# Reader

# NEWS & FEATURES

The Rocket Pop Street Artist
Old men with money decorate our world22
City Lights
Don't rule out economic depression; and Breaking News <b>6</b>
David Malcolm surfaces
Letters12
Sporting Box
Go mad this month
Sheep and Goats
Reach out if there's no hand to hold
Best Buys
Space-age kitty condos
Diary of a Diva
Is Barbarella cracking up?20
Couldn't Be Better
The Ed Teagle story. By Byron Shewman
Puzzle
Sav What?
This one might not catch on
Name This Place
Off the Cuff
Surf Diego
No more McDonald's
Picture Story
News of the Weird159
Back When
Sailors and Marines faced investigations
Blog Diego
Beware of the pooch-man
Remote Control King
Pitch to CBS: America's Sweatiest Fatties
T.G.I.F.
The taxi driver gets Brizz to pondering
CALENDAR
CABLNDAR
Local Events 71
Roam-O-Rama
Rock scrambling required
What's That You're Writing?
The Art of Voice Acting, by James Alburger
Art Museum and Gallery Guide79
Classical Music Guide79
Pop Music
Blurt <b>80</b>
Club Crawler
Abraxas inspired Kelsey Brookes
Yo, DJ!
Midori's Candlebox memory
Crasher
We fight for the freedom to pole dance
Theater Review and Guide
Dancing in the Dark has miles to go
Restaurant Reviews and Guide
Deliverance from kitchen duties
Feed the freegans!
Done with cheap plonk
Movie Review and Guide
Duncan Shepherd compares and contrasts

# SANDIEGOREADER.COM



Puppy love for grown-ups See page 163

# ADVERTISING

## **Classified Ads**

iussiiicu Aus
Antiques & Collectibles163
Appliances163
Automotive: Cars166
Automotive: Trucks/Vans/SUVs166
Automotive: Classic/Custom Cars167
Automotive: RVs167
Automotive: Parts
Automotive: Services
Bicycles
Business Opportunities142
Career Training137
Classes/Lessons
Computers
Counseling/Support146
Electronics 163
Employment Services137
Furniture
Garage Sales163
Health & Fitness146
Help Wanted129
Massage144
Miscellaneous For Sale165
Motorcycles165
Music, Equipment/Instruments147
Music, Musicians Avail/Wanted148
Music, Services148
Notices
Parent Resources146
Personals
Pet Central
Photo
Real Estate, Condos
Real Estate, Houses
Real Estate, Miscellaneous
Rentals, Commercial148
Rentals, Apartments/Condos150
Rentals, Houses
Roommates
Roommate Services
Services Directory
Sports
Stage Notes146
Tickets
Travel & Getaways
Wanted/Trade162
Wedding/Party Guide146
Display Ads
A D 1 24

.24
157
142
.71
.73
.42
129
146
148
.35
147
.77
.75





1-866-VIEW-WIN VALLEYVIEWCASINO.COM

1-15 TO VALLEY PKWY EAST + VALLEY CENTER, CA

21 MEANS MORE THAN JUST BLACKJACK! GUESTS MUST BE 21 OR OLDER TO ENJOY THE CASINO, RESTAURANTS AND CONCERTS.







Liberty provides friendly, accurate service with a money-back guarantee.

Tax **Preparation** Services

Present this coupon to your tax preparer and Liberty Tax Service will prepare your return to your satisfaction, guaranteed.

Good at participating locations. For new customers only. Offer not valid with other offers. Expires 4/15/08

**KEARNY MESA EAST** 858-541-1040

**KEARNY MESA WEST** 

**PARADISE HILLS** 619-472-1165

**ENCINITAS** 760-436-6700 **COLLEGE AREA** 619-667-1089

MISSION HILLS 619-294-4829

**CITY HEIGHTS** 619-640-1040

HILLCREST 619-269-2347

**OCEANSIDE** 

NORTH ESCONDIDO 760-746-4829

POINT LOMA 619-225-8291

SERVICE www.LibertyTax.com

LA MESA 619-698-2937

LAKE MURRAY 619-698-2937

MISSION VALLEY 619-281-4829

**PEÑASQUITOS** 858-538-0416

CLAIREMONT

MIRAMAR ROAD 858-566-5109

**NORTH PARK** 619-546-0170

Thanks, Dr. Parikh!"

Chargers WR Kassim Osgood, All-star 2007, 2008

# GO CHARGERS!

Official Chargers LASIK Center

Wavefront LASIK • All-laser LASIK • Custom LASIK

Call for special LASIK prices!\*

# MIHIR PARIKH, M.D.

- ✓ LASIK & Cornea Specialist
- ✓ Chargers Team Ophthalmologist
- ✓ "Top Doctor"- S.D. Magazine, '05-'07
- ✓ "America's Top Ophthalmologist" - Consumer Research Council
- ✓ Over 10,000 procedures performed



Official Chargers LASIK Center and Team Ophthalmologist

Low Monthly Payments! Easy to qualify!

**DOWN INTEREST MONTHS** 

Free LASIK Eye Exam

Toll-free: 1-877-484-2020 Local: 858-450-4213 www.neweyes.com



\*Not valid with any other offer, certificate or discount. Expires 3-31-08. Call for details.

# Leslie Venolia, Naomi Wise NATIONAL ADVERTISING DIRECTOR

**EDITOR** 

SENIOR EDITOR ASSISTANT EDITOR EDITORIAL ASSISTANTS

Nutting, Chris Woo

CONTRIBUTORS

ADVERTISING SALES DIRECTOR

Scott Ellis, Frank Glaser, Hector Lam, Russ Lewis, Robert Mizrachi, Robert

Don Bauder, Ed Bedford, Jane Belanger, Don Bauder, Ed Bedford, Jane Belanger, Geoff Bouvier, John Brizzolara, Josh Board, Patrick Daugherty, Joe Deegan, W.S. Di Piero, Stephen Dobyns, Barbara Fokos, Ernie Grimm, Mary Grimm,

Rosa Iurievics, Ken Kuhlken, Thomas Larson, Deirdre Lickona, Matthew Lickona, Thomas Lux, Bill Manson,

Linda Nevin, Anthony Olivieri, Jerry Schad, Duncan Shepherd, Jeff Smith

SALES DEVELOPMENT

SENIOR ACCOUNT EXECUTIVES Bill Burton, Amy Grant, Amy McKibben, Randy Rice, Todd Westfall, Beth Wexler

#### ACCOUNT EXECUTIVES

Gili Assa, Kelly Bonelli, Janet Christensen, Mark Connelly, Barbara Dickinson, Patricia Esperanza, Brett Flynn, Scott Fisk, Paula Ford, Stephen Hatch, Joshua Hensley, Richard Maryn,

#### ACCOUNT MANAGERS

Jesus Cruz, Jr., Maricar Quero, Graeme Storey, Kacy Weaver

# ADVERTISING ASSISTANTS

Brian Carver, Mercia Daughn George Wargo

#### ADVERTISING ART DIRECTORS Kenneth Koll, Ronaldo Saluta, Ir

**CLASSIFIEDS MANAGER** 

#### CLASSIFIEDS STAFF

Gene Rochambea

Alexis Bernal, Annalee Bradbury, Michelle Estrada, Deaine Goldey, Maribel Juarez, Steve Lieber, Jodi Linney, LeAnne Mellon, Holly Micelli, Sandi Miller, Ninoshcka A. Moreno Ortiz, Anniessa Mumford, Kathleen Nystrom, Carina Quintanar, Jeffery Reed, Helen Uchihara, Cristina Weedmark, Michelle Wil

### PRODUCTION MANAGERS

Deborah Condit, Sandy Matthews

# PRODUCTION ARTISTS

Cynthia Arnette, James Banerian Mike Brown, Jeremiah Dean, Paul Johnson, Leslie Manes, Douglas P. More, José Ramirez, Jr., Richard Vierling, Jessica Wentzel

## ACCOUNTING STAFF

Kelly Ainsworth, Regina Gaither, Tisha Howell, April Isaac, Michelle Newby, Maddeline Zvirzin

# ADMINISTRATIVE STAFF

PERSONNEL MANAGER

#### INFORMATION TECHNOLOGY Mark Bays, Gavin I

Michael Wavne

# PROJECT MANAGER

OPERATIONS DIRECTOR

Howard Rosen

All advertising in the Reader is subject to current rate card. The *Reader* reserves the right not to accept an advertiser's order. The entire contents of the San Diego Reader are copyright 2008, Jim Holman. All rights reserved.

San Diego Reader may be distributed only by the Reader's authorized independent contractor. No person may, without prior written permission of the San Diego Reader, take more than one copy of each weekly issue.

# NATIONAL ADVERTISING

# MAILING ADDRESS

Reader, P.O. Box 85803 San Diego, CA 92186-5803

OFFICE

#### 1703 India Street (at Date) 619-235-3000

General information

### 619-235-8200

# MANUSCRIPT SUBMISSIONS

Submissions must be e-mailed to: Reader.Manuscripts@gmail.com. Hard copy manuscripts will not be accepted.



# The truth about LASIK prices

Why you would want to pay \$599 instead of \$299 for Standard LASIK

**Global Laser Vision** 

\$599\* per eye

# All prescriptions

Our low price of \$599 is for ANY nearsighted prescription without astigmatism. In our ad prices you will not see words such as "Prices As Low As..." or "Prices Starting At..." All procedures can be financed with \$0 down, 0% interest (OAC).

# **Top 1% of Refractive Surgeons**

Our surgeons are Harvard- and UCSD-educated Refractive Surgery Specialists who are recognized as being in the top 1% of their field in the United States.

# 45,000 local surgeries

Dr. Yaghouti and Dr. Lakhani have performed over 45,000 surgeries in San Diego.

# Personal care

You can always see your surgeon before or after your surgery. Our dedicated surgeons, Dr. Yaghouti or Dr. Lakhani, are at Global Laser Center Monday through Saturday.

# Our thorough eye exams are always complimentary

No hidden fees or charges ever.

### We offer the latest technology

We use the latest technology and leading-edge equipment such as the VISX Star S4 Excimer lasers equipped with Wavefront and Iris Registration Technologies – affording you 98% 20/20 vision after one year (FDA clinical trial using VISX Custom LASIK). We also offer All-Laser LASIK Intralase with 60Hz Fourth Generation Technology.

Other Centers

\$299<sub>pe</sub>

er ev

# How many patients realistically qualify for this price?

The advertised low price of \$299 per eye is to get you in the door. Actual price is based on your prescription: i.e., \$299 may be offered for prescriptions up to only -1.25 nearsightedness without astigmatism. Only a very SMALL percentage (less than 1%) of patients qualify for this price.

# Are the surgeons Refractive Surgery Specialists?

The independent surgeons affiliated with these centers may or may not be Refractive Surgery Specialists.

# What is the true experience of your surgeon that is pertinent to vou?

Advertised number of surgeries performed reflects a combined total of hundreds of surgeons at these corporate-owned centers nationwide. It does not address the experience of the individual doctor who will perform surgery on your eyes in San Diego.

# Is your surgeon always available before and after your surgery?

Procedures are performed by an independent surgeon who typically is only present to perform surgery. At many of these corporate-run LASIK centers the surgeon is available only at the center on the day of surgery.

# Will you pay an additional fee for a complete examination?

Many of these centers charge upwards of \$100 as an additional fee for a complete examination to determine your candidacy.

Call for a Complimentary Consultation

1-800-GET-LASIK

(438-5274)

www.GlobalLaserVision.com



MEET DR. YAGHOUTI
Refractive Eye Surgery specialist
from Harvard University.

**MEET DR. LAKHANI**Refractive Eye Surgery specialist trained at UCSD Medical Center.

6950 Friars Road Suite 100

Across from Fashion Valley Mall

Se Habla Español

Promo Code: RDR0320

San Diego *Reader* March 20, 2008



# Grand Opening Saturday, March 29

# Sell and buy books, CDs, DVDs, Games

All items are clean and in good condition.

We may not purchase certain titles.

We sell

Books starting at \$1

DVDs starting at \$3

Games starting at \$3

San Diego Location: 4240 Kearny Mesa Road Suite 128 San Diego, CA 92111 · 858-627-9600

> Costa Mesa Location: 2955 Harbor Blvd., Costa Mesa, CA 92626 • 714-556-1521



A never-before-seen used book store! Open 7 days a week 10 am-8 pm

# Demystifying Weight Loss



SPECIAL EVENING Thursday, March 27, 2008 7pm – 9pm

# THIS COURSE WILL COVER THE FOLLOWING TOPICS!

- Allergies & Weight Loss
- $\blacksquare$  Stress Hormones & Weight Loss
- Female Hormones & Weight Loss
- Male Hormones & Weight Loss
- Insulin & Weight Loss
- Thyroid Hormones & Weight Loss
- Detoxification & Weight Loss
- Sleep Deprivation & Weight Loss
- Exercise & Weight Loss
- Fiber Intake & Weight Loss
- Water & Weight Loss
- Yeast Infections & Weight Loss
- Neurotransmitters & Weight Loss
- The Science Behind Food Addiction
- Nutrients that Aid Weight Loss
- Diet programs The Good, the Bad, and the Ugly

*Date:* Thursday, March 27, 2008 *Time:* 7 pm-9 pm *Where:* Mission Valley Resort, 875 Hotel Circle South, San Diego, CA 92108 • (619) 298-8281 (directions below)

To RSVP for this exciting & informative seminar please call Teresa at: (619) 683-2005 ext. 318

Kim Ruby and Beth Grasela, Certified Nutritionists University Compounding Pharmacy



Proudly Sponsored by



www.ucprx.com | 866-444-9475





From Interstate-8 Eastbound: Exit Hotel Circle off-ramp – the Mission Valley Resort is directly in front of you.

From Interstate-8 Westbound: Exit Hotel Circle off-ramp. Turn right, go 1/2 mile around to Hotel Circle South – the Mission Valley Resort is on your left.

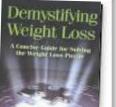
# FREE WEIGHT LOSS SEMINAR



# Pamela Wartian Smith, MD, MPH

Keynote speaker Pamela Wartian Smith, MD, MPH, the author of Demystifying Weight Loss; HRT: The Answers, A Concise Guide for Solving the Hormone Replacement Therapy Puzzle; Vitamins – Hype or Hope? Dr. Smith has gained an international reputation as one of the foremost speakers on the subjects of wellness and anti-aging. A practicing physician

at The Center for Healthy Living and Longevity, Dr. Smith is board certified in Anti-Aging medicine and is the medical director of the Anti-Aging fellowship for physicians and healthcare professionals.



Please Join Us for the Book Signing



# Safe, Easy, and Affordable

(now more than ever!)

EXTENDED
...but don't
wait any
longer!

Our Best Offer Ever!

# LASIK Anniversary Savings Event

\$0 C

O%
NTEREST

2010

Payments

\$30 an eye
per month!

Prices start at

\$299

PER EYE

Call now to schedule your FREE LASIK EVALUATION

1.866.370.3912

www.safelasik.com

Take advantage of this great opportunity! Procedures must be performed by April 30, 2008.

We're celebrating another year of providing better vision for a better value. While many other LASIK providers overcharge, we believe that LASIK should be affordable for everyone...and now with our Anniversary Savings Event you can save even more!



Better Vision. Better Value.

For a <u>FREE</u> LASIK Evaluation, call today!

- Clinically Proven Safe and FDA Approved the LASIK technology most widely used throughout the world.
- Leading LASIK Doctors some of the most highly experienced independent LASIK doctors in the country (over 650,000 procedures performed nationwide).
- Easy and Customized whether you are nearsighted, farsighted, or have an astigmatism, we personalize a vision correction treatment plan that is right for you.
- Life Changing 98% of patients see 20/20 or better after one year following their procedure (CustomVue technology).
- Affordable we offer you affordable LASIK pricing and easy financing (over 90% of our patients are approved for financing).

Prices based on prescription. Procedures performed by an independent surgeon. No fee if candidacy determined by an independent doctor located within or adjacent to The LASIK Vision Institute's<sup>™</sup> facility. Comfort plugs and assurance plans available at additional cost. May not be combined with other discounted offers. Other conditions may apply. ◆This image depicts a model and is not an actual patient of The LASIK Vision Institute<sup>™</sup>. \*Promotional purchase and optional charges must be paid in full within 24 months. If not, interest is charged from purchase date. Minimum monthly payments required. As of 11/07/07, variable APRs: 22.23% & on all accounts in default, 28.24%. Minimum finance charge is \$1.50. Offer subject to credit approval by GE Money Bank.

# **BREAKING NEWS**

Follow the money EdVoice, a controversial Sacramento lobbying and political action group closely aligned with Los Angeles billion-



aire Eli Broad and other wealthy advocates of public school privatization and charter schools, has placed a high-stakes bet on the candidacy of Marty Block, a Democrat running for the 78th Assembly District seat of termed-out Republican Shirley Horton. Block, a former pro-

fessor at San Diego State University, is currently president of the San Diego Community College District board of trustees.

According to a campaign finance statement filed March 5, a new group calling itself "Public School Champions for Marty Block, A Project of EdVoice, Inc." received \$100,000 from the "EdVoice Independent Expenditure Committee" on February 14. State records show that last year the EdVoice independent expenditure committee raised a total of \$965,421 from a roster of well-heeled donors, including \$94,400 each from Broad; Gap chairman Donald Fisher; Carrie Walton Penner, a granddaughter of Wal-Mart founder Sam Walton; and R.B. "Buzz" Woolley Jr., the La Jolla investor best known locally as president and chief executive officer of the Voice of San Diego online news website and ex-husband of former UCSD general counsel Ann Parode, now married to departing UC president **Robert Dynes**. The most recently reported individual contribution to EdVoice's expenditure committee was \$294,400 in November from John Doerr, one of Silicon Valley's most successful venture capitalists and a key backer of privatizing public schools.

In addition to its pro-charter school efforts, EdVoice has lobbied heavily against state legislation intended to return control of the Oakland Unified School District to its elected school board. The bill was subsequently vetoed by Gov. Arnold Schwarzenegger, a major recipient of Broad's campaign money. The state took over the district in 2003 because it was virtually bankrupt. Since then it has been run by graduates of the Broad Superintendents Academy, established by the billionaire to recruit and train those with business and military backgrounds in how to operate schools in



free market ways that Broad and his backers argue are more effective than those employed by the public school establishment. (In San Diego, Broad is best known for contributing to school board candidates who backed the reign of ex-San Marty Block Diego Unified chief **Alan Bersin**; the billionaire is also noted for

his wily ways. In 2000, Broad's nonprofit foundation donated a total of \$170,000 to two small East Coast foundations, which in turn made contributions to a so-called 527 political committee in San Diego that unsuccessfully opposed then-incumbent Fran Zimmerman, thereby keeping Broad's name out

Critics, many of them teachers fearful of losing their jobs, say the biggest knock on Broad is that he and his friends use EdVoice as a stealthy vehicle to advance what they maintain is a dubious privatization agenda. In particular, they cite EdVoice's creation of a campaign committee called "Carbon Free Voting 2008, A Project of EdVoice, Inc." In November of last year, EdVoice's independent expenditure committee transferred \$65,000 to the carbon-free voting committee.

That money was used to send 50,000 L.A. County homes a mailer telling residents they should vote by mail in the February 2008 presidential primary so as to eliminate the "carbon footprint" they would create if they drove to the polls. Those who chose to use their car, the mailer

said, would be "polluting the air and contributing to global warming." The mail piece, which said it was printed with soy ink on paper from "well managed forests," had a picture of the Earth under the banner "Protect our Planet."



But the piece also featured another photo, that of ex-assem-

blywoman Fran Pavley, a Democrat who just happens to be running a state senate primary campaign against Assemblyman Lloyd Levine in liberal west L.A. The election isn't until June, but Pavley's opponents cried foul. "It looks dubious," Tracy Westen, head of a political reform group, told the L.A. Times. "It's coordinated with her, it has her picture on it and it is going into that Senate district."

No go District Eight San Diego city councilman Ben Hueso has been told by the general counsel of the City's Ethics Commission that he



Ben Hueso

can't vote on anything concerning the Dells Imperial redevelopment study area, which includes his personal residence and other property he and his relatives own. "Because your residence and the real property you co-own are located within Dells Imperial or within 500 feet of the redevelopment

study area boundaries, there is a presumption that any decisions involving this area will have a financial effect on your real property interests, and you are therefore disqualified from participating in or influencing any such decisions," opined commission general counsel Alison P. Adema in a February 25 letter to Hueso.

The only way Hueso could cast a vote regarding the project, Adema added, would be if he could show that any decision would "affect your real property interests in a manner that is indistinguishable from the manner in which the decision will affect the public generally." Hueso could also participate if he could show the vote would "not have any financial effect whatsoever" on his real estate interests. In addition to the ban on voting, Hueso is also barred from contacting other city officials to "influence a municipal decision" regarding the project.

- Matt Potter

The Reader offers \$25 for news tips published in this column. Call our voice mail at 619-235-3000, ext. 440, or fax your tip to 619-231-0489.

# **Why Plummeting Dollar Hurts You**

By Don Bauder

■he United States is behaving like a drug addict groping for another fix or an alcoholic reaching shakily for a hair of the

dog. Our central bank, the Federal Reserve, keeps lowering interest rates and pumping liquidity into the financial system to fight the credit squeeze. The Fed will even take smelly mortgage-backed bonds off the banks' hands and replace them with giltedged Treasury bonds. Last Friday, the Fed arranged a bailout of a gambling-crazed Wall Street house and on Sunday financed a takeover of the firm, Bear Stearns, at a discount of 99 percent. The federal government, too, is advancing plans to bail out certain mortgage losers, including

To accommodate such actions, the Fed has to create money out of thin air. Bingo: inflation rises. And the dollar keeps sinking to new lows.

Read Don Bauder's Scam Diego blog every day! Go to SDReader.com and click on "Blogs" at top of page.

Contact Don Bauder at 619-546-8529 or don.bauder@mac.com The buck has plunged more than 42 percent against key currencies since 2002.

The Fed and the federal government "are advocating and facilitating actions which

and now want a bailout. Since last summer, the government and central bank have thrown hundreds of billions of dollars at the credit crisis, which continues to get worse. When there's a bailout, the stock market rejoices for a day or two, then falls again.

Perhaps investors are aware of a looming calamity. We are slowly losing our role as dominant international currency, and that plunge may well accelerate. What country wants to hold a currency that has lost more than 42 percent of its value?"International trans-



Arthur Lipper III

will inevitably weaken the U.S. dollar for a long time to come," says Arthur Lipper III of Del Mar, chairman of British Far East Holdings Ltd. and a veteran of Wall Street and international finance. The U.S. is letting the dollar slide "to save financial institutions which abandoned sound policy for the sake of competitive gain." That's a polite way of saying the bankers went bonkers actions are increasingly going to be settled in currency baskets," says Lipper. (For example, a weighted average of currencies such as the euro, U.S. dollar, and Japanese yen could be used instead of the dollar alone.) "The world is tired of America borrowing to live the good life, and the unpopularity of the present administration and its policies continued on page 8

# **Neal Obermeyer**



6 San Diego Reader March 20, 2008

# **Great for Everybody**

By Susan Luzzaro

■he Port of San Diego calls the Chula Vista Bayfront Master Plan "one of the largest waterfront planning efforts in the

nation." For more than seven years, competing interests have negotiated and compromised on parks, open spaces, and ecological buffers, a new harbor and marina with a waterfront promenade, condos, hotels, offices, restaurants, a relocated or decommissioned power plant, and Gaylord Entertainment's \$1 billion convention complex. Getting the plan approved by government agencies is crucial to Chula Vista's economy, which settled into the dumps after eastern Chula Vista was built out. But the city has a long history of failed bayfront plans, and the current one is as fragile as the bayfront ecology. So why has Chula Visa's mayor entered into conversations with David Malcolm and the San Diego Chargers?

Chula Vista's bayfront stretches from the Sweetwater Marsh National Wildlife Refuge on Gunpowder Point to the salt evaporation ponds near the south end of the bay. The master plan covers 128 privately owned acres just south of the refuge and approximately 430 acres controlled by the port. Pacifica Companies, a private developer, and the city of Chula Vista control the 128 acres. Though Pacifica does not own the private land,



it holds an exclusive option to build on 97 of those acres. The port's land is owned by the state and must be used for public purposes; private residences cannot be built on port land.

While Gaylord Entertainment has behaved like a diva, stomping out of negotiations and making dramatic departures, Pacifica's president, Ash



The master plan's environmental impact report is due out this spring. Once that report is approved by the City and the port, the master plan must be approved by state and federal agencies, including the California State Lands Commission and the California Coastal Commission.

In December 2006, while Pacifica's negotiations with the port were well under way, Chula Vista had a change in leadership when Cheryl Cox became mayor. Her husband, Greg Cox, has also served as the city's mayor, from 1981 to 1990, and he is currently on the County Board of Supervisors.

When Cheryl Cox came into office, a source close to Pacifica says, "she wanted to change everything." At one point Cox came into Pacifica's office accusing Pacifica of caving in to extortion because they had committed up to \$7.5 million to a foundation for habitat restoration and trail maintenance.

On another occasion, David Malcolm appeared in Ash Israni's office, the source reported, and began "aggressively advising" Pacifica on the land swap. According to the source, Malcolm was very forward about the fact that he was advising Cox on the bayfront.

Cox and Malcolm did not return phone calls.

David Malcolm has a long history with the Chula Vista bayfront. He's been a Chula Vista City Council member (1982-1992), a coastal commissioner (1984–1995), and a port commissioner (1995-2002). Over the years, his busi2002, he resigned as head of the port commission amid allegations that Duke Energy, to which the port had awarded a contract to operate the South Bay Power Plant, was paying Malcolm \$20,000 a month to represent the company's interests. The following year Malcolm pleaded guilty to one felony conflict-of-interest charge. Later, the Fourth District Court of Appeal threw out Malcolm's appeal, ruling that it is wrong for "a trustee



David Malcolm





Mark Fabiani

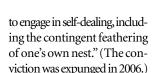
Cheryl Cox



Greg Cox

South Bay Power Plant

ness dealings have been questioned a number of times. In 1984, according to a January 5, 2002 Union-Tribune story, Councilman Malcolm was "accused of seeking amendments to city and county rules that would in effect increase the value and hasten the development of a 48-acre tract near National City in which he had an interest." Mayor Greg Cox, who the *U-T* story says was a codeveloper, pulled out of the deal, and Malcolm eventually donated his interest to charity. In 1988, the California Fair Political Practices Commission investigated nine conflict-of-interest allegations against Malcolm. He was cleared for lack of evidence. In



Chula Vista Marina waterfront

David Malcolm was a central issue in the 2006 Chula Vista mayoral race between incumbent Steve Padilla and Cheryl Cox. Cox ran on a platform of openness and honesty. On June 19, 2006, Cox spoke before the board of directors of Crossroads II, an 🖺 influential group of Chula Figure Vista residents who are orga-

An archive of City Lights stories can now be searched on the Internet at SDReader.com



# Why dollar hurts you

continued from page 6

increases the tendency to find alternatives to traditional reliance on the U.S. dollar as the world's currency."

The buck is a very special currency. Since the end of World War II, the dollar has been the center of the world's financial system. Most international transactions take place in the dollar. Being the center of the financial universe gives us unique advantages: after selling their products, countries wind up with dollars. There is a natural tendency to invest those dollars back in the U.S. as a way to protect against currency risk. If those dollars are invested in our bonds, our interest rates may be lower than they otherwise would have been. If they go into our stocks, our citizens enjoy more paper

prosperity. With the dollar as the world's currency, our traders and financial institutions have an easier time: they can deal in their own currency rather than foreign ones. All these factors give us a big financial advantage.

Because of these many advantages we have, other countries complain of "dollar hegemony." They argue that international trade is a game in which the U.S. cranks out dollars and the world makes things that dollars can buy. Also, their countries are forced to hold more dollar reserves than they would ordinarily, partly because of the need to defend against attacks on their currencies by global speculators, the modern equivalent of pirates.

Unfortunately for us, the dollar's role in the world has been receding. In 2002, the U.S. dollar accounted for about 70 percent of the money used

for financial transactions (and also used as reserves to fight pirates). Now that's below 64 percent. This year, with the Fed aggressively dropping interest rates into the teeth of 4 to 5 percent inflation, the dollar will decline more swiftly in value. And its use as the international currency will no doubt also decline.

In days past, our currency was dominant because we were "economically competitive and politically stable," says Lipper. "At the present time, we are no longer economically competitive in manufacturing, and our banking system is suspect. [Remember, it was Arab nations that bailed out Wall Street's big firms not long ago.] The U.S. dollar will be less attractive to those having alternatives to using our currency as a safe haven."

Our inflationary fixes are hastening the world's move to other currencies. But there is one way we may try to keep our hegemony: through warfare. Many people, myself included, believe that one reason we attacked Iraq was that in the year 2000, Saddam Hussein decreed that Iraqi oil would be sold in euros, not dollars. We sent in troops to warn other oil-exporting nations not to do the same. Lipper doesn't agree or disagree with that supposition: "I can accept the possible validity of a range of theories," he hedges. In any case, it's quite possible that oil will be denominated in something other than the dollar — perhaps a basket of currencies. "The oil-producing countries have their own selfinterest, and we are presently dependent on their oil," says Lipper.

Some folks think the only people immediately hurt by a weak dollar are those traveling or living abroad. 'Taint so. The price of oil zooms as the dollar plunges. Says Lipper, "My guess is that we are looking at over \$5 and probably \$6 per gallon gasoline, and only then will we, as a people, get serious about conservation and alternative energy sources."

In the financial realm, American citizens have lost their ethical compass. For consumers, "bankruptcy is becoming destigmatized," says Lipper. "The morality of the American credit consumer is changing, and not for the better."

Ditto for the financial institutions. There is a scary \$513 trillion of complex derivatives floating around the world. The risk "is far greater than presently recognized," he says. In the financial industry, many of these instruments are off-balance sheet. Hence, banks and insurance companies have fewer reserves than prudent business requires. "The architects and marketers of these transactions earned enormous fees, and the executives and attorneys for the participants didn't see reason for reflecting the liabilities on the books of the parent organizations," says Lipper. "If it all becomes unwound, it would be nice to think that some of those who could have blown a whistle will be recognized and dealt with appropriately."

Today, optimists acknowledge that the U.S. economy is slowing sharply, but they insist that if there is a recession, it will last only a couple of quarters, and then we will come roaring back. They concede that the dollar is weak and inflation is high, but the Fed will be able to raise interest rates, boosting the dollar and squashing inflation, once the economy recovers, say the Little Mary Sunshines.

But the optimists don't see the global picture. "I believe it is perfectly possible and perhaps probable that we will suffer a depression or prolonged recession," says Lipper. (A recession is an economic contraction lasting from half a year to a year or more. A depression is a massive decrease in economic activity spread over a longer period, accompanied by deflation.) Borrowers will remain more tight-fisted; companies and entrepreneurs will have a difficult time getting credit. "We are in for some tough times." ■

# **Great for** everybody

nized around land-use issues. Although the group does not support political candidates, guests often address the board prior to meetings. Cox was questioned about her relations with David Malcolm. Sam Longanecker, a Crossroads II boardmember, recalls that Cox sought to distance

herself from Malcolm in her response. "She said that her children and Malcolm's children had grown up together," said Longanecker, and that "you have no control over your friends and what they do. Ultimately," Longanecker said, "she implied that she and Malcolm had gone their separate ways."

The source close to Pacifica reported that another developer has been "courting city officials for the Pacifica site." Although Pacifica has the exclusive right to develop, its contract expires in December.

Pacifica's land is owned by Chula Vista Capital, led by Adnan Zakkout, and was purchased in 1994, according to the Union-Tribune. Mayor Cox, who has done consultant work for every major player on the bayfront including Pacifica and David Malcolm—has had an enduring relationship with Zakkout. As far back as 1996, working as Zakkout's consultant, Cox was advocating that a Padres stadium be built on Zakkout's bayfront land. Cox's 2004/2005 Statement of Economic Interests shows that she received income of between \$1001 and \$10,000 from a company called Global Financial and Consulting, whose address is 875 Prospect in La Jolla. Shortly after Cox assumed office, her calendar reveals that she met with Zakkout at his La Jolla office, 875 Prospect.

The situation arouses feelings of déjà vu. In 2000, devel-

continued on page 10







20, 2008

Hablamos Español • Wholesale Prices Available

1285 Broadway (Corner of Palomar) Chula Vista, CA 91911

Accesories • Cables • Audio • Components

Tel. (619) 585-1960 · www.sterenshopusa.com

# Single? Join the Club!

We plan over 20 events per month. Call 619-299-CLUB or check our website at www.FunQuestAdventures.com.

# Credit Repair "Legitimate" Don't Frown-No Money Down! Since 1988, local company. Call now! 800-700-0273.

# Stop IRS/State Cold!

Ex-IRS officer. Contact: D.M. Wayne, Tax Consultant. 858-614-0223. taxsolutionservices.com.

# **Bankruptcy Done Right!**

Debt Relief Law Center - 800-803-7310. Free attorney consult. Relieve mortgage/ other debt while protecting assets. Start fresh! Payment plans. www.bklawca.com

# **Divorce/Custody/Support/Prenup**

Former DA/Child Support Attorney. Reasonable rates Eugene Gonzalez-Exerjian. Free phone consultation.

# **Bankruptcy-Low Payment Starts**

Experienced Attorney. Stop all collections. Debt Relief Agency. Raymond Schimmel, Esq., 619-275-1250.

# **Divorce/Support/Custody**

Defend your rights! Flat fee for uncontested divorce LegalObjective.com. C. McLaughlin, Esq. 760-431-2200.

# Single? Join the Club!

We plan over 20 events per month. Call 619-299-CLUB or check our website at www.FunQuestAdventures.com.

# Need to file a bankruptcy?

Talk direct with an attorney who files for you! Free consultation. A debt relief agency. Jason L. Jones, Esq. Call 858-793-9800 today.

# A Academy of Bartending

Learn behind real bar. Make money. Make new friends. Have fun!
1-2 week course. Weekend classes available.
Part/full time job placement assistance. 619-296-0600

# **Lose Inches In Hours-Iono-Trim**

20% discount with mention of this ad. Sean Daneshmand, M.D., FACOG. Ageless & Beautiful Medical Spa, 1080 University Ave. Suite H-201, San Diego 92103. 619-299-0264.

# HIV Result-15 Minutes-\$140

GYN, urology, STD tests, confidential. 619-260-0810.

#### **Lawyer Referral And Information Service**

Free Referral. Free initial consultation. Se habla espanol. CA State Bar Cert #0043. SD County Bar Association, 619-231-8585, sdcba.org.

# **Child Support/Divorce**

Formerly with DA Child Support Bureau. Call Attorney Linda Cianciolo, 619-253-9312.

# Mortgage Loan Trouble?

Stop or postpone foreclosure without bankruptcy. Workout, modification, short sale, low/no equity. From \$750. Attorney David Wolff, 760-632-8980.

### Simple Divorce \$149

Affordable rates, MC/Visa/Amex. Se habla espanol. Joseph B. Carnohan, Attorney. 760-722-8200.

# **Massage Above Expectations!**

About your needs! Indulge. Release tension with Soothing, personalized session. Advanced techniques. Rejuvenate, restore. In/outcall, 24/7. 760-828-2618.

# **Stop Smoking, One Session!**

# Alcoholicos Anonimos **Grupo Rencuentro**

Hay problemas de alcoholismo en su familia? Sesiones Lunes y Jueves de 5-6:30pm. 3450 Bonita Road, #207, Bonita, 91902. 619-470-6955.

# No Recovery Means No Fee! Contingency Attorney Can Help If you're injured in an accident, mistreated at work

or need help with a contract or insurance claim.

We'll fight for you! We're experienced and aggressive.

Consultation is free, so what have you got to lose?

Don't hesitate, call us today at 619-239-1300. Email morris@sandiegolegal.com. Morris and Associates. Personal Injury, Sexual Harassment, Business Litigation

# **Estate Plans/Wills/Trusts**

Asset protection; plan for the future. Payment plans. C. McLaughlin, Esq. LegalObjective.com. 760-431-2200.

# **Auto Accident? Other Injury?**

Free advice! Injury Law Center, 619-787-0120

**Stop Repossession** Call now to save your car. 858-405-6766.



# Bankruptcy-Ch. 7, 11 & 13.

Free consultation. Honest advice from an attorney. A debt relief agency. Avatarlegal.com, 858-793-9880.

### Uncollected Judgment?

We can get your cash now! Free Consultation— Call 619-741-0086. National Judgment Acquisition & Recovery

#### **Credit Card Debt?**

Late on payments? Debt Relief Network can help. Call 1-800-642-9382 or visit us at www.debtreliefnetwork.com.

# **Experienced Tax Attorney**

Master of Laws in Taxation.
Solution to IRS, FTB, & EDD problems. Tax preparation. Consulting. Reasonable rates. Personal attention.
Atty Ronson Shamoun, 619-595-1655, IRSsolution.com.

# Personal Injury/Auto

Defend your rights! Contingency fees. Payment plans. C. McLaughlin, Esq. LegalObjective.com. 760-431-2200.

# Lawyer For Less-\$99/Hour/Up

30 years experience, criminal and civil, DUI juvenile. Free consultation. 858-472-4550.

# Stop Foreclosures-File Ch.13 Consolidate Back Mortgage/Bills

Debt Relief Agency, 619-889-5585 or 858-335-1162.

# **Facing A Foreclosure** File 7 or 13 Bankruptcy

Save your home or wipe out negative equity. Free consultation with experienced bankruptcy attorney. 619-321-8125 or 858-335-1162.

# Chapter 7 Bankruptcy (Liquidation)

Eliminate credit cards, lawsuits, repos, Chapter 13 bankruptcy (consolidation) immediately stops foreclosure and creditor action. Ch. 13 allows for 3-5 year easy monthly court payments to pay back mortgage arrears, credit cards, car loans, taxes, etc. Call today for free Attorney consult. 1-888-486-9157.

# **Facing Foreclosure?**

We can legally get you 3-9 months or more (sometimes with no mortgage payments). Time for you to sell, do a workout, refinance, or stay put payment free. Several possibilities. 619-544-0669

# Is The IRS After You? Help Is At www.mtax.com.

Or call Curtis McAllaster, CPA, 619-523-3098

# Advance Payday. Hold Check

Until Payday. 24-hour tax refund. Auto title loan and on pawn. www.checkscashed4less.com. 1-800-896-9062.

Call Law Offices of Gaston & Gaston, 619-398-1882.

Free consult with top DUI trail attorney not guilty

# **Drunk Driving Attorney**

### **Low Cost Tax Returns**

Individual and small business 1099's, W-2's, 30 years Don't pay more than needed. Cyndi, 619-593-6006.

# **Control Your Phone!**

Local/toll free numbers available, record/block/track/ Forward your calls. EasyRing800.com. 866-500-2424.

# **Former Federal Prosecutor**

Criminal/ Family/ Personal Injury. Law Office of L. Marcel Stewart, 619-702-4123.

## **Secure Your Future** With an Office Career

UEI offers courses approved for Veterans, Rehab, WIA. Job Placement Assistance, Financial Aid available (if qualified). Come visit our campuses: 3666 Kearny Villa Road, #100, San Diego 92123 or 310 3rd Avenue, #C6, Chula Vista 91910. Visit: www.uei4you.com.

# **Help Those in Need**

UEI offers courses approved for Veterans, Rehab, WIA. Job Placement Assistance, Financial Aid available (if qualified). Come visit our campuses: 3666 Kearny Villa Road, #100, San Diego 92123 or 310 3rd Avenue, #C6, Chula Vista 91910, Visit: www.uei4you.com or call: 1-877-206-1915 today!

## Need a Phone #? Voice Mail

# **IRS Problems Got You Down?**

27 years IRS experience. Income tax and collection problems. Audit and appeals representation.

Tax return preparation. Current/unfiled returns. Free consultation, Reasonable rates,

# **Business Disputes?**

### 1-800-2-WIN-DUI

verdict at .31 nearly 4 times the legal limit! Highly experienced, aggressive, affordable. 1-800-294-6384.

Felonies/misdemeanors/DMV/drugs. 619-338-9500. J. D'Ambrosio. Free consult. Visa/MC/Amex.

# And Become a **Medical Assistant**

BJ Tax Consulting, 858-530-1675.

# Adopt a Russian Child

Please attend a free informational meeting Thursday, March 20, from 7-9 pm. (Ask about our Asian program.)



# ADOPTION OPTIONS, INC. RSVP: 619-294-7772

Toll-free: 877-542-7772 www.adoption-options.org



## Sexually harassed at work? **Hostile work environment? Discriminated against?** Wrongful termination? **Unpaid overtime?**

We are experienced in representing employees and will vigorously defend your rights. All too often, employees will ignore an unfair work situation, or will wait too long after a violation has occurred. Don't let this happen to you! Call attorney Michael Sousa today for a free, no obligation consultation. 858-453-6122 x15.

# **Need Cash Today?**

Title loan on your car or truck - you keep it to drive! Any credit OK. 619-593-6200.

# **Bankruptcy Chapters 7 & 13**

\$300 starts immediate attorney representation. All work done. Over 10 years experience. Debt Relief Agency. 619-321-8125; 858-335-1162.

## **Traffic Tickets?**

Don't pay. Hire an attorney to fight for \$100. No attorney fee if ticket not dismissed. Contact Law Offices of Elizabeth Aronson 760-685-8242 or SanDiegoTrafficTickets.com.

# **Divorce/ Custody Support Aggressive Family Attorney** Free consultation. www.wf-lawyers.com. 619-284-4113.

#### **Divorce/Custody/Support** Contact Happ Law Group P.C. 619-906-5800

Divorce Fast! - \$145/up! We do all paperwork and file with the court. 31 years in business - Registered - LDA#54. Hotline (619)454-0994.

**Bankruptcy: 7, 11, 13**Sound advice; reasonable fee. Payment plans available.
C. McLaughlin, Esq. LegalObjective.com, 760-431-2200.

# Bankruptcy-Ch7 \$785 Complete

Includes court costs, credit reports. stacylawfirm.net. 619-253-8141, 858-677-9798. Debt relief agency. Free consultation, 24/7. Payment plans available. Attorney Roger Stacy.

# **POPCO-Father's Rights**

**Car Accident Victims!** 

The original and still the best. 800-963-DADS(3237).

# 25% fee. Why pay more? Demanski & Ellis, Attorneys at Law, 619-338-9880.

Simple Divorce 10% discount! Custody, support, trust and more! www.Legal-Choices.com, #7. 619-593-6000.

# **Hypnosis-All Issues!**

ng, weight, habits. Lori (CHT), 858-457-2100.

#### **Bankruptcy-Still Qualify?** Call 800-993-1998 to find out - countywide

Car Repo'd or about to be?

Call now to save it! 858-405-6766

**Accident? Injury?** Get the compensation you deserve. Law Offices of Robert T. Pope, 619-233-3893.

# **Divorce Mediation**

Stop The Fighting

Work out a settlement with your spouse or partner rather than spend a fortune fighting in court.
See: www.afairway.com. A Fair Way Mediation Center. 619-702-9174.

### Bankruptcy - Low As \$750 Free Consult-Al Gross, Esq. 888-FAIR-PRICE (888-324-7774) AskAttorneyAl.com.

**Ex-IRS, Tax Attorney** All problems, returns, representation. 619-234-8471.

# **Aggressive Family Lawyer**

ears experience in family law with divorce custody, support and property. 619-542-1100.

# **Bankruptcy Attorney Stop Lawsuits and Repossessions Can Still Qualify Under New Laws** Free consult. Call and speak to attorney. Debt Relief Agency, 619-889-5585; 858-335-1162.

## **Arrested for DUI?**

Confused? Call attorney at 1-888-DUI-HOTLINE.

### **Don't Let IRS Ruin Your Life!**

Peace of mind is within your reach! Call 1-877-FIXABLE (24 hours) for recorded message and free report. Attorney Dave Greenberg, 858-292-0700, www.fixabletax.com.

# **Bankruptcy, Fast Divorce**

We answer the phone - Talk to a lawyer - 8am-7pm. Low down payments - Same day filing - Free advice. FixedPriceLegalCenters.com (sm). 800-993-1998.

# **Great for** everybody

continued from page 8

oper William Tuchscher also had an exclusive agreement to develop Zakkout's bayfront property. Then, according to a February 11, 2002 Union-Tribune story, David Malcolm "began trying to influence Chula Vista and Port District officials." The *U-T* story was published after Tuchscher had filed a lawsuit against Malcolm, the City of Chula Vista, the San Diego Unified Port, and Lennar Corporation, which was interested in building a commercial waterfront development and a complementary residential project."In his lawsuit," the *U-T* story says, "Tuchscher alleges Malcolm improperly influenced Chula Vista officials to allow [-Tuchscher's] development deal to expire in 2000 so Lennar could take over the project."

Charges were dismissed against Malcolm and the port; the City of Chula Vista settled with Tuchscher for \$850,000, and Lennar had to pay \$2.2 million.

When Cheryl Cox became mayor, David Malcolm was not the only person she began to consult with about the bayfront plan. On December 13, 2006, eight days after Cox took office, she met with Chargers owner Dean Spanos and Chargers special counsel Mark Fabiani.

The Chargers have considered two Chula Vista sites for building a new stadium, one in east Chula Vista and the other, which they prefer, at the south end of the bay, on land the South Bay Power Plant currently occupies. Spanos has proposed financing the stadium by developing houses and office buildings in east Chula Vista.

This past January, the Chula

Vista City Council indicated its interest in a Chargers stadium by voting unanimously to encourage the Chargers to go ahead with a financial feasibility study. The city attorney gave the vote a "thumbs up." Mayor Cox speculated on a name change: "It would be neat if the team became the San Diego Chargers at Chula Vista."

But the stadium is not a part of the master plan, nor has its impact on the environment been addressed in the master plan's environmental impact report.

"It's beginning to feel like bait and switch," says Laura Hunter, who works for the Environmental Health Coalition and was a member of the Chula Vista Bayfront Master Plan Citizens Advisory Committee. "Why are they encouraging the Chargers? The language of CEQA is not benign. It requires analysis of projects that are reasonably foreseeable." CEQA, the California Environmental Quality Act, is the law that requires an analysis of environmental impacts from proposed projects, which are often disclosed in environmental impact reports (EIRs). It's no secret to anyone, including the California Coastal Commission and the State Lands Commission, that Chula Vista is considering a Chargers stadium. If the master plan is submitted without mention of the stadium and without environmental analysis of the stadium's impact, the commissions may send everyone back to square one.

"They can't get away with

pretending that the stadium is unrelated to the rest of the bayfront development," says Jim Peugh of the San Diego Audubon Society. "Trying to continue with the previous EIR without considering what impacts the stadium would have and then later doing a separate EIR for the stadium would not assess the cumulative impacts. That is called piecemealing, and piecemealing is called out in court cases."

Peugh, who was also a member of the citizens' advisory committee, says, "What the citizens' advisory committee and the environmental communities have agreed upon was a careful balance with high-density development in the Harbor District and nonresidential development where the wetland resources are concentrated," in the northern and southern areas of the bayfront.

He calls the economic feasibility study "silly and dysfunctional." He argues that you cannot do a real cost study unless you look at what constraints the project will have to mitigate the environmental impacts. "How much area will you need for a buffer? What would it cost to prevent that light pollution to the J Street Marsh? What kind of trash handling and food storage will be required to avoid attracting feral animals that would kill the marsh wildlife? And what about the cost and the area that it would take to treat the runoff water from the huge parking lot before it goes into the bay. How much room will it all take? How can they compute the cost or what they could earn without knowing the answers to these basic questions?"

The bayfront area where the Chargers propose to build is next to one of the last mudflats in San Diego County. "An infinite number of animals and fish use it," Peugh says. "It's all life, it's not inert. And the area is essential for migratory birds; they are dependent on it as a stepping stone during their long migratory flights."

In a Union-Tribune interview on January 26, Fabiani displayed typical logic. He assumed that because Chula Vistans want to get rid of a power plant that is a source of pollution to the area, they would be happy to exchange it for Super Bowls, seasonal games, tractor pulls, motocross races, and swap meets.

Civic activist Sharon Floyd says that when Fabiani speaks of resident support he is primarily referring to a single town meeting on the east side of Chula Vista. Floyd points out that if the Chargers come to Chula Vista, they will "consume both sites, one for development income and the other for the stadium."

Many people think the Chargers are using Chula Vista as a bargaining chip, a public flirtation in which Chula Vista would be the big loser. In a February 19, 2008 Union-Tribune story, sports writer Nick Canepa wrote, "All along, the Chargers have insisted they basically have given up on a new stadium within the San Diego city limits because of one

man — City Attorney Mike Aguirre.... This is an election year, and Aguirre is being challenged by viable candidates. Would the Chargers consider holding back their current efforts to secure a new joint in Chula Vista and wait for the outcome of the city election? The answer, according to Mark Fabiani, the Chargers' stadium point guard, is a resounding 'no.' "A few days later, in his February 27 column, Canepa interviewed Padres owner John Moores on his "pet topic, the 96-acre Tenth Avenue Marine Terminal," located in the city of San Diego. Canepa wrote that Mark Fabiani "has said the terminal would be an ideal spot [for a new stadium] because all roads, parking and infrastructure are in place." Then Canepa quoted Moores on the subject: "'Building a stadium on that site would be great for everybody.'

For years when Greg Cox was mayor of Chula Vista, he wrangled with the Sierra Club over putting a 400-room hotel on Gunpowder Point, where the wildlife refuge now is. Later, he supported a proposal that included a shopping/entertainment corridor centered on a ten-acre man-made lagoon, with five hotels, 80,000 square feet of office space, and 150 acres devoted to a resortstyle community. Mayors and companies have come and gone, politicians have been convicted, and land has changed hands. Meanwhile, Chula Vista's residents have paid for countless studies, consultants, and lawsuits. ■





George "King" Stahlman

# The King's Criminal of the Week:

According to the Associated Press, a man called the police to brag about a video game win, but he called the wrong number and ended up getting nabbed by the cops.

The guy calls his buddy to brag about his video game score. He immediately says into the phone, "I've killed them all." The problem is he called the wrong number.

The woman he called had Caller ID so she called the police and the cops went to his house. They checked it out and realized their mistake, but they also found out he had a warrant for cocaine possession. They then took

Courtesy of DumbCriminals.com

# If you are the criminal of the week, Call "KING" STAHLMAN BAIL BONDS



1140 Union Street, San Diego, CA 92101

# Bought your car audio online?





# We'll install it with a lifetime guarantee!

We have 17 years' experience installing car audio and electronics with affordable and professional installation. Everything you need to get it out of the box and into your car!



# We'll beat any online price!

From any authorized dealer of Alpine, JL Audio, Pioneer, and more!







Ask us how to receive a

# \$250 instant rebate

Valid for qualified purchase with this ad. Offer expires 3/31/08.



**Kearny Mesa** • 4220 Convoy Street • 858-569-0777 **Poway** • 13140 Poway Road • 858-679-0788 **El Cajon** • 776 Fletcher Pkwy. • 619-441-9494

www.sdcarstereo.com



# **LETTERS**

We welcome letters pertaining to the contents of the Reader. Phone them in at 619-235-3000, ext. 460; address them to Letters to the Editor, Box 85803, San Diego CA 92186-5803; fax them to 619-231-0489; or use our web page at SDReader.com/letters. Include your name, address, and telephone number. Letters may be edited for length and clarity.

# **Without Malice**

Where oh where to find Alice?

Who cheered folks without malice

If you need to prune Poke the ad balloon Not the man answering ALL us

> Jill Porter via email

## **Somewhat Fringe**

Earth to Barbarella.... You're breaking up ("The Secret," "Diary of a Diva," March 13). If you sincerely believe that positive thought being capable of changing the composition of water molecules is a mainstream idea, you need to hang with some genuinely mainstream people.

I found the attitude with which you regarded *The Secret* and *What the Bleep Do We Know?* astonishingly, almost appallingly, out of touch. Not because you fail to accept them as accurate but because you fail to grasp that the sort of people who would accept them as accurate are New Agey oddballs to the average American. Even the average San Diegan.

I realize that the Reader and its writers pride themselves on being at least somewhat fringe, but please consider taking a day and talk to, I don't know, maybe someone who thinks Thomas Kinkade is a great artist. Who watches the Today show and Leno. Whose place of worship involves something as mundane as a cross or the Magen David. I believe you will find one more easy to find than you would a watermolecule manipulator.

In other words, it's time for a reality check.

Maryann via email

### **Right To Die**

Congratulations to Stephen Dobyns for his excellent

coverage of the November meeting of the Hemlock Society of San Diego ("So Long, Pals," Cover Story, March 6). It was the first part of a two-part series on "What to Do with Your Body." In the second session, we covered some of the more altruistic alternatives like the eye bank, organ and tissue donation, and the UCSD body-donation program.

We believe in choice and dignity at the end of life, which includes support for assisted dying. Dobyns's observation that baby boomers need to start thinking about end-of-life issues is right on. For some reason, it is acceptable and easier to look at what will happen to your body than it is to examine alternatives to a prolonged, agonizing death, where quality of life and dignity are lost — a fate that thousands experience daily even with the excellent care hospice can provide. We do look at the available alternatives and support efforts toward legalization of assisted dying. Through our bimonthly meetings and newsletter, we inform San Diegans of local, national, and international events in the rightto-die movement and of resources where they can get information and support.

> Faye Girsh via email

## Right On!!

The letter in your March 6 *Reader* from Laurel Gray of El Cajon was outstanding!

Everything stated was right on!!

I will never pay a cent for the propagandistic, prejudiced, lying *Union-Tribune*, and I fully believe it when the letter stated that in European polls, the U.S. and Israel were thought to be the greatest threats to world peace.

I often wondered why the U.S. is afraid of Israel. Israel has never admitted to any wrongdoing and refuses to divulge any of their country's information. They have the atom bomb and believe in the death penalty. The U.S. and Israel are among the few countries in the world that still practice the death penalty. Israel doesn't believe in an eye for an eye. It believes in an entire community for an eye!

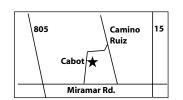
Edna Foss Ocean Beach



Over 3,000 wool/silk rugs from \$99 Everything must go! Owner is retiring!



Handcrafted furniture from around the world!



San Diego Reader March 20, 2008



www.bellissimosandiego.com

9279 Cabot Dr. #A, San Diego 92126 858-547-0817





# Make your fingers happy.

Check out the touch screen Voyager™ by LG.



Call 1.800.2.JOIN.IN

# Click verizonwireless.com

Visit any store

VERIZON WIRELESS COMMUNICATIONS STORES Store hours: Mon-Fri flam-Spin; Sat flam-8pin; Sun 10am-7pin. Hours at select stores and malls may vary.

North County Plaza (760) 720-8400 CARWEL MOUNTAIN RANCH

11134 Rancho Carmel Dr. 00581 618-2100

2015 Birch Rd. (679) 216-5480 67 N. Broadway (619) 409-4600 591 H St. (619) 409-9809

2689 Via de la Valle (858) 523-9850

1571 N. Magnolia (619) 596-7201 Parkway Plaza Mall Kiosk (619) 444-3070

880 N. Imperial Ave. (760) 337-5508

258 N. El Camino Real (760) 642-0430

3440 Del Lago Blvd. (760) 781-3600

5500 Grossmont Center Dr. (619) 644-2900

Plaza Bonita Klosk (619) 470-7994

OCEANSIDE

Now Open! 3760 Mission Ave. (760) 757-7075

980 Camino de la Reina (619) 209-5818 Fashion Valley Mail (619) 260-9065 Horton Plaza (619) 595-0511 4415 Imperial Ave. (619) 262-1260 2990 Midway Dt. (619) 523-4500 University Towne Center Klosk (858) 658-0401 8650 Genesee Ave. (858) 450-2800 Now Open 7035 Clairement Mesa Blvd.

SAN MARCOS 711 Center Dr. (760) 738-0088 9824 Mission Gorge Rd. (679) 449-4140

Hablamos español



VISIT THE VERIZON WIRELESS STORE INSIDE CIRCUIT CITY.

STAFFED WITH VERIZON WIRELESS EMPLOYEES - EXCLUSIVE OFFERS AVAILABLE!

CARMEL MOUNTAIN CLAIREMONT MESA

**ENCINITAS** ESCONDIDO LAMESA NATIONAL CITY POINTLOMA VISTA

Activation tea/line: \$35 (\$25 for secondary Family SharePlan\* lines w/2-yr. Agmis).

# **xB STANDARDS**, **NOT OPTIONS** · 2.4L inline 4-cyl., 158-hp, 162 lb./ft. torque · 4-wheel disc brakes w/Anti-lock Braking System · Traction with Vehicle Stability Control · 8 standard airbags · Power windows and door locks · Power outside mirrors w/turn signal indicators · Cruise control · Pioneer audio system · iPod integration w/aux port · AM/FM/CD with 6 speakers · Audio controls on steering wheel · Remote in-key keyless entry Fold flat front and rear seats · Rear privacy glass $\cdot$ Average and instant miles-per-gallon gauge $\cdot$ Tire pressure warning system These are just a few of the standard features on the Scion XB. **Rare Metal** only 2,500 exist Kearny Mesa Scion San Diego's #1 Volume Dealer...5 years in a row! kmscion.com · 800-370-6259 \*84 monthly payments based on 6.85% APR on approved excellent credit through Scion Solutions. \$3,000 down from customer, amount financed \$14,932.95 includes tax (7.75%) and fees. 2008 manual xB \$16,425.

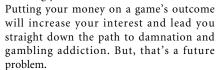
# SportingBox By Patrick Daugherty

# **March Madness For Newbies**

his column is for once-a-year collegebasketball consumers. The NCAA men's basketball tournament is going to run for the next 18 days, and it's possible to enjoy it this time around. Here's a suggestion: give yourself over to it. The more completely you can do that, the more fun you'll have. Incline your attitude toward, "I'm here to have a good time."

Find a tournament map, aka division I men's bracket. Check any newspaper's sports section or one of the usual Internet sports sites. Clip or print. Then, find a cheap tournament pool at work or with friends. Risk five or ten bucks, it will give you a rooting interest in Austin Peay. Check your pool regularly. Get the horse-race adrenaline going.

Here are the top-four seeds: North Carolina, Memphis, UCLA, and Kansas. Pick one to win the tournament. This is by no means a lock, but you'll have a team to follow past the first round. Likewise, don't pick all the number-one seeds to win their bracket; this has never happened, and you'll miss the fun of choosing your own teams.



I'm not going to advise you to watch all the games. As a novice, it's too much information, and following the tournament that intensely becomes work. Lucky for you, college basketball was made for people who don't like to watch college-basketball games. You can ignore the entire game, save for the last five minutes. Most games, both teams will have a chance to win with five minutes left in the contest. There is a caution. The last five minutes can last through a long

The game transforms from greyhound to snail as two-million-dollar-a-vear coaches take the floor to show their bosses how hard they work, show TV viewers how smart they are, which means they'll call time-outs every other play. Since there are two head coaches on the floor, that means a timeout after every play. Now add fouls that are called on every play, usually causing a player to make two or three free throws. The last five minutes can drag on and on and on and on.

Get on the Internets and check the scores throughout the day. Figure out how every others in your pool are doing.

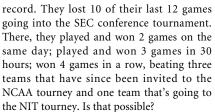
Seeing the game. You can forget seeing any game in person. That's not going to happen. The TV schedule can be found here: sportsline.com/cbssports/story/10717250. If you have \$69 and a DirecTV setup, you can buy a package that when combined "with coverage from CBS and ESPN," will get you blah, blah, blah every single game. If you have a TiVo, DVR, VCR, you can record the last five minutes of all the games that are available to you, thus allowing you to skip past timeouts, fouls, and commercials, thus cutting time spent watching three weeks' worth of stopand-start college basketball down to 45 minutes, give or take two beers.

For the job environment, all the games

are streamed online, for free. Hie thee to ncaasports.com/mmod/ and register.

Storylines. Find several storylines you like and follow them. This is a good year to start, since the University of San Diego men's and women's basketball teams are going to the tournament.

Other storylines. Georgia men's team. This team had a 4-12 conference



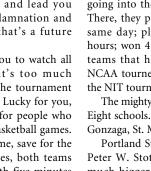
The mighty WCC (West Coast Conference). Eight schools. Three teams are in (San Diego, Gonzaga, St. Mary's).

Portland State Vikings. Their home court, Peter W. Stott Center, seats 1775 fans. Not much bigger than your local high school. Nobody comes to games. They hosted the Big Sky Conference basketball tournament this year, and the league made them move to Rose Garden Arena, which seats 19,980 fans. Nobody came. The arena was 20 percent full during the tournament. Why do civilians hate the Vikings?

UMBC. Who the hell is UMBC?

Fullerton State, formally known as California State College, Fullerton. Fullerton is the largest unknown university in America. The school has 37,000 students, more than any other meat factory in the 23-campus California State University system.

Finally, watch at least one game in a bar, preferably a neighborhood bar. For the



game affects your chances, keep up with how

"I'm here to have a good time."

14 San Diego Reader March 20, 2008

The Vegas Line can be found at SDReader.com Click on "Sporting Box."

Suddenly, other light beers seem heavy.

Fresh, crisp, 64 calories.
As light as it gets.





# Affordable PPO Health Plans

For Individuals and Families

Age	Male <u>Rates</u>	Female <u>Rates</u>	Age	Male <u>Rates</u>	Female <u>Rates</u>
0	\$124	\$124	35-39	\$95	\$121
1	\$75	\$75	40-44 .	\$116	\$136
2-18	\$49	\$49	45-49 .	\$147	\$155
19-24	\$53	\$86	50-54 .	\$194	\$179
25-29	\$63	\$101	55-59 .	\$254	\$219
30-34	\$77	\$112	60-64 .	\$363	\$283

\$30 Co-pay Office Visit • Prescription Drug Card \$0 Co-pay Well Woman Exam • \$30 Co-pay Preventative Care (\$200 Limit) Monthly rates effective 7-1-07 for San Diego County. Aetna \$2500 PPO Plan.

# California Healthquote Insurance Services

701 Palomar Airport Road, Ste. 300, Carlsbad, CA 92011 • 800-788-4678



CA Insurance Lic. #s: 0712596, 0706675, 0C84228 www.cahealthquoteins.com



How do we know 912 people read our latest newsletter?

# We use Emma.

With Emma, I'm not only sending the most stylish customer newsletters in San Diego - I'm also tracking the response in real time. So every time I hit send, I learn who's opening our newsletter, visiting our website, forwarding our emails and more. It's all part of the Web's most user-friendly email marketing service, and it's helping me grow my email list - and my business - in style. Thanks, Emma.





Take a free tour & test drive at www.myemma.com

# SHEEP AND GOATS

PLACES OF WORSHIP REVIEWED

**Denomination:** United Methodist Address: 4690 Palm Avenue, La Mesa, 619-466-4163

Founded locally: 1902 Senior pastor: Randa D'Aoust

Congregation size: 300

Staff size: 10 **Sunday school enrollment: 20** 

Annual budget: n/a Weekly giving: n/a Singles program: no

Dress: casual to formal, mostly semiformal Diversity: mostly Caucasian, some African American, some Hispanic

Sunday worship: 8:30 a.m., 11 a.m. **Length of reviewed service:** 55 minutes Website: lamesaumc.org

The 8:30 a.m. is the more contemplative of the Sunday services at La Mesa United Methodist. Throughout Lent, elements of Taizé spirituality have been incorporated into the service.

The worship bulletin (church motto: "Open hearts. Open minds. Open doors.") opened with a welcome and a meditation from the Rev. Richard J. Fairchild. "What saves us from an endless round of ups and downs...is our commitment to press forward in obedience to God." Even on a celebratory day like Palm Sunday, there is more emphasis on silent meditation and prayer, more repetitive music. "Holy Spirit, come to us," and "Jesus, remember me when You come into your kingdom," repeated again and again in hushed harmonies by the choir as a flute meanders overhead.

But I'm getting ahead of myself. The service began in the courtyard outside the church, as each congregant took a palm and waited to process into the church behind the singing choir. "From Olivet they followed/

Mid an exultant crowd/ The victor palm branch waving/ And chanting clear and loud." Once inside the cozy (yet high-ceilinged) church, congregants placed their palms in urns on either side of the entrance to the Sanctuary and filed back to their seats. "We have come with shouts of joy and hosanna to sing and make music to the king," they proclaimed in the Call to Worship.

(An insert in the bulletin noted that "the original definition for 'hosanna' was 'Save us, now!' a cry for peace in heaven and deliverance from Roman rule.... Today, our interpostal settings" - displays of palm fronds and textbearing faux-stone above each pillar — "emphasize the original meaning in Hebrew on the east wall and English on the west wall, crying out to a world in conflict.")

The Gospel recounted Jesus' triumphal entry into Jerusalem, "mounted on a donkey and the foal of a donkey," when "a very large crowd spread their cloaks on the road and others got branches from the trees and spread them on the road...shouting 'Hosanna to the son of David! Blessed is the one who comes in the name of the Lord!"

As the bulletin insert noted, it was a moment laden with political overtones, and Pastor Randa D'Aoust's sermon swirled around that aspect. On the one hand, she lamented our tendency to follow at a safe distance, as Peter followed Jesus after His arrest — to "blend in...hedge our bets." She railed against our country's "track record" when it came to "dealing with folks who think differently or seem to stand in our way.... It is so much easier to hold people off at a distance...people we never talk with or listen to or understand. When will we listen deeply to the heart cry of our neighbor?'

Suddenly, the political had become personal, and D'Aoust pressed the point home. She claimed that the disciples "loved Jesus" and were physically close to Jesus, but they were not emotionally close to Him.... None of them were close enough to hear His heart message....

> They expected Jesus to be a conquering king who would free the people." She contrasted them with "the ones who stood with Jesus" at the cross, "the women who stood there...and who were transformed by Jesus. We have to come to our own understanding of what it means to be close enough to touch, to follow Jesus to the cross, to name the ways that we betray Jesus even today...not only to wave the palms on Palm Sunday but to walk the way of the cross with Jesus.... It is only when we see Jesus' mission for what it was — to save all humanity and show us the reality of God's kingdom here and now that we will be able to see Easter for what it

> > The Communion



La Mesa First United

**Methodist Church** 

La Mesa

content...... $\star \star 1/2$ 

Sermon

Music

Good ....

Very good...

Excellent..

Extraordinary..

Poor to satisfactory.....

delivery.....★★ service echoed the idea: "Pour out your spirit on us gathered here," intoned the minister, "and on these gifts of bread and wine. Make

them be for us the body and blood of Christ, that we may be for the world the body of Christ redeemed by His blood." (The Sharing of Joys expressed joy at the presence of the Shelter Network on church grounds.)

At the end of the service, the entire congregation merged toward the center of the church and held hands. "See if you can find someone to hold onto their hand," said D'Aoust. "If you can't, then reach out to the world because the world is still waiting for us to come and...bless it. Reach out and touch the world because in touching the world you are touching Christ. Touch the world with love and compassion and know that when you are doing so you are offering the world a glimpse of God."

What happens when we die?

"I am convinced that there's something beyond this life," said D'Aoust. "The United Methodist Church says definitely there is. What that looks like, I don't really know."

- Matthew Lickona

Columns archived at SDReader.com

# Barnes & Noble Events



# **Neil Strauss**

Rules of the Game DISCUSSION / BOOK SIGNING

Monday, March 24th, 7:00 PM 10775 Westview Parkway San Diego (858) 684-3166

The bestselling author of *The Game* offers an in-depth 30-day program with even more foolproof seduction techniques along with steamy stories about the art of attraction—in this handy two-volume how-to guide for aspiring Casanovas and the women who want to avoid them.

Get more info and get to know your favorite writers at www.bn.com/events All events subject to change, so please contact the store to confirm.

# **BARNES&NOBLE**

BOOKSELLERS

www.bn.com





...on down to **GEMS N' LOANS!** We pay the most for gold in any condition - whole pieces, scrap or broken. We also buy diamonds, vintage watches such as Rolex and others. Gold prices have soared to an ALL-TIME high and you may be sitting on a GOLD MINE!!

If you're not sure you want to sell now, we will gladly make you a no-hassle loan on your jewelry or most anything of value, including coins and coin collections.



Se Habla Español

**OCEANSIDE** 1-866-524-1771

3753 Mission Ave. at El Camino Real

State Lic. #3710-0996

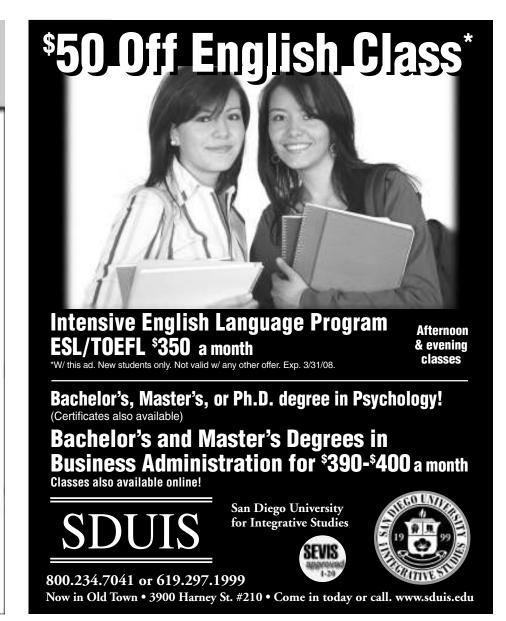
VISTA 1-866-524-1772

925 S. Santa Fe near Escondido Ave. State Lic. #3700-0972

**ESCONDIDÓ** 1-866-524-1773

327 W. Mission 78 & 15 Fwy. close State Lic. #3700-0972

Full-time jeweler on premises • www.gemsnloans.com







Elegance Mattress Sets Queen Set . . . . . . . . . . . King Set .

\$149 Twin

No-Flip Pilowtop Full Set . Queen Set

King Set . \$249 Twin



\$279 Twin

Primo Dream Collection Memory Foam Mattresse 2 FREE MEMORY FOAM PILLOWS

\$399 Twin Mattress





Cappuccino Queen Size Bed \$399



Plush Sofa and Love Seat \$689



Convertible Sofa Bed \$179



Sofa Chaise Sectional \$779



10397 Friars Road (E. of I-15 at Friars Rd. & Riverdale) Visit our website for more great deals! www.atlasfurnituresd.com • 619-640-0259 WE DELIVER Monday-Friday 10 am-8 pm, Saturday 10 am-6 pm, Sunday 11 am-5 pm



# Free Magic Tan Buy One, Get One Free.



# Unlimited Tanning 5 7/

# The BEST Platinum Bed : • Beds cleaned twice between use

With 6-month EFT.
No sign-up \$5495

Unlimited tanning \$3995 per month Any bed level 1-4.

-month EFT. \$29 sign-up fee. 15% Off all tanning lotions

arge selection of latest lotions

- State-of-the-art ergoline beds
- Clean, friendly atmosphere • Hospital-grade disinfectants
- Smart Tan-certified staff

# BEE TAN

4390 Moraga Avenue (in Bay Ho between Clairemont Mesa Blvd. & Balboa) 858.270.2543 • beetan.net

Mon.-Fri. 9:30 am-8 pm Sat. 10 am-5 pm, Sun. 10 am-4 pm

# **Protect Yourself Under California Law!**

Do it legally. It's still legal. If you suffer from: AIDS, Chronic Pain, Depression, Migraines, MS, Nausea, Insomnia, Bipolar and many other medical disorders.

Doctor's office available on-site where qualified patients in need of a medical marijuana recommendation can receive a low-cost, expert evaluation by a licensed physician.





**Unlimited Calling to Your 5 Favorite People** Any Number. Any Network.

# T-Mobile Blowout Sale!





Nokia 5300

\$100 Rebate\*



T··Mobile·

SHADOW

NO-GLARE SCREEN

NAVIGATION WHEEL

WI-FI ENABLED













# FREE\* ACCESSORIES CAR CHARGER, LEATHER CASE, HANDS-FREE HEADSET

**3000** Anytime\* Minutes \$4999/month

All offers valid with this ad only Now hiring! E-mail résumé to: van@phonex.com

\*Prices valid with activation, 2-year contract on T-Mobile. OAC. Prices and plans subject to: change without notice.

Some restrictions apply. See store for details. Offers valid at participating stores only. With this ad only.

Se Habla Español

**3 LOCATIONS** 

**San Diego** 11980 Carmel Mt. Rd., Suite 244 858-673-3393

Chula Vista 730 Broadway, Suite 101 619-869-8357

**Fashion Valley** 1st Floor, Fashion Valley Mall 619-497-4800

# **BestBuys**

-EVE KELLY

Mom, do you call Mrs. Phelan a cat lady because she looks like a cat?"

Smart kid. Mrs. Phelan, who works as an aide at my boy's school, does have a feline aspect to her. But no — I call her a cat lady because she adores cats — and she's got a bunch of them. And now that she's retiring, I've offered to find a retirement

gift. Something for the cats, I thought. She loves to see others happy.

cat

"We're

lovers," said Mike Chamberlain at Custom Cat Furniture (619-287-6576; sqkcat@cox.net). "Right now, we have 6, but at one time, we had 24. We've been in the cat business for 25 years. For 10 of those years, we ran Squeaks Catique. We folded it about 5 years ago, but we kept the customfurniture end of the business going. My fatherin-law, Ben McGirr, makes the furniture. He just turned 94 the other day and making it keeps him busy, mentally and physically. He's a retired aerospace engineer, and he's really sharp — a mathematical wizard. He's taken his aerospace skills and adapted them to the mak-

ing of cat condominiums." I wasn't sure if the cat condos included a workout room. Chamberlain laughed and explained, "A cat condo is basically a free-standing structure; they're also called tree houses. It can have round beds or square beds, and it will have steps on it for the cat to go up and down. People usually order them carpeted, but sometimes they want the bare-wood look. When we do a bare-wood condo, we'll sometimes use a peeler log. They come in eightfoot lengths; they're just trees that have been cut down and had the bark stripped off. But as I say, people usually want them carpeted. We generally work with light, beige tones, but we can get whatever you want. We've done black, pink, blue, and green. And if the piece is going to be kept outside, we can get indoor/outdoor carpet."

McGirr is happy to customize the pieces to the customer's specs. "One piece fit onto a nook by the fireplace. The cat liked to go up on the mantel, so we built

a tree house that fit into the corner so the cat could go from the tree house to a shelf to the mantel. Another customer had an entryway with a high ceiling, and there was a window up top. We built him a complex piece for his entryway. We had a 14-

foot carpeted ramp that ran from floor to ceiling, right over the tree house, with a bed right below that high window. The cat could go up the ramp to the window or jump off halfway onto the top of the tree house."

Of course, not every window ledge needs to provide such a lofty perch. "Often, it's just a piece of wood with carpeting on top and supports underneath that sits over your existing ledge and gives cats a place to sun themselves. We have a long window in our house, and we put a six-foot-long ledge on it. Our cats love it and get up there often."

"He's taken his aerospace skills and adapted them to the making of cat condominiums."

Beds are another favorite hangout, and Custom Cat Furniture is happy to make ramps for animals that have trouble making the jump. "They're usually for cats or dogs that are overweight or that have arthritis. The ramps go up against the bed — we'll go to the house and measure the height of the bed. If

the customer wants steps, we'll ask how many; if they just want a ramp, we'll add wooden slats on top of the carpet to give the animal something to grab hold of."

Chamberlain also sells litter-box enclosures, either freestanding or incorporated into the cat condo. "It's a wooden box lined with linoleum and covered outside with carpet. It's sealed to prevent leaks, and it has a lid and a couple of holes on either side. You put your regular litter box inside, and it keeps it hidden — and contains the odors. The cat goes in and out as he pleases." (Chamberlain noted that the litter-box enclosures, like the larger pieces he sells, are fitted

with wheels for ease of movement.) Chamberlain is able to keep his prices relatively

low, he said, because "we're not trying to make a living from this. We're just trying to keep my father-in-law busy. Prices will vary depending on a piece's size and complexity. A basic scratching pole and base will cost \$10 or \$15. Window ledges range from \$30 to \$90; ramps, \$30

to \$85. A litter-box enclosure goes for \$40 to \$120. The average tree-house price is \$80, but our most expensive — it's a little over six feet tall, and has a swing is \$365. But I think that something like that, if you bought it in a store, would cost \$400 to \$600. Also, we make our steps and beds wider to accommodate multiple cats or a larger cat. I've seen cat furniture with inkydinky steps and beds, and there just isn't enough room for a larger cat to enjoy himself. And we also re-carpet old cat furniture [\$40-\$80]. If your cat loves something and you're afraid they won't like a new piece, we can just recover it."

Finally, I spoke with Ian Schoen of Modern Cat Designs in Carlsbad (877-977-8733; moderncatdesigns.com), which offers two modern-style cat condos. "They're made with steel frames," explained Schoen, "and they're available in chocolate or beige. We're producing furniture that fits with the modern lifestyle at an affordable price. The pieces assemble easily in five minutes due to a unique pin system. And the scratch pads are made from foam and covered with a cross-woven fabric that won't unravel when cats scratch it. They have an opportunity to really dig their claws in." The 42-inch-tall model, which "has an upstairs and a downstairs and promotes perching and vertical scratching," costs \$199.95. The short model runs \$119.95.

Columns archived at SDReader.com

1. and 2. Cat furniture from Custom Cat Furniture 3. Tall-cat condo from Modern Cat Designs

# Item of the Week

\*After \$2.00 manufacturer's rebate.



# Pioneer

# AVIC-D3X double-din DVD in-dash navigation

- DVD video playback
- MP3, WMA, iTunes AAC, and DivX file
- Aux input on front for both audio and video
- Multicolor illumination
- "iBus" iPod audio/video direct-control cable
- Bluetooth
- · Remote control

Authorized Pioneer dealer. Installation charges not included.



### VIPER AUTO SECURITY

# Car alarm

Starter kill, lights flash, door protection, impact sensor with warnaway and codehopping technology. Limited lifetime warranty.



200-watt AM/FM, detachable-face CD, iPod jack, and RCA output to add amplifier. Authorized Kenwood dealer. Installation charges

not included.

Unfinity Speakers

Buy 1 pair of any high-performance Infinity Reference Series car speakers at our everyday low price & get the second pair at half price. Hurry! This deal won't last long!!!!!!!





# IT'S THE LAW!

Be safe – Operate your Bluetooth cell phone hands-free! Listen through your existing car speakers. Talk wirelessly. Installation charges



# **AUTOPAGE**

# Remote car alarm

Code-hopping state-ofthe-art car alarm. Starter kill, shock sensor with warnaway flashing parking lights, panic feature. Installation charges not included.

AUTOPAGE

New technology car alarm

pages you when your car is tampered with or when the alarm is triggered.

Bright LCD display shows

you which zone has been

violated Includes all

parts and

labor.

Car alarm

\$49



One 180 Detachable Face AM/FM/CD/MP3 player with iPod input,

iPod cable and wireless remote control Two Sony 300-watt 6"x9" 3-way speakers Two Sony 190-watt 6.5" 2-way speakers One Sony Xplod baseball cap

Authorized Sony dealer. Installation charges not included.



# KENWOOD Fantastic New for 2008

Two exciting 6.1" Double-DIN Touch Video Screen, AM/FM/CD/DVD/MP3 Units at Hot Introductory Prices!

# **DNX 5120 with Navigation**



- 6 million points of interest
- Built-in mapping for U.S., P.R., Alaska and Hawaii
- Voice guidance
- Opt, Bluetooth, satellite radio, and HD radio
- Fastest access to iPod audio/video with high-speed iPod control, front aux in

# **DDX 512**



- · Navigation ready
- 2V preout (F&R or Sub)
- One AV input, one AV output
- Opt, Bluetooth, satellite radio, and HD radio • Fastest access to iPod audio/video with
- high-speed iPod control,

Authorized Kenwood dealer. Installation charges not included.



# **Touch-screen DVD**

AM/FM motorized 7" touch-screen DVD. iPod ready. Authorized Jensen dealer. §349 Installation charges not included.



# Two headrest monitors

9.5" monitors including headrests. Fits most cars. In tan, gray or black. Inputs for wireless headphones. Two audio/video inputs. Authorized Farenheit dealer. Installation charges not included.

\$599 MSRP • On sale now

"I had a touch-screen DVD and 2 headrest monitors installed in my new GMC. They beat everyone's price, the quality of the work was superior and they even gave me a ride home. They are the best!" -Carmen S., Solana Beach

# Car Audio Heaven

**Sports Arena** 619-574-0770 3713 Rosecrans Street

**Kearny Mesa** 858-505-9099 8199 Clairemont Mesa Boulevard

**College** 619-287-4422





# MIX **Audio Bass Package**

350-watt Max Amplifier. MTX 10" Subwoofer in **Sledgehammer Vented Enclosure** 

Package includes a 2-channel amplifier (502x), high-output vented MTX Sledgehammer enclosure with 10" subwoofer (SLHT4510A). Authorized MTX dealer. Installation charges not included.





Avoid a backup accident with a rear-view color license plate camera and a rear-view mirror screen. Installation charges not included.

\$499 MSRP \$249 On sale now



# Avoid a backup accident This package will warn you with an

audio signal if you are too close to an object when backing up. Also has an LCD distance-warning display. Installation charges not included.



# iPod wired directly to your stereo

Apple iPod Solutions will add sound directly to your radio. No noisy FM modulator. JVC, Kenwood, Pioneer, Alpine, GM, Chrysler, Nissan, Ford, Honda, Mercury, VW, Tovota, Audi and Acura, Installation charges not included.

Call for price!



by Barbarella

# **Psycho Analysis**

I envy paranoids; they actually feel people are paying attention to them.

— Susan Sontag

didn't want to see the doctor. I never do. But my options were running out — pills made me stupid and yoga was irritating. And, of course, there was David. At first I thought he was simply making gestures, that his furrowed brows and increasingly frequent visits to my office to "check on me" were devised attempts to demonstrate his devotion. But when David told me he was afraid I might *die* as a result of my erratic heartbeat, I picked up the phone and made an appointment.

"How can I trust someone to navigate the dark caverns of my mind if she can't even manage her own closet?"

Sometime between the taking of my blood pressure (which was high) and the reading of the electrocardiogram (which was normal), I started crying — and continued crying for the next five hours.

Between sobs and endless mopping of my wet face, I managed to communicate to my doctor that my friends and family said I might be a little stressed out. She suggested I try

yoga and then sent me blubbering down the hall for blood work on the off chance that I might have some kind of iron deficiency or thyroid problem (which I don't). I wept my way home and into David's arms. Hours later, as we sat in the living room and watched the clouds in the west shift from orange to pink to purple, David gently released the words he'd been withholding for weeks: "Babe, I worry that you might be cracking up." The next day, I picked up the phone and made another kind of appointment.

I'd only been to a therapist once before. Her name was Judy Finch, and she had a twitch in one eye. I was 16, and my parents had found a notebook containing a choice collection of poetry that melodramat-

ically portrayed my teenage misery. After inviting me to sit on a brown leather couch, she asked me to read her one of my poems. I tore my gaze away from her convulsing brow and opened the book on my lap. "This one is called '*Pain*," I said. When I finished, I looked up to find the shrink twitching thoughtfully. She asked me why I'd come to see her and mentioned that I seemed to be "in touch with" my emotions. I said, "Exactly," and left.

This time, I chose my own therapist by googling every female name on Blue Shield's website and selecting one nearby who listed among her specialties "anxiety" and "stress." In the days before my appointment, I grew anxious, nervous that I might show up late or unprepared for such a momentous meeting. I plotted and rehearsed whatever I thought would be important to divulge. But if there's anything I've learned in my relatively short, neurotic life, it's that my expectations are rarely met.

I imagined the session would be like an in-depth interview, during which I would answer questions and the psychologist would provide life-altering insights. I like attention. The idea of talking about myself for an entire hour to a willing listener was more tempting than dark chocolate and a sip of aged tawny port. For all my nervous daydreaming, however, I never anticipated how inordinately stupid I would feel. Once my ass was seated on the floral-print couch,

I had one goal: to justify my presence in a psychologist's office. As if I had to prove how crazy I was or else she'd show me the door. I gushed one confession after another, hardly taking breaths between stories, all the while watching the chasm between reality and expectation grow wider. It was so disturbing, so uncomfortable, and I was so embarrassed, that it wasn't long before I had a "breakthrough," by which I mean I was, once again, frantically wiping away tears in front of a stranger. The poor woman hardly got a word in edgewise. Then my time was up. I made another appointment because I didn't want her to feel bad, and I left, feeling mortified by what had just happened.

While having drinks with a few friends at Laurel, Amy asked how my appointment had gone. "Great," I said. "It's amazing, actually. I'm cured!"

Kristen laughed and lifted her glass. "I can't believe you'd never been to one before." She went on to explain that during a recent period in her life she was so happy and carefree that she sought counseling for fear she might be repressing something.

"Actually? It was kind of weird," I said.
"I mean, she wore bejeweled jeans. How can
I trust someone to navigate the dark caverns
of my mind if she can't even manage her
own closet?"

"You don't have to keep seeing her," said Amy. She suggested I try others, as if it





was a particular herb in the seasoning and not the meat itself that I had a problem with.

A second "first session" was out of the question. The woman was nice enough and seemed experienced. If a psychologist was what I needed, why not her? I didn't want to admit it, but the real reason I talked shit is because I came away from my embarrassing session with the impression that I hadn't done my best to be liked, and therefore she probably didn't like me. I wanted to go back, not only to prove that I was not an unlikable freak, but to give the whole therapy thing a real shot. If not for me, then for David - who has to put up with me. To my friends, I said, "I'll give her wardrobe one more chance. When you're pouring your heart out, you expect, in the least, office casual. If she wears those jeans again, I'm calling it."

The second time, I

still felt dumb. It didn't help that the therapist wore smart black slacks with a gorgeous periwinkle cardigan. This time, it had to be me. I wanted her to read my mind and then, I don't know, tell me how wonderful I was. Instead, she asked me if I'd had any anxiety during the week. "I had a nightmare that I'd forget to bring cash for my co-pay, does that count?" No response. "Okay, well, I did have a bit of a moment yesterday."

When I'd finished explaining how I'd freaked out over something relatively minor, the virtual stranger sitting across from me asked if I'd like to try something called a cognitive exercise. I said sure. She grabbed a pad of paper, and we wrote down the thing I'd freaked out over and the thoughts going through my head while I was freaking out. Then we picked apart those thoughts, transforming them from emotional

extremes (e.g., I'm a bad person) to neutral statements (e.g., There are qualities about myself that I like, qualities I don't like, and qualities I am impartial to).

When we were finished, the evidence before us clearly demonstrated that I'd overreacted. "How do you feel about this?" asked the therapist, a woman who knew less about me than people I meet on the street who have read my diary entries.

"How do I feel?" I was buying time. How did I feel? I looked at the paper, at her, at my shoes, and finally, at my hands, clenched tightly together on my lap. "Stupid. I feel stupid."

"Are you stupid?" Was she challenging me? "Uh...no."

"Right. Okay, time's up. Do you want to schedule your next appointment?"

I stood and gathered my things, walked over to her desk, and said, "Same time next week?" ■



DOES HOW YOU THINK ABOUT MONEY AFFECT HOW MUCH YOU HAVE?

## You will discover how to:

- · Attract money and abundance to you like a magnet
- · View money as an energetic resource, always maintaining a constant flow in and out
- Learn to eliminate dis-empowering beliefs by using self-empowerment tools



# May 3-4 Newport Beach, Ca limited enrollment –

CALL NOW TO HEAR MATTHEW B. JAMES, MA. DCH, INTERNATIONAL TRAINER, LECTURER, & EDUCATOR!

1-800-800-6463 OR VISIT WWW.HUNA.COM



815 Plikoi St., Ste. 501 Honolulu, HI 98814 • tel:800.800.6463 • fax:808.596.7764

2 to 1 she's married. 5 to 1 she's "meeting someone." 25 to 1 she's a dude. 50 to 1 she's actually single.

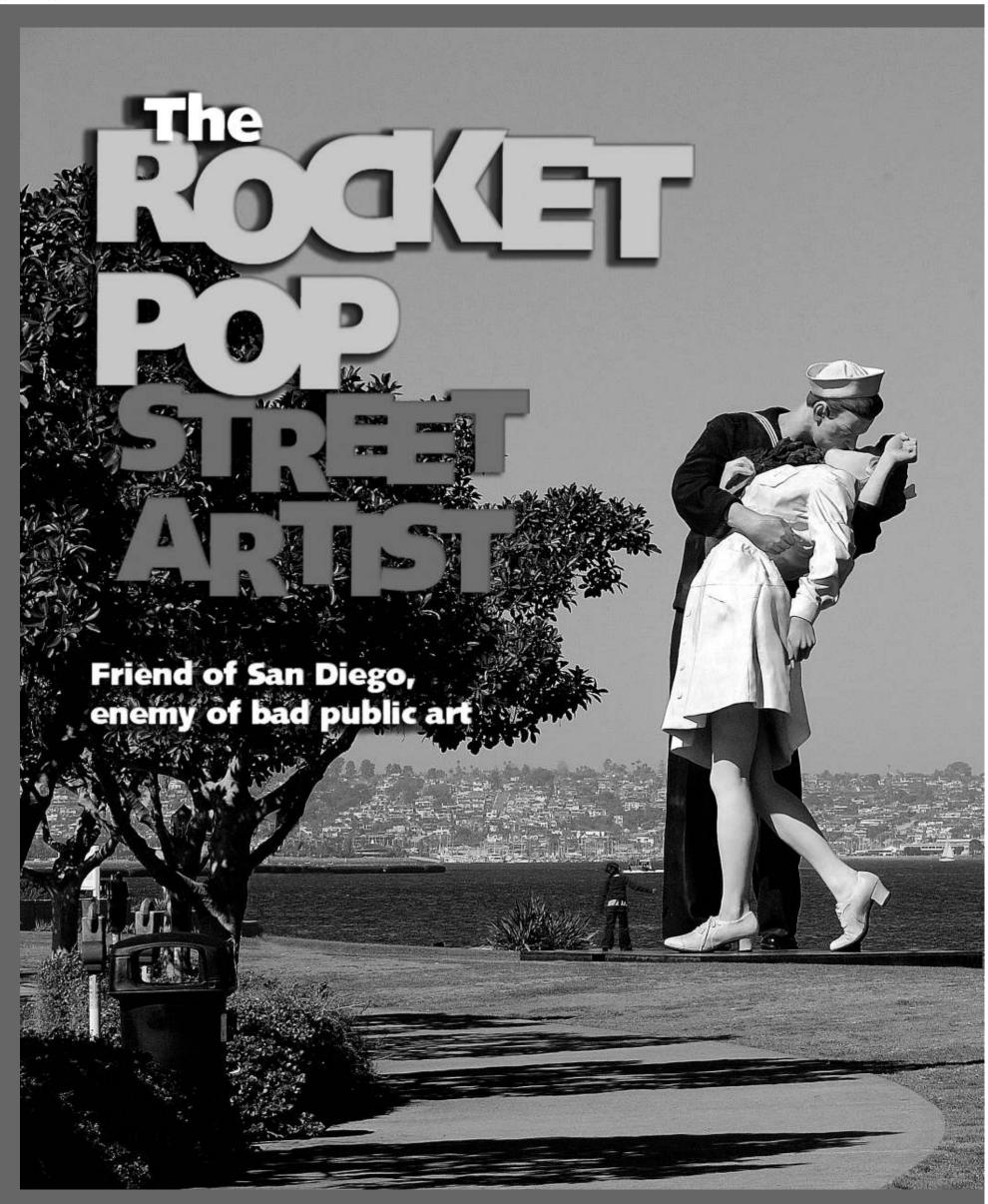
Don't like your chances? It's Just Lunch is different. Meeting the person of your dreams rarely just happens. That's why our matching experts set you up with someone who is available and shares similar interests. You get to know each other in a low pressure situation like a lunch date or drinks after work. The rest is up to you. See why our system is better at ItsJustLunchSanDiego.com.

> San Diego 619.232.8999

**North County** 760.268.0004







I made wheat-paste posters. They're not wheat-pasted anywhere, yet, but I made them. The pieces of paper sit in my kitchen, tightly rolled and taped. Beside them sits a bucket and a small paint roller. I haven't made the wheat paste, but when I do it will go in the bucket, the bucket and posters will go in a bag, and I'll go around town in a jacket and hat and paste up my posters.

The posters were easy to make. I started by purchasing a large tablet of newsprint and another tablet of stiffer paper from the art store in Little Italy.

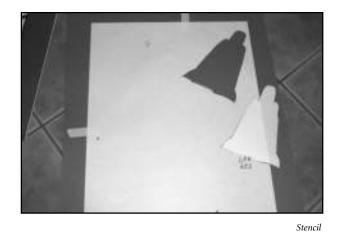
Newsprint is mostly recycled, grayish and

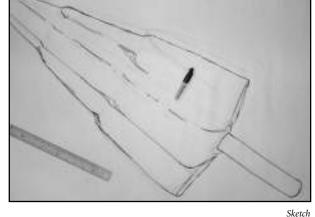
very thin, easy to tear, and cheap. The stiffer paper is like the craft paper you used for art projects in second grade.

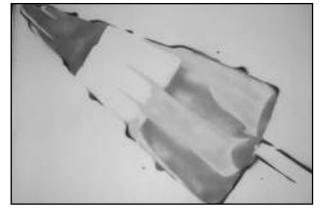
After I came up with a design, I cut the outline from the stiffer paper, a stencil. Then I made stencils for each of the colors in the design. My design is of a rocket pop. You know those missileshaped, patriotic (red, white, and blue!) frozen sugar snacks? My posters bear spray-painted stencil images of those childhood treats.



I WANT MY POSTERS TO CHEER WEARY PASSERSBY.







The image, for me, evokes buoyant summers and whimsy. That is why I'm going to paste them around my neighborhood.

In the last year, an economic downturn rolled through my neighborhood. A lot of shops vacated, and now their spaces stand bare and cold, empty, with the lights off and For Lease signs in the windows. Bundles of rags filled with sick and coughing human flesh often occupy the abandoned doorways of the erstwhile shops. Drug deals are made in the voids of darkness.

Kids in hoodie sweatshirts and schizophrenic bums scurry from the alleyways to the sidewalks and behind the electrical panels and bus stops.

In daylight, the street swells with landscapers' pickup trucks, personal trainers in SUVs, and single-mom waitresses, riding the bus to jobs they hate.

My neighborhood is ugly and my neighbors hate it.

I want to give them all a rocket pop. I am a privately funded, single-person neighborhood-beautification

program. I want the people who parade past my rocket pop to remember, for a second of their day, running through a sprinkler.

But right now, I'm afraid. What I consider the embellishment of an abandoned and derelict building, the police consider illegal. I haven't pasted anything yet, and I'm scared to do it. My stomach pit

wells with queasy anticipation, because tonight or tomorrow night I'm going to do it. And I don't want to be arrested.

From San Diego's official city website, its graffiti section states that "The City of San Diego spends more than \$1 million each year on graffiti abatement education and enforcement. This

amount does not include the millions more spent by other public agencies, utility companies, and private property owners to remove graffiti from their properties." Reading on, we find posted to the same website a warning that the punishment for graffiti can be as stringent as "six months in a correctional facility, [and the

# LIVE/WORK LOFTS **Downtown Loft Specialist**

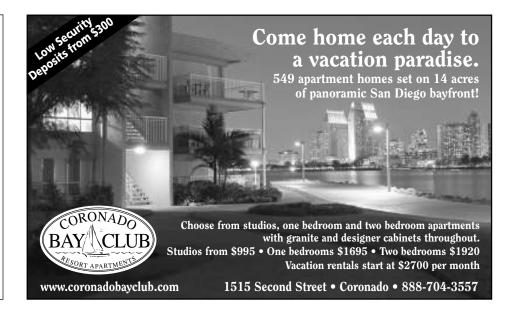


- Roof decks with BBQ
- Laundry on every floor Parking available
  - Most pets allowed
  - Several downtown locations

Visit our leasing office at: 315 4th Avenue 619-231-1505 ext. 12 Please check our website for availability.



www.trilogymanagement.com



# **Downtown/Gaslamp Penthouse Suite \$2750**

\$99 Moves You In! (Includes first month free with 13-month lease!)

Urban Penthouse Living (1,546 sq. ft.)









Brazilian Cherrywood Floor - Granite kitchen countertops - Open, loft-style floor plan - City and harbor views (select units) - Cable/high-speed Internet ready - Pets welcome Easy keyless telephone entry access • Near bus & trolley • Garage parking available • Handicap access • Near Horton Plaza, Petco Park, Seaport Village, restaurants

convicted may] be required to perform community service, pay as much as \$1000 in fines, and make restitution to the victimized property owner for the amount of the damage." Yikes.

That's a stiff penalty for interacting in this way with the city I love and in which I live.

There are a lot of reasons people graffiti. Even the city's website acknowledges, "Children and young adults become involved in graffiti vandalism for a number of reasons: gang association, peer recognition, lack of artistic and recreational alternatives, the element of danger, and lack of appropriate parental supervision and discipline."

I could give you a lot of good reasons for graffiti; I've heard, read, and imagined any number of motives. The look of the city is out of the hands of its inhabitants. Billboards, signs, the jumble of walls, electrical panels, poles and wiring — all are erected, strung, hung, and zig-zag around us on the authority of old men with money and officials whose dealings we could never verify as legitimate and which could hardly qualify as being within the interest of the public. Like mice in the urban maze we dart right then left, from residential zone to business zone, stopped by brick and metal, guided by symbols painted on aluminum, to our final reward and back again.

I feel entitled to contribute to the aesthetic, and I think I'm being generous in my offer. Free art from me. To you.

That's the foundation of my vandalism philosophy: collaborating visually with the city. The thrill of violating the law without consequence is only a perk. A perk I've not yet encountered.

For now, the

Break in the Action The week dragged by.

# bucket, tubes of paper posters, and paint roller sit inside a durable shopping bag on my kitchen floor; I have not vandalized,

# March move-in special! \$613-\$736 per month with 12 month lease!

Utilities included! Single occupancy. (Income qualify — ask for details!)



### Features:

- Air conditioning
- Full bath
- Kitchenette
- Balcony with bay/ballpark views
- Cable ready
- Microwave
- Internet access 4 laundries on-site
- Clubhouse
- Business center
- Gated community
- Courtyard
- On-site management
- · Close to shopping, restaurants, entertainment

Located in East Village Near Petco Park

8 am to 6 pm

Daily from

Visit Us!

• Easy access to bus/trollev • Near freeways

# Island Village



1245 Market Street San Diego, CA 92101 Call toll-free:



1-800-351-0613

453 13th Street, San Diego, CA 92101 Call toll-free: 1-888-809-1966

www.entrada453.com



# Downtown living at its finest!

Studios and 1, 2, 3 Bedroom Apartments from \$1065

# \$500 off with 12-month lease! Low \$400-\$700 deposits!

- Features and amenities:
   Near Petco Park, Gaslamp, Horton Plaza
- · Rooftop terrace with BBQs, views of Coronado, Petco Park, skyline, bay . Controlled-access entry
- Underground parking Washer/dryer in all homes Microwave Private patio or balcony\*
- Walk-in closets\* Air conditioning
- High-speed Internet Landscaped courtyard
- Fully equipped fitness center Pets welcome\*
- I-5 convenient access and close to trolley · Near restaurants, shopping, entertainment
- \*Select units. \*\*Restrictions apply.

# College Area 1 Bedrooms starting at \$995!

\$100 off first month's rent (restrictions apply) Military discounts!

Walking distance to SDSU & trolley

#### **Apartment Features:**

• Air conditioning • High-speed Internet access • Large walk-in closets • Great floor plans • Gourmet kitchen with microwave and gas range • Cat-friendly

#### **Community Features:**

• Complimentary parking • Controlled access • Laundry facility • Pool • BBQ picnic areas

6663 Montezuma Rd., San Diego 92115 • www.pacificliving.com • Toll-free: 1-800-433-6120





# Charming Talmadge/ Kensington Area Up to 5500 off first month!

- Mission Valley area Gated community Central air/heat Pool/spa/fitness/sauna BBQ lounge Outdoor billiards • Fitness center with iPod docking station • Laundry center with flat-screen TVs
- Wi-Fi access Computer lab with printer Balcony/patio Garage parking Small pets welcome

4454 44th Street • www.pacificliving.com Call today: 1-800-372-9146

MISSION PACIFIC



# PACIFIC BEACH LIVING!

1/2 Off First Month's Rent! Huge 1 & 2 bedrooms starting at \$1175



■ Spacious floor plans ■ High-speed Internet ■ 2 laundry facilities ■ Pool/spa/sundeck ■ Cardio fitness center ■ Equipment/free weight room ■ Computer lab with printer ■ TV lounge ■ Spectacular bay views/Mt. Soledad ■ Barbecue picnic area ■ Private balcony/patio ■ Garages available ■ Extra storage rooms available ■ Controlled access ■ On bike trail to Mission Bay ■ Cat-friendly



2636 Grand Avenue, San Diego, CA 92109 Call toll-free: 1-800-490-6372 • www.pacificliving.com









Gables Point Loma

619-223-6577 gables.com

# Free Rent **Until May 1!**

**Newly Renovated** 1 Bedrooms from \$1325

## **RESIDENCE FEATURES**

- · City and bay views
- Stainless steel gourmet appliances
- CaesarStone Quartz countertops
- · Custom Euro-style cabinetry
- Sculpted carpet in bedrooms
- Ceramic tile bathroom floors
- Resort-style pool & sundeck
  - Covered parking
    - \* Pet-friendly



My work schedule was switched around, so I couldn't hang my paper posters on Tuesday. That was the night I'd scheduled. I usually don't work on Tuesdays; I usually have Wednesdays off too. Which would leave me with enough time, if I were to be caught, to get out of jail without losing my job. When management switched my day off to Friday, I had to postpone the night of papering to Thursday.

While waiting for enough clear time to begin my art project, everywhere I look becomes a potential target. Just as to a man whose only tool is a hammer, everything looks like a nail, a man with rolled-up posters of rocket pops sees every flat surface as unadorned, unsightly canvas on which he can express himself. Around the back of a



"Bronzed food" on table sculpture in Amici Park, Little Italy

fast-food restaurant's drive-thru, I stop to survey an expanse of bare green metal that spans one wall and hides the electrical equipment responsible

for the production of fried lard and starch. Several rocket pop posters could hang there nicely. Coffeeshop front windows seem lifeless and lacking good rocket-poppery. Electrical boxes, Dumpsters, bus stops, could all, in my estimation, use a little dressing up.

On a walk to the

gym, I pause to count how many police pass a specific abandoned storefront in ten minutes' time.

Five police officers in three cars, in case

you were wondering.

The next day, duties associated with my job require me to drive to Point Loma. Off North Harbor Drive a detour delivers me to Cancer Survivors Park. This is the ugliest park in San Diego, without contest. After parking my laughable Korean car, I approach the north end of the park and enter the concrete pad, encircled by 12-foot-high, or maybe taller, stucco sculptures. They jut from the sidewalk in the shape of lipstick tubes, mimicking the slant at the tip, and the giant stucco lipsticks display a color of purple so repulsive as to be a near emetic.

A short distance away from the giant purple lipsticks, statues of bronze and an oddly squared vortex of bronze-colored plaster depict a literal, sentimental scene in which









the bronze people step through the vortex. Into one side of the vortex-of-cancer-treatment hobble the sickly, the old, the frail, the too-young. Out the

you male, and add a certain soft quality and angle to your wrists.

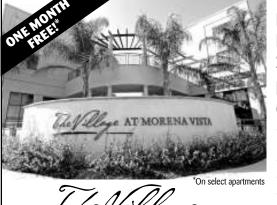
Don't cancer survivors deserve better? After all that chemotherapy, after

# From the bench, I touch the smeary plastic and watch for police cars.

other side of the vortex-of-cancer-treatment spring spryly the light loafers, lifting aloft a young, healthy man. Apparently, the forces of the oddly square vortex-of-cancer-treatment invigorate your health, make

rebuilding a life struck down by disease, to come here and be faced with this as your celebration: to all cancer survivors, I would like to apologize for San Diego's Cancer Survivors Park. Boy, is it ugly.

I'm sure that the artists, architects, donors, and contractors of the project would argue that it is a perfectly beautiful offering to San Diego's artscape and public parks program. Please, don't notice the literal message, or that at 5'9" in work boots I tower over every figure depicted. I'm not tall by any means, but the statues are a head shorter than me, and yet not quite miniaturized either. Disregard the shaky construction of the vortex, please. And while we're playing peek-a-boo with the obvious flaws of this public space, I'm sure all involved with its erection would prefer you ignore the misspellings, incorrect



# Beautiful 1, 2 & 3 **Bedrooms &** 2 Bedroom Lofts **Enjoy the Following** Conveniences!

- Convenient on-site retail (tanning salon, Starbucks & more)
- Movie theater
- High-speed Internet available
- Pool/spa
- · Washer/drver
- Near trolley
- Pets welcome<sup>\*\*</sup>

\*\*Restrictions apply.



5395 Napa Street, Suite 100, San Diego, CA 92110 619-294-3566 • www.villageatmorenavista.com



# Newly remodeled 1 & 2 bedroom apartments with up to \$250 off move-in!\*

- 1 bedroom/1 bath from \$1.085\*\* 2 bedroom/1 bath from **\$1,300**\*\*
- · Heated Junior
- Olympic-size pool
   Fitness center
- · Business center
- · Clubhouse
- · Italian ceramic tile\*
- · Cut Berber carpet
- Designer floor plans offer:
- · Two-tone paint · Mirrored closet doors
- · Tennis
- · Basketball courts
- Movie theater
- · Weekly Yoga classes
- · Garages available
- · Air conditioned\*
- · Pedestal sinks
- Space-saving microwaves
- Dishwashers · Frost-free refrigerators

Please ask about our preferred and government employee specials Pets are welcome (based upon approval).

\*Select units.

\*Prices subject to change. Call today for current pricing/specials. www.CoralBayApts.com





# Ask about our new pet policy!

Mon.-Sat. 8:30-5:30 Sunday 10:00-5:00

3309 Cowley Way San Diego 92117 Toll-free:

1-877-585-1146





# **Droopy Eyelids?**

Are droopy eyelids making you look older? Sleepy? Interfering with your vision?

# **In 20** minutes you'll look 10 years younger!

Dr. Barry Katzman voted one of San Diego's "Top Doctors"

# **Insurance can cover** this procedure.

Schedule a free consultation to see if you qualify.

# \$500 off through March\*

\$500 off both upper and lower lids\*

or \$100 off either upper lids or lower lids.\*

Call 619-697-4600 x105. Ask for Angela.

# **Call for a free consultation**

West Coast Eyecare has helped San Diego see clearly for over 25 years. Six Locations: College Area/La Mesa El Cajon • South Bay • Clairemont/Mira Mesa Escondido/Vista/RB • Alpine

\*See office for details. All offers not valid with certain plans r insurance. Cannot be combined with other offers. Must bring ad at time of visit. Offer expires 3/31/08.

1-800-631-4590



punctuation, and poor grammar of the surrounding plaques that explain cancer's best hope: a healthy spirit and treatment options.

If you ever get the chance, please go to the eastern end of Spanish Landing to see this monstrosity, Cancer Survivors Park. And while you're there, notice that the group of statues near the vortex-of-cancer-treatment is marred and incomplete. Vandals have torn down one of the statues, broken it off at the ankle, leaving only the empty capsule of a dainty bronze shoe that looks to have belonged to a young girl. I'm not normally into such violent pub-



Engagement, on Harbor Drive, Midtown

lic destruction, but in this case, I agree with the vandal. The Area of Opportunity Choosing targets. How you choose your targets for vandalism speaks to what kind of person you are. Kids who run and scribble their names scattershot across the face of the

city have their reasons for doing so. They indiscriminately deface street signs, freeway overpasses, private homes, and small businesses just to seize an opportunity. A Magic Marker in their pocket, or a can of spray paint in a backpack, needs no more justification to spring out and mar a public surface than the void of a couple of seconds in which no people, traffic, or police are present. Headlights die down, a quick check around corners, and zang! the tagger strikes.

I'm not a tagger. There's nothing in my rocket-pop artwork that denotes identity, no signature at all.



















I'm doing this as an experiment in public art, interacting with the city, so I choose my spots with care.

I load up my canvas shopping bag of supplies into my car, pull out from the safety and comfort of my darkened residential street and onto the bright glitz and electric light of El Cajon Boulevard. This is only a dry run. I haven't cooked the wheat

paste, and I'll do nothing illegal on this drive. I'm merely scouting handle the bag of equipment.

I drive up El Cajon,

# Trash cans offer surfaces of opportunity.

with a load-out of equipment to find appropriate marks and to feel how I want to west toward the center of the city, scanning empty lots and the foreboding, temporary plywood walls of a vacated gas station. Staring into a pit of impending economic recession, the darkened yards of empty shops may portend harsher times still. The renovation and renaissance that transformed Hill-crest and the west end of North Park will not reach City Heights this year, and El Cajon feels bleak and cold.

I take the 15 south to University and exit











rst Stop Mattress & Furniture www.firststopma

8400 Miramar Rd. San Diego, CA 92126 www.firststopmattress.com 858-695-6670

8400 Miramar Rd. San Diego, CA 92126

west. My headlights blare over dilapidated automotive garages and the hand-painted, misspelled business signs of tire shops and dulcerias, Mexican candy shops. Even though I consider these buildings repulsive, splashed in the most garish of yellows and purples, I would never paste paper to one of their walls. These are momand-pop operations that from day-to-day need more customers and fewer distractions and problems; a poster would only deflate their spirits as they arrived to face their day of work.

I pass a corporate fast-food sandwich shop. They too are hideous in my sight this particular franchise has floated a yellow balloon, brashly emblazoned with a logo; it hovers in the skyline, lighted from beneath, the size of an inflated studio apartment — I won't paper them either, because as much as I disagree with their business practices and nutritional philosophy, I can't support vigilantism, even with poster art. Corporate coffee shops on the street get my pass too. I will not strike back with graffiti, even

though I dislike a particular establishment. Besides, a shop manager beholden to a national chain will rip my art down within

and-travel website. If ever there were a worthy space for a bright rocket pop poster, a brown aluminum-and-Plexiglas billboard at a

# The artists have already left their mark.

minutes of its discovery; I want my posters to stay up for a while to cheer weary passersby.

On the next block I spot a bus stop outfitted with an advertisement for a vacationtaxpayer-funded bus stop in a poor neighborhood is it.

Behind the bus stop glows the bright fluorescent fixtures of a parking lot, and a sign, and also a marquee of a pharmacy and department store. At the next intersection, I crank the wheel to the right and circle the block, and on the east side of the parking lot, diagonal and down a sidewalk a bit from the bus stop, I park, pull my shopping bag from the passenger's seat, and step out into the January chill.

It's 9:48 of a Wednesday night.

University Avenue still teems with the halogen lights, revving engines, and sputtering tailpipes of passing cars and buses. Shoppers funnel into and out of the drugstore, trading parking spaces and swishing plastic shopping bags. I set my can-

vas bag on the ground in front of the bus stop bench, and I sit. The ad in which frolicking white people romp on a white sand beach seems oddly mundane and out of context for a community ten minutes' drive time from the ocean. From the bench, I touch the smeary plastic and watch for police cars.

I gather the bag from between my legs, stand, and walk back to my car. Driving through the stream of University Avenue, I scan again for potential areas to hang my posters, swiveling my neck, propping up on the plastic interseat console to survey blighted buildings and





















# Are you in the *Reader*?



Join over 650 local bands and performers.

# www.SDReader.com

No cover charge.

And it's easy.

Just e-mail us: ReaderMusic@gmail.com

- Acoustic
- Alternative
- Bluegrass
- Blues
- Classical
- Country
- Electronic/DJ
- Folk
- Funk
- Garage Rock
- Gospel
- Hip-Hop
- Jazz
- Mariachi
- Metal
- Pop
- Punk
- Reggae
- Rap
- Rock
- Rockabilly
- Ska
- Soul





This Sunday March 23, 6:30am

# at The Flower Fields in Carlsbad

Free breakfast provided for the first 500

The Carlsbad Flower Fields are located at the corner of Palomar Airport Rd. & Paseo Del Norte.



760.602.0722 www.thefieldschurch.org the dead-weed fields surrounded by wood and chain-link fences.

I circle the inner city, uptown. I stay away from downtown and the beaches. Although I have to work in those areas, I don't consider them my home. The territory of my house radiates out from the North Park Water Tower at its center, and the 8, College Avenue, University Avenue, and Park Boulevard circumscribe it.

Trash cans offer surfaces of opportunity, but street utility boxes, for me, are off limits. I hate those boxes. Let me tell you why. A North Park business association called North Park Main Street saw fit to adopt the locked metal bins, take submissions from artists, panel juries, choose designs, and provide art supplies for the painting and decorating of the normally bland metal cubes that artists, paneled juries — with people whose credentials are unknown to the rest of us (perhaps they are merely business associates, or friends, or the jury could be a

# My apartment smells like sad muffins.

protrude from the sidewalk. Let me rephrase that. A business association — so, if you don't own a business in North Park, you don't get a say — adopted the metal bins — even though they belong to us all — took submissions from (bad) retarded chimpanzee and a lukewarm pot of coffee, we don't know) — and they decided how these municipal features should be decorated. Bully for them for taking charge of a beautification program, because that's exactly





what I'm doing and I'd love nothing more than to paper one of these ugly sons of bitches, but I won't. The artists who painted them have already left their mark, and no matter how terrifically repugnant I find any one of these boxes (although, some of them are real nice; there's a lovely one, painted with chairs and tables in a very van Gogh style, on 30th and El Cajon, in front of a furniture store), I would not go over someone else's work.

Tonight, I motor my clown car past the North Park Water Tower. It rises above

**VOICE MAIL** 

\$**8**<sup>95</sup>/MONTH

• 1ST MONTH FREE!

• IMMEDIATE HOOKUP - FREE!

DESIGNED FOR BUSINESS OR PERSONAL

• YOUR OWN PRIVATE PHONE NUMBER

REPLACES YOUR ANSWERING SERVICE

• FAX TO E-MAIL SERVICE AVAILABLE

• NATIONWIDE 800 #\$ / 6.9¢ PER MINUTE

**VOICE MAIL DEPOT, INC.** 

Howard Street and Idaho Street, sentry and epicenter of the cracked sidewalk, asphalt grit, and greengrass playgrounds of uptown. Tomorrow night will be the real thing, and my guts tingle with anticipation.

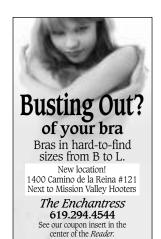
# Informative How-To Section

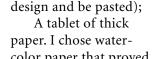
Here's what you need for making multicolor stenciled posters:

An X-Acto knife or sharp razor-blade tool

An ink pen (a black Sharpie worked best for me);

A tablet of newsprint paper (this paper will bear the





color paper that proved to be too thin. Next time I'll use sturdy craft paper (this paper is for the stencil; ideally, it should be the

same size as the newsprint);

Paint (spray paint, good old Krylon worked well for me).

Begin by designing your poster. With your Sharpie, lay out on the large pad of newsprint

an approximation of how you'd like your poster to appear. A quick sketch will do.

Lay a sheet of the sturdy paper over the sketch on the newsprint. With your Sharpie, solidify the

outline of the design. If you can't see your design well, taping the two sheets of paper to a window will help. Trace along and clean up your design as you go.

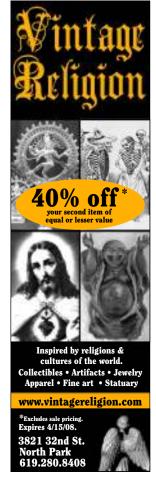
For alignment with subsequent sheets of



760-729-1836







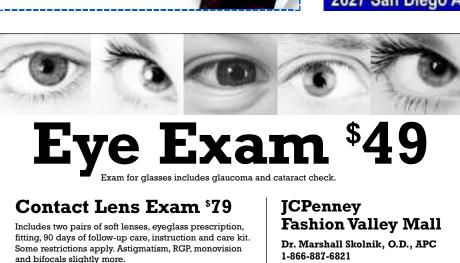


We have the latest lenses for dry eyes, Toric

lenses, gas-permeable, and bifocal contacts.







Most insurance accepted. Weekend appointments available

Use your ICPenney card.

Offers good thru 4-21-08 with this ad.



paper, ink in two dots somewhere outside the design. (Trust me, two dots smaller than a thumbprint but larger than a pen tip will do, doesn't much matter where you put them, as long as the dots aren't close together.)

Now. You should have a newsprint layer on bottom and on top, a craft-paper outline of your design, featuring

two dots on either side.

Lay another clean sheet of craft paper down on the outline. Tape it in place if needed. Start with the dots. Recreate them on the top paper. Then outline the areas of one color. In my rocket pop example, the bottom of the pop is dark blue, just an oblong square that will be spraypainted blue through

the stencil.

Remove that sheet and lay a clean one down. Repeat the last

Now lie on your belly in your bedroom or kitchen and cut out each block of color

# Only in my mind have I committed the crime.

steps until you have outlines of all your colored shapes.

from its sheet of paper, using the X-Acto knife or razor-blade tool. Cut out the little dots on each sheet too.

Bear in mind that this is the stencil. Let that guide your decisions as to what part of the paper to leave and what bits to excise. Remember that your outline needs a portion of paper to block out the center as well as the area outside the design, so you have to leave bridges of paper in

place. (Your outline stencil will have spaces that span the lines, like the stenciled numbers and letters on Army vehicles.)

Now you have all of your colors cut into stencils, as well as an outline stencil. Go somewhere ventilated: outdoors works well.

Lay a clean sheet of newsprint down to accept the design. Lay the stencil atop the clean newsprint, tape it if you like. Spray the two dots onto the clean newsprint. These will be your guide dots, and the stencils to follow will line up to those. Spray your outline.

Remove your outline stencil. Notice the dots. See how lovely the outline looks on the newsprint, but don't linger too long. A neighbor could see your design and recognize it at a bus stop later on and turn you

Line up each color stencil using the dot system. Spray those colors. The colors farthest back in the design get sprayed first. (In my rocket pop example, the dark blue goes down before the light blue accent. Dark red goes before the pink accent, etc.) After all your colors are sprayed and dried, you can cut out the design or leave it on the square sheet of paper. Other than that, you're done. You can make as few or as many as you like.

I made five.

Wheat paste offers challenges beyond the efforts required to trace and cut out stencils.

Wheat-paste recipes vary wildly. I found a few on the Web. Choose any three wheat-paste recipes, and you'll see that all they share is a requirement that wheat flour and water be boiled together. Some state that you should add sugar, others don't.

# FREE LEGAL GUIDE

CALL 619-233-9797 NIGHT OR DAY 7 DAYS A WEEK

AT THE PROMPT PRESS THE 4-DIGIT EXTENSION OF THE CATEGORY THAT INTERESTS YOU. OR VISIT OUR WEBSITE: SDREADER.COM/LEGAL

#### ■ EXTENSION 1000 ■ PERSONAL INJURY



Sponsored by Julia E. Haus 550 West C Street Suite 620, San Dieao 619-234-1100

- 70 AUTO ACCIDENTS
- 71 MOTORCYCLE/TRUCK/PEDESTRIAN ACCIDENTS
- 72 WRONGFUL DEATH
- 75 SLIP AND FALL ACCIDENTS
- 76 PRODUCT DEFECT LIABILITY
- 77 PROFESSIONAL NEGLIGENCE

# ■ EXTENSION 1019 ■

#### SOCIAL SECURITY AND DISABILITY



Sponsoreд bu Anthony J. DeLellis & Associates 1545 Hotel Circle South Suite 130, San Dieac 619-278-0900 www.delellis.com

- 20 OVERVIEW OF SOCIAL SECURITY
- 21 FILING A CLAIM
- 22 RETIREMENT BENEFITS 23 SURVIVORSHIP BENEFITS
- 24 LUMP SUM DEATH BENEFITS
- 25 FAMILY RELATIONSHIPS
- 26 DISABILITY BENEFITS
- 27 HIV AS A DISABILITY

### ■ EXTENSION 1007 ■ TENANT/LANDLORD

- 80 EVICTING A TENANT
- 81 CAN I BEAT MY LEASE?
- 82 WARRANTY OF HABITABILITY 83 RENTAL AGREEMENTS
- 84 SECURITY DEPOSITS
- 85 ENFORCEMENT OF THE LEASE
- 86 30-DAY NOTICE

### ■ EXTENSION IOOI ■ CRIMINAL LAW



The Law Office of Douglas Holbrook 850 25th Street Suite 100, San Diego 619-232-2020

- 20 WHEN DO I NEED AN ATTORNEY?
- 2I WHAT IF I'M WRONGLY ACCUSED?
- 22 SHOULD I ANSWER OUESTIONS?
- 23 MUST I SUBMIT TO A SEARCH?
- COULD I RESIST AN ARREST?
- 25 WHAT IF I FAIL TO APPEAR?
- 27 ALCOHOL, DRUGS, HIGH CRIMES

# ■ EXTENSION 1002 ■

# BANKRUPTCY/CREDIT LAW



Deborah L. Raymond 445 Marine View Ave. Suite 305 Del Mar 858-481-9559

- 30 NEW BANKRUPTCY LAWS
- 31 WHAT IS CHAPTER 7 BANKRUPTCY?
- 32 WHAT IS CHAPTER I3 BANKRUPTCY?
- WRONGFUL CREDITOR FEES & ACTIONS COLLECTION AGENCY HARASSMENT
- VEHICLE REPOSSESSION
- FORECLOSURE ON YOUR RESIDENCE
- 37 INACCURATE CREDIT REPORTING

### ■ EXTENSION 1008 ■

# TAX & ESTATE PLANNING

- 90 FILING TAX RETURNS
- 91 CRIMINAL TAX ISSUES
- 93 STATE TAXES
- 94 FEDERAL TAXES
- 96 TAX PLANNING
- 97 ESTATE PLANNING

# ■ EXTENSION 1005 ■ **FAMILY LAW**



Sponsored by William M. Henrich Certified Specialist, Family Law, the State Bar of California Board of Legal Specialization 4849 Ronson Court San Diego 858-576-4484

- 61 WHAT WILL IT COST?
- 62. CHILD SUPPORT HOW MUCH?
- 63 CHOOSING A PARALEGAL
- 64 MILITARY FAMILY ISSUES
- 65 PREPARING FOR DIVORCE 66 MEDIATION AND THERAPY
- 67 WILLS AND TRUSTS

#### ■ EXTENSION 1003 ■ INSURANCE CLAIMS



Sponsored by The Law Office of Robert Bruce Arnold 2329 Inдia Street San Diego 619-233-1096 www.arnoldlawoffice.com

- 40 INSURANCE BAD FAITH
- 41 DUTIES OF INSURANCE CO
- 42 FIRST PARTY CLAIMS/HEALTH/ UM/UIM/AUTO/PROPERTY
- 44 DISPUTES WITH INSURANCE CO.
- 45 DEPT. OF INSURANCE HELP LINE
- 46 DO I NEED AN ATTORNEY?

#### ■ EXTENSION IOIO **IMMIGRATION**



John A. Quinn 3444 Camino Del Rio N. Suite 200, San Diego 619-284-8811 Fax: 619-284-8822

- 20 WAYS TO BE LEGAL
- 21 SPOUSES & CHILDREN
- 22 BUSINESS VISAS
- 24 INTERNATIONAL STUDENTS
- 25 CHANGING & EXTENDING VISAS

# EMPLOYMENT/LABOR LAW



■ EXTENSION 1018 ■

Sponsored by Laturno & Graves San Diego 619-234-3323 Елсопдідо 760-741-7544 www.laturnograves.com

- IO ADMINISTRATIVE HEARINGS
- II EMPLOYEE HANDBOOKS/POLICIES 12 EMPLOYMENT AGREEMENTS
- 13 HOSTILE WORK ENVIRONMENT
- 14 NON-COMPETITION AGREEMENTS 15 SEVERANCE AGREEMENTS
- 16 WAGE AND HOUR

#### ■ EXTENSION 1004 ■

# WORKERS' COMPENSATION



Sponsored by The Law Office of Gerald D. Brody & 3465 Camino del Rio S. Suite 440, San Diego 619-528-9800

- 50 YOUR WORK-RELATED INIURY
- WORKERS' COMP BENEFITS
- 54 THIRD-PARTY ACCIDENTS
- 55 UNSAFE WORKING CONDITIONS WRONGFUL DISCHARGE
- 57 HARBOR & LONGSHOREMAN'S ACT

#### ■ EXTENSION 1015 ■ SEXUAL HARASSMENT/ WRONGFUL TERMINATION



The Law Offices of Joel C. Golden Old Town Professional Bldg. 2356 Moore Street Suite 201, San Diego 619-246-8449

- 70 SEXUAL HARASSMENT
- 71 DISCRIMINATION
- 72 WRONGFUL TERMINATION
- 73 EXECUTIVE TERMINATION 74 WHISTLEBLOWER-RETALIATION
- FRAUD AGAINST THE U.S.
- 76 LEGAL FEES

The attorneys and law firms who provide this information are solely responsible for its conten This information does not address all legal situati nor is it intended to replace legal counsel. It is provided free, although if calling from outlying areas you may incur toll charges on your telephone bill.

GOVERNMENT (FALSE CLAIMS ACT)



We're looking for volunteers with

# **Migraine Headaches**

If you are between the ages of 18 and 65, in good health and suffer from an average of 2 or more migraines monthly, you may qualify to try an investigational medication being studied for the treatment of migraine headaches.

Every research study conducted by California Clinical Trials is staffed by a team of skilled and experienced physicians and medical professionals trained to place your comfort and well-being first.

# If you participate, there is no cost to you...instead:

- You receive \$250 for three study visits.
- You receive no-cost study-related medication and medical care.
- No reports are made to employers, schools, or insurance companies.



858-571-1188

Toll-free 800-571-1188 www.cctstudy.com

# **Anxiety**

# doesn't just stress your mind. We now know it can...

- Decrease your immune response
- · Decrease your physical and mental functioning
- · Increase fats in the bloodstream
- Interfere with sleep
- · Be mistaken for medical conditions



If you are between the ages of 18 and 50, you may qualify to take part in a research study of an investigational medication for Generalized Anxiety Disorder.

Every study conducted by California Clinical Trials is staffed by a team of skilled and experienced physicians and medical professionals trained to place your comfort and well-being first.

# If you participate, there is no cost to you...instead:

- You receive up to \$400 for your time and travel.
- You receive no-cost study-related medication and study-related medical care.
- No reports are made to employers, schools, or insurance companies.



858-571-1188

Toll-free 800-571-1188 www.cctstudy.com



# Are You A Night Owl Who Can't Fall Asleep Till Midnight (or Later)?

Who me? Yes, you, the one who is up most of the night. Have trouble getting up early in the morning? Feel like you could sleep all day and should say, "who, who" all night?

If you are healthy but have chronic problems falling asleep before midnight, you may qualify for a research study in our state-of-the-art sleep clinic and receive an investigational medication for poor sleep.

Every study conducted by California Clinical Trials is staffed by a team of skilled and experienced physicians and medical professionals trained to place your comfort and well-being first.

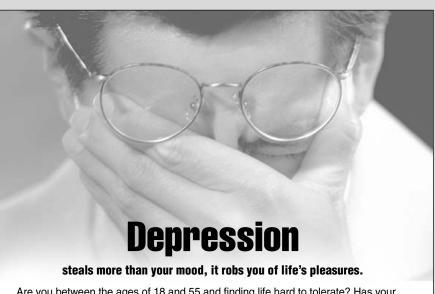
## If you participate, there is no cost to you...instead:

- You may receive up to \$2600 for time and travel.
- Receive no-cost study-related medication and study-related medical care.
- No reports are made to employers, schools, or insurance companies.



858-571-1188

Toll-free 800-571-1188 www.cctstudy.com



Are you between the ages of 18 and 55 and finding life hard to tolerate? Has your energy and motivation to enjoy your life decreased? Do you find even simple pleasures empty? If so, you may qualify to try an investigational medication being studied for depression.

California Clinical Trials has been assisting the pharmaceutical industry with finding new medications for depression. Every study conducted by California Clinical Trials is staffed by a team of skilled and experienced, caring physicians and medical professionals trained to place your comfort and well-being first.

## If you participate, there is no cost to you...instead:

- You receive up to \$500 for your participation.
- You receive no-cost research study medication and medical care.
- No reports are made to employers, schools, or insurance companies.



Toll-free 800-571-1188 www.cctstudy.com Finding Answers Together – Since 1982

Some state that you should boil the wheat flour for an hour, others say that two minutes will suffice. One lists the measurement of wheat flour as a cup, another as a mere three teaspoons.

The first recipe I try is chosen because the website it comes from is littered with info about graffiti,

spray cans, wheat paste, street art of every kind. The site offers grit and street authenticity.

I should've known the recipe wouldn't work. The site's proprietors are probably illeducated children.

Following the recipe, I mix one cup of wheat flour with one and a half cups of water, boil the whole

mess for half an hour, and am left with a lumpy gruel the consistency of still-wet concrete on everything. It dots my stove. Spoons engulfed with the viscous, brown glop lounge around my sink, and clumps threaten to clog the drain. My house smells as if a delirious grandmother boozed up on

sweet liquor and made dinner rolls with a secret ingredient, sadness.

Everything associated with that batch of paste — now crusted with a dried porridge I couldn't remove with a stone-grinder — has to be thrown in the trash. I have to start over. The irony of the situation is that I could've bought wallpaper adhesive but instead opted for the "inexpensive" alternative of a sack of flour and tap water.

A different paste recipe yields far better results. The ingredients are the same, wheat flour and water, but



instead of a cup of wheat flour, the recipe calls for three tablespoons. Instead of a half-hour of boiling, this time I give it ten minutes and let it cool. sloppy thickness, I'm not sure how well it will spread on a wall or window, but I spoon the mix into a plastic tub, lock a lid on it, and place the package

## Out-of-town conventioneers, don't let this happen to your city!

After the concoction stops steaming, I check its consistency. It seems redundant to say that it's "paste-like," but I can't think of another term. It's almost exactly like the white paste that weird kid in your secondgrade class used to eat — only my batch is brown and gritty, with specks of wheat grain.

Because of its

on the passenger seat.

So. The papers are made and rolled and stand at muster in a canvas bag, along with a blue-handled, sixinch-wide paint roller. The clumpy paste waits in the car.

Preparations are over.

Let's Vandalize My headlights feel along the darkened

RESEARCH STUDIES

### Are you taking one of these medications?



Seroquel (Quetiapine) Risperdal (Risperidone) Zyprexa (Olanzapine)

Medical researchers at UCSD are currently conducting an outpatient research study investigating an experimental drug (AZD3480) for cognitive deficits (problems thinking). We are looking for people aged 18-55 with schizophrenia who smoke cigarettes.

AZD3480 is an experimental drug not approved by the FDA. This drug is under investigation and being compared to a placebo (an inactive tablet like a sugar pill)

For more information call:

#### **1-866-UC PRICE**

(1-866-827-7423)

Medical evaluations and study drug will be provided at no cost. Eligible participants will also receive financial compensation for time and travel.

## qot diabetes?

Do you ever ask yourself, "Why me?"

Find the answer to this question, get to the source, and explore the mind's ability to heal the body.

Free initial consultation.

Call toll-free:

877-544-2774

### qot asthma?

Ever ask yourself, "Why me?"

Find the answer to this question and explore the mind's ability to heal the body.

Free initial consultation.

Call toll-free:

877-544-2774

Do you have **Atopic Dermatitis?** 



If you have Atopic Dermatitis, call us to find out if you qualify to be part of an investigational research study at our site. The study includes study-related evaluation, laboratory tests, and study medication at no charge.

Compensation for time and travel available.

Skin Surgery Medical Group, Inc. (858) 292-8641



## Schizophrenia

- **Bipolar Disorder**
- Major Depression

We may currently or in the future have inpatient and outpatient research studies involving investigational medications for the conditions listed above. Qualified participants will be compensated for time and transportation up to \$50.00 per day for each overnight hospital stay and up to \$100.00 for each outpatient scheduled visit.

(Some restrictions may apply to screening visits, inpatient stabilization days, and/or hospital discharge day visits.)

For more information call: (858) 566-8222 The California Neuropsychopharmacology Clinical Research Institute, LLC "CNRI, LLC"

### **Kidney Transplant Market Research Study**

We are looking for people who have had, or are on a waiting list for, a kidney transplant to participate in a one-hour interview. The discussion will concern your opinions about your condition and medications used. There is no sales or marketing involved. The interview will take place at our facility in Mission Valley on **April 8** 

If selected and interviewed, you will receive a \$100 cash honorarium for your participation. For more information please call:



619-308-2961 ext. 321

Please visit our website for our privacy policy: www.taylorresearch.com

empty shops, paperlined windows, and temporary plywood walls that line El Cajon Boulevard and University Avenue.

On a back street, I park the car in a darkened space, out of the line of sight of cameras perched along the rooftop and vigilantly recording the goingson about a nearby gas station.

I peel off the rubber lid of my plastic container, and heatscented steam rises to

fog the window and the cold plastic dash.

The paint roller wallows in the goop; it doesn't spin well. I coat the paint roller by hand-spinning it in the paste. Wheat-y glue clings to my fingertips, and I brush the slime off on my jeans.

I pop the door. I remind myself it's not unusual for a man to walk the street with a shopping bag and rolled-up paper. Only in my mind have I committed the crime.

#### RESEARCH STUDIES

### Do you have **Psoriasis?**



If you have Psoriasis, call us to find out if you qualify to be part of an investigational research study at our site. The study includes study-related evaluation. laboratory tests, and study medication at no

Compensation for time and travel available.

Skin Surgery Medical Group, Inc. (858) 292-8641

Trouble with dating? Parties? Public speaking? Starting conversations? Speaking to authority figures? Always worried about what other people think of you?

Confidential help is available. You may be eligible to

#### **Receive Free Treatment**

with computerized therapy as part of a research program.

Call: 619-229-3740 or e-mail: SDSUCUTA@hotmail.com http://nas.psy.sdsu.edu

CENTER FOR UNDERSTANDING AND TREATING ANXIETY

6386 Alvarado Court, Suite 301, San Diego



## **Excessive**

Are your worries excessive and uncontrollable? Do you experience fatigue, insomnia, irritability?

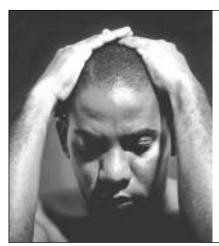
CONFIDENTIAL help is available.

You may be eligible to receive

#### tree treatment

as part of a clinical trial of a computerized treatment program at the San Diego State University Psychology Department.

Center for Understanding and Treating Anxiety Call: (619) 229-3740 http://nas.psv.sdsu.edu



#### Are you living in the shadow of bipolar depression?

We're working to bring future treatment options to light.

As a person with bipolar I, you know what it's like to live with the darkness of depression. So you may want to know about this clinical research study examining an investigational drug for bipolar depression compared to a placebo, an inactive substance, when used in combination with a mood stabilizer, if:

- · You are at least 18 years old · You have a history of at least one bipolar manic or mixed episode
- You have been diagnosed with bipolar I and are currently experiencing a depressive episode

Participation may last up to 12 weeks, and includes study-related care and monitoring from specialists in bipolar I, access to a mood stabilizer, and potential access to investigationa medication, all at no cost.

If you are interested inlearning more about this study, please call: contact:

(619) 688-6565

See our website: www.ari-inc.com



### Do you constantly worry? Every day?

- · Feel nervous, tense or "on edge" most of the time?
- · Have trouble sitting still or find it impossible to simply relax?
- · Between 18 and 65 years of age? · In overall good health?

If you answered yes to all of these questions, you may be eligible for our investigational drug research study. If you qualify and choose to participate, you will receive physician consultations, study-related medical examinations, laboratory evaluations and follow-up visits at no charge and you may receive study medication. Health insurance is not required and compensation for time and travel is provided.

If you are interested inlearning more about this study, please call: contact:

(619) 688-6565

See our website: www.ari-inc.com





#### Is your current Schizophrenia medication not working?

· Currently taking one of the following: Seroquel, Zyprexa or Risperdal for the

· Currently smoking at least 10 cigarettes per day? · Between 18 and 55 years of age?

If you answered yes to all of these questions, you may be eligible for our investigational drug research study. If you qualify and choose to participate, you will receive physician consultations, study-related medical examinations, laboratory evaluations and follow-up visits at no charge. You may receive study medication to be used in addition to the Schizrophrenia medication you are currently taking. Health insurance is not required and compensation for time and travel is provided.

If you are interested inlearning more about this study, please call: contact:

(619) 688-6565 See our website: www.ari-inc.com





#### Is waking up tonight affecting your tomorrow?

Do you or someone you know have trouble staying asleep? Is it affecting daytime activities? A study of an investigational medication is under way for people who have trouble staying asleep, characterized by waking up throughout the night (sleep maintenance insomnia).

To qualify for participation in this research study, you must:

Be at least 18 years old
 Have trouble staying asleep through the night
 Be impacted in your daily life by your sleep problems

If you qualify and choose to participate in this study, you will receive an initial consultation, study-related examinations and laboratory evaluations, all follow-up visits, and you may receive study medication at no charge to you. Compensation for time and travel provided.

If you are interested inlearning more about this study, please call: contact:

> (619) 688-6565 See our website: www.ari-inc.com





#### Sadness? Low energy? Trouble sleeping? Can't concentrate? These are symptoms of Depression!

#### Are vou:

- Between the ages of 18 and 70?
- In overall good health?
- · Currently experiencing these symptoms?

If you answered yes to all of these questions, you may be eligible for our investigational drug research study. If you qualify and choose to participate, you will receive study medication, physician consultations, study-related medical examinations, laboratory evaluations and follow-up visits at no charge. Health insurance is not required and compensation for time and travel is provided.

If you are interested in learning more about this study, please call:

(619) 688-6565 See our website: www.ari-inc.com





## **Smoking too** much pot?

#### WE WANT TO HELP YOU STOP!

Researchers at the Scripps Research Institute are working to develop treatments to help you quit smoking marijuana. This 12-week program involves medication.

For more information and to see if you qualify,

please call **858-784-7867** 

or visit www.pearsoncenter.org for more detailed information.



### Low Back Pain

#### Do You Wake Up to Pain?

If low back pain has you reaching for medication on most days, you may want to consider taking part in a research study. This study is comparing doses of two approved medications to see if they can improve chronic low back pain.

As a qualified participant, you will receive study medication and study-related care at no cost, and may be compensated for time and travel.

All participants will receive medication for their low back pain.

To qualify, you must:

- ☐ Be at least 18 years of age
- ☐ Have had moderate to severe low back pain for three months or more
- ☐ Take medication for low back pain at least four days a week



Please call: 760-639-4378

North County Clinical Research

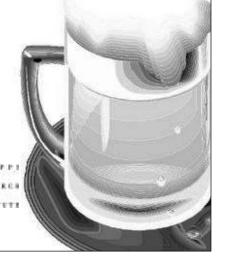
## **Attn: Heavy Drinkers**

Researchers at The Scripps Research Institute are working to develop new treatments for people with alcohol problems.

Is your current alcohol use causing problems with your family, your work, your life? If you want to stop drinking, The Pearson Center for Alcoholism and Addiction Research is conducting a clinical trial to help you reach that goal.

Qualified participants receive lab tests, medication or placebo, individual counseling and compensation for travel. All information is confidential.

Call: 858-784-7867 (STOP) Or visit: www.pearsoncenter.org



I'm not yet a criminal.

Buses glide down the street, their headlights blaring onto my jacket, and I hide my face. At the bus stop I sit and wait for a moment in which traffic desists.

I strike.

I return to the car and drive to the next area of opportunity.

A man walks his dog through a nearby park, and I wait patiently for the mutt to sniff and piss on every available surface from the playground to the trash can along the sidewalk, on the edge of the park, where I'm standing. My mind repeats, "Come on, buddy. It's freezing out here. Get your damn dog inside so I can do this."

I breathe into my clasped palms to warm them.

I strike.



Little Italy sidewalk plaque

I return to the car and drive to the next area of opportunity.

In the quiet cold of the car, I sit and wait

out a line of other cars let go by a traffic signal. I startle, jerking at the sight of red-andblue lights and the wail

RESEARCH STUDIES

## Do you have moderate or severe atopic dermatitis?

If you have atopic dermatitis on at least 10% of your body and you are at least 18 years of age, you may be eligible for a clinical research study.

You may qualify if you have: moderate or severe atopic dermatitis on at least 10% of body surface area.

#### Please call **University Clinical Trials at** (619) 202-0173 to see if you qualify for this study.

Qualified participants will receive study-related medical exams and investigational medications at no cost. Compensation for time and travel may be provided.

Medical insurance is not required for study participation.



## **Always** worrying? **Anxious? Panic** attacks?

### You may qualify for free psychological treatment.

Researchers in the Department of Psychiatry at UCSD are conducting a brain imaging study that provides free psychological treatment to individuals experiencing excessive worry or panic attacks. Compensation is provided. You must be between the ages of 18-55, a nonsmoker, and **not** currently taking psychiatric medication. Other eligibility criteria apply. Please call 858-534-6445 for more information and to see if you qualify.



## Are YOU Postmenopausal?

If so you may qualify for a medical research study at Covance.

Covance san Diego is looking for women who are:

- Healthy & postmenopausal for at least 12 months
- Age 40 65
- Non-smoking for at least 3 months
- Able to complete a 6-day/5-night stay, plus 11 outpatient visits

Participants will receive all study-related exams and investigational medication at no cost and may receive up to \$5,000 for time and participation.

### COVANCE

9665 Chesapeake Dr., Ste 200 San Diego, CA 92123

Please Reference Study 207547

TestWithTheBest.com or 866-818-3253



DEPRESSION BIPOLAR DISORDER

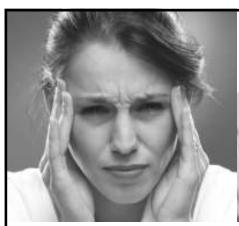
are currently enrolling men and women into inpatient and outpatient studies.

> Eligible participants may receive all study-related care at no cost, and may be reimbursed for time and travel.

Participation is confidential and trials are safely conducted under the supervision of experienced physicians and research specialists.

To learn more, please call the Sharp Mesa Vista Clinical Research Center at (858) 694-8350.

Clinical Research Center





## Got Migraines??

Is Fioricet or Fiorinal...Not Enough??

Are migraine headaches interrupting your life...and medication, like Fioricet or Fiorinal, used in the past just not working? Consider this research study comparing an investigational oral medication and a presently marketed treatment for migraine headaches.

- Male or female, 18-65 years of age
- Have a history of diagnosed migraines with at least one episode
- Taken Fioricet or Fiorinal for at least one migraine recently

Participants receive at no cost:

- Examination by a board-certified physician
- All study-related medication
- Compensation for your time and travel

MEDICAL CENTER FOR CLINICAL RESEARCH MISSION VALLEY

Call: 619-521-2841

of a siren. The announcement of police presence lights up the interior of my hysterical car, reflects in my mirrors, and causes me to panic.

The cop car passes,

and I reach for the door handle. On the cross street ahead of me another police car appears, flashing and wailing for the moment it takes for him to cross the intersection a hundred yards ahead of where I'm parked.

I wait another minute and then reach for the door handle. I grab the bag with the wheat paste–slimed roller and a poster. A cross street in my rearview mirror glares with the lights of a third cop car.

I open the door.
I strike.
I close the door. A fourth cop car jolts

into and out of view.

I pull away from that cursed spot.

I drive home.
I won't say what I did at those three areas or where they are.

I will say this: I

have vandalized.

My apartment smells like sad muffins, but it's warm inside, and my chances of being arrested decline sharply as I close the front door and latch the deadbolt.

That was my first public defacement, and I hated every second of it. Fire alarms rang in my head from the moment my car pulled away from the curb, laden with damning evidence, until it rolled back into its parking spot, little over an hour later

Perpetrating societal harm is a frightening, cold, and lonely act.

Driving the next day for work responsibilities, I tour San Diego's worst offerings of public art. Sprinkled around the downtown area, these concoctions of paint, metal, and stucco blight the cityscape I love. When I pass them, I think of the poor visitors to San Diego who might happen upon them and leave here to tell everyone back home that San Diego is a wonderful place, with bright, warm people and a natural beauty rivaled by few places in the world, and it is equally notable for its display of hideous communal

creations. First on the Ugly Art Tour of San Diego is the amateurish Engagement. This sculpture looms over the traffic island near the airport, at the corner of Laurel and Harbor. The structure consists of two aluminum hoops, thin and cheap looking. Bolted crudely to the tops of the hoops are plastic cubes that look like those lopsided birdhouses that resemble gigantic diamonds. Oxidized, frail, temporary, crude, and bland,

#### RESEARCH STUDIES



## Participate in Our Research Studies

# If you are one of the 15 million adults affected by depression, you may be eligible to participate in a research trial of a new investigational medication now being studied.

You may be eligible for the study if:

- You are between the ages of 18 and 65
- You are currently experiencing symptoms of depression, and have been previously diagnosed with depression

All qualified participants will receive study-related care and study medication at no cost for up to 14 weeks.

To find out if you qualify for this study or for more information, please call Excell Research at:

760-806-9200

# Do you suffer from schizophrenia?

Do you hear voices or see things that other people don't?

Do you feel that people are following you, talking about you, or are out to get you?

You may be eligible to participate in a research study. Compensation of up to \$2000.

Call us for more information: **760-806-9200** 





BOARD-CERTIFIED PSYCHIATRISTS PROVIDING EXCELLENT PATIENT CARE AND QUALITY RESEARCH

3998 Vista Way, Suite D, Oceanside, CA 92056

## Healthy?

Generations of men and women have helped in

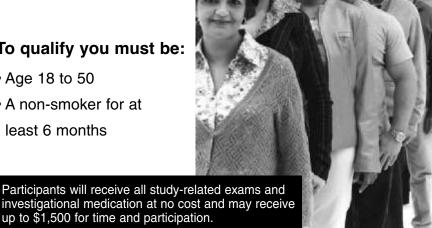
the development of new medical

advancements for those who need it most...

you could help too.

#### To qualify you must be:

- Age 18 to 50
- A non-smoker for at least 6 months



Think you can help? Great! Then call 866-818-3253 or visit

TestWithTheBest.com today.

Please reference Study 7978-111



9665 Chesapeake Dr., Ste. 200, San Diego, CA



## Worry Too Much?

- Are you afraid of being embarrassed or being judged by others?
- Do you avoid social interactions, relationships or jobs because you fear criticism or rejection?
- Do you dislike being the center of attention?
- Are you self-conscious dealing with authority figures?

If you answered YES to any of the above, you may be eligible to participate in an experimental research study comparing several study drug options for social anxiety. Medical assessment and clinical care are provided.



For more information, please call:

1-877-UCSD-SHY (1-877-827-3749)

or e-mail: veryshy@ucsd.edu Visit our website at: www.veryshy.org



## CONSTIPATIO

#### Straining All The Time...Doesn't Matter What I Eat

A 9-week clinical trial for men and women between 18 and 75 years of age who struggle with the discomfort and straining associated with chronic constipation is underway. An oral investigational medication is being studied to evaluate the safety, tolerability and effectiveness in adult subjects with chronic constipation.

#### To possibly qualify:

- Male or female, between 18 and 75 years of age
- Have a history of chronic constipation (fewer than 3 bowel movements per week) for at least 6 months
- No history of abdominal surgery or abnormal EKG

#### Participants may receive at **no cost**:

- Study-related exam and consultation with a board-certified specialist
- Study-related labs, EKG and study medications
- Compensation for your time and travel

#### Interested, call:

619-521-2841

Medical Center for Clinical Research



## ARE YOU A NIGHT OWL?

#### Do you go to bed at a late hour?

If so, you should know about a research study of an investigational medication for the treatment of Delayed Sleep Phase Syndrome (DSPS).

#### Qualified Participants Must:

- . Be 18 and older
- . Go to bed later than you would like

#### Qualified Participants Will Receive:

- · All study-related care, exams and study drug at no charge
- . Compensation for time and travel

PACIFIC SLEEP For more information on these and other clinical studies: call (toll free) 1.866.410.6767 or visit www.AvastraClinicalTrials.com





the "engagement" rings pop into view like a warning on the drive from the airport to downtown. Out-of-town conventioneers, take note. Don't let this happen to your city! (I'll let you speculate as to what these awful things might mean to the institution of marriage.)

Unconditional Surrender occupies the second slot on the Horrific and Shameful Tour of **Odious Desperation** list. All 25 feet and three tons of Unconditional Surrender guard a part of downtown waterfront called "Tuna Harbor." It is the giant statue of a sailor kissing a nurse, the recreation of a 1945 V-J Day photograph featured in LIFE magazine. For this sculpture, King Kong proportions and a classic-movie colorization treatment replace the

intimacy and grainy black-and-white of the original. There isn't a miniature mall flowing with tacky souvenirs on display beneath it, but the hawking of such plastic trinkets wouldn't feel out of place.

Finally, on the Gross Misappropriation of Public Funds Italy Association and the Commission for Arts and Culture plunked down four red-and-white, oddly symmetrical tables fitted with bronzed food and recipes on how to make the depicted bronzed food.

Bronzed food — have you ever seen bronzed

# Bronzed food looks exactly like rotten food.

for the Uglification of San Diego Tour we come to the most disturbing of sculptures. On the corner of State and Date in Little Italy you'll find what was once one of our prettiest little parks, Amici Park. That is, until 2001, when the Little food? It looks exactly like rotten food, only grosser than the real thing. So, there sit four tables with bronze plates heaped with brown, corroded, metallic artichokes and fish tacos. Dotting the sidewalk concrete around the park are

HEALTH AND BEAUTY



"In my lifetime I've had over nine surgeries and never had I felt like a family member until meeting Dr. Sarosy and his staff. Wonderful people!!"

-Patty S., El Cajon

"I found Dr. Sarosy and his team to be the most professional and warm, compassionate people. Thank you, everyone!"

- Carmen P., San Diego

#### Specials good through April 1

'Some weight restrictions apply. Garment & lab additional.

#### Ask about our other services, including:

- Liposculpture Tummy tucks Facial & spider vein treatment
  - Lunch-hour mega peel Chemical peels
  - Laser hair removal Face & eyelid lifts
  - Elimination of wrinkles around eyes
    - Botox, Juvéderm & Restylane
  - Fotofacial $^{\text{TM}}$ (improves sun-damaged skin and rosacea without downtime)
    - Facials, peels, waxing

And a full line of skin care products

## Vein&Liposculpture

Certified by the American Board of Surgery
8881 Fletcher Parkway, Suite 241 ~ La Mesa ~ 619-697-1325
www.veinlipocenter.com ~ Financing Available



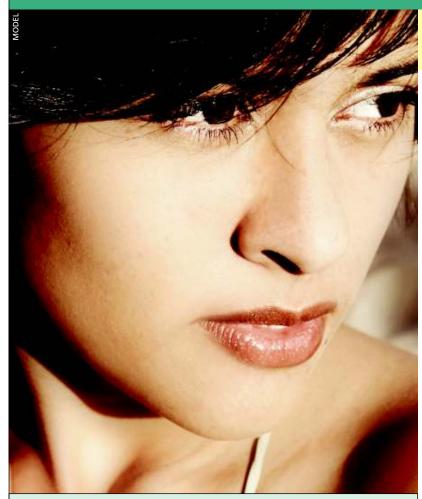
2 San Diego Reader March 20, 2008

patient

& mode

# Laser skin care

Call for a Complimentary Consultation & Free Skin Analysis (\$50 value)



## **Special Offers**

March Special

## Photofacial & Laser Collagen Rejuvenation

\$359\* Reg. \$449

Photofacial effectively improves the visible signs of sun damage and aging. It promotes a smoother, more even skin tone with less redness, decreased flushing, diminished blood vessels, and more balanced pigmentation. Treated skin has a natural, more youthful appearance.

Laser Collagen Rejuvenation is the most advanced non-invasive (non-destructive, no skin injury) laser treatment for the softening and removal of fine lines and wrinkles to leave the skin looking younger, smoother and healthier.

> \*Price per treatment with the purchase of a package of five. Cannot be combined with any other offers or coupons. Expires 3/31/08.

#### **Laser Hair Removal**

Call for other areas.

#### **BOTOX**®

Wrinkle reduction treatment. Entire forehead, glabellar (1 area), crow's feet (both sides). All 3 areas if injected same day are only \$595.

#### **Wrinkle Fillers**

#### Juvéderm™

For fuller lips & deep wrinkles. Best wrinkle reduction treatment available today! First syringe \$369

#### **Restylane®**

To smooth away facial wrinkles. First syringe \$369

#### **IPL® Photofacial**

For rosacea, redness and flushing.

\$239\*

#### **Masks and Peels**

Cosmelan - For treating pigmentation disorders and melasma Jessner's Peel - For treating acne and scarring Cosmelan acne - To regulate oily and acneic skin

\*Price per treatment with the purchase of a package of 5. Cannot be combined with any other offers or coupons. Expires 4/5/08. \*\*With the purchase of a first syringe at \$369

\$0 Down & 0% Interest • No Payment for One Year (OAC)

## Just For Men

#### **Laser Hair Removal**

Chest \$179\*, Upper Back \$199\*







Farzad Yaghouti, MD Medical Director

## 1-866-BEST-LOOK

(1-866-237-8566) • www.GlobalLaserCosmetics.com 6950 Friars Road, Suite 100 • Across from Fashion Valley Mall Se Habla Español • Promo code: RDR0320



#### **Lose pounds & inches FAST! FAST! FAST!**



#### **Rodex Forte**

Vital link for energy and metabolism! Call for details!

Our doctors and nurses have changed thousands of lives for the better, which is why our program has been #1 in San Diego. We can help you take off those extra pounds and keep them off. Make that call now, and you will be on your way to a We'll show you how.

#### Free Consultation **sula** \$50 Off **Initial Fee**

#### A DOCTOR'S WEIGHT LOSS CLINIC

Clairemont (858) 279-7060 • East County (619) 440-8171 Carlsbad (760) 721-7088 • Chula Vista (619) 476-0060 Murrieta (951) 894-7737 • Moreno Valley (951) 784-5336

\*Individual weight loss may vary. 4weightclinics.com

little plaques engraved with trite phrases pertaining to food, like "Only the pure in heart can make a good soup. — Beethoven" Yes, that Beethoven, possibly suffering from bipolar disorder and suicidal tendencies and never described as "pure in heart," though an apparent soup-lover: Beethoven.

The funniest of the little plaques around Amici Park is one attributed to a Sicilian proverb. "The less things change, the

more they remain the same." Either the Sicilians are blander and blunter than I give them credit for, or the plaque is misquoting a cliché attributed to Alphonse Karr: "The more things change, the more they remain the same."

house with a bucket of black paint and a bag of brushes. I'd love to slather a thick coat of pigment over each of these eyesores. I'd love to make newsprintpaper posters of rocket pops and completely

I'd love to leave my

cover these horrid works and give the passing people — people flying to Tulsa, people driving limousines, people settling in for a picnic with a friend — something that would lift them from drudgery and fill them with the whimsy of childhood.

And I might. I know I said I wouldn't deface others' artwork.

But, what do you want?

I'm a vandal. ■

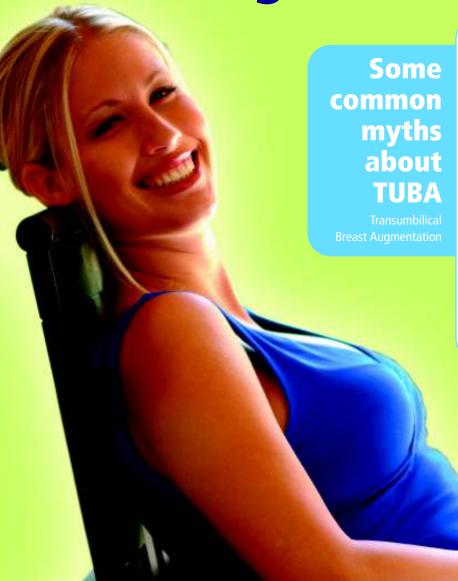
— The Rocket Pop Street Artist

HEALTH AND BEAUTY

# Transumbilical

We specialize in this highly popular through-the-navel procedure.

Breast Augmentation A Better Choice!



**MYTH #1:** Asymmetry is a likely occurrence in patients who have the TUBA procedure.

TRUTH: It is the skill and experience of the individual surgeon, not the approach, that plays a large role in helping to decrease apparent asymmetry. Correct selection of implant size and proper placement will assure good symmetry.

MYTH #2: Implant manufacturers do not warranty their implants when inserted transumbilically.

TRUTH: This is one of the most common misconceptions regarding the TUBA procedure. The implant is treated in the same manner as with all other approaches.

MYTH #3: Patients can only have their implants positioned OVER the muscle when electing to have their surgery performed through the navel.

**TRUTH**: Dr. Shumway often recommends the under-the-muscle placement in patients who have little or no natural breast tissue, regardless of the surgical approach being used for augmentation. Patient preference and lifestyle often dictates the approach used and whether the implant is placed under or over the muscle.

Spring Special \$500 off any surgical procedure

## Also offering:

Custom Procedures for Women & Men • Face Lifts Liposculpture • Nose Reshaping • Laser Skin Peels Brow/Eyelid Lifts • Wrinkle Fillers & Botox

Consultations by appointment. Evening and weekend appointments available.



#### Robert A. Shumway, MD. FACS

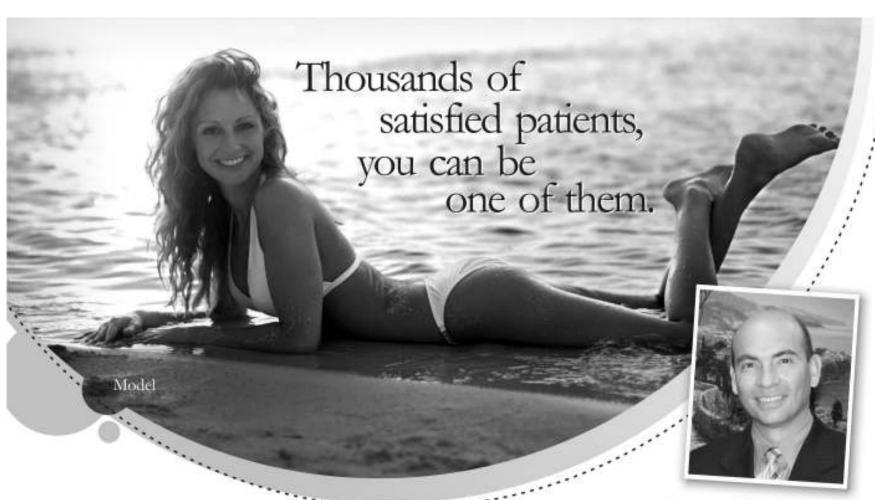
9834 Genesee Ave., Suite 225 Scripps La Jolla Campus

888 401 3685

www.shumwaycosmeticsurgery.com

San Diego Reader March 20, 2008

MODEL



- Breast Augmentation
- · Breast Lift
- · Breast Reduction
- Tummy Tuck
- · Liposuction
- Mommy Makeover
- Fat Transfer
- Body Contouring After Major Weight Loss

- · Face & Neck Lift
- · Eyelid Surgery
- · Brow Lift
- Nose Reshaping
- Ear Surgery
- · Facial Peels & Laser
- · Restylane\* & Perlane\*
- · Botox®
- · Labial Reduction



RON G. SOLTERO M.D., F.A.C.S www.solteromd.com



JON S. WILENSKY M.D. www.wilenskymd.com



A CONSULTATION
1-888-669-8949

Aggressive financing available & CareCredit



## Professional Plastic Surgery

4510 Executive Dr. Suite 105 La Jolla / UTC Area

### **Couldn't Be Better**

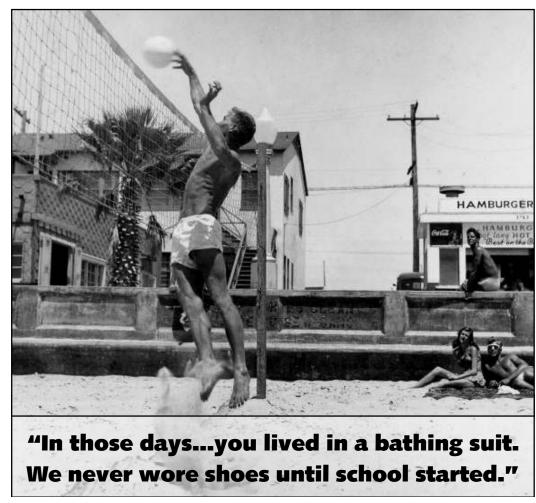
### The Ed Teagle Story

"We never had speed down here," Verne Dodds remarked. I nodded, agreeing with my former JV basketball coach, going back 40 years and more to our shared town of Imperial Beach. Mostly sons of Navy enlistees or construction workers, our local athletes were also mostly white, strong, deft, gritty, but cursed with those awful slow-twitch fibers and the wrong calf-to-thigh ratio for sprinting. Yes, we had guys who could throw and catch, dribble and shoot, pitch and hit with consummate ease, but rare was the kid who could spring out of the starting blocks and accelerate through all four

time that would rank high in the county.

gears to the tape in a

So when Ed Teagle arrived in 1957 as the new head track and field coach of Mar Vista High School, he wouldn't find a stable of thoroughbreds. In fact, it was quite the same piebald mix of mustangs and plow horses that he had trained for the past four years at San Dieguito High School. Still, at age 26, the coach had produced a league champion in his first year at the Encinitas school and amassed an impressive 50–19 dual-meet record over four years. "As a track coach, he had no peer," says Al Southworth, veteran track coach and Teagle's assistant at San Dieguito High from 1955 to 1957.



Ed Teagle (foreground) Mission Beach, early '50s

Teagle's career win-lose-tie record of 193–42–2 was indeed remarkable. Those numbers, and the 14 league championships he mustered over 24 seasons, caught the eye of Bobby Kennedy, a legendary baseball coach from Chula Vista High, who nominated his colleague for the San Diego High School County Coaching Legends. On November 14, 2007, Teagle joined about 120 other recipients, whose careers date from the turn of the century, in that exclusive club sponsored by the San Diego Hall of Champions.

Al Southworth adds, "More important, he was a great human being."

My first encounter with Ed Teagle came through happenstance: the 1962 National City Jaycee Relays. I loved watching track meets, and on that crisp Saturday morning I was one of some 50 people in the gray wooden bleachers of Sweetwater High. A ninth-grader, I had hitched a ride with a friend old enough to drive. Teagle and his assistant happened to ensconce themselves right behind me. I held in awe all of Mar Vista's coaches, but Teagle had a special place among them. He was the athletic director and had winning teams, and for an adolescent like me he had charisma. A certain alacrity, an openness. And now here he

HEALTH AND BEAUTY

## Cure hair loss in one day—permanently!





Look 10 years younger with a full head of hair. Your growing hair is grafted to replace what you've lost. We achieve incredibly natural results by using single follicle and angular placement. Experience unparalleled artistry by Dr. Ross, one of only three physicians in San Diego County recommended by the American Hair Loss Council and IAHRS.

**Free consultation.** To give you the attention you deserve, we only perform one procedure per day.

 $Dr.\ Ross\ has\ successfully\ transplanted\ millions\ of\ follicles.$ 

## RMHR/

#### ROSS MEDICAL HAIR RESTORATION, INC.

Brandon M. Ross, M.D., M.B.A., M.P.H. 4150 Regents Park Row, Suite 245 La Jolla • 858-546-0060 • www.RMHRI.com

### 90 days free Propecia

Minimum 1,000 grafts. Through March 31, 2008.

6 San Diego Reader March 20, 2008



### Free eye exam

Complete exam with state-of-the-art diagnostic equipment. No obligation.

## \$0 down, 0% interest for 18 months

- Over 40,000 procedures performed
- Intralase All-Laser LASIK
- 4 different lasers on site equals more choices and better treatments

## 50% off LASIK!

Use your flexible spending account before the end of the year. We'll show you how.



## **Kawesch Laser Centers** 1-888-266-3914

4520 Executive Dr., Ste. 230, San Diego, CA 92121 • 10884 Santa Monica Blvd., Ste. 200, Los Angeles, CA 90025 www.KaweschLaser.com



## **Free Laser Hair**

### Free Microdermabrasion\*

Exfoliates dead skin makes skin shiny and beautiful. Reg. \$65.

\*A \$10 donation is required which will go towards fundraising efforts for the San Diego Fire & Rescue Dept.

Free treatments are for new patients only. One treatment per person. Offers expire 4/3/08.

#### **Other Laser Hair Removal Treatments**

Lip & Chin \$79 • Bikini & Underarms \$99 • Full Legs \$299 Full Back \$299 • Chest or Abdomen \$149 Per treatment. Package discounts available.

#### Restylane \$449/cc

Fills in lines and wrinkles

Botox \$145/area Smooths wrinkles on upper face.

Perlane \$499/cc

Fills deep lines and wrinkles.

IPL Photofacial \$249

#### Combo Microdermabrasion & Ultrasonic Pore Cleanser \$99

Per treatment. Package discounts available.

#### Free consultations.

Must present coupon at time of visit. Not valid on prior purchases. Specials may not be combined with other offers.

www.sdbodyimaging.com



#### **Institute for Aesthetic Medicine**

9339 Genesee Avenue, Suite 260 (Near University Towne Centre Mall) P. Scott Ricke, M.D., Medical Director Saturday and evenin

858-678-0220

The California Institute for Aesthetic Medicine, a Medical Corporation.



2 years 0% interest

7930 Frost St., Suite 203, San Diego For more information, visit us at ILHT.com Open Saturdays. Financing available.

Natural, permanent, painless, affordable

## Hair **Transplants**

Regrow your hair again with Dr. Shagufta Khan, M.D. (American Board of Cosmetic Surgery), world-renowned for her artistic touch, unmatchable hairline and density. Over 25 years' experience.

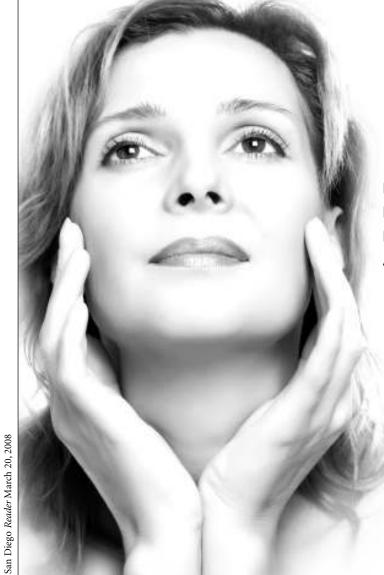
> **3000** hairs \$2999\*

> > Regular price \$6000. Offer expires 4/21/08.

For a free consultation: 1-866-751-2182



\*3000 grafted hairs is the equivalent of 1200 grafts. FIT technique offered at a separate pricing scale. Please call to inquire. OAC



## La Jolla Medi Day Spa

A PREMIER SKIN AND LASER CENTER

## Let's face it...we all want beautiful, younger looking skin. We can help you achieve it!

Botox per unit	IPL/Photofac
Restylane First-time clients only \$399	
Radiesse Long-lasting filler \$495	Jessner Peel
Artefill Permanent filler\$995	Vitalize Peel

IPL/Photofacial	(1 treatment) <b>\$275</b>
	(5 treatments)\$1000
Jessner Peel	\$100
Vitalize Peel Indivi	dualized PCA peels\$100

Also offering custom facials and massage therapy

Sclerotherapy and Laser Vein Treatment 15-minute treatments ......\$150 Tumescent Liposuction .......from \$2000\*

\*Neck treatment only

#### ActiveFX starting at \$1000

Permanent skin rejuvenation. One-time treatment with minimal downtime.

As seen on Fox in the Morning and San Diego Living



#### Laser Hair Removal

Lip\$7	5	Bikini	\$75
Chin\$7	5	Brazilian\$	14(
Full Face\$19	5	Full Back\$2	275

Chest/Abdomen ...\$425 Underarms ......\$75

Roy David Amir, MD, Medical Director 3252 Holiday Court, Suite 206 • La Jolla • 858-658-0999

was, so close I could hear him talk. I recall how animated he was. Studying the whirling hand of his stopwatch, he spewed predictions, fears, and chortles of amusement. As if he were a field general, his athletes always knew his whereabouts, jerking their heads in his direction whenever his shrill whistle split the air like a javelin. This was Teagle's unique signal to attention, emitted from his own stretched lips and gushing lungs, a clarion call followed by a yell of encouragement to one of his athletes, who might be nervously anticipating the starting gun seconds away, or exhausted and facing his last excruciating lap.

Two years later, only weeks into the season, I was high-jumping on Mar Vista's track team when I landed badly and broke my wrist. I decided to concentrate on my major high school sport, basketball, which led me to volleyball and a playing career that took me to Europe for several years. More years passed, until one day in the mid-'80s I was invited down to La Jolla Shores for a local volleyball event. It was there that I happened upon my old track coach, browned, bearded, his hair grown out from that familiar flattop. The tenor of our conversation changed, as two decades of time had now made us peers. He knew of my career; in turn, I was surprised to learn that he also had been a volleyball player in his youth. Later, I learned that he was considered the first great beach volleyball player of San Diego. He spoke of his early retirement from teaching at age 55 and of his current idyllic life split between Mazatlán and the Shores.

There was a good reason for the early retirement. A year or two after that sundrenched reunion, Ed died of cancer at age 59.

Teagle's father Leslie married Helen Glabb in 1926, and a son was born in Seattle in January 1927. In less than a year, the couple divorced. Intent on a new start, Helen took her young son to San Diego, where she paid the rent by cleaning homes. Eventually they settled in a smallish beach dwelling on Salem Court in Mission Beach. More shack than house, Helen provided

for Ed as best she could, and at the end of a long day of scrubbing and mopping, couldn't be blamed for ambling over to a nearby tavern. She found a man named Jake with whom she enjoyed sharing draft beer and, in time, her home.

Although Leslie Teagle would go on to establish a successful restaurant in Seattle, remarry, and have a daughter, he didn't contact his son Ed for several years.

Freckled and fair-haired, Ed Teagle soon learned that outside his mother's cheerless abode waited a paradise. In those prewar days, the part of the beach with the most action was at the end of Redondo Court in Old Mission Beach. Teagle haunted it daily. There, Phil Prather, a kid arrived from Kansas in 1941, dove into

the ocean for the first time and surfaced to find his homesickness for the Great Plains gone.

"In those days," Prather remembers, "you lived in a bathing suit. We never wore shoes until school started." At low tide, the rocks north

of Bird Rock were full of lobster waiting to be plucked, and the limit of five abalone was so easily achieved that Prather recalls his mother's complaint, "Oh no, not more abalone!"

In the bay, a few hundred yards away from

HEALTH AND BEAUTY



#### **Voted Best Medi-Spa** 2007 CitySearch

## Revive Yourself!

#### \$100 Off 1-Hour Teeth Whitening

Faster and brighter than Zoom and BriteSmile with less sensitivity. Performed by a dentist in a relaxing spa setting. Regularly \$299.





### Botox \$175 (per area)

#### All three areas \$450

Frown Lines, Forehead Wrinkles & Crow's Feet. Bring a friend and you each receive an additional \$25 off. Performed by a physician.

Before







(Price slightly higher for men.)

#### Juvederm \$379 (per syringe)

Smooth and natural results that last longer than Restylane, up to one year! Receive an additional \$50 off with two or more syringes. Performed by a physician.

Before





After

#### 50% Off Laser Hair Removal

Lip or Chin \$50 • Bikini Line \$85 • Brazilian \$140 Underarms \$75. Lower Arms \$110. Full Arms \$165 Full Back \$275 • Lower Legs \$165 • Full Legs \$330

(Discounted Single Treatment Prices)

No package purchase necessary! Pay as you go or buy five and get one free. Effective and safe on all skin types.

Med Spa • Teeth Whitening • Skin Care • Massage Waxing • Hair Studio • Cosmetic Bar • Nail Lounge

re:vive salon & spa

1425 Frazee Road, Mission Valley 1.866.537.0691 \* www.revivesalonandspa.com

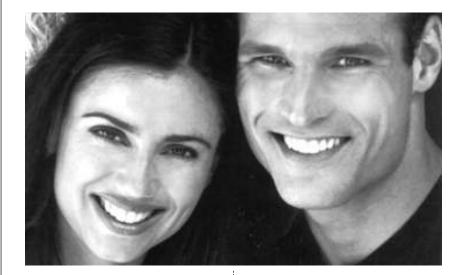
Owned and operated by: Vishal Verma, M.D. and Vinita Parekh, D.D.S.

Some restrictions apply. Not valid with any other offers. Call to schedule a complimentary consultation.

### **Zoom!**\* Teeth Whitening \$195

(Advanced)

Includes one Zoom! Advanced session.\*



## Free Lifetime Teeth Whitening\*

with exam, x-rays and cleaning.

#### **Free Consultation!**

On any dental procedure.

#### Lumineers & Veneers from \$700°

Invisalign® \$89

Per month. Call for details.

#### **SUNSHINE DENTISTRY**

4230 30th St. • 1-888-715-4398 • sunshinedentistry.com

Interest-free financing OAC. \*Call office for details. Expires 4-21-08.

Prather's house, flounders covered the bottom, and clams and scallops abounded just under the sand. Today when the 81-year-old Phil reminisces about that era, his face shines: "Man, what a time."

When school started,

Teagle and Prather, already best buddies, walked into La Jolla High School as sophomores. "Ed and I were so close that sometimes the teachers would call us by each other's names." Both were athletes, Teagle starring on the football and track squads, Prather excelling at basketball as well. As a junior, footballer Teagle was selected as All-City First Team and Second Team Southern California. With the arrival of June, says Prather, "the athletes from all the San Diego high schools and San Diego State came down to the beach. That brought the girls." For the active, it was take your pick: Touch football on the sand was the game du jour, but there were rings and bars and even bodybuilding to impress the females. Beach



Verne Dodds and Ed Teagle, Coaches, Mar Vista High School, c. 1965

volleyball and bodysurfing were favorites of the locals.

In 1941, graduating high schoolers began trading in their trunks for GI khakis or navy bell-bottoms. As World War II turned life upside down, more ablebodied men joined up, leaving job vacancies for women and teenagers. In the summer of '43, the age for San Diego County lifeguards was dropped from 21 to 17, and

Teagle and Prather were two of the chosen ones; already star athletes, the affable duo's stock went up further as they stalked the beaches in their official garb and lifesaving gear. Not for long. Soon after graduation in 1944, Phil Prather enlisted in the Navy. Needing extra credits, Teagle graduated the following semester in January, then found himself on a U.S. Navy ship headed to the Pacific. The

HEALTH AND BEAUTY

## Free Hair Transplant

#### Free Hair Transplant offer ends March 29, 2008.

Buy 2500 Follicular/Grafts at \$3 each, get 200 more FREE! Buy 2000 Follicular/Grafts at \$3 each, get 175 more FREE! Buy 1600 Follicular/Grafts at \$3 each, get 125 more FREE! Buy 1200 Follicular/Grafts at \$3 each, get 100 more FREE!

\*Cannot be combined with other special offers. First-time patients only.

magine hair restoration results so impeccably natural no one may ever guess you had surgery. Patient results come first at New Look MD. Permanent, painless and affordable results. One session results, using the latest technique. Instead of minimum coverage where you must come back again and again, we deliver maximum density medically safe, for a full,

completely natural look.

#### Natural-Looking Results

## New LookMI

888-290-6526

<u>La Jolla/Scripps Hospital</u> 9834 Genesee Ave., Suite 428 La Jolla, CA 92037 <u>Oceanside</u>

2103 El Camino Real, Suite 101 Oceanside, CA 92054 www.NewLookMD.com People become suspicious when they hear of someone offering the same, or even a better service for less.

Instead of charging what the market will bear, our fees are fixed, so you never have to worry about a price increase. There are no extra charges.

Instead of "baiting" you with a low estimate...we take measurements. You receive a complete treatment plan in writing. No confusing terms or numbers.









Non-Surgical Face-Lift

#### "THERMAGE"





Non-Surgical Tummy-Tuck

#### "THERMAGE"





Non-Surgical Neck-Lift



### www.BodySolutions.TV

Call For A FREE Consultation! Se Habla Espanol!

#### OTHER LOCATIONS:

Manhattan, NY . Westbury, NY COMMACK, NY . HOLBROOK, NY

Mon. to Fri. 9am-9pm Sat. 9am-7pm



New! Therma Tip™ for cellulite treatment Get ready for summer with smoother legs and thighs!

\$500 off per area. \*With the purchase of 2 or more areas.

Total-FX Fractional CO, Laser For Face, Neck and Chest

Look 5 to 10 years younger without surgery! \$500 off face treatment.

> Active FX-CO, Laser \$1500 "face treatment only.

Fraxel II Laser® \$750 per treatment. \*With the purchase of a package of five.

ArteFill® permanent wrinkle filler

Why pay for fillers every 4-6 months? \$250 off 2nd syringe. Plus an additional \$150 off coupon

#### Radiesse®

An unwanted hump on the bridge of your nose?

Try a Nose Job without Surgery!

\$580 1.3cc syringe or \$250 0.3cc syringe

#### Thermage and ArteFill Seminar! Wednesday, April 2nd, 6:00pm

Thermage has the Technology - and WE'VE got the Expertise!! Come and join us and learn about the latest techniques in Skin tightening and permanent fillers. Live Demonstration, Appetizers, Refreshments and a Drawing for a FREE Artefill 0.8cc syringe. Limited space - call now to RSVP!



Before Tummy Thermage

2 month post Tummy Thermage

#### LA JOLLA COSMETIC LASER CLINIC

Nasrin Mani, M.D. Founder & Medical Director

1111 Torrey Pines Road, Suite 102, La Jolla, CA 92037 Mon.-Fri. 8 am-7 pm Sat. 8 am-5 pm Free Parking Gift Certificates & Major Credit Cards CareCredit\* (Payment Plan) Se habla español

858-454-2700 or www.LaJollaLaser.com

war ended within a year and both returned to San Diego to resume their lives. Prather found a job. Ed Teagle entered San Diego State. Not that they abandoned San Diego's golden summers. In fact, fun in the sun and sea reached a new level after the horrors of war. "There was a lot more drinking and smoking," Prather recalls.

Ed Teagle married his sweetheart Evie Parchen in 1946; she'd been prom queen their senior year. Says Prather, "She was Ed's girl all through high school." Also the product of a rough-and-tumble childhood, bounced from relative to relative all over San Diego, the winsome girl shared her boyfriend's sunny outlook. As a young father, Teagle juggled a lot of balls: a college student, he also worked afternoons at Criscola's liquor store, then life-guarded at night, using dead time to pore over his textbooks. By 1950, he was supporting a wife and two kids. He still pursued his love of track and field at

SDSU, excelling in pole vault, javelin, and hurdles. To feed his sports addiction, those college summers were spent diving and spiking volleyballs in the sand of Old Mission Beach.

The tradition of staying on the court until you lost was in effect even back then and Teagle was seldom off. In 1949, the first San Diego Open was held at La Jolla Shores and won by Teagle and partner Danny Prall.

**HEALTH AND BEAUTY** 



**DENTAL IMPLANTS** 

\$1650 implant & crown. Same-day implants available

SEDATION DENTISTRY. Interest-FREE financing OAC.

Call for free co Open Monday-Saturday

Evening appointments available.

Most insurance accepted.

invisalign \$1100 off PLUS **FREE TEETH** 

Fray Zerafat, D.D.S., UCSF Alumni

periodontal disease

4501 Mission Bay Dr., Suite 2E (Right off I-5. Take Grand/Garnet Ave. Exit.)

Call Dream Smile now: **858-270-6626** 

## BOTOX® as low as

Military **Discounts &** 

BOTOX injections take as little as 15 minutes and last 3 to 9 months. \$8 per unit for first area, \$6 per unit second area, \$5.40 per unit third area introductory price (25 units per area). Results may vary.

Call 619-543-1061

## Medical Marijuana Evaluations

WARNING: ID Card does not protect Patient Privacy (HIPPA) for urinalysis. Call our office for more details and ask how we can help.

Legitimate and affordable. Dr. Sterner has 10 years' experience working with medical marijuana patient needs.

For 24-Hour Recorded Information Please Call: 619-442-4215

### Save 10% with ad.

Expires 4/2/08. For weight control. New patients only.

## Lose Weight as low as

We have new and innovative medications and regimens to help you lose weight without depleting your body of the nutrients it needs and help you feel satisfied: bioidentical hormones, lifestyle and nutrition training and vitamin B-12 injections are important contributors to your well-being and helpful in increasing

your energy, heightening your metabolism and feeding your nervous system. Let Dr. Sterner develop an indivi-dualized program just for you.

Call: 619-543-1061 Central Location Near Airport

Medical Center & **Weight Control Medical Clinic** 1516 W. Redwood St.,

San Diego 92101





www.antiagingarts.com

## 9 Treatments In 3 Visits \$25 Gift Certificate for \$149\*

### Cleanse - first visit

- Anti-Aging Consultation
- Express European Facial
- Decollete Massage

### Purify - second visit

- Facial Cleanse
- Express Microdermabrasion
- Essential Hydrating Treatment

### Maintain - third visi

- Laser Hair Consultation
- 1 Laser Hair Removal Treatment. Choose from: Underarm, Neck, Chin or Upper Lip
- Calming and Cooling After Skincare Treatment
- Receive a \$25 a+b Gift Certificate good towards any future service



\* All services listed in all 3 visits are included with this offer (not including Botox® treatments). Advertisement must be presented at time of service. 18% gratuity will be added to final total at time of payment. Appointments must be booked 1-2 weeks in advance. 24-hour cancellation notice is required. No substitutions, cannot be redeemed for cash value. One offer per customer.

\*\*First\_time clients only \*\*Regive a \$25 aift card with the purchase of Botox® treatment.\*\*

Total

Package

Value 450

erilqre

7/1/08

\*\* First-time clients only. Receive a \$25 gift card with the purchase of Botox® treatment.



**Congratulations** Ageless & Beautiful for being awarded the 2008 Thermage® Pinnacle Award and 2008 Allergan Platinum Award

#### **"LOSE INCHES IN HOURS!" WITH SMART LIPO™ AND THERMAGE® SKIN TIGHTENING ii** \$1000 OFF COMBO

**C** Smart Lipo™ Treats areas that are difficult for conventional liposuc-**2** tion, less invasive than neck or face lift, performed under local anesthesia, safe with minimal bruising and side effects, minimal downtime post-procedure.





#### Thermage Skin Tightening®

for the eyes, face, neck, hands, stomach and body. No downtime. Procedure is good for all skin types.







**Laser Hair Removal Buy Any** 2 Areas and Receive the 3rd **Area Free!** (equal or lesser value)

#### Vaser Ultrasonic Liposelection® Buy 2 Areas and Receive the 3rd for Free (equal or lesser value) Vaser

is a minimally invasive procedure which has smoother contouring than traditional lipo, and minimal downtime of only 2-3 days.







#### Facial Plastic & Reconstructive Surgery

Rhinoplasty Facelift Necklift Otoplasty Fami Browlift Chin Implant Blepharoplasty

#### Juvéderm Ultra Plus® \$499

or buy 1 regular price syringe and 2nd Half Off!

#### Photofacials (IPL) \$250

for 2 treatments. Plus a Free Microdermabrasion.

Chemical Peels \$75

#### **Laser Hair Removal** Back & Shoulders \$299

Bikini \$99 Brazilian **\$159** 

Lower Leg \$159

Full Leg **\$299** Underarm **\$79** 

Upper Lip or Chin \$59

#### Injectables

Botox® \$10/unit\* Juvéderm Ultra® \$399\*\* Restylane®

Perlane® Sculptra® \$899 per vial Radiesse® **\$495** per syringe

#### Fat/Cellulite Mesotherapy \$175

per area with purchase of package.

#### **Vaser Ultrasonic** Liposelection®

Check out this week's special

#### **Thermage Skin Tightening®**

a \$25 gift card

Check out this week's special

#### **NEW** Ionithermie<sup>™</sup> **Trims and Detoxifies**

**the body** while reducing the appearance of cellulite. As seen in O magazine, Marie Claire, and Voque magazine.

#### Acne & Pigmentation ActiveFx® \$1500 Reduce fine

lines and resurface skin. ONLY **FDA-APPROVED** device for collagen stimulation. One-time treatment administered by M.D.





#### Acne Blu-U® \$399

10 treatments. Destroys Acne Bacteria.

### **Photodynamic Therapy**

(PDT) \$399 Treatment for sun damage, acne and keratosis.

#### Photofacials (IPL) (Lumenis

One<sup>™</sup>) for Rosacea, broken capillaries, veins and collagen stimulation.

#### **Portrait Regeneration**

\$300 Off High/Low energy heat treatment for skin resurfacing with dramatic results.

#### **Cosmelan®** Depigmentation \$599

#### **Leg Vein Treatments Laser Vein Removal**

Spider and varicose veins **\$150** per area.

#### **Esthetician Services NEW Dermaplaning**

Gets rid of peach fuzz and dull skin.

#### Microdermabrasion

**Revitalizing/Holistic Facials** 

Medical Grade Peels/Skincare

Mineral Makeup

## www.AgelessandBeautiful.com · (888) 803-5375

SPECIAL FINANCING THROUGH CareCredit (up to 12 months interest-free!)

#### **Medical Director**

Dr. Sean Daneshmand, M.D., FACOG Member of the American Academy of Cosmetic Surgery

#### **Our Address**

1080 University Ave., Ste. H201 San Diego, CA 92103 **Uptown Shopping District** 

#### **Spa Hours**

Monday-Friday 9 am - 6 pm Saturday 9 am - 5 pm Sunday by appointment only

#### **NEW Extended Esthetician Services** Monday-Friday 9 am - 8pm

invisalign<sup>®</sup> has awarded Smile Designers with Premier Provider status, ranking us among top 5% clinicians in the nation!



**Actual patients with the Smile Designer Team** 

# Perfect smile in one day!

Permanently straighten and whiten your teeth in one visit with porcelain veneers and crowns.

Family & Cosmetic Dentistry



## invisalign<sup>\*</sup> \$2500-\$3500



**Emergencies** 

Seen Promptly

(based on individual case) Payment plans available.

#### **NEW PATIENT SPECIAL '85**

**Save** \$170! (Regularly \$255) Includes exam, full mouth x-rays and teeth cleaning.



As seen on Extreme Makeover

Price \$250 after discount. (Regularly \$500)

#### **FREE CONSULTATION**

Come in to learn more about your smile makeover options. (Regularly \$85)

White Fillings • Root Canals • 1-Day Crowns • Full-Service Dental Clinic



3365 Rosecrans Street, Suite C • 866-524-1801

(Located in the Circuit City/Henry's Shopping Center)

Members of American Association of Cosmetic Dentistry and American Dental Association

Offers expire 4/2/08. Credit cards and CareCredit® accepted.

Yet there was a problem with beach volleyball for a lot of Teagle's cronies. Four people on a couple of courts left a lot of guys on the sidelines, watching and waiting. According to an interview given by Teagle in Over-the-Line magazine in 1976, this problem became the impetus for a new game. The accounts vary as to where and who invented Over-the-Line, but before long, near the next volleyball court down (which was called "JV Beach," the place where the less-skilled volleyballers played), the smack of smaller balls caroming off baseball bats could be heard. In his interview, Teagle testified:

Several guys were bored from doing nothing... including Royal Clarke (Sports Illustrated described him as an OTLer who is never sober) and Ron LaPolice (his stride was the official unit of measure for terminal OTL courts). People watched with fascination these guys trying to catch hard softballs that were lining right into their family jewels...with bare hands. Spectators were also amazed

when they saw the batter reaching for a beer instead of running the bases. As the volleyball courts began to get crowded and the competition tougher, many OMBers joined the OTLers down the beach.

For those who were

The official clubhouse on Bayside Lane was called the Vine Covered Cottage, "which was where we lived," recalls Terry Curren, an original OMBAC member. "Guys would gather there after a day at the beach to drink beer." The subsequent free

"There was a problem with beach volleyball....
Four people on a couple of courts left a lot of guys on the sidelines, watching and waiting."

there (and still around today), 1949 seems the best guess for the year when a dozen locals decided to establish an informal sports club and name it Old Mission Beach Athletic Club, or OMBAC. No rules were adopted as the group considered themselves freethinkers, but they did come to feel a need for a place to think...and drink.

exchange of ideas engendered the sobering realization that a sports club should entrain a purpose other than drinking beer, so the first San Diego Open Volleyball Tournament was organized by the crew. The tournament grew to the point that a legal entity was called for, and in 1954 a charter membership of 35 men launched

**HEALTH AND BEAUTY** 



Avoid the high cost & pain of plastic surgery!

Combination, non-surgical facelift using the technology of both Fraxel II Laser & Thermage to improve your appearance without the high cost or the painful downtime of plastic surgery.



#### BENEFITS TO EXPECT:

- Tighter, more youthful skin
- Reduced pigmentation due to sun damage
- More even-toned & smoother skin
- improved and more defined jawline

\$1,000 OFF

First time customers only
Non-invasive Combination Therapy
Certain restrictions apply. Expires 3/31/2008



Downtown San Diego's Premier Medical Spa 406 9th Avenue, Suite 201 • San Diego (619) 338-0911

Complimentary pk. @ Petco Parking Bldg. at 10th & J



ore you considering OTEOST enhancement?

if so, only you should choose your implant size...

## Participate in Dr. Bucko's ENHANCE STUDY' and receive:

- \$2000 SAVINGS on Dr. Bucko's Ideal Breast procedure (successfully performed on more than 5000 women!)
- Dr. Bucko's ENHANCE SIZING KIT a range of simulated implant sizes to try in the privacy of your own home before you make that important decision!
- The latest FDA approved MEMORY GEL™ implants

## Finance your procedure for as little as \$100 per month!

Find out more about Dr. Bucko's Enhance Study and see Before and Afters at www.drbucko.com or call (858-453-8484).

\*Study limited to first 50 participants



- Board Certified, American Board of Plastic Surgery
- Two Term Chief of Plastic Surgery of Scripps Hospital in La Jolla
- · 20 years experience
- Artist and Sculptor
- Developed the IDEAL BREAST
- One of America's Best Doctors (www.bestdoctors.com)
- Offices in La Jolla and Poway

Dennis Bucko, M.D.

9900 Genesee Ave Ste B, La Jolla, CA 92037 **858.453.8484** 15725 Pomerado Rd Ste 103, Poway, CA 92064 **858.487.7889** 

800.559.0141 www.drbucko.com

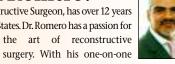
# World-Class Surgeon in Baja California

#### Why consider Plastic Surgery in Mexico?

Our services are state-of-the-art and our plastic surgery is less expensive because the cost structure is lower in Mexico. The money we save operating our business is passed along to our patients. Transportation is available from the Santa Fe Depot or from the border to our facility, which is less than a minute drive from the border.

#### Why choose Dr. Manuel Romero?

Dr. Romero, Mexico Board-Certified Plastic & Reconstructive Surgeon, has over 12 years of experience working with patients from the United States. Dr. Romero has a passion for



surgery. With his one-on-one personal approach with his patients, he has proven to be a world-class surgeon.

> If you are considering any type of plastic or reconstructive surgery, please call the office of Dr. Romero for a Free Consultation Book your appointment with Estheticos and you will also receive

\$500 Off

\$650 per 1cc Artefil & Artecol

Plastic Surgery **Procedure** Expires 3/27/08. New patients only.

FDA approved for lip augmentation. Limited time.

ESTHETICOS Paseo Tijuana, Lloyd Building

888-486-9148 www.estheticos.com the club. Such a serious endeavor called for a stately leader. Looking around at the diverse merrymakers, Ed Teagle — one of the oldest, winner of the first volleyball event, and now a father of three with his first teaching job — seemed almost overqualified to act as president, but he gladly accepted.

That signal year of 1954 also saw the initiation of the Over-the-Line Tournament at Old Mission Beach on July 4. But for Teagle, with a full family and his college degree achieved, time for revelry was limited. In 1953, his first teaching-coaching post was at San Dieguito High School. Faced with an absence of sprinters, Teagle decided to concentrate on other events where points he could look at a kid and convince him to try an event Ed thought he'd be good at. And since Ed had competed in most of the events, he

### "He won a lot of championships with inferior talent."

in a meet could be earned: field events and the hurdles.

"He won a lot of championships with inferior talent," Southworth says. "What was unique about him is that

knew how to coach them well. If he didn't, he'd find an expert and pick his brain."

It was also there that Southworth witnessed Teagle's other gift. "There was a kid he was trying to convince to come out, but his teeth were rotten. Ed got him to a dentist and got them fixed. He paid for it. Very few people knew about it, but I did. That's the kind of guy he was." Southworth adds, "The kid became an outstanding pole-vaulter."

While raw speed wasn't any more abundant in I.B. than in Encinitas, Teagle encountered another challenge when he transferred south. In this low-income beach town, in the late '50s,



## Here's the rub... 15% off massage We will add aromatherapy oil for increased relaxation. With this ad through 3/27/08. 930 West Washington Street

HEALTH AND BEAUTY

## Diet, exercise... and a little help from us!



LJCSC patient: breast augmentation

Get Beach-Ready for as little as \$4 a day!\*

\*Based on qualifying for CapitalOne

Call Karen at 800-942-2816 to discuss your payment options!



LA JOLLA Cosmetic SURGERY CENTRE

A MEDICAL GROUP

The name you've come to know and trust.

9850 Genesee Avenue, Suites 130 and 480 La Jolla, CA 92037 800-942-2816 www.ljcsc.com





- Fraxel II
  4 sessions for \$2500
  or \$700 per session
- **Laser Hair Removal** Call for special packages
- **Thermage Body Shape**

Shape, tighten and develop a firm body by state-of-the-art technology, Therma Tip DC.

NXT Thermage with STC Tip only \$2100

900 pulses tip. Skin tightening for face and neck, stomach, thighs, or a

> Labioplasty \$995

Dr. Parvin Mani is a **Pinnacle Award Winner** 

for Thermage Skin Tightening

Platinum Award Winner for Restylane **Platinum Award Winner for Botox** Platinum Award Winner for Juvéderm

#### **Patient Appreciation Day**

Thursday, March 27 • 8 am-6 pm Botox Special \$9 per unit \$100 Off Juvéderm (second syringe)

**NXT Thermage** for Eyes with STC Tip only \$1400 2 tips each 225 pulses.

Ask about STC Thermage

- **Photodynamic** Therapy (PDT) \$295 per treatment.
- **Cellulite Treatment with** Velasmooth \$750 for package of 10.
- **IPL Photo** Rejuvenation with Lumenis One \$145 per session with purchase
- Cosmelan Peel \$595 Skin depigmentation for brown spots.

- Liposuction \$2500 Body contours are resculpted by removal of subcutaneous
- fat. Under local anesthetic. Tumescent with minimal recovery time.

#### **Fillers**

\$50 off second syringe on the same day.

Perlane \$449 per 1cc syringe. World's most popular filler.

Restylane \$399 for 1cc (reg. \$450). Restylane Platinum Award Winner.

\$25 rebate per syringe Juvéderm \$349 per syringe (reg. \$450)

Radiesse \$495

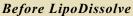
#### Parvin Pam Mani, M.D., F.A.C.O.G.

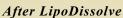
5555 Reservoir Drive, Suite 208 (by SDSU, off Alvarado Road) 619-583-7555 • www.sdcosmeticlaser.com

Call for a free consultation. Facial products and gift certificates available. Saturday appointments available on request. Payment plan available. Se habla español. Offers expire 4/15/08.

## Dissolve fat permanently! No surgery!

Performed by an M.D. No downtime! Revolutionary! As seen on Oprah. Half the cost of liposuction!





















Call for your free consultation. No payments until 2009! www.aliposolution.com (888) 486-9155

> **Advanced Body** Care Centers • o





www.softtouchdental.com

Whiten your teeth up to 8 shades lighter in one hour!

(As seen on ABC's Extreme Makeover)

"Turning back the hands of time through the hands of dentistry"

### Featuring Sleep/Sedation Dentistry

Sleep through your procedure!

Porcelain Empress Veneers \$355 Per Tooth (Reg. \$1100 per tooth) Exam and Cleaning \$45 In the Absence of Gum Disease.

Down MINITERST For 12 Months OAC. No Insurance Needed.

**FREE** Cosmetic/Implant Consultation **FREE** Orthodontic/Invisalign Consultation **FREE** 2nd Opinion Consultation

#### Also offering:

■ Root Canals ■ Botox ■ Juvéderm ■ Implants ■ Cosmetic Dentistry ■ Sleep/Sedation Dentistry

■ Digital X-Rays ■ Wisdom Teeth Extraction ■ 24-hour Emergency Service ■ High-Tech State-of-the-Art Office









& Invisalign

cater to chickens!

www.softtouchdental.com



#### www.softtouchdental.com

Family and Cosmetic **Dentistry and Orthodontics** 

3735 Clairemont Mesa Blvd. at Clairemont Dr.

Toll-Free: 888-296-6092 www.softtouchdental.com
Take a virtual tour of our office online!



Dr. Fakhimi, DMD



- Most Insurance Accepted
- Military Discounts Senior Discounts

## Trust your body & face rejuvenation to a caring,

## Board-Certified Plastic Surgeon

#### Specializing in

- Breast Augmentation
- Breast-Lift
- Tummy Tuck
- Face-Lift/Neck-Lift
- Liposuction
- Eye Rejuvenation
- Endoscopic Brow-Lift
- Botox® Cosmetic
- Restylane®/Juvéderm®
- $\blacksquare$  ArteFill®



**DIANA BREISTER GHOSH, M.D.** Certified, American Board of Plastic Surgery



6386 Alvarado Court Suite 340 San Diego 619-286-6446 Financing Available



the coach found a lot of kids who were into things besides spending after-school hours in agonizing workouts. Teagle realized that the athletes themselves could best recruit neophytes, and he implemented the "Bring One Friend" campaign. He also became more flexible. Assistant coach Dallas Evans recalls, "He was pragmatic. Some of the Hispanic kids in San Ysidro didn't have rides home after practice, so he had to work that out."

Before the '59 season, hurdler Dennis Sugioka leaned over his desk to pose a question to Benny Holt: "Why don't you go

out for track?"

Holt grew up in a small house near the beach where he still lives. Today he's a local lifeguard, head crosscountry coach, and assistant track coach at his alma mater, Mar Vista. His younger brother, Jim, was one of the best all-around athletes to ever come out of I.B., but Benny was slight and not as gifted. Both were tough: "You had to be in our neighborhood," remembers Benny. One of their larks included stealing a new '56 Ford from a buddy's mother and driving it at over 100 mph, guns in the trunk, all the way to the Yuma border and a pas-

sel of waiting cops — the 12-year-old Benny sitting on a pillow behind the wheel.

Despite being a heavy smoker since the fourth grade, Holt took Sugioka's bait and showed up for tryouts. The first workout left him emptying his innards on the field and swearing off tobacco. "I ran the 660 and got third in my first race against El Cajon," he says. "I liked that track was an individual sport, and you could see improvement through measurement."

Teagle took a shine to the new convert. Holt remembers: "I did what he said religiously and kept the other guys in line, since Coach worked a lot with the hurdlers and field events. He gave us a daily workout and mostly left us alone. He commanded such respect we would police ourselves. Occasionally, a guy would try and cut corners running on the grass, and the rest of us would straighten him out." Holt joined Teagle's cross-country team the following fall. "The first day he told us, 'You're all crazy. I don't understand why you like this but I can make you better."

## **Spring Specials: Breast** Augmentation and Tummy Tuck

#### San Diego Institute of **Plastic Surgery**

- Breast Augmentation
- Breast Reduction Breast Lift
- Tummy Tuck Arm Lift
- Thigh Lift Liposuction
- Liposculpture
- Eyelid Surgery Face Lift
- Nose Reshaping Brow Lift
- Body Contouring Ear Surgery

Call today for your complimentary consultation: 858-592-9200

FINANCING AVAILABLE

ANTOINE A. HALLAK, M.D. Certified, American Board of Plastic Surgery

16766 Bernardo Center Drive Suite 109, San Diego 92128



www.hallakplasticsurgery.com



## (FDA approved) Free HairMax Laser Comb!

### Laser Hair Therapy for men and women

HEALTH AND BEAUTY

45% off any service\*

HAIR I SKIN I BODY

San Diego's Unique Urban Oasis

3545 4th Avenue | Hillcrest | 866-524-1769 | indigohair.com

only. Mon.-Fri. Excludes packages. Must men



Our revolutionary NON-SURGICAL method for treating hair loss, thinning hair, and promoting healthy hair, developed in Europe, uses "soft" laser light to effectively treat men and women.



No Surgery • No Pain • No Side Effects!



## Skin, Smile & Body Care



P.C. Ataii, D.M.D., Alex P. Ataii, M.D



All our services are offered to men and women and administered by a physician in our state-of-the-art facility Bring a friend and both receive an additional 10% off.

**BOTOX® \$9 per unit** (reg. \$12) Wrinkle reduction. New clients only. Offered daily.

JUVÉDERM™ ULTRA \$399/syringe New clients only. Offered daily.

ACNE THERAPY starting at \$99

#### **LASER HAIR REMOVAL**

Bikini \$99 • Brazilian \$155 • Back \$300 Purchase any two areas and get one area of equal or lesser value free.

#### ACTIVEFX™ \$500 OFF

Only FDA-approved device to increase collagen! Fractional skin tightening and non-surgical face-lift. **FXLift\*** modified face-lift under local with **ActiveFX**. Call for details.

#### **RELIEVE EXCESSIVE SWEATING**

FDA-approved treatment starting at \$200 per underarm

SMARTLIPO® \$400 OFF any area

Laser-assisted liposuction. Dissolves fat, tightens skin, minimally invasive, less discomfort, with faster healing and

PAIN-FREE LIP AUGMENTATION **\$449** Dental block and anesthesia included.

**MESO-SLIM**<sup>™</sup> \$359/area Patented fat and cellulite reduction.

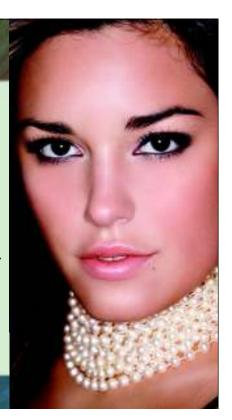
INVISALIGN™ \$1250 OFF Invisible braces

4765 Carmel Mountain Road, Suite 207 San Diego, CA 92130 (Torrey Hills Center)

(Conveniently located off the 5 or 56 freeways)

888.557.3630 www.Laser-Cliniaue.com

No-interest payment plans available. CareCredit® available.
\*Does not apply to Botox or Juvéderm, discount received at completion of both services. Offers expire 4/2/08.



## Looking young never gets old.



### NEW IMAGE COSMETIC SURGERY Dr. Jeffry B. Schafer, M.D., F.R.S.M.

230 Prospect Place #350, Coronado 800-689-0545 • www.sandiegolipo.com/reader Monday-Friday 8 am-5 pm

## Dissolve **Unwanted Fat**

Fourth Area Free! With minimum of 3 Smartlipo areas. \$2000 value. Offer expires 3-31-08.

mart lipo T

#### Ten Reasons to Choose Dr. Schafer:

- 1) 20 years' Liposuction experience
- 2) Over 500 Smartlipo procedures performed
- 3) NEW 18-watt Smartlipo system
- 4) No general anesthesia
- 5) Caring, committed and professional team
- 6) Dr. Schafer's Rapid Recovery Program
- 7) Full-service medical spa on-site
- 8) Complimentary limousine service day of surgery
- 9) Named West Coast Center of Excellence by Cynosure
- 10) Flexible financing; 0% interest

Juvéderm Ultra \$500 (1st syringe) 20% Off (2nd syringe)

#### "ViPeel"-Hollywood's Best-Kept Secret (as seen on EXTRA)

- Prevents and reverses aging process
- · Clears acne skin condition and scarring
- Reduces or eliminates age spots and hyperpigmentation
- Softens lines and wrinkles
- Minimal downtime
- Introductory pricing





#### The Beverly Hills Liquid Face-lift

- Takes years off your face
- Makes skin appear smoother and firmer
- Restores and corrects facial fat loss
- Stimulates your own collagen
- Biocompatible and biodegradable
- Non-invasive, no downtime
- · No skin testing required
- Lasts up to 2 years





## **Health & Beauty Coupons** at SDReader.com!

Here's a small sample to get you inspired!

#### 2-for-1 personal training



Offer valid for two adults. Restrictions apply. Offer expires March 31, 2008. Expiration dates are renewed the last week of each month.

#### **Optimum Condition**

ustom personal training and fitness training. We come to your office or home.

619-252-4993 www.optimumcondition.com

Reader Coupons 619-235-3000

LIFE MEDSPA

#### Laser hair removal \$49



Small areas only. Offer expires March 31, 2008. Expiration dates are renewed the last week of each month.

Vein&Liposculpture

#### Vein & Liposculpture Center

\_aser Hair Removal – Tumescent Liposuction Body Sculpting – Facial & Spider Vein Treatment - Breast Augmentation - Cellulite Treatments - Botox --Fotofacial™ & much more. Financing available.

8881 Fletcher Parkway, Suite 241, La Mesa, 619-697-1325 <a href="https://www.veinlipocenter.com">www.veinlipocenter.com</a>

Reader Coupons

#### 20% off Fraxel II



Now is the right time to go back in time with Fraxel II. Fraxel II smooths skin texture, softens fine lines and evens skin tone. All skin types treated. Series

of five. Offer expires March 31, 2008. Expiration dates are renewed the last week of each month.

After

Life Med Spa

Downtown San Diego's Premiere Medical Spa. Free consultation.

406 9th Avenue, San Diego, 1-888-315-6009 www.lifemedicalspa.com

Reader Coupons 619-235-3000

#### 15% discount on any service

The essence of the "Dolce Vita" is in V2. A revolutionary concept in the nail industry. Pamper vourself in a luxurious and contemporary atmosphere with top-of-the-line products. 15% off any service. Offer expires March 31, 2008. Expiration dates are renewed the last week of each month. Coupon is not valid with other offers.



#### **V2 Nail Bar Salon**

Organic treatments, manicures and pedicures by Rose Rugama. Nail designs by Nail Artist Colleen Keo. Meet our Eyebrow Specialist Tina Assi. Makeovers by Expert Makeup Artist Rania Awwad of Fox 6 News.

900 F Street, Suite 133, San Diego, 619-255-8442

Reader Coupons

A Day Spa \$10 off any 1-hour service

A Doctor's Weight Loss Clinic **\$55 off initial fees** A Dream Smile **ZOOM! Advanced teeth whitening \$199** 

Action Recovery 10% off detox program

Adam & Eve Skin Care Eyelash extension \$150

Advanced Dermatology Free cosmetic consultation

Ageless & Beautiful **\$500 off Vaser LipoSelection** 

Aqua Bella Buy 3, get 1 free

Aqua Day Spa **Body scrub and massage \$90** 

Arena Eyeworks Opt. Contacts-exam, 6-mo. supply \$139 askforhypnosis.com Free custom hypnosis CD

Bare Skincare **\$25 Brazilian wax** 

Beautik Salon Free haircut with purchase

Beauty by Judy \$200 off a full head of hair extensions

Bee Tan Salon Free Magic Tan

Bella Pelle Medical Spa **\$25 off treatment** 

Body Wise Yoga Studio \$10 off yoga class

Brazilia Skin Care La Jolla Brazilian bikini wax \$35

Carole & Debi Hairstylists Free designer haircut (\$45 value)

Center for Age Management **\$50 off any service** Chesaray's Touch Massage Sports massage \$59

Chula Vista Yoga Center 10 days of yoga \$10

Coastal Dental Arts \$1,000 off Invisalign

Continuum Aesthetics 10% off any service

Cosmetic Laser & Skin Rejuvenation Botox \$9 per unit

Delicate Dental Arts **Teeth cleaning**, exam

Derm Aesthetics Free medical microdermabrasion Dimension Salon 1/2 off chemical services enigma. professional piercing \$5 off body piercing Extreme Smile Makeover **\$1000 off Invisalign** Face Beautiful \$500 off Rhinoplasty Family Dentistry Free teeth whitening Dr. Rabinder Gill **\$199 ZOOM! Advanced Power** 

Global Laser Cosmetics Free facial or microdermabrasion Global Laser Vision **Standard LASIK \$697 per eye** Glow M.D. Skin Care Free underarm laser hair removal pkg.

Dr. Michael Goldsmid Optometry **\$20 off eye exam** Hair Addictions **Hair extensions only \$599.99** Hair by Don-Paul Hofherr 15% off retail hair products Farnaz Haroon, DDS <u>Lumineers – Save \$300 per tooth</u> Hear Asist Hearing Aids Free hearing test Hillcrest Optical 20% off any purchase

Dr. Robert M. Howard Eyecare Plus 6 pr. contacts for \$149 Junior Ibarra 20% off haircut

I.C.E. Spa Free brow wax

ILHT \$500 off hair transplant

Indigo Salon 45% off any service

Indulge Skin Care \$70 IPL Fotofacial

Inner Balance Massage 1-hour massage \$50

Inner Balance Skin Care \$45 Microdermabrasion

Inside-Out Free Mesotherapy treatment

#### iTan Free body wrap

Jennifer Salon and Spa **\$5 off any spa package** Jezebelle Day Spa Body wraps \$52

Karie Hayden & Associates 20% off contour wrap

Karo's Salon Permanent eyeliner \$99

Kayou Clinic 2-for-1 laser treatment Knotstop 1-hour massage \$49

Robert Kearney, MD \$100 off Botox/Restylane

L.J. Center for Facial Plastic Surgery Botox Tues. 20% off

La Jolla Cosmetic \$75 off purchase of \$500 or more La Jolla Cosmetic Laser Clinic 10% off Fraxel

La Jolla Hair Clinic 50% off hair replacement Laser Clinique \$100 off Juvéderm

Lasting Beauty 20% off permanent makeup Life Medical Spa 20% off Fraxel II

LifeWalk 25% off weight loss system Lucky Spa **\$20 off 1-hour massage** Philip Levy, OD \$25 off eyeglasses

Massage Envy 1-hour massage \$39

Medi Mar \$10 off medical marijuana evaluation

Mesa Family Dentistry \$500 off Invisalign

Mind Body Partnerships **Spa package \$179.99** 

Howard Milstein, MD, & Associates Laser hair removal \$95

Murphy Frazier Chiropractic **\$25 off any treatment** 

My Nails & Skin Care Day Spa Refresh body spa pkg. \$150

Naomi Spa **\$20 off 1-hour massage** 

New Look MD 1400 hairs transplanted \$1999

Non-Surgical Spine Care Center Free consultation

Optimum Condition 2 for 1 personal training

Oriental #1 Spa \$10 off massage Pacific College of Oriental Medicine **Acupuncture \$20** Padilla Family & Cosmetic Medicine \$50 off Radiesse

#### microdermabrasion \$45

Pretty Kitty \$30 Brazilian wax

Rejúve Med Spa & Wellness \$99 fire & ice facial

The Relaxing Space 1-hour massage \$45

Revive Shiatsuloxygen experience \$10

Poshé Skin & Spa <u>1-hr. facial, massage or</u>

Revive Salon & Spa **\$100 off 1-hour teeth whitening** Revive Yourself Free haircut with purchase of color

Ross Med Hair Restoration Free 90-day supply of Propecia Sabre Springs Dentistry Free dental exam

Dr. Sadrian \$50 off Botox or filler

Salon Soulé **\$10 off precision haircut** Salon D2's Free designer haircut

S.D. Skin.net 2-hour facial \$95 S.D. Wax Oueen \$25 Brazilian wax

Dr. Selby Contacts & exam \$122

Shumway Cosmetic Surgery **\$50 off Botox or Restylane** 

Skin Science **\$50 off single hair removal** 

Skin Trade **\$10 off waxing** 

Soft Touch Dental Zoom 2! \$249

Sonya of London Head-to-toe treatment \$145

South Coast Tan Free Mystic tan

"Spa for One" Sanctuary **\$25 off Micro Dermal Tone trtmt** Spa Urban Retreat Professional Aveda massage \$49

Sport Clips \$5 off MVP haircut

Success Hypnotherapy 50% off hypnotherapy session Suddenly Slimmer Free Healthy Airbrush Tan with any

#### **Double Mineral/Fat Burner wrap**

Sunshine Dentistry **ZOOM! teeth whitening \$199** Syner Chi Day Spa IPL Photofacial \$125

Tanya at Salon D<sup>2</sup> 50% off haircut or \$10 off updo

24 Hour Fitness 7 days of fitness free

Dr. Jeffrey A. Umansky \$500 off any major surgery

The Undercarriage Free Brazilian bikini wax

Urban Skin Care Brazilian wax \$30

V2 Nail Bar Salon 15% discount on any service

Vahl Chiropractic Wellness Center **\$25 off laser treatment** 

Vein & Liposculpture Center Laser hair removal \$49

VIP Salon & Day Spa Two 1-hour massages \$109

Viva Wellness Med. Groups **Botox \$59** 

Votre Beau'te Free Lumiere light therapy treatment

Walden Ashe Skin & Body Spa 15% off massage

Dr. Weiss Med Spa 858 Laser hair removal \$189

Wellness & Longevity \$50 off initial consult

West Coast Eyecare \$500 off LASIK "custom" Won's Acupressure 10% off acupressure

World Spa 3 spa treatments \$149

Yoga One 1 month unlimited yoga

One of Holt's best buddies, Dave Partridge, came from Minnesota to Imperial Beach in 1957. I remember his brother Paul as a popular sixth-grader when I was in the fifth. The boys were raised by a stepfather, says Partridge, "who was always working. I really didn't have a relationship with him." As a student at the notoriously rough Southwest Junior High School, the lanky kid was typical of male adolescents in the mid-'50s. His recalcitrant, squirrelly, duck-tailed hair was plastered with peach pomade, he snuck off between classes to smoke cigarettes, and he engaged in the school's most popular activity: fighting. One thing he could do was run. But like so many youths of that era, his object of desire other than bobby-soxed chicks - was a car. In 1958 he cobbled together \$40 to buy a 1950 Chevy. He was soon sporting the finger-tip jacket of the Villanos. The car club was made up of pachucos from San Ysidro and a few white toughs from I.B. On the gray coat was embroidered "Phes," short for Partridge's nickname of

Pheasant.

In P.E. class at Mar Vista, the coaches couldn't help but notice this over-six-foottall kid who, in touch football games, outsprinted chasing defenders. He also blew away all comers in class foot races. Ed Teagle cornered him, but it wasn't until Partridge's senior year, when he was in Teagle's history class, that the boy broke down."He was the only coach who I'd consider sports with," Partridge says. Part of his commitment would be to join the cross-country team, where the only guy he could beat was some 50 pounds overweight. Five years of smoking didn't make things easier, so Partridge gave the habit up.

Holt recalls the school assembly to honor the heroes of that '61 track season. The last introduced was the most special for the coach. "At the beginning of the year, this guy sat in the back row of my history class and would take 30 minutes to get to my desk to turn in a test. Last week it took him 10.1 seconds to win the Avocado League Championship in the 100yard dash." Dave Partridge went on to place fifth in the County Championships, the first Mar Vista sprinter to ever qualify for that event.

HEALTH AND BEAUTY



## **Extreme Smile Makeover**

## Veneers in 1 Week Same-Day Implants & Crowns

#### Straighten & Whiten Your Teeth in 1 Week!

(No shots, no drilling, no grinding, no pain)





#### **2** \$199 1-hr. Whitening System

Does not apply to patients needing periodontal treatment.

#### \$1100 Off invisalign

Plus FREE bleaching upon completion of treatment. Does not apply to patients needing periodontal treatment.

#### \$3495 Dental Exam & Cleaning

Reg. \$204. Complete initial exam, periodontal exam, limited x-rays, oral cancer screening. New patients only. May not be used in conjunction with insurance.

Major credit cards accepted

**Sedation** (Sleep dentistry available)



Dr. A. Shojania
5927 Balboa Avenue (Behind Bank of America)
858-751-5733
Monday-Saturday & Evening Appointments Available

## Get a fresh, new look for spring!

Reveal Healthier Skin with the

Vitalize Chemical
Peel \$100 per treatment (reg. \$150)

## San Diego's best prices for laser hair removal!

Upper Lip \$35 Brazilian \$175 Upper Legs \$125 Full Face \$100 Lower Legs \$100 Full Legs \$225 Men's Chest and Abdomen \$300 Men's Back and Shoulders \$300

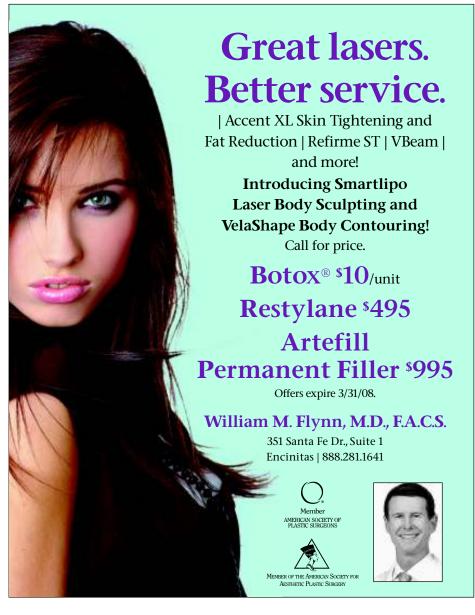
Buy five Laser Hair Treatments of one area and receive 2 FREE.



**Glow** - M.D. Skin Care 2790 Truxtun Road, Suite 100 In Liberty Station, Point Loma

Hours 10 am-6 pm **888-258-2989** GlowMDskincare.com

Free consultation for all procedures. Free gift with every consultation.







## **Eliminate ugly veins** without surgery or downtime!

See a Vein Disease expert with over 15 years of experience!

Announcing the opening of her new medical office for the treatment of Vein and Vascular Disease.

Dr. OByrne is the only Vein and Vascular specialist in Southern California Board-Certified in Vascular Medicine and a Registered

\$200 off

**Duplex ultrasound** 

guided sclerotherapy

or Endovenous Laser

With coupon only.

Expires 4/30/08



Margaret G. OByrne, M.D., R.V.T.

A Professional Corporation

\$100 off

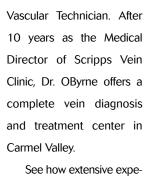
The Vein Clinic

**Injection-compression** sclerotherapy

> With coupon only Expires 4/30/08

4765 Carmel Mountain Rd. #103 • San Diego 92130 858-481-4888

www.sdveinclinic.com



rience, top qualifications and cutting-edge equipment can eliminate painful or unsightly veins.

## Thinning Hair?

You have a choice

LASER HAIR THERAPY FOR MEN AND WOMEN TO PROMOTE HAIR GROWTH

- ∞ Non-invasive cold laser light therapy
- ∞ Stimulates and strengthens hair follicles
- Slows genetic and hormonal hair loss
- ∞ Confidential and private rooms
- ∞ Over 40 years' combined experience
- ∞ Board of American Hair Loss Council

Also Offering:

∞ Non-surgical hair replacement with top specialists in men's, women's and children's hair loss



LAJOLLA

Call for your complimentary consultation: 619-296-7744

6110 Friars Road, Suite 205 • www.lajollahairclinic.com (1 mile west of 163 Freeway and Fashion Valley Mall. Next to NYPD Pizza)



Syner-Chi Day Spa

(Next to CVS in Clairemont Town Square)

858-272-9564 • SynerchiDaySpa.com

4839-A Clairemont Dr.

Mon.-Fri. 10-7, Sat. 10-5



#### Refresh Body Package \$150

Microdermabrasion, 1-hour massage, European facial, manicure and spa pedicure, your choice of: mineral salt scrub, sea mud wrap or detox herbal linen wrap

#### Reflexology \$40

1 hour. Relieve stress, improve circulation and balance. Energy for the whole body Includes spa pedicure

#### **Spring Sensation**

Spa pedicure and manicure with one of the following:

- 1-hour massage \$75European facial (1 hour) \$65
- Figure wrap (lose 4"-15") \$70

#### Diamond Microdermabrasion \$60

Includes facial, acupressure, and custom masque. Treats fine lines, wrinkles, brown spots, pigmentation, acne scars and enlarged pores

#### **Multi-Vitamin Power Treatment** \$50 (1-hour session)

For the latest in vitamin repair and hydrogy acid exfoliation, try our newest treatment. Designed to treat environmentally damaged skin, this treatment includes a non-irritating vitamin-power exfoliation and a vitamin-recovery masque to noticeably improve skin elasticity, tone and texture.

#### Photo Facial \$99 (1 hour 15 minutes)

Microdermabrasion with light therapy treatment, non-surgical, no recovery time. Increases collagen and blood circulation, reduces wrinkles, sun damage, large pores, blemishes and rosacea

#### The "New Dermosonic" Method

Advanced treatment for cellulite and spot reduction

Abdominal or back 40 min. \$45 Thighs or hips 60 min. \$65 Add any section to figure wrap for only \$10

#### Deluxe Treatment \$75

Microdermabrasion, European facial, spa pedicure and manicure.

Lose weight without going to the gym. Two healthy inch-loss programs:

#### Figure Wraps

Lose 4"-15". Effective for cellulite, toxic cleansing, blemishes and sagging skin.

Aloe Herb Gel Wrap

We use and sell Dermalogica products • Gift certificates available

### My Nails & Skincare Day Spa & Nail Salon

WAXING

Bikini \$20

Brazilian

\$25 & up



Sundays!

Open 7 days/week • www.mynailskincare.com 619.220.0565 | 4225 Park Blvd. | San Diego 92103 Parking is in back of the salon.

Offers good with this ad. Expires 4/3/08

\$60

(1 hour)

Tues., Wed.,

and Thurs. Specials!

Facial \$30 (reg. \$60)

Microderm \$35 (reg. \$70)

(with MiMi only)

Today Partridge comments, "I went from a nobody in school to someone people noticed and respected." He shakes his head when asked about Teagle. "There was no one like him. I'd do anything for him. I guess he was the first man in my life who I looked up to and listened to."

Like many graduating seniors in I.B. during that era, both Partridge and Holt joined the Air Force. The running stopped, and smoking and drinking were embraced with new vigor. After four years in the service, Partridge returned to a town that had become notorious for drugs and biker bars. It took a heavy toll. A drug-alcohol overdose killed his brother as it would my own. Partridge and Holt and I talked about drug casualties as if the town were a battlefield.

Testimonies of Teagle's influence on his athletes remain among the former coach's memorabilia, now in his children's possession. Among the letters and poems, I lifted one penned by an ex-Mar Vista athlete in 1968 while he was recovering in a Japanese hospital during the Vietnam War. In this first contact with Teagle since the soldier's 1960 graduation, he begins by apologizing for poor spelling and penmanship. Then he writes: "Well, Coach, it's kind of crummy over here. You lose a lot of partners every week." And then:

I just wanted to tell you that all your boys still think highly of you. Every time I get down in the dumps, I can hear you saying to me -"John, I know you can make it. If you can't make it here on the track team, then what is your life going to be like?" Yep, just like it was yesterday. So I keep pumping and I can see the tape then, just like the 440. I think I'll coin the fraze (sic), "life is just like a 440."

Serving as a surrogate father to so many youths didn't leave Teagle much spare time. His eldest son, Tom Teagle, says, "He was a great father. Not a great husband, but an awesome father. There was never any fighting, any arguing with my mother. It was just that he was gone so much, teaching and coaching."

Tom's sister, Debbie, adds, "When he got cancer,

he put work more on the back burner and spent more time with us. Being the youngest, I got the most time with him as a kid. My weekends were on the beach at La Jolla Shores or Baja, and it couldn't get better than that."

Today Dr. Tom Teagle is

principal of Montgomery Adult School, the largest of its kind in Southern California, serving over 14,000 students. "My dad was about work hard, play hard but don't overdo anything. He drank beer with his buddies, but I never saw him

drunk. He taught me how to be resourceful, self-reliant. With four kids, it was hard making it on a teacher's salary, so he had some apartments, and even a bar at one time, although teachers weren't [officially] allowed that sideline."

And what a bar that was! During the raucous '60s, Maynard's Bar, right next to Crystal Pier, was the hottest beach establishment around, and the wildest, in large part attributable to its owner-inname-only. Maynard Heatherly was one of Teagle's

chums from the lifeguard days of the '40s, a man who had carried his youthful madcap reputation into adulthood. On the hallowed 25-cent spaghetti nights, a hundred people lined up outside. Sunburned coeds fended off surfers, grad stu-

HEALTH AND BEAUTY



#### The #1 Invisalign office in San Diego, May 2007! ZOOM! **Advanced** Most recent version and easiest on sensitive teeth. \$249 (Reg. \$500) Your teeth up to 8 shades whiter in only 45 minutes! invisalian up to 60 months. OAC. Free Invisalign consultation. FREE Cleaning With \$55 exam and x-rays. New patients only.

#### **Family Cosmetic Dentistry** in the beach area



Farnaz Haroon, D.D.S. 888-689-3682 1707 Grand Ave. (at Jewell St.) Pacific Beach 92109

Gentle Dentistry • New Patients Welcome Senior/Military Discounts • Flexible Payment Plans www.pbdentalarts.com

dents, and middle-aged CPAs, all swaying with beer mugs in hand. In spite of Maynard's unorthodox managerial skills, the bar remained open for several years. Pete Lauderette, a good friend of Teagle's, remembers: "Maynard was wild. He was supposed to be working, and the next thing you knew, he'd leave the bar with some guys to jump off the pier. So someone would call Ed and tell him, 'You better get down here. Maynard's jumping off the pier, no one's working, and guys are behind the bar drawing their own beer.' So Ed would have to run down there and fix things."

The imprudence of maintaining a bar, especially under its infamous manager, led Teagle to abandon the enterprise. Tom remembers that it was around that time, while grappling on the carpet with his two sons, that "one of us accidentally scratched a mole on Dad's arm, and for some reason it kept bleeding. A few days later he went to the doctor, and they found a huge melanoma."

In 1968, the first major operation removed more than 20 lymph nodes. It was followed by another operation several months later which almost took Teagle's life. The survivor let it be known to his family that he wasn't going back again. He lasted 18 more years. In his last days he told his daughter, "I'd rather have 20 bitchin' years than 40 in a closet." Tom says, "The doctor told me [Dad] microwaved himself to death. But he loved the sun too much to stay out of

The same stubbornness influenced his decision to leave Mar Vista in 1972. After winning a sixth straight Metro League Championship, including 27 straight meet victories, the Coach of the Year and longtime athletic director was informed by his principal that district authorities wouldn't back him in the team policy that forbade facial hair. That and existing dress codes were a few of the old criteria being questioned and challenged in the courts. But Teagle wouldn't bend. He trans-

ferred to the new Bonita Vista school with his own defiant resolution. Tom Teagle explains: "He just said 'Screw it. If you're not going to back me, then I'll do the same.' He let his hair and beard grow out and that's how he kept it." It didn't hurt his coaching performance. He won another six straight league championships and broke his own former meet record with 35 straight wins before he retired in 1977.

In 1972, another Mar Vista Coach of the Year, baseball coach Bob Lusky, also transferred. A close friend of Teagle's, he knew things wouldn't be the same with the athletic director gone. Lusky says, "I've coached a lot of baseball at high school, then junior college. He was the best AD I ever had. Ed created harmony within the staff, not letting one coach, or sport, dominate. And if a guy didn't want to join in with the rest of us, he got rid of him."

In his final tenure at Bonita Vista, Teagle would also take on his final coaching talents. His first assis-

HEALTH AND BEAUTY

## Reverse the Signs of Aging

with Natural Hormone Replacement



- Biochemical evaluation of hormone imbalances
- Chronic fatigue management Genetic risk evaluation
  - Analysis of nutrient deficiencies
- Neurotransmitter evaluation of depression and anxiety

Dr. Cole Raub can be seen on The Wellness Hour, Channel 4 (Time Warner) Tuesday 9:30 pm and Sunday 7:30 pm

LASER HAIR REMOVAL

**BOTOX FRIDAYS** 

**20**% off

**FREE** 

**Trays** 

Whitening

New patients only.

Crowns

\$200 off

& Veneers

All offers expire 4/10/08.

Must present this ad.

With \$55 exam and x-rays.

(first treatment with prepaid package of 2 or more)

(new patients only)

IPL PHOTOFACIAL

40% off

**1**0% off

prepaid package of 5

prepaid package of 3

Offers expire April 2, 2008.

**Dr. Andrea Cole Raub** 1-888-239-8547

12264 El Camino Real, Suite 204

www.agingbetter.com



# Specializing in Rhinoplasty and Revision Rhinoplasty



Beautiful, younger-looking skin with one treatment!

#### ActiveFX

As seen on Fox in the Morning and San Diego Living



- Rhinoplasty (nasal surgery)
- · Revision rhinoplasty
- Face-lift surgery Mini face-lift
- Eyelid surgery Chemical peel
- Laser resurfacing Facial implants
- Photo-rejuvenation Laser hair removal
- Botox Injectable fillers

Roy David Amir, M.D. Board Certified: American Board of Facial Plastic and Reconstructive Surgery American Board of Otolaryngology Head and Neck Surgery





LA JOLLA CENTER **FACIAL PLASTIC SURGERY** 

**A Medical Corporation** 3252 Holiday Court, Suite 206 La Jolla, CA 92037 • 858-658-0595 www.SanDiegoFace.com

Jan Marini Age Intervention Eyelash 20% off Helps develop fuller, thicker lashes naturally.

#### Cosmetic **Procedures**

Eyeliner \$300 (reg. \$400) Lip Liner \$300 (reg. \$400) Eyebrows \$300 (reg. \$400) Full Lip \$600 (reg. \$800)

#### **Scar Removal**

- · Acne scars
- Skin graft scars
- Surgical scars
- Hypertrophics scars

Specializing in removal of freckles, age spots and sun spots

#### Just Wax It!

Beautiful • Soft • Glowing • Sexy Waxing from head to toe Specializing in Brazilian Waxing!

#### Microdermabrasion with Free **Rejuvenation Facial** 4 for \$235

#### **Choose One Signature Facial** Below only \$85

- Acupuncture Face-lift
- Age Smart Facial
- Ageless Lift Facial
- Isogei Facial
- Slimming Facial
- Microcurrent Facial

#### 4 Free Microdermabrasions with **purchase** of

#### 4 Series IPL (Photofacial) 5600

Increases collagen & elasticity
Rid yourself of wrinkles, lines

#### and folds, age spots, pores, stretch marks, dilated capillaries and rosacea Lymphatic

Drainage Facial 585 Computerized treatment that rejuvenates and cleanses from the inside out. Excellent for face swelling and bags under the eyes. Regeneration for dry, aging, wrinkling skin, couperose and erythrosis (red spots). We can reshape any part of the body for slimming. Immediate results!

#### **Spa Treatments**

#### Head to Toe \$145

3-3 1/2 hours. Package includes:

- European facial
- Complete 1-hour therapeutic body massage
- Manicure & Pedi-spa
- Choice of any body spa treatment
- 1) Hydroactive mineral salt scrub
- Enzymatic sea mud wrap
   Detox herbal linen wrap

### **Summer Package**

European facial, facial massage including head and neck acupres back facial with 15-minute back massage, and body detox wrap.

#### **PCA Chemical Peel**

Purchase 6 PCA treatments and receive 7th treatment free. Treats the following conditions:

- wrinkles
- sun damage hyperpigmentation

\$85 per treatment

#### **Deep Cleansing** Facial 65

Begin with face mapping.

- Includes steam, prep scrub & extraction
  • Face, head, neck & shoulder
- massage Customized masque to refine &

repair skin FREE 15-min. back massage or Hydroxy Acid Peel

#### **Energy Balancing** Plan <sup>§</sup>85

- 45-minute reflexology foot massage30-minute head, neck, acupressure,

#### **Deluxe Back Facial** §85

nes ultrasonic and electrical currents with skin products. Great for acne, coarse, sun-damaged and deep-congested skin. Includes glycolic acid

#### **Acupuncture**

#### **Acupuncture** Face-lift Special 585

- Eliminate fine lines, reduce deep
- wrinkles
   Tone muscles of face to lift drooping
- eyelids and lift and firm cheeks
  Tighten pores of skin
  Reduce or eliminate "smile lines"
  Eliminate "furrowed brow"
- Leave each treatment feeling peaceful, refreshed and re-energized. Recommend 10 biweekly sess

#### **Acupuncture to Rid** Stress Special 545

Have anxiety or worry about the holiday season? Acupuncture effectively and safely eliminates stress hormones from the body, leaving you feeling relaxed and able to enjoy the holiday season with no worries. Recommend 2-4 weekly sessions.

- Free consultations
- · Gift certificates available Credit cards accepted

## Sonya

of London DAY SPA & **FULL-SERVICE SALON** 

3924 Park Boulevard Hillcrest • 619-291-2728 Open 7 days

www.sonyaoflondon.com Offers good with this ad. Expires 4/2/08.

## **Baja Health & Beauty Directory**

SAFE & PROFESSIONAL SERVICES DON'T HAVE TO BE EXPENSIVE!

#### **BOARD-CERTIFIED PLASTIC SURGEONS** BY MEXICO'S BOARD OF PLASTIC SURGERY



Francisco Bucio, M.D. 20 years of experience in Cosmetic Surgery for Face, Breast and Body in a stateof-the-art clinic in the Grand Hotel Tijuana. High-tech Medi-Spa, Laser for Veins, IPL Photofacial, Tattoo Removal, non-surgical **Skin Tightening** (ACCENT) for Cellulite and Rejuvenation. Pixel Fractional Skin Resurfacing for Wrinkles and

Acne Scars, face and body. Visa and MasterCard. Toll-free: 1-866-831-6400; 619-946-2156; 011-52-664-686-4588



Ricardo Vega Montiel, M.D. Member of ISAPS. Providing the desired results in Body Contouring and Face Rejuvenation in a fully licensed surgical facility located at the Grand Hotel Tijuana Complex. High-level Med-Spa and Advanced European Mesotherapy. Visa and MasterCard.

619-946-1074; 1-888-4VEMONT

www.franciscobucio.com

drvega@teleserviz.com



Gustavo Naranjo, M.D. Plastic surgery has helped thousands of people to become more confident and happier with themselves. Fully accredited and certified, guaranteeing professional quality in a state-of-the-art clinic. All fields of plastic surgery. Visa and MasterCard welcome. Financial facilities. Please call us:

619-664-4636; 011-52-664-634-6308/09

www.naranjoplastic.com



Juan Carlos Fuentes, M.D. Corresponding member of the American Society for Aesthetic Plastic Surgery, Dr. Fuentes and his bilingual staff provide first-quality results in all fields of Plastic Surgery, performed in a state-of-the-art surgical facility. For more information please call us: 619-428-4803, or visit us online.

www.fuentesmd.com

#### **NON-SURGICAL BODY CONTOUR**

Non-Invasive Liposculpture with UltraShape A new figure in only 28 days using ultrasound waves designed to selectively break down fat cells without affecting neighboring tissues. No anesthesia, no pain. Technological breakthrough that is effective and safe. Also Thermage, IPL, Botox and Restylane. LASERium US, 619-270-8563

Tijuana, Baja. 011-52-664-622-5061

www.ultrashape.com

#### **DENTISTRY**



Erico Carreño, D.D.S. 19 years of experience. UCLA, Loma Linda University, IAO-Certified Senior Instructor, Europe- and USA-trained, warranted quality and ethical dentistry. Top-of-the-line private office (not a clinic). The only Waterlase (real laser) in Baja. Dental laboratory in San Diego. American Academy of Cosmetic Dentistry, ADA,

HDA, WLCI, AAFO, IFUNA, IAO member. Insurances welcome 619-308-7082; 011-52-664-684-8133

www.drerico.com • www.biolase.com



Pacific Dental Tijuana, Dr. Torres & Dr. **Lutz** Tijuana's PREMIER dental office. Affordable General and Cosmetic Dentistry. Save up to 60% off U.S. prices. State-of-the-art equipment and materials, English-speaking staff, **U.S.-TRAINED DOCTORS AND SPECIALISTS,** digital x-rays and pictures. Specializing in Veneers, Root Canals,

Bondings, Crowns, Implants and Dentures. Nobel Guide implant technology, mercury-free dentistry, **1-hour ZOOM!** bleaching. Plenty of references from the U.S. and Canada. Dr. Torres, U.S.-LICENSED DENTIST, USC, Cosmetic and Rehabilitation specialist. Dr. Lutz, Harvard University and Loma Linda University for Dental Implants and General Dentistry, Dental lab on premises. Strict OSHA sterilization control. All treatments guaranteed. Our office has been featured on CBS and

Channel 8. All major credit cards welcome. Now offering service in San Diego in our brand-new Chula Vista/Eastlake office. U.S. prices apply. 1-866-804-1877; 011-52-664-634-0835

www.sdro.com/pacdental

#### **DENTISTRY**



PRODENT, Alfonso Gracia A., D.D.S. Located just across the border. Gentle, ethical, antiseptic and affordable dental care, Implants, Oral Surgery Endodontics, mercury-free dentistry, Cosmetic Dentistry. Member of the American, California and Hispanic Dental Associations. Most U.S. dental insurance accepted. Visa and MasterCard are

welcome. 619-308-7845; 1-888-ALFONZO (253-6696)

Prodent@telnor.net



TRUST Dental Care 4 dentists and 8 specialists experienced in Superior-Quality Cosmetic Dentistry. Implants, Veneers, Crowns, Braces, Bonding, ZOOM 3! Whitening, Root Canals, Dentures. Strict OSHA sterilization. U.S. lab and materials. English spoken. Insurance, credit cards accepted. FREE digital x-rays, oral cam and

checkup. 1/4 mile to border. Close to Costco. Free parking. 1-800-342-8419; 011-52-664-685-7020

www.DENTISTatTIJUANA.com



Ricardo Alvarez, D.D.S. More than 20 years of experience in all Cosmetic and NON-INVASIVE, gentle dental procedures. IMPLANTS. Master Studies at Loma Linda University and Harvard University Residence with Straumann and Nobel Implants to offer you the best and **NEWEST** dental treatments, materials, noiseless instruments, digital

and panoramic x-rays, transillumination diagnostics, mercury-free treatments, intra-oral camera, Laser and BriteSmile whitening system. STRICT STERILIZATION and infection control. All your dental needs covered at our 3 CONVENIENT LOCATIONS along Tijuana with a group of committed and professional dentists offering inexpensive and warranted treatments (Cosmetic Dentistry, Smile Design, Immediate Load Implants, Full Porcelain Crowns, Fixed Dentures, Braces, Periodontal and Root Canal treatments). FREE DIAGNOSTIC. Don't wait to have a beautiful and healthy smile... Call us for your appointment:

Agua Caliente: 619-734-0222; Border: 619-734-2386; Zona Rio: 619-734-0233

Visa, MasterCard, Insurance and personal checks are www.bajadentist.com • appointments@bajadentist.com



Dr. Homero Gándara, D.D.S. University of Texas Master's Degree, 25 years of experience, specializing in Implants, Root Canals, Orthodontics and Esthetic Rehabilitation. Mercury-free, strict OSHA sterilization, ZOOM 2! whitening. Oral camera with monitor. New Zirconia system. All American dental insurance accepted. Close to

the border 619-778-6869 011-52-664-634-6655

claudiapiza@hotmail.com



Maité Moreno, D.D.S., M.S. U. of Michigan. Member American College of Prosthodontics and the Academy of Osseointegration (implants). Pure Porcelain Crown and Bridge by Procera™ System Certified www.nobelbiocare.com. Cosmetic Dentistry, OSHA guidelines, digital x-rays. Close to border. Visa, MasterCard, American Express and all U.S. dental insurances accepted.

619-554-4416; 011-52-664-900-7550 www.implantdentalcenter.com



TJ Dental Clinic Pay Less, Expect More. All dental treatments in one state-of-the-art clinic. Cosmetic Dentistry, Laser Whitening, Digital X-rays, Intraoral Camera, Implants, and free estimates. Most U.S. dental insurance accepted. Visa and MasterCard welcome. You don't need to drive – we are just one block from the border. 619-270-8672

www.sdro.com/tjdentalclinic

#### **HAIR TRANSPLANT**

Clinipel Hair now, hair forever! The goal of Dr. Marin is to create a fuller head of natural-looking hair, but other benefits come with looking younger and feeling better. Affordable, painless, 100% secure. Also **THERMAGE**, body contouring. No surgery, no injections, no downtime. Give us a call or visit us online. 619-734-0209; 011-52-664-634-2208

www.clinipel.com

## Health Beauty Guide

Free 24-hour hotline for frequently asked questions: 619-233-9797

Call anytime and enter a four-digit extension, or visit our website: SDReader.com/health

#### Extension 7070 **Botox**

- 1 What is Botox?
- 2 Botox & wrinkles
- **3** Effects of Botox 4 How much does it cost?



Venus Medical 3166 Midway Dr., Suite 105, Point Loma 619-758-9875 venusmedical.com

#### Extension 7040 **Breast Surgery**/ Augmentation

- 1 Breast augmentation
- 2 What type is right for you? 3 Breast lift
- **4** Breast reduction
- 5 Male breast surgery



Kian J. Samimi, MD 711 Fourth Ave. #200 7300 Girard Ave. #101 La Jolla 888-261-1658

#### Extension 7100 Cosmetic **Dentistry**

- 1 About our office
- 2 Implants, dentures & partials 3 Invisalign, the clear straightener
- 4 Veneers & teeth whitening
- 5 Crowns, bridges & surgeries



Extreme Smile Makeover 5927 Balboa Avenue Clairemont 858-751-5733

#### Extension 7000 Face-lift

- 1 About our office 2 Procedure
- 4 Recovery
- 5 Benefits



Mario S. Yco, MD, FACS 477 N. El Camino Real, Suite A-210, Encinitas 760-944-4211 facesurgery.com

#### Extension 7080 Laser Eve Surgery

- 1 About LASIK 2 Who is a candidate?
- 3 Your eye exam
- **4** Surgery
- 5 After surgery



Farzad Yaghouti, MD Global Laser Vision 6950 Friars Rd., Suite 100 Mission Valley 800-438-5274 globallaservision.com

The professionals who provide this information are solely responsible for its content. This information does not address all medical situations, nor is it intended to replace a medical consultation. It is provided free, but if calling from outlying areas, you may incur toll charges on

admits that they had some normally wouldn't particigood talent, but once again, pate in sports. He'd ask them to just try it for one week not the great sprinters who might rack up points all by and see if you like it. Some themselves. "Ed concenwould end up liking it and trated on seconds and thirds in the events he knew he couldn't win. He recruited kids even in the halls. Most teams had 25 kids, but he might have 60 or 70. Probably the best thing he did was concentrate on personal-best performance with every athlete. He even organ-

tant was Pat Judd, who

ized second heats for kids

who didn't qualify for the

main heat. It didn't mean anything in terms of points,

but he did it for those other

kids' improvement." Perhaps

it was the influence of the

times, or the socioeconomic

background of the kids in

the more affluent Bonita,

but Teagle's disciplinarian

side softened as well. His

daughter Debbie says, "I

spent a lot of time watch-

ing him coach at Bonita Vista.

He had an amazing ability

to draw kids onto his team.

He'd approach all types.

"He built a team into a family. Both the guys' and girls' teams would walk out onto the field, holding hands, and circle the other team. If a guy won a race, he wouldn't let him throw up his hands and celebrate. Instead, the guy was expected to step on the grass and run to the kid in last place and encourage him until he finished." Asked how Teagle got the best out of his kids in competition, Judd says, "He would tell a story to the team before a meet. Like how a kid on one of his teams persisted for three years, until he finally took a third place, which won the meet for the team. There'd be a tear in every eye."

Druggies, recluses, kids who

In 1977, Teagle ran out of coaching steam. After 29 years of marriage to Evie, a divorce staggered him. He

#### Extension 7160 **Tanning**

- **1** About us
- 2 Benefits of tanning 3 UV-free instant tan
- 4 Vertical booths v. beds



Hollywood Tans 7 locations in San Diego & N. County. Call toll-free for the one nearest you. 877-TANS 1-2-3 hollywoodtans.com

#### Extension 7030 **Laser Hair** Removal

revivamed.com

- 1 What is it?
- 2 How does it work?
- **3** How is it performed?
- 4 What does it feel like?



Farzad Yaghouti, MD Global Laser Cosmetics 6950 Friars Rd., Suite 100 Mission Valley 866-237-8566 globallasercosmetics.com

#### Extension 7050 Weight Loss

- 1 What should I eat? 2 How much can I lose?
- 3 Body Mass Index (BMI)
- 4 Is the Atkins Diet safe? 5 Exercise: How much?



Viva Wellness Medical Group 3166 Midway Drive, Suite 105, Point Loma 619-222-5433 vivawellness.com

Other categories available for sponsorship include: Acupuncture, Cosmetic Fillers, Hormone Therapy, Permanent Makeup and Eyelid Surgery. Call 619.235.3000 to speak with a sales representative.

your telephone bill.

#### HEALTH AND BEAUTY



## **Dental Implants**

as \$795 (crown not included)

FREE CONSULT/EXAM

#### IMPLANT CROWN 5499

Bridges • Braces • Crowns Root Canals • White Fills

Call: **619-827-0770** 

**Smile Design Center** 

A Dental Practice 232 Third Ave., Chula Vista, CA 91910

## **5 Years of Customer Satisfaction** in San Marcos

### LightSheer Diode Laser Hair Removal

The Gold Standard for permanent hair removal. Eliminates unwanted and ingrown hair forever.

#### IPL Quantum Photorejuvenation

Medical device performed only by RN or MD. Effectively eliminates signs of rosacea, brown spots, age spots, sun damage, broken capillaries, spider veins and more.

### Microdermabrasion Medical Strength

Exfoliates skin and diminishes fine lines and scars.

March Special

50% off **Laser Hair Removal** 

New clients only. Expires 3/31/08.

## **Advantage Laser Aesthetic Center**

**A Medical Corporation** 

Lynda Schiebert, a Registered Nurse, has over 15 years' experience in this field, ensuring safe and effective treatments.

100 N. Rancho Santa Fe Road, Suite 119, San Marcos • www.advantagelaser.net

760-598-1018



San Diego Reader March 20, 2008

## **STOP** paying for Laser per area!



**Full-body laser** hair removal for only \$99/month!\*

Free iPhone!

#### Laser hair removal **\$99**/month\*

OAC. 6 treatments. Full-body package: chest (men), abdomen, upper/ lower back, upper/lower arms, hands. underarms, upper/lower legs, toes, shoulders, biki-

#### **Photofacial** & wrinkle treatment **\$89**/month\*

OAC. 1-year package customized to your needs IPL, Jessner's peel, glycolic peel, microdermabrasion.

Free 1-vear supply of Revision products (\$1000 value).

#### Acne treatment **\$89**/month\*

OAC. 1-year package customized to your needs. Lactic acid peel, glycolic peel, Levulan peel, IPL, microdermabrasion.

Free 1-year supply of Revision products (\$1000 value)

#### We will beat any price in San Diego!\*

\*Certain restrictions apply and not all patients may be appropriate for certain types of treatments. Monthly payments are based on approved credit and have various terms and conditions. Interest rates start as low as 0%. Botox, Restylane and Juvéderm offered in different packages for wrinkle reduction. We own all our laser and light equipment from Lumenis, the most common platform and the right technology. We do not rent any of our equipment. Free iPhone offer is for a limited time only and only applies to promo packages above. Free iPhone offer does not include service and tax. Offer expires 4/10/08. Offers cannot be combined. Please call us for a complimentary appointment to discuss your specific needs.



Financing Available
12-month no-interest plans

60-month terms available Certified by the American

**Board of Plastic Surgery** 

9834 Genesee Avenue Suite 129, La Jolla

#### **ENCOMPASS** MEDICAL GROUP

619-460-7775

Dr. Robert B. Lajvardi, MD • 7339 El Cajon Blvd., Suite E, La Mesa

## A free seminar on the non-surgical treatment of fibroids!

Common symptoms of uterine fibroids include heavy or irregular bleeding, cramping, pelvic pain, and frequent urination

Join us for a free seminar to learn about the latest treatments for fibroids, including Uterine Fibroid Embolization (UFE), a nonsurgical procedure clinically proven to provide symptom relief.

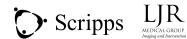
#### Wednesday, March 26 · 6:30-8:00 pm **Scripps Mende Well Being Center**

UTC Shopping Center • Above Peking Palace 4305 La Jolla Village Drive, Suite L-5, San Diego

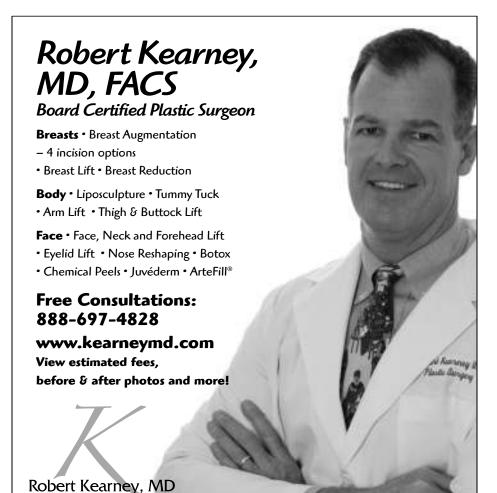
#### Speakers

Ross A. Christensen, M.D., Interventional Radiologist Catharine H. Marshall, M.D., Obstetrician and Gynecologist Niseema Agarwal, L.Ac., Licensed Acupuncturist

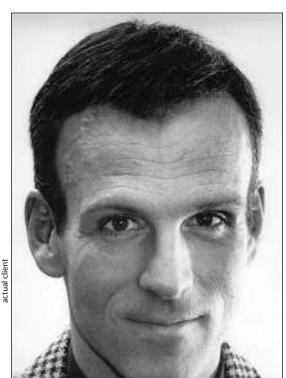
To register, call: 1-800-SCRIPPS (1-800-727-4777) or e-mail: lfurnald@ljrad.com For information or to schedule a UFE consultation, call Lynette Furnald, RN: 760-414-4690







## Look sexy and feel confident with a full head of real hair in less than 2 hours.



100% satisfaction or your money back!

If you are currently a client of another company, come and see why UHD was voted #1 salon in California. Your first service will be on us. That's right, FREE! We want to earn your business! Happy new year!

Come see our high-class center and find out why so many customers have made the change to Últimate Hair!

100% \$\$\$-back guarantee! We want to earn your business. NOT receiving 100% from your current provider? Make the change today!





- Breast **Augmentation**
- Liposculpture
- Tummy Tuck
- Botox and **Fillers**
- Fraxel Skin Rejuvenation And much more...

**Ask about** 

Eliminate areas of unwanted fat and tone your entire body with Smartlipo laser-assisted lipolysis.

## Financing!

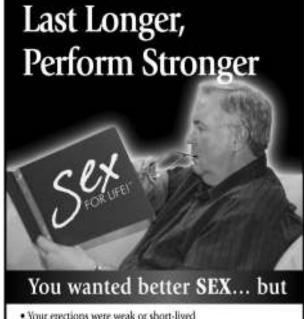
Certified by the American Board of Plastic Surgery 4150 Regents Park Row Suite 260, La Jolla 92037

**Complimentary consultations!** 

Jeffrey A. Umansky, MD 888.260.8576 • www.drumansky.com

Fellowship trained by Harvard **Plastic Surgery Professors** 





- · Your erections were weak or short-lived
- · You lost control prematurely
- · ED pills and sex pills didn't work or caused side-effects

These complaints are common and can be solved! For over 10 years, our physicians have discreetly helped men restore their manhood even when other options have failed. We provide:

- Proprietary BMG Method<sup>SM</sup>, personalized for each patient
- · Measurable results from the first visit
- · Private waiting rooms

Don't let ED or Premature Ejaculation affect your relationship for another day. Last year, we helped over 30,000 couples!

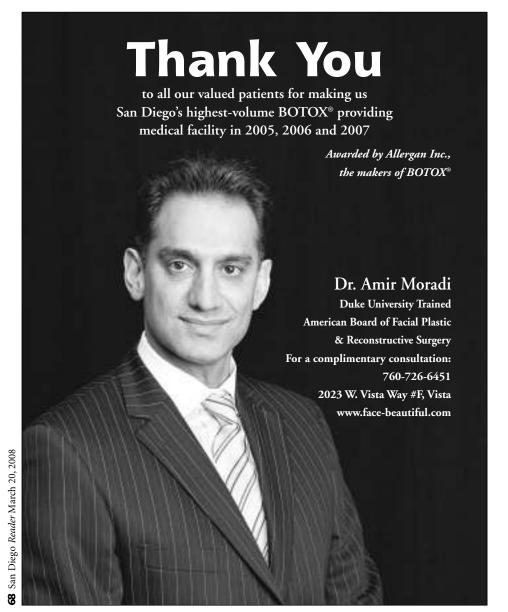


No excuses, call now 1-866-725-9026

Los Angeles • Costa Mesa • San Diego • San Francisco • Seattle • Phoenix • Denver Houston • Dallas • Fort Lauderdale • Miami • Orlando • Tampa • Atlanta • Detroit • Chicago Philadelphia • Pktsburgh • Tyson's Corner • Washington DC • New York

transferred to Palomar High School — a continuation institution where troubled kids could make a teacher's job challenging. "He loved it," Tom Teagle relates. Still, the sun-mirroring ocean of Mexico was calling. For decades Teagle had taken long family trips to Baja, usually with other coaches and their families. Chuckling, Verne Dodds says, "We'd be on some road full of ruts and boulders, heading for the coast, and [we'd] have to make a stop. Ed would get out his beach chair and sit in the middle of the road, taking in the sun, and light up a cheap cigar." Another buddy, Vern Finch, adds, "He could do nothin' real well." If it were a boys-only trip, everyone had a real duty, except for Teagle. Even when assigned jobs as "clam man," or "music man," such chores were never completed. Jim Callender says, "He was a pretty good manipulator. One time he was assigned to cook the meal, and his reply was, 'Okay but I lost my sense of taste in the war.' So I did all the cooking."

Perhaps Teagle also





performed by physician

San Diego's Unique Medical & Day Spa

### Mystique MEDICAL SPA

Mason Dang, M.D. Medical Director

#### Free Consultations!

3603 Fourth Ave. San Diego 619-543-9814

Closed Sun. & Mon.

SPRING SPECIAL!

#### **IPL Photofacial** Rejuvenation \$149 (reg. \$250)

#### **Cosmetic Procedures**

**Breast Revision Breast Augmentation Breast Reconstruction** Face, Neck and Brow Lift Blepharoplasty **Double Eyelid Surgery** Rhinoplasty Fat Injection **Buttocks Augmentation** Abdominoplasty Liposuction

Botox • Restylane • Perlane • Juvéderm

#### **Laser Tattoo Removal**

IPL Photofacial Skin Rejuvenation IPL Laser Hair Removal **IPL** Acne Treatment Photodynamic Therapy Medical-Grade Facial Peel Sclerotherapy Spider Vein Treatment Scar, Skin Tag & Mole Removal

Now available

#### **LASIK Laser Vision Correction**

starting from \$999 per eye

#### **Permanent Makeup**

Eyeliner \$199 (reg. \$300) • Lip Liner \$199 (reg. \$300) Eyebrows \$199 (reg. \$300) • Full Lip \$499 (reg. \$600)

#### **Spa Services Special**

plus hand and foot reflexology.

'Spring Retreat" Package \$159 European facial, microdermabrasion, relaxing full-body sea salt scrub

Eyelash Extensions \$109 (reg. \$199)

All prices expire 3/26/08. Most credit cards accepted

knew that his clock was ticking. After four years at Palomar, he decided to retire at age 55, and in 1982 he was free. But instead of Baja, Teagle spent his last few years in a trailer in Mazatlán during the winters and at La Jolla Shores in summer. Friends who visited him recall his active social life and how he taught Spanish to other gringos in the trailer park. This simple life of sunshine, hammocks, mangos, and cold cervezas he now shared with a new woman, Jean Alvord.

In the spring of 1986,

Teagle came up to San Diego for the last time. He was failing, as the dormant cancer had revived. His four kids were with him when he died. On his final morning, when the doctor asked him how he was doing, he replied with the same line he always used: "Couldn't be better." Then he made sure his children knew he'd lived his life exactly as he wanted. No regrets. "He was Will Rogers,"

observes Bob Lusky. "He

liked everyone and they liked him. If there was a rare person he didn't like, he'd blow it off and not mention the guy. He'd rather think about the positives." Lusky still marvels at the huge crowd that attended Teagle's wake. "There were congressmen to beach bums. Every kind of professional. I kept asking myself, 'How'd he know so many people?'

I still remember something he said the last time I saw him. I'd returned to I.B., for nostalgia's sake, and commented on the number of bars, the rampant drugs, the rowdy reputation the town had achieved. Standing there on the sand, with his Mexico-tanned skin and a grizzled beard more salt than pepper — Ed resembled Papa Hemingway in his later years — he said, "It was always a tough town."

The reply was not penetrating, not profound. So why does it seem, even now, to have such gravitas? Maybe because it's attached so strongly to my memories of Ed, and thus relates to another question I've been pondering: Why did he coach in Imperial Beach for all those

years? Surely he could have gone to the tonier beach towns where he'd spent his youth and knew so many people. He could have coached anywhere. So, why? My hunch is that he came for kids like Benny, like Dave, like me. ■

— Byron Shewman

## **Immediate Tooth Replacement**

\* \* \*

#### FREE CONSULTATION FOR IMPLANTS



COMPLETE DENTAL CARE



Immediate Results

Delayed Load Implant as low as \$800 (excludes crown)

Immediate Load Implant \$2200 (excludes crown)

immediate results never before available with other implants. The only implant approved by the FDA for immediate load.

With immediate-function dental

implants, patients receive

NO WAITING PERIOD Tooth placed on the implant the same visit and you can eat immediately.

Non-invasive Sinus Floor Lift & Bone Grafting

ngs · Root Canals in one visit \$250 anterior tooth · Crowns/Bridges · White & Silver Fillings

Dr. S.T. Sawa • 407 W. Madison Ave. • El Cajon • 619-401-0444 www.instantdentalcare.com or www.sargondentalimplants.com

#### **Hypnosis** Works!

### STOP Smoking Today!

- Confidence
  IBS

  Weight
  Sleep

  Fear

  Motivation

  Chronic
  Pain
- Success Hypnotherapy, Inc.

Judy Callihan Warfield Certified Hypnotherapist Certified NLP Practitioner Certified Therapeutic Imagery

**619-303-8511** 9029 Park Plaza Dr. #200 La Mesa www.successhypnotherapy.com

## IPL PHOTOFACIAL \$179 (reg. \$400)

BOTOX **\$9** PER UNIT 50 off your first treatment RESTYLANE, JUVÉDERM, PERLANE, RADIESSE STARTING FROM \$299

LASER HAIR REMOVAL FROM \$39

All procedures performed by physician or RN.

COSMETIC LASER & SKIN REJUVENATION CLINIC

3252 Holiday Court, Suite 229, La Jolla 888.326.9259 • www.skinclinic.us

THER OFFER, DISCOUNT OR OMOTION. FIRST TREATMENT ONLY. EXP. 3/27/08

FREE CONSULTATION



#### **Neck or** lower back pain?

HEALTH AND BEAUTY

Arm or leg pain • Numbness Cramping • Weakness

#### Tired of nothing working?

Chiropractic, physical therapy, acupuncture, pain medication, muscle relaxers

Bulging After

Decompression

#### **Good news!** Finally there is help! Without injections, medications or surgery!

#### **Spinal Decompression** Computerized Therapy

creates a vacuum effect to facilitate the transfer of fluids, nutrients and oxygen herniation back inside the disc.

Learn the importance of treating the cause of the problem, not just the symptoms. FDA approved!

#### Disc Herniation

- Degenerative disc
- Sciatica
- Spinal stenosis
- Facet syndrome

#### Complimentary consultation & evaluation!

See if you are a candidate for this new innovative treatment! Call for details. Offer expires 3/28/08.

Dr. Theo H. Kircher QME, Chiropractor 2555 Camino del Rio So.

2 free trial visits

888-550-DISC

sdspinaldecompression.com

**Hablamos Español** 

# FREE Cosmetic Surgery Information Pak™\*

Plus our new booklet "Warnings & Red Caution Flags" about cosmetic and plastic surgery's hidden pitfalls



## Find out what you must know about cosmetic surgery before your surgery!

- Before and after photos of procedures Brochures
- Doctor referrals/FREE consultations Surgery pricing guides
- Recovery process and back-to-work time
- Checking out doctors' board certification
- 25 questions to ask your doctor
- How to finance your surgery/low payments

## Call 1-800-535-0380

for immediate shipment.

## No cost or obligation.

Sponsored by: The Cosmetic Surgery Information Center<sup>TM</sup> .. a non-profit public benefit organization providing information, education and assistance to the public since 1985.

\*Certain restrictions may apply. Paid for by an association of participating Board-Certified Physicians referred by Cosmetic Surgery Information Center. ©2008 COSMETIC SURGERY INFORMATION CENTER, INC. TM



## Easter

#### Holy Thursday

March 20, 7:30 p.m., Dr. Jim Standiford, Holy Communion, Draping of the Cross, The Contemporary Singers, Youth Choir, and Handbells.

#### Good Friday

March 21, 12:10, Rev. Mary Allman-Boyle, The Chancel Choir. Organ meditation begins 11:45.

#### Easter Vigil Prayer Pilgrimage

Saturday March 22, between 7:30 and 9 p.m., self-guided interactive journey, all ages, Baptism and Communion.

#### Easter Sunday

March 23, 8:00, 9:30 and 11:00 a.m.

Dr. Jim Standiford, The Chancel Choir, Organ, Trumpets and Handbells.

The Water's Edge contemporary service at 9:30 in The Cove with Rev. Molly Vetter.

#### First United Methodist Church of San Diego

2111 Camino del Rio South, Mission Valley - 619-297-4366 - www.fumcsd.org







#### Experience life and death in the ancient Roman world

Two thousand years ago. Mt. Vesuvius crupts in cataclysmic fury, burying the Roman city of Pompeli, Preserved in ash, frizen in time...Pompeli lives again.

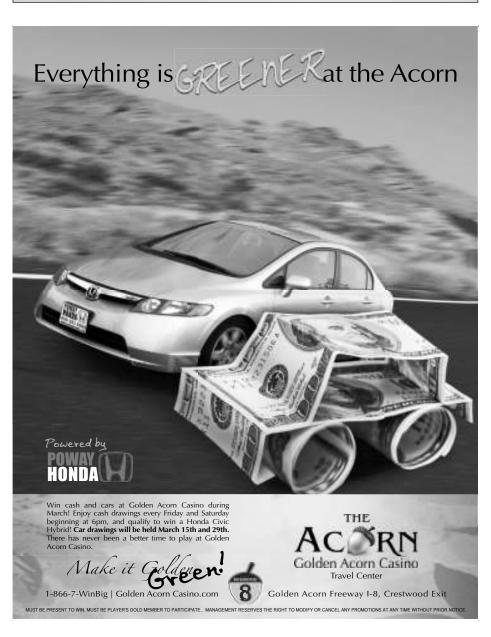
See more than 250 priceless artifacts from the legendary lost city along with body casts of victims formed at the very moment of death, Experience life and death in the ancient Roman world. Spend a day in Pompeii!

The only showing on the West Coast!

Tickets are on sale now online www.sdnhm.org; at the Museum or by phone: 877.946.7797.

#### SAN DIEGO NATURAL HISTORY MUSEUM

s collaboration of the Septimiendence Archeologica di Pempet and the Inno American amilitations the Gold Court Laborator Science Corner, the Science Management Ministryca, the San Disso Marges (University Management and Discovery Place



## The 8000 B.C. **Deerhunter**

#### Lost Valley Spearhead

nly one other fluted point has ever been found in San Diego," says George Kline, graduate student in archaeology at San Diego State University. Kline describes a fluted point as an arrowhead with a "channel scar going longitudinally from base to tip," indicating the groove into which a shaft would fit.

The "Lost Valley Fluted Point" was discovered by Kline's wife Victoria and grad student Tad Schwinneson in 2002 in an area near the northwest edge of Anza-Borrego State Park. "Tad was down in the unit [a two-meter-square hole], and my

LOCAL **EVENTS** 

wife was just outside with a screen to sift with," says Kline. Excavation units are dug to bedrock, which, in

this area, is between one and two meters deep. "[Tad] shoveled a shovel full of dirt into the screen, and my wife screamed, 'Stop!' There are certain things you don't expect to see, and this is one of them.'

The point had been nestled in the soil just over a meter below the surface. "Most fluted points in California have been found on the surface,' explains Kline. "When they're found on the surface, you have no idea how long they've been sitting on the surface or where they were before they popped out.'

Archaeologist and fluted-point specialist Michael F. Rondeau confirms the point's authenticity and estimates it to be between 8000 and 12,000 years old.

On Tuesday, March 25, Kline will host a research update on the "Lost Valley

Fluted Point" for the San Diego County Archaeological Society. The Lost Valley Campground, for which the point is named, is located an hour's off-road drive northeast of Warner Springs. The campground belongs to the Orange County division of the Boy Scouts, which allows San Diego State University to conduct field studies in exchange for providing grad-student volunteers to assist Boy Scouts in earning a merit badge in archaeology. "There are only a handful of places in the United States that offer that. It's one of those rare merit badges that are hard to get," says Kline.

Most points discovered above ground have been altered by erosion. There was such mineral incrustation on this point — it's got a lot of crud stuck to

it — that we



Lost Valley Fluted Point

couldn't even tell what kind of stone it was," Kline explains. "After it was out of the ground for a day or two, I noticed a



tiny chip off the base of the point that I think happened after it came out of the ground, and it was a very shiny black. It was made out of obsidian, [which means] we can learn more from it.

Kline can use "obsidian hydration" dating to determine the age of the point, a process that measures the water content on the surface of the volcanic glass

against that of its interior. "I thought I could get a date from the one little chip that broke off, but when I tried, it was too small," says Kline. "Since this thing is so rare, I have been hesitant to cut into it.

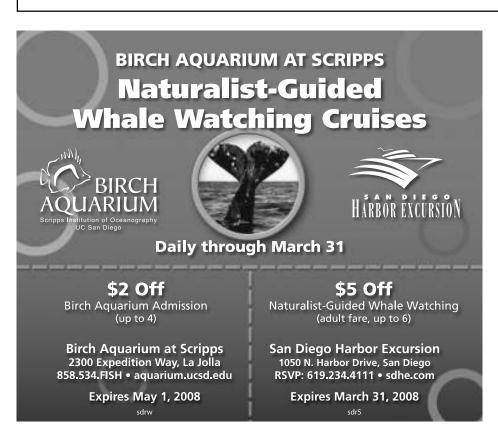
The fluted point has undergone a protein-residue analysis," which tests for blood proteins. If an archaeologist wanted to test for mammoth blood on an artifact found in North America, a test could be done for proteins that

matched those of elephants (in the family Elephantidae). The Lost Valley point tested positive for Cervidae, the family including deer, elk, and moose.

Kline has also put the point through a geochemical analysis to determine where the stone originated — the Lost Valley point's origin is 300 miles away at Mammoth Lakes, California, near Yosemite National Park. "Casa Diablo is the area around Mammoth Lake where there are several obsidian flows, and this particular one is from Lookout Mountain," says Kline.

— Barbarella

**Lost Valley Fluted Point: Research** Update 2008 Tuesday, March 25 7:30 p.m. Los Peñasquitos Ranch Adobe **12122 Canyonside Park Drive** Rancho Peñasquitos **Cost: Free** Info: 858-538-8066 or sandiegoarchaeologicalsociety.com





**HOW TO SEND US YOUR LISTING:** Contributions must be received by 5 p.m. Friday the week prior to publication for consideration. Do not phone. Send a complete description of the event, including the date, time, cost, the precise address where it is to be held (including neighborhood), a contact phone number, and a phone number (including area code) for public information to READER EVENTS, Box 85803, San Diego CA 92186-5803. Or fax to 619-881-2401. You may also submit information online at SDReader.com by clicking on the

#### DANCE

events section.

Bellydance Showcase Vilia, Melissa, Cyrena, and Adam perform to live music by Jihn Bilezikjian and Dave Dhillon. 619-688-9845. Thursday, March 20, 8 p.m.; \$5. Claire de Lune, 2906 University Avenue.

Cajun and Zydeco Dancing Zydeco dance with lesson by Gator Boy offered every Thursday. Beginners' dance lessons at 7 p.m.; open dancing to recorded tunes from 8-10:30 p.m. 619-857-8409. Wednesday, March 26, 7 p.m.; \$5. Ages 21 and up. Tio Leo's Lounge, 5302 Napa Street. (CLAIREMONT)

Cross-Step Waltz Learn a crossstep waltz mixer (beginner level), as well as some figures and variations (intermediate), with open request dancing until 9:45 p.m. hosted by Waltz & Such in Casa del Prado room 207. All ages. Partners not required. Donation. 619-583-9956. Fri-

Warbird Special

\$100 off any

T-6 fliaht!

Lowest price in the U.S.

In S.D. since 1992 BIPLANE, AIR COMBAT

& WARBIRD FLIGHTS

800-759-5667

w.barnstorming.com

SMOKEY JOE'S CAFE,

San Diego Junior Theatre Chula Vista at Theatre on Third, through Saturday, March 22.

<u>OUT & ABOUT</u>

(SEE FOR KIDS)



day, March 21, 7:15 p.m.; \$1. Casa del Prado, El Prado. (BALBOA PARK)

**Disco-Style Dance Party** Dalya Dallal leads dance celebrating Purim. Evening open to all with advance reservations. 619-281-5656. Saturday, March 22, 8 p.m.; \$10. Folk Dance Center, 4569 30th Street. (NORTH PARK)

**English Country Dancing Judee** takes on calling duties with Ellie for English country dancing. 858-676-9731. Sunday, March 23, 6 p.m.; \$6. Jean Hart Academy of Dance, 12227 Poway Road. (POWAY)

Hip-Hop, Don't Stop Latest dance steps taught by instructor/ dancer Prince on Thursdays. 858-635-1211. Thursday, March 20, 7 p.m.; \$10. Dancing Unlimited, 4569 30th Street. (NORTH PARK)

Middle Eastern Dance and Music Bellydance show with Sabrina and Brianna, "Mideast fusion music" by Middle-Earth Ensemble. 858-488-4200. Sunday, March 23, 8

p.m.; \$10. Turquoise Cafe, 873 Turquoise Street. (PACIFIC BEACH)

Notorious! Guest band serves up "hot tunes," Martha Wild calls for contra dance hosted by San Diego Folk Heritage. Beginners dance workshop 7:30; dances taught and called to live music 8-11 p.m. Wear soft-soled shoes. 619-283-8550. Saturday, March 22, 7:30 p.m.; \$10. Trinity United Methodist Church, 3030 Thorn Street, (NORTH PARK)

**USA Dance Ballroom Party** Ballroom, Latin, swing, salsa, more. All ages, ability levels, singles, couples. Casual dress. Fourth Saturday each month. Lessons at 7 p.m., dancing from 8-11 p.m. 760-525-5124. Saturday, March 22, 7 p.m.; \$7. Synergy Dance Zone, 7480 Miramar Road. (MIRA MESA)

#### FILM

"Caring for Your Parents" An abbreviated version of Michael Kirk's film draws "attention to the realities

of caring for elderly parents." Panel discussion follows with Veronika Glenn and Martin Dare, 619-236-5821. Wednesday, March 26, 6:30 p.m.; San Diego Public Library, 820 E Street, (DOWNTOWN)

"Great World of Sound" Craig Zobel's 2007 "tangy excursion to the neverland of unrequited dreams" screens for Film Forum, 619-236-5800. Monday, March 24, 6:30 p.m.; San Diego Public Library, 820 E Street. (DOWNTOWN)

"Loose Change 2nd Edition" See the "most provocative 9/11 documentary on the market today" when it's featured for Sunday Matinee Series. 619-236-5800. Sunday, March 23, 2 p.m.; San Diego Public Library, 820 E Street, (DOWNTOWN)

"Palabra de Mujer / A Woman's Word" Film depicting life and writings of three authors of the Arabian word screens for "Voices: A Women's Human Rights Film Series" hosted by Eveoke Dance Theatre and the Cultural Worker. UCSD department of history professor Deborah Hertz leads discussion. Reservations: 619-238-1153. Saturday, March 22, 6 p.m.; \$10-\$12. Eveoke Dance Theatre, 2811 University Avenue, Suite A. (NORTH PARK)

"Politics, Hip-Hop and Immigration" Cinema Lounge Series hosted by Sushi Performance and Visual Art seeks to provoke "thought, dialogue, and inspiration." Next up: La Haine (1995) by Matheieu Kassovitz, Yeah Yeah, We Speak English Just Serve (2006) by Wholpin, live music by MC Flow, visual art by painter Ricardo Islas. Pay what you can. 619-235-8466. Tuesday, March 25, 7 p.m.; Basic Urban Kitchen and Bar, 410 Tenth

"The Bus Riders Union" Academy Award-winning cinematographer Haskell Wexler's documentary traces three years "of one of the nation's most dynamic social movements as it forges a powerful movement to fight for justice for transit riders." After screening, expect "a rally to consider forming a bus riders' union in San Diego." Members of the L.A. Bus Riders Union will speak. 619-687-5109. Thursday, March 20, 6 p.m.; \$5-\$10. Joyce Beers Community Center, 1230 Cleveland Avenue. (HILLCREST)

"To Kill a Mockingbird" KPBS film critic Beth Accomando hosts screening of 1962 classic film based upon Harper Lee's novel for "The Big Read" program. Discussion follows. 760-753-7376. Saturday, March 22, 2 p.m.; Encinitas Library, 540 Cornish Drive. (ENCINITAS)

"When Worlds Collide" Enjoy 1951 film when San Diego Vintage Science Fiction group gathers. Also on tap: Quatermass II, Episode 4 (1955), and Radar Men from the Moon, Episode 11 (1952), all in Studio 106, 619-723-3456, Saturday, March 22, 7 p.m.; Art Union Building, 2323 Broadway. (DOWNTOWN)

Indie Days See Good Bye Lenin! when ongoing Carlsbad Library film series continues with "Independent Films." 760-602-2026. In German with English subtitles. Wednesday, March 26, 6 p.m.; Carlsbad City Library, 1775 Dove Lane, (CARLSBAD)

#### FOR KIDS

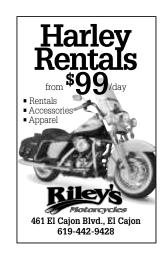
"Animals, Animals, Animals" Big Joe Productions present Rock and Roll Rabbit, The Lion and the Mouse, and The Great Kapok Tree, March 19-23. Next: The Tortoise and the Hare by Gaston Morineau, March 26-30. Curtain rises at 10 and 11:30 a.m. Wednesday-Friday; 11 a.m., 1 and 2:30 p.m. on Saturday and Sunday. 619-544-9203. Thursday, March 20, 10 a.m.; Friday, March 21, 10 a.m.; Saturday, March 22, 11 a.m.; Sunday, March 23, 11 a.m.; Wednesday, March 26, 10 a.m.; \$3-\$5. Marie Hitchcock Puppet Theatre, 2130 Pan American Road West. (BALBOA PARK)

"Grease!" Young Actors' Theatre senior division presents production with songs including "Grease,"
"Summer Nights," "Mooning," "Hand live," more. Tickets: 619-670-1627. Thursday, March 20, 7 p.m.; Friday, March 21, 7 p.m.; Saturday, March 22, 2 p.m and 7 p.m.; \$12-\$15. Lyceum Theatre, 79 Horton Plaza. (DOWNTOWN)

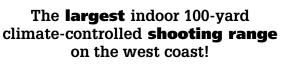
"Smokey Joe's Café" Show highlights "the best songs" by Leiber and Stoller songwriting duo. San Diego Iunior Theatre Chula Vista presents this revue of song and dance with numbers like "Fools Fall in Love," "Jailhouse Rock," "Hound Dog," "Love Potion #9," and "Stand by Me." 619-239-8355. Friday, March 21, 7 p.m.; Saturday, March 22, 2 p.m.; \$5-\$10. Ages 8 and up. The Theatre on Third, 250 Third Avenue. (CHULA VISTA)

"Spring EGGS-travaganza" "Spring is an eggs-tra special time of

OPENING Saturday, March 29 • 4-9 pm \$20 for entire week of yoga! Some restrictions apply. Yoga Wall, Vinyasa Flow, Ashtanga Seniors Flow and much more. Yoga Del Coronado 1330 Orange Ave., Ste. 140 • Coronado 619-522-9500 • www.yogadelcoronado.com







Rifle • Pistol • Shotgun • Archery • Black powder



#### **Free** gun rental

Indoor shooting range: \$12 first hour and \$6 each additional hour



2082 Willow Glen Drive El Cajon 619-442-9971 www.p2Krange.com





year when many ocean animals are hatched or born." Activities highlight wonders of reproduction in the sea, March 15-21. See egg-laying marine animals, including squids, fishes, and sharks; create a shark egg craft, listen to stories, take part in "daily activity." Included in regular admission. 858-534-FISH, Thursday, March 20, 11 a.m.; Friday, March 21, 11 a.m.; Birch Aquarium at Scripps, 2300 Expedition Way. (LA JOLLA)

"The Diary of Anne Frank" From 1942 to 1944, Anne Frank, a young Jewish girl, lived in hiding in an attic with her family and four friends in Nazi-occupied Amsterdam. The drama is next production for La Jolla San Diego Junior The-

atre, March 21-30. 619-239-8355. Friday, March 21, 7 p.m.; Saturday, March 22, 7 p.m.; Sunday, March 23, 2 p.m.; \$10-\$15. Ages 12 and up. Firehouse YMCA Community Center, 7877 Herschel Avenue. (LA JOLLA)

"World Water Day at the Fleet" Celebrate "World Water Day" and new IMAX film Grand Canyon Adventure with "water-wise activities for the whole family." Step aboard 80-foot-long Wyland Clean Water Mobile Learning Center and become a clean water expert; handson activities, musical stage production about water's journey. Included in regular admission. 619-238-1233. Saturday, March 22, 10 a.m.; \$6-\$8. Reuben H. Fleet Science Center, 1875 El Prado. (BALBOA PARK)

**Easter Egg Hunt Festival** Arts and crafts for kids, party jumps, face painting, 24,000 eggs to hunt (with start times based on age). 760-633-2760. Saturday, March 22, 10 a.m.: Ecke Sports Park, 278 Saxony Road. (ENCINITAS)

Hullabaloo in Concert! Children and their families invited to concert with "plethora of musical instruments and plenty of opportunities to get up and dance." 858-573-5007. Thursday, March 20, 10:30 a.m.; Mission Valley Library, 2123 Fenton Parkway. (MISSION VALLEY)

In Like a Lion, Out Like a **Lamb** Secrets of the Garden class focusing on plants with animal names, includes snack resembling a plant with an animal name for all. Families will "propagate a mini-horticultural zoo to take home." For those four and older with an adult. 619-660-0614. Friday, March 21, 6 p.m.; \$12-\$15. Ages 4 and up. Water Conservation Garden, 12122 Cuyamaca College Drive West. (RANCHO

#### **IN PERSON**

"America Singing" Take in evening of music featuring North Coast Singers' Cappella Chamber Choir, with readings from To Kill a Mockingbird and singing by Palomar Chorale accompanied by Chamber Orchestra, for "The Big Read" program. 760-753-7376. Wednesday, March 26, 7:30 p.m.; San Dieguito United Methodist Church, 170 Calle Magdalena. (ENCINITAS)

"Hello, Dolly!" This musical, with lyrics and music by Jerry Herman, book by Michael Stewart, is next production for Mt. Carmel High School's Theater at the Mount program, March 20-29. 858-484-1180 x3341. Thursday, March 20, 7 p.m.; Friday, March 21, 7 p.m.; Saturday, March 22, 7 p.m.; \$8-\$12. Mt. Carmel

High School, 9550 Carmel Mountain Road. (RANCHO PEÑASOUITOS)

"Hollywood Crows" Bestselling author Joseph Wambaugh signs, discusses his newest book. 858-454-0347. Tuesday, March 25, 7:30 p.m.; Warwick's Bookstore, 7812 Girard Avenue, (LA JOLLA)

"N\*W\*C\*" Alternative Stage series continues with performance telling "powerful real-life stories of three young men from different ethnic backgrounds...using drama, hiphop, slam poetry, and stand-up comedy" to deconstruct the notion of race in America. 800-988-4253. Friday, March 21, 8 p.m.; Saturday, March 22, 8 p.m.; \$25, California Center for the Arts, Escondido, 340 North Escondido Boulevard. (ESCONDIDO)

"Word Pictures" Emmy Awardwinning professional storyteller Mark Lewis plans storytelling concert for whole family, mixing music and stories to entertain. Lewis is said to be a master of "old-wave special effects." 858-552-1657. Saturday, March 22, 2 p.m.; La Jolla Library, 7555 Draper Avenue. (LA JOLLA)

Expect Advice Dr. Laura Schlessinger signs her new book, Stop Whining, Start Living. 619-593-5119. Tuesday, March 25, 7 p.m.; Borders Books and Music — El Cajon, 159 Parkway Plaza East. (EL CAJON)

PETA Leader Dan Mathews, described as a "gay and out vegan," reads from and signs his memoir Committed. 619-295-2201. Monday, March 24, 7 p.m.; Borders Books and Music -Mission Valley, 1072 Camino del Rio North. (MISSION VALLEY)

Painful, Touchy, Intimate? Anthony Smith, author and graduate of University of San Diego, discusses his new book, The Taboos of Leadership. Book focuses on "painful, touchy, intimate, difficult-to-discuss, and politically incorrect taboos of leadership by judging them as good or bad, exposing myths, and revealing truths behind the taboos." Event will be held in Mother Rosalie Hill Hall Executive Classroom, RSVP: 619-260-4600 x4379. Wednesday, March 26, 6 p.m.; University of San Diego, 5998 Alcalá Park. (USD)

Who Is Jesus? There is not one Jesus but three, according to Deepak Chopra, who discusses and signs his new book The Third Jesus. Ticketed event: purchase book from Warwick's and receive two tickets, or pay \$15 per ticket without purchase of book, Reservations: 858-454-0347. Thursday, March 20, 7 p.m.; \$15. Unity Center, 8999 Activity Road. (MIRA MESA)

## Great Escapes 619-235-8200 TO PLACE AN AD

#### **Reduce Your Stress!**

For a relaxing getaway, we have cabins from \$74 plus tax! Southern California's 2nd best kept secret-6200' in the sky! 11 individual log cabins, fireplaces, kitchens. Reservations: Edelweiss Lodge, 951-659-2787, www.1cabin4u.com.

#### **Cupid's Castle B&B**

Fairytale castle near Harrah's Casino. 4 chambers with Jacuzzis, balconies, TVs, bathrobes, chocolates, pool table, breakfast, snacks. Voted most romantic getaway. Near wineries. Wedding facility. 760-742-3306. www.cupidscastlebandb.com.

#### **Big Bear Cool Cabins**

Cabin or luxury home on or near the lake. Fireplace, BBQ, TV, kitchen, hot tub and more. Professional housekeeping, towels, and linens are included. Pet-friendly available. Check rates and book online. www.bigbearcoolcabins.com or 800-550-8779.

#### **Romantic Mountain Getaway**

In-room jacuzzis, fireplaces, horseback riding, in-room massage, fine dining, cocktails, complimentary breakfast. See display ad. Live Oak Springs Resort. 619-766-4288.

#### **Encinitas Romantic Getaway!**

\$90-\$175! 5 custom ocean-view rooms. Feng shui! Penthouse Shangri-La: A true hidden paradise with private 8' hot tub! Enjoy enchanted gardens. Walk to beach and downtown. Seabreeze B&B. Call 760-944-0318 or www.seabreeze-inn.com.



#### **Rosarito Beach Hotel Family Vacation Getaway Package: \$139**

One night in an oceanfront room, two 30-minute massages, continental breakfast, dinner, 2 kids 12/under stay/eat free dinner. Double occupancy. Sunday-Thursday. Available 4/1-6/19/08. Excludes US holidays/special events. www.Rosaritobeachhotel.com. 1-866-ROSARITO

# **Next best thing** to driving a Ferrari.

One Free Ra

With purchase of a race. Valid for up to 4 people

Valid Monday-Friday except holidays. Must present ad. Not applicable for group reservations. Limit of one free race per customer. Some restrictions apply. First-time customers only. Expires 4/30/08.

> 40-mph karts Up to 13 drivers racing wheel-to-wheel

**Group Events** up to 400 People

Corporate **Team Building**  **Birthday Parties** 



NAIRANAAR

8123 Miralani Drive (take Cabot off Miramar Rd.) 858-586-7500 miramarspeedcircuit.com

## Romantic Mountain Getaway

Free riding lessons Horse rentals just \$35/hour.

Certain restrictions apply.

Overnight price for two people Sunday-Thursday: 1 night, breakfast for 2 \*129

#### **Sweetheart Package**

Sunday-Thursday: Breakfast for 2, dinner fo therapeutic massage or horseback riding \$209

#### **Weekend Specials:**

2 nights (Fri. & Sat.), breakfast for 2 \*258 2-night breakfast package with dinner and massage one night or horseback riding \$338

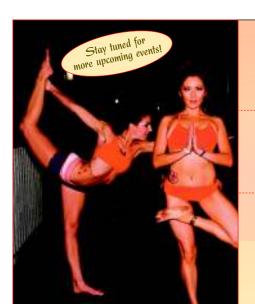
In-room Jacuzzis, fine dining, cocktails, lodge, **RV park, tent camping, near Acorn Casino** Fireplace, 2-story, A-frame cabins, AC, HBO, microwave,

refrigerator, swimming at Jacumba Hot Springs

#### **Live Oak Springs Resort**

37820 Old Highway 80

(60 minutes east of downtown San Diego, 2 miles south of I-8) 619-766-4288 • www.liveoaksprings.com



Get in shape in style! Clothing for Voga & Fitness

Swimwear by Vix • Salinas • Sorbet

\$10 off a \$50 purchase or \$20 off a \$100 purchase or \$50 off a \$250 purchase

619-299-4FLV (4359) Monday-Friday 11 am-7 pm, Saturday 10 am-6 pm

#### **LECTURES**

"Buddhism in Asia: A Travelogue" USD professor Karma Tsomo plans lecture in Degheri Alumni Center room 120. Lecture "illustrates the commonalities shared by Buddhists throughout Asia and the colorful variety of Buddhist lifestyles and traditions." Required RSVP: 619-260-4815. Tuesday, March 25, 10 a.m.; University of San Diego, 5998 Alcalá Park. (USD)

"Bve Bve Grass! Part One" Gardening expert Nan Sterman divulges methods for "extermination options" for removing lawn, ways to physically remove grass. Reservations: 619-660-0614. Wednesday, March 26, 6 p.m.; \$20-\$30. Water Conservation Garden, 12122 Cuyamaca College Drive West. (RANCHO



Omelet & Waffle Station • Seafood & Sushi Station • Deluxe Salad Bar • Assorted Desserts

COMPLIMENTARY CRUISE WITH BRUNCH NOON, 1:30, 2:45, & 4:15pm



10:00 AM- 2:30 PM ADULTS \$46.95 CHILDREN 5-12 \$19.00

3999 MISSION BOULEVARD • SAN DIEGO

#### "Free Access to Paid Websites at Family History Centers"

Computer Genealogy Society of San Diego meets to hear Alan Jones in Robinson Auditorium complex at UCSD. These expanded services provide increased economical access to records to assist individuals in family history pursuits. Learn strengths and weaknesses of the resources. 619-426-8295. Saturday, March 22, 9 a.m.; University of California San Diego, 9500 Gilman Drive. (UCSD)

"How We Choose to Live: Local Steps-Global Impact" Helen Mayer Harrison and Sam Bower plan conversation for ongoing "Dialogues in Art and Architectures" series. Bower is executive director of greenmuseum.org, Harrison is an ecological artist promoting biodiversity and community development. 858-454-5872. Thursday, March 20, 7:30 p.m.; Athenaeum Music and Arts Library, 1008 Wall Street. (LA JOLLA)

#### Learn basics of Windows for working with computer programs and documents during class for begin-

"Introduction to Windows"

ners. Bring floppy disk or USB flash drive. 619-660-5370. Saturday, March 22, 9 a.m.; Rancho San Diego Library, 11555 Via Rancho San Diego. (RANCHO SAN DIEGO)

#### "Photographing Your Pets" Learn tips about taking pictures of

your pet. Fee includes materials, light snacks, beverages. Classes are for people only, so leave your pet at

#### A GUIDE TO UNEXPECTED SAN DIEGO AND BEYOND I BY JERRY SCHAD

ROAM-( )-RAMA

n Black Canyon, water amply illustrates its mindless yet artistic ability to sculpt stone. Every once in a great while, a gush of sediment-laden storm runoff tears through the canyon bottom, carving and polishing the bedrock slabs, drilling potholes ever deeper, toppling trees, and pushing rounded boulders downstream. In a normal spring season, like this one, the stream of water in Black Canyon is often fairly placid: it happily splashes over small waterfalls, pauses

in pools, slides along inclined slabs, and finds hidden passages beneath immense boulders.

The short little ramble up along Black Canyon's lower end is consistently enchanting, but it is no mere stroll. Rock scrambling is required. moves, they must be watched care-

Although kids are often adept at such

fully and perhaps assisted at a couple of spots. The most serious hazard is the  $\,$ slippery surfaces of rocks at or near the stream.

To get to the starting point, drive east from Ramona on Highway 78 and turn north on Magnolia Avenue. Magnolia soon becomes Black Canyon Road, and later becomes a narrow, twisting, graded dirt road. At 7.3 miles from Highway 78, just short of the bridge over Santa Ysabel Creek, you meet the road coming down from Sutherland Dam. (This road, which is rough and rocky for one mile between here and Sutherland Dam and paved south of there, connects to Highway 78. This is an alternate route for your drive into or out of the area.) Turn left over the bridge and continue 200 yards on Black Canyon Road to a junction with a gated, descending road — the Santa Ysabel Truck Trail. Park at the top of this road, and (since this is Cleveland National Forest territory) don't forget to display a National Forest Adventure Pass in your parked car.

Walk 0.3 mile down the descending road. This once was the entrance to the Black Canyon Campground, closed about 30 years ago. At the bottom, the road fords Black Canyon and doubles back to contour along the north slope of the Santa Ysabel gorge. Don't cross the ford but stay right, following the oak-shaded floodplain on the south side of Black Canvon's creek.

After about 0.3 mile, the canyon narrows and scrambling begins. Perhaps 20 to 40 minutes later, depending on how much time you wish to dawdle amid the fine scenery, you'll come to a wide, shallow pool fed by a 20-foot waterfall. That's a

good place to pause before turning back.

This article contains information about a publicly owned recreation or wilderness area. Trails and pathways are not necessarily marked. Conditions can change rapidly. Hikers should be properly equipped and have safety and navigational skills. The Reader and Jerry Schad assume no responsibility for any adverse experience.

#### **BLACK CANYON**

Enjoy mini-waterfalls and potholes in Black Canyon, outside

Distance from downtown San Diego: 44 miles Hiking length: 2 miles round-trip Difficulty: Moderate

Corral Mountain

Sutherland Sutherland Dam Rd

home. Registration: 619-243-3424. Thursday, March 20, 6:30 p.m.; \$10. Ages 12 and up. San Diego Humane Society and SPCA, 5500 Gaines Street. (LINDA VISTA)

"Rain Harvesting and Grey Water" Learn about current and future water-scarcity issues on local and national levels and alternative conservation methods for residential and commercial applications. Registration: 619-660-0614 x10. Saturday, March 22, 10 a.m.; \$10-\$20. Water Conservation Garden, 12122 Cuyamaca College Drive West. (RANCHO SAN DIEGO)

"Red Wine and Dark Chocolate: Heart Updates for 2008" Scripps Memorial Hospital cardiologist Matthew Lucks, M.D., discusses common misconceptions about heart disease and "what really helps to prevent heart disease along with new treatment options." 800-727-4777. Tuesday, March 25, 5:30 p.m.; Scripps Memorial Hospital La Jolla, 9888 Genesee Avenue. (LA JOLLA)

"Reinterpreting the Classical **Tradition: Mythological Prints** from Mantegna to Picasso" T. Barton Thurber, curator of European

art at Hood Museum of Art at Dartmouth College, plans talk in Founders Hall. 619-260-4261. Wednesday, March 26, 6 p.m.; University of San Diego, 5998 Alcalá

"The Lost Valley Fluted Point: Research Update 2008"

George Kline, SDSU grad student, speaks for San Diego County Archaeological Society on a field school sponsored in 2002 by SDSU. The field school produced a fluted obsidian point from a depth of 100 cm; most Paleoindian points discovered in California are found on the surface. Hear results of analyses performed thus far. 858-538-8066. Tuesday, March 25, 7:30 p.m.; Los Peñasquitos Ranch Adobe, 12122 Canyonside Park Drive. (RANCHO PEÑASOUITOS)

"Urban Slaves and the Transformation of Slavery" Based on her research in Peruvian archives, Christine Hunefeldt discusses how urban slaves in many cities in Latin America found and created legal and social devices to escape slavery, transforming lives well before officially decreed abolition of slavery throughout second half of 19th century. Admission fee for 12 O'Clock Scholar program includes museum entry. 619-239-2001. Monday, March 24, noon; \$4-\$8. San Diego Museum of Man, 1350 El Prado. (BALBOA PARK)

"User Guides to the Carlsbad Cole Library Genealogy Division" Genealogy librarians Ann Montgomery and Judy Michaels address North San Diego County Genealogical Society. Learn to research



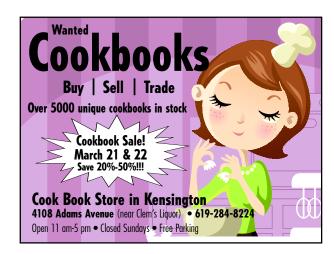


5-Hour Wine Tours \$399

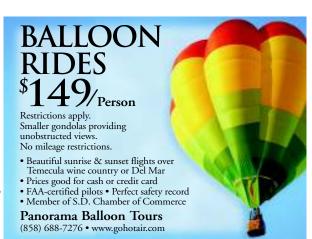
All-inclusive! Monday-Friday

3 Hours H2 Hummer \$499 All-inclusive

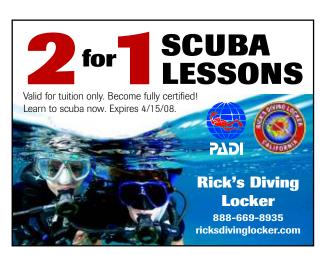
SDLuxuryTransportation.com • 858.693.3377











in "one of the best genealogy libraries in Southern California." Nonmembers welcome. 760-630-5720. Tuesday, March 25, 10 a.m.; Carlsbad City Council Chambers, 1200 Carlsbad Village Drive. (CARLSBAD)

"Woodpeckers of Southern California" Nine species of woodpeckers hold year-round territories in complimentary habitats in Southern California, joined in winter by influx of flickers and sapsuckers. Oregon naturalist and woodpecker specialist Steve Shunk discusses natural history, adaptation, and hybridization among resident and migrant species for San Diego Audubon Society. 619-682-7200. Friday, March 21, 7 p.m.; Tecolote Nature Center, 5180 Tecolote Road. (CLAIREMONT)

**Booked?** San Diego Writers/Editors Guild hosts "How to Get Your Book Published Via Self-Publishing, Printon-Demand, and E-Books," presented by panel of authors Maggie Marshall, Sally Gary, Sam Warren. 760-471-5323. Monday, March 24, 6:30 p.m.; Joyce Beers Community Center, 1230 Cleveland Avenue. (HILLCREST)

**Distinguished Author Series** 

Paul Shapiro, director of the Center for Advanced Holocaust Studies at the United States Holocaust Memorial Museum, joins Holocaust survivor Miki Schwartz for community briefing on the 100 million digital images,

which include the names of 17.5 million victims of Nazism, both Iews and non-Iews, finally available from International Tracing Service in Bad Arolsen, Germany, International Tracing Service is considered "world's largest closed Holocaust archive." Required RSVP: 310-556-3252. Sunday, March 23, 2:30 p.m.; Lawrence Family Jewish Community Center, 4126 Executive Drive. (LA JOLLA)

**Dog Safety** Learn safety tips on dog toys, poisonous food and plants, more. Training accomplished through "kind, effective, and modern positive-reinforcement methods." Required advance registration: 619-299-7012 x2247. Wednesday, March 26, 6:30 p.m.; \$35. Ages 12 and up. San Diego Humane Society and SPCA, 5500 Gaines Street. (LINDA VISTA)

Grunion Greeters, Unite! Training workshop for Pepperdine University's Grunion Greeter Project, which allows volunteers to help researchers and experience grunion runs. Participants monitor local beaches, collecting basic information for about two hours during grunion runs, April through early June. Greeters select nights and beaches to monitor. RSVP: 619-733-0725. Tuesday, March 25, 6:30 p.m.; ages 18 and up. Birch Aquarium at Scripps, 2300 Expedition Way. (LA JOLLA)







How to Live Happily Ever After with Your Dog Open-forum workshop covers topics such as house training, socialization with people and other animals, calmness in home, communication with your dog, basic nutrition, more. For people only. Required reservations: 619-299-7012 x2247. Tuesday, March 25, 6:30 p.m.; \$35; ages 12 and up. San Diego Humane Society and SPCA, 5500 Gaines Street. (LINDA VISTA)

Opera Preview Musicologist Ron Shaheen focuses on Cavalleria Rusticana/Pagliacci for next opera talk. 760-434-2904. Saturday, March 22, 10 a.m.; Schulman Auditorium at Carlsbad City Library, 1775 Dove Lane. (CARLSBAD)

Power with Poles! Save your knees, improve endurance, balance, posture, upper-body strength, and learn benefits of trekking poles. Clinic by Jayah Faye Paley, creator of the Poles for Hiking, Trekking and Walking DVD, who will bring poles for technique practice. 858-279-4400. Thursday, March 20, 6:30 p.m.; REI San Diego, 5556 Copley Drive.

Solar Water Heater Workshop San Diego County has opportunity to participate in "Solar Water Heating Pilot Program"; learn about different types of solar water heaters, design specifics, and program requirements during workshop hosted by League of Women Voters of San Diego County and California Center for Sustainable Energy. Registration: 858-674-4889. Wednesday, March 26, 10 a.m.; California Center for Sustainable Energy, 8690 Balboa Av-

enue. (CLAIREMONT)

**Understanding Scientology** Tory Christman, former member of Scientology, focuses on the organization for San Diego Association for Rational Inquiry. 619-421-5844. Sunday, March 23, 7 p.m.; Joyce Beers Community Center, 1230 Cleveland Avenue. (HILLCREST)

What's Up in Chula Vista? Captain Wedge from Chula Vista Police Department discusses complaint procedures and how department handles complaints, as well as information on Neighborhood Watch when Southwest Chula Vista Civic Association meets. 619-4255771. Monday, March 24, 6:45 p.m.; MAAC Charter School, 1385 Third Avenue. (CHULA VISTA)

#### **OUTDOORS**

Vernal Equinox is on Wednesday, March 19, at 10:48 p.m. Pacific Daylight Time heralds the beginning of the spring season for Earth's northern hemisphere. At the instant of vernal equinox, the sun lies in the plane of Earth's equator. As a consequence, days and nights are of equal length (12 hours each) everywhere on our planet. Another consequence is that the sun rises due east along the horizon and sets due west. During the next three months, as the sun shines more and more directly on our hemisphere, daylight hours will lengthen and the rise and set positions of the sun will gradually shift toward the northeast and northwest, respectively.

Full Moon occurs on the evening of Friday, March 21. Watch as the amber disk of the moon crawls above the east horizon about 25 minutes after the sun sets in the west. Twelve hours later, you can watch the moon sink into the Pacific Ocean while the sun is coming up on the other side of the sky. This out-of-phase, rise-set synchronicity is characteristic of every full moon. The 12-hour difference on this occasion is explained by the fact that both the sun and the moon will be near opposing equinoxes in the sky — in other words, both will lie nearly over Earth's equator.

Ornamental Peach Trees, with radiant white and pink blossoms, are lighting up the manicured landscape around Sixth Avenue and Laurel Street in Balboa Park. These and other "stone-fruit" trees, with and without edible

fruits, belong to the genus Prunus.

Several native Prunus species

contribute to San Diego County's



with the best in San Diego! Free lesson 1st private or group lesson. Exp. 4/3/08.

Ballroom • Latin • Salsa • Swing taught by European-trained dancers

Also featuring: Wedding packages Thursday night dance parties. Mommy & Baby Dance Boot Camp

12120 Alta Carmel Ct., Ste. 410 D Rancho Bernardo • 858-451-3775 DanceMotionStudios.com

Dance Motion Studios DEVOTION TO MOTION



# Wedding Guide

A free, 24-bour line for planning your wedding.

Call 619-233-9797

sion (in bold type) of the topic or advertiser that interests you. Or go online at SDReader.com/wedding.

#### **Planning Tips**

• .	
Bakers	. <b>5105</b>
Bridal Attire	. <b>5102</b>
Bridal Shows	. <b>5120</b>
Caterers	. 5104
Ceremony Sites	. <b>5106</b>
Clergy	
Consultants	. 5118
Dance Lessons	
Decorations	. 5113
Disc Jockeys	. 5110
Florists	
Formal Wear	
Gift Registries	. 5116
Health & Beauty	
Honeymoon	
Invitations	
Jewelers	. 5100
Limos & Valet	
Musicians	
Photographers	

Reception Sites . . . . . . . 5107

#### Don't Let The "French" In **French Gourmet Scare You! We Offer Delicious Values!**

From simple hors d'oeuvres & cakes to elaborate buffets or sit-down receptions, our experienced staff will plan a menu that will please your guests and someone's wallet. Visit www.thefrenchgourmet.com or consult us at 800-929-1984 x125. 

#### **Affordable Customized Wedding Ceremonies**

Church services or barefoot on the beach. Call 858-350-1053. See www.personalizedweddings.zoomshare.com. E-mail, sjwallace1053@yahoo.com..... **5326** 

#### **Bridal Bazaar** Sunday, April 27

Del Mar Fairgrounds, 10am-4pm. More than 200 exhibitors with everything for your wedding. Info, coupons, www.bridalbazaar.com . . . . . 5208

> To place your aд in the Wedding Guide, call 619-235-8200.

## **Pacific Coast Skydiving**

## \$125\* Tandem



- \* Scenic flights over the ocean and downtown San Diego
  - \* Jump from altitudes over 2 miles above the ground
- \* Ask about RVT video technology

Call or go online for reservations.

## (619) 661-0194 www.pcskydiving.com

Open 7 days a week • MC/Visa Gift certificates available.

\*Must purchase \$70 video (\$195 total cost). Weekdays only. Add \$20 for weekend jumps.

## What's That You're Writing?

NAME: JAMES ALBURGER | OCCUPATION: VOICE ACTOR, COACH, PRODUCER NEIGHBORHOOD: RANCHO PENASQUITOS | WHERE INTERVIEWED: HIS HOME



#### What is the title of your book?

"The Art of Voice Acting: The Craft and Business of Performing for Voice-

#### Tell me about it.

"The book is really a guide. The first thing I do is define what voiceover really is. It's not just talking or reading a script. It's acting. Take a commercial as an example. We take a script that is written by an advertising agency, and we interpret it and bring it to life, so that a message can be effectively com-

municated to the listening audience. There is nothing compelling about the words, but as actors, we incorporate emotion, attitude, and energy into those words. We provide an interpretation that the listener can relate to and connect with. What makes voiceover the most difficult sort of performing is that all we get is the script. In stage, television, and film, the actors get time and text to help them internalize a role. Voice actors walk into the studio and the producer hands them a script. They're lucky

if they get five minutes to study it, and then they have to deliver in an effective and compelling manner as quickly as possible, because studio time is expensive. And then, besides the craft, my book also covers the business end of voice acting — it's a very independent, freelance, almost isolated kind of work. We have to do our own marketing."

#### How did you come to write this book?

"For 25 years, I worked for NBC 7/39 as a director of newscasts. I was also the audio supervisor, and I worked with voice talent on a daily basis. In 1997, I took a Learning Annex class in which the teacher said. 'If you want to make money in voiceover, you have to be in L.A. and you have to be in the union.' I thought, 'Then why am I here? I'm in San Diego for a reason; I don't want

to live in L.A.' I had a friend who put events together for the Learning Annex. and I asked if I could teach a class. I put together really comprehensive notes, and they started to take on a life of their own. They served as the basis for the first edition of the book."

#### Tell me about your writing habits.

"I usually write at night, when it's quiet. When I write, it's like I'm channeling something else — from a different part of my brain. I don't write first, then go back and edit. I compose in my head, and it comes out into the computer the way I want it to sound. If it doesn't, I'll fix it right then. Later, I'll go back and tweak, but a lot of what I write is very close to the fin-

#### Is the book connected to your day job?

"There are several components

to what I do. I'm a voice actor — I've done local IKFA commercials and training videos, but most of my work airs in other cities. I'm also a CEO and partner with Voice Acting, LLC, which is my company with partner Penny Abshire. We provide coaching and training services for voice actors. And I do full production work with ad agencies."

#### What do you hate about San Diego?

"I'll spin that question in a different direction. I grew up in L.A., attended San Diego State, and then went back to L.A. A year and a half later, I was back in San Diego. It's like night and day compared to the L.A. rat race. There, you have the Peter Principle: people get to their level of greatest incompetence and that is where they have their job. Down in San Diego, people know what they're doing."

natural vegetation as well — among them, hollyleaf cherry, choke cherry, desert almond, and desert apricot. The desert apricot, now blooming on the rocky hillsides of the Anza-Borrego Desert, attracts swarms of bees with its sweet-

**Audubon Society Bird Walk** Bring binoculars and drinking water

to explore Tecolote Canyon. 858-581-9944. Saturday, March 22, 9 a.m.; Tecolote Nature Center, 5180 Tecolote Road. (CLAIREMONT)

#### Blarney Stone in San Carlos?

No, but trail guides lead walks to historical Kumeyaay grinding rocks. 619-668-3281. Saturday, March 22, 9:30 a.m.; Sunday, March 23, 9:30 a.m.;

Wednesday, March 26, 9:30 a.m.; Mission Trails Regional Park, One Father Junípero Serra Trail. (SAN CARLOS)

Canyon Favorites Hike Naturalist Pat leads moderately paced

loop hike to Carson's Crossing and the Preserve's waterfall, starting at kiosk. Bring water, sun protection, and wear hiking boots. 858-484-3219. Saturday, March 22, 4 p.m.; Peñasquitos Preserve kiosk, Park Village Road and Camino del Sur. (RAN-CHO PEÑASQUITOS)

Desert Garden Tour Bizarre trees, cacti, succulents showcased





Chula Vista 619.734.0083

Oceanside 760,405,0899 Escondido 760.708.2199

Dateline for Men Seeking

Women & Women Seeking Men

619.388.0770

858.713.5545

858.860.0177

760.516.0011

760.509.1010

La Mesa

La Jolla Mira Mesa

Encinitas









when Offshoot Tours hosts its monthly hour-long guided stroll through desert garden. 619-235-1122. Saturday, March 22, 10 a.m.; Balboa Park Visitors' Center, 1549 El Prado. (BALBOA PARK)

#### Discover Downtown Escondido

Walking tour led by Escondido History Center, starting at southeast corner of Grand and Broadway. 760-743-8207. Saturday, March 22, 11 a.m.; Draper's and Damon's, 101 East Grand Avenue. (ESCONDIDO)

**Get Dirty in Paso Picacho** Help with trail-repair work. Bring work shoes, gloves, hat, water, snack. Registration: 619-341-1746. Saturday, March 22, 9 a.m.; Paso Picacho campground, Cuyamaca Rancho State Park, Highway 79, five miles north of I-8. (JULIAN)

**Scat Happens** Look for signs of wildlife — tracks, browse, droppings — on trails of Mission Trails Regional Park during guided walk. 619-668-3281. Saturday, March 22, 8:30 a.m.; Kumeyaay Lake Campground entry station, Two Father Junípero Serra Trail. (SAN CARLOS)

**Set Out for Silverwood** Learn of unique features of chaparral vegetation community. Special topic hikes at 10 a.m. and 1:30 p.m. Hands-on history of Silverwood and artifacts and sites of earlier inhabitants. 619-682-7200. Sunday, March 23, 10 a.m. and 1:30 p.m.; Silverwood

Sanctuary, 13003 Wildcat Canyon Road. (LAKESIDE)

World Water Day Festival Gain awareness of critical issues facing world's water supplies; festival's goal is to promote conservation and protection of water resources and to raise awareness of the global water issues facing world. Event includes hightech magic show, a guest from San Diego Zoo, craft booths, wildlife and counter opportunities. 760-804-1969. Saturday, March 22, 10 a.m.; Agua Hedionda Lagoon Discovery Center, 1580 Cannon Road. (CARLSBAD)

#### SOUTH OF THE BORDER

"Citizen Mendez (Aboard the American Freedom Train)"

Jack Shea's play interweaves tales of two illegal Mexican immigrants, two American border-crossing agents, and an American yuppie couple whose lives converge on one night on the California/Mexico border. 011-52-646-154-2452. Saturday, March 22, 7 p.m.; Sunday, March 23, 2 p.m.; \$8. Gertrude Pearlman Theatre at Campo La Jolla, 16 miles south of Ensenada. (BAJA)

"The Young Scene" Concert Series Music students specializing in "bel canto" from UABC School of Arts perform songs by Spanish composers, accompanied

#### **OUT & ABOUT**

#### **EASTER BONNET PARADE**

and Hat Contest, Park in the Park, downtown, Saturday, March 22.

(SEE SPECIAL)



by pianist Ella Korobtchenko, in Sala Ernesto Muñoz Acosta. 011-52-646-173-4307, 011-52-646-173-4308. Wednesday, March 26, 7:30 p.m.; Centro Estatal de las Artes, Boulevard Costero and Avenida Club Rotario. (BAJA)

#### SPECIAL

"Discover the Peace and Beauty Within Through Self-Realization" Sahaja Yoga of San Diego presents meditation workshop. 866-570-9980. Saturday, March 22, 1 p.m.; Balboa Park Club, 2150 Pan American Road West. (BAL-BOA PARK)

"Sight and Sound" Walk the Walk showcases upcoming entertainment events, including live music, fine art, more. Filmmaker Glenn Palmedo-Smith, whose feature film *The Hungry Woman* is seeking distribution, will be on hand; performances by Max Daily and the Old Fashioned Kite Flying Puppets. Attendees "meet and discover...San Diego's top creative talent," enjoy live performances, food. 619-846-7180. Wednesday, March 26, 6:30 p.m.; Bamboo Lounge, 1475 University Avenue. (HILLCREST)

"Womensexhibit" San Diego Mesa College Museum Studies presents this exhibition on display through March in Learning Resource Center, L2 Art corridor, and L1 foyer. Featured paintings, drawings, photographs, sculpture, book art, and mixed-media pieces "explore fe-

male-oriented issues" in honor of Women's History Month. 619-388-2829. Thursdays, 7 a.m.; Fridays, 7 a.m.; Saturdays, 8 a.m.; Mondays, 7 a.m.; Tuesdays, 7 a.m.; Wednesday, 7 a.m.; through Monday, March 31, 2008, Mesa College, 7250 Mesa College Drive. (KEARNY MESA)

Celebrate "Nowruz" Iranian New Year celebrations promised during lawn program. Professional dancers from Los Angeles and dancers from local Persian Dance Academy will perform traditional ethnic and folk dances in authentic costumes. There will also be reading of poems, singing, playing of instruments. Food for sale. 619-234-0739. Sunday, March 23, 2 p.m.; House of Pacific Relations, 2125 Park Boulevard. (BALBOA PARK)

Celebrate Potrero and "Power of Citizen Action"
Gather for "healing and reconciliation" now that Blackwater has can-

celed its project. Speakers including Representative Bob Filner, poetry, music. Bring food to share, drinks, chairs, hats. 619-820-5321. Saturday, March 22, noon; Potrero rally site, 23975 Yerba Santa Road. (POTRERO)

Circus Comes to (Old) Town Old Town San Diego State Historic Park and Plaza del Pasado host performance by Zirk Ubu Circus, live entertainment, theatrical performances, face painting, sea chantey singing, family games in celebration of re-opening of Jolly Boy Saloon and Restaurant. 619-291-3200. Saturday, March 22, noon; Old Town State Historic Park, 4002 Wallace Street.

Easter Bonnet Parade and Hat Contest Thirteenth annual installment at Park in the Park (at Ninth Avenue and J Street). Hat-making workshops led by milliner and hat designer Diana Cavagnaro for adults and children; followed by judging, parade, Easter egg hunt (for those 2–12). Registration: 619-233-5008. Saturday, March 22, 11 a.m.; \$6-\$12. Petco Park, 100 Park Boulevard.

Easter Pawty II Dogs encouraged to uncover hidden plastic eggs filled with dog treats during "Eggstravaganza Easter Party," and Jen Petit from Fuzzle will be on hand taking photographs. Egg hunting starts promptly at 11:30 a.m. 858-459-9663. Saturday, March 22, 11 a.m.; Muttropolis La Jolla, 7755 Girard Avenue. (LA JOLLA)

Fred Hall's Fishing Tackle, Boat, and Travel Show Show promises boats, all manner of fishing gear, vendors' booths, and seminars. Free for those under 15. 805-389-3339. Wednesday, March 26, 1 p.m.;





# Barnes & Noble Events

## **Neil Strauss**



Rules of the Game
DISCUSSION / BOOK SIGNING

Monday, March 24th, 7:00 PM 10775 Westview Parkway San Diego (858) 684-3166

The bestselling author of *The Game* offers an in-depth 30-day program with even more foolproof seduction techniques—along with steamy stories about the art of attraction—in this handy two-volume how-to guide for aspiring Casanovas and the women who want to avoid them.

Get more info and get to know your favorite writers at <u>www.bn.com/events</u>
All events subject to change, so please contact the store to confirm.

## BARNES&NOBLE

BOOKSELLERS www.bn.com

\$10-\$12. Del Mar Fairgrounds, 2260 Jimmy Durante Boulevard. (DEL MAR)

Ranunculus Rainbows The Flower Fields with nearly 50 acres of giant ranunculus flowers are blooming again, open for tours. Visitors may stroll pathways or take wagon ride (\$4 general). Exotic plant sale, sweet pea maze, poinsettia display, American flag of flowers. 760-431-0352. Thursdays, 9 a.m.; Fridays, 9 a.m.; Sundays, 9 a.m.; Mondays, 9 a.m.; Tuesdays, 9 a.m.; Wednesdays, 9 a.m.; through Sunday, May 11, 2008, The Flower Fields, 5704 Paseo Del Norte. (CARLSBAD)

The Easter Lilies Are in Bloom Again Three hundred fragrant Easter lilies on display among the permanent collection Friday, March 14, through Wednesday, April 16. 619-239-0512, 619-235-1100. Fridays, 10 a.m.; Saturdays, 10 a.m.; Sundays, 10 a.m.; Mondays, 10 a.m.; Tuesdays, 10 a.m.; Wednesdays, 10 a.m.; through Saturday, April 19, 2008, Botanical Building, El Prado. (BALBOA PARK)

Whale-Watching Cruises Made possible by Birch Aquarium at Scripps and San Diego Harbor Excursion, now through March 31 at 9:45 a.m. and 1:30 p.m. daily. \$15 kids 4-12; \$30-\$35 for those 13 and older. Reservations: 619-234-4111. Thursdays, 9:45 a.m.; Fridays, 9:45 a.m.; Saturdays, 9:45 a.m.; Sundays, 9:45 a.m.; Mondays, 9:45 a.m.; Tuesdays, 9:45 a.m.; Wednesdays, 9:45 a.m.; through Monday, March 31, 2008, \$15-\$35. Birch Aquarium at Scripps, 2300 Expedition Way. (LA JOLLA)

**What Exactly Is Time?** Mull this topic with P&R Discussion Group. 619-370-1027. Thursday, March 20, 7 p.m.; The Other Side Coffee House, 4096 30th Street. (NORTH PARK)

#### **SPORTS**

Chollas Lake Trail Run Run is described as "a great race to transition into trail running." The semi-flat 5k course wraps around Chollas Lake. Open to beginning, intermediate, and expert runners and walkers. Registration opens: 7 a.m. 619-890-6067. Saturday, March 22, 8 a.m.; \$25-\$40. Chollas Lake, 6350 College Grove Drive. (COLLEGE AREA)

**Easter Bunny Bicycling** Take a "nice Easter ride," 84 miles long, with San Diego Bicycle Touring Society. Bring money for lunch in Bonsall. 619-561-3846. Sunday, March 23, 8:45 a.m.; Doyle Park, 8175 Regents Road. (UNIVERSITY CITY)

Hoehn Motors Del Mar Criterium Series Bicycle Race Bicycle races sanctioned by United States Cycling Federation on half-mile loop course in west parking lot. More than 500 bicycle racers from all over the United States and some international racers expected to participate. 858-759-2453. Saturday, March 22, 8:30 a.m.; Del Mar Fairgrounds, 2260 Jimmy Durante Boulevard. (DEL MAR)

**Horse Show** Signature I County horse show. 760-753-0431. Friday, March 21, 8 a.m.; Saturday, March 22, 8 a.m.; Del Mar Horsepark, 14550 El Camino Real.

More Horses! Diamond Jubilee Morgan Horse Show hosted by Morgan Horse Club of San Diego County. 951-737-1294. Tuesday, March 26, 9 a.m.; Wednesday, March 26, 9 a.m.; Del Mar Fairgrounds, 2260 Jimmy Durante Boulevard. (DEL MAR)

#### MUSEUMS

Bonita Museum and Cultural Center "Juried Fine Art Exhibit 2008" continues through Saturday, April 19, along with display of children's art.

The museum highlights the history of the Sweetwater Valley from the mid-1800s, with historical photographs; artifacts, tools, and farming implements; the district's 1953 fire engine; and bound copies back to the 1930s of the Chula Vista Star News. 619-267-5141. (BONITA)

Campo Railroad Museum Campo Railroad Museum, show-casing more than 130 years of American railroad history and technology through static and operating exhibits, the museum includes cabooses, steam and diesel locomotives, track motorcars, 1880s "Jim Crow" segregated passenger cars. Interpretive 1.5-hour train rides offered each weekend (11 a.m., 2:30 p.m.) over portion of the San Diego and Arizona Eastern Railway. 31123-1/2 Highway 94. 619-465-7776. (CAMPO-POTRERO)

Chinese Historical Society and Museum See artifacts from San Diego's Chinese and Chinese-American history, culture, and art.

#### OUT & ABOUT

HOLLYWOOD CROWS
Joseph Wambaugh,
Warwick's Bookstore,
Tuesday, March 25.

(SEE IN PERSON)



Current museum artifacts include a 1920s warlord's bed, exhibits on Chinese footbinding and Chinese-American veterans. The museum is in a building originally built in 1927 for the Chinese Mission. Adjacent to the building is an Asian garden with koi pond and waterfall. 404 Third Avenue, 619-338-9888. (DOWNTOWN)

#### Chula Vista Heritage Museum

The museum features glimpses of Chula Vista's past; exhibits feature lemon packing crate labels, photographs of downtown Chula Vista, doors and adobe blocks from the original *Star* newspaper building, and relics from the Otay Watch Company. 360 Third Avenue, 619-427-8092. (CHULA VISTA)

**Creation Museum** A museum contrasting the evolution and creation world views. 10946 Woodside Avenue North, 619-448-0900. (SANTEE)

Gemological Institute of America Museum Permanent exhibits include displays depicting science and art of gemstones and history, lore and cultural significance of jewelry. Reservations are required. 5345 Armada Drive, 800-421-7250. (CARL SBAD)

George White and Anna Gunn Marston House Historic home sits on five acres of landscaped grounds with a formal English Romantic garden. Built for civic leader and department store founder George Marston and his family by San Diego architects William Hebbard and Irving Gill, the Marston house design is in keeping with the early 20th-Century American Arts and Crafts pe

riod, emphasizing simplicity, function, and natural materials. 3525 Seventh Avenue, 619-298-3142. (HILLCREST)

Heritage Walk Museum The museum includes the restored Victorian House, the city's original Santa Fe Train Depot, a railroad car with model train, working blacksmith shop, and a barn. Find Heritage Walk in Grape Day Park. 321 North Broadway, 760-743-8207. (ESCONDIDO)

House of Pacific Relations International Cottages are open every Sunday, noon-4 p.m., presenting history and traditions of 30 ethnic groups. On fourth Tuesday of each month, *Children Around the World* videos screened in Hall of Nations, select cottages open. 2125 Park Boulevard, 619-234-0739. (BALBOA PARK)

J.A. Cooley Museum An eclectic collection of items — including displays on phonographs, clocks, electric trains, and 20 other types of collections — is featured at the museum. The current featured attraction is an "Industrial Product Collection," with examples of the historical progression of auto technology from 1886-1915, "some classics and a concept car." 4233 Park Boulevard, 619-296-3112. (UNIVERSITY HEIGHTS)

**Leo Carrillo Ranch Historic Park** Leo Carrillo Ranch Historic
Park, old adobe buildings were
once vacation retreat and working
rancho of actor Leo Carrillo. Tours
on Saturdays (11 a.m., 1 p.m.) and
Sundays (noon, 2 p.m.). 6200 Flying Leo Carrillo Lane, 760-4761042. (CARLSBAD)

Marine Corps Recruit Depot Museum Housed in a historic building, the museum features five permanent galleries with artifacts, uniforms, vehicles, weapons, and photographs depicting Marine Corps history. The museum is located in Building 26 at MCRD, just inside Gate 4, off Pacific Highway. Witherby Street and Hancock Street, 619-524-6038. (DOWNTOWN)

Museum of San Diego History

"Place of Promise: Stories of San Diego" lets visitors "literally walk on San Diego"; a map of county extends from wall to wall across the floor. Also featured in ongoing exhibit are two large 1930s murals by artist Charles Reiffel and a 1910 San Diego streetcar. Stories of San Diego are interpreted through images, artifacts, oral histories from society's collection. The museum is located in the Casa de Balboa building. 1649 El Prado, 619-232-6203. (BALBOA PARK)

#### Reuben H. Fleet Science Center

"Strange Matter" introduces visitors to world of materials science. Materials scientists investigate structure of materials to discover what gives them their remarkable properties. Closes Sunday, May 18.

"Listen Here! Making Sense of Sound," allows visitors to experience the nature of sound, how human beings perceive sound, and the act of listening through exhibits, activities, demonstrations. Exhibit from the Exploratorium in San Francisco continues through Sunday, June 1.

Ongoing exhibitions include "Origins in Space: Spin-Offs in Science and Technology," "So WATT! An Illuminating Look at Energy," "Aging for All Ages," "Kid City" (for preschoolers), "TryScience!" "Escape from Dino Island" is theme for motion simulator ride. Films are shown daily in the IMAX theater. 1875 El Prado, 619-238-1233. (BALBOA PARK)

#### San Diego Air and Space Museum

Technological advancements made in aircraft propulsion over the last century are showcased in "100 Years of Aircraft Engines," including a functional reproduction of the 1903 Wright Flyer Engine; a Rolls-Royce liquid-cooled Merlin V-12 that powered the Spitfire and P-51 Mustang fighters; and a rare German Junkers Jumo 004, one of the world's first operational jet engines.

Concurrently, see "The History of Commercial Aviation in America." A new section of the exhibit celebrates the 40-year history of PSA, with original graphics, a re-creation of the airline's first ticket booth at Lindbergh Field, and uniforms and

memorabilia donated by former employees. Ongoing.

"P-51 Mustang" celebrates the legendary Air Force fighter used during both World War II and Korea. The museum's Mustang is painted in the red-tail livery of the Tuskegee Airmen, who distinguished themselves flying bomber escort and ground attack missions during World War II.

The museum offers exhibits of over 65 aircraft — including an RQ-1K Predator UAV (unmanned aerial vehicle) on indefinite loan from the National Museum of the United States Air Force at Wright-Patterson Air Force Base, which "saw action over the Balkans in the late 1990s"; a replica of Spirit of St. Louis, a Fokker Scourge (or Fokker Eindecker E-III), a World War I Spad VII, flight deck of the USS Yorktown, and a Lockheed Blackbird spy plane — 1400 scale models, 10,000 aviation-related items, and memorabilia from Montgolfier hot-air-balloon era to Space Age, along with an International Aerospace Hall of Fame.

The museum is located in the Ford Building in the Palisades area. 2001 Pan American Plaza, 619-234-8291. (BALBOA PARK)

San Diego Archaeological Center "A Letter from the Ocean Hotel: Victorian Lady Traveler's Adventures in San Diego, 1888" includes glassware, dishes, bottles, personal items dating from late 1880s that were excavated from a block in East Village area downtown in 2002.

The museum is dedicated to "curation of archaeological projects and sharing them with the public." 16666 San Pasqual Valley Road, 760-291-0370. (ESCONDIDO)

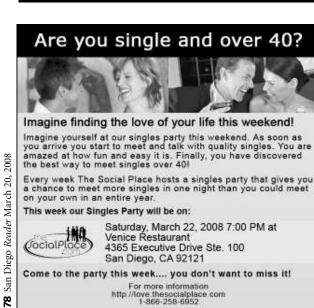
San Diego Automotive Museum

"High Art: Concept Cars and Automobile Design," continuing through Wednesday, March 26, includes vehicles from General Motors, Nissan, Chrysler, Mazda, Honda, Volvo, and Art Center College of Design.

More than 80 automobiles and motorcycles from horseless carriages to future prototypes are included in the museum's permanent collection. Find the museum near the Starlight Bowl. 2080 Pan American Plaza, 619-231-2886. (BALBOA PARK)

San Diego Hall of Champions Ongoing exhibits include "Bird Watching — Tony Hawk in Flight," "Surfing in San Diego," exhibits of baseball card art, fencing, local rugby history. The museum is dedicated to promoting, recognizing, and preserving athletic achievement. 2131 Pan American Plaza, 619-234-2544. (BALBOA PARK)

#### SINGLES







#### ART LISTINGS

**HOW TO SEND US YOUR LISTING:** Contributions must be received by 5 p.m. Friday the week prior to publication for consideration. Do not phone. Send a complete description of the event, including the date, time, cost, the precise address where it is to be held (including neighborhood), a contact phone number, and a phone number (including area code) for public information to READER EVENTS, Box 85803, San Diego CA 92186. Or fax to 619-881-2401. You may also submit information online at SDReader.com by clicking on the events section.

#### GALLERIES

**"Every Little Act"** Opening reception for exhibition of new paintings by Philip Buller. "The longer and closer that one looks the more life becomes visible." Through Sunday, May 11. 858-793-4442. Susan Street Fine Art Gallery (415 South Cedros Avenue #160). 6 p.m., Thursday, March 20. (SOLANA BEACH)

"Circularity" San Diego artist Miya Hannan's exhibit of new paintings, drawings, and an installation opens with reception. 858-459-3917. Through April. R.B. Stevenson Gallery (7661 Girard Avenue, suite 201). 5 p.m., Friday, March 21. (LA JOLLA)

"Land of Sunshine" Opening reception for exhibition by photographer Scott B. Davis. Exhibit includes work from "Land of Sunshine" and "Nocturnes" series, continues through Saturday, May 3. 858-456-5620. Joseph Bellows Gallery (7661 Girard Avenue). 6 p.m., Friday, March 21. (LA JOLLA)

"Spring Exhibition" Awards reception for members of Colored Pencil Society of America whose work is included in show continuing through March. Judge was artist Marilyn Grame. 760-944-6246. Gallery 21 in Spanish Village Art Center (1770 Village Place). 4:30 p.m., Saturday, March 22. (BALBOA PARK)

Jenny Yoshida Park Park's master of fine arts thesis exhibition in graphic design opens with reception in Flor y Canto Gallery of School of Art, Design Art, and History at San Diego State University. 619-594-6511. Closes Friday, March 28. SDSU: San Diego State University (5500 Campanile Drive). 6 p.m., Saturday, March 22. (SDSU)

"Experience and Inspiration: Art Creates Community"

Art Creates Community" Opening reception for exhibit exploring "visual, literary, and performing art works created through Picerne Foundation's senior artist project grant." Paintings, music, poetry, writings, mixed-media pieces created by artists mentored by "accomplished older adult artists." Closes Sunday, May 4. 760-795-6120. Front Porch Gallery (2903 Carlsbad Boulevard). noon, Saturday, March 22. (CARLSBAD)

#### ART MUSEUMS

California Center for the Arts, Escondido Museum. "Innocence is Questionable" is comprised of work by six renowned San Diego-based artists: Jean Lowe, Ernest Silva, Raul Guerrero, Iana Quesnell, May-ling Martinez, and Yvonne Venegas. Each artists recipient of 2006/2007 San Diego Art Prize. Through May. 340 North Escondido Boulevard, 760-839-4120. (ESCONDIDO)

Mingei International Museum. "Hungarian Folk Magic — The Art of Joseph Domjan" includes several of this master woodblock printer's pieces, along with objects from other cultures of the folklore images Domjan often portrayed. "Exhibition is an expression of the power of art to endure war, politics, and disaster and to rise, phoenix-like, from the ashes." Closes Sunday, October 5.

"American Viewing Stones: Natural Art in an Asian Tradition." Chinese connoisseurs began using large stones to decorate gardens, courtyards during the Han Dynasty (206 B.C.–A.D. 220); "Scholar's Rocks" is English name most commonly used for these tiems. American viewing stone collecting began with first- and second-generation Japanese-Americans who continued traditions of bonsai and suiseki.

The "Chinese Woodblock Prints in the Style of the Ten Bamboo Studio" are likely from a 19th-Century edition of Treatise on Calligraphy and Painting of the Ten Bamboo Studio. Prints are noteworthy for technique of printing using multiple blocks. Both exhibits are ongoing.

Masterworks from permanent collection are gathered in "The Beauty of Use - Mingei International Museum at 30," showcasing significant objects from many cultures shown in relationships highlighting similarities and differences among them. Museum has formed a collection of mingei now comprising 17,000 objects from 141 countries such as collection of 19th-Century African tribal currency, group of masks including example of Amazonian feather work, ritual objects, selection of monumental containers. Closes Sunday, May 11. 1439 El Prado, 619-239-0003. (BALBOA PARK)

Mingei International Museum — North County. "Art of Play: Kinetic Toys of the World" — closing Sunday, June 29 — features objects that move when manipulated. See kites from many countries, pull- and push-toys, antique mechanical banks, puppets,

wooden toys. 155 West Grand Avenue, 760-735-3355. (ESCONDIDO)

Museum of Contemporary

Museum of Contemporary Art San Diego, Downtown.

Art San Diego, Downtown.

"Robert Irwin: Primaries and Secondaries" is "the largest exhibition of renowned artist...Irwin's work since 1993." Exhibit features five new major installation works created specifically for MCASD's galleries, is drawn almost exclusively of works from museum's collection. Closes Sunday, April 13. Find the museum directly across from the Santa Fe Railroad Depot. 1001 Kettner Boulevard, 858-454-3541.

Museum of Contemporary Art San Diego, La Jolla. In the room-sized "Erwin Redl: Matrix II," the space seems to recede in all directions, as if the walls were mirrored. Floor-to-ceiling and wall-to-wall, the room is filled with grids of phosphor-green LEDs, creating an immersive web of light. Closes Sunday, May 4. 700 Prospect Street, 858-454-3541. (LA JOLLA)

Museum of Photographic Arts. "The Photographer's Eye: A Way of Seeing" is drawn from the museum's permanent collection. Exhibit illustrates the book The Photographer's Eye (1966) by John Szarkowski; he led 160 exhibitions at the Museum of Modern Art (MoMA) in New York.

Also closing Sunday, April 20, is "Measured Time: MoPA at 25." Museum's atrium wall holds a timeline exhibition reflecting museum's achievements since 1983. Images from permanent collection illustrate significant artists whose first solo exhibitions were held at MoPA. more.

"Picturing the Process" focuses on "an evolution of the early history of photography." Exhibition including photographic works ranging in date from mid-19th to early 20th Century closes Sunday, July 6. 1649 El Prado, 619-238-7559. (BALBOA PARK)

Oceanside Museum of Art. "Masterpieces of San Diego Painting: Fifty Works from Fifty Years, 1900-1950" focuses on "museum's mission to promote and foster an appreciation for the art and artists of the San Diego region." Guest curator Bram Dijkstra assembled selection of paintings from private collections and museums including celebrated "plein air" painters such as Maurice Braun, Charles Fries, and Charles Reiffel, as well as neo-surrealist Ethel Greene and accomplished group of early modernists including Belle Baranceanu. Closes Thursday, June 26. 704 Pier View Way, 760-721-2787. (OCEAN-

**San Diego Museum of Art.** "Kindred Spirits: Asher B. Durand

@ Balboa Park

every 4th Thursday

37 working artist studios.

Open every day 11 am-4 pm.

Daily demonstrations, family friendly,

art classes free Wi-fi and free admission.

The Art Studios @ Spanish Village

1770 Village Place • Balboa Park • 92101

619-233-9050 • spanishvillageart.com

"Art After Hours" 5:30-9 pm

Discover the Village

and the American Landscape" — closing on Sunday, April 27 — surveys over 50 paintings, drawings, engravings by Durand, a of foremost artist of his era "who created the most memorable American landscape paintings of the mid-19th century." Exhibit gives extra emphasis given to large-scale landscape paintings for which his best remembered. "Plein Air Past and Present: A Collaboration Between SDMA and the Lux Art Institute" runs concurrently, featuring more than 20 California plein-air paintings.

"Rhythms of India: The Art of Nandalal Bose (1882–1966)" is described as the "first comprehensive traveling exhibition outside of Asia to survey the expansive repertoire of Bose...the father of modern art in India." Exhibit boasts close to 100 of Bose's finest paintings, executed in variety of styles and media, revealing how Bose contributed to success of India's nonviolent struggle for independence from colonial rule through his association with Mahatma Gandhi. Closes Sunday, May 18.

"Inside the Wave: Six San Diego/Tijuana Artists Construct Social Art," opening Saturday, March 8 and closing on Sunday, June 22, features six artists from San Diego/Tijuana region working within alternative cultures to produce thought-provoking works engaging issues of everyday life and materialism. Artists bulbo, Brian Dick, Adriene Jenik, particle group, Zlatan Vukosavljevic, and Allison Weise produce works including sculptures made of found industrial objects, photographs, documentary videos, and interactive digital media. 1450 El Prado, 619-232-7931. (BALBOA PARK)

Timken Museum of Art. Permanent collection includes European old master paintings, 18th-and 19th-Century American paintings, and Russian icons. Saint Bartholomew, the only Rembrandt painting on public display in San Diego, is featured. 1500 El Prado, 619-239-5548. (BALBOA PARK)

## CLASSICAL

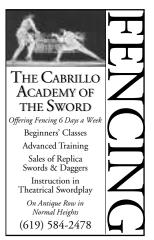
**HOW TO SEND US YOUR** LISTING: Contributions must be received by 5 p.m. Friday the week prior to publication for consideration. Do not phone. Send a complete description of the event, including the date, time, cost, the precise address where it is to be held (including neighborhood), a contact phone number, and a phone number (including area code) for public information to READER CLASSICAL MUSIC, Box 85803, San Diego CA 92186-5803. Or fax to 619-881-2401. You may also submit information online at SDReader.com by clicking on the events section.

#### CLASSICAL

Love and Betrayal! San Diego Opera continues season with double-bill boasting Mascagni's *Cavalleria Rusticana* and *Pagliacci* by Leoncavallo. Casts include Argentinean tenor José\_ Cura, American tenor Richard Leech, American sopranos Elizabeth Futral and Carter Scott, Irish baritone Bruno Caproni, New Zealand mezzo-soprano Sarah Castle, American baritone Scott Hendricks, American tenor Simeon Esper. Conductor is Edoardo Müller, director is Lotfi Mansouri. Sung in Italian with English translations above stage. Reservations: 619-533-7000. San Diego Civic Theatre (1100 Third Avenue), 7 p.m., Saturday, March 22, through Wednesday, April 2. (DOWNTOWN)

Organ Concert Civic organist Carol Williams plans concert. 619-702-8138. Spreckels Organ Pavilion (2211 Pan American Road), 2 p.m., Sunday, March 23. (BALBOA PARK)

Piano for Lunch Classical piano music on tap when Alexander Wasserman performs for Athenaeum's mini-concert series. 858-454-5872. Athenaeum Music and Arts Library (1008 Wall Street), noon, Monday, March 24. (LA JOLLA)





SIX SAN DIEGO/TIJUANA ARTISTS CONSTRUCT SOCIAL ART

March 8-June 22, 2008





*Inside the Wave* features regional artists producing thought-provoking works, including sculptures, photographs, documentary videos, and more by bulbo, Brian Dick, Adriene Jenik, particle group, Zlatan Vukosavljevic, and Allison Wiese. On view through June 22, 2008.

SDMA

SAN DIEGO MUSEUM OF ART 1450 EL PRADO, BALBOA PARK · 619 232 7931 · SDMART.ORG

Images. LET i installation view on Anderle Jenik, SPECTEL: Westurn 2 the imposphere (detail) performance documentation limit, 2007. Courtesy of the artist. RIGHT Brian Dick, Monster Bed (detail) from the Making My Bed series, digital print, 2001. Courtesy of Luis de Jesus Seminal Projects.

Inside the Wave: Dox Jan Diego? I I juana artists construct social art is generously sponsored by RBC. Dain Rauscher, presenting a season of fine art at the San Diego Museum of Art, Support is also provided by members of the San Diego Museum of Art, the City of San Diego Commission for Arts and Culture, and the County of San Diego Community Enhancement Program.

San Diego Rea

San Diego Reader March 20, 2008

L



The Reader offers \$25 for news tips published in Blurt. Call us at 619-235-3000, ext. 456, or e-mail your tip to blurt@sdreader.com

**Competitive Country** A February 22 4th&B appearance by country artist Blake Shelton was sponsored by KSON, which means its

Pritchard. "It's the same bush-league stuff they've been doing for years."

KSON general manager Darrel Goodin characterizes his competitor's antics as "guerrilla warfare." He says U.S. 95.7 promo teams have torn down signs and had verbal confrontations with his promo teams. "They have

the inside track

competing station, U.S. 95.7, had no connection with the

The day before the concert, U.S. 95.7 DJ Mike O'Brian made the following on-air statement: "Our thoughts are going out to Blake Shelton, who I guess has tonsillitis and has had to cancel a couple shows. Hope you feel better, Blake," O'Brian said with a chuckle.

Darlene Bieber, Blake Shelton's spokesperson, says Shelton canceled no dates on his current tour because of tonsillitis or any other medical problems. Was U.S. 95.7 trying to sabotage the concert? O'Brian did not return a request for comment.

At the Shelton show in February, "U.S. 95.7 showed up with 15 of their promotion people, two vans, a truck, and two inflatables in front of 4th&B," says KSON promotions director Jeremy walked into the middle of our concerts and tried to give away T-shirts."

Though radio stations that "present" a concert



OUTSIDE SHELTON SHOW

cannot bar a competitor from showing up to hand out bumper stickers (unless it's a private venue), Goodin says it is silly to have two different radio-station promo teams "fighting over who gets to put a bumper sticker on a trash

Goodin says U.S. 95.7's aggressive behavior during country concerts has "forced" his station to avoid any connection with the summertime shows at Coors Amphitheatre, which include some of the biggest touring names in country music (Brad Paisley, Toby Keith, Kenny Chesney).

"All we asked [Coors Amphitheatre] is that all those shows would be neutral so that our listeners don't

have to see this behavior." A "neutral" show would have meant both stations would "present," but neither station would have a presence (banners, stickers,

promo people) at the venue. Goodin says Coors Amphitheatre (which is owned by Live Nation...which used to be named Clear Channel Entertainment) would not agree to keep those concerts neutral, which seems to accommodate the alleged aggressive M.O. of U.S. 95.7 (which is owned by Clear Channel Communications).

But shouldn't KSON make a connection with the biggest country concerts as they come to town?

"We have found that there is no correlation between a station's presence at concerts and the success of that station," says Goodin.

The latest Arbitron

ratings show KSON is the number-one station in San Diego County, while U.S. 95.7 is 20th.

— Ken Leighton

#### **Barney to the Rescue!**

Since forming 18 years ago, the Bay Area-based Tommy Castro Band has played over 30 gigs in San Diego. Last Friday's Belly Up show was in peril because guitarist Tommy Castro had his 1966 Fender Stratocaster stolen four days earlier. (Castro's sound man had left it in his car.)



CASTRO (CENTER) GETS HIS AXES BACK

"It was like losing a member of my family," says Castro. Also stolen was a Fender Strat from the '70s and a custom guitar given to him by Fender (his sponsor).

"I never had them appraised because I would never dream of selling them, but collectors told me the three were worth between \$15,000 and \$20,000. That '66 Strat was on every record I ever made."

The day after the guitars were stolen, Castro contacted Barney Roach, a longtime local collector and contributor to *Vintage Guitar* magazine who in turn contacted other collectors via the Internet. A person who

saw the alert discovered them in a San Rafael pawn shop the day after they were stolen. (Castro lives in San Rafael.) The pawn-shop owner paid \$400 for all

\$400 for

"I could have jammed the guy up," says Castro. If he had reported the guitars stolen, police would have confiscated them for evidence and the shop

owner would have lost his \$400. Instead, Castro paid the shop owner the \$400 so he could have his guitars for last week's Belly Up show.

"The cops said I was an idiot for paying the money, but I had to have them back."

Not as lucky was local multi-instrumentalist Robin Henkel, whose metal Dobro, '70s Stratocaster, and '40s-era Recording King ("One of the first electric guitars made") were stolen from his Scripps Ranch home two years ago.

"The police use serial numbers. Two of them did not have serial numbers. I think I'll never see them again.... You can see all three of my guitars on my website (robinhenkel.com)."

— Ken Leighton

**Sound Deviants** Samuel Lopez says tomorrow night's show with noise artist Justice Yeldham and the San Diego Noise Crew promises to be a unique evening.

"What can you say about a guy who plays a sheet of broken glass by using his face and a contact mike taped to the glass? The guy is a beast. There's video of him posted on the Web showing him sloshing around in his own blood and mucus. People faint at his shows, and it's not



YELDHAM MAKES SOME FACE TIME

because of his music, dig? It's a front-row horror show!"

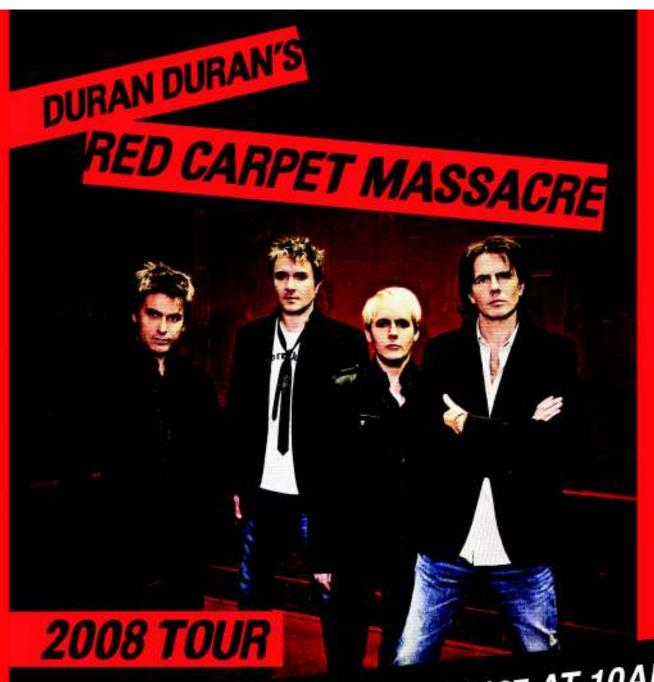
Lopez — whose alter ego is local one-man noise-band

Zsa Zsa Gabor — is also on the bill.

Yeldham turns broken glass into musical instruments by amplifying the sheets using a powerful transducer designed for grand pianos. While pressing his face against the glass, he makes mouth and throat noises that are fed through a variety of signal processors and distortion devices, resulting in something at least akin to musical phrasing.

"San Diego's noise scene is really offbeat, more so than cities a lot larger," says Lopez. "We've had to create our own community because no one else would have it." The San Diego Noise Crew is a loosely affiliated group of avantgarde performers, including Riververb, Van Clitt, Oni, Reverse Sunglasses, Author and Punisher, VV Morgue, Salons, Kittycat Lollipop, Powdered Wigs, and others. "Just call us sound deviants,"





TICKETS ON SALE FRIDAY, MARCH 21ST AT 10AM!

PERFORMING LIVE AT VALLEY VIEW CASINO!

TICKETMASTER.COM OR OUR BOX OFFICE



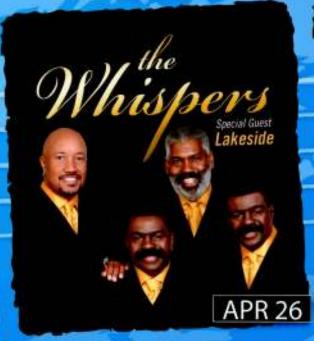


1-866-VIEW-WIN · I-15 to Valley Pkwy East · Valley Center, CA · VALLEYVIEWCASINO.COM

# VIEJAS CONCERTS IN THE PARK

# Tickets ON SALE



















# Friday, March 21st@10 am

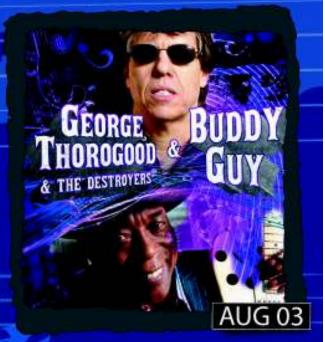


















# VIEIAS ENTERTAINMENT

TICKETS AVAILABLE AT THE VIEJAS GIFT SHOP CHARGE BY PHONE 619.220.TIXS :: TICKETMASTER OUTLETS PRINT YOUR TICKETS TODAY! TICKETFAST™ AT TICKETMASTER.COM FREE PARKING :: ALL AGES WELCOME

JUST OFF 18 EAST AT WILLOWS ROAD :: 519.659.1996
FOR COMPLETE INFORMATION, GO TO VIEJASENTERTAINMENT COM

says Lopez.

Justice Yeldham plays his face tomorrow, March 21, at the Smog Shop on National City Boulevard, along with Zsa Zsa Gabor, Fistula, and Reverse Sunglasses.

– Jay Allen Sanford

Society's Demise Late last month, Kite Flying Society, the indie-pop band that took home the 2006 San Diego Music Award for "Best New Band," split, leaving the

album, The Aviary, unfinished. The quintet, fronted by Dustin Illingworth (vocals, guitar), was forced to break up because of the departure

of two members: Derek Rast (keyboards), who is relocating to San Francisco, and John Martin (bass), who is moving to Shanghai.

Martin replaced original bassist David Lizerbram in 2007. Todd Caschetta (drums) and Kelly Duley (keyboards, violin) rounded out the band.

Thanks in part to a buzz in the music blogging community, Kite Flying Society paid for the pressing of their first album (Where Is the Glow?) with preorders, eventually selling more than 1200 copies. The band drew

attention from notable musicians, including Brian Wilson's band, the Wondermints. Kite Flying Society opened concerts for Rogue Wave and Silver Sun Pickups and backed Peter Yarrow (of Peter, Paul and Mary).

Though their only television appearance as a group was on Fox Rox, their song "If I Could Split" was licensed by CBS for the How I Met Your Mother sitcom; other tracks appeared on action-sports DVDs.

Ten tracks were completed for The Aviary. While the CD won't be released, a new Kite Flying Society collection will be issued soon, featuring seven of the completed recordings, plus "odds and ends."

The remaining three tracks will surface on



FLOWN (KITE FLYING SOCIETY)

Illingworth's next album, a solo effort, with both Rast and Martin contributing long

"If there is enough interest, I would definitely consider putting together a band to play," says Illingworth. "As of right now, though, it is a recording project only."

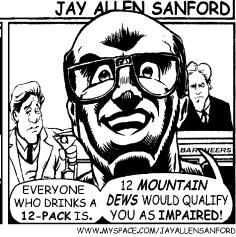
— Bart Mendoza

Quit the Day Job, Already "For so long, people have told us that we were just a novelty," says Matt Hensley, accordion

## *Overheard in San Diego*:courthouse



EMAIL JAS2669@AOL.COM - IF WE USE YOUR TIP, YOU GET THE ARTWORK



player with Flogging Molly. "They didn't give us any credit. They told our manager that what we did [Irish rock] was completely not viable.'

After ten years, Flogging Molly earned some validation last week: the band's sixth album, Float, debuted at number 4 on Billboard's top 200 album chart, selling 48,000 copies in its first week of release. In San Diego, 1000 discs were sold (only Jack Johnson's new release was in higher demand).

The sales success is notable because the Side One Dummy label released Float; independent-label artists (excepting bands such as Radiohead, the Shins, Interpol) don't usually chart well.

When Hensley opened his 275-capacity bar/music venue called Hensley's Flying Elephant last year, he announced that he would no longer go on tour; he said he wanted to stay near his wife, young son, and new bar.

"But it just didn't feel right," says Hensley, who rejoined the band on the U.S. tour that just ended. When he's in town, he appears at his bar with other Irish musicians every Thursday from 8 to 10 p.m.

"I was thinking about having a couple guys from the band sit in with me, but I think I'd be afraid to have the whole band play in my club; there might be a problem with too many people."

Hensley appears tonight and March 27 at the Flying



HENSLEY FLOATS WITH MOLLY

Elephant. The band resumes a tour of Japan, Australia, and Europe next month.

– Ken Leighton

Hey, Hey...Hey-Hey-Hey... "I'm pretty antikaraoke, so we encourage people to pick really bad songs, to sing as badly as they like," says Rookie Card front man Adam Gimble. His "Too Cool for Karaoke" event debuts this week at U-31 in North Park.

Too Cool for Karaoke operates with a selection of around 8000 songs, many of

them considered the bane of karaoke hosts around the globe.

"If you pick from the 'bad songs' list, you sing for charity, at \$1 per minute,' says Gimble. "Like, if we have to watch you air guitar to 'Free Bird'

for nine minutes and eight seconds, you have to pay \$9.08, and half of the money will go to the San Diego Music Foundation, which sponsors music education in public schools."

Among the terrible tunes: "YMCA," "Hot Hot Hot," "American Pie," "Achy Breaky Heart," "I Will Survive," "I Write the Songs," and "Wind Beneath My Wings." Anything on the 'good songs" list is free. Each edition of Too Cool

for Karaoke features a different theme; on March 25, it's a Pimp 'N' Hey-Ho Ramones party at U-31. Anyone whose name on their



TERRIBLE TUNESMITHS?

ID is Joey, Johnny, Dee Dee, Tommy, Marky, Sheena, Judy, Ramona, or Ramone gets their first drink for \$1.

"You might slide in [to a \$1 drink] if you're from Ramona, too," says Gimble.

— Jay Allen Sanford

#### CONTRIBUTORS

William Crain, Dave Good, Larry Harmon, Michael Hemmingson, Ken Leighton, Ryan Loyko, Bart Mendoza, Derek Plank, Eric Rife, Jay Allen Sanford, David Stampone

WEDNESDAY • APRIL 2 CD RELEASE SHOW

**MAD JUANA** 

THURSDAY • APRIL 3 FM 94.9 PRESENTS BOB AND HARLAN'S BIRTHDAY BASH!

**BURNING BRIDES** 

**EARTHLESS** 

**GET YOUR DEATH ON** 

FRIDAY • APRIL 4 THE FEST

**THE SESS** 

THE MUSLIMS

**THE PRAYERS** 

**VISION OF A DYING** 

WORLD

**RED FEATHERS** 

### THE BITTER E N D Live Music Thursday · March 20 9 pm - Deliverance Machine Monday · March 24 9 pm · Karaoke 10 pm - Maddox Revolution Wednesday · March 26 10 pm - Nathan James 11 pm - Abigails Attic Sunday · March 23 Thursday · March 27 9 pm - Open Mic for Singer/Songwriters San Diego Reader March 20, 2008 9 pm - Soundbone 10 pm - Dapper Dans & Comedians 11 pm - One Lonely Robot backstage @ thebitterend

#### **KOOL KEITH BLACK KENAN BELL** THE KNEEHIGHS **ART OF PAIN DJs**

FRIDAY • MARCH 21

#### **DYNAMITE WALLS HOTEL SAINT GEORGE** THE SOFT LIGHTES THE FOCUS GROUP

#### THE SILENT COMEDY OR, THE WHALE **SILVERBIRD**

#### SUNDAY • MARCH 23 ASYLUM STREET **SPANKERS CHEAP LEIS**

MONDAY • MARCH 24 ANTI-MONDAY LEAGUE PRESENTS

#### SAUL WILLIAMS **DRAGONS OF ZYNTH**

STEVE POLTZ

## TRUCKEE BROTHERS

casbahtickets.com

## \*asba

COCKTAILS • LIVE MUSIC • 21 w/ID 2501 KETTNER BLVD. • 232-4355

THURSDAY • MARCH 27 CD RELEASE PARTY

**ARCHWAYS** THE BLACKOUT PARTY **APES OF WRATH STARLINE THEORY** 

FRIDAY • MARCH 28

#### **RED SPARROWES RUSSIAN CIRCLES**

SATURDAY • MARCH 29

#### **HOSTILE COMBOVER** HIALEAH **MODERN RIFLES SUS HIJOS**

MONDAY • MARCH 31

#### ANTI-MONDAY LEAGUE PRESENTS

**MUSEE MECHANIQUE** 

Charge by phone: 888-512-7469

## **FANTASTIC MAGIC**

#### THE LITTLE ONES **RARARIOT**

**LE LOUP** 

## THE RUBY SUNS

TUESDAY • APRIL 8 RJD2

thecasbah.com





#### HARRAH'S SUMMER CONCERT SERIES









#### IN THE PAVILION



**BOZ SCAGGS** FRIDAY, APRIL 18



**LEA SALONGA** SUNDAY, APRIL 27



KENNY LOGGINS SUNDAY, MAY 18



CASINO & RESORT SAN DIEGO NORTH

For tickets visit www.ticketweb.com or call 1-866-468-3399. Call for hotel packages and special group rates.

#### This Week In Music

Thursday

Rap chameleon Kool Keith (aka Dr. Octagon, Dr Dooom, 'mong others) brings the flow to Casbah tonight. The Bronx-born Cali transplant has been dubbed "underground" due to his anti-industry stream-of-consciousness rap rants against mainstream hip-hop. Best known for his '90s Octagon schtick and breakout "acid-rap" disc *Dr.* Octagonecologist (produced by Dan "the Automator"), the 43-year-old Keith has since established himself in alt-rock circles by collaborating with the likes of Faith No More, Wu-Tang, and Prodigy. Take a peep at last year's ball-of-wax DVD Ultra-Octa-Doom for the MC's many facets. Wif Black Kenon Bell.... Jennifer Herrema and her raunch-rock act RTX (a play on the singer's Royal Trux past) will cross into San Diego's city limits for the first time since her bout with SD's finest during a pay dispute after a November Scolari's gig. Passing through town on their way home from SXSW, the O.C. six-piece'll kick down Drag City debut Western Xterminator at Bar Pink Elephant... A.D.D.'rs, buncha bands for teen fans at Mira Mesa's Epicentre, featuring Rafter, the Lisps, These United States, the Heartbreaks, and Blue's Ruby. Talk about A.D.D., check the poprock smorgasbord of Rafter's '07 Asthmatic Kitty disc Sex Death Cassette. More hits than misses, though.... Dancehall faves the **Itals** drop beats at Solana's go-to reggae room Belly Up, where they'll share a bill with Lloyd Hemmings and the Awah Band from Studio One, Jamaica.... Seattle's post-grunge rockers  ${\bf Candlebox}$  reunite at House of Blues. The staid quartet will prop platinum and gold of early '90s hits...I can't remember any of

Friday

Post-rock guitar great Doug Martsch brings **Built** to Spill to Belly Up. The Boise band is out to tout



Reverse, and get their stage legs for upcoming fest ers Meat Puppets, Seattle's Helvetia, and it is so Sunday sold out.... Catch a legend when Tijuana Brass blower and the "A" of A&M Records Herb Alpert

settles in at Anthology for a two-night stint. The trumpet master turns 73 next week and is out to celebrate reissue of his 1965 masterpiece Whipped harps. The outfit's known more for their select Cream & Other Delights (Rewhipped).... Giglets covers — from Tin Pan Alley stuff to Black round town: L.A. punk-pop trio the **Dollyrots** deliver *Because I'm Awesome* to Beauty Bar.... Local indie kids Red Feathers play an E.P. CD release party at Whistle Stop. Solid takes on kids."... Controversial country-rocker **Steve** MySpace suggest hooky soul-pop. Janglers **Paddleboat** float an opening set.... UK quartet Earle and country covers gueen Allison Pacific Ocean Fire anglicizes Americana at Pink

Elephant, where local pop-rock chops Drowning Men roll in in support.... Hank III backer Joe Buck thumps country

punk at the Zombie with Jimmy Dean and the Sausage Kings, Old Devil, and Pushin' Rope.

Saturday

She's lump! The Presidents of the United States of America campaign behind their sixth studio collection, These Are the Good Times People and first with former San Diego shredder Andrew McKeag (Uncle Joe's Big Ol' Driver), who has apparently joined the Seattle-based trio on guitbass, permanent like Catch the Presidents and running mates Ludo, Pleaseeasaur, and

MaxMister Pyles at Belly Up Saturday night.... After hauling through SXSW, the "West

Aussie Power Pop Assault," featuring soup'd up surf rockers the Chevelles and their hometown Perth peeps Gigantic, will run over Pink Elephant. Local blues-rock baby doll **Anna Troy** opens.... Rocky horror! The campy **Creepy Creeps** hook up with pirate punks **Thee Corsairs** at Zombie Lounge.... Ken Club stages SD desert rockers Billy Midnight and fellow folkies Trophy Wife.... L.A. goth-pop pers the Weather Underground are forecasted for U-31. The catchy quartet premiered forthcoming E.P. A Bird in the Hand last week at SXSW.... Campus club Ché Café's booked Angelino psych-n-blues crew Entrance. Astra and Joshua Emery Blatchley on the bill.

Blues buskers Asylum Street Spankers chug into Casbah Sunday night. The Austin, TX, big band plays throwback roots rock, like, way back roots rock — washboards, dobros, ukes, mouth Flag — than their originals, but you'll get a healthy dose of both as the Spankers tout new studio disc Mommy Says No! "for the grown up Moorer have sold out Belly Up.... Punk'd R&B fills the bill at Tower Bar Sunday night, as Sardinian (wop rock!) garage gang the **Rippers** join likeminded locals the **Sess. DJ Tony** 

Tyger spins round sets. Fran's Film School is taking apps at Beauty Bar. The Beggars Banquet band is out to tout their new collection of sonic squall *Hideout* — throbs like Joy

Division soars like Floyd... Easter Sunday Mass starts at 3p at Bar Pink Elephant. Glam-punk Nautical

Disaster

preach from the book of Sevens, their debut disc.

Monday

94.9's "All About the Music" series goes off at Belly Up Monday night. The not-for-radio roster features former Hüsker Dü'r Bob Mould, Nor'west shoegazers Saturna, and local powerpop trio Reeve Oliver. Indie stalwart Mould is out in support of his new crit-hit disc District Line, which finds the guitarist mixing a modicum of electronica into his hard-rock recipe. Tasty bill for the Solana stage.... Slam star Saul Williams rocks the mic at Casbah's Anti-Monday meet-up. Last year,

the NYC hip-hop poet dropped his fifth, The Inevitable Rise and Liberation of Niggy Tardust!, for which Williams recruited industrial rocker Trent Reznor. The duo set Williams's '06 poetry collection The Dead Emcee Scrolls to electronic beats and drone with heavy vocal effects. **Dragons of Zynth** rock a TVOTR vibe in the opening slot. Former Kiss guitarist Space Ace Frehley lands at House of Blues Monday night. The hard-rocking **Trews** in support.

Tuesday

Multi-instrumentalist Bob Schneider visits psychfolk (à la Sparklehorse) on Belly Up Tuesday night. The Texas troubadour, known for songsmithin' engaging folk tales, is a popular draw at the North County nightspot. Schneider's latest, When the Sun Breaks Down on the Moon now available online. With Jay Thomas and Tina Dico.... "If it wasn't for those darned kids!" L.A newbies Let's Go Sailing bring The Chaos in Order to Beauty Bar. DJ Heather Hardcore spins in support.

<u>Wednesday</u>

Grammy-winning Soul Asylum rides the "Runaway Train" to 4th&B Wednesday night. The Minneapolis quartet dropped The Silver Lining in '06, their first originals in eight years and last with now-deceased bassist Karl Mueller, who has been replaced by Replacement Tommy Stinson. Houston heavies Blue October split the bill.... '90s hitmakers Collective Soul appear round the corner at House of Blues. The Atlantans continue to find the Billboard charts



with post-grunge pop rock. Check the quintet's '07 offering for a dated update.... Else: Dago gangsta goofer and FOM (friend of Mraz) **Bushwalla** raps riots at U-31 before slingin' his SoCal slang from here to Canada.... Failures and Ex-Friends get along just fine at Ken Club .... InnerVisions and Mystic Roots will jah ya at Belly Up.... The Pennywise, Good Guys in Black gig at Casbah

is sold out — "Don't loiter!"

— Barnaby Monk

The Cure

Gary Allan June 4

**David Sedaris** 

Robert Plant



5373 Mission Center Rd. San Diego, Ca. 619-291-1184

RRN

Eddie Vedder

Katt Williams

Daniel Tosh Def Leppard

Avril Lavigne

Michael Bublé

Juanes

Alicia Kevs

Lisa Lampanelli Joe Jackson

Kenny Chesney

## Kanye West



## The Police

Margaret Cho Megadeth

Vicente Fernandez WWF

& Alison Krauss June 30 Raven-Symoné July 6 Dave Matthews Band August 22 "The Wiggles Live" April 1

"Celtic Woman" May 9 "Cats"

> June 3-8 **US Open Golf**

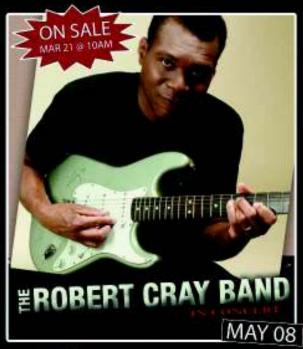
at Torrey Pines June 9-15

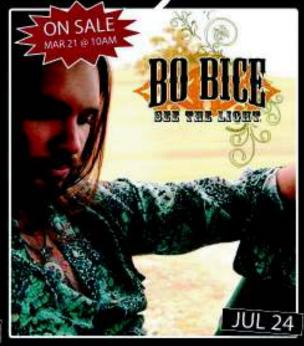
*Padres* 2008 Season

222-7800 atlastickets.com

WISA VISA

# VIE AS



















DreamCatcher FREE WEEKEND ENTERTAIN	MENT			
POLYESTER EXPRESS & RISING STAR	SWING COMPETITION	5p-9p	CRUSH & DJ 2RILLE	9p-2a
SWING COMPETITION 59-99	80z ALL STARS	9p-2a	SWING COMPETITION	5p-9p

THE	BAYOU BROTHERS	FULL EFFECT	5p-9p	MAR 23 MODERN DAY MOONSHINE	
LOUR	POCKET PROTECTORS	EMERALD RIVER	10p-1:30a	DAVID PATRONE	





# **Crazy Enough**

## "There was a female fistfight in the back yard."

JOSH BOARD

here's been a buzz about Grand Ole Party for a while now. The band recently released their first CD, *Humanimals*. The artwork was done by local artist Kelsey Brookes. The band's first EP also featured art by Brookes — a drawing of a giant octopus attacking Red Square.

"They played a party in my living room," says Brookes. "It stood out for a few reasons. First, GOP

was in my living room — that's crazy enough. There were a few bands that played that night, but [GOP] was so good. The moment GOP started playing, everyone came in from outside to see what was going on. But the landlord had just installed a new lawn. They must've really spent some money — they redid the entire yard, front and back. The party swelled and naturally spilled out onto the lawn, trampling the fledgling grass and ruining it.

"I also remember a group of three girls making out in the living room at one point, which is crazy because, again, it was in my living room. There was also a female fistfight in the back yard. I think it was the same three girls that had been making out previously. Anyway, I told the band that if they ever needed artwork done to let me know. I gave them a few of my magazines."

I knew you had done some posters — what kind of magazines have you appeared in?

"I've had art in a handful of artistic publications: *Juxtapoz, RE:UP, Huck, Trace*, and a few others. I have also been making zines for the past three years or so. I started making zines to promote my art and trade with other kids. It seemed like a good way to get a bunch of your art into peo-

ple's hands for cheap but ended up being a labor of love. As for posters, I have done a ton of GOP show posters here, especially when they first started out. I also sell prints through a British printmaking group called Pictures on Walls (*pic*-

turesonwalls.com). Those guys are a real success story. They started out as a tiny, two-person operation and are now a huge influence in global printmaking."

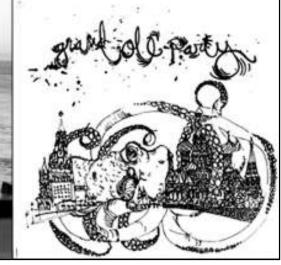
When you do the artwork for a CD, how much input does the band usually have?

"It depends on the band and the project. Some bands have an idea in mind concerning specific styles, colors, or imagery — which is totally fine, and I am happy to listen and incorporate their ideas. Other bands are open to whatever I come up with and are really just fans of the art. I enjoy being free to do what I feel — who doesn't? — but sometimes it's a fun challenge to have to work within certain parameters. Working with anyone can be a challenge, and there have to be concessions on both sides to get the piece finished. So far I haven't worked with anyone that has had a heavy hand in art directing, which is nice."

What album/CD art have you seen in the past that you liked a lot?

"Almost all of Santana's albums are great, but I especially liked *Abraxas* and *Amigos...*just stunning work on both albums. Tommy Guerrero has worked with a bunch of really amazing artists, too. Barry McGee, Stephen Powers, Margaret Kilgallen, and Thomas Campbell have all done covers





Kelsey Brookes; art for Grand Ole Party EP

for him. Beck did a cool collaboration with Marcel Dzama on his *Guero* album, which I liked a lot. With bands, right now I've mostly just done GOP. We have set up an exclusivity agreement...I think it's cool when you can have a specific artist associated with a specific band: think Raymond Pettibon and Black Flag and Minutemen. We wanted to set up that type of relationship."

Do people ever ask you to come up with a piece to have tattooed?

"Maybe three or four people have contacted me to see if it would be all right. I am always down, but the one stipulation I have is that people email me a photograph of the finished piece — but no one has emailed me any photos. I'm not sure if they just thought better of it and didn't go through with it or what."

Have you had the experience of walking by a record store and seeing your work on a poster?

"The first time I logged onto iTunes and saw the *Humanimals* record cover — this was, like, last week — I got all excited."

Did the band tell you the CD was going to be called Humanimals before you started working on drawings?

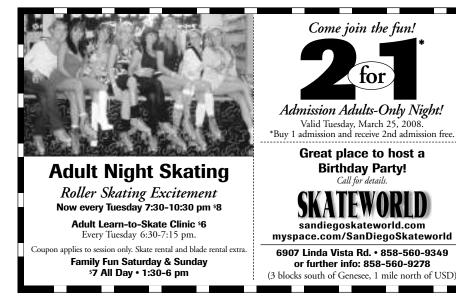
"I'm not exactly sure how they came up with the name Humanimals, but they came up with it on their own and asked me to fit an illustration to that name. It wasn't really a tall order, as almost all of my figurative paintings are composed of animal and human parts. So the three-headed Tasmanian Devil was a natural choice. It works on many different levels, I think. The process I used to create the cover was kind of a mix between painting and drawing. Everything was done with acrylic and india ink, painted on paper using various sizes of brushes. I drew up a bunch of different sketches and with the band chose the one we all liked best and just inked it in right over the sketch."













CLIMAX SAN DIEGO PRESENTS

FEATURING

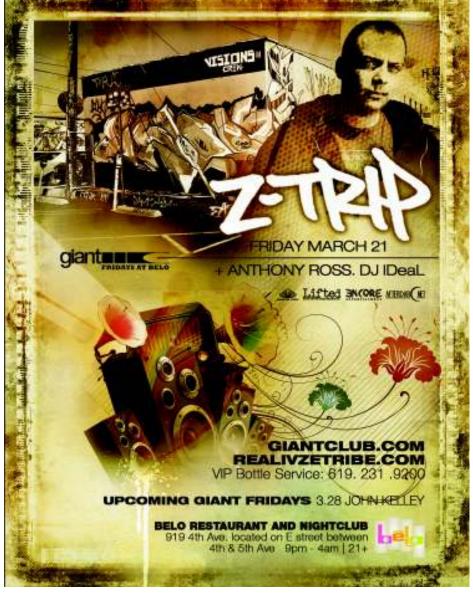
SATURDAY NIGHT LIVE

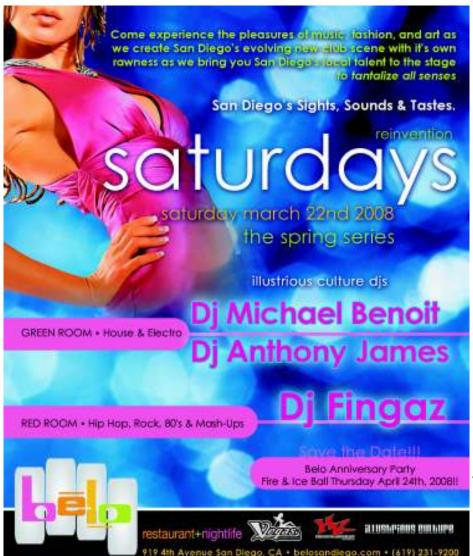
42 BELOW PREMIUM VODKA HOSTED BAR FROM 9-10PM

DJ COKE-EOFFICIAL DJ OF DJ QUIK, POWER 106, & HI-C. APPEARANCES ON BET, ESPN, & SOULTRAIN JOIN US ON MARCH 22ND AS WE MIX UP FRESH BEATS WITH BEAUTIFUL PEOPLE AND BRING IT TO YOU LINE, AT THE SEXIEST SATURGAY NIGHT SPOT IN DOWNTOWN

FOR MORE INFO & RESERVATIONS CALL 619.596.DECO (3326)

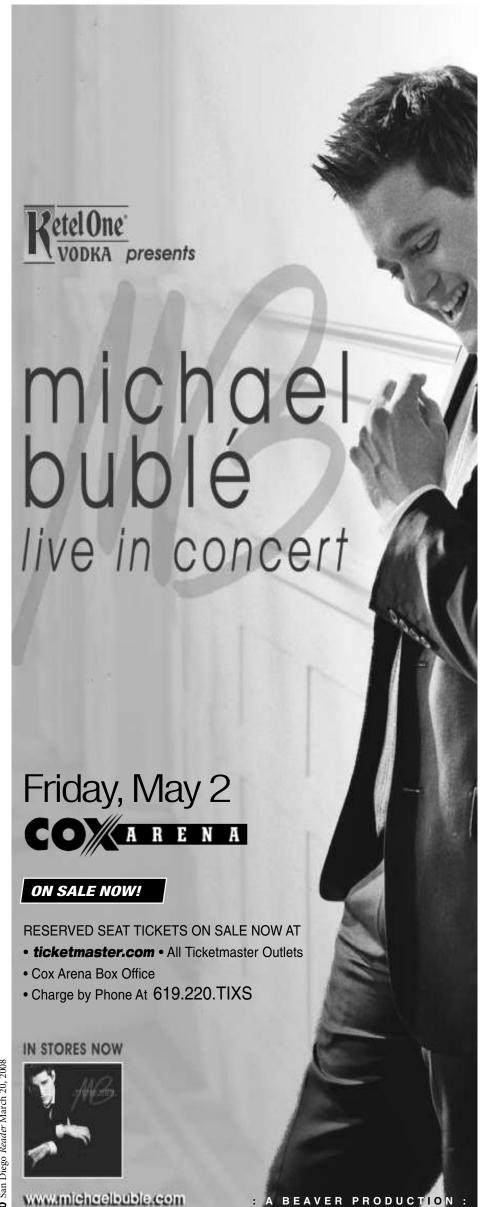
819.696 DECO : WWW.DECOS.TV : 731 5TH AVENUE GASLAMP QUARTER SAN DIEGO





Vip Bottle Service: 619-507-0843 • DreVegas.com • HallywoodRay.com • Illustrious cutture

San Diego *Reader* March 20.



Classical listings can be found in the Classical Music Guide Music videos. driving directions, maps, event alerts, coupons, and more available online at SanDiegoReader.com.

**HOW TO SUBMIT A MUSIC LISTING:** Call 619-235-3000 x405, night or day by 5 pm Friday, the week prior to publication. To send weekly or monthly schedules, fax to 619-231-0489 or mail to Reader Music Scene, P.O. Box 85803, San Diego, CA, 92186, You may also submit information online at SDReader.com by clicking on the music section.

#### THIS WEEK'S SHOWS

4th & B: 345 B Street. Downtown, 619-231-4343. Saturday, 7 p.m. — Ryan Shaw and Doc Powell. Jazz. \$35-\$45. Wednesday, 8 p.m. — Blue October. Rock. \$20.

710 Beach Club: 710 Garnet Avenue, Pacific Beach, 858-483-

Thursday — The Dateless Losers. Alison Gill, Inglewood. Comedic techno/acoustic rock. Thursday, 9 p.m. — Inglewood. East Coast rock/hip-hop group comes to San Diego. Ages 21 and

Friday — Dante's Boneyard, Kill the Complex, D-Frost. Rock/reggae/punk. Saturday — Ruby Dee & the Snakehandlers. The High Rolling Loners also perform. Americana/rockabilly/country.

#### AcousticMusicSanDiego: 4650 Mansfield Street, Normal

Heights, 619-303-8176. Sunday, 7:30 p.m. — Cheryl Wheeler. Singer-songwriter. \$22-

Anthology: 1337 India Street, Little Italy, 619-595-0300. Friday, 7:30 p.m., Saturday, 7:30 p.m. — Herb Alpert and Lani Hall. Jazz pop. \$15-\$63. Sunday, 7:30 p.m. — Andy Villas-Boas. A tribute to Jobim. \$5. Tuesday, 7:30 p.m. — Kenny Garrett. Jazz saxophone. \$22. Wednesday, 7:30 p.m. — The Miracosta Latin Jazz Orchestra. Latin jazz. \$5.

Balboa Theatre: 854 Fourth Avenue, Downtown, 619-570-1100. Thursday, 7:30 p.m. — "In the Mood." Swing to big-band-era music of the '40s with "In the Mood" dancers and singers and Strings of Pearls big band. Program includes music by Glenn Miller,

Tommy Dorsey, Artie Shaw, Benny Goodman, Harry James, Erskin Hawkins, the Andrews Sisters, Frank Sinatra, more. 619-570-1100.

Beauty Bar: 4746 El Cajon Boulevard, Kensington-Talmadge, 619-516-4746. Thursday — The Giraffes, Vacation.

Hardcore/surf/rock. Friday - The Dollvrots, the Bangkok Five. Suffrajett also performs. Pop punk rock. \$5. Sunday — Film School, Ariel, Local band First Wave Hello performs. Alternative/experimental/rock. Tuesday — Let's Go Sailing. Indie/pop/alternative. \$5.

**Belly Up Tavern:** 143 South Cedros Avenue, Solana Beach, 858-481-8140. Thursday, 9 p.m. — The Itals. With

Lloyd Hemmings and the Awah Band from Studio One Jamaica.

Friday, 9 p.m. — Built to Spill. With the Meat Puppets and Helvetica. Rock. Saturday, 9 p.m. — The Presidents

of the United States of America. With Ludo, Pleaseeasaur, and MaxMister Pyles. Pop/punk/alternative. Sunday, 8 p.m. — Steve Earle, Rock and country singer-songwriter.

\$30-\$32. Monday, 8 p.m. — Bob Mould, Saturna, Reeve Oliver. Alternative/indie/pop. \$10. Tuesday, 9 p.m. — Bob Schneider. With Jav Thomas and Tina Dico. Folk rock/pop.

Wednesday, 9 p.m. — Inner Vision, the Mystic Roots Band, the Bredren Band. Reggae/hip-hop/rock.

#### **Birch North Park Theatre:** 2891 University Ave, North Park,

619-239-8836. Saturday, 8 p.m. — Jazz Series: NEA Jazz Masters. Saxophonist James Moody in concert. This "NEA Jazz Master forged a lifelong friendship with Dizzy Gillespie after joining his band in 1946...and went on to achieve great success as a world-class soloist showcasing his improvisational genius." Program announced from stage. 858-459-

The Bitter End: 770 Fifth Avenue, Downtown, 619-338-9300. Thursday, 9 p.m. — Deliverance Machine, Maddox Revolution. Abigail's Attic also performs. Alternative rock/pop.

Brick by Brick: 1130 Buenos Avenue, Clairemont, 619-275-Friday - Ben Jelen, Sacha Sacket.

Kemistry also performs. Indie/alternative/pop.

Saturday — Disrupter, Osal8, Mezi. Breakan, Dr. Nix, and Tidepool perform. Hip-hop/dub. Wednesday - A Beautiful Noise, Noah Sugarman, Bombay Status. Indie-rock music. \$5.

Cafe Lamaze: 1441 Highland Avenue, National City, 619-474-

Fridays, 7 p.m., Saturdays, 7 p.m. The Sandy Chappel Quartet. With Burnett Anderson, Robert Sebastian, and Hank Young. Standards/jazz/blues. Sundays, 7:30 p.m. — Burnett's Bliss. With Robert Sebastian and Scott Wallingford. Jazz/standards/blues

The Calypso Café: 576 North Coast Highway 101, Encinitas, 760-632-8252.

Thursday, 8 p.m. — Sue Palmer and Didjah Harris. Blues/jazz. Friday, 8 p.m. — Jeff Moore, Dean Smith, Billy Thompson. Blues/funk/jazz. Saturday, 8 p.m. — Uplift. Sunday, 8 p.m. — Flounders. Acoustic. Monday, 8 p.m. — Cactus Twang. Tuesday, 8 p.m. — Jack Tempchin and Friends. Blues/rock.

Wednesday, 8 p.m. — The Nena
Anderson Quartet. Blues/soul/jazz.

'Canes: 3105 Ocean Front Walk, Mission Beach, 858-488-1780. Thursday — Two Word Name, Mad Martigan. Every Thirteen Days and Born Tonight perform. Alternative/rock/metal. Friday — Organika Music presents a night of reggae/dub/roots music. Features performances by Triston Palma, Joker Smoker, Roots Covenant, Rashi (Tribe of Kings), Irie Eyes, and Chunky Roots. Saturday — Tainted Love, '80s tribute band. \$15. Wednesday, 8 p.m. Ricksha. Swedish Models, Orange Velvet, and Scott Wilson, \$6.

Carvers: 11940 Bernardo Plaza Drive, Rancho Bernardo, 858-566-

Friday, 8 p.m. — 145th Street Deluxe Blues Band. Blues/funk. Saturday, 8 p.m. — The Cat-illacs. Covers classic rock/soul hits from the '60s, '70s, '80s, and '90s.

The Casbah: 2501 Kettner Boulevard, Little Italy, 619-232-HELL.

Thursday -- Kool Keith, Black Kenan Bell. Hip-hop. \$20. Friday — Dynamite Walls, Hotel Saint George. The Soft Lightes and the Focus Group perform. Alternative/rock/indie. \$8-\$10. Saturday — The Silent Comedy; Or, the Whale; Silverbird. Folk. Sunday — The Asylum Street Spankers. A six-piece country/blues band. \$10-\$12. Monday - Saul Williams. Anti-Monday League presents a night of

electropop/rock music.

Tuesday — Steve Poltz, the Truckee Brothers. Soul/pop/rock. Wednesday - Pennywise, Good Guys in Black.

Chasers Cocktail Lounge: 3615 El Cajon Boulevard, City Heights, 619-280-9379.



*Friday*, 8 p.m. — Yakuza. Metal/progressive/experimental.

Ché Café: 9500 Gilman Drive, B-0323C, La Jolla, 858-534-2311.

Saturday, 9 p.m. — Entrance,
Astra, Joshua Emery Blatchley.
Psychedelic rock/blues/folk. \$6.

**Coyote Bar and Grill:** 300 Carlsbad Village Drive, Carlsbad, 760-729-4695.

*Friday*, 6 p.m. — Smokestaxx. Covers classic soul, R&B, and rock hits.

Saturday, 3 p.m. — Nathan James & Ben Hernandez.
Roots/acoustic/blues duo. The Eight Twenty Band also performs a mixture of rock and Latin music.
Sunday, 2 p.m. — Billy Watson.
Fabulous Woodies opens.
Blues/soul/classic rock.

Dizzy's: 200 Harbor Drive,
Downtown, 858-270-7467.
Thursday, 8 p.m. — Toni Price.
Performs with Sue Palmer.
Blues/soul. \$15.
Friday, 8 p.m. — Peter Sprague and
Friends. Jazz. \$12-\$15.
Wednesday, 7 p.m. — Mesa College
Jazz Ensemble. Shares the stage
with the Industrial Jazz Group from
Los Angeles, California. \$10-\$15.

Dream Street Live: 2228 Bacon Street, Ocean Beach, 619-222-8131. Thursday — Razner, Crimson Reign, Dead on the Dance Floor. Alternative rock. Friday — Back Alley Hooligans,

Friday — Back Alley Hooligans, Counterlaunch, Squirrely Arts. Plus the alt-rock of Fulcrum and Rabbit in Red.

**Epicentre:** 8450 Mira Mesa Boulevard, Mira Mesa, 858-271-

Thursday — The Lisps, These United States. The Heartbreakers, Blue's Ruby, and Rafter perform. Indie/alternative/rock. \$7-\$9. Friday — Stereo Summer, the Real You. The Duree, Plane Without a Pilot, and Flight to Athena perform. Indie/punk/pop. \$7-\$9.

**Fannie's Nightclub:** 9143 Campo Road, Spring Valley, 619-698-2204

Thursdays, 8:30 p.m. — Cory Wilkins. Alternative/rock/blues. Friday — The Backyard Boys. Classic rock. Saturday — Benchmark. Classic

rock. **Hard Rock Cafe:** 801 Fourth

Avenue, Downtown, 619-615-ROCK.

Thursday, 8:30 p.m. — Mink. Poprock hand from New York. Door

Thursday, 8:30 p.m. — Mink. Poprock band from New York. Door proceeds go to Musicians on Call. \$5.

Hensley's Flying Elephant Pub and Grill: 850 Tamarack Avenue, Carlsbad, 760-729-4996. Thursday, 8 p.m. — Matt Hensley and Friends. Friday, 7 p.m. — Taryn Donath.

Blues/soul.

Saturday, 7 p.m. — Joe Wood.
Blues/rock/soul.

Sunday, 8 p.m. — Craig Sherman.
Blues and country

Blues and country.

Monday, 7 p.m. — The Blokes.
Rowdy Celtic. Acoustic.

Wednesday, 7 p.m. — Joe Wood.
Blues/rock/soul.

House of Blues: 1055 Fifth Avenue, Downtown, 619-299-2583. Thursday, 8 p.m. — Candlebox. With Golden State and the Black Summer Crush. Alternative rock/pop. Monday, 8 p.m. — Ace Frehley.

Monday, 8 p.m. — Ace Frehley. With the Trews. Hard rock. Wednesday, 8 p.m. — Collective Soul. Alternative rock/pop.

Humphrey's Backstage Music Club: 2241 Shelter Island Drive, Point Loma, 619-224-3577. Thursday — Willie J. Laws. Blues/R&B/funk. Friday, 6 p.m. — The Corvelles and Detroit Underground. Cover Motown, funk, and soul hits. \$5-

1

Saturday, 9:30 p.m. — Johnny "V" Vernazza. Blues/soul/rock. \$12. Sunday — Aubrey Fay and Bradley Leighton. Smooth jazz. \$12. Monday, 7 p.m. — The Robin Henkel Band. Blues/funk/jazz. Tuesday, 7 p.m. — Jose Molina. Smooth jazz. \$5. Wednesday, 8 p.m. — The Soul Persuaders. Sweet soul music. \$5.

**Jack's La Jolla:** 7863 Girard Avenue, La Jolla, 858-456-8111. Every day at 6 p.m. — Piano Bar. Every day of the week in the Ocean Room.

Jimmy Love's: 672 Fifth Avenue, Downtown, 619-595-0123. Wednesdays, 6:30 p.m. — The Soul Revue. Jazz, dance, and top 40.

Joe 'n Andy's Hole in the Wall: 9344 La Mesa Boulevard, La Mesa, 619-589-8684.
Friday, 9:30 p.m. — Wick. Punk.
Saturday, 9:30 p.m. — Ten Foot Tongue. Hardcore/metal.

**Kadan:** 4696 30th Street, North Park, 619-640-2500. *Mondays*, 9 p.m. — Mayhem Mondays. Punk rock every Monday. Live bands and resident DJ Nate Horror provide the tunes.

The Kensington Club: 4079 Adams Avenue, Kensington-Talmadge, 619-284-2848. Thursday — Nautical Disaster, Firethorn, Death on Mars. Alternative rock/experimental. Friday — Tiltwheel, Rich White Males. Breaker Breaker One Niner performs. Punk. Saturday — Billy Midnight and Trophy Wife. Alternative rock/country/garage.

The Kraken: 2531 South
Highway 101, Cardiff, 760-4366483.
Thursday — Frankie Dee and the
Funk Natra Band.
Blues/standards/funk.
Friday — The Flat Out Liars.
Covers classic to modern-rock hits.
Saturday — King Fish Turner.

Sundays, 4 p.m. — The Blues

Brokers. Blues/soul/rock. Wednesday — Jeff Moore and the Witch Doctors. Down-home Americana blues rock.

Lestat's Coffee House: 3343 Adams Avenue, Normal Heights, 619-282-2848. Thursday — Jordan Reimer and Rob Deez. A night of acoustic and comedic hip-hop music. Friday — Reeve Carney, the Wrong Trousers, WAZ. Rock/blues/acoustic. Saturday — Mario Escovedo

# The 2008 San Diego County Fair Presents Summer Concert Series

#### **Tickets Go On Sale March 22**

Shows listed below are FREE with Fair admission unless otherwise noted.

A limited number of reserved seats are available for free shows.





PAID • DINNER PACKAGE

June 20

PAID • DINNER PACKAGE June 26

PAID • DINNER PACKAGE
July 1

June 14	Reggae Festival with Steel Pulse REGGAE	June 28	4th Annual Gospel Festival with Tye Tribbett GOSPEL
June 17	Grand Funk Railroad & The Guess Who	June 29	Intocable & Horóscopos de Durango FREE & PAID
	CLASSIC ROCK • DINNER PACKAGE	June 30	Weird Al Musical Satirist • Dinner Package
June 20	Earth, Wind & Fire R&B • DINNER PACKAGE	July 1	Sugarland COUNTRY • DINNER PACKAGE
June 21	Doodlebops KIDS MUSIC	July 2	Little Big Town COUNTRY
June 26	BB King BLUES • DINNER PACKAGE	July 4	KC & The Sunshine Band DISCO/POP





This is a partial listing. Check our website for more entertainment listings.

Tickets are on sale starting Saturday, March 22 at 10 am at the Fairgrounds Box Office and all Ticketmaster locations. 619-220-TIXS, or visit www.ticketmaster.com. For information call 858-755-1161, or see our website at www.sdfair.com.

#### ticketmaster

Dinner Evenings: Includes dinner in the Turf Club, preferred seating, Fair admission and VIP parking.

Availability of dinner packages is limited. Acts subject to Board approval.

Del Mar Fairgrounds • I-5 at Via de la Valle • www.sdfair.com

# Calendar

Experience. Sunday, 9 p.m. — The Slants, the Strangers Six. Pop/punk/electro. Wednesday — EJP, Happy Ron. Ivan Cheong and Sweet Joyce Anne perform. Acoustic/blues.

**Molly Malone's:** 1270 Main Street, Ramona, 760-789-9050. *Friday*, 9 p.m. — Wild Rumor. Rock.

O'Connell's Pub and Nightclub: 1130 Morena Boulevard, Clairemont, 619-276-5637

Friday, 9 p.m. — Critical Me, Chaser. Pour Habit and Skyline Collapse perform. Rock/alternative/metal. Saturday, 8 p.m. — Emergenza Music Festival. A night of rock/alternative/indie music. Features performances by Bridget Brigitte, Heaven for Sinners, Joneslagger, As Plain As Day, Maria Staump, Starline Theorie, and Societal Decay.

Mondays, 8 p.m. — Mystery Train. Pro-invitational blues jam on Monday nights. Ages 21 and up. Tuesday, 9 p.m. — Another Zeke Productions Presents. A night of pop/rock/folk music. Features performances by the Common Loon, Ryan Blue, and Kris Towne.

**Pala Casino:** 35008 Pala Temecula Road, Pala, 877-946-7252.

Saturday, 8 p.m. — Queen Nation. The Grand Cabaret welcomes a tribute to Queen.

**Palomar College:** 1140 West Mission Road, San Marcos. *Thursday*, 12:30 p.m. — "Our Sweet Home." Masayo and Robert play koto and wind synthesizer and perform all-original swing, rock, Latin, ballads, fusion, and worldbeat music for Concert Hour Series in Palomar College Performance Lab (room D-10). 760-744-1150 x2316

**Pasquale on Prospect:** 1250 Prospect Street, La Jolla, 858-456-0722

*Sundays*, 6 p.m. — Stage 4. Jazz/rhythm and blues.

Patrick's II: 428 F Street,
Downtown, 619-233-3077.
Thursday — Blue Four. Local
blues/soul band.
Friday — TomCat Courtney. CDrelease party. Blues.
Saturday — Alan Iglesias and
Crossfire. A tribute to Stevie Ray
Vaughan. Blues rock.
Sunday — The Dave Camp Trio.
Monday — Nathan James and Ben
Hernandez. Roots/acoustic/blues
duo.
Tuesday — Blue Largo.
Blues/soul/swing.
Wednesday — Shelle Blue. Rhythm

**PianoSD.com:** 1233 Camino Del Rio South, Mission Valley. Saturday, 2 p.m. — John Cain Presents. A Bossa Nova tribute. Features the music of Antonio Carlos Jobim with Adirenne Nims and Katie Catinella. Includes a jazz performance by the Jim Gala Jazz

Saturday, 2 p.m. — Bossa Nova Tribute. Music of Antonio Carlos Jobim featured when John Cain is joined by Adrienne Nims (sax, flute) and Katie Catinella (vocals) in jazz concert. Also on program: piano jazz by Jim Gala Jazz Trio. 619-298-5313.

Rancho Bernardo High School: 13010 Paseo Lucido, Rancho Bernardo. Saturday, 4 p.m. — "Traveling to



BY DAVE GOOD

Cheryl Wheeler's voice runs the table in terms of emotion. A singer/songwriter in the new-folk tradition, she teeters on the edge of a full-throated country sound but misses no opportunity to accent or put an emphasis on that one single note that furthers the mood. Plus, I like her politics. "It's hard to believe," she sings in "Dubya Dubya" (set to the melody of "Louie Louie"), "that this is what they meant/ When they said that anyone could be President."

Wheeler, a native of Maryland with a music career that spans nearly three decades, is sometimes billed as a folk singer/comedian. She is funny, but I sense her jokes are a kind of comic relief from the

heaviness of her lessfunny material. After the Columbine shootings, Wheeler's "If It Were Up to Me" started getting major airplay, if only for the lyric "I'd take away the guns."

Onstage, the juxtaposition of funny-tender-sad is arresting. Wheeler is of a jeans-and-T-shirt countenance, rugged, fiftyish, with a shock of unruly hair. Her appearance belies the tenderness of the voice and the intellect that resides below the surface. "Is this

peace, or is it Prozac?" she sings. "Is this mellow? Am I a maniac?/ Is my mind out there?/ And can I get it back?" Like the best storytellers, she writes about the human experience in a manner that blurs the boundaries between one person and another. "Darlin', I miss you more than I'm

CHERYL WHEELER

mad," she sings. It leaves a listener to wonder: Are the themes in her songs from her life, or is she singing about mine?

CHERYL WHEELER, AcousticMusic-SanDiego, Sunday, March 23, 7:30 p.m. 619-303-8176, \$22 to \$27.

Find a Blue Bird." Masayo and Robert offer "a whole new world of music," including original swing, rock, Latin, ballads, fusion and world beat played on koto and wind synthesizer. Concert benefits music program. 858-451-9117.

**Rei Do Gado Churrascuria:** 939 Fourth Avenue, Downtown, 619-702-8464.

Thursdays, Sundays, Mondays, Wednesdays, 6 p.m. — Peter the Prince of Piano. Piano/pop.

**Riley's:** 2901 Nimitz Boulevard, Point Loma. Saturdays — Rock Forever Entertainment. Features live bands

every Saturday night.

Wednesdays, 9 p.m. — Swing Night. Live swing bands perform.

**Rosie O'Grady's:** 3402 Adams Avenue, Normal Heights, 619-284-7666.

Tuesdays, 9:30 p.m. — Bdub's Jazz Jam Session. Modern jazz classics and standards every Tuesday, with Bryan Whelan, Doug Walker, Laurel Grinnell, and friends.

The Round Table Cocktail Lounge: 1723 Euclid Avenue, City Heights, 619-264-6000. *Tuesdays*, 6 p.m. — Charlie Blue.

Roxy Natural Foods Restaurant: 517 North Coast Highway 101, Encinitas, 760-436-5001.

Wednesday, 7:30 p.m. —
"BitterSweet." Masayo and Robert play koto and wind synthesizer and perform all-original swing, rock, Latin, ballads, fusion, and worldbeat music. 760-436-5001.

**San Diego Sports Club:** 1271 University Avenue, Hillcrest, 619-299-7372.

Saturday — Stick It in Your Ear Productions. Live bands every fourth Saturday of the month.

**Second Wind (Magnolia):** 8528 Magnolia Avenue, Santee, 619-596-8350.

619-596-8350. *Thursday* — Jeff Diamond & the

Brotherhood of Sound. Shrewd Lucy also performs. Acoustic/folk/alternative.

**Second Wind (Navajo):** 8515 Navajo Road, Santee, 619-465-

*Thursday* — The New Forward, SO3, Pick Up Girls. Alternative rock.

**Sevilla:** 555 Fourth Avenue, Downtown, 619-233-5979. *Thursday, Sunday* — Club Salsa. Features a performance by Salsa Caliente.

Mondays, 9 p.m. — Rock en Español.

Tuesday, Wednesday — Club Salsa.





# HOUSE of B









































COMING SOON ELIZABETH WILLS 3/27

A CURSIVE MEMORY/ 4/17 MEDIC DROID

(HOB DELTA ROOM)

LA QUINTA ESTACION 4/18 4/19 JESĆA HOOP

4/20 SYMPHONY 4/21

SUPER DIAMOND TIMBIRICHE 4/23

LAVELL CRAWFORD (SHOW MOVED! 4TH & B TICKETS WILL BE HONORED)

BELANOVA (ON SALE THIS FRIDAY!) 4/30 STIFF LITTLE

FINGERS THE SLACKERS 5/1 (HOB DELTA ROOM) GHOSTLAND

OBSERVATORY ©

5/16 EISLEY 5/18 THE KOOKS 5/20 THE ADICTS

All shows are 21+ unless otherwise noted.

KITCHEN OPEN
MON-THU: 4 PM-11 PM OR LATER
FRI4 PM-1 AM OR LATER
SATSPM-1 AM OR LATER
SUNSPM-11 PM OR LATER



(asbah

SAUL. WILLIAMS

Dragons of Zynth

MARCH 24





ELIVERATION.com

3/28

Katt Williams • Copley Symphony Hall Beto Cuevas • 4th & B RBD with La Nueva Banda Timbiriche 4/2 4/6

Coors Amphitheatre Daniel Tosh • Spreckels Theatre 4/18

LIVE NATION

4/30 Avril Lavigne with Boys Like Girls Cox Arena

K.T. Tunstall • Spreckels Theatre Gigantour Feat: Megadeth and more! 5/3 5/20 Cox Arena Live nation

dt ...

Features a performance by Charlie Chavez v Su Afro Truco.

The Shout House: 655 Fourth Avenue, Downtown, 619-231-6700. Thursdays, 7 p.m., Fridays, 6 p.m., Saturdays, 6 p.m., Sundays, 7 p.m. — Dueling Pianos. Rock and roll sing-along dueling pianos. \$5-\$10. Ages 21 and up.

Soma: 3350 Sports Arena Boulevard, Point Loma, 619-226-SOMA.

Friday, 6:30 p.m. — The Rocket Summer. Indie rock/power pop.

Saturday — Mother Mae I. Discord, Dying Regret. With One Theory and Immolated Seraphim. Metal/hardcore.

South Park Bar & Grill: 1946 Fern Street, South Park, 619-696-0096.

Thursdays, 9:30 p.m. — Open jazz jam. Ages 21 and up. Fridays, 7 p.m. — The John Kopecky Trio. Jazz. Ages 21 and up. Saturdays, 8:30 p.m. — Open blues jam. With Will Jackson. Ages 21 and up.

Sundays, 6 p.m. — Original Music Modern Jazz Series. Every Sunday, with Doug Walker, Tim Nunnink, Nick Tocco, and Nathan Hubbard. Tuesdays, 8 p.m. — The Friend, Sibley, Hilton Trio. Jazz. Ages 21 and up.

Tio Leo's Lounge: 5302 Napa Street, Clairemont, 619-542-1462. Thursdays, 7 p.m. — Cajun and Zydeco Dancing. Zydeco dance every Thursday night, with lessons by Gator Boy. \$5. Ages 21 and up.

Tio Leo's Mira Mesa: 10787 Camino Ruiz, Mira Mesa, 858-695-

Thursday — The Robin Henkel Band. Blues/funk/jazz. Saturday — Electric Soul. A mixture of smooth jazz, funk, and

U-31: 3112 University Avenue, North Park, 619-584-4188. Wednesday, 8:30 p.m. - Kirsten Price. Alternative soul.

Vieias Casino DreamCatcher Show Room: 5000 Willows Road, Alpine, 619-445-5400. Saturday, 8 p.m. — Trey Songz. Wednesday, 8 p.m. — Angie Stone.

Winstons: 1921 Bacon Street, Ocean Beach, 619-222-6822. Thursday — Lady Dottie & the Diamonds. Blues/soul/rock. Friday, 9 p.m. — Elijah Emanuel & the Revelations. Reggae/ska/rock. Saturday — Cash'd Out. A tribute to Johnny Cash. Mondays, 9 p.m. — The Electric Waste Band. "Celebrating the music of the Grateful Dead for over

17 years." \$7.

Zombie Lounge: 3519 El Cajon Boulevard, North Park. Friday, 9 p.m. — Joe Buck Yourself. The bass player for Hank III performs as a one-man band. Punk rock/country. Saturday, 9 p.m. — Creepy Creeps

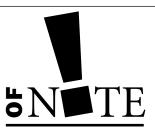
Wednesday, 9 p.m. — Mike Pinto

and the Mashers. Reggae/ska/surf.

and Thee Corsairs. Garage/surf/punk. \$5.

#### UPCOMING **SHOWS**

4th & B: 345 B Street, Downtown, 619-231-4343. March 28 — Above the Law. April 2 — Beto Cuevas.



BY WILLIAM CRAIN

As the millennium turned, Built to Spill was one of the bigger names in indie rock, even if the band wasn't actually on an indie label anymore. Singer and songwriter Doug Martsch had gone from the homegrown sound of his early records to the sprawling Neil Young-like rock of his Warner Brothers albums. The band itself had gone from a loose collection centered around Martsch to a consistent lineup, and the audience had grown from a scattershot group of indie kids to a large and rabid fan base. But after touring for 2001's Ancient Melodies of the Future. Martsch retreated to his Idaho home for a rest. A short break turned into

a long one, and five years passed before Built to Spill released another album of all-new material, You in Reverse.

Funny things happened during those five years. Modest Mouse, a Northwest band that Built to Spill had taken on their first tour, suddenly became huge. Other bands, most notably My Morning Jacket, seemed to follow in Built to Spill's musical footsteps. And just about every new indie band that came along had at least one guy who sported a bushy, Martschlike beard.

Perhaps that's why Martsch and company felt they had to rock so hard when they made You in Reverse. The album has the kind of power that only a great rock band can deliver. The first half sticks to a concise songwriting style that's reminiscent of Martsch's earlier work, but in the second



half the band builds up tension and drama and rips out fiery guitar solos. Other bands may have the beards, but few can touch Built to Spill when Martsch and company let

**BUILT TO SPILL, Belly Up, Friday, March** 21, 9 p.m. 858-481-8140. Sold out.

April 4 — Jazze Pha, 8ball & MJG,

April 5 — Loose Ends with A'ngela Winbush.

April 12 — Morcheeba. April 16 — Cat Power.

April 25 — Spiritualized.

AcousticMusicSanDiego: 4650 Mansfield Street, Normal

Heights, 619-303-8176. March 27 — Janis Ian. April 3 — Susan Werner.

April 12 — David Wilcox. April 17 — Ramblin' Jack Elliott. April 19 - We Five.

April 25 — Hot Club of Cowtown. May 17 — Prince Diabate.

Anthology: 1337 India Street, Little Italy, 619-595-0300.

Join us for drink specials along with \$125 bottle selections all night long.

Doors open at 8 pm. Bottle & table

858-805-5945

reservations are highly recommended.

March 28 — Diane Schuur. March 30 — Ignacio Berroa. April 4 — Big Brother & the

Holding Company. April 5 — Benny Golson and

Jimmy Mulidore. April 6 — Jon Anderson.

April 8 — Freddie Hubbard. April 9 — Amber Ojeda.

April 9 — Barbara Jamerson April 11 — Candy Dulfer. April 12, April 13 — Melissa Manchester.

Athenaeum Music and Arts Library: 1008 Wall Street, La Iolla, 858-454-5872 May 7 — Jazz at the Neurosciences

753-2094. May 17 — Live Wire. May 24 — Illicit Behavior.

> Beaumont's: 5662 La Iolla Boulevard, La Jolla, 858-459-0474. March 27 — Greg Feldman. March 28 — The Luke Daniels Band

March 29 — December's Children.

**Balboa Theatre:** 854 Fourth

April 12 — "DreamGuvs."

May 10 — Betty Buckley in

Bar Leucadian: 1542 North

Coast Highway 101, Leucadia, 760-

de Nati Cano.

Concert.

Avenue, Downtown, 619-570-1100.

May 3 — Mariachi los Camperos

Beauty Bar: 4746 El Cajon Boulevard, Kensington-Talmadge, 619-516-4746

March 27 — The Chores, the Prids. March 28 — Action Jackson Presents.

March 31 — Devon Sproule and Natalie D-Nap.

Belly Up Tavern: 143 South Cedros Avenue, Solana Beach, 858-481-8140.

March 27 — Years Around the Sun. March 29 — The Avett Brothers and Jessica Lea Mayfield.

March 30 — Sara Petite.

March 31 — The City Limits Band.

April 2 — Paul Thorn.

April 4 — Metal Snake.

April 5 — The Pine Mountain Logs.





### www.humphreysbythebay.com

Thursday, March 20 8 pm • Blues, R&B

### Willie J. Laws

Saturday, March 22

Friday, March 21

 $6~\mbox{pm}$  • Motown The Corvelles

9:30 pm • Motown & Dance

## Detroit Underground



9:30 pm • Blues Guitar Johnny "V"

Vernazza Band



Sunday, March 23 8 pm • Smooth Jazz

Bradley Leighton



Monday, March 24 7 pm • Blues/Jazz

## Robin Henkel

Tuesday, March 25 7 pm • Smooth Jazz

Jose Molina

Friday, March 28

NovaMenco

Wednesday, March 26 8 pm • Sweet Soul Music

The Soul Persuaders

**UPCOMING SHOWS** 

Saturday, March 29

Savoy Brown with Kim Simmonds

Friday, April 11 Mark Hummell

Blues Harp Weekend

2241 Shelter Island Dr. • 619.224.3577

Tickets for "Upcoming Shows" available at Ticketmaster and Humphrey's.

All shows are 21 years and up.

sushi and fine dining.

www.JacksLaJolla.com

info@JacksLaJolla.com

7863 Girard Ave.

No cover before 10:30 pm. Dress code

(corner of Wall Street & Girard in La Jolla)

enforced. Excludes special events.



#### www.secondwindbars.com

ATM & credit cards welcome.

## Navajo

8515 Navajo Road • 619-465-1730 (Albertsons shopping plaza at Navajo & Lake Murray)

Thursday, March 20

The New Forward • S03 • Pick Up Girls

Friday & Saturday, March 21 & 22 • 9 pm **Classic Rock** 



## **Stone Wolf**

Wednesday, March 26

Reverend Stickman • Bedpost Buzzard Fuzz Huzzi

Upcoming: Thursday, March 27

**Eve White Eve Black • The Mojave Death On Mars • Heathen Culture** 

## Santee

8528 Magnolia Avenue • 619-596-8350 (Corner of Prospect & Magnolia)

Thursday, March 20

Jeff Diamond & The Brotherhood of Sound **Shrewd Lucy** 

> Friday & Saturday, March 21 & 22 • 9 pm **Classic Rock**

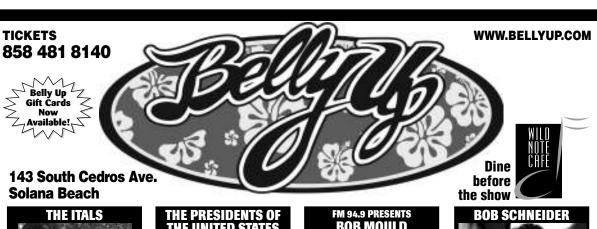


## **Serious Guise**

Sunday & Monday, March 23 & 24 **Medium Troy** 

Upcoming: Thursday, March 27 Kavena plus guests

Pool Tables • Dart Boards • Hot Spot & Lotto Free Parking • Free WiFi Access











































#### JUST ADDED!

4/16 Joanie Mendenhall Vinyl Release w/Michael Tiernan & Correatown 4/25 B-Side Players • 5/30 Boogie Nights – Final Warning 6/6 "Fiesta Del Sol" Kickoff Party! Common Sense w/Hoi Polloi

6/27 Pato Banton and The Mystic Roots Band

- 4/18 Elijah Emanuel & The Revelations and Ooklah The Moc
- 4/19 Cash'd Out
- 4/20 Gin Blossoms w/Matthew Moon
- 4/22 The Twinkle Brothers w/Dela
- **SWINGIN' HAPPY HOUR!** 3/21 FABULOUS PELICANS
- 4/23 Led Ka'apana & Mike Ka'awa
- 4/24 Dark Star Orchestra
- 4/26 Yonder Mountain String Band
- 4/27 Victor Wooten
- 5/1 Mike Doughty Band
- 5/2 & 5/3 The English Beat
  - 5/4 Shelby Lynne
  - 5/5 "Reggae de Mayo" -John Brown's Body
- 5/14 Kathleen Edwards
- 5/19 Murder By Death

- 5/20 The Proclaimers
- 5/22 Hal Ketchum w/Bastard Sons
- of Johnny Cash 5/25 Don Carlos
- 5/31 Ladytron w/Data Rock
- 6/13 Young Dubliners

**SALSA SUNDAY** 3/30 & 4/6 ORQUESTA PRIMO

Free Parking! Low Service Charges! Free Coat Check! Great Bar Prices! Great Food!

## Calendar MUSIC

April 9 — X. April 10 — Del tha Funky Homosapien.

April 11 — The Mother Hips and New Monsoon.

April 12 — The Mother Hips and Jackie Greene.

April 13 — Charlie Musselwhite. April 14 — John Cruz.

April 15 — Asleep at the Wheel.

#### **Birch North Park Theatre:**

2891 University Ave, North Park, 619-239-8836

March 29 - SD Indie Music Fest IV.

April 24 — The Klezmatics. June 21 — The Kenny Burrell Quartet.

August 2 - Mark O'Connor's Appalachia Waltz Trio.

Brick by Brick: 1130 Buenos Avenue, Clairemont, 619-275-LIVE

March 27 — E.X.P.,

March 28 — Silent Lune, Sandollar, Four Kings.

March 30 — Idasas, Dayzero, Unstable.

March 31 — New Model Army

with Vale.

April 2 — Hemme.

April 4 — Yesterday & Today. April 9 - Los Otros, Say When,

Rag Doll City. April 10 — The Nightmares and

Batar-Zan. April 16 - John Compton and

Aepnia. April 17 — Starving for Gravity.

April 23 — Justin Hopkins & the Guilt, Bassboosa, Skybombers. April 24 - Rise of Revolution. April 25 — S.A.T.O.R.I.,

Soundescape, Dante's Boneyard. April 30 — UFO and Sledd.

California Center for the Arts, Escondido: 340 North Escondido Boulevard, Escondido, 800-988-4253 March 29 - "The Belle of Broadway."

April 11 — Julio Iglesias.

The Calypso Café: 576 North Coast Highway 101, Encinitas, 760-632-8252

March 27 - Captain Kirk & the Beam Me Up Scotties.

March 28 — Jeff Moore, Dean

Smith, Billy Thompson. March 29 — Triple Shot. March 30 — The Rick Ross Trio. April 10 — Michael Tiernan and

'Canes: 3105 Ocean Front Walk, Mission Beach, 858-488-1780. March 27 — Iron Works, One Thread.

March 28 — GZA/Genius.

the Band

March 29 — B-Side Players. April 2 — NSD Presents.

April 3 — Pigeon John.

April 4 - Natural Vibrations. Iration, Stone Senses.

April 5 — The Iron Maidens.

April 9 — Orgone.

April 11 — Sick Puppies. April 12 — Stepping Feet.

April 16 — NSD Presents.

April 17 — Helmet

April 18 — Arm the Angels, Kemistry, Broke City.

April 19 — Diego Roots.

April 20 - Michael Prophet. April 23 — Collie Buddz.

April 26 — Wild Child.

April 28 — The Breeders

April 30 — Guava Belly and Stained

Carvers: 11940 Bernardo Plaza Drive, Rancho Bernardo, 858-566-

March 28, March 29 — Night Shift.

April 5 — The Hype.

April 18, April 19 — Laguna. April 25, April 26 — Crossroads.

May 16, May 17 — Laguna.

## >**h**ometown CDs



**Album:** Say What You Wanted to Say (2007)

Artist: The Frantic Romantic

Label: Self-released

Where available/price: Music Trader in Pacific Beach or at live shows for \$5. Online at franticromanticband.com and myspace.com/thefranticromantic for \$7 (\$5 to download).

Songs: 1) Why Do We Punish the Ones We Love 2) How Sad Is That 3) Back Again 4) Here's to the Optimist 5) Our Late 20s 6) Thank You for Your Time

Band: Ryan Johnson (vocals, guitar, keys), Christopher Walsh (guitar), Mark Anderson (bass), Brad Filip (drums)

Extra info: The Frantic Romantic is scheduled to play the Beauty Bar on April 3.

This six-track release adds to San Diego's contributions of intelligent, catchy indie pop. The lead singer, Ryan Johnson, understands that smarty-pants rock doesn't have to be devoid of emotion. Elaborate guitar progressions (almost Munstersspooky on track four, and flavored with surf and Pixies on tracks one and two) from Johnson and Walsh interplay and hold tension with Anderson and Filip.

The Frantic Romantic creates something new from wellmeaning but often irritating genres. An emphasis on complexity parallels nerdy math rock, but Frantic makes it accessible. The band's power and feeling that draw the listener in with narrative resembles prog rock, but Frantic didn't use standard prog's overarching themes and tooreverby guitar work. From garage, they've kept grit and journeyman authenticity but



The Frantic Romantic

polished it up and presented it with an almost Brit-pop cleanliness.

In short, it's really good...maybe one of San Diego's best.

#### TO GET YOUR LOCAL CD REVIEWED. PLEASE MAIL

IT TO: Music Editor, Hometown CDs, San Diego Reader, P.O. Box 85803, San Diego, CA 92186-5803

*Iune 6, Iune 7* — The Hype. June 20, June 21 — Laguna.

The Casbah: 2501 Kettner Boulevard, Little Italy, 619-232-HELL.

March 27 — Archways.

March 28 — Red Sparowes, Russian Circles, Holloys.

March 29 — Hostile Combover, Hialeah, Modern Rifles, Sus Hijos, March 31 — Musee Mecanique.

April 3 — Burning Brides. April 6 — Le Loup, the Ruby Suns,

Long Live Logos.

April 8 — RJD2, Dalek. April 10 — MC Flow.

April 11 — Handsome Furs, Mr. Tube & the Flying Objects.

April 12 — Scott H. Biram and Hillstomp.

April 13 — The Supersuckers.

April 17 — The Sword, Slough Feg,

Children. April 19 — Dengue Fever.

April 20 — Dirty Sweet.

April 21 — Elf Power.

April 22 — Don Cavalli. April 23 — The Black Heart

Procession. April 25 — The Teenagers.

April 26 — The Night Marchers.

April 27 — Paul Curreri.

April 29 - Mac Lethal.

April 30 - Yo Majesty.

May 1 — The Woggles and the

May 2 — Manic Hispanic.

**Chasers Cocktail Lounge:** 

3615 El Cajon Boulevard, City Heights, 619-280-9379. April 18 — Mystery Hangup.

Cheers: 2475 Main Street, Ramona, 760-789-0270.

April 26 — MoonDance. Ché Café: 9500 Gilman Drive, B 0323C, La Jolla, 858-534-2311. March 29 — Life or Death,

Retaliate, Built to Last. April 5 — Watercolor Paintings, the Paddle Boat.

April 11 — Trash Talk, Trapped Under Ice.

April 18 — Have Heart, Violation,

More Than Words.

May 7 — Fern Knight, Ex Reverie, Joshua Emery Blatchley.

**Coors Amphitheatre: 2050** Entertainment Circle, Chula Vista,

April 6 — RBD.

April 26 — Def Leppard, REO Speedwagon, and Styx.

May 9 — Celtic Woman.

the Moscow Virtuosi.

May 24 — Vicente Fernandez. May 26 — The Police and Elvis

Costello. May 29 — Kenny Chesney and

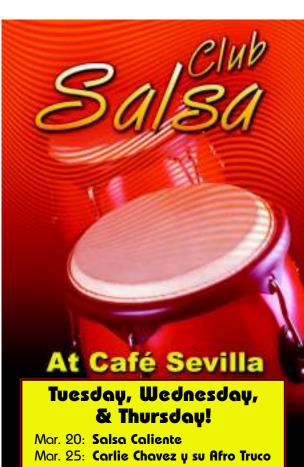
Leann Rimes. **Copley Symphony Hall:** 750 B Street, Downtown, 619-235-0804. May 9 — Vladimir Spivakov and



ticketmaster outsit traces on 220 lies



Bring in your wireless computer and take advantage of The Turtle's wireless



Mar. 26: Bomba Chante Mar. 27: Orquesta Primo

Salsa Dance Lessons @ 8:30 pm by Valerie So Cal's Best Salsa Orchestras & DJs at 10 pm

#### Early Sunday Salsa @ 6:30 pm

Mar. 23: TABACO Y RON

Mar. 30: CHARANGA CUBANA

Salsa Dance Lessons @ 6:45 pm by Valerie

Live Band starts @ 8 pm

Complimentary Tapas Buffet before 8 pm



I G H T

VIP call: 619.807.4481 • joe@cafesevilla.com

555 4th Avenue ~ Gaslamp Quarter ~ 619.233.5979

sevillanightclub.com

Cox Arena: 550 Campanile Drive, College Area, 619-594-6947. April 30 — Avril Lavigne and Boys Like Girls.

May 2 — Michael Bublé. May 20 — Megadeth. June 3 — The Cure.

**David and Dorothea Garfield** Theatre: 4126 Executive Drive, La Jolla, 858-362-1348. April 12, April 13 — "Heart and Soul."

Del Mar Rendezvous: 1555 Camino Del Mar, Del Mar, 858-755-2669.

March 31, April 1, April 6, April 8, April 13, April 15, April 20, April 22, April 29 — Keith Jacobson.

Dizzy's: 200 Harbor Drive, Downtown, 858-270-7467. March 27 — The Gilbert Castellanos Quartet. March 30 — The Jazz Ensemble. April 10 — The Spectrum Trio. April 11 — Steve Steinberg. April 13 — Loretta Lynn and Conway Twitty Tribute. April 17 — Dusty Brough & Eva Scow.

April 18 — The Cross Border Trio.

**Dublin Square:** 554 Fourth Avenue, Downtown, 619-239-5818. March 31 — Colin Clyne. April 9 — Orange Velvets, Ricksha.

El Cajon Library: 201 East Douglas Avenue, El Cajon, 619-588-3718.

March 29 — Celebrate Iranian New Year and Spring.

Epicentre: 8450 Mira Mesa Boulevard, Mira Mesa, 858-271-4000.

March 27 — The Shys, the Prayers.

March 28 — Empire DJ Productions Presents.

March 29 — Elvie, Little Man T.

April 4 — Bedlam, Roman Burial, Youth Envy.

April 5 — Candy Asylum, One Hot

Minute, Roots Run Deep. April 9 — Karmella's Game, Love Campaign, the Fascination.

April 10 — Mae, Honorary Title. April 11 — A Shattered Hope, the

Subtle Way.

April 12 — With Hope Last Breath, Murder on the Dance Floor. April 18 — The Duree, a Sweet Little Bullet From a Pretty Blue

April 25 — Jason David.

Fannie's Nightclub: 9143 Campo Road, Spring Valley, 619-698-2204.

March 28 - Stem.

Gun.

March 29 — LSD Productions Presents.





First Unitarian Universalist Church of San Diego: 4190 Front Street, Hillcrest, 619-298-

March 29 — Emma's Revolution.

The Flower Fields: 5704 Paseo Del Norte, Carlsbad. April 12 - Fiddlin' in the Flowers.

Greene Music Recital Hall: 7480 Miramar Road, suite 101,

Mira Mesa. March 30 — "Swinging on a Steinway" Concert.

The Handlery Hotel and Resort: 950 Hotel Circle North. Mission Valley, 619-298-0511. March 28 — Barbara Nesbitt.

Hot Monkey Love Cafe: 6875 El Cajon Boulevard, College Area, 619-469-4113

March 28 — Noly, Marlon Dane, Kim Llarenas.

House of Blues: 1055 Fifth Avenue, Downtown, 619-299-2583. March 28 - Noches Rockeras. March 29 — The Black Keys.

March 30 — A Flock of Seagulls and Dramarama.

March 31 — Citizen Cope April 1 — Bad Manners.

April 2 - Les Claypool. April 4 — Pitbull and Baby Bash.

April 5 — Big Head Todd & the Monsters.

April 7 — Ministry. April 9 — Moenia.

April 10 — Louis XIV.

April 11 — Yellowcard.

April 12 — Apocalyptica.

April 13 — Say Anything.

April 14 — Tech N9ne.

April 15 — Nekromantix.

April 16 — David Ford.

April 17 — Thrice.

April 18 — La Quinta Estacion. April 20 — Symphony X, Epica,

Into Eternity.

April 21 — Super Diamond. May 1 — The Slackers, Stiff Little

May 15 — Ghostland Observatory.

May 16 — Eisley.

May 18 — The Kooks

Humphrey's Backstage

Drive, Point Loma, 619-224-3577. March 27 — The Buick Wilson Band.

March 28 — NovaMenco. March 29 - Savoy Brown & Kim Simmonds.

March 30 — Jose Molina. March 31 - Nathan James & Ben Hernandez.

The Kava Lounge: 2812 Kettner Boulevard, Little Italy, 619-543-

March 31 — Burns 1.

The Kensington Club: 4079 Adams Avenue, Kensington-Talmadge, 619-284-2848. April 3 — Grin's Edge, Anna Troy, Merkaba Bandits.

The Kraken: 2531 South Highway 101, Cardiff, 760-436-6483. March 28 — Live Wire. March 29 — Bill Magee.

April 2 — Jeff Moore and the Witch

Doctors. May 23, June 20 — Live Wire.

**Lawrence Family Jewish** Community Center: 4126

Executive Drive, La Jolla.

March 30 — "Celebrating Israel at

August 4 — "The Prince of Kosher Gospel Music."

**Lestat's Coffee House:** 3343 Adams Avenue, Normal Heights,

619-282-2848. March 27 — Brenda Xu and

Delancey. March 28 — Eleanor England and the Shep Meyers Trio. March 29 — Carlos Olmeda and

Cotton Fever. March 30 — The Robin Henkel

Mandeville Auditorium at UCSD: 9500 Gilman Drive, La

April 25 — The St. Lawrence Quartet.

Museum of Making Music:

5790 Armada Drive, Carlsbad, 760-438-5996

April 5 — The Carl Janelli Saxophone Quartet. June 7 — Rack of Bones Trombone Choir.

**Neurosciences Institute:** 

10640 John Jay Hopkins Drive, La

## as i hear it

Artist: Writer

Song: "I Think She Died" (from the Don't Wake the Sun EP) Heard By: Mike Kong, Golden Hill



I think it was kind of a love song, a memoir. She was singing to somebody that she loved before who wasn't there anymore, and this was something that happened in the past. It sounded like it was a special love, not just a frivolous kind of thing; it's really from the heart. Right off the bat. I was, like, "this is kind of like Blonde Redhead." Primarily, it's a female vocalist, but there's a guy singing in the background, too. Piano was the foundation, and then it was vocals, guitar strumming in the background, and a delayed electric guitar kind of swimming along in there. too. If they play out a lot, I think they could touch a lot of people.

#### SAN DIEGO SONGS TAKE THE STREET TEST

Artist: Aaron Bowen

Song: "When the Fall of Rome" (from the CD The Supreme Macaroni Co. Ltd.) Heard By: Eddie Miramontes, Golden Hill



I wouldn't want to listen to the whole album. I kind of got restless towards the end. It's like a throwback to folk music. It has a banjo in there, acoustic guitar, and a little percussion. There were also brass instruments, like a trumpet. I thought that was cool. The singer is Jeff Buckley-ish — really soft, pretty singing, except Jeff Buckley had a really big range; this singing got kind of boring to me. It's not like real, true folk music where troubadours sing old folk ballads. It's, like, boring, commercial music there's nothing innovative about it. The environment [for that song] would be Lestat's. They play that kind of music.

Artist: Last 2 Know Song: "Your Best Friend is a Beer" (from the CD Broken Dreams) Heard By: Jacob Savary, downtown



I liked it. It was kind of like the Adolescents and Black Flag. The lyrics were about drinking beer at a bar and passing out; it was talking about drinking in a negative light. They used all the regular instruments a normal punk band would. They're probably, like, a four-piece punk band. I liked the guitar solos they had in it. He was a good guitar player. They'd be a good band for the Warped Tour or something, but probably not for radio airplay. That would be a good song for skateboarding. It would be a good song to see live. too. I normally listen to punk.

#### TO GET YOUR LOCAL CD HEARD, PLEASE MAIL IT TO:

Patrick's II: 428 F Street,

Downtown, 619-233-3077. *March 27* — Blue Four.

Music Editor, As I Hear It, San Diego Reader, P.O. Box 85803, San Diego, CA 92186-5803

March 28 — "Zither Traditions of the World."

March 29, March 29 - Athenaeum

April 19 — "Zimbabwe Day."

O'Connell's Pub and Nightclub: 1130 Morena

Boulevard, Clairemont, 619-276-5637.

March 28 — KPRI Homegrown Hour Presents.

March 29 - Someday Assassin. April 2, May 7, June 4 — Chip Conrad & the Concrete Feat.

Pala Casino: 35008 Pala Temecula Road, Pala, 877-946-7252.

March 29 — Journey Unauthorized.

April 4 — Superfreaks. April 5 — Led Zepagain.

April 11 — Metro.

April 12 — Chicago Tribute

Authority.

April 17 — Alejandra Guzmán. April 19 — Fantastic Diamond.

April 25 - MVPs.

April 26 — Draw the Line.

March 29 — Len Rainey and the Midnight Players March 30 — Shelle Blue.

March 31 — The Bayou Brothers. **Poway Center for the** 

Road, Poway, 858-748-0505. *April 19* — John Mayall & the

Performing Arts: 15498 Espola Bluesbreakers.

epicentre

all ages! all the time!!!

Thurs. March 20 • \$7/\$9

The Lisps
These United States
The Heartbreakers
Blue's Ruby • Rafter

Fri., March 21 • \$7/\$9 Stereo Summer

The Real You The Duree Plane Without A Pilot

Thurs., March 27 • \$7/\$9
The Shys
The Prayers • The Sess

Fri., March 28 • \$10/\$12

Empire DJ Productions presents Mindstress

· Sindikato

3rd World Tribe • Sindikat Empire DJ • Sundust Sevensigns • Comedians

Flight to Athe

March 28 — The Bill Magee Band.

Round Table Pizza: 1161 East Washington Street, Escondido. April 1 — Highway 76.

SDSU: San Diego State University: 5500 Campanile Drive, SDSU, 619-594-5200. April 10 — "Common Chords." May 5, May 5 — Gamelan.

San Diego Museum of Art: 1450 El Prado, Balboa Park, 619-232-7931.

April 2 — Jazz in the Park.



ns Am Tuesdays with

**DJ Heather Hardcore &** 

Let's Go Sailing

Live! \$5

\$10 Martini Manicures

Open daily 7 pm-2 am 619-516-4746

4746 El Cajon Blvd. myspace.com/thebeautybar

wells, wines, drafts till 10 pm











Sat., March 29
Elvie Little Man T · Goodnight Caulfield The Autumn Film · John Cooper April 4 • \$7/\$9 **Action Bastard** Bedlam • Youth Envy Roman Burial Seconds From Disaster Sat., April 5 • \$7/\$9 Candy Asylum The Cathedrals Roots Run Deer Five More Days • RCD Epicentre offers a professional recording with Pro Tools at an affordable rate Call us at 858-271-4000 ext. 15 for more

8450 Mira Mesa Blvd. 858.271.4000 www.epicentre.org THE EPICENTRE IS A PROGRAM
OF HARMONIUM. VISIT
HARMONIUMSD.ORG FOR MORE INFO.

COCKTAILS 16 REFRS ON TAP! OPEN 7 DAYS 10 AM-2 AM 21 & UP **MONDAY NIGHT** \$10 PRIME RIB **\$2 TUESDAYS Well Drinks & Domestic Drafts LIVE BANDS FRIDAYS** Friday, 3/21 • 9 pm **HOODOO BLUES** Friday, 3/28 • 9 pm **BLUE LIGHT SPECIAL KARAOKE** Monday, Wednesday, **Thursday & Saturday** Now Hiring Servers & Bartenders **Kitchen Hours:** Mon-Fri: 11 am-9 pm Sat & Sun: 10 am-4 pm Open Saturday & Sunday

10 am for Breakfast 0436 Clairemont Mesa Blvd. at Santo Rd.

Tierrasanta (858) 576-2509 SPORTS on LARGE-SCREEN TVs



mentantifice ill more mempio at

WWW.SOMASD.COM





Remainder of season on sale March 29, 10 am. Visit humphreysconcerts.com for details.

#### **LEXUS PREMIUM PACKAGES**

Package includes: 2 premium-seat concert tickets (center section, rows 1-4); 2 dinners at Humphreys Restaurant and one suite, junior suite or guest room at Humphrey's Half Moon Inn & Suites. Packages are limited. Visit our website for details: humphreysconcerts.com. Premium Packages not available at Ticketmaster outlet stores.

#### **LEXUS DINNER SHOW PACKAGES**

Packages include dinner and up-front seating.

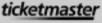
Tickets required for all ages. Dates subject to change or cancellation. Acts will be added periodically throughout the summer. Please check our website for updates.

#### **BOX OFFICE HOURS**

Saturday, March 29 10 am-6:30 pm

March 30-April 12 11:30 am-6:30 pm

After April 12 11:30 am-6:30 pm Tues.-Sat.



ticketmaster.com

humphreysconcerts.com concerts@humphreysconcerts.com 2241 Shelter Island Drive

www.tig.com

#### San Diego Sports Arena:

3500 Sports Arena Boulevard, Point Loma, 619-224-4171. April 20 - Kanye West. May 3 — Juanes May 7 - Alicia Keys

San Marcos Lutheran

Church: 3419 Grand Avenue, San Marcos.

March 30 — "America Singing: Shape Notes, Folk Hymns, and White Spirituals.

Soma: 3350 Sports Arena Boulevard, Point Loma, 619-226

March 28 — Tokyo Police Club. April 2 — The Warriors, Elysia.

April 3 — The Unseen.

April 4 — Streetlight Manifesto.

April 6 - Alesana, the Chariot, Sky Eats Airplane.

April 11 — Family Force 5. April 12 - Panic at the Disco.

April 13 - Animosity, First Blood, For the Fallen Dreams. April 16 — The Subhumans

April 17 — A Skylit Drive, Dance Gavin Dance.

April 18 — The Haven, Man Without Wax, Bank.

April 19 - Bedford Grove.

May 17 — Emmure. May 28 — Cinematic Sunrise.

**Spreckels Theatre: 121** Broadway, Downtown, 619-235-9500

April 15, April 16 — Eddie Vedder. May 5 — K.T. Tunstall.

Templar's Hall at Old Poway

Park: 14134 Midland Road, Poway.

April 12 — Triumphant Over

Thornton's Irish Pub and Grill: 1221 Broadway, El Cajon, 619-447-5665 March 28, April 25, May 9, May 23 - Hugh Gaskins & the G String Daddies.

Tio Leo's Mira Mesa: 10787 Camino Ruiz, Mira Mesa, 858-695-1461

March 27 — Oh! Ridge. May 3 — MoonDance.

USD: University of San Diego: 5998 Alcalá Park, USD, 619-260-4600.

March 29 — "Saturday Night at

Valley View Casino: 16300 Nyemii Pass Road, Valley Center, 866-843-9946.

April 11 — Creedence Clearwater Revisited.

May 15 — Trace Adkins. May 17 — Bonnie Raitt. Iuly 15 — Chris Isaak.

Whistle Stop Bar: 2236 Fern Street, South Park, 619-284-6784. April 4 — Atoms, the Vision of a Dying World.

Winstons: 1921 Bacon Street, Ocean Beach, 619-222-6822. March 27 — Drunkin Punkin

April 5 — Fairgame. April 25 — Vamp.

**WorldBeat Cultural Center:** 2100 Park Boulevard, Balboa Park, 619-263-7911.

March 29 - Luciano and Mikey General.

#### DJ

#### HOW TO SUBMIT A DJ

**LISTING:** Call 619-235-3000 x405, night or day by 5 pm Friday, the week prior to publication. To send weekly or monthly schedules, fax to 619-231-0489 or mail to Reader Music Scene, P.O. Box 85803, San Diego, CA, 92186. You may also

# **Yo, DJ**I

#### Talk About a Star



**Candlebox plays House of Blues** tonight, March 20

One of my favorite memories takes me back to my years on the high school varsity tennis team and turning our school's losing record into one of the best for the girls' tennis team. Believe it or not. music — rock 'n' roll — was a BIG part of us getting into the "winning" frame of mind; songs brought our team of diverse young ladies together!

During the summer/fall of '93, when Candlebox released their self-titled CD (around they same time they were included on the With Honors soundtrack — one of my old favorites), I was entering my junior year and keeping busy shortening the hems on my tennis skirts and running the dreaded never-ending "Spartans" — our coach's nickname for the conditioning line drills which would span the length of six tennis courts. Still manages to make my legs ache just thinking about it today!

During tournaments, or those rare practice breaks, we'd have a chance to escape the court's summer heat or the early fall snowfall chill -Minnesota weather for you by piling as many of us as we could in our team captain's old red Honda Prelude and making Gatorade runs. She was one of only a few on the team with a driver's license — let alone a car — and a working CD player! We'd rush off for our Gatorade, enjoying a little bit of teenage freedom, blasting her new Candlebox CD, singing "Far Behind"...quite unladylike, and dedicating it to our opponents, since that's where we'd plan on leaving them, far behind! Grrrrr...



DJ: MIDORI Station: 94/9 FM Shift: Sunday-Friday 10 P.M.–2:00 A.M.

submit information online, get directions, maps, event alerts, RSS feeds, club coupons, and more at SanDiegoReader.com.

#### **Air Conditioned Lounge:**

Thursdays: Too Cool for School Old-skool hip-hop and '80s music, funk freestyle and new wave. Fridays: Junior the Disco Punk. Old skool, rare grooves, funk, and disco, with opening set by DJ 1979. Saturdays, 9 p.m.: The Air Conditioned Cocktail Party "Dance in vour dazzling duds." Come in cocktail attire and get 2for-1 cover charge. Sundays: Guest DJ Night. Guest DJs to be announced. Mondays: DJ 1979. Hip-hop, funk, and soul. Special guest joins DJ 1979. Tuesdays, 9 p.m.: Big Sonic Chill. "Ethereal dream-pop bliss" sponsored by San Diego's Local 94.9. Wednesdays: Club Nigel. Steve West and DJ SG spin the '80s. 4673 30th Street, Normal Heights. 619-501-9831.

Bar Dynamite: Thursdays, 9 p.m.: DJs SG, Dubz, Teknikscian. Hip-hop, funk, old skool, mashups, and reggae. \$5. Wednesdays, 9 p.m.: Deep House Nite. DJs Duane, Lil Ryan and Johnny D spin house music. 1808 West Washington Street, Mission Hills. 619-295-8743.

Bar Pink Elephant: Mondays, 9:30 p.m.: Grown Folk Music. Features the Husky Boy All Stars DJ Buddha and Duse, Hip-hop/soul. 3829 30th Street, North Park. 619-

Beauty Bar: Thursdays, 10 p.m.: Soul Survivors. DJ Rob Hostetter and Daniel Sant. Ages 21 and up. Wednesdays, 10 p.m.: DJ RatStar. Spinning soul and hip-hop. Ages 21 and up. Saturday: Danger Danger. With DJ Corey Biggs spinning a mix of indie rock, new wave, and electro music. \$5. Sunday: Hear This. With DJ Hippoh, J Blo, and Myson King. Tuesdays, 9 p.m.:

LIVE

MUSIC

& G

595-0123



BrickbyBrick.com • (619)275-LIVE • 21 and up with ID



### Monday, March 31 Ctix **NEW MODEL** ARMY

**VALE • DOWNS FAMILY** 

Thursday, March 20 4 the Nod Productions present

**TERRY MULLEN DISCO DAVE JOHNNY BRAE SKANDAR** 

Friday, March 21 **BEN JELEN** 

**SACHA SACKET KEMISTRY** 

Saturday, March 22

**DISRUPTER** OSAL8 • MEZI **BREAKAN • DR. NIX TIDE POOL** 

Wednesday, March 26

A BEAUTIFUL NOISE **NOAH SUGARMAN BOMBAY STATUS** 

> Thursday, March 27 **EXP**

Friday, March 28

**ZOMBIE SURF CAMP SILENT LUNE SANDOLLAR FOUR KINGS** 

Saturday, March 29

**EMERGENZA FESTIVAL** 

oands & details go emergenza.net

Sunday, March 30 Nitro 2go presents **IDASAS • DAYZERO** 

UNSTABLE Wednesday, April 2

HEMME **IN PERFECT AGONY** 

Friday, April 4

 $f Y \& f T \cdot {\sf SLEDD} \cdot {\sf ZONE} 4$ 

Wednesday, April 9 LOS OTROS • SAY WHEN

**RAG DOLL CITY** Wednesday, April 30 Ctix

UFO

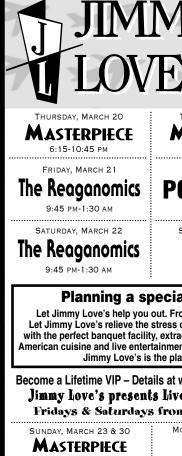
4/11 & 4/12 Emergenza Fest • 5/3 Mother Mae I • 5/9 Eths (from France) • 5/17 FM Revolver 5/18 Acoustic Alliance • 5/23 Floater • 5/24 Teitur • Jessie Baylin • 6/7 Mad Sin • Koffin Kats

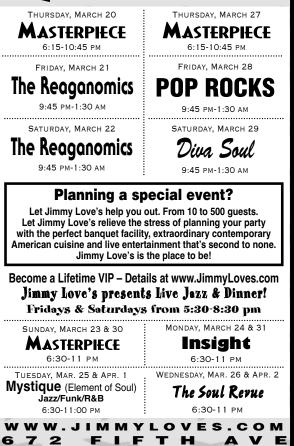
**LOT 81** ving lunch & dinner 619-275-6881

619-276-3993

Bookings: 1130 Buenos Ave.







ORNER OF 5TH

### KENNY GARRETT JAZZ SAX SENSATION LIVE SIMULCAST ON JAZZ 88.3

TUES 3/25 7:30PM

#### DIANE SCHUUR JAZZ PIANO / VOCALS



FRI 3/28 7:30/9:30PM

#### IGNACIO BERROA JAZZ PERCUSSION



SUN 3/30 7:30PM

#### JANIS JOPLIN'S ORIGINAL BAND **BIG BROTHER &** THE HOLDING CO.



FRI 4/4 7:30/9:30PM

#### BENNY GOLSON W/JIMMY MULIDORE BAND



SAT 4/5 7:30/9:30PM

ION ANDERSON OF YES

& PAUL GREEN SCHOOL OF ROCK

## AUNCH PARTY

MARCH 26 • 10PM WEDNESDAY

CITYBEAT LOCAL MUSIC **ISSUE RELEASE PARTY** 

WANT MAGAZINE presents ROCK 'N ROLL RED CARPET FASHION SHOW!

MUSIC: SEA OF CORTEZ GET BACK LORETTA TRANSFER

TICKETS at the door \$10

SUN 4/6 7:30PM

#### ON SALE NOW!

**CANDY DULFER** 

4/11

MELISSA MANCHESTER 4/12 & 13

LEE RITENOUR, PATRICE 4/17 RUSHEN, ALEX ACUNA, BRIAN BROMBERG

RICHARD MARX W/ 4/24
MATT SCANNELL VERTICAL HORIZON 4/24

EASTER BRUNCH **SUNDAY MARCH 23** LIVE JAZZ W/FATTBURGER 10AM-2PM NO COVER

BOX OFFICE HOURS M-Th 9am-8pm + F&S 9am-10pm Sun Noon-8pm

#### TICKETS ON SALE THREE WAYS!

www.AnthologySD.com • Box Office • 619.595.0300

ANTHOLOGY • FINE TUNED MUSIC & CUISINE 1337 India Street (between A & Ash) near Little Italy



**THURSDAY, MARCH 20** 

TWO WORD NAME **MAD MARTIGAN EVERY THIRTEEN DAYS** 

BOBY TORIGHT

#### SATURDAY, MARCH 22



**THURSDAY, MARCH 27** 

Rockin' Johnny White presents **IRON WORKS** 

ONE THREAD • TOP DOG **FUZZ HUZZI** 

**SATURDAY, MARCH 29** 

## **B-SIDE PLAYERS**

9/X



**ISRAEL MALDONADO BAND DJ UNITE** 



NATURAL VIBRATIONS **IRATION • STONE SENSES** 

FRIDAY, APRIL 11



THRIVING IVORY **SAVING ABEL • THE STRANGER'S SIX** 

SUNDAY, APRIL 13

**Auto Immune Tour** MEAI BEAI MANIFEDIU

plus **RAZ MESINAI'S BADAWI** 

## FRIDAY, MARCH 21

**Organika Music presents** 



**ROOTS COVENANT** RASHI (Tribe of Kings) **CHUNKY ROOTS** 

WEDNESDAY, MARCH 26

**DELANCEY RICKSHA SCOTT WILSON** THE ORANGE VELVETS

FRIDAY, MARCH 28





performing Liquid Swords album

**BLUE SCHOLARS • ANTICITIZEN DJ DEMON** 

THURSDAY, APRIL 3





PIGEON JOHN

SATURDAY, APRIL 5



Mower



SATURDAY, APRIL 12



LIGHTS

JOURNEY TRIBUTE EXPERIENCE

THURSDAY, APRIL 17



HELMET

**NICK OLIVERI & MONDO GENERATOR** FIREBALL MINISTRY **FLUF** 

#### **UPCOMING**

4/18 Arm the Angels

Seedless 4/20 Weekend - Diego Roots

4/20 Seedless 4/20 Weekend - Michael Prophet

4/23 Collie Buddz & The Grouch

4/28 The Breeders

**SOJA** 5/2

**Blind Melon** 5/7

**Melvin Seals** 



Rooftop Restaurant & Premier Music Venue Outdoor Oceanfront Dining Lunch & Dinner • Weekend Breakfast Happy Hour Mon.-Fri. Plenty of FREE Parking Private Parties & Banquets

3105 Ocean Front Walk 050.4
MISSION BEACH 050.4

canesbarandgrill.com www.myspace.com/canesmusic







Thin / Onyx 619.231.PLAY

852 5th Avenue • 21+ 9pm-2am

thinroom.com onyxroom.com





# Calendar

Trans Am Tuesdays. New wave '80s dance party with DJ Heather Hardcore. 4746 El Cajon Boulevard, Kensington-Talmadge. 619-516-4746.

#### **Bluefoot Bar and Lounge:**

Friday, 9:30 p.m.: Funk 101. First and third Friday of the month, with DJ Sergio, SK, and Brother Barry.
Soul, hip-hop, house, roots, party jams. Ages 21 and up. 3404 30th Street, North Park. 619-235-8466.

**Brick by Brick:** *Thursday*: 4 the Nod Productions Presents. House/progressive/electro music. Disco Dave, Johnny Brae, and Terry Mullan spin. 1130 Buenos Avenue, Clairemont. 619-275-LIVE.

Camel's Breath Inn: Fridays, Saturdays: Live DJ. Every Friday and Saturday night. Ages 21 and up. 1033 Friars Road, Mission Valley. 619-281-1722.

**Candelas:** *Thursdays*: DJ ALA. Deep soulful house music. 416 Third Avenue, Downtown. 619-702-4455.

'Canes: Sundays, 9 p.m.: Reggae Sundays. Moulin Rouge Ent. presents Club Seduction. Live reggae, hip-hop, and R&B performances every Sunday. Featuring DJ Alonzo, Baby Krown, and Big Daddy on the turntables. 3105 Ocean Front Walk, Mission Beach. 858-488-1780.

**The Casbah:** *Monday*: Saul Williams, Dragons of Zynth, DJ Artistic. Anti-Monday League presents. \$17-\$20. 2501 Kettner Boulevard, Little Italy. 619-232-HELL.

#### Coyote Bar and Grill:

Thursdays, 10:30 p.m.: DJ Earl Henry. Fridays, 10:30 p.m., Saturdays, 10:30 p.m.: DJ Steve Hasty. 300 Carlsbad Village Drive, Carlsbad. 760-729-4695.

**Deco's Restaurant & Nightclub:** *Thursdays*: Krush.
Hosted by Chase Costello, Ryan
Thorsen, Steve Camp. Spinning
hip-hop/mashups/party rock. 18



<sup>\$</sup>2 PBR Drafts

Tuesdays

Ladies Night 1/2 off first 2 rounds

Wednesdays 5-10 pm **All-You-Can-Eat** Butch's Spaghetti & Meatballs **\$4**95

Industry Thursdays \$3<sup>75</sup> U-Call-Its

Sunday, March 23
Easter Dinner
\$895

Full dinner served 11 am-10 pm.

619-236-8685 805 16th Street & F Downtown and up. 731 Fifth Avenue, Downtown. 619-696-3326.

**The Filling Station:** *Fridays and Saturdays*, 9 p.m.: DJ Dance Party. 9522 Miramar Road, Mira Mesa. 858-578-0757.

Harney Sushi: Wednesdays: Mercer's Han Night. Weekly guest DJs spin house, electro, mashups, and Brit-pop. 3964 Harney Street, Old Town. 619-295-3272.

**Inferno Young Adult Nightclub:** *Fridays and Saturdays*, 9 p.m.: DJ Kool T. Top 40, techno, and '80s. 775 Metcalf Street, Escondido. 760-741-1271.

Jack's La Jolla: Thursdays, 10 p.m., Saturdays, 10 p.m.: Wall Street Bar. DJs and dancing in the Wall Street Bar. 7863 Girard Avenue, La Jolla. 858-456-8111.

**Kadan:** *Saturday*, 9 p.m.: Underground Playground. Electro, house, and dance mashups. Jack Tripper hosts with guest DJs every second, third, and fourth Saturday of the month. *Mondays*, 9 p.m.: Mayhem Mondays. Punk rock every Monday. Live bands and resident DJ Nate Horror provide the tunes. 4696 30th Street, North Park. 619-640-2500.

**Live Wire:** *Thursday,* 9 p.m.: Skull Kontrol. First and Third Thursday of the month, with *DJ Mario O.* Ages 21 and up. 2103 El Cajon Blvd, Normal Heights.

**Molly Malone's:** *Saturday*, 9 p.m.: DJ Levi. Rock. 1270 Main Street, Ramona. 760-789-9050.

**Moondoggies Pacific Beach:** Saturdays, 9 p.m.: What's Good. DJs Enigma and Cisco. Hip-hop,

DJs Enigma and Cisco. Hip-hop, R&B, and Top 40. 832 Garnet Avenue, Pacific Beach. 858-483-6550.

**On Broadway:** Saturday: Serge Devant. Electronica/trance/house. *Friday:* Dirty South. Spins house/mashups/techno. 615 Broadway Avenue, Downtown.

**Onyx/Thin:** *Saturday:* Chris Cutz, Lando, Jason Bee. Hiphop/house/electro. *Thursday:* DJ Ideal, Frances. Electro/house/hiphop. 852 Fifth Avenue, Downtown. 619-235-ONYX.

**Riley's:** *Fridays*: Hip-Hop Night. Local deejay spins hip-hop music every Friday night. 2901 Nimitz Boulevard, Point Loma.

#### San Diego Sports Club:

Thursdays, 9 p.m.: Club '80s. New wave, punk, and new romantic with DJs Bryan Pollard, Roxanne Redlight, Sickboy, and Stem. \$2-\$4. 1271 University Avenue, Hillcrest. 619-299-7372.

**Sevilla:** *Fridays*, 9:30 p.m.: Blazin' Fridays. Hip-hop and reggaeton. *March 27, March 30* — Club Salsa. 555 Fourth Avenue, Downtown. 619-233-5979.

**Static Lounge:** 634 Broadway, Downtown, 619-544-1609. *March 28, April 25, May 23* — Club Pop Noir.



# Crasher

## BE MY THUMPER

by Josh Board

was talking to a musician at a club and he said, "Have you ever been to a pole party? I know about one next weekend."

A few things entered my mind: with the primaries around the corner, did he mean "poll," or was he talking about a Polish-culture affair?

I stared at the bass player's tattooed arm and long hair and realized that he meant "pole" party, as in women stripping and swinging from poles. "Where is it?"

He told me the guitarist for the Shambles has a wife named Kitty who puts them on. "Is it Bart or Kevin?" I asked. "I know both of them."

It was Kevin, so I called him to see about going. "Usually men aren't allowed," he said, "But, I don't think my wife would mind."

I showed up at the Clairemont home, and they had a slightly smaller crowd then expected. I wasn't sure if it was because they got word that a guy was going to show up. And with this new camera my editor gave me, I could seem to be a perv, all under the guise of doing my job.

Kitty told me that one lady cancelled because she had to take her uncle to the hospital. I said, "That's what women usually say when they're canceling a



date with me."

She had a portable pole. I joked that she should take it to the hospital — it might cheer some of the patients up.

I saw a Van Johnson movie poster on the wall for a film called *Born for Trouble*. It had a



Top right: Kitty

stars in it. She's my husband's great aunt."

I saw forms on the table

"This is like a Tupperware party but with brass poles instead of crappy plastic containers."

lobby card next to it. (Lobby cards were used at movie theaters years ago. They're slightly bigger than an 8" x 10" and depict a scene from the movie.)

You don't normally see movie posters in a house, and when you do, it's a popular movie. I asked the homeowner if she had a relative associated with that movie. She said, "Yeah. Actress Faye Emerson

that the women had to fill out to verify that they are at least 18, that they don't have physical ailments or disabilities, and, basically, that they can't sue if they break their neck. There were a lot of other rules, but I was just happy to see the last line, which stated that Kitty could use any photographs. I figured that would give me permission to shoot some as well.

Although, when I saw how tentative the women were to do anything, I set my camera down and turned my attention to my notes. Then I went into the other room for 20 minutes and talked with a woman named Claudia.

The women stretched out to a Snoop Dogg song. As Kitty told them to do some shoulder rolls, I thought about how this was already more fun than a Jazzercise party I once attended.

As Kitty explained the pole moves, the girls got very serious. To lighten the mood, I took out a \$20 bill, tried to hand it to her, and said, "Oh, sorry. It's habit."

Most of the women were dressed casually. One had on

heels that lit up in blue. Kitty encouraged them to pick out one of the colorful boas that were piled on a table.

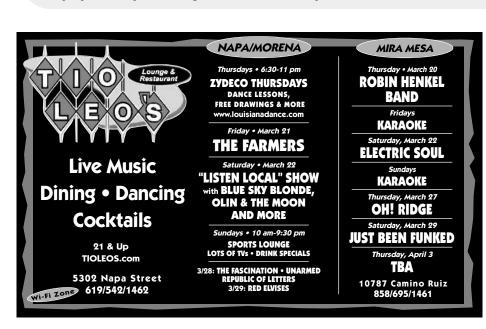
I overheard someone say, "Do you think Kitty's an exhibitionist?" The other said, "No. I just think she's smart. Pole dancing is huge these days. This is like a Tupperware party but with brass poles instead of crappy plastic containers."

When Kitty was using Windex on the pole, I said, "Won't that make it too slippery?" She said, "This takes off the oils from everyone's hands."

The pole is attached to a stage. Kitty said, "I had to look for a stud." I was confused until she pointed at the beam in the ceiling. There was a disco ball hanging above. One of the women had little disco balls all over her high heels.

I asked Kitty if she sells the poles, since most women, unless they're married to rock stars, probably don't have them in their houses. She replied, "I sell shoes. But, I refer them to a place in Newport Beach that sells [the poles]."

Someone asked, "How much does a pole cost?" Kitty said around \$500. I said, "If I spent that much on a pole, I'd want to get the maximum use out of it. On Independence Day, it would be on my front lawn

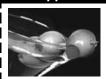




## **Online Club Coupons** at SDReader.com

Here's a sample of the great deals available!

#### Free appetizers



From Alex's Brown Bag every Friday at Happy Hour. Live music starts at 5 pm. \$3 well, wine and draft. \$5 martinis. Offer expires March 31, 2008. Expiration dates are renewed the last week of each month. Coupon not valid on holidays



Martini Ranch

528 F Street, Gaslamp Quarter, 619-235-6100 www.martiniranchsd.com

Reader Coupons 619-235-3000

#### Free WiFi Internet access



Must present coupon. Entertainment 7 nights a week, Pool tables, dart boards, Hot Spot and Lotto. Free parking. Offer expires March 31, 2008. Expiration dates are renewed the last week of each

Second Wind Bars

rner of Prospect & Magnolia, San Carlos, 619-596-8350

619-235-3000

The Aero Club Free WiFi

Brick By Brick 2 for 1 admission

CA Express VIP Card 50% off 2007-

2008 VIP Card

In Cahoots 2 for 1 cover

Lucky 7 Match \$5 off speed dating

Martini Ranch Free appetizers

Patricks II 2 for 1 cover

Second Wind Bars Free WiFi Internet

The Wine Encounter Free wine tasting

Tio Leo's Lounge \$1 off admission

U-31 2nd drink \$1

## rasher

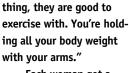
with a flag flying on the end

There are three types of poles: one that bolts into the ceiling; one that goes from the floor to the ceiling with a rubber base; and one that is free standing and only eight feet high — the one with the stage. I thought a pole might be good for firefighters; they could use it to get downstairs in their home and then the wife could use it for pole dancing. Kitty said, "Even if it's not a seductive



enigma.
PROFESSIONAL PIERCING

**619-516-4343** Open noon-8 pm 7 days



Each woman got a stage name (there was a list with samples, in case they didn't want to do the "street name and your first pet" combination). One was Bunny. Another said to me. "I'm Bambi. You can be my Thumper."

Kitty started explaining different moves and techniques. She demonstrated each one while music played. The women were reluctant to get up and try.

One lady said that she had a boyfriend who doesn't like the whole stripper scene. Kitty said, "Think of it as Cirque du Soleil."

Kitty did one move where she spun around the poll three times before landing. One woman said, "It's been a long time since I've been on the playground...I hope I don't break anything."

I was talking to one woman who told me about a charity event she did at the Playboy Mansion. She said, "Kevin Federline was there. He was a big jerk."

After 45 minutes, one woman said her knees were about to give out. Kitty mentioned that she does 70 squats a day.

I noticed a pool table was being used to hold all of the supplies that were needed. The room had hardwood floors, which made the moves easier. I wondered if all the high heels would damage it.

I overheard two women talking about how a few military wives had a party like this for their husbands who were in Irag. The women took photos to send to their guys. One of them said, "It's actually perfect. They had sexy photos to look at. And, really, it's one of the reasons they're over there fighting. So people can enjoy those types of freedoms. Imagine what they would do in Irag or Iran if a woman wanted to dance on a pole." ■

Crash your party? Call 619-235-3000 x421 and leave an invitation for Josh Board.

Columns archived at SDReader.com



Free Wi-Fi • DAILY HAPPY HOUR 4-7 PM • No Cover Power Hour 4-5 pm — \$2 U-Call-Its • \$1 off drinks till 7 pm

> Thursday 3/20 Razner



Crimson Reign



**Dead On The** Dancefloor

Friday 3/21 **Back Alley Hooligans** 



**Squirrelly** 

Fulcrum

Rabbit



Saturday 3/22 **Urban Legend** Getdown

Live Hip-Hop and R&B

Tuesdav 3/25 Happy Hour with Emilia Free Pool • Free Pizza from The Venitian

<u>Wednesday 3/26</u>

Middle Finger The Autumn Film

Now Booking: Every genre. Call Billy or Drew: 619-222-8131. www.myspace.com/kidslam











## **Odious, but Inevitable**

JEFF SMITH

"The theater is an organized calamity."

tephen Sondheim was so proud to have a musical on Broadway — West Side Story, for which he wrote the lyrics — he went back the night after it opened and stood in the aisle. Curtain came up: six members of a streetgang snapping their fingers

When you're a Jet, you're a Jet all the way." Sondheim snapped along. Guy rose from his seat, slung his coat over his arm, and

wended his way out, excusing himself to each pair of shoes he passed. As he brushed by Sondheim, the man mumbled, "Don't ask."

"I had the whole picture," Sondheim recalled years later. "He's a tired businessman on his way home to Westchester, and he thinks, 'I'm going to stop and see a musical.' "Instead, he gets "six ballet-dancing juvenile delinquents in color-co-ordinated sneakers." And all he wanted was just "an evening's entertainment."

The Old Globe's world premiere, Dancing in the Dark, has miles to go before it reaches Broadway but already offers considerable entertainment. Playwright Douglas Carter Beane, who's reworking the 1953 MGM movie The Band Wagon and its 1931 stage forerunner, writes three-dimensional one-liners: they are funny; always, often painfully, true; and perfect for the character at the moment they're uttered. The production also boasts the original's great songs, "Dancing in the Dark," "I Guess I'll Have to Change My Plan," and the iconic "That's Entertainment, backed by what sounds like a 30-piece orchestra — actually 12, including a tuba! What the show needs most of all, however, is to get out of

Boris Aronson said, "The theater is an organized calamity." And musicals, with so many

demands - integrating the songs, book, lyrics, and dance numbers — can be the most calamitous of genres. Dancing's an extended commentary in Aron-

son's observation: a musical comedy about the near-impossibility of making a musical comedy.

It's like Rashomon in reverse: not about what people saw, but what each person on the creative team wants to see the project become. Jeffrey Cordova, august thespian, envisions a firebreather based on Goethe's Faust ("but," someone asks, "what about group sales?"); the writers want an evening's diversion about a humble shoeshiner; sensing his chance for stardom, the choreographer envisions a death-drenched ballet sequence ("like Martha Graham," someone opines, "without the laughs"); the leading man, a fading Hollywood asteroid, has ideas as well.

Not on the same page? These folks aren't in the same bookstore. The cutting-room floor becomes strewn with discards and bruised egos, as rehearsals feel like Humpty Dumpty after the — or dancers groping in darkness. Then a melding occurs: the whole grows greater than its parts. And the musical pays sincere tribute to the key to the enterprise: collaboration.

The musical-within-the-musical is "running



Mara Davi, Scott Bakula in Dancing in the Dark

Dancing in the Dark, book by Douglas Carter Beane, from the screenplay by Betty Comden and Adolph Green, music by Arthur Schwartz, lyrics by Howard Dietz **Old Globe Theatre,** Simon Edison Centre for the Performing Arts, Balboa Park

Directed by Gary Griffin; cast: Patrick Page, Benjamin Howes, Beth Leavel, Adam Heller, Scott Bakula, Sebastian La Cause, Mara Davi; scenic design, John Lee Beatty; costumes, David Woolard; lighting, Ken Billington; sound, Brian Ronan; orchestrations, Larry Hochman; musical director, Don York; musical supervisor, Eric Stern, choreographer, Warren Carlyle

Playing through April 13; Sunday, Tuesday, and Wednesday at 7:00 p.m. Thursday through Saturday at 8:00 p.m. Matinee Saturday and Sunday at 2:00 p.m. 858-234-5623.

19 minutes long." So is Dancing in the Dark, and yet it often feels cramped, with little room to breathe. Some numbers get truncated (the titlesong/dance number suddenly leaps forward in time; "Triplets," a trio of adult-babies in white bassinets, unfolds like an idea half-realized; the



We cordially invite you to pay your respects to our beloved Don Shoeleone. He lived so that others would not go barefoot. Services held every Fri. & Sat. at 8 PM.

#### **NOW IN OUR** 17th YEAR!

Enjoy a Four-Course Meal, Solve a Mystery, Be Part of the Show & Laugh Yourself Silly!

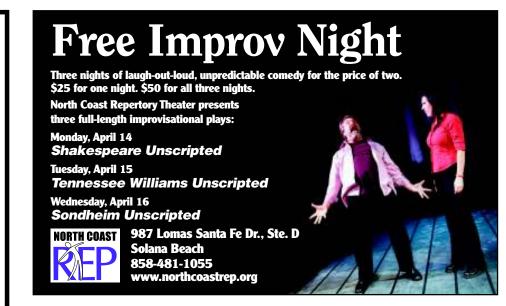


The Imperial House Restaurant **FRIDAYS & SATURDAYS Book a Private Party** 

"Best Dinner Theatre"

www.MysteryCafe.net







Faust scene and death-ballet sprint by as well). Two big tap routines, "Louisiana Havride and "A Shine on Your Shoes," explode with pizzazz. But often the "entertainment" gets shoved aside for plot and character development.

It feels strange to say this because plays and musicals that lack these qualities get clobbered deservedly — but the revised book is trying for depths and motivations that weigh the show down. Many of the new scenes fill in back-story. As they explain, they dull the pace and the whimsical "anything can go" tone. The production pulses forward.

Betty Comden and Adolph Green wrote both Singin' in the Rain and The Band Wagon. Beane's book plays tribute to their collaboration with an unforgettable sequence. Adam

Heller and (the hilarious) Beth Leavel play the writers Lester and Lily Martin. At one point they pitch their musical to potential cast and backers, blitzing through bits of songs and characterizations with manic urgency. When Heller and Leavel finish their tour de force, they lean against the piano, spent. The opening-night audience's equally manic applause gave them a lengthy, well-deserved respite.

Comparisons may be odious, but they're also inevitable. In the movie, Fred Astaire plays Toni Hunter, fading Hollywood star (Astaire fading? Guhh!!!). Scott Bakula plays him at the Old Globe. For those who haven't seen the movie, Bakula's quite good, an engaging presence and a capable hoofer; for those who've seen the movie, Bakula's feet won't fill his predecessor's

The cast performs on John Lee Beatty's minimalist backstage/onstage set. Patrick Page, who plays the Grinch on

Broadway, revels in his role as Jeffrey Cordova, a narcissist who never met a mirror he didn't adore. Mara Davi's lyrical voice enhances every song Gabrielle sings. Benjamin Howes makes a minor character, Hal Meadows, memorable. As Paul Byrd, the angst-loving choreographer who clings to his vision of the show, Sebastian La Cause becomes the weak second act's villain. In keeping with the emphasis on rounded beings, however, La Cause makes Byrd dimensional when the context calls for archness.

Sondheim's tired Westchester commuter has come to symbolize shallow Broadway fare. Beane's book, with its honest grounding of characters, plays like a reaction against the type. But The Band Wagon and Singin' in the Rain are, first and foremost, about performance, not character, about sheer entertainment, not story. Revisions of Dancing should keep the wants of a Philistine commuter in mind. ■

#### **THEATER** LISTINGS

Theater listings and commentary are by Ieff Smith. Information is accurate according to material given us, but it is always wise to phone the theater for any last-minute changes and to inquire about ticket availability. Many theaters offer discounts to students, senior citizens, and the military. Ask at the box

Richard Greenberg's written a fascinating character; Lili's an Ophelia who didn't commit suicide. Possibly influenced by her German-Jewish family's experiences during WWII, she projects the Holocaust onto the world (she's convinced her mother murdered her father. for example). Lili's cried "wolf" so many times she could utter the truth unvarnished and you'd only hear a howl. In an irony so broad it becomes predictable, Lili's right. Things aren't what they seem. Her domineering mother's two-, and possibly even three-faced; her beau, Nick, could be just a gold digger after her inheritance. Like most illusion-versus-reality dramas, the play works best when the positives and negatives balance. But it also suffers from a domino effect: once you realize that what you see's an illusion you can anticipate that those to come will bring disillusionment as well, and Act Two unfolds as expected, its fatalistic payoff lacking the punch of the first act's strong setup. As Lili, Kate Arrington handles the role's emotional non sequiturs and leaps of language (she even references Ophelia, at one point, when drawn to the lakeshore of Wilson Chin's appealing, albeit Astroturfed set). Patrick Zeller, Michael Kirby, and Sharon Hope do capable work, but Lili's overbearing, elitist mother Eva gets lost in Sandra Shipley's thick German-Jewish accent and programmed affectations. She's a Tyrant, capital T, and too strident, even in her calmer scenes. We watch the reality of imitative acting rather than the illusion of performance.

OLD GLOBE THEATRE, 1363 OLD GLOBE DAYS, 2 P.M. AND 7 P.M. TUESDAYS, 7 P.M. WEDNESDAYS, 7 P.M. THROUGH

THROUGH APRIL 13.

#### **Bleacher Bums**

THROUGH APRIL 5

#### **Bluebonnet Court**

rected.

THROUGH APRIL 13.

#### **Bunbury: A Serious Play for Trivial People**

CAMPANILE DRIVE, COLLEGE AREA. 619-594-6884 THURSDAY 8 P.M. FRIDAY 8 P.M. SATURDAY, 2 P.M. AND 8 P.M.

Victoria Petrovich's set - an ele-

sides," Mathilde says, and Sarah Ruhl's play scours static living and advocates life lived with the spontaneity of laughter. Using a hybrid style that combines farce, operatic aria, and Gabriel Garcia Marquez's "magic realism," the play jumps to unexpected places (the Arctic Circle among them) and alliances. The San Diego Rep's opening-night performance was tentative in spots (the various epiphanies could be more epiphanic, for example, and the cast could worry less about making the magic credible and just enjoy making it; in others, it reached the laughter-like spontaneity Ruhl requires). Annie Hinton stands out as Lane's sister Virginia. She's got such an obsession for cleanliness when she saw European ruins she wondered why someone hadn't swept them away. Throughout Hinton's a riot. And, as it wends its de-constricting way, Clean House is a very, very funny

#### Worth a try.

SAN DIEGO REPERTORY THEATRE, 79 HORTON PLAZA, DOWNTOWN. 619-544-1000, THURSDAYS, 8 P.M. FRIDAYS, 8 P.M. SATURDAYS, 2 P.M. AND 8 P.M. THROUGH MARCH 22.

#### **Culture Clash in America** South Coast Repertory Theatre

presents the popular Latino social satirists and their "city-specific" look at Orange County. David Emmes directed. SOUTH COAST REPERTORY THEATRE, 655 TOWNE CENTER DRIVE, SOUTHEAST SAN DIEGO, 714-708-5555, THURS-DAYS, 7:30 P.M. FRIDAYS, 7:30 P.M. SATURDAYS, 2 P.M. AND 7:30 P.M. SUNDAYS, 2 P.M. AND 7:30 P.M. TUES-DAYS, 7:30 P.M. WEDNESDAYS, 7:30 P.M. THROUGH APRIL 6.

#### Dancing at Lughnasa Early in Brian Friel's memory

drama, Maggie holds what might

be a butterfly in her hands. Then she releases it so fast that young Michael doesn't see it fly. "Just one quick glimpse," she says, "that's all you ever get. And if you miss that..." When Michael asks what it was, Maggie changes tone. Nothing, she says; "It was all in your mind." Dancing at Lughnasa is Michael's attempt, years later, to remember the late summer of 1936, when the five Mundy sisters of poor Ballybeg village, county Donegal, were still together: when they got their first "wireless" radio, and when their Uncle Jack returned from Africa after 25 years of having gone native. Michael knows what followed (circumstances tore the sisters apart, and they went their sad, separate ways). In Michael's memories of a "time when things changed too quickly" for his eyes, "atmosphere" will be more real than "incident." In effect, the play is Michael's attempt to do the impossible: to hold a bygone butterfly in his hands Though opening-night performances were a bit uneven, under Esther Emery's sensitive direction New Village Arts captured the play's atmosphere — the intrusion of pagan energy into traditional stolidity: a combination of longing and partial release (Friel has been labeled the Irish Chekhov, and Lughnasa's his "five sisters"). Joshua Everett Johnson and Kristianne Kurner head the cast as Michael, the soft-spoken narrator, and as stern Kate, a schoolmarm at work and at home. Amanda Sitton gives Maggie, a love-smitten realist, all the emotional weather of a latesummer day. Many of the cast's most arresting moments, on Nick Fouch's rustic, half-indoor/halfoutdoor set, and wearing Mary Larson's beige, humble costumes, come in ensemble scenes, when each becomes a note in a complex

## THEATER DIRECTORY

Actors Alliance Of San Diego 2650 Truxtum Road, Suite 203 Liberty Station (619) 224-3600 www.actorsalliance.com

Arts Tix 28 Horton Plaza, Downtown (619) 497-5000 www.sandiegoperforms.com

Asian American Repertory Theatre

(888) 568-2278 www.asianamericanrep.org

**Beacon Theatre** (760) 724-8218 www.beacontheatresd.com

Borrego Springs Performing Arts Center 590 Palm Canyon Dr., Borrego Springs (760) 767-4275 www.bspac.us

The Broadway Theatre 340 East Brodway, Vista

340 East Brodway, Vista (760) 806-7905 www.premiereforkids.com California Center For The Arts

(760) 839-4100 www.artcenter.org Carlsbad Village Theatre

2822 State St., Carlsbad (760) 729-0089 www.carlsbadvillagetheatre.com

Centro Cultural De La Raza 2004 Park Blvd., Balboa Park (619) 235-6135 www.centroraza.com

Christian Community Theater r Way, El Ca (619) 588-0206 v.expaclive.com

Civic Theatre 3rd & B, Downtown (858) 570-1100 www.sdcivic.org

Center Stage Players (619) 750-5402

vw.centerstageplayers.com **Clairemont Community Players** 

Holmes Elementary 4902 Mt. Ararat, Clairemont (858) 560-5114

Community Actors Theatre 2957 54th St., State College (619) 264-3391 nitvactorstheatre.com

Copiey Symphony Hall (619) 235-0804 www.sandiegosymphony.com

Coronado Playhouse 1835 Strand Way, Coronado (619) 435-4856 ww.coronadoplayhouse.com

**Cygnet Theatre Company**6663 El Cajon Blvd., Ste. N, College Area
(619) 337-1525 www.cygnettheatre.com

**Diversionary Theatre** 4545 Park Blvd., Normal Heights (619) 220-0097 www.diversiona East County Performing
Arts Center

210 E. Main St., El Cajon (619) 440-2277 www.ecpac.com

Educational Cultural Complex Theater **Theater** 4343 Ocean View Blvd., Southeast (619) 527-5256

Eveoke Dance Theatre 644 7th Ave., Downtown (619) 238-1153 www.eveoke.org

The Fault Line Theatre 3152 Fifth Ave., Hillcrest (619) 692-3382 www.faultlineprod.com

(619) 200-7... **The Fritz Theatre**1022 7505 www.fritztheatre.com

**Grossmont College**Stagehouse Theatre, El Cajon (619) 644-7234

http://grossmont.gcccd.cc.ca.us/

The Hispanic Arts Theatre Of San Diego (619) 475-7496

H.I.T. Productions Dinner Theater Shirley's Kitchen, 7868 El Cajon Blvd. La Mesa (619) 561-8673 (619) 561-8673 www.dinnertheater.net

**Horton Grand Theatre** (619) 234-9583

Inner Mission Productions (619) 245-4958

w.innermissionproductions.org **Ion Theatre** (619) 374-6894 www.iontheatre.com

**Iris Theater** 4580-B Alvarado Canyon Rd.

(619) 271-4144 www.iristheater.org Laguna Playhouse 606 Laguna Canyon Rd., Laguna Beach (949) 497-2787

La Jolla Playhouse Mandell Weiss Center, UCSD (858) 550-1010 www.lajollaplayhouse.org

**La Jolla Stage Company** 7887 Herschel Ave. (858) 459-7773 www.thelajollastageco.org

Lamb's Players Theatre Paul and Ione Harter Stage

1142 Orange Ave., Coronado (619) 437-0600 www.lambsplayers.org

Lamplighters Community Theatre 8053 University Ave., La Mesa (619) 464-4598 www.lamplighterstheatre.org Lyric Opera San Diego Stephen & Mary Birch North Park Theatre 2891 University Ave

2891 University A (619) 239-8836 www.lyricoperasa

Marie Hitchcock Puppet Theater

(619) 685-5990 Mesa College Theatre Company 7250 Mesa College Dr., Clairemont (858) 627-2621

MiraCosta College Theatre
One Barnard Dr., Oceanside
(760) 795-6815 www.miracosta.edu

Mira Mesa Theatre Guild

Moonlight Stage Productions 651 E. Vista Way Vista 651 E. Vista Way Vista (760) 724-2110 www.moonlightstage.com

The Muse Theatre (619) 239-2894

**National Comedy Theatre** 3717 India St., Mission Hills (619) 295-4999 www.nationalcomedy.com

2787 B State St., Carlsbad (760) 433-3245 www.NewVillageArts.org

North Coast Repertory Theatre 987-D Lomas Santa Fe Dr., Solana Beach (858) 481-1055 www.northcoastrep.org

North Park Vaudeville 2031 El Cajon Blvd., North Park (619) 647-4958

The Old Globe Theatre Cassius Carter Centre Stage Lowell Davies Festival Theatre, Balboa Park (619) 23-GLOBE (234-5623)

Onstage Playhouse 291 Third Ave., Chula Vista (619) 422-7787 www.onsta

Palomar College Theatre 1140 W. Mission Rd., San Marcos

(760) 744-1150 x2453 www.palomar.edu

**Patio Playhouse** 201 E. Grand Ave., Escondido (760) 746-6669 www.patioplayhouse.com

**Pine Hills Lodge** 2960 La Posada Way, Julian (760) 765-1100 www.pinehillslodge.com

Point Loma Nazarene University Salomon Theatre 3900 Lomaland Dr., Point Loma

(619) 849-2433 www.ptloma.edu Poway Center For The Performing Arts

15498 Espola Rd., Poway (858) 748-0505 www.powayarts.org

PowPAC, Poway's Community Theater 13250 Poway Rd., Poway (858) 679-8085 www.powpac.org

Ramona MainStage Theatre

626 Main St., Ramo (760) 789-7008

**The Rehearsal Room** 1159 6th Ave., Downtow. (619) 589-9963 San Diego Actors Theatre

San Diego City College Theater

San Diego Junior Theatre
Casa Del Prado Theatre, Balboa Park
(619) 239-8355 www.juniortheatre.com

w.SDMT.org San Diego Opera 1200 Third Ave., Dow .. Downtown (619) 232-7636 www.sdopera.com

San Diego Musical Theatre

San Diego Repertory Theatre 79 Horton Plaza, Downtown (619) 544-1000 www.sandiegorep.com S.D. School Of Creative &

Performing Arts 2425 Dusk Dr., Paradise Hills (619) 470-0555 www.scpa.sandi.net San Diego State University

and Experimental Theater (619) 594-6884 http://theatre.sdsu.edu/ San Diego Theatresports

r, Hillcrest

(619) 465-7469 www.improvise.net

Scripps Ranch Theatre

10455 Pomerado Rd., Scripps Ranch (858) 578-7728 w.scrippsranchtheatre.org 6th @ Penn Theater

3704 6th Ave., Hillcrest (619) 688-9210 www.sixthatpenn.com

San Diego Black Ensemble Theatre (619) 280-5650

**Sledgehammer Theatre** (619) 544-1484 www.sledgeha Southwestern College 900 Otay Lakes Rd., Chula Vista

(619) 482-6367 www.swc.cc.ca.us The Spreckels Theatre (619) 235-9500

402 North Coast Highway, Oceanside (760) 721-9983 www.startheater.org

Starlight Musical Theatre Starlight Bowl, Balboa Park (619) 544-7827

www.starlighttheatre.org Sullivan Players 1531 Tyler Ave., Hillcrest

(858) 274-1731

(619) 231-3586

Star Theatre

Sushi Performance & Visual Art 320 Eleventh Ave., Downtown (619) 235-8466 www.sushiart.org

Teatro Mascara Magica

www.sandiegoreps.com The Theatre in Old Town

155 East Grand Ave., Escondido

(760) 735-2491 www.theatrx.8m.com **Tonic Productions** (619) 246-4853 www.tonicproductions.org **Truax Performing Arts Center** 

(760) 967-7918 University Of California San Diego UCSD Theater, Studio Theater

Mandell Weiss Center (858) 534-4574 ww-theatre.ucsd.edu

**University Of San Diego** 5998 Alcala Park, San Diego (619) 260-7934 www.sandiego.edu Vantage Theatre

http://home.san.rr.com/vantagetheatre Welk Resort Theatre 8860 Lawrence Welk Dr., Escondido (888) 802-7469 ww.welkresort.com/sandiego

The Wild Parrot Players
Community Theatre
Point Loma United Methodist Church

1984 Sunset Cliffs, Ocean Beach (619) 269-6946 Women's Repertory Theatre (619) 282-3277 www.womensrep.org

Reader March 20, San Diego 8

Mystery Cafe
The Imperial House Restaurant
505 Kalmia St., Hillcrest
(619) 544-1664 www.mysterycafe.net

The American Plan

WAY, BALBOA PARK. 619-234-5623. THURSDAYS, 8 P.M. FRIDAYS, 8 P.M. SATURDAYS, 2 P.M. AND 8 P.M. SUN-

#### **Black Coffee**

The Coronado Playhouse stages Agatha Christie's mystery about the theft of a physicist's valuable formula. Christie's famous detective, Hercule Poirot, appeared for the first time in this 1930 play. CORONADO PLAYHOUSE, 1835 STRAND WAY, CORONADO, 619-435-4856. THURSDAYS, 8 P.M. FRIDAYS, 8 P.M. SATURDAYS, 8 P.M. SUNDAYS, 2 P.M.

OnStage Playhouse presents the popular "comedy in nine innings" about Chicago Cubs' bleacher fans as they root against the St. Louis Cardinals. Bruce Wilde directed. ONSTAGE PLAYHOUSE, 291 THIRD AV-ENUE, CHULA VISTA, 619-422-7787. THURSDAYS, 8 P.M. FRIDAYS, 8 P.M. SATURDAYS, 8 P.M. SUNDAYS, 2 P.M.

Diversionary and Moxie theaters co-present Zsa Zsa Gershick's award-winning, multiracial "dramedv" about Helen Burke, Waylaid on her way to L.A., "It's more than her car that gets an overhaul. Delicia Turner Sonnenberg di-

DIVERSIONARY THEATRE, 4545 PARK BOULEVARD, UNIVERSITY HEIGHTS. 619-220-0097. SATURDAYS, 8 P.M. SUNDAYS, 2 P.M. SUNDAYS, 7 P.M.

Skull and Dagger, a San Diego State University student organization, presents Tom Jacobson's foray through classic literature, giving happy endings to, for example, Romeo and Iuliet. Pamela Sevilla directed. SDSU'S EXPERIMENTAL THEATRE, 5500

#### The Clean House

gant, creamy-white living room with faux marble floor - is so immaculate it's the kind of place people photo-shoot rather than inhabit. To the eves of its owner, however, a workaholic surgeon named Lane, the joint's a sty. Worse, her Brazilian cleaning lady Mathilde refuses to work. She'd rather create a joke so perfect the hearer would die from laughter. "A good joke can clean out the in-

score, now harmonic, now cacophonous. Worth a try. NEW VILLAGE ARTS THEATRE, 2787 B STATE STREET, CARLSBAD. 760-433-3245. THURSDAYS, 8 P.M. FRIDAYS, 8 P.M. SATURDAYS, 3 P.M. SATURDAYS, 8 P.M. SUNDAYS, 2 P.M. THROUGH MARCH 30

#### Hello, Dolly!

Not by design, but Jerry Herman and Michael Stewart's musical hit Broadway when it was most needed. It opened January 16, 1964, less than two months after the IFK assassination. The country was shattered, and along came Dolly Gallagher Levi, a garrulous meddler who could fix everything from faulty plumbing to varicose veins to deflated egos; she could heal and make connections and could banish, if only for an evening, the woes of shaken spectators. Every character moves from hoarding (things and emotions) to spreading around, even Dolly, who's been clinging to her departed husband and a bygone past. Jeanne Reith's late-19th century costumes for Lamb's Players accentuate the constriction. But combine the apparel with Colleen Kollar Smith's click-your-heels choreography, and a transformation occurs: the cast spins and leaps about as if released from bondage. Kerry Meads plays Dolly not as a myth or star vehicle, but as an actual person with a special gift she isn't quite sure how to manage. Meads has vocal difficulties, especially with the score's steep intervals, but has an engaging rapport with the audience. Though he could put more mudge into Horace Vandergelder's curmudgeon-ness, David Cochran Heath scores as the parsimonious burgher from Yonkers. Lance Arthur Smith and real-life wife Colleen combine for the stirring "It Only Takes a Moment," the epicenter of the musical's shift from life battened down to sailing free. In a special cameo, Leonard Patten scat-sings Louis Armstrong's version of the - zap-adoop-mm -

#### Worth a try.

LAMB'S PLAYERS THEATRE. 1142 OR-ANGE AVENUE, CORONADO. 619-437-0600. THURSDAYS, 7:30 P.M. FRIDAYS, 8 P.M. SATURDAYS, 4 P.M. AND 8 P.M. THROUGH MARCH 22.

#### In the Mood

For one evening only, the Balboa Theatre hosts a touring production that celebrates the big-band era of the 1940s. The nostalgic musical revue features the In the Mood Singers and Dancers and the String of Pearls Big-Band Orchestra. BALBOA THEATRE, 854 FOURTH AV-ENUE, DOWNTOWN. 619-570-1100. THURSDAY, 7:30 P.M.

#### A Little Night Music

Cygnet Theatre inaugurates its new space, at the Theatre in Old Town, with Stephen Sondheim's waltzfilled musical, based on Ingmar Bergman's film Smiles of a Summer Night. Sean Murray directed. THEATRE IN OLD TOWN 4040 TWIGGS STREET, OLD TOWN, 619-337-1525. SATURDAYS, 8 P.M. SUNDAYS, 2 P.M. AND 7 P.M. THROUGH MAY 4.

#### **Love Crazy**

In this sequel to Michael Wulffhart's Crazy Love it's visitor's day at the clinic. Patients tell Dr. Anderson about problematic relationships, and the comedy takes "a laughing look at the difference between men and women." Openended run.

CARLSBAD VILLAGE THEATRE, 2808 STATE STREET, CARLSBAD. 760-434-5944. FRIDAYS, 8 P.M. SATURDAYS, 8 P.M. OPEN-ENDED RUN.

#### Oklahoma!

The Welk Resort Theatre stages Rodgers and Hammerstein's ageless musical about the opening of the Oklahoma territory and the blooming of love.  $\,$ WELK RESORT THEATRE 8860 LAWRENCE WELK DRIVE, ESCONDIDO. 888-802-7469. THURSDAYS, 1:45 P.M. AND 8 P.M. SATURDAYS, 1:45 P.M. AND 8 P.M. TUESDAYS, 1:45 P.M. WEDNES-DAYS, 1:45 P.M. THROUGH APRIL 6.

#### One Flew Over the **Cuckoo's Nest**

The Theatre, Inc., presents Dale Wasserman's adaptation of the Ken Kesey novel about power tactics in an asylum. Douglas Lay directed. CALIFORNIA BALLET THEATRE, 4819 RONSON ROAD, KEARNY MESA, 619-216-3016. THURSDAYS, 8 P.M. FRI-DAYS, 8 P.M. SATURDAYS, 8 P.M. SUN-DAYS, 2 P.M. AND 7 P.M. THROUGH MARCH 30

#### **Orange Flower Water**

6th@Penn stages Craig Wright's "brutally honest drama about marriage," where "the best one can hope for is some velvet handcuffs.' Jerry Pilato directed. 6TH AT PENN THEATER, 3704 SIXTH AV-ENUE, HILLCREST, 619-688-9210. THURSDAYS, 8 P.M. FRIDAYS, 8 P.M. SATURDAYS, 4 P.M. AND 8 P.M. SUN DAYS, 2 P.M. THROUGH APRIL 6.

#### **Rabbit Hole**

Poway Performing Arts Company stages David Lindsay-Abaire's drama about Becca and Howie Corbett. They have everything, until a life-shattering accident changes all. POWPAC, POWAY'S COMMUNITY THE

ATER, 13250 POWAY ROAD, POWAY, 858-679-8085. FRIDAYS, 8 P.M. SATUR-DAYS, 8 P.M. SUNDAYS, 2 P.M. THROUGH MARCH 30.

#### A Shayna Maidel

A *shayna maidel*, in Yiddish, means "pretty girl." And by that definition Luisa Weiss is anything but. Gaunt and doom-eyed, she's a survivor of Hitler's concentration camps. She lost her husband, mother, child, and closest friend. Words like "loss" and "devastation" aren't strong enough for her plight. But shayna has other, more intrinsic meanings: it's a spark or radiant light, a kindness, a sense of hope. Somehow Luisa has kept these qualities and, amazingly, is a shayna maidel. Barbara Lebow's drama highlights the polar contrasts between Luisa and her sister and father, who fled Poland and have lived, comfortably, in New York. The play is quite moving (though slow to evolve and easy to anticipate). The best parts of the capable North Coast Rep production often come between the lines, in eloquent silences when words, and even emotions, become inadequate to express the unthinkable. Jessica John excels as Luisa, who begins the play as barely an ember and gradually reignites. Ralph Elias does first-rate work as the father (does he fully comprehend the Holocaust? Does he suffer from paralyzing survivor guilt, deep denial?). Donning Jeanne Reith's bright rose outfits, Christy Hall does a nice turn as the sister shielded from horror. Maya Baldwin, D. Candis Paule, and Christopher M. Williams provide valuable support. As does the design work by Marty Burnett (set), Matt Novotney (lighting), and Chris Luessmann (sound).

#### Worth a try.

NORTH COAST REPERTORY THEATRE. 987-D LOMAS SANTA FE DRIVE, SOLANA BEACH. 858-481-1055. THURSDAYS, 8 P.M. FRIDAYS, 8 P.M. SATURDAYS, 8 P.M. SUNDAYS, 2 P.M. AND 7 P.M. THROUGH MARCH 23

#### tick...tick...BOOM!

We're in a garage — literally: the door rolls down to open the show — and Jonathan's reached a "pre-midlife crisis": he's about to turn 30 (in 1990). Are his dreams of a groundbreaking career in musical theater just fantasies he should abandon? His clock's ticking. A tragic aura hovers over Stone Soup Theatre's vibrant, minimalist show. "Jonathan" is the late Jonathan Larson, creator of Rent, and the musical details his struggles prior to the breakthrough. As the show's 14, rock-based songs attest, Larson paid his dues in full (and died, of an aortic aneurysm, at age 35). Intense doubts wage war with the courage needed to trust his talent. Young Jim Chatham stars as Jonathan, giving vent to anxieties with a flexible voice and focused energy that never flags during the 90-minute show. Briona Daugherty and Eric Vest play multiple characters, from Larson's exiting girl-friend (loved their rational discussion/phone fight in "Therapy") to his financially successful roommate with three Gucci belts, Michael (Vest also scores as Larson's softspoken father). It feels strange, at first, to sit 15 feet away from performers wearing head mikes (especially a talented trio that obviously doesn't need them), but the garage band concept works. Stone Soup's designers combine a work-inprogress look with surprisingly professional polish.

Worth a try. ACADEMY OF PERFORMING ARTS, 4580-B ALVARADO CANYON ROAD, GRANTVILLE. FRIDAYS, 8 P.M. SATUR-DAYS, 8 P.M. SUNDAYS, 2 P.M. AND 7 P.M. THROUGH MARCH 30.

#### Where There's a Will... There's a Wake

Mystery Café Dinner Theatre presents James Pascarella and Will Roberson's interactive comedy, set in a 1920s speakeasy where suspicion shrouds every "gangster, game, and dame." Pascarella directed. MYSTERY CAFE, 505 KALMIA STREET, HILL-CREST. 619-544-1664. FRIDAYS, 8 P.M. SATURDAYS, 8 P.M. OPEN-ENDED RUN.

#### You Never Can Tell

Moonlight Stage Productions presents George Bernard Shaw's romantic comedy about two teenaged twins, their missing father, liberated mother, and a waiter who knows all the things "you never can tell." Jason Heil directed. MOONLIGHT STAGE PRODUCTIONS, 615 EAST VISTA WAY, VISTA, 760-724-2110. THURSDAYS, 7:30 P.M. FRIDAYS, 7:30 P.M. SATURDAYS, 2 P.M. AND 7:30 P.M. SUNDAYS, 2 P.M. THROUGH MARCH 23.

#### Zero Hour

Poway Center for the Performing Arts hosts a touring production of the tribute to Zero Mostel. Jim Brochu wrote and performs as "the legendary yockmeister." POWAY CENTER FOR THE PERFORMING ARTS, 15498 ESPOLA ROAD, POWAY 858-748-0505, SATURDAY, 8 P.M.

## THE THEATRE INC.



Thurs., Fri. & Sat. at 8 pm Sun. at 2 & 7 pm For tickets call: (619) 216-3016 or: www.thetheatreinc.com



THE AMERICAN PLAN By Richard Greenberg Directed by Kim Rubinstein **Cassius Carter Centre Stage NOW - MARCH 30**  Set in an idyllic Catskills lake retreat in the early 1960s, THE AMERICAN PLAN tells the tale of an imperious German-Jewish refugee mother, her eccentric daughter, and the young, mysterious man who enters their lives. FOR MATURE AUDIENCES.



#### DANCING IN THE DARK

Based on the classic MGM musical The Band Wagon Book by Douglas Carter Beane Music by Arthur Schwartz Lyrics by Howard Dietz Directed by Gary Griffin Old Globe Theatre

Featuring the film score that has become legend. Packed with hits like "A Shine On Your Shoes," the quintessential ode to show business, "That's Entertainment!." and the unforgettable title song "Dancing in the Dark.'

**23-GLOBE** (234-5623) www.TheOldGlobe.org | GROUP SALES: (619) 231-1941 x2408



## **Delivered "Chef" Dinners — Gourmet?**

Sometimes, the second-to-last thing you want to do is dress up, get in the car, and go to a restaurant. The only alternative that's worse? Shopping and cooking. Of course, this may apply more to women than men. When men are fixin' to die, they'll go out for a final burger. When women feel that way, they won't go out for anything. Men are from dogs, women are from cats.

Whether you're sick, tired, or sick and tired, when you're hungry for something good to make up for a bad day, you become an open-mouthed fledgling peeping, "Mommy, feed me!" You don't insist on four-star fine cuisine — but you do want something better than Pizza the Hut, and something faster than the 90-minute wait for a soggy "meals on wheels" delivery. And heating up some chemical-laden slop from the supermarket freezer cases just won't do either, not if you care about what you put down your gullet. (What is disodium guanylate, anyway — double-salted dried bat poop?) You want real food, good food, equal to a decent restaurant or home-cooked meal, and you want it ready when you are — or in just a few

This widespread need came home to me recently when one of my best friends required surgery and months of follow-up treatments. She's been the main cook in her household all these years. How would she and her husband cope during her illness? They have good palates, and though Stouffer's frozen mac might be a fun novelty one night, it wouldn't do for the long haul. (This piece is dedicated to MW — zei gezundt, hon!)

I'd received several catalogs from "home-delivered meal" companies, also available via the Internet, and searching the Web turned up more: DineWise, Home Bistro, and Impromptu Gourmet were the primary sources, plus the much more expensive Gourmetstation.com. This last (at a minimum of \$50 plus shipping for an entrée and side dish to feed two) was truly upscale-restaurant priced, hence beyond my budget for testing if I wanted to try other alternatives. I also found some "live" local sources: Daily Dish and Optimal Nutrition. (A third, La Jolla's Vida Gourmet, didn't answer my email inquiry.) I didn't look at "lifestyle" diet-meal services like Jenny Craig and NutriSystem — they're more controlling and cultish (and probably costly) than I figured you'd want to deal with. I assume regular readers are



REVIEW

**NAOMI WISE** 

devoted to the pleasure principle and won't want

testing even began: Last fall, after a flurry of snail-

mail pitches from High Plains Bison, I ordered their "introductory pack" of buffalo steaks, burgers, and 32 ounces of readymade bison chili. I love bison -

at best, it's like grass-fed beefsteak, but more intense, if a tad chewier. Apparently, High Plains specially slaughtered the toughest, oldest bull of its herd just for me, but the steaks and burgers were almost tasteless as well, perhaps frozen too long. Given the flavorless raw materials, I still

braised meats rather than grilled (they'd reheat better), well-sauced seafood (rather than grilled, which might overcook when reheated).

First test was a "delivered dinner party." Samurai Jim offered his modern kitchen, dining room,

and amiable parrot Limpio (my new sweetie), who volunteered to join the human tasting team. (Limpio's favorite: the low-carb cheesecake from Home Bistro.)

This dinner began with a charming torte of Gorgonzola and sun-dried tomatoes (Home Bistro again), then a three-source seafood course, four "gourmet" poultry choices, and a four-piece slowcooked meats course. Each of the posse filled out a form rating each food in each course, with space for comments. Then, over the next ten days, between restaurant meals, I tried to plow through the remainder myself, with direct comparisons wherever possible (a bite of this, a bite of that).

I literally bit off more than I could chew. Not only did I overbuy, but the more Internet foods I tasted, the less I wanted to taste. Most were not "chef quality," although a few (some entrées from Impromptu Gourmet and appetizers from Home

Bistro) stood out for flavor. To my disappointment, I never found a one-stop solution to the

In the new best seller In Defense of Food, Michael Pollan's first words are, "Eat food." What he means is — real food, not chemicals, or weird derivatives from things that begin as food. Ordering from the Web, you can read the nutrient specifications before you buy, but not actual ingredients — for those, you need the packages. Once I read the fine print on the foods I ordered, I discovered that the majority included, along with chemical preservatives, tons of laboratory substances derived from actual food (mainly corn, wheat, and soybeans, America's most heavily subsidized and industrialized crops — hence, cheap) that were transformed into such etiolated versions of themselves as "vegetable base" (huh?), hydrolyzed soy protein, modified food starch, and the ever-popular high-fructose corn syrup.

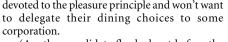
By contrast, even if the two local "live" private chefs don't furnish food quite fit for the gods, at least their dishes are made entirely of — food.

#### **LOCAL SOURCES:**

#### **Daily Dish**

Ideal Client: Hildy Johnson. The careerist news reporter of His Girl Friday, incarnated by Rosalind Russell, would love Daily Dish — nice-looking, decent-tasting, fast, and convenient meals to en joy after chasing a scoop through a 14-hour, lunchless workday. Another local publication awarded Daily Dish the designation of "Best Personal Chef." You mainly get frozen meals (a few refrigerated) ready to reheat in oven or nuker, delivered in person by a "concierge" who will even put them into your freezer (or refrigerator) for you and explain how to reheat them. Unfortunately, once she's gone, you won't find instructions on the labels to remind you what to do. I wasn't thrilled by any of the dishes I tried but found all of them edible, pleasant tasting, and attractively presented. Furthermore, unless vou're ravenous, the portions are large enough to lightly feed two, making these dinners a deal for, say, senior couples.

You can order specially prepared meals to suit your needs, including organic, low-carb, low-fat, low-cal, whatever. I ordered the basic vanilla versions of braised short ribs, fontina-stuffed portobello mushroom, and barbecued baby back



(Another candidate flunked out before the

haven't dared defrost that daunting bag of chili.) After looking over the menus on the various

websites, I ordered three or four basic meals (entrée plus veggie) from each of the delivered-dinner sources, plus a few little extras, e.g., appetizers, soups, dips, and one dessert. Where possible, I ordered similar items to make direct comparisons. I also targeted the kinds of foods that I'd order in restaurants - game birds rather than chicken,



ribs. At the testing dinner, scores ranged from 2 to 4.5 for the meats (I saved the portobello to eat at home), averaging 3 on a scale of 5, but comments about the accompaniments were less complimentary. Each dinner came with a huge mound of potato. The garlic mash, with little dairy, tasted like freeze-dried instant ("bland," "not creamy," "pasty," wrote my fellow tasters). The hash browns and "scallion smashed" red potatoes were better, but I should have ordered low-carb to get more variation (and lower-glycemic carbs) among the starches. Only one of the tasting team tolerated the soggy vegetable medleys, which resembled supermarket frozen veggies. (Disclaimer: I do like C&W frozen low-sodium petite peas. These were not that good.) The stuffed portobello that I ate at home was heavy on bread crumbs but tasted dandy, so long as I didn't compare it to the divine crab-stuffed portobello at Antica Trattoria — real chef food.

Daily Dish, 619-231-1398, or 866-686-DISH; daily-dishchef.com. Minimum order: about \$100. Average dinner price per meal, \$23, including delivery, feeds one person generously, or two lightly.

Breakfasts and lunches available. Natural meat and poultry, wild-caught fish; local/organic upon request; calorie-, fat-, and carb-control options; no preservatives. Most food frozen, some refrigerated; defrost if convenient, heat in oven or microwave. Website orders coming soon.

#### Optimal Nutrition, Inc.

Ideal Client: Kinsey Millhone. Sue Grafton's fitness-proud tomboy detective would probably buy a lifetime subscription to these healthy prepared dinners. Optimal Nutrition furnishes all-organic frozen meals, ready to reheat, delivered by FedEx (or sometimes in person). Nonfrozen options are possible; call to discuss (ask for Michelle) or email michelle@optimalnutritioninc.com. Rather than a large catalog of prepared foods, there's a weekly menu (with several vegan options). Here, the aim is to furnish nutritionally perfect meals designed for the specific client. When you order, you complete a form indicating your sex, age, height, weight, and nutritional goal (e.g., better health, weight loss), and the meals are shaped for your specs. I disclosed only my height and sex, and the portions that arrived were modest but sufficient — perfectly sized for this female runt. Individual food packages don't include reheating instructions on the labels, so you may have to play touchie-feelie with your food as the dinners heat in the nuker.

erybody immediately spotted the two Optimal dinners (salmon with lentils and curried turkey burger) as "health food," because they looked like hospital food or hippie meals circa 1970. The main clue lay in the colors, or lack thereof: These meals present a portion of protein atop a beige field of variously flavored brown rice or other whole grains. ("Could lose the rice" was a typical comment.) We eat with our eyes as well as our mouths, and these entrées needed some colorful veggies. The consensus was that Optimal's dishes were "benign" and "decent" rather than exciting; their average score was 2. The interesting whole-grain "pasta-pizza" made with kamut (which I served as a side) scored a little higher, but nobody would have wanted it as a main course. Overall, this operation is aimed at those who want to "fill 'er up, healthy." Optimal isn't a sybaritic choice, but it's potentially a fine long-term solution for someone with no time or skills for cooking and more interested in good nutrition than luxury.

At the taste-test dinner, ev-

Optimal Nutrition, Inc., 858-202-0445 (Michelle's number, 858-752-0594) and 877-678-7897; optimalnutritioninc.com. Minimum order varies (typically, dinners for five days). Prices based on portion size (based on questionnaire answers on recipient's height, weight, age, and dietary goals), \$13-\$22, average \$14 per din-

ner to feed one. Three meals daily available. Most food frozen to reheat in microwave; thaw first, if convenient.

#### ON THE WEB: Impromptu Gourmet

Ideal Client: Emma Bovary (and sometimes N. Wise). Emma and Charles Bovary were French, almost guaranteeing decent palates. Emma might keep Charles distracted with tasty, easy-to-cook, not-quite-wholesome meals, while her own mind wandered to dreams of illicit love and fancy gowns. The best dishes from Impromptu were the winners (by far) for flavor, beating out even Daily Dish—the only real "gourmet" choices.

The tender honey-orange duck breast, the well-seasoned smoked pork back ribs, and the sweet potato soufflé all averaged 4.5 points at the group taste test, while even the lesser dishes like seafood cannelloni averaged 3. At the same time, this company's offerings are liable to include numerous industrial food derivatives and outright fake foods (artificial flavors, colors, nondairy creamer, high-sodium preservatives). For example, a side dish of creamed artichoke hearts and spinach included approximately 50 ingredients, and that's with unspecified "spices" summed up in a single word. (If you made it at home, you'd probably use fewer than ten.) The delicious swee' po' soufflé ingredients list was scandalous, loaded with artificial colors, flavors, preservatives, unidentifiable multisyllabic chemicals (can somebody "aluminate" me about the meaning of "sodium silico aluminate?"), and, as icing on the cake, nondairy creamer. High-fructose corn syrup frequently rears its ugly head (e.g., it's so dominant in the barbecue sauce, I opted to buy the smoked ribs bare to dress with my own sauce).

Impromptu's delivery time was ultra quick, but the packaging was traumatic to wrangle with. The FedEx guy staggered under the huge, 25-pound box containing barely 5 pounds of food. Inside the corrugated carton was a polystyrene container — standard packaging, but writ very large here. Inside that, on top of the little food boxes, were large plastic bags of dry ice, some of them ripped and "steaming." Dry ice will do real damage if you touch it barehanded or breathe it for very long, so you have to put on oven mitts, quickly lift off the bags and chunks of ice, remove the food boxes, throw the ice back in the box, slap the lid back on to protect curious cats or birds, and shove the container out the door again to let the ice evaporate "in a well-ventilated area." Don't send any gift packages like this to your fragile old grandma.

Most Impromptu dishes require thawing before reheating (24–48 hours in the refrigerator), so they are scarcely "impromptu." Some proved la-

bor-intensive (e.g., sautéing and then roasting the duck meaning, you're buying a plump, raw duck breast soaked in a good marinade to cook from scratch, following excellent recipe directions). And yet - south of La Jolla, it's awfully hard to find duck breast, much less ready-smoked ribs, and both those fine dishes were pretty "pure" as food, rather than "phaque phood." Impromptu can be regarded as a health-compromised variation of specialty gourmet Web-andmail-order food sources like Williams Sonoma, I-Gourmet, and Dean and DeLuca — a potential source of special treats rather than one's quotidian diet. Emma Bovary, *c'est moi!* 

Impromptu Gourmet, 877-632-5766; impromptugourmet.com. Entrées feed two, sometimes more (no sides included), average \$25; average side dish (feeds three-four) \$7. Dips, appetizers (various sizes, including hors d'oeuvre party platters), soups, desserts, and monthly gift plans available. Four-course complete meals for two (including bread), \$55-\$75. Several USDA Choice steaks available raw. Shipping \$12-\$40. Most entrées require defrosting before baking, nuking, or stovetop heating/cooking.

#### Home Bistro

Ideal Client: Elaine of *Seinfeld*. Elaine might want to throw a cool cocktail party without having to pay for a caterer or, God





# **RESTAURANTS**

forbid, cook. Home Bistro could furnish the attractive hors d'oeuvres and appetizers (and let's hope Elaine remembers to dispose of the packages before anybody sees them — you know she'll lie about the source). Home alone, she could live on the flavorful, generoussized appetizers, or heat and eat the effortless (if unthrilling) boil-in-the-bag entrées with her mind wandering off to her latest boss or boyfriend. Furthermore, Home Bistro offers a good selection of low-carb or "light" entrées, bound to appeal to a chic New Yorker.

This package came last (about ten days after ordering), with a few half-empty bags of dry ice evaporating away. This company generally used fewer nonfood or fake-food ingredients than the other Web choices. particularly in the appetizers. (For instance, the quiches were almost entirely made of food.) If you're single and more excited by appetizers than entrées at restaurants, this could be a useful source — the appetizers are sized to feed one person as a main course or two as a first course. Whatever "real men" don't eat, real women do eat quiche. I might actually reorder. Elaine, c'est moi aussi!

At the tasting dinner, the orange-ginger duck breast came with cute but soggy Chinese veggie dumplings; the duck was on the tough side (average score: 3). Sea scallops glazed with pomegranate sauce toughened up during the boil-in-bag reheating but still tasted like scallops (score: 2.5). Everyone liked the Gorgonzola torte that opened the tasting meal and Limpio's fave low-carb cheesecake (six cakelets for \$27) for dessert.

At home, I rather enjoyed the roasted crab cake (tasting of generic "shellfish" more than crab), an appetizer emphatically large enough to serve as my entrée. The accompanying lobster-and-corn sauce, however, was more "good try" than genuine gourmet food — suspiciously pasty from thickening with "modified food starch" rather than reduction of the cream — and what was cod liver oil doing in there? (Luckily, I couldn't taste it.) A low-carb crab-artichoke-sun-driedtomato quiche was both nice and nearly all natural. On the other hand, a portobello mushroom cap was filled with some unsavory "sausage" that was more like bland, shredded mystery meat. A low-carb "turkey with all the trimmings" dinner had pleasant cranberry-bread stuffing, but the turkey breast was abominably tough and dry, the gravy undistinguished, and the "crisp" onion shreds atop the green beans were soggy

This company also offers several sauces; I bought chilispiked hollandaise and beurre blanc but haven't used them yet. Their ingredient lists are bizarre, full o' weird stuff and bearing little resemblance to simple, classic, labor-intensive recipes.

Soon I'll inflict one of them on an Albertsons' ready-made spicy crab cake I've got in the freezer, another "too tired to cook" option. Couldn't really hurt - or could it?

Home Bistro, 800-628-5588; homebistro.com. Average appetizer (sized for two or more, many good as entrées for one) about \$7. Entrées to feed one, including side dishes, average about \$17; lighter meals about \$12. Shipping \$15-\$30. Low-carb entrées and desserts, other special dietary needs, samplers, monthly gift plans, and party hors d'oeuvres platters available. "Week of Dinners for 2 Sampler" \$150. Most entrées "boil in bag" or nuke from frozen state.

#### **DineWise**

Ideal Client: Roseanne (from her eponymous TV show), or Marge Simpson's sisters. Roseanne's embodiment of a working-class mom didn't expect a lot from life, but she appreciated anything that made it easier. DineWise does that, but with flavors and industrial ingredients comparable to TV dinners - sold at a much higher "gourmet" price (plus shipping), so it was the least wise choice for either flavor or value. Dine Dumb is more like it. Except for...ahh, the SoupMan.

The packaging and delivery time were decent: A single bag of dry ice, still largely intact, was under the food packages, intelligently labeled "handle with gloves." (Impromptu didn't give this advice.) The duck breast in Chinese barbecue sauce was the lowest rated of three duck dishes at the taste-off ("tough" and "dry"), scoring a 1. A turkey dinner (with more beets than turkey in it) featured thin, desiccated slices of poultry resembling supermarket packaged deli meat, with watery, insipid gravy swamping the stuffing (and 75 whopping grams of carbs). It was worse than a (cheap) supermarket frozen-turkey dinner, and way worse than Boston Market. The mush-meat texture and coarse sweetness of "Asian-style" short ribs reminded me of old-time college dorm food. The little crab cakes (to deep-fry, preferably) actually tasted okay, although redolent more of hot pepper and bread crumbs than of seafood.

You can opt for whole dinners with preset sides or order your own "mix and match" choices (which come to slightly higher prices). Most vegetable sides are three-ounce pouches of just plain veg, no butter or seasoning, for \$2.19, making them very poor bargains, compared to regular supermarket frozen veggies or a nice fresh bagged salad. Fancier sides are \$3.29 for four ounces: Corn fritters, baked following package directions, were pasty but not bad when deep-fried crisp with the crab cakes. "Apple pecan stuffing" was oddly sour. Lowcarb sugar-free corn muffins (four for \$8.39) were inedible sawdust.

But DineWise also offers a line of soups from the highly acclaimed SoupMan (celebrated on Seinfeld as "the soup Nazi"), about \$10 each for 15 ounces (feeding two as a soup, one as a main dish). Their endless ingredient lists hint at chem-lab soup — but when I tasted the jambalaya I didn't care, and you know when it comes to N'awlins food, I'm ultracritical of bad imitations. The bowl could have included cyanide; I still couldn't stop sipping. Incredible flavor, perfect degree of spiciness (very lively, not scorching), yummy andouille sausage and tender shrimp and crawfish. Yeah, a surprise 41/2 stars, hydrolyzed fake stuff or no. Wonder what his seafood bisque tastes like...

DineWise, 800-365-9838 and 800-749-1170; dinewise.com. Entrée with two sides to feed one, average \$12, or about \$14 average to "mix and match" with choice of side. Shipping \$15-\$42. Four-course dinner for four, \$129. Some low-carb and "healthy" meals available, "SoupMan" soups, appetizers, desserts, full (three meals) weekly meal plans, samplers, gift plans available; also "cook your own" steaks (no USDA grade specified) and lobster tails. "Senior Lifestyles" package is \$199 for three low-cal, low-fat, low-carb, low-sodium meals a day for a week. Same price for a week's "Weight-Loss Meal Plans" or 16 "Healthy Lifestyle" dinners. Reheat unthawed packages in microwave (or oven). ■



#### Easter Sunday Easter Brunch Champagne Sunday, March 23, 2008 10 am to 4 pm Brunch March 23, 2008 Elegant Torreyanna Grille Buffet Assorted Salads • Freshly Made Sushi Rolls • Omelet Station Seating from 10 am-2 pm with buffet closing at 3 pm Cooked-to-Order Omelets with Condiments to include: Crumbled Bacon, Baby Shrimp, Dry Cured Ham, Imported Cheeses, Red and Green Reservations suggested Adults \$42.95 • Children (6-12) \$18.95

- Breakfast Station Cooked-to-Order Omelet Bar
- Assorted Gourmet Salads

King Crab Legs, Peel-and-Eat Shrimp, Smoked Fish Display (Salmon, Trout), Poached Salmon Display with Mini Bagels, Lemon Wedges, Cocktail Sauce and Mini Tabasco Sauce

Fresh Assorted Sushi to include Spicy Tuna, Spicy Salmon Roll, and California Roll

#### **CARVING STATION**

Roasted Prime Rib, Honey-Glazed Ham, Leg of Spring Lamb Au Jus, Horseradish, and Mint Au Jus

#### INTERNATIONAL BUFFET

Roasted Five-Spiced Chicken Breasts in Orange-Ginger Glaze, Catfish Creole, Swedish Potato topped with Swiss Cheese, Seasonal Herb Vegetables

Cheese Manicotti with Roma Tomato, Basil, and Pancetta Sauce, Roasted Pork Loin Piccata, Garlic Bow Tie Pasta with Alfredo and Bolognese Sauce

Smoked Chicken Teriyaki, Mongolian Beef with Broccoli, Assorted Dim Sum, and Sticky Rice

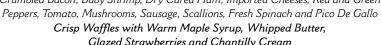
#### DESSERT IN THE PALM ROOM

Pineapple Palm Tree Display, Assorted Mini French Pastries, Warm Bread Chocolate Pudding with Sauce Anglaise, Assorted Mini Pies, Assorted Mousses, Assorted Martini Pastries, Chocolate Fountain with Seasonal Fresh Fruits and Berries



7450 Hazard Center Dr. Call for reservations: 619-819-DINE





Crisp Waffles with Warm Maple Syrup, Whipped Butter, Glazed Strawberries and Chantilly Cream

#### From the Torreyanna Grille Butcher Block:

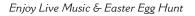
Pepper-Roasted Prime Rib of Beef Au Jus and Horseradish Cream Herb-Roasted Leg of Spring Lamb with Natural Jus Lie and Mint Sauce Bourbon-Glazed Ham with Orange Currant Sauce

#### Assorted Breakfast Pastries

Crepe Station with Vanilla and Chocolate Crepes, Rum-Glazed Bananas, Fresh Berry Compote and Chantilly Cream Chef's Selection of Petite Fancy Pastries

#### Children's Buffet

Adults \$55.00 • Children \$17.95 • Children 4 and under are free





La Jolla Torrey Pines Reservations: 858.450.4571 10950 North Torrey Pines Road La Jolla, CA 92037



## **Dank and Shivery**

**ED BEDFORD** 

"We're freegans. Like vegans, but only when it's free."

e're opportunivores," says Brian.
"No," says Jake. "We're freegans.
Like vegans, but only when it's
free."

Everybody's sitting around two tables here

inside Roots, chatting to stop the teeth from chattering. We're sheltering from wind and c-cc-cold out there on O.B.'s Newport Avenue, slurping hot split-pea soups and eating organic wraps and PB&J (peanut butter and banana and jam) comfort sandwiches.

It's market day outside. I'd been clawing my way up through the tents to find this place when I heard the sound. Foghorn on speed? Oh, man. A didgeridoo. Spotted two guys and two gals squashed together on a blanket in a closed shop entrance. They were playing bongos, a pennywhistle, a "guitar" made of a long, inflated, bowed sausage-balloon with one pluckable string stretched up the middle, and that didgeridoo.

"You guys a band?" I asked.

"Yeah. The Traveling Dingleberries," said the dude in a Bob Marley knitted hat, Brian.

They all laughed. Brian must have just thought the name up. They looked so dank and shivery I told them I had a few clams to spare if they needed something to eat and wanted to join me. I know. Me? Spare? Joke. But a certain Mr. Jackson was hiding down in the thigh pocket. Knew that. Seemed the O.B. thing to do. Told them where I was headed and left them to think about it.

Roots is a tiny vegan eatery in the Rock Paper Scissors stationery and ethnic-knack store. Normally you order through a window on the street, but not tonight.

"Come inside," says this gal Jaime (pronounced "Jamie"). "I can take your order there."

Inside, I spot three wooden tables in a brown-walled, art-covered alcove that the shop has set aside for Roots customers. Jaime comes out with a little recycled paper menu. We're talking mainly wraps and sandwiches, and not the cheapest in the world. Like, around seven bucks each. But I'm guessing these gals are paying a premium to be organic and buy local.

I like the look of the very first sandwich,

the Portobello. Mushrooms, sun-dried tomato, and provolone cheese, plus basil, romaine, and vinaigrette on ciabatta. It's \$7.50. The Avo—avocado with onion, tomato, and (soy-based) "vegannaise" on multigrain bread—is \$7. A veggie burrito with black beans,

mock chicken, lettuce, and avocado goes for \$7.50, the hummus wrap's \$7, the Arti wrap with artichoke hearts and feta cheese is \$7.50, and so is the Thai peanut wrap.

They have soups for \$5 (bowl) or \$3 (cup). A cup of soup plus half a sandwich or wrap is \$3.50, which could be the best deal. The farmers' market salad is \$6, and the taco salad, with black beans, avocado, jicama, and corn, is \$7.50.

I decide on the Portobello, just 'cause I love mushrooms. It's a nice split ciabatta with layers of sun-dried tomatoes ("because winter hothouse tomatoes are tasteless"), provolone, and a thick wad of delicious tangy mushrooms. And a nice vinaigrette salad to go with it, with touches like chopped peas in their pods, julienned beetroot, and cucumber. It all feels fresh-plucked and tasty.

But now, hey hey! The musicians turn up. Brian, Shauna, Shasta, and Jake — and Micky, Jake's dog. What with the wind and the cold, they hardly made a sou tonight. So I'm a little worried. My sandwich cost \$7.50. Only got that ten left. "Uh, can you do something for my friends with this?" I say to Jaime, waving the Hamilton. "I mean, I know..."

"We'll work something out," says Jaime. And guess what? First she comes out with cups of hot steaming split pea soup for everybody, then she brings out half-sandwiches loaded with PB&J, "peanut butter, local jam, organic banana, nuts, and local honey" on multigrain bread, and with fresh slices of apple all 'round. Everybody hoes in. "Man, this is the coolest place," says Shauna.

Good God. Now Jaime's partner Heather brings out another round: whole-wheat lavash — tortilla-looking breads — with veggies and avocado in them. And some shade-grown organic coffee with agave, and lemon water. This is grr-reat. I mean, ten bucks? Jake celebrates with a crazy little ditty on his pennywhistle.

A couple more customers come in. Gail and Erin. First-timers. Order an

Arti wrap and the cilantro hummus wrap. Third guy, Tim, comes for an Arti Wrap, too. "Here," he says. "Taste it." (This is O.B., remember?) He cuts off a slice. Oh Lord. Yes. Vinaigrette and the artichoke heart. Really good. Plus Tim holds up a zinnia flower Heather put in his salad. "It's edible," Heather says.

Jaime, Heather, and Heather's sister Danielle are the owners, and they know quite a bit about food. For starters, Heather has a master's from UCLA in public health. "Most food at restaurants is processed," says Jaime. "Not here. About 60 percent of our food is local organic. And we always buy from this O.B. farmers' market."

"Really appreciate it," Brian says.
"We had this left over anyway," Jaime

The Dingleberries and I kind of share it all, and talk flows like organic vino. Shauna's from Wyoming. She sings. Has a CD out, *Shauna Frye*, *Little Women*. Jake did a degree in mass communications, then decided he wanted to



Heather, Jaime, Danielle

write. So now he's heading off around the world, with no money, to write about heading off around the world with no money. Think Kerouac, larger canvas. Shasta came to get away from Arizona. Brian may or may not go back to Keys of Creation, his reggae band in Hawaii.

Meanwhile, seems, life's a little hand-to-

"Being broke sucks, if you want to eat healthy," Shauna says. Best cheap way to get a veggie meal cheap, she says, is to go to, say, Burger King and order just the bun, for about 60 cents. "Then ask them to add the normal extras. Lettuce, onions, tomatoes mayo. It's all free."

Huh. What a night. As I head for the 35 bus, the Traveling Dingleberries are back huddling in the shop front, deciding where to stay tonight. Last night was Black's Beach, with a fire. But last night, it wasn't, like, howling a gale.

Now all I can hear is Jake, fading in and out with the wind, playing a jig on his pennywhistle. ■

**The Place:** Roots, 4976 Newport Avenue, Ocean Beach, 619-222-9000

Type of Food: Organic American

\*\*Prices: Granola bowl with fruit, honey, yogurt, \$5; soup, \$5 (bowl), \$3 (cup); cup soup, half-sandwich or wrap, \$3.50; farmers' market salad, \$6; taco salad, \$7.50; Portobello sandwich with mushrooms, tomato, provolone on ciabatta, \$7.50; the Avo (avocado, onion, tomato, "vegannaise"), \$7; veggie burrito (black beans, mock chicken), \$6.50; hummus wrap, \$7; Arti wrap (with artichoke hearts, feta cheese), \$7.50; Thai peanut wrap, \$7.50

**Hours:** 11:00 a.m.-8:00 p.m. (till 7:00 p.m. Sunday)

Buses: 35, 923

Nearest Bus Stop: Newport and Cable





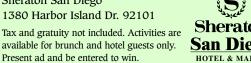
#### Easter Champagne Brunch

Waterside at Harbor's Edge Restaurant overlooking the Marina, featuring guitarist Ryan Hiller.

Sunday, March 23, 2008 • 10:00 am-3:00 pm \$48.95 Adults • \$21.95 Children ages 6-10 5 and under are our guests.

Fun activities including Easter egg hunts, crafts & games, and a visit from the Easter Bunny.

Reservations are required. Call: 619-692-2245 Sheraton San Diego



Sheraton
San Diego
HOTEL & MARINA

# Easter Sunday Champagne Brunch and Dinner 11am-9pm \$16.95 Live Greek entertainment every Friday and Saturday night. Belly dancing | Greek dancing | Live music

----- Present coupon for surprise discount off ------all-you-can-eat buffet!

Monday-Thursday 4-9 pm. Not valid with other offers. Good for up to 4 people. Expires 3/27/08.

 Kids eat free Tuesday nights with 2 paid adult dinners. 8 and under. 4-9 pm.





100 Broadway at D Street | Chula Vista | 619-422-8853 | zorbasgreekbuffet.com



## **Ordinary Mortals**

"In a blind tasting, I'll predict nine times out of ten the score they're going to give."

hen you look into the abyss, the abyss also looks into you." That line, from the German philosopher Friedrich Nietzsche, serves as part of the epigraph for Peter May's crime novel *The Critic*. The novel — which tells the story of retired forensics expert Enzo Macleod's attempt to unravel the

mystery of a murdered wine critic — isn't quite as dark as the epigraph might suggest. But the line does at least hint at this profound truth: when May set about to research the book, he looked long into the wine world — about four or five months' worth. In return, the wine world looked long

into him and ruined him for cheap plonk forever. "I used to kind of go along the supermarket shelf and pick up the cheapest bottle," recalls May. "Now, my taste has changed completely. I can't drink the cheap wines I used to drink, sadly. It costs me a lot more to maintain my wine habit."

As May explains it, it wasn't just a matter of downing a few bottles of Chateau Petrus and deciding it was time to start treating himself. Rather, "I decided to set the novel in the wine industry, and there were many aspects of the industry that I found interesting" — the winemaking process, the politics and power of critical opinion, etc. "I wanted to construct a story that absorbed all of that into it, so that people would be introduced

to the whole world of wine in that kind of natural way."

Wine analysis is one of those things that gets absorbed into the story line, and to help himself understand the job, May enrolled in a wine-tasting course at the Maison du Vin in Gaillac, where the novel is set. "They start you off on the smelling

process; they provide you with these little bottles of clear liquid, each with a particular scent. The first thing you have to do is identify those scents. Through that process, I discovered that sommeliers develop, through experience, this great database of smells and tastes in their minds

that they're able to draw on in a way that us ordinary mortals can't." (He's not kidding — in the book, a character cites research showing that experienced tasters use additional parts of the brain when tasting, parts "almost certainly containing database material.")

But even ordinary mortals begin to identify and classify and discern. And now, says May, "It's hard to drink a wine without going through the process — the smell of it, the color of it, the taste of it. When I went back to the cheap wines and went through that process, I realized just how inferior they really were. It was almost overnight — I had to change my drinking habits and go for better wine."

As I mentioned, May's hero is a forensics expert, and May clearly delights in the hard-science approach that Macleod takes. It's an approach, however, that must be guided by something approaching intuitive insight. He deals with the dead, but also with the living. So while he's happy to analyze a wine in order to crack a critic's coded tasting notes, he also needs to consider the role and status of a critic in the general economy of wine. The critic possesses that crucial database of experience, yes. So there is an element of authority in what he says. But as Macleod learns, one man's palate is not another's. In an effort to crack the code, he brings the reviewed wines to another master taster, a Frenchman. "I can't make any promises," warns taster number two. "His tastes and mine were somewhat different." The authority doesn't come so much from objectivity as from general agreement on matters of taste. As the deceased critic's daughter puts it, "What else is a critic going to do but say what it is he likes and what he doesn't? A lot of people followed my father's recommendations and found they agreed with him. That's why he was so successful.3

Of course, another, more direct word for "general agreement" might be "popularity." And when someone's tastes become popular, then it's no surprise to see producers attempting to craft wines to suit that person's taste. Macleod's investigations lead him across the pond to California, where he enlists the services of a man who has wine down to a science — and nothing but a science. "I had dinner with a client the other week," says the scientist. "He produced a bottle of his best wine. I told him I would be really interested to taste it. I'd only ever tried it on my computer screen...Wines are hard to taste in the early days, but I can measure the key compounds and can make a quality judgment from the facts and figures in my database. We can make virtual blends



between barrels...These wine critics...Petty, Parker, and the rest. They're so goddamned predictable. I say to them, this is what you like? Okay, this is what I'll make. In a blind tasting, I'll predict nine times out of ten the score they're going to give."

The scientist is based on Leo McCloskey of Sonoma's Enologix, whom May visited during his research phase. "He's a very interesting guy. As it happened, I brought along a friend of mine, a Californian lady who is co-owner of a vineyard in Santa Lucia. Parker rates her wines very highly — 95 or 96 points. She was very skeptical









about his methods. I think she was opposed to his whole approach — the fact that he was doing virtual blends of the wines on his computer. My friend is an absolute traditionalist, and to her, this was absolutely abhorrent. To her, the talent of the winemaker is in the blending of the wines, and that's a question of taste and experience and not anything you could possibly do on a computer. But McCloskey has been very successful. I just sat back and let them go at one another, and I got a huge amount of really useful information from the arguments on both sides." Without implying or suggesting anything about the particular real-life parties involved, a body could almost imagine a second wine-related murder mystery — the artisan winemaker vs. the technohappy manipulator, art vs. science, vision vs. marketability...Might be worth looking

#### RESTAURANT LISTINGS

The Reader's Guide to Restaurants are recommended listings written by our reviewers (Ed Bedford, Barbara David, Ambrose Martin, Shari McCullough, Max Nash, Eleanor Widmer, Naomi Wise). Each issue contains only a fraction of over 700 reviews. A complete searchable list is available online at

SanDiegoReader.com. Price estimates are based on the latest information available for a midrange entrée. Inexpensive: below \$10; moderate: \$10 to \$19; expensive: \$20 to \$29; **very expensive:** more than \$30. Please call restaurants in advance for reservations.

#### **BEACHES**

The Australian Pub 1014 Grand Avenue, Pacific Beach, 858-273-9921. A great place to take your kids after a morning at the beach. This relaxing pub, owned by a true-blue Aussie, offers heaps of good Aussie food. Try the Road Kill (grilled chicken breast with pico de gallo sauce and cheese, "run over" between two pieces of sourdough) or the Aussie Burger (halfpound patty, with a fried egg, cheese, bacon, grilled onions, beets, pineapple, and a side of steak fries). And for an "outback experience," order up Vegemite (a beefy kinda paste) and four slices of bread — it's the Aussie national food, mate. Lunch and dinner weekdays, three meals weekends. Inexpensive. — E.B.

California Modern 1250 Prospect Street, La Jolla, 858-454-4244. With a new name and renovated for an even better ocean view, the former George's at the Cove continues to serve Chef Trey Foshee's ambitious, healthful California cuisine based on prime, seasonal ingredients and emphasizing sustainable wild seafood, local produce, naturally raised meats and poultry. The cooking style is a little lighter now, good for carb-counters, with only small amounts of starch on the entrées. The award-winning wine list offers few bot tles under \$50, but many by the halfbottle or glass, including serious dessert wines. Full bar, creative "chef cocktails" with fresh fruit. Wheelchair elevator available but hidden (ask valet parkers); disabled can use neighbor Pasquale's mens' room on same floor. Vegetarians and vegans accommodated to order. Reserve well ahead. Dinner nightly. Very expensive. — N.W.

Donovan's Steak and Chop House 4340 La Jolla Village Drive, La Jolla, 858-450-6666. At this excellent traditional steakhouse, the menu includes a variety of appetizers, among Over 400 more restaurant listings at SanDiegoReader.com



them a cocktail of giant shrimp with a spicy, tomatoey sauce and a large, lightly sautéed crab cake with house made tartar sauce. The wet-aged Prime beefsteaks are seasoned with sea salt and pepper and cooked on a gas grill precisely to your order. Bleu cheese, bearnaise, and peppercorn sauces are available at extra charge. Non-beef en-trées include fish, seafood, veal chop, pork chop, or a delicate Australian rack of lamb. Unlike many steakhouses where your money buys only the meat, entrées are served with vegetables and potato. Additional à la carte sides include creamed spinach and sautéed mushrooms. Among the housemade desserts the highlights are a light, creamy cheesecake with fresh straw berry sauce and a traditional crème brûlée. The service is attentive, friendly, and knowledgeable, in a masculine setting with dark wood paneling, dim lighting, and only a moderate noise level. Cigar room off the bar. Open Monday through Saturday. Very expensive. - N.W.

Hancock Street Café 3354 Hancock Street, Point Loma, 619-296-2060. If you spot Marilyn, Elvis, and Lady Liberty waving at you from the side walk, you're here. They are life-size fiberglass look-alikes, but Mario is real, and his restaurant is a living shrine to jazz pianist Herbie Hancock. Mario has pianos, guitars, and drums inside — even a little stage where you're often welcome to perform. The food? Italian home cooking. Mario is from New York and knows his pasta. You can usually expect a good-value special, like spaghetti and meatballs. Sometimes he'll even throw in a bottle of red wine. Here among the little factories and auto shops of Loma Portal may be San Diego's most popping cultural phenomenon. Worth investigating, even if you just want to eat. Open daily, 7 a.m. to 10 p.m. Inexpensive. — *E.B.* 

Jack's La Jolla 7863 Girard Avenue. La Jolla, 858-456-8111. This sprawling, glitzy restaurant has several venues serving steaks, seafood, sushi, and pub grub. In the Dining Room, the most formal and serious choice, Chef Tony De Salvio prepares a menu of refined, seasonal California-French cuisine featuring highly creative combinations of luxury ingredients and local products, full of unexpected touches, e.g., a duck breast pairs delightfully with cocoa nibs. When you move on to sweets, dessert chef Jack Fisher is one of the town's best and boldest. An international wine list offers plenty by the glass, although bottles run high. Full bar. Vegetarians accommodated by request - ask and ve shall receive. Ask valet parkers for directions to wheelchair lift and elevators. Reservations urged. Dinners only in Dining Room, Tuesday through Sunday. Very expensive. — N.W.

Lamont Street Grill 4445 Lamont Street, Pacific Beach, 858-270-3060. PB's most romantic restaurant serves California comfort food, punctuated by bold and sometimes strange Mexi/Asian/Cajun flavors, in a rambling converted residence with several rooms and levels. Dinners come with soup or salad, and many entrées are served over marvelous housemade fresh pasta. Salmon over fettuccine in a delicate dill cream sauce is especially fine. The huge array of desserts is housemade, too, with something for every palate. The most desirable tables (available first come, first served) are on lovely fireplace-heated patio. Wheelchair ramp and parking in small lot behind restaurant (call ahead and they'll save you a spot). Homey atmosphere; can get loud. Affordable wine list, full bar. Open daily, dinner only. Sit by our cozy fireplace and enjoy our homemade meals & famous Bloody Marys!

- 1/2-gallon Bloody Mary mix to go
- Full bar and famous breakfast drinks
- Benedicts, omelettes, and skillets
- Juicy burgers, Cobb salad and more!

Make your Easter Brunch reservations now!

Outdoor patio dining • Private room available

**271 N. Coast Highway 101 • Solana Beach** (Across from Solana Beach Train Station)

858-755-7642 • tscafesolanabeach.com





#### Size Does Matter.

3715 India St., San Diego 619-692-1169 www.NYGiantPizzas.com Open 11 am-9 pm daily Visa • MasterCard

4 locations to serve you



Free Delivery

\$10 minimum order.
Limited
delivery area.



Two 14" large pizzas \$1 \text{Q99}

Two toppings per pizza.

Additional toppings

\$1.25 each per pizza.

Pick-up or delivery special with ad. Limited time only.

## All-You-Can-Eat Sushi Bar \$22.95 per person

With this ad. Up to 5 persons. Reg. \$24.95.



#### Lunch Daily 11:30 am-2 pm Dinner Daily 5-9 pm

Appetizers: Gyoza, Egg Roll, Soft Shell Crab, Miso Soup, Shrimp Tempura, Chicken Teriyaki, Agedashi Tofu, Green Salad, Rice

Nigiri Sushi: Albacore, Amaebi Avocado, Clam, Crab, Eel, Egg, Inari, Hamachi, Ikura, Saba, Smelt Egg, Octopus, Oyster, Salmon, Scallop, Shrimp, Smoked Salmon, Squid, Tuna, Uni, Red Snapper

Cut Rolls: California, Caterpillar, Cucumber, Philly, Rainbow, Crab, Soft Shell Crab, Spicy Tuna, Tempura Shrimp, Vegetable, Yummy, Firecracker, Seafood Dynamite, Shrimp

Hand Rolls: Eel, Salmon Skin, Scallop, Crab, Spicy Tuna, Shrimp, Tempura Shrimp, California



8657 Villa La Jolla Dr., Suite 125 La Jolla • (858) 550-0861 (near AMC 12 Theatres) www.ginzasushi-shanghairestaurant.com



## **MARCH MADNESS**

### **CATCH IT HERE!!**



MEGA MARCH MADNESS PACKAGE ALL THE GAMES - ALL THE TIME

Plasmas • Private Party Room Nightly Dinner & Drink Specials Happy Hour Mon.-Fri. 3-7 pm

A LOCALS FAVORITE



7536 FAY AVE LA JOLLA, CA 858.456.6279 www.lajollabrewhouse.com



## on tap!

# Free Thai Entrée



Buy one lunch or dinner entrée and two drinks and receive one entrée of equal or lesser value free.

Max value \$10. Dine-in only.

Not valid with other offers or on holidays. With this ad.

Expires 4/3/08.

Basil Thai Diner 5157 College Ave., Suite A (next to KB Books) 619-582-8424

Portugalia 4839 Newport Avenue, Ocean Beach, 619-222-7678. This spacious, informal room decorated with strings of Christmas lights resembles an ethnic community center — and indeed, O.B. is home to a long-term Portuguese fishing community. The fascinating menu is split between the homeland and its former colony, Brazil, including several coconut-milk-swathed seafood dishes from tropical Bahia that are rarely found locally. The array of appetizers from both countries embraces addictive bolinhos de bacalhau (salt cod fritters) and rissóis de camarão (fried pastry pockets filled with shrimp). For entrées you can choose Portuguese specialties like the earthy mes de sá (codfish with chick peas) or Brazil's bife apimentado (spicy beef) or even an African-inspired bife de moçambicana (beef with shellfish). There's also a *rodizio* option of skewered meats and/or seafood. Save room for the owner's mom's homemade desserts, especially *pastéis de nata* (delicate custard-filled pastries). Portuguese wines, full bar. Not all dishes always available. Service quality variable. Long stairway up to second-floor restaurant. Live music most nights after 10 p.m. Easy parking. Lunch and dinner Tuesday through Sunday, to midnight or later except Sundays. Moderate. — N.W.

Rum Jungle Smoothies and Deli 4150 Mission Boulevard #153, Pacific Beach, 858-273-2227. Why do Brazilians have more fun? Acaí (ah-saa-ee). Why do Brazilians settle in PB? Maybe it's because Rum Jungle Smoothies serves up *açaí*, the flesh of a Brazilian palm nut, for breakfast. The dark purple mush comes from the açaí palms that grow around the Amazon River delta. Rum Jungle adds granola, ba nana, strawberries, blueberries, mango pieces, and honey to make a surprisingly filling breakfast. Of course this bright little place has lots of other smoothies, too, along with sandwiches. But the *açaí* power fruit bowl is what keeps them coming back. Open until 6 p.m. daily. Inexpensive. — *E.B.* 

Tapenade 7612 Fay Avenue, La Jolla, -551-7500. This is not only one of the finest restaurants in the county but in the country. Featuring sunny Provençal flavors, famed chef-owner Jean-Michel Diot offers superb seasonal ingredients treated with the consummate ease of a master chef. Among the special joys here are a sophisticated foie gras torchon, luscious free-range veal, and top-quality seafood, with gar nishes that display an impressive balance of venturesome creativity and rigorous technique. Desserts are worth the calories, matching the style and flair of the earlier courses. And you don't even have to dress to the nines for your firstclass dinner - the sixes will do in the easy bistro atmosphere. Serving lunch (including a moderate two-course prix fixe) weekdays, and dinner daily (including bargain-priced three-course prix fixe "sunset dinners" Sunday through Thursday). Otherwise, expensive to very expensive, and worth it. —

The Third Corner Wine Shop and Bistro 2265 Bacon Street, Ocean Beach, 619-223-2700. Ed Moore's casual, loosey-goosey spot is first of all a wine shop selling most global bottlings for just 20% over wholesale. It's \$5 to pop the cork there if you plunk down

at a table among the racks to enjoy casual bistro-style food designed to go with wine. You can snack on goat cheese salad, smoked duck salad, a cheese plate or a pâté plate, or get seri-ous with braised short ribs or duck confit surprisingly paired with spicy Nawlins red beans and rice. No reservations accepted, so best to go at off-hours or you'll wait for a table. Comfortable lounge with fireplace for sipping. Full bar. No corkage charge after 11 p.m., when restaurant staffers drop in for after-work noshing. Lunch and dinner until 1 a.m.; closed Monday. Low-moderate. — *N.W.* 

Zenbu 7660 Fav Avenue, La Jolla, 858-454-4540. It was a natural for fisherman-restaurateur Matt Rimel to open a sushi bar/fish house featuring sparkling-fresh catch, much of it from his own boats. Sashimi and the simpler sushi are better here than the big party rolls, which can be lunkish. Don't miss the sashimi of live local uni (sea urchin) served on its shell most weekends. Cooked fish entrées feature equally sparkling seafood, sometimes in almost goofily elaborate preparations. No reservations; 30-minute wait likely on weekends. Sushi bar is up a short staircase; dining room and patio tables are wheelchair accessible. Several vegetarian choices. Full bar, good sake list. Dinner nightly. Upper-moderate to expensive. - N.W.

#### BAJA

From the United States use the prefix

011-52 when calling Mexico.

El Arrecife Calle Colima 2293, Baja, 664-200-2585. Think of it as a Mexican burger joint. In this settled, upper-mid-dle-class neighborhood, Daniel Ludim Gómez Vaca set up a hip little spot ("The Reef") where he specializes in...octopus burgers. Actually, octopus, shrimp, beef, or chicken burgers. Or mixes. One of the best is octopus and shrimp with cheese and bacon. The children of Tijuana's elite come here to watch soccer, eat, and hang out, even though it's cramped and half under-ground. The menu has healthier alternatives, such as chicken salad or shrimp salad, but it's the octopus that has made him famous. Open noon to 9 p.m. Monday through Saturday. Inexpensive. — E.B.

La Espadaña Avenida Sanchez Taboada #10813, Baja, 664-634-1488. If you learn only one word of Spanish, learn this one: Borrego. Because this place does the greatest oven-cooked leg of lamb ever. The meat tastes as if it vere cooked in wine, garlic, and herbs, but the owners insist it's just Tecate lamb baked slowly in its own juices with a bit of oregano. But most folks come here for beef — steaks and the popular beef fillet, sizzled at a big flame-and-smoke display counter BBQ grill. Vegetarian upon request. All terra-cotta and timber, this is where the local middle classes come for their cross-border food fix. Think Tijuana's version of Mission Valley. Still, it's charming, and you can have fun. For instance, don't forget to ask them to ring the bells set in their *espadanas* (holes cut in the mission frontage) above the great arched wooden entrance door; they clank tunelessly, but they're great for celebrating your 21st birthday, Mom getting her degree whatever. Open for breakfast, lunch, dinner, seven days. Moderate. — E.B.

Rica Torta Niños Héroes Avenida #890, Baja, 664-685-8579. This café

may have the best tortas (call them Mexican-style hamburgers) in Tijuana. Six-inch rashers of marinated carne asada, slices of ham, squares of cheese, chopped salad, tomato slices, fresh-scooped avocado...it's a double-wide double-high burger. The menu has 16 different kinds of *tortas*, from chorizo with eggs to beefsteak ranchero, all served in huge, three-ribbed, crisptoasted Mexican bread buns. There's other stuff, but to a burger buff, one of these is quite enough. Vegetarian upon request. Open seven days. Inexpensive.

El Rodeo Boulevard Salinas #1647 Baja, 664-686-5640. This 30-year-old steak haven sits on traffic-drowned Salinas, but climb onto its porch and you're at some Sonoran desert rancho, saguaro cacti and all. Inside it's dark wood and brick, wagon wheels, lariats rifles, longhorns, and generous amounts of cattle-ranch food. Entrée price includes a delicious soup of roast beef juices, beans cooked in their own juices, a quesadilla, a salad, two *botana* (snack) plates, of, say, vinegary veggies and potatoes, and a beef-liver medley, flour tortillas, chips, and hot sauce. You can get any cut of steak you want. A parrillada — BBQ dish — gives you marinated beef rib, carne asada, and barbecued chicken, all sizzling on a ran-cho-style metal tabletop grill that glows with hot coals. Best part: the roasted spring onions splayed across the meat. Dessert and coffee also included. Veg etarian upon request. Good place for a party. Open 11 a.m. to 11 p.m. — E.B.

Vallarta Natural 1252 Boulevard Agua Caliente (just before El Toreo de Tijuana), Baja, 664-686-1560. Maybe the only smoke-free restaurant in Tijuana, this vegetarian haven was started in 1996 by health-conscious Doctor Georgina Vallarta de Alcantar. They

make their own yogurt, soy hash, breads, rolls, salsas - and "meats" like a veal from their own wheat gluten daily. You sit at wood tables and chairs next to blue-framed yellow walls splattered with Talavera ceramic suns. At breakfast, try the tartaleta vallarta, a mix of eggs, spinach, mushrooms, onions, and chile. For lunch (and it's usually busiest around three), their excellent soup, caldo tlalpeno, packed with cheese, rice, avocado, and chile, will fill you nicely. The soy hamburguesa is good, but go for the torta, which has that gluten *milanesa* along with cheese, avocado, and jalapeno. Good organic coffee. Wonderful juices, especially the cactus - if you need cleaning out. Open 7 a.m. to 7 p.m. daily. Inexpen-

#### CENTRAL

El Agave 2304 San Diego Avenue, Town, 619-220-0692. The menu celebrates three great pre-Hispanic cuisines — Aztec, Mayan, Nahuatl with discrete admixtures of France, Spain, and Italy. (It's the history of Mexico on a plate.) Among the highlights are the five different Oaxacan moles (plus a sixth from Chiapas), local sea bass in tangy jamaica (hibiscus) sauce, and a unique appetizer, tlacogos cuitlacoche, ovals of blue corn masa topped with a sort of "mushroom" that grows on corn ears. (In English it's called "corn smut," but it tastes much nicer than that sounds.) The bar stocks at least 1700 tequilas and makes a foodfriendly on-the-rocks margarita with fresh fruit juices. Reservations recommended. Wheelchair access difficult (steep ramp). You'll find upscale, unusual Mexican specialties in an inti-







mate Spanish-style dining room or on a small heated balcony. Open daily, lunch and dinner. Moderate. -N.W.

Aladdin's Café — Clairemont 5420 Clairemont Mesa Boulevard, Clairemont, 858-573-0000. These cafés offer a bright, clean atmosphere for bright and clean, if rather generic, Middle-Eastern favorites (hummus, tabbouleh, kebabs, shawerma, etc.), plus imaginative Levantine-flavored pizzas and salads. There are ample choices for vegetarians. Both locations offer beer and wine. Hillcrest's owners offer a more Lebanese cuisine. In expensive to moderate. — N.W.

**Anthology** 1337 India Street, Little Italy, 619-595-0300. This spiffy, multilevel nightclub offers pleasant, userfriendly, modern-American cuisine (local produce, natural meats, wonderful breads) conceived by consulting celeb-chef Bradley Ogden. But when good musicians are cookin' onstage the eats are liable to become mere background music for the mouth. A great date venue for jazz lovers. No cover charge Tuesdays and some Sundays, otherwise ticket prices (bought separately) vary, plus \$15 to \$20 minimums (easy to meet). Wine list is fine and wide ranging but starts high and esca-lates sharply, plus full bar with fruity cocktail creations as well as classics. Dinner only, Tuesday through Sunday. Expensive on up, if you drink anything but tap water. — *N.W.* 

Bale French Sandwich Shop 4879 University Avenue, City Heights 619-283-4352. Ann Nguyen started this back in 1980. Ann's brother succeeded her, and the prices have hardly changed they're incredibly low. But the taste of her sandwiches is up there in French-Vietnamese heaven. The Vietnamese are special at this: they do French better than the French — with some spicy Asian touches. The BBQ Pork French sandwich delivers the immediate taste of cilantro, garlicky mayonnaise, sweet barbecue sauce, carrots, onions, cucumber, and lashings of sliced pork, with the occasional heat of a green jalapeño. But above all, it's that crunch of bread — fresh, feathery, and very French — that makes this hard to beat. Add dessert of homemade banana

shrimp cake and — *voila!* Open daily, breakfast through early dinner. Inexpensive. — F. B.

Big Kitchen 3003 Grape Street, South Park, 619-234-5789. This isn't just a restaurant, it's the social center of the universe - and Judy "The Beauty" Forman is its queen. Blame her for the Fern Street Circus, for driving the Miss California beauty pageant out of town, and for disgustingly healthy dishes like Judy's Favorite (spinach, mushrooms, sherry, and eggs). Our favorite: the avocado, cream cheese, and chives omelet. Vegans' fave may be the veggie option: sautéed spinach, mushrooms onions, cilantro, brown rice, tofu, and roasted garlic. Her cooks make pretty much everything on the spot, including muffins, waffles, and pancakes. While you're waiting, they always have this "out there" eclectic crowd, plus walls filled with pictures and bon mots like "Will Be President For Food." Breakfast and lunch only; closes at 2 p.m. Inexpensive. — E.B.

**Blue Water Seafood Market and Grill** 3667 India Street, Mission Hills, 619-497-0914. This bright, clean charmer a half-block south of El Indio has a double identity: First, it's a retail fish market; aside from Whole Foods this is the only restaurant-quality fresh raw seafood south of I-8 and west of City Heights. If you love oysters, don't miss the big, buttery bivalves here. Second, it serves simple, terrific seafood to eat in or out. Plates are plastic, but don't look for greasy fried stuff. Entrées are grilled gently until perfectly done, topped with your pick of flavors (the lemon-garlic butter is especially tasty) and come with rice and a huge salad with your choice of terrific house made dressings. If indecisive, ask what's best that day. The overstuffed grilled fish tacos are messy and perfect, with just the right proportions of ingredients. Good choice of beers; a few affordable wines; \$5 corkage for BYOW. Reachable only by driving north on India. Metered street parking by day. Open daily, lunch and dinner. Inexpensive to low-moderate. — N.W.

**Bombay Exotic Cuisine of India** 3975 Fifth Avenue, Hillcrest, 619-298 3155. We're talking northern India

Sister Nun of the Above

The Sisters of Sequins

y Sunday • Call for seating times & reservations. Wake Up And Make Some Joyful Note With

here, right? That means lots of lamb, potatoes, creamy sauces, tandoor-baked breads, chicken, and less of the south's mouth-scalding heat. At least in its daily buffet, Bombay's a lot less spicy (though their sag paneer creamy, cheesy spinach — delivered a surprising punch). The buffet includes tandoori chicken, assorted *pakoras* (lentil-batter fritters), mock duck, chicken tikka, and, if you hit the right day, an addictive mango soup. If you want meat or spicy food, best to order from the menu — say, a creamy tikka masala with lamb, or long kebabs of minced lamb (kebab curry), or the rich Bombay Coconut Malai, Tell them whether you want it mild, spicy or, for leather-mouths, tikhi. For a cheap, light meal, try a couple of lamb samosas. And be sure they bring the chutneys, India's real unexplored treasure. Lunch and dinner; buffet at lunch and Monday evenings only. Sister restaurant, Monsoon, 729 Fourth Avenue, Gaslamp, 619-234-5555. Moderate. -

Brians' American Eatery — Hill-crest 1451 Washington Street, Hillcrest, 619-296-8268. Note the apostro-phe: Not one but two Brians have taken over what had been Topsy's, a venerable coffeehouse/eatery for 40 years. They've done a good job of cleaning it up without gutting the fifties roadhouse character. It's open all night on week-ends, and late night is quite a scene. But for a lot of people, breakfast is the thing. The Brians' eight-ounce charbroiled top sirloin steak with eggs and country potatoes is a great Saturday morning treat. Or the "Hey Ricky!!!," an omelet with chorizo, avocado, green chiles, onions, and cheeses. Or ask for their off-menu breakfast special — it's always cheaper. Another good thing: cof-fee comes by the thermos-full. Three meals until 10 p.m. Sunday through Thursday; open 24 hours from early Friday morning until Sunday evening. Inexpensive. — *E.B.* 

**Brickyard Coffee and Tea** 675 West G Street, Downtown, 619-696 7220. The problem, if you're rich enough to live in the Marina District, is the lack of café life. That is, until this modest little eatery and café settled in next to the tracks by the Seaport Village trolley stop. You sit under 11 poplar ing till 3 p.m. daily. Inexpensive.

Bully's East 2401 Camino del Rio the horseshoe-shaped Low Bar. Lunch and dinner daily. — *E.W.* 





50% off

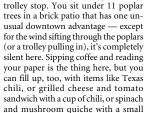
Buy one entrée and two beverages, get a second entrée of equal or lesser value 50% off. Not valid with any other offers. Expires 4/3/08.

> **Voted "Best Desserts** in East County"!

Family owned and operated by fourth-generation chocolatiers

8365 La Mesa Boulevard • In the heart of downtown La Mesa





and mushroom quiche with a small Caesar salad, or *panini*. You can also order half a sandwich — turkey, ham, beef, or tuna — with a cup of soup or Caesar salad. It's the nearest thing to a French country café. Open early morn-

South, Mission Valley, 619-291-2665. Despite the plasma TV sports screen, this place is very '60s. For example, dark, woody, plush red booths. And always crowded. Word is, they serve more prime rib with au jus and horseradish than any eatery in San Diego. The Petite Cut 8 ounce, their smallest, fills you plenty, with its baked potato and salad. But just once, come here with your main squeeze and order up the "full cut for two." It hangs ten over the edges. Or go bonkers and or-der the 32-ounce cut (available in Mission Valley) — just to watch your neighbors' eyes bug out. Not flush? Try the Bully Burger, French dip sandwich, or calamari sandwich. Lonely? Go to

Café Chloe 721 Ninth Avenue, Downtown, 619-232-3242. How did we ever manage before this indispensable bistro opened? In a bright and beautiful setting with small tables, bar seating, and a patio, you'll find light and lovely Parisian-style bistro fare with substantial breakfasts, svelte lunches and dinners, and sophisticated bar nibbles. Don't miss breakfast's poached eggs with sage-truffle beurre blanc. Nightly specials keep the menu interesting, and desserts are worth every calorie. Beverages include divine lavender lemonade, root beer choices, and an intelligent wine list at modest markups, most available by the glass. Metered street-parking daytime. No







#### **Free Lunch** or Dinner

Free with purchase of equal or greater value plus 2 beverages. Choose from 25 house specials. One free offer per household. La Mesa only, Not valid with any other offer. Excludes ribs and salmon. Maximum value \$7. Expires 3/27/08.

> Kearny Mesa: 8046 Clairemont Mesa Blvd. 858-514-8892 • (2 blocks west of 163) La Mesa: 7200 Parkway Drive • 619-589-0088 (2 blocks east of Lake Murray Blvd.)

#### Whole Roast Chicken §1.99

Buy one whole chicken and 4 sides for only \$16.99 and get another whole chicken for only \$1.99. Valid 11 am to 8 pm. Take-out only. Not valid with any other offers. One coupon per customer, please. Expires 3/27/08.



# Lobster

Live From Maine **Every Wednesday** 



#### King Crab 11 195\*

1-lb. Alaskan Crab Legs **Every Monday** 

#### 

1" Cut, Slow Roasted | Every Friday

#### Weekend Brunch

Bottomless Champagne and Mimosas 5. Breakfast Special \$3.95 with purchase. 9-11 am Saturday and Sunday

\*Purchase required. Specials start at 5 pm.

2040 Harbor Island Dr. • 619.291.8011 boathouserestaurant.com • Free parking

The Ultimate In Drag Dining!

San Diego's Party Place

BRUNCH SPECIAL

Unlimited Champagne, Mimosa or Bloody Mary

with Entree

\$16.50 plus cover

Don't Miss This Truly Out Of This World

Experience!

reservations except large groups. Moderate. — N.W.

La Casita 1247 C Street, Downtown 619-531-0044. Don't be fooled by the li'l old blue-and-white clapboard house at the bottom of City College's hill. Princes and politicians come to this full-service restaurant to hammer out deals, mix with the Latino (or Anglo) community, and eat some of the best chorizo con huevos (spicy pork sausage with eggs) in town. Fair-weather eaters flock to the spacious garden patio to chow down among the songbirds. In the cozy Mexican-style interior, the pictures on the walls tell you who-all comes here for the good tacos and en-chiladas or the delicious pork burritos. Most delicious of all is watching Anglo city-hallers trying valiantly to learn to love the housemade menudo (tripe soup). Delivery anywhere downtown 8 a.m. to 2 p.m. Open six days 6 a.m. to 3 p.m., closed Sundays.— *E.B.* 

Chicken Pie Shop of San Diego 2633 El Cajon Boulevard, North Park, 619-295-0156. How much do people love this place? Count the chickens lining the walls — ceramic, wood, beaded, painted, even feathered. Hundreds. They're gifts from generations of customers. Now, as in the 1930s when it started up, the basic chicken pie comes filled with big chunks of chicken meat, doused with white gravy and accompanied by mashed potatoes, veggies, coleslaw, a roll, and dessert — like the delicious pineapple pie available Mondays — all for one really low price. The menu also offers fried chicken, burgers and steaks, but 90 percent of customers still order that same old chicken pie. Seven days. Cash only. Inexpensive. — E.B.

**Chive** 558 Fourth Avenue, Downtown, 619-232-4483. Here you'll find a new cuisine for the upscale residential neighborhood rising around the restaurant. Diners can choose an ad-

venturous meal or an evening of sophisticated comfort food. Urbane multicultural fusion dishes dance cheek to cheek with remade American classics and the occasional sleek French luxury dish. A "grazing menu" features small bites for folks on a diet or on the run. The menu changes seasonally. —N.W.

**Dobson's** 956 Broadway Circle, Downtown, 619-231-6771. This reputable downtown restaurant offers class and comfort, geared for people who enjoy eating well. The food is good, often very good, as with chicken liver mousse pâté, Mediterranean blue mussels, and, when available, the crude but virtuous soft-shell crab. Their sweets, such as brownies, are hefty, louche, and cheap. Bring a date to the upstairs dining room. Dobson's is suave, its confidence infectious. Lunch and dinner Monday through Friday; dinner only on Saturday. Moderate to expensive. — M N

La Doña 1784 Newton (at Beardsley), Southeast San Diego, 619-233-4939. This café is steeped in Mexican history, especially Barrio Logan history. You half expect to see several L.A. zootsuitors drift in as you inspect the blackand-white shots of the late actress Maria Felix (Mexico's Marilyn Monroe) or the great photos of the Mexican Revolution that include Zapata and Pancho Villa. The place has been here for 63 years, and old-timers say it reminds them of long-ago cafés in Los Angeles, Modesto, or Madera. The food is home cooking, Mexican style, with meals like scrambled eggs and chorizo with rice and refried beans. Watch out for the pot o' salsa — it's a real jaw-slammer. Other dishes to sample include chicharrones, menudo, and pozole. Seven days, breakfast to late lunch. Inexpensive. — E.B.

Fleming's Steak House & Wine Bar — Downtown 380 K Street, Downtown, 619-237-1155. A steak-house for ladies who power lunch, an "old girls" club, or just a happy place where the term "a nice piece of meat" isn't a bad thing? The mahogany of the "old boys" steakhouse genre gives way here to cheery cherry wood. When you get the fried cheese, it's Brie, rolled in panko bread crumbs and slivered al-

monds. And the wine list boasts far more than just burly Cabernets and Bordeaux — over 100 of the far-flung offerings are available by the glass, and you can assemble your own three-glass tasting flights. Prime steaks are the main event, perfectly cooked and well-seasoned. Try the key lime pie for dessert — custardy and full of limey bite. Valet parking. Dinner nightly. Very expensive. — *A.M.* 

Gourmet India 810 Fourth Avenue, Downtown, 619-702-7967, Most local Indian restaurants share nearly identical panregional menus (vawn). Gourmet India, in contrast, serves authentic regional delicacies you won't find at the clones. Don't miss the distinctive appetizers, especially the crunchy sev poori (wheat wafers with a vibrant, spicy fresh topping), the bel poori (India's favorite railway snack), or southern India's uttapam, pancakes (made of cream of wheat) resembling soft, exotic mini-pizzas, accompanied by a coconutty fresh chutney. Peshawari naan is a spectacular tandoorcooked bread stuffed with cashews, raisins, and fresh cheese, and tandoori chicken wings are tender and savory with their lively green dipping sauce. Entrées include the rarely seen mirchi tikka, tender boneless chicken from the tandoor, steeped in a bright, spicy, lime-juice marinade. Madrasi Fish in coconut milk is a delicious southernstyle coconut milk curry, and the house specialty, Bombay Chicken, is a salty and oddly homey-tasting stew. Interesting and appropriate wine list; numerous Indian and international beers. You can eat royally on a prosperous peasant's budget. Lunch and dinner daily. (Parking not validated at Horton.) Moderate. — *N.W.* 

**Grant Grill** 326 Broadway, Downtown, 619-232-3121. The hotel has reopened after its \$52-million renovation, and it's looking magnificent. The Grant Grill, too, is changed and freshened. In days of yore, the bill of fare combined French haute cuisine with British hotel-grill staples. Now it's thoroughly Southern Californian (although they did resurrect the fabled mock turtle soup in response to diner pleas) with nods to the "slow food" movement.

Well-raised meats, local produce, and artisanal products include housemade burrata mozzarella and herbed bread. Entrées are large, rather salty, and have fine side items, but there's still a basic conservatism at work. Nothing here to scare the horses. Appetizers and amuse-bouches are more engaging than entrées, while desserts are in the "needs more work" stage. Serving pace, especially on busy evenings, is slow. But the town's movers and shakers are back at their old favorite haunt. Breakfast, lunch, and dinner daily. Very expensive. — N.W.

Hob Nob Hill 2271 First Avenue, Hillcrest, 619-239-8176. It opened in 1944 as a 14-stool lunch counter. Now, you sweep in under the maroon canopy to shiny red booth seats, deep blue carpet, blond wood, paintings, and a half-wall of wine. You're thinking "business class," but don't be fooled. We're talking coffee-shop prices, especially with the all-day breakfasts and sandwiches, not to mention the burgers with a salad tossed in. It's across the street from a retirement condo complex and at dinner, says the owner, "We cater to seniors." While there are à la carte choices, affordable three-course prix fixe dinners (with a regular entrée for each day of the week, Mom style) are the order of the day — e.g., tasty barbecued pork on Saturday, roast lamb or pot roast Sunday. Open daily. Inexpensive to low-moderate. — E.B.

Huffman's Bar-B-Que 5039 Imperial Avenue, College Area, 619-264-3115. This café has a huge multigenerational following, some famous check out their wall photos, in which Jesse Jackson and Muhammad Ali are iust two - and some not so famous. The big draw is Huffman's fabulous Southern soul food. Try their gravy smothered fried chicken served with collard greens, yellow peppers, red beans, rice, and white mopping-up bread, or their Louisiana Creole gumbo, thick with crab, shrimp, links, ham, and chicken. Other fine eats include the catfish sandwich and halfpound rib tips. Open daily, lunch and dinner, to 11 p.m. weekdays, 1 a.m. Friday and Saturday. Inexpensive. - E.B.

El Indio Mexican Restaurant 3695 India Street (at Winder), Mission Hills, 619-299-0333. Eat here and you eat with the ghosts of presidents, politicians, and three generations of San Diegans. Ralph Pesqueira, the guy who started it in 1940 as a simple tortilla factory, invented taquitos ("little tacos") as snacks for his customers. The deep-fried taquitos are still their number-one selling item. But also try Burito Indio, a wheat tortilla stuffed with marinated zucchini, corn, beans, onions, cheese, and tomato, and the potato burrito, another good vegetarian choice. While you're waiting (and it's usually crowded), grab some of El Indio's huge, scrumptious homemade chips and a pot of their salsa ranchera. Open 8 a.m. to 9 p.m. seven days. Inexpensive. — E.B.

Lightnin' Jacks BBQ 4705-H Clairemont Drive, Clairemont, 858-270-8227. Clean, cute, and a little selfconscious, this barbecue has black-andwhite Western pictures on the walls and some seating on barstools with metal saddles" (more comfortable than they look). The barbecue mechanism is a Texas-style pit smoker burning sweet hickory. The meats that emerge from it aren't the smokiest, but they're tasty enough. Pork ribs are tender and moist and beef brisket carries enough smoke flavor to pass muster in Texas; other meat choices are less successful. The tomato sauce is pleasant but ordinary. A fried catfish plate makes a flavorful alternative (but beware the cat sandwich, awash in hot sauce). Hush puppies and sweet potato fries are the most savory sides. Check your take-out bag to make sure you're getting what you ordered, as youthful staff is easily flus-tered. Kiddie plates available. Draft beer and wine available. Open daily, lunch and dinner. Inexpensive to moderate. -NW

The Linkery 3386 30th Street, North Park, 619-255-8778. The artisanal "slow food" cuisine here features local ingredients and made-from-scratch preparations. Despite the name, there's a full menu that includes tasty grilled vegetable appetizers and some fine entrées. But the focus is on the side dishes of fresh sausages made daily on-

premises. These vary not only in composition but in palatability. Good ones include chicken curry, *linguisa*, Polynesian pork. Venturesome international wine list at low markups, plus international beers and Mexican Coca-Cola (better tasting than U.S. made). Small parking lot (enter by alley on Upas just east of Jack in the Box). Noisy even when nearly empty. No reservations. Dinner daily until 11 p.m. Moderate. — N.W.

**Lou and Mickey's** 224 Fifth Avenue, Downtown, 619-237-4900. The one-time ornate Royale Brasserie across from the convention center finally had to bow to conventional tastes and simplify into a fifties-style steakand-seafood house. Kings Seafood is still the owner, so the fish quality remains fine. The fare is simple, with minimal sauce or garnish; vegetables cost extra, coming in large portions but merely adequate preparations. Best dishes include BBQ Shrimp, Manales' Style, a buttery, spicy New Orleans extravaganza (available as starter or entrée), and the huge, juicy rib-eye Cowboy Steak. Valet parking at door. Wraparound heated dining patio. Noisy in dining room near bar; request "Nude Room" for quiet. For interest-ing wines at good prices, look into "Adventures" sections of the list. Dinner nightly, weekends until 11 p.m. Fish moderate, meats expensive. — N.W.

Oceanaire Seafood Room 400 J Street, Downtown, 619-858-2277 Oceanaire serves all manner of fresh seafood, including some rare species, from simple preparations to complex dishes with international influences (France, Italy, Asia, Louisiana, fusion). Fusion-y appetizers range from crab cakes (among the best in town) and lively El Diablo fried squid to disap-pointing oysters Gatesafellar and laughable Cajun-rubbed prawns. ("Eh, Soileau! C'mere, let me rub these prawns on vou!") Of a menu comprising some 30 entrées, the best dishes tend to be the least ambitious choices from the Simply Grilled and Broiled section. Or you can gamble on more elaborate but risky composed entrées - e.g., fire-roasted Mano de León scallops in an Asian-style treatment are



# Full salad and dessert bar Homemade pies and cheesecak

## Easter Brunch Buffet \$1795 (kids \$995)

- $\bullet$  Carving station: prime rib and ham  $\bullet$  Omelette station  $\bullet$  Waffle bar
- $\bullet\,$  Full salad and dessert bar  $\bullet\,$  Southwestern eggs Benedict  $\bullet\,$  Seafood pasta
- Homemade pies and cheesecakes Stuffed crepes Mexican and American cuisine
  - \$2 mimosas

#### Happy Hour 4-7 pm

Free chips & salsa bar • \$3.50 margaritas

\$2.95 appetizer • \$2.50 drafts

New Menu

#### **AMIGO SPOT**

1333 Hotel Circle South (exit Taylor St. from I-8) • 619-297-2231



Sushi • Cocktails • Lounge 1409 C Street San Diego, CA 92101 Monday-Saturday 5-11 pm

San Diego, CA 92101
Monday-Saturday 5-11 pm
Happy Hour 5-7 pm
619-702-6010
www.hivesushilounge.com

## **Happy Hour Specials**

Spicy Scallop Roll \$2.99 Philadelphia Roll \$2.99 Spicy Tuna Roll \$2.99 California Roll \$2.49

Salmon Skin Hand Roll \$1.49 California Hand Roll \$1.99

Nigiri 1 pc. \$.99 Mackerel • Albacore Snapper • Salmon Shrimp • Squid

Spicy Baked Mussels 3 pc. \$2.99 Seaweed Salad \$1.49 • Edamame \$.99 Miso Soup \$.99

Large Sake \$2.49 • Draft Beer \$1.99 Add \$.99 for Sake Bomb

# Lobster Roll... New England Style!

And don't forget fresh whole-belly Ipswich clams straight from Boston.

Guy Fieri of Diners, Drive-Ins & Dives recommends us to all his fans - find out why!

24 hours, 7 days a week



#### Studio Diner

4701 Ruffin Road, Kearny Mesa 858-715-6400 www.studiodiner.com

earthy and delicious, but spiny lobster is buried under an overwhelming, incoherent sauce. Let K.I.S.S. be your guideline. Vegetables and side dishes, served family size at extra charge, aren't wonderful. Housemade desserts are pretty good and sized for groups. The oyster bar is a pleasant separate area for snacking or seasonal special dinners; in season, the Kumamotos are superb, other varieties less thrilling. Reserva-tions urged, especially on weekends. Dinner daily. Happy hour at oyster bar moderate, dinner very expensive. -

Po Pazzo 1917 India Street, Little Italy, 619-238-1917. The restaurant's name means "a little crazy," but owner Joe Busalacchi was crazy like a fox to open the first seriously swanky eatery in Little Italy. The decor resembles the set of a Manhattan supper club in a black-and-white movie, right down to the gray color scheme and curvy booths. Music plays loudly (with a live pianist Thursday through Saturday). keeping the energy and noise levels high. You almost expect to see Frankie and Dino at the next table. The USDA Prime steaks are flash-roasted in a special oven at 1700 degrees (in the style of Ruth's Chris), and if they're a little chewy, they're also flavorful — especially the Sicilian steak. But the pasta dishes are even better, and the veggies accompanying the entrées often outshine the proteins — the kitchen is still Italian at heart and the fundamental things apply. Full bar. Lunch and dinner weekdays, dinner only weekends Reservations advised. Expensive. —

El Pollo Loco 2795 Main Street, Logan Heights, 619-595-0847. Additional locations in Midway, Carmel Mountain, Chula Vista, El Cajon, Lemon Grove, National City, Poway, and more. This Mexican-style chicken chain offers healthier, tastier fast food. The flame-broiled poultry has crisp, richly seasoned, very salty skin; the flesh can vary from barely done to overdone but usually is just right. The bird (or any assortment of its parts) comes with sage gravy, tortillas, and a choice of side dishes that includes rich, sweet black beans, crisp and clean coleslaw, great gooey-cheesy macaroni, and passable mashed potatoes. Help yourself to sal-sas (there are four varieties), chopped onions, lemons, cilantro, hot peppers. But stick with the chicks — the taqueria-style choices are barely better than Taco Bell. Check for daily specials, wherein a small amount of cash will buy a huge amount of highly palatable poultry. Open daily, lunch and dinner. Inexpensive. — N.W.

We Proudly Offer a

Wide Variety of Mexican Food with

**GET 1 ENTRÉE** 

**RA Sushi** 474 Broadway, Downtown, 619-321-0021. Big and splashy, this Arizona-based chain restaurant tries to create a high-energy party atmosphere with loudish music and louder "Ori-ental" decor. Its grazing menu features sushi, sashimi, and hosts of Asian-oid appetizers, plus a few substantial noodle dishes and entrées. The food's a mixture of the dire and the delicious — old, pulpy *edamame* versus magnificent miso soup, delicate dilled salmon and desiccated *katsu*. The sushi rice is well seasoned, but the products are inconsistent from hour to hour and roll to roll, depending on how long ago the seafood was defrosted and how recently the rice was cooked. You take your chances, but it's fun anyway. Numerous Asian beers and sakes, affordable wines, full bar specializing in fancy cocktails. Those with fading eyesight may need a penlight to read the menu. Daily, lunch through dinner, to 1 a.m. Bar open to 2 a.m. Moderate. — *N.W.* 

Ranchos Cocina — North Park 3910 30th Street, North Park, 619-574-1288. At both locations of this delightful mini-chain you'll find healthy, creative Mexican and vegetarian cuisine in cheerful, tropical-style settings burgeoning with plant life and craft obiects. A big plus: zero attitude. You don't have to be vegi-virtuous to enjoy full-flavored combinations that are as creative as they are wholesome. Try anything with lobster or calamari steak in fact, all the seafood here is pristine. And sample something with the housemade mole sauce of a zillion ingredients. Actually, try...anything. (Well, the chicken breast is as dry here as everywhere else. Try anything else.) Open daily breakfast through dinner. No reservations, but call ahead for large parties. Inexpensive. - N.W.

The Ritual Tavern 4095 30th Street, North Park, 619-283-1618. North Park is becoming a hotbed of ethical food culture, and Ritual is one of its proponents. At this cozy, civilized, Old World-style pub where the music al-ways plays softly enough for conversation you'll find classic pub dishes plus some more exotic forays, cooked with consistent care to emphasize the fine, natural flavors of humanely raised Niman meats, gourmet Jidori chicken, lo cally grown organic vegetables. Want a burger? The ketchup is made in-house. The wildest dish is a tasty, mouth-filling, étouffé-thick "Saddlebrush" (Yankee) gumbo that's not remotely Cajun or Creole (it's got carrots - and no okra or filé!), served over long-grain wild rice instead of the sticky white stuff. Vast list of local and international artisan beers includes a Porter milk-

**CATERING** 

For Any Occasion! Serving All of San Diego County for 18 Years.

ENJOY BRUNCH SATURDAY & SUNDAY!

shake for dessert; nearly all of a dozen affordable international wines are available by the glass. Soft drinks include Mexican Coca Cola (made with cane sugar, not corn syrup). Small parking lot behind restaurant. Several vegan and gluten-free menu items. Dinner Tuesday through Sunday to 11 p.m. Moderate. — N.W.

Saigon on Fifth 4900 Fifth Avenue, Hillcrest, 619-220-8828. This is the rare local Vietnamese restaurant that emphasizes the urban, French-influenced cuisine of colonial-era Saigon and Hue, rather than the ubiquitous pho noodle soups of the North. The list of house specialties includes many entrées you won't find elsewhere in San Diego, among them a smoked oyster omelet and a unique version of coconut shrimp served in the coconut shell. Many dishes here include honey, so the Boon (spicy noodle salad) deserves its name — a refreshing break from the sweetness. Well-chosen, reasonable wine list suits the food, as does the serene decor. Validated underground parking just north of the bank. Open daily, lunch and dinner until midnight. Low moderate. — N.W.

Sammy's Woodfired Pizza — **Downtown** 770 Fourth Avenue, Downtown, 619-230-8888. It's not Italian or New York pizza, it's...San Diego pizza! The crusts are Californian: thick and slightly sweet. The toppings range from ordinary to exotic. The menu includes many salads and a handful of American-Italian entrées. Continuous service, same menu lunch and dinner. Open daily. Inexpensive. — N.W.

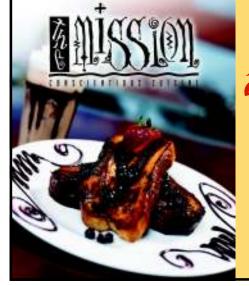
Sang Dao 4212 National Avenue, Logan Heights, 619-263-0914. Laos has an exotic Shangri-La thing about it, yet the large family that runs this eatery will tell you Lao food is quite plain and simple: vegetables, freshwater fish, chicken, pork, occasional beef, sticky rice, and noodles. But taste their delicious spicy catfish and you're right back clous spicy catrish and you're right back at exotic. Thai basil, garlic, and most of all, the gingery galanga, a.k.a. "Laos root," help make it unfishy. Other must-trys: BBQ beef, som yum (papaya salad), and especially the spicy salad with minced meat called *larb* — closest thing to the national dish. The surroundings here may be homey, but not the excellent cuisine. "Sang Dao"? It means "Star Light." Open 10 a.m. to 8 p.m. six days, closed Monday. Inexpensive. — *N.W.* 

**Shakespeare Pub** 3701 India Street, Mission Hills, 619-299-0230. Probably the most convincing English pub in town. The Bard's brew-house boasts bare-board floors, diamond lead-glass windows, and authentic Brits sitting









with purchase of any entrée of equal or greater value and two beverages. **VALID MONDAY - FRIDAY ONLY.** Limit one coupon per table. Not valid with any other offers or on holidays. Expires 4/3/08.

Mission Beach: 3795 Mission Boulevard 858-488-9060

North Park: 2801 University Avenue 619-220-8992

East Village: 1250 J Street 619-232-7662



Cocina D. Sanchez

Lunch • Dinner • Brunch • Seafood





311 Palomar Street

**Live Latin American** music every Friday, Saturday and Sunday Molcajete Azteca

San Diego Reader March 20, 2008

Chula Vista

around the bar quaffing ale from their own pewter mugs. Pub grub is bluff and plain spoken. Shepherd's pie, bangers and mash, ploughman's plate (the pickled onions and cheese, Scotch egg, and Branston pickle make it the real thing) — all are great with rich English beer, say, a Boddington's Pub Ale Sunday's roast beef dinner is worth dragging yourself out of bed for, too The pub includes a shop that sells British goods. Breakfast weekends, lunch weekdays, and dinner daily. In-

Sixth Avenue Bistro 1165 Sixth Avenue, Downtown, 619-239-4194. This charming, airy café offers some very credible New Orleans-style cooking at affordable prices. Among the sandwiches are an outstanding oyster po' boy (with big juicy oysters and good light batter) and a fine, fully packed apoximation of a muffaletta, albeit with kaiser roll standing in for Central Grocery's big, round Italian bread. The jambalaya is tasty, too, even with the substitute for andouille. Wine and beer. No reservations. Breakfast to dinner (closes 9 p.m. Monday through Saturday, 2 p.m. on Sunday). Inexpensive. — *N.W.* 

**Toshi Sushi** 5943 El Cajon Boulevard, College Area, 619-287-3536. Don't ask what's in the "dynamite" sauce (besides the obvious mavo and smelt roe) — it's a house secret, one the restaurant dangles before you in erous contexts. Try it baked onto the rich, everything-goes Garbage Roll, where deep-fried shrimp, freshwater eel, and tuna add flavor to the creamycrunchy interplay of sauce and vegeta-bles. Rolls, both plain and elaborate, abound here. While some can be heavy on the rice and light on the fish, others are triumphs. The Toshi Tempura Special Roll takes battered whitefish and wraps it around the seaweed casing, which is then filled with just-cooked whitefish and a host of garnishes — an exotic-yet-homey fried-fish alternative. The Johnny Roll shows octopus at its most tender, but watch out for spotlight-hogging sweet cream cheese. The simpler sushi can vary — a brilliant, translucent slice of tuna offset by a blander, duller salmon. Japanese entrees are also available. Inexpensive to moderate. — A.M.

Tropical Star 6163 Balboa Avenue.

café and grocery offers Puerto Rican and Latin American food and groceries. Very modest surroundings; good authentic inexpensive food. Same menu all day Monday through Saturday; closed Sunday. Inexpensive. — *E.W.* 

Whole Foods Market 711 University Avenue, Hillcrest, 619-294 2800. For vegetarians on the go, Whole Foods' prepared food section will feed you better - and faster - than any vegetarian restaurant in town. Outstanding selections include the Emerald Mushrooms salad, and especially the *farofa* salad — it's like American stuffing, but it's couscous studded with almonds, fat raisins, thin strips of scrambled egg, and bits of carrot and bell pepper. Whole Foods' vegetarian meals will tempt any meat eater with their delicious originality. La Jolla branch at 8825 Villa La Jolla Drive, 858-642-6700. Inexpensive to moderate. -

El Zarape 4642 Park Boulevard, University Heights, 619-682-1652. This stylish little Mexican restaurant on a tony stretch of Park Boulevard is proof that not all taco shop food is equal. Try a shredded beef or chicken taco or tostada and you'll know what we mean, with their generous mounds of juicy, slow-cooked meat. Many enjoy their unusual scallop burritos, vegetarian potato-filled burritos and rolled tacos, and well-prepared soups. We go for the stewed meat. El Zarape is dependable, serving Mexican with solid, homemade, handmade flavor. Three meals daily. Inexpensive. - M.N.

#### **NORTH INLAND**

Abbey's Real Texas BBQ — Kearny Mesa 9533 Clairemont Mesa Boulevard, Kearny Mesa, 858 279-7427. Texas barbecue consists of meat, chicken, turkey, and links that are repeatedly mopped with a marinade and cooked in a big cast-iron smoker (rather than grilled over a fire). Here they use mesquite to barbecue the poultry quickly and the brisket ve-r-r slowly. In addition to the usual BBQ sides (potato salad, coleslaw, beans etc.), they offer a Caesar salad. At the Miramar branch the room is large and unadorned but very clean. Wheelchair accessible. Same menu lunch and dinner. Open daily; continuous service for lunch and early dinner weekdays; normal dinner hours weekends. Inexpensive to low moderate. - N.W.

Centre City Café 2680 S. Escondido Boulevard, Escondido, 760-489-6011. In the quiet little "motel row" just north of Lake Hodges, this cute, friendly café serves classic American diner food, including all-day breakfast. The chicken-fried steak is exemplary, with a crackly batter crust and a smooth, peppery cream gravy. Several cuts of USDA Choice steaks are offered at rock-bottom prices, and early-bird dinners and daily specials offer amazing bargains. You can eat inside, in a coffee-shop ambience, or chow down on the dining terrace in front. Open daily, three meals. Huge portions, low prices. — N.W.

**China Max** 4698 Convoy Street, Kearny Mesa, 858-650-3333. The decor is plain and bright, the sound level loud, but this is a major resource for authentic Hong Kong cooking — creative and multiregional, filtered through the refined wizardry of the genuine Cantonese style. The seafood aswim in the live tanks includes such delicacies as black cod (bony but wonderfully sweet), Dungeness crab, and (if you've got the money) abalone but even inexpensive, homey dishes (e.g., wonton soup, crabmeat cakes) sing with flavor. Call ahead for reservations to avoid a wait at the door. A Pan-Asian community throngs here, for good reason. Lunch and dinner daily. Inexpensive to exorbitant but mainly moderate. — *N.W.* 

**Fiore's** 777 Harrah's Way, Valley Center, 877-777-2457. This is where Valley Center goes to celebrate special occasions. An island of serenity in the cacophonous casino, the restaurant offers fine certified-Angus grilled steaks and chops of various species. For a starter, the shrimp margarita is delicious. Choices include numerous seafood entrées, and for lighter eating there's an ovster bar attached. The best attraction is the long, adventurous wine list, offering international bottles at bargain prices with by-the-glass choices galore. Half the fun is matching wines to foods. The beer list is sophisticated, too, as are well-priced cognacs and aged ports. Business-casual dress code. Kids allowed in casino restaurants, not in gambling area. Reservations advised for weekends. Open for dinner daily. Moderate at oystar bar; upper moderate to very expensive in restaurant. - N.W.

**The Grill** 10920 Roselle Street, Suite #104, Carmel Valley, 858-587-7940. Sorrento Valley is where you commute to work, not to live, so forget warm neighborhood eateries. At first glance, the Grill is what you'd expect — standard strip mall, bare-bones furnishings office-lunch oriented. But the Greek owners give it character with generous but cheap breakfast dishes like the

Mediterranean omelet and lunch specials such as the luscious Philly cheese steak. And they're flexible. Want ba-con, sausage, and ham in your breakfast pita? They'll do all three, same price as with a single meat. Breakfast and lunch weekdays. In expensive. — E.B.

Hacienda de Vega 2608 South Escondido Boulevard, Escondido, 760-738-9805. This is a Mexican restaurant with a difference - or two. The setting is a gorgeous restored Old California-style hacienda set on two acres. including a verdant courtyard (complete with fountain) for fair-weather dining. The menu is also a leap upward from standard fare. Senora Vega offers authentic Mexican cuisine cooked in the sophisticated manner of Mexico City, her hometown — not border-food compromises. You'll find an array of fresh and interesting appetizers along with a wide choice of serious entrées featuring complex, delicious sauces. Each dish is seasoned to the optimum spiciness for its overall flavor — this is not the land of the bland. The Sunday all-you-can-eat brunch offers a whole sampling of goodies brought to your table, with refills as desired. Five vege-tarian entrées and a kiddie menu available; casual atmosphere. Full bar specializing in margaritas, of course. Open daily, lunch (or brunch) and dinner.

— N.W.

**Pho Hoa Hiep — Mira Mesa** 9910 Mira Mesa Boulevard #A, Mira Mesa, 858-578-1468. This pho (soup) place of the brothers Hoa and Hiep is a clean, busy eatery near hi-tech offices. It's popular at lunch and dinner, partly because of frequent two-for-one deals. Try the #1, Dac Biet Xe Lua, an extra large bowl of soup filled with rare steak slices and well-done brisket, flank, tendon, and tripe along with mint and bean sprouts. A popular breakfast *pho* is French bread with beef juicy cube soup. They also have rice dishes. And try the traditional fruit drinks, maybe the Xam Bo Luong, a combination of loganberry, black dates, seaweed, and lotus seeds in syrup. Lunch, dinner daily. Inexpensive. — *E.B.* 

**San Diego Artisan Bakers** 1551 South Escondido Boulevard, Escondido, 760-740-5963. This European style bakery specializes in hearty, handcrafted, slow-fermented breads made from natural ingredients. Recipes of the 24 loaves are from France, Italy, Germany, and the U.S. These loaves have textures and depths of flavor you'll never find in supermarket-bakery breads. And for breakfast or a snack, there's nothing better than settling on the front porch with a cup of espresso and one of the moist and chewy scones. Open Monday through Saturday, morning to late afternoon. Inexpensive. — N.W.

Sand Crab Cafe 2229 Micro Place, Escondido, 760-480-2722. Sandy Crabbe (honest, that's his name) owns this fun, funky dive in the wilds of in-dustrial Escondido near the San Marcos border. A visit offers the primor-dial, preschoolish joy of whacking crabs to pieces with mallets and eating them with your hands. (Bibs are optional.) Everybody gets into the party spirit. There's a huge à la carte list of appetizers, soups, snacks, and main courses often at bargain prices. Entrées include several crab-bucket combos, cooked to a well-seasoned boil with corn, potatoes, and spicy Louisiana sausage. Most of the shellfish were flash-frozen on shipboard, but they're still tasty. The melted non-butter "spread" accompanying them appeals to the area's many health-conscious residents. (Or you can BYOButter and they'll melt it for you.) Fine tangy housemade key lime pie is a perfect finale. Beer and wine and good margaritas. Open daily, lunch and dinner. Inexpensive to moderate. — N.W.

Seoul B.B.Q. 4344 Convoy Street, Kearny Mesa, 858-505-8700. This Korean restaurant means sitting before a sizzling cast-iron grill, sipping hot sake, the smell of grilled beef, grilled onions, and fresh garlic in the air. Try the Korean B.B.Q. marinated short ribs (tong galbi) or thick marbled slices of sirloin (beef gui). You'll enjoy all the accompanying dishes that make the meal, like crunchy seaweed salads, radishes in garlicky tomato sauce, slow-cooked potatoes with soy sauce and jalapeño pepper. Feeling adventurous? Go for the goat meat hot pot or Korean steak tartare (vukhwoe). This is sensual, elemental, hairy-chested food. Lunch and dinner six days, closed Sunday. - M.N.

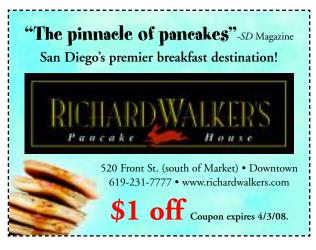
Spices Thai Cafe — Rancho Bernardo 16441 Bernardo Center Drive, Rancho Bernardo, 858-674-4665. Superb Thai restaurant that's not only elegant but whose food contains no MSG and very little fat. The seafood dishes rate highly. Among other deli-cacies are duck and frog legs. Put Spices Thai Café at the top of your list. Open daily for lunch and dinner. Inexpensive to moderate. — E.W.

#### **NORTH COASTAL**

101 Café 631 South Coast Highway, Oceanside, 760-722-5220. This is the oldest li'l eating establishment in Oceanside. Cooks have been flipping burgers here since 1928. The café is named after Route 101, the Pacific Highway. Old-timers remember when everyone from truck drivers to movie stars would stop for a bite before heading on to San Diego and Tijuana. Try the ABC (avocado, bacon, and cheese) Omelet, the 101 Original Cheeseburger with its "secret sauce," chicken-fried steaks with eggs and, of course, the Great Depression dish: biscuits with gravy and home fries. Open daily, three meals until midnight. Cash only. No alcohol. Inexpensive. — E.B.

Armenian Café 3126 Carlsbad Boulevard, Carlsbad, 760-720-2233, At this large cottage with a year-round heated sundeck overlooking Highway 101, the menu offers Armenian specialties cooked with a Lebanese accent as well as generic Middle Eastern crowd pleasers, including gyros made from scratch. Lamb shish kebab is the house specialty, a loss leader featuring tender premium lamb cubes with assertive seasonings, grilled over gas. Even better are distinctive dishes from the owner's family recipes: his mom's Lebanese *kibbe* (a large, glorified nut-filled lamb meatball) is outstanding, as is her kashta lea dessert — an exotic nutmeg sponge cake fragrant with rosewater syrup, topped with pistachios and thickened cream. Dinner platters constitute a full meal, including a great Armenian salad and a tasty dip for the meat, along with less-than-great egglemon soup, pilaf, and pita wedges. Wine list is dreary, but corkage fee is reasonable. Three meals daily. Live music and belly dancer Friday and Satur-day night. Moderate to slightly expensive. — N.W.

**Blanca** 437 South Highway 101, Solana Beach, 858-792-0072. The opening of sleek, sophisticated Blanca marks the arrival of our first 21st-century restaurant, highlighting perfect seasonal ingredients so radiantly and originally prepared that diners must rouse to rapt attention. Chef Wade Hageman, a protégé of renowned SF/Vegas chef Michael Mina, has imported a similarly complex, labor-intensive style of cooking that appeals as much to the mind as to the senses. He's imported a major Mina stratagem showcasing an individual ingredient by presenting it in several different incarnations within the same dish, like musical variations on a theme. Blanca's menu lists each item's pedigree and pri-mary garnishes, but those details don't begin to describe the behind-the-scenes enhancements of marinades, brines, rubs, soaks, and infusions that play subtle roles in the multilayered flavors



THE ONE AND ONLY TRUE

Thai Cafe

Coupons may not be combined.

Thai Tea or Soda 75¢

Lunch only. With coupon.



and receive a second entrée of equal or lesser value at 1/2 price. One coupon per table. With this ad. Expires 4/3/08.

አዋሽ 👿 ምግብ ቤት

**AWASH ETHIOPIAN RESTAURANT** 

4979 El Cajon Boulevard, San Diego www.awashrestaurant.com





\$9.99





that come to the table. Appetizers are especially adventurous, the wine list is exceptional (if mainly very pricey), and the restaurant's decor is as modern and polished as the food. Dinner only. Reservations required. Very expensive. — *N.W.* 

**California Bistro** 7100 Four Seasons Point, Carlsbad, 760-603-6868. This restaurant features fresh California cuisine in a beautiful, luxurious hotel dining room. Open 6:30 a.m. to 10 p.m. Sunday to Thursday (to 10:30 p.m. Friday and Saturday). Reserve for the Friday night seafood buffet (5:30 p.m. to 9 p.m.), which includes cooked seafood, sushi, and sashimi. Moderate to expensive. — *E.W.* 

California Pizza Kitchen — **Solana Beach** Highway 101, Solana Beach, 858-793-0999. Two Beverly Hills lawyers started this chain in 1985 to exploit "the premium pizza segment." Some 150 restaurants later, guess it worked. The place is all shiny chrome, glass, etched palm trees, golden wood and black furniture, and two pizza ovens with real logs burning inside. The Original BBQ chicken pizza, the chain's first hit, is still their top seller. It has barbecue sauce, smoked Gouda and mozzarella cheeses. BBQ chicken, red onions, and cilantro. The BBQ chicken chopped salad is good too, as is the jambalaya. If you've got a sweet tooth, but are embarrassed to order Hawaiian pizza, try the pear and Gorgonzola. It has caramelized pears, caramelized onions, Gorgonzola and other cheeses, and hazelnuts. —

Corner House Café & Pizzeria 11815 Sorrento Valley Road, Carmel Valley, 858-755-3183. This must be the last farmhouse standing in Sorrento Valley's glassy, glossy business park. Corner House Café shares the nearly century-old, yellow, two-story clapboard house with Lily's Closet Café and Caliente Mexican Food. You eat outside in patios and gardens among flowers, fountains, farm carts. It feels like the country. Sandwiches reign. Try the Ironman sandwich (chicken, avocado, cheese) or Sorrento's Choice (turkey, cream cheese, sunflower seeds). Also terrific are the full meals. No fancy tableware, but dishes like chicken tequila fettuccini with its green pasta and sinful golden creamy sauce are sophisticated, delicious, and interesting. Open daily till 5 p.m. (3 p.m. Saturday, closed Sunday). Inexpensive. — E.B.

Joey's Smokin' B-B-Q — Carmel Valley 4645 Carmel Mountain Road, Carmel Valley, 858-350-1317. Joey Maggiore doesn't produce Southern "Q" so much as So-Cal "Q" — more an homage to Memphis than anything you'd find in Memphis itself — but the tables include paper towel dispensers instead of napkins, a clear signal to go ahead and get messy. All the meats are smoked, not grilled, in true "Q" fashion. Pulled pork offers reasonably credible Memphis-style flavor and tenderchewy texture. Baby back ribs come in three versions: sweet ribs glazed with the "suh-weet" sauce, wet ribs glazed with the mild-spicy sauce, and dryrubbed ribs sprinkled with spice rub. Sweet or wet are the best. Chicken plates come in a variety of sizes and parts. Housemade hot links are well seasoned in the Louisiana manner but extremely salty. The list of sides is long and varied. Lunch and dinner daily. Inexpensive to moderate. — *N.W.*Juanita's Taco Shop Estilo

Tepatitlan — Encinitas 290 North Coast Highway 101, Encinitas, 760-943-9612. Enticing aromas of fresh tortillas and fragrant frijoles greet you as you enter this busy little taqueria, where the food's cooked in the style of Tepatitlan, a small city near Guadalajara. Its local specialty is carnitas — which Juanita's does up (by the plate or by the pound) as tender, non-greasy shreds, served with fresh, cilantro laden mild tomato salsita. Standard wraps are fine, too, and the beans taste as good as they smell. Try a "Flying Saucer" — it really takes off, with shredded meat, onions, mild chiles, beans, sour cream, shredded orange cheese, and puréed guacamole riding high on an airy crisped flour tortilla. Open daily, three meals, until 3 a.m. Friday and Saturday. Inexpensive. -

Kealani's 137 West D Street, Encinitas, 760-942-5642. Tucked between a 7-Eleven and a pizzeria, with an exterior sign that says "Saimin" (for Hawaii's version of Top Ramen), this island of the Islands prescribes "Living Da Aloha Spirit." A ukulele player sometimes serenades the noonday crowd at the sidewalk tables, and at any hour the food is "plate lunch" — two scoops of short-grain rice, mild housemade macaroni salad, and a choice of authentic "grines." Don't miss the outstanding kalua pig, zesty, smoky shreds of imu-style roast pork, resembling a moister version of Southern "pulled pork." The menu covers the whole panoply of island standards, from malasadas (Portuguese donuts) to musubi (Spam sushi), with a Saturday special of a luau's worth of "local food." While you're waiting, check out the droll Hawaiian vocabulary lessons under the glass tops of the tables. Open Monday through Saturday, lunch to early dinner. Inexpensive. — N.W.

**Milton's Deli** 2660 Via de la Valle, Del Mar, 858-792-2225. This sprawling, family-friendly eatery started out as a nonkosher Jewish deli, but has come to embrace diner food, pub grub, and Italian and Mexican favorites, along with a full cast of Ashkenazi noshes. Sit down and stuff yourself with stuffed cabbage, overstuffed deli sandwiches, crisp-skinned fat cheese blintzes, *matzoh brei*, hot brisket with latkes — or chicken-fried steak, if that's your bag. Or take out from the attached deli and bakery. The yummy chopped liver will remind you of the Bronx, the smoked whitefish and silky Nova will take you home to Flatbush, but the soft, cottony bagels — *oy!*, so *goy!* Seven days, three meals. Inexpensive to low moderate. — *N.W.* 

The Original 101 Diner 552 First where the caviar crowd from Rancho Santa Fe comes to remember their roots. It's got all the deliberately downhome cooking you could want, including all-day breakfast ranging from really cheap biscuits and sausage gravy to a pretty cheap top sirloin steak and eggs. For lunch, the bacon-Cheddar burger with fruit is a good surprise combo. The turkey-cranberry salad sandwich is also good, and try the spinach salad, with bacon, feta cheese, olives, mushrooms, and chopped egg. Even though this 101's vintage (1983) in no way compares with the Oceanside 101 Café's (1928), it has become a genuine part of Encinitas life — lines on the weekends will tell you that. Open for breakfast and lunch daily. Inexpensive. — N.W.

Pamplemousse Grille 514 Via de la Valle, Solana Beach, 858-792-9090. The locals' favorite French provincial restaurant offers exquisite, creative cooking. Favorites from an oftenchanging menu include white fish served any style, mushroom cappucini soup, and tarte Tatin. Serene atmosphere with excellent service. Dinner reservations urged. Dinner nightly, lunch Friday only. Dinners expensive. — F.W.

Poseidon 1670 Coast Boulevard, Del Mar, 858-755-9345. The two dining rooms and bar here boast airy, stylish decor and ocean views, and the SRO umbrella-shaded patio is right at water's edge. Lunches run to sandwiches, burgers, and fried seafood of ordinary competence and uneven preparation: wonderfully coconutty fried shrimp,

#### Easter Sunday, March 23 • 10 am to 3 pm The Island's Easter Sunday Champagne Brunch

Carving Station: Slow-roasted Prime Rib of Beef • Roast Lamb Leg and Baked Hawaiian Ham Alaskan King Crab Legs • Peel 'n' Eat Shrimp • Poached Smoked Salmon Pasta & Design-Your-Own Omelette Stations • Delicious Specialty Entrées Breakfast Station • Eggs Benedict • Hot Waffles • Fresh Bakery Creations Fresh and Delightful Salads • Chocolate Fountain with a host of condiments An Assortment of Cakes, Pies and Mini Pastries And, of course, plenty of Chilled Bubbly!

For reservations, call: 619.297.1101 ext. 3150 2270 Hotel Circle North • San Diego, CA 92108 www.cp-sandiego.com



HANALEI San Diego Adults: \$3695 Seniors (62+): \$3495 Children (6-12): \$1695 Children 5 and under are free













n Diego *Reader* March 20, 2008 **1** 

# Over 75 Restaurant Coupons at SDReader.com

Here's a small sample to whet your appetite!

#### Free vegetarian appetizer



location only. Valid 3-7 pm. Offer expires March 31, 2008. Expiration dates are renewed the last week of each month. Coupon not valid on



Sipz Vegetarian Fuzion Cafe

Enjoy Vietnamese, Thai, Chinese or Italian. All dishes are 100% egetarian, most dishes and desserts are also vegan.

9450 Scranton Road #114A, Sorrento Valley, 858-457-1103

Reader Coupons 619-235-3000



#### Free dessert

With minimum purchase of \$25. Offer expires March 31, 2008. Expiration dates are renewed the last week of each month. Coupon not valid on



Three restaurants, five lounges under one roof. Serving lunch and dinner.

7863 Girard Avenue, La Jolla, 858-456-8111 www.jackslajolla.com

Reader Coupons 619-235-3000

#### 50% off plate lunch



Buy 1 entrée at regular price and get 2nd entrée of equal or lesser value at 50% off. Offer expires March 31, 2008. Expiration dates are renewed the last week of each month. Coupon not valid on

#### Mo's Island Grindz

Island cuisine...from Hawaii. Lunch and dinner. Eat-in or take-out. Monday-Wednesday 11 am-8 pm, Thursday-Saturday 11 am-8:30 pm.

9823 Carrol Canyon Road, Scripps Ranch, 858-271-8268

Reader Coupons

#### Pacific Beach, Mission Beach & Ocean Beach

Atoll at the Catamaran Hotel

The Blue Parrot Bar & Grill **50% off entrée** 

Canes \$5 off any entrée

Café Joie **50% off lunch or dinner** 

Costa Brava Free tapa for lunch

Great Moon Buffet 10% off total bill

Gringo's Free appetizer at lunch

Lahaina Beach House **Free breakfast** 

Moondoggies 50% off second lunch

Pacific Beach Bar & Grill 2 for 1 entrée

Midway, Old Town & Mission Valley

Rockin' Baja Baja Bucket for two \$29.95

Royal Spices Thai Cuisine **20% off receipt** 

A Delight of France Free appetizer or dessert

The Ocean House **\$5 off Sunday brunch** 

Tio Leo's **Dinner combos \$9.49 each** 

Pacific Rotisserie Free entrée

P.B. Mika 99¢ sake

Portugalia Free entrée

Bali Thai Free entrée

North County

Wild Note Cafe

Pizza Bella **\$1 wine carafe** 

Calypso Free appetizer

Inta Juice Free smoothie

Greek Village Free saganaki

Mikko Japanese 50% off sushi

Rossi's Pizza Free mini pizza

Pho Lucky 10% off entire check

Santa Fe Cafe **50% off 2nd entrée** 

Sipz Free vegetarian appetizer

Saska's **\$12 off second entrée** 

#### East County & State College

Anna's The Family Restaurant 50% off second entrée Centifonti's Restaurant 50% off entrée

Fix Me A Plate Cafe 15% off any entrée

Golden Wok 10% off buffet

Greek Town Buffet 50% off 2nd dinner buffet

Habana Free appetizer

La Fogata 50% off entrée

San Diego Blenders **Free yogurt bowl** 

Shakey's Lunch buffet \$5.49

Stockdale's 50% off Southern Alabama cuisine

Thai Dragon House Free Thai entrée

Thai Taste 50% off 2nd entrée

Trevi Ristorante 50% off entrée

Windy City Beef 1/2 off menu item

#### <u>Uptown & North Park</u>

Café Bleu **Complimentary starter** 

Cay Nhan \$4.95 Vietnamese dishes

Coffee House on Broadway Free Mocha Jackson Harar Ethiopian Restaurant Free sambussa appetizer

Hob Nob Hill **\$2 off entrée** 

India Princess Free dinner

Lips 50% off dinner

Old World Deli & Café \$2 off breakfast or lunch

Rudford's \$2 off any menu entrée

Seasons 142 1/2 off tapas

The Wine Encounter **Free wine tasting** 

#### La Jolla

Aloha Sushi Free sushi

Cafe Milano Free Comedy Store tickets

Clay's La Jolla

Extreme Pizza Free medium pizza

Jack's La Jolla Free dessert

La Jolla Brew House **Free lunch or dinner entrée** The Shack Bar & Grill Burger, fries & beer \$6.95

Su Casa 20% off entire check•

#### Downtown & Point Loma

Alex's Brown Bag **Philly cheese steak \$5.49** 

The Boathouse 2-for-1 lunch or brunch

Dublin Square **2 for 1 breakfast** 

Hard Rock Café •

Hornblower Cruises

House of Blues 20% off restaurant receipt

Humphrey's

Jewel Box **2 for 1 entrée** 

The Local **\$3 Thursdays** 

McCormick & Schmick's Seafood Restaurant

Olé Madrid 2 for 1 lunch or brunch entrée

Petrini's Free entrée

Puerto La Boca Free Argentinian dessert

Richard Walker's Pancake House \$1 off entrée

**Rock Bottom** 

Sevilla \$10 off Spanish cuisine

The Shout House

Sierra Pacific 3-course gourmet dinner \$34.95

Visions 25% off sushi

Xavier's Free appetizer

#### Clairemont, University City, Miramar Rd., Poway, Mira Mesa, Scripps Ranch & Kearny Mesa

Boomerangs **Lunch special \$8.99** 

Crazy Sushi & BBQ 50% off special rolls

Filling Station Free appetizer

Kai Sushi 15% off all menu items Lightnin' Jack's BBQ Free BBQ

Mo's Island Grindz 50% off plate lunch

Pampas Free empanada

RB Sushi 50% off sushi and rolls only

Sky Box Sports Grill Burger special \$7.99

Thai Cafe **\$1 off buffet** 

VIP Oriental Buffet \$3 off all-you-can-eat buffet

#### South Bay & Coronado

Lai Thai 50% off entrée

120 San Diego Reader March 20,

for example, share a sampler plate with deadly-dry salmon croquettes. Dinner dishes are modern Cal cuisine is, a mix-and-match of Pacific Rim-Mediterranean-Mexican flavors, with some emphasis on seafood. But the view's the thing here. Full bar. Open daily, lunch and dinner; breakfast on weekends. Moderate to expensive. —

**Roxy Natural Foods Restaurant** 

517 North Coast Highway 101, Encinitas, 760-436-5001. You don't have to be a Self Realization Fellowship follower to fit in in Encinitas, but it helps. Roxy was made for the veggie crowd who've grown up around the famous seaside compound. These days, that includes surfers, vegans, and even visiting Hollywood stars picky about their food. Actually, it is no longer strictly a vegetarian eatery: the owners have added chicken and fish for Encinitas's "new people" — the carnivores buying up property in the hills. But the vegan-veggie spirit still rules. Most popular item on the menu is owner Shahram Naimi's own invention: the scrumptious Roxy falafelburger. Its green "meat" is made from garbanzo beans, potatoes, onions, cilantro, and herbs, all bedded down with tomatoes, a thick mat of sprouts, and melted cheese, covered by a wholewheat bun. For chicken lovers, the gar-lic chicken pizzas sell big-time. Other healthy treats include the three-egg avocado omelet with toast, the artichoke sandwich (with marinated artichoke hearts), and the squash enchilada dinner (steamed banana squash with corn bell peppers, and low-fat cream cheese in a flour tortilla). Payoff? You come out feeling good and full, not bad and bloated. Open daily, brunch through dinner. Inexpensive. — *E.B.* 

Star of India — Del Mar 3860 Valley Centre Drive, Del Mar, 858-792-1111. It's the lunch buffet that can lead you by the nose into Indian (and here, specifically Punjabi) food. Pick among specialties like vegetable pakora bunch of veggies dipped in chickpea batter and fried — or a nice mess of eggplant with potatoes, chicken curry masala, and maybe the first cooked spinach vou ever loved, palak paneer Open daily. Inexpensive to moderate

#### **SOUTH BAY**

Anthony's Fish Grotto — Chula Vista 215 West Bay Boulevard, Chula Vista, 619-425-4200. If you don't want overcomplicated food, Anthony's obliges. Fish and chips is still the sim-plest and the best. Or Mama's Platter, cod combined with batter-fried calamari, shrimp, oysters, scallops, and clam strips. Anthony's has been up and running for six decades now, with the buying power to get the pick of the catch. The menu offers 18 different seasonal fish to choose from, plus — if you've got the bread — delicious lobster dishes (in season) like lobster thermidor with a creamy, winey sauce. No reservations. Open daily, lunch through dinner. Moderate. — *E.B.* 

Café 1134 1134 Orange Avenue. Coronado, 619-437-1134. Since the place changed hands a couple of years back, the food has definitely gotten more interesting. Breakfast omelets, for

• Slow-Roasted Prime Rib Roast Turkey Breast

Poached Northwestern

Create-your-own Omelet

Pacific Salmon

• Bay Shrimp Ceviche

starters. The Cortez has sautéed shrimp, mushrooms, Jack cheese, avocado, sour cream, plus fruit or sautéed potatoes. *Paninis* like the Tuscany come stuffed with roast beef and bleu-cheese crumbles. They do a fine chicken pecan salad, too. But at heart this is still a Left Bank sort of coffee place for hanging out, talking, arguing, and having deep thoughts. Grab a joe or a large bottle of their hoppy Mermaid's Red Ale, take it outside, start a conversation. Open 5:30 a.m. to 10:30 p.m. (kitchen 7 a.m. to 9.30 p.m.) daily. Inexpensive. — *E.B.* 

La Costa Azul Mariscos 1037 Broadway, Chula Vista, 619-691 9812. Great family-run hangout for traditional seafood from Sinaloa and Navarit, Mexico's crackling-hot desert/coastal states. Their ancient Sinaloa dish aguachile (shrimp in spicy brine) is simple, mouth-sizzlingly effective, langostinos are lush, but maybe most satisfying are whole-fish dishes like pescado Veracruzano. Truly traditional offerings come in giant threelegged molcajetes. Even their less-traditional signature dish, Camarones Costa Azul (crab and cheese-stuffed, bacon-wrapped shrimp) arrives in a burning hot *molcajete*. Also delicious: the sizzle-plate fajitas mixtas, with shrimp, beef, chicken. Many customers come around sunset, just to sit with a cool drink under palm fronds on the patio. Even if you're actually on Chula . Vista's Broadway, it feels strangely like Cabo. Open daily, lunch and dinner. Moderate. —*E.B.* 

Crown Room 1500 Orange Avenue Coronado, 619-435-6611. Let's face it, this is one of the grandest entrances you'll make anywhere, into the enormous, gloomy, vaulted timber dining room where presidents, princes and Marilyn Monroe have chowed down. It's only open for Sunday brunch these days. The gigantic eat-till-you're-beat buffet feast ranges from omelets to salmon, crab legs, prime rib, dizzying desserts, and even a chocolate fountain for large parties, available upon request. The downside? Monroe was here to shoot *Some Like It Hot*, but (apart from the chocolate) most food ain't. It's ei-ther cold (like the croissants, though the chocolate chunk ones are delicious) or lukewarm (like prime rib and eggs Benedict — and those eggs could do with a lot more Benedict). But this is an Edwardian-scale social occasion and be seen. The food isn't great, but the atmosphere is grand. Open Sunday from 9:30 a.m. to 2:30 p.m. Expensive.— E.B.

L'Escale 2000 Second Street, Coronado, 619-435-3000. Probably the pink flamingos and bay views bring you here first. But L'Escale ("port of call" in French) delivers to the taste buds too. For "Northern Mediterranean cuisine with California flair," read: lots of pasta, fish, salads, sandwiches. Try the grilled salmon niçoise salad with its richly sauced fish, crunchy green beans, red potatoes, strong olives, and rosemaryflavored bun. Entrées like grilled chicken and mushrooms in Parmesan cream with penne pasta are safe enough. Or bone-in filet mignon. But for sheer architecture, check out the tuna salad sandwich wrapped in lavosh: three vertical Armenian bread tubes, angle-sliced to reveal interiors of tuna and greenery. Eat on the pool- and baysurrounded patio if you can. Breakfast,

lunch, dinner. Moderate to expensive. Tango Grille Argentine Steak

House 635 Broadway, Chula Vista, 619-420-0384. Play gaucho and enjoy the most authentic Argentine parrillada (mixed grill) in town at this charming, warmly decorated bistro about two minutes from the Chula Vista Shopping Center. Fine, smoky wood-grilled Colorado beef appears in several unusual cuts (including succulent steak-cut short ribs). You can choose from two different mixed grills (sized for one or two), the first with conventional meats, the other - the more adventurous - includes organ meats and blood sausage. For starters, there are brilliantly seasoned mini-empanadas of amazing lightness, as well as several interesting salads. Those not in a grilled-meat mood can opt for numerous pastas (including a big, meaty lasagna) or the ubiquitous *milanesa* (breaded beef or chicken patties) of the pampas. Portions are more than generous, and so are the flavors. Open daily. Low moderate. - N.W.

Village Pizzeria 1206 Orange Avenue, Coronado, 619-522-0449. Mootime Creamery owner David Spatafore decided to set up what he's always wanted: a cheap, back-east Italian, red-and-white-tablecloth, dangling-Chianti-bottle eatery where local families and amateur sports teams can come in and pig out. He wisely didn't destroy what was half of the famous old Mexican Village. Instant atmosphere! Ancient murals of guys with guitars serenading senoritas, arches, illuminated clusters of red grapes. The bad news: you might have to handle pumped-up kids' sports teams cramming the

## **ETHIOPIAN** BUFFET ALL-YOU-CAN-EAT

Fridays 6-10 pm, \$12 Many Vegetarian Choices

Organic Ethiopian

**Sampler Special** served daily

HARAR ETHIOPIAN RESTAURANT 2432 El Cajon Blvd. (Between Texas & Arizona Sts.) 619-295-3735 Mon-Sat 11 am-11 pm • Visa • MC

booths around you. The good news: great calzones and pizza by the slice. (Pizza-by-slice portions stop at 6 p.m.) Open lunch through dinner, seven days. Inexpensive.

#### **EAST COUNTY**

Antonio's Hacienda 700 North Johnson Avenue, El Cajon, 619-442-9827. If the decor hasn't been updated from its original 1960s-fabulous Old California Spanish, it's because there's been no need. The enormous darkwood chandeliers, the padded-leather wooden chairs, the chainsaw-weathered wood beams — all top-shelf and aging well. Families abound, reveling in the guitar trio and the exposed kitchen station - such atmosphere! And the flavors are user-friendly, sweetness muting the spice in the salsa and the ranchero sauce. The Camarones Tequila is a little more exciting, the sweetness of its bacon-wrapped shrimp gets a fine counter from the bitter liqueur in the marinade. Excellent Enchiladas Suizas: pale, mush-tender, shredded chicken wrapped in tortillas and doused with good, tangy green sauce. Lunch and dinner daily. Champagne brunch on Sunday, 9 a.m. to 2 p.m.; all-day buffet Sunday. Inexpensive to low moderate. — N.W.

Fred's Old Fashioned Burgers 2754 Alpine Boulevard, Alpine, 619-

445-1264. Up here, Fred's it and that's that. You really get a bang for your burger buck, from the cheap junior burger to quarter-pounders and halfpounders to Fred's three-quarterpound "monster burger." Even the innocent-sounding BLT sandwich comes loaded with six slabs of bacon. Maybe the most delicious burger sandwich is a quarter-pound patty slithered between sautéed onions and oozing with cheese under grilled sourdough. Also good: the grilled chicken sandwich and the patty-melt special with fries and soft drink. Really hungry? Order Fred's Alpine Goliath, a two-pound burger that needs a ten-inch bun to support it. But, as they say, be careful what you wish for. Seven days, 10:30 a.m to 8 p.m. Inexpensive. — *E.B.* 

The Kopper Kettle 12108 Woodside Avenue , Lakeside, 619-561-0628. "Early to bed, early to rise, sit at Kopper Kettle, tell big lies." The plaque says it all: the Kettle's Social Central for this part of Lakeside. But its other claim to fame is important, too: They broast Think broiling and roasting. They pressure-cook their chicken and their potatoes in oil. The result is a tastier, crisper, and less greasy chunk of chicken and wedges of potato that are crusty with light insides — great for dipping in their homemade ranch sauce. The menu features many broasted items, plus dozens of big-plate breakfast and lunch items. Expect tons of friendliness, traditional fare, less for the nuts

and twigs crowd. Open 6 a.m. to 3 p.m. daily. Inexpensive. — E.B.

Mediterraneo 1347 Tayern Road. Alpine, 619-445-9902. The vibe in this tasteful little trattoria (with adjoining bar) is young, and so is the chef, still slipping new dishes into a menu stuffed with local favorites. The pizzas are outstanding — such a lovely, airy, silken crust! Such wafer-thin rounds of pepperoni! Entrées change with the seasons. Desserts are big and sweet. When the weather's fine, dine on the patio and watch the sun drape light over the piney hills. Daily, lunch and dinner, plus Sunday brunch. Expensive.

Somewhere Else Coffeehouse & Bookstore 330 North Magnolia Avenue, El Cajon, 619-441-0480. Here, 100 years ago, stagecoaches and gold miners from Julian would raise a ruckus at this very crossroads every morning. Today, what has to be the smallest counter-restaurant with the tiniest kitchen in El Cajon serves up de-cent, straightforward breakfasts, soups, and sandwiches, along with good conversation that can't be a lot different from stagecoach days. Breakfast scrambles, burritos, and *panini* are filling. They have a little living room area packed with books and a cool deck out back. Coffee and a toasted bagel with tomato and avocado is delicious. But be good — Maria, the owner, is an ex-cop. Open for breakfast and lunch. Closed Sundays. Inexpensive. — E.B.





Includes salad bar. Valid Mon.-Fri. 11 am-3 pm. Weekends \$6.95. Expires 4/3/08.

M **Over 30** 7 arcade games &

#### **50% Off Medium Pizza**

Buy one medium pizza (\$12.25) and get 2nd medium pizza 1/2 off. Expires 4/3/08.

Reserve a party today for your fundraiser, birthday party, team party, scout group, etc.



5500 Grossmont Center Dr. #267, La Mesa • 619-463-0700 (In Grossmont Center between Sports Authority & Wal-Mart)
One coupon per person.



or oysters. 2 sides. Includes **free** house appetizer and dessert.

**Dinner for 2 \$36.98** (reg. \$50) With purchase of 2 drinks. Choice of entrée (jambalaya, rib tips, meat loaf, fried chicken, BBQ ribs), 2 sides, free house appetizer and dessert.

Sports games available on 3 screens

"\*\*\* Very Good" - S.D. Reader 2005 "Best Ethnic Restaurant 2006" - Daily Californian

858-270-8810

Reservations recommended

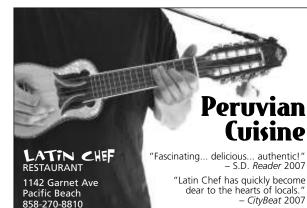
FIX ME A PLATE CAFÉ

9168 Fletcher Pkwy, La Mesa 619-466-6084 www.fixmeaplate.com Sat. & Sun. 12-8 Tues.-Fri. Lunch 11:30-2. Dinner 5-9 Se habla español



holidays or with other offers. Offer good through 4/3/08. Open daily Tues.-Sun. 6:30 am-8 pm, Mon. 6:30 am-3 pm

2271 First Avenue • 619.239.8176 A San Diego landmark since 1944 • Reservations accepted



Live music Friday • Catering available

San Diego Reader March 20,

Station

All for just \$23.99 per person Children 4-12 just \$9.99

Free-Flowing Champagne

Sunday Brunch!

12 noon

• Dessert Station

• Build-your-own Belgian

• Eggs Benedict until 12 noon

• Chicken Cordon Bleu after

plus many other selections!

Waffle Station

with your Easter

A small sampling of the dazzling display of family favorites:

Easter Sunday Brunch served from 9 am until 2 pm. Reservations recommended: 619-291-6500

RAMADA Plaza Hotel

2151 Hotel Circle So



## **North and South**

## All this is mere prelude to a shotgun wielded with malice.

wo Mondays ago I saw two films. In the morning was the advance screening of the American indie, *Snow Angels*, scheduled to open locally a week from Friday. I should probably, by custom, wait till

then to talk about it, but I'm in pursuit of a small point. The film, an interweave of ordinary lives in a wintry

Northeastern small town, has a number of attractions in it, starting with the clear bright wide-screen image, letting in a lot of décor and townscape, albeit much of it self-satirically quaint and cornball. Kate Beckinsale shows off, not for the first time, her impeccable American accent, and appears to have cut back on the collagen now that she's not hunting werewolves in a black leather bodysuit. And the slowly warming relationship between two tentative teens, a trombonist in the high-school marching band (Michael Angarano) and a bespectacled amateur photographer (Olivia Thirlby, the heroine's best friend in Juno), gives us a rooting interest in an otherwise tawdry tapestry of broken marriages, infidelity, betrayal, jealousy, vengeance, etc.

Two off-screen gunshots at the

outset, prior to a flashback to "weeks earlier," in effect echo over the entire length of the film. Everything that takes place in it is colored by the dread of those coming shots. Though they perhaps help slightly to spice up the

banality and leaven the boredom, while we work our way back to the starting point, I had to ask myself all

throughout, and afterwards, why it should be so difficult for American filmmakers of the "sensitive" and "intimist" persuasion to take an interest in ordinary lives unless the story has a hook or angle or outcome worthy of top placement on the Eleven O'Clock News. And I found myself, in quest of an answer, heading down some well-travelled roads, the American penchant for violence and preoccupation with power (or its lack), the jadedness of the public palate and hunger for sensationalism, the perversion of the democratic ideal whereby every individual becomes the center of the universe, demands attention and craves recognition, strains to out-shout Walt Whitman. Even the littlest indie can be infected. Paranoid Park and Sleepwalking, both of which open tomorrow, would have served



Snow Angels

almost as well as *Snow Angels*, boasting, between them, a grisly, grotesque killing and a potpourri of drug bust, child abandonment, child abduction, child abuse, patricide. I just didn't happen to see them on that Monday.

Sam Rockwell, the man behind the introductory gunshots, without question demands attention and craves recognition, chewing every stick and

sliver of scenery, reeking self-consciousness, while delivering his lines with roughly the sincerity of an Owen Wilson, and leaving a deafening lull whenever he's off screen. Admittedly, he's playing a failed suicide, a fitful Bible-thumper, and a sloppy drunk, unhappy over his visitation rights with his daughter, combative with his exwife's new married beau, who meets

him more than halfway: "I'll suck you right up my tailpipe, bro." But then again, Sam Rockwell similarly demands attention and craves recognition no matter what the role. And director David Gordon Green (*George Washington, Undertow, All the Real Girls*) gladly obliges him. Indulges him. There wouldn't be a film without him. Or his gun. Nevertheless I repeat my



# WIN A MOVIE PASS FOR TWO!



RUN RUN

To enter, visit the *Reader* website and click on "contests." <u>SDReader.com</u>

Deadline to enter is Friday, March 21, at 1:00 pm. Limit one entry per person. No purchase necessary.

In theatres March 28

question: Why? Why must true-tolife fiction gravitate to yellow journalism? The story here for the nightly news, needless to say, is not one of harassment, stalking, or restraining-order violation. That wouldn't rate. The missing child and then dead child would of course be adequate to qualify. All this, however, is mere prelude to a shotgun wielded with malice. But I've said enough about that. I might have more to say when the film opens. Probably not.

I contrast this with the second film I saw that Monday, no less colorfully photographed, maybe a shade more softly, a late afternoon public screening of the Argentine Ciudad en Celo, or City in Heat, an interweave of ordinary lives in balmy Buenos Aires, and in the final reckoning my favorite film at the San Diego Latino Film Festival. (I could have contrasted it with several less favored films I saw there, too.) True, in the opening scene when a husband walks in on his wife in flagrante delicto in their bedroom, he tiptoes straight to the kitchen drawer for a carving knife (the Argentinian penchant for violence: Land of the Gaucho, after all), but on returning to the bedroom a closer inspection of his wife's partner in sin, face down, reveals him to be the husband's brother. His cellphone interrupts. —Mom, I'm busy right now. —No, dear, don't hang up, I've been trying to reach your brother and I don't know where he is. And so he hands the phone to his brother, still lying atop his wife. It's ridiculous (in a good sense), it's funny, and it's not overplayed. The husband then boots them both out, vowing he never wants to see either of them again as long as he lives, and

indeed we never see them again. The action settles into the tranquil hub of the Garllington Bar, so named for the proprietor's divided loyalties between the tango master Gardel and the jazz master Ellington. True again, one of the cuckold's cronies at the café commits suicide. (I tend to go along, at least most of the way, with G.K. Chesterton when he says that a work of fiction can't have life in it if it doesn't have death.) But the filmmaker — Hernán Gaffet, making his first narrative film — has no interest in the actual event, the method of implementation, or the reason behind it. He has an interest only in its effect on two remaining cronies, plus an alluring tango singer who in past times has had romantic involvement with all three cronies. Each now unattached, at the verge of middle age, they daily come together at the café; they talk, they reminisce, they speculate, they analyze; and the affable proprietor puts in his two cents. When the core of comrades go to scatter their friend's ashes at water's edge and a flock of ducks swoop in to snack, they say exactly the sorts of things you would expect from mature, intelligent, humorous, and pained people: he's going to end up as duck shit, possibly pâté. Once more it's ridiculous, it's funny, and it's not overplayed. Unerringly, the actors intermesh in the fashion of a chamber-music ensemble, no one drowning out the others, no one demanding special attention, no one standing apart.

Individual storylines spin out from the central hub, occasionally in flashback, as tangible illustration of a line of talk, and new relationships begin to form: a standoffish girl picked up at a cemetery, a slapping and mugging victim, a panhandling bag lady. And an old relationship, that between



Ciudad en Celo

the tango singer and a former lover, stirs from the embers. No ties yet bind. The whole thing — the comingtogether, the spinning-out, the interweaving — has an unforced flow and a delicate touch. It's serious and it's light; searching and easygoing; philosophical and indecisive. (Were

it to be held up to mainstream Hollywood comedies instead of to indie slices of life, the contrast would be to the belief that unless you rupture a gut, it isn't a comedy. An extension, that, of the American penchant for violence.) True again, the film culminates with a stickup at gunpoint in the bar, but although there's a struggle for the gun and shots are fired, nobody gets hurt, the café camaraderie tightens in the aftermath, and by the time the cops arrive, looking at the dancing couples through locked doors (nothing here for the nightly news), they think they must have the wrong address. Fade to black. *Ciudad en Celo* deals in an outlook, an attitude, rather than in goals and attainments; an undying hope, rather than a happy ending or its opposite. I would not presume to say that it's very Argentinian, but I will venture it's not very American.

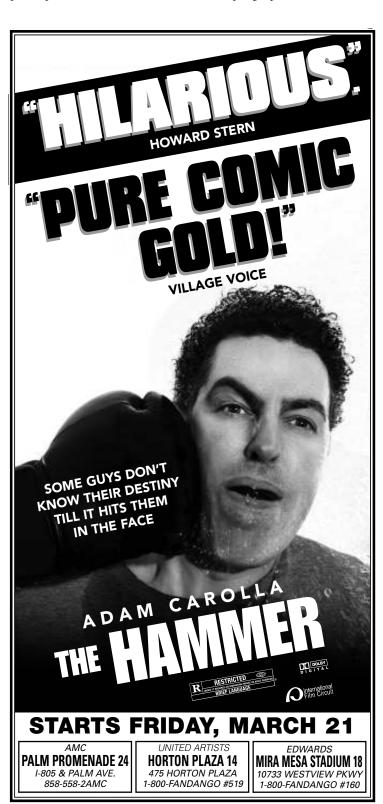
#### MOVIE LISTINGS

All reviews are by Duncan Shepherd.
Priorities are indicated by one to five stars
and antipathies by the black spot. Unrated
movies are for now unreviewed. Thousands of
past reviews sorted alphabetically, by year of
release and by rating, are available online at
SDReader.com.

**Atonement** — British, bookish period piece, from an Ian McEwan novel, about a young girl's misreading of the amorous activities of her elders, and its tragic conse-

quences. (A mole on the right cheek links the three different actresses who play the role, Saoirse Ronan in the Thirties, Romola Garai in wartime, and Vanessa Redgrave in modern day.) The movie starts rather sedately, despite some point-of-view tricks, in a commonplace country estate; and it then gets rather overblown in the war sequences, including a marathon Steadicam single take of the evacuation at Dunkirk. But all in all it's well-mounted, well-dressed, well-acted, and, well, dull. With Keira Knightley, James McAvoy, Brenda Blethyn, and Harriet Walter; directed by Joe Wright. 2007.

The Band's Visit — To be specific, the Alexandria Police Ceremonial Orchestra, an octet costumed in robin's-egg blue, visiting Israel for the inauguration of an Arab Culture Center, but taking a wrong turn to a sound-alike destination in the middle of nowhere, spending a night, getting to know the locals and vice versa, bridging a cultural gulf. The blend of comedy and pathos, under the direction of Eran Kolirin, might call to mind the cinematic heyday of Italian humanism, albeit with more of an absurdist deadpan. Only three of the eight band members receive sufficient screen time to become individualized in the least - the priggish leader, his stifled assistant, an unruly rookie — and Sasson Gabai as the first





of the three could stand alongside an Alberto Sordi or an Ugo Tognazzi (to place him in the company of comic-pathetic Italians), albeit with more reserve and decorum. Ronit Elkabetz, as his easygoing hostess, makes a lissomely sensuous foil. Imad Jabarin, Saleh Bakri, Khalifa Natour. 2007. ★★ (HILLCREST CINEMAS)

The Bank Job — "Based on a true story," or anyway on a true bank job, the knockover of Lloyds Bank, Baker Street, London, 1971. The filmmakers, headed by the veteran Australian-born director Roger Donaldson and screenwriters Dick Clement and Ian La Frenais, have taken advantage of the cloak of mystery that still surrounds the case, to concoct a salacious hypothesis that can't be disproved, other than by common sense. The British Secret Service, by this scenario, was the prime mover behind the raid, desirous of getting their hands on compromising pornographic photos of Princess Margaret — yes, Princess Margaret, cavorting with dark-skinned natives in the Caribbean — held in the safe-deposit box of a blackmailing Black Militant. But the way it goes down (as we say in the underworld), it is self-refuting. The notion that MI5, from a safe distance, and through a coerced middle-woman, would farm out the operation to an unknowing gang of petty criminals, novices at bank jobs, is ridiculous on the face of it. Ridiculous because of the high probability (assuming the novices could pull off the job in the first place) of its turning out exactly as it turns out on screen: the hot photos ending up in unpredictable hands. If a team of filmmakers can't find a true story that's any truer than this, they need to keep looking. Or better yet, start from scratch. The almost farcical complications, if taken with sufficient grains of salt, are diverting enough. And the Seventies period has its pleasures, not just the usual haircuts, bellbottoms, plaids, etc., but all that forgotten Black



Power stuff, and most particularly the rolled-back level of technology: a simple jackhammer, a concrete-penetrating blowtorch, some walkie-talkies, and an amateur ham radio that chances to pick up the backand-forth between the robbers in mid-job. A refreshing change, all that, from the computer-age hocus-pocus of Ocean's Eleven, .. Twelve, ... Thirteen, and their ilk. Jason Statham, Saffron Burrows, Stephen Campbell Moore, James Faulkner. 2008. ★ (CARMEL MOUNTAIN; DEL MAR HIGHLANDS 8; ESCONDIDO 16; FASHION VALLEY 18; HORTON PLAZA 14; LA JOLLA 12; MIRA MESA 18; MIS-SION VALLEY 7: MISSION VALLEY 20: OCEAN-SIDE 16; OTAY RANCH 12; PALM PROME-NADE 24; PARKWAY PLAZA 18; POWAY 10; RANCHO DEL REY 16; RANCHO SAN DIEGO 15; SAN MARCOS 18: TOWN SOUARE 14)

Be Kind Rewind — Twisted, tangled, snarled zaniness around a behind-the-times video store, facing foreclosure, in Passaic, N.J. An habitué of the place (Jack Black, at his most demonically possessed) unwittingly erases the entire stock after he becomes "magnetized" while attempting to sabotage the next-door power plant: "I didn't sabotage the power plant; the power plant sabotaged *me*." With the help of the phlegmatic clerk (Mos Def, a half-step faster than Stepin Fetchit), he then sets about to re-shoot every requested title on home video — for some reason, the re-shot movies are said to have been "Sweded" and thereby pumps new life into the business. Zaniness notwithstanding, there is a lumbering logic at work, a natural next step in the movie fan's expanding sense of entitlement: first a video store on every corner, then a camcorder in every pot, et voilà. My movies, my remakes, all mine. Director Michel Gondry, a specialist in zaniness if not nearly a master of it (The Science of Sleep, Human Nature, Eternal Sunshine of the Spotless Mind), apparently sees nothing wrong with any of these developments (Power to the People!), though he can't quite get out of the way of the steamroller of Copyright Infringement. His offhand style, by which he clearly conveys a looseness of standards, lacks the precision demanded of comedy. But his cheap knockoffs of big movies — Ghostbusters, Robocop Rush Hour 2, Driving Miss Daisy, The Lion King, et al. — have touches of invention that would do credit to any gang of let'sput-on-a-show neighborhood kids: e.g., the blood splatters. In the end, the film as a up for these knockoffs, which can be accessed, at your convenience, at a web address disclosed in the final credits. With Danny Glover, Melonie Diaz, Mia Farrow, Sigourney Weaver. 2008.

★ (GASLAMP 15; LA JOLLA 12; MISSION VALLEY 20: PALM PROMENADE 24)

The Bucket List — A feel-good death trip, directed by the crowd-coddling Rob Reiner, about two terminal cancer patients, a billionaire WASP and a blue-collar black, who bond as hospital roommates and set out together to do the things and see the sights they never had time for: skydive, car-race, get a tattoo, visit the Riviera, the Dark Continent, the Pyramids, the Great Wall, and along the way open themselves up to epipha-"The stars — it's really one of God's good ones." (Although they often have a book at hand in bed or on an airplane, you can't expect a screen character to use his final months to curl up at last with The Pickwick Papers.) The good feelings extend even beyond the grave: the action is narrated posthumously in the first-person omniscient, implicitly settling the amicable debate on the afterlife. A fair measure of your regard for Jack Nicholson and Morgan Freeman would be your pain at seeing them in such pap. Perhaps the closest contact with a real concern emerges in the former's probing question to the latter: "You always had those freckles?" Sean Hayes, Rob Morrow. 2007.

• (FASHION VALLEY 18; GASLAMP 15)

Horton Hears a Who! tomato pizzas that stand in for exit-wound whole seems little more than a tedious set-

**Definitely, Maybe** — A little girl's first

Sex Education class raises questions in her mind about where she came from, and raises the word "penis" repeatedly to her lips. The answers take the form of a "mystery love story" in which her father recounts in flashback his entanglement with the three leading ladies of his life. What's unusual, and not uninteresting, about this juggling act is the length of time that all three balls are kept in the air. But the juggler, the beady-eyed and metallic-voiced Ryan Reynolds, is not a man who projects honesty of feeling or elicits sympathy of response. With Elizabeth Banks, Isla Fisher, Rachel Weisz, Abigail Breslin, and Derek Luke; written and directed by Adam Brooks. 2008.

Chicago 10 — Radical nostalgia for a time when anti-war sentiment was working itself up to "the Second American Revolution." (A long way from the current sentiment against the war in Iraq.) The Democratic National Convention of 1968 and the subsequent trial of Abbie Hoffman, Jerry

Rubin, Tom Hayden, Bobby Seale, et al.,

are recalled in archive footage and comic-

bookish animated sequences, mostly in il-

present-day interviews or reportorial narra-

tion.) The story is well told and well worth

retelling. With the voices of Mark Ruffalo.

The Counterfeiters - Stefan Ruzowit-

sky's Holocaust survival tale, loosely based

on fact, tells how "the world's best counter-

Markovics) eases his existence in a Nazi

concentration camp by suppressing his

scruples and aiding the German war effort,

speedily mastering the British pound, but

then dilly-dallying over the U.S. dollar, the-

oretically affecting the outcome of the war.

It is a passably interesting tale to tell, a new

path through old territory, but the interest

is rather in the tale than in the telling. At

any number of stopping points along the

miliar (the bullet in the head, etc.), never

mind the refreshing route that led there.

And the coarse, raw, desaturated image,

whether a chosen cliché or an imposed

★★ (FLOWER HILL 4; LA JOLLA VILLAGE)

hardship, is at no point much to look at, a

harsh thing to say about a motion picture.

path, the sights are liable to seem all too fa-

feiter" (the long, long face of Karl

Liev Schreiber, Hank Azaria, Jeffrey Wright, Nick Nolte, and Roy Scheider; di-

rected by Brett Morgen. 2008.

★★ (KEN, THROUGH 3/20)

lustration of the court transcripts. (No

★ (CARMEL MOUNTAIN: FASHION VALLEY 18: IA IOLIA 12)

#### Diary of the Dead — George

A. Romero, passing off Ontario as his Pennsylvania habitat, raises more zombies for the purpose of running them further into the ground. The tetralogy hereby becomes a pentalogy. The borrowed Blair Witch gimmick of filmmaking students recording the events on shaky camcorders is more expedient than plausible; and the obligatory "social commentary" — mostly on the Babel of modern media — is now more self-conscious, overt, and verbalized, especially in the first-person narration of a film-within-the-film called The Death of Death. But there are still touches, dabs, bloody spatters of imagination and humor. With Michelle Morgan, Josh Close, Shawn Roberts, Amy Lalonde, and other unknowns, 2008.

★ (GASLAMP 15)

Doomsday — Mutant Mad Max. "Same shit, different era," as somebody says. All but wiped out by the Reaper Virus, walled off in quarantine for twenty-five years, Scotland in 2035 retains two hostile clans, heavymetal cannibals and retro-Medieval knights in armor. Enter, from the English side of the wall, a one-eyed kick-ass chick, the slender Rhona Mitra. Gleefully gory (a bunny rabbit, a grazing cow, multiple beheadings) and dismally derivative. With Bob Hoskins, Alexander Siddig, Adrian Lester, David O'Hara, and Malcolm McDowell; written and directed by Neil Marshall. 2008.

• (CARMEL MOUNTAIN; CHULA VISTA 10; FASH-ION VALLEY 18; HORTON PLAZA 14; MISSION MARKETPLACE 13; MISSION VALLEY 20; OTAY RANCH 12; PALM PROMENADE 24; POWAY 10; TOWN SQUARE 14)







Drillbit Taylor — Owen Wilson as a twobit bodyguard for bullied teens, directed by Steven Brill.

(CARMEL MOUNTAIN: CHULA VISTA 10: DEL MAR HIGHLANDS 8; ESCONDIDO 16; FASHION VALLEY 18; GROSSMONT CENTER; HORTON PLAZA 14; LA COSTA 6; LA JOLLA 12; MIRA MESA 18; MISSION MARKETPLACE 13; MISSION VALLEY 7: MISSION VALLEY 20: OCEANSIDE 16: OTAY RANCH 12; PALM PROMENADE 24; PARK WAY PLAZA 18; POWAY 10; RANCHO DEL REY 16; RANCHO SAN DIEGO 15; RIVER VILLAGE 6: SAN MARCOS 18: SANTEE DRIVE IN: TOWN SOUARE 14: VISTA VILLAGE: FROM 3/21)

Fool's Gold — Matthew McConaughey and Kate Hudson fight to out-cute one another, and out-bronze one another, as a still-in-love divorced couple on a Caribbean treasure hunt, in competition with a murderous rapper. Some of the brutality is truly brutal; none of the humor is humorous. With Donald Sutherland, Ray Winstone, Alexis Dziena, Ewen Bremner, and Kevin Hart; directed by Andy Tennant. 2008.

• (GASLAMP 15; MISSION VALLEY 20)

#### 4 Months, 3 Weeks, and 2 Days -

Romanian filmmaker Cristian Mungiu details a squalid quest for an illegal abortion in the final years of the Ceausescu regime, and discloses, in passing, a good deal about a way of life, and in particular about the foundation stone of the black market. Altogether a strong film, in the mode of rubyour-nose-in-it naturalism, availing itself of the aesthetic precepts selectively followed by the Danish Dogmatists, the Iranian Kiarostami, the Belgian Dardenne brothers, among others. Boiled down to a basic checklist: a humanoid camera, handheld and foot-propelled; a bias towards the "integrity" of long takes, whether static or kinetic; an observance of one or more of the classical unities (the action here lasts less than a day); location-shooting only, in "natural" light (a resultant greeny-gray overcast); no special effects; no background music. 4 Months toes the line, makes no missteps, and it holds interest if it doesn't quite stir excitement. The entire cast, helped perhaps by the unfamiliarity of its faces and its tongue, closely guards the illusion of reality. But Vlad Ivanov, helped most definitely by the natural dominance of his role as the outcall abortionist, unflaggingly stern yet unpredictably patient, is the clear standout. Nondescript in his physical features, casually attired in black leather jacket, striped sweater, and blue jeans, he manages to be intimidating, manipulating, and ultimately abusing without ever looming larger than life, a mundane villain. Although the film, like Vera Drake a few years earlier, doesn't debate the rights and wrongs of abortion (just another of the facts of life), it has something for both sides of the argument. It has, on one side, again like Vera Drake, a hazardous backstairs modus vivendi for which no one could be nostalgic and to which no one would choose to return. And on the other side it has, in a towel on the bathroom floor, an unmistakably human fetus whose exact age is told in the title, and only there. (The expectant mother is prone to waffle.) The rights and wrongs of it can't be properly debated till we've clarified what "it" is. The fetus, as "real" as everything else in the film, makes it clear. Anamaria Marinca, Laura Vasiliu, 2007.

★★★ (GASLAMP 15: LA JOLLA VILLAGE. THROUGH 3/20)

Funny Games - Michael Haneke's English-language remake of his own Austrian film of a decade earlier is not what it sounds like. Not fun and games, not funny ha-ha, not charades and Mad Libs. It has a good deal in common with his Caché, the clean tidy uncluttered images, the spooky absence of mood-punctuating background music, and, as a basic plot premise, a civilized family unit of husband, wife, and prepubescent son, suddenly unsettled in their contentment, shaken in their stability. We encounter them (Tim Roth, Naomi Watts, and, well able to simulate terror when required, Devon Gearhart) on the road in their SUV, towing their sailboat, the parents playing a game of Name That Tune with their opera CDs, en route to their gated vacation home on the lake. The good life. While it lasted. The abrupt interruption of Handel on the car stereo with the shrieking cacophony of John Zorn, as the blazing title fills the screen, is a forecast and a fair summary of what's ahead: the Home Invasion of every property owner's nightmares. The invaders (Brady Corbet and Michael Pitt, identically coiffed with unruly over-the-eye locks of hair) do not come on strong, in Clockwork Orange-style or even Desperate Hours-style; they come on sneaky, oddly dressed in co-ordinated white gloves and white-knit tops, but wellmannered and soft-spoken, like members of the Stanford tennis team. The tension is probably most unbearable, and most "effective" in the way of a conventional thriller, before the good manners give way to violence, before the cards are laid on the table. Once they have tipped their hand, the situation becomes somewhat static and monotonous, an extended exercise in discomfort, as the twin sadists put their victims through hoops; and the tension, in consequence, moves more into areas of style and treatment: the tension between the invaders' increasing cruelty and their continuing mild manner; the tension between the victims' unreal and melodramatic predicament and their natural and lifelike reaction to it; the tension between the crude thriller plot and the refinement of the presentation, the discreetly off-screen violence, the detached and clinical viewpoint, the fastidious visuals, the intellectual challenge to the viewer's expectations and hopes. 2008.

★★★ (HILLCREST CINEMAS; LA JOLLA 12)

The Hammer - Boxing comedy with Adam Carolla, Oswaldo Castillo, and Heather Juergensen, directed by Charles Herman-Wurmfeld

(HORTON PLAZA 14; PALM PROMENADE 24; FROM 3/21)

Horton Hears a Who! — Dr. Seuss adulterated: plumped-up graphics (faithful in bare outline); wised-up attitude (vocal impressions of Kissinger and IFK, a martialarts anime parody); dragged-out storytelling. The elephant's crossing of a rickety rope bridge is a good sequence (meanwhile, down in minuscule Whoville, a jostled dentist misses the mark with the novocaine needle, hits the patient in the shoulder, and turns his arm into a strand of spaghetti); and the lessons on tolerance and coexistence aren't lost in the grandiosity. With the voices of Jim Carrey, Steve Carell, Will Arnett, Seth Rogen, and Carol Burnett; directed by Jimmy Hayward and Steve Martino. 2008.

★ (CARMEL MOUNTAIN; CHULA VISTA 10; DEL MAR HIGHLANDS 8: ESCONDIDO 16: FASHION VALLEY 18; GROSSMONT CENTER; HORTON PLAZA 14; LA COSTA 6; LA JOLLA 12; MIRA MESA 18; MISSION MARKETPLACE 13; MISSION VALLEY 7; MISSION VALLEY 20; OCEANSIDE 16; OTAY RANCH 12: PALM PROMENADE 24: PARK-WAY PLAZA 18; POWAY 10; RANCHO DEL REY 16; RANCHO SAN DIEGO 15; RIVER VILLAGE 6: SAN MARCOS 18: SANTEE DRIVE IN: TOWN SOUARE 14: VISTA VILLAGE)

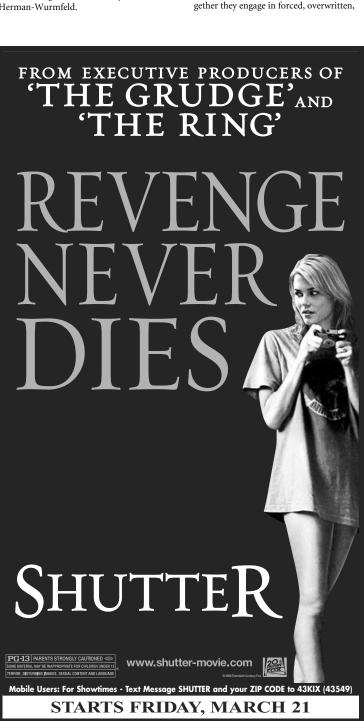
In Bruges — Writer-director Martin Mc-Donagh, in his feature debut, dispatches two British hit men to lie low, after a job with messy collateral damage, in the "fairytale" Medieval town near the coast of Belgium, where one of them (the tousled Brendan Gleeson) is interested in seeing the sights while the other (the tight-wire Colin Farrell) sizes the place up as a "shithole," excepting only a Bosch museum piece. Toexhibitionistic comic dialogue at some variance with the guilty conscience and the thoughts of suicide. Ralph Fiennes, attempting to do (if not outdo) Ben Kingsley in Sexy Beast, comes into it late as a hottempered, high-principled crime boss. A little later, bullets fly, blood flows. The beauties of the town survive all this, and even the wan photography. 2008.

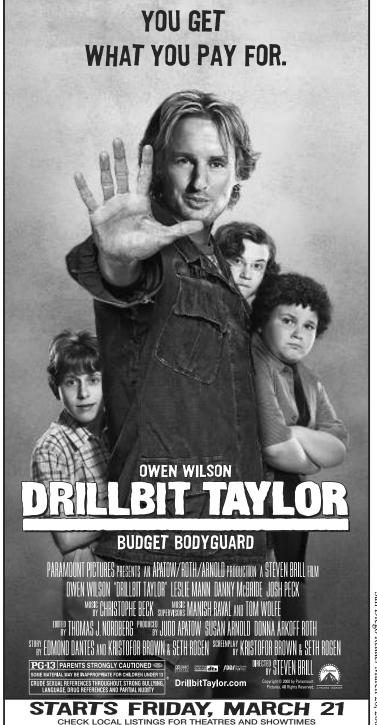
• (HILLCREST CINEMAS)

Jumper — Flashy adolescent fantasy about a bullied nerd who spontaneously acquires the supercool superpower of teleportation: the face of Big Ben one minute, surfing in Fiji the next, the head of the Sphinx the next. Hardly has this power been established, and hardly has the awkward teen morphed into Hayden Christensen, before he's on the run from a murderous partypooper known as a Paladin (the whitehaired Samuel L. Jackson), though that doesn't deflect the Jumper from a detour to woo his childhood crush (Rachel Bilson). Development is stunted; questions and confusion far outrun thrills and suspense. With Jamie Bell, Michael Rooker, and Diane Lane; directed by Doug Liman. 2008. ● (FASHION VALLEY 18: HORTON PLAZA 14: MIS-SION MARKETPLACE 13; OTAY RANCH 12; PALM PROMENADE 24)

Juno — A slow starter. In the title role of a pregnant Minnesota high-schooler (named after the Roman goddess of marriage, fidelity, fertility), the dry flat sardonic line-

delivery of Ellen Page, the angelic avenger of Hard Candy, is not easy to warm up to, no matter how much we might try to see it as an adolescent defense mechanism, or how much as humble emulation of Janeane Garofalo. And the garishly colorful dialogue, from first-time scripter and former stripper Diablo Cody, often tends to push too hard ("Being pregnant makes me pee like Seabiscuit"). The heroine, interested in simply finding a good home for the baby, not in making a profit off it, finds a possible taker in the weekly PennySaver ("next to the exotic birds"), a neat-freaky suburban couple in the gated confines of Glacial Valley Estates. It's there that things really begin to get interesting. Our initial arrival at the housing development is alone sufficient to convince us of Jason Reitman's directorial bona fides: a series of static shots of antiseptic House Beautiful after House Beautiful as the car passes across the screen, left to right, in front of each. And the prospective mother, Jennifer Garner (her piano-wire tautness put to good use), turns out to be the neater of the pair, someone who will studiously ponder "custard" versus "cheesecake" as the color for baby's room, while the prospective father, Jason Bateman, proves to be the freakier, a stay-athome composer of advertising ditties and a frustrated rock-and-roller. A curious, potentially dangerous after-school relationship blossoms between him and the heroine: he may be a commercial sell-out as a composer, but he's a person who can talk





FOR GROUP TICKET SALES INFORMATION CALL: 1-877-PAR-GRP5 SPECIAL ENGAGEMENT-NO PASSES OR DISCOUNT TICKETS ACCEPTED

Text Drillbit to 33287 for showtimes and mobile content. Standard messaging rates apply.

San Diego Reader March 20,





#### **THOMAS PIERCE**

Library technician, Encinitas

Pink Floyd The Wall has a dark, evocative story by Roger Waters and brilliant animation by Gerald Scarfe. It's essentially a feature-length music video directed by Alan Parker. Parker also directed Angela's Ashes (based on Frank McCourt's book and starring Emily Watson), which is another favorite DVD of

I think Peter Jackson did the best anyone could have hoped for with his adaptation of J.R.R. Tolkien's Lord of the Rings. It is flawed, of course, in my opinion by the substitution of essential scenes from the book with child-pleasing scenes not dreamt of by Mr. Tolkien.

#### PINK FLOYD THE WALL

(England) 1982, Sony Pictures List price: \$24.98

**New Line Cinema** 

ANGELA'S ASHES (USA/Ireland) 1999, Paramount List price: \$19.99

LORD OF THE RINGS TRILOGY (New Zealand/USA) 2001-03,

List price: \$37.98 (six discs)



The Songcatcher

#### **SANDY HOUSLEY**

Branch librarian, Encinitas, encinitaslive.com

To Kill a Mockingbird is one of my favorites, and the movie made me fall in love with the characters all over again. Relive this classic at our Big Read-Encinitas screenings.

The Songcatcher concerns a musicologist in the early 1900s who's passed over for a promotion because she's a woman. She heads to Appalachia to capture the ballads and folk songs of the region. The scenery and music are the compelling backdrop for her struggle to win the trust of these mountain people who change her in the process.

The World's Fastest Indian distinguishes itself with one of my favorite Anthony Hopkins performances. An old New Zealander takes his rebuilt Indian motorcycle to Bonneville Flats to set a world land-speed record.

TO KILL A MOCKINGBIRD (USA)

1962, Universal List price: \$19.98

THE SONGCATCHER (USA) 2000, Lionsgate

List price: \$14.98

THE WORLD'S FASTEST INDIAN

(New Zealand/USA) 2005,

Magnolia List price: \$14.98



by Bharat Nalluri. 2008.

COS 18: VISTA VILLAGE)

• (FLOWER HILL 4; GROSSMONT CENTER; HOR-

TON PLAZA 14: LA JOLLA VILLAGE: MIRA

MESA 18: MISSION VALLEY 20: SAN MAR-

Never Back Down — A teenage Tom

Cruise impersonator (Sean Faris) risks his

Arts, a self-labelled "quick learner" looking

for retribution against the class bully. The

filmmakers show their interest by continu-

ally changing the level of color saturation as

if fiddling with the settings on a TV remote.

Djimon Hounsou; directed by Jeff Wadlow.

With Amber Heard, Cam Gigandet, and

● (CARMEL MOUNTAIN: CHULA VISTA 10: DEL

MAR HIGHLANDS 8; ESCONDIDO 16; FASHION

VALLEY 18; HORTON PLAZA 14; LA COSTA 6;

LA JOLLA 12; MIRA MESA 18; MISSION MARKET-

PLACE 13; MISSION VALLEY 20; OCEANSIDE 16;

VILLAGE 6; SAN MARCOS 18; TOWN SQUARE 14;

No Country for Old Men — The Coen

brothers' first literary adaptation, from a

Cormac McCarthy original, an overflow-

folksy first-person social commentary in italics, about a Texas good ole boy who

stumbles upon the internecine scene of a

satchel of cash, and tries to ditch the impla-

and sharing the directing credit as they only

began to do with The Ladykillers, the broth-

ers were smart to cut down the social com-

block of voice-over at the outset ("Some of

gun"), and to sprinkle any additional such

("Once you quit hearing 'sir' and 'ma'am,"

the rest is soon to follow"). Without those

repeated and repetitive interruptions, the

simple pursuit narrative — the killer pursu-

both — unfolds as lean, linear, streamlined,

and yet slow, steady, and long, never very

deep. And on the Coens' part, never very

inventive. They have followed McCarthy's

blueprint scrupulously, even slavishly, and

dialogue; and the major unconventionali-

ties in this mostly conventional thriller are

all his. (For better or for worse.) To be sure,

supremely skillful, attentive to the minutest

detail. And while the body count climbs

agony, and with no artificial boost from

any background music. (The Coens' regular

composer, Carter Burwell, gets credited for

the exit music.) Certainly a personal touch,

a personal sense of humor, comes into the

motel clerk, hotel clerk, trailer-park man-

ager, etc., etc. And perhaps a somewhat un-

seemly humor, or at least unseemly delight,

chopathic killer, with his robotic delivery of

weapon (a compressed-air tank for blowing

comes into the characterization of the psy-

lines, his torturous banter, his gimmicky

locks out of doors and blowing holes in

Humperdinck haircut circa 1972 (hair hu-

mor always being big with the Coens).

Tommy Lee Jones, Javier Bardem, Josh

Brolin, Kelly Macdonald, Woody Harrel-

heads), and above all his Engelbert

son. 2007.

local-color cameos of gas-station attendant.

numbingly high, the tension in individual

the Coens are meticulous technicians,

set pieces is teased out to an exquisite

have bountifully harvested his lip-smacking

mentary - the Decline of Western Civi-

third-generation lawman — to a single

the old-time sheriffs never even wore a

commentary lightly into the dialogue

ing the filcher, the lawman pursuing

lization as viewed by an aging

cable hired killer (among others) on his

trail. Sharing the writing credit as always

drug deal gone bad, makes off with a

ingly bloody pulp thriller, plumped up with

OTAY RANCH 12: PALM PROMENADE 24: PARK-

WAY PLAZA 18: POWAY 10: RANCHO DEL

REY 16; RANCHO SAN DIEGO 15; RIVER

VISTA VILLAGE)

pretty face in after-school Mixed Martial

#### **IRENE HENDRICKS**

Assistant branch manager, **Encinitas library** 

Angel-A is a beautifully rendered movie in which French director Luc Besson chooses black and white to juxtapose different aspects of the film: good and evil; the beauty of Paris and the ugliness of its underworld; even the heights of the main characters.

In Parenthood. Steve Martin and Mary Steenburgen give wonderful performances as parents of children who challenge and beguile. Ron Howard ties up this fantastic package with astute and timely

James Cameron is capable of doing what few action-film directors can: meld action, sci-fi. and character development with humor and gripping moments of fright without overindulgent gore. In Aliens, Sigourney Weaver is given the opportunity to fulfill a maternal instinct that was seemingly lost with decades of hypersleep.

ANGEL-A (France) 2005, Sony Pictures List price: \$29.95

PARENTHOOD (USA) 1989, Universal

List price: \$19.98

ALIENS (USA) 1986, 20th Century Fox

List price: \$19.98 (two discs)

music to a teenager, and he demonstrates "decent taste in slasher movies" (e.g., Herschell Gordon Lewis's The Wizard of Gore, another impediment to our warming up to the heroine). Over time, the film builds, and it does so with proficiency, patience, and foresight. If the heroine is never wholly embraceable, the surrounding characters go far to compensate, specifically J.K. Simmons as her droll laconic dad, Allison Janney as her worldly-wise, even-keeled mom, and above all, Michael Cera as her shuntedaside, unassertive, but ever-faithful boyfriend, the baby's biological father, and a cooler dude than you'd ever guess from his track-team togs. And if the dialogue is unabatingly overcolored, at least the hues are spread around democratically, 2007.  $\bigstar\star\dot{\bigstar}$  (CARMEL MOUNTAIN; HILLCREST CINE-MAS; LA JOLLA 12; MISSION MARKETPLACE 13;

Married Life — Tepid adaptation of a classic John Bingham thriller, Five Roundabouts to Heaven, moved to America, but kept in the post-WWII period, and instilled with a modern condescension to the past, along with a modern irony, drollery, jadedness. The casting and playing of Pierce Brosnan and Chris Cooper tip off the plot developments well ahead of time. With

PALM PROMENADE 24)

Rachel McAdams and Patricia Clarkson; directed by Ira Sachs. 2008.

★ (LA JOLLA VILLAGE)

Michael Clayton — The title figure is the designated fixer for the elite Manhattan law firm of Kenner, Bach & Ledeen, touted as a "miracle worker" but more modest in his self-assessment: "I'm not a miracle worker, I'm a janitor. The smaller the mess, the easier it is for me to clean it up." And a threebillion-dollar class action suit against his firm's biggest client, United Northfield, or UNorth for short, makes a very big mess. Aside from being George Clooney, the hero doesn't look like much. Crushed under a mountain of debt, sworn off the gambling habit (notwithstanding a prefatory relapse at the poker table), run ragged by his job, begging his boss for an advance and getting the brush-off, he has little time for his neglected son and none for a shave. In addition to all that, Clooney has firmly suppressed the head-waggling smugness that so often chills his charm. In fact he has sunken into the part quite deeply and depressively. We keep waiting to see some sign of a miracle. And waiting. In its bald essentials the soulless law firm, the monolithic corporation, the robotic hit men, the stirrings of conscience and poses of piety, the mechan-

standard-issue. But screenwriter (the Bourne series) and first-time director Tony Gilroy, beginning with the nonlinear narrative arrangement, has devised an all-over strategy of tease and obfuscation, very clever at disguising the lack of cleverness. Very clever, that is, in presentation, not in plot, character, idea. If we sometimes grow weary of not knowing what the hell people are talking about, we never altogether get weary of wanting to know. Tilda Swinton, Tom Wilkinson, Sydney Pollack. 2007.

★★ (GASLAMP 15)

#### Miss Pettigrew Lives for a Day -

Stagy farce under the shadow of approaching war in the London of the Thirties. An unemployed and all but unemployable governess stumbles, through a chance of mistaken identity, into the temp job of social secretary for a visiting American chanteuse. The underemployed Frances McDormand seems a little miscast in the title role, which is to say, for one thing, that her British accent is not up to her Minnesotan in Fargo. The cranked-up players all around her try and try to keep pace with the despotic bigband beat on the soundtrack. And fail and fail. Amy Adams, Mark Strong, Lee Pace, Shirley Henderson, Ciarán Hinds; directed

ics of comeuppance — the film is fairly

★★★★ (CARMEL MOUNTAIN; HILLCREST CINE-MAS: PALM PROMENADE 24: TOWN SOUARE 14)

The Orphanage—Spanish ghost story that strives at all times to stay within arm's reach of ambiguity — real ghosts or overheated imagination? — in the mold of the Henry James prototype, The Turn of the Screw, or at any rate in the mold of the academic squabbles over it. James may have set out to write a straightforward ghost story, but was, bless his unsullied soul, incapable of it. Director I.A. Bayona is no James, nor is he even a Jack Clayton, the judicious filmmaker who turned The Turn... into The Innocents on screen. The basic situation

without doubt seems primed for "resonance," and the lead actress, Belén Rueda, seems primed almost for spontaneous combustion. An adopted orphan returns to the palatial orphanage thirty years later, with plans to reopen it, and with an adopted, HIV-positive orphan of her own. The boy, already inclined towards imaginary playmates, appears to have made contact with the ghosts of half a dozen children still hanging about the place, and soon goes missing. His mother then goes bananas. Bayona's tightwire act of trying to walk a line of psychological subtlety while also trying to keep genre addicts on the hook tends to make the obligatory jolts feel all the more forced and factitious: the premonitory music, the startling noises, the creaking hinges, the magnified eyes of the prunefaced old lady behind her coke-bottle lenses, the fingers slammed in the bathroom door and the backward jackknife into the tub, the plowed-over pedestrian and the gruesome makeup on the carcass. Through all that, we are apt to remain, in common with the rational husband and policewoman, unconvinced and unmoved. Ambiguity will have that effect. The climax, when the heroine is at last left alone in the house, nevertheless crams in two or three good shivers, but it goes on three or four steps too far. Fernando Cayo, Roger Princep, Geraldine Chaplin. 2007.

★ (FLOWER HILL 4: MISSION VALLEY 7: FROM 3/21)

The Other Boleyn Girl — Another installment in the long-running royal soap opera. Think of it as Elizabeth: The Genesis, an hysterical-historical story of court intrigue, concentrating heavily, and heavybreathingly, on bedroom intrigue, the sibling rivalry over the affections of Henry VIII. The "other" Boleyn girl, as she is self-described in the dialogue, turns out to be the one we know best, Anne, second wife of Henry, mother of Elizabeth (too peewee to be played here by Cate Blanchett), and famously cleaved at the neck. A saucy young lass, so bold as to use the word "thighs" in direct address to the King, she is also, in this telling (very different from Anne of the Thousand Days, with Genevieve Bujold), the "bad" Boleyn girl, despite the fact that she is the one who withholds her favors till after the wedding, a bit of leverage wielded with all the calculation of the classical femme fatale, the man-trap, the gold-digger, the homewrecker, the bewitcher, enticing Henry (a brawny Eric Bana) to split not just with the sitting Queen but with the Pope in the bargain, and to situate himself at the head of the Church of England. The cool, porcelain Natalie Portman, looking like the snooty girl in the front row of freshman Physics, hardly seems at first glance to fill the bill, and in the final reckoning falls far short. (The "good" Boleyn girl, the lesser-known Mary, is the one who, while still a newlywed, has an earlier stint as the King's mistress, although the pouty Scarlett Johansson makes plain that that was a position she never sought nor desired.) The creative team - TV director Justin Chadwick, screenwriter Peter Morgan (The Queen), original novelist Philippa Gregory, whoever else — more or less corroborate the Crown's smear campaign against Anne, in effect endorsing her beheading, and standing in roughly the same relation to Henry as Fox News to George W. Bush. With Kristin Scott Thomas, Mark Rylance, David Morrissey, Jim Sturgess, and Ana Torrent.

★ (CARMEL MOUNTAIN; ESCONDIDO 16; FASH-ION VALLEY 18; FLOWER HILL 4; GASLAMP 15; GROSSMONT CENTER: LA COSTA 6: LA JOLLA 12: MIRA MESA 18; MISSION VALLEY 7; MISSION VALLEY 20: OTAY RANCH 12: PARKWAY PLAZA 18; RANCHO DEL REY 16; SAN MAR-COS 18; TOWN SQUARE 14)

Paranoid Park — Gus Van Sant revisits the milieu of alienated, inarticulate youth, the milieu of his *Elephant*, only this time it's Portland skateboarders and a single impromptu killing, making up in gruesomeness what it lacks in multitude. You should know, from past experience, to expect it to be good-looking (the virtuoso Christopher Doyle, cinematographer, shooting in an old-fashioned 4:3 aspect ratio), and also to expect it to be boring, pretentious, and arty:

## **MOVIE SHOWTIMES**

Bargain showtimes are in parentheses.

#### **CENTRAL**

#### **CLAIREMONT**

#### **Town Square 14**

4665 Clairemont Drive (858-274-1234) The Bank Job (R); Doomsday (R); Drillbit Taylor (PG-13); Horton Hears a Who! (G); Never Back Down (PG-13); No Country for Old Men  $(R); \mbox{The Other Boleyn Girl} \label{eq:old_def}$  $(PG\text{-}13); \textbf{Semi-Pro}\;(R); \textbf{Shutter}\;(); \textbf{10,000}$ B.C. (PG-13); Under the Same Moon (); Vantage Point (PG-13)

#### **DOWNTOWN**

#### Gaslamp 15

701 Fifth Avenue (619-232-0400) Atonement (R); Be Kind Rewind (PG-13); The Bucket List (PG-13): Diary of the Dead (R); Fool's Gold (PG-13); 4 Months, 3 Weeks, and 2 Days (Not Rated); Into the Wild (R); La Vie en Rose (PG-13); Meet the Browns (PG-13); Michael Clayton (R); The Other Boleyn Girl (PG-13); Shutter (); There Will Be Blood (R)

#### Horton Plaza 14

Horton Plaza (619-444-FILM) The Bank Job (R) Fri. (11:00, 1:30, 4:10) 7:10, 9:45 Sat. (4:10) 7:10, 9:45 Sun. (11:00, 1:30) 4:10, 7:10, 9:45; College Road Trip (G) Fri. (10:45, 1:00, 3:05, 5:10) 7:35, 9:50 Sat.-Sun. (10:45, 1:00, 3:05) 5:10, 7:35, 9:50; **Doomsday** (R) Fri. (10:00, 12:30, 3:00, 5:30) 8:00, 10:30 Sat.-Sun. (10:00, 12:30, 3:00) 5:30, 8:00, 10:30; Horton Hears a Who (G) Fri. (9:35, 11:30, 12:00, 1:55, 2:25, 4:20, 4:50) 6:45, 7:15, 9:10, 9:40 Sat.-Sun. (9:35, 11:30, 12:00, 1:55, 2:25) 4:20, 4:50, 6:45, 7:15, 9:10, 9:40; Drillbit Tavlor (PG-13) Fri. (11:15, 1:45, 4:15) 7:00, 9:30 Sat.-Sun. (11:15, 1:45) 4:15, 7:00, 9:30; **The** Hammer (R) Fri. (10:20, 12:40, 3:10, 5:35) 7:55, 10:10 Sat.-Sun. (10:20, 12:40, 3:10) 5:35 7:55, 10:10; **Jumper** (PG-13) Fri. (10:40, 12:50, 3:05, 5:20) 7:30, 9:55 Sat.-Sun. (10:40, 12:50, 3:05) 5:20, 7:30, 9:55; **Miss Pettigrew Lives for a Day** (PG-13) Fri.-Sun. (10:05, 12:20, 2:35, 5:00) 7:20, 9:35; **Never Back Down** (PG-13) Fri. (10:30, 1:10, 4:05) 7:25, 10:00 Sat.-Sun. (10:30, 1:10) 4:05, 7:25, 10:00; **Semi-Pro** (R) Fri. (10:10, 12:25, 2:40, 4:55) 7:05, 9:15 Sat.-Sun. (10:10, 12:25, 2:40) 4:55, 7:05, 9:15; **10,000 B.C.** (PG-13) Fri. (9:45, 12:15, 2:45, 5:15) 7:45, 10:15 Sat.-Sun. (9:45, 12:15, 2:45) 5:15, 7:45, 10:15; **The Metropolitan Opera:** Tristan und Isolde () Sat. 9:30p.m.; Under the Same Moon (PG-13) Fri. (10:15, 12:45, 3:15, 5:45) 8:15, 10:45 Sat.-Sun. (10:15, 12:45, 3:15) 5:45, 8:15, 10:45; **Vantage Point** (PG-13) Fri. (11:05, 1:20, 3:30, 5:40) 7:50, 10:05 Sat.-Sun. (11:05, 1:20, 3:30) 5:40, 7:50,

#### **LA JOLLA**

8657 Villa La Jolla Drive (858-558-2262) The Bank Job (R) Fri. 12:00, 2:30, 5:00, 7:35, 10:20 Sat. (11:20) 2:00, 4:45, 7:35, 10:20 Sun 2:00, 4:45, 7:35, 10:20; **Be Kind Rewind** (PG-13) Fri.-Sun. 1:30, 7:10; **Definitely**, **Maybe** (PG-13) Fri. 4:15, 9:40 Sat.-Sun. (10:40) 4:15, 9:40; **Horton Hears a Who** (G) Fri. 12:30, 2:55, 5:20, 7:45, 10:05 Sat.-Sun. (10:25) 12:40, 2:55, 5:20, 7:45, 10:05; **Drillbit Taylor** (PG-13) Fri. 12:20, 3:00, 5:30, 8:10, 10:45 Sat.-Sun. (10:15) 12:35, 3:00, 5:30, 8:10, 10:45; **Funny Games** (R) Fri. 1:40, 4:20, 7:00, 9:45 Sat. 4:20, 7:00, 9:45 Sun. (11:05) 1:40, 4:20, 7:00, 9:45; **Juno** (PG-13) Fri. 12:40, 3:15, 5:35, 8:00, 10:25 Sat. (10:35) 12:55, 3:15, 5:35, 8:00, 10:25 Sun. 12:55, 3:15, 5:35, 8:00, 10:25 Never Back Down (PG-13) Fri. 1:20, 4:05, 6:45, 9:30 Sat. (10:30) 1:20, 4:05, 6:45, 9:30 Sun. 6:45, 9:30; The Other Boleyn Girl (PG-13) Fri. 1:10, 4:10, 7:05, 10:00 Sat.-Sun (10:45) 1:25, 4:10, 7:05, 10:00; Semi-Pro (R) Fri. 1:00, 3:30, 5:45, 8:05, 10:35 Sat. (11:00) 1:15, 3:30, 5:45, 8:05, 10:35 Sun. 1:15, 3:30, 5:45, 8:05, 10:35; **Shutter** () Fri. 12:50, 3:20 5:40, 7:55, 10:15 Sat.-Sun. (10:55) 1:05, 3:20, 5:40, 7:55, 10:15; **10,000 B.C.** (PG-13) Fri. 1:50, 4:30, 7:15, 10:10 Sat.-Sun. (11:10) 1:50, 4:30, 7:15, 10:10; **Vantage Point** (PG-13) Fri. 12:10, 2:45, 5:05, 7:25, 9:50 Sat.-Sun. (10:20) 12:30, 2:50, 5:05, 7:25, 9:50

**La Jolla Village** 8879 Villa La Jolla Drive (619-819-0236) Married Life (PG-13) Fri. 2:20, 4:50, 7:30, 10:00 Sat.-Sun. 11:50, 2:20, 4:50, 7:30, 10:00; Miss Pettigrew Lives for a Day (PG-13) Fri. 2:10, 4:40, 7:20, 9:50 Sat.-Sun. 11:40, 2:10, 4:40, 7:20, 9:50; The Counterfeiters (Die Falscher) (NR) Fri. 2:00, 4:30, 7:10, 9:40 Sat. Sun. 11:30, 2:00, 4:30, 7:10, 9:40; Under the

Same Moon (La Misma Luna) (PG-13) Fri. 1:50, 4:20, 7:00, 9:30 Sat.-Sun. 11:20, 1:50, 4:20, 7:00, 9:30

#### MIRA MESA

#### Mira Mesa 18

10733 Westview Parkway (858-635-7700) Drillbit Taylor (PG-13) Fri. (11:45, 2:20, 4:55) 7:30, 10:05; The Metropolitan Opera: Tristan und Isolde Sat. 9:30p.m.; Tyler Perry's Meet the Browns (PG-13) Fri. (11:20, 1:50, 4:25) 7:00, 9:40

#### **MISSION VALLEY**

#### **Fashion Valley 18** 7037 Friars Road (858-558-2262)

**The Bank Job** (R) Fri.-Sun. (11:10) 2:05, 4:50, 7:45, 10:25; **The Bucket List** (PG-13) Fri.-Sun. 12:10, 2:35, 5:05, 7:35, 10:05; **College Road Trip** (G) Fri.-Sun. (11:25) 1:50, 4:10, 6:40, 9:05; **Definitely, Maybe** (PG-13) Fri.-Sun. (10:30) 1:35, 4:25, 7:30, 10:20; **Doomsday** (R) Fri.-Sun. (11:20) 2:10, 5:10, 7:50, 10:30; **Horton Hears a Who** (G) Fri.-Sun. (10:30) 12:45, 3:00, 5:20, 7:40, 10:00 Fri.-Sun. (10:30) 12:05, 12:45, 2:20, 3:00, 4:40, 5:20, 7:00, 7:40, 9:20, 10:00; **Drillbit Taylor** (PG-13) Fri.-Sun. (10:55) 1:25, 4:05, 6:55, 9:30; **Jumper** (PG-13) Fri.-Sun. 12:25, 5:25, 10:35; Never Back **Down** (PG-13) Fri.-Sun. (10:35) 1:20, 4:20, 7:05, 10:10; The Other Boleyn Girl (PG-13) Fri.-Sun. (10:50) 1:40, 4:30, 7:20, 10:15; Semi-Pro (R) Fri.-Sun. 2:55, 8:05; Shutter () Fri.-Sun. (10:40) 1:00, 3:25, 5:45, 8:10, 10:30; **10,000 B.C.** (PG-13) Fri.-Sun. (10:45, 11:30) 1:30, 2:15, 4:15, 5:00, 7:10, 7:55, 9:55, 10:45; Meet the Browns (PG-13) Fri.-Sun. (11:15) 12:00, 2:00, 2:40, 4:35, 5:15, 7:15, 8:00, 9:50,

#### Mission Valley 7

7510 Hazard Center Drive (619-685-2841) The Bank Job (R) Fri.-Sat. (10:00, 12:30, 3:00) 5:30, 8:00, 10:30 Sun. (10:00, 12:30, 3:00) 5:30, 8:00; Horton Hears a Who (G) Fri.-Sat. (10:00, 11:15, 12:15, 1:45, 2:45) 4:15, 5:00, 6:30, 7:30, 9:00, 9:45 Sun. (10:00, 11:15, 12:15, 1:45, 2:45) 4:15, 5:00, 6:30, 7:30; Drillbit Taylor (PG-13) Fri.-Sat. (10:00, 12:15, 2:45) 5:15, 7:45, 10:15 Sun. (10:00, 12:15, 2:45) 5:15, 7:45; **The Other Boleyn Girl** (PG-13) Fri.-Sat. (10:00, 1:00, 4:00) 7:00, 10:00 Sun. (10:00, 1:00, 4:00) 7:00; **10,000 B.C.** (PG-13) Fri. (10:15, 12:45, 3:15) 5:45, 8:15, 10:45 Sat. (10:15, 12:45, 5:15) 5:45, 8:15, 10:45 Sat. (12:45, 3:15) 5:45, 8:15, 10:45 Sun. (12:45, 3:15) 5:45, 8:15; **The Orphanage** (R) Fri.-Sat. (11:30, 2:00) 4:30, 7:15, 10:00 Sun. (11:30, 2:00) 4:30, 7:15

10:40; Vantage Point (PG-13) Fri.-Sun. 12:00,

#### Mission Valley 20

1640 Camino Del Rio North (858-558-2262) Call theater for program information

#### STATE UNIVERSITY

4061 Adams Avenue (619-819-0236) Paranoid Park (R) Fri. 5:30, 7:30, 9:30 Sat.-Sun. 1:30, 3:30, 5:30, 7:30, 9:30

#### **UPTOWN**

#### **Hillcrest Cinemas**

3965 Fifth Avenue (619-819-0236) Funny Games (R) Fri. 2:00, 4:40, 7:10, 9:45 Sat.-Sun. 11:30, 2:00, 4:40, 7:10, 9:45; **In Bruges** (R) Fri. 2:10, 4:50, 7:20, 9:50 Sat.-Sun. 11:40, 2:10, 4:50, 7:20, 9:50; **Juno** (PG-13) Fri. 4:30, 9:40 Sat.-Sun. 11:20, 4:30, 9:40; **No** Country for Old Men (R) Fri.-Sun. 1:50, 7:00; **Sleepwalking** (R) Fri. 2:30, 5:10, 7:40, 10:00 Sat.-Sun. 12:00, 2:30, 5:10, 7:40, 10:00; The Band's Visit (PG-13) Fri. 2:20, 5:00, 7:30, 9:55 Sat.-Sun. 11:50, 2:20, 5:00, 7:30, 9:55

#### Reuben H. Fleet Science Center

1875 El Prado, Balboa Park (619-238-1233) Dolphins (Not Rated) Fri. 10:00, 1:00, 5:00, 10:00, 1:00, 5:00; **Grand Canyon Adventure: River at Risk** (NR) Fri. 12:00, 2:00, 4:00, 8:00 Sat. 12:00, 2:00, 4:00, 6:00, 8:00 Sun. 12:00, 2:00, 4:00, 6:00; **Mysteries of Egypt** (Not Rated) Fri. 7:00p.m.: Sea Monsters: A Prehistoric Adventure (No Rating) Fri.-Sun

#### San Diego Natural History Museum 1788 El Prado, Balboa Park (619-232-3821) Call theater for program information

#### **EAST COUNTY**

#### **EL CAJON**

#### Parkway Plaza 18

405 Parkway Plaza (619-401-3456) Drillbit Taylor (PG-13) Fri. (11:30, 2:05, 4:40) 7:20, 9:55; Meet the Browns (PG-13) Fri. (11:55, 2:25, 4:55) 7:35, 10:20

#### **Grossmont Center 10**

5500 Grossmont Center Drive (619-465-7100) Drillbit Taylor (PG-13); Horton Hears a Who! (G); Meet the Browns (PG-13); Miss Pettigrew Lives for a Day (PG-13); The Other Boleyn Girl (PG-13); 10,000 B.C. (PG-13); Under the Same Moon (); Vantage Point (PG-13)

#### **RANCHO SAN DIEGO**

#### Rancho San Diego 15

Call theater for program information

#### Santee Drive In

10990 Woodside Avenue (619-448-7447) Alvin and the Chipmunks (PG) Fri.-Sun.; Horton Hears a Who (G) Fri.-Sun.; Drillbit Taylor (PG-13) Fri.-Sun.; 10,000 B.C. (PG-13) Fri.-Sun.

#### **SOUTH BAY**

#### **CHULA VISTA**

#### Chula Vista 10

Broadway between H and I (619-338-4214) **College Road Trip** (G) Fri.-Sun. (11:15, 1:30, 3:45) 6:00, 8:00, 10:15; **Doomsday** (R) Fri.-Sun. (10:15, 12:45, 3:15) 5:45, 8:15, 10:45; Horton Hears a Who (G) Fri.-Sun. (10:00, 11:00, 12:15, 1:15, 2:30, 3:30) 5:00, 5:45, 7:15, 8:15, 9:45, 10:30; **Drillbit Taylor** (PG-13) Fri.-Sun. (10:00, 12:15, 2:45) 5:15, 7:45, 10:15; **Never Back Down** (PG-13) Fri.-Sun. (10:15, 1:00) 4:45, 7:30, 10:30; **Shutter** () Fri. (11:45, 1:45, 4:00) 6:15, 8:30, 10:45 Sat.-Sun. (1:45, 4:00) 6:15, 8:30, 10:45; **10,000 B.C.** (PG-13) Fri.-Sun. (10:00, 11:30, 12:30, 2:00, 3:00) 4:30, 5:30, 7:15, 8:00, 10:00, 10:45; Meet the Browns (PG-13) Fri.-Sun. (11:15, 1:45) 4:15, 7:00, 9:30

#### Otay Ranch 12

Ctay Ranch 12
Eastlake Parkway at Olympic (858-558-2262)
The Bank Job (R); College Road Trip (G);
Doomsday (R); Drillbit Taylor (PG-13); Horton Hears a Who! (G); Jumper (PG-13); Meet the Browns (PG-13); Never Back Down (PG-13); The Other Boleyn Girl (PG-13); Shutter; 10,000 B.C. (PG-13); Vantage Point (PG-13)

#### Palm Promenade 24

770 Dennery Road (858-558-2262) **The Bank Job** (R); **Be Kind Rewind** (PG-13); College Road Trip (G); Doomsday (R); Drillbit Taylor (PG-13); The Eye (PG-13); The Hammer (R); Horton Hears a Who! (G); Jumper (PG-13); Juno (PG-13); Meet the Browns (PG-13); Never Back Down (PG-13); No Country for Old Men (R); Semi-Pro (R); Shutter (); The Spiderwick Chronicles (PG); Step Up 2 the Streets (PG-13); **10,000** B.C. (PG-13); There Will Be Blood (R); Under the Same Moon; Vantage Point (PG-13); Welcome Home Roscoe Jenkins (PG-13)

#### Rancho Del Rey 16

East H Street (619-216-4707) Call theater for program information

#### **IMPERIAL BEACH**

#### South Bay Drive-In

2170 Coronado Avenue (619-423-2727) Call theater for program information

#### **NORTH INLAND**

#### **CARMEL MOUNTAIN**

#### **Carmel Mountain**

The Bank Job (R); College Road Trip (G);
Definitely, Maybe (PG-13); Doomsday (R);
Drillbit Taylor (PG-13); Horton Hears a Who! (G); Juno (PG-13); Never Back Down (PG-13); No Country for Old Men (R); The Other Boleyn Girl (PG-13); Shutter (); 10,000 B.C. (PG-13); Vantage Point

#### **ESCONDIDO**

#### Escondido 16

350 W. Valley Parkway (760-291-0119) **The Bank Job** (R) Fri. (1:10, 4:30) 7:45, 10:35 Sat.-Sun. (1:10) 4:30, 7:45, 10:35; **College Road Trip** (G) Fri. (12:15, 2:35, 5:00) 7:25, 9:50 Sat.-Sun. (12:15, 2:35) 5:00, 7:25, 9:50; Doomsday (R) Fri.-Sun. (12:55, 3:50) 7:10, 10:15; Horton Hears a Who (G) Fri. (12:00, 12:30, 1:00, 1:55, 2:25, 2:55, 3:25, 4:20, 4:50, 5:20) 5:50, 6:45, 7:15, 8:15, 9:10, 9:40, 10:40 Sat.-Sun. (12:00, 12:30, 1:00, 1:55, 2:25, 2:55,

3:25) 4:20, 4:50, 5:20, 5:50, 6:45, 7:15, 8:15, 9:10, 9:40, 10:40; **Drillbit Taylor** (PG-13) Fri.-Sun. (12:10, 2:45) 7:30, 10:05; **Fool's Gold** (PG-13) Fri.-Sun. (12:20, 3:05) 7:35, 10:20; **Never Back Down** (PG-13) Fri.-Sun. (12:25, 3:10) 7:20, 10:10; **Semi-Pro** (R) Fri.-Sun. 7:00, 9:55; **Shutter** () Fri. (12:05, 2:20, 4:40) 7:05, 9:30 Sat.-Sun. (12:05, 2:20) 4:40, 7:05, 9:30; **The Spiderwick Chronicles** (PG) Fri.-Sun. (12:45, 3:55); **10,000 B.C.** (PG-13) Fri.-Sun. (12:40, 3:35) 6:55, 8:00, 9:45, 10:45; **Meet the Browns** (PG-13) Fri.-Sun. (12:35, 3:20) 7:50, 10:30; **Under the Same Moon** (PG-13) Fri.-Sun. 7:40, 10:25, (3:40) 12:50; **Vantage Point** (PG-13) Fri. (1:05, 4:10) 6:50, 10:00 Sat.-Sun. (1:05) 4:10, 6:50, 10:00

#### **FALLBROOK**

#### River Village

5256 S. Mission Road (760-945-8784) Horton Hears a Who (G) Fri.-Sun. (11:00, 12:00, 1:30, 2:30, 3:45) 5:00, 6:00, 7:15, 8:15, 9:30, 10:30; **Drillbit Taylor** (PG-13) Fri.-Sun. (12:15, 2:45) 5:15, 7:30, 10:00; **Never Back Down** (PG-13) Fri.-Sun. (11:15, 2:00) 5:30, 7:45, 10:15; **Shutter** () Fri.-Sun. (11:30, 1:45, 4:00) 6:15, 8:30, 10:45; **10,000 B.C.** (PG-13) Fri.-Sun. (12:45, 3:15) 5:45, 8:15, 10:45

#### **POWAY**

**Poway 10**13475 Poway Road (858-646-9423) **The Bank Job** (R) Fri.-Sat. 4:15, 7:00, 9:30 Sun. 4:15, 7:00; **College Road Trip** (G) Fri. Sat. (11:15, 1:30, 3:45) 6:00, 8:00, 10:15 Sun. (11:15, 1:30, 3:45) 6:00, 8:00; **Doomsday** (R) Fri.-Sat. (10:15, 12:45, 3:15) 5:45, 8:15, 10:45 Sun. (10:15, 12:45, 3:15) 5:45, 8:15; **Horton Hears a Who** (G) Fri.-Sat. (10:00, 11:00, 12:15, 1:15, 2:30, 3:30) 5:00, 5:45, 7:15, 8:15, 9:45, 10:30 Sun. (10:00, 11:00, 12:15, 1:15, 2:30, 3:30) 5:00, 5:45, 7:15, 8:15; **Drillbit Taylor** (PG-13) Fri.-Sat. (10:00, 12:15, 2:45) 5:15, 7:45, 10:15 Sun. (10:00, 12:15, 2:45) 5:15, 7:45; **Never Back Down** (PG-13) Fri.-Sat. (10:15, 1:00, 4:00) 7:30, 10:30 Sun. (10:15, 1:00, 4:00) 7:30; **Penelope** (PG-13) Fri.-Sun. (11:45, 2:00); **Shutter** Fri.-Sat. (11:30, 1:45, 4:00) 6:15, 8:30, 10:45 Sun. (11:30, 1:45, 4:00) 6:15, 8:30; **10,000 B.C.** (PG-13) Fri.-Sat. (10:00, 12:30, 3:00) 5:30, 8:00, 10:45 Sun. (10:00, 12:30, 3:00) 5:30, 8:00; **Vantage Point** (PG-13) Fri.-Sat. (12:00, 2:15) 4:30, 7:00, 9:15 Sun. (12:00, 2:15)

#### **SAN MARCOS**

#### San Marcos 18

1180 West San Marcos Boulevard at Old California Walk (760-471-3711) **Drillbit Taylor** (PG-13) Fri. (11:30, 2:05, 4:40) 7:15, 9:50 Sat. (11:30, 2:05) 4:40, 7:15, 9:50; Meet the Browns (PG-13) Fri.-Sat. (11:45, 2:20, 4:55) 7:30, 10:05 Call theater for program information

#### **VISTA**

**Vista Village** Highway 78 at Vista Village Drive (760-945-7469)

**The Bank Job** (R) Fri.-Sun. (11:45, 2:25, 5:05)  $7:50, 10:30; \textbf{College Road Trip} \ (G) \ Fri.-Sun. \\ (11:00, 1:10, 3:15, 5:25) \ 7:30, 9:45; \textbf{Doomsday} \\ (R) \ Fri.-Sun. \ 9:00p.m.; \textbf{Horton Hears a Who} \\$ (G) Fri.-Sun. (11:35, 12:15, 1:50, 2:35, 4:10, 4:55) 6:30, 7:15, 9:30; **Drillbit Taylor** (PG-13) Fri.-Sun. (12:05, 2:35, 5:10) 7:45, 10:15; **Miss Pettigrew Lives for a Day** (PG-13) Fri.-Sun. (12:00, 2:15, 4:35) 7:05, 9:20; **Never Back Down** (PG-13) Fri.-Sun. (11:20, 2:10, 4:50) 7:35, 10:20; The Other Boleyn Girl (PG-13) Fri.-Sun. (11:05, 1:45, 4:30) 7:10, 9:50; Shutter Fri.-Sun. (10:50, 11:30, 1:00, 1:35, 3:05, 3:40, 5:10, 5:50) 7:25, 8:10, 9:40, 10:25; **10,000 B.C.** (PG-13) Fri.-Sun. (11:15, 2:00, 4:40) 7:20, 10:00; **Meet the Browns** (PG-13) Fri.-Sun. (11:40, 12:30, 2:15, 3:00, 5:30) 7:20, 8:00, 9:50, 10:35; **Under the Same Moon** (PG-13) Fri.-Sun. (11:10, 1:40, 4:25) 7:00, 9:35; **Vantage Point** (PG-13) Fri.-Sun. (12:25, 2:50, 5:15)

#### **NORTH COASTAL**

#### **CARLSBAD**

#### Plaza Camino Real

2385 Marron Road (760-729-7469) Horton Hears a Who (G) Fri.-Sat. (11:25, 1:30, 3:35) 5:40, 7:45, 9:45 Sun. (11:25, 1:30, 3:35) 5:40, 7:45

#### **DEL MAR**

#### Del Mar Highlands 8

El Camino Real at Del Mar Heights Road (858-646-9420) **The Bank Job** (R) Fri.-Sat. (11:45, 2:15) 4:45,

7:30, 10:15 Sun. (11:45, 2:15) 4:45, 7:30; Col-

lege Road Trip (G) Fri.-Sat. (11:15, 1:30, 3:45) 6:00, 8:15, 10:30 Sun. (11:15, 1:30, 3:45) 6:00, 8:15; Horton Hears a Who (G) Fri.-Sat. (10:00, 11:00, 12:15, 1:15, 2:30, 3:30) 5:00, 5:45, 7:15, 8:15, 9:30, 10:30 Sun. (10:00, 11:00, 5:45, 7:15, 8:15, 9:30, 10:30 Sun. (10:00, 11:00, 11:00, 11:01, 12:15, 1:15, 2:30, 3:30) 5:00, 5:45, 7:15, 8:15; **Drillbit Taylor** (PG-13) Fri.-Sat. (10:00, 12:15, 2:45) 5:15, 7:45, 10:15 Sun. (10:00, 12:15, 2:45) 5:15, 7:45; **Never Back Down** (PG-13) Fri.-Sat. (10:15, 1:00) 4:15, 7:00, 10:00 Sun. (10:15, 1:00) 4:15, 7:00; **Shutter** Fri.-Sat. (11:30, 1:45, 4:00) 6:15, 8:30, 10:45 Sun. (11:30, 1:45, 4:00) 6:15, 8:30; **10,000 B.C.** (PG-13) Fri.-Sat. (10:00, 12:30, 3:00) 5:30, 8:00, 10:45 Sun. (10:00, 12:30, 3:00) 5:30, 8:00

#### Flower Hill 4

2630 Via de la Valle (858-646-9425) Miss Pettigrew Lives for a Day (PG-13) Fri.-Sat. (10:00, 12:15, 2:45) 5:15, 7:30, 10:00 Sun. (10:00, 12:15, 2:45) 5:15, 7:30; **The Other Boleyn Girl** (PG-13) Fri.-Sat. (10:30, 1:15, 4:00) 7:00, 9:45 Sun. (10:30, 1:15, 4:00) 7:00; **The Counterfeiters** (NR) Fri.-Sat. (10:00, 12:30, 3:00) 5:30, 8:00, 10:30 Sun. (10:00, 12:30, 3:00) 5:30, 8:00; **The Orphanage** (R) Fri.-Sat. (10:15, 12:45, 3:15) 5:45, 8:15, 10:45 Sun. (10:15, 12:45, 3:15) 5:45, 8:15

#### **ENCINITAS**

#### La Paloma

471 South Coast Highway 101 (760-436-SHOW) There Will Be Blood (R)

#### **LA COSTA**

#### La Costa 6

6941 El Camino Real (at Aviara/Alga) (760-599-8221)

Horton Hears a Who (G) Fri.-Sat. (10:00, 11:30, 12:15, 2:15, 2:45) 4:45, 5:15, 7:00, 7:30, 9:30, 10:00 Sun. (10:00, 11:30, 12:15, 2:15, 2:45) 4:45, 5:15, 7:00, 7:30; Drillbit Taylor (PG-13) Fri.-Sat. (10:00, 12:30, 3:00) 5:30, 8:00, 10:30 Sun. (10:00, 12:30, 3:00) 5:30, 8:00; Never Back Down (PG-13) Fri.-Sat. (11:45, 2:30) 5:00, 7:45, 10:30 Sun. (11:45, 2:30) 5:00, 7:45; The Other Boleyn Girl (PG-13) Fri.-Sat. (10:30, 1:30) 4:15, 7:15, 10:15 Sun. (10:30, 1:30) 4:15, 7:15; **10,000 B.C.** (PG-13) Fri.-Sat. (10:15, 12:45, 3:15) 5:45, 8:15, 10:45 Sun. (10:15, 12:45, 3:15) 5:45, 8:15

#### **OCEANSIDE**

#### Mission Marketplace 13

College Boulevard and Mission Avenu (760-806-1790)

**College Road Trip** (G) Fri.-Sat. (11:00, 1:00, 3:15) 5:15, 7:30, 9:45 Sun. (11:00, 1:00, 3:15) 5:15, 7:30; Doomsday (R) Fri.-Sat. (12:45, 3:15) 5:45, 8:15, 10:45 Sun. (12:45, 3:15) 5:45, 8:15; **Horton Hears a Who** (G) Fri.-Sat. (11:00, 12:15, 1:15, 2:45, 3:30) 5:00, 6:00, 7:15, 8:15, 9:30, 10:30 Sun. (11:00, 12:15, 1:15, 2:45, 3:30) 5:00, 6:00, 7:15, 8:15; **Drillbit Taylor** (PG-13) Fri.-Sat. (11:45, 2:15, 4:45) 7:15, 9:45 Sun. (11:45, 2:15, 4:45) 7:15; Jumper (PG-13) Fri.-Sat. (11:30, 1:45, 4:00) 6:15, 8:30, 10:45 Sun. (11:30, 1:45, 4:00) 6:15, 8:30; Juno (PG-13) Fri.-Sat. (12:30, 3:00) 5:30, 7:45, 10:00 Sun. (12:30, 3:00) 5:30, 7:45; **Never Back Down** (PG-13) Fri.-Sat. (12:00, 2:30) 5:15, 7:45, 10:30 Sun. (12:00, 2:30) 5:15, 7:45; Penelope (PG-13) Fri.-Sat. (11:00, 1:15, 3:30) 5:45, 8:00, 10:15 Sun. (11:00, 1:15, 3:30) 5:45, 8:00; **Shutter** Fri.-Sat. (11:15, 1:30, 3:45) 6:15, 8:30, 10:45 Sun. (11:15, 1:30, 3:45) 6:15, 8:30; **10,000 B.C.** (PG-13) Fri.-Sat. (11:30, 12:30, 2:15, 3:00) 5:00, 5:30, 7:30, 8:00, 10:00, 10:30 Sun. (11:30, 12:30, 2:15, 3:00) 5:00, 5:30, 7:30, 8:00; **Meet the Browns** (PG-13) Fri.-Sat. (11:15, 2:00, 4:30) 7:00, 9:30 Sun. (11:15, 2:00, 4:30) 7:00

#### Oceanside 16

401 Mission Avenue (760-439-1733) Drillbit Taylor (PG-13) Fri. (12:00, 2:35, 5:00) 7:30, 10:00; **Meet the Browns** (PG-13) Fri. (12:25, 2:45) 5:25, 7:45, 10:05 Call theater for program information

a good deal of gratuitous slow-motion, some grainy lyrical interludes of ecstatic skateboarding, and a nonlinear, looping-back-around storyline. "I'm writing this out of order," explains the journal-writing protagonist in voice-over. "Sorry, I didn't do so well in Creative Writing." The unknown actors are highly credible, notwithstanding the protagonist's uncomprehending reading of his own prose. Gabe Nevins, Lauren McKinney, Jake Miller, Daniel Liu.

★ (KEN, 3/21 THROUGH 27)

Penelope — Contemporary fairy tale about an accursed heiress with a pig's snout, a major impediment to her betrothal to a suitable blueblood, the understood formula for lifting the curse. The moral of the tale preaches self-acceptance, but a self-acceptance that brings about a complete and beauteous transformation (a most accommodating metaphor) is an easy pill to swallow. A chewable, cherry-flavored pill. One chapter of the story — the shut-in heroine's escape to the city, a scarf over half her face, eyes wide to the unknown wonders of the world — is rich in possibilities, piddling in fulfillment. With Christina Ricci, James McAvoy, Reese Witherspoon, Simon Woods, Peter Dinklage, Catherine O'Hara, and Richard E. Grant; directed by Mark Palansky. 2008.

 (MISSION MARKETPLACE 13; MISSION VALLEY 20; POWAY 10)

**Semi-Pro** — Not half-funny. Will Ferrell joins his interest in the Seventies (Anchorman) to his interest in sports (Talladega Nights, Blades of Glory, Kicking and Screaming) in a relentlessly hard-sell comedy on



10,000 B.C.

the final season of the American Basketball Association before its merger with the NBA. The name of the focal franchise, the Flint Tropics, tells you how far from the plausible the filmmakers will stray in pursuit of a laugh. (No, let's not forget the Utah Jazz or the Los Angeles Lakers, but neither let's forget they were transfers.) With Woody Harrelson, André Benjamin, and Maura Tierney; directed by Kent Alterman, 2008.

• (FASHION VALLEY 18; HORTON PLAZA 14;

LA JOLLA 12; MIRA MESA 18; MISSION VAL-LEY 20; OTAY RANCH 12; PALM PROMENADE 24 PARKWAY PLAZA 18; RANCHO DEL REY 16; RAN-CHO SAN DIEGO 15; SAN MARCOS 18; TOWN SOLIARE 14)

— American remake of a Thai horror thriller, starring Joshua Jackson and Rachael Taylor, directed by Masayuki Ochiai.

(CARMEL MOUNTAIN; CHULA VISTA 10; DEL MAR HIGHLANDS 8; ESCONDIDO 16; FASHION VALLEY 18; GASLAMP 15; LA JOLLA 12; MIRA MESA 18: MISSION MARKETPI ACE 13: MISSION VALLEY 20; OCEANSIDE 16; OTAY RANCH 12; PALM PROMENADE 24; PARKWAY PLAZA 18; POWAY 10; RANCHO DEL REY 16; RANCHO SAN DIEGO 15; RIVER VILLAGE 6; SAN MARCOS 18; TOWN SOUARE 14: VISTA VILLAGE: FROM 3/21)

**Sleepwalking** — Family dysfunction in the white-trash neighborhood. Charlize Theron, as her Oscar for Monster goes to show, loves to play beneath herself; and in tall white boots, skin-tight pants, and raccoon eyeliner, her love shines bright. For most of the way, however, she steps aside for the quieter Nick Stahl and AnnaSophia Robb in the roles of her brother and daugh ter, left to fend for themselves while the wayward mother goes a-wandering. Regardless of the amplitude, which rises again with the entrance of Dennis Hopper as an abusive father and grandfather, the tsk-tskof filmmaker William Maher can always be faintly heard, 2008.

★ (HILLCREST CINEMAS, FROM 3/21)

The Spiderwick Chronicles — An inherited Gothic monstrosity in the countryside, newly occupied by a fatherless family from the Big Apple, houses a secret chamber and a sealed book, never meant to be read, Arthur Spiderwick's Field Guide to the Fantastical World Around You. The buildup (scrabbly sounds in the walls, a plastered-over dumbwaiter, a warning written in dust) holds promise, but the promise dissipates with the materialization: a kit and caboodle of butt-ugly CG beings sprites, sylphs, fairies, a dragon-sized griffin, a honey-loving brownie, toadlike goblins vulnerable to tomato sauce, and the shape-shifting Ogre, Mulgarath, the anti-Shrek, who could somehow rule the world if he could possess the book. Saccharine family fare based on the kiddie-lit series by Tony DiTerlizzi and Holly Black. With Freddie Highmore (as twins), Mary-Louise Parker, Sarah Bolger, Joan Plowright, and David Strathairn; directed by Mark Waters.

• (MISSION VALLEY 20; PALM PROMENADE 24)

**10,000 B.C.** — Prehistoric Low Camp. The archetypal Hero's Journey, at its earliest starting point: the outcast of a mountain clan, who appear to wear bird droppings on their faces, wending his way past woolly mammoths, giant man-eating gobblers, a saber-toothed tiger, across the Sea of Sand to the Head of the Snake and the Mountain of the God, in pursuit of the Four-Legged Demons, to rescue his blue-eved betrothed and lay claim to the tribal White Spear. A

mild hoot, undisguisedly schlocky for all its CG technology. With Steven Strait, Camilla Belle, Cliff Curtis, and (narrator) Omar Sharif; directed by Roland Emmerich. 2008. ★ (CARMEL MOUNTAIN; CHULA VISTA 10; DEL MAR HIGHLANDS 8; ESCONDIDO 16; FASHION VALLEY 18; GROSSMONT CENTER; HORTON PLAZA 14; LA COSTA 6; LA JOLLA 12; MIRA MESA 18: MISSION MARKETPLACE 13: MISSION VALLEY 7; MISSION VALLEY 20; OCEANSIDE 16; OTAY RANCH 12; PALM PROMENADE 24; PARK-WAY PLAZA 18; POWAY 10; RANCHO DEL REY 16: RANCHO SAN DIEGO 15: RIVER VILLAGE 6: SAN MARCOS 18: SANTEE DRIVE IN: TOWN SQUARE 14; VISTA VILLAGE)

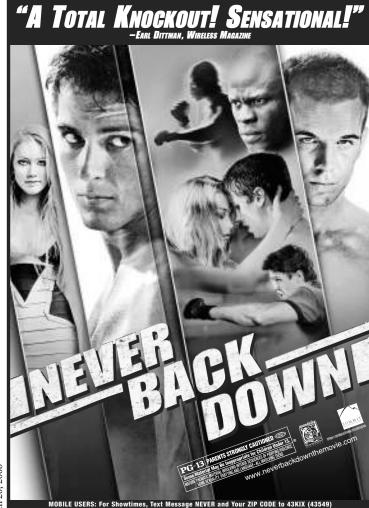
There Will Be Blood — Based loosely, so

they say, on Oil!, a muckraking, boat-rocking, banned-in-Boston novel by Upton Sinclair (a writer partial to exclamation points in his titles), this is a kind of anti-epic, an anti-Giant, about a miserly, misanthropic, nothing short of murderous American oil man in the first decades of the last century: warped beyond recognition as an exemplar of the enterprising capitalist. (The accompanying music credited to Jonny Greenwood of the British rock group Radiohead, edgy, skittery, dissonant, helps set the tone: not music to Build an Empire By, such as a Dimitri Tiomkin or a Max Steiner might have composed, but instead music to Squirrel Away Nuts for the Winter By.) The hard dirty work, at the outset, of digging a well all by his lonesome is vividly and wordlessly captured by writer-director Paul Thomas Anderson, yet it's hardly adequate to explain or excuse the character's subsequent aberrance, and his particular animus towards a hayseed faith healer (the initially very young and insufficiently aging Paul Dano), each of whom has his own inflexible reasons for not deferring to the other: the Self-Made Man versus the Man of God. Daniel Day-Lewis, ever the risk-taker, even if the risk (immurement in Victorian melodrama) is much the same as in Gangs of New York, makes of the protagonist a real and repellently compelling figure when he's not breaking the spell with his John Huston rollercoaster cadences. (Why would this depraved money-grubber, we keep asking ourselves, be impersonating the director of The Maltese Falcon, Treasure of the Sierra Madre, whatever?) But two and a half hours, if all we're going to do is gape, are a long time to spend in the company of such a man, a good hour or more too long. There will, as promised, be blood, though not any time soon, and never all that much. Kevin O'Connor, Ciarán Hinds. 2007. ★ (GASLAMP 15; LA PALOMA, FROM 3/21; PALM PROMENADE 24)

Under the Same Moon — Patricia Riggen's illegal-immigrant drama, with Kate del Castillo, Eugenio Derbez, and Adrián Alonso. (ESCONDIDO 16: GROSSMONT CENTER: HORTON PLAZA 14; LA JOLLA VILLAGE; MISSION VAL-LEY 20: PALM PROMENADE 24: PARKWAY PLAZA 18; RANCHO DEL REY 16; SAN MAR-COS 18; TOWN SQUARE 14; VISTA VILLAGE; FROM 3/21)

Vantage Point — Anti-terrorist exploitation to do with an apparent assassination of the U.S. President on Spanish soil on the eve of a peace accord, but an actual assassination of his look-alike: "Sir, we've used doubles since Reagan," a page out of Saddam Hussein's playbook, and the terrorists know that playbook backwards and forwards. The narrative goes over and over the same compressed sequence of events from differing points of view, until, on the sixth pass, the full story comes to light in all its laughable absurdity. With Dennis Quaid, Forest Whitaker, Sigourney Weaver, Matthew Fox, and William Hurt; directed by Pete Travis. 2008.

● (CARMEL MOUNTAIN: ESCONDIDO 16: FASH-ION VALLEY 18; GROSSMONT CENTER; HORTON PLAZA 14; LA JOLLA 12; MIRA MESA 18; MIS-SION VALLEY 20; OCEANSIDE 16; OTAY RANCH 12; PALM PROMENADE 24; PARKWAY PLAZA 18: POWAY 10: RANCHO DEL REY 16: RANCHO SAN DIEGO 15; SAN MARCOS 18; TOWN SQUARE 14; VISTA VILLAGE)



Reader March 20, 2008 San Diego 28

NOW **PLAYING** 

.A JOLLA 12 5 at Nobel Drive

RANCHO SAN DIEGO STADIUI

METROPLEX 15 @ VISTA VILLAGE 25 Main Street PARKWAY PLAZA STADIUM 18
Johnson & Fietcher

CHULA VISTA 10 Broadway between H & LA COSTA 6 Corner of El Camir Carlebad (780) 59

IMPERIAL VALLEY MALL 14

MISSION MARKETPLACE 13

STARTS FRIDAY, MARCH 21<sup>ST</sup>

CHECK THEATRE DIRECTORIES OR CALL FOR SHOWTIMES

AGE Adams Ave. (61)

mk2 IFCFilms

"★★★★★! A RIDE TO REMEMBER.

**EXCEEDINGLY WELL MADE!"** 

"HAUNTING, VOLUPTUOUSLY BEAUTIFUL...(A) TRIUMPH..."

AT ONCE A MURDER MYSTERY, A STUDY OF ADOLESCENT ANGST AND A WORK OF ART."

₹! MESMERIZING!

#### HELP WANTED

PLACE PRINTED ADS in Job Giant and the Reader by calling 619-235-8200. **POST FREE ONLINE ADS** with photos at SanDiegoReader.com. See thousands of classified ads not printed here!

ACCOUNTING CLERK. We are seeking an Accounting Clerk to perform on-site ac-counting functions for our Downtown Al-cohol and Drug Treatment and Recovery Program. Duties include coding accounts payable, receipts and deposits, cash dispayable, receipts and deposits, cash dis-bursements, preparing claims for pro-cessing and assisting with payroll. Positions requires 3 years experience. (\$15/hour) Call: 619-282-8211; fax: 619-282-8210; e-mail: hr@voa-swcal.org; or mail resume: Volunteers of America Southwest California, 3530 Camino Del Rio North, #300, San Diego, CA 92108. EOE/Affirmative Action Employer.

ACCOUNTING/FINANCE. Explore your new career! Volt Services Group has im-mediate Temporary, Temporary-to-Direct Hire and Direct Placement opportunities. Competitive wages, paid weekly, paid holidays and vacation. Medical and dental insurance plans, state-of-the-art training, career management and more. www. jobs.volt.com. Call Volt Services Group for more information. EOE E-mail: sandiegoaccounting@volt.com.

ACTIVISM. Jobs to bring high speed rail to California. Part time/full time positions. Career positions available. Earn \$400-\$600 per week. Call Lee, 619-297-5512.

ACTIVITY ASSISTANT for skilled nursing facility. Part time: Saturdays and Sundays a must, plus some weekdays. 7760 Parkway Drive, La Mesa. Call 619-469-0124

ADMINISTRATIVE ASSISTANT. Start immediately. Easy, full time, day job. Must know Quickbooks, Excel and have good people skills. Health insurance after 90 days. Tommy 858-583-3508.

ADMINISTRATIVE/CLERICAL. Volt Ser vices Group. Temporary, Temporary-to Direct Hire, Direct Placement Competitive wages, paid weekly. Paid holidays, vacation. Medical, dental, training, career management. www.jobs.volt.com. EOE. San Diego: 858-576:3140; e-nail: clairemont@volt.com. Carlsbad: 760-729-8916; email carlsbad@volt.com. El Cajon: 619-401-1524; email elcajon@volt.com. San Marcos: 760-471-0800; email sanmarcos@volt.com. Scripps Ranch: 858-578-0920; email scrippsranch@volt.com.

ADMINISTRATIVE/RECEPTIONIST. Full time. Join the Volt Services Group family! Career-minded, serious professional, dedicated employee, solid work history.

# Free Classifieds: web or mail

EARLY DEADLINE by 6 pm MONDAY

Applies to private parties. Other rates for roommates, rentals and paid services. Info: 619 235 8200 WEB: SDReader.Com MAIL: P.O. Box 85803, San Diego 92186 (up to 25 words)

# **\$8 Classifieds:** phone or walk-in

LATE DEADLINE by 6 pm TUESDAY

Applies to private parties. Other rates for roommates, rentals and paid services. PHONE: 619 235 8200 WALK-IN: 1703 India Street (at Date) Little Italy

Volt Services is looking for experienced, highly professional, self motivated, dynamic individuals to work in Del Mar and surrounding communities. Professional interaction with visitors, new hires, HR staff, co-workers, management. Minimum 2-3 years administrative support experience, exceptional reliability, handle tasks with high level of detail, knowledge of MS Office and Internet. Clear communication skills, flexibility, multi-tasking. EOE.

Carlsbad@volt.com. Volt Services Group, 1850 Marron Road, Suite 114, Carlsbad 92008. Fax: 760-720-7341. 760-729-

AGENTS WANTED IMMEDIATELY! Obtain your Real Estate license now! Our fast-track program is 2-1/2 weeks with 1-on-1 coaching and free video cram. \$100K po-tential. Work for national brand now! Call Susan: 858-245-7880 or 800-319-1031.

ALCOHOL AND DRUG TREATMENT counselors to help us meet the needs of our dual-diagnosed clients at our licensed facility in the Flynn Springs are of El Cajon. Treatment Specialist II (\$11 hour) requires A.A. degree, A&D certifica

tion, and related work experience. Treatment Specialist I (\$9.25/hour) requires HS/GED, A&D certification program. Requires passing criminal background check. Full and part-time available. Call: 619-282-8211; fax: 619-282-8210; e-mail: hr@voa-swcal.org; or mail: Volunteers of America Southwest California, 3530 Camino Del Rio North, #300, San Diego, CA 92108. EOE/Affirmative Action Employer.

ANIMAL CARETAKER. Part-time Pet Sit-ter. Permanent. 7 days plus holidays. Split shift. Infrequent traveler, bonded, positive minded, ethical, prompt. Reliable car. 619,685-7979

**APPOINTMENT SETTER.** No selling \$10/hour base pay. Earn up to \$20/hour No experience needed. Just book ap pointments. Money motivated, reliable people for 9am-3pm shift, Monday-Friday. Additional hours available. Gateway Marketing. San Diego: 619-697-5600. Es-condido: 760-743-0050.

SETTER. APPOINTMENT APPOINTMENT SETTER. www. monarchjobs.com. Up to \$500-\$1000+ weekly! Paid weekly. AM/PM shifts. Full, part time. Medical, dental. Near Grantville trolley. Call today, start today! Mission Valley: 619-516-4276.

APPOINTMENT SETTERS. \$1500-\$3500

nies in Southern California. We were just featured in G.E. Finance magazine as one of the premier remodeling companies in the U.S., as well as Top 500 Remodelers. We sell and install exclusive products as well as remodeling. Pacific Home Remodeling is hiring ambitious, motivated individuals to set appointmotivated individuals to set appointments to promote energy-efficient/green living products such as Magic Windows and Flex-On Exterior Coating—all products approved by the Department of Energy. Training plus all tools and support to ensure success provided. Great payl Growth opportunity. Call to schedule an interview: 858-866-0183. 6861 Nancy Ridge Drive, Suite D, San Diego, CA 92121. www.pacifichomeremodeling.com.

APPOINTMENT-SETTERS Wanted! Fnergetic, money-motivated individuals wanted! No cold calls. All shifts available. Base plus commission. Wyndham Resorts Referrals. San Diego— call Linda: 888-747-4110.

ASSEMBLERS. Mechanical & Electronic Kearny Mesa/Sorrento Valley. Experi-ence/hand tools, can work in a fast-paced manufacturing environment. Excellent written/verbal. TriStaff, 858-597-4000, x187; E-mail: mball@tristaff.com; fax: 858-453-9632.

trial. Immediate long-term and temporary positions. Full benefits available immedi-ately. Call 858-292-8562, fax 858-292-0230, e-mail help@gostaff.com, apply

ASSET PROTECTION OFFICERS. Guard ASSET PROTECTION OFFICERS. Guard Management, Inc. provides all training, Guard Card testing, Live Scan for GMI potential hires. Hiring full/part time countywide. Immediate placement with valid California Guard Card. Excellent compensation, growth potential to \$20.00/hour for Field Officers. Recruitment bonus, 401(k), health, professional certification. Apply: 8001 Vickers Street, San Diego (92111). Eligibility is conditional. 858-244-1896 or e-mail resume: FJohnson@GMIweb.com.

BANKING. USE Credit Union is looking for experienced and energetic individuals to join our team county wide! We are seeking: Tellers (full time), Mortgage Loan Officers, Sorrento Valley-Credit Career Counselor (bilingual), Call Center Rep. Apply to: e-mail: hr@usecu.org or fax: 858-795-6038. www.usecu.org/career\_opportunities/.

career\_opportunities/.

BOOTH RENTAL, Hair with Flair, a full service salon in Clairemont, has a booth for rent. For more information, call Lu Tuesday through Saturday: 858-270-5032.

day inrough Saturday: 858-270-5032.

BUILDING SERVICES Worker (C) for the award-winning San Diego Convention Center. To apply, visit our website at www.visitsandiego.com or send a resume to 111 West Harbor Drive, San Diego, CA 92101. \*Applicants must be 18 years of age or older. Equal Opportunity Employer/ Drug-free workplace.

#### HELP WANTED



Now hiring temporary full-time workers for the June and November 2008 elections.

## **OB FAIR!**

March 26 • 9 am-1 pm 5201 Ruffin Road, Suite I • San Diego, CA 92123

- Trainers To train poll workers. \$25/hr. Previous experience as a Trainer and 15-minute presentation required with interview.
- Online Training Coordinator/Training Assistant Computer/phone skills. \$12.29/hr.
- Recruiters/Clerical Computer/phone skills. \$10.62-\$12.29/hr.
- Warehouse Lift 40 lbs. and driver's license a plus. \$10.62-\$14.25/hr.

Good customer service skills required. Must be 18 years of age.

Job applications now available online at **Sdvote.com** under Temporary Employment.

For directions, call: **858-495-5153** 





SEASONED TELEMARKETERS EARN \$65,000 TO \$85,000/YR



RATED AS ONE OF SAN DIEGO'S FASTEST GROWING PRIVATELY HELD COMPANIES -SAN DIEGO BUSINESS JOURNAL

> \$10/HR + GENEROUS COMMISSIONS " FULL BENEFITS PACKAGE "

Interested applicants send résumé to:



## Make \$1,000S Per Week!





Positive, high-energy Sales Reps. Satellite TV sales a plus.

E-mail résumé to: jobs@amsatproviders.com 2667 Camino del Rio South #201 San Diego, CA 92108



recruiting@wordsmart.com

CALL CENTER. Telemarketing and Administrative. MDI offers paid holidays after 520 hours and vacation bonuses after 2000 hours. MDI Staffing, 8316 Clairemont Mesa Boulevard, #204. Call 858-

CAMP SUMMER JOBS. Great summer jobs! Lifeguards, Camp Counselors, and Camp Unit Leaders. Check out our web-

CARDIO SURGICAL TECH. NP-Neonatal, RN-PACU, RN-PICU, RN-Pediatric, RN-OR, PA-Ortho. NMCSD. Benefits (full time). Competitive salaries. EOE. M/F/D/N. Fax resume: 866-550-1476. Apply: www.tcmpjobs.com. 877-272-8960.

CAREGIVER. Full time/temporary. Benefits available. Will train. Apply in person at Sunrise Assisted Living At La Costa (license #374601134), 7020 Manzanita Street, Carlsbad, CA 92011. 760-930-0060.

Od60.

CAREGIVER. Provide assistance to adults with developmental disabilities, full time, third shift, \$9 per hour. Apply: Home of Guiding Hands, 1825 Gillespie Way #200, E1 Cajon, CA, 92020, on-line: www.guidinghands.org, call: 619-938-3057.

guidinghands.org, call: 619-938-3057.

CAREGIVERS, LIVE-IN: Attentive Home Care has immediate assignments for Live-In Caregivers. Experience a must!

CAI Do r driver's license, Social Security card required. Fingerprint and TB test a plus. Flexible schedules. Hourly or live-in. Competitive pay. Overtime for holidays. Employer-matched 401(k). Health and dental insurance available. Also hiring CNAs, HHAs and hourly Caregivers. Call for an interview in North County or San Diego: 760-434-4393 or 619-231-0151. "North County applicants, please mention where you're calling from. where you're calling from.

CAREGIVERS. Full/part time. 24-hour live-ins. Male/female. 1+ year experience, ve-hicle required. Caregivers, Companional HHAs, CNAs. Leave contact information and brief experience: 619-944-3327.

CAREGIVERS. Home Instead Senior Care needs cheerful, dependable people to help seniors stay at home with our non-medical home care services. Competitive pay/training. Flexible hours. Great bene-fits. Central/East Jobline: 619-433-6200.

# **Free Classifieds!**

Post free online ads with photos at SDReader.com

CAREGIVERS/CNAs/HHAs Immediate openings: Hourly, Live-in, Nights. Cheerful, compassionate Companions/HHAs/CNAs to assist seniors in-home. Minimum 1-year experience. Premium pay/bonuses/benefits, 24-hour office sup-port. Flexible assignments. Age Advan-tage, 619-660-8881.

CAREGIVERS/COMPANIONS. Minimum 1 year experience non-medical home care for seniors. Valid California Driver's License. Serving Santee/La Mesa/Del Cerro/San Carlos. Maureen, Visiting An-gels, 619-749-7525.

CAREGIVERS/COMPANIONS. Visiting Angels, America's Choice in Homecare. Now hiring compassionate, caring Care-givers/Companions. Requires minimum 1 year experience in non-medical home care for seniors and valid CA driver's license. Serving Poway, Rancho Penasquitos, Scripps Ranch and Mira Mesa creas. Call for an immediate interview. areas. Call for an immediate interview:

CAREGIVERS/HOME HEALTH/Personal Assistants/CNAs. Compassionate/dependable. Competitive/weekly pay, flexible schedules, training available. Apply weekdays, 8am-3pm: Right at Home 858-451-5762; 16486 Bernard Center Drive #124, San Diego (92128). www.rahencinitas.com.

CAREGIVERS: LIVE-INS, 2, 3, 4 or 5 days/week, \$120/day including sleep and meal periods. Weekends and hourly: 4-hour, 8-hour and 12-hour shifts, AM/PM. Top pay, flexible shifts 24/7, 401(k), production bonus, rewards for good work. Requires valid driver's license, vehicle/insurance, registration, one year of paid eleccarce/igna experience, alignibits to der caregiving experience, eligibility to work in the United States. \$50 Hiring Bonus after 90 days of employment. Comfort Keepers, 2006 Workplace Excellence Medallion Award SDSHRM, San Diego: 619-795-6036. San Marcos: 760-598-3400.

CAREGIVERS needed immediately.

CARPET CLEANER TECHNICIANS. Stan benefits for full-time employees. Paid training. Company fitness center and free breakfast every morning. Hurry, come in to apply and interview today! Human Resources, 9655 Via Excelencia, San Diego, CA 92126. (Exit Miramar Road West off I-15, turn right on Kearny Villa, right on Candida and head down the hill.) Questions? 858-271-9988 x162. EOE. Drugfree environment

Tree environment.

CIRCULATORS. Collect signatures on statewide petitions. No experience necessary. Paid 3x/week. \$10-\$30/hour. Independent contract work where/when you want. Full/part time. 619-230-9020.

you want. Full/part time. 619-230-9020.

CLASSROOM AIDES. Work with developmentally disabled children in non-public school. Experience preferred. Allied Gardens. Chula Vista, La Mesa. Monday-Friday, 7:30am-1pm. \$9.75/hour to start. EOE. www.vistahill.org. Fax resume: 619-281-0453. EOE. Apply weekdays, 9am-4pm. Stein Education Center, Attention: HR, 6145 Decena Drive, San Diego CA 92120.

CLEANING SERVICES Worker (C) for the award-winning San Diego Convention Center. To apply, visit our website at www.visitsandiego.com or send a resume to 111 West Harbor Drive, San Diego, CA 92101. \*Applicants must be 18 years of age or older. Equal Opportunity Em-

CLOSERS WANTED to generate leads for home improvement. No selling of prod-

ucts! Average income \$20-\$30+/hour, part-time! Monday-Saturday, day/evening. More info, 1-866-DRHARTY (1-866-374-2789). www.thhd.net.

CNA'S/HHA'S/COMPANIONS personal transportation. Hexible sched-ules, competitive pay, paid weekly. Train-ing opportunities. Apply weekdays: 9am-4pm. Right at Home, 8369 Vickers Street #203, San Diego CA 92111. www. rahlajolla.com. 858-277-5900.

rahlajolla.com. 858-277-5900.

CNA/CHHA. Beginners, experienced.
Family Caregivers, Childcare, Home Care
Aides, Drivers. Great payl New-hire
bonus! Nonmedical, in-home help for seniors, children, disabled. 12-and 24-hour
shifts! Training. Flexible schedules, benefits, retirement, childcare. At Your Home
Familycare. E-mail: homecarejobs@
atyourhomefamilycare.com. Toll free: 1877-903-JOBS.

COMMERCIAL LOAN OFFICERS. Generous commission splits, leads and proven marketing plans, work from home or office. No fees. 8 positions available. Fax resume to: 858-630-2236 or e-mail to: info@mortgageloanexpertsinfo.com.

Informorgageloanexpertsinto.com.

COMMUNITY TRAINING Specialist/Job Coach. \$9.75/hour to start. Assist developmentally disabled adults in the community. Behavioral and instructional programs. Implement schedules. 32.5 hours/week. Benefits. E-mail: steinjobævistahill.org. Fax resume: 619-281-0453. Apply weekdays, 9am-4pm, Stein Education Center, Attention: HR, 6145 Decena Drive. San Diego CA 92120.

tion Center, Attention: HH, 614s Decena Drive, San Diego CA 92120.

CONSTRUCTION. Immediate long-term and temporary positions. Labor, Carpen-ters, Drywallers, Maintenance Tech, Plumbers, Painters. Full benefits available immediately. Call 858-292-8562, fax 858-292-0230, e-mail help@gostaff.com, ap-ply online www.gostaff.com.

CORRECTIONAL DEPUTY PROBATION Officer I. County of San Diego Probation Department now hiring. Test Date: April 5, 2008, 8am. Montgomery Middle School, 2470 Ulric Street, San Diego 92111. Must be 21 years, good physical condi-tion, no illicit drug usage. U.S. citizen or becoming a citizen. Pass criminal/perbecoming a citzen. Fass criminarper-sonal background investigation. No felony convictions. High school diploma/GED. \$35,068.44,740/year. www.sdcounty.ca.gov/probation. Jobline: 858-514-8558.

CORRECTIONAL MONITOR. You would monitor the activities of clients at our parolee program located in downtown San Diego ensuring the safety of the clients, the facility, and ensuring normal operations. Requires HS/GED and related operations. Requires HS/GED and related work experience (\$8.25/hour). Part time. Thursday-Sunday, 6:00-2:30am. Call HR: 619-282-8211; e-mail resume: hr@voa-swcal.org; fax: 619-282-8210; or mail: Volunteers of America Southwest California, 3530 Camino Del Rio North, #300, San Diego, CA 92108. EOE/Affirmative Action Employer.

SORS. Subway is now hiring! Full or part time, day and evening shifts. Flexible scheduling. Competitive wages. Free em-ployee meals. Paid vacation. Tuition asployee frieals. Paid vacarion. Tullion as-sistance. Apply in person. Mira Mesa: 9242 Miramar Road; 858-578-9205. Mis-sion Valley: 2109 Fenton Parkway #1; 619-563-1940. Point Loma: 2907 Shelter Island Drive; 619-223-1900. Management applicants, fax resume to 619-688-9291.

CUSTOMER SERVICE REP. Seeking a highly motivated person to service dis-play accounts, visit clients, find and par-ticipate in promotional events. Health, dental and paid time off benefits. 40(k) Free parking in Downtown San Diego. No phone calls, please. No telecommuting. Please send resume and cover letter to brident@sdreader.com

CUSTOMER SERVICE. Setup and dis-

CUSTOMER SERVICE/DISPATCHER.
ARS of San Diego is seeking a motivated multitasker with good communication and leadership skills for a fast-paced environment. Must be a team player with a minimum of 5 years experience. Fax resume: 858-677-5479; or apply in person: 6162 Nancy Ridge Drive #100, San Diego 92121. Drug-free work environment. License #791820.

DELI. Delivery Driver and Prep Person for friendly Mission Valley deli. Call for details. No nights or weekends. Experience preferred. Allan or Sandy: 619-299-9325

DENTAL HYGIENIST, PART-TIME at Naval Medical Center, San Diego CA. E-mail resume to ka@rlmservices.net. RLM Services, Inc. Equal Employment Op-

DEPUTY PROBATION OFFICER. County DEPUTY PROBATION OFFICER. County of San Diego Probation Department is now hiring. Test Date: April 26, 2008. Qualified applicants will be notified by mail of the time and location of the test. Applications must be submitted no later than 15 days prior to exam date. Qualifications: Bachelor's degree with experience. Must be 21 years, good physical condition, no illicit drug usage. U.S. citizen or in process of becoming a citizen. Pass criminal/personal background investigation. No felony convictions. \$50, 752-\$61.672/year. Safety Retirement-Sworn Officers 3% at age 50. Bilingual men/women encouraged to apply. Applications can be accessed online from the Job/Current Recruitment section of the County website at: www.sdcounty.ca.gov. Jobline: 858-514-8558.

888-514-8558.

DEPUTY SHERIFF and Deputy Sheriff Detentions/Courts. San Diego County Sheriff's Department. Hiring for two types of positions; take one exam, apply for either or both! Exam Dates: Wednesday, March. 2008. 6:20pm exited or Wednesday. positions, take one exam, apply in elimical or both! Exam Dates: Wednesday, March 26, 2008, 5:30pm arrival or Wednesday, April 2, 2008, 5:30pm arrival Sheriffs Administrative Center, 9621 Ridgehaven Court, San Diego CA 92123. Registration by e-mail or phone is required for the Ridgehaven test ONLY at: recruit@ sdsheriff.org. Detention/Courts: 339,796-861,608 annual salary, plus benefits. 18-year-olds eligible to apply! Deputy Sheriff: \$49,704-\$71,099 current annual salary, plus benefits. U.S. citizen or applied for citizenship; 20-1/2 years old-ligh school graduate or G.E.D. required Bring valid photo I.D. Valid California Driver's License prior to appointment. Effective oral and written communication in English. EOE. Additional test dates: www. joinsdSHERIFF:net. 858-974-2000.

#### HELP WANTED



**Attentive** 

Home

Licensed • Bonded • Insured

IMMEDIATE ASSIGNMENTS FOR:

Drivers with insurance and non-drivers.

**EXPERIENCE** and CA ID or DL, SS required. Fingerprint and TB test a plus. Competitive pay. Overtime for holidays. Employer-matched 401(k). Health and dental insurance

Also offering opportunities for:

CNAs, HHAs and Hourly Caregivers

Call for an interview in North County or San Diego: 760-434-4393 or 619-231-0151

Or apply in person 10 am-3 pm Tuesday-Thursday: 2333 1st Ave., Ste. 205, San Diego, CA 92101



#### **NO EXPERIENCE REQUIRED! IMMEDIATE OPENINGS!**

**Stanley Steemer,** San Diego's #1 carpet and upholstery cleaner, is looking for men and women to work full- or part-time as **Carpet Cleaning Technicians.** 

> Full-time \$8-\$20/hour earning potential. Great benefits for full-time employees. Paid training. Company fitness center and free breakfast every morning.

Don't miss this opportunity to join a respected and growing company!

Hurry! Come in to apply and interview today!

Human Resources, 9655 Via Excelencia, San Diego, CA 92126 (Exit Miramar Road west off I-15. Turn right on Kearny Villa, right on Candida and head down the hill.) 858-271-9988, ext. 162

We are proud to be an Equal Opportunity Employer in a drug-free environment.

## **FUNDRAISING**



130 San Diego Reader March 20, 2008

A national Telemarketing firm with over 20 years in business, specializing in fundraising for the Democratic Party and charities, is currently hiring Telemarketers for its San Diego center.

- Full-time
- Part-time (evening and Sunday shifts)
- Medical & Dental Insurance
- Paid Training

- \$8.50/Hour Plus Bonus
- Regular Raises
- · Convenient Location



9620 Chesapeake Drive, Suite 108 San Diego, CA 92123-1369

CALL FOR AN INTERVIEW: 858-496-2100

## ∃Explore Your New Career...



Volt Services Group has immediate Temporary, Temp-to-Direct Hire, and Direct Placement opportunities in these disciplines:

- Administrative & Clerical
- Accounting/Finance
   Light Industrial & More

We offer the following advantages:

- · competitive wages | paid weekly
- paid holidays and vacation medical and dental insurance plans
- state-of-the-art training career management
- · referral bonus opportunities & more

Contact us today to explore your opportunities.

Accounting/Finance



San Diego El Cajon Carlsbad San Marcos

858.277.2821 | e-mail: sandiegoaccounting@volt.com 858.576.3140 | e-mail: clairemont@volt.com Scripps Ranch 858.578.0920 | e-mail: scrippsranch@volt.com 619.401.1524 | e-mail: elcajon@volt.com 760.729.8916 | e-mail: carlsbad@volt.com 760.471.0800 | e-mail: sanmarcos@volt.com



EOE / Volt Welcomes Diversity / ISO-9002 Certified / A Six Sigma Company / ©2004Volt Information Sciences, Inc. All rights reserved.

Looking for a challenging career in Public Safety?

#### 911 EMERGENCY

"Answer the Call"



SAN DIEGO SHERIFF'S DEPARTMENT

is testing for



SHERIFF'S DISPATCHER

No experience necessary.

Compensation:
\$17.60/hour – Entry Level
\$21.19 to \$25.76/hour – Lateral Entry
Plus medical, dental, vision, life insurance
and retirement

#### **TEST DATE:**

#### March 22, 2008

Sign-up begins at 6:30 am on each test date.
Where: San Diego County Operations Center
Entrance at corner of Complex Street & Topaz Way,
San Diego (Kearny Mesa area)
First come, first served. Seating is limited. Arrive early.

Bring valid picture ID.

Qualified individuals must:

- Be at least 18 years old Be proficient in English
  - Pass computer-based performance test
  - Pass background & medical checks

Jobline: 858-565-5566 Website: www.sd911.com

EOE



# **Correctional Deputy Probation Officer I**

#### Minimum Qualifications

- 21 years old Good physical condition No illicit drug usage
  - U.S. citizen or in process of becoming a citizen
  - No felony convictions High school diploma or GED

#### Salary:

\$35,069-\$44,741 annually Safety Retirement-Sworn Officers 3% at age 50. Bilingual men/women encouraged to apply.

Test date: April 5, 2008 • 8 am

Montgomery Middle School 2470 Ulric Street • San Diego, CA 92111

Applications available at the test site. For additional information, contact the department's

Jobline: 858-514-8558

www.sdcounty.ca.gov/probation

DISPATCHER. 9.11 Emergency, San Diego County Sheriff's Department. Looking for a challenging career in Public Safety? Test Date: March 22, 2008. Signup begins 6:30am. San Diego County Operations Center, entrance at corner of Complex Street and Topaz Way, San Diego (Kearny Mesa). First come, first served. Limited seating. Bring valid picture ID. Must be at least 18 years; be proficient in English; pass computer-based performance test; pass background and medical checks. No experience necessary. \$17.60/hour: Latreal Entry. Medical, dental, vision, life insurance and retirement benefits. EOE. www.sd911.com. Jobline: 858-565-5566.

DISPATCHER/CUSTOMER SERVICE.
ARS of San Diego is seeking a motivated multitasker with good communication and leadership skills for a fast-paced environment. Must be a team player with a minimum of 5 years experience. Fax resume: 858-677-5479; or apply in person: 6162 Nancy Ridge Dirve, San Diego (92121). Drug-free work environment. License #791820.

**DOG GROOMER,** full time, Tuesday-Saturday. Established grooming salon in University Heights. Experience required. Commission negotiable—excellent income opportunity! The Grooming Cottage, 619-260-1892. Pet friendly, drug free provided in the control of the the control o

DRIVER, VENDING ROUTE. Full time. Experienced preferred or will train. Bring clean DMV. Good pay plus benefits, company vehicle. Apply Monday-Friday: 7988 Stromesa Court, San Diego.

DRIVER/COURIER. Part-time shifts available. Must have pickup with shell, minivan or cargo van. Excellent pay, mileage and benefits! Call 858-444-2350.

DRIVERS WANTED. Requires valid CA driver's license, current H-6 DMV printout and good, safe driving skills. Must be 25 years or older. Up to \$2000 commission plus tips. Apply in person at Xpress Shuttle, 1065 Bay Boulevard, Suite B, Chula Vista CA 91911

DRIVERS, TRUCK. Independent LTL company, dedicated run Southern California to Northeast. 2 weeks on/1 off. Three years tractor-trailer, US-eligible worker, no smoking, davidckauffman@ yahoo.com, 619-384-6603...

yanto.com, 619-384-6003.

DRIVERS. 100% paid family insurance! Home daily! Owner/operators drop and hook loads! CDL-A, 2 years experience, 3 points maximum! Complete Logistics, 800-373-9001.

OUU-3/3-9UU1.

DRIVERS. Bonus paid! Auto parts delivery with late model pickup truck, car or van. Clean DMV. Local and North County openings. \$1750 to \$2400 a month. Fuel paid. Independent contractors. 619-233-4374.

DRIVERS. Dominion Distribution is looking for part-time Drivers to deliver free publications on Mondays, Wednesdays and Fridays. You must have truck or van and be currently insured. Call Wednesday and Friday, 8am-5pm, 858-279-3137 v243

DRIVERS. Now hiring Patrol Drivers! \$11.00 per hour. Call now, 619-294-3200. DRIVERS. Teams earn top dollar plus great benefits. Solo drivers also needed for Western regional. Werner Enterprises, 800-346-2818 x123.

DRIVERS. Transportation services provider for seniors and disabled. Great pay! At Your Home Familycare. E-mail: homecarejobs@atyourhomefamilycare.com. Call toll free: 1-877-903-JOBS.

DRIVERS/DELIVERY. Immediate longterm and temporary positions. Class A, B and C— local delivery. Full benefits available immediately. Call 858-292-8562, fax 858-292-0230, e-mail help@gostaff.com, apply online www.gostaff.com.

DRIVING INSTRUCTOR. Great pay, great people. Join San Diego's best team! Become a hero; teach driving. Save lives! Up to \$20/hour with commission! 619-456-7177.

ELECTRICIAN JOURNEYMAN II. Knowledge of NEC and California State codes in wiring requirements. Knowledge and experience with industrial applications (installation/troubleshooting of plant/manufacturing equipment). Knowledge/experience with proper PPE and arc flash requirements (NFPA 70E). Must be Certified/Licensed Journeyman Electrician with 5 years experience, preferably in manufacturing/industrial environment. Up-to-date on applicable codes. (NEC and CA). Fax resume to KMS: 858-635-1009; apply: Koch Membrane Systems, 10054 Old Grove Road, San Diego, 92131. Email: mesteban@ kochmembrane.com. Visit: www.kochmembrane.com. EOE. M/F/D/V.

ELECTRONIC ASSEMBLERS. Machine Operators, Manufacturing Associates, Production Workers and Mail Sorters. MDI offers paid holidays after 520 hours and vacation bonuses after 2000 hours. Apply at MDI Staffing: 858-277-5680.

EMERGENCY MEDICAL TECHNICIANS: Now hiring! Competitive pay, benefits available, flexible hours. MedFleet Ambulance, 8912 Troy Street, Spring Valley, CA 91977. 619-222-2244.

lance, 8912 Troy Street, Spring Valley, CA 91977. 619-222-2244.

ENVIRONMENTAL Health/Safety Manager. Immediate opening for hands-on manager with minimum 5 years professional EH&S experience. Requires experience with industrial hygiene, respiration programs, ergonomics, injury/illness prevention programs. California environmental requirements for air/water, and California hazardous waste management. Must be technical and able to perform physical mechanical tasks to maintain water treatment, air discharge, and monitoring tasks. Requires formal occupational safety, industrial safety, industrial hygiene education. BS in associated discipline preferred. Supervises (2) positions. Fax resume to KMS: 858-635-1009; apply: Koch Membrane Systems, 10054 Old Grove Road, San Diego, 92131. Email: mesteban@kochmembrane.com. EOE. M/F/D/V.

## SAN DIEGO SHERIFF'S DEPARTMENT Now Hiring!



# THE REFLECTION OF SUCCESS

#### **Exam Dates:**

March 26, 2008 • 5:30 pm Arrival or April 2, 2008 • 5:30 pm Arrival

Sheriff's Administrative Center
9621 Ridgehaven Ct., San Diego, CA 92123
Registration by e-mail or phone is required
prior to the Ridgehaven test **ONLY.**recruit@sdsheriff.org

18-year-olds eligible to apply!

Bring valid photo ID.

www.joinsdSHERIFF.net 858-974-2000

# San Diego County Sheriff's Department Open House

March 25, 2008 • 6-8 pm (doors open at 5:30 pm)

145 seats available. First come, first served (doors close at 6:30 pm). This FREE event is a great opportunity for anyone interested in a career in law enforcement. Talk to the heroes of the Sheriff's Department about the hiring process, qualifications, benefits, career advancement, the academy and much, much more!

San Diego Sheriff's Department 9621 Ridgehaven Court San Diego, CA 92123 EP/COMMERCIAL SECURITY, manager, trainer/instructor. Professional seeking opportunity. Former US Navy SEAL. Certified military free fall, static-line jumpmaster, diving supervisor. Will travel, relocate. 858-775-1876.

FABRICATOR, Solid Surface, (Corian) countertops. Some experience necessary. We are always looking for quality people. Great company, many benefits. Call California Countertop 619-460-0205.

FAMILY CHEF. Seeking position with loving family (informal setting) Monday-Friday full time. Personal cheffing 7 years Low sodium/fat, Mediterranean, Italian, Low socium/tat, Mediterranean, Italian, Southwest, whatever! ChefEEB@aol.com, 619-823-2569.

FINANCIAL SERVICES Marketing Rapidly expanding financial services marketing company seeks local sales representatives. Ideal candidate will be motivated, honest, outgoing, entrepreneurial, with 4 years of college or equivalent. Call our office and leave message (or fax) 24 hours: 877-286-5339.

FINANCIAL SERVICES. Account Execu-FINANCIAL SERVICES. Account Executives wanted by established financial services firm. \$100K plus. We offer a comprehensive training program, effective marketing systems and mentoring. Contact: Brad Kingsberg 858-395-0551 or fax resume to: 858-753-1715 or e-mail to: brad@idpfinancial.com.

FITNESS CENTER. Independent Trainers wanted. Offer your clients the advantage of our fully equipped, centrally located training studio. Details: lan, 858-569-9911; e-mail your information: tdgonzalez@mac.com.

tagonzalezemac.com.
FITNESS CENTERS hiring Front Desk
Staff, Sales Consultants and Group Exercise Instructors. Part/full time. Being Fit
Fitness Centers. Mira Mesa, 858-5493456; Clairemont, 858-483-9294; www.

FITNESS TRAINER with strong fitness background. Personal training experience required. Must be able to work full/part time hours. E-mail resume: part time hours. E-mail resume donawilson@fitnesstogether.com or call 858-451-6051.

FRONT DESK MANAGER, with hotel sales experience for Holiday Inn Express, Encinitas. Great pay, benefits. Call Jay,

# **Free Classifieds!**

Post free online ads with photos at SDReader.com

619-920-2277 or fax resume to: 760-944-

FRONT DESK/LOBBY ATTENDANT needed for upscale condos in La Jolla. Monday, Tuesday, Saturday, 2:30pm-11pm. Thursdays and Sundays, 6am-2:30pm. Must have California Driver's License. Start \$10/hour. Benefits after 90 days. Call between 9am-4pm. 858-459-9571.

PUNDRAISING for national charities and the Democratic Party. Over 20 years in business. Paid training. Full time or part time. \$8.50/hour plus Bonus. Medical, dental, 401(k), regular raises. Convenient location. Apply at Gordon & Schwenkmeyer: 9620 Chesapeake Drive, San Diego 92123-1369. Call 858-496-2100.

GARDENERS WANTED full time, Monday-Friday. Some experience preferred. Coastal and city central locations. Com-petitive wage DOE. Positive, motivated in-dividuals, call 619-454-1064.

dividuals, call 619-454-1064. **GENERAL.** Free employment and training services for individuals with disabilities, ages 18-21 on probation or parole. Able-Disabled Advocacy, Inc., 2850 6th Avenue Suite 311, San Diego, CA 92103. 619-231-5990 x305.

b 19-231-5990 x305. **GENERAL.** Gain skills to succeed. Are you 1 6 to 21, low income, need high school diploma or GED and work experience? Turning the Hearts Center, 619-691-9643

691-9643. **GROCERY/NATURAL FOODS.** Now hiring! Grocery Supervisor (Graveyard), Vitamin Specialist, Demo Clerk (Del Mar), Vitamin Specialist (4S Ranch). \$9-\$15/hour. Great environment, competitive pay, bonus and benefits. Jimbo's Naturally! 12853 El Camino Real, Del Mar. Fax

858-793-7732. hr@jimbos.com. www.

GROUP FITNESS INSTRUCTORS: Corporate, Luxury and Residential exercise environments. Locations all over San Diego. All types of classes, all days and times. A.M. STEP class and SPIN instructors especially needed now. Certification and experience required. E-mail: FitX@ fitxsandiego.com. Please fax resume to 858-715-8681. Call 858-715-8611.

GUARDS/SECURITY. Join the #1 Secu rity Team where people make the differ-ence. Call Securitas, the largest, most ence. Call Securitas, the largest, most respected security company in the world! Countywide positions available. Free Guard Card training. Medical/dental/vision and 401(k), excellent working environment, free uniforms. For fastest response, apply online now! www. securitasjobs.com. Thank you for applying online! Or call San Diego: 619-61-049; San Marcos (North County): 760-591-3733; Temecula: 951-676-3954. EOE/M/FN/D, drug free. PPO #14827.

HAIR DESIGNERS. Busy Gaslamp salon seeking booth renters. Walk-ins available! Great urban loft environment, convenient parking. Move-in incentives. 619-231-7588.

HAIRDRESSER/MANICURIST needed for salon in Hillcrest. Full time or part time. Booth rental only. Free parking. Call Judy, 619-291-1190.

HAIRSTYLIST. Lower your expenses! La Jolla/UTC. Relaxed, established easy-going salon seeks weekly booth renters: \$200/week. Call Paul Gerard Hair Salon,

HAIRSTYLIST. Stylist with established clientele. Booth rent \$225/weekly. Centrally located, attractive salon off I-15 on Carroll Canyon Road. Sales commissions/some walk-in clientele available.

HAIRSTYLIST/ESTHETICIAN for Dreamer's

own clientele. Reasonable rent. Insurance paid. Please call Suria, 858-722-2971. 
HARSTYLIST for high-traffic, full-service Aveda Lifestyle salon. Salary plus commission. Extensive advanced education. Call Allen at 858-457-3334 or fax 619-697-9571.

697-95/1.

HAIRSTYLIST position available. Upscale salon located at busy Mission Valley mall.

"Lots of foot traffic." Looking for dependable, friendly, motivated Hairstylist. Call for more information: 619-293-3355.

HAIRSTYLISTS. Benefits, reasonable rent. Upscale European-style Uptown salon now hiring experienced Stylists with own clientele. Can retail own products. Ample parking. Good, natural lighting! Antoine, Salon Antoine, 619-277-7747 or 619-291-7747.

HAIRSTYLISTS/MANAGER. Color, cuts, texturizing, waxing... you can do it all. We're looking for skilled Hairstylists motivated to make money and have fun at the same time. Mira Mesa and UTC areas. Call 858-344-2332.

HAIRSTYLISTS/MANICURISTS. Large booths. Part/full time. Full-time rental-\$140 weekly. Ask about our moving al-lowance/rent credit; \$4,000. Great place to move your clients. Free reception/ phone/towels. 100% retail is yours. Golden Touch, near Fashion Valley. 619-972-7744.

972-7744.

HAIRSTYLISTS! Super hip salons in Poway, Carmel Mountain, Scripps Ranch, Rancho Bernardo seeking hairstylists. No clientele needed! Walk-in clients available. Will train. Benefits package includes ealth insurance. 858-380-5882

neatin insurance. 858-380-5882.
HEALTHCARE, Caregivers, Homemakers, HHAs, CNAs, and Personal Assistants. Competitive/weekly pay, flexible hours, training opportunities! Apply weekdays, 8am-3pm: Right at Home 858-451-5762; 16486 Bernard Center Drive #124, San Diego, CA 92128. www.rahencinitas.com

HEALTHCARE: MEDICATION GIVER, part

train. Benefits available. Apply in person at Sunrise Assisted Living At La Costa (li-cense #374601134), 7020 Manzanita Street, Carlsbad, CA 92011. 760-930-

HEALTHCARE: RNs, LVNs, AIDES. Join La Jolla Nurses! Looking for Home Health Aides, ongoing assignments. Also per diem work—you pick the days, hours and shifts! Competitive pay rates, excellent work assignments. Employee-owned agency—you receive shares of company stock free! State-licensed home health agency. Medical, dental and vision benefits; 401(k) plan, referral bonus. La Jolla Nurses HomeColes, 858-454-9339.

HEALTHCARE: Interpreters, Healthcare Assistant/Interpreter, CNAs, LVNs, Cooks, Food Service Workers, Nutrition Care Assistants, Environmental Service Care Assistants, Environmental Service Workers, Home Health: LVN, Home Health Aides, CNA/Personal Care Assistants, Homemaker/Companion/Sitter. Apply online: www.pph.org, weekdays: 7:30am-4:30pm, Palomar Medical Center, HR: 660 East Grand Avenue, Escondido, 92025; Pomerado Hospital, HR: 15615 Pomerado Road, Poway, 92064.

Competitive pay, flexible schedules, paid weekly, training for caring, compassionate, dependable people with personal transportation. Apply weekdays: 9am-4pm. Right at Home, 8369 Vickers Street #203, San Diego CA 92111. www.rahlajolla.com. 858-277-5900.

HOSPITALITY JOB FAIR: Find a job! Build a career! Public welcome. SDSU Hospitality Job Fair and Career Expo 2008. Free admission, seminars and workshops! Bring your resume. Wednesday, 4/23, 10am-2:30pm. San Diego State University Centennial Walkway. For more information, direction and to register, visit www.jobfairsandiego.com.

www.joblarsandlego.com.

HOTEL HOUSEKEEPING. Rancho Valencia Resort. Room Attendants, Supervisors, Turn Down Attendants. Previous hotel housekeeping experience is required. Supervisor positions require ex-

cellent English communication skills! Please send your resume to hr@ ranchovalencia.com or apply in person at 5921 Valencia Circle, Rancho Santa Fe, CA 92067. No phone calls please. EOE/Drug-free workplace.

HOTEL. Historic Hillcrest hotel seeking Host/Hostess, Front Desk, Line Cooks. Flexible hours/work days needed. Experience preferred. Pacific Manor Suites. E-mail: jobspms@cox.net. Or fax: 619-291-1025.

619-291-1025.

HOTEL: Find a job! Build a career! SDSU Hospitality Job Fair and Career Expo 2008. Public welcome, free admission, seminars and workshops! Bring your resume. Wednesday, 4/23, 10am-2:30pm. San Diego State University Centennial Walkway. For more information, direction and to register, visit www. jobfairsandiego.com.

Jobairsandiego.com.

HOUSECLEANING. Weekly pay. Paid mileage. Merry Maids offers flexible hours. No nights, weekends, holidays. Work in teams. Insured car required. Must speak English. South Coast/all south areas only, 619-336-1612; 619-226-2621.

HOUSEKEEPERS. Immediate openings!
Part time and full time. Earn up to \$462 weekly after 5 weeks full time plus tips.
Paid weekly. Must have car and phone.
Call today, start tomorrow!
WorkWithDanas@aol.com
Dana's Housekeeping Personnel Service. 619-298-6110.

HVAC TECHNICIAN. ARS of San Diego is seeking career-minded HVAC Technician with minimum three years experience. If you like the idea of working for a national you like the idea of working for a national leader in the service industry, with benefits that rival the the industry standard, and have the motivation and desire to earn an income that would make many college graduates envious, fax your resume to 856-677-5479; or apply in person: 6162 Nancy Ridge Drive #100, San Diego (92121), Drug-free work environment. License #791820.

IN-HOME CARE. Caregivers and Companions. Minimum 1 year experience non-medical home care for seniors. Valid California Driver's License. Serving Santee/La Mesa/Del Cerro/San Carlos. Maureen, Visiting Angels, 619-749-7525.

INSIDE SALES/APPOINTMENT SETTER. INSIDE SALES/APPOINTMENT SETTER.
Part time-full time. Days/evenings. Experience preferred. Better Business approved. Convenient Mission Valley office.
Great income potential, hourly plus
bonuses, weekly pay. 858-279-9896.

#### HELP WANTED



**Seasonal Photography Staff** to work onboard our cruise ships during the 2008 Alaska season (May-September)

If you are looking for a truly unique job opportunity in photography this summer while traveling through the Alaskan wilderness, you are ready to come aboard with Princess Photography!

Onboard photography is focused on portrait photography, using both the natural scenery of Alaska and onboard studio setups. It is fast paced, high volume, and high quality, as we provide all digital equipment and a state-of-the-art onboard lab. As a photographer, you will be shooting photos ashore and on the ship, processing photos for purchase, using Photoshop and Adobe on a regular basis, selling the finished photos, and providing top-quality customer service to our passengers.

- Must have 1+ year of photography work experience OR 2+ years of formal photography training.
- Must be available between May and September for a minimum of 3 consecutive months.
- Contract lengths will be between 3-5 months in length, working 7 days per week. To apply, e-mail résumé to: careersatsea@princesscruises.com

#### The housekeeping team at Rancho Valencia Resort and Spa is hiring!

We are currently seeking:

#### **Room Attendants Supervisors** Turndown Attendants

Previous hotel housekeeping experience is required. Supervisor positions require excellent English communication skills!

Please send your resumé to: hr@ranchovalencia.com

Or apply in person at: 5921 Valencia Circle, Rancho Santa Fe, CA 92067 No phone calls, please.





## Careers in Probation



## **Deputy Probation Officer**

Minimum Qualifications

- 21 years old Good physical condition No illicit drug usage • U.S. citizen or in process of becoming a citizen
  - No felony convictions Bachelor's degree with experience

**Salary:** \$50,752-\$61,672 annually Safety Retirement-Sworn Officers 3% at age 50. Bilingual men/women encouraged to apply.

Test date: April 26, 2008

Qualified applicants will be notified by mail of the date, time and location of the test. All applications must be submitted no later than 15 days prior to the exam date. Applications received after the 15th day will be scheduled for the following exam. Applications can be accessed on-line from the Job/Current Recruitments section of the County website at:

> http://www.sdcounty.ca.gov Jobline: 858-514-8558

San Diego Police Department

#### **NOW HIRING POLICE OFFICERS**

Become One of America's Finest and Discover the Possibilities!

Over 100 career opportunities including nationally recognized SWAT, K-9, Air Support, Motor, Beach, Bike, Horse, Harbor and Investigative Teams.

**Test Dates:** 

Sat., April 12, 2008 • 8:30 am Location to be determined

Wed., April 16, 2008 • 6 pm Balboa Park Club Ballroom

2150 West Pan American Road & Presidents Way

Fri., April 18, 2008 • 8:30 am Balboa Park Club Ballroom 2150 West Pan American Road

Sat., April 19, 2008 • 6 am

SD Regional Law Enforcement Training Center (PAT Test)

& Presidents Way



For more information, call: (619) 531-COPS Or visit our website at: www.sandiego.gov/police





If you didn't, then you owe it to yourself to find out how you can work from home and live a life of financial freedom utilizing our lucrative marketing business model.

We are proof it can happen: 3 years ago we were working dead-end jobs and now we have a life of wealth and abundance.

Serious inquiries only, please.

800.631.9439 www.swanlifestylecoop.com

# americafunding Loan Officers #1 Ranked Lending Tree Local Broker

America Funding is a nationally ranked Lending Tree Partner. Due to our continued rapid growth, we have Loan Officer positions available for top-producing Loan Officers. We support our team's success by providing:

- Technology that shortens the sales cycle so you fund more loans
- Outstanding training
- Unlimited qualified leads
- Total back office and front office support
- An excellent commission structure

Our outstanding compensation plan also offers you complete health benefits and a 401(k).

Send your résumé to fax: 858-526-6999 or e-mail: hr@afunding.net www.america-funding.com

EOE M/F/D/V DRE License #01396986 **INSTRUCTORS, SWIMMING.** \$11-\$19/ hour, North County: 760-744-7946 or San Diego: 858-273-7946.

Diego: 898-273-7946.

JANITORIAL. Computer room cleaning company seeking reliable, detail-oriented people. Supervisory/non-supervisory positions available. Training provided, Must speak fluent English. Need to work flexible shifts including days, evenings, and weekends. \$10/hour to start. Need valid CA license. Call 800-328-2256 x30.

DB COACH/COMMUNITY Training Specialist. \$9.75/hour to start. Assist developmentally disabled adults in the community. 32.5 hours/week. Benefits. EOE. Apply Monday-Friday, 9am-4pm. Stein Education Center, 6145 December 2019. Benefits. Box 100 September 2019. September 20

0453. www.vistahill.org.

JOB COACHES. Community-oriented Center for Independent Achievement is seeking dependable individuals in East County. 14 group ratio maximum. 98.50-\$9.50/hour. Annual raises. Bonuses for exceptional performance. Benefits with full-time. pficareer@yahoo.com. Fax 619-440-6864. 619-440-6802.

tull-time. piicareer@yahoo.com. Fax 619-440-6864. 619-440-6862.

JOB FAIR! Registrar of Voters.
Wednesday, 3/26/08, 9am-1pm. 5201
Ruffin Road, Suite I, San Diego 92123.
Now hiring temporary full-time workers for the June and November 2008 elections. Trainers: train Poll Workers; \$25/hour; previous experience as a Trainer and 15-minute presentation required with interview. Online Training Coordinator/Training Assistant: computer/phone skills; \$12.29/hour. Recruiters/Clerical: computer and phone skills; \$10.62-\$14.25/hour. Good customer service skills required. Must be 18 years of age. Job applications available online at sdvote.com under Temporary Employment. For directions, call 858-495-5153.

JOB FAIR: Public welcome. Free admission field in the Rufflee according to the control of the control of the control of the computer and positions.

JOB FAIR: Public welcome. Free admission. Find a job! Build a career! SDSU Hospitality Job Fair and Career Eyo 2008. Seminars and workshops! Wednesday, 4/23, 10am-2:30pm. Bring your resume. San Diego State University Centennial Walkway. For more information, direction and to register, visit www. jobfairsandiego.com.

JOB WANTED, I am seeking a caregiver/childcare/housecleaning of office position. BA Psychology degree. Experience, references. Kris 619-280-6426.

JOB WANTED: Woman seeking part-time work in sales, customer service, or office assistant. Hillcrest to Normal Heights area. Call Dee, 619-281-0874.

LANDSCAPE TURF MAINTENANCE Tech Entry-level career opportunity for estate/horse facility management. Experience and transportation required. 858-270-2273.

LAW ENFORCEMENT. Deputy Sheriff and Deputy Sheriff Detentions/Courts. San Diego County Sheriff Detentions/Courts. San Diego County Sheriff's Department. Hiring for two types of positions; take one exam, apply for either or both! Exam Dates: Wednesday, March 26, 2008, 5:30pm arrival or Wednesday, April 2, 2008, 5:30pm arrival or Wednesday, April 2, 2008, 5:30pm arrival or Wednesday, Poril 2, 2008, 5:30pm arrival, Sheriff's Administrative Center, 9621 Ridgehaven Court, San Diego CA 92123. Registration by e-mail or phone is required for the Ridgehaven test ONLY are ceruit@sdsheriff. Detention/Courts: \$39,796-\$61,608 annual salary, plus benefits. 18, evar-olds eligible to apply! Deputy Sheriff: \$49,704-\$71,099 current annual salary, plus benefits. U.S. citizen or applied for citizenship; 20-1/2 years old. High school graduate or G.E.D. required Shing valid photo ID. Valid California Driver's License prior to appointment. Effective oral and written communication in English. EOE. Additional test dates: www.joinsdSHERIFF.net. 858-974-2000.

LEASING AGENT for North County and East County and San Diego luxury apartments. Sales experience a plus. Will train. Fax resume to 888-369-9229. E-mail wmapplicants@aol.com.

wmappicantizeducitom.

LIGHT INDUSTRIAL. Volt Services Group has immediate Temporary, Temporary-to-Direct Hire and Direct Placement opportunities. Competitive wages, paid weekly, paid holidays and vacation. Medical and dental insurance plans, state of the art training, career management and more. www.jobs.volt.com. Call Volt Services Group for more information. EOE. San Diego: 885-576-3140; e-mail: clairemont@volt.com. Carlsbad: 760-729-8916; email carlsbad@volt.com. El Cajon: 619-401-1524; email elcajon@volt.com. San Marcos: 760-471-0800; email sanmarcos@volt.com. Scripps Ranch: 858-578-920; email scrippsranch@volt.com.

LIGHT OPERATOR wanted for alcoholfree teen club in Escondido. No experience required. Must have excellent sense of rhythm, preferably a musician. Leave message at 760-591-1332.

LOAN OFFICER/SALES. Complete in house and brokered services. Ideal for self starter Contract negotiable. Leave message. 24 hours or fax resume. 888-313-7226.

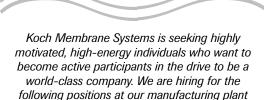
hours or fax resume. 888-313-7226.

LOAN OFFICERS. Experienced full time sales person wanted for Mission Valley office. The success of HomePlus Mortgage is based on our affiliation with the country's premier lead provider. We are a multi state lender looking for California DRE licensed loan salespersons that want to benefit from this affiliation. Hourly wage plus overtime draw against competitive commission split and bonus; high earning potential. Call Phil, 619-325-0569.

potential. Call Phil, 619-325-0569.

LOAN OFFICERS. Nationally ranked Lending Tree local broker. America Funding is a nationally ranked Lending Tree Partner. Due to our continued, rapid growth, we have Loan Officer positions available for top producing Loan Officers, which average \$150K plus per year. We support our team's success by providing: technology that shortens the sales cycle so you fund more loans; outstanding training; unlimited qualified leads; total back office and front office support; an excellent commission structure. Our outstanding compensation plan also offers you complete health benefits and a 401(k). DRE License #01396986. Send your resume to: fax, 858-526-6999 or hr@afunding.net, www.america-funding.com. EOE MF/DV.

## KOCH MEMBRANE SYSTEMS



located in Scripps Ranch.

#### Manufacturing Engineer

Immediate opening for a qualified Engineer with past experience in manufacturing or process engineering. Project management and PLC/computer-controlled process a plus. Must be able to identify and implement new and/or improved equipment for membrane and spiral element processes, improve process throughout, and reduce costs.

#### **Environmental Health & Safety Manager**

Immediate opening for a hands-on Manager with a minimum of 5 years of professional EH&S experience. Must have experience with industrial hygiene, respirator programs, ergonomics, injury and illness prevention programs, California environmental requirements for air and water, and California hazardous waste management. Must be technically skilled and able to perform physical mechanical tasks to maintain water treatment, air discharge, and monitoring tasks. Must have formal occupational safety, industrial safety, industrial hygiene training and/or education; BS in associated discipline preferred. Supervises 2 positions.

#### Journeyman Electrician II

Must have knowledge of NEC and California state codes on wiring requirements, knowledge and experience with industrial applications (installation and troubleshooting of plant and manufacturing equipment), knowledge and experience with proper PPE and arc flash requirements (NFPA 70E). Must be a Certified/Licensed Journeyman Electrician with 5 years of experience, preferably in a manufacturing/industrial environment, and be up to date on applicable codes (NEC and CA).

#### Journeyman Electrician

Must have knowledge of NEC and California state codes on wiring requirements, experience troubleshooting and correcting PLC/controls issues, experience in developing, specifying and installing new/upgraded PLC/process controls. Must be a Certified/Licensed Journeyman Electrician with 3 years of experience, preferably in a manufacturing/industrial environment with experience specifying and installing PLC and other process control equipment.

#### **PRODUCTION**

\$500 Starting Bonus for Production Workers!

## Machine Operator/Castor/Coater (3-4-4-3 shifts)

Immediate openings for experienced Machine Operators in our Membrane Manufacturing Department. Major duties include setting up and monitoring machine for coating and/or casting membranes; transfering and monitoring chemicals and making adjustments as needed; taking samples of membrane and chemicals; keeping complete and accurate records and logs of readings; changing rolls of fabric as necessary; draining, cleaning, and refilling chemical troughs as necessary.

#### Packagers, Preppers, Wet Testers, Brine Sealers, Rollers (1st, 2nd, and 3rd Shifts)

Candidates should have good math skills, be able to lift 40 lbs., and be willing to stand all day. Must have 1 year of previous manufacturing experience. These will initially be payrolled through an agency during an introductory period.

Koch Membrane Systems offers an excellent benefits package including a matching 401(k) plan. Please fax résumé to KMS at: **858-635-1009**, fill out an application at: 10054 Old Grove Road, San Diego, CA 92131,

or e-mail: mesteban@kochmembrane.com

For more information about the company, please visit our website: www.kochmembrane.com

LOAN ORIGINATORS. No experience necessary! The best training in the industry. We are one of the Top 10 Brokers in the State of California and a world class financial institute that strives to meet and exceed the expectations of our customers. We offer excellent base salary/commission and full benefits package (medical/dental/401k). We are seeking a few dynamic, motivated and goal-oriented professionals to become part of our winning team. If you are looking for unlimited income potential and a fun work atmosphere, let us hire and train you to achieve the career you expect. Call: 858-228-1999 x108 or e-mail sarande@ expediahomeloans.com.

MACHINE OPERATOR. (2nd shift). North County positions. Also, Electro-Mechani-cal Assemblers, Soldering Specialist, Fiber Optic Tech, Machine Operators, Material Handlers, Production, Assembly and Warehouse Workers. MDI offers paid holidays after 520 hours and vacation bonuses after 2000 hours. Apply at MDI Staffing: 858-277-5680.

MACHINE OPERATOR/Castor/Coater (3-4-4-3 Shifts). Immediate opening for experienced Machine Operators in our Membrane Manufacturing Department. Major duties include setting up/monitoring machines for coating and/or casting membranes. Transfers/monitors chemicals; makes adjustments as needed; takes samples of membrane/chemicals; changes rolls of fabric as necessary, drains, cleans, refills chemical troughs as necessary. Fax resume to KMS: 858-635-1009; apply: Koch Membrane Systems, 10054 Old Grove Road, San Diego, 92131. Email: mesteban@kochmembrane.com. Visit: www.kochmembrane.com. EOE. M/F/D/N. MACHINE OPERATOR/Castor/Coater (3-

MAID SERVICES. Relax. It's done. No nights, weekends, holidays. Merry Maids offers flexible hours, weekly pay, paid mileage. Work in teams. Insured car required. Must speak English. South Coast/all south areas only, 619-336-1612; 619-26-2621

MAINTENANCE. Volunteers of America Southwest California, a faith-based social service nonprofit, is seeking a qualified candidate to perform general maintenance and repair duties at a licensed adult residential facility for mentally ill adults in Spring Valley. Must clear fingerprints, complete criminal background check, and have a clean driving record (\$11/hour). Call HR: 619-28-2811; fax: 619-282-8210; e-mail: hr@voa-swcal.org; or mail resume: Volunteers of America Southwest CA, 3530 Camino Del Rio North, #300, San Diego, CA 92108. EOE/Affirmative Action Employer.

MAINTENANCE/HVAC for North County

- Maint be experienced

# **Free Classifieds!**

and HVAC certified. Background/drug test required. Benefits. Fax resume to 888-369-9229 or e-mail wmapplicants@ aol.com. Call 888-252-7976.

aol.com. Call 800-202-1010.

MANICURIST. One of the lowest booth rentals available! Relaxed, established easy going La Jolla/UTC salon. \$100/week. Lower your expenses. Call Paul Gerard Hair Salon, 858-625-0555.

MANICURISTS/PEDICURISTS for busy, upscale spa boutique in La Jolla. You are friendly, outgoing and motivated. Start 4/1. Contact Danielle at 858-922-6595 or

booths. Part/full time. Full-time rental \$140 weekly. Ask about our moving al lowance/rent credit, \$4,000. Great place to move your clients. Free reception/ phone/towels. 100% retail is yours. Golden Touch, near Fashion Valley. 619-

MANUFACTURING ENGINEER. Immediate opening. Requires experience in manufacturing or process engineering. Project management and PLC/computer controlled process a plus. Must be able to identify and implement new and/or improved equipment for membrane and spiral element processes, improve process throughout, and reduce costs. Fax resume to KMS: 858-635-1009; apply: Koch Membrane Systems, 10054 Old Grove Road, San Diego, 92131. Email: mesteban@kochmembrane.com. Visit. www.kochmembrane.com. EOE. M/F/D/V. MANUFACTURING ENGINEER. Immedi

MARKET RESEARCH Telephone Inter warner REDEARCH Telephone Interviewers. No selling, Friendly, outgoing. San Diego's fastest-growing market research company. Bilingual Spanish a plus. Hourly, bonuses, medical. Advancement opportunities. www. ulthresearch.com. Apply: Luth Research, 1365 Fourth Avenue, Downtown. Job Hotline: 619-243-8045.

MARKETING COMMUNICATIONS MAN AGER. Full-time, Carmel Mountain. Bach-elor's Degree and 5+ years marketing, marketing communications, advertising experience. Microsoft (Word, Excel, Pow-erPoint), Adobe. Salary/benefits. Re-sume: MarComm.Careers@SKLZ.com.

MARKETING. 20-hour work week. Gener-

ness/marketing opportunity. 800-631-9439. www.swanlifestylecoop.com.

MARKETING. Immediate openings for Telemarketing Trainees! No selling required. Positive attitude! 8/hour plus bonus! Rock 'n roll atmosphere. No experience necessary. Great daytime hours, off at noon on Friday. Call today, start tomorrow! 858-571-8652.

Beach clinic. Clinic experience required Evenings, 5pm-8:30pm. Weekends a must! Email resume: ibmark@san.rr.com

MECHANIC. Alignment and brakes. Tire store. 3 years experience. Must have California license and own tools. Lemon Grove. Call Maria or Roy, 619-466-5568.

MEDICAL BILLER for transportation company. Must have knowledge of Medicare Medi-Cal and private insurance for transportation and E-TAR forms. MedFleet Amportation and E-TAR forms. bulance, 8912 Troy Street, Spring Valley, 91977. 619-884-2630.

be detail oriented. Medical Manager a plus. Bilingual preferred. Drug and TB test. Excellent benefits. Fax resume/ salary requirements: 858-292-5496.

MENTAL HEALTH COUNSELOR. Exciting full-time opportunity working with SED, high-risk youth/families. BA in psychology or related; minimum 1-year experience or related; minimum 1-year experience working with the population. Bilingual preferred, MHS, Inc. is an EOE, offers excellent benefits/competitive salaries. Please send resume/cover letter to famfor-admin@mhsinc.org or fax 858-569-1873.

MYSTERY SHOPPERS: Get paid to shop Earn up to \$200/day. Experience not required. Call now: 800-486-7204.

NAIL TECH. Full-time. Downtown Aveda Salon and Spa. Friendly, highly pre-sentable. Perfect execution of gel nails a must! Open Tuesday-Saturday 11am-7pm, Mondays on call. 619-980-4765.

opm, Mondays on call. 619-980-4765.

OFFICE SUPPORT, full time. We are seeking a self-motivated person with take-charge ability for a rewarding career in a dynamic industry. We're a growing, employee-owned home health agency in need of an organized, detail-oriented individual with superior people skills and the desire to handle responsibilities independently. General office skills to include filling light broing computer and multiple. pendently. General office skills to include filing, light typing, computer and multiple phone lines. Competitive salary; full benefits including medical, dental, 401(k) and employee stock ownership program; excellent growth potential! La Jolla Nurses

OFFICE. Immediate long-term and temporary positions. Managers, Recruiters, Call Center, Sales Staff, Account Managers, Full benefits available immediately. Call 858-292-8562, fax 858-292-0230, e-mail help@gostaff.com, apply online www.gostaff.com

gostari.com.

OPEN HOUSE. Free! San Diego County
Sheriff's Department. Tuesday, March 25,
2008, 6pm-8pm (doors open at 5:30pm).
Great opportunity for anyone interested in
a Law Enforcement career. Talk to the
heroes of the Sheriff's Department about neroes of the sheriff's Department about the hiring process, qualifications, bene-fits, career advancement, the Academy and much more! 145 seats available; first come, first served (doors close at 6:30pm). FOE. San Diego County Sher-iff's Department, 9621 Ridgehaven Court, Sep Diego (A) 02122

OUTBOUND CALL CENTER. Limited openings for serious-minded Sales Reps with exceptional people skills. \$13.50/hour plus incentives! Please call 866-860-7113 or e-mail schapman@

webnetglobal.net.

OUTDOOR YOUTH COUNSELOR. Do you love the outdoors and helping troubled teens? Immediate openings at Eckerd outdoor therapeutic programs in North Carolina, Tennessee, Georgia, Florida, Vermont, New Hampshire. Year-round residential position, free room/board, competitive salary/benefits. Info and apply online: www.eckerdyouth.org or fax resume to Career Advisor/AN, 727-442-5911. EOE/DFWP (AAN CAN).

PACKAGERS/PREPPERS/Wet Testers, Brine Sealers, Rollers. (1st, 2nd, and 3rd Shifts). Candidates should have good math skills, able to lift 40 lbs, and be willmath skills, able to lift 40 lbs, and be willing to stand all day. Requires 1 year manufacturing experience. These will initially be payrolled through an agency during an introductory period. Fax resume to KMS: 858-635-1009; apply: Koch Membrane Systems, 10054 Old Grove Road, San Diego, 92131. Email: mesteban@ kochmembrane.com. Visit: www.kochmembrane.com. EOE. MF/D/N.

PART TIME. Looking for a home-based business? Join our Watkins team today. Flexible, part time, excellent training provided. Free info at www.zestybiz.com.

PAWNBROKER. Full-time, experience required. Must be motivated, reliable. Able to lift and type. Future management possibilities. Apply in person: 3993 30th, North Park; fax 619-298-1948.

PHONE SALES-PROMOTIONAL Products. Earn up to \$450/week starting. Paid weekly. 7:30am-2:30pm, weekdays. Fun, upbeat office. Expanding 21-year-old company. Call today, start tomorrow! 858-715-0049.

Post free online ads with photos at SDReader.com

888-715-0049. **PHONE SALES.** Earn \$1000-\$2000+ per week! Paid training. \$11+ per hour. Great hours! 401(K), medical, dental benefits. Call today, start tomorrow! Kearny Mesa: Allen, 800-854-1549 x101. Mira Mesa: Ron, 800-854-2830 x226. Oceanside: Mike, 619-701-3631.

PHOTOGRAPHERS, SEASONAL. May quires 1+ year work experience or 2+ years formal training. Must be available minimum 3 consecutive months. Conyears formal training, must be available minimum 3 consecutive months. Contracts are 3-5 months working 7 days/week. E-mail resume careersatsea@princesscruises.com.

PLUMBERS. ARS is seeking careerminded Plumbers with minimum 2 years experience. If you like the idea of working for a national leader in the service industry with benefits that rival the industry.

for a national leader in the service indus-try, with benefits that rival the industry standard, and have the motivation and desire to earn an income that would make many college graduates envious, fax your resume to 858-677-5479 or apply: 615 Nancy Ridge Drive #100, San Diego (92121). Drug-free work environment. Li-cense #791820.

with experience needed now! Rescue Rooter offers: Medical/dental, 401(k), vans/tools, paid vacations/overtime, high income, drug-free workplace. To apply, please e-mail: lmyking@ars.com or call: 858-457-6506. AA/EOE. License

No experience necessary. Work in plumbing, drain cleaning trade. We train. Earn up to \$900/week with opportunity for advancement. Includes medical insurance. Must have small truck or van. 858-444-1314. PLUMBING APPRENTICE. Need a trade?

444-1314.

POLICE OFFICERS. San Diego Police Department is hiring! Ready for a career change? See our upcoming test block dates on our website. Police Recruit earns \$42,723 per year. Police Officer I earns \$43,596 per year. Police Officer I earns \$61,110 per year. For more information, Call 619-531-COPS or visit our website at: www.sanferg.org/vpolice ite at: www.sandiego.gov/police.

PORTER, North County. Drug test required. Fax resume to 888-369-9229 or email wmapplicants@aol.com or call 888-252-7976.

www.scanavia.com

PROBATION CAREERS. Correctional Deputy Probation Officer I. County of San Diego Probation Department now hiring. Test Date: April 5, 2008, 8am. Montgomery Middle School, 2470 Ulric Street, San Diego 92111. Must be 21 years, good physical condition, no illicit drug usage. U.S. citizen or becoming a citizen. Pass criminal/personal background investigation. No felony convictions. High school diploma/GED. \$35,069-\$44,741/year. www.sdcounty.ca.gov/probation. Jobline: 858-514-8558.

Dation: Jobiline: 598-5 (4-8598).

PRODUCTION. Production workers get \$500 starting bonus! Fax resume to KMS: 858-635-1009; apply: Koch Membrane Systems, 10054 Old Grove Road, San Diego, 92131. Email: mesteban@kochmembrane.com. Visit: www.kochmembrane.com. EOE. M/F/D/V.

REAL ESTATE APPRENTICE. Real Estate investment company seeks motivated in-dividuals. Full/part time. Commission only. Will train. Locations in North County, San Diego, Orange County. For interview, call 877-336-8369, ext. 4929.

Call 877-330-8309, eXt. 4929.

RECEPTIONIST, SALDN. Part-time. Hot downtown Aveda Salon needs a Receptionist on Thursdays and Fridays 11am-pm and Saturdays 11am-6pm. Must be friendly and highly presentable. 619-980-4765.

RECREATION ASSISTANT for the Stein Education Center, a private special education School serving children with Autism and other disabilities. Candidates must possess 12 units of Early Childhood Education or 12 units in a related field and a valid California driver's license. Duties include supervising direct care, scheduling social and recreation activities. Computer knowledge preferred. Monday-Friday, 9:30am-6pm. Starting salary \$10.33/hour with benefits. Pre-employment screening (drug test, TB) and Background Check (FBI and Department of Justice). FOE. Apply in person, 6145 Decena Drive, San Diego 92120 or fax resume to 619-281-0453. RECREATION ASSISTANT for the Stein

RECREATION. Thousand Trails, Inc. seeks motivated, energetic people to work on our San Diego Park in Jamul. Email: ppmg/@1000trails.com or fax resume to 619-421-5128.

RESERVATION AGENTS. Hourly pay plus bonuses. Full or part time. AM/PM shifts. Paid weekly. Medical, dental. Near Grantville trolley station. Other positions available. www.monarchjobs.com. Call today, start today! Mission Valley: 619-687-0070.

RESORT. Full-service destination RV Resort is accepting applications for Cashier/Food Server, Reservations, Registration, Site Cleaners, Janitors, Pool Attendants, Cafe Supervisor, Air Brush Tatoo/Market Clerk, Market Shift Leader and Market Clerks. Resort perks include free non-motorized boat rentals and resort discounts! EOE. To apply, visit us Monday-Friday, 8am-noon or 1pm-5pm: Campland On The Bay, 2211 Pacific Beach Drive, on beautiful Mission Bay. Please call our Jobline for updates in available positions: 858-581-4208. RESORT, Full-service destination BV Re

#### HELP WANTED

Start fresh with a new career for the New Year...

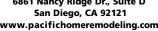
#### \$1500-\$3500 per Week

Join one of the fastest-growing and well-established remodeling companies in Southern California. We were just featured in G.E. Finance magazine as one of the premier remodeling companies in the U.S. and among the top 500 remodelers. We sell and install exclusive products as well as do full remodeling.

Pacific Home Remodeling is hiring ambitious and motivated individuals to set appointments to promote energy-efficient/green living products such as Magic Windows and Flex-On Exterior Coating—all products approved by the Department of Energy.

- Training is provided
- All tools and support to insure success
- Great pay!
- Growth opportunity

Call to schedule an interview: (858) 866-0183 6861 Nancy Ridge Dr., Suite D





Home Remodeling, Inc. Improvement Group





### **HOUSEKEEPERS!**

#### **Immediate Openings!**

- · Weekly Pay
- Earn up to \$462 Weekly (after 5 weeks, full-time) plus tips
  - Part-time or Full-time
  - Must Have Car and Phone WorkWithDanas@aol.com

Call today, start tomorrow! San Diego: 619-298-6110





VACANT CFI POSTIONS!

As a Certified Flight Instructor working for SAA Flight Training, you will have the possibility to earn your CFII and MEII at a favorable employee discount or training bond.

For more information please contact: Torbjorn Gisslund, CEO, at: 619.631.0323

Get paid to shop! Earn up to \$200 per day.

Experience NOT required.

Call NOW: (800) 775-9924



## **Immediate Long-Term** and Temporary **Positions**

#### **CONSTRUCTION**

- LABOR CARPENTERS DRYWALLERS
- MAINTENANCE TECH PLUMBERS
- PAINTERS

#### **DELIVERY DRIVERS**

• CLASS A, B & C – LOCAL DELIVERY

#### LIGHT INDUSTRIAL

ASSEMBLY • WAREHOUSE

#### **OFFICE**

- MANAGERS RECRUITERS
- CALL CENTER SALES STAFF
- ACCOUNT MANAGERS

FULL benefits available immediately.



San Diego and Imperial Counties Riverside and Orange Counties

858-292-8562 951-760-7100

San Diego and Imperial Counties Riverside and Orange Counties

858-292-0230 951-760-7101

E-mail: Help@gostaff.com Apply online: www.gostaff.com

## **LOAN ORIGINATORS**

#### No experience necessary!!!

The BEST training in the industry! We are one of the TOP 10 Brokers in the state of California and a world-class financial institution that strives to meet and exceed the expectations of our customers.

We are seeking a few dynamic, motivated and goal-oriented professionals to become part of our winning team.

If you have a desire for unlimited income potential and are a sales-driven individual, let us train and hire you to achieve the career you expect. We have a supportive and professional work atmosphere that will assure your success in the industry.

We offer excellent base salary/commission and full benefits package (medical/dental/401k).



858-228-1999 ext. 108

or e-mail: sarande@expediahomeloans.com

RESPITE CARE for children and teens with developmental disabilities. Critical need, Countywide! Great pay! New-hire bonus! Nonmedical, in-home help. Caring heart more important than experi-ence. Training. 12-and 24-hour shifts. Flexible schedules, benefits, retirement, childcare. Visit homecarejobs@ childcare. Visit homecarejobs@ atyourhomefamilycare.com. At You Home Familycare. Call toll free: 1-877

903-JOBS.

RESTAURANT. 2 Pacific Beach Subway Restaurants now hiring! Bright, friendly, customer-oriented individuals to add to our team. Strong work ethic and ability to get things accomplished. Experience not necessary. Full and part time, day and evening shifts. Starting hourly \$8.50. Free meals. Apply any day, 9am-3pm: 2015 Garnet Avenue (at Morrell), 858-270-5450 or 4263 Mission Boulevard (between Reed & Thomas). 858-581-6950. Reed & Thomas), 858-581-6950

RESTAURANT. Now hiring! Kitchen Supervisor, Cook II and Baker I (Del Mar) pervisor, Cook II and Baker I (Del Ivial) Deli Clerk and Prep Clerk (Carlsbad) Baker II (Escondido). See ad under Gro cery/Natural Foods. Jimbo's Naturally!

cery/Natural Foods. Jimbo's Naturally! RESTAURANT. Subway is now hiring Counter Attendants and Supervisors! Full or part time, day and evening shifts. Flex-ible scheduling. Competitive wages. Free employee meals. Paid vacation. Tuition assistance. Apply in person. Mira Mesa: 9242 Miramar Road; 858-578-9205. Mis-sion Valley: 2109 Fenton Parkway #1; 619-563-1940. Point Loma: 2907 Shelter Island Drive; 619-223-1900. Management applicants, fax resume to 619-688-9291 me to 619-688-9291

applicants, tax resume to 019-000-9291. **RESTAURANT: COOKS.** Small, fast-paced pub kitchen seeks experienced, motivated Cooks, full or part time. Good pay. Apply at: O'Brien's, 4646 Convoy, San Diego 92111. Tom, 619-675-9691.

Sań Diego 92111. Tom, 619-675-9691.

RETAIL DESK COORDINATOR. Grow with the business! Retail Sales coaching and Merchandising for Dearinger, voted "Best Salon" by San Diego Magazine. Supervise staff, front desk interaction, coach staff members to up-sell and cross-sell services. Sales oriented, self manage, computer literate, highly organized. Medical, dental, chiropractic, acupuncture, 401(k), free hair services, product discounts. Creative environment. dearinger.com. E-mail resume to mark@dearinger.com.

RETAIL SALES. Women's clothing boutique. 2 days per week, Sunday and Monday, some weekends. Benefits. Must be flexible. Clothing retail sales preferred. Good people skills, fashion-oriented, energetic, reliable. Encinitas. Call Jenna, 760-632-7766.

SALES REP. Inside Sales. Do you want to make over \$100,000 a year? All you need to be is disciplined and coachable. Paid training. Vacation time. Health and dental benefits. Great work environment. Media All-Stars, 3055 Rosecrans Place, #102, 92110. Call Melissa, 619-225-0249. www. MediaAllStars.com.

MediaAllStars.com.

SALES REPS. Make thousands per week!
Amazing Inbound Internet leads and calls for Dish Network and DirectV. Positive, high energy. Satellite TV sales a plus. 2667 Camino del Rio South, #201, San Diego 92108. E-mail resume: jobs@amastproviders.com. 866-696-3069.

SALES—Fun/easy insurance/tax service office, life license preferred. Up to \$5000-\$70004/month commission. All prospects at office. No phones or travelling. 858-525-5914. Start now.

525-5914. Start now.

SALES-TELEMARKETING. Contact existing customers of a Fortune 500 company to offer new services. Prior inside sales/telemarketing experience required. Guaranteed hourly plus commissions. Average \$13-\$14/hour. Top sales reps earn \$15-\$20/hour and higher. To learn more about the opportunity call 619-717-2941.

SALES. DialAmerica, celebrating 50 years of money-making success! Seeking motivated, outgoing individuals to represent nationally recognized clients in our state-of-the-art Call Center! Great communication and people skills. Billingual

munication and people skills. Bilingual opportunities available. Paid training. Weekly pay. Base salary. Commission opportunity. Advancement from within. All shifts open; work 4-8 hours/day. 858-292-8822. www.dialamerica.com.

SALES. Do you love selling? Are you fanatical about customer service? Do you enjoy working with your hands? Metro Fire and Safety is now hiring for open sales positions. Fire safety experience a plus but not required. We hire for attitude and train for skill. Call 619-670-3500 x10.

670-3500 x10.

SALES. Expanding Extreme Sports Production Company is looking for professional, team-oriented individuals that are financially driven with good communication skills. Positions available: Management/Supervisors, Merchant Support and Distributors. We are filling the positions immediately. Salaries range. Inside as well as Outside Sales positions. 760-471-4520, 760-471-4525.

SALES. Immediate long-term and temporary positions. Managers, Recruiters, Call Center, Sales Staff, Account Managers. Full benefits available immediately. Call 858-292-8562, fax 858-292-0230, e-mail help@gostaff. m, apply online www.gostaff.com.

com, apply online www.gostaff.com.

SALES. New inbound/outbound call
center—start now! Earn up to \$20-\$30/
hour. Weekly pay. \$500 sign-on bonus!
Full-time opportunities. Paid training.
401(k). Paid holidays. Medical/
dental/life insurance. Cash bonuses
paid nightly. Call 760-497-5291 or apply in person 12-5pm Monday-Thursday: 2851 Camino Del Rio South, Suite
300, San Diego 92108.

SALES. Outside Sales, eLiveLife.
com— sell Salon & Spa certificates
door-to-door and/or from promotional
trade show booths, must be outgoing,

door-to-door and/or from promotional trade show booths, must be outgoing, positive! Kiosk Sales, eLiveLife.com—Mission Valley. Inside Sales, American Satellite-Mission Valley, 2667 Camino del Rio South #204—DirecTV phone center, \$300-\$500/day, 619-398-5050 or e-mail resume to info@eLiveLife.com



## **WEEKLY PAY** \$500 SIGN-ON BONUS!

Paid Training ■ 401(k) ■ Paid Holidays

■ Medical/Dental/Life Insurance
■ Full-time Opportunities

■ Cash Bonuses Paid Nightly

Call: 619-516-7881



Or apply in person 12-5 pm Monday-Thursday: 2851 Camino del Rio South, Suite 300 San Diego, CA 92108

**SALES** 

# **VIALAMERICA**

## **CELEBRATING 50 YEARS OF MONEY-MAKING SUCCESS!**

DialAmerica, Inc. is seeking motivated and outgoing individuals to represent nationally recognized clients in our state-of-the-art call center! Qualified applicants will have great communication and people skills. Paid training, weekly pay, base salary, commission opportunity, advancement from within!

Bilingual opportunities available.

**ALL SHIFTS OPEN!** Work 4-8 hours/day 858.292.8822

www.dialamerica.com

SALES/TELEMARKETING (business to business) for national medical seminar company located in La Mesa. We have expanded our business and its customer base. Therefore, we need more sales reps to cover our territories. Telephone sales and Customer Service experience a plus. Base pay guaranteed with unlimited earning potential. Paid medical benefits. Paid training. 800-669-3328.

SALES: COMMISSION ONLY Telecom SALES: COMMISSION ONLY Telecom Sales for AT&T subagent. Create own leads. 85% of my commission to subagents by 20th of month. 100% commission/spiff paid for February. No resumes; serious inquiries only, e-mail phone.lady@hotmail.com or send name, fax number, e-mail to 707-762-9778. "Previous phone message lost in power outage, please contact Amy again!

SALES: GUYS AND GALS! Travel. Now hiring 18-25 sharp people free to travel with nationwide coed group. All expense paid training. Transportation furnished. No experience necessary! Call Bill Step 10am-5pm: 866-580-5257.

SALES: INSIDE/OUTSIDE SALES. Hande incoming sales calls and visit clients. Experience preferred, but will train. Excellent income and growth potential. High-demand products. Flexible schedule—make your own hours! Call for more information, 858-279-9896.

more intormation, 858-279-9896.

SALES for national medical seminar company. Work in quiet environment. Great hours: 7am-2pm (no weekends). Sales and telemarketing experience necessary. Base pay guaranteed (\$10-\$12 per hour) with unlimited sales commission potential and company paid medical benefits. Call for Interview, 800-669-3328.

for Interview, 800-669-3328.

SALON DESK COORDINATOR. Retail Sales coaching and Merchandising for Dearinger, voted "Best Salon" by San Diego Magazine. Grow with the business Supervise staff, front desk interaction, coach staff members to up-sell and cross-sell services. Sales oriented, self manage, computer literate, highly organized. Medical, dental, chiropractic, acupuncture, 401(k), free hair services, product discounts. Creative environment. dearinger.com. E-mail resume to mark@dearinger.com.

SALON NORTH COUNTY. Hairstylist. Front Desk Coordinator (part-time). Weekends a must! Earth Salon & Spa, AVEDA Lifestyle Salon, 7130 Avenida Encinas #104. Carlsbad. E-mail resume to eric@earthsalonspa.com. arthsalonspa.com.

SALON. Benefits, reasonable rent. Upropean-style Uptown salon now

hiring experienced Hairstylists with own clientele. Can retail own products. Ample parking. Good, natural lighting! Antoine, Salon Antoine, 619-277-7747 or 619-291-

**SALON.** Hairstylists/Manicurists. Large booths. Part/full time. Full-time rentalbooths. Part/full time. Full-time rentăl-\$140 weekly. Ask about our moving al-lowance/rent credit, \$4,000. Great place to move your clients. Free reception/ phone/towels. 100% retail is yours. Golden Touch, near Fashion Valley. 619-972-7744.

SALON. Move-in incentives! Insurance, commission on products, back bar. Parking. Remodeled Kensington salon seeks Hairstylist, Manicurist and Aesthetician/Massage Therapist to join our team. Full or part time. Booth rental or commission with some clientele. Call Marissa, 619-666-7707 or e-mail gr8stylist@gmail.com.

SAN DIEGO POLICE Department is hiring! Are you ready for a career change? See our upcoming test block dates on our website. Police Recruit earns \$42,723 per year. Police Officer I earns \$43,596 per year. Police Officer II earns \$61,110 per year. For more information, Call 619-531-COPS or visit our website at: www.sandiego.gov/police.

training class. Call 619-757-8043.

SECURITY GUARDS. With East-Tech Private Security. \$8-\$12/hour depending on experience. North County. Armed and unarmed positions. You need guard card. Call Andrew Allen for an interview. 760-433-9477 for 619-282-1933. www.

eastiecnsecurity.com.

SECURITY OFFICERS, Special Response
Officers. Full/part time. High starting pay.
Excellent benefits. Requires CA guard
card. Training available. Drug/background. EOE. MF/D/N. Apply: Weekdays,
9am-4pm, ABM Security Services, 1620
Fifth Avenue, Suite 875, San Diego. Email:
eric.wallis@abm.com. 619-338-9360.

SECURITY OFFICERS. Allied Barton Se SECURITY OFFICERS. Allied Barton Security Services. Up to \$12/hour, medical/dental/vision, 401(k) with company match, holiday pay, paid vacation, free uniforms, Guard Card assistance, free basic and advanced training, career advancement. Must be at least 18 years of age and have a high school diploma/GED. DOD clearance, secret or higher, a plus. Criminal background check and drug screen required. Apply online: www.greatsecurityjobs.com. Or apply in person 8am-4pm Monday-Friday: 7670 Opportunity Road, Suite #210, San Diego. Call: 858-874-8200.

SECURITY OFFICERS, Inventory Contro Officers, Receptionist and Supervisor. Im-Officers, Receptionist and Supervisor. Im-mediate part and full time openings in San Diego. Starting pay \$10-\$15 per hour. Experience not required. Benefits include: free training, free uniforms, competitive hourly pay, assistance in obtaining California Guard Card. Requirements are: pass a 10 year Background Check, and have a High School Diploma or GED. Apply in person at: 5095 Murphy Canyon Road, Suite 301, San Diego, CA 92123, or call for more information, 858-499-0025.

call for more information, 858-499-0025.

SECURITY SERVICES Representative (PTO) for the award-winning San Diego Convention Center. To apply, visit our website at www. visitsandlego.com or send a resume to 111 West Harbor Drive, San Diego, CA 92101. "Applicants must be 18 years of age or older. Equal Opportunity Employer/Drug-free workplace.

tunity Employer/Drug-free workplace.

SECURITY. Bald Eagle Security hiring licensed Security Officers. Full/part time.

Downtown San Diego locations only. No car or cell phone required. Guard Card required. Must be able to work flexible hours, mostly swing and graveyard plus every weekend. Background check.

EEO/Drug free. Call 619-230-0022, e-mail jonnys@baldeaglesecurity.com, or apply in person at 2049 Main Street, San Diego, CA 92113.

In person at 2049 Main Street, San Dilego, CA 92113.

SECURITY. Pinkerton Government Services, one of the oldest names in security is looking for serious, professional applicants. Candidates must: have Guard Card, be able to pass DOD background check, be neat and well groomed, be flexible in schedule and location to work, be very reliable, have reliable transportation, have excellent written and spoken English, be career minded, have reliable means of contact (cell phone, etc.). Entrylevel pay rate \$11-\$14/hour plus medical, dental, vision and 401(k) benefits. "Temporary armed positions available, \$23.50-\$25/hour. For fastest response, apply online now! www.pinkertonjobs.com. EOE/M/F/D/N.

EOEM/F/D/V.

SECURITY. We want you to join Securitas, the #1 Security Team. We offer: Countywide positions. Free Guard Card training, medical/dental/vision and 401(k), Excellent working environment, free uniforms. For fastest response, apply online now! www.securitasjobs.com. Thank you for applying online! Or call San Diego: 619-641-0049; San Marcos (North County): 760-591-3733; Temecula: 951-676-3954. EOE/M/F/V/D, drug free. PPO #14827.

SERVICE LINE MANAGER. ARS of San Diego is seeking career-minded individuals to help with hiring, oversee general inventory controls, review bid proposals, oversee safety requirements, instruct technicians, and more. MOD in rotation with other managers, requires 7 days on. Requires 10 years trade experience, high school diploma/GED. Strong computer and communication skills. Fax resume: 858-667-5479; or apply in person: 6162 Vancy Ridge Drive #100,k San Diego (92121). Drug-free work environment. License #791820. SERVICE LINE MANAGER. ARS of San

cense #791820, SERVICE TECHS/PLUMBERS with experience needed now! Rescue Rooter offers: Medical/dental, 401(k), vans/tools, paid vacations/overtime, high income, drug-free workplace. To apply, e-mail: Imyking@ars.com or call: 858-457-6506. License #765155, AA/EOE.

SHERIFF'S DISPATCHER. 911 Emergency. Looking for a challenging career in Public Safety? San Diego County Sheriff's Department is testing March 22, 2008. Sign-up begins 6:30am. San Diego County Operations Center, entrance at corner of Complex Street and Topaz Way, San Diego (Kearny Mesa). First come, first served. Limited seating. Bring valid picture ID. Must be at least 18 years; be proficient in English; pass computer-based performance test; pass background and medical checks. No experience necessary. \$17.60/hour: Entry Level. \$21.19-\$25.76/hour: Lateral Entry. Medical, dental, vision, life insurance and SHERIFF'S DISPATCHER. 911 Emer-Medical, dental, vision, life insurance and retirement benefits. EOE. www.sd911.com. Jobline: 858-565-5566.

SHIPPING CLERK. Accuracy, reliability, high energy with computer savvy. Competitive package offered. Send resume/ requirements: jobssdr@ echnology.com or fax: 619-491-

Social SERVICES. Company is hiring for various positions. We work with adult developmental disabilities population. No experience necessary, we will train. Must have clean criminal record. Positions starting at \$8-\$10 depending on positions. Medical benefits are offered. Fax resume to 619-749-7270 or call 619-390-1800.

1800.

SOCIAL SERVICES. Instructors needed for day programs in Lakeside and Oceanside for adults with developmental disabilities. Excellent benefits, no nights/weekends, start \$10.25-\$10.75/hour. Entry-level also available in Lakeside, \$9.00/hour. Unyeway, Inc.: 619-562-6330.

619-562-6330.

SOCIAL SERVICES. Promising Futures, Inc., is hiring reliable, caring individuals to work with the developmentally disabled in East County and Ramona. Part-and full-time positions. \$8-\$10/hour plus benefits. Overtime opportunities available. pficareer@yahoo.com. Fax resume: 619-440-6864. Call 619-440-6802.

SOCIAL SERVICES. Work with develop mentally disabled children and adults Experience preferred. Allied Gardens Chula Vista or La Mesa. Monday-Friday 27-32 hours/week. Start \$9.75/hour. EOE 27-32 hours/week. Start \$9.75/nour. Level. www.vistahill.org. E-mail: steinjobs@ vistahill.org. Fax resume: 619-281-0453. Apply weekdays, 9am-4pm, Stein Education Center, Attention: HR, 6145 Decena Drive, San Diego CA 92120.

SOCIAL WORKER ASSISTANT. Full time.

SPEECH THERAPIST. Per diem. 7760 Parkway Drive, La Mesa. Call 619-469-0124 v12

STAFFING: CONVENTION Staffing Ser-STAFFING: CONVENTION Staffing Services Representative (PTO) for the award-winning San Diego Convention Center. To apply, visit our website at www. visitsandiego.com or send a resume to 111 West Harbor Drive, San Diego, CA 92101. \*Applicants must be 18 years of age or older. Equal Opportunity Employer/Drug-free workplace.

SWIMMING INSTRUCTORS. \$11-\$19/

TELE-FUNDRAISING. Raising money for local nonprofit organizations for less fortunate children. Monday-Friday, 5pm-9pm and Saturday mornings, 9am-1pm. Hourly plus commission plus bonuses. Call today. Start tonight! Mission Valley. 619-291-2113.

TELE-SALES. Inbound and outbound calls. Market award-winning educational calls. Market award-winning educational services. Seasoned telemarketers earn \$65,000-\$85,000/year. \$10/hour plus sos, you-sas, younyear. \$ 10/hour pias generous commissions. Full benefits package. WordSmart is rated as one of San Diego's fastest growing privately-held companies (San Diego Business Journal). Interested applicants send re-sume to: recruiting@wordsmart.com.

sume to: recruiting@wordsmart.com.

TELEMARKETING TRAINEES. Immediate openings! Positive attitude! \$8/hour plus bonus! Rock 'n roll atmosphere. No experience necessary and no selling required. Great daytime hours, off at noon on Friday. Call today, start tomorrow! 858-571-8652.

TELEMARKETING. #1 home improvement company is seeking experienced Appointment Setters. Our average wage in 2007 with commission was \$15-\$31 per hour. Now hiring. Call immediately, 858-974-0054.

TELEMARKETING. Experienced Telemarketers for evening shifts, 4pm-8pm. Part time. Hourly plus commission. Up to \$600/week potential. Call Scott, 858-552-

TELEMARKETING. Full-time, paid training, \$60K+/year possible. Guaranteed \$10-\$12/hour starting. Performance/attendance bonuses, cash contests, paid vacation. Only call businesses. Ask for Shane at Sports Boosters: 858-244-0190.

snane at Sports Boosters: 858-244-0190.

TELEMARKETING. Fundraising for Demoratic Party and national charities. Over
20 years in business. Paid training.
88.50/hour plus Bonus. Medical, dental,
401(k). Full time or part time. Convenient
location. Apply at Gordon &
Schwenkmeyer: 9620 Chesapeake Drive,
San Diego 92123-1369. Call 858-4962100.

TELEMARKETING. If you're good on the phone...give us a call! Pacific Graphics Advertising Specialties in La Mesa for 20 years. Hours: Monday-Friday, 8am-2:30pm. Call Joe: 619-461-0365.

TELEMARKETING. Pay in 3 days. Ad specs. Monday-Friday. Get paid while you train to earn \$500-\$1000/weekly. No experience necessary. Sign-on bonus for experienced Reloaders, 19% commission, 619-202-07025

TELEMARKETING. Sell long-distance telephone services. Morning hours. Must be able to read the script. Hourly or com-mission. Bonuses paid every day. Hill-crest office. 619-260-5501.

**TELEMARKETING.** USA Marketing Group. Business-to-business environment mar-

keting merchant services. Must be results-oriented and Microsoft-literate. 9am-2pm or 9am-4pm Monday-Friday. \$10/hour plus commission. Growth opportunity. 619-638-1866 or fax resume to 619-294-7015.

TELEMARKETING/INSIDE SALES. Work and establish first-time telemarketing op-eration. Ground floor opportunity with es-tablished company. Much growth potential. Call 858-279-9896 or fax re-

TELEMARKETING/TELE-SURVEY. Earn \$8-\$12/hour guaranteed doing business equipment survey. No selling. Mornings only. Call 619-275-0105.

TELEPHONE INTERVIEWERS. No sales! Friendly, outgoing. Bilingual Spanish a plus. Hourly plus bonuses. Paid training, parking, medical benefits. www. luthresearch.com. Apply: Luth Research, 1365 Fourth Avenue, downtown. Job Hot-

TELEPHONE SALES REPS. American Education Foundation, SAT/ACT preparation. Outbound calls, predictive dialer, hot leads, top paid commissions. Two shifts available, paid training. Jermaine 619-260-1220.

TELESALES-PROMOTIONAL Products Earn up to \$450/week starting. Paid weekly. 7:30am-2:30pm, weekdays. Fun, upbeat office. Expanding 21-year-old company. Call today, start tomorrow! 858-715-0049.

THERAPY: SPEECH THERAPIST. Per

TRANSITION SPECIALIST. Assist Teach ers in group and community-based in-struction for developmentally disabled adults. \$9.75/hour to start. 30 hours/week.

adults. \$9.75/hour to start. 30 hours/week. Benefits. EOE. www. vistahill.org. Fax resume: 619-281-0453. Apply Monday-Friday, 9am-4pm: Stein Education Center. 6145 Decena Drive, San Diego 92120. Email: steinjobs@vistahill.org.

TRAYEL USA, 18-25 years. Visit major cities: New York, DC, Hawaii, Los Angeles, etc. Be around successful, positive oriented individuals! Money motivated? Return trip guaranteed. \$500 sign-on bonus! Call today, start tomorrow. Kristen, 1-888-856-7086.

TRAVEL/SALES. Publication sales com pany hiring 18 sharp, enthusiastic individuals to travel the entire U.S. Travel, training, lodging, and transportation provided. 1-800-781-1344.

TRAVEL/SALES. Las Vegas, Phoenix, Dallas, etc. Cash paid daily. We're hiring guys and gals who are happy, enthusiastic and money motivated. 18+. Get life changing motivational training! 800-793-

UNEMPLOYED HOMELESS VETERANS. You may be eligible for job search, employment assistance, support services, ob-related clothing/tools, housing assistance, VA benefits referrals. Appointment, call 619-449-5513.

VALET. La Jolla luxury highrise condos. Clean DMV/California driver's license re-

#### HELP WANTED

## **Online Sales Representative**

SDReader.com, the website for the San Diego Reader newsweekly, has openings for Online Sales Representatives to join our team. We are seeking seasoned sales professionals with a strong background in Internet media sales. Qualified candidates will be proactive in developing revenue, increasing our client base, and selling marketing solutions for SDReader.com. Online Sales Representatives will also be responsible for developing proposals, managing current business, and generating opportunities in a quickly-changing industry. Please send a cover letter and updated résumé detailing your experience in online sales.

## **Advertising Sales Display** Department

Does selling for one of San Diego's most-recognized brands appeal to you? With a circulation of 162,000 copies a week, the San Diego Reader is now the third-largest alternative news weekly in the U.S. We reach one out of every three adults in the county and have been the number one resource for local news, entertainment and events in San Diego for over 34 years. We are looking for successful salespeople who want a career bringing consistent results to their clients. The role available is to develop and service a diverse client base with the help of our sales assistants. You will be trained to design ad campaigns that bring results for your advertisers. Sales experience is essential and a successful track record of cold calling in any

### **Customer Service Representative**

Seeking a highly motivated person to service display accounts, visit clients, find and participate

Benefits include health coverage paid 100%, 401(k) with employer match, free downtown parking in Little Italy and more.

#### E-mail:

hrdept@sdreader.com

#### Mail:

Human Resources P.O. Box 85803 San Diego, CA 92186-5803

#### Fax:

ATTN: Human Resources Online Sales (619) 231-0489



## 2 Pacific Beach Restaurants Now Hiring!

Looking for friendly, customeroriented individuals to add to our team. Requires a strong work ethic and ability to get things accomplished. Experience not necessary.

\*Full- and part-time

\*Day and evening shifts

\*Starting hourly at \$8.50

\*Free meals

\*Grease-free environment

APPLY ANY DAY BETWEEN 9 AM-3 PM:

2015 Garnet Ave. at Morrell 858-270-5450

4263 Mission Blvd. or between Reed and Thomas 858-581-6950

## **Special Education, Prevention Services and Treatment Programs**

Applications/résumés are accepted Monday-Friday 9 am-4 pm.

Recreation Assistant • \$10.33/hr. to start, with benefits Supervise direct care of children with autism and other disabilities. 12 units ECE or related field, CA driver's license. Pre-employment screening/background check. Monday-Friday 9:30 am-6 pm.

Community Training Specialist/Job Coach • \$9.75/hr. to start, DOE To assist developmentally disabled adults in the community. Behavioral and instructional programs. Implement schedules. 32.5 hours/week. Benefits.

Transition Specialist • \$9.75/hr. to start, DOE

Assist teachers in group- and community-based instruction for developmentally disabled adults. Implement behavioral management programs. 30 hours/week.

#### Classroom Aides • \$9.75/hr. to start, DOE

Work with developmentally disabled children in a nonpublic school. Experience preferred. Allied Gardens, Chula Vista, La Mesa. Monday-Friday 7:30 am-1 pm.

Stein Education Center, 6145 Decena Drive, San Diego, CA 92120 Fax: 619-281-0453, E-mail: steinjobs@vistahill.org
All applications/résumés must include job title. www.vistahill.org



**136** San Diego *Reader* March 20, 2008

quired. Previous valet experience preferred. Must be courteous/neat. Various part-time day and evening shifts available. Herrin, 858-454-0311.

VOLUNTEERS needed for ArtWalk 2008. VOLUNTEERS needed for ArtWalk 2008, San Diego's largest visual and performing arts exhibit, in Little Italy, Downtown: Saturday, 4/26 and Sunday, 4/27, 12noon-fopm. 150 Volunteers. Minimum 18 years, for event setup, breakdown, staffing information, assisting with deliveries, traffic control, KidsWalk. Prizes, raffle, ArtWalk 2008 T-shirt, more! Please contact Carmen DeBello at cdebello@artwalksandiego.org; 619-615-1090, x204. www.artwalkinfo.com.

WAREHOUSE PERSON. 4 days per week. 20-24 hours weekly. Mondays and Tuesdays, 4am-8am. Thursdays, 12am-8am. Fridays, 12pm-5pm. \$12 per hour. Call David or Michael, 858-271-0066.

David or Michael, 858-271-0066.

WATCH PERSON. Local company looking for resident Watch Person to monitor commercial property site. Candidate must be responsible, dependable and possess his/her own travel trailer/motorhome. RV space and hookup utilities provided: additional compensation negotiable. No previous experience required. Candidate may be subject to criminal background check. Please fax resume to: 619-420-1888.

#### EMPLOYMENT SERVICES

PLACE PRINTED ADS in the Reader by POST FREE ONLINE ADS with photos at SanDiegoReader.com. See thousands of

POST OFFICE NOW HIRING! Average pay \$20/hour or \$57K/year including federal benefits and overtime. Offered by Exam Services, not affiliated with USPS who hires. 1-866-483-5593.

#### CAREER TRAINING

PLACE PRINTED ADS in the Reader by

POST FREE ONLINE ADS with photos at SanDiedoReader.com. See thousands of

A ACADEMY OF BARTENDING. Make money! Fun! New friends! Learn behind real bar. 1-2 week course. Weekend classes available. Part-and full-time. Job placement assistance. Please call 619-

AAA BARTENDER SCHOOL. As seen on TVI Tuition Special: Now \$199! Was \$500. Learn professional bartending. 2-week intensive course, 4 days per week (Monday-Thursday). Job placement assistance. www.nationalschools.com. AAA-National Bartender Schools of San Diego. Call 619-461-2800.

Diego. Call 619-461-2500.

ACCOUNTANT IN 4 MONTHS! Be a full-charge accountant in 4 months. Day, afternoon, and evening classes. 0% financing. Real-world training program. Call 760-510-1990 to request a free brochure! www.theaccountingacademy.

ACCOUNTING, COMPUTERS, Medical Day, evening, and online classes start April 14th! Also offered: Medical Assist-ing, Respiratory Therapy, X-ray Technol-

# **Free Classifieds!**

and full-time. Job placement assistance.

BECOME A TRUCK DRIVER in just 4 weeks! Hit the road with a new career in 2008! We offer: Full Commercial Class A 8, B sub Driver Training, and a Forklift Certification course. 30-year company. Possible Veteran's assistance. Flexible classes. Visa/MasterCard. Western Truck School, San Diego, 800-929-1319.

ogy (limited scope), Lab Technology, Pharmacy Technology, Healthcare Administration, Medical Coding/Billing, Nursing Administration, Medical Specialtes, Medical Office Administration. Associate's/Bachelor's degrees, Certifications and Licenses, Programs approved for Veterans. Accredited member ACCSCT. See Job Giant, page 5. Job placement assistance for graduates, financial aid (if qualified). Classes begin each month! Enroll today! California College San Diego, 2820 Camino Del Rio South, San Diego (92108). 1-800-216-3581. www.californiacollege.info

ADVERTISING. Classes begin March 31.

2008! Put a Spring in your step! Start to-day! Dreams don't have expiration dates. Associate and Bachelor of Science de-gree programs. Financial aid if qualified. Job search assistance. www.artinstitutes. edu/sandiego. The Art Institute of Califor-nia, 7650 Mission Valley Road, San Diego 92108. 866-275-2422; 858-598-1200.

ANIMATION-3D, Video Production, Web Design, Graphic Design. Platt College offers Bachelor and Associate degrees,

теть распетот and Associate degrees, fixed tuition costs, day and evening classes, placement assistance, financial aid if qualified. Call today for a free info pack: 1-866-752-8826. Visit: www. MediaArtSchool.com.

ARCHITECTURE: NewSchool of Archite

ARCHITECTURE: NewSchool of Archite-ture is now accepting applications for Spring 2008! Accredited by the National Architectural Accrediting Board and of-fers afternoon and evening classes with individual studio spaces for students. Ap-ply online today! www.newschoolarch. edu or call 1-888-216-8711. Located in San Diego's East Village, 1249 F Street (92101). www.newschoolarch.edu.

ATTENTION HAIR/MAKEUP ARTISTS.
Advanced training in makeup/hair artistry, hair replacement, extensions, and wig making for television, film, and video. Call BEOB 858-573-0875.

BAKERY AND PASTRY ARTS. Yes, National School just won 1st Place for 2006 Iron Apprentice Award for Pastry in competition with 6 other schools. Visit us on the web at nationalischools.com or call for an appointment: 619-461-2800.

BARTENDING SCHOOL. Hands-on train

BARTENDING SCHOOL. Hands-on fraining. Learn to bartend from San Diego's #1
bartending school. Affordable two-week
course, job placement assistance, financing available. Make great money. San
Diego Bartending School, 6690 Mission
Gorge Road, Suite K, San Diego, CA
92120. Call today for a free tour! 619-2812345. www.SanDiegoBartending.com.

BARTENDING and Casino Dealing ca-reers. Earn good money and have fun do-ing it! 1-4 week course. Professional instructors, Group and individual classes. Competitive pricing, 0% financing avail-

able. Job Leads guaranteed! Structured curriculum and self-paced programs. Building careers for over 25 years www. cardsandcocktails.com. Academy of In-

cardsandcocklais.com. Academy of in-ternational Bartending and Casino Deal-ing. 858-560-MIXX (6499). 858-278-DEAL (3325).

BARTENDING. Learn behind a real bar. 1-2 week course. Fun! Money! Make new friends! Weekend classes available. Part-

BUS DRIVER TRAINING. Western Truck Schol, a 30-year company, also offers 4-week Truck Driving course: full commercial Class A & B. Possible Vetran's assistance. Flexible classes. Visa/Master-Card. Western Truck School, San Diego, 800-929-1319.

BUSINESS, COMPUTERS& Accounting: BUSINESS, COMPUTERS& Accounting:
Day, evening, and online classes start
April 14thl Also offered: Medical Assisting, Respiratory Therapy, X-ray Technology
(Imited scope), Lab Technology,
Pharmacy Technology, Healthcare Administration, Medical Coding/Billing,
Nursing Administration, Medical Specialties, Medical Office Administration. Associtates/Bachelor's degrees. Certifications ties, Medical Office Administration. Asso-ciate's/Bachelor's degrees, Certifications and Licenses, Programs approved for Veterans. Accredited member ACCSCT. See Job Giant, page 5. Job placement assistance for graduates, financial aid (if qualified). Classes begin each month! Enroll today! California College San Diego, 2820 Camino Del Rio South, San Diego (92108). 1-800-216-3581. Visit: www.californiacollege.info

CAREERS IN FASHION: Fashion Careers CAREERS IN FASHION: Fashion Careers college, the "Fashion Only" college in San Diego. Programs in Fashion Design and Technology, Fashion Business and Technology, and Fashion Buying. Scholarships available. Day and night programs 888-835-4750. Fashion Careers College, 1923 Morena Boulevard, San Diego, CA 92110 (off Highway 5 on Mission Bay). www.fashioncareerscollege.com.

www.tashioncareerscollege.com.

CASINO DEALER and Bartending careers. Earn good money and have fun doing it! 1-4 week course. Professional instructors. Group and individual classes.

Competitive pricing. 0% financing available. Job Leads guaranteed! Structured curriculum and self-paced programs. Building careers for over 25 years. www.cardsandcooktails.com. Academy of International Bartanding and Casino Deal. ternational Bartending and Casino Deal-ing. 858-560-MIXX (6499). 858-278-DEAL

CODING/BILLING (MEDICAL): Day, evening, and online classes start April 14th! Medical Assisting, Respiratory Therapy, Lab Technology, Pharmacy Technology, X-RAY Technology (limited scope), Healthcare Administration, Nursing Administration, Medical Specialties, Medical Office Administration. Associate's/Bachelor's degrees, Certifications and Licenses, Programs approved for Veterans. Accredited member ACCSCT. See Job Giant, page 5. Job placement assistance for graduates, financial aid (if qualified). Classes begin each month! Enroll today! California College San Diego, 2820 Camino Del Rio South, San Diego (92108). 1-800-216-3581. www.californiacollege.info

www.californiacollege.info

COMMERCIAL DIVING. Learn from one of
the most respected Diver Education Centers in the world. Earn your Associate of
Science degree in Marine Technology.
Specialize your talents: MedTech,
WeldTech, SpecTech. Become qualified,
not just certified. Experienced professionals teach skills that employers demand.
Job placement assistance/financial aid
for those qualified. National Polytechnic
College of Science: 619-563-7430, www.
natpoly.edu.

COMPUTERIZED OFFICE and Accounting. Be job-ready in just 8 months. Get the skills employers look for, from instructors with real-world experience. Day or with real-world experience. Day or evening classes available. Evening classes in just 9 months. Small classes, free tutoring, in-the-field training scholarships available, WIA, VA benefit approved, job placement assistance, financial aid available (if qualified), accepted. cept non-high school graduates. Valley Career College, 878 Jackman Street, El Cajon, 1 block west of Parkway Plaza. 619-593-5111.ValleyCareerCollege.com. COMPUTERS, BUSINESS, Accounting

COMPUTERS, BUSINESS, Accounting: Day, evening, and online classes start April 141 Also offered: Medical Assisting, Respiratory Therapy, X-ray Technology, Climited scope), Lab Technology, Pharmacy Technology, Healthcare Administration, Medical Coding/Billing, Nursing Administration, Medical Specialties, Medical Office Administration, Associate's/Bachelor's degrees, Certifications and Licenses, Programs approved for Veterans. Accredited member ACCSCT. See Job Giant, page 5. Job placement assistance for graduates, financial aid (if qualified). Classes begin each month! Enroll todayl California College San Diego, 2820 Camino Del Rio South, San Diego (92108). 1-800-216-3581. Visit: www.californiacollege.fin

COSMETOLOGY. Become a Hairstylist, Nail Tech, Esthetician, learn the art of Massage. Acquire the latest in advanced Clinical Esthetics Skills. Poway Academy is the only school in California offering this

course. Poway Academy, 13266 Poway Road, Poway, CA 92064. Call to-day! 858-748-1490 x2. www.

ads with photos at

COSMETOLOGY PROGRAM. New Year, love your career! Make money and have fun! Many top Hairstylists own their own businesses. One-year full or part-time training. Night classes available. Paul Mitchell The School, 410 A Street, San Diego 92101. 619-398-1590.www.PaulMitchellTheSchool.

COUNT REPORTER. Ready to change your life? Become a court reporter! AA offered, financial aid available to those who qualify, excellent career opportunities, and we are fully accredited. Call for your admissions appointment at 619-683-2727.www.sagecollege.edu.

CRANE/HEAYY EQUIPMENT Training. National certification. Placement assistance. Financial assistance. Southern California College of Construction. www.Heavy7.com, use code "SDR1". 1.366.265.7586

CRIMINAL JUSTICE CLASSES start soon. We offer Bachelor of Science Degrees in Criminal Justice. Financial aid if qualified. Day, afternoon, evening classes. Remington College, 123 Camino de la Reina, North Building, Suite 100, San Diego 92108. www.

7125.

CULINARY ARTS. Culinary Management and Baking & Pastry. Classes begin March 31, 2008! Put a Spring in your step! Start today! The International Culinary School at The Art Institute of California, San Diego offers a variety of international culinary experiences designed to give you the skills and culinary inspiration you need to succeed in the field. Bachelor and Associate degrees. 765 Mission Valley Road, San Diego 92108. Toll free: 866-275-2422. Local: 858-598-1200. Visit www.artinstitutes.edu/sandiego. DENTAL ASSISTANT PROGRAM at DENTAL ASSISTANT PROGRAM at UEI. We also offer courses for Massage Therapist, Business Office Administration, Medical Billing/Insurance Coding, Pharmacy Technician, Computer Systems Technician! Approved Veterans, Rehab, WIA. Job Placement Assistance, Financial Aid (if qualified). Assistance, Financial Aid (if qualified). Call and visit our campuses! United Education Institute, 3666 Kearny Villa Road, #100, 92123, 310 3rd Avenue, #66, Chula Vista 91910. Call today! 1-877-206-1915, www.infofromuei.com

4classes.org. Call today! 877-538-7125.

DENTAL ASSISTANT. Get started with out a high school diploma. Now en-rolling, call today! Concorde Career Institute, 4393 Imperial Avenue, Suite 100, San Diego 92113. 888-283-6911. www.Concorde4me.com.

DENTAL ASSISTANT TRAINING: Work chair-side assisting dentists as they examine and treat patients. Graduate in 9 months! Morning, afternoon, evening classes; lifetime job placement assistance and financial aid if qualified. Pima Medical Institute, 888-239-9445. 780 Bay Boulevard, Chula (Vista (1.5 at. 1 Street) www.pmi.edu. Vista (I-5 at J Street). www.pmi.edu.

#### HELP WANTED

#### JOIN THE #1 **SECURITY TEAM**

- ✓ Will assist with Guard Card
- ✓ No experience required ✓ FREE uniforms
- ✓ FREE guard license training
- ✓ Direct deposit
- ✓ Med/dental/vision
- ✓ Free life insurance
- ✓ Paid vacation ✓ 401(k)
- ✓ Ongoing training
- ✓ Advancement opportunities



Positions throughout San Diego County, North County and Temecula. PPO #14827

For fastest response, apply online now! www.securitasjobs.com Thank you for applying online!

Or apply 8 am-5 pm Mon.-Fri. SAN DIEGO (92120) • 619-641-0049 6160 Mission Gorge Rd., Ste. 100 SAN MARCOS (92078) • 760-591-3733 365 S. Rancho Santa Fe Rd., Ste. 202 TEMECULA (92590) • 951-676-3954 28991 Old Town Front St., Ste. 206 EEO/M/F/D/V • Drug-Free

#### **Telemarketers**

USA Marketing Group is hiring Telemarketers to join our dynamic team. Business-to-business

environment, marketing

merchant services.

Must be results-oriented and Microsoft-literate.

9 am-2 pm or

9 am-4 pm

Monday-Friday.

\$10/hr. + commission. Growth opportunity.

Please call:

619-858-1866

or fax résumé to:

619-294-7015

### **Movie Extras** & Models

Earn up to \$200 per day.

All looks needed to work with film and TV production companies.

No experience required.

Call: 877-282-2458

### **Looking for More Income?**

Work Online from Home!

#### \$10K-\$20K PER MONTH POTENTIAL.

Build your own business. Set your own schedule. No commute.

#### **AUTOMATED SYSTEM**

Full training provided. Serious and ambitious **ONLY**, please.

www.CaliforniaSuccess.net 1-800-891-8451



Full-service destination RV resort is currently seeking friendly and qualified applicants for the following seasonal positions:



Airbrush Tattoo/Market Clerk

- Reservations
- Registration
- Site Cleaners
- Janitors
- Market Shift leader

• Market Clerks

• Pool Attendants • Cashier/Food Server

Resort perks include free non-motorized

boat rentals and resort discounts!

Please apply: Mon.-Fri. 8 am-noon or 1-5 pm, 2211 Pacific Beach Drive, San Diego, CA 92109 We are located on the beautiful Mission Bay.

Please call our Jobline for changes in available positions.

**JOBLINE: 858-581-4208** 

8316 Clairemont Mesa Blvd. #204, San Diego • 858-277-5680

#### San Diego

Call Center Administrative **Electronic Assemblers** Machine Operators **Manufacturing Associates** Telemarketing **Production Workers** Mail Sorters

#### **North County**

Machine Operator (2nd shift) Electro-Mechanical Assemblers **Soldering Specialist** Fiber Optic Tech Machine Operators Material Handlers Production, Assembly Warehouse Workers

Paid holidays after 520 hours and vacation bonuses after 2000 hours. Immediate openings • Experience required Various shifts • Come in or call now!

Earn \$1000-\$2000+

Per Week!

• Paid training • \$11+ per hour

Great hours

• 401(k), medical, dental benefits

**Call Today, Start Tomorrow!** 

Kearny Mesa: Allen, 800-854-1549 x101 Mira Mesa: Ron, 800-854-2830 x226 Oceanside: Mike, 619-701-3631

> Mail **CONTRACT STAFFING SINCE 1957**

**DENTAL ASSISTANT.** Be job-ready in just 8 months. Get the skills employers look for, from instructors with real-world experience. Day or evening classes available. Evening classes in just 9 months. Small classes, free tutoring, in-the-field training scholarships available, WIA, VA benefit approved, job placement assistance, praprial aid available (if rulalified) accent approved, job placement assistance, in-nancial aid available (if quallifed), accept non-high school graduates. Valley Career College, 878 Jackman Street, El Cajon, 1 block west of Parkway Plaza. 619-593-5111.ValleyCareerCollege.com.

5111. Valley Career College.com.

DIVING/COMMERCIAL. Learn from one of the most respected Diver Education Centers in the world. Earn your Associate of Science degree in Marine Technology. Specialize your talents: MedTech, WeldTech, SpecTech. Become qualified, not just certified. Experienced professionals teach skills that employers demand. Job placement assistance/financial aid for those qualified. Visit: www.natpoly. edu, or call National Polytechnic College of Science: 619-563-7430.

DRIVE YOUR WAY into a new career! Great pay and benefits. Class A/Class B training. Placement assistance. Campuses in San Diego, Temecula, Riverside and Santa Ana. United Truck Driving School, 800-764-2020. www.drivetrucks.

com.

FASHION DESIGN. Fashion Marketing and Fashion Management. Enroll now for Spring Quarter. Classes start March 31, 2008. Bachelor of Fine Arts and Bachelor of Science degree programs. The Art Institute of California, 7650 Mission Valley Road, San Diego 92108. 858-598-1200; 866-275-2422. www.artinstitutes.edu/sandiego.

FIBER OPTICS/JOBS WAITING! We have FIBER OPTICS/JOBS WAITING! We have more job openings than we have people to fill them. A career opportunity that will last at least 20 years. 3-week intensive hands-on course. Become certified in: Fiber Optics, Telecommunications, Data Cabling, FOA Certified. Day/evening classes. WIA/Workers' Comp/EDD. State approved. 100% private financing for those qualified. 1324 East Mission Road, San Marcos. Visit: www.nctc.nu; e-mail: nctc2@hotmail.com; call 760-471-9561.

FINE JEWELRY CAREER! BBA Degree and professional diplomas. Start the new year with a rich and rewarding career in

# **Free Classifieds!**

Post free online ads with photos at

the fine jewelry industry. Gemological Institute of America offers the most comprehensive, respected gem and jewelry education available anywhere. On Campus, Distance Education, Web enhanced courses, traveling Lab classes, seminars. Year-round admission. Financial assistance programs/scholarships for qualifying students. Free catalog: 800-421-7250 x4001. www.gia.edu.

x4001, www.gia.edu.

FREE COMMUNITY WORKSHOPS! "How to Start a Business" for people with disabilities. Tuesday 4/8 1pm-4pm at Metro Career Center, 3910 University Ave, 92105. Bus 10 stops at University/I-15 bridge, Buses 1 and 7 stop at El Cajon Boulevard/39th Street. Off-street parking available. Sponsored by Able-Disabled Advocacy. Call Cindy Lennon, 619-231-5990 x315 to reserve your spot.

FREE GUARD CARD TRAINING. Join the FREE GUARD CARD TRAINING. Join the #1 Security Team where people make the difference. Call Securitas, the largest, most respected security company in the world! Countywide positions available. Free Guard Card training. Medical/dental/vision and 401(k), excellent working environment, free uniforms. For fastest response, apply online now! www. securitasjobs.com. Thank you for applying online! Or call San Diego: 619-641-0049; San Marcos (North County): 760-591-3733; Temecula: 951-676-3954. EOE/MIFWID, drug free. PPD #14827.

qualified. Become a Certified Phle-botomist, Sports Medicine Tech, Medical Coder, Computerized Office Specialist, Private Investigator, Accounting Office Specialist, and more! Call U.S. Colleges today for more information! Morning, af-ternoon and evening classes. WIA and low cost funding, workers comp, small classes. Universal Schools and Colleges of Health and Human Services, San

Diego: 619-858-3840; San Marcos: 760-918-8198, www.uscmed.com.

918-8198. www.uscmed.com.

GAME ART/DESIGN. Classes begin
March 31, 2008! Put a Spring in your
step! Start today. Dreams don't have expiration dates. Bachelor of Science degree programs. Financial aid if qualified.
Job search assistance. www.artinstitutes.
edu/sandiego. The Art Institute of California, 7650 Mission Valley Road, San Diego
92108. 866-275-2422; 858-598-1200.

utimology/JEWELRY. Prepare for a rich and rewarding career in the fine jewelry industry. Gemological Institute of America offers the most comprehensive, respected gem and jewelry education available anywhere. On Campus, Distance Education, Web enhanced courses, traveling Lab classes, seminars. BBA Degree and professional diplomas. Year-round admission. Financial assistance programs/scholarships for qualifying students. Free catalog: 800-421-7250 x4001. www.gia.edu. GEMOLOGY/JEWELRY. Prepare for a

GMAT PREPARATION. USD Test Preparation Courses. Sharpen your skills! Experienced faculty. Practice exams. Convenient schedules. Free refresher classes within 1 year of paid course completion. www.sandiego.edu/testprep. 619-260-4579.

619-260-4579. **GRAPHIC DESIGN,** 3D Animation, Video Production, Web Design. Platt College offers Bachelor and Associate degrees, fixed tuition costs, day and evening classes, placement assistance, financial aid if qualified. Call today for a free info pack: 1-866-752-8826. Visit: www. MediaArtSchool.com.

**GRAPHIC DESIGN.** Classes begin March 31! Associate and Bachelor of Science 31! Associate and Bachelor of Science degree programs. Financial aid if qualified. Job search assistance. www. artinstitutes.edu/sandiego. The Art Institute of California, 7650 Mission Valley Road, San Diego 92108. 866-275-2422; 858-598-1900

GRE PREPARATION. USD Test Prepara-tion Courses. Sharpen your skills! Experi-enced faculty. Practice exams.

Convenient schedules. Free refresher classes within 1 year of paid course completion. www.sandiego.edu/testprep. 619-260-4579.

half Design Training. Make money and have fun! Top Hairstylists love their careers; many own their own businesses. One year full-or part-time training. Night classes available. Paul Mitchell The School, 410 A Street, San Diego 92101. www.PaulMitchellTheSchool.com. 619-398-1590

HEALTHCARE CAREER in 6 weeks! Become a Phlebotomy Technician. Class-room instruction and clinical externship at affiliated hospitals and clinics. No experi-ence necessary. Requires high school diploma/equivalent. BPPVE Register #3708721. Family Health Services, 619-955-1007. www.familyhealth-services.

HYPERBARIC MEDICINE. Earn your associate's degree in Hyperbaric Medical HYPERBARIC MEDICINE. Earn your as-sociate's degree in Hyperbaric Medical Technology. From wound care to treating carbon monoxide poisoning. Join this cut-ting edge, fast-growing field with a de-gree from National Polytechnic College of Engineering and Oceaneering. Classes two days a weeks, job placement assis-tance/financial aid for those qualified. Visit: www.natpoly.edu. National Polytechnic College of Science: 800-432-

INSURANCE CODING/BILLING. Get started without a High School Diplomal Concorde also offers: A.S. in Respiratory Therapy, Massage Therapy, Surgical Technology, Medical Assistant, Dental Assistant, Vocational Nursing courses. Now enrolling, call today! Concorde Career Institute, 4393 Imperial Avenue, Suite 100, San Diego 92113. 888-254-6904; www.ContactConcorde.com.

WWW.ContactConcorde.com.

INTERIOR DESIGN. Enroll now for Spring
Quarter! Classes start March 31, 2008.
Bachelor of Science in Interior Design. Financial aid if qualified. Job search assistance. www.artinstitutes.edu/sandiego. Art Institute of California, 7650 Mission

San Diego's #1

Valley Road, San Diego 92108. 858-598-1200: 866-275-2422.

1200; 866-275-2422.

INVESTIGATIVE. Become a Private Investigator. Start a new career in 2 months or less at US College! Morning, afternoon and evening classes. WIA and low cost funding, workers comp, small classes. Universal Schools and Colleges of Heath and Human Services, San Diego: 619-858-3840; San Marcos: 760-918-8198.

www.uscmed.com.

JOBS WAITING! The Fiber Optics industry is so hot, it's on fire! We have more job is so hot, it's on fire! We have more job openings than we have people to fill them. A career opportunity that will last at least 20 years. 3-week intensive hands-on course. Become certified in: Fiber Optics, Telecommunications, Data Cabling, FOA Certified. Day/evening classes. WIA/Workers' Comp/EDD. State approved. 100% private financing for those qualified. 1324 East Mission Road, San Marcos. Visit: www.nctc.nu; e-mail: nctc2@hotmail.com; call 760-471-9561.

LEARN BARTENDING. 1-2 week course. Learn behind a real bar. Make new friends! Fun! Money! Weekend classes available. Part-and full-time. Job place-ment assistance. Call 619-296-0600.

LEARNING ACADEMY. Home Care Aides, Childcare, Family Caregivers. Envy-level and advanced training for home care providers. At Your Home Family-care, Inc. Please call toll free: 877-91LEARN. E-mail: homecarejobs@

STLEARN. E-mail: nomecarejobs@atyourhomefamilycare.com.

LEGAL CAREER. University of San Diego Paralegal Certificate. Approved by the American Bar Association. Employment Assistance. Internships. Financial Aid available. www.sandiego.edu/paralegal. 619-260-4579

LSAT PREPARATION. USD Test Preparation Courses. Sharpen your skills! Experienced faculty. Practice exams. Convenient schedules. Free refresher classes within 1 year of paid course completion. www.sandiego.edu/testprep. 619-260-4579.

MASSAGE THERAPY/HHP/Naturopathy. Classes: Massage Therapist (MT), Nutrition, Herbology, Holistic Health Practitioner (HHP), Naturopathic Practitioner (NP), Aromatherapy, Spa Therapist, Thai Medical Massage, Lomi-Lomi/Hawaiian Healing Arts, Yoga Instructor, Counseling Skills, Sports Therapist & Performance Enhancement, Oriental Therapies, Energetic/Vibrational Healing, and much more! Natural Healing Institute, Encinitas. 760-943-8485. www.naturalhealinginst.com.

MASSAGE THERAPY. Get started without MASSAGE THERAPY. Get started without a high school diploma! We also offer courses in Medical Assisting, Respiratory Therapy. Insurance Coding and Billing-Dental Assisting, and Vocational Nursing. Call today for more information! Concorde Career College, 4393 Imperial Avenue, Suite 100, San Diego. 888-254-6904; www.Concorde4me.com.

MASSAGE THERAPY classes start soon. Financial aid if qualified. Day and evening classes. Remington College, 123 Camino de la Reina, North Building, Suite 100, San Diego 92108. www.4classes.org. Call today! 877-681-2536.

MeDIA ARTS. Platt Colleges offers, 3D Animation, Web Design, Graphic Design, Video Production. Platt College offers Bachelor and Associate degrees, fixed tuition costs, day and evening classes, placement assistance, financial aid if qualified. Call today for a free info pack: 1-866-752-8826. Visit: www. Media McSabel of the control of MediaArtSchool.com.

#### A New Healthcare Career In Just 6 Weeks!

#### Become a **Phlebotomy Technician**



The training program consists of a combination of classroom instruction and a clinical externship at our affiliated hospitals and clinics.

No Experience **Necessary** 

**Must Have High School** Diploma/Equivalent



Call for details: **Family Health** Services 619.955.1007

www.familyhealth-services.com

BPPVE Register #3708721

## CAREER TRAINING

#### Our Grads Get Careers!

Scholarships Train for a career in: Available If Qualified

Computer Technician/ Computerized Office/

 Dental Assistant Medical Assistant

Computer Technician and Networking

- Medical Insurance Billing
- Pharmacy Technician



Accounting

#### Valley Career College

878 Jackman Street, El Cajon Located 1 block west of Parkway Plaza

Call (619) 5 9 3 - 5 1 1 1 www.valleycareercollege.com

8-Month Programs • Day & Evening Classes • Financial Aid (If Qualified) Available to Non-High School Graduates! • Job Placement Assistance • Approved for WIA, VA benefits

#### **Bartending School** EARN GREAT \$ - MEET NEW PEOPLE - WORK PART OR FULL TIME Not a Casino Dealing or Cooking School Ask about Call today for a free tour our tuition special Special We Specialize in Bartending <u>Ou</u>ly ☑ Two Week Course ☑ Job Placement Assistance Financing Available ▼ Excellent Student Testimonials San Diego Bartending School 6690 Mission Gorge Rd. K San Diego , California 92120 www.SanDiegoBartending.Com

# Start a new career in

#### Medical · Business · Investigative

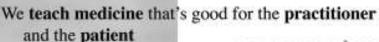
Certified Phlebotomy Technician • Medical Administrative Secretary Medical Office Administrator • Medical Biller Sports Medicine Technologist • Clinical Medical Assistant Administrative & Clinical Medical Assistant • Advanced Medical Coder Computerized Office Specialist • Computerized Office & Accounting Specialist Private Investigator

Morning, afternoon & evening class schedules WIA & Low-Cost Funding • Workers' Comp • Rehabilitation Free training if qualified • Small classes

Universal Schools & Colleges of Health and Human Services

U.S. COLLEGES

San Diego · 619-858-3480 San Marcos · 760-918-8198 www.uscmed.com





#### acupuncture & massage

If you're looking for a new career, follow an old path - Traditional Chinese Medicine, Pacific College is one of the nation's leaders.

Pacific College offers:

- -Accredited Masters degree programs in Acupuncture and Oriental Medicine
- Massage certification programs
- -Financial aid is available for those who qualify
- -Flexible schedules



1.800.729.0941, www.PacificCollege.edu 7445 Mission Valley Rd., Ste. 105 San Diego, CA 92108

You Can Make More Money\* Better Job

We Make It Easy To Go to College!

- Medical Assisting
- Respiratory Therapy
- X-Ray Technology (Ltd Scope)
- Laboratory Technology
- Pharmacy Technology
- Healthcare Admin.
- Medical Coding/ Billing
- Nursing Administration<sup>†</sup>
- Medical Specialties
- Medical Office Admin.

Certifications/Licenses Available\*

#### **COMPUTERS**

#### **BUSINESS & ACCOUNTING**

 Accredited Member ACCSCT Programs Approved for Veterans

Master's Degrees<sup>†</sup>: **MBA, Nursing Admin.,** 

**Healthcare Admin.** 

Associate's (Occ.), Bachelor's

Job Placement Assistance

Certifications and Licenses\*\*

• Financial Aid Available

and Master's Degrees

for Graduates

Day, Evening & Online Classes Start



California College San Diego

2820 Camino Del Rio South, San Diego, CA 92108

www.californiacollege.info



# JUST MONTHS to a brand new you!

In less time than you think, train for a career as a:

- Medical Assistant
- Pharmacy Technician
- Vocational Nursing
- Medical Insurance Technician
- Criminal Justice
- Day And Evening Classes
- Financial Aid Available For Those Who Qualify
- Not all programs offered at all locations
- Career Placement Assistance
   Approved For VA & WIA Benefits



**Maric College** 

**CALL NOW FOR A BROCHURE!** 

www.CareerTraining-Maric.com

San Diego Campus • North County Campus

MEDIA ARTS/ANIMATION. Put a spring in your step! Classes begin March 31, 2008! Start today! Dreams don't have expiration dates. Bachelor of Science degree programs. Financial aid if qualified. Job search assistance. www.artinstitutes. edu/sandiego. The Art Institute of California, 7650 Mission Valley Road, San Diego 92108. 866-275-2422; 858-598-1200.

MEDICAL ADMINISTRATIVE COURSES.
Call U.S. Colleges for more information.
WIA and low cost funding, workers comp,
small classes. Universal Schools and Colleges of Health and Human Services, San Diego: 619-858-3840; San Marcos: 760-918-8198, www.uscmed.com

MEDICAL ADMINISTRATION and Billing MEDICAL ADMINISTRATION and Billing. Be job-ready in just 8 months. Get the skills employers look for, from instructors with real-world experience. Day or evening classes available. Evening classes in just 9 months. Small classes, free tutoring, in-the-field training scholarships available, WIA, VA benefit appropriated in the property of the propert proved, job placement assistance financial aid available (if qualified), accept non-high school graduates. Valley Career College, 878 Jackman Street, El Cajon, 1 block west of Parkway Plaza. 619-593-5111.ValleyCareerCollege.com.

MEDICAL ASSISTANT. Get started without a high school diploma. Now enrolling, call today! Concorde Career Institute, 4393 Imperial Avenue, Suite 100, San Diego 92113. 888-283-6911. www.

MEDICAL ASSISTANT TRAINING: Assist physicians in the examination and treatment of patients ranging from newborns to senior citizens, as well as perform routine office tasks. Graduate in 9 months! Morning, afternoon, evening classes, life-time job placement assistance and finan-cial aid if qualified. Pima Medical Institute, 888-239-9445. 780 Bay Boulevard, Chula Vista (I-5 at J Street), www.pmi.edu.

MEDICAL BACK OFFICE Assistant medical Back Office Assistance and Course. Train for a new career in 2008. Maric College offers on-the-job training, career placement, financial aid available for those who qualify. San Diego and North County campuses. Call today! 888-356-4000, Dept. 276, or visit www. CareerTraining-Maric.com.

# **Free Classifieds!**

Post free online ads with photos at SDReader.com

MEDICAL BILLING & CODING. This comprehensive medical billing and coding course offers the skills needed to solve insurance billing and coding problems, complete insurance claim forms, trace delinquent claims and appeal denied claims. Course length: 12 weeks, day and evening classes. Votec Training, 858-565-0663.

MEDICAL CAREERS. Train to become a: MEDICAL CAREERS. Train to become at Medical Assistant, Pharmacy Technician, Medical Insurance Technician, Medical Insurance Technician, Medical Administrative and Insurance Specialist, Vursing, Assistant, Back Office. Not all programs offered at all locations. Maric College offers on-the-job training, career placement, financial aid available for those who qualify. San Diego and North County campuses. Call today! 888-356-4000, Dept. 276, or visit www. CareerTraining-Maric.com.

CareerTraining-Maric.com.

MEDICAL CAREERS. Start a new career
in 2 months or less at US College!
Choose from: Certified Phlebotomy Tech,
Medical Administrative Secretary, Medical Office Administrator, Medical Biller,
Advanced Medical Coder, Sports
Medicine Tech, Clinical Medical Assistant, Administrative and Clinical Medical
Assistant, Morning, afternoon and
evening classes. WiA and low cost funding, workers comp, small classes. Universal Schools and Colleges of Health and
Human Services, San Diego: 619-8583480, San Marcos: 760-918-8198. www.
uscmed.com.

uscmed.com.

MEDICAL OFFICE. Day, evening, and online classes start April 14th! Also offered:
Medical Specialties, Medical Assisting,
Respiratory Therapy, Lab Technology,
Pharmacy Technology, X-RAY Technology (limited scope), Healthcare Administration, Nursing Administration, Medical

Coding/Billing, Medical Office Administration. Associate's/Bachelor's degrees, Certifications and Licenses, Programs approved for Veterans. Accredited member ACCSCT. See our ads in Job Giant and the San Diego Reader, Job placement assistance for graduates, financial aid (if qualified). Classes begin each month! Enroll today! California College San Diego, 2820 Camino Del Rio South, San Diego (92108). 1-800-216-3581. Please go to www.californiacollege.info

Please go to www.californiacollege.info
MEDICAL PROGRAMS: Day, evening,
and online classes start April 14thl Medical Assisting, Respiratory Therapy, X-ray
Technology (limited scope), Lab Technology, Pharmacy Technology, Healthcare
Administration, Medical Coding/Billing,
Nursing Administration, Medical Specialties, Medical Office Administration. Associate's/Bachelor's degrees, Certifications
and Licenses. Programs approved for
Veterans. Accredited member ACCSCT.
See Job Giant, page 5. Job placement
assistance for graduates, financial aid (fi
qualified). Classes begin each month!
Enroll today! California College San
Diego, 2820 Camino Del Rio South, San
Diego, 2820 Camino Del Rio South, San
Diego (20108). 1-800-216-3581. Please
go to: www.californiacollege.info

Maric College offers on-the-job training, career placement, financial aid available for those who qualify. San Diego and North County campuses. Call today! 888-356-4000, Dept. 276, or visit www. CareerTraining-Maric.com.

CareerTraining-Maric.com.

NURSING ADMINISTRATION: Day, evening, and online classes start April 14th! Also offered: Medical Assisting, Respiratory Therapy, Lab Technology, Pharmacy Technology, X-RAY Technology (limited scope), Healthcare Administration, Medical Coding/Billing, Medical Specialties, Medical Office Administration. Associate's/Bachelor's degrees, Certifications and Licenses, Programs approved for Veterans. Accredited member ACCSCT. See Job Giant, page 5. Job placement assistance for graduates, fi-

nancial aid (if qualified). Classes begin each month! Enroll today! California Col-lege San Diego, 2820 Camino Del Rio South, San Diego (92108). 1-800-216-3581. www.californiacollege.info

3581. www.californiacollege.info
NURSING CAREERS. Train to become a:
Medical Assistant, Pharmacy Technician,
Medical Insurance Technician, Medical
Administrative and Insurance Specialist,
Nursing, Nursing Assistant, Back Office.
Not all programs offered at all locations.
Maric College offers on-the-job training,
career placement, financial aid available
for those who qualify. San Diego and
North County campuses. Call today! 888356-4000, Dept. 276, or visit www.
CareerTraining-Maric.com.

come a Pharmacy Technician, Medica Insurance Technician, Medical Adminis trative and Insurance Specialist, Nursing trative and Insurance Specialist, Nursing, Nursing Assistant, Back Office. Not all programs offered at all locations. Maric College offers on-the-job training, career placement, financial aid available for those who qualify. San Diego and North County campuses. Call today! 888-356-4000, Dept. 276, or visit www. CareerTraining-Maric.com.

PHARMACY TECHNICIAN Course at UEI.
We also offer programs for Massage
Therapist, Business Office Administration, Medical Billing/Insurance Coding,
Dental Assistant, Computer Systems Dental Assistant, Computer Systems Technician, Approved Veterans, Rehab, WIA. Job Placement Assistance, Financial Aid (if qualified). United Education Institute, 3666 Kearny Villa Road, #100, 92123; 310 3rd Avenue, #C6, Chula Vista 91910. Call today! 1-877-206-1915. Visit

our website: www.infofromuei.com

MASSAGE THERAPIST Course at UEI.
We also offer programs for Pharmacy
Technician, Business Office Administration, Medical Billing/Insurance Coding,
Dental Assistant, Computer Systems
Technician, Approved Veterans, Rehab,
WIA. Job Placement Assistance, Financial Aid (if qualified). United Education Institute, 3666 Kearny Villa Road, #100,

our website: www.infofromuei.com

BUSINESS OFFICE Administration. UEI also offers programs for Pharmacy Technician, Dental Assistant, Medical Billing/Insurance Coding, Massage Therapist, Computer Systems Technician, Approved Veterans, Rehab, WIA. Job Placement Assistance, Financial Aid (if qualified). United Education Institute, 3666 Kearny Villa Road, #100, 92123; 310 3rd Avenue, #C6, Chula Vista 91910. Call today 1.4877-206-1915. Visit our website: www.infofromuei.com

www.infofromuei.com

MEDICAL BILLING Insurance Coding.
UEI also offers programs for Pharmacy
Technician, Dental Assistant, Business
Offlice Administration, Massage Therapist, Computer Systems Technician, Approved Veterans, Rehab, WIA. Job
Placement Assistance, Financial Aid (if
qualified). United Education Institute,
3666 Kearny Villa Road, #100, 92123; 310
3rd Avenue, #C6, Chula Vista 91910. Call
today! 1-877-206-1915. Visit our website:
www.infofromuei.com

COMPUTER SYSTEMS TECHNICIAN. UE COMPUTER SYSTEMS TECHNICIAN. U.I. also offers programs for Pharmacy Technician, Dental Assistant, Business Office Administration, Massage Therapist, Medical Billing & Insurance Billing, Approved Veterans, Rehab, WIA. Job Placement Assistance, Financial Idi (If qualified). United Education Institute, 3666 Kearny Villa Road, #100, 92123, 310 3rd Avenue, #C6, Chula Vista 91910. Call today! 1-877-206-1915. Visit our website: www.infofromuei.com

PHARMACY TECHNICIAN TRAINING: Assist licensed Pharmacists in providing medication and healthcare products to patients. Graduate in 8 months! Morning, afternoon, evening classes; lifetime job placement assistance and financial aid full filed. Pima Medical Institute, 888-239-9445, 780 Bay Boulevard in Chula Wistr (15 ct. 1 Stret). Water products

PHARMACY TECHNICIAN. This course

lead to licensure and a rewarding career as a pharmacy technician. The course is intensive and requires a lot of self-study. Course length: 12 weeks, day and evening classes. Votec Training, 858-565-0663.

PHARMACY TECHNICIAN. Be job-ready PHARMACY TECHNICIAN. Be job-ready in just 8 months. Get the skills employers look for, from instructors with real-world experience. Day or evening classes available. Evening classes in just 9 months. Small classes, free tutoring, in-the-field training scholarships available, WIA, VA benefit approved, job placement assistance, financial aid available (if qualified), accept non-high school graduates. Valley Career College, 878 Jackman Street, El Cajon, 1 block west of Parkway Plaza. 619-593-5111.ValleyCareerCollege.com.

PHARMACY/LAB TECHNOLOGY: Day evening, and online classes start April 14th! Medical Assisting, X-ray Technol-ogy (limited scope), Respiratory Therapy, Healthcare Administration, Medical Cod-Healthcare Administration, Medical Coding/Billing, Nursing Administration, Medical Office Administration, Associate's/Bachelor's degrees, Certifications and Licenses, Programs approved for Veterans. Accredited member ACCSCT. See Job Giant, page 5. Job placement assistance for graduates, financial aid (fi qualified). Classes begin each month! Enroll today! California College San Diego, 2820 (22108). 1-800-216-3581. Please go to www.californiacollege.info

PHLEBOTOMY. Become a certificated Phlebotomist. Call U.S. Colleges for more information! WIA and low cost funding, workers comp, small classes. Universal Schools and Colleges of Health and Human Services, San Diego: 619-858-3840; San Marcos: 760-918-8198. www.uscmed.com

PLATT (MEDIA ARTS) COLLEGE offers classes in Web Design, Graphic Design, Video Production, 3D Animation. Bache-lor and Associate degrees, fixed tuition costs, day and evening classes, placement assistance, financial aid if qualified.
Call today for a free info pack: 1-866-752tSchool.com.

PRIVATE INVESTIGATOR. Start a new ca reer in 2 months or less at US College! Morning, afternoon and evening classes. WIA and low cost funding, workers comp, small classes. Universal Schools and Colleges of Health and Human Services, San Diego: 019-858-3840; San Marcos: 760-918-8198. www.uscmed.com

#### CAREER TRAINING

#### Become a Fully Trained and Certified **Private Security Guard**

in just 52 hours/2 weeks!

Certification Includes:

- Liability and Legal Aspects
- Observation and Documentation
- Communication and Significance
- NO COST TO

Qualified

**VETERANS** 

Other Services: Guard Card Renewal Firearm Requalification **Baton Permit** 

• Public Relation

• Baton Training

· CPR/First Aid

• Firearm Training

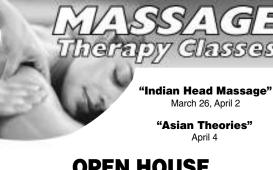
#### **Coast Career Institute**

1330 E. Valley Pkwy. #A Escondido, CA 92024

311 Third Avenue Chula Vista, CA 91910

760-735-8427

Employers looking for trained and certified Security Guards now.



#### **OPEN HOUSE**

Tuesday, April 1 • 5:30 pm

Course discounts offered when you attend our Open House. Free massages, free introductory class. Call to reserve your spot!

**Meridian International School of Health Sciences** 

1465 Morena Blvd. • **619.275.2345** • MeridianWay.com Veterans and international students welcome!



## Get your career started!

#### **Paralegal Certificate Program**

Approved by the American Bar Association **Employment Assistance** Day & Evening Classes Internships

Financial Aid Available

University of San Diego (619)260-4579

LSAT, GMAT, GRE, SAT Sharpen Your Skills! **Experienced Faculty** 

**Test Preparation** 

**Practice Exams** 

Convenient Schedules Free Refresher Classes

(within 1 year of paid course completion)

www.sandiego.edu/testprep



## Take Charge of Your Life!



- Be your own boss in as little as nine months
- Become a health and wellness professional
- Financial Aid available for those who qualify
- Several programs available:

HOLISTIC HEALTH PRACTITIONER MASSAGE THERAPIST

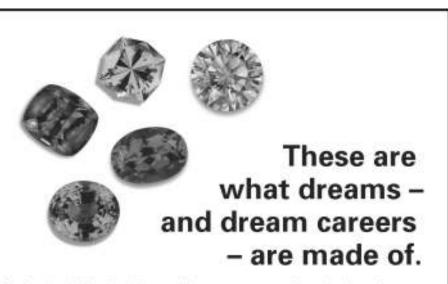
- ASIAN THERAPIES
- WESTERN THERAPIES

Clinical Hypnotherapist

Make a living while making a difference - call now!

888-486-9147 Aueller College of Holistic Studies

4607 Park Boulevard, San Diego, CA 92116 www.Mueller.edu



Find out how the Gemological Institute of America can prepare you for a rich and rewarding pareer in the fine jewelry industry. For more than 75 years, nonprofit GIA has educated the world's leading Jewelers, gemologists and Jewelry designers, offering the most comprehensive and respected gem and jewelry education available anywhere.

- . On Campus, Online, Distance Education and traveling Lab classes.
- · Financial assistance programs and scholarships for qualifying students.
- . BBA Degree & Professional Diplomas.
- · Ongoing career support.
- · Year-round admission.
- · Ocean-view campus.

To learn more, call fet a free course catalog: 800-421-7250 ext. 4001 or visit www.gla.edu



The Robert Mousead Campus

World Headquarters

Learn from the World's Ferencet Authority in Genelogy\*\*

5345 Armada Drive | Cortsbad, CA 52008 T: 760-603-4000 F: 760-603-4003





#### We also train for

- » Massage Therapist +
- **Business Office Administration**
- » Medical Billing & Insurance Coding
- **Dental Assistant**
- >> Pharmacy Technician\*
- » Computer Systems Technician

1.877.206.1915

WWW.UEISUCCESS.COM



3666 Kearny Villa Road, Suite 100 San Diego, CA 92123

310 3rd Avenue, Suite C6/C7 Chula Vista, CA 91910

- Not All Programs Available at All Campuses
- · Approved for Veterans, Rehab, WIA
- Financial Aid Available if Qualified
- Job Placement Assistance
- + 9 Month Program
- \*HS Diploma/GED Required

RESPIRATORY THERAPY. Get started without a High School Diploma! Con-RESPIRATORY THERAPY. Get started without a High School Diploma! Concorde offers: A.S. in Respiratory Therapy, Massage Therapy, Surgical Technology, Medical Assistant, Dental Assistant, Vocational Nursing, Insurance Coding & Billing courses. Now enrolling, call today! Concorde Career Institute, 4393 Imperial Avenue, Suite 100, San Diego 92113. 888-254-6904; www.Concorde4me.com.

888-254-6904; www.Concorde4me.com. RESPIRATORY THERAPY (Associate of Occupational Science). Train in less than two years for this specialty that focuses on prevention, diagnoses, treatment, management and rehabilitation of pa-tients with breathing or other cardiopul-monary disorders. Pima Medical Institute, 888-239-9445. 780 Bay Boulevard, Chula Vista (1-5 at J Street). www.pml.edu.

RESTAURANT/BAR MANAGEMENT: Learn the ins and outs of restaurant and bar management at National Schools. Free career placement assistance, with many jobs available. Call: 619-461-2800 many jobs available. Call: 619-461-2000 for a tour and sit in a class. Learn why we are different. Visit us on the web, and see our Photo Gallery and curriculum of all our training. Financial Aid available. www.

SASSOON ACADEMY school connection. Learn the world renowned training system of cutting hair the Sassoon way exclusively through the school connection at Poway Academy, 13266 Poway Road, Poway, CA 92064. Call today! 1-800-396-Powáy Academy, 13266 Poway Road Poway, CA 92064. Call today! 1-800-396-9187. Enroll today! Visit: www. sandiegobeautyacademy.com.

SECURITY GUARD TRAINING. Become a fully trained and certified Private Security Guard in just 52 hours/2 weeks! Certificate: Power to Arrest, Liabilities and Lecate: Power to Arrest, Liabilities and Legal Aspects, Observation and Documentation, Communication and Significance. BSIS Car/Permits: Guard Card/Baton Permit, Firearm Permit/Tear Gas, First Aid/CPR. Now accepting: WIA/TAA, Vocational Rehab, Dislocated Workers, Private Pay and others. Coast Career Institute, 1330 East Valley Parkay #A Escondido. CA 20204, at 211. way #A, Escondido, CA 92024, or 311 Third Avenue, Chula Vista, CA 91910. Call 760-735-8427.

SECURITY: BECOME A PROFESSIONAL Security Guard. Guard Card testing. Firearms testing. Pepper spray/mace

CAREER TRAINING

# **Free Classifieds!**

ads with photos at SDReader.com

fies. Live operators 1-800-592-0362 x235. (AAN CAN)

HATE YOUR JOB? Miss your family? Want more free time? 6-figure income potential marketing from your home! Don't believe it? Don't call! 800-428-0473, www. incomesunlimited.com/presentlivin.

HAVE YOUR OWN HOME-BASED TRAVEL business. Free training. Excellent commissions and bonuses. Call 619-884-

HELP WANTED. Earn extra income assembling CD cases from home. Start immediately. No experience necessary. 1-800-405-7619 x150. www.easywork-greatpay.com. (AAN CAN)

HOME REFUND JOBS! Earn \$3500-\$5000 weekly processing company refunds online. Guaranteed paychecks. No experience needed. Positions available today.

Register online now. www.RebateWork com. (AAN CAN) INFLATABLE BOUNCES. 21 bounces. 2

concession machines, trailers, equip-ment, professional website and more. Re-

MAKE \$2.000-\$5.000 working at home

Get information now. Send self-ad-dressed, stamped envelope to: Post Of-fice Box 3651, Escondido CA 92033.

MAKE OVER 5 FIGURES monthly. Talk to no one, we sell the packages for you. \$1495 start up. 1-877-815-3527, Reference ID# 492.

MASSIVE INCOME Opportunity available! Click a mouse, buy a house! Real

estate investing and education made simple. Earn while you learn! 888-MunyClub.

MOTIVATED ENTREPRENEURS: Hottest

new marketing business—get results. Be mentored by self-made millionaires. Serious inquiries only. 800-631-9439. www.

MYSTERY SHOPPERS. Get paid to shop!

Retail/dining establishments need under-cover clients to judge quality/customer service. Earn up to \$150/day. Call 800-901-9370. (AAN CAN)

ONLINE BUSINESS. Looking for more in come? Work online from home! \$10-\$20K per month potential. Build your own business. Set your own schedule. No commuting. Automated system! Full training provided. Serious and ambitious individuals only. www.CaliforniaSuccess.net. 1-

commissions and bonuses. Ca 0081. www.mrctravelstore.biz.

training. Baton training. Live Scan unit on premises. 619-518-4279.

SPEC TECH. Become a specialist in un SPEC TECH. Become a specialist in underwater inspections, testing and quality assurance. Earn your Associate of Science degree in Marine Technology. Become qualified, not just certified. Experienced professionals teach skills that employers demand. Job placement assistance/financial aid for those qualified. Visit: www.natpoly.edu, National Polytechnic College of Science: 619-563-7430.

SPORTS MEDICINE TECH. Call U.S. Col leges for more information. WIA and low cost funding, workers comp, small classes. Universal Schools and Colleges of Health and Human Services, San Diego: 619-858-3840; San Marcos: 760-918-8198. www.uscmed.com.

STARTING, CHANGING OR moving ahead in your career? UCSD Extension provides a wealth of opportunities to help you grow. Business, Science, Technology fields, 54 certificates, 300+ courses. UCSD Extension classes begin in March and Aprill www.extension.ucsd.edu.

and April! www.extension.ucsd.edu.

SURGICAL TECHNOLOGY. Start this year with a new career. We also offer courses in Massage Therapy, Medical Assisting, Respiratory Therapy. Insurance Coding and Billing, Dental Assisting, and Vocational Nursing. Call today for more information! Concorde Career College, 4393 Imperial Avenue, Suite 100, San Diego. 888-254-6904; www.Concorde4me.com.

TEACHER EDUCATION. Teaching Tip #9: Superheroso don't always wear capes. If you have completed your bachelor's degree, APU offers 26 opportunities for you to become a better teacher, counselor, coach or administrator. If you have not yet completed your bachelor's degree and are 22 years old with 60 college units, APU can help you earn your degree and become a teacher through our Human Development program. And because APU is NCATE accredited, you receive APU is NCATE accredited, you receive excellent preparation recognized by all 50 states and internationally. To schedule an appointment or attend an information meeting, call 877-210-8839, visit www. apu.edu/education/tips, or e-mail sandiego@apu.edu. Azusa Pacific University, 5353 Mission Center Road, Suite 300, San Diego, CA 92108.

TRUCK DRIVER. Get in gear with a new career! 4 weeks training: full commercial Class A & B, forklift certification. 30-year company. Possible Veteran's assistance. Flexible classes. Visa, MasterCard accepted. Western Truck School, San Diego. San Diego, 800-929-1319.

TRUCK DRIVING. Drive your way into a new career! Great pay and benefits. Class A/Class B training. Placement assistance. Campuses in San Diego, Temecula, Riverside and Santa Ana. United Truck Driving School, 800-764-2020. www.drivetrucks.com.

TUITION-FREE TRAINING: Programs Anesthesia Tech, Personal Trainer, Medical Office, Orthopedic Tech, Group Home Training, Telemetry Tech, Insurance, Insur

VETERINARY ASSISTANT PROGRAM: Just 30 weeks to a career filled with fur and fun! Love your patients and your job as you nutruer the health and well-being of animals. Pima Medical Institute offers financial aid if qualified and lifetime job lacement assistance. 888-239-9445. 780 Bay Boulevard, Chula Vista. www.pmi.edu.

VIDEO PRODUCTION, Web Design Graphic Design, Video Production. Platt College offers Bachelor and Associate degrees, fixed tuition costs, day and evening classes, placement assistance, financial aid if qualified. Call today for a free info pack: 1-866-752-8826. Visit: www.MediaArtSchool.com.

VOCATIONAL NURSING. Get started vocational. NURSING. Get started without a High School Diploma! Concorde also offers: A.S. in Respiratory Therapy, Massage Therapy, Surgical Technology, Medical Assistant, Dental Assistant, Insurance Coding/Billing courses. Now enrolling, call today! Concorde Career Institute, 4393 Imperial Avenue, Suite 100, San Diego 92113. 888-254-6904; www.ContactConcorde.com.

WEB DESIGN, GRAPHIC DESIGN, 3D Animation, Video Production. Platt College offers Bachelor and Associate degrees, fixed tuition costs, day and evening classes, placement assistance, financial aid if qualified. Call today for a free into pack: 1-866-752-8826. Visit: www.MediaArtSchool.com.

WEB DESIGN/INTERACTIVE Media. Put a spring in your step! Classes begin March 31, 2008! Start today! Dreams don't have expiration dates. Bachelor of Science degree programs. Financial aid if qualified. Job search assistance. www. artinstitutes.edu/sandiego. The Art Institute of California. 7650 Mission Valley Road, San Diego 92108. 866-275-2422; 858-598-1200.

WELD TECH DIVERS. Become a special WELD TECH DIVERS. Become a specialist in the technology of underwater welding. Earn your Associate of Science degree in Marine Technology. Become qualified, not just certified. Experienced professionals teach skills that employers demand. Job placement assistance/financial aid for those qualified. Visit: www.natpoly.edu, or call National Polytechnic College of Science: 1-619-563-7430.

X-RAY TECHNICIAN. Train for a new career in 2008. Maric College offers on-the-job training, career placement, financial aid available for those who qualify. San Diego and North County campuses. Call today! 884-356-4000, Dept. 276, or visit www.CareerTraining-Maric.com.

## Business

**AVON.** Excellent income potential! Perfect for self-starters with a commitment to helping others succeed. \$10 gets you started. Call Kathleen, independent sales

\$800,000. Personal bills, school, business/housing. Approximately \$49 billion unclaimed 2007! Almost everyone quali-

PLACE PRINTED ADS in the Reader by

Calling 619-230-6200.

POST FREE ONLINE ADS with photos at Cappings Ponder com. See thousands of

mangosteen; make lots of money! Very high antioxidant value. Significant anti-in-flammatory properties. Tons of health benefits! www.diane.myjetstream.net. Diane, 877-674-4280.

X-RAY TECHNOLOGY (Limited Scope): Day, evening, and online classes start April 14th Medical Assisting, Respiratory Ther-apy, Lab Technology, Pharmacy Technol-ogy, Healthcare Administration, Medical

BE A MILLIONAIRE FROM HOME! Sell

FREE CASH GRANTS 2008. \$700-

ogy, Healthcare Administration, Medical Coding/Billing, Nursing Administration, Medical Specialties, Medical Office Administration. Associate s/Bachelor's degrees, Certifications and Licenses, Programs approved for Veterans. Accredited member ACCSCT. See Job Giant, page 5. Job placement assistance for graduates, financial aid (if qualified). Classes begin each month! Enroll today! California College San Diego, 2820 Camino Del Rio South, San Diego (92108). 1-800-216-3581. Please go to www.californiacollege.info

## **O**PPORTUNITIES

representative: 619-429-1253; 888-429-

### **ENROLL TODAY!**

The "Fashion Only" College in San Diego



#### fashioncareerscollege

Fashion Design and Technology Fashion Business and Technology Fashion Buying Program Scholarships Available Day and Night Programs

1-888-835-4750

1923 Morena Blvd., San Diego, CA 92110 www.fashioncareerscollege.com





## Our Grads Get Careers!

## **Computerized Office and Accounting**



Train for a career in:

- Medical Assistant
- Dental Assistant
- Medical Insurance Billing
- Pharmacy Technician
- Computerized Office/Accounting
- Computer Technician/Networking

#### Valley Career College

878 Jackman Street, El Cajon • Located 1 block west of Parkway Plaza

Call (619) 593-5111 www.valleycareercollege.com



8-Month Programs • Day & Evening Classes • Financial Aid (If Qualified) Available to Non-High School Graduates! • Job Placement Assistance • Approved for WIA, VA benefits



## READY TO CHANGE YOUR LIFE?

Become a Court Reporter or Legal Office Assistant!

Call For Your Admissions Appointment Now!





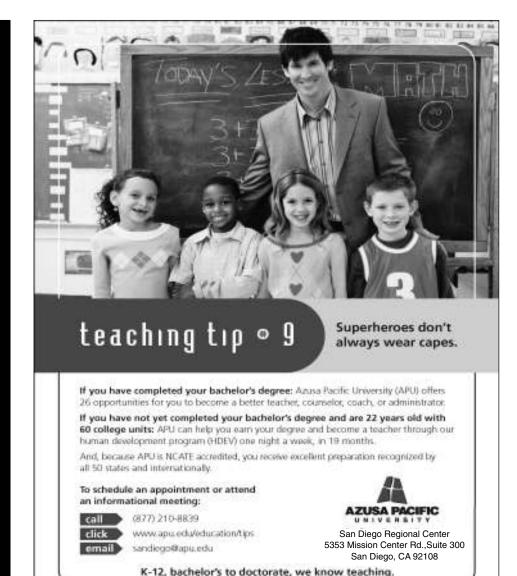
- Days / Nights or Interactive
  Online Classes Available
- Financial Aid Available For Those Who Qualify
- **Excellent Career Opportunities**
- **♦** Associate Degree Offered
- **♦** Fully Accredited



San Diego Location (619) 683-2727 2820 Camino del Rio South Suite 100 San Diego, CA 92108

Moreno Valley Location (951) 781-2727 12125 Day Street Building L Moreno Valley, CA 92557

www.sagecollege.edu





In less time than you think, train for a career in

# Criminal Justice\*

Train for diversified career outcomes in:

Casino Surveillance • Border Patrol • Corrections

Crime Scene Investigation • And More!

Career Placement Assistance • Approved for VA & WIA Benefits Financial Aid Available For Those Who Qualify

\* Additional Police Academy training may be required for Law Enforcement jobs



Call now for a brochure! 888-356-1300 DEPT. 236

www.CareerTraining-Maric.com

**POST OFFICE** now hiring! Average pay \$20/hour or \$57K year includes federal benefits and overtime. Offered by exameservices, not affiliated with USPS who hires. 1-866-616-7019. (AAN CAN)

SALES PROS/\$1000S IN Profits. Are SALES PROS/\$1000\$ In Profits. Are you getting paid what you deserve? Must like working independently, be willing to learn and take initiative, and believe that \$100K+ in your first year is attainable in commission-based environment. 619-981-3131. gogetit. unifiedwealthsolutions com

Then do something about it and finally get paid what you're worth. Be a marketing entrepreneur. Serious inquiries only. 800-631-9439. www.swanlifestylecoop.com

TIRED OF THE RAT RACE? Incredible op-portunity, earn \$1K-\$10K+ weekly, turnkey system, training provided. No selling, no calling. Paid weekly! www. 317kfromhome.com. (AAN CAN)

#### CLASSES / Lessons

PLACE PRINTED ADS in the Reader by POST FREE ONLINE ADS with photos at

ACCLAIMED INTERNATIONAL singer/pi anist/songwriter/recording artist/produceroffering voice/piano lessons. Fully-equipped studio. Launch your music ca-

# **Free Classifieds!**

Post free online ads with photos at SDReader.com

reer! \$50/hour. Celeste, 858-467-0776.

ART CLASSES! San Diego's newest art school! Pottery, stained glass, painting, and more! All ages. Beginning to advanced. sandiegoartdepartment.com or 619-299-4ART (4278).

ATTENTION HAIR/MAKEUP ARTISTS.

DANCE LESSONS. Salsa, swing, ball-room, weddings, and more! Pacific Beach and North County locations. Con-tact Amanda, 619-206-1101; amanda@ dancehealthy.com; www.dancehealthy.com, Get happy, get healthy, get

DANCE LIKE THE STARS! Brides/grooms, learn salsa/latin ballroom for first dance. Free-\$10: group salsa lessons throughout San Diego. Private lessons, \$50. Beginners Instructional Salsa DVD, \$35. www.salsasusie.com. 858-488-6900, 805-252-6000.

**DJ LESSONS.** San Diego Mix Masters, San Diego's premier DJ school. Established 2000. Learn the basics of beat

CAREER TRAINING

matching, mixing, programming, etc. 619-867-7822 or sdmix com

DRUM INSTRUCTION. I teach what you want and need to know. Get more playing enjoyment. Be musical! All levels accepted. Hoffman Drum Studio, Kirk, 619-287-6518.

bales. Study rock, fusion, Latin, jazz, and classical. Hour and half-hour lessons of-fered. Beginners and advanced. Academy of Music. 619-295-7062.

Reducting of wildings. 619-287-7092.

ENGLISH SPANISH immersion. Free lessons Mondays 3/31/08-6/02/08. Exchange Spanish for English with students learning Spanish. 8450 La Mesa Boulevard. Adult Enrichment Center. 5:30-8:30pm. 619-469-1672.

ENGLISH TUTORING. Master's degree instructor. English as a second language, TOEFL, grammar, writing, pronunciation. Native speaker grammar refinement. Reasonable rates. jaygo@cox.net, 619-528-8663 or 619-410-2002.

FIDDLE GROUP LESSONS. The Perforrance Academy. All ages. Meets Thursdays, 4pm-8pm, Sorrento Valley, Bluegrass, Celtic, old-time. New session: April. Details/registration deadlines: www. fiddlegirl.com/perfacademy.html, 760-782-902.

**FLAMENCO.** Dance classes: group-\$15, private-\$40. Tuesdays/Thursdays, 7:30pm (beginners/intermediate) & rivate-\$40. Tuesdays/Thursda :30pm (beginners/intermediate) :30pm (intermediate/advanced). Sat ays, 11:30am (beginners/intermediat

20 years experience. Encinitas. 760-720-

1245.

FRENCH LESSONS. The best, most popular French lessons in San Diego, from \$9.99/hour. Learn with a teacher from Paris! Materials included. www. fromenglishtofrench.com. Sophie, 619-

339-7993.

GUITAR INSTRUCTION. San Diego's finest lessons! I offer the most professional, comprehensive, insightful guitar instruction available in Southern California. State-of-the-art learning from a true master player/teacher. Get dramatic results quickly! Tim Quinn, 858-569-6088. View website before calling! www. QuinnGuitar.com.

GUITAR INSTRUCTION. Concert professional from Spain, with 23 years touring experience, now offering private classes in authentic flamenco and classical guitar. 619-282-0369.

**GUITAR LESSONS/RECORDING.** Learn to play, sing your favorite songs. Experi-enced instruction tailored to your goals. Record a demo; session work. Craig Blaine, 619-417-4080, www.jcbmusic.

GUITAR LESSONS. Freeway close. Guitar Trader of San Diego, 7120 Clairemont Mesa Boulevard. Toll-free: 877-687-4276.

PIANO ACHIEVEMENT proven with free lesson. Ages 5 to 95. Classical, popular, jazz. Very patient teacher/performer offers top quality, individualized instruction, beginning through advanced. 30 years experience. Lee Galloway, 619-281-8118. www.leegalloway.com.

PIANO LESSONS by graduate of Julliard, Oberlin, University of Michigan. Over 30 years of experience. All levels. Very pa-tient. Reasonable rates. 858-457-4067.

PIANO LESSONS. Master's degree Music Education. Member of Music Teachers Association of California. Any age, any style. Flexible hours. Individual programs for each student. 858-625-0053.

PIANO, VOICE, GUITAR, strings, brass, percussion lessons, etc. Ages 4-94. In your home or studiol For details, visit our website: www.CaliforniaMusicStudios.com or call Jennifer, 800-227-6222.

SAT PREP/PRIVATE TUTORING: SAT, ACT, Math, English, Science, Languages, GRE, GMAT, study skills, K-12 instruction. Company founded by Harvard graduate. College consulting also available. 858-273-TUTOR(8886). www.mcelroytutoring.

SAT TEST PREPARATION, USD Test Preparation Courses. Sharpen your skills! Experienced faculty. Practice Exams. Convenient schedules. Free Refresher Classes (within 1 year of paid course completion). www.sandiego.edu/testprep. 619-260-4579.

SINGING LESSONS. Learn the technique of the stars! Speech-level singing works. Seth Riggs, certified instructor. Guitar lessons also available. NorwoodMusicStudios.com. 619-262-7464.

SPANISH -ALL LEVELS. Private/small groups. Native speaker. Conversation, grammar, writing. Weekdays, weekends. Day/evening hours. Email: mylittlebuss@yahoo.com. dar-spanish.com, 858-750-0026, 619-871-0184.

Master's degree and credentialed instructor. Conversation, writing, and grammar. Bilingual. Competitive rates. References. E-mail: jaygo@cox.net. Jay 619-528-8663 or 619-410-2002.

SURFING LESSONS. Summer surf camp at Leucadia Surf School, at Grandview

#### MASSAGE

**EUROPEAN THERAPIST.** First time client special! 20 years experience wish to massage and re-shape you into a perfect moment. Outcalls available. Lic-006369. Mireille, 619-994-9147.

YVONNE'S MAGIC HANDS! Enjoy a nurturing light touch for deep relaxation. These are hands you will never forget. Lic-93004782. For appointment, call 619-260-1950.

NEW YOU! \$75, 1 hour plus body shampoo. Great massagel Perfect touch. Healing hands. Swedish, Shiatsu, Sport, Reflexology. In/outcalls. Lic-930070051. Brigitte, 619-251-1558; Celeste, 619-581-1101.

HILLCREST LOCATION. 14 years' experience. Swedish, Craniosacral, Shiatsu, deep tissue, Thai, Reflexology and Lomi Lomi. ATM, credit cards accepted. Lic-96009525. Frank, 619-294-8559. www.

you have waited for! Rose petal soft fin-gertips offering tender touch and a caring beautiful massage. Instant healings, just sensational! Last minute scheduling available. Incalls/outcalls. Hotels wel-comed. Credit cards. MTP-6352. Mer-cedes, 760-726-1100.

ASIAN SPA. Therapeutic massage, Swedish, deep tissue, Sports, Thai stretch. Discreet location. Shower/jacuzzi. \$75/hour. \$115/1-1/2 hours. Cash only! 9833 Pacific Heights Boulevard (cross street Mira Mesa Boulevard), Unit G, Mira Mesa 92121. 10 minute drive from Del Mar/La Jolla! 619-301-6797.

ing, relaxing full-body massage. Infrared Bio-Mat, sports injuries, light touch to deep tissue, combination. Elder care. 30 years experience. RN-125108. Liz, 760-942-0977.

TOUCH, COMFORT, STYLE, privacy. A few expectations of your massage? I'm reasonable, very experienced and enjoy massaging. Flexible availability. Lic-13375. Call Donna, 619-886-3333.

MASSAGE IN THE COMFORT of your own home or hotel room by European-trained massage therapists. Available 7 days/week, HHP-92009389. Call: 619-295-

APHRODITE'S. Goddess awakening! Induces euphoria and provides pure relaxation. Escape with Aphrodite into the divine. Call for a meeting of the body and mind. Underground secret of the elite. Wellness through beauty. Seven days at a moment's notice. www. aphroditesmassage.com. 858-454-6664.

A HAUTE FLOURISHING eclectic buzz. Experience balance. Nourishment in earth's element. Holistic therapies infused with essential oils, aimed at the harmonious functions of all the senses. 90 minutes for \$90. Seven days! 858-454-6664.

edges? It may be time for a massage. Call Vivi for your appointment. Lic-21708. 619-379-5992.

Now Accepting Applications for Spring 2008!

**NEWSCHOOL OF** 

**ARCHITECTURE & DESIGN** 

Explore an education for a career in architecture at NewSchool!

Low cost, easy, fun, safe. 760-635-SURF surf@leucadiasurfschool.com www.

**GENTLE TOUCH BY DAWN.** Soothing, therapeutic massage. Full body, deep tissue, light touch. 10+ years experience. Licensed. Serving Del Mar. 760-576-7652. RUB/SCRUB/TUB. Start Spring feeling new. Chase away Winter blues. Amazed will be youl Open 7 days. Lic-25377. 619-292-0272

THE BEST DOUBLE MASSAGE. Feel the power of two massage therapists. Call to-day and receive \$10 off and free body shampoo or body scrub. Lic-003419.619-281-8851.

ASIAN-OUTCALL 760-547-4061, 24/7 Shiatsu, light-touch spot massage, func-tion, balancing, circulation. Release ten-

tion, balancing, circulation. Release tension, stress, restore energy. Certified. Early Bird Specials

EXTRAORDINARY MASSAGE! Reduce uss and muscular tension with a thera-utic massage. Light/deep ue/Swedish. Centrally located private ce. HHP-0700395. Sandy, 858-405-

touch, deep and sweet massage with warm oil. Incall available. MTP-0969. Call 760-415-8155.

MARCH MADNESS! Ask about new client specials! Exceptional, energizing touch. Experienced therapist. Beautiful, artistic setting. Hillcrest (across from Trader Joe's). Call Crystal, 619-788-9753.

Joe s). Call Crystal, 619-788-9/53.

COUPLES MASSAGE. Beautifully decorated room with tables side by side. Relaxation Plus, Little Italy, 20% off all services. Gift certificates. 7 days/week. HHP-92009389. 619-295-5595.

CERTIFIED MASSEUR offers Swedish-based full body massage. Balanced blend of techniques unwind stress and deepen relaxation. Locals/travelers wel-come. Daytime/evening. Lic#22248. John, 619-248-1865.

punn, o 19-248-1865.

PUERTO RICAN MASSEUR. Swedish and deep-tissue bodywork by certified fitness-trainer athlete. Military discounts. Lic-96009528. Daytime and evening appointments available. Revitalizing effect! puertoricanCMT@sbcglobal.net. 619-688-0668.

GODDESS TOUCH. Journey deep within Experience deep harmony of body, mind, spirit. Skilled touch to pamper, melt away stress/tension! Incalls/outcalls. Araya, MT-0064, 760-473-6972.

MASSAGE/SLIMMING/toning in Little Italy. Treat yourself to royal treatment at Relaxation Plus. 20% off all services. Gift certificates. Open daily. HHP-92009389. 619-295-5595

BE SATISFIED! Indulgent treatment. Absolute sensitive touch, silky smooth to deep tissue. Release tension, revive senses. Calming/uplifting. Incall/Outcall, 2-4 hand. 760-828-2618.

RELAX IN MY HANDS. Satisfying fullbody stress-release massage by professional, experienced HHP. You'll like it! Lic-22746. Ken, 619-417-1350.

AFFORDABLE DEEP TISSUE MASSAGE. AFFORDABLE DEEP TISSUE MASSAGE. Specializing in migraines, muscle tight-ness, stress, pain, injury. Flexible hours. Centrally located. \$60. Health and Vision Acupuncture & Massage Center. www.DeepTissueMassage.biz. 619-519-5235.

body, mind, spirit; for stressed-out execu-tives and bodywork connoisseurs. Thera-peutic massage: Lomilomi, Swedish, Hot Rocks, Facials. Lic-00529. 858-775-5999.

relaxing, full body massage! Don't miss this hour of amazing pressure that's sure to leave you happy. blackbeautykiera@ yahoo.com. 619-825-6431.



### Improve lives, starting with

your own as a

# Respiratory Therapist

#### We offer training for:

- A.S. in Respiratory Therapy
- Dental Assistant Massage Therapy
- Medical Assistant
- Surgical Technology
- Insurance Coding & Billing Specialist
- Vocational Nursing

ONCORDE"

Call daytime, evenings or Saturdays! 1-888-730-2142

www.concorde4me.com

VA Approved for Eligible Veterans. Find

Training San Diego Healthcare Professionals for 41 years!

#### The enrollment period for our spring 2008 term is still open!

Afternoon and evening classes, allowing for internships

The Bachelor of Architecture and Master of Architecture programs are accredited by the National Architectural Accrediting Board (NAAB).

Apply online today at: www.newschoolarch.edu



Call now to reserve your seat:

Explore NewSchool:

1-888-216-8711

Individual studio spaces for students

Located in San Diego's East Village 1249 F Street • San Diego, CA 92101 techniques and thorough stretching for dramatic relaxation that lasts. Pain/in-jury/stress. Betsy, HHP-99007729. Call 858-442-3210. www.betsymassage.com. sage.com.

BODY STRETCH ORIENTAL MASSAGE.

WORLD CLASS MASSAGE. Exquisite and memorable. Soft hands, soothing music, with a sweet touch. Outcalls/incalls. 7 days. Freeway close, North County, first floor. 858-259-6677.

MARIA'S MASSAGE. Imperial Beach. First-time clients only, \$55 for 75-minute massage. Swedish and energy healing. www.mariasmassagesandiego.com. 619-04-7673.

PROFESSIONAL MASSAGE bodywork by Mary Ann. Therapeutic, pain/stress relief, calming, energy balancing, deep muscle therapy, structural alignment. Aromatherapy/essential oils. Advanced techniques. MT-0089. 760-942-9375.

AN AWESOME MASSAGE by Veronique. Exquisite touch. Delightful healing and to-tal relaxation. A must have! Inside/out-side. Hotel/motels welcome. Credit cards accepted, MTP-6352. 760-724-3793.

MASSAGE SO WONDERFUL, it's guaranteed to be the best part of your day. Come explore the magic of my touch. Heidi, 619-280-7784.

AMAZING ADRIANNA! Intuitive healing. Del Mar. Therapeutic professional. Pristine, serene setting. Trained in all techniques. 7 days. Very flexible hours. Allow your aches to float away. 858-353-2008.

\$10 OFF ONE HOUR or longer massage when you book with one of our newest therapists. Call for schedules. A Better Body, Lic-96001191. 858-560-6740.

or significant other to a wonderful full-body massage. Ask about our spring break special. Women, men, couples. In-call/outcall. www.affordablemassage.biz. MTP-15532. Ken, 619-449-6689.

SUPER LIGHT EXTRAORDINARILY divine loving touch. Cranio-sacral balancing. Night appointments available. Georgiana, HHP-0317, 760-966-1672.

ASIA EDEN invites you to experience the best massage in town. Our therapists are great! Call Asia Eden now, 858-380-9117.

LATIN ANGELS MASSAGE. We special ize in pampering you. Couples welcome. Lunchtime specials available. 619-246-7784.

SEARCHING FOR THE BEST loving woman's touch? Fall into my wonderful re-laxing hands. Leave in a blissful state of happiness. Open 7 days/week. 619-583-

MASSAGE/SPA SERVICES. Absolutely мизомыс/эта SERVICES. Absolutely first rate. 12 years. HHP-18114. Swedish, acupressure, reflexology. East/west com-bination. Couples welcome. Incall/outcall. Hotels. Gift certificates. Call 619-300-7332.

CHRIS BLISS TOUCH MASSAGE. Experience soothing, reassuring, exquisite care. Surround yourself in a beautiful, relaxing environment. Lic-HIP91007806. 7 days, 10am-6pm. Credit cards welcome. 11am-5pm. 619-206-0992.

COME ON, JUST MAKE THE CALL and take a one hour break to experience the royal treatment! I give a seriously great massage. I'm located off the I-5 and Manchester exit. Relaxing and private atmosphere. I'll even give you 20% off your treatment for calling because I'm really nice. Be happy! HHP. Lic-96001467. Kim, 619-417-9226.

INCREDIBLE LIGHTNESS of touch! Reinvigorate yourself with my nurturing deep tissue/light touch massage. 100% satis-faction guaranteed! Melt away tension, relieve stress. Morena Boulevard and I-5. HHP-98000184. Courtney, 970-201-4671.

EUROPEAN SILKY HANDS. New Location! Soft and tender for the ultimate in relaxation. Shower available. Silent Touch, 619-708-2660.

ALINA'S SPECIAL MASSAGE. Incall/outcalls/hotel service. 7 days. Unique experience. Balance body and mind. International techniques. Gift certificates. Lic-93007588. 619-708-1261.

PROFESSIONAL MASSAGE. 1-1/2 hours, \$75. Absolutely first-rate, healing, deep-muscle Swedish massage. Excellent shoulder work. Legitimate, experienced, references. Lic-97005459. Jim, 619-523-1982; cell, 619-459-6872.

DIANA'S \$99 SPECIAL! Try a relaxing full body massage in front of a warm, cozy fire. Showers available. Centrally located. 619-876-7988

KRIZIA'S SECRET. Be dazzled with pri vate matters! Flash of stars as our light. Dreams begin! Lucid dreams! Ephemeral passage! Mystic realms! A journey be-yond time. A massage that will leave you with a feeling of complete renewal. Call for details! 858-454-6664.

THE ULTIMATE RELAXING massage! Full body therapeutic, deep tissue, to a lighter touch by a caring, skilled, female therapist. Beautiful atmosphere. Convenient location. Juliah, 858-278-0118.

#### ever! Satisfaction guaranteed! Specializ-ing in Shiatsu/deep tissue. 9:30am-11pm 2629 El Cajon Boulevard. 619-296-7279. REMINGTON WE CAN SURPASS even your greatest expectations. We know the way a quality massage is supposed to be. Call Far East Spa. Lic-98011375. 619-283-6122. **COLLEGE®** MASSAGE BY BODYBUILDER, for your health and pleasure. Consistently told, health and pleasure. Consistently told, "The best massage I've ever had!" Friendly. Professional. IPSB graduate. gr8massagepro@aol.com or call Robert, 619-232-2142.

REAL SKILLS FOR THE REAL WORLD®

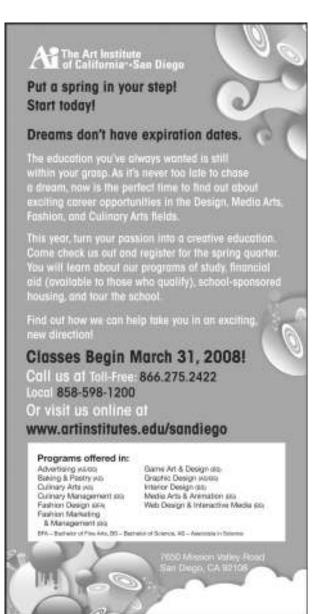
#### Degrees Available in:

- Criminal Justice
- Operations Management
- Computer Networking Technology

#### Diploma Available in:

Massage Therapy

#### CAREER TRAINING





Not Just a Job...

a Career as a

- » Business Office Administration
- Medical Billing & Insurance Coding
- » Dental Assistant
- » Pharmacy Technician\*
- » Computer Systems Technician

WWW.MYUEI.COM Call Today!

1.877.355.9044





5an Diego, CA 92123 310 3rd Avenue, Suite C6/C7

Chula Vista, CA 91910

3666 Kearny Villa Road, Suite 100 • Not All Programs Available at All Campuses

. Approved for Venerans Rehab WIA

. Financial Aid Available if Qualified . Job Placement Assistance

- •+9 Month Program
- · \*H5 diploms/GED required

www.REMINGTONCOLLEGE.EDU **CALL TODAY 800.481.0184** 

> 123 Camino de la Reina North Building, Suite 100 San Diego, CA 92108 Accredited member, ACICS

- 1. McEntire of country and western
- 5. Courtroom rappers
- 11. Mop & \_\_
- 14. Neighbor of Wash. 15. Winter fishing tool
- \_\_\_\_ Lingus
- 17. Movie actress' voice quality?
- 19. British "Inc."
- 20. Trees that yield a chocolate
- substitute
- 21. Really love something, with 'up'
- 23. "The Lord of the Rings" beast
- 24. Movie actress' Scrabble pieces?
- 29. Cabinet dept.
- 31. "To Die For" director Van Sant
- 32. Saucy33. Doctor's dermatological mark?

- 38. London lav
- 39. Gorilla, e.g.
- 40. Pop star's fruit?
- 47. Moore of "Striptease" 48. Put to work
- 49. Dropped 52. Singer's perch?
- 57. "American Gangster" actress Ruby 58. Cul-\_
- 59. Dreamer's words 61. Actress Carrere
- 62. Radio personality's bird? 66. Ushered
- 67. Had a loan from
- 68. It may be upped
- 69. Blubber
- 70. Having seniority
- 71. General \_\_\_\_ chicken

#### Down

- "Welcome Home \_\_\_\_ Jenkins" (2008 Martin Lawrence comedy)
- 2. '60s German chancellor 3. Den denizen
- 4. Farming prefix
- 5. Knife pitched on TV
- 6. Summertime coolers, for short
- 7. ASPCA worker 8. That, south of the border 9. Bowling alley divisions
- 10. It pours from pores
- 11. Astronomer exonerated by the Vatican in 1992
- 12. Three-pointer picked by a Scrabble player
- 13. California's Fort
- 18. Target: Abbr. 22. Waiters like big ones
- 25. NYC airport
- 26. Elemental suffix 27. "Take me \_\_\_

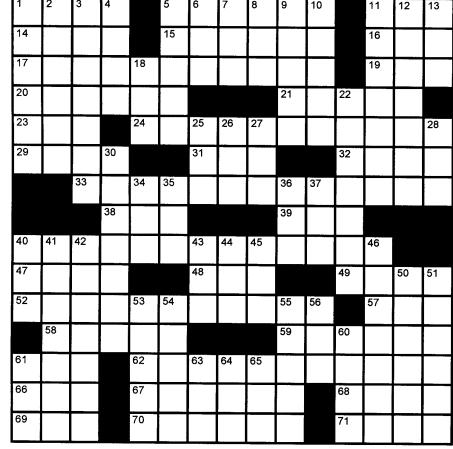
- 28. Wall St. purchase
  - 30. Boston hoopsters
  - 34. Oui's opposite
  - 35. One of Marilyn's husbands
  - 36. Tam wearer's turndown
  - 37. Place for a mud bath
  - 40. KRS-One's rap group
  - 41. Sounding more like a sax

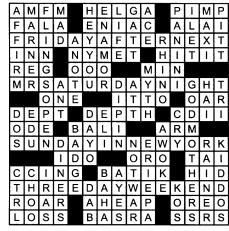
  - 42. "Bring it on!" 43. Broadway's Brynner
  - 44. NNW's opposite 45. St. crosser, in signs
  - 46. Makes glum

  - 50. Close by 51. English economist John
  - Maynard 53. "Hurray!"
  - 54. Mean look
- 55. Beckett's no-show
- 56. Two out of nine?
- 60. Pennsylvanie, e.g.
- 61. Mom's skill, briefly
- 63. Got hitched
- 64. Picnic drink
- 65. ACLU concern

#### RULES OF THE GAME

- 1. The prize for solving the Reader Puzzle will be a Reader T-shirt.
- 2. All entries in the Reader Puzzle contest must be received by the Reader by 9:00 a.m., Tuesday, five days following the issue date (Fax to 619-231-0489 or U.S. Mail to *Reader* Puzzle, P.O. Box 85803, San Diego, CA 92186-5803).
- 3. All entries must be accompanied by your name and address.
- 4. Employees of the *Reader* and their immediate families are not eligible.
- 5. In the event of disputes or ties decisions of the judges will be final and arbitrary. We've only got five prizes each week to give away, so if there are more than five winners,
- we'll have a lottery.
  6. All answers must be entered in the space allowed on the puzzle page. And please, no phone calls or trips to our office.
- 7. One entry per person.





Solution to and winners of the Reader Puzzle for 3/13/08.

There were 89 entrants. The winners are:

- 1. Philip Jan Blasé, San Diego
- 2. Charlie Couvillion, Carlsbad
- 3. Robert Gordon, San Diego
- 4. Gale Chapman, San Diego
- 5. Linnea Goelz, San Diego

AFFORDABLE BODY MASSAGE. Let a native San Diegan stimulate mind, body, and soul through the power of touch. Available 7 days/week. Call now! 760-

INDULGE YOURSELF. Get the finest massage. Be transported into deep relaxation as you recline on a soft, heated table. Exquisite Swedish massage. Shelley, CMT. 619-957-3153.

MASSAGE THERAPY HILLCREST. Ex ceptional massage therapy at a terrific rate! \$40 per 45-minute massage session special! Call Jonathan, 619-300-7229.

NORTH COUNTY MASSAGE. Certified Massage Therapist. 20 years experience. Swedish, circulatory and deep tissue. Out calls. 9am-8pm. Insured and licensed. MT-1185. Call Mark, 760-742-0267.

\$60 SPRING SPECIAL! Call today for the best massage of your life! Warm Ocean Beach location. Free body shampoo! HHP-99013121. Monday, Wednesday, Friday, Saturday. 619-794-5774.

#### HEALTH & FITNESS

PLACE PRINTED ADS in the Reader by

POST FREE ONLINE ADS with photos at AFFORDABLE HEALTH PLANS. Save up

INSTRUCTION

tic. Only \$19.95/month for entire house-hold. 30 day guarantee. Sign-up www.myaplan.info.

CERTIFIED PERSONAL TRAINERS. Aerobics, body composition testing, injury re-habilitation, youth programs, nutrition analysis. Gift certificates. Visa/Master-Card. www.wendyshealthandfitness.com. Card. www.wendyshealthandfitness.com Wendy's Health & Fitness, 619-466-4386

COLON HYDROTHERAPY. 16 years in La Jolla. FDA registered equipment. Dispos-ables. Liver, lymph, and cellulite thera-pies. 858-551-9228. Visit www. lajollalymphatic.com.

rapinarymphiatic.com.

LEARN TAI CHI. Free class. Relaxed environment. South Clairemont Recreation Center, Saturday morning, 8:30am. All are welcome. More information at http://snipurl.com/TaiChi.

MARTIAL ARTS FREE FOR GOLD'S Mem pers Tuesday/Thursday 7-8:30pm, ages 13 and up. White belt starting soon! Cuong Nhu Oriental Martial Arts. Karen, 858-232-2271. www.cuongnhu.com.

Where The Winners Train!

NEW TAI CHI AND QI GONG Classes First class free. Visitors welcome. Taoist Sanctuary, 4229 Park Boulevard, San Diego 92103. 619-692-1155 or www. taoistsanctuary.org.

OBESITY IS A SERIOUS health risk Matol

Diet: Eating consciously, educating our-selves, getting back control of our body, revealing energy locked inside us. www. alice.matol.com, 1-866-330-2884. PROSTATE CANCER? Confused about treatment options? We can help. Informed

treatment options? We can help. Informed Prostate Cancer Support Group. www. ipcsg.org. Meeting: April 19, 10am, Moores UCSD Cancer Center, 3855 Health Sciences Drive, La Jolla 92037. No medical/religious affiliations TRANSFORM YOUR HEALTH! Whole-Food nutritional supplements. Internal cleansing products. Weight loss programs. Natural skin care. Phone consultations by nutritionist, 858-673-0224. Free online health newsletter, www. TransformYourHealth.com.

TREADMILLS, ELLIPTICALS, cycles, and other exercise equipment wanted. Cash for quality fitness gear. We pick up. Big selection of new and used exercise equipment for sale. 90 days free financing! Play It Again Sports, 858-751-0338. .plavitagainsd.com.

www.playitagainsd.com.

WHEECHAIR, Rascal UL370 Ultra Lite
Vehicle, battery powered, travels to
15mph, perfect for assistance getting
around, new, \$1300. 858-452-4700.

#### PARENT Resources

PLACE PRINTED ADS in the Reader by POST FREE ONLINE ADS with photos at

BABY NECESSITIES. Crib, converts to daybed for older kids. Stroller, infant seat. baby swing, excersaucer, regulation safety carseat. All great condition/like **CRIB BEDDING SET,** classic white pique, 3 piece, used only once, includes quilt, double sided bumper and skirt, charming cotton waffle, \$65 cash. 760-635-1554.

cotton watfle, \$65 cash. 760-635-1554.

CRIB, light color oak, very nice, converts to daybed, includes mattress. Stroller, complete system. Baby swing, with or without music. Excersaucer, multiple toys, more. 858-279-5750.

PREGNANT? Considering adoption? Talk with caring agency specializing in matching birthmothers with families nationwide. Living expenses paid. Call 24/7, Abby's One True Gift Adoptions, 1-866-413-6293. (AAN CAN)

#### WEDDING & PARTY GUIDE

PLACE PRINTED ADS in the Reader by Calling 619-235-8200.

POST FREE ONLINE ADS with photos at

AFFORDABLE PHOTOGRAPHY and Ministerial. Married couple with over 30 years experience in wedding business teams up to cover your event. www. brianhowarthphotography.com. Call Brian or Valerie: 619-583-0411.

AWARD-WINNING PHOTOGRAPHER. See your wedding day unfold on DVD. On a budget? Digital photography. Hourly rates, special events. Kidnapper of Im-ages, Beverly, 858-736-4472; 858-274-4472.

BAND, "HOT PURSUIT." Weddings; corporate, private parties. High-energy dance band featuring sax player, female vocalist. Swing, jazz, rock, R&B, country, dance hits. 760-751-1876. www. HotPursuitMusic.com.

DISC JOCKEYS/LIVE BANDS/novelty bands, 10 DJs to choose from. All types of music. Affordable! Since 1973. 619-223-5732. www.musicasyoulikeit.com. HIP EVENT PLACE FOR RENT. Down

art galley. Perfect for evening receptions.

issues? Parenting/family issues? Insur-ance and sliding scale accepted. Individ-uals, couples, children, adolescents families. Private Mission Valley location. Phaedra Scoortis, MA, MFT, MFC-43174. 619-972-0209.

o 19-9/2-0209.

ARE YOU MAD? Learn how to manage your anger constructively. Gain power, control, reduce conflict and improve your relationships. Classes begin soon. Mission Valley. Jay Schneider, LCSW, Lic-9573. www.manageangerdaily.com. 858-538-5587. CLINICAL HYPNOTHERAPY. "What the mind can conceive, the body can achieve." All issues addressed. Free consultation. Patricia R. Parlin, Ed.D. CHT403-250. Call 619-442-3661 or 619-504-1935

weekend/weekends. Up to 75 guest. Restaurants close. 858-205-3739.

MEDDING and reception gown, bridesmaid's gowns, junior bridesmaid/promgown. LaAmour gown, altered, fits 5'4", 129lbs., 34x29x36. Rum, ivory taffeta, silk organza, all \$500. 619-286-8645.

WEDDING GOWNS (2), stunning, size 7/8, 2 bridesmaids gowns, size 8, 1 junior size 2, with accessories, \$500 for all. Will sell separately. Dana, 619-286-8645.

WEDDINGS \$250. Don't stand in line at the courthouse when you can have a memorable wedding in a beautiful garden at Cupid's Castle B&B. You bring your license, we do the rest! www. adreamcastle.com 760-742-3306.

STAGE NOTES

PLACE PRINTED ADS in the Reader by

Calling 619-230-8200.

POST FREE ONLINE ADS with photos at

ABANDON YOUR ACTING FEARS! Ac

tors' Workshop Studios. San Diego's number 1 film/TV studio! Professional 3-camera set. Weekly in-house auditions

with Hollywood/local casting directors. producers, agents. www actorsworkshopstudios.com; 858-587-6666.

ABILITY THROUGH TRAINING. The

Robert Wald Actor's Studio focuses on moment-to-moment reality training. These classes unlock the actor's ability to work

spontaneously and with the realism and intensity advocated by the industry's creative legends. Beginners welcome. Thursday evening class available, 6:30pm-10:30pm or Saturday morning. Call for information. 619-542-1216.

Call for information. 619-542-1216.

DANCE TEAMS: free workshops/auditions, 4/30, 5/1 5/3. 2 teams: ladies sexy salsa team/mens & ladies salsa team. For more info: www.salsasusic.com, 858-488-6900, 805-252-6900.

MODELS. Amateur models needed for photo, video, web work. Ages 18-60. All types. No experience necessary. Cash paid. Professional setting. Call Jenn, 619-379-4964.

MOVIE EXTRAS/MODELS. Earn up to

\$200 per day. All looks needed to work with film and TV production companies. No experience required. Call 877-282-

START-UP MODELS. Photoshoot trip to

Hawaii. Expenses paid. Start/expand your portfolio. Great scenic backdrops! freehawaiiphotoshoots.com or 858-204-

VOICEOVER WORKSHOP. Break into

voiceover! Taught by voice actor/author James Alburger. Learn interpretation, character voices, microphone technique, more for radio/TV. www.voiceacting.com; 858-484-0220.

Counseling &

SUPPORT

GROUPS

PLACE PRINTED ADS in the Reader by

calling 619-235-8200. **POST FREE ONLINE ADS** with photos at SDReader.com. See thousands of classi-

ADVANCED SEX THERAPY. The deepest

ADVANCED SEX THERAPY. The deepest part of intense contact with another person is learning to tolerate your own strong emotional sensations. And without this, life gets dull. Intense emotional contact includes emotions in the eyes, deeper breathing, maintaining a higher charge, and tolerance for your sensations of anxiety. As these skills deepen, problems fail in place. Sex therapy never includes sex, nudity, or demonstrations. This work goes beyond psychology into physiology and life energy (chi). Dr. MacIlvaine, PhD AA-SECT-CST. PSY#14409. 619-501-0334. advancedsextherapy.com.

EMOTIONAL WOUNDS from childhood? "Healthy Adults: Inner Child Course". Free preview evenings: March 27 & 31. Heal wounds from dysfunctional family. Thought Field Therapy eliminates phobias and traumas. Counseling for individuals, couples' enrichment and family bonding. Sharon Goodlove, TFT Diagnostician; Glenn Goodlove, LCSW-1450. Goodlove Counseling Center, 858-569-8975, www.goodlove-online.com.

EMOTIONAL ARMORING. Armoring makes you feel dead and blocks you from enjoying love and satisfaction. Orgona (OR-goan) therapy addresses your defensive armor with advanced therapeutic techniques. Private practice in beautiful, serene setting. Dr.MacIlvaine, PhD. PSY#14409. 619-501-0334.

FEELING STUCK? STRESSED? Experiraine of sintesett? Experi-encing crisis? Relationship issues? Ca-reer problems? Family conflicts? Grief? Past trauma? Take back your power. Free consultation: 619-723-9244. Trish Deignan, LCSW21861.

GAY/BISEXUAL MEN. Supportive indi-

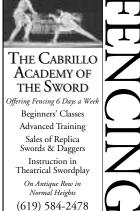


### "Learn everyday Spanish conversation through dialogues." • Private or small groups Day or evening classes **Spanish Language Center**

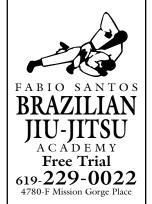
619-284-8636

Mission Valley

nishlanguagecenter.com







MALE GROUP MEMBER NEEDED for

ship difficulties, intimacy, self-esteem, childhood issues. Tuesday evenings, UTC area. Insurance accepted. Susan Jorgensen, MFT-22281, 858-622-0632. MILLITARY. PTSD? Battle Fatigue Syndrome? Night Terrors? Memory Loss? Difficulty Sleeping? Troubled Relationships? Former military therapist licensed trauma specialist providing free group treatment. License #MFT37234. 858-342-0181.

PSYCHOTHERAPY for individuals and couples. Board Certified Diplomate, 26 years experience helping people change themselves and their lives. Sliding fee \$65-\$125 per session, Al German, LCSW. Lic#LCS11581. 619-294-3190.

THERAPY FOR SHOPLIFIERS, Group or individual, in Mission Valley. For details, call Joyce Nease, PhD (license PSY17073), 25 years experience with the legal system, 619-283-5090.

#### Notices

PLACE PRINTED ADS in the Reader by

POST FREE ONLINE ADS with photos at SDReader.com. See thousands of classiied ads not printed here!

ADDICTED to Internet pornography/sex?
Out of control? You are not alone. Call
Sex and Love Addicts Anonymous, al 2-step fellowship. PO Box 3791, San
Diego 92163 or 619-685-7211 or www.

biego 92163 or 619-685-7211 or www. slaa-san-diego.org. AL-ANON. Grupo paz mental. Sufre por el alcoholismo en su familia? Juntas sesio-nan Martes, 5:30pm-7pm, y Sabados, 1-2:30pm, 3450 Bonita Road, #207, Bonita, CA 91902.

ALANON-GRUPO RENCUENTRO. Hay problems de alcoholismo en su familia? Sesiones Lunes y Jueves de 5:00-6:30pm, 3450 Bonita Road #207, Bonita

91902. 619-470-6955.

ALCOHOLICOS ANONIMOS. Problemas con el alcohol? Nosotros le ayudamos a vivir mejor. Sesiones Lunes-Viernes, 7am y 8pm. Sabados, 8am y 7pm. Domingo 8am y 5pm. Grupo Bonita Hispano, 3450 Bonita Road, #207. 619-280-7224.

AMNESTY INTERNATIONAL works for human rights. Meetings: 7pm, 2nd and 4th Wednesdays. First Unitarian Church, 4190 Front (opposite UCSD Medical Center). Information, 619-283-1637.

ANATUUS? DEPRESSED? Recovery International, self-help mental health meetings since 1937. Many suffer from nervous symptoms, fears. Voluntary offering. www.recovery-inc.org or 619-275-0364.

ART SHOW/MINI CONCERT, March 22, 2-8pm, Creative Expressions Art Studio, 8372 University Avenue, La Mesa. \$10 do-nation. Support local artists. Refreshments. www.creativeexpressionartstudio.com or

AZTEK SPRING CEREMONY, Under Coronado Bridge/Logan Avenue, Chi-cano Park, Saturday March 22, 12-5pm. Sponsored by Sycuan Band of the Kuem-meay Nation. More information 619-237-9745.

BE A MILLIONAIRE FROM HOME! Sell

benefits! www.diane.myjetstream.net. Diane, 877-674-4280. CAN PRAYER THERAPY HEAL? Find so

lutions to problems. Achieve inner peac and balance, eliminate chronic diseas pain, lose crippling fear. 858-652-0728.

pain, lose crippling fear. 898-692-0728.

CANNABIS PATIENT(S) ACT. (Association Cannabis Therapeutics.) Nonprofit. Seeks caregiver/patients with questions about cooperatives, clones, medicine, growing guidelines. Proposition 215 local guidelines. Meth kills. 619-528-0907.

CRAWFORD HIGH SCHOOL Class of 1967 is having a 40th reunion, Saturday, 1967 is having a 40th reunion, Saturday April 5, 2008. "Better Late Than Never' Casa Guadalajara (Old Town). Call or email immediately to reserve a spot! Marianne Lias, 619-287-2120 or e-mail Judy Horowitz Glenn, mejjj@san.rr.com.

DIVORCEARE meets every Sunday at 9am at 4926 La Cuenta Suite 203-A, Tierrasanta. Special Free support group for those divorcing, divorced, or broken live-in relationship. 4926 La Cuenta, Suite 203, Tierrasanta. Bruce, Bruce@sdfunding.com or 619-461-4480.

DO YOU BELIEVE IN PRAYER- based soons and healing? Then discove th, wellness, and harmony in your life

DO YOU HAVE RELATIONSHIP setbacks, anxiety, or pain tormenting you? Call and discover the freedom, wellness, and abundant health in your life. 858-272-

3246.

FAT NO MORE lecture by Marilyn Stompler, author, Fat No more. Identify and release subconscious blocks preventing weight loss. Tuesday, 3/25/08, 7pm. \$15 at door, \$10 prior. http://www.fatnormore.com. 4455 Morena Boulevard, Suite #107.

FIRE VICTIMS: POTBELLIED PIGS. donations-vou're heroes! I've been work donations-you're heroes! I've been working hard to get the pigs on the road to recovery. Some are injured/crippled from running from the fires. They aren't adoptable and may never fully recover. They've needed lots of vet care, and still do. If you can help, call Creekside Vet Service: 760-751-1020, 8751 Old Castle Road, Escondido, California, 92026, c/o Debi Toner's rescued pigs. Thanks for caring! FRAMED WITH HOPE. Photo exhibit. Saturday, 3/29, 9:30am-2:30pm; Sunday, 3/30, 1-5pm. Point Lorna Library 371 Voltaire Street. Sponsored by the Interna-

Voltaire Street. Sponsored by the Interna-tional Humanity Foundation (www.

FREE COMMUNITY WORKSHOPS! "How FREE COMMUNITY WORKSHOPS! "How to Start a Business" for people with disabilities. Tuesday 4/8 1pm-4pm at Metro Career Center, 3910 University Ave, 92105. Bus 10 stops at University/I-15 bridge, Buses 1 and 7 stop at El Cajon Boulevard/39th Street. Off-street parking available. Sponsored by Able-Disabled Advocacy. Call Cindy Lennon, 619-231-5990 x315 to reserve your spot.

FREE EMPLOYMENT/TRAINING services for individuals with disabilities, ages 18-21 on probation or parole. Able-Disabled Advocacy, 2850 6th Avenue #311, San Diego 92103. 619-231-5990 x305.

FREE PSYCHIC HEALING. Lecture Clinic. Free readings for new visitors. First Monday every month, 7:30pm, 4/7, 5/5, 6/2, 7/7 by Vessa's Clairvoyant Program students. 4455 Morena Boulevard, #108. 858-509-7582.

GAIN SKILLS TO SUCCEED. Are you 16 to 21, low income, need high school diploma or GED and work experience? Turning the Hearts Center, 619-691-9643.

HERPES/HSB/HPV, Humanpapillo-mavirus Support group. Accurate medi-

### Say What?



Jillian | Age: 23 | Occupation: Retail Manager | Lives: North Park

A bodey is a euphemism for a cuss word, although it's not necessarily profane. It's something that my friends and I made up. It's a word you can say when you shouldn't use a real cuss word — like, if you're in polite company or around

kids. It can be used as a verb, a noun, an adjective, an interjection, or a nickname. It's very versatile. It's not exactly cursing since it doesn't really mean anything, but people still know what you're talking about. Its connotation is generally neg-

ative and it refers to annoyance, stupidity, and overall lameness. You can even use it if you forget lyrics to a song.

See the video Go to SDReader.com Click on Say What

cal information and support. Recorded message. 619-491-1194. www. SanDiegoCityHELP.org.

SAILINEGUCHT/F.Org.

INNOVATIVE POETRY seeking audience.
www.exponentiallyacerbic.blogspot.com
would love feedback and possibly to start
up a poetry workshop in San Diego,
South Bay area.

Noutres group. View top-notch documentaries on science, politics, and religion and participate in lively roundtable discussions. Tuesdays, 10-12, Norman Center, 270 F Street, Chula Vista.

JULIAN GOLD RUSH TOURS and field trips. All ages. Includes Gold Rush musi-cal, gold mine visit, guided townsite tour/lunch. www.enthrallinc.org. Non-profit: Enthrall, Inc. 760-782-9202.

MOVIE BUFFS. Interested in watching movies then discussing it afterwards (like book clubs)? Ages 25 to mature welcome. Please call 619-850-6075 or 858-272-8727.

OBSESSIVE COMPULSIVE Anonymou 12-step meeting for people with OCD. Mondays, 6-7pm, Department of Health Services Complex, 3851 Rosecrans Street, Mission Room. Information: OCAhelp@cox.net.

PATHWORK DISCUSSION. "Transition from No to Yes," April 29, 2008, 7-9pm, Eureka Street, Mission Valley. Open meeting, no fee, materials available. Please call for directions, 619-296-9046.

PRAYER HEALS! Discover freedom and wellness. Find out how prayer works for you to eliminate chronic disease, pain, fear, depression. 858-652-0728.

RIVATE COUNSELING, Your journey can be clearer, more peaceful; relationship issues, body image, self-esteem, anger. I can help. Work toward acceptance of yourself. Fee. 619-838-6817.

PSYCHIC MEDIUM SEMINAR. Mary Rose Occhino, Hilton Resort 6/8, 1:30pm-4:30pm. Intuitive readings. Past life connection/direct to perfect future. Tickets \$100, \$75, \$55. 631-767-5291. www.celestialwhispers.com.

**RECOVERY GROUPS** for men and women

covery, First Lutheran, 867 South Lincoln Avenue, El Cajon. 619-444-7444. www.

RESEARCH STUDY. Women living with smoker needed for 9-day research study. Leave message, 619-594-8827 or email TRDRPPDAStudy@projects.sdsu.edu, for para information.

SAN DIEGO WRITERS/EDITORS GUILD: Self-publishing via printers, print-on-de-mand, ebooks. Monday, 3/24, 6:30pm, Joyce Beers Community Center, 1220 Cleveland, Hillcrest. Snacks, non-mem-ber donation \$5. www.sdwritersguild.org.

SENIOR WOMEN'S BASKETBALL. Women age 50+. Join us at Palomai YMCA, Escondido. 3-on-3, halfcourt NCAA rules as modified by NSGA.Contact Robyn: 760-471-0038 or rorban@cox

SINGLES FOR JAZZ is a new not-for-profit club for singles interested in attending various concerts and clubs in the San Diego area. Membership is free. Call 760-

445-5459.

TEAM DIRTY RED Running Club every Sunday, 7:30am. Meet: Max Muscle La Jolla, 7514 Girard, 858-459-1955 or Max Muscle Rancho Penasquitos, 9995 Carmel Mountain, 858-484-1155.

TEMPLE OF BHAKTI YOGA. Tuesdays. UCSD MEDICAL CENTER needs healthy volunteers, 40-65 years old, for a research study. Payment is \$10/hour. Please call 619-543-7201.

VOLUNTEERS. Become a child advocate. Help stop child abuse crisis. San Diego's abandoned/neglected children desperately need you. Information sessions held on Wednesday, 4/2, 4/16, 5/7. Voices for Children, 858-569-2019 or visit www.speakupnow.org.

VOLUNTEERS WANTED to help support research on the mind's ability to heal the body. Reception, phones, organizing office, multiple aspects of research project. 877-544-ASRG(2774).

#### TRAVEL & **G** ETAWAYS

PLACE PRINTED ADS in the Reader by

**POST FREE ONLINE ADS** with photos at SDReader.com. See thousands of classi-

fied ads not printed here!

MISSION BEACH. On the boardwalk!

Newly renovated 2 and 3 bedrooms. Luxury units for rent. Granite, Stainless sted
appliances. Travertine tile. Everything
new! Private balconies, new pool, security building/parking, 3790 Riviera Drive.

Mike, 619-247-2114.

TIMESHARE. Red deeded floating week. 2 bedroom with jacuzzi. Inverness at Del Lago, Montgomery, Texas, Lake Conroe. RCI #1105. \$800. 7/4/08 week extra. 858-613-9210.

#### PERSONALS

PLACE PRINTED ADS in the Reader by

**POST FREE ONLINE ADS** with photos at SDReader.com. See thousands of classified ads not printed here!

**DAVIEBABE** in Boston. You and the kids gave me the best 5 years of my life. I blew

FOR GOD'S SAKE, take Daviebabe back. THANK YOU Holy Spirit for prayers answered, SP. MUSIC

#### EQUIPMENT / Instruments

PLACE PRINTED ADS in the Reader by

calling 619-235-8200. **POST FREE ONLINE ADS** with photos at SDReader.com. See thousands of classi-

AMP GIVEAWAY Thursday, March 27, 6pm. See a performance by Nick Bowcott of Grim Reaper and sign up to win a Marshall amp! Guitar Trader of San Diego, 7120 Clairemont Mesa Boulevard. Toll-free: 1-877-687-4276.

ree: 1-8//-68/-4276.

APEX MUSIC SINCE 1952! Get the gear you need, at affordable prices. Sales, repairs and rentals. No one compares! 6210 El Cajon Boulevard. 619-583-1431, www.apex4me.com.

www.apex4me.com. **BASS GUTAR,** 5 string, Gio Ibanez, with case, amplifier, Fender Rumble, excellent condition, \$375 takes all. 619-265-1171. **DRUM SET,** 6-piece Yamaha Stage Custom Advantage, excellent condition, \$795/best, cash only. Scott in Poway, 858-513-9961.

EFFECTS PEDALS-100s of different kinds in stock! Fulltone, Menatone, T-Rex, Maxon, Visual Sound, Barber, Xotic, Durham. Choose from many brands. www.SuperSoundMusic.com or call 760-

739-9099. **GIBSON GUITAR SOURCE.** Over 300 Gibson guitars in stock. We guarantee best prices on all Gibsons and Marshall amps. Centre City Music, 1033 Sixth Avenue. Call 619-338-9033. www.ccitymusic.com.

#### SERVICES

### Grand Opening Swedish deep tissue Hot tub & Japanese Jacuzzi Open 7 days 9 am-10 pm 3904 Convoy Street, Suite 118 858-495-0777

(Across from Home Expo, next to Original Pancake House) License #2008000924

### **FAMILY LAW**

Compassionate • Aggressive • Experienced

Our firm specializes in all aspects of family law including:

• Mediation • Divorce

• Child Custody and Visitation • Child and Spousal Support

San Diego Reader March 20,

, 2008

• Pre-Nuptial and Post-Nuptial Agreements Serving San Diego for 26 years.

The Law Offices of Julia M. Garwood, APLC 1450 Frazee Rd., Ste. 602, San Diego, CA 92108 619-692-8100 • GarwoodFamilyLaw.com

# **MEDICAL** DENTAL

Services

at Hospital Mexico 1 block from San Ysidro border

Open 7 days a week We speak English & Spanish

619-308-7953 or 011-52-664-683-6363

# **Stress Relief**

Sunny's Spa

Oriental Massage • Shower • Jacuzzi

Relax/Renew • Restore/Energize

\$10 Off 30 Min.

\$20 Off 1 Hour

619-583-5722

4938 El Cajon Blvd. (at Winona Street) 7 davs 9 am-9 pm

Lic. #2006012505

ACUPRESSURE **JACUZZI** 

HOT BATHS

New Staff!

1645 E. Valley Pkwy Escondido 760.233.7877

7 days 9 am-10 pm

License No. 145302

VALLEY PARKWAY O IENTAL THERAPY

Jacuzzi **Body Shampoo** 

3817 32nd St. (Across from Sav-on)

619-563-5777

Open daily 9-9

Lic. #13328

# **WON'S ACUPRESSURE**

#### MASSAGE & STRESS RELIEF

North Park Way

#### **NAME This Place**



Last week's place: (clue: One giant aloha) World's largest Hawaiian shirt, according to the *Guinness Book of World Records.* It hangs in the window of the Gaslamp's Hilo Hattie store at 301 Fifth Avenue. Tailors at Hilo Hattie, one of Hawaii's biggest fashion retailers, made the shirt for its Kamehameha Day parade float in 1986. It measures 14 feet around the chest, 5 feet around the neck, and needed 26 yards of fabric. (Last week's winners: Debbie Terry, Joe Monroe, Ethel Kreetman, Lee Berlau, Helen Ross)

#### Clue: Exotic auto zone

Describe this location, name the nearest cross-streets, and win a Reader T-shirt. E-mail to NameThisPlace@SDReader.com: fax to 619-231-0489; or mail to Reader, Name This Place, Box 85803, San Diego 92186 — include your name and address. Please put "Name This Place" in the subject line. (Deadline, Tuesday, 9 a.m. In case of ties, lottery will determine top five winners.)



**GUITAR,** Taylor 615CE jumbo acoustic/electric, flame maple and spruce, Fishman Prefix blender, TKL hard-shell case, excellent condition, \$1500.858-277-1871.

GUITARS AND AMPS. Mexican Strat with Fast Track pickups \$329. Michael Kelly Patriot LTD \$474, Dean Michael Schenker Patriot LTD \$474, Dean Michael Schenker \$239, Peavey Foundation Bass \$199, Marshall 100 Mosfet 3210 head \$375, Deluxe Fender 112 \$299, Mesa Boogie III \$1199, Mesa Dual Rectifier Maverick 2x12 \$999, Musicman 112 RD with EVM speaker \$649, SWR SA500 Bass head \$599, Ampeq 4x10-HE bass cabinet \$299. At Moze Guitars, 619-698-1185.

MARSHALL/KERRY KING CLINIC 6pm Thursday, March 27. Marshall amp give-away, performance and autograph sign-ing at Guitar Trader of San Diego, 7120 Clairemont Mesa Boulevard. Toll-free: 1-

PA SPEAKERS, 2 used amplified, good condition, American Audio DLS-15P, 15", 2 way powered, onboard mini-mixer has treble, bass, master output controls, \$300. 619-227-1474.

PIANO, Huntington, bench with storage, great shape, moving, must sell, \$400/best offer by March 30. Can deliver. 858-568-

Debas.

PlaNOS WANTED! All pianos! Cash paid.
Also, quality furniture and antiques. 1 piece or houseful. Bonded. Licensed. Since 1965. Same-day pickup. 1-800-840-4447. www.southcoastauction.net.

RECORDER, Tascam DA38, original owner, in clean smokeless small studio, low hours, 2 D cables, extra tapes, all receipts, boxes, and manuals, \$250 firm. 858-566-9606.

ROADCASES. San Diego's oldest road-case company. Pleasing musicians for 20 years. Bring us your best deal; we will beat all. Call Left Coast, 858-278-7888. STUDIO INSTRUMENT RENTALS now Solana Beach! Vintage Hammond B with Leslie, Marshalls, Fenders, drun keyboards, PA and audio services w helpful courteous staff. 858-755-2025.

SYNTHESIZER, General Music S3 turbo, 76 weighted keys, aftertouch, 16-track sequencer, fully editable, effects, great sounds, 2-tier stand included, \$550/best. Escondido, 760-839-5350.

MUSIC

#### Musicians A VAILABLE / Wanted

PLACE PRINTED ADS in the Reader by

Calling 619-235-8200.

POST FREE ONLINE ADS with photos at SDReader.com. See thousands of classified ads not printed here!

BASSIST SOUGHT by band in his or her 20s into funk, Latin, rock, jazz for gigs, touring, industry contacts. Brian, 619-677-2574 or Jessie, 619-817-1260.

COUNTRY MUSIC/BLUEGRASS jam Guitar, mandolin, fiddle, banjo players interested in getting together to play country music and bluegrass. Call Bob. 858-753-1775.

**DRUMMER,** bassist, and keys needed. Maybe guitarist. lencyde is interested in samples. Contact us at myspace.com/ienband.

FEMALE ROCK SINGER SOUGHT, Journey tribute band is currently looking for a strong vocalist. Please call if interested

**GUITAR PLAYER** wanted for guitar duet. Blues and jazz. Call Mike, 858-549-6877.

GUITARIST/SONGWRITER, rock/blues, seeking great band. All types of serious musical flow. Influences: classical, progressive R&B. Serious vocals. Seeking serious soulmates, serious jamming.

LEAD SINGER/FRONT PERSON sought by Light Of Doom. Southern rock original by Light Of Doom. Southern rock, original stuff. Between 13-17 years old. Practice 2-5 days/week, San Marcos. www. lightofdoom.com, 760-497-0309.

ligntordoom.com, 760-497-0309.

PRODUCER seeks female talented composers, performers, singers, original material and incredible uniqueness. Seeking interns, poets, drummers. Pro-tools? Call 619-528-0907; www.myspace.com/sherilopez; www.myspace.com/mindcontrolsalsa; www.myspace.com/concretesummersday; www.myspace.com/swollenmonkeys.

com;swoienmonkeys. **REGGAE HIP-HOP** jazz/rock lead rhythm guitarist available. CD/tour credits. Pato Banton, Fully Fullwood, Majek Fashek, Myka Nyne, Scientist, Skunk Records, Tippa Irie. Dale, myspace.com/dalehauskins or 858-401-2973.

SINGERS WANTED to start a cappella ensemble. Jazz, pop, blues, etc. Dependable, fun. Prefer able to read music. I have charts. Marie, La Mesa, 619-462-

VOCALIST WANTED. Experienced, versa-tile musicians seeking high caliber lead female singer. Blues influenced music, tight harmonies, low pressure artistic en-vironment. Information www. VelvetCrumble.com/singer.html or 619-518-8488.

MUSIC

#### SERVICES

PLACE PRINTED ADS in the Reader by calling 619-235-8200. **POST FREE ONLINE ADS** with photos at SDReader.com. See thousands of classi-

fied ads not printed here!

BLUE GUITAR WORKSHOP. Fine repairs and restoration of all stringed instruments since 1961. Classical guitars through custom electrics. 5959 Mission Gorge Road. 619-283-2700. www.theblueguitar.

CD AND DVD DUPLICATION and Replication. Guaranteed lowest prices, best ser uon. Guaranteed lowest prices, best service and quality. Complete packages (1,000) starting at \$925. Serving San Diego musicians since 1992. Call 760-747-2734.

CD COPIES and mastering. Near SDSU. Print art directly to CD. We will beat any price. No minimums for CD duplication. 619-540-5827.

RECORD A DEMO at HobarTrax efficient experienced engineer, Pro Tools, Mackie, Avalon, etc. Session musicians available, all styles. Creative, inspiring atmosphere, \$30/hour. www.hobartrax.com, 858-243-720

RECORD AND MASTER AT BLITZ Stu-RECORD AND MASTER AT BLIZ SU-dios. Protools HD, 24-track ADAT, Sonar, Acid. Protools lessons. Creative environ-ment, total CD packages. \$40/hour. 10-hour block, \$350. Weekdays until 4pm at \$30/hour. 619-260-0837. Check out our

cool website at www.biltzrecording.com.

RECORD AND MASTER AT EXUM Studio!
Comfortable, relaxed atmosphere. Protools HD3. Great drum sounds! Baldwin Grand Piano! Fast. Efficient. 20 years experience. 2" analog. www.exumrecording.com. 760-739-9700.

best value! ProTools, professional gear. Rates from \$25/hour. Get the sound you want without pressures of expensive stu-dios. Jon, 858-414-2143.

RECORD AT POWERHOUSE. Grand reopening! Comfortable, spacious new rooms, ProTools HD3, Yamaha Grand, Hammond B3, samplers, synthesizers, mic/preamp selection. Low rates. Visa/ Mastercard. 760-789-7420. www.

RECORD AT EARTHLING Studios, Analog and digital multitrack recording and mas-tering services. Call Mike for rates at 619-441-8341. RECORD AT KING'S RANSOM Studio warm sound. I care about your project much as you do! \$30/hour. 619-278-

RECORD AT EMPIRE STUDIOS. \$30/hour, engineer included. Specializing in Electronic, Rap, and Urban music High-end equipment, radio quality uar anteed. Visit our facility at www empirerecordings.com. 619-249-8355.

RECORD AT EPICENTRE Studio. Pro Tools HD-quality recording. Full service digital recording, mixing and mastering. Library of pre-made beats. 5-hour blocks for \$125 or \$30/hour. www.epicentre.org, 858-271-4000 x15.

RECORD YOUR PROJECT at 2PLY. SSL console, Pro Tools HD2, large live track-ing room, 10' ceiling, great mic selection. Budget custom packages! Call 619-334-6440. studio@2plyrecords.com.

REHEARSAL STUDIOSI Current special: \$150 off first months rent with ad! Two lo-cations-Sports Arena & Miramar. Monthly and hourly available. Universal Sound, 619-306-2222. REHEARSAL IN OCEAN BEACH at Spot

less. 1922 Bacon Street across from Win-ston's. 3 air conditioned rooms with PA, available for hourly rentals. Parking, load-REHEARSAL STUDIOS. \$20/hour with PA. Equipment rentals, overnight PA rentals.
Open 24 hours by appointment. Monthly studios now available starting

studios now available starting \$350/month. Goblin Studios, 760-599-. www.goblinrecords.net

REHEARSAL. Does your studio not supply the goods? Dirty? Superior Sound is the answer. Come and jam with us on a month-to-month leasel 25% move-in special. Call us now. 619-886-5991. REHEARSE AT HINDSIGHT- Miramar

REMEARSE AT INTUSTANT Hourly rooms, fully equipped (drum kit, two half stacks, bass rig, PA), starting \$18/hour. PA only, \$16/hour. 858-635-9611, www.hindsightrehearsal.com. REHEARSE AT ADDER, Upscale Kearny

Mesa facility. All rooms have individual air conditioning, high ceilings and 24-hour access. Monthly rooms available. 858-505-8644. www.adderstudios.com. SUPERIOR SOUND Rehearsal Studios

SUPERIOR SOUND Henearsal Studios. Come and jam on a monthly basis in Kearny Mesa or El Cajon. Our studios offer 24-hour surveillance, soundproofing, air condtioning, and high ceilings. 25% move-in special on the first month! Limited rooms available. Call us now. 619-

#### ROOMMATES

PLACE PRINTED ADS in the Reader by

calling 619-235-8200. **POST FREE ONLINE ADS** with photos at SDReader.com. See thousands of classified ads not printed here!

BALBOA PARK/EAST. 2 bedroom 1 bath, second floor. Very private/quiet. Balcony, great view, vaulted ceilings. Dishwasher, laundry, secured building. \$750/month, 1/2 utilities, 619-260-8343.

CARLSBAD, Gated community, steps from beach, \$650/month, plus deposit, share utilities. Fully furnished. 760-809-5666.

CARLSBAD. Room with separate bath-room in luxury condo in La Costa area. Tremendous view. Parking, Jacuzzi, pool. Great location. Near beach. \$750/month utilities included. 619-540-3144.

CARLSBAD/LA COSTA, 2 rooms avial able \$750/\$850 or entire second floor 3 rooms, private bath \$1200. 2 car garage, private yard, inground jacuzzi, redwood sauna. Available now. 760-504-4121.

CARMEL VALLEY/DEL MAR. Bedroom with private bath, \$695 cable included. Spa, Pool, tennis. Best location. No smoking/drugs/pets. Available March 31. 858-792-5380.

CARMEL VALLEY. \$630, 1/3 utilities. 3 bedroom house, quiet, clean, full amenities, nice yard, washer/dryer. Share bathroom. Nonsmoker. No pets. Available April 1, 858-259-9083.

CASA DE ORO/SPRING VALLEY. \$650. Room in completely remodeled 3 bed room, 2 bath home. Share utilities. Large yard. Near town. Credit check required 619-977-8973.

CHULA VISTA/EASTLAKE, \$675. 1 bed room 1 bath, washer and dryer, 1 car garage. No pets, no drugs. Quiet area, clean. 760-544-0971.

CHULA VISTA/EASTLAKE. Fully furnished. Private bath. \$650/month, 1/2 util ities, \$325 deposit. Available 3/15. 619-261-6484.

CLAIREMONT. \$550, plus deposit, 1/3

No smoking/pets/drugs. Call Dave, 858-449-4691.

CLAIREMONT. Near Mesa College. Male nonsmoker. Walking distance to grocery and bus. Includes utilities and cable. No pets. \$550. After 5pm, 858-337-2770 or 858-353-4449.

CLAIREMONT, \$550. Share 4 bedroom 2 1/2 bath home. Covered patio with bbq. Large kitchen. Garage with storage. washer/dryer, Hi-speed internet available. 959, 204, 7624.

CLAIREMONT/MISSION BAY. Available 41/08. Master bedroom in fabulous 2-story unit, hardwood floors downstairs with huge kitchen and nook, living room with fireplace, formal dining room. Bed-rooms carpeted upstairs, closets galore. Views from decks, Soledad/Tijuana. Must seel Gardener included. No dogs, cats, indoor smoking. 10 minutes from Petco Park/Clairemont Town Square. Water included. Must split utilities and cable. Easy access to 1-5, I-805 and 52. Must com-plete application and credit check. E-mail plete application and credit check. E-mai gpropertys@cox.net or call 619-449-2053.

CLAIREMONT. Private room available 5/1/08 in nice house, great location. \$650, 1/3 utilities, \$500 deposit. Nonsmoking, drug-free environment. Social alcohol OK. Washer/dryer. David, 619-955-2756.

**CLAIREMONT.** Room in clean home on quiet street. Mile to Mesa College. Private entrance, own bath. TV cable, laundry, parking. Female preferred. \$575. Dan, 858-569-0105.

\$55-09-0103. **CLAIREMONT, NORTH.** Female preferred. \$550, first/last, split utilities. Share 3 bedroom, 1-1/2 bath home. Backyard, garage, laundry. No drugs. By Clairemont Square. Paul, 858-490-1805.

Square. Paul, 858-49U-18U5.

COLLEGE AREA. Near SDSU.
\$550/month, \$275 deposit. Free cable TV.
Furnished master bedroom, private bath-room. Gated community/parking. Free
utilities. Female preferred. 619-723-5096.

CREST. Huge master bedroom, private bath, 3 bedroom house. Horse corral, jacuzzi, hiking trails. \$800. Available 4/15 with deposit. Nonsmoking/drugs. Dog/cat OK. 619-447-4979.

OK. 619-447-4979.

DOWNTOWN. Near Petco Park. Master bedroom in elegant Colonial home. \$625/month, \$625 deposit. Includes wireless Internet, cable, utilities, maid service in common areas. 1 block to bus, freeway, Starbucks, 5 restaurants. Gated gar-dens in tranquil area. 619-964-6729,

EL CAJON, \$450/month. Boom in clean 5 bedroom house. Washer/dryer, hi-speed internet, parking, close to freeway and shopping. Male only 619-654-0146.

EL CAJON/FLETCHER HILLS, Share 3000 square foot house, 4 bedrooms. Quiet area. Close to Grossmont College. deck, jacuzzi, fabulous view. Female only \$750-\$1000/month. 619-334-0369.

ENCINITAS, \$675, utilities included, unfurnished room, private bath. Quiet community on golf course. Pool, clubhouse. Senior community, 55+ nonsmoking female only. 760-632-0171.

ENCINITAS, 45+ community. Quiet, unfurnished 1 bedroom, 1 bath in 2 bedroom 2 bath condo. No smoking/drugs/pets. Golf, pool, \$690/month, \$750/deposit. 760-944-0072.

ENCINITAS. 1 bedroom in 4 bedroom, 2.5 bath view home. Pool, tennis, near park. \$800, utilities included plus cable, wireless, washer/dryer. No smoking. 760-943-9126

**ENCINITAS.** Room in family home in quiet neighborhood. \$600/month, includes utilities. Female only. Semiprivate bath, cable, kitchen and laundry privileges. No drugs/smoking/pets. 760-943-8136.

ENCINITAS. Spacious room. Single occupant \$735. Double \$1150. Plus deposit. Includes utilities. Share bathroom. Quiet house near amenities/MiraCosta College. No pets, smoking, drugs. 760-230-6782; 619-235-2415, x31136.

619-235-2415, X31136. ENCINTAS. \$650/month. Room in clean, quiet modern house. Cable, laundry, kitchen privileges, phone line/Internet available. Deposit. Won't last long! Call 760-753-1686; 619-235-2415, x23951.

/60-/53-1686; 619-235-2415, x23951.

ESCONDIDO/WEST, \$550/\$350, quiet 3 bedroom 2 bath townhouse. Includes utilities, wireless Internet, laundry, kitchen. Community pool, jacuzzi, tennis, basketball courts. No smoking/drugs. 760-443-763.

7763.

\*\*TETCHER HILLS.\*\* Room for rent \$650, utilities included. Spacious living space, large closet. Pool, jacuzzi. Share kitchen facilities, laundry. Ample parking. Call for showing 619-847-1282.

GOLDEN HILL. \$460/\$470. Utilities in-cluded. Large, quiet. Centrally located. 3 private bedroom apartment. Share bath and kitchen. Deposit. 2220 E Street. Ap-pointment necessary. 619-584-5900.











James Esper Car Detailing San Diego

I used to like telling jokes and funny stories when I was little. At some point kids go from running around making sounds they think are funny to trying to tell jokes. The first I tried was probably at summer camp at Palomar. I was eight years old and doing a stand-up routine. It's not going to be that funny, but it was "What did one dead frog say to the other dead frog? Croak."



Jonathan Imes Navv Mission Valley

My first joke had to be an Aggie joke. I'm from Texas. I lived there until I was 18 and came out [to San Diego] in the Navy. So we'd make fun of Texas A&M, the Aggies, I was probably around eight at the time, and the joke was, "How do you confuse an Aggie? Put him in a round room and tell him to find a



Gretchen Brunette Waitress Mission Valley

I remember I was really young... maybe around eight, I don't know. It wasn't a joke as much as it was part of a routine. I had heard Rita Rudner and repeated something she said. I didn't even realize what it meant until vears later. I would say, "I don't plan on growing old gracefully. I'm gonna get facelifts until my ears meet.'



Mal Hall Comedian

San Diego

actually didn't tell jokes when I was a kid. So, I'd have to say the first joke I told was a few years ago, when I was 20. I would joke about my eyebrows. As a kid, I wasn't the class clown. I was a shy nerd. I saw Eddie Murphy's Raw, and I wanted to make people laugh. So I tell jokes now, but I didn't back then.



Kevin Ball Student

Pacific Beach

I don't know if I really remember. Oh, yeah, I remember one of my friends and I used to say all the time...we'd say, "Do you want to hear a dirty joke? A boy fell in the mud. Do you want to hear a clean joke? That boy took a shower." When you're a kid, you think stuff like



Cookie Randolph Radio Personality

Encinitas

never told a joke well, but I cracked  $oldsymbol{1}$  up my fellow third-graders with my impression of John F. Kennedy. After Dallas, I shrewdly moved to Barney Fife. I also do a killer Ben Franklin. If you closed your eyes you'd swear he was in the room

LA JOLLA/WINDANSEA BEACH. \$695, \$755, \$1795. Lovely, completely fur-nished rooms in house. Private entrance

LA JOLLA/UTC, \$500/month, \$400/deposit, quarter utilities, unfurnished. Great location. Pool, fireplace, share bath. No smoking/drugs/pets. Available now. Call Tony, 619-300-5059.

Iony, 619-300-5059.

LA MESA, \$530. Large corner room, 3 bedroom 2 bath house, quiet area. Includes utilities, cable TV, fast internet, washer/dyrer. off-street parking, \$400/deposit. 619-589-6122.

Dosit. 619-589-6122.

A MESA. \$480. Large room/large closet, quiet street. Older home, new carpeting, laundry, easy parking. Pet possible. Say phone number slowly/clearly. 619-235-2415, x10874.

Cony. 619-318-3330.

LA MESA. Room available in nice 3 bedroom, 2 bath house. \$\$40/month, \$400
deposit, share utilities. Washer/dryer,
storage. Near SDSU. Nonsmoking. Kyle,
korser@cox.net, 619-414-6530.

MIRA MESA. 1 regular room,
\$500/month. 1 Large room \$600/month. 1
master bedroom \$700/month, \$200/deposit. Utilities included. Washer/dryer. No
pets/drugs. Nyaln, 858-216-6776.

MIRA MESA. Room for \$500. Utilities and
cable included. Share bathroom. \$250
deposit. No pets. Available 4/1/08. 858693-8537.

MISSION BAY. 6695. 1 bedroom in spacious 2 bedroom, 1 bath. Walk to ocean or bay. Patio, barbecue. Available immediately. Nonsmoker. Deposit \$245. 858-337-4367; 858-488-4569; 619-235-2415, x27347.

MISSION HILLS/HILLCREST, Furnished room available in 2 bedroom 1 b house. Kitchen/laundry privileges. Sh utilities. Female only. \$525/month, p

MISSION VALLEY. Unfurnished room Resort style trilevel townhouse. Private entrance/attached patio, Internet, phone, cable, parking, washer/dryer. Tennis, pools, fitness center. Male preferred. \$850. 619-929-1884.

MISSION VALLEY. Share furnished condo. Room and private bal Washer/dryer inside, includes hous cleaning twice/month. \$649 plus \$300 c posit, utilities included. Ric 619-948-3868.

619-948-3668. MISSION VALLEY. \$495. Share large, quiet townhome with 2 nonsmoking males. Washer/dryer on premises. Bus/tolley nearby. Pool, spa. Available now. Rich. 619-501-5044; 619-235-2415,

x24283. MISSION VILLAGE. Master bedroom/bath. Private entrance. Near all freeways. No drugs/pets. \$525/month, utilities/cable included, plus deposit. 619-400-7784, 858-279-5799.

NORMAL HEIGHTS. Room with garage, private balcony, private bath, in 2 bedroom condo. \$700 month to month, \$700 deposit, utilities included. All amenities. Nonsmoker. laurinmarie5@hotmail.com.

NORMAL HEIGHTS. No foolin'-roommate wanted 4/1/08 for 2 bedroom, 1 bath house off Adams Avenue. \$600/month, \$600 deposit, split utilities. Gina, gmfazio@yahoo.com or 619-884-5766.

NORMAL HEIGHTS, \$550/month, \$300/ NORMAL HEIGHTS, \$550/month, \$300/deposit. Share 2 bedroom 2 bath apartment, utilities included. Gated, street parking. No pets, smoking, drugs. Available April 1. 619-400-7021.

NORTH PARK, Spacious room 10x11, shared bath, living/dining room, kitchen, veranda. \$600 plus utilities, \$500/deposit. Pets ok, 619-283-9905.

NORTH PARK. \$575. Female preferred to bate nice 3 bedroom 2 bath condo/du-

share nice 3 bedroom, 2 bath condo/du-plex. Presently 2 tenants, male/female. Near SDSU, 805, downtown. 619-916-

OCEAN BEACH. Room in beautiful 3 droom condo, ocean view, 3 blocks beach. Laundry. No smoking/ to beach. Laundry. No smoking/ pets/drugs/excessive drinking. Male preferred. \$695. 619-246-8560.

OCEAN BEACH. Master bedroom in new townhouse 1/2 block off beach. Available 4/1/08. Laundry onsite, balcony, parking. \$900, \$450 deposit, credit check. Dogs OK. 520-730-1131.

OCEAN BEACH. Master suite available 4/1/08. \$795/month, \$795 deposit, 1/3 utilities. Gated entry, washer/dryer, fire-place, barbecue. Great surf spot. No pets, smoking. JnnSalsbury@yahoo.com.

OCEAN BEACH. Furnished room my condo on edge of park. Backyard, deck, panoramic view, parking, kitchen privileges. \$650, utilities included. No smoking, no pets. 619-222-0255.

ing, no pets. 619-222-0255.

OCEANSIDE. Share large, custom home. Recently remodeled. Near college, train, shopping, freeways. Beautiful mountain views. Barbecue, spa, laundry. No drugs/pets. \$500. Available 4/1/08. 760-805-1325.

OCEANSIDE. Nonsmoking roommate wanted to share house in peaceful neighborhood. No pets, please. \$600/month. Please call 760-310-1106.

Please call 760-310-1106.

PACIFIC BEACH. Great bay/beach location. \$895/month, \$895 deposit. Available 4/3/08. Share 2 bedroom. 2 bath Crown Point condo. Washer/dryer. Mark, 858-220-1237; Andrew, 619-481-1156.

POINT LOMA/SUNSET CLIFFS. 1 room available, \$650. Includes all utilities, Cox Internet, TV. 3 blocks ocean. See photos backpage.com. No smoking/pets. 619-269-6626; 619-347-3552.

POINT LOMA, PARK. Room available, 675. 4 bedroom 2 1/2 bath. Olympic pool, spa, washer/dryer, utilities included. Available now. Amy, 773-829-2255; Russell, 619-994-9965.

Sell, 619-994-9965.

POINT LOMA. \$675. Clean, furnished bedroom, bath, utilities, view, fireplace, cable, laundry, private garden.

Walk/bike/bus to waterfront galleries, golf, shops. 619-546-5700.

Shops. 619-546-5700.

POINT LOMA/OCEAN BEACH. Furnished room in newer building. Female only. Mi-crowave, refrigerator. Laundry. Parking. 4 blocks to beach. Available now. \$550.

2 bath condo. Includes maid, utilities, club privileges, beautiful views, Internet access. No pets/smoking. \$800/month. 858-675-0568. RANCHO BERNARDO. Share 2 bedroom

RANCHO PENASQUITOS. Bedroom. share bath. Kitchen/laundry privileges. Includes utilities and cable. No pets. \$525 plus \$300 cleaning deposit. Off Highway 56 near I-15. 858-538-2501.

SAN DIEGO, SOUTH BAY. \$80-\$100/week. New sober living 5000-square-foot massive home. Satellite, Internet, 2 kitchens, workout room, pool/jacuzzi, sanctuary. Thomas, The Tree House, 714-787-8744.

SANTEE. \$500 including utilities. Female to share newer, spacious, clean, quiet house. Pool, jacuzzi. No smoking, drugs, pets. Close to I-52. Mike, 619-301-942. SOLANA BEACH. 2 rooms available for \$950 total, in lovely quiet townhome. Private bath, balcony, garage space. Pool, jacuzzi. No smoking/drugs/pets, 858-755.0823

SOUTH BAY, SAN DIEGO. \$100-\$125 weekly. Sober living home. Peaceful 5 bedroom home in quiet neighborhood. 2story modern home with all amenities included. Private floors. Experienced management. Pacific House, Jack, 619-723-1878; Tony, 619-665-3062.

TIERRASANTA. \$595 plus utilities plus \$350 deposit. Washer/dryer. Very large room, furnished/unfurnished. Near all. No smoking, drugs, pets. Male preferred, 858-292-0145.

TIERRASANTA. \$475. Male nonsmoker, no alcohol preferred. Great location. Near freeways 15, 52. Convenient, quiet home. Kitchen privileges. Partially furnished.

Available 4/1/08. Speak clearly, 858-565-7664.

TIERRASANTA. \$700/month, \$200 utilities in clean and quiet 4 bedroom house. Includes broadband Internet, cable, gardener/maid, washer/dryer, pool, fireplace. No smoking/pets. 619-920-

TIJUANA. At border. Safe, clean, large room in house. Laundry, satellite TV, full house privileges. No drugs/drinking. Must like dogs. \$250/month, includes utilities. 619-948-9033.

UNIVERSITY HEIGHTS. Share 2 bedroom, 2 bath townhouse, balcony, huge closet. Female nonsmoker, no pets. \$595, 1/2 utilities, first/last, \$250 security. Great neighborhood. 619-291-7887.

#### ROOMMATE SERVICES

PLACE PRINTED ADS in the Reader by

calling 619-235-8200.

POST FREE ONLINE ADS with photos at SDReader.com. See thousands of classified ads not printed here! NEED AFFORDABLE HOUSING? Seniors

offer rent free rooms in exchange for household help. Low rent rooms also available. ElderHelp of San Diego. 619-324 0291

RENTALS

#### Commercial

PLACE PRINTED ADS in the Reader by

**POST FREE ONLINE ADS** with photos at SDReader.com. See thousands of classi-

BANKER'S HILL/UPTOWN OFFICE. Wonderful office near Downtown and Hillcrest. Free parking, elevator, interior restrooms, large waiting/reception area. Competitive rates. Call 619-846-8238.

#3. \$150/month. \$85/deposit. Month to month lease. Storage only. Available 4/1/08! 858-336-7997.

SHERMAN HEIGHTS. Storage unit 8'x14'. clean, \$60, deposit \$60. 1-year lease. Lit and secure 619-368-9410, www. enterprises.com.

CARLSBAD from \$100. Garages available for parking and/or dry storage. Located in well-maintained apartment complex. 1000 Chinquapin Avenue. Agent, 760-729-8681 x2:1/z:1

GASLAMP ART SPACE! \$150 and up. High ceilings, tall windows. Gallery venue for shows. Uniquely affordable. 100-600 square feet. 402 Market. Hughes Management, 619-239-1639 x102.

NORTH PARK. \$225. Brand new 2 car garage, with opener. Dry storage only. No living space. 4077 Utah Street 619-698-6911. www.goldenmanagement.com.

STOREFRONT/OFFICE, \$1895. Over 1350 square feet. Street level. High ceilings. 2 private bathrooms. Central location. 2053 Garnet Avenue. Space can be divided for less rent. 858-272-9614.

SERVICES

# *IF YOU NEED DENTAL WORK*

call us toll-free 1-800-207-9223

SAFEST **INFECTION CARE** 

WE ARE THE ONLY DENTISTS IN THE USA OR MEXICO TO FULLY **GUARANTEE YOUR DENTAL** WORK FOR 2 YEARS.

**YOU WILL RECEIVE THE MOST EFFICIENT, PERSONAL AND** PROFESSIONAL SERVICE.

#### COMPLETE SET OF DENTURES **UPPER AND LOWER (PORCELAIN)**

\$499.50

\$195.00

\$20.00

SINGLE EXTRACTION \_ EACH

PORCELAIN CROWNS \_ FACE

We do permanent bridges, partials, root canals and COSMETIC DENTISTRY

WE FINISH DENTURES THE SAME DAY AND PORCELAIN CROWNS IN SOME CASES

- FREE EXAMINATION
   IMMEDIATE APPOINTMENT FREE TRANSPORTATION
   FREE PARKING LOT
- HOURS: MON.-SAT. 8:30 AM-6 PM VISA, MASTERCARD, AMERICAN EXPRESS, DISCOVER OR TRAVELER'S CHECKS. SORRY, NO PERSONAL OR BUSINESS CHECKS.



**WASHINGTON DENTAL CLINIC** 2273 SECOND ST. AT OCAMPO TIJUANA, B.C. MEXICO Serving San Diego Since 1977

#### **Surf**DIEGO

Name: Aaron Age: 21 Surfing: P.B. Drive Post-Surf Food: Organic

"My grandfather was a pro in the '60s and '70s. He really inspired me to start competing when I was 14. I'd been surfing since I was 11," says Aaron, a native of Santa Cruz. He's a competitive surfer, getting back into the water after major knee surgery and a fivemonth recovery period.

"I hurt it surfing in Mission Beach; I popped my kneecap out of place. My bone shifted out of alignment and it had to be screwed back in.... I had reconstructive surgery on my leg and knee. They had to re-fracture my bone, reset it, and screw it in....

"I'm so lucky. I didn't realize how quickly surfing could be taken away from me. I'm so grateful for every day that I can surf now. It's always in the back of my head now that I've been hurt. I've had to rethink my training and work out five days a week now. I've even changed my diet to all organic food no more McDonald's...

"I have some friends that are pros and they've



really pushed me to succeed There are so many good surfers out here. An overwhelming amount of the kids are really smart, and I think the image of surfing is changing into something very positive."

Any advice for new-

comers to the sport?

"Be patient. It's the hardest thing you're ever going to do. Stay out of people's way, go slow, and don't be too eager to get good too quickly. Show respect, don't get lippy and out of control."

Any competitions coming up?

"I'm not sure...probably in May. I'm still training and getting back into shape."

Go to SDReader.com Click on SurfDiego

PARK BOULEVARD LOCATION, across PARK BOULEVARD LOCATION, across from Henry's Marketplace. Previously written up in the San Diego Magazine, November issue, as one of San Diego sottest blocks to shop. Park Boulevard signage available. 2 office units with storage. First office, \$450, 120 square feet, furnished with executive desk and furniture. Second office, \$550, 180 square feet, unfurnished. Both units come with air conditioning, weekly janitorial service, and power. We are renting month-toand power. We are renting month-to-month or 1/2 off 1st month with 6 month

OFFICE SPACE AVAILABLE. Pacific 970 square feet. Available immediately. Call Alta Vista Properties, 858-274-3600;

MISSION HILLS, \$1150, 700 square feet upstairs office space with lobby, 2 spa-cious rooms and kitchen area. 930 West Washington Street. www.centrecity.net.

PACIFIC BEACH. Storefront/retail space for lease, \$2850/month. 1453 Garnet Avenue, approximately 1340 square feet. Good location and visibility. 858-270PACIFIC BEACH. Office space, \$800. Second floor office, 2 rooms, ample parking. Easy access. 4455 Lamont Street. 858-270-4492 x203.

ket! Best office in the heart of downtown La Mesa, California. Approximately 4800 square feet. Wow! So much potential! Huge cubicles (24 included in lease) Huge cubicles (24 included in lease) comfortable space for your reps and floor manager. Womens/mens restrooms. 6 offices in one. Break room, conference room, computer room, reception area. This is truly a diamond in the rough! Close to everything! Trolley, restaurants, shopping, freeways. For lease \$1.50-\$1.75 per square foot. 24 huge cubicles included. Will not last long. Must lease ASAP. Company relocation. 619-688-2239

PACIFIC BEACH RETAIL/OFFICE space 640 square feet. \$1475/monthly. Newly remodeled building. 4852 Cass Street.

CARLSBAD, DOWNTOWN. New construction, 2500 square feet retail space, next to popular restaurant. \$4500/month. Great location: 2917 State Street, Heart of Downtown Carlsbad. 760-887-2000.

#### RENTALS

#### Houses

PLACE PRINTED ADS in the Reader by **POST FREE ONLINE ADS** with photos at SDReader.com. See thousands of classified ads not printed here!

fied ads not printed here!

BAY PARK. \$2595/rent, \$2400 deposit. 3 bedroom, 2 bath. 1650 square feet. Top of the line appliances, stove, refrigerator, dishwasher, trash compactor, custom kitchen cabinets and fixtures, carpet. 1 bedroom with Murphy bed, custom guest bathroom, fireplace, tile patio over looking canyon, lighted at night. 3 water fountains. Two-car garage, 3669 Mt. Ariana Drive. Call Ed, 858-597-6100.

BONITA. Immaculate 3 bedroom, 2.5 bath home plus bonus room. 3-car garage. Huge yard/lot. Pool. Hardwood floors. New appliances, \$2500 includes gardener. 619-757-9829.

CARDIFF. Cute 3 bedroom 2 bath house. 1000 square feet. 600 square foot en-closed patio, 7,200 square foot lot. Laun-dry hookups. Quiet street. \$2400/month includes gardener, \$2400/deposit (install

ments). Pets on approval. ombok@aol.

CARMEL VALLEY/SORRENTO VALLEY. Gorgeous 4 bedroom, 3 bath home. 3-car garage. Yard. Pets ok. Near Qual-comm/UCSD. \$3150 includes gardener. Available 4/1. 858-558-1877.

CHULA VISTA/OTAY RANCH. Move-in ready! 3 bedroom, 2.5 bath loft home. 2-car garage. All appliances included. Washer/dryer, dishwasher. Side yard. \$1850. 619-934-8608.

\$1850. 619-934-8608.

CITY HEIGHTS. \$1300. 2 bedroom, 1 bath
2000 700 square feet, all utilities, house, 700 square feet, all utilities, fenced yard, parking. 3221 Lincoln Avenue. People Helping Others Property Management, 619-282-5400, www.

CLAIREMONT. \$1195. Nice and cozy 2 bedroom duplex. Off-street parking. Small front and backyard. New gas stove. Washer/dryer hookups. No pets. 619-276-6746

CLAIREMONT. \$1840. Large 3 bedroom, 2 bath house. Two car garage. No pets. Nonsmoking. Washer/dryer. Appliances. Fenced large yard, porch. Clean. 4212 Conrad Avenue. Juno, 619-275-3455.

believable view. Newly remodeled kitchen with upgraded LG appliances, custom stained glass French doors. Attached mud room with open partly and storage galore. Great room with gas fireplace off kitchen. 2-car garage with washer/dryer, workbench and storage. It on back deck and enjoy the view. Nonsmoking property. No pets. 4349 Mt. Jeffers Avenue. \$1995. 619-683-9274. COLLEGE AREA/LA MESA. \$1195. Nice

and cozy 2 bedroom house. Off-street parking. Covered patio. New electric stove. Washer/dryer hookups. No pets.

COLLEGE AREA/SDSU, 3 bedroom, 2 bath home, \$1950. Vaulted ceilings, double garage, laundry hookups. Available now. 5567 Baja Drive. Agent, 619-260-1368. View at http://www.sevillemgmt.

COLLEGE AREA. 3 bedroom, 1006 square feet. Very clean! Updated kitchen: washer, dryer, dishwasher, microwave. Garage. Front and back yards. Corner lot. Pets allowed. \$1900. Agent, 619-471-2201.

COLLEGE/ROLANDO. \$1295. Remod-

ed 2 bedroom on quiet private drive. Appliances, laundry hookups. Patio, fenced yard, storage shed, extras. Pet negotiable, near all. 760-944-1024.

DOWNTOWN. \$1695. 3 bedrooms, 2.5 baths house, newly installed hardwood and tile flooring throughout, new appliances, new bathtubs/sinks. Fee. Free search at www.westsiderentals.com. 619-367-3333.

EL CAJON. \$1650. 3 bedrooms, 1 bath, home garage. Newer carpet/paint. Washer/dryer hookups. Front/rear yard. No pets. Available 4/5/08. cell 619-971-1145; 619-579-8027.

ENCINITAS. \$1250-\$1750. Big Sur cottage by the sea. 2 bedroom, 1 bath. Fire-place, washer/dryer, parking, private yard, walk to beach. Includes gardener, trash, water. Nonsmoking/pets. 760-942-7550

**ESCONDIDO.** \$895-\$1695. Tired of apart ment living? Beautiful 1, 2 & 3 bedroom ment living? Beautiful 1, 2 & 3 bedroom manufactured homes offer spectacular hilltop views. Full-sized washer/dryer, some small yards. Peaceful community sorry no pets. 1924 Sheridan Avenue 760-745-1677.

ESCONDIDO. \$1100. Beautiful lake view, 2 bedroom, 2 bath manufactured home kitchen, dining room, living room, large master bedroom, double closet, laundry, pool access. 760-739-5451.

ESCONDIDO. 951 Gamble. 3 bedroom, 1 bath, \$1395. New paint, new carpet! dc@sdcpm.net. SDCPM, 619-220-4840.

HILLCREST. \$1395.1 bedroom cottage. Hardwood floors, washer/dryer hook-ups, private yard. Off-street parking space with shared garage. Cat OK. Near bus line to downtown. 3304-1/2 Reynard Way. Agent, 619-298-7232. www.sbayproperties.com.

hillCREST. \$795. Small 1 bedroom, 1 bath house. No parking. No pets. Nonsmoking. Hardwood floors. Washer/dryer. Appliances. Nice. Clean. 3941-1/2 9th Avenue. Juno, 619-275-3455.

HILLCREST. \$950. Beautiful large 1 bed-room duplex. Clean and quiet. Restored room duplex. Clean and quiet. Restored Craftsman. Garden setting. Hardwood floors. Deck. Large Oak kitchen. Offstreet parking. 619-469-9763.

HILLCREST/MISSION HILLS. \$1950. 3 bedroom, 1-1/2 bath house. Large custom kitchen, dishwasher, washer/dryer, central air condtioning, patio area, parking space. Security gate. Nonsmoking. No pets. 4042 Front Street. 619-889IMPERIAL BEACH. \$1700. 3 bedroom, 2 bath house. Big backyard. Near beach and estuary. Available now. 619-997-

KENSINGTON. \$1995. Spanish stucco house. 3 bedrooms. Fireplace. Dining room. Breakfast nook. Washer/dryer available. Avocado and apricot trees. Garage and carport. Hardwood floors. Very charming. Available 4/3. 4684 Biona Drive. 858-569-9390.

hardwood floors, plantation shutters, custom paint, bright updated kitchen, central air/heat, finished detached garage with work bench, storage, new front loading washer/dryer. Great for entertaining: outside gazebo and covered patio. Walk to village. 4848 Kensington Drive. \$2795. 619-683-9274. KENSINGTON. 3 bedroom, 2 bath with

LA MESA. 2 bedroom, 1 bath, cul-de-sac, large fenced yard, patio, washer/dryer, 1-car parking. Pets OK. \$1495. 3747 Citrus. Chris, 619-339-3609.

LA MESA. 3 bedroom, 2 bath plus office on mountain. Fantastic view to ocean! 2000 square feet. Garage. Family room. Fireplace. \$2595. Lease. Agent, Bill, 619-

LA MESA/ROLANDO. Large 1 bedroom house, \$1000. Garage, yard, no dogs. Gardener, stove, refrigerator. nonsmok-ing. hardwood floors. laundry hookups. 6780 Solita Avenue. 619-303-7322.

LAKESIDE. \$1695. Cute 3 bedroom, 2 bath country home! Laundry facilities, woodburning stove, wooded lot in East Lakeside. Quiet, private. Close to free-way. Rick, 619-254-5378.

**LEMON GROVE.** \$1500. 2 bedroom, 1 bath house. All new bathroom, newly painted and carpeted throughout. Large fenced yard with separate storage. Garage converted into workroom. Near shopping. Pets negotiable. 619-271-2250.

MISSION BEACH. 3 bedroom, 2 bath house \$3200. Steps to ocean, wood floor-ing, 2 balconies, garage plus space, washer/dryer. 3747 Strand Way. Avail-able 4/1. 858-483-3534 ext. 29. www.

cal-prop.com.

MISSION HILLS/South. \$1250. 1 bedroom, 1 bath house, hardwood floors, recently painted, very clean, quiet, yard.
Year lease. \$1000 security. 3525
Columbia. 619-298-7659.

NATIONAL CITY. 2 bedroom, 1 bath duplex. \$950. Appliances, large yard, laundry hookups, off-street parking. Application and credit check required. 619-322-7947.

Application a... 619-322-7947. NORMAL HEIGHTS. \$1450. 2 bedroom, 1 bath. Beautiful Craftsman home. Hard-lead floors, upgraded bath, 1-car hookups. 2506 bath. Beautiful Craftsman home. Hard-wood floors, upgraded bath, 1-car garage, washer/dryer hookups. 2509 Madison Avenue. Agent Sylvia, 619-459-

NORMAL HEIGHTS, \$850, 1 bedroom, 1 bath cottage, heart of Normal Heights, appliances, gated, 1-car garage, ceramic tile floors. Cat ok. Section 8 ok. 4573 Hawley Boulevard. 619-804-3325.

NORTH PARK. \$1450. Adorable 2 bed-room, 1 bath cottage, 600 square feet. Garage. Private yard. Wood floors. Laun-dry. Available 41/108. 3172 Myrtle. By ap-pointment, 619-742-3471.

NORTH PARK. 4342 Iowa Street. Large cottage, 2 bedroom, 1 bath. Fresh paint, hardwood floors, community washer dryer. \$1275 plus deposit \$1000. 619

OCEAN BEACH/POINT LOMA. \$2100. 3 house. Bamboo floors, fireplace, 2-car garage, washer/dryer. No pets. 4373

# SERVICES DIRECTORY 619-235-8200

### **HOME**

#### **BATHROOMS**

#### Kitchen/Bath

Cabinets, countertops, flooring, all interior and exterior repairs, HOAs. Family-owned, 37 years experience, insured/bonded/licensed (#44397). References available. Free estimates. 858-565-0335.

#### **Tubs Refinished**

Refinish your old, worn-out bathtubs/sinks to look like new! Fiberglass and porcelain. All work guaranteed. Lic-560438. Bathtubs & Sinks Refinishing Company. 619-464-5141.

#### CARPENTERS

#### **No Job Too Tall**

No job too small -Tall-T Carpentry/General Contractor does it all! Dry-rot, additions, decks, patios, remodels, repairs. Tall-T Carpentry, Lic-B649090. 619-672-1164.

#### CARPETS

#### **U.S. Carpet Care**

2 rooms/hall \$59. Call us first! Professional truck mounted carpet/upholstery/tile. Absolutely no hidden charges. Clean guaranteed. Since 1989. 619-298-9106.

#### Special! 3 Areas \$45

\$45 Sofas! Superior Carpet/Upholstery Cleaning. Spot treatment, steam clean and spin-dry. 25 years experience. 100% satis-faction guarantee. JPC Cleaning, 619-322-

#### CHILD CARE Infant/Preschool

Clairement Academy Kids enrolling now. Preschool focusing on phonics, math, science, art, music. School age care with tutoring and activities available. toring and 619-665-7878.

#### CLEANING

#### **Attention Movers!**

Specializing in move-in/move-out and construction site clean-ups. We clean until it shines! We do windows! Free estimates! BBB member. Liza's Cleaning, 619-864-

#### Housecleaning

Weekly/bi-weekly monthly. Excellent work. Many references. Will go: Kensington, North Park, Hillcrest, Mission Hills. 10 years plus experience. You provide cleaning equipment. 619-756-1048.

#### **Dust Bunnies?**

Personalized service by experienced professionals. Move-outs, spring cleans, vacation homes, remodeling cleanup, small offices, residential.Phone quotes! Art of Clean Agency, 858-270-5558; 619-276-5558.

#### CONCRETE

#### **Micon Construction** Concrete construction: structural, foundations, decorative pool decks, driveways,

sidewalks, patios, block/concrete walls. 23 years experience. Lic#838528. Free esti mates! Call 760-594-1135.

#### **ING Concrete**

Affordable quality. Driveways, foundations, block retaining walls, stamped concrete, patios, etc. Free estimates! 18 years experience. Lic# 891739. Bonded/Insured. 619-

#### CONSTRUCTION

#### Garcia's

Construction. Specializing in: New homes, remodels, additions, roofing, drywall, plumbing, stucco, framing, tile, and concrete. Lic#898089. Free estimate. Call Jesse, cell 619-788-1646; Juan, 619-254-9503.

#### Contractor

Termite, fungus, dry-rot repair specialists. Decks, patio covers, home improvements. 15 years experience. Lic#614165. Prompt response. Call Michael Hardy now! Cell 619-787-7082.

#### **Kitchen & Bath**

Design. Remodeling or new construction. Honest, reliable. Quality. Custom fit to suit your individual needs. Servicing all San Diego. 858-740-4536 web: www.Gourmet-Galleys.net.

#### CONTRACTORS

### **Just Call!**

We do it all! 30+ years experience. Kitchen/bath remodels. Plumbing, electrical, lighting, fans, tile, interior/exterior painting, more. Lic#478139. LP Construction, 760-716-1757.

#### 10% Off Special

By mentioning this ad! Quality, reliability, affordability. All types of remodeling including new construction, room additions, kitchens/baths. Lic#896062. Free estimates! 858-733-1126.

#### CROWN MOLDING

#### **Moldings for Less**

Professional crown molding installation. Materials can be provided. Baseboards, wainscot, painting. 10 years experience. Mention Reader ad-10% off! Free estimate! 619-606-7623.

#### DOORS

#### **Got Doors?**

We specialize in doors! Interior, exterior, new construction or replacement. Allied Contracting, local contractor with 20+ years experience. Please call 619-795-2930. No job too small.

### **ELECTRICAL**

#### **Home Specialist**

Quality electrical work. Residential. Troubleshooting. Service upgrades. Custom lighting. Kitchens. Remodels. Panels. Electrical repair. Satisfaction guaranteed. Free estimates! Unlicensed certified journeyman electrician. 619-379-8177.

#### **Free Estimates!**

your electrical needs. Fast and friendly rvice. Commercial/residential. Service upgrades, remodels, troubleshooting, ceiling fans, can lights. Satisfaction guaranteed. Unlicensed Journeyman. 619-818-9726.

#### **Quality Affordable**

Clean, quality work. All types electrical work. Residential/commercial. Service/repair, panels, custom lighting, spas. Bonded/insured. Lic#903497. Free estimates! Jacobs Electric, 619-843-9291.

#### FLOORING

#### Flooring Special!

Carpet, \$1.67/square foot includes installation and pad. Hardwood, \$4.99/square foot. Laminate and tile, \$1.29/square foot. Lic#818658. Call Unique Flooring, 760-945-0010 or 760-908-3947.

#### GARDENING

#### John's Gardening 619-778-4625

Clean ups, professional maintenance, sprinkler repair, hauling. Pruning, weed control. Low rates guaranteed Free estimate. Flexible schedule. Weekly or biweekly service available. Call to schedule appointment. Office 619-461-9771.

#### GLASS AND MIRROR

#### **Tub and Shower**

doors. Mirror doors. Patio doors. Windows and screens. Textured glass. Heavy glass to 3/4" thick. Install/repair/sales. Lic-471954. Jeff, 858-576-4321.

#### HANDYMAN

#### M.A.R. Handyman

Electric and plumbing. Carpentry. Tile and flooring. Home repair. Free estimates. Quality work done the first time! Mark, business: 619-269-0585; cell. 619-674-3253

#### 24 Hour Service

Quality service; reasonable rates. Small repairs, painting, drywall, hauling, wooden fences, pressure washing. B & J Maintenance & Repair. John, 858-449-6569.

#### **Jack of All Trades**

10 years experience. Remodels, repairs, fences, windows, tile, plumbing, water heaters, paint, drywall. All areas. Affordable-save money! Phone estimates. 619-598-1877.

#### Contractor

Contractor quality/handyman prices! Car-pentry, plumbing, electrical, drywall, con-crete, roofing, repairs, remodels, more. Licensed, insured, workers' compensation. All work guaranteed. Lic-827834. Visa/ MasterCard accepted. ADM, 619-469-2341; 888-ADM-2-FIX.

#### **Satisfaction** Guaranteed

All projects -large and small. Fast, experienced, and reliable. Russell Home Repairs and Improvements. 619-851-8578.

#### **Free Estimates**

Handyman. Kitchens, baths, fences, decks, woodwork, plumbing, basic construction/electrical. No job too large or too small. 619-665-7116.

OCEAN BEACH. Charming 2 bedroom, 1 bath house, large deck, half block to beach, laundry hookups. No pets. Available now. 5125 Muir. \$1600/month, \$1600/deposit. 619-701-1299.

PACIFIC BEACH/DE ANZA COVE. \$2200. Cute, cozy 2 bedroom, 2 bath mobile home on the cove. Includes washer/dryer, utilities/cable. Mike, 858-456-0407; 858-344-1033.

PACIFIC BEACH. \$2700. Mt. Soledad. 3 bedroom, 2-1/2 bath, 2-story. 2-car garage. Bay views. Fireplace. Fenced yard, balcony, patio. Washer/dryer. Non-

PACIFIC BEACH. \$1695. 3 bedroom, 1 bath house with large yard, new carpet, landscaping included, available now, no pets. 2652 Figueroa Boulevard. 858-483-3534 ext 29. www.cal-prop.com. ww.cal-prop.com.

PACIFIC BEACH, 2 bedroom, 1-1/2 bath house. \$1695 bonus room and large yard. 2 parking. No pets. 1842 Grand Avenue. www.cal-prop.com.

PACIFIC BEACH. 3 bedroom, 1 bath house. \$2095. Gardener included, no smoking. No pets. 2660 Figueroa. 858-483-3534. www.cal-prop.com.

house. \$2350. Crown Point. 3922 Snasia. 1 car garage plus 1 space. No pets. 858-483-3534. www.cal-prop.com.

PACIFIC BEACH. Large 2 bedroom, 1 bath front house, assigned parking. Near bay. Easy freeway access. Newly remodeled. No pets. \$1250. 4467 Bond Street. Please call to view or apply online at www.melroyproperties.com. 858-483-5111 x10.

PACIFIC BEACH, \$2000, 3 bedroom, 1 bath charming house, new carpet, or-ange and peach trees, large front and backyard. Fee. Free search at www. westsiderentals.com. 619-367-3333.

PACIFIC BEACH, \$2650. 3 bedroom 2 PACIFIC BEALTH STATE AND A STATE OF THE PACIFIC AND A STATE OF THE PACIFIC

bath, 2-car garage. Utilities included. 2-car garage. Pet considered. Move-in ready! 1775 Oliver Avenue. Agent, 619-820-2584.

PACIFIC BEACH. \$2500. 3 bedroom, 1-1/2 bath house. 3305 Buena Vista. Double garage, fireplace, pet ok. Block to Sail Bay. Year lease. Gardener. Carol, 619-222-5599.

**POINT LOMA.** 4 bedroom, 2 bath home. 2-car garage. Fireplace. Washer/dryer. 3014 Pointsettia Drive. Available 4/1/08. \$2500. John A. Reis and Company, Inc. 858-272-1348.

858-272-1348.

POINT LOMA. Gorgeous views! Historic 3 bedroom, 2.5 bath Tudor home. 1.6 acres. 2-car garage. Original redwood flooring. \$4400 includes gardener. \$3000 deposit. 619-399-7960.

POWAY. \$2150. 3 bedroom, 2.5 bath house, refrigerator, stove, dishwasher, yard, patio, central air, fireplace, in-unit washer/dyer. Fee. Free search at www. westsiderentals.com. 619-367-3333.

Westshuerentals.com. 619-367-3333.

SAN MARCOS. \$3100. 4 bedroom plus bonus, 3 bath house. Fireplace. 3-car garage. Granite, gourmet kitchen. Barbecue, fire pit. Yard. 1543 Copper Court. 858-514-8201.

SAN MARCOS. \$3100. 4 bedroom plus 2 bonus rooms, 3 bath house. Fireplace. 3-car garage. Granite, gourmet kitchen. 726 Leeward Avenue, in Sagewood. 858SANTEE. Nice 4 bedroom, 3 bath home, 2400 square feet. 2-car garage. Yard. Washer/dryer. Fireplace. New carpet/paint. Near Santana High. \$2350.

SOUTH PARK. \$1550/month plus deposit. 3 bedroom, 1 bath house, wood floors washer/dryer, yard. Available 3/15/08 Small pet OK. 3606 Maple Street. 619

669-9953.

SOUTH PARK. Canyon view 3 bedroom, 1 bath house. Hardwood. Hookups. Fenced yard. Cul-de-sac. Pets considered. \$1675 month plus deposit. Call to view. 1722 Pentuckett. 619-985-8469.

SPRING VALLEY. \$1395. 1/2 off first month. Charming 2 bedroom, 1 bath home, garage, view of lake, fenced yard, deck, washer and dryer. Pet negotiable. 9756 Ivanho Street. 619-384-9219.

UNIVERSITY HEIGHTS/EAST. Charming 1 bedroom, 1 bath craftsman with garage for extra storage. Remodeled: hardwood floors, custom paint, washer/dryer. Major appliances included. Pets considered. \$1175. Call Anita 619-246-8393.

UNIVERSITY HEIGHTS. \$1900. 3 bed-room, 1 bath. Fenced yard. Near park. Hardwood floors. Fireplace. Walking dis-tance restaurants/Red Trolley Park. Pet OK. Available 4/1. 858-449-3557.

OK. Available 4/1. 858-449-3557.

VALLEY CENTER. Woods Valley. \$4000. Over 4500 square feet. 4-car garage. On cul-de-sac. Brand new, move in anytime. Nonsmoking. No pets. Call for details, Top Notch Realty, Inc., 858-715-0688.

WANTED: \$1,000,000 cash for newer ocean view home, 3000+ square feet in Carlsbad, Encinitas, or Del Mar. Close 30 days or less. No agents. samsays@gmail.com.

#### RENTALS

#### A PARTMENTS / Condos

PLACE PRINTED ADS in the Reader by

POST FREE ONLINE ADS with photos at SDReader.com. See thousands of classified ads not printed here!

ned ads not printed here!

ALPINE. \$900. Spacious 2 bedroom, 1 bath. Air conditioning, on-site laundry, pool. Small pets welcome. Call 619-445-0805. www.sdaptbrokers.com

ALPINE. 2 bedrooms, \$1355. Private garages, fireplaces, vaulted ceilings. Resort-size pool and spa. Call for special! Alpine Woods, 1829 Arnold Way. 619-

445-1341.

ALPINE. 55 and up. Spacious luxury living. 1 bedrooms, \$955. 2 bedrooms, \$1235. Special: \$75 off! Creekside Meadows, 1750 Arnold Way, 619-445-2480.

BALBOA PARK/East. Forest-like setting. 3 bedroom, 2 bath. \$1600. Quiet. Fireplace, patio. Near zoo. Carport. Gated. Laundry. No pets. 619-299-1530.

BANKER'S HILL/DOWNTOWN. \$1295. 1 bedroom townhouse. Very private. Spa-cious. Hardwood floors. Laundry on-site Patio. Free parking. Pets OK. Available now. Call Steve, 619-696-7500.

BANKER'S HILL/DOWNTOWN. Studios starting at \$775. Onsite laundry. Close to I-5. 236 Kalmia. No pets. Call 619-234-

BANKER'S HILL. Spacious studios starting at \$725, plus deposit. 1 bedrooms from \$900. Secured vintage building. Great views. Full size kitchen/bath. Laun-dry. Cat OK with \$200 deposit. 2100 First Avenue. 619-325-7332

BANKER'S HILL. \$750. Studio apartment. #3. AMI Property Management, 619-697-

BANKER'S HILL. \$875-\$925. 1 bedroom apartment. Laundry. View. Great location. 106 Grape Street. AMI Property Management, Manager, Jesse, 120 Grape Street of 619-697-6314.

BANKER'S HILL. \$1295. 1 bedroom apartment, large, view, great location, new carpet. 1951 Front Street. AMI Property Management. 619-697-6314.

BANKER'S HILL. \$650. Lovely studio. Quiet, well-kept classic building designed by Gill. Appliances, gas included. Laundry onsite. Near bus. No pets. 619-236.0452

BANKER'S HILL. Studio. Gated. Parking. Laundry on site. \$850. 6 month lease 1818 6th Avenue. Call Chris, 619-232-1450.

BANKER'S HILL/DOWNTOWN. Large 1 bedroom, hardwood floors, gated assigned parking across street. Original cherry wood beams. Very unique. Need to see to appreciate! 345 Laurel Street #B. No pets. \$1150/month. To view, call 858-483-5111 x10 or apply online at www.melroyproperties.com.

www.melroyproperties.com.

BAY PARK. 2 bedroom, 2 bath. Large. Laundry on site. Street parking. Close to freeways, Fashion Valley, USD. \$1170. 5604 Lauretta Street. Call 858-490-1600.

BAY PARK. \$795. Lovely upper 1 bedroom apartment. Prime location near Mission Bay. Quiet. Pool. Easy freeway access. No pets. Lease. 2515 Chicago Street. 619-276-1468.

BAY PARK/FASHION VALLEY. \$1095 Remodeled 2 bedroom, 1 bath apart-ment. Off-street parking. No pets. Close to trolley and USD. Available immediately. 619-325-9108, 619-260-9062.

CARLSBAD. From \$1225. Beautifully remodeled 1 and 2 bedrooms. Fantastic views (some units) and spacious floor plans. Walk to the beach! No pets. 2303

plans. Walk to the beach! No pets. 2303 Ocean Street. Agent, 760-434-7721. CARLSBAD. \$925, 1 bedroom. Off-street parking, community laundry. Quiet street. No pets. 3366 Roosevelt Street. Call Agent, 760-434-7721.

CARLSBAD. \$1380. 2 bedroom, 1.5 bath, pet OK, 2-car gated parking, pool, refrigerator, stove, microwave, yard, balcony. Fee. Free search at www.westsiderentals.

com. 619-367-3333.

CARLSBAD/LA COSTA. \$1445-\$1495.
Large, luxury 2 bedroom, 2 bath in beau-tiful garden complex with views over La Costa golf course. Fireplace, washer/dryer, air conditioning, pool, spa, sauna. 2381 Caringa Way. Alicante Views. Open daily. TPPM, 760-431-7575.
www.alicanteviews.com.

CARLSBAD/LA COSTA, \$1595. Large Lavry 3 bedroom, 2 bath in beautiful garden complex with views over La Costa golf course. Fireplace, washer/dryer, air conditioning, pool, spa, sauna. 2385 Caringa Way. Alicante Views. Open daily. TPPM. 760-431-7575. www.

allcanteviews.com.

CARLSBAD/LA COSTA. Beautiful executive home. 3 bedroom, 2.5 bath plus den Vaulted ceilings, fireplace, huge master All appliances. New tile/carpet. Quiet \$2800. 760-525-4863.

CARMEL VALLEY. Looking for affordable swimming lessons! Washer/dryer. Park-ing. Fitness center. Pool. No pets. The Club Torrey Pines, 12646 Torrey Bluff Drive. 1-866-354-2096. www.torrey.cc. www.sdreader.com/news/rent2106.

CASA DE ORO. From \$650. Nice 1 bedrooms for seniors 55 and better. Parking, community laundry. Air conditioning. The bus stops here! 9550 Campo Road. Agent, 619-697-8432

**CASA DE ORO.** 2 bedroom duplex. Off-street parking. Tile floors, fresh paint. In-cludes 12'x14' storage. Large quiet lot. \$1000. 619-461-0680.

CHULA VISTA. Just reduced! 2 master bedroom, 2-1/2 bath 2-story townhome. Garage, canyon view. Lease. Pets wel-

#### SERVICES

come. Available 4/1. \$1650. Abril, East-lake Realty, 619-929-7228.

CHULA VISTA. \$100 off first month's rentl bedroom, 1 bath, \$900 with \$800 deposit. 3 bedroom, 2 bath, \$1350 with \$1000 deposit. Pool, laundry room. Close to mail/freeway. Available now. 433 D Street. 619-756-1557.

CHULA VISTA. \$875. 1 bedroom, 1 bath, clean guist secure On-site laundry.

clean, quiet, secure. On-site laundry. Available now! 217-B Glover. Call Rachael at: 619-804-1044 or Jeff at: 619-713-1044.

### Full kitchen remodel from \$6,599\*

Based on a 10'x10' kitchen. Includes designer wood cabinets, granite countertops and stainless-steel sink

Free in-home estimates • Kitchen remodels completed in as little as a week's time! **DOD Home Interiors, Inc., Cabinetry & Granite** 888-882-8338 • 858-695-0800

9550 Distribution Ave. • San Diego 92121 • www.dodca.com • Lic. #754532

# or upgrade to granite kitchen countertops

for only \$1,599\*

Includes 30 sq. ft. of granite, bullnose edging, plywood subtop, demo and disposal of old counters and undermount sink cutout. \*Certain restrictions apply. Expires 3/31/08.

# SERVICES DIRECTORY 619-235-8200

#### **Lowest Rates!**

Haul almost anything. Why pay more? We've got the lowest rates, guaranteed! 10% off with ad! Open 7 days. Junk, demo, concrete, brush, yard/vacancy cleanups. Visa/Mastercard. 619-234-5530. 858-551-9376. AmericanHaulAway.com.

#### \$30/Hour!

3 men will haul. Clean 24' enclosed truck with lift gate/dollies. Fully equipped. Furni-ture, recyclables. Residential/commercial heavy lifting. Reliable. All areas. 619-528-1877.

#### MOVING

#### **All About Moving**

First class, full service moves at reasonable rates. Exactly what you expect and deserve. Locally owned. Licensed/insured, CAL-T-189508. Tom Floodberg, 619-247-8018.

#### **Stern Moving**

We will be proud to move you. Individually owned. Terrific references. Experienced. The most reasonable rates. Insured/licensed. Cal-T-145775. Please call 619-

#### **Birditt Moving**

Residential, office, or piano. Low rates Serving all of Southern California. Free estimates and wardrobes. No hidden costs. Quick, friendly, professional. Fully insured. (CAL-T-176377.) Birditt Moving, 619-258-8155.

#### **Reduce Stress!**

Enjoy your surroundings. Look better. Feel better. I will get you there and keep you there. Image Consultant/Home Office Organizing. Jon, 619-743-2845.

#### **Procrastinating?**

Spend more time looking for things than living? Clean it out and clear it up. Experienced. "At Ease" Home and Office Organization, 619-733-8139.

#### PAINTING

#### **Gonzalez Paint**

Professional. Quality. Interior/exterior. Roller, brush, spray, power wash. Texture removal and re-texture. Free estimates. New construction. Licensed. Low prices! References. 760-805-4761; 760-224-2439.

#### **Never Stucco or** Paint Again!

Lifetime warranty. Find out why we have 15,000 satisfied customers over 48 years with zero complaints to BBB and Contractors Board. Advanced Exteriors Lic#255401, Exclusive Rhino Shield Dealer, 1-888-Rhino13, 619-741-6615.

#### RRPC

Ron Rice Painting & Consulting. We are a full-service painting company with emphasis on quality and service. \$1 million liability and work comp, Lic#834038. For top quality work, call Ron, 619-208-4482.

#### **A-List Painting**

Interior/exterior. Stucco repairs, drywall/texture, power sanding, priming, sealing. Professional service, honest prices. Bonded/insured. BBB member. San Diego. Lic#B-710231/B-C-33. John, 619-665-0754.

#### **Angel Painting**

Interior painting. Unlicensed. Negotiable low rates. Honest, reliable. Call Steve, 619-

#### **PLASTERING**

#### **AC Plastering**

Interior plastering, repairs. Exterior, restucco. Custom quality work, clean, reliable. 20 plus years experience. Reasonable. Work guaranteed! Lic-694956. Arlex, 619-846-2734; 619-265-9294; pager, 619-418-5693.

#### PLUMBING

#### **Liberty Plumbing**

and drain cleaning. Great prices. All star service. Lic#863184. Insured. MC/Visa ac-cepted. 24 hour service. Mention ad re-ceive \$10 off. 619-672-0590.

#### **Bill Harper's**

Plumbing & Heating. Cash discounts! Fast response. Friendly and courteous. BBB member, repairs, repipes, fixture installa-tion, drain cleaning, all plumbing. Lic-#504044. Bill, 619-224-0586.

#### TELEPHONE SERVICE

#### **Telephone Expert**

Business/residential. Replaces AT&T. 24 years. Phone jacks, roommates, fax, computer networking, cable TV, wall-mount TVs. Professional, honest, dependable. Lic-807261. 858-452-7413; 619-992-7413.

### **COMPUTER**

#### SERVICE

### **PC/MAC Support**

Certified computer and network repair in your home or office. Hardware, software, spyware, viruses, wired/wireless networks, and printers. \$40/hour. 619-508-2286.

#### **Geek-4-Hire**

De-mystifying your personal confuser Need computer help? Give us a call Evening/weekend appointments available. Ask about special discounts! Email: geek@geek4hire.biz. 858-205-7584.

#### 50% Off Services!

Is your computer locked or running slow? Hardware/software, networks, PC tune-ups, updates, maintenance, repairs. Call Johnny On The Spot! 619-647-6248.

#### WEB DESIGN

#### **Web Design**

Illustration, graphic design, digital images, logos, cards, ads. Individual tutoring Photoshop, Dreamweaver and web development. Reasonable paul@hartworks.net. 619-269-8939.

### **BUSINESS**

#### INSURANCE SERVICES

**AIG Insurance** Change the way you think about, purchase and use life insurance. Call for a free quote. April Steffen, Life Agent. Lic-0F59061. 619-460-1836; 619-261-5911.

#### RESUMES

#### **GethiredPro.com**

15 years experience in human resources. Resume writing, cover letters, job search tips, personalized career coaching. Visit my website: www.gethiredpro.com; email: info@gethiredpro.com; call 619-807-1875.

### **FINANCIAL**

#### **CREDIT REPAIR**

#### **Credit Repair!**

Erase bad credit legally. Money back warranty, free consultation and information. 1-8 6 6 - 4 1 0 - 7 6 7 6 ; www.nationalcreditbuilders.com. (AAN

#### DEBT CONSOLIDATION

#### **Consolidate Bills**

\$2500-\$200,000. 7% average range. Good/bad credit. Solutions for all your fi-nancial needs. No application fees. Toll-free. 1-866-931-BILL (2455). www.PaylessSolutions.com. (AAN CAN)

#### **Income Tax**

Personales, negocio, contabilidad, obte-bga su ITIN. reciba su dinero en 24 horas. Prestamos para compra de casas, refinan-ciamineto, lineas de credito. Todo en un lu-gar y su idioma. 4520 University Avenue. Christopher's Income Tax. 619-993-2499.

#### TAX PREPARATION

#### **Ready Tax**

Go paperless! Pay lowest possible taxes! Mobile service available. All types of tax returns. Extensions available. \$25 new client discount. Family discounts. 858-490-9252

CHULA VISTA. \$795. 1 bedroom, 1 bath, on-site laundry and parking. All utilities included. 540 Glower Street #9. Call Krista at 619-425-5451 or Rachael at 619-804-

CHULA VISTA. \$1700. Spacious home, 3 bedroom, 2 bath. New kitchen, hardwood floors, washer/dryer hookups, appliances. Section 8 ok. Pets negotiable. 997 Helix Avenue. 619-698-6911. Goldenmanagement.com.

CHULA VISTA, \$895. 1 bedroom. Beautiful garden setting. Controlled access parking. Central vacuum. Air conditioning. No pets. 161 Fifth Avenue. TPPM, 619-420-8161.

CHULA VISTA. \$775/month. \$250 deposit. 1 bedroom, fully furnished. 2 blocks from Chula Vista Center. Off-street parking. Laundry room. Lots of trees. 521 Park Way. Office open daily (near Fifth and G). 619-420-5084.

CHULA VISTA. Large upstairs 1 bed room, 1 bath with deck, \$925. Studio, \$700. Jacuzzi, pool, laundry onsite. Lots of storage space. Assigned gated park-ing. Near all. 212 Palomar. Call 619-426-1381 or apply online at www. melroyproperties.com.

CHULA VISTA. \$925. 2 bedroom, 1 bath. Brand new paint and carpet. Very clean. Brand new paint and carpet. Very clean. Low deposit! Parking/laundry on site. Move-in special! No pets. 265 H Street. Agent, 619-820-2584.

CITY HEIGHTS. \$1300. 3 bedroom, 2 bath. Half off first month! Dishwasher, fireplace, patio, laundry. Gated parking. No pets. 4416 47th Street #1. Agent, 619-

CITY HEIGHTS. \$725. 1 bedroom. Up-stairs. Stove, refrigerator. Carpet. Gated. Assigned parking. Laundry on site. No pets. 4336 Estrella Avenue. Agent, 619-298-7724.

CITY HEIGHTS. \$1025. 2 bedroom. Gated building. Laundry. Parking. Available 4/1. 4380 Van Dyke Avenue #6. Agent, 858-

CITY HEIGHTS. \$1095. Large, upgraded 2 bedroom, 2 bath. New carpet, near all. 5450 University Avenue. Agent, 858-560-

CITY HEIGHTS. \$775. 1 bedroom. Brand new paint, carpet, gas stove, blinds! Laundry onsite. No pets. Behind 4466 Winona. Agent, 619-820-2584.

CITY HEIGHTS. \$1500-\$1750. Beautiful 2 bedroom 1-1/2 bath townhome and 3 bedroom, 2-1/2 bath apartment. Custom upgrades. Hardwood floors. Ceramic tile. upgrades. Hardwood floors. Ceramic tile. Granite countertops. Washer/dryer in unit. Totally upgraded and ready for move-in now! \$99 move-in special! We welcome pets too! 4102 Marlborough Avenue. Call Carol at 619-283-3568. sunriseliving.com. CLAIREMONT. \$870. 1 bedroom, senior complex. New paint. Clean and quiet. On bus line. Laundry. No pets. By appointment only. Call 858-735-4099 or 858-560-8362.

8302.

CLAIREMONT. Move-in special! From \$1210. 2 bedroom, 1-1/2 bath. Large, sunny townhomes. Pool. Parking. No pets. The Gardens, 5544 Balboa Arms Drive. Call 858-278-5862.

CLAIREMONT. \$200. Brand new, never lived-in. 3 bedroom, 2-1/2 bath. 1325 square feet. Townhouse-style duplex. 1-car garage plus extra parking. Gated entry. 3 units available. No pets. 4439 and 4441 Clairemont Mesa Boulevard. 619

CLAIREMONT. Free daily continental breakfast, HBO, concierge service, maid/ linen service! 6-12 month lease discounts! Furnished studios from \$395/ week; \$1195/month! Corporate housing available. Utilities included! Microwave. Mini-refrigerator. Laundry. Pool, spa. Central location. Garden surroundings. Parking. No pets. California Suites Hotel, 5415 Clairemont Mesa Boulevard. 888-5415 Clairemont Mesa Boulevard. 888-475-7147, sdreader.com/news/rent2035.

CLAIREMONT/KEARNY MESA. Wexford Manor. Large 1 and 2 bedrooms in beauweaton. Large | artio 2 bedrooms in beau-tiful complex with pool, spa, laundry, air conditioning, dishwasher. Sorry, no pets. \$995-\$1295. Photos at www. WexfordLiving.com. 7870 Stalmer Street. 858-277-4843.

CLAIREMONT/Canyon Rim. \$1750. 2 bedroom, 2 bath, 2 story condo. Fire-place, garage, all appliances, community pool. 2752 Ariane Way #113. Leasing Un-

Imited, 760-436-7273.

CLAIREMONT/MISSION BAY. "Ask about our new pet policy!" Up to \$250 off move on select units. Newly remodeled 1, 2 bedrooms. 1 bedroom starting \$1085, 2 bedrooms starting \$1300. Air conditioning. Movie theatre. Pet deposit. Pool. Coral Bay Canyon, 3309 Cowley Way. Toll free: 1-877-585-1146. www. CoralBayApartments.com. www. sdreader.com/news/rent1031.

CLAIREMONT/MISSION BAY. Ask about our new Pet Policyl 1 bedroom, 1 bath from \$1085. 2 bedroom, 1 bath from \$1300. Dishwasher, microwave. Tennis, basketball. Movie theatre, pool, gym, yoga lessons. Pet with deposit. Monday, Saturday, 9am-6pm. Sunday, 10am-5pm. Coral Bay Park, 3309 Cowley Way. www.CoralBayCanyonAndParkApart ments.com. Call: 1-877-585-1146. www

**CLAIREMONT.** \$1250. 2 bedroom duplex \$500 off first month's rent. Garage with opener, new carpets, fresh paint, private patio. No pets. 3340 Clairemont Drive

CLAIREMONT. \$875. 1 bedroom. Upstairs. Pool. Laundry. Off-street parking No pets. Close to I-163. Available now 7322 Mesa College Drive. 858-560-6204.

CLAIREMONT. \$855, studio, with full kitchen and bath and new carpet/tile. \$995, 1 bedroom. Parking. Close to everything. 5150 Balboa Arms. Call 858-

COLLEGE AREA. From \$1195. 2 bedriom, 2 bath condos. Balcony/patio. Gas stove, microwave. Central air/heat. Dish-washer. Washer/dryer hook-ups. Gated. Pet on approval. Near all/golf course. 619-285-3822.

COLLEGE AREA. \$1400. 3 bedroom, 2 bath apartment in contemporary building, central air conditioning. Security, underground parking. Year lease. 4742 Seminole Drive. Call 619-469-0031.

COLLEGE AREA, \$1050. 1 bedroom, 1 bath townhouse in contemporary building, central air conditioning. Security, underground parking, Year lease. 4742 Seminole Drive. Call 619-469-0031.

Seminole Drive. Call 619-469-0031.

COLLEGE AREA. \$100 off first month! 1 bedroom, 1 bath from \$995. Military discounts! Internet access. Gourmet kitchen. Microwave. Gas range. Air controlled access. Pool. Barbecue/picnic areas. Cat friendly. Parking. Walking distance to campus/trolley. Aztec Pacific, 6663 Montezuma Road. 1-800-433-6120. www.pacificIlving.com. www.sdreader.com/news/rent1042.

COLLEGE AREA. 1 bedrooms, \$900. Fire

COLLEGE AREA. 1 Decrooms, \$9.00. Fire-place. Central heat/sir. Microwave, dishwasher. Balcony. Gated. Intercom entry. 4828 Art Street. Agent, 619-298-7724.

COLLEGE AREA, \$1350. 2 bedroom, 2 bath, 1200 square foot condo. Dual masters, newly remodeled, wood flooring. New carpet. Dishwasher, laundry in-unit. Tonya 858-272-1234 x2415.

COLLEGE AREA. \$795. 1/2 off first month. Large 1 bedroom 1 bath, near SDSU, wood kitchen cabinets, laundry, off-street parking. Cat ok. Section 8 ok. 4644 Soria Drive #5. 619-804-3325.

COLLEGE AREA. \$850. 1 bedroom garage, laundry hookups, stove, refriger-ator, hardwood floors, fenced yard. No dogs/smoking. Available 4/1. 5611 Ade-laide. 619-583-9641.

Quit smoking for life!

SERVICES

COLLEGE AREA. \$775, 1 bedroom. Great Central location, near SDSU and all conveniences. No pets. 4333 College Avenue. Agent, 619-287-8380.

COLLEGE AREA. \$750-\$775. 1 bedroom. Near shops. Laundry room. No pets. 6769 El Cajon Boulevard. Apartments in rear courtyard. 619-464-0901.

COLLEGE AREA/TALMADGE. \$695 rent \$600 deposit. ÖAC. Large 1 bedroom apartment. Parking lot. Laundry. No pets. At 4423 Menlo Avenue #11. Agent, 619-990-5021 or 619-299-8515.

990-5021 or 619-299-8515.

COLLEGE AREA. 2 bedroom, 1-1/4 bath-room loft. All upgrades, granite countertops, stone flooring, and carpet. All appliances, new lighting, balcony, coin laundry on-site. 1 car off-street parking. Close to shopping and SDSU, \$1100.619-683-9274.6036 Estelle Street.

COLLEGE. \$950. Spacious renovated 2 bedroom, 1 bath lower-unit apartment. Off-street parking, on-site laundry. Minter from SDSU, 40128-67th. No pate that stone SDSU, 40128-67th. No pate

bedroom, 1 bath lower-unit apartment. Off-street parking, on-site laundry. Min-utes from SDSU. 4912B 67th. No pets. Move-in special. 619-565-7300, 619-980-

COLLEGE. \$875. 1 bedroom, 1 bath. Clean, quiet, secure. On-site laundry and parking. New paint! Close to all and next to a beautiful park! 4756 Seminole. Call Rachael at 619-804-1044 or Jeff at 619-713-1044.

713-1044.

\*\*CORONADO.\*\* Come home each day to a vacation paradise! Panoramic San Diego bayfront! Studios from \$995.1 bedrooms from \$1695.2 bedrooms from \$1292. Low deposits from \$300! Vacation rentals start at \$2700/month. Granite and designer cabinets throughout. Coronado Bay Ciub, 1515 Second Street. 1-888-704-3557.

\*\*www.coronadobayclub.com.\*\* www.sdreader.com/powe/grant1094.

www.coronadobayclub.com. www.sdreader.com/news/rent1094. **DEL CERRO.** 1 bedroom, \$1000. Paid cable/wireless Internet. Quiet neighborhood; near all. \$800 deposit when approved. \$15 credit check/adult. No prior evictions. 619-286-5966.

**DEL MAR.** \$1150. 1 bedroom, 1 bath, onsite parking, laundry, pool, new paint. Super area. Clean, quiet, secure. Available now. 13754 Mango Drive. Call Rachael, 619-804-1044.

DEL MAR. \$1895. 3 bedroom, 2 bath, wood floors throughout! Will not last! Onsite parking, laundry and pool. Available now. 13754 Mango Drive. Call Rachael 619.804.1044 619-804-1044.

DEL MAR. From \$1250. Studios and 1 bedrooms. Ocean views (some units). Heated pool, spa, fitness center, outdoor cook center, remote entry garages, dishwasher, microwave, more! No pets. 526 Camino Del Mar. Agent, 858-755-4721.

**DEL MAR.** One block to ocean! 2 bedrooms, \$1825-\$1895, and 3 bedroom, \$2195. 201 Fourth Street. 858-481-9585;

DEL MAR/CARMEL VALLEY. New 2 master bedroom 2 full bath condo. 5 minmaster bedroom, 2 full bath condo, 5 min utes beach. Downstairs. Stainless appli ances. Pool/spa. Pets OK. \$2100 858-353-6223. miss.hanna1@yahoo.com

DEL MAR/SOLANA BEACH. \$1185. Ask about our move-in special! Newly remod-eled studios located close to Del Mar eled studios located close to Del Mar Beaches, Cedro's Design District. Perfect for the Southern California lifestyle. Bal-conies/patios. Pool. Parking. Electricity in-cluded. Medium dogs welcome! 858-755-1466. sandpiper.rasnyder.com.

DOWNTOWN, Upgrades. 2 bedrooms both full-bathrooms, own separate pa-tio/balcony. Washer/dryer, heating/air conditioning. 2 underground parking. 1-year lease, \$1750/month, \$1750/deposit.

Available 5/01/08, 619-675-1005.

DOWNTOWN, EAST VILLAGE. \$500 off, 12 month lease! Low \$400-\$700 deposits! Studios, 1, 2, 3 bedrooms from \$1065. Near Petco Park, Gaslamp, Seaport Village! Rooftop terrace. Controlled access. Washer/dryer. Microwave. Partio/balcony. Walk-in closet. Air conditioning. Fitness center. Pets welcome. Entrada. 453 13th Street. www.entrada453.com. 1-888-809-1966. www.sdreader.com/news/rent2102.

DOWNTOWN, NORTH. \$785. Studio. Upstairs. All utilities paid. Full kitchen with stove and refrigerator. Coin laundry. No parking. Easy freeway and Downtown access. Cat OK with additional \$300 deposit. Available 3/26. 109 West Fir. 858-270-2071. Del Sol Property Management, Broker. www.delsolpm.com.

ment, Broker. www.delsolpm.com.

DOWNTOWN, NORTH. \$950.1 bedroom.
Large, upstairs. Stove, refrigerator, dishwasher. Private balcony. Elevator. Coin
laundry. Entry system. Parking. Cat OK
with additional \$300 deposit. Easy freeway access. Available 4/21. 215 West
Grape. 858-270-2071. Del Sol Property
Management, Broker. www.delsolpm.
com.

DOWNTOWN. San Diego's first hip hoste hotel. From \$49/night. From \$245/week. From \$19/bed in hostel. Free wireless Internet. Near bus/trolley. Flat screen TVs. European-style detached bathrooms. Restaurant serving breakfast, lunch and dinner. 500 West Hotel. 500 West Broadway. Toll free: 1-888-895-0875. 619-234-5252. www.500WestHotel.com, www.

DOWNTOWN/EAST VILLAGE. March move-in special! Only \$613-\$736/month with 12 month lease! Utilities included! with 12 month lease! Utilities included: Office hours: daily 8am-6pm. Near Petco Park, bus/trolley. Fully furnished. Bay/ballpark views. Underground parking. Air conditioning. Laundry. Internet. Clubhouse/library. Income qualify! Island Village. 1245 Market Street. For details, 1-800-351-0613. www.sdreader.com/news/rent/2070.

news/rent20/0.

DOWNTOWN. Studios with kitchen and bath, \$625-\$700. Single room with private bathroom, \$500-\$550. No smoking or pets. 10th and E Street. Hughes Management, 619-239-1639 x103.

**DOWNTOWN.** Comfortable rooms, \$450/ up. Studios, \$650/up. Near Gaslamp Dis-trict. Very quiet and clean. Free cable TV, trict. Very quet and clean. Free cable I V, on-site laundry, vending machines, community kitchen, shared bathrooms. Near shopping, restaurants, movie theatres and Horton Plaza. No pets. Arlington Apartments, 701 7th Avenue. Hughes Management. 619-231-2385. www.

DOWNTOWN. Cozy rooms, \$450-\$625, grab these little jewels today! Very comfortable, convenient location, historic building near C Street trolley. Choice of shared or private bathrooms. Free cable TV. on-site laundry, vending machines. modern elevator, no pets. Southern Hotel, 1159 6th Avenue at B, Hughes Management, 619-239-3808. www.sdreader.com/news/rent2099

DOWNTOWN. Economical furnished rooms, \$400-\$500, best price, save money. Conveniently located on C Street trolley line, near restaurants, free cable TV, shared bathrooms, on-site laundry facilities, vending machines, elevator service, no pets, 636 C Street (between 6th and Trh). C Street Inn, Hughes Management, 619-234-4165. www.sdreader.com/news/rent2098.

**DOWNTOWN.** Gaslamp area. Move-in special, \$280. Community kitchen, **DOWNTOWN.** dastains used in the special, \$280. Community kitchen, shared bath, on-site laundry, vending machines, no pets, Star Hotel, 522 7th Avenue. 619-235-6068. Hughes

Management.

DOWNTOWN. Outstanding furnished rooms, \$400-\$500. Heart of Gaslamp. Shared bathrooms. Community kitchen. Free cable TV. No pets. 843 4th Avenue. Windsor Hotel. 619-235-6068. Hughes Management.

DOWNTOWN. Attractive rooms. Shared bath. Utilities included! Near City College! \$400-\$59 per month. Weekly rates from \$1251 719 14th Street, Villa Victoria. Hughes Management, 619-231-2385.

DOWNTOWN. Furnished studios. From \$59/daily, from \$210/weekly rates! Ideal, affordable, short-term stays. Private bathroom, kitchenette, microwave, refrigerator, cable TV. Air conditioning, laundry, voice mail. High speed Internet. Food service daily. Near trolley/bus/freeway, Balboa Park, Gaslamp. West Park Inn, 1840 4th Avenue, www.westparkinn.com 619.

DOWNTOWN. Brand new rooms near City College. Single rooms with kitch-enettes from \$140/week plus deposit (long-term). Includes utilities/cable. Quiet, secure. Shared bath/laundry. Ho-tel Mediterranean. 619-231-8656. www.

**DOWNTOWN.** Beautiful building, new furnished rooms. Refrigerator, microwave, TV, cable. Starting at \$175 weekly. 920 Beech Street. Call 619-234-1952.

**DOWNTOWN.** \$1500. 2 bedroom, 1 bath, 1150 square feet, tiled kitchen and bath, new carpeting, washer/dryer in unit. 1 year lease. Close to all. 121 Juniper Street. Agent, 619-582-9436.

DOWNTOWN. \$800, studio; \$1300, 2 bedroom. Beautiful view of city lights! Quiet complex, gated parking, remote entry, laundry on premises. No pets. 1830 Market Street. 619-405-RENT(7368).

ment, great views, all utilities paid, near Petco Park, controlled access building. Fee. Free search at www.westsiderentals. com. 619-367-3333.

DOWNTOWN. \$750. 1 bedroom, 1 bath apartment, cat OK with deposit, hardwood floors, paid water/trash/gas. Fee. Free search at www.westsiderentals.com. 619-367-3333.

DOWNTOWN. \$1750. 2 bedrooms, 2 baths condo, 934-square-foot top-floor end unit, on-site manager, trash chute, elevators, great security. Fee. Free search at www.westsiderentals.com. 619-367-3333.

DOWNTOWN. \$2995. 3 bedroom, 3.5 bath 1500-square-foot townhouse, pet OK, central air/heat, in-unit washer/dryer, granite countertops. Fee. Free search at www.westsiderentals.com. 619-367-

**DOWNTOWN.** \$2700. Deposit \$2700. 2 bedroom, 2 bath condo. 10th floor above Petco Park. 2-car parking. Storage. Washer/dryer. Clubhouse. Balcony. No pets. Available negotiable. 427 9th Av-enue #1006. 909-645-8135. www.bkbinc.

DOWNTOWN/EAST VILLAGE. 1 bed rooms from \$725. Totally renovated. Vin-tage building. 10 blocks from water. Authentic hardwood floors. Fresh paint. New tile. New appliances. Cats OK. 619-997-1133.

DOWNTOWN/MIDDLETOWN. Newly re car garage plus 2-off-street parking Huge deck. Washer/dryer. No pets. \$1700.858-735-8593.

DOWNTOWN/LITTLE ITALY. \$800/month. Private bath, cable TV, mi-crowave, refrigerator. Utilities included. Secure, quiet, charming. Efficiency apart-ments with laundry. Near trolley/bus lines, blocks from harbor. On-site manager. Villa Caterina, 1654 Columbia Street. 619-23-23-00.

232-3400.

DOWNTOWN/LITTLE ITALY. Great loca1-1/2 hadroom 1-1/2 haths lofts \$1750. ion! I bedroom, 1-1/2 baths lotts \$1750. Banker's Hill, 2 bedroom with washer/dryer \$1650. Available now. Call

DOWNTOWN/LITTLE ITALY. Bright corner studio, \$895. 1 bedroom \$1,095. 1 bedroom rooftop penthouse \$1,395. 9 ceilings. Secure, quiet, building with laundry. 1534 Front, near Beech. 619-233-

7428.

DOWNTOWN/GASLAMP. \$99 moves you in! Live/work lofts. Penthouse, 1546 square feet, eement floor, \$2425. Loft, 1463 square feet, cement floor, \$2425. Loft, 1163 square feet, carpeted, \$1720. Pets OK, parking available, keyless entry system, laundry facility, high speed Internet capability, central air/heat, high ceillings. Penthouse extras: granite kitchen countertops, Brazilian cherry wood floors, stainless steel apolliances. 9 French stainless steel appliances, 9 French doors. Toll free: 1-888-241-3523. www. sdreader.com/news/rent2145.

DOWNTOWN/LITTLE ITALY, \$2795. New Aperture condo. Large 2 bedroom, 2 bath. 2 parking spaces. Storage. Hard-wood floors. Huge windows. 1494 Union Street. 619-469-7790. www. westmanproperties.com.

DOWNTOWN/Heart of Gaslamp. \$1800.

1 bedroom condo, furnished or unfurnished. Top floor with city view, pool, gym, parking, full-size washer/dryer in unit. Small dog ok. 450 J Street. 619-281-4698

DOWNTOWN/EAST VILLAGE. \$1995 Seasonal special: \$250 off first month's rent with leasel 2 bedroom, 2 bath condo. Blocks from Petco Park. Scenic court unit has 2 secure parking spots. Granite countertops, washer/dryer, air conditioning, storage unit are part of this rental's benefits. No pets. 619-698-5686.

DOWN/GASLAMP. Las Flores Hotel. Small, quiet. \$125/week and up. Fourweek minimum. Color TV with basic cable. Refrigerator in most rooms. Secure \$41.225 629.

DOWNTOWN/GASLAMP, Move-in Spe cials. Live/Work Lofts in the heart of The Gaslamp! Roof decks with barbecue. Laundry on every floor. Parking available. Seven locations Downtown. Select pets OK. Visit loft leasing office: 315 Fourth Avenue. 619-231-1505 x12. www.trilogymanagement.com. Also visit www.sdreader.com/news/rent2064.

DOWNTOWN/SHERMAN HEIGHTS. 2 dated, lots of windows, views of Coronado bridge, bay, downtown. Must see! 408 21st #4. \$1100/month. 619-992-3495.

EAST SAN DIEGO. \$695. Furnished studio alcove apartment. Complete living room, bedroom and kitchen furniture. No SDG&E deposit or hook-up fee required. Near 52nd and University. 5101 Towle Court. Close to SDSU. Laundry room. Off-street parking. Low \$300 deposit. 619-281.9451

281-3451.

EL CAJON. \$900/up. 2 bedroom, 1 and 2 stories. Amenities. Pool, park-like grounds, parking. Near town, shops, bus. 743 South Magnolia Avenue. Call 619-579-0174, 619-464-1818.

EL CAJON. Cajon Villas. \$800, 1 bed-room. \$1325, 3 bedroom. Pool. Parking. Air conditioning. No pets. 933 Peach Av-enue. 619-447-9193.

EL CAJON. \$700. 1 bedroom apartment. Downstairs. New carpet, paint. Assigned parking. Laundry. No pets. Available now. 506 Emerald Avenue #6. Agent, 858-514-

EL CAJON. \$705. 1 bedroom. El Cajon's best maintained property with beautiful courtyard and sparkling pool. No pets. 1072 East Madison Avenue. TPPM, 619-444-1614. www.fourwindsapts.info

EL CAJON. \$695. 1 bedroom. Fabulous pool/courtyard complex. Super clean apartments. No pets. \$895 moves you in! 314 Wisconsin Street. TPPM, 619-742-7600. www.palmestates.info.

EL CAJON. \$705. 1 bedroom. Open Saturday, 12-3pm. Beautifully maintained apartments with sparkling pool. No pets. 234 West Park Avenue. TPPM, 619-850www.palmtowers.com.

9722. www.palmtowers.com.

EL CAJON. \$1095. 2 bedroom, 1-1/2 bath townhouse with back yard. Now offering 1/2 month free, first month.! \$1000 security deposit can be paid in 2 installments (\$997.50 to move in with good credit). Central air conditioning/heating. Cat ok with \$300 deposit. No dogs. 2 parking spaces/laundry on site. Credit check (\$25). Drug free apartments. 1236 Persimmon Avenue. 619-938-3242.

EL CAJON. 1 bedroom, \$800. Large 2 bedroom, 1 bath, \$900. Great amenities, air conditioning, laundry on-site, pool, recreation room, parking. Lushly land-scaped. No pets. 294 Ballantyne. 619-324,7934.

So4-1934. ENCINITAS. Treat yourself to this elegantly furnished 1 bedroom at Moonlight Beach. Walk to shops, restaurants, Coaster. Gourmet kitchen, washer/dryer, dishes, linens. \$1995/month. 760-753-4101.

ENCINITAS. \$850 & up. Sick of room-mates? Cozy beach trailers in quiet park. Near beach, Coaster, restaurants, shops, 152 North Coast, Highway 101, 760-753-

**ENCINITAS.** \$1175, 1 bedroom. \$1410, 2 bedroom, 2 bath. Patio. Small complex. Assigned parking, laundry. New paint. Bright and airy. Garden setting. 1-1/2 blocks to beach. Close to shopping, free-way, Coaster. No pets/smoking. 760-929-

ESCONDIDO. \$895-\$1695. Tired of apartment living? Beautiful 1, 2, & 3 bedroom manufactured homes offer spectacular hilltop views. Full-sized washer/dryer, some small yards. Peaceful community, sorry no pets. 1924 Sheridan Avenue. 760-745-1677.

/60-745-16//.

ESCONDIDO. 2 bedrooms, \$1050. Pool, jacuzzi, club, barbecue, park. Air conditioning, laundry. Open house saturday, 10am-4pm. 1960 East Grand Avenue. Call 760-489-6932. www. melroyproperties.com.

ESCONDIDO. Call for specials! Spacious 1 bedrooms from \$395, deposit \$400. 2 bedrooms from \$995, deposit \$500. Great floor plan. Pool, spa. Covered parking. Laundry. RV parking. Cats are welcome. 640 West Lincoln Street. 760-489-8989.

FASHION VALLEY. \$1250 rent. \$600 deposit, OAC. 2 bedroom, 2 bath. Parking. Laundry. No pets. At 1330 Eureka Street #29. 619-298-5820.

FASHION VALLEY, 2 bedroom, 2 bath condo, 2 walk-in closets, central heat/air, balcony, pools, tennis, clubhouse. Cat OK. Year lease. \$1650. 619-701-3549.

FASHION VALLEY/USD. \$1200. 2 bed-

#### • 85% success rate • Totally pain-free low-level laser technology used in Canada and Europe for 30 years • Most smokers need just one treatment with a free 3-day follow-up booster to be smoke-free • You will have a feeling of well-being that fights cravings normally associated with nicotine withdrawal

Call **877-600-5222** to schedule an appointment or visit us on the Web at www.matrixlasercenters.com.

#### SPRING SPECIALS

Your choice:

3 Microdermabrasions or 3 European facials **\$99** 

**Brazilian/Bikini Wax** with blue hard wax 1/2 off

New customers. Offers expire 4/3/08. Gift certificates available.

4411 Mercury St. #109 • 858-278-2786 Kearny Mesa (up close to 163 Freeway) Open Mon.-Sat. • Sunday by appointment only

**Evelash Extension** 

**\$35** (lasts up to 2 wks.) **\$99** (lasts up to 6 wks.)

Mole Removal

Sun and age spots, skin tags and warts.



GOLDEN HILL. Spacious 2 bedroom, 2 bath. Upper, quiet. Bright, dishwasher, vaulted ceilings. Patio. Laundry. No dogs. Nonsmoking. Free hi-speed Internet.

GOLDEN HILL/DOWNTOWN. \$975. 1 bedroom, 1 bath atop beautiful Victorian. Own private entrance. New paint. Shared yard. Laundry onsite. No pets. Call Loren,

GOLDEN HILL. Executive condo. 2 bed-GOLDEN HILL. EXECUTIVE CONDO, 2 DEG-room, 2 bath furnished. Large, remodeled with hardwood floors and cherry cabi-netry. Courtyard. Laundry. Parking. Near downtown/Petco Park/Gaslamp. Close to freeways. \$2500. Ramiro, 619-232-9489. GOLDEN HILL. \$1595. 3 bedroom, 1 bath

townhome. Contemporary setting, newly remodeled, 1300 square feet. 2 minutes to Downtown. Garage. Laundry facility. Security entry. 619-247-7327.

**GOLDEN HILL,** (2) Charming 1 bedroom, 1 bath \$775. Hardwood floors. Great neighborhood, laundry on-site. Available now. No dogs. 2427 E Street. 619-857-3706.

GOLDEN HILL Balboa Park. \$1290. Gorpound with the salboa Park, \$1290, Gor-jeous 1 bedroom condo, balcony over-looking Balboa Park Golf Course. Panoramic view. Cathedral ceiling, fire-place, attic storage, light/airy. Washer/ dryer. Covered, underground parking and hot water included. One year lease required; 2 year rent guarantee. Harvey, 619-233-1301.

619-233-1301.

GOLDEN HILL/DOWNTOWN. Up to \$250 off! 1 bedrooms from \$1120. 2 bedroom, 2 bath, starting \$1405. Views. Controlled access. Washer/dryer in unit. Dishwasher. Refrigerator. Stove/range. Microwave. Central air. Rooftop deck. Spa. Outdoor barbecue lounge. Underground parking. Pet friendly! Military special, up to 1/2 month off! Golden Pacific, 1015. 19th. Street. 1-800-433-6156. www. pacificliving.com. www.sdreader.com/

GOLDEN HILL. \$790. 1 bedroom apartment. Cathedral ceiling. Small complex. Quiet. Gated. Laundry. No pets. Near city college. Off-street parking. 2840 B Street. 619-435-0387.

GOLDEN HILL. \$800. 1 bedroom apartment in small garden complex. Hardwood floors, remodeled kitchen. Balboa Park/golf course is your backyard. 619-

GOLDEN HILL, 3 bedroom 1 bath. Ocean/Downtown views, in beautiful Victorian house. Top unit, remodeled, \$1500, plus deposit. Utilities included. 2475 G

HILLCREST, \$1600. Condo, 2 bedroom, 2 1/2 bath. Garage, washer/dryer, fire-place, dishwasher. Quiet complex. Non-smoking. Available May 1, 2008. Call for appointment, 858-488-2424.

HILLCREST, UPTOWN. \$1175. 2 bed-TILLORESI, UPIUWN. \$11/5. 2 bed-room, 1-1/2 bath, balcony with beautiful view. New paint and carpet. Walk-in closet. Corner/end unit. Parkding and laundry onsite. No pets. Move-in special! 3620 Georgia Street. Agent, 619-820-2584.

HILLCREST. \$875. 1 bedroom cottage, covered parking, small 320 square feet, walk to Balboa Park. No pets and no

Royal

Spa

\$20 Off 1-hour

**Oriental Massage** 

1-hour massage includes

your choice of hot tub.

lacuzzi or table shower.

6124 University Avenue

(At College, parking in rear)

# **Free Classifieds!**

smoking please. Reference check required. 619-295-8063.

quired. 619-295-8063.

HILLCREST. \$200/week and up. Refrigerators, cable TV and HBO. Embassy Hotel, 3645 Park Boulevard. 619-296-3141.

HILLCREST. Bright 2 bedroom, 1 bath. Hardwood floors, completely remodeled, washer/dryer. Large deck, enclosed yard. Pets OK. Great location! Near shopping. \$1495/month. 619-549-4999.

yard. Pets OK. Great location! Near shopping. \$1495/month. 619-549-4959.

\*\*HILLCREST.\*\* Quiet deluxe 2 bedroom, 2 bath, \$1250. Gated, fireplace. All appliances, washer/dryer, skylight, patio, 2 parking spaces. Cats OK. No smoking facility. 3680 Alabama Street. Available now. 619-269-5237.

HILLCREST. Spacious 1 and 2 bed-rooms! Berber carpet, fireplace, spa-gym, intercom, elevator. Sorry, no pets Hillcrest Summit, 4134 4th Avenue. See photos at www.WexfordLiving.com. 619-299-0047.

HILLCREST. \$725. 1 bedroom, upper. Lots of windows. Hardwood floors. No pets. 4040-1/2 Centre Street. Agent, 619-298-7724.

HILLCREST. Available now. 1 bedroom in charming, old-fashioned building, \$900. Corner unit. Hardwood floors. 9-foot ceilings. Bay window. Stove, refrigerator, laundry facility. Near shopping and 163. No pets. 619-298-3229.

HILLCREST. 2 bedroom, 1 bath, \$1375. Pool, canyon view. Close to all. Rec room. Cat OK. Sleepy Hollow Apartments, 4201 Sixth Avenue. 619-298-1059.

HILLCREST. 1/2 off first month! \$1025, 1 bedroom, patio. \$1175, 2 bedroom, balcony. New carpet. Garage available. Ceiling fan, microwave. Gated entry. Lush garden setting. Laundry. No pets. 3914 Centre. 619-501-8447, 619-787-1519.

HILLCREST. \$1495. 2 bedroom, 2 bath. Balcony. Canyon view. Pool. Laundry. Parking. Small pets welcome! 4053 8th Avenue. 619-297-0269.

HILLCREST. Hillcrest Palms. Senior com plex, 55+. \$900. 1 bedroom apartments. Gated community. Convenient location. Near hospitals, restaurants, shopping. No pets. 4042 Albatross Street. 619-574-

HILLCREST. 1/2 off first month. Two large studios starting at \$795. Wood floors, full

studios starting at \$/95. Wood floors, full kitchens, spacious closests, some with patio, blocks from Balboa Park. Cat ok. 2271 4th Avenue. 619-602-7080.

HILLCREST. \$1150. 1/2 off first month. Large 1 bedroom, 1 bath with view, large closets, appliances, wood floors, laundry on-site, gated, pets ok. 2311 4th Avenue #37. 619-804-3325.

HILLCREST. Huge remodeled 2 bedroom plus den/office, 1 bath, vaulted ceilings, balcony. All new items: hardwood floors, maple cabinets, granite counters, stain-less sink/faucets, ceramic tile, vinyl windows. 1 parking, laundry. No pets. 3828 Third/Robinson. \$1625. 619-295-7113.

Ihird/Robinson. \$1625. 619-295-7113. HILLCREST. Remodeled luxury with garage! All redone granite countertops, stainless steel appliances, maple wood cabinetry. Community sundeck courtyard with water-wall. 1 bedroom, \$1295/month. Month to month. Lease option available. 4077 3rd Avenue. Sorry, no pets. Call Nicol at 619-807-7053.

MILLCREST. Newly remodeled, pool, washer/dryer. Month to month. Barbecue, clubhouse featuring a pool table, flat screen TVs and bar, Granite countertops, stainless steel appliances, maple wood cabinety and large storage rooms. Large to bedroom, 1 bath \$1495/month. Sorry, no pets. Lease option available. 1030 Robinson Awanus San Diego. Call Nicol no pets. Lease option available. 1030 Robinson Avenue, San Diego. Call Nicol

at 619-807-7053.

HILLCREST. Newly remodeled, pool, washer/dryer. Month to month. Barbecue, clubhouse featuring a pool table, flat screen TVs and bar. Granite countertops, stainless steel appliances, maple wood cabinetry and large storage rooms. 2 bedroom, 2 bath \$1795/month. Sorry, no pets. Lease option available. 1030 Robinson Avenue, San Diego. Call Nicol at 619-807-7053.

son Avenue, San Diego. Call Nicol at 619-807-7053.

HILLCREST. \$950. Pristine studio with parking. Come and enjoy Hillcrest living at its best in the beautifully remodeled Park Towers Building. Our studios unit's have gone through an extensive remodel in excess of 20K. Full ceramic tile countertops. Maple cabinets, bartop dining area, range and refrigerator included. Italian ceramic tile floors with granite accents. Crown moldings, ceiling fan, lots of closet space, built in murphy bed and dresser. Full tile bathroom. All new fixtures and window treatments. Property features a pool, gated access with intercom, off street parking and on site laundry. \$700 deposit and 1 year lease required. Available for early April move in 3563 Sixth Avenue at Upas. Cats are ok. Call the manager at 619-542-0377. scott@hendershawandassociates.com

HILLCREST. 1 bedrooms. \$995. Great location, quiet area. Off-street parking, laundry. Cat OK. 4166 4th Avenue. 619-298-7868. hilltopterrace.rasnyder.com.

HILLCREST. \$950. 1 bedroom, 1 bath, built-in bookshelf, laundry on site, cozy dining area. Large bedroom. 1224 Pennsylvania Avenue #4. www.centrecity.net. 619-296-6699.

619-296-6699.

\*\*HILLCREST. \$1025. Studio. Ready 3/15/08. Cute and cozy studio apartment home. Beautiful custom tile in kitchen, hardwood floors, custom fixtures, unique claw foot tub and pedestal sink. 3808-1/2 3rd Avenue. Call 858-571-1970. sunrise-living acm.

HILLCREST/BANKER'S HILL. Spacious 1 bedroom, \$1135. Balcony. Floor to ceiling windows. Assigned parking. Pool. On-site laundry. No pets. 111 West Pennsylvania Avenue. 619-298-3225.

HILLCREST/UNIVERSITY HEIGHTS. pariou. I bedroom duplex, west of park Boulevard. Parking. Walk-in closets. Up-graded bath/kitchen. New appliances. Fenced yards. No dogs. 619-276-4308.

HILLCREST/UPTOWN. \$1595. 2 bedroom, 2 bath condo. Renovated. Pool. Parking. Patio. Air conditioning. 1270 Cleveland Avenue. Xilarent.com. 619-

HILLCREST/BANKER'S HILL. \$1550 THE STANKER'S HILL. \$1550 rent, \$1400 deposit 2 bedroom, 2 bath. Stove, refrigerator, carpet, blinds, air conditioning, balcony with view, assigned parking, laundry facilities. Sorry no pets. 2980 1st Avenue #2B. Available 3/25. Call Ed, 858-897-6100.

IMPERIAL BEACH. \$1375-\$1525. Newly remodeled 2 bedroom, 1-1/2 bath condos. Steps to beach. Heated pool, views. All appliances. 1111 Seacoast #2, #20, and #35. Agent Bill, 619-823-1674.

IMPERIAL BEACH. Life's a beach! \$825 studio, \$1250 2 bedroom. Quiet, clean and nice. 777 Seacoast Drive, across the street from Imperial Beach. 858-277-8855, lason.

KEARNY MESA. Move-in special. 2 bed-REARNY MESA. Move-in special. 2 bec-room, 2 bathroom townhome with office/ den in beautiful Villagio Complex. Up-graded carpet/wood floors, fireplace. Sunny kitchen with GE appliances, stack washer/dryer, custom plantation shutters and great storage. Central A/C and heat. Master suite with double closets. 2 car grades with remote. Close to shopping. garage with remote. Close to shopping, freeway, 10 minutes to downtown. 7619 Family Circle. \$1895. Available now. 619-683-9274.

KENSINGTON. \$1450. 2 bedroom, 1 bath. First floor in beautiful Spanish 2-story home. Hardwood floors, fireplace, back-yard, off-street parking, coin laundry, water/gardener paid. 619-886-4410.

KENSINGTON. \$1295. Extra large 2 bedrooms, 2 bathrooms, skylights, fully equipped kitchen. coin laundry, off-street parking. Easy freeway access. No pets. Call 858-456-2098.

La COSTA. \$1275. Early move-in speciall Large 2 bedroom, 2 bath. End unit. Patios. Fireplace. New hardwood/paint/stove. Parking. Laundry. No pets. 626-532-6005, 858-481-3182.

LA COSTA/CARLSBAD. \$1200. 2 bedroom, 2 bath. Move-in special with lease. Cats OK. Assigned parking. Quiet street off of La Costa Avenue. 760-943-7590.

LA COSTA/Navarra Gardens. \$1450. 2 bedroom, 2 bath, golf course view, under-ground parking, community laundry room, pool, spa. 2507 Navarra #104. Leasing Unlimited, 760-436-7273.

LA JOLLA, SOUTH. Luxury 1 and 2 bedrooms starting at \$1540. Steps to beach. Balcony, pool, spa, views, controlled access. No pets. Nonsmoking. Office at

5060 La Jolla Boulevard. Open Mon-day-Saturday, 9am-5pm or call TPPM, 858-483-7412 for information. www.casadelmar.info.

Post free online

ads with photos at SDReader.com

LA JOLLA/UCSD. \$500 off! \$1475. 2 bedroom, 1 bath. \$500 deposit. New carpet. Balcony. Near shops. No pets. 8849 Villa La Jolla Drive. 858-457-4509.

LA JOLLA. Village Studio. \$1375. Split level: living, kitchen, balcony below, bedroom, bathroom, walk-in closet above. Gated entries, secure garage parking. Call Jeff. 760-522-8735. LA JOLLA. Studio. Amazing location. One block to Starbucks, beach and bus.

block to standards, beach and services Prospect Street. Kitchen with appliances Walk-in closet, laundry. \$1195-\$1450, includes utilities. 858-336-0252. LA JOLLA. \$1400. 2 bedroom, 1 bath apartment. Stove, refrigerator, window treatment, dishwasher. Off street parking for 1 car. Nonsmoking/no pets. 858-454-

LA JOLLA. 2 bedroom, 2 bath condo. 2-car garage. Washer/dryer. All appliances. Near park, UCSD, transit, Trader Joe's. 3327 Caminito Gandara. \$1750. 858-481-

LA JOLLA. \$1000. Large studio, full bath room and kitchen with dining area. Great closet space. 396 Kolmar Way #5. www.centrecity.net. 619-296-6699.

LA JOLLA. Tri-level townhouse with attached garage near beaches/shops. 1 bedroom with study loft, recent remode with all appliances, pool/jacuzzi. \$1595.

with all appliances, pool/jacuzzi. \$1595. 214-500-8349.

LA JOLLA. \$1350. Large 2 bedroom, 1 bath condo, wood floors, large private balcony, storage covered parking, pool, gym. Near UCSD. 3162 Via Allicante Street. 619-384-9219.

LA JOLLA. \$2195. 2 bedroom, 2 bath, one-level condo with view of ocean: 300+ square feet. Balconies. Laundry in complex. Parking. Birdrock area. No pets. Call Coldwell Banker Property Management, 858-488-2228.

LA JOLLA. \$1195. Large studio with laundry near UCSD. Parking. Pool. Great location. No pets. Call Coldwell Banker Property Management, 858-488-2228.

LA JOLLA. Studio available now. Fully

LA JOLLA. Studio available now. Fully

LA JOLLA. Studio available now. Fully renovated. Parking and all appliances including washer/dryer. Walk to beach. 935 Genter Street. \$1250. 619-334-6781. www.apartmentfindersandiego.com.

LA JOLLA. Beautiful 2 bedroom, 2 bath condo in the Regents La Jolla community. Great location! \$2050/month. 1063 square feet. Balcony, central heating and air. 2-car garage. Agent, 619-471-2201.

LA JOLLA/BIRD ROCK. Quaint cottage. Charming 1 bedroom, 1 bath plus den

LA JOLLA/UTC. \$1645. 2 bedroom, 2 bath apartment, 2-car parking included, pool, Jacuzzi, sauna, business center. Fee. Free search at www.westsiderentals.

com. 619-367-3333.

A JOLLA/UTC. \$1300. 1 bedroom, 1 bath condo, ask about lease terms, approximately 500 square feet. Fee. Free search at www.westsiderentals.com. 619-367-3333.

starting at \$1650. Includes granite countertops, hardwood floors, designer lighting and accent wall colors. Close to beach. Laundry facility. Off-street parking. Cat OK. Walking distance to the village. Toll free: 1-800-490-6372. www.

36/-3333.

A JOLLA/UTC. \$2300/month. 3 bedroom, 2-1/2 bath. This is a great furnished townhome conveniently located in the University Town Center near shops, restaurants and freenear shops, restaurants and free-ways. Light and bright with approxi-mately 1900 square feet of living space. 2-car garage. Laundry and all appliances. Available immediately. Alta Vista Properties, 858-274-3600. www.altavistamanagement.com. LA MESA. \$900, 1 bedroom, deposit \$450. \$1125, 2 bedroom, \$500 de-posit. Dishwasher. Carport. Storage. Pool. Gated. No pets. Barbecues. 5435 Morengo Avenue. 619-698-7926. villaknollsapts.com.

LA MESA. \$795 rent. \$600 deposit, OAC. Large 1 bedroom detached cottage. Open daily 3:30-6pm. No pets. At 4859 Jessie Street (east of 73rd). 619-299-

LA MESA. \$950. Large, newly remodeled bedroom condo plus den. 800 square feet. Assigned parking. Storage. Gated. New carpet/paint. No pets/smoking. 619-417-6735.

LA MESA. \$950. 2 bedroom, 1 bath, remodeled interior. Clean, quiet, secure. On-site laundry and parking. Close to freeways and SDSU. This one is good! Available now. If you can find one better rent it! 7240 El Cajon Boulevard #22. Rachael, 619-804-1044 or Jeff, 619-713-

1044.

LA MESA. \$1495. 2 bedroom, 2 bath. Charming condo. La Mesa Racquet n' Swim Club. Granite counters. Laminate flooring. Modern appliances. Tile back splash. Views. 858-598-1111.

LA MESA. \$945-\$975. 1 bedroom. Half off first month's rent! Free credit check. Pool, saunas. Off-street parking. On-site laundry. Close to downtown La Mesa, trolley, shops and freeways. Cats welcome. Crestview Apartments, 4515 3rd Street. 619-465-9934.

619-465-9934.

LA MESA. \$795 includes utilities. Spacious studio, private bedroom area, patio, newer carpet, barbecue area. Garage included. Call 619-462-1550.

LA MESA. \$865. Village area 1 bedroom, upper unit available in great location. Lots of storage, ceiling fan, water and trash paid. Off street parking, on-site laundry. 8276 Orchard Avenue. 619-838-0386 or 619-460-8011.

#### SERVICES

Must mention coupon when making appointment. Expires 3/31/08.

#### Yoshi Massage

619.229.0509 Lic. #2007026557

#### **Pacific Beach**

\$10 Off

**Oriental Spa** & Hot Tub 858-274-5371

1943 Grand Ave. 9 am-10 pm • 7 days

## grand opening

## Escondido Spa

Oriental massage

table shower & shampoo, Jacuzzi 30-minute massage \$4900

255 North Ash, Suite 107, Escondido 760-743-1421 7 days 9 am-9 pm Lic. #162163

255 N. Ash Street

### COMPLIMENTARY **DESIGNER HAIRCUT**

with purchase of any highlight or lowlight service. (New clients only. Expires 4/30/08.)

or 50% Off

SHARI

Specializing in color & Paul Brown relaxers Precision haircuts BY APPT.: 619-742-3888

> SALON D2 1295 W. Morena Blvd. San Diego

#### **Tropical** Oriental Spa **Grand Opening!** \$20 off

1-hr. massage Deep Tissue · Philippine Shiatsu · Swedish

5837 Mission Gorge Rd., Ste. C (Parking available in

Mandarin Restaurant lot) 7 days 9:30 am-10:30 pm 619-563-0993 Lic. #008700

# DENTA **IMPLAN**

**Free Consultation/Exam Lifetime Warranty** 

> Call Dr. D. George Oates: 858-273-9435



for people of all ages. No synthetics, animal fats, waxes,

glycolic acids or perfumes. <u>Heals</u> the skin, not seals it.

### Non-Fluid **Inch Loss Try Our Body**

Contour Wraps! • For Men & Women

• Tones & Tightens

• Improves Skin Texture

**\$52/One Wrap** (Reg. \$65) **\$130/Three Wraps** (Reg. \$195)

First-time clients only.

KARIE HAYDEN 975 Hornblend #D • Pacific Beach 858-581-3321 www.kariehayden.net



of the best massages by professional staff!

**lacuzzi Shower** 

Open seven days 9 am-9 pm. Walk-ins welcome. 760-738-9553 829 S. Escondido Blvd., 92025 15 FWY Corner of 9th & Escondido License #152498



San Diego *Reader* March 20,

\$10 Off Any

Massage Must bring ad.

Jacuzzi & Hot Tub

Dry & Steam Sauna

Mon.-Sat. 9 am-9 pm Sun. Noon-9 pm Credit cards accepted.

SUNSET

Acupressure

Massage

THE TOUCH OF THE ORIENT

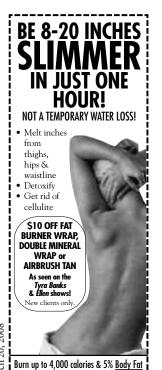
1911 SUNSET DRIVE

760-735-8850

Lic. #140248

lic #1993010519

#### SERVICES



in 1 treatment w/French Sudatonic.

**SUDDENLY** 

**SLIMMER** 

**THE** Body Wrap

www.suddenlyslimmer.net

858-551-5196

\$10 OFF 1-HOUR MASSAGE or \$5 off 1/2-hour With ad. Through 4/3/08. All types of massage

Table shampoo • Jacuzzi Shanghai ACUPRESSURE

**CLOSE TO LA MESA & EL CAJON** 6957 El Cajon Blvd., Suite 104 (at 70th Street) 619-463-3677

**JAPANESE** 

**STRAIGHT** 

Permanent silky-smooth,

reconditioning specialists.

Free consultation! Call:

Deb. 619.889.7774

**EXPERIENCED** 

www.japanesestraightperm.com

Hotel Circle North

Carole, 619.295.5796

damage-free hair. Thermal

PERM

**LA MESA.** \$850. 1 bedroom, 1 bath. Parking, pool, laundry, yard. Cat OK. 4905 73rd Street. Call 619-697-8458. LA MESA. \$795, studio. \$1050, 1 bedroom. Lease month-to-month. Garage, laundry on-site. Cat OK with additional deposit. 5027 Guava. Call Charlene, 619-

**LA MESA.** \$1250. 2 bedroom, 2 bath condo. Near SDSU. Large upstairs unit.

r conditioning, balcony, pool. Laundry. its of storage. 6775 Alvarado Road #23. 9-698-6911. goldenmanagement.com.

LA MESA. \$500 off 1st month! \$1850. 3 bedroom, 2-1/2 bath. 2-car garage. Beautiful 3 story townhome in quiet area. Balcony on each floor. Fireplace. Hardwood floors. Washer/dryer hookup. Washer/dryer hookup. 5193 68th. 619-793-4010.

LA MESA. 3 bedroom, 2 bath, 1100 square feet, beautifully refurbished, air conditioning, pool, parking. 24-hour laundry room. \$1425. No Section 8/dogs. 619-

404-055/.

AMESA. Cozy 3 bedroom 2 bath house.
2-car garage. Private fenced yard. Fire-place. Hardwood floors. Quiet neighbor-hood. \$1950 includes gardener. Leave message, 619-749-4578.

ruessage, 619-749-4578.

LA MESA. Mellmanor Apartments. \$920/
up, 1 bedroom. \$1220/up, 2 bedroom.
Across Grossmont Center, trolley,
Costco. Quiet, spacious units. Pools.
8750 Mellmanor Drive. 619-461-1940.

LA MESA. Very large apartment homes in a lush garden complex. Lots of closet space. Near shopping and public transportation. 1 bedroom, 1 bath \$925, 2 bedroom, 2 bath \$1125-\$1200. Community pool, laundry, covered parking. 619-697-3285. For photo, floor plans, map and di-rections, see website: www.sdreader. com/news/rent1035.

LA MESA, Villa Morocco, 1 bedrooms \$890/up. 2 bedroom townhouse, \$1200. Spacious. Near Grossmont Center. Great neighborhood. Convenient to all! 5545 Morro Way. 619-985-3500.

NOUTO WAY. 019-985-3500.

LA MESA/CASA DE ORO. 1 bedrooms, \$945-\$995. 2 bedroom, 2 bath, \$1195. 3 bedroom, 2 bath, \$1325. Air/heat. Huge patios/balconies. Gated access and parking. Small pet OK. Elegant, sculptured courtyards with flower gardens, fountains, gas lamps, park benches. Charming, New Orleans ambiance. 3903 Conrad Drive. 866-894-6343. www.sdreader.com/news/rent1017

LA MESA/FLETCHER PARKWAY, Super spacious 1 bedrooms, \$995. \$250 move-n incentive. Award winning community Pool and spa. Great location. No pets. Open Saturday, 9am-5:30pm. 5500 Morro Way. TPPM, 619-884-7900; www.

LAKE MURRAY. SMOKE TREE. \$2050. 3 bedroom, 2.5 bath 1700+-square-foot condo, 2-car garage, pool, close to free-way/SDSU. Quiet complex, some view. A&P Realty 619-425-4555.

**LAKESIDE** for rent. Cottage/mobile home, 55+ community, 1 bedroom, 1 bath, \$777/month. Pool, clubhouse, laundry room. Available now. 619-443-3600.

LAKESIDE. \$975/up. 2 bedrooms and 3 bedrooms, 1 bath. Off-street parking. Fenced yard. Air. Appliances. Newer upgrades. Section 8 OK. 619-449-6153.

LAKESIDE. \$750. 1 bedroom. 1 bath. Spacious. Laundry, parking. Available 3/15. 12718 Mapleview Avenue #3. www.cethron.com. 619-295-1100.

**LEMON GROVE.** \$833. Extra-large studio. 576 square feet. Newly remodeled. Ample parking. Fenced yard. Laundry

Hot Baths/Body Scrubs

All Types of Massage

Oriental #1 Spa

3134 El Cajon Boulevard

619-563-7949

(1 block west of 805)

Free parking in back

Open 7 days 10 am-11 pm License #16467

型

Microdermabrasion

only \$45

Yonka of Paris Facials,

Rhonda Allison Peels, Microdermabrasion.

Body Wraps, Sunless

Tanning, Foot Treatments,

Waxing–Brazilian & Bikini

975 Hornblend, Ste. E

858-274-6989

www.inner-balance.com

hookups. Water/trash paid. Pet considered. 8349 Palm. 619-403-3713.

EMON GROVE. \$399 Paim. 619-403-3713.

LEMON GROVE. \$1395. 3 bedroom, 2 bath. Ground floor, patio, new paint. Onsite laundry includes 2 washers and 2 dryers for this 6-unit complex. Super clean, quiet and secure. Secure tuck-under parking. If you can find one better; rent it. 3262 Buena Vista #2. Rachael, 619-804-1044 or Jeff 619-713-1044.

LEMON GROVE. \$800.1 bedroom. 1

LEMON GROVE. \$800. 1 bedroom, 1 bath. Nice, spacious, upstairs unit. Close to all. Laundry. Small backyard. Available now. 3320 Vista Avenue #7. www.cethron.com. 619-295-1100.

LEMON GROVE. 2 bedroom, 1-1/2 bath. Dishwasher. Patio. Laundry on site. \$1250. 7165 Central Avenue. Call 619-697-8458.

LINDA VISTA. \$685-\$1200. Studios with utilities included, 2 bedrooms, 3 bed-rooms. Laundry, gated parking. \$400-\$800 deposits! No pets. Astro Vista Apartments, 2249 Ulric Street. 858-565-

LINDA VISTA. Call now for a special! 2 bedroom, 1 bath townhouses, \$1075 and \$1150. Single level 2 bedroom, \$1125. Backyard, assigned parking, hardwood floors. No pets please. Office at 2451 Ulric Street. 619-249-9585.

ric Street. 619-249-9585.

LINDA VISTA. \$945. Lower, 2 bedroom, 1 bath, enclosed patio, parking, No pets. 6752 Kelly Street. 619-281-4698.

LITTLE ITALY, \$1490. Furnished live/work toft, 633 square feet. Washer/dryer. Central air, fenced patio. First/last months rent. Craig, Avent Property Management, 858-401-0557

858-401-0557.

MIRA MESA. \$895. Upper 1 bedroom,1 bath, great location, lots of cabinets, walk-in closet, laundry, off-street parking. Small pets, section 8 ok. 8767 Mira Mesa Boulevard #8. 619-804-3325.

MISSION BEACH. On the boardwalk! Newly renovated 2 and 3 bedrooms. Lury units for rent. Granite, Stainless steel appliances. Travertine tile. Everything newl Private balconies, new pool, security building/parking, 3790 Riviera Drive. From \$2750. Manager at 858-270-0860.

MISSION BEACH. 1 bedroom. 1 bath

MISSION BEACH. 1 bedroom, 1 bath \$975. Walk to beach or bay. 3594 Mission Boulevard. Available now. No pets. 858-483-3534 ext. 29. www.cal-prop.com. www.cal-prop.com

485-3534 ext. 2s. www.car-prop.com. MISSION BEACH. 2 bedroom, 1 bath. \$1495. 2nd floor unit, upgraded, assigned parking spaces, laundry on site. 3550 Bayside Walk #305. 858-583-0182. www.cal-prop.com

www.cal-prop.com

MISSION BEACH. \$1350. Downstairs
Bayside 1 bedroom, 1 bath. Hardwood
floors. Carpet in bedroom. Parking. No
pets. No smoking. 803 Venice Court.
More Property Management, 858-514-MISSION BEACH, \$900 1 bedroom 1

bath apartment, refrigerator, stove. Fee. Free search at www.westsiderentals.com. 619-367-3333. MISSION BEACH. \$1225. Clean, cute 1 bedroom, 1 bath. Garage. Steps to the beach. No pets. Year-round lease. Water paid. 619-234-4621; 858-566-0072.

MISSION BEACH. Ocean front. \$2100. 2 bedroom, 2 bath. On the sand with in-credible ocean views. Tille floors. Street parking. Open Saturday 11:30am-12:30pm. 703 Sunset Court. TPPM, 858-690-3851

MISSION BEACH, \$995. 1 bedroom, 1 bath. Steps to beach. 1 year lease. No dogs. Includes partial utilities. New paint, new carpet. 858-488-1759.

MISSION BEACH. 1 bedroom. Walk to beach and Bay. Wood floors. 1-car

garage. 3629 Mission Boulevard. \$1022. 858-568-5081.

MISSION HILLS. \$1200/up. 1 bedroom, 1 bath. 2 bedroom, 2 bath. Laundry. Parking. Pets OK. La Paloma Apartments. Open daily, 1-5pm. 3911 Dove. 619-297-1134.

MISSION HILLS/NORTH Historical residential area. 2 bedrooms: half off 1st month of \$1175/month on immediate move-in. 1 bedroom: \$875. On-site laundry. No pets. 619-298-6436.

dry. No pets. 619-298-6436.

\*\*MISSION HILLS/HILLGREST. \$1580-\$1690, 1 bedrooms. \$2175, 2 bedroom, 2 bath. Central air/heat. Dishwasher. Gas stove. Underground parking. Crown moldings. Vaulted ceilings. Fireplaces. Walk-in closets. Washer/dryer. Internet access. Elevator. Gym. Cats welcome. Mission Hills Commons Apartments, 4021-Falcon Street. missionhills@sbcglobal. net. Please call today, 619-220-0707. www.sdreader.com/hews/fertl2032.

.sdreader.com/news/rent2032. www.screader.com/news/rentz032.

MISSION HILLS. \$1300. 2 bedroom, 1
bath. Nice area on hill. Pets OK. First
floor, tile throughout. Clean, bright. Laundry. Deposit \$1000. 3776 Keating. 858613-1069.

613-1069. MISSION HILLS. \$1495. View of harbor. 1 bedroom condo. Fully furnished. New wood floors, paint, furniture, pool, covered parking, laundry facilities. Pets ok. Arturo, 973-495-2993.

MISSION HILLS/HILLCREST. Spacious studio, newer building, hardwood floors. \$750. Near restaurants/shops/bus. No pets. 3652 Columbia Street. 619-258-6788.

MISSION HILLS. Panoramic view of harbor/Point Loma/canyon from 1 bedroom in fourplex. Lots of light. New paint, hardwood floors. Off-street parking, laundry. \$1195/lease. 1006 West Spruce. 619-435-2362.

MISSION HILLS. \$1100. Panoramic harbor view. 1 bedroom in quiet fourplex. Immaculate. New paint. Privacy. Parking. Laundry. No pets/smoking. 760-789-0981.

MISSION HILLS. 2500-square-foot town-house, 3 large master suites, fantastic bay view, Berber, balcony, washer/dryer, 2-car garage. No pets. 1144 West Palm/India. \$2395. 619-295-7113.

MISSION HILLS. 1 bedroom apartment All brand-new appliances: gas stove, mi-crowave, dishwasher, refrigerator. New maple cabinets, new granite countertops, new Travertine tiles in bathroom. Two off-street parking. No pets. 3633 Columbia. \$1095. 619-295-7113.

\$1095, 619-295-7113. MISSION HILLS. \$820. Second floor charming studio. Near all. Kitchen, full bath. Refrigerator. Gas stove. Parking available. No pets. Available now. 427 University Avenue. 619-260-0752.

asher/dryer, hardwood, patio/yard. Pets

MISSION VALLEY/USD. Newly remodeled, 4 bedroom, 3 bath townhouse-style.
4-parking spaces. Large living room, 2 huge balconies with panoramic view, hardwood/carpeting, washer/dryer in unit, dishwasher. Private yard. Pets OK. \$2990 (includes water). 858-232-9336.

MISSION VALLEY. Large 2 bedroom, 2 bath. \$1500. 10250 Caminito Cuervo. Resort living. Light decor. Central air, pool, spa tennis, sauna, fitness. No pets. 619-563-6656.

MISSION VALLEY, EAST. \$1100. Condoquality 2 bedroom, 1 bath. Garage. Fire-place, air conditioning, oak kitchen,

#### NORTH PARK **NORTH PARK**

#### Genie Massage Bring ad.

**ORIENTAL** SPA & BATH

3395 El Cajon Blvd. (between Hwy. 15 & 805)

619-284-0888

Lic. #2005012879

#### Blue Horizon Massage

Asian • Therapeutic • Swedish Deep Tissue • Thai Stretch Sports • Lomi Lomi • Shiatsu Both women & men welcome

\$75 per hour \$115 per 90 minutes Cash only.

**New Second Location:** 9833 Pacific Heights Blvd. #G (10-minute drive from

Del Mar & La Jolla)

3692 5th Ave. • Downtown 10 am-10 pm 7 days 619-301-6797

Lic. #30059

Inner Balance Skin Care

Eyelash Extensions \$125

(reg. \$60)

Specializing in hi/low lites and up-dos.

3760 Sports Arena Blvd.

Precision Cut \$35

Partial Hi-Lite \$50

Brazilian Wax \$30

Offers valid with this ad. First-time clients only.

Over 20 y

619.221.9160

\$30 off 1-hour massage Special includes table shampoo or Jacuzzi. With ad. **HONG'S SPA** 6059 Mission Gorge Rd.

San Diego 92120 619-584-4811 9 am-10 pm 7 days Most credit cards. Lic. #2004006576 MISSION VALLEY. Spring-time special! From \$375/weekly, Renovated fully furnished studios/suites! Pool, spa. Full kitchen. On-site laundry. Complimentary continental breakfast. Off-street parking. From bich paged laterate sphile 90 chap. conlinental preaklast. Oil-street parking. Free high speed Internet, cable-80 channels, HBO! Near SDSU, Qualcomm, more! Days Inn & Suites, 5343 Adobe Falls Road. 1-800-492-9471; 619-287-1911. SanDiegoHotelsDaysInn.com.www.sdreader.com/news/rent2139.

MISSION VALLEY. 2 bedroom. \$1295/up. Air conditioning. Pool. New carpet, paint cabinets. Granite countertops. Great location. Near restaurants, trolley, shop-5360 Adobe Falls. 619-265-1645

ping, 5360 Adobe Falls. 619-265-1645.

MISSION VALLEY. Brand new 1 bedroom, 2 bedrooms, 3 bedrooms from \$1505. Furnished apartments available. Gated parking garage. Courtesy patrol. Washer/dryer. Fitness center. Movie theater. Pool/spa. Pets allowed. Steps to trolley, restaurants and shops! Village at Morena Vista, 5395 Napa Street. Toll-free, 1-888-571-0840. www.sdreader.com/news/rent2153, www.villageatmorenavista.com

MISSION VALLEY/TALMADGE. Up to \$500 off first month! Military discounts! 2 bedroom, 2 bath special from \$13951 Gated. Pool, spa. Wife iaccess. Outdoor billiards, barbecue lounge, Fitness center. Computer lab, printer. Laundry center, flat screen TVs! Parking. Pet friendly! Mission Pacific, 4454 44th Street. 1-800-372-9146. www.pacificiliving.com. www.sdreader.com/news/rent1010.

Washer and dryer, fireplace. Large patio, pool, spa and more. www. ApartmentFindersInc.com. 619-296-2787.

MISSION VALLEY/West. \$820. Unique studio near best of San Diego. Upgraded, short lease, laundry. High ceilings Gated, landscaped courtyard. No pets/smoking. www.info101.net. 619-297-3000

MISSION VALLEY. \$1060. 1 bedroom, 1 bath apartment, parking included, fitness center, fireplace. Fee. Free search at www.westsiderentals.com. 619-367-

3333.

MISSION VALLEY. \$1050. Large 1 bed-room condo. No pets. Nonsmoking. Park-ing. Balcony. Dishwasher. Carpet. Nice. Quiet. Pool. Gym. 1621 Hotel Circle South, #E215. Juno, 619-275-3455.

Sourn, #E215. Juno, 619-2/5-3455.

MISSION VALLEY/COLLEGE Area. \$500 off first month! 1 bedrooms from \$960! 2 bedrooms from \$1400. Minutes to shopping, dining, transit, SDSU. Gated community. Pool/spa. On-site laundry, Fitness center. Carports available. 4929 Coll-wood Boulevard. 619-287-3020. collwoodpines.rasnyder.com.

MISSION VALLEY \$1156. 2 bedroom 2

MISSION VALLEY, \$1195. 2 bedroom 2 bath. Near USD and Fashion Valley mall. Small quiet complex. Small pet ok. 5530 Riley Street. Agent 619-318-8166.

MISSION VALLEY. 2 bedroom 2 bath (dual masters) 1300-square-foot condo, 2 gated parking spots. Fireplace, patio, walk-in closet. Pool, spa, gym, washer/dryer. \$1690, 619-602-5086.

MISSION VALLEY. \$2500. 3 bedroom, 2 bath condo. Dishwasher, microwave, washer/dryer, covered parking. 5805 Fri-ars Road #2105. Available now. 619-640-7530. www.sdforrent.com.

NATIONAL CITY, \$895, 1 bedroom. 2 bedroom, 1-1/2 bath townhouse, \$1150/ up. Balcony. Washer/dryer hookups. Parking. Lease. No pets. 940 Palm Avenue. 619-336-0436.

# **Free Classifieds!**

plex. Available now. 4515 35th Street #4. www.cethron.com. 619-295-1100.

NORMAL HEIGHTS. \$750. Studio. Laundry. Newly refurbished. New appliances. Available 4/1. 3825 Adams Avenue. www.cethron.com. 619-295-1100.

NATIONAL CITY. \$695 plus utilities. 1 bedroom apartment off 16th and Highland. Close to all. No pets. Year lease. \$35/adult application fee. Rick, 619-422-

3810.

NATIONAL CITY. \$750/month. 1 bedroom fully furnished. Low \$150 deposit. No SDGE deposit or hookup required. 624 East 24th Street. Office open daily. 619-474-7979

\*\*MATIONAL CITY. 1 bedroom apartment, \*\*\$45. Newly renovated. Microwave, re-frigerator. Gated community. Laundry fa-cility. Available now. Hilltop Villa, 315 East 30th Street. 619-477-7442. www.

NoRMAL HEIGHTS. \$750. Upstairs 1 bedroom, nonsmoking, secure building, parking, laundry. Balcony, carpet, air conditioning, \$400 deposit. 4675 Ban-croft Street #L. 619-276-5899.

NORMAL HEIGHTS. \$1350. 2 bedroom, 1 bath condo with garage, washer/dryer in unit, wood floors, balcony. Year lease. Cat ok. No section 8. 619-813-3113.

Car ok. No section 8. 619-613-3113.

NORMAL HEIGHTS. \$795 rent. \$600 deposit, OAC. 1 bedroom plus small extra room. Duplex. Gas and electric included in rent. No pets. At 4820-1/2 Mansfield Street. 619-299-8515.

Street. 619-299-8515.

NORMAL HEIGHTS. \$830. Large 1 bedroom, 1 bath. Downstairs. \$400 deposit. Air conditioning. Parking. Laundry. Garden setting. Gated. Caring management. No pets. Available 4/10/08. 619-584-7200.

NORMAL HEIGHTS. 1 bedroom, \$845/month plus deposit. Quiet building. Parking, laundry. 4722 33rd Street. Call 619-282-6910.

NORMAL HEIGHTS. \$995. Upstairs 2 bedroom, 1 bath. Newer building, parking, balcony. Fireplace. Secure. Laundry. New carpeting. North of Adams Avenue. 4743 Hawley Boulevard. 760-796-7685.

NORMAL HEIGHTS. 4774 33rd Street, #7 Spacious 1 bedroom, 1 bath. Dish NUMMAL HEIGHTS. 4774 33rd Street, #7. Spacious 1 bedroom, 1 bath. Dishwasher, air conditioning, and washer/dryer. Off street parking. No pets. \$875/month plus deposit. www.timcassidy.com. Cassidy, Broker, 619-275-LIST.

NORMAL HEIGHTS. \$1170. Large 2 bed-

room, 2 bath, all appliances, walk-in closet, air conditioning, laundry, off-street parking, storage. Cat ok. 4469 Kansas Street #3. 619-804-3325.

Street #3, 619-804-3325.

NORMAL HEIGHTS. \$775. Two 1 bed-

room, 1 bath apartments, senior/dis-abled/Section 8. Quiet, new carpet/paint, coin laundry, elevator, street parking. 3628 Monroe. 619-269-3487.

NORMAL HEIGHTS. \$1600. 2 bedroom, 2

bath townhouse, 1-car garage. Move-in special! New paint and laundry machines! Upper unit with fireplace and air conditioning. 4762 Kansas. Agent, 619-

NORMAL HEIGHTS. \$750 1 bedroom 1 bath, 4263 42nd. \$950 2 bedroom 1 bath, 4133-1/2 37th. Very nice, on-site laundry. No pets. 760-672-0425.

NORMAL HEIGHTS. \$825. 1 bedroom, 1 bath. Parking, laundry, gated. Quiet com-

NORMAL HEIGHTS. \$875. 2 bedroom, 1 bath. Laundry, gated. Available 4/10. 4665 34th Street. www.cethron.com. 619-

NORMAL HEIGHTS, \$1000\_1 bedroom\_1 bath. Detached cottage. Laundry. Available 4/10. 4577 Park Blvd. www.cethron.com. 619-295-1100.

NORMAL HEIGHTS. \$995. 2 bedroom, 1 bath. Downstairs. Laundry on-site. Available 4/10. 4582 39th Street. www.cethron.com. 619-295-1100.

NORMAL HEIGHTS. \$725. 1 bedroom, upper. Parking. Laundry on site. No pets. Convenient location. Agent, 619-298-

NORMAL HEIGHTS. 1 bedrooms \$795. Large units separate dining area. Off street parking. Gas stove, refrigerator. Close to all. No pets. Agent, 619-296-

NORMAL HEIGHTS. 3 bedroom, 1 bath \$1625. Hardwood floors, tall coved ceil-ings, faux fireplace, formal dining room, yard, gardener, parking. No pets/non-smoking. 4448 35th. Agent, 619-296-

NORMAL HEIGHTS, Studio, \$695, includes utilities, separate kitchen. New carpet and paint. Upper unit. Near shop-ping and bus line. 4578 32nd Street. Agent 619-692-0234.

NORMAL HEIGHTS. New 2 hedroom 1-1/2 bath, \$1325. Garage. Stainless steel appliances, air, granite counters, washer/dryer hookups. Wired for DSL. Balcony. Gated. Jose, 619-838-8282.

NORMAL HEIGHTS. 2 bedroom, 1 bath, beautiful decor, upstairs, bright corner unit. New kitchen appliances, built-in bookshelf. Small pets OK. \$1290 includes water. 858-344-7343.

NORTH PARK, \$795, 1 bedroom, 1 bath security gated, laundry, library, game room, secure parking. Near all. Section 8 ok. Over 55+ years. 619-299-0774.

NORTH PARK. \$775/month. \$500 deposit. 1 bedroom apartment. 3940 Idaho Street #4. Laundry on-site. Cats only with \$250 deposit. Conveniently located. 619-

NORTH PARK. \$1999. 3 bedroom, 2 bath bungalow in the heart of North Park. Near downtown. Jacuzzi tub. Available 4/1/08. Washer/dryer. Deposit \$1500. 619-889-

NORTH PARK, \$750 rent, \$600 deposit OAC. Large studio. Hardwood floors. Storage. No pets. At 3804 Pershing Avenue #1. 619-299-8515.

NORTH PARK. \$875. 1 bedroom, 1 bath cottage. Freshly painted. New carpet. No pets. Garage extra. 3934 Bancroft Street. 619-284-3324.

NORTH PARK. \$795. Older, cozy cottage. 1 bedroom, 1 bath. New paint, carpet, stove. Small private patio. Share front yard. No pets. 619-249-7117.

NORTH PARK. \$1175. 2 bedroom, 1-1/2 bath townhome. Stove, refrigerator, dishwasher. Private patio and balcony. Altornoiditioned. Coin laundry. Parking. Central location. Cat OK with additional \$300 deposit. Available 3/18. 4152 Utah. 858-270-2071. Del Sol Property Management, Broker www.delsolpm.com.

NORTH PARK/MORELY FIELD. \$950. 1 pedroom. Lower corner apartment with hardwood floors. Garage. On-site laun-dry. 2565 Wightman Street. Xilarent.com. 619-683-7638.

NORTH PARK. \$1895. 3 bedroom, 2-1/2 bath. \$100 off move-in! Roomy townhome with dual master bedrooms. Maple floors. New carpet/tile. Upgraded kitchen with granite counters. 858-598-1111. utoplament companies.

NORTH PARK, \$850, 1 bedroom, 1 bath. new carpet, and paint! On-site laundry. If you can find one better, rent it! 4486-1/2 Hamilton. Call Rachael 619-804-1044 or Jeff 619-713-1044.

NORTH PARK. \$1125. Beautiful large lower 2 bedroom, 2 bath, mirrored closests, ceiling fans, storage, laundry, off-street parking, near all. 3746 31st Street #2. 619-384-9219.

mz. 019-304-9219.

NORTH PARK. \$1950. 2 bedroom, 2 bath duplex, very modern, hardwood floors, upscale kitchen, master bedroom upstairs with attached sun deck, washer and dryer. 2717 Wightman Street. www.centrecity.net. 619-296-6699.

NORTH PARK. \$1495. 2 bedroom, 2 bath condo. Central air. Totally remodeled. New granite counters, floors, carpeting. 2 patios. Fireplace. All appliances. Direct access garage, plus one space. Washer/dryer in unit. 3958 Louisiana Street. 619-301-0846.

NORTH PARK. \$825. 1 bedroom, 1 bath, upper. All new decor, carpet, and appliances in gated building. Must see! Broker, 619-286-4250.

ker, 619-286-4250.

NORTH PARK. \$1000. 2 bedroom, 1 bath. Nice, bright, and airy upper apartment. Plenty of cabinet space. Laundry and parking on site. 1 year lease. Available now. 4119-1/2 Kansas Street. www.cethron.com. 619-295-1100.

cetinon.com. 619-295-1100.

NORTH PARK. \$825. 1 bedroom, 1 bath. Small complex, great area, quiet lower unit. Gated entry. Parking. Great location. Laundry on-site. Available now. 4177 Illinois Street #2. www.cethron.com. 619-295-1100.

NORTH PARK. 2 bedroom, 1 bath. \$1150.00, basic utilities included. 4651-B 30th Street. 1000 square feet, 1 parking space. No pets. 6 month lease. Call 858-490-1600.

NORTH PARK, \$975, 1 bedroom, 1 bath apartment. Spanish style. Appliances. Air conditioning. Gated. Upper/lower. No pets. 4077 Utah Street #1, #4. 619-698-6911. www.goldenmanagement.com.

NORTH PARK. \$975. 2 bedroom, 1 bath, nice, bright, upstairs. Large kitchen, laundry room, off-street parking. New paint. Quiet, clean. 4478 Utah Street. 619-223-6302.

NORTH PARK. \$1795 rent, \$1795 deposit. 2 bedroom, 2 bath. 1200 square

feet, top of the line appliances, stove, re-frigerator, dishwasher, washer/dryer in unit, large enclosed patio. Close to shop-ping, busline. Gated entry. 3939 Illinois Street #1A. Available now. Call Ed, 858-607 6100

Post free online ads with photos at SDReader.com

NORTH PARK. \$850/rent, \$700 deposit. 1 bedroom, 1 bath. Stove, refrigerator, dishwasher, new paint, new carpet. Gated entry, laundry facility, parking. Section 8 OK. Cat considered. 3820 Arnold Avenue #3. Available 3/15. Cal Ed, 858-597-6100.

NORTH PARK. \$1050. 2 bedroom, 2 bath. New carpet and paint. Very spacious upstairs unit. Laundry and parking onsite. No pets. 2140 Howard. Agent, 619-820-

NORTH PARK. \$1250. Extra large, upper 2 bedroom, 2 bath, gated, all appliances 2 bedroom, 2 bath, gated, all appliances, microwave, balcony, fireplace, under-ground parking. Cat ok. 3928 Illinois Street #208. 619-843-0796.

NORTH PARK, \$1250, 2 bedroom, 2 bath NORTH PARK. \$1250. 2 bedroom, 2 bath. Gated complex, vaulted ceilings, air conditioning unit in living room, fireplace, laundry on site, dishwasher, 1-car garage. Cat OK. 4094 Georgia Street #7. www.centrecity.net. 619-296-6699.

NORTH PARK. \$995 rent. \$600 deposit. OAC. Large 2 bedroom, 2 bath apartment. Parking spot. Laundry room. No pets. At 4044 32nd Street #1. Agent, 619-

NORTH PARK. \$1195. 2 bedroom, 2 bath. Ready 3/15/08. New flooring. Upgraded fixtures. Assigned underground parking. Elevator. Gated community. Laundry on-site. Manager on-site. Spacious apartment home with fully equipped kitchen and large bay windows. 456 Illinois Street. Call 619-280-3867. sunriseliving.com.

NORTH PARK/HILLCREST. 2 bedroom NORTH PARK/HILLCREST. 2 bedroom, 1-1/2 bath, \$1100. Large walk-in closet. Gated, dishwasher, laundry facilities, parking. No pets. Close to Naval Hospital, shops, freeways. 3710 Alabama Street. 619-299-1699. www.melroyproperties.

NORTH PARK. \$1050. 2 bedroom, 1 bath apartment, upstairs. Laundry on site. No pets. 3942 Kansas Street #1. 619-640-7530. www.sdforrent.com.

OCEAN BEACH. \$950. Blocks to the beach! 1 bedroom. Clean. Parking, Laundry. No pets. Seacoast Apartments, 5030 Lotus. Call Doris, 619-204-1651.

COURS. Call Dons, 619-204-1651.

OCEAN BEACH. Beautiful beachfront ocean view! Studio, \$995. 1 bedroom, \$1075-\$1200. 2 bedroom, \$1400-\$1600. Serene security garden buildings. Hardwood floors, ceramic tile, laundry, Garages available. Pets considered. For address and availability, call 619-224-1748. For applications, call 619-501-5553.

OCEAN BEACH. \$950/bargain! Large, quiet 1 bedroom, near beach, bus, pier, and shopping. 1 off-street parking, laun-

OCEAN BEACH. \$1075. 1 bedroom. Approximately 700 square feet. Great location! Very large patios. Assigned parking. Pet friendly! Nimitz Pointe, 2401 Seaside Street. 619-223-0254. OCEAN BEACH. Sunset Cliffs-steps away from your new home. \$250 off first

from your new home. \$250 off first month's rent! Studio apartment at \$982. No application feel Assigned parking. Cats welcome. Stove. Refrigerator. Laundry facilities. Sun deck with ocean view. 4925 Del Mar Avenue. Call for appointment, 619-235-9018. www.pacificliving. OCEAN BEACH. 2 bedroom, 1 bath \$1450, hardwood floors, charming area. 2126 Cable Street. No pets. Available now. 858-583-0182.

dry. No pets. Available now. 619-269-7624.

OCEAN BEACH. 2 bedroom, 2 bath \$2295. Oceanfront! Top floor with amazing views, laundry on site, pet negotiable, available 3/25. 5015 Santa Cruz Avenue. 858.483-3534 ext. 29. www.cal-prop.

COM.

OCEAN BEACH. 2 bedroom, 1 bath.
\$1375. Upper unit in Edgewater Apartments with 1 parking, on site laundry. No bets. 4788 Pescadero #H. Available now!
858-483-3534. www.cal-prop.com.

OCEAN BEACH. 2 bedroom, 1 bath apartment, \$1150/month. Completely renovated. No pets. Parking on site. Blocks to beach, 4811 Del Mar Avenue. Call Agent,

OCEAN BEACH. \$1250 and up. 2 bedroom, 1 bath. Laundry. Complex is just 2 blocks from the Pacific. Enjoy beaches year round at Ocean Breeze Apartments. No pets. 619-223-8186.92107

OCEAN BEACH. \$1350. 1 bedroom, up-stairs. New carpet. Ocean view. Laundry. stairs. New carpet. Ocean view. Laundry. 2-car garage available for \$250. 4948 Del Mar Avenue. More Property Manage-ment, 858-514-8201.

OCEAN BEACH. \$1350. Large 2 bedroom, 2 bath. All amenities. Fireplace, pool, laundry facility, parking. 4825 Del Mar Avenue #8. 619-758-9565.

OCEAN BEACH. \$1050. Large 1 bedroom, 1 bath. All amenities. Fireplace, pool, laundry facility, parking. 4825 Del Mar Avenue. 619-758-9565.

OCEAN BEACH/POINT LOMA. \$1050. 1 bedroom top floor Pacific Isle condo. New paint/carpet. 1-parking. Laundry. Pool/tennis/gameroom/gym. No pets. 858\_364\_6507

OCEAN BEACH. \$1300. 2 bedroom. Half block to beach with on-site laundry. 5035 Del Monte Avenue #3. 619-279-6411 or 619-226-7368. www.bkbinc.com.

619-226-7368. www.bkbinc.com.

OCEAN BEACH. \$1095. 1 bedroom apartment, pet OK, pool, laundry, dishwasher, balcony, central heat, 700-square-foot, large patio, paid trash. Fee. Free search at www.westsiderentals.com. 619-367-

OCEAN BEACH. \$1395. Bright upper 2 bedroom 2 bath apartment 2 blocks to ocean. Fee. Free search at www.westsiderentals.com. 619-367-

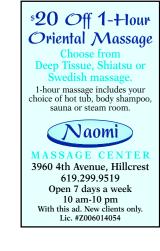
OCEAN BEACH. \$1295. 2 bedroom, 2 bath downstairs apartment with dishwasher. Laundry on site. New carpet. No pets! 4241 Voltaire Street #6. Call 619-222-4836 x14 or www. 619-222-4836 x14 sunsetpacificrealty.com.

#### SERVICES







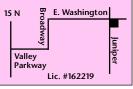




#### The Best Oriental Massage

Try our Japanese Hot Steam Shower Table Shower · Jacuzzi

760-796-4122 301 E. Washington Ave. Suite A (at Juniper) Escondido Visa & MasterCard accepted.



### \$5 off

#### PHS Asia Pain Care

- · Pain relief
- More energy
- Less stress 319 S. Rancho Santa Fe Rd.,

San Marcos 760-752-8618

www.asianbodycare.org Lic. #29398

#### **Asian Body Care**

16769 Bernardo Center Dr. #K-28 Rancho Bernardo (near the post office)

858-675-0048

Major credit cards. http://ca.local.yahoo.biz/ asianbodycare Lic. #2006010764

Deep Tissue & Swedish Massage **Private Shower Rooms Available** 

**BELLA'S ACUPRESSURE** 

Mission Gorge Rd. (2nd floor) 619-516-2338

7 days 10 am-10 pm License #HHP23125

miramar – mira mesa pamper yourself today

8280 miramar rd. (between cabot & camino ruiz) 858-566-4229

10 am-10 pm

license #HHP23125

San Diego Reader March 20,

OCEAN BEACH. 1 bedroom, 1 bath cot tage. Half block from beach. Hardwood Nonsmoking, no drugs. \$1195, \$1000 deposit. 619-300-3840.

OCEAN BEACH. Spacious 1 bedroom unit on the first floor. 3 blocks to ocean. Unit on the first floor. 3 blocks to ocean. Unit will be painted in designer colors, new carpet to be installed with new basecarpet to be installed with new base-boards, new vanity and light fixtures. Large closet. Built-in linen cabinet. Clas-sic 1960's style. Original tile in bath and kitchen. Very well maintained. Easy walk to the ocean. Great Ocean Beach loca-tion. On-site laundry. 4835 Saratoga Av-enue, San Diego. Call Scott, 619-846-6615.

619-846-6615.

OCEAN BEACH. \$950. 1 bedroom, 1 bath. Upstairs. No pets. \$950 deposit. Laundry. Parking. Available 2/25. 5035 Brighton Avenue #9. 619-226-7368 or www.

OCEAN BEACH. \$950. Deposit \$850. 1 bedroom, 1 bath duplex with garage. Refrigerator, stove. Close to beach. No pets. Available now. 4908 Saratoga. 619-226-

OCEAN BEACH. \$745. Studio, mile from beach in quiet tropical setting. Laundry. Newer carpet, paint. Available immedi-ately. 4166 Udall St #4. 619-222-9308.

OCEAN BEACH. \$1145. 2 bedroom. 1 mile to beach in quiet complex. Newer carpet, paint. Laundry. Parking. 4360-1/2 Banning. Available immediately. 619-222-

OCEAN BEACH. \$1295. Large 2 bedbeach. Carpet. No pets. 4974 Muir Avenue. 619-222-6427.

enue. 619-222-6427.

OCEAN BEACH. Spacious 1 bedroom unit on the first floor. 3 blocks to ocean. Unit will be painted in designer colors, new carpet to be installed with new baseboards, new vanity and light fixtures. Large closet. Built-in linen cabinet. Classic 1960's style. Original tile in bath and kitchen. Very well maintained. Easy walk to the ocean. Great Ocean Beach location. On-site laundry. 4835 Saratoga Avenue, San Diego. Call Scott. 619-846-4835. scott@hendershawandassociates.com.

OCEAN BEACH. \$850. Upper 1 bedroom, 1 bath. Renovated and four blocks to beach. No pets. Lease required. 2175 Cable Street. 619-334-6781. www. ndersandiego.com

OCEAN BEACH. \$1395. Bright, upper 2 bedroom apartment. 2 blocks to ocean. Gas appliances. New carpets and paint. Very clean. Vertical blinds. Laundry facilities. Parking space. 4873 Niagara Avenue. Shore Management, 858-274-3500.

OCEAN BEACH, \$745. Block to beach Clean, bright upstairs studio. Skylight. Berber carpeting. Deck. Laundry. No pets/smokers. Abbott Street. Shore Man-agement, 858-274-3500.

OCEAN BEACH. \$945. 1 bedroom apartment. 2 blocks to ocean. Small yard and patio. New carpet and paint. Laundry facilities. Parking space. 4873 Niagara Avenue. Shore Management, 858-274-3500.

enue. Shore Management, 858-274-3500.

OCEAN BEACH. \$1150. 2 bedroom, 1 bath. Brand new paint, blinds, bathroom, kitchen. Upstairs corner unit. 2 blocks to beach. Parking onsite. Behind 4811 Del Mar Avenue. Agent, 619-820-2584.

OCEANSIDE. \$995, 1 bedroom, \$1225, 2 bedroom apartments. Closets. Private yards/balconies. Great location. Pool. Laundry. Barbecue. Free garage, gas utilities, heat. No pets. 760-757-4641.

OCEANSIDE. Large 1 and 2 bedrooms,

OCEANSIDE. Large 1 and 2 bedrooms, west of Interstate 5, just 8 blocks to beach, in vibrant downtown village. Beautiful remodeled units. 508 North Nevada Street. Visit www.WexfordLiving.com. 760-433-8810.

OCEANSIDE. \$1095, 1 bedroom apart-ment. \$1595, 2 bedroom, 2 bath (dual masters). Upgraded granite, laminate-wood/tile. Pool, spa, laundry, gated park-

ing. Cat OK. 760-439-5728. www

OCEANSIDE. Spacious upgraded 2 bedroom, 2 bath apartments \$1150. 1 bedroom \$905. Studios \$805-\$825. Pool, laundry, gated, covered parking. Near freeways, beaches. Cat OK. 760-722-

6421.

OCEANSIDE. \$2600. Brand new 3 bedroom, 3 bath townhome. All master bedrooms. 2 car garage. Private yard. Granite/fravertine throughout. 1217 Nevada Street. Joey, 949-293-3787.

OCEANSIDE, \$1129, 1 bedroom, 1 bath apartment, covered parking, pool, bal-cony, patio, central air/heat, fireplace, in-unit washer/dryer. Fee. Free search at www.westsiderentals.com. 619-367-

OCEANSIDE. \$1175. 2 bedroom, 1 bath condo, pool, on-site laundry, stove, dishwasher, patio, air conditioner. Fee. Free search at www.westsiderentals.com. 619-367-3333.

OLD TOWN. \$650-\$725. Low \$150 deposit. Fully furnished studios-alcoves on excellent hillside location. Free basic ca-ble. 1616 Guy Street. 619-298-6242. PACIFIC BEACH. Studio. 8800 plus \$500 deposit. On othe sedding. All stilling points.

deposit. On-site parking. All utilities paid. 4220 Noyes, between Oliver and Grand. Lease and credit check required. Call 714-505-3006.

PACIFIC BEACH. \$1165, 1 bedroom, 1 bath. Beautifully remodeled. Immaculate. Dishwasher. Imported tile. Quiet atmo-sphere. Heated pool. Parking or shared garage available. Cats considered. i year lease. 858-272-4398.

PACIFIC BEACH. 1 bedroom, 1 bath, \$900, \$900 deposit. Mile to the beach! One parking space. Laundry on site. 6-month lease. No pets. 619-435-3830.

PACIFIC BEACH, NORTH. Triplex \$1250.
1 bedroom. Immaculate. Large. Sunny.
Upper unit. All newer. Refrigerator, stove.
2 blocks ocean. Laundry, yard, gardener.
No pets. 951-B Missouri. 619-275-2610.

PACIFIC BEACH. 1 bedroom on beach. 6 month's lease. Pets under 30 lbs ok. Roomies/co-signers ok. Office open 7 days. 4217 Oliver Court. 858-483-7670.

PACIFIC BEACH. \$1100. 1 bedroom apartment. First floor. New carpet, paint, flooring. Completely remodeled. Quiet. Gated. Covered parking. Small pets OK. \$1100 deposit. 619-339-9951.

PACIFIC BEACH. \$900-\$950. 1 bedroom 1 bath duplex, 2 units available, private yards and washer/dryer. No pets. 4409/4411 Noyes Street. 619-459-0370.

PACIFIC BEACH. \$1200. 2 bedroom, 1 bath. On-site laundry. No pets. 4476 Bond. 1/2 off first month with lease. \$500 deposit. 760-402-8325. www.

paywalkaps.com
PACIFIC BEACH. \$2600. 3 bedroom, 3 bath townhouse. \$1250 deposit. No pets. Laundry, fireplace, patio. Available 5/2/08. 1150 Thomas Street. 1 parking space. 858-336-7997.

space. 858-336-7997.

PACIFIC BEACH. \$1545. 2 bedroom, 1 bath. Ground floor apartments. 1 block to beach! Dishwasher, coin laundry, barbecue, shared courtyard. No pets. 1067 Hornblend. 858-336-7997.

PACIFIC BEACH. Light, bright 2 bedroom, 2 bath. 2-parking spaces. Laundry. Near I-5/bay. Amenities. 4833 Bella Pa-cific Row, #119. \$1700. Agent, Micki: 858-454-3076, 619-861-3076.

885-454-3076, 619-861-3076.

PACIFIC BEACH. \$1375. Large, bright, upstairs 2 bedroom, 1.5 bath apartment. Fireplace. Dishwasher. Off-street parking. Very quiet. No pets. 2114 Thomas Avenue, #3. 858-481-9819.

PACIFIC BEACH. Studio, \$825. Large, quiet. Utilities included. Sundeck. Easy access to I-5. No pets. 2176 Thomas Avenue. 858-270-0929.

PACIFIC BEACH. \$350 off first month. 1 bedrooms from \$995. 2 bedroom, 1 bath from \$12951 Across from Mission Bay. Gated community. Trails to bay, beach. Adjacent amenities: pool, spa, sundeck batheaus to the state of the sunder the Adjacent amenities: pool, spa, sundeck, barbecue lounge. Equipment and free

residential. Koi-Koi Living Jewels' 20th year. 1975 Jamacha Road, El Cajon. Monday-Saturday, 10am-5pm, Sunday 11am-4pm. 619-441-9275.

LOVE BIRDS. Adorable, tame, hand fed, indoor raised, very sweet, \$40 each. Peace face and black masked Fichers, very special. CSaunders92101@yahoo.

IN IN THE PERSON NAMED IN SEC. AS ADD

eth Bennett, manager of local Department **D**of Motor Vehicles, 1965.

She began working at the DMV in 1946. Bennett left San Diego in 1961, when Governor Pat Brown made her deputy director of the state DMV. As "the first woman to take charge of California's safety program," wrote our local daily, "she plans to enlist the aid of women in taming teenage drivers."

She held the Sacramento job until 1965, then returned to San Diego to manage the local branch again.

- by Robert Mizrachi

YOU CAN PURCHASE THIS PHOTO AND MANY MORE AT THE SAN DIEGO HISTORICAL SOCIETY RESEARCH LIBRARY OR ONLINE AT WWW.SANDIEGOHISTORY.ORG. FOR MORE INFORMATION, CALL 619-232-6203, EXT. 127.

OCEAN BEACH, \$975, 1 bedroom, 1 bath downstairs apartment in South Ocean Beach. 2 blocks to beach! Laundry facil-ity on-site. No pets. 4812 Del Mar Av-enue. Call 619-222-4836 x14 or www.

ocean BEACH. \$975. 1 bedroom, 1 bath

Call 619-222-4836 x14 or www

OCEAN BEACH. \$1325. 2 bedroom, 1 bath, upstairs apartment in South Ocean Beach! Parking and Laundry! No pets! 4874 Santa Cruz #9. Call 619-222-4836 x14 or www.sunsetpacificrealty.com.

on site. No pets! 4154 Udall Street #7 Call 619-222-4836 x14 or www sunsetpacificrealty.com.

OCEAN BEACH. \$1295.2 bedroom, 1 bath, large upstairs apartment. Blocks to beach! Laundry on site. No pets! 4930 Santa Monica Avenue #7. Call 619-222-4836 x14 or www.sunsetpacificrealty.

OCEAN BEACH, \$1750, 3 bedroom, 3 bath. Upstairs townhouse. Fireplace. Laundry in unit. Parking. Great location! 2231 Mendocino Boulevard #A. Call 619-222-4836 x14 or www. sunsetpacificrealty.com.

OCEAN BEACH. \$1200. 2 bedroom, 1 bath in quiet apartment building. Blocks from beach! First/last/deposit. Newly

# CENTRAL

POST FREE ONLINE ADS with photos at

ADOPTABLE DOGS! Event this Saturday, from 11am-4pm, at Petsmart in Chula Vista (off I-805 and Main Street). For more info, call Baja Animal Sanctuary, 619-231-

6960.

AQUARIUM SALE at Octopus's Garden. 20H aquarium \$20; 29 for \$29; 40R \$40. Even a 60E is just \$60. Other tank specials also. Lots of healthy saltwater fish and beautiful corals. Protein skimmers. Lighting systems, pumps, decorations and supplies at low prices at Octopus's Garden. Noon-9pm, 7 days. Call 858-576-7449.

AQUARIUMS AND PONDS! Freshwater/ saltwater fish. Extensive reef animals, 9000 square feet. Low warehouse prices! Expertise not found in Southern California

cookie-cutter stores! Aquatic Warehouse. 5466 Complex Street #204, San Diego. Behind Superior Courthouse, off Clairemont Mesa Boulevard. www. aquaticwarehouse.com. Daily, 10am-7pm. Saturday, 10am-6pm. Sunday, 11am-6pm. 858-467-9297.

BAN BACKYARD PUPPY MILLS. Please visit your local humane society and adopt one or more of the sweetest pets you'll ever love. They need you!

BARK-IN-THE-PARK 2. Sunday, April 6, Spreckels Organ Pavilion. Carol Williams Organ Concert and Dog Parade at 2pm for the Humane Society. Bring your dog-gies!

BOXER/LAB MIX. Coffee is 2 years old. She's a very gentle, loving dog. Call Baja Animal Sanctuary, 619-231-6960 or e-mail to meet her, sandradsimpson@cox.

BUY/SELL/TRADE reptiles, amphibians turtles, tortoises, snakes, lizards. Largest reptile selection in Southern California. Voted #1 in San Diego. Pet Kingdom, 619-224-2841.

619-224-2841.

CATS/KITTENS. 4+ months need responsible, lifetime homes. Cute, friendly, virustested, neutered, vaccinated, dewormed, defleaed. Tuesday, Thursday, Friday, 6-8pm; Saturday, Sunday, noon-4pm. PetSmart La Jolla, 8657 Villa La Jolla Drive (I-5 at Nobel). Fee. www.sdcats.org.

**DACHSHUNDS.** Vernal EquiDox Walk-in-the-Park, Sunday, April 6. Meet by main fountain at 1pm, near the Science Center. Walk to Organ Concert and Parade at

DOGS. FOCAS is a trusted name in pet adoptions. Call for information on a variety of wonderful rescued pets. Always altered, microchipped, vaccinated. Most \$150 donation. 619-685-3536.

ENGLISH BULLDOG. Kennel Bulldog-Ab solute offers small friends of partners of puppies with tattoo, registration FCI, vac-cination without genetic defects. \$700 in-cludes airport delivery. 712-584-5954.

FIRE VICTIMS: POTBELLIED PIGS. FIRE VICTIMS: POTBELLIED PIGS.
Please help! Thanks if you've already sent donations-you're heroes! I've been working hard to get the pigs on the road to recovery. Some are injured/crippled from running from the fires. They aren't adoptable and may never fully recover. They've needed lots of vet care, and still do. If you can help, call Creekside Vet Service: 760-751-1020, 8751 Old Castle Road, Escondido, California, 92026, c/0 bebi Toner's rescued pigs. Thanks for caring!

GET A LIFE! Visit your local animal shelter and adopt a new best friend.

HORSE. PONY. mini tack, miscellaneous

HORSE, PONY, mini tack, miscellaneous items, blankets, bridles, reins, halters, leads, bits, etc., \$150 takes all or call for separate prices. Vista, 812-573-8318.

KITTENS. CLA Persian. Lilac male, 8 months, \$150. Red male, 11 months, \$100. Both loveable. 760-782-3129.

KITTIES, rescued. Beautiful, all ages. All full of love! Give them the wonderful homes they deserve. Adoption fee includes medicals and spay/neuter. 760-

591-1211x1.

KOI PONDS AND WATER GARDENS.
Bring this ad in for \$5 off purchase of \$20 or more! Equipment and supplies, free water testing, service and maintenance, construction and design, commercial and

MINIATURE PINSCHER, red brown, spayed, 8lbs., 2 years, pretty calm, a digger, needs safe yard, no small kids, \$100. PUG CHIHUAHUA MIX, spayed, 13lbs., 3 years, not barky, mellow, easy care, years, not barky, mellow, easy care, shots, license, \$150. No small kids. 619

PUPPIES, PUPPIES, PUPPIES! If you are

looking for a new companion, contact Baja Animal Sanctuary at 619-231-6960. **PUPPIES.** American Bull Dog. ABA reg-istered, shots, de-wormed. Good dispo-sition, protectors, great family pets. Males and females. \$700. 951-768

Males and females. \$/00. 951-/68-0834. cottrellsamericanbulldogs.com. PUPPY. 5-month old lab/shepherd mix. She has a lovely disposition, gets along with dogs, cats and children. Loves to play and is still learning to walk on leash. Call Baja Animal Sanctuary, 619-231-

TERRIER MIX. Niki is 1-1/2 years old, weighs 49lbs. (but hides it well). She may have some Irish Wolfhound in her, we're just not sure. She's good with cats, great with dogs and people friendly. Call Baja Animal Sancutary, 619-231-6960.



Pet Waste Removal Service Residential and Commercial One time or all the time



Call for free quote: 1-888-95-SCOOP (957-2667)

Always on Doody! Official Petco.com affiliate www.pooppatrolca.com





1**56** San Diego *Reader* March 20, 2008

PACIFIC BEACH. \$1150. 1 bedroom lux-PACIFIC BEACH. \$1150. I Dedroom lux ury condo at The Plaza. Second floor. Fireplace. Carpet/paint. Lushly land-scaped. Laundry. Microwave. Dishwasher. Pools. Parking. Tennis. Billiards. Health club. Sauna. 24-hour security. Available now. No pets. 1801 Diamond Street, #216. 619-888-6604.

Street, #216. 619-888-6604.

PACIFIC BEACH. \$500 off first month's rent! Expires 3/29/08. \$99 deposit! OAC. Studios from \$945. 1 bedrooms from \$1095. 2 bedrooms from \$1095. Air conditioning/heat. Cats welcome! Heated ditioning/heat. Cats weicome: nearcopool, water aerobics. Fully equipped gyms. Spas. Tennis. Basketball. Business center. Bay Pointe, 3866 Ingraham Street. www.progressmanagement.net. 1-888www.progressmanagement.net. 1-888-759-7435. www.sdreader.com/news/

PACIFIC BEACH. \$1600. Super clean 2 bedroom, upstairs. Quiet duplex. 850 square feet. 2-parking spaces, Cathedral ceiling, lots of storage, mirrored doors, dishwasher, coin laundry. 1619-1/2 Dia-mond. 858-272-3178.

mond. 858-272-3178.

PACIFIC BEACH. 1/2 off first month! Huge 1, 2 bedrooms from \$1175! Equipment/ free weight room. Cardio fitness center. Computer lab, printer. TV lounge, pool, spa. Sundeck. Barbecue lounge. Storage. Garage parking. Cat friendly. Bay views, Mount Soledad! Pacific at Mission Bay, 2636 Grand Avenue. 1-800-499-6372. www.pacificliving.com. www.sdreader.com/news/rent1049.

PACIFIC BEACH. 1/2 off first month's rent! PACIFIC BEACH. 1/2 off ITISM Month's Fent: Charming 1 bedroom apartments from \$1095. 2 bedroom, 1 bath from \$1595. Only 1 block from the beach! Located in the north Pacific Beach neighborhood with beachfront access only minutes away. Short distance to downtown La Jolla shopping and dining. Our quaint apartment homes include on-site laundry facility, extra storage and a quiet location.

apartment floribles include on-isate laudion facility, extra storage and a quiet location. Cat friendly. Call our rental office today! 858-272-7464. www.pacificliving.com.

PACIFIC BEACH. 2 bedroom, 1 bath. Upstairs. Laundry. Near bay/ocean. Available 4/1. \$1295. 1258 Pacific Beach Drive. 858-454-4161.

PACIFIC BEACH. Large 1 bedroom 1 bath apartment, \$1100. Newer refrigerator, stove, carpet, blinds. Parking, laundry. Indoor cat OK. 1488 Reed. Available 3/21. 858-272-1488.

PACIFIC BEACH. 2 bedroom 2 bath upstairs apartment, patio, view. \$1595. Refrigerator, stove, carpet, blinds. Parking, laundry. Indoor cat OK. 1488 Reed. Available 3/21. 858-272-1488.

PACIFIC BEACH. \$1100/month. 1 bed room, 1 bath apartment (20x18). 2 blocks to beach. Parking space. Laundry. Water

# **Free Classifieds!**

paid. Large closets. No pets. 936 Loring. 619-218-2220.

PACIFIC BEACH. Large 2 bedroom, 2 hath \$1450 Balconv. new decor, Clean, bath, \$1450. Balcony, new decor, Clean, quiet. Near all. Parking. No pets. 1650 Emerald. Manager, apartment #6. Henrietta, 858-539-6131; 619-583-1434.

\$1025. Dining area, blocks to beach laundry on site. 1468 Missouri Street No pets. 858-483-3534 ext. 29. www

PACIFIC BEACH. \$1575. 2 bedroom, 2 bath, upstairs unit. Light and bright! 2 parking spaces, laundry on-site. 4621 Lamont Street. 858-583-0182, www.

PACIFIC BEACH. Studio \$825. Unstairs gated complex, underground parking laundry on site. 1845 Hornblend Street 858-483-3534 ext. 29. www.cal-prop.

PACIFIC BEACH. Studio \$875. Crown Point Area, very clean complex. 4121 Kendall Street. Laundry on site, parking, no pets. 858-483-3534 ext.29

PACIFIC BEACH. \$1695. 2 bedroom, 1 bath, upgraded, Remodeled kitchen. bath, upgraded. Remodeled kitchen. Shared yard, Parking. Laundry on-site. 2169 Reed Avenue. 858-583-0182, www.

PACIFIC BEACH, 2 bedroom, 1 bath \$1395. Remodeled, steps to the beach, laundry on site. 3913 Lamont Street. No pets. 858-483-3534 ext. 29.

PACIFIC BEACH, \$1495, 2 bedroom, 1 bath. Upstairs unit, 3 blocks to beach, laundry on site. 1057-1/2 Missouri. Available now. 858-583-0182. www.cal-prop.

com.

PACIFIC BEACH. \$1995. Large 2 bedroom, 2 bath upstairs unit with vaulted
ceilings. 3 blocks to beach. 1073 Loring Street. 2 parking spots.
Washer/dryer hookups. 858-483-3534
y29 www.gal.prop. cgl.

x29, www.cal-prop.com.

PACIFIC BEACH. \$2365. 3 bedroom, 2.5 bath condo. Very nice 2-story. Washer/dryer in unit, private patio, 1-car garage plus airport. Available now. No pets. 1668 Grand Avenue #A. 858-483-

**Windshield Replacement** 

1-888-486-9151

DO YOU HAVE A CRACKED

Most automobiles.

**WEST COAST AUTO GLASS, INC.** 

5803 El Cajon Blvd., 92115 (West of College Ave.)

Must present coupon.

PACIFIC BEACH. \$3495. 3 bedroom, 2 bath condo. 1335 La Palma Street. Prisbath condo. 1335 La Palma Street. Pris-tine condition! Plenty of storage, large balcony, 3 underground parking spaces, washer/dryer in unit. Pool, beach access. Available now. 858-483-3534 x29; www.

PACIFIC BEACH, \$2795, 3 bedroom, 2 bath condo. Gorgeous townhouse! Granite counters, fireplace, travertine and ood flooring, patio, garage, asher/dryer. No pets. 1229 Reed Av-nue. 858-483-3534 x29, www.cal-prop.

PACIFIC BEACH. \$1750. Very spacious, remodeled 2 bedroom, 2 bath. Walk to Bay. Parking and laundry onsite. 1524 Thomas Avenue. www.cal-prop.com,

858-583-0182.

PACIFIC BEACH. \$2350. 3 bedroom, 2 bath. Very spacious upstairs unit, large bedrooms, remodeled, parking and laundry onsite. No pets. 1514 Chalcedony Street. 858-483-3534x29 www.cal-prop.

com.

PACIFIC BEACH. \$950. 1 bedroom, 1 bath. New carpet, paint, vinyl flooring in kitchen/bath. Close to shops, freeways, beach! Available now! 2112 Balboa #6. 858-483-3534 x29; www.cal-prop.com.

PACIFIC BEACH, \$975. 1 bedroom, 1 bath. Very large condo with 1 carport parking space and pool. Close to shops, freeways, beach! Available now! 2266 Grand #14, 858-483-3534 x29;

PACIFIC BEACH, \$1225 1 bedroom 1 bath. New carpet, paint, vinyl flooring in kitchen and bath. Close to shops, free-ways, beach! Available now! 1645 Emer-ald #1Q. 858-483-3534 x29; www.

PACIFIC BEACH. Studio, \$695/month. Off-street parking. Laundry available. Close to Mission Bay. 3503 Del Rey Street. Call 858-272-2889.

Street. Call 808-272-289.

PACIFIC BEACH. \$1115. 1 bedroom. Large, downstairs. Stove, refrigerator, dishwasher, microwave. Coin laundry, carport parking. 2 private patios. No pets. 5 blocks to ocean. Available now. 1180 Grand. Del Sol Property Management,

Broker, 858-270-2071; www.delsolpm.

com.

PACIFIC BEACH, NORTH. \$1075. 1 bedroom. Upstairs. Stove, refrigerator. Balcony. Gas fireplace. Coin laundry
Parking. Available 3/12/08. 1032 Beryl
Del Sol Property Management, Broker
858-270-271: www.delsnlm.com

PACIFIC BEACH, NORTH. \$1195. 2 bedrauffle BEACH, NORTH. \$1195. 2 bed-room, 1 bath. Tiny cottage in front of stu-dio apartments. All utilities paid. Stove, refrigerator. Coin laundry. 3 blocks to cean. Cat OK with additional \$300 de-posit. Available now. 5025 Cass Street. Del Sol Property Management, Broker, 858-270-2071; www.delsolpm.com.

PACIFIC BEACH, NORTH. \$2250. 3 bedroom, 2 bath condo. Upstairs in quiet 4-plex. Stove, refrigerator, dishwasher. Laundry hook-ups. Garage plus parking space. Private balcony. Fireplace. No space. Private balcony. Fireplace. No pets! Available 3/15. 960 Sapphire. Del Sol Property Management, Broker, 858-

PACIFIC BEACH, NORTH. \$1050. 1 bed-PACIFIC BEACH, NORTH. \$1050. 1 bed-room. Upstairs, large end unit. Stove, re-frigerator. Garage space. Coin laundry. No pets. 3 blocks to ocean. Available 4/10. 1051 Diamond. 858-270-2071. Del Sol Property Management, Broker. www.

PACIFIC BEACH, NORTH, \$1875, 3 bedroom, 2 bath. Large, upstairs end unit. Remodeled. Stove, refrigerator, dish-washer, microwave. Coin laundry. Park-ing. No pets. Shared courtyard. Available 4/15. 1554-1/2 Diamond. 858-270-2071. Del Sol Property Management, Broker. www.delsolom.com.

room. Large, upstairs end unit refrigerator, dishwasher, mi ve. Large balcony. Garage space Property Management, Broker. www.

PACIFIC BEACH, 1 bedroom, 1 bath \$1045. New carpet, near sail bay! No pets. 3911 Riviera. 858-483-3534. www.

PACIFIC BEACH. 1 bedroom, 1 bath. \$1050. Close to beach! 1076 Felspar. No \$1050. Close to beach! 1076 Felspar. N pets. 858-483-3534. www.cal-prop.com. pets. 858-465-5555...

PACIFIC BEACH. 1 bedroom, 1

Class to beach! 861 Felsp

parking. No pets. 858-483-3534. www cal-prop.com.

ads with photos at

PACIFIC BEACH. 1 bedroom, 1-1/2 bath. \$1175. Upstairs, big closets, 1 parking! No pets. 1501 Reed #9. 858-483-3534.

PACIFIC BEACH. 1 bedroom, 1 bath \$1200. Close to beach! 829 Diamond. 1 car garage! No pets. 858-483-3534.

PACIFIC BEACH. 1 bedroom, \$1225. Close to beach, upper unit! 1044 Sapphire #7. No pets. 858-483-3534.

PACIFIC BEACH. \$1425 per month. \$900 deposit. 2 bedroom, 1 bath. Spacious. New carpet. Dishwasher. No pets. 1 year lease. Available mid-March. See at 3911

Develor Street or Call 898-2/04-266.

PACIFIC BEACH, \$1450 per month. Deposit \$900. 2 bedroom, 2 bath. Spacious. New carpets. Balcony. Dishwasher. No pets. 1 year lease. Available mid-March. See at 3911 Jewell Street or call 858-270-

PACIFIC BEACH. 1 bedroom, 1 bath \$1250. View deck, new kitchen/bath, win dows! 1304 Felspar #C. 1 parking, no pets. 858-483-3534. www.cal-prop.com.

PACIFIC BEACH. 2 bedroom, 1 bath. \$1495, near Crown Point, front patio, 1 parking, no pets. 3708 Jewell. 858-483-3534. www.cal-prop.com.

large lower 2 bedroom, 1 bath, appli-ances, ceiling fans, mirrored closet, off-street parking. Cat ok. 4406 Dawes Street. 619-804-3325.

PACIFIC BEACH. Move-in special! 1 bed-room plus den, \$1050. End unit. Dish-washer, ceiling fan, patio, parking. Walk to beach/shops. No pets. Lease. 4467

Dawes. 858-483-4553.

PACIFIC BEACH. \$895. \$250 off first month. Spacious studio, all appliances, patio, pool, spa, gym, tennis, barbecue, laundry, secured parking. 1885 Diamond Street #122. 619-602-7080.

PACIFIC BEACH. 1 bedroom, 1 \$1500. Close to beach! 860 Tur

#226. 1 parking, small pet negotiable with deposit. 858-483-3534. www.cal-prop.

PACIFIC BEACH. Studios starting at \$845. Newly remodeled kitchen, large closet, pool, laundry, parking and tropical landscaping. Available in April. Call for in-

PACIFIC BEACH. \$1775. 3 bedroom, 2 bath duplex. Like new appliances. Laundry on site. 2 miles to the beach. No smoking. No pets. Please stop by 2734 Hornblend Street (behind 2736). Available 3/30. 619-997-9383.

PACIFIC BEACH. 2 bedroom, 1 bath. \$1575. Upstairs unit with bonus room in Crown Point. 4013 Honeycutt. No pets. 858-483-3534, www.cal-prop.com. www.cal-prop.com

PACIFIC BEACH. 2 bedroom, 2-1/2 bath. \$1995. Close to beach! Townhouse with patio. 954 Agate #C. 2 parking, no pets. 858-483-3534. www.cal-prop.com www.cal-prop.com

PACIFIC BEACH, 3 bedroom, 2-1/2 bath \$2550 townhouse with wood floors! 4627 Lamont. 2 car garage, washer/dryer. 858www.cal-prop.com.

483-393-4. Www.da-propt.com.
PACIFIC BEACH, \$1300.1 bedroom condos, washer/dryer, stainless appliances, wood-burning fireplace, granite. Parking. Lease-to-own option. Call 858-274-1585.
E-mail: jessica@oceanpacificcompanies.

PACIFIC BEACH/NORTH. \$1395. Large 2 bed 1 bath. Patio, parking space, quiet area. Wonderful upgrades, including travertine, berber-style carpeting, panel doors. 1829 Chalcedony. 858-488-8120.

PACIFIC BEACH, 2 bedroom, 2 full baths. PACIFIC BEACH. 2 bedroom, 2 full baths, \$1725. Upstairs duplex with garage, lots of storage, like living in a house, private balcony. Very large. All new. 1100 square feet. See Sea World fireworks in summer. Near beach and bay. Close to all. 4237 Kendall Street. 858-483-5111 x10 or apply online at www.melroyproperties.com.

PACIFIC BEACH. \$1150. 2 bedroom, 1 bath cottage. Patio, parking, laundry facility. No pets. 4115 Ingraham Street. 858-270-4674.

270-4674.

PACIFIC BEACH. Great values, nice, clean, convenient apartments in multiple Pacific Beach locations. Studios from \$765. 1 bedrooms from \$955. 2 bedrooms from \$1325. Parking, laundry. Some buildings with gated entry, pool and/or deck. No pets. 858-483-3796.

PACIFIC BEACH. \$925, 1 bedroom. \$200 off first month's rent! Courtyard. Laundry. Parking. 4418 Bond Street #7. Open for viewing or call for appointment. 619-226-

#### AUTOMOTIVE



any car, back 3 windows,

### **Car Alarm**

• Door protection • LED • Shock sensor • Keyless entry option • Parking light flash • 2 remotes

Stereo Outlet

2710 Garnet Avenue Pacific Beach • 858-581-2434



## *IlransmissionPros*

#### **CONTACT US TODAY FOR:**

- FREE 30 Point Safety Inspection!
- FREE Check Engine Light 🗀 Diagno
- Save 25% OFF High Dealer Service Price We perform **ALL** Automotive Repa

#### **QUICK TURN-AROUND!**

- Same Day Clutch Installation! Bring your own clutch – we w All parts must be received in the morning.
- 48 Hour Automatic Transmission Re-Builds

5780 Autoport Mall (805 and Miramar Rd.) 858.558.8808 - Ask for Luis! www.Transmission-Pros.com

# **OIL CHANGE**

Do you hear clicking when you turn?

\$49.95

**TRANSMISSION TUNE-UP SPECIAL** 

\$49.95

# (C) LEXUS (\(\sigma\)

**WE COME TO YOU!** 

**Our ASE Master Certified techs can diagnose** your car problem quickly to save you money! Miramar Speedy Tune & Brake 6696 Miramar Road

(1 mile east of 805) 858-824-1747



SPEEDY AUTO CENTERS

TOYOTA () ACURA Mazda VOLVO ()

**Sports Arena** Speedy Auto Tech 2950 Kurtz Avenue (Just off Rosecrans behind Jiffy Lube) 619-295-2293

Over 20 Years of Honesty & Integrity Serving San Diego County!

#### FREE **BRAKES**

- Inspect hardware
- Inspect drums or rotors Inspect master cylinder & fluid

**PREMIUIM BRAKE PADS** 

Parts & labor. Front or rear. Ceramic pad \$20 extra. Resurface rotors extra if needed.

### **FREE** CAR

RENTAL ONE DAY with any repair over \$350.

FREE TOWING (Call for details.)

COMPUTERIZED **ALIGNMENT** \$**39**<sup>95</sup>\*

Most cars, 4-wheel \$49.95

 Tune-up
 Install new spark plugs
 Change engine oil
 Change oil filter
 Lubricate chassis
 Train & term cooring system.
 Adjust idle to factory specs
 Check ignition system & timing
 Lubricate chassis
 Inspect and adjust brakes **ENGINES &** I TRANSMISSIONS

REBUILT

Call for special price.

**RADIATOR** \$ **149**95\* ■ Starting at Parts. Most cars.

**FACTORY-SCHEDULED SERVICES** 

30K • 60K • 90K Starting at \$139% (4-cyl.

Prices valid for most 4-cyl. cars. 6- & 8-cyl. extra. Call for a quote on your model.

Frices valid for most 4-cyt. cars. 0- & 0-cyt. extra. Can for a quote city a fine for the first of the first

\*Valid for most cars. Call store for details. Each store individually owned and operated.

We honor extended warranties. We submit all

**SMOG CHECK** \$10 off paperwork! Sports Arena location only.

### FREE" COMPUTER **SCAN**

#### "CHECK ENGINE" LIGHT ON?

COMPLETE AXLE

\$149<sup>95</sup>

#### San Diego's best and most detailed inspection of all your car's components! We help you save money and prioritize any maintenance that's needed. With coupon and appointment only.

FREE

**Bumper-to-**

**Bumper** 

Inspection

**OIL CHANGE** 

\$1**9**95\*

Plus disposal fee. With appt.











CHEVROLET



**CHRYSLER** 

Plymouth

, 2008

4664 Park Blvd. (at Adams Avenue) • 619-543-4828

Hours: Mon.-Fri. 8 am-5:30 pm Sat. 8 am-3:30 pm

www.sdsmogandrepair.com

AutoCare Quality NAPA parts

(NAPA)

2 Locations to Serve You

#### CLIFF BROWN AUTOMOTIVE

Serving

Since 1947

4491 Park Boulevard (Park & Monroe) • 619-297-4204 Hours: Mon.-Sat. 8 am-5:30 pm Sun. 9 am-2 pm San Diego

www.cliffbrownautomotive.com Coupons must be presented prior to service.

## **CLUTCH SPECIAL**

Includes: throwout bearing, pilot bearing bushings, disk, clutch cover. Most vehicles. Limited time offer. Front-wheel drive extra.

#### **LUBE • OIL FILTER** FROM \$2495

Up to 5 qts. oil. Most vehicles to 1995 Limited time offer

#### **CATALYTIC CONVERTER** FROM \$11995

Mufflers \$3995 All types of custom muffler work done. We'll beat any competi-tor's price by 10%. Most vehicles. With ad. Limited time offer.

C.V. BOOT FROM \$3995

Includes: boot, parts, labor, grease. 1/2 price for the 2nd vehicles. Limited time offer.

# **SMOG CHECK**

At San Diego Smog location only.

We Test, Repair & Certify Test Only & Gross Polluters.

#### 30,000-MILE **SERVICE SPECIAL**

Service includes: Maintenance tune-up

Oil and filter change

Air filter replacement

Check brakes &

FROM Most vehicles.

**ENGINE STEAM CLEAN \$49°5** 

 Lube chassis • Radiator coolant change

· Fuel injection cleaning

\$**179**95

otter. Must bring DMV renewal notice.
\*All 1995 and older vehicles additional \$10 for EVAP test.

Test Only \$39<sup>75</sup> + \$8.25 cert. 8 \$2 V.I.D.

#### TIMING BELT SPECIAL FROM \$7500

Plus parts Recommended at 60K miles. Most vehicles. Limited time offer.

COOLING SYSTEM SPECIAL

\$**39**95

up to one gallon of coolant. Special coolant extra. Most vehicles. With extra. Most vehicles. W ad. Limited time offer.

PACIFIC BEACH/CROWN POINT. 3 bed-rooms, 2-1/2 bath. Steps to bay Panoramic ocean views, bay views from every floor. Large master bedroom with hardwood floors. Rooftop deck. Gated, private yard and patio. \$3400. 858-735-

PACIFIC BEACH/CROWN POINT. 2 bed room, 2 bath apartment. Half block to bay. 3820 Haines. 1-year lease. No pets. \$1550/month, \$1000/deposit. Move-in

special Jason, 858-837-0564.

PACIFIC BEACH. 3 bedroom house \$1795. Appliances. 2 parking spaces. Ceramic tile floors. Carpeted bedrooms Fenced patio. Laundry facility on site Easy freeway access. 858-272-9547.

PACIFIC BEACH. \$1325, 2 bedroom, 1 bath, upper unit. Laundry. First come parking. 3726-1/2 Ingraham Street. Call 858-490-1600.

PACIFIC BEACH, WEST. \$975. 1 bed room, 1.5 bath. Bright, breezy apartment. Sparkling clean, new paint, parking, laundry. Indoor cats OK. 1319 Hornblend. 858-454-7691.

PACIFIC BEACH. \$900. 1 bedroom, 1 bath apartment, ask about lease terms, on-site laundry. Fee. Free search at www.

westsiderentals.com. 619-367-3333.

PACIFIC BEACH. \$825. Studio, 1 bath apartment, upstairs unit, walk-in closet/dressing area, centrally located, paid water/trash/gas. Fee. Free search at www.westsiderentals.com. 619-367-

PACIFIC BEACH. \$1350. 2 bedroom, 1.5 bath apartment, carpet floors, on-site laundry, dishwasher, ceiling fan, paid water/trash. Fee. Free search at www. als.com. 619-367-3333.

westsiderentals.com. 619-367-3333.

PACIFIC BEACH. \$1150. 2 bedroom, 1 bath apartment, cottage-style unit, carpet and tile floors, parking included, on-site laundry. Fee. Free search at www. westsiderentals.com. 619-367-3333.

PACIFIC BEACH. \$2495/rent, \$2200 de posit. 3 bedroom, 2.5 bath. Stove, refrig erator, dishwasher, washer/dryer in unit fireplace, balcony, tandum garage, en-closed patio. 1550 square feet. 1448 Dia-mond Avenue. Available 3/15. Call Ed, 858-597-6100. PACIFIC BEACH, \$2000, 2 bedroom, 2-

1/2 bath, tri-level. New appliances. Tile/carpet floors. Fireplace, garage. Near all. No smoking. Quiet 12-unit complex. 2 decks. 760-613-7722.

PACIFIC BEACH. Well maintained, upper 1 bedroom, \$895. Clean, quiet, parking, laundry, ceiling fans, pool. No pets. 619-279-0031.

PACIFIC BEACH, \$845, 1 bedroom, Hard wood floors, on-site laundry. Near 1-5, minutes to Downtown, La Jolla. Available immediately. 3432 Del Rey. 619-222-

PACIFIC BEACH, \$1700. Remodeled 2 bedroom, 1-1/2 bath townhome. Half block to Vons. Full-size washer/dryer, granite counterlops. Open Saturday 2:30-3:30pm. 1624 Emerald Street. TPPM, 858-699-3851. PACIFIC BEACH/CROWN POINT. \$1350. 2 bedroom upper unit near bay. 4021 La-mont Street. No pets. Laundry facility. Off reet parking (month to month rental) vailable 3/26. (858)274-1446 email

PACIFIC BEACH/CROWN POINT. \$950 droom. Ground floor unit, approxi-ly 730 square feet. Near bay. 1846 r. No pets. Laundry facility, off-street ng. Month to month. Available 3/15. Photos on our we http://www.freewebs.com/lefront Contact Manager lefrontenac@inbox.com

PACIFIC BEACH. \$1650. 2 bedroom, 1 bath. 3 blocks to beach. Assigned off-street parking. Laundry on-site. Available now. No pets. 1050 Hornblend. Call 858-270-4492 x203.

PACIFIC BEACH/CROWN POINT. \$1495 bath in very attractive property. Partial bay view. Steps to Sail Bay. Open Saturday, 10-11am. 3803 Riviera Drive. TPPM, 858-699-3851.

PACIFIC BEACH. \$895. 1 bedroom in gal den setting. Easy access location. Pool, recreation room, laundry. No pets. 2710 Grand Avenue. TPPM, 858-273-8657.

PACIFIC BEACH, \$1200, 1 bedroom, 1 bath apartment. Off-street parking. Laundry on site. No pets. 4451 Haines Street. Available May. 858-270-4492 x203.

PACIFIC BEACH. \$1425. 2 bedroom, 1-1/2 bath, dishwasher, stove, refrigerator, garage, upstairs, newly remodeled. No pets. 1929-1/2 Oliver Street. 858-272-

PACIFIC BEACH, \$1650, 2 bedroom, 2 bath at the "Plaza". Pool, spa, tennis. New carpet. Coin laundry. No pets. Open Sat-urday 1-2pm. 1885 Diamond 2-314. TPPM, 858-699-3851.

PACIFIC BEACH, \$1095/month: Large re PACIFIC BEACH. \$1095/month: Large re-modeled 1 bedroom apartment, upstairs with balcony. \$1525/month: Spacious re-modeled 2 bedroom, 2 bath apartment, upstairs. Parking. Pools. Laundry facili-ties. Cats OK. 3883 Jewell Street. Call Manager, 858-272-0068. See www. apartments.com/tuscanapartments for

PACIFIC BEACH. \$825. Studios. Laundry on site. Street parking. 6 month lease. 3921-1/2 Haines, basic utilities included. 3925-1/2 Haines, pays electric. Call 858-400-1600.

A90-1600.

PACIFIC BEACH, \$1045. 1 bedroom beach cottage. Fenced rear yard. Pet considered. New carpet and paint. Very clean. Washer/dryer hook-ups. 2661 Figueroa Boulevard. Call for appointment. Shore Management 858-274-3500.

PACIFIC BEACH. 3 bedroom, 2.5 bath townhome end unit, washer/dryer, 2 parking spots, bay/beach close. 1528 Grand. \$2200. 714-323-9317.

PACIFIC BEACH. Large upstairs 1 bedroom, new paint. Near shopping centers. No pets. Laundry on site. \$1150/month. 1663 Diamond Street #5. Available now.

858-483-5111 x10.

PARADISE HILLS. Move-in special, 1/2 off first month's rent! \$1095. 2 bedroom, 1 paint. Washer/dryer. Pool. Storage. Cat OK. Garage/parking. Camphor Lane. Agent, 619-692-4121.

**POINT LOMA/PORTAL.** Upgraded townhouse. View. 2-master bedrooms, 2.5 baths. Resort facilities. Huge yard; dog ok. 8x10 storage. Nonsmoking. \$1995, deposit. Available 4/1/08. 619-787-6991.

POINT LOMA, \$1095 rent, \$600 deposit. OAC. 2 bedroom, 1-1/2 bath. Parking. Pool. Laundry. No pets. At 2707 Camulos Street #2. 619-523-2411.

Street #2. 619-523-2411.

POINT LOMA. Free rent until May 1st!
Valid with ad only. 13-month lease. Expires 5/1/08. Newly renovated 1 bedrooms from \$1325! City/bay views!
Caesar-Stone countertops. Stainless-steel appliances. Pool, spa, sauna. Fitness centers. Air conditioning. Pet friendly. Gables Point Loma, 3811 Marquette Place. Call 619-223-6577.
Gables.com. www.sdreader.com/news/rent1003.

POINT LOMA. Spacious 2 bedroom, 2 bath condo. Carport parking. Travertine fireplace. Washer/dryer. Pool. Pets ok. \$1795 includes cable TV/water. \$1000 deposit. 619-399-7960.

Point Loma. \$100+ move-in special! Large 1 bedroom. Parking, laundry. No pets. \$1025/month. Call 619-523-3969.

Point Loma. \$1500. New fixtures, cabinets, carpet. Covered parking. Washer/dryer. Balcony, corner unit. Nice breeze. View of pool/spa. Close to, freeways, beaches. 858-200-7511.

POINT LOMA. \$1545, Remodeled, luxurious, spacious, 1194 square foot 2 bedroom, 1-1/2 bath townhouse. \$1595, 1182 square foot 2 bedroom, 2 bath, and square foot 2 bedroom 2 bath, and \$1650, 1264 square foot 2 bedroom, 2 bath apartments. Imported ceramic tile floors in entry hall, kitchen and baths. The extra large master bedroom has a huge walk in closet. Enjoy ocean views from living room and bedroom. Pool, saunas and recreation room. Sorry, no pets. Digital cable and high speed intermet available. Call 619-226-8158. It's a great place to live. bistrir@earthlink.net.

POINT LOMA. \$3200. 3 bedroom, 3 bath home with downstairs flat unit. Includes washer/drver, dishwasher, stove, refriger ator. 2-car garage. Stunning views. www.utopiamanagement.com, 858-598-1111

POINT LOMA. \$1295. Large 1 bedroom, 1 bath. Washer/dryer. Air conditioning. 3 parking spots. Fireplace. Lagoon. Pool. Double oven. Gated community. Parking underground. Plue De College. Double oven. Gated community. Parking underground. Rue De Orleans. Agent, 619-692-4121.

**Grand Re-opening!** 

We're back - bigger and better!

POINT LOMA. Beautiful 1 and 2 bedrooms from \$1275. Sparkling pool and spa, view deck, outstanding fitness center, media room. Gated parking. Gor-

geous complex! No pets. 3950 Leland. Agent, 619-223-1390.

POINT LOMA. Studio and 1 bedroom, 1 bath apartments available, starting at \$885!\*. Close to ocean, off-street parking. \$885!". Close to ocean, off-street parking. Spa area, on-site laundry. Cats/dogs 20 lbs OK. Water and trash included. \*Limited offer, on approved credit, see man-ager for details. 2449 Soto Street, apartment #102. 619-224-1973. Or visit us on our website at www.sdrenting.com.

POINT LOMA. 3 bedroom, 2-1/2 bath, 2 story. 1700 square feet, stone floors, 2 car garage. Professional landscape. 3034 Fenelon Street. \$2500. 619-223-6302; cell 858-442-9730.

POINT LOMA/OCEAN BEACH. \$900 nny 1 bedroom apartment overlooking urtyard fountain. New floors. Quiet mplex with pool, jacuzzi, tennis, volley-II, clubhouse. Cats welcome. 619-280-

POINT LOMA. Move-in special: \$200 off first month! \$950-\$1195. 1 bedroom. 1 bath. Immaculate community, luxury apartments. Bright. Upgraded countertops and cabinets. Stainless steel applibath. Imm bartments ances. Close to beaches, Downtown and more. 3020 Hugo Street. Call Paola at 619-987-3634. sunriseliving.com. 34. sunriseliving.com

POINT LOMA, \$1095. Yacht Club Condo with private garage. Beautiful studio with balcony overlooking Marina. Clubhouse, pool, gym, laundry. Available April 1. 619-549-1069.

POINT LOMA, \$1250. Large 2 bedroom 2 bath. Fireplace, dishwasher, laundry. Garage available. Off-street parking. Walk to all. 2324 Palermo Drive, 92106.

POWAY-\$174.500/BEST OFFER! Lovely 3 bedroom, 1.5 bath Condo. Largest unit. Hardwood. Walk to pool, shopping, parks. Inspection: Satur-day/Monday, 10am-6pm. To be sold Monday night for best bid! DRE# 01344968. D. Mitchell, Venture Real Estate. 858-538-9455.

RANCHO PENASQUITOS. \$1550. 2 bedroom, 2 bath condo. Tiled floors through-out. All appliances. Central location. Near all. 10351 Azuaga #97, 92129. 619-698-

2 bedroom, 1 bath, \$600 off with 6-month lease! Low \$500 deposits! Newly remod-eled. Air conditioning. Pool, spa. Carport. No pets. Rancho Villas Apartments. 858-

San Carlos. Super special! 2 bedroom townhouses. \$1375 and up. Stove, dishwasher, garage, large patio, pool, laundry facilities. Lakewood Villa Townhomes, 8492 San Carlos Drive, San Diego. 619-469-3585; 619-944-0671.

SAN YSIDRO. \$950/mes. 2 cuartos, 2 banos con propio garage. Segundo piso, completamente remodelado. No mascotas. 123 W Olive Drive #7. Unidad #1. 619.690.1069

SANTEE. \$1600. Remodeled 3 bedroom condo. 1100 square feet. New

### SUSPENSION PLUS **COMPLETE AUTOMOTIVE CENTER SINCE 1989 • FOREIGN & DOMESTIC**

www.suspensionplus.net

#### MIRAMAR • (858) 558-8562

6696 Miramar Rd., Suites I & J (Miramar Auto Center, 2 miles east of UTC mall)

> **POINT LOMA** (619) 223-2248

3112 Midway Dr., Suite D (Midway & Rosecrans, next to Discount Tire)

#### **Factory Scheduled Service** •60K/90K \$13995

Free alignment inspection!

Computerized

Alignment

Thrust Angle

4-Wheel Alignment \$49°5

Set toes to specs. Most cars. Shims & cams extra.

Free brake inspection!

**BRAKE SPECIAL** 

\$**79**95 Most cars.

Replace pads or shoes, inspect hard-ware, inspect rotor & drums, inspect hydraulics. Non-slip rotors,

semi-metallic pads & premium pads extra. 4x4s, light trucks

& 4-wheel disc extra. Lifetime warranty available.

Prices subject to change without notice. Must present coupon at time of service.

•30K \$**99**<sup>95</sup>

- Install new spark plugs · Change engine oil and filter

**Timing Belt** 

Plus parts. A/C extra. Most cars. All vehicles welcome. Call for a quote for your vehicle.

**New Radiator** 

AS LOW AS \$159

Oil Change

\$15<sup>95</sup>

Includes 5 quarts 10W/30 oil and new filter. Most cars.

FREE

CAR RENTAL

One day with any repair over \$380

Most cars.

- Rotate tires · Check ignition system · Clean battery terminals

- · Flush brake system
- · Inspect and adjust brakes
- 15K or 30K may not require all services or parts listed.
  - Inspect underhood components
    - · Check fluids · Inspect belts

· Road-test vehicle Premium plugs extra. Most 4-cyl. cars and light trucks. Some trucks and 4x4s slightly higher.

**Complete Axles** 

AS LOW AS \$ **995** Lifetime warranty Plus labor, Most cars

Maintenance Tune-up

Install plugs

New Clutch

Rear-wheel drive. Front-wheel drive, Labor light trucks & 4x4 extra.

BUY THREE, GET THE FOURTH FREE MANROEF

> TOWING AVAILABLE

#### • Alignment • Balance • Smog And More **SMOG CHECK**

**CALIFORNIA MOTOR** 

upon only. Plus \$8.25 for certificate and \$3 transfer fee. Retest free when repair done on site. VIP service, 2 machines. No appointment necessary. Most 4-cyl. cars only. 1995 and older \$7 extra. European cars extra.



WELCOME ALL FLEET ACCOUNTS • AAA APPROVED

Certifying Gross Polluters • Foreign & Domestic • Full Maintenance & Repair Service We Do: Overhaul • Brakes • Carburetor • Electrical • Shocks • Struts • Tires

#### OIL CHANGE With free brake and 32-point inspection. Most 4-cyl. cars. Plus \$2.50 disposal fee.

TRANSMISSION **FLUSH** 

Trans Tech 2000 flush machine, unique in its class, flushing 100% of old fluid out and adding new fluid in, Labor only, Most 4-cyl, cars, Ask for details

A/C SERVICE

#### **ENGINE FLUSH**

State-of-the-art engine flush machine built by Bilstein. Complete engine oil flush from top to bottom. Labor only. Most 4-cyl. cars. Ask for details.



#### **MAJOR SERVICE** 30K/60K/90K

• Install spark plugs • Drain & refill radi

 Check all belts Replace air filt

Change engine oil and filter
 Inspect brakes

Clean & adjust rear brakes

 Top off all fluids
 4 tires rotation and balance 38-point inspection

**FREE "CHECK ENGINE" LIGHT** 



COOLANT SERVICE

DIAGNOSTIC

Includes 1 gallon of coolant. Most 4-cyl. cars. Dex coolant extra

TUNE-UP Most 4-cyl. Inspect filters, replace copper core plugs.

BRAKE SPECIAL \$9 pads or shoes. Resurface rotors or drum:

Free one-day car rental with repair over \$350.

8025 Clairemont Mesa Blvd., San Diego, CA 92117 (858) 560-1245

day-Friday 8 am to 6 pm, Saturday 8 am to 3 pm Se habla español • SDS11108525-X3 Coupons expire 3/31/08.

Reader March 20,







Monday-Friday 8 am-6 pm • Saturday 8 am-5 pm Call for details. Please call for an appointment.



#### AS LOW AS \$34.55 Premium plugs extra. Most cars & light trucks. Complete transmission flush by

**Shock & Strut Special** 



#### **LEAD STORY**

- In February, after reviewing DNA evidence, a Mississippi judge released two convicted rapists of children who had each been in prison for more than 12 years. The men had been convicted primarily by the "bite mark" analysis of since-discredited dentist Dr. Michael West, who used iridescent lights and yellow goggles to demonstrate that scratches on the victims were bites by the two men. Subsequent independent analysis identified the scratches as scratches, perhaps even made by West himself, according to a director of the Innocence Project. West's bite "technology" has been widely ridiculed by forensic professionals.

#### **The Continuing Crisis**

- A 25-year-old woman was arrested for assault in Bremerton, Wash., in December after fighting with her boyfriend in the shower over whether the man's dog could join them. The woman objected and said the arrangement would be a deal-breaker for their relationship, to which the boyfriend replied that he hoped his next girlfriend would appreciate the dog more. At that, according to police, she punched him several times in the face, and in their struggle, he dislocated his shoulder.

- In January, the state medical board in Sydney, Australia, admonished psychiatrist Yolande Lucire for testifying in a court case about her belief that Ritalin and similar drugs had produced residual organic hallucinosis in children that might explain their violence later in life. The board said it disagreed with her and ordered Lucire to make an appointment with a senior psychiatrist for therapy, to help her deal with her problem of making unconventional diagnoses.

#### Vikes!

— In early January, when a national deep freeze extended even to the Florida Keys, iguanas fell into their natural hibernation-like torpor, and some compassionate Floridians, unaccustomed to seeing iguanas that appeared nearly dead, took them indoors to warm them up, which is a mistake. The owner of the veterinary clinic in Marathon said one "sweet lady" called him about the fivefooter she had dragged inside. "When it woke up," said the vet, "she couldn't understand why it seemed to be coming after her.... When they warm up, they go back to being a wild animal. - Since at least the early 1990s, trillions of discarded plastic items have converged, held together by swirling currents, to form the Great Pacific Ocean

Garbage Patch that now covers an area twice the size of the United States and weighs about 100 million tons. "Every little piece of plastic manufactured in the past 50 years that made it into the ocean is still out there," said one researcher quoted in a February dispatch in London's Independent. An oceanographer predicted that the patch would double in size in the next decade. A 2006 United Nations office estimated that every square mile of ocean contains, on average, 46,000 pieces of floating plastic.

#### **CSI: Cats**

 (1) Luis Jimenez, 24, was arrested in Austin. Texas, in January and charged with having child pornography that police say he left behind when he moved. The subsequent tenant has a cat, which, in the process of exploring the new digs, got caught in a gap between a pantry and a ceiling where the DVDs had been hidden. (2) Police testifying in the murder trial of David Henton, 72, in Swansea, Wales, in January said they made recordings (in his home, with hidden microphones) of Henton confessing to killing his longtime domestic partner. Since Henton lives alone, the wordy confessions were apparently to his cats, to whom he spoke frequently about a range of matters.

#### **Least Competent Criminals**

 A 16-year-old boy was arrested in Toronto in February after he emerged from a CIBC bank with about \$150,000 stuffed in a sack. Despite numerous Hollywood movies emphasizing the need for speed in a bank robbery, the kid had dawdled inside for more than 45 minutes after the silent alarm had been pressed, collecting cash not only from the vault and tellers but from customers, and by the time he walked out, the bank was surrounded by cops.

- Pat Dykstra, 51, of Fox Lake, Wis., was persuaded by bar patrons, including her boyfriend, that she was too drunk to drive and so took responsibility by calling 911 from her truck to ask that the sheriff send someone to follow her home, according to a January Milwaukee Journal Sentinel story. (Dykstra then ended the call by telling the dispatcher how dangerous it is to drive while on the phone.) When deputies caught up to Dykstra, she registered a .14 blood-alcohol reading, well over the maximum permitted.

Send your Weird News to Chuck Shepherd, San Diego Reader, P.O. Box 85803, San Diego, CA 92186 or to WeirdNewsTips@Yahoo.com

kitchen, granite countertops, stove, microwave, dishwasher, carpets, washer/dryer. Patio, storage. Parking.

SCRIPPS RANCH. 3 bedroom, 2.5 bath townhome. Hendrix Pond view. 2-car garage. 3-decks. Nonsmoking. \$2245 in-cludes water/trash. Days, 858-480-0206. Evenings/weekends, 858-774-7384.

SHERMAN HEIGHTS. 532 21st Street #2. 1 bedroom, 1 bath, \$725. 1/2 off first month's rent! dc@sdcpm.net. SDCPM, 619-220-4840.

SOLANA BEACH, \$1050, 1 bedroom Beautiful senior community, 55+, Gated. Laundry. Elevator. Courtyard. Clubhouse with large screen TV, Internet access. West of I-5. Close to shopping, bus routes. Near Del Mar Fair grounds, ocean. No pets. Section 8 welcome. 858-755-5995.

SOLANA BEACH. \$1315. Newly remodeled 1 bedroom. Upstairs apartment home located just around the corner from Del Mar beaches, race track, and close to Cedro's Design District. Our community is perfect for the Southern California

\*Prices do not include tax or environmental fees. Adjustments are where applicable. Inspections are visual only. Call for vehicle-specific quotes. See store for details. Most cars. Not valid with any other offer and/or discounts. May not be used on previous charges. Present coupon at time of order. No substitutions. Prices subject to change without notice.

lifestyle. Open kitchen, breakfast bar. walk in closet, ceiling fans, balconies. Pets welcome. This will go fast so call today! If interested please call 858-755-1466.

SOUTH PARK. \$1100. Large 1 bedroom. Large patio and closets. Laminate floors. Kitchen has dining area. No dogs. 619-300-1365

SOUTH PARK/GOLDEN HILL, \$1450. Spacious 2 bedroom upper. Near Downtown, golf, park. Off-street parking. Ceiling fan. Blinds. Refrigerator. Stove. 30th/Date. 619-291-3958. 760-271-1198.

SOUTH PARK, \$1025, 1920s Spanishsouth Park. \$1025. 1920S Spanish-style 1 bedroom. Lower part of con-verted home. Hardwood floors. Decorative fireplace. Large kitchen. Shared yard. Cats OK. Gas/electric in-cluded. Agent, 619-234-9553. www. goldenhillpm.com.

SOUTH PARK. \$645/rent. Studio. \$400 deposit. Laundry facilities available. Close to Balboa Park/stores. No pets. Big City Property Management. 619-584-5000

**SOUTH PARK.** Cute, spacious 2 bedroom, 1 bath apartment. 1644 Grove

Street. \$975. \$700 deposit. \$200 off. Laundry. Near Balboa Park. Big City. 619-584-5900.

SPRING VALLEY. Half off first month, OACI \$1050. 2 bedroom. \$1299. 3 bed-room, 2 bath. Spacious. Laundry, bal-conies, pool. Military accepted. Espanol. 619.857-0365

TALMADGE. \$865. Large 1 bedroom. Clean, good condition. Nice, quiet area. On-site laundry, off-street parking, air conditioning, security gated. 4544 Winona Avenue. 619-229-1406.

**TALMADGE.** Studio \$685. Gated, very nice. Air conditioning, patio, washer/dryer, utilities included. 619-316-0407.

#### **A** UTOMOTIVE





3166 Adams Avenue (next to 8 & 805) 619-282-5555













Our new service exchanges nearly 100% of

your transmission's old fluid

\$2995\*

\$**59**<sup>95</sup>\*

Labor only.

Plus parts.

Inspect wheer cylinders
 Inspect hardware
 Inspect drums or rotors

• Inspect lines, hoses & seals
• Inspect master cylinder & fluid

Up to 1 gallon green coolant

capacities extra)

(special coolants and/or additional

TALMADGE/KENSINGTON. \$250 off first months rent! Deluxe 2 bedroom, 1 bath at \$1035! Large closets, built-in shelving, ceiling fans, separate dining room. Refrigerator, stove, dishwasher. Covered parking, courtyard, on-site laundry. Pool, spa with poolside WiFi. Outdoor billiards, barbecue lounge with WiFi. Fitness center computer labl Pet friendly. Call for any ter, computer lab! Pet friendly. Call for appointment, 619-282-1191. www.pacificliving.com.

TALMADGE/COLLEGE AREA. 1/2 month free! \$785, 1 bedroom. New carpet/paint. free! \$785, 1 bedroom. New carpet/paint. Quiet complex. Laundry, parking, gated, 4420 Estrella Avenue. 619-253-2290.

TALMADGE/COLLEGE. \$775.1 bedroom downstairs unit. Refrigerator, stove, dishwasher, on-site laundry, storage closet. No pets. Optional parking. Available now. 4492 Estrelia. 858-538-5013.

TIERRASANTA. \$1895. 4 bedroom, 2-1/2 bath townhome. Unit includes refrigerabath townhome. Unit includes refrigerator, stove, dishwasher, microwave. Washer/dryer hook-ups. Community pool/spa. www.utopiamanagement.com, 858-598-1111 x193.

UNIVERSITY CITY. \$1695. 2 bedroom, 2

# **Free Classifieds!**

Post free online ads with photos at SDReader.com

washer and dryer, community pool and jacuzzi. www.centrecity.net. 3945 Camino Calma. 619-296-6699.

UNIVERSITY CITY, 3 bedroom, 2 bath townhouse. \$2200/month. 1 year lease All applinaces. 2 car garage. Call for appointment. Michael, 858-597-6100.

UNIVERSITY HEIGHTS, 1 and 2 bed rooms, \$750-\$895. Nonsmoking. Appli-ances. Carpets. Off-street parking. Laundry room. Deposit/credit check re-quired. Onsite manager. 4338 Mississippi Street. 619-884-4322.

UNIVERSITY HEIGHTS. \$895. Extra large shared garage, patio, new paint, laundry. Near all. 4550 Louisiana. 619-804-3325.

UNIVERSITY HEIGHTS. \$795. Studio, 1 bath. Laundry available. Available 3/15. 4320 Campus Avenue #5. www.cethron.com. 619-295-1100.

UNIVERSITY HEIGHTS. Huge upstairs 2 bedroom, \$1050. Quiet, gated 8-unit bedroom, \$1050. Quiet, gated 8-unit building. Covered parking, laundry on-site. Available April 1. 4464-1/2 Oregon Street. Agent, 619-260-1368. View at http://www.sevillemgmt.com.

UNIVERSITY HEIGHTS. 1 bedroom, 1 bath senior or disabled community apartments, \$695. Move in special: 1/2 off second month's rent. On-site laundry, gated community, close to bus lines. Small pets OK! 4086 Swift Avenue. Agent, 858-560-1178 for additional information. Roberto, 858-688-0396 to schedule an appointment to view the unit.

UNIVERSITY HEIGHTS, \$695, Small 1 bedroom cottage at back of property. Quiet, private. 4482 Georgia Street. Good credit/references. No pets. Agent, 619CHULA VISTA. \$725. 1 bedroom in small complex near downtown. Clean, quiet. Fresh paint, new carpet. Parking. No pets. Good references/credit required. Agent, 619-585-9471.

UNIVERSITY HEIGHTS. \$1150. Large upper 2 bedroom, 1 bath gated, all appliances, garage, air conditioning, large balcony, laundry, near all. Cat ok. 4360 Hamilton Street #7. 619-804-3325.

UTC. 55/up. Spacious luxury living. Pool, spa, golf course. 1 bedrooms, \$1099. 2 bedrooms, \$1349. Town Park Villas, 4633 Governor Drive. 858-453-0441.

UTC/LA JOLLA 4 bedroom 2 bath, beautiful condo, 1 car garage. Patio, refrigerator, washer/dryer. Tennis, pool. Near shopping. No pets. \$2300/negotiable. 858-573-0239.

REAL ESTATE

#### Houses

PLACE PRINTED ADS in the Reader by

calling 619-235-8200. **POST FREE ONLINE ADS** with photos at SDReader.com. See thousands of classified ads not printed here!

AMAZING! Room for everything! Almost 1 acre, newer home. 4 bedroom, 2 bath. Family room, fireplace, RV parking. Reduced by \$71,000! \$549,000. Agent Kelly, 619-562-6999.

BORREGO SPRINGS. Single story, 3 bedroom, fireplace, granite, stainless steel appliances, laundry area, recessed lighting, 2-car garage. Two hours from downtown San Diego. \$259,900. 714-448-1255.

714-448-1255.

EL CAJON. Five star home. 4 bedroom, 2 bath, 2 car. Newer everything! This beautiful home is in a 4-star school area (Pep-

per Drive). Dual windows and doors,paint, carpets, air, kitchen and baths, roof, insulation. nice back yard with covered patio. skylight, fully fenced. Small RV parking. Best kept yard, abundant flowers. \$450,000-475,000. Call

FREE. VIEW SAN DIEGO'S only real estate listings with exact addresses! Get"comps," school information, maps, and more. Go towww.SanDiegoReader.

com/realestate.

AS YEGAS. Beautiful 2 bedroom plus den, 2 bath, formal dining room, large island kitchen, fireplace, 26x63 manufactured home. Corner unit, gated 55+, \$79,900. Owner, camandsaw@cox.net or

702-989-35/1.

OREGON/UMATILLA, 303 acre Umatilla buffalo ranch. Nice 2100 square foot custom log home, 6000 square foot shop buffalo corrals, 125 acre irrigated circle with water rides, 270 acres of rock, all rock are leased under mining permit. Minutes from town, 541-567-2833.

ses non town, 341-567-2833.

SANTEE, Gorgeous total remodeled 4 bedroom 2 bath. Granite countertops. New cabinets, tile, travertine. Check out, www.976 Imastblvd.com, for pictures and more details. \$365,000. Owner 858-472-1013.

VALLEY CENTER, 1962 Mobile home for sale. In well kept Senior mobile home park. Orange, grapefruit, peach, plum trees. Fishing Lake, clubhouse, pool. \$10,000/owner, 760-749-4124.

#### AUTOMOTIVE





# Smog Special

**Test Only** Fast • Easy • No Appointment Needed

plus \$8.25 certificate & \$2 transfer fee. Trucks, vans & SUVs \$10 extra.

We now do European cars.

#### or \$3175 with a Free Retest

We Certify: Gross Polluters, Out of State, DMV Renewal, Change of Ownership

\$5 extra for vehicles from 1976-1995.

#### SMOG CLINIC

7535 Clairemont Mesa Blvd., Suite C (Next to Kearny Mesa Bowling Alley) 858-292-7903 Mon.-Fri. 8 am-6 pm • Sat. 8 am-3 pm Visa • MasterCard • Coupon expires 4/3/08. Must present coupon at time of service.



### Last year we gave our clients over §11,253.55 in rebates.

What has your repair shop done for you?? LIFETIME NATIONWIDE WARRANTY on most premium parts.

We gave our clients 163 FREE oil changes.

And we provide FREE local shuttle service to home or work.

Come see why in the last 14 years we have had over 23,481 satisfied clients.

#### San Diego's Most Complete 30K/60K/90K Services

\$269

Looking for quality? There is a difference. Compare our service with other shops.

- Check charging system & battery
- Clean battery terminals
- Check radiator, radiator cap
   & all hoses
- Rotate four tires Check tire balance
- · Adjust tire air pressure
- Check differential fluid
- Change oil filter Check manual transmission fluid
   Check belts . Change master cylinder brake fluid

ONE HUNDRED DOLLARS

- Check suspension
- Top off fluids

San Diego Reader March 20, 2008

· Change engine oil

Maintenance tune-up

Drain & refill radiato

(premium plugs extra)

· Clean & adjust rear brakes

Complete Repair

SUV • AUTO • TRUCK

**DOMESTIC & IMPORT** 

**FREE Local Shuttle Service Nationwide Warranty** 

6 Months Same As Cash OAC

· Replace air filter · Install spark plugs

Inspect brakes

Most cars & light trucks. Ask for details.

19900011A ATT STORY (SAR) **10% DISCOUNT** Up to a maximum of \$100 off. Call for details

#### **Free Brake Inspection Brake Special** 20% OFF **Parts & Labor**

· Front pads or rear shoes

- Inspect drums and rotors Clean and lube hardware • Inspect hydraulic system
- · Inspect wheel bearings Clean caliper guides

Keep yourself and your family safe on our busy roads. CALL US TODAY!

Premium \$14<sup>95</sup> Oil Change Plus \$3 EPA.

SYNTHETIC Blend Oil

We also carry

• Up to 5 ats. of 5W-30 oil

- · New oil filter • 64-point inspection
- Check fluids Check tire PSI



**SAUTO**®

858-488-0885

858-279-7724

# Lowest prices on parts in Calif.

**AES** is your provider of quality new and rebuilt products and experts in auto, marine, industrial and truck electrical service.

We are the manufacturer of:

Starters ..... as low as \$35 Alternators ..... as low as \$38 Rack & Pinion ... as low as \$90

Gear Boxes ..... as low as \$110

**Power Steering** Pumps ..... as low as \$60 Water Pumps .... as low as \$30 Window Motors .. as low as \$45

We sell and deliver after-market, O.E.M. and our own new and rebuilt products.

Call now and compare the **AES** pricing to what you are currently paying. (619) 282-3207 or (760) 754-9919

> 4364 Twain Ave., San Diego (just off Mission Gorge Rd.) We are recycling to save our church, the earth.

#### YOUR DEALERSHIP ALTERNATIVE

**Computer Diagnostic Specialists** Free "check engine" 30K/60K/90K



**Failed-smog** diagnostic \$4495

Fuel injection \$4495

Tune-up 4-cyl. \$2295

• Replace plugs • Adjust timing • Adjust idle • Top off fluids 6-cyl. •35% • 8-cyl. •45% Most cars.

Service 4-cyl. from \$145\*

CV boots \*49°5 Plus labor. Most cars.

New axle
\*139°5 Plus labor
Most cars.

**AC Repair** from \$1295 Plus Freon

Smog check \$1995

Crank flush \$95 cludes oil filter. We use high-performance

Brakes \$4995

Plus labor. Free inspection with repairs.

• Pads or shoes • Repack non-drive bearings

• Inspect rotors • Semi-metallic extra.

Regular Oil Change

**Transmission** 

power flush/

\$**19**95 Most cars. Replace oil filter. Top off all fluids. Plus EPA.

We specialize in Mercedes, Visa • MC







619 K Street, Chula Vista (at Broadway behind 7-Eleven) • Call us toll-free: 888-840-6544 Free Towing within 5-mile radius (with major repairs) • Free Estimates • Financing Available OAC

#### In the Reader

#### **Thirty Years Ago**

Larry Remer's first fundraiser for his weekly newspaper, Newsline, held in the stately Mission Hills home of Janed Casady, rallied 150 fellow liberals at \$12.50 each. The ticket price paid for a chance to mingle with politician Tom Hayden and satirist Jules Feiffer.

--- PRESS PASSES: "PAPER BUOYS," Paul Krueger, March 23, 1978

#### **Twenty-Five Years Ago**

Jack Orr was shaking Roger Hedgecock's hand, offering strategy and counsel even before the final votes were tallied in last week's mayoral primary. And Orr, the campaign consultant who directed Bill Cleator's third-place finish, predicts a Hedgecock victory in the May 3 run-off against Democrat Maureen O'Connor.

- "THE INSIDE STORY," Paul Krueger, March 24, 1983

#### **Twenty Years Ago**

Sometime during the last year, at a motel somewhere in San Diego, a group of young men allowed themselves to be filmed naked while masturbating. Each was responding to an advertisement in a sex tabloid seeking male models for consideration as actors in sexually explicit films.

Seabag Productions filed a fictitious business statement at the county courthouse on March 1. That statement shows Seabag as a one-man operation run by Hillcrest resident and downtown porn-store owner Rick Ford.

Ford's mail-order business has earned a reputation for producing and distributing sexually explicit films featuring sailors and Marines engaging in homosexual acts, as well as other gay-oriented entertainment. According to police sources, Ford's suspected use of military personnel in his films resulted in a recent — but inconclusive — investigation of Seabag by the Naval Investigative Service.

-CITY LIGHTS: "LOOKING INTO SEABAG,"

Bob McPhail, March 24, 1988

#### **Fifteen Years Ago**

I remember killing the heart out of summer afternoons, drinking soda and holding leisurely conversations about riding, helmets, accidents, former Sheriff Duffy, and the mechanical differences and similarities between Harleys and Japanese bikes with other riders waiting for an oil change or a brake adjustment. The service area could get pretty crowded, so recently Helm decided there's only room for himself and partner Lee Crocker in "the bay." Still, bikers waiting for

service mill around on the sidewalk and curb along Illinois Street, though not today, as torrential rains continue to turn city streets into rushing gullies.

- "HOG LUV," John Brizzolara, March 25, 1993

#### **Ten Years Ago**

When we talked recently by telephone, Mr. [T. Coraghessan] Boyle was at home in Santa Barbara. His house is not far from the house where much of Riven Rock's action takes place.

I cooed and carried on about how much I always love Boyle's high-pitched, extravagant language. I asked him how he got his ear tuned to hear in this way.

I said that the only other American writer that seemed to use language as extravagantly and musically as Boyle does was the late Stanley Elkin.

Boyle replied rapturously, "Oh, Stanley Elkin is one of my heroes. He could spin out metaphors better than anyone around except maybe John Updike."

—READING: "RIVEN ROCK," Judith Moore, March 26, 1998

#### **Five Years Ago**

I have been going to open houses for some time now. I do not go looking for a place to

San Diego Reader, March 25, 1993

move; I rarely visit places I could never afford. I do not go for decorating ideas; I will not be replacing my mishmash of slowly acquired piecemeal furniture anytime soon. I go because I like to look. There is undoubtedly a measure of curiosity, and there is plenty of nostalgia involved. People say they miss the seasons back East: I miss the blocks of modestly priced twostory houses full of wood floors and doublehung windows and high ceilings and gorgeous woodwork. All these things meant "house" to me, and I like to walk about in such places, see echoes of my old home in "old" California Craftsmans and Spanish-style manses.

— "DOMESTIC SPY," Matthew Lickona,

March 20, 2003

Columns archived at SDReader.com

**WANTED:** Buy home under \$350,000 with seller financing up to \$350,000. \$10,000 down and total payments up to \$2100 including taxes, insurance and HOA. 619-

REAL ESTATE

#### Condos

PLACE PRINTED ADS in the Reader by

POST FREE ONLINE ADS with photos at SDReader.com. See thousands of classified ads not printed here!

**DEL MAR.** Lovely, sunny 2 bedroom, 2 bath condo with pool and Jacuzzi.

DOWNTOWN, Studio condo. Discounted \$7760 down required. Buyer to finance balance of \$250.884, 858-272-2760.

FREE. VIEW SAN DIEGO'S only real estate listings with exact addresses Get"comps," school information, maps and more. Go towww.SanDiegoReader.

LA JOLLA/UTC. Sunny, lovely 2 bedroom, 2 bath condo with pool and Jacuzzi. Monthly interest \$1695. \$15,000 down. APR only 5.9%. Call Agent, Elizabeth at 610.396.5912

SAN DIEGO. Investment property for sale Great opportunity, 5 units, 3 buildings plus 4 car garage in 1 lot. Well maintained! Positive monthly income. Call Top Notch Realty Inc. for details. 858-715-

UTC-GORGEOUS REMODEL! Spacious 3 Gourmet kitchen. Fireplace. Open: Saturday, 12pm-4pm. \$675K. YouTube keyword: 7125 Calabria. (7125-A Calabria Court). Agent, 866-473-7325.

REAL ESTATE

#### M iscellaneous

PLACE PRINTED ADS in the Reader by POST FREE ONLINE ADS with photos at SDReader.com. See thousands of classi-

AIREIS.COM. Private money. We buy homes in any area/condition. Foreclosure help! No equity, no problem. Stop making

ayments today. www.aireis.com. Call rent, 619-606-1462.

ATTENTION SELLERS! We'll buy your house in 11 days or pay you \$500 cash! 24 hour information: 800-398-8864, Box 206

ATTN: FIRST TIME BUYERS and teachers/school employees qualify for govern-ment-subsidized loan with up to \$100,000 for down payment assistance! Call Pam McCormick, Realtor, 858-354-7335.

AVOID FORECLOSURE. No refinancing necessary. Take action now; we can help! All areas. Call Agent, Elizabeth to discuss your options. 619-286-5813.

FOR SALE. World Mark by Wyndham Va cation owner/membership. Luxurious va-cation spots throughout U.S., Asian and Hawaijan Islands, including cruises. Call

FORECLOSURES AND DEFAULTS. Huge increase in daily volume! Daily reports.
30-50 new properties daily throughout
San Diego County. All loans researched.
Call 800-664-2567; www.

FORECLOSURES/SHORT SALES, Below market value. Financing available. Grea deals! Pre-foreclosure homes and con dos for sale. Buy them before the bank

FREE. VIEW SAN DIEGO'S only real estate listings with exact addresses! tate listings with exact addresses! Get"comps," school information, maps, and more. Go towww.SanDiegoReade

HOMES FOR \$30,000. Buy foreclosures! Must sell now! 1-4 bedrooms. For listings, call 1-800-903-7136. (AAN CAN)

HOTEL OWNER WANTS TO BUY property anywhere. Small houses, big houses, condos, apartments, commercial, vacant land. Call 619-204-0610.

MIRA MESA. Buying or selling a home?
Military PCS move no problem! 23 years
of active duty. Keller Williams Team
http://Bill.Lumdsden.YourKAgent.com.
BarnacleBill@kw.com. 858-457-9400.

#### **A** UTOMOTIVE

**EAGLE MOTORS** 

7980 Clairemont Mesa Blvd. 92111 858-244-1062

Expires 4/3/08. All offers valid with this ad. MON.-FRI. 8 am-6 pm • SAT. 9 am-3 pm



#### **BC** International **Auto Repair**

Unlimited Mileage Warranty! Call for details.
Your Friendly & Honest Auto Service Center

Water

Pump

\$1**29** 

4-cyl

**Timing** 

Belt

Starting at

**\$70**\*<sub>4-cyl.</sub>

Parts extra.



Clutch

Special

\$199°

Rear wheel.

Starters &

Alternators

**\$190** 

**Brake Special** starting GOOD BETTER BEST \$89\* \$139\*

Front or rear. Call for details! Parts & labor. Resurfacing rotors additional for the \$69 price. \$89 or higher includes resurfacing rotor.

\$ **1488**\* Most cars. Plus \$3 disposal fee.

**Synthetic Blend** 

**Premium Oil Change** 

ncludes filter and up to quarts synthetic blend oil. Most cars. Plus \$2

Manager's Special!

Oil & Filter Change

30K/60K/90K • Check timing

Factory Service • Inspect air filter • Rotate tires
• Replenish all fluids \$109\*<sub>4-cyl.</sub>

Rebuilt

Transmission

\$399°

Parts extra.

Head

Gasket

Starting at

\$199°

Labor only.

**ENGINE REBUILD - CALL FOR SPECIAL PRICE!** 

• Replace engine oil & filter

 Inspect brake system & adjust brakes Other services as needed

Transmission

Service

Includes filter.

Starting at

\$**79**<sup>99</sup>

**New Axles** 

Starting at

\$139<sup>95\*</sup>

Japanese Engine Replacement \$1,025°

6-cyl., 8-cyl. extra. Call for details.

Check engine

light on?

Free\*

Computer

Scan

System

Flush

\$75<sup>95</sup>

**SMOG** CHECK SPECIAL

> All car models, 1996 and newer only. 1995 and older \$49.95 out the door. Vans and trucks \$10 extra. No hidden fees. No appointment necessary. Bring DMV papers if available.

\$**13**<sup>95</sup>

Plus \$8.25 certificate and \$3 transfer fee.

"CHECK ENGINE" LIGHT INSPECTION

Computer diagnostic

Most vehicles, 1996 and newer Read code only.

#### **SMOG FAILURE** DIAGNOSTIC \$**49**<sup>95</sup>

Most vehicles, 1996 and newer. 1-hour diagnostic.

#### 10% DISCOUNT

For all students, senior citizens military. Costco members. Sam's Club, AAA Insurance, 21st Century Insurance, airline employees, credit union employees and out-of-state customers. On major repairs.

**PRE-PURCHASE INSPECTIONS** \$69<sup>99</sup> Includes written report of service needed

#### A/C INSPECTION \$12<sup>95</sup>

Inspect A/C operation, hoses and A/C belt. Most 4-cylinder cars. Trucks, vans, SUVs extra. Freon extra.

#### 1 SIDE CV AXLE \$129<sup>95</sup>

Includes parts & labor. Most vechicles.

Free estimates on transmission problems



Diego Reader March 20, , 2008

#### Import & Domestic • Shuttle Service Available **TOWING AVAILABLE • Military Discount**

\*Most cars. Parts extra.

MasterCard /Visa / Discover

7030 Carroll Rd. (Near Miramar Road) 858-455-5440



\$19<sup>95</sup>

### Oil Change \$**12**95\*

Includes new oil filter and up to 4 quarts of oil. Hazardous waste fee \$2.

**Radiator Flush** \$24.95\*

**Fuel Injector Cleaning** \$**39**<sup>95\*</sup>

> **Timing Belts** 90

Includes parts and labor. Most cars.

**Muffler Special** 64<sup>95</sup>\*

Catalytic Converter Special **09**<sup>95\*</sup>

specializing in Hondas and Acuras.

for valuable discount coupons.

**FACTORY** 

**SERVICE** 

Includes

#### **Smog Check** \$**16**75

Plus \$8.25 for certificate. Most cars. Trucks, SUVs, vans, 1996 and newer cars extra.

Catalytic Converter Special 109<sup>95\*</sup>

Brakes [2 wheels] \$**69**<sup>95</sup>\*

Install new lining. Resurface drums or rotors extra.

3D Technology Alignment & New Tires Available Most Major Brands. Call for Reader Special.

> Computerized Tune-Up \$29<sup>95</sup>

4-cyl. 6-cyl. \$3495\*

8-cyl. \$40°5\* Install spark plugs and set timing.

Diagnostic (scope hookup). **Engine Steam Cleaning Available** 

#### THAO AUTO REPAIR

3400 El Cajon Blvd. • (619) 640-4606 • (619) 640-4607 3752 Park Blvd., Hillcrest • (619) 692-1065

MasterCard • Special rates for auto body repair without insurance \*All offers valid on most cars, with coupon. Exp. 4/5/08.

#### **ADVANCED MACHINE**

PARTS • SERVICE • WELDING

Your Complete Automotive Machine Shop • 3400 El Cajon Blvd. 619-640-4609 • Se habla español

COMPLETE LONG BLOCK REBUILD FROM \$699 • Flywheels \$15 • Valve jobs from \$75 • Crankgrinds \$55 Most flywheels & crankgrinds available in 1 day or less.

Attention: Honda/Acura Owners

For those of you not familiar with our automotive repair shop, we'd like to introduce

ourselves. We are a family-owned and -operated general auto repair business. Our goal is simple: provide top-quality service and good, honest auto repair. We have no

interest in selling you items/services you don't really need. We simply believe in telling you like it is and you tell us what you want done. Although our name suggests only Honda and Acura repairs, we are a general full-service repair shop

Jerry Sample, Jr. (General Manager) is an ASE Master Technician who is also

Acura/Honda factory-trained. With well over a decade of experience, including several years working as a top mechanic at a well-known local Acura dealership, you can be assured of top-notch quality service. Jerry takes pride in what he does. His

diagnostic skills are well-known throughout the industry. Often when customers are

unable to achieve satisfaction elsewhere, they are directed to lerry for an analysis. He thrives on a good challenge. Jerry will also take the time to explain to customers

Greenlight Honda Acura Care prides itself on quality and service. We are proud to

have more than 1,000 customers in San Diego and surrounding areas. The loyalty of our customers attests to Jerry and his crew's integrity.

Bryan Bettencourt (Service Technician) also has many years of experience in the

automotive business including audio and communications. Bryan is the "go-to" guy

for all your electrical needs. He complements Jerry in every way. Together, Jerry, Bryan and their team are a formidable group of technicians, ensuring that you walk away a satisfied customer. Some repair shops take shortcuts and often cover up problems with a temporary fix. We know...we fix their mistakes!

Bottom line: We do it right the FIRST time! Our standard is to use factory parts

We look forward to meeting you and having the opportunity to do business with you. Stop by and check us out, give us a call or an e-mail. Be sure and visit our website

what he believes the problem is and how he would go about fixing it.

and perform quality work...just at a more reasonable cost.

MISSION VALLEY. Terrace professional office. Flexible ranging from 200 sional office. Flexible ranging from 200 to 3000 square feet. Full time and onsite staff, great location. Leasing agent. Merrily, 619-285-9000. www. MissionVallevTerrace.com.

OREGON/UMATILLA, 303 acre Umatilla buffalo ranch. Nice 2100 square foot custom log home, 6000 square foot shop, buffalo corrals, 125 acre irrigated circle with water rides, 270 acres of rock, all rock are leased under mining permit. Minutes from town, 541-567-2833.

utes from town, 541-567-2833.

YALLEY CENTER, 1962 Mobile home for sale. In well kept Senior mobile home park. Orange, grapefruit, peach, plum trees. Fishing Lake, clubhouse, pool. \$10,000/owner, 760-749-4124.

ZERO DOWN ALL AREAS or cash out for any reason. Credit scores to 300. Foreclo-sure, bankruptcy OK. No out-of-pocket costs. Loans available. Ron, 408-461-0406 www.weneedaloannow.com

#### Тіскетѕ

PLACE PRINTED ADS in the Reader by

**POST FREE ONLINE ADS** with photos at SDReader.com. See thousands of classi-

AIR TICKET TO SOUTH, America. One transferrable air miles ticket any 2 countries South America. Must reserve 11 months ahead, \$800, cash only. Carls-

had, /60-929-9292.

AIR TICKET TO EUROPE, One transformable air miles ticket any 2 cities in Euferrable air miles ticket any 2 cities in Europe. Must reserve 11 months ahead, \$800, cash only. Carlsbad, 760-929-

AIRLINE TICKET, 1 way anywhere Southwest flies coast to coast, fully transferable, good for immediate travel, no blackouts, no restrictions, \$200 one way.

619-228-4557. PADRE TICKETS. Three partners seeking fourth. Two seats, Toyota Terrace, home games, 20 games (every 4th home game), 4th row, halfway between homefirst base. Exclusive Toyota Terrace box access. Pay \$49/ticket (face value, \$62). Gary, 619-807-4371.

#### SPORTS

PLACE PRINTED ADS in the Reader by

**POST FREE ONLINE ADS** with photos at SDReader.com. See thousands of classified ads not printed here!

BOAT. 30' floating condo. 1981 Carver Motor Yacht Dream, well maintained, 11'6" beam, large aft cabin, 2 beds, for-ward berth sedan cabin. \$40,000/best/trade. 949-633-6105.

CAMPING EQUIPMENT. 8' folding boat, wet once (paid \$1200); trolling motor (paid \$130); battery (paid \$100); charger (paid \$200); seats, oars, must sell, \$499.

EXERCISE BIKE, recumbent digital. smooth action, tension control, excellent condition, small, can deliver, \$75. 619-462-8131

462-8131.

KAYAKS FOR SALE. Closeout sale on all leftover 2007 model Cobra Tourer and Expedition kayaks. Includes used demonstrator models and new display kayaks from 15' to 18'. New prices from \$995 to \$1700. Closeout prices on complete packages from \$595 to \$895. Some used trade in kayaks, 10' to 13' also available priced from \$250 to \$500. Visit our website at www.kayaksd.com or call San Diego Sailing Center at 858-488-0651.

OUTBOARD BOAT MOTOR, 7.5 Suzuki. Runs well. Rebuilt lower end. \$350, 619-203-3153.

ROLLERBLADES, men's K2 MOD 8, size 12, rarely used, still have original wheels, in great shape, \$89.99. Bob, 619-563-

SNOWBOARD (SME) with ratchet bindings, 135cm/53", white top, black bottom, good condition, just grew out of it, \$75. Email photos. Vista, 760-519-5926.

SNOWBOARD BLOWOUT SALE 25%-75% off selected new and used snow-boards, boots, clothing and accessories. Why rent this year when you can buy at these prices? Trade in other sports and fitness equipment to save even more money. Play It Again Sports, Pacific Beach, Tierrasanta, College Area. 858-490-0222, www.playitagainsd.com.

SOFTBALL LEAGUE wants individual players, all positions, for new 2008 season in San Diego and South Bay. 619-517-5781.

SOFTBALL PLAYERS needed for women's 3-pitch team Monday evenings in Ocean Beach. Recreational team playing for fun and exercise. 858-273-5346. SOFTBALL PLAYERS. We need a 3rd

lder. 619-295-0385 SOFTBALL TEAM WANTS an infielder and

SOUTHWEST KAYAK SYMPOSIUM. March 29-30 at Campland by the Bay, Mission Bay, San Diego. Lessons, de-mos, information. Huge sale on kayaks and accessories. www.aqua-adventures. com 619-523-9577.

**STRING HAMMOCK,** perfect, almost new, \$25. 858-597-0856 or 619-890-9624.

# SURFBOARDS. Brand new triple stringer, tail block 9.0 Wave Weapon Eliminator, just \$550; was \$975. 200 boards in stock, 40% off! 38 used boards from \$80 and up. Call 760-809-8642.

TENNIS BALLS, slightly used, \$15 per 100, 619-297-1238

#### Рното

PLACE PRINTED ADS in the Reader by

POST FREE ONLINE ADS with photos at SDReader.com. See thousands of classi-

STUDIO STAND, professional, Foba, heavy duty, excellent condition, was in storage most of the time, \$1000/best. 619-274-1900.

VIDEO CAMERA stabilizer, Flycam 5000 Pro, like new, hand held, body-mounted camera system, for cameras from 4-10lbs., telescoping center post, adjustable counterweight discs, \$249.760-233-4066.

VIDEO LIGHTING equipment, like new. 2 fluorescent lighting units, \$799 for the set. 2 Calumet chrome 40" double riser grip stands, \$149 for both. 760-233-4066.

#### Computers

PLACE PRINTED ADS in the Reader by

calling 619-235-8200.

POST FREE ONLINE ADS with photos at SPResider com. See thousands of classi-

A+ COMPUTER TECH SUPPORT. Repairs, upgrades, installations, virus/spy-ware removal, website design, music, networks, cable/DSL, video, etc. A+/MCP certified. 24/7 onsite. \$25/hour. 858-793-0398.

COMPUTER CIRCULATION CENTER. Buy, sell, trade. Laptops, PCs. Repairs, upgrades, virus/spyware removal. 24-48 hour turnaround. 9350 Clairemont Mesa Boulevard, San Diego 92123. Call 858-573-0411.

COMPUTER HELP? Call the best! Fast, friendly, reliable. Repairs, upgrades, training, cable/DSL, networks, wireless! \$35/hour plus \$10 onsite. Music recording. 858-735-6680.

LAPTOP BLOWOUT, FREE Diagnostic. Laptops starting from \$298 for ACER, Dell, IBM, Toshiba and more. Laptop/pro-jector rentals-\$25/\$75. 3 locations! Going fast, call now: 1-888-861-8347.

PRINTER, Epson 440 Stylus color, supports Windows 98, new, never out of box, 00115 WINDOWS 98, \$25 858\_344\_1188

TOTAL COMPUTER. Commercial service We do everything. Installation, set-up, training, repair, networking, telephones, wiring, upgrades. \$20 in-home diagnostics. 619-941-1809; cell, 619-607-0221.

**Special Purchase** 

TIRES

Same As Cash!

155/80R13 . . . . . . \$2499

175/70R13 ..... \$2899

185/70R13 . . . . . . \$30°°

185/70R14 ..... \$3499

No carry-out. Installation extra.

90 Davs

#### BICYCLES

PLACE PRINTED ADS in the Reader by

POST FREE ONLINE ADS with photos at SDReader.com. See thousands of classi-

MOUNTAIN BIKE, Sedona Giant, good condition, \$50. 760-473-6891.

MOUNTAIN BIKES. Moving, must sell quickly. 1 men's and 1 women's, both in very good condition. Hurry, best offer takes. 858-382-4803.

**RALEIGH,** men's full-suspension bike, like new, fits 5' to 5'8", \$150. 619-437-8739.

**SCHWINN CHOPPER**, never used, mint, \$500/best. Rion, 619-672-4774 or Vanessa, luv\_hardrock@yahoo.com.

#### WANTED / TRADE

PLACE PRINTED ADS in the Reader by

POST FREE ONLINE ADS with photos at SDReader.com. See thousands of classi-

AMERICAN INDIAN ARTIFACTS, Wanted. Baskets, rugs, pottery, beadwork, silver jewelry, antique guns, totem poles, bowing knifes, cowboy items, metates. Top prices paid, 619-733-0409.

FISHING TACKLE. Collector wants for his personal collection wooden lures, reels, miscellaneous by Heddon, Pflueger, Creek Chub, South Bend, Shakespeare, to name a few. 619-972-3488.

**I AM LOOKING** for a person who knows carpentry. Exchange for housing. Please call me after 9am. 619-479-4212.

INDIAN ARROWHEADS/ARTIFACTS.

MANY OLD MILITARY medals are worth hundreds of dollars. I have \$3000 cash to spend. Other old military items also wanted, especially USMC. 619-280-8089.

OLD TOYS AND TRAINS. Lionel, American Flyer, Marx. Aurora, Corgi, Dinky, Hot Wheels, Matchbox, slot cars. Buddy-L, Smith-Miller, Structo, Tonka. Old plastic vehicles: Pyro, Renwal. Dave, 858-756-2411.

PARKING NEEDED, We need someplace to park out 2 boats and RV, the RV is for sale, so temporarily. Please call Jeff 760-791-7277.

**RECUMBENT BICYCLE** or trike wanted, higher end preferred. Call Guy, 619-464-2131.

SCRAP GOLD WANTED! Cash on spot! Broken, scrap, dental. Gold & Precious Gems of San Diego: 3439 University, 619-283-1228, 5423 El Cajon Boulevard, 619-582-4068. www.SellUsYourScrapGold.

Goodyear

Dunlop

Michelin

BF Goodrich

Reminaton

Republic

#### AUTOMOTIVE

We service all foreign and domestic vehicles

#### Transmissions **\$100 Off** We specialize in:

#### **Any Rebuilt Transmission**

2-vear warranty available

#### Clutch Replacement \$50 Off

Parts and labor.

#### **Transmission** Service \$59

Most cars, Includes pan gasket, fluid, labor and screen cleaning. Disposal fee extra.

• Free Estimates • Free Towing

Honored

 Military & Senior Discounts • Extended Warranties

#### Luis 🗪 **Transmission**

4187 Convoy St., Suite B **Next to Big-O Tires** 

858-565-7239

Mon -Fri 8-6 Sat 8-2

Visa, M/C, Amex, Discover Must present coupon before service. Expires 4/17/08.



**PAW SERVICE** 

**Free Alignment** Check With purchase of 4 tires. Adjustments and shim additional.



8230 Commercial La Mesa (1 block west of Carl Burger Dodge) 619-466-7776

#### TT HONDA and ACURA **SPECIALISTS**

Repair and Service All Japanese Cars

Major Service 30K • 60K • 90K • 120K \* 185 Check lights Adjust timing
 Adjust hand brake

ge engine oil & filter e adjust & new gasket (if necessary) nge transmission fluid

Adjust hand brake
 Inspect exhaust pipe & muffler
 Inspect power steering system
 Inspect fuel lines \* Inspect all belts
 Check clutch free-play & adjust

 (if necessary)
 Lube front end • Road-test
 Call for details. 6-cyl. extra. Engine & Transmission Overhaul

Intermediate Service \$95

Change \$17<sup>95</sup>\*

CV Boot \$4995\* CV Axle from \$145\* Fuel Injection Service \$35

Timing Belt \$115

#### Mission Gorge Auto Repair

Complete Auto Service Center - 619-282-9011 5909 Mission Gorge Rd. # A, San Diego 92120

#### 3-year/24,000-mile warranty

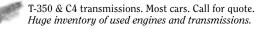
**Rebuilt Engines** 



starting at **\$899** 

Installation available. Call for free quote.

### Rebuilt Transmissions §695



Blown Head Gasket Replacement \$299

4-cylinder. Other cars call for quote.

Financing available! 90 days same as cash! Free quote on any repair! \_\_\_\_\_\_

2008 March 20, Reader 1 San Diego

\$5995

#### 15K • 45K • 75K | 30K • 60K • 90K FACTORY SERVICE Change spark plugs

Drain & refill radiator

Maintenance tune-up

 Inspect PCV valve (if applicable)

\$18995 \$20995

www.GreenlightHonda.com

**HONDA ACURA CARE** 7960 RONSON RD., SUITE C

greenlightauto7853@sbcglobal.net A website worth looking at:

Oil & Filter Up to 4 qts. Exp. 3/31/08. Some cars higher.

MasterCard erican Express Discover

Clutch

Iob

**\$245**\*

4030 43rd Street • San Diego Mon.-Fri. (619)284-0050 Mon.-Fri. 8 am-5:30 pm Ness Between University and El Cajon Blvd. Sat.
Offers good for Hondas & Acuras only (\*Most cars) 9 am-3:30 pm

\$10995 FREE Code Check (Is your "check engine" light on?) Alignment 858-569-1511

 Change air filter
 Inspect brakes
 4-tire rotation Inspect fuel filter
 Top off all fluids
 Clean battery term Oil change Inspect suspension Check & tighten all belts Factory-recommended Change engine oil & filter Free 38-point inspection inspections Most cars. Platinum plugs extra. With coupon. Plus hazardous waste fee. CHFININBARD Behind Pann Auto Performance Mon.-Fri. 8 am-6 pm, Sat. 9 am-2 pm

#### POST DATE: August 8, 2007 POST TITLE: A Simple Request to My Friends

Prelude: One year ago, early morning in Las Vegas. I woke up on the floor of our friends' hotel room with a brain that felt like a lava lamp and a throat swelled shut from dehydration. Hangover Hall of Fame. I rolled over and spied a mostly full Dasani bottle that the Water Fairy had miraculously left for me to inject into my dusty bloodstream. Thank God. I reached over, aiming my hand through a narrow squint, and pulled it toward my lips for an open-throat chug.

My hotel-mates were shocked awake by the loudest spit-take in history. I had chugged pure vodka, and then sprayed an entire mouthful onto the bed. I fought against waves of dry vomiting as everybody around me laughed their faces off, instantly realizing what had happened. Why, God? Why?

And then tonight: A hardfought late basketball game left me absolutely exhausted, carelessly slapping soap and shampoo on my sweaty body in the shower. Too careless, because I managed to squeeze a huge dollop of Burny brand shampoo right into my tear ducts. Ouchy. I struggled for a while, trying to quickly rinse and scrub out my eye, then shut the water off and ran out to the bathroom. Frantically searching with one good eye, I managed to find



TITLE: Sqrabbit | ADDRESS: sqrabbit.com AUTHOR: Jake Feala | FROM: La Jolla/UTC | BLOGGING SINCE: January 2005

some saline solution (presumably left by someone, since I don't wear contacts). I forced my eye open and sprayed hard. Caron heard the blood-curdling shriek from the kitchen and sprinted over. She found me with my head under the faucet and inspected the sink for blood, thinking I had stabbed myself shaving. What she probably saw instead was dissolved eye particles, carved out by the pure whiskey that Greg had left in that saline bottle. In the medicine cabinet. Apparently, he and Richard had used the bottle to smuggle booze onto a cruise ship, then came straight to my place afterward, then left the bottle on my desk... Why, God? Why?

Hence the simple request to my friends: Please store alcohol in its proper container when I am around, or at least shoot me a heads up. Thanks.

POST DATE: April 18, 2007 POST TITLE: Furries! I was late for my league basketball game, so I thought I'd try a short-

cut. I decided to take the dirt road that traces around the soccer field and connects directly to the parking lot. Being surrounded by thick trees on three sides, the field was almost pitch black — that is, until my weaving headlights carved their

way across the middle.

And that was how I caught them. Good God, I wish I hadn't, but it was through procrastination, a risky shortcut, and an unbelievably awful patch of luck that I found myself smack in the middle of a massive animal mascot orgy.

On first sight, I thought it was a mugging, so I swerved onto the field to help out, or at least scare

the attackers off. As I approached, my confusion became a slow, burning realization of the entire unhappy situation, causing me to brake to a halt as the costumed bunny and teddy bear stopped in mid-perverted-activity under the

> glow of the headlights to return my incredulous stare.

Then the passenger door opened. I hadn't noticed the kitty and puppy dog quietly sidling up to my car, flanking both sides, until it was too late. The spotted-fuchsia kitten lunged through the passenger side, growling in a suspiciously masculine voice in order to create a distraction for the beagle that had just swung open my door. I was

dragged to the ground. As the puppy mounted me, smothering me and muttering something about how the dog was going to give the man a bone, I caught sight of the entire lewd scene: at least a dozen others in animal costumes, including oversized heads, contorting themselves in acrobatic positions that were, frankly, almost as impressive as they were revolting.

Something in me snapped maybe my adrenal glands kicked in a little extra to avoid the interspecies, homosexual mating. With a sliding push-up maneuver, I managed to buck the furry off of my body and leap to my feet. The pooch-man grabbed hold of my side pocket and gave it a sharp tug, tearing it halfway off and leaving a perfectly J-shaped rip in the cloth. In one of those weird, slow-motion moments, I recall looking down and thinking that it looked like I was in a swordfight in The Legend

Then I came to my senses and ran. In my frantic sprint to the car, I still couldn't help my heart from melting a little when I saw the adorably surprised look on the kitty-cat mask. Although that sentiment quickly faded when I noticed the human leash she had been bringing over to our little doggy pile of rape. As I jammed the car into reverse, the door still open, I heard the teddy bear scream, "I know where you live!" My heart sank. I recognized that voice; he works in my building. God knows how long he's been spying on me, licking his lips under that bear head, and furiously doing I-don'teven-want-to-imagine-what on the other side of the window as he stared at me in my bedroom with my bunny slippers on.

So I bid you all goodbye, my friends. Tonight, I stock up on knives and cross into Mexico; they'll never take me alive.

Got a blog you'd like to flog? Send your best stuff — around 900 words' worth — to FlogYourBlog@SanDiegoReader.net. If we run your posts, we'll send you \$50.

SHOTGUN AND RIFLE cardboard shell boxes (pre-1960), duck and game calls, hunting and fishing badges (pre-1940) and paper licenses (pre-1930). Phone 858-565-1756.

SPACE HEATER, electric, Econo Breeze or similar. 858-272-9795.

VITA MIX wanted, newer, clean, low price. 619-501-1883.

wanted, Slide guitarist to form blues/rock band. Clubs already interested in my material. Call Mike 858-922-0808.

#### Antiques & Collectibles

PLACE PRINTED ADS in the Reader by POST FREE ONLINE ADS with photos at

ANSTEAD'S AUCTION. We buy antiques, collectibles, household furniture, appliances, TVs, home electronics, pianos. Prompt service. Local buyers. Licensed/bonded. Serving San Diego since 1971. 619-233-3148; 1-888-722-2002.

CASH for comic books before 1970, autographs, original cartoon art, older Disney items (no videos or records), Walt Disney autographs. 619-465-3090

FAINTING COUCH, authentic, turn-of-the-century antique, dark walnut with gold velvet fabric, \$19,850. Ask for Amy, 619-231-0030.

GRANDFATHER CLOCK, early 1900s Ger-man carved oak case, full turned man, carved oak case, tull turned columns, bevelled glass, quality, works, 2 weight, 8 days, strikes half hours, mellow tone, \$3500. 619-296-9415. SEWING BUTTONS, vintage linens and clothing (sizes 10-12), handmade doilies beautiful and reasonable. 619-297-7636.

**TEENAGE MUTANT** Ninja Turtles, 2+boxes of comics, action figures, and related merchandise, \$150.760-753-8726.

WANTED: I buy 1950s-1970s rock and rol concert posters, flyers, handbills, used or unused tickets, programs. Private party Please call 619-501-6210.

Exterior denim. Working latches, l keys. Reduced \$295, 858-449-2760.

#### GARAGE SALES

PLACE PRINTED ADS in the Reader by calling 619-235-8200. **POST FREE ONLINE ADS** with photos at SDReader.com. See thousands of classi-

IMPERIAL BEACH. Moving sale. Friday, 3/21, 8am-6pm; Saturday, 3/22, 8am-noon. Selling entire home contents. 300 Elkwood Avenue (91932). 619-227-4132. PACIFIC BEACH. Garage sale. Saturday, 3/22, 8am-1pm. Furniture, golf, jewelry, clothes, kitchen, violin, miscellaneous galore. 1467 Wilbur Avenue.

PACIFIC BEACH. Yard sale. Friday/Saturday, 3/21-3/22, 8:30am-1:30pm. Houseday, 3/21-3/22, 8:30am-1:30pm. House-hold items, bedding, luggage, computer parts, clothes, plants, baskets, yoga mats, water cooler/containers. 2727 De Anza Road, T-9.

Anza Hoad, I-9.

YARD SALE. Matching rust-color sofas free. 6-piece dinette set, \$25 Clubs/carts, \$20. Vanity, \$25. Coffee table, \$10. 35" Zenith TV/stand, \$250. 619-287-0798; 619-358-3968.

#### A PPLIANCES

calling 619-235-8200. **POST FREE ONLINE ADS** with photos at SDReader.com. See thousands of classi-

REFRIGERATOR. Sanvo 4.3 cubic feet. compact, white, like new, full-range thermostat dial control, reversible rounded door, smooth-back design, two 1-gallon bottle door storage, \$90. 619-749-2222.

WASHERS AND DRYERS. Guaranteed \$100-\$195 each. Over 200 to choose from. In-shop/in-home service and we sell parts. Stoves, refrigerators, dishwashers, too. Can deliver. Calwest Appliance Exchange, 619-723-1545.

#### ELECTRONICS

PLACE PRINTED ADS in the Reader by POST FREE ONLINE ADS with photos at SDReader.com. See thousands of classi-

STEREO RECEIVER, NAD C740, like new, \$200. Linn Index speakers, 8" Kef woofers, soft dome tweeters, \$100. 619-583-0134

TELEPHONE, cordless, almost new, \$10 TV, 25", \$25. 2 DVD players, \$25 both. 2 speakers, \$10 both. 18 VCR videos, famous titles, Hannibal, Silence of the Lambs, \$25 all, Escondido, 760-685-

8291.

TV, COLOR, 27", with remote, like new, excellent picture, \$99, 619-461-4805.

TV, Samsung 71" DLP full HD 1080P with high-end glass stand, perfect condition, rarely used, very slim, asking \$2950 for all. 619-665-2070.

TYPEWRITER. Brother EM-411. elec ronic, many features, original instruction manual, good condition, only \$69. 760-942-7447.

XM SATELLITE radio, home hookup boom box, receiver, car hook up cradle. Hardly used. \$100/best. 619-203-3153.

#### Furniture

Calling 619-235-8200. **POST FREE ONLINE ADS** with photos at SDP-pader com. See thousands of classi-

#### **Complete auto** transmission flush & refill \$**69**<sup>95</sup>

Prevent costly damage to your transmission. Up to 10 gts. ATF. Most Japanese cars & trucks

> Free timing belt

#### 30K » 60K » 90K factory scheduled service \$185 most cars & trucks

Replace: air filter, cabin air filter, rotate tires, brake fluid flush, power steering fluid flush, top off all fluids Check: brakes, oil leak

steering linkage

### Brake special from \$9895

Genuine factory parts. Includes labor, new parts, machine rotors or drums. Inspect calipers, hydraulics, seals, rotors or drums. Front or rear. Most cars and light trucks.



Volvo » Mercedes » Geo » Chrysler » Plymouth » Nissan » Infiniti » Honda » Acura » Mitsubishi » Lexus » Toyota » Subaru » Mazda

### lapanese Auto Tech

6696 Miramar Road (near I-805) » 858-546-8363 » Open Mon.-Fri. 8 am-5 pm, Sat. 8 am-3 pm

THIS IS TRUE. I KNOW MY REPUTATION FOR ODDBALL FICTION AND ADDLED FANTASY damages my credibility, but I swear, this is true.

A spider and I encountered each other in an unpleasant way. Last week, in the chilly foothills, I lay sleeping on my dad's couch. Above my snoozing head, adventuring around the ceiling, a small black-and-red spider halted his travels. Why? No one will ever know. There are no little neon signs for spider cantinas along my jawline, no spiders of the opposite sex lounging in spider swimwear eyebrow-side. I can only guess that my friend the spider was a hobbyist spelunker.

For whatever reason, the black-and-red spider attached one end of a silk strand tight and started steady production of more silk in its little butt. Navigating currents and turbulence, the spider plunged the distance from ceiling to my head and stopped. Beneath him, I snaked my warm hand from under the covers and scratched my temple. My eyes blinked open and I awoke. I'm not sure why. Then the spider dropped into my ear.

For the next 45 minutes, I stood before the bathroom mirror, slapping my head and jerking around, unsure of what was in my ear but positive I wanted it out. My finger proved too fat, a Q-tip too short. It wasn't until I twisted the end of a swab out into a long point and dug in there that I extricated the tiny wiggling spider. I'm not sure if the spider shrieked; he might have. I certainly did.

"What the hell is wrong?" my dad asked, appearing at my side. I showed him the live spider entangled in the stringy cotton. "Eee yee," he said and backed away. "You all right now?"

"A freakin' spider just fell into my ear while I slept. Define 'all right."

Six hours later, my father woke up and came out into the front room. All the lights in the house outside of his room burned bright. He found me sitting in the center of the floor, watching an infomercial about car wax, my face in the blue TV glow. I wore a T-shirt tied around my head, covering the major orifices. I rocked back and forth. My weary eyes blinked. My mouth muttered the words, "Can't sleep, spiders will crawl in my ears. Can't sleep, spiders will crawl in my ears. Cant' sleep, spiders will crawl in my ears.'

#### WHAT I WILL AND WON'T WATCH THIS WEEK

#### THURSDAY, MARCH 20

#### **BIGFOOT PRESENTS: METEOR AND THE** MIGHTY MONSTER TRUCKS

#### TI C 8:00 A.M.

This is why foreigners don't want to learn English. If you came to this country, acquired a little bit of the language, and then encountered this title, vou'd throw your hands up in surrender. "It's just too stupid and hard. I'll make my churros on the street corner and have my kids translate. Done."

#### FIGURE SKATING

#### ESPN 4:30 P.M.

I have strong, complicated feelings about figure skating. I yearn for the sequined spandex jumpsuit. I fear the skates. I long to glide. I disagree with cold environments. I want to kick open my legs so millions of Americans can stare directly into my tightly wrapped jumbly bits as if they were scientists presented with astonishing things in a microscope. I do not want to see the scorecards. Oh, figure skating. Oh, you rascal.

#### FRIDAY, MARCH 21

#### PRESIDENTIAL LIBRARIES: HISTORY UNCOVERED

Philosophically, I disagree with most of what the current administration has achieved. However, I am really looking forward to the opening of the George W. Bush Paintball Park and Go-Kart Track and a Library Over There (there's a book in that maintenance closet; it counts). Ah, that's what America is really about. Plus, you get a free beer when you

Furniture Warehouse now open to the public. We sell warehouse direct. Come see our large showroom. We have over 70 sets in stock from \$89! 995 Bay Boulevard, Chula Vista, 91911. Open 11am-7pm daily. Closed Monday. Credit cards accepted. Legitimate warranties in writ-ing! Fast delivery. Call 619-426-2727.

BED \$169 A BARGAIN. A Ortho Pillowtop Queen, new in plastic with warranty, mat-tress/box. All sizes. Credit cards ac-cepted. Can deliver. 800-464-6420. North County, 800-464-6490.

BED FRAME, full, \$10. End tables, wood, . 2 bar chairs, not wood, \$3, \$10 ookshelf, particle board, \$5. 760

**BED,** Hastens' California king size, 2007, like new, only \$200. Sears newer sleeping bags, \$5. 858-587-1373.

**BED,** heavy maple, extra-long twin, firm mattress, nice, \$125. 619-276-4901.

**BED,** Sleep Number model 9000, queen size, 3 months old, excellent condition, with manual, \$2800/best. Save \$1600 off new! Can deliver. 619-749-3450.

new; can deliver. 619-749-3450. **BEDROOM SET,** Queen, beautiful solid wood, 2 months new, paid \$3300, sell \$1295. Chair and ottoman 100 percent leather distressed classic, paid \$1200, sell \$395, 619-347-2406.

BEDS. Adjustable Craftmatic like remote control, 2 twins and 1 full size, \$100, \$200, \$300. Best offer or trade. 619-670-

BEVELLED GLASS TOP, Beautiful table with 4 matching chairs which have padded seats. Like new condition Cedar Shores Apartments in Pacific Beach area \$70, 858-273-7211.

COMPUTER DESK, office/wall/corner unit, 7 pieces, custom, solid wood, natural finish, beautiful, lots of storage, 80"H. E-mail photos. Vista, 760-941-0541.

photos. Vista, 760-941-0541.

COMPUTER DESK with hutch, 60", executive, medium wood, high quality, keyboard with 6 drawers and lots of storage, \$175. 619-466-8663.

DESKS with returns, neutral color metal, \$225. Bookcase, file cabinets, all nice shape. Complete office. Freeway close, delivery possible. City Heights, 619-280-5155.

ENTERTAINMENT CENTER, fits 40" TV beautiful whitewashed solid oak, 21"Dx45-1/4"Wx74"H, some minor scuffs, cabinets below, CD racks and storage area, \$250 cash only. Sheri, 760-635-1554

**EXECUTIVE DESK** and matching confe ence table, faux emerald green marble, very nice condition and easy move, \$850 all. Pictures available. City Heights, 619-

FURNITURE. 2 nightstand dressers, 4 drawers total, \$15 both. File cabinet, wood, deep, 2 drawers, heavy duty, \$15. Bed frame, full, \$10. Escondido, 760-685-

8291.

FURNITURE. Save 40% or more! Order from manufacturers' catalogues and save. Factory direct store. Solid cherry, maple, oak or pine, American made Vermont craftsmanship or imported. San Diego's best home furnishings source since 1960. Member of the Better Business Bureau. Al Davis Furniture, 1601 University Avenue, 2 blocks west of Park Boulevard in Hillcrest. www.davisworld.com or email to info@davisworld.com. Call 619-296-1221.

twin mattress, \$400/best. Lakeside, 619-

LOVE SEAT RECLINER and 2 recliner chairs, multicolor with tan, slate blue, green, excellent condition, \$375. 760-

MATTRESS and box spring, queen size, pillow top, designed for comfort, excellent condition, \$175. 619-445-5898.

Condition, \$175. 619-445-5899.

MATTRESS BOX PILLOWTOP SET. New in plastic with warranty. Queen \$169. King \$239. Credit cards accepted. Can deliver. Call 800-464-6420. North County, 800-464-6490.

800-464-6490.

MATTRESSES. Save 40% or more! Mattress World in Hillcrest sells new beds at warehouse pricing lower than regular stores. Student specials. Legitimate warranties. Fast delivery or pickup. Name brands. Member of the Better Business Bureau. Authorized Sealy, Simmons, Spring Air, Aireloom dealer. Also Latex, chemical-free and Swedish style Visco-Mamoral Mattress World. 1601 Lipiscrib. Memory! Mattress World, 1601 University Avenue, 2 blocks west of Park Boulevard

email to: info@davisworld.com. Call: 619-260-8000.

MOVING SALE! With mattress! Unused! Dark brown wood. Solid. Originally paid \$1500. Sacrifice, \$350. Also furniture including tables. Call 619-277-9326.

PARK BENCH, Hawkins' & Smith, vir wrought iron and oak, unused, only \$50.858-587-2764.

PATIO FURNITURE dining set, white oval wrought iron, 4 white rocker/spring chairs with outdoor cover, \$450. Call Anne or Chris, 619-584-2851.

RATTAN VINTAGE, Newer tables, chairs, sets. Lots of rattan vintage 6 strand set and kitchen tables, chairs, bar stools 3 for \$99. Oceanside cell 360-941-72972.

SHELVING, heavy duty, gray steel frame, boltless, rated 700lbs. per shelf, 72"Hx48"Wx18"D per section, five 5/8" pressed wood board shelves, 3 sections, \$50 each. 619-507-4874.

SINGLE SOFA CHAIRS, 4, solid oak, ex-36"x36"x16H \$20

#### A UTOMOTIVE

Free retest when we do repair. Plus \$8.25 certificate and \$1.50 transfer fee Vans, trucks & European cars extra. Cash only.

Must present DMV renewal notice.

\*All prices plus tax, With this ad, Exp. 4/21/08

#### OIL CHANGE \$2195

4-CYL, \$25/6-CYL, \$35/8-CYL, \$45 Includes spark plugs. Additional parts extra. Most cars.

TIMING BELT SPECIAL \$95°

Includes parts & labor. Most 4-cyl. cars. 1995 and older. Dual overhead cam extra.

BRAKES...\$10 OFF

1370 Garnet Ave. • Pacific Beach

Most cars. Includes up to 5 qts. and new filter. Cash only.

**BASIC TUNE-UP:** 

Front & rear. Turn rotors, drums, new pads, lining. Most cars, 4WD extra.

STEVE AUTO REPAIR

(858) 274-1195

### Chris's Auto Repair

#### Foreign & Domestic **Smog Check**

\$15<sup>75</sup> +\$8.25 certificate +\$2 ET. Most cars. Bring DMV notice. Extra \$8 for Vans, SUVs, RVs, trucks, V8, and

European extra. Models (years) 1976-1995 \$10 extra for Evap. Test.

60K/90K/120K

4-cyl. from \$149°5 -cyl. and 8-cyl. extro Call for details.

Check Engine Light On? OBDII Diagnostic
Car Fail Smog?
Diagnostic Free
with Repair
Some problems may require
additional diagnostic procedures

Oil Change Special

Most cars. Includes new plugs and oil filter. *Inspect* cap, rotor wire, air filter. Some oil filters extra. Some cars labor extra. Platinum plugs extra. A/C Service

**Basic Tune-Up** 

4-cyl. \$3500

6-cyl. \$39°5

8-cyl. \$49°5

\$20 Plus Freon. Call for details

Must present coupon at time of service. Not to be combined with any other offer. Expires 4/2/08

#### FREE Brake Inspection with any service

2920 Damon Ave. #C & D (Behind In-N-Out Burger) Pacific Beach 92109 • 858-270-1888

### **Window Tinting**

March Special! Navigation Safe Complete Car \$129 Bubbling

Valid until 4/3/08.

**3**M

Commercial

#### No Hidden Charges! Lifetime warranty

**5 STAR CUSTOMS**6690 Miramar Road • Evening appts. avail.
Headlight Reconditioning • 24-hour "Tint"-Line

858-552-9292

Residential

No

Fade

### ADVANCED AUTO TECH

#### **SMOG CHECK** \$1895 Most cars. Vans, trucks, SUVs extra. '98-newer/OBDII extra. Plus \$2 transfer fee and \$8.25

certificate. Free retest with re

#### **TUNE-UP**

\$22 • Install 4 new spark plugs
• Top-off fluids

 Inspect air filter & ignition wires 6- & 8-cyl. slightly higher

#### 30K, 60K, 90K, 120K **MAJOR SERVICE**

\$ 1300 • 40-point inspection
• Factory-scheduled maintenance
• Replace spark plugs (platinum
extra) • Replace oil & filter
• Replace transmission fluid • Replace oir filter

 Factory-scheduled maintenance
 Replace spark plugs (platinum
 Replace oil & filter
 Replace oil & filter
 Replace differential fluid \* Replace distributor rotor
 Neplace differential fluid \* Replace distributor rotor
 Neplace Apssis \* Replace PCV valva if nepessary Lube chassis • Replace PCV valve if necessary

\_\_\_\_\_\_

Valve adjustment • Inspect front & rear brake

### **CATALYTIC CONVERTER**

From **\$ 110** Parts & labor. Most cars. 1995 and older.

#### **FRONT BRAKES**

\$60 Parts & labor. Most cars. Includes rear brake adjustment if necessary. Machine rotors extra.

#### **NEW RADIATOR**

\$150 Most cars

#### Honda & Toyota Specialists Offers expire 4/10/08.

301 16th St., Downtown S.D. (Corner of 16th St. and K St.)

### 619-235-8819

# Premium oil change \$19<sup>95</sup> Most vehicles. Includes up to 5 qts. 5W-30, 5W-20 or 10W-30 motor oil, oil filter , top-off fluids (excludes brake fluid), and maintenance inspection.

### Smog check \$2495 @

Most vehicles. Present coupon and DMV renewal slip. Plus \$8.25 cert. and \$2 transmittal fee. Free retest when we do the repairs.

#### "Check engine" light \$29°5 Pull computer trouble codes and give written description.

Replace pads or shoes, resurface drums or rotors, inspect system.

Brake service \$30 off

Coupons must be presented at time of service. Not valid with any other offer or discount or for prior service. See manager for details. All coupons expire 4/3/08.

Wheel alignment \$3995 2 wheels. Includes front toe adjustment.



Rental cars & shuttle service available. Appointments & walk-ins welcome! 3425 Midway Dr. (Behind Shell station), Point Loma

1-888-486-9153 www.precisiontune.com



# **Smog** Check

Plus \$8.25 certificate and \$1.95 transfer fee. 1995 and older \$10 additional for evap test. Vans and trucks extra. Free retest when we do the repair.

Free

# Oil Change

### Tune-Up with Oil Change

6- and 8-cylinder slightly extra

Orain and replace up to 5 quarts of oil Install oil filter - Install spark plugs - Check belts and loil filter - Install spark plugs - Check belts and hoses - Check air and fuel filter and emissions - Perform electronic scope analysis, adjust timing and engine idle, inspect ignition wires, distributor cap and rotor

#### GENERAL AUTO REPAIR 367 15th St. • Downtown San Diego • Closed Sunday shuttle 619-237-1043 service

Offers good with this ad. Expires 4-21-08.

#### SATURDAY, MARCH 22

#### STRAWBERRY SHORTCAKE

The reason you never see me in the Strawberry Shortcake movie is because my scenes were all cut out in the final editing. I got a little money from it, but it would've been better to have my face and name in the finished product. Oh, well, I guess the director and editors thought my character, Disagreeable Flan, the heroin-addict immigrant, was too "heavy" for a kids' movie. I thought it added authenticity, but, what are you gonna do? That's Hollywood for ya.

#### THE TEN COMMANDMENTS ABC 7:00 P.M.

YES! This movie is so damn rad! They only play it once a year, so, I'm guessing we're approaching Easter? Is that right? Anyway, the head of the NRA has a stick that turns into a snake and his hair turns white and there's a pharaoh and hot chicks and the gun-president guy socks the pharaoh in the mouth and he yells, "Let my people go, you filthy ape!" and there are camels and Jews. Dude, it's sweet. We're totally watching it and getting drunk.

#### SUNDAY, MARCH 23

#### UNHITCHED

#### FOX 9:30 P.M.

Stink! Don't bother. I had to watch part of it the other night because Family Guy ended and my remote was on the floor and I was balancing a beer on my belly for time. This show was so awful that I cut short my attempt for beer on the belly balancing to change the channel. So, you know it's bad. The way I see it, Fox owes me a world record and all the fame and money involved. Jerks.

#### MONDAY, MARCH 24

#### THE BACHELOR: LONDON CALLING ABC 10:00 P.M.

Oh, super. The London Calling album by the Clash, an artistic expression of dirt-poor British youth coping with addiction, economic despair, and racial conflict, has been repurposed to serve as a tagline for a generic, saccharin, slick, advertising vehicle involving an elaborate mating ritual for cash prizes. Finally, the connection between diamond retail and disadvantaged, inner-city punk has been made. I can die happy. Wait. No. ABC, YOU SUCK! There, that's better. That's what I meant.

#### TUESDAY, MARCH 25

#### BIG BROTHER: 'TIL DEATH DO YOU PART CBS 9:00 P.M.

They should combine The Biggest Loser and Big Brother. I want America's Sweatiest Fatties in the hot tub without their shirts and the Bleached and Beautiful Dramatic Youth staring in horrified contempt from inside the glass house. Welcome to REALLY REAL REALITY TV, WHERE REALLY REAL THINGS HAPPEN!

#### WEDNESDAY, MARCH 26 TYLER PERRY'S HOUSE OF PAYNE

TBS 9:00 P.M.

I don't understand how Tyler Perry



Meteor and the Mighty Monster Trucks

is this successful. Not that I disagree with his success morally or anything like that. Good for him for finding some niche where he can make money. But, I truly don't understand it. Like, if it were an algebra equation, it would read " $X \times Y = Ducks$ : (A) True (B) False" and I would pencil in along the margin "(C) Sasquatch."

#### THURSDAY, MARCH 27

UNNATURAL CAUSES: IS INEQUALITY MAKING US SICK?

#### PBS 10:00 P.M.

Unless this show features a Herpes Ninja, I'm uninterested in what PBS has to say on the state of health care in this country. However unlikely, if there is a shadowy merchant of infectious mouth disease who creeps through the night delivering his special form of venereal justice, I just found my new favorite show. Ah, that makes me happy. I'm singing the theme song to the PBS Herpes Ninja show. PBS HERPES NINJA! LA LA

54"x24"x15H, \$15, very good condition. Escondido 760-740-0231.

SOFA BED, queen, beautiful, custom made, red, includes built-in mattress plus Aerobed for wonderful comfort, rarely used, \$200. UTC, 858-750-7534.

\$0FA, 7', faux taupe suede, like new, \$350. Ecrones swivel chair and ottoman, red leather, \$225. 619-437-8739.

**SOFA,** beige leather recliner, 2 recliners, comfortable, very good condition, moving, \$200. UTC area, 858-750-7534.

**SOLID PINE DRESSER,** 7' with 9 drawers and 1 cabinet \$100, 760-791-7277.

VINTAGE PRINTERS DRAWER, Approximately 32"x16" oak, with 90 compartments. Very nice shape, makes great shadowbox or display. Just \$30, near Downtown 858-864-2708

#### M iscellaneous FOR SALE

PLACE PRINTED ADS in the Reader by

POST FREE ONLINE ADS with photos at

AMAZING SALE: GAMING SUPPLIES. cards, high quality chips \$20/100. Casino blackjack tables with tray, chips, shoe, \$1000 value, 4 at \$500 each. Local pickup. 619-957-7250. kbhoff@cox.net.

BED\$ A PILLOWTOP MATTRESS Box Set. New in plastic with warranty. Queen \$169. King \$239. Credit cards accepted. Can deliver. 800-464-6420. North County, 800-464-6490.

BOOKS. 5 Albertville Winter Olympic hardback books, 1992, factory sealed, take all for \$35. Leave message, 760-845-

CHINA SET, Noritake 60 piece. Service for 8, bamboo pattern, mint! Pictures available \$399. Platters, bowls and service pieces also available 858-864-2708.

CEOTHING. CC Filson high-quality men's clothing. Cotton vest and bush jacket, men's small, like new, \$75 each. Tony Lama cowboy boots, men's 8-1/2 D, excellent, \$75. 619-260-8482.

DESK, CHAIR, 6 drawers, 38"Wx78"L, \$50. Wedding dress, hat, shoes, size 8, \$100 all. Off-road tires, 18" and 21", 2 each, \$5 each. Table glass top, 36"Wx59"L, \$25. 858-277-7197.

DRUM PEDAL, Guitar case, youth desk maple, youth bike "Mongoose Dxral", alu-minum \$45. Typewriter, boards-long, closet doors, wheel-chair, microwave, pasta-maker, 858-270-0565.

EXTENSION LADDER, aluminum, size 16 \$45. Electric extension cords, different sizes, \$25 each. House plants, different kinds, start at \$2. Cash only. 619-582-0096.

FREE DIRT. Clean, no rocks or weeds Native La Jolla soil. Large or small amounts available, any quantity OK. La Jolla area, 858-459-9358.

**FUTON FULL SIZE,** No frame \$50. T-shirts L-XL, \$8. Printer 2006, \$30, 619-459-3682 HOME THEATER, professional digital system, 800 watts, new, never used, still in box, list price on box \$1999, asking \$300/best. 619-466-8663.

ICE SKATES, guitar, microwave, ladies leather jacket, derby hat, DVDs, videos records (33-1/3 and 45), movie stills

books, magazines, celebrity autographs, much more, 619-420-1028.

JACUZZI BUBBLE SPA by Homedics, for the bathtub, new, with remote and pillow, still in the box, \$65. 619-466-8663.

JEWELRY EQUIPMENT. Bench and hand tools with all equipment needed to manufacture and repair jewelry. \$1000. Call 619-922-9302.

**LAMP,** copper arm swing light, \$145/best. 619-296-7185.

LAWN MOWER, gas, needs work, no catcher, \$15. 22 square plastic seed trays, \$5 all. 16 clay or ceramic flower pots, \$25 all. Escondido, 760-685-8291.

MAGNIFIER, Clarity AF Flex Video (CCT), closed circuit TV unit provides support who needs vision assistance. Clarity magnifies 4-60 times onto 20" TV, \$650.

MEDICAL WALKER, fancy, chair, toilet, cane, \$65. Rug, Chinese, expensive, 7-1/2x9, thick, \$65. Skates, inline, \$15. Fax machine, \$10. Trailer equalizer hitch, \$18. Anchor, \$25. 858-581-6223.

MEN'S SUIT, 3 piece, navy blue, 42 regular, 36" waist, never hemmed, polyester with rayon lining, never worn, \$150. Evenings, 619-422-7012.

MICKEY MOUSE OLD PHONE, Collector.
Antique French lord statue 13" pewter, brass teddy bear, \$15. Brass hi-top hat and small one \$15, \$45. 702-334-2350.

MINERAL COLLECTION. Cabs, slabs cutting rough, crystals including Herkike diamonds, local specimens, unusual tumbled, much more. Knife collection, old Kershaws, Schrade, Ixls, others. 619-260-

MOBILITY SCOOTER, New battery, sturdy, Revo Pride \$550/best, 619-280-

MOVING SALE. Antiques, appliances TVs, stereo, stands, tables (coffee, end dining) beds, dressers, couch, recliner

patio, daybed. Nintendo. Sega games pictures. SDSU 619-670-7821.

PAINT SUPPLIES, Airless, tarps, rollers, tape machine, much more, everything \$400. Leave message, fantastic deals, 858,755,0353

PAPER SHREDDER, table top, works great, \$10. 858-597-0856 or 619-890-9624.

PLANTS, Succulents, aloe trees, brazilian pepper pittisporum, loquat, much more. 619-280-9083.

POOL CLEANING TOOLS and testing sup plies, \$50. Luggage carrier, straps to top of car, \$40. Microwave, \$20. 619-339-7318.

SAFE, small, fireproof, \$15. Garden swing, \$18. Garden fountain, cherubs, swing, \$18. Garden fountain, cherubs, 4'H, \$65. Car cover, new, \$18. Large roll-top desk, \$65. Tires, 13", \$5. 858-581-1869.

**SHOWER DOORS** for bathtub, with frame, \$25. 858-597-0856 or 619-890-9624.

SPA FOR SALE with power jets. 84"x84" seats 5, new, 2 covers and chemicals \$1295. Pool World, 2687 National Avenue, San Diego. 619-239-2384.

SPA/HOT TUB. Deluxe 2008 model. Neck

jets, therapy seat. Never used! Warranty. Can deliver. Worth \$5950, sell for \$1950. 858-530-0980.

**TELESCOPE,** Meade model 285, never used, assembled, \$285. 619-449-9153.

TOOLS. Orbital sander, commercial dutym, high speed, 10,000 OPM, \$35. Router, commercial, 1hp, 25,000 RPM, owner's manual, original box, never used, \$100. 619-224-4820.

**TOOLS.** Rockwell #504 belt sander, 3"x24" (Freight train), #925 Porta-Band band saw. 760-941-9371.

VACUUM, \$15. Crockpot, \$10. Coffeemaker, toaster, lamps, portable barbecue/grills, small wood ladder, \$5 each. 5 wrought iron flower stands, \$12 all. 760-885.8291

VACUUM, Kirby G, \$200. Overhead projector, \$45. Oreck vacuum, very light, \$75. 619-449-8069.

VERTICAL BLINDS, 2, for patio sliding door, \$25. both. Large rug, \$8. 12 Christmas lights, \$20 all. 4 indoor flower arrangements, \$25 all. 760-685-8291.

WWW.JAMIEZJEWELS.COM. Custom handmade bracelets. One of a kind! Contact me for your local boutique, spa, hairstyling facility. Mother's Day gifts for women! Children's bracelets available.

#### Motorcycles

PLACE PRINTED ADS in the Reader by

**POST FREE ONLINE ADS** with photos at SDReader.com. See thousands of classi-

HONDA SHADOW 600VLX, 2001, black 17K miles, new front brakes, battery, a oil change, \$3000/best. 619-665-2263.

moving, must sell, \$6500. 619-473-8210.

MOTORCYCLE REPAIRS! Mobile service. We come to your home or office. Tuneups, oil changes, brakes, much more. Honda, Kawasaki, Suzuki, Yamaha. Credit cards accepted, low prices. House Calls Motorcycle Repair, 800-481-6531.

SUZUKI GZ 250 CRUISER, 2004. Only 7

Transmission

helmet and cover for \$3500 or best offer. CAll 619-309-5619.

CAII o 19-309-30 I9.

TRX 450R, 2006, beautiful, used 5 times, this quad needs nothing, upgraded suspension package, piggyback reservoirs, water cooled, valves perfect, stored inside, electric start. 619-937-8007.

Rebuilt

with a

and installed

**Automatic** 

warranty

3-speed,

rear- & front-wheel drive

\$100 off

New

Clutch

\$50 off

Rear-wheel drive

\$75 off

Most cars. With this ad

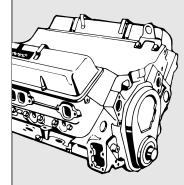
-year/30,000-mile

Parts & labor. Includes torque converter.

HONDA VTX, 2005, 1300c, 10K miles, black, new tires, windshield, backrest, must sell, new license tags

### **A** UTOMOTIVE

## REPLACE YOUR ENGINE, NOT YOUR CAR



Remanufacturing your worn-out engine is our specialty. Your engine will be remanufactured to the original factory specifications.

#### Ask about our 12-month or 12,000-mile warranty.

- All makes & models Domestic & foreign Cars, trucks & vans • Gas or diesel
- Unleaded conversion
- Engine removal & installation available

Motor Machine and Supply 16th & Hoover, National City • (619) 474-9366 Se habla español • MasterCard • Visa • AmEx

**Transmissions** Computer-controlled (FWD or RWD) \$150 off **250 off** 

# **Brakes**

rotors, repack wheel bearings. Parts additional. Semi-metallic or premium pads not included. Turn & light trucks. With this ad.

REE BRAKE INSPECTION

**Check Engine** light on? Computer

CHECK

Free

jobs

diagnostic

#### **Transmission Tune-Un** LABOR SPECIAL!!!

Includes adjust band and linkage and road test Parts additional. With this ad.

Manual from \$3995 Automatic from \$4,495

Call for special price on vans, trucks, RVs, performance and sport vehicles.

**Value Transmission** 1-866-891-5394 • **619-589-21**2

Tune-Up

Change 4 plugs, adjust

**\$19<sup>95</sup>**4-cyl.

\$30<sup>95</sup>6-cyl.

**\$44<sup>95</sup>**8-cyl.

Most cars & light trucks

Spring Valley • 8730 Jamacha Rd. (across from Sears, at the 125 Freeway)



#### AUTOMOTIVE

#### CARS

PLACE PRINTED ADS in the Reader by

**POST FREE ONLINE ADS** with photos at SDReader.com. See thousands of classi-

A.B.C. AUTOBUYERS. High miles, no problem. Guaranteed top dollar for your car, truck, van, or motorcycle. Running or not. Call 619-474-2323. ACURA LEGEND, 1993, loaded, premium

sound, automatic, leather, sun/moon roof. Runs great. Below blue book 760-481-4763

AUDI 90, 1990, leather, loaded, sunroof, V-5, automatic, sedan, white, Blue Book \$3500, offered at a mere \$2000. Needs sensor. 619-466-9256.

**AUTO PAWN LOANS.** Secured by vehicle and title. All vehicles, cycles, boats, RVs and heavy equipment welcome. Fast and friendly service. Call 619-464-2131. www.

**BMW 328IS,** 1997, coupe, 97K miles clean, great mechanical condition, wel maintained inside and out, 2.8L, auto-

# **Free Classifieds!**

ads with photos at SDReader.com

CHEVY LUMINA, 1995. 59,000 miles One owner, no accidents. New tires/brakes. Excellent condition, \$3750,

FORD CONTOUR GL. 1997. 4 door, low miles, automatic, air conditioning, power steering, brakes, windows, locks, tilt cruise, stereo/cassette, premium wheels must sell, \$2975. 619-838-0779.

FORD FOCUS LX, 2003, 42K miles, great condition, great gas mileage, origina owner, records, 2.0L, 4 cylinder, 5-speed manual, air bags, air conditioning, \$5900

GAS PRICES GOT YOU DOWN? Pur chase my 2007 blue Honda FIT, 30 miles per gallon, 4 cylinder \$15,000 excellent. Monica 760-741-1649.

HONDAS FROM \$500. Police impounds and tax repos. Cars, trucks, SUVs. Many makes and models! For listings, 800-495-0660 x2180.

HYUNDAI ACCENT, 2000. 5-speed mar

cassette, 4-door, teal green, 89,000 miles. Runs/looks good. \$1750, 619-200-7596.

LINCOLN TOWN CAR, 2001, black, automatic, excellent condition, well maintained, MP3 player, 10 CD changer in trunk, Blue Book \$7300, asking \$5900/best, 858-337-7869.

MERCEDES BENZ SLK280, 2007. 12,500

MERCEDES-BENZ SLK, 2003, reduced, heated seats, 42,801 miles, silver exterior, black leather, maintained, non-smoker, new brakes, 6-disc CD, power hard top convertible, clean, \$21,999. 858-

MERCEDES-BENZ 250C, 1972, 6 cylin

MERCURY SABLE WAGON, 1997, 3.0L, V6, fully equipped, cassette, roof rack, 3rd seat, runs, looks, and drives excellently, \$3150. Owner will help finance.

MITSUBISHI ECLIPSE SPIDER, 2002. Silver. Lowered, fiberglass hood, 16" rims/4 new tires. New brakes/clutch. Excellent

condition. Blue book \$8200. Selling \$7200, 562-826-1933

MITSUBISHI ECLIPSE, 2001, 93K miles, good condition, automatic, lots more, \$4800. Only serious inquiries please.

NISSAN ALTIMA SL. 2003. beautiful 4door sedan, pale green, tan leather inte rior, heated leather seats, sunroof 6-speaker Bose, premium wheel package, air conditioning, \$11,900. 619-865-4997

NISSAN ALTIMA 2.5 S, 2003, very good condition, pearl white, gray interior, new tires, only 58,500 miles, all power, remote keyless entry, tinted, \$8900. 619-278-1852.

OLDS AURORA, 1998, turquoise, 4 door, front-wheel drive, automatic, 87K miles, tan leather, fully loaded/detailed, new registration, alloys, clean Carfax report, mint, must see, \$4975. 619-997-8275.

OLDS AURORA, 1998, white, 4 door, front-wheel drive, automatic, 56K miles, charcoal leather, fully loaded, fully defront-wheel drive, automatic, 56K miles, charcoal leather, fully loaded, fully detailed, new registration, new Michelins, Carfax free, mint, must see, \$5450. 619-07-8075.

PLYMOUTH NEON HIGHLINE, 1998, 5

2.0L, 4 cylinder, 16V, great on gas, \$2400 Downtown 619-207-8896

PONTIAC GRAND AM SE, 2002, must sell, all the trimmings, cruise, air conditioning, power windows/locks, remote entry/trunk, 87K miles, recent repairs, \$5500. 619-808-8949.

**SAAB 900,** 1994, recent smog check pass 3/4/08, clean title, 176,922 miles, V-

TOYOTA CAMRY WAGON, 1994, very smooth and quiet, V-6 engine, 124,068 easy miles, excellent mechanical condition, 4-speed automatic, good tires, gold champagne, loaded, \$1850. 858-459-8857.

VOLVO 240DL, 1986, golden great, runs great, 4 cylinder, automatic transmission, tires good, mechanic's car, \$1500. Personal items, 78 and 45rpm phonograph, phones, books, movies. 619-929-4450.

yw Jetta GLS, 2001. Dark baltic green, black interior. 5-speed manual transmission. 102,000 miles. Original owner. Surroof, remote keyless entry. Clean title. \$6500/best, 760-271-3140.

VW JETTA, 1999, Wolfsburg Edition, 4-door sedan, excellent condition, 5 speed, serviced by dealer regularly, all records, 6-CD changer, sunroof, allovs, smooned 6-CD changer, sunroof, alloys, smogged, uxury, \$5200. 858-618-1804.

**WANTED:** Private party will pay cash for cars, running or not, DMV problems OK. 858-259-5114.

#### AUTOMOTIVE

#### TRUCKS / VANS / SUVs

PLACE PRINTED ADS in the Reader by

POST FREE ONLINE ADS with photos at

CHEVY ASTRO VAN, 2000, fully handicap drive, remote opening side door with Braun lift, bubble top, new tires, \$17,800. 760-935-

CHEVY PICKUP, 1993 Auto V6, longbed registered 2008. Runs and looks good. 3 seater. Very reliable. Asking \$2900 619-920-

DODGE D250, 1994, no major defects, clean title, 134,200 miles, automatic, V-8 5.2 liter, rear-wheel drive. Paint, body, interior minor blemishes, little rust. \$1900. 619-623-2086.

FORD EXPEDITION, 2003, Eddie Bauer, mint condition, V-8, 5.4 Triton, automatic, towing package, trailer hitch receiver, seats 7, CD changer, climate control, \$18,500. 619-871-2022; 619-286-8645.

#### AUTOMOTIVE

# PASS OR DON'T PAY



858-270-9253 Open 7 days \$5 off Sundays!



#### JACOBS ENGINES

938 Coolidge Ave. (Off I-5) National City 619-474-2556



Competitive prices. Lifetime guarantee.
18 years' experience.

Let us come to your home or office. Finest equipment and installation. Call for an estimate or appointment.



### **\$7 OFF SMOG CHECK** \*Fast Service \* No Hidden Charges\*



4191 Convoy St., Suite A (Same bldg. as Big O Tires)

(858) 874-8490 M-F 8 am-6 pm, Sat 8 am-3 pm

### Save with Auto Coupons at SDReader.com

Here's a small sample to get your motor running!

#### \$50 off bumper or fender repair



Lifetime warranty on repairs. Offer expires March 31, 2008. Expiration dates are renewed



#### **Xpert Paint & Body and Collision Repair**

Ask about our referral program. We take payments on your insurance deductible! E-mail estimates available for your convenience. Discount for cash customers.

7903 Balboa Avenue (near Convoy), 1-888-280-9530 ----------

After

Reader Coupons 619-235-3000

#### 10% off sheepskin seat covers



Cool in the summer, warm in the winter, Offer expires March 31, 2008. Expiration dates are renewed the last week of each month

#### Classic Sheepskin

We have dash covers, floor mats, baby rugs, slippers, sandals, boots

2707 Garnet Avenue, Pacific Beach, 858-270-2340

Reader Coupons

Acme Tinting \$10 off window tinting Adams Import **Smog check \$31.85** Advanced Auto Tech Catalytic converter \$95

AJ's Rolling Tires Express Free oil change

ATEK **Tune-up \$24.95** Audio Sport Tint 3 rear windows \$50

Autofab Off-Road Trucks 2 free Autofab hood pin kits Chevron Mission Valley AC service \$69.99

Chris's Auto Repair **Special oil change \$8.95** Classic Sheepskin 10% off sheepskin seat covers

Cliff Brown Automotive **\$10 off any service over \$50** Convoy Auto Repair **Tune-up \$29.95** 

Dent Time 10% or \$15 off dent repair

Discount Transmission & Axles Free diagnostic road test

European Coach Free diagnostic

Factory Tire Automotive Service & Sales Premium oil change \$19.95

Five Star Customs Window tint \$199 General Auto Repair **Smog Check \$14.95** 

Greenlight Honda Acura Care **\$100 off factory service** 

International Auto Service **Brake service \$48 plus parts** Japanese Auto Tech Oil change and tire rotation \$19.95

JPX Jesse's Mufflers & Brakes **20% off custom exhaust** Kearny Mesa Acura & Honda Timing belt \$99

Kearny Mesa Smog Check **\$7 off smog check** 

Kleer-Vu \$20 off any windshield repair

Line-X \$35 off spray-on truck bedliner Lutz Tire & Auto Free bumper-to-bumper diagnostic

Mission Gorge Auto Rebuilt engines \$899

Mission Village Auto Care \$10 off computerized alignment

Motor Machine & Supply \$50 off any engine work

Nexus Auto Repair 15% off any service

Oasis Trade Window Tint 10% off window tinting

PAW Auto Service \$25 off 30K/60K/90K service

Pierre's Place **Brake special \$99** 

Precision Motors Air conditioning service from \$12.95

Precision Tune Auto Care **\$19.95 oil change** Quick Smog **\$12 off any Test Only** 

San Diego Car Stereo Up to \$250 instant rebate San Diego Smog & Auto Repair \$10 off any service San Diego Smog Test Only **\$10 off smog check** 

Sea Sides Classic Tinting Window Tint \$59

Smog Clinic **\$26.75 Test Only smog special** 

Sound Check 15% off window tinting

Southern California Transmission \$100 off transmission rebuild

Streetnoyz Auto Sound & Security 10% off window tint

Suspension Plus Full Service Center **One free shock or strut** 

Thao Automotive **Smog check \$16.75** 

Tint Devil Auto tint \$30 off

University Transmissions **Transmission power flush \$99 and up** 

Value Transmission **\$75 off clutch special** 

Volkswagen Dealers of S.D. County Fuel injector cleaning \$139.95

Wentworth Automotive 10% off any service

Welltech Auto Service **Smog check \$15.75** 

West Coast Auto Glass **\$149.95 windshield replacement** 

Xpert Paint & Body **\$50 off bumper repair** 

#### I've had bad winters; this last one is up there in the top three.

By John Brizzolara

Friday, today, I took a taxi to the office. The driver looked familiar, though I had forgotten his name. He told me but wishes to remain anonymous. I'll call him Mel, and he reads this column pretty much regularly. He said he likes the personal stuff rather than just the "something to do on Fridays stuff." He said he thought most regular readers would agree. He asked about my son, though he has never met him. He asked me about my foot and said he was sorry I broke it but he was glad to see I looked all right. He said he thought that people were concerned about me. He was extremely nice and asked about things I'd forgotten I'd ever written about. This started a conversation about newspaper or magazine columns as car wrecks. On the whole, it was kind of a kick, a shot in the arm, as they say (or used to), and more than a little unsettling. Mel was pretty complimentary, but his words have left me uncertain about how to handle the column at hand. Personal or Friday Stuff To Do?

All right. Let's see. Steve Earle is going to be at the Belly Up. That interests me, but it is on the 23rd, Sunday. Not only is Earle an excellent musician and songwriter, he is a very good fiction writer as well.

As for Friday night? Any night, really, order the seafood pasta at Vincenzo's at 1702 India Street, at the corner of Date. That's where I'll probably go when I get to the bottom of my column space and see the used-RV ads encroaching. You really don't need a whole lot else to make your Friday night complete besides Vincenzo's seafood pasta, but let me think anyway. Meanwhile...

The foot's better, but not completely. The doctor told me I would not lose the leg to infection. That was a relief because there was some question about it. The cast got wet - I swear I don't know how except for rain last month and it wasn't looking good. It didn't smell good either, for that matter. It will be another three weeks or a month of hobbling around. During that time I hope to be withdrawing from narcotic pain meds. Haven't been drinking for quite

This will be published the first day of spring. For Friday, the second day of spring, I recommend doing something outdoors. Maybe just walk on the beach or through Balboa Park. If you're really ambitious, I would hike the trail at Torrey Pines. I can't do it, but you could, and the second day of spring would be invigorating, renewing. But you have a job. All right, let's see about Friday night. No concerts listed at Humphrey's for that night, but you could eat there. The food is very good, though it's been a while for me. If you arrive, say, around happy hour at the lounge, you'll catch the Corvelles live. I've personally never heard them, but their name is evocative of simpler times, so that might be pleasant. If you arrive or stay late you'll catch the Detroit Underground; nine pieces, judging by their photo. With a name like that you know they'd damn well better deliver decent Motown. If they weren't any good, we've certainly got enough ex-Detroiters in San Diego to have formed a lynching party some time ago. I may not make it, but it's possible. I would very much like to hear some Temptations and Marvin Gaye done live and well. As good a way as any to greet spring.

A word on that: I, for one, will be applauding spring as vigorously (maybe more so) as anyone. I don't know about you, but this past winter sucked horribly. I'll include last fall in there too, for me anyway. I've had bad winters; this last one is up there in the top three. Or would that be the bottom three?

I don't think I'm alone in classifying these past four months as a little colder, a little wetter, with a tad more hostility from the heavens than we're used to



here. All the more reason to embrace the season rotation. Those from elsewhere (almost anywhere elsewhere except the tropics, maybe) complain that there are no seasons in San Diego. I used to be one of them, but I've changed my perception. I now tend to see San Diegans who have lived here for a few years as people more finely attuned to changes in their environment. That goes for weather, urban sprawl, and development, as well as politics. For good or ill, San Diegans seem to know how to use, manipulate, enjoy, co-exist with, and/or exploit the immediate world around them. A broad generalization maybe, but I believe there is something to it, and it may not necessarily be a compliment. Just as I've said in the past, San Diegans seem to have little sense of humor about where they live. I've been shown to be wrong. Maybe a lot.

Yeah, my son's doing all right, Mel. He's got problems, maybe more than the average person, but he's a tough, smart guy. Thanks for asking.

FORD F-150 SUPERCREW, 2001, 4x4, 5.4L, 37" BFGs, custom wheels, 110K miles, bed extender, tow package, clean inside and out, fully loaded, maintained, \$14,500/best. 619-572-5671.

FORD RANGER SUPERCAB, 2003 Edge, 35K miles, V-6, 2 door, sonic blue, black interior, air conditioning, bed liner, CD changer/player, cruise, tilt, \$12,000. 661-312-6616.

FORD VAN E-150 CHATEAU, 1994, 7 passenger or cargo convertible, 2nd owner, excellent condition, \$2750. 858-277-7979.

JEEP GRAND CHEROKEE, 1995 Laredo, 4x4, 8 cylinder, power windows, doors, locks, mirrors, towing package, original owner with maintenance records, always garaged, never wrecked, excellent condition, \$3350. 760-765-2968.

LINCOLN NAVIGATOR, 2000, fully loaded, 88K miles, excellent condition, power seats/mirrors, cruise, heated leather seats, new tires, Kelley Blue Book

\$13,300, asking \$12,000. r60-525-887/r. MERCURY MOUNTAINEER, 1997, black, all-wheel drive, automatic, 70K miles. New Michelins, alloy wheels. Fully loaded, detailed. New registration. Clean Carfax report. Mint, must see, \$6975. 619-997-8275.

NISSAN XTERRA, 2001, 5 speed, 4 cylinside and out, all original, runs great, save gas, asking \$5000. 619-281-6238. AUTOMOTIVE

#### CLASSIC / Custom Cars

PLACE PRINTED ADS in the Reader by POST FREE ONLINE ADS with photos at

SDReader.com. See thousands of classi-fied ads not printed here!

CHEVY II NOVA SS, 1963, project car, many new parts, front power disc brakes, rebuilt front end, V-8, springs to hold the 327, \$3500. 858-688-2256.

927, \$3000.888-688-2256.
FORD MODEL A, 1931, panel delivery truck, chili pepper red, very rare, immaculately restored, original engine and still running well, \$675. Douglas, 619-232-2020.

INTERNATIONAL PICKUP, 1959, step side shorthed 1/2 ton F100 6 cylinde side, shortbed, 1/2 ton, E100, 6 cylinder inline. Runs well, good condition, \$3500. 619-203-3153.

619-203-3153.

LINCOLN TOWN COUPE, 1979, pristine off-white pearl, 2-door Continental, maroon leather interior, power everything 42,710 original miles. Cartier clock, drives like a dream, \$7000/best. 619-843-2644.

#### AUTOMOTIVE

PLACE PRINTED ADS in the Reader by

POST FREE ONLINE ADS with photos at SDReader.com. See thousands of classified ads not printed here!

med ads not printed here!

MOTOR HOME. 2002 Pleasureway,
Dodge 440, 19-1/2', 29K miles, air conditioning, furnace, shower inside and outside, microwave, stove, 3-way
refrigerator, TV/VCR, electric, couch bed,
\$35,000 cash. 619-669-4931.

NOMAD PARK TRAILER, 2003, 40', 2 slide-outs, bay window, full bathroom and kitchen, washer/dryer, great condition, lo-cated in Mission Bay, must sell, \$10,000/best. 619-241-1381.

PROWLER 5TH WHEEL with slide-out

WEEKEND WARRIOR, 2005 Superlite FK1900, 30-gallon gas pump, remote CD/radio, power jack, front/rear stabilizer jacks, new marine batteries, satellite dish, cover. \$13.000, 619-846-9924.

#### AUTOMOTIVE

#### PARTS

PLACE PRINTED ADS in the Reader by POST FREE ONLINE ADS with phot

SDReader.com. See thousands of classified ads not printed here!

GRILLE, For 2004 Nissan Maxima. New \$125, 858-566-4231.

RIMS, nice set with low profile tires, less than 1200 miles, great condition, 18" with 5-lug bolt pattern, were on 2001 Mitsubishi Eclipse, \$1099. 858-357-2010.

WANTED: Driver's side door for 1993 Mustang GT, maroon if possible, and side window. 619-200-6681.

#### AUTOMOTIVE SERVICES

PLACE PRINTED ADS in the Reader by POST FREE ONLINE ADS with photos at

\$500 POLICE IMPOUNDS. Cars from \$500! Tax repos, US Marshal and IRS sales! Cars, trucks, SUVs, Toyotas, Hondas, Chevys and more! For listings, call 1-800-706-1759 x6443. (AAN CAN)

#### AUTOMOTIVE



Jeep • Dodge • Chrysler Your Dealership Alternative Specializing In: Also servicing all Domestic and Asian vehicles.

- Factory-Trained Technicians
- Over 35 Years of Chryslei **Dealership Experience**
- Financing Available



PASS OR DON'T PAY **SMOG CHECK** \$8.25 CERTIFICATE &

\$2 TRANSFER FEE extra. 1995 and older require

EVAP test (\$10 extra). Limit one

**FAILED SMOG DIAGNOSTIC** \$**49**95

Includes one hour diagnostic time. Parts and labor for repair extra. Most cars and light trucks 1996 and newer o Expires 4/3/08.

- Tune-Ups
- Brakes
- 30K, 60K & 90K Service
- Differential Axles

Compare our prices to any dealership. We give you dealership quality for much less!



*AUTOMOTIVE* Precise Auto Care

WENTWORTH

755 Othello Ave. • (858) 541-1044 Just west of Convoy on Othello Ave. Behind 7-Eleven store.



Low, Low Car Rental Rates

**Buy Here, Pay Here.** Rent-to-Own.

Weekly from \$9995

**Monthly** from \$350



**Rent for only** 







SUVs • Navigators • Expeditions • Suburbans • RVs • Explorers 15-Passenger Vans • Minivans • Luxury Cars • Motorcycles

18 years & older | Cash deposits | 100 free miles/day Open 24-7 | All major credit cards accepted

At Truck & Car Rentals, Inc. Auto Sales & Rentals

760-633-3552 | 619-229-0131

#### Simple Divorce \$149

Affordable rates, MC/Visa/Amex. Se habla espanol. Joseph B. Carnohan, Attorney. 760-722-8200.

#### Is The IRS After You? Help Is At www.mtax.com. Or call Curtis McAllaster, CPA, 619-523-3098.

**Divorce/Support/Custody** 

Defend your rights! Flat fee for uncontested divorce. LegalObjective.com. C. McLaughlin, Esq. 760-431-2200.

#### **Facing A Foreclosure** File 7 or 13 Bankruptcy

Save your home or wipe out negative equity. Free consultation with experienced bankruptcy attorney. 619-321-8125 or 858-335-1162.

#### **IRS Problems Got You Down?**

27 years IRS experience. Income tax and collection problems Audit and appeals representation. Tax return preparation. Current/unfiled returns. Free consultation. Reasonable rates. BJ Tax Consulting, 858-530-1675.

#### **Control Your Phone!**

Local/toll free numbers, call recording/blocking/ Tracking/forwarding. EasyRing800.com. 866-500-2424.

#### **Former Federal Prosecutor**

Criminal/ Family/ Personal Injury. Law Office of L. Marcel Stewart, 619-702-4123.

### Divorce Fast! - \$145/up! We do all paperwork and file with the court

31 years in business - Registered - LDA#54. Hotline (619)454-0994.

#### Sexually harassed at work? **Hostile work environment?** Discriminated against? Wrongful termination? **Unpaid overtime?**

We are experienced in representing employees and will vigorously defend your rights. All too often, employees will ignore an unfair work situation, or will wait too long after a violation has occurred. Don't let this happen to you! Call attorney Michael Sousa today for a free, no obligation consultation. 858-453-6122 x15.

#### **Uncollected Judgment?**

We can get your cash now! Free Consultation— Call 619-741-0086.
National Judgment Acquisition & Recovery.

#### Bankruptcy - Low As \$750 Free Consult-Al Gross, Esq. 888-FAIR-PRICE (888-324-7774) AskAttorneyAl.com.

#### **Lawyer Referral And Information Service**

Free Referral. Free initial consultation Se habla espanol. CA State Bar Cert #0043. SD County Bar Association, 619-231-8585, sdcba.org.

#### **Child Support/Divorce**

Formerly with DA Child Support Bureau. Call Attorney Linda Cianciolo, 619-253-9312.

#### Stop IRS/State Cold!

Ex-IRS officer, Contact: D.M. Wayne, Tax Consultant, 858-614-0223, taxsolutionservices.com

#### **POPCO-Father's Rights**

The original and still the best, 800-963-DADS(3237).

#### Bankruptcy-Ch. 7, 11 & 13.

Free consultation. Honest advice from an attorney A debt relief agency. Avatarlegal.com, 858-793-9880.

#### **Bankruptcy-Ch7 \$785 Complete**

Includes court costs, credit reports. stacylawfirm.net. 619-253-8141, 858-677-9798. Debt relief agency. Free consultation, 24/7. Payment plans available. Attorney Roger Stacy.

#### **Stop Smoking, One Session!**

Hypnosis. All issues. Patty, CCH. 858-459-1291

#### **Secure Your Future** With an Office Career

UEI offers courses approved for Veterans, Rehab, WIA. Job Placement Assistance, Financial Aid WIA. Job Placement Assistance, Financial Aid
available (if qualified). Come visit our campuses:
3666 Kearny Villa Road, #100, San Diego 92123 or
310 3rd Avenue, #C6, Chula Vista 91910. Visit:
www.uei4you.com.

#### **B** Divorce/ Custody Support **Aggressive Family Attorney**



#### No Recovery Means No Fee! **Contingency Attorney Can Help**

If you're injured in an accident, mistreated at work or need help with a contract or insurance claim.
We'll fight for you! We're experienced and aggressive.
Consultation is free, so what have you got to lose?
Don't hesitate, call us today at 619-239-1300.
Email morris@sandiegolegal.com. Morris and Associates. Personal Injury, Sexual Harassment, Business Litigation

#### Alcoholicos Anonimos **Grupo Rencuentro**

Hay problemas de alcoholismo en su familia? Sesiones Lunes v Jueves de 5-6:30pm. 3450 Bonita Road, #207, Bonita, 91902. 619-470-6955.

#### Auto Accident? Other Injury?

Free advice! Injury Law Center, 619-787-0120

#### **Credit Card Debt?**

Late on payments? Debt Relief Network can help. Call 1-800-642-9382 or visit us at www.debtreliefnetwork.com.

#### HIV Result-15 Minutes-\$140

GYN, urology, STD tests, confidential. 619-260-0810.

#### Lawyer For Less-\$99/Hour/Up

30 years experience, criminal and civil, DUI. juvenile. Free consultation. 858-472-4550.

#### **Experienced Tax Attorney**

Master of Laws in Taxation.
Solution to IRS, FTB, & EDD problems. Tax preparation. Consulting, Reasonable rates, Personal attention Atty Ronson Shamoun, 619-595-1655, IRSsolution.com.

#### Car Accident Victims!

25% fee. Why pay more? Demanski & Ellis, Attorneys at Law, 619-338-9880.

#### **Accident? Injury?**

Get the compensation you deserve. Law Offices of Robert T. Pope, 619-233-3893.

#### **Stop Repossession**

Call now to save your car. 858-405-6766

#### Car Repo'd or about to be?

Call now to save it! 858-405-6766

#### **Traffic Tickets?**

Don't pay. Hire an attorney to fight for \$100. No attorney fee if ticket not dismissed. Contact Law Offices of Elizabeth Aronson, 760-685-8242 or SanDiegoTrafficTickets.com.

#### A Academy of Bartending

Make money. Make new friends. Have fun!
1-2 week course. Weekend classes available.
Part/full time job placement assistance. 619-296-0600

#### **Low Cost Tax Returns**

Individual and small business 1099's, W-2's, 30 years. Don't pay more than needed. Cyndi, 619-593-6006.

#### Need to file a bankruptcy?

Talk direct with an attorney who files for you! Free consultation. A debt relief agency. Jason L. Jones, Esq. Call 858-793-9800 today.

#### **Need a Phone #? Voice Mail**

\$8.95/month. 800-309-8888 www.voicemaildepot.com.

#### Bankruptcy: 7, 11, 13

Sound advice; reasonable fee. Payment plans available C. McLaughlin, Esq. LegalObjective.com, 760-431-2200.

**Business Disputes?**Call Law Offices of Gaston & Gaston, 619-398-1882.

#### Don't Let IRS Ruin Your Life!

Peace of mind is within your reach! Call 1-877-FIXABLE (24 hours) for recorded message and free report. Attorney Dave Greenberg, 858-292-0700, www.fixabletax.com.

#### **Bankruptcy Attorney Stop Lawsuits and Repossessions** Can Still Qualify Under New Laws

Free consult. Call and speak to attorney. Debt Relief Agency, 619-889-5585; 858-335-1162.

#### Massage Above Expectations!

About your needs! Indulge. Release tension with Soothing, personalized session. Advanced techniques. Rejuvenate, restore. In/outcall, 24/7. 760-828-2618.

#### **Bankruptcy-Low Payment Starts**

Experienced Attorney. Stop all collections. Debt Relief Agency. Raymond Schimmel, Esq., 619-275-1250.

**Ex-IRS, Tax Attorney**All problems, returns, representation. 619-234-8471

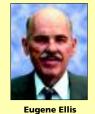
#### **Bankruptcy-Still Qualify?**

Call 800-993-1998 to find out - countywide

#### Need Cash Today?

Title loan on your car or truck - you keep it to drive! Any credit OK. 619-593-6200.

### San Diego's Best DUI-DMV **& Ticket Attorneys**



MR. DUI, "The Professor" of DUI Law. One of the first and most experienced DUI-only attorneys in San Diego. Exclusively DUI!

Stay out of jail. **Avoid court.** Clean your record. Save your license. Keep your job. Learn about your rights at: www.MRDUI.com

Call now: **619-563-1010** E-mail: mrdui@mrdui.com 3990 Ninth Ave., San Diego, CA 92103 (in Hillcrest near 163 and Washington)

Even nice people get arrested for drunk driving.

\_\_\_\_\_



best and most DMV-only attorneys

#### **Bankruptcy, Fast Divorce**

We answer the phone - Talk to a lawyer - 8am-7pm. Low down payments - Same day filing - Free advice. FixedPriceLegalCenters.com (sm). 800-993-1998.

#### **Bankruptcy Chapters 7 & 13**

\$300 starts immediate attorney representation. All work done. Over 10 years experience. Debt Relief Agency. 619-321-8125; 858-335-1162.

#### **Divorce/Custody/Support/Prenup**

Former DA/Child Support Attorney. Reasonable rate Eugene Gonzalez-Exerjian. Free phone consultation.

#### 1-800-2-WIN-DUI

Free consult with top DUI trail attorney not guilty verdict at .31 nearly 4 times the legal limit! Highly experienced, aggressive, affordable. 1-800-294-6384.

#### **Facing Foreclosure?**

We can legally get you 3-9 months or more (sometimes with no mortgage payments). Time for you to sell, do a workout, refinance, or stay put payment free. Several possibilities. 619-544-0669.

#### Bankruptcy Done Right!

Debt Relief Law Center - 800-803-7310. Free attorney consult. Relieve mortgage/ other debt while protecting assets. Start fresh! Payment plans. www.bklawca.com.

#### **Simple Divorce**

10% discount! Custody, support, trust and more! www.Legal-Choices.com, #7. 619-593-6000.

#### **Estate Plans/Wills/Trusts**

Asset protection; plan for the future. Payment plans. C. McLaughlin, Esq. LegalObjective.com. 760-431-2200.

#### Advance Payday. Hold Check

Until Payday. 24-hour tax refund. Auto title loan and on pawn. www.checkscashed4less.com. 1-800-896-9062.

#### Stop Foreclosures-File Ch.13 Consolidate Back Mortgage/Bills Debt Relief Agency, 619-889-5585 or 858-335-1162.

#### Mortgage Loan Trouble?

Stop or postpone foreclosure without bankruptcy. Workout, modification, short sale, low/no equity. From \$750. Attorney David Wolff, 760-632-8980.

#### Single? Join the Club!

We plan over 20 events per month. Call 619-299-CLUB or check our website at www.FunQuestAdventures.com.

#### Credit Repair "Legitimate" Don't Frown-No Money Down! Since 1988, local company. Call now! 800-700-0273.

#### Arrested for DUI? Confused? Call attorney at 1-888-DUI-HOTLINE.

**Help Those in Need** 

#### And Become a **Medical Assistant**

UEI offers courses approved for Veterans, Rehab, WIA. Job Placement Assistance, Financial Aid available (if qualified). Come visit our campuses: 3666 Kearny Villa Road, #100, San Diego 92123 or 310 3rd Avenue, #C6, Chula Vista 91910. Visit: www.uei4you.com or call: 1-877-206-1915 today!

#### **Divorce Mediation**

Stop The Fighting
Work out a settlement with your spouse or partner rather than spend a fortune fighting in court. See: www.afairway.com. A Fair Way Mediation Center. 619-702-9174.

### **Divorce/Custody/Support** Contact Happ Law Group P.C. 619-906-5800.

Hypnosis-All Issues! Smoking, weight, habits. Lori (CHT), 858-457-2100.

#### Chapter 7 Bankruptcy (Liquidation)

Eliminate credit cards, lawsuits, repos, Chapter 13 bankruptcy (consolidation) immediately stops foreclosure and creditor action. Ch. 13 allows for 3-5 year easy monthly court payments to pay back mortgage arrears, credit cards, car loans, taxes, etc. Call today for free Attorney consult. 1-888-486-9157.

#### **Lose Inches In Hours-Iono-Trim**

20% discount with mention of this ad Sean Daneshmand, M.D., FACOG. Ageless & Beautiful Medical Spa, 1080 University Ave. Suite H-201, San Diego 92103. 619-299-0264.

#### Single? Join the Club!

We plan over 20 events per month. Call 619-299-CLUB or check our website at www.FunQuestAdventures.com.

#### Aggressive Family Lawyer

10+ years experience in family law with divorce custody, support and property. 619-542-1100.

#### **Personal Injury/Auto**

Defend your rights! Contingency fees. Payment plans. C. McLaughlin, Esq. LegalObjective.com. 760-431-2200.

**Drunk Driving Attorney**Felonies/misdemeanors/DMV/drugs. 619-338-9500.
J. D'Ambrosio. Free consult. Visa/MC/Amex.

ree consultation. www.wf-lawyers.com. 619-284-4113.