking. And a very pretty, quiet, civilized place to eat in. And truly fine food and a wine list that won't bankrupt you for plonk but gives you interesting choices for whatever you can pay. All this, and what we ate was from a Restaurant Week menu — not the prime stuff, but the least-costly dishes for the kitchen to produce. And we were still thrilled. Tim Au is not a carbon copy of Sinnott, but he's fully as good on his own, and miles ahead of the empty glitz that lies just to the north. Whoever this Molly is, she deserves a big kiss.

ABOUT THE CHEF

50% off

entrée*

Buy one entrée and two fountain drinks and

get a second entrée of equal or lesser value

50% off. Not valid with other offers. With ad. Expires 8/14/08.

10% off lunch*

With ad. Daily lunch specials from \$6.95.

Cajun- and Creole-style cuisine specializing in crawfish boils, jambalaya, po' boys, gumbo, beignets and other Southern-style food.

"A taste of New Orleans in San Diego"

Timothy Au (preferably pronounced "Ow," although he says "Aw" is okay) has been a chef for 25 years. His interest in food started early: At age six, he tried to teach the babysitter how to make steamed rice. He attended cooking school in Milwaukee and simultaneously suffered a rigorous French-style apprenticeship at a leading restaurant there. Then he

worked in Los Angeles, San Francisco, San Diego, and Hawaii under some of the country's most celebrated chefs, including Susan Feniger, Mary Sue Milliken, Jeremiah Tower, and Bradley Ogden, including four years as chef de cuisine under Jeff Jackson at the esteemed A.R. Valentien at the Lodge at Torrey Pines, before moving on to Connecticut as executive chef at a luxury resort. Superstar chef Bradley Ogden brought him back here, recruiting him for the job at Molly's. If you'd like to read his full résumé in detail, you'll find it on Molly's website.

"My mom cooked a lot of canned and frozen and convenience food. With both parents working and having four boys, both my parents cooked. My father cooked in the Chinese style, and my mother cooked in the convenient Midwestern '50s style. I preferred — don't tell my mom - my father's cooking. His father was a Chinese missionary who traveled all around China with his wife, my grandmother, so the food they cooked wasn't regional, it was basically the whole of China. It was like an American style of Chinese, homogenized, but they started with the Mandarin region — light, not spicy.

"Back when I started cooking in the '80s, being a chef wasn't a glamorous profession. I grew up kind of a bad kid. I wasn't thought to be the brightest child on the block. And growing up in Wisconsin back

www.kirinsushi.net

then, it was very...Caucasian. The south side of Milwaukee was very Germanic and Polish, and I was kind of beaten down by teachers and classmates alike.... So the reason I started cooking was that I'd always have a job, I'd never go hungry, and I thought I was not intelligent enough to do anything else.

"In high school I went to two different schools, the School of the Arts and the Broadcast Journalism School, because I wanted to be a disc jockey. But I'm not a person who can live a solitary lifestyle as a disc jockey, so I decided to do something I enjoyed, which was cooking.

"I didn't realize at first what upscale European food was about - I thought it was really cool, really interesting. As I was growing up, we'd go to some Polish- and German- and Serbian-style restaurants. There wasn't anything much more in Milwaukee, and we didn't have a lot of money to eat out. But later on in life I realized that the food I was eating [during my apprenticeship] was part of each country's history and the way of life there. You could tell the weather by the way they cook. All the different foods have a reason why they're the way they are. No, I haven't traveled. I've pretty much filled my life with work.... I waited a long time before I became a souschef because I wanted to be the best in the kitchen." I asked if he was tempted to do "fusion" style. "When I was in Hawaii I did do some fusion food," he says. "My philosophy of food is basically Asian, as far as the roundness of my food sweet and sour, hot and bitter, all those components together. I still use a lot of Asian ingredients, mixed with the Mediterranean ingredients."

I asked why he'd accepted a job at a Marriott after such a hotshot career. "Several factors," he said. "One of them is the ability and the autonomy to do whatever I want with the food. The other is, being in such a large facility, the food-cost parameter is not that big of an issue. I purchase separately from the rest of the hotel, so I get the best ingredients that I can. I can serve a certified Japanese Wagyu beef carpaccio appetizer with a truffled cheese for \$15 - where else can you do that? I can do that because of the umbrella I have above me. The other factor is that this company is hungry for culinarians, especially here in San Diego. And hotels are starting to be recognized for the quality of their food, like they were 20, 30 years ago."

Most of the produce he uses comes from local farms and farmers' markets, and as a resident of Leucadia, Tim finds it easy to shop at Chino Farms regularly. During a long stint in Hawaii he learned how to surf, and that's another important factor in his choice of location — it's what he does to unwind in his rare downtime.





Ocean Beach • 4111 Voltaire St. • 619-223-3388 Santee • 8790 Cuyamaca Rd., Ste. K • 619-562-5151 Great Chinese and BBQ items available!







Yum! Leftovers!

"A couple of us used to gather here to chat with our friend Shorty, and he had a guitar."

ou ask, what do I like about Tijuana? This is what: I'm jes wandering down Fourth, heading toward Constitución, when I come across an impromptu clump of guys sitting around a shoeshine booth, "Bolería El Shorty.

Huh. They're singing. One guy has a guitar, another maracas, a third rattles a tambourine. Some song about "Calle Cuatro y Constitución, de mi querida Tijuana...' ("Fourth Street and Constitution, of my beloved Tijuana"). It stops me in my tracks: that's exactly where we are. Sophisticated voices,

beautiful guitar work, right here with people passing all around them. Then they all swap instruments and start in on something about el caballo viejo ("the old horse"). "From Paraguay!" one shouts over to me when he sees me staring. 'Course I have to ask what's going on. "We're

just friends," says Gabriel, who's still shucking the maracas after "Old Horse" has ended. "A couple of us used to gather here to chat with our friend Shorty, and he had a guitar and we just started up a couple of songs one day. Guys from the neighborhood would stop by, find a crate to sit on, and join in. Juan there," he's pointing to the guitarist, "Juan Richo. He's a composer. He made up lots of our songs. They're about our lives, about Tijuana.'

He hauls out a crate for me to sit on and introduces Juan, Javier, Fernando (a dapper gent in a tweedy sports jacket and cravat), and "El Shorty" himself, Chaba Salvador. Fernando keeps bustin' out with Argentinean tangos, Cuban rumbas, and even American songs like "Cotton Fields." The last line, "in them old cotton fields back home," becomes Busca amor, nada más que amor ("Look for love, nothing more than love"). Couple of older gents passing by stop and sing along. It's beautiful. "Would you care to have some lunch with us?" Javier asks

11 ED BEDFORD

sion Beach: 3795 Mission Boulevard 858-488-9060

North Park: 2801 University Avenue 619-220-8992

East Village: 1250 J Street

619-232-7662

Gosh. Actually, I was looking for a late breakfast. Missed again this morning. But with all that walk from the border, I'm hungry, and I appreciate the offer. Chaba has some fried chicken and a bunch of tortillas sitting in his booth. Gabriel

opens a large plastic lemonade bottle and passes around plastic cups. I grab flesh off a chicken leg, wrap it in a tortilla, splash on some hot sauce, and chomp in as Juan launches into "Caliente, Caliente." It's another of his compositions. And then Fernando sings, "Fue en un café..." and damn, I know I rec-

ognize the tune. Fernando hits the chorus in English: "Under the boardwalk, down by the sea..." That chicken. It's one of the most delicious eats

I've ever had. Yes, I know why. It's the company that makes it so.

Now it's an hour later. I'm heading back to el norte. Cross the footbridge over the Rio Tijuana, and before I have to join the line at la linea, can't resist stopping in at a gazebo-looking place. One more snack. Except, man. What a difference a bridge makes - musically, anyway. Led Zeppelin's blasting out on this place's sound system with "Whole Lotta Love." Other places in the square blast rap. This is Plaza Viva Tijuana, a big expanse of buildings meant for shops and restaurants that mostly never happened. But ye olde gut is still whining. And I see this bunch of tables and chairs set under a big blue "Chargers" canopy. Looks new. Don't see a name, but it has colored pennants waving in front of a gazebo-type place. And its waiters all seem to have shaved heads.

Inside the eight-sided gazebo, furniture's green. Most of the walls are windows, so there's not much art. But someone's put up a pencil drawing of Al Pacino as Scarface. In the back, it's all a big, broad, clangy, traditional Mexican kitchen. On the sound system, the music continues Anglo-angry. But some's okay: Judas Priest's "Breaking the Law," Steppenwolf's "Born to Be Wild," Jimi Hendrix's "All Along the Watchtower.'

Bouncy blonde kid - hey, her name's Carla, just like my truly beloved — is standing at the counter talking to Ana the cook. She comes up to see if I want a margarita.

"No," I say, "but how about a coffee. And I need breakfast."

Dunno. Always hooked on break-

fast. Meal of hope. "Anytime," Carla says. Whew. 'Course, the menu she brings has all the standard non-breakfast meals: mariscos, shrimp dishes and fish soups, around \$9 each; steak ranchero, \$6; and fajitas, \$6-\$10. Tacos go from \$1 (for chicken

or carne asada) to \$1.50 (fish) to \$2 (shrimp).

Pretty much everything in the breakfast section runs around \$5, like cheese or ham-andcheese omelets, or huevos rancheros. But what catches my eye is something I can honestly say I've never had before, 'specially for breakfast: chilaquiles. They're \$6, and that includes a thin steak. Carla says it sits on top of chilaquiles - tortilla chips doused in cheese. You also get frijoles and rice, chips and salsa, and coffee, and, hey, Carla says I can have a house salad too, all included in the price. Wow. This is turning into a deal.

I know that traditionally in Mexico, chilaquiles have always been a kind of "leftovers" dish where you use up all your stale tortilla chips (soak them in red or green salsa) along with eggs and cheese. When mine comes (in red salsa), all I can make out is a helluva mess of good-tasting grub, mix-



Carla and Ana

ing the savory thin meat with the soft tortilla chips somewhere inside all that good cheesy gunk. And though I never thought I'd be caught eating salad for breakfast, the fresh shredded lettuce with avocado slices and tomatoes do help as a kinda mouth-freshener between attacks. The cawfee's instant and the sweetener's sugar, but hey, it's just fine.

"What's this place called?" I ask Miguel, the serious young buck who turns out to be running the place.

" 'Happy Face,' " he says. I'll come back for *chilaquiles*. They were good. And such great value. Plus, the thing about this place is it's a quick Mexican fix without having to walk all the way to downtown Tijuana.

'Course, nothing will beat chicken with the happy-go-lucky Fourth Street band at El Shorty's.

The Place: Happy Face Restaurant, in Plaza Viva Tijuana, near Yellow Cab parking area, Tijuana Type of Food: Mexican

Expires 8/14/08.

311 Palomar St.

El Dorado Seafood & Grill

Chula Vista

Prices: breakfast chilaquiles (with a thin steak, frijoles, rice, chips and salsa, house salad, coffee) \$6; ham-andcheese omelet, \$5; huevos rancheros, \$5; chicken or carne asada tacos, \$1; fish tacos, \$1.50; shrimp tacos, \$2; shrimp cocktail, \$8; fish soup, \$6; chicken, cheese enchiladas, \$6; steak ranchero; chicken fajita, \$7 Hours: 9:30 a.m.-8:30 p.m., daily

Buses: 929, 932

Nearest Bus Stop: San Ysidro trolley-bus terminal, San Ysidro Boulevard Trolley: Blue Lin

Nearest Trolley Stop: San Ysidro trolley-bus terminal, San Ysidro Boulevard



Centifonti's Restaurant

8365 La Mesa Boulevard • 619-461-4434

In the heart of downtown La Mesa

619.426.4545



Enter the Village

"The Internet is where everything's going to be. I'm hoping we'll have a content-rich vehicle."

or Rob Barnett, the long and winding road to VinVillage is finally coming to an end. The technical snags for his wine-based social-networking site — devoted to "creating locally based social wine groups and connecting

them with wine lovers in their home cities and around the country, together with an enhanced local- and online-wine-lifestyle experience, offering wines, events, products, and services" — have mostly been cleared up. The licensing for the VinVillage store is in place: the site has crawled under the Vintage Wines umbrella. And

the Vintage Wines umbrella. And along the way, Barnett has had one or two happy adventures.

VinVillage San Diego, headed up by chefcaterer Chuck Samuelson, is up and running strong. The events are the key, the thing that keeps it from being just another wine-chat board, and a recent effort brought 200 people to Anthology on a Tuesday night during happy hour. "We've done events in Modus, Fleetwood, Dussini," recounts Barnett. "It brings in business for them during the week and gains us market awareness and membership." (And for a social-networking site, gaining membership is the point. The more members, the more attractive you become to professional partners/sponsors, and the more likely you are to get a significant number of customers purchasing VinVillage goods and services.) "Our goal is to keep coming back each year at the same time,"



continues Barnett, "keeping the theme and the educational component. At Anthology, we worked with their sommelier and we brought in Rudi Wiest," the great (and local) importer of German wines, to help San Diegans discover the

glory that is German Riesling. Things are starting to fall

into place out of town as well. Phoenix is online. There have been events in Orange County and Sacramento. "Our goal is to have, by the end of the year, somewhere between eight and ten villages fully functioning and somewhere between four and six thousand members."

To aid in the effort, Barnett has expanded his vision a bit. "VinVillage was originally about the social-media business. At the local level, what happens remains the same. It's all about getting together; that's why we have the three images right up front on the site, with the captions, 'Join us,' 'Get together,' and 'Experience.' But with the arrival of *VinVillage Radio*, we now have a communication platform."

VinVillage Radio came about when Barnett was interviewed on the Art Rocks! show, which airs on the (locally based) WSradio.com online radio network. "I was sitting and waiting for my interview, and I looked through their list of shows. They had over a hundred shows and nothing devoted to wine and food." He sent an email to the CEO, had a few meetings, and boom, he had found a home in new media. For weekly content and hosting, he turned to Lynn Krielow Chamberlain, a broadcast journalist who had been running her show locally in North Carolina for a decade. "She's phenomenal," gushes Barnett — and now she can be heard anywhere there's an Internet connection. Providing this sort of media

content gives Barnett a new way to attract members. The lists of

those visiting *VinVillage* and those downloading *Wine&Dine Radio* podcasts are different enough to tell him he's reaching potential new members. It's got him excited enough that he's considering the addition of video, maybe even print — though he believes that "the Internet is where everything's going to be. I'm hoping that we'll have a contentrich vehicle to deliver great video" — either through partners, user-generated content, or inhouse production.

Barnett's vision is wildly synergistic: users will come for the content and the community of wine lovers; hopefully, sponsors and partner wineries will come for the same reason. The users come to taste, the wineries come to be tasted, and VinVillage is the place to meet. About the radio effort, he says, "We want to have sponsors, and there will be some content driven by who the sponsor is. We interviewed Michael Brill from the 'remote winemaking' company CrushPad last week - they'll get one segment a week because they're a sponsor. We can have a segment that's devoted to a particular winery partner, and then we can pull that content over and plug it into the 'Vin du Jour' blog on the VinVillage site. Blogs develop followers, and so if you have multiple segments with multiple themes, then you can have different blogs



VinVillage Radio logo

that each develop a following. That leverages our exposure in the marketplace."

The sponsor partnership then extends into real life as well. "On August 2, we're doing a wineblending class with CrushPad at Macy's School of Cooking. The director of education is coming down to lead it, and he'll use their FuseBox model. It gives you the five Bordeaux varietals, and we teach people how to blend. They learn to use the pipettes, the graduated cylinders. We give them recipe cards for some of the greatest wines — Silver Oak, Insignia. We're calling it 'Drink what you blend.' "

That's the great economic virtue of *VinVillage* — the real-world grounding in the physical product that is wine. It's that kind of grounding that has the company talking to a recycling company like Terracycle, swelling an effort to recycle corks. Or to a company like Inertia Beverage Group up in Napa. "Every state has shipping-compliance regulations," explains Barnett, "taxes, how many bottles per customer, and in some cases, depending on how many gallons of wine or how big the winery is. Inertia has built a platform around the shipping compliances and made it easy for a small winery to get to market." A way for the boutique producer to avoid getting lost in the









Lunch Daily 11:30 am-2 pm Dinner Daily 5-9 pm

Appetizers: Gyoza, Egg Roll, Soft Shell Crab, Miso Soup, Shrimp Tempura, Chicken Teriyaki, Agedashi Tofu, Green Salad, Rice

- Nigiri Sushi: Albacore, Amaebi Avocado, Clam, Crab, Eel, Egg, Inari, Hamachi, Ikura, Saba, Smelt Egg, Octopus, Oyster, Salmon, Scallop, Shrimp, Smoked Salmon, Squid, Tuna, Uni, Red Snapper
- **Cut Rolls**: California, Caterpillar, Cucumber, Philly, Rainbow, Crab, Soft Shell Crab, Spicy Tuna, Tempura Shrimp, Vegetable, Yummy, Firecracker, Seafood Dynamite, Shrimp

GINZA

SUSHI

Hand Rolls: Eel, Salmon Skin, Scallop, Crab, Spicy Tuna, Shrimp, Tempura Shrimp, California

> 8657 Villa La Jolla Dr., Suite 125 La Jolla • (858) 550-0861 (near AMC 12 Theatres)



pr/how.biz

book of some monster distributor is by going directly to market. "They've partnered up with 350 wineries, most of them small, many of them without distributorship. They can do it either business-to-consumer or business-to-business, selling directly to the trade and to restaurateurs, without the distributor in the middle."

But a problem remains: How does a small winery actually get its wine into the glasses of shop owners and sommeliers across the country? Enter VinVillage. "Now, if we're doing an event with a restaurant, we can bring exposure to our winery partners - we're working with the restaurant on which wines to pour. Or, say we're in Spokane and a winery wants to sell to the trade in Spokane. We can do an event, bring in the winery partner, and bring in the trade from Spokane. All we're doing is making the introductions; we help facilitate the meeting."

RESTAURANT LISTINGS

The Reader's Guide to Restaurants are recommended listings written by our reviewers (Ed Bedford, Barbara David, Ambrose Martin, Shari McCullough, Max Nash, Eleanor Widmer, Naomi Wise). Each issue contains only a fraction of almost 900 reviews. A complete searchable list is available online at SanDiegoReader.com. Price estimates are based on the latest information available for a midrange entrée. Inexpensive: below \$10; moderate: \$10 to \$19; expensive: \$20 to \$29; very expensive: more than \$30. Please call restaurants in advance for reservations.

BEACHES

Brazil by the Bay Restaurant and Sports Bar 3770 Hancock Street, Point Loma, 619-692-1410. The pleasures of the Brazilian table go beyond the orgies of skewered meats served at *rodizios* (e.g., Rei Do Gado). Here you can eat like a real *carioca*, sampling typical dishes of Bahia, Rio, and São Paulo. You can happily make a grazing meal of stuffed things — ap-petizers such as *coxinhas*, *pasteles*, *cro*uetas, and kube (the Brazilian version of Lebanon's kibbe) — and don't miss the luxuriant fried-bananas Milanese Ask for the house's Brazilian hot sauce, hotter and livelier than the Mexican bottled sauces on the tables. The main-course masterpiece is moqueca de peixe, fish in a curry-like coconut milk stew. Other good choices include prato feito (beef, fish, or chicken, sprinkled with lemon juice and served over a sea of red beans) or filet mignon with catupiry, a stroganoff-like concoction made with a rich Brazilian cheese of the same name. Weekends, there's feijoada, the Brazilian national dish, but it's a rather thin and soupy version. Good desserts, including passion-fruit mousse. Beer, wine, sake-based cocktails. Lunch and dinner daily. Reservations accepted but not needed. Moderate. - N.W. Bull and Bear Bar and Grill 1271 Prospect Street, La Jolla, 858-551-0077. "Bull" and "Bear," as in stock market moods. It's not surprising lots of soigné financial types gather here around sunset, but the food comes at proletarian prices. Of course the names kowtow to mighty Wall Street: the Broker Breakfast Burrito (eggs, bacon), Venture Capital Veggie Burrito, Bull Burger, Dow Jones Dog, Francheesie Dog. Best bang for the buck: the Hot Stock Burger, a halfpound patty with a split Louisiana sausage on top. Bottom line: it's a

chew with a view. Open 11 a.m. to 10

Plenty of parking during Bird Rock construction!



Construction Cocktails: Specialty Cocktails from \$5 Well Cocktails \$3 House Wines \$5 Draft Beers \$3

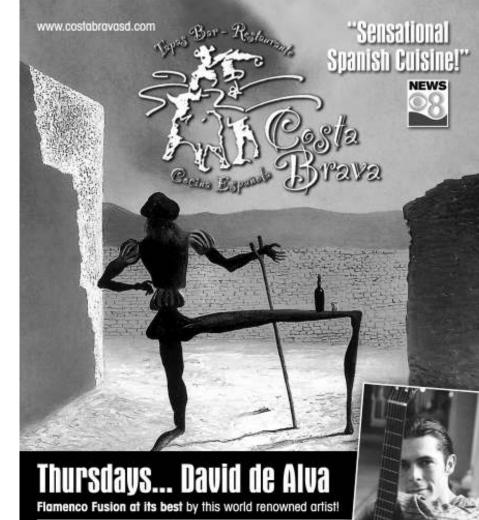
beaumont's

Cone Zone Eats

Kobe Mini Mac \$8 Hot Chicken Tenders \$7 Crispy Shrimp & Calamari \$11 Chips & "Guac-mane" \$6 Truffle & Parmesan Fries \$6 Carnitas Taquitos \$8 Corkscrew Mac & Cheese \$6

A Neighborhood Eatery Corkscrew Mac & Cheese \$6 5662 La Jolla Blvd. • Bird Rock • (858) 459-0474 • beaumontseatery.com





Food, Wine, Music & Culture direct from Spain! Open Daily 11:00am / Banquet Facility / Catering Service 1653 Garnet Avenue, Pacific Beach. • (858) 273.1218



p.m. daily (bar open till 2 a.m.). Inexpensive. - E.B.

Café Japengo 8960 University Center Lane, La Jolla, 858-450-3355. Here Bentleys and Beamers far out-number Buicks. Inside is contemporary with an Asian flair, complete with kimono stands and bamboo forests. Sushi is the specialty, and it's above average, although the sushi-bar chefs aren't very friendly, and the seasoned rice tastes quite salty. The highly prized fatty tuna (*toro*) and flying fish roe *tobiko* are offered when available. Otherwise, they may be replaced by smelt roe, *masago*, which may be a minor disappointment. However, the *uni* (sea urchin roe) is pristine. If you appreciate subtlety, try the egg-omelet sushi (*tamago*), a delightful mixture of eggs, sake, and mirin. Creative party rolls are especially popular here, including the amusing Tootsie Roll — sweet and spicy, crunchy and spongy, with fried soft shell crab topped with grilled shitake mushrooms, avocado, and a sake marinade. Entrées are often a letdown, but diners may be satisfied to make a meal from appetizers like the *char su* duck salad with goat cheese, candied pecans, and pomegranate vinaigrette; duck wontons with coriander pesto and *ponzu* sauce; and an excellent kimchi martini. No reservations for the sushi bar; arrive early for prompt seating. Lunch weekdays only; sushi bar opens at 5 p.m.; dinner begins at 6 p.m. Very expensive. - B.D.

Clay's La Jolla 7955 La Jolla Shores Drive, La Jolla, 858-551-3620. In this oddly cozy penthouse with wide win-dows facing west, the curtains rise at sunset to reveal a panorama stretch-ing to the sea. It's comfortable, attractive, not too formal — casual-chic. Here, chef-owner Clay Bordan cooks up a creative, sophisticated, sea-sonal California-fusion menu with in-

ternational flavors seamlessly integrated, featuring organic vegetables, wild fish, naturally raised meats and fowl. With his discerning palate, his fare is unusually delicious. And it's healthful, low-carb enjoyment with interesting veggies, little starch, min-imal cream. Wine list includes some high-end French bargains; good choices by the glass. Full bar. Free parking. Elevator-accessible re-strooms same floor. Dietary restrictions accommodated. No kiddie menu, but child-size plates half-price from regular menu. Reservations rec-ommended. Live local jazz in lounge most nights after 7 or 8 p.m.; big band Sunday nights. Can be noisy. Three meals daily. Expensive. - N.W.

Cliff Hanger Café 2800 Torrey Pines Scenic Drive, La Jolla, 858-452 9858. "You should never leave the ground on an empty stomach," says the sign near the cliff, which is where this café hangs. What is it like to be at the Café at the End of the World? You sit, munch, and watch men becoming birdmen, jumping off the cliff beside you. The view of the Pacific Ocean is spectacular. But, hey, grub's good too. Try the Launch (a breakfast burrito with scrambled eggs, bacon, cheese, onions, bell peppers, and salsa). Also great and grilled right there: generous half-pound hamburgers. Open daily for breakfast and lunch. Inexpensive -E.B.

The French Gourmet 960 Turquoise Street, Pacific Beach, 858-488-1725. In the mood for pâté, rata-touille, or calf's liver in a homey atmosphere? Make a reservation at the French Gourmet tout de suite. Start off with traditionally prepared escar-gots or mussels. The onion soup is good, but hope that the soup du jour is gingered cream of carrot. Entrées include lamb loin, veal tenderloin. bouillabaisse, and fish, with several preparation choices for chicken or filet mignon. The pan-roasted halibut is gently enhanced with a champagne *beurre blanc* sauce and topped with crispy braised leeks. Desserts abound, with an imported French cheese plate topping the list - along with pastries,

meringues, etc., all freshly prepared in-house. Bakery, breakfast, and lunch daily; no dinner Sunday or Monday. Moderate to expensive. — SM

Kono's 704 Garnet Avenue, Pacific Beach, 858-483-1669. This insideoutside café is your prototypical California surfer hangout. It's cream and green with maroon canvas window canopies, red-painted make-believe shutters, and three surfboards sprout ing through the roof. On weekends. lines of tourists come looking for their California fix. But Kono's is known among locals, too, for generous breakfasts. Check out their PBS: Pancakes, Bacon and Scrambled eggs. Or the breakfast sandwich with eggs, bacon, cheese, and tomato on a toasted English muffin. Or the CB Burger (chicken breast, green chili, and pica sauce). Best time: foggy mornings. Chow down on their patio on the pier while you enjoy a birds-eye view of surfers appearing out of the mists below. Breakfast and lunch daily. Inexpensive. — E.B.

Roppongi 875 Prospect Street, La Jolla, 858-551-5252. The hard part is deciding whether to sit in the dropdead gorgeous interior or to people-watch on the large, heated street patio. Then you have to decide what to eat from the long Euro-Asian fusion menu, with its vast choice of tapas and sushi options, as well as entrées. At lunch there are several imaginative sandwiches and appetizers. Reservations highly recommended at dinner. Open daily, lunch and dinner. Some tapas and sushi rolls are inexpensive, but if you enjoy grazing the bill can mount quickly. Entrées are expensive. — *N.W.*

Roy's 8670 Genesee Avenue, La Jolla, 858-455-1616. Our own noisy outpost of top Hawaiian chef Roy Ya maguchi's ever-expanding chain has elements of both "top chef" and "chain" about it. Decoding Roy's Rules of Ordering can make the dif-ference between a mediocre dinner and a very happy meal: 1. Steer clear of combination platters — the same dishes come off much better when ordered separately; 2. You can get any element of a combo by asking for it; 3. Don't waste your palate (or money) on weak umbrella drinks when the wine list is brilliant. The menu changes daily, but some frequent tasty choices are pot stickers, *lumpia* Kahana, or chocolate soufflé. Special dietary requests accommodated, in-cluding vegetarian meals. Reserve, and hope for a table far from the rau-cous bar. Open nightly. Very expensive. $-N.\hat{W}$.

Sadaf — La Jolla 613 Pearl Street, La Jolla, 858-551-0643. You worry those formal fixtures and black-tux waiters, the gold-encrusted paintings and the crisp, pink table linens all scream "expensive!" Actually, prices are easygoing, especially at lunch. After the basket of complimentary bread, try skewers of chicken or ground filet mignon with rice or salad. or *albalou polo* (rice, dried cherries, and chicken). Pistachio-and-rosewater ice cream is a great finale. Nonspecials and evening meals cost more, but at any price this is real Persian food, with typical riotous herbage and sybaritic spicing. Another branch in the Gaslamp turns into a nightclub after dinner, but the food's better at this La Jolla flagship. Inexpensive to moderate. — E.B.

The Shores 8110 Camino del Oro, La Jolla, 858-456-0600. At this family-friendly resort on the oceanfront at La Jolla Shores, the hotel restaurant serves simple steak and seafood entrées, classic steakhouse appetizers, and sides. Friday evenings there's a seafood buffet. Although the legendary Bernard (the Marine Room) Guillas is officially in charge as executive chef, the food bears no sign of his involvement: It is thoroughly ordinary. Wines are mainly familiar topshelf supermarket bottling, with few by the glass (reasonable corkage). Full bar. Validated parking (three hours) bar. Validated parking (three hours) in underground garage. Resort-casual dress. Reasonably quiet. Three meals daily. Moderate to high, with weeknight inexpensive "early bird" three-course dinners for \$20, two courses for \$15. - N.W.

BAJA

From the United States use the prefix 011-52 when calling Mexico.

La Petite Cafe Avenida Constitución #720-Q,, Baja, 664-688-2171. You're in a side eddy here from the storm of Revolución among Olmec sculptures, Aztec calendars, trees, and amazing quiet. It's standard casera (homestyle) food: Spanish chicken with rice and beans, pork chops in green sauce, red enchiladas, steak ranchero, liver-and-onion stew, chicharrón (crisp fried pork rind) in a red sauce, and of course carne asada, but cooked well and priced amazingly low. Vegetarian upon request. Check the generous fiveitem-plus-coffee breakfast special. Three meals, all-day breakfast and lunches, seven days. Inexpensive. -E.B.

El Rincon del Oso Mercado Hidalgo, Calle Victoria #47, Baja. Eating goat is an acquired taste. This little market restaurant is a good place to start ac-quiring. It serves kid for breakfast that's surprisingly easy on the taste buds. The best part is scooping the juices and the meat into a hot corn tortilla, adding cilantro, lime, grated onions, and a splash of salsa, and chomping in. It's meaty, slightly rich, almost gamey, like deer or buffalo, except the juices round out that gamey aftertaste. Come early morning for the best kid and the best market scenes. Vegetarian upon request. Open seven days. Inexpensive. - E.B.

Salón Azteca Rosarito Beach Hotel south end of Boulevard Benito Juárez, Baja, 661-612-1111. This fabled old hotel's all-you-can-eat Sunday brunch buffet offers a great excuse to check out the gorgeous architecture and meet other travelers in town. To reach the buffet, go to the left behind the regis-tration desk to the Salon Azteca, walk in, grab a plate, and start dishing up your breakfast from the long line of cafeteria-like bins filled with gringo, gringo-Mex, real Mexican (*menudo*), and international specialties. Expect to tip if you want something from the omelet or carving station. Next, plunk down at a table where a waiter will arrive to serve you juice and endless cups of decent coffee. Vegetarian upon request. Casual dress. Secure parking in hotel lot for a small extra charge. Three meals daily; brunch Sunday. Somewhat expensive for the area; Visa and Mas-terCard accepted. — *N.W.*

Saverio's Restaurant Mediterraneo Boulevard Sánchez Taboada #3151 (at Escuadron 201 Street), Baia. 664-686-6442. Javier Plascencia Huerta wanted to open an Italian restaurant and says he eventually "got interested in what Baja California has to offer.' The result: an Italian palazzo offering an interesting and changing fusion of Mediterranean-Baja food with dishes like roasted baby octopus, local oysters cooked on the mesquite grill, mesquitegrilled quail from Ensenada's valley of Guadalupe, mussels cultivated in Baja farms, and a delicious rack of lamb raised in the local San Vicente Valley. The restaurant even grows its own herbs. Dish presentation is pure art. One of the tastiest: roast duck breast in a guava sauce with a little burrito of candied leg meat. Vegetarian upon request. Lunch and dinner daily. Moderate. — E.B.

CENTRAL

Andrés Restaurant 1235 Morena Boulevard, Linda Vista, 619-275-4114. This is a cozy cultural surprise on hardto-define Morena Boulevard. The food is flavorful (and not spicy-hot like Mexican and South American dishes). A good introduction to it is ropa vieja ("old clothes"): shredded beef sauteed with mushrooms, green pepper, and tomatoes with ever-present rice and black beans. And the Cuban sandwich (roast pork, baked ham, and cheese) shows off the Cuban handling of pork. Other interesting dishes include alcapuria (pork and green plantain) and luscious, messy *yuca con mojo* (yuca root with garlic oil). Open for lunch and dinner Monday through Saturday. Inexpensive to moderate. — *E.B.*

Anthony's Fishette 1360 North Harbor Drive, Downtown, 619-232-2175. At the baby brother of Anthony's Grotto and Star of the Sea, the good news is you pay a fraction of the price, and you get to sit outside over the water. The chowder - New England or Fisherman — is fresh, thick, tasty. A meal. Their old-fashioned fish-n-chips or Baja squid steak sandwich are great













Take-out · Catering · Banquet · Free parking (call for details) · For delivery call: 858-792-1000 · www.indiaprincess.com

fillers too. Also good: "hand-battered treasures" like catfish strips, swordfish, oysters, crab claws, and clam nuggets. Breakfast served during summer only. Open for lunch and dinner seven days. Inexpensive. — *E.B.*

Antique Row Café 3002 Adams Avenue, Normal Heights, 619-282-9750. (Also in Lemon Grove and El Cajon.) Antique-land's favorite eatery is a serious exhibit in its own right, especially if you're into sports memorabilia. Look for signed photos of Mickey Mantle, Ted Williams, and Joe DiMaggio (all googly-eyed with Marilyn) on the walls. The word for the food: generous. All-day breakfast dishes include The Works omelet, stuffed with bacon, sausage, ham, bell peppers, onions tomatoes, and cheese bulging over a big oval plate along with skins-on breakfast potatoes. Philly Steak Heaven (you choose: steak, ham, or turkey) is one of the more popular lunchtime dishes. Normal Heights and El Cajon, breakfast and lunch daily; Lemon Grove, three meals daily. Inexpensive. - E.B.

Asia Café 4710 Market Street, Southeast San Diego, 619-527-1917. May be Asian San Diego's best-kept secret. You have to look behind the smog shop at this all-Laotian shopping center to find it. The menu's Southeast Asian, but the owner — and most of the conversation around you — is Laotian. Laotian dishes include the famous *larb-kai* (chicken salad with hot peppers, lemon grass, and sticky rice). Good regional alternatives: *bamee* (egg noodle) roasted pork soup, Crying Tiger (ground beef salad with vegetables), and *lard nar* (seafood, beef, or pork with sloppy wide noodles and vegetables). Closed Tuesday. Inexpensive. — *F B*

Berta's Latin American Restaurant 3928 Twiggs Street, Old Town, 619-295-2343. Sampling the whole range of little-known cuisines from Guatemala down to Patagonia, Berta's lengthy menu reads like a culinary "pick hits" list of each country's best flavors, typically rendered with expertise and verve. Some outstanding dishes include sweet-savory Chilean pastel de chocho (a casserole of beef, chicken, and corn pudding) from Berta's homeland; spicy ceviche and subtle seco de cordero (citrus-flavored lamb stew) from Peru; earthy Guatemalan chilemal (cilantroladen pork stew); aromatic beef curry from Trinidad; and a sensuous vatapa

Carry-out special only

Large cheese

pizza ^{\$}6⁷³

Plus tax

959 Tamarack Avenue, Carlsbad

(Next to Vons, just east of I-5)

760-434-5100 • www.pizzashuttle.biz

(seafood in coconut sauce) from Brazil's African-influenced Bahia coast. Vegetarians will find many meat- and fowl-free options. Open for lunch and dinner; closed Monday. Moderate. — *N.W.*

Buster's Beach House and Longboard Bar 807 West Harbor Drive, Downtown, 619-233-4300. There really was a Buster, a surfer who traveled the world working in restaurants. Baja, Oahu, Fiji, Naples, Ocho Rios, Phuket - you name it, there's a dish from each of those waters, and ev erv one of them ethnically incorrect. The menu's actually an international anthology of surfer-bar grub - and like Waimea Bay's waves, it has huge ups and downs. Skip the greasy Short Board pupu platter and risky daily fish special and go for the well-seasoned crab cakes, fish tacos, spicy paella (more like jambalava), or pizza. The surfy, fun decor and breezy patio eas-ily compensate for some of the spaciest service in town; a full bar offers a great beer list and decent umbrella drinks. To snag a patio table, reserve it and make sure they write it down. Three hours' validated parking, kidfriendly, plenty for vegetarians. Open three meals daily. Prices cover the wa terfront. - N.W.

Café Delight 4646 Park Boulevard, University Heights, 619-298-5248. He used to run one of Baghdad's most fa-mous restaurants, the Ishtar, when Saddam was vice president. When the gov ernment asked him to spy on his customers. Sami and his wife Claudia left the country. You can tell from the cooking: this couple know what they're doing. They took over this little place (and little it is) from a Vietnamese American couple, so the menu has echoes of Vietnam and the Middle East. as well as Italian dishes. Prices are very reasonable. Try the Vietnamese-style coconut milk soup with veggies, with a sandwich, or lamb shank with red curry sauce and couscous. Don't miss the classy Greek coffee. Open daily from 10 a.m. to late; closes at 5 p.m. on Monday. Inexpensive. - E.B. Chopahn Authentic Afghan Cui-

sine 750 Sixth Avenue, Downtown, 619-236-9236. Authentic Afghan cuisine resembles Indian and Persian food but is singularly itself: the spicing is exotic but the flavors are clear and unmuddled. It emphasizes grilled-to-order marinated meats (especially lamb),

One topping on each pizza

Two large

pizzas \$1532

Plus tax.

SHUTTLE

Pizza Shuttle & Subs Too!

Not valid with any other offers or specials. Expires 8/14/08.

stews, well-seasoned rice dishes, and uniquely delicious appetizers such as leek ravioli (*aushak*), leek or meat turnovers (*bulanee*), and battered vegetables (*pakawra*). The grilled salmon is excellent, and don't miss the side dish of sweet pumpkin topped with yogurt and meat sauce (*kadu*). Plenty for vegetarians, too. Interesting, affordable wine list; Mexican and domestic beers. Small patio. Lunch weekdays, dinner nightly. Moderate.— *N.W.*

City Pizzeria 1125 Sixth Avenue, Downtown, 619-531-0955. There's a cultural war going on here. "City" has a New York attitude — just listen to the guys in the kitchen grabbing dough, flailing it around, yakking, joking. But the dough has been a West Coast family's secret for 75 years. Try the Ranch Chicken pie with garlic chicken, basil, and ranch dressing, or the BBQ chicken with pineapple, red onion, BBQ sauce, and mozzarella. (Of course, no self-respecting New York pizzeria would ever *consider* serving such moonbeamish Left Coast toppings — not even if they were in New Jersey.) If those don't tempt you, there are 11 other specialty pies every day. Open daily till 11 p.m., 12 p.m. Friday and Saturday. Inexpensive. — *E.B.*

Confidential 901 Fourth Avenue, Downtown, 619-696-8888. Chris Walsh, whose "small plates" many fondly remember from California Cui sine and W Café, hits his stride here with a menu of creative international grazing foods, from one-bite nibbles to small entrées and mini-burgers. Unex-pected, ultramodern techniques and combinations of ingredients make a trip through the menu an adventure in flavors and textures. This is truly eating for fun. Wide-ranging wine list with something for everyone; pricey creative cocktails. Eat early (or upstairs) if you prefer quiet; music (and patrons) grow louder later as "sceney" crowd comes in to drink. Many dishes on the sweet side. Reservations strongly advised for weekends and to ensure handicapped-accessible seating. Kitchen open Tuesday through Saturday, 6 p.m. to 11 p.m. (bar until about 2 a.m.). Wide range of prices, but many small bites do add up. -N.W.

Crest Café 425 Robinson Avenue, Hillcrest, 619-295-2910. "Hearty Homemade Comfort Food" is the boast, and this small retro-deco café backs it up. Cecelia and her dad, Luis

Peruvian

Cuisine

"Fascinating... delicious... authentic!"

 S.D. Reader 2007
 "Latin Chef has quickly become dear to the hearts of locals."
 CityBeat 2007

> LATIN CHEF RESTAURANT

1142 Garnet Ave.

Pacific Beach • 858-270-8810

Catering available.

Moreno, took over this place back in 1985. Some staff have been here since the start. Loyal customers get their photos and names on an honor roll that fills one wall. Lots of lazy ceiling fans, long, hanging blue lights, and art. "Matisse in Morocco," Salvador Dalí, Frida Kahlo. Consider momsy dishes like Sloppy Joes, honey-glazed pork chops, or the healthy vegetable steam basket. And don't turn down their 11 different kinds of burgers, including the fresh salmon burger, the OuiOui burger (aged bleu cheese crumbled under melted lack cheese) or the wicked. spicy, butter burger (half a pound of lean ground beef stuffed with garlic, tarragon, basil, parsley butter, topped with cheese, garlic-paprika-cayenne-cumin mayo and more butter). Best of all, late hours: open 7 a.m. to midnight, seven days. Dinner at 11 is no prob lem. How rare is that in San Diego? Inexpensive. — E.B.

Dussini Mediterranean Bistro 275 Fifth Avenue, Downtown, 619-233-4323. The one-time Old Spaghetti Factory has been remade into a more ambitious eatery. It's still huge — way too big to be called a bistro. It rambles over three floors, with a lounge and pool hall on the top. The menu dabbles with the cuisines of southern Europe: Provence, Italy, Spain. The cooking is uneven, night to night and plate to plate. A pleasing linguiça and kale soup represents Portugal, while a tasty, reasonably authentic bouillabaisse flirts with southern France. Pastas and steak are also reliably good, but the house specialty paella is made with orzo pasta instead of rice — not the best idea. The wine list is a joy, with plenty of choices at all price ranges, and the corkage pol-icy (first two bottles get in free) is remarkably liberal. Elevator access to topfloor restrooms. Reservations recommended for weekend dinners. Dinner daily. Expensive. - N.W.

Gathering Bar and Grill 902 West Washington, Mission Hills, 619-260-0400. "Beloved" is not a word you throw around lightly, but that's just what Gathering has become to Mission Hills regulars. When it reopened after a fire, they flocked back with flowers and hugs. The food is good quality, familiar comfort fare. From plates like the Southwest burger, with avocado, Jack cheese, and salsa, to the Monte Cristo (grilled egg, dipped Texas toast with Swiss, ham, and turkey, powdered sugar, and a side of jam). Last we checked, the owner, Dan, was as deft as ever with his magic cards, for any customer who needs to be bamboozled. Open daily, 8 a.m. till late. Magic sessions around 6 p.m. Thursday through Saturday. Inexpensive. — *E.B.*

Karl Strauss Brewery Restaurant 1157 Columbia Street, Down town, 619-234-2739. One-time Pabst brewmeister Karl Strauss heads his own brewery and a bunch of brewery restaurants bearing his name, so you can't help but be a little wary of an over-slick operation. But at least at downtown's vy-covered bricky drink and eatery, the food's honest, tasty, and sleek, not slick. And Karl's beers are still interesting. Go for honest-but-beautiful dishes like his Hump Day meatloaf (Wednesday only), which comes looking like a Magic Mountain. Beer influence is evervwhere. Filet mignon has an Amber Lager glaze. Ribs boast a Red Trolley Ale barbecue sauce. It can get pricey; try to hit happy hour. Lunch and dinner daily. Moderate. Other branches at 9675 Scranton Road, Sorrento Mesa, 858-587-2739; 5801 Armada Drive, Carlsbad, 760-431-2739; 1044 Wall

Street, La Jolla, 858-551-2739. — E.B. Kazumi Sushi 3975 Fifth Avenue Hillcrest, 619-682-4054. A simple neighborhood sushi bar offering imaginative rolls, each one so distinctively seasoned that there's no need to man the pretty fish-scapes with wasabi dip. The fish is fresh and includes salmor that Kazumi-san cold-smokes himself. For a family-style dinner. The Ultimate Boat (serving two or more) is an encyclopedia of Japanese specialties, a huge platter of sushi, gyoza, assorted appe tizers, yakitori, teriyaki, and terrific tempura. Need comfort food? The tempura also graces the top of a satisfying bowl of *nabeyaki udon* (noodle soup) with an onion-sweet broth. With just a small staff of family members in the kitchen and house, expect a wait for food at busy times. Dinner daily. Inexpensive to moderate. - N.W.

The Living Room Coffeehouse 5900 El Cajon Boulevard, College Area, 619-286-8434. With deep-draft couches, Persian carpets, pictures on

Over 900 more restaurant listings at

SanDiegoReader.com



the wall, chunky wooden tables, and a tree-shaded patio, this Swiss-owned café is a student hangout with a lively notice board, a rental computer, and good cheap breakfast food in huge quantities. Try The Works omelet, with bacon, ham, onions, tomatoes, pepper, cheese on top, potatoes, fruit, and bread. Open daily, three meals, until late at night. Inexpensive. Additional locations in Old Town, Point Loma, La Jolla, National City, and Otay Mesa. — *E.B.*

Lucky Buck's Patio Bar and Grill

1459 University Avenue, Hillcrest, 619-297-0660. If you've got a craving for the wickedest-lookin' burger since Hodad's, this might be it. The only question: which burger? The Buck 'n' Bleu Ribbon Burger (with bleu cheese, bacon, onion strings, and chipotle sauce)? Buck's On Fire (pepper Jack, bacon, and jalapeño peppers)? Buck's Lucky Mushroom? Or the Texas Longhorn Buck (Cheddar, hickory bacon, BBQ sauce, and fried onion rings tumbling out of the burger like a Rolling Stones' tongue). All come with garlicky waffle fries. This'll take care of your cholesterol fix for a month. Next time try their healthier veggie burritos and Chicken Buck 'n' Caesar salad. Daily 10 a.m. to 10 p.m. (11 p.m. Friday and Saturday). Inexpensive. — *E.B.*

Magnolias 342 Euclid Avenue, Southeast San Diego, 619-262-6005. If you're looking for an authentic

Grand Opening: Kai Sushi 50% off sushi, rolls sushi, rolls and hand rolls 150% off ust bring coupon. Expires 8/14/08

Open 7 days: Lunch and dinner Monday-Saturday • Sunday dinner only







Louisiana-style feast, this is the best place in town. Bessie Johnson (of the once-famed Bessie's Garret) is back in business, and mouths are rejoicing. At her handsome, spacious restaurant, vou'll find generous hospitality, huge portions, and a long, delicious menu of Cajun, Creole, and soul-food specialties. The fried chicken is beyond compare, the jambalaya well-nigh perfect, and the BBQ shrimp, crawfish bisque, and étouffée are splendid. Great side dishes include candied sweet potatoes and cornbread dressing. Takeouts accepted. Full bar. Lunch and dinner six days; closed Mondays. Low moderate. — N.W.

The Mission — Downtown 1250 J Street, Downtown, 619-232-7662. "Urban assault food for a revolutionary people," say the waitstaff's black T-shirts. But the food here is less revolutionary than halfway between health nut and greasy spoon. Still, their "conscientious cuisine" is generous, good-looking, and intelligent, if a little middle-class timid. Breakfasts are big here. The delicious chickenapple sausage and eggs comes on a foot-wide plate loaded with unskinned rosemary potatoes, scrambled eggs and scrumptious baked-on-the-spot rosemary bread, Pancakes and French cinnamon toast are popular staples, as is the Zen Breakfast (scrambled egg whites, braised tofu, brown rice, with veggies). The roast-beef hash can be chewy. Check out the "Chino-Latino" dishes (lunch only) like the mild-butstill-delicious ginger sesame tofu with brown rice and peanut sauce, which comes with a plethora of jicama-type veggies. The interior has an arty, stindustrial, coffeehouse feel. Open daily, 7 a.m. to 3 p.m. Inexpensive. -E.B.

Ortega's, A Mexican Bistro 141 University Avenue, Hillcrest, 619-692-4200. Owned by a member of the Ortega family, the Puerto Nuevo lobster pioneers, this is the Baja restaurant group's first north-of-the-border ven-ture. You'll find Baja-style cuisine featuring seafood and grilled foods, with a focus on lobster. Unlike the typical Ortega's, the lobster isn't deep-fried before grilling - an improvement in tenderness and flavor. Of course, the crustacean's best in season (October to February). Fish ceviche makes a good

starter course. Other choices include small tacos, steaks, kebabs, etc., plus the standard Puerto Nuevo side dishes - stewed (not refried) beans, and an oddly bland guacamole fixed tableside Full bar; fun margaritas including al mond and pomegranate variations. Reservations recommended for weekends. Open daily, lunch and dinner. Mainly moderate (lobsters and Kobe skirt steak expensive). — N.W.

Osteria Panevino 722 Fifth Av enue, Downtown, 619-595-7959. At this Tuscan-style Italian restaurant, the appetizers and pastas are as close to heaven as you can get, particularly the spinach ravioli and potato gnoc-chi, which can come with a fourcheese sauce on request. The stuffed focaccias are simply incredible, and the pizzas are well-nigh perfect. The exposed brick walls enhance the European feeling. Open daily, lunch and dinner to 10:30 p.m., Friday and Sat-urday to 11 p.m. Moderate to expensive, wines rather high. — N.W.

Pappalecco 1602 State Street, Little Italy, 619-238-4590. Pappalecco ("Lollypop") is a different kind of Italian eatery. It doesn't play the nostal-gia card — it's an exact copy of an actual modern café in Pisa that three brothers created there and now here. The idea is for a quick, sophisticated coffee-gelato-eatery where if you ask for coffee you get espresso, customers often have at least one gelato a day "for health," and meals are mostly saladcharcuterie-cheese combos. Some- and the brothers claim this is times their idea — they actually combine gelato with their dishes. Expect a multilingual United Nations atmosphere. One delicious combo: the Rustico, different Italian cold cuts with pungent goat cheese and bread. Open daily. In-expensive to moderate. — E.B.

Pokéz Mexican Restaurant and Vegetarian Cuisine 947 E Street, Downtown, 619-702-7160. Rafael his buddies call him Rafa — started this cool student/artist hangout years ago when he was 18. Lunchtime business people come here. Evenings, seems like it's all Rafa's friends: peo-ple from downtown, Golden Hill, City College. The food is mostly Mexican vegetarian (though he's got meaty things like chicken or steak ranchero or sauteed chicken fajitas). Tip well: the servers volunteer and share the take from the gravy pot. Monday to Friday 10 a.m. to 9 p.m.; weekends 9 a.m. to 9 p.m. — E.B.

Red Pearl Kitchen 440 J Street, Downtown, 619-231-1100. An anthology of favorite Asian dishes creatively interpreted for American palates, with touches of fusion and ome original dishes. Plenty of appetizers, but main dishes tend to be tastier, including a delicious Cambo-dian-influenced short rib and pumpkin hot pot - when it's in season Great veggie side dishes. Sophisticated international wine list priced on the high side (few under \$30); short on choices by the glass. Full bar. Sur-roundings are chic. Reservations advised. Sound level painfully loud most nights. Open daily, dinner. High moderate. -N.W.

Salad Style 807 F Street, Downtown, 619-255-6731. Is this the tipping point? Whereas traditional meals have always been meat and taters with a side of salad, here, it's salad with a side of meat and taters. Salad's the main item, and it's delicious, even if salad's not your thing, because each concoction is so original. For example, Scott's Grilled Skirt Steak is an arty pile of organic greens, tomatoes smoky, earthy mushrooms, hearts of palm, crumbled bleu cheese, plus red slabs of meat over it. Each dish does something, from the Moroccan couscous salad to the tuna-and-tomato salad. The Totally Vegan, with its golden volcano of quinoa and snowy tofu slabs, should be in a gallery. Open 10 a.m. to 6 p.m. Monday through Friday. Inexpensive to moderate. - E.B.

SoleLuna Cafe 702 Ash Street, Downtown, 619-232-0436. Put your climbing boots on. This place sits on the shoulder of the El Cortez hill, a sleek cave peeping out from under the historic hotel with an umbrella-strewn front terrace that's great for people watching. Its Italian roots show from the excellent coffee and the menu. Many items come straight from the streets of Milano, such as the breakfast croissant with prosciutto ham, smoked Mozzarella cheese, and fruit or salad; or the Rustico Panino (with prosciutto, goat cheese, olive pâté); or bresaola (cured sliced beef); or the Siciliana salad (spinach, tuna, boiled eggs, capers, mozzarella). Other dishes include their homemade eggplant parmigiano and lasagna. Open daily. Inexpensive to moderate. — *E.B.*

Spice House Cafe 9035 Clairemont Mesa Boulevard, Clairemont, 858-565-1028. When your "head feels like an old potato" and your "tongue like a button hook" (to quote Kipling), Spice House's answer is its Hangover Omelet. We don't know if it's the Ortega chiles or Jack cheese or super tangy tomato sauce, but some guys swear they feel better for eating it.

Other excellent choices include Por tuguese sausage with three eggs; Italian sausage frittata with ham, tomatoes, mushrooms; and thick French toast topped with strawberries and whipped cream. Emphasis on Greek-American cuisine. Breakfast and lunch, closes at 3 p.m. Inexpensive. E.B.

Urban Solace 3823 30th Street, North Park, 619-295-6464. Your solace at this bustling neighborhood eatery is pleasing American comfort food with a faint Southern accent. Among the choices are housemade biscuits, moist and tasty sweet potato fries, or a big burger made of Brandt Natural Beef "cooked your way" (and that can be rare - reasonably safe with this well-raised beef). Sunday brunches, with a live bluegrass band, offer a flawless portobello Benedict, fine butter-pecan French toast, and creamy, smooth grits. But some servers are neither from Mars or Venus but Uranus, apparently, and at busy times (always) they need a strict traffic cop to remind them to record your order and bring your food and beverages to Earth. No reservations, call aheads accepted. Wine and a fine beer list (no hard liquor, despite brunch menu's mention of mojitos). Moderate. — N.W.

Vagabond 2310 30th Street, South Park, 619-255-1035. Seasonal world food filtered through a Gallic sensibility, plus worldwide wines and trop ical cocktails. Menu changes often, but don't miss the classic moules-frites or the deep-flavored Peruvian seco de carne meat stew. The tiny, painfully noisy dining room, decorated with exotic souvenirs of the owners' global travels, is perpetually standing room only, so dinner reservations are a must for any night. Evening crowd of hip South Park locals; lunch crowd dressed for success. Lunch and dinner daily. Moderate. - N.W.

Vincenzo Ristorante Italiano 1702 India Street, Little Italy, 619-702-6181. The specialty at this tourist favorite is Sicilian seafood. The cooking is competent, but the restaurant's fish-monger settles for ordinary quality (as does the produce provider). The meat jobber does a better job, providing succulent veal that the chef grills expertly, and the Italian sausages (from Pete's Meats, up the block) are the zestiest in town. The restaurant's hard-surfaced interior is so noisy you'll hear every conversation but your own; reserve for the sidewalk patio for a quieter evening. Open lunch weekdays, dinner nightly. Moderate. - N.W.

NORTH INLAND

Chez Nous Gourmet Deli-Café 9821 Carroll Canyon Road, Suite E, in Eucalyptus Square, Scripps Ranch, 858-566-4766. This Scripps Ranch social gathering place, in a discreet cen-ter of gray timber shops and offices, was started by a couple — originally technocrats from San Diego city schools - who took early retirement. They do sandwiches, but what sandwiches! Their roast beef with gingergarlic and Dijon, or their spicy chicken melt, or the leg of lamb they roast each day to make a juicy lamb sandwich with garlic and rosemary - all original. They also do roasted eggplant on a roll, and a Special Salad stacked with interesting berries, fruit, chicken, and nuts. Open daily 8 a.m. to 5 p.m. (10 a.m. to 3 p.m. Saturday; closed Sunday). Inexpensive. - E.B.

Gateway to India 9520 Black Mountain Road, Mira Mesa, 858-566 5522. This huge eating space fills half of Ker's outlet warehouse. Friday or Saturday, it's crowded with Indian families — the best guarantee that good vegetarian food is served here and reasonably priced. Only problem with an all-you-can-eat buffet is de-ciding what to eat. It's mainly northern, Punjabi and Gujarati, according to the Sikh cooks. Just have at the aloo curry, basmati rice, chhole (garbanzo beans), and bengan bartha (eggplant). See what you like. Some dishes are smoky and roasted, others yogurty, others nutty. Try to leave room for dessert, specially the mango concoctions - Asian mangos are sensational. Open for lunch and dinner daily. Inexpensive. — E.B.

Hernandez' Hide-Away 19320 Lake Drive, Escondido, 760-746-1444. The founder of Hernandez' claims he invented the margarita at his previous restaurant in Bird Rock. True or not, the margaritas (rocks, not slush-ee) are terrific, on a par with Baja's best. The food, though, is detuned for gringos, with a standard menu of Cal-Mex spe-cialties. Even the guacamole is underseasoned, but if you like this sort of thing, a pleasant "enchilada pie" is as good as any Midwestern mom's. The huge bargain-priced brunch on Saturday and Sunday brings in the crowds; reservations urged for weekends to save a long wait. The exterior patio sports a big, funny mural, and the interior is carved into several rooms (helps keep the noise down) camped up with cute "Old West" cantina decor. Weekend brunch; lunch and dinner Tuesday through Sunday. Inexpensive to moderate. -N.W.

Juanita's Taco Shop Estilo **Tepatitlan — Vista** 248 Main Street, Vista, 760-758-4531. Enticing aromas of fresh tortillas and fragrant frijoles greet you as you enter this busy little taqueria, where the food's cooked in the style of Tepatitlan, a small city near Guadalajara. Its local specialty is carnitas — which Juanita's does up (by the plate or by the pound) as tender, non-greasy shreds, served with fresh, cilantro-laden mild tomato salsita. Standard wraps are fine, too, and the beans taste as good as they smell. Try a "Flying Saucer" — it really takes off, with shredded meat, onions, mild chiles, beans, sour cream, shredded orange cheese, and pureed guacamole riding high on an airy crisped flour tortilla. Open daily, three meals, until 3 a.m. Friday and Saturday. Inexpensive. -N.W.

Nijiya Market 3860 Convoy Street , Kearny Mesa, 858-268-3821. If you're not willing to sacrifice quality for con-venience when eating fast food, try this Japanese market in Kearny Mesa. Ni-jiya Market offers prepared box lunches, or *bento*, that are pretty to look at, appetizing, and a real bargain. I suggest, however, passing by Nijiya's steam trays and heat lamps and going straight to the coolers, where you'll find delicious chicken cutlets, fresh sushi, and chilled noodles, as well as dessert delicacies like sweet-bread roll filled with sweet bean paste. Inexpensive. — M.N.

Pampas Argentine Grill 8690 Aero Drive, Kearny Mesa, 858-278-5971. The Argentine specialties feature grilled grass-fed beef, including a somewhat Americanized version of the gauchos' great parillada mixta (mixed grill), with a great chorizo but minus any exotic organs. The naturally raised meats are lower fat and lower cholesterol than feed-lot beef but are salted heavily in the kitchen unless you request otherwise. Specify rare or medium-rare, unless you really like brown cardboard. Lighter fare includes free-range chicken and fresh, welltreated seafood. Beef empanadas are a tasty, authentic starter. Potatoes (fries and mashed) are splendid, salads are exuberant. The full bar features Chilean and Argentine beverages with many affordable South American wines by the glass. Park in lot at restau-rant's front door, not the back-door lot. Lunch (mainly sandwiches) on weekdays. Dinner nightly. Entertain-





Buy one dinner and 2 beverages, get the 2nd dinner of equal or lesser value free. Valid from 4-9 pm Monday-Friday with ad. Not valid with other offers. Expires 8/14/08.

Open daily Monday-Sunday 7 am-9 pm

2271 First Avenue • 619.239.8176 A San Diego landmark since 1944 • Reservations accepted







ment (harp) Friday through Sunday Closed Monday. Moderate. - N.W.

Shanghai City Restaurant 3860 Convoy Street #105, Kearny Mesa, 858-278-5883. Forget the blah strip mall it hides in — this little piece of Shanghai is a jewel. It feels like one of those century-old places in San Francisco's Chinatown. A two-foot-long satin-silver arowana fish greets you as you come in. Brightly painted dragon columns support a gold dragon arch that leads you into the gold-walled dining room. Mainly, Chinese seem to come here, often eating Shanghai seafood dishes or choosing sumptuous specials like clay hot pots filled with eel and chestnuts or steamed rockfish on a big oval platter. Or, for around five dollars, you can choose lunches like Shanghai chicken, chicken chop suey, or Szechuan pork with crispy noodles, soup, steamed rice, a spring roll, and the main item. Open daily 10 a.m. to midnight. Inexpensive to moderate. — E.B.

WineSellar and Brasserie 9550 Waples Street #115, Mira Mesa, 858-450-9557. This long-time favorite "splurge" restaurant, located in a soulless industrial park (there's no "there' there), sits atop a serious wine store, and your dinner quaffs, from an encyclopedic choice of bottlings, will cost just 20% over retail. The food is the comfortably upscale French cooking that San Diego cherishes — luxurious and modern, without a hint of exoticism. And many dishes would shine in any galaxy — e.g., foie gras with mange and tender pheasant stuffed with foie gras, along with cured hamachi and yellowfin-tuna tartare. Dining room up staircase, no lift; accessible seating in first floor tasting room, with full facilities. (Call ahead to arrange, and to arrange vegetarian meals.) Reservations usually necessary, as restaurant holds many sold-out special events. Ask for directions, too, as all the architecture for miles is identical. Lunch and dinner Tuesday through Saturday (closed between meals). Lunches high moderate, dinners very expensive. -N.W.

NORTH COASTAL

Jimbo's, Naturally! 12853 El Camino Real, Carmel Valley, 858-793-7755. Jimbo — and there is a real Jimbo started out selling healthy eating with the famous OB Co-op. Now he has these organic palaces of his own. Inside the Carmel Valley branch, it's high ceilings and lots of color - yellow purple, white — with all the ducts and pipes exposed like in a giant submarine. The deli bulges with cheese, hams burritos, wraps, and an elaborate salad bar. At the juice counter they grind carrots and wheatgrass and organic coffee. A "hot case" counter offers all kinds of ricey, tabbouleh-type preparations. Best deals are usually the daily specials. Try Seitan stew (a high-protein, low-fat meat substitute) or Shelton's Jerk Turkey in Fig Sauce, served with or ganic mashed potatoes, gravy, and steamed vegetables. - E.B.

Kim's Restaurant 745 First Street #103, Encinitas, 760-942-4816. Both Vietnamese and Chinese dishes are offered in a calm atmosphere with quick, pleasant service. The menu lists 265 items, including many Vietnamese house specialties, 28 seafood dishes. and a whopping 45 vegetarian/vegan dishes, many made with seitan (mock

poultry). The seafood isn't necessarily fresh catch — some shellfish is evidently obtained frozen, scallops are phosphate-preserved, and the reasonably priced abalone dishes involve slightly chewy, rehydrated dried abalone from Asia. On the other hand, portions are enormous, and the cooking is careful and tasty, although some flavors have evidently been adapted to American palates and ingredients. Open Tuesday through Sunday, continuous service lunch and dinner; closed Monday. Moderate. — N.W.

A Little Moore Coffee Shop 1030 North Highway 101, Leucadia, 760-753-8228. How did this place slip by unnoticed for so long? Inside, with its low ceiling and snaky counter, it could be out of an early California movie. The specials are named after re-cent local characters: The Billy is an omelet with ham, avocado, and cheese, plus home fries or hash browns (or cot tage cheese or rice). The Cindy is two French toast with two eggs and spuds. A plate of grilled veggies and chicken or beef on a mountain of rice is The Pablo. It's standard but generous fare, a formula that's kept the place humming since at least the 1950s. Breakfast and lunch six days, closed Tuesdays. Inexpensive. — E.B.

Nobu Japanese Restaurant 315 South Coast Highway 101, Solana Beach, 858-755-7787. No, this isn't the famous fusion-food Nobu of NY, L.A., and branches located wherever the money is. Our Nobu has been in the sushi business ten years longer than his namesake, and what he creates is classic non-fusion Japanese sushi and sashimi, with well-seasoned rice, freshly toasted seaweed wrappings, and fresh, fresh seafood. If you're in the mood for a different sort of grazing, you can set-tle at a table or booth to nibble on a score of appetizers, including a fine monkfish pate and enchanting chawan mushi (egg custard) soup served super hot in the cup it was baked in. The Japanese entrées are standard fare, with plenty for vegetarians. It's all comfort-able, casual, and kid-friendly, with gracious sushi chefs. Nobu himself usu ally works the bar Friday through Sunday nights. Dinner daily; open weekends until 11 p.m. Large free lot behind restaurant (via Sierra Street, a block west). Mostly moderate; some delicacies expensive. - N.W.

Oceanside Cafe 1938 South Coast Highway, Oceanside, 760-722-7337. This little place does lunch, with good burgers, but breakfast's what a lot of folks come for. Dieter's Downfall, a three-egg omelet stuffed with ham, ba con, sausage, tomato, Jack, and Cheddar, is wicked. Two other things to try the Sausage of the Week is made next door at the Red and White Market (anything from bockwurst to French apple-chicken sausage). And the di-eter's real downfall comes with their carrot cake or double chocolate cake — rich, moist, and fresh out of their oven every morning. Breakfast and lunch. Inexpensive. — *E.B.*

Pizza Port Solana Beach 135 North Highway 101, Solana Beach, 858-481-7332. "Tasty Grub & Grog," says the sign, and that's just what it is You come here for three things: the pizzas, the beer, and the scene. The place is cavernous, but the tables are com munal, with long wooden benches. Rub shoulders with surfers, students, vuppies, and locals. Pizza Port brews their own beer (try Sharkbite Red) and flings their own pizzas, New York style. Filling combos can be great, like the pesto,

mesquite-grilled chicken, sun-dried tomatoes, artichoke hearts, and feta (Pizza Carlsbad), or shrimp, clams, onions, olives, bell peppers, and mushrooms (Pizza Solana). Inexpensive. *E.B.*

Spices Thai Cafe — Del Mar 3810 Valley Centre Drive, Del Mar, 858-259 0889. Superb Thai restaurant that's not only elegant but whose food contains no MSG and very little fat. The seafood dishes rate highly. Among other delicacies are duck and frog legs. Put Spices Thai Cafe at the top of your list. Open daily for lunch and dinner. Inexpensive to moderate. — E.W.

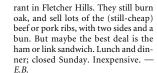
St. Tropez — Encinitas 947 S Coast Highway 101 #103D, Encinitas, 760-633-0084. If you love continental breakfast, these bright cafés with indoor-outdoor seating offer scores of house-baked pastries (including brioche) and good coffee. Parisian-style brunch/lunch choices embrace croque monsieur and croque madame (grilled ham and cheese sandwiches, topped with either light cream sauce or an egg), crepes, quiche, onion soup gratinée, or chicken-filled puff-pastry. Omelets are rather weighty. Some of the sandwiches offer Mediterranean flavors — try a *pan bagnat* (*salade niçoise* on a baguette) or one of the grilled *panini*. Desserts range from cookies on up to elaborate cakes. Beer and wine. Open daily, breakfast to early dinner. Inexpensive. - N.W.

Swami's Cafe 1163 South Coast Highway 101, Encinitas, 760-944-0612. No coincidence it's near the famous surf break and the Self-Realization Fellowship compound. You gotta love the very Encinitas vegetarian-spiritual-surfer origins. You eat surrounded by gurgling fountains, wind chimes, wheat grass racks, a rainbow-colored wind sock, and the manager's 1969 surfer van. There are plenty of standard dishes, like eggs Benedict or black bean burrito, but the big emphasis is health. Try the protein veggie wrap, with avocado, feta cheese, tofu, and mole, or the Indian curry with tofu. Open 7 a.m. to 6 p.m. daily. Inexpensive. — E.B.

SOUTH BAY

1500 Ocean 1500 Orange Avenue, Coronado, 619-522-8490. A lovely indoor-outdoor dining venue replaces the venerable walled-in Prince of Wales at the Del. Now the food is breezier, too - Chef Brian Sinott's savory California-Mediterranean cuisine is constructed with the beautiful luxury ingredients of each season. His skill with vegetables can turn even brussels sprouts into treats and celeriac into manna. There's everything to like, from the patio with a beach view to the comfortable atmosphere that's dressy but not stiff. The wine list is awesom - rather steep but no gouging, including reasonably mature top quaffs from France. Validated parking. Request assistance with handicapped ac-cess (stairs) when calling to reserve. Dinner nightly. Expensive. - N.W.

The Barbecue Pit 920 East Plaza Boulevard, National City, 619-477-2244. Outside, it reminds you of a barn; inside, a meeting hall. Rustic tim-ber, knotty pine, a set of Texas longhorns on one wall and an eight point buck head on the other. People have been coming here all their lives. Two cousins started this back in 1947 at 1413 Market, downtown, Now their grandkids run this and its sister restau



Point-Point Joint 916 East Eighth Street, National City, 619-474-2866. You're in Little Manila here, heartland of San Diego's Filipino community. So the food has to be authentic. Your problem's going to be choosing. Dozens of dishes with mysterious meats and veggies. You can play safe and choose, say, chicken barbecue on a bamboo spit, chicken adobo, or longaniza sausage. But you should seek out less familiar choices, too. Kare-kare (yam, peanut butter sauce with beef and tripe) is delicious, and so is din*uguan*, pork in pork blood, also known as "chocolate meat." Want healthy? There's *monggo* (mung beans) with bitter melon leaves, or point to a pile of split, deep-fried fish — daing na bangus, vinegar-soaked milk fish, said to be popular with old men with high blood pressure. Lunch, dinner seven days; breakfast Friday, Saturday, Sunday. Inexpensive. - E.B.

Primavera Ristorante 932 Orange Avenue, Coronado, 619-435-0454. A handsome dining room is the setting for classic fine Italian cooking of many regions, and with creative nightly spe-cials. Stuffed pastas are made in-house and rolled thin, gnocchi are expertly crafted, and entrées are, for a change, more interesting than the appetizers. The *osso buco* is outstanding, as is a frequent summertime special of white king salmon. Choose the simplest desserts, as the fancy ones are outsourced (and heavy). Three parking slots behind restaurant, or scuffle for street parking. Fine service. Romantic ambience early and late in the evening but often raucous with loud parties at prime dinner time. Dinner nightly until 10:30 p.m. Expensive. — *N.W.*

Rhinoceros 1166 Orange Avenue Coronado, 619-435-2121. This bright, hectic bistro next door to the Lamb's Players Theatre draws pre-theatre crowds as well as locals — and that may be a problem, since the rushed pace of service doesn't abate even after the playgoers have departed. Per-haps that's why there are few appetizer choices (as though to discourage diners from spending extra time at the table). You may even be charged a "split plate" fee for sharing a first course despite ordering individual en-trees. Meat and fish choices are simply prepared with ingredients of ordinary

quality and generic veggie accompaniments. Why, then, is Rhino so popular? Pasta (and nothing but pasta) is the answer — that's where the kitchen shines. Very noisy when crowded; street tables are slightly quieter despite heavy traffic. Lunch and dinner daily Reservations advised for weekends and pre-show dinners. Moderate (pastas) to expensive. -N.W.

Zorba's Family Restaurant 100 Broadway, Chula Vista, 619-422-8853. We haven't got to plate-breaking yet, but Greek dancing is alive and well at Zorba's on Fridays and Saturdays. That includes the zembekikos, where the dancer picks a glass of ouzo off the floor with his mouth and drinks it. The rest of the week? Families fill this place. They're here for the buffet, spooning up the *spanakopita* (spinach in deli-ciously flaky pastry), *dolmathes*, (ground beef and rice rolled in grape leaves), moussaka (eggplant, zucchini, and ground beef), and lamb. Try dividing your meal into three: first visit the salad section. Grab their real strong-tasting olives, tabbouleh, hummus, onions, lettuce, and pita bread. Return for the heavies, the lamb and beef dishes. Then leave room for baklava and other desserts. It may not be the gourmet's method, but there's no better way to fill a belly. Lunch and dinner daily. Inexpensive. — E.B.

EAST COUNTY

Charley's Famous Hamburgers and Kebobs 8312 Broadway, Lemon Grove, 619-460-2690. When you spot an old red-and-white gas station that looks like a café, don't hesitate. That's Charley's. The palm and ficus trees have replaced the gas pumps and a fountain now gurgles where the air hoses used to be. The menu is a long list of hamburgers, as well as hot dogs, sandwiches, and kebobs. Mostly takeout, but you can dine out at their picnic tables under bougainvillea. Open daily, three meals. — E.B.

Chef Axel European Bistro 7097 University Avenue, La Mesa, 619-421-8844. Chef Axel is a real chef with classic European training, bringing his expertise and high standards to this neighborhood German restaurant. Currently, he's offering only a set-price Sunday brunch plus occasional special dinners, along with catering on or off site. The food is made-from-scratch home-style cooking, including hearty soups, Bavarian veal sausage, rich noo-dle gratin, perfect schnitzel, and a Hungarian goulash that "really gets it"

50% off

entrée

Buy one entrée, get second of equal or lesser value 50% off. Expires 8/13/08.

Happy Hour

ALL DAY MONDAY TUESDAY - FRIDAY 2-6 pm

\$3 drafts/margaritas & great food specials!

Champagne

Brunch

\$2.50 mimosas

\$6.95

Weekday Lunch Specials

(11 am - 2 pm)

\$10 pitchers

(margarita/beer) Sun. & Wed. (4 pm-close)

4993 Niagara Ave.

(Niagara Ave. & Bacon St.) Ocean Beach • 92107

619-222-1722

Free WiFi

www.blueparrot barandgrill.com

Sat. &

Sun. 10 am till 3 pm

about Hungary's spirited flavors. The brunch buffet includes a wide sampling of these dishes. - N.W.

Jasmine Bistro 315 Parkway Plaza, El Cajon, 619-588-8228. A gleaming little architectural jewel surrounded by the big white boxes of its mall, Jasmine Bistro is a spin-off of the well-known Jasmine Hong Kong Seafood Restau-rant on Convoy. By day, the fare centers on fresh, expertly made Chinese dim sum (elaborate finger food) offered both by cart and by menu. At night, with a reservation, a fresh crew of multiethnic chefs step in to cook up a Pan-Asian panoply, so if you're in the mood for Mandarin and your date wants Thai, no problem. Unfortunately, eaters in this suburban milieu won't stand for too much authenticity, so sophisticated diners may find the fare a little dumbed-down. Mainly California wine list suggests wine pairings for the food; numerous Asian beers, fruity drinks. Reserve for weekend dinners. Daily brunch/lunch through early dinner (until 9 p.m.). Mainly moderate (except for some special entrées). -N.W.

The Olde Homestead Fudge **Factory** 590 Palm Canyon Drive, Bor-rego Springs, 760-767-7782. The Fudge Factory's greatest dish is not what it's named for, and some of its pick hits aren't fudge, either. Of the 24 flavors of house-made fudge, barely a half dozen are available on any given day. The chocolate walnut is especially delicious, but the real masterpiece when in season is the Date Shake — a cold quaff that's ambrosial on a hot afternoon. Then, too, this is one of the few spots in town with an espresso machine. Open 8 a.m. to 4 p.m., closed Monday, (Closed summer months.) Inexpensive. -N.W.

Pablito's of the Desert 590 Palm Canyon Drive, Borrego Springs, 760-767-5753. Pablito's claims "Authentic Mexican Cuisine, patio dining, and great tequila margaritas." Well, the gorgeous patio is open when the weather is favorable, and the cuisine runs to gringo favorites in the Mexican mode (lots of combo platters), but the flavors are honest and pleasing. The most authentic dishes come from the "Specialties" section of the menu, including a good chile verde (pork in green chile sauce), numerous varieties of enchiladas, and several flavors of chilaquiles. Full bar, including sangria, margaritas, Mexican beers. Closed in the summer; other seasons, open for lunch and dinner (with a break between). Inexpensive to low moderate. — N.W.



San Diego Reader July 31, , 2008 113



Dinner Buffet. With coupon Coupons may not be combined. 4722 Clairemont Mesa Boulevard • 858-270-8303



ETHIOPIAN SAMPLER **PLATE FOR 2** only \$16.99 Includes free appetizer. Enjoy 9 different meat & vegetarian items With coupon. Expires 8-14-08. All-you-can-eat Buffet Fridays 6-10 pm Organic Ethiopian Beer & Wine. HARAR ETHIOPIAN RESTAURANT 2432 El Cajon Blvd. (Between Texas & Arizona Sts.) 619-295-3735 MONDAY SATURDAY 11 AM-11 PM • VISA • MC



Reason to Believe

We're a long way short of manifestations of extraterrestrial life.

DUNCAN SHEPHERD

ΕW

RF

t may be an advantage not to be an X-File-o-phile. If, like me, you have seen no more than a handful of episodes from the nine-season TV series, and you have only the vaguest recollection of the mid-run movie

from ten years back, then the present resumption, *The X-Files: I Want to Believe*, will be somewhat protected

from the whammy of ridiculous repetition. (Any long-running series can scarcely avoid running into self-parody.) No less will it be protected from the second whammy of excessive expectations. The six-note whistly musical motif at the top will induce no Pavlovian salivation, let alone a Svengalian trance, and the movie can be judged on its merits. Whether or not it still holds the Zeitgeist in captivity is beside the point.

Six years after the show's cancellation, we find that Mulder the Believer and Scully the Skeptic have cut all ties to the FBI, the latter now a practicing physician at Our Lady of Sorrows, the former in retirement as a bearded hermit. (I have no idea where the show left off, and frankly the birth of Scully's and Mulder's child, to say nothing of its death, was news to me.) The case that draws them back into the fold only Scully knows how to get in touch with the paranormal apologist — is not all that far out of this world, not all that far out of the workaday police procedural. It begins, in intercut but not

concurrent sequences, with an abducted female FBI agent and a pedophiliac defrocked priest who might or

might not be psychic. He, chummily known as Father Joe, claims that the missing agent is still alive, and he has led a search party to a severed male forearm buried in the West Virginia snow, an arm that matches DNA found at the presumed scene of the abduction. But does that positively mean he's psychic or merely guided by guilty knowledge? Then again, if he's not the real McCoy, how does he come by his tears of blood?

The scope of the crime grows exponentially when another woman goes missing and the psychic uncovers a major cache of body parts preserved in ice, and the trail will ultimately lead to some macabre mad-scientist experiments well worthy of allusion to Dr. Frankenstein. Yet we're still a long way short of manifestations of extraterrestrial life or supernatural entities.



And that's a relief. This modest summer entertainment, under the authoritative direction of series creator Chris Carter, freed from some of the murky mannerisms of the original formula, has plenty of speed and stamina; it has palpable suspense; it has honest shocks; and it has a unifying and a resonating theme of perseverance: Mulder in his lifelong pursuit of the

Truth that, in a watchword of the series, Is Out There (way, way out there), Scully in her quotidian treatment of a terminally ill child, Father Joe in his quest for redemption, and even the villains in the lengths to which they're prepared to go in their self-serving villainy. (New watchword: Don't Give Up.) And lastly, a special blessing in this particular summer, it has no superheroes to put The X-Files: I Want to Believe

up against those villains, only vulnerable mortals who inspire less and less confidence as they forge ahead.

Though you might almost wish that the movie had wiped the slate clean and started over with baggagefree characters (assuming it could have raised the financing for such an enterprise), the passing years have added an attractive weariness, a romantic



Weltschmerz, to the two lead actors, especially to Gillian Anderson ("I'm done chasing monsters in the dark" done, too, covering up the beauty spot below her left nostril), who was always the more attractive to begin with. But even the supercool David Duchovnyan odd temperature for an ardent believer — appears to have gained a deeper laver of awareness, or else dropped an outer layer of vanity. Their mutual mission now looks like more a curse than a crusade. Where once their lodestar might have been Prometheus, today it's Sisyphus. * *

The Last Mistress, at the Ken Cinema for the following week, would be better translated An Old Mistress. (Une Vieille Maîtresse, in the original.) Not that the mistress is in any sense elderly, but simply that she has been mistress to the hero for quite a long while, ten years on and off, starting when the young man was a fledgling libertine of twenty, and fully expecting to continue in her capacity beyond his pending wedding. The time is the first half of the 19th Century, identified as the century of Choderlos de Laclos, and although that author's signature work, Les Liaisons Dangereuses, dates from well back in the foregoing century, the ruthless strategizing of courtship is strongly reminiscent: "This marriage will be my masterpiece," grimly vows the bride-to-be's grandmother, who looks back on Laclos's era as the Good Old Davs. The novel, however, on which the movie is actually based comes from later in the 19th Century and from Barbey d'Aurevilly, not a name you often run into anymore (I had a turn with him in my exploratory youth), one of the bellwethers in the corruption of the Romantic Movement, the depletion of the heroic individualist and the ascendance of the femme fatale, the man-eater, the succubus, the vampire. The titular mistress, a native of Spain, land of Carmen (her literary contemporary), will be seen literally licking the blood from a bullet hole in the hero's chest.

This is a juicy role, perhaps the juiciest to date, for the snaggletoothed, baggy-eyed, crow-voiced Asia Argento, the role of a woman whose charms are not outwardly obvious. She not only fits that criterion (charms, yes; obvious, not so much), she fits additionally the classic pattern of the dark temptress set in opposition to the blondness and blandness of the paragon of virtue. If her evident breast implants and her glimpsed tailbone tattoo argue against her usefulness in a period piece, she nonetheless brings to the role what it wants most, a threat of danger. The cigarillo, the spit curl, the gypsy garb can do only so much on their own; the actress convincingly ties them together into a pathology.

Of course the director, Catherine Breillat, brings a threat of danger herself. But even as the de rigueur sex scenes are moderately explicit, they're a marked retreat from the envelopepushing extremes of the filmmaker's Romance and The Fat Girl (not to mention what was apparently felt to be too sticky for public consumption in the provinces, Anatomy of Hell, available on DVD), and they're also in short supply. Breillat, a bit bogged down in talky exposition as well as in a disproportionate and ill-placed flashback, is plainly in no hurry to assault any barriers or to generate facile sensation. She demonstrates herself to be completely committed to the period, the costumes, the settings, the sentiments, in

short the total sense of reality, recorded in crystalline photography and unadorned with meddlesome background music. Her societal portrait has almost a documentary instructiveness. Certainly there is nothing radical, only something coldly historical, in the exposure of the Biblical sexism of the wedding ceremony. The extremes in the movie — a Romantic work with a capital "R," however tarnished that letter might be - are those of the human heart, not the human flesh. Argento's nakedness is the matter of least concern when she's sitting astride her lover, cowgirl-style, and howling with grief rather than ecstasy, at the funeral pyre of their infant daughter in the Algerian desert. That, and for that matter the movie as a whole, is something to see.

MOVIE LISTINGS

All reviews are by Duncan Shepherd. Priorities are indicated by one to five stars and antipathies by the black spot. Unrated movies are for now unreviewed. Thousands of past reviews sorted alphabetically, by year of release and by rating, are available online at SDReader.com.

Baghead — Indie comedy-thriller by the brothers Jay and Mark Duplass, with a cast of unknowns. (HILLCREST CINEMAS, FROM 8/1)

The Band's Visit — To be specific, the Alexandria Police Ceremonial Orchestra, an octet costumed in robin's-egg blue, visiting Israel for the inauguration of an Arab Culture Center, but taking a wrong turn to a sound-alike destination in the middle of nowhere, spending a night, getting to know the locals and vice versa, bridging a cultural gulf. The blend of comedy and pathos, under the direction of Eran Kolirin, might call to mind the cinematic heyday of Italian humanism, albeit with more of an absurdist deadpan. Only three of the eight band members receive sufficient screen time to become individualized in the least - the priggish leader, his stifled assistant, an unruly rookie - and Sasson Gabai as the first of the three could stand alongside an Alberto Sordi or an Ugo Tognazzi (to place him in the company of comic-pathetic Italians), albeit with more reserve and decorum. Ronit Elkabetz, as his easygoing hostess, makes a lissomely sensuous foil. Imad Jabarin, Saleh Bakri, Khalifa Natour. 2007. ★★ (SAN DIEGO PUBLIC LIBRARY, 8/4, 6:30 P.M.)

Brideshead Revisited — The Evelyn Waugh novel revisited, at roughly a fourth the length of the early-Eighties TV miniseries. Matthew Goode, as the self-professed atheist artist Charles Ryder, murmurs his way through the pages of a radical rewrite (particularly the gay abandon): first year at Oxford, the tormented Catholics of Brideshead manor, Venice, Marrakesh, and so on. A white-haired Emma Thompson as the tyrannical Catholic matriarch supplies brief relief from the tedium. With Ben Wishaw, Havley Atwell, and Michael Gambon; directed by Julian Jarrold, 2008. • (HILLCREST CINEMAS; LA JOLLA VILLAGE; FROM 8/1)

Bustin' Down the Door — Historical documentary on surfing in the Seventies, narrated by Edward Norton, directed by Jeremy Gosch.

OCEANSIDE 16, FROM 8/1)

Chris and Don: A Love Story — The

Angeleno portrait artist Don Bachardy reminisces in frugal video on his three and a half decades of intimacy with British author Christopher Isherwood, thirty years his senior. (The one clip of Isherwood with sound demonstrates dramatically how closely the American protégé patterned his speech after his mentor.) In essence, a copiously illustrated literary talk, augmented by other knowledgeable voices, that should meet the needs of anyone interested.



PLACE 13; MISSION VALLEY 7; MISSION

VALLEY 20: OCEANSIDE 16: OTAY RANCH 12:

PALM PROMENADE 24; PARKWAY PLAZA 18;

PLAZA BONITA 14; POWAY 10; RANCHO DEL

VILLAGE 6: SAN MARCOS 18: SANTEE DRIVE IN:

Dog Day Afternoon — Sidney Lumet's

three-ring-circus staging of a bungled bank

stickup, Brooklyn, 1972, that turned into a

hot summer day standoff between the rob-

and the N.Y.P.D. and F.B.I. outside. An ex-

emplary New York street movie, rich in in-

cident of the Oh-God-what-next variety.

Also an exemplary actors' movie, with Al

street negotiations especially giving the

Pacino's and Charles Durning's across-the-

thing a kind of dog-fight snarl and yap. It is

bers and their hostages, inside the bank,

REY 16: RANCHO SAN DIEGO 15: RIVER

TOWN SOUARE 14: VISTA VILLAGE)

Michael York, Isherwood's stand-in in the screen version of *Cabaret*, reads the excerpts from the writer's diaries. Directed by Guido Santi and Tina Mascara. 2008. ★ (KEN, THROUGH 7/31)

CSNY/Déjà Vu — Reunion tour of Crosby, Stills, Nash, and Young (average age, sixty-two and a half), hoping to conjure the spirit of their Vietnam protests and transfer it to the Iraq War. The new music isn't top-flight, nor is the filmmaking (concert footage, archive footage, interview footage, plus "objective" reporting from an "embedded" mainstream journalist, Mike Cerre), yet the general effect is affecting: simultaneously nostalgic and engagé. Directed by Neil Young under the pseudonym of Bernard Shakey. 2008. ★ (HILCREST CINEMAS; LA JOLLA VILLAGE; THROUGH 7/31)

The Dark Knight — Fashionably "dark" comic-book movie, the first one to think of putting the darkness right up in the title a synonym, that, for "the bat man," as he is frequently and unfamiliarly referred to, or simply Batman to you and me. Aside from the title, the second installment in Christopher Nolan's restyling of the DC Comics superhero earns no points as a trailblazer. It would earn none even were it the first installment, although we must acknowledge that this trend-follower sets itself apart as an exceedingly oppressive, grinding, grueling, torturous experience. (The relentless, rumbling, theater-rattling background music alone could be a health hazard to anyone with mild depressive tendencies.) It requires the stock figure of the Joker banish all memories of Jack Nicholson in Tim Burton's 1989 edition, "dark" though it was itself, as well as Cesar Romero in the glaringly light TV series from the Sixties to carry the banner and the burden of the post-9/11 terrorist. "Some men," Batman's manservant succinctly sums up the emblematic evildoer, "just want to watch the world burn." To strive to invest some psychological realism and topical relevance into this figure - the parched and cracked face paint, the raccoonish circles around the eyes, the greasy stringy hair, the obscenely writhing tongue, the adenoidal voice pitched somewhere between Al Franken and Bugs Bunny - is not only a losing battle but a foolish one. (Heath Ledger is the vanquished.) However high Nolan might pile on the gravity, however long he might stretch out the agony, the comic-book iconography inevitably simplifies and trivializes the moral debate: Can you fight fair when you fight terrorism? The truth is that Nolan's lack of faith in the superhero of olden days - the White Knight — goes hand in glove with a larger lack of faith in the fairy-tale form. He can't trust it to convey its import (in spite of all the scholarly efforts of Bruno Bettelheim, Joseph Campbell, et al.) without an additive of grand-operatic bombast. Christian Bale, Aaron Eckhart, Maggie Gyllenhaal, Michael Caine, Gary Oldman, Morgan

Freeman. 2008. • (CARMEL MOUNTAIN; CHULA VISTA 10; DEL MAR HIGHLANDS 8; ESCONDIDO 16; FASHION VALLEY 18; FLOWER HILL 4; GROSSMONT CEN-TER; HORTON PLAZA 14; LA COSTA 6; LA JOLLA 12; MIRA MESA 18; MISSION MARKET- an audience movie as well, however. And the decision to model it as a star vehicle for Pacino, with the predicament seen exclusively from his inside-a-trap vantage point, forces the audience to regard the principal bank robber as simply a headache-sufferer rather than a headache-causer. With John Cazale, Chris Sarandon, and James Broderick. 1975.

★★★ (CINEMA UNDER THE STARS, 7/31 AND 8/1, 8:30 P.M.)

Get Smart — Big-screen reincarnation of the late-Sixties TV spy spoof, no longer a saboteur of a thriving genre, but just another copycat grave-robber. Diligent homage is paid to the original ("Would you believe...," "Missed it by that much," etc.), and the jokes are cranked out industriously, and both Steve Carell and Anne Hathaway bring their own qualities to it (a transparent deadpan and a prissy irony, respectively), but mirth goes missing. With Dwayne "The Rock" Johnson, Alan Arkin, Terence Stamp, and James Caan; directed by Peter Segal. 2008. ★ (FASHION VALEY 18: GASLAMP 15:

LA JOLLA 12; MISSION VALLEY 20)

Gonzo: The Life and Work of

Dr. Hunter S. Thompson — The truthbending journalist, doper, drinker, gun enthusiast, and suicide (1939-2005), in words and pictures, the latter ranging from a fuzzy video of the TV game show, *To Tell the Truth*, to big-screen impersonations of him in *Where the Buffalo Roam* and *Fear and Loathing in Las Vegas*, and the former ranging from his own writings (recited by Johnny Depp) to talking-head testimonials from *Rolling Stone* editor Jann Wenner, fellow "New Journalist" Tom Wolfe, George McGovern, Jimmy Carter, Jimmy Buffett, Hell's Angel Sonny Barger, et al. A bumpy





trip down Memory Lane, not without its points of interest, flooded the whole way with apropos pop songs. Directed by Alex Gibney. 2008.

★ (GASLAMP 15, FROM 8/1; HILLCREST CINE-MAS, THROUGH 7/31)

Hancock — Two ideas prevail. The first may be summed up in the term "antisuperhero," or if you prefer it, "super-antihero." The hero, that is to say, possesses the full complement of comic-book superpower ers, yet he boozes round the clock, goes days without shaving, dresses like a slob if not a bum (rejecting the conventional superhero's uniform as fit for a "homo"), is surly, rude, profane. Why he bestirs himself to pursue criminals is not apparent, but he never worries about collateral damage in the course of that pursuit, knocking down freeway signs, piling up cop cars, taking chunks out of skyscrapers, racking up a \$9 million repair bill in just the film's opening chase scene. The personality, in short, of an above-the-law pro athlete or rock star. The second idea, a late turn of plot, cannot be divulged. Then again, it is not really worth divulging. Nothing more, for that matter, is really worth divulging, if only because of the decision - the bad idea - the anti-idea - to sign up Peter Berg as the director, bringing to this juvenile fantasy the same cinéma-vérité affectations he brought to the ripped-from-theheadlines terrorist thriller, The Kingdom, or to the football docudrama, Friday Night Lights, the same jiggly, wavery, zoomy camerawork, the same pushy, tight, tunnelvision closeups. To put a movie in his hands is to put it in very shaky hands indeed. Never mind a special-effects blockbuster, Peter Berg could not be entrusted to shoot a child's birthday party. Will Smith, Jason Bateman, Charlize Theron. 2008. • (CARMEL MOUNTAIN; CHULA VISTA 10; FASH-ION VALLEY 18; GASLAMP 15; GROSSMONT CEN-TER; LA JOLLA 12; MISSION VALLEY 20; OTAY RANCH 12: PALM PROMENADE 24: PLAZA BONITA 14; TOWN SQUARE 14)

Hellboy II: The Golden Army — A

black mark on the record of director Guillermo del Toro, whose record, which started out so clean with Cronos in his native Mexico and Mimic in the Hollywood system, looks now a bit ink-stained: Blade II, the first and second Hellboy, and nothing else that comes close to those first two. If the panegyrized Pan's Labyrinth (immediately preceding) was itself overly clogged in its visuals, his present production has a lot more money, more graphic design, more CGI, more costumes, more makeup, etc., with which to be clogged. To try, amid the congestion, to pick out evidence of his personal obsessions with subterranean realms and creepy-crawly life forms has become a joyless, though not a fruitless, exercise. The pivotal scene in the movie, irksomely jokey already, is without doubt the drunken duet between the titular sunburned hero and his aquamarine sidekick, Abe, a lachrymose sing-along to Barry Manilow's "Can't Smile without You." (The red man is having troubles with his combustible new bride -- "I would give my life for her, but she also wants me to do the dishes" - and the blue man has a crush on



a flaxen-haired, powder-faced fairy princess, the sister of a netherworld insurrectionist scheming to overthrow humanity.) Some sorts of viewers - the immature, the tasteless, the silly - will possibly see this scene as the highlight, but the more seasoned are sure to feel it disqualifies the movie from its subsequent ponderings of the destruction of mankind, the eternal tug of war between self-interest and the commonweal, and the would-be wrenching death scene at the climax. They are likely to feel further that it disqualifies the movie from subsequent sequels. With Ron Perlman, Selma Blair, Doug Jones, Luke Goss, and Anna Walton. 2008.

● (FASHION VALLEY 18; GASLAMP 15; GROSS-MONT CENTER; LA JOLLA 12; MISSION MARKET-PLACE 13; MISSION VALLEY 20; OTAY RANCH 12; PALM PROMENADE 24; PLAZA BONITA 14; SANTEE DRIVE IN; TOWN SQUARE 14)

Indiana Jones and the Kingdom of the Crystal Skull — Harrison Ford and

Steven Spielberg rejoin forces, nineteen years later, for a fourth archaeological adventure. Ford, with his big-cat purr of a voice, remains an amiable fellow; and if he's a bit jowlier beneath that crumpled face (like a wadded-up piece of paper retrieved from the wastebasket and mostly smoothed out again), and if he occasionally throws in a disarming grumble or groan in recognition of his advancing years, he nonetheless keeps pace with the physical action, or else his director cleverly covers for him during it, so that he shows no such signs of wear and tear as would demand any added suspension of disbelief beyond the several tons suspended already in the prior adventures. Spielberg, for his part, eager to show that Munich burned no bridges, any more than Schindler's List or Amistad burned any, is still a superior technician. Superior, that is

to say, to Michael Bay, Simon West, Brett Ratner, Roland Emmerich, Renny Harlin, John McTiernan, Jon Turteltaub, among other wannabes; and the relentless action scenes are always impressive in their engineering while never being in the least believable or involving. (A fencing bout conducted in side-by-side jeeps at top speed unfailingly focusses our attention on the filmmaker rather than on the fencers.) In the end — in the accumulation — the action grows more than a little tedious. Spielberg's technique is superior not only to others' technique but also to his own taste. A good long time, needless to stress, has gone by since the previous Indy adventure, and the new one can't be content to try to top just that one. It has to try to top, in addition, The Da Vinci Code, the National Treasure hunts, the Lara Croft adventures, et al. With a plot that links Roswell, New Mexico, to the Erich von Däniken theory of evolution, Spielberg keeps pace in that race as well. To say so is no great compliment. Cate Blanchett, Shia LaBeouf, Karen Allen, Ray Winstone, John Hurt, Jim Broadbent. 2008

★ (HORTON PLAZA 14)

Iron Man — Marvel Comics superhero (vintage 1963) rerouted through presentday Afghanistan. Weapons manufacturer Tony Stark, alias "The Merchant of Death," learns first-hand that his products sometimes land in the laps of America's enemies, and to combat this he devises a personal suit of flying armor (a gold titanium alloy, actually, not iron), transforming himself into a sort of airborne Robocop to police the world. The current-events tie-in is fairly tasteless, given the conventional jokiness of the approach, aggravated by the couldn'tgive-a-shit affectation of Robert Downey, Ir., in the title role. With Gwyneth Paltrow-Jeff Bridges, Terrence Howard, and Shaun

Toub; directed by Jon Favreau. 2008.

Journey to the Center of the

(HORTON PLAZA 14)

Earth — The Jules Verne novel serves as a factual guidebook for a week of unclenephew bonding. The 3D effects can be a bit crude (twice we get spat in the face, once drooled in the face), and it takes a while to reach the fun stuff (the flying fish, the flesh-eating plants, the floating rocks, the lone dino), but at least the fun stuff is fun. With Brendan Fraser, Josh Hutcherson, and Anita Briem; directed by Eric Brevig. 2008.

★ (CARMEL MOUNTAIN; CHULA VISTA 10; DEL MAR HIGHLANDS 8; ESCONDIDO 16; FASHION VALLEY 18; GROSSMONT CENTER; HORTON PLAZA 14; LA COSTA 6; MIRA MESA 18; MISSION MARKETPLACE 13; MISSION VALLEY 7; MISSION VALLEY 20; OCEANSIDE 16; OTAY RANCH 12; PALM PROMENADE 24; PARKWAY PLAZA 18; PLAZA BONITA 14; POWAY 10; RANCHO DEL REY 16; RANCHO SAN DIEGO 15; RIVER VILLAGE 6; SAN MARCOS 18; SANTEE DRIVE IN; TOWN SQUARE 14; VISTA VILLAGE)

Kit Kittredge: An American Girl –

Social consciousness for kids, an orgy of benevolence, generosity, trust, fellowship, and so on, among the needy in Depressionera Cincinnati, with a few not-very-nice party poopers thrown in as object lessons. The lachrymose Abigail Breslin, in the title role of a ten-year-old cub reporter, has plenty of opportunity to promote herself as the preteen Meryl Streep. With Julia Ormond, Chris O'Donnell, Max Thieriot, Glenne Headly, Joan Cusack, Stanley Tucci, Jane Krakowski, and Wallace Shawn; directed by Patricia Rozema. 2008. • (CARMEL MOUNTAIN; GASLAMP 15)

Kung Fu Panda — Plump computer cartoon about a tubby panda (voice of Jack

ARIOUS AND HEARTFEL "DEEPLY AFFECTING... HEARTFELT! AND WONDERFULLY ACTED." -Peter Travers, ROLLING STONE -Colin Covert, STAR TRIBUNE You're a VIRGIN?) THE STONE ANGEL Nah, I just neve officially had SEX before. R CHECK THEATER DIRECTORIES STARTS FRIDAY, OR CALL FOR SHOWTIMES VILLAGE 'ING! AUGUST 1^s! VIEW THE TRAILER AT WWW.THEWACKNESS.COM

Black, tubby typecasting), an envious aficionado of the martial arts, dissatisfied with his lowborn "place" in the family noodle business. Wanting nothing more than to witness the anointment of the new Dragon Warrior, inheritor of the Secret of Limitless Power, he manages by dumb luck to get himself so anointed, in effect hitting the kung-fu lottery. With that, the filmmakers set about to purvey a dearly and widely held fantasy: the idea that the neophyte in any field, but especially the martial-arts field, can quickly close ground on the masters by means of a remedial crash course. No matter how low your opinion of kung fu or its film genre, you would be justified in finding this insulting, to both the specified martial art and your intelligence. And animation, despite its easy defiance of physical laws, does not much soften the insult. If the Furious Five — Tiger, Crane, Mantis, Monkey, and Viper - are together no match for the rogue snow leopard, Tai Lung, how can the Portly Panda compete? (As the Tiger rightly tells him, "If you have any respect for what we are and what we do, you will be gone in the morning.") Apart from its featherweight reinforcement of the some thing-for-nothing ethic, there is probably no great harm in the movie. And in its own field it cuts no corners, leaves no stone unturned. It wouldn't let a doodling neophyte anywhere near the drawing board. Or the keyboard. With the voices of Dustin Hoffman, Angelina Jolie, Ian McShane, and Jackie Chan; directed by John Stevenson and Mark Osborne. 2008. ★ (CARMEL MOUNTAIN; HORTON PLAZA 14; MIS-SION VALLEY 20)

The Last Mistress — Reviewed this issue. With Asia Argento, Fu'ad Aït Aattou, Roxane Mesquida, Claude Sarraute, and Michael Lonsdale; directed by Catherine Breillat.

★★★ (KEN, 8/1 THROUGH 7)

Mamma Mia! — The Catherine Johnson stage musical brought to the screen under its stage director, Phyllida Lloyd: a romantic-comic bauble about a scheduled wedding on a Greek island, to which the brideto-be, unknown to her mother, has invited the three men who are sole candidates to be her biological father. (All three prove to be remarkably uncurious and acquiescent guys.) But that's a mere pretext for the players at short intervals to warble tunes from the ABBA songbook. Among the things that might be said about the movie are (a) that ABBA, infectious though they can be, are not exactly the Beatles, as witness the latter's similar use in Across the Universe; (b) that another and better wedding movie, Muriel's Wedding, had already successfully plundered the ABBA songbook, without asking its cast to do the singing; (c) that this cast for the most part are not singers (Pierce Brosnan in full throat looks as if his head's about to explode), although no apologies need be made for Meryl Streep, who, besides her lusty belting, supplements her usual emotion-plumbing with some peppy physicality; (d) that the natural settings, clearly, brightly, sunnily photographed, somewhat temper the inherent campiness; and (e) that this tempering, in a work of such fragile artifice, is not necessarily a good thing. To get down to a couple of specifics, the "Super Trouper" number on the eve of the wedding is a definite high point, and despite the shortage of competition for high points, the closing credits are well worth hanging on for, providing two higher points in the form of encores - twin peaks, if you please — with Streep and her bosom buddies (the blissfully confident Christine Baranski and the indomitably plucky Julie Walters) stepping off the Greek island and onto a secluded concert stage, in disco-era Vegas costumes. With Amanda Seyfried, Colin Firth, Stellan Skarsgard, and Dominic Cooper. 2008.

★ (CARMEL MOUNTAIN; ESCONDIDO 16; FASH-ION VALLEY 18; FLOWER HILL 4; GROSSMONT CENTER; HORTON PLAZA 14; LA COSTA 6; LA JOLLA 12; MIRA MESA 18; MISSION MARKET-PLACE 13; MISSION VALLEY 7; MISSION VALLEY 20; OTAY RANCH 12; PALM PROMENADE 24; PARKWAY PLAZA 18; PLAZA BONITA 14; POWAY 10; RANCHO DEL REY 16; RANCHO SAN DIEGO 15; SAN MARCOS 18; TOWN SQUARE 14)



Mongol — Genghis Khan, the formative years. Whatever he later might have been guilty of, here are the extenuating circumstances: the poisoning of his father, the abduction of his wife, his sale into slavery, etc., not to forget the burdensome birthright of all Mongols. It makes for a tedious case, sometimes enlivened by nice countryside and nice riding across it, but never much by the splashy bloodshed. With Tadanobu Asano, Khulan Chuluun, Honglei Sun, and Amadu Mamadakov; directed by Sergei Bodrov. 2007. ★ (LA JOLLA VILLAGE)

The Mummy: Tomb of the Dragon Emperor — Supernatural sequel with Brendan Fraser, Maria Bello, Jet Li, and Michelle Yeoh, directed by Rob Cohen. (CARMEL MOUNTAIN; CHULA VISTA 10; DEL MAR HIGHLANDS 8; ESCONDIDO 16; FASHION VALLEY 18; GASLAMP 15; GROSSMONT CENTER; LA COSTA 6; LA JOLLA 12; MIRA MESA 18; MIS-SION MARKETPLACE 13; MISSION VALLEY 7; MISSION VALLEY 20; OCEANSIDE 16; OTAY RANCH 12; PALM PROMENADE 24; PARKWAY PLAZA 18; PLAZA BONITA 14; POWAY 10; RAN-CHO DEL REY 16; RANCHO SAN DIEGO 15; RIVER VILLAGE 6; SAN MARCOS 18; SANTEE DRIVE IN; TOWN SQUARE 14; VISTA VILLAGE; FROM 8/1)

Sex and the City — The big-screen resuscitation of the defunct HBO series (1998-2004) runs, or better say sashays, two hours and twenty minutes. That's a lot of clothes and accessories, a lot of accompanying pop songs, a lot of chatty first-person narration, a lot of superficiality, a lot of vacuity. Maybe it would help if you had followed these four bosom buddies - the stringy Sarah Jessica Parker, the Amazonian Kim Cattrall, the pop-eyed Kristin Davis, the pinched Cynthia Nixon - throughout their six seasons of looking for love. To be sure, there's not much looking anymore, and yet not much relating, either: the men, now that they've been landed, are little more than accessories themselves. Tempestuous developments do occur: one of the buddies neglects to wax her pubes, one of them poops her pants, one of them packs on a spare bicycle tire, and the remaining one dyes her hair. (Symptoms of bigger things, but even so.) Maybe, on the other hand, it would be better to follow these buddies no further. Written and directed by Michael Patrick King. 2008. (GASLAMP 15; MISSION VALLEY 20)

Step Brothers — Mainstream comedy, at the broadest point in the stream, about a pair of developmentally arrested forty-yearolds (Will Ferrell, John C. Reilly), still living at home with their respective single mom and single dad, then living together after the parents meet and marry, living first at loggerheads and later in boisterous accord. Everything is pushed to extremes with the intent of making it extra, extra funny, and with the result of making it not at all funny. It is to co-producer Judd Apatow rather than director Adam McKay that we are prone to ascribe the prosthetic testicles; and it's between the scriptwriting team of Ferrell and McKay that we are obliged to split credit for lines like "I want to roll you into a little ball and shove you up my vagina" and "I feel like a lightning bolt hit the tip of my penis." With Mary Steenburgen, Richard Jenkins, Adam Scott, Kathryn Hahn, 2008.

CARMEL MOUNTAIN; CHULA VISTA 10; DEL
MAR HIGHLANDS 8; ESCONDIDO 16; FASHION
VALLEY 18; GROSSMONT CENTER; HORTON
PLAZA 14; LA JOLLA 12; MIRA MESA 18; MISSION MARKETPLACE 13; MISSION VALLEY 7;
MISSION VALLEY 20; OCEANSIDE 16; OTAY
RANCH 12; PALM PROMENADE 24; PARKWAY
PLAZA 18; PLAZA BONITA 14; POWAY 10; RANCHO DEL REY 16; RANCHO SAN DIEGO 15; RIVER
VILLAGE 6; SAN MARCOS 18; TOWN SQUARE 14;
VISTA VILLAGE)

The Stone Angel — Ellen Burstyn, as the headstrong protagonist of the Margaret Laurence novel, reviewing her life at its end, hits many authentic notes but finds no one and nothing to harmonize with. And the dominating flashbacks of the first half, substituting Christine Horne as her younger self (well matched physically), shut her out altogether. With Dylan Baker, Sheila McCarthy, Cole Hauser, Kevin Zegers, and Ellen Page; written and directed by Kari Skogland. 2008. (LA JOLLA VILLAGE, FROM 8/1)

Swing Vote — Political comedy with Kevin Costner, Madeline Carroll, Kelsey Grammer, Stanley Tucci, Dennis Hopper, and Nathan Lane, directed by Joshua Michael Stern. (CARMEL MOUNTAIN; CHULA VISTA 10; ESCON-

(DARMEL MOUNTAIN, CHUCA VISTA TO, ESCON-DIDO 16; FASHION VALLEY 18; FLOWER HILL 4; GROSSMONT CENTER; HORTON PLAZA 14; LA JOLLA 12; MIRA MESA 18; MISSION MARKET-PLACE 13; MISSION VALLEY 20; OCEANSIDE 16; OTAY RANCH 12; PALM PROMENADE 24; PARK-WAY PLAZA 18; PLAZA BONITA 14; POWAY 10; RANCHO DEL REY 16; RANCHO SAN DIEGO 15; RIVER VILLAGE 6; SAN MARCOS 18; TOWN SQUARE 14; VISTA VILLAGE; FROM 8/1)

Tell No One — If this doesn't give us what we expect and want from a French thriller, part of the reason must lie in its source, an American mystery novel by Harlan Coben. Convoluted and contorted be-

concocted and cockamamie beyond the realm of all probability, it boasts the sort of plotting where an unassuming Parisian pediatrician, hounded by a remorseless hit squad, can call in a favor (i.e., troop support) from a grateful hoodlum with a hemophiliac infant. Or where a handy heroin addict will turn up dead at just the moment when you need a body in order to stage a faux murder, and you can count on no one noticing the discrepancies between the autopsy cadaver and the supposed victim. All along the way the storytelling employs withholding and delaying tactics whose effect is more annoyance than suspense; and at the finish it features a long winded verbal summation that, besides its bookishness, compresses the absurdities into an intolerably small space. All that aside, the film is perforce populated with Frenchmen (and bilingual Canadian and British women), who, true to form, work hard and selflessly to engage our interest: François Cluzet, the Gallic Dustin Hoffman, in looks at least, if not also in rodenty intensity, as the doctor who believes he has lost his wife to a serial killer, and comes to find out, on the eighth anniversary of the event, that he may not have lost her for good; Marie-Josée Croze (the Canadian) as the absent wife; Kristin Scott-Thomas (the Brit) as an uptown lesbian; the formidable Nathalie Baye as a high-priced and all-business attorney; François Berléand as the dogged, obsessive-compulsive cop on the case (exasperated, for example, at his underling's carelessness in differentiating between the trash bin and the recycling bin); and the venerable veterans Jean Rochefort and André Dussollier as separately grieving fathers. The latter, with supreme poise and not a hint of a knee-buckle, shoulders the brunt of the absurdity. 2007.

yond resemblance to organic life on Earth,

Touch of Evil — Orson Welles at his most orotund as director, but not quite most rotund as actor. Rotund enough, though. ("You're a mess, honey," he is told by a wise Mexican whore. "You ought to lay off those candy bars." And later, after he has sent an underling to fetch coffee, he mutters with sincere disappointment, "Didn't you bring me any donuts or sweet rolls?") As for orotund: the effect is made by wide-angle photography, sharply receding perspectives, and a tendency to keep the actors on the run, herding them directly toward or away from the camera. Because of all that, the movie appears to be taking place in some sort of wind tunnel, with the dialogue having to fight upwind to reach the audience and only doing so on a sev-

★ (HILLCREST CINEMAS; LA JOLLA VILLAGE)

eral-second delay. The grotesque characters are a lot of fun, most of all Dennis Weaver's skittish, woodpeckerish motel manager, but the dime-novel truths about police corruption, Mexican bordertowns, the drug trade, etc., are trivialized (if possible) by the comic-book sensibility. With Charlton Heston, Janet Leigh, Marlene Dietrich, Akim Tamiroff, and Mercedes McCambridge. 1958.

★★★ (CINEMA UNDER THE STARS, 8/2 AND 3, 8:30 P.M.)

The Wackness — Summer vacation after high school and before college: a romance blossoms between a teenage dope peddler and his classmate client, and a bond of friendship forms between the former and the latter's father, a crazy mixed-up psychiatrist. The action is set back in 1994, but that's no excuse for the colors fading almost to ashes. And while Olivia Thirlby is appealing as the girl, Josh Peck isn't the most credible friendless virgin, a social pariah despite his superficial attractiveness (in a too-cool-for-school sort of way, sleepy-eyed, slack-jawed, froggy-throated) and despite his flourishing candy store. Ben Kingsley's strangeness as the psychiatrist is more the strangeness of an actor than of a character, the strangeness of an affected, abstracted manner and a stifled, indefinite accent. With Famke Janssen, Jane Adams, Mary-Kate Olsen, and Method Man; written and directed by Jonathan Levine. 2008. ★ (HILLCREST CINEMAS)

WALL-E — Relentlessly sentimental science fiction about a cute anthropomorphized "male" robot - a rattletrap contraption of binoculars atop tank treads programmed to pick up garbage on an evacuated Earth in the 28th Century (his name is an acronym of Waste Allocation Load Lifter, Earth-Class), all alone on the planet but for the company of an indestructible cockroach, until his world gets rocked by the arrival of a smooth white egg-shaped "fembot," whom he follows up to a mother ship of epicene, spineless, walrus-like humans. Rather remarkable for any movie are the long stretches of nonverbal narrative, reminiscent of the opening and closing stretches of 2001. (Other allusions to the Kubrick classic — the musical snippet from Also Sprach Zarathustra, the unblinking red eye of HAL-9000 - suggest the emulation is entirely conscious.) No less remarkable, in the context of a Disney computer cartoon, are the distinctive whiffs of postapocalyptic and dystopian melancholy. The happy ending pretty much ruins it. If the film wanted full credit for evoking those feelings, the best ending it could have held out would be hopeful, not happy. With the voices of Ben Burtt, Elissa Knight, Jeff Garlin, and Sigourney Weaver; written and directed by Andrew Stanton, 2008. ★ (CARMEL MOUNTAIN; DEL MAR HIGHLANDS 8;

EXHILARATING."

"LUSH. DEBAUCHED.

UNCORSETED AND UNDRESSED... WILD, UNPREDICTABLE,

SEXY? IT'S 'DAN

AND EXOTIC..."

Carrie Rickey, PHILADELPHIA INQUIRER

A S I A A R G E N T O

AND DID I MENTION

catherine breillat

© FLACH FILM STUDIOCANAL FRANCE 3 CINEMA © 2008 IFC IN THEATERS LLC

Er

<mark>STARTS FRIDAY, AU</mark>GUST 1^s

WWW.IFCFILMS.COM

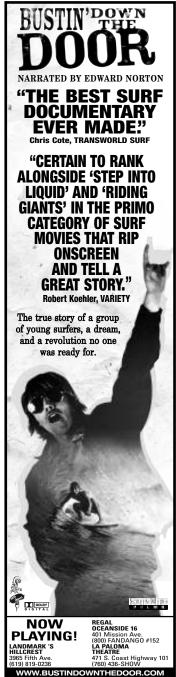
GEROUS LIAISONS.

ESCONDIDO 16; FASHION VALLEY 18; GASLAMP 15; LA COSTA 6; LA JOLLA 12; MIRA MESA 18; MISSION VALLEY 20; OTAY RANCH 12; PALM PROMENADE 24; PARKWAY PLAZA 18; PLAZA BONITA 14; POWAY 10; RANCHO DEL REY 16; RANCHO SAN DIEGO 15; SAN MAR-COS 18; TOWN SQUARE 14)

Wanted — Nerd's daydream of getting out from under one's pencil-pushing job, one's bossy boss, and one's cheating girlfriend, finding out it's in one's genes to be an elite assassin, learning the tricks of the trade in nothing flat, e.g., guiding bullets telekinetically, intercepting enemy bullets in midair, and so on. (A daydream only imaginable in the video-game era.) In its loosey-goosey humor, over-the-top action, anything-goes fantasy, and gimmick-riddled visuals (the rough grain of the image would not count as one of the gimmicks), the movie drips with disdain for its material and its audience alike. With James McAvoy, Angelina Jolie, Morgan Freeman, Terence Stamp, and Thomas Kretschmann; directed by Timur Bekmambetov. 2008. (HORTON PLAZA 14: MISSION VALLEY 20: PLAZA BONITA 14)

The X-Files: I Want to Believe — Reviewed this issue. With David Duchovny, Gillian Anderson, Billy Connolly, Amanda Peet, and Alvin "Xzibit" Joiner; directed by Chris Carter.

★★★ (CARMEL MOUNTAIN; CHULA VISTA 10; ESCONDIDO 16; FASHION VALLEY 18; FLOWER HILL 4; GASLAMP 15; GROSSMONT CENTER; LA JOLLA 12; MIRA MESA 18; MISSION MARKET-PLACE 13; MISSION VALLEY 7; MISSION VALLEY 20; OCEANSIDE 16; OTAY RANCH 12; PALM PROMENADE 24; PARKWAY PLAZA 18; PLAZA BONITA 14; POWAY 10; RANCHO DEL REY 16; RANCHO SAN DIEGO 15; RIVER VILLAGE 6; TOWN SQUARE 14; VISTA VILLAGE)



The Stone Angel

You Don't Mess with the Zohan -Adam Sandler's Israeli accent (plus his

stammering multiple negatives: "No-nono-no-no") seems like a sufficient base for a spy comedy revolving around a hirsute agent of Mossad, a sort of anti-Munich if you please. But the jokes stray a long way off the base and in diverse directions: the

hero's superhuman powers (snagging a bullet in his nostril, doing no-hands pushups, etc.); his pursuit, in America, of his secret desire to cut hair ("I just want to make people silky smooth"); his time-warp sense of fashion, gleaned from a disco-era Paul Mitchell catalogue; his sexual predilection for grateful old biddies; his, or rather (one

and the same) the writer-producer's, Pollyannish appeal for peaceful coexistence; and the hypocritical stigmatization, since somebody has to be the bad guy, of the corporate money-grubber — anybody, to be more particular, besides those altruists at Happy Madison Productions and Sony Pictures. Just as Sandler's accent could seem a

sufficient comic base, John Turturro might seem an adequate comic adversary as a Palestinian terrorist and fast-food entrepreneur, but this would be hard to verify on the laugh-meter. There are good-sized parts, too, for an all but unrecognizable grease-painted Rob Schneider, Lainie Kazan, Nick Swardson, and Emmanuelle

Chriqui as a Palestinian cutie-pie, and bitesized parts for Shelley Berman, Chris Rock, Kevin Nealon, Mariah Carey, and John McEnroe — and not enough laughs to go around even were they sliced into thin smiles. Directed by Dennis Dugan. 2008. • (HORTON PLAZA 14)

MOVIE SHOWTIMES

Mission Valley 7 7510 Hazard Center Drive (619-685-2841)

Bargain showtimes are in parentheses.

CENTRAL

CLAIREMONT

Town Square 14

ont Drive (858-274-1234) The Dark Knight (PG-13); Hancock (PG-13); Hellboy II: The Golden Army (PG-13); Jour-ney to the Center of the Earth (PG); Mamma Mia! (PG-13); The Mummy: Tomb of the Dragon Emperor (PG-13); Space Chimps (G); Step Brothers (R); Swing Vote (PG-13); WALL-E (G); The X-Files: I Want to Believe (PG-13)

DOWNTOWN

Gaslamp 15

701 Fifth Avenue (619-232-0400) Get Smart (Pg-13); Gonzo: The Life and Work of Dr. Hunter S. Thompson (R); Hancock (PG-13); Hellboy II: The Golden Army (PG-13); Kit Kittredge: An American Girl (G); The Mummy: Tomb of the Dragon Emperor (PG-13); Sex and the City (R); Space Chimps (G); WALL-E (G); The X-Files: I Want to Believe (PG-13)

Horton Plaza 14 Horton Plaza (619-444-FILM)

The Dark Knight (PG-13) Fri. (11:50, 12:20, 12:50, 1:20, 3:10, 3:40, 4:10, 4:40) 6:30, 7:00, 7:30, 8:00, 9:50, 10:20, 10:50 Sat.-Sun. (11:50, 12:20, 12:50, 1:20, 3:10, 3:40) 4:10, 4:40, 6:30, 7:00, 7:30, 8:00, 9:50, 10:20, 10:50; Indiana Jones and the Kingdom of the Crystal Skull (PG-13) Fri. (1:45, 4:30) 7:20, 10:05 Sat.-Sun. (1:45) 4:30, 7:20, 10:05; Iron Man (PG-13) Fri. (1:25, 4:15) 7:35, 10:25 Sat.-Sun. (1:25) 4:15, (12), 715), 705, 7012 ot the Center of the **Earth** (PG) Fri. (12:25, 2:40, 4:55) 7:10, 9:25 Sat.-Sun. (12:25, 2:40) 4:55, 7:10, 9:25; **Kung Fu Panda** (PG) Fri. (11:55, 2:35, 5:20) Sat.-Sun. (11:55, 2:35) 5:20; **Mamma Mia**! (PG-13) Fri. (1:00, 1:30, 3:30, 4:20) 6:45, 7:15, 9:20, 10:10 Sat.-Sun. (1:00, 1:30, 3:30) 4:20, 6:45, 7:15, 9:20, 10:10; Step Brothers (R) Fri. (12:00, 1:40, 2:30, 4:20, 5:00) 6:40, 7:45, 9:30, 10:30 Sat.-Sun. (12:00, 1:40, 2:30) 4:20, 5:00, 6:40, 7:45, 9:30, 10:30; Swing Vote (PG-13) Fri. (1:15, 4:05) 7:00, 9:45 Sat.-Sun. (1:15) 4:05, 7:00, 9:45; **Wanted** (R) Fri. (1:35, 4:15) 7:25, 10:00 Sat.-Sun. (1:35) 4:15, 7:25, 10:00; You Don't Mess with the Zohan (PG-13) Fri.-Sun. 7:55, 10:30

La Jolla 12 8657 Villa La Iolla Drive (858-558-2262)

The Dark Knight (PG-13) Fri.-Sat. (11:45) 12:30, 3:15, 4:00, 6:45, 7:30, 10:15, 11:00 Sun (11:45) 12:30, 3:15, 4:00, 6:45, 7:30, 10:10; **Get** Smart (Pg-13) Fri.-Sat. (10:50) 1:35, 4:15, 7:00, 9:45 Sun. 1:35, 4:15, 7:00, 9:45; Hancock (PG-13) Fri.-Sat. 12:15, 3:00, 5:45, 8:15, 10:55 Sun. 12:15, 2:45, 5:20, 7:40, 10:00; Hellboy II: The Golden Army (PG-13) Fri.-Sat. (10:35) 1:40, 4:35, 7:40, 10:35 Sun. 1:40, 4:35, 7:25, 10:20; Mamma Mia! (PG-13) Fri.-Sat. (11:00) 12:45, 1:45, 3:45, 4:30, 6:30, 7:15, 9:15, 10:00 Sun. (11:00) 1:05, 1:45, 3:45, 4:30, 6:30, 7:15, 9:15; The Mummy: Tomb of the Dragon Emperor (PG-13) Fri.-Sat. (10:45) 1:30, 4:45, 7:45, 10:45 Sun. (10:45) 1:30, 4:45, 7:45, 10:30; Step Brothers (R) Fri.-Sat. 12:05, 2:40, 5:15, 7:55, 10:30 Sun. 12:05, 2:40, 5:15, 7:55, 10:25; Swing Vote (PG-13) Fri.-Sun. (10:30) 1:20, 4:10, 7:05, 10:05; WALL-E (G); The X-Files: I Want to Believe (PG-13) Fri.-Sat. 12:00, 2:35, 5:20, 8:00, 10:40 Sun. 12:00, 2:35, 5:10, 7:50, 10:15

La Jolla Village

8879 Villa La Jolla Drive (619-819-0236) Brideshead Revisited (PG-13) Fri. 2:00, 5:00, 8:00 Sat.-Sun. 11:00, 2:00, 5:00, 8:00; **Mongol** (R) Fri. 2:20, 5:15, 8:15 Sat.-Sun. 11:10, 2:20, 5:15, 8:15; **The Stone Angel** (R) Fri. 2:10, 4:50, 7:30, 10:00 Sat.-Sun. 11:30, 2:10, 4:50, 7:30, 10:00; **Tell No One** (NR) Fri. 2:30, 5:30, 8:30 Sat.-Sun. 11:20, 2:30, 5:30, 8:30

MIRA MESA

Mira Mesa 18 10733 Westview Parkwav (800-326-3264) Call theater for program information

MISSION HILLS

Cinema Under the Stars ch Street (619-295-4221) Dog Day Afternoon (R); Touch of Evil (PG-13)

MISSION VALLEY

Fashion Valley 18

7037 Friars Road (858-558-2262) The Dark Knight; Get Smart; Hancock; Hellboy II: The Golden Army; Journey to the Center of the Earth; Mamma Mia!; The Mummy: Tomb of the Dragon Emperor; Space Chimps; Step Brothers; Swing Vote; WALL-E; The X-Files: I Want to Believe



The Mummy: Tomb of the Dragon Emperor (Pg-13) (10:45 1:30) 4:30 7:30 10:30; The Dark Knight (Pg-13) ((10:30 12:30 2:00 3:45) 5:15 7:00 8:30 10:15; Mamma Mia (Pg-13) (10:15 12:45 3:15) 5:45 8:15 10:45; **Step Brothers** (R) (10:30 1:00 3:30) 6:00 8:30 10:45; **Journey to** the Center of the Farth (PG) (10:00 12:15 2:45) 5:00 7:15 9:45; The X-Files: I Want to Believe (PG 13) ((10:00 12:30 3:00) 5:30 8:00

Mission Valley 20

1640 Camino Del Rio North (858-558-2262) The Dark Knight, Get Smart; Hancock Hellboy II: The Golden Army; Journey to the Center of the Earth; Kung Fu Panda Mamma Mia!; The Mummy: Tomb of the Dragon Emperor; Sex and the City; Step Brothers; Swing Vote; WALL-E; Wanted; The X-Files: I Want to Believe

STATE UNIVERSITY

Ken

4061 Adams Avenue (619-819-0236) The Last Mistress (Not Rated)

UPTOWN

Hillcrest Cinemas

3965 Fifth Avenue (619-819-0236) Baghead (R) Fri. 2:10, 4:55, 7:40, 9:45 Sat.-Sun. 11:30, 2:10, 4:55, 7:40, 9:45; Brideshead Revisited (PG-13) Fri.-Sun. 1:00, 4:00, 7:00, 10:00; **Bustin' Down the Door** (Not Rated) Fri. 2:00, 4:45, 7:30, 9:50 Sat.-Sun. 11:20, 2:00, 4:45, 7:30, 9:50; **Tell No One** (NR) Fri. 1:40, 4:25, 7:10, 10:05 Sat.-Sun. 11:00, 1:40, 4:25, 7:10, 10:05; The Wackness (R) Fri. 1:50, 4:35 7:20, 9:40 Sat.-Sun. 11:10, 1:50, 4:35, 7:20, 9:40

Reuben H. Fleet Science Center 1875 El Prado, Balboa Park (619-238-1233) Bugs! (Not Rated) Fri. 7:00p.m.; Grand Canyon Adventure: River at Risk (NR) Fri. 11:00, 3:00 Sat.-Sun. 11:00, 3:00, 7:00; Mummies: Secrets of the Pharaohs (NR) Fri. 12:00, 2:00, 4:00, 8:00 Sat.-Sun. 10:00, 12:00, 2:00, 4:00, 6:00, 8:00; Sea Monsters: A Prehistoric Adventure (No Rating) Fri. 5:00, 9:00 Sat.-Sun, 1:00, 5:00; Yellowstone (Not Rated) Fri. 6:00p.m.

EAST COUNTY **EL CAJON**

Parkway Plaza 18

Parkway Plaza 18 405 Parkway Plaza (619-401-3456) The Dark Knight (PG-13) Fri. (10:00, 12:20, 12:40, 1:30, 3:40, 4:05, 4:50) 6:55, 7:20, 7:40, 8:10, 10:15, 10:35, 10:55 Sat.-Sun. (10:00, 12:20, 12:40, 1:30, 3:40) 4:05, 4:50, 6:55, 7:20, 7:40, 8:10, 10:15, 10:35, 10:55; Get Smart (Pg-13) Fri.-Sun. 7:55, 10:45; Hancock (PG-13) Fri. (10:15, 12:45, 3:15, 5:45) 8:15, 10:50 Sat.-Sun. (10:15, 12:45, 3:15) 5:45, 8:15, 10:50; Hellboy II: The Golden Army (PG-13) Fri. (10:45, 1:35, 4:30) 7:15, 10:05 Sat.-Sun. (10:45, 1:35) 4:30, 7:15, 10:05; Journey to the Center of the Earth (PG) Fri. (12:35, 5:35) 8:05, 10:35 Sat.-Sun. (12:35, 3:05) 5:35 8:05, 10:35; **Kit Kittredge: An American Girl** (G) Fri.-Sun. (11:10, 1:35); **Kung Fu Panda** (PG) Fri.-Sun. (10:45, 1:10, 3:35); Mamma Mia! (PG-13) Fri. (11:35, 2:30, 4:40, 5:15) 7:25, 7:50, 10:10, 10:40 Sat.-Sun. (11:35, 2:30) 4:40, 5:15, 7:25, 7:50, 10:10, 10:40; **The** Mummy: Tomb of the Dragon Emperor (PG-13) Fri. (10:30, 11:00, 11:30, 1:20, 1:50, 2:20, 4:10, 4:40, 5:10) 7:00, 7:30, 8:00, 9:50, 10:20, 10:50 Sat.-Sun. (10:30, 11:00, 11:30, 1:20, 1:50, 2:20) 4:10, 4:40, 5:10, 7:00, 7:30, 8:00, 9:50, 10:20, 10:50; **Space Chimps** (G) Fri. (10:00, 12:15, 2:30, 4:45) Sat.-Sun. (10:00, 12:15, 2:30) 4:45; **Step Brothers** (R) Fri. (11:20, 11:50, 1:55, 2:20, 4:35, 5:00) 7:05, 7:35, 9:40, 10:20 Sat.-Sun. (11:20, 11:50, 1:55, 2:20) 4:35, 5:00, 7:05, 7:35, 9:40, 10:20; **Swing Vote** (PG-13) Fri. (10:40, 1:40, 4:25) 7:10, 10:00 Sat.-Sun. (10:40, 1:40) 4:25, 7:10, 10:00; WALL-E (G); The X-Files: I Want to Believe (PG-13) Fri (11:45, 2:25, 5:05) 7:45, 9:50. 10:25 Sat.-Sun. (11:45, 2:25) 5:05, 7:45, 9:50, 10:25

LA MESA

Grossmont Center 10

5500 Grossmont Center Drive (619-465-7100) The Dark Knight (PG-13); Hancock (PG-13); Hellboy II: The Golden Army (PG-13); Jour-ney to the Center of the Earth (PG); Mamma Mia! (PG-13); The Mummy: Tomb of the Dragon Emperor (PG-13); Space Chimps (G); Step Brothers (R); Swing Vote (PG-13); The X-Files: I Want to Believe (PG-13)

RANCHO SAN DIEGO

Rancho San Diego 15 2951 Iamacha Road (800-326-3264) The Dark Knight (PG-13) Fri. 7:00, 7:30, 8:00, (10:00) 10:20, (10:30) 10:50, (11:00) 11:20. (1:20, 1:50, 4:40) 3:50 Sat.-Sun. (10:00, 10:30, 11:00, 1:20, 1:50) 3:50, 4:40, 7:00, 7:30, 8:00, 10:20, 10:50, 11:20; Get Smart (Pg-13) Fri. Sun. 6:45, 9:40; Hancock (PG-13) Fri. (10:55, 1:55, 4:55) 7:35, 10:05 Sat.-Sun. (10:55, 1:55) 4:55, 7:35, 10:05; Hellboy II: The Golden Army (PG-13) Fri. (10:20, 1:40, 4:45) 7:45, 10:55 Sat.-Sun. (10:20, 1:40) 4:45, 7:45, 10:55; **Journey to the Center of the Earth** (PG) Fri. (10:50, 2:05, 4:35) 7:05, 9:55 Sat.-Sun. (10:50, 2:05) 4:35, 7:05, 9:55; **Mamma Mia!** (PG-13) Fri.-Sun. (10:10, 12:45, 3:55) 7:10, 9:50; **The** Mummy: Tomb of the Dragon Emperor (PG-13) Fri. (10:15, 10:45, 11:15, 1:00, 1:30, 2:00, 4:00, 4:30, 5:00) 6:50, 7:20, 7:50, 9:45, 10:30, 11:00 Sat.-Sun. (10:15, 10:45, 11:15, 1:00, 1:30, 2:00) 4:00, 4:30, 5:00, 6:50, 7:20, 7:50, 9:45, 10:30, 11:00; **Step Brothers** (R) Fri. (10:40, 11:10, 1:45, 2:10, 4:10, 4:50) 7:40, 8:10, 10:10, 10:40 Sat.-Sun. (10:40, 11:10, 1:45, 2:10) 4:10, 4:50, 7:40, 8:10, 10:10, 10:40; Swing Vote (PG-13) Fri. (10:05, 1:10, 4:20) 7:25, 10:25 Sat.-Sun. (10:05, 1:10) 4:20, 7:25, 10:25; WALL-E (G); The X-Files: I Want to Believe (PG-13) Fri. (10:25, 1:05, 4:05) 8:05, 10:45 Sat.-Sun. (10:25, 1:05) 4:05, 8:05, 10:45

SANTEE

Santee Drive In 10990 Woodside Avenue (619-448-7447) The Dark Knight (PG-13) Fri.-Sun.; Hellboy II: The Golden Army (PG-13) Fri.-Sun.; Journey to the Center of the Earth (PG) Fri.-Sun.; The Mummy: Tomb of the Dragon Emperor (PG-13) Fri.-Sun.

SOUTH BAY CHULA VISTA

Chula Vista 10

Broadway between H and I (619-338-4214)



The Mummy: Tomb of the Dragon Emperor (Pg-13) (10:15 11:15 1:00 2:00 4:00)



LA JOLLA

8:00 10:00 10:45; The Dark Knight (Pg-13) (10:00 11:00 1:15 2:15) 4:30 5:30 7:45 9:00 11:00; **Step Brothers** (R) (10:15 12:45 3:15) 5:45 8:15 10:45; The X-Files: I Want to Be-lieve (PG 13) (10:00 12:30 3:00) 5:30 8:00 10:30; Space Chimps (G) (10:30 12:30 2:30) 4:45 7:15 9:30; Swing Vote (Pg-13) (10:45 1:30) 4:15 7:15 10:15; **Hancock** (PG-13) (10:00 12:15 2:45) 5:15 7:30 10:15 *No 10:00 Sat 8/1 & Sun 8/2; Journey to the Center of the Earth (PG) (10:30 1:00 3:30) 6:00 8:15 10:30; Sushi Pack (G) 10:30 am Sat.-Sun. only

Otay Ranch 12 *Eastlake Parkway at Olympic (858-558-2262)* **The Dark Knight** (PG-13) Fri.-Sun. (10:30) 12:00, 1:10, 3:30, 4:30, 6:50, 8:30, 9:15, 10:15; Hancock (PG-13) Fri.-Sun. 1:45, 4:05, 6:30, 9:00; Hellboy II: The Golden Army (PG-13) Fri - Sat 12:20, 7:20, 10:05 Sun 12:35, 7:20 10:05; Journey to the Center of the Earth (PG) Fri.-Sun. (11:35) 1:55, 4:25, 6:55; Mamma Mia! (PG-13) Fri.-Sun. (11:40) 2:20, 5:10, 7:45, 10:20; **The Mummy: Tomb of the Dragon Emperor** (PG-13) Fri.-Sun. (10:30, 11:20) 1:20, 2:15, 4:10, 5:05, 7:00, 8:00, 9:50, 10:40; **Space Chimps** (G) Fri.-Sun. 3:00, 5:15; Step Brothers (R) Fri.-Sat. (11:50) 2:25, 5:00, 7:30, 10:00 Sun. (11:35) 2:25, 5:00, 7:30, 10:00; Swing Vote (PG-13) Fri.-Sun. (10:35) 1:30, 7:10, 9:55; WALL-E (G); The X-Files: I Want to Believe (PG-13) Fri.-Sat. (11:25) 2:05, 4:45, 7:15, 9:45 Sun. 2:05, 4:45, 7:15, 9:45

Palm Promenade 24

770 Dennery Road (858-558-2262) Call theater for program information

Rancho Del Rey 16

East H Street (619-216-4707) The Dark Knight (PG-13) Fri. (11:00, 12:00, 1:30, 2:30, 3:30, 4:50, 5:55) 7:10, 8:20, 9:15, 10:30 Sat.-Sun. 4:50, 7:10, 8:20, 9:15, 10:30 (11:00, 12:00, 1:30, 2:30, 3:30, 5:55); Hancock (PG-13) Fri.-Sun. (12:15, 2:40, 5:05) 8:10, 10:35; Hellboy II: The Golden Army (PG-13) Fri.-Sun. 7:25, 10:10; Journey to the Center of the Earth (PG) Fri.-Sun. (11:35, 2:00, 4:25) 7:15, 9:50; Kit Kittredge: An American Girl (G) Fri.-Sun. (11:40, 2:10, 4:30); Mamma Mial (PG-13) Fri.-Sun. (11:25, 2:05, 4:45) 7:30, 10:05; The Mummy: Tomb of the Dragon Emperor (PG-13) Fri.-Sun. (11:15, 11:50, 1:00, 1:55, 2:35, 3:40, 4:35, 5:15) 6:45, 7:20, 8:00, 9:30, 10:00, 10:40; Space Chimp (G) Fri.-Sun. (11:30, 1:40, 4:15); Step Brothers (R) Fri.-Sun. (11:10, 11:55, 1:35, 2:25, 4:10, 5:10) 7:00, 7:50, 9:25, 10:15; Swing Vote (PG-13) Fri.-Sun. (11:05, 1:50, 4:40) 7:35, 10:20; WALL-E; Wanted (R) Fri.-Sun. 7:05, 9:55; The X-Files: I Want to Believe (PG-13) Fri.-Sun. (11:00, 11:45, 2:30, 5:00) 7:45, 10:25

IMPERIAL BEACH

South Bay Drive-In

2170 Coronado Avenue (619-423-2727) Call theater for program information

NATIONAL CITY

Plaza Bonita 14 3030 Plaza Bonita Road (858-558-2262) The Dark Knight (PG-13); Hancock (PG-13); Hellboy II: The Golden Army (PG-13); Journey to the Center of the Earth (PG); Mamma Mia! (PG-13); The Mummy: Tomb of the Dragon Emperor (PG-13); Space Chimps (G); Step Brothers (R); Swing Vote (PG-13); WALL-E (G); Wanted (R); The X-Files: I Want to Believe (PG-13)

NORTH INLAND

CARMEL MOUNTAIN

Carmel Mountain 14 11620 Carmel Mountain Road (858-674-9770) The Dark Knight (PG-13); Hancock (PG-13); Journey to the Center of the Earth (PG); Kit Kittredge: An American Girl (G); Kung Fu Panda (PG); Mamma Mia! (PG-13); The

Mummy: Tomb of the Dragon Emperor (PG-13); Space Chimps (G); Step Brothers (R); Swing Vote (PG-13); WALL-E (G); The X-Files: I Want to Believe (PG-13)

ESCONDIDO

Escondido 16 350 W. Valley Parkway (760-291-0119) Call theater for program information

FALLBROOK

River Village 6 5256 S. Mission Road (760-945-8784)



The Mummy: Tomb of the Dragon Emperor (Pg-13) (11:00 1:45) 4:30 7:15 10:00; Swing

Vote (Pg-13) (11:15 2:00) 4:45 7:30 10:15; The Dark Knight (PG-13) (12:15 3:45) 7:00 10:15; The X-Files: I Want to Believe (PG 13) (12:30 3:00) 5:30 8:00 10:30; Step Brothers (R) (12:45 3:15) 5:45 8:15 10:45; Journey to the Center of the Earth (PG) (12:00 2:30) 5:15 7:45 10:00; Sushi Pack (G) 10:30 am Sat.-Sun

POWAY Powav 10

only

13475 Poway Road (858-646-9423)



The Mummy: Tomb of the Dragon Emperor (Pg-13) (10:15 1:00 4:00) 7:00 10:00; Swing Vote (Pg-13) (10:45 1:45) 4:45 7:30 10:15; The Dark Knight (Pg-13) (10:30 12:30 2:00 3:45) 5:15 7:15 8:30 10:30: The X-Files: I Want to Believe (PG 13) (12:15 2:45) 5:15 7:45 10:15 Step Brothers (R) (10:15 12:45 3:15) 5:45 8:15

10:45; Space Chimps (G) (10:00 12:00 2:30) 5:00 7:15 9:30; Mamma Mia (Pg-13) (10:00 12:30 3:00) 5:30 8:00 10:30; Journey to the Center of the Earth (PG) (10:30 1:00 3:30) 6:00 8:15 10:30; WALL-E (G) (11:00 1:30) 4:15 7:00 9:45; Sushi Pack (G) 10:30 am Sat.-Sun. only

SAN MARCOS

San Marcos 18 1180 West San Marcos Boulevard at Old California Walk (760-471-3711) Call theater for program information

VISTA

Vista Village Highway 78 at Vista Village Drive (760-945-7469) **The Dark Knight** (PG-13) Fri.-Sat. (9:45, 11:20, 12:15, 1:05, 2:55, 3:40, 4:25) 6:15, 7:00, 7:45, 9:40, 10:25, 11:10 Sun. (9:45, 11:20, 12:15, 1:05, 2:55, 3:40, 4:25) 6:15, 7:00, 7:45 9:40, 10:25; Hancock (PG-13) Fri.-Sun. (10:15, 12:30, 3:00, 5:20) 7:40, 9:50; Hellboy II: The Golden Army (PG-13) Fri.-Sun. (11:30, 2:20, 5:15) 8:00, 10:45; Journey to the Center of the Earth (PG) Fri.-Sun. (10:00, 12:20, 2:45, 5:10) 7:30, 9:50; Mamma Mia! (PG-13) Fri.

Sun. (11:05, 1:45, 4:25) 7:05, 9:45; The Mummy: Tomb of the Dragon Emperor (PG-13) Fri.-Sun. (10:20, 11:00, 11:40, 1:05, 1:45, 2:25, 3:50, 4:30, 5:10) 6:40, 7:15, 7:50, 9:20, 10:00, 10:40; **Space Chimps** (G) Fri.-Sun. (11:00, 1:10); **Step Brothers** (R) Fri.-Sun. (10:05, 12:20, 2:40, 3:20, 5:05, 5:45) 7:35, 8:10, 10:00, 10:40; **Swing Vote** (PG-13) Fri.-Sun. (11:05, 1:50, 4:35) 7:20, 10:10; **WALL-E** (G); The X-Files: I Want to Believe (PG-13) Fri. Sun. (11:15, 1:50, 4:30) 7:10, 9:45

NORTH COASTAL CARLSBAD

Plaza Camino Real

The Dark Knight (PG-13) Fri.-Sun. (9:45, 12:55, 4:05) 7:15, 10:20; **Mamma Mia**! (PG-13) Fri.-Sun. (10:10, 12:35, 3:10) 5:40,

385 Marron Road (760-729-7469)

Flower Hill 4 2630 Via de la Valle (858-646-9425) ULTRA Tar C1-N-1-M-4-5

PURE

Swing Vote (Pg-13) (10:30 1:30) 4:15 7:00 10:00; The Dark Knight (Pg-13) (12:15 4:00) 7:30 10:45; Mamma Mia (Pg-13) ((10:00 12:30 3:00) 5:30 8:00 10:30; X-Files: I Want to Believe (PG 13) (10:15 12:45 3:15) 5:45 8:15

ENCINITAS

DEL MAR

(858-646-9420)

Del Mar Highlands 8 El Camino Real at Del Mar Heights Road

ULTRA Ttar

C1-N-1-M-A-5

PURE

The Mummy: Tomb of the Dragon Emperor

(Pg-13) (10:30 11:15 1:30 2:15) 4:15 5:15 7:00 8:00 9:45 10:45; The Dark Knight (Pg-13)

(10:00 12:15 1:15 3:45) 4:30 7:15 8:15 10:30; Step Brothers (R) (10:30 1:00 3:30) 6:00 8:30

10:45; Space Chimps (G) (10:00 12:00 2:30) 5:00 7:30 9:30; Journey to the Center of the

Earth (PG) (10:15 12:45 3:15) 5:30 7:45 10:15; WALL-E (G) (10:00 12:30 3:00) 5:30 8:00

10:30; Sushi Pack (G) 10:30 am Sat.-Sun. only

La Paloma 471 South Coast Highway 101 (760-436-SHOW) Bustin' Down the Door (Not Rated) Fri. 7:00, 9:15 Sat.-Sun. (4:00) 7:00, 9:15

LA COSTA

La Costa 6 6941 El Camino Real (at Aviara/Alga) (760-599-8221)



The Mummy: Tomb of the Dragon Emperor (Pg-13) (10:00 1:00 4:00) 7:00 10:00; The Dark Knight (Pg-13) (10:00 1:15) 4:30 7:45 11:00; Space Chimps (G) (11:00 1:15 3:30) 5:15 7:30 9:45; Mamma Mia (Pg-13) (10:15 12:45 3:15) 5:45 8:15 10:45; Journey to the Center of the Earth (PG) (10:15 12:30 2:45) 5:00 7:15 9:30; WALL-E (G) (10:00 12:30 3:00) 5:30 8:00 10:30

OCEANSIDE

Mission Marketplace 13 College Boulevard and Mission Avenue (760-806-1790)



The Mummy: Tomb of the Dragon Emperor (Pg-13) (10:15 11:15 1:15 2:15 4:00) 5:00 7:00 8:00 10:00 10:45; Swing Vote (Pg-13) (11:00 2:00) 4:45 7:30 10:30; **The Dark Knight** (Pg-13) (10:00 11:00 1:15 2:15) 4:30 5:30 7:00 7:45 9:00 10:15 11:00; Space Chimps (G) (10:15 12:15 2:30) 5:00; Mamma Mia (Pg-13) (10:15 12:45 3:15) 5:45 8:15 10:45; The X-Files: I Want to Believe (PG 13) (10:00 10:45 12:30 1:30 3:00) 4:15 5:30 7:15 8:00 9:45 10:30; **Step Brothers** (R) (10:30 11:30 1:00 2:00 3:30) 4:30 6:00 7:15 8:15 10:00 10:45; Hellboy II: The Golden Army (PG-13) (10:45 1:45) 4:45 7:45 10:45 *No 10:45 am Sat 8/2 & Sun 8/3; Journey to the Center of the Earth (PG) (10:00 12:15 2:45) 5:15 7:45 10:15

Oceanside 16

401 Mission Avenue (760-439-1733) Call theater for program information

"...THE FUNNIEST FILM I'VE SEEN THIS YEAR **R** "

JOHN C. REILLY <u>annan</u> 5 WILL They grow up so fast. COUMBLA PICTURES PRESENTS IN ASSOCIATION WITH RELATIVITY MEDIA. AN APATOM COMPANY/MOSAIC MEDIA GROUP/GARY SANCHEZ PRODUCTION A FILM BY ADAM MCKAY. 'STEP BROTHERS' Aichard Jenkins Mary Steenburgen adam scott kathryn hahn supervision sy hal willner ^{mus}by Jon Brion. _Producter will ferrell adam McKay. 'Step Brothers' Story Will Ferrell & Adam McKay & John C. Reilli scheenpley Will Ferrell & Adam McKay. Produced Junior By Jimmy Miller. Judd Apatow. Directer Adam McKay. RESTRICTED COLUMBIA R CRUDE AND SEXUAL CONTENT AND PERVASIV **NOW PLAYING** CHECK LOCAL LISTINGS FOR THEATERS AND SHOWTIMES

SORRY. NO PASSES ACCEPTED FOR THIS ENGAGEMENT

Tonight belongs to...



The PHANTOM of the OPERA

Broadway's most haunting love story

TONIGHT AT 7:30 • FRI AT 8 • SAT AT 2 & 8 • SUN 1 & 6:30 NOW THRU AUGUST 10!

\$40/\$25/\$15 RUSH Tonight's Perf 5-6:30pm/Cash Only



Calendar Theater

THEATER LISTINGS

Theater listings and commentary are by Jeff Smith. Information is accurate according to material given us, but it is always wise to phone the theater for any last-minute changes and to inquire about ticket availability. Many theaters offer discounts to students, senior citizens, and the military. Ask at the box office.

Alice: A Wonder-Full New Musical

New rock musical, by Lamb's Players regular Jon Lorenz, based on Lewis Carroll's classic, "filled with exuberant dances, infectious tunes, and startling imagery." 619-588-0206 or 800-696-1929. EAST COUNTY PERFORMING ARTS CEN-

TER, 210 EAST MAIN STREET. EL CA-JON. THURSDAYS, 7:30 P.M. FRIDAYS, 7:30 P.M. SATURDAYS, 7:30 P.M. SUN-DAYS, 2 P.M. THROUGH AUGUST 10.

All's Well That Ends Well

Most of Shakespeare's romantic comedies begin with an arranged marriage: the female's father chooses for her. But what if the golden slipper were on the other foot? What if the woman — Helena in *All's Well* — were free to name her mate with the King's blessing? And what if her intended — rich young Bertram — flat refuses enforced wedlock and would rather go to war than marry beneath his station? In effect, Shakespeare takes a social given of the time and dumps it on its ear. Helena persists; Bertram flees (and becomes a lying womanizer); then she really persists. At the Old Globe, director Darko Tresnjak relocates the play in Victorian times, which allows Linda Cho to dress the cast in cold, formal charcoals, the soldiers in bright red and black. Tresnjak counters the stiff-upper-lip surface with bawdy touches, including a frontal view of Michelangelo's Goliath-sized statue David upstage (and upstaging all below). As Bertram and Helena, Graham Hamilton and Kimberly Parker Greene are adequate. The fun's in the secondary roles: Jim Winker's crotchety King ("wrapped in dismal thinkings"), Kandis Chappell, Charles Janasz, and music-voiced Celeste Ciulla. Bruce Turk is special as Parolles who, like Helena, becomes a threat to the male-dominated social order. Over the years, audiences and critics have had a "problem" with the play. But I never have. It's perplexities are much more lifelike than most of the happy-enders (how many weddings have you attended where people whisper, "Give it six months" and are being optimistic?). All may be well that ends well, but at the ending of All's Well, Helena and Bertram have only just

begun. <u>Worth a try.</u>

VOTIN A LTY. OLD GLOBE THEATRE, 1363 OLD GLOBE WAY, BALBOA PARK. 619-234-5623. THURSDAYS, 8 P.M. FRIDAYS, 8 P.M. SATURDAYS, 8 P.M. SUNDAYS, 8 P.M. TUESDAYS, 8 P.M. WEDNESDAYS, 8 P.M. THROUGH SEPTEMBER 28.

Altar Boyz

The Welk Resort Theatre presents the musical comedy spoof about a fictitious Christian boy-band on the last night of their national "Raise the Praise" tour. Nick De-Gruccio directed.

WELK RESORT THEATRE, 8860 LAWRENCE WELK DRIVE, ESCONDIDO. 888-802-7469. THURSDAYS, 1:45 AND 8 P.M. FRIDAYS, 8 P.M. SATURDAYS, 1:45 AND 8 P.M. SUNDAYS, 1:45 P.M. TUESDAYS, 1:45 AND 8 P.M. THROUGH SEPTEMBER 14.

Boomers

Lamb's Players Theatre reprises one of its most popular shows. In this salute to the Baby Boom generation, when a guy sings a snippet from "Big Girls Don't Cry" a woman counters with "It's My Party and I'll Cry If I Want To," as if Leslie Gore wrote the song in response to the Four Seasons. Now in its fourth — fifth? — version, Boomers has grown a great deal since it premiered in 1993. It's added social dimensions (the original was mostly about middle-class whites), more period details, and a much better understanding of one's later years (gained from experience: authors Kerry Meads and Vanda Eggington are now 15 years older). Ostensibly the piece is a lecture about the generation from 1946 to 1964. A deliberately, sometimes annoyingly, crotchety Jim Chovik recalls major events and provides statistics, from JFK to Kent State (but leaves out Jackson State!), from hippies to yuppies, marriage to divorce, and beyond. Themes from TV commercials and shows zip past, medleys of parts of songs cluster around a theme (Vietnam, relationships), and the evening unfolds like a game of "name that tune" in fast-forward. Boomers in the audience gulp "oh's" of recognition when a musical-fragment triggers memories. One could wish that, at least once or twice, the company would do a whole song (let Anise Ritchie's



Aretha-strong voice do all of "Respect"; or Keith Jefferson all of "I Heard It Through the Grapevine"). One could also wish that the characters weren't so one-note (Bill Doyle's hippie must express the same Owsley-marinated perplexity at least ten times). But the performances overall are quite good, as are Meads's direction and the fourpiece backup band. You won't learn why the pump don't work or how good brown sugar can taste, but if you're of a certain era, Boomers will time-machine you back in a lively manner. Worth a try. HORTON GRAND THEATRE, 444 FOURTH

AVENUE, DOWNTOWN. 619-234-9583. THURSDAYS, 7:30 P.M. FRIDAYS, 4 AND 8 P.M. SATURDAYS, 4 AND 8 P.M. SUN-DAYS, 2 P.M. WEDNESDAYS, 7:30 P.M. THROUGH AUGUST 31.

Cadillacs of Comedy

Carlsbad Village Theater hosts the comedy group that vows to "take the funny business from crass to class in 4.7 seconds." CARLSBAD VILLAGE THEATRE 2808 STATE STREET, CARLSBAD. 760-434 5944, FRIDAYS, 8 P.M. SATURDAYS, 8 P.M. OPEN-ENDED RUN.

The Fritz Blitz: **Best of the Blitz**

For 15 years, the Fritz Theatre has staged the largest festival of new plays on the West Coast. Each year 50 to 75 local actors perform 10 to 12 new scripts. The results have varied, but there've always been gems and discoveries. This year the Fritz concludes the Blitz ("This is it. Quittin' time. The end. Probably...") with the greatest hits of the last 15 years, including works by Pema Teeter, Ruff Yeager, Tim West, Tom Swimm, plus Kevin Armento's popular Bets and Blue Notes and Craig Abernethy's inventive State of the Art. Each receives a full production, guided by some of San Diego's finest directors. For a list of specific plays, days, and times call 619-544-1000 or go online at fritztheatre.com

Worth a try.

LYCEUM THEATRE, 79 HORTON PLAZA. DOWNTOWN. THURSDAYS, 8 P.M. FRI-DAYS. 8 P.M. SATURDAYS. 8 P.M. SUN-DAYS, 3 P.M. THROUGH AUGUST 24.

Helen

The face that launched 1000 ships didn't? Homer got it wrong? Holy Iliad, Batman! In 412 BCE, Euripides punctured Greece's greatest mythological balloon: Helen never

ESISTIBLE

-San Diego Reader

TIMES

"A THRILLING TRIP DOWN MEMORY LANE!"

"IT'S LIVELY. IT'S FUNNY AND IT COULD RUN FOREVER!"

husband Menelaus hid her in a cave to wait out the war (for which she was merely a scapegoat, not the cause). When the play begins, tragedy looms: Helen, the most hated person on earth, is in Egypt at the tomb of Proteus. She's been a "virtuous wife" but now fears that her husband's dead, and King Theoclymenus wants to marry her, or else. Somehow - and only an iconoclast like Euripides could swing it — the play turns from tragedy to a reasonably happy ending (for a fascinating history of the Helen myth, see Bettany Hughes's Helen of Troy: Goddess, Princess, Whore). The Theatre, Inc., is staging the play in a crisp new translation by Marianne McDonald and J. Michael Walton. The production isn't always equal to the text's seriocomic mood swings, however. It flits and starts in non sequiturs. Plus, sound's a problem throughout, from recorded speeches that blur the words to Brian Abraham's mumbling as Theoclymenus and especially as Teucer. Douglas Lay's Menelaus, in modern garb (and a Greek sailor's cap), adds energy, and the lively chorus (Bianca Chapman, Vanessa Milton, and Melissa Hamilton) performs choreographed moves (uncredited) that add richness and urgency. Robin Christ has an affinity for Greek drama's most tragic women. She proves it once again as Helen, tormented, cursed ("a name can be many places at once, but not a body"), and, in this play at least,

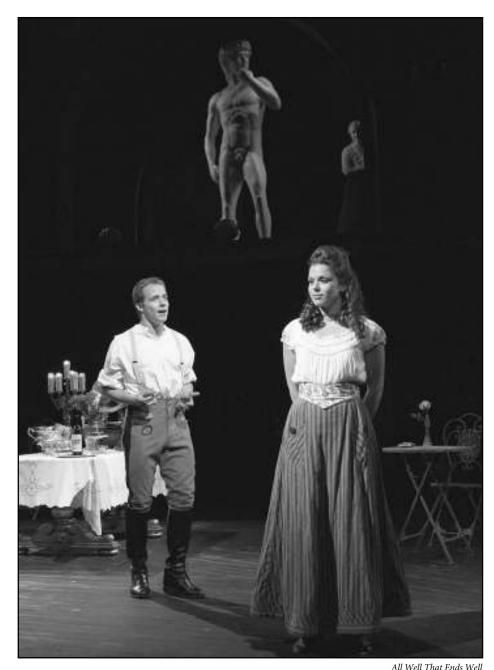
went to Troy, he contends. Her

finally set free. Worth a try.

SWEDENBORG HALL, 1531 TYLER AV-ENUE, UNIVERSITY HEIGHTS, THURS-DAYS, 8 P.M. FRIDAYS, 8 P.M. SATUR-DAYS, 8 P.M. SUNDAYS, 2 P.M. THROUGH AUGUST 3.

Madagascar

"A secret has an answer," says a character in J.T. Rogers's drama, adding that a mystery remains a mystery. The analogy's false, since mysteries have solutions, but it works for Madagascar, which moves forward and backward, raveling and unraveling at the same time. A man has vanished. For much of Act One you don't know who, only that a good percentage of people who choose to disappear are successful. In Act Two the mystery becomes: Why did he leave? Like a poison, the solution(s) to the mystery infect those left be-



hind. The play's set in a strippeddown hotel room in Rome, above the Piazza di Spagna. It takes place today, as Nathan confesses; and three days ago, as young June dares to remember; and five years ago, as June's mother Lillian builds a wall of denial and stands perplexed behind it. Like Chinatown, the play's title becomes a geographical locale and the site of metaphorical jazzer-

In the Gaslamp's

intimate gem of a theatre,

through the greatest hits

and memorable events

seven multi-talented performers

and San Diego's hottest band take you on a terrific ride

of the baby boom decades!

comfortable.

cise. The North Coast Rep's offering a capably done staging, for the most part. Marty Burnett's creamy yellow-gold hotel room walls peel like a sunburn, and M. Scott Grabau's lighting expertly frames faces. Though they could put more variety in their deliveries, the cast performs admirably: Rosina Reynolds (in a curly blond wig), stately and fracturing as Lillian;

spond emotionally to the situations. This has a rational, distancing effect. For people who require "structures" and "grids" (the playwright's words) of order, Madagascar may frustrate. But the play has some terrific writing, and the conundrum is such that, were an easy solution given, it would frustrate even more.

Worth a try.

NORTH COAST REPERTORY THEATRE 987-D LOMAS SANTA FE DRIVE, SOLANA BEACH. 858-481-1055. THURSDAYS. 8 P.M. FRIDAYS, 8 P.M. SATURDAYS, 8 P.M. SUNDAYS, 2 P.M. THROUGH AU-GUST 3.

The Merry Wives of Windsor

Shakespeare on short notice: legend has it that Queen Elizabeth wanted a play featuring Falstaff in love. The Bard had, the legend says, two weeks to write the five-act comedy. The script takes longer than his others to get going. And once it does, it's mostly setups and punch lines. Shakespeare used a fascinating shortcut, however: he didn't have time to develop characters, so he gave them distinct voices and turned the stage into a Babel of warped idioms. For the Old Globe, director Paul Mullins reset the play in the Old West. Ralph Funicello's versatile, stained-wood set becomes a dusty street, a dance-hall saloon, and a moonlit forest (okay, the relocation doesn't work 100 percent). Denitsa Bliznakova's multilayered costumes make the transition from buckram to buckskin with ease. If the production has a concept, it would be "Merry Wives is goofy. We're honoring that. Enjoy." Mullins's large cast communicates the fun of doing one farcical lick after another. As Falstaff, Eric Hoffman's opening night was, at best, okay. Hoffman pushed for emotional breadth almost to the point of straining his voice (plus, Falstaff relishes language as much as he does capons; Hoffman gave his words more utilitarian deliveries). Some individuals shine. Katie MacNichol and Celeste Ciulla, as the merry mistresses Ford and Page, bookend the show with schemes and class (a favorite bit: at one point they adopt a 19th-Century melodramatic style and frolic with histrionics). White hair down to his shoulders, Ionathan Mc-Murtry looks like Wild Bill Hickock, until he draws his six-shooters and terrorizes the town. Wynn

Celebrate 60!!! TURNING 60 in 2008? Come at HALF PRICE. Must show ID when picking up tickets Not combined with other discounts.

Frank Corrado, humble, guizzical Nathan: Christy Yael's June, an ocean of subtexts. In some ways, how the playwright weaves clues and red herrings (and admonishes his audience to heed every one: "You're not paying attention!") becomes as, if not more, interesting than the characters' upended expectations, since he forces you to listen to every word rather than re-

the musical revue of a generation

HortonGrandTheatre.com • 619.437 0600

Horton Grand Theatre

Now Selling thru Sept 28

by Kerry Meads and Vanda Eggington

444 Fourth Ave, in San Diego's Gaslamp Quarter

San Diego Reader July 31, 2008

ž



Harmon's Caius, a French doctor in an aqua jacket, malaprops amusingly. Deborah Taylor, Charles Janasz, and Sloan Grenz enhance scenes. And Bruce Turk, as Frank Ford, turns a minor character into a Falstaff-sized, green-eyed dupe. <u>Worth a try.</u> OLD GLOBE THEATRE, 1363 OLD GLOBE

OLD GLOBE THEATRE, 1363 OLD GLOBE WAY, BALBOA PARK. 619-234-5623. THURSDAYS, 8 P.M. FRIDAYS, 8 P.M. SATURDAYS, 8 P.M. SUNDAYS, 8 P.M. TUESDAYS, 8 P.M. WEDNESDAYS, 8 P.M. THROUGH SEPTEMBER 28.

The Music Man

American Rose Theatre stages Meredith Willson's popular musical about trouble a-brewing in River City. Jeremy Lapp directed. Amy Paige choreographed. KIT CARSON PARK, 3333 BEAR VALLEY PARKWAY, ESCONDIDO. THURSDAYS, 8 P.M. FRIDAYS, 8 P.M. SATURDAYS, 8 P.M. THROUGH AUGUST 2.

National Comedy Theatre

Improvisational comedy, making up funny stuff on the spot, is difficult enough. Years ago, however, Keith Johnstone thought it'd be more exciting if done competitively. He got the idea from pro wrestling ("where Terrible Turks mangled defrocked priests while grannies waved their handbags") National Comedy Theatre, an offshoot of Johnstone's TheatreSports (artistic director Gary Kramer says the two compare like "rugby and American football"), resembles an athletic event more than an improv. Teams wear uniforms and compete on ActroTurf. Using suggestions from the audience, they play "Emotional Sympathy," "Blind Line," and "Freeze Tag," with judges awarding points to the best scenes. Klunkers and groaners get booed; quick wit rewarded (one of the most refreshing parts of the contest: people acknowledge failure, abundantly, then forget it). It makes for a lively, often funny evening. And Gary Kramer is one talented comedian. Worth a try.

MARQUIS THEATER, 3717 INDIA STREET, MISSION HILLS. 619-295-4999. FRIDAYS, 7:30 AND 9:45 P.M. SATURDAYS, 7:30 AND 9:45 P.M. OPEN ENDED RUN.

No Sex Please, We're British

PowPac, Poway's community theater, presents the British farce about newlyweds inundated with Scandinavian pornography. Raylene J. Wall directed. POWPAC, POWAY'S COMMUNITY THE-ATER, 13250 POWAY ROAD, POWAY. 858-679-8085. FRIDAYS, 8 P.M. SATUR-DAYS, 8 P.M. SUNDAYS, 2 P.M. THROUGH AUGUST 10.

Paradise

For five performances only, as part of its festival of plays "that explore and confront the human spirit," Compass Theatre stages Glen O'Malley's drama about the Israeli-Palestinian conflict as seen through the eyes of children. Alice Cash directed.

COMPASS THEATER, 3704 SIXTH AV-ENUE, HILLCREST. 619-688-9210. THURSDAYS, 8 P.M. FRIDAYS, 8 P.M. SATURDAYS, 8 P.M. SUNDAYS, 7 P.M. THROUGH AUGUST 3.

The Phantom of the Opera

Andrew Lloyd Webber's musical combines echoes of Puccini and Meyerbeer with, on occasion, thumping, discolike drums, which could be one reason why the critical vanguard, in 1986, took such offense. The huge, spectacle-rich musical was trying, and in their eyes failing, to be opera. Phantom found its niche and audience, however, as a populist opera, still running after all these years, and still adored (hope, if you see it, that the people next to you — impervious to heated "shushes" and "would you please!"-es - don't crow the entire score from memory). Although the famous falling chandelier makes, at best, a blithe glissando down to the stage, the current touring show hasn't skimped on production values. Massive sets fly and wheel in, and the 36-person cast always sports opulent finery. Richard Todd Adams, as the half-masked Phantom, and Greg Mills, as romantic lead Raoul, boast booming voices (Adams has the vulnerability and nuances that made Michael Crawford's original so popular). And Marni Raab, who plays Christine, sings with crystal clarity and force (there are times, as during "Wishing You Were Here Again," when you're certain she's giving 100 percent, then she doubles it). At the Civic, the production resembles opera in one respect: if you're

DON'T MISS THE BOAT THIS SUMMER!



seated from the middle on back, the tinny sound system blurs words, the louder the blurrier and it's like watching an opera in a foreign language.

<u>Worth a try.</u>

SAN DIEGO CIVIC THEATRE, 1100 THIRD AVENUE, DOWNTOWN. 858-570-1100. THURSDAYS, 7:30 P.M. FRIDAYS, 7:30 P.M. SATURDAYS, 2 AND 8 P.M. SUN-DAYS, 1 AND 6:30 P.M. WEDNESDAYS, 7 P.M. THROUGH AUGUST 10.

The Pleasure of His Company

If you don't look too closely, this drawing room comedy's a bauble and, though talky, somewhat entertaining. After abandoning his wife and daughter in 1943, Biddleford "Pogo" Poole has come back to San Francisco for his daughter's wedding - to talk her out of it and take her on the road to adventure. The play's so undemanding you'd be surprised that the authors (Samuel Taylor and Cornelia Otis Skinner) wrote the script for Hitchcock's Vertigo. Nonetheless, it's hard to overlook emotional gaps (why would a daughter who's only received three letters from him in 15 years romanticize her absent father?); a slanted opposition between leaden, stay-at-home

Phillistines and hit-the-road cultured elites; and a male lead running not toward adventure but away from adulthood. In 1958, when the play premiered, Pogo would have scored points for daring. Today he's exhibit A for the "Peter Pan Syndrome," a spoiled brat who wants not his daughter but another Wendy. The Old Globe's production has more reasons for skipping than seeing it. Two of the latter: elegant Patrick Page almost succeeds in sweeping Pogo's foibles under the rug (at opening-night curtain, those who stood applauded his performance), and Alexander Dodge's set, the ma-jestic living room of a Victorian mansion. Nine-foot windows overlook the Golden Gate Bridge. Intricate polished molding makes the entire room look sculpted. Best of show: in Act One, York Kennedy's lighting crafts an incrementally roseate sunset. OLD GLOBE THEATRE, 1363 OLD GLOBE WAY, BALBOA PARK. 619-234-5623. THURSDAYS, 8 P.M. FRIDAYS, 8 P.M. SATURDAYS, 2 AND 8 P.M. SUNDAYS, 2 AND 7 P.M. TUESDAYS, 7 P.M. WEDNES

Pretty Fire

Lamb's Players stages Charlayne Woodard's coming-of-age story "of family, faith, and a young girl's delight in finding her true gift." Kerry Meads directed. LAMB'S PLAYERS THEATRE, 1142 OR-ANGE AVENUE, CORONADO. 619-437-0600. FRIDAYS, 8 P.M. SATURDAYS, 4 AND 8 P.M. SUNDAYS, 2 P.M. TUES-DAYS, 7:30 P.M. WEDNESDAYS, 7:30

DAYS, 7 P.M. THROUGH AUGUST 10.

P.M. THROUGH SEPTEMBER 7.

Helen

The Receptionist

Cygnet Theatre opens its sixth season with the West Coast premiere of Adam Bock's dark comedy about Beverly. She's kept her office domain shipshape. Then handsome Mr. Dart arrives. Sean Murray directed.

CYGNET THEATRE — ROLANDO, 6663 EL CAJON BOULEVARD, SUITE N, COL-LEGE AREA. 619-337-1525. SATUR-DAYS, 8 P.M. SUNDAYS, 2 AND 7 P.M. WEDNESDAYS, 8 P.M. THROUGH AU-GUST 31.

Resilience of the Spirit

Compass Theatre's second annual festival includes 15 plays about "discovery, confirmation, recovery, and celebration." For plays, days, and times, call the theater at 619-688-9210 or visit the website: *www.compasstheatre.com.* COMPASS THEATER, 3704 SIXTH AV-ENUE, HILLCREST. SUNDAYS, 8 P.M. THROUGH AUGUST 3.

Rio Can Be Murder

Mystery Cafe presents an interactive dinner-theater show onboard the *William D. Evans* sternwheeler. It's the first carnival celebration in Rio de Janeiro after WWII. Everyone's masked, including the evil villain. 619-544-1600. BAHIA RESORT HOTEL, 998 WEST MIS-SION BAY DRIVE, MISSION BEACH. 858-488-0551. THURSDAYS, 6:30 P.M. WEDNESDAYS, 6:30 P.M. THROUGH AU-GUST 28.

Romeo and Juliet

For the Old Globe, director Richard Seer wisely sets Shakespeare's tragedy in its time. Romeo and Juliet lived when a land-based economy was still the norm. Vows, like marriages and one's social station, were permanent, and their love was absolute. Anna R. Oliver's costumes include the slashed fronts and sleeves of the period. Iron gates and stained-glass windows dominate Ralph Funicello's stained-wood set. And York Kennedy's splendid lighting finds that mystical source, somewhere above and to the side, that illumines the works of Tintoretto and Caravaggio: amid darkness the lovers glow. Stage pictures resemble paintings. Some echo each other, as when Juliet's hand reaches down for Romeo, from the balcony and from the tomb. But Seer breaks the picture frame, so to speak, when Romeo and Juliet address speeches to the audience. If the choice was meant to endear them to us, they don't need it (I can't think of anyone audiences could care more about). And including us in their private thoughts breaks their tragic isolation. The night I caught the show, Graham Hamilton — and the production overall - settled in about a third of the way through. At first Hamilton dashed off his poetry as if it were prose. Later he hit his accents and began to mean what Romeo meant. Heather Wood not only expresses Juliet's youth and intelligence, she has a naturally melodic voice that only rings false when she tries to add melody to it. The production offers strong visuals, and the story, as so often in Shakespeare, works on elemental levels. But the second half's a mite stately and restrained. It honors the Bard but could improve if it unleashed the tragedy's opera-like impulses. Romeo and Juliet runs in repertory with The Merry Wives of Windsor and All's Well That Ends Well. Call the theater for days and times of each.

Worth a try.

OLD GLOBE THEATRE, 1363 OLD GLOBE WAY, BALBOA PARK. 619-234-5623. THURSDAYS, 8 P.M. FRIDAYS, 8 P.M. SATURDAYS, 8 P.M. SUNDAYS, 8 P.M. TUESDAYS, 8 P.M. WEDNESDAYS, 8 P.M. THROUGH SEPTEMBER 28.

Sailor's Song

New Village Arts is restaging its popular production, which earned director Kristianne Kurner the San Diego Critics Circle's Craig Noel Award for best direction in 2007. Rich never found a "breakthrough cause" that would put him "on the other side, with the people who know they're alive." Rarely in theater has someone so confused been so eloquent. And that goes for all of



22 San Diego *Reader* July 31, 2008

Rio Can Be Murder

Wednesdays & Thursdays ' Cruise aboard the W.D. Evans at the Bahia,

enjoy a fabulous meal and be part of Carnaval!! Sail at 7:15 - \$60 incl. dinner, tax & gratuity

Enjoy a Fabulous Meal, Cruise Around Mission Bay, Solve a Mystery, Be Part of the Show & Laugh Yourself Silly!

www.MysteryCafe.net



John Patrick Shanley's characters in his 90-minute "watercolor." Everyone makes summary statements about life and the need to make fundamental choices (take the bird in the hand; forget the two in the bush). The play thinks its ideas for you. Rich goes back, in memory, to a time when he should have chosen between two women ("choose one, even the mad one," his uncle urged, "and let the other go"). But Rich preferred to suspend the moment just prior. The New Village Arts's excellent production makes mystical what the play renders explicit. Before a wall of stars, actors waltz to Strauss's "Blue Danube", a rowboat actually rows across the set, a Dance of Death unfolds to Otis Redding's immortal "Try a Little Tenderness." Director Kristianne Kurner and choreographers Robin Christ and Kathy Meyer create the fluid dreamscapes everyone tells Rich to avoid. Amanda Sitton

and Amanda Morrow charm as the sisters Lucy and Joan, the former "normal," she says, the latter a spirit medium. Morrow gets the best line. When Lucy pleads her case for Rich's love, she says that just because Joan "can see around a corner once in a while doesn't make her sane." (Note: the new version has two cast changes — Joshua Everett Johnson now plays Rich and Manny Fernandes plays gruff, sagacious Uncle John.) <u>Worth a try.</u>

NEW VILLAGE ARTS THEATRE, 2787 B STATE STREET, CARLSBAD. 760-433-3245. SATURDAYS, 3 AND 8 P.M. SUN-DAYS. 2 P.M. THROUGH AUGUST 24.

Shivaree

OnStage Playhouse presents William Mastrosimone's drama about a sheltered hemophiliac and his neighbor, an itinerant belly dancer. Teri Brown directed. ONSTAGE PLAYHOUSE, 291 THIRD AV- ENUE, CHULA VISTA. 619-422-7787. THURSDAYS, 8 P.M. FRIDAYS, 8 P.M. SATURDAYS, 8 P.M. SUNDAYS, 2 P.M. THROUGH AUGUST 9.

A Streetcar Named Desire The best parts of Ion Theatre's staging are external. Tim Boyce's sound design includes a titanic streetcar booming behind the audience and clanging to beat the band. Music from New Orleans' Latin Quarter - circa late 1940s spices scenes and interludes. The flavor of the post-WWII Big Easy hovers over the Kowalski residence at 632 Elysian Fields. What happened inside the house, on opening night, was half-realized. Part of the problem: the set's so severely cramped there's little room for even single-file movement and none for Stanley's epic tirades (the cast behaved as if working with the set - and the props - for the first time), and the three-hour-fifteenminute evening felt even longer. The style also varied. Director Claudio Raygoza uses expressionistic effects, including a choral flashing of lightbulbs and an impressive opening, where music brings the dead back to life. But these choices are inconsistent with the scenes themselves, which receive a traditional, realistic treatment. Of the large cast, only Brian Mackey had his character (Mitch, the mama's boy) down. The rest had scratched the surface but hadn't found the depths. Monique Gaffney's Blanche DuBois has enough inner strength for ten Blanches; she needs more "moth"-like (Tennessee Williams's word) fragility, and a much looser grasp of reality: flighty, like a whirling balloon, running out of air. Matt Scott stresses Stanley's manic side, and does it well, but misses his vulnerability almost completely. Scott is either strident, or more strident. Sara Beth Morgan's Stella goes the other way: she's passive, just Stanley's enabler, and could hit Stella's active notes harder. Ion Theatre has gained a reputation for mounting tough-tostage classics effectively. Their Streetcar misses that mark. ION THEATRE COMPANY, 4580-B AL-VARADO CANYON ROAD, GRANTVILLE. 619-374-6894. FRIDAYS, 8 P.M. SATUR DAYS, 8 P.M. SUNDAYS, 7 P.M. THROUGH AUGUST 10.

tick...tick...BOOM! We're in a garage, and Jonathan's reached a "pre-midlife crisis": he's about to turn 30 (in 1990). Are his



2008 SHAKESPEARE FESTIVAL

NOW - September 28 (in repertory) in the Lowell Davies Festival Theatre, our beautiful outdoor stage located in the heart of Balboa Park.





"CRITIC'S CHOICE. A saddlebag of laughs, fun and appealing!" SAN DIEGO UNION-TRIBUNE

THE MERRY WIVES OF WINDSOR Directed by Paul Mullins

The world's greatest love story. San Diego's most romantic theatre venue.

ROMEO AND JULIET Directed by Richard Seer

"CRITIC'S CHOICE.

Winsome fun! All's Well Indeed at the Globe! " SAN DIEGO UNION-TRIBUNE

ALL'S WELL THAT ENDS WELL Directed by Darko Tresnjak

"FUNNY AND ENTERTAINING!" SAN DIEGO UNION-TRIBUNE
"Tresnjak captures lightning in a bottle once again!" NORTH COUNTY TIMES

> THE **Pleasure** his company NOW PLAYING!

> > THE PLEASURE OF HIS COMPANY NOW - AUGUST 10

> > > By Samuel Taylor, with Cornelia Otis Skinner Directed by Darko Tresnjak Old Globe Theatre

A long-lost playboy father turns up unexpectedly to attend his daughter's wedding, throwing the entire household into disarray.

ASKABOUT OUR \$29 TICKETS (619) 23-GLOBE (234-5623) www.TheOldGlobe.org | GROUP SALES: (619) 231-1941 x2408 San Diego Reader July 31, 2008

12





dreams of a groundbreaking career in musical theater just fantasies he should abandon? His clock's ticking. A tragic aura hovers over Stone Soup Theatre's vibrant, minimalist show. "Jonathan" is the late Jonathan Larson, creator of Rent, and the musical details his strug-

Actors Alliance Of San Diego 2650 Truxtum Road, Suite 203

v.americanrosetheatre.com

American Rose Theatre

Arts Tix 28 Horton Plaza, Downtown (619) 497-5000

Beacon Theatre (760) 724-8218

vw.sandiegoperforms.com Asian American Repertory Theatre (888) 568-2278

858-243-4349

Arts Tix

Liberty Station (619) 224-3600 www.actorsalliance.com

, ericanrep.org

neatresd com

590 Palm Canyon Dr., Borrego Springs (760) 767-4275 www.bspac.us

California Center For The Arts

760) 839-4100 www.artcenter.org

Carlsbad Village Theatre

ww.carlsbadvillagetheatre.com

Centro Cultural De La Raza

caltheater of

(858) 570-1100 www.sdcivic.org

ww.centerstageplayers.com

Clairemont Community Players Holmes Elementary 4902 Mt. Ararat, Clairemont (858) 560-5114

(619) 688-9210 www.sixthatpenn.com

adoplavhouse con

Cygnet Theatre Company 6663 El Cajon Blvd., Ste. N, College Area (619) 337-1525 www.cygnettheatre.com

Cean View Blvd., Southeast

onary.org

w.ecnac.com

www.eveoke.org

www.fernstreetcircus.org

vactorstheatre.com

Community Actors Theatre 2957 54th St., State College

2004 Park Blvd., Balboa Pa (619) 235-6135 www.cen

CCT Musical Theater 1545 Pioneer Way, El Cajon (619) 588-0206

Center Stage Players (619) 750-5402

(760) 729-0089

Civic Theatre

(619) 264-3391

Compass Theatre 3704 6th Ave., Hillcrest

Copley Symphony Hall

(619) 235-0804 www.sandiegosymphony.com

Coronado Playhouse

1835 Strand Way, Coro (619) 435-4856

CYT Theater For Kids

1545 Pioneer Way, El Cajon

(619) 588-0206 www.cyt.com

Diversionary Theatre 4545 Park Blvd., Normal Heights (619) 220-0097 www.diversiona

East County Performing Arts Center

) E. Main St., El Caion

Educational Cultural

weoke Dance Theatre

The Fault Line Theatre

Grossmont College Stagehouse Theatre, El Cajon (619) 644-7234

Horton Grand Theatre 444 Fourth Ave., Downtown

(619) 234-9583

http://grossmont.gcccd.cc.ca.us/ The Hispanic Arts Theatre Of San Diego

Fern Street Circus

e., Hillcres

(619) 692-3382 www.faultlineprod.com

The Fritz Theatre (619) 233-7505 www.fritztheatre.com

H.I.T. Productions Dinner Theater

Shirley's Kitchen, 7868 El Cajon Blvd. La Mesa (619) 561-8673 (619) 561-8673 www.dinnertheater.net

mplex Theater

(619) 440-2277

(619) 527-5256

(619) 238-1153

2008

Reader July 31,

San Diego

124

Brd & B, Do

niereforkids.com

Borrego Springs Performing Arts Center

The Broadway Theatre

40 East Brodway, Vista 760) 806-7905 www.prei

gles prior to the breakthrough. As the show's 14 rock-based songs attest, Larson paid his dues in full (and died, of an aortic aneurysm, at age 35). Intense doubts wage war with the courage needed to trust his talent. Young Jim Chatham stars as Jonathan, giving vent to anxieties with a flexible voice and focused energy that never flags during the 90-minute show. Briona Daugherty and Eric Vest play multiple characters, from Larson's exiting girlfriend (loved their rational discussion/phone fight in "Therapy") to his financially successful roommate with three Gucci belts, Michael (Vest also scores as Larson's soft-spoken father). It feels strange, at first, to sit 15 feet away from performers wearing head mikes (especially a talented trio that obviously doesn't need them), but the garage-band concept works. Stone Soup's designers combine a work-in-progress look with surprisingly professional polish. 619-287-3065. Worth a try. TENTH AVENUE THEATRE, 930 TENTH

The Rehearsal Roon 1159 6th Ave., Downtov

San Diego Actors Theatre P O Box 880285 92168

14th and C Streets, Downtown (619) 230-2676 www.sdcity.edu

San Diego Junior Theatre

(619) 239-8355 www.juniorthea

San Diego Musical Theatre

Casa Del Prado Theatre, Balboa Park

(858) 268-4494 www.sdactorstheatre.net

San Diego City College Theater Saville Theatre

(619) 589-9963

(858) 560

www.SDMT.org

San Diego Opera

79 Horton Plaza, Dowr

1200 Third Ave., Downtown

(619) 232-7636 www.sdopera.com

San Diego Repertory Theatre

(619) 544-1000 www.sandiegorep

Performing Arts 2425 Dusk Dr., Paradise Hills (619) 470-0555 www.scpa.sandi.net

S.D. School Of Creative &

AVENUE, DOWNTOWN. THURSDAYS, 8 P.M. FRIDAYS, 8 P.M. SATURDAYS, 8 P.M. SUNDAYS, 7 P.M. THROUGH AU-GUST 17.

Where There's a Will... There's a Wake

Mystery Café Dinner Theatre presents James Pascarella and Will Roberson's interactive comedy, set in a 1920s speakeasy where suspicion shrouds every "gangster, game, and dame." Pascarella directed. MYSTERY CAFE, 505 KALMIA STREET,

BANKER'S HILL. 619-544-1664. FRI-DAYS, 8 P.M. SATURDAYS, 8 P.M. OPEN-ENDED RUN.

Yank!

Gays in the military — in World War II. David and Joseph Zellnik's musical begins today, in San Francisco. A young man finds a battered diary kept by a soldier named Stu. Amid torn and missing pages, the diary's heartfelt and sketchy. The young man wonders who Stu was and why he wrote some sections in code. In a flashback, the young man becomes Stu, and the musical moves from basic training, in WWII, to the Pacific front. Stu discovers his sexuality, falls for a solider named Mitch, and faces extreme consequences. Unlike Stars and Stripes, which was mostly propaganda and puff pieces, Yank! was a magazine written "by the servicemen, for the servicemen" and boasted a more realistic account of the war. The musical unfolds from Stars and Stripes optimism in Act One to unvarnished Yank! themes in Act Two. The book, especially the longish first act, could use a



tick...tick...BOOM!

panied by pianist Amy Dalton and percussionist Nathan Hubbard, they break into rousing WWII buddy numbers in Act One and more plaintive, torchlike songs in Act Two. The design's so simple screens, like upright trampolines, move and change locales - it's eloquent. There are no weak links in the ensemble, but two performances stand way out. Tom Zohar shines as Stu; he sings and dances with pizzazz and combines vulnerability with a quietly fierce courage. Decked out in Jennifer Brawn Gitting's stunning costumes and Missy Bradstreet's voluminous wigs, Amy Biedel plays a dozen women, sings wondrously (especially the haunting "Blue Twilight"), and alone is worth twice the price of admission. Critic's pick.

BOULEVARD, UNIVERSITY HEIGHTS. 619-220-0097. THURSDAYS, 7:30 P.M FRIDAYS, 8 P.M. SATURDAYS, 8 P.M. SUNDAYS, 2 AND 7 P.M. THROUGH AU-

"Best Dinner Theatre"

– San Diego Magazine

Where There's a Will... There's a Wake

We cordially invite you to pay your respects to our beloved Don Shoeleone.

Enjoy a Four-Course Meal, Solve a Mystery, Be Part of the Show & Laugh Yourself Silly!

The Imperial House Restaurant FRIDAYS & SATURDAYS 8 pm **Book a Private Party**



written & directed by James Pascarella

Inner Mission Productions (619) 245-4958 **Ion Theatre** (619) 374-6894 www.iontheatre.com **Iris Theater** 4580-B Alvarado Canyon Rd. (619) 271-4144 www.iristheater.org **Laguna Playhouse** 606 Laguna Canyon Rd., Laguna Beach (949) 497-2787

THEATER DIRECTORY

La Jolla Playhouse Mandell Weiss Center, UCSD (858) 550-1010 www.laiollaplayhouse.org La Jolla Stage Company

(858) 459-7773 www.thelajollastageco.org

Lamb's Players Theatre Paul and Ione Harter Stage 1142 Orange Ave., Coronado (619) 437-0600 www.lambsplayers.org Lamplighters Community Theatre

Ave., La Mes (619) 464-4598 plighterstheatre.org

Lyric Opera San Diego Stephen & Mary Birch North Park Theatre y Ave. (619) 239-8836 ww.lyricoperasandiego.org

Marie Hitchcock Puppet Theater Balboa Park (619) 685-5990

Mesa College Theatre Company 7250 Mesa College Dr., Clairemont (858) 627-2621

MiraCosta College Theatre One Barnard Dr., Oceanside (760) 795-6815 www.miracosta.edu Mira Mesa Theatre Guild

(858) 693-7328

Moonlight Stage Productions 651 E. Vista Way Vista (760) 724-2110 www.moonlightstage.com The Muse Theatre (619) 239-2894

Mystery Cafe The Imperial House Restaurant Îmia St., Hillcrest 505 Ka (619) 544-1664 www.mvstervcafe.net

National Comedy Theatre 3717 India St., Mission Hills (619) 295-4999

New Village Arts Theatre 2787 B State St., Carlsbad (760) 433-3245 www.NewVillageArts.org

North Park Vaudeville

The Old Globe Theatre

Old Town Theatre ., Old Town y theatreinoldtown com

Onstage Playhouse 291 Third Ave., Chula Vista (619) 422-7787 www.onstage.itgo.com

Patio Playhouse 201 E. Grand Ave., Escondido

w.patioplayhouse.com

Point Loma Nazarene University

(619) 849-2433 www.ptloma.edu

PowPAC, Poway's Community Theater 13250 Poway Rd., Poway (858) 679-8085 www.powpac.org Ramona MainStage Theatre 626 Main St., Ramona (760) 789-7008

w.nationalcomedy.com

North Coast Repertory Theatre 987-D Lomas Santa Fe Dr., Solana Beach (858) 481-1055 www.northcoastrep.org

31 El Cajon Blvd., North Park (619) 647-4958

Cassius Carter Centre Stage Lowell Davies Festival Theatre, Balboa Park (619) 23-GLOBE (234-5623) www.oldglobe.org

4040 Twiggs St., (619) 688-2494

Palomar College Theatre 1140 W. Mission Rd., San Marcos (760) 744-1150 x2453 www.palomar.edu

(760) 746-6669

Pine Hills Lodge 2960 La Posada Way, Julian (760) 765-1100 www.pinehillslodge.com

3900 Lomaland Dr., Point Loma

Poway Center For The Performing Arts 15498 Espola Rd., Poway (858) 748-0505 www.powayarts.org

San Diego State University Don Powell Theatr and Experimental Theater (619) 594-6884 http://theatre.sdsu.edu/ San Diego Theatresports 1531 Tyler, Hillcrest (619) 465-7469 www.improvise.net Scripps Ranch Theatre Pomerado Rd., Scripps Ranch

(858) 578-7728 anchtheatre.org San Diego Black Ensemble Theatre (619) 280-5650

Sledgehammer Theatre (619) 544-1484 www.sledge

Southwestern College 900 Otay Lakes Rd., Chula Vista (619) 482-6367 www.swc.cc.ca.us The Spreckels Theatre

121 Broadway, Dov (619) 235-9500 Star Theatre 402 North Coast Highway, Oceanside (760) 721-9983 www.startheater.org

Starlight Musical Theatre Starlight Bowl, Balboa Park (619) 544-7827 ww.starlighttheatre.org

Sullivan Players 1531 Tyler Ave., Hill (858) 274-1731 ... Hillcres

Sushi Perfor & Visual Art 320 Eleventh Ave., Downtown (619) 235-8466 www.sushiart.org Teatro Mascara Magica (619) 231-3586

vww.sandiegoreps.co Theatrx 155 East Grand Ave., Escondido (760) 735-2491 .theatrx.8m.con **Tonic Productions**

(619) 246-4853 www.tonicproductions.org **Truax Performing Arts Center**

400 Rancho Del Oro, ((760) 967-7918

University Of California San Diego UCSD Theater, Studio Theater Mandell Weiss Center (858) 534-4574 www-theatre.ucsd.edu

University Of San Diego 5998 Alcala Park, San Die (619) 260-7934 www.sandiego.edu

Vantage Theatre (619) 262-6162 http://home.san.rr.com/vantagetheatre

8860 Lawrence Welk Dr., Escondido (888) 802-7469 Welk Resort Theatre ww.welkresort.com/sandiego

The Wild Parrot Players Community Theatre Point Loma United Methodist Church 1984 Sunset Cliffs, Ocean Beach (619) 269-6946

Women's Repertory Theatre (619) 282-327

DIVERSIONARY THEATRE, 4545 PARK

GUST 17. www.iontheatre.com

ground that lulls result). But the

tight, flashy, and moving Diver-

sionary Theatre production is out-

standing. Director Igor Goldin has

shows in the precision of scenes, in

his choreography, and in the confi-

staged the musical before, and it

He lived so that others would not go barefoot. Services held every Fri. & Sat. at 8 PM.

NOW IN OUR 17th YEAR!

619-544-1600

www.MysteryCafe.net





HELP WANTED

PLACE ADS IN THE READER by calling619-235-8200, 8:30am to 5:00pm, Monday through Friday. Deadline: 5pm

ACTIVISM. Summer jobs with Environment California! Work to fight global warming.Eam \$10-\$15/hour.Full time and career positions available. Call Lee, 619-297-5512; www.jobsforthe environment. org.

org. ADMINISTRATIVE ASSISTANT. Start immediately. Must know Quickbooks and Excel. Must be detail oriented. Sends out Daily Invoices/Customer Service. Call Justin 888-224-2124 or Tommy 858-583-3508.

ADMINISTRATIVE ASSISTANT. Starting \$10/hour. Must be reliable, have computer knowledge, be a self-starter and a quick learner. Long term employment. Call, leave message, 858-577-0341. ADMINISTRATIVE/CLERICAL. Volt Services Group. Temporary. Temporary-to-Direct Hire, Direct Placement. Competitive wages, paid weekly. Paid holidays, vacation. Medical, dental, training, career management. www.jobs.voll. com. EOE. San Diego: 858-576-3140; email: clairemont@volt.com. Carlsbad: 760-729-8916; email carlsbad@volt.com. EI Cajon: 619-401-1524; email ecajon@ volt.com. San Marcos: 760-471-0800; email sanmarcos@volt.com. Scripps Ranch: 858-578-0920; email scrippsranch@volt.com.

scrippsranch@volt.com. ADMINISTRATIVE/PAYROLL ASSIS-TANT, temporary position. Pinkerton Government Services, one of the oldest names in security, is looking for a temporary Administrative/Payroll Assistant, to begin in August for up to 3 months, possibly longer. Process mail, answer phones, filing. Input scheduling/payroll data. Reconcile ail payroll entries and invoices. Track and schedule training classes for all offices. Prepare correspondence and reports. Will be required to apply for Secret Clearance. Requires nigh school diploma or GED, two years related experience, ability to pass background and drug screen, basic computer skills, keyboarding, Microsoft Office, Outlook; excellent written and verbal communication skills. Must be 18+ years of age. Apply online todayl Selected: Security Specialty, www.pinkertonjobs.com. EOE[MrFID/N.

ADMINISTRATIVE/RECEPTIONIST. Full time. Join the Volt Services Group family! Career-minded, serious professional, dedicated employee, solid work history. Volt Services is looking for experienced, highly professional, self motivated, dynamic individuals to work in Del Mar and surrounding communities. Professional

Machine Operators

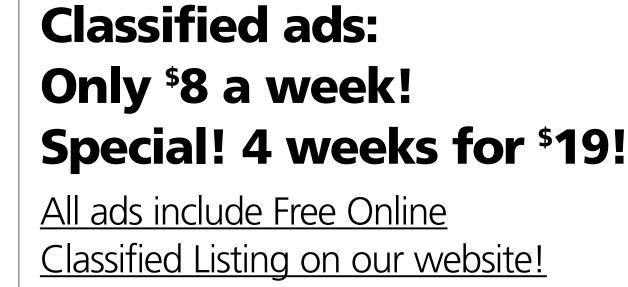
San <u>Diego</u>

Manufacturing

Production Line

Workers

Mail Sorters



Place your garage sale, music equipment/instruments, for sale, stage notes, automotive, sports, pet ads and more!

DEADLINE: 5 pm **TUESDAY**

PHONE: 619 235 8200 **WALK-IN:** 1703 India Street (at Date) Little Italy Rate applies to private parties. Other rates for roommates, rentals, employment and paid services.

interaction with visitors, new hires, HR staff, co-workers, management. Minimum 2-3 years administrative support experience, exceptional reliability, handle tasks with high level of detail, knowledge of MS Office and Internet. Clear communication skills, flexibility, multi-tasking, EOE. Carlsbad@volt.com. Volt Services Group, 1850 Marron Road, Suite 114, Carlsbad 92008. Fax: 760-720-7341. 760-729-8916.

North County

Buyer Planner

Test Technicians

Plastic Molding Machine

Assemblers

Specialist

Optimal Employment Service LLC.

8316 Clairemont Mesa Blvd. #204

San Diego = 858-277-5680

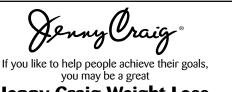
Immediate openings
Various shifts

Experience required
Come in or call now!

Quality Assurance (Manufacturing) AGENTS/FINANCIAL SERVICES wanted! Will train. Flexible hours, bilingual a plus. No experience required. Great opportunity to learn a valuable trade. Call now! 619-757-3300. ANIMAL CARETAKER. Part-time Pet Sit-

ANIMAL CARETAKER. Part-time Pet Sitter. Permanent. 7 days plus holidays. Split shift. Infrequent traveler, bonded, positive minded, ethical, prompt. Reliable car. 619-685-7979. APPOINTMENT SCHEDULER. \$15/hour plus borus. Appointment Setting business-tobusiness via phone, no selling. Part time only. Morning hours 7:30-11;30am, Miramar area. Paid training. Can earn up to \$20/hour. E-mail resume to employment@versacall. com or send resume to Scheduler, 7047 Carroll Road, San Diego, CA 92121. 858-677-6766.

APPOINTMENT SETTER. No selling! \$10/hour base pay. Earn up to \$20/hour! No experience needed. Just book appoint-



Jenny Craig Weight Loss Phone Consultant

at the corporate offices in Carlsbad. We offer full-time employment, training, benefits and company discounts.

> To apply, e-mail your résumé to: jobs@jennycraig.com or fax résumé to: 760-696-4608 Equal Opportunity Employer

ments. Money motivated, reliable people for Monday-Thursday, 9am-3pm shift; Fridays 9am-1pm and Saturdays 9am-12noon. Additional hours available. Gateway Marketing. San Diego: 619-697-5600. Escondido: 760-743-0050.

d, reliable people for n-3pm shift; Fridays g Barbitto, Fridays g Barbitto, Fridays and punctuation skills, knowledge of Microsoft Office, good handwriting and the ability to stand for long periods of time. Requires the ability to drive a van with automatic transmission. Must have good driving record. Candidates must pass a grammar, spelling, punctuation and typing test plus a background check. Please grammar, spelling, punctuation and typing test plus a background check. Please send resume to: Human Resources, DLA Piper US LLP, 401 B Street, Suite 1700, San Diego CA 92101 or e-mail to sandiegojobs@dlapiper.com.

APPOINTMENT SETTER. www.monarchiobs. com. Up to \$500-\$1000+ weekly! Paid weekly. AM/PM shifts. Full, part time. Medical, dental. Near Granvible trolley. Call today! Mission Valley: 619-516-4276.

APPOINTMENT SETTER and/or sales. Commission selling pre-need cremation and funeral. Will train. Flexible schedule. Insurance available. Call 866-437-8499.

APPOINTMENT SETTERS. Go Green! Pacific Home Remodeling is one of the fastest growing remodeling companies in Southern California, featured in G.E. Finance magazine as one of the premier remodeling companies in the U.S., as well as Top 500 Remodelers. We are hiring ambitious, motivated individuals to set appointtious, motivated individuals to set appointtious, motivated individuals to set appoint-

tious, motivated individuals to set appointments to promote energy-efficient products such as Magic Windows and Flex-On Exterior Coating—all products approved by the Department of Energy. Generous base plus commission: \$2500-\$3500/week! Training and ongoing support provided. Job security and advancement opportunities. Call to schedule an interview: 858-866-0183. 6861 Nancy Ridge Drive, Suite D, San Diego, CA 92121. www.pacifichomeremodeling.com/ Assemblers NeeDebD Hirre Factor. Nec-

ASSEMBLERS NEEDEDI Hire Factor. Necessary experience: SMT soldering, color codes component identification, read blueprint, resistor values. Call Cheryl at 619-325-1305.

ASSEMBLY/WAREHOUSE. Light Industrial. Immediate long-term and temporary positions. Full benefits available immediately. Call 858-292-8562, fax 858-292-0230, e-mail help@gostaff.com, apply online www.gostaff.com.

Assistant community Manager, Regents La Jolla. Assist community manager by providing quality living environment for residents. Flexible schedule. La Jolla. Full time. Days. Fax: 858-458-1408.





Deputy Probation Officer

Minimum Qualifications

21 years old • Good physical condition • No illicit drug usage
• U.S. citizen or in process of becoming a citizen
• No felony convictions • Bachelor's degree with experience

Salary – New: \$52,520-\$63,835 annually Safety Retirement-Sworn Officers 3% at age 50. Bilingual men/women encouraged to apply.

Test dates: August 23, 2008 or September 27, 2008

Qualified applicants will be notified by mail of the date, time and location of the test. All applications must be submitted no later than 15 days prior to the exam date. Applications received after the 15th day will be scheduled for the following exam. Applications can be accessed on-line from the Job/Current Recruitments section of the County website at:

http://www.sdcounty.ca.gov Jobline: 858-514-8558



Fundraising

A national Telemarketing firm with over 20 years in business, specializing in fundraising for the Democratic Party and charities, is currently hiring Telemarketers for its San Diego center.

- \$9/hour
- Paid training
- Performance bonuses
- Medical/dental
- 401(k)
- Full- and part-timeConvenient location
- GORDON MA <u>CHWENKMEYER INC.</u> TELEMARKETING

9620 Chesapeake Drive, Suite 108 San Diego, CA 92123-1369

Call for an interview: 858-496-2100

FAMOUS FORMER NEIGHBORS

by Jay Allen Sanford ©2008

281-0453. EOE. Apply weekdays, 9am-4pm: Stein Education Center, Attention: HR, 6145 Decena Drive, San Diego CA

crippsranch@volt.com.

atyourhometa 877-903-1089

scrippsranch@volt.com. CNA/CHHA. Beginners, experienced. Family Caregivers, Childcare, Home Care Aides, Drivers. Great payl New-hire bonus! Nonmedical, in-home help for se-niors, children, disabled. 12-and 24-hour shifts! Training. Flexible schedules, bene-fits, retirement, childcare. At Your Home Familycare. E-mail: homecarejobs@ atyourhomefamilycare.com. Toll free: 1-877-903-JOBS.

RT-903-0045.
CNA/CHHA. Beginners, experienced.
Family Caregivers, Childcare, Home Care
Aides, Drivers. Great payl New-hire
bonusl Nonmedical, in-home help for seniors, children, disabled. 12-and 24-hour
shifts! Training. Flexible schedules, benfits, retirement, childcare. At Your Home
Familycare. E-mail: homecarejobs@





7341. 760-729-8916.
COMMUNITY TRAINING Specialist/Job Coach. \$9.75/hour to start. Assist devel-opmentally disabled adults in the commu-nity. Behavioral and instructional programs. Implement schedules. 32.5 hours/week. Benefits. E-mail: steinjobs@ vistahill.org. Fax resume: 619-281-0453. Apply weekdays, 9am-4pm, Stein Educa-tion Center, Attention: HR, 6145 Decena Drive, San Diego CA 92120.
CONSTEUCTION Immediate Inpo.term

CONSTRUCTION. Immediate long-term and temporary positions. Labor, Carpen-ters, Drywallers, Maintenance Tech, Plumbers, Painters. Full benefits available immediately. Call 858-292-8562, fax 858-292-0230, e-mail help@gostaff.com, ap-ply online www.gostaff.com.

CONVENTION STAFFING Services Repre-sentative (PTO) for the award-winning San Diego Convention Center Corporation. To apply, visit our website's job board at www.visitsandiego.com. Appli-cants must be 18 years of age or older. Equal Opportunity Employer/Drug-free workplace

COOK: GRILL COOK for company cafete-ria. Fluent English required. 6am-2:30pm Monday-Friday. Benefits, paid holidays/sick time/vacation. Competitive pay DOE. Call Richard: 858-522-2723.

CORRECTIONAL DEPUTY PROBATION CORRECTIONAL DEPUTY PROBATION Officer I. County of San Diego Probation Department now hiring. Test Dates: Au-gust 2, 2008, 8am or September 6, 2008, 8am. Montgomery Middle School, 2470 Ulric Street, San Diego 92111. Must be 21 years, good physical condition, no illicit drug usage. U.S. citizen or becoming a citizen. Pass criminal/personal back-ground investigation. No felony convic-tions. High school diploma/GED. \$3.6, 2.75 - \$4.6, 3.00 / y e a r. www.sdcounty.ca gonydroptation_Johline. COUNSELOR/BEHAVIORAL COACH.



mediately in the Coronado, Point Loma and Downtown San Diego area. Must have valid CA driver's license and reliable transportation. Background check re-guired. Please call 760-294-8070.

CAREGIVERS/COMPANIONS. Minimum 1 year experience non-medical home care for seniors. Valid California Driver's License. Serving Santee/La Mesa/Del Cerro/San Carlos. Maureen, Visiting An-gels, 619-749-7525.

geis, 013-743-725. CAREGIVERS/COMPANIONS. Minimum 1 year experience non-medical home care for seniors. Valid California Driver's License. Serving Santee/La Mesa/Del Cerro/San Carlos. Maureen, Visiting An-gels, 619-749-7525.

BUILDING SERVICES Worker (C) for the

BUILDING SERVICES Worker (C) for the award-winning San Diego Convention Center Corporation. To apply, visit our website's job board at www. visitsandiego.com. Applicants must be 18 years of age or older. Equal Opportu-nity Employer/Drug-free workplace. BUYER PLANNER. Immediate North County openings. Experience required. Various shifts. Also hiring Quality Assur-ance (Manufacturing). Assemblers, Test Technicians and Plastic Molding Machine Specialist. Apply: Optimal Employment Service LLC, 8316 Clairemont Mesa Boulevard #204, San Diego 92111. 858-277-5680. CANVASSERS, Experienced door-to-

door. Earn big moneyl With top home im-provement company in San Diego. Guaranteed hourly, plus bonuses. Out-side with winning team. Call today 858-495-0551.

CANVASSING. Top home improvement company seeks 10 people with good cus-

tomer service skills. No selling. Call im-mediately, 858-974-0054. CAREGIVER, CNA, HHA live-ins and hourly. We need San Diego Countywide, immediate assignments. Full/part time. Call for interview. Avalon Home Care Inc., 760-730-3955.

CAREGIVERS. Home Instead Senior Care needs cheerful, dependable people to help seniors stay at home with our non-medical home care services. Competitive pay/training. Flexible hours. Great bene fits. Central/East Jobline: 619-433-6200 South Bay/Coastal: 858-277-3722

CAREGIVERS/CNAs/HHAs Immediate CAREWYERS/CHAS/HIAS Immediate openings: Hourly, Live-in, Nights. Cheer-ful Caregivers needed to assist seniors in-home. Minimum 1-year experience. Premium pay/bonuses/benefits, 24-hour office support. Age Advantage, 619-660-8881, 760-720-7272.

CAREGIVERS/COMPANIONS. Home care agency is looking for compassionate and experienced Caregivers to start im-

HELP WANTED

CAREGIVERS/COMPANIONS. Visiting Angels, America's Choice in Homeare. Now hiring compassionate, caring Care-givers/Companions. Requires minimum 1 year experience in non-medical home care for seniors and valid CA driver's li-cense. Serving Poway, Rancho Pe-nasquitos, Scripps Ranch and Mira Mesa areas. Call for an immediate interview: 858-775-1176.

858-775-1176. CAREGIVERS: LIVE-INS, 2, 3, 4 or 5 davs/week. \$120/day including sleep and

HOTEI

Truly the finest of San Diego Hotels, Rancho Valencia Resort and Spa is a year-round travel retreat from the conventional routines of everyday life. One of the premier luxury Southern California resorts, Rancho Valencia Resort, a golf, tennis and spa resort, was named One of the 100 Ultimate Escapes by Robb Report Luxury Resorts and Number 5 of the Top 50 Small Hotels by Zagat Survey.

We are looking for a Guest Services Agent with previous experience in a hotel Front Desk environment. A minimum of 1 year previous experience in Hotel Guest Services is required. The shift that is available is a full-time 2:45 pm shift. Strong computer and communication skills are needed and ability to work well under pressure is a must!

To apply, please send resumé (as a Word or PDF attachment) to: hr@ranchovalencia.com

Or apply in person at:

5921 Valencia Circle, Rancho Santa Fe, CA 92067 www.ranchovalencia.com • No phone calls, please

VALENCIA **RESORT & SPA** EOE/Drug-Free Workplace

RANCHO



Hire, and Direct Placement opportunities in these disciplines:

Administrative & Clerical

Light Industrial & More

- · competitive wages | paid weekly
- paid holidays and vacation medical and dental insurance plans • state-of-the-art training • career management

• referral bonus opportunities & more

Contact us today to explore your opportunities.

San Diego	858.576.3140 l	e-mail: clairemont@volt.com
Scripps Ranch	858.578.0920 l	e-mail: scrippsranch@volt.com
El Cajon	619.401.1524 l	e-mail: elcajon@volt.com
Carlsbad	760.729.8916 l	e-mail: carlsbad@volt.com
San Marcos	760.471.0800 l	e-mail: sanmarcos@volt.com



EOE / Volt Welcomes Diversity / ISO-9002 Certified / A Six Sigma Company / ©2004Volt Information Sciences, Inc. All rights reserved.

meal periods. Weekends and hourly: 4-hour, 8-hour and 12-hour shifts, AM/PM. Top pay, flexible shifts 24/7, 401(k), pro-duction bonus, rewards for good work. Requires valid driver's license, vehicle/in-surance, registration, one year of paid el-der caregiving experience, eligibility to work in the United States. \$50 Hiring Bonus after 90 days of employment CLEANING SERVICES—TEMPORARY Workers for great event in July at San Diego Convention Center Corporation. To apply, visit our website's job board at www.visitsandiego.com. Applicants must be 18 years of age or older. Equal Oppor-tunity Employer/Drug-free workplace. CLERCAL Volt Services Group. Also hir-ing Administrative positions. Temporary. Temporary-to-Direct Hire, Direct Place-ment. Competitive wages, paid weekly. Paid holidays, vacation. Medical, dental, training, career management. www. jobs.volt.com. EDE. San Diego: 858-576-3140; e-mail: clairemort@volt.com. Carls-bad: 760-729-8916; email carlsbad@volt. com. El Cajon: 619-401-1524; email elcajon@volt.com. San Marcos: 760-471-0800; email sammarcos@volt.com. Scripps Ranch: 858-578-0920; email scrippsranch@volt.com. CLEANING SERVICES-TEMPORARY Bonus after 90 days of employment. Comfort Keepers, 2006 Workplace Excel-lence Medallion Award SDSHRM, San Diego: 619-795-6036. San Marcos: 760-598-340

Sec-3400.
CARPET CLEANER TECHNICIANS. Stan-ley Steemer, San Diego's #1 carpet and upholstery cleaner, is hiring now, full or part time! No experience necessary! Full-time \$8-\$20/hour earning potential. Great benefits for full-time employees. Paid benefits for full-time employees. Paid training. Company fitness center and free breakfast every morning. Hurry, come in to apply and interview today! Human Re-sources, 9655 Via Excelencia, San Diego, CA 92126. (Exit Miramar Road West off I-15, turn right on Kearny Villa, right on Candida and head down the hill.) Ques-tions? 858-271-9986 x162. EOE. Drug-

CASHIER/TELLER. Local check cashing business looking for full/part time candi-dates, must have great Customer Service skills and possess strong cash handling experience. Bilingual/Spanish a plus. Will train Please fax resume to: 619-235-0513 or mail to: Human Resources, PO Box 12606, San Diego, CA, 92112.

CLASSROOM AIDES. Work with develop CLASSHOUM AUES. Work with develop-mentally disabled children in non-public school. Experience preferred. Allied Gar-dens, Chula Vista, La Mesa. Monday-Fri-day, 7:30am-1pm. \$9.75/hour to start. EOE. www.vistahill.org. Fax resume: 619-steinjobs@vistahill.org. Fax resume: 619-

> STANLEY STEEMER **NO EXPERIENCE REQUIRED! IMMEDIATE OPENINGS!** Stanley Steemer, San Diego's #1 carpet and upholstery cleaner, is looking for men and women to work full- or part-time as Carpet Cleaning Technicians.

Full-time \$8-\$20/hour earning potential. Great benefits for full-time employees. Paid training. Company fitness center and free breakfast every morning.

Don't miss this opportunity to join a respected and growing company! Hurry! Come in to apply and interview today!

Human Resources, 9655 Via Excelencia, San Diego, CA 92126 (Exit Miramar Road west off I-15. Turn right on Kearny Villa, right on Candida and head down the hill.) 858-271-9988, ext. 162

We are proud to be an Equal Opportunity Employer in a drug-free environment.

Special Education, Prevention Services and Treatment Programs

Applications/résumés are accepted Monday-Friday 9 am-4 pm.

Community Training Specialist/Job Coach • \$9.75/hr. to start, DOE To assist developmentally disabled adults in the community. Behavioral and instructional programs. Implement schedules. 32.5 hours/week. Benefits.

Transition Specialist • \$9.75/hr. to start, DOE Assist teachers in group- and community-based instruction for developmentally disabled adults. Implement behavioral management programs. 30 hours/week.

Classroom Aides • \$9.75/hr. to start, DOE Work with developmentally disabled children in a nonpublic school. Experience preferred. Allied Gardens, Chula Vista, La Mesa.

Monday-Friday 7:30 am-1 pm.

Stein Education Center, 6145 Decena Drive, San Diego, CA 92120 Fax: 619-281-0453, E-mail: steinjobs@vistahill.org All applications/résumés must include job title. www.vistahill.org EOE



San Diego Reader July 31, 2008 20





We offer the following advantages:

Business Opportunity / Personal Development

Who Is Raising Your Kids?



Our daughter will never see daycare. We are with her every day!

- We work 20 hours a week
- Travel the world with our mobile business
- Assist others in achieving financial freedom
- Generate a multiple 6-figure income

Sound too good to be true? Don't call.

800.631.9439 For more information, visit: www.swanlifestylecoop.com

SIX FIGURE OPPORTUNITY!

WELK RESORTS IN ESCONDIDO IS LOOKING FOR "SELF"-ISH PEOPLE!

"SELF"-ish people are: SELF Motivated, SELF Disciplined, SELF Aware, SELF Reliant, and SELF Directed.

If "SELF"-ish describes you, then you should join our professional vacation ownership Sales team!

In June, 33 Sales Agents made over \$10,000 7 made over \$15,000 3 made over \$20,000

These people did NO prospecting, NO advertising, NO traveling, and NO billing. The clients came to the resort and the agents had 4+ weeks of vacation.

> Call Tom Trobaugh at (760) 749-5082 or fax resume to (760) 749-5084 www.welkresorts.jobs EOE

(TBS), bilingual, part time, 30+ hours weekly, In home, work with risk youth and their families. Coach will provide Therapeutic interventions for behavior modification and teach behavioral skills in the home or in a residential facility. BA in Psychology, Social Work or related and experience with children required. Most hours will occur after school and evenings. Must be available 4 week nights and one weekend day. Benefits available. Fax resume to: 858-569-6201 or e-mail to: tbs@ mhsinc.org.

CUSTOMER SERVICE. A great job, up to \$500-\$1000+ weekly setting appointments! www.monarchjobs.com. Paid weekly. AM/PM shifts. Full, part time. Medical, dental. Near Grantville trolley. Call today, start today! Mission Valley: 619-516-4276.

CUSTOMER SERVICE. Setup and display. No experience necessary, we will train. College students welcome, scholarships available. Call for interview, 619-448-2294.

CUSTOMER SERVICE/DISPATCHER. ARS of San Diego is seeking a motivated multitasker with good communication and leadership skills for a fast-paced environment. Must be a team player with a minimum of 2 years Dispatcher experience. Fax resume: 858-677-5479; or apply in person: 9895 Olson Drive, Suite A, San Diego 92121. Drug-free work environment. License #791820.

DEPUTY PROBATION OFFICER. Now hiring! County of San Diego Probation Department. Test Date: September 27, 2008. Qualified applicants will be notified by mail of the time and location of the test. Applications must be submitted no later than 15 days prior to exam date. Qualifications: Bachelor's degree with experience. Must be 21 years, good physical condition, no illicit drug usage. U.S. citizen or in process of becoming a citizen. Pass crim nal/personal background investigation. No felony convictions. \$52,520-\$63,835/year. Safety Retirement-Sworn Officers 3% at age 50. Bilingual men/women encouraged to apply. Applications can be accessed online from the Job/Current Recruitment section of the County website at: www.sdcounty.cc.gov. Jobline: 858-514-8558.

Jobine: 88-514-8858. DEPUTY SHERIFF and Deputy Sheriff Detentions/Courts. San Diego County Sheriff's Department. Hiring for two types of positions: take one exam, apply for either or both! Exam Dates: Saturday, August 2, 2008, 7:30am arrival or Wednesday, August 6, 5:30pm: Sheriff Administrative Center, 9621 Ridgehaven Court, San Diego, CA 92123. Space is limited. Registration by email or phone is required prior to the lest at recruit@sdsheriff.org. Starting 8/2/08: applications must be completed Online at www.joinsdSHERIFF.net and the application printout brought to the test site. Applicants arriving without a completed application will be turned away. Detention/Courts: \$39,706-\$61,608 annual salary, plus benefits. 18-year-olds eligible to apply1 Deputy Sheriff: \$49,704 \$71,099 current annual salary, plus benefits. U.S. citizen or applied for citizenship; 20-1/2 years old. High school graduate or G.E.D. required. Valid California Driver's License prior to appointment. Effective oral and written communication in English. EOE. Additional test dates: 858

DIAMOND GRADER. 3-month paid training starts 9/2/08 (Carlsbad). Early applicants receive priority! Perform identification/diamond analysis, identify/document clarity grades. Adecco, 760-931-8192. E-mail resume, lisette.esquer@adeccona.com.

Ilisette.esquer@adeccona.com. DIETARY SUPERVISOR. Full time with benefits. Must speak fluent English. Must have Dietary Supervisor Certificate. Bilingual a plus. 7760 Parkway Drive, La Mesa. 619-469-0124 x12.

DISHWASHER needed: at oceanfront retirement community. Full time, hours/days vary. Benefits available. Must be eligible to work in the U.S. Apply in person: White Sands of La Jolla, 7450 Olivetas Avenue, La Jolla, or fax resume to 858-450-5298. DISPATCHER. 911 Emergency. Looking for a challenging career in Public Safety? San Diego County Sheriff's Department is testing August 16, 2008. Sign-up begins 6:30am. San Diego County Operations Center, entrance at corner of Complex Street and Topaz Way. San Diego (Kearny Mesa). First come, first served. Limited seating. Bring valid picture ID. Must be at least 18 years; be proficient in English; pass computer-based performance test; pass background and medical checks. No experience necessary. Entry Level, \$18.22/Hour. Lateral Entry, \$21.93 to \$26.66/hour. Medical, dental, yision, life insurance and retirement benefits. EOE. www.sd911.com. Jobline: 858-565-5564.

DISPATCHER/CUSTOMER SERVICE. ARS of San Diego is seeking a motivated multitasker with good communication and leadership skills for a fast-paced environment. Must be a team player with at least 2 years dispatcher experience. Fax resume: 858-677-5479; or apply in person: 9895 Olson Drive, Suite A, San Diego (92121). Drug-free work environment. License #791820.

DOG GROOMER for beautiful dog spa and boutique in Vista. Full/part time. Experience preferred or will train the right person. Simbah's Dog House, 760-758-7387

DRAIN CLEANERS/SERVICE TECHS with experience needed immediately! Rescue Rooter offers excellent pay, vans, tools, uniforms, year-round work and outstanding benefits: Medical/den tal, 401(k), paid vacations/overtime, drug-free workplace. To apply, e-mail: Imyking@asr.com or call: 858-457-6506; or apply in person: 9895 Olson Drive, San Diego 92121. License #765155, AA/EOE.

ARJECE. DRIVER. Tow truck. Full time. Experienced preferred but will train. South Bay area. Clean DMV. Background checks required. Salary plus commission and benefits. 619-543-8951. seveltow@aol. com

SAN DIEGO SHERIFF'S DEPARTMENT

Now Hiring!



THE REFLECTION OF SUCCESS

Exam Dates: August 2, 2008 – 7:30 am Arrival

or

August 6, 2008 – 5:30 pm Arrival

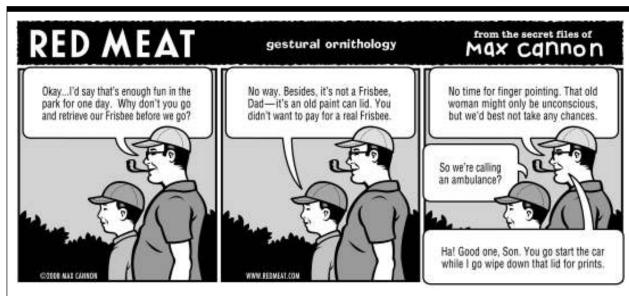
Starting 8/2/08, applications must be completed <u>online</u> at <u>www.joinsdSHERIFF.net</u> and the application printout brought to the test site. Applicants arriving without a completed application will be turned away.

Sheriff's Administrative Center 9621 Ridgehaven Ct., San Diego, CA 92123 Registration by e-mail or phone is required. Space is limited. recruit@sdsheriff.org

> 18-year-olds eligible to apply! Bring valid photo ID.

858-974-2000

by Max Cannon ©2008



DRIVER/COURIER. Part-time shifts avail-able. Must have pickup with shell, mini-van or cargo van. Excellent pay, mileage and benefits! Call 858-444-2350.

DRIVER/WAREHOUSE. Part time. Re-sponsible, reliable, hardworking, able to multi-task, self-starter, detail-oriented and needs minimum supervision. Call 858-581-2628, fax 858-581-2629.

JOIN THE #1 SECURITY TEAM

- ✓ Will assist with Guard Card
- ✓ No experience required
- ✓ FREE uniforms
- ✓ FREE guard license training
- ✓ Direct deposit
- ✓ Med/dental/vision
- ✓ Free life insurance
- ✓ Paid vacation ✓ 401(k)

✓ Ongoing training Advancement opportunities



Positions throughout San Diego
County, North County and
Temecula.
PPO #14827
For fastest response,
apply online now!
www.securitasjobs.com

Thank you for applying online! Or apply 8 am-5 pm Mon.-Fri.

SAN DIEGO (92120) • 619-641-0049
6160 Mission Gorge Rd., Ste. 100
SAN MARCOS (92078) • 760-591-3733
365 S. Rancho Santa Fe Rd., Ste. 202
TEMECULA (92590) • 951-676-3954
28991 Old Town Front St., Ste. 206
EEO/M/F/D/V • Drug-Free

DRIVERS, DELIVERY. \$11+/hour, clean DMV, Class C license, Warehouse Work-ers, \$10+/hour. Must be at least 21. Full-time positions, great benefits. Days, afternoons, weekends. Background check/drug test required. Excellent cus-tomer service skills. Apply in person: Sleep Train Mattress Centers, 9455 Cabot Drive, 92126. 858-877-2005. DRIVERS. \$1700-\$2400 monthly. Fuel paid. Auto parts delivery with late model pickup truck, car or van. Clean DWV. Lo-cal and North County openings. Bonus paid. Independent contractors. 619-233-4374.

and Fridays. You must have a truck or van and be currently insured. Call Monday-Friday, 8am-4pm, 858-279-3137 x243. DRIVERS. Now hiring Patrol Drivers! Medical and competitive wages. Will trainl Call now, 619-294-3200. DRIVERS. Teams earn top dollar plus great benefits. Solo drivers also needed

HELP WANTED

for Western regional. Werner Enterprises, 800-346-2818 x123 DRIVERS/DELIVERY. Employees wanted! Openings: National City (re-quires economy car); Miramar (requires mini pickup). \$460/week starting. Gas bonus paid. Growth opportunity. 619-230-1532, 858-578-7812, www.databay. nsd.asp

DRIVERS/DELIVERY. Immediate lor itions. Class A, B DRIVERS/DELIVERY. Immediate long-term and temporary positions. Class A, B and C— local delivery. Full benefits avail-able immediately. Call 858-292-8562, fax 858-292-0230, e-mail help@gostaff.com, apply online www.gostaff.com.

DRIVERS You're hired! 2 positions opened. You need your late model small truck or hatch back, 2000 or newer. Earn \$500-\$800 per week. \$500 guaranteed for the first 2 weeks. 619-294-4155.



DRIVERS. 100% paid family insurance! Home daily! Owner/operators drop and hook loads! 2 years CDL-A, maximum 3 points within 3 years! 800-373-9001.

DRIVERS. Dominion Distribution is look-ing for part time Drivers to deliver free publications on Mondays, Wednesdays and Fridays. You must have a truck or van

Heating • Air Conditioning • Refrigeration

CFC Card a must, or experience. Jobs for: Siemens, Weatherite, EMCOR, A.O. Reed, ACCO, etc. Benefits: medical, retirement, 401(k) plan and many more options

Interviews held 9 am sharp Tuesday & Wednesday, August 5 & 6 at: 6313 Nancy Ridge Drive, San Diego, CA 92121



EMT: Immediate full-and part-time open-ings for entry-level and experienced EMTs. Must provide certifications at time of interview: ADL, MEC, CPR, EMT-1 card and current DMV report. Flexible sched-ules, competitive pay and benefits, call bonus. Priority One Medical Transport, 800-600-4533. Fax 800-600-4596. E-mail ssuon@prioritylink.com. Apply online: www.priorityonemedical.com.

www.priorityonemedical.com. FINANCE ASSISTANT. Full time. Fast-paced environment. Knowledgeable Glass Avenue P.O.S. Administrator, MS Word proficiency. General Accounting, inputting daily reports. Reliable, trustwor-thy. Background check. Bilingual Spanish preferred. Starting \$35K/year. Fax re-sume: 619-474-1152 or e-mail: lety@ amitrordecor.com.

FINANCIAL SERVICES Marketing. Rapidly expanding financial services marketing company seeks local sales representatives. Ideal candidate will be motivated, honest, outgoing, en-trepreneurial, with 4 years of college or equivalent. Call our office and leave mes-sage (or fax) 24 hours. 877-286-5339. sage (or lax) 24 hours: 877-286-5339. FITNESS CENTERS hiring Front Desk Staff, Sales Consultants and Group Exer-cise Instructors. Part/full time. Being Fit Fitness Centers. Mira Mesa, 858-549-3456; Clairemont, 858-483-9294; www. beinoft text beingfit.net

FLOOR CARE/NIGHT JANITOR. Full time, \$10.71/hour. General cleaning/sanitation. Strip/wax floors. Daily inspections janito-rial equipment, chemical distribution. Vacuum/sweep/mop floors. Empty trash cans, refill paper, soap containers. In-spect bathroom/sink/toilet areas. Dust fur-niture. The GEO Group, Inc., Western Region Detention Facility, San Diego seeks qualified applicants. Must be U.S. citizen. Minimum high school graduate/equivalent. Must be dust least 21 years old. All positions require pre-em-ployment physical, drug screening, back-ground investigation, other employment company paid benefits. Group health FLOOR CARE/NIGHT JANITOR. Full time. company paid benefits. Group health coverage available. EOE. M/F/D/V. Fax resume: 619-232-9224 or mail resume: HR, 220 West C Street, San Diego 92101. Call 619-232-9221.

FLOWER SHOP SALES and delivery. Unique position at El Camino Flower Shop, Sorrento Valley. Part time, could become ful time. Benefits. Customer ser-vice skills, clean DMV. 858-458-6555. FOOD SERVICE WORKERS. Full time or

part time. \$10.29/hour. Assist in food preparation for cooking/baking/serving meals in fast-paced environment. Gen-eral cleaning equipment/food service spaces. Wash pots/pans/dishes/utensils. Meals in last-paced environment. Gen-eral cleaning equipment/food service spaces. Wash pots/pans/dishes/utensils. May receive training to operate forklift/electric pallet jack. The GEO Group, Inc., Western Region Detention Facility, San Diego seeks qualified appli-cants. Must be U.S. citizen. Minimum high school graduate/equivalent. Must be at least 21 years old. All positions require pre-employment physical, drug screen-ing, background investigation, other em-ployment conditions. Additional \$3.16/ hour in lieu of company paid benefits. Group health coverage available. EOE. M/F/D/V. Fax resume: 619-232-9224 or mail resume: HR, 220 West C Street, San Diego 92101. Call 619-232-9221. Diego 92101. Call 619-232-9221.

Diego 92101. Call 619-232-9221. FOOD SERVICE. Seasonal/temporary po-sitions available at the Marine Corp Re-cruiting Depot. Morning shifts start at 4:00am; afternoon shifts start at 12:00 noon. To be eligible for hire, must pass criminal background check and pass a drug test. \$8.84/hour. EOE. Apply in per-son Monday-Friday, 9am-4pm; The Arc of San Diego, 9575 Aero Drive, San Diego 92123 or fax resume to 858-467-9517.

FREE SECURITY GUARD TRAINING (for FREE SECURITY GUARD TRAINING (or those qualified). Guard Card, Firearm, Baton, Pepper Spray/Mace, Taser, CPR/ First Aid, Report Writing, Tactical Verbal, Defensive Tactics, Handcuffing, Loss Prevention. Veterans, job placement as-sistance, ongoing support if qualified. Serving San Diego county for 21 years, Nanpor Security Academy, 601 Mission Avenue, Oceanside (92054). www. nanpor.com, 760-439-6400.

nanpor.com, 760-439-6400. FUNDRAISING for national charities and the Democratic Party. Over 20 years in business. \$9/hour. Paid training. Perfor-mance bonuses. Medical, dental, 401(k). Full and part time. Convenient location. Apply at Gordon & Schwenkmeyer: 9620 Chesapeake Drive, San Diego 22123-1369. Call for interview. 858-496-2100. GENERAL. Free employment and training services for individuals with disabilities, ages 18-21 on probation or parole. Able-Disabled Advocacy, Inc., 4283 El Cajon

Boulevard, Suite 110, San Diego, CA 92105. 619-231-5990 x304.

GENERAL. Gain skills to succeed. Are you 16 to 21, low income, need high school diploma or GED and work experi-ence? Turning the Hearts Center, 619-691-9643.

691-9643. GRAPHIC ARTIST/WEB Designer/Man-ager: Must have advanced skills: Corel Draw/lilustrator/Photoshop, website man-agement, typesetting (good typing skills, good spelling), detail oriented (accuracy is keyl), multi-tasking and dependability. Experience with skill-screening process a plus. Miramar. Call Steve: 1-800-566-9677 or fax resume: 619-209-6510.

GROCERY/NATURAL FOODS. Now hiring! Cashiers, Vitamin Specialist and Meat Cutter (Del Mar). \$9-\$15/hour. Great environment, competitive pay, bonus and bonofite. Jimbolo Naturelly, 1225.5 environment, competitive pay, bonus and benefits. Jimbo's Naturally! 12853 El Camino Real, Del Mar. Fax 858-793-7732.

hr@jimbos.com. www.jimbos.com. GROUP FITNESS INSTRUCTORS: Aqua Aerobics, AM STEP class and PM SPIN Instructors needed now. Certification and experience required. Corporate, Luxury and Residential exercise environments. Locations all over San Diego. All types of classes, all days and times. E-mail: FitX@ fitsaandiego.com. Please fax resume to 858-715-8681. Call 858-715-8611.

858-715-8681. Call 858-715-8611. GUARDS/SECURITY. Join the #1 Secu-rity Team where people make the differ-ence. Call Securitas, the largest, most respected security company in the world! Countywide positions available. Free Guard Card training. Medical/dental/vi-sion and 401(k), excellent working envi-ronment, free uniforms. For fastest response, apply online now! www. securitasjobs.com. Thank you for apply-ing online! Or call San Diego: 619-641-0049; San Marcos (North County): 760-591-3733; Temecula: 951-676-3954. EOE/MF/V/D, drug free. PPO #14827. Cultert CEV/CES DEDECENTATIVEC

EOE/MI/F/VID, drug tree. PPO #14827. GUEST SERVICES REPRESENTATIVES— Temporary positions for great event in July at San Diego Convention Center Cor-poration. To apply, visit our website's job board at www.visitsandiego.com. Appli-cants must be 18 years of age or older. Equal Opportunity Employer/Drug-free workplace.

HAIR DESIGNERS. Busy Gaslamp salon seeking booth renters. Walk-ins available! Great urban loft environment, convenient parking. Move-in incentives. 619-231-7588.

HAIRSTYLIST NORTH COUNTY. Hairstylist (experienced, full-time) needed Harstylist (experienced, tuil-time) needed for very busy salon with lots of walk-ins. Weekends a must! Earth Salon & Spa, AVEDA Lifestyle Salon, 7130 Avenida Encinas #104, Carlsbad. E-mail resume to eric@earthsalonspa.com

to eric@earthsalonspa.com. HAIRSTYLIST. 1/2 off first month booth rental (\$1050) for motivated, established Stylist. Ample parking, freeway access. Apply: Plush Salon, 2232 5th Avenue. 619-233-1500, Donn/Nina. HAIRSTYLIST. 3 booths available. Great move-in specials! Fun, funky Hillcrest sa-lon. Parking in rear for clients. Partial clientele required. Daisy, 619-297-0670. planethairbeyond@sbcglobal.net. HAIRSTYLIST. Booth rental. Charming, bootique-style salon in Mission Hills with view of Bay and park. Hardwood floors/ natural lighting, plenty of free parking. Call Roxane, Studio 7 Salon, 619-459-1470. 619-299-9609. HAIRSTYLIST. Full-time flexible schedule

1470: 619-299-9009.
HAIRSTYLIST, Full-time flexible schedule in the UTC mall. Requires minimum 2-years experience with color and cuts. Commission. Contact Sheida, 713-385-6668, or 4545 La Jolla Village Drive, #E-4A. (92122)

HARSTYLIST. High-end hair salon in Mission Hills interviewing for commission and booth positions. Continuing educa-tion. Must have talent, desire and experi-ence. Doug, 619-295-1525 or 619-806-1525.

HAIRSTYLIST/MANICURIST. Booth rental or commission. Free 1 month rent on booth rentals: \$500/month Hairstylist, \$400/month Manicurist. Great location downtown San Diego. Call Celina, 619-232-9228.

HAIRSTYLIST/MANICURIST. Need change? Booth rental giveaway: 6 months No-Rent offer! Part time/full time. Excel-lent opportunity to save money! Please call and leave message: 858-382-8795. HAIRSTYLISTS. Benefits, reasonable

rent. Upscale European-style Uptown sa-lon now hiring experienced Stylists with own clientele. Can retail own products. Ample parking. Good, natural lighting!



Movie Extras & Models

Earn up to \$200 per day.

All looks needed to work with film and TV production companies.

No experience required.

Call: 877-282-2458

WAREHOUSE HELPER/LABORER

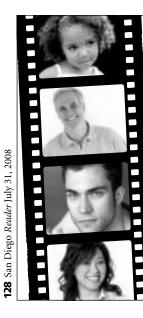
Duties include:

- Assist in the warehouse and assist Techs in the field
- · Deliver material to job sites
- Pull permits (requires travel to various cities in San Diego County)
- Inventory (warehouse and trucks)
- · Other duties as assigned

Position requires: good driving record; knowledge of plumbing, heating and/or air materials a plus. To apply, please call



Phone: 858-677-5479, or apply in person: 9895 Olson Drive, Suite A, San Diego, CA 92121 Drug-free work environment. License #791820





Get paid to shop!

Earn up to ^{\$}200 per day.

Experience NOT required.

Call NOW: (800) 775-9924

GO GREEN! \$2500-\$3500/week!

Want to make great money while promoting environmentally friendly products?

Pacific Home Remodeling, one of the fastest-growing remodeling companies in Southern California, was recently featured in *G.E. Finance* magazine as one of the premier remodeling companies in the U.S. as well as one of the Top 500 Remodelers. We are hiring ambitious and motivated individuals to set appointments to promote energy-efficient products such as Magic Windows and Flex-On Exterior Coating – all products approved by the Department of Energy. This is an excellent introduction to the booming construction industry.

Generous base + commission: \$2500-\$3500/week! Training and ongoing support provided. Job security and advancement opportunities.

Call to schedule an interview: (858) 866-0183 6861 Nancy Ridge Drive, Suite D San Diego, CA 92121 www.pacifichomeremodeling.com

ר PACIFIC Home Remodeling, Inc. A Professional Home

Improvement Group



SAN DIEGO **SHERIFF'S DEPARTMENT**





No experience necessary. \$18.22/hour - Entry Level \$21.93 to \$26.66/hour - Lateral Entry Plus medical, dental, vision, life insurance and retirement

TEST DATE:

August 16, 2008

Sign-up begins at 6:30 am on each test date. Where: San Diego County Operations Center Entrance at corner of Complex Street & Topaz Way, San Diego (Kearny Mesa area) First come, first served. Seating is limited. Arrive early.

Bring valid picture ID.

Qualified individuals must: • Be at least 18 years old • Be proficient in English · Pass computer-based performance test

> • Pass background & medical checks Jobline: 858-565-5566

Website: www.sd911.com

Antoine, Salon Antoine, 619-277-7747 or 619-291-7747.

DIS-291-F1/41.
HAIRSTYLISTS: Come make money with us. Busy walk-in salons. Health, dental and vision offered. Locations in: Carmel Mountain, 4S Ranch, Poway, Scripps Ranch, Vista. Join a growing company with career growth opportunities. Please call: 858-380-5882.

HARBOR POLICE OFFICER (Trainee). Re 5/08 for San Diego Unified Cruitment #45/08 for San Diego Unitied Port District. Approximate starting salary, \$53,830.40 (based on 26 pay periods.) This is the full, journey-level class in the Harbor Police series. Based upon an indi-vidual's assignment, duties are carried out on foot, from vehicles or aboard Harout on foot, from vehicles or aboard Har-bor Police boats. Incumbents of this class are peace officers as defined in California Penal Code Section 830.1. Graduation from US high school or a GED certificate that meets scores established by the Cal-fornia P.O.S.T. commission or a 2-year or 4-year degree from an accredited college or university. Must be at least 20.1/2 ifornia P.O.S.T. commission or a 2-year or 4-year degree from an accredited college or university. Must be at least 20-1/2 years of age on the day of the written ex-amination and 21 years of age at the time of the Police Academy graduation. (No maximum age limit.) Must be a US Citizen or a permanent resident alien who is eligi-ble for and has applied for citizenship. Applications must be downloaded at: Applications must be downloaded at: www.portofsandiego.org or picked up at the Port District's Administration Building, 3165 Pacific Highway or the Harbor Po-lice Department, 3380 North Harbor Drive before 8/3/08. Applications will be ac-cepted ONLY at the written test on Sun-day, 8/3/08, 8am, Holiday Inn on the Bay, 1355 North Harbor Drive, San Diego, CA, 92101. EOE. Jobline: 619-686-6599.

HEALTHCARE/ACCUTE CARE. CNA retary/Interpreter, CNA/Nursing Unit Sec retary/Interpreter, Nursing Unit Secre tary/Interpreter. Apply online: www.pph tarymierpreter. Apply online: www.ppri. org, weekdays: In person 7:30am-4:30pm, Palomar Medical Center, HR: 660 East Grand Avenue, Escondido, 92025; Pomerado Hospital, HR: 15615 Pomerado Road, Poway, 92064; Palomar Continuing Care, 1817 Avenida del Dia-blo, Escondido, CA 92029.

HEALTHCARE: RNs, LVNs, AIDES. Join La Jolla Nursest Looking for Home Health Aides, ongoing assignments. Also per diem work—you pick the days, hours and shifts! Competitive pay rates, excellent work assignments. Employee-owned agency—you receive shares of company stock free! State-licensed home health agency. Medical, dental and vision bene-fits; 401(k) plan, referral bonus. La Jolla Nurses HomeCare, 858-454-9339.

HEATING/AIR CONDITIONING/Refriger ation Technicians and Mechanics needed now! Heating, Air Conditioning Refrigeration. CFC Card a must, or expe-rience. Jobs for Siemens, Weatherite, EM-COR, A.O. Reed, ACCO, etc. Benefits. medical, retirement, 401(k), and many more options. Interviews held 9am sharp Tuesday and Wednesday, August 5 and 6 at: 6313 Nancy Ridge Drive, San Diego,

HOME CARE AIDES. Beginners, experi HOME CARE AIDES. Beginners, experi-enced. CNA/CHHAs, Family Caregivers, Childcare and Drivers. New-hire bonust Great pay! Nonmedical, in-home help for seniors, children, disabled. 12-and 24-hour shifts! Training. Flexible schedules, benefits, retirement, childcare. At Your Home Familycare. E-mail: home carejobs@atyourhomefamilycare. com. Toll free: 1487-903-JOBS.

com. Toll free: 1-877-903-JOBS. **HOME HEALTH.** LVN, Home Health Aides, CNA/Personal Care Assistants, Homemaker/Companion/Sitter. Apply on-line: www.pph.org, weekdays: In person 7:30am-4:30pm, Palomar Medical Cen-ter, HR: 660 East Grand Avenue, Escon-dido, 92025; Pomerado Hospital, HR: 15615 Pomerado Road, Poway, 92064; Palomar Continuing Care, 1817 Avenida del Diablo, Escondido, CA 92029. HOTEL GUEST SERVICES AGENT with

HOTEL GUEST SERVICES AGENT with previous experience in Hotel Front Desk environment. Minimum 1 year experi-ence in Hotel Guest Services required. Full-time 2:45pm shift. Strong computer and communication skills needed, abii-ity to work well under pressure a must! Please send resume (as Word or PDF attachment) to hr@nanchovalencia.com. Or apply in person at 5921 Valencia Cir-cle, Rancho Santa Fe, CA 92067. No phone calls please! EOE/Drug-free workplace.

workplace. HOUSECLEANING. Paid mileage! No nights, weekends, holidays. Weekly pay. Merry Maids offers flexible hours. Work in teams. Insured car required. Must speak English. South Coast/all south areas only, 619-336-1612; 619-226-2621.

226-2621. HOUSEKEEPER. Full time with benefits. Must be able to speak English. Apply at: Wesley Palms, 2404 Loring Street, Pa-cific Beach 92109. Donna, 858-581-8669. Fax 858-581-8630.

NAC INSTALLERS. 5 years minimum experience, up-to-date on current codes, motivated. ARS offers great ben-efits and a drug-free work environment. CSL#791820. To apply, please Kevin: 858-677-5455, x113; or apply online: unvironment. w.iobswithars.com

www.jobswithars.com. IN-HOME CARE. Caregivers and Com-panions. Minimum 1 year experience non-medical home care for seniors. Valid California Driver's License. Serv-ing Santee/La Mesa/Del Cerro/San Car-tos. Maureen, Visiting Angels, 619-749-7525.

JENNY CRAIG CONSULTANT. If you like helping people achieve their goals, you may be a great Jenny Craig Weight Loss Phone Consultant at the corporate offices in Carlsbad, CA. We offer full-time employment, training, benefits and company discounts. EOE. To apply, e-mail resume: jobs@jennycraig.com; fax: 760-696-4608.

JOB COACH/COMMUNITY Training Specialist. \$9.75/hour to start. Assist de-velopmentally disabled adults in the community. 32.5 hours/week. Benefits. EOE. Apply Monday-Friday, 9am-4pm: Stein Education Center, 6145 Decena Drive, San Diego 92120. E-mail: steinjobs@vistahill.org. Fax: 619-281-0453. www.vistahill.org.

FOF



Inbound/outbound call center, up to \$20-\$30/HOUR

WEEKLY PAY **\$500 SIGN-ON BONUS!**

■ Paid Training ■ 401(k) ■ Paid Holidays

Medical/Dental/Life Insurance Full-time Opportunities

Cash Bonuses Paid Nightly

Call: 619-516-7881



Or apply in person 11 am-3 pm Monday-Thursday: 2851 Camino del Rio South, Suite 300 San Diego, CA 92108

america funding • **Loan Officers #1 Ranked Lending Tree Local Broker**

America Funding is a nationally ranked Lending Tree Partner. Due to our continued rapid growth, we have Loan Officer positions available for top-producing Loan Officers. We support our team's success by providing:

- Technology that shortens the sales cycle so you fund more loans
- Outstanding training
- Unlimited gualified leads
- Total back office and front office support
- An excellent commission structure

Our outstanding compensation plan also offers you complete health benefits and a 401(k).

> Send your résumé to fax: 858-526-6999 or e-mail: hr@afunding.net www.america-funding.com EOE M/F/D/V DRE License #01396986



What **Recession?**

\$28,000 in days, not weeks, simply returning phone calls.

No selling. No explaining. No convincing...

Join an elite group of San Diegans who have discovered newfound financial freedom and wealth with an honest, ethical business activity. If you have the drive to better your life and your family's lives, we will teach you a system that will enable you to generate thousands of dollars in days, not weeks.

1-888-593-8287

"My first 72 hours brought me \$11,000, and I just started!" - LeAnn, Housewife, CA

"I received \$34,000 cash to my front door in my first 3 weeks! Joe, Baker, CA

"My best week since joining the program is \$17,000." Anne, Single Mom, WA

Private gifting, allowed by IRS tax codes.

JOB COACHES. Community-oriented Center for Independent Achievement is Seeking dependable in Achieverhein is East County. 1:4 group ratio maximum. \$8.50-9.50/hour. Annual raises. Bonuses for exceptional performance. Benefits with full-time, pficareer@yahoo.com. Fax 619-440-6864. 619-440-6802.

HU-0004. 0 19-440-6802. JOB WANTED: Hands-on butler/house-keeper. 204 years experience. Refer-ences. Full or part time. Noted for understanding the unique requirements of upscale client. John, JthorntonNC@aol. com, 619-269-5100.

JOB WANTED: I am seeking extra work as a caregiver or yard work. I have experi-ence and references. (I am looking for vork, no job seeker calls please.) Brad, 19-244-3343.

JOB WANTED: Male looking for work. Block, stone, irrigation system. Please call 619-863-8792.

call 619-863-8792. JOB WANTED: Professional English nanny/nurse, trained, 20 years experi-ence, specializing premature, newborns, toddler. Providing nurturing, educational experience. Excellent references, backound checks, reliable, conscientious. ndra, 619-297-6480.

Sandra, 619-297-6480. LAW ENFORCEMENT. Deputy Sheriff and Deputy Sheriff Detentions/Courts. San Diego County Sheriff S Department. Hir-ing for two types of positions; take one exam, apply for either or both! Exam Dates: Saturday. August 2, 2008, 7:30am arrival or Wednesday. August 6, 5:30pm: Sheriff Administrative Center, 9621 Ridgehaven Court, San Diego, CA 92123. Space is limited. Registration by email or phone is required prior to the test at recruit@sdsheriff.org. Starting 8/2/08: ap-plications must be completed Online at www.joinsdSHERIFF.net and the applica-tion prinout brought to the test site. Appli-cants arriving without a completed application will be turned away. Deten-tion/Courts: \$39,796-\$61,608 annual salary, plus benefits. I8-year-olds eligible to apply Deputy Sheriff: \$49,704-871,099 current annual salary, plus benefits. U.S. citizen or applied for citizenship; 20-1/2 years old. High school graduate or G.E.D. required. Valid California Drivers License prior to appointment. Effective oral and written communication in lenglish. EOL Additional test dates: 858-974-2000. Sandra, 619-297-0400. LAW ENFORCEMENT. Deputy Sheriff and Deputy Sheriff Detentions/Courts. San

LEASING AGENT for North County luxury apartments. Sales experience a plus. Will train. Fax resume to 888-369-9229 or eail wmapplicants@aol.com.

LIGHT INDUSTRIAL. Volt Services Group has immediate Temporary, Temporary-to-Direct Hire and Direct Placement oppor-Direct Placement oppor-tunities. Competitive wages, paid weekly, paid holidays and vacation. Medical and dental insurance plans, state of the art training, career management and more. www.jobs.volt.com. Call Volt Services Group for more information. EOE. San Diego: 858-576-3140; e-mail:

clairemont@volt.com. Carlsbad: 760-729-8916; email carlsbad@volt.com. El Cajon: 619-401-1524; email elcajon@volt.com. San Marcos@volt.com. Scripps Ranch: 858-578-0920; email scrippsranch@volt.

LOAN OFFICER/SALES. No real estate li cense required! Training is provided! Leave message 24 hours for return call 888.313-7226 or fax resume: 858-454-

2437. LOAN OFFICERS. Nationally ranked Lending Tree local broker. America Fund-ing is a nationally ranked Lending Tree Partner. Due to our continued, rapid growth, we have Loan Officer positions available for top producing Loan Officers, which average \$150K plus per year. We support our leam's success by providing: technology that shortens the sales cycle so you fund more loans; outstanding training: unlimited qualified leads; total back office and front office support; an excellent commission structure. Our out-standing compensation plan also offers you complete health benefits and a 401(k). DRE License #01396986. Send your resume to 1sa, 858-526-6999 or hr@ afunding.net, www.america-funding.com. EOE M/F/D/N.

EOE M/F/D/v. MACHINE OPERATORS. Manufacturing, Production Line Workers and Mail Sorters. Experience required. Various shifts. Apply at Optimal Employment Ser-vice LLC, 8316 Clairemont Mesa Boule-vard #204, San Diego 92111. 858-277-5680.

Nation Services. No nights, weekends, holidays. Paid mileage! Merry Maids of-fers flexible hours, weekly pay. Work in teams. Insured car required. Must speak English. South Coast/all south areas only, 619-336-1612; 619-226-2621.

MAINTENANCE/HVAC. North County and East County luxury apartments. Must be experienced and have certification. Background/drug test required. Benefits. Fax resume to 888-369-9229 or e-mail wmapplicants@aol.com. Call 888-252-7076

MANICURIST. Benefits! Move-in incer tives! Upscale Hillcrest salon seeking Manicurist with own clientele. Make money selling own retail. Reasonable rent. Ample parking. Antoine, Salon An-toine, 619-277-7747; 619-291-7747.

toine, 619-2/1-/14/; b19-291-1/14/. MANICURIST/HAIRSTYLIST. Need change? Booth rental giveaway: 6 months No-Rent offer! Part time/full time. Excel-lent opportunity to save money! Please call and leave message: 858-382-8795. call and leave message: 858-382-8795. MARKET RESEARCH Telephone Inter-viewers. No selling. Friendly, outgoing. San Diego's fastest-growing market re-search company. Bilingual Spanish a plus. Hourly, bonuses, medical. Ad-vancement opportunities. www. luthresearch.com. Apply: Luth Research,

1365 Fourth Avenue, Downtown. Job Hot-line: 619-243-8045. MARKETING PERSON for home care agency. Fun job. Position requires excellent communication skills. Must have car. 3774 Grove Street, Suite #L1, Lemon Grove. Call 619-466-6890.

MARKETING. 20-hour work week. Gener-ate \$250K in first year working from home. Don't believe it, don't call! Busi-ness/marketing opportunity. 800-631-9439. www.swanlifestylecoop.com.

MEDICAL ASSISTANT, front/back office, full time. Busy family practice office in Point Loma. Medical experience pre-ferred. Please fax resume: 619-225-1726. MENTAL HEALTH COUNSELOR. Exciting full-time opportunity working with SED, high-risk youth/families. BA in psychology or related; minimum 1-year experience working with the population. Bilingual pre-ferred. MHS, Inc. is an EOE, offers excellent benefits/competitive salaries. Pleas send resume/cover letter to famfor admin@mhsinc.org or fax 858-569-1873

admin@mhsinc.org or fax 858-569-1873. **MENTOR** from your home. Open your heart and home to mentor adults with dis-abilities. You will be paid a monthly stipend and have the ability to work flexi-ble hours from home. Must have a high school diploma and pass a background check. Founded in 1980. The Mentor Net-work is a national network of local human services providers offering an array of quality, community-based services to adults and children with developmental disabilities or acquired brain injury, to children and adolescents with emotional, behavioral and medically complex chal-lenges, and to elders in need of home behavioral and medically complex chal-lenges, and to elders in need of home care. If you have ever wanted the chance to positively impact someone's life or bring joy and satisfaction to an individual with developmental disabilities, or as a mentor, you have that chance now. thementornetwork@gmail.com or our pro-gram director at: 858-336-2994 or North County at: 760-754-8456.

Brain Unlexton and Construction (2007)
 County at: 760-754-8456.
 WYSTERY SHOPPERS: Get paid to shop! Earn up to \$200/day. Experience not re-quired. Call now: 800-486-7204.
 NURSES. Better pay, flexible hours. All-star Staffing is nurse-owned and oper-ated. If you're a registered nurse (RN), we have work for you today! www. allstarstaffing.com. 884-479-4749.
 NURSING. Skilled nursing facilities. CNA, LVN. Apply online: www.pph.org, week-days: In person 7:30am-4:30pm, Palomar Medical Center, HR: 660 East Grand Av-enue, Escondido, 92025; Pomerado Hos-pital, HR: 15615 Pomerado Road, Poway, 92064; Palomar Continuing Care, 1817 Avenida del Diablo, Escondido, CA 92029.

OFFICE. Immediate long-term and tempo-rary positions. Managers, Recruiters, Call Center, Sales Staff, Account Managers. Full benefits available immediately. Call 858-292-8562, fax 858-292-0230, e-mail help@gostaff.com, apply online www. costaff.com

PHONE SALES CLOSERS. Barry: VPI closer making 20% commission, now making 65%. Orin: AT closer from 15% commission to 68%. We tripled our pay-checks. Mike Dean after 3pm: 619-651-

PHONE SALES. Will train: no experience needed. Phone personalities dialing for dollars! Great hours, 7am-2:30pm, Mon-day-Friday. 401(k), medical, dental bene-fits. Experienced Re-loaders welcomed likebest exid exemutions and henunce Highest paid commissions and bonuses in the industry! Kearny Mesa: Allen, 858-292-8577. Mira Mesa: Dana, 800-854-2830. Oceanside: Mike, 619-701-3631.

PLUMBERS & DRAIN CLEANERS with experience needed immediately! Rescue Rooter offers excellent pay, vans, tools, uniforms, year-round work and outstand-ing benefits: Medical/dental, 401(k), paid vacations/overtime, drug-free workplace. vacations/overtime, drug-free workplace. To apply, e-mail: lmyking@ars.com or call: 858-457-6506; or apply in person: 9895 Olson Drive, San Diego 92121. Li-cense #765155, AA/EOE.

PLUMBERS & DRAIN CLEANERS with PLUMBERS & DRAIN CLEANERS with experience needed immediately! Rescue Rooter offers excellent pay, vans, tools, uniforms, year-round work and outstand-ing benefits: Medical/dental, 401(k), paid vacations/overtime, drug-free workplace. To apply, e-mail: myking@ars.com or call: 858-457-6506; or apply in person: 9895 Olson Drive, San Diego 92121. Li-cense #765155, AA/EOE.

cense #765155, ÅA/EOE. PLUMBING SERVICE TECHS. ARS of San Diego is seeking Plumbers with minimum 2 years experience. If you like the idea of working for a national leader in the ser-vice industry, with benefits that rival the the industry standard, and have the moti-vation and desire to earn an income that would make many college graduates en-vious, fax your resume to 858-677-5479; or apply in person: 9895 Olson Drive, Suite A, San Diego (92121). Drug-free work environment. License #791820. PoLICE OFFICERS. San Diego Police Dework environment. License #791820. POLICE OFFICERS. San Diego Police De-partment is hiring! Are you ready for a ca-reer change? See our upcoming test dates on our website. Police Recruit base pay starts at \$\$2,000 per year. Police Of-ficer II base pay starts at \$\$8,657 per year. For more information, Call 619-531-COPS or visit our website at: www. joinsdpdnow.com. PROBATION CAREERS. Correctional

Deputy Probation Officer I. County of San Diego Probation Department now hiring. Test Dates: August 2, 2008, 8am or September 6, 2008, 8am. Montgomery Middle School, 2470 Ulric Street, Sam or September 6, 2008, 8am. Montgomery Middle School, 2470 Ulric Street, San Diego 92111. Must be 21 years, good physical condition, no illicit drug usage. U.S. citizen or becoming a citizen. Pass criminal/personal background investiga-tion. No felony convictions. High school diploma/GED. \$36,275-\$46,300/year. www.sdcounty.ca.gov/probation. Jobiline: 858-514-8558.

PRODUCTION: DELETE. PROGRAM ACCOUNTANT, full time (ex-

empt) to assist Controller. Includes con-tract analysis, preparing and monitoring programs, budgets, monthly billings, ac-counts receivable, account analysis and correcting journal entries. Must be self-

starter, highly motivated and problem solver. BA or BS degree, at least 3 years accounting experience and proficient with MS/Excel spreadsheet application are required. Previous non-profit account-ing experience and/or experience with MS Great Plains accounting software is preferred. Resume and salary history to: nchiece@mbsinc.orm

preferred. Resume and salary history to: gchieco@mhsinc.org. **RECEPTIONIST.** The Leading Repro-graphic Company in the nation is seeking highly motivated individual to work in fast-paced, growing environment. Must be proficient in Microsoft Outlook, Word, Ex-cel, PowerPoint, excellent oral, written communication skills, excellent phone eti-quette, ability to handle multi-lined phone system, and multi-task. Excellent bene-fits. Submit salary history. Hours avail-able: 8:00am-5:00pm, Monday-Friday. 619-232-8440; fax 619-232-8043; e-mail careers.sandiego@ocbinc.com. careers.sandiego@ocbinc.com.

RELOADERS. Reloader's Paradise. Most extensive promotional product line. Best commission/bonus structure. Sign-on bonus for established Reloaders. Call Gary today! 619-220-7025.

RESEARCH STUDY. Female ages 13-25, currently in treatment for eating disorder, medically stable, have looked at Anorexia websites. Doctoral student Interview; 2-hour commitment. Compensation. PattyschroMA@sbcglobal.net

PattyschroMA@sbcglobal.net **RESEARCH STUDY** participants needed for a study of families with Schizophrenia. Has one of your family members been di-agnosed with Schizophrenia? UCSD medical research study to evaluate whether an investigational medication al-ters patterns of brain activity in relatives of individuals with Schizophrenia. The study drug is taken once, compared to the effects of a placebo. Must be male, at least 18 years of age, have a brother, sis-ter, parent or child with Schizophrenia who is available to be interviewed. Cer-tain medical conditions or medications any make you ineligible for this study. Medical and psychological evaluations will be conducted at no cost. Eligible rela-tives will receive compensation up the tives will receive compensation up to \$1300 for their time. Family members with Schizophrenia will also be compensated for their interview time. Please call UCSD Department of Psychiatry, 619-543-2096.

Department of Psychiatry, 619-543-2096. **RESERVATION AGENTS.** AM/PM shifts. Hourly pay plus bonuses. Full or part time. Paid weekly. Medical, dental. Near Grantville trolley station. Other positions available. www.monarchjobs.com. Call today, start today! Mission Valley: 619-687-0070.

RESPITE CARE for children and teens with developmental disabilities. Critica with developmental disabilities. Critical need, Countywide! Great pay! New-hire bonus! Nonmedical, in-home help. Car-ing heart more important than experi-ence. Training. 12-and 24-hour shifts. Flexible schedules, benefits, retirement, childcare. Visit homecarejobs@ atyourhomefamilycare.com. At Your Home Familycare. Call toll free: 1-877-902.IORS

RESTAURANT BAR MANAGER. Need hands-on, self-starter, available to work nights, days and weekends. Qualified candidate will earn \$42,000-\$55,000 an candidate will earn \$42,000-\$50,000 an-nually plus achievement bonuses. Long-term commitment. 3 years minimum experience. Dublin Square Irish Pub and Grill, 554 4th Avenue, Gaslamp, San Diego. Fax or e-mail your resume to: 619-239-5828 or: dublinsquare@yahoo.com. RESTAURANT. Now hiring! Deli Supervi-sor and Prep Cook (Del Mar). Deli Super-visor (4S Ranch). See ad under Grocery/Natural Foods. Jimbo's Natu-

RETAIL SALES ASSOCIATES/ CASHIERS. Seasonal openings! Seeking mature self-starters with excellent com-munication skills and positive attitude. Full-time and part-time positions avail-able. Daytime hours Monday-Saturday. Seasonal work—must be available through September. Call Janine at Dennis Uniform, 858-573-1804 x302.

Uniform, 658-573-1804 x302. **ROUTE ASSISTANT.** Part time, 30 hours weekly, \$12 per hour. Must have pickup truck or van. Duties include covering down routes, assisting Drivers and Ware-house, Field Maintenance. EOE. Work-place Diversity. Drug screening. DMV and Criminal Background check re-guired. E-mail: robert.caporaletti@ dominadrithuiting.com.

SALES ACCOUNT EXECUTIVE to \$45K base plus commission. 6 years software sales experience preferred. Reliable transportation, good driving record. Com-puter literate. articulate, creative, resourceful. Apply: www.atworkstaffing. com, 619-234-WORK (9675).

SALES MANAGER for kitchen, bath and

SALES MANAGER for kitchen, bath and construction sales. 10% commissions. In-home sales experience. Keep closing ra-tios at 20%. Great rewards. 619-523-2100. Fax 619-523-2121. E-mail suncoconstruction@sbcglobal.net. SALES REP. Inside Sales. Make \$100k a year plus! 401K. Medical and Dental. Paid vacations and holidays. Paid train-ing. Great work environment. Convenient location. If you are disciplined, coachable and looking to join a great team with an easy to sell product that's high integrity. Call us today! Media All-Stars, 8525 Gibbs Drive, 92123. Ask for Nikki, 619-540-9675. www.MediaAllStars.com. SALES REP. Inside Sales. Make \$100k a

540-9675. www.MediaAllStars.com. SALES REP. Inside Sales. Make \$100k a year plus! 401K. Medical and Dental. Paid vacations and holidays. Paid train-ing. Great work environment. Convenient location. If you are disciplined, coachable and looking to join a great team with an easy to sell product that's high integrity. Call us today! Media All-Stars, 8525 Gibbs Drive, 92123. Ask for Nikki, 619-540-9675. www.MediaAllStars.com

Gibbs Drive, 92123. Ask for Nikki, 619-540-9675. www.MediaAllStars.com. SALES, FULL-TIME. Guaranteed wage— Great benefits— Earn bonuses— Friendly staff— Family-owned. Cash & Carry Dis-count Furniture, 850 East Main, El Cajon. Jonny/Steve: 619-442-7706, 619-442-

SALES—Fun/easy insurance/tax service office, life license preferred. Up to \$5000-\$7000+/month commission. All prospects



Correctional Deputy Probation Officer I

Minimum Qualifications

• 21 years old • Good physical condition • No illicit drug usage • U.S. citizen or in process of becoming a citizen • No felony convictions • High school diploma or GED

Salary:

New: \$36,275-\$46,300 annually Safety Retirement-Sworn Officers 3% at age 50. Bilingual men/women encouraged to apply.

Test dates: August 2, 2008 • 8 am or September 6, 2008 • 8 am Montgomery Middle School

2470 Ulric Street • San Diego, CA 92111

Applications available at the test site. For additional information, contact the department's

> Jobline: 858-514-8558 www.sdcounty.ca.gov/probation



HELP WANTED

• Full- or part-time

SAN DIEGO

Call today, start today!



Assist in food preparation for cooking/baking/serving meals in fast-paced environment. General cleaning equipment/food service spaces. Wash pots/pans/dishes/utensils. May receive training to operate forklift/electric pallet jack.

Must be U.S. citizen. Minimum high school graduate or equivalent. Must be at least 21 years old. All positions require a pre-employment physical, drug screening, background investigation and other employment conditions. All ositions receive additional \$3.16/hour in lieu of company-paid benefits. Group . health coverage available.

Send résumés to: HR, 220 West C Street, San Diego, CA 92101 Phone: 619-232-9221 • Fax: 619-232-9224 FOF M/F/D/V

\$1,000+ weekly!! Next to Grantville trolley station

Mission Valley: 619-516-4276



at office. No phones or travelling. 858-525-5914. Start now.

525-5914. Start now. **SALES.** \$500 Sign On! 30-day perfor-mance and cash daily bonuses. Hip hop, blue jean, casual, sales force, skate boarders, x/y generation, outside the box thinkers, goal oriented/driven individual-ists. Heartbreakers, difference makers needed. 888-285-1347.

SALES. Call today—start tomorrow. A great telemarketing company has imme-diate positions available for nationwide business-to-business promotional ad-vertising sales. Paid training. Clairemont. Monday-Friday, 8:30am-3pm. 858-272-7177

SALES. Experienced car sales profes-sionals wanted. Exciting alternative to the car business. Automotive marketing and promotions company seeks inside sales reps. Call Cubic Marketing, 866-462-8242.

462-8242. SALES. Highest paid commissions and bonuses in the industry! Phone person-alities dialing for dollars! Will train; no ex-perience. Great hours, 7am-2:30pm, Monday-Friday. 401(k), medical, dental benefits. Experienced Re-loaders wel-comed. Kearny Mesa: Allen, 858-292-8577. Mira Mesa: Dana, 800-854-2830. Oceanside: Mike, 619-701-3631. SALES. Immediate long-term and tem-

Oceanside: Mike, 619-701-3631. SALES. Immediate long-term and tem-porary positions. Managers, Recruiters, Call Center, Sales Staff, Account Man-agers. Full benefits available immedi-ately. Call 858-292-8562, fax 858-292-0230, e-mail help@gostaff.com, apply online www.gostaff.com. SALES. Inbound/outbound call center-start now! Earn up to \$20-\$30/hour. Weekly pay. \$500 sign-on bonus! Full-time opportunities. Paid training. 401(k). Paid holidays. Medical/dental/life insur-ance. Cash bonuses paid nightly. Call 760-497-5291 or apply in person 1tam-3pm Monday-Thursday: 2851 Camino Del Rio South, Suite 300, San Diego 92108.

SALES. Part-or full-time work from home business opportunity. Get rich! New, fun, easy! No experience necessary. Earn up to \$10,000/month. Call Joseph, 630-964-8771.

SALES. Premiere Home Improvement company. Closers wanted. 25 years in business. Great reputation, great pay, and qualified leads. Summer's here-don't wait to call! 858-974-0054.

SALES. Supplement your income! Excel-lent income potential in today's charg-ing economy! \$10 starts you in a new career. Full-or part-time. Build your busi-ness working with top-selling Avon rep-resentatives. Perfect for self-starters. Kathleen: 619-429-1253; 888-429-1253. SALES. eLiveLife.com Appointment Set-ter. eLiveLife.com Outside Sales: sa-lon/spa certificates door-to-door and/or Ion/spa certificates door-to-door and/or promotional trade show booths. eLiv-eLife.com Account Executive: new busi-ness development. American Satellite Inside Sales: DirecTV phone center, \$300-\$500/day, 1660 Hotel Circle North, Suite 101, Mission Valley, CA 92108. Call

CAREER TRAINING

619-398-5050 or e-mail resume to info@ eLiveLife.com or fax to 619-293-7424. eLiveLife.com or fax to 619-293-7424. SALES/PHONE. Ad-Tech Telesales ca-reer opportunity. Come meet our long-term employees who turned their part-time positions into careers and now earn \$1000+ weekly! (What you don't know, we'll teach you.) New Trainees start at \$390/week plus commission. \$550/week after 5-6 weeks training. \$1000/week dy Christmas. Top Sales Rep earns \$2500/week! 7:30am-2:30pm Monday-Friday, no weekends! Eric Carter, Ad-Tech, 800-566-9677. SALES/OUTSIDE. Exciting career is

SALES/OUTSIDE. Exciting career is waiting for you at the leading repro-graphic company in the Nation is seek-ing a highly motivated individual to work ing a highly motivated individual to work in a fast paced growing environment. Must be MS Office proficient, excellent oral and written skills, responsible for ex-isting clients and develop new business. Outside sales experience preferred. Ex-cellent benefits including auto al-lowance. Salary plus commission. Submit salary history. Contact Rob Bruno. E-mail: careers.sandiego@ ocbinc.com. Call: 619-232-8043.

SALES: 6-FIGURE OPPORTUNITY! Welk SALES: 6-Houte OPPONTUNITY welk Resorts in Escondido is seeking people who like to have fun while making lots of money. In June, 33 Sales Agents made over \$10,000, 7 made over \$15,000, and 3 made over \$20,000! These people did no prospecting, no advertising, no trav-eling and no billing. The clients came to the resort and the correct bend 4, weake the resort, and the agents had 4+ weeks of vacation. Call Tom Trobaugh at 760-749-5082 or fax resume to 760-749-

SALON. Hairstylists and Manicurists. Benefits, reasonable rent. Upscale Euro-pean-style Uptown salon now hiring ex-perienced Stylists with own clientele. Can retail own products. Ample parking. Good, natural lighting! Antoine, Salon Antoine, 619-2777747 or 619-291-7747. SECURITY GUARD. Free Guard Card training class. Call 619-757-8043. **SECURITY GUARDS.** Fuel Guard Card training class. Call 619-757-8043. **SECURITY GUARDS.** Full-time positions available in North and South County. Armed and unarmed. Call Cornerstone Security at 619-300-5726 or 619-271-0494.

0494. **SECURITY GUARDS.** Shield Security has immediate openings, full and part time. Higher paid Rover positions are avail-able. Assistance in guard card. Career advancement opportunities. Profit shar-ing. Employee-paid medical and dental. If you have no criminal convictions, and have a high school diploma or GED, a good work history, phone and trans-portation, apply in person: 2144 El Cajon Boulevard, San Diego. Equal Opportu-nity Employer. Call 619-497-6333.

SECURITY OFFICERS, Special Re-sponse Officers. Full/part time. High starting pay. Excellent benefits. Re-quires CA guard card. Training avail-able. Drug/background. EOE. M/F/D/V. Apply: Weekdays, 9am-4pm, ABM Secu-rity Services, 1620 Fifth Avenue, Suite 875, San Diego. Email: eric.wallis@abm. com. 619-338-9360.

SECURITY OFFICERS. Allied Barton Security Services. Full/part time, variety o shifts available. Up to \$12/hour, medi cal/dental/vision, 401(k) with company cal/dental/vision, 401(k) with company match, holiday pay, paid vacation, free uniforms, Guard Card class offered, free basic and advanced training, career ad-vancement. Must be at least 18 years of age and have a high school diploma/GED. DDD clearance, secret of higher, a plus. Criminal background check and drug screen required. Apply online: www.AlliedBarton.com or www. GreatSecurityJobs.com. Or apply in per-son 8am-4pm Monday-Friday: 7670 Op-ortunity Road, Suite #210, San Diego. Call: 858-874-8200.

more information, 858-499-0025. SECURITY PROFESSIONALS. Secure a new career in the growing field of Secu-rity and Asset Protection. GMI provides all training, Guard Card testing, Live Scan for GMI potential hires. Full/part time countywide. Excellent compensa-tion and benefits: 401(k), Health/Well-ness. Professional certification. Eligibility conditional. Apply: 8001 Vickers Street, San Diego (92111): call: 858-244-1870; e-mail: RVentura@GMIweb.com.

SECURITY SERVICES Representative

CAREER TRAINING

Call: 85á-874-8200. SECURITY OFFICERS and Inventory Control Officers. Immediate part and full time openings in San Diego. Starting pay \$10-\$12 per hour. Experience not re-quired. Benefits include: free training, free uniforms, competitive hourly pay, assistance in obtaining California Guard Card. Requirements are: pass a 10 year Background Check, and have a High School Diploma or GED. Apply in person at: 5095 Murphy Canyon Road, Suite 301, San Diego, CA 292123, or call for more information, 858-499-0025.

SECURITY PROFESSIONALS. Secure a SECURITY PROFESSIONALS. Secure a new career in the growing field of Secu-rity and Asset Protection. GMI provides all training, Guard Card testing, Live Scan for GMI potential hires. Full/part time countywide. Excellent compensa-tion and benefits: 401(k), Health/Well-ness. Professional certification. Eligibility conditional. Apply: 8001 Vickers Street, San Diego (92111); call: 858-244-1870; e-mail: RVentura@GMIweb.com.

(PTO) for the award-winning San Diego Convention Center Corporation. To apply, visit our website's job board at www. visitsandiego.com. Applicants must be 18 years of age or older. Equal Opportu-nity Employer/Drug-free workplace.



6250 El Cajon Blvd., San Diego, CA 92115

PLATT COLLEGE

and Get a Better Job We Make It Easy to Go to College! MEDICAL Healthcare Admin.

- **Courses In:**

'ou Can Make More Money*

- Medical Coding/Billing
- X-Ray Technology (Ltd. Scope) • Nursing Administration[†] Laboratory Technology Medical Specialties
 - Medical Office Admin.

Preparation for Certifications/Licenses Available*

COMPUTERS

BUSINESS & ACCOUNTING

Medical Assisting

Respiratory Therapy

Pharmacy Technology

New

Master's Degrees[†]: **MBA**, Nursing Admin., Healthcare Admin.

- **Financial Aid Available**
- Associate's (Occ.), Bachelor's and Master's⁺ Degrees
- Job Placement Assistance for Graduates
- **Preparation for Certifications** and Licenses'
- Accredited Member ACCSCT
- Programs Approved for Veterans
- Day, Evening & Online Classes Start AUGUST 4th

www.census.gov/population/www/socdemo/education/cps2006.html (See Table 8) † Offered fully online by Stevens-Henager College⁵⁴, an affiliated college ** Certifications/licenses may require additional study and cost.



1-800-774-7670

2820 Camino Del Rio South, San Diego, CA 92108

California College San Diego

Use it in college and keep it when you graduate. Certain restrictions apply. Call for details.

www.californiacollege.info



SECURITY. Bald Eagle Security hiring li-censed Security Officers. Full/part time. Downtown San Diego locations only. No car or cell phone required. Guard Card required. Must be able to work flexible hours, mostly swing and graveyard plus every weekend. Background check. EEO/Drug free. Call 619-230-0022, e-mail iccimm@baldeaclesecurity.com capty jacinm@baldeaglesecurity.com, or apply in person at 2049 Main Street, San Diego, CA 92113.__

SECURITY. Pinkerton Government Ser of the oldest names in security Vices, one of the oldest names in security, is looking for serious, professional appli-cants. Candidates must: have Guard Card, be able to pass DOD background check, be neat and well groomed, be flexible in schedule and location to work, be very reliable, have reliable transporta-tion, have excellent written and spoken English, be career minded, have reliable means of contact (cell bonge etc.) Entrymeans of contact (cell phone, etc.). Entry-level pay rate \$11-\$14/hour plus medical

dental, vision and 401(k) benefits. For fastest response, apply online now! www. pinkertonjobs.com. EOE/M/F/D/V. pinkertonjobs.com. EOE/M/F/D/V. SECURITY. We want you to join Securitas, the #1 Security Team. We offer: County-wide positions, Free Guard Card training, medical/dental/vision and 401(k), Excel-lent working environment, free uniforms. For fastest response, apply online now www.securitasjobs.com. Thank you for applying online! Or call San Diego: 619– 641-0049; San Marcos (North County): 760-591-3733; Temecula: 951-676-3954. EOE/M/F/V/D, drug free. PPO #14827. SERVICE TECHNICIANS: Hiring OS Ser-EOE/M/F/M/D, drug tree. PPO #14827. SERVICE TECHNICIANS: Hiring 20 Ser-vice Technicians and Mechanics now! Heating, Air Conditioning, Refrigeration. CFC Card a must, or experience, Jobs for Siemens, Weatherite, EMCOR, A.O. Reed, ACCO, etc. Benefits: medical, re-tirement, 401(k), and many more options. Interviews held 9am sharp Tuesday and Wednesday, August 5 and 6 at: 6313

Nancy Ridge Drive, San Diego, CA 92121.

SHERIFF'S DISPATCHER. 911 Emer-SHERIFF'S DISPATCHER. 911 Emer-gency. Looking for a challenging career in Public Safety? San Diego County Sher-iff's Department is testing August 16, 2008. Sign-up begins 6:30am. San Diego County Operations Center, entrance at corner of Complex Street and Topaz Way, San Diego (Kearny Mesa), First come, first served. Limited seating. Bring valid picture ID. Must be at least 18 years; be proficient in English; pass computer-based performance test; pass backbased performance test; pass back-ground and medical checks. No experience necessary. Entry Level, \$18.22/hour. Lateral Entry, \$21.93 to \$26.66/hour. Medical, dental, vision, life insurance and retirement benefits. EOE. vw.sd911.com. Jobline: 858-565-5566 Social SERVICES. Instructors needed for day programs in Lakeside and Ocean-side for adults with developmental dis-abilities. Excellent benefits, no some s. Excellent benefits, no nights/weekends, start \$10.25-\$10.75/hour. Entry-level also available in Lakeside, \$9.00/hour. Unyeway, Inc.: 619-562-6330. SOCIAL SERVICES. Promising Futures. Inc., is hiring reliable, caring individuals to work with the developmentally disabled in East County and Ramona. Part-and full-time positions. \$8-\$10/hour plus benefits. Overtime opportunities available. pficareer@yahoo.com. Fax resume: 619-440-6864. Call 619-440-6802.

by Jesse Reklaw ©2008

SWIMMING INSTRUCTORS. \$11-\$19/ hour. North County: 760-744-7946 or San

TELE-FUNDRAISING. Raising money for local nonprofit organizations for less fortu-nate children. Monday-Friday, 5pm-9pm and Saturday mornings, 9am-1pm. Hourly plus commission plus bonuses. Call today. Start tonight! Mission Valley. 619-291-2113

TELEMARKETER, Full-time days. Mission Valley reverse mortgage company. Busi-ness-to-Business/outgoing calls. Potential move into sales for right person. \$12/hour guaranteed. Commission potential plus benefits. 619-294-6000.

TELEMARKETERS. Dialing for dollars! Phone personalities. No experience; will train. Great hours, 7am-2:30pm, Monday-Friday. 401(k), medical, dental benefits. Experienced Re-loaders welcomed. Highest paid commissions and bonuses in the industry. Kearny Mesa: Allen, 858-292-8577. Mira Mesa: Dana, 800-854-2830. Oceanside: Mike, 619-701-3631. TELEMARKETING. #1 home improve

974-0054. **TELEMARKETING.** Fundraising for Demo-cratic Party and national charities. Over 20 years in business. \$9/hour. Paid train-ing. Performance bonuses. Medical, den-tal, 401(k). Full time or part time. Convenient location. Apply at Gordon & Schwenkmeyer: 9620 Chesapeake Drive, San Diego 92123-1369. For appointment, call 858-496-2100.

TELEMARKETING. Great job! Great loca-tion! Great company! \$8/hour plus tion! Great company! \$8/hour plus bonuses. Ad specs. Come work with the best. Old Town Trolley. 619-543-8188. Dest. Old Town Trolley. 619-343-6188. **TELEMARKETING.** If you're good on the phone...give us a call! Pacific Graphics Advertising Specialties in La Mesa for 20 years. Hours: Monday-Friday. 8am-2:30pm. Call Joe: 619-461-0365.

TELEPHONE INTERVIEWERS. Friendly, outgoing No sales! Bilingual Spanish a

outgoing. No sales! Bilingual Spanish a plus. Hourly plus bonuses. Paid training parking, medical benefits. www uthresearch.com. Apply: Luth Research, 1365 Fourth Avenue, downtown. Job Hotline: 619-243-8045. TELESALES. Ad-Tech Telesales career

opportunity. Come meet our long-term employees who turned their part-time poemployees who turned their part-time po-sitions into careers and now earn \$1000+ weekly! (What you don't know, we'll teach

you.) New Trainees start at \$390/week plus commission. \$550/week after 5-6 weeks training. \$1000/week by Christ-mas. Top Sales Rep earns \$2500/week! 7:30am-2:30pm Monday-Friday, no weekends! Eric Carter, Ad-Tech, 800-560.0677 566-9677

TRANSITION SPECIALIST. Assist Teach ers in group and community-based in-struction for developmentally disabled adults. \$9.75/hour to start. 30 hours/week acuits. sb. /b/hour to start. 30 hours/week. Benefits. EOE. www.vistahill.org. Fax re-sume: 619-281-0453. Apply Monday-Fri-day, 9am-4pm: Stein Education Center, 6145 Decena Drive, San Diego 92120. E-mail: steinjobs@vistahill.org.

TRANSITION SPECIALIST. Assist Teach TRANSITION SPECIALIST. Assist Teach-ers in group and community-based in-struction for developmentally disabled adults. \$9.75/hour to start. 30 hours/week. Benefits. EOE. www.vistahill.org. Fax re-sume: 619-281-0453. Apply Monday-Fri day, 9am-4pm: Stein Education Center, 6145 Decena Drive, San Diego 92120. E-mail: steinobs@vistahill.org. steininhs@vistahill.org

mail: steinjobs@vistahill.org. **TRUCK DRIVING HIRING** Open House. Specifically organized for future Truck Drivers. Saturday, August 23, 2008, 10am-3pm. Western Truck School, 11902 Camp Road, Spring Valley, CA 91978. Registration is free. Come and talk to Werner Enterprise, Stevens Transport, Covenant Transportation, U.S. Express, and California National Guard! Register early at: strep@westerntruckschool.com. For more information, contact Dawn Williams. 1-800-TRUCKING (800-878-2546.) www.westerntruckschool.com. 2546.) wy

UNEMPLOYED HOMELESS VETERANS. a may be eligible: job search/resume paration, placement assistance, sup port services, job-related clothing/tools, housing referrals. VA benefits referrals ent: 619-449-5513.

VALET ATTENDANTS. Special events. \$8-\$10/hour plus tips. Must have clean driv-ing record and good customer service skills. Apply at www.sunsetparking.com.

skills. Apply at www.sunsetparking.com. VOLNTEERS NEEDED. Bilingual Span-ish/English, part time. Music Tutor: begin-ning to intermediate piano skills and Music Theory; play by ear; teach songs to community children's choir singing in Spanish and English. Work with begin-ners. Help students of varying levels of expertise. Find music/songs that appeal to all students. San Diego Young Artist Music Academy, Non-Profit Organization, A125 Alpha Street #A, San Diego 292113. Interview: George Hill or Thomas Fin-layson, 619-264-2220.







SASSOON ACADEMY 🔘 SCHOOL CONNECTION member 2008

learn the world-renowned training system abc cutting hair the sassoon way exclusively through the school connection at:

The Academy of Beauty and Spa {sheel} firstchair

Grand Openina Thurs., August 14 • 3-9 pm 13266 Poway Rd. (92064)

CUTTING HAIR THE SASSOON WAY

RSVP: 800-396-9187

www.sandiegobeautyacademy.com

CAREER TRAINING

Person. Take surveys and PR my busi-ness. \$200/week. Fun and easy. Work outside. Flexible hours. 858-525-5914.

SOCIAL SERVICES. Work with develop-mentally disabled children and adults Experience preferred. Allied Gardens Chula Vista or La Nesa. Monday-Friday 27-32 hours/week. Start \$9.75/hour. EOE

STUDENTSI Great canvassing work. \$20-\$30/hour part time. Setting appointments for home makeovers! We train. Base plus commission. Start immediately. Call Jake

www.vistahill.org. E-mail: steinjobs@ vistahill.org. Fax resume: 619-281-0453. Apply weekdays, 9am-4pm, Stein Educa-tion Center, Attention: HR, 6145 Decena Drive, San Diego CA 92120.

SURVEY TAKER/PUBLIC RELATIONS



No One Ever Dreams About Selling Tires.

Find out how the Gemological Institute of America can prepare you for a rich and rewarding career in the fine jewelry industry. For more than 75 years, nonprofit GIA has educated the world's leading jewelers, gemologists and jewelry designers, offering the most comprehensive and respected. gem and jewelry education available anywhere.

- · On Campus, Online, Distance Education and traveling Lab classes.
- · Financial assistance programs and scholarships for qualifying students.
- Professional Diplomas.
- · Ongoing career support.
- Year-round admission.
- · Ocean-view campus.

To learn more, call for a free course catalog: 800-421-7250 ext. 4001 or visit www.gia.edu



Learn from the World's Farement Authority in Genalogy**

World Headquarters **Be Relati Volgard Carrous** 5345 Armada Brive | Darkbad, CA 92008 T: 780-603-4000 F: 760-603-4003 187929



Train for a career as an Asian- or Western-Therapies massage therapist or integrate both as a Holistic Health Practitioner

Classes start soon - call 888-223-9418 to register!

Mueller College

of Holistic Studies Visit www.Mueller.edu/reader.htm for a special offer! 4607 Park Blvd, San Diego, CA 92216 - Financial Aid Available for Those Who Qualify Institution accredited by the Commission on Massage Therapy Accreditation

MASTER OF ARTS IN LEADERSHIP AND ORGANIZATIONAL STUDIES



Leadership Redefined

Today's complex and challenging world requires individuals who know how

to effectively lead organizational change. APU's Master of Arts in Leadership and Organizational Studies (MLOS) Program equips graduates with relevant leadership skills and in-depth understanding of business practices.

PROGRAM BENEFITS/DISTINCTIVES

- Complete your master's degree in 20 months.
- Choose from a traditional classroom or online format.
- Benefit from fixed tuition once enrolled in the program.
- Earn your degree from a university regionally accredited by WASC.

PROGRAM REQUIREMENTS

- An undergraduate GPA of 3.0 or better
- A bachelor's degree from a regionally accredited college or university



San Diego Regional Center

CALL CLICK EMAIL

(877) 210-8839 www.apu.edu/sandiego sandiego@apu.edu

Murrieta Regional Center

CALL (877) 210-8841 CLICK www.apu.edu/murrieta EMAIL murrieta@apu.edu

5353 Mission Center Rd., Ste. 300 San Diego, CA 92108 39573 Los Alamos Rd. Murrieta, CA 92563-5032



WAREHOUSE HELPER/LABORER. ARS San Diego is seeking Helpers to Assist in the warehouse, delivery material to job sites, pull permits (requires travel to vari-ous cities in San Diego county), Inventory, assist techs on jobs, etc. Position re-quires: good driving record, knowledge of plumbing, heating and/or air materials a plus. Must be motivated and work full time. 858-677-5479; or apply in person: 9895 Olson Drive, Suite A, San Diego

A New Healthcare Career In Just 6 Weeks!

Become a Phlebotomy **Technician**



The training program consists of a combination of classroom instruction and a clinical externship at our affiliated hospitals and clinics

No Experience Necessary Must Have High School Diploma/Equivalent Call for details **Family Health** Services 619.955.1007 www.familyhealth-services.con

BPPVE Register #3708721

(92121). Drug-free work environment. Li-cense #791820.

WEB DESIGNER. Seeking web designer. Must be comfortable building website. Must have experience with Dreamweaver, basic html experience, pdf, tif, gif files. E-mail, tmsuzuki97@aol

WEB DESIGNER/GRAPHIC ARTIST/ Corel Dra management, typesetting (good typing skills, good spelling), detail oriented (accuracy is key!), multi-tasking and de-pendability. Experience with skill-screening process a plus. Miramar. Call Steve: 1-800-566-9677 or fax re-

WEIGHT-LOSS CONSULTANT. If you like helping people achieve their goals, you may be a great Jenny Craig Weight Loss Phone Consultant at the corporate offices in Carlsbad, CA. We offer full-time employment, training, benefits and company discounts. EOE. To apply, e-mail resume: jobs@jennycraig.com; fax: 760-696-4608.

CAREER **T** RAINING

OF COURSE I NEVER COULD HAVE DONE IT WITHOUT YOUR SUPPORT.

PLACE ADS IN THE READER by call ingel9-235-8200, 8:30am to 5:00pm Monday through Friday. Deadline: 5pm

A ACADEMY OF BARTENDING. Make money! Fun! New friends! Learn behind real bar. 1-2 week course. Weekend classes available. Part-and full-time. Job placement assistance. Please call 619-pac ceno. 296-0600

ACCOUNTING, COMPUTERS, Medical Day, evening, and online classes start soon! Also offered: Medical Assisting, Respiratory Therapy, X-ray Technology (limited scope), Lab Technology, Phar-macy Technology, Healthcare Adminis-tration, Medical Coding/Billing, Nursing Administration, Medical Specialties, Med-ical Office Administration. Associate/SJRachelor/s deprese Codifi ical Office Ádministration. Associate's/Bachelor's degrees, Certifi-cations and Licenses, Programs ap-proved for Veterans. Accredited member ACCSCT. See Job Giant, page 5. Job placement assistance for graduates, fi-

CAREER TRAINING

rniacollege.info ACCOUNTING SKILLS are always in de-mand! Low-cost, 4-month, 200-hour train-ing program. Get started in this "best-of-the-best" career. Free information packet. The Accounting Academy, 760-510-1990, www.theaccountingacademy.

ENROLL TODAY! The "Fashion Only" College in San Diego

fashioncareerscollege

Fashion Design and Technology

Fashion Business and Technology

Fashion Buying Program

Scholarships Available

Day and Night Programs

1-888-835-4750

1923 Morena Blvd., San Diego, CA 92110

www.fashioncareerscollege.com

ANIMATION-3D, Video Production, Web Design, Graphic Design. Platt College of-fers Bachelor and Associate degrees, fixed tuition costs, day and evening classes, placement assistance, financial aid if qualified. Call today for a free info back: 1-866-752-8826. Visit: www. MediaArtSchool.com

nancial aid (if qualified). Classes begin each month! Enroll today! California Col-lege San Diego, 2820 Camino Del Rio South, San Diego (92108). 1-888-202-2664 umu colifornicollogo info-

by Joe Sayers ©2008

AND YOUR CROSSBOW.

MediaArtSchool.com. ARCHITECTURE/OPEN HOUSE: July 26, 10am. NewSchool of Architecture is ac-credited by the Architectural Accrediting Board and offers afternoon and evening cuero anu otters atternoon and evening classes with individual studio spaces for students. Call for a reserved seat! Apply online today! www.newschoolarch.edu or call 1-888-216-8711. Located in San Diego's East Village, 1249 F Street (92101).

(92101). BAKERY AND PASTRY ARTS. Yes, National School just won 1st Place for 2006 Iron Apprentice Award for Pastry in com-petition with 6 other schools. Visit us on the web at nationalschools.com or call for an appointment: 619-461-2800.

an appointment: 619-461-2800. **BARTENDING** and Casino Dealing ca-reers. Job leads guaranteed! Earn good money and have fun doing it! 1-4 week course. Try before you buy! Professional instructors. Group and individual classes. Competitive pricing. 0% financing avail-able. Structured curriculum and/or self-paced programs. Building careers for over 25 years. Visit our website today! www.cardsandcocktails.com. Academy of International Bartending and Casino Dealing, 858-560-MIXX (6499). 858-278-DEAL (3325). **BARTENDING.** Learn behind a real bar 1-

BARTENDING, Learn behind a real bar. 1-2 week course. Fun! Money! Make new friends! Weekend classes available. Part-and full-time. Job placement assistance. Call 619-296-0600.

Call 619-296-0600. **BARTENDING SCHOOL.** Hands-on train-ing. Learn to bartend from San Diego's #1 bartending school. Affordable two-week course, job placement assistance, financ-ing available. Make great money. San Diego Bartending School, 6690 Mission Gorge Road, Suite K, San Diego, CA 92120. Call today for a free tourl 619-281-2345. www.SanDiegoBartending.com.

BEAUTY SCHOOL GRAND OPENING. You BEAUTY SCHOOL GRAND OPENING. You are invited to join us in celebrating the Grand Opening of the Academy of Beauty and Spa, an elegant 5-star facility nationally recognized for elevating the art of education in the beauty industry. Dis-cover why Beauty and Welness are mak-ing headlines everywhere and why millions are joining the industry of Beauty and Spa. August 14, 3pm-9pm. The Academy of Beauty and Spa, 13266 Poway Road, Poway, CA 92064. RSVP to-day at 800-396-9187. Visit: www. sandiegobeautyacademy.com. Business OFFICE Administration. UEI

sandiegobeautyacademy.com. **BUSINESS OFFICE** Administration. UEI also offers programs for Pharmacy Tech-nician, Dental Assistant, Medical Billing/Insurance Coding, Massage Ther-apist, Computer Systems Technician, Ap-proved Veterans, Rehab, WIA. Job Placement Assistance, Financial Aid (if qualified). United Education Institute, 3666 Kearny Villa Road, #100, 92123; 310 3rd Avenue, #C6, Chuia Vista 91910. Call today! 1-877-206-1915. Visit our website: www.informuei.com nfofromuei.com

BUSINESS, COMPUTERS & Accounting: BUSINESS, communications of Account Day, evening, and online classes start soon! Also offered: Medical Assisting, Respiratory Therapy, X-ray Technology (limited scope), Lab Technology, Phar-menu Technology, Healthcare Adminismacy Technology, Healthcare Adminis-tration, Medical Coding/Billing, Nursing Administration, Medical Specialties, Med-ical Office Administration. Associate's/Bachelor's degrees, Certifi-cations and Licenses, Programs ap-proved for Veterans. Accredited member ACCSCT. See Job Giant, page 5. Job placement assistance for graduates, fi-nancial aid (if qualified). Classes begin each month Erroll todayl California Col-lege San Diego, 2820 Camino Del Rio South, San Diego (92108). 1-888-202-2654. Visit: www.californiacollege.info orniacollege.info

CAREERS IN FASHION: Fashion Careers CAREERS IN FASHION: Fashion Careers college, the "Fashion Only" college in San Diego. Programs in Fashion Design and Technology, Fashion Buying. Scholar-ships available. Day and night programs 888-835-4750. Fashion Careers College, 1923 Morena Boulevard, San Diego, CA 92110 (off Highway 5 on Mission Bay). www.fashioncareerscollege.com.

www.fashioncāreerscollege.com. CASINO DEALER and Bartending ca-reers. Eam good money and have fun do-ing itl 1-4 week course. Professional instructors. Group and individual classes. Competitive pricing. 0% financing avail-able. Job Leads guaranteed! Structured curriculum and/or self-paced programs. Try before you buy! Building careers for over 25 years. www.cardsandcocktails. com. Academy of International Bartend-mig and Casino Dealing. 858-560-MIXX (6499). 858-278-DEAL (3325). COAST DENTAL ACADEMY_North

COAST DENTAL ACADEMY, North County's newest school for future Dental professionals. An 80 hour, hands-on course in a real dental setting will prepare you for a new career as a Dental Assistant or Front Office Professional. Call 858-369-5197 or www.coastlentalacadew.com

CODING/BILLING (MEDICAL): Day, evening, and online classes start soon! Medical Assisting, Respiratory Therapy, Lab Technology, Pharmacy Technology, X-RAY Technology (limited scope), Health-care Administration, Nursing Administra-tion, Medical Specialities, Medical Office Administration, Associate's/Bachelor's de-grees Cartifications and Liconsee Pro-Administration. Associate's/Bachelor's de-grees, Certifications and Licenses, Pro-grams approved for Veterans. Accredited member ACCSCT. See Job Giant, page 5. Job placement assistance for graduates, financial aid (if qualified). Classes begin each month Enroll today! California Col-lege San Diego, 2820 Camino Del Rio South, San Diego (92108). 1-888-202-2654. www.californiacollege.info

COMMERCIAL DIVING. Learn from one of the most respected Diver Education Centers in the world. Earn your Associate of Science degree in Marine Technology.



We teach medicine that's good for the practitioner and the patient



San Diego Reader July 31, 2008

<u>₩</u>

acupuncture & massage

If you're looking for a new career, follow an old path - Traditional Chinese Medicine. Pacific College is one of the nation's leaders.

Pacific College offers: -Accredited Masters degree programs in Acupuncture and Oriental Medicine Massage certification programs -Financial aid is available for those who qualify -Flexible schedules



1.800.729.0941, www.PacificCollege.edu 7445 Mission Valley Rd., Ste. 105 San Diego, CA 92108

Start a new career in months

Medical · Business · Investigative

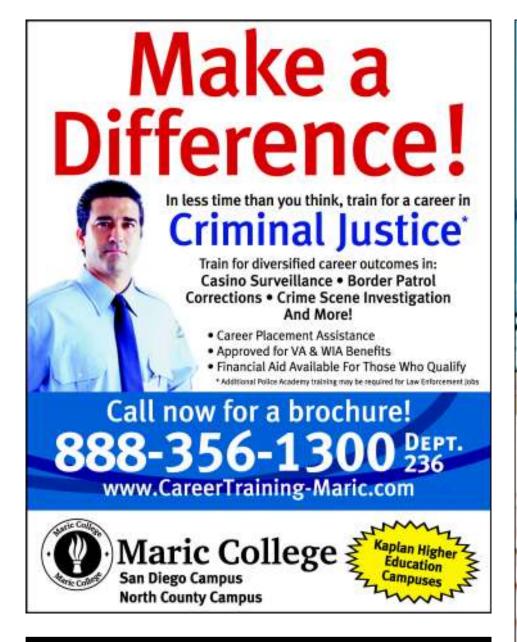
Certified Phlebotomy Technician • Medical Administrative Secretary Medical Office Administrator • Medical Biller Sports Medicine Technologist • Clinical Medical Assistant Administrative & Clinical Medical Assistant • Advanced Medical Coder Computerized Office Specialist • Computerized Office & Accounting Specialist Private Investigator

Morning, afternoon & evening class schedules WIA & Low-Cost Funding • Workers' Comp • Rehabilitation Free training if qualified • Small classes

> **Universal Schools & Colleges** of Health and Human Services



San Diego · 619-858-3480 San Marcos · 760-918-8198 www.uscmed.com



READY TO CHANGE YOUR LIFE?

Become a Court Reporter or Legal Office Assistant!

Call For Your Admissions Appointment Now!





- Days / Nights or Interactive Online Classes Available
- Financial Aid Available
 For Those Who Qualify
- Excellent Career Opportunities
- Associate Degree Offered
- **Fully Accredited**



San Diego Location (619) 683-2727 2820 Camino del Rio South Suite 100 San Diego, CA 92108

Moreno Valley Location (951) 781-2727 12125 Day Street Building L Moreno Valley, CA 92557

www.sagecollege.edu



No High School Diploma or GED Required

Train for a new career in Business Office Administration.

We also offer:

Computer Systems Technician
 Medical Assistant
 Dental Assistant
 Massage Therapy
 Medical Billing

and Insurance Coding • Pharmacy Technician*

*High School Diploma/GED Required

Call Today! 877-206-1915



www.ueisuccess.com

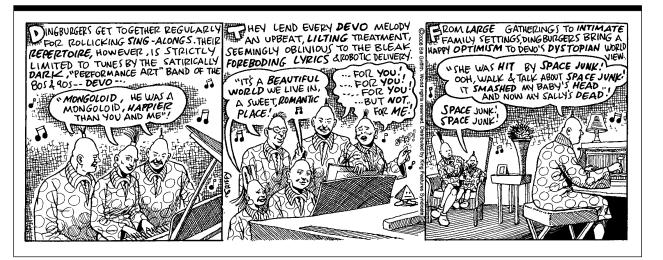
3666 Kearny Villa Road, Suite 100, San Diego, CA 92123

310 3rd Avenue, Suite C6, C7 Chula Vista, CA 91910

Not all programs available at all campuses | Approved for Veterans, Rehab, WIA Financial Aid Available for Those Who Qualify | Job Placement Assistance

ZIPPY

"Are We Not Pins?" by Bill Griffith ©2008



Specialize your talents: MedTech, WeldTech, SpecTech, Become qualified, not just certified. Experienced profession-als teach skills that employers demand. Job placement assistance/financial aid for those qualified. National Polytechnic College of Science: 800-432-3483, www.

MEDICAL/INSURANCE BILLING COURSE. UEI also offers programs for Pharmacy Technician, Dental Assistant, Business Office Administration, Massage Thera-pist. Approved Veterans, Rehab, WIA. Job Placement Assistance, Financial Aid (if qualified). United Education Institute 3666 Kearny Villa Road, #100, 92123; 310 3rd Avenue, #C6, Chula Vista 91910. Cal

today! 1-877-206-1915. Visit our website: www.infofromuei.com COMPUTER SYSTEMS TECHNICIAN. UEI also offers programs for Pharmacy Tech-nician, Dental Assistant, Business Office Administration, Massage Therapist, Medi-cal Billing & Insurance Billing, Approved Veterans, Rehab, WIA. Job Placement Assistance, Financial Aid (if qualified). United Education Institute, 3666 Kearny Villa Road, #100, 92123; 310 3rd Avenue, #C6, Chula Vista 91910. Call today! 1-877-206-1915. Visit our website: www. infofromuei.com infofromuei.com

COMPUTER TECHNICIAN training. Be job-ready in just 8 months! Valley Career College, 878 Jackman Street, El Cajon, CA 92020. We are located 1 block west of

CAREER TRAINING



Parkway Plaza. Accredited by ACCET. Day and evening classes. Synclock by note in size. Externships available. Job place-ment assistance. Financial aid if qualified. Available to non-high school graduates. 619-593-5111.

COMPUTER TECHNICIAN training. Be COMPUTER TECHNICIAN ITAINING. Be job-ready in just 8 months! Valley Career College, 878 Jackman Street, El Cajon, CA 92020. We are located 1 block west of Parkway Plaza. Accredited by ACCET. Day and evening classes. Small class size. Externships available. Job place-ment assistance. Financial aid if qualified. Available to oon birbs chool craduates. Available to non-high school graduates.

COMPUTERIZED OFFICE and Account-COMPUTENTZED OFFICE and ACCOUNT-ing, Be job-ready in just 8 months. Get the skills employers look for, from instructors with real-world experience. Day or evening classes available. Evening classes in just 9 months. Small classes, free tutoring, in-the-field training scholar-ships available, WIA, VA benefit ap-proved, job placement assistance, fearchiel du ourliche (if gurdified) and proved, job placement assistance financial aid available (if qualified), ac

San Diego's #1

cept non-high school graduates. Valley Career College, 878 Jackman Street, El Cajon, 1 block west of Parkway Plaza. 619-593-5111.ValleyCareerCollege.com. 619-593-5111.ValleyCareerCollege.com. COMPUTERIZED OFFICE and Account-ing. Be job-ready in just 8 months. Get the skills employers look for, from instructors with real-world experience. Day or evening classes available. Evening classes in just 9 months. Small classes, free tutoring, in-the-field training scholar-ships available, WIA, VA benefit ap-proved, job placement assistance, financial aid available (if qualified), ac-cept non-high school oraduates. Valley cept non-high school graduates. Valley Career College, 878 Jackman Street, El Cajon, 1 block west of Parkway Plaza. 619-593-5111.ValleyCareerCollege.com. **COMPUTERS, BUSINESS, Accounting:** Day, evening, and online classes start soon! Also offered: Medical Assisting, Respiratory Therapy, X-ray Technology (limited scope), Lab Technology, Phar-macy Technology, Healthcare Adminis-tration, Medical Coding/Billing, Nursing Administration, Medical Specialties, Medical Office Administration. Associate's/Bachelor's degrees, Certifi-cations and Licenses, Programs ap-proved for Veterans. Accredited member ACCSCT. See Job Giant, page 5. Job placement assistance for graduates, fi-nancial aid (if qualified). Classes begin each month! Enroll today! California Col-lege San Diego, 2820 Camino Del Rio South, San Diego (92108). 1-888-202-2654. Visit: www.californiacolleeu.info lege.info CosmetoLogy PROGRAM. Love your career! Make money and have fun! Many top Hairstylists own their own businesses. One-year full or part-time training. Night classes available. Paul Mitchell The School, 410 A Street, San Diego 92101. 6 1 9 - 3 9 8 - 1 5 9 0 . w w w . PaulMitchellTheSchool.com.

CRANE/HEAVY EQUIPMENT Training National certification. Placement assis-tance. Financial assistance. Southern California College of Construction. www. Heavy7.com, use code "SDR1". 1-866-265-7586.

DENTAL ASSISTANT TRAINING: Work chair-side assisting dentists as they ex-amine and treat patients. Graduate in 9 months! Morning, afternoon, evening classes; lifetime job placement assis-tance and financial aid if qualified. Pima Medical Institute, 888-239-9445. 780 Bay Boulevard, Chula Vista (I-5 at J Street). www.pmi.edu.

DENTAL ASSISTANT. Be job-ready in just Dennal ASSISTANT: Be job-ready in just 8 months. Get the skills employers look for, from instructors with real-world expe-rience. Day or evening classes available. Evening classes in just 9 months. Small classes, free tutoring, in-the-field training scholarships available, WIA, VA benefit scholarships available, WIA, VA benefit approved, job placement assistance, fi-nancial aid available (if qualified), accept non-high school graduates. Valley Career College, 878 Jackman Street, El Cajon, 1 block west of Parkway Plaza. 619-593-5111.ValleyCareerCollege.com.

DENTAL ASSISTANT. Be job-ready in just 8 months. Get the skills employers look for, from instructors with real-world expe-rience. Day or evening classes available. Evening classes in just 9 months. Small classes, free tutoring, in-the-field training scholarships available, WIA, VA benefit approved job placement assistance fit. scriotarships available, win, VA benefit approved, job placement assistance, fi-nancial aid available (if qualified), accept non-high school graduates. Valley Career College, 878 Jackman Street, El Cajon, 1 block west of Parkway Plaza. 619-593-5111.ValleyCareerCollege.com.

DENTAL ASSISTANT. Get started without a high school diploma. Now enrolling, call

today! Concorde Career Institute, 4393 Imperial Avenue, Suite 100, San Diego 92113. 888-283-6911. www. Concorde4me.com.

MEDICAL ASSISTANT PROGRAM at UEL MEDICAL ASSISTANT PROGRAM at UEL. We also offer courses for Massage Thera-pist, Business Office Administration, Medical Billing/Insurance Coding, Phar-macy Technician, Computer Systems Technician! Approved Veterans, Rehab, WIA. Job Placement Assistance, Finan-cial Aid (if qualified). Call and visit our campuses! United Education Institute, 3666 Kaarrov, Ville Dadd #100, 02123, 310 3666 Kearny Villa Road, #100, 92123; 310 3rd Avenue, #C6, Chula Vista 91910. Call today! 1-877-206-1915. www.infofromuei.

DENTAL ASSISTANT PROGRAM at UEI

We also offer courses for Massage Thera-pist, Business Office Administration, Medical Billing/Insurace Coding, Phar-macy Technician, Computer Systems Technician! Approved Veterans, Rehab, WIA. JobPlacement Assistance, Finan-WIA. Job Placement Assistance, Finan-cial Aid (if qualified). Call and visit our campuses! United Education Institute, 3666 Kearny Villa Road, #100, 92123; 310 3rd Avenue, #C6, Chula Vista 91910. Call today! 1-877-206-1915. www.infofromuei. com

com. **DRIVE YOUR WAY** into a new career! Great pay and benefits. Class A/Class B training. Placement assistance. Cam-puses in San Diego, Temecula, Riverside and Santa Ana. United Truck Driving School, 800-764-2020. www.drivetrucks.

ELECTRONIC EQUIPMENT Assembly Open enrollment, low cost classroom in-struction, financing for those who qualify; no fee or interest. Easy to attend. Free parking. Near public transportation. Course length: 12 weeks, day and evening classes. Call Votec Training, 858-565-0663. E-mail: skills@ votectraining.com. Website: www. votectraining.com.

EMERGENCY MEDICAL TECHNICIAN. (affiliated with the National University Sys-tems) offers programs in Construction Management, Nondestructive Testing, Homeland Security, Hyperbaric Homeland Security, Hyperbaric Medicine, Marine Technology, and Commercial Diving. Experienced profession als teach skills that employers demand. Job placement assistance/financial aid for those qualified. National Polytechnic College of Science: 800-432-3483, www.

EMPLOYEES IN TRANSITION. Life and



Medical Assistant

Our Grads Get Careers!

Train for a career in:

Medical Assistant

- Dental Assistant
- Medical Insurance Billing
- Pharmacy Technician
- Computerized Office/Accounting
- Computer Technician/Networking

Valley Career College 878 Jackman Street, El Cajon • Located 1 block west of Parkway Plaza

Call (619) 593-5111 www.valleycareercollege.com

8-Month Programs • Day & Evening Classes • Financial Aid (If Qualified) Available to Non-High School Graduates! • Job Placement Assistance • Approved for WIA, VA benefits







San Diego Reader July 31, 2008 36

EARN GREAT \$ - MEET NEW PEOPLE - WORK PART OR FULL TIME Ask about 7 Call today for a free tour our tuition 619) 281-2345 Special 619) 281-2345 We Specialize in Bartending Only special Two Week Course Job Placement Assistance

San Diego Bartending School San Diego , California 92120

www.SanDiegoBartending.Com

Financing Available K Excellent Student Testimonials

6690 Mission Gorge Rd. K

Available If Qualified

Make Money & Have Fun

Learn the facts about the life of a top hairstylist - they love their careers and many own their own business.

Find out more about your one-year full- or part-time training.

We also offer night classes.

Call now!

Financial Aid available to those who qualify.

Great scalp treatment, shampoo, haircut & style start at \$8.

We also do great color, brilliant hi-lights, full head bleaches, perms and waves, prom and bridal up-do's, relaxers and more!

Day & evening appointments.



PAUL MITCHELL the school SAN DIEGO 410 A Street San Diego, CA 92101 619.398.1590

All services performed by students under the direct supervision of an instructor.

www.PaulMitchellTheSchool.com

National **Communications Training Centers**

helps you take hold of your future!

If you're looking for a NEW CAREER with a **BIG FUTURE**, the Telecom Industry is experiencing a 37% compound annual growth rate and

they need Certified Technicians!

Become F.O.A. Certified in just 3 weeks:

Fiber Optics & Data Cabling

for the Telecommunications Industry.



Day and evening classes. WIA/Workers' Comp/EDD. State approved. 100% private financing for those who qualify.

> **National Communications Training Centers**

1324 E. Mission Rd., San Marcos, CA 92069

Call today! 760-471-9561

E-mail: nctc2@hotmail.com Visit: www.nctc.nu ceed by identifying major operatives affecting your career, love, and life. Mr. Stemberger, International Consul-tant, Certified Life Coach. 858-455-

EMT/EMERGENCY MEDICAL TECHNI-CIAN. National Polytechnic Collin ENTL/EMERGENCY MEDICAL TECHNI-CIAN. National Polytechnic College of Science (affiliated with the National Uni-versity Systems) offers programs in Con-struction Management, Nondestructive Testing, Homeland Security, Hyperbaric Medicine, Marine Technology, and Com-mercial Diving. Experienced profession-als teach skills that employers demand. Job placement assistance/financial aid for those qualified. National Polytechnic College of Science: 800-432-3483, www. natpoly.edu.

FALL SESSION AT MESA COLLEGE be FALL SESSION AT MEAN CONTENT OF gins August 25, 2008. Endless opportuni-tiest Free Orientation, Saturday, August 9, 2008: www.sdmesa.edu/student-success. San Diego Mesa College, San Diego Community College District. www. sa.edu

Sdmesa.edu.
FASHION CAREERS. Fashion Careers college, the "Fashion Only" college in San Diego. Programs in Fashion De-sign and Technology, rand Fashion Buying. Scholarships available. Day and night programs. Coming August 2nd... San Diego's own Fashion Com-petition—Project Fashion. 888-835-4750. Fashion Careers College, 1923 Morena Boulevard, San Diego, CA 92110 (off Highway 5 on Mission Bay). www.fashioncareerscollege.com.

FIBER OPTICS & DATA CABLING. Na-FIBER OPTICS & DATA CABLING. Na-tional Communication Training Centers help you take hold of your future! If you're looking for a new career with a big guture, the Telecome Industry is experincing a 37% compound annual growth rate and they need Certified Technicians. Become F.O.A. certified in just 3 weeks of inten-sive hands-on training. Daylevening classes. WIAWorkers' Comp/EDD. State approved. 100% private financing for those who qualify. Visit: 1324 East Mis-sion Road. San Marcos, CA 92069. Call today! 760-471-9561. Email: nctc2@ hotmail. Check us out on the web! www.nctc.nu.

FINE JEWELRY CAREER! BBA Degree FINE JEWELRY CAREERI BBA Degree and professional diplomas. Start the new year with a rich and rewarding career in the fine jewelry industry. Gemological In-stitute of America offers the most compre-hensive, respected gem and jewelry education available anywhere. On Cam-pus, Online, Distance Education and trav-eling Lab classes. Professional Diplomas. Year-round admission. Financial assis-tance programs/scholarships for qualify-ing students. Ongoing career support. Free catalog: 800-421-7250 x4001. www. gia.edu.

FREE GUARD CARD TRAINING. Join the FREE GUARD CARD TRAINING. Join the #1 Security Team where people make the difference. Call Securitas, the largest, most respected security com-pany in the world Countywide positions available. Free Guard Card training. Medical/dental/vision and 401(k), excel-lent working environment, free uniforms. For fastest response, apply online now! www.securitasjobs.com. Thank you for applying online! Or call San Diego: 619-641-0049; San Marcos (North County): 760-591-3733; Temecula: 951-676-9954. EOE/M/F/V/D, drug free. PPO #14827.

#14827. GEMOLOGY/JEWELRY. Prepare for a rich and rewarding career in the fine jew-elry industry. Gemological Institute of America offers the most comprehensive, respected gem and jewelry education available anywhere. On Campus, Online, Distance Education and traveling Lab classes. Professional diplomas. Year-round admission. Financial assistance programs/scholarships for qualifying students. Ongoing career support. Free catalog: 800-421-7250 x4001. www.gia. edu.

GET F.O.A. CERTIFIED/3-week intensive GET F.O.A. CERTIFIED/3-week intensive hands-on course in Fiber Optics, Telecommunications, Data Cabling, Daylevening classes. WIA/Workers' Comp/EDD. State approved. 100% pri-vate financing for those who qualify. Cabl today! 780-471-9561. Visit NCTC in North County, 1324 East Mission Road, San Marcos, CA 92069. Email: nctc2@hotmail. com; or check out our web site: www.nctc.nu

www.nctc.nu GMAT PREPARATION. USD Test Prepa-ration Courses. Sharpen your skills! Ex-perienced faculty. Practice exams. Convenient schedules. Free refresher classes within 1 year of paid course com-pletion. www.sandiego.edu/testprep. 619-260-4579.

GRAPHIC DESIGN, 3D Animation, Video Production, Web Design, Platt College offers Bachelor and Associate degrees, fixed tuition costs, day and evening classes, placement assistance, financial aid if qualified. Call today for a free info pack: 1-866-752-8826. Visit: www. MediaArtSchool.com.

GRE PREPARATION. USD Test Prepara-tion Courses. Sharpen your skills! Experi-enced faculty. Practice exams. Convenient schedules. Free refresher classes within 1 year of paid course com-pletion. www.sandiego.edu/testprep. 619-260-4579.

398-1590. **HEALTHCARE CAREER** in 6 weeks! Be-come a Philebotomy Technician. Class-room instruction and clinica. No experi-ence necessary. Requires high school diploma/equivalent. BPPVE Register #3708721. Family Health Services, 619-955-1007. www.familyhealth-services. com.

HIGH SCHOOL DIPLOMA! Fast, affordable and accredited, free brochure. Cal now! 1-888-583-2101, www. continentalacademy.com. (AAN CAN)

Education for Life.

EARN YOUR ASSOCIATE OF SCIENCE IN HYPERBARIC **MEDICAL TECHNOLOGY**

Classes Two Days a Week

Weekend Classes Also Available

Campus In San Diego

Financial Aid Available

Assistance With Job Placement



LEARN MORE AT WWW.NATPOLY.EDU 800.432.3483

National Polytechnic College of Science is accredited by the Accrediting Commission for Community and Junior Colleges of the Western Association of Schools and Colleges. HYPERBARIC MEDICINE. Earn your as-sociate's degree in Hyperbaric Medical Technology. From wound care to treating carbon monoxide poisoning. Join this cut-ting edge, fast-growing field with a de-gree from National Polytechnic College of Science (an affiliate of National University System). Classes two days a weeks, job placement assistance/financial aid for those qualified. Visit: www.natpoly.edu. National Polytechnic College of Science: 800-432-3483.

INSURANCE CODING/BILLING. Get INSURANCE CODING/BILLING. Get started without a High School Diplomal Concorde also offers: A.S. in Respiratory Therapy, Massage Therapy, Surgical Technology, Medical Assistant, Dental Assistant, Vocational Nursing courses. Now enrolling, call today! Concorde Ca-reer Institute, 4393 Imperial Avenue, Suite 100, San Diego 92113. 888-254-6904; www.ContactConcorde.com. www.ContactConcorde.com.

INVESTIGATION COURSE. Become a Pri-vate Investigator. Start a new career in 2 months or less at U.S. College! Morning, afternoon and evening classes. WIA and lew cost funding, workers gent account low cost funding, workers comp, small classes. Universal Schools and Colleges of Health and Human Services, San Diego: 619-858-3840; San Marcos: 760-

Learn behind a real bar. Make new friends! Fun! Money! Week course. Learn behind a real bar. Make new friends! Fun! Money! Weekend classes available. Part-and full-time. Job place-ment assistance. Call 619-296-0600. ment assistance. Call 619-296-0600. LEARNING ACADEMY. Home Care Aides, Childcare, Family Caregivers. Entry-level and advanced training for home care providers. At Your Home Familycare, Inc. Please call toll free: 877-91LEARN. E-mail:

mecareiobs@atvourhomefamilvcare

LEGAL CAREER. University of San Diego Paralegal Certificate. Approved by the American Bar Association. Employment Assistance. Internships. Financial Aid available. www.sandiego.edu/paralegal. 619-260-4579.

LSAT PREPARATION. USD Test Prepara tion Courses. Sharpen your skills Experi-enced faculty. Practice exams. Convenient schedules. Free refresher classes within 1 year of paid course com-pletion. www.sandiego.edu/testprep. 619-260-4579.

619-260-4579. M.A. IN LEADERSHIP AND Organiza tional Studies. Azusa Pacific University's M.A. IN LEADERSHIP AND Organizational Studies. Acusa Pacific University's Master of Arts in Leadership and Organizational Studies (MLOS) Program equips graduates with relevant leadership skills and in-depth understanding of business practices. Complete your master's degree in 20 months. Choose from a traditional classroom or online format. Benefit from fixed tuition once enrolled in the program. Earn your degree from a university regionally accredited by WASC. Requires a bachelor's degree from a regionally accredited college or university. a bachelor's obgree from a regionaly ac-credited college or university and an un-dergraduate GPA of 3.0 or better. Call 877-210-8839, visit www.apu.edu/ sandiego, e-mail sandiego@apu.edu. Azusa Pacific University San Diego Re-gional Center, 5353 Mission Center Road, Suite 300, San Diego, CA 92108.

Šuite 300, San Diego, CA 92108. MASSAGE THERAPIST Course at UEI. We also offer programs for Pharmacy Technician, Business Office Administra-tion, Medical Billing/Insurance Coding, Dental Assistant, Computer Systems Technician, Approved Veterans, Rehab, WIA. Job Placement Assistance, Finan-cial Aid (if qualified). United Education In-stitute, 3666 Kearny Villa Road, #100, 92123; 310 3rd Avenue, #C6, Chula Vista

Security Guard Training Free

To those who qualify • 20% discount to all others with this ad.

We offer training for:

• Guard Card • Firearms • Baton • Pepper Spray/Mace • Taser CPR/First Aid • Report Writing • Tactical Verbal • Defensive Tactics

• Handcuffing • Loss Prevention • Veterans Training

www.nanpor.com

CAREER TRAINING

91910. Call today! 1-877-206-1915. Visit

MEDIA ARTS. Platt Colleges offers, 3D Animation, Web Design, Graphic De-sign, Video Production. Platt College ofsign, Video Production. Platt College of-fers Bachelor and Associate degrees, fixed tuition costs, day and evening classes, placement assistance, financia aid if qualified. Call today for a free info pack: 1-866-752-8826. Visit: www Madia AttSchool com

MEDICAL ADMINISTRATION and Billing Be job-ready in just 8 months. Get the skills employers look for, from instructors with real-world experience. Day or evening classes available. Evening classes in just 9 months. Small classes, for the one in the field to the classes in just 9 months. Small classes, free tutoring, in-the-field training scholar-ships available, WIA, VA benefit ap-proved, job placement assistance, financial aid available (if qualified), ac-cept non-high school graduates. Valley Career College, 878 Jackman Street, El Cajon, 1 block west of Parkway Plaza. 619-593-5111.VallevCareerCollege.com MEDICAL ADMINISTRATION and Billing. Be job-ready in just 8 months. Get the skills employers look for, from instructors with real-world experience. Day or evening classes available. Evening evening classes available. Evening classes in just 9 months. Small classes, free tutoring, in-the-field training scholar-ships available, WIA, VA benefit ap-proved, job placement assistance, financial aid available (if qualified), ac-cept non-high school graduates. Valley Career College, 878 Jackman Street, El Cajon, 1 block west of Parkway Plaza. 619-593-5111.ValleyCareerCollege.com. MEDICAL ADMINISTRATIVE COURSES.

Contact U.S. Colleges for more informa-tion. WIA and low cost funding, workers comp, small classes. Universal Schools and Colleges of Health and Human Ser vices, San Diego: 619-858-3840; Sar Marcos: 760-918-8198. www.uscmed

MEDICAL ASSISTANT TRAINING: Assist ation and treatphysicians in the examination and treat-ment of patients ranging from newborns to senior citizens, as well as perform rou-tine office tasks. Graduate in 9 months! Morning, atternoon, evening classes, life-time job placement assistance and finan-cial aid if qualified. Pima Medical Institute, 888-239-9445. 780 Bay Boulevard, Chula Vista (1-5 at J Street), www.pmi.edu. to senior tine offic Morning

MEDICAL ASSISTANT. Get started with-out a high school diploma. Now enrolling, call today! Concorde Career Institute, 4393 Imperial Avenue, Suite 100, San Diego 92113. 888-283-6911. www. Concorde4me.com.

MEDICAL BILLING & CODING. This com MEDICAL BILLING & CODING. This com-prehensive medical billing and coding course offers the skills needed to solve in-surance billing and coding problems, complete insurance claim forms, trace delinquent claims and appeal denied claims. Course length: 12 weeks, day and evening classes. Call Votec Training, 858-565-0663. E-mail: skills@ skills@ 858-565-0663. 858-565-0663. E-mail: votectraining.com. Website: www

MEDICAL CAREERS. Train to become a Medical Assistant, Pharmacy Technician, Medical Insurance Technician, Medical Medical Insurance Technician, Medical Administrative and Insurance Specialist, Nursing, Nursing Assistant, Back Office. Not all programs offered at all locations. Maric College offers on-the-job training, career placement, financial aid available for those who qualify. San Diego and North County campuses. Call today! 888-356-4000, Dept. 276, or visit www. CareerTraining-Maric.com.

MEDICAL PROGRAMS: Day, evening, and online classes start soon! Medical Assisting, Respiratory Therapy, X-ray Technology (limited scope), Lab Technol-Technológy (limited scópe), Lab Ťechnol-ogy, Pharmacy Technology, Healthcare Administration, Medical Coding/Billing, Nursing Administration, Medical Special-ties, Medical Office Administration. Asso-ciate's/Bachelor's degrees, Certifications and Licenses. Programs approved for Veterans. Accredited member ACCSCT. See Job Giant, page 5. Job placement assistance for graduates, financial aid (if gualified). Classes begin each month! Enroll today! California College San Diego, 2820 Camino Del Rio South, San Diego (92108). 1-888-202-2654. Please go to: www.californiacollege.info

NONDESTRUCTIVE TESTING. National Polytechnic College of Science (a affili-ate of National University System) also of-fers classes: Construction Management, Homeland Security (online), Hyperbaric Medicine, Emergency Medical Techni-cian, Marine Technology, Commercial Diving, Classes two days a week, job placement assistance/financial aid for blacement assistance/financial and on hose qualified. Visit: www.natpoly.edu Vational Polytechnic College of Science 800-432-3483

NURSING ADMINISTRATION: Day evening, and online classes start soon! Also offered: Medical Assisting, Respira-tory Therapy, Lab Technology, Pharmacy Technology, X-RAY Technology (limited scope), Healthcare Administration, Medical Specialties, Medical Office Administration, Associ-ate's/Bachelor's degrees, Certifications and Licenses, Programs approved for Veterans. Accredited member ACCSCT. See Job Giant, page 5. Job placement assistance for graduates, financial aid (if qualified). Classes begin each month! Erroll today! California College San Diego. (92108). 1-888-202-2654. www.californiacollege.info

www.californiacollege.info NURSING CAREERS. Train to become a: Medical Assistant, Pharmacy Technician, Medical Assistant, Pharmacy Technician, Administrative and Insurance Specialist, Nursing, Nursing Assistant, Back Office. Not all programs offered at all locations. Maric College offers on-the-job training, career placement, financial aid available for those who qualify. San Diego and North County campuses. Call today! 888-356-4000, Dept. 276, or visit www. CareerTraining-Maric.com. ing-Maric

OPEN HOUSE/ARCHITECTURE: Satur-day, July 26, 10am, NewSchool of Archi-OPEN HOUSE/ARCHITECTURE: Satur-day, July 26, 10am. NewSchool of Archi-tecture. Campus Tour and Panel discussion with Faculty, Alumni and Stu-dents. Architectural Accrediting Board and offers afternoon and evening classes with individual studio spaces for students. Apply online today! www.newschoolarch. edu or call 1-888-216-8711. Located in San Diego's East Village, 1249 F Street (92101)

PHARMACY TECHNICIAN TRAINING: As PHARMACY TECHNICIAN TRAINING: As-sist licensed Pharmacists in providing medication and healthcare products to patients. Graduate in 8 months! Morning, afternoon, evening classes; lifetime job placement assistance and financial aid if qualified. Pima Medical Institute, 888-239-9445. 780 Bay Boulevard in Chula Vista (I-5 at J Street). www.pmi.edu.

Vista (1-5 at J Street). www.pmi.edu. PHARMACY TECHNICIAN. Be job-ready in just 8 months. Get the skills employers look for, from instructors with real-world experience. Day or evening classes avail-able. Evening classes in just 9 months. Small classes, free tutoring, in-the-field training scholarships available, WIA, VA benefit approved, job placement assis-tance, financial aid available (if qualified), accept non-high school graduates. Valley Career College, 878 Jackman Street, El Cajon, 1 block west of Parkway Plaza. 619-593-5111.ValleyCareerCollege.com. PHARMACY TECHNICIAN. Be job-ready look for, from instructors with real-world experience. Day or evening classes avail-able. Evening classes in just 9 months.

experience. Day or evening classes avail-able. Evening classes in just 9 months. Small classes, free tutoring, in-the-field training scholarships available, WIA, VA benefit approved, job placement assis-tance, financial aid available (if qualified), accept non-high school graduates. Valley Career College, 878 Jackman Street, El Cajon, 1 block west of Parkway Plaza. 619-593-5111. ValleyCareerCollege.com. 619-593-5111/ValleyCareerCollege.com. PHARMACY TECHNICIAN. This course provides the skills and knowledge that lead to licensure and a rewarding career as a pharmacy technician. Pharmacy Technician performs a variety of tasks un-der the direction of a licensed Pharma-cist. Course length: 12 weeks, day and evening classes. Call Votec Training, 858-565-0663. E-mail: skills@ votectraining.com. Our website: www. whectraining.com.

votectraining.com. PHARMACY TECHNCIAN. Train to be-come a Pharmacy Technician, Medical Insurance Technician, Medical Adminis-trative and Insurance Specialist, Nursing, Nursing Assistant, Back Office. Not all programs offered at all locations. Maric College offers on-the-job training, career placement, financial aid available for those who qualify. San Diego and North County campuses. Call today! 888-356-4000, Dept. 276, or visit www. CareerTraining-Maric.com. CareerTraining-Maric com

PHARMACY TECHNICIAN Course at UE Ve also offer programs for Massage PHARMACY TECHNICIAN Course at UEL. We also offer programs for Massage Therapist, Business Office Administra-tion, Medical Billing/Insurance Coding, Dental Assistant, Computer Systems Technician, Approved Veterans, Rehab, WIA. Job Placement Assistance, Finan-cial Aid (if qualified). United Education In-stitute, 3666 Kearny Villa Road, #100, 92123; 310 3rd Avenue, #C6, Chula Vista 91910. Call todayl 1-877-206-1915. Usi our website: www.informuei.com

Programs approved for Vetoralist and the vetoralist of the vetoralist and online classes start soon. Medical Assisting, X-ray Technology (limited scope), Respiratory Therapy, Health-care Administration, Medical Coding/Billing, Nursing Administration, Medical Specialties, Medical Office Administration, Associate's/Bachelor's degrees, Certifications and Licenses, Programs approved for Veterans. Accredited member ACCSCT. See Job Giant, page 5. Job placement assistance for graduates, financial aid (if qualified). Classes begin each month! Enroll today! California College San Diego, 2820 Camino Del Rio South, San Diego (92108). 1-888-202-2654. www.california.

PLATT (MEDIA ARTS) COLLEGE offers classes in Web Design, Graphic Design, Video Production, 3D Animation. Bache-lor and Associate degrees, fixed tuition costs, day and evening classes, place-ment assistance, financial aid if qualified. Call today for a free info pack: 1-866-752-8826. Visit: www.MediaArtSchool.com.

RESPIRATORY THERAPY (Associate of Occupational Science). Train in less than two years for this specialty that focuses on prevention, diagnoses, treatment, management and rehabilitation of pamanagement and remaind the and the and

RESPIRATORY THERAPY. Get started RESPIRATORY THERAPY, Get started without a High School Diplomal Con-corde offers: A.S. in Respiratory Therapy, Massage Therapy, Surgical Technology, Medical Assistant, Dental Assistant, Vo-cational Nursing, Insurance Coding & Billing courses. Now enrolling, call today! Concorde Career Institute, 4393 Imperial Avenue, Suite 100, San Diego 92113. 888-254-6904; www.Concorde4me.com. RESTAURANT/BAR MANAGEMENT:

Learn the ins and outs of restaurant and bar management at National Schools. bar management at National Schools. Free career placement assistance, with many jobs available. Call: 619-461-2800 for a tour and sit in a class. Learn why we are different. Visit us on the web, and see our Photo Gallery and curriculum of all our training. Financial Aid available. www. our training.

Security such and evaluate the available. WWW
 ationalschols.com.
 SECURITY GUARD TRAINING. Become
 fully trained and certified Private Security
 Guard in just 52 hours/2 weeks! Certificate: Power to Arrest, Liabilities and Le gal Aspects, Observation and
 Documentation, Communication and Sig nificance. BSIS Car/Permits: Guard
 Card/Baton Permit, Frearm Permit/Tear
 Gas, First Aid/CPR. Now accepting:
 WIA/TAA, Vocational Rehab, Dislocated
 Workers, Private Pay and others. Coast
 Carer Institute, 1330 East Valley Park way #A, Escondido, CA 92024, 76-7358427; or 311 Third Avenue, Chula Vista,
 CA 91910, 619-420-0437.
 SECURITY: BECOME A PROFESSIONAL

SECURITY: BECOME A PROFESSIONAL Security Guard. Guard Card testing. Security Guard Guard Card testing, Firearms testing, Pepper spray training, Baton training, CPR/First Aid training— same day certification. Concealed weapons classes offered. Live Scan unit on premises. 619-518-4279.

SPORTS MEDICINE TECH Program. Call U.S. Colleges for more information. WIA and low cost funding, workers comp, small classes. Universal Schools and Col-leges of Health and Human Services, San Diego: 619-858-3840; San Marcos: 760-918-8198. Marcuis School compared com

918-8198. www.uscmed.com. STARTING, CHANGING OR moving ahead in your career? UCSD Extension provides a wealth of opportunities to help you grow. Business, Science, Technology fields, 54 certificates, 300+ courses. UCSD Extension classes begin in March and Aprill www.extension.ucsd.edu.

SURGICAL TECHNOLOGY. Start this year SURGICAL TECHNOLOGY. Start this year with a new career. We also offer courses in Massage Therapy, Medical Assisting, Respiratory Therapy. Insurance Coding and Billing, Dental Assisting, and Voca-tional Nursing. Call today for more infor-mation! Concorde Career College, 4399 Imperial Avenue, Suite 100, San Diego. 888-254-6904; www.Concorde4me.com.

TEACH ENGLISH ABROADI Become TEFL certified. 4-week course in Prague, Czech Republic. Job assistance world-wide. Courses offered monthly. Course tuition 1300 Euros. info@ teflworldwideprague.com, wv teflworldwideprague.com. (AAN CAN) www

TELECOMMUNICATIONS. Become FOA certified. 3-week intensive hands-on TELECOMMUNICATIONS. Become FOA certified. 3-week intensive hands-on course in Fiber Optics, Telecommunica-tions, Data Cabling. Day/evening classes. WIA/Workers' Comp/EDD. State ap-proved. 100% private financing for those qualified. Call today! 760-471-9561. Visit NCTC in North County, 1324 East Mission Road, San Marcos, CA 92069. Email:



Ask about: • Training Package • Job Placement Assistance Ongoing Career Training & Support

NANPOR SECURITY ACADEMY

601 Mission Avenue • Oceanside, CA 92054

For more information: 760-439-6400

(Serving San Diego County for 21 years)



#San Diego

(619)260-4579

138 San Diego *Reader* July 31, 2008

Financial Aid Available www.sandiego.edu/paralegal

your career started! **Test Preparation** LSAT, GMAT, GRE, SAT

Sharpen Your Skills! **Experienced Faculty** Practice Exams **Convenient Schedules** Free Refresher Classes (within 1 year of paid course completion)

www.sandiego.edu/testprep





Chris Trevisin Chef La Jolla

It was when I was stoned. I don't do that anymore, but one time...I ate a whole bag of Pecan Sandies these Keebler cookies; two bags of Cool Ranch and Nacho Cheese Doritos. Those were full-size bags. I had three-fourths of a pizza, the works. And I had a California burrito.



Caryn Padowitz Student

La Jolla was dating a guy that was over six feet, and real heavy. But I could always eat more than him. I played lacrosse and went to the gym back in high school and ate a lot. One time we were watching TV and I was really hungry. I got an entire rotisserie chicken and ate it. I was even picking the bones for extra meat. Oh, recently, someone made us this homemade Mexican food from scratch. It wasn't very good, but there was a lot of it. By the time they got to desserts, we were stuffed. And they had every dessert imaginable...cake, cookies, ice cream. Everything,



Ben Schneider Lawyer Chicago

don't know if I could think of the I don't know IF I courd units of marks-biggest meal. Maybe some Thanksgiving. But the most painful would be each week. It's like a contest to see if I can top the previous Saturday. I'm very religious, and on Saturday I don't eat all morning. And we end up going right to someone's house and have this stew. It has meat, beans and potatoes in it. I eat so much, I get full and fall asleep.



Veronica Flood IT Development Foothill Ranch

It was at my aunt's restaurant in New Jersey. We had a seven-course meal to die for. I can't believe on the trip I was still able to lose five pounds I'd finish one plate, and there was another. Filet mignon and potatoes.... I felt like rolling the three blocks home. The funniest thing is that my aunt was giving me crap about my weight on that trip, then she stuffed me at her restaurant.



Dan Ewing Manager El Cerrito

I have a brother that was a fine-dining chef at Baleen's in Miami. It opened up here in Mission Beach. When it was there and I was visiting, I had this bad-ass six-course meal. We basically got to taste everything on the menu. He would bust out everything. He's a chef at the Omni here now, so maybe I'll pay him a visit.



Scott Kaplan Surfboard Shaper Pacific Beach

It was two years ago on Thanks-giving. My two roommates were trying to outdo each other. Both are great cooks. They were doing lots of prep in the afternoon, and it was eating all day long. By 8:00 p.m. I was so full and ended up asleep on the couch.

nctc2@hotmail.com; or check out our web

site: www.nctc.nu TRUCK DRIVING SCHOOL. Earn big bucks, drive big trucks! Western Truck School San Diego offers classroom and over-the-road instruction. Class A/4 weeks; Class B/1 week! We have a job waiting for you, if qualified. Veteran/WIA approved. Tuition reimbursement. Day, night, weekend classes. 1-800-TRUCK-ING, www.westerntruckschool.com.

ING. www.westerntruckschool.com. **TRUCK DRIVING.** Drive your way into a new career! Great pay and benefits. Class A/Class B training. Placement as-sistance. Campuses in San Diego, Temecula, Riverside and Santa Ana. United Truck Driving School, 800-764-2020 www.drivetruck.com

TUITION-FREE TRAINING: Programs Anesthesia Tech, Personal Trainer, Medi-cal Office, Orthopedic Tech, Group Home Cai Office, Ortnopedic Tech, Group Home Training, Telemetry Tech, Insurance, In-Design (or QuarkXPress), Culinary Arts, Web Graphics, Emergency Dispatch, Se-curity & CPR/First Aid. ROP Grossmont College. Visit; www.grossmont.edu/rop. 619-644-7550.

US POSTAL AND GOVERNMENT CA

PET

CENTRAL

PLACE ADS IN THE READER by call

mg619-235-8200, 8:30am to 5:00pm, Monday throughFriday. Deadline: 5pm Tuesday.

Iuesday. **ADOPTION EVENT** Saturday, August 2, from 10am-3pm at Petco in Poway. 13375 Poway Road. For more information, call Baja Animal Sanctuary, 619-231-6960 or email sandradsimpson@cox.net.

ADOPTION EVENT Saturday, 8/16, from 10am-3pm at Petco in Carmel Mountair

10am-3pm at Petco in Carmel Mountain Ranch, 11160 Rancho Carmel Drive. Con-tact Baja Animal Sanctuary for more infor-mation, 619-231-6960 or

saruraasimpson@cox.net. ADOPTION EVENT Every Saturday, from 12pm-6pm at PetSmart in Chula Vista, 1840 Main Street. For more information, contact Jim with Baja Animal Sanctuary 619-341-3145.

619-341-3145. AQUARIUM SALE at Octopus's Garden. 20H aquarium \$20; 29 or 292; 40R \$40. Even a 60E is just \$60. Other tank spe-cials also. Lots of healthy saltwater fish and beautiful corals. Protein skimmers. Lighting systems, pumps, decorations and supplies at low prices at Octopus's Garden. Noon-9pm, 7 days. Call 858-576-7449.

AQUARIUMS AND PONDS! Freshwate

saltwater fish. Extensive reef animals 9000 square feet. Low warehouse prices Expertise not found in Southern California

Expertise not found in Southern California cookie-cutter storest Aquatic Warehouse. 5466 Complex Street #204, San Diego. Behind Superior Courthouse, off Claire-mont Mesa Boulevard. www. aquaticwarehouse.com. Daily, 10am-7pm. Saturday, 10am-6pm. Sunday, 11am-6pm. 858-467-9297.

BAN BACKYARD PUPPY MILLS. Please

visit your local humane society and adopt one or more of the sweetest pets you'l ever love. They need you!

BUY/SELL/TRADE reptiles, amphibians

s, snakes, lizards. Largest

sandradsimpson@cox.net.

or

cellent benefits: paid training, full medical insurance, paid vacations. For registration, test preparation and information, call 858-277-2029. VETERINARY ASSISTANT PROGRAM:

Just 30 weeks to a career filled with fur and fun! Love your patients and your job as you nutrue the health and well-being of ani-mals. Pima Medical Institute offers finan-cial aid if qualified and lifetime job placement assistance. 888-239-9445. 780 Bay Boulevard, Chula Vista. www.pmi.edu.

VIDEO PRODUCTION, Web Design Graphic Design Video Production Plat Graphic Design, Video Production. Platt College offers Bachelor and Associate de-grees, fixed tuition costs, day and evening classes, placement assistance, financial aid if qualified. Call today for a free info pack: 1-866-752-8826. Visit: www. MediaArtSchool.com.

VOCATIONAL NURSING. Get started with-VOCATIONAL NURSING, Get started with-out a High School Diplomal Concorde also offers: A.S. in Respiratory Therapy, Mas-sage Therapy, Surgical Technology, Medi-cal Assistant, Dental Assistant, Insurance Coding/Billing courses. Now enrolling, call today! Concorde Career Institute, 4393 Im-perial Avenue, Suite 100, San Diego

reptile selection in Southern California. Voted #1 in San Diego. Pet Kingdom, 619-224-2841. CAT. Beautiful all white male, only 1 year

old, handsome, smart, and friendly. Must see. Only \$25 to a loving home. 619-303-

CAT. Male, long haired, incredible blue eyes, beautiful, neutered, declawed, only 1 year old, must see, \$25 to loving home. 619-303-9850.

CATS. Beautiful, healthy, young cats, very beautiful, need to be adopted. Shots. Call to see. Only \$25 to loving homes. 619-303-9850.

CHIHUAHUAS. Baja Animal Sanctuary has quite a few rescued, young chi-huahuas: Ivan, Benny, Ritchie, and Checkers. All different colors, ages and interesting markings. They are all looking for forever homes. Interested, call BAS, 619-231-6960.

b19-231-6960. **DOBERMAN PUPPIES,** full registration, born 6/16. Declawed, tails docked. Reds/ blacks. Males/females. European cham-pions in sire's bloodline. Reserve now. Click on history at www. altobellodobermann.com.

DOGS. FOCAS is a trusted name in per adoptions. Call for information on a variety of wonderful rescued pets. Always al-tered, microchipped, vaccinated. Most \$150 donation. 619-685-3536.

GERMAN SHORTHAIRED POINTERS available to approved adopters. Smart loving, athletic companions. All health, al tered, vaccinated, microchipped. www gsp-rescue.org or 760-726-4813.

GET A LIFE! Visit your local animal shelter and adopt a new best friend.

KITTEN AND CATS, all shorthaired. Gray tabby male kitten, \$20. Tortoise shell fe-male cats, affectionate, neutered, spotted gray and white male, \$15/best for each. 619-269-1194.

KITTENS. 10 weeks old. Free to loving home. Call after 5pm, 619-582-8454.

Norme: Call alter 3pm, 619-362-8434. KITTENS, 10 weeks, spayed, neutered, 4 rescued, black, white, gray, healthy, play-ful. Lifelong indoor homes only need ap-ply. \$20 donation. Encinitas, 760-230-1346 or 619-267-6722.

KITTENS. 6 weeks old, very cute and playful, need loving homes, many differ-ent colors, only \$25 each to loving homes. 858-717-1720.

888-254-6904: 92113 WWW WEB DESIGN, GRAPHIC DESIGN, 3D Ani

mation, Video Production. Platt College of fers Bachelor and Associate degrees, fixed tuition costs, day and evening classes, placement assistance, financial aid if qualitied. Call today for a free info pack: 1-866-752-8826. Visit: www. MediaArtSchool.com.

X-RAY TECHNOLOGY (Limited Scope) X-RAY TECHNOLOGY (Limited Scope): Day, evening, and online classes start soon! Medical Assisting, Respiratory Technology, Healthcare Administration, Medical Coding/Billing, Nursing Admin-istration, Medical Specialties, Medical Office Administration. Associate's/Bach-elor's degrees, Certifications and Li-censes, Programs approved for Veterans. Accredited member ACCSST. See Job Girst page 5. Job placement Veterans. Accredited member ACCSCT. See Job Giant, page 5. Job placement assistance for graduates, financial aid (if qualified). Classes begin each month! Enroll today! California College San Diego, 2820 Camino Del Rio South, San Diego (92108). 1-888-202-2654. www.californiacollege.info

KITTENS. Very cute, playful, healthy and ready to be adopted to good homes, only \$25. 619-303-9850.

KITTENS/CATS, 10+ weeks, need re-

KITTENS/CATS, 104 weeks, need re-sponsible, lifetime homes. Cute, friendly, virus-tested, neutered, vaccinated, de-wormed, defleaed. Tuesday, Thursday, Friday, 6-8pm; Saturday, Sunday, noon-4pm. PetSmart La Jolla, 8657 Villa La Jolla Drive (1-5 at Nobel). Fee www.

KOI PONDS AND WATER GARDENS.

Equipment and supplies, free water test-ing, service and maintenance, construc-tion and design, commercial and residential. Koi-Koi Living Jewels' 20th year. 1975 Jamacha Road, El Cajon. Monday-Saturday, 10am-5pm, Sunday 11am-4pm. 619-441-9275.

LOOKING FOR A COMPANION? Check

home of adoptable pets and adoption groups. Search by breed, age, sex, and

MALTIPOO PUPPY, female toy size, 9 weeks, adorable, cute, sweet, first shots, \$350. 619-303-9850.

MINIATURE PINSCHER MIX, neutered, 3 years, small, 11lbs, loyal, curious, loving, responsive, tan with black, \$150. No young kids. 619-583-5122.

young kids. 619-583-5122. **POODLE,** male, white with apricot color, very cute and sweet, medium-to-small size, approximately 12lbs., shots, \$150. **PUGGLE,** black with chocolate hue, fe-male, very playful and sweet, beautiful, only about 10lbs., shots, health guaran-teed, \$375. Loving home only. 858-717-1720.

PUPPIES, PUPPIES, PUPPIES! If you are

Baja Animal Sanctuary at 619-231-6960.

PUPPY, shepard mix, very nice, sweet male, playful, friendly, needs loving owner, only 9 weeks old, shots, \$100. Loving home only. 858-717-1720.

SHEPARD/PITBULL MIX, male, very

sweet, loving, only about 3 months old great dog, only \$75 to loving home. 858-717-1720.

YORKSHIRE TERRIER mix, spayed, 2

years, buff color, 10lbs., cuddly, good leash walker, likes brushing, \$100. No young kids. 619-466-0426.

3-WEEKS F.O.A. CERTIFIED. Fast growing 3-WEEKS F.O.A. CERTIFIED. Hast growing industry: Telecommunications. 3-week in-tensive hands-on course in Fiber Optics, Telecommunications, Data Cabling. Day/evening classes. WIA/Workers' Comp/EDD. State approved. 100% private financing for those who qualify. Call today! 760-471-9561. Visit NCTC in North County, 1324 East Mission Road, San Marcos, App2069. Email: nctc2@hotmail.com; or check out our web site: www.nctc.nu

B USINESS **OPPORTUNITIES**

PLACE ADS IN THE READER by call Monday through Friday. Deadline: 5pm Tuesday.

AVON. Excellent income potential! Per-fect for self-starters with a commitment to helping others succeed. \$10 gets you started. Call Kathleen, independent sales representative: 619-429-1253; 888-429-

AWESOME CAREER. Government postal jobsl \$17.80 to \$59/hour, entry level. No experience required. Now hiring, Green card OK, Call 1-866-477-4954 x95. Closed sundays. (AAN CAN)

BUSINESS FOR SALE BY OWNER: Full service salon and day spa, 8 stations with 2 fully equipped spa rooms/nail room. In-cludes inventory, Paul Mitchell line. Fletcher Parkway, La Mesa. Reduced price! 619-741-3551, leave message. EARN \$11,500 IN 11 DAYS! No selling. Not an MLM. Fast. Easy. Fun. Recorded message: 1-800-526-1941. www. CashGiftingMiracle.com.

GOVERNMENT JOBS. Earn \$12 to \$48/ hour. Benefits, paid training. Homeland Security, law enforcement, administrative, clerical, office, accounting, finance wildlife. More! 1-800-320-9353 x2001 (AAN CAN)

HATE YOUR JOB? Miss your family? Want more free time? 6-figure income potential marketing from your home! Don't believe it? Don't call! 800-428-0473. www. incomesunlimited.com/presentlivin.

HELP WANTED. Earn extra income as-sembling CD cases from home. Call our live operators now! 1-800-405-7619 x150. www.easywork-greatpay.com. (AAN

HOW WOULD YOU LIKE TO HAVE.



Private or small groups
Day or evening classes

Spanish Language Center 619-284-8636 spanishlanguagecenter.com

Mission Valley

ing them? Works with any company or er.com MARKET AND DELI FOR SALE. Beer and wine tasting every Saturday. Profitable

wine tasting every Saturday. Profitable business in great location. One Stop Lending and Realty. Call Paul, 858-531-

MASSIVE INCOME Opportunity available! Click a mouse, buy a house! Real estate investing and education made sim-ple. Earn while you learn! 888-MunyClub. ple. Earn while you learn! 888-MunyClub. MASSIVE INCOME! Share/drink the world's first great tasting healthy coffee. Also all-natural super high-fiber meal re-placement weight-loss products, full of nutrients and antioxidants like Mangos-teen, Gojiberry, flaxseeds, Spirulina, Hoodia, Ganoderma, chlorophyll and more all in one. 30-day money back guar-antee. Free samples: 619-887-7726.

MOTIVATED ENTREPRENEURS: Hottest new marketing business—get results. Be mentored by self-made millionaires. Seri-ous inquiries only. 800-631-9439. www.

ONLINE MARKETING. Check this out! www.GetMeOutOfThisRatRace.com Tons of free stuff!

REALISTICALLY earn more money in the next year than the past 5 years combined. 1-800-687-2735. SALES REPRESENTATIVE. \$15-\$20 per

hour. Part-time of full-time. Flexible hours. 100-year old company. No fee. Fuller Brush Company. Call 1-800-655-5435. START YOUR OWN HOME-BASED candle business with Partylite and begin building your income today. \$400-\$600 per month part time. No cash investment! It's fun and easy. We will get you started with a kit worth \$350+. Call me today: 619-223-5633. You don't want to miss this incredi

TIRED OF MAKING YOUR BOSS rich? Then do something about it and finally get paid what you're worth. Be a marketing entrepreneur. Serious inquiries only. 800-631-9439. www.swanlifestylecoop.com. 631-9439. www.swariniestytecce..... WHAT RECESSION? \$28,000 in days, not

weeks, simply returning phone calls. No selling. No explaining. No convincing.... Join an elite group of San Diegans who have discovered newfound financial free-dom and wealth with an honest, ethical

The Cabrillo

ACADEMY OF

THE SWORD

offering Fencing 6 Days a Week

Beginners' Classes

Advanced Training

Sales of Replica Swords & Daggers

Instruction in

Theatrical Swordplay

On Antique Row in Normal Heights

(619) 584-2478



business activity. If you have the drive to

coachable, our revolutionary product and proven system will take you to a 6-figure income. Interview: 7pm Wednesdays. 858-472-2258. \$35,000 IN WEEKS, NOT MONTHS! Im-

prove your financial situation using a sim-ple system. Cash flow services. No selling! Fast, easy, fun. More info 24/7: 888-344-4483.

CLASSES / Lessons

PLACE ADS IN THE READER by call-ing619-235-8200, 8:30am to 5:00pm, Monday through Friday. Deadline: 5pm

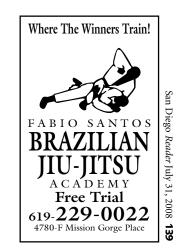
ACADEMY OF THE STARS! Private lessons: Voice, Dance, Piano, Guitar, Saxo-phone, Songwriting, Music Theory. All ages/levels. Learn from prosl \$27.50. www. celestecenter.com. www.TakeLessons. com/AcademyoftheStars. 877-262-3540. ART CAMP FOR SUMMERI. North Park's premiere community art school! Full-day workshops: painting, drawing, sculpture, dance, and more! Ages 6-12, 13-15. sdad-sdai.org or 619-299-4ART.

DJ LESSONS, San Diego Mix Masters, San Diego's premier DJ school. Estab-lished 2000. Learn the basics of beat matching, mixing, programming, etc. 619-867-7822 or globalbpm.com.

DRUM INSTRUCTION. I teach what you want and need to know. Get more playing enjoyment. Be musical! All levels accepted. Hoffman Drum Studio, Kirk, 619-007 ccf-4

ENGLISH TUTORING. Master's degree in-ENGLISH TUTORING. Master's degree in-structor. English as a second language, TOEFL, grammar, writing, pronunciation. Native speaker grammar refinement. Reasonable rates. jaygo@cox.net, 619-528-8663 or 619-410-2002.

INSTRUCTION



Astound your friends & become famous!

2

22

14

28

33

36

62

65

68

29

52

55

17

20

23

42 43

We cannot accept your

entry without the following:

Zip Code:

48

13

16

19

27

32

35

51

54

61

64

67

Name:

Address:

State:

46 47

5. Peterson in the news in

2003

6. In a frenzy

9. Swell place?

10. Lunar lander

12. Chic

17 Excess

25. Ornate style

26. Mess up

27. You: Fr.

7. Medieval weapon

8. Unbroken horse

11. Movie critic Richard

23. Haute couture icon

28. 1985 movie with the

tagline "It is everything

you've dreamed of. It is

nothing you expect."

15. Ingredient in some soaps

THE READER PUZZLE:

RULES OF THE GAME

1) Each week we're printing a list of EVERYONE who submits the correct answers to the previous week's puzzle. See this week's contenders below 2) When you successfully complete a puzzle, we'll also print a brief (10 words or less) message that you've written. This is optional, but it's a great opportunity for you to give a shout out to your mom, or toot your own horn! Each time you submit a new puzzle, you may submit a new message. 3) We're keeping track of how many

puzzles you successfully complete. But your information will only be printed when you successfully complete a puzzle AND get it to us by the new puzzle deadline: 7:00 a.m., Monday. 4) Entries must be faxed to 619-231 0489 or mailed to Reader Puzzle, P.O. Box 85803, San Diego, CA 92186 5803, or delivered through our mail slot at 1703 India Street in Little Italy. 5) Wow! Now we're giving away <u>10</u> <u>Reader T-shirts</u> each week to contenders chosen randomly!

And now for the really small print: 1) All answers must be legible and entered in the spaces provided. 2) Entries that arrive after the deadline will not be considered. 3) One entry per person per week or you will be disqualified. 4) Employees of the Reader and their immediate families are not eligible.

Across

- 1. Narrow cut
- 5 "The Silence of the
- 10. Richie's dad, to Fonzie
- 13. Years and years and years 14. Stoudemire of the NBA
- 15. "Great!"
- 16. Ski lodge warmer
- 18. Ancient theaters
- 19. ____ Friday's
- 20. "American Idol" runnerup Clay
- 21. A gallon's 16
- 22. Four-sided fig.
- 24. Some Louisianans
- 27. Folded treat
- 28. Soldier's bed

THIS WEEK'S CONTENDERS:

indicates T-shirt winner

John Rosenbach, Escondido, 7. Pamela Swain, College Area, 7. "Fire up Padres" Lillian Wagner, Clairemont, 7.

"Odell, sorry your name was misspelled. Hospers lives." Trinaise Abbott, Rancho

Bernardo, 6. "You are what you Clemencia Angus, Linda Vista, 6. "Kevin, Pepe, Eddie, Josh, Lexi, You guys rock! Peace!" Donna Cresta, Chula Vista, 6. "I'm still a winner." Vince Cuseo, Vista, 6. "Round up the usual suspects" Carolyn Dalton, Escondido, 6. Karen Davies, San Carlos, 6. "Have a nice day! Dennis Roth, Santee, 6. D. Faulkner, University Heights, 6. "Ride your bike everyday. Iggie Guerrero, Bay Ho, 6. Our kids Monica, Loretta, Iggie,

2008

140 San Diego Reader July 31,

Kenneth, and Stephanie. Ralph Hayward, El Cajon, 6. "173 days and counting" George Jackson, Oceanside,

military status 33. "Either he goes _ ao!"

32. "Currently serving"

31. Cantankerous

- 34. French wine classification
- 35. "You never had good!"
- 36. Its "emissions" are present in 16- and 62-Across and
- 15-, 23-, 25- and 28-Down
- 38. Much of a waitress' income
- 42. AFL-_
- 44. DMV ID
- 45. Lennon's in-laws
- 46. Club music genre
- 49. Conceit
- 50. Lives no more
- 51. Emphatic turndown 53. Romanian ruler known as
- "The Impaler"
- 54. Fork-tailed bird
- 55. TV monitor?
- 59. Not pos.
- 61. Arbor Day planting
- 62. Plot together
- 64. Same: Fr.
- 65. Organs in tadpoles but not froas
- 66. "Do you have two fives for ?"
- 67. Cath. or Luth.
- 68. Nitwit
- 69. Jekyll's bad side

Down

- 1. Yearning for Zion, e.g.
- 2. Emmy-winning Ed Asner
- role
- 3. Broken
- 4. General on a Chinese

Peter Kronfeld, Normal

say!"

appear."

better man!"

Heights, 6. "I want a recount

Bob Maxwell, Coronado, 6.

Thomas McVeagh, Lakeside,

6. "Watch me make this pencil dis-

Ron Meyer, Santee, 6. "Two

Gary Mocko, Ocean Beach, 6.

"Hello to all my friends named Jeff."

Jay Newington, Balboa Park,

6. "JG, you make me want to be a

Chris Peterkin, Scripps Ranch,

Heights, 6. "Happy 50th to me!

Clinton Smith, La Mesa, 6.

"Solved with help from wine and 2

Paul Stanton, Canyon Hills, 6.

"Adopt a homeless cat or dog today

Stephen Wilder, Rancho

Bernardo, 6. "They'd better be

Susan Morfey, Little Italy, 6.

weeks and counting."

6. "Hi Derry and Shado

Happy life to v'all!

twenty-somethings."

and spay/neuter."

ateat and naan.

Marc Rutter, University

"I'm speechless, so I have nothing to

- menu
- weeks and no T-shirt." Dan Baggett, North Park, 5. "Howdy Will: H J Broadhurst, Hillcrest, 5. "Waving sharp pointy sticks for

Ric Witt, Clairemont, 6. "Six

Charlotte Brown, Clairemont,

Phil Cashman, University City, Joseph Ciprian, Little Italy, 5.

"I to the O to E, Joey: Amna Cornett, Mission Hills, 5. "YMCA rules!

Jeff Doerner, Clairemont, 5. "Come on, Mom, you can do it! Dale Duffala, La Jolla, 5. "Thev're here, Carol!"

Joseph Dzajic, Clairemont, 5. "I want my lost T-shirt." Paula Henderson, La Jolla, 5.

"Chloe is the best dog ever! Jeff Hunt, Hillcrest, 5. Mary Hutchings, City Heights,

Mercer Kepler, Clairemont, 5.

"I don't get the connection to

C J Muellner, Spring Valley, 5. "Ta-dal

Don Reckles, Carmel Valley, 5. "You just think happy thoughts. They lift you into the air.'

Janie Redmond, Cardiff, 5. "One world" Jessica Romero, Chula Vista, 5. "What happened to my shirt?" Tom Seaman, Alpine, 5. Geoff Shimotsu, Ocean Beach,

Neighborhood/City: ____

Personal Message: _

5. "Solanet, how is work? We love Belize! Nedda Viscovich, Cardiff, 5. Shannon Barry, Pine Valley, 4. "E is for entertaining elephants Dennis Beabout, Temecula, 4.

"Size 2XL please 4 for 4 Shirley E Bolden, College Area, 4. "Hi erica and Jovani. Gigi loves vou two!" Jim Odell, Vista, 6. "Ron and John sounds great, Lillian!" A. T. Certik, Bonita, 4.

Leslie Chase, Campo, 4. "Hi Rill! Carlos Cruz, Mira Mesa, 4.

"How many more? William Cushing, RB, 4. "Papa loves Grammv!' Kurt Dornbusch, Mission Valley, 4. "C'mon Ken, I'm finished. Harry Engel, La Jolla, 4. Paul Fowler, La Mesa, 4.

"Carpe diem! Janet Goff, Cardiff, 4. "Love and peace, dear Aaron' Arnold Holmes, San Carlos, 4. "Give it a name.

Laurence Altobell III, Carmel Valley, 3. "Next week I'm timing myself.

SOLUTION TO LAST WEEK'S PUZZLE:

10

15

18

21

38

45

50

63

66

69

53

39

59

40

41

60

24

37

57

58

30

44

49

56

Roger Hunt, Carlsbad, 4. "This

Martha Klages, Encanto, 4.

"Happy Birthday Larry" Kevin Kolodziej, Mira Mesa,

Marc Lanotte, San Marcos, 4.

Ed Lester, La Jolla, 4. "4 out of

town, 4. "Paint your home or busi-

Michael McGriffin, Bay Park,

"Purgamentum init, exit purgamen-

Gayle Studer, Mission Valley,

Don Austin, Laguna Beach, 3.

Joel Suzuki, Mission Valley, 4.

Lisa Torrescano, Spring Valley,

Marie Turock, North Park, 4.

Glenn Walker, Pacific Beach,

4. "Life is short. Skip the bad choco-

4. "www.geocaching.com

Bill Stevens, Bay Park, 4.

Anna McCutcheon, Down-

"Jesus is coming, look busy.

should be 4 in a row!"

4. "Spoon!"

5 ain't had

ness like new

4. "Fun, fun, fun.

"I won again."

lates'

"TYVM 4 the T-shirt!"

4. "I love you, BCB."

tum.

25

31

34

26

11

12

200

DAVID

LEVINSON

×∣

							_			_				
R	Α	Т	Е		L	Α	м	А		S	Α	С	н	s
С	L	А	D		υ	s	Е	R		U	Ν	F	Ι	Т
А	Ι	R	S	Т	R	E	Α	М		М	Ι	L	N	Е
				Н	Е	Α	R	0	F		Т	Α	D	Α
0	R	Α	Т	Е			А	R	Т	Т	Α	Т	υ	м
F	А	С	E	0	F	F		S	Н	Е				
М	-	L	Α		Е	А	R		Е	Т	U	D	Е	S
Α	N		М	А	L	М	А	G	Ν	Е	Т	Ι	S	М
Ν	Υ	Ρ	0	S	Т		Ρ	Е	R		Т	Α	Т	Τ
				1	Т	S		Т	Υ	L	E	Ν	0	L
Α	Q	U	А	R	-	υ	М			Е	R	Α	S	Е
Н	U	Ν	Т		Ρ	S	Α	L	м	S				
Α	-	М	Е	Е		А	М	S	Т	E	R	D	А	М
В	Т	Е	А	М		Ν	А	Α	Ν		D	0	Ν	G
S	0	Т	Т	0		S	S	Т	S		А	Т	0	М

Jerry S Anders, Scripps Ranch, 3. "The Reader rocks, but it's Scripps guy!"

Woody Anderson, Carmel Valley, 3. "Woody or wouldn't he?" Kim Boyd, Vista, 3. "Rosey, we love you

Marvin A Brown, Clairemont,

Tim Clayton, Los Penasquitos, 3. "Happy holiday, Sarah! Maria Coda, Oceanside, 3. "Hi

ΑII' Marilyn Cooper, Chula Vista,

> 3. "Happy! Happy! Mike Crowley, Ramona, 3. "Hi Em. Connor, and Aiden Gary Dismukes, Scripps Ranch, 3. "Happy fifth birthday, Katrina! Ooodles of hugs and

kisses!" Marc Gearhart, Imperial

Beach, 3. Felina Thom, Lemon Grove, 4. "www.myspace.com/unxut"

Todd Gileed, Del Mar, 3. "He's got the lead, but can he hold it?" Jack Hawkins, Encinitas, 3.

"Two words diverged in a vellow crossword and I chose' Jon Hutchens, Encinitas, 3. Richard Hutchings, Santee, 3.

Linda Huynh, Bay Park, 3.

"Welcome Maxwell Alan Silverman I can't wait to meet you."

- 29. Spanish gold 30. Heading 37. Flip (out) 39. It may be pleaded 40. Thought 41. Retired Atl. crosser 43. Overnight stop 46. Nervous giggle
- 47. Come to light
- 48. Total, e.g.
- 52. Egg-shaped 53. Second bananas: Abbr.
- 56. 251, to Caesar
- 57. Prefix with graph or gram

63. Half of a tuba sound

- 58. Part of MIT: Abbr.
- 60. Kind of therapy 62. Special effects inits.

THIS WEEK'S CONTENDERS CONTINUED:

indicates T-shirt winner

Naomi Kashiwabara, Clairemont, 3. "Thursday is puzzle day." Norman Kenney, Carlsbad, 3. "In vino veritas, redux: Jim Koziol, UTC, 3. "Hi Lukie!" Steve Levitt, Cardiff, 3. "Still Ronald Long, San Diego, 3. "Frams forever Geoff Mao, Encinitas, 3. "Hi Shawn! Hi Sars!" Elaine Marume, Oceanside, 3.

Jenny McReynolds, Linda Vista, 3. "More fun!" Ken Najbert, Mira Mesa, 3.

Barry Newman, Escondido, 3.

Tessa Patton, Pacific Beach, 3. "Laidback at lunchtime; go-getter at crunch time!

Jennifer Rabner, Escondido, 3. "Be responsible pet owners: , spay/neuter"

Dave Small, San Carlos, 3. "Reader puzzle rocks!"

Tom Stam, Lakeside, 3. "This gimmick really works!"

Elenore Stephens, Potrero, 3. Jeff Van De Moere, Banker's

Hill, 3. "Now that's just donkey!

Dave Washington, La Jolla, 3. "Congrats to Bill for his Eagle.

Dot Waterman, Santee, 3. "Keep on dancing.

David A Weim, Chula Vista, 3. "I am back!"

Bob Werner, Bay Park, 3. Kellev Wilson, Santee, 3, "Hi Bud and Nick! Erica needs a T-

shirt!" Steve and Dawn, North Park, 2. "Pray for mom!"

Kim and Nate, La Mesa, 2. "President and first lady of the LML."

Jenn Avila, Clairemont, 2. Brian W Beadle, Clairemont, 2. "Dissolve the federal reserve and eliminate the international bankers.

Dan Blair, Linda Vista, 2. "Watch Red Eye or be worse than Hitler

Henkel, 858-536-8944; 619-244-9409

GUITAR INSTRUCTION. Degreed profes-sional, 30 years experience. All styles. Es-pecially good with young people and children. Your first lesson is free! Call Gary at 619-715-1352

GUITAR LESSONS/RECORDING. Learn

to play, sing your favorite songs. Experi-enced instruction tailored to your goals. Record a demo; session work. Craig Blaine, 619-417-4080, www.jcbmusic.

GUITAR LESSONS. Freeway close. Guitar Trader of San Diego, 7120 Clairemont Mesa Boulevard. Toll-free: 877-687-4276.

HAVE FUN THIS SUMMER with singing, piano, guitar, all instruments. Lessons at

home or our studios! Spectacular, moti-

vating, skilled teachers. www. CaliforniaMusicStudios.com or call Dawn, 800-227-6222

PIANO ACHIEVEMENT proven with free

lesson. Ages 5 to 95. Classical, popular, jazz. Very patient teacher/performer of-fers top quality, individualized instruction, beginning through advanced. 30 years experience. Lee Galloway, 619-281-8118 www.leegalloway.com

PIANO LESSONS FOR CHILDREN. Spe-

cial summer rates! Beginning to ad-vanced students. Excellent teaching strategies and instructional materials. Ex-perienced educator for 25 years. Call

PIANO LESSONS by graduate of Juilliard, Oberlin, University of Michigan. Over 30 years of experience. All levels. Very pa-tient. Reasonable rates. 858-457-4067.

tient. Reasonable rates. 858-457-4067. **PIANO LESSONS.** Master's degree Music Education. Member of Music Teachers Association of California. Any age, any style. Flexible hours. Individual programs for each student. 858-625-0053.

SAT AND ACT PREP/Private tutoring. Expe-rienced, in-home tutors starting at \$25/hour. ISEE, PSAT, GRE, GMAT and more. Com-

pany founded by Harvard graduate. 858-

www.robinhenkel.com

childrer Gary at (

E T Cage, Carmel Mtn., 2. Ben Cooper, Downtown, 2. Victor Correa, San Ysidro, 2. Three weeks off!

Robin Cory, Mira Mesa, 2. "Hi Mom! How about some pickled pen?"

Gerard Dermody, Encinitas, 2. "Audrey and Ell have a great grandmother!

Andre Diehl, MA, 2, "I'm talkina about the Reader and me being in

Bette Eberhardt, Pine Valley, 2. "Hey John Lester, I'm still doing them

Ben Espe, Mission Valley, 2. "It Bud Fisher, Mira Mesa, 2. "Bill says, Real men do it in pen! Vicki Flora, Bonita, 2. Ron Hootman, Santee, 2. "Still

at 101 and holding!" Benvicky Javier, San Diego, 2. "Grandchildren rule Mary Johnson, Del Mar, 2. "I'm

wearing the T-shirt as I puzzle!" David Koza, East Village, 2.

"Go Cooper! Frank Kuzniar, Carlsbad, 2. "Natales grate numbers? James La France, Escondido,

2. "145 gallons of goodness!" Michael Lodahl, Mission Valley, 2. "Look, babe! Two in a row!

Infamy is mine! Eugene Lutes, Mira Mesa, 2.

"Treks in time." Pat McMann, Solana Beach, 2. "Veni, Vidi, Vici. 2-1 or 2-2 sel? Doug McPherson, La Mesa, 2. "Safety meetings. Where the mule rules!

Dan Mendat, Downtown, 2.

"Welcome to San Diego, Kelly, and happy birthday to me! Cindy Nissen, Mira Mesa, 2. "Nobody can tell you a damn thing if you ain't listening!"

Ruth Pearson, Clairemont, 2. Cindy Pellett, University Heights, 2. "Whimsy!! Where's the puppy?'

273-TUTOR(8886). www.mcelroytutoring.

Tony Radna, Hillcrest, 2. "Just another day in paralyzed. Alan Richards, San Diego, 2.

"Julia Gleason lives in our hearts!" Don Romero, Ramona, 2. "Don loves Mei Ling.

Eric Sandouist, Allied Gardens, 2. "Kiss me, Kate! Rich Sewell, Ocean Beach. 2.

"Teauila sauared eauals Murphy's Jean D Smickle, Santee, 2. Jessica Smith, UTC, 2. "Jessie

Hayes should be here! Edward J Swain, Downtown,

2. "Otium sine litteris marsest." Donna Swing, La Mesa, 2. "Happy graduation. Allison. Robert Tucceri, El Cajon, 2. "My 3 boys are so awesome

Tom White, University City, 2. Steve Wilson, Spring Valley, 2. Ann Winder, Hillcrest, 2. "/// keep trving for a T-shirt." Peter Ackhoff, Rancho Penas-

quitos, 1. "State beach thieves plays in Zen.' Mike Adkins, Santee, 1. Don Albee, Santee, 1. Jonathan and Gail Strohl, , 1. "Happy Birthday J." Patricia Bettinger, South Park, 1. "XOXOXO to my RVD." Rolan Bloomfield, Santee, 1 Ben Brainard, Santee, 1.

B. Breckenridge, Santee, 1. Bill Burns, Oceanside, 1. "Jesus is the living God." Glory Cadenhead, Clairemont, 1. "Hey babies! It's me!" Oscar Carlson, Downtown, 1. "I love this magazine!" Rick Carter, Santee, 1. "Thank you, Cheryl and Alan.

Korey Castillo, Bay Park, 1. "Love you, Jeepers Creepers!" David Castillo, Bay Park, 1. "It's time for change!' Doug Coffin, Santee, 1. Dan Collins, Santee, 1. Ron Comer, La Mesa, 1. "I sure could use a new shirt.

Elana Cooper, La Jolla, 1. "Vive Le Tour!"

Betsy Cory, Chula Vista, 1. "Robin, the marshals are catching up. Ditch the stuff!"

energy. Certified. Early Bird

Loraine Costa, San Diego, 1. "/ sure do miss DLW!" Mike Deliman, Santee, 1. "Stress less; drink Hennessy! Matt Dene, Santee, 1. Jane Depka, Mission Hills,

1. "First of many." J. DeWitt, Santee, 1. Howard Donnelly, Mission Valley, 1. Chris Donnelly, Carlsbad, 1. "Hail to the thief John Drehnser, North Park, 1. "None as blind as those who cannot

see Andrea Duncan, Valley Center, 1. "Drunk drivers: Call 911. The life vou save may be vour own!' Kathleene Evans, Santee, 1. Lilly R Lenson, Cardiff, 1. "Not bad for a 90-vear-old person. Silke Evans, Mission Valley, 1. "Come trv out coffee." Daphne Falletti, Mission Hills, 1. "Call JB for a good time!" Ken Freed, San Diego, 1. Lin Freese, Lakeside, 1.

"Love you Allison, Derek, and Grant Doug Fuller, Bonita, 1. "Ziggy played guitar!' I C Garcia, Golden Hill, 1. "Your

parents were the first people to lie to you."

Mariana Garcia, Chula Vista, 1. "Thanks, Sue and Frank. I love popcorn." Jim Glover, Santee, 1. Chicago Bob Gore, Bay Ho, 1. "Cubs suck. White Sox rule!" Laura Conshafter, Santee, 1. Dawn Guendert, Carlsbad, 1. "Phil H. You're the best!" Hugh Hagues, Santee, 1. Shannon Hammell, Santee, 1. "All your crossword answers... Andy Harrison, Santee, 1. L.D. Hartpence, Santee, 1. **Ricky Hartpence, Santee, 1.** Mark Hill, Santee, 1. Chris Hills, Mission Valley, 1. "No comment!" Eileen Holmes, , 1. "WWII vet-

eran and proud of it." Tan Tan Huang, Mission Valley, 1. "Steve, you're on the Bteam now."

customized to suit your body. Rejuvenate your tired body and spirit. My fingertips are like rose petals, my voice is soothing and hypnotic to lull you into deep relax-ation. Mia, 760-603-1010.

RELAX IN MY HANDS. Satisfying fullbody stress-release massage by profes-sional, experienced HHP. You'll like it! Lic-22746. Ken, 619-417-1350. MASSAGE SPECIAL! \$20 off 90 minute massage! Couples massage special, out-call only. Pain/stress management. Same day appointments available. Lic#100974. San Diego/North County. 760-884-9981. MASSAGE SO WONDERFUL, it's guaran-teed to be the best part of your day. Come explore the magic of my touch. Heidi, 619-280-7784.

ALANA'S BEAUTIFUL FULL, Body sensational touch, release tension, total bliss, rejuvenate to light sensitive touch/deep tissue. Hotel/last minute appointments.

Incall/outcall 760-828-2618 MASSAGE THERAPY HILLCREST. Ex ceptional massage therapy: \$40 per 45-minute massage session special! Also couples massages great rates! Acupunc-ture and hypnotherapy also available. Jonathan/Amy, 619-300-7229.

SUPER RELAXING MASSAGE! The best ever massage...experienced, caring, fe-male therapist. Full body therapeutic, Swedish, deep, or light. Beautiful atmo-



EM Hutchings, Santee, 1. Sharon Jones, El Cajon, 1.

Nicolette Jurevics-Richards,

• Ryan Leighty, Scripps Ranch, 1. "Hi AP, HAL and LMS!"

Tom Lorenz, Chula Vista, 1.

Sally Lukes, Serra Mesa, 1. "At

85. am I the oldest wanna-win?

Judie Markson, Indio, 1. "106

Richard Markson, Indio, 1. "/

can't believe I did the whole thina!'

Neal McCue, Pacific Beach, 1.

"Me winning isn't. You do. Caddy

Donovan McGlynn, Golden

Hill, 1. "This isn't really my first

Sean McLaughlin, Clairemont,

1. "Forever dead. Thank you, boys!

Melissa Menard, Escondido, 1.

"This one's for my mom and my

grandpa Agahan." Linda Millsberg, Santee, 1.

Richard Miner, Cherokee

back the letter thorn.

"Good show!"

work!

love you!"

"Where's Tinto?"

Point, 1. "Let English grow; bring

FA Nalu, El Cajon, 1. "Gotta love

Kristi Munn, Mission Beach, 1.

Robert Phillips, Downtown, 1.

Donnie Nelson, Santee, 1.

Phil Nichols, Escondido, 1.

"Boat builder/bartender needs

Don Prince, Serra Mesa, 1.

Claire Reeder, Hillcrest, 1.

. "Take that, Martin!"

with gas prices!

another day in paradise

"Hello Uncle Thomas Valentine. I

Larry Roberts, La Mesa, 1. "Just

Garth Wise, Carlsbad, 1. "Down

sphere. Warm oils. Convenient location.

MASSAGE BY BODYBUILDER, for your

health and pleasure. Consistently told, "The best massage I've ever had!" Friendly. Professional. IPSB graduate. gr8massagepro@aol.com or call Robert, 619.222.2142

LUXURIOUS MASSAGE! \$75/HOUR plus

body shampoo. Escape with perfect Eu-ropean massage. Caring, skilled female therapist. Swedish, Shiatsu, Sport, Reflex-ology. Park Boulevard. In/outcalls. Lice 30070051. Brigitte, 619-251-1558; Celeste, 619-581-1101.

GRAND OPENING! New facility. Mas-sage, hot stone massage, therapeutic massage and bodywork. Open 7 days 9am-10:30pm. Lic-B2007028882. Mer-cury Spa, 4411 Mercury Street, San Diego. 858-560-0680.

COME ON, JUST MAKE THE CALL and

take a one hour break to experience the royal treatment! I give a seriously great massage. I'm located off the I-5 and Manchester exit. Relaxing and private at-mosphere. I'll even give you 20% off your treatment for calling because I'm really

O C E A N S I D E

Massage

\$10 OFF

any 1-hour massage

Swedish ■ Deep Tissue

Aromatherapy

HOLISTIC CLINIC

1906 Oceanside Blvd.

Suite S

760-754-8914

7 days a week 9 am-9 pm

Lic. #114321

Gloria Meisen, Carlsbad, 1.

La Jolla, 1. "This means I'm

Troy Knapp, Santee, 1.

Gary Kuske, Santee, 1.

Bill Love, Santee, 1.

degrees! Only a number!

Reader.

smart.'

Shack"

time!"

"Go-Go Glo!"

"Eat squid. Delish!"

Bernardo, 1. "Lovely Linda of the "Thanks to my men for getting the Reader staff for pres. BTW, I can't spell." Leo D Juffer, Pacific Beach, 1.

Diana Roderick, Oceanside, 1. "Love the challenge. Shop Titan Promotins!"

Christopher Robinson, Rancho

Lupe Saldivar, Escondido, 1. "Crazy like a beaver! Yeah!" William Sarangay, San Diego, 1. "Sarah, I'm getting better at them!"

D Schick, Oceanside, 1. "Semper hic always this"

Diane Sengir, Downtown. 1. "Happy Birthday Nu Age painting." Carol Simpson, Pacific Beach, 1. "Happy 30th anniversary, Baby!" Rich Six, San Diego, 1. "At last!" Anna L Skalak, University

City, 1. "Need it for my son - he has a UCSD PhD!" Eddie Spaghettio, Coronado,

1. "TOKA143! Recherche! Sav when! I'll bring the soy sauce! CILIM21 "

Shirlty Stafford, Carlsbad, 1. Shawna Strickland, Santee,

1. "Nick. Hailev. Maddie, a verv merry unbirthday to you!

S. Tool, Santee, 1. Jay Torrenee, Little Italy, 1.

"Get real! Join Greenpeace now!" Marissa Torres, San Marcos, 1.

"I love Noni" Victoria Tripple, San Diego, 1.

"Off to weed the garden." • Patrick Trotter, North Park,

1. "This one ate at m James Vasquez, Normal

Heights, 1. Angela Villa , El Cajon, 1.

Jennifer Vuksinich, El Cajon, 1. "Hello friends" Woody Weaver, Santee, 1.

Karl Wells, Downtown, 1. "No Google was used in this production!

Mark Wilde, Spring Valley, 1. "JMW and MSW, buddies for 33 vears!"

Danny Wilson, Mira Mesa, 1. Love is all we need.

Gina Watson, Chula Vista, 1.

nice. Be happy! HHP. Lic-96001467. Kim, 619-417-9226.

ALINA'S SPECIAL MASSAGE. Incall/outcalls/hotel service. 7 days. Unique experi-ence. Balance body and mind. International techniques. Gift certificates. Lic-93007588. 619-708-1261. MARIA'S MASSAGE. South Bay. \$55 per hour. Swedish and energy healing. www. mariasmassagesandiego.com. 619-781-7577.

LOVELY, LOVELY, LOVELY MASSAGE! Soft, gentle, kind, caring, divine touch. Cranio-sacral balancing. Night appoint-ments available. Georgiana, HHP-0317, 760-966-1672.

AFFORDABLE DEEP TISSUE MASSAGE.

Arronovable beep insole massants Specializing in migraine headches, neck, shoulder, back, tightness/injury. Flexible hours. Centrally located. \$60. Health and Vision Acupuncture & Mas-sage conter. www.DeepTissueMas-sage.biz. 619-519-5335.

COUPLES MASSAGE. Beautifully deco-rated room with tables side by side. Re-laxation Plus, Little Italy, 20% off all services. Gift certificates. 7 days/week. HHD 20700328 612-05-556 HHP-92009389. 619-295-5595

SERVICES

Blue Horizon Massage Asian • Therapeutic • Swedish Deep Tissue • Thai Stretch Sports • Lomi Lomi • Jacuzzi Both women & men welcome ^{\$}75 per hour ^{\$}115 per 90 minutes Cash only. New Second Location: 9833 Pacific Heights Blvd. #G (10-minute drive from Del Mar & La Jolla) 3692 5th Ave. • Downtown 10 am-10 pm 7 days 858-384-6638 Lic. #30059

San

Diego

Reader July 31,

,2008

141

FRENCH LESSONS. The best, most pop-ular French lessons in San Diego, from \$9.99/hour. Learn with a teacher from Paris! Materials included, www. SAT TEST PREPARATION. USD Test Preparation Courses. Sharpen your skills! Experienced faculty. Practice Exams. Convenient schedules. Free Refresher Classes (within 1 year of paid course completion). www.sandiego.edu/ testprep. 619-260-4579. fromenglishtofrench.com. Sophie, 619-339-7993. Guitar Instruction. Concert profes-sional from Spain, with 23 years touring experience, now offering private classes in authentic flamenco and classical gui-tar. 619-282-0369. SINGING LESSONS. Learn the technique of the stars! Speech-level singing works. Seth Riggs, certified instructor. Guitar lessons also available. NorwoodMusic-GUITAR INSTRUCTION. Slide guitar, blues specialist, bass, lap-steel, theory, emphasis on playing in rhythm. 2 time winner of San Diego Music Awards. Robin

SPANISH CONVERSATION CLASSES Small group. 3 levels. Fun and un-intimi-dating! 1-1/2 hour classes (morring/after-noon/evening), 8 weeks, \$128. 4th Avenue, Hillcrest. www.purabuenaonda. com.caro@purabuenaonda.com. 619-

910-6339. SPANISH LESSONS. Private tutoring. Master's degree and credentialed in-structor. Conversation, writing, and gram-mar. Bilingual. Competitive rates. References. E-mail: jaygo@cox.net. Jay 619-528-8663 or 619-410-2002.

MASSAGE

RELAXING MASSAGE THERAPY by Brooke. Achy muscles, sore neck or back? Stressed out to the max? Try a massage. In/Outcalls. North County. Lic-Z-12494. 760-415-2786.

EUROPEAN SILKY HANDS. New Loca tion! Soft and tender for the ultimate in re-laxation. Shower available. Silent Touch, 619-708-2660.

http://d8-2060. HILLCREST LOCATION. 14 years' experi-ence. Swedish, Craniosacral, Shiatsu, deep tissue, Thai, Reflexology and Lomi Lomi. ATM, credit cards accepted. Lic-96009525. Frank, 619-294-8559. www. frankarce.arcm.k, 619-294-8559. www.

NORTH COUNTY MASSAGE. Certified Massage Therapist. 20 years experience. Swedish, circulatory and deep tissue. Out calls. 9am-8pm. Insured and licensed. MT-1185. Call Mark, 760-742-0267.

SUMMER SONG! Massage that will make you sing! Energizing touch. Beautiful, artistic setting. Hillcrest (1-163/across from Trader Joe's). Ask about new client special! Crystal, 619-788-9753. ASIAN MASSAGE 760-547-4061. Out-

call. 24/7. Chinese therapy, Swedish deep tissue, Shiatsu, function, balancing circulation. Relieve tension, stress, re-

Specials. **\$10 OFF ONE HOUR** or longer massage when you book with one of our newest therapists. Call for schedules. A Better Body, Lic-96001191. 858-560-6740. www.abetterbodyspa.com. DESIGNED TO HEAL! Offering the very best: massage, acupuncture, Chinese herbal therapy, nutrition. Home visits, in-office. Cash, credit card, paypal ac-cepted. Michelle, 858-245-7188. www.designedtoheal.biz.

CHRIS BLISS TOUCH MASSAGE. Experi

ence soothing, reassuring, exquisite care. Surround yourself in a beautiful, re-laxing environment. Lic-HHP91007806. 7 days, 10am-6pm. Credit cards welcome. 619-206-0992.

MASSAGE IN THE COMFORT of your own

home or hotel room by European-trained massage therapists. Available 7 days/ week. HHP-92009389. Call: 619-295-

MEDICAL MASSAGE BY ANDY. Back/

neck pain. Numb fingers/hands/arms. Fi-bromyalgia, Carpal Tunnel. 17 years ex-perience. Thai Therapist. \$20 off first two sessions. 816-805-9431.

LATIN ANGELS MASSAGE. We special-

Say What?



YVONNE'S MAGIC HANDS! Enjoy a nur-

turing light touch for deep relaxation. These are hands you will never forget. Lic-93004782. For appointment, call 619-

PUERTO RICAN MASSEUR. Swedish and

deep-tissue bodywork by certified fit-ness-trainer athlete. Military discounts. Lic-96009528. Daytime and evening ap-pointments available. Revitalizing effect! puertoricanCMT@sbcglobal.net. 619-688_0668

BSO-UD000. ABSOLUTELY WORLD CLASS massagel Exquisite and memorable! Enter your pri-vate oasis with soft hands, soothing scents and a sweet touch. Reward your-self! Call 858-259-6677.

self! Call 858-259-0077. ALL ABOUT YOU MASSAGE! Guide my

Strong hands where you need them most! Yes, it's that simple! Free body shampoo! Breezy Ocean Beach location. 619-794-

GODDESS TOUCH. Journey deep within. Experience deep harmony of body, mind, spirit. Skilled touch to pamper, melt away stress/tension! Incalls/outcalls. Araya, MT-0064, 760-473-6972.

WE CAN SURPASS even your greatest expectations. We know the way a quality massage is supposed to be. Call Far East Spa. Lic-98011375. 619-283-6122.

August Loc-90011373. b19-283-b122. NURTURING, PROFESSIONAL RN. Heal-ing, relaxing full-body massage. Infrared Bio-Mat, sports injuries, light touch to deep tissue, combination. Elder care. 30 years experience. RN-125108. Liz, 760-942-0977.

GODDESS INFUSION. Experience

exquisite energy that sends you into a trance, brings you back to reality feeling awesome. Light, deep combos available. Shelley, CMT. 619-957-3153.

EUROPEAN TWIN SISTERS offer full body massage. Experience the ultimate 4-hand hot oil massage. Relax, take an hour! Late night available. Fashion Valley, 619-252-3442

PROFESSIONAL MASSAGE/bodywork

PROFESSIONAL MASSAGE/ bodywork, North County. Energetic alignment, struc-tural/deep muscle therapy. Specialized colon massage with aromatherapy/mas-sage. Advanced techniques. Integrated work. MT-0089. Mary Ann, 760-942-9375.

MASSAGE/SLIMMING/toning in Little Italy. Treat yourself to royal treatment at Relaxation Plus. 20% off all services. Gift certificates. Open daily. HHP-92009389. 619-295-5595.

Keith Johnston | Age: 48 | Occupation: Fitness Instructor | Lives: South Park

My slang word is "cinemuck." which is the stuff on the ground of the movie theaters. All the popcorn and sodas and gross candy and stuff that sticks to vour feet. Cinemuck is the word "cinema" and "muck" com-

bined. You don't know it's there until you've stepped in it or put your arm in it. Maybe people that work in movie theaters should clean a little better because it's so nasty to get someone else's garbage on you. I've even

lymphatic.com. ENDERMOLOGIE. Summer's here! Trv

Great way to lose cellulite/inches. Smooth, contour your body without nee-dles. 10% off with adl www. silhouettecontours.com. 858-427-5226

EXPERIENCED HOME CARE AIDE. CNA

and CHHA training. Will provide in home services for your loved one. References available. San Diego area. 619-384-3863. micolspink@mvwav.com.

HERBALIFE. Health. Nutrition. Fitness. nyway.com

Energy. Lose, gain, maintain weight. We have something for everyone. Call now for Free Sample Pack: 858-578-3833 or 888-248-9818.

slipped in spilled beer, which was awful.

To see an online version of this column, go to sdreader.com. You can print it, email it to friends, and find archived columns.

PREGNANT? CONSIDERING adoption? Card. www.wendyshealthandfitness.com. Wendy's Health & Fitness, 619-466-4386. Talk with caring agency specializing in matching birth mothers with families na-tionwide. Living expenses paid. Call 24/7. Abby's One True Gift Adoptions. 866-413-6293. (AAN CAN) COLON HYDROTHERAPY. 16 years in La Jolla, FDA registered equipment, Disposables. Liver, lymph, and cellulite thera-pies. 858-551-9228. Visit www.

WEDDING & PARTY GUIDE

PLACE ADS IN THE READER by call-Monday throughFriday. Deadline: 5pm

AFFORDABLE CUSTOMIZED, Wedding on the beach. Call 858-350-1053. See www.personalizedweddings.zoomshare. com. Email, sjwallace1053@yahoo.com.

AMAZING DJs AND BANDS! San Diego Parties & Entertainment. Excellent DJs,

4472. BAND, "HOT PURSUIT." Weddings; cor-porate, private parties. High-energy dance band featuring sax player, female vocalist. Swing, jazz, rock, R&B, country, dance hits. 760-751-1876. www. HotPursuitMusic.com.

iamWilson.com. Contact William 619-300-6284.

DISC JOCKEYS/LIVE BANDS/novelty acts. Weddings, corporate, parties. 400 bands, 10 DJs to choose from. All types of music. Affordablel Since 1973. 619-223-5732. www.musicasyoulikeit.com. EVENT SUPPLIER. INC. Wholesale flow Our designers plan, orga nize, and supply linens, floral decorations. Great prices! Call 888-784

olierinc.com. FRENCH GOURMET, Don't let the FRENCH GOURMET, Don't let the "French" in French Gourmet scare you! We offer delicious values! From simple buffets or sit-down receptions, our experi-enced staff will plan a menu that will please your guests and someone's wallet. Visit www.thefrenchgourmet.com or con-sult us at 800-929-1984x125. Free cake testing. 960 Turquoise, Pacific Beach, serving San Diego since 1979.

VIDEOGRAPER-AFFORDABLE prices. We can film weddings and other filming pro-jects. \$450 weddings. Other smaller film-ing projects \$300. 5 years experience. Contact: Schrijn.eric@gmail.comcell 760-755 4000

WEDDING DRESS, beautiful designer size 4, never worn, brocade and satin trim with long train, off-shoulder with low back, \$450/best. 619-469-5612.

WEDDINGS FOR ALL. Joyful giving of vows! We make it special and happy! In-cludes extras. Licensed minister-28 years. Ceremony \$119. 24-hour informa-tion, 619-399-3173. www. eddingstocelebrate.cor

Stage Notes

PLACE ADS IN THE READER by call-ind619-235-8200, 8:30am to 5:00pm, Monday throughFriday. Deadline: 5pm

ABANDON YOUR ACTING FEARS! Actors' Workshop Studios. San Diego's number 1 film/TV studio! Professional 3-camera set. Weekly in-house auditions with Hollywood/local casting directors, producers, agents. www. actorsworkshopstudios.com; 858-587-6666

ABILITY THROUGH TRAINING. The ABILITY THROUGH TRAINING. THE Robert Wald Actor's Studio focuses on moment-to-moment reality training. These classes unlock the actor's ability to work spontaneously and with the realism and intensity advocated by the industry's cre-ative legends. Beginners welcome. Thursday evening class available, 6:30pm-10:30pm or Saturday morning. Call for information. 619-542-1216.

ACTING WORKSHOP. Monologues, cold Acting workshop, worlogges, coid readings, audition techniques taught by award-winning directors: Patricia Elmore Costa, William Virchis. Mondays, 8/4-9/29, 6:30-9pm. Register: pelmore@ san.rr.com. Info: www.sdactorstheatre.

MODELS. Amateur models needed for photo, video, web work. Ages 18-60. All types. No experience necessary. Cash paid. Professional setting. Call Jenn, 619-270.4004

3/3-4964. **MOVIE EXTRAS/MODELS.** Earn up to \$200 per day. All looks needed to work with film and TV production companies. No experience required. Call 877-282-2458.

NEED A VOLUNTEER ACTING Coach at RAYSHANEPHOTOGRAPHY.COM. Ray Shane Photography focuses on natural beauty and encourages an attractive, ac-tive and healthy lifestyle, one photo at a time. Great headshot rates! 858-736-7171

VOICEOVER WORKSHOP. Break into voiceover! Taught by voice actor/author James Alburger. Learn interpretation, character voices, microphone technique, more for radio/TV. www.voiceacting.com; 858-484-0220.

Counseling & **S** UPPORT GROUPS

PLACE ADS IN THE READER by call-ing619-235-8200, 8:30am to 5:00pm, Monday throughFriday. Deadline: 5pm

ANGER MANAGEMENT classes, court approved, 5 weeks, Mondays from 5:30-7:30pm at Alpha Behavioral Health Ser-vices. Call for information, 619-285-9999.

ANXIOUS? DEPRESSED? Relationship issues? Parenting/family issues? Insur-ance and sliding scale accepted. Individuals, couples, children, adolescents/ families. Private Mission Valley location. Phaedra Scoortis, MA, MFT, MFC-43174. 619-972-0209.

ARE YOU MAD? Learn how to manage your anger constructively. Gain power, control, reduce conflict and improve your relationships. Classes begin soon. Mis-sion Valley. Jay Schneider, LCSW. Lic-9573. www.manageangerdaily.com. 858-538-5587.

858-538-5587. CLINICAL HYPNOTHERAPY. "What the mind can conceive, the body can achieve." All issues addressed. Free con-sultation. Patricia R. Parlin, Ed.D. CHT403-250. Call 619-442-3661 or 619-

504-1935. **EMOTIONAL WOUNDS** from childhood? "Healthy Adults: Inner Child Course". Call for free preview session for August course. Heal wounds from dysfunctional family. Thought Field Therapy eliminates babeien and texume Courseciline for inhaminy, nough read means courseling for in-dividuals, couples' enrichment and family bonding, Sharon Goodlove, TFT Diagnos-tician; Glenn Goodlove, LCSW-1450. Goodlove Counseling Center, 858-569-8975, www.goodlove-online.com.

EMPLOYEES IN TRANSITION. Life and career counseling. I will help you to suc-ceed by identifying major operatives af-fecting your career, love, and life. Mr. Stemberger, International Consultant, Certified Life Coach. 858-455-0906.

FEELING STUCK? STRESSED? Experiencing crisis? Relationship issues? Ca-reer problems? Family conflicts? Grief? Past trauma? Take back your power. Free consultation: 619-723-9244. Trish Deignan, LCSW21861.

GAY/BISEXUAL MEN. Supportive indi-GAY/BISEXUAL MEN. Supportive mut-vidual therapy. Depression, anxiety, con-fusion, addictions, spiritual/religious issues. Married, closeted welcome. Dis-cretion, confidentiality assured. Mel Kar-men, PhD, MFC-12709. 619-296-9442.

LOW-FEE COUNSELING. Children, ado-lescents, adults, couples, families. Sliding scale. Alpha Behavioral Health Services. Call for information, 619-285-9999.

MILITARY, PTSD? Battle Fatigue Syn-drome? Night Terrors? Memory Loss? Dif-ficulty Sleeping? Troubled Relationships? Former military therapist licensed trauma providing therapist licensed trauma specialist providing free group treatment. License #MFT37234. 858-342-0181.

NOTICES

Tuesday.

SERVICES DIRECTORY 619-235-8200

HOME

BATHROOMS **Tubs Refinished**

Refinish your old, worr-out bathtubs/sinks to look like new! Fiberglass and porcelain. All work guaranteed. Lic-560438. Bathtubs & Sinks Refinishing Company. 619-464-5141.

CABINETS

Cabinet Refacing

Replace old, wornout cabinet finishes by refacing existing cabinet boxes. Call for free estimate and receive 10% off. Measure of Excellence, 877-6-REFACE (877-673-2920) 3223)

Affordable Quality Kitchen/bath remodels. Garages, closets, custom furniture, refaces. Help with home design! Custom TV units. Demolition, haul-ing. Licensed company. 760-219-3666 or visit www.salocustomwoodwork.com.

2008

July 31,

Reader]

San Diego

15

CARPENTERS

No Job Too Tall

No job too small -Tall-T Carpentry/General Contractor does it all! Dry-rot, additions, decks, patios, remodels, repairs. Tall-T Carpentry, Lic-B649090. 619-672-1164.

\$75/1-1/2 HOUR FULL BODY MAS-SAGE and reflexology. Grand opening! Private rooms, table shower, easy park-ing. Visa/Mastercard. 620 South Melrose #100, Vista. 760-732-1091.

FEELING A LITTLE ROUGH around the edges? It may be time for a massage Call Vivi for your appointment. Lic-21708 619-379-5992.

EUROPEAN THERAPIST. First time client special! 20 years experience wish to massage and re-shape you into a perfect moment. Outcalls available. Lic-006369. Mireille, 619-994-9147.

TOUCH, COMFORT, STYLE, privacy. A tew expectations of your massage? 14 years experience. A true passion! Call for rates and availability. Lic-13375. Donna, 619-886-3333.

AMAZING ADRIANNA! Intuitive healing Del Mar. Pristine, serene setting. Train in all techniques. 7 days. Very flexib hours. Allow your aches to float away. uzzi, full avm. 858-353-2008 Get THE ASIAN TOUCHI Relax with the best therapists, skilled in Oriental mas-sage! Specializing in Shiatsu/deep tissue. 9:30am-11pm. 2629 El Cajon Boulevard. 619-574-0522.

PRISCILLA'S SUMMERTIME SPECIALI \$35 hourly. Acupoint, Lomi-Lomi and Swedish. I'll rub your troubles away. Lic-3285. Call 760-432-9664.

SPECIAL PRICE! \$10 off with free body scrub or body shampoo with 1 hour of massage. Lic-003419. Call today and ask for Izabela, 619-281-8851.

PROFESSIONAL MASSAGE. 1-1/2 hours, \$75. Absolutely first-rate, healing, deep-muscle Swedish massage. Excellent shoulder work. Legitimate, experienced, references. Lic-97005459. Jim, 619-222-1684; cell, 619-459-6872.

HEALTH & FITNESS

PLACE ADS IN THE READER by call-

Monday through Friday. Deadline: 5pm CERTIFIED PERSONAL TRAINERS. Aero

bics, body composition testing, injury re-habilitation, youth programs, nutrition analysis. Gift certificates. Visa/Master-

CARPETS

Special! 3 Areas \$45

\$45 Sofas! Superior carpet/upholstery cleaning. Spot treatment, steam clean and spin-dry. 25 years experience. 100% satis-faction guarantee. JPC Cleaning, 619-322-3673.

Infant/Preschool

Clairemont Academy Kids enrolling now. Preschool focusing on phonics, math, sci-ence, art, music. School age care with tu-toring and activities available. 619-665-7878.

Hate to Clean?

Let us help! Weekly, bi-weekly, or monthly rates. References. Honest. Immediate re-quest responses. Call Maria, 619-405-0447.

House Cleaning

Residential, \$15. Weekdays. 10 years ex-perience. Local resident. English speaking. Pet friendly! Free estimates! Please call

Vicky at 619-277-9326.

CLEANING

CHILD CARE

Resources PLACE ADS IN THE READER by call ing619-235-8200, 8:30am to 5:00pm, Monday through Friday. Deadline: 5pm upede Tuesday. HOLY CROSS PRESCHOOL (3450 Claire-t Drive) new enrolling ages 2-5. All mont Drive) now enrolling ages 2-5. Al families welcome. Variety of schedules Snacks included. For tour/information

PARENT

Snacks included. For tour/information, call 858-472-6590. License #376700168. **PARENTING CLASSES.** 10 weeks court approved parenting class, Wednesdays from 6-7pm at Alpha Behavioral Health Services. Call for more information, 619-946.0000 Services. 285-9999.

Cleaning Services

Great rates! Experienced, trusted, person-alized cleaning. Houses, apartments, con-dos, offices, businesses, vacancies, move-ins, move-outs. One time, weekly, monthly. Bonded/insured. Kate's Cleaning, 619-334-2712.

Attention Movers!

Specializing: move-in/move-out and con-struction site clean-ups. We clean until it

shines! We do windows! Free estimates! BBB member. Liza's Cleaning, 619-864-0210, 619-482-2254.

Dust Bunnies?

Personalized service by experienced pro-fessionals. Move-outs, spring cleans, vaca-tion homes, remodeling cleanup, small offices, residential.Phone quotes! Art of Clean Agency, 858-270-5558; 619-276-5558.

CONCRETE

ING Concrete

Affordable quality. Driveways, foundations, block retaining walls, stamped concrete, patios, etc. Free estimates! 18 years expe-rience. Lic# 891739. Bonded/Insured. 619-846-4499.

AFFORDABLE PHOTOGRAPHY and Min-isterial. Married couple with over 30 years experience in wedding business teams up to cover your event. www. brianhowarthphotography.com. Call Brian or Valerie: 619-583-0411. RASCAL 3-wheel electric cart, \$400. Call SUMMER IS HERE! | ook/feel better with Lipomassage techniques. Reduce stress and appearance of cellulite.! San Diego Cellulite Solutions, 619-692-9300. reesqueira@san.tr.com. fabulous bands, specialty entertainment. Professional planist and plano rentals. Wedding/Event Coordination available. 619-321-9893. TAI CHI AND QI GONG Classes. First class free. Visitors welcome. Taoist Sanc-tuary, 4229 Park Boulevard, San Diego 92103. 619-692-1155 or www. taoistsanctuary.org.

AWARD-WINNING PHOTOGRAPHER.

BRIDAL BAZAAR, Sunday, July 20. San Diego Convention Center, 10am-4pm. More than 200 exhibitors with everything for your wedding. Info, coupons, www. bridalbazaar.com.

sional guitarist will play at your wedding/ special event. Classical, Spanish, fla-menco guitar. Audio samples and more at www.WilliamWilson.com. Contact William.

See your wedding day unfold on DVD. On a budget? Digital photography. Hourly rates, special events. Kidnapper of Im-ages, Beverly, 858-736-4472; 858-274-4472.

CLASSICAL/SPANISH GUITAR. Profes-

Micon Construction

Concrete construction: structural, founda-tions, decorative pool decks, driveways, sidewalks, patios, block/concrete walls. 23

years experience. Lic#838528. Free esti-mates! Call 760-594-1135.

CROWN MOLDING

Moldings for Less

Professional crown molding installation Materials can be provided. Baseboards

wainscot, painting. 10 years experience. Mention Reader ad-10% off! Free estimate! 619-606-7623.

DOORS

Got Doors?

We specialize in doors! Interior, exterior, new construction or replacement. Allied Contracting, local contractor with 20+ years experience. Please call 619-795-2930. No job too small.

ELECTRICAL

Quality Affordable Clean, quality work. All types electrical work. Residential/commercial. Service/re-pair, panels, custom lighting, spas. Bonded/insured. Lic#903497. Free esti-mates! Jacobs Electric, 619-843-9291.

PLACE ADS IN THE READER by call-ing619-235-8200, 8:30am to 5:00pm, Monday throughFriday. Deadline: 5pm

Free Estimates!

your electrical needs. Fast, friendly ser-e. Commercial/residential. Service up-des, remodels, troubleshooting, ceiling s, can lights. Satisfaction guaranteed. ans, can lights. Satisfaction guaranteed. ic#917066. Rotunda Electric, 619-818-9726

FENCES

California Fence

Wood, chain link, iron, guard rail, trash enclosures, barricades, welding. New, repair, installing. Lic#804726. California Fence Company, californiafence@hotmail.com, 619-754-1016.

GARDENING John's Gardening 619-778-4625

Clean ups, professional maintenance, sprinkler repair, hauling. Pruning, weed control. Low rates guaranteed. Free esti-mate. Flexible schedule. Weekly or bi-weekly service available. Call to schedule weekly service available. Call to s appointment. Office 619-461-9771.

HANDYMAN **Free Estimates**

Handyman. Kitchens, baths, fences, decks, woodwork, plumbing, basic con-struction/electrical. No job too large or too small. 619-665-7116.

"One Call" **Does It All!**

12 years professional painter/handyman. Unlicensed. Commercial/residential (in-side/out). Paint, install, maintain, repair. Free estimates! Low rates. Inquire about discounts! References. Satisfaction guar-anteed! Name it... We can do it! 619-260-3701 antee 3791.

M.A.R. Handyman Electric and plumbing. Carpentry. Tile and flooring. Home repair. Free estimates. Quality work done the first time! Mark, busi-ness: 619-269-0585; cell, 619-674-3253.

The Best Handyman

Old-time craftsmanship with today's technology. Residential and rental re-

furbishing, painting, etc. 35 years ex-perience. Call 619-466-7155. www.thebesthandyman.com.

HAULING

\$30/Hour!

3 men will haul. Clean 24' enclosed truck with lift gate/dollies. Fully equipped. Furni-ture, recyclables. Residential/commercial heavy lifting. Reliable. All areas. 619-528-1877.

ADVERTISE YOUR BUSINESS in more than 111 alternative newspapers like this one. Over 6 million circulation every week for \$1200. No adult ads. Call the keeker at 619-235-8200. (AAN CAN)

AL-ANON. Grupo paz mental. Sufre por el alcoholismo en su familia? Juntas sesionan Martes, 5:30pm-7pm, y Sabados, 1-2:30pm, 3450 Bonita Road, #207, Bonita,

ALANON-GRUPO RENCUENTRO. Hay oblems de alcoholismo en su familia? esiones Lunes y Jueves de 5:00-30pm, 3450 Bonita Road #207, Bonita, 1902, 619-470-6955.

ALCOHOLICOS ANONIMOS. Problemas con el alcohol? Nosotros le ayudamos a vivir mejor. Sesiones Lunes-Viernes, 7am y 8pm. Sabados, 8am y 7pm. Domingo 8am y 5pm. Grupo Bonita Hispano, 3450 Bonita Road, #207. 619-280-7224.

bornta Hoaq, #20/7. 619-280-7224. ALCOHOLICOS ANONIMOS. Reunion de mujeres. Sesion Miercoles, 9am-10:30am. Desea dejar de beber? Lleve una vida uti y feliz! 3450 Bonita Road, suite #207. 619-280-7224.

AMNESTY INTERNATIONAL works for human rights. Meetings: 7pm, 2nd and 4th Wednesdays. First Unitarian Church, 4190 Front (opposite UCSD Medical Cen-ter). Information, 619-283-1637.

Tarthritis, LEUKEMIA, MIGRAINE, Can-cer, Cardiac, Inflammation. Exciting new research. Seven of the most powerful ex-tracts of super foods. Free limited time sample. www.juicedupworld.info. 760-621.0330

BE A MILLIONAIRE FROM HOME! Sel Mangosteen; make lots of money! Very high antioxidant value. Significant anti-in-flammatory properties. Many health bene-fits! Free sample! www. diago microtragost of 27 fits! Free sample! www. diane.myjetstream.net. 877-674-4280.

CANNABIS PATIENT(S) ACT. (Associa-tion Cannabis Therapeutics.) Nonprofit. Seeks caregiver/patients interns with questions about cooperatives, clones, tion 215 local guidelines. Meth kills. 619-528-0907.

DATE AND DASH Speed-Dating party Friday 8/1, 8pm. Skip hit-or-miss first date experience. Choose your favorites! Vi-sion's Lounge, 555 Market. www. dateanddash.com. 800-957-DASH.

DiVORCECARE meets every Sunday at 9am at 4926 La Cuenta Suite 203-A, Tier-rasanta. Special Free support group for those divorcing, divorced, or broken live-in relationship. 4926 La Cuenta, Suite 203, Tierrasanta. Bruce, Bruceø sdfunding.com or 619-461-4480.

FREE EMPLOYMENT/TRAINING services 21 on probation/parole. Able-Dis Advocacy, 4283 El Cajon Boulevard, #110, San Diego 92105. 619-231-5990 x304

FREE PSYCHIC HEALING. Lecture Clinic Free readings for new visitors. First Mon-day every month, 7:30pm, 7/7, 8/4, 9/1, 10/6, by Vessa's Clairvoyant Program stu-dents. 4455 Morena Boulevard, #108.

FREE WRITERS workshop reopening. All skill levels, genres. Barnes & Noble (Mira Mesa Boulevard). First Tuesday of each month. 7pm. Maureen, 858-564-9134 or maureen560@aol.com. Check the web-site. www.ce@link.com/

GAIN SKILLS TO SUCCEED. Are you 16 to 21, low income, need high school diploma or GED and work experience? Turning the Hearts Center, 619-691-9643. **GMI CHARITY EVENT**, Rady Children's Hospital. Friday, August 8, 9am-5pm, at the main building of GMI, 8001 Vickers Street, San Diego, 92111. Food, car wash, clown, face painting, fun and games! Bring a new toy for the Rady Chil-dren's Hospital.

HERPES/HSB/HPV, Humanpapillo-mavirus Support group. Accurate medi-cal information and support. Recorded

message. 619-491-1194. www. SanDiegoCityHELP.org.

HIJOS ADULTOS de alcoholicos. Recu peracion y tolerancia. Bienvenidos grupo Alanon. Sesiones: Lunes, Miercoles Viernes, 7-9pm. Alateen, Viernes 7-8:30pm. 495 H Street, Chula Vista, CA

INTERNATIONAL ANGEL DAY 2008. Initi ated by Dr. Doreen Virtue following 9/11. Explore/celebrate communicating with angels. September 7, 9am-5pm, Falling Waters Studio, Escondido. www. hellebrisson.com/Events.html.

MOVIE BUFFS. Interested in watching movies then discussing it afterwards (like book clubs)? Ages 25 to mature wel-come. Please call 619-850-6075, or 858-cod code.

OBSESSIVE COMPULSIVE Anonymous 12-step meeting for people with OCD. Mondays, 6-7pm, Department of Health Services Complex, 3851 Rosecrans Street, Mission Room. Information:

OVEREATERS ANONYMOUS. Meetings www.oasandiego.org o

PARENTS, FAMILIES and Friends of Lesbians and Gays (PFLAG). Find help, sup-port, and understanding. Meetings: Hillcrest, East County, North County. www.pflag.com. Call for details, 619-579-7640. port,

PATHWORK DISCUSSION. August 19 2008, "Intensity — An Obstacle to Self Realization?" 7-9pm Eureka Street/Mis sion Valley. Open meeting, no fee materials available. Please call for direc ions 619-296-9046

PRAYER BASED SOLUTIONS For problems. Achieve inner peace and balance. Eliminate chronic disease, pain. Lose crippling fear. Call 858-272-3246.

PRIVATE COUNSELING. Your journey can be clearer, more peaceful; relation ship issues, body image, self-esteerm anger. I can help. Work toward accep tance of yourself. Fee. 619-838-6817. PROPOSITION 215 MARIJUANA users sought by sympathetic author. Tell me your hardships imposed by San Diego County's refusal to adhere to require-ments. Chris, mjethnography@gmail. com, 760-201-5139.

RESEARCH STUDY. Women living with smoker needed for 9-day research study. Leave message, 619-594-8827 or email TRDRPPDAStudy@projects.sdsu.edu, for more information

more information. SEX and/or relationship problems? Out of control? You are not alone. Call Sex and Love Addicts Anonymous, a 12-step fel-lowship. PO Box 3791, San Diego 92163 or 619-685-7211 or www.slaa-san-diego.

UCSD MEDICAL CENTER needs healthy 40-65 years old, for a re Please call, 619-543-7201 search study. Hease cair, 619-543-7201. WILD BAJA MEXICO ROAD, Trip is on. Beaches, deserts, mountains, great peo-ple co-existing among nature. Not just road trip, it's an experience. Scheduled soon www.bajatrek.com.

TRAVEL & GETAWAYS

\$12 CATALINA GETAWAY! Roundtrip S12 CATALINA GETAWATI HOUNDING cruise for 2, +1 night hotel, +2 island bus or boat tours for couples who qualify and attend a 2-hour time share presentation near home. No obligation. 7 days. Bonus \$40 gas card for first 401 760-758-3839 x51; 800-718-8810 x51. PLACE ADS IN THE READER by calling619-235-8200, 8:30am to 5:00pm, Monday throughFriday. Deadline: 5pm Tuesday.

ORGANIZING

Spend more time looking for things than liv-ing? Clear it out and clean it up. Experi-enced. "At Ease" Home and Office Organization, 619-733-8139.

PAINTING

DC Custom Painting

High quality, affordable interior/exterior painting service. Prompt/reliable. Small jobs OK. County wide. License #911234. Call now for free estimate, 858-366-2240.

A-List Painting

Interior/exterior. Stucco repairs, drywall/texture, power sanding, priming, sealing. Professional service, honest prices. Bonded/insured. BBB member. San Diego. Lic#B-710231/B-C-33. John, 619-665-0754.

Painting!

Working locally 30 years, Lic-B762615. All phases of painting. Irwin Home Improve-ment, 619-277-2077.

PLASTERING

AC Plastering

Interior plastering, repairs. Exterior, re-stucco. Custom quality work, clean, reli-able. 20 plus years experience. Reasonable. Work guaranteedi Lic-694956. Arlex, 619-846-2734; 619-265-9294; pager, 619-418-5693.

BIG BEAR COOL CABINS. Cabin or luxury home on or near the lake. Fireplace, BBQ, home on or near the lake. Hireplace, Dow, TV, kitchen, hot tub and more. Profes-sional housekeeping, towels, and linens are included. Pet-friendly available. Check rates and book online. www. bigbearcoolcabins.com or 800-550-8779. **CABO, MEXICO.** One week Cabo, Mexico during Bisbee Black & Blue Marlin Tour-nament, 10/18/08-10/25/08, five-stuar Playa Grande Resort, sleeps 4, reduced to \$1600 or trade 858-449-2760.

CUPID'S CASTLE B&B. Fairytale castle near Harrah's Casino. 4 chambers with Jacuzzis, balconies, TVs, bathrobes, chocolates, pool table, breakfast, snacks. Voted most romantic getaway. Near wineries. Wedding facility. 760-742-3306.

KEVINSWORLDWIDETRAVEL.COM Compare to Expedia! Deeply discounted travel/cruise/golf packages, flights, ho-tels, car rentals. Major companies. I split commissions with you; start saving now!

REDUCE YOUR STRESS! For a relaxing getaway, we have cabins from \$74 plus tax! Southern California's 2nd best kept secret, 6200' in the sky! 11 individual log cabins, fireplaces, kitchens. Reserva tions: Edelweiss Lodge, 951-659-2787

ROMANTIC MOUNTAIN Getaway. In

BE 8-20 INCHES

IN JUST ONE

HOUR!

NOT A TEMPORARY WATER LOSS!

Melt inches

waistline Detoxify Get rid of cellulite

S10 OFF FAT BURNER WRAP,

DOUBLE MINERAL

WRAP or AIRBRUSH TAN

As seen on the *Tyra Banks* & *Ellen* shows!

New clients only

Burn up to 4,000 calories & 5% Body Fat

in 1 treatment w/French Sudatonic.

SUDDENLY

SLIMMER **THE** Body Wrap

www.suddenlyslimmer.net

858-551-5196

from thighs hips & ing, in-room massage, fine dining for 2, cocktails, complimentary breakfast. See display ad. Live Oak Springs Resort. 619-766-4288.

ROOMS FOR RENT. Seaside Inn. near SeaWorld. Newly remodeled. Fire Inter-net/phone. Daily \$49/up. Weekly avail-able. Color/cable TV, micro-refrig. 1315 Morena. 619-276-3657. 619-276-3500. 1315 VACATION VILLAS, Same price as ho-tels. Call me 619-971-5227. WANTED: Seniors traveling to Canada. For information call 702-732-1042.

PERSONALS

PLACE ADS IN THE READER by call-235-8200, 8:30am to 5:00pm, throughFriday. Deadline: 5pm DAVIEBABE still in Boston. The kids were great. I miss sharing grapefruit with the lit-

DAVIEBABE in Boston. We were so good

together. I miss that. I miss that a lot. Still crazy after all these years.

HAVE FAITH IN GOD . . . whatever you ask for in prayer, believe that you have re-ceived it, and it will be yours. Jesus Christ. HAVE YOU EVER BEEN stalked or ha-

rassed by police? We have a lot in com mon. Contact Bustthecops@yahoo.com. IF YOU HAVE HAD stalking and harass-ment by police, we have a lot in common. ment by police, we nave a Respond here to Daphne. LOSING WEIGHT, isn't it great? Stop be-ing miserable. Get a date. Weight loss

SERVICES



Full kitchen remodel from \$6,599*

Based on a 10'x10' kitchen. Includes designer wood cabinets, granite countertops and stainless-steel sink.

Free in-home estimates • Kitchen remodels completed in as little as a week's time!

DOD Home Interiors, Inc., Cabinetry & Granite 888-882-8338 • 858-695-0800 9550 Distribution Ave. • San Diego 92121 • www.dodca.com • Lic. #915821

or upgrade to granite kitchen countertops for only \$1,499* Includes 30 sq. ft. of granite, bullnose edging, plywood subtop, demo and disposal of old counters and undermount sink cutout. *Certain restrictions apply. Expires 8/31/08.

Geek-4-Hire

WEB DESIGN

Web Development

Business Websites

I build and host basic websites at reason-able prices. Business owners can't afford not to have a website. Call Chris Wright,

619-490-5448. bobtrigger55@gmail.com.

BUSINESS

Email:

SERVICES DIRECTORY 619-235-8200

Lowest Rates!

Haul almost anything. Why pay more? We've got the lowest rates, guaranteed! 10% off with ad! Open 7 days. Junk, demo, concrete, brush, yard/vacancy cleanups. Visa/Mastercard, 619-234-5530. 858-551-9376, AmericanHaulAway.com

MOVING **Stern Moving**

We will be proud to move you. Individually owned. Terrific references. Experienced. The most reasonable rates. Insured/li-censed. Cal-T-145775. Please call 619-697-1694.

All About Moving

First class, full service moves at reasonable rates. Exactly what you expect and de-serve. Locally owned. Licensed/insured, serve. Locally owned. Licensed/insured, CAL-T-189508. Tom Floodberg, 619-247-8018.

Birditt Moving

We are a full service moving company. Specializing in senior citizen relocation. Serving San Diego 18 years. We help you downsize, ship, pack, move, unpack, re-settle, organize. Free estimates, wardrobes. Professional. Courteous. Reli-able. Licensed, insured. (CAL-T-176377.) Call 619-258-8155.

Procrastinating?

Bill Harper's Plumbing & Heating. Cash discounts! Fast response. Friendly and courteous. BBB member, repairs, repipes, fixture installa-tion, drain cleaning, all plumbing. Lic-#504044. Bill, 619-224-0586.

PLUMBING

In Distress Call S.O.S.

Always available 24/7 including holidays for all your plumbing and drain needs. Mention ad for \$20 discount. Serving entire San Diego County for over 35 years. Li-cense #696549. 619-231-6670. 858-566-2662. 760-480-1700.

PROPERTY MANAGEMENT

Got Vacancy?

Who you gonna call? Apartment Finders. Help just leasing or full property manage-ment service. Guaranteed since 1991. We can help! www.apartmentfindersinc.com. 619-296-2787.

Full Service

High Tide Properties provides experienced full-service management at flat rate starting at 5% of rents. We handle marketing, leas-ing, maintenance, 24/7 emergencies, ac-counting and more. 858-243-1928. www.hightideprop.com.

ROOFING

M.R. ROOFING

Business/residential. Replaces AT&T. 24 years. Phone jacks, roommates, fax, com-puter networking, cable TV, wall-mount TVs. Professional, honest, dependable. Lic-807261. 858-452-7413; 619-992-7413.

COMPUTER

SALES

Virus Problems?

On-site virus/spyware removal and training. Free anti-virus and firewall included. Rea-sonable rates! Starting \$39/hour. No travel cost to you. 619-929-7674.

SERVICE

Computer Repair

PC/laptop computer repairs. Mobile, We come to you. Home/office. Virus/spyware removal. Slow Internet problems. \$45/hour or flat rate. 619-206-8550.

CREDIT CARD SERVICES

Increase Sales!

Accept credit and debit cards from your clients. Discreet receipts. No startup fees! Have your credit card machine within 2 business days. 1-800-708-6830.

RESUMES

Right Foot Resume Get that job you have always wanted to-day! 3 very distinct ways to get you noticed. Visit www.rightfootresume.com or call 619-723-1329.

BBB

PERSONAL HOME CARE

Home Manager

will take care of your vacation house with a personal touch. Supervising: Maintenance, bills, etc. Arrive to a cozy/beautiful home. Lucia, 858-605-1758.

PRESCRIPTION DELIVERY **Green Aid Caregiver Delivery**

Serving South Orange/North San Diego counties, quality Medical marijuana "Deliv-ered" Patient medical verification required, patients may email their Medical verifica-tion to the address below. Thursday-Sun-day, noon-9pm. Evening delivery. 949-291-2208. greenaidstaff@gmail.com.



MUSIC

EQUIPMENT / **I**NSTRUMENTS

PLACE ADS IN THE READER by call Monday through Friday. Deadline: 5pm

APEX MUSIC SINCE 1952! Get the gear aread at affordable prices. Sales, reyou need, at affordable prices. Sales, re-pairs and rentals. No one compares 6210 El Cajon Boulevard. 619-583-1431 pex4me.com

BASS AMPSI SWR, Ampeg, Mesa Boo-gie, Fender, Genz-Benz and more in stock and on sale. Guitar Trader of San Diego, 7120 Clairemont Mesa Boulevard. gie, Fender, o stock and on s Diego, 7120 Cl 858-565-8814.

BBE 462 Sonic Maximizer, \$75. Yamaha TG77 rackmount synthesizer, \$375. Lexi-con LXP-15 multi-effects processor, \$175. Concertina, \$75. 619-397-3463.

FENDER ZONE BASS, like new, with hard-shell case, excellent shape and fin-ish, 1 small nick on bottom, shiny metalic pewter, 4 string, \$350 firm. 858-578-5615. GIBSON GUITAR SOURCE. Over 300 Gib son guitars in stock. We guarantee best prices on all Gibsons and Marshall amps. Centre City Music, 1033 Sixth Avenue. Call 619-338-9033. www.ccitymusic.com. Gui Groco-Socs. www.cettymusic.com. Guitar, Gibson Gold Top Les Paul Stan-dard, perfect condition, rarely played, sacrifice \$2100. 858-414-0438.

GUITAR, Walden 6-string acoustic, spruce, mahogany, rosewood, excellent condition, case included, \$200. 760-942-5692.

5692. GUITARS AND AMPS, Fender Blues DeV-ille 60 watt 4x10 \$599, Musicman RD 112 \$649, Marshail JNP 50 watt 2x12 combo \$999, Marshall TSL601 1x12 \$790, Mar-shall 4x12 AVT cabinet \$299, B52 4x12 cabinet \$229, Crate XT120R 2x12 \$259, Mesa Boogie 4x10 bass cabinet \$399, Gibson vintage Ripper bass with Di-marzio \$549, Custom Strat with Floyd Rose \$749, 1979 Ibanez PF-200 with Duncan Designs \$589, Guild JF-12 \$799. At Moze Guitars, 619-698-1185. HOME MUSIC STUDIO. Tac. Scorpion 11

HOME MUSIC STUDIO, Tac Scorpion 11 mixer, 16inX8bus2stereo, stage box, patchbay, power supply all manuals, 2 Panasonic dat sv3700, Kurzweill synthe k2000, Proteus 1, Korg M1, \$750. 619-001.005

ORGAN, Silvertone, 48 chord, good con-dition, \$100. Hohner Melodica piano 27, like new, \$95. 619-582-0096. PA SYSTEM, 6 channel, 200-watt mixer

amplifier, 2 matching woofer/tweeter speakers in heavy-duty cabinets, many

Communit

Aphex Audio-Technica Behringer

Crest

DAS

dbx

Denon

Elation

Furman

Gator

Alesis

2008

Reader July 31,

San Diego

4

Chauvet

DAIPH PRO

ERG

American DJ

American Audio

Beyerdynamic

Cerwin-Vega

Countryman

quality features, excellent condition, \$500. 760-942-7447. PIANO, Kawai upright digital CA-5 bought new in 2006, MIDI/USB ready, ex-cellent condition, rarely played naio

cellent condition, rarely played, paic \$3200, asking \$2000/best. Pickup only Jim, 619-306-4780. **PIANO,** upright, walnut, Kohler and Campbell, good condition, bench in-cluded, \$600. Encinitas Village Park, 760-634-4440.

PIANOS WANTEDI All pianosl Cash paid. Also, quality furniture and antiques. 1 piece or houseful. Bonded. Licensed. Since 1965. Same-day pickup. 1-800-840-4447. www.southcoastauction.net. ROADCASES. San Diego's oldest road-

years. Bring us your best deal; we will beat all. Call Left Coast, 858-278-7888.

MUSIC

M usicians AVAILABLE /

WANTED

PLACE ADS IN THE READER by calling619-235-8200, 8:30am to 5:00pm, Monday through Friday. Deadline: 5pm

AUDITIONS FOR EXPERIENCED, Male zz ense..... ⁵⁹-558-21<u>39.</u> COUNTRY MUSIC/BLUEGRASS jam Guitar, mandolin, fiddle, banjo players in-terested in getting together to play coun-try music and bluegrass. Call Bob, 858-753-1775.

CUBAN/LATIN guitarist/singer looking for percussion accompaniment. Jam first, see if it's fun, then look for gigs. Chris, 504-813-4825.

DRUMMER AVAILABLE, 25+ years expe-rience in jazz, rock, Top-40, funk, reggae, etc. Dependable, tasteful. Working band only. Band practice once a week. 858-

DRUMMER WANTED for original indie/alt-rock project. 21-31 years old. Drama and substance-free. Information at http://

FEMALE DANCERS and singers wanted. Hot, dynamic shows. No experience nec-essary. Free travel, room and board. Par-adise retreat. Short, petite types OK. 520-792-6446.

HARMONICA OR KEYBOARD player wanted for established working blues band. Unique combination of high-energy

Odyssey

Horizon

Hosa

ITTC

KRK

Le Maitre

Lexicon Littlite

Mackie

Mi Pro

Numark

Raxxess

Yamaha

5

Tapco Tascam

Omnisistem Pioneer

Ultimate Support

1000

DUND&LIGHTS

MORE PRODUCT HIGHLIGHTS @ WAREHOUSESOUNDANDLIGHTS.COM

8430 PRODUCTION AVE

MON - FRI 10 AM - 6PM / SAT 11 AM - 4 PM / CLOSED SUN

858-578-5245

MUSIC

Large Selection In Stock

Huge Savings over any Retail

Chain or Internet Store

blues, jump blues, rock and swing. Expe rienced professionals only. Terry, 619 258-8308

JAZZ BASS NEEDED. Saxophone, guitar, piano looking for jazz bass to form straight ahead, soul/standard, fun combo. Practice once every other week. Encinitas. mountainlion20@yahoo.com. KEYBOARD PLAYER/organist wanted. Must have prior experience playing in an African-American Pentecostal church en-vironment. Traditional and contemporary gospel music. Send resume to info@

ncogic.org. PRODUCER seeks female talented com PRODUCER seeks temale talented composers, performers, singers, original ma-terial and incredible uniqueness. Seeking interns, copyists, songwriters. Pro-tools? Logic? Call 619-528-0907; www. myspace.com/mindcontrolsalsa; www. myspace.com/concretesummersday; www.myspace.com/concretesummersday; llenmonkeys.

PROFESSIONAL GUITARIST, Now avail-able for lessons of all styles, if you're look-ing for the best chops and licks. Call Stephen, played with the best, 858-455-

1028. **PUNK ROCK BAND** needs drummer and bass player. Ages 22-35. Original mix in-fluenced by Green Day, Weezer, Off-spring. Contact www.myspace.com/ happyfoot, www.myspace.com/ brainwashmusic or 619-540-4787.

MUSIC

SERVICES

PLACE ADS IN THE READER by call-ing619-235-8200, 8:30am to 5:00pm, Monday through Friday. Deadline: 5pm Tuesdav.

BLUE GUITAR. Fine repairs and restora tion by Yuris Zeltins and staff since 1961. Classical guitars through custom electrics. 5959 Mission Gorge Road. 619-283-2700. www.theblueguitar.com.

CD AND DVD DUPLICATION and Replication. Guaranteed lowest prices, best ser-vice and quality. Complete packages (1,000) starting at \$925. Serving San Diego musicians since 1992. Call 760-747-2734.

CD COPIES and mastering. Near SDSU. Print art directly to CD. We will beat any price. No minimums for CD duplication. 619-540-5827.

CD DUPLICATION SPECIAL! 100 CDs in jewel cases with 2 panel cover, trayliner and shinkwrap. Full color, \$2.45 each. Call 858-541-0256.

RECORD A DEMO at HobarTrax, efficient experienced engineer, Pro Tools, Mackie, Avalon, etc. Session musicians available, all styles. Creative, inspiring atmosphere, \$30/hour. www.hobartrax.com, 858-243-7709

RECORD AND MASTER AT BLITZ Stu dios. ProTools HD, 24-track ADAT, Sonar, Acid. Protools lessons. Creative environ-ment, total CD packages. \$40/hour. 10-hour block, \$350. Weekdays until 4pm at \$30/hour. 619-260-0837. Check out our cool website at www.blitzrecording.com RECORD AND MASTER AT EXUM Studio tools HD3. Great drum sounds! Baldwin Grand Piano! Fast. Efficient. 20 years experience. 2" analog. exumrecording.com. 760-739-9700 www. RECORD AT EARTHLING Studios. Analog and digital multitrack recording and mastering services. Call Mike for rates at 619-441-8341.

RECORD AT CV STUDIOS. San Diego's Rates from \$25/hour. Get the sound you want without pressures of expensive stu-dios. Jon, 858-414-2143. RECORD AT EMPIRE STUDIOS

30/hour, engineer included. Specializin n Electronic, Rap, and Urban music High-end equipment, radio quality guar anteed. Visit our facility at www empirerecordings.com. 619-249-8355. WWW. RECORD AT EPICENTRE Studio. Pro

Tools HD-quality recording. Full service digital recording, mixing and mastering. Library of pre-made beats. 5-hour blocks for \$175 or \$40/hour. www.epicentre.org, 858-271-4000 x15 REHEARSAL STUDIOS! Current special:

\$100 off first months rent with ad! Two lo-cations-Sports Arena & Miramar. Monthly and hourly available. Universal Sound, 619-306-2222. REHEARSAL SPACE. Spacious room! Monthly rental. Sharing is available. Air conditioned. 24-hour access in Escon-dido. Internet access available. Scott, www.exumrecording.com. Call 760-739-9700

9700 REHEARSAL IN OCEAN BEACH at Spot less. 1922 Bacon Street across from Win-ston's. 3 air conditioned rooms with PA available for hourly rentals. Parking, load-ion, 610, 622, 2022

ing. 619-523-3073. **REHEARSAL STUDIOS.** \$20/hour with PA. Equipment rentals, overnight PA rentals. Open 24 hours by appointment. Monthly studios now available starting \$350/month. Goblin Studios, 760-599www.goblinrecords.net

REHEARSAL SPACE. Secured rooms. All hours access. Insured. Air conditioned. Located in Mission Valley by the Stadium. Call TJ, 760-815-3630.

Call 13, 760-815-3630. **REHEARSAL.** Does your studio not sup-ply the goods? Dirty? Superior Sound is the answer. Come and jam with us on a month-to-month lease! 25% move-in spe-

cial. Call us now. 619-886-5991. REHEARSE AT ADDER. New rooms open now! Upscale Kearny Mesa facility. All rooms have individual air conditioning, high ceilings and 24-hour access. Monthly rooms available. 858-505-8644.

REHEARSE AT HINDSIGHT- Miramar. Hourly rooms, fully equipped (drum kit. Hourly rooms, fully equipped (drum kit, two half stacks, bass rig, PA), starting \$18/hour. PA only, \$16/hour. 858-635-

www.hindsightrehearsal.com. Soft in www.minisignitehearsa.com. SUPERIOR SOUND Rehearsal Studios. Come and jam on a monthly basis in Kearny Mesa or El Cajon. Our studios of-fer 24-hour surveillance, soundproofing, air conditioning, and high ceilings. 25% move-in special on the first month! Lim-ited rooms available. Call us now. 619-886-5991.

ROOMMATES

PLACE ADS IN THE READER by call-ing619-235-8200, 8:30am to 5:00pm, Monday through Friday. Deadline: 5pm

BAY HO. Panoramic view, pool table, jacuzzi. Furnished or unfurnished. \$850 plus utilities. 619-890-9175. BAY PARK. Luxury studio. Spectacular bay/ocean views. Private gated en-trance/parking. Clean nice European kitchen/bath. All utilities paid, including



Offering the finest new, used and vintage instruments



Home of the 100% Upgrade Policy©

4901 El Camino Real, Carlsbad, CA 92008 (760) 434-4567 Mon-Fri 9-6, Sat 10-5, Sun 12-4

phone-line. Furnished/unfurnished. Very reduced price. Female only, no drugs. 619-235-2415, x21982.

BONITA/NORTH, Two rooms in town-house. One \$475, other \$525. Pool, jacuzzi, many extras! Share SDG&E. Near freeway 54. Must have own phone! 619-097 0007

987-0865. CARLSBAD. \$750. Female, beautiful warm partially furnished 4 bedroom home. Includes ocean view, utilities, pool, housekeeper. Beach close. No smoking, drugs, alcohol, pets. Linda, 760-729-3818.

CARMEL VALLEY. Furnished master bed-room/bath in condo, \$1000, cable, utili-ties, wireless included. Nonsmoking, no pets, drugs. Storage basement. Spotless home. 2 hairless cats. 619-977-2412. CITY HEIGHTS. Own bedroom, bathroom, and garage in condo walk in closest

and garage in condo, walk-in closet. Clean and comfortable. Secure building. \$650/month, 1/2 utilities and cable. 619-920-0603.

CLAIREMONT. Room with kitchen/laundry privileges in quiet, clean, renovated house. Short walks Genesee/Balboa. No smoking, pets, drugs. \$650, 1/3 utilities. Available 8/01/08 858-277-2044.

CLAIREMONT. \$500. Near Mesa College, bus, grocery. Nonsmoker. Male pre-ferred. Cable, laundry and utilities in-cluded. No pets. After 5pm, 858-337-2770 or 858-353-4449.

CLAIREMONT. \$550, plus deposit, 1/3 utilities. Clean, quiet, 3 bedroom, 1 bath house on canyon. Washer/dryer, cable. No smoking/pets/drugs. Call Dave, 858-

449-4691. CLAIREMONT, \$525, share 4 bedroom 2 1/2 bath home. Large kitchen. Garage, storage, washer/dryer. Covered patio, barbecue. Hi-speed internet avialable. Near all 858-598-5746.

Near all 838-598-5746. CLAIREMONT/BAY PARK, Share duplex with female. Minutes I-5, beaches, Bay, Mesa College. Easy parking. Washer/dryger in unit. No smoking/drugs/pets. \$600/month, \$500/deposit, 858-752-0783.

COLLEGE AREA. \$750. Large room. Share 1100 square foot, 2 bedroom, 2 bath condo. Fireplace, washer/dryer, parking, pool/spa. Deposit. Available. No pets. 805-443-0698.

pets. 805-443-0698. **COLLEGE AREA**, \$500/month, \$500/de-posit. Share house with 1-1/z bath. Split bills, 5 blocks from SDSU. Canyon view, nice yard, laundry. Available. No pets. Hans 619-583-1354.

EASTLAKE/CHULA VISTA, \$750/month, 1/2 utilites, \$600/deposit. Share 2 bed-room 3 bath house, fully remodeled. Washer/dryer, garage. Gated community, pools, jacuzzi, tennis, golf. Near free-ways, shopping, theaters. No pets 619-634-6835.

EL CAJON, \$500/month. Room in clean 5 bedroom house. Washer/dryer, hi-speed internet, parking, close to freeway and shopping. Male only 619-654-0146.

EL CAJON, Mollison townhome complex. Pool, backyard, shared groceries, \$150, 1/3 to 1/2 of bills (depending if both rooms available are filled), \$500/month, \$200/deposit, 619-855-8885.

EL CAJON/EAST, Share 2 bedroom 1 bath house. Fully furnished. Room has T.V. airconditioner. No smoking/drugs/pets. \$650/month, \$650/deposit, 1/2 utilities. 619-442-5154.

ENCINITAS. Small trailer, country setting, share bathroom, lots of windows, skylight, clean, small yard, covered patio, storage No smoking/pets. \$600/month, \$600/de-posit. Available 8/04/08 760-943-7193. ESCONDIDO, Share apartment, with 1 bathroom. Balcony, air conditioning. Pool, jacuzzi, gym. Female only. \$500 including utilities. No deposit required. Available now 858-776-6648.

FLETCHER HILLS. Room available in

clean shared house. Washer/dryer, easy parking. Walk to Von's, shops, Grossmont College. Safe neighborhood. Some utili-ties paid. \$415. 858-243-1911.

HILCREST. Large master bedroom, pri-vate bath, huge closet. Female only share townhouse with female. \$600/month, first, last, \$250 deposit. No pets, smoking, overnight guests. 619-291-7887.

LA JOLLA. Room in spacious, clean, peaceful home. Beautiful neighborhood. Cable Internet. Vegetarian kitchen. No smoking/pets. Male preferred. \$650/monthly plus deposit, share utili-ties. 855-881.2246; 858-220-9184; 619-35-2415 x30110

LA JOLLA/UTC. \$740-\$870 plus utilities, share bath, deposit. 2000-square-foot home. In-ground pool, fireplace, gazebo, fountains, Road Runner, off-LA MESA. 2 rooms available, 1 fur nished, quiet neighborhood. \$750, in cludes all utilities. Garage

washer/dryer, pool, nice backyard patio. Female preferred. Pets OK. 619-920-2953

2933. LA MESA. Unfurnished room available in remodeled home. Family neighbor-hood. \$475/month, \$400 deposit, 1/4 vilities. Nonsmoking/drugs. Credit check required. Month to month. Brian, 610.315.3880.

619-315-3889. LA MESA/LAKE MURRAY. \$985, peaceful. Private kitchen, entrance, bath, air conditioning, fan, washer/dryer, patio, pool, parking. Walk to lake, shopping, restaurants, SDSU. 619-517-7119. LAKESIDE. Own bedroom with bath. kitchen laundry privileges. View, No

Kitchen, laundry privileges. View. No smoking, drugs. References needed. \$700/month, utilities included, \$600 se-curity deposit. Available 9/1/08. After 6pm, 619-561-3109.

epm, 619-561-3109. LEMON GROVE. \$675, utilities included. Large, breezy home. Females only. Ru-ral, established neighborhood. Pool, firepit, barbecue, laundry, storage, parking. We have 2 cats. Call 619-955-5788.

LINDA VISTA. Share 2 bedroom house, large vard. \$575, cable and utilities in-

cluded. Bay view, blocks from USD. Available August 1. 858-405-5083.

Available Adgust 1, 636-405-5063.
LINDA VISTA, 13x10 room with private bath, washer/dryer, wireless Internet. Female preferred. \$700/month, \$400 deposit, 1/2 SDGE bill monthly. No pets/children. scouch619@yahoo.com, 656-902-6462

MIRA MESA, NORTH/Sorrento Valley area. Luxury house. Canyon view. \$700. Furnished bedroom. Use of kitchen and all facilities. Cable, Internet. 619-955-0270.

MIRA MESA. Furnished bedroom in condo. \$540, includes electricity and renter's insurance. Security deposit \$540. No drugs, pets, partying, smok-ing. 2 cats, 1 dog. 858-248-0400.

MIRA MESA. Good neighborhood. Quiet, private room. \$450/month, share utilities. Community pool, park nearby. Large kitchen, dining room, living room, laundry. Female only. marv0070@ yahoo.com, 858-752-1804.

MISSION HILLS, Bedroom/bath, 2 bed-MISSION HILLS, Bedrodnivladin, 2 bedrovny observed to condo. Parking, balcony, washer/dryer, air conditioning. Free cable/internet. No drugs/pets. \$650/month, \$600/deposit, 1/2 SDG&E, 619-297-4642, 619-368-1607.
NATIONAL CITY, Paradise Hills. \$475

NATIONAL CITY. Paradise Hills. \$4/5 plus \$100 deposit, utilities included. Furnished/cable TV, Internet. Shared bathroom/kitchen. Male only, non-smoker. No drugs/pets. 619-602-1824. NORTH PARK, \$545. Room with walk-in closet. 2 bedroom, 2 bath apartment. Laundry onsite. Centrally located. 1/2 utilities. WiFi. No pets. \$450 deposit. Bill, 619-741-3939.

DIII, 019-/41-3939. OCEANSIDE, Large room available in house with large yards, washer/dryer, cable, fireplace. Just East of I-5, near park and public pool. \$600/month. Mes-sage 760-721-7978.

TAY RANCH. 2 large rooms in 4 bed-room home. Quiet cul-de-sac, ample parking, gated community, security. Pool, washer/dryer. %650 and \$750 plus utilities. 619-482-7023.

POINT LOMA, PARK. Room available, \$675. 4 bedroom 2 1/2 bath. Olympic pool, spa, washer/dryer, utilities in-cluded. Available 8/15. Russell, 619-

RANCHO BERNARDO. Share 2 bed-room, 2 bath condo. No pets/smoking. Female preferred. For more information 858-675-0568. RANCHO PENASQUITOS. \$550. Fur-

nished room in house with own bath-room. Utilities included. No illegal drugs/alcohol. Free parking. I-15/I-56 close. Leave message 858-829-4349.

RANCHO PENASQUITOS. Room avail-able. \$550/month, \$300 cleaning de-posit. Kitchen/laundry privileges. Utilities/cable included. Nice neighbor-bood 956 529 2501

Utilities/capped/ hood.858-538-2501. RANCHO PENASQUITOS. View room, in quiet home, share bath, \$500 plus \$100 uniet home, share bath, \$500 plus \$100

quiet home, share bath, \$500 plus \$100 deposit. Utilities included. Easy I-15/56. Pool. No smoking, drugs, pets. Leave message, 858-538-9556.

RANCHO PENASQUITOS. Large room with bath in condo. Pool, spa, sauna, weight room. Indoor/outdoor washers/dryers. Internet, phone, cable. \$800/month. Bill, 858-213-5809.

SAUDIMENTIN: BIII, 838-213-3809.
RANCHO SAN DIEGO, Quiet, clean fur-nished 1 bedroom, nice area. Pool, ca-ble, local telephone, utilities/internet, laundry. No drugs/alcohol/smoking.
\$450/month, \$200/deposit, 619-303-0907

SAN DIEGO, SOUTH BAY. \$80-\$100/week. New sober living 5000-square-foot massive home. Satellite, Internet, 2 kitchens, workout room, pool/jacuzzi, sanctuary. Thomas, The Tree House, 714-787-8744.

SAN MARCOS. Off Nordahl and 78. Pri-

vate bath, garage, includes utilities, ca-ble, pool, kitchen privileges. Female nonsmoker, no pets. Available now. \$650/month, \$300 security. 760-745-

SAN MARCOS. Female only to share 3

bedroom, 2.5 bath condo with mom and daughter. Nonsmoker, no drugs. \$700 \$400 deposit, includes utilities, Internet

SCRIPPS RANCH. Sabre Springs. Fe-male preferred. Quiet house with pool available 8/1/08. Dogs allowed. No drugs. Fireplace, 2-car garage, own bathroom, \$1000, \$1000 deposit. 619-960.2007.

SCRIPPS RANCH, Furnished bedroom in 4 bedroom house, \$700 plus deposit. Own bath, washer/dryer, cable, utilities included. Nonsmoking/pets/drugs. Fe-male only. Florence, 858-271-7130.

male only. Florence, 835-271-7130. SCRIPPS RANCH. Sabre Springs. Large room with private bath, walk-in closet in home. Cable, wireless Internet avail-able. Washer/dryer, \$650 plus \$100 for utilities. 858-254-6065.

SorRENTO VALLEY, 2 story 3 bedroom plus office, 3 bath, large modern home. Spacious kitchen, pool table, laundry, parking, \$850/includes all. No smok-ing/pets, 858-449-3126.

TIERRASANTA. \$650/month, \$200 utili-ties in clean and quiet 4 bedroom house. Includes broadband Internet, ca-

fireplace. No smoking/pets. 619-920

TIERRASANTA. \$595 plus utilities plus \$350 deposit. Washer/dryer. Very large room, furnished/unfurnished. Near all.

No smoking, drugs, pets. Male pre-ferred, 858-292-0145.

VISTA. Room available in 3 bedroom home in nice, quiet area. Near freeway and movie theater. \$650/month plus util-ities. Female only. 760-458-5764.

WANTED: I'm 81 years old with Parkin-sons, cannot drive, seeking room near restaurants, shopping, and food. 858-678-0684.

ble, gardener/maid, washer/dryer, p

880-2807

RENTALS COMMERCIAL

PLACE ADS IN THE READER by call-ing619-235-8200, 8:30am to 5:00pm, Monday through Friday. Deadline: 5pm

NORTH PARK. 120-square-foot storage sheds, clean and new, \$75/month, \$75 deposit. Year lease. Brand new construc-tion. 4360 Texas. Alley access. Applica-tions at www.innoreventerprises.com, 619.368.9410

PACIFIC BEACH. \$1.50/square foot Gross, Nice professional building. 640-1100 square feet available. Elevator, common restrooms, parking, Utilities in-cluded except phone and Internet. 2180 Garnet Avenue. 619-231-2727, x209.

ENCINITAS. Zen-Contemporary and meticulously designed meditation, yoga, seminar space available inside beautiful seminar spáce available inside beautifu Indigo Village, \$49/hour. 700 square feet Room capacity 40 people. www indigovillage.com; 760-633-3754.

NORTH PARK OFFICE SPACE available from 315-1130 square feet at only \$1 po square foot. 3930 Oregon Street. www utopiamanagement.com. 619-291-5555. POINT LOMA/MIDWAY. \$1.10/square foot gross. Great street frontage at this high-traffic location. 500-3000 square feet available. Improvements planned. Lock in your low rate now! 3333 Midway Drive. Agent. 619-231-2727.

Agent, 619-231-2727. DEL MAR HOLISTIC HEALTH office for professional practice including estheti-cian, colon hydrotherapy, etc. Quiet. In-cludes sink and bathroom. \$700. 858-775-5999.

BANKER'S HILL/UPTOWN OFFICE. Won derful location near Downtown and crest. Free parking, elevator, inte restrooms, large waiting/reception a Competitive rates. Call 619-846-8238. area Competitive rates. Can 619-646-6238. GASLAMP ART SPACEI \$150/up. High ceilings, tall windows. Gallery venue for shows. Uniquely affordable. 100-600 square feet. 402 Market. Hughes Man-agement, 619-239-1639 x103. www. HughesManagement.net.

HugnesManagement.net. **ROOMS FOR RENT** in upscale day spa and wellness center starting at \$600/month. Busy area in Point Loma with lots of parking. 3740 Sports Arena Boule-vard #5, 92110. Please call for information 619,623-0130.

MISSION HILLS. Small center with 2 MISSION HILLS. Small center with event spaces available now. Street level with net leases available from \$1000/month. May be converted from 2 smaller spaces into 1 large office suite. See on-site manager in #11 at 930 West Washington Street, San Diego 92103. www.centrecity. net. 619-296-6699.

RENTALS

HOUSES

ALLIED GARDENS. \$1975/month. Move ALLIED GARDENS, \$1975/month. Move in bonus! \$300 off on 6th month! 1 year lease. Newly remodeled throughout! Walk to Kaiser Hospital! 3 bedroom, 2 bath newly painted. Comes with all appli-ances! Wood floors, new windows, two

760-796-4122

301 E. Washington Ave.

Suite A (at Juniper)

Escondido

car garage with tons of storage, gardener included. Great back yard. Sorry, no pets. Tenant pays all utilities. Security deposit \$2500, \$25 credit check fee. 4732 Tobey Street. Amelia 858-597-6100 x315. CAMPO. Off I-8 east. \$1550. 1432 square ne, 3 bedroom, 2 bath, custom foot home, 3 bedroom, 2 bath, custom tile/paint/crown molding upgrades. Living room, fireplace, master bedroom/walk-in closet, 2-car garage, fenced yard, cul-de-sac, community RV parking, pool, rec area, ball courts, washer/dryer, dis-washer, air conditioning. \$500 deposit. Pets: \$50/month. 619-726-3303.

Pets: \$50/month. 619-726-3303. CARLSBAD. Lovely 3 bedroom, 4-1/2 bath Rancho Carillo home. Great view! 2-car garage. Yard. 3 fireplaces. Available now. 6293 Paseo Privado. \$3950. Leas-ing Unlimited, 760-436-7273.

CHULA VISTA. \$1395. 2 bedroom, 1 bath house. 1-car garage. Stove, refrigerator, new carpeted, washer/dryer hookups. No pets. 619-691-7749.

pets. 619-691-7749. **CHULA VISTA/OTAY.** \$1795. 4 bedroom, 2 bath. Spacious home. Nice neighbor-hood. Living room with beautiful rock fire-place. 3958 Rene Drive. www. UtopiaManagement.com, 858-598-1111 x193

CLAIREMONT, NORTH. \$2,200. 3 bed-room, 1-1/2 bath. Open floor plan, tiled floors. New paint/carpet. 2-car garage. Canyon. Mowing/hedging provided. Very nice. 858-273-7241.

nice. 858-273-7241. CLAIREMONT. Bright 4 bedrooms, 2 baths. New carpet, fresh paint. Washer, dryer, refrigerator. Quiet area. Nice back-yard. No pets; nonsmoking. Available now. \$2300. 619-297-1777.

CLAIREMONT. \$1975/month. Move in CLAIREMONT. \$1975/month. Move in bonus! \$300 off on 6th month! 3 bed-room, 2 bath home with extra storage. Washer and dryer plus all appliances. Gardener, water, gas and electricity in-cluded. Sorry, no pets. Nonsmoking. Near Rolfe and Tolowa Street. Call Amelia for appointment. 858-597-6100 x315. CLAIREMONT. \$1495.3 bedroom, 1.5 bath house. 2057 Morena Boulevard at Milton Street. Gorgeous hardwood floors, small yard. Stove, refrigerator. Cat/small dog negotiable. Available now! 858-232-9932.

9932. COLLEGE AREA/TALMADGE. Gorgeous 4 bedroom, 2 báth home. Gated. Garage & carport! All appliances. Air. Fireplace. Washer/dryer. Gazebo/jacuzzi. Sun room. Monroe St. \$2600. 619-944-2663.

College AREA. 5 bedroom, 2 bath house. 2-car garage, private fenced yard. Walk to all. Available now. \$3500. 5252 Stone Court. 619-871-6909. College Area. 4 bedroom, 3 bath house. All appliances! 2 master bed-rooms! Panoramic view. Large deck. Pets OK. Available now! \$2950. 4701 Elsa Road. 619-871-6909.

ColLEGE AREA. 3 bedroom, 2 bath house. 2-car garage. All appliances. 2-story, newer home. Fenced yard. Pets OK. \$1875. 4767 Jessie Avenue. 619-

8/1-6909. COLLEGE AREA/ROLANDO. \$2300. 3 bedroom, 2 bath house, beautiful home with outrageous view, pool, fireplace, manicured lawn, washer/dryer hookups. 4250 West Overlook Drive. www. centrecity.net. 619-296-6699. COLLEGE AREA/DEL CERRO. \$1890

E. Washington

Lic. #162219

bedroom, 2 bath. New appliances/carpet skylight, Roman tub, laundry. Garages Rebates! No pets! 858-270-0214.

DEL CERRO. \$2300. Large, lovely 4 bed-room, 2 bath, double garage, fenced yard, close to all. 1 year lease. Available now. 6219 Chrismark Avenue. 619-465-

6588. **DOWNTOWN.** Walk to Petco, all Down-town. Live/work space, 1000 square feet. Very cool and hip! High open-beam ceil-ings. New kitchen and bath. Private fenced yard. 1754 National Avenue. \$1399.858-568-5081.

DULZURA. 2 bedroom, 1 bath house. Mountain view, 1/2 acre land, oak trees. 15 minutes to Downtown. \$1000. 619-787-9377, 619-247-5025.

EL CAJON. \$1875. Beautiful Spanish style 3 bedroom, 2 bath with family room, fireplace, air conditioning, washer/dryer hookups, garage, RV parking. No pets. 619-444-3506 EL CAJON. \$1695. 3 bedroom, 2 bath. Air

ed home with new carpet, lami nate floor, new paint, shower/tub combos 1-car garage. Pets OK. 858-598-1111

EL CAJON/FLETCHER HILLS. \$2000. 3 EL CAJON/FLEICHER HILLS. \$2000. 3 bedroom, 2 bath. 2-car garage. Gas stove. Dishwasher. Washer/dryer hook-ups in garage. Carpet. Deck off living room, overlooking huge yard and swim-ming pool. 1 year lease. Available now. 486 Hawthorne Avenue. Phillips Realty, 610 921 6696. 619-291-6686

ESCONDIDO. \$950-\$1550. Tired of apart-ment living? 1, 2 and 3 bedroom manu-factured homes offer spectacular hilltop views. Full-sized washer/dryer, some small yards. Peaceful community, sorry no pets. 1924 Sheridan Avenue. 760-745-

ESCONDIDO. \$1450. 2 bedroom, 2 bath house. Garage. Large, fenced yard. Pet considered. Laundry hook-ups. Available now. Agent, 619-298-7724.

now. Agent, b19-298-7/24.
HILCREST, \$1495, \$1400 deposit. 1
bedroom bungalow Craftsman cottage.
Great location. Newly remodeled. Air con-ditioning. Socurity system. Off-street parking. No pets. 3537 4th Avenue. For appointment. Bob 619-296-2200.

HILCREST, House, \$1200. Large 1 bed-room. All new inside. Air conditioning. New appliances. Yard. Off-street parking. Great location. Must see to appreciate! 619-469-9763.

619-469-9763. **HILLCREST.** \$1995. 2 bedroom, 2 bath house. Hardwood floors. Completely re-modeled. Washer/dryer. Garage. Fully enclosed patio. Very bright. Great area, block from Balboa Park. Available 8/5. 619-549-4959; 619-235-1470.

LA MESA. \$1600. 3 bedroom, 1 bath house. Large back yard, country kitchen. Washer/dryer hookups. 7182 Purdue Av-enue. 619-698-6911. www. goldenmanagement.com.

LA MESA. \$1650. 3 bedroom plus den, 1-1/2 bath house. New carpet. No pets. Yard good location. 4848 Jessie Avenue. AMI Property Management. 619-697-

2555. LA MESA. Spacious studio duplex, park-like setting on private road, gated. Ready for move-in. Call about special. \$730. No Section 8. 3886 American. 619-698-3262, 510.090.6076 619-980-6076

Typo Patrol Results

No valid typographical errors were found last week.

Note: Crossword puzzle errors not eligible for Typo Patrol. Unfortunately, handwriting does not come across well on faxed newsprint.

You must send in a copy of the printed error — either the actual page or a copy of the page. Only one award per Reader error — first copy of error delivered to the Reader wins. Exceptions: improper grammar in direct quotations, slang, idiosyncracies of style, and playful spellings (example: "beeyootiful" - from "Tin Fork," June 5 issue). Typographical errors found in stories and listings (sorry, no ads or blogs) must be submitted by Monday, 7 a.m. after the issue in question. We'll pay \$10 to the first person to point out the error. (Or choose a Reader Typo Patrol T-Shirt.) Mail to: Typo Patrol, SD Reader, Box 85803, San Diego, CA 92186; or fax to 619-231-0489; or deliver to 1703 India St., in Little Italy (yes, we have an after-hours mail slot).

LAKE WOLHFORD. Escondido. 1 bed-

LAKE WOLHFORD. Escondido. 1 bed-room, 1 bath trailer-like house. Beatiful lake view, huge deck. & 875/month, \$875 deposit. Must see. Newly remodeled. Nonsmoker. 619-572-6307. LAKESIDE. \$2500. 5 bedroom, 3 bath. 3-car garage. Home with tons of upgrades. Cherry wood floors and cabinets. Granite counters. Custom paint. Walk-in closet and jetted bathtub. Pets OK. 858-598-1111, www.utopiangmut.com. LEMON GROVE. \$2500. 3 bedroom, 3 bath house. Country living, large kitchen, nuge master and huge bath with fire-place, pool, jacuzzi, air conditioning. 7736 Alton Drive. 619-698-6911. www. goldermanagement.com.

goldenmanagement.com

MISSION BEACH. \$2600. Bay front! Steps to bay! 2 bedroom, 2 bath house, living/dining room, kitchen, fireplace, laundry. Hardwood floors, yard and park-ing. 510-229-7039.

MISSION BEACH. \$2600. Bay side! Steps to bay! 2 bedroom, 2 bath house, living/ dining room, fireplace, 3 decks, 2 car garage. Laundry. 510-229-7039.

MISSION BEACH. \$3400. Steps to bay! 4 bedroom, 2 bath house, living/dining room, laundry, parking. Available September. 510-229-7039.

MISSION BEACH. \$2800. Steps to bay! 3 bedroom, 2 bath house. Laundry, yard and parking. Available September. 510-229-7039. MISSION BEACH. Bayfront. \$2400. 3774 Bayside Walk, 3 bedroom, 1 bath. 3784 Bayside Walk, 3 bedroom, 2 bath. Lease September 2008 to May 2009. Phillips Re-

858-354-2344 atty, 858-334-2344. **MISSION VALLEY.** 3 bedroom, 2 bath house plus bonus room! \$1895. New car-pet and paint. 2-car garage with opener. Pets on approvall 2625 Marathon Drive. Agent, 619-820-2544.

Agent, 619-820-2584. NORMAL HEIGHTS. \$2075. 4 bedroom, 2 bath home. North of Adams. Beautiful hardwood floors. New carpet, paint, re-frigerator. Microwave, oven and stove. Washer/dryer hock-ups. Excellent free-way access. New front landscaping.

First-time clients.

With coupon. Exp. 8/13/08.

Available 8/1. Cats OK. Nonsmoking. 4748 33rd Street. 619-997-9383. NORTH PARK. \$875 rent. 1 bedroom, 1 bath. Security deposit \$700. New paint, ceiling fan, hardwood floors, stove, refrig-erator, close to bus line, laundry across street. Gated entry. 4070 30th Street. Not available yet. Call Ed, 858-597-6100. PACIFIC BEACH/DE ANZA COVE.

\$2200. Cute, cozy 2 bedroom, 2 bath mo-bile home on the cove. Includes washer/dryer, utilities/cable. Mike, 858-456-0407; 858-344-1033.

PACIFIC BEACH, 3 bedroom 2 bath, den. Garage, great patio. Wood floors, crown moulding, marble master bath. Walking distance to Kate Sessions Park. \$3500, 909-838-2114.

PACIFIC BEACH. 3 bedroom, 2 bath house. 1-car garage plus extra spots. New interior remodel! Large backyard. Deck. Appliances. Washer/dryer. \$2900. 858-401-2627, 858-272-8122.

PACIFIC BEACH. \$2250. Near bay. 3 bedroom. Patio. Fireplace. Ceiling fan. Walk-in closet. Includes water, gardener. Garage, parking space. Hook-ups. No pets/smoking. 858-270-7497. PACIFIC BEACH. \$2250.3 bedroom, 1 beth beive. floxible.

bath house, flexible lease, carpet floors, garage parking, yard, patio. Fee. Free search at www.westsiderentals.com. 619-367-3333.

RAMONA, 4 bedroom 2 bath. Pool, 2 acres, air conditioning. Wood stove, well, solar panels. Lots of trees. Tranquil peaceful setting. Available August. \$1975. 858-270-5695.

\$1975.888-270-0000. RANCHO PENASQUITOS. \$2195.3 bed 0.1/2 beth 2-car darage, 1750 Scherker Frenzeuer Scherker (112) bath, 2-2195. 3 bed-room, 2-112 bath, 2-car garage, 1750 square feet. Refrigerator, laundry hookups. Credit check, HOA agreement, security deposit. No pets. 858-382-8061.
 SANTEE, \$1950. Remodeled 3 bedroom, 2 bath/study, new flooring/paint. 2-car garage. Water and Gardener included.

SERVICES

Pet? 10024 Bilteer Court. MG Realty, 619-

BEACH/CARDIFF. SOLANA ous tri blocks/ocean! Brand new! Gorgeous tri-level 3 bedroom, 3 bath twinhouse. Garage. Small garden. Washer/dryer. No pets! \$3300. 2265 Manchester Avenue. 760-635-1405, 760-331-8494, 760-518-4388

SOUTH PARK/GOLDEN HILL. 3500 square feet. 3 bedroom, 3 bath. Attached office. Wood, pavers throughout. Canyon view. Bar, wine cellar, indoor hot tub, sauna, solariums, courtyard, fireplaces. Commercial kitchen. Deck, garden, gazebo. Stitting area, pantry, stained glass. \$2799, www.innoreventerprises. com 614-368-0410 com 619-368-9410.

SPRING VALLEY. 4 bedroom, 2 bath, 2-car garage, fireplace, large yard, \$1950/month. Section 8. Pets OK. Open house: Saturday/Sunday, 8/2-8/3. Call 619-667-2231.

UNIVERSITY HEIGHTS. \$850/month Large, 1 bedroom Spanish cottage. Beautiful landscape, quiet, private. In-house laundry, no pets/smoking. Lots of storage. 4363-1/2 30th Street. Val, 619-507-2613

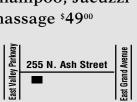
USD/LINDA VISTA. 4 bedroom, 2 bath house. Available immediately. \$2650 5559 Lauretta. Alta Vista Properties, 858-274-3600. www.AltaVistaManagement.

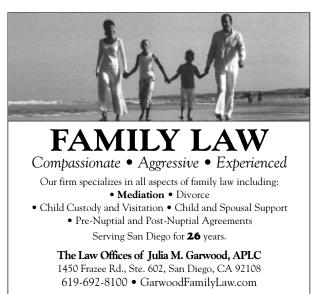
VALLEY CENTER. Woods Valley. \$4000. Voter 4500 square feet. 4-car garage. On cul-de-sac. Brand new, move in anytime. Nonsmoking. No pets. Call for details, Top Notch Realty, Inc., 858-715-0688.

grand opening **Escondido Spa Oriental massage** table shower & shampoo, Jacuzzi

30-minute massage \$4900

760-743-1421 255 North Ash, Suite 107, Escondido 7 days 9 am-9 pm Lic. #162163









Grand Opening!

Moonlight

The Best Oriental Massage

Try our Japanese Hot Steam Shower

Table Shower · Jacuzzi

15 N

Valley Parkway

Visa & Mastercard accepted. Lic. #162807



Mailing address: 975 Hornblend, Suite E, P.B.

ertifi

7 Days 9 am-8:30 pm ww.inner-balance.com

858-274-6989

Lic. #97000450

Issue of July 24, 2008

SHOEHORN TECHNIQUE





PLACE ADS IN THE READER by call-ing619-235-8200, 8:30am to 5:00pm, Monday throughFriday. Deadline: 5pm Tuerday

ALPINE CREEK APARTMENTS. \$850.

Come see our huge 1 bedroom, 800 square feet. \$1350, 3 bedroom, 1-1/2 bath, 1200 square feet. Stone flooring in entry, kitchen, and bathroom. Spacious living room, dining room. New washer dryer in unit. No pets. Move-in bonus. 1950 Arnold Way, 619-445-8392.

ALPINE, \$750-\$950. Spacious 1 and 2 bedrooms. New carpet and vinyl. Air con-ditioning, on-site laundry, pool. Small pets welcome. Call about our move-in special! OAC, 619-445-0805. www.sdaptbrokers.

ALPINE. 2 bedrooms, \$1355. Newly re-modeled. Up to \$1200 off! Private garages, fireplaces, vaulted ceilings. Re-sort-size pool and spa. Alpine Woods, 1829 Arnold Way, 619-445-1341.

ALPINE. 55 and up. Spacious luxury liv-ing. 1 bedrooms, \$955. 2 bedrooms, \$1235. Up to \$1200 off! Creekside Mead-ows, 1750 Arnold Way. 619-445-2480.

BALBOA PARK, West. \$1095. Spacious 1 bedroom, condominium. Garage, large pool. Big sunny balcony. Free cable TV and overnight guest suite. 2244 Second Avenue. Carol, 619-282-2617.

BALBOA PARK. \$1100. Bright, cheerfu upper 2 bedroom apartment with view in quiet, picturesque building. Beautiful street. Assigned parking, laundry, patio. No pets. 2449 A Street. 858-278-6135. 619-549-9542.

BANKER'S HILL. \$1450. 2 bedroom, 2 bath. Amenities: Pool, laundry facility, 1 underground parking space, private bal-cony. Pet OK. Month-to-month lease

Conv. Pet OK. Month's space, plivate Bal-conv. Pet OK. Month-to-month lease.
 Available 8/4/08. Call 951-288-2274.
 BANKER'S HILL. \$650-\$800, junior stu-dios. \$900-\$975, studios. \$1375, 1 bed-room. Expanded cable, storage available, library, rooftop barbecue deck, laundry, small exercise room. City and harbor views. Utilities paid. No pets.
 Barcelona Apartments, 326 Juniper Street. 619-232-0153.

BankEn?'S HILL, Large studio, street parking, \$850. Downtown San Diego. Close to everything. Gated. Laundry on site. 1818 6th Avenue. kandrproperties.com. Call 619-640-8834.

BANKER'S HILL, \$1000, 1 bedroom, 1 bath. Gated. Parking. Laundry on site. Close to freeways, Downtown. 1922 Sec-ond Avenue. Call Nicki, 619-702-5923. Fee. Free search at www.westsiderentals. com. 619-367-3333.

com. 619-367-3333. CARLSBAD. Beautiful 1 and 2 bedrooms, some with fantastic views! Pool, commu-nity laundry. Gated parking. Barbecue ar-eas. Spacious floorplans. Walk to the beach! No pets. 2303 Ocean Street. Agent 760-434-7721. CARLSBAD. \$925. 1 bedroom. Small complex with off-street parking, commu-nity laundry. Quiet street. No pets. 3366 Roosevelt Street. 760-434-7721. CARLSBAD. #2762.

CARLSBAD/Parkside. \$2500. Lovely 3 bedroom plus loft, 2-1/2 bath, one mile to beach, fireplace, garage. 2300 square feet. 6586 Scaup. Leasing Unlimited,

760-436-7273. CARLSBAD/LA COSTA. \$1495. Large, 2 bath in beautiful Luxury 2 bedroom, 2 bath in beautiful garden complex with views over La Costa golf course. Fireplace, washer/dryer, air conditioning, pool, spa, sauna. 2371 Caringa Way. Alicante Views. Open daily. TPPM, 760-431-7575. www.alicanteviews.com

CARLSBAD/LA COSTA. \$1650. Large luxury 3 bedroom, 2 bath in beautiful garden complex with views over La Costa golf course. Fireplace, washer/dryer, air conditioning, pool, spa, sauna. 2391 Caringa Way. Alicante Views. Open daily. TPPM, 760-431-7575. www.alicanteviews.com.

Keins Open devices com.
 CARMEL VALLEY, Looking for affordable luxury living? 1 bedrooms/2 bedrooms.
 Flexible leases; call for current rates. Near beaches, shopping, easy freeway access, quiet neighborhood! Free tennis, swimming lessons! Washer/dryer. Park-ing. Fitness center. Pool. No pets. The Club Torrey Pines, 12646 Torrey Bluff Drive. 1-866-354-2096. www.torrey.cc. www.sdreader.com/news/rent2106.
 CASA DE ORO. Mount Helix. 2 bedrooms starting at \$1075. Park/garden-like set-tings. Pool. Spac. Close to all shopping. Pet friendly. Conrad Villas Apartments. 3917 Conrad Drive. Visit our website: www.progressmanagement.net or call

www.progressmanagement.net or call 619-697-6323.

CHULA VISTA. \$775/month. Low \$150 deposit. 1 bedroom, fully furnished. 2 blocks from Chula Vista Center and trolley. Off-street parking. Laundry room. 521 Park Way. Office open daily (near Fifth and G). 619-420-5084. CHULA VISTA. \$1895. 2 bedroom, 2-1/2

bath condo. Air conditioning, dual mas-ters upstairs, washer/dryer in unit, break-fast bar, garage. 1241 Santa Cora Avenue #127. 619-698-6911. www. nt.com.

CHULA VISTA. Move-in special: \$300 off first OACI Large upstairs 1 bedroom, 1 bath with deck, \$925. New carpet/paint/ vinyl. Jacuzzi, pool, laundry on site. Lots of storage space. Assigned gated park-ing. Near all, 212 Palomar. No pets. Call ing. Near all. 212 Palomar. No pers. Car 619-426-1381 or apply at www. melroyproperties.com.

Herroyproperties.com. **CHULA VISTA.** \$825. 1 bedroom, 1 bath, all utilities included. Best area. Clean, quiet, secure. On-site laundry and pool. Plenty of parking. If you can find one bet-ter; rent it. 540 Flower Street. Call Krista at 619-425-5451 or Rachael at 619-804-1044.

CHULA VISTA. \$945. 2 bedroom. Beauti-ful garden courtyard. Controlled access. Very clean. Air conditioning. No pets. 540 Naples Street. TPPM, 619-422-5709.

CHULA VISTA. \$1595. 2 bedroom, 2-1/2 bath. 2-story townhome features hard-wood floors. Great mountain view from balcony. 1581 Sumac Place. www.

CHULA VISTA from \$800. 1 bedrooms in well-maintained, gated community. Air conditioning, community laundry, gated off-street parking. No pets. Near shop-ping, freeway and trolley. 2887 Main Street. 619-691-9377.

Street. 619-691-9377. CHULA VISTA. 1 bedroom, 1 bath apart-ments, 8720-8750, deposit \$500. Fur-nished/unfurnished units available. All utilities and basic cable included. Pool, park-like setting, off-street parking, laun-dry facilities. Credit check fee \$35 per person. Office hours monday-friday, 9am-5pm; saturdays, 10am-4pm. Walk-ins welcome. Park Regency Apartments, 619-422-0792.

utopiamanagement.com, 858-598-1111

CITY HEIGHTS. Adorable 2 bedroom, 1 bath house. Pets OK! Nice kitchen, great deck, large yard. Must see! \$1650 plus \$1500 deposit. 1-year lease. 626-393-

3419. CITY HEIGHTS/TALMADGE. \$1200-\$1275. \$200 off first month! 2 bedrooms, 2 baths. Very large, beautifully upgraded with balcony, air conditioning, dish-washer. Also, 1 bedroom, \$900/month. Gated complex, pool, barbecue. Section 8 welcome. 619-284-1045.

CITY HEIGHTS/NORTH PARK. \$795. Very spacious, well maintained 1 bed-room. Recently remodeled. Ceiling fan, reserved parking, tile, gated, laundry. No pets. 619-276-5520.

Pets. 013-210-332U. CITY HEIGHTS. \$785. Large 1 bedroom apartment. Parking. No pets. Fenced yard. New carpet/paint. Appliances. Clean. 4397 44th Street #B. Juno, 619-275-3455.

CITY HEIGHTS. \$750. 1 bedroom. Gated. Laundry. Parking. No pets. Available 8/15. 4153 42nd Street #6. Agent, 858-514-8201.

CITY HEIGHTS. \$950. 2 bedroom, 2 bath City Heights, \$950, 2 bedroom, 2 bath townhouse apartment. Central air condi-tioning. Laundry room. Lots of parking, not assigned. No pets. Section 8 OK. 4265 Chamoune Avenue, across KFC. Phillips Realty, 619-291-6886.

CITY HEIGHTS. Very large, beautifully up-graded 2 bedroom, 2 bath, \$995. New carpet, paint and kitchen counter. 5450 University Avenue. Agent, 858-560-1178. CLAIREMONT/KEARNY MESA. Wexford CLAIRCEINUNT/ACARNY INESA, WEXIOT Manor. Large 1 and 2 bedrooms in beau-tiful complex with pool, spa, laundry, air conditioning, dishwasher. Sorry, no pets. \$995-\$1295. Photos at www. WexfordLiving.com. 7870 Stalmer Street. 858-277-4843.

858-277-4843. **CLAIREMONT.** \$2000. Deposit \$2000. Brand new, never lived-in. 3 bedroom, 2-1/2 bath. 1325 square feet. Townhouse-style duplex. 1-car garage plus extra parking. Gated entry. No pets. 4441-A Clairemont Mesa Boulevard. 619-299-

4034. **CLAIREMONT.** Free daily continental breakfast, HBO, concierge service, maid/ linen service! 6-12 month lease dis-counts! Furnished studios from \$395/ week; \$1195/month! Corporate housing available. Utilities included! Microwave. Mini-refrigerator. Laundry. Pool, spa. Central location. Garden surroundings. Parking. No pets. California Suites Hotel, 5415 Clairemont Mesa Boulevard. 888-475-7147. www.sdreader.com/news/ rent2035.

CLAIREMONT. \$875. Studio in lovely, quiet, gated complex with pool. Parking. Laundry on site. 5150 Balboa Arms Drive. kandrproperties.com. Call Tia, 858-571-

COLLEGE AREA. From \$1195. 2 bed-room, 2 bath condos. Balcony/patio. Gas



miramar – mira mesa pamper yourself today

8280 miramar rd. (between cabot & camino ruiz) 858-566-4229 7 days 10 am-10 pm license #HHP23125



SERVICES



In law, experience is important. San Diego practice for 23 years. Our goal is quality service. **Estate Plannina Family Law** • Divorce • Separation • Trusts • Wills • Probate • Annulment • Custody • Powers of Attorney Visitation Support Health Care Directives • Trust Funding Pre-marital and post-marital Conservatorship

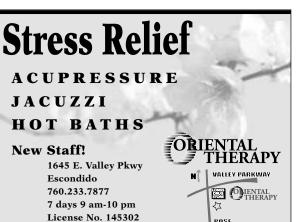
Guardianship

Lic. #2007026557

Spa \$20 Off 1-hour **Oriental Massage** 1-hour massage includes your choice of hot tub, lacuzzi or table shower. 6124 University Avenue (At College, parking in rear) 619.229.0509

BANKER'S HILL \$1750. Spacious 2 bed-room. Spanish style duplex. Hardwood floors. 1/2 garage. Laundry hookups. Fenced yard. Covered patio. 2355 Curlew. 858-272-9547. BANKERS' HILL. \$1195. Beautifully restored, 1 bedroom, 1 bath. Must see to appreciate! Private patio. New carpet/ paint. Stackable washer/dryer. Over 900 square feet. Available 8/1. 619-865-6699. **CARDIFF.** Cute studio, walking distance to the ocean and town center. Refrigerator, laundry, off-street parking. For more information, call 760-666-1057. CARLSBAD. \$1300. 2 bedroom, 1.5 bath, pet OK, 2-car gated parking, pool, refrig-erator, stove, microwave, yard, balcony. Royal





ROSE





stove, microwave. Central air/heat. Dish-washer. Washer/dryer hook-ups. Gated. Pet on approval. Near all/golf course.

COLLEGE AREA. \$1300. 2 bedroom. 2-1/2 bath condo. 1-car garage plus addi-tional space. Quiet gated community. Laundry hookups. Nonsmoking. Available now. \$1300 deposit. 619-429-6928.

COLLEGE AREA. Large 1 bedroom, 1 bath. Dishwasher, AC, Courtyard. Tile kitchen/bath. \$750 rent, \$400 deposit Bus nearby. Gated building. Water, garbage included, 619-368-9410.

COLLEGE AREA. \$1150. Lower end 2 bedroom, 1-1/2 bath condo. New carpet. Wall A/C. Appliances. Gated. Pool. Laun-dry. Parking. 4844 68th Street #1. 619-593-3620. mpmrealty@sbcglobal.net. COLLEGE AREA. \$850 rent. \$600 deposit.

OAC. 2 bedroom, 1 bath. Laundry. Park-ing lot. No pets. At 6735 El Cajon Boule-vard #B-5. 619-299-8515.

COLLEGE AREA/TALMADGE. \$1050 rent. \$600 deposit OAC. 2 bedroom, 2 bath New carpet. Laundry. Parking. No pets At 4423 Menlo Avenue #9. 619-299-8515 \$600 deposit, OAC. Large 1 bedroom de-tached cottage. Open daily 3:30-6pm. No pets. At 4859 Jessie Avenue (east of 73rd), 619-299-8515. COLLEGE AREA/LA MESA. \$750 rent

COLLEGE AREA. \$750-\$775. 1 bedroom. Near shops. Laundry room. No pets. 6769 El Cajon Boulevard. Apartments in rear courtyard. 619-464-0901.

COLLEGE AREA. \$1050. 1 bedroom, 1 ranite counters, overlooks pool, gated area. 6333 College Grove Way #2107. 619-698-6911. wwww. go

COLLEGE AREA, \$850, 1 bedroom, 1 bath apartments. Remodeled, all utilities paid, garage. 7232 El Cajon Boulevard #9. 619-698-6911. www.

goldenmanagement.com. COLLEGE AREA. \$700. 1 bedroom, 1 bath apartment, fourplex. All appliances laundry facilities, fenced yard. No pets 5015 Orange Avenue. 619-698-6911 anagement.com.

COLLEGE AREA. Move-in special! \$1250. 2 bedroom. Fireplace. Central heat/air. Microwave, dishwasher. Balcony. Gated. Intercom entry. 4828 Art Street. Agent, 619-298-7724.

COLLEGE AREA. 1 bedroom from \$950. COLLEGE AREA. 1 bedroom from \$950. Free credit application. \$100 military dis-count. Internet access. Gournet kitchen. Microwave. Gas range. Air conditioning/ heating. Walk-in closet. Controlled ac-cess. Free poolside Wifi. Barbecue/picnic areas. Cat friendly. Parking. Walking dis-tance to campus. Near bus, trolley, Aztec Pacific Apartments, 6663 Montezuma Road. 1-800-433-6120. www. pacificliving.com. www.sdreader.com/ news/rent1042.

COLLEGE AREA. \$775. 1 bedroom in nice community. Pool, laundry, barbecue. Close to SDSU and all conveniences. No pets. 4333 College Avenue. Agent 619-287-8380

COLLEGE AREA. \$1435. 2 bedroom, 1 bath condo. 1-car garage. 4336 College Avenue. 619-793-4040. rasnyder.com. DEL MAR, Beach sublet \$750/month, available for 2 months, August 1-September 30. Furnished studio, stunning view share kitchen. Deposit/references

Tropical

Oriental Spa

Grand Opening!

\$20 off

1-hr. massage

Deep Tissue · Philippine

Shiatsu · Swedish

5837 Mission Gorge Rd., Ste. C

(Parking available in

Mandarin Restaurant lot)

7 days 9 am-10:30 pm

619-563-0993

Lic. #008700

needed. Leave message 858-755-0567 bmangolte@ucsd.edu. DEL MAR. \$1250. Gorgeous studio, end unit, in beautiful complex with heated pool, spa, fitness center, outdoor cook

center, dishwasher, microwave and more! 526 Camino Del Mar. 858-755

DEL MAR. One block to ocean! 2 bed-room, 2 bath, \$1895. Free cable, pool, spa. Gated, nonsmoking community. 201 Fourth Street. 858-481-9585; mikeatla@ DOWNTOWN. EAST. \$695. 1 bedroom. 1

bath apartment. Parking. Laundry. Close to trolley. 4852-1/2 Market Street. Xilar-ent.com. 619-683-7638.

ent.com. 619-683-7638. DOWNTOWN. San Diego's first hip hostel hotel. From \$59/night. From \$260/week. From \$19/bed in hostel. Free wireless In-ternet. Near bus/trolley. Flat screen TVs. European-style detached bathrooms. Restaurant serving breaktast, lunch and dinner. 500 West Hotel. 500 West Broad-way. Call Toll free: 1-88-895-0875. www. 500/WestHotel.com, www.sdreader.com/ news/rent/2114. nt2114

DOWNTOWN/EAST VILLAGE. August work-in special! Only 6613-5736/month with 12 month lease! Utilities included! Office hours: daily 8am-6pm. Near Petco Park, bus/trolley. Fully furnished. Bay/ ballpark views. Underground parking. Air conditioning. Laundry. Internet. Club-house/library. Income qualify! Island Vil-lage. 1245 Market Street. For details, 1-800-351-0613. www.sdreader.com/ news/rent2070.

1-800-351-0613. www.sdreader.com/ news/rent2070. DOWNTOWN. Studios with kitchen and bath, \$625-\$700. Single room with pri-vate bathroom, \$550-\$595. Nonsmok-ing. No pets. 10th and E Street. Hughes Management, 619-239-1639 x103. www.HughesManagement.net. DOWNTOWN. Comfortable rooms, \$450/ Up. Studios, \$650/Up. Near Gaslamp District. Very quiet and clean. Free ca-ble TV, on-site laundry, vending ma-chines, community kitchen, shared bathrooms. Near shopping, restaurants, movie theatres and Horton Plaza. No pets. Arlington Apartments, 701 7th Av-enue. Hughes Management. 619-231-2385. www.HughesManagement.net, www.sdreader.com/news/tent2097. DOWNTOWN. Cozy rooms, \$450-\$625. Very comfortable, convenient location, historic building near C Street trolley. Choice of shared or private bathrooms. Southern Hotel, 1159 6th Avenue at B. Hughes Management. 619-239-3808. www.HughesManagement.net, www. sdreader.com/news/rent2099.

sdreader.com/news/rent2099. **DOWNTOWN.** Economical furnished rooms, \$450-\$550, best price, save money. Conveniently located on C Street trolley line, near restaurants, free cable TV, shared bathrooms, on-site laundry facilities, vending machines, el-evator service, no pets, 636 C Street (between 6th and 7th). C Street Inn, Hughes Management, 619-234-4165. www.HughesManagement.net, www. sdreader.com/news/rent2098. **DOWNTOWN.** Gaslamp area. \$425-

DOWNTOWN. Gaslamp area. \$425 mmunity kitchen, shared bath on-site laundry, vending machines, no pets, Star Hotel, 522 7th Avenue. 619

Grand Opening!

30% off

1-hour

With ad

massage

Special includes table

shampoo or Jacuzzi.

SOLANA BEACH

BODYWORK

536 Stevens Ave.

9 am-10 pm 7 days

Most credit cards.

Lic. #2004006576

Solana Beach

858-793-7952

235-6068. Hughes Management. www HughesManagement.net

DOWNTOWN. Outstanding furnished rooms, \$450-\$500. Heart of Gaslamp. Shared bathrooms. Community kitchen. Free cable. No pets. Windsor Hotel, 843 4th Avenue. 619-235-6068. Hughes Management www nagement.net.

HughesManagement.net. **DOWNTOWN.** Furnished studios. From \$59/daily, from \$210/weekly rates! Ideal, affordable, short-term stays. Pri-vate bathroom, kitchenette, microwave, refrigerator, cable TV. Air conditioning, laundry, voice mail. High speed Inter-net. Food service daily. Near trolley/bus/ freeway, Balboa Park, Gaslamp. West Park Inn, 1840 4th Avenue. www. westparkinn.com, 619-236-1600. www. sdreader.com/news/rent2037. **DOWNTOWN.** Premier location. Fur-

sdreader.com/news/rent2037. **DOWNTOWN.** Premier location. Fur-nished studios with full baths, from \$199/weekly. Two award-winning build-ings to choose from with 24-hour staff, gyms, laundry rooms, sundecks. Free wireless Internet. Island Inn: 202 Island Avenue (Second and Island), 619-232-4138. J Street Inn: 222 J Street, 619-696-6922. www.affordablehousingsd. com.

DOWNTOWN. Fully furnished studios with utilities included. Rates start at \$160/week. Free wireless Internet. Baltic Inn: 521 6th Avenue. 619-237-0687. rdablehousingsd.com

Www.anordablerlousingsd.com. **DOWNTOWN.** Attractive rooms. Shared bath. Utilities included! Near City Col-lege! \$450-\$595/month. Weekly rates from \$125! 719 14th Street, Villa Victo-ria. Hughes Management, 619-231-2385. www.HughesManagement.net. **DOWNTOWN.** Beautiful building, new furnished rooms. Refrigerator, mi-crowave, TV, cable. Starting at \$175 weekly. 920 Beech Street. Call 619-234-1060.

DOWNTOWN. 2 bedroom, 2 bath: Broadway/14th, \$2200. Little Italy: Great unit, balcony, water view, 2 bedroom, 2 bath, Plus loft! \$2395. 619-788-2720.

bath, Files foilt \$2495. 019-768-2720.
 www.ElisabethSellsSanDiego.com.
 DOWNTOWN. \$675. Studio, 1 bath apartment, great views, all utilities paid, near Petco Park, controlled access building. Fee. Free search at www. westsiderentals.com. 619-367-3333.
 DOWNTOWN. \$750. 1 bedroom, 1 bath apartment, cat OK with deposit, hardwood floors. paid water/trash/aas

bath apartment, cat OK with deposit, hardwood floors, paid water/trash/gas. Fee. Free search at www. westsiderentals.com. 619-367-3333. DOWNTOWN. \$1685. 2 bedrooms, 2 baths apartment, pet OK with deposit, barbecue/picnic area, business cen-ter, spa, pool, fitness. Fee. Free search at www.westsiderentals.com. 619-367-3333.

619-367-3333. DOWNTOWN, \$1895. 2 bedrooms, 2 baths condo, 897 square feet, pets OK, walking distance to harbor, Em-barcadero, Gaslamp. Fee. Free search at www.westsiderentals.com. 619-367-3333.

DOWNTOWN. \$1325. 1 bedroom, 1 bath apartment, pet OK, amazing views of San Diego, refrigerator, mi-crowave, dishwasher. Fee. Free search at www.westsiderentals.com

BASIC INSTRUCTIONS



DOWNTOWN. \$4095/month. 1684 square feet. 28th floor, breathtaking view! Concierge, pool, Jacuzzi, gym, sauna, steam room, washer/dryer in home. Luxury! 1199 Pacific Coast Highway #2809. Agent, 619-471-2201. DOWNTOWN/EAST VILLAGE. Newly remodeled rooms available for weekly/ monthy rentals, \$500/up plus \$300-\$400 security. Controlled access, shared bathrooms/kitchens. Full size beds. Laundry facility. Patio area. Palms Hotel, 619-233-0408. **DOWNTOWN/LITTLE ITALY.** From \$800/month. Private bath. cable TV. microwave, refrigerator. Utilities in

Jaehee Spa

\$10 Off

^{\$5} Off

1/2-hour massage

I-15

-hour Jacuzzi mas

cluded. Secure, quiet, charming. Effi-ciency apartments with laundry. Near trolley/bus lines, blocks from harbor. On-site manager. Villa Caterina, 1654 Columbia Street. 619-232-3400. Columbia Street. 619-232-3400. DOWNTOWN/LITTLE ITALY. 1 bed-room, 500 square feet. No pets. \$2500. Deposit \$2500. One year lease. Available November 2008. PO Box 10187, Honolulu, Hawaii 96822. DOWNTOWN/GASLAMP. Move-in Spe-cials. Live/Work Lofts in the heart of The Gaslamp! Roof decks with barbecue. Laundry on every floor. Parking avail-able. Seven locations Downtown. Select pets OK. Visit loft leasing office: 315 Fourth Avenue. 619-231-1505 x12. www.stilogymanagement.com. Also visit www.sdreader.com/news/rent2064. www.sdreader.com/news/rent2064

SERVICES





Call Dr. D. George Oates: 858-273-9435



Favorite Massage in San Diego

Table Shower & Jacuzzi

9357 Mira Mesa Blvd., San Diego

(Located in Oaktree Plaza off I-15 between

Mr. Wasabi & Roberto's Taco Shop)

Open 7 days a week 10 am-9 pm

858.831.0653 License #24099



Inch Loss

Try Our Body Contour Wraps! • For Men & Women

- Tones & Tightens
- Improves Skin Texture
- **\$52/One Wrap** (Reg. \$65)

***130/Three Wraps** (Reg. \$195) First-time clients only.

KARIE HAYDEN FANIÉ Unique botanical products 975 Hornblend #D • Pacific Beach for people of all ages. No synthetics, animal fats, waxes, glycolic acids or perfumes. <u>Heals</u> the skin, not seals it. 858-581-3321 www.kariehayden.net

1 Diego Reader July 31, , 2008 147

San

by Scott Meyer ©2008



"Sometimes, I'm just like, Wow, and then I'm like, Whoa, and then I'm like, Damn."

DOWNTOWN/GASLAMP. \$1600. One month free rent! \$99 deposit. Live/work loft. Open floorplan. Pets OK. 900+ square feet. On-site parking available. On-site property manager. Telephone-en-try keyless access system. Laundry facil-

Asian

Body Care

16769 Bernardo

Center Dr. #K-28

Rancho Bernardo

(near the post office)

858-675-0048

ity. Cable ready. High speed Internet ca-pability. Hardwood floors. Generous closet space. Dishwasher, electric range, stove, refrigerator. Central air/heating. Ex-posed duct work. High ceilings. 5 floor-to-ceiling windows overlooking Horton

NORTH PARK

Plaza/Downtown. Call today, 619-231-1333. www.sdreader.com/news/ 1333. rent2145.

DOWNTOWN/GASLAMP. Las Flores Hotel. Small, quiet. \$125/week and up. Four-week minimum. Color TV with basic cable. Refrigerator in most rooms. Se-cure. 619-235-6820.

DOWNTOWN/GOLDEN HILL. Must see Huge, gorgeous 2 bedroom, 2 bath Beautifully remodeled. Garage. Hard

Massage

Must bring ad

wood floors. Cherry cabinetry. New appli-ances. Courtyard, Laundry. Near down-town/Petco/Gaslamp/Balboa Park. Freeway close. \$2000. Ramiro, 619-992-8090, 619-322-9489.

EASTLAKE. \$1795. 2 bedroom, 2-1/2 bath townhouse. Beautiful tri-level, with Tuscan neutral dark beige tile floor throughout main level. 2203 Hunting Point Road. www.utopiamanagement.com, 858-598-1111 x193.

EL CAJON, Singing Hills Mobile Estates. 2 bedrooms, 1 bath. Near Valhalla High School/shopping. Small yard. No pets. \$900 plus utilities. 1810 Hillsdale Road, 92019. 619-442-2807.

EL CAJON. \$9-442-2007. EL CAJON. \$945. 2 bedroom, 1 bath du-plex housse, nice fenced yard, washer/ dryer hookups. Quiet, private, off-street parking. To view, please call 619-464-

EL CAJON. \$2100. 4 bedroom home equipped with air conditioning, fireplace, ceiling fans throughout. Wonderful curb appeal. Pets may be considered. 619-741 4072 appeal. 741-4378

EL CAJON. Maple Park. \$1650. Lower end 3 bedroom, 2 bath condo. Gated. Pool. Laundry. Parking. 390 North First Street. Pet? Golden Girls Realty, 619-593-3620

EL CAJON. 2 bedroom, 1 bath, newly re-furbished. Available 8/15/08. No pets. \$1200/month. Indoor laundry, appli-ances. Assigned parking. Gated com-plex. 619-884-7578.

piex. 619-884-7578. EL CAJON. Fabulous 7 Motel. Furnished rooms starting at \$225/week. Parking. Pool. Cable. Maid service. Laundry. 24-hour security. 1527 East Main Street. 619-429-0457 442-0457

442-0457. EL CAJON. 1 bedroom, \$795. 2 bedroom, \$965. \$200 off first month's rent, OAC. Smaller, quiet community. Patios, bal-conies around nice courtyard. Pool area. Cats welcome on approval. Section 8 OK. Villa Mollison, 991 North Mollison. 619-504 1700.

588-1780. **EL CAJON.** Deals! Extra large 1 bed-rooms starting at \$789. Air conditioning, dishwasher, fireplace, patio. Pool/spa laundry, parking, park-like landscaping. Hurryl 619-447-0213; 858-536-1900. EL CAJON \$900(µ). 2 bedroom, 1 and 2 stories. Amenities. Pool, park-like grounds, parking. Near town, shops, bus. 743 South Magnolia Avenue. Call 619-579-0174, 619-464-1818.

EL CAJON. 1 bedroom, \$800. Great amenities, air conditioning, laundry onamenities, air conditioning, iauriury or, site, pool, recreation room, parking. Lushly landscaped. No pets. 294 Ballan-tyne. 619-334-7934.

tyne. 619-334-7934. EL CAJON. \$1050. Half off first month! Spacious 2 bedroom, 2 bath. New carpet and paint. Central heat/air, dishwasher. Patio. Community laundry. Parking. No pets. 444 Ballantyne. 619-440-1909. EL CAJON. \$1150. 2 bedroom, 1-1/2 bath townhome, dishwasher, air conditioning, covered patio, balcony, pool, jacuzzi. Call 619-447-7386. www.sdaptbrokers.com. EL CAJON. \$700. 1 bedroom anartment

EL CAJON. \$700. 1 bedroom apartment. Downstairs. New carpet, paint. Assigned parking. Laundry. No pets. Available now. 506 Emerald Avenue #13. Agent, 858-514.8201

EL CAJON. \$200 off first month! Spacious

EL CAJON. \$200 off first month! Spacious 2 bedrooms. §975/month. Air condition-ing, large closets, patio, pool. Garages available for \$95/month. Call 619-445-1353. www.sdaptbrokers.com. EL CAJON. \$725. 1 bedroom. Beautiful landscaped with gated entry. No pets. 1018 E. Lexington Avenue. TPPM, 619-838-8088. www.eastwindapts.com.

EL CAJON. \$725. 1 bedroom. El Cajon's best maintained property with beautiful courtyard and sparkling pool. No pets. 1072 E. Madison Avenue. TPPM, 619-444-1614. www.fourwindapts.com.

EL CAJON. \$725. 1 bedroom in very well maintained pool/courtyard complex. Su per clean apartments. No pets. 314 Wisconsin Street. TPPM, 619-742-7600.

EL CAJON. \$850. Large 2 bedroom, 1 bath, upstairs. Carpet, dishwasher, gas stove. Laundry room. 1 assigned parking. No pets. Section 8 OK. 1423 Peach Av-enue. Phillips Realty, 619-291-6686.

EL CAJON. \$220. Large 2 bedroom, 1 bath, downstairs. New carpet, new kitchen, new bath, new refrigerator, new gas stove. Dishwasher. Laundry room. 1 assigned parking. No pets. Section 8 OK. 1423 Peach Avenue. Phillips Realty, 619-291-6686.

291-6686. EL CAJON. 2 bedroom, 1 bath apartment, \$895. New carpet throughout! Pets on ap-proval! Small fenced yard. Off-street parking. 1150 North Mollison Avenue. Agent, 619-820-2584.

Agent, 619-820-2584. EL CAJON. \$775. Large 1 bedroom, 1 bath, new carpet and vinyl, dishwasher, air conditioning, balcony, on-site laundry, off-street parking. 619-593-0211. EL CAJON. \$775 and \$975. Large 1 bed-room and 2 bedroom, 1 bath. Air condi-tioning, patio/balcony and outside storage. Pool, jacuzzi. Gated community. Call 619-444-5799. www.sdaptbrokers. com.

com. EL CAJON. Spacious 2 bedrooms starting at \$975. Private patios. Great location with on-site parking and laundry. 432 Dominguez Way. TPPM, 619-405-4500. ESCONDIDO. \$950-\$1550. Tired of apart-ment living? 1, 2 and 3 bedroom manu-factured homes offer spectacular hilltop views. Full-sized washer/dryer, some small yards. Peaceful community, sorry no pets. 1924 Sheridan Avenue. 760-745-1677.

ESCONDIDO. Call for specials! Spacious ESCONDIDO Call for specials Spacious 1 bedrooms from \$935, deposit \$400. 2 bedrooms from \$995, deposit \$500. Great floor plan. Pool, spa. Covered park-ing. Laundry. RV parking. Cats are wel-come. 640 West Lincoln Street. 760-489-8899.

ESCONDIDO. \$950. 2 bedrooms, seclusion over Greenbelt. Open, vaulted ceil-ings, breakfast bar, cozy style: 858-578-7706.

858-578-7706.
FASHION VALLEY. The Courtyards.
\$1375.960-square-foot 1 bedroom, 1.5 bath, underground parking, resort-like: pool/spa/sauna/tennis. Lease. No pets/smoking. ETS Realty, rosie2801@ aol.com, 858-560-5564.

aoi.com, 858-561-5564. GOLDEN HILL, Charming 1 bedroom, 1 bath \$775. Hardwood floors. Great neigh-borhood, laundry on-site. No pets. Avail-able 8/1. 2421 E Street. 619-857-3706. GOLDEN HILL, \$1175. 1 bedroom 1 bath, overlooking Downtown. 1-car garage. Harwood floors, porch, garden, new paint. Near shops/major freeways. Avail-able now. Loren, 619-699-9379.

GOLDEN HILL, 532 21st Street #6, \$599/month. Deposit \$395. Free utilities. Upper studio. Quiet. No pets or Section 8, se habla Espanol. Open 7 days. app@ sdcpm.net. SDCPM, 619-220-4840.

Sdopm.net. SJCPW, 619-220-4840. GODDEN HILL \$795.1 bedroom, 1 bath condo. Quiet complex. Air conditioning. Refrigerator. Balcony, dishwasher, fire-place, underground parking. Available immediately. 3093 C Street #4. 619-222-9308

Pain

Success

Stress
 Confidence
 IBS

Weight

Sleep

GOLDEN HILL/DOWNTOWN. 1 bedrooms apartments from \$1170. Fantastic city apartments from \$1170. Fantastic city views! Controlled access. Washer/dryer in unit. Dishwasher. Refrigerator. Stove/range. Microwave. Central air con-ditioning/heat. Rooftop deck. Spa. Out-door barbecue lounge. Underground parking. Pet friendly! Golden Pacific, 1015 19th Street. Call today, 1-800-433-6156. www.pacificliving.com. www. sdreader.com/news/rent2028.

HILCREST. Spacious 1 and 2 bed-rooms! Berber carpet, fireplace, spa, gym, intercom and elevator. Sorry, no pets. Hillcrest Summit, 4134 4th Avenue. See photos at www.WexfordLiving.com. 619-299-0047.

HILLCREST. \$810. Sunny studio in charming gated Spanish building. Nice recently remodeled kitchen with gas stove. Ceiling fan. Tile shower. Laundry on-site. 1830 Robinson Avenue. 619-298-1961.

HILLCREST. \$200/week and up. Refriger-ators, cable TV and HBO. Embassy Hotel, 3645 Park Boulevard. 619-296-3141.

3645 Park Boulevard. 619-296-3141. **HILLCREST.** Bright 2 bedroom, 1 bath. Completely remodeled. Washer/dryer. Parking. Large deck overlooking canyon. 1 block from Balboa Park. Great area. Pets OK, \$1495. 619-549-4959, 619-325-1470. Please leave message. **HILLCREST.** \$895. 1 bedroom upstairs in charming old-fashioned building over-looking courtyard. Walk to Uptown Cen-ter, near I-163. New stove, refrigerator, laundry facility. No dogs. 619-298-3229. **HILLCREST.** \$1250. 1 bedroom, 1 bath. HillCREST. \$1250.1 bedroom, 1 bath, mint condition, gated, upper, air condi-tioning, laundry, cathedral ceiling, bai-cony, front private garage, fireplace. Conveniently located. 3605 Indiana Street #E. 619-223-6121.

#c. 019-223-b121.
HILLCREST. \$1950. \$1000 deposit. 1450-foot 4 bedroom, 2 bath. Laundry, parking, clean, quiet. Close to all. No pets. Avail-able 8/11. 3776 3rd Avenue. 858-270-7699.

HILLCREST. \$900. 1 bedroom, 1 bath. Situated in gated complex. Laundry room on site. Walk to famous San Diego Zoo and Balboa Park. Available 8/5. 3634 Park Boulevard, #3644-1/2. 619-295www.cethron.com.

1100. www.cethron.com. HILCREST. \$1000. 1 bedroom, 1 bath. Attached cottage situated in nice court-yard setting with lush landscaping. New paint. Hardwood floors. Walking distance to Balboa Park and San Diego Zoo. Avail-able 8/5/08. 3718 Park Boulevard, #3728. www.cethron.con. 619-295-1100. HILCREST. \$1250. Extremely large 2 bedroom, 2 bath. Newly redecorated. Up-per unit. New dishwasher, self-cleaning oven. Sheltered patio. Parking. Laundry. Near all. 1037 Essex Street. No pets. 619-692-0364.

692-0364. HILLCREST. \$1295. 2 bedroom, 1 bath with parking, air conditioning, dish-washer. Laundry on site. Gated. Cat OK with deposit. 1033 Robinson. kandrprop-erties.com. Call Rachel, 619-295-1210. URLOPERT_1 bedroem_1 both Dediced HILLCREST. 1 bedroom, 1 bath. Parking in front. Laundry on site. \$925. 4226 Cleveland Avneue. Call Kenny, 619-987-7957 or 619-255-4944.

Hill CREST, \$895 rent. Security deposit \$800.1 bedroom, 1 bath apartment. Walk to zoo. Stove, refrigerator, dishwasher, ceiling fan, new paint, laundry facility, as-signed parking. Available now. 3652 Park Boulevard. Call Ed, 858-597-6100. HILLCREST. \$950. Lovely 1 bedroom. Hardwood floors. New cermic tile in kitchen and bath. Washer/dryer hook-





Major credit cards. http://ca.local.yahoo.biz/ (between Hwy. 15 & 805) asianbodycare 619-284-0888 Lic. #2006010764 Lic. #2005012879 Affordable **MEDICAL** DENTAL Services

SERVICES

at Hospital Mexico 1 block from San Ysidro border 619-308-7953 or Open 7 days a week We speak English & Spanish 011-52-664-683-6363

\$10 Off Any Genie Massage ORIENTAL SPA & BATH 3395 El Cajon Blvd.

Jacuzzi & Hot Tub Dry & Steam Sauna Mon.-Sun. 9 am-9 pm Credit cards accepted. SUNSET Acupressure Massage THE TOUCH OF THE ORIENT 1911 SUNSET DRIVE ESCONDIDO 760-735-8850 Lic. #140248

Sunny's Spa Relax/Renew With ad

Oriental Massage Shower • Jacuzzi Restore/Energize \$10 Off 30 Min. \$20 Off 1 Hour 619-583-5722 4938 El Cajon Blvd. (at Winona Street) 7 days 9 am-9 pm

Lic. #2006012505



MASSAGE or \$5 off 1/2-hour With ad. Through 8/7/08. All types of massage Table shampoo • Jacuzzi

> Shanghai ACUPRESSURE CLOSE TO LA MESA & EL CAJON 6957 El Cajon Blvd., Suite 104 (at 70th Street, off-street entrance) 619-463-3677

ups. Garage. No pets. 4036 Centre Street. Agent, 619-298-7724.

HILCREST. \$995. 1 bedroom. Senior (62+) or disabled living. Elevator. Park-ing. Close to public transportation, shops and freeways. Available now. Small pet (25lbs) with deposit. Hillcrest Regency, 1050 Essex Street. Call Dan, 619-294-4146.

414b. HILLCREST. Hillcrest Palms. Senior com-plex, 55+. \$900. 1 bedroom apartments. Gated community. Convenient location. Near hospitals, restaurants, shopping. No pets. 4042 Albatross Street. 619-574-0784. pets.

U784. HILLCREST, \$825. Large 1 bedroom, 1 bath. Downstairs. Carpet. Laundry room. No pets. 1 assigned parking, 3820 Geor-gia Street, between Robinson and Univer-sity. Phillips Realty, 619-291-6686.

HILLCREST. \$1150. Lovely, 2 bedrooto. HILLCREST. \$1150. Lovely, 2 bedroom, 1 bath cottage. Carpet and ceramic tile floors. New kitchen, new bath, fenced side yard. Laundry room shared with ten-ants. No pets. Street parking, 3819 Park Boulevard, behind Numbers. Phillips Re-619-291-6686

HILLCREST. \$1245. 2 bedroom. Immacu late apartment with off-street parking Near Henry's Marketplace. No pets. 4215 Georgia Street. TPPM, 619-299-1004. 4219

Georgia Street. 11PrM, 619-299-1004. HILLCREST. \$1695. 2 bedroom, 2 bath. Cozy third-floor condo located in a spec-tacular gated community in Uptown. Wa-ter and trash included. 1270 Cleveland Avenue. www.utopiamanagement.com, 650 600 1111 1002

cod-obe-1111 x193. IMPERIAL BEACH. 2 bedroom, 1-1/2 bath condo, unbeatable 200 degree ocean, mountain, Mexico, wildlife sanctu-ary view. Steps to beach! Newly remod-eled kitchen/bath. Balconies, pool. End unit \$1595.Lease. 1111 Seacoast. Bill, 619-675-1674.

IMPERIAL BEACH. \$845-\$1025. Large 1 bedroom and 2 bedroom. \$600-\$800 de-posit. Carpet. Laundry. Courtyard. Water/ trash paid. Gated. No pets. 750 11th Street. 619-423-4610.

IMPERIAL BEACH. \$1595. \$300 off first month. 2 bedroom, 2-1/2 bath condo, hardwood floors. 2 master suites, washer/dryer. Air conditioning, pool. 633 13th St #44. 619-698-6911. www. goldenmanagement.com.

IMPERIAL BEACH. \$1598. Super nice loft-style 2 bedroom. Garage, patio. Op-tional fully furnished. 5 minutes to beach. 1000 square feet. 619-819-8246.

EXENSINGTON \$1150.1 bedroom cottage, north of Adams. Private 1-car garage. Private entry. Air conditioning and dishwasher. Cat considered. Very quiet! Behind 4725 Kensington Drive. Agent, 619-279-2183.

KENSINGTON/TALMADGE. \$800. 1 bed room apartment, clean. All appliances. Air. Parking. Laundry room. Gated. Inter-com. No pets. 4368 Marlborough. Avail-able August 22. Connie, 858-292-9131.

KENSINGTON/TALMADGE. 2 bedroom, 1 bath starting at \$1035. Free credit appli-cation fee. Refrigerator, stove. Dish-

•15K

Includes 5 quarts 10W/30 oil

and new filter Most cars

FREE

CAR RENTAL

One day with any repair

over \$380

BBB

_ _ _ _ _

· Inspect filters

н

washer. Separate dining area. Large closets. Built-in shelves. Ceiling fan. Cable ready. High speed Internet available. Covered parking. On-site laundry. Quiet courtyard. Pool, spa. Pet friendly. Pelican Point Apartments. www.pacificliving.com.

LA COSTA/CARLSBAD. \$1200. Move-in special with lease. Quiet 2 bedroom, 2 bath. Assigned parking. Cats OK. Off La Costa Avenue, near golf course. 760-943-

7590. LA JOLLA VILLAGE. \$1025. Charming European-style 1 bedroom. Pool, commu-nity laundry, elevator. Walk to The Cove, dining and business district. No pets. 858-459-8254.

LA JOLLA/USSD \$500 off! \$1485. 2 bed-room, 1 bath. \$500 deposit. Balcony. Near shops. Laundry. No pets. 8849 Villa La Jolla Drive. 858-457-4509.

La Jolla Órive. 858-457-4509. LA JOLLA. \$1975. 2 bedroom, 2 bath condo. 2 blocks to beach. Pool. Small pets OK. 6455 La Jolla Boulevard. Alta Vista Properties, 858-274-3600. www. AltaVistaManagement.com. LA JOLLA. \$1010. Lovely studio apart-ment, 1-1/2 blocks from the ocean, large living room/bedroom combo. Full kitchen and bath, small dining area. 396 Kolmar Street. www.centrecity.net. 619-296-6699.

6699

6699. **IA JOLLA.** Near UCSD. \$1695. \$300 off on 6th month! 1 year lease. 1 bedroom, 1 bath. La Jolla Park Villas. Completely fur-nished, move right in. Backyard is a green belt/park. All appliances, bed, TV, dresser, couch, wall hangings, large walk in closet, water included, one covered parking space plus storage. \$25 credit check fee. 8370 Via Sonoma. Call for ap-pointment, ask for Amelia. 858-597-6100 x315. x315

X315. **IA JOLLA.** \$1120. 1 bedroom apartment. No pets. Nonsmoking. Fireplace. New carpet/paint. Appliances. Share patio. Near beach. 8040 La Jolla Shores Drive #C. Juno, 619-275-3455.

LA JOLLA. \$975. Upstairs studio in small building. Close to shopping, restaurants, and beaches. 1-year lease. Coin laundry. No pets. 7427 Herschel Avenue. TPPM, crocco act. 858-699-3851.

Dectored States 1. CA JOLLA. 1 bedroom. Cottage style apartment in small complex. Steps to WindanSea Beach. 1-car garage. \$1640. Open Saturday, 2:30-3:30pm. 326 Rose-mont. TPPM, 858-699-3851.

LA JOLLA/UTC. \$1629. 2 bedroom, 2 bath 929-square-foot apartment, 2-ca parking, pool, balcony, patio, fireplace washer/dryer, Internet. Fee. Free search at www.westsiderentals.com. 619-367

LA JOLLA/UTC. \$1230. 1 bedroom, bath apartment, carpets, refrigerator stove, microwave, dishwasher, balcony patio, washer/dryer. Fee. Free search at www.westsiderentals.com. 619-367

LA JOLLA/WINDANSEA. \$2700. 2 bedroom, 2-1/2 bath townhome in quiet du-plex. Stove, refrigerator, dishwasher,

SUSPENSION PLUS

COMPLETE AUTOMOTIVE CENTER

\$**59**⁹⁵

microwave, washer/dryer. Gas fireplace. Side yard. Huge 2-car garage with opener. Custom built home close to Win-danSea Beach. No pets. Available 8/11. 543 Bonair Way. 858-270-2071. Del Sol Property Management, Broker. www. delsolom com

deisoipm.com.
LA MESA. \$1095, 2 bedroom apartments.
Recently repainted and upgraded. Wall to wall carpeting, large closets. Close to Grossmont Center and Greenline trolley.
Laundry. Cat OK. 8561 Mellmanor Drive.
619-469-3735; 619-672-3194. www.floit.

com. LA MESA. \$750. Studio. \$200 off first month's rent! Laundry on site, air condi-tioning, swimming pool. Downstairs unit. Small complex. kandrproperties.com. Call Myra, 619-697-8458.

Can My/ra, b19-89/-8438. LA MESA. \$995, 1 bedroom, 1 bath. \$1295, 2 bedroom, 2 bath, deposit \$995/ \$1200. Stove, refrigerator, dishwasher, air conditioning, laundry facility, assigned parking, pool, no pets, available now. 8557 Lemon Avenue. Susan 619-644-9486

LA MESA. \$850. 1 bedroom apartment Close to village. New carpet, laundry 7880 Quince #9. AMI Property Manage ment. 619-697-6314.

LA MESA. \$710. Studio apartment, park-ing, laundry. New carpet. Close to Gross-mont Center. 8591 Mellmanor Dr #1. AMI Property Management. 619-697-6314.

LA MESA. \$1500.2 bedroom,2 bath, lux-ury condo, ground floor, 2 parking spaces (1 covered), appliances, washer/dryer, gym. Great complex. Fletcher/Amaya. 858-560-4414. LA MESA, \$875, 1 bedroom, Clean, quiet

complex with pool, spa, community laun-dry, air conditioning, parking. No pets. 4850 Williamsburg Lane. 619-698-3274.

LA MESA. 2 bedroom, 1 bath duplex \$1275. Washer/dryer, water, sewage trash, backyard, 1 car garage, upstairs, 6163 Horton Drive. People Helping Oth-ers Property Management, 619-282-5400, peoplehelpingothers.com.

A MESA 3 bedroom, 2 bath, 1100 square feet. Balcony. Beautifully refur-bished, air conditioning, pool, parking, 24-hour laundry. \$1475. No Section 8. No dogs. 619-464-5557.

La MESA. Melimanor Apartments. \$920/ up, 1 bedroom. \$1220/up, 2 bedroom. Across Grossmont Center, trolley, Costco. Quiet, spactous units. Pools. 8750 Melimanor Drive. 619-461-1940.

LA MESA. Studio apartment. Parking, laundry on site. Cat OK. Available late July. Rent, \$795. 5027 Guava. kandrprop-erties.com. Call Charlene, 619-980-0238.

Entestcolin. Carl Interfete, 619-960-0236.
LA MESA. Very large apartment homes in a lush garden complex. Storage space. Near shopping and public transportation.
I bedroom, 1 bath \$925, 2 bedroom, 2 bath \$1200-\$1300. 2 bedroom town-house, \$1335. Community pool, laundry, covered parking. 619-697-3285. For photo, floor plans, map and directions, see website. www.straader.com/news/ see website: www.sdreader.com/news/

MIRAMAR • (858) 558-8562

6696 Miramar Rd., Suites I & J

(Miramar Auto Center, 2 miles east of UTC mall)

POINT LOMA

(619) 223-2248

LA MESA. Villa Morocco. 2 bedroom townhome, \$1200. 3 bedroom, 2 bath, \$1425. Spacious. Near Grossmont Cen-ter. Great neighborhood. Near all! 5545 Morro Way. 619-985-3500.

Morro Way. 619-985-3500. **IA MESA/CASA DE ORO**. 1 bedrooms, \$945-\$995. 2 bedroom, 2 bath, \$1145-\$1195. 3 bedroom, 2 bath, \$1395-\$1445. Air/heat. Huge patios/balconies. Gated access and parking. Small pet OK. Ele-gant, sculptured courtyards with flower gardens, fountains, gas lamps, park benches. Charming, New Orleans am-biance. 3903 Conrad Drive. 866-894-6343. www.sdreader.com/news/ rent1017.

LA MESA/FLETCHER PARKWAY, Super La MESA/FLEICHER PARKWAT. SUper spacious 1 bedrooms/2 bedrooms start-ing \$995-\$1295. Open Saturday 8am-5pm. Award winning community for beautiful landscaping. Pool and spa. Great location. No pets. 5550 Morro Way. TPPM, 619-884-7900. www. villeneentelamese.com

LA MESA/COLLEGE AREA. \$995. Spacious 2 bedroom, 1 bath, remodeled inte-rior. Clean, quiet, secure. This is a good upstairs unit. If you can find one better, rent it. 7240 EI Cajon Boulevard. Call Rachael 619-804-1044 or Mercedes 619-741-4024

TAT-14024.
LAKESIDE for rent. Cottage/mobile home, 55+ community in beautiful park. 1 bed-room, 1 bath, \$797/month. Air condition-ing, pool, clubhouse, laundry room. Available now. 619-443-3600.

LAKESIDE. \$1350. 3 bedroom upstairs apartment, newly remodeled 4-plex: tile, carpet, appliances, paint. Parking, on-site lauper, appliances, paint. Parking, on-site laundry, yard/pionic area. Section 8 OK. 12618 Laurel. 619-957-7272.

LAKESIDE Studio. 5675. Nice residential neighborhood. 350 square feet. Air condi-tioning. Full bath/kitchen. Near I-67. Small patio. 1 parking space. Nonsmoking. Available now. 619-390-9427.

LEMON GROVE. Spacious 2 bedroom, 1 bath apartment with air conditioning, bath apartment with an conditioning \$1100/month, \$700 deposit. Laundry on-site. No pets. Good credit required Leave message, 619-252-5175.

LEMON GROVE. 2 bedroom 2 bath LEMON GROVE, 2 bedroom 2 bath condo. \$1390. Completely upgraded in-terior, granite countertops, new flooring/paint. Washer/dryer included. View of Lemon Grove, 858-401-0557. LEUCADIA. \$1575. 2 bedroom, 1 bath du-plex. Patio/yard. Pet considered. Laundry on site. Available 8/7. 243 East Glaucus Street #E. Agent, 858-514-8201.

LINDA VISTA. Call now for a special! 2 bedroom, 1 bath, \$1075 and \$1125. De-posit \$900. Some backyards, assigned parking, hardwood floors. No pets please. Office at 7025 Eastman Street. Call 619-249-9585.

LINDA VISTA. \$685-\$1200. Studios with vitilities included, 2 bedrooms, 3 bed-rooms. Laundry, gated parking. \$400-\$800 deposits! No pets. Astro Vista Apartments, 2249 Ulric Street. 858-565-Apar 6400

0400. LINDA VISTA. Studio in a duplex, \$850. Rent includes all utilities. Deposit \$500. Shared yard. Washer in unit. Lots of shelving. Walk-in closet. Centrally located and very private. No pets please. Call 619-249-9585.

LITTLE ITALY/DOWNTOWN. Beautiful 2 bedroom, 2 bath. Stove, refrigerator, mi-crowave, washer and dryer. Walk to San Diego Bay and Downtown. Nice view. On India Street. Small pet OK. 1 car space. \$1850/month; 858-483-5111 x10. www. melroyproperties.com.

Melroyproperties.com. MIRA MESA. Studios from \$1170. 1 bed-rooms from \$1252. 2 bedrooms from \$1466. Wi-Fi hotspot! Pets welcome. Dishwasher. Washer/dryer hook-ups. Central air conditioning/heat. Patio/bal-cony. 4 laundry rooms. 5 pools and spas. Fitness center. Covered parking. Near I-15/I-805. www.gables.com. Gables Sum-merset, 11102 Caminito Alvarez. 1-888-595-3318. www.sdreader.com/ news/rent/2128. news/rent2128

MISSION BAY, EAST. \$815 rent. 1 bed-room, 1 bath apartment. \$500 deposit. Laundry. Assigned parking. Cat OK. Close to 1-5. 1450 Morena Boulevard. Call 619-564-9946.

MISSION BAY/BAY PARK. \$875. Spa-cious studio in fantastic location. Bay view. Controlled access. Laundry. 2821 Morena Boulevard. TPPM, 619-275-1352. Morena Boulevard. 1PPM, 619-27-3352. **MISSION BEACH.** On the boardwalk! Newly renovated large 2 bedroom, 2 bath units. Luxury units for rent. Granite, Stain-less steel appliances. Travertine tile. Ev-erything new! Private balconies, new pol newrite buildinge patient 200 Bix. pool, security building/parking. 3790 Riv-iera Drive. \$2750. Manager at 619-247-

MISSION BEACH. \$4500. 4 bedroom, 2 bath condo. Living room/dining room, full kitchen, fireplace, laundry room. 3 decks. yard, parking. Steps to bay. 510-229-7039.

MISSION BEACH. \$2300. 2 bedroom, 2 bath condo. Living room/dining room, full kitchen, fireplace, laundry room, yard, parking. Steps to bay. 510-229-7039.

MISSION BEACH. \$1250. Adorable downstairs 1 bedroom. Parking. Laundry, facility. Appliances. Steps to sand. Across from Catamaran hotel. 4016 Mis-sion Boulevard. 858-272-9547.

MISSION BEACH. \$1295. Clean, cute, adorable 1 bedroom, 1 bath. Ocean view. Parking. Steps to beach. No pets. Year-round lease. Water paid. 619-234-4621; 858_450_8804

MISSION BEACH. \$925. Large studio. Beach side. No pets. Nonsmoking. Appli-ances. New paint. Carpet. Clean. Prefer 6 months lease. 731-1/2 San Jose Place. Juno, 619-275-3455.

MISSION BEACH. \$1050. 1 bedroom, 1 bath duplex, refrigerator, stove, approxi-mately 650 square feet, freshly painted, walk to ocean. Fee. Free search at www. westsiderentals.com. 619-367-3333. MISSION BEACH. \$2295. 2 bedroom, 2-1/2 bath. 2-car garages. Washer and dryer. One year lease. Available now. 827 San Jose Place. Phillips Realty, 858-354-2344



The secret behind the amazing promotion. So what's the catch? Or better yet how can you do this?

Well. here's how it works...

This is done in conjunction with major national oil companies like Texaco, Sunoco, Chevron, Gulf, Citgo, Mobil, Hess, Esso, Exxon, Wal-Mart, Super America, BP and many more. You go to a website and register the certificates by picking out the gas brand you would like to frequent. For example, I have a BP that is close to my work so I would pick out BP. By so doing, I indicate I will purchase \$100 worth of gas a month for the period of the promotion. \$100 of gas nowadays is quite easy to spend per household. Every month I purchase \$100 worth of gas, the gas company will send me back a \$25 gift card. I am basically buying gas at 75 cents on the dollar. That's all there is to it! The gas companies are underwriting this because for them this is a tremendous loyalty program!

Just stop in either FTS AUTO Service Center Location

- Have any service totaling \$200-\$300 and receive a \$100 certificate.
- Have any service totaling \$300-\$450 and receive a \$200 certificate.
- For service totaling \$450 or more, receive a \$500 certificate.

Gas Promotion Certificate!

It's that simple! But hurry in - we have only a limited supply of certificates available!



 New oil filter · Check fluids 64-point inspection · Check tire PSI



858-488-0885

15% Safe-brake package includes: Front pads or rear shoes
 Inspect drums and rotors Clean and lube hardware
 Inspect hydraulic system
 Clean caliper guides
 Inspect wheel bearings



We can handle all your service needs:

Brakes, shocks, struts, belts, batteries, hoses, cv axles, factory scheduled services & much, much more.



3727 Convoy Street Clairemont/Kearny Mesa 858-279-7724



TOWING

AVAILABLE

 Rotate tires Install new spark plugs · Change engine oil and filter · Check ignition system · Clean battery terminals Premium plugs extra. Most 4-cyl. cars and light trucks. Some trucks and 4x4s slightly higher. ٦ Free alignment inspection! **Timing Belt** \$**79**% Computerized Most cars. Plus parts. A/C extra. Most cars. All vehicles welcome. Call for a quote for your vehicle. **New Radiator** AS LOW AS \$159 4-Wheel Alignment \$4995 PLUS LABOR Set toes to specs. Most cars. Shims & cams extra. Most cars. **Oil Change**

\$1795 Synthetic oil **BRAKE SPECIAL**

From

Prices subject to change without notice. Must present coupon at time of service. Monday-Friday 8 am-6 pm • Saturday 8 am-5 pm Call for details. Please call for an appointment.

P.S. MUELLER

by Pete Mueller ©2008



MISSION HILLS/HILLCREST. \$1995 Spacious, newer townhouse, 2 bedroom, 2.5 bath. Corner lot, bay view, 2-car garage, storage, granite countertops, high ceiling, fireplace, private patios, washer/dryer. 3652 Columbia Street. 619-258-6788.

AUSCION BILLS. \$1200/up. 1 bedroom, 1 bath. 2 bedroom, 2 bath. Laundry. Park-ing. Pets OK. La Paloma Apartments. Open daily, 1-5pm. 3911 Dove. 619-297-1134.

MISSION HILLS/HILLCREST. New, luxu rious, very large 2 bedroom, 2 bath con-dos, \$2300. Designer kitchen, washer/ dryer, HVAC, decks. Parking, security. Credit check. Open house Saturday, 1-4pm, 3972 Albatross. Broker, 619-293-

WINDOW

from

MISSION HILLS. \$1175. 2 bedroom bath apartment. Patio view, laundry, park-ing, cat ok. 801 Torrance. AMI Property Management. 619-697-6314. Management. 619-697-6314. **MISSION HILLS.** \$1295. 2 bedroom, 2 bath in attractive controlled access build-ing near UCSD Medical Center. No pets. 4066 Albatross Street #20. TPPM, 619-644.0892

MISSION VALLEY. \$1595. 2 bedroom, 2 bath. Near trolley. New carpet, stove and upgrades in pool area. Storage, 2 parking spaces. Available 8/1. 858-720-0044; 858-583-2332.

MISSION VALLEY, EAST. 1 bedroom, bath, \$1025/month. Very nice end unit. New floors and paint. Pool, amenities and garage. No pets. Call 619-977-8861.

Some restrictions

apply

ΑυτοΜοτινε

Lifetime Warranty on All Installations

Computer-Perfect Cutting • No Fading

Auto • Residential

Commercial • RV

// AUDIO SPORT

3085 MADISON AVENUE

MISSION VALLEY. 2 bedroom, 2 bath, balconies. Fully reconditioned, all new. Al utilites paid except electricity. Amenities gym, pool, jacuzzi, sauna, spa. \$1850 562-276-8363.

502-270-8363. **MISSION VALLEY.** \$1745. 2 bedroom, 2 bath. Jack-Jill sink in master bath. 1-car garage. Largo patio. View. Granite counter top. 6371 Rancho Mission Road. Please call agent, 619-692-4121.

Please call agent, 619-692-4121. **MISSION VALLEY.** Summer special! From \$490/weekly, Renovated fully fur-nished studios/suites! Pool, spa. Full kitchen. On-site laundry. Complimentary continental breakfast. Off-street parking. Free high speed Internet, cable-80 chan-nels, HBO! Near SDSU, Qualcomm, more! Days Inn & Suites, 5343 Adobe Falls Road. 1-800-492-9471; 619-287-1911. SanDiegoHotelsDaysInn.com. www.sdreader.com/news/rent2139. **MISSION VALLEY.** \$2600. 3 bedroom, 2-1/2 bath, beautiful newer 2 story condo. Refrigerator, stove, 2-car garage, yard with patio. Gated community. Near trolley.

7691 Hazard Center Drive. www. centrecity.net. 619-296-6699.

MISSION VALLEY. Escala 2 bedroom, 2-1/2 bath condo, 2-car garage. Pools, jacuzzi, tennis. Near trolley. Nonsmoking. Cats OK. Available 8/15. Lease. \$2500. 619-701-1640. stringboy99@yahoo.com. SIS-101-1640. stirligb0y9989/a100.com/ MISSION VALEY, \$1100. Large 1 bed-room condo. No pets. Nonsmoking, Park-ing. Fireplace. New carpet/paint. Dishwasher. Balcony. Pool. Gym. 1621 Hotel Circle South, #E307. Juno, 619-275-2455

MISSION VALLEY/TALMADGE/Kensing MISSION VALLEY/IALMADUE/Kensing-ton. 2 bedrooms from \$1420! Gated com-munity! Pool, spa with free WiFi access. Outdoor billiards, barbecue lounge. Fit-ness center. Computer lab with printer. Laundry center with flat screen TVS! Park-ing. Pet friendly! Mission Pacific Apart-ments, 4454 44th Street. Cal today, 1-800-372-9146. missionpacific_pacifi-livipn@crossfitemail.com cliving@crossfiremail.com. www. pacificliving.com. www.sdreader.com/

Mission ValleY. Large 2 bedroom, 2 bath remodeled condo. Washer/dryer, dishwasher. Fireplace. Central air/heat. Underground parking. Large patio. Pool, gym. \$1800. Available 8/1. Mike, 858-472-1710.

MISSION VALLEY. Condo. Large 1 bedroom 1.5 bath. Security complex, covered carport with storage. Fireplace, pool, ten-nis, gym, laundry facilities. 1 year lease. \$1175, 619-303-2541.

MISSION VALLEY. \$1060. 1 bedroom, 1 bath apartment, parking included, fitness bath apartment, parking included, fitness center, fireplace. Fee. Free search at www.westsiderentals.com. 619-367-3333

MISSION VALLEY. \$995. 1 bedroom, 1 bath condo, loft-style condo, parking available. Fee. Free search at www. westsiderentals.com. 619-367-3333.

MISSION VALLEY. \$1750. 2 bedroom, 2 bath cozy condo features spacious walk-in closets in both bedrooms. Ceiling fans throughout. 2258 Gill Village Way #1016. www.UtopiaManagement.com 858-598-1111 x193.

NATIONAL CITY. \$750/month. 1 bedroom fully furnished. Low \$150 deposit. No SDGE deposit or hookup required. 624 East 24th Street. Office open daily. 619-474 278

NATIONAL CITY. Historical district. 2 bed room condo, completely furnished, un derground parking. Great amenities Eleventh floor, breathtaking bay/Coron ado Island views. Near trolley. \$2000 619-459-9951. s_puffelis@hotmail.com. \$2000 NORMAL HEIGHTS. \$1000 plus deposit Totally remodeled spacious 1 bedroom, 1 bath, lower level. Gated. Laundry onsite 1-off-street parking. No smoking/pets Available now, 4454 Cherokee Avenue 92116. Agent: Barbara, 619-405-9493.

NORMAL HEIGHTS. \$1195. 3 bedroom, 2 bath downstairs fourplex. Private patio. Laundry. 2 parking. No pets. 4481 36th Street. Near 805/Adams. Available 8/8. Agent 619,286-3400.

NORMAL HEIGHTS. \$775/\$950. 1 and 2 bedroom apartment. Cats only. Additio \$250 pet deposit. \$500 deposit. 47 West Mountain View D West Mountain View Drive. Laundry. Park-NORMAL HEIGHTS. \$750 1 bedroom, 4263 42nd, \$800 1 bedroom, 4670

Cherokee. \$985 2 bedroom 1 bath, 4670 Cherokee. Nice, on-site laundry. No pets. 760-672-0425

NORMAL HEIGHTS, \$1700. 2 bedroom 2.5 bath, approximatley 1400 square feet. 1-car attached garage. 2 patios. 1 year ease. No pets. Stevens Real Estate, 619-

NORMAL HEIGHTS. \$750. 1 bedroom, 1 bath. Upstairs. Parking. 6-month lease. No pets! 4669 Iowa Street #8. 619-226 7368 or www.bkbinc.com.

NORMAL HEIGHTS. \$825. 1 bedroom in quiet, gated building. Large bedroom with double closets. Parking, laundry. No pets. 619-582-0306 or cell, 619-417-

NORMAL HEIGHTS. \$1200. 2 bedroom. bath apartment. New carpet and paint, hookups for small stackable washer/ dryer. Nice area. Parking. 4570 Bancroft Street. www.centrecity.net. 619-296-

NORMAL HEIGHTS. \$850. 1 bedroom downstairs unit. Laundry. Parking. Avail-able 8/27. No pets. 4429 Idaho Street #1. Agent. 858-514-8201

NORMAL HEIGHTS. \$850. 1 bedroom in nice, quiet complex, north of Adams Av-enue. Hardwood floors, appliances, laun-dry. MG Realty, 619-229-0231.

NORMAL HEIGHTS, \$850 \$700 deposit Refrigerator, stove. New carpet. Close to all. No pets. 4365 33rd Street. 619-226bkbinc.com.

NormAL HEIGHTS, \$1250. Extra large 2 bedroom, 2 bath, great location, all appli-ances, air conditioning, on-site laundry, parking, storage. Cat ok. 4469 Kansas Street #2. 619-804-3325.

NORMAL HEIGHTS. \$795. Charming de-tached 1 bedroom, 1 bath cottage with wood floors. Includes refrigerator and stove. 3233 Adams Avenue. www. utopiamanagement.com. 858-598-1111, x193.

NORMAL HEIGHTS. \$800. 1 bedroom, bath apartment, downstairs unit. Very spacious! Newer appliances. 1 cat OK. Ready on 8/15. 4661-1/2 30th Street. Agent, 619-521-2058.

Agent, 619-521-2058. NORMAL HEIGHTS. \$925. 1 bedroom, 1 bath, small patio, built-in bookshelf, large closet, laundry on site, parking. No pets. 4613 Alabama Street #9 abd #11. www. centrecity.net. 619-296-6699.

NORMAL HEIGHTS. \$950. 2 bedroom, 1 bath apartment. Beautiful! New paint, stove, dishwasher. Too much to list! Park-ing, laundry on site. No pets. 4577 Felton Street. Agent, 619-820-2584.

NORMAL HEIGHTS. \$775. Clean, upper 1 bedroom apartment. Parking space. Laundry facilities. Security gates. No pets. 4334 35th Street. Shore Manage-ment, 858-274-3500.

Ment, 858-274-3500.
NORTH PARK. \$1025. Spacious 2 bed-room, 1 bath, downstairs. Excellent con-dition. Small complex. Laundry. Off-street parking. No pets. Available now. Mission Gorge Realty. 619-229-0231.

Gorge Healty. 619-229-0201. NORTH PARK. \$995. 1 bedroom, 1 bath apartment, upper. Carpet. Newly remod-eled. Lots of windows. On-site laundry. Move in special! Call Patty, 619-933-/ floit co

NORTH PARK. \$1300. 3 bedroom, 1-1/4 bath, upstairs unit, garage and gated parking, fresh paint, new blinds. 3738 Switt Avenue. 619-741-4378 or 619-540-

6526. NORTH PARK. \$1150. Nice 2 bedroom, 2 bath apartment. New carpet/flooring. Freshly painted. Gas/water paid. Pool. Gated, quiet, no pets, onsite laundry. 619-281-1714.

NORTH PARK, 1 bedroom 1 bath. Quiet boutique garden apartment complex. Pa-tio. Washer/dryer on-site. Gated. \$495/month, \$800/deposit. Small dog/cat ok with deposit. 619-851-2097.

ok wint deposit. 619-851-2097. NORTH PARK. 2 bedroom, 2 bath down-stairs unit in small quiet complex. New carpet, vinyl, paint, blinds, fixtures. Walk-in closets in bedrooms. Lots of linen closet space. Parking and laundry on site. No pets or smoking, \$1050 with \$800 de-posit. 6 month lease. Call for appoint-ment. 619-640-6958. NORTH PARK. 2 hedroom 1 hath \$005

NORTH PARK. 2 bedroom, 1 bath. \$995. Downstairs. Gated, 9-unit building. Berber carpet. Tiled kitchen and bath. Laundry. Cats OK. Agent, 619-234-9553. NORTH PARK. \$925.1 bedroom. Up-stairs, in quiet duplex. Stove, refrigerator. Shared deck. Garage. Cat OK with addi-tional \$300 deposit. Available now. 4046 Oregon. Del Sol Property Management,

Brake service \$30 off

Replace pads or shoes, resurface drums

or rotors, inspect system.

Rental cars & shuttle service available.

Appointments & walk-ins welcome!

3425 Midway Dr. (Behind Shell Station), Point Loma

1-888-486-9153

www.precisiontune.com

0



Broker. 858-270-2071, www.delsolpm

room, \$925. Downstairs, newly upgraded. Gated, laundry facilities, parking. No pets. Close to Naval Hospital, shops, freeways. 3722 Alabama Street. 619-299-1699. www.matrovergenetics. 1699. www.melroyproperties.com.

NORTH PARK. Remodeled, spacious 2 bedroom: (30th/Redwood): Secure car-port; storage; secluded yard; all new paint/carpet/tile; free laundry; gas/water paid; \$1275.858-546-8214.

NORTH PARK. Huge studio: Free laundry/ utilities; cat(s), covered private patio, parking, opening skylights, fans, countertop/bar, giant closet; quiet/secure; 30th/ Redwood: \$815. 858-546-8214.

NORTH PARK. \$1075. Lower 2 bedroom 2 bath, with garage. Newer secure build-ing. Laundry on-site. Off-street parking. Appliances. New paint. 3957 32nd Street. 760-796-7685.

NORTH PARK. \$675 studio. On-site laun-dry. Cat welcome. Gated community. Great location. Call 619-298-4474. www. okers.com

NORTH PARK, \$775 1 bedroom 1 bath Downstairs. Parking. Laundry. No pets. Available now. 4160 36th Street #1. More Property Management, 858-514-8201. NORTH PARK. \$850. Upstairs 1 bedroom, 1 bath apartment. Private garage, smal gated complex, dishwasher, air conditioning, laundry on premises. No pets/ smoking. 4177 Iowa Street. 619-580-

NORTH PARK. \$750. 1 bedroom, 1 bath. Upstairs. New carpet, new floors, new Upstairs. New carpet, new floors, new blinds. 1 assigned parking. Laundry room. No pets. 4359 Alabama Street, be-tween EI Cajon Boulevard and Meade. Phillips Realty, 619-291-6686.

NoRTH PARK \$795.1/2 off first month rent. Charming 1 bedroom, 1 bath, new carpet and paint, appliances, laundry, parking. Pet negotiable. 4325 Texas Street #8. 619-804-3325.

NORTH PARK. \$1325. 1/2 off 1st month rent. Very large 3 bedroom, 2 bath, lower unit, appliances, 1-car garage, laundry, near all. Pet negotiable. 4325 Texas #1. 619-804-3325.

NORTH PARK, Large 2 bedroom, 2 bath in quiet complex. Private pool, assigned parking. City view. Laundry. Walk to restaurants, shops and entertainment. No pets. \$1300. 4192 Mississippi Street. TPPM, 619-299-9897.

NORTH PARK. Large studio, downstairs. Quiet. No pets. Pool, gated, laundry on site. \$750/month. Also 1 bedroom, \$925/ month. 3051 Meade Avenue. Call 858-483-5111 x10. www.melroyproperties

NORTH PARK. \$995. 1 bedroom, 1 bath, beautifully upgraded, near all. 3766 Villa beautifully upgraded, near all. Terrace. Agent, 858-560-1178.

NORTH PARK. \$795. Large studio, new carpet and paint, marble kitchen counter, laundry. Section 8 welcome. 3668 A Louisiana Street. Agent, 858-560-1178. NORTH PARK. 2 bedroom, 2 bath condo. Pet friendly. Pool, spa, fireplace, carpet, file, refrigerator, stove/oven, dishwasher, microwave. Washer/dryer in unit. 4794 Arizona Street #109. 1005 square feet. \$1650/month. Agent, 619-471-2201.

OCEAN BEACH/POINT LOMA. \$2150. Large 3 bedroom, 2 bath apartment. 4 bedroom, 2-1/2 bath townhome \$2600. Beautiful kitchens. Available 8/31/2008.

619-987-4907. OCEAN BEACH. Beautiful beachfront ocean view! Studio, \$995. 1 bedroom, \$1075-\$1200. 2 bedroom, \$1400-\$1600. Serene security garden buildings. Hard-wood floors, ceramic tile, laundry, Garages available. Pets considered. For address and availability, call 619-224-1748. For applications, call 619-501-5553.

OCEAN BEACH. Studio units from \$800. CEAN BEACH. Studio units from \$800. Spacious studio units now available at the Silver Spray Apartments. Walking dis-tance to the beach and Ocean Beach Pier. Minimum 6 months lease. Utilities in-cluded. Sorry, no petsl 619-223-8186. OCEAN BEACH. \$1095. 1 bedroom, downstairs. Large, remodeled. Stove, re-frigerator, dishwasher, microwave. Patio. Coin laundry. Parking. Close to cliffs. No pets. Available 8/17. 4784 Bermuda. 858-270-2071. Del Sol Property Management, Broker. www.delsolpm.com. OCEAN BEACH. \$1300 rent. \$1000 de-

OCEAN BEACH. \$1300 rent. \$1000 de-posit. 2 bedroom, 1 bath. No pets. 6 month lease. 4871-1/2 Del Mar Avenue. 619-226-7368 or www.bkbinc.com

CEAN BEACH. \$1200.1 bedroom, 1 bath condo. On the beach, across from dog beach, appliances, patio. 2111 Spray #8. 619-698-6911. www. goldenmanagement.com.

OCEAN BEACH. \$1275. 2 bedroom, 1 bath apartment. 1/2 block to beach. Downstairs. On-site laundry. Carpets. No pets. 4850 Orchard Avenue, #3. 619-222-6427.

OCEAN BEACH. \$995.1 bedroom, 1 bath. Upstairs with new carpet and vinyl. Block to beach with parking and laundry. No pets. 2243 Abbott Street. Call 619-222-4836 x14 or www.sunsetpacificrealty.

OCEAN BEACH. \$950/bargain! Large, quiet 1 bedroom, Carpet and blinds. Near beach, bus, pier, and shopping. 1 off-street parking, laundry. No pets. 619-269-

OCEAN BEACH. \$1050, 1 bedroom 1 bath apartment, pet OK, 550 square feet, quiet neighborhood. Fee. Free search at www. westsiderentals.com. 619-367-3333. OCEAN BEACH, \$1500 2 bedroom 2

bath apartment, carpet floors, 1-car paing, pool, clubhouse. Fee. Free search , pool, clubhouse. Fee. Free search at w.westsiderentals.com. 619-367-

OCEAN BEACH. \$1975. 1/2 off 1st month. Steps to the beach. Upper large 2 bed-room, 1 bath duplex, large deck with



2008 San Diego Reader July 31,

20

Smog

Off

Free retest

within 30 days.

Most cars

Includes parts & labor. Most 4-cyl. cars. 1995 and older. Dual overhead cam extra BRAKES...\$10 OFF Front & rear. Turn rotors, drums, new pads, lining. Most cars, 4WD extra. STEVE AUTO REPAIR

TIMING BELT SPECIAL \$95"

1370 Garnet Ave. • Pacific Beach

OIL CHANGE \$2195

Most cars. Includes up to 5 qts. and new filter. Cash only.

Free retest when we do repair. Plus \$8.25 certificate and \$1.50 transfer fee 1995 & older, \$15 for evap test. Vans,

858-274-8228

BASIC TUNE-UP:

(858) 274-1195 4

"Check engine" light \$2995

Pull computer trouble codes and

give written description.

702

Precision

-Tune=

Auto Care'

Premium oil change \$19⁹⁵ Most vehicles. Includes up to 5 qts. 5W-30, 5W-20 or 10W-30 motor oil, oil filter top-off fluids (excludes brake fluid), and maintenance inspection.

Smog check ^{\$}24⁹⁵

Most vehicles. Present coupon and DMV renewal slip. Plus \$8.25 cert. and \$2 transmittal fee. Free retest when we do the repairs.

Wheel alignment \$39⁹⁵ 2 wheels. Includes front toe adjustment.

Coupons must be presented at time of service. Not valid with any other offer or discount or

for prior service. See manager for details. All coupons expire 8/14/08.

ASE

4-CYL. \$25/6-CYL. \$35/8-CYL. \$45 Includes spark plugs. Additional parts extra. Most cars.

news of the WeiRD

LEAD STORY

While Iran's leaders quote the Koran, the country's multitudes of young adults are embracing New Age self-help, as exemplified by the bestselling books and sold-out seminars of motivational guru Alireza Azmandian, according to a June Wall Street Journal dispatch from Tehran. Though young adults in Turkey and Egypt have stepped up their religious fervor, that is not so in Iran. Said a 25-year-old aerospace engineer: "Religion doesn't offer me answers anymore," but "[Azmandian's] seminar changed my life." The Oprah Winfrev-touted book The Secret is in its tenth printing in Farsi; yoga and meditation are big; and advertising abounds on the virtues of feng shui and financial management.

The Continuing Crisis

Randall Popkes, 41, and his son Joshua Williams, 22, were arrested in West Des Moines, Iowa, in May and charged with an attempted safecracking at the Des Moines Golf and Country Club. A security officer had noted their license plate as they sped away after a frustrating session

in which they had cut into the safe but could not open it. In fact, they had left behind a note for management, according to the Des Moines Register: "[Expletive] you and your safe."

- At press time, a court in Athens, Greece, was considering a challenge brought by three residents of the island of Lesbos in the Aegean Sea to prevent a Greek gay-and-lesbian organization from referring to homosexual women as lesbians, arguing that such usage insults their heritage, since Lesbos residents have traditionally been called "Lesbians." On the other hand, Lesbos was also the birthplace of the poet Sappho, a heroic woman among gays and lesbians for her early references to her love of other women.

Yikes!

 The Panda Chinese Restaurant in York, Pa., was already in trouble in an early-June city sanitation inspection, with demerits piling up because of accumulated grease, insects in the seating area, and rotting lettuce, according to a York Daily Record report. Then, in the middle of an inspector's visit, he came upon a live snapping turtle

in the restaurant's main sink. Said the inspector, "I had to sit down and gather myself before I could speak." The manager said he had seen the turtle outside and had brought it in for safety: "It was wrong that we put it in the sink."

 Oops! (1) A June accident with nitric acid at the Albion Chemicals plant in Belfast, Northern Ireland, caused the release of a chemical cloud, but authorities said it was predominantly nitrous oxide, otherwise known as "laughing gas." An Associated Press dispatch reported no unusual "giggling" in the area. (2) A scheduling accident at the Eagle Trace Golf Course in Broomfield, Colo., in June caused insufficient time between the end of an early-morning junior-golf-association event (kids aged 7 to 12) and a noontime charity tournament sponsored by Shotgun Willie's strip club, with scantily clad dancers cavorting around the course. One mother told WUSA-TV that her little golfer asked, "Mom, why is she only wearing underwear?"

Family Values

Spare the Gun, Spoil the Child: (1) Darrell Walker, 30, was arrested in Bartlesville, Okla.,

by Chuck Shepherd

in May after his eight-year-old son told police that his dad routinely shoots him (and his younger sister) in the leg with a BB gun if they misbehave. (2) Robert Cisero, 46, was arrested in Medford, Ore., in June after (according to police) he hit his teenage daughter in the ankle with a hammer to feign a "skating" injury, for which she could get a prescription for pain medication, which he then commandeered.

The New York Daily News reported in June that members of gangs such as the Bloods and the Latin Kings who become parents are routinely having their babies "blessed" into their gangs in religious ceremonies in which the swaddling clothes are the gang's colors. (The Bloods call such babies "Blood drops" or "Blood stains.") The Daily News described the parents "teaching chubby little fingers to [make] gang signs" even before the toddlers learn to talk. One Episcopal priest said he has "blessed in" about 300 such kids to two gangs.

Send your Weird News to Chuck Shepherd, San Diego Reader, P.O. Box 85803, San Diego, CA 92186 or to WeirdNewsTips@Yahoo.com

spectacular ocean view, new paint/floor-ing/blinds. Garage. 1492 Pescadero Drive. 619-602-7080.

OCEANSIDE. Large 1 and 2 bedrooms, west of Interstate 5, just 8 blocks to beach, in vibrant downtown village. Beau-tiful remodeled units. 508 North Nevada Street. Visit www.WexfordLiving.com. 760-433-8810.

OCEANSIDE. Brand new 3 bedroom, 3-1/2 bath townhome. All master bedrooms. 2 car garage. Private yard. Granite/traver-tine throughout. 1221 Nevada Street. \$2600. Joey, 619-393-6604.

OCEANSIDE. \$1395/month. 2 bedroom, 2 bath apartments (dual masters). Up-graded granite, laminate-wood/tile. Pool spa, laundry, gated parking. Cat OK. 760-439-5728. www.casavistaapartments

OCEANSIDE. \$850. 1 bedroom, 1 bath apartment, will consider small pet, refrig-erator, stove, yard, near freeways, beach, dining, more! Fee. Free search at www. westsiderentals.com. 619-367-3333. OCEANSIDE, \$1175, 2 bedroom, 1 bath condo, pool, on-site laundry, stove, dish-washer, patio, air conditioner. Fee. Free search at www.westsiderentals.com. 619-

OLD TOWN. \$695-\$750. Low \$150 de posit. Fully furnished studios-alcoves on excellent hillside location. Free basic ca-ble. 1616 Guy Street. 619-298-6242. OLD TOWN. 2 bedroom, 1 bath. 1912 San Diego Avenue #9. San Diego Bay view. Includes two-car garage. No pets. \$1150/month, deposit \$1150. www. timcassidy.com. Cassidy, Broker, 619-275-LIST.

PACIFIC BEACH/CROWN POINT. \$2700 3 bedroom, 2 bath condo. Spectaculai bay, downtown views! Fireplace, bal-cony, appliances. Available 1 August 2050 Pacific Beach Drive. 619-813-0458. PACIFIC BEACH/Crown Point. \$1350, month. 2 bedroom, upper unit, near bay. Remodeled kitchen with Granite coun-ters, new carpet. No pets. Laundry facil-ity. Off-street parking. Month-to-month rental available 7/22/08. 4021 Lamont

858-274-1446. Street. E-mail:

Domandersehuginal.com. PACIFIC BEACH, \$1050, Large 1 bed-room, 1 bath. Electricity paid. Vaulted ceilings. 1/2 off first month with lease. On-site laundry, \$500 deposit. Sorry, no pets. 760-402-8325. www.baywalkaps.com PACIFIC BEACH. 1 bedroom plus den, second floor, \$1050. Dishwasher, ceiling fan, parking. Walk to beach and shops. No pets. Lease. 4467 Dawes. 858-483-

PACIFIC BEACH. \$1545. 2 bedroom, 1 bath apartment. Near beach! Dish-washer, coin laundry, barbecue, shared courtyard. No pets. Available 9/2. Year lease. 1061-1/2 Hornblend. 858-336-7997

PACIFIC BEACH. \$1950. 3 bedroom, 2.5 bath townhouse (3 exterior walls). New high-end construction, tile kitchen/bath. Built-in closets. Private patio. Smoke free complex. 858-270-2576.

PACIFIC BEACH. \$1395. Large, clean 2 bedroom, 1-1/2 bath condo. Quiet loca-tion, security building, off-street parking,

pool, laundry, rec-room/pool table. Nonsmoking/no pets. 805-402-4780, 805-312-4200.

PACIFIC BEACH. \$1795. 2 bedroon bath apartment, 1200 square feet. Quiet. Fireplace, balcony. All appli-1200 square feet ances. Laundry. 2 parking. No smok-ing/pets. Available 8/1. 858-272-7616. PACIFIC BEACH. \$1725.2 before 7000. PACIFIC BEACH. \$1725.2 before 72000. bath. 1100 square feet. Beautifully re-modeled. Dishwasher. Imported tile. Quiet atmosphere. Lovely gardens. Heated pool. 1 assigned parking. Cats considered. Laundry facilities. Year lease. 858-272-4398.

PACIFIC BEACH. 2 large bedrooms, 2 baths, balcony, living room, dining area. No pets. \$1500/month. 858-717-2760.

PACIFIC BEACH. \$1150 plus \$700 deposit. 2 bedroom, 1 bath. Off-street parking. Close to Mission Bay. Laundry available. Water and trash paid. 3507-1/2 Del Rey Street. Call 858-272-2889. PACIFIC BEACH, NORTH. \$825. Studio



PACIFIC BEACH. \$975. 1 bedroom Quiet fourplex. Stove, refrigerator. Coin laundry. Cat OK with additional \$300 deposit. Walking distance to stores and shops. Available 9/10/08. 4534 Gre-sham. 858-270-2071. Del Sol Property Management, Broker. www.delsolpm

PACIFIC BEACH. \$1195. 2 bedroom, 1 bath. Large, upstairs. Stove, refrigera-tor. Coin laundry. Parking. Cat OK with additional \$300 deposit. Available 9/1. 2150-1/2 Reed. 858-270-2071. Del Sol

Property Management, Broker, www PACIFIC BEACH. Call for immediate

racific BEACH. Call for immediate move-in specials! Low \$500 deposits! OAC. Studios from \$945. 1 bedrooms from \$1225. 2 bedrooms from \$1725. Air conditioning/heat. Cats welcome? Pool. Water aerobics. Fully equipped gyms. Clubhouse. Spas. Tennis. Bas-ketball. Business center. Bay Pointe, 3866 Ingraham Street. www. progressmanagement.net. 1-888-759-7435. www.sdreader.com/news/ rent2081.

PACIFIC BEACH. \$1350. 2 bedroom, 1 bath cottage. Parking. Laundry. No pets. \$1000 deposit. 4121-1/2 Ingra-ham. 858-270-4674.





Lifetime warranty • Most cars • Some restrictions apply Mobile service, pickup & delivery available **Rear 3 Windows** COMPUTER CUT tint goes on <u>ввв</u> faster, cleaner & more accurate Sea Sides Classic Tinting For 20 years, San Diego's window tint specialists 2707 Garnet Ave. • 858-581-2294 (Next to Washington Mutual) Air Conditioning Svc. Smog \$24⁹⁵+ tax and haz. waste Evacuate and recharge. Freon not included. Check **Oil Change** ^{\$}15⁹⁵ Up to 4 quarts. Install oil filter. \$**14**95 Most cars. Tune-Up with Oil Change \$3995 4-cyl. + tax Most cars.

Plus \$8.25 certificate and \$1.95 transfer fee. 1995 and older \$10 additional for evap test. Vans and trucks extra. Free retest when we do the repair.

Free

shuttle

service

Drain and replace up to 5 quarts of oil
 Install oil filter
 Install spark plugs

6- and 8-cylinder slightly extra.

GENERAL AUTO REPAIR 367 15th St. • Downtown San Diego 619-237-1043 Offers good with this ad. Expires 9-2-08

Attention: Honda/Acura Owners

For those of you not familiar with our automotive repair shop, we'd like to introduce ourselves. We are a family-owned and -operated general auto repair business. Our goal is simple: provide top-quality service and good, honest auto repair. We have no interest in selling you items/services you don't really need. We simply believe in telling you like it is and you tell us what you want done. Although our name suggests only Honda and Acura repairs, we are a general full-service repair shop specializing in Hondas and Acuras.

Acura/Honda factory-trained. With well over a decade of experience, including several years working as a top mechanic at a well-known local Acura dealership, you can be assured of top-notch quality service. Jerry takes pride in what he does. His diagnostic skills are well-known throughout the industry. Often when customers are unable to achieve satisfaction elsewhere, they are directed to Jerry for an analysis. He thrives on a good challenge, Jerry will also take the time to explain to customers what he believes the problem is and how he would go about fixing it.

have more than 1,000 customers in San Diego and surrounding areas. The loyalty of our customers attests to lerry and his crew's integrity.

automotive business including audio and communications. Bryan is the "go-to" guy

and perform quality work ... just at a more reasonable cost.

We look forward to meeting you and having the opportunity to do business with you Stop by and check us out, give us a call or an e-mail. Be sure and visit our website for valuable discount coupons.

15K • 45K • 75K FACTORY SERVICE Includes: • Oil change • Tire rotation • Transmission service • Factory-recommended inspections \$109 ⁹⁵	30K • 60K • 90K Includes: Change spark plugs Maintenance tune-up Drain & refill radiator Change air filter Inspect brakes 4-tire rotation Inspect suspension Change engine oil & filter Most cars: Platinum plugs extra. With coupon. Plus hazardous waste fee.	FACTORY SERVICE Transmission drain & refill Inspect PCV valve (if applicable) Inspect tuel filter Top off all fluids Clean battery terminals Check & tighten all belts Free 38-point inspection Free 38-point inspection S-cycl. & 6-cycl.
FREE Code Check (Is your "check engine" light on?) Alignment \$5995 4-wheel	HONDA AC 7960 RONSON Behind Pann A	ing at:

lerry Sample, Ir. (General Manager) is an ASE Master Technician who is also

Greenlight Honda Acura Care prides itself on quality and service. We are proud to

Bryan Bettencourt (Service Technician) also has many years of experience in the for all your electrical needs. He complements Jerry in every way. Together, Jerry, Bryan and their team are a formidable group of technicians, ensuring that you walk away a satisfied customer. Some repair shops take shortcuts and often cover up problems with a temporary fix. We know...we fix their mistakes!

Bottom line: We do it right the FIRST time! Our standard is to use factory parts

Since I was "in between" apartments and sleeping on a friend's couch, I was overjoyed when Steve, a regular at the restaurant I was waitressing at, offered me the sublet of his room for the summer.

I arrived early in the morning with my car stuffed with my few belongings (including two cats) to meet the residents of my new home for the first time. The marijuana smoke curling out of the door when they answered it should have been a sign. But I was in a jam, and they were awfully nice, all three of them — Ian, Matt, and Bridget. And they con-

Hidden Fruit

tinued to be awfully nice, although after a few days I couldn't help but notice that most of the time they were also awfully naked — and often engaged in sexual relations in communal areas that I would have thought were off limits, such as the kitchen table and the living room couch.

I often wore a bandanna over

my nose and mouth — looking as if I were about to hold up a stagecoach — in an effort to try to breathe through all the secondhand smoke. I endeavored to be polite and offhand upon awakening to various naked and unfamiliar people sleeping in the living room. The situation eventually started to rankle. The main bathroom (boasting the only shower) was located between Ian's and Matt's bedrooms, with no access but through one of their rooms. This was a bit of a challenge for several reasons.

One, having seen things happen in our shared public spaces that I did not wish to see, I was loath to discover what my lascivious roommate Ian might be doing behind closed doors. Two, Matt's room resembled the aftermath of a massive piñata party, with some risk of personal injury in any

Roommate From Hell

PACIFIC BEACH. \$1250. Remodeled 1 bedroom, 1 baths. New carpet, new paint. Assigned parking. No pets. Available now. 1156 Hornblend. 619-818-1541. www.melroyproperties.com.

PACIFIC BEACH. \$2500. Oceanfront 2 bedroom, Upstairs gem on the sand/ boardwalk. All appliances. Parking, Laundry facility. Start September 1st. 4005 Ocean Front Walk. 858-272-9547.

PACIFIC BEACH. 1 bedroom/1 bath, \$1075. Deposit \$550. Gated garden building. 5 blocks to beach or bay. Manager on site. No pets. No cosigners. 1 year minimum lease. Available end of August. 4445 Fanuel Street. 858-483-3221. PACIFIC BEACH. Huge 1 bedrooms from \$1195. Free application fee! Short term leases available. Call for details! Free poolside Wifi. Sundeck. Cardio fit-

60K/90K/120K

Services

4-cyl. from ^{\$}149⁹⁵

6-cyl. and 8-cyl. extra. Platinum plugs extra.

Call for details.

"Check Engine" Light On?

OBDII Diagnostic Car Fail Smog?

Diagnostic Free

with Repair

diagnostic procedures.

Some problems ma require additional ness center. Equipment and weight room. Across from Mission Bay bike trail. Spectacular views. Super floor plans. Limited availability. Cat friendly. The Pacific at Mission Bay, 2636 Grand Avenue. 1-800-490-6372. pacificatmissionbay_pacificliving@crossfiremail.co m. www.pacificliving.com. www. sdreader.com/news/rent1049.

PACIFIC BEACH. Live so close to beach and make friends envious! Charming 1 bedroom apartments from \$1155. Only block from the beach! Located in the north Pacific Beach neighborhood with beachfront access only minutes away. Short distance to downtown La Jolla shopping and dining. Our quaint apartment homes include on-site laundry facility, extra storage and a quiet location. Cat friendly. Call our rental office today! 858-272-7464. www.pacificliving.com.

AUTOMOTIVE

PACIFIC BEACH, NORTH. \$1895. Duplex. Large 2 bedroom. Immaculate, sunny. 1.5 blocks ocean. Dishwasher, white tile. Patio. Parking. Laundry, yard. No pets. 865 Missouri. 619-275-2610. PACIFIC BEACH. 2 bedroom, 1 bath. Up-

PACIFIC BEACH. 2 bedroom, 1 bath. Upstairs. Laundry, parking. Near bay/ocean. Available 8/15. \$1295. 1258 Pacific Beach Drive. 858-454-4161.

PACIFIC BEACH. Spacious bright 2 bedroom, 2.5 bath condo. Cathedral ceilings, fireplaces, oceanview decks, 2-car garage, storage, washer/dryer. No pets. 1660 Chalcedony. \$2150. 858-945-2370.
 PACIFIC BEACH. \$825. Studio, 1 bath apartment, bright and sunny, nice large sundeck with a view. Fee. Free search at www.westsiderentals.com. 619-367-3333.

PACIFIC BEACH. \$925. 1 bedroom apartment, cat OK with deposit, on-site laundry, refrigerator, stove, patio. Fee. Free search at www.westsiderentals.com. 619-367-3333.

PACIFIC BEACH. \$1325. 2 bedroom, 1 bath apartment, 1-car parking, refrigera-

tor, stove, 800 square feet, great kitchen/dining area. Fee. Free search at www.westsiderentals.com. 619-367-3333.

PACIFIC BEACH. \$1550. 2 bedroom, 1-1/2 bath apartment, flexible lease, new carpets, 2-car parking, refrigerator, stove, dishwasher, central air. Fee. Free search at www.westsiderentals.com. 619-367-3333.

3333 PACIFIC BEACH. \$1700. Upgraded, upstairs 2 bedrooms in small 6-unit complex. Steps to surf! Street parking, no pets. Open Saturday, 1-2pm, 717 Chalcedony. TPPM, 858-699-3851.

PACIFIC BEACH. \$1460. Lovely, quiet 2 bedroom, 1-1/2 bath townhouse, fireplace, carpet, vertical blinds, stove, refrigerator, dishwasher, 1 parking space, side yard for bicycles. Laundry facilities. No pets. Appointments, 760-942-8769. PACIFIC BEACH. \$1140. 1 bedroom in

the perfect walk-to-all location. Near beach, Henry's and Garnet. New carpet. Open Saturday, 11:30am-12:30pm. 1216 Felspar Street. TPPM, 858-699-3851. PACIFIC BEACH. Starting \$1500. Senior building (ages 62+). Spacious 2 bedroom, 2 bath in controlled access building. Balcony. Immaculate. Elevator. Washer/dryer. Fireplace. Secured parking. 1625 Chalcedony Street. TPPM, 619-806-5760.

PACIFIC BEACH. \$1495. 2 bedroom, 1-1/2 bath townhome in garden setting. Easy access location. Laundry. Parking. No pets. 2155 Felspar Street. TPPM, 858-274-9250.

PACIFIC BEACH. \$995. Small 1 bedroom cottage. Parking. Near shopping. No pets. One-year lease desired. Call Coldwell Banker Property Management, 858-488-2228.

PACIFIC BEACH/MISSION BEACH. \$2295. On the Bayfront. 2 bedroom, 2 bath. Full-size washer, dryer. Large patio facing the Bay. Stainless steel appliances. One parking space. One-year lease desired. Call Coldwell Banker Property Management, 858-488-2228. PACIFIC BEACH. \$1150. 1 bedroom. Discomed. Near ocean and Bay. New paint. No pets. Available now. One-year lease desired. Call Coldwell Banker Property Management, 858-488-2228.

erty Management, 858-488-2228. PACIFIC BEACH. Fabulous 2 bedrooms, 1 bath starting at \$13501 Free credit checkl Across from Mission Bay. Gated community. Trails to bay, beach. Adjacent amenities: pool, spa, sundeck, barbecue lounge. Equipment and free weight room. Cardio fitness center. Computer lab with printer. TV lounge. On-site laundry. Cat friendly! 1-800-490-6372. www.pacificliving.com.

PACIFIC BEACH/CROWN POINT. \$1050.
 1 bedroom. Upper unit. New carpet paint. Close to Sail Bay and Ski Beach.
 3710 Yosemite. TPPM, 858-699-3851.
 PACIFIC BEACH. \$1495. 2 bedroom, 1-1/2 bath townhome. Small yard with shed Excellent condition. Gas appliances.

PACIFIC BEACH, \$1495. 2 bedroom, 1-1/2 bath townhome. Small yard with shed. Excellent condition. Gas appliances. Parking space. No pets. 5158 Dawes Street. Shore Management, 858-274-3500.

3500. **POINT LOMA.** \$2495. Spacious 2-story townhome in Park Point Loma. 3 bedroom, 2-1/2 bath. Fireplace, enclosed patio. All appliances including washer/ dryer. 2-car attached garage. Access to community pools, jacuzzi. Close to beaches, downtown. Easy freeway access. 2374 Caminito Afuera. Agent 619-298-7232. See photos at www. sbayproperties.com.

POINT LOMA. 2 bedroom, 1 bath, spacious, upstairs, wall-to-wall closets, patio with views, washer/dryer. \$1200. Available 9/1/08. No pets/smokers. 858-459-5123.

POINT LOMA. Last chance! Free rent until August 31! Valid with ad, 13-month lease. Expires 7/31/08. Newly renovated 1 bedrooms from \$1325! City/bay views! Bamboo floors. Stainless-steel appliances. Pool, spa, sauna. Fitness center. Air conditioning. Parking. Pet friendly. Gables Point Loma, 3811 Marquette Place. 619-223-6577. Gables.com. www. sdreader.com/news/rent1003.

POINT LOMA. Large 1 bedroom, \$1050. 2 bedroom, \$1300. \$600 deposit. Garage extra. New appliances, carpet. Cats only. Pool. Laundry. 2551 Worden Street. 619-224-8806.

POINT LOMA. \$1195. 2 bedroom, 1 bath, upstairs apartment with hardwood floors! Laundry on site. Near Shelter Island and Liberty Station. No pets. 3138 Macaulay Street. Call 619-222-4836 x14 or www. sunsetpacificrealty.com.

POINT LOMA. 50% off deposit! Spacious apartment homes. 1 bedrooms from \$1099. 2 bedrooms from \$1459. 3 bedrooms from \$1710. OAC. Pet friendly! Clubhouse. Fitness room. Business cen-

Must present coupon at time of service. Not to be combined with any other offer. Expires 8/14/08. Chris's Auto Repair Foreign & Domestic FREE Brake Inspection with any service 2920 Damon Ave. #C & D (Behind In-N-Out Burger) Pacific Beach 92109 858-270-1888 **ENGINE OR TRANSMISSION PROBLEMS?** Major or Minor? We Can Help! ATRA FREE "Check Engine" Light 21-point diagnostic ġ \sim • FREE Towing with Major Repair Military and Senior Discounts \$100 OFF 10% OFF Free Shuttle Service ANY GENERAL FRFF Leak Check TRANSMISSION Multiple financing plans available – OAC **AUTO REPAIR** RANSMISSION AUTO REPAIR **REBUILD*** & SERVICING*

San Diego *Offer valid with coupon only. Expires 8/14/08. San Dieg We also install used transmissions and engines.

SCA

TIC-KETS.COM





52 San Diego Reader July 31, 2008

MIRAMAR

(858) 552-8484

6690 Miramar Rd. #G



SPORTS ARENA/PT. LOMA

(619) 523-1222

2904 Lytton St. San Diego attempt to cross. Regardless of which room I chose, I also had to be fearful of both occupants, either of whom could possibly lurch out of the darkness like a giant spider and engulf me in a druggy amorous embrace from which I would find it difficult to extricate mvself.

Despite the incessant burning joints, frequent and elaborate tea ceremonies, and continual birthday suits, all was not peaceful in this hippie haven. There were frequently tearful, naked women about, each one distraught at having discovered another naked woman emerging from a bedroom or bath.

At one point, unbeknownst to me, my roommates applied a home-remedy salve to a minor rash that one of my cats had - keeping it nice and moist until sepsis finally set in. He required a sizable quantity of antibiotics to recover.

One morning, emerging from my room, I ran into Matt, who, as was his custom, was clad in a very short blue robe — so short that one had to hope that he wouldn't reach for anything while wearing it. He came forward to greet me in his usual ethereal, enthusiastic manner, stopping barely a foot from me, smiling placidly, large brown eyes all pupil.

'There were some evil spirits on your cat this morning, but I chased them off." He said this with the self-effacing smile of a person

who has done a good deed and expects to be thanked for it.

"Thanks," I said weakly. "That's great." I quickly escaped to the bathroom through his bedroom minefield.

The final nail in our living-situation coffin was the Coconut Incident. One day Matt, audibly upset, called me at home to ask if I had "moved [his] coconut." I ran through the contents of the fridge and scanned the countertops and told him that I didn't see it, nor did I recall ever having seen it.

"No," Matt replied, in a perfectly rational voice. "It was behind the back door, near the clothes dryer." Matt explained that he had placed the coconut there to "absorb the destructive spirits" in the apartment and that moving it had caused "damage to the dimension to which it was connected."

He seemed to indicate that the necessity for this protection had something to do with absorbing Ian's bad energy (or something -_ I didn't really understand what he was saying). Of course, it didn't help matters when it was revealed

that it was Ian himself who had discovered the rotting coconut behind the door and tossed it in the garbage.

Matt tried to explain the gravity of the situation to me, but as he frequently began his sentences with "I realize that this deals with a dimension you don't understand," I found it difficult to appreciate the situation as much as he would have liked. I tried a gentle tack, suggesting that if he felt the need to hide fruit in the common spaces of the apartment, he should to let us know - otherwise, a logical person might conclude that the coconut had rolled out of someone's grocery bag.

No dice. "This is war!" declared the usually peaceful space cadet, and I found myself spending the better part of the evening mediating the disagreement between Matt and Ian. ("Now, Matt, tell Ian how it made you feel when he touched your coconut.")

In the end, Matt was placated only after we placed a coconut in every room. This was somewhat inconvenient, as it was August, and the coconuts turned syrupy and

soft within hours and attracted fruit flies that appeared out of nowhere. No one had the audacity to throw the decomposing "destructive-spirit absorbers" out.

"It's me or the coconuts!" was an ultimatum I couldn't bring myself to deliver. I was worried I'd be on the losing end, having as far as I knew — no powerful dimension connections to offer.

As a courtesy reprieve to my replacement, albeit a probably temporary one, I tossed my room's coconut out as I vacated the premises. I do not know if the next person suffered the attentions of extradimensional evil spirits.

Tell us the story of your roommate from hell and we will publish it and pay you (\$100 for 500-2000 words).

Email story to roomie@sdreader.com

Or mail to: San Diego Reader/Roomie Box 85803 San Diego, CA 92186

To get an online version of this story, go to sdreader.com. You can print it, email it to friends, and get other "Roommate From Hell" stories.

ter. Tennis. Pool. Jacuzzi. Near shopping beaches, restaurants, freeway. beaches, restaurants, freeway. Stonewood Garden Apartments, 3889 Midway Drive. Toll-free, 1-888-773-6259. MG Properties. www.sdreader.com/news/

POINT LOMA. Beautiful 1 and 2 bed rooms in gorgeous tropical complex with spectacular views! Pool and spa, view deck, state-of-the-art fitness center, business and media room, gated parking anc more! No pets. 3950 Leland. 619-223-1390.

POINT LOMA. \$950. Newly remodeled

POINT LOMA. \$950. Newly remodeled studios with fantastic upgrades! Every-thing is new! Gated entry, parking, laun-dry, barbeque area. No pets. 2089 Chatsworth Boulevard. 619-222-0152.
 POINT LOMA. \$1195. 1 bedroom, 1 bath. Immaculate community. Luxury apart-ments. Large downstairs with private pa-tio. Tile floors. Bright, upgraded countertops and cabinets, stainless steel

Window Tint

any car, back 3 windows,

Bluetooth

appliances. Close to beaches, downtown and more. 3020 Hugo Street. Call Paola at 619-987-3634. sunriseliving.com. **POWAY**, \$1125. Nice 2 bedroom. Pool, dishwasher, patio or balcony, parking, laundry. Beautiful courtyard. No pets. 12500 Oak Knoll. Agent, 888-679-1789. **POWAY**, \$915. Nice, well-maintained complex with air conditioning, off-street parking, community laundry. Near all. No pets. 12529 Oak Knoll Road. 858-486-0109. POWAY/SABRE SPRINGS. \$1500

bedroom, 2 bath condo. Surrounded by trees, quiet. Fireplace, carpet, dish-washer, washer/dryer, air conditioning, patio, pool and more! 10921 Sabre Hill Drug #275 Drive #375. www.centrecity.net. 619-296

POWAY/SABRE SPRINGS. \$1950. 2 garage. Upgrades, granite cou

ardwood floors/high-speed internet. arks/freeways close. 619-254-5378. RANCHO BERNARDO, Bernardo Heights \$2200. Beautiful 2 bedroom plus loft, 2-1/2 bath condo, open spacious floor plan washer/dryer and all kitchen appliances rage private patio, 1-car garage, club-house, pool, jacuzzi. 12555 Calle Tamega #110. www.centrecity.net, 619-296-6699.

Upstairs. Air. All appliances. Balcony. Storage. Laundry onsite. Pool/jacuzzi/clubhouse. Great central lo-cation! Freeway close. \$1800. 619-944-

SAN CARLOS. \$1575. Large 3 bedroom condo in Lake Murray Terrace. Conve-nient area. Pools/spa. New carpeting and appliances. Downstairs. No pets. Agent, 619-469-7790. www.westmanproperties.

SAN DIEGO. Studios, \$650/month; 1 bed-room, 1 baths \$850/month. 2 bedrooms, \$1100/month. Nonsmoking. Call 619-262-6278 or 619-675-9088. SAN MARCOS. \$1075. \$250 off 1st

SANTE, Beautiful 2 bedroom, 2.5 bath townhouse! Two stories, fireplace, bal-cony, 2 parking, too! \$1650. Shopping and freeway close. 619-788-2720, www. ElisabethSellsSanDiego.com.

SANTEE. \$875. 2 bedroom, 1 bath. Stove, refrigerator, carpet, blinds. Close to Hwy

67. On-site laundry, off-street parking. No pets. 8527 Graves. 619-258-2584. SCRIPPS RANCH. \$2100. 3 bedroom, 2-1/2 bath, beautiful 2-story condo with 1/2 bath, beautiful 2-story condo witr yard and private patio, 2-car garage 10916 Caminito Arcada. www.centrecity 619-296-6699

SERRA MESA. \$1875. 4 bedroom condo. Completely remodeled, single-story corner unit with lots of storage throughout. Pool and Gym Glen. 858-598-1111 x x193. utopiamanagement.com.

SOLANA BEACH. Beautiful 2 large bed room, 3 bath townhouse. Large loft/den room, 3 bath townhouse. Large loft/den. Lomas Santa Fe golf course. Pool. Lease. Pet considered. \$2500. 858-792-5002. SOUTH PARK. \$1095. Very clean 1 bed-room, 1 bath apartment. Hardwood floors room, 1 bath apartment. Hardwood floors, front patio, new windows, on-site laundry, Cat OK, Available now. 3004 Hawthorn

SOUTISS. SOUTH SAN DIEGO. 2-story condo, 3 bedrooms, 2 bathrooms. All appliances included. Two assigned parking. Pool, Jacuzzi, playground. \$1695/month. Sec-tion 8 OK. Available 8/1. 619-540-2745. SOUTHEAST SAN DIEGO. Studio, unfur-nished, \$750 plus utilities. Furnished, \$900, utilities included. Bedroom, full kitchen, tile floor, yard. Street parking. Available now. 2865 Webster. 619-638

Αυτοмотіνе



Diego Reader July 31, , 2008

hands-free, works with all phones, Car Alarm installed

• Door protection • LED • Keyless entry option • Shock sensor • Parking light flash • 2 remotes

Stereo Outlet

2710 Garnet Avenue Pacific Beach • 858-581-2434 #TIO: www.centrecity.net, 619-296-6699.
RANCHO PENASQUITOS. \$1350, 2 bed-room, 1 bath. \$600 off with 6-month lease! Low \$500 deposits! Newly remod-eled. Air conditioning. Pool, spa. Carport No pets. Rancho Villas Apartments ranchovillas@earthlink.net, 858-484-0744 SAN CARLOS. 3 bedroom, 2 bath condo

SAN MARCOS. \$10/5. \$250 off 1st month's rent. Large 2 bedroom, 1 bath. Excellent throughout, view, large balcony, carport, private storage. Gated, small complex. No pets. Call for appointment for showing, 760-599-0989.

SPRING VALLEY. Move-in special, OAC! \$1125, 2 bedroom. \$1399, 3 bedroom, 2 bath. Spacious. Laundry, playground, parking garages, balconies, pool. Military accepted. Espanol. 619-857-0365.

SPRING VALLEY. \$1395. 2 bedroom, 2 bath. Spacious condo with big balcony, kitchen. Large park area. Pool/spa. Washer/dryer in unit. 858-598-1111,

SPRING VALLEY. From \$675. Nice 1 bedrooms for Seniors 55 and better. Park-ing, community laundry. Air conditioning. The bus stops herel 9550 Campo Road. Agent, 619-697-8432.

TALMADGE. \$865. Large 1 bedroom. Clean, quiet, 800 square feet, parking, gated, air conditioning, barbecue, stor-age. Cats ok. 4544 Winona Avenue. 619-229-1406.

TALMADGE. \$800. 1 bedroom, 1 bath apartment. Laundry on-site. Downstairs. Beautiful wood floors. All appliances, gated complex. Available 9/1. 4533 Con-tour Boulevard. www.cethron.com. 619-295-1100.

TALMADGE. \$1395. 3 bedroom, 2 bath condo: Vaulted ceilings, two-tone paint, fireplace, balcony, garage, appliances. 4447 49th Street #4. Pets OK. 619-698-

UNIVERSITY HEIGHTS. \$1000. Senior complex. Extremely large 2 bedroom, 1-1/2 bath. Brand new carpet, paint, floor-ing. Sheltered patio, controlled entry, all

amenities. Near bus and shops. 4574 Campus Avenue. No pets. 619-994-7392, 619-461-9415.

UNIVERSITY HEIGHTS. \$850 plus de Near Trolley Barn Park, shopping. Hard-wood floors. Patio. Laundry. Cat OK. 1715 Adams Avenue. 619-665-6441. UNIVERSITY HEIGHTS, \$795, Spacious 1 bedroom, 1 bath unit in small, centrally lo-cated complex. On-site laundry. Move-in special: Half off first month's rent! www. utopiamanagement.com. 858-598-1111,

UNIVERSITY HEIGHTS. \$795. Spacious and fresh coat of paint. Complex has on-site laundry facility. www. utopiamanagement.com. 858-598-1111, v103 utopi

X193. USD. Townhouse. Rent from \$1795. Se-curity deposit \$1500. Stainless steel ap-pliances, granite counter tops, bamboo flooring, carpet in bedrooms, full size stackable washer/dryer, two balconies, air conditioning, two parking spaces, available now. 5420-26 Lauretta Street. Ed 856.57.6100 Ed 858-597-6100.

UTC. 55/up. Spacious luxury living. Pool, spa, golf course. 1 bedroom, \$1099. 2 bedrooms, \$1334. \$99 deposit. Town Park Villas, 4633 Governor Drive. 858-453-0441

UTC. Nice 2 bedroom, 2 bath apartment, \$1850/month. Facing courtyard, balcony, pool, private garage and gym. Call Marie Huff, 619-838-9400.

REAL ESTATE Houses

PLACE ADS IN THE READER by call-ing619-235-8200, 8:30am to 5:00pm, Monday through Friday. Deadline: 5pm Tuesday.

Tuesday. ARIZONA, FLAGSTAFF. 2 bedroom, 2 bath, den. 10 acres. Beautiful view. Large deck surrounds manufactured home. Large solar array, never-ending source of power. \$200,000/best. 928-221-8178. AUSTIN, TEXAS. Affordable living, "live music capital of the world." #1 destination for relocating families, singles. House in hill country, on the lake or loft downtown. Realtor, Tom Wilson: 512-673-0388. Wilson@avalaraustin com

alaraustin co BAJA CALIFORNIA, MEXICO. La Mision. edroom, 1 bath, beautiful oceanview, -hour security guard, gated commu-γ. Best beach in Baja. \$250,000 or rent

)/month. 760-250-7055. EL CAJON. Newer mobile home-2004. 14'x44', 1 bedroom, 1 bath. Clean. Big kitchen, laundry, parking. Corner park lot. Easy owner financing. Seniors. \$39,950. 619-618-9442

FREE. VIEW SAN DIEGO'S only real es-tate listings with exact addresses! tate listings with exact addresses Get"comps," school information, maps and more. Go towww.SanDiegoReader

Complete Axle

Clutch Special

\$**50 OFF**

l for de



Αυτοмотіνе



Most cars. Includes 1 gallon Reit green coolant.



Japanese Auto Tech 6696 Miramar Road (near I-805) » 858-546-8363 Open Mon.-Fri. 8 am-5 pm, Sat. 8 am-3 pm

room with private deck. private fenced yard. Recently renovated. \$245,000. Elissa/Katie, Windemere Agents, 760-805-9058; 760-519-0258. POWAY-BY OWNER. Bridlewood 3 bedroom/2 baths. Fabulous swimming pool! \$399,700 or best offer. Inspection Satur-day-Sunday 10-5. Home will be sold Sun-day night to highest bidder. 858-538-9455.

LEUCADIA MOBILE HOME. Walk to beach! Gourmet kitchen, master bed-

SANTEE. Mobile home, 3 bedroom, 2 bath, senior park, central heating/air con-ditioning. Space rent: \$485. 2 pets OK. \$46,000. 619-442-4514.

\$46,000. b19-442-4514. TIERRASANTA. 3 bedroom, 2 bath, single level, fenced level lot, upgraded, perfect for downsizing, great location, enclosed spa room, screened entry/patio. \$555,000. Owner, 858-292-1209.

YUMA, ARIZONA. No money down. 3 units, 2 bedroom, 2 bath; 1 bedroom, 1 bath. 400-square-foot-shop. \$240,000. Will consider a trade. 619-618-5061.

REAL ESTATE

Condos

_ _ _ _ _ _ _ _ _

^{\$100 OFF}

Internal

Transmission

Overhaul

Call for details

I

ITRANSMISSION & AXLES

PLACE ADS IN THE READER by call-ing619-235-8200, 8:30am to 5:00pm, Monday through Friday. Deadline: 5pm **CORONADO,** Beautifully refurbished 3 bedroom, 3 bathroom, 2-car covered parking. 50' Spreckels Park, near restau-rants. Lovely tree-lined quiet residential

street. Serious inquires \$1,050,000/owner, 619-435-2097. only DEL MAR. Lovely, sunny 2 bedroom, 2 bath condo with pool and Jacuzzi. Monthly interest \$1695. \$15,000 down. APR only 5.9%. Call Agent, Elizabeth, at 619-286-5813.

FREE. VIEW SAN DIEGO'S only real es-tate listings with exact addresses! tate listings with exact addresses Get"comps," school information, maps and more. Go towww.SanDiegoReader com/realestate.

GOLDEN HILL 2 bedroom, 2 bath condo. \$290,000-\$310,000. Remodeled. 915 square feet. Bamboo flooring, cherry cabinetry, underground secured parking. Low HOA, \$210. \$290,000. Owner, 619-817-9745.

LA JOLLA/UTC. Sunny, lovely 2 bedroom, 2 bath condo with pool and Jacuzzi. Monthly interest \$1695. \$15,000 down. APR only 5.9%. Call Agent, Elizabeth at

LINDA VISTA. Studio condo, approxi-mately 463 square feet, nice layout, park-ing, pool/spa, and storage space. 3250 Ashford Street, San Diego 92111. As is, \$150,000. By owner, 858-571-6829.

PACIFIC BEACH. Like new! View! Top floor. End unit. Overlooking pool. Huge studio. Plus 8x10 custom loft. 5 skylights. Cathedral ceilings. 100% custom up-graded. Morel 0-3% down! Appointment, 619-921-3333.

ROSARITO MEXICO, Playa Blanca, 14 miles from border. Luxury ocean front property, upgraded 2 bedroom 2 bath condo. 24 hour security. Gated commu-nity, balcony, granite, all appliances (stainless). Reduced \$239,000/owner. 19-250-0210

UTC/LA JOLLA, Will look at all options to get buyer into property, even carry paper 4070 Porte La Paz. 2 bedroom, patio \$395,000/owner, 805-340-2814.

REAL ESTATE



PLACE ADS IN THE READER by call-ing619-235-8200, 8:30am to 5:00pm, Monday through Friday. Deadline: 5pm

ATTENTION SELLERS! We'll buy your house in 11 days or pay you \$500 cash! 24 hour information: 800-398-8864, Box

ATTN: FIRST TIME HOMEBUYERS may qualify for government-subsidized 30qualify for government-subsidized 30 year fixed loan assistance available! Ca Pam McCormick, Realtor, 858-354-7335 FARM IN MISSOURI. 180 acres, 2 three bedroom houses, 2 barns. \$750K. Think about it. For information, call 720-470-4192. (AAN CAN)

4192. (AAN CAN) FORECLOSURES AND DEFAULTS. Huge increase in daily volume! Daily reports. 30-50 new properties daily throughout San Diego County. All Ioans researched. Call 800-664-2567; www. CountyRecordsResearch.com

FREE. VIEW SAN DIEGO'S only real es-tate listings with exact addresses! Get"comps," school information, maps,

and more. Go towww.SanDiegoReader

COM/realestate. GOVERNMENT HOMES! Low money The and foreclosures. Cal 1-800-817-5249. (AAN CAN)

GOVERNMENT 100% LOANS available. FHA, VA. Bank-owned foreclosures and short sales. Pre-foreclosure homes and condos for sale. Buy them before the bank does! Agent, Elizabeth, 619-286-5813.

HOME NOT SELLING? Consider lease purchase! We have qualified tenant buy-ers in your area! Top sales price. Pay No Commissions! No vacancies/manage-ment. 619-606-0340. RENTTOOWNSD@

HOTEL OWNER WANTS TO BUY property anywhere. Small houses, big houses, condos, apartments, commercial, vacant land, and notes. Call 619-204-0610. NEAR ROSARITO MEXICO, Ocean vie Bv

ROSARITO, MEXICO. Oceanview lots (2). One away from ocean. View to Coronado Islands. Great investment. Area growing. 1 mile south of future Donald Trump Tow-ers. 858-268-4233.

Тіскетя

PLACE ADS IN THE READER by call-ing619-235-8200, 8:30am to 5:00pm, Monday through Friday. Deadline: 5pm Tuesdav.

DISNEYLAND PARKHOPPER tickets, 3/2 day. Must use by end of August. Child or adult. They sell for \$132 at the gate, ask-ing \$100 each. 619-328-9041.

MADONNA TICKETS, Sweet & Sticky 2008 tour, 2, Section B5, Row 24, Petco Park, Tuesday, 11/4, 7:30pm, center floor, aisle 1-2, \$300 each. Text, 760-622-7227. WILD ANIMAL PARK tickets. I have 4 adult tickets at \$25 each. They expire on 10/31/08. Call 619-443-9037.

SPORTS

PLACE ADS IN THE READER by call-ing619-235-8200, 8:30am to 5:00pm, Monday through Friday. Deadline: 5pm

ADVENTURE TOURS DAILY. Eco snorkel ing with seals \$69.95. Shipwreck dives, dolphins \$79.95. Los Coronados, whales \$119.95. Fireworks cruises! Join us to-day! Reservations at www.gottadive.com. 619-523-9282.

619-523-9282. BASEBALKL GAMES. We want players ages 10 to adult, coed, to play recreages 10 to adult, coed, to play recre-ational games. Fun, fast, exciting. Linda Vista Recreation Center. Call to play, 619-

295-0385. **KAYAKS FOR SALE.** Tandem kayak packages from \$795 to \$1095. Leftover Cobra Expedition kayaks from \$695 to \$995 (regular \$1295 to \$1700). New kayaks, 9 feet to 18 feet from \$595 to \$1700. Closeout prices on used and demonstrator models from \$395 to \$895. Some used trade-in closed cockpit

Window Tinting EXOTIC & EUROPEAN CAR SPECIALISTS LIFETIME WARRANTY LLumar AUTO SOUND & SECURITY 3450-A KURTZ ST. • (619) 260-1747 Smog Special **Test only • 15 minutes** Fast • Easy • No Appointment Needed plus \$8.25 certificate & \$2 transfer fee. Trucks, vans & SUVs \$10 extra. EVAP testing included. *We now do European cars for same low price*. 75 0 or \$3175 with a Free Retest We Certify: Gross Polluters, Out of State, DMV Renewal, Change of Ownership \$5 extra for vehicles from 1976-1995. State of California LICENSED SMOG CLINIC 7535 Clairemont Mesa Blvd., Suite C (Next to Kearny Mesa Bowl & Sears) 858-292-7903 Mon.-Fri. 8 am-6 pm • Sat. 8 am-3 pm Visa • MasterCard • Coupon expires 8/14/08. Must present coupon at time of service.



ADVANCED MACHINE PARTS • SERVICE • WELDING Your Complete Automotive Machine Shop • **3400 El Cajon Blvd.** 619-640-4609 • Se habla español COMPLETE LONG BLOCK REBUILD FROM \$799

Most flywheels & crankgrinds available in 1 day or less.

Visa · MasterCard · Special rates for auto body repair without insurance. *All offers valid on most cars, with coupon. Exp. 8/14/08.

Flywheels \$45 · Valve jobs from \$95 · Crankgrinds \$65



2008

Reader July 31,

San Diego

2



BACK WHEN

In the Reader

Thirty Years Ago

Local homeowners and their families know all about the prestige of living near the foot of Nautilus Street. Here is the spot where you catch the best waves — a spot out beyond the surf line that is hardly larger than a living room. Perhaps two dozen surfers, little more, can crowd together where a big wave peaks before it crumbles toward shore. And so the locals stick together, harassing the outsiders who drive in from other parts of the county, sometimes from Los Angeles and Santa Cruz, sometimes from other coastal states.

— "A BUMP ON THE HEAD COULD KILL CHRIS

O'ROURKE," Joe Applegate, August 3, 1978

Twenty-Five Years Ago

The San Diego Port District is proposing a tremendous density along the north/south corridor of Pacific Highway and Harbor Drive, all the way from Navy Field to the airport. And when it's finally all done, we'll have all these gleaming, mirrored-glass skyscrapers that will fry each other and the people living around them because they're solar mirrors.

SAN DIEGO," Paul Krueger, August 4, 1983

Twenty Years Ago

Sitting in a tiny, airless cubicle, staring at a

chicken sandwich. Someone just handed it to me through a sliding door, and I've removed the colored foil paper in which the warm food was wrapped. Very soon Jack-in-the-Box restaurants may begin selling hundreds of thousands of replicas of this sandwich throughout the western United States. And today the men and women at the San Diego headquarters for the chain have one question uppermost in their minds: Should it be prepared with a honey-mustard sauce? Or will more people like it made with the traditional mavo-onion spread?

--- "THOUGHT FOR FOOD," Jeannette De Wyze, August 4, 1988

Fifteen Years Ago

All over California, the 1960s-style mall that has defined so much of American suburban landscape over the last 30 years is undergoing a revolution. Witness the new Del Mar Plaza, which opened in May 1989. A \$30 million development covering 69,000 square feet at the intersection of 15th Street and Camino Del Mar, it styles itself as a "European retail village." Just as California's developers once dreamed of covering the land with bloated parking lots and anonymous Lshaped concrete blobs, so now they dream of covering it with exquisite simulacra of

Mediterranean villages.

-ARCHITECTURE: "NEVER USE THE 'M' WORD." Lawrence Osborne, August 5, 1993

Ten Years Ago

"I stick my finger into existence — it smells of nothing. Where am I? What is this thing called the world? Who is it who has lured me into the thing, and now leaves me here? How did I come into the world? Why was I not consulted?" This quote, and many more by Kierkegaard, can be found at a personal website called "Pleasures of the Mind."

The media rarely pay attention to personal Web pages; but in fairness, personal Web pages tend toward sophomoric humor and read like a dry curriculum vitae: "Hi, my name is Svetlana. I love my pug, my Grammie and Gramps, scripting HTML..." "Pleasures of the Mind" (members.aol.com/KatharenaE) is a personal Web page, that of Katharena Eiermann, but as the name implies, it is more cerebral than most.

Justin Wolff, August 6, 1998

Five Years Ago

When did he dine and whom did he dine with?

There's never been any question as to



San Diego Reader, August 3, 1978

whether and how Inzunza dines. Virtually every business day at the stroke of 12 noon, the 34-year-old councilman can be seen strolling out of his 12th-story city-council office, heading off to one of a chosen few downtown eateries and watering holes, such as Dobson's and the Grant Grill. Two hours later, he returns. But there has always been a nagging curiosity about what goes on in between. - "FUN WITH RALPH," Matt Potter, July 31, 2003

To get an online version of this column, go to sdreader.com. You can print it, email it to friends, and get other columns and stories by these authors.

COMPUTER PERIPHERALS. 15" flat

screen morillor, nr Desige printer, Brother fax, all in excellent condition, \$125/trade full/partial for drums. Rancho Remardo. 858-487-3398.

LAPTOP BLOWOUT. FREE Diagnostic. Laptops starting from \$298 for ACER, Dell, IBM, Toshiba and more. Laptop/pro-jector rentals \$25/875. 3 locations! Going fast, call now: 1-888-861-8347.

LASER WRITER 4/600 PS, color, in original box, never opened, Apple printer, best offer. 619-295-8063.

Deskiet printer

San Diego

155

kavaks. 10 foot to 14 foot also available priced from \$250-\$500. Visit our website www.kayaksd.com or call San Diego Sail-MAXUM POWER BOAT. 2002. 4.3 liter V

very clean interior/exterior, open bow stored out of water, \$9999. 858-243-1911 SKI BOAT. Mastercraft Competition Wakeboard, 1985, popular Stars and Stripes edition. Custom stereo system, built-in ballast system, new battery and steering cable, \$13,000/best. 619-962-7789

SOFTBALL TEAM NEEDS a shortstop and SOFTBALL-ADULTS; WINTER 2008. Men/ eam registration. Competitive onal divisions. Register now, re

serve your place. Starts 9/02/2008. Infor mation: www.softballsd.com or call John 619-261-0826.d

u19-201-U826.d SURFBOARDS. 9' Walden Magic, fins and leash, \$350. 10-1/2' vintage Greek \$400. 6' Aloha retro fish, acid wash, glassed-in wooden fins, \$290/best. Nu-merous other used boards to choose from. 30% off ding repair. Call Lou, 760-809-6180.

SURFBOARDS. Two 6' trifin shortboards with leashes in fair-to-good condition. Reduced to \$95 each. 619-892-2788.

SURFBOARDS, WETSUITS, wakeboards wanted. We pay cash for good quality used surf, wake and water sports gear. We also buy golf, skate, softball, exercise machines and weight, scuba, Rollerblades, roller skates and more. Get cash or trade for other sports and fitness equipment. Play It Again Sports. Find lo-cations: playitagainsd.com. 858-490-0222 0222

SURFBOARDS, WETSUITS, wakeboards

Рното

PLACE ADS IN THE READER by call-ing619-235-8200, 8:30am to 5:00pm, Monday through Friday. Deadline: 5pm Monday through Friday. Deadline

CANON DIGITAL REBEL XTI, body only near-new condition, extra battery, all orig-inal accessories, asking \$425. 619-461-NIKON LENS, 28-70mm f/2.8 ED-IF AF-S, great condition, only \$875. Craig, craig@ employstrat.com or 858-278-9255. **STUDIO STAND,** Foba, professional, heavy duty, excellent condition, was in storage most of the time, \$975/best. Call 619-274-1900.

COMPUTERS PLACE ADS IN THE READER by call-

Monday through Friday. Deadline: 5pm Tuesda A+ COMPUTER TECH SUPPORT. Repairs, upgrades, installations, virus ware removal, website design, m networks, cable/DSL, video, etc. A+/MCP certified. 24/7 onsite. \$25/hour. 858-344-7155. COMPUTER CIRCULATION CENTER. Buy

sein, trade. Laptops, PCs. Repairs, up-grades, virus/spyware removal. 24-48 hour turnaround. 9350 Clairemont Mesa Boulevard, San Diego 92123. Call 858-573-0411.

AUTOMOTIVE





STORY MINUTE



PENTIUM 4 SYSTEM, Windows XP, Office 2007, Internet ready, \$185. 619-582-

PRINTER. XEROX PHASER. Color printer, 8500n. Print speed 24ppm black, 24ppm color. Resolution, 1200 finepoint. Cost \$1100/new. \$550/used, comes with ink replacement cartridges, 619-442-3064.

TOTAL COMPUTER. Commercial service We do everything. Installation, set-up, training, repair, networking, telephones, DSL, wiring, upgrades. \$20 in-home diag-nostics. 619-941-1809; cell, 619-607-0221

BICYCLES

PLACE ADS IN THE READER by calling619-235-8200, 8:30am to 5:00pm, Monday through Friday. Deadline: 5pm CRUISER mountain bike, 26", candy red, gel seat, 6 speed, \$65. Excellent condition. 619-462-8131.

San Diego Reader July 31, 2008

56

REDLINE TRIPLE XXX BMX custom bike chromoly frame, helium fork, 48 spokes black, Primo 3-piece crank, Bully Nude handlebars, Odi locking vice, \$1/trade. 619-415-9641.

SPECIALIZED ALLEZ PRO, 2007, 58cm like new road bike, excellent condition, only 200 miles, no scratches, yellow, sharp and fast, originally \$3800, now \$2100. 760-842-4724.

SPECIALIZED STUMPJUMPER, M2, red Pristine, barely ridden, extra accessories \$500/firm. Ask for Duncan 858-755-5747

> WANTED / TRADE

PLACE ADS IN THE READER by call Ing619-235-8200, 8:30am to 5:00pm, Monday through Friday. Deadline: 5pm Tuesday.

Tuesday. DESIRE SMALL HOUSE, cottage/town rewith small yard, Pacific Beach Polioa Park house with small yard, Pacific Mission Beach, Point Loma, Balb

Αυτοмотіνе



1-year lease. Perfect credit, great refer-ences. Grant 917-287-3870, gabegley@ FISHING TACKLE. Collector wants for his

personal collection worden lures, reels, miscellaneous by Heddon, Pflueger, Creek Chub, South Bend, Shakespeare, to name a few. 619-972-3488.

AM LOOKING for a person who knows carpentry. Exchange for housing. Please INDIAN ARROWHEADS/ARTIFACTS.

OLD TOYS AND TRAINS. Lionel, Ameri-can Flyer, Marx. Aurora, Corgi, Dinky, Hot Wheels, Matchbox, slot cars. Buddy-L, Smith-Miller, Structo, Tonka. Old plastic vehicles: Pyro, Renwal. Dave, 858-756-2411.



PLACE ADS IN THE READER by call-ing619-235-8200, 8:30am to 5:00pm, Monday through Friday. Deadline: 5pm ANSTEAD'S AUCTION. We buy antiques,

collectibles, household furniture, appli ances, TVs, home electronics, pianos

AUTO SERVICE SAVERS Smog check \$19⁹⁵ We repair gross polluters! **Free** retest when repairs completed here. Plus \$8.25 cert. and \$2.25 trans. fee. Vans, trucks & motor homes extra. Chula Vista location only.

Vehicles 1996 or newer. Expires 7/31/08. \$4495 Failed

smog diagnostic **Extend transmission life!**

Transmission power flush \$6495

\$4495 Want better

gas mileage? **Fuel induction service**

With motor va From ^{\$}12⁹⁵ AC Service Plus Freon.

 Extended warranty work welcome • Instant financing— No interest for 90 days (OAC)

 Free towing on major jobs • Senior & military discounts ent ad at time of service. Most cars. Expires 7/31/08. Prompt service. Local buyers. Licensed/ bonded. Serving San Diego since 1971. 619-233-3148; 1-888-722-2002.

by Carol Lay ©2008

COMIC BOOKS, 50, all different, near-new condition, with bags and boards, \$65. Leave message, 760-845-3024. FAINTING COUCH, antique, turn of the century, dark walnut frame with gold vel-vet fabric, \$675/best. Amy, 619-231-0030.

FURNITURE in storage, some antiques, all must go. Beautiful antique table, chairs, china cabinet, nightstand, bookcase. All at good price. 619-283-0606.

RECORD COLLECTION, 1960s, 1970s, 1980s vinyls, Beatles, Stones, Elvis, Floyd, Marley and much more. 619-523-

RUG, Karastan, 5'9"x9'. New \$1300. 100% premium worsted wool pile. Perma-nently moth/insect resistant. Design 785. Pattern red. service. D Pattern red sarouk. Reduced to \$575/best. 858-272-2760.

WANTED: I buy 1950s-1980s rock and roll concert posters, flyers, handbills, used or unused tickets, programs. Private party. Please call 619-501-6210.

GARAGE SALES

PLACE ADS IN THE READER by calling619-235-8200, 8:30am to 5:00pm, Monday through Friday. Deadline: 5pm Tuesday. CHULA VISTA. Garage sale. 8/8-8/9 8am-2pm. King/double bedroom sets, fil-ing cabinets, desk, dresser, chairs, couches, dining set, wall units. Cedar Av-enue at Sierra Way.

CLAIREMONT, Church yard sale, August 1, 2, 8am-2pm. Saint Marks UMC, 3502 Clairemont Drive. Furniture, electronics,

housewares, books, plants and art. Clothes, \$1/each. COLLEGE AREA. Yard sale. Saturday 8/2, 8-11am. Everything must go! 2-family moving sale. Outdoor furniture noving kitchen/ kitchen/household items, baby items, clothing, plants. 4759 Rolando Boule-

COLLEGE AREA. Garage sale. Satur-day/Sunday, 8/2-8/3, 8am-1pm. Furniture, clothing, office refrigerators, miscella-neous. 3851 Billman Street (at College

LA MESA. Moving sale. Saturday, 7/26. Everything must go. Check it out! 4711 Troy Lane (91141). 619-278-8504.

LAKESIDE. Garage sale. Friday, Satur-day, Sunday, 8/1-8/3, 9am-5pm. Multi-family sale. 10408 Escadera Drive.

LAKESIDE. Garage sale. Friday, Satur day, Sunday, 8/1-8/3, 9am-5pm. Multi family sale. 10408 Escadera Drive. tamily sale. 10408 Escadera Drive. **MISSION BAY/USD.** Garage sale. 8/2, 8am-noon. Kitchen cabinets, metal file cabinets, twin bed frame/mattress, edu-cational materials, furniture, surfboards, toys. 5453 Mildred Street. 619-665-7900. IDS: SH33 Millared Street. 619-065-7900. MISSION VALLEY. Moving sale. All must go! Bedroom, dining room, living room furniture, kitchen items and knickknacks. Ongoing sale. Call 720-220-6743, 805-796-2448, or 412-716-7248.

NORTH PARK. Media sale. Saturday, 8/2, 9:30am-1:30pm. DVDs, CDs, audio books, VHS and more. No books this time. Proceeds benefit this branch. 3795

PACIFIC BEACH. Moving sale. 8/2-8/3, 8am-2pm, 50-year residents/collectors leaving mainland. Furniture, kitchenware, displays, jewelry, collectibles, tools, clothing, Great prices! Cash only. 2324 Walmar Lane.

SPRING VALLEY. Garage sale. 8/2-8/3, 9am-2pm. Dinghy, 3hp motor, trailer, books, clothes, bike, and more stuff. No early birds/vendors. 914 Paraiso Avenue. TEMECULA. Moving/garage sale. Satur-day, 8/2, 8am-1pm. No early birds. Framed art, dining room, bar stools, chairs, etc. Come on by. 27542 Dande-lica Court

TORREY HILLS. Huge wood train and toy sale. Sunday, 8/3, 8am-1pm. Thomas wood railway system, Thomas/Brio train cars/engines. 11210 Corte Belleza (92130). sbermingham@san.rr.com.

(22130). sterninghamesainh.com. UNIVERSITY HEIGHTS. Garage sale. Fri-day/Saturday, 8/1-8/2, 8am-1pm. No early birds. Jewelry, pictures, clothes, books, knickknacks, household decor, everything must go. 4459 Florida Street.

A PPLIANCES

PLACE ADS IN THE READER by calling619-235-8200, 8:30am to 5:00pm, Monday through Friday. Deadline: 5pm

Iuesday. **APPLIANCES:** Refrigerator frost-free en-ergy saver, stove, washer/dryer: \$145 each. 1-year warranty. Leon's Appli-ances, pick up and delivery. Repairs. Can deliver free. 619-702-3270.

DRYER, GAS, light cream color, Westing-house. Not new, but looks good and works great! The drum looks new inside, \$100. Spring Valley 619-466-8663.

REFRIGERATOR, Whirlpool, 25 cubic feet, side by side, white, Energy Star, ice/water dispensor in door, \$475. Call 619-793-9415. REFRIGERATOR, commercial, for store

display, glass doors, 5 cooling fans, ap-proximately 16'x4'x7', 4' insulated alu-minum salls, worth thousands, \$250. La Mesa, 858-459-9358.

TV, Sony 27" Trinitron, very good condi-tion, \$15. TV stand, black, \$39. Speakers (2), Realistic, \$15. 858-672-1566. -15<u>66.</u>

WASHER/DRYER SETS: Both pieces from \$250. Refrigerator, 2 doors, stove, gas or electric, \$145. 1-year warranty. Leon's Appliances Pick-Up and Delivery. Repairs. Can deliver free. 619-702-3270.

WASHERS AND DRYRES. Guaranteed. \$100-\$195 each. Over 200 to choose from. In-shop/in-home service and we sell parts. Stoves, refrigerators, dishwashers, too. Can deliver. Calwest Appliance Ex-change, 619-723-1545.

OTTOMAN, new brown leather, with stor-age, bought at Mor Furniture on 7/18, too large for our living room, 38"x38" square. Retail \$399, asking \$285. 323-528-9083.





PLACE ADS IN THE READER by call-19-235-8200, 8:30am to 5:00pm, day through Friday. Deadline: 5pm

SOUNDMATTERS Mainstage HD, open box, 1 box, 2 wires, make any TV a home theater, sleek, digital or analog source, weighs 4.85 pounds, \$80. 323-528-9083. SPEAKERS, Audioengine A5 for iPod MP3 multimedia, new, open box, white, all accessories and cables, built-in powered subwoofer. MRSP, \$349; asking only \$150, 323-528-9083. **TV,** 27" color, 2007, flat screen, excellent picture, \$165. 619-461-4805.

FURNITURE

PLACE ADS IN THE READER by call-ing619-235-8200, 8:30am to 5:00pm, Monday through Friday. Deadline: 5pm

BAR, Portable 1950s retro-style, 2 stools 2 months old, paid \$2000, sell \$1100. 619-339-7318

BED \$100 ABSOLUTE BARGAIN! The Furniture Warehouse is now open to the public. We sell warehouse direct. Come see our large showroom. We have over 70 sets in stock from \$89! 995 Bay Boule-vard, Chula Vista, 91911. Open 11am-7pm daily. Closed Monday. Credit cards accepted. Legitimate warranties in writ-ing! Fast delivery. Call 619-426-2727.

BED \$169 A BARGAIN. A Ortho Pillowtop BED 5169 A BARGAIN. A Ortho Pillowtop Queen, new in plastic with warranty, mat-tress/box. All sizes. Credit cards ac-cepted. Can deliver. 800-464-6420. North County, 800-464-6490. BED FRAME, metal, fits different size beds, can be easily taken apart to be transported in a car, \$20. 858-277-3065.

BED FRAME, metal, double, with springs, \$10, 619-269-1153 BOOKCASE, 5 shelf, metal, \$5. 619-269-

1153. BOOKCASES. Oak, walnut, mahogany, cherry, or teak, choice of 2x2, 2x6, 3x3, 3x4, 3x6, 4x6, 4x7, remodeling office, \$25-\$150. 619-670-8356.

COFFEE/END TABLE, oak, 26"x26"x16", good condition, \$25. 619-301-7639. good condition, <u>scs</u>. 619-301-7639.
DESK, GRAITE TOP, Solid wood, \$150.
Antique table \$125. Armoire \$125. Shelv-ing/organizer units \$50-\$75. Sectional \$300. Art canvases \$5-\$30. Lamps, more! Moving, 858-755-5747.

DESK, very nice, 2 drawer, elaborate turned legs, \$30, 619-269-1153.

DINING ROOM TABLE and server with 6 chairs and two 22" table extensions, Ital-ian Canponia design, like new, \$4000/best. 619-469-5847.

\$4000/best. 619-469-5847. FURNITURE. Save 40% or more! Order from manufacturers' catalogues and save. Factory direct store. Solid cherry, maple, oak or pine, American made Ver-mont craftsmanship or imported. San Diego's best home furnishings source since 1960. Member of the Better Busi-ness Bureau. Al Davis Furniture, 1601 University Avenue, 2 blocks west of Park Boulevard in Hillcrest. www.davisworld.com. Call 619-296-1221.

MATTRESS BOX PILLOWTOP SET. New in plastic with warranty. Queen \$169. King \$239. Credit cards accepted. Car deliver. Call 800-464-6420. North County. 800-464-6490

MATTRESS, new queen Serta, box spring and frame, paid \$300, sell for \$150. Solid oak bookshelf, only \$69. 858-337-4367. MATTRESSES. Save 40% or more! Mat MATRESSES. Save 40% or morel Mat-tress World in Hillcrest sells new beds at warehouse pricing lower than regular stores. Student specials. Legitimate war-ranties. Fast delivery or pickup. Name brands. Member of the Better Business Bureau. Authorized Sealy, Simmons, Spring Air, Aireloom dealer. Also Latex, chemical-free and Swedish style Visco-Memoryl Mattress World, 1601 University Avenue, 2 blocks west of Park Boulevard in Hillcrest. www.sandiegobeds.com or email to. info@davisworld.com. Call: 619 260-8000.

State of California



2912 Adams Avenue 619-516-3536

Open 7 days a week!

Monday-Friday 8 am-7 pm Saturday 8 am-4 pm Sunday 9 am-3 pm

www.sdsmog.com

THE DINETTE SET

by Julie Larson ©2008



o 19-490-8063. **RUBBER BAND GUNS,** "12 shooter" solid wood, brand new, 61" package with tar-gets/bands, \$\$/each. 27 stand alone as-sorted sizes \$2.50 to \$15/each. 858-755-5747.

SCONCE, oil gauge wall light, brass and wood, \$40/best. 619-296-7185.

Wood, skill best of the segment lightweight, size 12, \$10. Wall unit, wood, 17x60x72", 12 open compartments, adjustable shelves, \$100. Men's work boots, 9F, leather, \$10.61+434-2028. **TOOLS.** Rockwell door plane #126, \$200. Milwaukee 1/2" drill, new, \$75. Rockwell heavy-duty belt sander #504, \$125. 760-941-9371.

TRAILER, 26' cozy live-in or travel. Projec-tor screen, desk, bike, 88. Chair, TV cart on rollers, foot stool padded, step end table, cherrywood, toaster oven. 858-270-0565.

MOTORCYCLES

PLACE ADS IN THE READER by call-ing619-235-8200, 8:30am to 5:00pm, Monday through Friday. Deadline: 5pm

YAMAHA PRO HAULER, 2005, excellent

AUTOMOTIVE CARS

PLACE ADS IN THE READER by call-ing619-235-8200, 8:30am to 5:00pm, Monday through Friday. Deadline: 5pm

A.B.C. AUTOBUYERS. High miles, no problem. Guaranteed top dollar for your car, truck, van, or motorcycle. Running or not. Call 619-474-2323.

AUTOPAWNSANDIEGO.COM. Loans se

cured by vehicle and title. Autos, trucks, cycles, ATVs, boats and RVs welcome. Fast and friendly service. Call Deerhorn Motors, 619-464-2131.

BMW 740i, 1999, reliable, 1 owner, non-smoker, no pets, garaged, perfect main-tenance record, white, tan leather, alarm,

CD/cassette, air bags, burl wood, \$9999

CHEVY CAMARO SS, 1967, red/black 60K miles, manual transmission, power steering/brakes, \$5800. Email for details and pictures. rickyb60@gmail.com. 254-

FORD CONTOUR GL, 1997, 4 door, low miles, automatic, air conditioning, power steering, brakes, windows, locks, tilt, cruise, stereo/cassette, premium wheels, must call \$2025, 610, 920, 973.

FORD TAURUS WAGON, 1994, Good

ator. 35,000 miles on new engine. Smogged. Needs little TLC. \$2200/best. 619-561-2460. FORD TAURUS WAGON, 1994, good me chanical shape, 35K miles on new motor new radiator, battery, good brakes and tires, smogged, may need paint and mi-nor interior work, \$2200/best. 619-561-2460.

FORD TAURUS. 2005, white, automatic like new, sharp, no accidents, clean \$3750. Call after 9am, 619-255-6053. clean title LEXUS GS300, 2002. Immaculate! Per-fect condition, low 28,800 miles. Like new. Beautiful gold. Leather interior. Loaded. Certified preowned 100K warranty. Lojack. Oceanside. \$22,500. Owner, 760-521-9880, 760-967-0229.

MERCEDES-BENZ C300W, 2008, luxury multimedia edition, fully loaded, 10,900 miles, pewter exterior, black interior, 7" retractable navigation system, DVD player, 6-disc changer, automatic, \$41,200.619-591-8950.

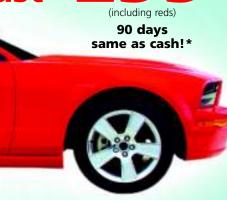
MERCURY SABLE WAGON, 1997, 3.0L, V6, fully equipped, cassette, roof rack, 3rd seat, runs, looks, and drives excel-lently, \$3150. Owner will help finance. 610,996,0770

SUBARU WRX IMPREZA TR, 2006 garaged, 44K freeway miles, super clean, 1 adult owner, stock 2006 STI wing, Greddy-type S blow off valve, \$19,000. 760-855-9870.

A UTOMOTIVE



Auto paint sale! Any color just



Bronze auto paint package includes: 1-year warranty, masking, hand sanding for adhesion and 100% acrylic polyurethane euro paint. Offer expires 8/16/08. Must bring in ad to redeem offer. Excludes pearls, factory paint, bodywork, replacement parts and extra prep. Plus tax and \$15 Environmental compliance charge. Trucks, vans, sport/utility vehicles and some colors slightly higher. Must show coupon at time of estimate to receive discount.





Chula Vista • 951 Broadway • 888-261-9305 El Cajon • 1002 W. Main • 888-261-9363 Escondido • 1002 W. Mission • 888-262-2271 National City • 111 National City Blvd. • 888-262-2302 Oceanside • 2027 Oceanside Blvd. • 888-262-8917 University Heights • 2519 El Cajon Blvd. • 888-262-9082 Sports Arena • 3820 Rosecrans St. • 888-262-9085

Mon.-Fri. 7:30 am-6 pm Sat. 8 am-noon

We accept AmEx, Discover, Mastercard and Visa.

www.carpainting.com

99

2008 Julie Larson, Dist. by Creators Syndicate, Inc. 5/29 thedinetteset.com SOMEONE ELSES THEY MUST I GUESS THE TIP IS STILL ON HAVE CHANGED HONEST THING THE TABLE. SHIFTS AND to do is just FORGOTTEN LEAVE IT FOR WHOEVER'S COMMA SERVE US. ABOUT IT. Scally Wag's SEAFOOD NIGHT Hush Puppies, guid, Bottom Feeder Combo Ô Pił

SETTEE and club chair, Ethan Allen, ex-cellent condition, \$400/best. 619-593-6334.

M iscellaneous FOR SALE

PLACE ADS IN THE READER by call-ing619-235-8200, 8:30am to 5:00pm, Monday through Friday. Deadline: 5pm Tuesday

AQUARIUMS/STANDS. 120, 70, 40, 30 and 25 gallon. Can use for reptiles. All in excellent condition, \$25-\$120. 619-461-

BARBECUE GRILLER with propane tank, dual burner, cart, \$15. 619-301-7639. duai burner, cart, stb. 619-301-7639. BED\$ A PILLOWTOP MATTRESS Box Set. New in plastic with warranty. Queen \$169. King \$239. Credit cards accepted. Can deliver. 800-464-6420. North County, 800-464-6490.

BOOTS, size 10, for work, steel toed, trac black, worn only once, \$15 619-301-7639

CEMETERY PLOTS at El Camino Memo-rial Park in Madonna Lawn section. Single and 2 adjacent plots available. List price \$5030, asking \$3990 each. Peter, 760-753-3794 \$5030, as 753-3794.

COATS, 2 Norm Thompson, sheepskin ol lined, male/female, get them before big chill, \$40 each. 858-273-6129. DANCING SHOES for ballroom, salsa or jitterbug, black, size 9, new condition. New over \$65. Now \$20. Spring Valley

DECORATIVE HANGING LAMP shade for kitchen or dining room \$55. Casio CT395 keyboard, great condition \$70. 619-295-

DENTAL/MEDICAL/TATOO chair, Auto Clave, and procedure light, light gray, Belmont X-Caliber, hydraulic, used only 8 months, excellent condition, asking \$1950. Procedure light, \$1250. 858-337-2158

c100. INDIAN JEWELRY, vintage silver bracelets, rings, pins, bolos, beaded belts, \$10 and \$20, 2 harmonicas, \$10 and \$25. Books, \$5+. Suede vest, \$20. 619-297-7636.

JACUZZI BUBBLE SPA for the bathtub

JACUZLI BUBBLE SPA for the bathtub, make your bathtub into a jacuzzi, great for arthritis, swollen and sore feet, new, still in box, \$65. 619-466-8663. KNICK-KNACKS, Furniture, clothes, shoes, lots more. 7/14/08-8/12/08. 4184 lowa Street, #3, 92104. Call first! 619-284-2648

2048. LAWN MOWER, 6.5hp, excellent, \$85. Baseball cards, 200, \$45. Open 13' fish-ing boat, fiberglass, trailer, motor, \$675. Shower chair, toilet, \$25. Hot Wheel cars, 35 cents each. 858-581-1869.

LINENS. Large quantity nice, clean sheets, pillow cases, towels, \$20. 619-MINERAL COLLECTION. Cabs. slabs. cutting rough, crystals including Herkiker diamonds, local specimens, unusual tum-bled, much more. Knife collection, old Kershaws, Schrade, IXLs, others. 619-260-8482.

MOVING SALE, Aquarium/stand, refriger-ator, washer/dryer, freezer, dishwasher, microwave. TVs/stands, stereo, beds, daybed, dressers, recliner coffee/end, dining table/chairs, vacuum, bikes 619-670-7821.

MOVING SALE. Living room sofas, end tables, 2 TVs, bedroom sets, kitchen table and chairs, china hutch, small desks, much more. 858-272-5126 or 619-583-

OIL PAINTING, large, signed, detailed lighthouse on ocean, \$10. 619-269-1153.

PATIO TABLE, concrete, seats 6, high grade, your choice of tile installed, all weather, \$300. Credit cards accepted. 760-250-7055.

POOL PUMP FILTER grids Hayward, \$10 each, \$65 all. Used once, like new. 619-

PRESSURE COOKER for canning, large, 18 quart, \$50. Train, older Marx, includes transformers, track, cars, engines, \$50. Train magazines, LGB Telegram, De-pesche, \$1 each. 619-282-9581.



San Diego Reader July 31, , 2008 157

condition, great for hauling gear and peo-ple, engine type 357cc, 4-stroke single, asking \$3200. 619-694-7874.

Davidson enclosed trailer, invested be-tween \$50,000-\$60,000. Trade, car, cash, motorhome, 928-210-5489.

HONDA CB-750, 1980, salvage title, pis-ton damage, \$675 or will part out engine, frame, and all accessories. Douglas, 619-232-2020.

SUZUKI GSX-R600, 2006. Silver/white, 12,000 miles. New Yoshimura R-55. Main-tenance records. Pink slip. Great condi-tion. Free icon tank bag, bike cover, \$7250/best, 619-402-8500.

MOTORCYCLE REPAIRS! Mobile service. MOTORCYCLE REPAIRS! Mobile service. We come to your home or office. Tune-ups, oil changes, brakes, much more. Honda, Kawasaki, Suzuki, Yamaha. Credit cards accepted, low prices. House Calls Motorcycle Repair, 800-481-6531. www.housecallsmotorcyclerepair.com.



TOYOTA CELICA GT, 2003, 109K highway miles, good condition, no issues, adult driven Sirius satellite radio, custom 36mpg, dark blue, leather seats, 358-922-9900.

VOLVO 850, 1995, \$500 down drives you away. Buy here, pay here. VIN 096837. A als, 760-633-35

VolVO 850, 1996, \$1000 down drives you away. Buy here, pay here. VIN 240990. A Plus Rentals, 760-633-3552. VIN Vol.Vo S80, 1999, \$1000 down drives you away. Buy here, pay here. VIN 026596. A Plus Rentals, 760-633-3552. Volvo V70, 2000, \$1000 down drives you away. Buy here, pay here. VIN 676291. A Plus Rentals, 760-633-3552. VW BEETLE, 1968, 2-door sedan, well maintained, exterior paint and mechanics in excellent condition, \$10,500/best. Call 619-262-1004.

619-262-1004. W JETTA GLS, 2001, blue with gray inte-rior, great condition, 30-mpg, 4 cylinder, 5-speed manual, loaded, power, sun-roof/moonroof, 6-disc CD, air bags, \$5500. 760-315-1198. WANTED: PORSCHE 356, any model

any condition, running or not, projects OK, lost titles. Cash same day. Call now, let's talk. Jay, 714-308-6100.

\$500! POLICE IMPOUNDS. Cars, trucks, SUVs from \$500! Hondas, Chevys, Jeeps, Toyotas, Nissans and more! For listings and information, call 800-495listings and 0660 xC664.

AUTOMOTIVE

AUTOMOTIVE TRUCKS / VANS /

S U V s

PLACE ADS IN THE READER by call-ing619-235-8200, 8:30am to 5:00pm, Monday through Friday. Deadline: 5pm

CADILLAC ESCALADE, 2002, \$14,000, fully loaded, extra clean, TVs, towing fully loaded, extra clean, TVs, towing package. VIN 111085. A Plus Rentals, CHEVY SILVERADO, 2001, \$1000 down

VIN drives you away. Buy here, pay here. 134503. A Plus Rentals, 760-633-3552 **DODGE CARAVAN,** 1994, runs well, seats 8, 6 cylinder, \$1650. 619-696-5313. c, o cymruer, p root. b19-696-5313.
 DOGE VAN, 1995. Runs great. Auto. 6 cylinder, window van. \$1775, 619-696-5313.

FORD F-150, 1999, 4x4, 5,4, V-8, red step side, great condition, bed liner, tow package, power windows/doors, Sirius satellite radio, gray cloth, \$6500. 619-270-7001.

FORD F-150 XLT, 2004. Like new. White. Loaded. Warrantied. Transferable service contract. New tires. 27,750 miles. \$18,000. 619-460-2312.

FORD F-150 SUPERCREW, 2001, 4x4, great truck runs great 5.4L engine .37" great truck, runs great, 5.4L engine, 37" BFG tires, custom wheels, bed extender, Pro Comp lift kit, clean, \$13,000/best. 619-572-5671.

FORD RANGER, 2000, \$1000 down drives you away. Buy here, pay here. VIN B80181. A Plus Rentals, 760-633-3552. ForD RANGER, 2000, \$1000 down drives you away. Buy here, pay here VIN B63847. A Plus Rentals, 760-633-

ForD RANGER, 2001, \$1000 down drives you away. Buy here, pay here. VIN B25904. A Plus Rentals, 760-633-3552. FORD RANGER, 1980, dependable, priced right, excellent on gas, single owner, registered as nonperational, cur-rent smog, V-4, 131,373 miles, new up-holstery, no accidents. \$1800. 619-284-6358.

HUMMER H2, 2003, \$25,000, fully loaded, towing package, super clean. VIN 123845. A Plus Rentals, 760-633-

NISSAN FRONTIER, 1998, \$1000 down drives you away. Buy here, pay here. VIN 367590. A Plus Rentals, 760-633-3552. TOYOTA 4RUNNER, 2005, 4-wheel drive new snow and mud tires, excellent me-chanical condition, exterior galactic gray, light gray interior, tow package, 52K miles, \$17,800. 858-922-8752.

WANTED: 1980-1992 Toyota/Nissan pickup, automatic, low-to-average miles, good condition. Call John, 619-306-1910.

AUTOMOTIVE CLASSIC / CUSTOM CARS

PLACE ADS IN THE READER by call-

Monday throughFriday. Deadline: 5pm Dodge Dakota, 1990, convertible, rebuilt 5.9 (360) Magnum, Mustang Bulli wheels, 3.73:1 Posi, Rhino lined bed, Tonneau roller cover, wired for Sirius Sportster, \$12,500/best. 760-4/2,120

MERCEDES-BENZ 280 SE 4.5. 1972. classic, low mileage, no rust, body and paint beautiful condition, original engine, no accidents, in storage several years,

accidents, 500. 602-620 PLYMOUTH SCAMP VALIANT, 1971, 2door hardtop, 318 V-8 Torque-Flite auto-matic transmission, power steering, full gauge instrumentation, factory solid state am radio, Rallye wheels, \$6500. 619-287-2548. AUTOMOTIVE **RV**s

GRILLE, Billet for 2006 Nissan 350Z, new, still in box, \$75. 760-736-4979. still in box, \$/5. /60-/36-49/9. RACING FUEL, methanol, 50 gallon, \$250. 858-278-1048. TIRES plus wheel, 14" mounted on rim for Toyota pickup. Also set of 13" radials. \$25/best. 619-301-7639. PLACE ADS IN THE READER by call-ing619-235-8200, 8:30am to 5:00pm, Monday throughFriday. Deadline: 5pm

AIRSTREAM SAFARI SE LS. 2007 27 front bedroom, used 3 times, immaculate condition, wraparound windows, loaded. Sold originally for \$70,000; asking \$51,900. Eric, 619-504-4123.

MOTOR HOME, Pleasure Way, 2002, 29K

miles, 19-1/2', has all requirements, under Blue Book price, very good condition. 619-669-4931.

AUTOMOTIVE

PARTS

PLACE ADS IN THE READER by call-

EQUIPMENT TRAILER. 2-axle, \$1200 or

GENERATOR 4000 KW, Generack with AC-DC transformer, breakers, 12v batterv charger, remote starter, hour timer with only 78 hours, \$500. 619-758-8084.

619-235-8200, 8:30am to 5:00pm, onday throughFriday. Deadline: 5pm

CHAPARRAL CLASS A, 1990, 26', non-smokers, tinted windows, air bags, 454 Chevy, walk-around queen bed, clean, good tires, 97K miles, \$7000. 619-276-

PLACE ADS IN THE READER by calling619-235-8200, 8:30am to 5:00pm, Monday throughFriday. Deadline: 5pm

AUTOMOTIVE

SERVICES

GRILLE for 2004 Nissan Maxima, new

58-566-4231

HAS YOUR CAR BEEN TOWED? Need

WINDSHIELD REPAIR. Mobile service WINDSHIELD REPAIR. Mobile service: home/office. Repair your damaged windshield for the fraction of the cost of total replacement. Often, same day ser-vice. 619-277-9250. SanDiego-GlassMedics.com.

TREETNEY

Reader Coupons

619-235-3000

Window Tinting **Cracked windshield? AUTO SERVICE** We install all types of auto glass! TWISTED DREAMS RACING California legal. Windshield Replacement Taking care of your car when it comes our way Summer Special! 17 years' experience, certified & licensed \$149.95 installed No Navigatior Complete Car \$149 Bubbling Most automobiles. Must present coupo Oil Change Cooling System Safe \$15⁹⁵ Includes flush and refill Work Valid until 8/14/08. ^{\$}10⁰⁰ guaranteed! radiator (up to 1 gallon coolant). Special coolant extra. Most vehicles. **No Hidden Charges!** No ЗМ ____ Lifetime warranty Includes up to 4.5 qts. oil and Fade Brakes \$65⁹⁵ Serving all of new filter. Waste fee \$2. **5 STAR CUSTOMS** San Diego and Most cars. Parts and labor. Most cars. North County. 6690 Miramar Road • Evening appts. avail. APANESE 5839 Mission Gorge Rd. • Suite B • San Diego Off-Road Headlight Reconditioning • 24-hour "Tint"-Line 5803 El Caion Blvd. (West of College Ave.) 619-208-3981 Fabricating & We come to you! 1-888-486-9151 858-552-9292 Race Prep Mon.-Sat. 7 am-7 pm • Closed Sunday Residential Commercial

Save with Auto Coupons at SDReader.com

Here's a small sample to get your motor running!

Brake service from \$69



New brakes starting at \$69 per axle. Parts and labor. Most cars. Some cars may be higher. Call for details. Offer expires August 31, 2008. Expiration dates are renewed the last week of each month.

Discount Auto Repair ervicing all European, Asian and domestic vehicles

7629 Carroll Road, Miramar, 858-578-7500

Acme Tinting **\$10 off window tinting** Adams Import Smog check \$19.85 Advanced Auto Tech Catalytic converter \$95 ATEK Tune-up \$24.95 Audio Sport Tint 3 rear windows \$50 Autofab Off-Road Trucks 2 free Autofab hood pin kits California Motor Works & Tires Smog check \$13.95 Chris's Auto Repair Smog check \$15.75 Classic Sheepskin 10% off sheepskin seat covers Cliff Brown Automotive **\$10 off any service over \$50** Discount Auto Repair Brake service from \$69 Discount Transmission & Axles Free diagnostic road test European Coach Free diagnostic Factory Tire Automotive Service & Sales Premium oil change \$19.95 Five Star Customs Window tint \$199 General Auto Repair Smog Check \$14.95

10% off window tinting



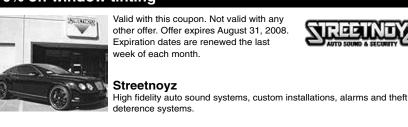
Valid with this coupon. Not valid with any other offer. Offer expires August 31, 2008 Expiration dates are renewed the last week of each month.

deterence systems.

Greenlight Honda Acura Care **\$100 off factory service** International Auto Service Brake service \$48 plus parts Japanese Auto Tech Oil change and tire rotation \$19.95 JPX Jesse's Mufflers & Brakes 20% off custom exhaust Kearny Mesa Acura & Honda Timing belt \$99 Kearny Mesa Smog Check **\$7 off smog check** Kleer-Vu \$20 off any windshield repair Line-X \$35 off spray-on truck bedliner Lutz Tire & Auto Repair Free bumper-to-bumper diagnostic Mission Gorge Auto Rebuilt engines \$899 Mission Village Auto Care **\$10 off computerized alignment** Motor Machine & Supply \$50 off any engine work Nexus Auto Repair 15% off any service Oasis Trade Window Tint 10% off window tinting PAW Auto Service \$25 off 30K/60K/90K service Precision Motors Air conditioning service from \$12.95

Reader Coupons

619-235-3000



3450-A Kurtz Street, San Diego, 619-260-1747

Precision Tune Auto Care **<u>\$19.95 oil change</u>** Quick Smog \$12 off any Test Only San Diego Car Stereo Up to \$250 instant rebate San Diego Smog & Auto Repair **\$10 off any service** San Diego Smog Test Only **<u>\$10 off smog check</u>** Sea Sides Classic Tinting Window Tint \$59 Smog Clinic \$26.75 Test Only smog special Southern California Transmission **\$100 off automatic** transmission rebuild Streetnoyz Auto Sound & Security 10% off window tint Suspension Plus Full Service Center One free shock or strut Thao Automotive Smog check \$16.75 Value Transmission \$75 off clutch special Welltech Auto Service Smog check \$15.75 West Coast Auto Glass \$149.95 windshield replacement Xpert Paint & Body \$50 off bumper repair



Geoffrey had us interested in his phrase "intellectual delinquents."

By John Brizzolara

This last weekend of the month I find myself in Mission Valley, poolside at the Promenade luxury-resort condominiums, across the street from Sears. I'm with my son at the home of my high school friend Dr. Jon Venn, for the past year a professor of psychology at San Diego State. He has extended to me an open invitation to bring my son down from San Marcos for a day of swimming and billiards, if we get to it. We don't.

My son Geoffrey will be 31 at the end of this summer, and he has a diagnosis of schizophrenia. It has taken two months to get him to leave his apartment, which, aside from the mess, looks the way I imagine Mission Control in Houston might look, with its banks of computers on which he and his friends (along with several other regulars in various countries) will play ongoing role-playing games like Warhammer or World of Warcraft. Except for periodic sorties to Vons or Fry's, Geoff doesn't get out much.

We are at one of two pools at the Promenade, and it is a perfect day for it. Small children and attractive college girls provide pleasing scenery, and the condominium grounds are architecturally reminiscent of Spain, as if it were a northern archipelago of Balboa Park. If you live here or a similar place in Mission Valley, you are fortunate. If not, you should immediately seek out more fortunate friends.

After a shower in the gym, we took a dip, and soon my son was resuming his conversation with Jon, a serious-looking, bearded ectomorph with much wit sheathed in sober, genuine interest. Geoffrey had both the doctor and me interested in his phrase "intellectual delinquents," which I suspect he may have been directing toward me, maybe Jon as well, and just as easily, neither of us. Trying to establish more about his intriguing phrase (which he would reverse to "delinquent intellectuals" or "delinquent intellect") was rough going, slogging as we were through computer jargon and references to vampires. The two words were close to the phrase Jon and I and some confederates at Carmel High in Mundelein, Illinois, were labeled by the priests and brothers there: hard-core apathetics.

Later in the day, Jon's wife, Carleen, joined us, an attractive intellectual (with no evidence of the delinquent about her) whom Geoffrey complimented obliquely by telling her she reminded him of certain female members of my old workshop group, when he was a child. This group comprised aspiring science-fiction writers, some of whom have gone on to be quite famous in the field. Carleen indicated that she was indeed an author and currently working on a book on health care, her field at SDSU. Her very presence reassured me that health care in this country need not be hopeless. She had no way of knowing, but being promoted from a leading authority on public health to science-fiction writer was high praise indeed from Geoffrey.

The word bittersweet occurs as I write this, thinking of the afternoon with an old (as old as I am) and abiding friend, his charming wife, and my son with his good soul and troubled mind, the late afternoon light as it only appears in San Diego and in summer, winking on the surface of the pool like molten, burnished coins and reflected onto the palm fronds overhead. At one time, an occasion like this would accompany the presence of some appropriate alcoholic drink; and it is reassuring to know that it occurred to me only in passing and with a brief laugh to myself when someone brought hamburgers and hot dogs down to the barbecue grill in a Crown Royal carton.

At one point Jon said something about how gratifying it can be to have chil-



dren, and I could tell he was missing his own daughter, grown now, a literature major and living in Canada. He's a good father. Instead of immediately agreeing with him or saying anything at all, I felt a greasy wave of self-loathing that I had been concerned about my son's behavior. That he might embarrass me or them? Certainly my friends were far too generous for that, but apparently not me. And I had allowed this shadow into one of those perfect days God is so conservative about handing out.

Of all my suggestions — as bizarre as some of them may have been over the years — as to what to do with your weekends, this may easily be the best. Spend them with your friends and children...yours, if you've got 'em, but don't be fussy.

To get an online version of this column, go to sdreader.com. You can print it, email it to friends, and get other T.G.I.F. columns or other stories by John Brizzolara.





Bankruptcy, Fast Divorce We answer the phone - Talk to a lawyer - 8am-7pm. Low down payments - Same day filing - Free advice. FixedPriceLegalCenters.com (sm). 800-993-1998.

Is The IRS After You? Help Is At www.mtax.com. Or call Curtis McAllaster, CPA, 619-523-3098

Bankruptcy: 7, 11, 13 Sound advice; reasonable fee. Payment plans available. C. McLaughlin, Esq. Call 760-431-2200, 619-295-1300.

Divorce- \$75 to Start! Low cost divorce, bankruptcy, and much more! Call 1-866-607-4199 or visit www.cparalegal.com.

Divorce Fast & Easy Lowest Cost - \$145 and Up We do all paperwork & file with the Court. Over 30 years in business - Reg.LDA#54. Hotline: 619-454-0994.

Simple Divorce 10% discount! Custody, support, trust and more! www.Legal-Choices.com, #7. 619-593-6000.

Arrested for DUI or Drugs? Help For as Little as \$1500 Experienced attorney Christian McLaughlin makes the Difference! Free consult. 760-431-2200, 619-295-1300.

Bankruptcy Chapters 7 & 13 \$300 starts immediate attorney representation. All work done. Over 10 years experience. Debt Relief Agency. 619-321-8125; 858-335-1162.

Serious Injury or Wrongful Death Attorney 29 years of experience. Free consultation. Law Offices Of Catherine Kroger-Diamond, San Diego and North County. 760-931-2900.

European Therapist First-time client special! 20 years experience. I will massage and re-shape you into a perfect moment. Outcalls available. Lic-006369. Mireille, 619-994-9147.

BrianHowarthPhotography.com Affordable Wedding Photography & Ministerial Make it memorable! Professional team with 30 years

Experience in wedding business covers your event. Call Brian or Valerie at 619-583-0411.

Divorce/Support/Custody Defend your rights! Flat fee for uncontested divorce. C. McLaughlin, Esq. Call 760-431-2200 or 619-295-1300.

Bankruptcy-Ch7 \$785 Complete Includes court costs, credit reports. stacylawfirm.net. 619-253-8141, 858-677-9798. Debt relief agency. Free consultation, 24/7. Payment plans available. Attorney Roger Stacy.

Facing A Foreclosure File 7 or 13 Bankruptcy Save your home or wipe out negative equity. Free consultation with experienced bankruptcy attorney. 619-321-8125 or 858-335-1162.

Bankruptcy-Low Payment Starts Experienced Attorney. Stop all collections. Debt Relief Agency. Raymond Schimmel, Esq., 619-275-1250.

Drunk Driving? Avoid Court! We handle DUI cases exclusively. Free consultation.

Keep your license and your dignity. Examples: .12-not guilty, .16-not guilty, .10-case dismissed. Law Offices of James Bickford. 888-421-4585.

Problem With Car Purchase? Have you bought a car with undisclosed accidents or History from a car dealer? Call 858-405-6766.

Aggressive Family Lawyer 10+ years experience in family law with divorce, custody, support and property. 619-542-1100.

Traffic Tickets?

31,

Reade

Don't pay. Hire an attorney to fight for \$100. No attorney fee if ticket not dismissed.

Contact Law Offices of Elizabeth Aronson, 7 760-685-8242 or SanDiegoTrafficTickets.com A Academy of Bartending

Learn behind a real bar. Make money and new friends. Have fun! 1-2 week course. Weekend classes available. Have fun! 1-2 week course. Weekend classes available. Part/full time job placement assistance. 619-296-0600.

Simple Divorce \$149 Affordable rates, MC/Visa/Amex, Se habla espanol. 160 Joseph B. Carnohan, Attorney. 760-722-8200

nside Page Medical Marijuana

CAS most professional, friendly,

inarijuara evaluation.

dassagent

Locations In:

San Diego, Los Angeles area Palm Springe, Long Seech

compassionate and knowledgeable staff.

Low cost, 100% confidential medical

Reliable patient vertication 34/7, 365

Contrary to common belief, there is no

ACC

government list, or database, All

evaluations are 100% confidential

Do You Suffer From?

AIDS/HIV, Glaucoma, Cancer, Anxiety, Multiple Sclerosis, Chronic Pain, Depression, Insomnia, Migraines, Nausea, Muscle Spasms, Seizures, Arthritis, PTSD, Anorexia, and many other conditions for which Marijuana has been reported to provide relief.



Chapter 7 Bankruptcy (Liquidation)

Eliminate credit cards, lawsuits, repos, Chapter 13 bankruptcy (consolidation) immediately stops foreclosure and creditor action. Ch. 13 allows for 3-5 year easy monthly court payments to pay back mortgage arrears, credit cards, car loans, taxes, etc. Call today for free Attorney consult. 1-888-486-9157.

SanDiego-DUI-Lawyer.com Affordable, aggressive, experienced. 619-334-7661

DUI? Free consultation! 888-421-4585 We handle DUI cases exclusively. Avoid court! Para Espanol, 888-416-2577. Payment plans available.

Bankruptcy-Ch. 7, 11 & 13. Free consultation. Honest advice from an attorney A debt relief agency. Avatarlegal.com, 858-793-9880.

Bankruptcy Done Right! \$750+ Protect assets/Stop debt collections/Mortgage relief. Debt Relief Law Center - 800-803-7310. bklawca.com Free attorney consult/ Payment plans. Se habla espanol.

Auto Title Loan/Bad Credit OK Keep the car, get the cash. \$2600/up. Loan pursuant To CFL license. SoCal Auto Loan, 800-896-9062.

\$787 Bankruptcy/Foreclosure Losing your home? Drowning in debt? Top rated Attorney can help you! Limited time offer. Gersten Law Group, 619-330-5663. egersten@gerstenlawgroup.com.

Stop Foreclosures-File Ch.13 Consolidate Back Mortgage/Bills Debt Relief Agency, 619-889-5585 or 858-335-1162.

Hypnosis-All Issues! Smoking, weight, habits. Lori (CHT), 858-457-2100.

Accident? Injury? Get the compensation you deserve. Law Offices of Robert T. Pope, 619-233-3893.

Solid DUI/Criminal Defense Highly experienced attorney. Low fees. Payment plans. Call now! 619-227-1802 or visit www.AlanSpears.com.

Telephone Expert Business/residential. Replaces AT&T. 24 years. Phone jacks, roommates, fax, computer networking, cable TV. Professional, honest, dependable. Lic.-807261. 858-452-7413. 619-992-7413.

Bankruptcy Attorney Stop Lawsuits & Repossessions Still Qualify Under New Laws

Free consult. Call and speak to attorney. Debt Relief Agency, 619-889-5585; 858-335-1162.

Credit Card Debt? Late on payments? Debt Relief Network can help. Call 1-800-642-9382 or visit us at www.debtreliefnetwork.com.

Non-Fluid Inch Loss! Body Contour Wrap Special

Tones, tightens, improves skin texture, heals skin. \$52/one wrap (regularly \$65). \$130/three wraps (\$180) for women and men of all ages. No synthetics, animal fats, waxes, glycolic acids. Fanie botanical products. Waxing, facials, back waxing, microdermabrasion. Karie Hayden & Associates, 858-581-3321. KarieHayden.net.

Bankruptcy- Ch 7, 13, & DUI Free consult. Helping San Diegans for over 20 years A debt relief agency. Richard Miller, 858-272-6350.

Got Warrants? 619-840-4566. DUI/DV probation violations, our attorneys can help! warrantdoctor@gmail.com, 619-840-4566. Call today!

Need a Phone #? Voice Mail \$8.95/month. 800-309-8888 www.voicemaildepot.com.

Aggressive DUI Attorney 888-421-4585 Please call for a free consultation with an Attorney, Habla Espanol, 888-416-2577 Law Offices of James Bickford, 888-421-4585

Sexually harassed at work? Hostile work environment? Discriminated against? Wrongful termination? Unpaid overtime?

We are experienced in representing employees and will vigorously defend your rights. All too often, employees will ignore an unfair work situation, or will wait too long after a violation has occurred. Don't let this happen to you! Call attorney Michael Sousa today for a free, no obligation consultation. 858-453-6122 x15.

www.myjewelry4cash.com www.topcash4u.com 619-235-6555

Mitch Mehdy

One of San Diego's

best and most

experienced

DMV-only

attorneys

-

San Diego's Best DUI-DMV & Ticket Attorneys

Stay out of jail. Avoid court. Clean your record. Save your license. Keep your job.

Learn about your rights at: www.MRDUI.com Call now: 619-563-1010 E-mail: mrdui@mrdui.com 3990 Ninth Ave., San Diego, CA 92103 (in Hillcrest near 163 and Washington) Even nice people get arrested for drunk driving.

POPCO-Father's Rights The original and still the best. 800-963-DADS(3237).

Stop IRS/State Cold!

Ex-IRS officer. Contact: D.M. Wayne, Tax Consultant. 858-614-0223. taxsolutionservices.com.

Counseling/ Dream Study. Curious? Unsettled dreams? Training needs? Jungian dreamwork for life issues transitions, growth. \$40/ 1 hour session. \$10/ 2 hour group. Paul Hartsuyker, MFT-15896. 619-269-8939.

www.sandiegotherapists.com/hartsuyker.html

Auto Accident? Other Injury? Free advice! Injury Law Center, 619-787-012

Lose Inches In Hours: Iono-Trim 20% discount with mention of this ad. Sean Daneshmand, M.D., FACOG. Ageless & Beautiful Medical Spa, 1080 University Ave. Suite H-201, San Diego 92103. 619-299-0264.

Employee Rights Attorneys The Tyson brothers represent victims of employer Harassment, wrongful termination, discrimination, and Wage violations. Tyson & Tyson, LLP. 619-702-8350.

New/Used Windows XP Laptops Dell Vostro-\$588 IBM T41-\$488 Dell D610-\$488 Desktop-\$225 www.laptopspluswest.com, 619-393-6628

M.A. in Leadership **Organizational Studies**

Azusa Pacific University's Master of Arts in Leadership and Organizational Studies (MLOS). Complete your master's degree in 20 months. Traditional classroom or online format. Call 877-210-8839 or visit www.apu.edu/sandiego. E-mail: sandiego@apu.edu. Azusa Pacific University, San Diego Regional Center, 5353 Mission Center Road, Suite 300, San Diego, CA 92108.

Merry Maids Housecleaning

South Coastal/All South Areas Reliable. Bonded. Insured. Customized services. Weekly. Bi-weekly. Monthly. One time. BBB member. Satisfaction guaranteed. 619-336-1612. 619-226-2621. Relax. It's done

Affordable, Gentle Dentist Visit SpectrumDentalInc.com or call 858-277-5737

IRS Problems Got You Down?

27 years IRS experience. Income tax and collection problems. Audit and appeals representation. Tax return preparation. Current/unfiled returns. Free consultation. Reasonable rates. BJ Tax Consulting, 858-530-1675.

Divorce/Custody/Support Contact Happ Law Group P.C. 619

No Recovery Means No Fee! Contingency Attorney Can Help

If you're injured in an accident, mistreated at work or need help with a contract or insurance claim. We'll fight for you! We're experienced and aggressive. Consultation is free, so what have you got to lose? Don't hesitate, call us today at 619-239-1300. Email morris@sandiegolegal.com. Morris and Associates. Personal Injury, Sexual Harassment, Business Litigation

Divorce Is Never Easy.

Mediation Should Be. Work out a settlement with your spouse or partner rather than spending a fortune fighting in court. See: www.afairway.com. A Fair Way Mediation Center. 619-702-9174.

Bankruptcy - Low As \$750 Free Consult-Al Gross, Esq. 888-FAIR-PRICE (888-324-7774) AskAttorneyAl.com.

Drunk Driving Attorney

Felonies/misdemeanors/DMV/drugs. 619-338-9500. J. D'Ambrosio. Free consult. Visa/MC/Amex.

Don't Let IRS Ruin Your Life! Peace of mind is within your reach! Call 1-877-FIXABLE (24 hours) for recorded

message and free report. Attorney Dave Greenberg, 858-292-0700, www.fixabletax.com.

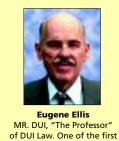
Car Accident Victims!

25% fee. Why pay more? Demanski & Ellis, Attorneys at Law, 619-338-9880.

Mission Valley Mortgage Buy- Sell- Refinance. Mobile notary service. Misty O'Donnell 619-204-4324.

Skydive San Diego - Save \$30!

Enjoy the biggest thrill of your lifetime! Weekday Skydive Special, Monday-Friday, excluding holidays. Must be 18 & weigh less than 230 pounds. Other Conditions may apply. San Diego's oldest, largest operation. www.SkyDiveSanDiego.com. 619-216-8416.



and most experienced

DUI-only attorneys in San

Diego. Exclusively DUI!

_ _ _ _ _ _ _ _