

SAN DIEGO WEEKLY

VOLUME 37 / NUMBER 28

JULY 10, 2008

# Reader

**She told me  
my arm was gone.**

**We argued  
about that for  
five minutes.**

**I mean,  
I could feel it.**

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Crackdown at Tijuana's "Little Devil" Social Hall – See Blurt



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Evelyn Mones

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Barbara Christensen

#### OPERATIONS DIRECTOR

Howard Rosen

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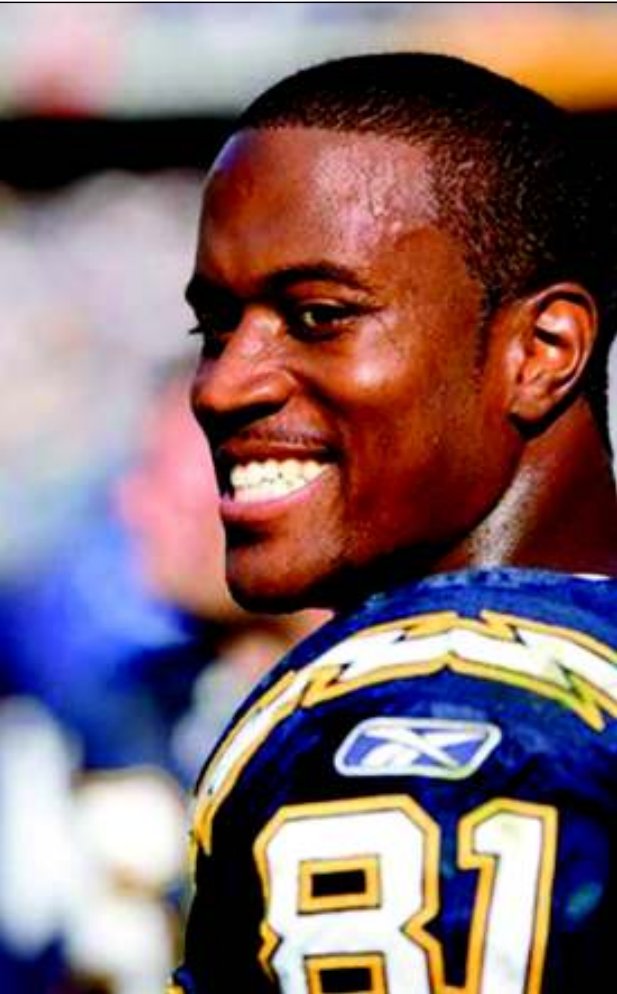
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(OAC)



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# “The sashimi melted in my mouth.”

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Restaurant Name	Cuisine Type	Neighborhood	Price	Rating/Review	User Reviews
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7. 94th Aero Squadron	American	Kearny Mesa 858-560-6771	\$14 - \$33		1 user review
8. Abbey's Real Texas BBQ — Kearny Mesa + WHAT THE CHEF EATS	Barbeque	Kearny Mesa 858-279-7427	\$6 - \$19		Write a review

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Put your cursor over “Food & Drink” in the top navigation bar.

Click on “Search Restaurants” in the handy pull-down.

Find your favorite restaurants by name, cuisine, neighborhood.

Click on “Write a review” in the right-hand column.





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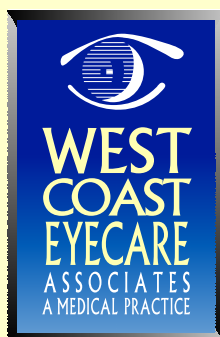
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Dr. Barry Katzman voted one of San Diego's "Top Doctors"  
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## BREAKING NEWS

## Poseidon adventures "Jerry Brown



Barack Obama

2010," the campaign committee expected to fund the likely gubernatorial bid of the Democratic state attorney general, collected \$5000 from Stamford, Connecticut-based Poseidon Resources on June 18. That was just two weeks after the narrow June primary victory of San Diego mayor **Jerry Sanders**, another Poseidon favorite, who received maximum \$320 contributions from various employees of the firm after backing Poseidon's North County desalination plant. (Sanders consultant **Tom Shepard** also has worked for Poseidon.) A report by Brown's office released two weeks before the election cleared Sanders of wrongdoing in the infamous Sunroad overheight building scandal and attacked city attorney and fellow Democrat **Mike Aguirre**, a Sanders nemesis, for making the charges. Another June 18 donation to Brown: \$6000 from **Byron Georgiou**, a longtime Brown intimate who later was associated with the firm of currently imprisoned superlawyer **Bill Lerach**. Georgiou once ran for Congress here; he now uses a Las Vegas address. ... Big happening downtown: a morning fund-raiser this Sunday for Democratic presidential candidate **Barack Obama** at the El Cortez. According to the campaign's San Diego website, tickets to a VIP Breakfast with Obama cost \$14,250 a person. The general reception is a bit less, at \$2300. The website says it's likely to be Obama's last visit to San Diego before Election Day. ... Jerry Sanders PR man **Fred Sainz**, whose take-no-prisoners style earned him the silent enmity of many members of the local media, has engineered a cushy landing for himself at the Denver, Colorado-based Gill Foundation, dedicated to advancing the lesbian and gay agenda as well as various liberal causes, such as **Norman Lear's** People for the American Way and NARAL. According to its latest IRS filing, made last August, the group — founded by computer-industry figure **Tim Gill** — is worth \$193 million.

Sainz, who made his way up through the ranks of the national Republican Party and was a protégé of ex-GOP mayor **Susan Golding**, presumably will concentrate on Gill's sister political arm, Gill Action Fund, which has a special tax status allowing it to collect funds earmarked for political activities. According to the *Denver Post*, as of last August the Gill fund provided 38 percent of the funding for campaigns opposing same-sex-marriage bans in eight states. The group is expected to play a major role in the battle against Proposition 8, the measure on November's ballot to outlaw gay marriage in California.

**Saint Patrick's in July** Is San Diego due for a wave of undocumented Irish immigrants? With increasingly hard economic times on the Emerald Isle, officials there are predicting that 20,000 undocumented Irish will try to get into America during the next year; 50,000 illegal Irish aliens are already estimated to be in the country. Chicago is said to be the most hospitable destination for the incoming hordes.

**Brendan Magee** of the Chicago Irish Immigrant Support told the *Belfast Telegraph* that a Chicago city ordinance prohibits police from asking about immigration status. But **Bernadette Cashman** of Irish Outreach San Diego warned the paper's readers that San Diego is another matter. "It's a different outlook here because you cannot hide as you can in other parts of the country, because we're under the microscope, if you will." She added that "significant numbers" of the illegal immigrants she deals with come from Northern Ireland, with spouses attempting to follow their partners back to America. ... If it's not a good time to be illegally Irish in San Diego, it's another story for legal visitors from the Middle East. "Contrary to popular belief, increasing numbers of visitors from the region are continuing to travel to the US," says a recent press release from Hyatt Hotels Global. "With numerous popular tourist sites across the country, the US remains an ideal holiday spot for many Arab



Chicago/San Diego skylines

travelers, particularly among families and the younger generation." Among local Arab-only bargains: "Manchester Grand Hyatt San Diego, located in the Gaslamp Quarter's waterfront, offers guests a combination of family fun and savings including 25% discount on hotel rooms and free food for two kids that lasts until September 8." ... On a negative lodging industry note, the O'Reilly ETech convention, an event at which trendy computer applications are unveiled, is leaving San Diego for San Jose. This year's event, held in March at the bay-front Hyatt Regency, saw a falloff in attendance.

**Streaming Larry Smarr** UCSD's California Institute for Telecommunications and Information Technology, which spends a tidy chunk of its taxpayer-furnished budget on



Larry Smarr

public relations, has recently outdone itself, coming up with what it calls an "experiment in institutional lifecasting." What the heck is that? Well, actually, it's just an elaborate blog, called Calit2.Life, with Flickr streams and YouTube links "capturing the institute's previously unwritten history with stories that might not qualify yet for a long-form news release or feature article on the main Calit2 Web site." In a news release trumpeting the purported PR breakthrough, institute head **Larry Smarr** says the venture was undertaken because "in the age of social networking, we also need more informal ways to secure a larger share of the global attention stream."

— Matt Potter

**The Reader offers \$25 for news tips published in this column. Call our voice mail at 619-235-3000, ext. 440, or fax your tip to 619-231-0489.**

## Mad Men of San Diego

By Don Bauder

TV audiences are mad about *Mad Men*, a show about a Madison Avenue advertising agency in 1960. The second season

on the AMC cable network begins July 27, and you can buy designer fashions, calendars, cigarette lighters, and the like based on the show's repugnant characters, who drink and smoke to excess, philander, and are racist and sexist to boot. One critic thinks *Mad Men*, written by a producer of *The Sopranos*, goes too far characterizing the 1960s New York City ad business as full of "hard-drinking, womanizing, amoral slime buckets."

Full disclosure: I was in the advertising business in 1960, but in Chicago, not New York, and after four years went into the financial press. My older brother spent much of his career in Chicago ad agencies. Our parents and spouses never said we were amoral slime buckets, at least to our faces.

Read Don Bauder's Scam Diego blog every day! Go to **SDReader.com** and click on "Blogs" at top of page.

Contact Don Bauder at 619-546-8529 or **don.bauder@mac.com**

But when I see my brother, the conversation often drifts to some amoral slime bucket he knew in the advertising profession.



Phillips-Ramsey, 1961

In that spirit, I asked some veteran San Diegans about the local ad business in the 1960s. Were booze, tobacco, adultery, sexism, and treachery ubiquitous, as they supposedly were in New York at the time?

San Diego "was New York on a miniature scale," says Dick Brooks, who now teaches upper-level marketing at San

Diego State University. Brooks was president of the largest local ad agency, then named Phillips-Ramsey, from 1980 to 1995. "I had just come out of grad work with a master's in marketing in 1965. I had gone to work as a media planner-buyer. On my first day, I went to lunch with two media reps and the guy who was the media director at Phillips-Ramsey. I left that lunch so drunk that I had to sit in my office." One of the top officials of the agency "came back at 2:00 p.m., looked at me, and

said, 'Close your door. Don't say anything to anybody, and go home at 5:00 p.m.'"

Dave Nuffer worked in public relations at Cubic Corporation in the mid-1960s. Phillips-Ramsey was his agency, and in 1969 he went to work for the firm. "Everybody got drunk at lunch," recalls Nuffer.

continued on page 8

## Neal Obermeyer





## Troublemakers Unlisted

By Joe Deegan

**T**wo days before the June 3 election, Mary-Rose Consiglio and Tom Sherman emailed a group of candidates running for membership on the San Diego County Republican Party's Central Committee. "We are sure you have noticed," wrote the married couple, "the many and various slate mailers that...[list] candidates—and you were not included."



PHOTOGRAPH BY SAM HODGSON

Tony Krvaric

Consiglio's and Sherman's names were not on the slate mailers either, despite their being incumbents on the Central Committee. On Election Day, the pair lost their seats, although they will finish their current terms, which end in December.

In the latest election cycle, five incumbent Republican Central Committee members

mittee from the 66th District. "They were the activists who were doing things, the people with clout, and I'm guessing that the committee chairman was threatened by that." Sumrall says her name appeared on some of the slate mailers in her district, but not all.

Many Republicans and Democrats don't know that they can vote for some of their party's Central Committee members, or even that Central Committees run the Republican and Democratic parties locally. The committees perform a variety of functions, which include recruiting candidates, raising money, helping shape the party platform, registering voters, and supporting rallies for the party's candidates.

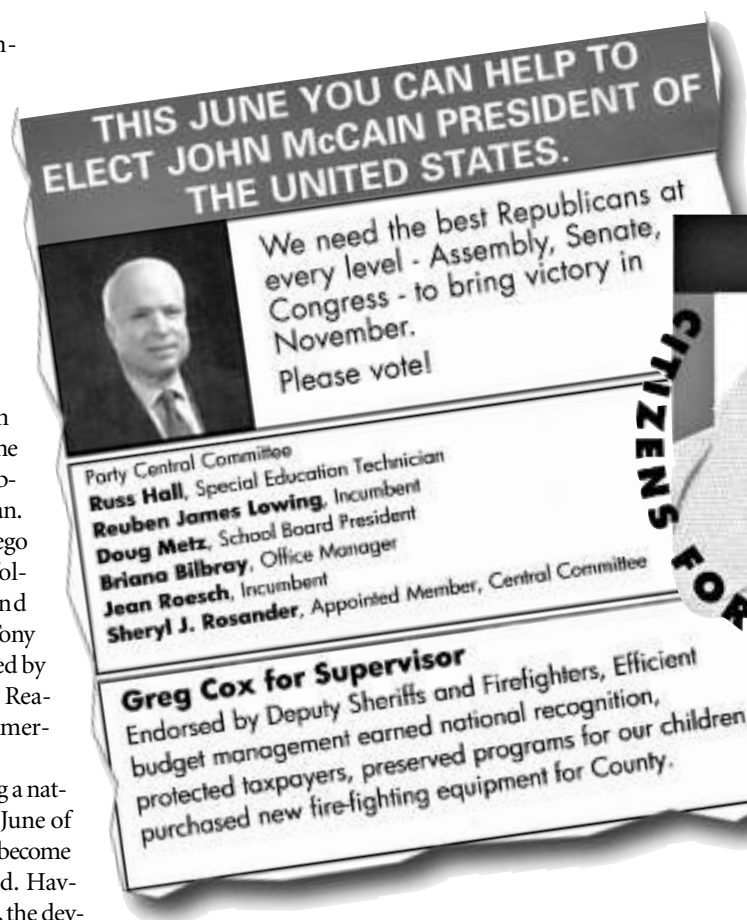
Membership on the San Diego County Republican Central Committee is divided into two groups. Ex officio members are appointed by Republican congressional, state assembly, and state senate officeholders or past candidates for the offices. The committee has 17 ex officio members. A second group of

committee reconsiders its bylaws and selects an executive board, including the party chairman.

Tony Krvaric is the current chairman of the San Diego County Republican Party. In spring 2007, he succeeded Ron Nehring, who became the California Republican Party chairman. The party's San Diego website says the following: "Born and raised in Sweden, Tony Krvaric was inspired by President Ronald Reagan to come to America...."

"After becoming a naturalized citizen in June of 2003, he decided to become politically involved. Having seen, first hand, the devastating effects of socialism in Sweden and the rest of Europe, he was determined to stand up for the traditional, conservative values that helped make America great."

In April, however, the online newspaper *Raw Story* claimed that Krvaric cofounded Fairlight, "a band of software crackers which later evolved into an international video and software piracy group." After that story appeared, Krvaric circulated an email explanation among Republican leaders. According to *Raw Story*, the explanation stated, "Apparently there is a hit piece



79th District slate mailer showing choices for Central Committee

but that he has difficulty tolerating dissent. They suspect the chairman is responsible for placing the lists of Central Committee candidates onto the slate mailers that went out before last month's election. For each of the eight state assembly districts, there were nine or more candidates. But the mailers printed six names, or complete district slates. It's easy to see how the three or more left off the list in each case feel targeted.

Krvaric did not reply to my phone message asking if he were behind the Central Committee lists on the slate mailers. Members of the committee's executive board haven't confessed to anything either, according to Laura Sumrall, who thinks her close association with Steve Francis made them "a little cautious" of targeting her completely. (She opposed the committee on its endorsement of Jerry Sanders over Francis for mayor of San Diego.) "But the discussion of the Central Committee lists happened in a silent meeting the executive board members will all deny," Sumrall tells me. "We have a mole who was sitting in the meeting outraged but kept his mouth shut and told us about it later. And a couple of them have slipped and said, 'But, you know, you can't have

no confusion about what they want done. They want everybody to get along and have the same idea and be on the same page. I can understand



that to a certain degree, but there has to be some discussion. I am vocal in my opinions, though mostly outside of meetings. But I don't think my views were anti anything."

When I asked Cowlshaw how long she's been a committee member, she was unsure. She volunteered at Republican headquarters before being elected for the first time. "I went there for many years without belonging to the committee," she says. "I guess I've been on it

people on the committee who cause trouble and aren't willing to work together."

Sumrall does not blame the targeting on ideological factions. "But I believe in free dialogue," she says. "And Central Committee members



Briana Bilbray

should not be selecting each other."

Camille Cowlshaw agrees, saying the targeting has resulted from a pure power play rather than factional purging. Cowlshaw is another incumbent Central Committee member who was not on the slate in her district. The slate prevailed on June 3.

"There are a few people," according to Cowlshaw, "who would like to control everything, including Tony Krvaric. They want to have no dissent,

now at least six years.

"I was terribly disappointed when my name was not on the list this time, because I felt I have worked really hard for the party," says Cowlshaw. "I've been involved in politics long enough to know that this kind of thing happens,

continued on page 10



San Diego County Republican Party headquarters

were defeated after not being listed on the slate mailers sent out in their state assembly districts. "The people who got thrown off were not the deadwood," says Laura Sumrall, who was reelected to the com-

members is elected in the general election by registered party members. There are six of them from each of San Diego County's eight state assembly districts. At the start of every two-year term, the

floating around on me, 'exposing' my wild high school teenage years."

Sources I spoke with on the San Diego County Republican Party's Central Committee said they like Krvaric

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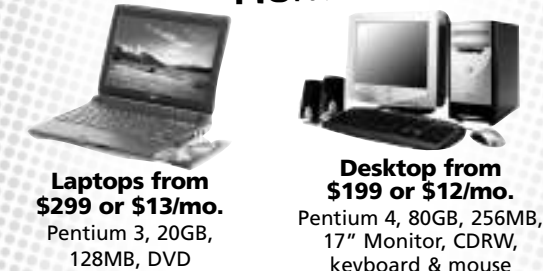
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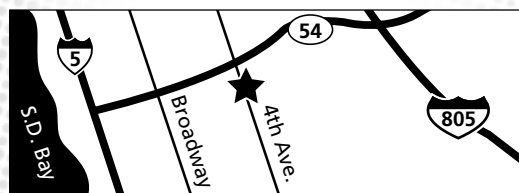
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## CITY LIGHTS

### San Diego mad men

continued from page 6

"You went to Lubach's [a now-defunct eatery on Harbor Drive, featuring yummy steak sandwiches and hamburgers] and had two martinis. Then you would go back and sober up and get your work done from 4:00 to 7:00 p.m. The womanizing was true, but amoral slime buckets? I don't think so."

Roger Conlee worked as a reporter in San Diego for the *Evening Tribune* from 1960 to 1966, then for the *Chicago Daily News* for three years before returning to San Diego to work for Phillips-Ramsey. "There was quite a bit of drinking in San Diego, but not as much as in Chicago," says Conlee, who observed the agency scene in both cities. "The favorite places were Lubach's and the Grant Grill, along with Mister A's. There was not a lot of womanizing that I observed. There was some for sure, but it was not as notorious as in Chicago

## CITY LIGHTS

and New York. Some guys were hustling PSA [Pacific Southwest Airlines] stewardesses, when there was a PSA." The legendary airline has long since disappeared.

"When I was made president of the agency, I was the first guy to have a Christmas party," recalls Brooks. "Before, so many in the office were hooked up with others that we couldn't have a Christmas party with spouses in attendance." All in all, "The lifestyle was pretty wacky. If you did today the things you did then, a woman would sue you or you would be thrown in jail on a DUI."

The history of San Diego advertising is intimately tied in with the history of the business community. Phillips-Ramsey was launched in 1928. By 1960, however, the leading ad agency was Barnes Chase. It was controlled by C. Arnholt Smith, the businessman/banker who ran the town in tandem with bookmaker John Alessio. This gave Barnes Chase some juicy accounts: Smith's bank, U.S.

## CITY LIGHTS

National; the tuna company that was part of his conglomerate, Westgate-California; and Alessio's Caliente gambling operation in Tijuana. Barnes Chase was run by a slick-talking, flashy-dressing adman named Norman Foster, who was a great public speaker and entertainer.

In second place in 1960 was Phillips-Ramsey. Its accounts in the decade included San Diego Gas & Electric, the former First National Bank, and the Convention & Visitors Bureau. As time went on, it picked up WD-40, the zoo, and Travelodge, then based in San Diego. "In the 1970s and 1980s we outstripped everybody by far," says Page Jones, who became chief executive in 1972. The agency picked up industrial accounts such as Ryan Aeronautical, Rohr, Hewlett-Packard, and parts of General Dynamics. Then it picked up developers in San Diego and Orange counties and opened offices in Phoenix and Los Angeles.

Another agency in the picture in the 1960s was Knoth & Meads, formed in 1959 by two marketing executives from radio and television. "We were going to have an agency based on broadcast, but our clients took us into other areas," says Dick Meads, now retired. The agency had the recruitment operations of General Dynamics and had Pearson Ford more than 30 years. C. Arnholt Smith wanted to buy the agency, says Meads. "Norm Foster suggested we not do it."

By the early 1970s, Smith's

## CITY LIGHTS

empire was coming asunder. The bank was seized, and the conglomerate went under. Alessio went to prison; later, Smith was sentenced to confinement too. Barnes Champ, the former Barnes Chase, was charged by a federal organized crime strike force with laundering Smith's political campaign contributions. In 1970, Jack Buchanan, who had been an executive vice president of Barnes Chase, launched an agency that wound up with accounts such as Mister A's restaurant, the watering hole owned by John Alessio, and the Hotel del Coronado, formerly owned by Alessio and bought in 1963 by Larry Lawrence and an associate. Knoth & Meads hired Norm Foster, but Meads says it wasn't out of gratitude for keeping the agency out of Smith's hands.

Both Page Jones and Dick Meads are a bit more reticent about ad industry vices in the old days. "Everybody had a martini at lunch in those days," says Jones. "It was the nature of the business. We started at 7:30 in the morning with client relations and closed at 5:30 or 6:00 at night. We put in hard days."

Says Meads, "Some people had martinis. Dick [Knoth] and I would stop in for a couple of beers. We certainly dressed better in those days. Today, our guys dress like they are going to a picnic." What about office romances? "I'm sure it went on, but I didn't know about it."

One San Diego company, Jack in the Box (the parent was then called Foodmaker), got to know the characters that *Mad Men* is supposedly based on. Bob Battenfield, now semi-retired with his own agency, was Foodmaker's director of advertising in the 1970s. One New York ad agency it had was Doyle Dane Bernbach, famous for very creative ads, such as the ones it put together for Volkswagen. "They would come once a week, take us to a long lunch, but it was more of a wine group," says Battenfield. Later, the fast-food chain hired Wells, Rich, Greene, the agency headed by the fabled Mary Wells Lawrence, the highest-paid executive on Madison Avenue at the time. "She was quite a character, wore purple and green, colorful high heels—stood out from other corporate people." When Jack execs went to New York for an ad

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## San Diego mad men

continued from page 8

shoot, "They put us up in the Plaza overlooking Central Park. One time the departing party was headed by Henry Kissinger. We had fancy lunches, fancy dinners."

In 1988, the Interpublic Group of Companies, a large umbrella of ad agencies, bought Phillips-Ramsey through its

McCann-Erickson subsidiary. By that time, Phillips-Ramsey had \$52 million in billings and was the largest local agency by a good deal. The agency then brought Knott & Meads into the fold. Later Gary Meads, son of Dick Meads, and Tony Durket bought the agency from the New York parent company — latter-day Mad Men — and it is now locally owned and called Meads-Durket. ■

## Troublemakers

continued from page 7

but my biggest disappointment was when I kept getting different mailers [she received six] and they were all the same. And I thought the senders must have talked to somebody in the office who planted those names. It's not good if committee members are not elected by the people but are

selected by their representatives instead. Since many people don't know what the Central Committee is but know they have to vote, they use the slates. They're not going to look everybody up; they're just going to take the easy road."

One of the candidates who was on the slate and beat Cowlshaw was a local congressman's 21-year-old daughter. "I'm not as well

known as Briana Bilbray," Cowlshaw says with a laugh.

I ask Laura Sumrall how the slate mailers originate. Industrious individuals get together and make big money from them, she tells me. "They will make up a name, file with the state, and get a code so they can do a mailer according to the rules. It's kind of like having a time-share. People can buy in. You get a bunch of people to pay; then you do

the mailer and make all the money. When a slate mailer goes out, the candidates and proposition proponents usually have all paid to be on it. Nobody is really endorsed by the party. That's really the scam of it all. It's all legal, but voters will get these slate mailers with the elephant on it and think, 'Oh, this is the Republican Party endorsing these people.' No, it's somebody who put it together and charged people money and mailed it out. Suppose you're a congressional candidate. They might charge you \$1000 to be on the mailer; if you want to be an assemblyman, maybe \$400 or \$500, and, say, \$100 for the lowly people."

But things happened a bit differently with the recent mailers. Printed at their bottom, a note stated that an asterisk next to the names of the candidates meant the candidate had paid to be on the slate. All the candidates for the Republican Central Committee had the asterisks. But Sumrall says she didn't pay a dime to appear on any slate. "So I called the number on the mailer that had my name, and I got a recording," she says. "It did not identify a business. It just said to leave my name and number, which I did. I also asked why I was on the slate and who paid for it. Nobody ever returned my call, though I called twice."

Records at the office of the San Diego County Registrar of Voters suggest what happened. Between January 1 and May 17, an organization called Citizens for a Better San Diego County took \$18,300 in contributions, including \$8300 from Atlas Hotels and \$5000 from Thomas Sudberry. (Sudberry is currently petitioning the City of San Diego to build Quarry Falls, a massive condominium development in Mission Valley.) Citizens for a Better San Diego County, whose treasurer is Seventh District candidate for San Diego City Council April Boling, then made payments to five groups for "slate mailers to support SD Co Republican Central Committee candidates." Family, Faith and Freedom Association and California Taxpayer Protection Voter Guide each received \$2500. Citizens for Good Government received \$2100, California Voter Guide, \$2875, and Official Non-Partisan Voter Guide, \$3000. ■

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#### SEXUAL HARASSMENT / WRONGFUL TERMINATION



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### Dubai Not Dry

The article entitled "Boozing with Shamu" ("Breaking News," July 3) was extremely poorly written and horribly

researched. Dubai, which may be a Muslim country, has some of the most tourist- and people-friendly laws and legislation in all of the Middle East. Tourists are not shunned or restricted from enjoying alcoholic beverages and wearing western clothing; however, all that could be written about the possible takeover of SeaWorld by Dubai was "Uhh ohh, we might not be able to drink there." Who in their right mind would think that a Muslim country with laws that allow individuals to buy and drink alcoholic beverages would come to the U.S. and make it illegal to drink? Appar-

ently the author of the article and your staff that approved the printing. Let me know if you are hurting that bad for articles and maybe I will write you guys a more educated and better-researched article. The takeover of SeaWorld by Dubai could be the best thing possible for our local environment. Have you seen the amount of money being poured into Dubai for construction?

Josh Rodef  
via email

### Shocked, Interested

I really enjoyed the library article ("No Shushing in This Library," Cover Story,

June 19). I was shocked that anyone could write about a library and make it interesting. This might be my favorite article right behind that one Board did about maniac soccer moms. (That one was so good that I did not want it to end. I would have bought the book.)

Nacho D.  
via email

### Jadean's Mom Gets Bum Deal

This is in regard to the cover story about Jadean ("There's Been an Accident," Cover Story, June 5). I'm writing in response to the responses in the letters. First of all, yes, Ms. Thrasher left home for a walk and got hammered, but she didn't realize that her daughter was in trouble. I bet she feels a lot of guilt for that, but I think the whole point of her story is being overlooked. The fact is a 26-year-old man had her daughter in his truck. He did not make sure she kept her seat belt on, but he drove recklessly, and because of him, Jadean died. Even her friend Shelby lied. Jadean's mother wanted answers. She could not figure out how their daughter got killed. Shelby didn't even call 911 at the acci-

dent. She called her father. She didn't take responsibility for what happened; she just had a lot of excuses.

Then Ms. Thrasher was trying to figure out what happened — wanted her daughter's purse, wanted her journals. They disappeared. The sheriff didn't see anything wrong with that. Well, he could have discarded that. Well, you know what, maybe you should have started digging around and finding out where it might have been, because the grave for personal belongings is not that hard to find.

Then the person who came to her house to talk to her left a card, and she called back, and instead of them saying, "Can you please come down to talk to us or let me come in to see you," they told her over the phone that her daughter died. Not in person, but over the phone. That's cold.

Not even the sheriff wanted to get involved. Basically the man said, "No victim, no crime." There was a victim; she was just dead. To me, that is a victim that should be taken seriously.

Then there was no report given that I know of.


Then the young man, the 26-year-old, was with a

young lady of 15. No one seemed to find that weird. No one wanted to look into that. The whole thing is, a 26-year-old gentleman was with an underage girl. Somebody was under the influence of something, and it was this man's responsibility to make sure this girl got home safely, and he didn't. But he got off scot-free. He did not go to jail. He did not do anything. He even got a new truck from his parents. His parents didn't even seem too concerned in regards to what he did or who he was with. No, I'm sorry, but if I had a son who was 26 years old and he was with kids who were 15, I'd ask him why.

Then she goes and talks to the sheriff because she decides to get answers, and he's, like, "Well, why are you bothering me?"

Now, as far as her being whiny, I think she had a right to be whiny. And as far as her screaming and yelling, yes, I think she's entitled to because she wasn't getting any answers. She may not have been a very good mother, but she was trying her hardest to find out what happened to her daughter, and I think if anyone had a child who died

*continued on page 59*



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## STRAIGHT FROM THE HIP

BY MATTHEW ALICE

Illustration by Rick Geary



Heymatt:

I've always wondered about shrunken heads. How do they shrink the skull? That's bone, and I can't figure out how anybody could shrink bone. I'm not planning to do any shrinking myself. I'm just curious. Thanks.

— Shrinkingman, via email

The elves and I figure you haven't spent a lot of time thinking over this question. If you'd just put in another, say, five minutes of brain time, you'd probably have come up with the answer. It's not too hard. Anyway, we won't tell you directly. Your answer is inside this set of instructions for shrinking heads. We found it in Grandma's file of craft projects, right next to the macramé plant hangers. So you wanna shrink a head? Here's how:

1. Separate your enemy's head from his body using a medium-size machete. Chop it off leaving most of the neck attached to the head.
  2. Leave the body where it is. Carry the head off to the sacred head-shrinking place, where all your shrinking materials are neatly arranged.
  3. Preheat the sacred head-shrinking campfire, and put a pot of water on to boil. Add juice from the chinchini plant.
  4. Using the sharpest knife you have, make a slit in the skin, beginning at the top of the head and running down the back of the neck.
  5. Carefully peel the skin from the skull bones.
  6. Attention, Shrinkingman: Throw away the skull bones. Dump them in the sacred river as a gift for the god that lives in the sacred river.
  7. Carefully turn the skin inside out and scrape away all the fatty tissue.
  8. With a sharp spine and a fine piece of native grass, sew the eyelids closed with small stitches.
  9. Close the mouth. Punch holes along upper and lower lips. Secure with wooden pegs.
  10. Slowly lower the head into the pot of boiling water on the sacred fire. Simmer gently for 1½ to 2 hours. (Caution: Do not overcook. If you boil the head too long, the hair will fall out. A full head of long, flowing hair is an important part of the effect of the finished project.)
  11. When the skin is removed from the pot, it should be dark and rubbery and reduced to about ½ its original size.
  12. Turn the skin right-side out. With more fine native fiber, sew closed the slit in the back of the skull. Leave the neck hole open.
  13. Put a hot stone inside the skin and roll it around to avoid scorching. As each stone cools, replace it with another hot stone. The heat will cause the skin to continue to shrink. At the same time, manipulate the facial features to keep them as realistic as possible. The best shrunken heads still bear a resemblance to the victim.
  14. When the neck hole becomes too small for the stones to fit, fill the skin with hot sand and continue to roll it around, paying special attention to the small structures in the face.
  15. Hang the head over the sacred fire for several hours. This will cure and harden it and further blacken the skin. After curing, wash the head and rub it until it shines.
  16. Remove the pegs from the lips. Replace them with long decorative strings.
  17. Make a small hole in the top of the skull, insert a small stick horizontally, loop a string onto it, and hang the head around your neck.
- An easier way to get a shrunken head is to buy one of those things made in Taiwan. They're either plastic or animal hide. But they look just as good hanging from your rearview mirror.

Hey, Matthew:

Who first decided it was a good thing to smoke? Were there big antismoking campaigns back in the Neanderthal age?

— Smokey, via email

According to old records, the Maya were puffing away around 600 BC. Indians from the American southeast were the first to be observed smoking by explorers. When Spaniard Rodrigo de Jerez returned to Spain and fired up one of the native tobacco rolls, the Inquisition threw him in prison for seven years for frightening everyone with the smoke that billowed out of his nose and mouth. Tobacco was introduced to England around 1564. The first antismoking protests date from 1604.

### Beethoven Creeps North

Heymatt:

I happened to pick up the June 26 copy of the Reader at the doctor's office today and read your column about [classical music station] XLNC1. It is the only station I even listen to except when my neighbor comes thumping into the driveway next door with his car radio blaring. You have a few of your facts wrong about the station. With their new, stronger signal and new antenna on a higher hill in Tijuana, XLNC1 can be heard as far as Fountain Valley (Orange County).

— Nancy Wherry

A searchable archive of past columns is available at [SanDiegoReader.com](http://SanDiegoReader.com)

**Got a question you need answered?** Send an email to [hey matt@cts.com](mailto:hey matt@cts.com) or fax to 619-231-0489 or mail to Matthew Alice, c/o the Reader, Box 85803, San Diego, CA 92186.

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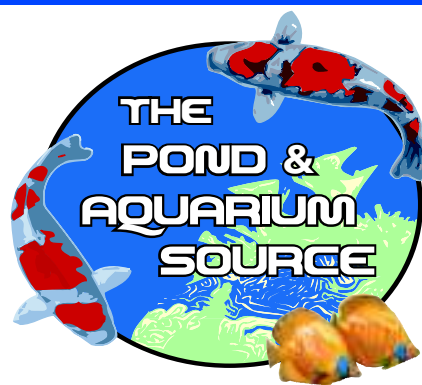
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## SportingBox

By Patrick Daugherty

## Cashing In

It's been a busy sports morning, checking the Internet for news about A-Rod and Madonna, Cynthia (Mrs. A-Rod), and Lenny (Mrs. A-Rod's special friend). Inevitably one is drawn into the topic of cashing in.

Cynthia is cashing in and will do well. She has a husband who is a jerk, an absent father, a known philanderer, and, on the happy side of the street, a professional baseball player who recently signed a \$275-million-dollar contract. This is a divorce attorney's version of heaven. Cynthia's prenup will be a problem, but nothing a roomful of lawyers can't fix.

Yet the observer is not satisfied. All these people are already rich and will remain rich no matter how this plays out, so, in terms of dramatic structure, their jeopardy does not move an audience.

Cashing in is a skill very few people have. To do it right means you must betray completely, with dignity, without appearing greedy, and then have the strength to

pick up your winnings and walk out of the casino. It's not only grabbing fame and money, but after you've cashed in, can you handle it? Can you use ill-gotten fame and unearned money to make a better life? Sadly, almost everyone returns to the disloyal, greedy, dismal existence they had before the sky opened up and rained hundred-dollar bills.

There are exceptions. Here is my nominee for Cashing In, Best of Show, West Coast Division. Introducing, in the blue corner, Ms. Amber Frey. Remember Frey? She was Scott Peterson's girlfriend, the Scott Peterson who was convicted of murdering his pregnant wife.

Amber had no preparation, no practice. There was nothing in her past to indicate she would come out of the gate with her A game and keep playing at that level for the next three years. What she did was the hardest thing: grab the money and get off the stage.

Amber was a single mother, living in a very small guesthouse in Fresno, California. She rented space at American Bodyworks, where she worked as a massage therapist. That's depressing. A girlfriend of Amber's met Scott at a business conference in Anaheim and acted as matchmaker. Scott and Amber's first date occurred on November 20, 2002. They met in the Fresno Radisson Hotel bar, then drank champagne in Scott's room, dinner at a Japanese restaurant, went to a karaoke bar, closed the place, bought a bottle of gin at Food Maxx, returned to Scott's hotel room, and consummated that act of physical love. That's very depressing.

Sixteen days later the matchmaker found out Peterson was married. Six days after that, on December 14, at a Christmas party, Amber introduced Scott to friends as her boyfriend. Twelve days more, Amber and girlfriend/matchmaker run a computer search on Peterson. Thereafter, Amber calls an acquaintance who was a Fresno cop. The next day she agreed to record her phone conversations with Peterson. Amber had known him for 37 days. They had four dates.

Sure, meeting Scott was like hitting a Lotto jackpot, but after that it was Amber...she played the hand.

Here's the timeline: January 15, 2003- Amber and Scott's affair became public; April 18, 2003- Peterson is arrested in La Jolla; his trial began over a year later, in June of 2004; Amber testified that August; Peterson was convicted of first-degree murder with special circumstances in November 2004, two years



Scott Peterson, Amber Frey

after they met.

Remember Amber's first press conference, January of 2004? She looked like a Fresno massage therapist with scraggly, long, disheveled hair, downcast eyes, frumpy clothes. Fast-forward to her May 19 press conference introducing L.A. celebrity lawyer Gloria Allred. Amber had transformed by way of bleached-blond hair, facials, tanning salon, eyelashes, new clothes, the works. This is not a knock. It is one thing to buy a redo and another thing to walk, talk, and carry yourself in front of millions of people as if you belong in that redo.

Hiring Allred was a champion's play. Since Allred was not officially connected to the trial, she was not included in the judge's gag order and therefore free to appear on every television show in the world, hustling her practice while scaring off the media from digging too deep into Amber's life.

Days after the verdict was rendered and months before Peterson was sentenced, ReganBooks published Amber Frey's ghostwritten book *Witness: For the Prosecution of Scott Peterson*. Amber embarked on a relentless, scorched-earth book-and-media tour that succeeded in moving *Witness* to number one on the *New York Times* nonfiction best-seller list.

Time passes. Amber stayed in Fresno, bought a house with her winnings, opened her own spa (Escape Day Spa), and in 2006 married Robert Hernandez, a prison guard at Corcoran State Prison. Now, if she can just stay put and carry on.

**All these people are already rich  
and will remain rich.**

The Vegas Line can be found at [SDReader.com](http://SDReader.com)  
Under "Stories" in menu bar, click on "Sporting Box."



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# SHEEP AND GOATS

## PLACES OF WORSHIP REVIEWED

**Denomination:** United Church of Christ  
**Address:** 4070 Jackdaw Street, Mission Hills, 619-296-2169  
**Founded locally:** 1911  
**Senior pastor:** Scott Landis  
**Congregation size:** 250  
**Staff size:** 9  
**Sunday school enrollment:** 20–25  
**Annual budget:** n/a  
**Weekly giving:** n/a  
**Singles program:** no  
**Dress:** semiformal to formal  
**Diversity:** mostly Caucasian  
**Sunday worship:** 10 a.m.  
**Length of reviewed service:** 1 hour, 20 minutes  
**Website:** [missionhillsucc.org](http://missionhillsucc.org)

*"Never place a period where God has put a comma."  
— Gracie Allen, quoted in UCC pamphlet*

"God is Still Speaking" read the caption on the name-tag the greeter gave me on my way into the tasteful, taupe-and-tan interior of the church. I found the precise meaning of this comma in the literature given to me by a congregant:

*"There is yet more light and truth to break forth from God's holy word."* — John Robinson, *Pilgrim*

And I found the precise meaning of *that* in yet more literature: "The study of scripture is not limited by past interpretations but is to be pursued with expectancy for new insights and help for living today." — Who We Are, What We Believe: United Church of Christ.

Throughout, there was an attempt to affirm the goodness of what had come before—the testimony and faith of Christians through the centuries—while at the same time affirming a "progressive" notion of theology, one "without dogma, where people are free to explore and deepen their faith in an environment open to questioning." So, while Mission Hills UCC proclaimed "Jesus Christ as our gate to the realm of God," they also recognized "the faithfulness of other people who have other names for the gateway to God's realm." While they affirmed "historic creeds," they did not do so "as tests for belief but as inspired words." While they spoke of God as Father, Son, and Holy Spirit, they also spoke of God as "mother, rock, liberator, savior, friend."

*"Mission Hills United Church of Christ: An Open and Affirming (ONA) Congregation"* — from the bulletin

This designation, mentioned to me by more than one congregant after the service, meant that the church sought to proclaim "God's extravagant welcome...for all to share.... We welcome and celebrate all who seek the experience of God's unconditional love regardless of their ability, age, cultural background, economic status, ethnicity, gender, gender identity, race, religious heritage, or sexual orientation."

The service bore witness to all this proclaiming and welcoming, even as it adhered to a rather traditional liturgical form. The call to wor-

ship sounded that traditional note at the outset, naming God as authority and lawgiver: "Give ear, all people, to the law of God. Give thanks for all the guidance God gives us." The confession of sin was not perfunctory or rote. "God calls us to confess...our negligence of goodness, our secret and overt wrongs," said Reverend John Rawlings (filling in for the vacationing Pastor Scott Landis). He turned to face the cross and led the congregation in silent prayer before leading the corporate prayer of confession: "...O God, help us to put away this sin." Communion was referred to as the way "the power of Christ can be reborn in us," the way that the church was made into "the body of Christ." The hymns, too, were traditional, from the plainsong "Humbly I Adore Thee," to "Great is Your Faithfulness," to a closing arrangement of John Philip Sousa's "The Stars and Stripes Forever."

The welcoming came in the enthusiastic passing of the peace (full embraces along with the usual smiles and handshakes), in singing

"Happy Birthday" to a congregant who had just turned 95, in the friendly inquiries after the service.

The proclaiming came from the pulpit. "Listen up to what the Spirit is saying to the Church and to each one, individually," said the reader before launching into Psalm 145: "The Lord is gracious and merciful, slow to anger, and abounding in steadfast love. The Lord is good to all, and his compassion is over all that He has made." That universal compassion was echoed in the Gospel: "Come to me, all you who are weary and burdened, and I will give you rest."

Rawlings's sermon dwelt on this verse, drawing anecdotes along the way from NPR, his own childhood, *Peanuts*, a documentary on the homeless, a book by another minister, and from history. These last were the most striking: war-weary Abraham Lincoln's admission that

"the really tired part of me is inside, and I can't reach it." Søren Kierkegaard's proclamation that "now, with God's help, I shall become what I really am." Johnny Cash's eventual discovery of a Father "who accepted him just as he was and made him new." "It's amazing," said Rawlings, "how much inner turmoil can be eliminated from our lives when we know that we are loved and accepted and forgiven.... With Christ, we don't need any longer to prove to the world that we belong.... The question that is at the center of the meaning of life is, 'Can I trust God?' Be yoked with Christ, and you will find your peace."

What happens when we die?  
"Our body is disintegrated; it goes away," said Rawlings. "Our spirit is united with the great spirits of all."

— Matthew Lickona



SCOTT LANDIS

## Mission Hills United Church of Christ Mission Hills ★★★

<b>Sermon</b>	
content.....	★★½
delivery .....	★★★★
<b>Liturgy</b> .....	★★★★
<b>Music</b>	
congregational.....	★★★★
band .....	★★½
<b>Snacks</b> .....	★★
<b>Architecture</b> .....	★★★★
<b>Friendliness</b> .....	★★★★
Poor to satisfactory.....	(none)
Good .....	★
Very good.....	★★
Excellent .....	★★★★
Extraordinary .....	★★★★

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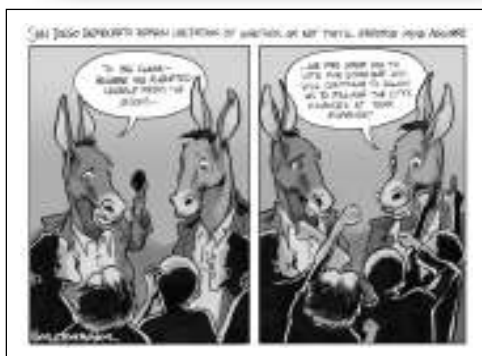
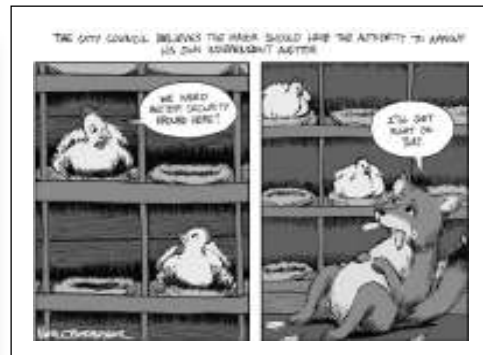
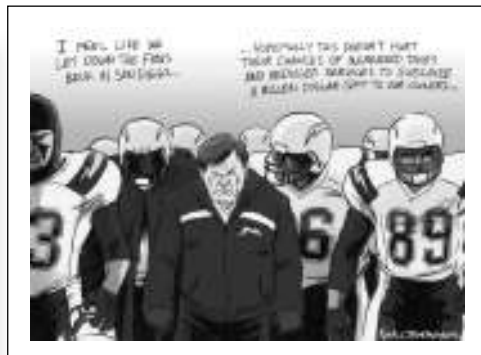


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SAN DIEGO WEEKLY

# Reader



# BestBuys

—EVE KELLY

*"If you want to run, run a mile. If you want to experience a different life, run a marathon."*

— Emil Zatopek

Hubby Patrick is heading down the road to experiencing a different life as a distance runner. He signed up for a Fourth of July 10K, bought some running shoes, and started running. After a month, he was running six miles in an hour. But his shins were hurting. It got to the point where he couldn't walk around the house, much less take a run. I found out that Patrick's is a common story.



"A shin splint is really just a catch-all word to describe pain in the lower leg, below the knee," explained Dr. Victor Runco, ultra-marathoner and owner of San Diego Running Institute (619-265-7374; [sdri.net](http://sdri.net)). "Shin splints is [a term] used to describe pain on the inside of the leg, the outside of the leg, or the front of the leg. The most common type is a condition named posterior tibialis tendonitis. When it is on the medial side, the inside of the leg, the actual muscle inflamed is called the posterior tibialis and it is usually a tendonitis. The tendon gets inflamed from repetitive use. The problem is it can progress to where the bone actually becomes inflamed: periostitis. Or the person can start off with a stress fracture that gets misdiagnosed as shin splints."

Who is prone to getting this type of injury?

"You'll see this injury in somebody who takes up running, a newbie. You see it a lot in military recruits. You don't generally see shin splints in an experienced runner. It is as if you never worked out with weights and I sent you into the gym and said, 'I am going to have you do 5000 of these curls. You would get tendonitis in your arm. People never really consider running the same way. But, let's say you run a mile and your foot hits the ground about a 1000 times; that's 1000 repetitions. Nobody in their right mind who has never done exercise before goes and does it 1000 times.'"

Does foot structure play a part?

"It's not necessarily only a flat foot that would be predisposed to it, but somebody with an extremely high arch as well. So, the closer you are to that sort of perfect-shaped foot, [the less prone you are to injuries]."

What symptoms should runners look for?

"The best thing to do is to listen to your body. If you are running and you are having pain when you run and the pain is getting worse, that's a good sign to stop. When the next day you are limping, that's a really good time to stop.... If you put your hand over a hot stove, you pull it away. You don't ice your hand and do it again."

Runco pointed out an exception to the pain rule. "If somebody says, 'It hurts when

*"You don't generally see shin splints in an experienced runner."*

I run, but as I run it sort of warms up and goes away,' and they say it is fine after they run and the next day, that is usually somebody's body adapting, and that is okay."

When should they resume exercising?

"They should definitely take a step back; nothing should hurt, and they should start by following a program. They can find specialty sites online. The San Diego Running Institute has a running club through the YMCA, and they get a lot of runners who never ran at all, and within four or five months they take them to the Rock and Roll Marathon and they complete it. Because they follow a slow, steady progression. We like to refer to it as the 10 percent rule, meaning don't increase your mileage by more than 10 percent in any given week."

Do stretching and shoes play a part?

"Stretching will never prevent shin splints, but shoes can be important. Getting a proper-fitting shoe that is made for running is important."

In San Diego we have three shoe stores that are well known: Road Runner Sports, San Diego Running Institute, and Movin Shoes. They each do measuring and testing to try to help the person be in the right shoe."

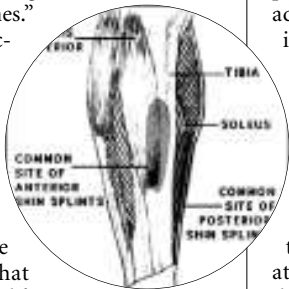
What about bracing?

"You have heard of the sports-injury mnemonic RICE: rest, ice, compression, elevation. There is a lot of bracing out there for sports injuries that provide compression to the muscle. They can be helpful. I am hesitant to recommend it to somebody because it's not really fixing the problem. You never want to rely on a brace."

Patrick's old friend Joe, a self-described "tub-of-goo-turned-marathon-runner," sent my man race-day advice. "Keep in mind," he warned, "you'll be really amped on race day and will likely run at least a minute faster per mile than during training due to the adrenaline rush. There is strategy involved in a journey of 6.2 miles; you must run your own race. Don't let the jackrabbits pull you into too fast of a pace the first half and thereby shoot your chances for a strong finish. It's a delicate balance, but every runner dreads bonking and feeling like crap while crossing the finish line at more of a walk than run. The fastest times you'll ever run is when you have negative splits: you run the second half faster than the first half. Once you scale up to a 10K level, it is easy to maintain and stay feeling great and injury-free. Getting there is the hard part. There is nothing like the rush after a good run. Watch out, it can be habit forming!"

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1. Dr. Runco



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by Barbarella

# The Vest-ment

*Be nice to nerds. Chances are you'll end up working for one.*

— Bill Gates

**D**avid's brother Dana and I stood side by side, surveying the items arranged on his mother's kitchen table. At one end, the contents of my purse. At the other, Dana's daily cargo. His pile put mine to shame. Looking from his stuff to mine and back again, I queried, "How often do you—"

"Twenty-four/seven, three sixty-five," Dana declared with pride.

"Even when you're not traveling?"

"Yep," said Dana.

"Can I make fun of you now?"

Dana nodded with the benevolent resignation of a city-dwelling Buddhist monk who is accustomed to being razed for his undeviating choice of attire. As opposed to the philosophically simplistic robe of monks (intended to provide the bare minimum comfort while forgoing

convenience), after his conversion to his current belief system, the major tenet of which is "Thou Shalt Be Prepared," Dana chose as his vestment an article of technically enabled clothing, the TEC-Vest.

"It's my fault," David said to me as we drove to the gallery for his annual exhibition on Martha's Vineyard. In addition to his mother's birthday, David's show was Dana's reason for trekking to the island from his suburban Boston home.

"How do you have anything to do with this?" I placated.

"I gave him his first vest, remember?" *That's right*, I thought. It was around five years ago. I'd only been dating David for about a year and had not yet met his brother. Dana, who worked for Kodak at the time, was coming to the

West Coast for a printers' convention in Los Angeles and had arranged to spend a few days with us in San Diego beforehand.

Dana pulled up on a sunny Saturday afternoon in a rented banana-yellow Mustang convertible. His baseball cap bore his company's logo, as did the brightly colored T-shirt tucked into high-rise, dark-blue Levi's that ended just above his unblemished sneakers. The most striking aspect of Dana's ensemble was his belt, or to be precise, the curious and cumbersome crap that was attached to it. When I inquired about all the paraphernalia affixed to his belt, Dana obligingly disassembled. As he came apart, the following items appeared on the counter: a Blackberry, Palm Pilot, knife, measuring tape, wallet, digital light meter (to measure the intensity of light), and strips of paper in varying shades of magenta.

"What are those for?" I asked of the paper strips.

"Those indicate the Kelvin temperature of ambient light," Dana answered.

"A carbon rod glows orange at 3200 degrees Kelvin," offered David.

"Green at 4800 degrees Kelvin, and then a kind of blue at 5600 degrees," said Dana.

"It's not hot or cold," David explained. "The degrees denote the exact color."

"Yes, yes," Dana agreed. "For example, the eye can't tell that a fluorescent-lit room

is a green hue. But with these babies," Dana brandished his tools, "I can."

It was all geek to me. Nevertheless, I nodded ardently, hoping to encourage a change of subject by way of feigning comprehension.

Dana had one complaint about his belt — when fully loaded, it caused the waistline of his jeans to sag. His brother's grievance gave David an idea; that evening, he unearthed an old Eddie Bauer fisherman's vest from the back of his closet. He'd purchased the garment years before with the idea that he might use it to hold film and lens caps while on photo expeditions. "I never wore it because I decided that unless you're a war correspondent for CNN, it would just look, well, nerdy," David said. "But maybe, I mean, if he can use it..."

Dana was thrilled to receive the vest. He immediately began reallocating gadgets from his belt to his new pockets. What began as a convenience ended up as an obsession. The original vest was discarded for a much snazzier wearable murse (man purse) dreamt up by Scott Jordan, the founder of Scottevest, who, as far as I can tell, is the only creator Dana currently venerates.

Since acquiring his life-altering carry-on, Dana has developed a blankie-like attachment to the objects he stows in each of his 28 pockets, 22 of which are "hidden."

**When I asked him to demonstrate the wonderment that is his Scottevest, Dana lit up with the enthusiasm of an evangelist tasked with a lost soul.**



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"Do you find you lug around more shit just because you have a place to put it?" I asked Dana, who was working a needle and thread to modify a left breast pocket.

"I used to carry everything you see here in my briefcase," he said.

Earlier, while showing me the loops to which he attaches his snap-and-release key chain, Dana had announced that he modifies everything. "Even the best-laid plans can be improved upon," he said. Now he was appending a snap button so that his container of breath mints would lie flat against his body at the top of the pocket, rather than sliding down and bunching behind the foldable mirror and hairbrush he keeps on hand should one of his two daughters feel the need to groom — never mind that his daughters were hours away.

When I asked him to demonstrate the wonderment that is his Scottyvest, Dana lit up with the enthusiasm of an evangelist tasked with a lost soul. A significant portion of the odds and ends he carries is not for him but for others. That's the thing about Dana — he thinks about other people's needs as much, if not more, than his own. He's prepared on the off chance that some-

one nearby might need an aspirin, Sudafed, or Band-Aid (a modified first-aid kit attaches to the inside of one pocket via strips of Velcro).

"You never know when you're going to have to go international," Dana said, flaunting his passport. He carries two flashlights; should they both suddenly stop working, not to fear, the batteries are kept in this little compartment here. This is where the magnifying glass goes, and here is where the Scottyvest promotional cards are kept. CPR mouth guards fit nicely right here. And there's the compass, should one ever get lost at the airport. Other pockets store two thumb drives, earplugs, and two pens. Dana is not an official representative of the makers of his vest, but he might as well be — he recently made a YouTube video to accompany the letter he's

sending to Scott Jordan, in which Dana details his suggestions for improvements on the design, such as adding interior magnets so that items in the same pocket stay in their places.

"As crazy and geeky as this part may seem—"

"This part?" I shrieked.

Dana brushed away the barb as he might a mosquito and carried on, "Because I like to keep it handy, I clip my Blackberry to this epaulet." He pulled out a set of wires hidden in the collar. "That's why it's tech enabled," he said, pointing to the itty-bitty mesh pocket into which earpieces for an iPod or phone reside.

"What the hell? Whoa, whoa, whoa," I said, circling around to Dana's back, where I'd caught a glimpse of a knife in a

leather pouch fixed to his belt. "Hey, Inspector Gadget, why isn't that in a pocket?"

Dana laughed and said, as though speaking to an addled child, "You can't bring the *Leatherman* on a plane." He shook his head in amusement.

"Yeah, good point," I conceded.


I examined the contents of my purse as they were laid on the table: three shades of red lipstick, two tubes of sparkly lip gloss, one tampon (not needed for at least two weeks), a mirror, iPhone, wallet, mint-flavored toothpicks, antibacterial liquid, a handful of hair ties and clips, a notebook, pen, prescription sunglasses, Listerine strips, and business cards. *Do I really need all of this stuff to be with me at all times?* I wondered

how much easier life might be if I had an assigned pocket for every item and didn't have to dig through my purse to find things. Suddenly, as with one of those 3-D Magic Eye posters that baffles and irritates until that happy moment in which the pre-

viously camouflaged image of a sailboat or dragon coalesces, Dana's geeky obsession made perfect sense. ■

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# She told me my arm was gone. We argued about that for five I mean, I could feel it.

**Most stories begin** with a person or an event.

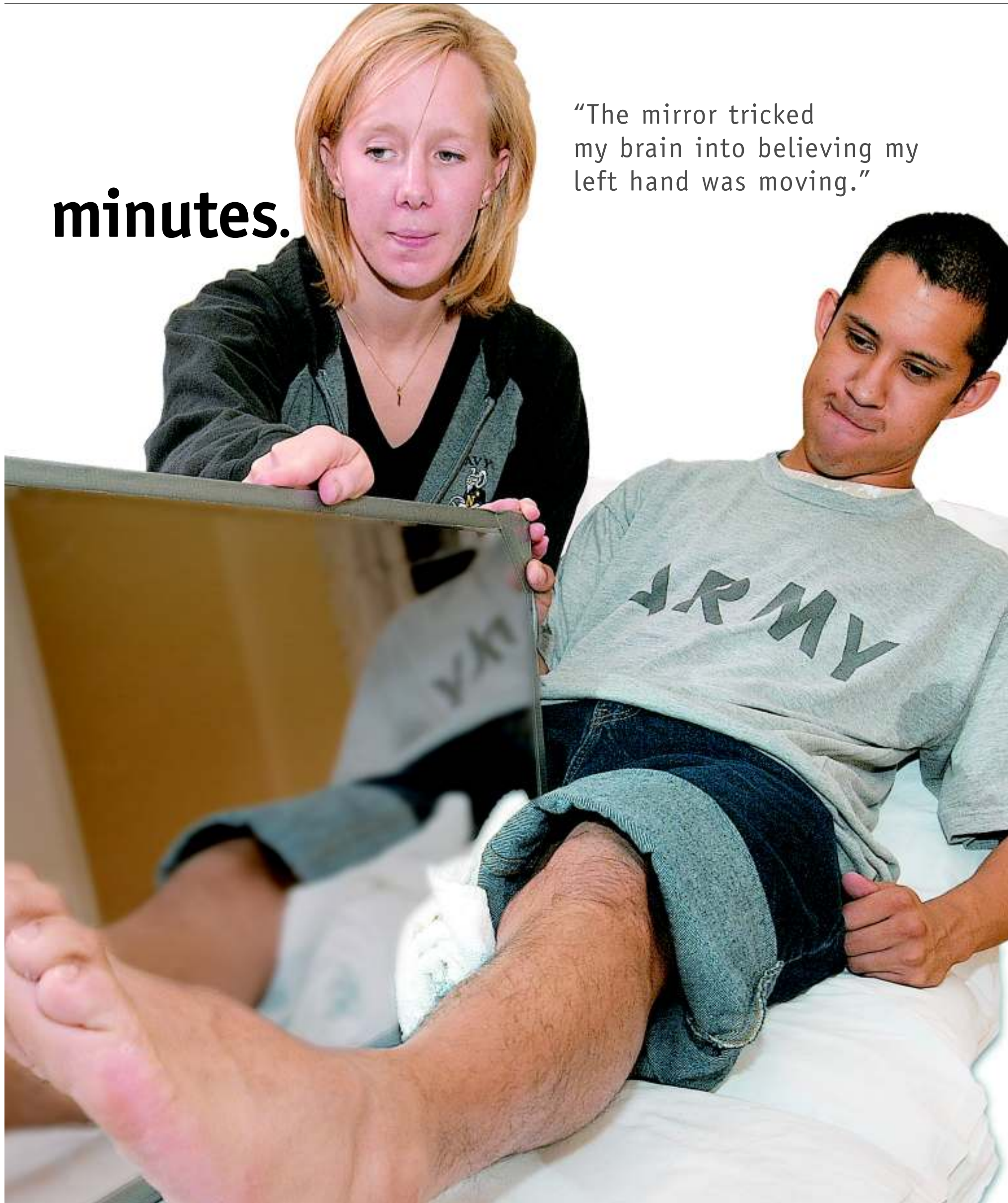
This one begins with a book.

Last summer I read *The Brain That Changes Itself*,  
by research psychiatrist and psychologist Norman  
Doidge, M.D., which discusses developments in  
neuroscience, especially in the area of neuroplasticity.  
Now, if I were in a bar and the guy on the next stool  
leaned over and said to me  
what I've just written here,  
I'd give a wave to the  
bouncer. But hang on.



minutes.

"The mirror tricked  
my brain into believing my  
left hand was moving."





When I was in school, I was given two pieces of information about the brain that, well, stuck in my brain. The first was that the brain was hard-wired, meaning that each bit of the brain had a specific function and if that bit were damaged then that particular function was lost forever. The second piece of information was that even though the brain consisted of billions of nerve cells called neurons, I was constantly losing them and I would never get them back.

As a kid, it seemed I was so rich in neurons that the loss caused by a few six-packs during the week or a rough pickup football game without a helmet meant nothing. After all, I was a billionaire.

But as I moved into old age, it seemed I could feel windy places between my ears where megapolises of neurons used

to be situated, dank caverns inhabited by gloomy question marks bent over smoking piles of dead synapses. Some days it seemed as if I only had about 475 neurons left. Some people hear a ringing in their ears? I heard creaking.

Then I read Doidge's book and learned that all that was a lot of baloney. If one part of the brain is damaged, its function can often be picked up by another part through the creation of new neural pathways. This has resulted in vast improvements and even cures in a number of conditions, from stroke to irrational compulsions, worries, and obsessions. It has also led to new ways of fixing learning problems and sharpening perception and memory. And this is only the beginning of the list.

Those lost neurons? If

you don't watch too much TV and continue to read books, a sizeable number can be replaced.

When I finished the book, I read a few others on the topic and it turned out that one of the top neuroplasticity guys was at University of California, San Diego: Dr. V.S. Ramachandran, who is director of the Center for Brain and Cognition and professor of psychology and neuroscience. His most recent book, *The Man with the Phantom Twin*, came out in January, and he has published a handful of other books and well over 150 articles and has enough medals, awards, and certificates of merit to fill a large living room. *Newsweek* has named him one of the hundred most important people to watch in the 21st Century.

One of Ramachandran's books, *Phantoms in the*

*Brain* (1998), has a section about phantom-limb syndrome, a condition found in nearly all amputees that makes them experience feeling in the missing limb, as well as feeling that they can move the limbs, as in waving goodbye or kicking a ball. Many people whose bladders have been removed (or genitals or rectums or uteruses or ulcers) can also feel phantom sensations — but that is another story.

Many of those who lost a limb have also experienced intense pain in the phantom limb, pain that might keep them awake night after night and continue for years. Well, Ramachandran invented a device that cured or substantially helped a majority of the amputees he worked with who suffered from this pain. And what struck me most was that the device only cost a few bucks.

Before I describe this gadget, let me describe my friend Glenn, who cracked up his motorcycle in 1991 when he was in his 20s. Swerving to the left to avoid an oncoming car, he hit the curb, and the motorcycle toppled over and mushed his left leg. When he woke up in the hospital, his leg, below the knee, was gone. About 4500 men and women are killed on motorcycles each year, and about 85,000 are injured. A fair number of those are part of the approximately two million amputees in the U.S.

What Glenn soon discovered was that the leg didn't feel gone. He could move his phantom toes, waggle his phantom ankle. At times it tingled as if it had gone to sleep. Most disturbing, at times it felt as if a knife were being driven into it. The pain would often occur when he got home from work

and was trying to relax. Or it would occur at night: a phantom knife blade through the phantom foot to make him jump out of bed.

The tingling sensations and waggling of the phantom toes can occur every day. The pain has become less frequent over time; it happens now perhaps once a month. Still, it has never gone away. Glenn is a tall, handsome guy, over six feet, with jet-black hair and a neatly trimmed beard. Mostly, you wouldn't notice that he has a fake leg, but if he's tired he'll limp a little. "They're heavy," he told me, "even the expensive ones. They're always dragging at you."

The number of amputees who suffer from phantom pain ranges from 50 to 95 percent, depending on which specialist is asked, but the most agreed upon number is around

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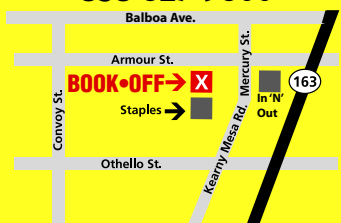
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75 percent. Usually it develops soon after amputation, but it can also begin after a few months or even years. For some people it might get better after a year or two, for others it never stops. Often the pain comes in bursts several times a day, but some experience it less than once a month. A much smaller percentage have it constantly. With missing limbs, the pain often occurs at the end of the limb, or it feels as if the limb is shorter or twisted into a painful position, or as if something is being jabbed into it, or as if it's on fire. Stress and anxiety can affect the pain, even changes in the weather.

Aspirin gives no relief, but anticonvulsant drugs and heavy painkillers like morphine have helped some amputees. Others have been helped by a transcutaneous electrical nerve stimulator, or TENS, a battery-driven device about the size of an iPod that delivers electrical impulses to stimulate nerves in the painful area. Somewhat more effective has been a spinal cord stimulator, an electric impulse-generating device implanted near the spinal cord. Hypnosis, acupuncture, biofeedback, vibration therapy, massage,

yoga, ice packs, heating pads, and even steroid shots have also been useful. But what seems most significant is that nothing helps very much. The pain is often most severe when the prosthesis is removed, and so patients are encouraged to use the prosthesis as much as possible.

According to Doidge's book, Ramachandran's research led him to think that the absence of feedback from the missing limb to the brain leads not only to the phantoms but to phantom pain. "The brain's motor center might send commands for the hand muscles to contract but, getting no feedback that the hand has moved, it escalates its command" until, for instance, it feels as if the fingernails are digging into the palm. This oversimplifies Ramachandran's findings, but he felt that the phantoms were a result of the brain's mistaken body image. If the image were reinforced, he reasoned, the pain might vanish.

Advances in prosthetic technology have been hugely affected by the Iraq War, and by 2004 new prosthetics were coming onto the market that seemed more products of science fiction than med-

ical technology. The Otto Bock C-leg has a battery-powered "onboard" microprocessor that controls knee movement and communicates with a computer through Bluetooth technology. It can switch between two modes of activity with several taps of the toe.

The C-leg, however, is receiving serious competition from the Ossur Bionic Power Knee, which can synchronize movement with the sound leg to "lift the user to standing from a seated position; support the user while ascending inclines; and power them upstairs." When the user is walking, the knee's pendulum motion swings it forward, senses the changing terrain, and "actively lifts the heel off the ground," according to Ossur's website. By means of "artificial proprioception," which is a person's awareness of his or her posture, movement, balance, and location, the knee "anticipates and responds to the appropriate function required for the next prosthetic step." There are also power heels to give the walker a boost so the prosthesis won't, in Glenn's words, "always [be] dragging at you."

Yet these bionic prosthetics are nothing compared to what is currently



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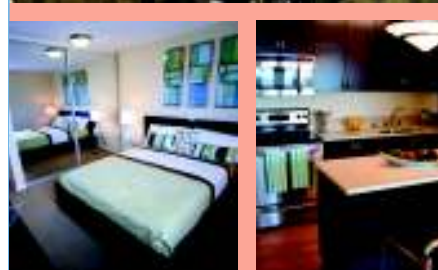
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in development. In February, the Defense Advanced Research Projects Agency (DARPA) awarded a contract to the Applied Physics Laboratory at Johns Hopkins University to finish work on a mechanical arm "that will look, feel and perform like a normal limb," according to the online magazine *Gizmag*. The Johns Hopkins laboratory, leading a team drawn from about 30 organizations, had already developed two prototypes of prosthetic arms. The first is an arm that "can be controlled naturally, provide sensory feedback and allow for eight degrees of freedom." The best prosthetic arms now on the market provide for only three degrees of movement. The second prototype uses 25 individual joints "that approach the natural speed and range of motions of the human limb... [and] are complemented by a range

of emerging neural integration strategies," meaning they can be wired to the brain through the nervous system. You think your hand into motion and it moves. The arm should be ready for regulatory clearance in under two years.

So far the Iraq War has led to amputations for more than 750 servicemen and women. The high number is due in part to the body armor that protects the trunk. Without it, many of these soldiers would have died. In fact, about 92 percent of those wounded in Iraq survive their wounds, as opposed to 76 percent in Vietnam.

Founded in 1958 in response to the *Sputnik* surprise, DARPA is responsible for developing new military technology, while its prosthetic program tries to provide the best "medical and rehabilitative technologies for military personnel injured in

the line of duty," according to *Gizmag*. The requirement that the soldier be injured in the line of duty may explain what was for me an odd discrepancy. Between 2001 and 2007, the Veterans Administration performed more than 17,000 amputations on former military personnel, most of whom suffered

gies." Nor would these VA amputees necessarily benefit from the new developments. Coverage of prosthetic limbs has been limited to \$2500 or \$5000 a year by many private health plans. Or the plans will pay for only one device per limb over the patient's lifetime. And the insurance lobby has been

combat, and of these Iraq has provided nearly 100,000. The first Iraq War amputees were treated at Walter Reed Army Medical Center outside of Washington. Then, as their number increased, the Department of Defense opened a second amputee care center at Brooke Army Medical Center at Fort Houston in San Antonio, Texas, in early 2005.

A third amputee care center was officially opened in San Diego on October 15 as part of the Comprehensive Combat Casualty Care Center, or C5, of the Naval Medical Center. The 30,000-square-foot facility is not only a showpiece of new technology, with an accurate motion-capture system and an advanced bionic technology room used for gait adjustment, but also includes a 3500-square-foot obstacle course with a 30-foot

climbing wall. It cost \$4.4 million to build and another \$4 million to outfit and staff. A major focus of C5 is to get the amputees moving as soon as possible, taking them on ski trips, having them engage in sports, and even learning to surf. I decided to visit the facility, but before I spoke to the wounded soldiers, I wanted to talk to Dr. Ramachandran at UCSD.

Born in India in the southern province of Tamil Nadu, Ramachandran received his medical degree from Stanley Medical College in Madras, specializing in neurology, and his Ph.D. in psychology from Trinity College at the University of Cambridge. He also studied at Oxford. The British scientist and writer Richard Dawkins has called him "the Marco Polo of neuroscience" because of his explorations into uncharted territories.

## Even congenitally limbless patients can feel sensation in the missing limbs.

from diabetes. Although these amputees provide a steady business for the prosthetics industry, their needs have not led to anything like DARPA's "Revolutionizing Prosthetics" program, which has provided funds for "the most advanced medical and rehabilitative technolo-

trying to reduce this amount. The cost of basic prostheses ranges between \$3000 and \$15,000, while models resulting from the new technologies can be priced at more than \$40,000.

As with any war, sympathy and attention goes to the soldiers injured in

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# Anxiety

doesn't just stress  
your mind.

We now know it can...



- Decrease your immune response
- Decrease your physical and mental functioning
- Increase fats in the bloodstream
- Interfere with sleep
- Be mistaken for medical conditions

If you are between the ages of 18 and 50, you may qualify to take part in a research study of an investigational medication for Generalized Anxiety Disorder.

Every study conducted by California Clinical Trials is staffed by a team of skilled and experienced physicians and medical professionals trained to place your comfort and well-being first.

**If you participate, there is no cost to you...instead:**

- You receive up to \$400 for your time and travel.
- You receive no-cost study-related medication and study-related medical care.
- No reports are made to employers, schools, or insurance companies.



**858-571-1188**

Toll-free 800-571-1188  
www.cctstudy.com



## Are you a Good Sleeper between 21 & 50 years of age?

If so, you may qualify to participate in a research study at our sleep lab.

This study involves no drug therapy; instead, the study tests an investigational noninvasive device. The duration of the study will be approximately 2 weeks, including 3 visits to the sleep lab.

Every study conducted by California Clinical Trials is staffed by a team of physicians and medical professionals trained to place your comfort and well-being first.

Qualified volunteers will be compensated up to \$450 depending on your level of involvement in the study. If interested, please call.



**858-571-1188**

Toll-free 800-571-1188  
www.cctstudy.com



## I Sleep, I Wake Up, I Sleep, I Wake Up...

Having trouble staying asleep? A new research study of an experimental medication may help put you to sleep.

You must:

- Be 18-65 years old
- Be in good general health
- Wake up multiple times during a typical night's sleep

Qualified participants receive at no charge:

- Study-related experimental medication
- Study-related test

You may be compensated for your time and travel



**858-571-1188**

Toll-free 800-571-1188  
www.cctstudy.com





## Always worrying? Anxious? Panic attacks?

**You may qualify for free psychological treatment.**

Researchers in the Department of Psychiatry at UCSD are conducting a brain imaging study that provides free psychological treatment to individuals experiencing **excessive worry** or **panic attacks**. Compensation is provided. You must be between the ages of 18-55, a nonsmoker, and **not** currently taking psychiatric medication. Other eligibility criteria apply. Please call **858-534-6445** for more information and to see if you qualify.



Ramachandran's early work was on human visual perception, using optical illusions to study the brain mechanisms that underlie visual processing. And it was illusions that became key in working with phantom limbs in the mid-'90s. Later, his work with phantom limbs led to using techniques of visual feedback to help stroke victims recover the use of arm and leg functions.

Since then, he has kept his focus on various neurological syndromes to study their underlying mental functions. He and his colleagues have written

articles on synesthesia, in which letters might be linked with colors, or sounds with smells. Then came papers on Capgras delusion, in which a person believes that his family members or friends have been replaced by imposters. He has also written about autism, apotemnophilia (in which a patient has a strong desire to amputate one of his or her limbs), and mirror agnosia, where four right-hemisphere stroke patients "were indifferent to objects in their left visual field even though they were not blind,"

according to Ramachandran.

In "The Emerging Mind," the first of five Reith Lectures for the BBC in 2003, Ramachandran described the vast scope of the brain as well as the source of its fascination for him. "The brain is made up of one hundred billion nerve cells, or 'neurons,' which are the basic structural and function units of the nervous system. Each neuron makes something like a thousand to ten thousand contacts with other neurons, and these points of contact are called synapses, where

### RESEARCH STUDIES

## Schizophrenia Research Study

***Now enrolling participants for...***



...an investigational medication trial to treat impairments of **thinking** and **memory** in adults diagnosed with schizophrenia.

**To see if you or someone you know qualifies, call  
(858) 566-8222**

**Participants will receive:**  
-Study medication  
-Study related care  
-Compensation for time and travel

**The California Neuropsychopharmacology Clinical Research Institute, LLC  
"CNRI, LLC"**

## Heavy drinkers not seeking treatment

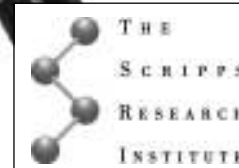


Investigators at The Scripps Research Institute are currently seeking volunteers who consider themselves to be heavy drinkers and do not have any desire to stop drinking.

The purpose of the research is to learn the most effective way of studying predictors of relapse or a return to drinking.

Earn compensation for completing 4 study visits that take place over 3 weeks.

This study **does** involve taking a medication or placebo for one week.



To find out if you qualify for study participation, please call Marni at 858-784-7867 or visit our website at: [www.pearsoncenter.org](http://www.pearsoncenter.org) for more information.

## Seeking patients for a weight loss research study for type 2 diabetics



**Are you a type 2 diabetic? In overall good health? Currently suffering from obesity? If you answered yes to all these questions and are available for study-related visits for a year, you may be eligible.**

**Dr. Sunder Mudaliar and his associates at UCSD are looking for overweight/obese men and women with type 2 diabetes as volunteers to take part in a research study to assess the safety and efficacy of Lorcaserin Hydrochloride.**

#### Duration:

- 62 weeks total: 6 weeks for screening followed by 52 weeks on study medication plus a 30-day post-study telephone contact and periodic follow-up visits

If you meet the following criteria you may be eligible to participate.

#### Inclusion Criteria:

- Males or females aged 18 to 65 years
- Must agree not to participate in a conception process (i.e., active attempt to become pregnant or to impregnate, sperm donation, in vitro fertilization)
- Body Mass Index (BMI) is 27.0 to 45.0 kg/m<sup>2</sup>
- Type 2 diabetes mellitus
- Taking oral medications for at least 3 months
- Not using insulin for at least 3 months
- Home glucose self-monitoring for at least 3 out of 12 months

**To see if you qualify or to learn more about the study, please contact: Jackie Raceles at 858-552-8585 ext. 4384 or Catherine DeLue at ext. 6740**

Qualified participants will be compensated for participation up to \$900.



## Too Shy?

**Trouble with dating? Parties?  
Public speaking? Starting conversations?  
Speaking to authority figures?  
Always worried about what other people think of you?**

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You may be eligible to

### Receive Free Treatment

with computerized therapy as part of a research program.

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CENTER FOR UNDERSTANDING AND TREATING ANXIETY

6386 Alvarado Court, Suite 301, San Diego





Do you or someone you know experience any of the following:

# Delusions Hallucinations Paranoia

and possibly have a diagnosis of  
**Schizophrenia?**

Medical researchers at UCSD are currently conducting a clinical research study to evaluate an investigational drug for the treatment of schizophrenia. Participants will receive either study drug Olanzapine (an FDA-approved antipsychotic medication), or placebo during the course of this 6- to 8-week inpatient study.

Participants are then eligible to continue receiving the study drug for 6 months at no cost while continuing to see the UCSD doctors.

Medical and psychological evaluations and study drug will be provided at no cost. Eligible participants will also receive reimbursement for time and travel.

For more information, please call:

**866-550-UCSD**

UCSD Department of Psychiatry



## Do you constantly worry? Every day?

### Do you:

- Feel nervous, tense or "on edge" most of the time?
- Have trouble sitting still or find it impossible to simply relax?
- Between 18 and 65 years of age? • In overall good health?

If you answered yes to all of these questions, you may be eligible for our investigational drug research study. If you qualify and choose to participate, you will receive physician consultations, study-related medical examinations, laboratory evaluations and follow-up visits at no charge and you may receive study medication. Health insurance is not required and compensation for time and travel is provided.

If you are interested in learning more about this study, please contact:

**(619) 688-6565**

See our website: [www.ari-inc.com](http://www.ari-inc.com)



## Alzheimer's Disease

**FEELING HOPELESS? A new investigational medication is available as part of a research study.**

### Are you or someone you love:

- Suffering from mild to moderate Alzheimer's Disease?
- Taking Aricept®, Exelon®, Razadyne®, or Reminyl® for the treatment of Alzheimer's Disease?
- Between 55 and 90 years of age? • In overall good health? • Not living in a nursing home?

**Affiliated Research Institute is conducting a research study on Alzheimer's Disease.**

### Qualified participants will receive at no cost:

- Study medication • Medical evaluation by a board-certified medical doctor
- Laboratory tests • Supervised care by medical professionals as it relates to the study
- Compensation for time and travel • Health insurance is not required

If you are interested in learning more about this study, please contact:

**(619) 688-6565**

See our website: [www.ari-inc.com](http://www.ari-inc.com)



## Not sleeping?

### Are you:

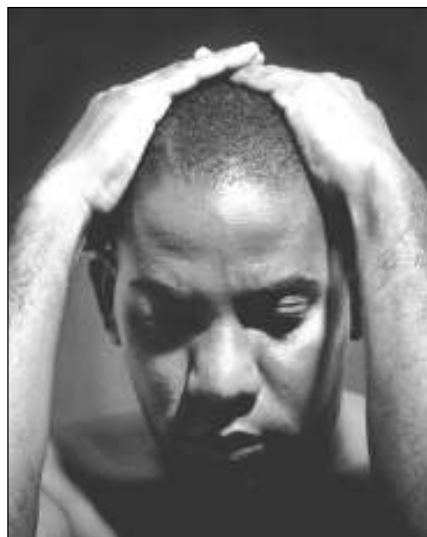
- Having trouble falling asleep?
- Having trouble staying asleep through the night?
- Between 18 and 64 years of age? • In overall good health?

If you answered yes to all of these questions, you may be eligible for our investigational drug research study. If you qualify and choose to participate, you may receive study medication and you will receive physician consultations, study-related medical examinations, laboratory evaluations and follow-up visits at no charge. Health insurance is not required and compensation for time and travel is provided.

If you are interested in learning more about this study, please contact:

**(619) 688-6565**

See our website: [www.ari-inc.com](http://www.ari-inc.com)



## Are you living in the shadow of bipolar depression?

### We're working to bring future treatment options to light.

As a person with bipolar I, you know what it's like to live with the darkness of depression. So you may want to know about this clinical research study examining an investigational drug for bipolar depression compared to a placebo, an inactive substance, when used in combination with a mood stabilizer, if:

- You are at least 18 years old • You have a history of at least one bipolar manic or mixed episode
- You have been diagnosed with bipolar I and are currently experiencing a depressive episode

Participation may last up to 12 weeks, and includes study-related care and monitoring from specialists in bipolar I, access to a mood stabilizer, and potential access to investigational medication, all at no cost.

If you are interested in learning more about this study, please contact:

**(619) 688-6565**

See our website: [www.ari-inc.com](http://www.ari-inc.com)



IMPORTANT INFORMATION FOR PEOPLE WITH

# ASTHMA

AN INVESTIGATIONAL MEDICATION FOR ASTHMA IS IN DEVELOPMENT, AND WE ARE CURRENTLY RECRUITING FOR A CLINICAL RESEARCH STUDY.

### YOU MAY BE ELIGIBLE IF YOU:

- are 12 years of age or older,
- suffer from asthma.

Participation in this study will be at no cost to you and all patient information will be treated confidentially.

FOR MORE INFORMATION, SPEAK TO YOUR DOCTOR, OR CALL NOW!

**619.229.3909**

**For more information on any of these studies, please contact:**

**(619) 688-6565**

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exchange of information occurs. And based on this information, someone has calculated that the number of possible permutations and combinations of brain activity, in other words the number of brain states,

exceeds the number of elementary particles in the known universe.... It never ceases to amaze me that all the richness of our mental life — all our feelings, our emotions, our thoughts, our ambitions,

our love life, our religious sentiments, and even what each of us regards as his own intimate private self — is simply the activity of these little specks of jelly in your head, in your brain. There is nothing

else.”

Ramachandran described his work to me as we sat in his office, which was as comfortable as a private study or den and decorated with artwork from Asia and

Europe, a bust of Freud, a picture of Darwin, odd little antique machines, fossils, bric-a-brac.

He is a tall, dapper man in his late 50s with a mustache and receding curly black hair. He was

wearing black shoes, black pants, a black shirt, and a brown-flecked jacket. Handsome and rather aristocratic, he has the slightly ironic and impatient manner of someone who is already thinking about what he needs to do next and what he must do after that. He speaks with nearly no accent other than rolling his R's and uses quick rushes of phrases between studied transitions to create a striking fast-and-slow pattern that makes his mental gears appear almost visible.

The term “phantom limb” was first used by an English doctor in 1872 in a paper describing how amputees could experience sensations in their missing or phantom limbs. Ramachandran explained that 98 percent of amputees experience phantom sensation and that an innate component of our sense of body image seems to be “hardwired” into our brains, so that even congenitally limbless patients can still feel sensation in the missing limbs. Pain, he argues, first occurs in the brain, and then the sensation or impulse is sent to the damaged or affected area. When I jam my finger in a car door, it's not the finger that hurts first; rather, the brain evaluates the damage and sends the sensation to the finger. That's when I cry, “Ouch!” In the case of phantom limbs, the sensation will be mostly a tingling in the missing limb, but three quarters or more can experience excruciating pain. Ramachandran has a great fondness for what he calls “five-minute experiments” that changed the world, such as Galileo's use of a cardboard tube and two lenses to show that the earth is not the center of the universe, or his experiment of dropping a ten-pound and a one-pound cannonball from the Leaning Tower of Pisa to show that falling bodies fall at the same speed. And there is Michael Faraday's

## RESEARCH STUDIES

# do you suffer from Schizophrenia?

Do you have trouble  
concentrating?

Are your thoughts slow  
and disorganized?

Have you been on a stable dose of  
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of 18 and 55, you may be eligible to  
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Participants receive up to \$650

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1. Must be at least 18 years of age.
2. Both partners in a couple must identify themselves as Mexican/Mexican American or European American (white).
3. Marriage partners must be willing to be interviewed (30 minutes) in their first and third years of marriage.

Compensation up to \$140 per couple.

Please call or e-mail Dr. Donna Castañeda,  
San Diego State University.

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[dcastane@sunstroke.sdsu.edu](mailto:dcastane@sunstroke.sdsu.edu)



Se habla español.

experiment with a bar magnet, iron filings, and a sheet of paper to demonstrate the presence of a magnetic field, as well as Newton's work with a simple prism to show that white light is a composite of different colors.

These "five-minute experiments" influenced Ramachandran in trying to solve the problem of phantom pain with a simple, noninvasive treatment using about \$20 worth of material. He constructed a "virtual reality box" by setting a long mirror horizontally inside a cardboard box from which the top and front surfaces had been removed. The patient places his good arm (or leg) and the remaining stump in the box separated by the mirror, so that the reflection of the good hand creates the illusion of two hands. The patient then simultaneously tries to move both his hand and the phantom and has the illusion of seeing his phantom hand move, while the actual phantom also feels as if it's moving. The reflection gives him positive visual feedback that tells the brain that his phantom hand is moving just as it should. In the case of a man whose phantom fist feels clenched, the mirror box creates the illusion that the clenched fist can open. By working with the box, the man learns to unclench his phantom hand. What was discovered in these cases was that the data coming from the different sense modules in the brain can change as the brain updates its model of reality in response to new information. Of course, it was all more complicated than my paraphrase suggests, but my main interest was the effect of these experiments on the patients.

"Two-thirds got great relief in three to six weeks, sometimes sooner," Ramachandran told me. "In many cases the phantom goes away completely, but if the pain happens to come back, then the box



SCHIZOPHRENIA  
DEPRESSION  
BIPOLAR DISORDER

Researchers at Sharp Mesa Vista Hospital are currently enrolling men and women into inpatient and outpatient studies.

Eligible participants may receive all study-related care at no cost, and may be reimbursed for time and travel.

Participation is confidential and trials are safely conducted under the supervision of experienced physicians and research specialists.

To learn more, please call the Sharp Mesa Vista Hospital Clinical Research Center at **(858) 694-8350**.

**Clinical  
Research Center**  
**SHARP** Mesa Vista  
Hospital

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## GOT KNEE PAIN?

*Don't take osteoarthritis sitting down.*

You may qualify to participate in a research study testing an investigational medication for pain relief of osteoarthritis of the knee.



### To qualify, you must:

- ★ Be age 50 or older
- ★ Have been diagnosed with osteoarthritis of the knee
- ★ Have been taking pain medication for osteoarthritis for at least six weeks

Benefits include study-related care and lab tests, plus compensation for time and travel.

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8008 Frost St., Suite 200  
San Diego, CA 92123

**858-277-7177**

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# Do you have facial acne?

We are looking for volunteers to participate in a 12-week research study of an investigational topical medication for acne.

Those who qualify for the study will receive at no cost:

- Study-related medical evaluations by a dermatologist
- Study-related medication
- Reimbursement for time and travel may be provided
- Participants must be at least 12 years of age

To find out more about the study, please contact:

**University Clinical Trials**

**619-202-0173 or [univct.com](http://univct.com)**



# Attn: Heavy Drinkers

Researchers at The Scripps Research Institute are working to develop new treatments for people with alcohol problems.

Is your current alcohol use causing problems with your family, your work, your life? If you want to stop drinking, The Pearson Center for Alcoholism and Addiction Research is conducting a clinical trial to help you reach that goal.

Qualified participants receive lab tests, medication or placebo, individual counseling and compensation for travel. All information is confidential.

Call: 858-784-7867 (STOP)  
Or visit: [www.pearsoncenter.org](http://www.pearsoncenter.org)



can be used again.”

To give me a better sense of how it worked, he took me downstairs to a room where a tall mirror about two feet wide rose vertically from the floor.

“Stretch out your right hand horizontally across the right side of the mirror,” he told me, “and move a little to the right so you can see your right hand and its reflection, but not your left hand.”

It took some fiddling, but in a few moments I was staring down at my right arm and its reflection, while my left hand was hidden behind the mirror.

“Now wiggle the fingers of your right hand and look at the reflection, while keeping your left hand still.”

As I wiggled my fingers and looked at the reflection, I felt a tingling in my hidden left hand and the sensation that the

fingers of my left hand were wiggling as well. The visual feedback from the mirror had tricked my brain into believing that my left hand was moving, and the brain had responded by sending out the appropriate sensations.

But Ramachandran’s interest is in research rather than in the clinical application of his findings, and he knew little about whether his mirror treat-

graduate school a paper by Ramachandran about helping patients with phantom pain with a \$20 mirror. But I’ll return to that later.

What struck me most was that more than a dozen years had gone by between Ramachandran’s initial discoveries and their application. That meant that well over a million American amputees had been suffering needlessly

## “It’s like a cold ice pick being shoved into the bone marrow.”

ment was being used in clinics. Once he is done with a particular facet of research, he hurries on to something else. He had had no contact with medical staff at the Naval hospital, although he said, rather vaguely, “I gather that talks have begun.”

A Google search, however, informed me that the therapeutic use of mirror therapy is increasing. At Walter Reed Hospital the therapy is given to military amputees. This was initiated in 2007 by a Navy neurologist, who was trying to help soldiers suffering from phantom pain. He recalled reading in

from phantom pain.

“The medical community is very conservative and resistant,” Ramachandran told me. “They don’t really care about rehabilitation that much. They leave it up to the therapists. I’m talking about inertia rather than skepticism. They accept it intellectually, but then back in the hospital they get busy with other work and seem to forget about it.”

One possible reason why doctors and clinics have been slow in using the mirror treatment for amputees is its very simplicity. Instead, they find



RESEARCH STUDIES

## Low Back Pain

### Do You Wake Up to Pain?

If low back pain has you reaching for medication on most days, you may want to consider taking part in a research study. This study is comparing doses of two approved medications to see if they can improve chronic low back pain.

As a qualified participant, you will receive study medication and study-related care at no cost, and may be compensated for time and travel.

All participants will receive medication for their low back pain.

To qualify, you must:

- ☐ Be at least 18 years of age
- ☐ Have had moderate to severe low back pain for three months or more
- ☐ Take medication for low back pain at least four days a week



Low Back Pain  
RESEARCH STUDY

Please call: 760-639-4378

North County Clinical Research



## ARE YOU TOO SHY?

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- ☒ Do you **FEAR** being the center of attention?
- ☒ Do you **AVOID** going to social events and meeting new people?

If you answered YES to any of the above, you may be eligible to participate in an experimental research study comparing several study drug options to treat social anxiety disorder. Medical assessment and clinical care provided.

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Do you or someone you know  
suffer from

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- Male or female between 18 and 65 years of age
- Currently on a mood stabilizer or an antipsychotic
- Duration of mania is greater than one week
- In good general health

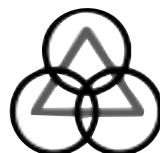
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For more information call:

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RESEARCH

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You may qualify to participate in a research study  
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**To qualify for this research study you must be:**

- A healthy man
- Age 18 to 65
- A non-smoker for at least 6 months
- Willing to make overnight stays

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\$2,250 for time and participation.



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**619-260-1012 ext. 224**

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with urinary frequency and urgency, using an investigational oral  
medication. If you suffer from the embarrassment of way too many  
trips to the bathroom or the loss of urine before you make it there,  
you may be suffering from Overactive Bladder.

To possibly qualify:

- Male or female, 18 years or older
- 8 or more voids and at least 1 episode of urgency per day

Participants may receive at no cost all study-related:

- Examinations and consultation by a board-certified physician
  - Labs, EKG, and all study medications
  - Compensation for your time and travel

Interested, call:  
619-521-2841

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greater credibility in more complicated and costly systems. For instance, scientists at the University of Manchester, U.K., have developed a virtual-reality system that gives amputees the illusion that the missing limb is still there and can function. The scientists referred to Ramachandran's work with the mirror box, saying they would use it with their virtual-reality technologies to create a more effective treatment for phantom pain.

Ramachandran scoffed at this. "Virtual-reality labs are a waste of money, and they don't work as well as the simple mirror box, except when working with double amputees. But for many people, the more expensive something is, the more credible it is."

The next morning I sought out a representative of San Diego's Amputees in Motion, an

amputee support group that Ramachandran had mentioned. The head of the group is Bert Acosta, who lives out near Grossmont College in a two-story Spanish-style house with three huge trees in the front yard.

Acosta is a retired engineer in his 70s who lost a leg in a motorcycle accident 38 years ago. The local Amputees in Motion was started in 1973, and Acosta joined soon afterward. Although the group has a membership list of 500, only about 15 are active. These members visit hospitals to talk to recent amputees about what they might expect and how they might deal with it. The great majority of the amputees are diabetic, with about 1 in 50 being the result of a motorcycle accident.

Acosta is a friendly man and a good talker. We sat in his living room.

"After they took off

my leg," he said, "it got infected in the hospital and I got gangrene and the doctor thought I'd die by the end of the day. He said I had one chance out of ten thousand of surviving because I was so weak. I woke up the next day, and they'd amputated my left leg four inches above the knee. But I still felt my toes; it felt like I had a tourniquet on them. Then the pain got worse. My surgeon handed me a bottle with about a dozen pills. 'Take them when you want,' he said, 'but don't call me again.' You see, he was afraid I'd become addicted. I've met several hundred amputees and not known anyone who didn't have phantom pain. I saw a man yesterday who had just had his leg amputated, and he complained of charley horses. Some feel like molten lead is being poured on their leg; another will say it feels like a cold ice pick being

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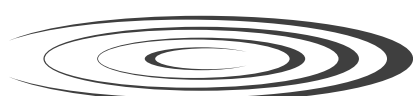
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shoved deep into the bone marrow; a third person will say it feels like the leg is being pulled and the nerves stretched. I can have the molten lead feeling or the stretched feeling. The pain is irregular. It will happen for 10 minutes, stop for 20, come back for 5, then stop and come back again. I don't have the pain when I'm walking or working, but when I'm home sitting down, then my leg starts tingling. Others, it hurts when they walk and stops hurting when they take off the prosthesis. Fifty people with the same amputation could have 50 different responses. Many don't do anything about it. For me, after all this time, it's more of an inconvenience. It feels as if my shoe is too tight. Even if I'm not wearing my prosthesis, it can feel like the shoe is too tight."

Acosta showed me his small TENS unit, which sends out a series of different electronic waves of different strengths, so each person's unit has to be individually set.

"The TENS shocks you on degrees of 1 to 100, and then it has different patterns — skips and dual pulses and steady and random modulations and so on. But that's just mine, because there're lots of others. I needed it after I stopped taking ibuprofen and used it for maybe five years, then I weaned myself off it. One time the pain hit me for three days straight. Now I can walk it off or distract myself. I got it most when I tried to relax. When I retired in '85, it started up again. And stress is something that will increase phantom pain, but it depends on the kind of stress. For me, it wasn't stress from work but family stress. Now, in bed at night, I stretch the leg, raise and lower the leg for 20 minutes just to tire it out."

I asked Acosta if he had ever tried using Ramachandran's mirror method, but he suggested that it hadn't worked for

him. He said that when Ramachandran had been conducting his study, he advertised for amputees in the paper and paid them. "We offered to do it for free, but he turned us down. He was seeing

amputees with six months or less. Maybe one or two had more time. I read his book and he seemed to be making amputees all the same, but every single one is different. Then one of his students told me that

Dr. Ramachandran had told her not to talk to me. I've been tainted by that, and so it's been hard to be objective about him."


I sent Ramachandran an email asking him about this matter, but he hasn't

responded.

Amputees in Motion is part of the American Coalition of Amputees, an education, advocacy, and support group for the country's two million amputees. Over 185,000

new amputations are performed in the United States each year, with the highest percentage being performed on patients with Type 2, or adult-onset, diabetes, which takes in more than 90 per-


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cent of the 20–30 million diabetics. The number of cases of Type 2 diabetes in the United States is expected to double in the next 25 years, while the Centers for Disease Control and Prevention have anticipated that one out of three Americans born after 2000 will develop diabetes in their lifetime as people grow more sedentary, more overweight, and increasingly committed to a "Western-style" high-fat diet. The vascular destruction caused by diabetes, especially in the lower limbs, can lead to necrosis, gangrene, and amputation. Further amputations, called "revisions," are often required as the disease progresses. The great majority of these amputees suffer from phantom pain, which is something that Bert Acosta talks about when he visits San Diego amputees in the hospital.

"I tell them the sooner

they start walking, the easier it is to stand the discomfort," he said. "The prosthesis doesn't hurt the wound or scar because the pressure is on the sides. So you can walk on it very quickly. I know a former sheriff who was walking the day after the operation. And the military gets their people walking right away. I make about ten visits a month, and we have about six steady visitors throughout the county. I'll go all over the place, even down to Tijuana, because I'm the only one that's bilingual. The hospitals don't call us for everyone, just mostly the troubled ones, and we're not really trained for that. They need a psychiatrist. The best time to see the person is before the amputation. Afterward, they're in pain; they're depressed. If you talk to them before, you can convince them their life isn't over. They don't need to

be limited. The Kiwanis has a program to teach amputees how to ski. We have two quadruple amputees, and they get around better than any of us. One woman walks on her stumps; she said she didn't like the prosthesis. I asked her why, and she said, 'How do I put them on?' But your prosthesis needs to be your best friend. The connection is personal and individual, and each person is going to be different. I use a carbon graphite leg that weighs five pounds, so I can sneak into a room with nobody hearing me. Many legs can clunk. I drive a car with a clutch; it never bothers me. My legs bow outward so many times, my prosthesis can seem not to fit. But that's all psychological. I've always felt my foot, and when I put on my prosthesis I have to make sure my phantom foot fits exactly inside the shoe. If I'm off a

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degree, I have to put it on again, because my brain wants to walk as it always did."

Acosta's description seemed to corroborate what Ramachandran had said about one's body image being mental. We have an image of ourselves that may not be exactly how we look. We appear fatter, thinner, prettier, uglier than we actually are. The body image of most amputees still includes the missing limb or limbs, and it keeps sending out signals to the limb, which of course can't be answered, and this is the main source of the phantom, as well as the pain. The mirror image works by sending signals back to the brain that convinces the brain the limb is working properly.

Before talking to anyone at the Naval hospital, I spoke to Teresa Harrison, 37, who suffers from phantom pain in her left arm as a result of a surfing accident, by which I mean she has phantom pain in an arm that still exists.

Teresa had gone out surfing by herself in Coronado late in the day on November 17, 2003. Deciding to take one last run, she paddled out to catch a wave. Instead, the wave flipped her. "I found myself spinning underwater. Everything was gray and murky with flashes of light. I knew something was wrong. I told myself, 'Teresa, just get your feet on the floor and push up.' Some kids were surfing not far away. I was about 30 yards out. I shouted to them. They were about 12 or 13. One of the boys swam to shore to get help, while the other held me around the neck, almost strangling me. I told the boy not to hold me like that; I said I could swim to shore, but he wouldn't let me go."

The boy, whose name she never knew, had saved her life. The fin of the surfboard had cut through her neck, nicking the carotid artery and shaving a bit of her spine. Blood was pour-

ing from the wound. Teresa also had a fractured rib, a collapsed lung, and nerve damage. A lifeguard held her neck together until the ambulance came.

She woke up in the ICU three days later with

her family around her, having come out from West Virginia after being called by Teresa's daughter. She was badly bruised and had 13 staples in her neck, severe pain whenever she tried to lift herself, and

complete paralysis in her left arm. She was 33 years old.

Six months later she had regenerative surgery to repair the nerve damage, but it had little effect. The nerves couldn't be

reattached. However, the surgeon believed he could help her if he rerouted a breathing nerve to the arm. Still the arm remained paralyzed. The muscle had atrophied, and the arm was numb and

without feeling. Teresa had spent four years in the Navy and was a long-distance runner. Through sheer stubbornness she did hours and hours of physical therapy and exercise. Eventually, her lung

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came back. A year after her accident she ran a marathon. But the arm remained paralyzed and without feeling.

"For the first year and a half, I felt nothing," she said. "I would have my daughter touch my hand, my fingers, and I would have no clue what fingers she was touching. But then from my elbow down to my hand, my arm started throbbing as if it was all going to blow. I'll have a painful sensation that extends past my fingers and hurts a lot. At times the arm will feel full and tight. The whole arm will feel as if it's going to pop. It gets flooded with it, like a surge. At the same time, the arm is numb. If I pinch it, I feel nothing. The arm is numb and hurts at the same time."

"So you can't move your arm at all?" I asked. We were sitting in a coffee shop in Coronado.

"Well, I can do this."

Teresa took her left arm with her right and laid it on the table between us with the palm upward. She took a deep breath and then another. Each time she took a breath the fingers curled. Because the surgeon had attached a breathing nerve to the arm, the fingers moved whenever she took a deep

or have it amputated, which would at least rid her of the nuisance factor of carrying around its dead weight. Unfortunately, her health-insurance carrier won't let her see a neurologist again, and her regular doctor doesn't know enough to help her. Teresa is a pretty woman with short brown

## Phantom pain makes it particularly difficult to deal with the depression.

breath, but they didn't move enough for her to use them. More than five years after her accident, this was the best she could do. And the arm often hurts, feeling as if it's about to explode even while remaining numb. The pain will wake her up at night. Now she doesn't know what to do, whether she should keep the arm

hair surrounding her face. She is active and still runs marathons. A mother, she also holds a full-time job.

"I feel like my arm has feelings," she said, "and I don't want to hurt its feelings by cutting it off. But it also feels like a dead weight. It gets in the way, and I can't do anything with it. So I think maybe I should get it amputated."

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I explained to her that getting the arm amputated probably wouldn't make the pain go away. Instead of phantom pain in a real arm, she'd have phantom pain in a phantom arm. I told her about Ramachandran's book, and rather dubiously, she wrote down the name.

"If there's a perfect accident, I think I had it," she told me. "I was very lucky. I could have died."

Eventually, my meeting with several amputees in the Naval Medical Center was approved, and one afternoon I was led to Sonja Hanson, the blond and statuesque public affairs officer of Navy Medicine West, where C5 was located. She in turn led me through a maze of hallways, while describing the Amputee Care and Rehabilitation Center and its emphasis on restoring the quality of life that the young men and women had had before their

injuries. Also affecting the amputees was depression and, in some cases, post-traumatic stress disorder, or PTSD, which leads to flashbacks of battle conditions and disorientation. As I knew from the many Vietnam veterans I have met, PTSD can continue undiminished, and many have suffered from it for the past 40 years.

Added to the difficulties experienced by the amputees was the intense pain that can accompany phantom-limb syndrome. As Sonja told me, the pain made it particularly difficult to deal with the depression. It was bad enough to be missing one or more limbs and to suffer the effects of other injuries, but the intense phantom pain made everything worse.

I asked her about Dr. Ramachandran and the mirror treatment, but she knew nothing about it. Indeed, even the term

"phantom-limb syndrome" was new to her. Again, I was astonished that more than a dozen years after his experiments, his simple procedure was almost unknown. Even though it didn't help all the participants, it had helped a high percentage, and given its simplicity and economic advantage, it seems almost tragic that it hasn't become a fundamental part of the program.

What Sonja especially praised was the Wounded Warrior Project, a private nonprofit organization begun by a few veterans and service members shortly after the start of the current Iraq War. The project focused at first on wounded service members who found themselves in military trauma centers without clothes or personal possessions, supplying the wounded with backpacks containing clothes, playing cards, toi-

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lettries, a calling card, a CD player, and other items intended to ease their return. Since then, the project has developed into a nationwide organization specializing in peer mentoring, a variety of support programs to assist with the return to civilian life, and sports programs that include activities like football, marathon-running, hunting, mountain-climbing, skiing, swimming, and much more. Everything is designed to give wounded service members a sense of community and return them to a life that most feared they would never have again.

Eventually, Sonja took me into a conference room where several present and former servicemen were seated at a long table. The first person I spoke with was Captain Lonnie Moore, 32, who had lost his right leg above the knee in a bomb blast in Iraq in April 2004. Now

he was the western area director of the Wounded Warrior Project and had worked with C5 amputees since the beginning of 2007.

"We work as peer mentors," he said. "Our job is to be there as someone who listens and answers questions, like 'How do I learn to drive?' Absolutely, I tell them there's a life after their injury. I say it may seem overwhelming now, but you'll have your life again and walk again and have the same heart and mind and soul that you had before."

What makes these peer mentors so effective is that they too have suffered injuries. "I was shot by a rocket-propelled grenade that went through my Bradley turret," said Moore. "Besides the leg, I had a concussion, minor things like that."

Standing behind Moore was Army Major

Brian Belnap, the 35-year-old medical director of the amputee center, who occasionally added his comments to what Moore had said. Neither he nor Moore knew the term "phantom-limb syndrome," as a description of the condition, although Belnap knew of Ramachandran and had heard of the mirror treatment. "Almost everybody has phantom pain," he told me.

"When I first see somebody," said Moore, "they'll say, 'I still feel I have my leg or arm or whatever — what does it mean?' It's one of the first or second questions they ask. Early on I had a phantom sensation — feeling in my missing foot and calf. Then after a month or two it felt like someone had wrapped a wire around each of my toes and yanked them back and forth. I couldn't sleep for two weeks. I saw the

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doctor and received a steroid injection, which helped a little; massage also helped. I tried the mirror treatment, but it wasn't effective for me. I rarely have the pain now, but I expect it will keep coming back all my life.

"For some people it feels like a stabbed toe, others feel as if their feet have been hit with a hammer, others feel an electric shock. It can consume a lot of their thoughts and be a big drawback in rehab. The military saw the pain as a huge issue right from the start. Each day they'd ask how my pain was."

So one of Lonnie Moore's jobs as a peer mentor is to talk to amputees about phantom pain, about the various treatments, and how the pain can diminish with time or even disappear. An increasing sense of urgency accompanies such work. Not mentioned in our discussion was the record number of suicides and attempted suicides among active-duty soldiers. The Department of Defense reports that as of March 1, 2008, 145 active Iraq military have committed suicide since the start of the war. And there are other suicides where the death has been reported as accidental or from friendly fire. But Defense has been reluctant to release these figures, because of what it says about the emotional damage caused by the war. For instance, according to a 2004 report by United Press International, between eight and ten percent of the approximately 12,000 soldiers evacuated from Iraq and Afghanistan to the Landstuhl Regional Medical Center in Germany have been sent to the hospital for psychiatric or behavioral health issues, according to the hospital's commander, Col. Rhonda Cornum.

In 2007, CBS News submitted a Freedom of Information Act request to the Defense Department asking for the number of

active-duty service members who committed suicide between 1995 and 2007. The answer was 2200. This figure would seem to throw doubt on the subsequently stated figure of 145.

Further research by CBS News revealed that in 2005, in 45 states at least 6256 of those who had served in the armed forces committed suicide. In 2007, 121 active-duty soldiers took their lives and

about 2000 injured themselves in suicide attempts, according to the U.S. Army Medical Command Suicide Prevention Action Plan. More than half of these incidents occurred after the soldiers had

returned to the United States. The suicide rate among nonveterans is 8.3 per 100,000 persons; among veterans it's between 22.9 and 31.9 per 100,000.

Clearly, there are

many reasons for these suicides, but a great number have occurred among those suffering from PTSD or previous wounds or both. As a result, the Wounded Warrior Project not only tries to bring

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comfort and assistance to the Iraq wounded, it also tries to save lives.

Another soldier I spoke to was Sgt. Wallace — or Wally — Fanene, a 25-year-old Samoan from Temecula. He was wounded on September 8, 2007, and lost his right arm and right leg. He had been in Iraq for 14 months and was a month away from coming home.

“We were on a dismounted patrol in Kirkuk,” he told me, “and I was on point. I saw someone running, and I shouted to everyone to take a knee. I knelt down on a landmine; I sat on it. I knew my leg was gone right when I was hit, but I didn’t feel any pain, and I didn’t know about my arm.”

Fanene was flown immediately to the Landstuhl Regional Medical Facility. “When I came to in the hospital, I still didn’t know my arm was gone.

What was left was heavily bandaged, and all I could see was the bandage. I had a tremendous itching in my right hand, and I asked my wife to scratch it. She told me my arm was gone. We argued about that for five minutes. I mean, I could feel it.”

Fanene was sent on to Walter Reed Hospital and then arrived at the Naval Medical Center on September 22. “The pain must have begun once I got here. I was heavily on meds, and as I tried backing off them, the pain started to come hard. It kept me up all night. I’d get it after I got back from rehab — then it was really hard. It felt like needles in every part of my leg and nails in my toes — I mean actual nails, not a metaphor, and it felt like a knife in my leg. It was the most excruciating pain in my life. The wound itself was never as bad. And I never had these feelings in

my arm. Two weeks later I started the mirror treatment. I was skeptical at first, but then I said, what the heck. So we tried it and it worked right away. The pain just stopped. Four hours later the pain came back again, and again the mirror helped right away.”

The time between the attacks grew longer. “The pain still comes back, but it’s nowhere as bad as it was. It comes back several times a day. But if it starts to bother me, I use the mirror. I also took Klonopin [a muscle relaxant and anticonvulsant that addresses depression and panic attacks] for about two weeks, but then I stopped. Now it’s been about ten weeks since I was injured, and I’m moving around all right. I’m just now coming to realize what I can and cannot do. And what I’ll be able to do. But my life has changed, there’s no doubt about that. Even so, you have a

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surprising will to drive on, knowing that the only thing that holds you back is yourself. You move from threshold to threshold. I just got into the pool last week. It was nice to be in the water again. And I'll surf again. I'll do what I can until I have to stop."

Fanene intends to stay in the Army if possible. He's been married for about two and a half years and has a one-year-old

daughter. He's a big, strong guy, tall, with mocha skin, and muscular as a weightlifter. Yet now and then he looked vulnerable, and there was uncertainty in his eyes. Although he tried to stay optimistic, the future was more than he could imagine. Still, he had seen many amputees in the center as bad off or worse than he was running or going up the climbing wall. He could

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see what was possible, and there were always people like Lonnie Moore nearby to offer encouragement.

As for the mirror treatment, Major Belnap said it had just started being used at Walter Reed when he left there for San Diego in mid-2007. "My job is as a rehab specialist, so I spend a lot of time dealing with pain, all sorts of pain. So we're always brainstorming to see what might be done. No two cases are alike. And we're always looking for therapies without side effects; so any method that doesn't involve meds or surgery, I'm for it. I work closely with a team of doctors and therapists, both active duty and civil. We need multiple disciplines including mental health. We have to look at the whole picture, like the whole family-support system. It's a very stressful time. In some cases there's been a divorce, but in

other cases the wives stand by their sides and help a lot. The phantom pain can be very disabling, but it can diminish over time. At Walter Reed we tried acupuncture and meds like Gabapentin, which has been useful in alleviating neuropathic pain. Some it helps, some it doesn't. You try to use evidence-based meds, so you ask what literature there is out there, and it's always mixed. The TENS unit often works right after the limb has been taken off, but not for long."

Nearly 40 amputees are in the center, with three-quarters from the Iraq War, one from Afghanistan, and a number of victims of motorcycle accidents.

"Two weeks after the sutures come out, we fit them with a prosthesis," said Major Belnap. "Then we speed up the rehab. The sports component has been a big help. You can

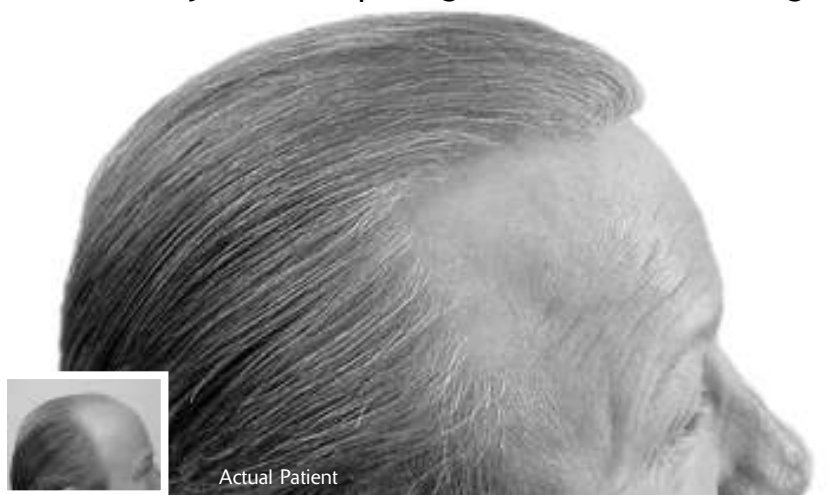
teach them to ski in less than a day. It gives them confidence that they can do something, and their motivation seems to lessen their phantom pain. It's inspiring for me to see them; it's an emotional experience. We have a very robust peer-visitation program with 17 visitors whose job is to listen and answer questions. Many people say they turned the corner after they had their first peer visit. I've worked with the phantom pain from the beginning. It takes time, and no magic bullet will take it away. The last-ditch effort would be spinal cord surgery. I really hope to talk to Dr. Ramachandran at some point, but nothing has been set up. We should invite him to come."

The last person I talked to, under Sonja's care, was Peter Harsch, 36, a civil prosthetist, blond, fast-talking, and with Hollywood good looks and

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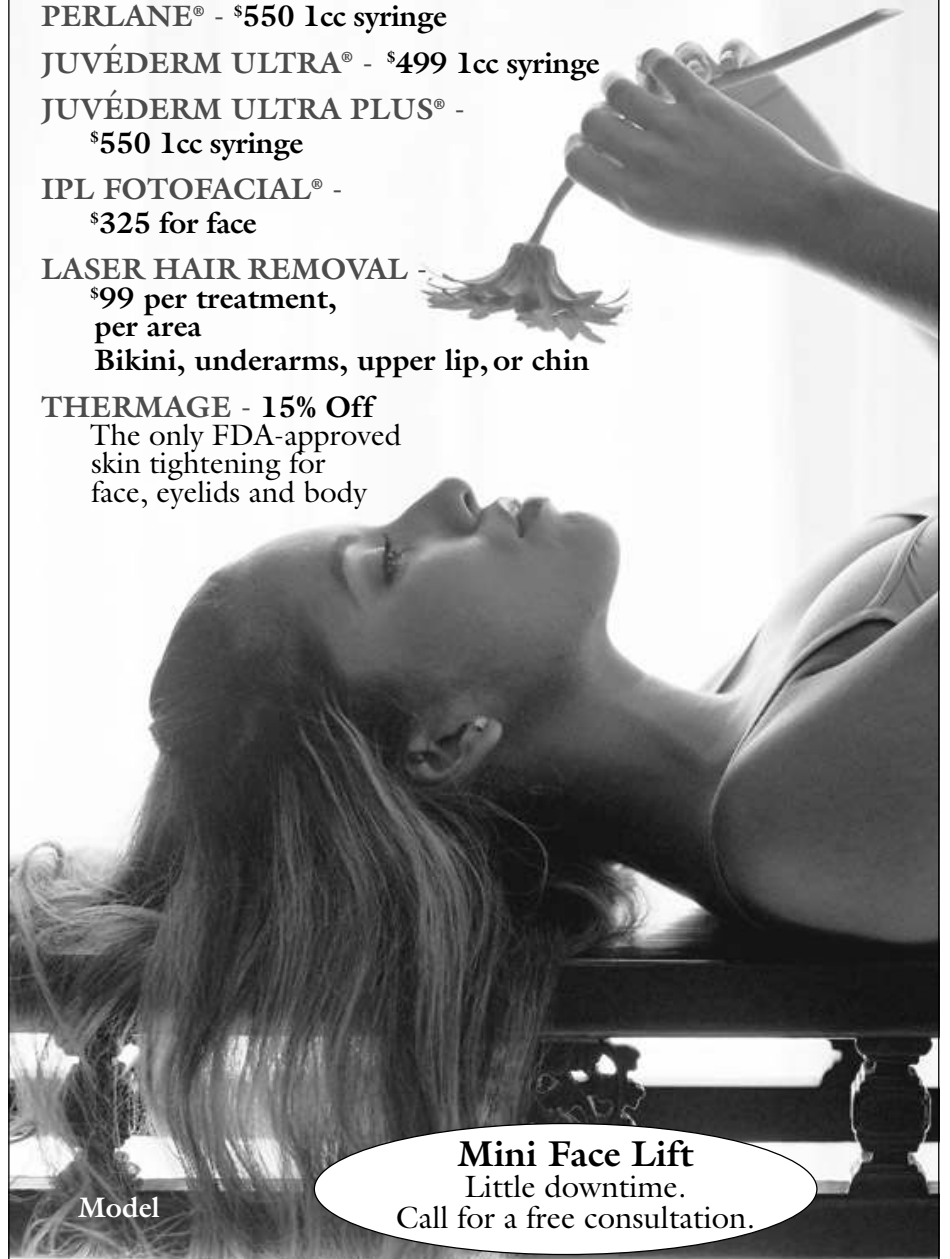
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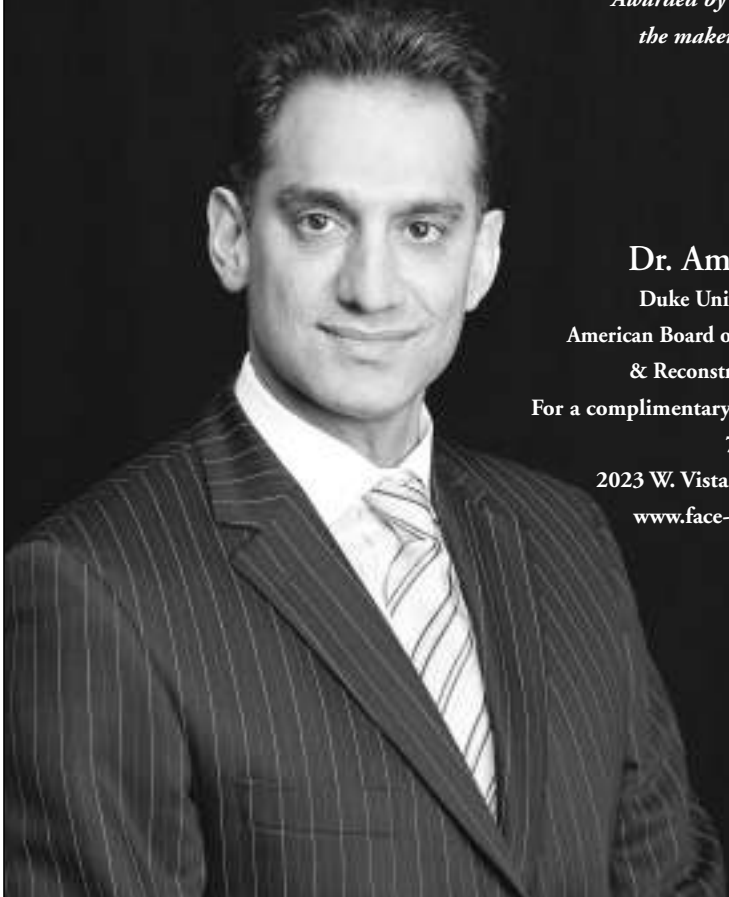
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charm. He showed me the equipment they used in preparing a prosthesis, most of it computerized. A cast is taken and the residual limb scanned and modified on a computer. Then the image is sent over to a carving machine, which produces a copy of the limb. Then heated Duraplex is put around the socket of the copy to make a mold ensuring that the eventual prosthesis will be a perfect fit.

As we moved from room to room, we passed amputees, both men and women, working on treadmills or being fitted.

Everyone in contact with the amputees seemed tremendously upbeat, as if the missing limb were just a minor inconvenience, but it wasn't as superficial as that may seem, because the staff obviously cared deeply about their patients and were doing what they could to make their lives better.

Harsch was particularly enthusiastic about the new technology developed in the past few years. "You're getting a very smart monkey in the knee," he told me. "You have four sensors recognizing the ground terrain,

evaluating data at 1500 times per second, and motor systems powering the knee, foot, and ankle." He also spoke about the i-Limb Hand, developed by U.K.-based Touch Bionics, which has five individually powered digits and looks and acts like a real human hand. The hand, according to the company's website, *touchbionics.com*, "utilizes the electrical signals generated by the muscles in the remaining portion of the patient's limb" to hold a coffee cup, slip a key in a lock, offer a business card, and a wide variety of other movements impossible in

the past.

"We can reduce the phantom pain with the use of a good prosthesis," Harsch said. "It really helps to desensitize those nerves. What's important is which doctors are paying attention to the nerves. So orthopedic surgery is far more effective than vascular surgery. Vascular surgery might try to save the limb, but orthopedic surgery tries to prepare for the prosthesis. But with these guys in here, what they want to do, we try to do. We create a positive vibe. Some people will ask if this sort of work isn't depressing, but I find it an incredible experience."

I gathered most of the material for this article at the very end of 2007. Unknown to me at the time was an article on mirror therapy in the

November 22 issue of the *New England Journal of Medicine*, written by a team of doctors and researchers at Walter Reed Army Medical Center. The team used 22 lower-limb amputees separated into three groups. All suffered from phantom pain. Indeed, the article said that phantom pain occurred in more than 90 percent of limb amputees. In a daily 15-minute therapy session, one group without mirrors closed their eyes and imagined moving the amputated limb. A second group used the mirror, but the mirror was covered so they couldn't see it. In the third group, the patients could see "the reflected image of their intact foot in the mirror."

After four weeks, two patients in the mental-

visualization group reported less pain and four reported more pain. In the covered-mirror group, one patient reported less pain and three said they had more pain. In the mirror group, every single patient reported substantial improvement. Then nine patients from the first two groups were given four weeks of mirror therapy. At the end of that time, eight of those nine also experienced a substantial decrease in pain. Those in the first mirror-therapy group received another four weeks of treatment, and all continued to improve. Because of these results, Navy Cmdr. Jack Tsao, a neurologist at Walter Reed, who was one of the authors of the article, now offers mirror therapy routinely. It is extremely cheap and requires no spe-

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cial training. Indeed, he gives the few instructions to anyone interested by phone or email. He doesn't know how it works except that the mirror seems to trick the brain into thinking that the missing limb still exists.

One wonders what would have happened if Tsao hadn't recalled reading an article by Ramachandran while he was still in graduate school. And one wonders how mirror therapy might have helped the two million amputees in this country, many of whom still suffer from bouts of phantom pain. Use of mirror therapy has shown that the sooner it is administered, the more effective it is, although gains have been made no matter how old the amputation. And, again, I am amazed by how long it has taken for this treatment to be put into practice. A lot of pain has been endured

unnecessarily.

Then there is my friend Glenn. After writing the above, I went to Home Depot and bought an inexpensive mirror measuring 30 x 36 inches. A little later I brought Glenn over to my house. Following a certain amount of talk, I got him to put on a pair of shorts, remove his prosthesis, and sit on the floor with the mirror separating his two legs and with the damaged leg hidden. "Now wiggle your toes," I said. "On both feet."

Glenn looked at me as if I'd said something foolish, but then he wiggled his toes. The toes in the mirror also wiggled. It didn't look like a reflection; it looked like two separate feet wiggling their toes.

After a moment, Glenn said, "It's weird. I mean, my other foot is moving its toes. The missing toes. I can feel my toes

moving." All the skepticism was gone from his voice. For a minute or so he happily wiggled the three sets of toes — the real, the reflected, and the phantom. "Think of that," he said. "How strange." He moved the foot from side to side, raised it a little. It was as if his missing foot had been restored, and he leaned over to his left to see if the stump was still there. "How does this happen?"

I told him how the brain has a body image and his body image included two feet. The mirror had tricked the brain.

"That's weird," he repeated. "That's really interesting."

I let him keep the mirror. Of course, he hadn't been feeling any pain at that particular moment, but now at least, when the pain comes back, he'll be ready. ■

— Stephen Dobyns

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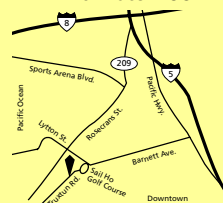
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# Unforgettable

L O N G - A G O S A N D I E G O

## THE JAMUL INCIDENT: THE LIFE AND TIMES OF APOLINARIA LORENZANA (Part Three)

In the spring of 1837, Apolinaria Lorenzana left her duties at the mission for a few days, to break in a new foreman at Rancho Jamacha. San Diegans called

her *la beata* (“the blessed one”), though she preferred *la cuña* (“the foundling”), because she’d been orphaned at birth.

At Jamacha she was *la ranchera*. She managed, and would eventually own, the 8881-acre land grant 15 miles southeast of San Diego in the Sweetwater River Valley.

Lorenzana arrived and put everyone to work. She sent her servant, Camacho, to Jamul to help round up stray cattle. She had servants clean the adobe casa (on a rise northwest of the junction of Campo and Jamacha Roads). She told the new foreman, Rios, to help workers with chores, while she and the foreman’s wife, Nieves, scraped gunk from a watering trough.

Someone’s coming.

A shaken, half-clothed boy inched down the trail from Jamul with painful, barefooted steps. Forty-five-year-old Lorenzana, whose eyesight had begun to

dim, thought she saw a woman trying to hide behind the lime kiln. Naked from the waist up, the woman held straw in her crossed arms to conceal her breasts.

“Something for my mother,” the boy pointed to the kiln, “to cover her.”

He was José Antonio, the 12-year-old son of Juan Léiva, foreman of Jamul. As Nieves ran into the house to grab a bedspread, she thought she heard the boy say “Indian attack.”

So did Lorenzana. Warn Rios and gather everyone together, she told a servant.

Lorenzana recognized the woman staring through infinity. It was Léiva’s wife María, so “overwhelmed by sorrow,” she could neither speak nor cry. “I tried to console her and get her to eat something,” said Lorenzana, “but she was sad beyond comforting.”

An old Indian trail, through Mexican Canyon and southwest along today’s Otay Lakes Road, curves from Jamacha to Rancho Jamul. If the attack were widespread, Lorenzana’s rancho would be next. “This is what I feared.”

Praised as a healer, beloved by many as a “living saint,” Lorenzana was also a woman of the world, writes Philip S. Rush, with a “strong, somewhat domineering character.” She never married, nor was she a cloistered nun. The “grand

lady” taught, nursed, godparented, and, in times of tragedy such as the “Jamul Incident” of 1837, took charge.

Ride to the village of Secua, she ordered a native. They must come at once armed with bows and arrows. She wrote letters to El Cajon Rancho and San Diego, telling a woman friend where the mission hid guns and bullets. Send them! And ask Fathers Oliva and Martin for paper to make cartridges.

As lookouts raced to vantage points up the hill, and ranch hands secured the livestock and piled adobe for a siege, Doña María, wrapped in a bedspread, told her story.

Don Pio Pico (who owned the rancho) had been arrested Christmas Eve and at last word was in Santa Barbara. His mother Estaquia and her three daughters were among those at Jamul.

Two days earlier, Estaquia sat in the doorway of the adobe ranch house, on a shelf near the mouth of Cedar Canyon. She had a pleasing view of the orchard, down to her right, and the corral, across the way, behind the junction of Jamul and Dulzura creeks. Off to the southeast, she could see the cornfield, which still needed planting, and the wheat fields beyond.

Cesaria, an old Indian servant, came up the hill and asked for salt.

Estaquia gestured at someone inside.

The servant’s hands flashed “no!” Estaquia must bring it.

The two went inside. In a quiet corner, Cesaria whispered, “Indians are going to revolt. They will kill the men and take the women captive!”



Lorenzana’s design for Rancho Jamacha

Estaquia went to the sewing room. Drop everything, she told her daughters. Grab your *rebozos* (all-purpose shawls) and go to the road by the cornfield — *jandale!*

Estaquia broke the news to Léiva. She’d seen signs of unrest for days, she added. Léiva, whose wife and four children were at the rancho, told her to calm down. They had more than enough arms and *vaqueros* to stop an assault.

Estaquia wanted to leave. So the foreman sent an ox-drawn *carreta* to the cornfield. As they boarded, a daughter noticed only one cowhide. Since *carretas* usually have hides on the bottom and the sides, theirs was an undignified means of travel. Urgency tempered displeasure, however.

When Léiva’s wife María heard the

## QUOTATIONS

1. Apolinaria Lorenzana: “Although the [Secua] were gentiles, they were very gentle and very good people.... Some other Indians who were of a peaceful nature also came from much farther away to help us.”

2. Rosaura Sánchez: “In several of these insurrection stories, warnings are provided by a Californio-loyal

Indian woman or a young Indian boy. The warning, always taken to heart by women, often leads to an averting of the insurrection.”

3. Lorenzana: “I heard it said the Indians were going to sell the young girls at the Colorado.”

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news, she begged him to flee. And if he was staying, then “let me go to [Lorenzana’s] rancho because I am really frightened.”

There are no Indians, Léiva joked. Don’t worry. Lorenzana’s servant will stay the night. So that makes four men, plus 12 loaded firearms in the house. “If they do come, I’ll put the family in a room filled with cowhides.”

The day had been too blessed for bad news. Anastasio Molina had come from San Diego that morning with a much-anticipated request. He asked Léiva’s permission to marry his oldest daughter, Tomasa, and to take her to the mission. They’d publish the marriage banns and proclaim their love. No one would dare violate such a joyous occasion.

At sunrise, María cooked breakfast at the “kitchen,” an outside structure and stone oven near the ranch house. A servant took an extra strip of beef to fortify himself, since the wheat fields he tended were

so far away. Camacho rode to the corral, where he would separate Lorenzana’s cattle from the roundup. Léiva and Molina mounted their horses. Then Léiva dismounted. He went to the outdoor oven for a firestick to light his *cigarro*.

All heard a scream, sudden, more piercing than any bird. Then several.

the cornfield, killing the servant. Through the tall reeds and sycamores at Dulzura Creek, Léiva heard horses’ hooves pound for the corral, where Camacho, unarmed, ran for shelter. He found none and died amid shouts and slashes.

Horses splashed across the creek. Léiva and Molina raced to the ranch house.

Loaded with booty from the rancho, the attackers headed east with Pico’s cattle. From the dust cloud, two girls wailed above the din.

## WAR CRY!

“Oh, Anastasio,” Doña María shouted at her future son-in-law, “the Indians are coming to kill us!”

She hurried her children down the hill to hide among the olive trees.

A band of natives, some bareback on horses, others sprinting, swarmed across

The attackers had to come up the promontory through over 100 yards of open ground. There was still time.

As Léiva neared the house, where he stored the muskets and pistols, arrows hissed past. They spiked the soil and clacked off adobe walls. One struck him. He ran inside. What’s

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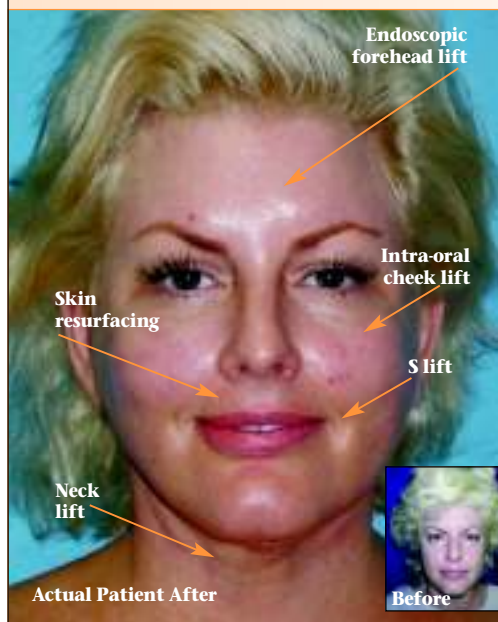
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wrong with the storage room door? He shook the handle. It's stuck. Someone locked it!

As an Indian cleaning woman headed outside, she flashed the key at Léiva. She laughed, pointed at the door, and shouted, "No hope in that direction!"

Léiva chased after her. He saw Molina crumble under the covered porch. Gone. Léiva dashed to the oven and reached inside. He grabbed hot coals and firebrands and flung them at his attackers. They engulfed him.

In the orchard, María tried to hide her sons and daughters. Attackers surrounded them. Don't try

to escape, one said, or we will kill you all.

María recognized several of the natives. The "worst of the bunch," she told Lorenzana, were from the rancho. They "incited the others to come."

The Indians stripped the children. They tore the rebozo and blouse off María. They bound the girls — Tomasa (18) and Ramona (11) — with rawhide thongs.

You three leave now, one ordered Doña María and the boys. We do not want to kill you. Young Ramona realized what this meant: she and Tomasa were captives.

"The girls were screaming," María told Lorenzana,

"and the youngest was hanging on to my skirt."

Leave now! A raised war club.

"Don't kill them!" Tomasa shouted.

María and her boys, already hoarse from pleading, moved away.

From a distance she watched her house crackle, then erupt. She may or may not have known that Léiva, Molina, Camacho, and the field servant's corpses had been dragged inside and laid out in the hallway. Flames crowned other buildings.

Loaded with booty from the rancho, the attackers headed east with Pico's cattle. Somewhere from the

dust cloud, two girls wailed above the din.

María finished her story and went blank, still refusing to eat. Later that afternoon, Secuans arrived armed with bows and arrows. Lorenzana sent a "force" of them to find out what happened at Jamul. "Don't touch the bodies until after the judicial inquiry," she told her foreman. (The next day, when Judge José Estudillo examined the corpses, he found them charred beyond recognition.)

After a long, profound silence, María asked to go to San Diego. Lorenzana offered a *carreta* and watched the inconsolable woman leave. Her "spirit was shattered," says Lorenzana, "and she suffered the rest of her life. She never recovered from the tragedy and finally succumbed to the burden of her sorrows." ■

— Jeff Smith

Next time: Tomasa and Ramona's sad fate(s).

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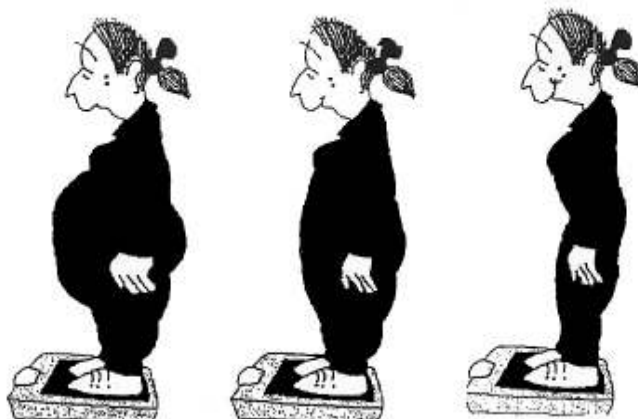
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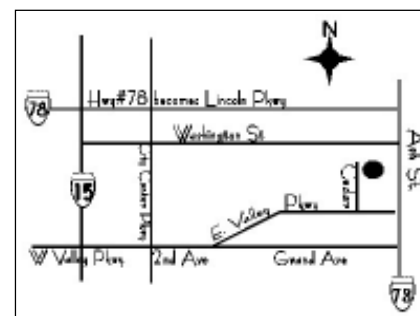
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# LETTERS

continued from page 12

under those circumstances, they'd want to know why, how, where, when, and who with. And not "Well, I wasn't there so I killed her." No, that's not right.

I was at the courthouse on January 30. I saw all these young ladies that were there because they were with Mr. Garcia. And as for soshimo and Greta (Letters, June 12), if they had seen all the young ladies who were there with Mr. Garcia, they would want this man put behind bars; he has no right being with all these young ladies.

I feel sorry for the mother, very sorry for her. Yes, she made a mistake in getting drunk. Yes, she made a mistake in probably leaving her other child home. But she went out for a run and did not plan to go to her friend's house. She didn't know her daughter was going to be in an accident. So I think you people need to lay off her and realize that a

young lady died and that a sheriff's station, they didn't want to do anything about it, and then a judge, basically, until a bunch of people started harassing her in her office, a judge wasn't even going to do anything about it because, hey, whatever. I don't know who the Garcia family is connected with, but somebody needs to look into that and find out why this young man was able to get away with everything he got away with and stop blaming a mother and not blame the person actually responsible for it.

I'm appalled by some of the letters I saw in the *Reader*. I'm appalled by them. Because she did her best. Her daughter died, and if your daughter died the way her daughter died, I think you'd be as upset as she is, if not more, with the responses she got.

Cynthia  
El Cajon

## Bloodshed Not An Option

The article "If I Did That Over There, They'd Cut My Hands Off," by Bill Manson, published in the *Reader* on May 15, was an interesting article and did reveal a few of the main teachings that Muhammad, the Messenger and Prophet of God, brought for humanity. If the believers of God study the Quran and don't let others tell them how and what to think, then they will realize and appreciate the real teachings of Muhammad.

My friend and I are both members of the Baha'i faith, with a Christian and Jewish background, and would like to draw your attention to a few points not mentioned by the author of the article. For those who have not heard of us, the Baha'i faith is an independent world religion, whose fundamental teaching is the

oneness of humanity.

Fellow Baha'is, men and women alike, are being killed in Iran, their properties confiscated, and their children are being denied education all because of their religious beliefs. In the name of Islam, all their human rights are being violated.

However, we do not feel the actions taken by the Iranian government and fanatic groups have anything to do with the teachings of Muhammad and the substance of the holy book Quran.

1. The Quran has two parts. The allegorical portions have been revealed to bring examples for a better understanding of the "main

substance" of this holy book. Unfortunately, as the Messenger of God had foreseen, people use the allegorical statements to create confusion and agony. We have been given in the third sura, verse 7, "He it is Who hath revealed unto thee (Muhammad) the Scripture wherein are clear revelations — they are the substance of the Book — and others (which are) allegorical. But those in whose hearts is doubt pursue, forsooth, that which is allegorical seeking (to cause) dissension by seeking to explain it. None knoweth its explanation save Allah. And those who are of sound instruction say: We

believe therein; the whole is from our Lord; but only men of understanding really heed." Please use your own understanding of this heavenly verse.

2. The Quran is the best book to teach us about progressive revelation. It talks about God creating human beings, placing them on earth, and promising them guidance. The histories of previous religions have been revealed in full in the Quran. We have in the second sura, verse 136, "Say (O Muslims): We believe in Allah and that which is revealed unto us and that which was revealed unto Abraham, and Ishmael, and Isaac, and Jacob, and the

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tribes, and that which Moses and Jesus received, and that which the prophets received from their Lord. We make no distinction between any of them, and unto Him we have surrendered."

By believing in what God has revealed to all the messengers of the past, we do not have any option for bloodshed, as it was rejected by all the previous messengers. Muhammad has granted freedom of religion, as we have in sura 42, verse 15, "Allah is our Lord and your Lord. Unto us our works and unto you your works; no argument between us and you. Allah will bring us together, and unto Him is the journeying." Having this verse, why should we feel that all peo-

ple have to be Muslem, otherwise they should be killed?

3. Justice is highly valued in the Quran, and God will make the judgment on the final day. If this is valid, why is it not being carried out? In sura 16, verse 90, "Lo! Allah enjoineth justice and kindness, and giving to kinsfolk, and forbiddeth lewdness and abomination and wickedness. He exhorteth you in order that ye may take heed."

4. We use one verse of Quran and make judgments without understanding the definitions of the words. For example, in sura 33, verse 40, we have "Muhammad is not the father of any man among you, but he is the Apostle of God,

and the Seal of the Prophets: and God knoweth all things."

The Arabic translated words *rassul* and *nabi* in the above verse have been translated as apostle and prophet respectively. In this verse, Muhammad distinguished his two stations. Who is apostle, and who is prophet? Let us turn our attention to the definitions given to us for these words. Quite clearly Muhammad has defined *nabi* (prophet) as the person who helps the messenger and teaches the holy books. We have been given that Moses was the messenger and his brother Aaron was a prophet; Jesus was the messenger and John the Baptist was prophet. In sura 3, verse 81,

"When Allah made (His) covenant with the prophets, (He said): 'Behold that which I have given you of the Scripture and knowledge. And afterward there will come unto you a messenger, confirming that which ye possess. Ye shall believe in him and ye shall help him.'"

There are many other verses that give us similar understanding between these two stations. We have been told in the Quran that the knowledge of God is so vast that if all the trees were used to make pens and all the ocean water were used to make ink, we would run out of pen and ink in describing God's knowledge.

The progressive revelation given by Muhammad,

and the concept that God is always sending, confirmed our beliefs that no messenger is going to be the last messenger. All the messengers come for a period of time and expand our material and spiritual understanding.

We beg our Moslem friends to pay attention to the divine statements revealed in Holy Quran:

Sura 44, verse 35, "Lo! We are ever warning." God is warning us at all times.

Sura 23, verse 17, "and We are never unmindful of creation." God will never forget us.

In second sura, verse 256, "There is no compulsion in religion." Religion should not be forced on people.

In fifth sura, verse 92, "Obey Allah and obey the messenger, and beware! But if ye turn away, then know that the duty of Our mes-

senger is only plain conveyance (of the message)."

Do you think that God has given us a bigger responsibility and power than what He has given to His Messenger Muhammad? His was only to convey the message. Who and why are these people killing, looting, and being aggressors? Did they receive more authority than Muhammad, and we were not aware of it?

In the Baha'i faith, our writings teach us that religion must be the cause of unity. Baha'u'llah, the Prophet-Founder of the Baha'i faith, has written the following:

"O ye children of men! The fundamental purpose animating the Faith of God and His religion is to safeguard the interests and promote the unity of the human race, and to foster the spirit of love and fellowship amongst men. Suffer it not

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to become a source of disension and discord.

"The Great Being saith: O well-beloved ones! The tabernacle of unity hath been raised; regard ye not one another as strangers. Ye are the fruits of one tree, and the leaves of one branch. Deal ye one with another with the utmost love and harmony, with friendliness and fellowship. He Who is the Day Star of Truth beareth Me witness! So powerful is the light of unity that it can illuminate the whole earth."

All previous Quranic quotations were taken from the Pickthall translation.

Name Withheld  
via email

### Cheaters Are Everywhere

I think that this young lady is a bit off the mark ("Confessions of a Phony Navy Wife," Cover Story, May 8). And, like some, just had a real bad Navy experience. Though a well-written article, she as a journalist forgot or failed to remember the number-one rule of journalism. That is to be objective. To give both sides of the story equal footing. This young lady, like others, has in her head that marriage is perfect, and once it happens it runs on autopilot. Marriage is "work in progress." The key word being "work." The moment this young lady married this friend of hers to improve her quality of life, she became just like the others she despised. Be it right or wrong, at least those lying cheaters (men) and sluts (women) had sex with their spouses. Are women not being lying cheaters when they commit adultery? The only real difference between the two is women attempt to justify why they had the affair, much like this young lady is doing to justify her wrongdoings.

If you pay close attention, you will notice that as women begin to assume positions of power and authority in the workplace they begin to display characteristics usually associated with men. Things such as discrimination, sexual harassment, and adultery. I must also say that the USS *Higgins* must have been quite the unique ship. Meaning that the article

only mentioned the men of that ship and their adultery. Were there not women on the ship that were also cheating? In my 24 years of service, I've seen it go both ways, and I'm sure that she did as well.

I used to tell my sailors, while you are in the military, you should get to know people outside of the military, not including family. It keeps you grounded and attuned to what is happening in the real world. That being said, she would have realized that affairs don't just happen in the military.

Our civilian counterparts also have affairs as well. The big difference is that our lives are closer in the military than our civilian counterparts'. Case in point, as a chief, I knew all of my sailors' wives, children, and in some cases siblings and parents as well. How many bosses or supervisors, for that matter, appear in court with their employees? It's a common occurrence with us. How many creditors send letters of indebtedness to our civilian counterparts? None. After work, many of our civilian counterparts go their separate ways. When you're on a ship like the USS *Higgins* in a foreign country, you will tend to travel in the same circles. Return back to the ship, go to sleep, wake up, and have breakfast with each other.

I'm sure by now you get my drift. If you're the attentive type, you will notice who's not at the bars and nightclubs as well. Before long you will put two and two together and realize that some couples onboard are taking the clandestine approach and doing their thing in nearby hotels. Most of our civilian counterparts have affairs with coworkers and/or relatives to include in-laws (sisters, cousins, aunts, and uncles). In most cases, it happens with the person you will most likely spend most of your time with. With both parents working these days, we spend more time with our coworkers than we do with our significant others.

Lloyd L. Young  
U.S. Navy (Retired)

### Sonora Story Good As Gold

I am not a resident of San Diego, but I loved the article "Queen of the Southern Mines" ("Remote Control King," March 13). I live in Sonora, California, and, God, it would be great to get honest and to-the-point stories as posted by Ollie. I was not sure if the story was from Ollie's experience or another's, but it was dead-on.

Michael Patterson  
via email

### Comments from Reader Website

*Comments are not edited for spelling, punctuation, or grammar.*

### Cover Story Published July 2

*Posted by billrosen1 on July 5, 1:18 p.m.*

I just finished the cover story of three murders of men by their women. I have been reading a lot of detective fiction and Tom Larson could certainly write a good detective story if he tried. I also admired his objectivity: none of the three women were paragons of femininity, but the men were worse. None of the three women could leave their men and avoid the crime.

I'm pleased that women are murdering men. I'm tired of the abuse and murder of women by men all through the ages. I wish that Moslem wives would murder their husbands and put the fear of Allah into them. Would that a lot of Catholic wives had murdered their men in the early 20th century after the usual Saturday night beating with the family priest telling the women to endure it.

Well, it is said that most people "live lives of quiet desperation". Middle class people, maybe. But there is nothing quiet about the class of people you wrote about. The abused go on to marry abusers and evil is transmitted from generation to generation.

I had little or no feeling for the married men. Maybe because you didn't tell us so much about them.

It's another hit from my favorite cover story writer, but not one that draws from me the usual empathy.

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# Peek at a Penguin

## Kayak Tour of Mission Bay

**F**or the full-moon paddle, sometimes there's phosphorescence in the water," says Julie Hocking, office manager of the education department for the San Diego Natural History Museum. "It's like a neon green. When I paddle I can create my own little light show in the water."

On Saturday, July 12, the museum will host a kayak tour of Mission Bay as part of its family education program. The tour begins with a basic paddling lesson, after which kayakers will travel to the bait dock in Quivira Basin, located at the western end

### LOCAL EVENTS

of the bay by the Islandia Hotel. "That's where the sea lions hang out," says Hocking.

Kayaking, Hocking says, is an ideal way to view wildlife not easily viewable from the shore: "The blue heron nests are five times bigger than I would have expected." Hocking has seen nests in tall trees along the edge of SeaWorld that borders Mission Bay. "They're huge — cocktail-table sized — made with big sticks the size of an arm and smaller sticks, all woven together."

Cormorants can often be seen drying their wings while perched atop telephone wires between SeaWorld and Fiesta Island. "They almost look like scarecrows with their wings out to the sides, hanging out to dry," says Hocking. Because cormorants dive for food, their outermost layer of feathers does not possess the water-resistant qualities that increase buoyancy as do

seagulls or ducks.

The bait dock attracts many animals, including sea lions, birds, and fish like the bat ray. "A female bat ray [a type of stingray] is about six feet in wingspan," says Dylan Edwards, lead kayak guide for Hike Bike Kayak, a tour group not affiliated with the museum. "They don't sting or bite or anything like that — you can jump in and swim with them."

One of the most extraordinary birds Edwards has seen from a kayak in Mission Bay is... the penguin. "You can look over this little fence [at SeaWorld] and can get up close and personal with the penguins, about 30 yards away."

Edwards has never seen anyone flip a kayak in Mission Bay but says such accidents are not uncommon along the shores of La Jolla. "It usually happens when they're surfing their kayaks back into shore," he says, and recommends wearing a helmet "because of all the caves and the risk of hitting your own kayak."

If one does flip in a kayak, the safety procedure is the same as for surfboarders. "You want to drop down under water, cover your head and neck, and let the waves carry the kayak away from where you are. Even as you surface you want to keep your arms over your head in case that kayak is directly above you."

Tandem kayaks, commonly used in

tours, are not likely to flip, especially in a bay. "These boats are extremely stable and are difficult to upend, even when people are trying," says Hocking. She recounts one story she's heard in which Girl Scouts, as part of a lesson on how to reclaim an abandoned canoe, were unable to flip their tandem kayak without assistance.

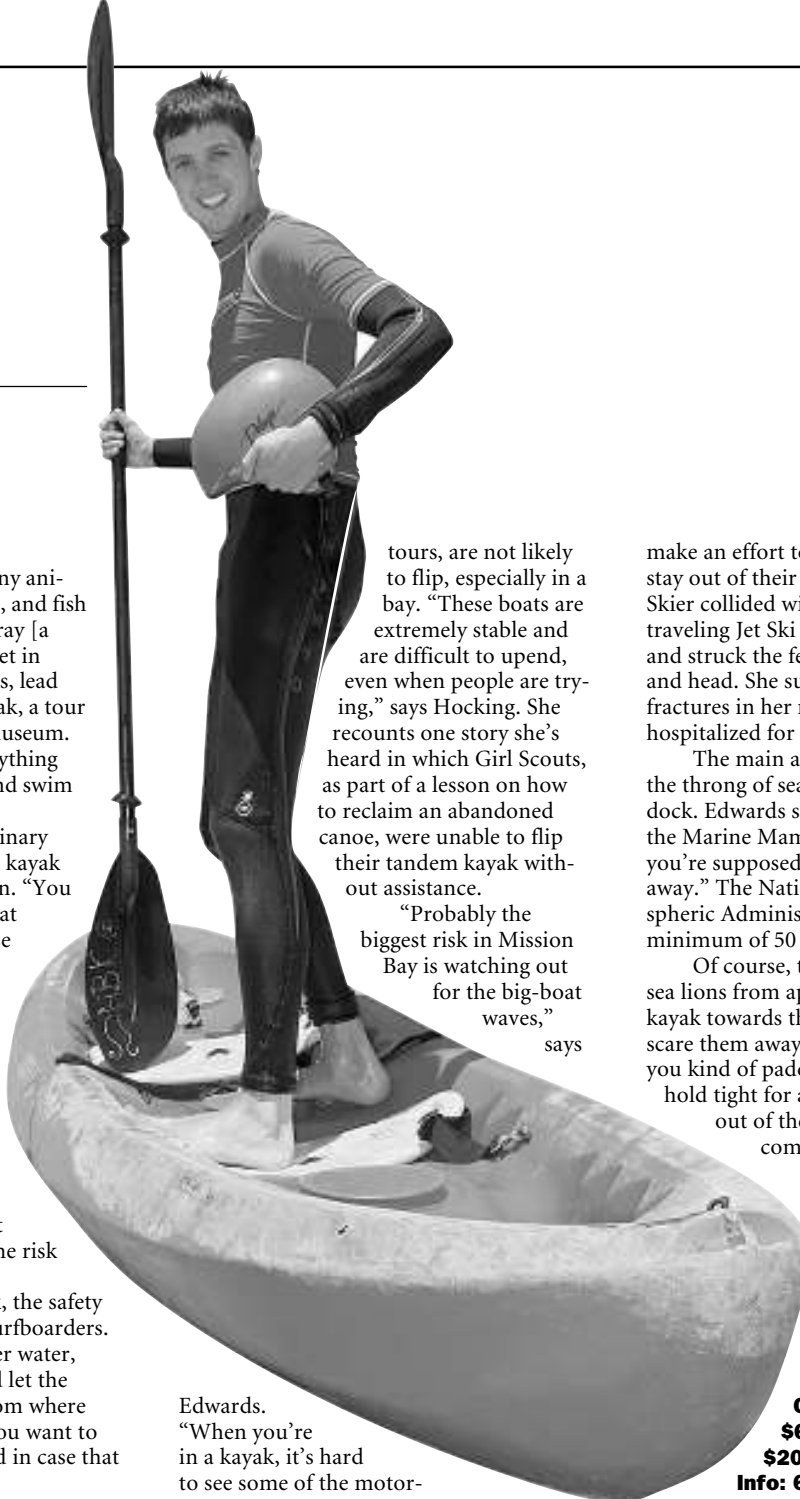
"Probably the biggest risk in Mission Bay is watching out for the big-boat waves," says

make an effort to hug the shoreline and stay out of their way." In August 2005 a Jet Skier collided with a kayaker. The fast-traveling Jet Ski had come around a bend and struck the female kayaker in the back and head. She sustained contusions and fractures in her ribs and vertebra and was hospitalized for four days.

The main attraction of the bay tours is the throng of sea lions loitering by the bait dock. Edwards says the animals fall under the Marine Mammal Protection Act, "so you're supposed to stay around 20 yards away." The National Oceanic and Atmospheric Administration recommends a minimum of 50 yards.

Of course, there's nothing to stop the sea lions from approaching kayakers. "If you kayak towards them, it tends to kind of scare them away," says Edwards. "But if you kind of paddle by them and then just hold tight for a while with the paddles out of the water, they will often come and check you out."

— Barbarella



Edwards. "When you're in a kayak, it's hard to see some of the motorized boats, so you've got to really

**Pelican and Sea Lion Kayak on Mission Bay**  
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**Mission Bay**  
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# Calendar

## LOCAL EVENTS

**HOW TO SEND US YOUR LISTING:** Contributions must be received by 5 p.m. Friday the week prior to publication for consideration. Do not phone. Send a complete description of the event, including the date, time, cost, the precise address where it is to be held (including neighborhood), a contact phone number, and a phone number (including area code) for public information to READER EVENTS, Box 85803, San Diego CA 92186-5803. Or fax to 619-881-2401. You may also submit information online at SDReader.com by clicking on the events section.

## DANCE

**"Dances from the Desert, Dances from the Palace of Rajasthan"** Queen Harish Kumar took up dancing in Jaisalmer, India, to take care of his family after his parents died; he has performed more than 1000 shows on all continents, appeared on cinema screens in *When the Road Bends: Tales of a Gypsy Caravan*. Workshop follows July 10 performance at Portugalia. Registration: 619-884-7707. Friday, July 11, 7 p.m.; \$35-\$40. Studio in North Park, 3800 30th Street. (NORTH PARK)

**"Dances from the Palace of Rajasthan"** Hailing from Rajasthan, India, Queen Harish performs with Danyavaad and the Shimmy Sisters. Cover: \$10. Dinner show reservations: 619-222-7678. Harish plans workshop on July 11 at Studio at North Park. Thursday, July 10, 8 p.m.; \$10.

## OUT & ABOUT

**DANCES FROM THE PALACE OF RAJASTHAN** Queen Harish, Thursday, July 10, Portugalia Restaurant; Friday, July 11, Studio at North Park.

(SEE DANCE)



Portugalia, 4839 Newport Avenue. (OCEAN BEACH)

**"Sizzling Summer Gala"** Belly-dance show featuring Sahra Saeeda, David of Scandinavia, Lucia, others. Live drumming, open dancing. 619-405-2308. Sunday, July 13, 6 p.m.; \$25. Ages 10 and up. Al Bustan, 801 C Street. (DOWNTOWN)

**A Hustling Pro!** "New York Hustle pro" Dave Sarul leads hustle workshop for intermediate/advanced dancers when San Diego Hustle Club gathers, 7-8 p.m. (\$15). Hustle Club dance party follows 8 p.m.-midnight (\$7), with beginner lesson 8-8:30 p.m. (included in admission). 760-803-9982. Saturday, July 12, 7 p.m.; \$5-\$15. Dance North County, 535 Encinitas Boulevard, Suite 100. (ENCINITAS)

**Belly Dance Showcase** Performances by six belly dancers. 858-551-0643. Saturday, July 12, 7:30 p.m.; Sadaf — La Jolla, 613 Pearl Street. (LA JOLLA)

**Contradance** Graham Hempel calls, Old Twine String Band makes music for dance hosted by San Diego Folk Heritage. 619-283-8550. Saturday, July 12, 6:30 p.m.; \$7. Trinity United Methodist Church, 3030 Thorn Street. (NORTH PARK)

**English Country Dancing** Terri, Tyge, and Ellie call for English country dancing. Beginners' instruction at 6 p.m. 858-676-9731. Sunday, July 13, 6 p.m.; \$6. Jean Hart Academy of Dance, 12227 Poway Road. (POWAY)

**Funk and Blues Swing Dance Party** DJ plays West Coast swing, nightclub two-step, and requests for singles and couples of all ages. Host and roving dance instructor: Jane Hance. First time free. 619-275-3533. Thursday, July 10, 8 p.m.; Pattie Wells' Dancetime Center, 1255 West Morena Boulevard. (BAY PARK)

**Laissez Les Bon Temps Roulez!** The San Diego Cajun Playboys play for dance hosted by Bon Temp Social Club and Gator by the Bay Festival. Dance instruction at 6:20 p.m., live music from 7-10:30 p.m. 858-496-6655. Saturday, July 12, 6:20 p.m.; \$14. War Memorial Building, 3325 Zoo Drive. (BALBOA PARK)

**Social Dance Party** DJ plays swing, Latin, ballroom, and nightclub for singles and couples of all ages. Salsa lesson: 8 p.m. Open dancing: 8-10:30 p.m. First time free. 619-275-3533. Saturday, July 12, 8 p.m.; Pattie Wells' Dancetime

Center, 1255 West Morena Boulevard. (BAY PARK)

**Studio Showings** Jean Isaacs San Diego Dance Theater showcases works-in-progress by Isaacs, Anjanette Maraya-Ramey, Vanessa Tipton, Rayn Stohl, Molly Trebovich, Natalie Cook, Katy Ewalt, and San Diego Ballet's Bernadette Torres. 619-225-1803. Saturday, July 12, 7 p.m.; Sunday, July 13, 8:30 p.m.; \$10. Dance Place San Diego in NTC Promenade, 2650 Truxtun Road, Suite 108. (POINT LOMA)

## FILM

**"Catch the Reading Bug"** See *A Bug's Life* during ongoing Carlsbad Library film series. 760-602-2026. Wednesday, July 16, 6 p.m.; Carlsbad City Library, 1775 Dove Lane. (CARLSBAD)

**Be Kind Rewind** Watch Jack Black, Moz Def recreate classic '80s films in Michael Gondry's 2008 flick. 619-236-5800. Monday, July 14, 6:30 p.m.; San Diego Public Library, 820 E Street. (DOWNTOWN)

**Born Into Brothels** The 2004 best documentary Academy Award went to this film, chronicling the journey of a group of children in Calcutta's red light district. It's showcased when Cinema Society of Carlsbad convenes. Cinema chat begins at 1:30 p.m.; discussion led by Ann Zivotsky follows screening. 760-602-2026. Saturday, July 12, 1:30 p.m.; Schulman Auditorium at Carlsbad City Library, 1775 Dove Lane. (CARLSBAD)

**El Mariachi** Enjoy Robert Rodriguez's 1992 action thriller and examples from the "Mexican craft beer movement" (offered for sale) during Stone late-night movie series. Bring lawn chairs, blankets, "get comfy," see movie on 11.5-foot wide screen. 760-471-4999.

Wednesday, July 16, 9 p.m.; ages 21 and up. Stone Brewing World Bistro and Gardens, 1999 Citracado Parkway. (ESCONDIDO)

**Raiders of the Lost Ark: The Adaptation** In 1982, three 12-year-old filmmakers created a shot-by-shot remake of Spielberg's *Raiders of the Lost Ark* in their Mississippi neighborhood. Bring a lawn chair, blanket to local premiere of film in museum's outdoor parking lot for "Parking Lot Pictures" series. 858-454-3541. Thursday, July 10, 8 p.m.; Museum of Contemporary Art San Diego, La Jolla, 700 Prospect Street. (LA JOLLA)

**Waking Life** Director Richard Linklater's 2001 animated film follows a young man (Wiley Wiggins) floating in and out of philosophical discussions, uncertain whether he's conscious or dreaming. Film screens in lounge (away from espresso machines, blenders). 619-299-9360. Sunday, July 13, 6:30 p.m.; Libertia Cafe, 3834 Fifth Avenue. (HILLCREST)

**A Surfing Stranger Than Fiction** Premiere tour for Taylor Steele film. Expect "tons of product giveaway." 760-436-5774. Thursday, July 10, 7 p.m. and 9 p.m.; \$8. La Paloma Theatre, 471 South Coast Highway 101. (ENCINITAS)

## FOR KIDS

**"Junior Genealogy"** Class led by Margaret Read for North San Diego County Genealogical Society, beginning on Mondays, July 14 and 21. The five-day classes are identical; attendees may attend either or both weeks. For those in 5th through 12th grades. 760-757-0528. Monday, July 14, 1 p.m.; Cole Library, 1250 Carlsbad Village Drive. (CARLSBAD)

**"People, Places, and Paintings"** Professional storyteller Harlynne Geisler weaves "fanciful tales around museum masterpieces" for "Saturday Storytelling." 619-239-5548 x105. Saturday, July 12, 11 a.m.; ages 5 and up. Timken Museum of Art, 1500 El Prado. (BALBOA PARK)

**Disney's Beauty and the Beast** Production of Disney classic performed by youthful players of Young Actors Theatre of East County, July 10-20. "Take Tea with Belle" prior to each matinee. Tickets: 619-670-1627. Thursdays, 7 p.m.; Fridays, 7 p.m.; Saturdays, 2 p.m. and 7 p.m.; Sundays, 2 p.m.; Wednesdays, 7 p.m.; through Sunday, July 20, 2008, \$15-\$25. Sherwood Auditorium at Museum of Contemporary Art San Diego, 700 Prospect Street. (LA JOLLA)

**Really Rosie** San Diego Junior Theatre season continues with musical boasting book and lyrics by Maurice Sendak, music by Carole King. For those of all ages. Performance on July 12 is ASL interpreted. Reservations: 619-239-8355. Friday, July 11, 7 p.m.; Saturday, July 12, 2 p.m.; Sunday, July 13, 2 p.m.; \$8-\$13. Casa del Prado Theater, 1650 El Prado, Suite 208. (BALBOA PARK)

**Something's Fishy** Weaver's Tales perform through Sunday, July 13. Big Joe Productions take stage July 16-20 to present *Pirate Paul's Pirate Party*. Curtain rises at 10 and 11:30 a.m. Wednesday-Friday; 11 a.m., 1 and 2:30 p.m. on Saturday and Sunday. 619-544-9203. Thursday, July 10, 10 a.m.; Friday, July 11, 10 a.m.; Saturday, July 12, 11 a.m.; Sunday, July 13, 11 a.m.; Wednesday, July 16, 10 a.m.; \$3-\$5. Marie Hitchcock Puppet Theatre, 2130 Pan American Road West. (BALBOA PARK)

**All Aboard!** Chula Vista Live Steam Club provides train rides. Donation: 50 cents. Children un-

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# Calendar

## LOCAL EVENTS

der 48" must be accompanied by an adult. 619-421-5227. Saturday, July 12, 12:30 p.m.; Rohr Park, 4548 Sweetwater Road. (BONITA)

**Aquarocket Time!** Use a soda bottle, bicycle pump, and water to create, launch high-flying rocket during family science day. Sessions lasting 45 minutes are included in paid admission. Reservations: 619-234-8291 x19. Saturday, July 12, 12:30 p.m., 1:30 p.m. and 2:30 p.m.; \$6-\$15. San Diego Air and Space Museum, 2001 Pan American Plaza. (BALBOA PARK)

**Gypsy Belly-Dance Classes** Leilainia leads summer intensive seven-week dance class for those 6-12 years old. Participants learn traditional Middle Eastern drum rhythms and tambourine Gypsy dance. Fee: \$68 for seven weeks. 619-295-2773. Wednesdays, noon; through Wednesday, August 13, 2008, \$68. Ages 6 and up. Studio in North Park, 3800 30th Street. (NORTH PARK)

**Storytelling** Children's books illustrated by Shannon McNeill read. 760-839-4194. Saturday, July 12, 1 p.m.; California Center for the Arts, Escondido, 340 North Escondido Boulevard. (ESCONDIDO)

## IN PERSON

**Loser Makes Good, Part II** Local poet, prose writer Greg Gerding reads from and signs his latest book. Gypsy jazz band Trio Gadjo also performs. 619-284-6784. Sunday, July 13, 9 p.m.; ages 21 and up. Whistle Stop Bar, 2236 Fern Street. (SOUTH PARK)

**Rules of Deception** Christopher Reich discusses, signs his new book at 7:30. Prior to discussion, Reich hosts champagne party (6:30 p.m.) for those who pre-purchase his book. Details: 858-454-0347. Tuesday, July 15, 6:30 p.m.; Warwick's Bookstore, 7812 Girard Avenue. (LA JOLLA)

**Twisted Triangle** Local author and former *Union-Tribune* inves-

## A GUIDE TO UNEXPECTED SAN DIEGO AND BEYOND | BY JERRY SCHAD

On the eastern extremity of the San Gabriel Mountains, seemingly far from L.A.'s smoggy blanket of air, lies the Big Pines Recreation Area, designated as an all-season recreational area within Angeles National Forest. During the winter months, the area's downhill-ski and snowboarding facilities draw crowds of snow-starved city-dwellers who would rather not drive an extra 200 miles or more to reach major-league ski resorts in the Sierra Nevada. In summer, several campgrounds, picnic areas, and interpretive trails, including the Big Pines Nature Trail profiled here, attract visitors escaping the lowland heat.



Jeffrey pine trunk, Big Pines Natural Trail

San Diegans can most easily navigate to Big Pines by way of Interstate 15, Highway 138, and Highway 2 (Angeles Crest Highway). Just continue through Wrightwood another five miles on Angeles Crest Highway to reach Big Pines. There you'll find an Angeles National Forest ranger station and visitor center. The visitor center, open year round Wednesday through Sunday, offers printed leaflets, maps, interpretive brochures for some of the area trails, and reference materials such as a wildflower identification guide. Eleven campgrounds and four picnic grounds are located within a five-mile radius of the center. You'll

need a National Forest Adventure Pass to park here.

The short and easy, self-guiding Big Pines Nature Trail highlights many of the native trees and shrubs of the Big Pines area. The trail originates behind the visitor center and starts by winding up through a sparse grove of centuries-old Jeffrey pines. If you aren't, as yet, very familiar with the flora of Southern California's lofty mountains, this is a good trail to further your education.

Along the way, you'll be introduced to the canyon live oak and black oak, four kinds of pines, and shrubs such as ceanothus (mountain lilac), manzanita, yerba santa, flannel bush, service berry, and mountain mahogany. Interpretive plaques cover some of the uses of these native plants by the Gabrielino, Serrano, and

Cahuilla Indians.

This article contains information about a publicly owned recreation or wilderness area. Trails and pathways are not necessarily marked. Conditions can

change rapidly. Hikers should be properly equipped and have safety and navigational skills. The *Reader* and Jerry Schad assume no responsibility for any adverse experience.

### BIG PINES NATURE TRAIL

Enjoy the sweet scent of summer-warmed pine bark on a short nature trail near Wrightwood.

**Distance from downtown San Diego:** 145 miles

**Hiking length:** 0.5 mile

**Difficulty:** Easy



tigative reporter Caitlin Rother discusses and signs her latest book and *Naked Addiction and Poisoned Love*. 858-481-4038. Sunday, July 13, 1 p.m.; Barnes and Noble Bookstore Del Mar, 12835 El Camino Real. (DEL MAR)

**A "Rock Star" of the Poetry World** Poetry legend Jack McCarthy reads from his work for Poetry and Art Series. San Diego poets Gabriela Anaya Valdepeña (*Twenty Poems Against Love and a Song for the Air*) and Chris Vanoy will join McCarthy. Open mike follows performances. 619-957-3264. Wednesday, July 16, 6:30 p.m.; San Diego Art Institute:

Museum of the Living Artist, 1439 El Prado. (BALBOA PARK)

**A Sea Voyage of Self-Discovery and Survival** La Jolla authors John and Jean Silverwood discuss, sign *Black Wave: A Family's Adventure at Sea and the Disaster That Saved Them*, a chronicle of their sailing journey, when they and their children hit a reef off a South Pacific island, putting their lives in peril. 858-454-0347. Monday, July 14, 7:30 p.m.; Warwick's Bookstore, 7812 Girard Avenue. (LA JOLLA)

**Functional Democracy to Fading Empire?** Author Terence Paupp reads from his new

book, *Exodus from Empire: The Fall of America's Empire and the Rise of the Global Community*. "Paupp depicts the United States undergoing the unwelcome but major historical transition from functional democracy to fading veritable empire." Books will be available for purchase (\$20). 619-236-5821. Wednesday, July 16, 6:30 p.m.; San Diego Public Library, 820 E Street. (DOWNTOWN)

**Hillcrest Comedy** Headliner is Cate Gary from the Comedy Store. Stand-up comedians perform their own material, second Sunday of each month. 619-291-8221. Sunday, July 13, 8 p.m.; \$4. Ages 16 and up. Bamboo Lounge, 1475 University Avenue. (HILLCREST)

**Mystery Authors and Royal Tea** Historical mystery author Rhys Bowen signs *A Royal Pain* and mystery author Michele Scott signs *A Vintage Murder*. "Royal tea" planned during event. 858-

268-4747. Sunday, July 13, 2 p.m.; Mysterious Galaxy Books, 7051 Clairemont Mesa Boulevard, Suite 302. (CLAIREMONT)

**North Park Vaudeville Show** Family suitable variety entertainment in "old-fashioned vaudeville tradition"; enjoy singers, dancers, comedy, specialty acts. 619-220-8663. Saturday, July 12, 8 p.m.; Sunday, July 13, 2 p.m.; \$7-\$14. North Park Vaudeville, 2031 El Cajon Boulevard. (NORTH PARK)

**Saved by Lava!** Jay Kopelman discusses and signs *From Baghdad to America*, his book chronicling his return from war with his adopted Iraqi puppy named Lava. Book is sequel to *From Baghdad, With Love*. 858-454-0347. Thursday, July 10, 7:30 p.m.; Warwick's Bookstore, 7812 Girard Avenue. (LA JOLLA)

**Signing and Syrah** San Diego author and wine enthusiast

Michele Scott discusses, signs her books *Silenced by Syrah*, *Murder Uncorked*, *Murder by the Glass*, and *A Vintage Murder*. Guests will enjoy syrahs. 760-591-9113. Saturday, July 12, 5 p.m.; \$15. Ages 21 and up. Vino 100, 133 South Las Posas Road. (SAN MARCOS)

**Sri Lankan Stories** Author Mary Anne Mohanraj signs her debut collection of short stories, *Bodies in Motion*. 858-268-4747. Wednesday, July 16, 7 p.m.; Mysterious Galaxy Books, 7051 Clairemont Mesa Boulevard, Suite 302. (CLAIREMONT)

**Summer Folkfest** Morava Folklore Ensemble, the Serbian folk dance group from St. George Serbian Orthodox Church, hosts performance with "beautiful songs, vibrant costumes, and breathtaking dances from various regions of Serbia performed by folklore groups from across the U.S. and Canada." 619-276-5827. Saturday, July 12, 1 p.m.; \$15. Mandeville Auditorium at UCSD, 9500 Gilman Drive. (LA JOLLA)

**Unlikely Travel Tips** Author Christopher Blinn discusses his book *Swimming to Angola and Other Tips for Surviving the Third World*. 858-581-9931. Wednesday, July 16, 6:30 p.m.; North Clairemont Library, 4616 Clairemont Drive. (CLAIREMONT)

## LECTURES

**"Creating a Zen Garden for Southern California"** Learn the art of creating a Zen garden from experts Phil Tacktill and Van Moch Nguyen. Classes held 7 to 9 p.m. on Thursdays, 10, 17, and 24. Students visit Self-Realization Fellowship Garden and gardens of both instructors to see excellent examples of Zen gardens on Saturday, July 26, 9 a.m.-noon. Required registration: 760-436-3036 x206. Thursday, July 10, 7 p.m.; \$80-\$100. Quail Botanical Gardens, 230 Quail Gardens Drive. (ENCINITAS)

**"Credit Scores — Learn to Play the Game?"** Home buyer workshop revealing techniques and tips to fully understand "what you do that can affect your score; discover how to avoid the common things that negatively impact your score the most." 858-413-2121. Thursday, July 10, 7 p.m.; San Diego National Bank, 16789 Bernardo Center Drive. (RANCHO BERNARDO)

**"Global Warming, Insurance Premiums, and Top Models: The Whole Story"** Climate-modeling expert Guillermo Auad

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explains models researchers use to understand, forecast climate scenarios for Perspectives on Ocean Science lecture series. Required reservations: 858-534-5771. Monday, July 14, 6:30 p.m.; \$5-\$8. Birch Aquarium at Scripps, 2300 Expedition Way. (LA JOLLA)

**"Green Living Project"** Lecture series and "sustainability platform" promoting current corporate sustainability programs, education of customers on sustainability issues, entertaining customers on adventure travel to Africa. Questions: customer service, 858-279-4400. Wednesday, July 16, 7 p.m.; REI San Diego, 5556 Copley Drive. (CLAIREMONT)

**"Inside 'India Adorned': 36 Years of Personal Perspective"** Art historian, cultural anthropologist, photographer, author Stephen P. Huyler shares insights from his lifelong survey of India's art and crafts and their meanings within rural societies. "His vivid photographs provide rarely seen perspectives on regional and community art and reveal the unique style of each household and its own creative innovations." Reservations: 619-239-0003 x405. Wednesday, July 16, noon; \$10-\$15. Mingei International Museum, 1439 El Prado. (BALBOA PARK)

**"Invasive Plant Studies"** Biologist Carl Bell discusses plant species which have invaded our local habitat when California Native Plant Society meets in Casa del Prado room 104. Mystery plants identified. 619-282-3645. Tuesday, July 15, 6:30 p.m.; Casa del Prado, El Prado. (BALBOA PARK)

**"Philadelphia Gardens: Great and Small, Quaint, and Queer"** Horticulturist Robert Herald shares images from "the best gardens in Philadelphia" for San Diego Horticultural Society in Surfside Race Place at Del Mar Fairgrounds. Plant

forum follows. 760-295-7089. Monday, July 14, 6 p.m.; Del Mar Fairgrounds, 2260 Jimmy Durante Boulevard. (DEL MAR)

**"Really Reliable Recall"** Frustrated when Rover won't "come when called"? Remedy problem during workshop. Registration: 619-299-7012 x2704. Saturday, July 12, 9 a.m.; \$35. San Diego Humane Society and SPCA, 5500 Gaines Street. (LINDA VISTA)

**"Xeriscape: Beautiful Landscape on a Low-Water Budget"** Seven principles of xeriscape, plant selection, planting techniques presented by landscape designer Connie Beck. Tour of xeriscape garden. Reservations: 619-660-4350. Saturday, July 12, 9:30 a.m.; \$30. Water Conservation Garden, 12122 Cuyamaca College Drive West. (CUYAMACA COLLEGE)

**Beginning and Refresher Genealogy Class** One-day course offered by North San Diego County Genealogical Society and Carlsbad City Library. Materials provided. Nonmembers welcome. 760-757-0528. Saturday, July 12, 9 a.m.; Cole Library, 1250 Carlsbad Village Drive. (CARLSBAD)

**How to Live Happily Ever After with Your Cat** Training secrets, cat behavior, nutrition, preventing destructive behaviors, socialization with people and other animals, how to communicate with cat. Required reservations: 619-299-7012 x2247. For humans only. Monday, July 14, 6 p.m.; \$35. San Diego Humane Society and SPCA, 5500 Gaines Street. (LINDA VISTA)

**Human Rights in Uganda** Ugandan human rights activist Reverend Charles Kagenda speaks to People to People International of his experiences as an activist in Uganda; he has lived in the U.S. for 12 years. Talk in Liberty Station takes place in room 3 at NTC

Command Center. 619-437-0031. Saturday, July 12, 6:30 p.m.; NTC Promenade, 2825 Dewey Road. (POINT LOMA)

**Insight Seminar: The Pleasure of His Company** Artists from all phases of production process meet with patrons in "lively exchange of ideas and insights" to enhance the theatergoing experience. Seminar concludes with informal champagne reception. 619-23-GLOBE. Monday, July 14, 6:30 p.m.; \$3-\$5. The Old Globe Theatre, 1363 Old Globe Way. (BALBOA PARK)

**Mini-Kite Making Workshop** Workshop for adults and children led by San Diego Kite Club members for Second Saturday series. Materials provided. Reservations: 760-735-3355. Saturday, July 12, 10 a.m.; \$10-\$15. Mingei International Museum — North County, 155 West Grand Avenue. (ESCONDIDO)

**Neon Crash Course** In conjunction with "Elusive Signs: Bruce Nauman Works with Light," MCASD and UCSD Craft Center plan three-session neon workshop beginning Saturday, July 12, at MCASD. Class continues July 19 and 26 at UCSD Craft Center. Historical and technical overview, followed by hands-on practice. Reservations: 858-454-3541 x198. Saturday, July 12, noon; \$150-\$175. Museum of Contemporary Art San Diego, La Jolla, 700 Prospect Street. (LA JOLLA)

**Paper-Cut Art Workshop** Offered in conjunction with "People, Prints, Politics: China 1920-1980." 619-239-2001. Saturday, July 12,

1 p.m.; \$2-\$12. San Diego Museum of Man, 1350 El Prado. (BALBOA PARK)

**Passionate About Making or Watching Movies?** Screenwriter, director Dale Launer — whose credits include *My Cousin Vinny*, *Dirty Rotten Scoundrels*, and *Ruthless People* — speaks for inaugural meeting of SoCal Moviemakers. Expect screening of "award-winning short films by local moviemakers," Launer's talk on story in movies, clips from the latest movie he wrote, directed. 619-309-7492. Thursday, July 10, 6:30 p.m.; Encinitas Library, 540 Cornish Drive. (ENCINITAS)

**Shakespeare in the Garden Talks** Actors, directors, academics, offer "in-depth perceptions of the Shakespeare plays in the Old Globe Shakespeare Festival season" for public in Old Globe Plaza. Focus on *All's Well That*

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## Calendar

### LOCAL EVENTS

**Ends Well** on Friday, July 11; *Romeo and Juliet* on Sunday, July 13; and *The Merry Wives of Windsor* on Wednesday, July 16. 619-23-GLOBE. Friday, July 11, 7:15 p.m.; Sunday, July 13, 7:15 p.m.; Wednesday, July 16, 7:15 p.m.; Old Globe Theatre, 1363 Old Globe Way. (BALBOA PARK)

**Stress Relief for Desk Jockeys!** Yoga teacher Chris Zook demonstrates "Quick Stress Relief for Editors: Kundalini Yoga" when SD/PEN Editors Network gathers. 858-451-3266. Wednesday, July 16, 6:30 p.m.; Clairemont Community Room, 4731 Clairemont Drive. (CLAIREMONT)

**Summer Photography** Grossmont College and Museum of Photographic Arts co-host series of four workshops. Speakers include Michael Lundgren on landscape photography (July 10-12), Stephen Berkman on photographic alchemy (July 17-19), Sandra C. Davis on cyanotype and gum bichromate (July 24-26), Gary Schneider on portrait photography (July 31-August 2). Thursday sessions begin at 6 p.m. at MOPA; Friday and Saturday sessions begin at 9 a.m. at Grossmont College. 619-238-7559 x303. Thursday, July 10, 6 p.m.; \$215-\$260. Ages 18 and up. Museum of Photographic Arts, 1649 El Prado. (BALBOA PARK)

**Planetary Transformation!** Healer, author Kahu Fred Sterling, the "medium for master guide Kira-rael, a seventh-dimensional light being and senior member of the Guidance Realm," examines "humanity's role in the great planetary transformation of consciousness to the fourth dimension." Tickets: \$25 in advance, or \$40 per couple; \$30 at door. 800-390-1886. Saturday, July 12, 2 p.m. and 7 p.m.; \$25-\$40. Seaside Center for Spiritual Living, 1613 Lake Drive. (ENCINITAS)

**Columnar Cactus?** Terry Parr focuses on these specimens when San Diego Cactus and Succulent Society meets in room 101 of Casa del Prado. Also on tap: Don Hunt on "More Euphorbias," Stuart Riley presents "Nurseries, Shows, and More — from across the Atlantic." 858-270-5544. Saturday, July 12, 12:30 p.m.; Casa del Prado, El Prado. (BALBOA PARK)

## OUTDOORS

**July Is San Diego's Driest Month**, according to precipitation data compiled since the year 1850. Only four hundredths of an inch of rain falls on average this month, compared to almost two inches in January — the wettest month. July also marks the beginning of a new rainfall year, as defined by local meteorological convention.

**Native Lilies**, such as the Humboldt lily, are blooming this month

# Wedding Guide

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### Planning Tips

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in widely scattered locations throughout San Diego County's higher mountains. To find them take a walk on the Noble Canyon Trail in the Laguna Mountains, or explore the pine woodlands of Palomar Mountain and Cuyamaca Rancho state parks. The large, nodding flowers of the lilies — orange or yellow with brown spots — grow in clusters on stems two to eight feet tall.

**Cicadas**, the insects that sound like tinny buzzsaws in the brush, have been putting up a racket around San Diego lately. Occasionally mistaken for the tail buzz of a rattlesnake, the sound is merely that of a male calling to potential mates. Some 30 species of cicadas inhabit San Diego County, but none are of the famous periodical type that emerge en masse every 13 or 17 years to serenade parts of the eastern United States.

**Mars and Saturn** are in conjunction in the western sky on Thursday evening, July 10. Scan near the horizon to the west at around 9 p.m. (with binoculars if the city lights are too bright, and you will spot the two planets only about two-thirds of a degree apart from one another. You can easily distinguish between the two: Mars appears slightly reddish and Saturn is creamy white.

### "Endangered Plants and Animals — We Are Their Guests!"

Naturalist Dorothy Klitzing focuses on year-round habitats of plants and animals, where to look for them, their origins during moderately easy two-mile hike. 760-839-4680. Saturday, July 12, 8:30 a.m.; Daley Ranch, 3024 La Honda Drive. (ESCONDIDO)

### Asian Pacific Historic District Tours

Led on second Saturday of

each month, starting at Chinese Historical Museum. Required reservations: 619-338-9888. Saturday, July 12, 11 a.m.; \$2. Chinese Historical Society and Museum, 404 Third Avenue. (DOWNTOWN)

**Balboa Park Architectural Tours** San Diego Architectural Foundation hosts tours of town's "beloved open space and architectural showcase." Visit sites of 1915 and 1935 international expositions, "discover the secrets of Balboa Park's architectural past." Tours start in front of Museum of Man. 619-232-1385. Saturday, July 12, 10 a.m.; \$8-\$15. San Diego Museum of Man, 1350 El Prado. (BALBOA PARK)

**Birding in Lakeside** Join Audubon Society birders. 858-755-7133. Saturday, July 12, 8 a.m.; Lindo Lake Park, 9841 Vine Street. (LAKESIDE)

**Get Out and Walk** Enjoy open space, native plants and animals during guided nature walks. 619-668-3281. Saturday, July 12, 9:30 a.m.; Sunday, July 13, 9:30 a.m.; Wednesday, July 16, 9:30 a.m.; Mission Trails Regional Park, One Father Junipero Serra Trail. (SAN CARLOS)

**Help Restore a Habitat** Weed, salvage plants, propagate native vegetation as part of an ongoing restoration project expanding quality habitat for variety of wildlife including roadrunners, jackrabbits, and legless lizards (to name a few). All ages, abilities welcome. Wear long pants, boots or sturdy shoes, hats; gloves and tools provided. 619-575-3613. Saturday, July 12, 9 a.m.; Border Field State Park, 1500 Monument Road. (IMPERIAL BEACH)

**Meet the Salt Marsh Wetland** Tend California native plants, re-

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move invasive interlopers, pick up litter with Friends of Famosa Slough in this salt marsh wetland. Wear work clothes; bring work gloves and tools if you have them. 619-224-4591. Saturday, July 12, 9 a.m.; Famosa Slough, West Point Loma Boulevard and Famosa Boulevard. (POINT LOMA)

**Palm Walk** Offshoot Tours offers its monthly hour-long guided stroll exploring structure, growth habits, landscape value of palm trees. 619-235-1122. Saturday, July 12, 10 a.m.; Balboa Park Visitors' Center, 1549 El Prado. (BALBOA PARK)

**San Diego Field Ornithologists** Expert birders lead bird walk on easy trail winding along Tecolote Creek. Bring binoculars, drinking water. 858-581-9944. Saturday, July 12, 9 a.m.; Tecolote Nature Center, 5180 Tecolote Road. (CLAIREMONT)

**Shady Strolling** Walk with a trail guide to historic grinding rocks and Old Mission Dam under sycamores and willows. 619-668-3281. Saturday, July 12, 8:30 a.m.; Kumeyaay Lake Campground entry station, Two Father Junípero Serra Trail. (SAN CARLOS)

**Trail Repair Work** Continuing in Paso Picacho Campground area. Bring work shoes, gloves, hat, water, snack. Registration: 858-566-7399. Saturday, July 12, 8 a.m.; Paso Picacho campground, Cuyamaca Rancho State Park, Highway 79, five miles north of I-8. (JULIAN)

**SOUTH OF THE BORDER**

**"La Doncella Sin Manos"** Dance, magic, and movement.

011-52-664-687-9636. Saturday, July 12, 8 p.m.; \$15. Centro Cultural Tijuana, Paseo de los Héroes and Mina Street. (BAJA)

**AAA Wrestling Show** Details: 011-52-646-174-0170. Saturday, July 12, 8:30 p.m.; Campo Nuevo Ensenada, Avenida Diamante and Pedro Loyola. (BAJA)

**Aleks Syntek** In concert. 011-52-664-634-2404. Friday, July 11, 9 p.m.; Rock, Paseo de los Héroes, Zona Río. (BAJA)

**Elizabeth Meza in Concert** Enjoy jazz, blues, bossa nova, rhythm and blues. 011-52-664-687-9636. Friday, July 11, 8 p.m.; \$15-\$30. Centro Cultural Tijuana, Paseo de los Héroes and Mina Street. (BAJA)

**Half Marathon** Categories for all manner of competitors, including wheelchairs. 011-52-664-215-9000. Sunday, July 13, 7:30 a.m.; Unidad CREA, Zona Río. (BAJA)

**Harvest Festival** Bullfighting by matadors Jesus "Montoyita" González and César Castañeda; music by Motel, Lounge, Deepce, and DJ Horse. 011-52-664-685-3031. Saturday, July 12, 2 p.m.; L.A. Cetto Winery, at km 73.5 on Ensenada-Tecate Highway 3, in Guadalupe Valley. (BAJA)

**Yurida** In concert. 011-52-664-608-4692. Monday, July 14, 8 p.m.; Auditorio Municipal, Boulevard Agua Caliente. (BAJA)

**SPECIAL**

**"Bastille Day: Cuisine Provençal"** Chef Bernard Guillas demonstrates French cuisine recipes including pine nut crumble. Dona-

tion. 619-299-9811 x4231. Saturday, July 12, noon; \$10. Macy's Mission Valley Home Store, 1555 Camino de la Reina. (MISSION VALLEY)

**"Inside SDPD"** Trade places with a cop. Use-of-force, vehicle stop, firearms training scenarios. Some of San Diego Police officers will participate, share knowledge and experience. Suggested donation: \$20 general, \$15 seniors and students over 18. 858-453-5060. Saturday, July 12, 9 a.m.; \$15-\$20. Ages 14 and up. San Diego Miramar College, 10440 Black Mountain Road. (MIRA MESA)

**"Mugs of the Mesas"** Exhibit of prehistoric ceramics from David W. May American Indian Collection associated with ancestral Pueblo people of the Four Corners region of Southwestern United States. Photographs of Cliff Palace at Mesa Verde National Park in Colorado included. Exhibit was curated by USD anthropology professor Tim Gross, designed by Paul Johnson, with photographs by William Lile. Viewing continues in the May Gallery — located in Serra Hall 214 — through Tuesday, September 23. 619-260-4238. Fridays, 1:30 p.m.; Mondays, 1:30 p.m.; Wednesdays, 1:30 p.m.; through Tuesday, September 23, 2008, University of San Diego, 5998 Alcalá Park. (LINDA VISTA)

**"One and Only Truly Fabulous Hat Contest"** Opening-day festivities for 2008 seaside racing season hosted by Del Mar Thoroughbred Club. To enter contest, go to Plaza de Mexico on opening day (11:30 a.m.-3 p.m.) for entry form. Categories: most glamorous, best racing theme, funniest/most out-

Summer in Bloom. Georgia O'Keeffe.



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Georgia O'Keeffe and the Women of the Stieglitz Circle is co-organized by the Georgia O'Keeffe Museum and High Museum of Art. It is supported in part by The National Endowment for the Arts, The Burnett Foundation, and the Georgia O'Keeffe Museum National Council. Local presentation is made possible by the generosity of Charles and Tanya Brandes. Additional support is provided by the City of San Diego Commission for Arts and Culture and the members of the San Diego Museum of Art.

IMAGE: From Right CW: Georgia O'Keeffe, Pink Tulip, 1926, oil on canvas, 36 x 30 inches. The Baltimore Museum of Art, bequest of Mabel Garrison Siemmon, in memory of her husband George Siemmon. © Georgia O'Keeffe Museum. / Pamela Colman Smith, The Wave, 1903, watercolor on paper, 10 1/4 x 17 3/4 inches. The Whitney Museum of American Art, New York, gift of Mrs. Sidney N. Heller. / Georgia Engelhard, Jack in the Pulpit, c. 1927, oil on canvas. Private Collection, Courtesy Gerald Peters Gallery. / Anne Brigman, The Breeze, 1918 (negative, ca. 1910), gelatin silver print, 24.8 x 19.7 cm. The Art Institute of Chicago, Julien Levy Collection; Gift of Jean Levy and the Estate of Julien Levy (1988.157.11); reproduction © The Art Institute of Chicago.

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# Calendar

## LOCAL EVENTS

rageous, and best flowers/all others. 858-755-1141. Wednesday, July 16, 11:30 a.m.; \$5-\$15. Del Mar Fairgrounds, 2260 Jimmy Durante Boulevard. (DEL MAR)

### "Wags for Wishes" Dog Show

Make-a-Wish Foundation hosts event with herding instinct testing, field lure coursing, splash dogs, canine good citizen testing, non-competitive agility and sprint races, dog fashion show, more. 858-707-9474. Friday, July 11, 9 a.m.; Saturday, July 12, 9 a.m.; Sunday, July 13, 9 a.m.; Otay Ranch Town Center, 2015 Birch Road. (CHULA VISTA)

### Reader Neighborhood Meetup

Is a new business changing the face of your neighborhood...for better or worse? Does your community need more bike racks? Is crime on the rise? Tired of all the graffiti? Have a neighborhood hero? We want to know about it! Come meet Reader writer Dorian Hargrove and get it off your chest! 619-519-2227. Monday, July 14, 7 p.m.; It's a Grind — Mission Hills, 301 West Washington Street. (MISSION HILLS)

### Allons Enfant de la Patrie!

Celebrate Bastille Day (early) when House of France hosts lawn program with native dances, music, and costumes at International Cottages. 619-234-0739. Sunday, July 13, 2 p.m.; House of Pacific Relations, 2125 Park Boulevard. (BALBOA PARK)

### Balkan Song and Dance

Mary Ann Downs leads practice singing songs to some "favorite Balkan dances." International folk dancing follows. 619-281-5656. Saturday, July 12, 7:30 p.m.; Folk Dance Center, 4569 30th Street. (NORTH PARK)

### Beer and Chocolate Pairing

Pairing of handcrafted Stone Beer with handcrafted Chuao chocolate, guiding attendees through flavor combinations available in world of "great chocolate and great beer." Format: relaxed and conversational, with hosts from both companies introducing each course, sharing insights. Reservations: 760-471-4999. Sunday, July 13, 3 p.m.; \$25. Ages 21 and up. Stone Brewing World Bistro and Gardens, 1999 Citracado Parkway. (ESCONDIDO)

### Celebrate Creepy Crawlies!

Insect festival in honor of year of the frog. Sample meal worm larva, bug collecting, insect crafts, see live frogs; entomologists on hand to answer questions. 760-436-3036. Saturday, July 12, 10 a.m.; Sunday, July 13, 10 a.m.; Quail Botanical Gardens, 230 Quail Gardens Drive. (ENCINITAS)

### Cheer the "Welcome to Middle School Parade"!

Monroe Clark Middle School sixth graders march to Rosa Parks Elementary School with giant puppets, masks, and banners they created, then lead fifth graders to their new school. "Everyone is invited to come and cheer." 619-845-8042. Tuesday, July 15, 9:30 a.m.; Monroe Clark Middle School, 4388 Thorn Street. (SOUTHEAST SAN DIEGO)

### Chollas Lake 5K Fun Run

Events hosted by San Diego Track Club with cross-country lake course. 619-296-6343. Wednesday, July 16, 6:15 p.m.; Chollas Lake, 6350 College Grove Drive. (COLLEGE AREA)

### Deep into Kelp

Acclaimed photographer Wayne Martin Belger takes plunges into 70,000-gallon kelp forest habitat for photo shoots. He'll dive for photographs for his next book, *Deep Worlds*. Belger will wear communications mask, answer audience questions. 858-534-FISH. Saturday, July 12,

## OUT & ABOUT

### "ONE AND ONLY TRULY FABULOUS HAT CONTEST"

Wednesday, July 16, Del Mar Fairgrounds.

(SEE SPECIAL)



noon; Sunday, July 13, noon; Birch Aquarium at Scripps, 2300 Expedition Way. (LA JOLLA)

### Descanso Fair and Parade

Head to country parade starting at 10 a.m. (at intersection of Riverside Drive and Viejas Grade Road), then enjoy food, live music, and dancing featuring Pine Creek Posse, games for kids, more. 619-709-4278. Saturday, July 12, 10 a.m.; Descanso Town Hall, 24536 Viejas Grade Road. (ALPINE)

### Full-Moon Walk in Scripps Pier

Explore the pier (normally closed to public) and learn of structure's history, collect plankton, dissect a squid, observe ocean conditions, and study nocturnal habits of marine life. Required reservations: 858-534-7336. Tuesday, July 15, 7 p.m.; \$17-\$20. Ages 9 and up. Scripps Institution of Oceanography, 8602 La Jolla Shores Drive. (LA JOLLA)

### Lux at Night

Daniel Wheeler presents his new photographic body of work, *GULP (Generative Urban Landscape Project)* and the work-in-progress *Blindspot*. Wheeler dives into swimming pools and shoots the view overhead. See

Wheeler's work, enjoy music, cocktails, merriment. Exhibit continues through Saturday, August 2. 760-436-6611. Wednesday, July 16, 7 p.m.; Lux Art Institute, 1550 South El Camino Real. (ENCINITAS)

### Off-Road Madness

Cajon Classic Cruise season continues. Wednesdays through September 24. 619-401-8858. Wednesday, July 16, 5 p.m.; Prescott Promenade, 211 1/2 East Main Street. (EL CAJON)

### Psychic Fair and Metaphysical Conference

Lectures, tarot, palmistry, numerology, other psychic arts featured. Admission is free; \$20 per reading. 619-298-3422. Saturday, July 12, noon; Sunday, July 13, noon; Alexandra's Bookstore, 3545 Midway Drive, Suite G. (POINT LOMA)

### Railroad and Street Car Collectibles Swap Meet

Collectibles, artifacts, parts, models, equipment on offer during swap meet sponsored by San Diego Electric Railroad Association. Fee: \$2 buyers, \$5 sellers. 619-222-5442. Saturday, July 12, 8 a.m.; Sunday, July 13, 8 a.m.; \$2-\$5. National City Depot, 922 West 23rd Street. (NATIONAL CITY)

### Samoan Cultural Celebration

Festivities take place at Pier Amphitheater. 760-433-4363. Saturday, July 12, 11 a.m.; Oceanside Pier, Mission Ave and Pacific St. (OCEANSIDE)

### Summer Celebration

Local artists Cowboy and Terry Diamond exhibit their work, the Self-Made Men perform music, and lots of "recycled clothing" promised during summer art show/party. 619-255-7194. Saturday, July 12, 4 p.m.; Factory Vintage, 4120 Napier Street. (BAY PARK)

### Summer Pooch Party and Ice Cream Social

Frozen organic treats for canines, doggy games and contests, information, pooch party tips, health advice. 858-459-9663. Saturday, July 12, 11 a.m.; Muttropolis La Jolla, 7755 Girard Avenue. (LA JOLLA)

### Summer Pooch Party and Ice Cream Social, Take Two

Frozen organic treats for canines, doggy games and contests, information, pooch party tips, health advice. 858-858-755-3647. Sunday, July 13, 11 a.m.; Muttropolis Solana Beach, 227 South Cedros Avenue. (SOLANA BEACH)

### Traditional Tea Ceremony

Urasenke tea instructor assistants present demonstrations. Learn history of tea ceremony, learn how to serve tea in a traditional way. Included in garden admission. 619-232-2780. Saturday, July 12, 1 p.m. and 2 p.m.; Japanese Friendship Garden, Pan American Road. (BALBOA PARK)

### Sandcastle Competition

Festivities get underway on Saturday with live entertainment, vendors along Seacoast Drive. Kids-n-Kastles competition (for those 12 and younger), 2-3 p.m.

On Sunday, U.S. Open Sandcastle Competition sandcastle building begins at 8:30 a.m., concludes at 1:30 p.m.; sculptures available for viewing until 4 p.m. (due to tides). Professional and amateur sandcarving teams compete. 619-424-6663. Saturday, July 12, 9 a.m.; Sunday, July 13, 9 a.m.; Imperial Beach, Seacoast Drive. (IMPERIAL BEACH)

### What Does Ron Paul Really Stand For?

P&R Discussion Group gathers to consider question. 619-370-1027. Thursday, July 10, 7 p.m.; Other Side Coffee House, 4096 30th Street. (NORTH PARK)

## SPORTS

### (Physical) Survey of Cities

Knickerbikers head out from parking lot in front of museum for 28-mile ride through Mission Hills, down Presidio, out to Point Loma, and back along the bay, downtown. 858-453-3687. Saturday, July 12, 9:30 a.m.; San Diego Air and Space Museum, 2001 Pan American Plaza. (BALBOA PARK)

### California State Games

Annual amateur sports festival gets underway with opening ceremonies at Qualcomm Stadium; the 20-sport event is held in multiple venues throughout county "to promote and nurture...health and well-being of residents of California." Venues include ARCO Olympic Training Center, Tecolote Park, Southwestern College, Vista High School, Town and Country Hotel. 619-223-2033. Friday, July 11, 7 p.m.; Saturday, July 12; Sunday, July 13; Qualcomm Stadium, 9449 Friars Road. (MISSION VALLEY)

### Dolls versus Dames!

San Diego Derby Dolls host competition against Dockyard Derby Dames for bout one (6 p.m.). Dolls return in bout two to challenge Sonoma Roller Derby at 7 p.m. Tickets: 760-500-7915. Saturday, July 12, 6 p.m.; \$20. Skateworld, 6907 Linda Vista Road. (LINDA VISTA)

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July 16, 6:30-8 pm

Kearny Mesa Dance Academy  
4206 Convey Street

July 23, 6:30-7:45 pm

Tierrasanta Library, Meeting Room  
4985 La Cuenta Drive

July 26, 11-12:15 pm

Tierrasanta Library, Meeting Room  
4985 La Cuenta Drive

July 30, 6:30-7:45 pm

Serra Mesa-Kearny Mesa Library  
Sudberry Room, 9005 Aero Drive

Contact info:

meditatebehappy@yahoo.com

## Live cooking show!

July 16: **Casablanca Comes to You** with Betsy G.

July 17: **A Taste of Florence** with Nadia Frigeri

July 18: **Comfort Foods with a Healthy Twist** with Mark & Tyson

Wed.-Fri. 6:30-9:00 pm.

Shows include samples of all dishes.

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Overnight price for two people

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### Saturday, July 12

Doors open at 6 pm. Show starts at 7 pm.

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socalprowrestling.com





**Elizabeth Hospice Regatta** Sixth annual event promises sailboat racing, including a chance to race on the “high seas.” Spectator viewing will be good from Ocean-side Pier, as marks are set to begin race at noon just off Ruby’s Diner (on pier). Details: 760-722-5751. Saturday, July 12, noon; Sunday, July 13, noon; Oceanside Yacht Club, 1950 Harbor Drive North. (OCEANSIDE)

**Garibaldi, Lobster, Octopuses, Oh My!** Snorkel in La Jolla Cove during outing hosted by Birch Aquarium-Museum. Reservations: 858-534-7336. Sunday, July 13, 8 a.m.; \$30. Ages 10 and up. Birch Aquarium at Scripps, 2300 Expedition Way. (LA JOLLA)

**Guajome Lakes 5K Run/Walk** Organizers plan 5k and kids’ 1-mile fun run. 760-630-1344. Saturday, July 12, 8 a.m.; Guajome Lakes Regional Park, 3000 Guajome Lake Road. (OCEANSIDE)

**Make it a Century!** Join San Diego Bicycle Touring Society riders for 100-mile adventure to San Clemente through Camp Pendleton and back to Doyle Park. Bring money for Carl’s Jr. lunch. 619-561-3846. Sunday, July 13, 8:45 a.m.; Doyle Park, 8175 Regents Road. (UNIVERSITY CITY)

**Naked Juice 5K Walk/Run** Scenic course along San Diego Bay. Registration: 7 a.m. 619-296-6393 x8176. Sunday, July 13, 7 a.m.; \$15-\$30. Seaport Village, 849 West Harbor Drive. (DOWNTOWN)

**No Brakes, No Gears!** Tuesday night bicycle racing season continues with racing in many categories. Free for spectators. 619-573-4953. Tuesdays, 6:30 p.m.; through Tuesday, September 30, 2008, San

Diego Velodrome, 2221 Morley Field Drive. (BALBOA PARK)

**Padres Baseball** Atlanta Braves arrive for games against Padres in Petco Park. Games broadcast on radio station XPRS (1090 AM), XEMO (860 AM) in Spanish. Tickets: 619-795-5000, 877-374-2784. Friday, July 11, 7:05 p.m.; Saturday, July 12, 7:05 p.m.; Sunday, July 13, 1:05 p.m.; \$8-\$57. Petco Park, 100 Park Boulevard. (DOWNTOWN)

**Pelican and Sea Lion Kayak** Discover many varieties of birds living in Mission Bay during San Diego Natural History Museum outing. Explore the bay after an introductory paddling lesson. Paddle by a great blue heron nesting site on way to a favorite area for sea lions. 619-255-0203. Saturday, July 12, 9 a.m.; \$20-\$65. Ages 6 and up. San Diego Natural History Museum, 1788 El Prado. (BALBOA PARK)

**Rossmore Cup Competition** San Diego Polo Club action promised. Preliminary matches at 1:30 p.m., feature match at 3 p.m. Parking: \$5. 858-750-6841. Sunday, July 13, 1:30 p.m.; \$5-\$25. San Diego Polo Club, 14555 El Camino Real. (RANCHO SANTA FE)

**Seaside Racing Season Nears!** Del Mar Thoroughbred Club meet runs July 16-September 3, with racing every day except Tuesday. Post time is 2 p.m. except Four O’Clock Fridays (July 18 and 25, August 1 and 8 at 4 p.m.; August 15, 22, and 29 at 3:30 p.m.). Parking: \$8. 858-755-1141, 858-793-5533. Wednesdays, 2 p.m.; through Wednesday, September 3, 2008, \$6-\$15. Del Mar Fairgrounds, 2260 Jimmy Durante Boulevard. (DEL MAR)

## OUT & ABOUT

**SAVED BY LAVA!**  
Jay Kopelman signs *From Baghdad to America*, Warwick’s Bookstore, Thursday, July 10.

(SEE IN PERSON)



**See the Best Bicycle Sprinters!** SCNCA So Cal Track Cup Race #6, with racing in all categories. Schedule includes 200-meter time trials, match sprints, keirin racing. Great fun for spectators. 619-573-4953. Saturday, July 12, 1 p.m.; San Diego Velodrome, 2221 Morley Field Drive. (BALBOA PARK)

**Showpark County III Horse Show** 858-481-9085. Saturday, July 12, 8 a.m.; Sunday, July 13, 8 a.m.; Del Mar Horsepark, 14550 El Camino Real. (DEL MAR)

**Velocity Summer Series 2008** These paintball events are “tailored strictly for beginner players,” with five divisions of competition. Sign-ups: 7 a.m.; captains’ meeting: 7:30 a.m.; play begins at 8 a.m. 619-871-8504. Saturday, July 12, 8 a.m.; Velocity Paintball Park, 1350 Warnock Drive. (RAMONA)

**World Beach Bocce Ball Championship XXVIII** Apprentice and seasoned players alike encouraged to compete in men’s beginner/intermediate, men’s open, women’s and mixed divisions. Sponsored by Vigilucci’s, benefit-

ing Boys and Girls Clubs of Carlsbad, at Dog Beach (at mouth of San Dieguito River). Entry fee: \$125 per team. Free for spectators. 760-729-0207. Saturday, July 12, 7:30 a.m.; \$125. Dog Beach Del Mar, at western end of Via de la Valle. (DEL MAR)

## MUSEUMS

**Antique Gas and Steam Engine Museum** The museum locates, collects, documents, and preserves historical gas-, steam-, and horse-powered equipment related to agriculture and the general development of America. The collection is made up of equipment used in lumbering, mining, oil drilling, and construction industries. Black-

smith and wheelwright shop, country kitchen and parlor, steam-operated saw mill, and 1/3-scale train. 2040 North Santa Fe Avenue, 760-941-1791. (VISTA)

**Bancroft Ranch House Museum** Bancroft Ranch House Museum houses indigenous Indian artifacts and memorabilia of early settlers in the area, run by the Spring Valley Historical Society. The home, built in 1863, was registered as a National Historic Landmark in 1962 and is on a spot where Kumeyaay Indians camped more than 1000 years ago beside the spring that later gave the area its name. 9050 Memory Lane, 619-469-1480. (SPRING VALLEY)

**Barona Cultural Center and Museum** 1095 Barona Road, 619-443-7003. (LAKESIDE)

**Birch Aquarium at Scripps** Facility is a component of the Scripps Institution of Oceanography at UCSD. More than 60 tanks contain marine life of Pacific Northwest, California coastline, Mexico’s Sea of Cortés, and South Pacific. The La Jolla Kelp Tank is a two-story-high tank with giant kelp plants and nearly 30 species of local marine life. “Feeling the Heat: The Climate Challenge” examines science behind climate change; “Art of Deception” explores undersea camouflage. “Wonders of Water” waterplay area includes three interactive stations. The Lynne and Howard Robbins Shark Reef Exhibit features a

13,000-gallon shark tank with black tip, white tip, bamboo, and wobbegong sharks. 2300 Expedition Way, 858-534-FISH. (LA JOLLA)

**California Surf Museum** “Tom Keck: Exposed” continues through March. Born in Coronado in 1937 and raised there, Keck “would discover a lifelong playground in the Pacific Ocean.” Museum features surfing artifacts and memorabilia — such as surfboards and clothing — of local legends Phil Edwards, John “L.J.” Richards, and Peter Johnson, and Duke Kahanamoku. 223 North Coast Highway, 760-721-6876. (OCEANSIDE)

**Chula Vista Nature Center** Interactive living museum devoted to the endangered Southern California coastal wetlands, located in Sweetwater Marsh National Wildlife Refuge. Visitors can use a Bioscanner to view animals macroscopically, use a Wentzscope for views of microscopic organisms found in the “Sweetwater Soup,” and interact with computerized videos exploring how tides affect the bay in the “Moons, Tides, and the San Diego Bay” exhibit. Pet sharks and rays in the David A. Wergeland Shark and Ray Experience, see burrowing owls and migratory birds, and enjoy the xerophytic gardens.

Visitors meet a shuttle bus at the Bayfront E Street Trolley Station or at the center’s parking lot at



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# Calendar

## LOCAL EVENTS

the foot of E Street and Bay Boulevard. 1000 Gunpowder Point Drive, 619-409-5903. (CHULA VISTA)

**Coronado Museum of History and Art** Ongoing exhibits explore the overall history of Coronado, Navy and Army, Tent City, and the Hotel del Coronado. 1100 Orange Avenue, 619-435-7242. (CORONADO)

**Flying Leatherneck Museum** Museum is dedicated to Marine Corps who provided air support, from the propeller-driven fighters and bombers of the 1940s to the modern jets and helicopters currently in use. Static displays of a variety of aircraft are included, along

with equipment, insignia, paintings and photographs, scale models, and a research library. The museum is located in building T-2002, at Marine Corps Air Station Miramar. Miramar Road (Marine Corps Air Station), 858-693-1723. (MIRA MESA)

**Gaslamp Museum of Historic San Diego** Glimpse San Diego's colorful past at the museum, where displays highlight Wyatt Earp's San Diego days, the Peg Leg Gold Legend, the first maps and photographs of Old Town and "New Town," early military history, the naval disaster in 1923 at Point Honda, and more. 413 Market Street, 619-237-1492. (DOWNTOWN)

**Heritage of the Americas Museum** More than 100 Chinese jades of the Late Neolithic (4300-2500 B.C.) through the Ming periods (A.D. 1368-1644) are included in "The Stone of Heaven: The Enduring

Art of Jade Age China." From ancient times, jades in China were treasured as talismans, worn on the body either as final adornments in death or as ornaments in life. See a rare and valuable jade burial suit of the Han dynasty (206 B.C.-A.D. 221), one of only about two dozen that have been excavated in China. The suits were made of more than 2000 square and rectangular plates of jade sewn together with threads of gold, silver, or bronze (depending upon the status of the wearer). Ongoing.

The museum features art and artifacts from South and North America, concentrating on the utilitarian and decorative artistry of crafts workers from ancient cultures. The museum also features wings dedicated to natural history, archaeology, education, anthropology, and fine art. Find the museum on the Cuyamaca College campus. 12110 Cuyamaca College Drive West, 619-670-5194. (RANCHO SAN DIEGO)

**John DeWitt Historic Museum and Library** Museum and library, operated by the Alpine Historical Society, is located in the 1897 home/office of Dr. Sophronia Nichols. She was the first doctor in Alpine and the first female doctor in the East County. Indian artifacts from the Kingery family on exhibit. 2116 Tavern Road, 619-659-8740. (ALPINE)

**Magee House Museum** Magee House Museum, built in 1887 and surrounded by rose gardens, the site includes "one of the last barns still standing in Carlsbad." Docent and self-guided tours of historic house and gardens. 258 Beech Street, 760-434-9189. (CARLSBAD)

**Museum of Making Music** "The Violin in America: Old

World Tradition, New World Sound" explores the transplanting of European violin-making traditions to American soil by 19th and 20th century immigrants, how communities in New World added innovation to tradition. Exhibition showcases significant violins from 1700s to present day. Closes Sunday, September 7.

The past 100 years of American music and music making are highlighted at the museum, with over 450 vintage instruments, hundreds of audio and video clips, and an interactive stage. 5790 Armada Drive, 760-438-5996. (CARLSBAD)

**National City Depot** San Diego Electric Railway Association operates museum in this historic Santa Fe depot with exhibits, video displays, trolley equipment, restored passenger car from National City and Otay Railroad. 922 West 23rd Street, 619-474-4400. (NATIONAL CITY)

**Olaf Wiegheorst Museum** Displays paintings and prints by Olaf Wiegheorst and features exhibits of other artists' American West art. Adjacent to museum is courtyard with cactus gardens, 20 x 20-foot reproduction of Wiegheorst's painting *Navajos at Castle Creek*, and original restored home Wiegheorst lived in for many years starting in 1945. 131 Rea Avenue, 619-590-3431. (EL CAJON)

**Ramona Pioneer Historical Society and Guy B. Woodward Museum** Complex of historical buildings includes the Verlaque House (the only Western adobe home of French provincial design still in existence), wagons, antique exhibits, and artifacts. There is a cowboy bunk house, women's clothing and accessories

from 1700 to 1800, a ranch blacksmith shop and tack room. The Casey Tibbs Memorial Exhibit is dedicated to Tibbs, a local resident who was a world-champion rodeo rider. The Bancroft Memorial Rose Garden is on the grounds. Rare documents, historical exhibits, books, photographs, and a research library are also part of the complex. 645 Main Street, 760-789-7644. (RAMONA)

**San Diego Aircraft Carrier Museum** Museum onboard the decommissioned USS *Midway* is open for tours, now berthed at 910 North Harbor Drive. Exhibits include Navy jet simulators, carrier and flight deck touring, captain's sea cabin, pilot house, navigation bridge. Admission fee includes audio guide. 910 North Harbor Drive, 619-544-9600. (DOWNTOWN)

**San Diego County Sheriff's Museum** The 150-year history of the sheriff's department is highlighted at the museum, which is located "just feet away" from the original cobblestone jail site, built in 1850. The museum boasts artifacts, photographs, equipment, uniforms, and vehicles, along with exhibits from each of the departments making up the organization such as crime scene, K-9, court service, detentions, crime lab, bomb squad, and many others. 2384 San Diego Avenue, 619-260-1850. (OLD TOWN)

**San Diego Model Railroad Museum** Museum celebrates American railroads with "the largest permanent operating model railroad and toy train exhibit" in North America. Four scale-model railroads of the Southwest, the "San Diego County Relief Map" exhibit, and an interactive

toy train. There is a multimedia presentation on railroading, an operating railroad semaphore signal, and interpretive displays on railroads and model railroading. The museum is downstairs in the Casa de Balboa building. 1649 El Prado, 619-696-0199. (BALBOA PARK)

**San Diego Natural History Museum** "Spirits in Stone — Art and Animals from Africa," opening Friday, July 11, features sculpture by acclaimed Shona sculptors, as well as masks, jewelry, and baskets; all the artwork is for sale. Exhibit includes "an open enclosure with African lizards," exhibits of various African insects, fish, frogs, snakes. Through Sunday, October 12.

"Aerial Portraits of the American West: Photographs by John Shelton" closes on Sunday, November 2. Shelton is author of *Geology Illustrated*.

"Enraptured: Works by Mitch Dobrowner" is said to capture "otherworldly images of the Earth." The Ordover Gallery at the San Diego Natural History Museum also displays glass sculpture by Dick Ditore, photographs by Richard Garrod and Robert Walter, more. Show continues through Sunday, August 3.

Current "giant-screen film" is *Ocean Oasis*. 1788 El Prado, 619-232-3821. (BALBOA PARK)

**Veterans Museum and Memorial Center** Memorial to men and women who served in U.S. Armed Forces, Coast Guard, and Wartime Merchant Marine. Located in the former San Diego Naval Hospital Chapel (2115 Park Boulevard), the museum features original service-inspired stained glass, as well as historical murals painted by Richard DeRoset. Main exhibit hall features displays, exhibits of historic artifacts, documents, photographs, memorabilia, artwork honoring men and women who served. Museum is also home to San Diego Vietnam Peace Memorial and Veterans Memorial Garden. 2115 Park Boulevard, 619-239-2100. (BALBOA PARK)

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## CLASSICAL LISTINGS

**HOW TO SEND US YOUR LISTING:** Contributions must be received by 5 p.m. Friday the week prior to publication for consideration. Do not phone. Send a complete description of the event, including the date, time, cost, the precise address where it is to be held (including neighborhood), a contact phone number, and a phone number (including area code) for public information to READER CLASSICAL MUSIC, Box 85803, San Diego CA 92186-5803. Or fax to 619-881-2401. You may also submit information online at SDReader.com by clicking on the events section.

## CLASSICAL

**Summer Chamber Music Festival** Third annual festival promises master classes, coaching sessions, jamming, more, led by members of San Diego Symphony and USD faculty members. Evening concert slated for Thursday, July 10, 8 p.m. Final concert by participants, Saturday, July 12, 2 p.m. (\$10 general). 619-260-4106. University of San Diego (5998 Alcalá Park). (LINDA VISTA)

**"Stayin' Alive — The Bee Gees Tribute"** San Diego Symphony Summer Pops season continues when Matthew Garbutt and symphony are joined by this tribute band. Evenings conclude with fireworks. 619-235-0804. Embarcadero Marina Park South (206 Marina Park Way), 7:30 p.m., Friday, July 11, and Saturday, July 12. (DOWNTOWN)

**Q: Who Is the Civic Organist?**  
**A:** Carol Williams, who plans organ concert. 619-702-8138. Spreckels Organ Pavilion (2211 Pan American Road), 2 p.m., Sunday, July 13. (BALBOA PARK)

**"Ten Years, Seven Composers, One Pianist"** Athenaeum Music and Arts Library hosts "Summer Festival 2008," with pianist Gustavo Romero manning the piano on Sundays in July.

Listen for Schumann's "Arabesque," Mozart's "Fantasy in D Minor," the "Sonata op. 53 Waldstein" by Beethoven, and four "Scherzos" by Chopin on July 13.

Program on July 20 includes Mozart's "Piano Quartet in G Minor," the "Trio in B Major" by Brahms, and Schumann's "Piano Quintet." Series concludes with Beethoven's "Sonata in C Major No. 3," four "Impromptus" by Schubert, Mozart's "Sonata in A Major," Beethoven's "Sonata in F Minor (Appassionata)" on July 27. Reservations: 858-454-5872. Neurosciences Institute (10640 John Jay Hopkins Drive), 4 p.m., Sunday, July 13. (LA JOLLA)

**UCLA Organist** Concert organist Christopher Bull performs for International Summer Organ Festival. 619-702-8138. Spreckels Organ Pavilion (2211 Pan American Road), 7:30 p.m., Monday, July 14. (BALBOA PARK)

## ART LISTINGS

**HOW TO SEND US YOUR LISTING:** Contributions must be received by 5 p.m. Friday the week prior to publication for consideration. Do not phone. Send a complete description of the event, including the date, time, cost, the precise address where it is to be held (including neighborhood), a contact phone number, and a phone number (including area code) for public information to READER EVENTS, Box 85803, San Diego CA 92186. Or fax to 619-881-2401. You may also submit information online at SDReader.com by clicking on the events section.

## GALLERIES

**"Walking Shadows"** Opening reception for Ashley Blalock, whose "artwork combines traditional female handicraft with fine art." Closes Friday, August 15. 619-462-5760. Gallery La Mesa (8808 La Mesa Boulevard). 6 p.m., Friday, July 11. (LA MESA)

**"Ho Tam: The Yellow Pages"** Opening reception for Canadian visual/video artist Tam and Les LeVeque's "Unsung Algorithms and Musicals." Tam's "pivotal video" reflecting on identity politics and other projections and runs in continuous loop; LeVeque's videos play in main gallery on four monitors. Closing reception: Saturday, August 9, 6 p.m. 619-501-0879. 4 Walls Gallery (3813 Ray Street). 6 p.m., Saturday, July 12. (NORTH PARK)

**"Passages"** Reception for solo exhibit by Alicia Sotherland. Show closes Tuesday, August 12. 760-747-8973. Archives of Escondido Gallery (431 North Escondido Boulevard). 4 p.m., Saturday, July 12. (ESCONDIDO)

**Art, Live Music, Blood Punch** Saratoga Sake's "Vamperina" exhibition opens with reception promising "wine, blood punch, and pink cupcakes served by a ballerina," as well as live music by the Braaiins. Show closes Monday, August 11. "Sub 1K" Gallery features works priced under \$1000; the "Alley" is filled with works by more than 30 artists. More than 16 artists have work on view in 14 artist studios. 760-781-5779. Distinction Gallery (317 East Grand Avenue). 6 p.m., Saturday, July 12. (ESCONDIDO)

**Rendering Associates Group Exhibition** Opening reception for group exhibition with art by Ron Bourbeau, Nate Deyoung, Michael Lockwood, Mike McDowell, Heather McKey, Esteban Manriquez, Samson Martinez, Chris Polentz. These local artists "express the meticulous execution of the human form through various techniques and substrates." Closes Saturday, August 9. 760-943-7440. Rhino Art Company (97 North Coast Highway 101). 8 p.m., Saturday, July 12. (ENCINITAS)

**"if i forget"** Opening reception for artist Jean Benabou, with music by Megan Combs and Vandelldella, in new Upstairs Gallery at Lyceum. Show, curated by Caprice Dreifort, closes Monday, July 28. 619-231-3586. Lyceum Theatre (79 Horton Plaza). 7 p.m., Wednesday, July 16. (DOWNTOWN)

## ART MUSEUMS

**California Center for the Arts, Escondido Museum** Five new exhibitions of work by local artists. See "Active Duty" by Owen Mundy; "Contemporary Ruin: A Selection of Prints by the Los Angeles Printmaking Society"; "United & Severed: That Window of Time"; "Shannon McNeill: Little Drawings"; and "Warning Signs," prints by R.H. Brownfield. Each "touches on issues relevant to contemporary life in America including motherhood, active duty military life, loss, and more." Through November. 340 North Escondido Boulevard, 760-839-4120. (ESCONDIDO)

**Mingei International Museum** "Hungarian Folk Magic — The Art of Joseph Domjan" includes several of this master woodblock printer's pieces, along with objects from other cultures of the folklore images Domjan often portrayed. "Exhibition is an expression of the power of art to endure war, politics, and disaster and to rise, phoenix-like, from the ashes." Closes Sunday, October 5.

"India Adorned," opening Saturday, July 12, features selections from museum's Stephen Huyler Collection. Exhibit "reveals the colorful diversity of Indian creative expression, presenting an evocative collection of works that are used in the daily routine of a typical Indian family — objects of worship, personal and domestic adornment, utility, and recreation." Closes Sunday, April 19, 2009.

"Forms in Wood and Fiber: Southern California New Work" features work of six distinguished San Diego wood artists and many California Fibers members. "Both fresh perspectives on traditional forms and cutting-edge contemporary expressions will be included in works of superior design and craftsmanship." Participating artists include Wendy Maruyama, Russ Filbeck, Patrick Edwards, Del Cover, Brett Hesser, and Gene Blickenstaff. Closes Sunday, January 4, 2009.

"American Viewing Stones: Natural Art in an Asian Tradition." Chinese connoisseurs began using large stones to decorate gardens, courtyards during the Han Dynasty (206 B.C.-A.D. 220); "Scholar's Rocks" is English name most commonly used for these items. American viewing stone collecting began with first- and second-generation Japanese-Americans who continued traditions of bonsai and suiseki.

The "Chinese Woodblock Prints in the Style of the Ten Bamboo Studio" are likely from a 19th-Century edition of Treatise on Calligraphy and Painting of the Ten Bamboo Studio. Prints are noteworthy for technique of printing using multiple blocks. Both exhibits are ongoing. 1439 El Prado, 619-239-0003. (BALBOA PARK)

**Mingei International Museum — North County** More than 50 items are included in "Artful Armadillos," on display through Sunday, September 7. The pieces are created from materials including wood, ceramics, metal, and shells, from collection of Katarina Real-Cate.

"Art of Play: Kinetic Toys of the World" — closing Sunday, September 14 — features objects that move when manipulated. See kites from many countries, pull-

and push-toys, antique mechanical banks, puppets, wooden toys. 155 West Grand Avenue, 760-735-3355. (ESCONDIDO)

**Museum of Contemporary Art San Diego, La Jolla** "Elusive Signs: Bruce Nauman Works with Light" is said to focus "on Nauman's neons and light-room installations created over the first two decades of his career (1965-1985)." On view through Sunday, August 31, exhibition presents provocative body of work in which artist grapples with questions of how perception is shaped by light and space. 700 Prospect Street, 858-454-3541. (LA JOLLA)

**Museum of Photographic Arts** "Flesh: The Portraiture of Gary Schneider," continuing through Sunday, September 14, includes *John in Sixteen Parts*, a set of black-and-white fragments of Schneider's partner's face seen through time. Also included: *Genetic Self-Portrait*, an installation utilizing medical-imaging techniques to depict his own body from the inside out; and *Heads and Nudes*, where the South African artist uses exposures of up to three hours to explore and transform the flesh of friends and family.

In "Humanitas: Images of India by Fredric Roberts," the artist pictures people in India, Myanmar, Cambodia, Bhutan, Thailand, China as they go about their lives, selling water or herding camels. Through Sunday, September 7. 1649 El Prado, 619-238-7559. (BALBOA PARK)

**Oceanside Museum of Art** "Ancient Marks: The Sacred Origins of Tattoos and Body Marking" features over 100 black and

white photographs by documentary photographer Chris Rainier reflecting "humanity's efforts to forge identity, beauty, storytelling, and sacred beliefs." Closes Sunday, August 24. 704 Pier View Way, 760-721-2787. (OCEANSIDE)

**San Diego Museum of Art** Touring exhibition "Georgia O'Keeffe and the Women of the Stieglitz Circle" boasts more than 80 pieces, including work by O'Keeffe, Gertrude Käsebier, Pamela Colman Smith, Anne Brigman, and Katharine Rhoades. These artists were "interested in redefining the identity of the modern woman and explored the changing themes of femininity in modernism." On view through Sunday, September 28.

"Visible Places: Works by Women on Paper," continuing through Wednesday, November 12, showcases works from SDMA's collection. The early- to mid-20th century pieces offer historical

framework allowing consideration of how artistic styles changed over time, reflect upon active participation of women in the social and political currents of the period. Artists included are Mary Cassatt, Käthe Kollwitz, Isabel Bishop, Barbara Hepworth, Leonora Carrington. Exhibit includes "Spatial Gestures," focusing on abstract works by contemporary women artists acquired by museum between 2006 and present. 1450 El Prado, 619-232-7931. (BALBOA PARK)

**Timken Museum of Art** Permanent collection includes European old master paintings, 18th- and 19th-Century American paintings, and Russian icons. Saint Bartholomew, the only Rembrandt painting on public display in San Diego, is featured. 1500 El Prado, 619-239-5548. (BALBOA PARK)



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## ~ The Brothers of the Little Oratory in San Diego ~ & CHORUS BREVIARII SAN DIEGO

### July 2008 Events: Oratory Week in San Diego

The Brothers of the Little Oratory are pleased to **welcome Fr. Sean Finnegan**, author of the **Valle Adurni** weblog, for a week of Oratorian liturgy and spirituality. **CAVEAT:** Be sure to check our websites listed below for a full itinerary of liturgical activities and **POSSIBLE UPDATES.**

Thursday Evening, July 10, 7 pm

### "Month's Mind" Requiem Mass

In Memoriam **Fr. Arthur Malloche**  
(Extraordinary Form according to the 1962 Rite)

...

Saturday Morning, July 12, 10 am

### Votive Mass of the Holy Spirit

**For the Intentions of our Holy Father Pope Benedict XVI**  
(Ordinary Form, Latin, ad Orientem, Gregorian Chant)

...

Saturday Evening, July 12, 7:30 pm

### The Musical Oratory

Oratorian spiritual exercises and **SACRED CONCERT** featuring  
*John Polhamus, Anne Marie Dicce, Sandra Flores, and Ruben Valenzuela, Organist.*  
**Music of Cabanilles, Mozart, Vivaldi, and more.**  
**~ FREE ADMISSION to this concert spirituelle ~**

**Location for the above events:** St. John the Evangelist Catholic Church,  
Park Blvd. and Polk Ave., University Heights

Sunday Afternoon, July 13, 2:30 pm

### Solemn Sunday Vespers

of the 10th Sunday Post Pentecosten.

*'62 Breviary, followed by Benediction of the Blessed Sacrament*

**Location for this event:** St. Joseph Cathedral, 3rd & Beech, Downtown San Diego

...

~ **Fr. Sean Finnegan, Celebrant and Hebdomadary** ~

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### Tough Times for Mexican Musicians

According to Tijuana's *La Prensa* newspaper, on June 21, Mexican federal agents

for the evening. Family members of the detained musicians have filed a complaint with a Mexican human-rights organization, saying the musicians are innocent and unaware of any wrongdoing on the part of attendees, many of whom have been linked to major South American crime

*narcocorridos*, or drug ballads, during the past two years. The songs tend to name reputed drug lords and principals involved in smuggling activities. The performers attract an audience, including individuals who take offense to the specificity of the lyrics.

Mexican musicians have been shot, run over, burnt, suffocated, and strangled. Grammy-nominated Sergio Gómez of K-Paz de la Sierra was kidnapped after a performance in 2007 and tortured for two days. When found, he'd been strangled to death with what appeared to be a guitar cable.

— Jay Allen Sanford

# blurt

the inside track

raided the Little Devil social hall in Tijuana. They reported seizing thousands of rounds of ammunition, 19 high-caliber weapons, and a pound of methamphetamine.

Over 60 people were arrested, including 5 musicians hired to entertain



MEXICAN FEDS AND SERGIO GÓMEZ'S BODY

cartels.

Sort of related: At least 15 Mexican musicians have been killed for performing

**Recession Radio** One radio veteran says the recession may be good news for people who want to hear more music on the radio.

"Radio advertising was down last year," says the local deejay. "Then the recession hit. Right now, Clear Channel has been hit by a perfect storm," he says, because contract renewals for expensive morning shows will eventually come up for renegotiation.

Clear Channel has the highest-paid local morning

shows in town. Insiders estimate that the radio group is on the hook for \$8 million to \$10 million in annual salaries for its morning shows. On Star 94.1 (*Jeff and Jer*) and 101.5/KGB (*Dave*,

\$500,000 range.

Radio advertising in June was down 17 to 18 percent from last year.

"That's unprecedented," says one exec. "If you get a decrease in 8 to 10 percent in



JEFF AND JER'S CONTRACT LOOKS GOOD NOW...

*Shelly, and Chainsaw*), it is estimated that each team gets between \$2.5 million and \$4 million a year.

Other Clear Channel contracts are with Rock 105.3's *Mikey Show* and New Country 95.7's *Tony & Kris*. Each ensemble is estimated to make \$1 million annually. Channel 933's *AJ's Playhouse* has a payroll estimated in the

one year, that's considered really bad. This is a train wreck."

The deejay says, "Car [dealerships] used to be radio's biggest spenders. Have you noticed how few car spots there are on the radio now? Advertisers have started shifting from radio to other media."

Recently, Media Audit

announced a survey that indicated adults in San Diego spend more hours per week on the Internet (three and a half hours) than listen to terrestrial radio (almost two and a half hours per week).

"It's so much cheaper to send out an email to two million people than to buy time on radio," says the deejay. "Look how well Google does. Plus, people are now consuming their music elsewhere, like iTunes, Pandora, and Live 365."

Another insider says though morning-show deejays may not make as much on their next contract, they are not destined for extinction.

"Where would KGB be if *Dave, Shelly, and Chainsaw* went away? That station dies in the middays and afternoon; *Dave, Shelly, and Chainsaw* make that station what it is."

— Ken Leighton

### Bad Luck o' the Irish

"I bought it from an old hippie in Washington the summer Jerry Garcia died," says Bleeding Irish fiddle player Rhy Thornton of the 1964 school bus his band took on the Warped Tour.

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Calendar  
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continued

"Willie Nelson used to use it on tour. His main bus was called the Honeysuckle Rose.

They slept in that one; this one was the crappy one where they put all the equipment. They called it the Grizzly Rose. It was certainly grizzly for us."

The Grizzly Rose cost the Bleeding Irish more than \$5000 in repair bills, and when it recently broke down on the road even after the engine was rebuilt, the bus cost them their gig as the Warped Tour "barbecue band"; they only played and cooked at the first two dates of the 46-date tour.

"We don't have a label, and we don't have the credit to rent anything," says Thornton. "I already owned this, so I said let's just try to cobble it together as best we can.... It first blew up on the Grapevine [a stretch of I-5]. We were stranded in this little truck-stop town called Lebec, which was, like, 30 miles south of Bakersfield."

Thornton says the band had to stay in Lebec for five days while the engine was rebuilt. They slept in the bus at night while it was parked in the garage.

"We mortgaged, borrowed, begged, and stole everything we could to pay

the bill. We had no money while we were stranded there. The town is so small it only has one bar named Rocky's. We told them that we were stranded and we would play for any amount of money or beer or whatever they would give us if they would let us play. It was such a small town that by the end of the fifth day we knew everyone in town....

"We missed Ventura,



WILLIE WON'T SELL THIS BUS (HONEYSUCKLE ROSE)

Arizona, and New Mexico," continues Thornton. "We were supposed to catch up with the tour in Salt Lake City." But the engine kept overheating. The next time the bus broke down, the four band members, their manager, roadie, and merch guy were stranded in St. George, Utah.

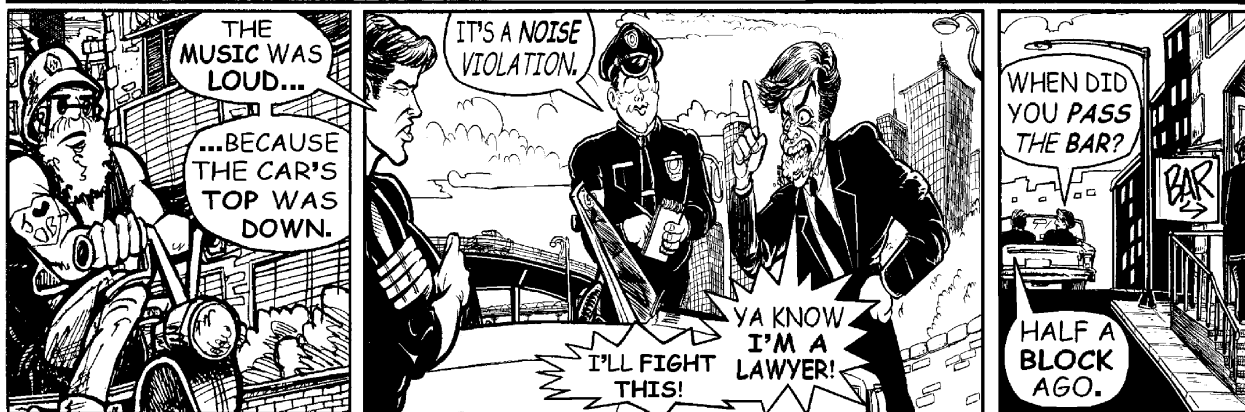
"We've been here for a few days," Thornton said on July 1. "It's Mormon country. This place also has one bar. It's called the One and Only." He said the bar gave them some gigs.

The bus overheated before reaching Salt Lake City, so Warped Tour impresario Kevin Lyman had to find another barbecue band.

"But he offered to help us with the bill this time," said Thornton, who mentioned his band is over \$11,000 in debt, owed mostly to girlfriends, friends, and

## OVERHEARD IN SAN DIEGO: DOWNTOWN

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family members.

— Ken Leighton

**How to Break Up a Band** Dynamite Hack was a late-'90s, Austin-based alternative rock band that is best remembered for their tongue-in-cheek acoustic cover of Eazy-E's "Boyz-n-the-Hood." The song can still be heard occasionally on local FM94/9 and even more often in L.A., on KROQ.



DYNAMITE HACK, 2000

Chad Robinson, who now fronts the synth- and guitar-driven San Diego rock band Pleasure Device, played bass and sang in Dynamite Hack. He describes how his band decided to record "Boyz-n-the-Hood":

"The other guy who sings and writes songs in the band [Mark Morris]...was real into writing acoustic love

songs, and we just wanted to play blown-out electric stuff. He was always fiddling with that one riff, and someone had just gone off and gotten that *Eazy-Duz-It* album. [Morris] started singing all sweetly his love-song melody with the 'Boyz-n-the-Hood' lyrics, and we were, like, 'You know what? That's the only way that we will let you do that song!'

The song, off their 2000

album *Superfast*, peaked at number 12 on *Billboard's* Modern Rock Tracks chart and became their sole hit. While in the middle of recording their follow-up album in Chicago, their label, Universal, dropped them. Band members also had a falling-out with their manager, which led to

lawsuits, lawyers, and division within the band.

Soon after the album was completed, Robinson left Austin for San Diego.

"I kinda thought we might just keep stuff going," says Robinson.

That didn't happen, though. But now, close to eight years later, Dynamite Hack may be back. Robinson states that the long-shelved album (titled *How to Break Up a Band*) will be for sale in CD form "any day now," and live shows may be on the horizon.

— Dryw Keltz

**The Muzak Experience**

At the beginning of June, Greg Laswell's songs were picked up by the Muzak canned-music firm, which is developing what it calls the "audio architecture" for Courtyard Hotel lobbies. In addition, two tracks from Laswell's *How the Day Sounds* EP — "Days Go On" and the title track — are featured at Courtyard's "interactive lobby" at *gocourtyard.com*. The songs play as a Marriott "global brand manager" explains the chain's new focus on musical marketing.

According to Muzak's

website, ten million people hear their inoffensive song selections every day.

Laswell's songs have also been heard on TV shows



LASWELL GETS HIMSELF WAY OUT THERE

such as *Grey's Anatomy*, *Shark*, *Without a Trace*, *Smallville*, *One Tree Hill*, and MTV's "reality" program *The Hills*. Laswell's latest album (*Three Flights from Alto Nido*) was released on July 8.

— Jay Allen Sanford

**CONTRIBUTORS**

William Crain, Dave Good, Larry Harmon, Michael Hemmingson, Ken Leighton, Ryan Loyko, Bart Mendoza, Derek Plank, Eric Rife, Jay Allen Sanford, David Stampone

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# club crawler

This Week In Music

## Thursday 10

Steel town septet **Rusted Root** surfaces at House of Blues. This summer marks 30 years for the touring/recording festival favorites, whose roots rock leans more to bluegrass and afrobeat than Dead jams. Check out new single "Bad Son" on their

"certified organic" Space page. **Pete Francis** opens on the



RUSTED ROOT AT HOUSE OF BLUES

main stage, while **Modern Day Moonshine** swills it all night long in the Voodoo Room.... The Staples Singers' **Mavis Staples** belts R&B and gospel standards at supper club Anthology. The Chicagoland chanteuse signed to ANTI- Records last year to release *We'll Never Turn Back*, a collection of songs from the Civil Rights movement and two originals by the disc's producer, Ry Cooder. Staples turns 69 tonight.... Groove cats **Science Fiction** get otherworldly at Bar Pink Elephant with organ-driven funk and jazz. **DJ Artistic** spins round sets.... Beauty Bar stages O.B. rock quintet **Swedish Models**, who, though neither Swedish nor models, do know how to strut and pop. Opening set by **Sayviny!**, the Encinitas act that covers Scarlett Johansson covering Tom Waits.

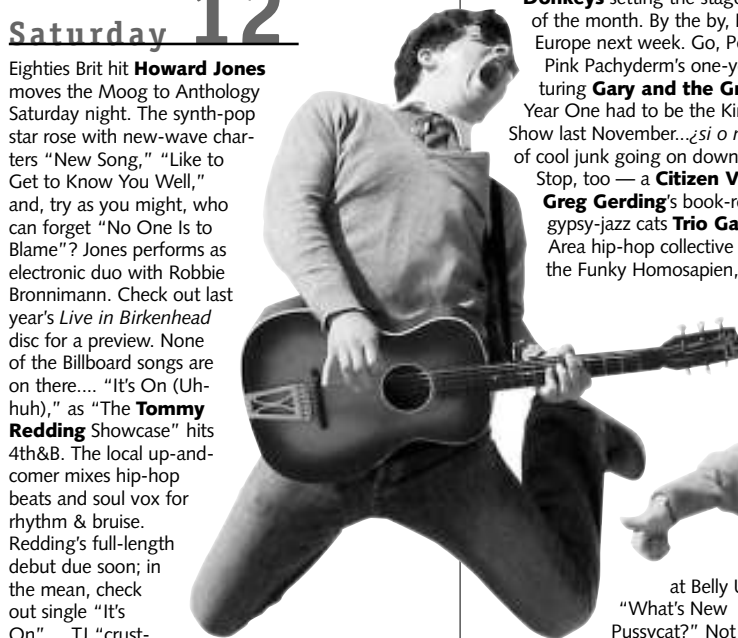
## Friday 11

Omaha pop quintet **Tilly and the Wall** give the Epicentre all-agers *O*, their latest Team Love disc. Check out the kiddie-vid for "Pot Kettle Black" and dig the shoe-beat beats.... **MEX** caters Latin-flavored party jams at Pink Elephant. Mario Escovedo's big band is becoming a staple at the North Park hotspot. Long Beach band **Los Misteriosos** open and promise "epic tales of lost love and bullfighting" .... Dub guru **Mad Professor** conjures "second-generation reggae" at Worldbeat Cultural Center. The madman is out in support of last year's *Dub You Like Crazy*.... "Ghetto Superman" **Lyfe Jennings** visits "socially conscious R&B" on House of Blues. The multi-instrumentalist's new Sony disc *Lyfe Change* includes chart hits "Cops Up" and "Never Never Land" .... Local rockers **Scarlet Symphony**,

**Vision of a Dying World**, and **Thin Man** fill a bill at Casbah. Dig Vision's experimental folk full-length *And the Grammar Lamb*, out on Single Screen Records.

## Saturday 12

Eighties Brit hit **Howard Jones** moves the Moog to Anthology Saturday night. The synth-pop star rose with new-wave characters "New Song," "Like to Get to Know You Well," and, try as you might, who can forget "No One Is to Blame"? Jones performs as electronic duo with Robbie Bronnimann. Check out last year's *Live in Birkenhead* disc for a preview. None of the Billboard songs are on there.... "It's On (Uh-huh)," as "The **Tommy Redding** Showcase" hits 4th&B. The local up-and-comer mixes hip-hop beats and soul vox for rhythm & bruise. Redding's full-length debut due soon; in the mean, check out single "It's On" .... TJ "crust-core" crew **Bumbklaat** headline a hardcore bill at Ché Café, with Santa Cruz sonic squallers **Fell Voices**, **Thou**, and **Leech**.... The dude in **Parlor Mob**'s got a serious Jack White affect. In fact, the whole thing's downright Raconteurian. Get a taste of *And You Were a Crow* on the Jersey band's Space page and catch 'em at Casbah with **JFK** and **Hotel St. George**.



at Belly Up....

"What's New Pussycat?" Not **Tom Jones**, but he'll still be

singing 'em low and wearin' 'em tight at Humphrey's Sunday night.... And **Peter Frampton** will play his hit at Harrah's Rincon.

## Monday 14

Boston-based **Harry & the Potters** bring their

HARRY & THE POTTERS AT EPICENTRE

Unlimited Enthusiasm tour to town. Brothers Paul and Joe DeGeorge expound on the J.K. Rowling series in indie-twisted pop songs. Give a listen to "Save Ginnie Weasley." So fun. So worth the trip to Epicentre. **Math the Band** and **Jason Anderson** in support.... We've GOT to save Ginnie Weasley from the basilisk!

## Tuesday 15

*I want YOU to want...* the Big Ticket at the Cricket Tuesday night, with **Journey**, **Heart**, and **Cheap Trick**. Just like Guitar Hero II, dudes!...

Heavy head trippers **Earthless** and **Mythical Beast** deliver metal jams to campus club Ché Café.... While U.K.'s **Duke Spirit** and hometown hits **Republic of Letters** play Belly Up. This is Duke



JOSEPH ARTHUR AT ANTHOLOGY

Spirit's first U.S. date in support of their latest, *Neptune*.

Despite the press release, the Leila Moss-led band sounds more like Sugarcubes than Pixies. Cool website, though.

## Wednesday 16

Brooklyn-based artist/songsmith **Joseph Arthur** and his **Lonely Astronauts** crash down at Anthology Wednesday night. Music's consistently catchy. The Museum of Modern Arthur is pretty cool, too. Check it out at *museumofmodernarthur.com*. With Swedish singer/songwriter **Anna Ternheim**, who's out to tout her U.S. debut, *Halfway to Fivepoints*.... The **Sess**, **Gizzards**, and **Here Comes the Big Black Cloud** rain R&B-infused garage rock on O'Connells in Bay Park. Catch up with Sess' debut *Agendumb* yet? C'mon, man.... **Chris Isaak** croons and swoons Humphrey's by the Bay.... **Aspects of Physics** break it down at Casbah, with the **Followers**, **Extra Life**, and **Nate Baldwin**.... And Ché Café hosts a Plan-It-X Records showcase, featuring **Ghost Mice** from Florida and the **Heathers** of Ireland.

— Barnaby Monk

**Slipknot/Disturbed**  
July 16

**Ringo Starr**  
July 27

**John Mayer**  
July 29

**Dave Matthews Band**  
August 22

**Radiohead**  
August 27

**Jack Johnson**  
August 30

**Melissa Etheridge**  
August 30

**Alejandro Fernandez**  
September 12

**Counting Crows/ Maroon 5**  
September 13

**Janet Jackson**  
September 20

**Luis Miguel**  
September 21

**Raconteurs**  
September 24

**Del Mar Races**  
Opening Day July 16



**Toby Keith**  
July 11

**Santana**  
September 30

**Sigur Ros**  
October 1

**The Mars Volta**  
October 2

**Neil Diamond**  
October 7

**Jimmy Buffett**  
October 16

**Frank Caliendo**  
October 18

**Ray Lamontagne**  
November 1

**Madonna**  
November 4

**Carrie Underwood**  
November 8

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**DJ BDP** JULY 11

**DJ POKKEY** JULY 12

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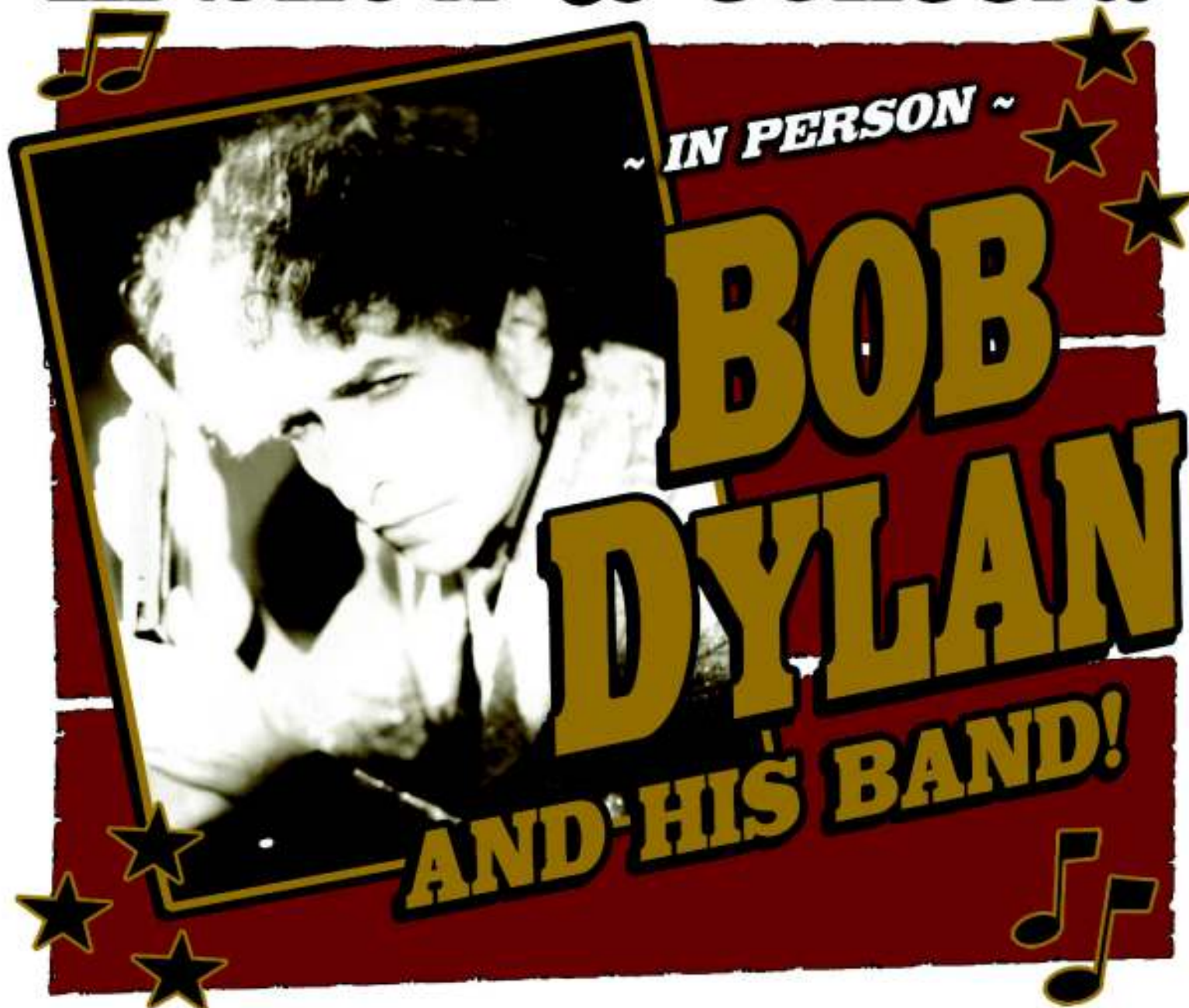


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SOPHIE MILMAN JAZZ	7/26

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**JOSEPH ARTHUR & ANNA TERNHEIM**  
JULY 16

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# Girls on Deck

*If you're deejaying a pimp 'n' ho party, by all means, wear hoochie clothes.*

Back in the early '90s my roommate and I spent hours in my apartment near Balboa Park watching and listening as our British friend Eugene (a.k.a. Skinnyribz) did things to records we had never heard before. I loved house music, and my interest in deejaying arose from going to raves and hearing incredible deejays. I remember thinking, *I think I could do that*. So I did.

From Eugene and Our Friend Nate and Bert (DJ Paluka), I learned everything I know about the fundamentals of mixing records. Because I was among the party people, I fell in with the company of high-caliber deejays. All of my early professional experiences involved opening up for renowned deejays such as Garth and Thomas of San Francisco's now-defunct Wicked Crew and local Mark E. Quark.

As a rookie I was happy to play for free and get exposure. I eventually worked my way up to getting out-of-town gigs, all expenses paid. About ten years ago, before I dared call myself a deejay, I took a trip to Salt Lake City to play a rave held in a laser-tag venue. In the early-morning hours after, about ten of us party people arrived at the 19-year-old party promoter's house — just as the entire family descended the front steps to go to church. I made \$300 for that job.

Now that I'm more established, I expect compensation, and the amount varies depending on the event. My monthly gig at the Blue Lotus Lounge (on Washington Street) pulls me anywhere from \$50 to \$250, depending on the bar tab. And if I promote and bring a crowd that spends, I get paid.

The fact that I'm a female in a (typically) man's world compels me to offer a few tips on how a girl deejay can hold her own on the decks.

**Make Friends with the Boys and Their Toys**  
San Diego is home to only a handful of girl deejays, most prominently DJ Miss Lisa and the women who contribute to the Lady Lush collective. Most of the time you will find a guy behind the decks. So make friends with the guys; they'll teach you stuff. When I was first learning, Eu-

gene taught me a trick that involved starting with one track, throwing the cross-fader to a new track for one beat, jumping back and forth between the two songs, and *then* slapping it right in the middle of the mix. The sound of it had this fren-

zied anticipatory quality and taught me the importance of having a signature deejay trick. A valuable technique Nate taught me was to always regulate pitch

control using the slider, even for small adjustments in speed, instead of running my fingers along the edge of the deck to slow down the tempo or pushing the record to speed it up. He educated me on how to adjust the speed by eye and ear, trusting my instincts on where I think the pitch control should be.

## Don't Date Your Colleagues

Establish good relationships with your fellow deejays, but don't overdo it. You will have a harder time earning their respect if you sleep with all of them (or, sadly, even one of them). Alcohol and clubbing go hand in hand, and too many drinks can lead to "inadvertent dating"...so try to avoid hooking up with your fellow deejays. That usually goes for groupies, too. Also, for me, more than two or three drinks and the connections in my brain required for spinning records start to misfire. Train wrecking can ensue.

## Dress Appropriately

Again, think about how you want to be perceived. There will be a lot of eyes on you, and you want to dress accordingly. If you're deejaying a pimp 'n' ho party, by all means, wear hoochie clothes, but on a regular basis it's best to rock your signature style (if that is hoochie, more power to you). Consider the type of party or venue you're playing and your mood. In this industry, looking and feeling good are crucial.

## Put on a Show

Some female deejays put on a show. One local, very successful female deejay blends dominatrix/club girl attire, brings her go-go dancers, and mixes popular nightclub music all over San Diego



The author

and the world. She has worked damn hard to develop her image. For me it's all about the music — and I'd describe my music as a little more underground — so when I'm playing out somewhere I tend to keep my attire simple and subtle. I wear something I feel good in that reflects who I am, like a hot pair of jeans and a tank top. And I have been known to sport a lucky deejay hat.

## Keep It Real

The more you embrace who you are and let it come through in your music, the better you will play. The fact that you're a girl will attract attention to your music, but then you have to prove yourself. Playing what you like — what makes you want to dance — will help you develop your "deejay identity" and set you apart from other deejays.

## Don't Sell Out

No, I do not have the latest remix of "SexyBack" (not that I think that song and J.T. aren't hot, it's just not what I play). I do not have Fergie or Rihanna in my record bag either. One of my pet peeves is people who request songs or entire genres. I work hard to create a mood. So I politely explain to whoever is asking, "I don't take requests."

## Be Prepared

Practice. Try arranging a set if you feel nervous before a gig. Run through it beforehand if you have the chance. You can always veer from it, but you'll have something in your back pocket if you feel lost. If you're good, other deejays and promoters in the club will ask for your demo CD so they can hire you or pass it along to someone who will want to hire you. Carry a recent demo.

## Top-ten songs in heavy rotation this month:

- 1) "Stolen Soul," Giom
- 2) "Disco Dust," Olivier Desmet and B. McCarthy (Jason Hodges Remix)
- 3) "Gary's Groove," Olivier Desmet and Chuck Diesel
- 4) "When I Think," LawnChair Generals
- 5) "Do What You Know," Vibezelect
- 6) "Closer," Mood II Swing (Fred Everything and Olivier Desmet Remix)
- 7) "In the Pocket," Oriental Funk Stew and Olivier Desmet
- 8) "Silence," Swirl Peepz
- 9) "As Darkness Falls," Vernon and DaCosta featuring Apple Rochez
- 10) Anything Mark Farina or Olivier Desmet is playing! ■

Salvo plays the first Thursday of each month at Blue Lotus. On July 19 she'll be at Candelas.

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Saturday, July 12 • No Cover  
2-6 pm **GHOST RIDERS**  
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Sunday, July 13 • No Cover  
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John Fogerty  
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Poison  
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Anita Baker  
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## Calendar MUSIC

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## THIS WEEK'S SHOWS

**710 Beach Club:** 710 Garnet Avenue, Pacific Beach, 858-483-7844.  
*Thursday* — Cicada, Scarry Garry, Sonic Ritual. Metal/rock.  
*Friday* — Superunloader. A tribute to Led Zeppelin.  
*Saturday*, 9 p.m. — Dirty Frank. A tribute to Pearl Jam.  
*Wednesday*, 9 p.m. — Moontucky Risin. Bluegrass/psychedelic/classic rock.

**AcousticMusicSanDiego:** 4650 Mansfield Street, Normal Heights, 619-303-8176.  
*Friday*, 7:30 p.m. — Chad & Jeremy. Sixties British invasion folk-popsters. \$30.  
*Wednesday*, 7:30 p.m. — John Keawe. Hawaiian slack-key guitarist. \$15-\$20.

**Across the Street:** 4601 Park Boulevard, University Heights.

*Saturday*, 8 p.m. — Alan Silva. Free CD with admission. Folk/rock/pop. \$8.

**Anthology:** 1337 India Street, Little Italy, 619-595-0300.  
*Friday*, 7:30 p.m. — Lao Tizer. With Chieli Minucci and Karen Briggs. Contemporary jazz. \$23.  
*Saturday* — Howard Jones. English singer-songwriter.  
*Sunday*, 7:30 p.m. — The Steely Damned. A tribute to Steely Dan. \$12-\$38.  
*Tuesday*, 7:30 p.m. — The Mike Clark Band. Jazz. \$22.  
*Wednesday*, 7:30 p.m. — Joseph Arthur and Anna Ternheim. Acoustic/rock/folk. \$19.

**Avo Playhouse:** 303 Main Street, Vista, 760-724-2110.  
*Friday*, 8 p.m. — Ferron/Bitch Concert. Singer-songwriter Ferron on tour with performer Bitch. \$22.

**Beauty Bar:** 4746 El Cajon Boulevard, Kensington-Talmadge, 619-516-4746.  
*Thursday* — Sayvinyl and the Swedish Models. Indie rock/garage/punk. \$5.  
*Friday* — Ming & Ping, Kissing Tigers, Rocket. Rock/pop punk/electro. \$5.  
*Saturday* — The 87 Stick Up Kids. Hip-hop/electro. \$5.  
*Sunday* — Flight or Fight and the A-B Theory. Indie/electro/pop. \$5.  
*Tuesday* — Dramatica. Electro. \$5.  
*Wednesday* — The Pity Party, Day Sleeper, the Human Value. Indie rock/experimental. \$5.

**Belly Up Tavern:** 143 South Cedros Avenue, Solana Beach, 858-481-8140.  
*Thursday*, 9 p.m. — Ayo and La Tanya Lockett. Soul/folk/reggae. \$13-\$15.  
*Friday*, 9 p.m. — Elijah Emanuel & the Revelations. With Delta Nove. Roots reggae/rock. \$12-\$14.  
*Saturday*, 9 p.m. — Stepping Feet. A Dave Matthews Band tribute.

With Justin James and Misdirection. \$10-\$12.  
*Sunday*, 9 p.m. — Hieroglyphics. With Blue Scholars, Musab, Tanya Morgan, and Knobody. Hip-hop/soul. \$20-\$22.  
*Tuesday*, 9 p.m. — The Duke Spirit and Republic of Letters. Indie/alternative rock/pop. \$6.  
*Wednesday*, 9 p.m. — Daredevil Jane. Alternative rock.

**Birch Aquarium at Scripps:** 2300 Expedition Way, La Jolla, 858-534-FISH.  
*Wednesday*, 6 p.m. — Eric Hutchinson. Witty lyrics, soul, and charm for Green Flash concert series. Tickets include concert, aquarium viewing. Food for sale from Rock Bottom Restaurant and Brewery. Reservations: 858-534-4109. \$20-\$25. Ages 21 and up.

**The Bitter End:** 770 Fifth Avenue, Downtown, 619-338-9300.  
*Thursday*, 8 p.m. — Cathryn Beeks Showcase. With various bands.  
*Sunday*, 9 p.m. — Perfect Blue, Evervess, Dreamtiger. Psychedelic/indie/rock.  
*Tuesday*, 10 p.m. — Radiostar. Eighties new-wave rock.  
*Wednesday*, 10 p.m. — The Maddox Revolution. Pop/rock/jazz.

**Brick by Brick:** 1130 Buenos Avenue, Linda Vista, 619-275-5483.  
*Friday*, 8 p.m. — The Zac Brown Band. Southern rock/folk/country. \$10-\$12.  
*Saturday*, 8 p.m. — Hostile Comb-Over and Magdalene. With the Calvins and Atomic Pink. Garage/alternative/punk. \$7.

**Canes:** 3105 Ocean Front Walk, Mission Beach, 858-488-1780.  
*Thursday*, 8 p.m. — Canobliss and Six Reasons. Babes in Bikini post-show with Lead Burns Red. Metal/hardcore.  
*Friday*, 9 p.m. — Paul Fuga and Stranger. With Brad Watanabe (Ooklah the Moc) and 56 Hope.

Reggae/rock/blues. \$12-\$15.  
*Saturday*, 9 p.m. — Tainted Love. '80s tribute band. \$15.  
*Sunday*, 2 p.m. — Love & Groove. Reggae/jazz/R&B.  
*Wednesday*, 8 p.m. — Likewise and Roxy Blue. Jazz/blues/rock. \$10-\$12.

**Casa de Oro Cafe:** 9809 Campo Road, Spring Valley, 619-460-4830.  
*Friday*, 6:30 p.m. — The Paragon Dixie Swing Band. Dixie tunes.

**The Casbah:** 2501 Kettner Boulevard, Little Italy, 619-232-4355.  
*Thursday*, 8:30 p.m. — Calico Horse and Silverbird. Fundraiser for Demetrius Antuna (Goodbye Blue Monday) with Japanese Sunday and the Focus Group. Indie pop/rock/country. \$10.  
*Friday*, 8:30 p.m. — Scarlet Symphony and Vision of a Dying World. With Thin Man. Experimental/folk/rock. \$8.  
*Saturday*, 8:30 p.m. — The Parlor Mob and JFK. With Hotel St. George. Indie rock/pop. \$8.  
*Sunday*, 8:30 p.m. — Shearwater, Red Pony Clock, the Donkeys. Indie/folk/rock. \$8.  
*Monday*, 8:30 p.m. — The Fascination and the Feeling's Mutual. With the Valley Arena and Joanie Mendenhall. Alternative/indie/rock. \$6.  
*Wednesday*, 8:30 p.m. — Aspects of Physics and Followers. With Extra Life and Nate Baldwin. Experimental/rock/pop. \$6.

**Chasers Cocktail Lounge:** 3615 El Cajon Boulevard, City Heights, 619-280-9379.  
*Thursday*, 9 p.m. — Witt, Planets, Japandi. Indie/rock/experimental.

**Ché Café:** 9500 Gilman Drive, B-0323C, La Jolla, 858-534-2311.  
*Friday*, 8 p.m. — Die Young and Lie & Wait. With Restrained. Hardcore/punk/metal. \$6.  
*Saturday*, 7 p.m. — Bumbklaatt,

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**CLAY COLTON BAND**  
**THREE CHORD JUSTICE**  
**JOSH DAMIGO**

Thursday, July 10  
**HOPE UNSEEN**  
**BEDPOST BUZZARDS**  
**FIGHT THE SHARK**

Saturday, July 12  
**HOSTILE COMBOVER**  
**MAGDALENE**  
**THE CALVINS**  
**ATOMIC PINK**

Wednesday, July 16  
Never Say Die, Skinnie Magazine and Sean Healy present  
**"WARPED TOUR BATTLE OF THE BANDS"**  
featuring  
**QUINN ALLAN**  
**SAVE AMOS**  
**LIKEWISE • ROXY BLUE**

Thursday, July 17  
**SPERO LUMINA**  
**LOVERS IN ARMS**  
**LONDON FALLING**

7/25 **Comic-Con Sci-Fi** themed Burlesque Show • 7/26 **Aizen** • 8/2 **Violinist Mark Wood**  
8/8 **Canibus** • Dylan Diliija • 8/10 **Acoustic Alliance** • 8/13 **Garrison Starr** • **LDR & The Kates**  
8/27 **Kings X** • **Green Life** • 8/29 **Agent Orchid** • 9/20 **Uli John Roth** • 10/11 **From The Jam**

**LOT 81**  
Serving lunch & dinner  
619-275-6881

Friday, July 18  
CNA Clothing presents  
**"FREESTYLERS BALL"**  
featuring  
**EXIT THEORY**  
**DJ MISS BRISK**  
**& DJ CONUNDRUM**

Saturday, July 19

**FM REVOLVER**  
**KAVENA**  
**MY ELYSIAN**  
**THE SAMMUS THEORY**  
**RABBIT IN RED**

Sunday, July 20  
**RE-FORM**  
**COUNTER LAUNCH**  
**CANDY ASYLUM**

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### JUST 4 EASY STEPS

1

Muddle 12 fresh mint leaves & ½ lime



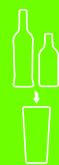
2

Cover with 2 Tbsp. simple syrup or 4 tsp. sugar; top with ice



3

Add 1½ oz. BACARDI® Superior Rum & top with club soda



4

Stir well & garnish with lime wedge & sprig of mint



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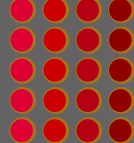
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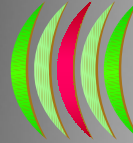
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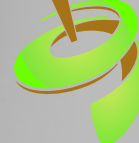
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TALIB KWELI JAY ELECTRONICA

**AUG 10**

**DELTA ROOM**

ON SALE NOW!

**/PASSENGER.**

**AUG 12**

ON SALE FRIDAY 7/11 @ 10AM

**VAN HUNT**

**DELTA ROOM**

**AUG 21**

**RATATAT**

ALL AGES

ON SALE FRIDAY 7/11 @ 10AM

**SEPT 12**

ON SALE NOW!

**Rebelution**

**C MONEY**

**SEPT 13** ALL AGES

**STREETLIGHT**

**MANIFESTO**

THE A.K.A.s  
The Swellers

ON SALE FRIDAY 7/11 @ 10AM

**OCT 19** ALL AGES

**TECH 9NE**

ON SALE FRIDAY 7/11 @ 10AM

Kutt Kalhoun • Big Krize Kalika • DJ Bill  
Prozak • Grave Plott • Skatterman  
Snug Brim • Dago Graves

**OCT 20** ALL AGES

ON SALE FRIDAY 7/11 @ 10AM

**JOE SATRIANI**

US TOUR '08

PLUS VERY SPECIAL GUEST  
**MOUNTAIN**  
featuring LESLIE WEST  
and CORRY LANGE

**NOV 12**

**LYFE JENNINGS**

BABY I'M A STAR TOUR

SPECIAL GUESTS  
RAY LAVENDER  
TOLMAN RICE  
COLLEEN

**JULY 11**

verizon

**Alexsyntek**

Live Concerts

**JULY 12**

**ONEREPUBLIC**

Cheyenne Chase  
Let's Connect

THE 00  
MUSIC

**JULY 16** ALL AGES

**TODD RUNDGREN**

**JULY 17**

**THE DAN BAND**

LIVE!

THE BAND FROM THE MOVIE  
"OLD SCHOOL"

**JULY 18**

**N-E-R-D**

**JULY 20**

**Dropkick Murphys**

**Civet**

**JULY 21** ALL AGES

**Allison**

**JULY 23** ALL AGES

**WHOS BAD**

The World's #1  
Michael Jackson Tribute Band

**JULY 24**

ComicCon Weekend!

**THE AQUABATS!**

ALL AGES

**JULY 25**

**VALENTINE**

BLEEDING THROUGH

CANCER BATS

**JULY 27** ALL AGES

**LESS THAN RAKE**

**GOLD FINGER**

SUMMER 2008

**JULY 29** ALL AGES

**PHANTOM**

FANDER

Steed Loard

**JULY 31** ALL AGES

**The Men in Black Show**

**&**

**THE CURED** Cash'd Out

**AUG 1**

**Richard Cheese**

and Louie Against the Machine

**AUG 2**

the wait is over... the long awaited return of  
the original members of the legendary  
**SEPTUAGINTA**

**cavalera conspiracy**

**infilktour**

THE DOLLINGER ESC  
PLAN

**AUG 3** ALL AGES

**Me First and the Gimme Gimmes**

The Teenage Frames  
Black Flag

**AUG 8** ALL AGES

**UNDER A BLOOD RED SKY**

The U2 Tribute

**AUG 9**

8/13  
8/17  
8/17  
8/19  
8/21  
8/22  
8/22  
8/23  
8/27  
9/22  
9/26  
10/1  
10/17  
2/7/09

BOW WOW/  
DRAMARAMA / GENE LOVES JEZEBEL /  
WHEN IN ROME / REAL LIFE (ON SALE 9/11 @ 10AM)  
MATT PRIOR/CHRIS CONLEY (DELTA ROOM)  
EDWIN MCCAIN (DELTA ROOM)  
TOOTS AND THE MAYTALS  
BROKEN SOCIAL SCENE  
SONDRE LERCHE (DELTA ROOM)  
EDDY GRANT  
TOAD THE WET SPROCKET  
LILA DOWNS  
JOE ROGAN  
LAGWAGON/MXPX  
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PLUS APPLICABLE CHARGES

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In theaters in August

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**JULY 11**

BlackBerry  
presents

**JOHN MAYER**

LIVE IN CONCERT  
with special guests  
*Colbie Caillat & Brett Dennen*

LIVE NATION  
**FOURPack**  
4 LAWN \$89

**JULY 29**

LIVE NATION

**MERCYME**

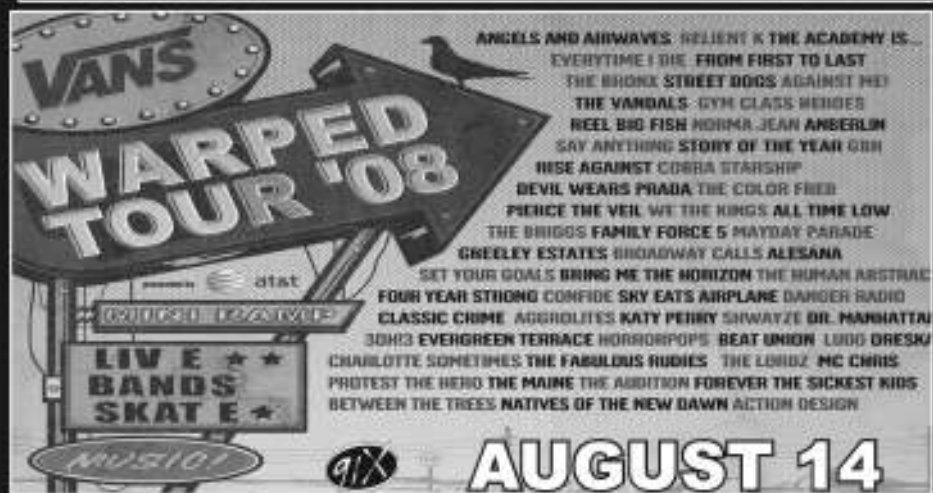
**THE DAVID CROWDER BAND**

THURSDAY, JULY 24  
SDSU OPEN AIR THEATRE

**PATTON OSWALT**  
**BRIAN POSEHN**  
**MARIA BAMEFORD**  
PLUS SURPRISE GUESTS!

**THE COMEDIANS OF COMEDY TOUR**

ONE NIGHT ONLY!  
**SPRECKELS THEATRE**  
**SATURDAY JULY 26**  
135 BRADWAY SAN DIEGO, CALIFORNIA



**VANS**  
**WARPED TOUR '08**

ANGELS AND AIRWAVES, BELLEFANT & THE ACADEMY IS...  
EVERYTIME I DIE, FROM FIRST TO LAST  
THE BHOX STREET DOGS AGAINST ME!  
THE VANDALS, GYM CLASS HEROES  
REEL BIG FISH NORMA JEAN AMBERLIN  
SAY ANYTHING STORY OF THE YEAR GUN  
RISE AGAINST CORRA STARSHIP  
DEVIL WEARS PRADA THE COLOR FIELD  
PENCE THE VEIL WE THE KINGS ALL TIME LOW  
THE BRIGGS FAMILY FORCE 5 MAYDAY PARADE  
GRIFFIN ESTATES BROADWAY CALLS ALESANA

SET YOUR GOALS BRING ME THE HORIZON THE HUMAN ABSTRACT  
FOUR YEAR STRONG CONFIDE SKY EATS AIRPLANE DANGER RADIO  
CLASSIC CHIME AGGROLITES KATY PERRY SHWAYZE DR. MANHATTAN  
3OH!3 EVERGREEN TERRACE HORRORPOPS BEAT UNION LUDO DRESKU  
CHARLOTTE SOMETIMES THE FABULOUS RUDIES THE LORIOZ MC CHRIS  
PROTEST THE HERO THE MAINE THE ADDITION FOREVER THE SICKEST KIDS  
BETWEEN THE TREES NATIVES OF THE NEW DAWN ACTION DESIGN

**AUGUST 14**

**DAVE MATTHEWS BAND**

Special Guest  
**ROBERT EARL KEEN**

**FRIDAY**  
**AUGUST 22**

cricket  
wireless  
AMPHITHEATRE

**xavier rudd**  
Just shades of blue

**SATURDAY, SEPTEMBER 6**  
ON SALE FRIDAY, JULY 11 @ 10AM

cricket  
wireless  
AMPHITHEATRE

**SDSU Open Air Theatre**  
9/6 Slightly Stoopid/Pepper  
9/24 The Raconteurs  
9/25 My Morning Jacket  
10/2 The Mars Volta  
10/3 The Swell Season

**Cox Arena**  
9/12 Alejandro Fernandez  
11/25 New Kids On The Block

**Soma**  
9/19 Rancid

**Cricket Wireless Amphitheatre**  
8/30 Jack Johnson  
9/13 Counting Crows/ Maroon 5  
9/27 Third Day/ Switchfoot  
9/30 Santana



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18+ & 21+ MEGA EVENT

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DJ'S SPINNIN' THE HOTTEST MUSIC

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FRIDAY, JULY 11TH

ROB ZOOMY PRESENTS

FRIDAY NIGHT SHAKEDOWNS

DJ'S RAGE, DUBZ & ENIGMA

\$3 KAMIKAZI SHOTS & FEATURED BOTTLED BEERS ALL NIGHT  
\$5 LONG ISLANDS & VODKA ROCKSTARS 'TIL 10:30PM

HOSTED BAR FROM 9PM-10PM - MUST RSVP  
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SATURDAYNIGHTLIVE



SATURDAY, JULY 12TH

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## Calendar

### MUSIC

Thou, Leech. With Fell Voices. Metal/hardcore. \$5.

Tuesday, 9 p.m. — Earthless and Mythical Beast. Psychedelic/alternative. Wednesday, 8 p.m. — Ghost Mice and Heathers. With Doctor Bird and Sani. Punk/folk. \$6.

#### Cricket Wireless

#### Amphitheatre: 2050

Entertainment Circle, Chula Vista, 619-671-3600.

Friday, 7:30 p.m. — Toby Keith. With Montgomery Gentry, Carter's Chord, Mica Roberts, and Trailer Choir. Country/rock. \$17-\$69. Tuesday, 7 p.m. — Journey. With Heart and Cheap Trick. Rock/pop. \$25-\$125.

Wednesday, 2 p.m. — Mayhem Festival. With Slipknot, Disturbed, Underoath, and more. \$25-\$49.

Croce's: 802 Fifth Avenue, Downtown, 619-233-4355. Monday, 8 p.m. — Monsoon. Jazz.

Del Mar Plaza: 1555 Camino Del Mar, Del Mar.

Sunday, 5 p.m., Tuesday, 5 p.m. — Keith Jacobson. Oceanview Patio. Smooth-jazz saxophone.

Dizzy's: 200 Harbor Drive, Downtown, 858-270-7467. Friday, 7:30 p.m. — Keltik Kharma. Traditional Irish/Celtic band. \$10. Wednesday, 7 p.m. — The Dave Greeno Nite Band. Big-band tunes. \$10.

Downtown Café: 182 E. Main Street, El Cajon, 619-440-5687. Friday, 8 p.m. — Joey & the Sting Rays. Covers rock and country hits.

#### Ellen Browning Scripps Park:

1133 Coast Boulevard, La Jolla. Sunday, 2 p.m. — Big Time Operator. Big-band, swing for La Jolla Concerts by the Sea. 858-454-1600.

#### Embarcadero Marina Park

South: 206 Marina Park Way, Downtown.

Friday and Saturday, 7:30 p.m. — "Stayin' Alive — The Bee Gees Tribute." San Diego Symphony Summer Pops season continues when Matthew Garbutt and symphony are joined by this tribute band. Evenings conclude with fireworks. 619-235-0804. \$15-\$75.

Epicentre: 8450 Mira Mesa Boulevard, Mira Mesa, 858-271-4000.

Thursday, 6:30 p.m. — Forever Ends Now and At Point of Decapitation. A benefit show for Andrew of Casino Madrid with Take This to Your Grave, Billy Brown, and more. Metal/hardcore. \$9.

Friday, 7 p.m. — Tilly & the Wall. Indie/electropop. \$14.

Saturday, 7 p.m. — Sounds for Soundmakers. CD-release show with Love Campaign, a Midday Atlantic, Thieves & Liars, and more. Alternative/rock/metal. \$7-\$9.

Monday, 6 p.m. — Harry & the Potters and Jason Anderson. The Unlimited Enthusiasm Expo '08 with Math the Band and Uncle Monsterface.

Indie/experimental/pop. \$12.

Factory Vintage: 4120 Napier Street, Bay Park.

Saturday, 4 p.m. — The Self Made Men.

Fannie's Nightclub: 9143 Campo Road, Spring Valley, 619-698-2204.

Thursdays — Fuzz-Huzzi.

Alternative/pop/punk.

Friday — American Maniacs. Rock. Saturday — Iron Warped and Hard Echo. Metal.

#### The Handlery Hotel and

Resort: 950 Hotel Circle North, Mission Valley, 619-298-0511. Sunday, noon — Pool Party. With Lady Dottie & the Diamonds. Blues/soul/rock. \$5.

Relax at the air-conditioned

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## Summer Pops 2008

presented by *Sycuan* CASINO

**STAYIN' ALIVE – THE BEE GEES TRIBUTE**  
FRI & SAT, JULY 11 & 12

**MOTOWN MAGIC – MARY WILSON of THE SUPREMES**  
FRI & SAT, JULY 18 & 19

**BURT BACHARACH**  
SUN, JULY 20

**Comic Con Weekend**

**VIDEO GAMES LIVE**  
THURS, JULY 24

Raffles, prize drawings, costume contest and an interactive media show featuring some of the most famous video games of all time.

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7:30pm start • Table Seating • Fireworks  
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*Friday July 11 2008*

SATURDAY, JULY 12TH

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UPCOMING EVENTS

FRI.07.18 **DJ IRENE** : SAT.07.19 **DJ Z-TRIP**



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**BOYS LIKE GIRLS**  
AND  
**Good Charlotte**  
METRO STATION  
JUL 20

**THE BROTHERHOOD**  
TOUR  
JUL 26

**COHIED AND CAMBRIA**  
Tickets Only \$12.50  
JUL 27

**GEORGE THOROGOOD & BUDDY GUY**  
& THE DESTROYERS  
AUG 03

**THE HUMAN LEAGUE**  
BELINDA CARLISLE  
naked eyes  
ABC  
AUG 04

**CARLOS MENCIA**  
LIVE!  
2 SHOWS!  
6:30 & 9:30  
AUG 09

**DONNA SUMMER**  
In Concert  
AUG 20

**MELISSA ETHERIDGE**  
AUG 30

JAGUARES . . . . . SEP 12

FLOGGING MOLLY . . . . . SEP 28

JEFF DUNHAM - 2 SHOWS! **7:00p** & 10:00p . . . . OCT 10

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## Calendar MUSIC

**Hawthorn's Restaurant:** 2895 University Avenue, North Park, 619-295-1688.  
*Tuesday*, 6 p.m. — Dan Papaila. Solo jazz guitarist.

**Hennessey's Tavern - Gaslamp:** 708 Fourth Avenue, Downtown, 619-239-9994.  
*Sundays*, 3 p.m. — The Bill Shreeve Duo. Jazz.

**House of Blues:** 1055 Fifth Avenue, Downtown, 619-299-2583.  
*Thursday*, 9 p.m. — Modern Day Moonshine. Blues/funk/rock.  
*Thursday*, 7 p.m. — Rusted Root and Pete Francis. Folk rock/bluegrass.  
*Friday*, 9 p.m. — West of Memphis. On the Voodoo Stage. Blues/country/rock.  
*Friday*, 7 p.m. — Lyfe Jennings. R&B/soul. \$25-\$45.  
*Saturday*, 7 p.m. — Aleks Syntek. *Rock en español*/acoustic/pop. \$30-\$45.  
*Wednesday*, 6 p.m. — One Republic. Alternative rock/pop. \$27-\$47.

**Humphrey's Backstage Music Club:** 2241 Shelter Island Drive, Point Loma, 619-224-3577.  
*Thursday*, 8 p.m. — Gino Matteo. Blues. \$8.  
*Friday*, 9:30 p.m. — Detroit Underground. Covers Motown and dance hits. \$12.  
*Saturday*, 9:30 p.m. — Rising Star. Covers disco and dance. \$12.  
*Sunday*, 10 a.m., *Sunday*, 8 p.m. — Will Donato. Smooth-jazz.  
*Monday*, 7 p.m. — A Fifth of Blues. Blues.  
*Tuesday*, 7 p.m. — Band of Goodmen. With Red Ivy Suspect. Alternative/pop/rock. \$5.  
*Wednesday*, 9:30 p.m. — Private Domain. Rock/alternative/reggae. \$5.

**Humphrey's by the Bay:** 2241 Shelter Island Drive, Point Loma, 619-224-3577.  
*Sunday*, 8 p.m. — Tom Jones. Pop/soul. \$78.  
*Wednesday*, 7:30 p.m. — Chris Isaak. Rockabilly/pop/acoustic. \$98.

**Jimmy Love's:** 672 Fifth Avenue, Downtown, 619-595-0123.  
*Wednesdays*, 6:30 p.m. — The Soul Revue. Jazz, dance, and top 40.

**The Jumping Turtle:** 1660 Capalina Road, San Marcos, 760-741-7778.  
*Thursday* — The Chalet and Me Against Sunrise. Metal/hardcore.  
*Friday* — Vagrant and Sanu. Metal/rock.  
*Saturday* — Nihilist, Damcyan, Aghori. With Deadman Court and more. Metal/hardcore.  
*Sunday* — Asteria and Down for the Count. With Candy Asylum and Nicholson. Emo/pop/punk.  
*Mondays* — Reggae Infusion Irie Time. Various reggae bands perform.  
*Wednesday* — Irieside, Inverse, Noiz, Strike Twelve. Reggae/hip-hop/rock.

**The Kensington Club:** 4079 Adams Avenue, Kensington-Talmadge, 619-284-2848.  
*Friday* — Fing. Funk/rock/experimental.  
*Saturday* — Eat Skull and Christmas Island. With Ganglians. Experimental/rock/surf.

**The Kraken:** 2531 South Highway 101, Cardiff, 760-436-6483.  
*Thursday* — Frankie Dee & the Funk Natra Band. Blues/standards/funk.  
*Sundays*, 4 p.m. — The Blues Brokers. Blues/soul/rock.  
*Wednesday* — Jeff Moore & the Witchdoctors. Down-home Americana blues rock.

## O'Connell's

**Friday 7/11**  
Fat Man's Misery (7-9PM)  
**Flux Theory**  
**Moxie Firethorn**  
**Saturday 7/12**  
Never Say Die Presents...  
**Off Track**  
Cold Forty Three  
Don't Say Vegas  
Elvie  
**Sun 7/13** Another Zeke Prod...  
**The Material**  
"Kick Off Party"

**Mondays 8pm**  
**BLUES JAM**  
Hosted by Mystery Train  
**Tue 7/15** Another Zeke Prod...  
**Grins Edge**  
**Hydra Melody (TX)**  
**Thursday 7/17**  
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**Rat City Riot**  
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**Lestat's Coffee House:** 3343 Adams Avenue, Normal Heights, 619-282-0437.  
*Thursday* — Listening to Rocks and the Assumption. Rock/pop.  
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*Saturday* — Lisa Sanders and Friends. Acoustic/Americana/jazz.  
*Sunday* — Derren Raser and Veronica May. Acoustic/folk rock/indie.  
*Wednesday* — Jen Chapin & Rosetta Trio. Folk rock/soul/jazz.

**The Lumberyard Shopping Center:** 937 South Coast Highway 101, Encinitas, 619-987-1277.  
*Friday*, 6 p.m. — Keith Jacobson. In the central courtyard, between St. Tropez Bakery & Bistro and Bubby's Gelato. Smooth-jazz saxophone.

**McP's Irish Pub and Grill:** 1107 Orange Avenue, Coronado, 619-435-5280.  
*Thursday*, 9 p.m. — Gonzology.  
*Friday*, 9 p.m. — Bordertown Blues.  
*Saturday*, 9 p.m. — Elevators.  
*Tuesday*, 8 p.m. — Steve Brewer. A one-man band.

**Mission Bay Deli:** 1548 Quivira Way, Mission Beach, 619-223-5056.  
*Sunday*, 2 p.m. — The Robin Henkel Band. Blues/funk/jazz.

**Mission Hills Park:** 1521 Washington Place, Mission Hills, 619-235-1169.  
*Friday*, 6 p.m. — The Ballad Mongers. Alternative rock.

**Molly Malone's:** 1270 Main Street, Ramona, 760-789-9050.  
*Friday*, 9 p.m. — Lefthand Thread. Rock.  
*Saturday*, 9 p.m. — American Rock Experience. Rock.

**O'Connell's Pub and Nightclub:** 1130 Morena Boulevard, Linda Vista, 619-276-5637.  
*Friday*, 9 p.m. — Moxie, Flux Theory, Firethorn. Alternative/rock/power pop.  
*Friday*, 7 p.m. — Fat Man's Misery. Garage/blues.  
*Saturday*, 9 p.m. — Off Track and Cold Forty Three. With Don't Say Vegas and Elvie. Pop/punk/rock.  
*Sunday*, 9 p.m. — The Material. Alternative rock/punk.  
*Tuesday*, 9 p.m. — Grin's Edge and Hydra Melody. With Deaf Zero. Alternative/rock/experimental.

**Oceanside Library:** 330 North Coast Highway, Oceanside.  
*Friday* — The High Strung. In the Civic Center Library community rooms. Rock/pop.

**Osetra:** 904 Fifth Avenue, Downtown, 619-239-1800.  
*Thursdays*, 8 p.m. — Live Jazz. In the E5 Lounge.  
*Wednesdays*, 8 p.m. — Los Reyes del Ritmo. Flamenco and Latin music in the E5 Lounge.

**Pala Casino:** 35008 Pala Temecula Road, Pala, 877-946-7252.  
*Saturday*, 8 p.m. — Arrival. The Grand Cabaret: a tribute to Journey.

**Patrick's II:** 428 F Street, Downtown, 619-233-3077.  
*Thursday* — Dan Sanchez & the Kings of Pleasure. Blues/jazz/roots.  
*Friday* — Missy Andersen. Blues/soul/funk.  
*Saturday* — Soul Diego. Covers Motown, soul, and blues.  
*Sunday* — A Fifth of Blues. Blues.  
*Monday* — Chet Cannon & the Committee. Blues.  
*Tuesday* — Shelle Blue. Rhythm and blues.  
*Wednesday* — The Bill Magee Blues Band. Blues/soul/rock.

**Petco Park:** 100 Park Boulevard, Downtown, 619-795-5000.  
*Saturday*, 4 p.m. — Doomtree and

Flobots. Hip-hop/experimental. \$15.

**Portugalia:** 4839 Newport Avenue, Ocean Beach, 619-222-7678.  
*Saturday*, 4 p.m. — The Scruffies, Danielle Summerville, Mary Dolan. With Barbara Nesbitt, Chris Leyva, the Grams, and more. Acoustic/blues/rock.

**Prescott Promenade:** 211 1/2 East Main Street, El Cajon.  
*Friday*, 6 p.m. — The Cat-illacs.

Rock and roll for Concerts on the Green. 619-401-8858.

**Rancho Del Oro Park:** Mesa Drive and College Boulevard, Oceanside, 760-435-5041.  
*Thursday*, 5:30 p.m. — Jumping Jack Flash. A tribute to the Rolling Stones. 760-435-5041.

**Riley's:** 2901 Nimitz Boulevard, Point Loma, 619-255-8635.  
*Saturdays* — Rock Forever Entertainment. Features live bands every Saturday night.

*Wednesdays*, 9 p.m. — Swing Night. Live swing bands perform.

**Rock Bottom:** 401 G Street, Downtown, 619-231-7000.  
*Thursday* — Paradise. Soul/Latin/rock.  
*Friday* — Island Irie. Reggae/soul/roots.  
*Saturday* — Under Cover.

**Rosie O'Grady's:** 3402 Adams Avenue, Normal Heights, 619-284-7666.  
*Tuesdays*, 9:30 p.m. — Dbud's Jazz

Jam Session. Modern jazz classics and standards every Tuesday.

**The Round Table Cocktail Lounge:** 1723 Euclid Avenue, City Heights, 619-264-6000.  
*Tuesdays*, 6 p.m. — Charlie Blue. Blues.

**Santee Trolley Square Town Center:** 9884 Mission Gorge Road, Santee, 619-596-5677.  
*Friday*, 7 p.m. — Tony Taravella. Jazz guitarist.

**Seaport Village:** 849 West Harbor Drive, Downtown.  
*Sunday*, 1 p.m. — Barbara Jamerson & Two Deep. Jazz/R&B.

**Sevilla:** 555 Fourth Avenue, Downtown, 619-233-5979.  
*Thursday* — Orquesta Guarare. Latin dance music.  
*Sunday* — BombaChante. Salsa/Latin.  
*Mondays*, 9 p.m. — Rock en Español.

**Soma:** 3350 Sports Arena Boulevard, Point Loma, 619-226-

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# Calendar

## MUSIC

SOMA.  
*Friday*, 7 p.m. — Mike Pinto, No Torso, Half Past Two. With Iriesside and Mad Cow Disease. Ska/reggae/rock. \$10.  
*Saturday*, 6:30 p.m. — Secondhand Serenade and My American Heart. With PlayRadioPlay, the Graduate, and Rookie of the Year.

Alternative/electro/pop. \$14.  
*Sunday*, 5 p.m. — Summer Slaughter 2008. Features Black Dahlia Murder, Kataklysm, Vader, Cryptopsy, the Faceless, Despised Icon, Aborted, Born of Osiris, Psycroptic, and White Chapel. \$20.  
*Monday*, 7 p.m. — A Change of Pace and Houston Calls. With We Shot the Moon, the Cover Up, and Stereo Summer. Punk/pop rock. \$10.  
*Tuesday*, 7 p.m. — Destroy the Runner and Sever Your Ties. With

in Fear & Faith, Catherine, and more. Hardcore/metal. \$10.  
**South Park Bar & Grill:** 1946 Fern Street, South Park, 619-696-0096.  
*Thursdays*, 9:30 p.m. — Open jazz jam.  
*Fridays*, 7 p.m. — The John Kopecky Trio. Jazz.  
*Saturdays*, 8:30 p.m. — Open blues jam. With Will Jackson.  
*Sundays*, 6 p.m. — Original Music Modern Jazz Series. Every Sunday,

with Doug Walker, Tim Nunnink, Nick Tocco, and Nathan Hubbard.  
**Spreckels Organ Pavilion:** 2211 Pan American Road, Balboa Park.  
*Thursday*, 6:15 p.m. — Tinku. Latin music for Twilight in the Park summer concert series. 619-239-0512.  
**Stage Saloon:** 762 Fifth Avenue, Downtown, 619-992-7862.  
*Fridays* — Trainwreck.  
*Saturday* — The Disco Pimps.

**Stagecoach Park:** 3420 Camino de los Coches, Carlsbad.  
*Friday*, 6 p.m. — The Johnny “V” Vernazza Band. Rockin’ blues for TGIF Jazz in the Parks. 760-434-2904.  
**Templar’s Hall at Old Poway Park:** 14134 Midland Road, Poway.  
*Saturday*, 7 p.m. — The Bluegrass Ramblers. Bluegrass/roots. \$18.  
**Tiki House:** 1152 Garnet Avenue, Pacific Beach, 858-273-9734.  
*Friday*, 10 p.m. — The Secret

Samurai and Jason Lee & the R.I.P. Tides. Surf rock. \$3.  
*Friday* — The Secret Samurai. Surf rock.  
**Tio Leo’s Lounge:** 5302 Napa Street, Linda Vista, 619-542-1462.  
*Thursdays*, 7 p.m. — Cajun and Zydeco Dancing. Zydeco dance every Thursday night, with lessons by Gator Boy. 619-857-8409. \$5.  
*Friday* — West of 5. Covers classic to modern rock.  
*Saturday* — The For Sale Band.  
**Tio Leo’s Mira Mesa:** 10787 Camino Ruiz, Mira Mesa, 858-695-1461.  
*Saturday* — Side Jobz. Covers/standards.

**Trolley Barn Park:** 1900 Adams Avenue at Florida Street, University Heights.  
*Friday*, 6 p.m. — Len Rainey and the Midnight Players. Jazz and blues for Summer in the Park concert series. 619-297-3166.

**Turquoise Cafe:** 873 Turquoise Street, Pacific Beach.  
*Tuesday*, 8 p.m. — The Paul Ingram Quartet. Jazz.

**Valley View Casino:** 16300 Nyemii Pass Road, Valley Center, 866-843-9946.  
*Thursday*, 7 p.m. — Firefly. Classic rock.  
*Friday*, 9 p.m. — The Heroes. Covers/standards/dance.  
*Friday*, 4 p.m. — Hot Rod Lincoln. Rockabilly.  
*Saturday*, 9 p.m. — Crush. Covers/standards.  
*Saturday*, 4 p.m. — Innovation. Covers/standards.  
*Tuesday*, 8 p.m. — Chris Isaak. \$75.  
*Tuesday*, 8 p.m. — Styx. \$55.

**Veterans Park:** 785 East Palomar Street, Chula Vista.  
*Sunday*, 5 p.m. — Pacific Brass and Electric. Classic Motown and Tower of Power tunes for “Music in the Park” series. 619-585-5682.

**Viejas Casino Concerts in the Park:** 5005 Willows Road, Alpine, 619-445-5400.  
*Saturday*, 8 p.m. — Boy George. Pop/reggae/electronica. \$35.

**Winstons:** 1921 Bacon Street, Ocean Beach, 619-222-6822.  
*Thursday* — Deaf Zero and Guava Belly. Rock/funk/jazz.  
*Friday* — Kush & Bloodfiyah Angels. Reggae/dub.  
*Saturday* — Mike Pinto and Four Minutes Til Midnight. Acoustic/rock/hip-hop.  
*Mondays*, 9 p.m. — The Electric Waste Band. Grateful Dead tribute. \$7.

## UPCOMING SHOWS

**4th & B:** 345 B Street, Downtown, 619-231-4343.  
*September 2* — Ice Cube.  
*September 16* — Nick Cave & the Bad Seeds.

**710 Beach Club:** 710 Garnet Avenue, Pacific Beach, 858-483-7844.  
*July 18* — Mystic Roots and Lambsbread.  
*July 19* — Split Finger and Faded Chroniclez.  
*July 26* — Stranger and 56 Hope.  
**AcousticMusicSanDiego:** 4650 Mansfield Street, Normal Heights, 619-303-8176.  
*July 27* — Peter Lang.  
*August 2* — Belinda Gail and Curly Musgrave.  
*August 9* — Jim Kweskin.

**Anthology:** 1337 India Street, Little Italy, 619-595-0300.  
*July 18, July 19* — Rita Coolidge.  
*July 20* — Rory Block.  
*July 23* — Rachel Price.  
*July 25* — The Grams.  
*July 25* — Lee Rocker.  
*July 26* — The Grams.

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TRAVIS



July 26 — Sophie Millman.  
July 30, July 31 — Arturo Sandoval.  
August 1 — Johnny Polanco.  
August 3 — Carrie Rodriguez.  
August 6 — Dabe Toure.  
August 9 — Larry Carlton.  
August 12, August 13 — The Fabulous Thunderbirds.  
August 16, August 16 — Michael Ward.  
August 19 — Bridget Brigitte, Cynthia Hammond, Steven Ybarra.  
August 20, August 21, August 22, August 23 — Steve Tyrell.  
August 24 — Steve Forbert.  
August 26 — John Cruz.  
August 27 — Jay Nash, Meiko, Joe Purdy, the Low Stars.  
August 29 — Jackie Greene.  
August 30 — Dave Mason.

**Athenaeum Music and Arts Library:** 1008 Wall Street, La Jolla, 858-454-5872.  
July 18 — The Frank Potenza Organ Trio.  
July 31 — Farrell Family Jazz.  
July 31 — Kevin Hays & Eli Degibri.

**Beauty Bar:** 4746 El Cajon Boulevard, Kensington-Talmadge, 619-516-4746.  
July 17 — Moving Picture Show, Wendy Darling, Death on Mars.

**Belly Up Tavern:** 143 South Cedros Avenue, Solana Beach, 858-481-8140.  
July 17 — The Night Marchers.  
July 18 — Rub-A-Dub Friday.  
July 19 — 40 Oz. to Freedom and Social Green.  
July 20 — Leon Russell.  
July 21 — Nukl Heads, the Back Yard Band, Sticky Situation.  
July 22 — Warrior King and Reggae Angels.  
July 23 — The Muslims.  
July 24 — Venice.  
July 25 — Rub-A-Dub Friday.  
July 26 — Dread Zeppelin.  
July 27 — Orquesta Primo.  
July 30 — Kut U Up and Get Your Death On.  
July 31 — Greg Laswell.  
August 1 — Rub-A-Dub Friday.  
August 2 — The English Beat.  
August 7 — Immortal Technique.  
August 8 — Rub-A-Dub Friday.  
August 9 — Steve Poltz & the Cynics.  
August 13 — Rob Corona and Laura Roppé.  
August 15 — Rub-A-Dub Friday.  
August 21 — Pato Banton and Mystic Roots.  
August 22 — Rub-A-Dub Friday.  
August 23 — Cash'd Out.  
August 24 — Joshua Radin.  
August 27 — The Desert Rose Band.  
August 28 — Patty Griffin.  
August 29 — Rub-A-Dub Friday.  
August 31 — The Dirty Dozen Brass Band.

**Birch Aquarium at Scripps:** 2300 Expedition Way, La Jolla, 858-534-FISH.  
August 20 — Shawn Mullins.  
September 17 — Sarah Borges and the Broken Singles.

**Birch North Park Theatre:** 2891 University Ave, North Park, 619-239-8836.  
August 2 — Mark O'Connor's Appalachia Waltz Trio.  
October 18 — Gaelic Storm.

**Bird Park:** 28th and Thorn Streets, North Park.  
July 19 — D.A. and the Hitmen.  
August 2 — Gato Papacitos.  
August 16 — The Hayriders.

**The Bitter End:** 770 Fifth Avenue, Downtown, 619-338-9300.  
July 17 — Yesterday's Papers.  
July 27 — The Small Hours.

**Brick by Brick:** 1130 Buenos Avenue, Linda Vista, 619-275-5483.  
July 17 — Lovers in Arms and Stratosphere.  
July 18 — Exit Theory.  
July 18 — Freestylers Ball.  
July 19 — FM Revolver, Kavena, My Elysian.

July 26 — Aizen.  
July 31 — Mundo Girls and Los Pocos.  
August 6 — Carrier Signal.  
**Calavera Hills Park:** 2997 Glasgow Drive, Carlsbad.  
August 8 — Oliver Mtukudzi and Black Spirit.  
August 15 — Luna Llena.  
August 22 — Steve Lucky and the Rhumba Bums.  
**Canes:** 3105 Ocean Front Walk, Mission Beach, 858-488-1780.  
July 17 — Freedom Sessions.

July 18 — Dead Prez.  
July 19 — Kingspade and Mower.  
July 20 — T-Irie Dread.  
July 20 — Wolf Parade.  
July 23 — The Tigersharks and One Lonely Robot.  
July 24 — Freedom Sessions.  
July 25 — Junior Reid and the Reggae Angels.  
July 26 — Wild Child.  
July 27 — Kapakahi.  
July 30 — Mean Dinosaur, Irideside, Inhale.  
August 2 — Dead Man's Party.  
August 3 — Split Finger.

August 3 — Ooklah the Moc.  
August 7 — Agent Orange and Critical Me.  
August 10 — Roots Vision.  
August 14 — Thumtac, JayWat, Anti Citizen.  
August 15 — Lights, Jumping Jack Flash, Springsteen.  
August 17 — Project: Out of Bounds.  
August 21 — Moontucky Risin and Rhythm & the Method.  
August 22 — Katchafire.  
August 23 — The B-Side Players.  
August 24 — Tomorrow's Bad

Seeds.  
August 28 — The Melvins and Big Business.  
August 29 — Stranger.  
August 30 — Little Brother.  
August 31 — Atomic Punks.  
**The Casbah:** 2501 Kettner Boulevard, Little Italy, 619-232-4355.  
July 17 — Earlimart and the Parson Red Heads.  
July 18, July 19 — Grand Ole Party.  
July 20 — Chuck Ragan and Josh Hanson.

July 22 — Lucero and Jessica Lea Mayfield.  
July 23 — Rocky Votolato.  
July 24 — Howlin Rain and Earthless.  
July 25 — Hercules & Love Affair.  
July 25 — The Life & Times.  
July 27 — Japanese Sunday, Syndicate, Fever Sleeves.  
July 28 — The Modlins, the Happy Hollows, Apes of Wrath.  
July 31 — Jay Reatard and Cheap Time.  
August 1 — The Hold Steady.  
August 2 — Buckfast Superbee.



presents



by the bay

# JULY IS HEATING UP!



**Tom Jones**  
Sunday, July 13 • 8:00



**Chris Isaak**  
with special guest Nicole Atkins  
Wednesday, July 16 • 7:30



**Feist**  
Tuesday, July 22 • 8:00



**Doobie Brothers**  
Wednesday, July 23 • 7:30



**Frankie Valli & The Four Seasons**  
Friday, July 25 • 8:00



**Hippiefest**  
Thursday & Friday,  
July 17 & 18 • 6:30



**Dana Carvey**  
Wednesday, July 30 • 8:00



**Derek Trucks & Susan Tedeschi: Soul Stew Revival**  
with special guest Scrapomatic  
Monday, July 28 • 7:00



**Emmylou Harris**  
with special guests  
Jimmy Gaudreau & Moondi Klein  
Thursday, July 31 • 7:30

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# Calendar

## MUSIC

*August 3* — Thao & the Get Down Stay Down.  
*August 4* — Nomo.  
*August 7* — Matt Curreri & the Exfriends and Paul Curreri.  
*August 8* — Joshua James and Cory Chisel.  
*August 8* — Transfer and A.M. Vibe.  
*August 9* — Manic Hispanic.  
*August 10* — The Silent Comedy and Or, the Whale.  
*August 13* — Octopus Project.  
*August 15* — Xiu Xiu and Carla Bozulich.  
*August 16* — Ilya and Student Film.  
*August 22* — Bob Log III and Scott H. Biram.  
*August 23* — Beachwood Sparks.  
*August 24* — El Vez.  
*August 29* — Get Back Loretta.  
*August 30* — Polvo and Trans Am.  
*August 31* — Manual Scan and the Amalgamated.

**Ché Café:** 9500 Gilman Drive, B-0323C, La Jolla, 858-534-2311.  
*July 19* — Laterns.  
*July 25* — Peter Walker.  
*July 26* — 7 Generations and This Time Tomorrow.  
*August 6* — La Quiete, Phoenix Bodies, Ghostlimb.  
*September 5* — Graf Orlock, Zann, Lewd Acts.

**Copley Symphony Hall:** 750 B Street, Downtown, 619-235-0804.  
*October 1* — Sigur Rós.

**Cox Arena:** 550 Campanile Drive, College Area, 619-594-6947.  
*September 12* — Alejandro Fernandez.  
*November 25* — New Kids on the Block.

**Cricket Wireless Amphitheatre:** 2050

Entertainment Circle, Chula Vista, 619-671-3600.

*July 29* — John Mayer.

*August 14* — Vans Warped Tour.

*August 22* — The Dave Matthews Band.

*August 27* — Radiohead.

*August 30* — Jack Johnson.

**Del Mar Thoroughbred Club:**

2260 Jimmy Durante Boulevard,

Del Mar, 858-755-1141.

*July 18* — Gavin Rossdale.

*July 25* — Super Diamond.

*July 26* — Gnarlz Barkley.

*August 1* — Pinback.

*August 8* — The Bravery.

*August 9* — Ziggy Marley.

*August 22* — Black Francis.

*August 29* — Steel Pulse.

*August 30* — Devo.

*September 3* — The English Beat.

**Dizzy's:** 200 Harbor Drive,

Downtown, 858-270-7467.

*July 17* — Kristin Korb.

*July 18* — Dean Brown.

*July 24* — Catherine Russell.

*July 31* — Toni Price.

*August 7* — Bill Watrous.

*August 10* — Allison Adams

Tucker.

*August 14* — Fran Hartshorn.

*August 20* — The Mattson 2.

**Downtown Café:** 182 E. Main

Street, El Cajon, 619-440-5687.

*July 25* — Joey & the Sting Rays.

**East Village:** 13th & K Streets, Downtown.

*September 19, September 20* —

Street Scene.

**Ellen Browning Scripps Park:**

1133 Coast Boulevard, La Jolla.

*July 20* — 145th Street.

*July 27* — Sue Palmer and Her

Motel Swing Orchestra.

*August 3* — The Corvettes.

*August 10* — The Westwind Brass.

*August 17* — Benny Hollman's Big-

Band Explosion.

*August 24* — Yavaz.

*August 31* — The Heroes.

# NOTE

BY DAVE GOOD

With the exception of their personal career choices, as musicians I don't think that **Scarlet Symphony** makes many mistakes. That's a large statement, but listen to "Perfect Cover Up." It's a perfect rock and roll song, a real driver with manic vocals and a flat-out nasty guitar line. I once witnessed Scarlet Symphony give a Street Scene performance that I would call feral; they were loutish and excessive on stage, and that day the members were like rock gods culled from the legendary acts of the '70s. They seemed a genetic fit with the stage and the whole scene unfolding around them. Perfect! So why, all these years later, are they still an unsigned band, self-releasing their own CDs

and touring under their own steam?

Scarlet Symphony is a San Diego quartet. They are currently gigging up and down the West Coast in support of their recent EP *At the Base of the Metropolis*. The band broke up right after they formed in 2000. Later, after regrouping, there was word of interest from a couple of major labels. Scarlet Symphony is said to have turned them down in favor of retaining their creative freedom.

At least that's the story. Less a commercial group and more a remembrance of rock-and-roll past, Scarlet Symphony is in opposition to the current spate of health-food rockers that blend scratching DJs and neutered rock guitar with rants about bad parenting. The Symphony have a gritty Brit-rock edge that, when they get it together with the various punk/funk/pop images that



SCARLET SYMPHONY

inform most of their music, showcases what it is about them as a band and lands them on festival stages with the majors. Their business heads may collectively be in the wrong place, but their hearts are right on the money.

**SCARLET SYMPHONY, The Casbah, Friday, July 11, 8:30 p.m. 619-232-4355. \$8.**

*July 25* — The School of Rock All-Stars.

*July 26* — Barcelona and This

World Fair.

*August 3* — The Subways.

**Escondido Library:** 239 South Kalmia Street, Escondido.

*August 7* — All-Girl Western!

*September 4* — Cahill and Delene.

*October 2* — T.K. Gardner.

*December 4* — Peter Sprague.

**Fannie's Nightclub:** 9143

Campo Road, Spring Valley, 619-

698-2204.

*July 18* — Stem.

*July 19* — Ya But I Fida.

**Hilltop Center for Spiritual**

**Living:** 331 East Elder Street,

Fallbrook.

*July 19* — Larisa Stow & Shakti

Tribe.

**Hornblower Cruises:** 1066

North Harbor Drive, Downtown,

619-686-8715.

*August 1* — Cool Fever.

*September 5* — West of 5.

*October 3* — Z-Bop!

*November 7* — The Bayou Brothers.

**House of Blues:** 1055 Fifth

Avenue, Downtown, 619-299-2583.

*July 17* — Todd Rundgren.

*July 18* — West of Memphis.

*July 18* — The Dan Band.

*July 20* — N.E.R.D.

*July 21* — The Dropkick Murphys.

*July 22* — Jesse Lacey.

*July 23* — Allison.

*July 24* — Modern Day Moonshine.

*July 24* — Who's Bad.

*July 25* — The Aquabats.

*July 25* — West of Memphis.

*July 26* — Missy Andersen.

*July 27* — Bullet for My Valentine.

*July 29* — Less Than Jake and

Goldfinger.

*July 31* — Modern Day Moonshine.

*July 31* — Chromeo.

*August 1* — The Cured.

*August 2* — Richard Cheese.

*August 3* — Cavalera Conspiracy.

*August 8* — Me First & the Gimme

Gimmes.

*August 9* — Under a Blood Red

Sky.

*August 12* — Passenger.

*August 13* — Bow Wow.

*August 17* — Matt Pryor and Chris

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Conley.  
August 19 — Edwin McCain.  
August 19 — Toots & the Maytals.  
August 21 — Van Hunt.  
August 22 — Sondre Lerche.  
August 22 — Broken Social Scene.  
August 23 — Eddy Grant.  
August 27 — Toad the Wet Sprocket.

**Humphrey's Backstage Music Club:** 2241 Shelter Island Drive, Point Loma, 619-224-3577.  
July 17, July 18 — Rockola.  
July 19 — Viva Santana.  
July 20, July 20 — Reggie Smith.  
July 21 — Chet Cannon.  
July 22 — Indie by Design.  
July 23 — Ruby & the Red Hots.  
July 24 — The Pop Rocks.  
July 25 — Rockola.  
July 26 — Detroit Underground.  
July 27 — Willovealot.  
July 28 — Dennis Jones.  
July 29 — 52nd Street.

July 30 — Rockola.  
July 31 — The Cash Kings.  
**Humphrey's by the Bay:** 2241 Shelter Island Drive, Point Loma, 619-224-3577.  
July 17, July 18 — Hippiefest.  
July 22 — Feist.  
July 23 — The Doobie Brothers.  
July 25 — Frankie Valli & the Four Seasons.  
July 27 — Ringo Starr & His All Starr Band.  
July 28 — Derek Trucks & Susan Tedeschi.  
July 31 — Emmylou Harris.  
August 1 — Dolly Parton.  
August 3 — Pat Benatar & Neil Giraldo.  
August 4 — Huey Lewis & the News.  
August 6 — Boz Scaggs.  
August 8 — Peter & Gordon.  
August 10 — UB40.  
August 11 — David Sanborn and Lee Ritenour.

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**Tue July 15th**  
10pm-Radiostar

**Wed July 16th**  
10pm-Maddox Revolution

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**Serious Guise**

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**Bad Karma • Born To Fire • Unxut**  
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**Karaoke**

Wednesday, July 16  
**The Reverend Stickman  
Bedpost Buzzards • Fuzz Huzzi**

**Santee**

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Thursday, July 10  
**Love Campaign**

**Classic Rock**

Friday, July 11 • 9 pm      Saturday, July 12 • 9 pm

 **Monsters Of Rock**       **6 One 9**

Sunday, July 13  
**Process For Enigma • Damcyan**

Monday, July 14  
**Million Dollar Mouth**

Wednesday, July 16  
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# Calendar MUSIC

August 12 — Paolo Nutini.  
August 13 — Michael McDonald.  
August 14 — Joe Cocker.  
August 15 — Tower of Power.  
August 18 — The Gipsy Kings.  
August 19 — Steve Winwood.  
August 20 — Hootie & the Blowfish.

**The Jumping Turtle:** 1660 Capalina Road, San Marcos, 760-741-7778.  
July 18 — Feeling of Hate and Tainted Society.

**The Kraken:** 2531 South Highway 101, Cardiff, 760-436-6483.  
July 23 — Jeff Moore & the Witchdoctors.  
July 24 — Frankie Dee & the Funk Natra Band.

**Lamb’s Players Theatre:** 1142 Orange Avenue, Coronado, 619-437-0600.  
July 20 — The Peter Pupping Band.

**Lawrence Family Jewish Community Center:** 4126 Executive Drive, La Jolla.  
August 4 — “The Prince of Kosher Gospel Music.”  
August 4 — Joshua Nelson.

**Lestat’s Coffee House:** 3343 Adams Avenue, Normal Heights, 619-282-0437.  
July 17 — Derek Papa and Kenny Eng.  
July 18 — Gregory Page.  
August 3 — The Applebrown Jazz Ensemble.

**McP’s Irish Pub and Grill:** 1107 Orange Avenue, Coronado, 619-435-5280.  
July 19 — The Offbeats.  
July 22 — Jim Moore.  
July 23 — The Taylor Harvey Band.

**Memorial Park Bowl:** 373 Park Way, Chula Vista.  
August 3 — Fattburger.  
August 17 — The Scott Martin Band.

**Moonlight Beach:** 200 B Street, Encinitas.  
July 20 — The Bigfellas.  
August 3 — Lee Coulter.  
August 17 — The Laurie Morvan Band.

**Mulvaney’s Wagon Wheel:** 8861 Magnolia Avenue, Santee, 619-448-8550.  
July 19 — Charly & Calico Ridge.  
July 26 — Joey & the Sting Rays.

**O’Connell’s Pub and Nightclub:** 1130 Morena Boulevard, Linda Vista, 619-276-5637.  
July 17 — Murphy’s Law and Rat City Riot.  
July 18 — Behind the Wagon and the Singularity.  
July 22 — Pushin Rope and Johnny Hootrock.  
July 23 — Los Kung Fu Monkeys and Wisecracker.  
July 25 — The Scarry Garry Show & the Deity Girls.  
July 26 — Deadline Friday and Astra Kelly & the 47’s.  
July 29 — The Gizzards and the Comrades.  
July 30 — Love & Groove.

**Open Air Theatre at** 5500 Campanile Drive, College Area, 619-594-6947.  
September 6 — Slightly Stoopid and Pepper.  
September 24 — The Raconteurs.  
September 25 — My Morning Jacket.  
October 2 — The Mars Volta.

**Pala Casino:** 35008 Pala Temecula Road, Pala, 877-946-7252.  
July 18 — The Spazmatics.  
July 25 — Platinum Groove.  
July 29 — Ringo Starr & His All Starr Band.  
July 31 — Engelbert Humperdinck.  
August 5 — Steely Dan.  
August 11 — UB40.  
August 27 — John Fogerty.  
August 28 — Poison.

**Patrick’s II:** 428 F Street, Downtown, 619-233-3077.  
July 17 — 145th Street Deluxe Blues Band.

# as i hear it

BY BRIAN CARVER

Artist: **Nature of the Beast**  
Song: **“Ready for War”** (from the CD *Homeland Security*)  
Heard By: **Robert Bagaygay**, Mission Valley



Robert

I was really liking the beat. It went back to the old school with the scratching by the deejay. Their style was a mixture of P.O.D. and Bone Thugs. The lyrics were all right. I pretty much liked it except for the hook, which kind of got annoying. I believe it was “get combat.” The title of the song is “Ready for War,” so I think that’s what they were saying. I couldn’t really understand all of the lyrics, but it was pretty cool — they gave some shout-outs to some older crews. I definitely think they could be a big underground group. As far as mainstream goes, it’s really hard to compete against the Kanye West–type of style out there. Overall, I’d give it a seven out of ten.

# SAN DIEGO SONGS TAKE THE STREET TEST

Artist: **Emery Byrd**  
Song: **“No Scene Like This”** (from the CD *Mrs. Young Versus the Modern Ones*)  
Heard By: **Sean McDade**, North Park



Sean

I thought it was good. It was a good song. It started off strong, had good lyrics, and I liked the bass. It reminded me of an Iggy Pop song...I think the song “Nightclubbing.” I liked the part about not giving a fuck about the Sex Pistols. That got me going at the beginning of the song. I was, like, *Okay, I’m going to like this.* The guitar definitely picked up in the middle and stood out on its own. I liked the piano in the end and how the tempo changed. I could see that song definitely being heard on the radio every day. I’d probably be smoking a lot of weed and cleaning the house to that song. I would give it a seven out of ten.

Artist: **Bob Bartosik**  
Song: **“Chrome Attic”** (from the CD *Double Triple*)  
Heard By: **Austin Smith**, Mission Hills



Austin

I thought it fit San Diego perfectly. It had a relaxing, soothing, light beat where it keeps you energized. It seemed like it was jazz — kind of upbeat. It was all instrumental. I listen to everything from blues, jazz, rock, and reggae. It’s definitely not something I would normally listen to. Actually, hearing it made me realize I need to switch it up every once in awhile. When I hear something like this I think of some of the nightclubs and restaurants/lounges here in San Diego. It just seems like “night out” music. The end was kind of surprising; it had a strong finish. For an average person like myself, as far as music goes, I thought it was great.

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July 18, July 19 — The Blue Four.  
July 20 — The Dave Camp Trio.  
July 21 — The Bayou Brothers.  
July 22 — Blue Largo.  
July 23 — The Bill Magee Blues Band.

July 24 — The Nik Simon Band.  
July 25 — 145th Street Deluxe Blues Band.  
July 26 — The Buick Wilson Band.  
July 27, July 28 — Ronnie Lane & the Twisters.

July 29 — Blue Largo.  
July 30 — Missy Andersen.  
July 31 — Michele Lundeen & Blues Streak.

**Petco Park:** 100 Park Boulevard, Downtown, 619-795-5000.  
November 4 — Madonna.

**Qualcomm Stadium:** 9449 Friars Road, Mission Valley, 619-283-0460.  
July 27 — Stone Temple Pilots.  
August 1 — Paramore and Jack’s Mannequin.

**Rancho Del Oro Park:** Mesa Drive and College Boulevard, Oceanside, 760-435-5041.  
August 14 — The Bayou Brothers.

**Riley’s:** 2901 Nimitz Boulevard, Point Loma, 619-255-8635.  
July 17 — Carrier Signal.

**Rock Bottom:** 401 G Street, Downtown, 619-231-7000.  
July 17 — Pro2Call.  
July 18 — 80z All Stars.  
July 19 — Superfly.  
July 24 — Paradise.  
July 25 — Island Irie.  
July 26 — No Duh.  
July 31 — Pro2Call.

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<b>Fri. 7/11</b> 7-9 PM <b>OCEAN BEACH COMEDY</b> featuring <b>TOMMY KEATING</b> Funk, Jazz and Rock 	<b>Tues. 7/15</b> 6-9 PM: <b>Think 'N' Drink Trivia</b> Rock Showcase <b>RHYTHM &amp; THE METHOD</b> <b>THE JON GARNER TRIO</b>
<b>Sat. 7/12</b> 2-8 PM: <b>SANDI SHANER'S BEACH PARTY</b> Rock Steady <b>MIKE PINTO</b> With <b>GUESTS</b>	<b>Wed. 7/16</b> 4-8 PM: <b>Winstons Art Show</b> National Touring Bands <b>DUBLIN</b> <b>FOREST DAY</b> <b>NATIVES OF THE NEW DAWN</b>
<b>Sun. 7/13</b> 4-7 PM: <b>THE JUKES FAMILY</b> Karaoke OB Style <b>OB.O.O.KE</b> HOSTED BY <b>JOSÉ SINATRA</b> \$2 drinks 9 pm to close	<b>UPCOMING:</b> 7/17: THE FRESH COMMITTEE & FRIENDS 7/18: CD Release Party <b>VEGETATION</b> 7/19: <b>SPRUNG MONKEY</b> 7/26: <b>ROBERT WALTERS TRIO</b> Tickets on sale now!

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<b>WEDNESDAY, JULY 16</b> Never Say Die presents <b>LIKEWISE</b> <b>ROXY BLUE</b> <b>SAVE AMOS</b> <b>EXIT 86 • QUINN ALLAN</b>	<b>THURSDAY, JULY 17</b> THE FREEDOM SESSIONS featuring <b>S.A.T.O.R.I. • SLOW DRAG</b> <b>THE DAY SLEEPERS</b> <b>CIRCA NOW</b>	<b>FRIDAY, JULY 18</b> <b>DAZED &amp; CONFUSED</b> (Led Zeppelin Tribute) <b>MONSTERS OF ROCK</b> 
<b>SATURDAY, JULY 19</b> Revolt Summer Surf Series After Party <b>HUGOBORG</b> <b>FLOWER</b>	<b>SUNDAY, JULY 20</b> <b>WOLF PARADE</b> 	<b>WEDNESDAY, JULY 23</b> Rockin' Johnny White presents <b>THE TIGER SHARKS</b> <b>ONE LONELY ROBOT</b> <b>ECHO REVOLUTION</b> <b>FUZZ HUZZI</b>
<b>THURSDAY, JULY 24</b> THE FREEDOM SESSIONS featuring <b>SO LONG DAVEY</b> <b>WHISKEY DICKS</b> <b>LIVID VIRUS • ATOMS</b>	<b>FRIDAY, JULY 25</b> <b>JUNIOR REID &amp; THE REGGAE ANGELS</b> <b>ANDREW WADABLOOD</b> <b>LAMB'S BLOOD</b>	<b>SATURDAY, JULY 26</b> <b>WILD CHILD</b> (Doors Tribute) <b>DIRTY LESLIE</b> 
<b>THURSDAY, JULY 31</b> Skinnie Magazine, SHP & NSD present <b>VANS WARPED TOUR</b> <b>BATTLE OF THE BANDS FINALS</b> <b>HIGH TIDE</b> <b>MONDAY'S ALIBI</b> <b>LIVID VIRUS</b>	<b>SATURDAY, AUGUST 2</b> <b>DEAD MAN'S PARTY</b> (Oingo Boingo Tribute) <b>MURSIC</b> 	<b>SUNDAY, AUGUST 3</b> Poly Underground presents <b>ooklah the MOC</b> <b>LAMB'S BLOOD • BREDREN</b>
<b>THURSDAY, AUGUST 7</b> <b>AGENT ORANGE</b> <b>THE UPRISING</b> <b>CRITICAL ME</b>	<b>FRIDAY, AUGUST 15</b> <b>LIGHTS</b> (Journey Tribute) <b>JUMPING JACK FLASH</b> (Stones Tribute) <b>SPRINGSTEEN</b> (Tribute to Bruce Springsteen)	<b>FRIDAY, AUGUST 22</b> Poly Underground presents <b>KATCHAFIRE</b> <b>TRIBAL THEORY</b>
<b>THURSDAY, AUGUST 28</b> Canes & Fineline present (the) <b>MELVINS</b> <b>BIG BUSINESS</b>	<b>SATURDAY, AUGUST 30</b> <b>LITTLE BROTHER</b> <b>WYLDE BUNCH</b> 	<b>FRIDAY, SEPTEMBER 5</b> <b>GUTTERMOUTH</b> <b>VOODOO GLOW SKULLS</b> <b>CHASER</b>

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# Calendar

## MUSIC

### San Diego Sports Arena:

3500 Sports Arena Boulevard, Point Loma, 619-224-4171.  
*September 20* — Janet Jackson.  
*September 26* — Playhouse Disney Live!  
*October 7* — Neil Diamond.  
*November 8* — Carrie Underwood.  
*December 1* — Celtic Thunder.

### San Dieguito United

**Methodist Church:** 170 Calle Magdalena, Encinitas.  
*August 2* — Mike Lopez.  
*August 30* — Cají and Salomé.

### Scripps Miramar Ranch

**Library:** 10301 Scripps Lake Drive, Scripps Ranch.  
*July 20* — Tom Boyer.

### Seaport Village:

849 West Harbor Drive, Downtown.  
*July 20* — The Cat-illacs.  
*July 27* — Midnight Heat.  
*August 3* — Blue Rockit.  
*August 10* — Barbara Jamerson & Two Deep.  
*August 17* — The Cat-illacs.  
*August 24* — The Bayou Brothers.  
*August 31* — Nova.

### Soma:

3350 Sports Arena Boulevard, Point Loma, 619-226-SOMA.  
*July 17* — Kill Hannah and Metic Droid.  
*July 18* — Finch.  
*July 19* — The Hoedown and the Blood Countess.  
*July 20* — Cute Is What We Aim For and Ace Enders.  
*July 22* — State Radio and Rose Hill Drive.  
*July 24* — Terror, Warriors, Death before Dishonor.  
*July 25* — A Legend Unknown.  
*July 27* — The Alkaline Trio and American Steel.

*July 31* — Jon McLaughlin and Jason Reeves.  
*August 2* — Plane Without a Pilot.  
*August 6* — The Hush Sound and the Cab.  
*August 7* — The Banner, Dr. Acula, David Costa.  
*August 8* — Shai Hulud, Full Blown Chaos, Woe of Tyrants.  
*August 9* — The Faint.  
*August 15* — KillWhitneyDead and Carnifex.  
*August 16* — Knights of the Abyss and Burning the Masses.  
*August 24* — Anthony Green, Good Old War, Person L.  
*August 28* — Stick to Your Guns and Winds of Plague.  
*August 30* — The RX Bandits and Portugal the Man.

**South Park Bar & Grill:** 1946 Fern Street, South Park, 619-696-0096.  
*July 18* — The Paul Ingram Quartet.

**Spreckels Theatre:** 121 Broadway, Downtown, 619-235-9500.

*August 10* — Kidz Bop.  
*November 8* — Citizen Cope.

**Swedenborg Hall:** 1531 Tyler Avenue, University Heights.  
*August 15* — Korrie Paliotto.  
*September 6, September 7* — Amanuel Zarzowski and Brenda Xu.

**Templar's Hall at Old Poway Park:** 14134 Midland Road, Poway.  
*August 16* — High Hills.

**Theatrx:** 155 East Grand Avenue, Escondido, 760-735-2491.  
*July 18* — The Thomas Brotherz.  
*July 18* — Mystery Train.  
*August 15* — Chill Boy 10.

**Tio Leo's Lounge:** 5302 Napa Street, Linda Vista, 619-542-1462.  
*July 18* — The Hollywood Stones.

# NOTE

BY WILLIAM CRAIN

Earlier this year the **Harry and the Potters** duo announced on their website that they had broken up: The two members could not agree on how to continue as a band now that J.K. Rowling had published her last *Harry Potter* book.

A couple of months later, Harry and the Potters announced that they were planning one of their most ambitious tours to date. It was a little confusing. But this is, after all, a band that purports to be a collaboration between the fictional Harry Potter in his fourth year at Hogwarts School of Witchcraft and Wizardry and the more mature seventh-year version of himself, so a little confusion

is to be expected. (The breakup story, it turned out, was an April Fool's joke.)

The two Harrys are **Paul** and **Joe DeGeorge**, brothers from Boston who, so the story goes, formed the Potters six years ago after none of the bands they had booked for a backyard concert bothered to show up. The brothers put on some glasses and Hogwarts ties, wrote seven Potter-themed songs in about an hour, and then performed them for the handful of guests still remaining. Soon they were booking all-age shows, most of which were in libraries instead of nightclubs, and releasing albums such as *Voldemort Can't Stop the Rock*. Even more remarkable, they've inspired a mini-movement of "wizard rock" bands, some of them preteenage, with names like Draco and the Malfoys.

Rowling is known as a zealous protec-



## HARRY AND THE POTTERS

tor of her own copyrights, but she has so far remained silent on the phenomenon. Let's hope she keeps her lawyers in check so we can see how this movement plays out.

**HARRY AND THE POTTERS, Epicentre, Monday, July 14, 6 p.m. 858-271-4000. \$12.**

**Trolley Barn Park:** 1900 Adams Avenue at Florida Street, University Heights.  
*July 18* — Swamp Critters.  
*July 25* — The Midili Brothers Band.  
*August 1* — Nitro Express.  
*August 8* — Sue Palmer and Her Motel Swing Orchestra.

**Turquoise Coffee:** 841 Turquoise Street, Pacific Beach, 858-488-4778.  
*July 19* — Inigo Figuracion and Ron Greitzer.

**Valley View Casino:** 16300 Nyemii Pass Road, Valley Center, 866-843-9946.  
*July 18* — Hot Rod Lincoln.  
*July 18* — Crush.  
*July 19* — Innovation.

*July 19* — The Fabulous Pelicans.  
*July 24* — Firefly.  
*July 25* — The Heroes.  
*July 26* — Crush.  
*July 26* — Innovation.  
*July 31* — The Jones Revival.  
*August 3* — The Temptations and the Four Tops.  
*August 14* — The Gipsy Kings.  
*August 21* — Sheryl Crow.  
*October 15* — Randy Travis.

**Viejas Casino Concerts in the Park:** 5005 Willows Road, Alpine, 619-445-5400.  
*July 20* — Michele Lundeen & Blues Streak.  
*July 20* — Boys Like Girls and Good Charlotte.  
*July 26* — Los Lonely Boys.  
*July 27* — Coheed & Cambria.

*August 3* — George Thorogood and Buddy Guy.  
*August 4* — The Regeneration Tour.  
*August 16* — Michele Lundeen & Blues Streak.  
*August 20* — Donna Summer.  
*August 30* — Melissa Etheridge.  
*September 12* — Jaguares.  
*September 28* — Flogging Molly.

**Viejas Casino DreamCatcher Show Room:** 5000 Willows Road, Alpine, 619-445-5400.  
*July 24* — Bo Bice.  
*July 25* — Chris Botti.  
*August 26* — Sebastian Bach.  
*September 14* — Sister Hazel.  
*November 1* — K-Ci and JoJo.  
*November 7* — The Spinners.

**Vista Library:** 700 Eucalyptus Avenue, Vista, 760-643-5100.  
*August 10* — The Peter Sprague Trio.

**Wave House:** 3125 Mission Boulevard, Mission Beach.  
*July 20* — Simple Plan.  
*July 30* — Beres Hammond and Tribe of Kings.  
*August 8* — Sean Kingston.  
*August 21* — The BoDeans.  
*September 6* — Unwritten Law.  
*September 26* — The Dark Star Orchestra.

**WorldBeat Cultural Center:** 2100 Park Boulevard, Balboa Park, 619-263-7911.  
*July 17* — Afrofunk Festival.  
*September 6* — Tribal Seeds.

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• Wed., 7/16: Joe Wood

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July 15: <b>Primo</b>	July 20: <b>YARI MORE Y MUCH MAS</b>
July 16: <b>Trece de la Suerte</b>	<b>Colombian Independence Celebration!</b>
July 17: <b>Salsa Caliente</b>	Dance Lessons @ 6:45 pm
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NATHAN JAMES  
Sun 7/20 • 8:00 PM

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8/25 Matthew Sweet On Sale Friday @ Noon! • 9/17 Aesop Rock feat. Rob Sonic & DJ Big Wiz  
10/1 The Dandy Warhols w/A Place to Bury Strangers & The Upsidedown On Sale Friday @ Noon!  
10/6 Nick Lowe On Sale Friday @ Noon!

7/26 Dread Zeppelin 20th Anniversary Show!  
7/27 Salsa Sunday feat. Orquesta Primo  
7/30 34th Anniversary Series - Kut U Up, Get Your Death On & The Drowning Men  
Greg Laswell  
7/31 Rub-A-Dub Friday - Live Band & DJs!  
8/1 The English Beat  
8/2 Immortal Technique w/DJs GI Joe, Diabolic & Da Circle  
8/7 Rub-A-Dub Friday - The Devastators & DJs!  
8/8 Steve Paltz & The Cynics w/Sara Petite

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7/18 ATOMIC GROOVE  
7/25 THE FABULOUS PELICANS

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w/Clay Colton Band  
8/15 Rub-A-Dub Friday - Bredren & DJs!  
8/18 Tap Fever pres. "The Heat Is On!"  
8/21 Pato Banton w/Daddy Roots  
8/22 Rub-A-Dub Friday - Habitat Sound System & DJs!  
8/23 Cash'd Out  
8/24 Joshua Radin w/Erin McCarley & Hana Pestle  
8/27 The Desert Rose Band feat. Chris Hillman  
8/28 Patty Griffin w/Langhorne Slim  
8/29 Rub-A-Dub Friday - Get Your Dub On & DJs!  
8/31 The Dirty Dozen Brass Band  
9/4 Amos Lee  
9/8 Lee "Scratch" Perry  
9/11 JJ Grey & Mofro - Orange Blossoms Tour w/Hill Country  
Revue feat. Members of North Mississippi Allstars

9/12 Pine Mountain Logs  
9/23 Railroad Earth  
9/24 Okkervil River w/Sea Wolf & Zykos  
9/25 Boots Collins pres. Tribute to James Brown  
9/28 Greg Brown  
9/30 Johnny Winter  
10/4 The Legendary Rhythm & Blues Revue  
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# Crasher

## THE DANCING STORMTROOPER

by Josh Board

**I** went to lunch with former quarterbacks Dan Fouts and Brian Sipe, coaching legend Don Coryell, and player-turned-actor Fred Dryer, star of the show *Hunter*.

It was an event at the Hall of Champions in Balboa Park, and although I crashed it, I would've paid \$300 for this \$30 luncheon.

When I walked in, I saw Fouts in the buffet line. I saw a few people ask him for his autograph. I wasn't sure if that was proper etiquette, but he smiled and signed.

Coryell was walking with a cane, and neither he nor Fouts was able to eat more than a few bites without people coming over to talk with them. Though, neither seemed to mind.

The table I sat at was quiet while we ate our turkey sandwiches, fruit, and soup. Then we started talking Aztecs and Chargers football. Someone brought up quarterback Todd Santos, who was the QB when I went to State.

I thought a guy at the next table was former player and newscaster Hank Bauer. The black guy next to me said, "That's another bald white guy in a blazer, but not Bauer."

A guy at another table had a football poster. I noticed he wasn't eating; he was just star-



Top left: Dan Fouts (right) signing a football for a fan; Top right: Don Coryell and Brian Sipe; Bottom left: Chris on the left, Philippe on right; Bottom right: A couple at the '70s/'80s-themed party

ing at Fouts, ready to pounce on him for an autograph. He was wearing a Kellen Winslow jersey. In fact, several people at the event had Chargers jerseys on.

The players eventually took

**"Have you noticed that a lot of these French women are really attractive?"**

the podium to tell stories. Dryer hosted the event and was funny. At one point, he made fun of one of the Aztecs coaches for wearing a leisure suit from the '70s. And he took jabs at Chuck Long, the current Aztecs QB.

There was a track athlete from UCLA at the luncheon. I forget his name, but he was a local guy who is now tearing it up for the Bruins. But, the crowd was giving all their atten-

tion to the former NFL players, like kicker Rolf Benirschke.

During the charity auction, a Dan Fouts helmet got high bids. I was surprised because a few people brought helmets to the event and got them signed for free. The helmet ended up selling for almost \$2000.

Dryer joked about why anyone would want Fouts's helmet and how his helmet would sell for a lot more. Though Dryer

made fun of all the players, he was respectful.

When Sipe's helmet was auctioned, nobody raised their hand. I thought they should have auctioned his helmet off first. Fouts bid \$50 for it. Then Chuck Long yelled out, "Five hundred dollars! He's an Aztec!" A few others bid, and it sold for \$700.

When the auction ended, the former pros took questions from the audience. One guy told Fouts that he brought his son to the event, but his son still holds a grudge for not bringing him when he flew to Cincinnati for a

game. He was the same guy that bought the Fouts helmet. He asked, "What happened in that game?" I don't think Fouts cared for the question. It was the only time he didn't smile the entire day. Fouts said, "We lost. What can I say?" He then was ready to move on but added, "It was 34 below. Your son was crazy for wanting to be there!"

The players went to a table to sign autographs. Coryell, who said he was there with his daughter from Oregon, looked as if he was having trouble signing some items. But he always had a smile on his face. I talked to Brian Sipe, whom I had interviewed last year for a story. We chatted for a few minutes before I headed out.

\* \* \*

I ran a few errands to kill time before heading down to a party for a French club at the St. Tropez Bistro. I knew there was one near Horton Plaza, so I parked at the mall and met my girlfriend nearby, and we walked over. When we got to the restaurant, the place was closing. I asked an employee what was going on, and the guy looked confused. When I mentioned the party, he said it could be at their other location. Luckily, it wasn't too far down Broadway, so we walked.

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**WE SHOT THE MOON**  
**THE COVER UP**  
**STEREO SUMMER**

**TUES. JUL 15**  
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**SEVER YOUR TIES**  
**IN FEAR & FAITH**  
OCEANA  
**THE DAY SETS FIRE**  
**FOREVER DAYS FORGOTTEN**

**THURS. JUL 17**  
**KILL HANNAH**  
METIC DROID  
INTER PARTY SYSTEM  
WHITE TIE AFFAIR  
DJ SUPERFOX

**FRI. JUL 18**  
**SCARY KIDS**  
**SCARING KIDS**  
**FINCH**  
FOXY SHAZAM  
TICKLE ME PINK

**SAT. JUL 19**  
**THE HOEDOWN**  
BURNING THE MASSES  
WAGES OF WAR  
THE BLOOD COUNTRY  
NORTHWALL  
BLACKOUT

**SUN. JUL 20**  
**CUTE IS WHAT WE AIM FOR**  
ACE ENDERS  
DANGER RADIO  
POWER SPACE

**TUES. JUL 22**  
**STATE RADIO**  
ROSE HILL DRIVE  
THE URGENCY

**THURS. JUL 24**  
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**THE WARRIORS**  
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10:30 - Ticketmaster - Live Nation

**THURS. JUL 31**  
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JASON REEVES

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Friday, July 11

**Kyle Van  
Band**

Saturday, July 12

**Illicit  
Behavior**

I noticed several kids driving up to a hotel for their prom. One kid was lost and asked me for directions. He was a sweaty, pimply mess in his tuxedo. I wondered why he was by himself.

The theme for the St. Tropez event was '70s and '80s, and I wore my Wall of Voodoo shirt — they had the hit "Mexican Radio." I had the T-shirt on underneath the blazer and dress shirt I wore to the previous event. As I walked in, a guy

approached me and told me how much he loved that band.

He told me that he did a dancing Stormtrooper video that got thousands of hits and got him on the *Jeff and Jer* radio show.

"I shot it on a deck in Big Bear. I ended up buying the domain name, and we got, like, 12,000 hits after I was on their show. It was funny because usually there would just be single digits on the amount of hits it would get each day. It was just a Stormtrooper from *Star Wars* dancing a little jig."

The DJ, Chris, spun all '70s and '80s tunes. He had a gorgeous woman with him the whole time. My girlfriend leaned toward me and said, "Have you noticed that a lot of these French women are really attrac-

tive?" I said, "Yeah, I've noticed." She then elbowed me.

I walked over to a few couples who were engaged in conversation. When I heard them speaking French, I kept walking. I then saw three attractive women talking. In English. But, I didn't want to stop there and get another elbow in the ribs.

I met Philippe, the president of the French club. He told some interesting stories about the town he grew up in and spoke about the differences between the U.S. and France.

When there was a lull in the conversation, we headed back to our Stormtrooper friend. I remembered my girlfriend collects *Star Wars* items and knew she'd like him. I asked

him if he had any more Stormtrooper stories, and his eyes lit up.

He talked about visiting sick kids in the hospital. He once showed up with Darth Vader, and a kid going through chemo was so happy that he hugged Darth Vader's leg.

All his stories didn't involve *Star Wars*, though. He pointed out an area of the downtown trolley station where the movie *Demo-lition Man* was filmed. He told us about getting in trouble on the trolley once for filming out the window — "It was after 9/11, so..."

Looking at my girlfriend, I borrowed a joke from *Family Guy*: "The terrorists have changed everything."

The guy nodded and there was a pause, so I said again, "Everything." ■

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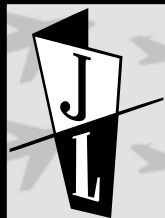
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# Summer Break on Steak

My pal Samurai Jim is in some ways a paragon of the classic *Bachelorus americanus* species. He loves good Scotch, good red meat, a brisk six-mile run in the morning, and smart, pretty blondes. When he heard that I'd never eaten at a Ruth's Chris Steak House, he offered to treat me to a Restaurant Week dinner there. Jim's squeeze Michelle and our friend Fred (also Ruth's virgins) came along, too.

Ruth's Chris is the largest chain of upscale steakhouses in America. It was founded in New Orleans 43 years ago by Ruth Fertel and spread from there. The restaurant made its name by serving USDA prime beef cut thick and cooked at ultra-hot temperatures.

Our venture was a night of discoveries. First, as with so many other high-end restaurants, Ruth's Chris has been paying attention to the awful state of the U.S. economy. Their response takes the form of a relatively affordable prix-fixe menu for the season, called "Summer Celebration for Two." It offers three-course meals with several choices for each course at \$89 per couple, with optional wine pairings for all three courses at \$20 per person. What a deal! If you've always been curious about what steak tastes like when cooked at 1800°F, this could be your chance to find out.

The second revelation is that the restaurant is neither as old-boys-snooty in atmosphere as some other steakhouses, nor as generally pricey as I'd feared. San Diego has caught up to Ruth's Chris both in economics and in style. That is, the \$35 entrée has become as common as dirt (been to the Gaslamp lately?). As for style, San Diegans and visitors dressed in tees and jeans or even board shorts (as they consume their \$35 entrées) are also the norm, at this restaurant as at most others around here. (Only flip-flops, swim trunks, and wife-beater tanks might push the local concept of "dressy casual" a little too far.) The thoroughly heterogeneous Restaurant Week crowd at the Harbor Drive location included families with yard-apes (barely) in tow, young daters with the gals in shiny polyester-satin minis (say—didn't I own that dress in '69?), elderly couples enjoying a night on the town, and a few suits, presumably expensing their business dinners.

The third discovery is that, while emphasizing red meat, the chain also remains true to its New Orleans birthplace (even if the finks moved



PHOTOGRAPH BY JOE KLEIN

their headquarters elsewhere after Katrina). If prime beef isn't your thing, it's optional — the menu includes several Louisiana haute cuisine choices, as well as other new American classics, e.g., seared ahi. (Is there a restaurant left in the whole USA that doesn't serve seared ahi?) Some of the NOLA appetizer choices include shrimp remoulade, Louisiana crab cakes, barbecued shrimp, and seafood gumbo, while the entrées include a "blackened" lobster tail. Several of these are available on the "summer celebration" menu.

Fred and Michelle went with the Restaurant Week choices, while Jim and I explored the (slightly) higher-priced summer spread. My choices gravitated to New Orleans, natch. I started with the okra-based seafood gumbo, which was light and tomato-y, filled with seafood shreds and a few cubes of ham, but no identifiable pieces of seafood, no perceptible roux base, and no detectable hot pepper in any form. Correctly, it held a small mound of steamed white rice in the center, so you could choose how much rice you

wanted to mix into the liquid. There are 250,000 gumbos in the Crescent City — but none I've ever tasted are like this one. It was reasonably flavorful but closer to a vastly improved version of Campbell's canned gumbo (that is, a thin red soup, rather than a hearty brown colloid) than to any I've eaten in its hometown.

Similarly, my main course of barbecued shrimp (in NOLA, this is always a sauté, never a barbecue) was delicate and refined, with tender peeled shrimp in a buttery white-wine cream sauce with the faintest hint of cayenne. The more typical dish (whether from Mosca's or Upperline or any of the Brennan's restaurant empire) is creamless, garlic rich, spicy, hearty, and herbal, loaded with rosemary, as likely to start with olive oil as butter, and often messy to eat, with unpeeled shrimps. Ruth's Chris's rendition tastes good, but it's not what I expected — it's plantation-owner Frenchy rather than "ethnic." Both it and the gumbo made me think of Antoine's, a once-aristocratic restaurant that my NOLA friends look upon with sentimental fond-

## REVIEW

NAOMI WISE

### Ruth's Chris Steak House

★★★ (Very Good)

1355 North Harbor Drive, downtown; 619-233-1422; also 11582 El Camino Real, Del Mar, 858-755-1454; [ruthschris.com](http://ruthschris.com).

**HOURS:** Monday–Thursday 5:00–10:00 p.m., Friday until 10:30 p.m.; Saturday 4:30–10:30 p.m., Sunday 4:30–10:00 p.m.

**PRICES:** Appetizers, \$12–\$15; entrées and steaks, \$21–\$65; sides, \$8; salads, \$7–\$15; desserts, \$8–\$10. Summer special prix-fixe three-course dinners for two, with several choices for each course, \$89 per couple, with \$20 per person matched wine flight.

**CUISINE AND BEVERAGES:** USDA prime steaks (wet-aged) and standard steakhouse sides, other modern American classics including New Orleans specialties. International wine list from five continents with bottles at all price points, huge selection by the glass. Full bar, both classic and creative cocktails.

**PICK HITS:** Crab-stuffed mushrooms; Louisiana crab cakes; seared ahi slices; steak of choice or mixed grill; broiled tomatoes; bread pudding.

**NEED TO KNOW:** Ramped entrance, elevator to dining room. Valet parking \$6, or validated half-price self-parking in Holiday Inn lot. Lively but painless sound level, harbor views. Mostly semi-casual dress. Some outdoor dining on small balcony. One lacto-vegetarian entrée, plus vast choice of sides and salads, but very little for vegans.

Ratings reflect the reviewer's reaction to food, ambience, and service, with price taken into consideration. Menu listings and prices are subject to change.

Go to [SanDiegoReader.com](http://SanDiegoReader.com) to find hundreds of past reviews.

ness paired with deep skepticism — a once-beloved heirloom rotted into a moldy-fig tourist trap. I bet I'd love Ruth's Chris's shrimp remoulade. The typical NOLA version can be quite fierce with Creole mustard — even a tad harsher than I really like — while I'm sure Ruth's Chris's version would be gentler.

Jim began with a good-normal Caesar salad, distinguished a bit by a large wafer of Italian-style

# ら

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crisp-fried peppered Parmesan. His “mixed grill” included a fine jumbo lump crab cake, with a minimum of filler, that really did evoke Louisiana cooking. It was lightly coated with breadcrumbs that tasted as if they were made from the flavorful, salty baguettes that serve as the house bread, lending a touch of coarseness to the cake’s texture. The seasonings tasted right, too. “These are a real challenge to Oceanaire’s crab cakes,” Jim said. Filling out his plate were a tiny (four-ounce) portion of filet mignon done medium-rare (he’d asked for rare) and a roasted free-range chicken breast pleasingly stuffed with melted garlic-herb cheese to keep dryness at bay.

Michelle and Fred both scored bull’s-eyes with their Restaurant Week starters. (Neither of their appetizers, alas, is included in the summer prix fixe.) Her indulgent broiled large mushroom caps were stuffed with crabmeat and rich, creamy goo (béchamel sauce, I presume), lightly dusted with toasted bread crumbs. Even more splendid, if possible, was Fred’s *au courant* seared ahi — thin rectangles of the darkest crimson tuna any of us has seen outside of a sushi bar’s *maguro*, flash-cooked a second or two past raw. The slices were garnished by a subtle, barely there sauce involving ginger, mustard, and beer. It was sharp, bright, and irresistible.

Michelle ordered her petite filet (six ounces) medium-rare; it arrived rare-rare. (She and Jim switched filets even before our plates began their ritual rotation around the table.) Fred had the 12-ounce rib-eye, a generous choice for a discounted menu.

All the beef served by this chain is USDA prime. It’s been wet-aged (encased in plastic shrink-wrap for about three weeks), which tenderizes meat but doesn’t enrich or intensify the flavor the way dry-aging does. (Dry-aging, where the meat’s exposed to cold air, is rarely done now. It not only takes a lot of space but also shrinks the meat, making it more expensive — the buyer pays for a pound but winds up with 12 or 13 ounces of raw serving weight.) Whatever cut you order, the beef is cut thick and seared in a special super-heated oven, which puts a good hard, caramelized crust on it, bringing out the flavor. Then

it’s served on a heated plate with sizzling butter.

And yet — and yet. At the risk of being branded a heretic and stoned in the town square, I admit that I didn’t love either steak as much as the petite filet that I’d enjoyed the previous night, served with béarnaise sauce, at Cowboy Star, a new steak-and-game house in the East Village owned by Victor Jimenez, a former Ruth’s Chris chef. (Watch this space — review upcoming pronto.) Nor did I love the prime steaks here as much as the lower USDA choice-grade rib-eye, marinated in garlic and olive oil, at Turf Club, or the memorable choice rib-eye I once enjoyed at Bandar’s annex, which at the time was making a stab at playing steakhouse. When I was a kid, any good steak from high on the steer was such a novelty, it seemed a sacrilege to serve it with a sauce or more seasoning than salt. But as my mom’s business prospered and steak became less of a special-occasion meat, by my teens, I was rubbing sirloins with oregano and garlic and sautéing them in olive oil for the livelier flavor I’d tasted in New York’s Italian restaurants. By now, a wet-aged steak all by itself, with no béarnaise or bordelaise or marinade, doesn’t thrill me at all. (Too bad our branch of L&G’s Steakhouse closed, as it was the one place to offer a dry-aged rib-eye, a real knockout — but even there, that great hunk of flesh still came with a béarnaise.)

Normally, Ruth’s Chris’s steaks (unlike less aristocratic entrées) come with nothing but the hot butter — the family-sized sides cost extra (\$8 to feed four easily). Both the special menus included a choice of sides, gratis. Roasted garlic-mashed potatoes were lean but tasty and balanced. Creamed spinach was heavy and rather glutinous from flour-thickening. It’s not based on heat-reduced cream; it’s béchamel again, made with milk thickened by a light roux. Roasted tomatoes turned out to be huge slices of fully ripe beefsteak tomatoes, almost scary in their deep redness and tasting intense and wonderful. And potatoes au gratin were swathed in melted cheese and cream, seeming far too rich at first, but soul-mate/plate-mate Fred and I kept going back for more, bite by tiny bite, until

they were gone.

All of us, except for Scotch-drinking Jim, opted for the wine-pairing. It proved interesting and appropriate — engaging wines all the way, with choices offered for each course. The first-course sunny Pinot Grigio from Estancia (Monterey) dispelled some of my prejudices against this grape — it was a rich, full-bodied mouthful. The Mark West Pinot Noir (Sonoma) was light but with some depth and character, potentially a perfect match for the wild salmon offered among the regular entrées.

For the main courses, there was a Cabernet from Avalon (Napa Valley). It was reasonably serious but a bit too impressed with itself, in the mode of so many California Cabs. (They remind me of grad students, smart but pompous. Bordeaux wines are their professors.) I much preferred the playful Shiraz from Evans and Tate (Margaret River, Australia). The older I get, the more I appreciate the friendly grapes of the Rhone, wherever they’re grown.

The dessert course also brought a selection of sweet wines. Fred chose the sparkling Italian rosé (Banfi, Rosa Regale). “It tastes like apple juice,” he said, and it did. The sparkling Michelle Chiarlo Moscato D’Asti twinkled like Tinkerbell in the glass and in the mouth.

Perhaps put off by the sight of the huge slabs of cheesecake delivered to several of our neighbors, Michelle and Fred opted for Chocolate Sin, which takes Chocolate Decadence one step further into Chocolate Damnation. Creamy in consistency, it’s a cake that seems to be made wholly of bittersweet

chocolate, sugar, and butter, like a chocolate truffle aiming to be a mousse, and it’s coated all over with chocolate syrup. Even chocoholic Jim found it a bit much.

But the N’awlins-style bread pudding with whiskey cream sauce was as good a version of that pudding as I’ve ever tasted. What makes the Crescent City version distinctive is that it’s made with stale baguettes — not your croissants or brioche or Wonder Bread of any other pantywaist light bread. It can be heavy and logy, but Ruth’s Chris’s version somehow sprouts wings to fly. Maybe it’s the bathtub’s worth of velvety whiskey cream sauce soaking it that, paradoxically, loosens the dense texture and lets it soar. It reminded me of those Middle Eastern/north Indian desserts always named “Palace Bread” in their native languages (*ekmek kadayif*, *esh es soraya*, etc.) that transcend quotidian stale-bread origins to become, in imagination, the breads served to royalty or the gods.

The first and last thing to remember about Ruth’s Chris is that, however upscale, it’s a nationwide chain. I don’t know how chains decide about flavors — focus groups? surveys? — but by whatever means, the decisions are designed to appeal not to your taste or mine, but to everybody’s taste. They’ve done a good job of figuring out how to develop the widest appeal. Hence, there’s no real adventure to eating here, unlike eating at a chef-owned restaurant. There’s no risk of disaster, and no chance of individuality, imagination, transcendence. It’s not fine art, just simple physical pleasure, and Ruth’s Chris delivers exactly that. ■

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**lunch buffet \$7<sup>99</sup>**  
AGE 3-6 \$3.49, AGE 7-10 \$5.49  
MON.-SAT. 11 AM-4 PM  
FREE DRINK

**dinner buffet \$11<sup>99</sup>**  
AGE 3-6 \$4.49, AGE 7-10 \$6.49  
MON.-THURS. 4-9:30 PM  
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**LOBSTER SUNDAY with buffet \$13<sup>49</sup>**  
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Expires 7/24/08. With ad. Not valid with any other offer or on holidays.

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# Wake-Up Pizza

*“Dough is my canvas, the prep table is my palette, full of color.”*

**P**izza for breakfast? Gimme a break. And yet...here it sits, before my very eyes. I stand gawping, Sunday mawnin', bleary-eyed, even now, around 11.

I've gotten off the Blue Line trolley at this new stop that slices diagonally through two brand-new buildings at C and Park. City College. Spotted this guy through a window. Wow. He's stretching something. From a little wad, he creates a bigger and bigger and thinner and thinner skein of — oh yeah — dough. He lays it down and spreads out a scoop of tomato base. Round and round. Art in the making. Now he sprinkles cheese and puts down ham, bacon, sausage, mushrooms, red and green peppers, tomatoes — and *whack!*? Now he reaches to a sauté pan and shakes out a bunch of...scrambled eggs?

This I must investigate. 'Specially as I'm starved. The pizza joint shares space with a convenience store they've opened in one of the platform-side shops. Whoa. It's cavernous inside, with big aluminum air-conditioning ducts snaking around the ceiling.

But first, you pass this sign, “Pauly's Pizza Station,” next to the counter to the left. And there, sitting on the glass display shelves, is the result of what the guy's finishing off in the window. An actual scrambled-egg breakfast pizza, \$2.50 a slice, or \$5 for two slices and a drink. Gal, named TK, asks me what I'd like. Hmm. “Introducing Breakfast Pizza,” says the menu. It lists a whole bunch of pizzas, from the deluxe, the one I saw the guy — the actual Pauly — making, to “all-meat” (egg, ham, bacon, and sausage), to “the Italian Flag,” (with roasted red peppers, white ricotta cheese, and fresh green spinach), to vegetable (egg, mushroom, red and green bell

peppers, tomato, onion, spinach, artichoke). They're all \$16–\$19 per pizza pie, or \$2.50 a slice.

Then I see they have more breakfast deals filled with the same eggy alternatives, including calzones (\$7.50). Looks like Pauly's on to an egg

roll here, heh-heh. 'Course, I know the best deal is probably the two slices and a drink. But a big puffy calzone seems easier to face at breakfast time.

“It'll be about 15 minutes,” says TK. “Pauly makes everything from scratch.”

“No problemo. It's Sunday.

I've got time.”

I step outside to the trolley platform so I can watch Pauly, through the window. He's kneading out dough again. This time, though, he cuts off half. He starts to lay down the goodies. Ham, bacon, peppers, tomatoes, sausages, mushrooms, and that pile of scrambled eggs. Then he folds the top over, seals it with his thumbs, roll-cuts the edge, and slides it into his Baker's Pride oven. “That mine?” I mouth, pointing at it and then myself.

Pauly nods.

I like the fact that there's a Pauly here. And that he makes these things from scratch, doesn't just off-load a thousand factory-cooked frozen pizzas from some truck's freezer-trailer. I start reading the menu's back flap. “Welcome to my studio and gallery,” it says. “Dough is my canvas, the prep table is my palette, full of color. The display case is my gallery...containing the creativity of art, the love of family and friends, and the passion of flavor.”

Hmm. Definitely seems like a guy who cares. Five minutes later, I'm sitting at one of the two high tables. I've just bitten off the corner of my calzone. Hot! I puff its cheeks in and out, like a fire bellows, so it blows out steam like a loco-

motive. Man. This is one *caliente* crusty pocket. As soon as it's cool enough I chomp in — to eggs, but then, the farther in you go, the more you hit the herby Italian sausage, the pile of sliced olives, the bacon. The flavor gets richer and richer. Splot of hot sauce helps, too.

This is beautiful. Oh my, that golden crusty skin. “I'm an artist,” says Pauly. “I struggled for years, sculpting, painting. Now I've made pizza-making my art.”

Turns out he was born in Brooklyn, grew up in New Jersey, and has become part of this new wave of pizza-pie bakers from back East who are serious about the handmade, thin-crust culture they were brought up on.

Guess the buzz is out, because this place is getting more crowded the more I hang around. Amazing for Sunday morning.

“This is the best pizza place in San Diego, period,” says Dylan. He manages the Starbucks across the tracks. “And I include Bronx Pizza.”

Wow. That's praise. People say “Bronx” when you ask which is the best around town.

Behind Dylan, gal named Chauntae waits to get some spicy chicken pizza with her mom and her friend Monet. Her mom insisted they come. All the way from EastLake. On a Sunday morning.

And then, behind them, if you can believe, this gal Debbie is lined up for a grilled chicken pizza with ranch dressing and bacon. She's driven all the way down from Rancho Bernardo.

“It's flattering,” Pauly says. “But it's hard work.” He says he's been in seven days a week



Pauly

since he opened in January.

“I've lost ten pounds, but I'm happy,” he says.

Oh, man. If I could just do that. I pack up three slices to take home to Carla: the chicken-bacon-ranch, the deluxe, and the tomato, garlic, and pesto. She loves pesto.

I finish off the rest, just for my own, uh, pizza mind. ■

**The Place:** Pauly's Pizza Station, 1050 Park Boulevard (in City College trolley station), 619-231-0300

**Type of Food:** Italian

**Prices:** Scrambled-egg deluxe breakfast pizza (ham, bacon, sausage, mushroom, bell peppers, tomatoes, eggs), all-meat (egg, ham, bacon, and sausage), the “Italian Flag” (white pie with roasted red peppers, white ricotta cheese, spinach), the vegetable (egg, mushroom, bell peppers, tomato, onion, spinach, artichoke), all \$16–\$19 per pizza pie, or \$2.50 a slice, or \$5 for two slices and a drink; calzones, \$7.50; Greek salad, with pepperoncini, green and black Kalamata olives, feta cheese, \$5.50; meatball Parmesan sandwich, \$6.50; stromboli (rolled pizza crust enclosing cheese, pepperoni, onion, ham), \$7.50; New York cheesecake dessert, \$3.50

**Hours:** 9:00 a.m.–10:00 p.m. Monday–Friday; 10:00 a.m.–9:00 p.m. Saturday–Sunday

**Buses:** 2, 5, 7, 15, 20, 30, 50, 150, 923

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Calendar

RESTAURANTS

RESTAURANT

LISTINGS

*The Reader's Guide to Restaurants are recommended listings written by our reviewers (Ed Bedford, Barbara David, Ambrose Martin, Shari McCullough, Max Nash, Eleanor Widmer, Naomi Wise). Each issue contains only a fraction of over 700 reviews. A complete searchable list is available online at SanDiegoReader.com. Price estimates are based on the latest information available for a midrange entrée. Inexpensive: below \$10; moderate: \$10 to \$19; expensive: \$20 to \$29; very expensive: more than \$30. Please call restaurants in advance for reservations.*

BEACHES

**The Australian Pub** 1014 Grand Avenue, Pacific Beach, 858-273-9921. A great place to take your kids after a morning at the beach. This relaxing pub, owned by a true-blue Aussie, offers heaps of good Aussie food. Try the Road Kill (grilled chicken breast with pico de gallo sauce and cheese, “run over” between two pieces of sourdough) or the Aussie Burger (half-pound patty, with a fried egg, cheese, bacon, grilled onions, beets, pineapple, and a side of steak fries). And for an “outback experience,” order up Vegemite (a beefy kinda paste) and four slices of bread — it’s the Aussie national food, mate. Lunch and dinner weekdays, three meals weekends. Inexpensive. — E.B.

**California Modern** 1250 Prospect Street, La Jolla, 858-454-4244. With a

new name and renovated for an even better ocean view, the former George’s at the Cove continues to serve Chef Trey Foshee’s ambitious, healthful California cuisine based on prime, seasonal ingredients and emphasizing sustainable wild seafood, local produce, naturally raised meats and poultry. The cooking style is a little lighter now, good for carb-counters, with only small amounts of starch on the entrées. The award-winning wine list offers few bottles under \$50, but many by the half-bottle or glass, including serious dessert wines. Full bar, creative “chef cocktails” with fresh fruit. Wheelchair elevator available but hidden (ask valet parkers); disabled can use neighbor Pasquale’s mens’ room on same floor. Vegetarians and vegans accommodated to order. Reserve well ahead. Dinner nightly. Very expensive. — N.W.

**Hancock Street Café** 3354 Hancock Street, Point Loma, 619-296-2060. If you spot Marilyn, Elvis, and Lady Liberty waving at you from the sidewalk, you’re here. They are life-size fiberglass look-alikes, but Mario is real, and his restaurant is a living shrine to jazz pianist Herbie Hancock. Mario has pianos, guitars, and drums inside — even a little stage where you’re often welcome to perform. The food? Italian home cooking. Mario is from New York and knows his pasta. You can usually expect a good-value special, like spaghetti and meatballs. Sometimes he’ll even throw in a bottle of red wine. Here among the little factories and auto shops of Loma Portal may be San Diego’s most popping cultural phenomenon. Worth investigating, even if you just want to eat. Open daily, 7 a.m. to 10 p.m. Inexpensive. — E.B.

**Jack’s La Jolla** 7863 Girard Avenue, La Jolla, 858-456-8111. This sprawling, glitzy restaurant has several venues serving steaks, seafood, sushi, and pub grub. In the Dining Room, the most formal and serious choice, Chef Tony De Salvo prepares a menu of refined, seasonal California-French cuisine featuring highly creative combinations of luxury in-

gredients and local products, full of unexpected touches, e.g., a duck breast pairs delightfully with cocoa nibs. When you move on to sweets, dessert chef Jack Fisher is one of the town’s best and boldest. An international wine list offers plenty by the glass, although bottles run high. Full bar. Vegetarians accommodated by request — ask and ye shall receive. Ask valet parkers for directions to wheelchair lift and elevators. Reservations urged. Dinners only in Dining Room, Tuesday through Sunday. Very expensive. — N.W.

**Lamont Street Grill** 4445 Lamont Street, Pacific Beach, 858-270-3060. PB’s most romantic restaurant serves California comfort food, punctuated by bold and sometimes strange Mexi/Asian/Cajun flavors, in a rambling converted residence with several rooms and levels. Dinners come with soup or salad, and many entrées are served over marvelous housemade fresh pasta. Salmon over fettuccine in a delicate dill cream sauce is especially fine. The huge array of desserts is housemade, too, with something for every palate. The most desirable tables (available first come, first served) are on a lovely fireplace-heated patio. Wheelchair ramp and parking in small lot behind restaurant (call ahead and they’ll save you a spot). Homey atmosphere; can get loud. Affordable wine list, full bar. Open daily, dinner only. Moderate. — N.W.

**Rum Jungle Smoothies and Deli** 4150 Mission Boulevard #153, Pacific Beach, 858-273-2227. Why do Brazilians have more fun? *Açaí* (ah-saa-ee). Why do Brazilians settle in PB? Maybe it’s because Rum Jungle Smoothies serves up *açaí*, the flesh of a Brazilian palm nut, for breakfast. The dark purple mush comes from the *açaí* palms that grow around the Amazon River delta. Rum Jungle adds granola, banana, strawberries, blueberries, mango pieces, and honey to make a surprisingly filling breakfast. Of course this bright little place has lots of other smoothies, too, along with sandwiches. But the *açaí* power fruit bowl is what keeps them coming back.

Open until 6 p.m. daily. Inexpensive. — E.B.

**Solare** 2820 Roosevelt Road, NTC Promenade, Point Loma, 619-270-9670. Lucky Point Loma! At this offshoot of the well-respected Bella Italia in P.B., the bill of fare is “green” — it’s creative, well-executed Northern Italian cuisine with Asian-fusion touches such as a luscious sea bream carpaccio with lychees. A chef with a second home in a Ligurian vineyard makes it all from scratch with mainly local and sustainable or organic ingredients, including Brandt natural beef. Many dishes are pure home cooking that you won’t find on typical restaurant menus even in the homeland. Huge wine list, full bar, wrap-around al-fresco patio dining and even a cute mini-lounge outdoors behind the restaurant. Inside, the architecture tends to magnify the noise level when the room is full, e.g., weekends. Pastas moderate, entrées expensive. — N.W.

**Tapenade** 7612 Fay Avenue, La Jolla, 858-551-7500. This is not only one of the finest restaurants in the county but in the country. Featuring sunny Provençal flavors, famed chef-owner Jean-Michel Diot offers superb seasonal ingredients treated with the consummate ease of a master chef. Among the special joys here are a sophisticated foie gras *torchon*, luscious free-range veal, and top-quality seafood, with garnishes that display an impressive balance of venturesome creativity and rigorous technique. Desserts are worth the calories, matching the style and flair of the earlier courses. And you don’t even have to dress to the nines for your first-class dinner — the sixes will do in the easy bistro atmosphere. Serving lunch (including a moderate two-course prix fixe) weekdays, and dinner daily (including bargain-priced three-course prix fixe “sunset dinners” Sunday through Thursday). Otherwise, expensive to very expensive, and worth it. — N.W.

**The Third Corner Wine Shop and Bistro** 2265 Bacon Street, Ocean Beach, 619-223-2700. Ed

Moore’s casual, loosey-goosey spot is first of all a wine shop selling most global bottlings for just 20% over wholesale. It’s \$5 to pop the cork there if you plunk down at a table among the racks to enjoy casual bistro-style food designed to go with wine. You can snack on goat cheese salad, smoked duck salad, a cheese plate or a pâté plate, or get serious with braised short ribs or duck confit surprisingly paired with spicy Nawlins red beans and rice. No reservations accepted, so best to go at off-hours or you’ll wait for a table. Comfortable lounge with fireplace for sipping. Full bar. No corkage charge after 11 p.m., when restaurant staffers drop in for after-work noshing. Lunch and dinner until 1 a.m.; Sunday brunch 11:30 a.m. to 3 p.m. (\$15 all-inclusive for food; mimosas extra); closed Monday. Low-moderate. — N.W.

**Zenbu** 7660 Fay Avenue, La Jolla, 858-454-4540. It was a natural for fisherman-restaurateur Matt Rimel to open a sushi bar/fish house featuring sparkling-fresh catch, much of it from his own boats. Sashimi and the simpler sushi are better here than the big party rolls, which can be lunkish. Don’t miss the sashimi of live local *uni* (sea urchin) served on its shell most weekends. Cooked fish entrées feature equally sparkling seafood, sometimes in almost goofily elaborate preparations. No reservations; 30-minute wait likely on weekends. Sushi bar is up a short staircase; dining room and patio tables are wheelchair accessible. Several vegetarian choices. Full bar, good sake list. Dinner nightly. Upper-moderate to expensive. — N.W.

BAJA

*From the United States use the prefix 011-52 when calling Mexico.*

**La Espadaña** Avenida Sanchez Taboada #10813, Baja, 664-634-1488. If you learn only one word of Spanish, learn this one: *Borrego*. Because this place does the greatest oven-cooked leg of lamb ever. The meat tastes as if

it were cooked in wine, garlic, and herbs, but the owners insist it’s just Tecate lamb baked slowly in its own juices with a bit of oregano. But most folks come here for beef — steaks and the popular beef fillet, sizzled at a big flame-and-smoke display counter BBQ grill. Vegetarian upon request. All terra-cotta and timber, this is where the local middle classes come for their cross-border food fix. Think Tijuana’s version of Mission Valley. Still, it’s charming, and you can have fun. For instance, don’t forget to ask them to ring the bells set in their *espadanas* (holes cut in the mission frontage) above the great arched wooden entrance door; they clank tunelessly, but they’re great for celebrating your 21st birthday. Mom getting her degree — whatever. Open for breakfast, lunch, dinner, seven days. Moderate. — E.B.

**Rica Torta** Niños Héroes Avenida #890, Baja, 664-685-8579. This café may have the best *tortas* (call them Mexican-style hamburgers) in Tijuana. Six-inch rashers of marinated carne asada, slices of ham, squares of cheese, chopped salad, tomato slices, fresh-scooped avocado...it’s a double-wide, double-high burger. The menu has 16 different kinds of *tortas*, from chorizo with eggs to beefsteak ranchero, all served in huge, three-ribbed, crisp-toasted Mexican bread buns. There’s other stuff, but to a burger buff, one of these is quite enough. Vegetarian upon request. Open seven days. Inexpensive. — E.B.

**Vallarta Natural** 1252 Boulevard Agua Caliente (just before El Toreo de Tijuana), Baja, 664-686-1560. Maybe the only smoke-free restaurant in Tijuana, this vegetarian haven was started in 1996 by health-conscious Doctor Georgina Vallarta de Alcantar. They make their own yogurt, soy hash, breads, rolls, salsas — and “meats” like a veal from their own wheat gluten — daily. You sit at wood tables and chairs next to blue-framed yellow walls splattered with Talavera ceramic suns. At breakfast, try the *tartaleta vallarta*, a mix of eggs, spinach, mushrooms, onions, and chile. For lunch (and it’s



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Please call for reservations. Order one feast and receive \$10 off the second feast. One coupon per couple, maximum three coupons per party. Dine-in only. No sharing. Not valid with any other offer or on holidays. Expires 7-24-08. With this ad.

**Daily Lunch Specials 11:30 am-3 pm**

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## MARRAESH

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**Costa Mesa** 949-645-8384 • **Studio City** 818-788-6354



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# Calendar

## RESTAURANTS

usually busiest around three), their excellent soup, *caldo tlalpeno*, packed with cheese, rice, avocado, and chile, will fill you nicely. The soy *hamburguesa* is good, but go for the *torta*, which has that gluten *milanesa* along with cheese, avocado, and jalapeno. Good organic coffee. Wonderful juices, especially the cactus — if you need cleaning out. Open 7 a.m. to 7 p.m. daily. Inexpensive. — *E.B.*

### CENTRAL

**El Agave** 2304 San Diego Avenue, Old Town, 619-220-0692. The menu celebrates three great pre-Hispanic

cuisines — Aztec, Mayan, Nahuatl — with discrete admixtures of France, Spain, and Italy. (It's the history of Mexico on a plate.) Among the highlights are the five different Oaxacan moles (plus a sixth from Chiapas), local sea bass in tangy jamaica (hibiscus) sauce, and a unique appetizer, *tlacogitos cuitlacoche*, ovals of blue corn masa topped with a sort of “mushroom” that grows on corn ears. (In English it's called “corn smut,” but it tastes much nicer than that sounds.) The bar stocks at least 1700 tequilas and makes a food-friendly on-the-rocks margarita with fresh fruit juices. Reservations recommended. Wheelchair access difficult (steep ramp). You'll find upscale, unusual Mexican specialties in an intimate Spanish-style dining room or on a small heated balcony. Open daily, lunch and dinner. Moderate. — *N.W.*

**Anthology** 1337 India Street, Little Italy, 619-595-0300. This spiffy, multilevel nightclub offers pleasant, user-friendly, modern-American cuisine

(local produce, natural meats, wonderful breads) conceived by consulting celeb-chef Bradley Ogden. But when good musicians are cookin' on-stage, the eats are liable to become mere background music for the mouth. A great date venue for jazz lovers. \$15 minimum (easy to meet on beverages alone) or \$5 cover when there's live music. No cover charge Tuesdays and some Sundays — otherwise ticket prices (bought separately) vary, plus \$15 to \$20 minimums (easy to meet). Wine list is fine and wide ranging but starts high and escalates sharply, plus full bar with fruity cocktail creations as well as classics. Dinner only, Tuesday through Sunday. Expensive on up, if you drink anything but tap water. — *N.W.*

**Blue Water Seafood Market and Grill** 3667 India Street, Mission Hills, 619-497-0914. This bright, clean charmer a half-block south of El Indio has a double identity: First, it's a retail fish market; aside from Whole Foods, this is the only restaurant-quality fresh raw seafood south of I-8 and west of City Heights. If you love oysters, don't miss the big, buttery bivalves here. Second, it serves simple, terrific seafood to eat in or out. Plates are plastic, but don't look for greasy fried stuff. Entrées are grilled gently until perfectly done, topped with your pick of flavors (the lemon-garlic butter is especially tasty) and come with rice and a huge salad with your choice of terrific house-made dressings. If indecisive, ask what's best that day. The overstuffed grilled fish tacos are messy and perfect, with just the right proportions of ingredients. Good choice of beers; a few affordable wines; \$5 corkage for BYOW. Reachable only by driving north on India. Metered street parking by day. Open daily, lunch and dinner. Inexpensive to low-moderate. — *N.W.*

**Bombay Exotic Cuisine of India** 3975 Fifth Avenue, Hillcrest, 619-298-3155. We're talking northern India here, right? That means lots of lamb, potatoes, creamy sauces, tandoor-baked breads, chicken, and less

of the south's mouth-scalding heat. At least in its daily buffet, Bombay's a lot less spicy (though their *sag paneer* — creamy, cheesy spinach — delivered a surprising punch). The buffet includes tandoori chicken, assorted *pakor*as (lentil-batter fritters), mock duck, chicken tikka, and, if you hit the right day, an addictive mango soup. If you want meat or spicy food, best to order from the menu — say, a creamy tikka masala with lamb, or long kebabs of minced lamb (kebab curry), or the rich Bombay Coconut Malai. Tell them whether you want it mild, spicy or, for leather-mouths, *tikki*. For a cheap, light meal, try a couple of lamb samosas. And be sure they bring the chutneys, India's real unexplored treasure. Lunch and dinner; buffet at lunch and Monday evenings only. Sister restaurant, Monsoon, 729 Fourth Avenue, Gaslamp, 619-234-5555. Moderate. — *E.B.*

**Brians' American Eatery — Hillcrest** 1451 Washington Street, Hillcrest, 619-296-8268. Note the apostrophe: Not one but two Brians have taken over what had been Topsy's, a venerable coffeehouse/eatery for 40 years. They've done a good job of cleaning it up without gutting the fifties roadhouse character. It's open all night on weekends, and late night is quite a scene. But for a lot of people, breakfast is the thing. The Brians' eight-ounce charbroiled top sirloin steak with eggs and country potatoes is a great Saturday morning treat. Or the “Hey Ricky!!!,” an omelet with chorizo, avocado, green chiles, onions, and cheeses. Or ask for their off-menu breakfast special — it's always cheaper. Another good thing: coffee comes by the thermos-full. Three meals until 10 p.m. Sunday through Thursday; open 24 hours from early Friday morning until Sunday evening. Inexpensive. — *E.B.*

**Brickyard Coffee and Tea** 675 West G Street, Downtown, 619-696-7220. The problem, if you're rich enough to live in the Marina District, is the lack of café life. That is, until

this modest little eatery and café settled in next to the tracks by the Seaport Village trolley stop. You sit under 11 poplar trees in a brick patio that has one unusual downtown advantage — except for the wind sifting through the poplars (or a trolley pulling in), it's completely silent here. Sipping coffee and reading your paper is the thing here, but you can fill up, too, with items like Texas chili, or grilled cheese and tomato sandwich with a cup of chili, or spinach and mushroom quiche with a small Caesar salad, or *panini*. You can also order half a sandwich — turkey, ham, beef, or tuna — with a cup of soup or Caesar salad. It's the nearest thing to a French country café. Open early morning till 3 p.m. daily. Inexpensive. — *E.B.*

**Bully's East** 2401 Camino del Rio South, Mission Valley, 619-291-2665. Despite the plasma TV sports screen, this place is very '60s. For example, dark, woody, plush red booths. And always crowded. Word is, they serve more prime rib with au jus and horseradish than any eatery in San Diego. The Petite Cut 8 ounce, their smallest, fills you plenty, with its baked potato and salad. But just once, come here with your main squeeze and order up the “full cut for two.” It hangs ten over the edges. Or go bonkers and order the 32-ounce cut (available in Mission Valley) — just to watch your neighbors' eyes bug out. Not flush? Try the Bully Burger, French dip sandwich, or calamari sandwich. Lonely? Go to the horse-shoe-shaped Low Bar. Lunch and dinner daily. — *E.B.*

**Chicken Pie Shop of San Diego** 2633 El Cajon Boulevard, North Park, 619-295-0156. How much do people love this place? Count the chickens lining the walls — ceramic, wood, beaded, painted, even feathered. Hundreds. They're gifts from generations of customers. Now, as in the 1930s when it started up, the basic chicken pie comes filled with big chunks of chicken meat, doused with white gravy and accompanied by mashed potatoes, veggies, coleslaw, a roll, and

dessert — like the delicious pineapple pie available Mondays — all for one really low price. The menu also offers fried chicken, burgers and steaks, but 90 percent of customers still order that same old chicken pie. Seven days. Cash only. Inexpensive. — *E.B.*

**Chive** 558 Fourth Avenue, Downtown, 619-232-4483. Here you'll find a new cuisine for the upscale residential neighborhood rising around the restaurant. Diners can choose an adventurous meal or an evening of sophisticated comfort food. Urbane multicultural fusion dishes dance cheek to cheek with remade American classics and the occasional sleek French luxury dish. A “grazing menu” features small bites for folks on a diet or on the run. The menu changes seasonally. — *N.W.*

**La Doña** 1784 Newton (at Beardsley), Southeast San Diego, 619-233-4939. This café is steeped in Mexican history, especially Barrio Logan history. You half expect to see several L.A. zoot-suitors drift in as you inspect the black-and-white shots of the late actress Maria Felix (Mexico's Marilyn Monroe) or the great photos of the Mexican Revolution that include Zapata and Pancho Villa. The place has been here for 63 years, and old-timers say it reminds them of long-ago cafés in Los Angeles, Modesto, or Madera. The food is home cooking, Mexican style, with meals like scrambled eggs and chorizo with rice and refried beans. Watch out for the pot o' salsa — it's a real jaw-slammer. Other dishes to sample include *chicharrones*, *menudo*, and *pozole*. Seven days, breakfast to late lunch. Inexpensive. — *E.B.*

**Fleming's Steak House & Wine Bar — Downtown** 380 K Street, Downtown, 619-237-1155. A steakhouse for ladies who power lunch, an “old girls” club, or just a happy place where the term “a nice piece of meat” isn't a bad thing? The mahogany of the “old boys” steakhouse genre gives way here to cheery cherry wood. When you get the fried cheese, it's Brie, rolled in panko bread crumbs and slivered almonds. And the wine



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list boasts far more than just burly Cabernets and Bordeaux — over 100 of the far-flung offerings are available by the glass, and you can assemble your own three-glass tasting flights. Prime steaks are the main event, perfectly cooked and well-seasoned. Try the key lime pie for dessert — custardy and full of limey bite. Valet parking. Dinner nightly. Very expensive. — A.M.

**Gourmet India** 810 Fourth Avenue, Downtown, 619-702-7967. Most local Indian restaurants share nearly identical panregional menus (yawn). Gourmet India, in contrast, serves authentic regional delicacies you won't find at the clones. Don't miss the distinctive appetizers, especially the crunchy sev poori (wheat wafers with a vibrant, spicy fresh topping), the bel poori (India's favorite railway snack), or southern India's uttapam, pancakes (made of cream of wheat) resembling soft, exotic mini-pizzas, accompanied by a coconutty fresh chutney. Peshawari naan is a spectacular tandoor-cooked bread stuffed with cashews, raisins, and fresh cheese, and tandoori chicken wings are tender and savory with their lively green dipping sauce. Entrées include the rarely seen mirchi tikka, tender boneless chicken from the tandoor, steeped in a bright, spicy, lime-juice marinade. Madras Fish in coconut milk is a delicious southern-style coconut milk curry, and the house specialty, Bombay Chicken, is a salty and oddly homey-tasting stew. Interesting and appropriate wine list; numerous Indian and international beers. You can eat royally on a prosperous peasant's budget. Lunch and dinner daily. (Parking not validated at Horton.) Moderate. — N.W.

**Grant Grill** 326 Broadway, Downtown, 619-232-3121. The hotel has reopened after its \$52-million renovation, and it's looking magnificent. The Grant Grill, too, is changed and freshened. In days of yore, the bill of fare combined French haute cuisine with British hotel-grill staples. Now it's thoroughly Southern Californian (although they did resurrect the fabled mock turtle soup in response to diner pleas) with nods to the "slow food" movement. Well-raised meats, local produce, and artisanal products include housemade burrata mozzarella and herbed bread. Entrées are large, rather salty, and have fine side items, but there's still a basic conservatism at work. Nothing here to scare the horses. Appetizers and amuse-bouches are more engaging than entrées, while desserts are in the "needs more work" stage. Serving pace, especially on busy evenings, is slow. But the town's movers and shakers are back at their old favorite haunt. Breakfast, lunch, and dinner daily. Very expensive. — N.W.

**Huffman's Bar-B-Que** 5039 Imperial Avenue, College Area, 619-264-3115. This café has a huge multigenerational following, some famous — check out their wall photos, in which Jesse Jackson and Muhammad Ali are just two — and some not so famous. The big draw is Huffman's fabulous Southern soul food. Try their gravy-smothered fried chicken served with collard greens, yellow peppers, red beans, rice, and white mopping-up bread, or their Louisiana Creole gumbo, thick with crab, shrimp, links, ham, and chicken. Other fine eats include the catfish sandwich and half-pound rib tips. Open daily, lunch and dinner, to 11 p.m. weekdays, 1 a.m. Friday and Saturday. Inexpensive. — E.B.

**Ikea Restaurant** 2149 Fenton Parkway, Mission Valley, 619-283-6166. Central shrine for San Diego's 10,000 Swedes, so they say. They come to taste open-faced sandwiches, salmon, shrimp, and meatballs again. This restaurant inside Sweden's wildly successful home interiors chain is a great intro to Swedish tastes. The food's more sensible than exciting, of course. But healthy — beef and pork for the meatballs are guaranteed hormone-free. You eat the meatballs with Swedish lingonberry (not cranberry) sauce. Seafood is big: the shrimp open-faced sandwich, the salmon plate with potatoes and broccoli, and the Gravad Lox Plate (cured salmon) are always on. And if you want to be disgustingly healthy, chew on their fresh vegetable plate (raw carrot

sticks, cauliflower, garbanzo beans, and mushrooms). All for a song. The only health hazard: hordes of babies and kids romping in the restaurant's mother-friendly play area. Inexpensive. — E.B.

**Jade Theater** 701 C Street, Downtown, 619-814-5125. The fusion menu here mingles flavors from all over Asia (particularly Southeast Asia), under the eye of long-time Japengo chef James Montejano. The first floor is a bar, the lower floor is a nightclub evoking a sinful Shanghai of the 1930s, and the spare, spiffy dining room (plus party and restrooms) are upstairs (with elevator access), overlooking the action. The grazing is grand here: Hors d'oeuvres are called "Tease" and appetizers are called "Taste," and those are the flashiest, happiest dishes on the menu. Standouts include the signature Jade shiitake bites, the Hokaido scallops on kim chee pancakes, the spicy fried calamari with two dips, and the depth-bomb bisque included in a Maine lobster "trilogy" plate. Many entrées are on the sweet side; best bets if you don't like dessert before dessert are the miso-glazed mero and the surf and turf (lobster/rib eye). Chef's prix-fixe dinners for up to 10 can be arranged. Full bar, rather expensive wines. Room gets loud around 8 p.m. when DJ downstairs cranks up the lounge music. Business-casual dress, but many women wear vampy date duds. Reservations vital. — N.W.

**Jimmy Carter's Cafe** 3172 Fifth Avenue, Hillcrest, 619-295-2070. This comfy, middle-class eatery has a surprise — great Indian breakfasts (until 11:20 a.m. weekdays, 3 p.m. weekends). Try their chicken curry or *pessaratu* (mung bean cripes with onions, peppers, ginger, *dhal*, and chutneys). Or vegetarian *vindaloo*. Jimmy (no, not the ex-pres) does Chinese too — like the Mongolian beef (Chinese vegetables and beef in a hot chili sauce over rice or noodles), or good Mexican dishes such as chili verde (pork or chicken simmered in spicy tomatillo sauce). But center stage is his all-American Jimmy Burger (1/3-pound patty with potato or carrot salad). One bonus: a fine tangential view of Balboa Park's lawns and trees. Open daily, breakfast through dinner. Inexpensive. — E.B.

**Joe's Crab Shack — Mission Valley** 7610 Hazard Center Drive, Mission Valley, 619-574-8617. Joe's is silly with crab-shack ambience (campy nautical paraphernalia on down to souvenir gimme caps), but the food's not bad. You can choose buckets of steamed, barbecued, or garlic crab (of various subspecies), or go for fried or grilled seafood or steaks, or salads. Grown-ups may prefer the patio to the rockin', raucous interior. Full bar, not much wine. Inexpensive to low moderate. Also in Oceanside, Pacific Beach, and downtown. — N.W.

**Lightnin' Jacks BBQ** 4705-H Clairemont Drive, Clairemont, 858-270-8227. Clean, cute, and a little self-conscious, this barbecue has black-and-white Western pictures on the walls and some seating on barstools with metal "saddles" (more comfortable than they look). The barbecue mechanism is a Texas-style pit smoker burning sweet hickory. The meats that emerge from it aren't the smokiest, but they're tasty enough. Pork ribs are tender and moist, and beef brisket carries enough smoke flavor to pass muster in Texas; other meat choices are less successful. The tomato sauce is pleasant but ordinary. A fried catfish plate makes a flavorful alternative (but beware the cat sandwich, awash in hot sauce). Hush puppies and sweet potato fries are the most savory sides. Check your take-out bag to make sure you're getting what you ordered, as youthful staff is easily flustered. Kiddie plates available. Draft beer and wine available. Open daily, lunch and dinner. Inexpensive to moderate. — N.W.

**The Linkery** 3386 30th Street, North Park, 619-255-8778. The artisanal "slow food" cuisine here features local ingredients and made-from-scratch preparations. Despite the name, there's a full menu that includes tasty grilled vegetable appetizers and some fine entrées. But the focus is on the side dishes of fresh sausages made daily on-premises.

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These vary not only in composition but in palatability. Good ones include chicken curry, *linguista*, Polynesian pork. Venturesome international wine list at low markups, plus international beers and Mexican Coca-Cola (better tasting than U.S. made). Small parking lot (enter by alley on Upas just east of Jack in the Box). Noisy even when nearly empty. No reservations. Dinner daily until 11 p.m. Moderate. — N.W.

**Lou and Mickey's** 224 Fifth Avenue, Downtown, 619-237-4900. The one-time ornate Royale Brasserie across from the convention center finally had to bow to conventional tastes and simplify into a fifties-style steak-and-seafood house. Kings Seafood is still the owner, so the fish quality remains fine. The fare is simple, with minimal sauce or garnish; vegetables cost extra, coming in large portions but merely adequate preparations. Best dishes include BBQ Shrimp, Manales' Style, a buttery, spicy New Orleans extravaganza (available as starter or entrée), and the huge, juicy rib-eye Cowboy Steak. Valet parking at door. Wraparound heated dining patio. Noisy in dining room near bar; request "Nude Room" for quiet. For interesting wines at good prices, look into "Adventures" sections of the list. Dinner nightly, weekends until 11 p.m. Fish moderate, meats expensive. — N.W.

**Oceanaire Seafood Room** 400 J Street, Downtown, 619-858-2277. Oceanaire serves all manner of fresh seafood, including some rare species, from simple preparations to complex dishes with international influences (France, Italy, Asia, Louisiana, fusion). Fusion-y appetizers range from crab cakes (among the best in town) and lively El Diablo fried squid to disappointing oysters Gatesafellar and laughable Cajun-rubbed prawns. ("Eh, Soileau! C'mere, let me rub these prawns on you!") Of a menu comprising some 30 entrées, the best dishes tend to be the least ambitious choices from the Simply Grilled and Broiled section. Or you can gamble on more elaborate but risky composed entrées — e.g., fire-roasted Mano de León scallops in an Asian-style treatment are earthy and delicious, but spiny lobster is buried under an overwhelming, incoherent sauce. Let K.I.S.S. be your guideline. Vegetables and side dishes, served family size at extra charge, aren't wonderful. Housemade desserts are pretty good and sized for groups. The oyster bar is a pleasant separate area for snacking or seasonal special dinners; in season, the Kumamotos are superb, other varieties less thrilling. Reservations urged, especially on weekends. Dinner daily. Happy hour at oyster bar moderate, dinner very expensive. — N.W.

**El Pollo Loco** 2795 Main Street, Logan Heights, 619-595-0847. Additional locations in Midway, Carmel Mountain, Chula Vista, El Cajon, Lemon Grove, National City, Poway, and more. This Mexican-style chicken chain offers healthier, tastier fast food. The flame-broiled poultry has crisp, richly seasoned, very salty skin; the flesh can vary from barely done to overdone, but usually is just right. The bird (or any assortment of its parts) comes with sage gravy, tortillas, and a choice of side dishes that includes rich, sweet black beans, crisp and clean coleslaw, great gooey-cheesy macaroni, and passable mashed potatoes. Help yourself to salsas (there are four varieties), chopped onions, lemons, cilantro, hot peppers. But stick with the chicks — the taqueria-style choices are barely better than

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Taco Bell. Check for daily specials, wherein a small amount of cash will buy a huge amount of highly palatable poultry. Open daily, lunch and dinner. Inexpensive. — *N.W.*

**RA Sushi** 474 Broadway, Downtown, 619-321-0021. Big and splashy, this Arizona-based chain restaurant tries to create a high-energy party atmosphere with loudish music and louder “Oriental” decor. Its grazing menu features sushi, sashimi, and hosts of Asian-oid appetizers, plus a few substantial noodle dishes and entrées. The food’s a mixture of the dire and the delicious — old, pulpy *edamame* versus magnificent miso soup, delicate dilled salmon and desiccated *katsu*. The sushi rice is well seasoned, but the products are inconsistent from hour to hour and roll to roll, depending on how long ago the seafood was defrosted and how recently the rice was cooked. You take your chances, but it’s fun anyway. Numerous Asian beers and sakes, affordable wines, full bar specializing in fancy cocktails. Those with fading eyesight may need a penlight to read the menu. Daily, lunch through dinner, to 1 a.m. Bar open to 2 a.m. Moderate. — *N.W.*

**Ranchos Cocina — North Park** 3910 30th Street, North Park, 619-574-1288. At both locations of this delightful mini-chain you’ll find healthy, creative Mexican and vegetarian cuisine in cheerful, tropical-style settings burgeoning with plant life and craft objects. A big plus: zero attitude. You don’t have to be vegetarian to enjoy full-flavored combinations that are as creative as they are wholesome. Try anything with lobster or calamari steak — in fact, all the seafood here is pristine. And sample something with the housemade mole sauce of a zillion ingredients. Actually, try...anything. (Well, the

chicken breast is as dry here as everywhere else. Try anything else.) Open daily breakfast through dinner. No reservations, but call ahead for large parties. Inexpensive. — *N.W.*

**The Ritual Tavern** 4095 30th Street, North Park, 619-283-1618. North Park is becoming a hotbed of ethical food culture, and Ritual is one of its proponents. At this cozy, civilized, Old World–style pub where the music always plays softly enough for conversation you’ll find classic pub dishes plus some more exotic forays, cooked with consistent care to emphasize the fine, natural flavors of humanely raised Niman meats, gourmet Jidori chicken, locally grown organic vegetables. Want a burger? The ketchup is made in-house. The wildest dish is a tasty, mouth-filling, étouffé-thick “Saddlebrush” (Yankee gumbo that’s not remotely Cajun or Creole (it’s got carrots — and no okra or filé!), served over long-grain wild rice instead of the sticky white stuff. Vast list of local and international artisan beers includes a Porter milkshake for dessert; nearly all of a dozen affordable international wines are available by the glass. Soft drinks include Mexican Coca Cola (made with cane sugar, not corn syrup). Small parking lot behind restaurant. Several vegan and gluten-free menu items. Dinner Tuesday through Sunday to 11 p.m. Moderate. — *N.W.*

**Sammy’s Woodfired Pizza — Downtown** 770 Fourth Avenue, Downtown, 619-230-8888. It’s not Italian or New York pizza, it’s...San Diego pizza! The crusts are Californian: thick and slightly sweet. The toppings range from ordinary to exotic. The menu includes many salads and a handful of American-Italian entrées. Continuous service, same menu lunch and dinner. Open daily. Inexpensive. — *N.W.*

**Sang Dao** 4212 National Avenue, Logan Heights, 619-263-0914. Laos has an exotic Shangri-La thing about it, yet the large family that runs this eatery will tell you Lao food is quite plain and simple: vegetables, freshwater fish, chicken, pork, occasional

## What the Chef Eats

**PARKHOUSE BENEDICT**  
BY GILBERTO VILLAREAL, CHEF  
*Parkhouse Eatery*

I like cooking meat with crazy sauces. Sometimes rib-eyes. Sometimes ribs or pork tenderloins with pomegranate balsamic vinaigrette. But I like breakfast too. The Parkhouse Benedict is a twist on both eggs Benedict and the classic BLT.

Growing up, my mom was a great cook and used a lot of chorizo. I

started in the kitchen as a dishwasher at the Crab Catcher when I was 24 and I worked my way up. I met Tommy Golden there, who showed me how to make sauces and how to cut meat and fish. Now I get my ideas from magazines and other restaurants. I’ll try certain dishes and I’ll think, *Oh, I know how I can make this better.*

beef, sticky rice, and noodles. But taste their delicious spicy catfish and you’re right back at exotic. Thai basil, garlic, and most of all, the gingery *galanga*, a.k.a. “Laos root,” help make it un-fishy. Other must-trys: BBQ beef, *som yum* (papaya salad), and especially the spicy salad with minced meat called *larb* — closest thing to the national dish. The surroundings here may be homey, but not the excellent cuisine. “Sang Dao”? It means “Star Light.” Open 10 a.m. to 8 p.m. six days, closed Monday. Inexpensive. — *E.B.*

**Shakespeare Pub** 3701 India Street, Mission Hills, 619-299-0230. Probably the most convincing English pub in town. The Bard’s brew-house boasts bare-board floors, diamond lead-glass windows, and authentic

Brits sitting around the bar quaffing ale from their own pewter mugs. Pub grub is bluff and plain spoken. Shepherd’s pie, bangers and mash, ploughman’s plate (the pickled onions and cheese, Scotch egg, and Branston pickle make it the real thing) — all are great with rich English beer, say, a Boddington’s Pub Ale. Sunday’s roast beef dinner is worth dragging yourself out of bed for, too. The pub includes a shop that sells British goods. Breakfast weekends, lunch weekdays, and dinner daily. Inexpensive. — *E.B.*

**Sixth Avenue Bistro** 1165 Sixth Avenue, Downtown, 619-239-4194. This charming, airy café offers some very credible New Orleans-style cooking at affordable prices. Among the sandwiches are an outstanding oyster

## INGREDIENTS

### *Avocado-Hollandaise Sauce*

3 avocados

3 oz. sliced onions, sauteed in olive oil until tender

8 egg yolks

4 oz. melted butter (1 stick)

1 oz. lemon juice

4 oz. half-and-half  
salt and pepper to taste

### *Poached Eggs and Bacon*

9 slices smoked applewood  
bacon



3 slices grilled focaccia bread

1 T vinegar

1/2 tsp salt

6 eggs

6 slices tomato

minced parsley (optional)

## NORTH INLAND


**Centre City Café** 2680 S. Escondido Boulevard, Escondido, 760-489-6011. In the quiet little “motel row” just north of Lake Hodges, this cute, friendly café serves classic American diner food, including all-day breakfast. The chicken-fried steak is exemplary, with a crackly batter crust and a smooth, peppery cream gravy. Several cuts of USDA Choice steaks are offered at rock-bottom prices, and early-bird dinners and daily specials offer amazing bargains. You can eat inside, in a coffee-shop ambience, or chow down on the dining terrace in front. Open daily, three meals. Huge portions, low prices. — *N.W.*

**China Max** 4698 Convoy Street, Kearny Mesa, 858-650-3333. The decor is plain and bright, the sound level loud, but this is a major resource for authentic Hong Kong cooking — creative and multiregional, filtered through the refined wizardry of the genuine Cantonese style. The seafood aswim in the live tanks includes such delicacies as black cod (bony but wonderfully sweet), Dungeness crab, and (if you’ve got the money) abalone — but even inexpensive, homey dishes (e.g., wonton soup, crabmeat cakes) sing with flavor. Call ahead for reservations to avoid a wait at the door. A Pan-Asian community throngs here, for good reason. Lunch and dinner daily. Inexpensive to exorbitant but mainly moderate. — *N.W.*

**Fiore’s** 777 Harrah’s Way, Valley Center, 877-777-2457. This is where Valley Center goes to celebrate special occasions. An island of serenity in the cacophonous casino, the restaurant offers fine certified-Angus grilled steaks and chops of various species. For a starter, the shrimp margarita is delicious. Choices include numerous seafood entrées, and for lighter eating there’s an oyster bar attached. The best attraction is the long, adventurous wine list, offering international bottles at bargain prices with by-the-glass choices galore. Half the fun is matching wines to foods. The beer list is sophisticated, too, as are well-priced cognacs and aged ports. Business-casual dress code. Kids allowed in casino restaurants, not in gambling area. Reservations advised for weekends. Open for dinner daily. Moderate to very expensive in restaurant. — *N.W.*

**Pho Hoa Hiep — Mira Mesa** 9910 Mira Mesa Boulevard #A, Mira Mesa, 858-578-1468. This *pho* (soup) place of the brothers Hoa and Hiep is a clean, busy eatery near hi-tech offices. It’s popular at lunch and dinner, partly because of frequent two-for-one deals. Try the #1, *Dac Biet Xe Lua*, an extra large bowl of soup filled with rare steak slices and well-done brisket, flank, tendon, and tripe along with mint and bean sprouts. A popular breakfast *pho* is French bread with

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**Cut Rolls:** California, Caterpillar, Cucumber, Philly, Rainbow, Crab, Soft Shell Crab, Spicy Tuna, Tempura Shrimp, Vegetable, Yummy, Firecracker, Seafood Dynamite, Shrimp

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**GINZA  
SUSHI**



What the Chef Eats

HOW TO DO IT  
Preheat the oven to 350 degrees.

In a food processor, combine the avocado and sautéed onions. Slowly add in the egg yolks one at a time, whirring as you go, then melted butter and lemon juice. Slowly add in the half-and-half and salt and pepper to taste.

Arrange bacon on a wire rack in the oven, placed on a foil-lined bak-

ing sheet. Cook bacon for 15–20 minutes or until cooked to the desired level of crispness (you can also cook it in a skillet, turning frequently).

Grill the focaccia bread or toast in the oven.

While the bacon cooks, bring water to a simmer on the stove in a pan at least three inches deep. Add vinegar and salt to the water. Break each

egg into small bowls or cups and slip eggs carefully into slowly simmering water by lowering the lip of each egg cup 1/2-inch below the surface of the water. Let the eggs flow out and immediately cover the pan with a lid and turn off the heat. Let sit for three to five minutes and lift eggs out gently with a slotted spoon.

Place bacon and tomato on top of grilled

focaccia. Place two eggs on top of each focaccia toast and cover generously with avocado-hollandaise sauce. Garnish with chopped parsley if desired.

This recipe serves three.

To get an online version of this column, go to sdreader.com. You can print it, email it to friends, and get other recipes from different local chefs.

p.m. to 9 p.m.), which includes cooked seafood, sushi, and sashimi. Moderate to expensive. — E.W.

**California Pizza Kitchen — Solana Beach** Highway 101, Solana Beach, 858-793-0999. Two Beverly Hills lawyers started this chain in 1985 to exploit “the premium pizza segment.” Some 150 restaurants later, guess it worked. The place is all shiny chrome, glass, etched palm trees, golden wood and black furniture, and two pizza ovens with real logs burning inside. The Original BBQ chicken pizza, the chain’s first hit, is still their top seller. It has barbecue sauce, smoked Gouda and mozzarella cheeses, BBQ chicken, red onions, and cilantro. The BBQ chicken chopped salad is good too, as is the jambalaya. If you’ve got a sweet tooth, but are embarrassed to order Hawaiian pizza, try the pear and Gorgonzola. It has caramelized pears, caramelized onions, Gorgonzola and other cheeses, and hazelnuts. Inexpensive to moderate. — E.B.

**Corner House Café & Pizzeria** 11815 Sorrento Valley Road, Carmel Valley, 858-755-3183. This must be the last farmhouse standing in Sorrento Valley’s glassy, glossy business park. Corner House Café shares the nearly century-old, yellow, two-story clapboard house with Lily’s Closet Café and Caliente Mexican Food. You eat outside in patios and gardens among flowers, fountains, farm carts. It feels like the country. Sandwiches reign. Try the Ironman sandwich (chicken, avocado, cheese) or Sorrento’s Choice (turkey, cream cheese, sunflower seeds). Also terrific are the full meals. No fancy tableware, but dishes like chicken tequila fettuccini with its green pasta and sinful golden creamy sauce are sophisticated, delicious, and interesting. Open daily till 5 p.m. (3 p.m. Saturday, closed Sunday). Inexpensive. — E.B.

**Joey’s Smokin’ B-B-Q — Carmel Valley** 4645 Carmel Mountain Road, Carmel Valley, 858-350-1317. Joey Maggiore doesn’t produce Southern “Q” so much as So-Cal “Q” — more an homage to Memphis than

anything you’d find in Memphis itself — but the tables include paper towel dispensers instead of napkins, a clear signal to go ahead and get messy. All the meats are smoked, not grilled, in true “Q” fashion. Pulled pork offers reasonably credible Memphis-style flavor and tender-chewy texture. Baby back ribs come in three versions: sweet ribs glazed with the “sub-weet” sauce, wet ribs glazed with the mild-spicy sauce, and dry-rubbed ribs sprinkled with spice rub. Sweet or wet are the best. Chicken plates come in a variety of sizes and parts. Housemade hot links are well seasoned in the Louisiana manner but extremely salty. The list of sides is long and varied. Lunch and dinner daily. Inexpensive to moderate. — N.W.

**Juanita’s Taco Shop Estilo Tepatitlan — Encinitas** 290 North Coast Highway 101, Encinitas, 760-943-9612. Enticing aromas of fresh tortillas and fragrant frijoles greet you as you enter this busy little taqueria, where the food’s cooked in the style of Tepatitlan, a small city near Guadalajara. Its local specialty is carnitas — which Juanita’s does up (by the plate or by the pound) as tender, non-greasy shreds, served with fresh, cilantro-laden mild tomato salsita. Standard wraps are fine, too, and the beans taste as good as they smell. Try a “Flying Saucer” — it really takes off, with shredded meat, onions, mild chiles, beans, sour cream, shredded orange cheese, and puréed guacamole riding high on an airy crisped flour tortilla. Open daily, three meals, until 3 a.m. Friday and Saturday. Inexpensive. — N.W.

**Kealan’s** 137 West D Street, Encinitas, 760-942-5642. Tucked between a 7-Eleven and a pizzeria, with an exterior sign that says “Saimin” (for Hawaii’s version of Top Ramen), this island of the Islands prescribes “Living Da Aloha Spirit.” A ukulele player sometimes serenades the noonday crowd at the sidewalk tables, and at any hour the food is “plate lunch” — two scoops of short-grain rice, mild house-made macaroni salad, and a choice of authentic “grines.” Don’t

beef juicy cube soup. They also have rice dishes. And try the traditional fruit drinks, maybe the *Xam Bo Luong*, a combination of loganberry, black dates, seaweed, and lotus seeds in syrup. Lunch, dinner daily. Inexpensive. — E.B.

**San Diego Artisan Bakers** 1551 South Escondido Boulevard, Escondido, 760-740-5963. This European-style bakery specializes in hearty, handcrafted, slow-fermented breads made from natural ingredients. Recipes of the 24 loaves are from France, Italy, Germany, and the U.S. These loaves have textures and depths of flavor you’ll never find in super-market-bakery breads. And for breakfast or a snack, there’s nothing better than settling on the front porch with a cup of espresso and one of the moist and chewy scones. Open Monday through Saturday, morning to late afternoon. Inexpensive. — N.W.

**Sand Crab Cafe** 2229 Micro Place, Escondido, 760-480-2722. Sandy Crabbe (honest, that’s his name) owns this fun, funky dive in the wilds

of industrial Escondido near the San Marcos border. A visit offers the primordial, preschoolish joy of whacking crabs to pieces with mallets and eating them with your hands. (Bibs are optional.) Everybody gets into the party spirit. There’s a huge à la carte list of appetizers, soups, snacks, and main courses, often at bargain prices. Entrées include several crab-bucket combos, cooked to a well-seasoned boil with corn, potatoes, and spicy Louisiana sausage. Most of the shellfish were flash-frozen on shipboard, but they’re still tasty. The melted non-butter “spread” accompanying them appeals to the area’s many health-conscious residents. (Or you can BY-OButter and they’ll melt it for you.) Fine tangy housemade key lime pie is a perfect finale. Beer and wine and good margaritas. Open daily, lunch and dinner. Inexpensive to moderate. — N.W.

**Spices Thai Cafe — Rancho Bernardo** 16441 Bernardo Center Drive, Rancho Bernardo, 858-674-4665. Superb Thai restaurant that’s

not only elegant but whose food contains no MSG and very little fat. The seafood dishes rate highly. Among other delicacies are duck and frog legs. Put Spices Thai Café at the top of your list. Open daily for lunch and dinner. Inexpensive to moderate. — E.W.

NORTH COASTAL

**Blanca** 437 South Highway 101, Solana Beach, 858-792-0072. The opening of sleek, sophisticated Blanca marks the arrival of our first 21st-century restaurant, highlighting perfect seasonal ingredients so radiantly and originally prepared that diners must rouse to rapt attention. Chef Wade Hageman, a protégé of renowned SF/Vegas chef Michael Mina, has imported a similarly complex, labor-intensive style of cooking that appeals as much to the mind as to the senses. He’s imported a major Mina stratagem — showcasing an individual ingredient by presenting it in several

different incarnations within the same dish, like musical variations on a theme. Blanca’s menu lists each item’s pedigree and primary garnishes, but those details don’t begin to describe the behind-the-scenes enhancements of marinades, brines, rubs, soaks, and infusions that play subtle roles in the multilayered flavors that come to the table. Appetizers are especially adventurous, the wine list is exceptional (if mainly very pricey), and the restaurant’s decor is as modern and polished as the food. Dinner only. Reservations required. Very expensive. — N.W.

**California Bistro** 7100 Four Seasons Point, Carlsbad, 760-603-6868. This restaurant features fresh California cuisine in a beautiful, luxurious hotel dining room. Open 6:30 a.m. to 10 p.m. Sunday to Thursday (to 10:30 p.m. Friday and Saturday). Reserve for the Friday night seafood buffet (5:30

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Calendar  
RESTAURANTS

miss the outstanding kalua pig, zesty, smoky shreds of *imu*-style roast pork, resembling a moister version of Southern “pulled pork.” The menu covers the whole panoply of island standards, from *malasadas* (Portuguese donuts) to *musubi* (Spam sushi), with a Saturday special of a luau’s worth of “local food.” While you’re waiting, check out the droll Hawaiian vocabulary lessons under the glass tops of the tables. Open Monday through Saturday, lunch to early dinner. Inexpensive. — *N.W.*

**The Original 101 Diner** 552 First Street, Encinitas, 760-753-2123. This is where the caviar crowd from Rancho Santa Fe comes to remember their roots. It’s got all the deliberately down-home cooking you could want, including all-day breakfast ranging from really cheap biscuits and sausage gravy to a pretty cheap top sirloin steak and eggs. For lunch, the bacon-Cheddar burger with fruit is a good surprise combo. The turkey-cranberry salad sandwich is also good, and try the spinach salad, with bacon, feta cheese, olives, mushrooms, and chopped egg. Even though this 101’s vintage (1983) in no way compares with the Oceanside 101 Café’s (1928), it has become a genuine part of Encinitas life — lines on the weekends will tell you that. Open for breakfast and lunch daily. Inexpensive. — *N.W.*

**Pamplemousse Grille** 514 Via de la Valle, Solana Beach, 858-792-9090. The locals’ favorite French provincial restaurant offers exquisite, creative cooking. Favorites from an often-changing menu include white fish served any style, mushroom *cappucini* soup, and *tarte Tatin*. Serene atmosphere with excellent service. Dinner reservations urged. Dinner nightly, lunch Friday only. Dinners expensive. — *E.W.*

**Poseidon** 1670 Coast Boulevard, Del Mar, 858-755-9345. The two dining rooms and bar here boast airy, stylish decor and ocean views, and the SRO umbrella-shaded patio is right at water’s edge. Lunches run to sandwiches, burgers, and fried seafood of ordinary competence and uneven preparation: wonderfully coconutty fried shrimp, for example, share a sampler plate with deadly-dry salmon croquettes. Dinner dishes are modern

Cal cuisine — that is, a mix-and-match of Pacific Rim-Mediterranean-Mexican flavors, with some emphasis on seafood. But the view’s the thing here. Full bar. Open daily, lunch and dinner; breakfast on weekends. Moderate to expensive. — *N.W.*

**Roxy Natural Foods Restaurant** 517 North Coast Highway 101, Encinitas, 760-436-5001. You don’t have to be a Self Realization Fellowship follower to fit in in Encinitas, but it helps. Roxy was made for the veggie crowd who’ve grown up around the famous seaside compound. These days, that includes surfers, vegans, and even visiting Hollywood stars picky about their food. Actually, it is no longer strictly a vegetarian eatery: the owners have added chicken and fish for Encinitas’s “new people” — the carnivores buying up property in the hills. But the vegan-veggie spirit still rules. Most popular item on the menu is owner Shahram Naimi’s own invention: the scrumptious Roxy falafel-burger. Its green “meat” is made from garbanzo beans, potatoes, onions, cilantro, and herbs, all bedded down with tomatoes, a thick mat of sprouts, and melted cheese, covered by a whole-wheat bun. For chicken lovers, the garlic chicken pizzas sell big-time. Other healthy treats include the three-egg avocado omelet with toast, the artichoke sandwich (with marinated artichoke hearts), and the squash enchilada dinner (steamed banana squash with corn, bell peppers, and low-fat cream cheese in a flour tortilla). Payoff? You come out feeling good and full, not bad and bloated. Open daily, brunch through dinner. Inexpensive. — *E.B.*

**Star of India — Del Mar** 3860 Valley Centre Drive, Del Mar, 858-792-1111. It’s the lunch buffet that can lead you by the nose into Indian (and here, specifically Punjabi) food. Pick among specialties like vegetable *pakora* — a bunch of veggies dipped in chickpea batter and fried — or a nice mess of eggplant with potatoes, chicken curry masala, and maybe the first cooked spinach you ever loved, *palak paneer*. Open daily. Inexpensive to moderate. — *E.B.*

SOUTH BAY

**Café 1134** 1134 Orange Avenue, Coronado, 619-437-1134. Since the place changed hands a couple of years back, the food has definitely gotten more interesting. Breakfast omelets,

for starters. The Cortez has sautéed shrimp, mushrooms, Jack cheese, avocado, sour cream, plus fruit or sautéed potatoes. *Paninis* like the Tuscan come stuffed with roast beef and bleu-cheese crumbles. They do a fine chicken pecan salad, too. But at heart this is still a Left Bank sort of coffee place for hanging out, talking, arguing, and having deep thoughts. Grab a joe or a large bottle of their hoppy Mermaid’s Red Ale, take it outside, start a conversation. Open 5:30 a.m. to 10:30 p.m. (kitchen 7 a.m. to 9:30 p.m.) daily. Inexpensive. — *E.B.*

**La Costa Azul Mariscos** 1037 Broadway, Chula Vista, 619-691-9812. Great family-run hangout for traditional seafood from Sinaloa and Nayarit, Mexico’s crackling-hot desert/coastal states. Their ancient Sinaloa dish *aguachile* (shrimp in spicy brine) is simple, mouth-sizzlingly effective, *langostinos* are lush, but maybe most satisfying are whole-fish dishes like *pescado Veracruzano*. Truly traditional offerings come in giant three-legged *molcajetes*. Even their less-traditional signature dish, *Camarones Costa Azul* (crab and cheese-stuffed, bacon-wrapped shrimp) arrives in a burning hot *molcajete*. Also delicious: the sizzle-plate fajitas *mixtas*, with shrimp, beef, chicken. Many customers come around sunset, just to sit with a cool drink under palm fronds on the patio. Even if you’re actually on Chula Vista’s Broadway, it feels strangely like Cabo. Open daily, lunch and dinner. Moderate. — *E.B.*

**D’Lish Pizza and Pasta** 386 East H Street, Suite 211, Chula Vista, 619-585-1371. Also at 2260 Otay Lakes Road. This chain has always prided itself on its Italian/California pastas, pizzas, and salads. Now it has gone carnivorous, adding marinated flank steak and a rib eye to the “bistro entrées.” If you’re ordering the flank, well-done is a no-no. That will toughen it. But a rare flank is, well, d’lish in its marinade and especially its pesto-like chimichurri sauce. Also good: fire-roasted vegetable pizza, where the quick roasting makes for great-tasting, Technicolor-bright broccoli, zucchini, eggplant, and bell peppers. And Mediterranean Chicken Salad works well, partly thanks to the tang of pepperoni chips. Moderate. — *E.B.*

**Popeye’s Chicken & Biscuits - National City** 2210 East Plaza Boulevard, National City, 619-470-3002. This is the one major national chain to cling firmly to a regional American identity: Wherever you go,

if you find a Popeye’s, you’ll be eating Louisiana flavors. But some flavors travel better than others in fast-food translations: The spicy, crisp fried chicken and air-light drop biscuits are fine as can be. The étouffé (whether of chicken or crawfish, when available) is surprisingly decent. The gumbo, offered at some locations, is weird — flavors aren’t bad, but it’s more like a Creole risotto, with wet rice instead of liquid (where’s the soup?). Dirty rice and jambalaya are nasty and dry. Food quality varies subtly from branch to branch, as does the attitude of the counter-persons. Open daily, three meals. Inexpensive. — *N.W.*

**Spiro’s Gyros** 1201 First Street #4, Coronado, 619-435-1225. The food, the music, the view — are we outside Athens? Is this the Aegean? This inside-outside Greek café is located at the water’s edge, and the heated patio has a spectacular view of San Diego, the bay, and the boat traffic. At sunset, sipping their excellent Greek wines (cheaper than their Californian), watch the sun set the city ablaze in gold. The prices keep Spiro’s popular with the locals as well as tourists. Try the moussaka (eggplant casserole) or the souvlaki chicken, marinated in *tzatziki* sauce, served with tomatoes, onions, and pita bread. Open seven days until 8 p.m. Inexpensive. — *E.B.*

**Village Pizzeria** 1206 Orange Avenue, Coronado, 619-522-0449. Mootime Creamery owner David Spatafore decided to set up what he’s always wanted: a cheap, back-east Italian, red-and-white-tablecloth, dangling-Chianti-bottle eatery where local families and amateur sports teams can come in and pig out. He wisely didn’t destroy what was half of the famous old Mexican Village. Instant atmosphere! Ancient murals of guys with guitars serenading señoritas, arches, illuminated clusters of red grapes. The bad news: you might have to handle pumped-up kids’ sports teams cramming the booths around you. The good news: great calzones and pizza by the slice. (Pizza-by-slice portions stop at 6 p.m.) Open lunch through dinner, seven days. Inexpensive. — *E.B.*

EAST COUNTY

**Ali Baba Restaurant** 421 East Main Street, El Cajon, 619-442-3622. First, the atmosphere: It’s a world of wispy drapes, pavilions, and blue velvet hangings. You think, “sheikh’s oa-

sis encampment.” The lamb shank on bulgar wheat is probably the most popular with local Chaldeans. Lamb, fried fish, and chicken kabobs are staples. But try interesting alternatives like “potato chop,” a kind of potato pie, *kobba musilia*, a “crushed wheat pie” stuffed with beef and fried. Remember, everything is filling. Especially with the wonderful bread you get: the size of an elephant’s foot, light as a butterfly, baked on the spot. Bring five friends and order the Feast for Three People. It’ll be enough. Open 10 a.m. to midnight daily. Inexpensive to moderate. — *E.B.*

**Fred’s Old Fashioned Burgers** 2754 Alpine Boulevard, Alpine, 619-445-1264. Up here, Fred’s it and that’s that. You really get a bang for your burger buck, from the cheap junior burger to quarter-pounders and half-pounders to Fred’s three-quarter-pound “monster burger.” Even the innocent-sounding BLT sandwich comes loaded with six slabs of bacon. Maybe the most delicious burger sandwich is a quarter-pound patty slithered between sautéed onions and oozing with cheese under grilled sourdough. Also good: the grilled chicken sandwich and the patty-melt special with fries and soft drink. Really hungry? Order Fred’s Alpine Goliath, a two-pound burger that needs a ten-inch bun to support it. But, as they say, be careful what you wish for. Seven days, 10:30 a.m. to 8 p.m. Inexpensive. — *E.B.*

**Geno’s Barbecue** 291 W. Main Street, El Cajon, 619-444-3667. The original owner, Geno, was a real guy, a refugee from corporate America who turned this ex-Taco Bell joint into a surfing-themed BBQ place. He was a surfer, but serious. He’d won lots of prizes for his BBQ sauce, using a chili pepper he said nobody else had. Today, a new owner has continued the tradition. Try #5, pulled pork and slaw, or #9, shredded beef, melted jack, and sautéed onions. Sides like dirty rice and cornbread are good, but if you’re light of pocket go for the “Ripcurl” hot dog, the best deal on the menu. Open 10:30 a.m. to 7:30 p.m. Monday through Saturday, closed Sunday. Inexpensive. — *E.B.*

**Mediterraneo** 1347 Tavern Road, Alpine, 619-445-9902. The vibe in this tasteful little trattoria (with adjoining bar) is young, and so is the chef, still slipping new dishes into a menu stuffed with local favorites. The pizzas are outstanding — such a lovely, airy, silken crust! Such wafer-thin rounds of pepperoni! Entrées change with the seasons. Desserts are big and sweet.

When the weather’s fine, dine on the patio and watch the sun drape light over the piney hills. Daily, lunch and dinner, plus Sunday brunch. Expensive. — *A.M.*

**Somewhere Else Coffeehouse and Bookstore** 330 North Magnolia Avenue, El Cajon, 619-441-0480. Here, 100 years ago, stagecoaches and gold miners from Julian would raise a ruckus at this very crossroads every morning. Today, what has to be the smallest counter-restaurant with the tiniest kitchen in El Cajon serves up decent, straightforward breakfasts, soups, and sandwiches, along with good conversation that can’t be a lot different from stagecoach days. Breakfast scrambles, burritos, and *panini* are filling. They have a little living room area packed with books and a cool deck out back. Coffee and a toasted bagel with tomato and avocado are delicious. But be good — Maria, the owner, is an ex-cop. Open for breakfast and lunch. Closed Sundays. Inexpensive. — *E.B.*

**Valley House Restaurant** 17067 Woodside Avenue, Santee, 619-562-7878. This is for Corbett folks, plus wannabes who enjoy plain-speaking, plenty-of-it Iowan food. Take the morning special, “Iowa Breakfast”: breaded pork tenderloin, two eggs, and hash browns, fries, or grits, plus a choice of biscuits, muffins, or toast — it’s delicious. Lunch or dinnertime you can’t go wrong ordering the signature “Iowa Porker” hot sandwich (breaded pork tenderloin in a bun with soup, potato salad, or steak fries) or the “Iowa Beefers” (seasoned ground beef simmered in chicken broth, piled into a burger bun). Open three meals, seven days. Inexpensive. — *E.B.*

**Ye Olde Bicycle Place and Cafe** 6792 University Avenue, La Mesa, 619-582-4024. You’re eating in a museum here. You can nibble your *panini* and check out ancient bikes like Rudge’s penny farthing or the three-seater bike the Three Stooges used. The little blackboard menu’s basically a list of toasted *paninis* and cold sandwiches. Each sandwich gets its name from the bike world. The Tandem is a double-decker peanut butter and jelly sandwich. The Tour de France has ham and Swiss on a croissant; the Tour d’Italia is salami, pepperoni, ham, cheese, and a pot of *marinada*. Add their rib-sticking chicken soup with wild rice and you’ll have a cheap and enlightening lunch. 6 a.m. to 6 p.m. Monday to Friday; 7 a.m. to 4 p.m. Saturday; closed Sunday. Inexpensive. — *E.B.*



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MOVIE LISTINGS

All reviews are by Duncan Shepherd. Priorities are indicated by one to five stars and antipathies by the black spot. Unrated movies are for now unreviewed. Thousands of past reviews sorted alphabetically, by year of release and by rating, are available online at SDRReader.com.

**Brick Lane** — Glossy women’s film, playing facilely on our sympathies: a Bangladeshi Muslim shipped off to London, at an early age, for an arranged marriage to an oppressive older fatso, eventually courted as she deserves by a hunky young political activist. Nine-Eleven comes along to broaden the horizons further. With Tannishtha Chatterjee, Satish Kaushik, and Christopher Simpson; directed by Sarah Gavron. 2007. ★ (LA JOLLA VILLAGE, FROM 7/11)

**Encounters at the End of the World** — In miles at least, Werner Herzog has never travelled farther in search of a lunatic fringe: the dwellers in Antarctica, the bottom of the globe. His wide-angled camera finds some interesting interview subjects, “dreamers,” misfits, seekers, in addition to interesting nature footage: underwater beneath the ice, at the rim of an active volcano, on the trail of a maverick penguin. Herzog himself, a fringy lunatic in his own right, stays off screen but always in our ear: “We flew into the unknown, a seemingly endless void.” In spite of statements such as that one, his characteristic attempts to hype up his topics are comparatively toned down. 2008. ★★ (LA JOLLA VILLAGE, FROM 7/11; KEN, THROUGH 7/10)

**Finding Amanda** — Matthew Broderick

as a gambling addict on a mission in Las Vegas, written and directed by Peter Tolan. (GASLAMP 15, FROM 7/11)

**Get Smart** — Big-screen reincarnation of the late-Sixties TV spy spoof, no longer a saboteur of a thriving genre, but just another copycat grave-robber. Diligent homage is paid to the original (“Would you believe...,” “Missed it by that much,” etc. ), and the jokes are cranked out industriously, and both Steve Carell and Anne Hathaway bring their own qualities to it (a transparent deadpan and a prissy irony, respectively), but mirth goes missing. With Dwayne “The Rock” Johnson, Alan Arkin, Terence Stamp, and James Caan; directed by Peter Segal. 2008. ★ (CARMEL MOUNTAIN; CHULA VISTA 10; DEL MAR HIGHLANDS 8; ESCONDIDO 16; FASHION VALLEY 18; FLOWER HILL 4; GASLAMP 15; GROSSMONT CENTER; LA COSTA 6; LA JOLLA 12; MIRA MESA 18; MISSION MARKETPLACE 13; MISSION VALLEY 7; MISSION VALLEY 20; OCEANSIDE 16; OTAY RANCH 12; PALM PROMENADE 24; PARKWAY PLAZA 18; PLAZA BONITA 14; POWAY 10; RANCHO DEL REY 16; RANCHO SAN DIEGO 15; SAN MARCOS 18; SANTEE DRIVE IN; TOWN SQUARE 14; VISTA VILLAGE)

**Gonzo: The Life and Work of Dr. Hunter S. Thompson** — The truth-bending journalist, dooper, drinker, gun enthusiast, and suicide (1939-2005), in words and pictures, the latter ranging from a fuzzy video of the TV game show, *To Tell the Truth*, to big-screen impersonations of him in *Where the Buffalo Roam* and *Fear and Loathing in Las Vegas*, and the former ranging from his own writings (recited by Johnny Depp) to talking-head testimonials from *Rolling Stone* editor Jann Wenner, fellow “New Journalist” Tom Wolfe, George McGovern, Jimmy Carter, Jimmy Buffett, Hell’s Angel Sonny Barger, et al. A bumpy trip down Memory Lane, not without its points of interest, flooded the whole way with apropos pop songs. Directed by Alex Gibney. 2008. ★ (HILLCREST CINEMAS)



Journey to the Center of the Earth

**Hancock** — Two ideas prevail. The first may be summed up in the term “anti-superhero,” or if you prefer it, “super-anti-hero.” The hero, that is to say, possesses the full complement of comic-book superpowers, yet he boozes round the clock, goes days without shaving, dresses like a slob if not a bum (rejecting the conventional superhero’s uniform as fit for a “homo”), is surly, rude, profane. Why he bestirs himself to pursue criminals is not apparent, but he never worries about collateral damage in the course of that pursuit, knocking down freeway signs, piling up cop cars, taking chunks out of skyscrapers, racking up a \$9 million repair bill in just the film’s opening chase scene. The personality, in short, of an above-the-law pro athlete or rock star. The second idea, a late turn of plot, cannot be divulged. Then again, it is not really worth divulging. Nothing more, for that matter, is really worth divulging, if only because of the decision — the bad idea — the anti-idea — to sign up Peter Berg as the director, bringing to this juvenile fantasy the same *cinéma-vérité* affectations he brought to the ripped-from-the-headlines terrorist thriller, *The Kingdom*, or

to the football docudrama, *Friday Night Lights*, the same jiggly, wavery, zoomy camera-work, the same pushy, tight, tunnel-vision closeups. To put a movie in his hands is to put it in very shaky hands indeed. Never mind a special-effects blockbuster, Peter Berg could not be entrusted to shoot a child’s birthday party. Will Smith, Jason Bateman, Charlize Theron. 2008. ● (CARMEL MOUNTAIN; CHULA VISTA 10; DEL MAR HIGHLANDS 8; ESCONDIDO 16; FASHION VALLEY 18; GASLAMP 15; GROSSMONT CENTER; LA COSTA 6; LA JOLLA 12; MIRA MESA 18; MISSION MARKETPLACE 13; MISSION VALLEY 7; MISSION VALLEY 20; OCEANSIDE 16; OTAY RANCH 12; PALM PROMENADE 24; PARKWAY PLAZA 18; PLAZA BONITA 14; POWAY 10; RANCHO DEL REY 16; RANCHO SAN DIEGO 15; RIVER VILLAGE 6; SAN MARCOS 18; SANTEE DRIVE IN; VISTA VILLAGE)

**The Happening** — Ill-named chiller by M. Night Shyamalan, not to be confused with the Swinging Sixties caper by Elliot Silverstein (title tune by the Supremes), unleashes a wave of inexplicable self-inflicted violence: a lunch-hour idler puncturing her carotid with a hair stick, a traffic cop turn-

ing his gun on himself, a steady rain of construction workers stepping off their girders into thin air. Biological terrorism is the natural first suspicion, but the proliferation of the phenomenon over several states in the Northeast points away from that theory. Could it be an airborne neurotoxin released by plants, a planet in revolt? Or perhaps something from another sort of plant, the nuclear-power type? Or something from a military experiment gone haywire? We know only enough to classify it as science fiction, doomsday division. And as in the filmmaker’s *Signs*, the arena of action shrinks to the small scale of a Fifties B-movie: an already uneasy married couple in flight from the center of Shyamalan’s universe, Philadelphia, by train, by car, by foot. Liberated (after *Lady in the Water*) from the obligation of a Surprise Ending, though still a victim of exorbitant expectations, he makes good use of Mark Wahlberg’s furrowed brow and Zoëy Deschanel’s wide eyes; and the menace of ordinary trees, grasses, breezes is efficiently manufactured; and a couple of genuine chills are ultimately drummed up around the house of an inhospitable hermit. All in all, the film measures up well enough to his overrated best work, *The Sixth Sense*, at any rate when measured independent of box-office receipts, another area affected by exorbitant expectations. With John Leguizamo and Betty Buckley. 2008. ★★ (HORTON PLAZA 14; MISSION VALLEY 20; PALM PROMENADE 24)

**Hellboy II: The Golden Army** — Ron Perlman returns in the title role and Guillermo del Toro in the director’s chair. (CARMEL MOUNTAIN; CHULA VISTA 10; DEL MAR HIGHLANDS 8; ESCONDIDO 16; FASHION VALLEY 18; GASLAMP 15; GROSSMONT CENTER; LA JOLLA 12; MIRA MESA 18; MISSION MARKETPLACE 13; MISSION VALLEY 20; OCEANSIDE 16; OTAY RANCH 12; PALM PROMENADE 24; PARKWAY PLAZA 18; PLAZA BONITA 14; POWAY 10; RANCHO DEL REY 16; RANCHO SAN DIEGO 15; RIVER VILLAGE 6; SAN MARCOS 18; TOWN SQUARE 14; VISTA VILLAGE; FROM 7/11)



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funny looks, is led to new dimensions of humanity as one of the strangers; and as the other, Audrey Dana, a fresh face if not an especially young one, quite an expressive and complicated face, is a bountiful discovery. Fanny Ardant as the best-selling novelist, notwithstanding her assortment of wigs, comes as no surprise. She comes as a sure thing. 2007.  
★★★★ (LA JOLLA VILLAGE, THROUGH 7/10)

**Saboteur** — Hitchcock’s formula for cross-country hide-and-seek, tested earlier in *The Thirty-Nine Steps* and *Young and Innocent*, lends itself readily to The War Effort in this alarm-ringer about The Enemy Within. In the course of it, Hitchcock finds room for numerous bright ideas that make you sit up in your seat: an impossible camera angle from the fugitive hero’s point of view beneath the surface of a rippling creek; a fire extinguisher diabolically filled with gasoline; a truckload of circus freaks who democratically decide to offer the hero asylum; a latent homosexual spy; and a patriotic climax atop the Statue of Liberty. Robert Cummings, Priscilla Lane. 1942.  
★★★ (CINEMA UNDER THE STARS, 7/10 AND 11, 8:30 P.M.)

**Savage Grace** — Infidelity, homosexuality, incest, madness, and murder among the Bakelite heirs. Fact-based story, unconvincing in period (mid-Forties through early-Seventies), performance, dialogue, staging. Filmmaker Tom Kalin’s sophomore effort shows little advance over his freshman *Swoon*. His graduation falls behind schedule. With Julianne Moore, Stephen Dillane, Eddie Redmayne, Hugh Dancy, and Elena Anaya. 2008.  
● (HILLCREST CINEMAS)

**Sex and the City** — The big-screen resuscitation of the defunct HBO series (1998-2004) runs, or better say sashays, two hours and twenty minutes. That’s a lot of clothes and accessories, a lot of accompanying pop songs, a lot of chatty first-person narration, a lot of superficiality, a lot of vacuity. Maybe it would help if you had followed these four bosom buddies — the stingy Sarah Jessica Parker, the Amazonian Kim Cattrall, the pop-eyed Kristin Davis, the pinched Cynthia Nixon — throughout their six seasons of looking for love. To be sure, there’s not much looking anymore, and yet not much relating, either: the men, now that they’ve been landed, are little more than accessories themselves. Tempestuous developments do occur: one of the buddies neglects to wax her pubes, one of them poops her pants, one of them packs on a spare bicycle tire, and the remaining one dyes her hair. (Symptoms of bigger things, but even so.) Maybe, on the other hand, it would be better to follow these buddies no further. Written and directed by Michael Patrick King. 2008.  
● (CARMEL MOUNTAIN; FASHION VALLEY 18; FLOWER HILL 4; LA JOLLA 12; MISSION VALLEY 20)

**The Singing Revolution** — Documentary by James and Maureen Tusty on Estonia’s nonviolent struggle for independence. (GASLAMP 15, FROM 7/11)

**The Strangers** — The debut of writer-director Bryan Bertino is a lowbrow (and low-blow) *Funny Games*, “inspired by true events,” centered on a romantically rocky young couple (so, don’t feel too bad for them, Liv Tyler, Scott Speedman: they were miserable already) terrorized by ghostly now-you-see-them-now-you-don’t masked intruders at an isolated summerhouse. The grim outcome, as compared to that of *Funny Games*, is more blatantly signalled in a printed prologue (“The brutal events that took place there are still not entirely known”) as well as in the flashback structure (preludial 911 call: “There’s blood everywhere!”); and the assault on the viewer’s nerves, even though slow to get started (the camera has the jitters well in advance), is more blunt and aggressive, if less potent and lingering. Inasmuch as the ghostly terrorizers are not actual ghosts, their ghost-like behavior raises the issue of their self-conscious mummery. Actual ghosts would be easier to believe, not to mention easier to stomach. 2008.  
● (HORTON PLAZA 14)

**Tuya’s Marriage** — Comic-pathetic tale of a stolid Mongolian shepherdess angling to set up life to her satisfaction: finding an able-bodied new husband willing to care for her disabled former husband under the same roof. The suitors line up, but it’s a tough sell, for the viewer as well. Director Wang Quan An shows off a solid sense of composition, a firm grasp of physicalities, and an avid interest in the culture and customs. With Yu Nan. 2007.  
★★ (KEN, 7/11 THROUGH 17)

**The Visitor** — Deep absorption, at the start, in the enclosed world of a dour Connecticut college professor, the classroom, the private office, the school cafeteria, the empty hours at home where, to fill the void left by his late wife, a concert pianist, he tries desultorily to master the instrument himself, late in life. Then a reluctant change of scene, when he is forced out of his orbit, under departmental orders, to attend a Developing Nations Conference in New York City, where he finds his unused apartment occupied by two squatters, a musician from Syria and a jewelry designer from Senegal, husband and wife, Muslims both. The initial shock gives way to starchy hospitality (he never shows as much curiosity as the viewer might wish about the identity of the mysterious “Ivan” who rented out the apartment), and the walls of his world expand little by little, exposing the touching and amusing spectacle of an introverted man opening up, taking a stab at warmth, attempting something new, discovering that the African drum (which gets his head moving like a bobblehead doll) is more his instrument than the classical piano. The film takes a dire turn before the halfway

point with an illustration of Racial Profiling and the incarceration of the happy-go-lucky street musician in a detention center for illegals: a bit of hot topicality to give the story Relevance, Significance, Importance. That notwithstanding, it presents just one, small, personal story of the post-9/11 world, not a Big Sweeping Statement. For all its liberal sentimentality, it indulges in no outsized emoting. And it offers a meaty role to Richard Jenkins, an able character actor, never the lead, who nibbles at the meat with proper restraint, hiding his avidness and gratitude. (With an eye on the most modest box-office, and with but a minor cost to integrity, the role could have been offered to more of a household name, a Richard Gere, a Kevin Kline.) Haaz Sleiman as the blissfully ungaurded drummer, Danai Gurira as his fearfully guarded mate, and Hiam Abbass as his dignified and elegant mother, in from Michigan to stand vigil outside the austere United Correctional Corporation, complete the ensemble, a dissonant quartet, resolving into sweetness. All four of them in their separate ways are painfully affecting. The outcome, although far from happy, could more plausibly have been a lot farther from it. A statement is made after all, if only a quiet one. Written and directed by Tom McCarthy. 2008.  
★★★★ (HILLCREST CINEMAS; LA PALOMA, FROM 7/11)

**The Wackness** — Summer vacation after high school and before college: a romance blossoms between a teenage dope peddler and his classmate client, and a bond of friendship forms between the former and the latter’s father, a crazy mixed-up psychiatrist. The action is set back in 1994, but that’s no excuse for the colors fading almost to ashes. And while Olivia Thirlby is appealing as the girl, Josh Peck isn’t the most credible friendless virgin, a social pariah despite his superficial attractiveness (in a too-cool-for-school sort of way, sleepy-eyed, slack-jawed, froggy-throated) and despite his flourishing candy store. Ben Kingsley’s strangeness as the psychiatrist is more the strangeness of an actor than of a character, the strangeness of an affected, abstracted manner and a stifled, indefinite accent. With Famke Janssen, Jane Adams, Mary-Kate Olsen, and Method Man; written and directed by Jonathan Levine. 2008.  
★ (HILLCREST CINEMAS, FROM 7/11)

**WALL-E** — Relentlessly sentimental science fiction about a cute anthropomorphized “male” robot — a rattletrap contraption of binoculars atop tank treads — programmed to pick up garbage on an evacuated Earth in the 28th Century (his name is an acronym of Waste Allocation Load Lifter, Earth-Class), all alone on the

planet but for the company of an indestructible cockroach, until his world gets rocked by the arrival of a smooth white egg-shaped “fembot,” whom he follows up to a mother ship of epicene, spineless, walrus-like humans. Rather remarkable for any movie are the long stretches of nonverbal narrative, reminiscent of the opening and closing stretches of *2001*. (Other allusions to the Kubrick classic — the musical snippet from *Also Sprach Zarathustra*, the unblinking red eye of HAL-9000 — suggest the emulation is entirely conscious.) No less remarkable, in the context of a Disney computer cartoon, are the distinctive whiffs of post-apocalyptic and dystopian melancholy. The happy ending pretty much ruins it. If the film wanted full credit for evoking those feelings, the best ending it could have held out would be hopeful, not happy. With the voices of Ben Burtt, Elissa Knight, Jeff Garlin, and Sigourney Weaver; written and directed by Andrew Stanton. 2008.

★ (CARMEL MOUNTAIN; CHULA VISTA 10; DEL MAR HIGHLANDS 8; ESCONDIDO 16; FASHION VALLEY 18; GASLAMP 15; GROSSMONT CENTER; LA COSTA 6; LA JOLLA 12; MIRA MESA 18; MISSION MARKETPLACE 13; MISSION VALLEY 7; MISSION VALLEY 20; OCEANSIDE 16; OTAY RANCH 12; PALM PROMENADE 24; PARKWAY PLAZA 18; PLAZA BONITA 14; POWAY 10; RANCHO DEL REY 16; RANCHO SAN DIEGO 15; RIVER VILLAGE 6; SAN MARCOS 18; SANTEE DRIVE IN; TOWN SQUARE 14; VISTA VILLAGE)

**Wanted** — Nerd’s daydream of getting out from under one’s pencil-pushing job, one’s bossy boss, and one’s cheating girlfriend, finding out it’s in one’s genes to be an elite assassin, learning the tricks of the trade in nothing flat, e.g., guiding bullets telekinetically, intercepting enemy bullets in midair, and so on. (A daydream only

imaginable in the video-game era.) In its loosey-goosey humor, over-the-top action, anything-goes fantasy, and gimmick-riddled visuals (the rough grain of the image would not count as one of the gimmicks), the movie drips with disdain for its material and its audience alike. With James McAvoy, Angelina Jolie, Morgan Freeman, Terence Stamp, and Thomas Kretschmann; directed by Timur Bekmambetov. 2008.

● (CARMEL MOUNTAIN; CHULA VISTA 10; DEL MAR HIGHLANDS 8; ESCONDIDO 16; FASHION VALLEY 18; GROSSMONT CENTER; HORTON PLAZA 14; LA COSTA 6; LA JOLLA 12; MIRA MESA 18; MISSION MARKETPLACE 13; MISSION VALLEY 7; MISSION VALLEY 20; OCEANSIDE 16; OTAY RANCH 12; PALM PROMENADE 24; PARKWAY PLAZA 18; PLAZA BONITA 14; POWAY 10; RANCHO DEL REY 16; RANCHO SAN DIEGO 15; RIVER VILLAGE 6; SAN MARCOS 18; TOWN SQUARE 14; VISTA VILLAGE)

**War, Inc.** — Topical satire on privatized warfare in the Middle East, “satire” being defined as a fictional form that depends on your political sympathies overriding your aesthetic standards. Even if your sympathies are in perfect alignment, however, this one seems a complete misfire, resorting to fisheye lenses for comic emphasis, mock-Morricone spaghetti-Western music, more or less straight action scenes, John Cusack’s smugness, Joan Cusack’s shrillness, Ben Kingsley’s sliminess, Dan Aykroyd’s biliousness, and Hilary Duff’s duff. (She, a whittled-down pussy willow, has her nerve mouthing a line of dialogue that brands a mature womanly woman as a “skinny bitch.”) Through the wreckage wanders Marisa Tomei as a semblance of a human being. This actress (the aforesaid “skinny bitch”) is both lucky and good: lucky enough to be playing the only role which

“Hauntingly beautiful! Ethereally lovely!”  
-Manohla Dargis, *The New York Times*

“Stunning!” “Amazing!” “Enthrancing!”  
-Entertainment Weekly -Rolling Stone -New York Magazine

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# “HILARIOUS AND HEARTFELT!”

A POTENTLY WITTY LOOK AT GIULIANI MANHATTAN CIRCA 1994.  
JOSH PECK AND OLIVIA THIRLBY ARE TERRIFIC!  
-Peter Travers, ROLLING STONE

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SHARPLY WRITTEN AND OBSERVED!”  
-Lou Lumenick, NEW YORK POST



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remotely resembles a human being (liberal journalist) and good enough actually to resemble one when given the chance. Directed by Joshua Seftel. 2008.

● (GASLAMP 15)

**When Did You Last See Your Father?** — Anand Tucker’s adaptation of a memoir by British writer and poet Blake Morrison, probing his uncomfortable relationship with his blustering, bluffing, bulldozing dad, reviewed in flashback from the cancer-racked end. You can recognize some universal truths, but it’s a distant recognition. The particulars do not strongly pull

you in — in the manner, say, of *I Never Sang for My Father*. Jim Broadbent and Colin Firth are fine as father and son, although the latter character goes through two child actors as well, the second (older) one physically further from Firth than the first. The family maid on whom the boy had his first crush, meantime, remains the same actress, Elaine Cassidy, in his teen years as in his adult. With Juliet Stevenson, Gina McKee, Sarah Lancashire. 2007.

★ (LA JOLLA VILLAGE)

**You Don’t Mess with the Zohan** — Adam Sandler’s Israeli accent (plus his

stammering multiple negatives: “No-no-no-no-no”) seems like a sufficient base for a spy comedy revolving around a hirsute agent of Mossad, a sort of anti-*Munich* if you please. But the jokes stray a long way off the base and in diverse directions: the hero’s superhuman powers (snagging a bullet in his nostril, doing no-hands pushups, etc.); his pursuit, in America, of his secret desire to cut hair (“I just want to make people silky smooth”); his time-warp sense of fashion, gleaned from a disco-era Paul Mitchell catalogue; his sexual predilection for grateful old biddies; his, or rather (one and the same) the writer-producer’s,

Pollyannish appeal for peaceful coexistence; and the hypocritical stigmatization, since *somebody* has to be the bad guy, of the corporate money-grubber — *anybody*, to be more particular, besides those altruists at Happy Madison Productions and Sony Pictures. Just as Sandler’s accent could seem a sufficient comic base, John Turturro might seem an adequate comic adversary as a Palestinian terrorist and fast-food entrepreneur, but this would be hard to verify on the laugh-meter. There are good-sized parts, too, for an all but unrecognizable grease-painted Rob Schneider, Lainie Kazan, Nick Swardson, and Emmanuelle

Chiqui as a Palestinian cutie-pie, and bite-sized parts for Shelley Berman, Chris Rock, Kevin Nealon, Mariah Carey, and John McEnroe — and not enough laughs to go around even were they sliced into thin smiles. Directed by Dennis Dugan. 2008.

● (HORTON PLAZA 14; LA JOLLA 12; PALM PROMENADE 24; PLAZA BONITA 14; SANTEE DRIVE IN)

# MOVIE SHOWTIMES

*Bargain showtimes are in parentheses.*

## CENTRAL

### CLAIREMONT

#### Town Square 14

4665 Clairemont Drive (858-274-1234)

**Get Smart** (Pg-13); **Hellboy II: The Golden Army** (PG-13); **The Incredible Hulk** (PG-13); **Indiana Jones and the Kingdom of the Crystal Skull** (PG-13); **Journey to the Center of the Earth** (PG); **Kit Kittredge: An American Girl** (G); **Kung Fu Panda** (PG); **Meet Dave** (PG); **WALL-E** (G); **Wanted** (R)

### DOWNTOWN

#### Gaslamp 15

701 Fifth Avenue (619-232-0400)

**Constantine’s Sword** (Not Rated); **Finding Amanda** (R); **Get Smart** (Pg-13); **Hancock** (PG-13); **Hellboy II: The Golden Army** (PG-13); **Kit Kittredge: An American Girl** (G); **The Love Guru** (PG-13); **The Singing Revolution** (Not Rated); **WALL-E** (G); **War, Inc.** (R)

#### Horton Plaza 14

Horton Plaza (619-444-FILM)

**The Chronicles of Narnia: Prince Caspian** (PG) Fri. (1:05, 4:10) 7:15, 10:20 Sat.-Sun. (1:05) 4:10, 7:15, 10:20; **The Foot Fist Way** (R) Fri. (12:45, 3:05, 5:20) 7:25, 9:35 Sat.-Sun. (12:45, 3:05) 5:20, 7:25, 9:35; **The Happening** (R) Fri. (1:10, 3:30, 5:45) 8:00, 10:15 Sat.-Sun. (1:10, 3:30) 5:45, 8:00, 10:15; **The Incredible Hulk** (PG-13) Fri. (12:05, 2:40, 5:15) 7:50, 10:25 Sat.-Sun. (12:05, 2:40) 5:15, 7:50, 10:25; **Indiana Jones and the Kingdom of the Crystal Skull** (PG-13) Fri. (1:30, 4:20) 7:05, 9:50 Sat.-Sun. (1:30) 4:20, 7:05, 9:50; **Iron Man** (PG-13) Fri. (1:35, 4:25) 7:20, 10:15 Sat.-Sun. (1:35) 4:25, 7:20, 10:15; **Journey to the Center of the Earth** (PG) Fri. (1:00, 3:15, 5:30) 8:00, 10:30 Fri. (12:00, 2:30, 5:00) 7:30, 10:00 Sat.-Sun. (12:00, 2:30) 5:00, 7:30, 10:00 Sat.-Sun. (1:00, 3:15) 5:30, 8:00, 10:30; **Kung Fu Panda** (PG) Fri. (12:50, 3:10, 5:35) 7:55, 10:10 Sat.-Sun. (12:50, 3:10) 5:35, 7:55, 10:10;

**Meet Dave** (PG) Fri. (12:10, 2:20, 4:45) 7:10, 9:25 Sat.-Sun. (12:10, 2:20) 4:45, 7:10, 9:25; **The Strangers** (R) Fri. (12:20, 2:25, 4:30) 6:45, 9:15 Sat.-Sun. (12:20, 2:25) 4:30, 6:45, 9:15; **Wanted** (R) Fri. (12:00, 1:15, 2:35, 4:15, 5:05) 7:00, 7:35, 9:30, 10:05 Sat.-Sun. (12:00, 1:15, 2:35) 4:15, 5:05, 7:00, 7:35, 9:30, 10:05; **You Don’t Mess with the Zohan** (PG-13) Fri. (12:05, 2:40, 5:15) 7:50, 10:25 Sat.-Sun. (12:05, 2:40) 5:15, 7:50, 10:25

### LA JOLLA

#### La Jolla 12

8657 Villa La Jolla Drive (858-558-2262)

**Get Smart** (Pg-13) Fri.-Sat. (10:55) 1:45, 4:30, 7:25, 10:05 Sun. 1:45, 4:30, 7:25, 10:05; **Hancock** (PG-13) Fri.-Sat. (11:45) 12:30, 2:15, 3:00, 4:50, 5:30, 7:20, 8:00, 9:50, 10:30 Sun. (11:45) 12:30, 2:15, 3:00, 4:50, 5:30, 7:20, 8:00, 9:50; **Hellboy II: The Golden Army** (PG-13) Fri.-Sat. (10:45) 1:40, 4:35, 7:30, 10:45 Sun. (10:45) 1:40, 4:35, 7:30, 10:30; **The Incredible Hulk** (PG-13) Fri.-Sun. (10:50) 4:25, 10:10; **Indiana Jones and the Kingdom of the Crystal Skull** (PG-13) Fri.-Sun. 1:35, 7:15; **Journey to the Center of the Earth** (PG) Fri.-Sun. (11:30) 2:00, 4:40, 7:10, 9:40; **Kung Fu Panda** (PG) Fri.-Sat. (11:00) 1:30, 4:00, 6:50, 9:25 Sun. 1:30, 4:00, 6:50, 9:25; **Meet Dave** (PG) Fri.-Sun. 12:10, 2:50, 5:20, 7:50, 10:20; **Sex and the City** (R) Fri.-Sat. 12:15, 3:30, 6:45, 10:00 Sun. 1:25, 4:55, 8:30; **WALL-E** (G); **Wanted** (R) Fri.-Sat. 12:00, 2:40, 5:25, 8:15, 11:00 Sun. (10:55) 1:55, 4:45, 7:35, 10:25; **You Don’t Mess with the Zohan** (PG-13) Fri.-Sun. 10:15p.m.

#### La Jolla Village

8879 Villa La Jolla Drive (619-819-0236)

**Brick Lane** (PG-13) Fri. 2:00, 4:40, 7:20, 10:00 Sat.-Sun. 11:20, 2:00, 4:40, 7:20, 10:00; **Encounters at the End of the World** (G) Fri. 4:30, 9:50 Sat.-Sun. 11:10, 4:30, 9:50; **Kit Kittredge: An American Girl** (G) Fri.-Sun. 1:50, 7:10; **Mongol** (R) Fri. 1:40, 4:20, 7:00, 9:45 Sat.-Sun. 11:00, 1:40, 4:20, 7:00, 9:45; **When Did You Last See Your Father?** (PG-13) Fri. 2:10, 4:50, 7:30, 9:55 Sat.-Sun. 11:30, 2:10, 4:50, 7:30, 9:55

### MIRA MESA

#### Mira Mesa 18

10733 Westview Parkway (800-326-3264)

Call theater for program information

### MISSION HILLS

#### Cinema Under the Stars

4040 Goldfinch Street (619-295-4221)

**King Creole** (Not Rated); **Saboteur** (Not Rated)

### MISSION VALLEY

#### Fashion Valley 18

7037 Friars Road (858-558-2262)

**Get Smart** (Pg-13) Fri.-Sun. (10:55) 1:45, 4:25, 7:10, 9:50; **Hancock** (PG-13) Fri.-Sun. (11:10) 12:00, 1:40, 2:30, 4:10, 5:00, 6:40, 7:30, 9:10, 10:00 Fri.-Sun. (10:15) 12:50, 3:20, 5:50, 8:20, 10:55; **Hellboy II: The Golden Army** (PG-13) Fri.-Sun. (10:30, 11:30) 1:15, 2:20, 3:45, 5:10, 7:00, 8:00, 9:45, 10:45; **The Incredible Hulk** (PG-13) Fri.-Sun. (11:25) 2:10, 5:05, 7:50, 10:35; **Indiana Jones and the Kingdom of the Crystal Skull** (PG-13) Fri.-Sun. 12:40, 3:30, 6:20, 9:15; **Iron Man** (PG-13) Fri.-Sun. (10:25) 1:25, 4:30, 7:35, 10:25; **Journey to the Center of the Earth** (PG) Fri.-Sun. (10:05) 12:15, 2:35, 4:55, 7:20, 9:40; **Kit Kittredge: An American Girl** (G) Fri.-Sun. (10:20) 12:45, 3:05; **Kung Fu Panda** (PG) Fri.-Sun. (11:50) 2:15, 4:40, 7:05, 9:30; **The Love Guru** (PG-13) Fri.-Sun. 5:25, 7:55, 10:10; **Meet Dave** (PG) Fri.-Sun. (11:20) 1:35, 3:50, 6:05, 8:15, 10:30; **Sex and the City** (R) Fri.-Sun. (11:55) 3:00, 6:10, 9:20; **WALL-E** (G); **Wanted** (R) Fri.-Sun. (10:00, 11:15) 12:35, 1:55, 3:15, 4:35, 5:55, 7:15, 8:35, 9:55

#### Mission Valley 7

7510 Hazard Center Drive (619-685-2841)



Get Smart (Pg-13) (11:30 2:00) 4:30 7:15 9:45

\*No 11:30 am Sat 7/12; **Hancock** (PG-13) (10:00 12:15 2:30) 5:00 7:30 10:00; **Journey to the Center of the Earth** (PG) (10:00 12:15 2:45) 5:15 7:45 10:15; **Kit Kittredge: An American Girl** (G) (11:00 1:45) 4:15 7:00 9:30.\*No 11:00 am Sat 7/12 & Sun 7/13; **Meet Dave** (PG) (11:15 1:30 4:00) 6:15 8:30 10:45; **WALL-E** (G) (10:00 12:30 3:00) 5:30 8:00 10:30; **Wanted** (R) (10:15 12:45 3:15) 5:45 8:15 10:45

#### Mission Valley 20

1640 Camino Del Rio North (858-558-2262)

**Get Smart** (Pg-13); **Hancock** (PG-13); **The Happening** (R); **Hellboy II: The Golden Army** (PG-13); **The Incredible Hulk** (PG-13); **Indiana Jones and the Kingdom of the Crystal Skull** (PG-13); **Iron Man** (PG-13); **Journey to the Center of the Earth** (PG); **Kit Kittredge: An American Girl** (G); **Kung Fu Panda** (PG); **The Love Guru** (PG-13); **Meet Dave** (PG); **Sex and the City** (R); **WALL-E** (G); **Wanted** (R)

### STATE UNIVERSITY

#### Ken

4061 Adams Avenue (619-819-0236)

**Reservoir Dogs** (R) Sat. 11:55p.m.; **Tuya’s Marriage** (NR) Fri. 4:55, 7:15, 9:35 Sat.-Sun. 2:35, 4:55, 7:15, 9:35

### UPTOWN

#### Hillcrest Cinemas

3965 Fifth Avenue (619-819-0236)

**Gonzo: The Life and Work of Dr. Hunter S. Thompson** (R) Fri. 1:50, 4:30, 7:10, 9:40 Sat.-Sun. 11:10, 1:50, 4:30, 7:10, 9:40; **Mongol** (R) Fri. 1:40, 4:20, 7:00, 9:50 Sat.-Sun. 11:00, 1:40, 4:20, 7:00, 9:50; **The Promotion** (R) Fri.-Sun. 4:40, 10:00; **Savage Grace** (Not Rated) Fri. 2:20, 5:00, 7:40, 10:15 Sat.-Sun. 11:40, 2:20, 5:00, 7:40, 10:15; **The Visitor** (PG-13) Fri. 2:00, 7:20 Sat.-Sun. 11:20, 2:00, 7:20; **The Wackness** (R) Fri. 2:10, 4:50, 7:30, 10:10 Sat.-Sun. 11:30, 2:10, 4:50, 7:30, 10:10

#### Reuben H. Fleet Science Center

1875 El Prado, Balboa Park (619-238-1233)

**Everest** (Not Rated) Fri. 6:00p.m.; **Sea Monsters: A Prehistoric Adventure** (No Rating) Fri. 1:00, 5:00, 9:00 Sat.-Sun. 1:00, 5:00; **Space**

**Station** (No Rating) Fri. 7:00p.m.

### San Diego Natural History Museum

1788 El Prado, Balboa Park (619-232-3821)

**Ocean Oasis** (Not Rated) Fri.-Sun. 12:00, 2:00, 4:00

## EAST COUNTY

### EL CAJON

#### Parkway Plaza 18

405 Parkway Plaza (619-401-3456)

**Hellboy II: The Golden Army** (PG-13) Fri. (11:50, 2:35, 5:15) 7:55, 10:35 Sat.-Sun. (11:50, 2:35) 5:15, 7:55, 10:35; **Journey to the Center of the Earth** (PG) Fri. (11:25, 1:50, 4:45) 7:10, 9:35 Sat.-Sun. (11:25, 1:50) 4:45, 7:10, 9:35 Call theater for program information

### LA MESA

#### Grossmont Center 10

5500 Grossmont Center Drive (619-465-7100)

**Get Smart** (Pg-13); **Hancock** (PG-13); **The Happening** (R); **Hellboy II: The Golden Army** (PG-13); **Journey to the Center of the Earth** (PG); **Kit Kittredge: An American Girl** (G); **Kung Fu Panda** (PG); **Meet Dave** (PG); **WALL-E** (G); **Wanted** (R)

### RANCHO SAN DIEGO

#### Rancho San Diego 15

2951 Jamacha Road

**Get Smart** (Pg-13) Fri. (10:20, 1:05, 4:15) 7:50, 10:35 Sat.-Sun. (10:20, 1:05) 4:15, 7:50, 10:35; **Hancock** (PG-13) Fri. (10:05, 10:35, 11:05, 1:10, 1:40, 2:10, 2:30, 4:10, 4:40, 5:10) 6:45, 7:10, 7:35, 7:55, 9:30, 9:50, 10:20, 10:50 Sat.-Sun. (10:05, 10:35, 11:05, 1:10, 1:40, 2:10, 2:30) 4:10, 4:40, 5:10, 6:45, 7:10, 7:35, 7:55, 9:30, 9:50, 10:20, 10:50; **Hellboy II: The Golden Army** (PG-13) Fri. (10:00, 11:00, 1:00, 2:00, 4:00, 5:00) 7:00, 8:00, 10:00, 10:45 Sat.-Sun. (10:00, 11:00, 1:00, 2:00) 4:00, 5:00, 7:00, 8:00, 10:00, 10:45; **The Incredible Hulk** (PG-13) Fri. (10:40, 1:15, 4:35) 7:40 Sat.-Sun. (10:40, 1:15) 4:35, 7:40; **Indiana Jones and the Kingdom of the Crystal Skull** (PG-13) Fri. (10:30, 1:35, 4:25) 7:25, 10:25 Sat.-Sun. (10:30, 1:35) 4:25, 7:25, 10:25; **Iron Man** (PG-13) Fri.-Sun.



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9:25p.m.; **Journey to the Center of the Earth** (PG) Fri. (10:15, 12:50, 4:20) 7:20, 9:40 Sat.-Sun. (10:15, 12:50) 4:20, 7:20, 9:40; **Kung Fu Panda** (PG) Fri. (10:50, 1:45, 4:05) 6:55 Sat.-Sun. (10:50, 1:45) 4:05, 6:55; **Meet Dave** (PG) Fri. (10:45, 1:30, 4:30) 7:45, 10:30 Sat.-Sun. (10:45, 1:30) 4:30, 7:45, 10:30; **WALL-E** (G); **Wanted** (R) Fri. (10:10, 1:25, 4:05) 7:15, 10:05, 10:40 Sat.-Sun. (10:10, 1:25) 4:05, 7:15, 10:05, 10:40; **You Don't Mess with the Zohan** (PG-13) Fri.-Sun. (10:10a.m.)

Santee

**Santee Drive In**  
10990 Woodside Avenue (619-448-7447)  
**Get Smart** (Pg-13) Fri.-Sun.; **Hancock** (PG-13) Fri.-Sun.; **WALL-E** (G); **You Don't Mess with the Zohan** (PG-13) Fri.-Sun.

South Bay

Chula Vista

**Chula Vista 10**  
Broadway between H and I (619-338-4214)



**Get Smart** (Pg-13) (10:30 1:00 3:45) 6:30 9:00  
\*NO 10:30am Sat 7/12 & Sun 7/13; **Hancock** (PG-13) (10:00 11:00 12:15 1:15 2:30 3:30) 4:45 6:00 7:30 8:15 9:45 10:45; **Hellboy II: The Golden Army** (PG-13) (10:15 11:15 1:30 2:15) 4:15 5:00 7:00 8:00 10:00 10:45; **Journey to the Center of the Earth** (PG) (10:00 12:15 2:45) 5:15 7:45 10:15; **Kit Kittredge: An American Girl** (G) 9:30pm; **Kung Fu Panda** (PG) (11:45 2:00) 4:30 7:15; **Meet Dave** (PG) (11:30 1:45 4:00) 6:15 8:30 10:45; **WALL-E** (G); **Wanted** (R) (10:15 12:45 3:15) 5:45 8:15 10:45

**Otay Ranch 12**  
Eastlake Parkway at Olympic (858-558-2262)  
**Get Smart** (Pg-13) Fri.-Sat. 12:05, 2:40, 5:15, 7:50, 10:30 Sun. 2:40, 5:15, 7:50, 10:30; **Hancock** (PG-13) Fri.-Sat. (10:25) 12:25, 12:45, 2:45, 3:15, 5:05, 5:45, 7:30, 8:15, 9:50, 10:35 Sun. (10:25) 12:25, 12:45, 2:45, 3:15, 5:05, 5:45, 7:30, 8:15, 9:50; **Hellboy II: The Golden Army** (PG-13) Fri.-Sat. (10:20) 12:05, 1:15, 4:15, 6:45, 7:15, 8:00, 9:35, 10:05, 10:30; **The Incredible Hulk** (PG-13) Fri.-Sun. 2:50, 7:45; **Journey to the Center of the Earth** (PG) Fri.-Sat. (10:00, 10:45, 11:50) 12:25, 2:10, 3:00, 4:35, 5:35, 7:00, 9:25 Sun. (10:45, 11:50) 12:25, 2:10, 3:00, 4:35, 5:35, 7:00, 9:25; **Kung Fu Panda** (PG) Fri.-Sun. 1:05, 3:20, 5:40, 7:55, 10:15; **The Love Guru** (PG-13) Fri.-Sun. 5:30, 10:25; **Meet Dave** (PG) Fri.-Sun. (10:00) 12:10, 2:25, 4:50, 7:10, 9:30; **WALL-E** (G); **Wanted** (R) Fri.-Sat. (11:40) 2:20, 4:55, 7:35, 10:10 Sun. 2:20, 4:55, 7:35, 10:10

**Palm Promenade 24**  
770 Dennery Road (858-558-2262)  
**Get Smart** (Pg-13); **Hancock** (PG-13); **The Happening** (R); **Hellboy II: The Golden Army** (PG-13); **The Incredible Hulk** (PG-13); **Indiana Jones and the Kingdom of the Crystal Skull** (PG-13); **Iron Man** (PG-13); **Journey to the Center of the Earth** (PG); **Kit Kittredge: An American Girl** (G); **Kung Fu Panda** (PG); **The Love Guru** (PG-13); **Meet Dave** (PG); **WALL-E** (G); **Wanted** (R); **You Don't Mess with the Zohan** (PG-13)

**Rancho Del Rey 16**  
East H Street (619-216-4707)  
Call theater for program information

Imperial Beach

**South Bay Drive-In**  
2170 Coronado Avenue (619-423-2727)  
Call theater for program information

National City

**Plaza Bonita 14**  
3030 Plaza Bonita Road (858-558-2262)  
**Get Smart** (Pg-13); **Hancock** (PG-13); **Hellboy II: The Golden Army** (PG-13); **The Incredible Hulk** (PG-13); **Journey to the Center of the Earth** (PG); **Kung Fu Panda** (PG); **The Love Guru** (PG-13); **Meet Dave** (PG); **WALL-E** (G); **Wanted** (R); **You Don't Mess with the Zohan** (PG-13)

North Inland

Carmel Mountain

**Carmel Mountain 14**  
11620 Carmel Mountain Road (858-674-9770)  
**Get Smart** (Pg-13); **Hancock** (PG-13); **Hellboy II: The Golden Army** (PG-13); **Indiana Jones and the Kingdom of the Crystal Skull** (PG-13); **Journey to the Center of the Earth**

(PG); **Kit Kittredge: An American Girl** (G); **Kung Fu Panda** (PG); **Meet Dave** (PG); **Sex and the City** (R); **WALL-E** (G); **Wanted** (R)

Escondido

**Escondido 16**  
350 W. Valley Parkway (760-291-0119)  
**Hellboy II: The Golden Army** (PG-13) Fri. (11:05, 1:50, 4:35) 7:20, 10:05; **Journey to the Center of the Earth** (PG) Fri. (11:35, 2:00, 4:25) 7:00, 9:35

Fallbrook

**River Village 6**  
5256 S. Mission Road (760-945-8784)



**Hancock** (PG-13) (11:00 1:15 3:30) 6:00 8:15 10:30; **Hellboy II: The Golden Army** (PG-13) (11:00 1:45) 4:30 7:15 10:00; **Journey to the Center of the Earth** (PG) (12:15 2:45) 5:15 7:45 10:15; **Meet Dave** (PG) (12:00 2:30) 5:00

7:30 9:45; **WALL-E** (G) (11:15 2:00) 4:30 7:00 9:30; **Wanted** (R) (12:30 3:00) 5:30 8:00 10:45

Poway

**Poway 10**  
13475 Poway Road (858-646-9423)



**Get Smart** (Pg-13) (10:15 1:15) 4:15 7:00 9:30; **Hancock** (PG-13) (10:30 1:00 2:00 3:30) 6:00 7:15 8:15 9:45 10:45; **Hellboy II: The Golden Army** (PG-13) (10:30 1:30) 4:30 7:30 10:30; **Indiana Jones and the Kingdom of the Crystal Skull** (PG-13) 9:15 pm; **Journey to the Center of the Earth** (PG) (10:00 12:15 2:45) 5:15 7:45 10:15; **Kit Kittredge: An American Girl** (G) (11:45 2:30) 5:00 7:30 10:00; **Kung Fu Panda** (PG) (12:00 2:15) 4:45 7:00; **Meet Dave** (PG) (11:30 1:45 4:00) 6:15 8:30 10:45; **WALL-E** (G) (10:00 11:15 12:30 3:00); **Wanted** (R) (10:15 12:45 3:15) 5:45 8:15 10:45

San Marcos

**San Marcos 18**  
1180 West San Marcos Boulevard at Old California Walk (760-471-3711)  
Call theater for program information

Vista

**Vista Village**  
Highway 78 at Vista Village Drive (760-945-7469)  
**Get Smart** (Pg-13) Fri.-Sun. (10:50, 1:35, 4:15) 7:00, 9:40; **Hancock** (PG-13) Fri.-Sun. (10:10, 10:45, 11:40, 12:20, 1:15, 2:10, 3:00, 3:40, 4:15, 4:50, 5:25) 6:05, 6:40, 7:15, 7:50, 8:30, 9:05, 9:40, 10:15; **Hellboy II: The Golden Army** (PG-13) Fri.-Sun. (11:30, 2:00); **Kung Fu Panda** (PG) Fri.-Sun. (12:00, 2:20, 4:40) 7:10, 9:30; **The Love Guru** (PG-13) Fri.-Sun. 10:40p.m.; **Meet Dave** (PG) Fri.-Sun. (10:15, 11:35, 12:30, 2:15, 3:00, 4:45, 5:25) 7:05, 7:45, 9:20, 10:05; **WALL-E** (G); **Wanted** (R) Fri.-Sun. (11:45, 2:25, 5:00) 7:40, 10:15



**Get Smart** (Pg-13) (10:15 1:15) 4:15 7:00 9:30; **Hancock** (PG-13) (10:30 1:00 2:00 3:30) 6:00 7:15 8:15 9:45 10:45; **Hellboy II: The Golden Army** (PG-13) (10:30 1:30) 4:30 7:30 10:30; **Journey to the Center of the Earth** (PG) (10:00 12:15 2:45) 5:15 7:45 10:15; **Meet Dave** (PG) (11:30 1:45 4:00) 6:15 8:30 10:45; **WALL-E** (G) (10:00 11:15 12:30 3:00) 4:45 5:30 8:00 10:30; **Wanted** (R) (10:15 12:45 3:15) 5:45 8:15 10:45

**Flower Hill 4**  
2630 Via de la Valle (858-646-9425)



**Get Smart** (Pg-13) (10:00 12:30 3:00) 5:30 8:00 10:30; **Kit Kittredge: An American Girl** (G) (10:15 12:45 3:15) 5:45 8:15 10:45; \*No 5:45pm & 8:15pm on Thurs 7/17; **Mongol** (R) (10:30) 1:30 4:30 7:30 10:30; **Sex and the City** (R) (10:00 1:00 4:00) 7:00 10:00

Encinitas

**La Paloma**  
471 South Coast Highway 101 (760-436-SHOW)  
**The Visitor** (PG-13) Fri. 6:30, 8:55 Sat.-Sun. (4:00) 6:30, 8:55

La Costa

**La Costa 6**  
6941 El Camino Real (at Aviara/Alga) (760-599-8221)



**Get Smart** (Pg-13) (11:00 1:45) 4:15 7:00 9:45; **Hancock** (PG-13) (10:00 12:15 2:30) 5:00 7:30 10:00; **Indiana Jones and the Kingdom of the Crystal Skull** (PG-13) 9:30 pm; **Kung Fu Panda** (PG) (10:15 12:30 2:45) 5:00 7:15; **WALL-E** (G) (10:00 12:30 3:00) 5:30 8:00 10:30; **Wanted** (R) (10:15 12:45 3:15) 5:45 8:15 10:45

Oceanside

**Mission Marketplace 13**  
College Boulevard and Mission Avenue (760-806-1790)



**Get Smart** (Pg-13) (10:15 12:45) 3:15 5:45 8:15 10:45; **Hancock** (PG-13) (10:45 11:45 1:00 2:30 3:30) 5:00 6:00; **Hellboy II: The Golden Army** (PG-13) (10:30 11:30 1:15 2:15) 4:15 5:15 7:00 8:00 10:00 10:45; **The Incredible Hulk** (PG-13) (2:45) 7:45 10:15; **Indiana Jones and the Kingdom of the Crystal Skull** (PG-13) 10:45 pm; **Journey to the Center of the Earth** (PG) (10:00 12:15 2:45) 5:15 7:45 10:15; **Kit Kittredge: An American Girl** (G) (10:00 12:15) 5:30; \*No 10:00 am Sat 7/12 & Sun 7/13; **Kung Fu Panda** (PG) (11:00 1:30 3:45) 6:15 8:30; **Meet Dave** (PG); **WALL-E** (G) (10:00 11:30 12:45 2:00 3:15) 4:45 5:45 7:15 8:15 10:00 10:45; **Wanted** (R) (10:00 11:15 12:30 1:45 3:00) 4:30 5:30 7:00 8:00 9:30 10:30

**Oceanside 16**  
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PG-13 PARENTS STRONGLY CAUTIONED

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# Bitter Past

*Bertram loved a woman “as a gentleman loves a woman.... He loved her, and loved her not.”*

Shakespeare's always up to something. Even in plays that feel written in haste, like *All's Well That Ends Well*, the Bard's twisting conventions and turning tables.

Most of Shakespeare's romantic comedies begin with an arranged marriage: the female having no say in choosing a husband. Her father decides and, as so often happens, loathes the man she loves in secret. But what if the golden slipper were on the other foot? What if the woman — Helena in *All's Well* — were free to choose her mate with the king's blessing? And what if her intended, rich young Bertram, flat refuses enforced wedlock? In *All's Well*, Shakespeare takes a social given of his times and dumps it on its ear.

An “unseasoned courtier,” Bertram wants no truck with a “poor physician's daughter.” And even though Helena has intelligence, looks, virtue — plus, she's nuts about him — he'd rather go to war than marry beneath his station.

What follows is one of the most intrepid quests in romantic literature. Drama's first female M.D., Helena heals the dying king with a miraculous 11th-hour cure (the “very hand of heaven,” says Lafew, an old lord, who calls her “Doctor She”). Her reward? She wants Bertram. When he rejects her, Helena goes on a pilgrimage to Santiago de Compostella, one of Europe's holiest shrines. To win Bertram's hand, if not his love, she devises a scheme so impossible that an oxymoron can't

contain the contradictions: she will wear his ring and bear his child. When it comes to single-mindedness, Helena has few peers, aside from Grail seekers.

And for what? When we first see Bertram in the Old Globe's production, we see what Helena sees: Graham Hamilton makes him a square-shouldered, decent-enough guy. In the play's early, funereal scenes anticipating the king's death, Bertram stands out even more because he's got some spark. But the more we see of him — his lying, womanizing, rampant self-centeredness — the more he nose-dives, and Kimberly Parker Green's pristine Helena, who sheds her glasses and ponytail, rises. It's as if they're riding Fortune's Wheel. The higher she ascends, the lower he plunges.

Still she persists, in what comes to look more like an obsession than love. You almost want to call time-out and interview the leads: “Helena, what can you possibly see in this dude?” “Bertram, what *don't* you see in her?” — or, as much to the point, “doth'nt she persist too much?” Over the years, audiences and critics have had a “problem” with this comedy, but I never have. It's much more lifelike than most of the happy-enders. How many relationships do you know, this minute, that you'd swear don't have a prayer? How many weddings have you attended where people whisper, “Give it six months” and are being optimistic? All may be well that ends well, but at the ending

## REVIEW

JEFF SMITH



James R. Winker, Kimberly Parker Green in *All's Well That Ends Well*

**All's Well That Ends Well**, by William Shakespeare

**Old Globe Theatre**, Lowell Davies Festival Stage, Simon Edison Centre for the Performing Arts, Balboa Park  
**Directed by Darko Tresnjak**; cast: Kandis Chappell, Celeste Ciulla, Vivian Font, Kimberly Parker Green, Graham Hamilton, Wynn Harmon, Eric Hoffman, Charles Janasz, Katie MacNichol, Kern McFadden, Nat McIntyre, Jonathan McMurtry, Bruce Turk, James R. Winker; scenic design, Ralph Funicello; costumes, Linda Cho; lighting, York Kennedy; sound and original music, Christopher R. Walker; fight director, Steve Rankin  
**Playing through September 28**; note: *All's Well* runs in repertory with *The Merry Wives of Windsor* and *Romeo and Juliet*. Call the theater for days and times of each. 619-232-5623.

of *All's Well*, Helena and Bertram have only just begun.

At the Old Globe, director Darko Tresnjak relocates the play in late Victorian times, which allows Linda Cho to dress the cast in formal attire: civilians in cold charcoals, the soldiers in bright reds, blacks, blues, and gold braid. Tresnjak counters the stiff-upper-lip surface with bawdy undercurrents, including, in the scenes set in Florence, a frontal view of Michelangelo's Goliath-sized statue of David upstage — and, as t'were, upstaging all below.

Christopher R. Walker's always-useful background music announces the statue's arrival with Julius Fucik's rousing march, “The Florentine.” And the looming, heroic figure also underscores Helena's idealization of Bertram (earlier she addresses a miniature version of *David* and calls it Bertram). It also shows that, as she says, she's

more than just “religious in mine error.”

Much of the fun comes from secondary roles: Jim Winker is excellent as the crotchety king of France (“wrapped in dismal thinkings”); Kandis Chappell, Charles Janasz, and Celeste Ciulla, as expected, do capable work in throwaway parts. And Bruce Turk is special as Parolles, the braggart soldier who, as his name implies, is all words. Bertram's cynical buddy betrays his friends and gives crucial military secrets to the enemy. (Parolles exists, one suspects, so Bertram won't seem so bad.) In the end, Parolles becomes both human and a threat — like Helena — to the male-dominated social order. Bertram, he assures the king, has acted the way “honorable gentlemen” do. “Tricks he hath had in him which gentlemen have.” And Bertram loved a woman “as a gentleman loves a woman.... He loved her, and loved her not.”

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The king’s concluding lines suggest equivocation: “All yet seems well [italics mine]; and if the end so meet,/ The bitter past, more welcome is the sweet.”

In most romantic comedies where the male chases and the female flees, at some point she shows interest...and in the end has loved him all along. At the Old Globe, director Darko Tresnjak fudges a tad by having Bertram kiss Helena with boggled eyes early on, revealing a deep-seated attraction that isn’t in the text. No matter: the ending, which includes the king getting re-rejuvenated, works for those who see the glass half-full, those who see it half-empty, and for those who ask, “What glass?” ■

# THEATER LISTINGS

Theater listings and commentary are by Jeff Smith. Information is accurate

according to material given us, but it is always wise to phone the theater for any last-minute changes and to inquire about ticket availability. Many theaters offer discounts to students, senior citizens, and the military. Ask at the box office.

## All’s Well That Ends Well

As part of its Summer Shakespeare Festival, the Old Globe Theatre stages the Bard’s comedy of love unrequited. Darko Tresnjak directed. Note: *All’s Well* runs in repertory with *Romeo and Juliet* and *The Merry Wives of Windsor*. Call the theater for days and times of each.

OLD GLOBE THEATRE, 1363 OLD GLOBE WAY, BALBOA PARK. 619-234-5623. THURSDAYS, 8 P.M. FRIDAYS, 8 P.M. SATURDAYS, 8 P.M. SUNDAYS, 8 P.M. TUESDAYS, 8 P.M. WEDNESDAYS, 8 P.M. THROUGH SEPTEMBER 28.

## Annie Get Your Gun

Vanguard presents the 1999 Broadway revival version of the popular musical about sharpshooters Annie Oakley and Frank Butler — music and lyrics by Irving Berlin, book by Herbert and Dorothy Fields.

WESTMINSTER THEATRE, 3598 TALBOT

STREET, POINT LOMA. 619-224-6263. FRIDAYS, 8 P.M. SATURDAYS, 8 P.M. SUNDAYS, 7 P.M. THROUGH JULY 27.

## Boomers

Lamb’s Players Theatre reprises one of its most popular shows at its new space, the Horton Grand Theatre. *Boomers* takes a musical look at “the most memorable events of the Baby Boom decades.” Kerry Meads, who co-wrote the show with Vanda Eggington, directed.

HORTON GRAND THEATRE, 444 FOURTH AVENUE, DOWNTOWN. 619-234-9583. THURSDAYS, 7:30 P.M. FRIDAYS, 4 AND 8 P.M. SATURDAYS, 4 AND 8 P.M. SUNDAYS, 2 P.M. WEDNESDAYS, 7:30 P.M. THROUGH AUGUST 31.

## Bowl of Contention: An Evening of Original One-Act Plays

For one evening only, Oliveus Productions, a new local theater company, presents *Picante*, by Nick Mata; *Samosas*, by Madhusree Ghosh; and *Beyond Oatmeal*, by Leslie Ridgeway — each concerned with honest communication.

UNIVERSITY OF SAN DIEGO, 5998 AL-CALA PARK, USD. 619-260-4600. SATURDAY, 8 P.M.

## Cadillacs of Comedy

Carlsbad Village Theater hosts the comedy group that vows to “take the funny business from crass to class in 4.7 seconds.”

CARLSBAD VILLAGE THEATRE, 2808 STATE STREET, CARLSBAD. 760-434-5944. FRIDAYS, 8 P.M. SATURDAYS, 8 P.M. OPEN-ENDED RUN.

## Golden Boy

In today’s terminology, you could say that Joe Bonaparte has bipolar gifts. His hands are as adept at boxing as they are with a violin. His skills are so extreme, in Clifford Odets’s drama, they’re on a collision course. The play’s three acts depict a 12-round bout: Mammon vs. the Muses. Bit by the “gold bug,” Joe sides with the former. In a persistent sense, he resembles Faust. But instead of selling his soul to the devil, Joe sacrifices his artistic gift for about 18 months of material glitter. To underline the Faust connection, Odets originally subtitled the play “a modern allegory.” New Village Arts’s staging gets the style, and much of the sweep, of the 1937 drama. As Joe, Michael Zlotnik has fine moments but needs more conviction: he’s

acted upon, yet should be the agent of his own demise. Manny Fernandes — slick hair, shiny forehead (and first-rate) rockets through his lines as Moody, Joe’s harried manager. Eric Poppick’s touching Mr. Bonaparte, Jeff Anthony Miller’s Tokio (the understanding trainer), and Greg Wittman’s humorous Siggie encircle Joe with patter and, in the end, confusion and hurt. As Joe’s half-on, half-off girlfriend Lorna, Amanda Sitton has a pitch-perfect, been-there-done-that tone. Her shoulders swivel when she walks, and she never just sits in a chair: she has an armada of slouches, all elegant and tinged with a greener shade of jade. Director Joshua Everett Johnson plays Eddie, the slick gangster with Mephistophilean urges, and slithers around Kristianne Kurner and Tim Wallace’s serviceable set like a viper.

Worth a try.

NEW VILLAGE ARTS THEATRE, 2787 B STATE STREET, CARLSBAD. 760-433-3245. THURSDAYS, 8 P.M. FRIDAYS, 8 P.M. SATURDAYS, 3 AND 8 P.M. SUNDAYS, 2 P.M. THROUGH JULY 13.

## Guys and Dolls

Moonlight Stage Productions opens the summer season with one of the most popular Broadway musicals, based on the characters of Damon Runyon. To win his next bet, Sky Masterson will need luck to be a lady. John Vaughn directed.

MOONLIGHT AMPHITHEATRE IN BRENGLER TERRACE PARK, 1200 VALE TERRACE, VISTA. 760-724-2110. THURSDAYS, 8 P.M. FRIDAYS, 8 P.M. SATURDAYS, 8 P.M. SUNDAYS, 8 P.M. WEDNESDAYS, 8 P.M. THROUGH JULY 20.

## Helen

The Theatre, Inc., presents Euripides’ revisionist take on the Helen of Troy myth, translated by Marianne McDonald and J. Michael Walton and directed by Douglas Lay.

THEATRE, 4144 CAMPUS AVENUE, UNIVERSITY HEIGHTS. 619-216-3016. THURSDAYS, 8 P.M. FRIDAYS, 8 P.M. SATURDAYS, 8 P.M. SUNDAYS, 2 P.M. THROUGH AUGUST 3.

## The Hit

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Calendar  
THEATER

Samm, short for Samantha, means ill, but is new at her work as a “hit man” and tends to become personally involved. The real villain, in this world premiere at Lamb’s Players, is the hospital that convinced Susan, owner of an antique shop in San Francisco, that she’s dying of cancer. Susan hires Samm for a whack job so Susan’s brother can use the insurance for graduate work at Stanford. When Susan mistakes Sam, a travel agent, for Samm, complications unfold in a briskly paced show (the pace moves almost fast enough to blur some flimsy causes, plus Samm’s cruelty to animals). Buckley’s a triple threat: he wrote the script, he plays Sam, and he designed the prop-rich set. At first sight, Susan’s antique shop looks too cramped. But Buckley creates several playing spaces amid, at least, 100 chairs, tea kettles, tables, pitchers, rugs, and a cricket bat. Sam says Susan’s “bipolar,” and Cynthia Peters handles both sides (the comedic and

the potentially tragic) with skill. Season Duffy has a lark as Samm, the garrulous villain. Chris Bresky could reign in his physicality, at times, but offers an engaging Steve. His hair a heroic comb-over, his lines neo-Russo-Balkan, David Cochran Heath scores as Slavo, resident thug. *The Hit* has a thematic subtext: call it “buyer behavior,” as half a dozen people (dressed distinctly, by Jeanne Reith, and well performed by Gail West and Paul Malley) enter the store and shop in odd, often funny, ways. (Note: Due to popular demand, Lamb’s Players has extended the run of *The Hit*.) *Worth a try.*

LAMB’S PLAYERS THEATRE, 1142 ORANGE AVENUE, CORONADO. 619-437-0600. THURSDAYS, 7:30 P.M. FRIDAYS, 8 P.M. SATURDAYS, 4 AND 8 P.M. SUNDAYS, 2 P.M. TUESDAYS, 7:30 P.M. WEDNESDAYS, 7:30 P.M. THROUGH JULY 20.

Into the Woods

Starlight Musical Theatre presents the Stephen Sondheim/James Lapine musical that asks: what happens to the stars of fairy tales and their happily-ever-after lives? STARLIGHT MUSICAL THEATRE, SOUTH PAN AMERICAN PLAZA, BALBOA PARK. 619-544-7827. THURSDAYS, 8 P.M. FRI-



Golden Boy

DAYS, 8 P.M. SATURDAYS, 8 P.M. SUNDAYS, 8 P.M. THROUGH JULY 27.

Madagascar

“A secret has an answer,” says a character in J.T. Rogers’s drama,

adding that a mystery remains a mystery. The analogy’s false, since mysteries have solutions, but it works for *Madagascar*, which moves forward and backward, unraveling and unraveling at the same

time. A man has vanished. For much of Act One you don’t know who, only that a good percentage of people who choose to disappear are successful. In Act Two, the mystery becomes: why did he leave? Like a poison, the solution(s) to the mystery infect those left behind. The play’s set in a stripped-down hotel room, in Rome, above the Piazza di Spagna. It takes place today, as Nathan confesses; and three days ago, as young June dares to remember; and five years ago, as June’s mother Lillian builds a wall of denial and stands perplexed behind it. Like *Chinatown*, the play’s title becomes a geographical locale and the site of metaphorical jazzercise. The North Coast Rep’s offering a capably done staging, for the most part. Marty Burnett’s creamy yellow-gold hotel room walls peel like a sunburn, and M. Scott Grabau’s lighting expertly frames faces.

Though they could put more variety in their deliveries, the cast performs admirably: Rosina Reynolds (in a curly blond wig), stately and fracturing as Lillian; Frank Corrado, humble, quizzical Nathan; Christy Yael’s June, an ocean of subtexts. In some ways, how the playwright weaves clues and red herrings (and admonishes his audience to heed every one: “You’re not paying attention!”) becomes as, if not more, interesting than the characters’ upended expectations, since he forces you to listen to every word rather than respond emotionally to the situations. This has a rational, distancing effect. For people who require “structures” and “grids” (the playwright’s words) of order, *Madagascar* may frustrate. But the play has some terrific writing, and the conundrum is such that, were an easy solution given, it would frustrate even more.

*Worth a try.* NORTH COAST REPERTORY THEATRE, 987-D LOMAS SANTA FE DRIVE, SOLANA BEACH. 858-481-1055. THURSDAYS, 8 P.M. FRIDAYS, 8 P.M. SATURDAYS, 8 P.M. SUNDAYS, 2 P.M. THROUGH AUGUST 3.

*The Merry Wives of Windsor* The Old Globe Theatre stages Shakespeare’s comedy of comeuppance, as Sir John Falstaff gets his from two cunning wives. Paul Mullins directed. Note: *Merry Wives* runs in repertory with *Romeo and Juliet* and *All’s Well That Ends Well*. Call the theater for days and times. OLD GLOBE THEATRE, 1363 OLD GLOBE WAY, BALBOA PARK. 619-234-5623. THURSDAYS, 8 P.M. FRIDAYS, 8 P.M. SATURDAYS, 8 P.M. SUNDAYS, 8 P.M.

TUESDAYS, 8 P.M. WEDNESDAYS, 8 P.M. THROUGH SEPTEMBER 28.

The Most Fabulous Story Ever Told

Looking Glass Theatre and Rain-bow Action Group present Paul Rudnick’s comedy about the Bible seen from a gay perspective. Geoffrey A. Cox directed. FIRST UNITARIAN UNIVERSALIST CHURCH OF SAN DIEGO, 4190 FRONT STREET, HILLCREST. 619-298-9978. FRIDAY, 8 P.M. SATURDAY, 8 P.M.

National Comedy Theatre

Improvisational comedy, making up funny stuff on the spot, is difficult enough. Years ago, however, Keith Johnstone thought it’d be more exciting if done competitively. He got the idea from pro wrestling (“where Terrible Turks mangled defrocked priests while grannies waved their handbags”). National Comedy Theatre, an offshoot of Johnstone’s TheatreSports (artistic director Gary Kramer says the two compare like “rugby and American football”), resembles an athletic event more than an improv. Teams wear uniforms and compete on ActroTurf. Using suggestions from the audience, they play “Emotional Sympathy,” “Blind Line,” and “Freeze Tag,” with judges awarding points to the best scenes. Klunkers and groaners get booed; quick wit rewarded (one of the most refreshing parts of the contest: people acknowledge failure, abundantly, then forget it). It makes for a lively, often funny evening. And Gary Kramer is one talented comedian.

*Worth a try.* MARQUIS THEATER, 3717 INDIA STREET, MISSION HILLS. 619-295-4999. FRIDAYS, 7:30 AND 9:45 P.M. SATURDAYS, 7:30 AND 9:45 P.M. OPEN-ENDED RUN.

The Night Watcher

As part of its Page to Stage play-development program, the La Jolla Playhouse presents Charlayne Woodward’s one-person work-in-progress about family and “a sort of motherhood.” Robert Egan directed. LA JOLLA PLAYHOUSE, 2910 LA JOLLA VILLAGE DRIVE, UCSD. 858-550-1010. THURSDAYS, 8 P.M. FRIDAYS, 8 P.M. SATURDAYS, 8 P.M. SUNDAYS, 2 AND 7 P.M. TUESDAYS, 7:30 P.M. WEDNESDAYS, 7:30 P.M. THROUGH JULY 27.

No Sex Please, We’re British

PowPac, Poway’s community theater, presents the British farce about newlyweds inundated with Scandinavian pornography. Raylene J. Wall directed. POWPAC, POWAY’S COMMUNITY THEATER, 13250 POWAY ROAD, POWAY. 858-679-8085. FRIDAYS, 8 P.M. SATURDAYS, 8 P.M. SUNDAYS, 2 P.M. THROUGH AUGUST 10.

The Phantom of the Opera

Broadway\*San Diego hosts a 36-member touring production of Andrew Lloyd Webber’s musical about a masked figure lurking in the catacombs of an opera house. SAN DIEGO CIVIC THEATRE, 1100 THIRD AVENUE, DOWNTOWN. 858-570-1100. WEDNESDAYS, 7 P.M. THROUGH AUGUST 10.

Resilience of the Spirit

Compass Theatre’s second annual festival includes 15 plays about “discovery, confirmation, recovery, and celebration.” For plays, days, and times, call the theater at 619-688-9210 or visit the website: [www.compass theatre.com](http://www.compass theatre.com). COMPASS THEATER, 3704 SIXTH AVENUE, HILLCREST. SUNDAYS, 8 P.M. MONDAYS, 8 P.M. TUESDAYS, 8 P.M. WEDNESDAYS, 8 P.M. THROUGH AUGUST 3.

THEATER DIRECTORY

**Actors Alliance Of San Diego**  
2650 Truxton Road, Suite 203  
Liberty Station  
(619) 224-3600 [www.actorsalliance.com](http://www.actorsalliance.com)

**Arts Tix**  
28 Horton Plaza, Downtown  
(619) 497-5000  
[www.sandiegoperforms.com](http://www.sandiegoperforms.com)

**Asian American Repertory Theatre**  
(888) 568-2278  
[www.asianamericanrep.org](http://www.asianamericanrep.org)

**Beacon Theatre**  
(760) 724-8218  
[www.beaontheatresd.com](http://www.beaontheatresd.com)

**Borrego Springs Performing Arts Center**  
590 Palm Canyon Dr., Borrego Springs  
(760) 767-4275 [www.bspac.us](http://www.bspac.us)

**The Broadway Theatre**  
340 East Broadway, Vista  
(760) 806-7905 [www.premiereforkids.com](http://www.premiereforkids.com)

**California Center For The Arts**  
340 N. Escondido Blvd., Escondido  
(760) 839-4100 [www.artcenter.org](http://www.artcenter.org)

**Carlsbad Village Theatre**  
2822 State St., Carlsbad  
(760) 729-0089  
[www.carlsbadvillagetheatre.com](http://www.carlsbadvillagetheatre.com)

**Centro Cultural De La Raza**  
2004 Park Blvd., Balboa Park  
(619) 235-6135 [www.centroraza.com](http://www.centroraza.com)

**CCT Musical Theater**  
1545 Pioneer Way, El Cajon  
(619) 588-0206  
[www.cctmusicaltheater.com](http://www.cctmusicaltheater.com)

**Civic Theatre**  
3rd & B, Downtown  
(858) 570-1100 [www.sdcivic.org](http://www.sdcivic.org)

**Center Stage Players**  
(619) 750-5402  
[www.centerstageplayers.com](http://www.centerstageplayers.com)

**Clairemont Community Players**  
Holmes Elementary  
4902 Mt. Ararat, Clairemont  
(858) 560-5114

**Community Actors Theatre**  
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(619) 264-3391  
[www.communityactors theatre.com](http://www.communityactors theatre.com)

**Compass Theatre**  
3704 6th Ave., Hillcrest  
(619) 688-9210 [www.sixthatpenn.com](http://www.sixthatpenn.com)

**Copley Symphony Hall**  
750 B St., Downtown  
(619) 235-0804  
[www.sandiegosymphony.com](http://www.sandiegosymphony.com)

**Coronado Playhouse**  
1835 Strand Way, Coronado  
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[www.coronadoplayhouse.com](http://www.coronadoplayhouse.com)

**CYT Theater For Kids**  
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(619) 588-0206 [www.cyt.com](http://www.cyt.com)

**Cygnat Theatre Company**  
6663 El Cajon Blvd., Ste. N, College Area  
(619) 337-1525 [www.cygnattheatre.com](http://www.cygnattheatre.com)

**Diversiory Theatre**  
4545 Park Blvd., Normal Heights  
(619) 220-0097 [www.diversiory.org](http://www.diversiory.org)

**East County Performing Arts Center**  
210 E. Main St., El Cajon  
(619) 440-2277 [www.ecpac.com](http://www.ecpac.com)

**Educational Cultural Complex Theater**  
4343 Ocean View Blvd., Southeast  
(619) 527-5256

**Eveoke Dance Theatre**  
644 7th Ave., Downtown  
(619) 238-1153 [www.eveoke.org](http://www.eveoke.org)

**The Fault Line Theatre**  
3152 Fifth Ave., Hillcrest  
(619) 692-3382 [www.faultlineprod.com](http://www.faultlineprod.com)

**Fern Street Circus**  
(619) 235-9756 [www.fernstreetcircus.org](http://www.fernstreetcircus.org)

**The Fritz Theatre**  
(619) 233-7505 [www.fritztheatre.com](http://www.fritztheatre.com)

**Grossmont College**  
Stagehouse Theatre, El Cajon  
(619) 644-7234  
<http://grossmont.geccd.cc.ca.us/>

**The Hispanic Arts Theatre Of San Diego**  
(619) 475-7496

**H.I.T. Productions Dinner Theater**  
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(619) 561-8673 [www.dinnertheater.net](http://www.dinnertheater.net)

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(619) 374-6894 [www.iontheatre.com](http://www.iontheatre.com)

**Iris Theater**  
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**Laguna Playhouse**  
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**La Jolla Playhouse**  
Mandell Weiss Center, UCSD  
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[www.lajollaplayhouse.org](http://www.lajollaplayhouse.org)

**La Jolla Stage Company**  
7887 Herschel Ave.  
(858) 459-7773 [www.thelajollastageco.org](http://www.thelajollastageco.org)

**Lamb’s Players Theatre**  
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**MiraCosta College Theatre**  
One Barnard Dr., Oceanside  
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**Mira Mesa Theatre Guild**  
(858) 693-7328

**Moonlight Stage Productions**  
651 E. Vista Way Vista  
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**The Muse Theatre**  
(619) 239-2894  
[www.themusetheatre.com](http://www.themusetheatre.com)

**Mystery Cafe**  
The Imperial House Restaurant  
505 Kalmia St., Hillcrest  
(619) 544-1664 [www.mysterycafe.net](http://www.mysterycafe.net)

**National Comedy Theatre**  
3717 India St., Mission Hills  
(619) 295-4999  
[www.nationalcomedy.com](http://www.nationalcomedy.com)

**New Village Arts Theatre**  
2787 B State St., Carlsbad  
(760) 433-3245 [www.NewVillageArts.org](http://www.NewVillageArts.org)

**North Coast Repertory Theatre**  
987-D Lomas Santa Fe Dr., Solana Beach  
(858) 481-1055 [www.northcoastrep.org](http://www.northcoastrep.org)

**North Park Vaudeville**  
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**The Old Globe Theatre**  
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[www.oldglobe.org](http://www.oldglobe.org)

**Old Town Theatre**  
4040 Twiggis St., Old Town  
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[www.theatreinoldtown.com](http://www.theatreinoldtown.com)

**Onstage Playhouse**  
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**Palomar College Theatre**  
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**Patio Playhouse**  
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**Point Loma Nazarene University**  
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**Poway Center For The Performing Arts**  
15498 Espola Rd., Poway  
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### Rio Can Be Murder

Mystery Cafe presents an interactive dinner-theater show onboard the *William D. Evans* stern-wheeler. It's the first carnival celebration in Rio de Janiero after WWII. Everyone's masked, including the evil villain. 619-544-1600. BAHIA RESORT HOTEL, 998 WEST MISSION BAY DRIVE, MISSION BEACH. THURSDAYS, 6:30 P.M. WEDNESDAYS, 6:30 P.M. THROUGH AUGUST 28.

### Robert Dubac's Male Intellect: The Second Coming!

Robert Dubac's sequel to his play *The Male Intellect: An Oxymoron?* promises "more truth, less" — actually it should be "fewer" — "lies." Afflicted with too much male chauvinism, he tries to find a balance between his left brain (linear, rational) and his right (emotional). He labels the two hemispheres "male" and "female." They aren't, but anyway. In Act Two, having found his balance, he ventures behind the "door of truth" and gives us unvarnished, outside-the-box revelations ("there are no stars in *Dancing with the Stars*"). Although the tidy oppositions — women are this, men that — come from pop psychology (which has always been allergic to multi-polarities), and though Dubac upholds stereotypes as much as he warps them, the show's often quite funny. Some of the best material comes when his characters, like grumpy Uncle Bob, say unexpected things. His repertoire includes magic tricks (demolishing a newspaper, clumping it together, and unfolding the pristine original), a quasi-mystical blackboard with key words embedded, and, the highlight, a cigarette in each ear performing "Dueling Banjos" from *Deliverance*. On opening night Dubac blasted through the evening as if he had a plane to catch. His characters' accents often blurred the jokes, the punch lines in particular. Unlike most stand-up comedians, Dubac wants his audience to think. His show would be even better if he gave them time to do it.

#### Worth a try.

LYCEUM THEATRE, 79 HORTON PLAZA, DOWNTOWN. 619-858-0322. THURSDAYS, 8 P.M. FRIDAYS, 8 P.M. SATURDAYS, 5 AND 8 P.M. SUNDAYS, 2 AND 5 P.M. THROUGH JULY 13.

### Romeo and Juliet

The Old Globe Theatre stages Shakespeare's tragedy of star-crossed lovers on the outdoor festival stage. Richard Seer directed. *Romeo and Juliet* runs in repertory with *The Merry Wives of Windsor* and *All's Well That Ends Well*. Call the theater for days and times of each. OLD GLOBE THEATRE, 1363 OLD GLOBE WAY, BALBOA PARK. 619-234-5623. THURSDAYS, 8 P.M. FRIDAYS, 8 P.M. SATURDAYS, 8 P.M. SUNDAYS, 8 P.M. TUESDAYS, 8 P.M. WEDNESDAYS, 8 P.M. THROUGH SEPTEMBER 28.

### Shivaree

OnStage Playhouse presents William Mastrosimone's drama about a sheltered hemophiliac and his neighbor, an itinerant belly dancer. Teri Brown directed. ONSTAGE PLAYHOUSE, 291 THIRD AVENUE, CHULA VISTA. 619-422-7787. FRIDAYS, 8 P.M. SATURDAYS, 8 P.M. SUNDAYS, 2 P.M. THROUGH AUGUST 9.

### A Streetcar Named Desire

Ion Theatre staged Tennessee Williams's masterpiece about strangers and kindness during a steamy New Orleans summer. Claudio Raygoza directed. ION THEATRE COMPANY, 4580-B ALVARADO CANYON ROAD, GRANTVILLE. 619-374-6894. SUNDAYS, 2 P.M. THROUGH AUGUST 10.

### Summer Shorts

New Vision Theatre presents its third annual collection of ten-minute plays selected from hundreds of submissions ("most deal with a real 'slice of life,' but a couple are, well, out there"). Call the

theater for plays, days, and times at 760-439-1543.

SUNSHINE BROOKS THEATRE, 217 NORTH COAST HIGHWAY, OCEANSIDE. FRIDAYS, 8 P.M. SATURDAYS, 8 P.M. SUNDAYS, 2 P.M. THROUGH JULY 27.

### Wait a Minute, Men!

Palomar Performing Arts presents a "real-time take on contemporary border/immigration issues," conceived by Carlos von Son and Michael Mufson, who has directed. HOWARD BRUBECK THEATRE AT PALOMAR COLLEGE, 1140 WEST MISSION ROAD, SAN MARCOS. 760-744-1150. FRIDAY, 8 P.M. SATURDAY, 8 P.M. SUNDAY, 2 P.M.

### Where There's a Will... There's a Wake

Mystery Café Dinner Theatre presents James Pascarella and Will Roberson's interactive comedy, set in a 1920s speakeasy where suspicion shrouds every "gangster, game, and dame." Pascarella directed. MYSTERY CAFE, 505 KALMIA STREET, HILLCREST. 619-544-1664. FRIDAYS, 8 P.M. SATURDAYS, 8 P.M. OPEN-ENDED RUN.

### Yank!

Diversiory Theatre stages the West Coast premiere of David and Joe Zellnik's musical "love song to Hollywood's 'it takes one of every kind' platoon flicks" and to 1940s Broadway. Igor Goldin directed. DIVERSIONARY THEATRE, 4545 PARK BOULEVARD, UNIVERSITY HEIGHTS. 619-220-0097. SATURDAYS, 8 P.M. SUNDAYS, 2 AND 7 P.M. THROUGH AUGUST 17.



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Katie MacNichol, Eric Hoffmann and Celeste Culla.



### ALL'S WELL THAT ENDS WELL

Directed by Darko Tresnjak

Helena, a doctor's daughter, provides a miracle cure for the ailing king and he rewards her with the husband of her choice. But after she chooses the unwilling Bertram, she finds that marriage and requited love are, sadly, worlds apart. But all is not lost in this enchanting Shakespearean fairy tale, in which an indomitable heroine cunningly sets out to win the heart of her man.

Kimberly Parker Green, James R. Winkler, and Graham Hamilton. Photos by Craig Schwartz.

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By: Christine and Patrick Hage. Photo by Craig Schwartz.

## ROBERT DUBAC'S MALE INTELLECT: THE 2<sup>ND</sup> COMING!

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**CLASSROOM AIDES.** Work with developmentally disabled children in non-public school. Experience preferred. Allied Gardens, Chula Vista, La Mesa. Monday-Friday, 7:30am-1pm. \$9.75/hour to start. EOE. www.vistahill.org. E-mail: steinjobs@vistahill.org. Fax resume: 619-281-0453. EOE. Apply weekdays, 9am-4pm: Stein Education Center, Attention: HR, 6145 Decena Drive, San Diego CA 92120.

**CLEANING SERVICES—TEMPORARY** Workers for great event in July at San Diego Convention Center Corporation. To apply, visit our website's job board at www.visitsandiego.com. Applicants must be 18 years of age or older. Equal Opportunity Employer/Drug-free workplace.

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**CONVENTION STAFFING** Services Representative (PTO) for the award-winning San Diego Convention Center Corporation. To apply, visit our website's job board at www.visitsandiego.com. Applicants must be 18 years of age or older. Equal Opportunity Employer/Drug-free workplace.

**COOK,** full time, evenings. Long-term care facility. Must speak fluent English. Some experience preferred. 7760 Parkway Drive, La Mesa. Call 619-469-0124 x21.

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**CUSTOMER SERVICE/DISPATCHER.** ARS of San Diego is seeking a motivated multitasker with good communication and leadership skills for a fast-paced environment. Must be a team player with a minimum of 2 years Dispatcher experience. Fax resume: 858-677-5479; or apply in person: 9895 Olson Drive, Suite A, San Diego 92121. Drug-free work environment. License #791820.

**DEPUTY SHERIFF** and Deputy Sheriff Detentions/Courts. San Diego County Sheriff's Department. Hiring for two types of positions; take one exam, apply for either or both! Exam Dates: Wednesday, July 16, 2008, 12:30pm arrival or Saturday, July 19, 2008, 7:30am arrival or Wednesday, July 23, 2008, 5:30pm arrival: Sheriff Administrative Center, 9621 Ridgehaven Court, San Diego, CA 92123. Space is limited. Registration by email or phone is required prior to the test at recruit@sdsheriff.org. Detention/Courts: \$39,796-\$61,608 annual salary, plus benefits. 18-year-olds eligible to apply! Deputy Sheriff: \$49,704-\$71,099 current annual salary, plus benefits. U.S. citizen or applied for citizenship; 20-1/2 years old. High school graduate or G.E.D. required. Valid California Driver's License prior to appointment. Effective oral and written communication in English. EOE. Additional test dates: www.joinsdSHERIFF.net. 858-974-2000.

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**DISPATCHER.** 911 Emergency. Looking for a challenging career in Public Safety? San Diego County Sheriff's Department is testing July 19, 2008 or August 16, 2008. Sign-up begins 6:30am. San Diego County Operations Center, entrance at corner of Complex Street and Topaz Way, San Diego (Kearny Mesa). First come, first served. Limited seating. Bring valid picture ID. Must be at least 18 years; be proficient in English; pass computer-based performance test; pass background and medical checks. No experience necessary. Compensation as of 6/20/08: Entry Level, \$18.22/hour. Lateral Entry, \$21.93 to \$26.66/hour. Medical, dental, vision, life insurance and retirement benefits. EOE. www.sd911.com. Jobline: 858-565-5566.

**DISPATCHER/CUSTOMER SERVICE.** ARS of San Diego is seeking a motivated multitasker with good communication and leadership skills for a fast-paced environment. Must be a team player with at least 2 years dispatcher experience. Fax resume: 858-677-5479; or apply in person: 9895 Olson Drive, Suite A, San Diego (92121). Drug-free work environment. License #791820.

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Assist teachers in group- and community-based instruction for developmentally disabled adults. Implement behavioral management programs. 30 hours/week.

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**Stein Education Center, 6145 Decena Drive, San Diego, CA 92120**

Fax: 619-281-0453, E-mail: steinjobs@vistahill.org

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**Asst. Housekeeping Manager** Résumé: [housekeeping@optimumhealth.org](mailto:housekeeping@optimumhealth.org)

\$14.36-\$17.95/hr. Assist department with staff of 12-15 and all housekeeping activities for 130-room facility. Minimum 2 years' hotel, 2 years' supervisory experience. Exceptional customer service with excellent verbal and writing skills. MS Office. English is required.

**Greenhouse Worker** Résumé: [greenhouseworker@optimumhealth.org](mailto:greenhouseworker@optimumhealth.org)

\$8.84-\$10.40/hr. Responsible for all aspects of planting, growing and harvesting of wheatgrass and other sprouts in a greenhouse environment. Assist with seed deliveries, daily cleaning of the grounds, restocking seed supplies, shipping, the OHI Store, driving utility carts on the property. High school diploma/general education degree (GED) or equivalent required. Experience in Landscape, Gardening Agriculture, Greenhouse and Nurseries.

**Apply at: 6970 Central Ave., Lemon Grove, CA 91945**  
**[www.optimumhealth.org](http://www.optimumhealth.org) • 858-634-5516**

Rewarding, non-smoking, drug-free environment. Benefits.



## Careers in Probation

## Deputy Probation Officer

Minimum Qualifications

- 21 years old • Good physical condition • No illicit drug usage
  - U.S. citizen or in process of becoming a citizen
- No felony convictions • Bachelor's degree with experience

**Salary – New: \$52,520-\$63,835 annually**  
**Safety Retirement–Sworn Officers 3% at age 50.**  
**Bilingual men/women encouraged to apply.**

**Test dates: July 26, 2008 or August 23, 2008**

**Qualified applicants will be notified by mail of the date, time and location of the test.** All applications must be submitted no later than 15 days prior to the exam date. Applications received after the 15th day will be scheduled for the following exam. Applications can be accessed on-line from the Job/Current Recruitments section of the County website at:

**<http://www.sdcounty.ca.gov>**  
**Jobline: 858-514-8558**





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Candidates should have good math skills, be able to lift 40 lbs., and be willing to stand all day. Must have 1 year of previous manufacturing experience. These will initially be payrolled through an agency during an introductory period.

Koch Membrane Systems offers an excellent benefits package including a matching 401(k) plan.

Fill out an application at: 10054 Old Grove Road, San Diego, CA 92131, or e-mail application request to: [jastigall@kochmembrane.com](mailto:jastigall@kochmembrane.com)

For more information about the company, please visit our website: [www.kochmembrane.com](http://www.kochmembrane.com) EOE M/F/D/V

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**GENERAL.** Free employment and training services for individuals with disabilities, ages 18-21 on probation or parole. Able-Disabled Advocacy, Inc., 2850 6th Avenue Suite 311, San Diego, CA 92103. 619-231-5990 x305.

**GENERAL.** Gain skills to succeed. Are you 16 to 21, low income, need high school diploma or GED and work experience? Turning the Hearts Center, 619-691-9643.

**GREENHOUSE WORKER.** \$8.84-\$10.40/hour. OHI is a mission of the Free Sacred Trinity Church, a non-denominational church that has been operating spiritual retreats since 1976. Responsible for all aspects of planting, growing and harvesting wheatgrass and other sprouts in greenhouse environment. Assist with seed deliveries, daily cleaning of the grounds, restocking seed supplies, shipping, the OHI Store, driving utility carts on the property. High School diploma, general education (GED) or equivalent required. Experience in Landscape, Gardening Agriculture, Greenhouse and Nurseries. Nonsmoking, drug-free environment. Resume to: [greenhouseworker@optimumhealth.org](mailto:greenhouseworker@optimumhealth.org) or call 858-634-5516. Apply at 6970 Central Avenue, Lemon Grove CA 91945. [www.optimumhealth.org](http://www.optimumhealth.org).

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Careers in



# Probation

## Correctional Deputy Probation Officer I

### Minimum Qualifications

- 21 years old • Good physical condition • No illicit drug usage
  - U.S. citizen or in process of becoming a citizen
- No felony convictions • High school diploma or GED

### Salary:

New: \$36,275-\$46,300 annually

Safety Retirement-Sworn Officers 3% at age 50.

Bilingual men/women encouraged to apply.

### Test dates:

July 12, 2008 • 8 am  
or August 2, 2008 • 8 am

Montgomery Middle School  
2470 Ulric Street • San Diego, CA 92111

Applications available at the test site.

For additional information, contact the department's

**Jobline: 858-514-8558**

[www.sdcounty.ca.gov/probation](http://www.sdcounty.ca.gov/probation)

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# Man Without a Neighborhood

Author name: **Dominic Carrillo**  
Neighborhood: **College Area**  
Age: **32**  
Occupation: **Teacher**

I suppose I am a man without a neighborhood. As a lifelong San Diegan, I have called many neighborhoods “home.” Often I find myself in the minority and my native claim second only to the Kumeyaay Indian (though an admittedly distant second).

However, I’m proud to say my ancestral neighborhood is the College Area. At the crossroads of El Cajon Boulevard and College Avenue lies a bustling, run-of-the-mill strip mall that used to be a drive-in movie theater with a scantily clad, baton-twirling white chick, complete with Sioux Indian headdress, facing the intersection (one can still spot this anachronistic SDSU mascot if they look carefully).

It now boasts a Vons, Starbucks, Cold Stone Creamery, and Burger King. Talk about a place with true character, originality, and tradition! Adjacent to this strip mall rests another smaller, corner strip mall with a Washington Mutual and a Subway. It used to be a Wells Fargo and an independ-



ent bike shop. All exciting, historical developments — I know. Across the street is a Little Caesars that dishes out five-dollar pizzas. If you’re lucky, you can catch an underpaid teenager or recently released mental patient spinning a promotional sign — “Hot and Ready!” If it wasn’t for the price, I’d be extremely unsatisfied.

This Little Caesars used to be a 7-Eleven. I was addicted to Slurpees as a child. I loved that 7-Eleven. Now it’s gone. Even the long-lived but easily forgotten Vietnamese restau-

*Editor’s note: We received more than 50 entries for our first monthly neighborhood website essay contest. The winner of the \$500 first prize for June is printed below.*

*Next issue, July 17, we print the second place June winner (\$250) and the third-place winner (\$100) on July 24.*

*Deadline for neighborhood essay entries for July is July 31, 12 midnight.*

*Post your entry by going to [SDReader.com/neighborhoods](http://SDReader.com/neighborhoods), find your neighborhood or campus, and follow the instructions to create a blog.*

rant that must have served as a criminal front for decades was stripped and renovated. Now it’s an upscale coffee shop called Cutter’s Point that makes mochas for SDSU students who either can’t appreciate the character or find a place to sit at the Living Room Coffeehouse.

The only architectural image from my childhood that remains in the College Area is the 40-year-old Aztec Budget Inn. It’s described by Yahoo! Travel as a “hacienda-style inn” that has become “a landmark in the area of town close to SDSU” for prospective students and teachers. Having lived in the area for over 20 years, I would alter that description just slightly to something like

this: “A multi-cultural, brothel-style inn that has become a landmark....” It has hourly rates, for chrissake!

On the brighter side of the community, there’s Los Ponchos — or Señor Ponchos, as it is now called. The omnipresent but always unique local taco shop may well be the epicenter of unity, pride, and gastrointestinal difficulty for every Southern California neighborhood. (In fact, if one is planning on sparking a grass-roots revolution in San Diego, I suggest starting at Adalberto’s and working your way up alphabetically to Zamberto’s). I could proudly say I had eaten everything listed and unlisted on Los Ponchos’ menu without

once getting sick. Now it’s Señor Ponchos — and totally different. No more mysteriously creamy, light green, fake guacamole or extra-grease-infused sauce. Luckily, Trujillo’s Taco Shop has entered the fray, and they make the best carne asada burritos on the planet. Really.

And — though insignificant in comparison to the local Mexican food — the residential community has cleaned up, too. Police-helicopter noise is now a rarity. Many homes have been remodeled and overappraised. More children and dog-walkers roam the streets than stray homeless men or crackheads wandering off of El Cajon Boulevard. Why, you

may ask? It seems that about ten years ago a few well-dressed, stylish, wealthy young men and their partners decided to work wonders in this neighborhood — raising property values through the roof! Great if you’re a homeowner. Tragically if you ever plan to be one.

The bottom line is that things have changed in my old SDSU neighborhood — even the name: College Area, El Cerro, “near La Mesa” — I don’t exactly know what to call it anymore. So here I am: a San Diego native without a neighborhood. And, by all means, feel free to have about as much sympathy for me as you would for the guy who regularly complains about the weather.

**GUEST SERVICES REPRESENTATIVES—**Temporary positions for great event in July at San Diego Convention Center Corporation. To apply, visit our website’s job board at [www.visitsandiego.com](http://www.visitsandiego.com). Applicants must be 18 years of age or older. Equal Opportunity Employer/Drug-free workplace.

**HAIR DESIGNERS.** Busy Gaslamp salon seeking booth renters. Walk-ins available! Great urban loft environment, convenient

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**HAIRSTYLIST.** Booth rental. Charming, boutique-style salon in Mission Hills with view of Bay and park. Hardwood floors/natural lightning, plenty of free parking.

Please call Roxane, Studio 7 Salon, 619-459-1470.

**HAIRSTYLIST.** Booths available. Great move-in specials! Fun, funky Hillcrest salon. Parking in rear for clients. Partial clientele required. Daisy, 619-297-0670. [planethairbeyond@sbcglobal.net](mailto:planethairbeyond@sbcglobal.net).

**HAIRSTYLIST.** Looking for a change? Model Call Salon and Spa in Hillcrest has 1 chair available for booth rent. Please call for more information, 619-296-8021.

**HAIRSTYLIST/MANICURIST.** Booth rental or commission. Free 1 month rent on booth rentals: \$500/month Hairstylist, \$400/month Manicurist. Great location

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**HAIRSTYLIST/MANICURIST.** Need change? Booth rental giveaway: 6 months No-Rent offer! Part time/full time. Excellent opportunity to save money! Please call and leave message: 858-382-8795.

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**HEALTHCARE: LVNs/RNs.** Medical Resources Staffing Services has great opportunities with top Healthcare providers. Experience required. Call 619-260-2188. Fax resume: 619-280-1145. Visit: [MedResourcesStaffing.com](http://MedResourcesStaffing.com).

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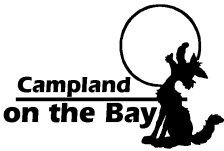
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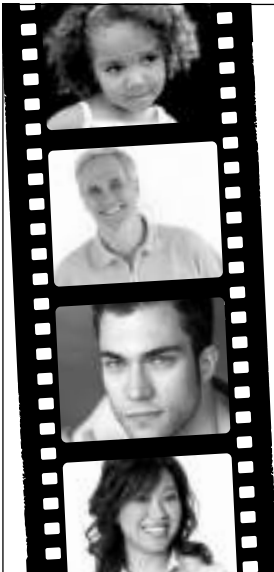
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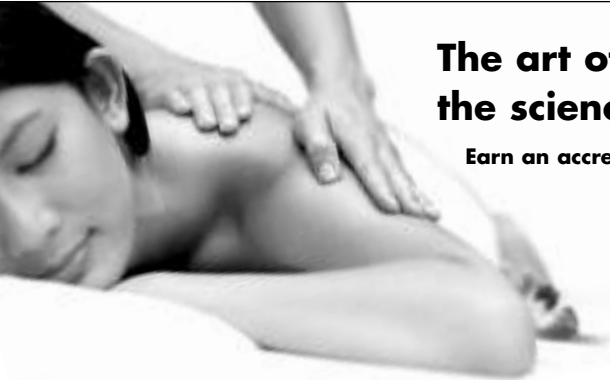
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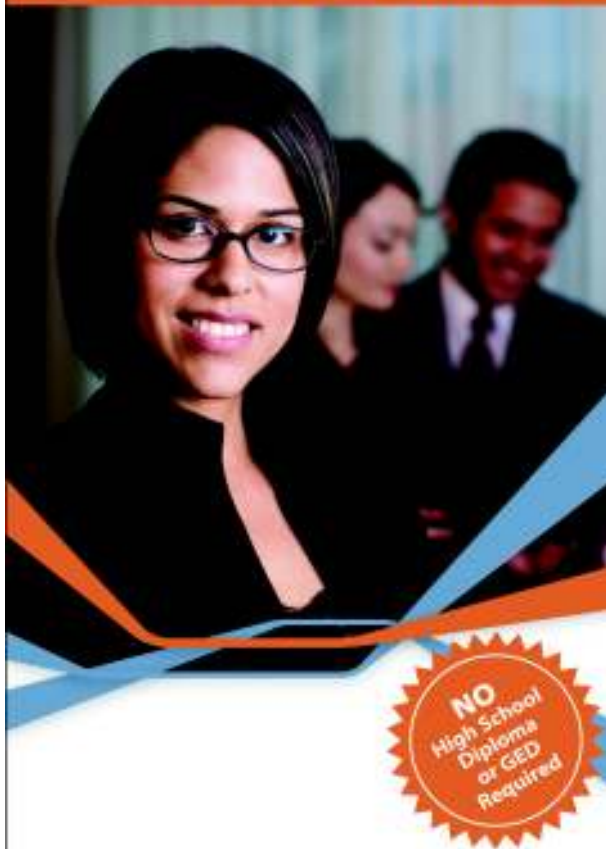
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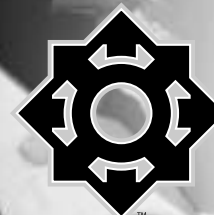
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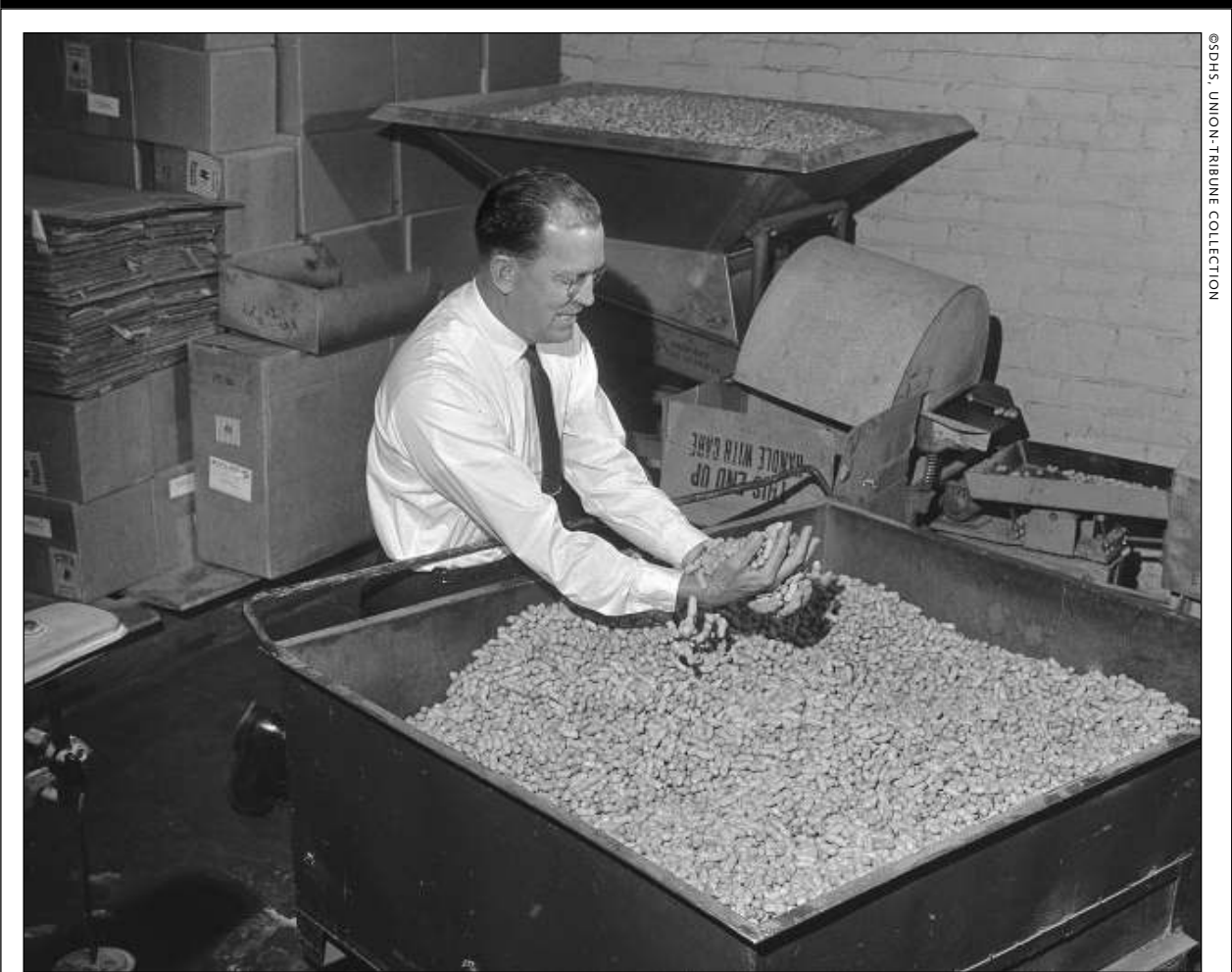
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It really depends on the perspective. I think all the things in my wardrobe are nice, or I wouldn't have them. My wife, that's a different story. I have white outfits that she hates. She hates when I wear my white pants with my white shirt. But the fabric is nice and they are comfortable. I wear them to church, and I know she doesn't like that.



**Will Cahl**  
*Movie Production*  
*Burbank*

I guess I'd have to say flannel shirts from the late '80s and early '90s. They were popular when grunge was big. The thing is, I still really like flannel. It's comfortable. Too bad it's not in style. Hopefully grunge makes a comeback, when and if Kurt Cobain writes some new material.



**Staci Brown**  
*Health Worker*  
*UTC*

I got this necklace at Target. It has these silver discs all around it. It was in their dollar bin. Some might say that would be the ugliest, but every time I wear it, I get lots of compliments. I guess I'll have to say these boots I have from high school. They have steel toes and holes in them. I usually only wear them once a year, on Halloween.



**Mark Smith**  
*Software Engineer*  
*Scripps Ranch*

I have these boxer shorts that an ex-girlfriend made for me. They say "I love bad girls" right on the butt. Those might be the worst piece of clothing I own. I have a pretty plain wardrobe. Everything is black, blue, grey...and other bruise colors.



**Irene Nieto**  
*Insurance*  
*Chula Vista*

I have this outfit I got for a '70s party. I got it at a thrift store. It has these overall-type straps with shoulder pads. It's aqua blue with shiny fabric, a belt, and pleats. It's not something I'd normally wear. And I don't think I have a lot of ugly things in my wardrobe. I clean out my closets often, so I don't have a lot of outfits that I never wear or don't care for.



**Steve Worth**  
*Electronics Engineer*  
*Clairemont*

It would probably be this red silk robe I own. I don't wear bathrobes, but I have it for when girlfriends come over. Which means, it only comes out once every two years or so. But, it's nice to have something to offer the woman when she gets up out of bed and walks around the house.

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### RULES OF THE GAME

1) Each week we're printing a list of EVERYONE who submits the correct answers to the previous week's puzzle. See this week's contenders below.  
2) When you successfully complete a puzzle, we'll also print a brief (10 words or less) message that you've written. This is optional, but it's a great opportunity for you to give a shout out to your mom, or toot your own horn! Each time you submit a new puzzle, you may submit a new message.  
3) We're keeping track of how many puzzles you successfully complete. But your information will only be printed when you successfully complete a puzzle AND get it to us by the new puzzle deadline: 7:00 a.m., Monday.  
4) Entries must be faxed to 619-231-0489 or mailed to Reader Puzzle, P.O. Box 85803, San Diego, CA 92186-5803, or delivered through our mail slot at 1703 India Street in Little Italy.  
5) Wow! Now we're giving away 10 Reader T-shirts each week to contenders chosen randomly!  
And now for the really small print:  
1) All answers must be legible and entered in the spaces provided.  
2) Entries that arrive after the deadline will not be considered.  
3) One entry per person per week or you will be disqualified.  
4) Employees of the Reader and their immediate families are not eligible.

### Across

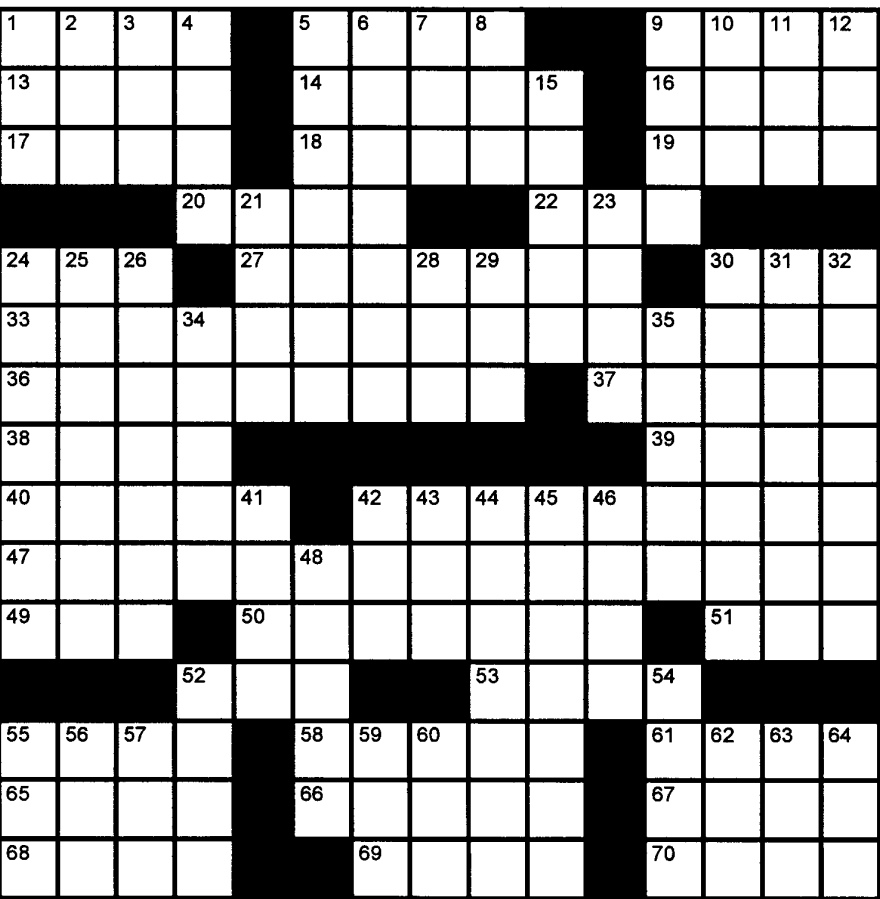
- \*Spring forecast
- \*Midnight visit to the fridge
- \*Uttered
- The Police, e.g.
- Kind of address with @ in it
- Italian wine town
- \*Lose traction
- Bespectacled "Scooby-Doo" character
- \*Don't bother with
- Meager
- \* \_\_\_\_ for Innocent" (Sue Grafton novel)
- Doofus

- Squares and rectangles
- Beer may be on this
- It's what's being suggested by the starred clues in this puzzle
- Scoot
- "I don't see it"
- Dept. of Labor div.
- \* \_\_\_\_ hardly wait!"
- Flabbergast
- 1922 film version of "Dracula"
- It's what's being suggested by the starred clues in this puzzle
- Atlanta-to-Miami dir.
- Opie Taylor's caretaker
- Fourth-yr. collegians
- Solution: Abbr.
- Mezzanine section?
- \*Salon sound
- "Of \_\_\_\_ Sing"
- \*Go postal
- Sandy slope
- Long (for)
- Taboo thing
- \*Tie-up
- \*Kiss, in "Harry Potter"
- \*Winter forecast

### Down

- ACLU concerns
- Biblical boat
- Crowd in old Rome?
- Quiet bids
- Fixed a draft
- Autobiographical subtitle
- Suffix with president
- Lower, in a way
- Get smart with
- Query
- "What was \_\_\_\_ was

- saying?"
- Salsa or guacamole
  - "Rawhide" singer Frankie
  - Wood: Prefix
  - Roberta Flack hit "The First Time Ever \_\_\_\_ Your Face"
  - Confronts boldly
  - Quiets
  - Didn't go out
  - Serengeti grazer
  - Newman's \_\_\_\_
  - Ric Ocasek's rock band
  - Aquarium device
  - Union agreements?
  - Anti-racism grp. since 1909
  - Base before home
  - New Jersey's \_\_\_\_ University
  - Photographer Goldin
  - Hall-of-Famer Mel
  - Frigid
  - Emancipation
  - Very wide, at Foot Locker
  - Out of practice
  - Take down \_\_\_\_
  - Figs. with two hyphens
  - Radical '60s org.
  - Creature of habit?
  - "Not \_\_\_\_ million years!"
  - Guys and Ken dolls
  - Suffix with Ecuador
  - Sarkozy's veto
  - Year, in Spain
  - "Wham!"



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We cannot accept your entry without the following:

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Neighborhood/City: \_\_\_\_\_

State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Personal Message: \_\_\_\_\_

### SOLUTION TO LAST WEEK'S PUZZLE:



## THIS WEEK'S CONTENDERS:

☛ indicates T-shirt winner

**Trinaise Abbott, Rancho Bernardo, 4.** "Thanks Chris!"  
☛ **Len Giaratano, Clairemont, 3.** "Love you Starlet."  
**Peter Kronfeld, Normal Heights, 4.**  
**Gary Mocko, Ocean Beach, 4.**  
**Julie Osburn, North Park, 4.** "Feed your brain."  
**Pamela Swain, College Area, 4.** "Go for it."  
**Lillian Wagner, Clairemont, 4.** "Vote Libertarian"  
**Clemencia Angus, Linda Vista, 3.** "Pepé E., you're my buddy. Peace."  
**Dan Baggett, North Park, 3.** "Happy Birthday"  
**H J Broadhurst, Hillcrest, 3.** "3rd week, 2nd message, your name here."  
**Phil Cashman, University City, 3.**  
**Donna Cresta, Chula Vista, 3.** "I just want to be a winner"  
**Vince Cuseo, Vista, 3.** "Open the pod bay doors, Hal."  
**Greg Del Campo, Temecula, 3.** "Hi Carrie."  
**Barbara Neill, Santee, 1.**

**John L Drehner, North Park, 3.** "If it is frozen, one can carry water in a sieve."  
☛ **Joseph Dzajic, Clairemont, 3.** "I hope this beats the deadline."  
**Iggie Guerrero, Bay Ho, 3.** "Thanks. Lil Brian and Queen Rosalie are my grand kids, too."  
**Ralph Hayward, El Cajon, 3.** "Hi mom!"  
**Paula Henderson, La Jolla, 3.** "Say a prayer for me, please."  
**Jeff Hunt, Hillcrest, 3.** "SLP in da hizzy"  
**Mary Hutchings, City Heights, 3.**  
**George Jackson, Oceanside, 3.**  
☛ **Mercer Kepler, Clairemont, 3.** "I never watch Letterman."  
**Martha Klages, Encanto, 3.** "All right!"  
**Bob Maxwell, Coronado, 3.** "And you wonder why I don't watch Letterman."  
**Thomas McVeagh, Lakeside, 3.** "I love my family — Paula, Tommy and Jake"  
**Ron Meyer, Santee, 3.** "Do the math!"

**Susan Morfey, Little Italy, 3.** "Happy Anniversary mom and dad Ryan."  
**Jay Newington, Balboa Park, 3.** "Bernadette, you have a smokin' hot mommy!"  
**Jim Odell, Vista, 3.** "Hey Lillian, 36 years I've gone Libertarian, too."  
☛ **Eric Ople, La Jolla, 3.** "Have you actually ever seen someone wearing a Reader T-shirt?"  
**Steve Perraud, North Park, 3.** "Hi Lisa. Hi Angelica."  
**Chris Peterkin, Scripps Ranch, 3.** "Thank God for Dubya!"  
**Janie Redmond, Cardiff, 3.** "Holy crap, Jake!"  
**Dennis Roth, Santee, 3.** "Gay-dar was cute"  
**Marc Rutter, University Heights, 3.** "I'lll Flintkote or bust!"  
**Arno Safier, Hillcrest, 3.** "Great food for the brain."  
**Geoff Shimotsu, Ocean Beach, 3.** "Don't worry Jan, you will finish a puzzle someday."  
**Paul Stanton, Canyon Hills, 3.** "Adopt a homeless cat or dog today and neuter/spay"  
**Rudy E. Stegmann, Santee, 3.** "Hello to the Pooch Patrol at Santana Ranch Drive"  
**Ric Witt, Clairemont, 3.** "Margaret Thatcher for president!"

**Stephen Wilder, Rancho Bernardo, 3.** "Ed Lester, Jack Rohrer, and Bob Weir must be pleased."  
**A. C. Alvarez, Chula Vista, 2.** "Bush + Cheney = Disaster"  
**Don Austin, Laguna Beach, 2.**  
**Martha Awdziewicz, Clairemont, 2.**  
☛ **Fred M. Baron, Carmel Valley, 2.** "Get well mom."  
**Shannon Barry, Pine Valley, 2.** "B is for Bursting Balloons."  
**Kim Boyd, Vista, 2.** "Sorry to Lil and Mal, dinner came late tonight"  
**Charlotte Brown, Clairemont, 2.**  
**Cody Brull, Carmel Valley, 2.** "Don't stop believing!"  
**Leslie Chase, Campo, 2.** "Hi Aaron and Tasha!"  
**Milt and Corinne, Mission Valley, 2.**  
**Anna Cornett, Mission Hills, 2.** "Another year older."  
**William Cushing, RB, 2.** "Hailie Rose say hi to Pup-Pup."  
**Karen Davies, San Carlos, 2.** "Letterman's a jerk."  
**Susan De Masi, Fallbrook, 2.** "Thanks Miss Lori!"  
**Andre Desilets, Downtown, 2.** "Enjoy your puzzle. Look forward every week. Thank you."

**Jeff Doerner, Clairemont, 2.** "Happy Birthday Doug!"  
**Dale Duffala, La Jolla, 2.** "Carol, Carole, Carool, carpool, Corolla."  
**Barney Firks, Ocean Beach, 2.** "Ten years of 1401 in the 1502."  
**Paul Fowler, La Mesa, 2.** "Happy 4th."  
**Jessica Hayes, Lakeside, 2.** "Murray!!"  
**Paul Hovey, Clairemont, 2.** "Time flies like an arrow. Fruit flies like a . . ."  
**Mark E Jones, Clairemont, 2.**  
**Anna McCutcheon, Downtown, 2.** "Connect with business women around the world."  
**Michael McGriffin, Bay Park, 2.** "My wife will just steal my T-shirt anyway."  
**John Mitchell, El Cajon, 2.** "This puzzles theme is a sad reality. How scary!"  
**C J Muellner, Spring Valley, 2.** "XL will do. Post haste! Pleeeease!"  
**Jennifer Rabner, Escondido, 2.** "Be kind to animals. Don't eat them!"  
**Jack Rohrer, Clairemont, 2.** "Contradiction faced? Check your premises. One of them is wrong."  
**Dot Waterman, Santee, 1.** "I'm back."

☛ **Jessica Romero, Chula Vista, 2.** "Congratulations Ed and Chris, happily wed 6-19-08."  
**Tom Stam, Lakeside, 2.** "No Bama 2008"  
**Joel Suzuki, Mission Valley, 2.**  
**Marie Turock, North Park, 2.** "I love Johnson City, New York."  
**Madonna Voelkle, Normal Heights, 2.** "Puggy loves Garrett."  
**Bill Stevens, Bay Park, 1.** "My schnauzer is smarter than your honor student."  
☛ **Peter Woodbury, Chula Vista, 1.** "Fun puzzle."  
**Joe Griffin, Crest, 1.** "Get yer ya-yas out!"  
**Bill Griffin, Crest, 1.** "Erin go braugh"  
**Ben Espe, Mission Valley, 1.** "Is it football season yet? RIP T. Kiel"  
**Audrina Rose, Mission Hills, 1.** "This new puzzle deadline sucks!"  
**Tessa Patton, Pacific Beach, 1.** "Hoof hearted! Hoof hearted! Hoof hearted!"  
**Bob Werner, Bay Park, 1.** "Syd-nie Y30Y"  
**Marvin A Brown, Clairemont, 1.**  
**Mike Thompson, Santee, 1.**  
**Wally Chapman, Chula Vista, 1.** "I look forward to the Reader puzzle."



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# NAME This Place



Last week's place: (clue: The oldest sidewalk?) Sidewalk on First Avenue, between Ash and Beech, downtown. The pavement, laid and stamped in December 1895 by concrete contractor O. E. Winders, may be the oldest to survive in the downtown area, or even the county. (If you find older, let us know!) It sits between the Reiss Hotel and the Brunswick Hotel, two other survivors of old San Diego. The block had been slated for development, but fortunately for sentimental walkers, the real estate slowdown has delayed developer 'dozers. (Last week's winners: Rory Talmidge, Woody Tisdale, Roland Wyrorske, Lucio Leon, Mike Bechefskey)

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◀ indicates T-shirt winner

◀ **D. Faulkner, University Heights, 3.** "Power to the pedal!" **Janet Goff, Cardiff, 1.** "Hi, Harry!" **Heber Moore, Santee, 1.** **Eugene Lutes, Mira Mesa, 1.** "Treks in time." **Bud Anderson, Santee, 1.** **Lhory Mae, Paradise Hills, 1.** "Hilldoes" **Nadia Benchabane, Solana Beach, 1.** "Hey Jan, Patrick, even I can finish a crossword puzzle."

**Mary Benchabane, University City, 1.** "Jan, we don't even live here and we beat you!" **Ken Hanson, Clairemont, 1.** "Go Padres and Chargers!" **Norman Kenney, Carlsbad, 1.** "Be here now!" **Kevin Kolodziej, Mira Mesa, 1.** "Greetings, Program!" **Conway Redding, La Mesa, 1.** **Harry King, College Area, 1.** "The jealous air signed with their honour."

**E. T. Cage, Carmel Mtn., 1.** "Google free" **Rich Sewell, Ocean Beach, 1.** "#1 Bush movie: Die for Oil Sucker, Sucker, Sucker" **Lindsay Skinner, Downtown, 1.** "198 days to go." **Kevin McNearney, Santee, 1.** **Glenn Walker, Pacific Beach, 1.** "Movin' on up" **Ivan Yanev, Santee, 1.** **Neal Brown, Santee, 1.** **Jeff Smith, Santee, 1.** **Roger Hunt, Carlsbad, 1.** "Viva Shout House!" **Philip Heinz, Escondido, 1.** "Publish or perish! Thanks D.G."

**John Stead, Santee, 1.** **Shar Sharghi, Clairemont, 1.** "Net cost of gallon of gas is 3 cents. Boycott it." **Jim Koziol, UTC, 1.** "Hi Lukie!" **Dennis Beabout, Temecula, 1.** "Debbie, Dustin and Danielle, I love you!" **Warren Waters, Santee, 1.** **Tim Done, Santee, 1.** **Nathan Petty, Santee, 1.** **Kyle Sleeth, Scripps Ranch, 2.** "It should be called the Formerly Wild Animal Park." **Ed Edwards, Santee, 1.** **Eugene Padua, Santee, 1.** **Rick Marin, Santee, 1.**

**Jenny McReynolds, Linda Vista, 1.** **David A Weim, Chula Vista, 1.** "Finally I did one!" **Maureen Stern, La Jolla, 1.** "First time lucky." **Gerard Dermody, Encinitas, 1.** "Audrey and Ella are fascinating." **B. McLaurin, Pacific Beach, 1.** "Creagh an tuirc. Scotland the brave!" **Betsy Cory, Chula Vista, 1.** "Robin, don't tell the federal marshals nothin'." **Corinne Nakamura, Bay Park, 1.** **Mary Woodbury, Santee, 1.**

**Marguerite Tate, Ocean Beach, 1.** "Hi mom! Love you." **Sheilah Doyle, Santee, 1.** **Clinton Smith, La Mesa, 1.** "Hello to Daphne and Schwyler." **Ben Cooper, Clairemont, 1.** **John Rodenbach, Escondido, 1.** **Jessica Smith, UTC, 1.** "What a mom!" **Elizabeth Rainbalt, Mission Valley, 1.** "Hi Roy" **Kelley Wilson, Santee, 1.** "I need a T-shirt. Thanks Cass!"



# Typo Patrol Results

Issue of July 3, 2008

## Theater Review, page 112

“his fingers, now clenched, not litling” should be  
“his fingers, now clenched, now liting”  
“Kristianne Kurner and Tim Wallace’s” should be  
“Kristianne Kurner’s and Tim Wallace’s”  
Both found by **Herb Spark**, Del Mar Heights  
“One XL T-shirt, please and the rest in cash” (\$10)

## Music listings, page 82

“acoustice” should be “acoustic”  
page 83  
“at Point of Decapitation” should be  
“At Point of Decapitation”  
page 84  
“Ozomotli” should be “Ozomatli”  
page 94  
“Death before Dishonor” should be  
“Death Before Dishonor”  
All found by **Darien High**, Mira Mesa  
“\$\$ is always nice” (\$40)

## Sheep and Goats, page 18

“Christ who lives in me.” should have single  
quotation mark after “me.”  
Found by **Lori Blouin**, Oceanside  
(Lori found many other instances that *Reader* editors and writers debate — where to put quotation marks, commas vs. parentheses.)  
“I’d like cash *and* a t-shirt. It was a four-hour endeavor!” (\$10)

## Remote Control King, page 153

“charred, hot dog” should be “charred hot dog”  
Found by **Kevin Galan**  
“I’ll get one eventually. \$\$” (\$10)  
(**Ryan Beard** of La Mesa also found this one, but  
Kevin’s response, sent by fax on July 3,  
came in earlier.)

## Restaurant listings, page 109

Sally’s Seafood on the Water  
“block cod” should be “black cod”  
Found by **Diane Lueke**, University City  
“Send \$10, please.”

## Letters, page 12

“Hackensack,” should be  
“Hackensack, New Jersey”

## This week’s contenders, page 138

Reader Puzzle winners  
“Jeff Doerner, Coairemont” should be “Jeff  
Doerner, Clairemont”

## Cover story, page 32

“level-headed,” should not have comma  
page 50  
“Yes, I loved him” should be “Yes, I loved him.”  
Both found by **Linda Cox**, La Jolla  
“Send money.” (\$40)

**EUROPEAN SILKY HANDS.** New Location! Soft and tender for the ultimate in relaxation. Shower available. Silent Touch, 619-708-2660.

**BELLA’S AMAZING TOUCH** and healing sensation! Sensitive, soothing hands that can turn your beastly tensions into the purr of a kitten! Let yourself get the purrfect treatment that you so deserve. Last minute and hotel appointments available. Credit cards accepted. MTP-6342. Bella, 760-603-1010.

**NURTURING, PROFESSIONAL RN.** Healing, relaxing full-body massage. Infrared Bio-Mat, sports injuries, light touch to deep tissue, combination. Elder care, 30 years experience. RN-125108. Liz, 760-942-0977.

**AFFORDABLE DEEP TISSUE MESSAGE.** Specializing in migraine headaches, neck, shoulder, back, tightness/injury. Flexible hours. Centrally located. \$60. Health and Vision Acupuncture & Massage Center. www.DeepTissueMassage.biz. 619-519-5335.

**FEELING A LITTLE ROUGH** around the edges? It may be time for a massage. Call Vivi for your appointment. Lic-21708. 619-379-5992.

**\$49/HOUR FULL BODY MESSAGE** and reflexology. Grand opening! Private rooms, table shower, easy parking. Visa/Mastercard. 620 South Melrose #100, Vista. 760-732-1091.

**ABSOLUTELY WORLD CLASS** massage! Exquisite and memorable! Enter your private oasis with soft hands, soothing scents and a sweet touch. Reward yourself! Call 858-259-6677.

**PUERTO RICAN MASSEUR.** Swedish and deep-tissue bodywork by certified fitness-trainer athlete. Military discounts. Lic-96009528. Daytime and evening appointments available. Revitalizing effect! puertoricanCMT@sbcglobal.net. 619-688-0668.

**LUXURIOUS MESSAGE! \$75/HOUR** plus body shampoo. Escape with perfect European massage. Caring, skilled female therapist. Swedish, Shiatsu, Sport, Reflexology, Park Boulevard. In/outcalls. Lic-930070051. Brigitte, 619-251-1558; Celeste, 619-581-1101.

**AMAZING ADRIANNA!** Intuitive healing. Del Mar. Pristine, serene setting. Trained in all techniques. 7 days. Very flexible hours. Allow your aches to float away. 65 foot pool, jacuzzi, full gym. 858-353-2008.

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**DEEP TISSUE SPECIALIST.** Therapist will eliminate all your stress, aches, and pains in a soothing, private office. 10 years experience. Oceanside location. 760-496-8222.

**GODDESS INFUSION.** Experience exquisite energy that sends you into a trance, brings you back to reality feeling awesome. Light, deep combos available. Shelley, CMT. 619-957-3153.

**AFFORDABLE MESSAGE!** Treat yourself or significant other to a wonderful full-body massage. Women, men, couples.

Gift certificates available. Incall and out-call. MTP-15532. Ken, 619-449-6689.

**SPECIAL PRICE!** \$10 off with free body scrub or body shampoo with 1 hour of massage. Lic-003419. Call today and ask for Izabela, 619-281-8851.

**MESSAGE THERAPY HILLCREST.** Exceptional massage therapy: \$40 per 45-minute massage session special! Also couples massages great rates! Acupuncture and hypnotherapy also available. Jonathan/Amy, 619-300-7229.

**HAPPY DAYS!** Treat yourself to Kiera’s relaxing, full body massage! Don’t miss this hour of amazing pressure that’s sure to leave you happy. blackbeautykiera@yahoo.com. 619-825-6431.

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**GODDESS TOUCH.** Journey deep within. Experience deep harmony of body, mind, spirit. Skilled touch to pamper, melt away stress/tension! Incalls/outcalls. Araya, MT-0064, 760-473-6972.

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**LATIN ANGELS MESSAGE.** We specialize in pampering you. Couples welcome. Lunchtime specials available. 619-246-7784.

**GRAND OPENING.** New location. Still the best massage, \$10 off! You’ll feel the difference! Open 7 days. Lic-25377. 619-226-0378.

**COUPLES MESSAGE.** Beautifully decorated room with tables side by side. Relaxation Plus, Little Italy, 20% off all services. Gift certificates. 7 days/week. HHP-92009389. 619-295-5595.

**GRAND OPENING!** New facility. Massage, hot stone massage, therapeutic massage and bodywork. Open 7 days 9am-10:30pm. Lic-B2007028882. Mercury Spa, 4411 Mercury Street, San Diego. 858-560-0680.

**NORTH COUNTY MESSAGE.** Certified Massage Therapist. 20 years experience. Swedish, circulatory and deep tissue. Out calls. 9am-8pm. Insured and licensed. MT-1185. Call Mark, 760-742-0267.

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**PROFESSIONAL MESSAGE/bodywork**, North County. Energetic alignment, structural/deep muscle therapy. Specialized colon massage with aromatherapy/massage. Advanced techniques. Integrated work. MT-0089. Mary Ann, 760-942-9375.

**MESSAGE IN THE COMFORT** of your own home or hotel room by European-trained massage therapists. Available 7 days/week. HHP-92009389. Call: 619-295-5594.

**MESSAGE/SLIMMING/toning** in Little Italy. Treat yourself to royal treatment at Relaxation Plus. 20% off all services. Gift certificates. Open daily. HHP-92009389. 619-295-5595.

**COME ON, JUST MAKE THE CALL** and take a one hour break to experience the royal treatment! I give a seriously great massage. I’m located off the I-5 and Manchester exit. Relaxing and private atmosphere. I’ll even give you 20% off your treatment for calling because I’m really nice. Be happy! HHP. Lic-96001467. Kim, 619-417-9226.

**PROFESSIONAL MESSAGE.** 1-1/2 hours, \$75. Absolutely first-rate, healing, deep-muscle Swedish massage. Excellent shoulder work. Legitimate, experienced, references. Lic-97005459. Jim, 619-222-1684; cell, 619-459-6872.

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**COLON HYDROTHERAPY.** 16 years in La Jolla. FDA registered equipment. Disposables. Liver, lymph, and cellulite therapies. 858-551-9228. Visit www.lajollalymphatic.com.

**EXPERIENCED HOME CARE AIDE.** CNA and CHHA training. Will provide in home services for your loved one. References available. San Diego area. 619-384-3863. micolspink@myway.com.

**PERSONAL TRAINING/SPARRING.** Professional mixed martial arts fighter with portable gym (punching bags, gloves) comes to you! Learn self-defense, kickboxing, nutrition. Reasonable rates! Rick, 619-804-9009.

**POWER CHAIR,** Merits 3-wheel electric with charger, like new, was \$3500, asking \$350. Must see. 619-281-6238.

**TAI CHI AND QI GONG** Classes. First class free. Visitors welcome. Taoist Sanctuary, 4229 Park Boulevard, San Diego 92103. 619-692-1155 or www.taoistsanctuary.org.

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#### Tubs Refinished

Refinish your old, worn-out bathtubs/sinks to look like new! Fiberglass and porcelain. All work guaranteed. Lic-560438. Bathtubs & Sinks Refinishing Company. 619-464-5141.

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Great rates! Experienced, trusted, personalized cleaning. Houses, apartments, condos, offices, businesses, vacancies, move-ins, move-outs. One time, weekly, monthly. Bonded/insured. Kate’s Cleaning, 619-334-2712.

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Personalized service by experienced professionals. Move-outs, spring cleans, vacation homes, remodeling cleanup, small offices, residential.Phone quotes! Art of Clean Agency, 858-270-5558; 619-276-5558.

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### CROWN MOLDING

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Professional crown molding installation. Materials can be provided. Baseboards, wainscot, painting. 10 years experience. Mention Reader ad-10% off! Free estimate! 619-606-7623.

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We specialize in doors! Interior, exterior, new construction or replacement. Allied Contracting, local contractor with 20+ years experience. Please call 619-795-2930. No job too small.

### ELECTRICAL

#### Free Estimates!

All your electrical needs. Fast, friendly service. Commercial/residential. Service upgrades, remodels, troubleshooting, ceiling fans, can lights. Satisfaction guaranteed. Lic#917066. Rotunda Electric, 619-818-9726.

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#### Quality Affordable

Clean, quality work. All types electrical work. Residential/commercial. Service/repair, panels, custom lighting, spas. Bonded/insured. Lic#903497. Free estimates! Jacobs Electric, 619-843-9291.

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Clean ups, professional maintenance, sprinkler repair, hauling. Pruning, weed control. Low rates guaranteed. Free estimate. Flexible schedule. Weekly or bi-weekly service available. Call to schedule appointment. Office 619-461-9771.

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#### M.A.R. Handyman

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## “One Call” Does It All!

12 years professional painter/handyman. Unlicensed. Commercial/residential (inside/out). Paint, install, maintain, repair. Free estimates! Low rates. Inquire about discounts! References. Satisfaction guaranteed! Name it...we can do it! 619-260-3791.

#### Everybody Loves

Raymond’s work and prices. Former contractor in Oregon for 20 years. Plumbing, carpentry, drywall, painting, decks, and more! Raymond, 619-852-6289.

### HAULING

#### Lowest Rates!

Haul almost anything. Why pay more? We’ve got the lowest rates, guaranteed! 10% off with ad! Open 7 days. Junk, demo, concrete, brush, yard/vacancy cleanups. Visa/Mastercard. 619-234-5530. 858-551-9376. AmericanHaulAway.com.

#### \$30/Hour!

3 men will haul. Clean 24’ enclosed truck with lift gate/dollies. Fully equipped. Furniture, recyclables. Residential/commercial heavy lifting. Reliable. All areas. 619-528-1877.



## PARENT RESOURCES

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**PREGNANT? CONSIDERING** adoption? Talk with caring agency specializing in matching birth mothers with families nationwide. Living expenses paid. Call 24/7. Abby's One True Gift Adoptions. 866-413-6293. (AAN CAN)

## WEDDING & PARTY GUIDE

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ing business. Kim, thorntonfam909@aol.com, 951-492-1385.

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## STAGE NOTES

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**ABANDON YOUR ACTING FEARS!** Actors' Workshop Studios. San Diego's number 1 film/TV studio! Professional 3-camera set. Weekly in-house auditions with Hollywood/local casting directors, producers, agents. www.actorsworkshopstudios.com; 858-587-6666.

**ABILITY THROUGH TRAINING.** The Robert Wald Actor's Studio focuses on moment-to-moment reality training. These classes unlock the actor's ability to work spontaneously and with the realism and intensity advocated by the industry's creative legends. Beginners welcome. Thursday evening class available, 6:30pm-10:30pm or Saturday morning. Call for information, 619-542-1216.

**ACTING WORKSHOP.** Monologues, cold readings, audition techniques taught by award-winning directors: Patricia Elmore Costa, William Virchis. Mondays, 8/4-9/29, 6:30-9pm. Register: pelmore@san.rr.com. Info: www.sdactorstheatre.net.

**MODELS.** Amateur models needed for photo, video, web work. Ages 18-60. All types. No experience necessary. Cash paid. Professional setting. Call Jenn, 619-379-4964.

**MOVIE EXTRAS/MODELS.** Earn up to \$200 per day. All looks needed to work with film and TV production companies. No experience required. Call 877-282-2458.

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Based on a 10'x10' kitchen. Includes designer wood cabinets, granite countertops and stainless-steel sink.

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Includes 30 sq. ft. of granite, bullnose edging, plywood subtop, demo and disposal of old counters and undermount sink cutout.  
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#### Stern Moving

We will be proud to move you. Individually owned. Terrific references. Experienced. The most reasonable rates. Insured/licensed. Cal-T-145775. Please call 619-697-1694.

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#### Procrastinating?

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#### Kelley Painting

Dedicated to customer satisfaction. Quality, attention to detail, and fair prices separate me from the competition. 20 years experience. Lic#706902. BBB member. 619-234-7067.

#### DC Custom Painting

High quality, affordable interior/exterior painting service. Prompt/reliable. Small jobs OK. County wide. License #911234. Call now for free estimate, 858-366-2240.

#### Never Stucco or Paint Again!

Lifetime warranty. Find out why we have 15,000 satisfied customers over 48 years with zero complaints to BBB and Contractors Board. Advanced Exteriors Lic#255401, Exclusive Rhino Shield Dealer, 1-888-Rhino13, 619-741-6615.

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Plumbing & Heating. Cash discounts! Fast response. Friendly and courteous. BBB member, repairs, repipes, fixture installation, drain cleaning, all plumbing. Lic-#504044. Bill, 619-224-0586.

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Always available 24/7 including holidays for all your plumbing and drain needs. Mention ad for \$20 discount. Serving entire San Diego County for over 35 years. License #696549. 619-231-6670. 858-566-2662. 760-480-1700.

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#### Full Service

High Tide Properties provides experienced full-service management at flat rate starting at 5% of rents. We handle marketing, leasing, maintenance, 24/7 emergencies, accounting and more. 858-243-1928. www.hightideprop.com.

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Professional roofing services at competitive prices. No job too small. From minor repairs to complete roofs. Many references. Lic#763004. Call Martin at 619-823-8561.

### TELEPHONE SERVICE

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Business/residential. Replaces AT&T. 24 years. Phone jacks, roommates, fax, computer networking, cable TV, wall-mount TVs. Professional, honest, dependable. Lic-807261. 858-452-7413; 619-992-7413.

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Quality, affordable tile/natural stone installation. Residential/commercial, interior/exterior. Small jobs OK. Senior discounts. Since 1985. Lic-488986. Free estimates. Call 619-562-5450.

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PC/laptop computer repairs. Mobile. We come to you. Home/office. Virus/spyware removal. Slow Internet problems. \$45/hour or flat rate. 619-206-8550.

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SurfDIEGO

Name: Nathan Kruger  
Age: 26  
Lives In: La Mesa  
Surfing: Scripps  
Pre-Surf Music: The Get Up Kids  
Girls In the Water? "Definite yay!"

"I just have to say that I'm really tired of the 'locals only' attitude. These beaches are public, they are here for everyone, and I'm tired of the rudeness that is out there. I feel it before I go in the water and it affects me," says Nathan, a dedicated surfer who has been in San Diego for five years.

"Surfing is something that I started as a way to keep in shape. It's a challenge every day to get my butt out of bed at dawn and head to a gym, but if I'm heading into the ocean, where I can look at amazing scenery and feel exhilarated by activity, then it's much easier. The gym is boring."

Before he began surfing, Nathan almost drowned in a snorkeling accident while in Hawaii six years ago.

"I wasn't in very deep water; I had just swam out and wasn't sure of the area. I went for a dive and hit my head on some coral or a rock. I don't remember. I passed out for a few seconds, and when I woke



up I couldn't find my snorkel. I panicked when I saw the blood in the water next to me. I didn't know which way was up or down, I just started swimming. Luckily, I surfaced a moment later. I tried surfing the next day for the very first time, though."

Nathan has surfed in Fiji, Australia, and Mexico.

His most memorable experience was camping in Baja. "I surfed for five hours straight, and I think I pulled every muscle in my body. These sets just kept coming in — how could I say no? I was exhausted and starving, so I sent one of my friends in for tacos. There was no way I was getting out of the

water. We ate them on our boards, looking at the shore. It was the best meal of my life."

To see an online version of this column, go to [sdreader.com](http://sdreader.com). You can print it, email it to friends, and find archived columns.

**GAY/BISEXUAL MEN.** Supportive individual therapy. Depression, anxiety, confusion, addictions, spiritual/religious issues. Married, closeted welcome. Discretion, confidentiality assured. Mel Karmen, PhD, MFC-12709. 619-296-9442.  
**MILITARY.** PTSD? Battle Fatigue Syndrome? Night Terrors? Memory Loss? Difficulty Sleeping? Troubled Relationships? Former military therapist licensed trauma specialist providing free group treatment. License #MFT37234. 858-342-0181.  
**WOMEN'S EMPOWERMENT WORKSHOP.** Women assisting women in finding joy. Led by Tami Urbanek, September 13-14 at the Bahia. [turbanek1@msn.com](mailto:turbanek1@msn.com), 719-641-2017 for more information and sign-up.

NOTICES

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**ALANON-GRUPO RENCUENTRO.** Hay problemas de alcoholismo en su familia? Sesiones Lunes y Jueves de 5:00-6:30pm, 3450 Bonita Road #207, Bonita, 91902. 619-470-6955.  
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**DIVORCECARE** meets every Sunday at 9am at 4926 La Cuenta Suite 203-A, Tierrasanta. Special Free support group for those divorcing, divorced, or broken live-in relationship. 4926 La Cuenta, Suite 203, Tierrasanta. Bruce, [Bruce@sdfunding.com](mailto:Bruce@sdfunding.com) or 619-461-4480.  
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**HERPES/HSSB/HPV,** Humanpapillomavirus Support group. Accurate medical information and support. Recorded message. 619-491-1194. [www.SanDiegoCityHELP.org](http://www.SanDiegoCityHELP.org).  
**HOOVER HIGH 40TH REUNION.** Class of '68 on Saturday, August 9, 2008. For details contact Marcia Kern at 619-281-8899 or e-mail [mgkern@aol.com](mailto:mgkern@aol.com).

**HOST AN EXCHANGE STUDENT** through AYUSA International. Non-profit. 5-10 month academic programs. Foster cultural appreciation, insight, meaningful friendship. <http://profiles.ayusa.org>. Ami, 619-504-9768, [ami\\_adkins@cox.net](mailto:ami_adkins@cox.net), <http://www.ayusa.org>.  
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**LEUKEMIA & LYMPHOMA** Society Pizza Fundraiser. Mountain Mike's in Clairemont, Tuesday, July 22, 11am-9pm. [www.mtnmikes.com](http://www.mtnmikes.com) to print invitation. 30% proceeds to LLS. Will deliver.

**MAKE A DIFFERENCE!** Be a community hero and role model. Be a Guardian Angel. Free self-defense training with membership. Call now! [www.guardianangels.org](http://www.guardianangels.org). SanDiego@Guardianangels.org or 619-964-8099.

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**PATHWORK DISCUSSION.** "Giving and Receiving," July 22, 2008, 7-9pm, Eureka Street, Mission Valley. Open meeting, no fee, materials available. Please call for directions, 619-296-9046.

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**UCSD MEDICAL CENTER** needs healthy volunteers, 40-65 years old, for a research study. Please call, 619-543-7201.

**WALK THEIR WALK** to build fresh water wells in Zambia, September 13, 7:30am, Lake Murray Regional Park. Register: [www.walktheirwalk.com](http://www.walktheirwalk.com). Information: [info@walktheirwalk.com](mailto:info@walktheirwalk.com) or call Kathryn, 619-300-9924.

**WRITERS (2)** looking for "Chicken Soup" type pet stories for new book and cartoon series, with photos if possible. [claudia@writersetc.com](mailto:claudia@writersetc.com) or 858-693-3939.

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**LEAD STORY**

— Faced with its Alzheimer’s residents’ tendency to wander away, the Benrath Senior Centre in Dusseldorf, Germany, came up with a novel approach: a fake bus stop (an exact replica of a real one) out front. Straying residents might be attracted to the familiar colors and design of the kiosk (because long-term memory is typically still robust) and wait there for a bus instead of trying to “go home” on foot. But short-term, the resident is typically unaware of how long he has been waiting and will remain until a Centre employee sees him and can guide him back into the home (which often is easy because the resident has by then forgotten why he is sitting there, according to a June dispatch from Berlin in London’s *Daily Telegraph*).

**Weird Science**

— Technically, Macie McCartney was born on May 3 of this year in Laredo, Texas, but that appearance outside the womb was actually her second. When a large tumor showed up on Macie six months into her mother’s pregnancy, surgeons pulled her almost completely out of the uterus so they could excise the growth and then re-insert

her. Following that rare procedure, the birth was normal, according to Dr. Darrell Cass, who explained it in June to viewers of NBC’s *Today* show. — Ironies: (1) Evolution scientists at Switzerland’s University of Lausanne reported in June that over the course of 30 to 40 generations, ordinary flies tend to live longer if they’re stupid. The researchers guessed that heightened neural activity overtaxed their systems. (2) Cardiologists at Hartford (Conn.) Hospital, writing in the June *Annals of Emergency Medicine*, described a patient suffering from irregular heartbeat whose rhythm was restored to normal following a Taser-ing by police.

**Animals Amok**

— BBC filmmakers announced in June that they had captured, for perhaps the first time ever, an episode of pandas mating in the wild, for the *Wild China* TV series. A male is shown fighting off other males to coax a female down from a tree. What follows, said producer Glenn Maxwell, are “loud calls which will make viewers think instantly of the Wookie character from the *Star Wars* movies. I liken it to Chewbaccas in a pub brawl.” Eventually, the female descends, and the pair get

to work, “breathing hard and panting,” said Maxwell. “You can see the steam coming out of their mouths.” — Animals in Trouble: (1) China’s Xinhua news agency reported in March that a farmer in Jilin province had been found with a tortoise that is addicted to nicotine. The farmer, a smoker himself, said he was surprised when the pet puffed on a cigarette he had playfully stuck in its mouth, and since then, he occasionally shares smokes with it. (2) Magistrates in Sunderland, England, accepted a guilty plea in June from Samantha Pearson and David Step for animal cruelty. The couple had relocated quarters last October but left behind a pet, Milly, to starve to death. Milly was a pet rat.

**Coaches Gone Wild**

— (1) High school soccer coach Sanford Kaplan, 57, was arrested in Lincoln, Neb., in May and charged with having imprisoned several underage boys in sessions in his garage in which they were bound, gagged, and suspended from the rafters. (2) Track coach Lawrence “Poppy” Vincent, 74, of Bracken Christian School in Bulverde, Texas, was arrested in May and charged with indecent exposure to an undercover police

officer; Vincent was wearing floral women’s panties and a bra. (3) Football coach Steve Halpin, 52, was permitted to retire quietly in June from Mesquite High School near Dallas after officials discovered that he had pawned 270 items since January 2007, including school equipment (which, in each case, he had later retrieved from the pawnshop).

**Fetishes on Parade**

— (1) “There’s really no way to explain people’s fetishes,” said University of Cincinnati campus police Capt. Karen Patterson, describing the arrest of Dwight Pannell, 43, for allegedly crawling under a library table, squirting liquid from a syringe on a female student’s shoe, and photographing it. Pannell told police he was just trying out his new camera. (2) In February, police officer Michael Curtin, 36, was removed from the force in Munhall, Pa., and in April was charged with offering two underage girls \$1000 each to let him suck their toes.

Send your Weird News to Chuck Shepherd, San Diego Reader, P.O. Box 85803, San Diego, CA 92186 or to WeirdNewsTips@Yahoo.com

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**REHEARSAL.** Does your studio not supply the goods? Dirty? Superior Sound is the answer. Come and jam with us on a month-to-month lease! 25% move-in special. Call us now. 619-886-5991.

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**REHEARSE AT ADDER.** New rooms open now! Upscale Kearny Mesa facility. All rooms have individual air conditioning, high ceilings and 24-hour access. Monthly rooms available. 858-505-8644. www.adderstudios.com.

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## ROOMMATES

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**BAY HO.** Panoramic bay/ocean views. Nightly fireworks. Remodeled house with deck, parking, security, furnished, own bath. No pets. \$750 plus utilities, deposit. Bill, 858-270-2894.

**BAY PARK/MISSION BAY.** Home, really nice. Washer/dryer. Near USD, UCSD, bay, stores, bus. Want male nonsmoker. Available now. \$500, \$100 utilities. 619-276-1966.

**BONITA/NORTH.** Two rooms in townhouse. One \$475, other \$525. Pool, jacuzzi, many extras! Share SDG&E. Near freeway 54. Must have own phone! 619-987-0865.

**CARLSBAD,** Large nice home, near town and beach. \$685 plus 1/2 utilities. 1 bedroom furnished, own bath. Nonsmoking. References. 310-600-0554.

**CARMEL VALLEY.** Lovely room, furnished/unfurnished in beautiful 4000-square-foot home. \$700/month, includes wireless Internet, cable and utilities. \$650 deposit. 858-794-6882; 619-235-2415, x29825.

**CHULA VISTA.** Room available. \$575, includes utilities, cable. Share bath, kitchen, laundry privileges. Nice landscaping. Private entrance. Near malls, freeway, buses. Clean neighborhood. Robert, 619-691-6225.

**CLAIREMONT.** Share 3 bedroom, 2 bath house, fully furnished. Standard amenities plus gas grill, spa, sound system. Female only. \$800/month, \$800 deposit. Cathy, 858-560-1101, 858-449-9454.

**CLAIREMONT.** \$500. Near Mesa College, bus, grocery. Nonsmoker. Share bath. Cable, laundry and utilities included. No pets. After 5pm, 858-337-2770 or 858-353-4449.

**CLAIREMONT.** Room with kitchen/laundry privileges in quiet, clean, renovated house. Short walks Genesee/Balboa. No smoking, pets, drugs. \$650, 1/3 utilities. Available 8/01/08 858-525-1993.

**CLAIREMONT.** Large room in 4000-square-foot home. Includes back door parking, fireplace, washer/dryer, cable, and utilities. Male only. No pets. \$650. \$400 deposit. 858-270-4243.

**COLLEGE AREA.** \$580/month, 1/4 utilities, \$200 deposit. Female only. Nice room in clean, quiet home. No drugs/smoking. Laundry on-site. Small dog considered. 619-302-3530; 619-235-2415, x30978.

**COLLEGE AREA,** \$500/month, \$500/deposit. Share house with 1-1/2 bath. Split bills, 5 blocks from SDSU. Canyon view, nice yard, laundry. Available. No pets. Hans 619-583-1354.

**EASTLAKE/CHULA VISTA,** \$895/month, 1/2 utilities, \$600/deposit. Share 2 bedroom 3 bath house, fully remodeled. Washer/dryer, garage. Gated community, pools, jacuzzi, tennis, golf. Near freeways, shopping, theaters. No pets 619-634-6835.

**ENCINITAS.** Small cottage with sleeping loft, skylight. Quiet area. Available now. Storage shed, covered patio/deck. Shared bath, \$600/month, utilities included. No smoking/pets. 760-943-7193.

**FLETCHER HILLS,** Roommate wanted, prefer female. Share 4 bedroom 2 1/2 bath. Pool, washer/dryer, fenced backyard. Near shopping centers. \$600/month, share bills, 619-015-0130.

**KEARNY MESA.** \$750-\$1050. 2 rooms available 7/1/08. 1 month deposit. 1-year lease. Male nonsmoker preferred. No children. Furnished, upgraded, air conditioning, alarm. Cats OK. 619-341-0767.

**LA COSTA,** \$645 plus utilities. Beautiful sanctuary. Light filled room, large closet, cable, internet. Yard with fruit trees. Washer/dryer. Vegetarian kitchen. No smoking/pets. Available now 619-788-3010.

**LA JOLLA/UTC.** Females preferred. 2 rooms available \$750/each, in Townhouse. Paid utilities. Near UCSD shuttle bus, mall. Short/long term. \$250/deposit. 858-412-5745, girleyeslikestars@hotmail.com.

**LA JOLLA/WINDANSEA BEACH.** From \$850-\$1350. Lovely, completely furnished rooms in house, private entrance. Also 1 bedroom cottage. Ocean view. Nonsmoker, no drugs. References. 858-459-3089; 619-235-2415, x17696.

**LA JOLLA/UTC.** \$740-\$870 plus utilities, share bath, deposit. 2000-square-foot home. In-ground pool, fireplace, gazebo, fountains, Road Runner, off-street parking. No pets. 858-246-7359.

**LA MESA,** \$550, 1/2 utilities. Near all, quiet clean duplex, patio, barbecue, wide screen cable, air conditioning. Smoker ok, no pets. Male only. Mike, 619-469-1131.

**LA MESA,** \$580/month, \$500/deposit. Furnished room with connecting bath in house. Includes utilities, cable TV, internet, washer/dryer, off-street parking, quiet neighborhood. Ted 619-589-6122.

**MIRA MESA, NORTH/Sorrento Valley area.** Luxury house. Canyon view. \$700. Furnished bedroom. Use of kitchen and all facilities. Cable, Internet. 619-955-9979.

**MIRA MESA.** \$650/month plus half utilities. \$650 deposit. Furnished. Master bedroom with private bath. Underground parking, fitness center, pool, spa, air. Nonsmoker. Female preferred. 858-566-9675.

**MIRA MESA.** \$100 off first month! 2 rooms available, \$550 and \$525 plus utilities. Bed-rooms in large home. \$250/deposit. Fireplace. Large kitchen. Dayroom. Dishwasher. Washer/dryer. Pool. Maid service. No pets. Tom, 619-708-4925.

**MIRA MESA.** \$480, \$250 deposit, includes utilities, garage, washer/dryer. No smoking, no pets. 858-695-0975.

**MIRA MESA.** Room, share bath. \$500/month, \$150 deposit. Includes all utilities. Heated pool, jacuzzi, laundry, assigned parking. Kitchen privileges. No pets, drugs. Near all. 858-653-0423.

**NORTH PARK.** \$575. Large room. Share nice 3 bedroom, 2 bath condo/duplex. Presently 2 tenants, male/female. Good neighborhood. Near SDSU, 805, Downtown. 619-501-3064.

**OCEAN BEACH.** Room in beautiful 3 bedroom condo, ocean view, 3 blocks beach. Washer/dryer. No smoking/pets/drugs. Male preferred. \$695. Available 8/01/08. 619-246-8560.

**OCEANSIDE.** Share custom home with owner, \$550/month includes utilities. Remodeled large home near Mesa College, train, shopping, 78/5 freeways. Spa. Laundry. No drugs/pets. 760-805-1325.

**OCEANSIDE.** Seeking roommate to share house, \$550, includes utilities. No smoking, no pets. Please call 760-310-1106.

**OLD TOWN,** \$625 plus part utilities, total upstairs is yours. Share bathroom/kitchen. Near freeway/trolley station. Linda 619-917-8895.

**PACIFIC BEACH.** 2 bedrooms, 1 bath available. \$1150, \$1000 deposit, half utilities. Mission Bay view. Washer/dryer. Garage parking. One person only. No pets. 858-405-5553.

**PARADISE HILLS.** Newer furnished townhouse, fenced-in yard, quiet. \$599/month, \$200/deposit, all utilities included. Provide 2 references. Washer/dryer. Street parking. 1 person only, no overnight guests. Nonsmoking, no drinking/drugs. 619-475-2039.

**POINT LOMA/OCEAN BEACH.** Female only. Furnished room in newer ocean-close house. Microwave, refrigerator, laundry, parking. \$600. Available 8/1/08. 619-226-4010.

**RANCHO BERNARDO.** Share 2 bedroom, 2 bath condo. No pets/smoking. Female preferred. For more information 858-675-0568.

**RANCHO PENASQUITOS.** \$599. Furnished room in house with own bathroom. Utilities included. No illegal drugs/alcohol. Free parking. 1-151/-56 close. Leave message 858-829-4349.

**SAN DIEGO SOBER LIVING** Home/Transitional Housing. \$395 monthly/deposit negotiable. Brand new large 5 bedroom, 2 story home for serious minded only. Anthony, 619-665-3062.

**SAN DIEGO, SOUTH BAY.** \$80-\$100/week. New sober living 5000-square-foot massive

home. Satellite, Internet, 2 kitchens, workout room, pool/jacuzzi, sanctuary. Thomas, The Tree House, 714-787-8744.

**SAN DIEGO.** \$395/month, \$50/deposit. Sober living home. Peaceful 5 bedroom home. Shared or single rooms available. Free Internet, cable, phone, washer/dryer. Near busline. Pacific House. Tony, 619-665-3062.

**SANTEE.** Nonsmoker share utilities and bath. \$475/month, small deposit, Male preferred. Near shopping and bus. Available now. 619-995-9659 or leave message, 619-562-3812.

**SERRA MESA.** Room in quiet family home. Male preferred. No smoking, no pets. Laundry and kitchen privileges. \$500/month. Near 805. Canyon view overlooking stadium. 858-277-5190.

**SOUTH PARK.** \$545. Room for rent. Shared kitchen and bath. Utilities included. Laundry on site. Gated. House key access. 2952 Fir Street. Call 858-490-1600.

**UTC,** Spacious room, vaulted ceiling, garage, washer/dryer, pool, hot-tub. Near shopping, University Scripps. Available now. \$500 plus deposit/utilities. Please leave message. Drew 858-245-0750.

## RENTALS Commercial

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**POINT LOMA.** \$1.10/square foot gross. Great street frontage at this high-traffic location. 500-830 square feet available. Improvements planned. Lock in your low rate now! 3333 Midway Drive. Agent, 619-231-2727.

**NORTH PARK OFFICE SPACE** available from 315-1130 square feet at only \$1 per square foot. 3930 Oregon Street. www.utiomanagement.com. 619-291-5555.

**GARAGE-NORMAL HEIGHTS.** Single car. Storage only. One year lease. \$125/month. \$125 deposit. 4737 West Mountaint View Drive. Agent, 619-226-7368.

**MIRAMAR.** Newly remodeled private office suites. Conference room and 24-hour access. Starting at \$199 per month! Ready immediately. Low deposit. Call 858-536-1900.

**MISSION HILLS.** Two office spaces, one storefront. Can be leased together or separate. Starting at \$995 per month. 930 West Washington Street. www.centrecty.net. 619-296-6699.

**LA JOLLA VILLAGE.** Non-traditional executive suites. Friendly floor plan (reception/common conference room). Parking, \$75/space monthly. Health club. \$1020/up. 7590 Fay Avenue. karys@gainesinvestmentrust.com. 858-454-0322, x133.

**PACIFIC BEACH.** \$1.50/square foot gross. Nice professional building. 640-1100 square feet available. Elevator, common restrooms, parking. Utilities included except phone and Internet. 2180 Garnet Avenue. 619-231-1727, x209.

**GASLAMP ART SPACE!** \$150 and up. High ceilings, tall windows. Gallery venue for shows. Uniquely affordable. 100-600 square feet. 402 Market. Hughes Management, 619-239-1639 x103.

### RENTALS

## Houses

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**ALLIED GARDENS.** \$1975/month. 1 year lease. Newly remodeled throughout! Walk to Kaiser Hospital! 3 bedroom, 2 bath newly painted. Comes with all appliances! Wood floors, new windows, two car garage with tons of storage, gardener included. Great back yard. Sorry, no pets. Tenant pays all utilities. Security deposit \$2500. \$25 credit check fee. 4732 Tobey Street. Ed 858-597-6100

**BALBOA PARK, EAST.** \$1599/month. 2 bedroom Craftsman. Living room, dining room, built-ins, country kitchen. Separate laundry room. Wood floors. Yard. Walk to Park. 2649 B Street. 858-568-5081.

**CAMPO.** Off I-8 east. \$1550. 1432 square foot home, 3 bedroom, 2 bath, custom tile/paint/Crown molding upgrades. Living room, fireplace, master bedroom/walk-in closet, 2-car garage, fenced yard, cul-de-sac, community RV parking, pool, rec area, ball courts, washer/dryer, dishwasher, air conditioning. \$500 deposit. Pets: \$50/month. 619-726-3303.

**CARLSBAD,** Custom built 4 bedroom 2 bath. Pool/spa, yard/pool maintenance included. Private, cul-de-sac. Minute beach. 1 year lease. \$3200, 510-491-4861; http://www.walkscore.com/get-score.php?street=stratford+lane+92008&go=Go.

**CARLSBAD.** Lovely 3 bedroom, 4-1/2 bath Rancho Carillo home. Great view! 2-car garage. Yard. 3 fireplaces. Available now. 6293 Paseo Privado. \$4350. Leasing Unlimited, 760-436-7273.

**CHULA VISTA.** \$1395. 2 bedroom, 1 bath house. 1-car garage. Stove, refrigerator, new carpeted, washer/dryer hookups. No pets. 619-691-7749.

**CLAIREMONT.** \$1550. House, 3 bedroom, 1.5 bath. 2057 Morena Boulevard at Milton Street. Gorgeous hardwood floors, small yard. Stove, refrigerator. Cat/small dog negotiable. Available now! 858-922-0367.

**CLAIREMONT.** Bright 5 bedrooms, 3 baths. Hardwood floors. Freshly painted. Refrigerator, washer, dryer. Quiet area. Near Mesa College. Nice backyard. No pets; nonsmoking. \$3100. 619-297-1777.

**CLAIREMONT.** \$1975/month. 3 bedroom, 2 bath home with extra storage. Washer and dryer plus all appliances. Gardener, water, gas and electricity included. Sorry, no pets.



Nonsmoking. Near Rolfe and Tolowa Street. Call for appointment. 858-597-6100.

**CLAIREMONT.** Northwest. \$1725. 3 bedroom, 1 bath. Quiet cul-de-sac near Clairemont Square. Sparkling wood floors, remodeled kitchen, garage, gardener included. Central location! Cat OK. 619-286-3400.

**COLLEGE AREA.** \$2150, deposit \$2150. 4 bedroom, 2 bath, 2-car garage. Large fenced yard, patio. Stove, refrigerator, dishwasher, disposal. Fruit trees. Laundry hookups. 619-303-8718.

**COLLEGE AREA.** \$1445. Secluded, woody 2 bedrooms, each with own baths and private entrances, wooden floors, fireplace. Laundry hookups. No dogs. Cats ok. Nonsmoking. 619-222-7772.

**COLLEGE AREA/TALMADGE.** Gorgeous 4 bedroom, 2 bath home. Gated. Garage & carport! All appliances. Air. Fireplace. Washer/dryer. Gazebo/jacuzzi. Sun room. Monroe St. \$2600. 619-944-2663.

**DEL CERRO.** \$2300. Large, lovely 4 bedroom, 2 bath, double garage, fenced yard, close to all. 1 year lease. Available now. 6219 Chrismark Avenue. 619-465-6588.

**EL CAJON/FLETCHER HILLS.** \$2000. 3 bedroom, 2 bath. 2-car garage. Gas stove. Dishwasher. Washer/dryer hookups in garage. Carpet. Living room in split level. Huge backyard. Large swimming pool. 1 year lease. Available now. 486 Hawthorne Avenue. Phillips Realty. 619-291-6686.

**ENCINITAS.** Beautiful 3 bedroom, 2.5 bath house, garage, yard, open floorplan, panoramic oceanviews from every room. Quiet. 3 blocks from beach. Available 8/1. \$3150/month. 760-271-3310.

**ESCONDIDO, DOWNTOWN.** 3 bedroom, 2 bath home. Cul-de-sac. 2-car garage. All appliances. Ceramic tile. Washer/dryer. Fenced yard. Pets ok. Section 8 ok. \$1900. 619-944-2663.

**ESCONDIDO.** \$950-\$1550. Tired of apartment living? 1, 2 and 3 bedroom manufactured homes offer spectacular hilltop views. Full-sized washer/dryer, some small yards. Peaceful community, sorry no pets. 1924 Sheridan Avenue. 760-745-1677.

**ESCONDIDO.** \$1300. 2 bedroom, 2 bath house. Garage. Large, fenced yard. Pet considered. Laundry hook-ups. Available now. Agent. 619-298-7724.

**ESCONDIDO.** 1930 Twilight Glen. \$2200/month. 2-story home. Spacious 3 bedroom, 2.5 bath. 1850 estimated square feet. Community pool, jacuzzi, garage. Pet friendly, to 50 pounds. Air, heat, refrigerator, dishwasher, washer/dryer hookups. Fireplace, patio. Ready now. Agent. 619-471-2201.

**KENSINGTON.** 3 bedroom, 2 bath. Beautifully remodeled Spanish. Hardwood floors, vaulted ceilings, fireplace. New gourmet kitchen, stainless steel appliances, soapstone and butcher block island. Mudroom with washer/dryer. Large side courtyard. Pool and Jacuzzi with Trex decking. Central air conditioning and heating. Gardening and pool service included. Walk to village. 4237 Hildale Road. Move in 9/1. \$3395. 619-683-9274.

**LA MESA.** \$1600. 3 bedroom, 1 bath house. Large back yard, country kitchen. Washer/dryer hookups. 7182 Purdue Avenue. 619-698-6911. www.goldenmanagement.com.

**LAKESIDE.** \$2800. 5 bedroom, 3 bath. 3-car garage home with tons of upgrades. Cherry wood floors and cabinets. Granite counters. Custom paint. Walk-in closet and jetted bathtub. Pets OK. 858-598-1111. www.utiapiamgmt.com.

**LINDA VISTA.** Huge 2 bedroom, 2 bath house, \$1600. Hardwood floors. Pets OK. Section 8 welcome. Osler Street. Sara or

James, 858-277-1760. http://housing.molamini.com/osler.html.

**MIRA MESA.** \$1550. 2 bedroom, 1 bath home. Bright and airy. Hardwood floors. Washer/dryer hook-ups. Garage. Yard. Pet considered. Available now. Agent, 619-298-7724.

**MISSION HILLS.** 2 bedroom, 2 bath house. Million dollar view: Point Loma, ocean, cityscape. Jacuzzi, gourmet kitchen, modern. Street parking. Utilities included. \$3000/month. 619-459-1160.

**MISSION HILLS.** 3 bedroom, 1 bath Craftsman. Hardwood floors, fireplace, stove, refrigerator, dishwasher, fenced yard, 2-car garage. Pet on approval. \$2395. Available now. 619-298-0982.

**NORMAL HEIGHTS.** \$2200. 4 bedroom, 2 bath home. North of Adams. Beautiful hardwood floors. New carpet, paint, refrigerator. Microwave, oven and stove. Washer/dryer hook-ups. Excellent freeway access. New front landscaping. Available 7/20. Cats OK. Nonsmoking. 4748 33rd Street. 619-997-9383.

**NORTH PARK.** \$795, rent, \$600 deposit. OAC. 1 bedroom. Detached courtyard cottage. Parking space. No pets. At 3988-1/2 Kansas Street. 619-299-8515.

**NORTH PARK.** 2 bedroom upstairs (30th/Redwood). Carport; storage; shared fenced yard; new paint/flooring; free laundry; bright/breezy/roomy; gas/water paid. \$1395. 858-546-8214.

**NORTH PARK/NORMAL HEIGHTS.** \$1795. 3 bedroom, 1 bath, new carpet/paint, garage, yard, built-in china cabinets, gardener and water included. No dogs. Must see. Sharon 619-301-4364.

**NORTH PARK.** \$1550. 2+1 Craftsman home. Wood floors, built-ins, charm. Newer appliances. This one even comes with a garden and storage. This is clean, quiet and secure. If you can find one better; rent it. 4486 Hamilton. Call Rachael, 619-804-1044.

**NORTH PARK.** \$875 rent. 1 bedroom, 1 bath. Security deposit \$700. New paint, ceiling fan, hardwood floors, stove, refrigerator, close to bus line, laundry across street. Gated entry. 4070 30th Street. Not available yet. Call Ed, 858-597-6100.

**OCEAN BEACH.** \$1950/month. 1 block to beach, 2 bedroom, 2 story remodeled house. Balcony. Patio/deck. Fireplace, off street parking, laundry on site, gardener. No pets. Nonsmoking. 619-224-9639.

**PACIFIC BEACH.** \$2250, deposit. Near bay. 3 bedroom, 1 bath. Stove, refrigerator. Includes water, gardener. Garage, parking space. Laundry hook-ups. No pets/smoking. 858-270-7497.

**PACIFIC BEACH.** 4 bedroom, 2 bath plus office. Quiet cul-de-sac near Kate Sessions Park. Small yard with pool, 2-car garage. New upgrades. \$4000/month. 858-361-6208.

**PACIFIC BEACH.** \$2095. 3 bedroom, 1 bath house, approximately 1300 square feet, granite counters, throw rugs throughout the unit. Fee. Free search at www.westsiderentals.com. 619-367-3333.

**PACIFIC BEACH.** \$3594-\$5514. 3 homes on Missouri Street, 3 blocks to ocean. 4-6 bedroom, 3-4 bath. Fully equipped kitchen, washer/dryer. Available 9/1. 310-930-1739; whizway.com.

**PACIFIC BEACH.** \$2995. Beautiful new construction. 1800 square feet. 3 bedroom, 2 bath home with 2-car attached garage and extra parking space. Large roof deck. Stainless appliances. Natural wood cabinets. Lots of closet space and storage. Washer, dryer. Shore Management, 858-274-4500.

**RENTAL WANTED.** Easy going causal couple, early 50s. No pets or children. Seeks local rental. \$800-\$900/month. Encinitas or

between Carlsbad and Del Mar. Local references 858-442-9749.

**SAN DIEGO.** \$1395 rent. Security deposit \$1350. New paint, new carpet, new vinyl, 1 car garage, fenced yard, section 8 ok. Pet considered. Available now. 569 Chester Street. Ed, 858-597-6100.

**SCRIPPS RANCH.** \$2250. 3 bedroom, 2 bath house. A/C. Double garage with storage cabinets, kitchen appliances, granite countertops, washer/dryer hookups, large fenced yard. 858-549-8015.

**SOUTH PARK/GOLDEN HILL.** 3500 square feet. 3 bedroom, 3 bath. Attached office. Wood, pavers throughout. Canyon view. Bar, wine cellar, indoor hot tub, sauna, solariums, courtyard, fireplaces. Commercial kitchen. Deck, garden, gazebo. Sitting area, pantry, stained glass. \$2799. www.innoreventures.com 619-368-9410.

**UNIVERSITY CITY.** \$2500. 3 bedroom, 2 bath house, media room, jacuzzi tub, fenced yard, 2-car garage with storage room, washer/dryer, refrigerator, stove. Quiet street. 2753 Nansen Avenue. www.centrecity.net. 619-296-6699.

**VALLEY CENTER.** Woods Valley. \$4000. Over 4500 square feet. 4-car garage. On cul-de-sac. Brand new, move in anytime. Nonsmoking. No pets. Call for details, Top Notch Realty, Inc., 858-715-0688.

**VISTA.** 3 bedroom house, 2-acres. View. 2-car carport, room/RV. Washer/dryer. Upgraded appliances. Air, dishwasher, new carpet/paint. \$1950 plus deposit. Pets ok! 619-339-9951.

## RENTALS APARTMENTS / CONDOS

**PLACE PRINTED ADS** in the Reader by calling 619-235-8200.

**POST FREE ONLINE ADS** with photos at SDReader.com. See thousands of classified ads not printed here!

**ALLIED GARDENS.** Completely remodeled beautiful 2 bedroom 2 bath upstairs condo. Cathedral ceilings, skylights, granite in kitchen/bath, large balcony, in-unit washer/dryer, dishwasher. 1140 square feet. Pool, Jacuzzi. \$1450/month. 619-890-1689.

**ALLIED GARDENS.** \$1550. Large, new 2 bedroom, 2 bath condo, all appliances, granite, washer/dryer in the unit, air conditioning, 2 underground parkings, balcony, pool, spa. 7671 Mission Gorge #91. 619-804-3325.

**ALPINE CREEK APARTMENTS.** \$850. Come see our huge 1 bedroom, 800 square feet. Stone flooring in entry, kitchen, and bathroom. Spacious living room, dining room. New washer/dryer in unit. No pets. 1950 Arnold Way. 619-445-8392.

**ALPINE.** \$750-\$950. Spacious 1 and 2 bedrooms. New carpet and vinyl. Air conditioning, on-site laundry, pool. Small pets welcome. Call about our move-in special! OAC. 619-445-1353. www.sdaptbrokers.com.

**ALPINE.** 2 bedrooms, \$1355. Newly remodeled. Up to \$1200 off! Private garages, fireplaces, vaulted ceilings. Resort-size pool and spa. Alpine Woods, 1829 Arnold Way. 619-445-1341.

**ALPINE.** 55 and up. Spacious luxury living. 1 bedrooms, \$955. 2 bedrooms, \$1235. Up to \$1200 off! Creekside Meadows, 1750 Arnold Way. 619-445-2480.

**BANKER'S HILL.** \$650-\$800, junior studios. \$900-\$975, studios. \$1375, 1 bedroom. Expanded cable, storage available, library, rooftop barbecue deck, laundry, small exer-

cise room. City and harbor views. Utilities paid. No pets. Barcelona Apartments, 326 Juniper Street. 619-232-0153.

**BANKER'S HILL.** \$1450. 2 bedroom, 2 bath. Amenities: Pool, laundry facility, 1 underground parking space, private balcony. Pet OK. Month-to-month lease. Available 8/4/08. Call 951-288-2274.

**BANKER'S HILL.** \$1175-\$1250. 1 bedroom, 1 bath apartments. Some with Downtown/bay view! Air conditioning, secure parking included. 800 square feet. Laundry facilities. Gated. 619-239-7313.

**BANKER'S HILL.** \$850 rent. Large studio apartment. Downtown San Diego. Close to everything. Gated. Laundry on site. Street parking. 1818 6th Avenue. kandproperties.com. Call 619-640-8834.

**BANKER'S HILL.** \$1295. Spacious 1 bedroom. New paint and blinds. Secured building with intercom entry, elevator, secured parking, on-site laundry, roof top deck with views of the city, harbor and Point Loma, walk to Balboa Park, Hillcrest, Little Italy and downtown, trash and water included. Sorry, no pets. 140 W. Kalmia Street. sunriseliving.com. Call 619-231-1059 to set up a time for viewing.

**BANKER'S HILL.** \$925. 1 bedroom. Charming fourplex. Lower unit with Harbor/Downtown view. Hardwood floors, balcony, air conditioning. 2148 Albatross. Agent, 619-296-3189.

**BANKER'S HILL.** One bedrooms, \$975-\$1025. Classic Spanish building, Old World charm with covered ceilings. Laundry. Available early July. 2003 Second Avenue. Agent, 619-260-1368. View at http://www.sevillamgmt.com.

**CARLSBAD** from \$1225. Beautiful and spacious 1 and 2 bedrooms, some with fantastic views! Pool, community laundry. Gated parking. Barbecue areas. Walk to the beach! No pets. 2303 Ocean Street. Agent 760-434-7721.

**CARLSBAD.** Rent to own! No bank qualifying! Spacious 2 bedroom, 2 bath condo, ocean view, pools, jacuzzis. 30K natural stone upgrades. Available now. \$2700. 714-337-7575.

**CARLSBAD.** \$1300. 2 bedroom, 1.5 bath, pet OK, 2-car gated parking, pool, refrigerator, stove, microwave, yard, balcony. Fee. Free search at www.westsiderentals.com. 619-367-3333.

**CARLSBAD.** \$925. 1 bedroom in small complex. Off-street parking. Community laundry. Quiet. No pets. 3366 Roosevelt Street. 760-434-7721.

**CARLSBAD/LA COSTA.** \$1495. Large, luxury 2 bedroom, 2 bath in beautiful garden complex with views over La Costa golf course. Fireplace, washer/dryer, air conditioning, pool, spa, sauna. 2371 Caringa Way. Alicant Views. Open daily. TPPM, 760-431-7575. www.alicantviews.com.

**CARLSBAD/LA COSTA.** \$1595. Large, luxury 3 bedroom, 2 bath in beautiful garden complex with views over La Costa golf course. Fireplace, washer/dryer, air conditioning, pool, spa, sauna. 2391 Caringa Way. Alicant Views. Open daily. TPPM, 760-431-7575. www.alicantviews.com.

**CARMEL MOUNTAIN RANCH.** \$2500. Beautiful 2 bedroom plus loft, 2-1/2 baths, open spacious floor plan, washer/dryer and all kitchen appliances, large private patio, 1-car garage, clubhouse, pool, jacuzzi. 12555 Calle Tamega #110. www.centrecity.net. 619-296-6699.

**CARMEL VALLEY.** Looking for affordable luxury living? 1 bedrooms/2 bedrooms. Flexible leases; call for current rates. Near beaches, shopping, easy freeway access, quiet neighborhood! Free tennis, swimming lessons! Washer/dryer. Parking. Fitness center. Pool. No pets. The Club Torrey Pines,

12646 Torrey Bluff Drive. 1-866-354-2096. www.torrey.cc. www.sdreader.com/news/rent2106.

**CASA DE ORO.** Mount Helix. 2 bedrooms starting at \$1075. Park/garden-like settings. Pool. Spa. Close to all shopping. Pet friendly. Conrad Villas Apartments. 3917 Conrad Drive. Visit our website: www.progressmanagement.net or call 619-697-6323.

**CHULA VISTA.** \$100 off first month's rent! 1 bedroom, 1 bath, \$850 with \$700 deposit. 2 bedroom, 1 bath, \$1100 with \$900 deposit. 3 bedroom, 2 bath, \$1350 with \$1200 deposit. Available now. Pool, laundry room. Close to mall/freeway. 433 D Street. 619-756-1557.

**CHULA VISTA.** \$825. 1 bedroom, 1 bath, all utilities included. Best area. Clean, quiet, secure. On-site laundry and pool. Plenty of parking. If you can find one better; rent it. 540 Flower Street. Call Krista at 619-425-5451 or Rachael at 619-804-1044.

**CHULA VISTA.** \$825. 1/2 off 1st month. Extra large, lower 1 bedroom, 1 bath, cul-de-sac, new paint, all appliances, laundry. Great location. 163 Glover #B. 619-804-3325.

**CHULA VISTA.** Move-in special: \$300 off first OAC! Large upstairs 1 bedroom, 1 bath with deck, \$895. Jacuzzi, pool, laundry on site. Lots of storage space. Assigned gated parking. Near all. 212 Palomar. No pets. Call 619-426-1381 or apply at www.melroyproperties.com.

**CHULA VISTA.** \$775/month. Low \$150 deposit. 1 bedroom, fully furnished. 2 blocks from Chula Vista Center and trolley. Off-street parking. Laundry room. 521 Park Way. Office open daily (near Fifth and G). 619-420-5084.

**CHULA VISTA.** \$1595. 2 bedroom, 2-1/2 bath. 2-story townhome features hardwood floors. Great mountain view from balcony. 1581 Sumac Place. www.utopiamanagement.com, 858-598-1111 x193.

**CHULA VISTA.** \$800. Spacious 1 bedroom in lovely gated community. Air conditioning, community laundry, gated off-street parking. No pets. Easy access to shopping, freeway and trolley. 2887 Main Street. 619-691-9377.

**CITY HEIGHTS.** \$950/month. Upper 2 bedroom, 1 bath, new tile/carpet, ceiling fan, stove, refrigerator. On-site laundry. Section 8 OK. Nonsmoking. No pets. 619-287-0626.

**CITY HEIGHTS.** \$795. Remodeled 1 bedroom, 1 bath. On-site laundry. Gated entry. Assigned parking. Move-in specials. Habla espanol. 4122 Marlborough. Call Benny, 619-521-4710.

**CITY HEIGHTS/TALMADGE.** 2 bedroom, 1 bath with balcony, small storage, \$1075. 1 bedroom also available. Gated complex, pool, barbecue. Section 8 welcome. 619-284-1045.

**CITY HEIGHTS/TALMADGE.** 2 bedroom, 2 bath. Very large, beautifully upgraded with balcony, air conditioning, \$1275. Gated complex, pool, barbecue. Section 8 welcome. 619-284-1045.

**CITY HEIGHTS.** \$750. 1 bedroom apartment. Very clean! Newer carpet and paint!

Move-in special! Don't miss it! 4468 Winona Avenue. Agent, 619-279-1833.

**CITY HEIGHTS.** Recently remodeled 1 bedroom four-plex; new appliances; fenced yard/security gates; off-street parking. No pets. \$700/month, \$700/deposit. 4251 Poplar Street. 858-279-3023.

**CITY HEIGHTS.** \$950. 2 bedroom, 2 bath townhouse apartment. Central air conditioning, heating. Laundry room. Lots of parking, not assigned. Carpet. No pets. Section 8 OK. 4265 Charnonne Avenue, across KFC. Phillips Realty, 619-291-6686.

**CITY HEIGHTS.** \$725. 1 bedroom. Stove, refrigerator. Carpet. Gated. Assigned parking. Laundry on site. No pets. 4336 Estrella Avenue. Agent, 619-298-7724.

**CITY HEIGHTS.** \$795. Large 1 bedroom apartment. Parking. No pets. Fenced yard. New paint. Carpet. Appliances. Clean. Near school. 4397 44th Street #B. Juno, 619-275-3455.

**CITY HEIGHTS.** Very large, beautifully upgraded 2 bedroom, 2 bath, \$995. New carpet, paint and kitchen counter. 5450 University Avenue. Agent, 858-560-1178.

**CITY HEIGHTS.** \$895. 1 bedroom with new stainless steel appliances, washer/dryer in unit. Parking. Pool, new carpet. Secure complex. No pets. Available now. Call Coldwell Banker Property Management, 858-488-2228.

**CLAIREMONT.** \$1365 plus deposit. Huge, over 1200 square feet. 2 bedroom, 2 bath, upstairs, fresh paint, wood burning fireplace, 5 closets, balcony, carport, (2 cars) laundry room, limited access. Indoor kitty OK. 858-337-8054 or 858-565-0772.

**CLAIREMONT.** \$875. 1 bedroom, senior complex. Ceramic tile. On bus line. Laundry. No pets. Available now. By appointment only. Call 858-735-4099 or 858-560-8362.

**CLAIREMONT.** \$1165 plus deposit. 2 bedroom, 2 bath. Gated entry. Indoor kitten OK. Wood burning fireplace, ice-maker. Carport. Laundry room. Call 858-565-0772 or 858-337-8054.

**CLAIREMONT.** Free daily continental breakfast, HBO, concierge service, maid/linen service! 6-12 month lease discounts! Furnished studios from \$395/week; \$1195/month! Corporate housing available. Utilities included! Microwave. Mini-refrigerator. Laundry. Pool, spa. Central location. Garden surroundings. Parking. No pets. California Suites Hotel, 5415 Clairemont Mesa Boulevard. 888-475-7147, www.sdreader.com/news/rent2035.

**CLAIREMONT.** \$2000. Brand new, never lived-in. 3 bedroom, 2-1/2 bath. 1325 square feet. Townhouse-style duplex. 1-car garage plus extra parking. Gated entry. No pets. 4441-B Clairemont Mesa Boulevard. 619-299-4034.

**CLAIREMONT/KEARNY MESA.** Wexford Manor. Large 1 and 2 bedrooms in beautiful complex with pool, spa, laundry, air conditioning, dishwasher. Sorry, no pets. \$995-\$1295. Photos at www.WexfordLiving.com. 7870 Stalmer Street. 858-277-4843.

## SERVICES

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**CLAIREMONT.** \$855. Studio in lovely, quiet, gated complex with pool. \$995. 1 bedroom, 1 bath. Parking. Laundry on site. 5150 Balboa Arms Drive. kandrproperties.com. Call Tia, 858-571-0104.

**CLAIREMONT.** \$1425. 2 bedroom, 1 bath duplex. 1-car garage. Patio/yard. Pet considered. Available 7/5. 4181 Chippewa Court. More Property Management. 858-514-8201.

**CLAIREMONT.** \$1800 rent. 3 bedroom, 2 bath condo. Gated. Pool. Lovely grounds. Well maintained. Laundry on site. Cat OK with deposit. 6 month lease. 1100 square feet. 4169 Mount Alifan. kandrproperties.com. Call 858-490-1600.

**COLLEGE AREA.** \$1300. 2 bedroom, 2-1/2 bath townhouse. 1-car garage plus additional space. Gated community. Laundry hookups. Nonsmoking. Available now. \$1300 deposit. 619-429-6928.

**COLLEGE AREA.** \$885-\$950. Large 1 bedrooms, quiet gated community. New paint/carpet, pool, laundry (with yard). Near shopping, restaurants, bus. Cat OK. 4666 63rd Street. 619-286-1376.

**COLLEGE AREA/ROLANDO.** \$650. Large, quiet, private studio cottage, residential neighborhood. large yard. \$550 deposit. No dogs/cats. 858-292-6046.

**COLLEGE AREA.** From \$1195. 2 bedroom, 2 bath condos. Balcony/patio. Gas stove, microwave. Central air/heat. Dishwasher. Washer/dryer hook-ups. Gated. Pet on approval. Near all/golf course. 619-285-3822.

**COLLEGE AREA.** \$1350. 3 bedroom, 2 bath apartment in contemporary building, central air conditioning. Security, underground parking. Year lease. 4742 Seminole Drive. Call 619-469-0031.

**COLLEGE AREA.** Move-in special! \$900/up. 1 bedrooms and 2 bedrooms. Fireplace. Central heat/air. Microwave, dishwasher. Balcony. Gated. Intercom entry. 4828 Art Street. Agent, 619-298-7724.

**COLLEGE AREA.** \$850 rent. \$600 deposit. OAC. 2 bedroom, 1 bath. Laundry. Parking lot. No pets. At 6735 El Cajon Boulevard #B-5. 619-299-8515.

**COLLEGE AREA/LA MESA.** \$750 rent. \$600 deposit, OAC. Large 1 bedroom detached cottage. Open daily 3:30-6pm. No pets. At 4859 Jessie Avenue (east of 73rd). 619-299-8515.

**COLLEGE AREA.** \$1485. 2 bedroom, 1 bath condo. 1-car garage. \$300 off first month! 4336 College Avenue. 619-793-4010.

**COLLEGE AREA.** \$750-\$775. 1 bedroom. Near shops. Laundry room. No pets. 6769 El Cajon Boulevard. Apartments in rear courtyard. 619-464-0901.

**COLLEGE AREA.** 1 bedroom, 1 bath from \$995. Internet access. Gourmet kitchen. Microwave. Gas range. Air conditioning/heating. Walk-in closet. Controlled access. Free poolside Wifi. Barbecue/picnic areas. Cat friendly. Parking. Walking distance to campus. Near bus and trolley. Aztec Pacific Apartments, 6663 Montezuma Road. 1-800-433-6120. www.pacificliving.com. www.sdreader.com/news/rent1042.

**COLLEGE AREA.** \$1050. 1 bedroom, 1 bath condo. Granite counters, overlooks pool, gated area. 6333 College Grove Way #2107. 619-698-6911. www.goldenmanagement.com.

**COLLEGE AREA.** \$875 and \$725. 1 bedroom, 1 bath apartments. Remodeled, all utilities paid. One has garage. 7232 El

Cajon Boulevard #5, #9. 619-698-6911. www.goldenmanagement.com.

**COLLEGE AREA.** \$675. 1 bedroom, 1 bath apartment, fourplex. All appliances, laundry facilities, fenced yard. No pets. 5015 Orange Avenue. 619-698-6911. www.goldenmanagement.com.

**COLLEGE AREA.** \$775. 4333 College Avenue. 1 bedroom in nice community. Pool, laundry, barbecue. Close to SDSU and all conveniences. No pets. Agent 619-287-8380.

**COLLEGE AREA.** \$1900. 2 bedroom, 2 bath condo. Across street from SDSU. Granite countertops, stainless appliances, gated, patio, parking. Pets OK. 5540 Lindo Paseo #3. People Helping Others Property Management. 619-282-5400. www.peoplehelpingothers.com.

**COLLEGE AREA.** 2 bedroom, 2 bath apartment, \$895. Tiled floors, wall air conditioning unit, laundry room. Water/sewer/trash included. Section 8 OK. People Helping Others Property Management, 619-282-5400. www.peoplehelpingothers.com.

**COLLEGE.** 55+, 1 bedroom, 1 bath. Gated. \$775/month, \$500/deposit. New carpet/tile, 600 square-feet, washer/dryer, air conditioning, dishwasher, small deck, courtyard. Near bus/shopping. Move-in special! www.innoreventerprises.com. 619-368-9410.

**COLLEGE/TALMADGE.** \$800/month, \$500/security. 1 bedroom, 1 bath cottage-style apartment, carpeted, new tile/appliances, on-site laundry. No pets/smoking/Section 8. Available 6/25. 4520-52nd. 858-538-5013.

**DEL MAR.** \$3995. Ocean view! 1.8 mile to beach. 3 bedroom, 2-1/2 bath condo, 2600 square feet. 2 car garage, 3 fireplaces. Pool. www.cabosantafe.com. 858-759-9600.

**DEL MAR.** One block to ocean! 2 bedroom, 2 bath, \$1895. Free cable, pool, spa. Gated, nonsmoking community. 201 Fourth Street. 858-481-9585; mikealta@aol.com.

**DOWNTOWN.** San Diego's first hip hostel hotel. From \$59/night. From \$260/week. From \$19/bed in hostel. Free wireless Internet. Near bus/trolley. Flat screen TVs. European-style detached bathrooms. Restaurant serving breakfast, lunch and dinner. 500 West Hotel. 500 West Broadway. Call Toll free: 1-888-895-0875. www.500WestHotel.com, www.sdreader.com/news/rent114.

**DOWNTOWN/EAST VILLAGE.** July move-in special! Only \$613-\$736/month with 12 month lease! Utilities included! Office hours: daily 8am-6pm. Near Petco Park, bus/trolley. Fully furnished. Bay/balpark views. Underground parking. Air conditioning. Laundry. Internet. Clubhouse/library. Income qualify! Island Village. 1245 Market Street. For details, 1-800-351-0613. www.sdreader.com/news/rent2070.

**DOWNTOWN.** Studios with kitchen and bath, \$625-\$700. Single room with private bathroom, \$550-\$595. No smoking or pets. 10th and E Street. Hughes Management, 619-239-1639 x103.

**DOWNTOWN.** Comfortable rooms, \$450/up. Studios, \$650/up. Near Gaslamp District. Very quiet and clean. Free cable TV, on-site laundry, vending machines, community kitchen, shared bathrooms. Near shopping, restaurants, movie theatres and Horton Plaza. No pets. Arlington Apartments, 701 7th Avenue. Hughes

Management. 619-231-2385. www.sdreader.com/news/rent2097.

**DOWNTOWN.** Cozy rooms, \$450-\$625. Very comfortable, convenient location, historic building near C Street trolley. Choice of shared or private bathrooms. Free cable TV, on-site laundry, vending machines, modern elevator, no pets. Southern Hotel, 1159 6th Avenue at B, Hughes Management, 619-239-3808. www.sdreader.com/news/rent2099.

**DOWNTOWN.** Economical furnished rooms, \$450-\$550, best price, save money. Conveniently located on C Street trolley line, near restaurants, free cable TV, shared bathrooms, on-site laundry facilities, vending machines, elevator service, no pets, 636 C Street (between 6th and 7th). C Street Inn, Hughes Management, 619-234-4165. www.sdreader.com/news/rent2098.

**DOWNTOWN.** Gaslamp area. \$425-\$550. Community kitchen, shared bath, on-site laundry, vending machines, no pets, Star Hotel, 522 7th Avenue. 619-235-6068. Hughes Management.

**DOWNTOWN.** Outstanding furnished rooms, \$450-\$500. Heart of Gaslamp. Shared bathrooms. Community kitchen. Free cable TV. No pets. 843 4th Avenue. Windsor Hotel. 619-235-6068. Hughes Management.

**DOWNTOWN.** Furnished studios. From \$59/daily, from \$210/weekly rates! Ideal, affordable, short-term stays. Private bathroom, kitchenette, microwave, refrigerator, cable TV. Air conditioning, laundry, voice mail. High speed Internet. Food service daily. Near trolley/bus/freeway, Balboa Park, Gaslamp. West Park Inn, 1840 4th Avenue. www.westparkinn.com. 619-236-1600. www.sdreader.com/news/rent2037.

**DOWNTOWN.** Premier location. Furnished studios with full baths, from \$199/weekly. Two award-winning buildings to choose from with 24-hour staff, gyms, laundry rooms, sun decks. Free wireless Internet. Island Inn: 202 Island Avenue (Second and Island), 619-232-4138. J Street Inn: 222 J Street, 619-696-6922. www.affordablehousingsd.com.

**DOWNTOWN.** Fully furnished studios with utilities included. Rates start at \$160/week. Free wireless Internet. Baltic Inn: 521 6th Avenue. 619-237-0687. www.affordablehousingsd.com.

**DOWNTOWN.** \$675. Studio, 1 bath apartment, great views, all utilities paid, near Petco Park, controlled access building.

Fee. Free search at www.westsiderentals.com. 619-367-3333.

**DOWNTOWN.** \$750. 1 bedroom, 1 bath apartment, cat OK with deposit, hardwood floors, paid water/trash/gas. Fee. Free search at www.westsiderentals.com. 619-367-3333.

**DOWNTOWN.** \$1685. 2 bedrooms, 2 baths apartment, pet OK with deposit, barbecue/picnic area, business center, spa, pool, fitness. Fee. Free search at www.westsiderentals.com. 619-367-3333.

**DOWNTOWN.** \$1895. 2 bedrooms, 2 baths condo, 897 square feet, pets OK, walking distance to harbor, Embarcadero, Gaslamp. Fee. Free search at www.westsiderentals.com. 619-367-3333.

**DOWNTOWN.** \$1325. 1 bedroom, 1 bath apartment, pet OK, amazing views of San Diego, refrigerator, microwave, dishwasher. Fee. Free search at www.westsiderentals.com. 619-367-3333.

**DOWNTOWN.** Attractive rooms. Shared bath. Utilities included! Near City College! \$450-\$595 per month. Weekly rates from \$125! 719 14th Street, Villa Victoria. Hughes Management, 619-231-2385.

**DOWNTOWN.** Beautiful building, new furnished rooms. Refrigerator, microwave, TV, cable. Starting at \$175 weekly. 920 Beech Street. Call 619-234-1952.

**DOWNTOWN.** 2 bedroom, 2 bath: Broadway/14th, \$2250. Little Italy: gorgeous water view, 2 bedroom, 2 bath, \$2250. Also, 2 bedroom, 2-1/2 bath townhouse, water view, \$2450. Agent, 619-788-2720. info@ElisabethSellsSanDiego.com.

**DOWNTOWN.** \$995. 2 bedroom, 1 bath overlooking Downtown. Pet friendly! Private patio. Tile floors. Storage. Gated complex. Laundry onsite. \$995 deposit. Sue, 619-890-5263.

**DOWNTOWN/LITTLE ITALY.** 1 bedroom apartment. \$1095. 9' ceilings. Corner unit. Ideal location. Secure, quiet, building with laundry. 1534 Front, near Beech Street. 619-233-7428.

**DOWNTOWN/LITTLE ITALY.** From \$800/month. Private bath, cable TV, microwave, refrigerator. Utilities included. Secure, quiet, charming. Efficiency apartments with laundry. Near trolley/bus lines, blocks from harbor. On-site manager. Villa Caterina, 1654 Columbia Street. 619-232-3400.

**DOWNTOWN/EAST VILLAGE.** Newly remodeled rooms available for weekly/month

ly rentals, \$500/up plus \$300-\$400 security. Controlled access, shared bathrooms/kitchens. Full size beds, laundry facility. Patio area. Palms Hotel, 619-233-0408.

**DOWNTOWN/GASLAMP.** \$1600. One month free rent! \$99 deposit. Live/work loft. Open floorplan. Pets OK. 900+ square feet. On-site parking available. On-site property manager. Telephone-entry keyless access system. Laundry facility. Cable ready. High speed Internet capability. Hardwood floors. Generous closet space. Dishwasher, electric range, stove, refrigerator. Central air/heating. Exposed duct work. High ceilings. 5 floor-to-ceiling windows overlooking Horton Plaza/ Downtown. Call today, 619-231-1333. www.sdreader.com/news/rent2145.

**DOWNTOWN/GASLAMP.** Move-in Specials. Live/Work Lofts in the heart of The Gaslamp! Roof decks with barbecue. Laundry on every floor. Parking available. Seven locations Downtown. Select pets OK. Visit loft leasing office: 315 Fourth Avenue. 619-231-1505 x12. www.trilogymanagement.com. Also visit www.sdreader.com/news/rent2064.

**DOWNTOWN/GASLAMP.** Las Flores Hotel. Small, quiet. \$125/week and up. Four-week minimum. Color TV with basic cable. Refrigerator in most rooms. Secure. 619-235-6820.

**EASTLAKE.** \$1795. 2 bedroom, 2-1/2 bath townhouse. Beautiful tri-level, with Tuscan neutral dark beige tile floor throughout main level. 2203 Hunting Point Road. www.utopiamanagement.com, 858-598-1111 x13.

**EL CAJON.** Singing Hills Mobile Estates. 2 bedrooms, 1 bath. Near Valhalla High School/shopping. Small yard. No pets. \$900 plus utilities. 1810 Hillsdale Road, 92109. 619-442-2807.

**EL CAJON.** \$795. Half off first month! Affordable housing. Spacious 1 bedrooms. Pool. Spa. Barbecue area. Off-street parking. Laundry facilities. Section 8 welcome. 619-440-5258.

**EL CAJON.** \$1300. Beautiful new, remodeled 2 bedroom, 2 bath condo. Pool, Jacuzzi, barbecue, gym, more. Close to I-8, off West Main Street. 619-688-6056, 305-764-6090.

**EL CAJON.** Spacious apartments. 1 bedrooms, \$830/up. 2 bedrooms, \$980/up. Pool, onsite laundry, assigned parking, freeway close. Pets welcome! Ask about move-in specials! Anabel Court Apart-

ments, 303 East Madison Avenue. 619-579-5603.

**EL CAJON.** \$900/up. 2 bedroom, 1 and 2 stories. Amenities. Pool, park-like grounds, parking. Near town, shops, bus. 743 South Magnolia Avenue. Call 619-579-0174, 619-464-1818.

**EL CAJON.** 1 bedroom, \$800. Great amenities, air conditioning, laundry on-site, pool, recreation room, parking. Lushly landscaped. No pets. 294 Ballantyne. 619-334-7934.

**EL CAJON.** 2 bedrooms, 2.75 baths condo, balconies, fireplace, central heat/air, 2-car garage, laundry hookups, backyard, community pool. Move-in special \$1620/month. 334 Travelodge. 619-980-0019.

**EL CAJON.** Fabulous 7 Motel. Furnished rooms starting at \$225/week. Parking. Pool. Cable. Maid service. Laundry. 24-hour security. 1527 East Main Street. 619-442-0457.

**EL CAJON.** Duplex-like house. 2 bedroom, 1 bath. Completely remodeled, fenced yard, washer/dryer hookups, air conditioning. No pets. \$1095/month. 619-464-5557.

**EL CAJON.** 2 bedroom, 1 bath duplex house, nice fenced yard. Quiet, private, off-street parking. For appointment to view, please call 619-464-5557.

**EL CAJON.** \$850. Large 2 bedroom, 1 bath, upstairs. Carpet, dishwasher, gas stove. Laundry room. 1 assigned parking. No pets. Section 8 OK. 1423 Peach Avenue. Phillips Realty, 619-291-6686.

**EL CAJON.** \$920. Large 2 bedroom, 1 bath, downstairs. New carpet, new kitchen, new bath, new floors, new refrigerator, new gas stove. Dishwasher. Laundry room. 1 assigned parking. No pets. Section 8 OK. 1423 Peach Avenue. Phillips Realty, 619-291-6686.

**EL CAJON.** \$700. 1 bedroom apartment. Downstairs. New carpet, paint. Assigned parking. Laundry. No pets. Available now. 506 Emerald Avenue #6. Agent, 858-514-8201.

**EL CAJON.** 1 bedroom, \$795. 2 bedroom, \$965. \$200 off first month's rent, OAC. Smaller, quiet community. Patios, balconies around nice courtyard. Pool area. Cats welcome on approval. Section 8 OK. Villa Mollison, 991 North Mollison. 619-588-1780.

**EL CAJON.** \$675-\$975. Spacious studio and 2 bedrooms. Air conditioning, large

**PUPPIES, PUPPIES, PUPPIES!** If you are looking for a new companion, contact Baja Animal Sanctuary at 619-231-6960.

**RHODESIAN RIDGEBACK**/shepherd mix. Buster is a striking 3 year old who was found and rescued by the Sanctuary's founder, Sunny Benedict, who brought him to the Sanctuary for medical attention. He had 2 puncture wounds in his scalp. After a 6-month recuperation, Buster is healthy, happy, and looking forward to adoption by a loving forever family who will forever make sure nothing like that ever happens to him again. Contact the Baja Animal Sanctuary for more information, 619-231-6960.

**SHAR PEI.** Lisa Ling was rescued all the way from Utah where she was slated for euthanasia. She is a sweet and loving girl. Contact Baja Animal Sanctuary to meet her. 619-231-6960.

**SHEPHERD MIX.** Bobo, 8 years old, was relinquished to our rescue by a couple going through a divorce so needless to say he's a bit confused. Bobo is very sweet-natured and loves nothing more than to lay on his soft doggy bed and chew on his bones and toys. He likes to go for walks and will be your best friend. Contact Baja Animal Sanctuary at 619-231-6960.

**VIZSLA PUPPIES.** Purebred puppies with AKC and PEN hip certified. Ready 7/31. Shots, tails docked, dew claws removed. Lots of love and energy! Obedient, great with kids. \$1000. 619-579-8650.

**WANT A DOG** for just the weekend? We have weekend foster opportunities for small or big dogs, puppies, adults, or seniors depending on what suits you. Contact the Baja Animal Sanctuary for more information, 619-231-6960.

**YOUNG DOGS.** We have quite a few 3-5-4 month old dogs looking for forever homes. They are all mutts but mostly shepherd, Labrador, or akita mixes with gorgeous markings. If you're interested in adopting a new companion, contact the Baja Animal Sanctuary for more information, 619-231-6960.

## PET CENTRAL

**PLACE PRINTED ADS** in the Reader by calling 619-235-8200.

**POST FREE ONLINE ADS** with photos at SDReader.com. See thousands of classified ads not printed here!

**ADOPTION EVENT** Saturday, 7/12 from 10am-3pm at Petco in Point Loma, 3495 Sports Arena Boulevard. For information contact the Baja Animal Sanctuary at 619-231-6960.

**ADOPTION EVENT** Saturday from 10am-3pm at PetSmart in Chula Vista. 1840 Main Street. For more info, call Baja Animal Sanctuary at 619-231-6960.

**ADOPTION EVENT** Saturday, 7/19 from 10am-3pm at PetCo in Carmel Mountain Ranch. 11160 Rancho Carmel Drive. For more info, call Baja Animal Sanctuary at 619-231-6960.

**ADOPTION EVENT** this Saturday, 7/12, from 10am-3pm at Petco in Point Loma, 3495 Sports Arena Boulevard. For information contact the Baja Animal Sanctuary at 619-231-6960 or email sandradsimpson@cox.net.

**ADOPTION EVENT** Saturday, 7/19, from 10am-3pm at Petco in Carmel Mountain Ranch, 11160 Rancho Carmel Drive. Contact Baja Animal Sanctuary for more information, 619-231-6960 or sandradsimpson@cox.net.

**AKITA/HUSKY MIX.** Koket is a 2 year old female. She's high energy, playful, and is doing great with her training. She even goes hiking with her foster or leash! She has beautiful markings. Contact Baja Animal Sanctuary. 619-231-6960.

**AQUARIUM SALE** at Octopus's Garden. 20H aquarium \$20; 29 for \$29; 40R \$40. Even a 60E is just \$60. Other tank specials also. Lots of healthy saltwater fish and beautiful corals. Protein skimmers. Lighting systems, pumps, decorations and supplies at low prices at Octopus's Garden. Noon-9pm, 7 days. Call 858-576-7449.

**AQUARIUMS AND PONDS!** Freshwater/saltwater fish. Extensive reef animals. 9000 square feet. Low warehouse prices! Expertise not found in Southern California cookie-cutter stores! Aquatic Warehouse. 5466 Complex Street #204, San Diego. Behind Superior Courthouse, off Clairemont Mesa Boulevard. www.aquaticwarehouse.com. Daily, 10am-7pm. Saturday, 10am-6pm. Sunday, 11am-6pm. 858-467-9297.

**BAN BACKYARD PUPPY MILLS.** Please visit your local humane society and adopt one or more of the sweetest pets you'll ever love. They need you!

**BENGAL LEOPARD BABY.** Take a walk on the mild side of wild. Drop dead gorgeous. TICA registered. Canaries also available. North County/Vista. 760-724-9316.

**BIG DOGS ROCK!** 2nd animal big dog (50+lbs.) adoption event brings together dozens of local rescues and shelters featuring 100 large dogs all in one convenient location! Sunday, August 17,

11am-3pm, Fiesta Island, across from fenced off-leash beach near the OTL area. Contact Baja Animal Sanctuary for information, 619-231-6960.

**BORDER COLLIE**/Labrador mix. You'd never know Topo is 7, he sure doesn't act like it! He's very energetic and playful, a very fun dog for someone with an active lifestyle. He'd be great for walking, hiking, running. Contact the Baja Animal Sanctuary to meet him. 619-231-6960.

**BUY/SELL/TRADE** reptiles, amphibians, turtles, tortoises, snakes, lizards. Largest reptile selection in Southern California. Voted #1 in San Diego. Pet Kingdom. 619-224-2841.

**CATS/KITTENS,** 10 weeks+, need responsible, lifetime homes. Cute, friendly, virus-tested, neutered, vaccinated, dewormed. Tuesday/Thursdays/Friday, 6-8pm. Saturday/Sunday, noon-4pm. Petsmart 8657 Villa La Jolla Drive. Fee, www.sdscats.org.

**CHIHUAHUA MIXES** and purebred, neutered, spayed, young adults, rescued. Shots, license, microchips. No young kids. \$100 each. 619-466-0426.

**CHIHUAHUAS.** Baja Animal Sanctuary has quite a few rescued, young chihuahuas: Ivan, Benny, Ritchie, and Checkers. All different colors, ages and interesting markings. They are all looking for forever homes. Interested, call BAS, 619-231-6960.

**CHINESE POWDER PUFFS.** Small breed, grow between 8-10 lbs. Hypoallergenic, great with kids, super smart. Need loving family. Dewormed/current shots. \$475/best offer. 619-972-2273.

**DACHSUND 20TH ANNUAL PICNIC** in Balboa Park on Sunday July 27th at 12noon, corner of Park Boulevard and Presidents Way. 858-342-3309. www.sddc.us. It's a dachhund round-up!

**DOG LOVER?** Baja Animal Sanctuary is looking for volunteers who are willing to foster dogs. We provide food, supplies, etc. All you need to provide is love. If you reside in North County please contact Patricia, 858-254-8733 or Judy, 858-538-8350. If you reside south of La Jolla, please contact Alisa, 858-270-4056.

**DOGS. FOCAS** is a trusted name in pet adoptions. Call for information on a variety of wonderful rescued pets. Always altered, microchipped, vaccinated. Most \$150 donation. 619-685-3536.

**FOX TERRIER.** Giles is a beautiful tri-color, mild mannered, non barker 5 year old. He is neutered, up to date on shots, and is ready for his forever home. For more info, call Baja Animal Sanctuary, 619-231-6960.

**GET A LIFE!** Visit your local animal shelter and adopt a new best friend.

**KITTENS,** \$40 cash only. Born 4/24, raised indoors and litter box trained. 2 friendly an affectionate females, 1 male, black and white, tabby. Call 619-283-9332.

**KITTENS.** 3 healthy males, females, rescues. Gray, black and white, gray and white spots. Shy but affectionate. Will spay/neuter. \$20 donation. Encinitas, 760-230-1346.

**KOI PONDS AND WATER GARDENS.** Equipment and supplies, free water testing, service and maintenance, construction and design, commercial and residential. Koi-Koi Living Jewels' 20th year. 1975 Jamacha Road, El Cajon. Monday-Saturday, 10am-5pm, Sunday 11am-4pm. 619-441-9275.

**LAB RETRIEVER MIX.** Gabriella is a 3-1/2 month old chestnut girl. She is beautiful and playful. Spayed, up to date on shots, and ready for a family to call her own. Contact Baja Animal Sanctuary, 619-231-6960.

**LABRADOR RETRIEVER MIX.** Nubia is a 4 month old all white girl. She's sweet, calm, and is a little shy. She would be great with another dog. Up to date on shots, spayed and is ready for her forever home. Contact Baja Animal Sanctuary, 619-231-6960.

**LABRADOR/PIT MIX.** Meet Sake, a 3-year-old who is truly a cuddle bug. He believes he is a lap dog! He loves to run, whether it is on a leash or in a big backyard. He is very energetic. Contact the Baja Animal Sanctuary to meet him. 619-231-6960.

**LABRADOR/PIT MIX.** Meet Sake, a gorgeous brown and white, 3 year old who is truly a cuddle bug. He believes he is a lap dog. He is very energetic. Contact the Baja Animal Sanctuary for more information, 619-231-6960.

**LABRADORS.** Looking to adopt a goofy Lab or pup? Contact Aubree at 619-990-7455 with Labs & Friends Rescue or log onto www.labradorsandfriends.org to see our adoptable dogs.

**LOOKING FOR A COMPANION?** Check out www.petfinder.com, the temporary home of adoptable pets and adoption groups. Search by breed, age, sex, and location.

**MALTESE PUPPIES.** Lovable 2 months old for sale. Two males (\$1200) 1 female (\$1500). First shots. Parents pure breed, onsite. Serious buyers only. 858-344-3792; naynay484@hotmail.com.

**MINIATURE POODLES-ADULTS.** 3. One male, age 6, black, \$150. Age 12, black, \$75. One female, white, age 9, \$100. All spayed, neutered/housebroken. Evenings, 760-212-7717.

**PET STUFF.** Pet carrier, Samsonite leather \$15. Pet bed washable \$5. 3 fish tanks \$10/each. Cat scratching post \$5. Hamster habitat \$10. Escondido, 760-685-8291.

**PITBULL,** female, 8 months, coffee brown, sweet temperament, spayed, \$20 donation to loving home. 619-267-6722.



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closets, patio, pool. Call 619-588-1126. www.sdpaprtbrokers.com.

**EL CAJON.** \$800. Large 1 bedroom, 1 bath. Air conditioning, patio/balcony and outside storage. Pool, jacuzzi. Gated community. Call 619-444-5799. www.sdpaprtbrokers.com.

**EL CAJON.** \$725. 1 bedroom in very well-maintained pool/courtyard complex. Super clean apartments. No pets. 314 Wisconsin Street. TTPM, 619-742-7600. www.palmetstates.info.

**EL CAJON.** \$715. Spacious 1 bedroom in beautiful property with sparkling pool. Walk to courthouse and Main Street shopping. No pets. 163 Ballantyne Street. TTPM, 619-597-6248. www.tradewindsapts.info.

**EL CAJON.** Spacious 2 bedrooms starting at \$975. Private patios. Great location with on-site parking and laundry. 432 Dominguez Way. TTPM, 619-405-4500.

**EL CAJON.** \$995. Half off first month! Spacious 2 bedroom, 2 bath. New carpet and paint. Central heat/air, dishwasher. Patio. Community laundry. Parking. No pets. 444 Ballantyne. 619-440-1909.

**ENCINITAS.** \$1625. Ocean view 2 bedroom, 1 bath condo. Garage. Fireplace. Decks. Skylights. Walk to coaster/bus/beach/restaurants. Deposit. No smoking. 858-481-2604.

**ESCONDIDO.** \$1200/month. 2 bedroom, 2 bath furnished home. 55+. Lawrence Welk Resort, 760-420-6589.

**ESCONDIDO.** \$950-\$1550. Tired of apartment living? 1, 2 and 3 bedroom manufactured homes offer spectacular hilltop views. Full-sized washer/dryer, some small yards. Peaceful community, sorry no pets. 1924 Sheridan Avenue. 760-745-1677.

**ESCONDIDO.** Call for specials! Spacious 1 bedrooms from \$835, deposit \$400. 2 bedrooms from \$995, deposit \$500. Great floor plan. Pool, spa. Covered parking. Laundry. RV parking. Cats are welcome. 640 West Lincoln Street. 760-489-8989.

**FASHION VALLEY.** \$1550 rent. \$1200 deposit. OAC. Beautiful 2 bedroom, 2 bath triplex. Laundry in unit. No pets. At 1333 Brunner Street #B. 619-298-5820.

**FASHION VALLEY.** \$1250 rent. \$600 deposit. OAC. 2 bedroom, 2 bath. Parking. Laundry. No pets. At 1330 Eureka Street #14 or #29. 619-298-5820.

**FASHION VALLEY/USD.** \$1350 rent. \$800 deposit. OAC. Large 2 bedroom, 2 bath townhouse. Parking for 2 cars. New carpet. Laundry. No pets. At 5550 Mildred Street #15. 619-291-1755.

**FASHION VALLEY, WEST.** \$1600. 3 bedroom, 2 bath downstairs unit with washer/dryer hook-ups. Across from USD. 9 month or year lease. No pets! 5845 Lauretta Street #4. Call 619-222-4836 x14 or www.sunsetpacificrealty.com.

**FASHION VALLEY.** \$1550. Large 2 bedroom, 2 bath condo. No pets. 2 parking. Security gate. Remodeled. Carpet/paint.

Dishwasher. Pool. Gym. 6406 Friars Road #237. Juno. 619-275-3455.

**GOLDEN HILL.** Must see! Huge, gorgeous 2 bedroom, 2 bath. Garage. Beautifully remodeled. Hardwood floors. Cherry cabinetry. New appliances. Courtyard. Laundry. Near downtown/Petco/Gaslamp/Balboa Park. Freeway close. \$2200. Ramiro, 619-232-9489.

**GOLDEN HILL.** Charming 1 bedroom, 1 bath \$775. Hardwood floors. Great neighborhood, laundry on-site. No pets. Available 8/1. 2421 E Street. 619-857-3706.

**GOLDEN HILL.** \$1250. 2 bedroom, 2-1/2 bath, 2-story townhome. Berber carpet. Large patio. Master bedroom balcony with view of Downtown. Off-street parking. Laundry. Cats OK. \$1250 deposit. Agent, 619-234-9553.

**GOLDEN HILL.** \$1250. 2 bedroom, 1 bath funky Victorian that is clean, quiet and secure. Private patio, wood floors throughout, and all the charm you can think of. If you can find one better; rent it. 1120 30th Street. Call Rachael, 619-804-1044 or 713-1044.

**GOLDEN HILL.** \$875. Large studio, 450 square feet, hardwood floors, full kitchen and bath. Front lower unit. Small pet OK. 2528 'C' Street #2. www.centrecity.net. 619-296-6699.

**GOLDEN HILL.** \$2000 rent. 2 bedroom, 1-1/2 bath condo, cats are perfect 3. Minutes from everything. 2538 C Street. S&D Property Management, Inc. 619-640-7530. www.sdfirent.com

**GOLDEN HILL.** \$995. 2 bedroom, 2 bath condo. New carpet, flooring, paint. Dishwasher, fireplace, underground parking. Available immediately. 3093 C Street #13. 619-222-9308.

**GOLDEN HILL.** 532 21st Street #6. \$650/month. Deposit \$395. Free utilities. Upper studio. Quiet. No pets or Section 8. Se habla Espanol. Open 7 days. app@sdcpm.net. SDCPM, 619-220-4840.

**GOLDEN HILL.** \$1250. Bright, airy 3 bedroom, 1 bath upstairs apartment. Dishwasher. Laundry hookups. Near public transportation, shopping, parks. Nonsmoking. No pets! Small complex. 619-677-5246.

**HILLCREST.** \$200/week and up. Refrigerators, cable TV and HBO. Embassy Hotel, 3645 Park Boulevard. 619-296-3141.

**HILLCREST.** Bright 2 bedroom, 1 bath. Completely remodeled, hardwood floors, large enclosed patio. Washer/dryer. Parking. Large deck overlooking canyon. 1 block from Balboa Park. Pets OK. \$1595/month. 619-549-4959, 619-549-2234.

**HILLCREST.** \$625. Studio. Utilities included. Full kitchen, shared bath. Hardwood floors. Washer/dryer available. Near shopping. Nonsmoking. No pets. Move-in ready. 1033 University Avenue. 619-952-7056.

**HILLCREST.** \$1250. Extremely large 2 bedroom, 2 bath. Newly redecorated. Upper unit. New dishwasher, self-cleaning oven. Sheltered patio. Parking. Laundry.

Near all. 1037 Essex Street. No pets. 619-692-0364.

**HILLCREST.** Spacious 1 and 2 bedrooms! Berber carpet, fireplace, spa, gym, intercom and elevator. Sorry, no pets. Hillcrest Summit, 4134 4th Avenue. See photos at www.WexfordLiving.com. 619-299-0047.

**HILLCREST.** \$1195. 2 bedroom, 1 bath apartment, upstairs/end unit. Gated complex. Stove, refrigerator, laundry. Close to Uptown District. No pets. Nonsmoking. Year lease. 619-990-3846.

**HILLCREST.** \$1200. 2 bedroom, 1-1/2 bath. Very spacious. Brand new carpet and paint throughout. Private porch/balcony. Available for immediate move-in. No pets. 3620 Georgia Street. Agent, 619-820-2584.

**HILLCREST.** \$1295. 2 bedroom, 1 bath with parking, air conditioning, dishwasher. Laundry on site. Gated. Cat OK with deposit. 1033 Robinson. kandproperties.com. Call Rachel, 619-295-1210.

**HILLCREST.** \$1495. 2 bedroom, 2 bath. 3rd floor condo. All appliances. Air conditioning. Garage parking. Extra storage. Huge patio. Xilarent.com, 619-683-7638.

**HILLCREST.** \$1350. 2 bedroom, 2 bath with vaulted ceiling and skylight. Quiet and airy, gated, fireplace, air conditioning, appliances, on-site laundry, rare two car tandem garage. One block from Henry's Market. Nonsmoking. Cats only. Now ready for move in. 4136 Georgia Street. 619-269-5237.

**HILLCREST.** 1/2 off 1st month. Spacious studio and 1 bedroom starting at \$795. Gated complex, full kitchen and bath, hardwood floors, laundry, cat ok. Near Balboa Park. 411 Juniper. 619-804-3325.

**HILLCREST.** Extra large lower 1 bedroom starting at \$1025. Gated, all appliances, washer and dryer, underground parking, patio, balcony. Near all. 4155 Georgia Street. 619-804-3325 or 619-297-7662.

**HILLCREST.** \$875. 1 bedroom. Senior 62 plus. Best deal in Hillcrest! Come make new friends at the Park Towers Senior Complex. Currently we have one vacant unit on the second floor. Elevator available. This unit has just received new carpet, vinyl and paint in designer colors. Range, refrigerator and air conditioning included. We have an activities room and on site laundry. Building is gated with intercom. Section 8 welcome. 1220 Robinson Avenue. Cats and small dogs ok. Contact the resident manager at 619-291-7284. scott@hendershawandassociates.com.

**HILLCREST.** \$2125. Classic 2 bedroom, 1-1/2 bath apartment/home. 1 car garage. Available 7/15, this 1920s apartment home. Over 1450 square feet. This unit was painstakingly restored to its 1920s splendor. All hardwood floors were refinished. The beautiful mahogany wood work restored. Original fixtures were restored. New ceramic tile in the kitchen and bath as original. Replicating the originality was our goal with this unit and I believe it was accomplished. There's a formal dining room. Laundry room with washer and dryer. Microwave, refrigerator, and antique range. Lots of closet space, ceiling fans, comes with one car garage. Don't miss this opportunity to live in one of Hillcrest's premier apartments. It's the next best thing to owning your own home. 3754 Fourth Avenue at Robinson Avenue. Cats are ok. Call Scott at 619-846-6615; scott@hendershawandassociates.com.

**HILLCREST.** \$1100. 2 bedroom, 1 bath. Situated in gated complex. Laundry room on site. Walk to famous San Diego Zoo and

Balboa Park. Available 8/15. 3638-1/2 Park Boulevard. 619-295-1100. www.cethron.com.

**HILLCREST.** \$1300. Quiet, charming, cozy deluxe 2 bedroom, 2 bath. Gated, fireplace, all appliances, washer/dryer, skylight, private patio, 2 parking spaces. Cats only. Nonsmoking. Now ready for move in. 3680 Alabama Street. 619-269-5237.

**HILLCREST.** \$825. Large 1 bedroom, 1 bath. Downstairs. Carpet. Laundry room. No pets. 1 assigned parking. 3820 Georgia Street, between Robinson and University. Phillips Realty, 619-291-6686.

**HILLCREST.** \$1150. Lovely, 2 bedroom, 1 bath cottage. Carpet and ceramic tile floors. New kitchen, new bath, fenced side yard. Laundry room shared with tenants. No pets. Street parking. 3819 Park Boulevard, behind Numbers. Phillips Realty, 619-291-6686.

**HILLCREST.** \$1475-\$1525. 2 bedroom, 1 bath. 1-off-street parking. Laundry onsite. No pets. Half-block/park. 2 bedroom, 2 bath also available. 3511 6th Avenue. 619-220-2360.

**HILLCREST.** \$995. 1 bedroom. Senior (62+) or disabled living. Elevator. Parking. Close to public transportation, shops and freeways. Available now. Small pet (25lbs) with deposit. Hillcrest Regency, 1050 Essex Street. Call Dan, 619-294-4146.

**HILLCREST.** Hillcrest Palms. Senior complex, 55+. \$900. 1 bedroom apartments. Gated community. Convenient location. Near hospitals, restaurants, shopping. No

pets. 4042 Albatross Street. 619-574-0784.

**HILLCREST.** \$895 rent. Security deposit \$800. 1 bedroom, 1 bath apartment. Walk to zoo. Stove, refrigerator, dishwasher, ceiling fan, new paint, laundry facility, assigned parking. Available now. 3652 Park Boulevard. Call Ed, 858-597-6100.

**HILLCREST.** 2 bedroom, 2.5 bath townhouse condo. New construction. 2-master suites. Approximately 1322 square feet. Air conditioning, fireplace, attached garage, full-size interior laundry room, south-facing balcony. \$2100. Broker, 619-286-4250.

**HILLCREST.** \$1245. 2 bedroom. Immaculate apartments with off-street parking. Near Henry's Marketplace. No pets. 4219 Georgia Street. TTPM, 619-299-1004.

**HILLCREST.** 3588 First Avenue #8, 92103. Large 2 bedroom, 2 bath, \$1325. Private, quiet complex. Very clean with off-street parking. Laundry. No pets. www.timcassidy.com. Cassidy, broker, 619-275-LIST, x4.

**HILLCREST.** \$1695. 2 bedroom, 2 bath. Cozy third-floor condo located in a spectacular gated community in Uptown. Water and trash included. 1270 Cleveland Avenue. www.utopiamanagement.com, 858-598-1111 x193.

**HILLCREST/NORTH PARK.** \$875 rent. \$600 deposit, OAC. 1 bedroom. Hardwood floors. Parking. Laundry. No pets. At 1930 Georgia Court #19 or #29. 619-787-5287.

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**Take 15% off** any service \$201 to \$450

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Safe-brake package includes:

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**\$39<sup>95</sup>**

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**4-Wheel Alignment \$49<sup>95</sup>**

Set toes to specs. Most cars. Shims & cams extra.

### Complete Axles

AS LOW AS

**\$89<sup>95</sup>**

Lifetime warranty.

Plus labor. Most cars.

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Includes 5 quarts 10W/30 oil and new filter. Most cars.

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Rear-wheel drive. Front-wheel drive, light trucks & 4x4 extra.

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**HILLCREST/BANKER'S HILL.** \$895. studio. Downstairs. Full kitchen with stove, refrigerator. Nice shard courtyard. Gated entry. Coin laundry. Cat OK with additional \$300 deposit. Available 7/20. 3502 First. Manager: Michael, 619-296-1918 or mtorcda@pacbell.net. 858-270-2071. Del Sol Property Management, Broker. www. dellsolpm.com.

**HILLCREST/BANKER'S HILL.** \$1195. 1 bedroom. Huge, downstairs. Stove, refrigerator. Remodeled bath. New carpet. Nice shard courtyard. Gated entry. Coin laundry. Cat OK with additional \$300 deposit. Available 7/20. 3502 First. Manager: Michael, 619-296-1918 or mtorcda@pacbell.net. 858-270-2071. Del Sol Property Management, Broker. www. dellsolpm.com.

**HILLCREST/NORTH PARK.** \$1250. \$600 deposit. OAC. 2 bedroom, 2 bath. Hardwood floors. Parking. No pets. At 1930 Georgia Court #27. 619-787-5287.

**IMPERIAL BEACH.** \$895. 2 bedroom, 1 bath in well maintained garden setting. Pool. Parking. Laundry. No pets. 1445 Grove Avenue. TPPM. 619-575-0778.

**IMPERIAL BEACH.** \$1650. \$300 off first month. 2 bedroom, 2-1/2 bath condo, hardwood floors. 2 master suites, washer/dryer. Air conditioning, pool. 633 13th St #44. 619-698-6911. www. goldenmanagement.com.

**IMPERIAL BEACH.** \$1600. Nice 2 bedroom plus extra room, 3 bath townhouse near beach. 2-car garage. Fireplace. Appliances. Laundry hookups. Pet ok. 619-224-4215.

**KENSINGTON.** \$950. 2 bedroom, 2 bath and \$875. 2 bedroom, 1 bath. Very clean. Large. Laundry on site. No pets. \$500 deposit. 4598 39th Street. Call 619-641-0013.

**KENSINGTON.** \$1295. Extra spacious 2 bedroom, 2 bath. All amenities. Laundry. Off-street parking. Garage available. No pets. Best value! 858-456-2098.

**KENSINGTON.** \$1050. Charming secluded cottage. 1 bedroom, 1 bath, hardwood floors in bedroom, appliances, air conditioning, storage. Cat ok. 4622 Kensington. 619-804-3325.

**KENSINGTON.** \$1195 rent. 2 bedroom, 1 bath upstairs apartment, hardwood floors in bedroom, off street parking, laundry on site. 4512 Kensington Drive. S&D Property Management, Inc. 619-640-7530. www.sdforrent.com.

**LA COSTA.** \$1550. 2 bedroom, 2 bath duplex. Ocean view, 2-car garage, fireplace, freshly painted, new carport. 6684 Corte Maria. Leasing Unlimited, 760-436-7273.

**LA COSTA.** \$1375. 2 bedroom 1-1/2 bath. Small complex, nice view, freshly painted, new carpet. Carport, laundry room. 2950-C La Costa Avenue. Leasing Unlimited, 760-436-7273.

**LA COSTA/CARLSBAD.** \$1200. Move-in special with lease. Quiet 2 bedroom, 2 bath. Assigned parking. Cats OK. Off La Costa Avenue, near golf course. 760-943-7590.

**LA JOLLA VILLAGE.** \$1025. Charming European-style 1 bedroom. Pool, commu-

nity laundry, elevator. Walk to The Cove, dining and business district. No pets. 858-459-8254.

**LA JOLLA.** \$1450. 1 bedroom, 1 bath. Parking, laundry, new kitchen, patio. Small pet OK. Pool. Near Windansea. 6455 La Jolla Boulevard. 6-month or year lease. 619-985-7316.

**LA JOLLA.** \$1450 rent. 1 bedroom, 1 bath. In the heart of La Jolla. Gated. Parking. Laundry on site. Close to everything. 1235 Roslyn Lane. kandrproperties.com. Call 858-490-1600.

**LA JOLLA.** \$1975. 2 bedroom, 2 bath condo. 2 blocks to beach. Pool. Small pets OK. 6455 La Jolla Boulevard. Alta Vista Properties, 858-274-3600. www. AltaVistaManagement.com.

**LA JOLLA.** \$1150. 1 bedroom. Upstairs. Garden setting. New windows. Laundry. Walk to shops. No pets. 7555 Herschel Avenue. 858-459-1102.

**LA JOLLA.** Near UCSD. \$1695. 1 year lease. 1 bedroom, 1 bath. La Jolla Park Villas. Completely furnished, move right in. Backyard is a green belt/park. All appliances, bed, TV, dresser, couch, wall hangings, large walk in closet, water included, one covered parking space plus storage. \$25 credit check fee. 8370 Via Sonoma. Call for appointment, ask for Ed. 858-697-6100.

**LA JOLLA.** \$1010. Lovely studio apartment. 1-1/2 blocks from the ocean, large living room/bedroom combo. Full kitchen and bath, small dining area. 396 Kolmar Street #5. www.centrecity.net. 619-296-6699.

**LA JOLLA.** 356 Playa del Norte. 2 bedroom, 2 bath beautiful condo in downtown La Jolla. \$1995/month. Pets OK. Patio, refrigerator, stove, oven, microwave. On-site laundry. Carpet. tile. Available now. Agent, 619-471-2201.

**LA JOLLA/WINDANSEA.** \$2800. 2 bedroom, 2-1/2 bath townhome in quiet duplex. Stove, refrigerator, dishwasher, microwave, washer/dryer. Gas fireplace. Side yard. Huge 2-car garage with opener. Custom built home close to WindanSea Beach. No pets. Available 8/11. 543 Bonair Way. 858-270-2071. Del Sol Property Management, Broker. www. dellsolpm.com.

**LA JOLLA/UTC.** \$1440. 2 bedroom, 2 bath apartment, pet OK, pool, stove, dishwasher, in-unit washer/dryer. Fee. Free search at www.westsiderentals.com. 619-367-3333.

**LA JOLLA/UTC.** \$1230. 1 bedroom, 1 bath apartment, carpets, refrigerator, stove, microwave, dishwasher, balcony, patio, washer/dryer. Fee. Free search at www.westsiderentals.com. 619-367-3333.

**LA MESA** \$1150. 2 bedroom, 1 bath duplex. Small fenced yard, washer/dryer hookups. 1 car garage. \$300 gas card at move in. 6103 Severin Drive. 619-698-6911. www.goldenmanagement.com.

**LA MESA.** Quiet secured building. 2 bedroom, 2 bath, 2 parking spaces. Washer/dryer, fireplace, cable, pool, spa. No pets. Available now. \$1500/month. Rose, 619-334-5516.

**LA MESA.** Spacious 2 bedroom 1.5 bath condo. Near I-8, I-94, SDSU. New appliances/airconditioning. Balcony. \$1300/month, \$1000/deposit negotiable O.A.C. Available 8/01/08. 619-997-0548, www.westsiderentals.com.

**LA MESA.** \$1200. Upper 2 bedroom, 2 bath, new carpeting. Renovated bath with new tile and tub. On-site laundry, air conditioning, parking. 4940 Comanche. 619-287-0626.

**LA MESA.** \$1350. 2 bedroom, 2 bath apartment. Near village, quiet, gated, parking. Air conditioning. Microwave. Garage available. Elevator. Beautifully landscaped garden. Cat OK. 619-464-5592.

**LA MESA.** \$770. Studio. \$350 deposit. Air conditioning. Dishwasher. Carport. Storage. Pool. Gated. No pets. Available 8/1. \$25 credit check. 5435 Morengo Avenue. 619-698-7926. villaknollsaps.com.

**LA MESA.** \$900. One bedroom. Quiet, large, deluxe, spotless, balcony, air conditioning, pool, new carpet. Near Grossmont Center. No pets. 5435 Heidi Street. 619-315-1047.

**LA MESA.** \$1140. Two bedroom, 2 bath. Quiet, large, deluxe, spotless, balcony, air conditioning, pool, new carpet. Near Grossmont Center. No pets. 5435 Heidi Street. 619-315-1047.

**LA MESA.** \$1450. Large 2 bedroom, 1-1/2 bath townhouse. Great location. Walk to Lake Murray. No pets. 5661 Lake Park Way #3. Agent, 619-469-7790. www. westmanproperties.com.

**LA MESA.** \$850. 1 bedroom apartment. Close to village. New carpet, laundry. 7880 Quince #9. AMI Property Management. 619-697-6314.

**LA MESA.** \$710. Studio apartment, parking, laundry. New carpet. Close to Grossmont Center. 8591 Mellmanor Dr #1. AMI Property Management. 619-697-6314.

**LA MESA.** \$675. Studio. Utilities included. Air conditioner. Off-street parking. Laundry facilities. Blocks from downtown La Mesa. Easy freeway access. No pets. Nonsmoking. 619-667-4256.

**LA MESA.** \$1075. 1/2 off 1st month. Extra large, 2 bedroom, 1 bath, upper. New carpet, paint, blinds. Huge kitchen, lots of closet space. Laundry. Parking. 4610 Nebo Drive #7. 619-384-9219.

**LA MESA.** \$935. Charming 1 bedroom, classic 1950s apartment. \$500 off first month's rent with 1 year lease. Located in the heart of the village of La Mesa. Unit still retains its original hardwood floors and kitchen cabinets. Current upgrades to the unit include new paint in designer colors, new shower enclosure, new windows and all new door hardware and updated light fixtures. Property has on-site laundry and is close to many shops and restaurants. Indoor cat ok. Available now. \$500 security deposit. Credit check required. 8447 La Mesa Boulevard at University. Please call between 9am and 5pm. Call Scott at 619-846-6615. www.scott@hendershawandassociates.com.

**LA MESA.** \$1050, 1 bedroom, 1 bath. \$1250, 2 bedroom, 2 bath, deposit \$1050/\$1250. Stove, refrigerator, dishwasher, air conditioning, laundry facility, assigned parking, pool, no pets, available now. 8557 Lemon Avenue. Susan 619-644-9486.

**LA MESA.** \$900. 1 bedroom. Clean, quiet complex with pool, spa, community laundry, air conditioning, parking. No pets. 4850 Williamsburg Lane. 619-698-3274.

**LA MESA.** 2 bedroom, 1 bath duplex. \$1275. Washer/dryer, water, sewage, trash, backyard, 1 car garage, upstairs. 6163 Horton Drive. People Helping Others' Property Management, 619-282-5400, peoplehelpingothers.com.

**LA MESA.** 3 bedroom, 2 bath duplex. Fenced yard. Laundry. Available now. 6199 Horton Drive. \$1500/month. 619-216-6201.

**LA MESA.** 3 bedroom, 2 bath, 1100 square feet. Balcony. Beautifully refurbished, air conditioning, pool, parking. 24-hour laundry. \$1475. No Section 8. No dogs. 619-464-5557.

**LA MESA.** Half off first month's rent. OAC! \$995, 1 bedroom. \$1200, 2 bedroom. Call for additional specials! Free credit check. Pool, saunas. Off-street parking. On-site laundry. Close to downtown La Mesa, trolley, shops and freeways. Cats welcome. Crestview Apartments, 4515 3rd Street. 619-465-9934.

**LA MESA.** Large 2 bedroom, 2 bath, upstairs, private balcony. Assigned parking. Very bright and quiet. No pets. \$1250/month. 3715 Corona Street #4. 858-483-5111 x10. www.melroyproperties.com.

**LA MESA.** Mellmanor Apartments. \$920/ up, 1 bedroom. \$1220/up, 2 bedroom. Across Grossmont Center, trolley, Costco. Quiet, spacious units. Pools. 8750 Mellmanor Drive. 619-461-1940.

**LA MESA.** Studio apartment. Parking, laundry on site. Cat OK. Available late July. Rent, \$795. 5027 Guava. kandrproperties.com. Call Charlene, 619-980-0238.

**LA MESA.** Super spacious 1 bedrooms/2 bedrooms starting \$995-\$1295. Award winning community for beautiful landscaping. Pool and spa. Great location. No pets. 5500 Morro Way. TPPM, 619-884-7900. www.villageaptslamesa.com.

**LA MESA.** Very large apartment homes in a lush garden complex. Storage space. Near shopping and public transportation. 1 bedroom, 1 bath \$925, 2 bedroom, 2 bath \$1200-\$1250. 2 bedroom townhouse, \$1350. Community pool, laundry, covered parking. 619-697-3285. For photo, floor plans, map and directions, see website: www.sdreader.com/news/rent1035.

**LA MESA.** Villa Morocco. 2 bedroom townhome, \$1200. 3 bedroom, 2 bath, \$1425. Spacious. Near Grossmont Center. Great neighborhood. Near all! 5545 Morro Way. 619-985-3500.

**LA MESA/CASA DE ORO.** 1 bedrooms, \$945-\$995. 2 bedroom, 2 bath, \$1145-\$1195. 3 bedroom, 2 bath, \$1395-\$1445. Air/heat. Huge patios/balconies. Gated access and parking. Small pet OK. Elegant, sculptured courtyards with flower gardens, fountains, gas lamps, park benches. Charming, New Orleans ambiance. 3903 Conrad Drive. 866-894-6343. www.sdreader.com/news/rent1017.

**LA MESA/COLLEGE AREA.** \$1850. 3 bedroom, 2-1/2 bath townhome. 2-car garage. \$300 off first month! 5193 68th Street. 619-793-4010.

**LAKESIDE.** Studio. \$675. Full kitchen. Small patio. Full bath. Ceiling fan, air conditioning. Custom blinds. Nice residential

neighborhood near I-67, bus, stores. Nonsmoking. 619-997-41407, 619-390-9427.

**LEMON GROVE.** Great location, near trolley/shops. Spacious first floor 1 bedroom, 1 bath, \$799. Laundry on-site. No pets. Good credit required. Leave message, 619-252-5175.

**LEMON GROVE.** \$750. Studio. Laundry on site, air conditioning, swimming pool. Downstairs unit. Small complex. kandrproperties.com. Call Myra, 619-697-8458.

**LEMON GROVE.** 1 bedroom, 1 bath apartment, near all, air conditioning, on-site laundry. No pets/smoking. \$750. Available now. North Avenue/Vista. 619-464-1023.

**LEMON GROVE.** Must see! \$1200. Large, private 2 bedroom, 1 bath duplex with off-street parking in nice, central location. Freeway close. 619-318-5277, 619-697-0174.

**LINDA VISTA.** Call now for a special! 2 bedroom, 1 bath, \$1075 and \$1125. Deposit \$900. Some backyards, assigned parking, hardwood floors. No pets please. Office at 7025 Eastman Street. Call 619-249-9585.

**LINDA VISTA.** Studio in a duplex, \$875. Rent includes all utilities. Deposit \$500. Shared yard. Washer in unit. Lots of shelving. Walk-in closet. Centrally located and very private. No pets please. Call 619-249-9585.

**LINDA VISTA.** \$685-\$1200. Studios with utilities included, 2 bedrooms, 3 bedrooms. Laundry, gated parking. \$400-\$900 deposits! No pets. Astro Vista Apartments, 2249 Ulric Street. 858-565-6400.

**LINDA VISTA.** \$1295, rent. \$600 deposit, OAC. 3 bedroom, 1 bath duplex. Parking. New paint and carpet. Private yard. No pets. At 2448 East Ingersoll. 619-299-8515.

**LINDA VISTA.** \$1010. 1 bedroom, 1 bath, one story duplex, hardwood floors, big fenced backyard, laundry hookups. Pets OK. 2871 Comstock Street. www.centrecity.net. 619-296-6699.

**LITTLE ITALY/DOWNTOWN.** Beautiful 2 bedroom, 2 bath. Stove, refrigerator, microwave, washer and dryer. Walk to San Diego Bay and Downtown. Nice view. On India Street. No pets. \$2600/month. 858-483-5111 x10. www.melroyproperties.com.

**LOGAN HEIGHTS.** \$1050. 2 bedroom, 1 bath apartment, downstairs, off street parking, laundry on site. No pets, Section 8 ok. 3142 National Avenue #3. 619-640-7530. www.sdforrent.com.

**MIRA MESA.** \$1250. Spacious 1 bedroom, 1 bath. End unit. Recent remodel. New appliances. Tile, marble, Crown molding. 2-parking spaces. Pool, jacuzzi, tennis. 619-952-4772.

**MIRA MESA.** Studios from \$1170. 1 bedrooms from \$1325. 2 bedrooms from \$1466. Wi-Fi hotspot! Pets welcome. Dishwasher. Washer/dryer hook-ups. Central air conditioning/heat. Patio/balcony. 4 laundry rooms. 5 pools and spas. Fitness center. Covered parking. Near I-15/I-805. www.gables.com. Gables Summerfest, 11102 Caminito Alvarez. 1-888-595-3318. www.sdreader.com/news/rent2128.

**MIRA MESA.** \$1570/month. Lease. Quiet, upstairs 2 master bedrooms, 2 full baths, air conditioning. Washer/dryer. Pool, covered patio. Storage. Covered parking. Jeff, 858-576-4321.

**MIRA MESA.** \$1490. 2 bedroom 2 bath. Upgraded kitchen, granite countertops, new appliances. 1100 square feet. New paint and carpet throughout. 2 parking spaces. 858-401-0557.

**MISSION BEACH.** On the boardwalk! Newly renovated large 2 bedroom, 2 bath units. Luxury units for rent. Granite, Stainless steel appliances. Travertine tile. Everything new! Private balconies, new pool, security building/parking. 3790 Riviera Drive. \$2750. Manager at 619-247-2114.

**MISSION BEACH.** \$2400. 2 bedroom, 1 bath condo, lovely furnished duplex, hardwood floors, gas stove, refrigerator and private patio. Fee. Free search at www.westsiderentals.com. 619-367-3333.

**MISSION BEACH.** \$1250. 1 bedroom with parking. Laundry facility. Appliances. Ceramic tile floors. Steps to sand. Across from Catamaran hotel. 744 Santa Rita Place. 858-272-9547.

**MISSION BEACH.** Near Bahia Hotel. Furnished studio duplex behind house. Dishwasher. Parking for compact vehicle.

\$795-\$845. 1 year lease. Available now. No pets. Edna. 619-296-0471.

**MISSION BEACH.** \$1295. Clean, cute, adorable 1 bedroom, 1 bath. Ocean view. Garage. Steps to beach. No pets. Year-round lease. Water paid. 619-234-4621; 858-566-0072.

**MISSION BEACH.** \$1250. Adorable, downstairs 1 bedroom. Parking. Laundry facility. Appliances. Steps to sand. Across from Catamaran hotel. 4016 Mission Boulevard. 858-272-9547.

**MISSION HILLS.** \$1200/up, 1 bedroom, 1 bath. 2 bedroom, 2 bath. Laundry. Parking. Pets OK. La Paloma Apartments. Open daily, 1-5pm. 3911 Dove. 619-297-1134.

**MISSION HILLS NORTH** Historical residential area. 2 bedroom 1 bath apartments: \$1150-\$1175/month, 850 square feet, patio, quiet, garage. On-site laundry. No pets. 619-298-6436.

**MISSION HILLS,** condo. \$1400. Charming 1 bedroom, 1 bath. Balcony, gated community. Parking available. 3972 Jackdaw Street. Mercedes Estrada, Realtor, Lee Mather Company 619-850-8013.

**MISSION HILLS.** \$680 plus utilities. Studio with shared backyard. Great location, close to freeway access. 3006 Eagle Street. Leasing Unlimited, 760-436-7273.

**MISSION HILLS.** Duplex trilevel, 3 bedroom, 2 bath, balcony with view. On-site laundry. \$1825/month. 3767B Dove Street. No pets. No smoking. Available 8/1. 858-272-3113, 619-295-1160.

**MISSION HILLS.** \$1195. 2 bedroom, 1 bath apartment. Patio view, laundry, parking, cat ok. 801 Torrance. AMI Property Management. 619-697-6314.

**MISSION HILLS, SOUTH.** 1 bedroom. Fabulous view harbor and ocean. Split deck. Private entrance. Laundry in unit. Garage. No pets. \$1550. 3168 Horton. 619-291-8777. 619-929-7412.

**MISSION HILLS.** \$2095. 2 bedroom, 2 bath condo. Remodeled, luxurious. Downtown/bay views. 2 view decks. Stainless steel appliances. Washer/dryer. 2 secured parking spaces. No pets. 619-247-2114.

**MISSION HILLS/HILLCREST.** 2 bedroom, 2 bath. \$1495. Just remodeled. Second floor with patio. Quiet. Pool. Barbecue. Dishwasher. On-site laundry. Covered parking. No pets. EOH. 619-299-8746.

**MISSION HILLS/HILLCREST.** New, luxurious, very large 2 bedroom, 2 bath condos, \$2300. Designer kitchen, washer/dryer, HVAC, decks. Parking, security. Credit check. Open house Saturday, 1-4pm. 3972 Albatross. Broker, 619-293-3118 x5.

**MISSION HILLS.** \$1100. 1 bedroom guesthouse in large estate. 600 square feet. Gated, private entrance. Includes all utilities, washer/dryer, cable, parking. Year lease. 619-890-8382.

**MISSION HILLS,** 1 bedroom 1 bath. Newly renovated. Free laundry, parking, garage. Small pets ok. Quiet. Near freeways, Downtown, Beaches. Available 8/01/08. \$1250. 619-623-4545.

**MISSION VALLEY.** Escala bungalow: 2 bedroom, 2.5 bath townhome. 2-car attached garage. View. Washer/dryer. Luxury complex. Clubhouse/pool/spa. Great location! \$1995. 619-249-3135.

**MISSION VALLEY.** \$1075. Contemporary, upgraded 1 bedroom, 1 bath condo. Parking. Balcony. Pool/courtyard view. All amenities. Gym. Laundry facilities. Walk to stadium. Lease. No pets. 858-692-4941.

**MISSION VALLEY.** Summer special! From \$490/weekly. Renovated fully furnished studios/suites! Pool, spa. Full kitchen. On-site laundry. Complimentary continental breakfast. Off-street parking. Free high speed Internet, cable-80 channels, HBO! Near SDSU, Qualcomm, more! Days Inn & Suites, 5343 Adobe Falls Road. 1-800-492-9471; 619-287-1911. SanDiegoHotelsDaysInn.com. www.sdreader.com/news/rent2139.

**MISSION VALLEY.** \$1060. 1 bedroom, 1 bath apartment, parking included, fitness center, fireplace. Fee. Free search at www.westsiderentals.com. 619-367-3333.

**MISSION VALLEY.** \$995. 1 bedroom, 1 bath condo, loft-style condo, parking available. Fee. Free search at www.westsiderentals.com. 619-367-3333.

**MISSION VALLEY.** Large 2 bedroom, 2 bath remodeled condo. Washer/dryer, dishwasher. Fireplace. Central air/heat. Underground parking. Large patio. Pool, gym. \$1850. Mike, 858-472-1710.

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**MISSION VALLEY/COLLEGE AREA.** \$1495. 2 bedroom, 2 bath condo. 3 parking spaces. Air conditioning. Pools, jacuzzis. Near stadium. No pets. Non-smoking. 951-252-5379 after 12pm.

**MISSION VALLEY.** \$1150. Large 1 bedroom condo. No pets. Nonsmoking. Parking. Fireplace. New carpet/paint. Dishwasher. Balcony. Pool. Gym. 1621 Hotel Circle South, #E307. Juno, 619-275-3455.

**MISSION VALLEY.** 3 bedroom, 2-1/2 bath, 1950 square feet, \$2700; and 1 bedroom, 1 bath, gym, tennis court, \$1100. Pool, new kitchen, granite/stainless. 619-322-0150.

**MISSION VALLEY/TALMADGE/Kensington.** 2 bedrooms, 3 bedrooms from \$1420! Gated community! Pool, spa with free WiFi access. Outdoor billiards, barbecue lounge. Fitness center. Computer lab with printer. Laundry center with flat screen TVs! Underground parking. Pet friendly! Mission Pacific. 4454 44th Street. 1-800-372-9146. missionpacificliving@crossfiremail.com. www.pacificliving.com. www.sreader.com/news/frent1010.

**MISSION VALLEY.** \$2700. 3 bedroom, 2 bath, beautiful newer 2 story condo. Refrigerator, stove, washer/dryer, 2-car garage, yard with patio. Gated community. Near trolley. 7691 Hazard Center Drive. www.centrecity.net. 619-296-6699.

**MISSION VALLEY/USD.** Large 2-story townhouse, 2 bedroom, 1-1/2 bath, \$1425/month. Tile floors, private balcony with view. New paint. Laundry on site. No pets. Extra storage. Assigned parking. 1280 Goshen Street #10. 858-483-5111 x10. www.melroyproperties.com.

**MISSION VALLEY.** \$1495. 2-story condo, air conditioned corner unit with two master bedrooms. Balcony, wood fireplace, vaulted ceilings, oak cabinets. 2222 River Run. www.utopiamanagement.com, 858-598-1111 x193.

**NATIONAL CITY.** 1 bedroom, 1 bath, recently upgraded, \$800/month with \$800 deposit. Parking space. Water paid. 116 Palm Avenue. 619-474-4441.

**NATIONAL CITY.** \$200 off first month's rent! 1 bedroom apartment, \$825. Newly renovated. Microwave, refrigerator. Gated community. Laundry facility. Available now. Hilltop Villa, 315 East 30th Street. 619-477-7442. www.melroyproperties.com.

**NATIONAL CITY.** \$750/month. 1 bedroom fully furnished. Low \$150 deposit. No SDGE deposit or hookup required. 624 East 24th Street. Office open daily. 619-474-3787.

**NORMAL HEIGHTS.** \$1000. Senior complex. Extremely large 2 bedroom, 1-1/2 bath. Brand new carpet, paint, flooring. Sheltered patio, controlled entry, all amenities. Near bus and shops. 4574 Campus Avenue. No pets. 619-994-7392, 619-461-9415.

**NORMAL HEIGHTS.** \$1100/month. 2 bedroom, 1 bath duplex with storage, short walk to Adams Avenue

restaurants/shops. No Section 8. 4650 Bancroft Street. 619-980-6076, 619-980-0019.

**NORMAL HEIGHTS.** \$850 plus deposit. Super clean and spacious, upstairs 1 bedroom, 1 bath. Gated. Laundry onsite. 1-off-street parking. No smoking/pets. Available now. 4454 Cherokee Avenue, 92116. Agent: Barbara, 619-405-9493.

**NORMAL HEIGHTS.** \$750. 1 bedroom, 1 bath. Upstairs. Parking. 6-month lease. No pets! 4669 Iowa Street #8. 619-226-7368 or www.bkbinc.com.

**NORMAL HEIGHTS.** \$950. Nice, clean, quiet 2 bedroom, 1 bath, downstairs, new paint, carpet. Well maintained. Refrigerator. Laundry on premises. No pets. Conveniently located. 619-563-0779.

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**NORMAL HEIGHTS.** \$825. 1 bedroom. Spacious. Pool. Off-street parking. On-site laundry. Close to major freeways. Sorry, no pets! 4841 West Mountain View Drive. 619-282-6440. Sunriseliving.com.

**NORMAL HEIGHTS.** \$950. Large upstairs 1 bedroom, patio, air conditioning, breakfast bar, fireplace, garage, laundry on site. No pets. 4621 32nd Street #5. 858-483-5111 x10. www.melroyproperties.com.

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**NORTH PARK.** \$1050. 2 bedroom, 1 bath with utilities included. On-site laundry. 4334 Texas Street #8. 619-226-7368 or www.bkbinc.com.

**NORTH PARK.** \$925. 1 bedroom. Upstairs, in quiet duplex. Stove, refrigerator. Shared deck. Garage. Cat OK with additional \$300 deposit. Available 7/20. 4046 Oregon. Del Sol Property Management, Broker. 858-270-2071, www.delsolpm.com.

**NORTH PARK.** \$775/month. \$500 deposit. 1 bedroom, 1 bath apartment. 4116 Oregon Street #6. Laundry on site. Cats only with deposit of \$250. 619-298-8383.

**NORTH PARK.** \$825. 1 bedroom, 1 bath apartment, lower unit, built-ins, parking, laundry on site. Small pet OK. 4170 Texas Street #2. www.centrecity.net. 619-296-6699.

**NORTH PARK.** 2 bedroom, 1 bath. \$1050. Downstairs. Gated, 9-unit building. Berber carpet. Tiled kitchen and bath. Large bedrooms with mirrored closet doors. Covered parking. Laundry on site. Cats OK. 1/2 off first month. Agent, 619-234-9553.

**NORTH PARK.** \$1050. 2 bedroom, 1 bath apartment, upstairs. Laundry on site, off street parking. No pets. 3942 Kansas Street #1. 619-640-7530. www.sdforrent.com.

**NORTH PARK.** \$995. 2 bedroom, 1 bath. Quiet, gated complex. Laundry on site. Upstairs. Available 8/15. 4377-1/2 Oregon Street. www.cethron.com. 619-295-1100.

**NORTH PARK.** \$750. 1 bedroom, 1 bath. Upstairs. New carpet, new floors, new

blinds. 1 assigned parking. Laundry room. No pets. 4359 Alabama Street, between El Cajon Boulevard and Meade. Phillips Realty, 619-291-6686.

**NORTH PARK.** \$725. 1 bedroom apartment. Carpet, blinds. Patio. Laundry onsite. Parking. No pets. 3753 Cherokee Avenue. www.SeeTheUnit.com. Agent, 619-298-7724.

**NORTH PARK.** \$750. 1 bedroom, 1 bath. Downstairs. Parking. Laundry. No pets. Available now. 4160 36th Street #4. More Property Management, 858-514-8201.

**NORTH PARK.** \$1025. Spacious 2 bedroom, 1 bath, downstairs. Excellent condition. Small complex. Laundry. Off-street parking. No pets. Available now. Mission Gorge Realty. 619-229-0231.

**NORTH PARK.** \$875. Studio. Attached garage with opener. Private access. Fresh paint. Refinished hardwood floors. Small complex. Laundry. Close to all. Cats OK with deposit. 2880 Meade Avenue #3. 619-857-2110.

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**NORTH PARK.** \$975. Upgraded 1 bedroom, 1 bath condo. Fireplace, washer/dryer in unit, patio. 3958 Louisiana Street #1. Agent, 858-560-1178.

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Jerry Sample, Jr. (General Manager) is an ASE Master Technician who is also Acura/Honda factory-trained. With well over a decade of experience, including several years working as a top mechanic at a well-known local Acura dealership, you can be assured of top-notch quality service. Jerry takes pride in what he does. His diagnostic skills are well-known throughout the industry. Often when customers are unable to achieve satisfaction elsewhere, they are directed to Jerry for an analysis. He thrives on a good challenge. Jerry will also take the time to explain to customers what he believes the problem is and how he would go about fixing it.

Greenlight Honda Acura Care prides itself on quality and service. We are proud to have more than 1,000 customers in San Diego and surrounding areas. The loyalty of our customers attests to Jerry and his crew's integrity.

Bryan Bettencourt (Service Technician) also has many years of experience in the automotive business including audio and communications. Bryan is the "go-to" guy for all your electrical needs. He complements Jerry in every way. Together, Jerry, Bryan and their team are a formidable group of technicians, ensuring that you walk away a satisfied customer. Some repair shops take shortcuts and often cover up problems with a temporary fix. We know...we fix their mistakes!

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**PACIFIC BEACH, NORTH.** \$1195. 1 bedroom. Large, upstairs, remodeled. Stove, refrigerator, dishwasher, microwave, private balcony. Coin laundry. Parking. 2-1/2 blocks to ocean. No pets. Available 8/10. 950 Chalcedony. 858-270-2071. Del Sol Property Management, Broker. www.delsolpm.com.

**PACIFIC BEACH.** \$875. Studio with full kitchen. Downstairs, in quiet 3-plex behind 1356. All utilities paid. Small, fenced yard area. Ask about pet with additional deposit. Available 8/10. 1358 Pacific Beach Drive. 858-270-2071. Del Sol Property Management, Broker. www.delsolpm.com.

**PACIFIC BEACH, NORTH.** \$825. Studio. Upstairs, full kitchen with stove and refrigerator. All utilities paid. Coin laundry. 3 blocks to ocean. Cat OK with additional \$300 deposit. Available 8/7. 5049 Cass. 858-270-2071. Del Sol Property Management, Broker. www.delsolpm.com.

**PACIFIC BEACH, NORTH.** \$1065. 1 bedroom. Large, upstairs corner unit. Stove, refrigerator. Coin laundry. Garage space. 3 blocks to ocean. No pets. Available 9/1. 1051 Diamond. 858-270-2071. Del Sol Property Management, Broker. www.delsolpm.com.

**PACIFIC BEACH.** \$825. Studio, 1 bath apartment, cat OK with deposit, ask about lease terms, 1-car parking included. Fee. Free search at www.westsiderentals.com. 619-367-3333.

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**PACIFIC BEACH.** \$1525. 1/2 off 1st month. 2 blocks from ocean! Very large, lower 2 bedroom, 1 bath, spacious kitchen, ceiling fan. New carpet, paint and blinds. 4414 Dawes. 619-804-3325.

**PACIFIC BEACH.** \$1250. Remodeled 1 bedroom, 1 baths. New carpet, new paint. Assigned parking. No pets. Available now. 1156 Hornblend. 619-818-1541. www.melroyproperties.com.

**PACIFIC BEACH/CROWN POINT.** \$1150. Bright, sunny, upstairs 1 bedroom duplex. Appliances. Parking. Laundry facility. Great location to bay and park. 3716 Ingraham Street. 858-272-9547.

**PACIFIC BEACH.** \$2500. Oceanfront 2 bedroom, Upstairs gem on the sand/boardwalk. All appliances. Parking. Laundry facility. Start September 1st. 4005 Ocean Front Walk. 858-272-9547.

**PACIFIC BEACH.** \$825. \$500 deposit. Studio. Upstairs. Cute, cozy. Great location. Steps from the bay. Large kitchen/dining area. Available now. No pets. No smoking. 4210 Haines Street #6. Agent, 619-692-4121.

**PACIFIC BEACH.** 1566 Hornblend, \$1025. Remodeled 1 bedroom plus den and patio. 8 blocks to ocean. Stove, refrigerator. Laundry close. Cat OK. Available now. 858-232-9932.

**PACIFIC BEACH.** \$1650. Large downstairs 2 bedroom, 1-1/2 bath, newly painted, assigned parking. No pets. Year lease. Available now. 1663 Diamond Street #1. 858-483-5111 x10. www.melroyproperties.com.

**PACIFIC BEACH**/Crown Point. \$1350/month. 2 bedroom, upper unit, near bay. Remodeled kitchen with Granite counters, new carpet. No pets. Laundry facility. Off-street parking. Month-to-month rental available 7/22/08. 4021 Lamont Street. 858-274-1446. E-mail: bjornandersen@gmail.com.

**PACIFIC BEACH/CROWN POINT.** \$1195. 1 bedroom cottage in small complex. 1

parking. Walk to bay. Open Saturday 1-2pm. 1926-A Fortuna Avenue. TPPM, 858-699-3851.

**PACIFIC BEACH.** \$2475. 2 bedroom, 1 bath in prime bay front location, direct access to boardwalk and bay. Upstairs unit with balcony. Newly remodeled. 3918 Gresham Street. TPPM, 858-699-3851.

**PACIFIC BEACH.** Starting at \$1750. Upgraded, upstairs 2 bedrooms in small 6-unit complex. Steps to surf! Street parking, no pets. Open Saturday, 10-11am. 717 and 725-1/2 Chalcedony. TPPM, 858-699-3851.

**PACIFIC BEACH.** \$1050. Large 1 bedroom, 1 bath. Electricity paid. Vaulted ceilings. 1/2 off first month with lease. On-site laundry, \$500 deposit. Sorry, no pets. 760-402-8325. www.baywalkaps.com

**PACIFIC BEACH.** \$1175. 1 bedroom in the perfect walk-to-all location. Near beach, Henry's and Gamet. New carpet. 1216 Felspar Street. TPPM, 858-699-3851.

**PACIFIC BEACH.** \$1250. 1 bedroom, 1 bath, upper level. 3 blocks to beach. Assigned off-street parking. Laundry on-site. Available August. No pets. 1050 Hornblend. Call 858-270-4492 x203.

**PACIFIC BEACH.** \$950. Studio apartment, ground floor. 3 blocks to beach. Assigned off-street parking. Laundry on-site. Available August. No pets. 1050 Hornblend. Call 858-270-4492 x203.

**PACIFIC BEACH.** Huge 1 and 2 bedrooms from \$1195. Free application fee! Free poolside Wifi. Sundeck. Cardio fitness center. Equipment/weight room. Across from Mission Bay bike trail. Spectacular views. Super floor plans. Limited availability. Cat friendly. The Pacific at Mission Bay, 2636 Grand Avenue. 1-800-490-6372. pacificatmissionbay\_pacificliving@crossfiremail.com. www.pacificliving.com. www.sdreader.com/news/rent1049.

**PACIFIC BEACH/CROWN POINT.** \$1095. 1 bedroom. Upper unit. New carpet, paint. Close to Sail Bay and Ski Beach. 3710 Yosemite #5. TPPM, 858-699-3851.

**PACIFIC BEACH.** \$1550. 2 bedroom, 1 bath. Pet friendly upper level apartment with tile floors. Centrally located in Pacific Beach. Walk to restaurants and shops. Open Saturday 11:30am-12:30pm. 1671 Chalcedony Street. TPPM, 858-699-3851.

**PACIFIC BEACH.** \$1495. 2 bedroom, 1-1/2 bath townhome in garden setting. Easy access location. Laundry. Parking. No pets. 2155 Felspar Street. TPPM, 858-274-9250.

**PACIFIC BEACH:** Large 1 bedroom, 1 bath, The Plaza. \$1150. Quiet, resort style. Pool, tennis, gym, garage parking, dishwasher, microwave, laundry, 24-hour security. No pets. Available 7/15. 619-279-0031.

**PACIFIC BEACH.** \$1700 unfurnished or \$2000 furnished, 1 bedroom, 1 bath

condo. Furnished or unfurnished, beautiful view of ocean. Washer and dryer in unit. 3910 Haines Street #203. 619-698-6911. www.goldenmanagement.com.

**PACIFIC BEACH.** \$1695. Nicely remodeled large, 2 bedroom apartment. Small complex. 4 blocks to beach. Excellent carpet. Fans in bedrooms/dining area. Yard. Laundry. No pets. Must see! 1153 Felspar. 858-945-1909.

**PACIFIC BEACH.** \$1075-\$1125/month. Spacious remodeled 1 bedroom apartments, ground floor and upstairs. 1-year lease. Parking. Pools. Laundry facilities. Cats OK. 3883 Jewell Street. Call Manager, 858-272-0068. See www.apartments.com/tuscanapartments for photos and floorplans.

**PACIFIC BEACH.** \$875. Clean studio, 4 blocks to ocean. Parking space. Full kitchen area. Gas appliances. Large closet. Laundry facilities. No pets. 1122 Felspar Street. Shore Management, 858-274-3500.

**PACIFIC BEACH.** 1 bedroom. \$1150. Upstairs unit near the Bay and ocean. Great location! New paint. Parking space. No pets. Available now. One-year lease desired. Call Coldwell Banker Property Management, 858-488-2228.

**PACIFIC BEACH/MISSION BEACH.** On the Bayfront. \$2295. 2 bedroom, 2 bath. Full-size washer, dryer in unit. Large front patio. One parking space. One-year lease desired. No pets. Call Coldwell Banker Property Management, 858-488-2228.

**PACIFIC BEACH.** \$1850. 2 bedroom, 2.5 bath townhouse. Washer/dryer hookups. One-car garage. Available approximately July 25. No pets. Call Coldwell Banker Property Management, 858-488-2228.

**POINT LOMA.** Large 2 bedroom, 1 bath. \$1300. \$600 deposit. Available now. Garage extra. New appliances, carpet. Cats only. Pool. Laundry. 2551 Worden Street. 619-224-8806.

**POINT LOMA.** Last chance! Free rent until August 31! Valid with ad, 13-month lease. Expires 7/31/08. Newly renovated 1 bedrooms from \$1325! City/bay views! Bamboo floors. Stainless-steel appliances. Pool, spa, sauna. Fitness center. Air conditioning. Parking. Pet friendly. Gables Point Loma, 3811 Marquette Place. 619-223-6577. Gables.com. www.sdreader.com/news/rent1003.

**POINT LOMA.** Spacious apartment homes starting at \$1050. 1 bedrooms, 2 bedrooms and 3 bedrooms. \$100 deposit! OAC. Centrally located. Pet friendly! Clubhouse. Fitness room. Business center. Tennis. Pool. Jacuzzi. Parking. Near shopping, beaches, restaurants, freeway. Stonewood Garden Apartments, 3889 Midway Drive. Toll-free, 1-888-773-6259. MG Properties. www.sdreader.com/news/rent2118.

**POINT LOMA.** \$1175 rent. \$600 deposit, OAC. Large 2 bedroom, 2 bath. Garage plus parking. Laundry. No pets. At 4359 Mentone Street #2. 619-299-8515.

**POINT LOMA.** \$1195. 2 bedroom, 1 bath, upstairs apartment with hardwood floors! Laundry on site. Near Shelter Island and Liberty Station. No pets. 3138 Macaulay

Street. Call 619-222-4836 x14 or www.sunsetpacificrealty.com.

**POINT LOMA.** 1/2 off first month's rent! \$1195. Large 1 bedroom. Washer/dryer. Air conditioning. 2 parking. Fireplace. Lagoon. Pool. Double oven. Gated community. Parking underground. Rue De Orleans. Agent, 619-692-4121.

**POINT LOMA.** \$1200. 2 bedroom, 1 bath apartment, balcony, water/sewer/trash paid, living room, upstairs. 2105 Worden Street. People Helping Others Property Management, 619-282-5400. www.peoplehelpingothers.com.

**POINT LOMA.** Beautiful 1 and 2 bedrooms in gorgeous tropical complex with spectacular views! Pool and spa, view deck, state-of-the-art fitness center, business and media room, gated parking and more! No pets. 3950 Leland. 619-223-1390.

**POINT LOMA.** \$2650. Canyon view! 3 bedrooms, 2-1/2 bath townhome in well-kept community. Private patio. 2-car garage. Upgraded flooring, cabinets, appliances. Fireplace. Ceiling fan. Washer, dryer. Shore Management, 858-274-3500.

**POWAY.** \$915. 1 bedroom. Nice, well-maintained complex with air conditioning, off-street parking, community laundry. Near all. No pets. 12529 Oak Knoll Road. 858-486-0109.

**RANCHO PENASQUITOS.** \$1350. 2 bedroom, 1 bath. \$600 off with 6-month lease! Low \$500 deposits! Newly remodeled. Air conditioning. Pool, spa. Carport. No pets. Rancho Villas Apartments. ranchovillas@earthlink.net. 858-484-0744.

**RANCHO PENASQUITOS.** \$1495. 2 bedroom, 2 bath condo. Fireplace. Washer/dryer in unit. No pets. No smoking. \$1495 security deposit. Pool/spa. Available immediately. 858-484-7422.

**SAN CARLOS.** \$1695. Tri-level 2 bedroom 2-1/2 bath townhouse. Attached 2-car garage. Washer/dryer. Air conditioning. Newly remodeled kitchen. No pets/smoking. Water included. 9280 Lake Murray Blvd #E. 858-922-3891.

**SAN CARLOS.** \$1100-\$1575. Large 2 bedroom and 3 bedroom condos in Lake Murray Terrace. Convenient area. Pools/spa. New carpeting. No pets. Agent, 619-469-7790. www.westmanproperties.com.

**SAN CARLOS.** 3 bedroom, 2 bath condo. Upstairs. Air. All appliances. Balcony. Storage. Laundry onsite. Pool/jacuzzi/clubhouse. Great central location! Freeway close. \$1800. 619-944-2663.

**SAN CARLOS.** \$1600. 2 bedroom, 2 bath condo, lower corner unit, patio. Washer/dryer in unit, fireplace, 2-car garage. Community pool and tennis. 6877 Caminito Mundo #22. www.centrecity.net. 619-296-6699.

**SAN MARCOS.** \$2695 San Elijo Hills. 3 bedroom 3 bath plus unit, patio. Immaculate home. All appliances including washer/dryer, air conditioning. Walk to all. Available 7/15. Drive by 1456 Golden Sunset then call 760-744-2129.

**SAN MARCOS.** \$1075. \$250 off 1st month's rent. Large 2 bedroom, 1 bath. Excellent throughout, view, large balcony, carport, private storage. Gated, small complex. No pets. Call for appointment for showing. 760-599-0989.

**SANTEE.** \$1425. 2 bedroom. 2-1/2 bath. Ryder Wood Terrace Townhome with \$500 off first month. Remodeled with air conditioning, hardwood floors. Washer/dryer, 2-car garage. Water included. Pets OK. 858-598-1111. utopiamgmt.com.

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# BACK WHEN

## In the Reader

### Thirty Years Ago

Neddy Massaro's jail is the best in San Diego. She lives on the tenth floor of the sleek Metropolitan Correctional Center, the federal highrise at F and Union streets in downtown San Diego. There are four color televisions on her floor and a microwave oven for heating snacks. The correctional center can hardly be compared to the last prison where Massaro stayed, the state penitentiary in Tijuana, informally called La Mesa. Fifteen men have been killed in that jail since November.

And yet, given the choice of spending equal time in either prison, Massaro said she would rather return to La Mesa. Life was better there, she said. Here, her mail is opened and her room is searched, whereas at La Mesa she got to use heroin or at least got stoned nearly every day.

—“**LOCKED UP AND LET LOOSE**,” *Joe Applegate*, July 13, 1978

### Twenty-Five Years Ago

More precisely, Najimy and Helm say OMBAC's nationally renowned [Over the Line] World Championship is too much of a game and party, and not enough of a sport. So Najimy and Helm organized a women-only pro tourney and convinced 180 female players

to desert the OMBAC classic and instead play this Saturday and Sunday at Mariners Point.

But five years ago Najimy got so disenchanted with OMBAC's Fiesta Island frenzy that she stopped entering the OMBAC tourney. “A woman player can hardly walk from one court to another without having her [bathing suit] top ripped off,” she says.

—CITY LIGHTS: “**OTL**,” *Paul Krueger*, July 14, 1983

### Twenty Years Ago

“We at BFI Medical Waste Systems believe that fetuses from abortions and human appendages should be destroyed by the services rendered at a crematorium, whenever possible,” reads the text. Spurgin says it may be true that BFI is incinerating fetal remains, but that is not because it wants to.... Garvin sees himself caught between two constituencies that cannot be placated, regardless of what BFI does. He explains, “The generators say, ‘Just burn it. Treat it like regular *path*!’ But the other side says, ‘It’s *special*. Treat it different.’”

—“**WHAT BECOMES OF SAN DIEGO'S 20,000 FETUSES EVERY YEAR?**” *Bob McPhail*, July 14, 1988

### Fifteen Years Ago

Steve Esmedina loves and respects us, his

readers, and we spit back at him ungratefully. What a dork. Not that Greil Marcus is anybody to lose yer wig sticking up for, but let's face it — Esmo's days as “rock critic” were numbered a good two decades ago. Does he really think anybody's gonna care what he has to say about critics who actually bothered to follow “rock & roll” past Procol Harum?

—LETTERS: “**READER STAFF CURMUDGEON AND READER STAFF BRAT SUBMITTED TO LENGTHY ASSAULT**,” *Glen Galloway*, July 15, 1993

### Ten Years Ago

At the age of 56 I have yet to meet someone nice who doesn't feel awkward or uncomfortable around me, someone who, let alone, thinks I'm handsome!

While gays demand tolerance from the straight majority, the gay establishment cannot offer tolerance to its own handicapped minority! Gays give their own pets more affection and understanding than they give to their own fellow gay and disabled.

—LETTERS: “**FEAR AND LOATHING ON TWO FRONTS**,” *John Primavera*, North Park, July 16, 1998

### Five Years Ago

Here's a compact glossary of terms you will find and what they really mean. From a Fri-



San Diego Reader, July 13, 1978

day-morning paper: City Heights. First, you should know that City Heights is not so much a geographical designation as it is a signal to owners of guns, registered or unregistered, that here's where your investment pays off. If your guns are registered, you are in a fine position to visit with your new neighbors whose guns are not.

—T.G.I.F., *John Brizzolara*, July 10, 2003

To get an online version of this column, go to [sdreader.com](http://sdreader.com). You can print it, email it to friends, and get other columns and stories by these authors.

**SANTEE.** \$1350. 2 bedroom, 2 bath. Air conditioned townhome with updated kitchen, newer appliances, tile flooring. Washer/dryer in unit. Water/trash included. Pets OK. 858-598-1111. [utopiamgmt.com](http://utopiamgmt.com).

**SANTEE.** \$875. 2 bedroom, 1 bath. Stove, refrigerator, carpet, blinds. Close to Hwy 67. On-site laundry, off-street parking. No pets. 8527 Graves. 619-258-2584.

**SERRA MESA.** 1 bedroom condo. \$1095. Vaulted ceilings, granite countertops, new cabinetry. Recently remodeled. 2 pools, gym. Great location. 3456 Castle Glen Drive. 858-717-6760.

**SERRA MESA.** \$1100. Light and bright, 2 bedroom 1-1/4 bath condo. Patio, storage. Community pool. Recently remodeled. Laundry. Centrally located. Pets considered. Available now. 858-945-5142.

**SERRA MESA.** \$1875. 4 bedroom, 2 bath condo. Completely remodeled, single-story corner unit with lots of storage throughout. Pool and Gym. 3454 Castle Glen. 858-598-1111 x193. [www.utopiamanagement.com](http://www.utopiamanagement.com).

**SHERMAN/LOGAN HEIGHTS.** \$785. Move-in special! Open Saturday 10-11am. Designer 1 bedroom in great small garden complex near Downtown/Cesar Chavez Parkway. Small pet considered. 1 parking. 1875 Julian Avenue #3. TTPM, 619-913-3080.

**SOLANA BEACH.** Beautiful 2 large bedroom, 3 bath townhouse. Large loft/den. Lomas Santa Fe golf course. Pool. Lease. Pet considered. \$2500. 858-792-5002.

**SOUTH PARK/GOLDEN HILL.** \$1350. 2 bedroom, pet friendly duplex. Unit is the rear half of building, secluded from street with private fenced back yard. Clean, bright white kitchen and bath, built-in

shelving and cabinets. Closets span lengths of bedrooms, neutral carpeting throughout. Large living room window faces west into private yard with palm trees. Close to local restaurants, groceries. Rent includes water/gardener. Available now. Please call 619-921-1695.

**SPRING VALLEY.** Move-in special, OAC! \$1125, 2 bedroom. \$1399, 3 bedroom, 2 bath. Spacious. Laundry, playground, parking garages, balconies, pool. Military accepted. Espanol. 619-857-0365.

**SPRING VALLEY.** \$1700. 3 bedroom, 2-1/2 bath townhome with 1/2 off first months rent! New custom paint, wood and vinyl flooring. Pool/spa. Air conditioning. Fireplace. Washer/dryer in 2-car garage. [utopiamgmt.com](http://utopiamgmt.com). 858-598-1111.

**SPRING VALLEY.** \$1395. 2 bedroom, 2 bath. Spacious condo with big balcony, kitchen. Large park area. Pool/spa. Washer/dryer in unit. 858-598-1111, [utopiamgmt.com](http://utopiamgmt.com).

**TALMADGE.** \$800. 1 bedroom, 1 bath. Laundry on-site. Downstairs. Beautiful wood floors. All appliances, gated community. Available 8/1. 4533 Contour Boulevard. [www.cethron.com](http://www.cethron.com). 619-295-1100.

**UCSD/LA JOLLA.** \$1725, \$1725/month. 1 year lease. La Jolla Terrace. 2 bedroom, 1-1/2 bath tri-level condo. Walk to UCSD off Gilman and La Jolla Village Drive. 3187 "B" Evening Way. Across from Marriott Residence Inn. Small front patio, 1 car garage. Washer and dryer. All kitchen appliances. Freshly painted. Call for appointment. Ed 858-597-6100.

**UNIVERSITY HEIGHTS.** \$975. Large 2 bedroom upstairs apartment. Bright corner unit. New carpet, paint. All appliances. Off-street parking. Laundry. No pets. Call 858-456-2098.

**UNIVERSITY HEIGHTS.** Beautiful, spacious 2 bedroom 1 bath, cathedral ceilings, new refrigerator, built-ins, lots of cabinets/closets,

newer carpet, large deck on canyon. \$1295. 714-840-5439.

**UNIVERSITY HEIGHTS.** \$795. Spacious 1 bedroom, 1 bath unit in small, centrally located complex. On-site laundry. Move-in special: Half off first month's rent! [www.utopiamanagement.com](http://www.utopiamanagement.com). 858-598-1111, x193.

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**USD.** Townhouse. Rent from \$1795. Security deposit \$1500. Stainless steel appliances, granite counter tops, bamboo flooring, carpet in bedrooms, full size stackable washer/

dryer, two balconies, air conditioning, two parking spaces, available now. 5420-26 Lauretta Street. Ed 858-597-6100.

**UTC.** \$55/up. Spacious luxury living. Pool, spa, golf course, 1 bedrooms, \$1099, 2 bedrooms, \$1334. \$99 deposit. Town Park Villas, 4633 Governor Drive. 858-453-0441.

**VISTA.** \$1095 rent. 2 bedroom, 1-1/2 bath townhome. Deposit \$1095. One month free rent. New paint, new carpet, stove, refrigerator, dishwasher, parking, patio, pool, jacuzzi, close to shopping, pet considered. Available now. 955 Postal Way. Call Ed, 858-597-6100.

## AUTOMOTIVE

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<b>Manager's Special 2!</b> <b>Synthetic Blend Premium Oil Change</b> Includes filter and up to 5 quarts synthetic blend oil. Most cars. Plus \$3.50 disposal fee. <b>\$36<sup>95</sup>*</b>		<b>Head Gasket</b> Starting at <b>\$199*</b> Labor only.	<b>Japanese Engine Replacement</b> Starting at <b>\$1,025*</b> 6-cyl., 8-cyl. extra. Call for details.
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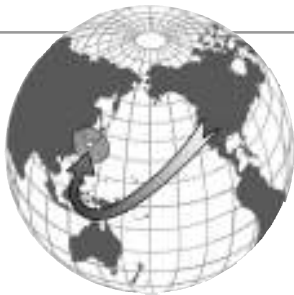
**5780 Autoport Mall • 858-558-8808**  
(Off Miramar & 805)



# BLOG WORLD

JENNIFER FUKUYAMA

Kyushu, Japan



## THE BIGGER FAMILY

One of the biggest differences I find in raising a family in Japan is that the concept of family is different from what I am used to. In Canada, the nuclear family reigns supreme, but in Japan the nuclear family is a cog in the bigger family — the organization to which you belong, whether school or work.

This leads to the Japanese lifetime-employment system, which, although not as strong as it used to be (I know people here who have actually — *gasp* — changed companies), is still alive and well. Just like you can't fire your kid, it is virtually

impossible to fire a Japanese employee unless they are arrested. It should come as no surprise that spending six days a week, 12 to 14 hours a day with your coworkers will lead to a family-type relationship.

As a Canadian, it is almost unfathomable that the organization to which you are affiliated would fulfill the role of the family, even in what I would classify as the private sphere. Recently, I attended the wedding of a co-worker, which in Canada would normally be a celebration with your family and

friends. In Japan, however, it is all about the company. At the reception, those of us from the bride's company sat at the front tables on the right, and those from the groom's company sat on the left at the front. School friends were behind us, and at the back, behind 200 of the bride and groom's closest acquaintances, sat the bride and groom's immediate family. How did I know who was who? As we handed over our cash presents in elaborate envelopes, we were supplied with a seating plan that gave that information. Every sin-

gle person who attended was identified by name and their relationship to the bride or groom. Can you imagine what a seating plan in Canada would look like if we did the same? John "fan of the same TV show" Smith and Jane "bumped into at the university bookstore" Doe taking the place of parents at a wedding reception. That would be a collision of tradition and Web 2.0 that I'm not sure we're ready for in the West.

No event in Japan is complete without speeches, and my colleague's wedding

## REAL ESTATE Houses

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**SANTEE.** A real steal! 3 bedroom, 2 bath. Fireplace, family room. New kitchen and baths. Pool. Super clean. \$300,000-\$315,000. Agent Kelly 619-562-6999.

**SANTEE.** Mobile home, 3 bedroom, 2 bath, senior park, central heating/air conditioning. Space rent: \$485. 2 pets OK. \$46,000. 619-442-4514.

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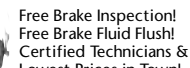
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was no exception. The first speech was from the line manager of the groom and centered on instructing the bride to have dinner and a bath waiting for her husband at whatever late hour he returned home so that he could devote his life to the company. I resisted my urge to boo him. We only heard from the father of the bride at the end of the ceremony when he thanked everyone for coming. It was quite a lesson to me in where families fit into the grand scheme of Japanese society.

My husband is currently preparing for his promotion to branch manager. Nothing moves quickly in Japan, so he

has known for quite some time that come August he will have a new position at work. So how is he preparing? By reading the child-care books we ordered before our son was born, of course. This might seem incongruous, but to the Japanese, the manager's role is similar to a parent.

It's surprising to me because I didn't grow up with this kind of relationship with anyone but my family. Japanese people, however, have strong allegiances to their schools from the first entrance ceremony. If a school-age child is caught doing something bad, teachers are generally the people

who discipline them. The ubiquitous uniform, which identifies everyone from the age of five on, probably has something to do with this group feeling.

It is also surprising to me that even though no one can be fired, people toe the company line closely. Companies can decide how you commute (some even disallow the use of private vehicles on the way to work), where you can park, what kind of shoes you wear on the way to work, and myriad other choices. They also have a great deal of influence over other choices, and a company's allegiances to a certain political candidate or ties to an electronics manu-



the difference in my family expectations and those of Japanese society? I muddle through. Sometimes I just have to deal with it; other times I can sit back and watch as did the cultural anthropologists of yore.

Sometimes I end up compromising and retreating to my blog for yet another rant.

[medeafication.blogspot.com](http://medeafication.blogspot.com)

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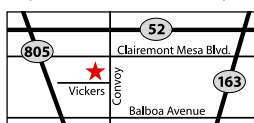
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**156** San Diego Reader July 10, 2008



entered the room, rolled her eyes, and turned to walk back out, muttering something about “imbeciles.”

#### JURASSIC PARK

USA 8:00 P.M.

Here is the running script in my head while I watch *Jurassic Park*: “Damn, Jeff Goldblum’s an ass. Oh, look, a cartoon dinosaur. Jeez, Goldblum’s an ass. I don’t mean his character, either; I mean the man, Jeff Goldblum, is one walking ass with ears. Dinosaur. Goldblum’s an ass. Dinosaur. Ass.”

#### SUNDAY, JULY 13

MISS UNIVERSE 2008

NBC 9:00 P.M.

Someone named Mel B. will cohost

this show with Jerry Springer. Why does my mouth taste like I just tried to suck a penny out of a brass spittoon of vinegar through an old garden hose? Oh, the taste goes away when I don’t think of this show. Weird. Now it’s back. Now it’s gone. Huh.

#### MONDAY, JULY 14

THE MIDDLEMAN: FLYING FISH

ZOMBIFICATION

FAMILY 10:00 P.M.

What a personal conflict this show proposes. I’m intrigued by anything zombie-related but repulsed by all things “family,” including (especially!) television dedicated to it. I may make someone watch this and then report to me. I can’t handle the

dichotomy. It’s making my teeth itch.

#### TUESDAY, JULY 15

UNTAMED AND UNCUT

ANIMAL PLANET 9:00 P.M.

Not so much a show about jungle cats as it is a recount of my high school years. I wonder if they’ll show that “thing” I had about aluminum foil and Roy Orbison. Ah, memories... I can still smell the VapoRub.

#### WEDNESDAY, JULY 16

BATMAN UNMASKED: THE

PSYCHOLOGY OF THE DARK KNIGHT

HISTORY 9:00 P.M.

History! It’s important to remember our past! History is rich with life, struggle, beauty, and decay. With-



Untamed and Uncut Animal Planet

out debate, discussion, and analysis of history, we’re doomed.... What? Batman? Even better! History’s stupid. Let’s talk about Batman! Go away, stupid history. Go away.

EXTREME TRUCK STOPS

TRAVEL 9:00 P.M.

That screeching sound is from the smoking tires of the truck speeding away with Travel Channel’s relevance.

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can stack or rest on floor. Super deal at \$80/each. 619-461-2643.

**DRYER, GAS,** Light cream color, Westinghouse. Not new, but looks good and works great! The drum looks new inside, \$150. Spring Valley 619-466-8663.

**PORTABLE WASHING MACHINE,** Hooks up to any sink, small but convenient, \$90. Over-counter microwave oven, black G.E. \$45, 619-339-7318.

**REFRIGERATOR, HOTPOINT,** Excellent condition, 15 cubic feet. Super clean \$150, you haul. 619-342-6178, 619-449-7755.

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tho mattress, only used in guest room, \$1100. 760-310-7645.

**BOOKCASES,** Oak, walnut, mahogany, cherry, or teak, choice of 2x2, 2x6, 3x3, 3x4, 3x6, 4x6, 4x7, remodeling office, \$25-\$150. 619-670-8356.

**CHINA CABINET,** dark wood, tall, lots of room for collectibles, all natural. Coffee table, solid teak slab, beautiful burl wood. \$150. 619-316-5287.

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**COUCH AND CHAIR,** Dark green, pastel floral print. Couch 1989, claw feet high back chair \$125. Best offer 619-224-2997.

**COUCH,** 17', 2-piece sectional with hide-a-bed, \$295. 858-748-2181.

**COUCH, SOFA,** Stickley Prairie Settle catalog #91-0220, cherry, red leather, 2 pillows, solid back, Central Valley finish,

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**CUSTOM MADE,** 3 single, 1 love seat, 2 half moon, 1 half round, black. Almost brand new. Was \$12,000. Selling for \$2500, 858-451-2001.

**DESK,** Fliptop, maple, traditional, good condition, \$95, 858-569-4189.

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**FORD TAURUS**, 2005, automatic, white, air, nice car, \$3900. Call after 9am, 619-255-6053.

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**MITSUBISHI SPYDER**, 2002. Convertible. Silver, black top, automatic, clean title. 4 cylinder, good on gas. 108,000 miles. \$5800. 207-671-7550, 858-412-6511.

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**PONTIAC FIERO**, 1984. Coupe. Beautiful. Only 46,000 original miles. 4 cylinder. Automatic, power windows/locks. Air conditioning, AM/FM/Cassette. Red, tan interior. \$6500/best, 619-461-4727.

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**VOLVO 850**, 1995, \$500 down drives you away. Buy here, pay here. VIN 096837. A Plus Rentals, 760-633-3552.

**VOLVO 850**, 1996, \$1000 down drives you away. Buy here, pay here. VIN 240990. A Plus Rentals, 760-633-3552.

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# T.G.I.F.

Every legal residence must be supplied with an air-conditioning unit.

By John Brizzolara

"Blackwood stopped writing here, unsure how to proceed. Was he writing a column for *The Free Weekly* (otherwise known as the *Free*; his column called, imaginatively enough, 'Weekend') or a Gratitude or Serenity journal entry, as his therapist had recommended? He had no idea. But like some ancient bard, Homer or someone, he would often start any piece of work with an invocation to the muses — in his case, more and more often. This consisted of a kind of weather report. It would grease the wheels, lubricate the old flow. It was becoming a habit. For a time he considered it a signature Blackwood opening, but it was now becoming a cliché. Still, it served a purpose.

"He remembered tending bar at a West Side soak-hole in New York City, at 68th and Columbus. During the days, that bar, with the unfortunate name of Sparkels, was a lunch spot for actors, grips, and cameramen for two soap operas shot across the street at ABC studios. The local ABC news was shot just down the street as well, and Harry Reasoner was a welcome regular. He would greet Reasoner daily with, 'How's World War III coming, Harry?' To which Reasoner would reply, 'Be patient.'

"Sparkels would also host print-news writers in the early to late afternoon. Among them was John Elliott from the *Voice*, who gave Blackwood the enduring advice that 'the lead is

always in the second graph.' He insisted that it made almost no difference what was in that first paragraph. It would later be cut anyway. When Elliott had his fatal heart attack at the bar one Friday afternoon, his last words, as paramedics carted him out, were, in fact, 'Tell Morris,' referring to the city editor at the *Voice*, 'the lead is in the second graph.' Blackwood was never sure if it was a true story, not having been working that day, but it had become a legend among other newspaper men in New York."

This is an excerpt from the novel I'm working on, and Blackwood is a character not unlike myself. The two anecdotes are true, though the names Elliot and Morris are fiction. It occurred to me to include them here in an act of literary and electronic origami on my desktop when I found myself writing the following:

*It is nearly mid-July, midsummer. The revelry of Independence Day is just behind us, its only trace the thermal cumulus clouds to the east like residual billows of gunpowder smoke from the fireworks of three counties. Summer has clamped its Santa Ana signature over the city, and once again I find myself imagining I am some British colonial civil servant, in India possibly, or Formosa in the 19th Century, cursing the day I set foot in this godforsaken outpost. I am wearing a white linen suit jacket over a Wallace Beery undershirt stained with perspiration and tobacco. I am also wearing a Ghurka helmet, and in my fantasy I am swilling a pink gin and tonic while wiping the sweat from my John Bully sideburns. On days like this, I look forward to the sunset, not for the aesthetics but for the relief from feeling overexposed.*

There was the weather report again; and by the way, last summer I actually bought myself a white linen jacket and a Ghurka, or lobster-tail pith helmet. I lost them in the ensuing chaos of last fall and winter.

It seems to me that the second weekend in July is the most typical of summer weekends. This is the time when the novelty of "school's out!" may wear thin, and the sun's warmth may no longer be as exhilarating and glorious as it seemed last weekend: a promise no more but the threat of relentless heat, boredom, and mosquitoes.

It strikes me that San Diego is something like the Casablanca of global warming, only instead of WWII we have the greenhouse effect. We are situated in a desert coastal city (like Casablanca...same latitude, pretty much), and refugees from all over the world come here fleeing either the winters or worse



summers elsewhere. Only instead of waiting for passage to America, we are the destination. It doesn't get much better than we have it. This too fuels certain fantasies. Like everybody else, I love Bogart and even do a passable impression. "I came here for the waters...I was misinformed." Of course, we have Warner Hot Springs.

Still, our town can be oppressive enough. I'm thinking of two summers ago in North Park, which may as well have been the Philippines — a tad drier. I don't know what the homicide rate is here in San Diego for our summers, but it may be a safe bet that we are like everybody else in that the rate likely goes up. A homicide detective I interviewed once told me that he had a solution to that problem, which was, "The city installs air-conditioners for everybody. Every legal residence must be supplied with an air-conditioning unit. It comes out of taxes or whatever. It would still be cheaper." I never found a major flaw in that general idea. Meanwhile, roll out those lazy, hazy, crazy days and be mindful of your surroundings.

To get an online version of this column, go to [sdreader.com](http://sdreader.com). You can print it, email it to friends, and get other T.G.I.F. columns or other stories by John Brizzolara.

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