We could end up looking like Phoenix

4004 Lark St., Mission Hills, July 2006
And same lot today

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B R E A K I N G  N E W S

Ghost of Nixon’s past. Maybe it’s something in the water, but many of San Diego’s top Republican political players have lived to a ripe old age. Banker C. Arnholt Smith, the town’s preeminent Daddy Warbucks — who owned a bank, tuna fleet, airline, hotels, the Padres, and, as more than one wag cynically observed, the city council — died peacefully in 1996 at age 97. A close friend to Richard Nixon, Smith served a brief time in state confinement after his empire collapsed in ruin. Tomorrow another Nixon intimate will celebrate his 90th birthday with a bash at the Hilton La Jolla Torrey Pines. Herbert G. Klein, Nixon’s onetime press aide and fixer for Jim Copley’s newspaper empire, will bask in praise provided by a roster of history-laden GOP names, including ex-Congressman Jack Kemp and ex-Governor Pete Wilson. The event is being chaired by Karen Hutchens, a former political consultant to GOP San Diego mayor Susan Golding, who is now a lobbyist with clients including Aaron Feldman and his infamous Sunroad office tower. Klein was a key player in lobbying Golding and the city council for new pro sports stadiums.

For years, Mr. Herb Klein has selflessly contributed in numerous ways to his communities, and his “love-thy-neighbor” attitude is present in his everyday life,” says an invitation to the event, modeled after the old 1950s-era Ralph Edwards TV show, This Is Your Life. As editor of the Copley-owned San Diego Union in the 1950s, Klein was lent by Copley to Nixon at election time to serve as a political operative. “Ostensibly a working news reporter, Klein would be remembered for his . extraprofessional contribution to the campaign,” noted Nixon biographer Roger Morris of Klein’s role in Nixon’s first congressional race in 1946. In 1956, Nixon wrote Copley, “This is just a note to tell you what an outstanding job Herb Klein did for us during the campaign. I want you to know, too, how much we appreciated the sturdy, never wavering support we received from the Copley papers in Illinois and California. My only regret is that you don’t have a paper in every one of the forty-eight states!” Two years later, Nixon sent another thank-you note to Copley, saying, “I deeply appreciate your kindness in releasing Herb Klein to us during the campaign period.”

Copley, in a 1959 letter to Nixon, Copley said, “I feel [Klein] is doing the job he should be doing, but if there is anything our organization can do to help you, please don’t hesitate to let us know.”

A former sports editor of the Daily Trojan, the student newspaper of the University of Southern California, his alma mater, in the early 1960s Union editor Klein once advised Nixon to meet another USC alum. “While you are in Los Angeles,” Klein wrote Nixon, “it would be a good gesture to invite up for a brief talk Rafer John- son . . . He is a very fine colored lad who, you will recall, won fame by beating the Russians in the decathlon.”

Eat, drink, and be lobbying: While the State of California is threatening to slash funds for everything from school teachers to parks, higher-ups out at UCSD continue to party on. Local politicians and other favored VIPs have received a special invitation from Chancellor Marye Anne Fox: coveted free tickets to the U.S. Open golf championship, coming this June to the city-owned Torrey Pines Golf Course. According to the invite, the lucky public servants and other special guests will receive “complimentary” breakfast, lunch, and an “after” cocktail,” as well as “full bar service” inside the UC San Diego Hospitality Tent. For state and local politicians, who are required by state law to disclose the amount of their gratuities, the invitation advises that “the one-day ticket package is valued @ $280 for June 9–11, $400 for June 12–15.”

Notes the invitation: “This is a sold-out event with limited tickets available. In order to accommodate your particular schedule, please select two (2) dates from the choices listed below.” The university is currently lobbying hard for construction of a massive new stem-cell research building near the city’s Torrey Pines Gliderport.

What recession? More UCSD spending: recently appointed UCSD health science counsellor Anthony Perez is being paid an annual base salary of $210,000 and will be eligible for a mortgage loan not to exceed $1.33 million made by the university. University regents approved the package at their late-March meeting, because Perez’s compensation status exceeds the usual maximum for such kinds, the regents granted an exemption for him “based upon essential recruitment and retention needs and goals of the institution.”

Regents also approved an 18.8 percent “stipend” to augment the annual base salary of UCSD’s acting vice chancellor for external relations, Steven W. Relyea, who is also vice chancellor for business affairs. He will now make a total of $285,000. Relyea’s salary deal lasts through the end of the year or whenever a permanent vice chancellor takes over, whichever comes first.

In yet another sharp salary hike voted by the regents, Julianne J. Larsen, acting associate vice chancellor for development at UCSD, was given a 15 percent “stipend” to lift her annual pay to $200,330. And Ronald G. Espiritu, the associate dean for business and fiscal affairs, health sciences, got a 20.2 percent raise, to $221,600. — Matt Potter

The Reader offers $25 for news tips published in this column. Call our voice mail at 619-235-3000, ext. 440, or fax your tip to 619-231-0489.

Spite?

By Don Bauder

The Union-Tribune’s Christmas Massacre of December 2007 is still producing bloodshed. The Copley Press, aided by a high-powered consulting firm, is contesting unemployment claims filed by a small group of ex-employees who took a buyout after concluding they would be fired. There is mayhem throughout the newspaper industry, but there seem to be few precedents for what the U-T is doing. I have not been made aware of other employers fighting unemployment claims, says Linda Foley, president of the Newspaper Guild in Washington, D.C. What Copley is doing is “unusual, and it’s unusually cruel. This is not a aware of companies hiring outside firms to resist unemployment claims, but it could be happening. It is certainly wrong.”

Copley’s motivation is most likely economic. Employers pay into unemployment pools, but a company tapping the system more frequently has to pay more, rather like the way a person responsible for an auto accident has to pay higher insurance premiums. However, the ex-employees are puzzled, because there are probably fewer than 20 who are still trying to get unemployment compensation that they feel is owed them. Pos- sibly the company is planning more buyouts and layoffs. That would hardly be surprising. It may be another indication that ownership is trying to slash costs to sell the company. Also, since the Copley Press has been known for its hostile employee relations, some think spite may be a motivation.

To help contest the unemployment claims, Copley hired TALX UC Express, a major unemployment cost management firm. “In 2003, we removed over $8 billion in unemployment claim liabili- ty and recovered $240 million in erroneous charges for our clients,” the firm boasts on its website. The company, which is a unit of Equifax, says that it is expert in saving companies money in insurance related to unemployment claims. Neither Copley nor UC Express responded to requests for comment.

The warfare began December 3, 2007, when the company suddenly announced a “Voluntary Separation Program,” warning that it needed to cut costs and this was just one step in the process. The company listed the number of jobs continued on page 6

Neal Obermeyer
Power to the People
By Dorian Hargrove

San Diego mayoral candidate Eric Bidwell rolls across the cement floor of Cream coffeehouse on his Heelys, wheeled shoes that he found used on Craigslist for $20. Impressive dreadlocks extend to his waist. He wears a black shirt that has a graphic of two hands shaking under a table, and below that, in white letters, “San Diego, the finest city money can buy.” A large patch with his logo, a wrench suspenders above two gears, covers one of the bulky pockets of his baggy cargo pants. The T-shirt and the patch are both his design.

Bidwell sets his black, musty-scented trench coat next to his laptop computer on one of the few available tables and rolls back to the counter for a cup of coffee. The staff knows him by name, and they talk about an upcoming art show featuring his politically inspired stencil art.

Until recently, Bidwell has used the crammed coffeehouse, located on Park Boulevard in University Heights, as a makeshift office for his struggling T-shirt and button company, as well as a place for perusing the Internet. But for the past few months the café has become campaign headquarters.

According to Bidwell, his decision to run for mayor “is pretty multifaceted. I want to inspire more of the public to participate in the political process and to bring often-overlooked issues and perspectives into the election, giving people an option that is categorically different than the others. And to gain experience organizing people and promoting a cause is a good thing. Also, just the experience of building a political campaign is enough, because I want to eventually run for president.”

Bidwell looked up the requirements to run for mayor using Cream’s free wireless Internet. They seemed simple: the candidate must be at least 18 years old, must be a resident of San Diego and registered to vote in the city, must gather 200 signatures from registered voters, and must submit a $500 filing fee.

The first requirements were easy to meet. Bidwell will turn 26 in May and is a San Diego native, spending most of his childhood sharing small apartments in Hillcrest and Golden Hill with his mother.

“We moved a lot,” he says. “We were poor. I found out that my mom was using [drugs] when I was ten. She would leave me to go out, and I just thought, ‘I’m a ten-year-old kid. I shouldn’t be left alone!’ ”

The rocky relationship Bidwell had with his mom showed in his poor performance at school. He was expelled from Roosevelt Middle School in the seventh grade for bringing a pocketknife onto campus. A year later, after transferring to Pacific Beach Middle School, he and his mother were evicted from their Golden Hill apartment and became homeless.

“I was really just stressed and uncomfortable and decided to drop out of eighth grade.”

Despite being homeless for most of his teenage years and spending three weeks in juvenile hall on drug-related charges, which were eventually dismissed, Bidwell managed to earn his high school diploma through the California High School Proficiency Exam.

By the time he turned 19, he was living under the 1-5 overpass on Washington Street in an RV that he’d purchased from a distant relative. He continued to live in RVs and vans for a few months after, when he moved in with a new girlfriend.

While the age and residency requirements were easy to satisfy, the remaining two were not.

The first was to gather 200 signatures from registered voters in a month’s time. The people signing had to print their names legibly and provide their addresses. Initially, Bidwell planned to collect signatures all by himself. Luckily for him, he got some help.

Adam Case, a 25-year-old political science graduate from the University of San Diego, noticed Bidwell’s campaign poster propped up against his laptop at Cream and was determined to help from the moment the two began talking.

“I saw his poster that said ‘Revolutionary Mayor,’” says Case. “I started talking to him, you know, and the term ‘revolutionary’ is kind of overplayed. He’s got dreadlocks and stuff, but the idea of actually applying it to a political purpose, well, that’s revolutionary, especially seeing how he grew up and his perspective on things.”

The two mulled over places where they would attract registered voters willing to sign Bidwell’s petition.

They collected signatures at the Ocean Beach farmers’ market and on the campus of SDSU. They collected more at the Tribute to the Reggae Legends Festival, formerly the Bob Marley Festival, held at the San Diego Sports Arena on February 18.

Bidwell recalls the decision to go there. “I thought about it and was, like, ‘Hey, that’s probably a pretty good demographic.’ I mean, most of them probably signed because I have dreadlocks.”

After scratching out a hundred or so names that were illegible or missing addresses, Bidwell had nearly 300 signatures, well above the 200 needed.

He was left with the last remaining challenge, to raise $500 for the filing fee. “I had to spend a good deal of time getting that money. Five hundred dollars is usually what I live off of every month. So I had to do double of what I usually do to get it.”

While not wanting to be specific on all the ways he earned money, he says most came from working odd jobs.
it wanted to eliminate (for example, nine news reporters would be axed) and said that if enough volunteers didn’t take buyouts, there would beless, which there ultimately were. There was this verbiage in a “frequently asked questions” sheet: “Will I be eligible for Unemployment Insurance through the State?” Answer: “Unemployment is between you and the state. However, in our past experiences with a ‘voluntary’ separation, people have not received Unemployment.”

Employees knew that that statement was at best only partly true. At year-end 2006, employees with 30 years of service had taken voluntary buyouts; there had been no target list, as there was in 2007. Several who were too young to take retirement packages took their buyout packages and months of unemployment compensation without the company complaining. “A personnel official even showed them how to file for unemployment online. The blank for ‘Reason for Leaving the Company’ read ‘Workforce Reduction,’” recalls a former employee. When the Union and Tribune merged in the early 1990s and there were buyouts, “the company repeatedly said it would not stand in the way of unemployment benefits,” says an ex-employee.

When pondering the 2007 buyout offer and whether they would qualify for unemployment compensation, employees did their homework. One found in the State’s regulations that for a termination to be deemed voluntary, the unemployment claimant must be the “moving party,” or the person who places into motion the chain of events that is responsible for the termination. “That was hardly true of employees who were handed the Hobson’s choice December 3. Still, the Employment Development Department kept telling this employee loudly and rudely that the termination was a ‘voluntary quit.’ But I don’t believe it’s a voluntary quit when the company walks you to the edge of the gangplank and says, ‘Here is your choice; jump or be pushed,’ ” says this former employee, who received some unemployment payments and was forced to return them and pay a 30 percent fine. (A young, low-level employee, who got a pittance for a buyout, allegedly got three checks for $450 each, then was told to return them along with a 30 percent fine. I wasn’t able to reach that person.)

Because the company specified how many heads it wanted chopped, “Clearly we were targeted; it was clearly a forced workforce reduction, but that was not satisfactory to the [Employment Development Department],” says another, who didn’t fight after being turned down by the State.

Craig Rose, an excellent business reporter, had been on a 2004 list of 48 employees who might be laid off if the economy worsened. (The list was supposed to be secret, but a few secrets are kept from newspaper people.) “I felt I was targeted,” he says. “This was a forced layoffs; when you present announce that you are eliminating people, how is that not a layoff?” Rose, filing a one-week claim, was told that his was a voluntary departure. He has not heard on his appeal. He has landed a good job with the City Attorney’s Office and says the appeal is mainly a matter of principle. Rose refuses to discuss his severance package.

“I worked my heart out for that newspaper, and now they’re persuading the State to deny us unemployment compensation,” says a longtime reporter. “I’ll never wear my Union-Tribune watch again.”

Peter Zschiesche, director of San Diego’s Employee Rights Center, says the State normally looks at a buyout as a voluntary quit, “but there is a precedent decision that basically lays out that this has to be looked at on a case-by-case basis. Nothing fits all. You can get unemployment under a voluntary quit if there is a compelling reason.” On behalf of former employees, Zschiesche presents that compelling reason to an administrative law judge. The Employee Rights Center now represents a handful of ex-Copley employees and may take on more.

Chet Barfield, who covered Native American affairs continued on page 10
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Spite?
continued from page 3
and casinos extremely well for many years, is one that Zschiesche thinks has a good case. A year before the December Massacre, Barfield was reassigned to cover neighborhood stories. “They certainly didn’t need somebody with my experience or expertise to do these stories,” says Barfield. “I was a senior person near the top of my pay scale” and in a job for which he was overqualified. “A year earlier, when I was Indian affairs specialist and knew more about the tribes and casinos than others, I would have been less vulnerable, “he said. “But so, too, are those who took a year’s pay did not reap a windfall. Rose notes that newspapers “were a lucrative industry for the better part of a century; they should share a piece of the proceeds. “But Copley has never seen things that way. ■

Power to the people
continued from page 7
on craigslist. “I picked up some labor gigs. I did a survey for TestAmerica at the Mission Valley mall and got 25 bucks for doing a taste test on orange juice. I also did a taste-test survey for Jack in the Box. A little of this and a little of that. “Regardless of how unorthodox his methods, on March 6, Bidwell submitted the money and signatures to the City Clerk’s Office. On March 19, he received confirmation that his name would appear on the ballot.

Brian Adams, assistant professor of political science at SDSU, likes the fact that anyone with the will to run for mayor can do so. “Personally, I believe there should be as few restrictions as possible: let the voters decide who is competent to be mayor. “Adams does think it will be difficult for Bidwell to win. “I’m not aware of any person winning the mayorality of a big city without substantial campaign funds. It’s even extremely rare for council seats in big cities. “Former councilmember Floyd Morrow, who’s also running for mayor, suggests that Bidwell’s life experience could compensate for his lack of education or political expertise. “I do think education is crucial, but one of the things that he might have a very good education in, if he had been homeless, is common sense, and that’s an education in its own right,” Morrow says. “There are people who are degreed that really don’t have an ounce of common sense on the street. “That type of education is very valuable. I was born in a tent, dirt poor, so I kind of identify with a young guy like that. “When asked if Bidwell’s lack of knowledge regarding local politics might be a distraction for San Diego voters, Morrow responds, “I hope not. The issues of San Diego are the same for him as for me. “I don’t think that any one of them is credentialed in the race, other than myself. I think that experience is the best teacher. “Experience is one thing that Bidwell is gaining from this process. An issue early on was filling out campaign-finace paperwork, which requires a permanent address. “They told me that I could hire an attorney to seek ways of getting around it,” Bidwell says. “I found that pretty unhelpful, considering my current situation. I did contact the ACLU, and they said they couldn’t promise anything but would try; so for now, I just won’t fill that out that one and not accept contributions totaling more than a thousand dollars. “Of more concern are the mayoral forums. The most recent one, on April 3 at Rancho Peñasquitos, afforded Bidwell much-needed exposure. The following day in its coverage of the event, local online publication Voice of San Diego featured some of Bidwell’s comments and a photo of him, as well as a group shot showing Bidwell sitting between Jerry Sanders and Steve Francis. “The whole time I got a lot of laughs from the crowd, says Bidwell. “A couple of the things, people just loved it, laughing and clapping. I did have to bust out laughing during some of the comments from them [Sanders and Francis], because they were going at each other pretty hard. “As for Bidwell’s take on his two best-financed opponents, he says, “You know, Sanders, as much as he is a little typical, he really has a much better head on his shoulders and answers questions with a little less rhetoric. Francis, he kind of rubs me the wrong way.” The next forum will be at the Spreckels Organ Pavilion in Balboa Park on April 20. All candidates have agreed to participate. Bidwell will continue to organize a “Revolutionary Potluck” in Old Town the first Saturday of every month. More information is available at revolutionarymayor.com. ■
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Kids With Promise

I was at work today reading in bits and pieces your cover story about “families” in San Diego (“If There Are Families,” Cover Story, April 10) and know that some of these kids are ours. At least, the story is the same as that of the 30 to 40 kids that we see each night. I am the director for our Oceanside chapter. I know that our San Diego chapter cruises O.B. on their outreach nights.

If you called me, I would return your call. We don’t put our address; we don’t put out fliers, but most of the kids know how to find us, and they bring other kids. We are only run at night, but from reading your article, we are a family. I guess I would be Mom.

I would like to ask that when you run into “our kids,” maybe spread the word that there is a place for them, at least for a few hours. To not have to survive, to not be judged, and to get some help. We are here. They can call us at 760-433-5437 (KIDS). This is our Oceanside chapter phone number. We are open on Monday, Tuesday, and Thursday from 5:30 p.m. to 8:30 p.m.

Thank you for writing this article. It was honest and true. My kids are hard to love, but there is a reason — they have been through a lot. We all have, and we each deal with it differently. These kids in particular, though, have had to grow up way too fast and have to do terrible things to survive. Thank you for bringing awareness to the “invisible kids.”

It’s easy for us to be disgusted and angry at these “punk teenagers,” but a lot of times they have no other option than to panhandle and prostitute, use drugs and alcohol to blur their vision of what reality really is. Most of us have to ask ourselves, “How would I handle the situation?” Take away your network of family, friends, even your coworkers. Your home, your car, your clothes, your credit card, your IDs. How would you survive? These kids are strong and resilient. They have to be. They want to live.

The saddest part is that every day over 13 of these kids are dying on our streets, right here in our own back yard. After reading your article, people can’t say they didn’t know that this was happening. It is, you have now read the story. Thank you again for sharing their story.

Kim Goodeve-Green
Director of Center Operations
Oceanside
StandUp for Kids

Keep On Keeping On

I am writing because I read the narrative John Brizzo-lara wrote about the cab driver who asked about his son and his health (“T.G.I.F.,” March 20). I have been reading Brizzo-

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lara’s funny tales for maybe 20 years. Has he been writing for the Reader that long? The first story I read was when he was living in Kensington and his girl broke up with him. He was listening to, I think, Frank Sinatra records and crying in his beer, unless that was one of the times when he was sober. I clipped the article and reread it when I needed a pickup. I actually used to have quite a scrapbook collection of his narratives that I would share with one of my sons when he visited.

I have a great idea. Why doesn’t he collect them all and put them in chapters such as “Re Relations,” “Re Addictions,” “Re Work,” “Re Music,” “Re Places Lived” (with a map like in The Long Embrace by Raymond Chandler). Anyway, you get the idea. If he has trouble publishing the book, I am sure that all his faithful followers would donate money to see it in print.

The other thing I would like to say is that I used to be addicted to coffee (the strong, regular kind). When I tried to stop, I had horrible headaches and symptoms like a heroin addiction, at least that is what the book Hidden Addictions said. It is written by a woman doctor from the Seattle area, and she gives good ideas about what to eat and drink when trying to break these gene-related, perplexing situations. Sadly, I have to say that after 15 years of caffeine sobriety, I am beginning to slip. I still grind the decaf, but I put a few sprinkles of the real stuff in so I can have that little jolt.

I hope Brizzolara’s body continues to heal and that he maintains a clear head, because there are those of us out here who read the Reader just because of his narratives.

Judi

Comments from Reader Website

Cover Story

Published April 9

Posted by vanderwolff on April 11, 2008, 6:48 a.m.

Crushingly sad, but strangely familiar, the plight of today’s street children mirrors those of decades past: a general distant interest from the uninvolved, a plague catalog of familial horrors and a question mark for the expiration date on their existence.

Difficult story well-handled.

Posted by Boomerang on April 12, 2008, 10:20 a.m.

This is a beautiful and powerful representation of the reality of these teens and a reminder that (1) growing up is not always easy even for the prom king and queen and (2) one’s petty life challenges pale compared to that of others.

Many kudos to The Reader for daring to take on something with social and political relevance rather than an article about taco stands (I did enjoy the missile test sites in Scripps one).

Mr. Hemmingson’s article particularly hit home with a ring of truth and memory so that I found...
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Family Motorsports

I figured it was a George Bush thing, his idea of public service. No matter how sour your disgust is, no matter what your crime may be, or how completely you betrayed your wife, kids, friends...nobody resigns.

But, I was wrong to attribute this phenomenon to George Bush, and if I run into Donald Rumsfeld, Alberto Gonzales, Paul Wolfowitz, Richard Perle, General Richard Myers, Douglas Feith (now known to history, thanks to Iraq invasion commander Tommy Franks, as “the dumbest motherfucker in the world”), General Ricardo Sanchez, Michael Chertoff, John Yoo, George Tenet, or Senator Larry Craig, I’ll say, “I was wrong fella.” Refusal to resign when guilty is bigger than George Bush.

How big? Say hello to Max Mosley. You must have heard about Max by now, if not, hurry over to the Perv Classics section on YouTube.

To recap quickly: News of the World, a London tabloid, reported that Max Mosley, 68, president of the Fédération Internationale de l’Automobile (FIA), the world governing body of, as FIA likes to say, motorsport, paid for a five-hour bondage orgy with, count em, five hookers. Everyone played dress-up, hookers in concentration camp outfits and Nazi uniforms, Mosley either in the buff or costume. Yes, I know what you’re thinking, “Print is so 20th Century.” And you’re right, of course. Lucky for us Mosley videotaped his orgy and that tape, through the magic of YouTube, is available to the world gratis.

In the old consciousness, one would think Formula 1, professional racing’s most prestigious circuit, would not want its institutional face to be Max Mosley humping whores, whipping whores, or being whipped by whores dressed in Nazi gear. One would think, “Yeah, that should do it. So long, Max.”

Wrong. That’s 20th-century thinking, people.

Instead of resigning, Max filed a lawsuit against News of the World, claiming invasion of privacy (not libel), and told the press, “It goes without saying that the so-called Nazi element is pure fabrication.... I believe that 21st-century adults do not worry about private sexual matters as long as they are legal and harmless.”

One of the prostitutes told News of the World that Mosley hired her and others to play Nazi guards. Who are you going to believe, a prostitute, the man who hired her, or the slimy News of the World? (happily holding five hours of Mosley orgy on video tape)? The tabloid broke the story, here’s a quote from their first article. “[Mosley says], ’She needs more of ze punishment!’ while brandishing a LEATHER STRAP over a brunette’s naked bottom. Then the lashes rain down as Mosley counts them out in German: “Eins! Zwei! Drei! Viert! Sechs!... Before hammering away at the girls, he plays a crowing death camp inmate himself, having his GENITALS inspected and his hair searched for ICE...”

Max has a special personal history; in fact, he has a direct connection to Adolf Hitler. You don’t see that any more.

His parents, Sir Oswald Mosley and Diana Mitford Guiness, were married in Berlin, 1936. It was a warm, dignified ceremony held in the home of Joseph Goebbels with the Führer attending as guest of honor. Sir Oswald was head of the British Union of Fascists at the time and, as sweethearts often do, he and his bride decided to be married in the place that meant the most to them.

To show how deep class solidarity in Britain was/is, although the Mosleys were interred during WWII (until 1943), they came out of it with their property, money, and titles intact. Winston Churchill, who knew them socially, saw to it that Lady Mosley had frequent visits with her children, including adorable Max.

Young Max grew up in an atmosphere of unconditional love and racial purity. The family bought homes in Ireland and France, yachted around the Mediterranean, did some of this, some of that. Max attended German schools for a couple years, graduated from Oxford with a physics degree, studied law, made barrister. He was into racing by the mid-’60s, driving, then moved over to the building, managing, selling side of it. I’ll skip the FOCA/FISA/FIA struggle for power because it’s refrigerator manual boring.

FIA will hold an extraordinary general assembly on June 3 to consider Mosley’s fate. There are 222 motororing organizations in 132 countries. So far, I have found one, the Canadian Automobile Association, who has flat out called for Mosley to resign.

The orgy was March 3 and is already hazy in the hive’s mind. The conviction’s vote will be by secret ballot, a huge plus for Mosley. You have to like his chances.

But, before I put money down, I want to know, what would George Bush do?

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I didn’t get to church on Sunday — this is what, my third flu this year? Pathetic, or maybe just scary. “The germs are winning,” says Dad. So I’ve got nothing on that front. But I did have an interesting “worship experience” a couple of weeks ago — March 30, to be exact. An up-very-close look at personal spiritual devotion.

Sister Faustina Kowalska, a Polish nun, was canonized as a saint by the Roman Catholic Church in 2000. Shortly thereafter, a request made to Kowalska during her visions of Jesus was granted: the Second Sunday after Easter received the title of Divine Mercy Sunday. A decree from the Congregation of Divine Worship made it official, and the day was termed “a perpetual invitation to the Christian world to face, with confidence in divine benevolence, the difficulties and trials that mankind will experience in the year to come.” Later, the Church of the Holy Spirit in Sassia, just down a narrow street from Saint Peter’s Basilica, was dedicated to the Divine Mercy, the huge apse mural depicting Pentecost obscured in no small part by a huge rendering of the Divine Mercy Icon mounted over the tabernacle: Jesus, His sacred heart exposed, with twin rays of light — one white, one red — streaming forth. The motto at the base: “Jesus, I trust in you!” Or, in this case, “Gesu, confido in te!” (A side chapel featured an enormous oil painting of Pope John Paul II in gold vestments, seated, his hand resting on an open book in his lap.)

Posters in every church vestibule in Rome — from great basilicas to humble chapels off side streets — advertised that the upcoming Divine Mercy Sunday Mass at Santo Spiritu in Sassia would be celebrated by Tarcisio Cardinal Bertone, the Vatican’s Secretary of State, sometimes referred to as the “Vice-Pope.” I arrived 20 minutes before Mass, but that was nowhere near early enough, as I would soon learn. Twin banners hung on the church façade: one depicting Sister Kowalska, one heralding the upcoming World Apostolic Congress on Mercy. It was like a Kowalska convention, and this was to be the spiritual high point.

A band stood outside, outfitted in black berts and olive jackets with red epaulets — a very military effect. Drums, oboes, flutes, saxophones, trumpets, and cymbals played tunes for the crowd milling about on the church steps, awaiting the Cardinal’s arrival. (Or so I thought.) And arrive he did, his red-cassocked form stepping out from a sleek black BMW to salute from two blue-uniformed escorts. The church’s pastor approached, smiling, shook the Cardinal’s hand and bent to kiss his ring in the same motion. Someone handed the Cardinal what looked like a hand-broom, which he dipped in Holy Water and sprinkled on the assembled crowd. Then he was whisked away, and we filed into church.

Except we didn’t, not really. The stone doorway of the church was massive, but mostly blocked. Only two small doors permitted entrance. Bodies swarmed up the stairs of the church, oblivious to the sight they would behold once inside: more bodies. So many more. The church was at standing room only long before I managed to slip and twist and jostle my way inside. Once I had found a place to stand, some four feet inside the doorway, the bodies kept coming. By the time Mass began, I could feel the breathing of the person in front of me, so packed together was the crowd. The sound system crackled and blared a shell woman’s voice, singing as the Cardinal processed in from the side, surrounded by a host of acolytes and profiblers. He could not possibly have processed in from the rear.

The shrill voice sang in Italian — of course. The rest of the Mass was in Italian as well. Standing body to body at the very back of a packed and massive church for over an hour and a half listening to a language I didn’t understand was not exactly conducive to a deep personal communion with the divine. I’m not sure how good it would have been even if I did know Italian. But clearly, that wasn’t the point. The point was to be there, in that place, on that day — to show one’s devotion (if only to God and Saint Kowalska) by pressing into a building that was already full to bursting. Throughout the Mass, people wound their way back from parts forward, heading for the door. They had made their appearance, I suppose.

The readings, I found out later, were not entirely given over to the theme of mercy, though the first line of the Responsorial Psalm read: “Let the house of Israel say, ‘His mercy endures forever,’” and the Gospel quoted Jesus telling the Apostles: “Whose sins your forgive are forgiven them.”

Bertone took up forgiveness in his Homily (and here, I’m working from a fuzzy translation.) “There is no true peace without forgiveness;” he said, “which is why we must defuse the potential for war and anger that is in us.” At one point, the Cardinal seemed to look up from his notes and speak extemporaneously, with more passion than before, I would like to guess that it was here: “If we do not open our heart to Christ for forgiveness, we cannot renew our existence — we are increasingly compromised.”

Communion provided a final illustration as to the sheer number of worshippers. Priests saillied forth into the solid mass of people, and people pressed in from all sides. I counted at least nine, but it wasn’t nearly enough. Priests remained for over an hour after Mass had ended and the Cardinal had departed, distributing the Host to the faithful.

— Matthew Lickona

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My man Patrick will be donning his goggles, taking up his gun, and heading to the field for his first battle. A work colleague has organized a paintball day. "This might just turn into a weekly outing with the guys," Patrick said, "I need to replace my old goggles." Joe Adkins, manager at Velocity Paintball LLC in Bonita (velocitypaintballpark.com, 619-470-3553), is here to help. "Paintball became a full-fledged sport in 1986," he explained. "Before that it was used by the U.S. Forest Service to mark trees from a distance and cattle ranchers to mark cattle from a distance. It made their job a lot easier and that's how it developed."

Where do people play?

"A lot of people go out into canyons," he continued, "though some are off limits, and the city usually marks that. But there is a lot of public land where you can play; you just have to use good common sense. Don't go to a place where there are a lot of people that aren't participating in the sport. But we always suggest going to an affiliated field because you're insured if anything does happen." Velocity Paintball LLC has a field in Ramona.

Is it a warfare game?

"Paintball is like an adult or bigger kids' version of hide-and-go-seek. Most fields play 'capture the flag' or some scenario where there is an objective." For capture the flag, "the objective is to eliminate your opponents, grab their flag, and bring your flag to your flag station. Whoever does that wins."

The field has some rules as well. "You have to have goggles made for paintball. We sell and rent them at our field. You also need a long-sleeved shirt and long pants. We also recommend having shoes with good ankle support. There is a speed limit at our field — 280 feet per second — which all guns have to meet. Before you go on the field, we will make sure you're underneath that speed. Most guns are capable of shooting faster because the manufacturer didn't know what damage it is going to be in. If you are in Denver, the gun will shoot faster than it will down here at sea level, so they make the guns adjustable."

Does getting hit hurt?

"It stings like crazy, but it does go away," Adkins says. "It's like getting tased and whipped; it stings and it hurts but it is not going to kill you, it's just something that you don't want." A lot of the stinging depends on the quality of paintball. "There are different grades of paintball just like the different grades of gas. The more expensive the paintball, the more brittle they are and the easier they break on you so they don't hurt as bad. Good quality paint, when it breaks, absorbs all the impact instead of you absorbing the impact before it breaks. So it breaks almost instantaneously, almost doesn't even sting. The WPN Elizer, about $49 for a case of 2000, is roughly $20 more than a cheaper box, but it's a lot better ball, and it makes the experience a lot better. You don't have to worry about getting a welt."

Adkins says if you buy paintballs from a big-box store, it's been sitting on their shelves for a month or so, and the paint continues to age, getting harder and harder. "A paintball store like us only keeps paint for a week." The shelf life for paintballs is "usually about two to three weeks to a month. It'll shoot after that, but it starts becoming real inaccurate."

Adkins likens paintballs to scented bath beads. "It's the same type of material but a better quality. They are rounder, and the shell is a lot more brittle so that it easily breaks. They come in a variety of fluorescent colors for visibility, so when you hit someone it marks them real well."

We moved on to guns. "Tippmann is one of the big brands recommended at the entry level because it's just so reliable [$69 up to $399]. It's the type of paintball marker that if you don't clean it or maintain it as well as other ones, it still works. Some other lower-end guns, if you don't take care of them, they won't work."

"Proto is a good middle-of-the-road gun, and they also carry some high-end stuff. Dye and Planet Eclipse are the two companies with the top-of-the-line paintball guns." Adkins says middle-of-the-line guns can run from $240 to $740, and high-end stuff starts at $1200 and goes up to about $2000.

For goggles, "JT and Dye have been the leaders in protective goggles, basically full-face, eye, and ear protection. They also make a helmet version, which covers the top of the head, but most people don't like that because it doesn't vent as well. Most people wear a loosely knitted beanie, which usually is enough to not get injured; you can get a headache if you get shot in the head. Decent goggles range from $29 up to around $100."

Cost for playing at the field in Ramona is $20 a day (does not include air or paintballs), $35 if you need to rent equipment. Serop Isagolian, manager at Mr. Paintball USA in Escondido, (mrpaintballusa.com pro shop, 760-737-8870), says most people want to rent first to see if they enjoy the game. At Mr. Paintball USA's field, "$45 includes 1000 paintballs, goggles, gun, entry to the field, supply of air all day, everything you need to play all day." For those wanting to purchase supplies, Isagolian recommends a combo package. "Most companies put out a whole package. They usually include a gun, goggles, and an air tank, everything they need to begin ($150 to $200)."

Mr. Paintball USA has a field near Lake Wohlford in Escondido nicknamed Hidden Valley Paintball Fields (760-751-2931).

1. Dye goggles
2. Players
3. Paintballs

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Neighborly Love

While the spirit of neighborliness was important on the frontier because neighbors were so few, it is even more important now because our neighbors are so many.

— Lady Bird Johnson

I was about ten paces from my car door when I heard someone call my name from behind me in the parking garage. I turned to see a familiar face rushing toward me. "Hey, Barbarella, I’m glad I caught you. Can I steal a minute?" I couldn’t help but glance longingly at my car. I’d been so close. I met the man’s eager gaze and nodded. "The young men in the unit next to mine had a party last night. It was terribly loud, kept me up all night," he said. I raised my brows in encouragement for the man to reach his point. "Well, so I wanted to let you know." "Did you knock on the door and ask them to keep it down?" I asked. "No," he answered. I stared at him, a silent request for clarification. "Isn’t there some rule against parties?" he asked. "No, people can do whatever they want in their own homes, as long as it doesn’t harm or unduly irritate others," I said. "Well, the noise was incredible. It was ridiculous. And who knows how many people they had in there. Isn’t that against the rules?" "Excessive noise is, yes," I said. "Thanks for letting me know. I’ll make sure this is handled in accordance with our rules and regulations." "You’re going to send them a violation, right?" "As I said, I’ll make sure it’s handled according to our rules and regulations.” "Well, if you send the violation notice, just don’t, you know, please don’t let them know who reported them." "Of course," I said. "But if it happens again, you might try going over there. I mean, they may not have realized they were disturbing you." Then, because it only just occurred to me, I said, "Do you know their names?" "Yeah, they’re...well, I can’t seem to think of them, but it’ll come to me. But, anyway, thank you, and I’ll be sure to let you know if there are any more issues with them. I think we might have a few troublemakers on our hands," he said.

This is my third year on the board of my homeowners’ association. When David and I purchased our unit (at the time, no more than a drawing on a napkin), the community concept had not been a deciding factor. Of course, we didn’t want sucky neighbors, but we weren’t looking for a building full of new best buddies either. I prefer a friendly hello in the hallway to a stop-in-the-foyer-and-shoot-the-shit-for-three-hours-when all I wanted to do was collect my mail. Because of my voluntary involvement in our building’s affairs (control freaks have a hand in everything), I know more of the residents than most. Even so, as people move out and others move in, the number of familiar faces is dwindling.

It seems people don’t trust strangers, even if they share a wall with one. If someone encounters dog piss in the elevator, they’re inclined to point the finger at the person furthest from their invite list. "Must be that guy next to me, he has a dog. He never says hello, just the type to leave a mess.” Because we couldn’t possibly imagine that nice Amanda from down the hall and her adorable pup, Buster, as the culprits. "After all, it was only yesterday that she brought me a slice of homemade cake. How could anyone so thoughtful and generous disregard a mess like that?"

Whether it’s local business owners, servers at my favorite restaurants, or other residents in my building, I like to know the people I encounter on a regular basis. I spent most of my youth living in Navy housing — from San Diego to Adak, Alaska, to Newport, Rhode Island, and back. Every door in those neighborhoods was always open, and weekend cul-de-sac barbecues were the norm. If one of the military guys had to take off on leave, everyone on the block was available should the guy’s wife and children need anything. My parents, back in their hometown of Brooklyn, New York, would never have left a door unlocked or allowed their children to walk alone in the city. But the base was like a giant playground — we were set free and not worried about; we could walk a mile to play.
the local market if we wanted because my parents trusted the village to look after us. When issues arose in our corner of suburbia, there was no privatized police force to report them to — neighbors discussed and resolved them face-to-face.

It’s easy to cast aside good-neighborliness in favor of insensitive and bitchy vitriol when hidden behind the guise of “anonymous.” How many incendiary comments on how many hundreds of websites would disappear if full legal names were required for posting?

Along the same lines, I wonder how the delivery of homeowner complaints might be different should residents have to recite them in person to the alleged perpetrators. On the flip side, I’d like to think that if a dog-owner or coffee-spiller had to watch someone else clean up his mess, then he would be less inclined to leave another.

And that the people who force pizza boxes into the trash chute (despite the large signs posted on every floor begging them not to) might instead choose to take a short elevator ride down to the trash room had they seen their flushed, 60-year-old neighbor struggle for an hour to dig out their mess at the other end.

If every person in my building did one thoughtful thing for one neighbor each week, I imagine the complaints I receive would all but disappear. In my ideal urban community, people look out for one another without being all up in each other’s business. I’m not talking maid service or anything, but simple things, like picking up a neighbor’s package that was left in front of the mailboxes and dropping it by his front door, or cleaning up your dog’s piddle so no one inadvertently steps in the puddle while walking into the elevator. True community requires common courtesy combined with neighborly considerations. Then again, there’s a good chance that in the future we’ll all be sitting in our boxes, connected virtually, conducting our lives and errands in online neighborhoods. I wonder how long it will be before someone figures out how to get their avatar to cram a damn pizza box down the virtual trash chute.

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We could end up losing...
HOMES on 20th Street in Sherman Heights that Louise Torio and her husband Steve Veach have restored are examples of how the Mills Act can benefit the owners, their neighborhood, and the city. Available only for designated historic homes, the Mills Act is a contract between the City and the property owner that requires the home’s exterior be preserved in return for a property tax break. The savings can range from 20 to 70 percent.
“When Golden Hill and Sherman Heights were considered ‘bad’ areas to live,” Torio says, “it was the preservationists who moved in, fixed up, and revitalized the community.” Torio and Veach’s residence is the Mary and W.C. Howard House, a 1,110-square-foot Victorian Stick built circa 1885. The house next door is the Crellin Cottage, an 850-square-foot Folk Victorian built in 1887 and originally owned by Lillie and John Crellin.

Torio says that when they were shown the Howard House, in 1994, they arrived early to meet the realtor, only to see police raid the house and arrest a tenant, while roommates came screaming and crying out into the street. Torio and Veach still made an offer, but it was rejected. Six months later the owners reconsidered the offer.

The house was in pretty bad shape. The original wooden double-hung windows had been painted shut and covered with security bars, their glass replaced with Plexiglas. Plugging in appliances came with an electrical shock. The exterior was painted a storybook blue, lavender, and white. The interior, occupied for years by renters, was even worse. Upstairs, the hardwood floors were hidden under beat-up red shag carpeting; downstairs, linoleum had been glued on top. The plaster walls were covered in layers of wallpaper. The placed reeked of dog urine. Torio and Veach began restoring the house: replacing the windows, stripping the paint, then using a historic color palette of amber, gold, green, and brown to slowly bring the exterior to resemble its original appearance. During that time, the elderly owner of the cottage next door offered to sell them her home. They jumped at the chance.

“We didn’t know what we were in for,” Torio says. “The house was so...
packed, the house inspector refused to charge us because he said he couldn’t see enough to evaluate the property. When our neighbor moved out, we had to remove several layers of carpeting, old furniture, room dividers that served as expanded clos-
ets, and the intensely dropped ceiling that caused my husband to [stoop] whenever we went into the house — the woman who lived there was really short.

“We opened up doors that were either nailed shut or covered over. When we actually got to see what we bought, it was really in awful shape. The house was covered with Tex-Cote, the porch had been enclosed, an illegal room and bathroom addition at the back of the house had to be demolished, and then I freaked about how much work had to be done. We applied for the Mills Act right
The tax savings don’t come close to covering the expenses.

restoring the house — you get into it, you see another thing that needs to be fixed, and then another thing. We undertook a total and complete foundation-to-roof restoration, put in eight thousand dollars’ worth of effort, and used local trades people and put that money into the local economy. Nobody gave us a loan. It wasn’t a Mills Act loan; it was a Mills Act incentive.

Nobody Wants to Live in a Museum
Preservationists such as Veach and Torio worry that the City, looking for new sources of revenue, could kill its Mills Act program with recently proposed changes to eligibility requirements.

The reforms, presented by city staffers on January 14 at a meeting of the Historical Resources Board’s Policy Subcommittee, sent a shockwave through the city’s preservationist community, made up of homeowners, realtors, consultants, and craftsmen. While some of the proposed changes are welcomed, such as increasing fees to cover the cost of staff time, the audience questioned whether the City was trying to undermine the program.

The reforms include “imposing a limit on the number of Mills Act contracts awarded each year” and limiting eligibility to houses that are threatened by deterioration or abandonment, that can be used for affordable housing, that are owned by someone who cannot afford to maintain the house, or that are located in areas “where the City is concentrating revitalization efforts.”

As the meeting ended and the room cleared out, attendees predicted that historic homes in San Diego’s oldest neighborhoods — Kensington, Point Loma, North Park, La Jolla, Sherman Heights, Loma Portal, Golden Hill, South Park, Mission Hills, and others — would be torn down for McMansions and cookie-cutter condos. Then two months later, on March 19, the San Diego County Grand Jury released a report titled “History Hysteria: Historical Resources in the City of San Diego.”

The grand jury’s report was also an attack on the criteria used to designate historical buildings and on the number of Mills Act contracts approved every year. It called for an 18-month moratorium on accepting new applications recommended that the city council, rather than the historical board, approve new contracts; and advocated restricting the number of examples of each housing type eligible for a contract. The report asked, “How
many examples of Craftsman houses does the City really need?”

The Mills Act was named after James Mills, a former state senator from San Diego. It was patterned after the California Land Conservation Act of 1965, better known as the Williamson Act. After World War II, as California's cities grew, the property taxes on farmland surrounding the cities skyrocketed, forcing farmers to sell their land to pay the taxes. The Williamson Act provided that if a farmer signed an agreement to continue working his land for the next ten years, the property tax would be based on the income the farm generated.

During the 1970s, when sky-high property taxes were forcing people to sell their houses, Mills worked to come up with a similar state law to protect historic homes. “This was before Proposition 13, which radically limited property taxes,” Mills says in a recent interview. “So at that time, if somebody was living in a historic house or a house that should be preserved, and it was in an area where the property values were increasing — let’s say, close to a downtown area would be a typical area — the property values would go so high that people couldn’t afford to live in the house anymore. They would have to sell it. “The house would be sold and torn down, and something would be built on the site that would produce enough income to pay the property tax. So that’s where the bill came from originally. It said if people were willing to sign agreements that said they were willing to not alter the exterior of the property for ten years, the property tax, the assessed valuation, would be based on the value of the existing structure as an income-producing property. So if a house was in an area where the property values were going through the roof, the house would still be taxed on the basis of its value as an investment to

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produce the rent that could reasonably be expected on the house.”

The agreement is a ten-year contract, automatically renewed each year indefinitely. In the city of San Diego, the contract is granted by the Historical Resources Board, whose 11 members are appointed by the mayor and confirmed by the city council. Both the property owner and the City have the right to cancel the contract, but the property is locked into the contract for ten years following cancelation, and the building’s exterior cannot be altered during that time. According to Gary Kendrick of the Tax Assessor’s Office, if the City were to cancel a contract this year, the property tax benefit would be phased out over the next ten years, at which time the house would be assessed at the Prop 13 value. Because the Mills Act agreement stays with the house and not the owner, it’s one way homeowners can protect their home from being torn down after they die.

The main responsibilities of a homeowner with a Mills Act contract are to preserve the building, following the Secretary of the Interior’s Standards for the Treatment of Historic Properties, created by the U.S. Department of the Interior’s National Park Service. The standards focus on four categories: preservation, rehabilitation, restoration, and reconstruction. The standards apply to the exterior only. Owners can upgrade the interior — remodel the kitchen or bathroom, install modern lighting — to make their home function for their family’s needs.

“Nobody wants to live in a museum,” Louise Torio says. “It’s all about living in a historic house with today’s needs.”

As for How the Tax Break Is Calculated
Kendrick says the Assessor’s Office bases its assessment of a Mills Act house on rents charged for houses in the surrounding area that are of similar size and have comparable attributes.

“It actually is pretty complicated,” Kendrick says, “and we let the computer do it for us. What it does is it values [the property] as if it were an income property. It comes up with an artificially low value. As rents go up, the Mills Act value goes up. If rents go down, the Mills Act value goes down.”

As a simple example, Kendrick says that if a home with a Prop 13 assessed value of $327,000 could be rented for $1500 a month, the reassessed value using the Mills Act
formula might be $137,000. The homeowner’s property taxes would drop from $3270 to $1370, saving 58 percent a year.

In return for receiving the tax break, Kendrick says, the homeowner gives up a number of property rights.

“They’re giving up the right to tear down that house,” he says. “You may have to go to a Mills Act on what they allow you to do with a Mills Act contract.”

San Diego adopted the Mills Act in 1995. The County, Chula Vista, Coronado, Encinitas, Escondido, La Mesa, National City, Oceanside, and San Marcos also issue Mills Act contracts to property owners.

“And if a person that has been granted the Mills Act breaks the contract,” Kendrick says, “there’s a penalty of 12.5 percent of the market value of the property — not the Prop 13 value, not the Mills Act value, but the market value of the property. So we have not had anyone break their contract in the county of San Diego.”

For example, if the owner of the $327,000 home broke the Mills Act contract and the home would fetch $600,000 if sold today, the owner would be fined $75,000.

To be eligible for the Mills Act program in San Diego, a house must first be designated by the Historical Resources Board as historically significant. Currently, the City requires that the property meet at least one of five criteria:

- The property exemplifies a historical, cultural, or engineering development.
- The property is identified with a significant person or event.
- The property embodies distinctive characteristics of construction or craftsmanship.
- The property represents the work of a master builder, designer, or architect.
- The property is designated or is eligible for designation on a federal or state historic register.

Additionally, a clearly defined neighborhood that represents one or more historic architectural styles can be designated as a historical site.

Subsidy for Wealthy Homeowners? Or Economic Engine?

Preservationists believe that the reason the City has proposed limiting the program is because it has been so successful. San Diego has more Mills Act agreements than any other city in the state — 822 out of a statewide total of approximately 2500. Critics label the program a subsidy for wealthy homeowners, bestowed at the expense of the city’s crumbling infrastructure and impoverished schools. Preservationists point out that it’s an expensive and time-consuming process to apply for a Mills Act contract, taking two to three years, and that historic houses create economic multipliers that raise surrounding property values and support a skilled industry — the very things politicians promise to do when running for office.

As the primary election approaches, residents of the city’s historic districts and the industry they support have begun to make Mayor Jerry Sanders aware of their contributions to the local economy.

Immediately following the release of the grand jury report, Sanders repeated his call for Mills Act reforms, but he ignored the report’s recommendations to temporarily end the program. Instead he’s called for a series of public workshops beginning Friday, April 18.

His opponent Steve Francis was quick to respond to the mayor’s announcement, saying he opposes Sanders’s proposal to limit the number of contracts and to change the eligibility requirements, which could potentially halt the program.

“One of the things that they have said is by doing away with this program, it’s going to save over $4 million. It’s really not,” Francis says.

“That’s all the entities —
Preservationists Steve Voach and Louise Torio worry that the city could kill its Mills Act program.

According to the figures that the Tax Assessor's Office provided to the grand jury, the City loses $607,571 annually in property taxes due to the Mills Act.

Representatives for Sanders's campaign did not comment.

Given the City's long list of problems, Francis says he doubts that the Mills Act will be a campaign issue.

Ron May, president of Legacy 106, says the candidates' positions on this issue will influence how historic homeowners vote. Legacy 106 specializes in restoration projects and environmental services that include historic research, archaeology, and land-use issues.

"The mayor might be paying the price at the next election," May says, "if 800 families suddenly lose their Mills Act contracts. It's something Sanders should be considering before the election and probably why he didn't terminate the program."

Realtor Elizabeth Courtier, who specializes in historic properties, says that while the tax break is an incentive, homeowners will tell you that the savings isn't their motivation for preserving San Diego's pre–World War II housing stock. Besides, she says, the tax savings don't come close to covering the expenses of restoring and maintaining a 100-year-old house.

Courtier owns Page Manor, a prairie-style home in Point Loma built by Walter Keller in 1904. Walter Page, the original owner, was connected to the Theosophical Institute, located in the wooded area that is now Point Loma Nazarene University.

The main motivation to preserve a building, Courtier says, is a love of architecture, of history, and of living in a community that has character.

Courtier says critics of the Mills Act program generally fail to realize that before the Historical Resources Board will even consider giving a house historic designation, the majority of the applicants spend tens of thousands of dollars, if not hundreds of thousands, hiring craftsmen, master carpenters, and specialists to strip layers of paint and stucco, restore roofs, and replace modern window frames with vintage-style wooden ones.

The work, along with the home's history, must be documented in a designation report for the City. A property owner with free time could prepare the report himself, but many choose to hire a consultant, such as Ron May, at a cost of around $3000.

"The [historical designation] system was based on the way things were done in 1965, and it holds a really high standard of how pristine a building is in relation to how it was built originally," May says. "It's a very high standard for an individual house. You have to produce old photographs or have an expert crawl around the building and determine whether the stucco, wood covering, or win-

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the state, the county, and all municipalities. In San Diego, you're only talking about $600,000. I don't believe that we should be changing these laws to make it more difficult to preserve our heritage for $600,000.”

According to the figures that the Tax Assessor’s Office provided to the grand jury, the City loses $607,571 annually in property taxes due to the Mills Act.
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To qualify, you must be at least 18 years of age, medically diagnosed with genital herpes, and be in good general health.

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- Compensation for time and travel

For more information, call: 619-521-2841

Medical Center for Clinical Research

Trapped by Cocaine?
Or any other mind-altering substance?

Cocaine Anonymous can help!
Call the San Diego help line today.
We’re here and we’re FREE!
Toll-free: 866-242-2248 or visit our website www.CASanDiego.org

Is Diabetes a Part of Your Life?

Learning to live with this chronic disease is not easy. Even with proper diet, plenty of exercise and regular medication, keeping your blood sugar under control can still be challenging.

If you have Type 2 Diabetes, you may be eligible for a research study of an investigational oral medication.

You may qualify for this study if you:
- Are age 18 years or older
- Recently diagnosed with Type 2 Diabetes
- Currently not taking any oral diabetes medication or insulin
- Have been told your blood sugar is too high

If you qualify, you will receive study-related care and study medication at no charge.

To learn more about this study, please call Ritchken & First M.D.‘s Donna Perez at: 858-292-0108 x207

Stiegler says that labeling the Mills Act as a property tax break for the wealthy is misleading.

“It is really a tax break for reinvestment for the community, acknowledging that older homes cost more to maintain and to maintain correctly,” Stiegler says. “You can’t just go down to Home Depot and find the part you need. You can’t just call any handyman, because they all don’t know how to reset a historic sash window so your windows will function properly. You have to hire craftsmen who cost more to work on it properly.”

Stiegler served on the Historical Resources Board the maximum term of eight years, under three mayors. She was on the board in 1995, when the city approved the Mills Act. She and other board members had lobbied the council to adopt it, having grown concerned that some of San Diego’s earliest remaining homes were falling into disrepair or being bought by speculators, who had no qualms about demolishing them and building 10,000-square-foot houses in neighborhoods filled with small bungalows.

Before the Mills Act, she says, there was no economic benefit to the homeowner for saving a house, while there were numerous state and federal incentives for saving commercial buildings.

She points to the new Courtyard by Marriott hotel, formerly the old San Diego Trust and Savings Bank in the Gaslamp Quarter.

“They were taking an office building and converting it into a hotel,” she says.

“There are lots of cost-saving measures and adoptive code-compliance issues that they can use the state Historic Building Code for. But a single-family home staying as a single-family home, there was no benefit.”

Although even James Mills questions San Diego’s eligibility requirements, saying, “They are now approving buildings that are not as old as I am; that doesn’t really quite seem what we had in mind,” Stiegler has a simple explanation for why San Diego has so many Mills
Fed up with Heartburn?

If this happens more than 3 times a week…

Learn more about a clinical research study for GERD (Gastroesophageal Reflux Disease). Frequent heartburn may be a sign of this more serious condition.

Qualified participants will receive study-related medication and exams by a specialist at no cost. Participants may also be compensated for time and travel.

To learn more, call:
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Are you living in the shadow of bipolar depression?

We’re working to bring future treatment options to light.

As a person with bipolar I, you know what it’s like to live with the darkness of depression. So you may want to know about this clinical research study examining an investigational drug for bipolar depression compared to a placebo, an inactive substance, when used in combination with a mood stabilizer.

- You are at least 18 years old
- You have a history of at least one bipolar manic or mixed episode
- You have been diagnosed with bipolar I and are currently experiencing a depressive episode

Participation may last up to 12 weeks, and includes study-related care and monitoring from specialists in bipolar I, access to a mood stabilizer, and potential access to investigational medication, all at no cost.

If you are interested in learning more about this study, please contact:
(619) 688-6565
See our website: www.ari-inc.com

Alzheimer’s Disease
FEELING HOPELESS? A new investigational medication is available as part of a research study.

Are you or someone you love:

- Suffering from mild to moderate Alzheimer’s Disease?
- Between 55 and 90 years of age? • In overall good health? • Not living in a nursing home?

Affiliated Research Institute is conducting a research study on Alzheimer’s Disease.

Qualified participants will receive at no cost:

- Study medication
- Medical evaluation by a board-certified medical doctor
- Laboratory tests
- Supervised care by medical professionals as it relates to the study
- Compensation for time and travel
- Health insurance is not required

If you are interested in learning more about this study, please contact:
(619) 688-6565
See our website: www.ari-inc.com

Do you constantly worry? Every day?

Do you:

- Feel nervous, tense or “on edge” most of the time?
- Have trouble sitting still or find it impossible to simply relax?
- Between 18 and 65 years of age? • In overall good health?

If you answered yes to all of these questions, you may be eligible for our investigational drug research study. If you qualify and choose to participate, you will receive physician consultations, study-related medical examinations, laboratory evaluations and follow-up visits at no charge and you may receive study medication.

Health insurance is not required and compensation for time and travel is provided.

If you are interested in learning more about this study, please contact:
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See our website: www.ari-inc.com

Is your current Schizophrenia medication not working?

Are you or someone you love:

- Currently taking one of the following: Seroquel, Zyprexa or Risperdal for the treatment of Schizophrenia?
- Currently smoking at least 10 cigarettes per day?
- Between 18 and 55 years of age? • In overall good health? • Between 18 and 55 years of age? • Not living in a nursing home?

If you answered yes to all of these questions, you may be eligible for our investigational drug research study. If you qualify and choose to participate, you will receive physician consultations, study-related medical examinations, laboratory evaluations and follow-up visits at no charge. You may receive study medication to be used in addition to the Schizophrenia medication you are currently taking. Health insurance is not required and compensation for time and travel is provided.

If you are interested in learning more about this study, please contact:
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Sadness? Low energy? Trouble sleeping? Can’t concentrate?
These are symptoms of Depression!

Are you:

- Between the ages of 18 and 70?
- In overall good health?
- Currently experiencing these symptoms?

If you answered yes to all of these questions, you may be eligible for our investigational drug research study. If you qualify and choose to participate, you will receive study medication, physician consultations, study-related medical examinations, laboratory evaluations and follow-up visits at no charge. Health insurance is not required and compensation for time and travel is provided.

If you are interested in learning more about this study, please contact:
(619) 688-6565
See our website: www.ari-inc.com
Do you feel rested when you woke up? If not, you may qualify to participate in a research study for adults who experience problems sleeping throughout the night.

**Qualified Participants Must Be:**
- Between 18 and 65 years of age

**Qualified Participants Will Receive:**
- All study-related care, exams and study drug at no charge
- Compensation for time and effort

Tourists spend time in neighborhoods like Mission Hills, Hillcrest, North Park.

Andrew Narwold, a professor of economics at the University of San Diego, has studied the economic benefit to the City of restoring and maintaining historic homes.

“A homeowner spending an additional $1000 a year on maintenance, well, that supports the contractor, and the contractor spends it on other things, and that works its way through the economy,” Narwold says. The type of study Narwold and his coauthors did is known as an impact analysis. “You see that with sports teams all the time, such as how much is the Super Bowl worth, those kinds of studies. We did the same kind of thing trying to trace out the effect of

Got Migraines??

Is Fioricet or Fiorinal . . . Not Enough??
Do You Have Type 2 Diabetes and are Not Using Insulin?

Volunteers are needed for a research study of an investigational medication conducted by Profil Institute for Clinical Research.

To qualify, you must be:
- 18-65 years of age
- Managing your Type 2 Diabetes with only diet and exercise, or metformin.
- (If female) post-menopausal or surgically sterile.

You may be compensated up to $3,675 for time and travel. This study may be up to nine weeks, and some overnight stays are required.

For more information, call 619-409-1244.

Profil Institute for Clinical Research

Type 1 Diabetes: How Does It Affect You?

You may have the opportunity to change the way it affects others.

Profil Institute for Clinical Research invites you to participate in a research study involving an investigational insulin for people with Type 1 Diabetes.

You may be compensated up to $2,750.00 for your time and travel. Four overnights are required.

Participants must be:
- Between 18 and 55 years old
- Diagnosed with Type 1 Diabetes for 1 year
- Otherwise healthy

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“Thank You”

Generations of men and women have helped in the development of new treatments for Alzheimer's, Parkinson's, diabetes and arthritis...
...and you could help too.
Covance needs healthy men and women to take part in a clinical research study.

To qualify you must be:
- A healthy male or female age 18 or older
- Able to take part in an outpatient study – no overnight stays required

Participants will receive all study-related exams and investigational medication at no cost and will receive compensation up to $1,000 for time and participation.

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Please reference study 6962-178

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To qualify, you must be:
- 18-65 years of age
- Managing your Type 2 Diabetes with only diet and exercise, or metformin.
- (If female) post-menopausal or surgically sterile.

You may be compensated up to $3,675 for time and travel. This study may be up to nine weeks, and some overnight stays are required.

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or visit: TestWithTheBest.com today.

Please reference study 6962-178

Covance
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San Diego, CA
Jonathan Sandy and associate professor of real estate Charles Tu, the study looked at home sales between January 1, 2000, and December 31, 2006, in the 92103 and 92104 zip codes, which include Mission Hills, Hillcrest, and North Park. Of approximately 2000 sales during the period, 25 homes had Mills Act contracts. “Using a statistical technique,” Narwold says, “we were able to differentiate the value placed on those homes — comparing square footage of the lot size, square footage of the home, number of bedrooms, number of bathrooms — we were able to find that those homes that were historically designated sold for about 16 percent more than those that weren’t.” Narwold was surprised by the increased sales price. Usually property restrictions and loss of property rights reduce property values. “So there’s something else going on that says people really value these houses over and above just the simple tax benefit that they get from it,” he says. “But the City does lose some revenue on those particular houses that are designated.”

According to Narwold, however, the increased value of surrounding properties more than makes up for the loss. He refers to this as the halo effect. “Having a historic house with a plaque tends to increase the property value of those houses around it,” he says. The loss of property tax on a house with a Mills Act contract “could very easily be picked up by the 10 or 20 houses around it.”

**Historic Neighborhoods Draw Tourists**

Bruce Coons, executive director of Save Our Heritage Organisation (SOHO), says the biggest economic benefit the City overlooks when it considers changes that could effectively end the Mills Act program is the positive effect the act has on the tourism industry. “About three years ago, the Travel Industry Association of America did a study of American travelers. It said 81 percent of Americans traveling that year visited cultural and historic sites throughout the country. It’s a huge number,” Coons says. “They stayed longer, spent more money than previous types of categories of tourist.”

“Then the Los Angeles convention and visitors bureau said, ’Hmmm, that’s interesting. Let’s see what that means for Southern California.’”

Coons says L.A.’s convention bureau came up with the same figure: 81 percent of tourists traveling to San Diego and L.A. were visiting the cities’ historic and cultural sites. “So they asked, ‘What are they looking at?’ because we don’t have Williamsburg, Plymouth, or Jamestown, and it turned out it was the neighborhoods. They were spending time in neighborhoods like Mission Hills, Hillcrest, North Park. They just wanted to experience an area that had charm and was different from where they came from. They were spending time in the shops and enjoying

---

**RESEARCH STUDIES**

### Do you suffer from Osteoarthritis of the hip?

Are you currently taking medications for pain relief? If you are 40 years old or older and are generally in good health, you may be eligible to participate in a clinical trial evaluating an investigational oral medication.

**For further information, please call: 619-229-3909**

San Diego Sports Medicine and Family Health Center
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San Diego, CA 92120

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### Attn: Heavy Drinkers

Researchers at The Scripps Research Institute are working to develop new treatments for people with alcohol problems.

Is your current alcohol use causing problems with your family, your work, your life? If you want to stop drinking, The Pearson Center for Alcoholism and Addiction Research is conducting a clinical trial to help you reach that goal.

Qualified participants receive lab tests, medication or placebo, individual counseling and compensation for travel. All information is confidential.

Call: 858-784-7867 (STOP)  
Or visit: www.pearsoncenter.org

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### Always worrying? Anxious? Panic attacks?

You may qualify for free psychological treatment.

Researchers in the Department of Psychiatry at UCSD are conducting a brain imaging study that provides free psychological treatment to individuals experiencing excessive worry or panic attacks. Compensation is provided. You must be between the ages of 18-55, a nonsmoker, and not currently taking psychiatric medication. Other eligibility criteria apply. Please call 858-534-6445 for more information and to see if you qualify.
being in a different locale that had a historic ambience.

"They were going to the Gaslamp and Old Town too, the mission and other places, but the majority of the activity was the experience of being in a place different from where they came from but had a historic ambience and a character of its own," he says. "It’s more wide-ranging than what people thought. It was rather shocking to our convention bureau. Cultural and heritage tourism is one of the biggest things out there. Just the benefit of preserving these houses and having an incentive to preserve these houses contributes vastly to the economy more than anything else except for biotech."

City’s Proposed Rule Change “Makes Zero Sense”

While many preservationists welcome some of the changes the City has proposed, such as increasing fees to cover the cost of city staff, tailoring contracts so specific work is done in a timely fashion, and setting up an inspection program, the change in eligibility requirements has them worried. The City is proposing that to be eligible a house must be abandoned or deteriorating, be used for affordable housing, be owned by someone who cannot afford the maintenance costs, or be located in a revitalization area.

“The blighted areas are in a catch-22,” Legacy 106's Ron May says. "They’re blighted, and by definition the buildings don’t have any integrity. They’re destroyed and damaged to the point where they would never qualify for landmarking. It’s like gerrymandering the application of the rule to make sure that nobody would qualify.”

Courtier believes the mayor doesn’t understand the consequences of changing the program.

“First off, if it’s in that poor of repair, the people who live there more than likely do not have the financial resources to [restore the building],” she says. “So if someone is going to purchase it, they’re looking at a significant amount of money they’re going to need to put into it. But it can’t be designated in its current state — by definition, if it’s deteriorated or almost abandoned, then it [can’t] be designated. You would have to find a buyer that has so much money and really wants to be altruistic, put all of this money into it, work with the City — which is not an easy or comfortable process — to eventually get some kind of tax benefit for it. I can tell you right now, they’re going to demolish it. It’s economics.”

Tying designation to affordable housing can’t work either. Courtier says, “I don’t see how that dovetails into single-family residences or how they’re designated. Is that only if it’s an apartment? How is this supposed to create affordable housing? Let’s say it’s a multi-family housing unit, like an apartment building. They’re going to go in, put all this money into it, and do it for affordable housing? They can’t afford to. This makes zero sense. Again, people

Heavy drinkers not seeking treatment

Investigators at The Scripps Research Institute are currently seeking volunteers who consider themselves to be heavy drinkers and do not have any desire to stop drinking. The purpose of the research is to learn the most effective way of studying predictors of relapse or a return to drinking.

Earn compensation for completing 4 study visits that take place over 3 weeks.

This study does involve taking a medication or placebo for one week.

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Center for Understanding and Treating Anxiety
6386 Alvarado Court, Suite 301, San Diego

Recently Deployed?

Guilty about events during deployment?
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Sleep difficulties or bad dreams?
Avoidance of deployment memories?

Confidential help is available. You may be eligible to Receive Free Treatment with computerized therapy as part of a research program.

No medications!
Call: 619-229-3740 or email: SDSUCUTA@hotmail.com http://nas.psy.sdsu.edu

Center for Understanding and Treating Anxiety
6386 Alvarado Court, Suite 301, San Diego
who don’t have the money don’t have the money. Saving $2500 on their taxes is not enough for them to go and do the work that needs to be done to have it designated in the first place.”

Is the Building Industry Association Driving This?
The grand jury’s recently released report, on the face of it, seemed to have exposed a law that allows the owner of an old house to write a report, present it to the historical board, and receive a fat tax break at the expense of schoolkids and firemen. But members of the preservationist community see many flaws in the report, the most glaring being that the grand jury’s only interviews were with officials with the Tax Assessor’s Office, members of the Historical Resources Board, and the board’s staffers at the City’s planning department.

“They have no expertise, and they didn’t talk to anyone with any expertise to help them understand what they were dealing with,” Bruce Coons, of Save Our Heritage Organisation, says.

“Usually a grand jury tries to talk to everybody involved to get an idea of what the issues are. Of course, I’m not sure the subject is even appropriate for a grand jury at all, due to their lack of expertise. Some of the report is absolutely hilarious — they talk about paint colors. Those aren’t even regulated by the City of San Diego for historic resources.”

Coons isn’t sure what motivated the grand jury to conduct a one-sided look at the Mills Act, but he says developers would love to see the Mills Act weakened or even eliminated.

“One of the things in the background that’s really driving this is the Building Industry Association,” Coons says.

“They’ve been so upset about all the designations and people trying to preserve their houses and neighborhoods. They go ballistic if we mention community character, and they’ve said, I quote, ‘If we can’t scrape these neighborhoods — Mission Hills, North Park, Hillcrest — then we’re out of business.’”

Ron May, of Legacy 106, voices several concerns.

“First of all, the title of this thing is very unprofessional — ‘History Hysteria,’” May says. “Why would a professional person on the grand jury write that as an objective government
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document? Secondly, for a thorough, in-depth grand jury investigation, to just go to the Tax Assessor’s Office and then go to the historical board staff, it seems very inappropriate.”

May says the report misleads the public into thinking that the historical board rubber-stamps every Mills Act application.

“They don’t understand that they spend two hours reading the report and looking at every piece of evidence that we’ve laid out — the sewer permits, the newspaper clippings, the photographs — all the evidence needed to argue why this building is historically significant.”

The reason a high proportion of applications are approved, May says, is because only the best applicants make it through the rigorous process.

“We get lots of people who come to us, and we hire on to go look at their house and make an assessment,” May says. “We tell them, this house is not going to landmark because it has the following problems. It just doesn’t meet an architectural style, or maybe they slapped two buildings together. Those types of houses never even make it. They go through the gauntlet. By the time they get on the agenda at the historical board, those are the better houses. The [planning department] staff will look at the nominations that homeowners bring in, and they’ll make that decision too. They say, ‘There’s just too many problems with this house. We won’t even put it on the agenda.’” Again, the grand jury
report doesn’t reflect an understanding of the process we all go through.”

We Could End Up Looking Like Phoenix
Under the strong mayor form of government, Mayor Sanders controls both the planning department and the Historical Resources Board. May, Stiegler, Torio, Coons, and Courtier say they hope Sanders understands how the proposed changes could affect San Diego’s oldest communities.

They say they appreciate the pressure to come up with money for city coffers but that changes being proposed would cost the City more than it would save.

“I would like to correct the mayor’s impression of what is truly lost in taxes. I believe that’s been seriously misstated,” Stiegler says. “I think there are some weaknesses in the program, such as the City not properly monitoring the projects that it has put under the Mills Act. It’s not the homeowners’ fault. That’s the City’s fault, and the City should have a program in place to monitor that these buildings are maintained. If that needs to happen with an increase of fees for requesting a Mills Act contract or an annual fee for review of the site, I think that’s appropriate, as long as it’s a reasonable amount.”

Courtier believes the mayor doesn’t understand the consequences of changing the City’s Mills Act program.

“I voted for Mayor Sanders,” she says. “I’d like to believe that he’s just being advised incorrectly. He’s not an expert at this, but he really doesn’t realize the ramifications of [the proposed changes]. Whoever is dreaming this up, I’d like to be positive and think they just don’t understand the ramifications of what they’re saying.”

May says the proposed changes to the Mills Act are just one threat to preserving San Diego’s history. For instance, he says, illegal demolitions occur around the city, and the Developmental Services Department ignores the problem.

“I think they would destroy the buildings and put tombstones up where they used to be,” he says. “I don’t think monuments tell stories about where people live.”

Coons paints a vivid picture of San Diego without the Mills Act.

“Without it, we could end up looking like Phoenix or L.A.”

— Larry Harmon
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A friend of mine saw a guy walking two dogs downtown. He had the biggest arms she had ever seen. The guy is Paul-Jean Guillaume: Mr. Universe in 1987. The same year, he competed in the Mr. Olympia contest in Sweden. I called him to ask if we could talk about weight lifting and fitness.

It surprised me that he wanted to meet at Extraordinary Desserts. I think of this guy eating raw eggs, like Rocky.

I sit down and wait, and when he walks in, I recognize him immediately. In a room full of pot bellies, it’s not hard spotting a guy covered in muscle.

As he sits down I say, “What can you possibly eat here?” He laughs and says, “I’ve actually had these stomach pains. My doctor told me it’s a virus and that I should eat less lettuce.”

“I wish my doctor would say that,” I tell the waitress I’d like a turkey panini.

Guillaume orders only tuna on a plate with some bread sticks. The waitress, used to taking dessert orders, has a look on her face, as if she smells bad fish. She tells him she isn’t sure how they’ll prepare the tuna, and he says he’d ordered it raw here before. They’ll know it’s for him.

When she comes back, she’s excited. Earlier, when she’d spotted my notepad, camera, and pen, she’d told me she was also a writer; now she tells Guillaume that they have something in common too. I say, “I’ll bet $50 he can beat you arm wrestling.” She ignores me and says to Guillaume, “We’re both title holders. I’m a Miss La Mesa.”

After she leaves, I ask about his diet.

“I’m strict about every food I put in my body, even vitamins. I don’t take any type of vitamins, because you don’t know what’s in there.”

Cutting to the chase, I say, “What about steroids?”

“I’m sure that has been asked.”

“Why would I want to damage my liver and the rest of my body? People always think weight lifters take those things, or supplements. A lot of my build is genetics. My dad had huge shoulders. My mom had really muscular legs. When I did judo at nine years of age, I could do more push-ups than anyone. Eventually, I started weight lifting. I sometimes say my body is like a work of art. But at every competition, people have

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accused me of steroids. I would let them test me, even though it wasn’t required. I never once failed. Other times, lifters will accuse me. I throw my keys to them. I tell them to look at my hotel room, or my house. They actually have. In Nice, France, they went up to my room and looked through everything. They saw my hot plate, the chicken, turkey, rice. You see, I can’t eat in restaurants and tell them, ‘No butter, no salt.’ I can’t take the chance. And in a few days, they’re eating the same things and have bought a hot plate.”

Does it bother you that Arnold Schwarzenegger admitted taking steroids? And that Barry Bonds broke a record in baseball having taken illegal supplements? “I don’t say that about Bonds. You don’t know for sure. And those are the types of accusations that I’ve always had against me. In weightlifting competitions, after I proved I didn’t take steroids, I had to deal with politics. I thought I should’ve won Mr. America one year. I overheard a judge say I don’t have to work hard. I work out in the morning and at night. And I do it year round. Other lifters look flabby when they aren’t competing. They might have to work harder before a competition. They are surprised by me. But I enjoy it. It’s healthy. Arnold took this stuff, and who knows what kind of damage he did to his body in the long run.”

Do weight lifters get injuries that other athletes do? “You can have back problems if you don’t lift properly. But that can happen if you just bend over to pick up a newspaper, because you’re using half of your body weight wrong. Doing a lot of reps causes wear and tear on your joints.”

I saw a child on the news a few years back, covered in muscles. Is that safe? Or does that stunt his growth? “It won’t stunt his growth. That’s a myth. But having any child lift weights is crazy. Again, it’s bad for the joints. The best thing kids can do is use their own body weight: sit-ups, push-ups, pull-ups.”

I had looked into Guillame’s weight-lifting competitions and saw that in the ’80s, he won a number of them, starting with Teen Mr. America in 1980. Since he has a thick accent, I ask him about being American. He says he’s originally from Haiti. When I ask if he ever goes home, he tells me it’s too dangerous there. “I’ve been in San Diego since 1989. I had a brother that lived here. I also lived in Germany and spent time in Chicago.”

Guillaume was in Mr. Olympia, a competition started in 1965 for the winners of Mr. Universe in order to help the sport of bodybuilding grow. The founders also hoped they could earn the kind of money that other pro athletes got. Schwarzenegger won six titles; the movie Pumping Iron covered one of the events. I ask Guillaume if he has any Arnold stories. He laughs and says, “Yeah, but I can’t say. Too many people like him.” I prod and he tells me, “When I lived in Venice Beach, we worked out together for about eight months.”

When he adds nothing more to the story, I ask if he gets bugged while he’s lifting from people that want advice. He says, “Oh, yeah. I’ll talk to them between my reps. Sometimes they’ll comment that they tried my workout after watching me and that
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It was too hard.”

But you train people for a living. Does it bother you that they want the advice for free?

“No. I’ll talk to them. I don’t mind. Sometimes, what’s frustrating… I was training this rich guy in Chicago. Driving up, it looked like the White House. A huge fountain in the front yard. He asked me if I wanted to see his two Rolls-Royces. And then, he was trying to negotiate the price for training. He was a little cheap. And other people that don’t have much money, they don’t do that. They just pay me without complaining.”

Our food arrives. And I’ve never felt so guilty for what I’ve ordered. I think maybe I’ll only eat half my panini. Not only does Guillame’s tuna fish look gross, but it’s such a small amount on a small plate. He picks up a bread stick, and I can see the veins in his hands bulging, as if it’s a 50-pound dumbbell he’s lifting. He scoops some tuna onto the bread and puts it in his mouth.

He says, “You work out, right?” I laugh so loud, the entire restaurant looks over. I’m definitely not taking my leather jacket off. I tell him that other than daily racquetball games, and the occasional basketball, I don’t touch weights. He tells me that cardio is important, but so is weight training.

“Mustard is dripping off the sides of my mouth. As I wipe it away, I change the subject from my eating habits and ask, “When you walk down the street, do people cross to the other side? Or do they comment on your build?”

“When I used to roller-skate at Venice Beach, everyone would comment on me doing steroids. I hated it. They are just assuming that. I hear everyone say that when I walk by.”

Do you go up and explain that you don’t?

“No. I just ignore it. If I confronted them, then they’d say I had ‘roid rage. I can’t win.”

I mentioned that I’d seen a workout DVD he sold online.

“That was only supposed to be sold in Europe. A friend in Switzerland did it. Then a company in London started selling it on the
Internet. I’m not making a dime off that video. I’ve had a lot of opportunities to make money that I didn’t pursue. I’ve had companies asking me to advertise their supplements and products. I turned them down since I don’t use the products. They didn’t even care. They still wanted me to.

What about the products we see on TV, like Suzanne Somers and her ThighMaster? Or the weight machines Chuck Norris advertises on infomercials? I call those things ‘dust collectors.’ If you get one, that’s what it will do at your house. When you see a muscular person lifting on those, I guarantee you, they got that way by working out in the gym. That’s the best thing you can do. You are more motivated by other people being around. It pushes you, to see others working hard.

But those aren’t accurate. What if you are nervous?”

“I wanted to ask some people at fitness places about the things I discussed with Guillaume, so I go to Bally’s on Mira Mesa Boulevard. I see they are going out of business next month and can’t talk without permission from the main offices. I drive over to the 24-Hour Fitness on Miramar Road and talk to Jason Felix, who I’m told is one of the top trainers there.

He tells me he’s been with 24-Hour Fitness for ten years. When I tell him about my conversation with Guillaume, he says, “That guy has to be on steroids. Anyone covered in muscles like that usually is. I’ve been in this game too long. I’ve seen...”

“THAT GUY HAS TO BE ON STEROIDS. ANYONE COVERED IN MUSCLES LIKE THAT USUALLY IS.”

And you can also work on cardio there, which is important.”

When you compete, what is involved before a competition?

“You shave your body, lie out in the sun, practice posing, and pick a song the crowd will like. The wrong song will put them to sleep.”

How often do you work out? And what is the best way for people to work out?

“I work out six days a week. I enjoy it. I run a lot, too. People shouldn’t just focus on their arms, or their legs, but all the muscles. Add cardio with the lifting. And people should work out for themselves.”

Should people wait between days of lifting?

“Each muscle should be worked out every 48 hours. I especially like working on my legs. I’m always amazed when I see someone run really fast.”

What was your worst injury?

“I’ve hurt my back before. The worst was my first time using a T-bar. You roll the weight down using your wrists. I did 15, and when I tried to do 2 more…that’s when it snapped and I got injured.”

“Can you tell by looking at someone if they take steroids?”

“No, you can’t. The only way to tell is testing the hair or urine. I would always let them test me. Some people mention lie-detector tests. But those aren’t accurate.”

“I’ve hurt my back before. The worst was my first time using a T-bar. You roll the weight down using your wrists. I did 15, and when I tried to do 2 more…that’s when it snapped and I got injured.”
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Bird Talk

When she walks along Pacific Beach in the warm evenings of summer, Renee Lowe turns heads. The 38-year-old has long brown hair and the good looks that once made her a teen model, but it is neither her face nor her slim figure in shorts that causes the stir and draws the crowd; it is her Pumpkin Cheeks—a three-year-old cockatiel. Perched on her shoulder, he preens and warbles and clearly enjoys the attention.

“He is not camera-shy at all,” she tells people as they angle their cameras. “He loves having his picture taken.” Renee has the pitch-perfect California voice: light and breezy, with just a trace of flatness, which is the birthright of native Californians, the gift of Dustbowl Midwesterners whose spare inflection, like the mean brown dirt that swept them here, held nothing grand enough to voice the massive vision of blue ocean and oranges that grew as big as a fist, or to describe the rich, loamy soil that begged planting. When Renee takes calls for the law firm she works for, her voice assures callers they will be taken care of. But for the moment no one is listening to her; they’re gazing at the bird nipping at her lower lip. Pumpkin Cheeks’s fans know to find him on his own website, where he is shown posing on a hot pink toy Corvette. With his white body and yellow head, blue-gray eyes, and bright orange cheeks (from which he gets his name), he’s a knockout. And like all those with an adoring public, his is no longer his own. “If it’s too chilly, and my boyfriend and I have left him at home, people who’ve seen us together come up and ask if he’s okay, if everything is all right.”

Renee Lowe lives alone with her bird.

“* * * Invitations had gone out and the RSVPs were coming in. There was a final fitting for the wedding dress, which had not been hemmed yet. The cake was ordered, the minister scheduled, and reservations made at Saint Mark’s Lutheran Church. The pale-blue bridesmaids’ dresses were due to be picked up. Everything was in place. Then, two weeks before the ceremony, Renee and her parents canceled the wedding. Later, Renee and John, her fiancé, eloped. The date, September 21, 1979, was three weeks after the scheduled wedding date. And exactly 20 years later, “He told me how his father would be outside all day, crying and begging to see his kids.”

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perhaps because of the anniversary date, Renee found herself talking about how her life turned out. She was not, however, willing to tell me John’s full name. “Let’s just call him ‘John-who-is-no-more,’” she said. He was in the Navy. They met during her last year at Glen A. Wilson High School. He told Renee how his parents were divorced when he was two, how whenever his father came over to spend time with them, to take them out, his mother locked all the kids in the back room and refused to let her ex-husband see them. “He told me how his father would be outside all day, crying and begging to see his kids.”

John grew up hating not just his mother who, suggested Renee, was a dominating, controlling woman; he held a rage against all women. (Renee’s parents had a sense of the young sailor’s disturbed feelings. This is why they convinced her to cancel the wedding.)

“But he talked to me and said we should elope. I was 18 and everything was legal.” He hit her that first night. She did not want to talk about it.

“We were in bed together and I said something, I’d rather leave it there.” “Didn’t you have a clue?” “Not one. Not one clue. It just happened.”

In 20 years, the climate surrounding spousal abuse has changed radically. In the late 1970s, Renee had nowhere to turn — no halfway houses or shelters for battered women. She called the police, who did nothing, she says.

“He kept me a prisoner. I couldn’t go anywhere. If I went out with my friends or saw my family, he’d interrogate me. If he caught me speaking with a man, I knew I was in trouble.”

She lived in constant dread. Anything, she quickly learned, might set him off. He’d beat her and then carry her, unconscious, into the bedroom where he’d continue.

“Afterwards he’d cry and tell me he was sorry and beg me to forgive him. He always promised he wouldn’t do it again.”

Renee wore sunglasses to hide her black eyes, and she stayed away from her family and friends when her bruises showed. Beaten when she was pregnant, she suffered two miscarriages and today does not think she can have children. This went on for a year and a half. “I knew he was going to kill me.”

Then her mother called and, according to Renee, deduced what had been happening.

“She told me she’d never say they’d told her, ‘Well, then, come and get me.’”

That next morning she was on a plane to Idaho, where she stayed for six months.

Later, Renee moved to Arizona, where she remained for three years.

“* * * As a child, Renee dreamed of working with wild animals, tigers and lions. She grew up with two older brothers in a Los Angeles community called Hacienda Heights. They had dogs and cats, but no birds. One hot day in 1997, she and her boyfriend, Jeff Nixon, an electronics technician from Motorola, were strolling through the Adams Avenue Street Fair. When Nixon saw a bird store and suggested they step inside, Renee was grateful just because she figured it would be cooler inside.

Nixon grew up with Amazon parrots, Tulkans, black minah birds, and cockatoos. As they entered the shop, he loved the racket and the beat of wings from the cages.

Renee did not know what to make of the musty air ravaged with twittering, squawks, and ear-piercing screeches. A brightly colored Lutino cockatiel with orange cheeks flew from his perch to the cage door as they approached. Later she said it was as if he were expecting them. Jeff bought her the cockatiel as gift, and they took it back to his apartment. Renee let the bird perch on her finger. Then she watched and watched… “Is this all I do?” she asked. “My finger’s getting...
tired.”

Jeff suggested that she try running her finger down his feathers. She did; the rest was, as they say, history. “When he’s in his tent, he starts singing and whistling just to say hello to someone.” Renee and Jeff have built the bird a little tent, which he stays in when they go to the beach.

“Today the pair nuzzle happily together. Pumpkin Cheeks likes to nibble Renee’s lips and rub his head along her chin. But it is not just Renee. Pumpkin Cheeks approaches everyone. “We’ll be at the bay, and I’ll set him down, and he’ll run 30 feet to say hello to someone.” Renee and Jeff have built the bird a little tent, which he stays in when they go to the beach.

“Today the pair nuzzle happily together. Pumpkin Cheeks likes to nibble Renee’s lips and rub his head along her chin. But it is not just Renee. Pumpkin Cheeks approaches everyone. “We’ll be at the bay, and I’ll set him down, and he’ll run 30 feet to say hello to someone.” Renee and Jeff have built the bird a little tent, which he stays in when they go to the beach.

Pumpkin Cheeks not only whistles, but he meows and barks.

Cheeks likes to nibble Renee’s lips and rub his head along her chin. But it is not just Renee. Pumpkin Cheeks approaches everyone. “We’ll be at the bay, and I’ll set him down, and he’ll run 30 feet to say hello to someone.” Renee and Jeff have built the bird a little tent, which he stays in when they go to the beach.

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Actual patient before
Actual patient after

Actual patient before
Actual patient after

Actual patient before
Actual patient after

Actual patient before
Actual patient after

Actual patient before
Actual patient after
Bird Talk
continued from page 55

whistled. If it’s a man,” she said, “he doesn’t get a smile.”

Pumpkin Cheeks not only whistles, but he meows and barks. Renee feeds him a mix of millet and sunflower seed to keep his energy up. He loves mashed potatoes, rice, and pasta. His wings are clipped every week or so to make sure he doesn’t fly away.

Renee’s apartment, filled with her parents’ heavy oak furniture, is dark beige, except for Pumpkin Cheek’s large, square cage, which is covered with a sky-blue blanket close to the shade of Renee’s never-worn bridesmaids’ dresses. The blanket insulated the bird at night and blocked light from intruding in the morning.

“As soon as he sees light, he starts in.”

Renee slips the cover off the cage at 6:45 each morning and unlatches the door.

Pumpkin Cheeks then hops out and follows her down the hall. “I can’t fly away,” he continued from page 55

Baja was beautiful, she explained; all turquoise and gold. It was impossible not to fall in love with the place.

returned to his cage, with its view of the sidewalk pedestrians moving back and forth. He gets afternoon sunlight and, with the mirror in his cage, is always ready to sing.

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to his reflection. By evening, says Renee, he is eager to see her again.

Renee was ringing up sales at Gemco, in Tucson, Arizona, when she looked up and saw her husband. He had tracked her down and was standing in front of her register, staring at her. Frightened, she said little except to answer his questions. Did she want to get back together with him? No, she said. Did she think they had a chance of making their marriage work? No, she said. All right, was his response, then he was getting a divorce.

“My shift was over, and I was ready to leave, but I told him I’d just come to work because I didn’t want him waiting for me when I left the building.” John didn’t. He returned to California and divorced Renee. She later left Arizona and came to San Diego, where she now walks along Pacific Beach’s boardwalk with her bird.

I asked what happened to John.

“I heard he got married and had a child. Eventually, he killed himself.”

According to Renee, he got drunk, took some pain pills, and put a plastic bag over his head.

“I love you, Mommy.”

* * *

Kerstin Schildwaechter lives in South Mission Beach. While Renee Lowe’s was a fight for her life, Kerstin found herself struggling for her soul.

“I broke up with my boyfriend and gave up cigarettes all in the same week,” she said. “It was the most difficult week of my life.”

Kerstin, a curvy 30-year-old, had man trouble.

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old with shoulder-length blonde hair and beautiful deep-blue eyes, had been seeing Jerry (not his real name) for two years. He was a longtime windsurfer; in the course of their relationship, Kerstin took lessons and came to love the sport. Jerry was 18 years her senior. “I never thought I’d date someone so much older than myself, but I had several dreams in which an older man figured, so when we actually met, I guess you could say I was ready for him.”

For a while, the relationship felt magical. But over the two years that they saw each other, every Thanksgiving, Christmas, or New Year’s, Jerry was never around. “He’d say he was going down to Baja, and then he’d disappear for a month.” Abandoned and rejected, Kerstin agreed to take a month-long trip to Baja. She arranged to have her practice covered (Kerstin consults with those seeking early cancer-risk detection). But before leaving, something happened she hadn’t expected: On Halloween Day, October 31, 1997, she became a born-again Christian. The trip down to Baja was still on, but now she left with a different sense of herself. And she packed a Bible. “It turned out to be the best of times and the worst...but I’m born again, and even if they should pass out of my life, I won’t ever feel alone again.”
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**Eyelash Extensions '99**
- Perm '35
- Extensions '99
- Eyelash Fill '25 & up

**Refresh Body Package '150**
- Microdermabrasion, 1-hour massage, European facial, manicure and spa pedicure
- Your choice of: mineral salt scrub, sea mud wrap or detox herbal linen wrap.

**Spring Package '85**
- European facial, reflexology foot massage, and detox body wrap.

**Spring Sensation**
- Spa pedicure and manicure with one of the following:
  - 1-hour massage: $75
  - European facial: $65
  - Figure wrap (60 min): $70

**Diamond Microdermabrasion '60**
- Includes facial, acupressure, and custom masque, treats fine lines, wrinkles, brown spots, pigmentation, acne scars and enlarged pores.

**Relaxing Package '110**
- Deep cleansing facial, 1-hour massage with reflexology foot massage. Complete pedi-spa and manicure.

**Photo Facial '99**
- (1 hour 15 minutes)
- Microdermabrasion with light therapy treatment, non-surgical, no recovery time. Increases collagen and blood circulation, reduces wrinkles, sun damage, large pores, blemishes and rosacea.

**The "New Dermosonic" Method**
- Advanced treatment for cellulite and spot reduction.
- Abdominal or back: 40 min. $45
- Thighs or hips: 60 min. $65
- Add any section to figure wrap for only $10

**Deluxe Treatment '75**
- Microdermabrasion, European facial, spa pedicure and manicure.

**Stress Relief '75**
- 40-minute reflexology foot massage, 30-minute head/neck acupressure and back massage. Spa pedicure included.

- Lose weight without going to the gym.
- Two healthy inch-loss programs:
  - Figure Wraps '60 (1 hour)
  - L'eggs '4.15". Effective for cellulite, toxic cleansing, blemishes and sagging skin.
  - Aloe Herb Gel Wrap

We use and sell Dermalogica products
- Gift certificates available

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Day Spa & Nail Salon

Open 7 days/week
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Parking is in back of the salon.
Offers good with this ad. Expires 4/24/08.

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**It’s Great To Have Options!**

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**Family Cosmetic Dentistry in the beach area**

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The #1 Invisalign office in San Diego, May 2007!

**Zoom! Advanced**
- Most recent version and easiest on sensitive teeth.
- $249 (Reg. $325)
- Your teeth up to 8 shades whiter in only 45 minutes!

**invisalign**
- $3295 (Full case)
- $500 down, Payment plans up to 60 months. OAC. Free Invisalign consultation.

**FREE Cleaning**
- With ‘55 exam and x-rays. New patients only.

**FREE Whitening Trays**
- With ‘55 exam and x-rays. New patients only.

**Crowns & Veneers**
- $200 off
- All offers expire 5/8/08. Must present this ad.

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**Refresh Body Package**
- Microdermabrasion, 1-hour massage, European facial, manicure and spa pedicure
- Your choice of: mineral salt scrub, sea mud wrap or detox herbal linen wrap.

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- Lose weight without going to the gym.
- Two healthy inch-loss programs:
  - Figure Wraps '60 (1 hour)
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  - Aloe Herb Gel Wrap

We use and sell Dermalogica products
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**Life Medspa**
Downtown San Diego’s Premier Medical Spa
405 9th Avenue, Suite 201 • San Diego
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Complimentary pk. @ Petco Parking Bldg. at 10th & J

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**Spring Specials!**

- Bikini '20
- Brazilian '25 & up

**WAXING**

- Bikini
- Brazilian
- '25 & up

**Microdermabrasion**

- Includes facial, acupressure, and custom masque, treats fine lines, wrinkles, brown spots, pigmentation, acne scars and enlarged pores.

**Photo Facial**
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**Zoom! Advanced**
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**Crowns & Veneers**
- $200 off
- All offers expire 5/8/08. Must present this ad.
Health & Beauty Coupons at SDReader.com!

Here's a small sample to get you inspired!

**Hair extensions only $599.99**

Hair Addictions
Beautiful, luxurious hair. Extensions $1,200 regularly. No glue, no damage. Free consultation. We use 100% virgin Russian and Indian hair. Offer expires April 30, 2008. Expiration dates are renewed the last week of each month.

Hair Addictions
We are a new salon just off 805 in Chula Vista. Open 7 days a week! Walk-ins welcome. We also do eyelash extensions.

**Hair Addictions**
3860 Main Street #202, Chula Vista, 619-426-1220
www.SanDiegoEyelashExtensions.com
Reader Coupons
619-236-3000

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**20% off any purchase**

Valid on any purchase. Maximum discount $100. Not valid with any other offer or with insurance. Offer expires April 30, 2008. Expiration dates are renewed the last week of each month.

**Hillcrest Optical**
Located in the heart of Banker’s Hill/Hillcrest. Quality optical services since 1948. On-site lab for precise and prompt service.

**Hillcrest Optical**
420 Thorn Street, Hillcrest, 619-298-3566
www.hillcrestoptical.com
Reader Coupons
619-236-3000

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**Free Brazilian bikini wax**

Buy 1 Brazilian wax, get second free. First-time clients only. Offer expires April 30, 2008. Expiration dates are renewed the last week of each month.

**The Undercarriage**
A fine waxing establishment.

**The Undercarriage**
1951 4th Avenue, 1st Floor, Banker’s Hill, 1-888-241-4971
www.theundercarriage.com
Reader Coupons
619-236-3000
Bird Talk
continued from page 64
She told herself this would be a final test.
"We were on our way to his place in Tijuana when he turned into the Vons on Midway Drive. When he came out, he had my Valentine’s Day card. I asked myself then, was this all I meant to him?"

At his home in Tijuana, she saw ugly aspects of his personality that she’d earlier tried to ignore. He was so negative, she recalled, and mean.

Looking at Jake, she was reminded of a remark made by one of the pastors at her church, Clairemont’s Horizon Christian Fellowship. "If humans tried on a daily basis to be faithful to each other, happy and forgiving, kind and encouraging, to be completely loving, we still wouldn’t be half as good as our dogs."

"You know, I love Jake, and my cats too," she said, referring to Tiega and Rhaja, the cats asleep in opposing corners of her living room. "But I’m born again, and even if they should pass out of my life, I won’t ever feel alone again."

Kerstin is not waiting for a man. When God is ready, she says, the right one will come into her life, one that will be a spiritual companion. She is not impatient.

"God’s time is not our time."

She has turned back to the window. It’s two years since her breakup, and Jerry—who’s never strayed from her thoughts—has slipped back into her life. He’d asked if she thought it was possible to turn back time, to start over again. So far, she’s given him no answer.

As Kerstin gazes at the scene on the other side of the glass, her eyes turn as blue as the water they watch. From his place on the hardwood floor, Jake, his eyes amber gold, watches her back.

— Jangchup Phelgyal

Experience life and death in the ancient Roman world

Two thousand years ago, Mt. Vesuvius erupts in cataclysmic fury burying the Roman city of Pompeii. Preserved in ash, frozen in time…Pompeii lives again.

See more than 250 priceless artifacts from the legendary lost city along with body casts of victims formed at the very moment of death. Experience life and death in the ancient Roman world. Spend a day in Pompeii!

The only showing on the West Coast!

Tickets are on sale now online www.sdnhm.org; at the Museum or by phone: 877.946.7797.

SAN DIEGO NATURAL HISTORY MUSEUM
A collaboration of the San Diego Natural History Museum, the University of California, San Diego, the San Diego Air and Space Museum, the San Diego County Fair, the San Diego Zoo, the San Diego Museum of Art, the California State University Channel Islands, the San Diego History Center, the San Diego Antiquarian Society, the San Diego Sports Authority, the San Diego County Office of Education, and the San Diego County Parks and Recreation.
Fruit Rare and Tasty
We Can Grow Them in Our Yards

The jaboticaba comes from Brazil; in South America they call it the black cherry,” says José Gallego, San Diego chapter chair for the California Rare Fruit Growers, Inc. “They’re expensive because they can take several years to produce fruit. I’ve seen jaboticaba [trees] from $60 to $150. What is interesting about this one is that the fruit doesn’t grow on the branches — it looks like somebody plugged black marbles into the trunk.” The cherrylike fruit is strongest when the fruit doesn’t grow on the branches — it looks like somebody plugged black marbles into the trunk. “The cherrylike fruit is strongest when the fruit doesn’t grow on the branches — it looks like somebody plugged black marbles into the trunk.”

Under the Sunset Western Climate Zone system, compiled by Sunset magazine, 12 western states (Arizona, California, Colorado, Idaho, Montana, Nevada, New Mexico, Oregon, Texas, Utah, Washington, and Wyoming) are divided into 24 climate zones based on “heat, humidity, elevation, terrain, latitude, and varying degrees of continental and marine influence.”

On his quarter-acre yard in San Carlos, Gallego has 120 fruit trees, including 17 different kinds of banana trees. The tree he finds most beautiful is his Inga podocarpa. “The Inga, as Gallego refers to it, can easily overtake one’s garden if fallen beans are not removed at the end of the summer harvesting season. Many seeds are already sprouting in the pod by the time they hit the ground. “The seeds are so viable that when you open the bean you can see them germinating,” says Gallego. “The seed is about an inch long and brown with a slight green tint to it — then you have this white root on the front end. It looks like a roach. It’s very unusual, but the amazing thing is that there’s so much energy in those seeds. They’re ready to be planted.”

Banana trees can be even more of a reproductive nuisance, “because bananas tend to produce a lot of pups, and if you leave one on [the ground] and it gets water and fertilizer and so on, it will start growing.” A “pup” is like a bulb, also known as a rhizome, which, like a potato, sends out shoots that easily take root and continue to grow horizontally underground. “If you leave it, a rhizome can grow quite big,” says Gallego. “I’ve seen roots as far away as 25 feet. Then they start swelling to create more pups and can become a problem. When you learn how to properly make the banana tree to fruit, you only leave three or four pups.”

The star fruit, or carambola, is a native of India and a difficult plant to grow. “Frost may kill it, overwatering may kill it, not having enough of the right nutrients may kill it — but it’s worth it,” says Gallego. “Once you start swelling to create more pups and can become a problem. When you learn how to properly make the banana tree to fruit, you only leave three or four pups.”

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One of Gallego’s favorites is the miracle fruit, which is a small, red berry. Also difficult to grow in this region, due to its tropical origins, the miracle fruit requires a green-house and must be watered with distilled water — Gallego had one that died after he gave it tap water. Despite its fragility, Gallego continues to favor this berry for its flavor. “It’s the most amazing fruit I have ever tasted. It tastes just like saccharin, but it also has a flavor anad leaves a sensation on your tongue.”

Gallego explains that once the miracle fruit has coated the tongue, everything that one eats for the next few hours will taste sweet. Water “tastes like someone put in two tablespoonspoons of sugar.” Orange juice is sweet, and the acidity of the citrus is neutralized. “Lemon tastes sweet, and no acidity at all. People start squeezing lemon juice into their mouths until it starts hurting at the bottom of their throat. They say, ‘Oh, but it’s good; it’s the best lemon I ever had,’ and I have to take it away from them.”

— Barbara

How to Select and Plant Rare Fruit Trees for Your Garden
Wednesday, April 23
6 p.m.
Casa del Prado
1800 El Prado, Room 104
Balboa Park
Cost: Free
Info: 619-697-4417 or crfgsandiego.org

Limon Dance Company Founded in 1996, the Limon Dance Company offers a classical calling card of dramatic expression, technical mastery, and expansive, yet nuanced movement. 619-239-8836. Friday, April 11, 8 p.m.; $25–$65. Stephen & Mary Birch North Park Theatre, 2801 University Avenue. (PHONE SAN DIEGO)

Spring Dance Concert Grossmont College Dance Department presents concert offering a variety of dance. 619-444-7766. Thursday, April 11, 7:30 p.m.; Friday, April 12, 7:30 p.m.; Saturday, April 14, 7:30 p.m.; $10–$12. Salvation Army Krisc Community Center Performing Arts Theatre, 4611 University Avenue. (COLlege MESA)

Swing in for Swing (inter) East Coast, West Coast and Lindy hop! First class $10 per new student. 619-281-3755. Monday, April 11, 8:30 p.m.; Pacific Beach Women’s Club, 1721 Florida Street. (PHONE BOARD)

Waltz & Sash 19th Century, trad-itional, and Jazz age social dances every Friday, hosted by Waltz & Such, in room 207 of Casa del Prado. Beginner level lesson at 7:15; open dancing at 8 p.m. 619-834-9956. Friday, April 11, 7:15 p.m.; Balboa Park, Park Boulevard at Presidentes Way. (PHONE SAN MARCO)

FILM

"Ancho Libre va Bene" A motherless family portrayed in Kim Rossi Stuart’s 2006 film star-ring Alessandro Moresco, and Barbara Broluva. 619-237-0611. In Italian with English subtitles. Friday, April 18, 7 p.m.; $2. Italian Community Center, 1669 Columbia Street. (PHONE ITALIAN)

"Ratatouille" The animated comedy about a rat who wants to become a chef, Ratatouille, is on the calendar for family movie night (the third Saturday of each month). Saturday, April 19, noon; Rancho Peñasquitos Library, 13350 Saloon River Road. (PHONE PEÑASQUITOS)

"A Dream in Doubt" Tami Ye-gar documents the murder of Rana Sadiq, who was killed when an Iraqi Arab Muslim four days after 9/11. Screens for Film Forum. 619-236-9800. Wednesday, April 23, 6:30 p.m.; San Diego Public LibrarY, 820 E. Street. (PHONE SAN DIEGO)

Carbal Film Series "The Dream of Africa" is based on the autobiograph-ies of conservationist Kuki Gall-mann. Starring Kim Bassinger, Vincent Perez, and Eva Marie Saint. Screens in Schuman Auditorium. 602-602-2063. Wednesday, April 23, 6 p.m.; Carbalad City Library, 1775 Dove Lane. (LANE CARBA)

Film Forum Romance and Cigarettes, a “musical extra-va-ganza” directed by John Turturro and starring James Gandolfini, Su-san Sarandon, and Kate Winslet. Wednesday, April 21, 6:30 p.m.; San Diego Public Library, 820 E. Street. (PHONE SAN MARCO)

IN PERSON

"The Three Pigs and Other Funny Stories" Weaver’s Tales performs “a modernized tale of The Three Pigs combined with a mixed-up stew of familiar fairy tales,” April 16–20. Camp Davies at 10 and 11:30 a.m. Friday–Wednesday, 11 a.m. and 1:30 p.m. Saturday and Sunday, 10-543-5500. Thursday, April 17, 10 a.m. and 11:30 a.m.; Saturday, April 19, 11 a.m., 1 p.m. and 2:30 p.m.; Sun-day, April 20, 11 a.m. and 1 p.m. and 2:30 p.m.; $5–$8. Marie Hitch-cok Puppet Theatre, 2130 Pan American Road West. (PHONE BALBOA)

Ghosts of El Grullo" Local au-thor Patricia Santana discusses and signs her new book, sequel to her first novel, Motorcycle Ride on the Sea of Tranquility. 453-405-0707. Friday, April 18, 7 p.m.; Bay Books, 1029 Orange Avenue. (PHONE BALBOA)

"Jungle Jack" Hanna. The host of Jack Hanna’s Animal Adventures — and regular guest on Larry King Live and Late Night with David Let-terman — brings his live animal demonstrations to the newly re-opened Balboa Theatre. Hanna will share footage, stories, and his favorite animal friends. Sunday, April 20, 3 p.m.; $25–$50. Balboa Theatre, 854 Fourth Avenue. (DOWNtown)

FAMILY Science Day Nanotech is the topic for family science day; participants “make a free science experiment” to take home. Included in regular admission. 619-288-1233. Saturday, April 19, noon; $6–$12. Reuben H. Fleet Science Center, 1873 El Prado. (PHONE RENAISSANCE)

La Jolla Above and Below Scopos researchers share “natural won-ders on land and in the ocean” during Family Days program. Saturday, April 19, 11 a.m.; Birch Aquarium at Scripps, 2300 Expe-dition Way. (PHONE MUSEUM)

National Infant Immunization Week “Stay on Track for a Life-time of Good Health” is theme for function in the Pacific Beach Club Room at the museum. San Diego Health and Human Services Im-munization Branch will read sto-ries, hand out goodie bags, and re-view immunization records for children. April 19, 8 a.m.-1 p.m.; Scripps Miramar North Campus. (PHONE SAN DIEGO)

For Kids

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Filmmaker’s Screening 1995 Academy Award winner for Best Documentary Feature, director Freida Lee Mock will share the film and the process of making Maya Lin: A Strong Clear Vision. Free with museum admission. Thursday, April 17, 7 p.m.; Museum of Contemporary Art San Diego, Downtown, 1001 Kettler Boulevard. (PHONE SAN DIEGO)

International Justice and Human Rights Amnesty Interna-tional presents film screening of Justice Without Borders followed by Q&A session. 760-731-0735. Saturday, April 19, 6 p.m.; Palo- mar Unitarian Universalist Fel-lowship, 1600 Buena Vista Drive. (PHONE SAN MARCO)

San Diego’s Homeless Youth Screenings of Telling the Streets: True Urban Legends and Shadow Children: Five Stories from the Street precede public discussion with youth activists. Saturday, April 20, 7 p.m.; San Diego Model Railroad Museum, 1649 El Prado. (PHONE BALBOA)

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"A REASON TO HOPE" JANE GOODALL GIVES FILM

"A REASON TO HOPE" Jane Goodall gives "A Reason to Hope" film Tuesday, April 17, USD. (SEE LECTURES)

JANE GOODALL GIVES "A REASON TO HOPE" Tuesday, April 17, USD. (SEE LECTURES)

OUT & ABOUT

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Romantic Mountain Getaway

Overnight price for two people Sunday-Thursday: 1 night, breakfast for 2 $129

Sweetheart Package

Sunday-Thursday: Breakfast for 2, dinner for 2, therapeutic massage or horseback riding $209

Weekend Specials:

2 nights (Fri. & Sat.), breakfast for 2 $258

2-night breakfast package with dinner and massage one night or horseback riding $338

In-room Jacuzzi, fine dining, cocktails, lodge, RV park, tent camping, near Acorn Casino Fireplace, 2-story, A-frame cabins, AC, HBO, microwave, refrigerator, swimming at Jacumba Hot Springs
Out & About

The Poet EkwaH Adel-Béléndez
Featured at Borders
Voices, Saturday, April 19, 9:30 a.m.
(See in Person)

**Lectures**

“A Reason to Hope” Jane Goodall, wildlife conservationist and U.N. Messenger of Peace, speaks on saving “threatened species, the planet, and ourselves” for Joan B. Kroc Distinguished Lecture Series. Thursday, April 17, 7 p.m.; San Diego State University, 5500 Campanile Drive. (SDSU)

Library Mouse: Daniel Kirk discusses and signs his book about a mouse whose writing gets discovered by humans. 858-454-0347. Sunday, April 12, 5 p.m.; Warwick’s Bookstore, 7812 Girard Avenue. (SDJA)

Political Scientist Discusses New Book Mike Byron examines environmental and political issues in his book “Projective Thinking and Behavior” at the San Diego Natural History Museum. Wednesday, April 23, 6:30 p.m.; San Diego Natural History Museum, 1788 El Prado. (SDNHM)

“Polar Bears: Conservation and Climate Change” Jerry Kooyman of UCSD speaks for Global Climate Change: Species and Places” series. Talk includes computer-generated images and photographs. 619-232-3821. Wednesday, April 23, 6:30 p.m.; San Diego Natural History Museum, 1788 El Prado. (SDNHM)

“Why Good People Do Bad Things” New York Times best-selling author Debbie Ford “exposes the pervasive and often hidden impulses that influence our everyday decisions.” 760-753-5786. Friday, April 18, 7 p.m.; $35. Seaside Center for Spiritual Living, 1613 Lake Drive. (Seaside)

Architect Discusses Philosophy After Aaron Anderson, 2006 Young Architect of the Year, discusses “Philosophy of Design—practical and emotional.” NewSchool students Gina Canagalosi and Lauren Garza will share their medical clinic design. The clinic will be built in Peru, at the edge of the Amazon Jungle, later this year. 619-224-8584. Saturday, April 19, 9:30 a.m.; NewSchool of Architecture and Design, 1249 F Street. (CWS)

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taught by European-trained dancers

Couples, singles and youth. Also featuring: Wedding packages, Thursday night dance parties, foxtailing, Latin dance and much more!

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Wedding Guide

A free, 24-hour line for planning your wedding.

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Don’t let the “French” in French Gourmet Scare You! Don’t let the “French” in French Gourmet Scare You! Don’t let the “French” in French Gourmet Scare You!

Wedding Guide
San Diego’s #1 Bridal Show
Sunday, April 27 • 10 am-4 pm
Del Mar Fairgrounds

Over 200 exhibitors with everything you need to plan the wedding of your dreams! Spectacular fashion shows at 11:30 am, 1:00 pm & 2:45 pm.

$2 OFF ADMISSION BRIDAL BAZAAR
Sunday, April 27 • 10 am-4 pm
Del Mar Fairgrounds
1-5 at Via de la Valle
One admission per coupon. Cannot be combined with other offers. Visit www.bridalbazaar.com for discount coupons.
C U L T U R E

Tickets sing and buffalos groan. A hawk alights upon a sycamore limb, then launches with outstretched wings to catch a puff of breeze moving up the canyon. A cotalion rabbit bounding across the trail, and sniffs to take your measure with a sidelong stare. Los Peñasquitos Creek, rejuvenated by this year’s generous if not torrential rains, slips silently through a sparkling pool and darts noisily down multiple paths in the constructing landscape.

Despite the miles of suburban development surrounding it, Los Peñasquitos Canyon Preserve still retains its gentle, unselfconscious beauty. The preserve’s 3000 acres of San Diego city and county-owned open space stretch for almost 7 miles between Interstate 5 and 15, encompassing much of Los Peñasquitos Creek and one of its tributaries — Lopez Canyon.

At the east end of the preserve, off Black Mountain Road, stands the refurbished, 1862 Jenny Taylor adobe ranch house. A section of the house is thought to be the remains of an 1824 adobe cottage erected by Captain Francisco Maria Ruiz, a commander of the Presidio of San Diego.

Parent’s adobe, hikers, joggers, and equestrians have the run of the preserve. Mountain bikers are welcome too, but they must stick to the main six-mile-long dirt road along Los Peñasquitos Creek. Probably the best springtime hike (or bike ride) in the preserve — and the one offering significant shade — is the trail toward the falls from the east, 6.5 miles roundtrip.

Start at the preserve’s main parking area on the west side of Black Mountain Road, opposite Mission Mesa Road. From there, follow the main dirt road hugging the base of the canyon’s steep, chaparral-covered south slopes. Mileposts along the roadway help you gauge your progress. Watch and listen and stop to detour out of thick woods (shaped with poison oak in places) and across meadows dotted with small elderberry trees.

At the three-miles marker, the road winds up onto a chaparral slope in order to detour a narrow, rocky section of the canyon. Near the top there’s a wide spot, with racks for securing bikes, and a footpath descending north to the falls area, where the stream has carved a narrow cleft into the bedrock. Even though our rainy season is basically over, water still cascades through here.

Polished rock ten feet up on either side testifies to its maximum depth. The outcroppings of greenish-gray rock, just in this one small area, are a type called San Diego Peak volcanics; they’re typical of the metamorphosed volcanic rock found on San Diego Peak in the Santa Ana Mountains. Keep an eye out for rattlesnakes around the area of the falls.

This article contains information about a publicly owned recreation or wilderness area. Trails and pathways are not necessarily marked. Conditions can change rapidly. Hikers should be properly equipped and have safety and navigational skills. The Reader and Jerry Schad assume no responsibility for any adverse experience.

OUTDOORS

Star Jasmine’s Sweet Perfume, Sacred from Small, white flowers, it comes to scent San Diego’s mild April breezes until sometime in June. Not a true jasmine, or Jasminum, star jasmine belongs to the genus Trachelospermum. In both public and private spaces, it has been widely planted as an ornamental ground cover and as a trellised vine.

The San Diego Wildlands typically takes place in April. North-facing hillside and canyon slopes retain the green color longer, as they are less exposed to drying sunshine. Locally, most of the wild grasses are naturalized (non-native) annuals; the seeds of which were introduced along with hay and other grasses brought in by the Spaniards during the 18th and 19th centuries. Some of the mountain meadows have remnants of native grasses, which remain more or less green almost the year round. These rare native grasslands can be found in certain parts of Cayucam and Rancho Santa Fe and more widely distributed at the Santa Rosa Plateau Ecological Reserve.

in the Santa Ana Mountains west of Temecula.

The Rising of the Full Moon on Saturday, April 19 nearly coincides with the time of sunset. Some folk names for the April full moon are “growing moon,” “seed moon,” “Easter moon,” and “budding trees moon.” Try taking a walk at sunset along the sidewalk on Harbor Island. From that vantage, Saturday’s full moon comes up right over San Diego’s downtown skyline, just as the lights of the city come on.

The Annual Lyrid Meteor Shower peaks this year during the early morning hours of Tuesday, April 22. This is a relatively minor meteor shower. This year’s Lyrid shower will mostly be spoiled by the glare of the nearly full moon.

Experience a Grunion Run Grunion run program hosted by Birch Aquarium-Museum (which doesn’t take place at museum). Presentation on grunion, then opportunity to witness grunion egg hatch before your eyes.” Reservations, directions: 858-587-3364. Monday, April 21, 9:30 a.m.; $9-$12. Birch Aquarium at Scripps, 2300 Expedition Way, La Jolla 92037. Get Outside! Trail repair work continues, in honor of Earth Day. Bring work shoes, gloves, hat, water, snacks, meet at Green Valley Recreation, 858-278-3280. Saturday, April 19, 8 a.m.; ages 16 and up. Cuyamaca Rancho State Park, 40 miles east of San Diego. (SANDAG)

Hellhole Pick study shows, a hat, sunscreen, and water for your trip to see wildflowers in bloom. 760-749-5320. Saturday, April 19, 9 a.m.; Hellhole Canyon Open Space Preserve, 19324 San Tan Lane. (VALLEY CENTER)

Hummers, Tigers, and Kites — Oh My! Trail guides relate what they’ve got in common, and more, during guided nature walks. 619-582-6261. Friday, April 18, 9:30 a.m.; Mission Trails Regional Park, One Father Junipero Serra Trail. (SAN CARLOS)

Kayak on the Salton Sea Learn all about the Salton Sea during kayaking expedition sponsored by Anza Borrego Institute. Kayaks and life jackets provided, bring your own lunch. Register at www.theabf.org with code: kayak. Saturday, April 19, 9 a.m., $35-$50. Salton Sea State Recreation Area Visitor’s Center, 100-225 State Park Road. (IMPERIAL VALLEY)
Migrating Swallows? Head out to bird watch with Audubon Society birders, led by Barbara Moore. To reach trailhead, take Highway 52, exit left to Mast, turn left just after you cross bridge at Fanita Parkway. Park on Lake Canyon Drive (at corner of Lake Canyon). No parking fee. 858-755-7133. Saturday, April 19, 8 a.m.; Santee Lakes, 9840 Carlson Oaks Drive. (SANTEE)

Milling Around Mine Wash Archaeologist and certified naturalist Hank Barber leads outing to Yaqui Well mesquite grove and ancient Kumeyaay village site to look at rock shelters, ceremonial features, basins, rubs, and, of course, desert wildflowers. Meet in visitors’ center parking lot. Register at <http://www.theabf.org> with code: Mine. Sunday, April 20, 8:30 a.m.; Anza-Borrego Foundation and Institute, 200 Palm Canyon Drive. (BORREGO SPRINGS)

Mission Hills Meander One-hour walk with Walkabout to admire views, homes, and gardens. Starts at Espresso Mio. 619-291-6162. Friday, April 18, 6 p.m.; Walkabout Mission Hills, 1920 Ft. Stockton Drive. (MISSION HILLS)

Plant Identification “Wild Native and Alien on the Trails” Trail guides lead walk through the park, identifying plants along the way. Saturday, April 19, 9:30 a.m.; Sunday, April 20, 9:30 a.m.; Wednesday, April 23, 9:30 a.m.; Mission Trails Regional Park, One Father Junípero Serra Trail. (SAN CARLOS)

Rediscovering Escondido Walking tour led by Escondido History Center, starting at southeast corner of Grand and Broadway. 760-743-8207. Tuesday, April 22, 6 p.m.; Drupe’s and Damion’s, 101 East Grand Avenue. (ESCONDIDO)

Set Out for Silverwood Learn of unique features of chaparral vegetation community. Special topic hikes at 10 a.m. and 1:30 p.m. Hands-on history of Silverwood and artifacts and sites of earlier inhabitants. 619-682-7200. Sunday, April 20, 10 a.m.; Silverwood Sanctuary, 13003 Wildcat Canyon Road. (SAN DIEGO)

Silver Strand Beach Cleanup Celebrate Earth Day with bayside cleanup planned by ECOLIFE Foundation. Saturday, April 19, 10 a.m.; Silver Strand State Beach, 9000 Highway 75. (SAN DIEGO)

The Discovery of New Plants San Diego County Plant Atlas Project shares new plants they’ve discovered with help from the San Diego Natural History Museum in lecture called “What’s Popping Up at the Tijuana Estuary this Spring” 619-575-3613. Saturday, April 19, 10 a.m.; Tijuana River Estuary, 301 Capitan Way. (IMPERIAL BEACH)

Tree Time Offshoot Tours offers hour-long guided tour highlighting various Balboa Park trees. 619-235-1122. Saturday, April 19, Balboa Park Visitors’ Center, 1549 El Prado. (SAN DIEGO)

Volkswalk San Diego County Rockhoppers Volkswalk Club hosts annual walk to Carlsbad flower fields. Pets welcome. 858-451-2136. Saturday, April 19, 8 a.m. and noon; $3. Carlsbad Visitor and Convention Center, 400 Carlsbad Village Drive. (CARLSBAD)

SOUTH OF THE BORDER Eraclio Zepeda Author of Touching the Fire and The Big Rains gives presentation. 011-52-664-687-9636. Thursday, April 17, 7 p.m.; Centro Cultural Tijuana, San Diego Reader April 17, 2008 73
What’s That You’re Reading?

NAME: THOMAS GOULDER | OCCUPATION: CLINICAL PSYCHOLOGIST
NEIGHBORHOOD: SCRIPPS RANCH | WHERE INTERVIEWED: SAN DIEGO AIRPORT

What book are you reading?

“Practicing the Presence by Joel S. Goldsmith.”

Tell me about it.

“This is a book by Joel Goldsmith which presents a whole new picture of how and we as individuals on this Earth can practice the true presence of God in our lives. He outlines who God is, what God is, rather than our pre-conceived notions. He outlines how every individual has the presence of God with us and in us but we must come to consciousness, a state of acknowledging that and consciously practicing that presence in our life.”

Does he give techniques for doing so?

“Yes, basically, the technique is first of all to grab all of your previous concepts that have been brought to you by family, church, synagogues — whatever. He was Jewish but never really raised in the faith of Judaism. He practiced his own faith, which came to him after what he described as a divine healing. And then he began to really delve into who God is, what it is, what it means to us as people on Earth and in the universe.

“We’ve used the truths that Goldsmith is presenting in a women’s shelter and homes for women who have been drug addicts and on the street. I’ve been using his ideas to them and seeing some remarkable changes in their lives. It’s quite a testimony to the power of ideas.”

Does he mention any spiritual influences on his own writing?

“He discovered it from within, and then he began to allude to both Eastern and Western faiths. He acknowledged Christ as a real historical person. He acknowledges Buddha and the Zen path as being real. Eckhart Tolle, the author of The Power of Now, has been called a Winfrey recently and every-thing he knows seems to come from Goldsmith. He really is more of a disciple of Goldsmith and Goldsmith’s con-cepts of God in the universe.”

Do you have a favorite passage?

“God is infinite consciousness and God is our mind and our consciousness. In other words, he doesn’t separate us from God but God lives its life through us. In other words, we are all possessed of God. We just have to acknowledge it.”

Do you have a favorite author?

“I’m a clinical psychologist, so in that genre my favorites have always been people like Carl Jung, who was more in the mystical sphere. Jung was also very prac-
tical in that he was the founder of Alco-
holics Anonymous. Also Plato, the ancient philosophers like Socrates, the early American Tran-scendentalists. Carl Sagan. They are tremendously fascinating to me and always have been.”

What magazines or newspapers do you read?

“Psychology Today, Scientific Amer-ican, Discovery magazine.”

Do you talk to your friends about reading?

“No. That’s one of the things about Goldsmith, that everything should be kept — according to Christ’s words — everything you do, do in secret. So, this interview is a great chance to talk. But I don’t tell anybody unless I’m asked. It’s a Masonic kind of secrecy that Goldsmith advocates.”

To get an online version of this story, go to sdreader.com. You can print the story, email the story to friends, get other stories on the same subject or other stories by this author.
Four annual docent-led tour includes pristine-style, Craftsmans, and mission-influenced homes. Proceeds benefit Mission Hills preservation efforts. 619-497-1193. Saturday, April 19, 10 a.m.; USD: University of San Diego, 5151 Alcala Street. (MISSION HILLS)

* Jump from altitudes over 2 miles above the ground
* Must purchase $70 video ($195 total cost). Weekdays only. Add $20 for weekend jumps.

Del Mar Fairgrounds, 2260 Jimmy Durante Boulevard. (P.R.)
Performance Slam Eight performing artists and groups will "comment, critique, glorify, and shed light on visual art works" on the Center's current exhibition, "Innocence Is Questionable." 760-839-4120. Sunday, April 20, 5 p.m. $5. California Center for the Arts, Escondido, 340 North Escondido Boulevard. (ESCONDIDO)

Psychic Fair and Metaphysical Conference Lectures, tarot, palmistry, numerology, other psychic arts featured. Admission is free $20 per reading. 619-298-3422. Saturday, April 19, noon; Sunday, April 20, noon. Akratho's Bookstore, 3345 Midway Drive, Suite G. (POINT LOMA)

Ranunculus Rainbows The Flower Fields with nearly 50 acres of giant ranunculus flowers are blooming again, open for tours. Visitors may stroll pathways or take wagon ride ($4 general). Exotic plant sale, sweet pea maze, poinsettia display, American flag of flowers. 760-431-0352. Thursdays, April 17, 9 p.m.; ages 21 and up. The Pearl Hotel, 1410 Rosecrans Street. (POINT LOMA)

Taste of Uptown Take a taste from over 40 restaurants on this annual self-guided tour. Also find the very first Hillcrest Sidewalk Sale going on simultaneously. Saturday, April 19, noon; Sunday, April 20, 10 a.m.; $30. Taste of Uptown, 656 Fifth Avenue, Suite 8. (HILLCREST)

Walk on Water Students design, construct, and race buoyancy "shoes" across Sports Center pool during annual competition. Saturday, April 19, 10 a.m.; USD. Uni-
Rosarito-Ensenada Bike Ride
56-mile route attracts 7500 riders to wind along the Pacific Coast and island from Rosarito Reach to Ensenada. Ride begins at 10 a.m. in front of the Festival Plaza Hotel, continues to the Finish Line Fiesta in Ensenada. Shuttle provides transport back to Rosarito. Register on http://rosaritoenensada.com. Saturday, April 19, 10 a.m.; $25-$40. Festival Plaza Hotel, Boulevard Benito Juarez 02107. (BAN) San Diego Bicycle Touring Society Doctor Clifford L. Graves Memorial Elfin Forest Ride. 60 miles. 619-426-8192. Sunday, April 20, 8 a.m.-5 p.m. Doyle Park, 8175 Regents Road. (SAN DIEGO)

Year-Round Waterskiing
Con-Vair Waterski Club provides ski boats for waterskiing. Group meets at south end of Crown Point Beach. 858-863-4775. Sundays, 8 a.m.-4 p.m. Mission Bay.

Out & About

“JUNGLE JACK” HANNA Saturday, April 20, Balboa Theatre. (SEE IN PERSON)

2-Hour Segway tour for two guests only $75
Exciting 2-hour guided tour of the Gaslamp, the Bay and Balboa Park on brand-new Segways! Expires 4/30/08

2-Hour Segway tour for two guests only $75
Exciting 2-hour guided tour of the Gaslamp, the Bay and Balboa Park on brand-new Segways! Expires 4/30/08

Giant Rummage Sale
15th Annual Torrey Pines High School Foundation Rummage Sale
Saturday, April 19 • 7-11 a.m.
Gently used treasures, furniture, antiques, children’s items, clothing, tools & much more!
Torrey Pines H.S. Parking Lot
1 mile east of I-5 on Del Mar Heights Road
All proceeds benefit the students!

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Polynesian Dance Revue – Silent Auction – Opportunity Drawing

FUN FOR THE ENTIRE FAMILY!
St. David’s Preschool Spring Festival

Past events
Gaslamp Museum of Historic San Diego

Glimpse San Diego’s colorful past at the museum, where displays highlight Wyatt Earp. San Diego days, the Peg Leg Gold Leg; end, the first maps and photographs of Old Town and “New Town,” early military history, the naval disaster in 1923 at Point Honda, and more. 413 Pacific Street, 619-237-1492. (DOWNTOWN)

Heritage of the Americas Museum
More than 100 jade artifacts of the Late Neolithic (4000-2500 B.C.) through the Ming periods are on display in “The Stone of Heaven: The Enduring Art of Jade Age China.” From ancient times, jades in China were treasured as talismans, worn on the body either as final adornments in death or as ornaments in life. See a rare and valuable jade burial suit of the Han dynasty (206 B.C.-A.D. 221), one of only two dozen that have been excavated in China. The suits were made of more than 2000 square and rectangular plates of jade sewn together with threads of gold, silver, or bronze (depending upon the status of the wearer). Ongoing.

The museum features art and artifacts from South and North America, concentrating on the utilitarian and decorative artistry of crafts workers from ancient cultures. The museum also features wigs dedicated to natural history, archaeology, education, anthropology, and fine art. Find the museum on the Cuyamaca College campus. 12110 Cuyamaca College Drive West, 619-670-3194, www.cuyamaca.edu/heritage

John DeWitt Historic Museum and Library
Museum and li-
Lawyers from 21 areas of law are giving a Free legal clinic
Saturday, May 3 • 8 am-3 pm
Kobe’s Swap Meet at the Sports Arena
619-231-8586
Sponsored by the S.D. County Bar Association

A frame is the punctuation to the artist’s statement.
1-year Anniversary Party
Friday, April 18, 5-9 pm
Meet artists Wade Harb and Michelle Goodwin.
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20% off custom archival framing
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619-756-6483 • patrickmooregallery.net
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Wed.-Fri. 6:30-9:30 pm.
Seating is limited. Call for info.
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brary, operated by the Alpine Historical Society, is located in the 1897 home/office of Dr. Sophronia Nichols. She was the first doctor in Alpine and the first female doctor in the East County. Indian artifacts from the Kinney family on exhibit. 2116 Tavern Road, 619-659-8740. (ALPC)
Junipero Serra Museum
“Commemorating 75 Years The Serra Museum” is said to “remember the events leading up to the dedication of Presidio Park and the Serra Museum” on July 16, 1929. The exhibit includes a “visit back in time to 1929.” The museum interprets the Native American, Spanish, and Mexican periods of San Diego’s history and contains Spanish Colonial furnishings, art, and artifacts. It’s located at the site of the West Coast’s first European settlement. 2727 Presidio Drive, 619-297-3258. (OLD TOWN)
La Mesa Depot Museum
Located in a restored 1894 wooden train station, exhibits include original telegraph and telephone equipment, pot-bellied coal stove, period furniture. The adjacent freight train display features 1923 steam locomotive, 1957 refrigerator car, 1941 caboose. La Mesa Boulevard and Spring Street, 619-465-7778. (LA MESA)
Magee House Museum
Magee House Museum, built in 1887 and surrounded by rose gardens, the site includes “one of the last barns still standing in Carlsbad.” Docent and self-guided tours of historic house and gardens. 258 Beech Street, 760-434-9189. (CARLSBAD)
Museum of Making Music
“The Violin in America: Old World Tradition, New World Sound” explores the transplanting of European violin-making traditions to American soil by 19th and 20th century immigrants, how communities in New World added innovation to traditions. Exhibition showcases significant violins from 1700s to present day. Closes Sunday, September 7.
The past 100 years of American music and music making are highlighted at the museum, with over 450 vintage instruments, hundreds of audio and video clips, and an interactive stage. 5790 Armada Drive, 760-438-5996. (CARLSBAD)
National City Depot
San Diego Electric Railway Association operates museum in this historic Santa Fe depot with exhibits, video displays, trolley equipment, restored passenger car from National City and Otay Railroad. 922 West 23rd Street, 619-474-4401. (NATIONAL CITY)
Olaf Wieghorst Museum
Displays paintings and prints by Olaf Wieghorst and features exhibits of other artists’ American West art. Adjacent to museum is courtyard with cactus gardens, 20 x 20-foot reproduction of Wieghorst’s painting Navajos at Castle Creek, and original restored home Wieghorst lived in for many years starting in 1945. 131 Rea Avenue, 619-390-3431. (EL CAJON)
Ramona Pioneer Historical Society and Guy B. Woodward Museum
Complex of historical buildings includes the Verlaine House (the only Western adobe house of French provincial design still in existence), wagons, antique exhibits, and artifacts. There is a cowboy bunk house, women’s clothing and accessories from 1700 to 1800, a ranch blacksmith shop...
San Diego Aircraft Carrier Museum - Museum onboard the decommissioned USS Midway is open for tours, now berthed at 910 North Harbor Drive. Exhibits include Navy jet simulators, carrier and flight deck tourng, captain’s sea cabin, pilot house, navigation bridge. Admission fee includes audio guide. 910 North Harbor Drive, 619-544-9600. (DOWNTOWN)

San Diego County Sheriff’s Museum - The 150-year history of the sheriff’s department is highlighted at the museum, which is located “just feet away” from the original cobblestone jail site, built in 1850. The museum boasts artifacts, photographs, equipment, uniform, and vehicles, along with exhibits from each of the departments making up the organization such as crime scene, K-9, court service, detention, crime lab, bomb squad, and many others. 2384 San Diego Avenue, 619-260-1850. (OLD TOWN)

San Diego Model Railroad Museum - Museum celebrates American railroads with “the largest permanent operating model railroad and toy train exhibit” in North America. Four scale-model railroads of the Southwest, the “San Diego County Relief Map” exhibit, and an interactive toy train. There is a multimedia presentation on railroading, an operating railroad semaphore signal, and interpretive displays on railroads and model railroading. The museum is downstairs in the Casa de Balboa building. 1649 El Prado, 619-496-0199. (BALBOA PARK)

San Diego Natural History Museum - "A Day in Pompeii" features authentic artifacts from Pompeii, buried in 79 CE during catastrophic eruption of Vesuvius. View body casts of volcano’s victims, frozen in their last moments; and objects such as frescoes, jewelry, household items. Closes Sunday, June 15.

"Photography at the Poles" features images of the Arctic and Antarctic by leading Geographic photographers in the museum’s Ordover Gallery. Look for landscapes, mass breaching grounds of king penguins, wildlife. Closes Monday, April 14.

The permanent exhibit "Fossil Mysteries" showcases last 55 million years in Southern California and Baja California region, a time known for its rich fossil record. Highlights include life-sized models of Albertosaurus, Lambeosaurus, a sea cow, megadolon shark, more.

Current "giant-screen film" is Ocean Oasis. 1798 El Prado, 619-232-3821. (BALBOA PARK)

Timken Museum of Art - Permanent collection includes European old master paintings, 18th and 19th-Century American paintings, and Russian icons. Saint Bartholomew, the only Renaissance painting on public display in San Diego, is featured. 1500 El Prado, 619-239-5548. (BALBOA PARK)

Veterans Museum and Memorial Center - Memorial to men and women who served in U.S. Armed Forces, Coast Guard, and Wartime Merchant Marine. Located in the former San Diego Naval Hospital Chapel (2115 Park Boulevard), the museum features original service-inspired stained glass, as well as historical murals painted by Richard DeRosset. Main exhibit hall features displays, exhibits of historic artifacts, documents, photographs, memorabilia, artwork honoring men and women who served. Museum is also home to San Diego Vietnam Peace Memorial and Veterans Memorial Garden. 2115 Park Boulevard, 619-239-2100; veteransmuseum.org

Wells Fargo History Museum - Museum features a working agents’ office staffed by guides in period costumes and contains a working telegraph for visitors to send and receive messages. Short films on California and Wells Fargo history; a gold display, part of the collection assembled by Wells Fargo agent Samuel Doerr at the end of the 1800s; an exhibit of Concord Coach #251, a restored stagecoach built in 1867; and the Davies watch. The museum is located in the reconstructed Col- orado House, 2733 San Diego Avenue, 619-238-3929. (OLD TOWN)

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Out & About

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Dance Party
7-11 pm
9640 Aloe San Diego Ave.
8110 Aero Drive, 8 pm-1 am
San Diego Speed Date
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See SinglesinSanDiego.com Reader
www.AnthonyJacket.com

Dancing at the 150-year-old railroad depot in Old Town.

Festivals

AFABRACADOBERNADEH

FROZEN FOSSILS: Exploring a Time of Extinction

April 19, 2008, 7:00 PM at Venice Restaurant, 3200 California Avenue Suite 100, San Diego, 92121

$10

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Every week The Social Place hosts a singles party that gives you a chance to meet more singles in one night than you could meet on your own in an entire year.

This week our Singles Party will be on Saturday, April 19, 2008, at 7:00 PM at the Venice Restaurant, 3200 California Avenue Suite 100, San Diego, 92121.

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Dance Party
8 pm-1 am
8110 Aero Dr.

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Thursday, May 1
Age 25-37, 5:45-8:45 at EY Restaurant (DOWNTOWN)
Thursday, May 15
Age 24-45, 5:45-8:45 at the Bitter End (DOWNTOWN)

Check-in 7 pm, event 7:30 pm
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San Diego Reader, April 17, 2008
**Early Music Society Tea and Concert**

Have afternoon tea (2:30 p.m.) followed by concert (5:30 p.m.) at San Diego Early Music Society in the Regency Room. John Holloway (violin), Jaap ter Linden (cello), and Lars Ulfkott Mørtensen (harpsichord) will give final performance of their U.S. tour. 619-238-1811. The Village Hotel (1055 Second Street), 2:30 p.m., Sunday, April 20. (ART LAX)

**Music for Horn and Strings Quartet**

San Diego Chamber Music Society gives concert featuring horns and strings in the La Jolla Community Room. Hear Mozart’s Horn Quartet K. 407 in E-flat major, and Beethoven’s second quartet, op. 18, no. 2 in G major, as well as works for horn and strings by Heiden. La Jolla Library (7555 Draper Avenue), 3 p.m., Sunday, April 20. (ART LAX)

**A Duo Piano Concert**

Johannu and Christopher Smith take to the keyboard for classics of and sae music. 858-273-1480. St. Mark’s Episcopal Church (4227 Fairmount Avenue), 7 p.m., Sunday, April 20. (ART LAX)

**Pianist Dmitry Kirichenko**

Russian pianist to feature the music of Rachmaninoff during performance of his Concerto No. 2. 858-273-7243. Clairemont Lutheran Church (4271 Clairemont Mesa Boulevard), 7 p.m., Sunday, April 20. (ART LAX)

**Center Pops Concert**

Conductor Jung-Ho Pak leads Gabriela Montero and the San Diego Chamber Orchestra through evening of George Gershwin tunes. Tickets: 800-888-4255. California Center for the Arts, Escondido (340 North Escondido Boulevard), 2 p.m., Sunday, April 20. (ART LAX)

**Earth Day Concert**

Grammy-nominated pianist/composer Pei Kater in concert. 760-753-3786 x849. Seaside Center for Spiritual Living (1613 Lake Drive), 2 p.m., Sunday, April 20. (ART LAX)

**The Gollards Early music performance**

San Diego’s premiere early music ensemble presents concert series. 858-454-5872. Athenaeum Music and Arts Library (1008 Wall Street), noon, Monday, April 21. (ART LAX)

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**How to Send Us Your Listings**

Contributions must be received by 5 p.m. Friday the week prior to publication for consideration. Do not phone. Send a complete description of the event, including the date, time, cost, the precise address where it is to be held (including neighborhood), a contact phone number, and a phone number (including area code) for public information to READER CLASSICAL MUSIC, Box 85803, San Diego CA 92186-3803. Or fax to 619-881-2401. You may also submit information online at SDRreader.com by clicking on the events section.

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**Classical Listings**

**Student Composers’ Concert**

A project by Tony Krarumitz. 619-260-4716. Shiley Theatre at University of San Diego (5998 Alcalá Park), 12:15 p.m., Thursday, April 17. (ART LAX)

**“Orphus and Eulicide”**

Gluck’s baroque opera following the mis- cian Orphus on his travels through underworld in attempt to retrieve his lover Eurydice presented by Palomar Chamber Singers, with music direction by David Chase, stage direction by Michael Mufson, choreography by Molly Faulkner. 760-744-1024x2431. Performed in English. Palomar College Perform- ance Lab (Room D-10) (1140 West Mission Road), 4 p.m., Thursday, April 17, through Saturday, April 19. (SDMARC)

**Enjoy an Epic Masterpiece!**

The Golliards opera continues season Giuseppe Verdi’s “Aida.” Cast includes “acclaimed Verdi specialist” Indra Thomas in title role, Bulgarian mezzo-soprano Marianna Pentcheva, Uruguayan tenor Carlo Yomna, and American baritone Robin Rucker, German bass Reinhard Hagen. Conductor is Valery Rybakov and director is Garnett Bruce. Reservations: 619-533-7000. San Diego Civic Theatre (1100 Third Avenue), Friday, April 18, through Wednesday, April 23. (ART LAX)

**Mandap, Red Priest, and Angel**

The trio of John Holloway (violin), Jaap ter Linden (cello), and Lars Ul- fikott Mørtensen (harpsichord) presents program from Vetravati, Vi- vå, and Sebastian. Presented by San Diego Early Music Society, 619-291-8426. St. James by the Sea (Episcopal Church) (743 Prospect Street), 8 p.m., Sunday, April 19. (ART LAX)

**Vocal Recital**

Organist John Houg, with accompaniment by organist Gabriela Montero, presents program of works by Bach. 619-322-1234. St. Ignatius Church (195 East Douglas), 2 p.m., Saturday, April 19. (ART LAX)

**Organ Concert**

Guest organist featured in concert. 619-702-8138. Spreckels Organ Pavilion (2211 Panama Avenue), 2 p.m., Sunday, April 20. (BALLOON TOURS)

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**Galleries**

**Walkthrough with Adam Belt**

Adam Belt leads walkthrough of his ex- hibition, “Convergence,” in Main Gallery. Belt’s installations incorporate salt to demonstrate physical forces of natural world. 858-454-5872. Athenaeum Music and Arts Library (1008 Wall Street), 11 a.m., Saturday, April 19. (ART LAX)

**Co-Extension Opening reception**

for Jordan Gehman and Bryan Czub- ech exhibit. Show runs through Thursday, April 24. 760-753-3786 x849. Seaside Center for Spiritual Living (1613 Lake Drive), 2 p.m., Sunday, April 20. (ART LAX)

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**Arts Museums**

**California Center for the Arts, Escondido Museum**

“Nin- ce is Questionable” is com- posed of work by six renowned San Diego-based artists: Jean Lowe, Ernest Silva, Rafael Guerrero, Luisa Nunez, May-Martinez, and Yvonne Venegas. Each artist is recipient of 2006/2007 San Diego Museum of Art’s Artist-in-Residence Grant. 760-735-3355. (ESCONDIDO)

**Museum of Contemporary Art San Diego, Downtown**

“Maya Lin: Systematic Lands- capes” features recent sculptures, drawings, large-scale installations exploring “landscape as both form and content, as well as the role technology plays in visualizing and transforming our world.” Exhibition centers on three large- scale installations, each puts viewer into a “distinctive relationship to the scale and shape of the land.” Also featured are a series of sculptures based on water vol- umes of inland sea, large draw- ings of landforms and river sheds, and images of Lin’s recent earth- works and architectural projects. Through June.

**Robert Irwin: Primaries and Secondarys**

“is the largest exhi- bition of irwin’s works to date with new work since 1993.” Exhibition features new major installation works created specifically for MACAD’s galleries, is draw almost exclu- sively from works of museum’s collection. Closes Sunday, April 13.

**Diego Civic Theatre (1100 Third Street)**

San Diego Early Music Society, 858-454-3541. (LAX)

**Museums of Photographic Art**


**Kites Over Vista Artists’ reception for sculpture exhibit. 760- 726-1340 x1148. Rancho Buena Vista Adobe Gallery (40 Alta Vista Drive). 1 p.m., Saturday, April 19. (ART LAX)

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**的症状**

**Mature adult**

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**Mature adult**

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**Mature adult**

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Orange Alert for Dengue Fever — the future looked promising for Dengue Fever when the critically acclaimed psych-surf band Nimol was driving home to San Diego after opening for Jonathan Richman at the Cashab on February 6, 2003. "However," notes Steve Hucy in their All Music Guide bio, "disaster nearly struck when Nimol was arrested in San Diego in accordance with the stringent, post-9/11 immigration and Naturalization Service policy — she'd arrived in the U.S. a few years before for lucrative New Year's gigs and stayed, settling with her sister in Long Beach's "Little Phnom Penh" — at a population of 50,000, America's largest Cambodian ex-pat community. Brothers Ethan and Zac Holtzman had been inspired by vintage Cambodian rock to start a band with vocals in the Khmer language, and they found Nimol singing at the LBC's Dragon House restaurant.

The problem at the checkpoint was its overuse but not before Nimol spent 22 days in an INS detention facility here. She was released after benefit shows raised money that helped secure her legal status. She also worked long hours at the Dragon House to pay $20,000 in lawyer's fees — prompting the title of their second album, Escape from Dragon House. Nimol also co-wrote (in Khmer) "22 Nights" on their debut, which was about her incarceration (where she composed the new lyrics to Celine Dion songs). It was beautiful," Nimol said. "I felt afraid I was going to be sent back to my country." Drummer Paul Smith elaborated: "Singers have gotten acid thrown in their face in Cambodia for associating with the wrong politicians.… It was an important part of her defense. If she had been sent home, she could've been a target." Nimol's family members had sung for deported Cambodians, and Nimol's father sang on a movie soundtrack with legendary Cambodian rock to start a community. Brothers Ethan and Zac Holtzman had been inspired by vintage Cambodian rock to start a band with vocals in the Khmer language, and they found Nimol singing at the LBC’s Dragon House restaurant.

When the cops showed up, they told me if they arrested the bouncer they would also have to arrest me. I asked him why… I didn't do anything. I was completely nonviolent. He told me the security guard had a cut on his face and it was swelling and it was because of whatever it was I said to him. Pereira admits that the bouncer did get hit in the face by his friend after the guard sprayed them. "Nobody touched security until he sprayed the pepper spray. The reaction was purely self-defense… I didn't want to go to jail for whatever it was the kid did to him, so I left." U-31 owner Steve Billings did not respond to a request for comment. U-31 manager Erica Jesup would not comment. "There was a total lack of self-control for someone in a position of authority," says Pereira. "I've been smelling it for three days. It's in my sinuses." — Ken Leighton

Potty Schmotty — singer-songwriters Eve Selis and Mattie Mills have written a book, Forty Schmotty: Life Keeps Happening. "During the process of writing the book," says Selis, "Mattie was diagnosed with breast cancer at age 45, and I became pregnant at age 43. "Mattie and I helped each other get through this journey," says Selis. "She went through her chemotherapy with courage and the knowledge that she was going to kick cancer's ass, not the other way around. I felt powerless over the disease but knew our friendship would help us conquer anything." Selis’s sister is a...
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breast cancer survivor. “As for my pregnancy, our friendship provided support. Mattie had two children in her 40s and had her fourth child at age 45. She was a great inspiration and help to me because it had been so long since my first pregnancy…my daughter is 13 years old.”

In addition to their book, the duo blogs about their experiences at fortywhimsy.com, which offers BBQ aprons, tote bags, and string thongs, all emblazoned with the Forty Sound logo. Selsi recommends the latter as a gift for men, to purchase for their fortysomething wives.

Robin Lee just released a ten-song CD, Sleep When I’m Dead, thanks to a total stranger who saw her perform at a Tuesday night open mike at Portugalia in O.B. “I didn’t put out a dime,” says Lee, who says a man named Ray Peterssen paid for the studio time at Strate Sound in Santee. He also covered the costs for nine other local musicians to play on the album, including members of Lady Dottie and the Diamonds, Eve Selsi’s band, and fiddle/banjo player Dennis Caplinger.

Lee even gets to keep the money when she sells a CD. “When he handed me my CDs, I said, ‘What the hell?’” says Lee. “Here’s the catch: as outlined in a signed agreement, Peterssen gets 50 percent of all the publishing royalties should any of her songs get picked up for use in a soundtrack or TV commercial or is recorded by a major artist. That agreement lasts for five years. “That sounds a little high, but I’ve heard worse,” says attorney Sandy Troy, who has knowledge of such agreements. “We’re not talking the Beatles or Van Morrison here. I’ve heard of worse agreements.”

Lee, a mother of four grown children, says, “I have nothing to lose. One of the songs on the new album, Federal Time, was inspired by her 18-month prison stint that ended in 2001. “I went down hard. It was about weed and money in two states.”

Peterssen says he is set financially through his military pension and from the sale of his touring production company Avocado Productions. He says he spent less than $10,000 on Lee’s record. “I know a good song when I hear one,” says Peterssen. “Artists like Robin are few and far between. I can take a chance like this. I’ve made my money in my life. This is almost a hobby for me.” He says he will personally try and get Lee’s songs licensed for use.

Steve Poltz has a wealth of experience dealing with publishing rights. He also signed away 50 percent of his publishing to his ex-manager and record label. Because he co-wrote Jewel’s hit “Who Will Save Your Soul,” his royalties are worth hundreds of thousands of dollars.

Poltz explains that songwriter royalties are split in half: half to the writer and half to the publisher. “So if she gave up 50 percent of the publishing, that means she only really gave up 25 percent of the total… If she sells one of her songs to Volkswagen for $100,000, she gets $75,000.” — Ken Leighton

“Froggy’s Revenge”

Jordan Moorman doesn’t sound like any other singer-songwriter.

“Jordy Moorman doesn’t sound like any other up-and-coming hitmaker. ‘I don’t have a larynx. I don’t know what it is that I use to sing or talk. The singer—guitarist lost his vocal cords when he was born. ‘As soon as I was born, there was a blockage of air to my lungs. I died for a couple of minutes. They had to do an immediate tracheotomy to allow me to live.’

Although he says modern science may have handled his problem differently, he does not fault the doctors in Stillwater, OK, who cut his voice box out in 1984. “They allowed me to live. I have a lot of respect for them because I am alive and talking…” Infant tracheotomy was not that advanced then. According to doctors I was never supposed to speak at all.

When Moorman first moved to San Diego seven years ago, he played guitar in a punk band called the False Idols. “I wrote the music. It was a shitty pop-punk band.” Moorman, who sounds like a male Marge Simpson, was nicknamed “Froggy” as a child. He admits it took a while to work up the nerve to sing and play at an open mike. His first one was January at the Tuesday night acoustic showcase at the E Street Cafe in Encinitas. “My best friend taught me to face my hardships and that humble, which I’m not good at.” He says the fact that he wants to go back to E Street, an alcohol-free coffeehouse, proves that point.

“i want to go back because I hate it there. One of the owners doesn’t like me. The second time I played there, he went up and introduced me and said, ‘Ladies and gentleman, here is Jordan. I hope he isn’t drunk tonight.’”

Moorman admitted that Jamieson whiskey helped him work up the nerve to sing at his first appearance at E Street. “I was afraid of not being respected. We don’t drink to become brave. We drink to not be afraid. I gave me the nerve to sign up (to perform). But I refused to not play there again after he said that.”

And Moorman will not give up vocals. “I could just play guitar. But by all accounts, I should be dead. It would be a selfish act if I didn’t push myself to sing. I don’t believe what I have is a handicap.”

Jordan Moorman appears at E Street Cafe Tuesday. — Ken Leighton

CONTRIBUTORS
William Crain, Shea Good, Larry Harmon, Michael Hemmingson, Ken Leighton, Ryan Loyko, Bart Mendoza, Derek Plank, Eric Rife, Jay Allen Sanford, David Stampone

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“The mix is so loud, the songs are so perfect, the lyrics are so ponderable…”

Hellyeah is a rock “supergroup” featuring members of Mudvayne, Pantera, and Nothingface. Their self-titled debut sold 45,000 copies in its first week.

Hellyeah is a San Diego rock band and the brainchild of singer/guitarist Matt Casper. Casper estimates that he has been operating his band under the name Hell Yeah for four and a half years, and he’s not very fond of the other Hellyeah on Epic Records. “They are retread metal,” says Casper.

Casper does appreciate the other band’s name choice. “Hell Yeah is a fun name, and it was up to me every band in the world would be called Hell Yeah. It’s an upbeat name, and I could see why someone would want to use it.”

Casper estimates that his Hell Yeah MySpace profile has received in the neighborhood of 5000 extra hits due to the name mix-up — some free exposure for this ferocious local act with Casper on guitar and vocals, Sean Lawson on bass, and Carey Moors on drums.

Desert-island discs?
1. Neutral Milk Hotel, In the Aeroplane over the Sea. “The mix is so loud, the songs are so perfect, the lyrics are so ponderable… and on any desert island, you have a lot of time for pondering.”
2. The Pixies, Doolittle. “I love this record so much I can actually masturbate to how good it is. Again, very important when one is on a desert island.”
3. The Beatles, White Album. “Like a different band on each tune, Hell, ‘Happiness Is a Warm Gun’ is seven songs in itself.”
4. Drive Like Jehu, Yank Crime. “To scare the natives on said desert island. Also, an SD band, and this is an SD paper, so I’m playing to the crowd.”
5. Boat Building Bob, How to Build a Boat. “Don’t know if this record is out there, but I sure would want it with me on a desert island.”

Desert-island DVDs?
1. The Godfather. “Perfectly shot, perfectly paced, perfectly acted, perfectly scripted, perfectly over the top. Almost every scene is iconic.”
2. The Godfather: Part 2. “Second verse, same as the first. This time with De Niro, too! Sheeet. ‘Sheeet’ is actually a quote from Clay Davis, the corrupt state senator from The Wire. You don’t watch The Wire? Then put down this paper and go spend 60 hours in front of the TV watching it all right now!”
3. Dumb and Dumber. “Want to hear the most annoying sound in the world? Yes, I do, Lloyd Christmas, yes, I do.”

Best gig:
“It was a Tuesday at Scolari’s Office back in 2004. Maybe 20 people there, 5 of whom were there to see us, but by the end of our set we had all the people screaming, ‘That was f**king awesome!’ at the end of each tune. Sometimes things just click. Sometimes they click.”

Most prized possession:
“I’d say ‘my kids,’ but they own me. So it’s easily my guitar, a beat-up Les Paul Special, that I love.”

The smartest thing I ever saw was:
“When I auditioned for MTV’s Idiot Savants, I auditioned in the garage. She was on bass, and he was on drums, and he was keeping time — hitting the cymbals and hopping up and down, using all of his weight, all 55 pounds, to press the kick-drum pedal. Corey [Hell Yeah’s drummer]: be warned.”

Carne asada or veggie burrito?
“Carne asada. Through smoking, I show animals my mastery of the fourth element, fire. Through carne asada, I show them that I will kill and eat them.”

Worse versions of a band named Hell Yeah than Hellyeah:
1. Fran Drescher (vocals), Gilbert Gottfried (vocals), Joanna Newsome (vocals), Elmo (vocals), G.W. Bush (dancing fool).
2. Andre the Giant (bass), a female Andre the Giant (guitar), Arnold Schwarzenegger (keytar), Vin Diesel (vocals).
3. Ricki Rockett (drums), Bobby Dall (bass), C.C. DeVille (guitar), Bret Michaels (guitar and vox), the Unabomber (unabombs).
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**4th & B**: 345 B Street, Downtown, 619-231-4343. Friday, 8 p.m. — Jazz Thu, Ball & Mug, Tiki. Includes guest appearances and other local artists. Hip-hop/pop/rap. $5-

**710 Beach Club**: 710 Garnet Avenue, Pacific Beach, 858-483-7866. Thursday — Moontucky Buns. Local bluegrass/psychedelic/classic rock band. Friday — Carbine and Bag of Toys. Acoustic/blues/cover

**Beauxmont’s**: 5623 La Jolla Boulevard, La Jolla, 858-472-3030. Thursday, 8 p.m. — Greg Feldman. Acoustic/cover/standards. Friday, 9 p.m. — Mark Fisher and Friends. Covers/standards/rock. Saturday, 9 p.m. — December’s Children. Covers/standards/rock.


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Friday, 8 p.m. — Tish Hinojosa & Her Band. With Rosie Flores and Robert Sikes. Folk/blues/soul.


Thursday, 8 p.m. — Captain Kirk & the Beam Me Up Scotties.
Friday, 8 p.m. — Luna Llena. Latin.
Saturday, 8 p.m. — Semisi. Reggae/world.
Sunday, 8 p.m. — John Scott & the Magnificents.
Monday, 8 p.m. — Cactus Twang.
Tuesday, 8 p.m. — Jack Tempchin and Friends. Blues/rock.
Wednesday, 8 p.m. — Michael Tiernan. Bluegrass/soul/pop.

‘Canes: 3105 Ocean Front Walk, Mission Beach, 858-488-1780.

Thursday, 8 p.m. — Helm. With Nick Oliveri & Mundo Generator, Fireball Ministry, and Fluf. Rock/alternative/heavy metal.
Friday, 9 p.m. — Arm the Angels and Broke City. With Misdelphia. Alternative rock/pop. $10.
Saturday, 10 p.m. — Diego Roots. With Age of Reason. Reggae/dancehall/hip-hop. $10.

Carlsbad City Library: 1775 Dove Lane, Carlsbad.
Thursday, 7 p.m. — Rock the Library Concert Series. The Funky Kicks kick off the family-friendly series in the Ruby Schulman Auditorium. 760-602-2058.

Thursday, 8:30 p.m. — The Sword. With Sadaa Feq and Children of Metal. $10.
Saturday, 8:30 p.m. — Dengue Fever. With DJ Claire and A.M. Vibe. Pop/world/alternative. $12-$14.

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Friday, 8 to 10 p.m. — Sons of Bordertown. Rock/blues/folk.
Saturday, 3 p.m. — CC & David. With Zakroo Blues Patrol. Rock/blues/folk.
Sunday, 2 to 6 p.m. — Fabulous Woodies and Irene Dawson. Classic rock/jazz.
Wednesday, 8 to 6 p.m. — Scott Carter Duo. Reggae/Reg.

Downtown Café: 182 E. Main Street, El Cajon, 619-440-5687. Thursday, 6 to 8 p.m. — Chat & the Committee. Blues jam.

Fannie’s Nightclub: 9143 Campo Road, Spring Valley, 619-698-2014. Thursday, 8 to 10 p.m. — Cory Wilkins. Alternative/rock/blues.

House of Blues: 1555 Fifth Avenue, Downtown, 619-299-2583. Thursday, 7 to 10 p.m. — Thrice. With Circa Survive and Pelican. Rock/experimental.
Friday, 8 to 10 p.m. — La Quinta Estación. Rock or epsilont pop band.
Saturday, 8 to 11 p.m. — Best of Tributes. With Hertzwood MAX, No Where Man, Alice & the Cooper Gang, Halp!, OUI812, and Dust & Bones. Sunday, 8 to 11 p.m. — Symphony X. Epic, Into Eternity. Heavy metal celebration. $17-$20.
Monday, 8 p.m. — Super Diamond. Neil Diamond tribute band.
Wednesday — Timbiriche. Rock en español/pop.

Humphrey’s Backstage Music Club: 3241 Nobel Island Drive, Point Loma, 619-244-3777. Thursday, 8 to 10 p.m. — Rhythm & the Method. Acoustic/blues/rock. $5.
Friday, 9:30 to 11 p.m. — Federal Funk. R&B. $12.
Saturday, 9:30 to 11 p.m. — Viva Santana. Santana tribute band.
Sunday, 8 p.m. — Will Donato. Smooth jazz. $12.
Monday, 7 to 9 p.m. — Sue Palmer & Her Motel Swing Band. Blues/soul.

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JOE JACKSON
with special guest Mutlu
Thursday, May 15 • 8:00
JESSE COOK
Friday, May 30 • 8:00
CRAIG FERGUSON
with special guest Randy Kagan

JUNE
Saturday, June 7 • 7:30
BEACH BOYS
Tuesday, June 10 • 7:00
ERYkah BADU/The Roots
Thursday, June 12 • 8:00
KEM
with special guest N’dambi
Friday, June 13 • 7:30
JONNY LANG
Saturday, June 14 • 8:00
WANDA SYKES
Tuesday, June 17 • 8:00
CROSBY, STILLS & NASH
Wednesday, June 18 • 7:00
KEB’ MO'/TAJ MAHAL
Thursday, June 19 • 7:30
INDIGO GIRLS
with special guest Brandi Carlile
Friday, June 20 • 7:30
IDINA MENZEL
Wednesday, June 25 • 7:30
ANI DiFRANCO
with special guest Martyn Joseph
Thursday & Friday, June 26 & 27 • 7:00
ONEHAWAII TOUR
featuring Keali‘i Reichel, Na Leo, Willie K. & Augie T.

JULY
Tuesday & Wednesday
July 1 & 2 • 6:00
BOB WEIR & RATDOG/GOV’T MULE
Wednesday, July 16 • 7:30
CHRIS ISAAK
Thursday & Friday
July 17 & 18 • 8:30
HIFFIEFEST: A CONCERT FOR PEACE & LOVE
with Jack Bruce of Cream, Eric Burdon & The Animals, The Turtles featuring Flo & Eddie, Melanie, Badfinger featuring Joey Molland and Jonathan Edwards
Sunday, July 20 • 6:30 & 9:00
GEORGE CARLIN
Tuesday, July 22 • 8:00
FEIST
Wednesday, July 23 • 7:30
DOOBIE BROTHERS
Friday, July 25 • 8:00
FRANKIE VALLI & THE FOUR SEASONS
Sunday, July 27 • 7:30
KEVIN ROURKE & THE BAND

AUGUST
Friday, August 1 • 8:00
DOLLY PARTON
Sunday, August 3 • 7:30
PAT BENATAR & NEIL Giraldo
Monday, August 4 • 7:30
HYE LEWIS & THE NEWS
Tuesday, August 5 • 7:30
LYLE LOVETT
Wed., August 6 • 7:30
BOB SCAGGS
Friday, August 8 • 7:30
PETER & GORDON/
GERRY & THE PACEMAKERS
Sunday, August 10 • 7:30
DOLLY PARTON

SEPTEMBER
Fri., September 12 • 7:00
ALAN PARSONS LIVE PROJECT
Sat., September 13 • 7:00
AIR SUPPLY/CHRISTOPHER CROSS
Thurs., September 25 • 8:00
KENNY G
Sun., September 28 • 8:00
ETTA JAMES & THE ROOTS BAND

OCTOBER
Friday, October 3 • 7:30
AMERICA
Sunday, October 5 • 7:30
CECILIO & KAPONO
Friday & Saturday
October 10 & 11 • 7:00
RUSSELL PETERS & FRIENDS
Sunday, October 19 • 7:30
GORDON LIGHTFOOT

LEXUS PREMIUM PACKAGES
PACKAGE INCLUDES:
2 premium-seat concert tickets (center section, rows 1-4): 2 dinners at Humphreys Restaurant and one suite, junior suite or guest room at Humphreys Half Moon Inn & Suites. Packages are limited.
Visit our website for details: humphreysconcerts.com
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PACKAGES INCLUDE DINNER AND UP-FRONT SEATING.
Tickets required for all ages. Dates subject to change or cancellation. Acts will be added periodically throughout the summer. Please check our website for updates.

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11:30 am-6:30 pm
Tuesday-Saturday
Located at: 2241 Shelter Island Dr.
www.humphreysconcerts.com • concerts@humphreysconcerts.com • 2241 Shelter Island Drive
Minnesota madman Mark Mallman was in between songs at a 2006 show when his guitarist started fiddling around with a riff from “When Doves Cry.” According to a reviewer, Mallman became angry and shouted, “Fuck that midget! This is my town now!” Prince probably doesn’t have too much to worry about, but Mallman is a big player in the Twin Cities scene, and this story illustrates precisely the kind of ironic self-aggrandizement and grandiosity that got him where he is today.

The art school graduate became famous for staging a 28-hour performance of a single song, a number called “Marathon” that required a cast of 28 musicians and more than 300 pages of lyrics. (He later tapped it with a sequel that went on for more than 52 hours.) At a New Year’s Eve performance a few months ago, he claimed to make rock ‘n’ roll history by being the first musician to play his keyboard with the rotating back wheel of an electric scooter. You can see this on YouTube, and it’s just one of many weird things you can see him doing there. In fact, the people posting Mallman videos on the site are apparently more interested in his between-song rants and midsong keyboard antics than they are in his musicianship.

And Mallman is a formidable musician; he just prefers to play in the style of deliriously uncool early ’80s stadium rock. His over-the-top antics suggest that the whole act is a joke, but then he doesn’t break character as long as he’s onstage — which suggests that he’s serious. Ultimately, his performance is so well executed and so much fun that you don’t really care.

MARK MALLMAN

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The Disco Pimps

Open Mic Comedy in the Gaslamp, hosted by Mark Schreiber

Modern Day Moonshine

All bands welcome to perform 2 songs on the house gear. Have drinks with resident bartenders, the “Vikki & Rikki Twins.”

Rolling down the hill with Leper Khanz

Silent Comedy

The Alternatives

Crash Encore

Trainwreck performs all your fav metal hits

9 pm

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Tish Hinojoa

AND HER BAND

Special guests

Rosie Flores & Robert Skiles

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**UPCOMING EVENTS**

**THURSDAY, APRIL 17**
- HELMET
- NICK OLIVERI & MONDO GENERATOR
--fireball Ministry
- FLUF

**FRIDAY, APRIL 18**
- BROKE CITY
- MISDELPHIA

**SATURDAY, APRIL 19**
- RZA
- & special guests

**SUNDAY, APRIL 20**
- AEG presents

**WEDNESDAY, APRIL 23**
- BASIK MC
- LOVE & ROCKETS

**MONDAY, APRIL 28**
- SOJA
- ONE DROP

**TUESDAY, APRIL 29**
- HIGH TIDE
- d-throst • MAD MARTIGAN

**WEDNESDAY, APRIL 30**
- THE BREAHERS
- COLOUR REVOLT

**THURSDAY, MAY 1**
- SOJA
- ONE DROP

**FRIDAY, MAY 2**
- BLIND MELON
- ERIC HUTCHINSON

**SATURDAY, MAY 3**
- NATURAL VIBRATIONS
- STONE SENSES

**SUNDAY, MAY 4**
- MELVIN SEALS & JGB

**WEDNESDAY, MAY 7**
- UPKEEPING
- 3105 Ocean Front Walk
- MISSION BEACH
- 858.488.1780
canesbarandgrill.com
www.myspace.com/canesmusic
**Calendar Music**

**Pasquale on Prospect:** 1250 Prospect Street, La Jolla, 858-456-0722. Sundays, 7 p.m. — Stage 4: Jazz/rock and blues.

**Patrick’s II:** 428 F Street, Downtown, 619-233-3077. Thursday — Blue Four. Local blues/soul band.

Friday — The Blues Brokers. Blues/soul.

Saturday — Taryn Donald & Mo-Io Rising. Blues/soul.

Sunday — The Dave Camp Trio. Sunday — Chet Cannon & the Committee: Blues. Wednesday — Shella Blue: Rhythm and blues.

**Patrick’s Irish Pub:** 1314 Powsay Road, Poway, 858-486-0764. Saturday 9 p.m. — West of 5: Classic to modern rock.


**Portugalia:** 4839 Newport Avenue, Ocean Beach, 619-222-7678. Sunday, 6 p.m. — Jivechops Ensemble and CW3: Funk/jazz.

**Pounders:** 125 West Grand Avenue, Escondido, 760-739-1288. Wednesday, 9 p.m. — Gastard Piz: Covers/standards.

**Poway Center for the Performing Arts:** 18498 Espola Road, Poway, 858-748-0505. Saturday 8 p.m. — John Mayall & the Bluesbreakers.

**Ramada Inn:** 5550 Kearny Mesa Road, Kearny Mesa, 619-596-9777. Wednesday, 6 p.m. — Keith Jacobson: Smooth-jazz saxophone.

**Rancho Bernardo Inn:** 17550 Bernardo Oaks Drive, Rancho Bernardo, 858-675-8500. Fridays 5:30 p.m., Saturdays 6 p.m. — Jerry Melnick & Tom Bishop: El Ricchoso Restaurant: Jazz/trad.

**The Red Eye Saloon:** 1448 South Mission Road, Fallbrook, 619-726-2270. Friday, 8 p.m. — MoonDance: Classic rock/blues.

**The Red Parrot Lounge at Casino Pauma:** 777 Fauna Reservation Road, Fallbrook, 760-742-2277. Friday, 8 p.m. — MoonDance: Classic rock/blues.

**The Rhythm Lounge:** 3048 Midway Drive, Point Loma, 619-224-4835. Friday, 9:30 p.m. — D. Core, MC Flow, Addaprit, With Vision, Princess Leah, and Miki Vale: Hip-hop: $5.

**Riley’s:** 2901 Nimitz Boulevard, Point Loma, 619-233-8035. Saturdays 9 p.m. — Rock Forever: Entertainment. Features live bands every Saturday night. Wednesdays, 9 p.m. — Swing Night: Live swing bands perform.

**Rosie O’Grady’s:** 340 Adams Avenue, Normal Heights, 619-284-7866. Tuesdays 9:30 p.m. — Idol’s Jazzy Jam Session: Modern jazz classics and standards every Tuesday, with Bryan Whelan, Doug Walker, Laurel Grinnell, and friends.

**The Round Table Cocktail Lounge:** 1723 Euclid Avenue, City Heights, 619-264-6000.

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**Scripps Miramar Ranch Library: 10101 Scripps Lake Drive, Rancho Bernardo, 858-278-9000.**

**Sundays:**

*San Diego United Methodist Church: 170 Calle Magdalena, Encinitas.*


**Scripps Miramar Ranch Library:** 10101 Scripps Lake Drive, Rancho Bernardo, 858-224-4173.

Sunday, 7 p.m. — Kany West.

**San Diego Sports Arena:** 5500 Sports Arena Boulevard, Point Loma, 619-224-4173.

Sunday, 6 p.m. — Charlie Blue: Blues.

**South Park Bar & Grill:** 1946 Fern Street, South Park, 619-696-0096. Thursdays, 9:30 p.m. — Open jazz jam. Ages 21 and up.

**Sundays:**

*South Bay Fish and Grill:* 570 Marina Parkway, Chula Vista, 619-420-7234. Friday, 6 p.m. — The Burnville Band. Performs at the Pink Bash for Cash fund-raiser. This pink-tie event includes dinner and a silent auction. $40.

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**Duran Duran**

**Tuesday, April 15, 2008**

**Concert Time:** 7:30 p.m.

**Time Square Theater:** 15498 Espola Road, La Jolla, 858-456-0722.

**Concert Date:** April 15, 2008

**Concert City:** La Jolla, CA

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**SOUTH BAY FESTIVAL OF THE ARTS**

**San Diego Sports Arena:** 5500 Sports Arena Boulevard, Point Loma, 619-224-4173.

**Sundays:**


**Sevilla:** 855 Fourth Avenue, Downtown, 619-233-9579.

**Mondays:**

*Sevilla:* 855 Fourth Avenue, Downtown, 619-233-9579. Mondays, 9 p.m. — Rock en Español.

**Soma:** 3350 Sports Arena Boulevard, Point Loma, 619-224-4173. Thursdays, 6:30 p.m. — The Virtual Strangers. “Pleasure of Your Company” chamber music series continues with concert by bluegrass band, the Virtual Strangers. Band mixes traditional and progressive material. Donations welcome. Reception follows. 858-338-8158.

**Soma:** 3350 Sports Arena Boulevard, Point Loma, 619-224-4173. Thursday, 6:30 p.m. — A Skylift Drive, Dance Gavin Dance. With Oh Sleeper, Before Their Eyes, Four Letter Lie, Memphis May Fire, and the Haunted. Screamo/metal. $12. Friday, 7 p.m. — The Haven, the Material, Man Without Wax. With Bank, White Apple Tree, and Sound of Surrender: Alternative rock/indie pop. $8.

**Soma:** 3350 Sports Arena Boulevard, Point Loma, 619-224-4173. Saturday, 7 p.m. — Bedford Grove: Features performances by Crash Encore, Fing, and Love Campaign. $8.

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**South Park Bar & Grill:** 1946 Fern Street, South Park, 619-696-0096. Thursdays, 9:30 p.m. — Open jazz jam. Ages 21 and up.

**Sundays:**

*South Park Bar & Grill:* 1946 Fern Street, South Park, 619-696-0096. Sundays, 6 p.m. — Original Music Modern Jazz Series. Every Sunday, with Doug Walker, Tim Nunnink, Nick Tocco, and Nathan Hubbard. Tuesdays, 8 p.m. — The Friend.
ON BROADWAY

98 San Diego Reader  April 17, 2008

FRIDAY 04.18.08
GLOBAL FRIDAYS
WORLD CLASS TALENT

BIRTHDAY CELEBRATION PARTY
VICTOR DINARE

with EV MUSIC'S COWBOY MIKE & CHASE COSTELLO

SATURDAY 04.19.08
NEW SET: NEW MUSIC: NEW EXPERIENCE
DJ IRENE

SCREAMING DIVA PRODUCTIONS  |  www.DJirene.net
with DJ LOCZI (APRO Music)

GUARANTEED ENTRY PRE-SALE TICKETS: eventvibe.com

UPCOMING EVENTS:
FRI 04.25: SCOOTER & LAVELLE
SAT 04.26: EDIE HALLIWELL

HAPPY HOUR: FRIDAYS & SATURDAYS. 15% off MENU ITEMS & 50% OFF SAKE from 7PM-8PM

ON SALE NOW!

MULDOON & LARRY MITCHELL  4/25
MICHAE L BURKS  5/02
SMOKIN' JOE KUBEK & BNOIS KING  5/03
MARCUS MILLER WITH JEAN BAYLOR FORMERLY OF ZNANE  5/07 & 5/08
KEVIN EUKANKS  5/10 & 5/11

TUESDAY TASTINGS 1/2 PRICE WINE*
*featuring select premium & boutique bottles every Tuesday

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FRI 04.18  7:30PM
LEE RITENOUR, PATRICE RUSHEN, ALEX ACUNA & BRIAN BROMBERG

THU 04.17  7:30/9:30PM
LAKESIDE

FRI 04.18  7:30PM
PATTY LARKIN

SAT 04.19  9:30PM
TUE 04.22  7:30PM
RICHARD MARX WITH MATT SCANNELL OF VERTICAL HORIZON

SAT 04.26  7:30PM
LEON REDBONE

SUN 04.27  7:30PM
UPCOMING SHOWS

4th & B: 345 B Street, Downtown, 619-251-4543.

Zombie Lounge: 3519 El Cajon Boulevard, North Park.
April 25 — Spiritualized.
April 28 — M.I.A.

Acoustic Music San Diego:
4690 Mansefield Street, Normal Heights, 619-303-8176.
April 25 — Hot Club of Cowtown.
April 27 — Terry Sylvester.
May 1 — Po’Girl.
May 10 — John Mcluen.
May 17 — Prince Dada.
June 13 — John Gorka.
June 19 — Randy Kohers and the Life.
June 20 — Boy Book Binder.

Winston's:
9952 Napa Street, Aliso Viejo, 619-454-3400.
Saturday, 9 p.m. — Benslore. Reggae/soul/blues.
April 26 — The Farmers.
May 1 — Bad Mood.
May 8 — Southside.
May 9 — Smokin' Joe Kubek & Bennoi King.
May 10 — Marc Lamont.
May 16 — Teenage Head.
May 17 — The Conch Heads.
May 23 — The Robin Henkel Band.
May 24 — Smokin' Joe Kubek.
May 30, May 31 — Sunny

P.Diddy & MTV PRESENT

MARTIN THE TOUR

ON SALE FRIDAY APRIL 18 at 10am
SATURDAY JUNE 7

WITH SPECIAL GUEST
Cheri Dennis

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The New Album WELCOME TO THE DOLLHOUSE Featuring “DAMAGED”
www.danielklang.com
Landeth
June 5 — Metro.
June 13, June 14 — Ivan Lins.
June 18 — Hirono.
June 20 — James Cotton.
July 5, July 7 — Ottmar Liebert and Linda Nega.
July 12, July 14 — Howard Jones.
Aromat
5988 Alcalá Park, USD, 619-280-4600.
April 26 — Trent Hancock.
May 3 — Lindsey Young.
Atheneum Music and Arts Library: 1008 Wall Street, La Jolla, 619-454-5872.
May 7 — Jazz at the Neuroscience Institute.
San Diego:
Athenaeum Music and Arts
— Linsdsey Yung.
April 26
— Metro.
April 27 — Victor Wooten.
April 29 — Mike Ness.
April 30 — Get Back Loretta and Ryan Ferguson.
May 1 — Mike Doughty.
May 2, May 3 — The English Beat.
May 4 — Shelly Lynne.
May 5 — Reggie de Mayo.
May 14 — Kathleen Edwards and the Last Town Chorus.
May 19 — Murder by Death, Dios, Gasoline Heart.
May 20 — The Proclaimers and Jeremy Fisher.
May 22 — Hal Ketchum.
May 23 — Don Carlos.
May 29 — Poncho Sanchez.
May 30 — Final Warning.
May 31 — Ladhon.
June 6 — Common Sense.
June 13 — The Young Dubliners.
June 14 — Cash’d Out.
June 21 — Dead Man’s Party.
June 27 — Gary Husy.
July 27 — Patn Banton and the Mystic Roots Band.
July 28 — Atomic Punks.
July 5, July 7 — Israel Vibraton and Outlaw Nation.
July 12 — Stepping Feet.
July 24 — Venice.
Birch North Park Theatre: 2891 University Ave, North Park, 619-238-4888.
April 24 — The Klezmatics.
June 21 — The Kenny Burrill Quartet.
August 2 — Mark O’Connor’s Appalachian Waltz Trio.
April 25 — Sharon Haral Township.
Brick by Brick: 1130 Buenos Avenue, Clairemont, 619-275-LIVE.
April 24 — Rise of Revolution.
Bar Pink Elephant: 3829 30th Street, North Park, 619-364-7184.
May 7 — David Karsten Daniels and Nina Nastasia.
Beauty Bar: 4746 El Cajon Boulevard, Kensington-Talmadge, 619-516-4746.
April 24 — The 87 Stick Up Kids and Time Machine.
April 25 — Sparrow Love Crew and the Fascination.
April 30 — Children of Nova and Late Night Access.
May 1 — The Ringers and Hotel Saint George.
Belly Up Tavern: 142 South Cedros Avenue, Solana Beach, 858-481-8140.
April 24 — Dark Star Orchestra.
April 25 — B-Side Players and Gara.
April 26 — The Yonder Mountain String Band.
April 27 — Victor Wooten.
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April 25 — Sharon Haral Township.
Brick by Brick: 1130 Buenos Avenue, Clairemont, 619-275-LIVE.
April 24 — Rise of Revolution.
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from the Chelsea Lately Show

with special guest
HEATHER MCDONALD
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and a Special Appearance
by Chelsea’s little negot

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$99

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Open noon-8 pm 7 days

The Kensington Club

Friday, April 18

FRANTIC ROMANTIC BOOK OF MARTYRS
MODERN RIFLES

Saturday, April 19

HOTEL ST. GEORGE DEATH ON MARS

WINTER LADY VAIN

Friday, April 25

THE SPITS
THE OKMONIKS

THE BLACK AND WHITES LOVER!

Saturday, April 26

BAD CREDIT
THE VICTORIANS
LILITH VELKOR

Saturday, May 3

APES OF WRATH
THE HOLY ROLLING EMPIRE

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BODY JEWELRY

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Excludes gold.
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Karl Strauss Main Brewery
in Pacific Beach
San Diego Reader April 17, 2008

**Ché Café:**

**Girlfriends.**
**Nasty, Beardo.**
June 13 — Andre Legacy, Dirt Nasty, Beardo.

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**Nasty, Beardo.**
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The Drop

SAN DIEGO SONGS TAKE THE STREET TEST

Artist: Matt Archer
Song: “Visionsubdivisions” (from the CD The Paranoiac Critical)
Heard By: Peter Papineau, Sherman Heights

As I hear it
BY BRIAN CARVER

It was bright, innovative, original music and performed by a very excellent musician who plays the piano beautifully. It was a beautiful song. I play the piano myself and I would love to try to play it. I would listen to a concert or whole album by this guy. It’s not a romantic piece, like Chopin or Rachmaninoff or anything like that, but it’s contemporary; it’s new. It makes you feel good after you listen to it. I would listen to it on a radio station. I’d buy it from the iTunes store… I think it’s really important and needed. It’s a commercial product. I run it everyday and I walk everyday and I do yoga and meditate. I could listen to it in a meditation hour.

Technically, it’s pretty good, but production-wise, it needs some work. It was trying to be melodic but it sounds very computerized… very digital. It can tell… because I’m kind of a musician… that it was almost all done with computer sounds. There are some sounds in there that I didn’t particularly like and the levels we’re a little off, but melodically, it was very cool. It could have been two songs, also. I think. About six minutes into the song he brought in some vocals but more of someone speaking in the background. It’s something like Orbital. It could be like Dust Brothers or something in that realm. I would consider it “light wave” if I were to give it a name for the category.

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May 10 — ‘Hoot’ California.
May 17 — Dave Matthews Tribute Band.
May 17 — The Greatest Hitmakers.
May 21 — ‘Tight’ Ship.
May 24 — Smokin’.
May 30 — Makai.
June 13 — ‘Superfunk’.
June 14 — Skynny Lynnyld.
June 20 — Boogie Knights.
June 21 — David Brighton.
June 27 — ‘Superfunk’.
June 28 — Belladonna.
July 12 — Arrival.
July 18 — The E Penna.
July 23 — Platinum Groove.
July 29 — Ringo Starr & His All Starr Band.
August 11 — Starr Band.
August 14 — The Temptations and The Four Tops.
August 19 — Meat Loaf.
August 20 — Donna Summer.
August 30 — Duran Duran.
May 10 — Keith Sweat, Bell Biv DeVo, En Vogue.
June 4 — Gary Allan.
June 27 — Cyndi Lauper, B-52s, Joan Jett & the Blackhearts.
July 26 — Los Lonely Boys.
August 3 — George Thorogood and The Destroyers.
August 4 — The Regeneration Tour.
August 20 — Donna Summer.
August 30 — Melissa Etheridge.
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San Diego Reader April 17, 2008

John Mayer Live in Concert
with special guests
Colbie Caillat & Brett Dennen
Yo, DJ

Bang Your Head, Swing Your Hair

I remember the band Mickey Ratt back in high school, in the 1970s. They were the big local band around town. I was at some parties they were at. It’s all kinda hazy for me right now. One time, at an underage club called Stratus — don’t know where it was even at — I saw them on stage. It was from Out of the Célar, I wore it out, I played that on a different line-up. I was at KGB then. DJs would always say, “A little Ratt and roll for ya.” “Round and Round” was the huge hit single. It went off like a rocket. When I first heard it, I was blown away. Van Halen had saved us from disco, and Ratt was on the scene. I played that on a cassette, from Out of the Célar. I wore it out, eventually. In the studio, I turned the monitors up as loud as they would go. The opening kicks in, you can’t help but just start swinging your hair and banging your head. It never got old for me. MTV was getting big, and I was watching it one day. The video for “Round and Round” comes on. It starts with a butter in a rich mansion, I believe, then cuts to this stunning chick, looking right at you. And my jaw dropped. I said “Holy sh!…it’s Lisa!” Lisa is a gal I went to college with. I majored in drama. Lisa was in a group at Mesa College back in the late ‘70s; a model at the time, with Tina Real Agency. We dated a few times. It was very incestuous in the drama department back then. Another hottie, San Diego Tawney Kitaen, was on the cover of Out of the Célar and in the video “Back for More.” This was before she was in the more popular Whitesnake video sliding all over the Jaguar.
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5/9

6/10: Buckfast Superhero w/Crooked Brothers, Scarlet Symphony & Emery Byrd

5/16 & 17: The Greyboy Allstars w/28 The Album Leaf

6/20: Decem presents Fresh Rhymes & Videotape – Diluted Peoples, Acydatone & 88 Keys – On Sale Friday @ noon!

7/5: Summer Tribute Series w/The Cure

80s Heat – Costume Contest

Cash Prizes & The Riveters

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Sun 5/4 • 8:00

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4:30 PM

Winstons Art Show

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7/5: Summer Tribute Series w/The Cure

80s Heat – Costume Contest

Cash Prizes & The Riveters
Nora, a local singer, told me that Ike Turner’s old band was going to play a party in La Jolla. I showed up that afternoon and met Steph Johnson, another local musician. She was waiting for friends, so I took the opportunity to ask her about what was going on. She informed me that it was a benefit for the Jewish Community Center.

I walked in to the sound of honky-tonk piano. The guy playing, Ernest Lane, has worked with several acts, including the Monkees. Listening to the few songs he played prompted me to go out and find one of his CDs.

I listened as the band rehearsed “Rocket 88,” the rock tune. The band members were talking about what songs to perform. One left the conversation for some tea. Another, one of the horn players, looked exhausted. I wanted to ask him if playing a horn wears you out more than, say, drums or guitar, but he went backstage.

“I like bigger dogs better. I want a sheep dog. Something big that I can wrestle.”

When they started playing again, I listened to two songs. And then when Steph was harmonizing with members of the band JZMN, I slipped out.

A few days earlier, I’d heard Ike Turner’s old band JZMN, I slipped out. I called the friend who had told me about the bash. He laughed and said, “Yeah, there was some confusion about that. The party is actually tomorrow.”

I headed out to play racquetball instead, figuring I’d skip that bash.

The next day, however, I’d no other parties to attend, and a friend and I were going to see a movie in Hillcrest at 10:30 p.m. So, I figured I’d hit the party for an hour before the movie.

I introduced myself to Nicole. She gave me a tour of the condo, which she and her fellow architects built.

She talked about growing up in Texas and playing sports. She ran the 400 and broke a few school records.

One of her friends came over and interjected, “You won’t find a person with more energy and athleticism than Nicole. She once had a cast on, after a major surgery, and she still went dancing with us. She was really cutting up a rug. It was insane that she even wanted to go.” Nicole invited me to go dancing with the group later in the evening.

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the evening.

Another guy told me that he’d seen her dance while she was wearing eight-inch heels.

I spoke with Nute and Bruce in the kitchen. They were holding their dog, Toto. Nicole walked over and said, “I like bigger dogs better. I want a sheep dog. Something big that I can wrestle.”

A guy nearby overheard her and said, “Ohhh, girlfriend, I’ll wrestle you!” I said, “[I]’ll only wrestle ya if there’s mud involved.”

There were a few birthday cakes. I said to one woman, “Damn, they probably aren’t going to cut these cakes before I leave.” She laughed and said, “I try so hard not to eat cake. You guys can eat and gain weight, but for women it’s tougher. Look how big I am.” I said, “You look great.” She smiled and said, “Are you straight?... I met so many guys at Nicole’s parties, and they’re all muscular and good looking and I get all worked up... but, they’re all gay!” I said, “Yeah, it’s weird. Us heterosexuals, we don’t care if they’re all gay!”

When she told me that it was at that same party.

“They’d flown to Hawaii to get married. I also remember that there was a drunk guy who kept pulling down his pants, then I remembered. One guy nearby said, “Why wasn’t I at that party?”

“I told her that I’d heard from a couple who was at that same party. They’d flown to Hawaii to get married. I also remembered a woman with a scar on her arm and a guy who worked as a producer on Punk’d. She said, “Yeah, he told you more stories about that show then he ever told us.” I said, “Well, he was drunk by the time I got there. And, half the stories he told me he said I couldn’t print or he’d lose his job.”

When Toto ran by, I asked Stephanie if she had a dog. She told me about her coon hound, Dewie. She showed me a picture of the dog going to the bathroom and said, “[I]’m going to embarrass him by showing this photo to any of the girls he brings back to the house.” I said, “Are you kidding? Dogs sniff each other’s butts. To them, a photo like that is porno.”

Nicole came over and said, “Stephanie is the smartest person at our office. She runs the place.” Stephanie smiled and said, “I didn’t see you writing that down. I want you to quote her accurately on that.”

Nicole said, “She’s going to be single soon, hint hint.”

They put candles on the cake and brought it out to Nicole. She looked as if she’d never eaten a piece of cake in her life. I grabbed a piece, and headed out to the balcony, which had an incredible view of the city.

I lit up a cigar and talked with a woman who works with a friend of mine. Her husband works in submarines, and she told me a bit about that. A military guy started asking technical questions about that. He then told a funny story about the war games his unit played.

Stephanie came out for a cigarette, and we both admitted that we were afraid of heights as we looked over the edge.

I saw that it was time to meet my friend at the theater and that I was going to have to say goodbye to Nicole. I had heard her trying to talk people into going dancing later in the evening, and I didn’t want to get talked into that, so I snuck out.

I heard from Nicole the next day. They went dancing until morning and she woke up the next day on one of her friends’ couches. She didn’t break any limbs.

Crash your party? Call 619-235-3000 x421 and leave an Invitation for Josh Board.
Carla Plans a Party


When Carla slips into Spanish and uses “th” for the z, something’s up.

“Oh huh?”

“Call from my brother. He’s launching his book here. That academic book? He’s invited ten friends to come to the book signing, and, uh…”

“And?”

“Well, I was worried nobody would turn up. So I’ve invited ten of our friends as well, just in case, and…”

“Invited? To what? The book signing?”

“Yes, the book signing…”

“Good idea.”

“And…”

“Oh no…”

“A dinner. So that’d be for 20.”

“It tumbles out like a car dealer’s radio ad.

“OK, I’m in. How are we going to do this?”

“Planning Scott’s dinner, sweetie,” she murmurs, without looking up. She only uses “sweetie” when she holds a trump card.

“Remember cat insurance?”

“Barking Cat?”

“Ta-daa!”

“Good idea.”

She scrabbles around under the papers and comes up with a blue-and-white menu. She holds it aloft.

“‘Appetizers?’ I say.

“‘No no, you have to cherry-pick,’ says Linda. ‘Rule Number One is limit what they can eat. And…’

“Linda, Linda, Linda! Oh no. She’s not taking that? Barking Cat (her mom sounds like a Chihuahua’s yap) had hyperactive thyroid treatment a while back. Cost a thousand smackerous. Honest. Wrecked the Bedford economy for months. Fortunately just before the diagnosis, we’d started cat insurance, which promised to return ‘80 percent of anything like operation costs. Eventually.

“It should be here by the end of next week,” Carla says. “That’s gotta pay for at least 20 guests.”

“And where are you going to fit 20 people? Not in this matchbox.”

“Quite right, dahling. No, it has to be Coronado. Because that’s where the book launching is. Bay Books. Orange Avenue. What can I say?”

Oh, man. That upscale ‘burb? I mean, it wouldn’t be so bad if Brother Scott had written a blood-and-guts Navy SEAL book. Then we could all hive off to McP’s pub and get soused there. But no. He’s written a campus-published treatise on marine life up where the narwhals play.

“Sweetheart,” I say. “With the best will in the world, us paying for a 20-person banquet ain’t never gonna happen.”

“Sweetheart,” Carla says, a few days later. She and her friend Linda are poring over a large sheet of paper on the table. They’ve drawn all kinds of things on it — boxes, circles, T-shapes. And they’ve scribbled names around them. “If we set the admiral there, and the nature photographer next to him, and the three female oceanographic students around Scott — they’re babies. Scott’ll love the attention…”

“Uh, Carla,” I say. “What are you doing?”

“Planning Scott’s dinner, sweetie,” she murmurs, without looking up. She only uses “sweetie” when she holds a trump card. “Barking Cat’s insurance came in. Five hundred! So we can do it after all, right?”

“Lord. That’s only half of what we paid out, but even that’d come in useful for a zillion other things. But — d’agh, what can you do? Carla hasn’t seen her older brother for I don’t know how long, probably because he thinks she married “down.” Meaning, she’s got something to prove.

“I’m sure you guys can do it on this budget,” Linda says. “Himm. You gotta respect Linda, because she graduated from Johnson and Wales University. The culinary place back east. So I swell my big heart and come over to the table.

“OK, I’m in. How are we going to do this?” Carla flings her arms around yours truly. “Oh, Ed! You won’t regret this. First thing is, it’s got to be close to Bay Books. Second is, it’s got to be good enough for his snooty friends but not bust our financial butt.”

She scrabbles around under the papers and hauls out a blue-and-white menu. She holds it aloft.

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Carla Plans a Party

...
with fries and coleslaw. The full rack’s $16.95, but the half-rack’s only $10.95. A shrimp burrito runs $10.95.

“What you have to do is make a deal with the people there,” Linda says. “So you know what the entire evening’s going to cost. I think we’d better go see them.”

Costa Azul feels surprisingly large when you walk in off Orange Avenue, just a few yards south of Bay Books. It’s stucco and cream and brown on the outside, a wide patio with umbrellas along the railings. Pole heaters stand ready to warm the evening.

“Wow, We could have it out here,” I say.

Inside is cavernous, too. A couple of dozen golden-wood tables with heavy wood chairs are scattered around, some under large black wrought-iron chandeliers with rings of electric candles, though most are blue-glass hanging lamps. Nice idea, boys, except the blue lights give it a cold kind of glow. Large, colored pictures of Coronado back in the day, like around 1900, break up the all-white walls. Cactus plants and ficus trees make it all feel a little gardenish. A large sit-up bar fills most of the left wall.

We track down Sean Lawer, the general manager. Looks like Captain Haddock, if you’ve ever read the Tintin comic books. He tells us he’s spent 27 years in the business, with two and a half years at Costa Azul. He confirms what Linda said, that we should choose maybe five dishes to hit the $10 mark.

“But what about drinks?” I say. “How do you stop people from drinking you into the piothehouse?”

“Just don’t include drinks,” says Sean. “Make it a no-host bar. The servers become responsible for each guest paying for their own drinks.”

“How do you stop people from drinking you into the piothehouse?”

We needn’t have worried about an audience for Scott at the book signing, Bay Books is nicely filled. Somehow, though, I’ve lost Carla. It’s not until I sneak out and around to Costa Azul that I find her. Wow. She and Judy are bringing in sets of flowers. ‘Red and white, because of Scott’s military background,’ she says. ‘And cut low, so guests can see each other across the table.’ Who knew? Now she’s putting violette candles between the flowers. ‘Don’t worry,’ she says, ‘They’re all from Vons. Cost $26, flowers and candles.’ And now she and Sean are going from...
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Playing Chicken

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I

B. “O.B.”

“I.B.”

“O.B.!”

“OK. How’s about Oceanside?”

“I tell you, man,” says Hank.

“Nothing beats O.B.”

“OK. How’s about Oceanside?”

Gauloise and scanning a California guide.

“Yeah, it’s got a seal colony. We see one guy smoking a French Gauloise and reading through the guide. Now he’s read- ing. “Aha!” he says finally. “O.B. has the longest concrete pier in the world — 1971 feet! Ocean- side has the longest wooden pier in California, 1954 feet. I.B.’s is 1491. Hope you’ve got the necessary, dude.”

Sigh. Guess I can do it, long as Hank doesn’t go too crazy. I ask the Gauloise guy, “Where you have been eating while you’re here?”

“Right across this street,” he says. Sounds like a German accent. “The chicken is very de- licious. Cholesterol, of course, ja? And the jojo potatoes…But they are very good. And so cheap.”

Huh. That last word. My ears perk up. We cross Newport in the fading light.

What we chicken-lovers find on the other side is this little hole-in-the-wall with a brown canopy. The sign above it says “Chicken Kitchen.” Newer lettering on the canopy says “Livingston’s Mexican Grill.”

A second, wider canopy to the left says “Sun- shine Company Saloon.” Looks as if Livingston’s has been slid in like a shoebox to fill half the pub. “You’ve come to the right place, lads.” Couple of Irishmen sit at a green plastic sidewalk table, chowing into chicken and great fat fries, looks like, or are they fried zucchini? James, the guy who greeted us, introduces his buddy James. Seems they really are supersized fries. “Irishmen know spuds, and these are…you have to try them. Best in town. That’s what they are, indeed.”

I resist a “Begorrah!” and head on in. It’s a little space with bright green wainscoting, white walls, cream ceiling, and a big, shiny copper vent-shield over the stove area. Half the walls are covered in menu listings. All sorts of Mexican stuff, plus chicken. “That’s what we’re here for, dude,” says Hank. “The chicken. See? Broasted — pressure-cooked in oil — or rotisserie. Let’s get rotisserie.”

But hold it. What’s the choice and what’s the price? For starters, I’m impressed by the day’s special: a quarter chicken with rice, beans, and tortillas for $4.59. Then a half rotisserie chicken with those sides is $6.50, or a whole chicken is $9.95. Or a half chicken with no sides is $4.99, and a whole is $7.99. Can’t beat that. The broasted — high-pressure fried — chicken runs $4.10 for a two-piece dinner ($3.10 for just the chicken and a roll) up to $6.50 for a four-piece (breast, wing, thigh, leg) for the dinner, $5.50 for chicken and roll. I look at Hank. I mean, this I can afford.

“Let’s go for a whole-chicken dinner,” he says. “Split it.”

“That okay?” I ask Sergio, the guy running the joint. And I mean running. He’s triangula- ling on the double between the fryer, the freezer, and the phone.


“Course it.”

“Jojos?” I ask.

“The chicken is very moist, and it’s less greasy. Pretty sure Sergio does this with the jojo potatoes (the in-crow promises it “ho-ho”.) They even take on some of the chicken flavors.

But waiting’s no problem, it turns out. Three guys — Dave, Andrew, and Girardo — sit down near us. Dave and Andrew are from San Antonio, Texas. Pharmacy students.

“You’ve sure come to the right little town for that,” says Hank.

“Hey, man,” I say. “Just because O.B. has a certain reputation…”

Girardo is from here, San Diego. Works nights on the — get this — Everingham bait barge. That’s way out in the middle of the swell- wrecked entrance to our bay, where they prepare live bait for the coming day’s fishing fleet. It’s no job for wimps. The sea lions, for a start, give ‘em hell all night long, waiting for them to trip and send bait fish flying.

These guys are here for the tortas. “The best I’ve had is in Monterey, in Mexico,” says An- drew. “Girardo says they’re as good here.”

“Or here!” yells Sergio. We yell back, “Yes!”

And Hank, Mr. Salad himself, lunges into the chicken like there was no tomorrow. “I’ve said it before, and I’ll say it again,” he says. “Irishmen know spuds, and these are…you have to try them. Best in town. That’s what they are, indeed.”

My only regret is that we didn’t try the broasted chicken instead of the rotisserie. Loved the rotisserie, but I know there’s something even more wicked about the broasted. It’s like broiling and roasting the chicken at the same time. Deep-fried, but in a pressure cooker. They say the chicken retains its moisture and it’s less greasy. Pretty sure Sergio does this with the jojo potatoes (the in-crow promises it “ho-ho”).

Ah well. Jes’ have to come back.

“I’m stuffed,” says Hank. “Hey. Feel like walking this off up the longest concrete pier in the world?”

**The Place**: Livingston’s Chicken and Mexican Grill, 5026 Newport Avenue, Ocean Beach, 619-224-8088

**Type of Food**: Mexican, American chicken

**Prices**: Breakfast Spanish omelet, $4.99; daily special: a quarter chicken with rice, beans, tortillas, $4.59; half rotisserie chicken with sides, $6.50; whole chicken with sides, $9.95; half chicken, no sides, $4.99; whole chicken, no sides, $7.99; broasted chicken, $4.10 (two-piece dinner); two-piece chicken and roll, $5.10; $6.50 for a four-piece (breast, wing, thigh, leg) for dinner, $5.50 for chicken and roll, grilled chicken breast burrito, $3.90 (regular), $5.49 (super) size, beef tacos, $2.25 each

**Hours**: 10:00 a.m.–1:00 a.m. Monday–Thursday; till 3:00 a.m. Friday–Sunday; breakfast served daily till 3:00 p.m.

**Buses**: 15, 103

**Nearest Bus Stop**: Newport and Cable

**Calendar**

**Fresh Perspective**

**It’s the kind of unique dining experience that could make a morning person out of anyone. Come as you are and enjoy traditional favorites in our casual, alfresco environment complete with astounding panoramic views of San Diego**

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**San Diego Reader** April 17, 2008
The Reader’s Guide to Restaurants are recommended listings written by our reviewers (Ed Baldwin, Barbara David, Andrew Martin, Shari McCullogh, Mac Nish, Eleanor Wadner, Naomi Wight). Each issue contains only a fraction of over 700 reviews. A complete searchable list is available online at SANDEIAGER.COM. Price is subject to change. For the latest information available for a midrange rendition including gorgeous unlisted prices for chilled shellfish may mambos play on the speakers. But the to chic Miami at the local branch of Beach, 858-490-6364. Take a quick trip to expensive. — N.W. Roy's 8670 Genesee Avenue, La Jolla, 858-455-1616. Our own noisy outpost of top Hawaiian chef Roy Yamaguchi’s ever-expanding chain has elements of both “tip shelf” and “chain” about it. Designing Roy’s Rules of Ordering can make the difference between a mediocre dinner and a very happy meal. 2. Clear of combination plates — the same dishes come off much better when ordered separately. 2. You can get any element of a combo by asking for it; 3. Don’t waste your plates (or money) on weak umbrella drinks when the state list is limitless. The menu changes daily, but some frequent tasty choices are pot stick- ers, lumpia Kabaha, or chocolate soufflé. Special diet ingredients are recommended, including vegetarian meal. Reserve, and for tables a little far from the racetrack. Can be noisy. Three.

**FREE PRIME RIB RIB**

BIRTHDAY DINNER

Thursday, April 26

If you were born in April just show your ID and enjoy a Free Prime Rib Dinner on us! Begins at 4:30 pm. (Reservations, purchase and live in our meet. Not valid with any other offers or discounts. 2040 Harbor Island Dr. • 619-291.8011 boathousesrestaurant.com • FREE PARKING
From the United States use the prefix bles, and noodles) and 

The Shores performance art. Other specials include 
salad, and a combo such as chicken 
chicharrón, broccoli, other vegetables, and a 
swag of rice. Dinner daily, lunch daily 
extcept Monday. Inexpensive. — E.B.
The Shores (110 Camino del Oro, La Jolla, 883-456-6060). At this family-friendly resort on the oceanfront at La 
Jolla, 858-456-0600. At this family-

Herminia Amador dreamed of bringing 
the flavors of her native state of Puebla 
in 1991. Mole is said to have begun, around 1991. 

Herminia Amador dreamed of bringing 
the flavors of her native state of Puebla 
in 1991. Mole is said to have begun, around 1991. 

619-222-6686. It's small, but Sapporo 

soba (stir-fried sauteed chicken, vegeta-
bles, and noodles) and 

champon (homestyle) food: Span-
ish chicken with rice and beans, pork 
chops in green sauce, red enchiladas, 
stock ranchers, liver-and-onion stew, 
chicharrón (crisp fried pork rind) in a 
red sauce, and of course carnitas, 

and weeknight inexp-
censive “early bird” three-course din-
ner for $20, two courses for $15.

Moderate to high, with weeknight inex-
censive. — E.B.

Saverio’s Restaurant Mediterranean 
Boulevard Sancho Taborda 1315 (at Escuadron 201 Street), Baja, 664-686-

baja, 664-686-

6442. Javier Plascencia Huerta wanted 
to open an Italian restaurant and says he 
evertheless “got interested in what Baja 
California has to offer.” The result: an 
Italian palazzo offering an interesting and 
chumping fusion of Mediterranean-Baja 
food with dishes like roasted baby octo-

Japanese seafood buffet

10% off* the world’s largest
Japanese seafood buffet

Seniors (over 65) 20% off (Dinner only)
Children (5 feet and under) 50% off or more from adult price
45 kinds of sushi 20 selections of salad/sashimi/fresh salmon
18 different hot food entrees including beef, chicken, and pork
shrimp tempura I green lip mussels Japanese noodle soup
fresh seasonal fruit 20 delicious French-style desserts
and much, much more!

Everyday menu selections also include: Maine
lobster, jumbo shrimp, crab legs and oysters

Lunch
Mon.-Fri. 11:30 am-2:30 pm
Sat. 11:30 am-2:30 pm
Sun. 11:30 am-3 pm

Dinner
Mon.-Fri. 5:30 pm-9 pm
Sat. 5:9 pm
Sun. 5:30-9 pm

Party platters and catering now available.

*Valid only Mon. through Thurs.

San Diego Reader April 17, 2008 115
Aladdin’s Café — Hillcrest

A pleasant surprise in Hillcrest. It’s a small, cozy, intimate setting. The most unique feature about this café is the statue of the Virgin Mary. The breakfast area is particularly charming. It’s like being in a sort of heaven: arches, hidden lighting, glass chandeliers, etc., give it a distinct Tuscan style. The food is just as impressive as the atmosphere. The café is known for its specialty coffees, which are roasted in-house. The coffee is a unique blend of High Mountain, Kenyan, and Sumatran beans. The breakfast menu features a variety of items, including pancakes, waffles, and eggs. The atmosphere is warm and inviting, with soft lighting and comfortable seating. Overall, this café is a must-visit for anyone looking for a unique and enjoyable dining experience.

It’s a cozy cultural surprise on hard times. Attend the Ishtar, when Sadat was Vice President. When the government asked him to spy on his customers, Sami and his wife Claudia left the country. You can tell from the cooking; this couple know what they’re doing. They took this little place and (little it is) from a Vietnamese-American couple, so the menu has echoes of Vietnam and the Middle East, as well as Italian dishes. Prices are very reasonable. Try the Vietnamese-style style of soup milk soup with veggies, or a sandwich, or lamb shank with red curry and veggies. Comfortable atmosphere, informal.

— N.W.

CENTRAL

Northland

Bernardo’s O’Restaurant 1247 Rancho Bernardo Road, Rancho Bernardo, 858-484-7117. Chef Patrick Pomar, a master of flavor, gives his cooking an international twist and季節性 to bring out the best in his product. His wine list reflects the diverse, flavorful cuisine on his menu. Despite this, the sky’s the limit at Bernardo’s, so don’t be afraid to ask for a table in the sunroom. The weather is perfect, the food is delicious, and the service is excellent. A great spot for a quiet evening. Outdoor seating available. Moderate to expensive.

Told’s Crazy Burger 6103 30th Street, North Park, 619-282-0444. Cheap eats at its best. They have a menu that changes daily, but some favorites include their signature burger, which comes with lettuce, tomato, and onion. They also have vegetarian options available. Moderate to expensive.

Southside

Korea House 4735 University Avenue, Hillcrest, 619-224-4900. Known for its delicious Korean barbecue, Korea House offers a wide variety of meat dishes, including grilled beef, pork, and chicken. They also serve a variety of side dishes, such as kimchi, rice cakes, and peanut butter. Moderate.

Northern

E.B. 947 E Street, San Diego, 619-234-4900. A popular spot for local foodies, E.B. offers a unique dining experience with its open concept kitchen and farm-to-table menu. They serve a variety of dishes, including burgers, salads, and seafood options. Moderate to expensive.

Red Pearl Kitchen 404 12th Avenue, Hillcrest, 619-234-4900. This restaurant is known for its diverse menu that includes dishes from all over the world. They have a variety of options, including vegetarian and gluten-free dishes. Moderate.

Opal

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Hob Nob Hill Breakfast, lunch & dinner - 2 for $19.95

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Sections 2 & 3: 1/2 price on all regular priced food, wine, and Signature drinks. Must present ad.

Happy hour "capri style" non-fri 5-7 pm
1/2 price on draught beer, well drinks and bar appetizers

wine lovers night sun & mon bottles of wine half off

Free Dinner Entree
With purchase of any entree of equal or greater value and two beverages.
One coupon per table. Cannot be combined with any other offer. Expires 4/30/08.

BBQ COMBO DINNER $10.99
Any two: Ribs, Beef, Chicken or Pork
Dinner includes 2 sides & a roll

For Any Occasion! Excellent for 10-15 guests!
Serves up to 20 guests

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100 then we've got to plate-bloty
eat the ingredients after a day or two at
more exciting than we're expecting it to be.

sauce (pork in green chile sauce), nu-

beers. Closed in the summer; other sea-

in our meat from South Philly

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Theater of Real Life

“One might stretch out one’s hand to the actors over the footlights and put one’s legs on the prompter’s box.”

The “Father of Modern Drama” wasn’t Ibsen, or August Strindberg. He was Andre Antoine (1858...1945), a clerk for the Paris Gas Company and an amateur actor. Cercle Gauchois, for whom he played bit parts, performed traditional French theater: “well-made” plays based on logic, not emotion; stiff, declamatory acting; and spare-no-expense spectacle, often achieved with intricate machinery. To Antoine, theater had become ornate, inhuman, and empty.

Much to the relief of the company’s manager, who said he’d been a “pig-headed” nuisance for years, Antoine quit Cercle Gauchois and started his own group. He wasn’t always clear about what he wanted but knew what he didn’t. And he wasn’t the first to inaugurate many of his changes. Instead, Antoine borrowed ideas that might work, added many of his own, and forged a French revolution that became the “modern” theater.

On March 30, 1887, Antoine assembled a group of amateurs who shared his beliefs. They wanted to stage the new, realistic/naturalistic plays written but not produced. These works made acting and scenery resemble the “real” world. They stressed psychology, not types, and redefined the details of daily life. They called their company the Théâtre-Libre (“free theater”) and started, literally, from scratch.

As Antoine secured a wooden hall almost impossible to find: go to the Place Pigalle, Paris’s red-light district and home of the Moulin Rouge. Find the alley off the Passage de l’Elysée des Beaux Arts — now called the Rue Andre Antoine. Climb the four levels of concrete stairs at the end of the alley, and waa-laah.

The theater seated 343. The stage was so small, wrote critic Jules Lemaître, “one might stretch out one’s hand to the actors over the footlights and put one’s legs on the prompter’s box.” The tiny space made scenic illusion, and the costly spectacles of the time, impossible.

Instead of sets painted on flats, most of which were laced with gold, Antoine wanted realistic, “slice of life” scenery. But he was so broke he had to borrow his mother’s furniture, which he often returned nicked and chipped. Rather than use stamps, which they couldn’t afford, the actors hand-delivered invitations to spectators.

The company was controversial, many say, didn’t make sense, or August Strindberg. He was Andre Antoine, who performed in almost every show, faced the rear wall because “a rich uncle threatened to cut him out of his will if he ever saw him on stage.”

Antoine severed the bond with the audience even more. In a choice that brought gaps when introduced, his actors freely turned their backs to the house seats. Many who preferred the old ways deplored the changes. They called Théâtre-Libre “the Theater of Antoine’s Back.”

A nay-saying journalist said Antoine, who performed in almost every show, faced the rear wall because “a rich uncle threatened to cut him out of his will if he ever saw him on stage.”

Classical French actors played “types” and hoped to grow some feature — long nose, bushy eyebrows, even large warts — that would get them cast as one. Antoine (and Germany’s Meiningen Players before him) said there are no types. Each character is unique, motivated by specific wants and needs and often buffeted by stray impulses and chance. In some ways as groundbreaking, Antoine made each actor part of an ensemble. He was one of the first directors to rehearse his cast as a group.

In all of his writings, Antoine claimed that, rather than inventing something new, he was peeling away excesses and returning to “the great traditions of the stage.” He imagined Shakespeare’s and Molière’s productions to be space and realistic.

Ibsen spoke of the invisible “fourth wall,” through which the audience observes the action. Antoine was among the first to build a set before rehearsals, so the actors could become intimate with the space and the props they’d use. As his resources grew, he had scene Constructors build the set with all four walls. After rehearsing for a while, the group would decide which wall to knock out, “so as to enable the audience to see what is going on.”

“For a stage set to be original, striking, and authentic,” he wrote, “it should be built in accordance with something seen — whether a landscape or an interior.” Antoine often turned that “accordance” into actuality: he put real books in bookcases, put real flowers in stage gardens, and, for a scene set in a butcher shop, hung real sides of beef from hooks.

Antoine worked in the theater until around 1914, then switched to film. Others, like Zola and Strindberg, take credit for the innovations, but modern theater owes a great debt to Antoine: as a director and an advocate of realistic designing and acting.

“Naturalism” was a fairly short-lived literary movement, based in part on Darwin’s theories of evolution, that took an objective, scientific approach to art (in this sense, “naturalistic acting” is a misnomer). Stage realism, as championed by Andre Antoine, has held sway for over a hundred years. In fact, 20th Century Theater engaged in an ongoing attempt to demolish what has become, in many eyes, an eroded practice. In his preface to The Glass Menagerie, Tennessee Williams wrote, “The straightforward realistic play with its genuine Frigidaire and authentic ice-cubes had become “exhausted” and that the photographic approach to art had burdened the stage with de destructing “realistic conventions.”

Williams made that complaint 61 years ago.
Baldwin New Play Festival USCD Theatre & Dance presents five new works by MFA playwrights: Lila Rose. San Diego, Jennifer Burt, Stephanie Timm, and Ronald McCants. For days and times of each, call the box office. UNIVERSITY OF SAN DIEGO, 5050 CAMERON RD, SAN DIEGO, CA 92122, (619) 534-2295. THURSDAYS, 8 P.M. FRIDAYS, 8 P.M. SATURDAYS, 2 P.M. AND 8 P.M., TUESDAYS, 7 P.M. THROUGH APRIL 25.

The Cemetery Club The Broadway Theatre in Vista stages Ivan Menchell’s comedy about women who make monthly visits to their late husband’s graves. Jerry Pilato directed. BROADWAY THEATRE, 340 EAST BROADWAY, VISTA, (760) 782-7805. THURSDAYS, 7:30 P.M. FRIDAYS, 7:30 P.M. SATURDAYS, 2 P.M. AND 7 P.M., TUESDAYS, 11:30 A.M. THROUGH APRIL 27.

Dancing in the Dark The Old Globe’s world premiere, based on the MGM movie The Wizard of Oz, has gone to miles over it reaches Broadway but already offers considerable entertainment. Playwright Douglas Carter Beane writes three-dimensional one-liners; they are funny, always, often painfully, true, and perfect for the character the moment they’re uttered. The musical comedy, about the near impossibility of making a musical comedy, also boasts the original songs, including the iconic “That’s Entertainment!” and the title song. There are good hits, as when Adam Heller and (the hilarious) Beth Leavel, as comedy writers, pick their shots to potential and cast backs. They blitz with manic urgency and stop the show as well.

The cast perform on Le Bre’s minimalist, backstage/on-stage set. Patrick Page, clear-voiced Mara Davi, and Scott Bakula do quality work. Though it runs for al- late- and post-modern attempts to fructify realism: intrusively sounds, formal movements and repetitions, blinding lights. For fans of Sledge- hammer, these Beech gone-garish, alleviating effects work, but often don’t compare in imaginative fervor with artist director Scott Feld- hammer’s ongoing crusade against the conventions of realistic theater.

Chambers catches the play’s fluctu- ator power dynamics, and the title song. When it opened in 1889. For Sledge- hammer, director Josh

THEATER DIRECTORY


Hysterical Blindness Backyard Productions stage The San Diego premiere of Laura Clifford’s work. It’s a story about three women finding meaning in their lives “within the cultural boundaries of 1920s Chicago.” Julie, humiliated by her drop physical performers but fall flat when they have no lodging business, especially in the long final scene, where Julie, humiliated by her drop in class, decides to leave life.

The play ends not with Strindberg’s the title song. When it opened in 1889. For Sledge- hammer, director Josh

Argentina's "naturalistic" tragedy broke new, realistic ground when it opened in 1899. For Sledge- hammer, director Josh

SANDIEGOREADER.COM Calendar THEATER

Theater listings and commentary are by Jeff Smith. Information is accurate according to material given us, but is always wise to phone the theater for any last-minute changes and to inquire about ticket availability. Many theaters offer discounts to students, senior citizens, and military. Ask at the box office.

After Dinner with Andre Andre Gregory picks up where he left off in My Dinner with Andre, offering himself up as both writer and performer in what has been described as “part performance, part meditation, part discussion, and part autobiographical.” THE NATIONAL...BY CRAIG BACHMAN. 424 E. A St., Downtown. (619) 234-5623. FRIDAYS, 8 P.M. SATURDAYS, 8 P.M. AND 8 P.M. SUN- DAYS, 2 P.M. AND 7 P.M. TUESDAYS, 7 P.M. THROUGH APRIL 27.

242nd Street San Diego City College presents the popular salute to Broadway, in which a one-two line-up just might win the jackpot. Songs in- clude “Lullaby of Broadway” and “We’re in the Money.” SAN DIEGO CITY COLLEGE, G STREET AND 14TH STREET, DOWNTOWN. 619-388-3077. FRIDAYS, 8 P.M. SATURDAYS, 2 P.M. AND 7 P.M. THROUGH MAY 11.

I Can’t Let Him Go Lost The River” New Vision stage theater presents a fic- tional version of the last days of Samuel Clemens (aka Mark Twain). He was born when Halley’s Comet crossed the sky and said he’d go out when it returned. The comet’s coming back. SUNDAY NIGHT THEATRE, 217 NORTH COAST HIGHWAY, OCEANSIDE. 760-529-8140. FRIDAYS, 8 P.M. SATUR- DAYS, 8 P.M. THROUGH APRIL 15.

Miss Julie August Strindberg’s "naturalistic" tragedy broke new, realistic ground when it opened in 1899. For Sledge- hammer, director Josh

Sledgehammer Theatre 513 E. Main St., El Cajon (619) 560-1055 • www.sledgehammer.org Southwestern College 801 Otay Lake Rd., Chula Vista (619) 462-6317 • www.southwesterncollege.edu The Sprechende 131 Washington Ave., Downtown (619) 235-5530


The Two Friends Of Each, call the boxoffice.

SANDIEGOREADER.COM
how bankrupt Reidt theater's become if left to its own devices! Maybe. But it also shows that au-
tour-director attempts to de-familiar-
ize realism have become all too familiar as well.

**The Glass Menagerie**

**A World Premiere**

**BEETHOVEN, AS I KNEW HIM**

**May 3-Jun 6**

**And the Return of**

**Hershey Felder as MONSEUR CHOPIN**

**June 11-22**

**Hershey Felder as GEORGE GERSHWIN ALONE**

**June 25-29**

Amanda Wingfield reminisces about a tranquil 
Southern childhood and fights to provide a better life for her grown children Tom and Laura, while they struggle for a future that seems unlikely to fulfill their mother's hopes and dreams. But a change in fortune suddenly seems possible with the arrival of the long-hoped-for “gentleman caller.”

**TENNESSEE WILLIAM**

**THE GLASS MENAGERIE**

**by Tennessee Williams**

**Directed by Joe Calarco**

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San Diego Reader April 17, 2008 13
Thing to Ponder

Under the imprimatur of Judd Apatow comes Forgetting Sarah Marshall, a comedy of heartbreak and heartmend. Apatow personally has directed only The 40-Year-Old Virgin and Knocked Up, but as a producer his name apparently has come to mean something to patrons of a certain type of comedy — the Will Ferrell type, in specific — just as the name of Wes Craven means something apropos of a certain type of horror. (Or as the name of Tommy Bahama means something apropos of apparel, or Papa John’s apropos of aliment.) The director of record on this one is the new name of Nicholas Stoller, and the novice screenwriter doubles as the star, Jason Segel, who envisions for himself the role of a would-be serious composer, cranking out mood music for a network crime drama when he would rather be devoting his time to a Dracula stage musical. When, that is, he’s not devoting his time to eating Fruit Loops out of a mixing bowl on the couch. (The broader type of comedy signified by the name of Apatow is “guy” comedy.) The vocational aspect of the role, in any case, straightaway gets put on the back burner in favor of the personal aspect: the dumped boyfriend of the lead actress on the aforementioned crime drama.

The main point of interest in the movie, to get right down to it, is Segel’s penis. (“Would you take a look at my penis?” is an actual line of dialogue he has written for himself. It could just as well have been the advertising slogan.) To connect this point of interest with the supporting-part penis, the small-name penis, in the Apatow-produced Walk Hard is to raise the alert to a potential trend. The old reliable tush shot — as in the Apatow-produced Drillbit Taylor, featuring Owen Wilson’s tush, or in pretty much any Will Ferrell comedy — could have been expected after a while to reap diminishing returns in audience response, much as exclamations of “Shit!” and “Fuck!” could not forever be guaranteed laugh-getters. The audience, whether or not it ever grows up, will tend to become jaded. The envelope will have to be pushed. Trend-spotters, at this stage, can but speculate on how many more penises we’ll have to go through before the stakes must be raised to a tumescent penis. That type of penis, in covered form, or what we may call the pup-tent shot, has of course been a surefire side-splitter for some time, but the envelope will eventually have to be not just pushed, but torn open.

As we await that breakthrough, we might care to ponder the more general question of why the male genitals, surely not inherently hilarious, are nonetheless deemed ripe for comedy while the female genitals, quite unlike breasts, can elicit only a hushed rapture. (The briefness of our glimpses of Segel’s jewels might seem at first blush to be predicated on the comic principle of “timing,” although when we remember the lengthy exposure in Walk Hard, predicated on the comic principle of “milking,” we might also have to consider modesty. At least till we remember the DVD freeze-frame.) Before I myself can make headway in pondering this difference between the sexes, I would first have to get past the question of why Jason Segel’s penis, in particular, was thought to be funny. Thought by him, beforehand, and manifestly thought by the screening audience around me. I’m stuck for an

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answer. Maybe it would help if I knew who Jason Segel is. A quick check of the Internet Movie DataBase shows me that I have seen no more than one of his twenty television-heavy acting credits, namely Knocked Up, and in all honesty I don’t remember him in it. So maybe I’m in a poor position properly to appreciate his performance. Would Will Ferrell’s have struck me funnier? Edgier? Braver? Embrassingly? Something more, there, to make funnier? Edgier? Braver? Embarrassing? All honesty I don’t remember him in it.

For the rest, the movie gives the game away early when the schlumphy protagonist accidentally-on-purpose runs into his ex-girlfriend at her preferred Hawaiian resort, where she’s cavitoning with a lavishly tattooed British rocker, and where the copper-toned hostess at the check-in desk immediately jumps out at us as (a) a ready and willing shoulder for the schlump to cry on and (b) a couple of miles prettier than the ice-sculpture he learns to fight from the best racetrack ambience without wishing a spiritual retreat in the Himalayas in where he learns to fight from the best. But scarcely for comedy of character. Ported through the Gate of No Gate credits, namely

“You can’t make a movie any funnier than that” and “We went on a seven-week rehearsal period for a new host (I believe) and he and I were there” and “intersects several full-blown music videos made by the film’s producer, Sally George. It isn’t all fun, however. Two of the members die within a week of each other, and the tribute songs to them, Dylan’s “Forever Young” and Coldplay’s “Fix You,” the first sung to a captive audience of prison inmates and the second on opening night of the tour, demonstrate convincingly that the act is more than just a gag.

**MOVIE LISTINGS**

All reviews are by Darcie Stephen. Ratings are indicated by one to five stars and antipathies by the black spot. Unrated movies are for now unrated. Thousands of past reviews are available alphabetically, by year of release and by rating, are available online at SLReader.com.

**The Bank Job** — “Based on a true story,” or anyway on a true bank job, the knock-out of Lloyds Bank, Baker Street, London, August 21, 1971. The filmmakers, headed by the veteran Australian-born director Roger Donaldson and screenwriters Dick Clement and Ian La Frenais, have taken advantage of the cloak of mystery that still surrounds the case, to concoct a salacious hypothesis that can’t be disproved, other than by common sense. The British Secret Service, by this scenario, was the prime mover behind the raid, desirous of getting their hands on compromising photographs of Princess Margaret — yes, Princess Margaret, cavoring with dark-skinned natives in the Caribbean — held in the safe-deposit box of a blackmailing Black Militant. But the way it goes down (as we say in the underworld), it is self-refuting. The notion that MIS, from a safe distance, and through a coerced middle-woman, would farm out the operation to caper for petty criminals, novices at bank jobs, is ridiculous on the face of it. Ridiculous because of the high visibility (assuming the novices could pull off the job in the first place) of turning out exactly as it turns out, this job, and not just this job, but better yet, start from scratch. The almost farcical complications, if taken with sufficient grains of salt, are diverting enough. And the Seventies period has its pleasures, not just the usual haircuts, bellbottoms, plaid skirts, etc., but all that forgotten Black Power stuff, and most particularly the rolled-back level of technology: a simple jackhammer, a concrete-penetrating blowtorch, some walkie-talkies, and an amateur ham radio that chances to pick up the back-and-forth between the robbers in mid-job. A refreshing change, all that, from the computer-age Lucas of Ocean’s Eleven, Twelve, Thirteen, and their ilk.

**BRAZIL** — The time-setting of this “Orwellian” (as we have all been instructed to call it) future is identified at the outset as “somewhere in the Twentieth Century,” and it is in fact both forward and backward from the present, laden with 1940s clothes and appliances, but further advanced into bureaucratic decadence than we have quite yet got: the future, in short, as it might have been imagined when Orwell was imagining it, only a bit further into it than he himself imagined. And more to the point, a good deal more physically detailed than any future envisioned by previous cinematic “Orwells.” Indeed the general effect of a two-cylinder story attempting to propel an eighteen-wheel production, and it gets to be a bit of a drag. For all its touches of cleverness and twitches of subversion, this is a movie up to its shoulder in the pocket of the money men; its chosen path of satirical prominence is far less through invention than through acquisition. Jonathan Pryce, Kim Greist, Michael Palin, Robert De Niro, directed by Terry Gilliam. 1985.

**THE FORBIDDEN KINGDOM**

From the producer of “Sideways,” “40 Year-Old Virgin,” and “Knocked Up,” comes a new all-action adventure film starring Jackie Chan, Jet Li, and an entire cast of legendary martial artists. In an epic battle set in ancient China, a young peasant joins forces with the king of the Immortals to save his village and fulfill his destiny. The Forbidden Kingdom is a story of adventure, valor, and true friendship that-action and adventure doesn’t get any better than this.

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**JACKIE CHAN**

**THE FORBIDDEN KINGDOM**

THE BATTLE FOR ETERNITY IS THE FANTASY OF A LIFETIME.

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**Caramel** — Sistershood in the repressive society of Beirut: an Other Woman, a defiled fiancée, a closet lesbian, an aging actress, a lezene woman, a deformed bag lady, all in orbit around a second-class beauty shop called St Bella (the “B” hanging upside down on the façade; the electricity prone to outages). The material encompasses professional intimacies, such as the Lebanese lesbian washing the hair of an enticing customer, or the Other Woman giving a facial wax job to an admiring policeman, and, although never heavy, it also encompasses larger sociological observations, such as the beat-cop harassment of the engaged couple parked after dark, or the difficulty of a woman without identification booking a decent hotel for a business session, finally settling for a fleabag and cleaning the bathroom herself. These are all fine scenes, but they’re excelled by the scene — comic, romantic, keenly psychological — of the sympathetic policeman having an imaginary phone conversation from the café opposite the beauty parlor, making up lines to match the mood of the woman in the window: the star and director, Nadine Labaki. With Yasmine Almassi,
The Counterfeiters — Stefan Ruzowitzky’s Holocaust survival tale, loosely based on the life of Karl Markovics, is at no point much to look at, a chosen cliché or an imposed concentration camp by suppressing his character's efforts speedily mastering the British pound, but the interest is rather in the tale than in the telling. At any number of stopping points along the path, the sights are liable to seem too familiar (the bullet in the head, etc.), never mind the refreshing route that led there. And the core, rare, desaturated image, whether a chosen cliché or an imposed hardship, is at no point much to look at, a hard thing to say about a motion picture. 2007.

Flawless — Cheeky to call a film that, especially a Demi Moore film. In it, she carries the role of the woman on her shoulders into the role of the sole female executive at the London Diamond Corporation (Loni, for short) in the year 1960, held down in her career advancement by the proverbial glass ceiling. “Don’t give up,” she shushes off a note-to-self on a 3x5 index card. “Work harder. You will win.” Though she is expressly identified as American to cover for the fairness of her accent, that doesn’t prevent her from pronouncing “reshedule” without the “sh” sound (re-shedu-ale), turning herself inside out in to fit in. Bravely, even a touch marry-chy, she puts on, and puts up with, a costume and wardrobe out of the Jackie Kennedy scrapbook — and because it’s stuffy old England, exclusively in colors suitable for a funeral — not to mention putting on and putting up with a layer of old-age makeup in the present-day framing scenes, when she pulls out a manuscript of her life story under a title that mutated: plumped-up graphics (faithful in the colors, but not in the bare outline; UNIX's driving voice-over; the minuscule Whoville, a jostled den), to sound chewy. 2008.

The Forbidden Kingdom — Reviewed this issue. With Michael Angarano, Jackie Chan, Jon Qi Li, and Collins Chou, directed by Rob Minkoff.

Forgetting Sarah Marshall — Reviewed this issue. With Jason Segel, Kristen Bell, Mila Kunis, and Russell Brand, directed by Nicholas Stoller.

In Brujos — Writer-director Martin McDonagh, in his feature debut, dispatch two British hit men to lie low, after a job with messy collateral damage, in the “Tukey” medieval town near the coast of Belgium, where one of them (the tousled Brendan Gleeson) is interested in seeing the sights while the other (the tight-wire Colin Farrell) sizes the place up as a “shithole,” excepting only a Bosch museum piece. Together they engage in forced, overwritten, exhibitionistic comic dialogue at some variance with the guilty conscience and the thoughts of suicide. Ralph Fiennes, attempting to do (if not understand) Ben Kingsley in Sexy Beast, comes into it late as a hot-tempered, high-principled crime boss. A little later, bullets fly, blood flows. The beauty of the town survive all this, and even the wan photography. 2008.

Leatherheads — Intermittently cute comedy on the wild and woolly early days of pro football, cute in some of the archaic banter, but not cute in the unfeathered drab brown color scheme or the indifferent and infrequent on-field action. It shows a lighter side of director George Clooney (Confessions of a Dangerous Mind, Good Night and Good Luck), a side he has shown often enough as an actor. His opening shots have been well thought out, but after that it’s pretty steady star-gazing, and since one of the stars is the director, it’s pretty squiny narcissism. Renée Zellweger, John Krasinski, Jonathan Pryce. 2008.

My Blueberry Nights — Singer Norah Jones makes her acting debut in Wong Kar-wai’s First American film, with Jude Law, Rachel Weisz, David Strathairn, and Natalie Portman.

The First Saturday in May — Reviewed this issue. With Frank Amonte, Dan Hedricks, Kiaran McNamara, and Michael Matt, directed by Brad and John Henegan.

The Forbidden Kingdom — Reviewed this issue. With Yellow, the actual author behind the children’s book, whose title puts on a layer of old-age makeup in the present-day framing scenes, when she pulls out a manuscript of her life story under a title that mutated: plumped-up graphics (faithful in the colors, but not in the bare outline; UNIX's driving voice-over; the minuscule Whoville, a jostled den), to sound chewy. 2008.
suddenly photographed by Stuart Dryburgh. With Abigail Breslin and Gerard Butler; directed by Mark Levin and Jennifer Flackett. 2008

★ CARMEL MOUNTAIN: CHULA VISTA 10; DEL MAR HIGHLANDS 16; ESCONDIDO 16; FASHION VALLEY 18; GROSSMONT CENTER: HORTON PLAZA 14; LA COSTA 6; LALA 12; MIRA MESA 18; MISSION MARKETPLACE 13; MISSION VALLEY 7; MISSION VALLEY 20; OTAY RANCH 12; PALM PROMENADE 24; PARKWAY PLAZA 18; RANCHO DEL REY 16; RANCHO SAN DIEGO 15; RIVER VILLAGE 6; SAN MARCOS 18; SANDE TREE RE 5; TOWN SQUARE 14; VISTA VILLAGE

The Other Boleyn Girl — Another installment in the long-running royal soap opera. Thank of it as Elizabeth: The Genius, an ahistorical-historical story of court intrigue, concentrating heavily, and heavy-breathing, on bedroom intrigue, the sibling rivalry over the affections of Henry VIII. The “other” Boleyn girl, as she is self-described in the dialogue, turns out to be the one we know best. Anne, second wife of Henry, mother of Elizabeth (too precious to be played here by Cate Blanchett), and famously cleaved at the neck. A saucy young lass, so bold as to use the word “thighs” in direct address to the king. She is also, in this telling (very different from Anne of the Thousand Days, with Genevieve Bujold), the “bad” Boleyn girl, despite the fact that she is the one who withholds her favors till after the wedding, a bit of levity in an otherwise brutalization of the classical feminine fate; the mantrap, the gold-digger, the home-wrecker, the bewitcher, flirting with Henry (a brawny Jim Sturgess) to split not just with the sitting queen but with the Pope in the bargain, and to inimitate herself at the head of the Church of England. The cool, cerebral Natalie Portman, looking like the sneaky girl in the front row of freshman physics, hardly seems at first glance to fill the bill, and in the final reckoning falls far short. (This “good” Boleyn girl, the lesser-known Mary, is the one who, while still a newswoman, has an earlier stint as the King’s mistress, although not in the way that Scarlett Johansson makes plain that that was a position she never sought nor desired.) The creative team — TV director Justin Chadwick, screenwriter Peter Morgan (The Queen), original novelist Philippa Gregory, whoever else — more or less corroboration of the Crown’s smear campaign against Anne, in effect endorsing her behavior and standing in roughly the same relation to Henry as Fox News to Barack Obama. With Abigail Breslin and Gerard Butler, enticing Henry (a brawny Jim Sturgess), and Ana Torrent. 2008.

★ CHULA VISTA 10; FASHION VALLEY 18; HORTON PLAZA 14; MISSION MARKETPLACE 13; MISSION VALLEY 20; PALM PROMENADE 24

Shine a Light — Entree to a Rolling Stones benefit concert at the intimate Beacon Theatre in New York City. If Martin Scorcese weren’t visible in several minutes of Rogey Buffaloish and-white footage pre-event, you’d never imagine he was behind the cut-cut-cut hackwork. Old, old in-terpreted interviews of young, young Mick stimulate meditation and mirth. With Jack White, Buddy Guy, and Christina Aguilera. 2008.

★ FASHION VALLEY 18; PROM 4/18

Smart People — Dennis Quaid, Sarah Jessica Parker, Thomas Haden Church, and Ellen Page in an indelibly comedic in an academic setting, which enables the viewer to feel more virtuous when not laughing than when not laughing at a low-brow Hollywood comedy. “My fan’s just a little more cerebral than your fan.” (Anyone up with Ellen Page in Juno ought to have ample opportunity.) As well as in ferocity of laughs, it can match most any mainstream comedy in manys of pop songs.

Noam Morro directed, Mark Jude Poirier wrote, first-timers both. 2008.

★ CARMEL MOUNTAIN: ESCONDIDO 16; FASHION VALLEY 18; GROSSMONT CENTER: HORTON PLAZA 14; LA JOLLA VILLAGE; MIRA MESA 18; MISSION VALLEY 7; MISSION VALLEY 20; OTAY RANCH 12; PALM PROMENADE 24; PARKWAY PLAZA 18; RANCHO DEL REY 16; RANCHO SAN DIEGO 15; RIVER VILLAGE 6; SAN MARCOS 18; TOWN SQUARE 14; VISTA VILLAGE

Stop-Loss — A hiatus of nine years since Kimberly Peirce’s first feature, the gender-bending Boys Don’t Cry, is practically like starting from scratch. And blended into a crowd of Iraq War films, this brings the troops-home agitation (“With all due respect, sir, fuck the President!”) is not designed to claim the attention. The chronicles of close-knit young vets in Bra-zos, Texas, dutifully covers a range of possibilities (domestic and alcohol abuse, desertion, a military hospital, a suicide, and so on), but the punches are telegraphed, and, for all the overacting, do not have much power behind them in any case. With Ryan Phillippe (compare his understated work as a WWII vet in Clint Eastwood’s Flags of Our Fathers), Channing Tatum, Joseph Gordon-Levitt, Abbie Cornish, and Timo-thy Olyphant. 2008.

★ FASHION VALLEY 18; LA JOLLA 12; MISSION VALLEY 20

Street Kings — Director David Ayer, from an original story by James Ellroy, stages a dirty cop mad world, violent, ob-susive, hyperbolic, and hypocritical, one cop dirtier than another, one actor badder than another, making Dirty Harry look, in rela-tion, like new-fallen snow and making Clint Eastwood look like God. The vodka-swigging, trigger-happy Keanu Reeves, in the lead, proves to be one of the least dirty po-liticians and least bad performers. With Forest Whitaker, Hugh Laurie, Chris Evans, John Corbett, Jay Mohr, Cédric the Entertainer, The Game, and Common. 2008.

★ CARMEL MOUNTAIN: CHULA VISTA 10; DEL MAR HIGHLANDS 16; ESCONDIDO 16; FASHION VALLEY 18; GROSSMONT CENTER: HORTON PLAZA 14; LA JOLLA VILLAGE; MIRA MESA 18; MISSION VALLEY 7; MISSION VALLEY 20; OTAY RANCH 12; PALM PROMENADE 24; PARKWAY PLAZA 18; RANCHO DEL REY 16; RANCHO SAN DIEGO 15; RIVER VILLAGE 6; SAN MARCOS 18; TOWN SQUARE 14; VISTA VILLAGE

10,000 B.C. — Prehistoric Low Camp. The archetypal hero’s journey, at its ear-liest starting point: the outpost of a mountain clan, who appear to wear bird droppings on their faces, wending his way past woolly mammoths, giant man-eating gophers, a saber-toothed tiger, across the sea of Sand to the Head of the Snake and the Mountain of the God, in pursuit of the Four-Legged Demons, to rescue his blue-eyed betrothed and lay claim to the rebel White Sparrow. A mild host, undisguisedly shoddy for all its CG technology. With Steven Strait, Camilla Belle, Clive Curtis, and (narrator) Omar Sharif; directed by Roland Emmerich. 2008.

★ FASHION VALLEY 18; HORTON PLAZA 14; MISSION VALLEY 20; OTAY RANCH 12; PALM PROMENADE 24

21 — Takeoff from a true story, presum-ably far, far off, about a team of MIT math whizzes who, as alums, turn their power behind them in any case. With Ryan Phillipe (compare his understated work as a WWII vet in Clint Eastwood’s Flags of Our Fathers), Channing Tatum, Joseph Gordon-Levitt, Abbie Cornish, and Timothy Olyphant. 2008.

★ FASHION VALLEY 18; LA JOLLA 12; MISSION VALLEY 20

Three-dimensionality, a key feature of the original recordings. The self-conscious jokiness, broadened perhaps by the blue-collar milieu, testifies to the filmmaker’s discom-fort with fantasy. Kate Winslet has some abilities (domestic and alcohol abuse, desertion, an academic setting, which enables the viewer to feel more virtuous when not laughing than when not laughing at a low-brow Hollywood comedy. “My fan’s just a little more cerebral than your fan.” (Anyone up with Ellen Page in Juno ought to have ample opportunity.) As well as in ferocity of laughs, it can match most any mainstream comedy in manys of pop songs.

Noam Morro directed, Mark Jude Poirier wrote, first-timers both. 2008.
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Los Pitaos (PG) Fri. 12:00, 2:15, 4:30, 7:00, 9:15

Horton Hears a Who! (PG-13) Fri. 12:00, 2:15, 4:30, 7:00, 9:15

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Brave (PG) Fri.-Sat. 11:15 a.m., 1:30 p.m., The Counterfeilers, My Blueberry Nights, Smart People, The Year My Parents Went on Vacation. (NR) Fri.-Sat. 5:30, 7:30, 9:30

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Fashion Valley 18
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Under the Same Moon — Patricia Riggen’s illegal-immigrant odyssey is a virtual heart-tugging machine, tugging on it at regular and frequent intervals, so that you learn, like an experimental rat, to cringe in anticipation. The agony begins immediately: A camera-friendly single mom (Kate del Castillo) in East L.A., making her weekly payphone call to her south-of-the-border son (Adrian Alonso) on his ninth birthday, turns on the waterworks when he reminds her he hasn’t seen her in four years. At the birthday party immediately thereafter, Granny is having her way to an imminent grave, and a distant uncle, brother of the absent father, drops by to volunteer for guardianship, fully cognizant of the $300 per month sent home by the mother. Granny, like clockwork, fails to wake up, and the boy, wasting only a little time for waterworks, heads north on his own to track down his mother before the next weekly call. Hair-raising adventures and close shaves follow bumper to bumper, though the boy always appears to have time to comb his hair as neatly as if he were sitting for a studio portrait. A happy ending never feels in doubt. It’s only a question of how many tags.

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San Diego Reader April 17-23, 2008 B1
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$1500-$3500 Weekly
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Wednesday, April 23
10 am-2:30 pm

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Hyatt Regency Mission Bay Spa and Marina invites all talented, service-oriented individuals to attend our career fair.

Monday, April 21, 2008
12:00 p.m. – 4:00 p.m.
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San Diego, CA 92109
(619) 758 - 4909

We encourage you to apply online before attending at: www.missionbay.hyatt.com

The following opportunities are currently available:

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For more information & directions, visit: www.jobfairsandiego.com
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At Covance we are committed to offering a competitive benefits package while providing our employees with a flexible, rewarding career. To find out detailed information about these positions and our other opportunities, please visit our website at: [www.covancecareers.com](http://www.covancecareers.com) and search for the appropriate Req. # above.

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Exam Dates:

April 19, 2008
7:30 am Arraval
Rancho Buena Vista High School
1601 Longhorn Drive, Vista, CA 92083

April 23, 2008
5:30 pm Arraval
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Registration by e-mail or phone is required prior to the Ridgehaven test ONLY.
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**Classroom Aides • $9.75/hour, to start, DOE**


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- **Monday-Friday 7:30 am-1:30 pm**
- **9565 Center Dr., La Jolla, CA 92037**
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Correctional Deputy Probation Officer I

Minimum Qualifications
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- Good physical condition
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- High school diploma or GED

Salary:
$35,069-$44,741 annually

Test dates:
May 3, 2008 • 8 am or June 7, 2008 • 8 am

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- No felony convictions
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- U.S. citizen or in process of becoming a citizen

**Salary:** $50,752-$61,672 annually

**Test dates:** April 26, 2008 or May 31, 2008

Qualified applicants will be notified by mail of the date and location of the test.

For more information please visit: http://www.ranchovalencia.com/job/careers.php

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- State of the art fitness center
- Paid holidays and vacation

**Salary:** $39,796-$61,608 annual salary, plus benefits.

**Test dates:** April 26, 2008 or May 31, 2008

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**About the Position:**

Deputy Sheriff and Deputy Sheriff Detentions/Courts

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**Salary:**

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For more information please visit: http://www.ranchovalencia.com/job/careers.php

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Deputy Sheriff

Bilingual

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Troy Murphy, M.A.C.E. ’02
Dean, Chapman, Carey Trojans
Founder, LaunH137, Green Bay, Wisconsin

LESSON LEARNED: Don’t try to change God or yourself.
MY STORY: You don’t usually think of God’s ministry setting.
But then, I had this conversation one day and God opened doors.

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www.sagecollege.edu
I was surfing north of Scrips Pier, and I saw two little girls pretty far out,” says Jeff, a San Diego native. “I was probably seven or eight. I realized that they had been sucked out with the tide and knew that there was no Reguado on duty. I sniffed a little wave over there and helped pull them in. They were really scared because they couldn’t touch the bottom of the ocean anymore.”

Walker, a surfer for six years now, sees surfing as a natural extension of skating.

“I had been skateboarding for 20 years and realized that I had gotten as good as I ever would. I basically lost interest, so I took up surfing. With surfing, I can always improve and I feel like there is room for me to grow.”

Those years of skating taught Jeff how to deal with pain. Since he began surfing, he’s applied that experience to martial arts.

In La Jolla once, a stragglng young Jeff gave him “the worst pain I have ever felt.”

Another encounter with marine life in La Jolla: “I saw one of those huge bubble-headed jellyfish,” he says, holding his up to show the size of it. “Pulled my feet up onto my board and paddled in. There was no way I was going to fall in.”

One aspect of surfing Jeff enjoys more than skat- ing: “Concrete is a lot harder than water when you crash.”

To see an online version of this column, go to www.surfing.com.

You can print it, email it to friends, and find archived columns.

Jeff enjoys more than skateboarding...
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**TEEN & YOUTH**

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**TEEN & YOUTH**

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**TEEN & YOUTH**

112RYE!

**TEEN & YOUTH**

112RYE!
1. Ottoman title
2. The pelvis bone
3. Disassembled diner’s decision
4. Falling (over)
5. Boo-boo
6. ______ ( regularly pig.
7. Distinctly diacritic
8. ______, Mongolia
9. Washer cycle

Down
1. Hot ______
2. Record sent to a record producer
3. Record at Track Star
4. Record and Master at Exum
5. $30/hour. 619-260-0837. Check out our Grand Piano!
6. Fast. Efficient. 20 years
7. ______, Wyoming
8. ______, Montana
9. New York governor Spitzer
10. Voyeur
11. Sign of spring
12. “Star Trek” baddie
13. Actress Thurman
14. Sonar sound
15. Museum-funding org.
16. ______ (oratory plane)
17. ______, fancy
18. ______, “Spanglish” costar
19. Ruhr Valley City
20. Tiny critter
21. Stroke
22. 21st Century Blvd MVP
24. Food processor?
25. E pluribus ______
26. The tiniest bit
27. Mullally of “Will & Grace”
28. ______, Walk-____ (small parts)
29. 14-legged crustacean
30. Heap
31. Native Alaskan
32. Having no match
33. Having five sharps
34. Michigan river
35. ______, “Look for the Union Label”
36. ______, “A Friend"
37. ______, “a friend"
38. ______, “a friend"
39. ______, “a friend"
40. Heap
41. ______, “a friend"
42. ______, “a friend"
43. ______, “a friend"
44. ______, “a friend"
45. ______, “a friend"
46. ______, “a friend"
47. ______, “a friend"
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49. ______, “a friend"
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51. ______, “a friend"
52. Birth-related
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54. ______, “a friend"
55. ______, “a friend"
56. ______, “a friend"
57. ______, “a friend"
58. ______, “a friend"
59. ______, “a friend"
60. ______, “a friend"
61. ______, “a friend"

Solution to and winners of the Reader Puzzle for 4/10/08.
There were 187 entrants. The winners are:
1. Trevor Flores, Chula Vista
2. Dawn Nguyen, San Diego
3. Lio Woodyard, San Diego
4. Carol Sperry, San Diego
5. Janie Redmond, San Diego

Backstage by David Levinson Wilk

4. Carol Sperry, Chula Vista
5. Lee Woodbury, Santee
6. Dawn Nguyen, San Diego
7. Trevor Flores, Chula Vista

The Reader puzzle

1. The prize for solving the Reader Puzzle was a by Richard Albrecht. The contest must be received by the Reader by 4/1/08. TheReader will be a $100 gift certificate to a music store.
2. First-time participants will receive a prize of $50. Second-time participants will receive a prize of $25. Third-time participants will receive a prize of $10. All other participants will receive a prize of $5.
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San Diego: $875. 1 bedroom, 1 bath. Close to trolley or UCSD. $950. Agent, 619-227-4550.

San Diego: $800. 1 bedroom, 1 bath. Close to trolley or shopping. $875. Agent, 619-227-9000.

San Diego: $950. 1 bedroom, 1 bath. Close to trolley or shopping. $1000. Agent, 619-228-2149.


San Diego: $2500. 5 bedroom, 3 bath. Close to trolley. $3000. Agent, 619-236-0860.


Dogs Beach in Ocean Beach, 1974. The city council got tough on dogs that year. In two weeks' time, 232 citations were owners, the toughest crackdown on stray dogs in county history," according to our local.

 Daly, "A three-day operation in Imperial Beach brought in 68 unlicensed dogs; a two-day patrol of Ocean Beach roped in 80 dogs."

— by Robert Mariani
What has been your worst experience with the police?

I was really awkward. I went on a date with a bunch of people, but when I was in college. And they were creating such a racket. They were singing, yelling loudly around the campus, and even hanging trash cans like that. So, all the campers around that area called the police. They didn’t show up until the morning, though, and all the people that were drunk and loud had left. I was with my boyfriend in a deep bag. We wake up and we’re lying there, and cops and routers are standing there with flashlights, telling us to get up. It was really awkward.

I have a few, one time circling Old Town looking for my son. He wasn’t answering his cell phone. Cops came over, yelling about me not seeing a stop sign. Once, I was a flight attendant for Donald Trump. I got a call to work. I was six months pregnant and almost ready to go into labor. This was in Alexandria, on a Sunday morning. There was a car in the turn lane at a light, and I went around them, into the right-turn lane. The cop pulled me over and started yelling. “Do you know why I pulled you over?” He lectured me before giving me the ticket, and I said the date to appear in court was my due date. I cried and tried to explain that, and he snapped, “Don’t get Iran with me, lady.” And there were no other people on the road.

I was 15 and a passenger in my brother’s Dodge Ram. We had been drinking here, which he had rolling around in his car. We decided to look for a party around our neighborhood. We accelerated around a corner where the party was, and it was being broken up by the police. We were forced to pull over, and my friend was given a DUI test, which he passed. They were upset he passed, and I asked if he had marijuana. I said no, of course. I really didn’t. He asked if he could search my car. I said something like, “No. And you don’t have probable cause.” I think that got him mad. He called another officer that brought out a dog to sniff around the car. It was a wasted hour, and they ended up searching my car. I think all they found was a dirty roll of Certs on the side of my seat.

I was a flight attendant for Donald Trump. I got a call to work. I was 31 p.m. and was around midnight. Someone that evening had been driving on people’s lawns. They assumed it was us. I think because we were white.

I was with a friend. This was back in Mississippi. And they knew of this cop. We called him and he came over, and I asked him if he wanted to see what it was like. After he did that, he couldn’t find the key. I had to go back with him, in his car, while he drove back to his house to find the thing. I guess it could’ve been worse, since I was handcuffed for pleasures, not for doing something wrong.

I was a flight attendant for Donald Trump. I got a call to work. I was 31 p.m. and was around midnight. Someone that evening had been driving on people’s lawns. They assumed it was us. I think because we were white.
DOD... IS RAP MUSIC LIKE, WHY OVER US LIKE, MUSIC?

I DONT THINK

I DIDN'T THINK

MY REPUBLICAN

THEY TEARS HIS HONDS, AND

THUS, THE SHARDS AS Atpa OF

SOCIAL DOCUMENTATION?! WHAT

I MEAN IS, MR. WEAPONS RECORD IS A

LONG LIST OF INDICE, TONGUE, AND

HOMETOWN EDMINTOF REFERENCE

THAT STILL RESONATE WITH A KO LAY ME IN A GRIVA LITTLE

ANGELS NEIGHBORHOOD. I’LL

BRING IT OVER SO YOU CAN HEAR IT.

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PACIFIC BEACH. $1695. 2 bedroom, 1 bath cottage. Patio, parking, laundry facility, 2073 Tourmaline, 1 bedroom apartment. Small square feet, vaulted ceiling. Originally developed for people who are excessively worried about their own carbon emissions being responsible for “global warming.” More than 120 therapists are now listed as specialists in the field of Ecopsychology.org, and schools such as Lewis & Clark College in Portland, Ore., have created courses on counseling such patients.

Least Competent Criminals — Not Ready for Prime Time: (1) Two boys, 12 and 14, were quickly arrested in Port St. Lucie, Fla., in March when they tried to rob a woman who was working at a counter behind protective glass in an office, by picking up the convenience phone and threatening her, implying that they had a gun. The woman was in no danger because of the protective glass, but besides that, the place they had chosen for the hit was a regional office of the Port St. Lucie police department. (2) Donald Baker, 51, was re-arrested in March in Pennsylvania, when he called the police department to request a wake-up call for his court appearance the next morning: amazed at his audacity, police ran a records check and found an additional arrest warrant on him.

Send your Weird News to Chuck Shepherd, San Diego Reader, P.O. Box #85803, San Diego, CA 92186 or to WeirdNewsTips@yahoo.com

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**In the Reader**

**Thirty Years Ago**

The cypress trees remain. So do the eucalypts, pine, and groves of pepper trees. They are memorials to people who turned a dusty, chaparral-covered section of Point Loma into a utopian wonderland. Of the fantastic architecture, the ecclectic, ornate residences and glass-domed structures which crowned the peninsula, only a few examples can be seen today.

--- "THE LITTLE WORLD THAT ALMOST WAS". Morten Goulston, April 20, 1978

**Twenty-Five Years Ago**

Attention Jerry Herrera. The following new wave bands have decided to boycott your Moreno nightclub, the Spirit: the Penetrators, the Rockin’ Boulettes, the Joyce Books Band, Jerry Raney and the Shamees, and the Country Dick and the Scraggleburnes. Reasons for the boycott: your policy of only paying the bills what comes in from the door charge instead of giving them an additional percentage of the bar revenues.

--- "MUSICAL DRAWNS BLOOD AT SPIRT". Thomas K. Arnold, April 21, 1983

**Twent Years Ago**

It’s been almost a year since Barbara Goldstein, an elementary school teacher who lives in Rancho Santa Fe, allegedly poisoned two dogs in her neighborhood. On June 13, a jury will begin hearing the district attorney contend that coincidence doesn’t allow two dogs to die of strychnine poisoning on the same night they rough up a neighbor’s pet rabbit.

--- "WAG NO TALES". Bruce Carden, April 21, 1988

**Fifteen Years Ago**

Take a drive along the Silver Strand area of beach south of Coronado on the 75, down toward Imperial Beach, and you come across an oasis of West Indian architectural chic named the Coronado Cays. When you turn off from the road, past the uniformed fellow in his guardhouse and through one of the several gates, you have the impression of being in a suburban stretch of England’s Upper Thames or a yachting community in Bermuda... .

--- "NO AMOUNT OF PITH-HELMETED COLONIALS CAN PROTECT YOU FROM CHAOS". Lawrence Osborne, April 21, 1993

**Ten Years Ago**

How could the wife of a drug money launderer be elected to San Diego’s highest local office? It’s a good question, and the answer confirms the campaign consultant’s first maxim: Nothing is fatal in politics.

By the time the mayor's race rolled around, the Golding Rehabilitation was under way. She had stuck by her man during Silberman’s trial and professed his innocence almost as much as her own. But when they put Dick in the slammer, Golding began to distance herself from him. The political spin was simple: Golding was an innocent woman who had been deceived by her no-good, lying, cheating husband.

Of course, to anyone who knew Golding well, it was a stretch to believe she had no knowledge of her hubby’s activities.

--- "SAN DIEGO CONFIDENTIAL". Peter Navarro, April 23, 1998

**Five Years Ago**

So it is I find myself passing a Friday night waiting to be cut open again, with some books I'd left at my girlfriend’s house and her back issues of the New Yorker. It didn’t take long to get through the cartoons and turn to the three books at hand: Don’t Let Me Be Misunderstood, a remarkable memoir by Eric Burden, with the help of Marshallshall Craig, Taran of the Apes by Edgar Rice Burroughs (with an introduction by Gore Vidal); and The Classic Philip José Farmer: 1964-1973.

I was interrupted in the middle of Gore Vidal’s introduction by the arrival of Father Phil, an African Catholic priest from Chad and my new diabetic roommate. Having a priest as a roommate while in the hospital for heart disease has got to be one of the few experiences in life that is both alarming and reassuring at the same time.

--- "GL", John Brizziola, April 17, 2003

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Worst break up ever! In the late ’80s I lived in a basement apartment in San Francisco a block off Haight Street. I was in my twenties and cast about for some deeper purpose in life. The destruction of the environment concerned me. I liked to hang out with groups of environmentalists and wave signs at CEOs and pass out pamphlets.

At a political event I met Thomas, a full-blooded Native American sporting a thick black braid of hair down to his waist. He passed himself off as a person who knew the answers to life’s mysteries. He commended the Great Spirit. He burned sage. He was a political activist. My gut told me, “Run, city girl,” but some other part of me was entranced. We began dating.

There were plenty of signs that Thomas had serious issues. First of all, he told me he had serious issues. The littlest thing would set him off to a paranoid rant. If I looked over my shoulder a certain way, I was drawing the attention of the police. If I asked his friends too many questions, I was flirting or possibly gathering information for the FBI. Thomas told me that the FBI followed him because of his political work. He’d participated in radical political groups in the late ’60s and ’70s, but as far as I could tell, he spent his days in my apartment (yeah, I gave him a key) reading spy novels, smoking pot, and cataloging my flaws. This is what I deduced from the indention in my sofa cushions and the overflowing ashtray I saw when I came home from work. Asking him how he spent his days was proof that I was indeed an undercover FBI agent, so I quit asking.

Thomas and I hadn’t been getting along when he invited me to go camping for a weekend of protests in an old-growth forest. Being a suburban city girl with no car, my experience with the great outdoors was limited. The only times I’d been camping was as an eight-year-old Bluebird. Our troop slept in cabins, and we melted marshmallows on wire hangers around the campfire. Getting out of the city sounded like an adventure. Maybe Thomas would become less insane while in nature.

One of Thomas’s friends, a Navajo cabdriver, and the guy’s blonde, I’m proud-to-be-Greek waitress girlfriend asked to join us for the ride. Thomas admired the Navajo because they grew up speaking their own language. Thomas’s tribe’s language was dying, being...
spoken fluently by only a handful of elders. English, the only language I could claim, was the language of the oppressors. The waitress claimed to speak Greek, but I had my doubts.

Thomas's friends arrived two hours late. Then Thomas spent another hour fusing with his hair and trying to decide which ribbon shirt to wear. By the time we got to the protest site, the prime camping spot was taken. Say what you will about Western culture, but there's something to be said for following a schedule and sleeping in a bed. We pitched our tent on a rocky slope.

Being a novice camper, I couldn't do anything correctly — I put the tent poles upside down, got the tarp muddy, and didn't close the flaps the right way. The list of my offenses grew. It rained on and off Saturday and Sunday. Thomas was wet, grouchy, and mean. After 20 hours of misery, eating slop off paper plates, and not getting along with Thomas in a damp tent, I was done pretending to be a lover of nature. I wanted to take a shower and sleep in my own bed. I wanted to be as far away from Thomas as possible.

As we dragged his camping gear to his truck, Thomas ran into an old friend — an emaciated, grizzled hippie. They exchanged pleasantries and lamented the loss of the forest, and then the gray-bearded hippie said, "You should visit sometime." Thomas said, "Okay. We'll follow you." I thought he was kidding. Nope. I protested — I had to go to work Monday morning. Thomas, Mr. Hippie, the Navajo, and the waitress (who was a camping genius) stared at me like I was pressing a chainsaw to the trunk of an ancient redwood.

Thomas agreed to stop at a shuttered gas station so I could call in sick to work from a lonely pay phone.

Feeling like a hostage, I left a message for my boss that I'd be in on Tuesday or Wednesday. I figured we'd sleep on the floor of this guy's house in our damp sleeping bags for one night and then we'd head back to San Francisco. How bad could it be?

My memory of the drive to our second night of camping was that we drove for at least an hour on unmarked, winding dirt roads through the forest. Not only were there no streets and no houses. From the hill where we parked I could see a dilapidated two-story house surrounded by tall trees and undergrowth. We got out of the truck and hiked behind Mr. Hippie in the opposite direction. We passed a vegetable garden enclosed by a chain-link fence. A large gray tent was perched on a ridge over a noisy creek. Next to the tent, I noticed a wickiup. I should later discover that the seat on the open platform was the community toilet. The creek was the family's water source. Inside the tent, Mr. Hippie's very pregnant wife and a speechless sniffing toddler greeted us.

If I sucked at camping, I was even less skilled at survival living. The pregnant wife was a nutty white woman who claimed to be one-sixteenth Blackfoot Indian. She made beautiful beaded jewelry from "unadulterated" turquoise. She was sick and left wet spot stains on her homemade maternity dress. The tent, or wickiup, was cluttered with junk. It smelled of mildew and damp earth.

I was picked to pitch in and help make dinner, since it's rude to go to a pregnant lady's dwelling in the forest with no plumbing and no electricity and expect to be waited on — unless you have a penis. Thomas, the Navajo, and Mr. Hippie told stories about hunting deer with a crossbow and a sleeping bag at 3 a.m. We smoked pot, and inspected the mystery crop growing in the dilapidated house/greenhouse near where the trucks were parked. Thomas warned me to stay away from the house (as if I couldn't figure out where it was growing inside). The pregnant lady, the waitress, and I cut vegetables with dull knives and threw everything into a gritty, dented pot in silence; I couldn't think of anything nice to say. So, how's the crop this year? Who made the decision to let your marijuana plants live in the house and the baby live in a wet tent? I bet laundry is a barrel of fun here! Nice of your husband to invite guests and then sit on his ass while you do all the work. After a dismal dinner, the waitress played with the silent snotty-nosed child and talked about how much she loved babies. I couldn't figure out how to pump water to wash the dishes. Thomas thought I was being difficult and screamed at me. The depth of his rage and the nearness of hunting rifles frightened me. It also pissed me off. I hadn't agreed to spend the night on a pot farm with a family of survivalist loons. I excused myself to use the toilet but couldn't bring myself to climb the platform. I could still hear Thomas complaining about my idiocy. I had no idea what to do and no clue how to find civilization. I wandered past the fenced garden, mulling my options. After a while Thomas came out of the wickiup, cursing and howling at me to get my ass into the house. I pulled my sleeping bag and a blanket out of the mess in Thomas's truck and hiked to a ridge. From my hiding place, I heard Thomas slam the doors on his truck, wrestle with his tent, and curse my existence. I decided I had a better chance with the coyotes than with Thomas while he was mad.

I picked a flat spot under a thicket of bushes to spend the night. He'd be calm in the morning and forget that he'd acted like a lunatic. I wouldn't, though. What was I thinking? Never go camping with a crazy person — that's my advice to you. I spent a cold, miserable night but was unharmed by any four-legged creatures. I did, however, manage to set up camp in a patch of poison ivy.

I joined my fellow freaks for breakfast, all of us pretending nothing out of the ordinary had happened. I kept my head to the sky. To my relief, Thomas announced that it was time to head back to the city. After a few hours I had welts all over my hands, arms, thighs, and butt (should have used the platform toilet) from the poison ivy, which lasted for six weeks.

I told Thomas that I never wanted to see him again. He heard, "I want to marry you and spend the rest of our lives together." He even went so far as to barter his possessions for an antique diamond ring. I don't remember how he proposed to me, but I do remember that we were on the corner of Haight and Masonic and that he threw the ring at me when I told him "no."

His behavior became more irrational and bizarre. He showed up at the college I worked at and threatened to kill my boss, the president, the receptionist, and himself. The president, who knew Thomas, told him that he'd be arrested if he again set foot on the property. I wore hats, wigs, and thrift-shop clothes to work. I still own a beaded turquoise bracelet that Thomas bought from the crazy one-sixteenth Blackfoot Indian lady.

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When you think of a hero—a soldier, firefighter, or Marine—what image pops into your head? Do you think of a shaved chest, chiseled abs, and vein-covered arms? Or do you think of a hero, strong and powerful, in the midst of danger? This is the world of the Marine Corps. Here, we see the heroes who serve to protect and defend America.

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In the Marine Corps, they train for up to 20 weeks, receiving the best training in the world. They are trained in all aspects of warfare, from basic training to advanced tactics. The training is intense, but it is necessary to prepare the Marines for any situation.

The Marine Corps is made up of a variety of units, including infantry, aviation, and artillery. Each unit is trained to perform a specific role in the battle. The infantry is responsible for protecting the ground, while the aviation is responsible for providing air support.

The Marine Corps is a proud and storied institution. Its traditions and history are important to the Marines, and it continues to be a source of pride for the United States. The Marines are ready to face any challenge and to protect the United States.
— MAY 1, 2000

Not only was I late for work, but my car’s booster engine fouled up. It didn’t explode or anything, it streamed a thin trail of smoke and rattled. So the automatic driver didn’t pull me over, land the craft, and call for a repair vehicle. It put me in the slow lane, making me even later, and when I arrive I’ll stammer and make feeble excuses to the boss instead of cocking my fist back and punching him right in the mouth. Oh, dear God, that would fill my heart with joy.

So, in the slow lane, I fly along at 180 miles per hour instead of 300. The car’s video communicator buzzes and I quickly press the silver button marked “Ignore.” In the field next to which I’m flying, gazelle leap and a host of sparrows launch, turn in a boomerang pattern, and then land again in the willow shrubs. The communicator buzzes and I press “Ignore.” I don’t want to talk to my boss. Glaring new cars rocket past me at nearly double the speed.

My watch communicator beeps. I flip my wrist over; there’s no ignoring this one. I touch “Answer,” and my watch communicator beeps. In the field next to which I’m flying, gazelle leap and a host of sparrows launch, turn in a boomerang pattern, and then land again in the willow shrubs. The communicator buzzes and I press “Ignore.” I don’t want to talk to my boss. Glaring new cars rocket past me at nearly double the speed.

I hate work. Why can’t I just sit and watch TV all day? I love those game shows. The shows that offer a thousand-dollar cash prize for guessing a correct answer or spinning a wheel. With a thousand greenshanks, I could get a new flying car, a big 28-inch TV, and a house-clearing robot. That would be the good life. That’s what I need.

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what, baboons. You know why, I’ll tell you why, because they eat meat. Monkeys are supposed to be cute and cluck your pantleg and eat little bits of fruit and hang from fences and swing on ropes. Monkeys are NOT supposed to gnaw off a hunk of your thigh with bloody fangs. Plus, they have those big, unpleasant, stinky pink butts.

HARRY POTTER AND THE PRISONER OF AZKABAN

ABC 8:00 P.M.
I want to tell you that I despise this clichéd kids’ trash. But I’d be lying. While I’ve never taken the time out of my life to read one of the huge, simplistic books, I have watched the movies and enjoyed every second. I know I’m supposed to be the intellectual (stool snicker) type who turns his nose up at popular pop, but damn it, I want a magic wand that makes things fly and shoot lightning. I need a magic lightning wand. NEEDED.

SUNDAY, APRIL 20

AMERICA’S NEXT TOP MODEL

CW 7:00 P.M.
The waaayy better show is America’s Next Top Hooker.

MONDAY, APRIL 21

WALK THE MOON

FX 5:00 P.M.
Here’s the entire script of thoughts from my head while watching this movie. “Johnny Cash wasn’t a hair lip. That thing is distracting. Seriously, millions of dollars and they couldn’t budget in some putty makeup? I can’t stop looking at it. Would someone please just dab some foundation on that hair lip so I can pay attention to the story. I cannot see anything else on the screen and I can only hear what the hair lip is saying. Hair lip. Hair lip. Hair lip.”

TUESDAY, APRIL 22

SATURDAY NIGHT LIVE: THE BEST OF CHRIS FARLEY

8:30 P.M.
Thank God Chris Farley died. It is far cooler to be the fat overdoes comedic genius than the weep con
testant of a celebrity diet-and-rehab program on VH-1. Yeah, he might’ve lost a hundred pounds, kicked cocaine, and given Muriel Hemingway sweaty hugs, but we need nutty deadleg
ners more than that thin unfunny Puri
tans. We salute you and all you gave to us, sir!

WEDNESDAY, APRIL 23

BIG BROTHER

CBS 8:00 P.M.
And while we’re on the subject of crappy reality game shows, I’m going to say this right now, and I want everyone to damned listen. The crying has gotten out of hand. You were kicked off of a game show, not threatened with bodily harm or the loss of a loved one. Sure, maybe a tear should be expected from the women, but if you’re a guy and you’re blubbering like a Girl Scout with a skinned knee on TV because you lost a game, I swear I will give you something to cry about, you embarrassing sissy.

THURSDAY, APRIL 24

CHARLIE AND THE CHOCOLATE FACTORY

FAMILY 8:30 P.M.
Ooh, look at me, I’m Johnny Depp and I’m weird. Think of me as being weird! I’m not at all like other actors who are rich and famous and do things for money. I’m weird, dammit! I’m weird and different!

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I spent that day playing five card draw with the staff, all of whom wanted to be either writers or readers.

The dates attached to Thursday through Sunday of this week, or rather weekend, have a series of associations for me. Let me have my coffee, let the old brain percolate on the back burner as what might be fun to do over those days, and allow me to tell you what those associations are.

April 17 would have been my parents’ 60th wedding anniversary. My Dad died in 1968 at the age of 49, and my mother in 2003 at the age of 77, lending a certain amount of spic to the idea that the good tend to go younger.

They had met a year and one month earlier at a Saint Patrick’s Day dance at a Catholic church in Chicago. My father, in keeping with the spirit of the event, introduced himself to my mother as Bob O’Lara and supplied a sufficiently Barry Fitzgerald-like Irish accent while speaking to this daughter of an Englishman named Will Arburn. He tortured her (playfully, I imagine, since that was pretty much him) as he demanded she account for centuries of injustice inflicted by the British on his Irish countrymen.

In response, after discovering it was a sham, he proceeded to marry her, and for the next 20 years made him rue that fact. This last idea is something I intend to check out soon. Ken told me the concept has been around for a time but naturally the name packs much appeal.

I think, mass-market size paperbacks for one buck as well. The beauty of this is that the good tend to go younger. This Sunday, der Fürher’s birthday, go to the beach, the nearest one with a famous spiral staircase at our 53rd Street store.

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