SAN DIEGO WEEKLY VOLUME 37 / NUMBER 4 JANUARY 24, 2008

Tacos
are a
finy faste
of
tempfation

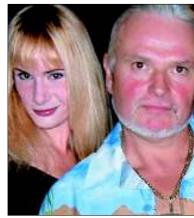
Fancy wimmen are okay, but there's nuttin' like the real thing: a nice warm adobada taco on a nice cold night beside a nice hot grill outside a friendly taco catering truck,

Story continued on page 24

JEFFM PORES

NEWS & FEATURES

| Tacos Are a Tiny Taste of Temptation Eat up, little burros. By Ed Bedford | Cover |
|--|-------|
| City Lights | |
| Subprimes are old hatreverse mortgages are hot; | |
| and City Lights shorts | |
| Special school's principal has some interesting sidelines | 7 |
| Letters | 12 |
| Straight From the Hip | |
| KH saved from propane poisoning | 16 |
| The Sporting Box | |
| Belichick is a pig and also a great football coach | 19 |
| Sheep and Goats | |
| He had a dream | 20 |
| Best Buys | 21 |
| Buff up your cells' energy fields | 21 |
| The search for the ultimate hotel | 22 |
| | |
| The Native Our foul-breathed goliath awoke in 1986. By Jim Mastro | 58 |
| Off the Cuff | |
| | |
| Puzzle | 140 |
| SurfDiego | 4.44 |
| The City of Imperial Beach does what it must | |
| Name This Place | 142 |
| Say What? | 440 |
| Wetware is not bathing suits | |
| Picture Story | |
| News of the Weird | 153 |
| Back When | |
| Stallone could play Chekhov | 156 |
| Dumped | |
| Our past, our pain | 157 |
| Blog Diego | 4.50 |
| No skirting the tranny issue | 159 |
| Remote Control King | 161 |
| Wanted: non-nude part in a porno movie | 161 |
| T.G.I.F. Heaven on Earth anomaly | 162 |
| rieaven on Earth anomaly | 103 |
| <u>C A L E N D A R</u> | |
| Local Events | 63 |
| | 03 |
| Roam-O-Rama Hot bathing pools, homey campground | 66 |
| What's That You're Reading? | 00 |
| Life of Pi, by Yann Martel | 70 |
| Art Review and Museum & Gallery Guide | |
| The palpable presence of gods. By W.S. Di Piero | 73 |
| Classical Music Guide | |
| Theater Review and Guide | |
| Louis and Schmeling In This Corner | 76 |
| Pop Music | |
| Blurt | 79 |
| Club Crawler | 82 |
| Punk/pop/wave of the Atoms | |
| Crasher | |
| Josh rubs elbows with the arty set | 100 |
| Restaurant Reviews and Guide | |
| Hooray for the new at Chez Loma | 102 |
| Why, the food's almost cheaper than the beer | |
| A revolution in Temecula | |
| Movie Review and Guide | 5 5 |
| Cloverfield unleashes a beast | 116 |



"He looked like he wanted to slug me." See page 100

ADVERTISING

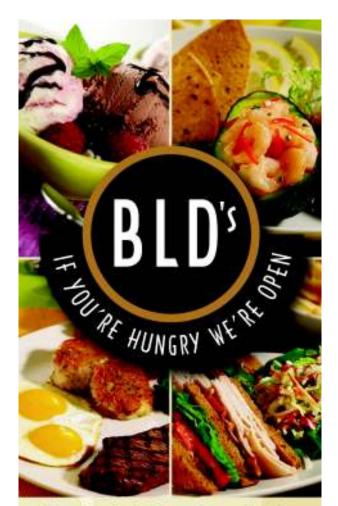
Classified Ads

| Antiques & Collectibles | 157 |
|----------------------------------|-----|
| Appliances | 158 |
| Automotive: Cars | 162 |
| Automotive: Trucks/Vans/SUVs | 162 |
| Automotive: Classic/Custom Cars. | 163 |
| Automotive: RVs | 163 |
| Automotive: Parts | 163 |
| Automotive: Services | |
| Bicycles | |
| Business Opportunities | |
| Career Training | |
| Classes/Lessons | |
| Computers | |
| Counseling/Support | 142 |
| Electronics | |
| Employment Services | |
| | |
| Furniture | |
| Garage Sales | |
| Health & Fitness | 141 |
| Help Wanted | 124 |
| Massage | 140 |
| Miscellaneous For Sale | 160 |
| Motorcycles | 161 |
| Music, Equipment/Instruments | 143 |
| Music, Musicians Avail/Wanted | 143 |
| Music, Services | |
| Notices | |
| Parent Resources | |
| Personals | |
| Pet Central | |
| Photo | |
| Real Estate, Condos | 155 |
| Real Estate, Houses | 154 |
| Real Estate, Miscellaneous | 155 |
| Rentals, Commercial | 145 |
| Rentals, Apartments/Condos | 146 |
| Rentals, Houses | |
| Roommates | |
| Services Directory | |
| Sports | 156 |
| Stage Notes | 141 |
| Tickets | |
| Travel & Getaways | |
| Wanted/Trade | 157 |
| Wedding/Party Guide | 141 |
| | |
| | |

Display Ads

| Apartment Rentals | 149 |
|-------------------|-----|
| Automotive | 153 |
| Career Training | 132 |
| Getaways | 63 |
| Great Escapes | 67 |
| Health and Beauty | 37 |
| Help Wanted | 124 |
| Instruction | 140 |
| Music | 143 |
| Real Estate | 152 |
| Research Studies | 29 |
| Services | 141 |
| Singles Events | 72 |

Wedding Guide.....67



Now Satisfy Your Appetite for Food & Fun 24 Hours a Day!

Valley View Casino has added an amazing new restaurant to its awardwinning dining options! BLD's is now serving up breakfast, lunch and dinner and is open around the clock for your dining enjoyment. So no matter when hunger strikes, whether it's while you are playing Valley View's Certified Loose slots, doubling down on blackjack or enjoying exciting live entertainment, you can always satisfy your appetite for food and fun at BLD's, only at Valley View Casino!





1-866-VIEW-WIN VALLEYVIEWCASINO.COM

1-15 TO VALLEY PKWY EAST + VALLEY CENTER, CA

WHILE THE DELICIOUS CHOICES AT BLD'S HAVE NO DWIT, YOU LAGE DOTS. GUISTS MUST BE 31 OR OLDER TO ENJOY THE CASIND AND RESTAURANTS.



Family Plan **\$69**99 1000 Minutes

Unlimited Night & Weekend Minutes Unlimited Mobile-to-Mobile Minutes

T - -Mobile*-

2 free phones'

Free activation

1-year contract

Start the New Year with 2 FREE Phones

\$**69**⁹⁹

700 Minutes

Unlimited Night & Weekend Minutes Unlimited **Mobile-to-Mobile Minutes**



- Text, picture & IM
- Navigation





1.3-megapixel camera

 V-Cast music and navigation

858-569-7979 9353 Clairemont Mesa Blvd. Suite K2 • (behind Carl's Jr., between I-15 & I-163) Open 6 days a week: Mon.-Thurs. 10 am-6 pm, Sat. & Sun. 11 am-4 pm - Closed Fridays

*Some free phones require \$50 mail-in rebate. New customers and new activations only. 2-year contract with Verizon service

Gift Certificate! At The Official Chargers LASIK Center

• Wavefront LASIK

- All-Laser LASIK
- Custom LASIK

Low Monthly Payments!

Easy to qualify!

Official Chargers LASIK Center and Team Ophthalmologist

MIHIR PARIKH, M.D.

- ✓ LASIK & Cornea Specialist
- ✓ Chargers Team Ophthalmologist
- ✓ "Top Doctor" S.D. Magazine, '05 & '06
- "America's Top Ophthalmologist" - Consumer Research Council
- ✓ Over 10,000 procedures performed

0+0+18DOWN INTEREST MONTHS



Free LASIK Eye Exam Toll-free: 1-877-484-2020 Local: 858-450-4213 www.neweyes.com

"My vision is amazing after LASIK! Thanks, Dr. Parikh!"

> - Chargers WR Kassim Osgood, #81 Pro Bowl 2007

*Not valid with any other offer, certificate or discount. Expires 3-15-08. Call for details



Train for a career as a massage therapist: Asian Therapies or Western Therapies Or integrate both as a Holistic Health Practitioner

Classes start soon - call 888-223-9418 to register!

Financial Aid Available for Those Who Qualify



San Diego Reader January 24,

4607 Park Blvd, San Diego, CA 92116 www.Mueller.edu Institution accredited by the Commission on Massage Therapy Accreditation



(760) 941-8548

SANTEE *Coming Soon

www.iTanSanDiego.com

LAIREMONT/KEARNY MESA

USD/CLAIREMONT



Jim Holma

SENIOR EDITOR

ASSISTANT EDITOR

EDITORIAL ASSISTANTS

Scott Ellis, Frank Glaser, Hector Lam, Russ Lewis, Robert Mizrachi, Robert Nutting, Chris Woo

CONTRIBUTORS

Don Bauder, Ed Bedford, Geoff Bouvier, John Brizzolara, Josh Board, Patrick Daugherty, Joe Deegan, W.S. Di Piero, Stephen Dobyns, Barbara Fokos, Ernie Grimm, Mary Grimm Lynne Houts, Juris Jurjevics, Rosa Jurjevics, Ken Kuhlken, Thomas Larson Deirdre Lickona, Matthew Lickona, Thomas Lux, Bill Manson, Linda Nevin, Anthony Olivieri, Jerry Schad, Duncan Shepherd, Jeff Smith, Leslie Venolia, Naomi Wise

NATIONAL ADVERTISING

DIRECTOR

ADVERTISING SALES DIRECTOR

SALES DEVELOPMENT

SENIOR ACCOUNT EXECUTIVES

Bill Burton, Amy Grant, Amy McKibben, Randy Rice, Todd Westfall, Beth Wexler

ACCOUNT EXECUTIVES

Bryan Andrejko, Gili Assa, Kelly Bonelli, Mark Connelly, Patricia Esperanza, Brett Flynn, Scott Fisk, Paula Ford, Stephen Hatch, Joshua Hensley, Richard Maryn, Alvaro Mendez

ACCOUNT MANAGERS

Jesus Cruz, Jr., Maricar Quero, Graeme Storey, Kacy Weave

ADVERTISING ASSISTANTS

Brian Carver, Mercia Daugh George Wargo

ADVERTISING ART DIRECTORS

CLASSIFIEDS MANAGER

Gene Rochambeau

CLASSIFIEDS STAFF

Alexis Bernal, Annalee Bradbury, Michelle Estrada, Deaine Goldey, Maribel Juarez, Steve Lieber, Jodi Linney, LeAnne Mellon, Holly Micelli, Sandi Miller, Ninoshcka A. Moreno Ortiz, Anniessa Mumford, Kathleen Nystrom, Carina Quintanar, Jeffery Reed, Helen Uchihara, Cristina ark, Michelle Wi

PRODUCTION MANAGERS

Deborah Condit, Sandy Matthews

PRODUCTION ARTISTS

James Anella, Cynthia Arnette, James Banerian, Patrick Brassell, Mike Brown, Jeremiah Dean, Paul Johnson, Leslie Manes, Douglas P. More, José Ramirez, Jr., Richard Vierling, Jessica Wentzel

ACCOUNTING STAFF

Kelly Ainsworth, Regina Gaither, Tisha Howell, April Isaac, Evelyn Mones, Michelle Newby, Maddeline Zvirzin

ADMINISTRATIVE STAFF

PERSONNEL MANAGER

INFORMATION SYSTEMS

Scott Jones, manager Mark Bays, Gavin Rattmann

PROJECT MANAGER

OPERATIONS DIRECTOR

All advertising in the Reader is subject to current rate card. The *Reader* reserves the right not to accept an advertiser's order. The entire contents of the *San Diego Reader* are copyright 2008, Jim Holman. All rights reserved.

San Diego Reader may be distributed only by the *Reader*'s authorized independent contractor. No person may, without prior written permission of the San Diego Reader, take more than one copy of each weekly issue

NATIONAL ADVERTISING

MAILING ADDRESS

Reader, P.O. Box 85803 San Diego, CA 92186-5803

OFFICE 1703 India Street (at Date)

619-235-3000 General information

619-235-8200

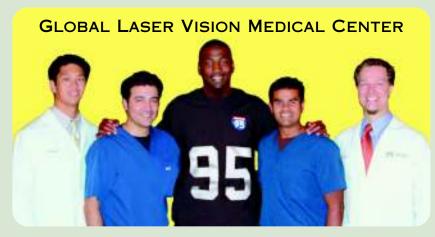
(760) 735-6199

Paid classifieds

MANUSCRIPT SUBMISSIONS

Submissions must be e-mailed to: Reader.Manuscripts@gmail.com. Hard copy manuscripts will not be accepted.

Pro Football Star Shaun Phillips achieves 20/20 vision in minutes!



"Having the doctors in the top 1% of the country in your own backyard - you can't ask for anything better."

chose to have LASIK surgery because in my profession you have to be able to see what's going on, and also I read a lot in my daily life. I want to be able to see clear without having to wear glasses or contact lenses, plus it makes me look good! I highly recommend Global Laser Vision for the reason that in the profession I am in, we have things coming at us all the time like 300-pound men trying to hurt you and you have to be able to see that coming at you in a split second. You know you have to be prepared for every situation and this is the right thing to do. Having LASIK surgery at Global Laser Vision was the best decision I've ever made!" - Shaun Phillips, Pro football player

Here's the reason we can make LASIK so affordable...

When doctors lease LASIK surgical equipment, they have to charge their patients more money to cover their expenses. That's because doctors pay a lot more money to lease and USE the equipment than if

Because we own our LASIK equipment (as well as our facility), we're not beholden to the manufacturer's prices or the whims of landlords. This means we can keep our prices affordable. It also means we can continue to improve people's vision regardless of their financial status.

Global Laser Center is not owned and/or managed by public companies or by investment groups. This has further enabled us to keep overhead down and pass on the savings to our patients without ever sacrificing quality of our care.

Why over 45,000 people chose us:

Eye surgery is a complex and serious medical procedure. Unlike many other clinics, our doctors are personally involved in every aspect of your care. That's why you can always expect:

- ◆ To talk with your doctor when you call.
- ◆ Your doctor to perform your pre-operative and post-operative exams.
- ◆ Your doctor to be caring and, above all, to put your best interests first.
- ◆ Leading-edge equipment such as the VISX Star S4 Excimer lasers equipped with Wavefront and Iris Registration Technologies - 98% 20/20 vision after one year (FDA clinical trial using VISX Custom LASIK).

Call for a Complimentary Consultation

www.GlobalLaserVision.com



WEEKS ONLY

Standard LASIK

Scanning Laser or Flying Spot and Eye Tracker Technologies

Per eve - any nearsighted prescription with no astigmatism

Custom LASIK

VISX Star S4 IR™ with Wavefront CustomVue®, Variable Spot or Flying Spot and Eye Tracker Technologies

All-Laser Custom LASIK Intralase (blade-free)

VISX Star S4 IR™ with Wavefront CustomVue®, Variable Spot, Eye Tracker and Intralase 60Hz Fourth-Generation Technologies

\$0 Down, 0% Interest No payments until 2009 (OAC)

First 10 patients - ONE WEEK ONLY!



ARE YOU 45 YEARS OR OLDER? DO YOU DISLIKE WEARING **READING GLASSES?** If so, ask us how you may benefit from **Near-Vision CK with Corneal Template**

Procedure must be completed by February 2, 2008.



DR. YAGHOUTI Refractive Eye Surgery specialist from Harvard University.



DR. LAKHANI Refractive Eye Surgery specialist trained at UCSD Medical Center.

6950 Friars Road Suite 100

Across from Fashion Valley Mall

Se Habla Español Promo Code: RDR0124

*\$697 per eye applies to Standard LASIK, any nearsighted prescription with no astigmatism, add \$300 per eye with astigmatism (\$997 per eye), regularly priced at \$1500 per eye. \$1497 per eye applies to Custom LASIK (WaveFront Guided LASIK), any prescription, regularly priced at \$2500 per eye, and \$1697 per eye applies to Custom All-Laser LASIK (Custom WaveFront Guided Intralase), any prescription, regularly priced at \$2750 per eye (San Diego location only). All offers are for new patients only with no prior history of refractive surgery. Cannot be combined with any other offers. No cash value. Must present coupon at time of consultation. Offer cannot be applied retroactively to prior procedures. Some other restrictions may apply. Surgery must be performed by 2/16/08.



Droopy Eyelids?

Are droopy eyelids making you look older?

Sleepy? Interfering with your vision?

In 20 minutes you'll look 10 years younger!

Dr. Barry Katzman voted "Top Doctor" by San Diego Magazine

Insurance can cover this procedure.

Schedule a free consultation to see if you qualify.

\$500 off through February*

s500 off both upper and lower lids* or s100 off either upper lids or lower lids.* Call 619-697-4600 x105. Ask for Angela.

Call for a free consultation

West Coast Eyecare has helped San Diego see clearly for over 25 years. Six Locations: College Area/La Mesa El Cajon • South Bay • Clairemont/Mira Mesa Escondido/Vista/RB • Alpine



1-800-631-4590





Tired of your Pterygium?

That red, irritating growth from the inner corner of your eye is called pterygium (tur-IH-jee-um). If it goes untreated, your pterygium can impair vision and eye function.

Our fast, new, painless procedure using AMNIOGRAFT® removes your Pterygium with no sutures.

Most insurance will pay for this procedure.

Call for your free consultation.

Dr. Barry Katzman voted "Top Doctor" by *San Diego* Magazine

West Coast Eyecare has helped San Diego see clearly for over 25 years.

Six Locations: College Area/La Mesa • El Cajon South Bay • Clairemont/Mira Mesa Escondido/Vista/RB • Alpine

1-800-631-4590





We'll get straight to your point.

ExpressJet Airlines only flies non-stop so you will never have to spend unnecessary time in the air or with stopovers. And you won't have to wait in a ridiculous line-up system because all of our seats are reserved. Get to your destination faster and in better comfort with memory foam seating, free snacks and XM Radio. It's the shortest distance between two points.

///

Fly non-stop to:

Spokane / Boise / Fresno / Monterey / Bakersfield / Colorado Springs Tulsa / Oklahoma City / Omaha / Santa Barbara



xjet.com

BREAKING NEWS

Circle of friends A firm run by San Diego mayor Jerry Sanders's key political advisor has



lobbied city hall during the run-up to Sanders's re-election bid, raising conflict-ofinterest questions for a mayor who has repeatedly touted his ethical purity. Tom Shepard, who copped a criminal plea in the 1985 campaign moneylaundering case against fallen mayor Roger Hedgecock, oper-

ates Public Policy Strategies, billed on its website as "the public policy division" of Tom Shepard and Associates. According to a lobbying disclosure statement filed on October 31 of last year, Public Policy Strategies has been lobbying San Diego City officials on behalf of six clients: San Diego State University, the Barona Band of Mission Indians, the San Diego Film Commission, San Diego Medical Services Enterprise, Redflex Traffic Systems, and Authorized City Towing. Each client is listed as paying the firm between zero and \$5,000 during the three-month

reporting period ending September 30; the deadline for 2007's year-end filing is this January 31. (Under a new lobbying ordinance that went into effect the first of this year, contract lobbyists must file revised registration and disclosure forms if they meet the new ordinance's \$1 threshold



for income from each client. 2007 registrations automatically ended January 5; an assistant clerk said this week that Public Policy Strategies had not yet filed under the new provisions.) The lobbying firm has handled such hot-button issues as the expansion of San Diego State into nearby neighborhoods, a move bitterly opposed by many local residents; Shepard's firm and another lobbying outfit, MNA Consulting, received a \$136,130 state-funded contract for that work last year.

Past corporate clients have included Sempra and Wal-Mart. Australian-based Redflex is a maker of the controversial red-light cameras popular among city officials desperate for new sources of



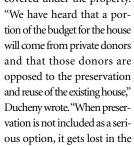
cash. San Diego Medical Services Enterprise is a firm that operates the City's paramedic program. Kimberly Hale, listed as a Public Policy staffer, is an ex-"community relations" director of the film commission. She is married to Darren Ron Roberts Pudgil, chief of staff to San Diego county supervisor **Ron**

Roberts, who conveniently happens to be a big Sanders backer, so much so that Roberts appeared onstage with the mayor during his state-of-thecity message earlier this month to promote yet another attempt to reform firefighting efforts in the wake of the disastrous fall blazes.

Shepard, whose past political clients have included Roberts, city councilmen Brian Maienschein and Scott Peters, as well as exmayor Susan Golding, has been at the center of the Sanders political operation ever since Sanders's first mayoral race three years ago. Unlike past mayors such as Pete Wilson, who relied heavily on the expertise of chief of staff **Bob White** and press secretary Otto Bos, Sanders has only press secretary Fred Sainz, a former GOP operative, to do his in-house political bidding, making the 60-year-old Shepard more crucial than ever to the incumbent mayor. Shepard is also closely aligned with Padres owner John Moores, for whom he was a consultant during the team's successful bid for a taxpayer-subsidized down-

While Sanders is clearly an admirer, candidates who have lost at Shepard's hands are predictably not. "He is not a class act," city councilwoman Donna Frye proclaimed after her defeat by Sanders in November 2005. "He's prone to gutter-type politics.... There is no level so low that he will not sink to it."

House of sand and cash Those posh new digs for UCSD's chancellor will have to wait at least another month or so. In the face of protests from historical preservationists and Native Americans, the University of California Regents, meeting in Los Angeles last week, spurned determined efforts to rush through plans for the new \$8 million mansion. The crowning blow was a letter to the regents from state senator Denise Ducheny, protesting demolition of the historic house currently on the La Jolla Farms site. Indian remains have been discovered under the property.





process and suddenly the citizens of California (and particularly La Jolla and the San Diego region) are watching the demolition of a historic and valuable property."

Ducheny also attacked plans to include a "conference center" adjacent to the new mansion. "The home is located in a residential area, and its use should be primarily residential, with entertainment space for small or medium-sized gatherings. UC officials also appear to have cut short discussions with tribal entities and may not have completed consultations that could result in feasible project changes to satisfy both tribal and University needs." The university has answered critics of the project's escalating cost by saying that wealthy La Jollans' tax-exempt contributions will cover most expenses. But the university has repeatedly delayed releasing documents, requested three months ago under the California Public Records Act, that detail the fund-raising efforts.

— Matt Potter

The Reader offers \$25 for news tips published in this column. Call our voice mail at 619-235-3000, ext. 440, or fax your tip to 619-231-0489.

New Kind of Strippers

By Don Bauder

he fast-buck peddlers slinking out of the subprime mortgage morass are getting their sticky fingers into reverse mortgages,

a business that caters to the vulnerable elderly market. San Diego is no exception. As housing prices zoomed through 2005, older people built up a lot of equity in their homes. In many cases, it made sense to wring cash flow out of those artificially valued houses. But people who take out reverse mortgages pay inordinately high up-front fees that are very profitable to lenders. There are other pitfalls that greedy salespeople might mention only in passing when closing the deal.

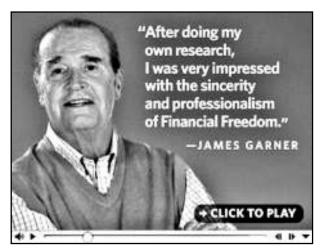
Last month, the Senate Special Committee on Aging held a hearing on reverse mortgage abuse. San Diego attorney Ron Marron went to Washington to give information to the investigators. Marron represents a Chula

Read Don Bauder's Scam Diego blog every day! Go to SanDiegoReader.com and look in Blogs for Bauder.

Contact Don Bauder at 619-546-8529 or don.bauder@mac.com Vista widow who is suing companies that sold her a reverse mortgage and convinced her to put the proceeds in allegedly inappro-

ities." Marron will be filing a suit shortly on behalf of another woman allegedly taken by hyperaggressive reverse mortgage salespeople.

These mortgages aren't inherently bad. "In principle, [the reverse mortgage] is a very nice product," says Richard Green, professor of real estate and finance at George Washington University, in the nation's capital. "It enables old people to live off wealth they have accumulated at very little risk to them." A recent survey by

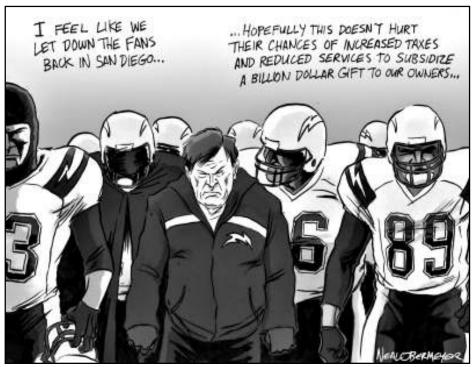


priate long-term annuities with high charges and penalties that kept her from having timely access to her funds. "It's called 'equity stripping,' says Marron. "The people are supposedly getting the reverse mortgage to get liquidity and cash flow, but the broker talks them into putting the money into high-commission financial products, mostly annuAARP (formerly the American Association of Retired Persons) indicated that more than 90 percent of people who took out reverse mortgages are satisfied.

In a reverse mortgage, people 62 years of age or older are in essence putting up their homes as collateral and receiving regular cash payments

continued on page 8

Neal Obermeyer



The Principal's **Principles**

By Joe Deegan

ast summer, a Gay and Lesbian Times ■advertising salesman was calling on businesses in Hillcrest. Mike Rood often

visited two of his accounts on Fourth Avenue. Arrivederci Ristorante bought an occasional ad whenever he happened by. But across the street, at the Bambu Bistro, owner Alexandria Melchior thought of Rood as her advertising representative at the paper and had been meeting him regularly for at least a year. "Then he got a little flaky on me," Melchior says. "One day he didn't even show up for an appointment. When I complained, someone at the paper called back and said they had fired him. They said he was the principal of [Mark Twain High School in Linda Vista] and that they had informed the San Diego Unified School District about what he was doing on the side. I was horrified. He usually came during schooltime hours. Not long afterward, people from the district started calling and asking me questions about him."

This account suggests that staff at the paper were also taken aback by Rood's being a school principal. But almost a year earlier, on November 3, 2006, the Gay and Lesbian Times had reported that Rood and the paper's publisher, Michael Portantino, had adopted a baby girl. The story was accompanied by a photo of the new parents with the baby and Portantino's teenage daughter. Is it conceivable that Rood never informed the publisher of his primary occupation?

about it anonymously. Yuhas said he then received additional evidence from other confidential sources. There were several emails about ads that the principal sent from his school district email address. And Yuhas said he found the principal's Gay and Lesbian Times business card tacked to a bulletin board in the paper's offices. The evidence showed, said Yuhas, that on school time the principal had been negotiating ad prices for an adult gay magazine, discussing editorial matters, and

he finds himself in trouble with the school district. I disagree with gay protections that are similar to racial ones," wrote Yuhas. "What happens when someone who is gay is really wronged? It is bad enough that the kids at this school are troubled anyway (they even have a day care center), but the man in charge stays in his office during an investigation about his work. Special treatment for a gay principal? Looks like it, because a straight one would be on administrative leave by now —

blaring in his ears."

Recently Yuhas has opined on his website that being gay and holding conservative principles are a natural combination. What if Mike Rood had sold Gay and Lesbian Times advertising as a second job on his own time? Perhaps a more permissive commentator might then support it as exercising rights of free speech. But not Yuhas. During his December 30 KOGO program, he argued that the free gay publication the principal worked for is pornographic.

has the power to reward teachers with overtime, they say. District principals are supposed to hand out overtime assignments only as a last resort. "But if the district looked into every principal's assignment of overtime," one source tells me, "that's all they would be doing."

Several sources acknowledge that in the last six months district officials have questioned a number of teachers at Mark Twain High about Rood. The use of overtime pay is one aspect of his behav-



In the meantime, KOGO radio talk show host Steve Yuhas reported on his December 28 and 30 programs that the school district was investigating the principal's activities. A teacher at the school, said Yuhas, had contacted him

Michael Portantino (center) with daughter Tatiana (left), partner Mike Rood, and new baby girl Samantha Nicole

representing himself as an "associate publisher" of the publication.

Especially appalling, argued Yuhas, is that Mark Twain High, where the principal works, is a school for troubled kids. The school's website identifies Mark Twain as a "special counseling-oriented school" and shows that it offers a "GED [general education development] preparation class" as well as "pregnant minor" and "school-aged parent and infant development" programs.

Yuhas editorialized further on his show's website in the following days. Through an attorney, wrote Yuhas, the principal has the gall to insist "there is no investigation; but a source on the school board told me otherwise. Sources tell me that [the principal] plans to play 'the gay card' if but not this guy and that is a problem for the parents and kids at Mark Twain school."

It is noteworthy that Yuhas, who on his show speaks openly about himself being gay, never mentioned the Gay and Lesbian Times or Mike Rood by name. Perhaps he wanted to steer clear of further controversy in that paper. On August 1,2004, Yuhas wrote a Union-Tribune editorial critical of San Diego's gay pride parades. They are excessive displays of gay activism often sponsored by bathhouse owners, he wrote. Four days later, the Gay and Lesbian Times countered: "When this self-loathing, Ozzie-and-Harriet-wannabe gets his Fruit of the Looms in a wad over shirtless men gyrating on floats ... one has to wonder if Yuhas is falling asleep on the couch too many nights with Fox Network News

That's not because of its artwork or editorial content but because it sells pornographic advertising, according to Yuhas. And even though the high school principal may have sold ads only to restaurants, as "associate publisher" he should have known the kind of publication he was pushing.

Others are bound to disagree about whether the Gay and Lesbian Times is pornographic. Its parent company, Uptown Publications, Inc., does publish Rocket Magazine, a more sexually explicit free paper supported by local advertising. But no one has accused Rood of selling its

What does the Mark Twain High School community think about Mike Rood's extracurricular work? He does have supporters. But critics suspect that that's because Rood

ior that the district wanted to know about. Two others are his work for the Gay and Lesbian Times and what some claim is retaliation by Rood in getting teachers transferred to other schools.

The Gay and Lesbian Times has not tipped its hand on any plans to take Yuhas to task again. But the paper did hint it might have something to say about the Mark Twain principal's investigation by the school district. After I called to ask about Rood's current employment status & with the paper, Portantino wrote me the following in an age email: "The Gay and Lesbian Read continued on page 10 der

An archive of City Lights

stories can now be searched on the Internet at www.SanDiegoReader.com

New strippers

from a lender. It's the opposite of a conventional mortgage, in which the borrower pays the lender each month. In a reverse mortgage, the lender is paying the borrower regularly, based on the value of the home. When the borrower dies or is forced to move out of the home for 12

months, the house is normally sold to pay off the balance of the mortgage. That's a disadvantage right there: older people often break their hips and suffer other health woes. "They have to go to a nursing home and may be out of the house for a year," says Lois Kelly, litigation attorney for Elder Law and Advocacy in San Diego. "The reverse mortgage comes due; you have to pay off the lender."

Ninety percent of reverse mortgages are issued through the federally insured Home **Equity Conversion Mortgage** Program of the Federal Housing Administration. These mortgages are burgeoning: they began in the 1960s but still hadn't gone anywhere three decades later. In 2005, there were 76,000 such mortgages offered. That grew to more than 100,000 last year.

The growth is expected to

continue, even with home prices falling across the country and lenders in deep doodoo. Last month, at the Senate special committee meeting, Senator Claire McCaskill (D-Mo.) said that with the market growing, "We are aware of reports of unscrupulous and predatory activities at some of the companies that are marketing reverse mortgages as well as excessive fees to service the loan. It seems obvious that one of the reasons for the unprecedented growth of this market is due to the fact that there is a lot of money to be made."

LIGHTS

Committee Chairman Herb Kohl (D-Wis.) noted that some salespeople are seducing seniors into swallowing "a double-dose of bad financial advice: take the cash from a reverse mortgage and use it to fund an unsuitable annuity.... [L]ong term

annuities are almost always inappropriate for seniors, as they can tie up retirement savings far beyond one's life expectancy."

The committee was told of a 92-year-old who put \$650,000 in a deferred annuity that didn't mature until 2063. He died two years later. His family had to pay \$100,000 to break the contract and access the money.

On behalf of Ernestine Boach, Marron is suing Orange County's Financial Freedom and its parent, Pasadena's Indymac Bank, along with several insurance companies. Financial Freedom talked her into getting a reverse mortgage and then putting the money into deferred annuities, in which payments from the insurance company are delayed too long for a senior citizen, who might die before getting them. All told, the machinations ate up 88 percent of the equity in her home, charges the suit. The defendants got fat on fees, commissions, points, charges, and penalties.

Financial Freedom was working through the government's Home Equity Conversion Mortgage Program. Under that program, buyers of reverse mortgages must get the advice of independent consultants. It's a fraud-prevention measure. The counselors told Boach not to buy the annuities, but the defendants told her not to listen, says Marron. There are other suits against Financial Freedom, including a classaction one. The company says all the suits are meritless. Another Financial Freedom horror story was related at the Senate committee hearing. The company was asked to appear before the committee but declined.

Taxpayers can get scammed by reverse mortgages too. With the federal government insuring the mortgages, "There are very real liabilities," said McCaskill at the hearing. "There are numerous scenarios where the loan balance will exceed the home value. In these instances, the collateral risk falls to [the Department of Housing and Urban Development] and the American taxpayer, because lenders can currently assign these loans to the federal government, thus leaving the taxpayer on the hook for the fees charged on the loan." She

FREE LEGAL GUIDE

CALL 619-233-9797 NIGHT OR DAY 7 DAYS A WEEK

AT THE PROMPT PRESS THE 4-DIGIT EXTENSION OF THE CATEGORY THAT INTERESTS YOU.

OR VISIT OUR WEBSITE: SDREADER.COM/LEGAL

■ EXTENSION 1000 ■ PERSONAL INJURY



Sponsored by Julia E. Haus 550 West C Street Suite 620, San Diego 619-234-1100

- 70 AUTO ACCIDENTS
- MOTORCYCLE/TRUCK/PEDESTRIAN ACCIDENTS
- 72 WRONGFUL DEATH
- 75 SLIP AND FALL ACCIDENTS
- 76 PRODUCT DEFECT LIABILITY
- 77 PROFESSIONAL NEGLIGENCE

■ EXTENSION 1019 ■

SOCIAL SECURITY AND DISABILITY



Sponsored by Anthony J. DeLellis & Associates 1545 Hotel Circle South Suite 130, San Diego 619-278-0900 www.delellis.com

- 20 OVERVIEW OF SOCIAL SECURITY
- 21 FILING A CLAIM
- 22 RETIREMENT BENEFITS
- 23 SURVIVORSHIP BENEFITS 24 LUMP SUM DEATH BENEFITS
- 25 FAMILY RELATIONSHIPS
- 27 HIV AS A DISABILITY

■ EXTENSION 1007 ■ TENANT/LANDLORD

- 80 EVICTING A TENANT
- 81 CAN I BEAT MY LEASE?
- 82 WARRANTY OF HABITABILITY
- 83 RENTAL AGREEMENTS
- 84 SECURITY DEPOSITS
- 85 ENFORCEMENT OF THE LEASE
- 86 30-DAY NOTICE

■ EXTENSION 1001 ■ CRIMINAL LAW



The Law Office of Douglas Holbrook 850 25th Street Suite 100, San Dieao 619-232-2020

- 20 WHEN DO I NEED AN ATTORNEY?
- 2I WHAT IF I'M WRONGLY ACCUSED?
- 22 SHOULD I ANSWER OUESTIONS?
- 23 MUST I SUBMIT TO A SEARCH?
- COULD I RESIST AN ARREST?
- 25 WHAT IF I FAIL TO APPEAR?
- 27 ALCOHOL, DRUGS, HIGH CRIMES

■ EXTENSION 1002 ■

BANKRUPTCY/CREDIT LAW



Deborah L. Raymond 380 Stevens Avenue Suite 205 Solana Beach 858-481-9559

- 30 NEW BANKRUPTCY LAWS
- WHAT IS CHAPTER 7 BANKRUPTCY?
- WHAT IS CHAPTER 13 BANKRUPTCY?
- WRONGFUL CREDITOR FEES & ACTIONS COLLECTION AGENCY HARASSMENT
- VEHICLE REPOSSESSION
- FORECLOSURE ON YOUR RESIDENCE
- INACCURATE CREDIT REPORTING

■ EXTENSION 1008 ■

TAX & ESTATE PLANNING

- 90 FILING TAX RETURNS
- 91 CRIMINAL TAX ISSUES
- 92 TAX LIENS
- 93 STATE TAXES
- 94 FEDERAL TAXES
- 95 AUDITS & APPEALS 96 TAX PLANNING
- 97 ESTATE PLANNING

FAMILY LAW



Sponsored by William M. Henrich Certified Specialist, Family Law, the State Bar of California Board of Legal Specialization 4849 Ronson Court San Diego 858-576-4484

- 60 DIVORCE AN OVERVIEW
- 61 WHAT WILL IT COST?
- 62. CHILD SUPPORT HOW MUCH?
- 63 CHOOSING A PARALEGAL
- 64 MILITARY FAMILY ISSUES
- 65 PREPARING FOR DIVORCE 66 MEDIATION AND THERAPY
- WILLS AND TRUSTS

■ EXTENSION 1003 ■ INSURANCE CLAIMS



Sponsored by The Law Office of Robert Bruce Arnold 2329 Inдia Street San Diego 619-233-1096 www.arnoldlawoffice.com

- 40 INSURANCE BAD FAITH
- 41 DUTIES OF INSURANCE CO.
- FIRST PARTY CLAIMS/HEALTH/ UM/UIM/AUTO/PROPERTY
- 44 DISPUTES WITH INSURANCE CO.
- 45 DEPT. OF INSURANCE HELP LINE
- 46 DO I NEED AN ATTORNEY

■ EXTENSION IOIO **IMMIGRATION**



John A. Ouinn 3444 Camino Del Rio N. Suite 200, San Diego 619-284-8811 Fax: 619-284-8822

- 20 WAYS TO BE LEGAL
- 21 SPOUSES & CHILDREN
- 22 BUSINESS VISAS
- 24 INTERNATIONAL STUDENTS 25 CHANGING & EXTENDING VISAS

■ EXTENSION 1004

WORKERS' COMPENSATION se of obtaining worker's ments is guilty of a felon



Sponsored by The Law Office of Gerald D. Brody & Associates 3465 Camino del Rio S. Suite 440, San Diego 619-528-9800

- 50 YOUR WORK-RELATED INJURY
- WORKERS' COMP BENEFITS
- 54 THIRD-PARTY ACCIDENTS
- UNSAFE WORKING CONDITIONS WRONGFUL DISCHARGE
- 57 HARBOR & LONGSHOREMAN'S ACT

■ EXTENSION 1015 ■ SEXUAL HARASSMENT/



Sponsored by The Law Offices of Joel C. Golden Old Town Professional Bldg. 2356 Moore Street Suite 201, San Diego 619-246-8449

- 70 SEXUAL HARASSMENT
- 71 DISCRIMINATION
- 72 WRONGFUL TERMINATION
- 73 EXECUTIVE TERMINATION
- WHISTLEBLOWER-RETALIATION FRAUD AGAINST THE U.S.
- GOVERNMENT (FALSE CLAIMS ACT) 76 LEGAL FEES

The attorneys and law firms who provide this information are solely responsible for its content This information does not address all legal situations nor is it intended to replace legal counsel. It is provided free, although if calling from outlying areas you may incur toll charges on your telephone bill.

Bankruptcy - Low As \$750 Free Consult-Al Gross, Esq.

888-FAIR-PRICE (888-324-7774) AskAttorneyAl.com.

Credit Repair "Legitimate" Don't Frown-No Money Down! Since 1988, local company. Call now! 800-700-0273.

Bankruptcy-Still Qualify?

Call 800-993-1998 to find out - countywide

Mortgage Loan Trouble?

Stop, postpone foreclosure. Experienced attorney. Workout, modification, short sale, no equity. From \$750. David Wolff, 760-632-8980.

What's Immunocal? Ask me!

A cure for cancer? MS? Autism? The common cold? I can't tell you. A colossal health- related product? Yes! Get involved in a highly charged crusade. Contact teambldr@yahoo.com or 858-566-7786

Secure Your Future With an Office Career

UEI offers courses approved for Veterans, Rehab, WIA. Job Placement Assistance, Financial Aid available (if qualified). Come visit our campuses: 3666 Kearny Villa Road, #100, San Diego 92123 or 310 3rd Avenue, #C6, Chula Vista 91910. Visit:

Advance Payday. Hold Check

on pawn. www.checkscashed4less.com. 1-800-896-9062

Aggressive Family Attorney Divorce/ Custody Support

Free consultation. www.wf-lawyers.co

Accident? Injury?

Get the compensation you deserve. Law Offices of Robert T. Pope, 619-233-3893.

Need to file a bankruptcy?

Talk direct with an attorney who files for you! Free consultation. A debt relief agency. Jason L. Jones, Esq. Call 858-793-9800 today.

PC/Mac Support

Certified computer/network repair. Hardware/software, Spyware, viruses, printers. \$40/hour. 619-508-2286.

Medical Marijuana Evaluations

Pre-qualifying is free. Low cost. 619-291-7215

Hypnosis-All Issues! Smoking, weight, habits. Lori (CHT), 858-457-2100.

Stop Repossession

Call now to save your car. 858-405-6766.

Family Law Specialist

The State Bar of CA Board of Legal Specialization. Exclusively Family Law. 30 years experience. Don Starks, Esq. 619-296-4080.

Divorce/Custody/Support

Contact Happ Law Group P.C. 619-906-5800.

Tax Refunds Today!

Low rates! E-file. Pick-up service available No appointment necessary. Hablamos espanol. Senior/student/military discounts. Call 619-466-4181.

Child Support/Divorce Formerly with DA Child Support Bureau. Call Attorney Linda Cianciolo, 619-253-9312.

Free E-Filing! It's Tax Time!

Save money! Visit website and use PromoCode: RE108. Secure & easy! Go to www.24-7OnlineTaxes.com.

Don't Let IRS Ruin Your Life!

Peace of mind is within your reach! Call 1-877-FIXABLE (24 hours) for recorded message and free report. Attorney Dave Greenberg, 858-292-0700, www.fixabletax.com.

Simple Divorce

10% discount! Custody, support, trust and more! www.Legal-Choices.com, #7. 619-593-6000.

Facing A Foreclosure File 7 or 13 Bankruptcy

Save your home or wipe out negative equity. Free consultation with experienced bankruptcy attorney. 619-321-8125 or 858-335-1162.

Experienced Tax Attorney

Master of Laws in Taxation. Solution to IRS, FTB, & EDD problems. Tax preparation. Consulting. Reasonable rates. Personal attention.
Atty Ronson Shamoun, 619-595-1655, IRSsolution.com.

POPCO-Father's Rights

The original and still the best. 800-963-DADS(3237)

Auto Accident? Other Injury? Free advice! Injury Law Center, 619-787-0120

San Diego's Best DUI-DMV & Ticket Attorneys

Stay out of jail.

Avoid court.

Clean your record. Save your license.

Keep your job.



DUI-only attorneys in San

Diego. Exclusively DUI!

Learn about your rights at: www.MRDUI.com **Eugene Ellis** MR. DUI, "The Professor" of DUI Law. One of the first and most experienced

Call now: 619-563-1010 E-mail: **mrdui@mrdui.com** 3990 Ninth Ave., San Diego, CA 92103

(in Hillcrest near 163 and Washington) Even nice people get arrested for drunk driving.



Mitch Mehdy best and most DMV-only attorneys

Need Cash Today?

Title loan on your car or truck - you keep it to drive! Any credit OK. 619-593-6200.

IPL Photofacials \$250 for two treatments

Free microdermabrasion included. Sean Daneshmand, M.D., FACOG. Ageless & Beautiful Medical Spa, 1080 University Ave. Suite H-201, San Diego 92103. 619-299-0264.

Stop Harassment-Be Debt Free! Trust. Honesty. Expertise.

Free 1 hour consult. Get a fresh financial start & Peace of mind. William McDonald, Esq. 858-952-5725.

Drunk Driving AttorneyFelonies/misdemeanors/DMV/drugs. 619-338-9500.
J. D'Ambrosio. Free consult. Visa/MC/Amex.

Sexually harassed at work? **Hostile work environment? Discriminated against?** Wrongful termination? **Unpaid overtime?**

We specialize in representing employees and will vigorously defend your rights. All too often, employees will ignore an unfair work situation, or will wait too long after a violation has occurred. Don't let this happen to you! Call attorney Michael Sousa today for a free, no obligation consultation. 858-453-6122 x15.

Divorce/Custody/Support/Prenup

Former DA/Child Support Attorney. Reasonable rates Eugene Gonzalez-Exerjian. Free phone consultation.

San Diego Real Estate Specialist

It's a fabulous buyer's market! Let an expert help you Find a great deal today! Relocation Specialist too! ElisabethSellsSanDiego.com. 619-788-2720.

Bankruptcy-Low Payment Starts

Experienced Attorney. Stop all collections. Debt Relief Agency. Raymond Schimmel, Esq., 619-275-1250.

Traffic Tickets?

Don't pay. Hire an attorney to fight for \$100. No attorney fee if ticket not dismissed. Contact Law Offices of Elizabeth Aronson, 760-685-8242 or SanDiegoTrafficTickets.com

Aggressive Family Lawyer

10+ years experience in family law with divorce, custody, support and property. 619-542-1100.

Bankruptcy Attorney Stop Lawsuits and Repossessions **Can Still Qualify Under New Laws**

Free consult. Call and speak to attorney. Debt Relief Agency, 619-889-5585; 858-335-1162.

Bankruptcy From \$777

Divorce-Support-Custody

Stop Foreclosures-File Ch.13

Debt Relief Agency, 619-889-5585 or 858-335-1162.

Car Repo'd or about to be?

Call now to save it! 858-405-6766.

Amazing DJs and Bands!

Event Coordination. Great prices! Call 619-315-6325.

Problems with the DCSS?

Misdemeanor Cases

Battery, domestic violence, theft. Full representation arraignment through trial.

Law Offices of Gaston & Gaston, 619-398-1882.

And Become a **Medical Assistant**

UEI offers courses approved for Veterans, Rehab, WIA. Job Placement Assistance, Financial Aid available (if qualified). Come visit our campuses: 3666 Kearny Villa Road, #100, San Diego 92123 or 310 3rd Avenue, #C6, Chula Vista 91910. Visit: www.uei4you.com or call: 1-877-206-1915 today!

A Academy of Bartending

Learn behind real bar Part/full time job placement assistance.

Need a Phone #? Voice Mail

Consolidate Back Mortgage/Bills

Book your special event today! San Diego Parties & Entertainment. Excellent DJs, fabulous bands, Wedding/

Child Support Solutions

Experienced child support attorneys.

Jason Gundel, Esq. Direct line: 619-238-4782.

Help Those in Need

Make money. Make new friends. Have fun! 1-2 week course. Weekend classes available

ARE YOU DROWNING IN DEBT?

CHAPTER 7 (Wipe Out Debt)

Credit Cards Medical Bills Wage Garnishment Repossessions

Foreclosures

Lawsuits

CHAPTER 13 (Debt Reduction)

consolidate: **Back Mortgage Arrearages**

Property Taxes Credit Cards Student Loans

Car Loans



501 W. Broadway, Suite 510 San Diego, CA 92101 • www.BankruptcySD.com

CALL TODAY for a FREE CONSULTATION. We will evaluate your finances, give you options and develop a (888) 486-9157 financial recovery plan. BANKEUPICY ATTORNEY MARJ MORTAZAVI WITH OVER 16 YEARS OF EXPERIENCE + SE HABLA ESPAÑOL

Non-Fluid Inch Loss! **Body Contour Wrap Special**

Tones, tightens, improves skin texture, heals skin. \$52/one wrap (regularly \$65). \$130/three wraps (\$180) for women and men of all ages. No synthetics, animal fats, waxes, glycolic acids. Fanie botanical products. Waxing, facials, back waxing (men), microdermabrasion. www.KarieHayden.com. Karie Hayden & Associates, 858-581-3321.

Bankruptcy-Ch7 \$785 Complete

Includes court costs, credit reports, free cre repair! stacylawfirm.net. 619-253-8141. Debt relief agency. Free consultation, 24/7. Payment plans available. Attorney Roger Stacy.

Bankruptcy-Ch. 7, 11 & 13.

Free consultation. Honest advice from an attorney. A debt relief agency. Avatarlegal.com, 858-793-9880.

Lawyer For Less-\$99/Hour/Up

30 years experience, criminal and civil, DUI, juvenile. Free consultation. 858-472-4550.

Global Edge Realty sells

your house; counsels investors; qualifies buyers; creates safe, new loans; finds you a lovely home. Weekdays 858-566-4433. broker@GlobalEdgeRealty.com

Facing Foreclosure?

We can legally get you 3-6 months or more (sometimes with no mortgage payments). From \$1695. Time for you to sell, do a workout, refinance, or stay put payment free. Several possibilities. 619-544-0669.

Car Accident Victims!

25% fee. Why pay more? Demanski & Ellis, Attorneys at Law, 619-338-9880.

Bankruptcy Chapters 7 & 13 \$300 starts immediate attorney representation. All work done. Over 10 year experience. Debt Relief Agency. 619-321-8125; 858-335-1162

D.U.I.? / Drugs? **Avoid Going To Court!**

See our display ad on page 4. Attorney James Bickford, 800-597-6318. Para Espanol, 888-297-0205. Visa/MC 24/7.

IRS Problems Got You Down? 27 years IRS experience. Income tax and collection problems. Audit and appeals representation.

Tax return preparation. Current/unfiled returns.

Free consultation. Reasonable rates.

BJ Tax Consulting, 858-530-1675.

Stop IRS/State Cold! Ex-IRS officer. Contact: D.M. Wayne, Tax Consultant. 858-614-0223; 888-569-2474. taxsolutionservices.com.

Stop Smoking, One Session! Hypnosis. All issues. Patty, CCH. 858-459-1291.

www.RestaurantSavings.com

Discount gift cards and gift certificate **Lawyer Referral And**

Information Service Free Referral. Free initial consultation. Se habla espanol. CA State Bar Cert #0043. SD County Bar Association, 619-231-8585, sdcba.org.

Aggressive Female Attorney Criminal/Family Law. Melissa S. Lubin, 619-232-2900.

HIV Result-15 Minutes-\$140 GYN, urology, STD tests, confidential. 619-260-0810.

Divorce Fast! - \$145/up! We do all paperwork and file with the court 31 years in business - Registered - LDA#54.

Hotline (619)454-0994. Is The IRS After You? Help Is At www.mtax.com.

Or call Curtis McAllaster, CPA, 619-523-3098.

Bankruptcy, Fast Divorce We answer the phone - Talk to a lawyer - 8am-7pm. Low down payments - Same day filing - Free advice. FixedPriceLegalCenters.com (sm). 800-993-1998.

Global Edge Realty and

Global Edge Mortgage A colossal 2007! Expert agents, loan officers, originators. Join our expansion! Weekdays 10am-4pm. 858-566-4433. broker@GlobalEdgeRealty.com.

Divorce Mediation

Stop The Fighting Work out a settlement with your spouse or partner rather than spend a fortune fighting in court. See: www.afairway.com. A Fair Way Mediation Center. 619-702-9174.

Credit Repair Service By An Attorney

Low affordable fee. Call to get started, 619-321-8125. Mobile Estate Planning Attorney

I'll come to you to prepare your trust, will, power of attorney. Law Office of David S. Wight 858-558-1191.

Diego



CITY LIGHTS

New strippers

continued from page 8

pointed her finger at "the unpredictable and sometimes unrealistic expectation of always increasing home values and low interest rates."

Amen, says University of California, San Diego economist James Hamilton, reflecting on the subprime mess and current signs that reverse mortgages have problems. "What drove the recklessness in part was an assumption that the home price would continue to appreciate," says Hamilton. Both borrower and lender could thrive under such a scenario. "But housing prices are guaranteed to come down for the next couple of years. I am worried that we will see [reverse mortgages] unravel, just as we have seen the subprime loans unravel."

In fall of 2006, the Government National Mortgage Association (Ginnie Mae), a government organization, announced with pride that it was going to securitize reverse mortgages — that is, sell them to investors. Uh-

CITY LIGHTS

oh. The securitization process in subprime mortgages is bringing the big Wall Street financial houses to their knees, begging for financial support from countries such as Singapore. The American institutions hold portfolios of smelly mortgages and have already written down tens of billions of dollars, and nobody knows how bad the losses will get.

The reverse mortgage market is much, much smaller than the subprime market, but it could hurt some investors. It's a shame that a bunch of avaricious peddlers have infiltrated reverse mortgages, which can be a very useful product for older people.

Principal's principles

continued from page 7

858-695-667

8400 Miramar Rd. San Diego, CA 92126

Times does not make public comment on potential news events that we have not yet published."

A significant news story now would be what the San Diego Unified School District plans to do about its investigation of Rood. So far it isn't talking. Some teachers at Mark Twain High are not happy about that.

CITY LIGHTS

They believe that it is inappropriate for a high school principal to work for a gay and lesbian newspaper that sells sexually explicit ads. But has the district decided those teachers have been on a witch hunt? Or that Rood's behavior didn't rise to a level requiring disciplinary action?

I asked an experienced principal in another school district about the appropriateness of Rood's outside work. "Schools nowadays comply with laws that allow students to have gay clubs on campus," he told me. "Employees have to have corresponding protections. I don't see how a district could legally punish a working principal for affiliating with a gay magazine. Whether it's pornographic would raise another issue. But his doing the work on school time and using school computers would show a definite lack of good judgment. Principals have to use their judgment every day on both large and small issues." ■



In Stock!

100% lifetime_warranty n all installations!

"I bought a car alarm from Car Audio Heaven years ago. When it finally died in 2005 they installed my new one free — no questions asked!" — KAREN M., SAN DIEGO



VIPER[®]

Car alarm

Starter kill, lights flash, door protection, impact sensor with warnaway and codehopping technology. Limited lifetime warranty.

\$189



KENWOOD In-dash stereo

200-watt AM/FM, detachable-face CD, iPod jack, and RCA output to add amplifier. Authorized Kenwood dealer. Installation charges

not included.

UInfinity. Speakers

6¹/₂" 2-way car speakers

- 2-way car speakers for 61/2" and 6³/₄" locations (pair)
- 1" rotating UniPivot textile dome tweeter • Power range: 2-60 watts RMS (180 watts peak power) • Top mount depth: 17/8
- Warranty: 1 year Authorized Infinity dealer.

SONY

1 pair, get 2nd pair

50% off

Buy





IT'S THE LAW!

Be safe – Operate your Bluetooth cell phone hands-free! Listen through your existing car speakers. Talk wirelessly. Installation charges





Remote car alarm Code-hopping state-of-

the-art car alarm. Starter kill, shock sensor with warnaway flashing parking lights, panic feature. Installation charges not included.

\$49



KENWOOD In-Dash CD/MP3 Stereo

200-watt AM/FM CD, MP3, detachable face. iPod jack, and RCA output to add amplifier. Authorized Kenwood dealer. Installation charges not included.



Speaker Sale **Save 50%**

300-watt 6"x9" 3-way speakers

Authorized Sony dealer. not included.

per pair



of 2063

AM/FM motorized 7" touch-screen DVD. iPod ready. Authorized Jensen dealer. §349 Installation charges not included.



AUTOPAGE Car alarm

New technology car alarm pages you when your car is tampered with or when the alarm is triggered. Bright LCD display shows you which zone has been violated. Includes all parts and



2008 In-dash navigation

Panasonic

San Diego's best deal on a 2008 model Panasonic 7" video touchscreen with navigation and DVD.

- 12 million points of interest
- 30GB hard drive built in
- Plays DVD, CD, MP3
- You can add Bluetooth or satellite radio

Authorized Panasonic dealer. Installation includes all parts and labor.



Two headrest monitors

9.5" monitors including headrests. Fits most cars. In tan, gray or black. Inputs for wireless headphones. Two audio/video inputs. Authorized Farenheit dealer. Installation charges not included.

\$599 MSRP • On sale now

"I had a touch-screen DVD and 2 headrest monitors installed in my new GMC. They beat everyone's price, the quality of the work was superior and they even gave me a ride home. They are the best!" - Carmen S., Solana Beach

Car Audio Heaven

Sports Arena 619-574-0770 3713 Rosecrans Street

Kearny Mesa 858-505-9099 8199 Clairemont Mesa Boulevard

College 619-287-4422 4951 El Cajon Boulevard



Rockford Fosgate bass package sale

12" subwoofer and 800-watt max amplifier. Authorized Rockford Fosgate dealer. Installation charges not included. Get a free box with this purchase.



and screen Avoid a backup accident with a rear-view color license plate camera and a rear-view mirror screen.

Installation charges not included. \$499 MSRP \$4 On sale now



Avoid a backup accident This package will warn you with an

audio signal if you are too close to an object when backing up. Also has an LCD distance-warning display. Installation charges not included



iPod wired directly to your stereo

Apple iPod Solutions will add sound directly to your radio. No noisy FM modulator. JVC, Kenwood, Pioneer, Alpine, GM, Chrysler, Nissan, Ford, Honda, Mercury, VW, Tovota, Audi and Acura, Installation charges not included.

Call for price!







LETTERS

We welcome letters pertaining to the contents of the Reader. Phone them in at 619-235-3000, ext. 460; address them to Letters to the Editor, Box 85803, San Diego CA 92186-5803; fax them to 619-231-0489; or use our web page at SanDiegoReader.com/letters. Include your name, address, and telephone number. Letters may be edited for length and clarity.

It's Good

Good article on soccer moms!

Karyl Miller via email

Neurotic Moms

I came out of Vons and saw the *Reader* cover story ("Soccer Moms Are the Absolute Worst," Cover Story, January 10), and I just had to read it, having three boys who are gifted athletes and the things I've seen.

When I lived in Chicago, it was bad. You'd see parents who would make their kids shoot 100 goals out on the ice before coming in for the night. I'm lucky, I guess, that my kids are fairly gifted athletes. But they play lacrosse, and it's not like

there's money in that. I've seen parents punch their kids for doing something wrong, parents telling their kids they suck, everything.

But I had to call you and

tell you about something I've witnessed here in Carmel Valley. And it was even covered in the newspaper here. They passed something called the "shhh rule." A woman ref who was in charge of things over in the Torrey Pines area was so tired of unruly and loud parents that when things would get out of hand, the refs would make all the kids stop playing. They get down on one knee and put their finger to their mouth. And they stay like that for five minutes. I'll be mowing my lawn, and I hear it get loud. Then it gets quiet, and I run to the fence and see them doing this. It's so bizarre. But it seems to work.

They needed to do something for all these neurotic moms and competitive dads who think their kid will be the next Johnny Unitas or whoever. And some of those parents hire private trainers — it's ridiculous. These kids will get burned out physically and mentally. It should be

about the kids having fun. Michael Baruch Carmel Valley

Round Two

I thought Jeff Smith and I had settled the matter of his bashing the Old Globe's 2007 production of Shakespeare's *Measure for Measure*. Yet here he goes again, taking a "year in review" opportunity to bash it anew (Theater Review, January 10). So again I must come to its defense.

Those who, like Jeff Smith, believe that Shakespeare wrote "problem plays" refuse to accept the vision the playwright offers because it is not grist for their mill of moral confusion and psychic ambiguity. In fact, Measure for Measure is a great (non-problem) play about the universal human effort to harmonize the apparently antithetical values of justice and mercy great because it offers a brilliant (and yes, crowd-pleasing) resolution of the conflict.

Paul Mullins did not "cookie-cut the script as a comedy." He bucked a hundred-year tradition of seeing problems where they aren't — a tradition in which Jeff Smith continues to be a true believer — and with his production achieved the reconciliation Shakespeare intended the play to

represent. The real enemy of Shakespeare is not the crowd but the critic's sarcastic implication that only what threatens comedy and tidy endings is real. That Shakespeare might have been offering some insight into how to transcend those threats continues to be inadmissible in Jeff Smith's critical universe.

In fact, the Globe's *Measure* was Shakespeare for people who love productions that serve Shakespeare's healing intentions. Jeff Smith's review of that play, by contrast, was Shakespeare criticism for people who want Shakespeare to be doing nothing but reinforcing their own lust for unsolved problems.

My dear Jeff: If you can't enjoy what Shakespeare meant, leave him and the people who love him alone. Go write your own damn problem play.

Gideon Rappaport via email

Jeff Smith responds: That hundred-year tradition looks for what's actually going on in Shakespeare's plays — not what rigid ideas about genre, or the Bard's alleged intentions, dictate should be there.

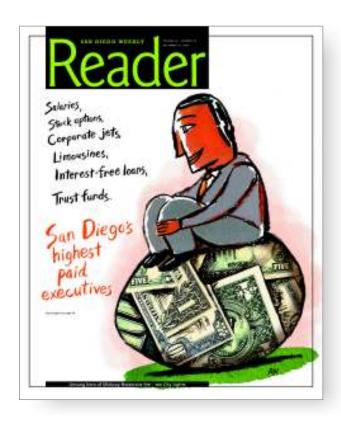








Cool paper.



- As I Hear It Local CDs tested on the street...
- Back When Best of Reader's past
- Best Buys San Diego shopping
- **Blog Diego** Best local blogs
- **Blog World** Best international blogs
- **Breaking News** Latest news stories
- City Lights San Diego news and politics
- **Club Crawler** Local picks of the week
- **Cover Story** Front page feature
- Crasher Detailed accounts of local parties

- **Crush** Local wines and vineyards
- Diary of a Diva San Diego woman tells all
- **Dumped** Relationship failures
- **Letters** Letters and e-mail to San Diego Reader
- **Like Wow!** Young writers pour their hearts out
- Matthew Alice Every question answered
- **Musician Interviews** Local bands behind the scenes
- **Obermeyer** San Diego politics illustrated
- Off the Cuff Tough questions for man on street
- Picture Story San Diego in photos
- **Reading** San Diegans and their books
- Remote Control Nothing like TV Guide
- Roam-O-Rama San Diego best hiking/biking trails
- Say What San Diego slang
- **Seen on DVD** Local experts share favorites
- **Sheep & Goats** San Diego churches reviewed
- **Sporting Box** Athletics without gush
- Surf Diego San Diego surfers tell stories
- T.G.I.F. Friday night in depth
- Yo DJ! Local radio guys drop names



Cool website.

Click on any date and get a full list of events for that day.

Readers can comment

on any story.

Links to over 80

different San Diego

- each with its own

and classifieds.

Neighborhood pages

stories, events, coupons

Reader

RECENT STORIES

Rockin' Baby

By half past nine, all of the pool tables at Bar Leucadian are taken, and fortysomething couples line the bar like birds on a wire. They are exposing an inordinate amount of cleavage and chest hair, and I watch as ... MORI



LOCAL EVENTS CALENDAR Today's Highlights

Pat Green Dilated People: Tiger Army Social Distortion

San Ysidro

VIEW SAN YSIDRO

Persepolis

Reviewed this

issue. With the

New York City

Lizzy Caplan, .

The Orphanage

Spanish ghost story

that strives at all

inder attack, with

MOVIES

NEIGHBORHOODS - EVENTS - MUSIC - MOVIES

NEIGHBORHOODS

Leucadia

VIEW LEUCADIA

MUSIC

Select your neighborhood • OR

sallo

FOOD & DRINK

CLASSIFIEDS

CITY LIGHTS

Over the past year in

southern Hillcrest,

starting ... MORE

Select your interest *

Former president George H.W. Bush pledged to

make ... MORE

FOOD & DRINK

Delicate Gut-Liner It's morning, Feeling lousy. No, wasn't grog last night. Toothache. Normally, I never take

pills. But Carla persuaded me. Took ... MORE

CONTESTS

Name This Place

Clue: Many cool, creative ideas evolve here. Describe this location name the nearest cross-streets, and win a Reader T-shirt, Click ...

STAY IN TOUCH

© 2008 SD READER

MOBILE RSS FEEDS

Stories updated daily.

Boomers



Cattery

cloud of fog hangs over the mountains as morning begins at the Friends of Cats shelter in Flinn Springs, a small com just west of Alpine. At 7:00 a.m., ... MORE

Condos Come, the Village Goes

Over the past year in southern Hillcrest, starting at the corner of Fourth and Pennsylvania and ending at the corner of Sixth and Redwood, the sounds of construction on several ... MORE

Blogs updated daily. -> BLOGS OF THE DAY

Don Bauder, Josh Board, Jay Allen Sanford and others. Readers are encouraged to join the fray.

Links to 6500 movie reviews

by the inimitable Duncan Shepherd, plus movie showtimes updated daily.



Give Bees a Chance

Well, a few celebrity names involved in lawsuits that are strange, First, Jerry Seinfeld. His



Every weekend vening, thousands of people travel southbound across the San Ysidro-Puerta México Port of ...



Charlotte Russe, Defying Industry Trends, Posts Excellent Sales Gain San Diego's Charlotte Russe Holding, chain retailer of value fashion for younger women, reported

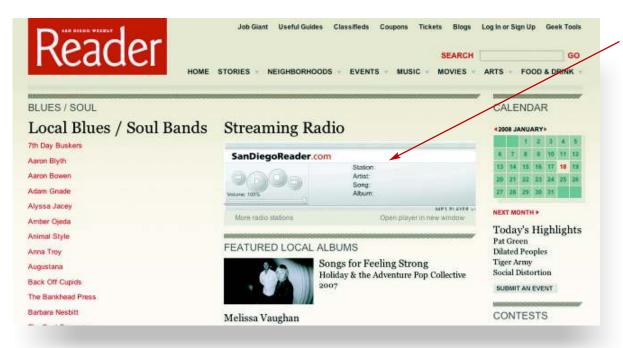
today ... WORE VIEW ALL BLOGS

Logos

SEE ALL

HOME ABOUT US CONTACT US ADVERTISE WITH US SITE MAP PRIVACY POLICY TERMS OF USE

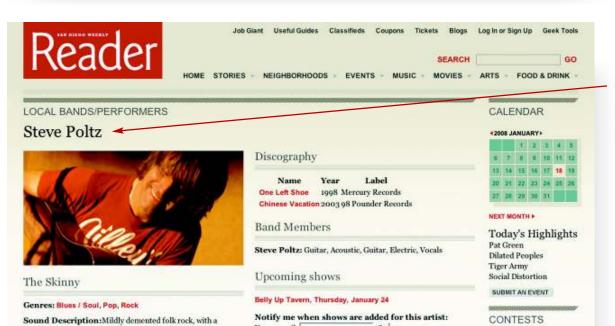
www.SDReader.com



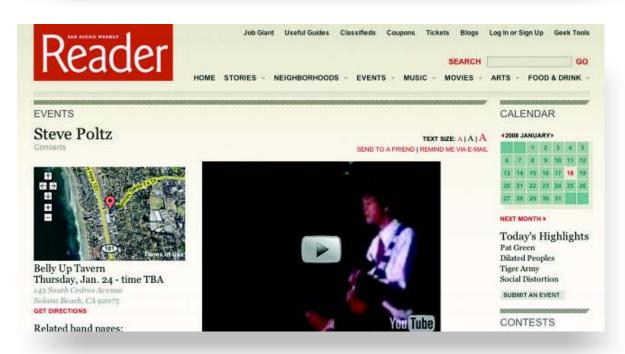
Radio player with your favorite genre of local music.

Complete lists of local bands' **recordings**.

Over **750 local bands** listed by genre.



Each local band has its own **exclusive page**, including photos, profile, and related links.



Upcoming shows of local performers.

San Diego's lowest-priced beauty supplies!



Kearny Mesa Scion

reg. §19

- San Diego's #1 Volume Dealer Since 2003
- Top 10 in the nation in sales out of 800 Scion Dealers
- Buying Process: One Customer One Representative
- Dedicated, Knowledgeable Scion Staff
- Largest San Diego Scion Inventory

(next to Men's Wearhouse)

15871 Bernardo Center Dr.

& Bernardo Center Dr.)

(corner of Camino del Norte

Rancho Bernardo · 858-451-1302

- Personalization accessories are dealer-installed
- Customer Survey Index above the nation's average



Visit us at: www.kmscion.com

800.370.6259



If you don't see the vehicle in our online inventory, don't worry – we have it at the port.

STRAIGHT FROM THE HIP



Y MATTHEW ALICE

Heymatt:

ation by Rick Geary

I was wondering if propane is harmful to inhale. I've used spray-on contact cement for my work, and the propellant is propane. If I am working in an enclosed area, the propane gets so thick in the room that it feels like the air is being ripped out of my lungs and it gets hard to breathe. So I am wondering if this is dangerous and if I should take precautions while spraying propane-propelled products.

— KH, via email

Hey, man...hey...wake up! Hey, KH! Open your eyes, man. Put down that cement can. Hey, you're drooling all over the place. Wake up, KH! Dang. You scared us silly. Let's get out here on the patio. So, KH, when you feel like the air is being ripped out of your lungs, you begin to suspect something's not right, eh? Yes, something is very, very not right! Breathing in a room full of stuff you use to broil a steak — does this sound like a good plan? Once your little room is full of propane gas, you inhale that, not oxygen, and the propane replaces oxygen in your lungs and blood. Nothing in your body can run on propane. Stay in that room long enough and you're a dead man. By any chance, did you read the label on the can? Betcha somewhere it says to use the product in a well-ventilated area and to wear a breathing apparatus of some type. Do it! Immediately! Well, you still have enough brain cells left to send an email, so maybe there's not too much damage done. Good luck, KH.

Dear Matthew Alice:

Why do we measure dates from B.C. to A.D.? Where did this system come from? I know it's measured from the time of Jesus' birth, but who decided that? And what did people do before then to measure time, or didn't they care?

— Mike, via email

Of course they cared. We've been run ragged by clocks and calendars pretty much forever—at least ever since we started growing crops and living under grand rulers. The A.D.-B.C. system dates from about 525 A.D., invented by a monk who was charged with figuring out a neat way of predicting the date of Easter. Since he was a man of the church, he took as the starting point for his calendar the birth of Jesus, the most significant event in the ecclesiastical year. This is pretty typical of the many other calendars devised before and since the monk's. They all begin with a watershed event. The Mayans developed a calendar that went back through thousands of years of mythology, so the cornerstone event wasn't necessarily an actual occurrence. Egyptians measured years by giving them a number and the name of the pharaoh who was in power at the time. Babylonians used a similar system. The Jewish calendar is measured from a calculation of the Era of Creation. The Muslim calendar begins with the Era of the Hijra, the time Mohammed and his followers migrated from Mecca to Medina. Rome measured time from the founding of the city. So, if you want to develop a Mike calendar—Before Mike-After Mike—go right ahead.

Heymatt

Why is there an expiration date on a container of sour cream? It's already sour. How much more sour can it get? More sour sour cream doesn't seem like a big problem. So, why the expiration date? I can eat no more nachos until you tell me.

— Rachel S., via email

Dig in, Rachel. The answer is right here on your plate. Commercial sour cream is made from pasteurized milk, which is relatively bacteria free. The manufacturer adds his own special bacteria to the milk to thicken it and turn it just the right degree of sour. Chilling it slows down the bacterial action, but the bugs are still alive. They're still excreting bacterial juice, which is what gives the milk the sour taste. Left to their own devices, eventually the bacteria will overwhelm the milk and begin to be visible and make the sour cream taste pretty rancid. The expiration date gives you a rule-of-thumb guideline as to when this bad turn of events will begin. Extreme sour cream is not a pretty sight.

Matt

Since everybody's all hopped up on football these days, here's a question for you. Why is a football called a pigskin? Is it/was it ever made of pigskin? What's the story?

— Wes, San Diego

Well, the word nerds have a tale to tell about this. But I'm not sure I completely buy it. Some word-origin experts avoid the subject completely. The story goes, American football came from British games, specifically rugby, in which a ball (or ball substitute) was forced across the opponents' goal line by whatever means available. But in those days, the early 1800s, what substituted for a ball was an inflated pig's bladder. But by the time American football began in the 1850s, bladders weren't used anymore. So it's kind of a stretch to think people were still referring to them as pigskins. But that's the kind of answer we get when we ask the word wizards.

A searchable archive of past columns is available at SDReader.com

Got a question you need answered? Send an *email* to heymatt@cts.com or *fax* to 619-231-0489 or *mail* to Matthew Alice, c/o the *Reader*, Box 85803, San Diego, CA 92186.



Intensive English Language Program ESL/TOEFL \$350 a month

*W/ this ad. New students only. Not valid w/ any other offer. Exp. 1/31/08.

Bachelor's, Master's, or Ph.D. degree in Psychology! (Certificates also available)

Bachelor's and Master's Degrees in Business Administration for \$390-\$400 a month

Classes also available online!

San Diego University for Integrative Studies





& evening

800.234.7041 or 619.297.1999

Now in Old Town • 3900 Harney St. #210 • Come in today or call. www.sduis.edu



Unlimited Calling to Your 5 Favorite People Any Number. Any Network.

T-Mobile Blowout Sale!





Nokia 5300

\$100 Rebate*

to your 5 carrier speaker Phone spluetooth

1000 Anytime Minutes* • Unlimited Nights & Weekends • FREE Roaming • FREE Long Distance



















FREE* ACCESSORIES CAR CHARGER, LEATHER CASE, HANDS-FREE HEADSET

3000 Anytime* Minutes \$4999/month

All offers valid with this ad only

Now hiring! E-mail résumé to: van@phonex.com

Prices valid with activation, 2-year contract on T-Mobile. OAC. Prices and plans subject to: change without notice. Some restrictions apply. See store for details. Offers valid at participating stores only. With this ad only.

11980 Carmel Mt. Rd., Suite 244 858-673-3393

Chula Vista

730 Broadway, Suite 101 619-869-8357

3 LOCATIONS

Fashion Valley 1st Floor, Fashion Valley Mall

619-497-4800

It's not just another boy-meets-girl story. It's a corporate attorney-meets-fashion designer story. **It's time to try something new** — It's Just Lunch is the premier dating service for busy professionals with 16 years of experience and over 100 locations worldwide. Talk to the professionals who specialize in first dates. We'll match you with other clients who have similar interests, then make all the arrangements for lunch or drinks after work.

Scheduling, reservations, everything. It's like hiring a personal assistant to handle your dating life for you. Invest a lunch hour. It's worth it. No pressure. It's Just Lunch, dating for busy professionals.





Dating for busy professionals® It's Just Lunch directors:







San Diego **619.232.8999** North County **760.268.0004** www.ltsJustLunchSanDiego.com

PROOF THAT SOLID GOLD CONTINUES TO PRODUCE THE BEST AND SAFEST DOG FOOD IN THE WORLD.

In 1975, Solid Gold changed the face of the pet food industry. We introduced the first natural, organic dog food in the U.S. It was the Solid Gold Hund-n-Flocken. The FDA said there was no such thing as a natural dog food. Also, they had no idea what organic meant. We told the FDA that "Hund-n-Flocken (which means dog food flakes in German) had been a top seller in Germany for 20 years. They said, "Oh!"

In 1985, we introduced the first holistic dog/cat food into the U.S. It is called Holistique Blendz. They had no idea what holistic meant. It doesn't mean natural and it doesn't mean organic. It is a philosophy of life. It means the whole body works together-mind, body and spirit. It saddens us that other dog food companies incorrectly throw around the word holistic just because Solid Gold uses it. It saddens us that they try to fool the public by trying to copy our philosophy.

I asked one dog food company what holistic meant, since he now uses it as part of the name of his product. He said it means they put apples in their food!

Solid Gold has always produced dry food in the U.S. In the spring of 2007, 137 dry dog/cat foods were recalled by the FDA for killing 6,000 animals and injuring 300,000 others. All contained melamine and cyanuric acid made in China. By the fall of 2007, 179 dry dog/cat foods were

Solid Gold was one of seven pet foods that were not recalled. Then, another dog food company admitted that their dog food was made in China but said it was not on the recall list. However they said they are checking for cyanuric acid/melamine poisoning just in case!

A large canned pet food company had its whole line of canned foods recalled for botulism poisoning. It was made in the U.S. The same time, another canned dog food line was recalled for salmonella poisoning. Twenty one people died of salmonella poisoning after handling the canned food. It was also made in the U.S. Solid Gold has not been involved with any of these tragedies.

In July 2007, a newspaper article read, "Lawsuit Alleges Pet Food Industry Fraud." A law firm in Miami, Florida accuses seven very big and well-known dog food companies of using "waste products, including euthanized dogs and cats, restaurant grease, hair, hooves, road kill and toxic chemicals and additives."

Solid Gold was not involved with any of this mess!

Finally a well-known dog food company agreed to compensate owners of 436 dogs that died from eating his dog food.

The public may not be aware of the dangerous back room insidious plans against pets. But Solid Gold is and we will report them to you.

Most dog food companies make a variety of products. Dog food is at the bottom of the barrel and gets the scraps and leftovers that they can't use elsewhere. Example: we don't use avocados, which are hard on the pancreas. If you have a diabetic, pre-diabetic or older dog, avocadoes may make the situation worse. We don't use sunflower oil, which the Swedish National Cancer Society warns increases the risk of cancer by 69%. So if you want to be sure that you are feeding the best possible dog/cat food to your pets, feed Solid Gold. It is clean and safe. We make sure of that. Solid Gold does its homework.

To receive our catalogue and documentation of our research, write to our new (Feb. 08) address at 1331 N. Cuyamaca, El Cajon, California 92020. To find a store near you that carries Solid Gold, call us Monday, Wednesday, or Friday Pacific Standard Time from 11 am-5 pm: 619-258-7356. It's free.

To get a list of recalled pet foods, look up the FDA recall list at www.fda.gov/oc/opa.com/hottopicspetfood.html and/or www.accessdatafda. gov/scripts/petfood/recall. Check monthly, since the list changes monthly. It drops compliance names and adds others. One dog company has been dropped and recalled three times.

 $oldsymbol{U}$ nce upon a time, an old man and his dog had died. He was on a road leading to Heaven.

He came to a beautiful large home that had written across the front, "This is Heaven."

He approached the gate, only to be stopped by a guard. As he tried to enter, the guard stopped him, "No dogs are allowed in here." So the old man turned around and left.

Soon, he came to another large house. The sign said, "HEAVEN."

The old man and Teddy, his dog, walked up to the guard at the gate.

"I want to come in. But I want Teddy to be welcome too."

The guard smiled. "Dogs are always welcome in Heaven."

The old man looked confused. "I don't understand. Your place is marked, "HEAVEN." So what is that other building down the road?" The guard frowned. "That is HELL, " he said.

Retold by Sissy Harrington-McGill

For a catalog or store near you call or email us at: (619) 258-7356 or (619) 258-1914 (M-F 10-5 PST) or e-mail us at dane@solidgoldhealth.com or www.solidgoldhealth.com

Solid Gold Health Products for Pets, the Holistic Animal Nutrition Center 1331 N. Cuvamaca (after Feb. 08) El Cajon, CA 92020



Super Bowl Preview Edition

ime to get your seat on the bandwagon, and I would claim mine, except I don't see why this New England/New York Giants Super Bowl game should be any different than the December 29th New England/New York Giants game, the one the Patriots won 38-35. In other words, the outcome is likely to be close and the game could go either way.

For players, the Super Bowl is a good Giants bet. New England has covered the spread once in their last eight games. The Giants have covered five games straight. The Super Bowl draws citizens to the betting window like no other athletic event; most of that once-a-year money will be on New England.

The happiest man playing in Super Bowl XLII has got to be New England's wide receiver Randy Moss. Born in Rand, West Virginia, he was All-Everything in high school. As befits an All-Everything, he signed a letter of intent with Notre Dame. Probably a bad time to get into a fight (some participants were hurt). Moss pleaded guilty to battery, which caused Notre Dame to release him. Still a gold-plated prospect, Florida called, he enrolled, but had to red-shirt for one year. Not a good time to be busted for marijuana, particularly since he's still on probation from the aforementioned fight. Farewell, Florida.

He turns up in Marshall University, a Division I-AA football school near his hometown. And that's the profile; everywhere Moss goes coaches say he's the best athlete they've ever seen, and everywhere he goes he's busted for a low-rent, no jail-time crime.

Marshall goes undefeated his first year there and wins the national 1-AA title. Moss sets an obscene amount of Division 1-AA records. The next year, Marshall moves up to 1-A and wins the Mid-American Conference. Moss catches 25 touchdown passes and is a finalist for the Heisman Trophy. He's back.

Minnesota acquired him in the first round of the 1998 draft, but he's still working the same dance. He's a great player — made the Pro Bowl five times in seven years with Minnesota, but attitude and mouth eventually made him unwelcome, and in 2005 he was traded to the Attitude and Mouth franchise (aka the Oakland Raiders). Unfortunately for Moss, by then Al Davis had lashed himself to the team's helm.

The Raiders went 6-26 while Moss was in

He was kicked out of Oakland in 2007, traded for a *fourth round* pick...basically the first hitchhiker you happen across, in this case the 110th man selected in the 2007 draft. Moss was not only judged worthless by the Raiders but was publicly bad-mouthed by the organization on his way out the door. Moss was old, lost his speed, was selfish and unreliable, they said.

Happily, and incredibly for Moss, he wound up playing for New England. Since that glorious day, the Pats have been undefeated, Moss set the single-season record for touchdown passes (23) and is on his way to the Super Bowl with an 18-0 team going for what passes as NFL immortality. Al Davis sits alone in an unlighted hotel room watching his fingernails grow.

The second-happiest man in the NFL must be Junior Seau. There were years when he was the only player worth watching on the Chargers roster (the forgoing is an exaggeration, but not by much). Seau has intelligence, Hall of Fame athleticism, and the heart of a samurai. He played for the Chargers 13 years, voted into 12 consecutive Pro Bowls. Seau made it to the Super Bowl one time (1995). San Diego was thrashed by San Francisco, 49-26. A great, great player.

And a local boy, born in San Diego, attended Oceanside High School, college at USC. Seau is a gentleman off the field, keeps his private life private, and his public life without controversy. He still lives in San Diego, owns a restaurant in Mission Valley, oversees his charitable foundation and more.

The Chargers, thinking he was done, traded him to the Miami Dolphins for chump change in 2003. Seemed like they were right, Seau never saw a December in three years playing for Miami. He was always on injured reserve in November.

He signed, as a free agent, with New England in August 2006 and sure enough, was on injured reserve before November closed. That makes four years in a row.

Belichick is a pig and also a great football coach. He saw something and signed Seau for 2007. And here we are ten days from Super Bowl XLII. It does feel like the gods are determined to do justice this time and allow Seau his Super Bowl ring. If I could help, I would.

The Vegas Line

| | • | | |
|--|---------------|-------------------|-------------|
| Super Bowl XLII • February 3, 2008 • Glendale, Arizona (AFC team wears home jerseys this year) | | | |
| Favorite | <u>Spread</u> | Over/Under | Underdog |
| NEW ENGLAND | 12 | 54 | N.Y. Giants |
| <u>1st Half</u> | | | |
| NEW ENGLAND | 7 | 27 | N.Y. Giants |
| Money Line | | | |
| NEW ENGLAND | -450 | N.Y. Giants | +350 |
| Super Bowl XLII - MVP | | | |
| <u>Player</u> | <u>Odds</u> | <u>Player</u> | <u>Odds</u> |
| Tom Brady (NE) | 1 to 2 | Eli Manning (NYG) | 7 to 2 |
| Gibril Wilson (NYG) | 4 to 1 | Laurence Maroney | (NE) 5 to 1 |
| Randy Moss (NE) | 7 to 1 | Wes Welker (NE) | 7 to 1 |
| Plaxico Burress (NY | G) 8 to 1 | Brandon Jacobs (N | YG) 10 to 1 |

The Sporting Box can be found at SanDiegoReader.com



This is my uncle Byron. He just got his credit card statement.

Wow. Scary. He is now realizing that he will probably have to be paying his debt for the next 20 years. There goes Emery's college. He hasn't told Aunt Vesta that they will not be going to Florida on vacation... forget about the new car. Should we even talk about retirement? Heck! He might even lose the house!

He needs to think "Debt Negotiation" with the experts at U.S. Financial Management Inc. FAST!

Our debt negotiation program is a sensible, customized and affordable approach to reducing your debt. Our expert debt negotiation professionals specialize in helping individuals and businesses gain a second chance at managing their finances by reducing their business and credit card debt through our trademarked MyDebtNegotiation™ program.

We take the time to explain the differences between all of your debt management alternatives, including credit counseling, consolidation, negotiation and bankruptcy. We will inform you about the impact on your budget and the length of the program.



Call for a free, no obligation consultation:

1. 800. 738. 5380 usfmgroup.com

Percentage is a reflection of savings at the time of settlement and illustrates the average amount saved on settled accounts only; savings vary on an inclivedual basis and do not include any service fees. U.S. Financial Management cannot guarantee that a creditor will accept a settlement offer. Time period based on inclividual circumstances. Results may vary.

Read it.

Kim dropped to her knees and a hush fell over the room. She placed her splayed hands on the rug, and situated her head equidistant between them. Then she rocked forward until she gained enough momentum to hoist her legs above her. The feat of upside-down balance was dazzling enough, but Cirque du Kimberly wasn't over yet. Slowly, she spread her legs apart until she was nearly doing the mid-air splits, and then she dexterously scissored her legs forward and back. The room erupted into applause as everyone marveled at the demonstration, save for Shawn, who was familiar with his wife's offbeat ability.

> -Excerpt from "Party Tricks" by Barbarella, published January 17, 2008

See it.

Diary of a Diva - Party Tricks



These columns in the Reader feature videos that complement the writing!

- Crasher
- Sheep & Goats
 - Tin Fork
- Diary of a Diva
 - Say What?
 - Reading
 - Surf Diego

View them today at:

www.SDReader.com

SHEEP AND GOATS

PLACES OF WORSHIP REVIEWED

Denomination: Roman Catholic Address: 29 North 32nd Street, Logan Heights, 619-231-8906

Founded locally: 1938

Senor pastor: Tommie Jennings

Congregation size: 750

Staff size: 4

Sunday school enrollment: n/a Annual budget: about \$225,000 Weekly giving: about \$3450

Singles program: no

Dress: casual to formal

Diversity: Hispanic, African American, some Pacific Islanders and Caucasians

Sunday worship: Gospel Mass, 8:30 a.m.; Spanish-language Mass, 11 a.m. and 1 p.m. Length of reviewed service: 1 hour, 45 minutes

"I have no hands but yours," read the plaque below the statue of Christ outside the church. No tengo mas manos que las tuyas. And it was

literally true — Jesus' outstretched arms ended at the sleeve.

Website: none

Inside, images of Caucasian saints (Stanislaus, Ignatius, Charles Borromeo) looked down from the stained-glass windows on darker-skinned renderings of Christ, Mary, and the Holy Family in the church below. A portrait of Martin Luther King Jr. stood in an alcove. The nave was filled with chairs for the choir; the altar rose up in the midst of the congregation.

Before the formal beginning of Mass, a lector announced, "As is our custom, if any of you have prayers you would like to share with the community, please stand. Let's begin by praying for the sick of our community...

"I'd like to pray in thanksgiving," said one woman. "The last time I was here, my son and I were about to go into surgery, for me to donate my kidney to

him. A lot of people here prayed for us. Everything went really great — he's doing wonderfully — so we thank you." The church burst into applause as the lector said, "For this, let us pray to the Lord."

Other prayers: for a friend having knee surgery. For the repose of souls. For those struggling with addiction to alcohol and drugs. For "the sick — especially the mentally ill, who have no sense of life." The band's bassist stood and prayed: "on this anniversary of Roe vs. Wade...I pray that somebody in the community takes a stand, to answer the call of our pastor to be the culture-of-life coordinator. And when she does, may we as a community support her."

Choir members took their places — black robes with a white satin stripe down the center, each adorned with the emblem of a crown above a cross. "Stand up and give God the glory, stand up!" they sang, while the congregation stood and clapped and swayed to the beat of the drum and the peppy riffs of the

Father Jennings processed in, took a place with the people, and, after the music had subsided, led them in singing: "We shall overcome/ We shall overcome... Deep in my heart/ I do believe/ That we shall overcome...some day."

"Lest we forget the dream," he said, his voice rolling forth. "Lest we forget...to prepare ourselves to celebrate these mysteries, let us call to mind the times that perhaps we have forgotten the dream and the vision, not just of Martin Luther King, but of Christ our Lord and

The Gloria got back to the rollicking mood of the opening — trumpet and saxophone and piano under the choir shouting out "Glory to God in the highest!" then going quiet as Jennings intoned the prayer like a poem: "You alone are the holy one/ You alone are the Lord/ You alone are the most high, Jesus Christ..."

The sermon was inspired by the second reading, which covered the opening of Paul's letter to the Corinthians. Jennings noted that

they had strayed into "what they called 'sacred prostitution.' Paul is saying to proclaim the real Good News in a very difficult time." This put Jennings in mind of King, "because tomorrow we celebrate Martin Luther King Day." Like King, like Paul, "we've got a lot of work to do."



and not beating your spouse? How about the drinking, and the drugs?... What are you doing about the dream?... The dream-killer, for us, is being apathetic and blasé, and just sitting down and doing nothing, not even caring about it! We are comfortable! We've got to feel a bit of discomfort in our ranks before we really start to do something. Otherwise, it's going to creep and creep and creep and get worse and worse and worse.

During the prayers of the faithful, Jennings asked "that the sacredness of human life be upheld for all, especially the unborn, the terminally ill, and those who sit on death row." And also, "that our community recognize Jesus in poor people, immigrants, and disabled people. Let us pray to the Lord."

What happens when we die?

"If you're living right and praying right if you pray it up and you're good to go you'll go straight to heaven," said Jennings.

— Matthew Lickona



Christ the King Catholic Church Logan Heights

| Sermon ★★¹/₂ delivery ★★¹/₂ Liturgy ★★ Music congregational ★★ band ★★★ Snacks ★★¹/₂ Architecture ★★¹/₂ Friendliness ★★★ | 2 |
|--|---|
| Poor to satisfactory | |
| Excellent | |

San Diego Reader January 24, 2008

Columns archived at SanDiegoReader.com

BestBuys

-EVE KELLY

The emotional traumas of life have permanent or long-lasting effects unless you do something to intervene," said Dr. Lawrence Stowe, the Stowe Foundation's managing director and health and science advisor to the Biotherapy Research Institute. Stowe believes that biotherapy, which assesses the "bioterrain" of cells and the energy fields that surround those cells, can help

in that intervention. "Besides paying attention to the body, we consider the mind, the spirit, and the emotions," he said. "Emotions reside deep within the subconscious long after a traumatic event has happened. There is an energy disturbance at the cellular level. What you feel,

see, and hear during an emotional trauma imprints itself on the subconscious. This becomes an energy field stored in whatever cells the brain makes available through the sensory integration pathways."

That energy field, said Stowe, affects brain activity, which in turn affects a person's physical state by stimulating the production of adrenaline and insulin. "The interaction between them makes it so that people who have suffered from severe emotional trauma are stuck in the sympathetic state — fight or flee — as opposed to the parasympathetic state, which is rest and relax. The subconscious controls too much of their lives. You have to be able to reach in and reset. That's what the Genie experience can do — what no other machine can do – by using sound, light, and vibrational characteristics to reset energy disturbances."

The use of San Diego's Genie experience is overseen by Jim Felt, executive director of Stowe Biotherapy Medical Oasis in La Mesa (619-697-5614; thestowefoundation.org). When I visited, Felt offered an explanatory image. "The Genie machine helps to reintegrate the mind-body connections. It's like defragmenting your hard drive - reorganizing information and cleaning up 'loose ends' that muddle the efficient processing needed to complete a task. It's a highly individual experience. Some say it helps them work on their priority list. Some people say that they felt like they were in a fog and that the Genie gave them a tremendous sense of clarity and confidence. Others, that they have a greater sense

of well-being." I was curious enough to take the Genie for a test drive, so Felt began by taking an electronic sample of my voice. "Your voice characteristics depend a lot upon what is going on in your life right now." He then sent the sample to a computer, which,

"through many calculations and comparisons to thousands of previous samples [sought to] interpret what might be your ideal voice pattern.' That ideal, he said, was the voice of my "ideal self — if you had more self-actualization. It takes into consideration your mind, your body, everything. Then your voice gets digitized and particulized, rearranged into that perfect pattern, and put into a continuous loop. Also, you wear goggles that show a light pattern that is based on your voice pattern. The theory is that, in seeing and hearing your ideal voice pattern, the subconscious recognizes its own perfected patterns and is drawn

"Shapes have a crispness to their edges, like when a camera snaps an image into focus."

with interest toward them."

Felt escorted me to a soundproof room. "The session lasts around an hour and 15 minutes. You lie on this heated gel bed containing liquid crystal. Underneath the bed is a speaker cabinet containing two 15-inch JBL subwoofers. In addition to the sound and light, you're going to feel vibrations with the wave-form, pulse rate, and frequency determined by the computer and based on your voice pattern. It'll be similar to

the vibration you experience from a pipe organ — you know how you can sometimes feel it in your chest? This vibration will be up your backbone."

In addition to the idealized voice pattern sample, the headphones Felt provided would play music. "And, if a person wants it, we can play delightful positive affirmations. Things like, 'At the core of the universe, there is only divine love.' That's a general affirmation if a person has suffered a particular sort of trauma, we can play affirmations appropriate to that trauma.

I lay down on the bed and put on my headphones, and Felt placed a stuffed toy dolphin on my solar plexus. "It contains a speaker

that will act as a counter-vibrational point," he explained. Then I donned my vir-

tual-reality goggles. "Halfway through the session, I'll have you switch to these lighter goggles; at that point, you'll close your eyes and experience a flashing light pattern tailored to your voice pattern. The first part of the session gets you ready for the second part, when you'll feel much more vibration. If you need to stop

for something, just let me know. I can hear you, and I can see what you're seeing through your goggles. People find the experience very relaxing, and yet, they say it seems to stimulate their intellect.'

A warm hum of vibration from the bed ran up my legs and back while kaleidoscopic visions danced within my goggles. The vibration seemed to blend with the humming tones in my headphones. After a haze of time had passed, I switched to the second set of goggles. Blue light effects crackled over my closed eyes like reverse lightning — black bolts on a blue sky. The vibration intensified; I felt a kneading sensation through my body. Light and vibration dominated my senses, with sound in the background. Then everything tapered off, and I came to a quiet stillness - like a perfectly landed airplane.

Felt came back into the room, helped me up, and asked how I felt. I sipped some water. "It tastes wetter," I replied. "And colors look brighter. Shapes have a crispness to their edges, like when a camera snaps an image into focus."

"You may have greater mind-body connections," Felt concluded, "I think it works as if the nerve connections throughout your body are giving more input to your brain. People report that the effects last a week, sometimes a month. Some people come every two weeks or every month. The first time you come in, it costs \$200 -\$80 of that is for the voice patterning. We save the voice pattern, so subsequent sessions are \$120."

Columns archived at SanDiegoReader.com

- 1. The Genie
- 2. Brain synapse



Affordable **Health Plans**

| Age | Male Rates | Female Rates |
|---------|------------|--------------|
| | \$124 | |
| 1 | \$75 | \$75 |
| 2-18 | \$49 | \$49 |
| 19-24 | \$53 | \$86 |
| 25-29 | \$63 | \$101 |
| 30-34 | \$77 | \$112 |
| 35-39 | \$95 | \$121 |
| 40-44 . | \$116 | \$136 |
| 45-49 . | \$147 | \$155 |
| 50-54 . | \$194 | \$179 |
| 55-59 . | \$254 | \$219 |
| 60-64 . | \$363 | \$283 |

\$30 Co-pay Office Visit • Prescription Drug Card ^{\$}O Co-pay Well Woman Exam \$30 Co-pay Preventative Care (\$200 Limit) Monthly rates effective 7-1-07 for San Diego County. Aetna \$2500 PPO Plan.

California Healthquote **Insurance Services**

701 Palomar Airport Road, Ste. 300 Carlsbad, CA 92011 800-788-4678

X Aetna:

CA Insurance Lic. #s: 0712596, 0706675, 0C84228 www.cahealthquoteins.com



Empowering Your Life®

The Empowering Your Life® Seminar shows you specifically how to choose what is important to you and how to have those things that you desire. You can make changes in your life and yourself easily and effortlessly... Now and in the future!

- · Enjoy better relationships
- · Achieve outstanding business & career goals
- · Improve your health and fitness & more!

LIMITED ENROLLMENT Call Now and save 40% OFF

And bring a friend for only \$851

Join us for these important dates!

San Diego, CA: Feb. 8-10

Enroll today.

Call Toll Free: 1.800.800.6463 or visit www.nlp.com

with a 188%



for a free introductory CDI

815 Pilkoi St., Honolulu, Hl. 96814 • Iul;500,600,6463 • www.nip.com • lax;808,596,7764



by Barbarella

Hotel Fetish

It is impossible to overdo luxury.

— French Proverb

"No, don't." I placed

"You'll get the floor all wet.

And anyway, the silence is

think about it." As David

sank back up to his neck,

then purple cast as the

his face took on a blue and

limo-esque mood lighting

above us continued its slow

chromatic cycle. "Pass me a

plucked my desired piece of

strawberry?" David lifted

fruit from the tray sitting

on the ledge beside him,

and dipped it in the pot of

melted chocolate that was

an arm from the water,

kind of nice, now that I

my hand on his thigh.

he orange light reflecting off the water's surface slowly transformed to red. "You should have put some music on," I said, gesturing at the iPod dock on the nightstand.

"I still can," said David. He rose to a sitting position.

memo-

As if to commemorate the occasion, he spun another strawberry in the chocolate for me and then hit the button that activated the jets in the giant, twoperson tub.

keep the good stuff warm and gooey. He handed me the strawberry, twirling it to keep the chocolate from dripping into the tub, and then selected a slice of banana and a miniature Rice Krispie treat for himself.

"How does this one compare?" David asked.

"You mean with our other favorites in the States?"

"I mean with all of our favorites everywhere," he said. "Even Tokyo."

While I considered my answer, I looked over David's shoulder and stared at the fire, if you can call it that. In the "cyclone" fire-place, a yellow-white flame spiraled directly up the center of a three-foot-tall glass cylinder. I surveyed the room, taking in the espresso maker, blender, cocktail shaker, fine wine glasses sit-

ting on the granite above the minibar, and the down comforter on the king-sized Tempur-Pedic bed; I fingered the edge of the shoji screen we'd slid aside so we could see the entire room from where we sat, naked and submerged in hot, fragrant water. The room service had been fast and friendly, and the turn-down had included complimentary bottles of Fiji water and both milk and dark chocolates. I returned my gaze to David, who was watching me close enough to recognize the moment my thoughts aligned with his. "Oh, my," I said, voicing what he'd already gathered I would say. "This is our favorite hotel room...in the world." David nodded solemnly. As if to commemorate the occasion, he spun another strawberry in the chocolate for me and then hit the button that activated the jets in the giant, two-person tub.

My man and I have always been discerning, even picky, about where we lay our heads at night. But it recently occurred to me that what was once a preference for artsy has become a fetish for avant-garde. Whereas unique, luxurious boarding experiences used to be added perks, such pampering now features prominently in our travels. Our lodgings are as much of a destination as the cities we visit. After days of research before each trip, David often settles on a hotel that, having been worked on by talented designers and architects, makes its guests feel like they're temporarily living

inside a work of art.

It was while planning our Christmas getaway to Ensenada that we realized our little predilection threatened to become a dysfunctional demon. Because he's familiar with the place and speaks Spanish, it made sense that our friend Josue would arrange for our accommodations in the Mexican town. But when he told me he'd found a "cheap little motel," I said I'd need to discuss the matter with David before we could commit to the plan.

When it comes to roughing it, I'm not the only diva in the penthouse. Once, during a momentary lapse of sanity, I suggested to David that we go camping. A few days later, he said he'd found the perfect location: a resort in Santa Barbara where the "tents" are set atop wooden floors and boast plush beds on raised frames and, of course, interior halogen lighting. It looked nice enough, but we nixed the idea when we figured out the restrooms were communal.

When I relayed Josue's words to David, he squinted in trepidation. We agreed the idea of a "cheap motel" in Mexico was scarier than the blue-green fuzz growing on the mystery fruit in the bottom drawer of our refrigerator. The inn didn't need to be fancy, but it *had* to be clean. I'd seen those ultraviolet scans on those forensic drama shows. Any hotel with those ubiquitous, filth-hiding floral print comforters was out of the question. It would be easier for me to





fall asleep to the looping soundtrack of a wailing baby than to catch any z's while under the slightest impression that microscopic insects and nasty, invisible substances are touching my skin.

Neither David nor I wanted to share our concerns with our friend, for fear of sounding like a couple of supercilious morons. "It's not that I think a cheap motel is beneath me or anything," I said to David while rationalizing my tentative decision to back out of the trip. "It's just that, as fun as it all sounds, if I can't sleep, it's not going to be worth it. I don't want to remember this trip as the one that traumatized me forever." I cringed as I recalled one of my father's hotel horror stories. He was staying at a place in St. Robert, Missouri, when, in the middle of the night, he discovered the room was

crawling with multilegged pests. Dad went to the front desk and asked for bug spray. "I sprayed a moat around my bed and left all the lights on," he later told me. "I nearly asphyxiated from the freakin' fumes." I couldn't believe he actually stayed through the night. I would have slept in the rental car.

While I was busy rationalizing, David was researching. He typed the name of the Mexican motel into tripadvisor.com to see what other people had to say about it. Of nearly 20 reviews, the inn got at least four out of five stars for cleanliness. Relieved, I called Josue and said, "This place looks great, count us in!" To be on the safe side, David brought his pillow and some extra high-threadcount cases. The "cheap motel" turned out to be a charming hotel I'd happily visit again.

Though we can survive most anywhere (as

long as it is clean and insect-free), David and I continue to seek out temporary abodes that offer us a unique experience. For some, a hotel is just a place to crash between one place and the next while on the road, and spending any more than necessary is foolhardy. For David and me, a hotel is more than a bed and a shower; staying at a great hotel is like stepping into the pages of Interior Design magazine or taking an E-ticket ride

at Disneyland.

After spending a day at "photo l.a." in Santa Monica last week, there was no need for us to stay the night in Manhattan Beach. If we had continued driving down the 405, we would have been home before dinner. But if we'd done that, we would have missed luxuriating in a Sanijet spa together, bathed in the crimson hues of "chromatherapy" lighting, hypnotized by the swirling flame, and men-

tally raising the bar for our next hotel one notch higher. ■









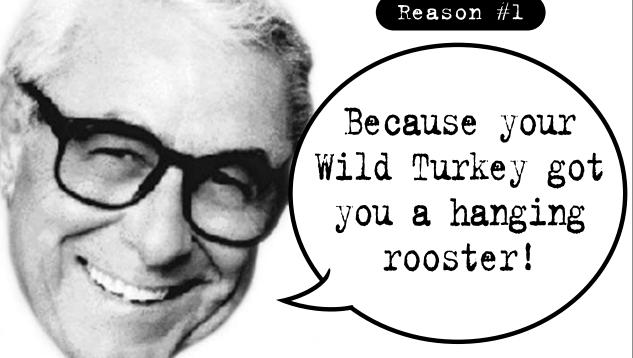








"KING" STAHLMAN **BAIL BONDS** 1-800-782-4522



San Diego Reader January 17, 2008

Tacos are a tiny taste of temptation

(continued from front page)



ith that marinated pork swimming with cilantro and spices and slimy sautéed onions. And a dollar bottle of Sangria Señorial, of course. Sigh. Is it just me, this wacko taco love affair? I don't think so. Scratch any San Diegan and they have their secret taco joint, where they go and get their fix from the only taco guy in town who understands how to put together a taco, who appreciates the relationship between meat, salsas, beans, and tortilla.

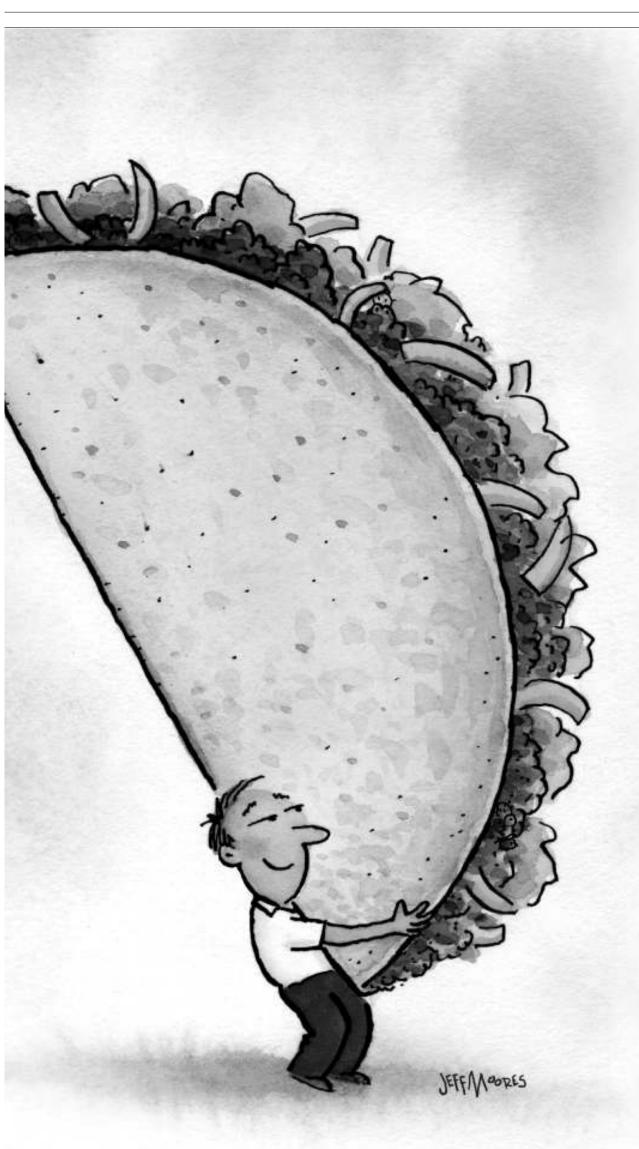
The real thing is, tacos are right for our

town. We're not about dressing up, formal surroundings, nit-picking over some tiny nouvelle cuisine pile in the middle of a drizzled plate that sets you back 30 buckaroos. Tacos are about good, affordable times for everyone.

This list of faves is in no way anyone's final word. It's just a few places that warm ye old cockles of the heart when I think of them or where I drag buddies if I'm in the area. I know you have your list too. In fact, let me know! Then we might get to a top 400.

Actually, am I the only guy in town who hasn't switched from tacos to burritos, because they stuff more into burritos? Even taco joints now push burritos as their numero uno item. Fat City! That's what we're becoming, and I

24 San Diego Reader January 24, 2008



blame burritos, which means "little donkeys," right? That's what we're all starting to look like. No. For me burrito equals boring, most of the time, while "taco," aah! Taco means tiny taste of temptation. Satisfaction by a thousand different cuts of meat and veggies.

What is it about taco joints? Guys joke about them, about Aliberto's and Aiberto's and Taco Bell and the truck that pulls up around six every evening. But when you get the munchies, there is no alternative to a little mess of pork or beef or fish or even tofu tucked cozy and warm inside a couple of those little flying saucers.

t spot on the planet to end the workweek.

La Posta

Come Friday night, about midnight, when all of Hillcrest has got the munchies at the same time, it's a zoo here, in the liquor-store parking lot, with sideshows galore. The competition's hot too. Down the street, the Cuervo taco shop (110 West Washington, 619-295-9713) has a reputation for carnitas (slow boiled then braised or roasted pork). But for carne asada tacos and atmosphere in spades, these guys are it. The building's painted orange and white, with green canopies. It must have been a drive-through in its first life, but now where cars pulled up it has tables in an L-shape around the enclosed kitchen. You still order at the little hole in the wall. Also kinda famous because here is where the Taco Shop Poets held their first meeting. (You haven't heard of them? Shame! Go find Adrián

Arancibia's Atacama Poems without delay.) Added bonus: breakfasts start at 2:00 a.m. and go till 11:00 a.m. Include eggy breakfast tacos and burritos. And what's great is the speed. The tacos come through that hole floppy and steaming, spilling shredded lettuce and dripping salsa and beans. And even though traffic-crazy Washington is but a bean-flick away, it seems like another world from here. As long as nobody does anything crazy — no guarantees on some Friday late nights — this may be the funnest spot on the planet to end the workweek. La Posta de Acapulco's Taco Shop, 3980 Third Avenue (at Washington), Hillcrest, 619-295-8982.

Cantina Mayahuel

Larry Auman, the kid from New Jersey, has nailed Mexico here. He's an artist-turned-bartender-turned-chef who traveled a lot down there and wanted to re-create it up here. He named this place after the Aztec goddess of the agave plant, Mayahuel, and he's painted his cantina's long room wild yellow and dotted the walls with paintings, skulls, small skeletons, and devils riding donkeys. He also cooks some of the most delicious tacos anywhere this side of the border. Ask for any of four mahimahi, shrimp, chicken, or tasajo-style, which is jerked beef cut in thin strips, marinated in lime juice and salt, and then seared. I've had the shrimp and the beef. It's a trip sitting at the counter, catching savory whiffs as Larry puts the shrimp and shredded beef on the griddle. He juices them with pineapple and chipotle sauce, prepares double tortillas for each taco, adds shredded white cabbage, carrots, cilantro, salsa, then squiggles sweet and salty Mexican cream

and ancho mayonnaise on top, along with a hot sauce he makes himself and calls "à la diabla." Soo-o delish, and you feel cool eating them here, for some reason. That tangy combo, with the mild jack cheese and the Mexican cream, is just great. The shrimp have a seductive, smoky flavor and look good on the rough brown clay plates. He makes everything here. So the only no-no is asking for a bottle of Frank's Hot Sauce. Cantina Mayahuel, 2934 Adams **Avenue, Normal** Heights, 619-283-6292.

Effin's

Yes, you've been kicked out of better joints than this, but where else can you yell out, "Gimme an Effin beer and a plate of Effin tacos!" without anyone tut-tutting? You get students from State here, working stiffs who've made this their local, and George, an IT guy from nearby Platt College

who's "been here since day one," 12 years ago, holding up the bar and flirting with the baristas. "Taco Tuesday" tacos are \$1.50. Try to have Agnes on as the cook because she brings in her own "secret spices" to scatter in the tacos. Yes, they're basic: flour tortilla tacos with ground beef, cheese, shredded lettuce, and tomatoes inside, but (1) the beef has a good, savory taste to it, (2) they go great with Guinness, and (3) you'll be able to yell, "These Effin tacos are on me!" if largesse is your thing. Taco Tuesdays at Effin's Pub & Grill, 6164 El Cajon **Boulevard, College** Area, 619-229-9800.

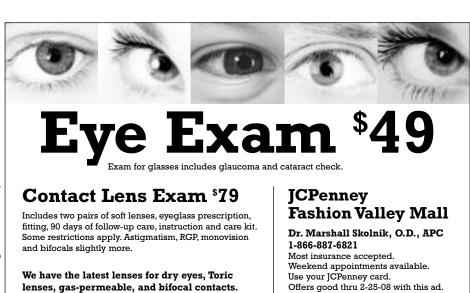
Cilantro Live

Raw tacos? Sure, but there's a whole package that comes with the idea. These are the folks who brought you raw flaxseed burgers and raw walnut mushroom meat loafs. The tacos look like tacos,

but they taste of smoky chipotle, a little molasseslike. Their main filling is a nut "meat" made out of almonds and walnuts and sun-dried tomato, chipotle, and avocado. And yes, there is a Mexican connection. A dynamic little lady named Cristina Guzmán from Mexico City pioneered the raw thing in Chula Vista four years ago and now has three restaurants that serve raw-only food. Her message: "Enzymes!" Seems enzymes help your body turn food into energy. But cooking food over 105 degrees Fahrenheit starts destroying them. The staff makes everything here, even their own salsa fresca. "We make the 'sour cream' out of almonds and lemon juice," says Angie, one of the place's vegan missionaries. So you sit up to the green mosaic counter in a cheery, airy space with dangling lights and walls of live plants filter-







lenses, gas-permeable, and bifocal contacts.



Free week of tanning any bed level 1-4 New clients only.

10% off all tanning products 25% off for all Ultra members

Free Magic Tan 🖺 🛅

Unlimited tanning \$4900 Per month Any bed level 1-4.

Unlimited monthly tanning \$1999 Level 1 bed

- Beds cleaned twice between use
- State-of-the-art ergoline beds
- Clean, friendly atmosphere
- Hospital-grade disinfectants
- Smart Tan-certified staff

BEE TAN

4390 Moraga Avenue (in Bay Ho between 858.270.2543 • beeton.net

Per month. Excludes Magic Tan. EFT Mon.-Fri. 9:30 am-8 pm Sat. 10 am-5 pm, Sun. 10 am-4 pm See salon for details. Exoires 9/8/08

ing that city air for you. Chomp in, guilt-free, knowing no animal has been sacrificed at the altar of your appetite. ('Course plants, like the dehydrated tomatillos, corn, and the nopale cactus that go into the tortillas themselves, have been.) Angie says she gets other benefits, aside from the new taste. "Since I switched to the vegan lifestyle," she says, "my energy levels have been through the roof, and specially with raw foods, it's like electricity through your veins." Cilantro Live, 3807 Fifth Avenue, Hillcrest, 619-325-1949. Also in Lemon Grove and Carlsbad.

Tacos Salceados Sweet tacos? Imagine. First bite: corn tortilla, shrimp, pineapple, raspberry, walnuts, orange slices — this may be the most original taqueria in the galaxy. Either side of the border, anyway. Javier Campos Gutiérrez started up in business in this faded but respectable Tijuana neighborhood of Santa Cruz La Mesa off Agua Caliente as a holein-the-wall taco joint. Now Tacos Salceados though everybody calls it by the street it's on, Tacos la Ermita — has grown to a large curbside café, packed every night plus lines outside. Why? Two big reasons: *quesatacos* and taco dulce. For his quesatacos, he throws a handful of shredded cheese onto the hot plate, then glues a corn tortilla to it and adds shrimp, then slices of avocado, and creams a pinkish dressing over it. Sloppy and delicious. The cheese is grilled till it's almost crackly against the tortilla. The pink dressing, salsa de camarón, gives it richness. The avocado gives it squelch. Oh man, it works. But don't leave yet. The taco dulce looks like a kind of crepe. Inside, it has shrimp with pineapple, and raspberry sauce oozes all over the

top. Chopped walnuts are

scattered everywhere. Mint and garnishes of orange slices make it look fit for a king. Twice when I've gone, I've met people who came all the way



We have all the San Diego home foreclosure listings! Save tens, even hundreds of thousands of dollars on your home purchase! We'll help from start to finish. Call today!









Touch-key slider handse with stereo Bluetooth™, megapixel camera and speaker device.

)



Fin™





Ocean™



TO DUCKION TO DILE

www.helio.com

TEMECULA PROMENADE 40820 Winchester Rd. Temecula, CA 92591 951.296.1492 UNIVERSITY TOWNE CENTRE
4545 La Jolla Village Dr.
San Diego, CA 92122
858.427.4998

HORTON PLAZA
324 Horton Plaza
San Diego, CA 92101
619.702.9148
*Located in front of Macy

FASHION VALLEY MALL
7007 Friars Rd.
San Diego, CA 92108
619.543.9880
*Located in the food court

*After \$50 Visa Gift Card. Requires new activation of service. Cannot be combined with any other promotion. Not responsible for third-party content or services. Some features are network- and handset-dependent and may not be available in all areas or under all circumstances. Taxes, fees and activation charge extra. Other restrictions apply. See your Helio representative for details. Helio, the Helio flame, Heat, Fin and Ocean are trademarks of Helio LLC and all other marks are the property of their respective owners. (c)2007 Helio LLC.



Lose Weight Now! Let Our Experts Help You!

See Our Results!





Staci G. of San Diego lost 114 lbs. in 8 months!

MEDIFAST® Weight Management Program



- Clinically proven
- Promotes QUICK and HEALTHY weight loss
- Encourages long-term weight maintenance
- <u>Not</u> a liquid diet Excellent price in San Diego
- Enjoy 5 delicious Medifast products daily PLUS one meal

1 free week of Medifast food

(\$75 value) With purchase of 1 month, good with initial consultation. Expires 2/7/08. Not to be combined with any other offer.



Call for info:

619-667-3638

Free 8-week weight loss support group

- Motivating
 - CaringUplifting
- For our weight loss patients. Regular price \$400.

Robin Scher, Ms

Licensed Marriage and Family Therapist

Downtown: 619.398.2924 • Chula Vista: 619.585.3750 NEW Kearny Mesa Location: 858.560.1911 www.ucprx.com down from L.A. for this. What, you're still here? Tacos Salceados, 30-A Avenida Ermita—Norte, Fraccionamiento Santa Cruz La Mesa, near Calle Barburias del Mar, off Agua Caliente Boulevard, Tijuana. No phone.

El Carrito

Charming ex—San Diego streetcar is now a restaurant in Barrio Logan. This is not smart, and it's not in a smart part of

town. That's partly why it's so great. Go for the fish tacos, or if you've got bread, the breaded shrimp or fried tilapia. Mainly, go to catch the atmosphere of San Diego, circa 1890. This wagon has been off its wheels and serving food since 1948, when Detroit's campaign to destroy light rail in San Diego won out. El Carrito is currently closed for redecorating. It will reopen on February 15. El Carrito,

2154 Logan Avenue, Barrio Logan.

El Indio

Some folks say El Indio sucks and that it survives on its reputation as just about the oldest taco place in town (it started in 1940) and as the inventor of taquitos. They say it's on the tourist circuit so it's always full of know-nobetter turistas from Kansas or the cruise liners docked for the day. Or else it's great-aunts bringing great-nephews and nieces to show them

where they hung out when they were kids. Or else, politicians coming to press flesh and be seen in Latino settings. I dunno. Maybe I'm a sucker for history and atmosphere, but I kinda like the place. Actually, I kinda love the place. It's your grandpa's San Diego, alive and well, and not pandering to the more sophisticated, "contemporary Mexican" tastes of our smarter age. Just think. This is an original tortilla factory. One of the first. And the guy, Ralph Pesqueira Sr., the present owner's dad,



invented the damned tortilla-making machine that still cranks 'em out every morning. Not only that, Ralph invented taquitos. Maybe San Diego's greatest culinary invention ever!

So when I find myself up at the top of India Street, I at least get a bag of El Indio's homemade tortilla chips and three or four salsas. Dammit, these muchhyped chips are good. No, great. Rough, salty. You see tables full of people sounding like firecrackers, eating nothing but, with a couple of the salsas, which also don't suck. The taquito, of course, is a must. Tightrolled, deep-fried, with shredded lettuce and beef or chicken inside. Or how about those *mordiditas*, bite-sized, chopped-up taquitos covered with nacho cheese and slices of jalapeños? Wicked. Cholesterol City, probably, but go-o-od. Also, their fish tacos are at least as

tasty as fish tacos at Rubio's, and their shredded beef tacos are fine. 'Course, you need time. It's always been crowded. The only difference between eating now and eating 50 years ago is they have plenty of inside eating space and a new fountain courtyard outside. But stuffing your face under the trees on the breezy traffic island can't be much changed, apart from that river called I-5 whisking between you and the bay. **El Indio Mexican** Restaurant, 3695 India Street (at Winder), Midtown, 619-299-0333.

Tacos El Gordo

There might not be a better place than here to explore the outer reaches of tacodom. El Gordo ("the Fat Guy") is bright and clean, with direct connections to Tijuana, where Gordo's has been famous for 30 years. So you can always get adobada (pork) and carne asada, but hey, at some point we gotta break out of the kid's pen, right? And here's the perfect spot. Wall menu's nice and simple. And tacos are good and cheap. This is where you learn that everybody else in the Americas uses far more parts of cows and pigs than we do. For one good reason: these parts are good and make you smarter. (That's the theory.) So start at the front end, with a taco de cabeza (slivers of flesh off the



*895/MONTH • 1ST MONTH FREE! • IMMEDIATE HOOKUP - FREE! • DESIGNED FOR BUSINESS OR PERSONAL • YOUR OWN PRIVATE PHONE NUMBER • REPLACES YOUR ANSWERING SERVICE • FAX TO E-MAIL SERVICE AVAILABLE • NATIONWIDE 800 #\$ / 6.9¢ PER MINUTE VOICE MAIL DEPOT, INC. 1-800-309-8888 WWW. VOICEMAIL DEPOT. COM



5.125% 30-year fixed.* Refinance now!

Also specializing in first-time home buyers and foreclosures.

- Self-employed No income verification
 - Credit problems Free prequalify

Call 7 days a week. **Jaydee Schiller: 619-988-1977**

1st American Mortgage and Realty, Inc.

E-mail: info@firstamericanmortgagelenders.com www.firstamericanmortgagelenders.com California Dept. of Real Estate CA Broker Lic. #01185526



*OAC. Based on \$417,000 or less. Terms and restrictions may apply Rates subject to change without notice. APR 5.4786%



Toll-free: 866-779-8431

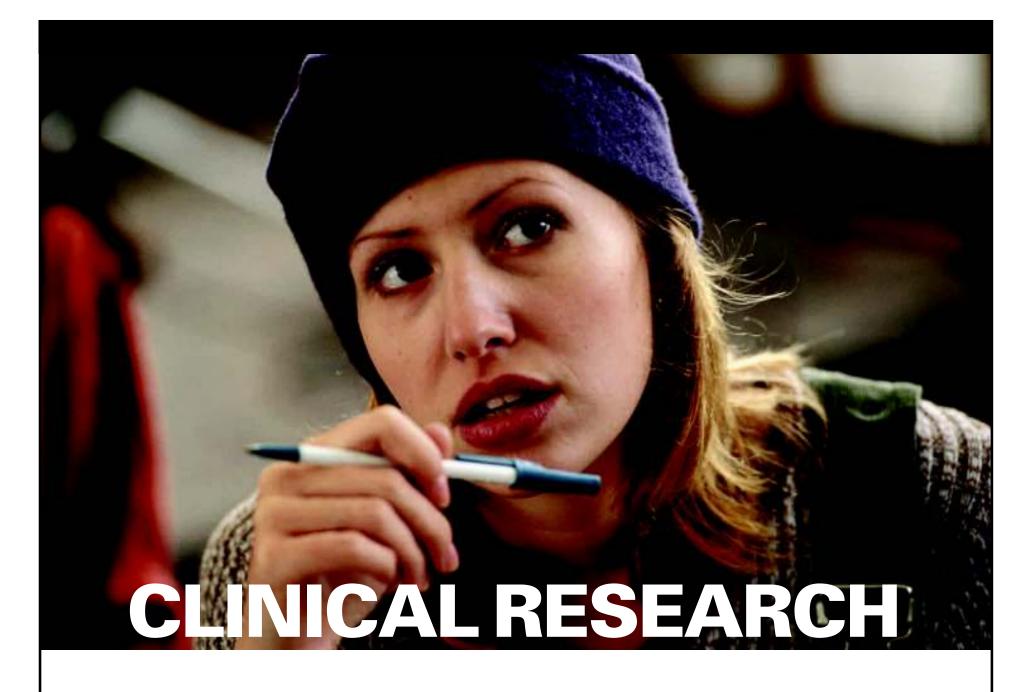
www.safecaaccess.com

Installed at your home or office!



1-866-887-6785

San Diego Reader January 24, 2008



BIPOLAR DISORDER

DEPRESSION SCHIZOPHRENIA Researchers at Sharp Mesa Vista Hospital are currently enrolling men and women into inpatient and outpatient studies.

Eligible participants may receive all study-related care at no cost, and may be reimbursed for time and travel.

Participation is confidential and trials are safely conducted under the supervision of experienced physicians and research specialists.

To learn more, please call the Sharp Mesa Vista Clinical

Research Center at (858) 694-8350.



FREE Demonstrations Feb. 10-22 to see if this new PEMF technology works for you. If you suffer from chronic pain, arthritis, MS, osteoporosis, fibromyalgia or more

call: 619-543-1061

$BOTOX^{\$}$ as low as \$5.40/unit

BOTOX injections take as little as 15 minutes and last 3 to 9 months. **\$8 per unit** for first area, **\$6 per unit** second area, **\$5.40 per unit** third area introductory price (25 units per area). Results may vary.

Call 619-543-1061

Medical Marijuana

WARNING: ID Cards issued by Health Department are the only ID cards recognized by law enfor

Legitimate and affordable. Dr. Sterner has 10 years' experience working with medical marijuana patient needs.

For 24-Hour Recorded Information Please Call: 619-442-4215



Save 10% with ad. Expires 1/30/08. For weight control. New patients only.

Lose Weight as low as \$10/day

We have new and innovative **medications** and regimens to help you lose weight without depleting your body of the nutrients it needs and help you feel satisfied: **bioidentical hormones**, lifestyle and nutrition training and **vitamin B-12 injections** are important contributors to your well-being and helpful in increasing your energy, heightening your meta-bolism and feeding your nervous system. Let Dr. Sterner develop an individualized program just for

Call: 619-543-1061

Central Location



www.antiagingarts.com



Medical Center & Weight Control Medical Clinic 1516 W. Redwood St., Ste. 105 San Diego 92101

Robert F. Sterner, Jr., MD Serving San Diego Since 1984



Research Opportunities

Are you overweight? Do you have elevated blood pressure?

Dr. Robert Henry and his associates at the VA San Diego Healthcare System/UCSD are currently conducting a research study on Losartan Potassium compared to placebo and its effects on insulin sensitivity in people who are overweight and have elevated blood pressure.

You may qualify if you are:

- Male or female between the ages of 18-75
- Currently have mildly elevated to high blood pressure and are being treated with at most one high blood pressure medication
- Non-diabetic with impaired fasting glucose (blood sugar)

Participants will receive a medical screening at no cost by board-certified physicians and have the option to enroll in a research study after screening. Compensation up to \$800 will be provided to participants who qualify for the research study.

If you are interested please call:

(858) 552-8585 ext. 6740

cow's head), lengua (tongue), uh, sesos (brains), buche (pig's stomach), tripa (intestines), and suadero (a kind of steakette of meat from the breastbone). Yes, they (and tacos such as the Azteca, with cactus and grilled beef) are an acquired taste, but I found things I, uh, liked, after a bit. For instance, the cabeza tastes a little nutty, the sesos have a sweet edge, and the Azteca's cactus gives the grilled beef a prickly-yet-mellow taste. But it's also good here because the atmosphere is bubbling and happy. Lots of customers, families with giggling kids, old guys, workers on their way home. It feels homey, even if you're not at home with what you're eating yet.

Hey, we live on the border. This is the upside. It's adapt or die of burger boredom. Tacos El Gordo, 1351 Third Avenue (at Third and Palomar), Chula Vista, 619-424-7465.

El Francés

If you go by the crowds who seem to turn up hungry every night, the Frenchman has to make some of the better tacos in Playas de Tijuana. He's been famous here for 25 years. But what he's most admired for is his tongue tacos. Tacos de lengua. It's a way-big deck-fronted place on a street not far from the ocean, with a ceiling of brick arches rippling back like waves and a bent Eiffel Tower as the *A* in the El Francés sign.

It's always crowded, specially later, around nine at night. So swing your buns aboard a stool at the red counter amid the chop*chop-chop* of the cooks' cleavers and the smells of pork and cilantro. The menu lists asada, adobada, cabeza (cow's head), suadero, tripitas (tripe), and lengua (tongue). Order taco de lengua. Come on now, you've got to try it sometime. Maybe you shouldn't fix your eyes on the foot-long lumps under a red-and-white checkered cloth. Cow tongues. They go through ten every night. As soon as you order it, one of the half-dozen cooks will flap the cloth open and plonk a tongue on the chopping block. *Chop-chop-chop*. He passes a plate of

RESEARCH STUDIES

Now Enrolling:

Clinical Research Study for Adults with

Partners Diabetes Type 2 Diabetes

Between 18 and 77 years of age
 Currently taking Metformin or Glucophage

You may be eligible to participate in a global clinical research study.

Participants may receive study-related medical care, study medication, laboratory work, and evaluations, at no cost.

To learn more about this study, please call Ritchken & First M.D.'s Donna Perez at: 858-292-0108 x207 All calls are confidential

MBI02014

Do you have psoriasis?



If you are age 18 or older and have moderate to severe psoriasis, you may be eligible to participate in a new research study testing an experimental drug for psoriasis. Please call or e-mail MedDerm Associates to see if you qualify.

Do you want clear skin?

You may be qualified to participate in a research study at MedDerm Associates.

For more information, call MedDerm at: (619) 542-0013 or visit our website at: www.medderm.net



Depression

steals more than your mood, it robs you of life's pleasures.

Are you between the ages of 18 and 55 and finding life hard to tolerate? Has your energy and motivation to enjoy your life decreased? Do you find even simple pleasures empty? If so, you may qualify to try an investigational medication being studied for depression.

California Clinical Trials has been assisting the pharmaceutical industry with finding new medications for depression. Every study conducted by California Clinical Trials is staffed by a team of skilled and experienced, caring physicians and medical professionals trained to place your comfort and well-being first.

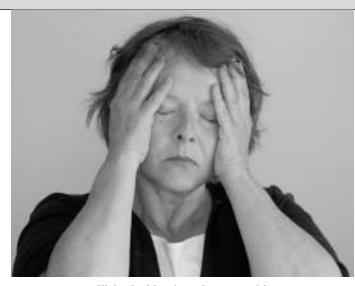
If you participate, there is no cost to you...instead:

- You receive up to \$500 for your participation.
- You receive no-cost research study medication and medical care.
- No reports are made to employers, schools, or insurance companies.



858-571-1188

Toll-free 800-571-1188 www.cctstudy.com



We're looking for volunteers with

Migraine Headaches

If you are between the ages of 18 and 65, in good health and suffer from an average of 2 or more migraines monthly, you may qualify to try an investigational medication being studied for the treatment of migraine headaches.

Every research study conducted by California Clinical Trials is staffed by a team of skilled and experienced physicians and medical professionals trained to place your comfort and well-being first.

If you participate, there is no cost to you...instead:

- You receive \$250 for three study visits.
- You receive no-cost study-related medication and medical care.
- No reports are made to employers, schools, or insurance companies.



858-571-1188

Toll-free 800-571-1188 www.cctstudy.com



Do You Have Insomnia? Are You Taking Ambien?

California Clinical Trials is conducting a research study to determine if an investigational medication can be used to help patients stop taking Ambien.

Every study conducted by California Clinical Trials is staffed by a team of skilled and experienced physicians and medical professionals.

If you participate, there is no cost to you...instead:

- You may receive up to \$500 for your time and travel.
- You receive investigational study medication and study-related medical care.
- No reports are made to employers, schools, or insurance companies.



858-571-1188

Toll-free 800-571-1188 www.cctstudy.com



Are You A Night Owl Who Can't Fall Asleep Till Midnight (or Later)?

Who me? Yes, you, the one who is up most of the night.

Have trouble getting up early in the morning?

Feel like you could sleep all day and should say, "who, who" all night?

If you are healthy but have chronic problems falling asleep before midnight, you may qualify for a research study in our state-of-the-art sleep clinic and receive an investigational medication for poor sleep.

Every study conducted by California Clinical Trials is staffed by a team of skilled and experienced physicians and medical professionals trained to place your comfort and well-being first.

If you participate, there is no cost to you...instead:

- You may receive up to \$2600 for time and travel.
- Receive no-cost study-related medication and study-related medical care.
- No reports are made to employers, schools, or insurance companies.



858-571-1188

Toll-free 800-571-1188 www.cctstudy.com



Do you have eczema?

Has anyone you know ever been diagnosed with Eczema Herpeticum or had a bad reaction to the smallpox vaccine?

The ADVN with the UCSD Department of Dermatology has active research studies and is enrolling patients with Atopic Dermatitis, Eczema Herpeticum, Psoriasis, and healthy control subjects. Financial compensation is offered to eligible participants. This NIH-sponsored study typically involves only a single visit, which includes a questionnaire, examination, and blood draw. Especially needed are people of African-American genetic heritage, although anyone with Eczema Herpeticum is encouraged to contact us.

ADVN

Atopic Dermatitus Vaccinia Network

Please contact for more details, and spread the word.

858-657-8390

ucsddermstudies@gmail.com

slightly vinegary cucumber slices along with your steaming, seasoned corn tortilla tongue taco. Seriously, the squishiness takes a bit of getting used to, but it's good for you, and you'll see a great improvement next time you have to make a speech (kidding). Reward yourself with a truly delicious adobada taco from the huge spit of flaked, redskinned pork that rotates in front of roaring gas flames. But maybe what you'll remember most is the atmosphere: cooks chopping, girls peeling onions, waiters yelling orders, and neighbors you can't help chatting with. Either language. This is Playas. It's a trip, and it's worth the trip. Tacos El Francés, Paseo Playas de Tijuana #2553, Costa de Oro, Playas de Tijuana (and two newer branches elsewhere in Tijuana).

Kentucky Fried Buches While you're across the line, check out Kentucky Fried Buches, an interesting, modest place that sells deep-fried chicken necks - yes, necks - and corn tortillas and cilantro and salsa, so you can make up your own chickenneck tacos. (Buche usually refers to the stomach lining, but in chickens it refers to the neck.) Till recently, these guys bought necks by the thousands from El Norte and cooked them up here, 'cause it seems the U.S. doesn't eat chicken necks. Now they get them from Monterrey, Mexico. Quality's improved. They're surprisingly scrumptious. You can eat them like corn on the cob

idea in 1963. They say they're the only chickenneck joint either side of the line. Juan Manuel says they get plenty of customers from San Diego (maybe because it's in the Zona Norte — — which is peppered with ladies of the night and nightclubs). But hey, Juan Manuel says Tijuana's new mayor, Jorge Ramos, finished his campaign here, César Chávez once ate here. So did Charles Bronson and Cheech Marin, while they were filming in TJ. And if you can't make it this time, try and make it necks time. Kentucky Fried Buches, 670 Avenida Constitución, Zona Norte, Tijuana. No phone.

El Porvenir

If there's one tortilla factory older than El Indio, this is it. This place has been serving tacos and burritos nonstop since...(drum roll,

RESEARCH STUDIES

or haul off the flesh and

three generations the

Escoto family has been

running the eatery, since

María came up with the

the grandparents José and

make up tacos from it. For



Do You Suffer From Recurrent Genital Herpes?

We are conducting a research study with an investigational medication to see if it helps reduce the healing time for genital herpes outbreaks.

To qualify, you must be at least 18 years of age, medically diagnosed with genital herpes, and be in good general health.

Qualified participants will receive:

- Study medication Laboratory tests
 - Study-related physical exams
- Compensation for time and travel

For more information, call: 619-521-2841

Medical Center for Clinical Research

ATTENTION HEAVY DRINKERS

What if...
Your New Year's
Resolution
was powered by
scientific research?



Stop Drinking!

Find out if you qualify for a research program that may help you stop drinking and start the new year right!

For more information and to find out if you qualify, please call: 858-784-STOP (7867) or visit our website at: www.pearsoncenter.org

please)...1918! That's, what, 90 years? Four generations? Whole lotta tacos goin' on. They must have been doing something right. And they sure got the right name (El Porvenir, "the Future," named after El Rancho Porvenir, a spread down Guadalajara way). It's a little one-story shoebox of a building that has been freshened up but still looks as if it has been going 90 years straight. The old wide-board timber siding is intact, the window grilles must have been keeping out the bad guys for decades, and the open kitchen sports a "new" tortilla machine they say is 60 years old. (Before that, tortillas were made *a mano*.) One thing you know: they're fresh. The morning ladies turn out 30 to 60 dozen of the little Frisbees every day, according to Rudi Garcia, who runs the place. "People have come from as far as Oceanside, Arizona, Tacoma for regular sup-

plies of our tortillas," he says. They make only one kind of taco, the \$2 carnitas. And basically you get tortilla and carnitas (pork cooked in its own juices and fats). They're rich and satisfying. Two will fill you plenty. Get a bottle of Sangria Señorial grape juice to go with it. Gives a winey taste to the whole experience. Only \$1.25. You sit on orange Formica benches or at green plastic tables. Four tables in all. Art on the gray brick and cream walls is pretty much one large faded picture of the





Is your current Anxiety medication not working?

Are you

- Currently taking one of the following: Cymbalta, Lexapro, Paxil or Effexor for the treatment of Generalized Anxiety Disorder?
- · Still feeling nervous, tense or "on edge" most of the time?
- · Still having trouble sitting still or finding it impossible to simply relax?
- · Between 18 and 65 years of age? · In overall good health?

If you answered yes to all of these questions, you may be eligible for our investigational drug research study. If you qualify and choose to participate, you will receive physician consultations, study-related medical examinations, laboratory evaluations and follow-up visits at no charge. You may receive study medication to be used in addition to the Generalized Anxiety Disorder medication you are currently taking. Health insurance is not required and compensation for time and travel is provided.

For more information about this study, please contact:

(619) 688-6565

or visit us online at: www.ari-inc.com





Tired of the weight? A Type II diabetic?

Are you:

- · A Type II diabetic?
- · In overall good health?
- · Currently suffering from obesity?
- · Between 18 and 70 years of age?
- · A non-smoker for at least 3 months?

If you answered yes to all these questions and are available for study-related visits for a year, you may be eligible for our investigational drug research study. If eligible, you will receive medical evaluations, including blood tests and electrocardiograms, nutritional counseling, investigational medication treatment, and visits to the clinic at no charge.

For more information about this study, please contact:

(619) 688-6565

or visit us online at: www.ari-inc.com





Trouble with dating? Parties? Public speaking?
Starting conversations? Speaking to authority figures?
Always worried about what other people think of you?

Confidential help is available. You may be eligible to

Receive Free Treatment

with computerized therapy as part of a research program.

Call: 619-229-3740 or e-mail: SDSUCUTA@hotmail.com http://nas.psy.sdsu.edu

CENTER FOR UNDERSTANDING AND TREATING ANXIETY

6386 Alvarado Court, Suite 301, San Diego



Is your Schizophrenia medication making you heavy?

If you have been diagnosed with schizophrenia and would like to participate in a study that monitors weight, you might consider participating in a medical research study that is studying an investigational drug for schizophrenia.

You may qualify if you are:

- · Diagnosed with schizophrenia · Between 18 and 65 years old
- $\boldsymbol{\cdot}$ Have taken Zyprexa (Olanzapine) or Risperdal (Risperidone) for the past 3 months
- $\boldsymbol{\cdot}$ Have not been hospitalized for schizophrenia in the past 3 months

Those who qualify will receive study-related procedures, such as physical exams, laboratory tests, and study medication.

For more information about this study, please contact:

(619) 688-6565

or visit us online at: www.ari-inc.com



Anxiety?

If you are troubled by worries, tenseness, difficulty sleeping or concentrating, you may be eligible for



Difficulty Sleeping?

Restless/Tense?

Difficulty
Concentrating?

free treatment

as part of a clinical trial of a computerized treatment program for generalized anxiety disorder at the San Diego State University Psychology Department.

Center for Understanding and Treating Anxiety Call: (619) 229-3740

http://nas.psy.sdsu.edu



Not sleeping?

Are you:

- · Having trouble falling asleep?
- · Having trouble staying asleep through the night?
- Between 18 and 64 years of age? In overall good health?

If you answered yes to all of these questions, you may be eligible for our investigational drug research study. If you qualify and choose to participate, you may receive study medication and you will receive study-related physician consultations, study-related medical examinations, laboratory evaluations and follow-up visits at no charge. Health insurance is not required and compensation for time and travel is provided.

For more information about this study, please contact:

(619) 688-6565 or visit us online at: www.ari-inc.com



Virgin of Guadalupe. Morning and lunchtime crowds don't notice. They're here for the carnitas; admittedly, mainly for the burrito version. But better grab that taco while you can. 'Cause guess what could be the undoing of El Porvenir? Progress. East Village is creeping south. The winds of change are coming, and property is being snapped up. "They're starting a bunch of condos next door," says Mr. Garcia. "Right where the school ice cream vans were stored." Would he sell? Mr. Garcia runs the place. He doesn't own the property. But he says he doesn't doubt the owners would, "if the price is right." Has the Future's time passed? Say it's not

so. El Porvenir Tortilla Factory, 1786 National Avenue (at Beardsley), Barrio Logan, 619-702-2445.

Pokéz

There must be other downtown places where sproutsies (that's vegetarians, to you carnivores) can pick up meat-free tacos, but none that are more into it than Pokéz. These guys are serious vegetarian/vegans, Mexican style. Rafael founded Pokéz 14 years ago, when he was 18. A wooden Aztec-looking dude on a skateboard stands right inside holding the menus, telling you to wait to be seated. No one seems to bother. The food is mostly vegetarian, according to the menu,

with no lard used, and beans and rice are low in sodium and also 100 percent vegetarian, and the place says it uses organic as much as it can. They also do meat dishes, but their three main veggie/vegan tacos (the difference is cheese or no cheese) fill vou plenty and taste fine, with lots of salsa. The one most full of stuff is the tofu potato mushroom taco, but the Veggie, mainly beans and salad, is delish because it comes in a bubbly crispy tortilla. And the potato taco is flat-out yummy, stuffed with mash. They all come with salad, chunks of red cabbage, lettuce, carrot, tomato. Good atmosphere too: lots of black T-shirts, leather, tattoos, heavy

piercing, Dr. Marten boots, red hair, blue hair, hoods. And on the green walls, everybody from Ché to César Chávez, and juke box music going from Diamond Dogs to hip-hop to Johnny Cash, wailing "Sunday Morning Coming Down." Pokéz Mexican Restaurant and Vegetarian Cuisine, 947 E Street (at Tenth), downtown, 619-702-7160.

Ker Little India

Indian tacos? Why not? I mean Indian Indian. This big warehouse that's half grocery, half eatery delivers exotic food in a wrap that's not so different from the tortilla. Head for the buffet. Grab a couple of naans, the round Indian unleavened bread, then have at the amazing selection of fillers, from aloo curry that's potato — dal (lentils), chholle (garbanzo beans), "baingan ka burta," a delicious, smoky-tasting roasted

eggplant dish, mixed vegetable curry and, heck, three or four more. Just stuff them in the bread, and — presto! Instant tacos! And the amazing thing is, they are all vegetables. Some smoky and roasted, others yogurty, others nutty. Just how you'll feel when you stagger out. Ker Little India, 9520 Black Mountain Road, Mira Mesa, 858-566-5522.

La Taquiza de Tijuana

What salsas are you supposed to put on what tacos? A catering truck down at the bus and trolley stop on Iris Avenue in Otay Mesa has been a sort of salsa school for me. Taquiza de Tijuana is also an expansion of a Tijuana-based food truck "chain." One of my alltime favorite street places. It's open nights. Only nights. And the number of times I have just missed a bus or trolley here, I get almost pleased, because that gives me the

opportunity to cross Iris and head for the lights under the white canopy. It's strung up beside a big catering wagon in what's a recycling yard by day. When I first used to go there, clouds of smoke and incredible smells would billow out from under the canopy. A girl would be tossing flaps of meat on a charcoal grill set up beside the truck, and the fire would crackle and sear the beef and warm a traditional olla, a decorated, brown ceramic pot sitting on top of the grill, with a mess of beans — frijoles de la *olla* — simmering inside. And beside that, a plate piled high with sautéed onions and jalapeño peppers.

Then good ol' health department authorities came by and ordered Taquiza to cease and desist from cooking outside, because, uh, duh, well, it could harm someone. Even though it's okay for permanent bar-

RESEARCH STUDIES

SCHIZOPHRENIA SCHIZOAFFECTIVE BIPOLAR DISORDER MAJOR DEPRESSION

We may currently or in the future have inpatient and outpatient research studies involving investigational medications for the conditions listed above.

Qualified candidates will be reimbursed for time and transportation (\$50 for each inpatient hospital day and up to \$100 for each outpatient visit).

For more information, call: **858-566-8222**The California Neuropsychopharmacology Clinical Research Institute, LLC "CNRI, LLC"



Do You Get **Anxious**in Social Situations?

Do you:

- Get very **NERVOUS** around people?
- **FEAR** being the center of attention?
- AVOID going to social events and meeting new people?

If you answered **YES** to any of the above, you may be eligible to participate in an experimental research study comparing several study drug options for social phobia. Medical assessment and clinical care are provided.

For more information, please call

1-877-UCSD-SHY (1-877-827-3749)

Or e-mail: veryshy@ucsd.edu



Contact information: If you are interested in obtaining more information about this research study, please contact:

UCSD Pediatric Pharmacology Research Unit (PPRU) Rosalinda Cruz, CMA, CCRC 619-497-2100 (office) 858-735-5732 (pager)

Pediatric Research Study

Does your child have "Pinkeye"?

UCSD is conducting a clinical study using an antibiotic eyedrop for "Pinkeye" (bacterial conjunctivitis).

Your child may be eligible to participate if he or she:

- Is between the age of birth to 31 days old
 Has "Pinkeye" (bacterial conjunctivitis)
- Is in good general health

Study participation offers the following at no cost:

- Study medication (eyedrops)
- Physical and eye exams
- Vital signs (heart rate, respiratory rate, temperature)
- Vital signs (heart rate, respiratory rate,
 Compensation for your time and travel

Multiple Sclerosis Patients

Paid \$150 for 1 hour

Plaza Research is conducting a research to learn more about the treatment and management of patients with MS. For a 1-hour interview at our office, you will be compensated \$150. For more information and to see if you qualify for our research on **February 1**, please call us today as space is limited.



(858) 200-3000

becue places to barbecue outside. Whatever. Now they have to do all that in the truck, and it has taken away a big chunk of character and a bit of the Mexican soul, though the tacos are just as good.

So always, I go for an adobada (or al pastor, same thing, marinated pork) or carne asada. Then head for the salsas and other add-ons on the rack set in the side of the truck. For months I freelanced, trying one salsa, then the other. Finally, I asked María, the lady who takes the orders at the cash register (set up on a shaky stand under the cook's sliding window). María more or less took me by the hand to where the salsas sat for Salsas 101.

"This salsa de árbol is for your adobada," she said, pointing to a bright red salsa. She said the árbol ("treelike") woodystemmed chile starts

bright green, matures to bright red, and will make you the same color if you glop too much on.

She pointed to a brown salsa. "And this salsa de chile chipotle is good with beef. The salsa verde [green salsa, made with green tomatillos and serrano chiles] is good for lengua [tongue] and cabeza [cow's head] tacos. It doesn't overpower their more subtle flavors."

Such a feast for the price. You sit at any space at the three tables, huddling together with strangers, eating out in this little puddle of light in the darkness. It makes for good conversation. La Taquiza de Tijuana, 3171 Iris, at 30th, by Iris bus and trolley station, Otay Mesa. No phone.

Mariscos los Paisas

Of course, right across the recycling lot from Taquiza is my other favorite place, another

canvas canopy beside another catering truck. This is different in two ways, and similar in one. It operates only through the day, and it serves mariscos (seafood). It's a big resource for Saturdaymorning hangover cures. If you don't go to a menudo place, you come here for siete mares (seven seas) or tres rios (three rivers) soups. But most of the time you come for tacos. Their shrimp tacos are to die for. First one I had — with a few drops of habanero hot sauce I'd splotted on the shrimp — had to be the most beautiful taco of my life. Lush shrimp, onions, garlic, lettuce shreds, tomato, Mexican cream. Here, on some parking lot, in some secondhand catering van, a Wolfgang Puck was alive and well.

Next thing that happened was this guy next to me called out "¡Paisan!" to the owner.

Do you have small, red, rough spots on your face or scalp?

You may be suffering from Actinic Keratoses or precancerous lesions. If you are at least 18 years of age, you may be eligible for a clinical research study.

You may qualify if you have: 4 or more red, rough and/or scaly spots or lesions on your face or scalp.

Please call University Clinical Trials at (619) 202-0173, to see if you qualify for this study.

Qualified participants will receive study related medical exams, and investigational medications at no cost. Compensation for time and travel may be provided.

Medical insurance is not required for study participation.

RESEARCH STUDIES



ARE YOU AT LEAST 65 AND NOT GETTING RESTFUL SLEEP?

If so, you or a loved one may be interested in a research study of an investigational medication for insomnia in the elderly.

Qualified Participants Must:

- . Have trouble either going to sleep or staying asleep
- . Be at least 65 years of age

Study-related exams, laboratory tests, and study medication are provided at no cost. Qualified participants may receive up to \$2,450 in compensation for time and effort.

For more information on these and other clinical studies, call (toll free)





ARE YOU A NIGHT OWL?

Do you go to bed at a late hour?

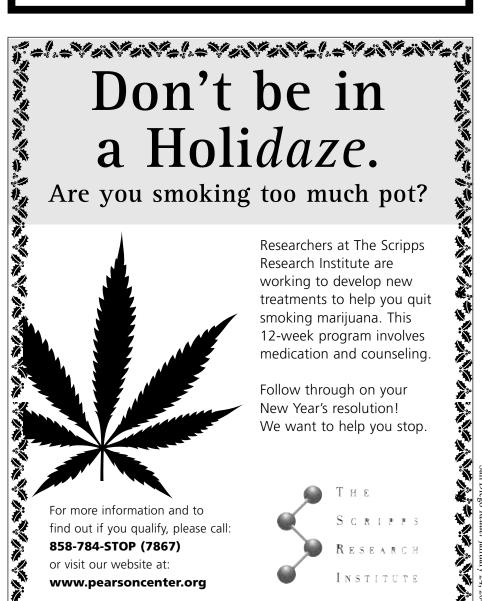
If so, you should know about a research study of an investigational medication for the treatment of **Delayed** Sleep Phase Syndrome (DSPS).

Qualified Participants Must:

- Be 18 and older
- Go to bed later than you would like

Qualified Participants Will Receive:

- · All study-related care, exams and study drug at no charge
- Compensation for time and travel





www.pearsoncenter.org

Are YOU Postmenopausal?

If so you may qualify for a medical research study at Covance.

Covance San Diego is looking for women who are:

- Healthy & postmenopausal for at least 12 months
- Age 40 65
- Non-smoking for at least 3 months
- Able to complete a 6-day/5-night stay, plus 11 outpatient visits

Participants will receive all study-related exams and investigational medication at no cost and may receive up to \$5,000 for time and participation.



9665 Chesapeake Dr., Ste 200 San Diego, CA 92123

Please Reference Study 207547

TestWithTheBest.com or 866-818-3253



El Borrego

"Taco de ancas de rana,

for one too. Great, with

slightly squishy meat

inside the corn tortilla,

but no match for shrimp.

Also good, the fish tacos

and ceviche tostadas.

helps. Mariscos los

Having a little Spanish

Paisas, 3267 Iris Avenue

(at trolley crossroads),

Otay Mesa. No phone.

por favor." He was talking about frog legs. I signaled

You don't usually think of lamb and tacos together. But they do down in the state of Hidalgo, just north of Mexico City. And now they do in City Heights too. The lamb tacos at El Borrego ("the Lamb"), on El Cajon near Fairmount, give you the concentrated flavor of beautifully moist lamb meat that doesn't need a whole bunch of add-ons. It's already been cooked

barbacoa-style, wrapped in maguey leaves and steamed slowly for ten or more hours. The main thing you taste, apart from the lamb itself, which is subtle but a bit like goat, is the tequila-like flavor of the maguey (agave) plant. And Rodnia Navarro and her mother also make a nice play on the flavors with their rolled tacos filled with lamb barbacoa plus Mexican sour cream, cotija cheese, and rice. Plus, you're eating it all in this bright orange and yellowwashed place with sarapes and art on the walls and large Mexican dolls in niches. El Borrego seems to be part of a new wave of places that don't give in to the clichés of your average Mexican eatery. El Borrego, 4280 El Cajon **Boulevard (not far west** of Fairmount), City Heights, 619-281-1355.

El Comal

The El Comal phenomenon was started by Luz Herrera Ibarra, a determined ex-biology teacher from Acapulco. What she was determined about was not ever to cook the watereddown "border" version of Mexican food she believed most of us were getting here in Diego. So about ten years ago, she opened a "little whims" place. That's the translation of antojitos. Okay, appetizers. They're all kinda tacolike: different ways of wrapping food with tortillas. Mulitas, huaraches, gorditas. That's "little mules," "sandals," and "little fatties."

Mulitas are a Tijuana specialty, two tortillas, with carne asada or pork or chicken inside and melted cheese and guacamole, like a mule carrying a big load on his back. Huaraches are long, oval, sandal-shaped tor-

RESEARCH STUDIES



Are you a night owl?

Do you go to bed at a late hour? If so, you should know about a research study of an investigational medication for the treatment of Delayed Sleep Phase Syndrome (DSPS).

Qualified participants must be 18 and older and go to bed later than you would like.

Qualified participants will receive all study-related care, exams and study drug at no charge. Compensation for time and travel up to \$3,200.

For more information on this clinical study, please contact Pacific Research Network: 619-294-4302 or www.prnsd.com

PRN PACIFIC RESEARCH NETWORK

Call: 619-294-4302 • www.prnsd.com

SCHIZOPHRENIA

Is your current medication working?

If you're taking Seroquel® and have experienced a return of symptoms, you may want to consider participating in a clinical research study.

This study is evaluating an approved medication to see if it may provide control of schizophrenia symptoms and to evaluate its effect on weight.

Seroquel® is a registered trademark of Astra-Zeneca.

Do you qualify? You may qualify for this study if you:

- Are between 18 and 55 years of age
- Have been diagnosed with schizophrenia
- Have experienced a return of symptoms after taking Seroquel® for three months or more

All study-related care and study medication will be provided at no cost for up to eight months.

Please call: 1-888-619-7272



SYNERGY CLINICAL RESEARCH CENTERS

Health & Beauty Coupons at SDReader.com!

Here's a small sample to get you inspired!

\$10 off any 1-hour spa service



Treatment facials, gentlemen's facials, body wraps. body polishes, waxing, Brazilian waxing, couple massage, massage therapy, day spa packages. Offer expires January 31, 2008, Expiration dates are renewed the last week of each month



Everyone, including men, enjoys our inviting and comfortable sanctuary. Private spa parties available for birthdays, showers or any event.

325 West Washington Street, Suite 4, San Diego, 619-293-3093

Reader Coupons 619-235-3000

One month unlimited yoga!



1 month for just \$50 (save \$80). Offer is valid 1 month from the 1st class attended. Non-transferable. Not valid with other offers. Must present coupon at time of 1st class. First-time students only. Offer expires January 31, 2008. Expiration dates are renewed the last week

Yoga One has been voted "Best Yoga" in San Diego for the past four years. We offer many styles of yoga including: vinyasa flow, flow, classic Hatha, pre-natal, yoga for backs and beginning yoga.

1150 7th Avenue (between B & C Streets), Downtown, 619-294-7461 www.yogaonesandiego.com

\$55 off initial fees



Lose 18 pounds in 4 weeks. Call for details. Many medications available. Offer expires January 31, 2008. Expiration dates are

A Doctor's Weight Loss Clinic

Managing weight loss since 1972. Individual weight loss may vary. All clinics individually operated. Clairemont: 858-279-7060, El Cajon: 619-440-8171, Carlsbad: 760-721-7088, Chula Vista: 619-476-0060

5 locations to serve you. See website. www.4weightclinics.com

Reader Coupons 619-235-3000

3 spa treatments \$149



Choose from: massage with salts and oils WORLD SPA. facial, body bronzing, or clay or seaweed body wraps, in our outdoor/indoor tropical paradise Includes use of sauna, steam room and spa-(20% gratuity not included.) Offer expires January 31, 2008. Expiration dates are renewed the last week of each month

World Spa

Other services include: Tibetan products and treatments • Shankara Ayervedic • Hair/nail/toes Microdermabrasion MD • Facials/body treatments • Body and facial waxing specials • and more!

4636 Park Boulevard, San Diego, 619-624-0506

Reader Coupons

A Day Spa \$10 off any 1-hour service

A Doctor's Weight Loss Clinic \$55 off initial fees A Dream Smile **ZOOM! & teeth whitening \$199**

Action Recovery 10% off detox program Adam & Eve Skin Care Eyelash extension \$150

Ageless & Beautiful \$500 off Vaser LipoSelection

Agua Bella Buy 3, get 1 free

Aqua Day Spa Body scrub and massage \$90

Arena Eyeworks Opt. Contacts—exam, 6-mo. supply \$139

askforhypnosis.com Free custom hypnosis CD

Bare Skincare \$25 Brazilian wax

Beautik Salon Free haircut with purchase

Beauty by Judy 15% off any purchase

Bee Tan Salon Free Magic Tan

Bella Pelle Medical Spa **\$25 off treatment**

Body Wise Yoga Studio **\$10 off yoga class**

Brazilia Skin Care La Jolla Brazilian bikini wax \$35

Carole & Debi Hairstylists Free designer haircut (\$45 value)

Center for Age Management \$50 off any service

Chesaray's Touch Massage **Sports massage \$59**

Chula Vista Yoga Center 10 days of yoga \$10

Coastal Dental Arts \$1,000 off Invisalign

Continuum Aesthetics 10% off any service

Cosmetic Laser & Skin Rejuvenation Botox \$9 per unit

Delicate Dental Arts Teeth cleaning, exam and x-rays \$89

Derm Aesthetics Free medical microdermabrasion

Dimension Salon <u>1/2 off chemical services</u>

enigma. professional piercing \$5 off body piercing

Extreme Smile Makeover \$1000 off Invisalign

Face Beautiful \$500 off Rhinoplasty

Family Dentistry Free teeth whitening Dr. Rabinder Gill **\$199 ZOOM! Advanced Power** Global Laser Cosmetics Free facial or microdermabrasion Global Laser Vision Standard LASIK \$697 per eye

Glow M.D. Skin Care Free underarm laser hair removal pkg.

Hair Addictions **Eyelash extensions \$30 off**

Dr. Robert M. Howard Eyecare Plus 6 pr. contacts for \$149

Junior Ibarra 20% off haircut

I.C.E. Spa Free brow wax

iTan **\$49.95 super specials**

JCPenney Contact lens exam \$79

Jennifer Salon and Spa **\$5 off any spa package**

Karie Hayden & Associates 20% off contour wrap

Kayou Clinic 2-for-1 laser treatment Knotstop 1-hour massage \$49

La Jolla Cosmetic Laser Clinic 20% off Thermage®

Life Medical Spa 20% off Fraxel II

Dr. Michael Goldsmid Optometry \$20 off eye exam

Hair by Don-Paul Hofherr 15% off retail hair products Farnaz Haroon, DDS ZOOM! Advanced \$269

ILHT \$500 off hair transplant

Indigo Salon 20% off any service

Indulge Skin Care \$70 IPL Fotofacial

Inner Balance Massage 1-hour massage \$50

Inner Balance Skin Care **\$45 Microdermabrasion**

Inside-Out Free Mesotherapy treatment

Jezebelle Day Spa Body wraps \$52

Karo's Salon Permanent eveliner \$99

Robert Kearney, MD \$100 off Botox/Restylane

L.J. Center for Facial Plastic Surgery Botox Tues. 20% off

La Jolla Hair Clinic 50% off hair replacement

Laser Clinique \$100 off Juvéderm

Lasting Beauty 20% off permanent makeup

LifeWalk 25% off weight loss system

Lucky Spa \$20 off 1-hour massage

Philip Levy, OD \$25 off eyeglasses

Massage Envy 1-hour massage \$39 Medi Mar \$10 off medical marijuana evaluation

Mesa Family Dentistry \$500 off Invisalign

Mind Body Partnerships **Spa package \$179.99**

Howard Milstein, MD, & Associates Laser hair removal \$95

Murphy Frazier Chiropractic \$25 off any treatment

My Nails & Skin Care Day Spa Refresh body spa pkg. \$150

Naomi Spa **\$20 off 1-hour massage**

New Look MD 1400 hairs transplanted \$1999

Non-Surgical Spine Care Center Free consultation North County Laser Eye Associates \$500 off LASIK

Optimum Condition 2 for 1 personal training

Oriental #1 Spa \$10 off massage Pacific College of Oriental Medicine Acupuncture \$20

Padilla Family & Cosmetic Medicine **\$50 off Radiesse** Poshé Skin & Spa <u>1-hr. facial, massage or</u>

microdermabrasion \$45

Pretty Kitty \$30 Brazilian wax

Rejúve Med Spa & Wellness \$99 fire & ice facial

The Relaxing Space 1-hour massage \$45

Revive **Shiatsuloxygen experience \$10**

Revive Salon & Spa **\$100 off 1-hour teeth whitening** Revive Yourself Free haircut with purchase of color

or highlights

Ross Med Hair Restoration Free 90-day supply of Propecia

Sabre Springs Dentistry Free dental exam Salon Soulé **\$10 off precision haircut**

Salon D2's Free designer haircut S.D. Skin.net 2-hour facial \$95

S.D. Wax Queen \$25 Brazilian wax

Dr. Selby Contacts & exam \$122

Shumway Cosmetic Surgery **\$50 off Botox or Restylane**

Skin Science \$50 off single hair removal

Skin Trade \$10 off waxing

Soft Touch Dental Zoom 2! \$249

Sonya of London Head-to-toe treatment \$145

South Coast Tan Free Mystic tan

"Spa for One" Sanctuary **\$25 off Micro Dermal Tone trtmt** Spa Urban Retreat Professional Aveda massage \$49

Sport Clips \$5 off MVP haircut

Success Hypnotherapy 50% off hypnotherapy session

Suddenly Slimmer Free chi treatment with any service

Sunshine Dentistry **ZOOM! teeth whitening \$199**

Syner Chi Day Spa IPL Photofacial \$99

Tanya at Salon D² 50% off haircut or \$10 off updo

24 Hour Fitness **7 days of fitness free**

UCP Free week of Medifast food

Dr. Jeffrey A. Umansky \$500 off any major surgery

The Undercarriage Brazilian wax \$35

Urban Skin Care Brazilian wax \$30

Vahl Chiropractic Wellness Center **\$25 off laser treatment**

Vein & Liposculpture Center Microderm. series, 5 for \$250

VIP Salon & Day Spa Two 1-hour massages \$109 Viva Wellness Med. Groups Botox \$59

Dr. Weiss Med Spa 858 Laser hair removal \$189 Wellness & Longevity \$50 off initial consult

West Coast Eyecare \$500 off LASIK "custom"

Won's Acupressure 10% off acupressure World Spa 3 spa treatments \$149

Yoga One 1 month unlimited yoga



Facial Plastic Surgery

San Diego's highest-volume **BOTOX®-providing medical** facility for three consecutive years, 2005, 2006 & 2007

> awarded by Allergan Inc.. the makers of BOTOX®

Specializing in Face & Neck Lifts

- Rhinoplasty (nose surgery)
- Eyelid surgery Endoscopic forehead-lift
- Endoscopic midface-lift
- Otoplasty
- (ear reshaping)
- Fat transfer to
- Laser skin resurfacing
- Chemical peels
- Restylane • Collagen
- Photofacial
- Fraxel
- Thermage

Dr. Amir Moradi

Duke University Trained American Board of Facial Plastic & Reconstructive Surgery For a complimentary consultation: 760-726-6451

2023 W. Vista Way #F, Vista www.face-beautiful.com



tillas from Michoacán. Your traditional campesino would have it with just beans, lettuce, cheese, and onions, but we add lots of things. Luz adds eggs, beef, chicken, cactus, and more. Gorditas are a Mexico City specialty, tortillas piled with, say, mushrooms and meat, fried in the *comal* (a round griddle), topped with Mexican cream and cheese.

Actual tacos are pretty darned good too. You can have the *suave* (soft) or dorado (hard). The soft and hard both come with steak, pork, shredded beef, or chicken. But if you're feeling gringo today, go for the dee-lish potato taco. El Comal, 3946 Illinois Street, North Park, 619-294-8292. Also 262 Third Avenue, Chula Vista, 619-420-3811.

Carnitas Uruapan

Lemon Grove has this wicked place hovering at its city limits, tempting you like the devil. You pass by that smell. Ayee! Carnitas Uruapan, yet another sister of a famous Mexican joint, Tijuana's Carnitas Uruapan, named after one of Mexico's most ancient cities. The owners say they cook "900 to 1000 pounds" of pork here

HEALTH AND BEAUTY



Breast Augmentation

- Liposculpture
- Tummy Tuck
- Botox and Fillers
- Fraxel Skin Rejuvenation

And much more...

On any major surgery booked by January 31, 2008.*

Complimentary consultations!

Financing available.



Jeffrey A. Umansky, MD Certified by the American Board of Plastic Surgery 4150 Regents Park Row Suite 260, La Jolla 92037

888.260.8576 • www.drumansky.com

Fellowship trained by Harvard **Plastic Surgery Professors**

*Cannot be combined with other offers.

New Year Specials

> Liposuction \$2⁵00

Body contours are resculpted by removal of subcutaneous fat. Under local anesthetic. Tumescent with minimal recovery time





Fraxel II sessions for \$2500 \$700 per session

> Laser Hair Removal Call for special packages.

Parvin Pam Mani, M.D., F.A.C.O.G

619-583-7555 • www.sdcosmeticlaser.com

Se habla español. Offers expire 1/31/08.

5555 Reservoir Drive, Suite 208 (by SDSU, off Alvarado Road)

Saturday appointments available on request. Payment plan available.

Botox \$10 per unit. Platinum Award winner.

Fillers

\$50 off second syringe on the same day

Perlane \$449 per 1cc syringe. World's most popular filler

Restylane \$399 for 1cc (reg. \$450). Restylane Platinum Award Winner. \$25 rebate per syringe.

Juvéderm \$349 per syringe (reg. \$450).

Radiesse \$495 1.3cc syringe (long lasting)

Photodynamic Therapy (PDT) \$295 per treatment.

Cellulite Treatment with Velasmooth \$750 for package of 10.

IPL Photo Rejuvenation with Lumenis One \$145

per session with purchase of four sessions.

Pinnacle Award Winner of Thermage Skin

Thermage Body Shape

Shape, tighten and develop a firm body by state-of-the-art technology, **Therma Tip DC**. Minimal downtime,

NXT Thermage with STC Tip only \$2100

900 pulses tip. Skin tightening for face and neck, stomach, thighs, or arms.

NXT Thermage for Eyes with STC Tip only \$1400

2 tips each 225 pulses.

Ask about STC Thermage for hands and lips.

> Labioplasty \$995 by board-certified gynecologist.

Cosmelan Peel

Skin depigmentation for brown spots.





Free eye exam

Complete exam with state-of-the-art diagnostic equipment. No obligation.

\$0 down, 0% interest for 18 months

- Over 40,000 procedures performed
- Intralase All-Laser LASIK
- 4 different lasers on site equals more choices and better treatments

50% off LASIK!

Use your flexible spending account before the end of the year. We'll show you how.



Kawesch Laser Centers 1-888-266-3914

4520 Executive Dr., Ste. 230, San Diego, CA 92121 • 10884 Santa Monica Blvd., Ste. 200, Los Angeles, CA 90025 www.KaweschLaser.com

Free IPL Photofacial*

Restores luminosity to sun-damaged skin. Reg. \$249. Five treatments recommended.

or

Free Microdermabrasion*

Exfoliates dead skin makes skin shiny and beautiful. Reg. \$65.

*A \$10 donation is required which will go towards fundraising efforts for the San Diego Fire & Rescue Dept.

Free treatments are for new patients only. One treatment per person. Offers expire 2/7/08.

Restylane \$449/cc

Fills in lines and wrinkles.

Perlane \$499/cc Fills deep lines and wrinkles.

\$25 Off Restylane and Perlane on Mondays

Botox \$145/area

Smooths wrinkles on upper face.

Polaris \$249 Wrinkle reduction

Combo Microdermabrasion & Ultrasonic Pore Cleanser \$99

Per treatment. Package discounts available

Laser Hair Removal

Per treatment. Package discounts available. Lip & Chin \$79 • Full Back \$299 • Full Legs \$299 Upper or Lower Leg \$149 • Chest or Abdomen \$149

Free consultations.

Must present coupon at time of visit. Not valid on prior purchases. Specials may not be combined with other offers.



Institute for Aesthetic Medicine

9339 Genesee Avenue, Suite 260 (Near University Towne Centre Mall) P. Scott Ricke, M.D., Medical Director

858-678-0220

The California Institute for Aesthetic Medicine, a Medical Corporation.

Saturday and evening

every week. "We're the only ones who do it properly," they say. Fact is, there are two extremely good things about this place: the cooked-in-itsown-juices pork and the frijoles. They slow-cook the pork in lard for three hours. Its own juices give it flavor, so you don't need to add anything except maybe cilantro and a bit of onion. Then, guess what? They cook the frijoles in the same lard. Porky, salty, garlicky, squelchy, melt-in-themouth. The dish looks almost Vietnamese when it arrives at your table, with a big green pile of fresh cilantro and sliced onions and tomato on one side and a pile of pork chunks on the other and a plate of frijoles. Now all you have to do is wrap everything in a hot corn tortilla and make your own little taco. You can't overdo this and live, but as Grandma always

said, a little of what you fancy does you good. Carnitas Uruapan, 8035 **Broadway, Lemon** Grove, 619-462-0704.

Comedor La Oaxaqueña

Grasshopper-chomping's a Oaxacan thing. And smart? For sure. When those locust swarms happen, you're looking at hundreds of tons of free protein on the wing. Why not stick up the net and eat them before they eat your crops? So Oaxacans have made a virtue out of necessity and created a dish we should all love. Okay, it takes a couple of leaps of faith. The first is when the spiky back legs get stuck between your teeth. Don't panic. You could rip your lip. The second is to learn not to look into their beady little eyes as you head them into your mouth. Because, unlike with a carne asada taco, you're

handling the en-tire creature here. Which is why it's kinder to both sides to hide them all in a tortilla and make a taco of them.

You won't find this dish at Taco Bell. You've got to search it out, and the nearest place I've found is deep in the shadowy northeast alleys of the Miguel Hidalgo Market in Tijuana's Rio district. Comedor y Venta de Productos Auténticos Oaxaqueños is a delicious little bit of Oaxaca with everything from dresses to ollas to moles to clayudas (Mexican pizzas) to roasted chapulines grasshoppers. The ladies are dressed in traditional Oaxacan garb, wide white pants with flowery decorations down the sides and a white top. The first time I crunched into a little grasshopper (after a shot of mezcal to kill the cowardice), it was a nice surprise, as long as I kept looking straight ahead.

HEALTH AND BEAUTY

A COMMON SIDE EFFECT OF MEDICAL WEIGHT LOSS.



Lose 21 Pounds in 4 Weeks."

There's no magical formula for losing weight. There is however a medical one. Discover the difference a physician monitored weight loss program can make. Not only will you lose weight fast, it's safer and designed to maintain your weight loss permanently. If you're averweight, don't give up. Find out how fast, easy and affordable our programs can be. Consult a CMWL physician today. Call 800-MD-B-THIN.



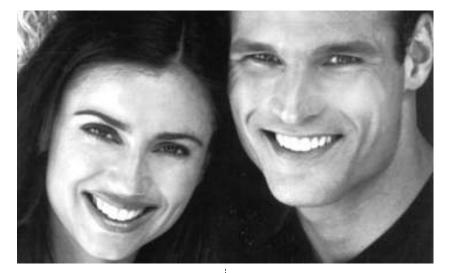
800-MD-B-THIN

Areas available to beard swiffled physicians. "Results based on a random sample of 58 men and 51 wereen on our medically prescribed diet.

Results may vary by contex. Programs evaluable for 18 years and other.

Zoom! Teeth Whitening \$195

One Zoom! Advanced session and lifetime whitening.*



Free Lifetime Teeth Whitening*

with exam, x-rays and cleaning.

Free Consultation!

On any dental procedure.

50% OFF Lumineers and Veneers*

Invisalign® \$89

Per month. Call for details.

SUNSHINE DENTISTRY

4230 30th St. • 1-888-715-4398 • sunshinedentistry.com Interest-free financing OAC. *Call office for details. Expires 2-25-08.

Laser skin care

Call for a Complimentary Consultation & Free Skin Analysis

Call for other areas.

BOTOX®

Restylane®

Expires 2/16/08. **Call for details.

Hurry – offer expires 2/16/08.

Wrinkle reduction treatment.



Juvéderm™ For fuller lips & deep wrinkles.

Best wrinkle reduction treatment available today!

All 3 areas if injected same day are only \$595.

Wrinkle Fillers

FREE microdermabrasion with each treatment - \$125 value **IPL® Photofacial**

For rosacea, redness and flushing.

To smooth away facial wrinkles.

Masks and Peels

Cosmelan - For treating pigmentation disorders and melasma Jessner's Peel - For treating acne and scarring • Cosmelan acne - To regulate oily and acneic skin

Unlimited Treatments

Guarantee Available

Laser Hair Removal

Entire forehead, glabellar (1 area), crow's feet (both sides).

*Price per treatment with the purchase of a package of 5. Cannot be combined with any other offers or coupons.

Just For Men

Laser Hair Removal

Chest \$179*, Upper Back \$199*







\$0 Down 0% Interest

with the purchase of two syrin

Special Offers



Surprise Your Valentine!

BOTOX® **DAY**

Saturday, February 9, from 9 am to 5 pm

Crow's Feet, Forehead or Glabellar

\$199 Per area

Full Face Treatment \$569

• \$25 off BOTOX® Cosmetic Benefit Card for next visit

• Bring a friend (new patient) and each receives \$25 off treatment!

Farzad Yaghouti, MD

Medical Director



1-866-BEST-LOOK

(1-866-237-8566) • www.GlobalLaserCosmetics.com 6950 Friars Road, Suite 100 • Across from Fashion Valley Mall Se Habla Español • Promo code: RDR0124



San Diego Reader January 24, 2008





Free Phone!

Limited time only. With any promo package below. Offers cannot be combined. Does not include service or sales tax. Expires 2/1/08.

Laser hair removal **\$99**/month

OAC. 6 treatments. Whole body package: chest, abdomen, upper/ lower back, upper/lower arms, hands, underarms, upper/lower legs, toes, shoulders.

Photofacial & wrinkle treatment **\$89**/month

OAC. 1-year package customized to your needs IPL, Jessner's peel, glycolic peel, microdermabrasion.

Free 1-year supply of Revision products (\$1000 value).

Acne treatment **\$89**/month

OAC. 1-year package customized to your needs. Lactic acid peel, glycolic peel, Levulan peel, IPL, microdermabrasion.

Free 1-year supply of Revision products (\$1000 value)

We will beat any price in San Diego!

Botox, Restylane & Juvéderm offered in different packages. We own all our laser and light equipment from Lumenis, the most common platform and the right technology. We do not rent any of our equipment. Certain restrictions apply. Call office for details.



619-460-7775

Dr. Robert B. Lajvardi, MD • 7339 El Cajon Blvd., Suite E, La Mesa

They're crunchy. Salty. A little like shrimp shell, but taste-wise, a lot is covered by the lime. Fried-tasting, crackly, squishy, like peanuts with soft centers. I followed everybody else and folded a bunch of them in a corn tortilla to make a taco. That way they become tasty crunch inside the corn. 'Course, I've read scary stuff, that some grasshoppers caught in Oaxaca had lead and pesticide residue in them and others can pass on parasites if they're not washed and cooked properly. But María says no. They select and wash and cook these little blighters thoroughly. Comedor La Oaxaqueña, Mercado Miguel Hidalgo, Local No. 32 Planta Baja, Avenida Independencia

a corner with Boule-

52-664-200-2804.

vard Sánchez Taboada,

Zona Rio, Tijuana, 011-

El Sol

Eat here, and you mix with presidents. Well, mix with the guy who cooked for a president. Miguel Madera used to cook "slamburgers" at Danny's, the sailors' bar on Coronado's Orange Avenue. That's where a bunch of guys everyone just knew were Secret Service came in to pick up an order of Miguel's slamburgers for — who else could it have been except for President Bill Clinton and his party at the Hotel Del? Fast-forward ten years, and Miguel has his own modest, often crowded little place on University, still flying the black U.S. Navy Seal flag from Coronado days, still making those burgers fit for the most burger-crazy president in history. But the unheralded secret is his tacos. They are generous, tasty, and cheap. At least here on University, they're bet-

ter appreciated. His carne asada and grilled fish tacos both make a fine mess of your face, and the shrimp one comes loaded. In fact, all of his seafood rocks. El Sol Mexican Restaurant, 2037 University Avenue, North Park, 619-298-0874.

El Parque

El Parque sits in a clearing off Reche Road, south of Fallbrook. Been here for 30 years. And the irony is, this inland restaurant turns out the best fish tacos you ever tasted. The guys say they have no secret to the sauce: just sweet pickles, mayo, and salsa. Maybe it's the forest effect, but it comes out tasting great. The lunches are crowded oftentimes. That's when the avocado workers come in for food. Or Sunday morning, when the El Parque guys make 150 pounds of menudo

HEALTH AND BEAUTY

Get Closer Together.

All our services are offered to men and women and administered by a physician in our state-of-the-art facility. Choose any two services and receive an additional 10% savings.*

BOTOX® \$9 per unit (reg. \$12) Wrinkle reduction. New clients only. Offered daily.

ACNE THERAPY starting at \$100

LASER HAIR REMOVAL

Bikini \$99* • Brazilian \$155* • Back \$300 Purchase any two areas and get one area of equal or lesser value free, or purchase two areas and receive free teeth whitening.

ACTIVEFX™ \$300 OFF
Only FDA-approved device to increase collagen! Fractional skin tightening and non-surgical facelift. FXLift® modified face-lift under local with ActiveFX. Call for details.

JUVÉDERM™ \$150 OFF

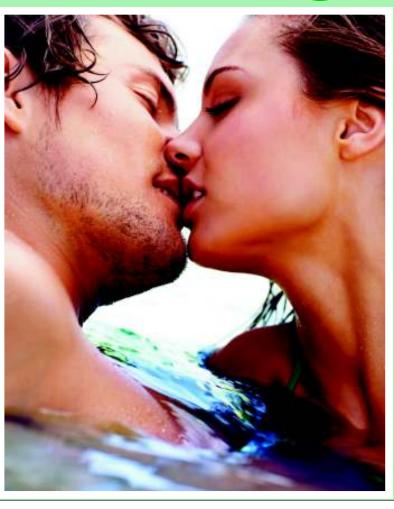
Second syringe or \$50 off first syringe. Latest FDA-approved dermal filler.

SMARTLIPO® \$400 OFF any area Laser-assisted liposuction. Dissolves fat, tightens skin, minimally invasive, less discomfort, with faster healing and superior results.

MESO-SLIM™

Patented fat and cellulite reduction. From \$360.

INVISALIGN™\$1250 OFF Invisible braces



RELIEVE OVERACTIVE SWEAT GLANDS

FDA-approved treatment starting at \$200 per underarm.

VITALIZE PEEL \$139

Chemical peel to treat oily and blotchy skin. No downtime.



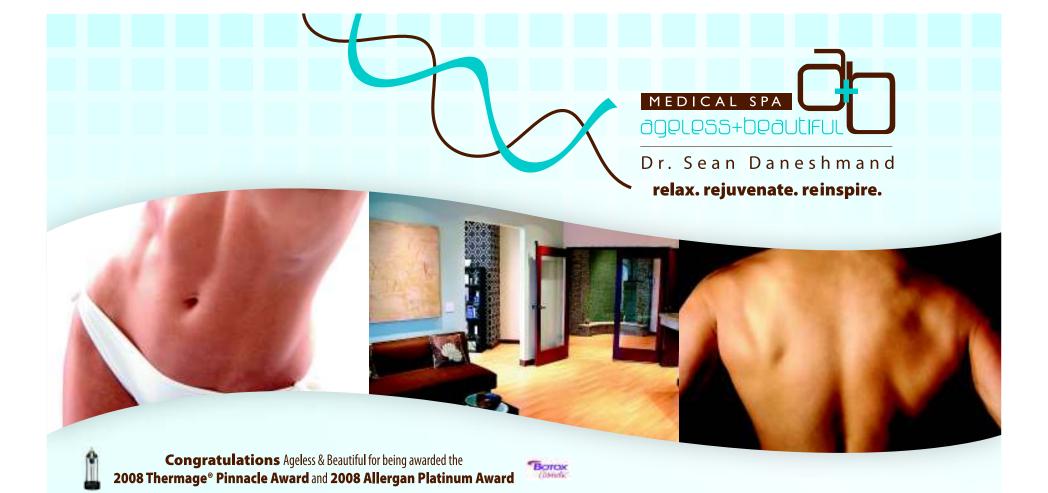
LASER CLINIQ

4765 Carmel Mountain Road, Suite 207 San Diego, CA 92130 (Torrey Hills Center)

From downtown: 5 North to 56 bypass, exit Carmel Mountain Road, turn right. Turn right onto Carmel Mountain Road, 1 mile on right. From North County: 5 South to Carmel Mountain Road exit, turn left. Turn right onto Carmel Mountain Road, 1 mile on right.

888.557.3630 www.Laser-Clinique.com

No-interest payment plans available. CareCredit® available. *With package of 6. **Does not apply to Botox discount received at completion of both services. Offers expire 1/30/08.



Vaser Ultrasonic Liposelection® Buy 2 Areas and Receive the **3rd for Free** (equal or lesser val-

ue) Lose inches in hours with this minimally invasive procedure which has low to minimal downtime, smoother contouring than traditional lipo, and only 2–3 days downtime.







Thermage Skin Tightening® 900 Tip **\$1800**, 600 Tip **\$1500**, Hands By Thermage® \$1250





ActiveFx® \$1000 Reduce fine lines and resurface skin. ONLY FDA AP-**PROVED** for collagen stimulation. Onetime treatment administered by M.D.





Facial Plastic & **Reconstructive Surgery**

\$500 Off any procedure over \$3500 Rhinoplasty, Facelift, Necklift, Otoplasty, Fami, Browlift, Chin Implant, Blepharoplasty

Relax Your Body and Mind

\$99 Receive 60 min. Facial from Ageless and Beautiful and 60 min. Massage from

Laser Hair Removal Buy any 2 areas and receive the 3rd area free! (equal or lesser value)

Botox®* \$9/unit first time clients only

Juvederm Ultra® \$399

first time clients only

Juvederm Ultra Plus® \$499 or buy 1 regular price syringe and 2nd Half Off!

Photofacials (IPL) \$250

for 2 treatments. Plus a Free Microdermabrasion

Microdermabrasion **\$50** 15 minutes, add on's **\$50**

Chemical Peels \$75

Laser Hair Removal Back & Shoulders \$299

Z Bikini **\$99** Brazilian \$159 Eull Log \$159

Full Leg **\$299** A Underarm \$79 Upper Lip or Chin \$59

Ш **C** Derma Fillers

Botox®, Juvéderm®, Restylane®, Perlane®, Sculptra® \$899 per vial, Radiesse® \$495 per syringe

Fat/Cellulite Mesotherapy \$175

per area with purchase of package

Vaser Ultrasonic Liposelection®

Thermage Skin Tightening®

Smart Lipo™ Laser assisted lipo

NEW Ionithermie™ Cellulite Treatments

Detoxifies the body and reduces the appearance of cellulite. As seen in O Magazine, Marie Claire, and Vogue Magazine.

Receive a \$25 gift can

Acne & Pigmentation Acne Blu-U® \$399 10

treatments. Destroys Acne Bacteria

Photodynamic Therapy

(PDT) \$399 Treatment for sun damage, acne and keratosis

Photofacials (IPL)

(Lumenis One™) for Rosacea. broken capillaries, veins and collagen stimulation

Portrait Regeneration

High/Low energy heat treatment for skin resurfacing. Dramatic results

Cosmelan® Depigmentation \$599

Leg Vein Treatments Laser Vein Removal

Spider and varicose veins \$150 per area

Esthetician Services NEW Dermaplaning

Gets rid of peach fuzz.

Revitalizing/Holistic Facials

Medical Grade Peels/Skincare

Mineral Makeup

Sculptra Workshop January 29th, 6pm - 8pm

Experience the liquid facelift. Evening will include a live demonstration from Board Certified Physician, appetizers, refreshments, and gift bags.

+ Call to reserve your spot.

ActiveFX Workshop January 30th, 6pm - 8pm

Learn about the newest treatment on skin rejuvenation. Evening will include a live demonstration from Board Certified Physician, appetizers, refreshments, and gift bags.

+ Call to reserve your spot.

Botox and Juvederm Day February 1st, 9am - 6pm

Receive a \$25 gift card towards your next treatment, an express mini facial and a 60 minute massage for only \$49. Massage appointments need to be booked from 10am-3pm. Side by Side and Hot Stone Massages are excluded from promotion.

+ Call to schedule an appointment.



invisalign[®] Premium Provider **Top 5% invisalign[®] Office in the Nation!**



Actual patients with the Smile Designer Team

RELAX IN LUXURY AT OUR DENTAL SPA

Enjoy a massage, watch your favorite DVD, and receive gentle, caring treatment.

Latest technology in family & cosmetic dentistry.

PERFECT SMILE IN 1 DAY!

Permanently straighten and whiten your teeth in one visit with Porcelain Veneers.

SAME-DAY PORCELAIN VENEERS & CROWNS



invisalign \$2500-\$3500



(based on individual case) Payment plans available.

NEW PATIENT SPECIAL 985

Save \$170! (Regularly \$255) Includes exam, full mouth x-rays and teeth cleaning.



As seen on Extreme Makeover

Price \$250 after discount. (Regularly \$500)

FREE CONSULTATION

Come in to learn more about your smile makeover options. (Regularly \$85)

White Fillings • Root Canals • 1-Day Crowns • Full-Service Dental Clinic



Emergencies

Family & Cosmetic Dentistry



3365 Rosecrans Street, Suite C (Located in the Circuit City/ Henry's Shopping Center) 619-222-6000

Members of American Association of Cosmetic Dentistry and American Dental Association

Offers expire 1/31/08. Credit cards and CareCredit® accepted. for locals with a hangover problem. They reckon this is the real social moment of the week. But not for me: nothing beats the end of the day, any day, when you can sit on the porch, tip back your Stetson, and watch the sun get gobbled by the trees. The world seems far away. With a Negra Modelo, couple of buddies, some ranchero music, say, "Ay, Papacita!" and a couple of those country fish tacos, life don't get much better. El Parque, 2659 Reche Road, Fallbrook, 760-731-2775.

Alambres

If the Gaslamp has a Latino social center, it has to be Alambres. You can tell because of the soccer TV booming out of it and the late-late hours of the kitchen. Catch it midnight Friday and things are just beginning. This is a fun place. It's run like a

Mexico City café-bar, and it's unique because it specializes in Mexico City-style tacos.

Alambres means "wire," or, I'm thinking, the "sword" of the vertical rotisserie spit they cook the meat on. Which tells you the idea had to have come across the ocean from the Middle East. from the lamb-twisting spits of Beirut. But immigrants swapped lamb for pork — probably Mexico's favorite meat to create taco al pastor probably Mexico's favorite taco.

It turns out *alambre* is also a Mexico City style of taco. Basically roasted pork — or beef, chicken, or fish — on corn tortillas loaded with bacon, bell pepper, and onions. With grilled green onions flopping on the side. Absolutely scrumbo. Here you can have them al pastor, carne asada, fish à la diabla, or even with

rib eye. If you don't insist on rib eye, you can get one here for pretty much una canción. Alambres Mexican Grill, 756 Fifth Avenue, in the Gaslamp, 619-233-2838.

Johnny Mañana's

This place has been chugging along for years in its light, cheery way on the basis of Costa Rican laidbackedness and healthy cooking. They get lots of support from the surfing and teaching communities of Oceanside. So yes, healthy eating is important to their customers. "We do not use any animal fat," says a notice. "Our deep frying oils have no cholesterol...our chicken is skinless and boneless, with all fat trimmed off...no additives, preservatives, artificial flavors." Everything inside here has a kind of Caribbean flavor. And colors. What attracts me is the fish taco. It's grilled,

HEALTH AND BEAUTY



For a more glamorous look. Increases length and volume

Refresh Body Package \$150

massage. European facial, manicure and spa pedicure, figure wrap and steam.

Reflexology \$40

1 hour. Relieve stress, improve circulation and balance. Energy for the whole body. Includes spa pedicure

Winter Sensation

Spa pedicure and manicure with one of the following:

- Full-body massage (1 hour) \$75
- European facial (1 hour) \$65
 Figure wrap (lose 4"-15") \$70

Diamond Microdermabrasion §60

Includes facial, acupressure, and custom masque. Treats fine lines, wrinkles, brown spots. pigmentation, acne scars and enlarged pores

We use and sell Dermalogica products

Multi-Vitamin Power Treatment \$50 (1-hour session)

For the latest in vitamin repair and hydrogy acid exfoliation, try our newest treatment. Designed to treat environmentally damaged skin, this treatment includes a non-irritating vitamin-power exfoliation and a vitamin-recovery masque to noticeably improve skin elasticity, tone and texture.

Photo Facial \$99 (1 hour 15 minutes)

Microdermabrasion with light therapy treatment, non-surgical, no recovery time. Increases collagen and blood circulation, reduces wrinkles, sun damage, large pores, blemishes and rosacea

The "New Dermosonic" Method

Advanced treatment for cellulite and spot reduction

Abdominal or back 40 min. \$45 Thighs or hips 60 min. \$65 Add any section to figure wrap for only \$10

Deluxe Treatment \$75

Microdermabrasion, European facial, spa pedicure and manicure.

Lose weight without going to the gym. Two healthy inch-loss programs:

\$60 (1 hour)

Figure Wraps Lose 4"-15". Effective for cellulite, toxic cleansing, blemishes and sagging skin.

Aloe Herb Gel Wrap

Gift Certificates Available



Waxing

Bikini &

Brazilian

available!

Starting

at \$25



Open 7 days/week • www.mynailskincare.com 619.220.0565 | 4225 Park Blvd. | San Diego 92103

Parking is in back of the salon. Offers good with this ad. Expires 2/7/08.



not deep-fried, and there are two corn tortillas per taco and plenty of fish. Johnny Mañana's, 308 Mission Avenue, Oceanside, 760-721-9999.

Tacos el Cubano This is one of the nicest surprises down in the "Naughty Zone" (Zona Norte). A couple of taco carts and lots of shouting and toutin' for business. Come here at night, when this part actually looks more glamorous than seedy. Of course, you have to share the sidewalk with ladies of the night, half-drunk gringos, lots of really good street musicians, and a few unsavory types. I even saw a drunk vaquero up here one night asleep on his horse. But the tacos are totally savory. ;Sabroso! El Cubano is the last taco cart on Constitución before Coahuila, the heart of the area, where most gringos head on their way to the famous Adelita Bar. El Cubano's adobada spit glistens and turns, lit up in the night, the drippings lit red by its gas fire flames. The guys touting for your business will practically lift you onto one of their stools. But they deliver with rich pickin's, specially that gyrating pork. The tacos are juicy. The guys will help you with the best salsas, fresh radishes, sautéed onions, and bubbling beans, and they'll chat between shouts for business. So who's el Cubano? The guys jokingly point the finger to the cook. We'll never know. Hey, and you might even end up with a bacon hot dog from the cart they say started that whole phenomenon, about a half century ago, right out on the street corner from your stool. But that's another story. Tacos el Cubano, Corner Constitución and Coahuila, Zona Norte, Tijuana. No phone.

Las Cuatro Milpas
It's an incredible thing,

but seems like every time you cruise down Logan Avenue in the 932 bus, there's a line of people outside that little ol' restaurant Las Cuatro Milpas ("the Four Cornfields") and the place next door, La Victoria. I'd always thought they were two restaurants. Turned out they're the same. This little clump of cream stucco buildings stands behind one long green canvas awning. And they serve incredibly cheap, old-fashioned, simple, and greasy-delicious food. Tamales, burritos, bowls of chorizo, thick brick-colored salsa, and carnitas, tacos with pork meat steeped in its own lard and sinfully full of flavor. As much as the food, I love the history of it. "Our grandfather

Nati — Natividad — and Grandma Petra started this as a tortilla factory back in the early 1930s," Margarita told me the first time I went in. "Then they started simple

HEALTH AND BEAUTY



Dissolve fat permanently! No surgery!

Performed by an M.D. No downtime! **Revolutionary!** As seen on Oprah. Half the cost of liposuction!

















Call for your free consultation.

Join Dr. Michael Bayer Tuesday, January 29, for an informative evening with wine and hors d'oeuvres.

Call now to reserve your space. No payments until 2009! 888-486-9155



Advanced Body Care Centers • • •

7777 Fay Avenue, La Jolla On-site free parking

lunches. They ground their own corn. We still do, right here. We used to have to cook it out on the sidewalk. Grandfather bought this little building for \$500. He had to work for years with the Santa Fe, 18 hours a day laying rail for 5 cents an hour to pay it off. We haven't changed a thing." She said La Victoria was the store her grandparents opened next door. Now it's a dining room, a part of the rabbit warren of eating spaces that the family has put together over the years. Margarita runs the place with her sisters Sofia and Dora. Half the pleasure is in the steaming cauldrons, the handmade tortillas, the way

people lining up look more like pilgrims than customers. What keeps me coming back here time and again are the carnitas, of course. Those luscious pork tacos. And also the feeling that you're eating in what's probably the most famous and unspoiled taco joint in the whole county. Las Cuatro Milpas, 1857 Logan Avenue, Barrio Logan, 619-234-4460.

Tacos Varios

This is what we'll never get in downtown San Diego. In TJ, every night, they wheel a taco stand out to the corner of Constitución and Third Street, right by the Tres

Hermanos ("Three Brothers") shoe store, and they won't pack up till the sun rises. And don't you know it, almost straightaway, they're crowded. Folks getting off work, climbing out of taxi buses, they all seem to stop by for a snack, or, often, dinner. You see them leaning in under the blue canopy, faces lit up by the little gas light clamped to the counter, chomping and chattering away. Students, bureaucrats, cab drivers. The guys behind the cart work like caffeinated jugglers, opening pots, grabbing tortillas, meats, salsas, pouring horchata drink, reaching for money, handing back

change. This, you can't resist. And the choice is quite simple. They only do tacos, so you've just gotta decide what flavor. For each customer, the guy starts clacking open steaming lids one after the other. "We've got tongue, we've got chicken mole, we've got milanesa, we've got steak ranchero, we've got carne asada, we've got chile relleno, we've got pescado, fish." They hand you your choice on a plastic plate with a plastic bag slid over it. That way, no plate washing. But what you get is one oversized meal for about a couple of bucks that is the real Mexican thing. Real casera (home style) food.

Health Beauty Guide

Free 24-hour hotline for frequently asked questions: 619-233-9797

Call anytime and enter a four-digit extension, or visit our website: SDReader.com/health

Extension 7010 Abdominoplasty/ **Tummy Tuck**

- 1 What is abdominoplasty?
- 2 Full v. mini v. liposuction
- 4 Risks & side effects
- **5** Recovery



D. Glynn Bolitho, MD, PhD, FACS 9834 Genesee Ave... Suite 311, La Jolla 866-413-2917 bolithomd.com

Extension 7070 **Botox**

- 1 What is Botox
- 2 Botox & wrinkles **3** Effects of Botox
- 4 How much does it cost?



Venus Medical 3166 Midway Dr., Suite 105, Point Loma venusmedical.com

Extension 7040 **Breast Surgery**

- 1 Breast augmentation
- 2 Silicone v. saline implants
- **3** Breast lift
- 4 Breast reduction
- 5 Male breast reduction



D. Glynn Bolitho, MD, PhD, FACS 9834 Genesee Ave., Suite 311, La Jolla 866-413-2917 bolithomd.com

Extension 7100 Cosmetic **Dentistry**

- 1 About our office
- 2 Implants, dentures & partials **3** Invisalign, the clear straightener
- 4 Veneers & teeth whitening



Dr. A. Shojania Extreme Smile Makeover 5927 Balboa Avenue Clairemont 858-751-5733

Extension 7000 Face-lift

- 1 About our office
- 2 Procedure
- **3** Cost
- 4 Recovery 5 Benefits



Mario S. Yco, MD, FACS 477 N. El Camino Real, Suite A-210, Encinitas 760-944-4211 facesurgery.com

Extension 7080 Laser Eye Surgery

- 1 About LASIK
- 2 Who is a candidate?
- 3 Your eye exam
- 4 Surgery **5** After surgery



Farzad Yaghouti, MD Global Laser Vision Medical Center 6950 Friars Rd., Suite 100 Mission Valley 800-438-5274 globallaservision.com

Extension 7160 **Tanning**

- **1** About us
- **2** Benefits of tanning 3 UV-free instant tan
- 4 Vertical booths v beds
- 5 Hollywood Tans membership



Hollywood Tans 7 locations in San Diego & N. County. Call toll-free for the one nearest you. 877-TANS 1-2-3 hollywoodtans.com

Extension 7030 **Laser Hair** Removal

- 1 What is it?
- 2 How does it work?
- 3 How is it performed? 4 What does it feel like?
- 5 Best candidates?



Farzad Yaghouti, MD Global Laser Cosmetics Medical Center 6950 Friars Rd., Suite 100 Mission Valley 866-237-8566 globallasercosmetics.com

Extension 7050 Weight Loss

- 1 What should I eat?
- 2 How much can I lose? 3 Body Mass Index (BMI)
- 4 Is the Atkins Diet safe? 5 Exercise: How much?



Viva Wellness Medical Group 3166 Midway Drive, Suite 105, Point Loma 619-222-5433 vivawellness.com

Other categories available for sponsorship include: Acupuncture, Cosmetic Fillers, Hormone Therapy, Permanent Makeup and Eyelid Surgery.
Call 619.235.3000 to speak with a sales representative.

The professionals who provide this information are solely responsible for its content. This information does not address all medical situations, nor is it intended to replace a medical consultation. It is provided free, but if calling may incur toll charges on your telephone bill.

And funny thing about standing around on the sidewalk, chowing down together. Language problems or not, you'll get to talking. Half an hour will pass, no matter how cold and crowded it is. A good taco can do that to you. Tacos Varios y Aguas Frescas, on Third Street (Calle Carrillo Puerto). at corner with Constitución, Tijuana. No phone.

Tony's Jacal Touristy? Check. Old-

fashioned border-Mex fare? Check. Facing competition from trendier Solana Beach joints? Check, check.

Guess that's what I like about Tony's. This place is a little creaky on its joints, reeks history, like, Hollywood-Del Mar history, where the surf meets the turf, Bing, Bob, The Road to Singapore, all that. Of course this, or Fidel's next door, is where fat cats bring out-oftowners for their safe "Mexico" experience.

HEALTH AND BEAUTY







Searching for the perfect gift that they will LOVE? A Gift Certificate from The Spa is one gift that won't be returned!

Treat your Valentine to a Spa Gift or one of our wonderful pampering packages from our NEW menul





Baja Health & Beauty Directory

SAFE & PROFESSIONAL SERVICES DON'T HAVE TO BE EXPENSIVE!

BOARD-CERTIFIED PLASTIC SURGEONS BY MEXICO'S BOARD OF PLASTIC SURGERY



Francisco Bucio, M.D. 20 years of experience in Cosmetic Surgery for Face, Breast and Body in a stateof-the-art clinic in the Grand Hotel Tijuana. High-tech Medi-Spa, Laser for Veins, IPL Photofacial, Tattoo Removal, non-surgical Skin Tightening (ACCENT) for Cellulite and Rejuvenation. Pixel Fractional Skin Resurfacing for Wrinkles and

Acne Scars, face and body. Visa and MasterCard. Toll-free: 1-866-831-6400; 619-946-2156; 011-52-664-686-4588 www.franciscobucio.com



Ricardo Vega Montiel, M.D. Member of ISAPS. Providing the desired results in Body Contouring and Face Rejuvenation in a fully licensed surgical facility located at the Grand Hotel Tijuana Complex. High-level Med-Spa and Advanced European Mesotherapy.

Botox Party: January 26, 40% OFF. Visa and MasterCard. 619-946-1074; 1-888-4VEMONT drvega@teleserviz.com



Juan Carlos Fuentes, M.D. Corresponding member of the American Society for Aesthetic Plastic Surgery, Dr. Fuentes and his bilingual staff provide first-quality results in all fields of Plastic Surgery, performed in a state-of-the-art surgical facility. For more information please call us: 619-428-4803, or visit us online.

www.fuentesmd.com

NON-SURGICAL BODY CONTOUR

Non-Invasive Liposculpture with UltraShape A new figure in only 28 days using ultrasound waves designed to selectively break down fat cells without affecting neighboring tissues. No anesthesia, no pain. Technological breakthrough that is effective and safe. Also Thermage, IPL, Botox and Restylane. LASERium US. 619-270-8563

Tijuana, Baja. 011-52-664-622-5061

www.ultrashape.com

DENTISTRY



Pacific Dental Tijuana, Dr. Torres & Dr. Lutz Tijuana's PREMIER dental office. Affordable General and Cosmetic Dentistry. Save up to 60% off U.S. prices. State-of-the-art equipment and materials, English-speaking staff, U.S.-TRAINED **DOCTORS AND SPECIALISTS,** digital x-rays and pictures. Specializing in Veneers, Root Canals,

Bondings, Crowns, Implants and Dentures. Nobel Guide implant technology, mercury-free dentistry, 1-hour ZOOM! bleaching. Plenty of references from the U.S. and Canada. Dr. Torres, U.S.-LICENSED DENTIST, USC, Cosmetic and Rehabilitation specialist. Dr. Lutz, Harvard University and Loma Linda University for Dental Implants and General Dentistry. Dental lab on premises. Strict OSHA sterilization control. All treatments guaranteed. Our office has been featured on CBS and Channel 8. All major credit cards welcome. Now offering service in San Diego in our brand-new Chula Vista/Eastlake office. U.S. prices apply. 1-866-804-1877; 011-52-664-634-0835 www.sdro.com/pacdental

PRODENT, Alfonso Gracia A., D.D.S. Located just across the border. Gentle, ethical, antiseptic and affordable dental care. Implants, Oral Surgery, Endodontics, mercury-free dentistry, Cosmetic Dentistry. Member of the American, California and Hispanic Dental Associations. Most U.S. dental insurance accepted. Visa and MasterCard are

welcome, 619-308-7845; 1-888-ALFONZO (253-6696)

Prodent@telnor.net



TRUST Dental Care 4 dentists and 8 specialists experienced in Superior-Quality Cosmetic Dentistry. Implants, Veneers, Crowns, Braces, Bonding, ZOOM 3! Whitening, Root Canals, Dentures. Strict OSHA sterilization. U.S. lab and materials. English spoken. Insurance, credit cards accepted. FREE digital x-rays, oral cam and

checkup. 1/4 mile to border. Close to Costco. Free parking. 1-800-342-8419: 011-52-664-685-7020

www.DENTISTatTIJUANA.com

DENTISTRY



Ricardo Alvarez, D.D.S. More than 20 years of experience in all Cosmetic and NON-INVASIVE, gentle dental procedures. IMPLANTS. Master Studies at Loma Linda University and Harvard University Residence with Straumann and Nobel Implants to offer you the best and **NEWEST** dental treatments, materials, noiseless instruments, digital

and panoramic x-rays, transillumination diagnostics, mercury-free treatments, intra-oral camera, Laser and BriteSmile whitening system. STRICT STERILIZATION and infection control. All your dental needs covered at our 3 CONVENIENT LOCATIONS along Tijuana with a group of committed and professional dentists offering inexpensive and warranted treatments (Cosmetic Dentistry, Smile Design, Immediate Load Implants, Full Porcelain Crowns, Fixed Dentures Braces Periodontal and Root Canal treatments) FREE DIAGNOSTIC. Don't wait to have a beautiful and healthy smile... Call us for your appointment:

Agua Caliente: 619-734-0222; Border: 619-734-2386; Zona Rio: 619-734-0233

Visa, MasterCard, Insurance and personal checks are

www.bajadentist.com • appointments@bajadentist.com



Dr. Homero Gándara, D.D.S. University of Texas Master's Degree, 25 years of experience, specializing in Implants, Root Canals, Orthodontics and Esthetic Rehabilitation. Mercury-free, strict OSHA sterilization, ZOOM 2! whitening. Oral camera with monitor. New Zirconia system. All American dental insurance accepted. Close to

the border. 619-778-6869: 011-52-664-634-6655

claudiapiza@hotmail.com



Erico Carreño, D.D.S. Cosmetic Dentistry, Orthodontics and Laser. 19 years of experience. Quality and ethics are our priority. ZOOM 2!, Veneers, Braces, mercury-free dentistry. First consultation is FREE. American Academy of Cosmetic Dentistry, ADA, World Clinical Laser Institute Member. Most American insurances

accepted. No HMOs. 619-308-7082; 011-52-664-684-8133

www.drerico.com • www.biolase.com www.abc.go.com/primetime/extrememakeover/



Maité Moreno, D.D.S., M.S. U. of Michigan. Member American College of Prosthodontics and the Academy of Osseointegration (implants). Pure Porcelain Crown and Bridge by Procera $^{\mathsf{TM}}$ System Certified www.nobelbiocare.com. Cosmetic Dentistry, OSHA guidelines, digital x-rays. Close to border. Visa, MasterCard, American Express

and all U.S. dental insurances accepted. 619-554-4416; 011-52-664-900-7550

www.implantdentalcenter.com



TJ Dental Clinic Pay Less, Expect More. All dental treatments in one state-of-the-art clinic. Cosmetic Dentistry, Laser Whitening, Digital X-rays, Intraoral Camera, Implants, and free estimates. Most U.S. dental insurance accepted. Visa and MasterCard welcome. You don't need to drive - we are just one block from the border, 619-270-8672

www.sdro.com/tjdentalclinic

HAIR TRANSPLANT

Clinipel Hair now, hair forever! The goal of Dr. Marin is to create a fuller head of natural-looking hair, but other benefits come with looking younger and feeling better. Affordable, painless, 100% secure. Also THERMAGE, body contouring. No surgery, no injections, no downtime. Give us a call or visit us online. 619-734-0209; 011-52-664-634-2208

www.clinipel.com

LAP BAND SURGERY



Lap Band Surgery Experts Lose weight now. The adjustable Gastric Banding system is 10 times safer than any other procedure. At Baja Medica Center we have a staff of qualified medical experts who are pioneers in fighting and controlling morbid obesity. Our certified surgeons guarantee the success of their procedures.

619-571-0781; 786-265-1233

www.bajamedica.com • www.drverboonen.com

Specializing in Rhinoplasty and Revision Rhinoplasty



Beautiful, younger-looking skin with one treatment!

\$250 off ActiveFX

As seen on Fox in the Morning and San Diego Living

- Rhinoplasty (nasal surgery)
- Revision rhinoplasty
- Face-lift surgery Mini face-lift
- Eyelid surgery Chemical peel
- Laser resurfacing Facial implants
- Photo-rejuvenation Laser hair removal
- Botox Injectable fillers

Roy David Amir, M.D. Board Certified: American Board of Facial Plastic and Reconstructive Surgery American Board of Otolaryngology -

Head and Neck Surgery





LA JOLLA CENTER for **FACIAL PLASTIC SURGERY**

A Medical Corporation 3252 Holiday Court, Suite 206 La Jolla, CA 92037 • **858-658-0595** www.SanDiegoFace.com

They both play the Mexican card well, without being gastronomically challenging. But still, there's something genuine here. Tony's gives off a vibe that only a place where the family has lived without a break for 100 years can. Plus, it's the only place I know that specializes in turkey breast tacos.

Sit at the bar while you wait for a table, which you will, 'cause it's always crowded. You're probably sitting on the

bar stool Elizabeth Taylor used, along with Eddie Fisher, Richard Burton, Desi Arnaz, Lucille Ball, Jimmy Durante, Ronald Reagan — and that great hanger-on whom everybody liked because it was dangerous not to, J. Edgar Hoover.

But the garden patio, with its vast chinaberry tree, is really why you come. *Iacal* means "shack." "And that's what it was here," Teresa, one of the family who runs the place, told me once.

"When Grandpa planted that chinaberry tree in the patio 100 years ago, he never could have guessed that one day we'd have Hollywood movie stars coming to sit under it." She was born right here in this building. "In what's now the kitchen," she says. "This used to be our house. The people in Rancho Santa Fe leased what's now Eden Gardens for us. 'La Colonia.' They wanted their Mexican workers nearby, but not too near. We had to have our own school, because they wouldn't let us go to the white kids' school. My dad had to ride in the back of the bus. That's how it was."

This is what makes food interesting for me. Like, the turkey tacos are the result of economy too. "It's easier to prepare one big turkey than a whole bunch of chickens," Teresa said. "And it's healthier." The tacos taste like turkey, with lettuce and salsa and beans and a

HEALTH AND BEAUTY

15% off laser hair removal First treatment. With ad. Expires 2-15-08.

15% off IPL rejuvenation

Anti-aging, acne, rosacea, sun damage. First treatment. With ad.

New patients only. Howard Milstein, MD Deidre Buddin, MD Alyssa Nash, MD

> Dermatology 7334 Girard Avenue • La Jolla

> > Call for free consultation: 858-454-8811

Grow Your Own Hair **Again!** The

858-546-0060

RMHR/ Ross Medical Hair Restoration, Inc.

Brandon M. Ross, M.D., M.B.A., M.P.H. Dr. Ross has successfully transplanted millions of follicles

4150 Regents Park Row, Suite 245 La Jolla 92037

www.RMHRI.com

permanent solution for

hair loss.

Unparalleled artistry will make you look years **younger!**

Dr. Ross is one of only three physicians in San Diego County recommended by the American Hair Loss Council and IAHRS.

Call today for a **FREE CONSULTATION!**

The #1 Invisalign office in San Diego, May 2007!



Family Cosmetic Dentistry in the beach area



Farnaz Haroon, D.D.S. 888-689-3682 1707 Grand Ave. (at Jewell St.) Pacific Beach 92109

Gentle Dentistry • New Patients Welcome Senior/Military Discounts • Flexible Payment Plans www.pbdentalarts.com

Most recent version and easiest on sensitive teeth.

\$249 (Reg. \$500)

Your teeth up to 8 shades whiter in only 45 minutes!



\$0 down. Payment plans up to 60 months. OAC. Free Invisalign consultation.

FREE Cleaning

With \$55 exam and x-rays. New patients only.

FREE Whitening **Trays**

With \$55 exam and x-rays. New patients only.

Crowns & Veneers \$200 off

All offers expire 2/14/08. Must present this ad.

pretty interesting rice, flavored with the turkeys' cooking liquids. At the end: a mean deep-fried ice cream and buñuelos (fritters) with sugar and cinnamon. Tony's Jacal, 621 Valley Avenue, Solana Beach, 858-755-2274.

chorizo, and tempeh (fermented soybeans). But you feel they get it here. This ain't no toss-everything-in-the-fryer joint. They say they try to use organic fruit and veggies

deep-fry it, they will happily grill your fish-taco fish, as they do the lobster and salmon tacos. Simple and delicious. Ranchos Cocina, 1830 Sunset Cliffs Boulevard, Ocean

Beach, 619-226-7619; also at 3910 30th Street, North Park, 619-574-1288.

La Fachada

place where you go when you have the late-night munchies. It's open till three every morning and has a great choice of standard tacos. The thing to do is to sit out under the

Señor Frog's

Taquiza Tuesday at Señor Frog's is dangerously cheap. Like, free, after you pay the entrance of about \$15. The food is free, the drink is free, including liquor, from three to nine at night. Plus lots of music. But here's the thing. The food comes up from downstairs, Señor Frog's restaurant, and they make pretty great chow down there. It's served as a buffet, and a whole lot of that is tacos and fillings. The food is laid out on a long table with a stack of paper plates up front. A cook takes each plate and ladles anything you want onto tortillas to make tacos of them. Typical choices are fish tacos, birria (stew), pork, chicharrón (pork rinds), carne asada, frijoles, and ceviche. As many refills as you want, no questions asked. Same with the booze. The only problem? Eating them if you haven't got a table. In the milling crowd, one jog to the elbow and you're likely to lose it all. **Señor** Frog's, Via Oriente 60, Zona Rio, Tijuana, 011-52-664-682-4962.

Ranchos Cocina

Atmosphere of plants, clunky honest woodiness, and, like as not, idealists at the next table talking global warming make you want to eat right, healthy, vegetarian even, when you're here. The menu emphasizes the vegetable kingdom even though they sell plenty of steaks and pollos rancheros. Half the tacos they have are vegetarian or vegan, like tofu, nopales, shiitake mushroom (which comes with cabbage), spuds, soy

as much as possible, that their rice and beans are vegetarian, or vegan, meaning cooked in canola oil. Even with the meats, they have the right attitude. Like, rather than

"The Façade" is another

HEALTH AND BEAUTY



Revive Yourself!

\$100 Off 1-Hour Teeth Whitening

Faster and brighter than Zoom and BriteSmile with less sensitivity. Performed by a dentist in a relaxing spa setting. Regularly \$299.

Before





Botox \$175 (per area)

All three areas \$450

Frown Lines, Forehead Wrinkles & Crow's Feet. Bring a friend and you each receive an additional \$25 off. Performed by a physician.

Before







(Price slightly higher for men.)

Juvederm \$379 (per syringe)

Smooth and natural results that last longer than Restylane, up to one year! Receive an additional \$50 off with two or more syringes. Performed by a physician.

Before





After

50% Off Laser Hair Removal

Lip or Chin \$50 • Bikini Line \$85 • Brazilian \$140 Underarms \$75. Lower Arms \$110. Full Arms \$165 Full Back \$275 • Lower Legs \$165 • Full Legs \$330

(Discounted Single Treatment Prices)

No package purchase necessary! Pay as you go or buy five and get one free. Effective and safe on all skin types.

Med Spa • Teeth Whitening • Skin Care • Massage Waxing • Hair Studio • Cosmetic Bar • Nail Lounge

re:vive salon & spa

1425 Frazee Road, Mission Valley 1.866.537.0691 * www.revivesalonandspa.com

Owned and operated by: Vishal Verma, M.D. and Vinita Parekh, D.D.S.

Some restrictions apply, Not valid with any other offers. Call to schedule a complimentary consultation.

Are YOU ready for ____ Valentine's Day?



- Get luscious, kissable lips with Juvéderm \$400 per syringe (reg. \$500)
- Let your complexion glow with a Champagne Bliss Facial \$75/50 minutes
- Relax with your special someone...

Hot Stone and Rose Oil Couples Massage \$160/50 minutes

San Diego's best prices for laser hair removal!

Upper Lip \$35 **Upper Legs** \$125 Full Face \$100 Lower Legs \$100 Full Legs \$225 Men's Chest and Abdomen \$300

> Men's Back and Shoulders \$300

Free Underarm Laser Hair Removal Package With purchase of any other laser package.





 ${
m W}$ - M.D. Skin Care

2790 Truxtun Road, Suite 100 In Liberty Station, Point Loma Hours 10 am-6 pm

> 888-258-2989 GlowMDskincare.com

Free consultation for all procedures. Free gift with every consultation.

lights of the tent where the catering truck is. Munch on tacos and chew the fat (between trolleys, which are kinda close by). And hey, hey! They still do grill the asada and onions and beans outside over glowing coals in billowing smoke. I'd always have the carne asada or the shrimp when I ate late in the main building, but now, if I make it to the tent area (and it's open only till midnight), gotta have either the carne

asada smoking in front of you or *al pastor*, from the spit in the truck. And about every half hour or so, the guys turning the meat at the grill announce that the newest batch of sautéed onions and beans is ready, and they hand you a cup and plate to put them in. Beautiful. Plus, it has this garden atmosphere. You get the feeling of being in Little Tijuana. If this is at the end of a night, and ye old pockets are light, they have a nice cheap little

plate of three rolled tacos that'll at least keep you going till sunup. La Fachada, 20 25th Street, Logan Heights, 619-236-8566.

El Mexicano

This was called Antojitos del País for the longest time. But nothing else has changed. The counter area is stacked with big, steaming pots and bubbling clay tureens. Stews from every part of Mexico fume away in them. This is an ideal do-ityourself taco joint. Ask for beef or goat and grab a pile of corn tortillas, hand-slapped in front of you. You're in taco heaven. And that's official. Why? Half the officials of Tijuana come here to eat. I once caught an ex-mayor (now senator) making his own tacos here one lunchtime, Mexican hours — about 4:00 in the afternoon. That's the best time to catch the scene. Or 4:00 in the morning. It's open

HEALTH AND BEAUTY



IPL PHOTOFACIAL \$179 (Reg. \$400)

BOTOX \$9 PER UNIT \$50 off your first treatment

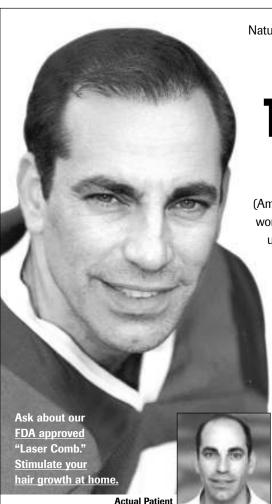
FILLERS STARTING AT \$279 Perlane, Restylane, Juvéderm

LASER HAIR REMOVAL FROM **\$39**

COSMETIC LASER & SKIN REJUVENATION CLINIC

3252 Holiday Court, Suite 229, La Jolla 888.326.9259 • www.skinclinic.us

FIRST-TIME CLIENTS ONLY EXP. 2/7/08 CALL FOR A
FREE CONSULTATION



Natural, permanent, painless, affordable

Hair **Transplants**

Get more permanent hair with Dr. Shagufta Khan, M.D. (American Board of Cosmetic Surgery), world-renowned for her artistic touch, unmatchable hairline and density. Over 25 years' experience.

> **3000** hairs **\$2499***

Regular price \$5000. Offer expires 2/25/08.

For a free consultation: 1-866-751-2182



7930 Frost St., Suite 203, San Diego For more information, visit us at **ILHT.com** Open Saturdays. Financing available.

San Diego Reader January 24, 2008

*3000 grafted hairs is the equivalent of 1200 grafts. FIT technique offered at a separate pricing scale. Please call to inquire



Breast Augmentation and Tummy Tuck **Specials**

San Diego Institute of **Plastic Surgery**

- Breast Augmentation
- Breast Reduction Breast Lift
- Tummy Tuck Arm Lift
- Thigh Lift Liposuction
- Liposculpture
- Eyelid Surgery Face Lift
- Nose Reshaping Brow Lift
- Body Contouring Ear Surgery

Call today for your complimentary consultation: 858-592-9200

FINANCING AVAILABLE

ANTOINE A. HALLAK, M.D. Certified, American Board of Plastic Surgery

16766 Bernardo Center Drive Suite 109, San Diego 92128



www.hallakplasticsurgery.com



Jan Marini Age Intervention Eyelash 20% off Helps develop fuller, thicker lashes naturally.

Cosmetic **Procedures**

Eyeliner \$300 (reg. \$400) Lip Liner \$300 (reg. \$400) Eyebrows \$300 (reg. \$400) Full Lip \$600 (reg. \$800)

Scar Removal

- · Acne scars
- Skin graft scars · Surgical scars
- Hypertrophics scars

Specializing in removal of freckles, age spots and sun spots

Just Wax It!

Beautiful • Soft • Glowing • Sexy Waxing from head to toe for men & women Specializing in Brazilian Waxing!

Microdermabrasion with Free **Rejuvenation Facial** 4 for \$235

Choose One Signature Facial Below only \$85

- Acupuncture Face-lift
- Age Smart Facial
- Ageless Lift Facial
- Isogei Facial
- Slimming Facial
- Microcurrent Facial

4 Free Microdermabrasions with purchase of

4 Series IPL (Photofacial) 5600

Increases collagen & elasticity
Rid yourself of wrinkles, lines and folds, age spots, pores, stretch marks, dilated capillaries and rosacea

Lymphatic Drainage Facial 585

Computerized treatment that rejuvenates and cleanses from the inside out. Excellent for face swelling and bags under the eyes. Regeneration for dry, aging, wrinkling skin, couperose and erythrosis (red spots). We can reshape any part of the body for slimming. Immediate results!

Spa Treatments

Head to Toe \$145

3-3 1/2 hours. Package includes:

- European facial
- Complete 1-hour therapeutic body massage
- Manicure & Pedi-spa
- Choice of any body spa treatment
- 1) Hydroactive mineral salt scrub Enzymatic sea mud wrap
 Detox herbal linen wrap

Summer Package

European facial, facial massage including head and neck acupres back facial with 15-minute back massage, and body detox wrap.

PCA Chemical Peel

Purchase 6 PCA treatments and receive 7th treatment free. Treats the following conditions:

- wrinkles
- sun damage hyperpigmentation

\$85 per treatment

Deep Cleansing Facial 65

Begin with face mapping.

- Includes steam, prep scrub & extraction
 • Face, head, neck & shoulder
- massage
 Customized masque to refine &

repair skin FREE 15-min. back massage or Hydroxy Acid Peel

Energy Balancing Plan [§]85

- 45-minute reflexology foot massage
 30-minute head, neck, acupressure,

Deluxe Back Facial §85

nes ultrasonic and electrical currents with skin products. Great for acne, coarse, sun-damaged and deep-congested skin. Includes glycolic acid

Acupuncture

Acupuncture Face-lift Special 585

- Eliminate fine lines, reduce deep wrinkles
 Tone muscles of face to lift drooping

- eyelids and lift and firm cheeks
 Tighten pores of skin
 Reduce or eliminate "smile lines"
 Eliminate "furrowed brow"
- Leave each treatment feeling peaceful, refreshed and re-energized. Recommend 10 biweekly sess

Acupuncture to Rid Stress Special 545

Have anxiety or worry about the holiday season? Acupuncture effectively and safely eliminates stress hormones from the body, leaving you feeling relaxed and able to enjoy the holiday season with no worries. Recommend 2-4 weekly sessions.

- Free consultations
- Gift certificates available Credit cards accepted

Sonya of London

DAY SPA & **FULL-SERVICE SALON**

3924 Park Boulevard Hillcrest • 619-291-2728 Open 7 days

www.sonyaoflondon.com Offers good with this ad. Expires 2/7/08.



www.softtouchdental.com

Close spaces, correct crowding and brighten your smile with **Empress Veneers!**

> **Porcelain Empress Veneers**

\$895 per tooth (Reg. \$1100 per tooth)

"Turning back the hands of time through the hands of dentistry"

Featuring Sleep/ Sedation Dentistry

Sleep through your procedure!

Whiten your teeth up to 8 shades lighter in one hour!

(As seen on ABC's Extreme Makeover)

\$249 Elsewhere \$600

Exam and Cleaning 545 In the Absence of Gum Disease.

Down 0% Interest For 12 Months OAC. No Insurance Needed.

FREE Cosmetic/Implant Consultation FREE Orthodontic/Invisalign Consultation **FREE** 2nd Opinion Consultation

Also offering:

■ Root Canals ■ Botox ■ Juvéderm ■ Hylaform Fillers ■ Permanent Makeup

■ Implants ■ Cosmetic Dentistry ■ Sleep Sedation Dentistry ■ Digital X-Rays

■ Wisdom Teeth Extraction ■ 24-hour Emergency Service ■ High-Tech State-of-the-Art Office





AFTER_ACTUAL PATIENT



Invisalign & Invisalign **Express** from \$2500 \$45**00**

We cater to chickens!

www.softtouchdental.com



www.softtouchdental.com

Family and Cosmetic **Dentistry and Orthodontics**

3735 Clairemont Mesa Blvd. at Clairemont Dr.

Toll-Free: 888-296-6092
www.softtouchdental.com
Take a virtual tour of our office online!

Dr. Fakhimi, DMD



MEMBER
ADA, CDA,
SDCDS, BBB

LAS VEGAS INSTITUTE
for
ADVANCED DENTAL STUDIES

- Most Insurance Accepted
- **■** Financing Available
- Military Discounts
- **■** Senior Discounts
- Discover, MasterCard, Visa, American Express, ATM



San Diego's

Only 2nd Annual

Pinnacle

Award

WINNER! &

renew

New Year's Specials

THERMAGE® 10% off

Tighten, Firm and shape your body without surgery or injections. No Downtime.

ActiveFX™ / CO2 Laser \$1,500

Nonsurgical Skin Resurfacing and Tightening for Wrinkles, Sun Damage and Acne Scars. Minimal Downtime

FRAXEL II LASER \$750 (Reg. \$1000.00)

"Fractional" Skin Resurfacing to improve Skin Tone, Texture, Pore Size, Erase Brown Spots, Remove Wrinkles, Remove Acne and Surgical Scars.

PHOTOFACIALS (IPL) \$250 + (microderm) PHOTODYNAMIC THERAPY (PDT) with Levulan™

For Rosacea, Sun Damage, Age Spots and Skin Rejuvenation.

BOTOX® \$10 / unit

FILLERS (Temporary and Permanent) 20% off Restylane®, Perlane®, Juvéderm™, ArteFill® For Wrinkle Reduction and Lip Enhancement. Radiesse® \$500

> LIPO-DISSOLVE with MESOTHERAPY **\$125** (syringe)

CELLULITE TREATMENT \$150 (syringe)

Non-Surgical Face and Body Sculpting and Fat Reduction.

LASER HAIR REMOVAL 10% off

LightSheer™ Diode Laser Proven Technology.

COSMELAN® \$600

Skin Lightening for Melasma and Age Spots.

LEG VEIN TREATMENT \$150 per area Sclerotherapy and non-invasive YAG Laser for Spider and Reticular Veins.

> ACNE BLU-U® TREATMENT \$600 x 12 (with student I.D.)

Blue Light Destroys Acne Bacteria.

Offers expire 1/31/08

ANTI-AGING SKIN CARE PRODUCTS NEOCUTIS®, OBAGI AND TOPIX

DRAMATIC EYELASHES AND HAIR GROWTH BY JAN MARINI

Call 858-454-2700 to hear about our 2008 specials! or visit www.LaJollaLaser.com

Nasrin Mani, M.D.

Founder & Medical Director

1111 Torrey Pines Road, Suite 102. La Jolla, CA 92037 Mon.-Fri. 8 am-7 pm Sat. 8 am-5 pm

Free Parking Gift Certificates & **Major Credit Cards** CareCredit® [Payment Plan] Se habla español



all night. El Mexicano, **Gobernador Balarezo** 9750, Fraccionamiento América, near Palacio Azteca Hotel, Tijuana, 011-52-664-686-2424.

Jalisco Café

Excellent old-fashioned eatery (it has been going 60 years) featuring great fish tacos with breaded fish, shredded cabbage, and vogurt salsa. Unusual charcoal-broiled chicken asada taco. Jalisco Café, 1669 Palm Avenue, Imperial Beach, 619575-4955 (also at 4026 Bonita Road).

Lydia's

Another great old institution in IB, right opposite Jalisco's. Of course, compared with Jalisco, Lydia's is a newcomer. Only been at it since 1957. But you've got everything here: big family parties, girls waiting to dance with you in the evenings, backed by, like, Lydia Pimentel's 6 children, 27 grandchildren, 44 greatgrandchildren, and 7

great-great-grandchildren, a lot of them getting folks up and dancing anything from line dancing to merengue, ranchero, quebradita, and salsa in the evenings. ¡Que noche! The menu's traditional Mexican with some original twists, like the botanas (beans, pork, melted cheese over corn chips) that everyone says is Lydia's invention. But stick with the tacos: the cabeza's good, the carnitas are great, and the carne asada ain't half bad.

HEALTH AND BEAUTY







- Stress Confidence IBS
- MotivationChronic
- Weighter Sleep
 Success

Hypnotherapy, Inc.

Judy Callihan Warfield Certified Hypnotherapist Certified NLP Practitioner Certified Therapeutic Imagery

619-303-8511

9029 Park Plaza Dr. #200 La Mesa www.successhypnotherapy.com

Thinning Hair?

You have a choice

LASER HAIR THERAPY FOR MEN AND WOMEN TO PROMOTE HAIR GROWTH

- ∞ Non-invasive cold laser light therapy
- ∞ Stimulates and strengthens hair follicles
- Slows genetic and hormonal hair loss
- ∞ Confidential and private rooms
- ∞ Over 40 years' combined experience
- ∞ Board of American Hair Loss Council

Also Offering:

 ∞ Non-surgical hair replacement with top specialists in men's, women's and children's hair loss



JOLLA

Call for your complimentary consultation: 619-296-7744

6110 Friars Road, Suite 205 • www.lajollahairclinic.com (1 mile west of 163 Freeway and Fashion Valley Mall. Next to NYPD Pizza)

refresh

Plus on weekends they have a taco cart outside with good al pastor. Really, with Lydia's ya got Mexico in a bottle. Have fun! Lydia's Café and Nightclub, 1628 Palm Avenue, Imperial Beach, 619-429-3603.

Café la Especial

This is Café Especial Sur, as opposed to Norte. An institution on Revolución up the street from Caesar's hotel. Here is where it all began, the steamed taco, in 1948. Steam cooks the taco and makes it suave, soft. You can also get them at the

restaurant down the stairs. Best eat: tacotamale-enchilada combo (with beans, and guacamole or rice). Café la Especial, Avenida Revolución 718 (down market steps), Tijuana, 011-52-664-685-6654.

Porkvland

Ah! The smell. The smell! Bubbling lard in great three-foot copper cauldrons roils away with pork buches (stomach lining), chicharrón, and roasting legs of pork most of the day. You can't help but be drawn in by that sabor. Taco al pastor

is the best deal here, and probably anywhere in San Diego. The flavor and tenderness tell you they don't rush the cooking here. Be wild! Forget the diet for a day! Porkyland, 2196 Logan Avenue, Logan Heights, 619-233-5139. (Also in La Jolla.)

Clayton's Mexican Take-Out

"Please, No Eating on Premises," says a sign. That's because so many people dive straight in while they're waiting for their friends. This little hole-in-the-wall behind the venerable Clayton's in

Lose pounds & inches FAST! FAST! FAST!



Rodex Forte

Vital link for energy and metabolism! Call for details!

Our doctors and nurses have changed thousands of lives for the better, which is why our program has been #1 in San Diego. We can help you take off those extra pounds and keep them off. Make that call now, and you will be on your way to a slimmer, trimmer you. We'll show you how.

Free Consultation Initial Fee

> with this ad. Hurry! Good through 2-14-08.

A DOCTOR'S WEIGHT LOSS CLINIC

Clairemont (858) 279-7060 • East County (619) 440-8171 **Carlsbad** (760) 721-7088 • **Chula Vista** (619) 476-0060 Murrieta (951) 894-7737 • Moreno Valley (951) 784-5336

*Individual weight loss may vary. 4weightclinics.com

HEALTH AND BEAUTY

Fourth Area Free! With minimum of 3 Smartlipo areas. \$2000 value. Offer expires 2-25-08.

Dissolve **Unwanted Fat**

mart lipo M Ten Reasons to Choose Dr. Schafer:

- 1) 20 years' Liposuction experience
- 2) Over 500 Smartlipo procedures performed
- 3) NEW 18-watt Smartlipo system
- 4) No general anesthesia
- 5) Caring, committed and professional team
- 6) Dr. Schafer's Rapid Recovery Program
- 7) Full-service medical spa on-site
- 8) Complimentary limousine service day of surgery
- 9) Named West Coast Center of Excellence by Cynosure
- 10) Flexible financing; 0% interest

\$12 Per Unit Botox Event • January 30 • 9 am-6 pm Free \$50 Gift Card

with every Botox treatment. (Cannot be used the day of the event.)

Juvéderm Ultra \$500 (1st syringe) 20% Off (2nd syringe)

"ViPeel"-Hollywood's Best-Kept Secret (as seen on XTRA)

- Prevents and reverses aging process
- Clears acne skin condition and scarring
- Reduces or eliminates age spots and hyperpigmentation
- · Softens lines and wrinkles
- Minimal downtime
- Introductory pricing







NEW IMAGE COSMETIC SURGERY Dr. Jeffry B. Schafer, M.D., F.R.S.M.

Model

230 Prospect Place #350, Coronado 800-689-0545 • www.sandiegolipo.com Monday-Friday 8 am-5 pm

The Beverly Hills Liquid Face-lift

- Takes years off your face
- Makes skin appear smoother and firmer
- · Restores and corrects facial fat loss
- Stimulates your own collagen
- Biocompatible and biodegradable
- Non-invasive. no downtime
- No skin testing required
- Lasts up to 2 years





Seminar

on Non-invasive Facial Rejuvenation

Tuesday, Jan. 29, 6:30-8:00 pm. Space is limited. Please RSVP to: 888.281.1641



BOTOX® \$10/unit **Restylane** \$395/\$495

2nd syringe \$395, 1st syringe \$495. Same day only.

Artefill Permanent Filler \$995 **Breast Augmentation** \$6295

Offers expire 1/31/08.

Multiple laser treatments available!

- Accent XL Skin Tightening and Fat Reduction
- Harmony Refirme ST VBeam CO₂ and more!

William M. Flynn, M.D., F.A.C.S.

351 Santa Fe Dr., Suite 1 • Encinitas

888.281.1641





Coronado has been quietly dishing out tacos and burritos for years. It's kind of famous for the generous size of its carne asada burritos. The decor? Basic. Floor is concrete slabs exactly like the sidewalk outside. A little red tile "roof" overhangs the order counter. A fan and two Spanish-style lamps yellow glass, black wrought iron — hang from the ceiling. But that's it. The tacos they put out are stuffed. What's more, people admire their homemade salsa. One of the cooks, Gilberto, makes it from his mom's recipe. I heard folks from Mexico City in here saying it's the best darned salsa in El Norte. Carne asada is at the heart of the business, and the tacos are great, but the shredded beef crisp taco is the most delicious. Prices are delicious too, for Coronado.

At these prices, except for the kids driving by in Daddy's Lincoln SUVs, you could be in IB. **Clayton's Mexican** Take-Out, 1107 Tenth Street (at the back of Clayton's Coffee Shop, 979 Orange Avenue), Coronado, 619-437-

Bull & Bear

You sort of don't expect it on Prospect, but the Bull & Bear, this trendy pub for the accountants and land barons of La Jolla, does great fish tacos. They're stuffed with cabbage and ooze with creamy sauce and dark salsa. You get salad and red-colored corn chips, so it looks good too, and so do you, sitting out on Prospect, chowing down, and watching the fashionable world go by watching you. Bull & Bear Bar and Grill, 1271 Prospect Street, La Jolla, 858-551-0077.

Taco la Linea

Nine years ago, María

Antonia Garcia had this Australian lamb idea. Like, to make tacos out of them. And guess where she does it? Just five yards into Latin America, at her taco stand directly outside the west channel of the pedestrian entrance to Tijuana. And sin duda, she turns out some of the most scrumptious lamb tacos anywhere. Just check out the permanent cluster of customers voting with their feet. The lamb (Aussie, "because it has the best flavor") comes in mayo-spread tortillas with cilantro and spices and all the fixings you want. They also do standard tacos like carnitas, and unusual ones think one is ears — but most people will tell you they come for the lamb. What better way could you have to step into Old México? Watch out, they're closed on Thurs-

HEALTH AND BEAUTY



Extreme Smile Makeover

Veneers in 1 Week (No shots, no drilling)

Same-Day Implants & Crowns

Straighten & Whiten Your Teeth in 1 Week!

ZCOM 2 \$199 1-hr. Whitening System

Does not apply to patients needing

periodontal treatment.

\$1100 Off invisalign

Plus FREE bleaching upon completion of treatment. Does not apply to patients needing periodontal treatment.

\$3495 Dental Exam & Cleaning

Reg. \$204. Complete initial exam, periodontal exam, limited x-rays, oral cancer screening. New patients only. May not be used in conjunction with insurance.

Sedation (Sleep dentistry available)



Dr. A. Shojania 5927 Balboa Avenue (behind Bank of America), San Diego 92111

Monday-Saturday & Evening Appointments Available Major credit cards accepted



performed by physician

San Diego's Unique Medical & Day Spa

Mystique MEDICAL SPA

Mason Dang, M.D. Medical Director

Free Consultations!

3603 Fourth Ave. San Diego 619-543-9814

Closed Sun. & Mon.

WINTER SPECIALS!

Tattoo Regret? 25% off Tattoo Removal Packages

LASIK Laser Vision Correction

Starting from \$999 per eye Performed by board-certified (American Board of Ophthalmology) & fellowship-trained eye surgeon.

"All About Me" Package \$129 1-hour full-body massage, European facial, microdermabrasion.

Eyelash Extensions \$109 (reg. \$199)

Cosmetic Procedures

Botox \$11 per unit • Restylane \$249 and up Perlane \$499 per syringe • Juvéderm \$369 per syringe

Laser Tattoo Removal

IPL Photofacial Skin Rejuvenation \$199 per session IPL Laser Hair Removal \$49 and up IPL Acne Treatment \$199 per session Medical-Grade Facial Peel \$159 per session Sclerotherapy Spider Vein Treatment \$149 and up Scar, Skin Tag & Mole Removal

Special Permanent Makeup with Mini Facial

Eyeliner \$199 (reg. \$300) • Lip Liner \$199 (reg. \$300) Eyebrows \$199 (reg. \$300) • Full Lip \$499 (reg. \$600)

Spa Treatment Specials

"Mystique" Package \$99

mabrasion, mini soothing facial, pedicure or manicure.

"Winter Retreat" Package \$159 plus hand and foot reflexology.

"Waxed and Pampered" Package \$89

Salon Services

Custom Cuts • Color • Eyelash Perm • Brow/Lash Tinting Waxing Services • Updos for weddings & special occasions

All prices expire 1/31/08. Most credit cards accepted.

days. Taco la Linea, Corner Avenida Amistad and Calle José María Larroque, at western pedestrian entrance gate into Tijuana. No phone.

Azteca

This used to be down at 12th and Imperial, another place where missing the bus had its consolations. Azteca filled you up and felt genuine. Then the building boom came and condos were slated, so Azteca was forced out and razed. "We came up here to Market Street, higher

rent, decorating, and guess what?" says one of the guys. "The building boom fell through, and our old place is a parking lot." Whatever. They still serve the same generous tacos that hooked a generation of trolley drivers and Father Joe's clients (at the beginning of the month, anyway). Lot of the same customers have migrated up here, although condoïstas walking their dogs are starting to appear. I always go for the carnitas and the fish tacos. What I like: you get two tortillas per taco. That makes sure you don't get a midchomp collapse. Also, this is right at the Park and Market trolley stop and ye olde Palms Hotel, where an urban legend has it that Wyatt Earp lived for months. So you can hop off one trolley, chow down, check out Wyatt's room (second floor, corner), and be ready when the next trolley comes along. **Azteca** Taco Shop, 555 Park Boulevard, East Village, 619-955-5494.

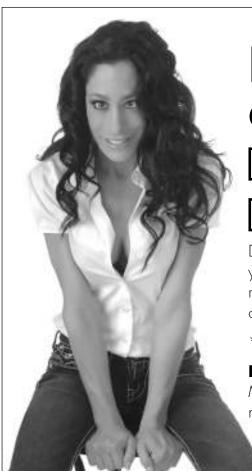
Limónz Rostizados And this is the new Mexico, what's happening in

places like Mexico City. Trendy design, like transparent plastic bubble stools and wavy frosted plastic tables, echoey lime-and-white walls, and at the heart, a bunch of chafing dishes loaded with everything from carnitas to angel-hair spaghetti. Go for the marinated crispy-skin roast chicken. That's what this place is all about. It's juicy, spicy, and full of flavor. And you can really pig out. Either with the traditional-sized "street tacos" in corn tortillas or their idea of the Big Mac,

"Mexican Soft Tacos," way-big floppy flour tortillas that are great stuffed with the citrusspice marinated chicken (or pork carnitas, or steak asada) plus an assembly line of condiments and garnishes. This is the fun part. The condiments could be anything from black beans to fideos secos (chipotle-spicy angelhair pasta that's delicious covered in grilled cheese) to poblano chili rajas, which is roasted poblano and bell peppers sautéed with onions, then cooked with Mexican cream and

cheese. Yum, yum. Then you come to garnishes like the house-made, fresh-tasting guacamole and salsa fresca with cactus and (whew!) finally to a bunch of really cool salsas, "flavor sauces" like mango-habanero, spicy peanut chipotle, achiote, and jicama with Japanese red peppers. We're talking sofisticado here but without the La Jolla prices. You can go on experimenting forever. And ask the counter guys. They can lead you into new worlds of taco combos. And yes, it's all fresh. This place doesn't





If I had a choice

Bald man



Dr. DeYarman has over 25 years of experience in hair restoration, more than any other physician in San Diego.

*Member of IAHRS

Free Consultation

Meet with Dr. DeYarman not a salesperson.



DeYarman Medical Group

3252 Holiday Court, Ste. 204, La Jolla www.deyarmanmedical.com 1-800-FOR-HAIR or 858-558-4700

draw the raving crowds that the shacklike Cabo Cantina does just up the road on a Friday night, but it is a "cool Diego," border-city, two-culturesfor-the-price-of-one joint if there was ever one. If you're interested in truly creative taco food, you're here! Mexican Moderne doesn't always take in this town. Someone else tried a place down in Chula Vista, the Baja Taco

Shack. Hear it didn't make it. But these guys are doing great. They oughta nail up a sign: Taco Future Is Here. Limónz Rostizados, 978 **Garnet Avenue, Pacific** Beach, 858-605-0093.

Oh, Lord. Then there's that place on India Street. The tiny little box next to the Burnham skyscraper. The taco guys there have been under threat of

eviction for five years. Another high-rise is supposed to go up. But hey, they're still here. Oh, and Las Ahumaderas, scrumptious bunch of all-night taco joints in TJ (at Guillermo Prieto and Gobernador Balarezo, where you pick up some of the town's best musicians for your party). They say El Paisa, the first booth, is the best. ■

— Ed Bedford

HEALTH AND BEAUTY





It's better together.

COUPLES MASSAGE PACKAGES

DELUXE \$175

includes lit whirlpool, chocolate strawberries, and aromatherapy massage.

DELUXE DECADENCE \$250

includes the deluxe session, plus rose petal hand treatment

EXTRAVAGANCE \$350

includes the decadence session plus the famous revive face-lift massage.

VICTORIA ROSE THE DAY AND LATE-NIGHT MASSAGE SPA

619.544.0136 • VICTORIAROSEMASSAGE.COM

136 west fir street (between the airport and balboa park) beautiful victorian ambiance. unpretentious atmosphere easy free parking.

Avoid the high cost and pain of plastic surgery!

Combination, non-surgical facelift using the technology of both Fraxel II Laser and Thermage to improve your appearance without the high cost or the painful downtime of plastic surgery.

BENEFITS TO EXPECT:

- Tighter, more youthful skin
 - Reduced pigmentation due to sun damage
 - More even-toned & smoother skin
 - Improved and more defined jawline





BFFORF

AFTER

\$1000 off

Non-invasive Combination Therapy

Certain restrictions apply. Expires February 29, 2008.



LIFE MEDSPA FACE & BODY AESTHETICS

Downtown San Diego's Premier Medical Spa 406 9th Avenue, Suite 201 • San Diego

(619) 338-0911

Complimentary parking Petco Parking Building at 10th & J



IPL Photofacial \$125 (reg. \$199) For pigmentation, dark facial hair, rosacea, pore tightening Permanent Makeup \$199 Lips, brows or liner, Additional \$100 for touch-up if necessary Acne Facial \$55 Exp Microderm \$45 50-Min. Massage \$49 Brazilian Wax **\$35** (reg. \$50) **Cellulite Treatment Kit** Jan Marini Eyelash Growth Serum \$119

Botox \$9/ unit (reg. \$11/unit) Juvéderm \$325 (reg. \$399) Cosmelan \$499 (reg. \$699)

Now available by appointment:

Cosmetic surgery consultation by American Board of Facial Plastic & Reconstructive Surgery-certified plastic surgeon

Laser Hair Removal:

| Bikini sides | \$69 | Bikini top/sides | \$87 |
|--------------|-------|------------------|-------|
| Underarms | \$69 | Chest | \$160 |
| Brazilian | \$125 | Upper legs | \$200 |
| Lower legs | \$155 | Back | \$299 |
| Full legs | \$290 | Upper Lip | \$39 |

No package purchase required! We'll match any advertised specials!

Syner-Chi Day Spa

4839-A Clairemont Dr (Next to CVS in Claremont Town Square) 1-866-282-7476 • SynerchiDaySpa.com Mon.-Fri. 10-7, Sat. 10-5, Sun. 12-5



FREE Cosmetic Surgery Information Pak^{TM*}

Plus our new booklet "Warnings & Red Caution Flags" about cosmetic and plastic surgery's hidden pitfalls



Find out what you **must** know about cosmetic surgery before your surgery!

- Before and after photos of procedures Brochures
- Doctor referrals/FREE consultations Surgery pricing guides
- Recovery process and back-to-work time
- Checking out doctors' board certification
- 25 questions to ask your doctor
- How to finance your surgery/low payments

Call 1-800-535-0380

for immediate shipment.

No cost or obligation.

Sponsored by: The Cosmetic Surgery Information Center™ ...a non-profit public benefit organization providing information, education and assistance to the public since 1985.

*Certain restrictions may apply. Paid for by an association of participating Board-Certified Physicians referred by Cosmetic Surgery Information Center. ©2008 COSMETIC SURGERY INFORMATION CENTER, INC. $^{\text{TM}}$

Pucker u

Gift certificates available!

Get ready for Valentine's Day!

Beautify yourself with 50 off any filler, plus receive a free Mini-facial.*

*Call for additional details. Expires 2/13/08.

Expert Botox® *50 off your next treatment!*

50% Off Any of **These Treatments!**



Choice of: Laser Hair Removal, Vibradermabrasion or Chemical Peel

Cannot be combined with any other specials. First treatment only. Expires 2/7/08.

Physician Administered

New patients only. *Restrictions may apply. Expires 2/29/08.

IPL Photofacial

50% Off Leg Vein





Get rid of summer sun damage, age spots, rosacea & acne.

*New patients only. Expires 2/7/08.



Laser and Sclerotherapy offered.

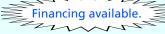
First treatment only. Expires 2/7/08.

Natural Hormone Therapy Anti-Aging Medicine Weight Loss

- Loss of sex drive? Depression, anxiety, fatigue?
- Thyroid conditions? Unable to control appetite? • Unexplained weight gain?

\$50 off New Patients

For medical services only. Restrictions apply. Expires 2/7/08.



See Dr. Weiss on The Wellness Hour! 8:00 pm • 2/4, 2/11

7:00 pm • 1/30, 2/12 8:30 am • 2/1, 2/8

Dr. Weiss

8:00 am • 1/30, 2/6, 2/13

9:00 am • 1/29, 1/31, 2/7, 2/12, 2/14

1:00 pm • 1/31, 2/7, 2/14

1:30 pm • 1/30, 2/6, 2/13

8:00 pm • 1/28, 2/4, 2/11

8:30 pm • 2/1, 2/8

Channel 8: 7:30 am • 2/2 11:30 am • 2/9

1:30 pm • 2/6

2:30 pm • 2/1



Wellness & Longevity Medical Center 4130 La Jolla Village Dr. #105 La Jolla • 1.888.417.6208

www.spa858.com

The Native

Perhaps the development will finally come to a halt when there is no longer any open space on which to build, when the sewers all back up, when there is no more water.

t was a little over a year and a half ago. I left my old, faithful, beat-up Karmann Ghia stowed in a garage in La Mesa and left for Antarctica. Why Antarctica? The adventure, I suppose. The money. The travel. Why not? I wasn't leaving forever. Barring nuclear holocaust, San Diego would be here when I got back.

Of course, I thought about San Diego a lot while I was gone. It was hard not to, especially during the austral winter, those long, lonely, sunless months with temperatures low enough to quick-freeze fish steaks. I thought about the beaches in particular: the P.B. boardwalk, La Jolla Shores, Black's. I sat in my room listening to the wind howl outside and imagined myself in Seagrove Park at 15th Street in Del Mar, spooning up a frozen yogurt and watching the surfers while the sun warmed my face. I missed it all, missed being able to jump in the ocean and lie in the sun afterwards, missed Bal-



boa Park, Mission Bay, Diego's, Alfonso's, margaritas, chips and salsa.

San Diego is more than just a unique place, I remember thinking. It's a state of mind, a lifestyle, all those clichéd terms that are constantly thrown at us. It's an entity unto itself, an oasis on the North American continent, separated by the grace of God and Camp Pendleton from the bloated, foul-breathed goliath to the north.

San Diego, I realized, is a city-beach-ocean complex. Take San Diego and transplant it, all the buildings, parks, and roads, to Illinois or Oklahoma. It becomes

just another city in the heartland. Nothing to distinguish it, no special ambience to call its own. But here, nestled in the southwest corner of the nation, hips next to Mexico, shoulders reclining on the Cuyamaca Mountains, feet lolling in the waves, here is San Diego. Here is the wide-open feeling, the easy mood, the small-town atmosphere.

Of all of it, I became convinced that the beaches are what give San Diego this mood. The ocean calms the mind, puts things into perspective. Standing at sunset and watching the colors develop over that vast wilder-

HEALTH AND BEAUTY

Hollywood's Top Hair Transplant Surgeon Is Now In San Diego!



magine hair restoration results so impeccably natural no one may ever guess you had surgery.

You deserve hair transplant results that look impressively natural...up to 3000 follicular graft/units with up to 6000 hairs in one hair restoration procedure.

Instead of minimum coverage where you must come back again and again, we deliver maximum density, medically safe, for a full, completely natural look.

66 Even my longtime hair stylist was amazed at the subtleness of both the grafts and donor sites, exclaiming, 'Damn! That's nice work!'

- J. McElwee

New LookMD

888-290-6526

La Jolla/Scripps Hospital 9834 Genesee Ave., Suite 428 La Jolla, CA 92037 Oceanside

2103 El Camino Real, Suite 101 Oceanside, CA 92054 www.NewLookMD.com

1400 Transplants \$1999 Reg. \$2800

- More Hair For Your Money
- Natural Results
- Fast Recovery
- Compare Our Results
- Offer Ends 1/31/08.

First-time patient offer. Equivalent to 1400 hairs or 700 (2-hair) follicular graft units.

Trust your body & face rejuvenation to a caring, Board-Certified Plastic Surgeon



DIANA BREISTER GHOSH, M.D. *Certified, American Board of Plastic Surgery*

Specializing in

- Breast Augmentation
- Breast-Lift
- Tummy Tuck
- Face-Lift/Neck-Lift
- Liposuction
- Eye Rejuvenation
- Endoscopic Brow-Lift
- Botox® Cosmetic
- Restylane®/Juvéderm™
- ArteFill®





6386 Alvarado Court Suite 340 San Diego **619-286-6446**

Financing Available

ness on our doorstep helps to slow the rush. The beach life — relaxed, separated by desert, mountain, and attitude from the rest of the country. Our own mellow little fiefdom.

Even the roads feel open, less clogged, the drivers more courteous, the pace slower. Who wants to rush when spring paints the rolling hills a lush golden yellow? Only in San Diego, I remember thinking, growing more homesick by the day.

I left Antarctica in the middle of October and headed north. I'll admit I didn't pine for home sweet San Diego nearly as much while I was lying on the beach in Australia or while I was traveling through the South Pacific. But the feeling hit me again hard when I boarded the plane in Fiji, bound for L.A. Home at last. There's no place like

I thought my
speedometer
had gone rusty
from disuse.
Grannies were
passing me!
Winnebagos!

home, says Dorothy, and the omniscient "they" repeat it constantly.

They also say you can never go back.

Reentering society after a year of isolation is not easy. The masses of people can be overwhelming, and the pace seems absurdly frantic. The trick is to take it slow. A little at a time. I broke the old Karmann Ghia out of mothballs and went for leisurely drives. Or tried to, at least. I found it was no longer possible to take a leisurely drive in San Diego. Something had happened. Something had changed.

Before I left, it had been my practice to cruise an even 60 mph on the freeways. It may have been pushing CHP tolerance a bit, but as long as I wasn't passing too many cars, I figured I was safe. The rearview mirror was my best friend. I hit I-8 west and fell into the old mold. Big joke. I was the



Cosmetic Surgery

Face • Body • Breast

- Breast Augmentation
- Liposculpture
- Eyelid Beautification
- Nose Reshaping
- Face-lift/Brow-lift
- Laser Resurfacing
- Botox®, Restylane®, Radiesse®, Artefill®

Specializing in TUBA, Transumbilical Breast Augmentation.
No scars on the breast! Minimal healing time!

Silicone and Saline Implants.
All approaches offered.

NEW YEAR - NEW YOU!

A small gift to yourself and a big boost to your self-confidence! Make a change today for a better you tomorrow!

Special Offers:

Breast Augmentations from \$4200 Evelid Lifts from \$2000 • Chemical Peels from \$1500

Robert A. Shumway, MD, FACS 9834 Genesee Ave., Suite 225 Scripps La Jolla Campus

888.401.3685

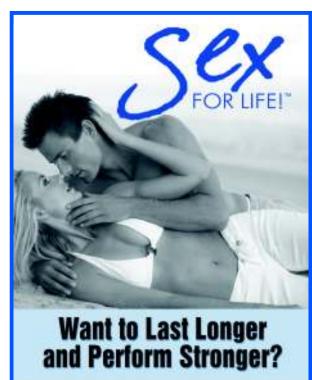
Complimentary consultation. Evening and weekend appointments available. www.ShumwayCosmeticSurgery.com



Silicone

Implants

and feel



For over 15 years, our physicians have provided personalized treatments that help men restore their ability to achieve and maintain a full erection, even when other treatments have failed or caused side-effects.

- · Private waiting rooms
- Safe and effective solution for men of all ages
- Proven results from first visit.



Call Today (866) 725-9026

Don't let Erectile Dysfunction or Premature Ejaculation affect your relationship for another day. Call now for a clinic near you!



Neck or lower back pain?

Arm or leg pain • Numbness Cramping • Weakness

Tired of nothing working?

Chiropractic, physical therapy, acupuncture, pain medication, muscle relaxers

Good news! Finally there is help! Without injections, medications or surgery!

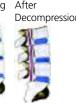
Spinal Decompression Computerized Therapy

creates a vacuum effect to facilitate the transfer of fluids, nutrients and oxygen herniation back inside the disc.

Learn the importance of treating the cause of the problem, not just the symptoms. FDA approved! As seen on channel 6!

Bulging





- Degenerative disc
- Sciatica
- Spinal stenosis
- Facet syndrome

Complimentary consultation & evaluation!

See if you are a candidate for this new innovative treatment! Call for details. Offer expires 2/7/08.

Dr. Theo H. Kircher QME, Chiropractor 866-887-5790



New location! 2555 Camino del Rio South #201

slowest guy on the road. I thought my speedometer had gone rusty from disuse. Grannies were passing me! Winnebagos! I tried to keep pace, but the old Ghia wasn't up to it. I gave up at 70, and I was still being left in the dust.

That was only the first shock. I fought my way to I-5 and headed north to live my Seagrove Park winter fantasy. Just past Gilman Drive I almost drove off the road into the bushes. Where once lav an ocean of scrub and wildflowers, there was now a sea of rooftops in escrow. The sign said La Jolla Colony, but I couldn't decide whether they were houses or mushrooms. How did they get there so fast?

I found no solace in Del Mar, just a parking lot. The whole quaint little oceanfront village was a mass of Detroit's finest. La Jolla was worse, perpetual automotive gridlock.

The list goes on. I've been home for a little over four months now, and I still haven't gotten used to it. Everyone drives faster, but it still takes twice as long to get anywhere as it did a year and a half ago. For the first couple of months, I couldn't understand why I was always late for appointments. Rush "hour" now lasts from 3:00 to 6:30, and people are on the roads at 5:30 in the morning racing to work. 5:30! I used to see rabbits on the road at 5:30.

If I don't see them now, perhaps it's because they've been sent packing. The Developer Demon is loose and hungry. Vast stretches of the tablelands in Mira Mesa are turning white under the bulldozer's blade. The road to Poway is being attacked on both sides. Everywhere a seemingly endless plain of condominiums stings the eye. It is as though every major developer in the nation has descended on San Diego County. Everything is up for grabs. No stopping until every square inch in the area is covered. Scrubland is out, condominiums are in. Wildlife is passé, shopping centers are the wave of the future. The San Diego "lifestyle" revamped and set in concrete. The "broad interpretation" of land use. I still can't believe what I'm seeing.

I wondered for a while if it were all my imagination, if perhaps I had invented an



Robert Kearney, MD Financing Available Certified by the American Board of Plastic Surgery 9834 Genesee Avenue Suite 129, La Jolla

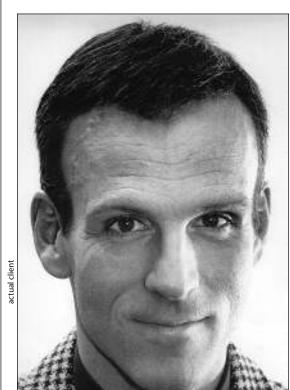
www.kearneymd.com

View estimated fees,

before & after photos

and more!

Look sexy and feel confident with a full head of real hair in less than 2 hours.



Ultimate Hair Dynamics of San Diego

2221 Camino del Rio South, Suite 108 • 888-446-2417 Complete financing available • ultimatehairdynamics.com



100% satisfaction or your money back!

If you are currently a client of another company, come and see why UHD was voted #1 salon in California. Your first service will be on us. That's right, FREE! We want to earn your business! Happy new year!

Come see our high-class center and find out why so many customers have made the change to Últimate Hair!

100% \$\$\$-back guarantee! We want to earn your business. NOT receiving 100% from your current provider? Make the change today!



idealized fantasy concept of San Diego in the icy darkness. So I made a few calls. According to the County Department of Planning and Land Use and the San Diego Association of Governments, 63,667 people moved to San Diego County in 1985. There were even more in 1986, but those exact figures aren't out yet. The year 1985 also saw a net gain of 34,222 housing units. That is 15 percent more than 1984, and three times more than 1983.

Statistics publishers R.L. Polk & Co. gave me the skinny on cars. In 1985 there were 86,211 new car registrations in San Diego County. In 1986, 90,365. So between the time I left, in August of '85, and the time I returned, in December of '86, roughly 100,000 people, 55,000 homes, and 135,000 cars were added to San Diego.

To say it's not the same place is to exaggerate understatement. But the thing that confounds me most is the

HEALTH AND BEAUT

speed with which these changes occurred. A mere 16 months has completely transformed the town in which I was born and in which I have spent most of my adult life. Where did it go, our "unique San Diego lifestyle," that elusive commodity so enthusiastically touted by all the TV news anchors? Methinks it is in somebody's pocket, on its way to a Swiss bank.

With immediate-function dental

implants, patients receive immediate results never before

available with other implants.

The only implant approved by

the FDA for immediate load.

NO WAITING PERIOD

Tooth placed on the implant the

same visit and you can eat

immediately.

Immediate Tooth Replacement

CONSULTATION FOR IMPLANTS





Immediate Results

Delayed Load Implant as low as \$800 (excludes crown) Immediate Load Implant \$2200 (excludes crown)

Non-invasive Sinus Floor Lift & Bone Grafting COMPLETE DENTAL CARE ngs · Root Canals in one visit \$250 anterior tooth · Crowns/Bridges · White & Silver Fillings

Dr. S.T. Sawa • 407 W. Madison Ave. • El Cajon • 619-401-0444 www.instantdentalcare.com or www.sargondentalimplants.com



Reverse the Signs of Aging

with Natural Hormone Replacement



- Biochemical evaluation of hormone imbalances
- Chronic fatigue management Genetic risk evaluation
 - Analysis of nutrient deficiencies
- Neurotransmitter evaluation of depression and anxiety

Dr. Cole Raub can be seen on The Wellness Hour, Channel 4 (Time Warner) Tuesday 9:30 pm and Sunday 7:30 pm

LASER HAIR REMOVAL

(first treatment with prepaid package of 2 or more)

BOTOX FRIDAYS

20% off

(new patients only)

IPL PHOTOFACIAL

40% off

% off

prepaid package of 5

prepaid package of 3

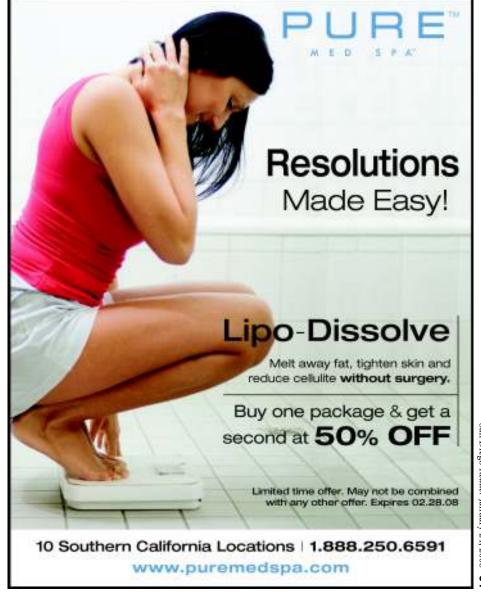
Offers expire February 6, 2008

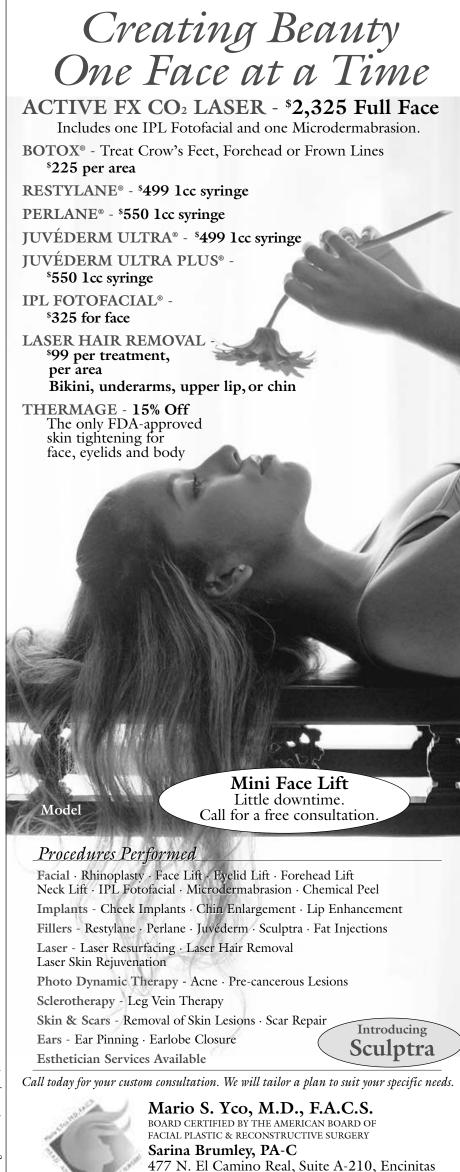
Dr. Andrea Cole Raub 1-888-239-8547

12264 El Camino Real, Suite 204

www.agingbetter.com







760-944-4211

Trying to make some sense of it all, weighing the rush of impressions and emotions, I've realized something very disturbing. There's been another change in San Diego during the months I was away. A sea change. A change more fundamental than even the glut of cars or the amber waves of condos. It's a change in mood. I believe our coveted small-town atmosphere is finally gone.

I see this mood change

most clearly reflected in the way people drive. It's been said that you can tell the mood of a city by its drivers. L.A. drivers have either a keyedup, too-much-caffeine-andsugar wildness in their eyes, or else a look of depressed resignation, aware that they are confined to automotive purgatory. New York-New Jersey drivers have an intense stare, a dog-eat-dog predatory grimace. The old "I'm getting where I'm going and nothing's going to stop me from getting there faster than anyone else and if you get in my way you're dead meat" kind of look.

I used to consider San

Diego roads relatively sane, compared to L.A. Now the freeway is full of lunatics. Everyone's trying to go faster than the next guy. People used to glance at the scenery now and again, take in the pleasure of 163 through Balboa Park, or enjoy the spring wildflower bloom along I-5 through La Jolla. Now they stare intently straight ahead, glaring at the road, which is their enemy. They seem greedier, more competitive. They drive more aggressively. They're less friendly, less courteous. The lifestyle is different. San Diego seems to have finally entered the rat race.

Perhaps there are advantages to all this growth and change. The economy seems to be booming. And even though the symphony just died, the arts in general seem to be getting more attention. Maybe it takes a certain level of population and hustle and bustle for a city to get "culture."

Is it worth it? Four months I've been back, and I'm still disoriented. Almost every day I run into some new construction, road, or stop light. I've been reluctant to drive into North County for fear of what I'd see. Did it take leaving and coming back to notice these changes? Like planting an acorn and coming back to a huge oak 20 years later. Only this tree's been fed growth hormones.

I know San Diego is still orders of magnitude better than anywhere else, in terms of what it offers. But where will it end? Perhaps the explosive, unbridled, unregulated head-over-heels development will finally come to a halt when there is no longer any open space on which to build, when the sewers all back up, when there is no more water.

Do I sound upset? I feel as though I've gone away on vacation and returned to find that my home has been burgled. Worse, the burglar is still here, stuffing his bag of loot and thumbing his nose at me.

— Jim Mastro

Originally published in the *Reader* on May 21, 1987

HEALTH AND BEAUTY



52 San Diego Reader January 24, 2008

To the Editor:

North County Times' Best Letters

he North County Times has a unique policy of printing virtually any letter they get, as long as it is 200 words or less and has no profanity or slander," says Dick Eiden. "After a number of years of reading the North County Times, I realized there was a sort of community of letter writers — some always wrote about taxes, or creationism, or schools. It went back and forth, with liberals and conservatives and everything else."

In 1997 Eiden founded the North County Forum, which he calls a "liberal-toprogressive organization" whose original

LOCAL EVENTS

members were other letter writers. "We're pacifists and activists," explains Eiden. "We're very active in opposing

this war, going to rallies, and having educational events. The main thing is educating ourselves and our community, and our letters try to do that."

On Saturday, January 26, the North County Forum will present the 11th annual Letters to the Editor Awards Night. Awards are given in several categories of best and worst of the nearly 7000 letters printed in 2007 in the *North County Times*. Letters that make it into the "worst" category, Eiden explains, must have "entertainment value, even if it's the most horribly written, with the worst politics in the world or so unbelievable it makes you sick." Winners in the "worst" categories are not invited to the awards ceremony.

In the "best" categories, judges look for letters that are "well written, informative, and fact filled." An award is presented to the "most distinctive letter writer," the "person whose whole body of work for the year" yielded a number of exceptional letters. Other bests include best youth letter, best letter on immigration, best letter on separation of church and state, and best letter on religion.

Each year the ceremony begins with an "overture," a dramatic reading of around 125 "sound bites" from various letters. For the 2005 awards the overture included sentiments from all sides. One person wrote, "There are 641 [criminals] on death row in California. Give them one appeal and that's it. Fry them, hang them, inject them or whatever to get rid of them." The same author penned, "Affirmative action in this day is rather like Rosa Parks not only refusing to move to the back of the bus, but now she wants the bus company to give her the bus." One citizen opined, "Evolution is evil, along with false gods. Only ignorant or deceived people believe this fairy tale," which prompted this response from another reader: "Evolution is no more evil than gravity or the speed of light. What is evil is the manipulation of the truth to force one's beliefs on another.'

Eiden has learned to limit the number of vitriolic letters that are read aloud. "One

year we read three bad letters in a row, and it was, like, 'Oh, my, we might as well have sprayed some skunk into the audience.'" This kind of letter, Eiden explains, expresses "really hateful opinions — not just stuff we don't agree with, but things expressed in a hateful way with complete disregard and the opposite of compassion."

Some of the most appalling letters Eiden has seen were written by Tom Metzger, founder of the White Aryan Resistance. "He's a leading white supremacist, and he lived in Fallbrook and subscribed to the North County Times," says Eiden. In July 2000 Metzger wrote a letter about immigration that began, "I know how it tears you up to print my racist, bigoted letters, but here we go again." He went on to recount an incident in the news: "It seems some little darlings from south of the so-called border were chased, roughed up, and shot with BB guns." The letter incited several weeks' worth of indignant responses. In January 2003 Metzger wrote, "After over 20 years, millions of people have crossed the border...I am living in a cuckoo's nest. Stop the world and let me off." Doug Woelke of Temecula rejoined, "Well, Tom is welcome

to leave

anytime he wants. Good riddance, and don't let the door hit you on the backside on your way out." According to Eiden, Metzger won the "worst letter" award so many times that he was made ineligible.

"When I was a young person living in Los Angeles and Santa Barbara," remembers Eiden, "I looked at the letters-to-the-editor section to help me make up my own mind about what was right or wrong and where I stood politically. The letters helped me because I could see one point of view presented and the opposite point of view and figure out where I stood. I think letters do influence people. It's a good public forum, and it's one of the most popular sections of the paper."

— Barbarell

North County Forum's 11th Annual Letters to the Editor Awards Night Saturday, January 26 6 p.m. Address provided to those who RSVP Vista Cost: \$20 (\$7 for students and low income) Info: 760-758-2410 or www.northcountyforum.org



San Diego Cruises:

Champagne Brunch Cruises Nightly Dinner Cruises

Harbor Cruises & Sea Lion Adventures

Whale & Dolphin Watching Adventures



619-686-8715 • www.hornblower.com

2-FOR-I

Table off mid-week Whale Watching only on up to 6 adult tickets. Not railed on holidays, special events, gift certificates or in combination with any other offer. Mention discount at time of purchase and present tropon upon boarding. Coupon code: SDR18 Enpires 1/31/08.

Attend a free seminar with a fast-growing company.

Huge \$\$ potential! NILC (National Institute Legal Center, Inc.)

Now franchising new locations in San Diego and southern California for a rapidly expanding, rewarding opportunity in the legal document preparation industry. This is a highly rewarding career for entrepreneurial-skilled people with good communication skills.

No legal experience necessary.

If you are motivated to learn and earn, we cordially invite you to attend.

Free no-obligation seminars:

Thursday, February 7 • Hilton Del Mar • 15575 Jimmy Durante Blvd.

Afternoon, 1-3:30 pm or evening session, 6-8:30 pm

Limited seating. For reservations, call Mr. Allen: 1-800-628-8057

HOW TO SEND US YOUR LISTING: Contributions must be received by 5 p.m. Friday,

the week prior to publication for consideration. Do not phone. Send a complete description of the event, including the date, time, cost, the precise address where it is to be held (including neighborhood), a contact phone number, and a phone number (including area code) for public information to READER EVENTS, Box 85803, San Diego CA 92186-5803. Or fax to 619-881-2401. You may also submit information online at SanDiegoReader.com by clicking on the events section.

DANCE

"Tango Fire" Estampas Porteñas from Buenos Aires performs to music by Astor Piazzoll for La Jolla Music Society. Reservations: 858-459-3728. Friday, 8 p.m., \$25-\$65. Stephen & Mary Birch North Park Theatre, 2891 University Avenue. 619-239-8836. (NORTH PARK)

All Things Swing Dance Party Live swing music by Uptown Rhythm Makers, workshops, dancing, performances, games. Intermediate "fancy spins" workshop (7:15 p.m.); beginners' class (8:30 p.m.), open dancing 8:30-midnight. Additional fee for lessons. 619-291-3775. Saturday, 7:15 p.m., \$13. Dance North County, 535 Encinitas Boulevard, suite 100. (ENCINITAS)

Contradance Hey Wire makes music, Martha Wild calls. Beginners' dance workshop: 7:30 p.m. Wear soft-soled shoes. 619-283-8550. Saturday, 7 p.m., \$7. Trinity United Methodist Church, 3030 Thorn Street. 619-238-8550. (NORTH PARK)

Day of Dance Academy of Performing Arts plans re-opening with classes all day in various styles: ballet, jazz, tap, modern, hip hop, and flamenco. ay will concludes with performance by teachers, students, scholarship students. 619-282-1884. Saturday, 10 a.m., \$5. Academy of Performing Arts, 4580-B Alvarado Canyon Road. (GRANTVILLE)

English Country Dancing Janet Arnold calls for English country dancing. Beginners' instruction at 6 p.m. 858-676-9731. Sunday, 7 p.m., \$6. Jean Hart Academy of Dance, 12227 Poway Road. 858-676-9731.

National Audition Tour Pacific Northwest Ballet School brings annual national audition tour in an effort to audition an estimated 1600 classical ballet students; of those who audition, approximately 300 will be chosen to attend an intensive training session in Seattle. Students 12 to 18 invited to audition. No advance registration needed. 206-441-2435. Sunday, 4:30 p.m., \$25. San Elijo Dance and Music Academy, 1635 S Rancho Santa Fe Road. (SAN MARCOS)

USA Dance Ballroom Party Ballroom, Latin, swing, salsa, more. All ages, ability levels, singles, couples. Casual dress. Fourth Saturday, each month. Lessons at 7 p.m., dancing from 8-11 p.m. 760-525-5124. Saturday, 7 p.m., \$7. Synergy Dance Zone, 7480 Miramar Road. (MIRA MESA

<u>OUT & ABOUT</u>

"TANGO FIRE,"

Estampas Porteñas, Birch North Park Theatre, Friday, January 25.

(SEE DANCE)



FILM

Blackwater in Your Backyard?

Matters of Controversy series continues when Jan Hedlun and Raymond Lutz discuss Blackwater West, the fight to keep it out of Potrero, and what you can do to get involved. Guests include poet Steve Kowit, a resident of Potrero. Alternate Focus screens their short documentary Blackwater in Potrero; discussion follows. Donation.

858-459-4650, Saturday, 7 p.m., First Unitarian Universalist Church of San Diego, 4190 Front Street. 619-298-9978. (HILLCREST)

"New Releases" See Wild Hogs, starring Tim Allen, John Travolta, Martin Lawrence, and William H. Macy during ongoing Carlsbad Library film series. 760-602-2026. Wednesday, 6 p.m., Carlsbad City Library, 1775 Dove Lane. (CARLSBAD)

"Robert Irwin: The Beauty of

Questions" Director Leonard Feinstein's 1997 documentary follows artist from Paris to New York to Los Angeles, Filmed over a five-year period, it spans the artist's aesthetic journey - from his beginnings in the 1940s, through his years as a painter, and then out of traditional art spaces into the world at large. Additionally, see premiere of new short documentary by Feinstein chronicling installation of exhibition "Robert Irwin: Primaries and

Secondaries." Feinstein will be on hand for a post-screening discussion. Friday, 7 p.m., \$7. Museum of Contemporary Art San Diego, Downtown, 1001 Kettner Boulevard. 858-454-3541. (DOWNTOWN)

"Smiley Face" Director Gregg Araki's "hazy odyssey" starring Anna Faris screens for Film Forum. 619-236-5800. Monday, 6:30 p.m., San Diego Public Library, 820 E Street. 619-236-5800. (DOWNTOWN)

Hi/Lo Film Festival Cinema Lounge Series hosted by Sushi Performance and Visual Art promises "high-concept, lowbudget films for the adventurous and disenchanted." Pay what you can, 619-235-8466, Tuesday, 7 p.m., Basic Urban Kitchen and Bar, 410 Tenth Avenue. 619-531-8869.

Korean Film Festival Festival dedicated to contemporary films from both Republic of Korea (ROK) and Democratic People's Republic of Korea (DPRK). Program boasts five ROK and five DPRK feature films plus a documentary film about Korean immigrants in the former Soviet Union (all with English subtitles). Lectures, panel discussions by film directors, film producers, scholars from Korean National University of Arts, Princeton University, University of Michigan, USC, UC Irvine, UCSD. Events take place in UCSD's Calit2 Auditorium and Theater in Atkinson Hall, 858-534-1413. Saturday, 9 a.m., Friday, 9 a.m., Sunday, 9 a.m., UCSD: University of California San Diego, 9500 Gilman Drive, 858-534-2230. (UCSD)

Reuben H. Fleet Science **Center** Currently screening in the IMAX theater: Sea Monsters: A Prehistoric Adventure, Dinosaurs Alive!, The Living Sea. "Fridays





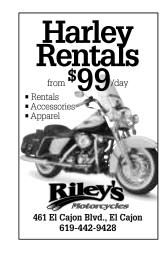


TOURS & CHARTER Romantic Valentine Gift

18 years of excellence

800-345-6737

Winery Lunch Flights Gift Cards Flight Training





Classes Still Open

MONDAY: Argentine Tango

Tuesday: Latin/Ballroom* • Nightclub 2-step • Hustle

Wednesday: Jitterbug & Swing*

THURSDAY: Lindy Hop* • West Coast Swing

FRIDAY: Salsa* • West Coast Swing

Social Dance Country-Western Two-Step*

DANCES - Every Thursday: West Coast Swing/Nightclub Mix Every Saturday: Latin & Ballroom

Every Sunday: Jitterbug/Swing

PATTIE WELLS' DANCETIME CENTER

1255 West Morena Blvd. (619) 275-3533 dancetime@gmail.com www.dancetime.com

*(Classes in bold) with this ad, first-time student. Introductory classes. Expires 2/29/08. Sorry, no credit cards accepted.





at the Fleet" showcases Ring of Fire (6 p.m.) and Forces of Nature (7 p.m.) on January 25. Ticket prices and showtimes: 619-238-1233. Wednesday, 9:30 a.m., Monday, 9:30 a.m., Tuesday, 9:30 a.m., Thursday, 9:30 a.m., Sunday, 9:30 a.m., Friday, 9:30 a.m., Saturday, 9:30 a.m., \$12.5. Reuben H. Fleet Science Center, 1875 El Prado. 619-238-1233.

World on a String Film series offering a "look into the world of beading that take you around the world and to many cultures" continues with *The Treasured Bead*. Tuesday, January 29th, 7:30 p.m., \$5. Xpressive Arts Center, 12257 B Old Pomerado Road. 858-679-2787. (POWAY)

FOR KIDS

"Symphony Sleuths" Classics for Kids and Classics Philharmonic family concert. "It's 1772, the scene is Prince Nicholas of Esterhazy's summer castle and composer Joseph Haydn's musicians have disappeared. Using clues from the music and key witness interviews...can the sleuths find the musicians in time?" Reservations: 619-291-3111. Sunday, 2 p.m., \$11-\$22. Salvation Army Kroc Community Center Performing Arts Theatre, 6611 University Avenue. (COLLEGE AREA)

"The Musical Adventures of Flat Stanley" Musical follows flatas-a-pancake Stanley Lambchop as he scours globe to find a way to become three-dimensional again; along the way he meets new friends and learns about different people, cultures through song and dance. 800<u>OUT & ABOUT</u>

"FOOD AND WATER BOWL XVI," Saturday and Sunday, January 26 and 27, Del Mar Fairgrounds.

(SEE SPECIAL)



988-4253. Sunday, 4 p.m., Sunday, 2 p.m., \$10-\$20. California Center for the Arts, Escondido, 340 North Escondido Boulevard, 800-988-4253.

"The Rabbit on the Moon" Gaston Morineau performs Rabbit and The Little Red Hen in Spanish and English, through Sunday, January 27. Next up: Classic Chinese Fairy Tale, by Millie Patterson's Weaver's Tales, January 30 through February 3. 619-544-9203. Thursdays, 10 a.m., Thursdays, 10 a.m., Fridays, 10 a.m., Fridays, 11:30 a.m.,

Saturdays, 11 a.m., Saturdays, 1 p.m., Saturdays, 2:30 p.m., Sundays, 11 a.m., Sundays, 1 p.m., Sundays, 2:30 p.m., Wednesdays, 10 a.m., Wednesdays, 11:30 a.m., \$3-\$5. Marie Hitchcock Puppet Theatre, 2130 Pan American Road West. 619-544-9203.

"Trucktown: Smash! Crash!" Award-winning children's book author Jon Scieszka (*The Stinky Cheese Man and Other Fairly Stupid Tales*) and award-winning illustrator David Shannon (*No, David!*) read from and sign their new collaboration. Event

includes visit by San Diego Fire Department. 858-454-0347. Thursday, 3:30 p.m., Warwick's Bookstore, 7812 Girard Avenue. 858-454-0347. (LA JOLLA)

Groundhog Day Celebration Miss Patricia reads Judy Cox's *Go to Sleep, Groundhog* during storytime. "Simple" groundhog craft follows. 858-513-2900. Tuesday, 3:30 p.m., Poway Library, 13137 Poway Road. 858-513-2900. (POWAY)

To the Highest Pond in the Land? Author and illustrator duo Doreen Cronin and Betsy Lewin discuss and sign their newest collaboration, *Duck for President.* 858-454-0347. Wednesday, 4 p.m., Warwick's Bookstore, 7812 Girard Avenue. 858-454-0347. (LA JOLLA)

IN PERSON

"The Blessing of a Broken Heart" "Transforming a Story Into a Theatrical Play" — Todd Salovey (associate artistic director of San Diego Rep) and actress Lisa Robbins break down San Diego Rep's latest production during oration. In community room across courtyard from library. 858-513-2900. Sunday, 4 p.m., Poway Library, 13137 Poway Road. 858-513-2900. (POWAY)

An Evening with David Oliver Relin Journalist, co-author of *Three Cups of Tea* reads from, discusses book as part of "One Book, One San Diego" events. 619-594-2782 Monday, 6 p.m., The Old Globe Theatre, 1363 Old Globe Way. 619-234-5623. (BALBOA PARK)

Another Evening with David Oliver Relin Journalist, co-author of *Three Cups of Tea* reads from, discusses book as part of "One Book, One San Diego" events. 858-538-8158. Tuesday, 7 p.m., Scripps Miramar Ranch Library, 10301 Scripps Lake Drive. (SCRIPPS RANCH)

Corteo: Cirque du Soleil "Corteo" is "a joyous procession, a festive parade imagined by a clown," presented by Cirque du Soleil under the grand chapiteau. Corteo cast includes 61 artists from 16 countries. 800-678-5440. Thursdays, 8 p.m., Fridays, 4 p.m., Fridays, 8 p.m., Saturdays, 4 p.m., Saturdays, 8 p.m., Sundays, 1 p.m., Sundays, 5 p.m., Sundays, 5 p.m.,

Tuesdays, 8 p.m., Wednesdays, 8 p.m., \$50-\$85. Del Mar Fairgrounds, 2260 Jimmy Durante Boulevard. 858-755-1161. (DEL MAR)

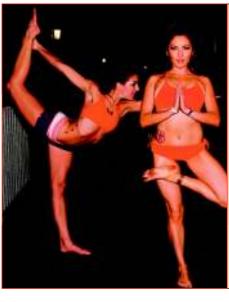
Drum! Cultural heritage of Nova Scotia showcased in musical revue with more than 20 musicians, singers, dancers performing musical history of the four principle Nova Scotia cultures. Enjoy music, dance poetry, video, rhythm, song. 619-570–1100. Saturday, 8 p.m., \$25-\$50. Balboa Theatre, 854 Fourth Avenue. 619-570-1100. (DOWNTOWN)

More David Oliver Relin Journalist, co-author of *Three Cups of Tea* reads from, discusses book as part of "One Book, One San Diego" events. 858-552-1657. Wednesday, 7 p.m., La Jolla Library, 7555 Draper Avenue. 858-552-1657. (LA JOLLA)

Shakespeare and Swords Watch a "realistic sword fight" as it would have been fought in a Shakespeare play, enjoy silly "reduced Shakespeare" version of *Romeo and Juliet* performed by library staff and friends. 760-643-5100. Sunday, 1:30 p.m., Vista Library, 700 Eucalyptus Avenue. 760-643-5100. (VISTA)

Staggering Toward America Following 9/11, Rik Reppe journeyed from California to New York to discover what America and Americans had become, and who he was becoming. Content may not be suitable for younger audiences. 800-988-4253. Friday, 8 p.m., Saturday, 8 p.m., \$25. California Center for the Arts, Escondido, 340 North Escondido Boule-

vard, 800-988-4253, (ESCONDIDO)



Pre-Valentine's Day Beauty Party Thursday, February 7

Featuring Botox injections by board-certified plastic surgeon Diana Ghosh, makeovers by Ballage Cosmetics, fun "up-dos" by Salon Tonic, and 20% off the entire store!



928 Ft. Stockton, Suite 107, Mission Hills 619-299-4FLY (4359) Monday-Friday 11 am-7 pm, Saturday 10 am-6 pm





LECTURES

"Embryos and Evolution" Grey Matters lecture series continues with talk by UCSD biologist William McGinnis. All animals share similar architectural control genes called Homeobox genes, which "provide a pattern to construct organisms of incredibly diversity, beauty, and complexity." 619-232-3821. Thursday, 6:30 p.m., San Diego Natural History Museum, 1788 El Prado. 619-232-3821 (RAH ROA PARK)

"Real Cool Geckos" Rami Guirguis focuses on geckos of New Caledonia when San Diego Herpetological Society gathers, in room 104 of Casa del Prado. 760-533-2611. Thursday, 7 p.m., Casa del Prado, El Prado. (BALBOA PARK)

"Science Solutions for a Planet in Peril" Charlie Kennel, Scripps Institution of Oceanography distinguished professor, discusses how convergence of earth science, biology, social science could lead to new awareness of Earth's systems that may enable coordinated responses to global environmental challenges. Reservations: 858-534-5771. Thursday, 6:30 p.m., \$5-\$8. Birch Aquarium at Scripps, 2300 Expedition Way. 619-534-FISH. (LA JOLLA)

"Winter Wildlife of Japan" World-wide tour guide, photogra-

pher Roy Toft presentation for Sierra-Club. 619-585-3773. 619-299-1743. Friday, 7:30 p.m., Joyce Beers Community Center, 3660 Centre Street. (HILLCREST)

Behavior Problems Parrot Education and Adoption Center seminar, followed by "Question and Answer: Ask the Expert at 2:45. Room D-6. Reservations: 619-287-8200. Sunday, 1 p.m., \$15. Marina Village Conference Center, 1936 Quivira Way. (PACIFIC BEACH)

British Isles Genealogical Research Association Group meets to hear Jim McNamara speak, share photographs from his recent genealogical research trip to Scotland, Ireland, Isle of Skye, and London.

A GUIDE TO UNEXPECTED SAN DIEGO AND BEYOND | BY JERRY SCHAD

ROAM-(__)-RAMA

emotely situated at San Diego County's far east side and surrounded by Anza-Borrego Desert State Park, Agua Caliente Regional Park draws winter visitors to its comfortable warm and hot bathing pools and its homey campground. Several hiking trails lace the park, all of which are perfect for casual hiking with kids. The particular trail covered in this column leads to small

freshwater marsh (which the park calls "the pond") where ground-water saturates the sandy soil and nourishes a riparian oasis of willows and palms.

First, how to get there: From most of the San Diego city area, the fastest and easiest route is

most of the San Diego city area, the fastest and easiest route is Interstate 8 east to Ocotillo in Imperial County. From Ocotillo, follow Highway S-2 northwest for 27 miles to Agua Caliente, on the left. Inland North County residents may find it quicker to go through Julian on Highway 78.

Julian on Highway 78, down the Banner Grade east of Julian to Scissors Crossing (junction of Highway S-2), and then southeast on S-2 for 22 miles.

This being a county park, be prepared to pay an entrance

fee, whether for day use or for overnight camping (call County Parks at 858-565-3600 for camping reservations).

Amid the willows at the pond

Pick up the trail to the pond at the campfire circle near the entrance to Agua Caliente Regional Park. You wind west over a low ridge, passing a spur trail leading south to an overlook, then descend to a dry, sandy wash. Turn left and make your way past thickets of thorny mesquite bushes, which are vibrant green when leafing out in February or March. The nutritious pealike pods of the mesquite ripen in September and are eaten by various mammals.

Ahead lies the pond — a marshy area with several large willow trees and some small palm trees. At least one diamondback rattlesnake makes a living on the small furry creatures that come here to drink. Coyotes and bobcats also frequent this little oasis. On the nearby hillsides you can admire the natural gardens of barrel and teddy-bear-cholla cactus. The latter cactus, especially, is nice to look at from a distance, but up close reveals bristles of stiff and incredibly sharp spines.

Just beyond the pond, in a jagged ravine to the south (named $\,$

Squaw Canyon on topographic maps), is a small cave, a *tinaja* (a natural rock tank) and a usually dry waterfall. Further exploration is possible up any of the several branches of the canyon.

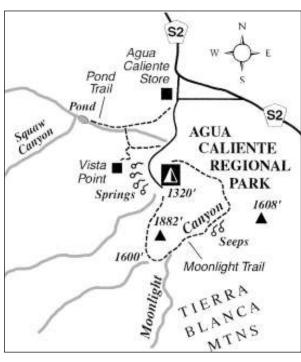
This article contains information about a publicly owned recreation or wilder-

ness area. Trails and pathways are not necessarily marked. Conditions can change rapidly. Hikers should be properly equipped and have safety and navigational skills. The *Reader* and Jerry Schad assume no responsibility for any adverse experience.

THE POND AT AGUA CALIENTE

A mini-freshwater marsh awaits your inspection at Agua Caliente Regional Park in the Anza-Borrego Desert.

Distance from downtown San Diego: 100 miles Hiking length: 1.4 miles round trip Difficulty: Easy



Non-members welcome. 760-476-9289. Saturday, 10 a.m., Wesley United Methodist Church, 5380 El Cajon Boulevard. (COLLEGE AREA)

French Art in the 19th Century Explore work by Edouard Manet, Renoir, Degas, Pissaro, and Monet when art historian Linda Blair concludes lecture series. 858-454-5872. Tuesday, 7:30 p.m., \$17. Athenaeum Music and Arts Library, 1008 Wall Street. 858-454-5872. (LA JOLLA)

Journey to the Copper Age Final week of exhibit includes presen-

tation on "The Emergence of the Earliest Temples in the Holy Land" by Thomas Levy. Many of the objects on exhibit are from excavations conducted by Levy; he'll reflect on discovery of these finds, many never before shown outside of Israel and Jordan, during gallery tour following lecture (4:30). Reservations: 619-239-2001. Sunday, 3 p.m., \$20. San Diego Museum of Man, 1350 El Prado. 619-239-2001. (BALBOA PARK)

Kumeyaay and Luiseño practices Revealed during class, "The Use of Native Plants by Native People." Participants will learn about "plants

used for food, medicine, ritual, and basketry" and "the interdependency between land and people." Required registration: 760-436-3036, x206. Thursday, 7 p.m., Saturday, 9 a.m., \$100. Quail Botanical Gardens, 230 Quail Gardens Drive. 760-436-3036. (ENCINITAS)

The Use of Native Plants by Native People Kumeyaay and Luiseño practices revealed during class, "The Use of Native Plants by Native People." Participants will learn about "plants used for food, medicine, ritual, and basketry," and "the interdependency between land and peo-

ple." Classes held 7 to 9 p.m. on Thursdays, January 10, 17, and 24, and Saturday, January 26, 9 a.m. to noon. \$100. Required registration: 760-436-3036, x206. Thursday, 7 p.m., Saturday, 9 a.m., \$80-\$100. Quail Botanical Gardens, 230 Quail Gardens Drive. 760-436-3036. (ENCINITAS)

OUTDOORS

Audubon Society Bird Walk Bring binoculars and drinking water to explore Tecolote Canyon. 858-581-9944. Saturday, 9 a.m., Tecolote

Nature Center, 5180 Tecolote Road. (CLAIREMONT) **Basic Birding** Tom Troy leads basic birding program. Emphasis on identifying birds by sight and sound and using binoculars, spotting scopes, field guides. Directions: 760-

967-6915. Saturday, 8:30 a.m., Buena

Vista Lagoon, 2202 South Coast

Highway. (CARLSBAD)

Ceanothus, or wild lilac, a whiteor blue-blossoming native plant, is set to bloom by late January or early February. Ceanothus is common wherever native sage-scrub and chaparral vegetation grows, from the bluffs of Torrey Pines, to the edge of the Anza-Borrego Desert. The October wildfires burned off much of the ceanothus cover in the North County foothills — but the plant is resilient against periodic wildfires and will eventually return.

Desert Garden Tour Bizarre trees, cacti, succulents showcased when Offshoot Tours hosts its monthly hour-long guided stroll through desert garden. 619-235-1122. Saturday, 10 a.m., Balboa Park Vistor Center, 1549 El Prado. (BALBOA PARK)

Fledging Birders — Santee Lakes Join Audubon Society birders with a scope if you have one. Directions: 858-755-7133. Wednesday, 8 a.m., Santee Lakes, 9040 Carlton Oaks Drive. (SANTEE)

Have Fun on the Trails Naturalist/biologist Carol Stanford leads moderately strenuous four-mile hike primarily along Boulder Loop Trail. Meet in main parking lot on La Honda Drive with water and hiking boots. 760-839-4680. Sunday, 9 a.m., Daley Ranch, 3024 La Honda Drive.

Hawkwatch Visit Ramona's grasslands to witness winter migration of hawks, falcons, and eagles during outing led by Wildlife Research Institute. Walks led by trained biologist every Saturday, in January and February. Wear hiking or walking boots. Bring binoculars or spotting scopes if you have them. Heavy rain





HAWKWATCH

Saturdays, Ramona

(SEE OUTDOORS)



cancels, 760-789-3992, Saturdays, 9 a.m., Wildlife Research Institute, 18030 Highland Valley Road. 760-789-3992, (RAMONA)

Live Entertainment on the Lake! See coots, migratory shorebirds performing mating rituals during guided nature hike. 619-668-3281. Saturday, 8:30 a.m., Kumeyaay Lake Campground entry station, Two Father Junípero Serra Trail. (SAN CARLOS)

Mission Valley River Clean-Up Ioin Friends of 92108 and San Diego River Park Foundation's Clean and Green Team to clean stretch of San Diego River southeast of Mission San Diego de Alcalá. Help remove garbage, refuse. Tools, gloves, trash

located in parking lot. RSVP: 619-297-7380. Sunday, 9 a.m., SD River cleanup site, 10981 San Diego Mission Road (MISSION VALLEY) Peace on Earth Rippling of San

bags provided. Meet in staging area

Diego River, chirping birds, scented flora during guided walks through oak groves and native chaparral. F619-668-3281. Saturday, 9:30 a.m., Monday, 9:30 a.m., Sunday, 9:30 a.m., Mission Trails Regional Park, One Father Junípero Serra Trail, 619-688-3281. (SAN CARLOS)

San Diego County's Waterfalls should be at their very best during the next month or two. Just how impressive they will be will depend on the overall amount of winter rainfall. Three of the most accessible waterfalls are: Green Valley Falls at Cuyamaca Rancho State Park; the falls below the first palm grove in Borrego Palm Canyon (Anza-Borrego Desert State Park); and the falls

Special event makeup artistry

Getting married?

Have a professional do your makeup

Weddings ◆ Formal occasions ◆ Dances Birthday parties ◆ Instructional sessions All other events

🖊 Starlit Makeup

For a free consultation, call Jaya: 858-722-0459 or e-mail: starlitmakeup@gmail.com

Wedding Guide

A free, 24-bour line for planning your wedding.

Call 619-233-9797

and press the 4-digit extension (in bold type) of the topic or advertiser that interests you. Or go online at SDReader.com/wedding

Planning Tips

| Bakers |
|-----------------|
| Bridal Attire |
| Bridal Shows |
| Caterers |
| Ceremony Sites |
| Clergy |
| Consultants |
| Dance Lessons |
| Decorations |
| Disc Jockeys |
| Florists |
| Formal Wear |
| Gift Registries |
| Health & Beauty |
| Honeymoon |
| Invitations |
| Jewelers |
| Limos & Valet |
| Musicians |
| Photographers |

Affordable Customized Wedding Ceremonies

Church services or barefoot on the beach. Call 858-350-1053. See www.personalizedweddings.zoomsha E-mail, sjwallace1053@yahoo.com **5326**

Bridal Bazaar Sunday, April 27

Del Mar Fairgrounds, 10am-4pm. More than 300 exhibitors with everything for your wedding. Info, coupons, www.bridalbazaar.com.... 5208

Don't Let The "French" In **French Gourmet Scare You! We Offer Delicious Values!**

From simple hors d'oeuvres & cakes to elaborate buffets or sit-down receptions, our experienced staff will plan a menu that will please your guests and someone's wallet. Visit www.thefrenchgourmet.com or consult us at 800-929-1984 x125. Free cake tasting. 960 Turquoise, PB. Serving San Diego since 1979..... 5308

> To place your ad in the Wedding Guide, call 619-235-8200.

Great Escapes

619-235-8200 TO PLACE AN AD

Big Bear Cool Cabins

Cabin or luxury home on or near the lake. Fireplace, BBQ, TV, kitchen, hot tub and more. Professional housekeeping, towels, and linens are included. Pet-friendly available. Check rates and book online. www.bigbearcoolcabins.com or 800-550-8779.



\$12/Person Catalina Getaway

Roundtrip cruise for 2, +1 night hotel, +2 island bus or boat tours for couples who qualify and attend a 2-hour tour and vacation ownership presentation near home. No obligation. Call 7 days, 8am-7pm. Bonus gift card for 1st 50! 800-718-8810 x51.

Cupid's Castle B&B

Fairytale castle near Harrah's Casino. 4 chambers with Jacuzzis, balconies, TVs, bathrobes, chocolates, pool table, breakfast, snacks. Voted most romantic getaway. Near wineries. Wedding facility. 760-742-3306. www.cupidscastlebandb.com.

Reduce Your Stress!

For a relaxing getaway, we have cabins from \$74 plus tax! Southern California's 2nd best kept secret — 6200' in the sky! 11 individual log cabins, fireplaces, kitchens. Reservations: Edelweiss Lodge, 951-659-2787, www.lcabin4u.com.

Encinitas Romantic Getaway!

\$90-\$175! 5 custom ocean-view rooms. Feng shui! Penthouse Shangri-La: A true hidden paradise with private 8' hot tub! Enjoy enchanted gardens. Walk to beach and downtown. Seabreeze B&B. Call 760-944-0318 or www.seabreeze-inn.com.

Sweetheart Package

January special: \$99, Sunday-Thursday, continental breakfast. \$179 with continental, dinner for 2 and massage or horseback riding. Weekend/holidays higher. See display ad. Live Oak Springs Resort. 619-766-4288. www.liveoaksprings.com.

Xosarito

Rosarito Beach Hotel Family Vacation Getaway Package: \$139

One night in an oceanfront room, two 30-minute massages, continental breakfast, dinner, 2 kids 12/under stay/eat free dinner. \$169+ tax, double occupancy. Sunday-Thursday. Expires March 6, 2008. Excludes US holidays/special events. ww.Rosaritobeachhotel.com. 1-866-ROSARITO.



La Fonda Hotel Restaurant & Spa Located between Rosarito & Ensenada. Hotel offers 36 oceanview rooms, most with fireplaces. Food ranges from Mexican fare to famous lobster fest & all you can eat \$13.95 Sunday brunch. 1 hour south of San Diego. lafondabaja.com. 01152-646155-0308.

D I E G

Black Film **Festival**

January 31-February 3

Regal United Artists Theatre 14, Horton Plaza



Spotlight on Black Cinema

Over 100 films screened

All screenings \$10

Opening reception and film on Jan. 31 \$20

Opening party Feb. 1 \$25

Awards party Feb. 2 \$35

Film panel discussions Feb. 2 FREE with ticket stub

Meet & greet film stars Feb. 2 FREE with ticket stub



Tickets available now! 740 Market Street 11 am-7 pm Info: 619-685-7215 www.sdbff.com











Pacific Coast Skydiving

\$125* Tandem



- * Scenic flights over the ocean and downtown San Diego
 - * Jump from altitudes over 2 miles above the ground
- * Ask about RVT video technology

Call or go online for reservations.

(619) 661-0194 www.pcskydiving.com

Open 7 days a week • MC/Visa Gift certificates available.

*Must purchase \$70 video (\$195 total cost). Weekdays only. Add \$20 for weekend jumps.

at the midpoint of Los Peñasquitos Canyon Preserve — a three-mile walk from either its east or west entrance. Hikers and climbers can explore many other waterfalls (some with heights up to 100 feet) in remote areas of the county

Venus and Jupiter, the two brightest (by far) planets in the sky, and now both visible in the morning sky at dawn. They will appear ever closer to each other on successive mornings until dawn on Friday, February 1, when they will lie only 0.6 degree (a little more than the full moon's apparent width) apart.

SOUTH OF THE BORDER

From the United States use the prefix 011-52-664 when calling Tijuana; when calling Tijuana use only the seven-digit number.

"Palabras Divinas Palabras" Lecture by Hernán Lara Zavala, 011-52-664-684-8609. Thursday, 7 p.m., Friday, 7:30 p.m., ICBC, Avenida Centenario #10151, Zona Río.

"Two Birthdays: Virginia Woolf and Edgar Allan Poe" Mayra Luna, Pedro López Solís, Olimpia Ramírez, and Luis Gastélum discuss these two influential authors who were both born in January. 011-52-664-687-9636. Thursday, 7 p.m., Centro Cultural de Tijuana, Paseo de los Héroes and Mina Street. (BAJA)

OUT & ABOUT

"CORTEO: **CIRQUE DU SOLEIL**"

Wednesdays through Sundays, Del Mar Fairgrounds.

(SEE IN PERSON)



SPECIAL

"A Taste for the Arts" Have nary delights." Fee includes museum admission. RSVP: 760-839-4120. Thursday, 7 p.m., \$5. California Center for the Arts, Escondido, 340 North Escondido Boulevard, 800-988-4253. (ESCONDIDO)

"Food and Water Bowl XVI"

More than 450 cats expected to attend two-day event hosted by San Diego Cat Fanciers, which includes household pet class competition. Lectures, adoptions, vendors. 760-735-8209. Saturday, 10 a.m., Sunday, 9 a.m., \$6-\$8. Del Mar Fairgrounds, 2260 Jimmy Durante Boulevard. 858-755-1161. (DEL MAR)

"What Is Globalization's Dark Side?" Share opinions with P&R Discussion Group. 619-370-1027. Thursday, 7 p.m., The Other Side Coffee House, 4096 30th Street. 619-521-0533. (NORTH PARK)

Bodies...the Exhibition Features more than 250 "real, whole, and partial human body specimens...dissected and preserved," providing upclose looks inside skeletal, muscular, reproductive, respiratory, circulatory, other human body systems. Many whole-body specimens "are



"Corteo is one of the most thematically cohesive and visually sumptuous shows ..." - Sandiego.com

> "Corteo delivers on visual splendor" -North County Times



PROUDLY PRESENTED BY



NEW BLOCK OF TICKETS NOW ON SALE!

GET YOUR TICKETS TODAY CIRQUEDUSOLEIL.COM 1800678-5440

NOW PLAYING THRU FEBRUARY 17

UNDER THE GRAND CHAPITEAU AT DEL MAR FAIRGROUNDS ASK FOR THE ULTIMATE VIP EXPERIENCE, *TAPIS ROUGE*™ GROUP SALES AND 点: 1800 450-1480

CREATED AND DIRECTED BY DANIELE FINZI PASCA













MEDIA PARTNERS



San Diego Reader January 24, 2008

dissected in vivid athletic poses." Found in former Robinsons-May store. 877-263-4375. Thursdays, 10 a.m., Fridays, 10 a.m., Saturdays, 10 a.m., Sundays, 10 a.m., Mondays, 10 a.m., Tuesdays, 10 a.m., Wednesdays, 10 a.m., \$18-\$26.5. University Towne Centre, 4425 La Jolla Village Drive. (LA JOLLA)

Doggie Café Take your friendly, on-leash dog to socialize with other canines. Trainers offer training tips on keeping dogs calm, civilized around distractions. Donation. Reservations: 619-299-7012 x2230. Friday, 6 p.m., \$10. San Diego Humane Society and SPCA, 5500 Gaines Street. (LINDA VISTA)

Have Some Haggis! Robert Burns Night celebrated with dinner, poetry, Scottish country dancing, (the aforementioned) haggis, single malt whiskey tasting. Reservations: 619-283-6242. Saturday, 6 p.m., \$25. St. Mark's Episcopal Church, 4227 Fairmount Avenue. (CITY HEIGHTS)

House Beautiful Home Show Exhibits, vendors with products for your home. 800-999-5450. Friday, 10 a.m., Saturday, 10 a.m., Sunday, 9 a.m., Del Mar Fairgrounds, 2260 Jimmy Durante Boulevard. 858-755-1161. (DEL MAR)

Leo Carrillo Ranch Historic Park Old adobe buildings were once vacation retreat and working rancho of actor Leo Carrillo. Tours on Saturdays, (11 a.m., 1 p.m.) and Sundays, (noon, 2 p.m.). Saturdays, 11 a.m., Saturdays, 1 p.m., Sundays, noon, Sundays, 2 p.m., Leo Carrillo Ranch Historic Park, 6200 Flying Leo Carrillo Lane. 760-476-1042. (CARLSBAD)

Mochi Class Make fruit daifuku with instructor Miho Ishida. Materials provided. Reservations: 619-232-2721. Saturday, 10 a.m., \$25. Japanese Friendship Garden, Pan American Road. (BALBOA PARK)

Orchid Auction San Diego County Cymbidium Society's auction start with preview at 11 a.m., auction at noon. 760-732-0055. Saturday, 11 a.m., Carlsbad Women's Club, 3320 Monroe Street. (CARLSBAD)

Whale-Watching Cruises Made possible by Birch Aquarium at Scripps and San Diego Harbor Excursion, now through March 31 at 9:45 a.m. and 1:30 p.m. daily. \$15 kids 4-12; \$30-\$35 for those 13 and older. Reservations: 619-234-4111. Thursdays, 9:45 a.m., Fridays, 9:45 a.m., Saturdays, 9:45 a.m., Tuesdays, 9:45 a.m., Wednesdays, 9:45 a.m., Tuesdays, 9:45 a.m., Wednesdays, 9:45 a.m., \$15-\$35. Birch Aquarium at Scripps, 2300 Expedition Way. 619-534-FISH. (LA JOLLA)

Winter Regional Button Sale Antique and modern clothing buttons offered for sale at San Diego Button Club's eleventh annual Winter Regional. Fourteen dealers showcase buttons ranging in age from mid-18th-century to late 1900's. 760-315-0709. Saturday, 9 a.m., Tecolote Nature Center, 5180 Tecolote Road.

SPORTS

Hanohano Ocean Challenge

Twelfth annual paddleboard, OC-1, surfski, kayak, and stand-up race hosted by Hanohano Outrigger Canoe Club. Short course in Mission Bay (approximately five miles, with junior and paddleboard divisions); long course is approximately nine miles on open ocean. Entry fee includes breakfast, lunch, awards, t-shirt (for first 175 entries). 760-436-

3589. Saturday, 8 a.m., \$15. Bonita Cove, 1100 West Mission Bay Drive. (MISSION BEACH)

Highland Valley Express It's hill climbing month, according to Sierra Club bicyclists, hosting a ride with steep grade, brisk pace. Snack stop. Two water bottles required; triple/compact crank recommended. Rain cancels. 858-974-4871. Sunday, 8:30 a.m., Studio Diner, 4701 Ruffin Road. 858-715-6400. (KEARNY MESA)

Leave Your Earplugs at Home! Electric Dragin' 2008 boasts electric, hybrid, and fuel cell vehicles competing in electric-drive racing event. Vendors, electric-drive owners, competitors "showing off the future of transportation by reducing pollution without losing the power and excitement of racing." 760-531-4000. Saturday, 8 a.m., \$10. Barona Drag Strip, 1750 Wildcat Canyon Road. (LAKESIDE)

Running Group One-on-one help for all levels to achieve running, fitness goals. Includes evaluation and follow ups, weekly runs led by certified personal trainer. Run locations during three-month program change weekly. First meeting free. Registration: 858-546-2488. Saturday, 9 a.m., \$90. Power Hour Fitness, 9430 Scranton Road. (CARMEL VALLEY)

MUSEUMS

Bonita Museum and Cultural Center The museum highlights the history of the Sweetwater Valley from the mid-1800s, with historical photographs; artifacts, tools, and farming implements; the district's 1953 fire engine; and bound copies back to the 1930s of the Chula Vista Star News. 619-

267-5141. 4355 Bonita Road, 619-267-5141. (BONITA)

Campo Railroad Museum

Campo Railroad Museum, showcasing more than 130 years of American railroad history and technology through static and operating exhibits, the museum includes cabooses, steam and diesel locomotives, track motorcars, 1880s "Jim Crow" segregated passenger cars.



playsycuan.com

619-445-6002

5469 Casino Way, El Cajon, CA

What's That You're Reading?

NAME: PAUL PETERSON | AGE: 27 | OCCUPATION: PHYSICAL THERAPIST NEIGHBORHOOD: BAY PARK | WHERE INTERVIEWED: STARBUCKS, LINDA VISTA



What book are you currently reading? What page are you on?

"Life of Pi by Yann Martel. I just finished it."

Tell me about the book.

"It is a fictional book about a child from India who is aboard a cargo ship with his family, who happen to own a zoo. They are moving to Canada and shipping their animals along with them. The ship sinks in the middle of the ocean. The boy winds up being the sole survivor, and he winds up in a lifeboat in

the middle of the ocean with several of the animals from the ship: a Bengal tiger, a hyena, an orangutan, and a zebra. The story then goes on to tell [of the boy's] survival over 227 days at sea, about how the animals relate, about how he relates and is able to exist at sea alongside a Bengal tiger after the tiger has eaten the other guests on the lifeboat. So that's the story of his taming of the tiger and how he eventually lands in Mexico and escapes life at sea. And in the end — I'm still trying to pull this together — he tells two stories: one of the tiger, the other animals, and his survival, and another, which is more believable. He's telling it to Japanese officials who are questioning the sinking of the ship and asking for his account; they don't believe him. So he tells a story of himself existing with some other crew members of the ship and his family, and it begins to parallel the existence of the plight of the animals along with his own plight and the crew members of the ship."

What do you make of the story?

"Being that the book leans toward being a fable, almost, it's still surprising in the end that there's the duality of stories — one consisting of humans and one consisting of animals. So, I'm trying to process it in my head — which one the author is really trying to portray as the truth. And considering that one is representative of humans and one of animals. what lessons are to be learned from the plight of animals. Is the action of animals representation of how people react to each other in that particular scenario?" Tell me about the style and language?

"The style is very simple. It's told in the first person, through the eyes of a teenage boy, the main character. It's simple, it's very retrospective — he's looking back on the story and recounting all of his thoughts, all of his emotions. The book itself needs to be read over a period of time in the fact that it's not a page-turner. But it has a lot of lessons to it, a very detailed account of his survival at sea and his transformation from being an Indian child and a vegetarian to being a resident of the sea, living off instincts, killing whatever

sea life he possibly can to survive."

Any favorite passages?

"At one point during the main character's life at sea, he finds himself temporarily rescued by arriving at something of a floating island in the middle of the ocean. It's supposed to consist of an algae, densely woven together to create a rather large island. So he finds refuge from the sea by being able to set foot on the island. And the island is inhabited by small rodents, which he's able to live off for a while. Eventually it turns out that the island is something like a Venus flytrap, a carnivorous island that eats whatever substance of protein that it can. So he has to seek refuge from the island by going back out to sea. There are a lot of very unique ideas about life and botany and zookeeping that the author puts forward. And also the author writes about the taming of the Bengal tiger by the boy; it's very interesting what goes into taming a wild animal. It happens in circuses and other places like that, what it takes to present yourself as an alpha male in the world of an animal."

What books have been influential

"In terms of a recent example of one, I would have to say the Way of the Peaceful Warrior by Dan Millman. It's a sort of a philosophical book that makes you want to live a better life, be a better man or woman. It was made into a movie recently with Nick Nolte — a movie that I refuse to see."

What magazines or newspapers do you read?

"Anything outdoor or health-related. I read the Union-Tribune, but I don't go too much into depth into various newspapers."

Do you talk to your friends about reading?

"Select friends, yeah. It depends on the person. With some people, it's very topical comments about did you like it, would you recommend it, etcetera. With some people, it's a little more in-depth in terms of theme and what's it mean to you and why would you recommend it. So, there are some people that ask deeper questions, and they're always looking for a good read. But if it's inspirational to me, then I'm more likely to talk about it than if it's just a story — if I think that other people can benefit from the lessons I learned."

Interpretive 1.5-hour train rides offered each weekend (11 a.m., 2:30 p.m.) over portion of the San Diego and Arizona Eastern Railway. 619-465-7776, 619-478-9937. 31123-1/2 Highway 94, 619-465-7776. (CAMPO-POTRERO)

Chinese Historical Society and Museum See artifacts from San Diego's Chinese and Chinese-American history, culture, and art. Current museum artifacts include a 1920s warlord's bed, exhibits on Chinese footbinding and Chinese-American veterans. The museum is in a building originally built in 1927 for the Chinese Mission. Adiacent to the building is an Asian garden with koi pond and waterfall, 619-338-9888, 404 Third Avenue, 619-338-9888. (DOWNTOWN)

Chula Vista Heritage Museum

The museum features glimpses of Chula Vista's past; exhibits feature lemon packing crate labels, photographs of downtown Chula Vista, doors and adobe blocks from the original Star newspaper building, and relics from the Otay Watch Company. 619-427-8092. 360 Third Avenue, 619-427-8092. (CHULA VISTA)

Creation Museum A museum contrasting the evolution and creation world views. 619-448-0900. 10946 Woodside Avenue North, 619-448-0900 (SANTEF)

Gemological Institute of America Museum Permanent exhibits include displays depicting science and art of gemstones and history, lore and cultural significance of jewelry. Required reservations: 800-421-7250 x4116. 5345 Armada Drive, 800-421-7250.

George White and Anna Gunn Marston House Historic home sits on five acres of landscaped grounds with a formal English Romantic garden. Built for civic leader and department store founder George Marston and his family by San Diego architects William Hebbard and Irving Gill, the Marston house design is in keeping with the early 20th-Century American Arts and Crafts period, emphasizing simplicity, function, and natural materials. 619-298-3142, 3525 Seventh Avenue, 619-298-3142, (HILLCREST)

Heritage Walk Museum The museum includes the restored Victorian House, the city's original Santa Fe Train Depot, a railroad car with model train, working blacksmith shop, and a barn. Find Heritage Walk in Grape Day Park. 760-743-8207. 321 North Broadway, 760-743-8207. (ESCONDIDO)

House of Pacific Relations International Cottages are open every Sunday, noon-4 p.m., presenting history and traditions of 30 ethnic groups. On fourth Tuesday of each month, Children Around the World videos screened in Hall of Nations, select cottages open. 619-234-0739, 2125 Park Boulevard, 619-234-0739, (BALBOA PARK)

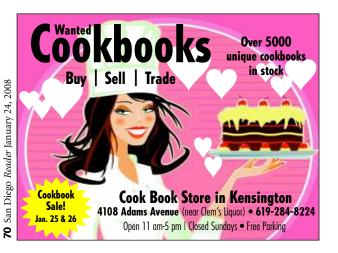
J.A. Cooley Museum An eclectic collection of items - including displays on phonographs, clocks, electric trains, and 20 other types of collections - is featured at the museum. The current featured attraction is an "Industrial Product Collection," with examples of the historical progression of auto technology from 1886-1915, "some classics and a concept car." 619-296-3112. 4233 Park Boulevard, 619-296-3112. (UNIVERSITY HEIGHTS)

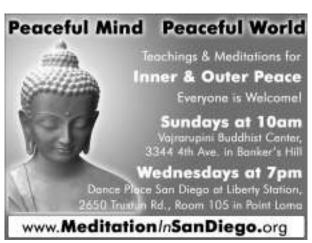
Leo Carrillo Ranch Historic Park Leo Carrillo Ranch Historic Park, old adobe buildings were once vacation retreat and working rancho of actor Leo Carrillo. Tours on Saturdays (11 a.m., 1 p.m.) and Sundays (noon, 2 p.m.), 760-476-1042. 6200 Flying Leo Carrillo Lane, 760-476-1042. (CARLSBAD)

Marine Corps Recruit Depot Museum Housed in a historic building, the museum features five permanent galleries with artifacts, uniforms, vehicles, weapons, and photographs depicting Marine Corps history. The museum is located in Building 26 at MCRD, just inside Gate 4, off Pacific Highway. 619-524-6038. Witherby Street and Hancock Street, 619-524-6038, (DOWNTOWN)

Museum of San Diego History

"Place of Promise: Stories of San Diego" lets visitors "literally walk on San Diego"; a map of county extends from wall to wall across the floor. Also featured in ongoing exhibit are two large 1930s murals by artist Charles Reiffel and a 1910 San Diego streetcar. Stories of San







Diego are interpreted through images, artifacts, oral histories from society's collection. The museum is located in the Casa de Balboa building. 619-232-6203. 1649 El Prado, 619-232-6203. (BALBOA PARK)

Parsonage Museum of Lemon **Grove** "The Kumeyaay: At Home in the World" features murals depicting the world of Kumeyaay in Lemon Grove in 12,000 B.C., when vast sweeps of oak savannah and a river dominated the area. The coming of the Spanish conquistadors and the Catholic hierarchy in the mid-18th century is portrayed. Century-old artifacts, along with photographs of leading contemporary Kumeyaay family flank the life size figures.

'The Art of The Treganzas" boasts hammered copper and brass artifacts, paintings, drawings, and Arts and Crafts furniture created between 1906-1935 by this pioneer Lemon Grove family.

In "Lemon Grove: 1892-1935," homes and families of pioneer fruit growers are shown in rare photographs, along with artifacts, in this display detailing agricultural roots of the town. 619-460-4353. 3185 Olive Street, 619-460-4353. (LEMON GROVE)

Reuben H. Fleet Science Center

"Listen Here! Making Sense of Sound," allows visitors to experience the nature of sound, how human beings perceive sound, and the act of listening through exhibits, activities, demonstrations. Exhibit from the Exploratorium in San Francisco continues through Sunday, June 1.

Ongoing exhibitions include "Origins in Space: Spin-Offs in Science and Technology," "So WATT! An Illuminating Look at Energy," "Aging for All Ages," "Kid City" (for preschoolers), "TryScience!" "Escape from Dino Island" is theme for motion simulator ride. Films are shown daily in the IMAX theater. 619-238-1233. 1875 El Prado, 619-238-1233. (BALBOA PARK)

San Diego Archaeological Center "A Letter from the Ocean Hotel: Victorian Lady Traveler's Adventures in San Diego, 1888" includes glassware, dishes, bottles, personal items dating from late 1880s that were excavated from a block in East Village area downtown in 2002.

The museum is dedicated to "curation of archaeological projects and sharing them with the public." 760-291-0370. 16666 San Pasqual Valley Road, 760-291-0370. (ESCONDIDO)

San Diego Automotive Museum

"High Art: Concept Cars and Automobile Design," continuing through Wednesday, March 26, includes vehicles from General Motors, Nissan, Chrysler, Mazda, Honda, Volvo, and Art Center College of Design.

More than 80 automobiles and motorcycles from horseless carriages to future prototypes are included in the museum's permanent collection. Find the museum near the Starlight Bowl. 619-231-2886. 2080 Pan American Plaza, 619-231-2886. (BALBOA PARK

San Diego Hall of Champions Ongoing exhibits include "Bird Watching - Tony Hawk in Flight," "Surfing in San Diego," exhibits of baseball card art, fencing, local rugby history. The museum is dedicated to promoting, recognizing, and preserving athletic achievement. 619-234-2544.

2131 Pan American Plaza, 619-234-2544. (BALBOA PARK)

San Diego Maritime Museum

"The War through Steichen's Eyes Combat Photography in the Pacific 1943-45" features 50 photographs produced by Edward Steichen and photographers under his supervision; many famous images of World War II featured. Additional photographs, documents, artifacts chronicle the life of this accomplished photographer. Through July. "San Diego's Navy," based upon book by same name written by Bruce Linder, is said to be "the only comprehensive exhibit depicting the extraordinary contribution the Navy has made to the history of the San Diego region."

The museum features permanent exhibits documenting the history of San Diego's waterfront and the building of the West Coast by sea, the old San Diego-

Coronado ferryboats, the tuna fishing industry, and the military. The museum fleet consists of the 1863 bark Star of India, the 1898 San Francisco ferryboat Berkeley, and the 1904 Scottish steam vacht Medea. The HMS Surprise, used in film Master and Commander, is permanently on exhibit; see artifacts, costumes, props used in making of the flick. Also open for touring: a B-39 Soviet attack submarine, among the largest conventionally powered submarines ever built. This Project 641/Foxtrot class diesel-electric submarine was designed to track U.S. and NATO warships throughout the Earth's oceans. There are also nautical exhibits, ship carpenters, model building, ships in bottles, woodcarvers. complete research library, 619-234-9153. 1306 North Harbor Drive, 619-234-9153. (DOWNTOWN)

San Diego Museum of Man "Journey to the Copper Age: Archaeology in the Holy Land" tells

story of profound changes metallurgy brought to human society: birth of Mediterranean farming, creation of first temples and cemeteries, emergence of complex societies. Exhibition chronicles development of humanity in present-day Israel, Palestine, and Jordan. Highlights include photographs by National Geographic

THREE COURSES. TWO WEEKS. EXTRAORDINARY FOOI

Sout miss it:

January 27-february 1 & June 22-27



Twice a year in 2008, experience cuisine that delights the palate and defines the art of dining during San Diego Restaurant Week. Choose from over 130 of the city's best restaurants and enjoy a three-course dinner for either \$30 or \$40 per person, depending on the restaurant.* For more information, visit SanDiegoRestaurantWeek.com.







photographer Kenneth Garrett and collection of archaeological artifacts seen for first time on West Coast. Through January.

"Edward S. Curtis Refocused" offers Native American insight into Curtis's photo documentation of their lives. Curtis is famous for his photographs of recreated scenes of traditional life and ceremony, for portraits of tribe members wearing historic garments. Exhibition features prints of his photogravures taken in locations throughout U.S. and Canada and examines some controversial elements of Curtis's work, techniques he used.

"Art and Expression: The Legacy of Our Collections" highlights 17 key collections, relates stories of the collectors, how collections came to museum, their significance in preserving history of past generations. Objects include pottery, baskets, beadwork, jewelry, woodcarving, folk art, katsinas, bone and ivory implements, shields, textiles.

In "Artists Speak: Contemporary Art from Ghana and Zimbabwe," museum has partnered with artists from Ghana and Zimbabwe to showcase paintings and sculpture by accomplished African

Permanent anthropology exhibit "Footsteps through Time: Four Million Years of Human Evolution" features "more than a hundred touchable replicas of early humans, primates, and fu-

turistic cyborgs (part human, part machine)." 619-239-2001. 1350 El Prado, 619-239-2001. (BALBOA PARK)

San Diego Tug Boat Museum

A 100-foot retired Korean War-era tug boat built in 1951 is open for tours at museum. Boat is docked along Harbor Drive, between Grape Street and Broadway. 619-200-7417. Harbor Drive, 619-200-7417. (DOWNTOWN)

San Pasqual Battlefield State Historic Park Commemorates the clash (on December 6, 1846) during the Mexican War between the U.S. Dragoons, bolstered by sailors and volunteers from San Diego, and California militia. Narrated slide-show screens throughout the day, telling the story of the war in Mexico and California. Selfguided tour recounts the events of the battle and profiles the leaders of the forces and also describes the lives of the Indians indigenous to the valley. 760-737-2201. 15808 San Pasqual Valley Road, 760-737-2201. (ESCONDIDO)

Valley Center History Mu**seum** The museum features an educational exhibition centered around a California grizzly bear, described as "the only one on view in San Diego." Also on exhibit: model of an 1862 settler's cabin, collection of Indian baskets, and aerospace display. 760-749-2993. 29200 Cole Grade Road, 760-749-2993. (VALLEY CENTER)

William Heath Davis House Museum is said to be the oldest surviving structure in the new town area of downtown San Diego. The house is a well-preserved example of a pre-framed lumber "salt box" family home, shipped from the East Coast to California by boat around Cape Horn in 1850, 619-233-4692, 410 Island Avenue, 619-233-4692. (DOWNTOWN)

SINGLES





Friday, January 25, 2008 7:00 PM at Carmel Mountain Ranch Country Club 14050 Carmel Ridge Road San Diego, CA 92128

Come to the dance this week.... you don't want to miss it!

For more information http://love.thesocialplace.com 1-866-258-6952



Ages 25-37, 38-48 & 48-62 at **30-Two Lounge** (downtown Thursday, February 7 Ages 24-34, 33-45 & 45-58 at 30-Two Lounge (downtown)

Check-in 7 pm, event 7:30 pm Advance registration required.

See website for details. www.lucky7match.com (619) 890-7117



MEN ARE AS GOOD AS WOMEN REQUIRE THEM TO BE!

Weekly dating workshops Every Saturday At Café Bleu in Hillcrest (PLEASE NOTE NEW TIME)

1:30 pm - 3:00 pm \$15 entrance fee

Fléchelle Morin (877) 266-5477 www.nokissing.com



Singles Parties for 30 Plus, 2 Nights a Week! Fun Atmosphere. Great Music. Real People.

Parties for singles over 30 • \$11 admission



Tuesdays Dance Party 7-11 pm

94th Aero Squadron 8885 Balboa Ave.

Saturdays Dance Party 8 pm-1 am

8110 Aero Dr. Skies Lounge Four Points Sheraton

Couples welcome on Saturdays! See Reader website for discount coupon. **Hosted by Darlena**

Hotline: 858.259.6166 SinglesinSanDiego.com



Indigenous Material

She practically puts us on top of a just-skinned, dirty-marble carcass hanging from a bloody hand.

W.S. DI PIERO

Mexican woman in traditional Indian garb, loose long hair swaying, strides past stone outcroppings toward the Sonora Desert, like a pilgrim or wanderer, except that she's carrying what was called in 1979,

when the picture was taken, a ghetto blaster, like a valise bearing new voices to some desiccated borderland. We see her from behind, so the face doesn't tell us

how to interpret motive or mood. The photograph's visual information fuses to opaque, unexplained myth about journeying ancient and modern

A young Tijuana man's naked back, seen in extreme close-up, bears a tattoo of Our Lady of Guadalupe: that inscription of the sacred (tattooing is a form of writing) declares a weird, mixed piety having to do with Mexican, specifically cholo, identity, along with irrational religiosity, attitude, manhood rites, and mother worship. The photograph's title: La frontera (The border).

Haciendas in northern Oaxaca hire Mixtec Indians to slaughter goats. Honoring a tradition that dates to an unremembered time, an animal from each herd is preserved alive and crowned with flowers. A young man then lifts the goat on his shoulders and dances. In a 1992 photograph of such a slaughter, a wildly beautiful, barefooted Anna Magnani type is skinning a goat, a knife clenched in her teeth, her skirt soaked with its blood. Sacrificial ritual rooted in pre-Columbian culture and raw sweaty sexuality spill one into another.

These are three of an easy dozen images I could cite to argue, as if she needed it, that Graciela Iturbide is one of the great photographers of the past half-century. Each comes from portfolios Iturbide has compiled during the last 30 years, and over 150 of $\bar{h}er$ photographs, taken in Mexico and the United States, make up an exhibition currently at the J. Paul Getty Center in Los Angeles. The title of that first picture, Mujer ángel (Angel Woman), bespeaks how this photographer blends the sacred and secular in settings that can seem as remote and other as ancient Mycenae. She's a purveyor-archivist of phenomena that, in a global culture less mechanized and materialistic than our own, would inspire the creation of mystery cults. Even when she's photographing a familiar natural sight, a squall of black birds gusting from tree boughs, we feel the frontal force of some mystery of the separate orders of being.

Born in 1942 to a well-off family and schooled in a convent, Iturbide married when she was 20 and within eight years had three children. Nineteen seventy marked a momentous turn: her young daughter died in an

accident, her marriage ended, and, while enrolled in the Centro Universitario de Estudios Cinematográficos at the Universidad Nacional Autónoma de

México, her teacher and mentor, Manuel Álvarez Bravo, the most famous Mexican photographer of his time, hired her as his assistant. He helped her develop impeccable craft and encouraged her — at a time when foreigners like Edward Weston, Paul Strand, and Tina Modotti had already adopted Mexico as a subject — to pursue indigenous material.

The goat slaughter takes place in La Mixteca in northern Oaxaca. Way south of there, in the small city of Juchitán de Zaragoza, a very different culture exists, the most purely indigenous and matriarchal community in Mexico, famous for the social, political, and economic independence of its Zapotec women, who favor the traditional dress worn by that desert angel, a long skirt and the short patterned blouse called a huipil. And what women they are! They put heft back into all the clichés about big, strong women. The Mexican writer Elena Poniatowska explains why males are best not to mess with them: "Man is a kitten between their legs, a puppy they have to admonish, 'Stay there.' The most familiar picture from Iturbide's Juchitán series, which ponders the feminine in all stages and stations of life — infants, transvestites, virgin teens, crones, dwarves — is Our Lady of the Iguanas, an up-from-under shot of a woman who brought iguanas to the public market. (Iguana stew is a Zapotec delicacy, and the iguana figures in their myths and folklore.) She wore to market a crown of live critters on her head (after sewing shut their jaws) and then put them on the ground to sell. In one of those instants photographers learn to wait for, though the waiting usually entails exposing as much film as possible, Iturbide snapped the picture the moment the majestic broad-browed woman and her prehistoric consort all tipped up their chins. She looks like a risen, mythic queen of some underworld, and she looks exactly like what she is, a vendor displaying her wares.

Iturbide says she isn't interested in religion as such but is very much interested in the palpable presence of the gods among certain



Mujer ángel, desierto Sonora, México, 1979

Danza de la cabrita: Fotografías de Graciela Iturbide

(The Goat's Dance: Photographs by Graciela Iturbide)

J. Paul Getty Museum, the Getty Center, 1200 Getty Center Drive, Los Angeles
Through Sunday, April 13. For additional information, call 310-440-7300.

peoples. Her stated intent is "to photograph the most mythological aspects of people; I don't believe in anything, but I seek rituals of religion, the heroes of religion, the gods." The gods and the life of the tribe are often associated with animals, a primal relatedness the western industrialized world has mostly lost or forgotten. I don't want to mislead: Iturbide's images aren't exhibits of anthropological curiosity. While her pictures teem with anthropological information, she doesn't simply document cultures. Iturbide seeks those "heroes of religion, the gods" from within these societies. She doesn't put us at a testimonial remove from her subjects, no matter if she's working in Texas, Tijuana, the American South, Los Angeles, or Oaxaca; her seeking eye moves and glides amidst it all. She records cultural dynamics from the inside out. To her eye, nature and culture aren't pretty or adorable, and the consistency and steadiness of her gaze are amazing. She watches for life lived close to death and makes us feel she's on the prowl for what's sacred and terrifying.

In Danza de la cabrita (The Goat Dance), her portfolio of slaughter culture, she rubs right up against the membrane of ancient practice and savage (I use the word not to degrade but to exalt) observance. She shows us, as if snagged in the corner of her vision, goatskins stretched

on trees like trapped kites. She practically puts us on top of a just-skinned, dirty-marble carcass hanging from a dark, bloody hand that holds a knife. This series sets off all kinds of associations, especially of slaughter as sacrifice to appease gods. It's festive (the dancing boy) and restorative (one animal spared and crowned), but blood's everywhere in The Goat Dance: in a heap of just-slaughtered animals, stockings of blood wash down over their hooves. For many indigenous societies, observance of blood rites helps a people to keep their community sane and prevent its soul from becoming deranged. Iturbide's images aren't shocking, they just contain a given ferocity and violence necessary to preserving something whole.

The cholos she photographed in East L.A. have their rites, too, but in Iturbide's images of young men and women (and their babies), the rituals have come partly unstuck from the kind of ancient underground stream of meaning preserved among the peoples of La Mixteca and Juchitán. The women of Juchitán have their traditional dress, and the 1980s gang-bangers of East L.A. have their own costume — jeans, sleeveless T-shirts, sometimes hairnets, always tattoos. They and their girls flash gang signs, and in one picture so does, or so it seems, a babe in arms. Approve or not, that's commu-





nity. If there's something missing in all this, it's that the culture the photographer presents is more caught up in display than in piety or observance. The tattoos, the custom-job muscle cars, the hard-case attitude - so many of the Zapotecas look happy: the barrio toughs work hard to look like severe, closeddown outsiders — all involve decorative surfaces. Though even this culture reveres its own back-in-the-day traditions, especially the zoot-suit pachuco culture of the 1940s that bursts from beautifully orchestrated murals its selfstyled successors sometimes pose against. "I insist on astonishment," Iturbide says. Yes, indeed. Her goat and Juchitán pictures have prepped us to see past the hand signs and affectless stares to the skeleton and blood-fed tissue under the skin.

The "Flatlands" portfolio that resulted from a trip through the American South shows off Iturbide's formalist gifts in the wooly half-tones of a haystack, or a farm-stand backed by mealy gray skies. In our South she finds her Mexico, in local cultures like cigar-making and beekeeping. In North American settings she's still seeking her gods. She makes scrappy landscapes in Mississippi and Louisiana look like the cactus gardens she photographed in Mexico City for her El Jardín (The Garden) series. And her ongoing inquiry into feminine presence and power results in a shot of

small

image

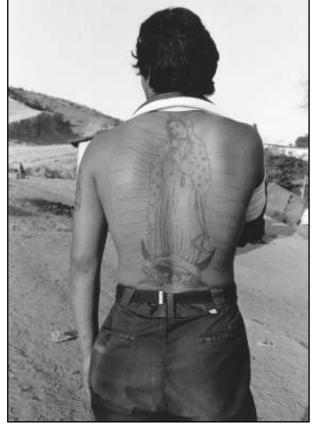
OPENING RECEPTION

Jan 25 5 – 8pm

EXHIBITION DATES

Jan 25 - Feb 29

11am - 4pm daily



La frontera, Tijuana, México, 1990

tion. Do not phone. Send a complete description of the event, including the date, time, cost, the precise ad-

GALLERIES

"Be There in the Moment" Plein air landscape paintings by Victoria Polyak featured at San Diego Art Institute: Museum of the Living Artist through Sunday, February 17, along with "Outstanding Visual Artists" of the region and youth art. Friday, 6 p.m., San Diego Art Institute: Museum of the Living Artist, 1439 El Prado. 619-236-0011. (BALBOA PARK)

"Research" Reception for Roman de Salvo and Lael Corbin. De Salvo selected Corbin as emerging artist he wanted to exhibit with. Second exhibition of 2007/2008 San Diego Art Prize closes Saturday, April 19. 619-645-6593. Saturday, 7 p.m., L Street Gallery, 628

"Small Image Show" 33rd annual juried show of diminutive fine art opens with reception for artists. Through Friday, February 29. Friday, 5 p.m., Gallery 21 in Spanish Village Art Center, 1770 Village Place. (BALBOA PARK)

Rosario and Boo Boo in Her Home, East Los Angeles, 1986

Women's History Museum After 25 years, museum honors its late founder Mary Maschal with a portrait painted by Susan E. Roden. Painting will be unveiled during reception. RSVP requested: 619-233-7963. Sunday, 2 p.m., Women's History Museum, 2323 Broadway, suite 107. 619-233-7963. (GOLDEN HILL)

ART MUSEUMS

California Center for the Arts. Escondido Museum "Rituality" features contemporary works from ten local artists alongside traditional artifacts from Africa, Native North America, the Pacific Islands. Exhibition examines role of ritual in exploration of identity, creation of community, construction of power, as mediated and expressed through art.

"Niki de Saint Phalle: A Spiritual Path" offers a closer look at de Saint Phalle's spiritual journey, her interpretation of traditional tarot cards. "Is the tarot pack only a game of cards, or is there a philosophy behind it?"

Fifty-four individual paintings by Teresa Villegas are gathered in La Lotería: An Exploration of Mexico." Artwork draws upon Mexican traditions, historical fig-

ures, food, popular culture.
"The Poetics of Myth" features a series of bas-relief terra-cotta panels by Brad Burkhart, focusing on the creation of modern myths and archetypes.'

Each of these exhibits continues through Sunday, January 27. 760-839-4120. 340 North Escondido Boulevard, 760-839-4120.

Mingei International Museum

"Craft in America: Expanding Traditions" surveys more than 200 works, spanning a period of nearly 200 years. Handcrafted furniture, ceramics, fiber and textiles, basketry, glass, wood, jewelry, metalwork are showcased. Closes Sunday, January 27.

Also on view: "American Viewing Stones: Natural Art in an Asian Tradition." Chinese connoisseurs began using large stones to decorate gardens, courtyards during the Han Dynasty (206 B.C.-A.D. 220); "Scholar's Rocks" is English name most commonly used for these items. American viewing stone collecting began

ART LISTINGS

another poster icon, Marilyn

Monroe, "overseeing" through

window glass an American

boy. Though it contains many

representative images and

portfolios, this exhibition is

really just a sampler of the

achievement of one of the

most steady, incorruptible

artists of our time.

A juried exhibition of

diminutive fine art

by local artists.

HOW TO SEND US YOUR LISTING: Contributions must be received by 5 p.m. Friday the week prior to publication for consideradress where it is to be held (including neighborhood), a contact phone number, and a phone number (including area code) for public information to READER EVENTS, Box 85803, San Diego CA 92186. Or fax to 619-881-2401. You may also submit information online at SanDiegoReader.com by clicking on the events section.

Fruit & chocolate Valentine's bouquets!

4340 Genesee Ave. • Clairemont • 1-888-803-5530 141 University Ave. • Hillcrest • 1-888-803-5531 www.ediblearrangements.com

\$5 off Any purchase. Expires 2/14/08. We deliver! Arrangements occasion

Largest Climbing Military Sundays 50% Off Day Pass 9580 Distribution Ave. • San Diego • 858-586-7572 www.verticalhold.com



\$35 registration through Feb. 7 (includes meals)

For more information: (619) 338-9981

www.sandiegohostels.org/peace.shtml



www.spanishvillageart.com/gallery21



with first- and second-generation Japanese-Americans who continued traditions of bonsai and suiseki.

The "Chinese Woodblock Prints in the Style of the Ten Bamboo Studio" are likely from a 19th-Century edition of Treatise on Calligraphy and Painting of the Ten Bamboo Studio. Prints are noteworthy for technique of printing using multiple blocks. Both exhibits are ongoing.

Masterworks from permanent collection are gathered in "The Beauty of Use - Mingei International Museum at 30," showcasing significant objects from many cultures shown in relationships highlighting similarities and differences among them. Museum has formed a collection of mingei now comprising 17,000 objects from 141 countries such as collection of 19th-Century African tribal currency, group of masks including example of Amazonian feather work, ritual objects, selection of monumental containers. Closes Sunday, May 11, 619-239-0003. 1439 El Prado, 619-239-0003. (BALBOA PARK)

North County "Paper Transformed," exhibition of "Origami
 The Art of Paper Folding" from Mingei's permanent collection continues through Sunday, March

Mingei International Museum

2. "Origami" boasts nearly 100 examples of traditional and contemporary paper folding; exhibition honors acclaimed local paper folder, author, teacher Florence

"Art of Play: Kinetic Toys of the World" — closing Sunday, June 29 — features objects that move when manipulated. See kites from many countries, pull- and push-toys, antique mechanical banks, puppets, wooden toys. 760-735-3355. 155 West Grand Avenue, 760-735-3355. (ESCONDIDO)

Museum of Contemporary Art San Diego, Downtown "Robert Irwin: Primaries and Secondaries" is "the largest exhibition of renowned artist...Irwin's work since 1993." Exhibit features five new major installation works created specifically for MCASD's gal-

leries, is drawn almost exclusively

of works from museum's collec-

tion. Closes Sunday, April 13. Find the museum directly across from the Santa Fe Railroad Depot. 858-454-3541. 1001 Kettner Boulevard, 858-454-3541. (DOWNTOWN)

Museum of Contemporary Art San Diego, La Jolla In the room-sized "Erwin Redl: Matrix II," the space seems to recede in all directions, as if the walls were mirrored. Floor-to-ceiling and wall-to-wall, the room is filled with grids of phosphor-green LEDs, creating an immersive web of light. Closes Sunday, May 4. 858-454-3541. 700 Prospect Street, 858-454-3541. (IA JOLLA)

Museum of Photographic Arts. "The Photographer's Eye: A Way of Seeing" is drawn from the museum's permanent collection. Exhibit illustrates the book The Photographer's Eye (1966) by John Szarkowski; he led 160 exhibitions at the Museum of Modern Art (MoMA) in New York.

Also closing Sunday, April 20, is "Measured Time: MoPA at 25." Museum's atrium wall holds a timeline exhibition reflecting museum's achievements since 1983. Images from permanent collection illustrate significant artists whose first solo exhibitions were held at MoPA, more.

"Picturing the Process" focuses on "an evolution of the early history of photography." Exhibition including photographic works ranging in date from mid-19th to early 20th Century closes Sunday, July 6. 619-238-7559. (BALBOA PARK)

San Diego Museum of Art "Everett Gee Jackson/San Diego Modern, 1920—1955" is retrospective of "San Diego's most important Modernist artist." Exhibit featuring more than 50 works spanning most significant and productive decades of artist's career "presents a representative range of Jackson's multifaceted work, while contextualizing Jackson within the broader scope of mid-20th Century American modernism." Closes Sunday, January 27.

"Josef Albers and His Students: Theory and Practice," closing Sunday, March 2, presents four prints by master artist, color theorist, teacher Josef Albers. Display features works by four of his American students — Richard Anuszkiewicz, Robert Birmelin, Robert Rauschenberg, Audrey Flack — with each work corresponding to one of Albers' prints. 619-232-7931. (BALBOA PARK)

Timken Museum of Art Permanent collection includes European old master paintings, 18th-and 19th-Century American paintings, and Russian icons. Saint Bartholomew, the only Rembrandt painting on public display in San Diego, is featured. 619-239-5548. (BALBOA PARK)

CLASSICAL LISTINGS

HOW TO SEND US YOUR

LISTING: Contributions must be received by 5 p.m. Friday the week prior to publication for consideration. Do not phone. Send a complete description of the event, including the date, time, cost, the precise address where it is to be held (including neighborhood), a contact phone number, and a phone number (including area code) for public information to READER CLASSICAL MUSIC, Box 85803, San Diego CA 92186. Or fax to 619-881-2401. You may also submit information online at SanDiegoReader.com by clicking on the events section.

CLASSICAL MUSIC

"British Invasion Concert" Percussionist Ross Karre and pianist Aleck Karis perform selections by Birtwistle, Ferneyhough,

tions by Birtwistle, Ferneyhough, and Pintscher. 858-534-3229. Wednesday, 8 p.m., Mandeville Recital at UCSD, 9500 Gilman Drive. (UCSD)

"Soirée Parisiènne" Enjoy "stylish evening of French inspiration" when Camarada performs pieces by Debussy, Ravel, Fauré, and Bizet. 619-231-3702. Friday, 7:30 p.m., \$25-\$15. St. Paul's Cathedral, 2278 Sixth Avenue. 619-298-7261. (HILLCREST)

"Tannhaüser" San Diego Opera opens 43rd season with Richard Wagner's "spiritual and moving opera of self-sacrifice and atonement" promising a knight's quest and the miracle of pure love. Cast includes heldentenor Robert Gambill (who has made Tannhäuser his signature role), Finnish soprano Camilla Nylund, German mezzosoprano Petra Lang, German bass Reinhard Hagen. Conductor is Gabor Ötvös, director is Michael Hampe. Sung in German with English translations above stage. Reservations: 619-533-7000. Tuesday, 7 p.m., Saturday, 7 p.m., \$28-\$175. San Diego Civic Theatre, 1100 Third Avenue. 858-570-1100.

"The Romantic Piano Concerto" Pianist Nadia Shpachenko joins when Tifereth Israel Community Orchestra to play pieces by Kodály, Barber, J.S. Bach, Tchaikovsky. 619-697-6001. Tuesday, 7:30 p.m., \$10-\$15. Tifereth Israel Synagogue, 6660 Cowles Mountain Blvd. . 619-697-6001. (SAN CARLOS)

Carol Williams, Civic Organist Sundays, 2 p.m., Spreckels Organ Pavilion, 2211 Pan American Road. (BALBOA PARK)

Former Civic Organist Jared Jacobsen in concert. 619-702-8138. Sunday, 2 p.m., Spreckels Organ Pavilion, 2211 Pan American Road. (BALBOA PARK)

From Baroque to Big Band Select Brass plays works by Bach, Dukas, Ewald, Bernstein, Ellington, others. Reception following the concert. Offering. 619-297-4366. Sunday, 7 p.m., First United Methodist Church of San Diego, 2111 Camino Del Rio South. 619-297-4366. (MISSION VALLEY)

Hair-Raising Ensemble Technique! Cantus makes San Diego concert debut, with program drawing from standards of male choral music, as well as from works commissioned by the group, folk tunes, rock music. 858-459-3421 x109. Sunday, 4 p.m., \$25. St. James by the Sea Episcopal Church, 743 Prospect Street. 858-459-3421. (IA JOLLA)

Kensington Trio Chamber music and songs by La Jolla composer Robert Fürstenthal performed for winter concert series. 619-236-5810. Sunday, 2:30 p.m., San Diego Public Library, 820 E Street. 619-236-5800. (DOWNTOWN)

Mainly Mozart Spotlight Series Violinist Angela Fuller, flutist Timothy Day, pianist Marc Shapiro perform works by Bach including "Trio Sonata in G," "Sonata No. 4 in C Minor for Violin and Piano," "Flute Sonata in E," "Trio Sonata from *The Musical Offering.*" 619-239-0100. Friday, 8 p.m., Saturday, 8 p.m., Sunday, 2 p.m., Sunday, 6:30 p.m., \$25-\$60. Neurosciences Institute, 10640 John Jay Hopkins Drive. 858-882-8000. (LA JOLLA)

Percussion Concert Matthew Jenkins in recital featuring works by Christian Wolff and Birtwistle's "Axe Manual." Minji Noh accompanies on piano. 858-534-3229. Tuesday, 8 p.m., Mandeville Recital at UCSD, 9500 Gilman Drive (UCSD)

Piano Dedication Recital Karen Follingstad performs for Grace and the Arts Concert Series. Offering. 619-295-3503. Sunday, 2 p.m., Grace Lutheran Church, 3967 Park Boulevard. 619-299-2890. (Hillcrest)

San Diego Symphony Ensembles Enjoy "some of the greatest music ever written." 619-533-3902. Monday, 6 p.m., College-Rolando Library, 6600 Montezuma Road. (COLLEGE AREA)

The Royal Philharmonic Orchestra Orchestra and legendary violinist, conductor Pinchas Zukerman join San Diego Symphony for a "superconcert" co-conducted by Jahja Ling. Program boasts Weber's "Oberon" overture and Beethoven's "Violin Concerto" and "Symphony No. 5." 619-235-0804. Thursday, 7:30 p.m., \$30-\$100. Copley Symphony Hall, 750 B Street. 619-235-0804. (DOWNTOWN)





39TH SEASON

2007-08







Who They Weren't

In the time it took him to fire up his stogie, he missed the quickest TKO in heavyweight boxing history.

JEFF SMITH

ight place, wrong timing: In 1938, a friend of mine's great-uncle saved his shekels and went to the, at that time, Fight of the Century—the Joe Louis/Max Schmeling rematch at Yankee Stadium. Along with an estimated 70,000

others, he wanted to see "the Brown Bomber" demolish the Aryan brute who floored Louis in 1936 and who symbolized all things Nazi.

Come fight time, the bell rings and Louis blazes, landing jabs and rocket rights. Schmeling goes down. Gets back up. "Gonna be a great bout," the uncle thinks, why not make it perfect, with a good cigar? As he leans over to light up, he hears three dull cracks, like bullwhips on wet rawhide. The crowd explodes, stands, cheers. The uncle jumps up. Schmeling's down. In the time it took to fire up his stogie, he missed the quickest TKO in heavyweight boxing history.

Steven Drukman's *In This Corner* contends, a bit more often than need be, that history has missed something about Louis and Schmeling as well: the truth. The media turned each into an ideological icon, even though Schmeling detested Hitler (and sheltered two Jewish boys in his hotel from storm troopers); and Louis, once he stepped out of the ring, became yet another segregated African-American who couldn't have his picture taken with a white woman.

The play retells Pygmalion. Depression-choked America needs a hero, and a hero needs a villain.

So the media engineers them, out of words (many of them alliterative, often racist, tags). Louis, a gentle man who stuttered and liked to speak his mind, becomes a fabrication: a white's ideal black man. He can clobber opponents, preferably with fury,

but can't smile or gloat and must remain subservient. When he steps out of the ring for good and the media can no longer exploit him, Louis nosedives from celebrity like

an Icarus.

For their first fight, Schmeling detected a flaw in his opponent's technique: after a series of jabs, Louis would lower his left hand. Drukman's world-premiere script also lowers its left: his characters exist more in theory, as verbal constructs meant to prove a point, than in depth.

The play shows us who they weren't, but who were Louis and Schmeling? We never learn, for example, why his manager chose Louis (the first time we see him punch, he has zilch skills). Plus, didn't Joe philander, a lot? And the conclusion, which never happened (Louis is in a psych ward; Schmeling comes to visit in 1970), is weak. The playwright substitutes a thesis, that losing can make one born again, for a theory. The two square off and do a slow parody of Rocky III, when the Italian Stallion goes toe-to-toe one last time with Apollo Creed, as the credits roll.

Druckman's script has crisp dialogue and flashes of sharp writing (the ref does a set piece about order and chaos in boxing that's a hoot)



Al White, Dion Graham in In This Corner

In This Corner, by Steven Druckman

Purchase tickets at:

or call: 858-560-5740

SAH DIEGO

MUSICAL Theatre

East County Performing

210 E. Main Street, El Cajon 92020 15 minutes east of Mission Valley with plenty of free parking!

www.SDMT.org

Produced by:

Performances at:

Arts Center

Cassius Carter Centre Stage, Simon Edison Centre for the Performing Arts, Balboa Park
Directed by Ethan McSweeny; cast: Dion Graham, Rufus Collins, T. Ryder Smith, Al White, David
Deblinger, Katie Barrett, John Keabler; scenic design, Lee Savage; costumes, Tracy Christiansen; lighting, Tyler
Micoleau; sound, Lindsay Jones; fight director, Steve Rankin

Playing through February 10; Sunday, Tuesday, and Wednesday at 7:00 p.m. Thursday through Saturday at 8:00 p.m. Matinee Saturday and Sunday at 2:00 p.m. 619-234-5623.

but could use more grounding. As if sensing this need, director Ethan McSweeny has drenched the Cassius Carter with atmosphere and detail. The stage is a boxing ring, a near-perfect fit, in fact: white canvas, frayed gold ropes, brown and black Everlast gloves dangling from turnbuckles. Four stations flank the squared circle, where actors watch, participate, and make practically unseen



BASED ON ONE OF THE GREATEST MGM MOVIE MUSICALS OF ALL TIME!



A world premiere musical comedy featuring the film score that has become legend.

Packed with hits like "A Shine On Your Shoes," the quintessential ode
to show business, "That's Entertainment!," and
the unforgettable title song "Dancing in the Dark."

DANCING IN THE DARK MARCH 4 - APRIL 13

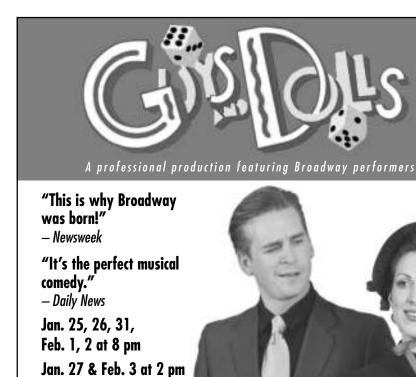
Based on the classic MGM musical The Band Wagon

Book by DOUGLAS CARTER BEANE
Lyrics by HOWARD DIETZ | Music by ARTHUR SCHWARTZ
Directed by GARY GRIFFIN
OLD GLOBE THEATRE

TICKETS ON SALE SUNDAY, JANUARY 27 AT 10AM!

(619) 23-GLOBE (234-5623)

www.TheOldGlobe.org | GROUP SALES: (619) 231-1941 x2408



costume changes. Designer Lee Savage has raised the Carter's floor three or four feet, to the same level as the audience. I've never seen actors' heads that close to the ceiling before at the Carter. It makes the pugilists (even though their fight choreography's pretty much by the numbers) loom almost larger than life.

McSweeny has an affinity for the Carter. He directed last year's *Body of Water*, which turned the intimate theater-in-the-round into a shimmering blue dreamscape. Often during *In This Corner*, he creates a soundscape. The banter straight from *The Front Page*, the pace of workouts, and the distinctive clack of an Underwood typewriter often have the fluidity of music.

Joseph Louis Barrow was six foot two. Dion Graham, who plays him, not only has Louis's height, he's also got his eyes, at once fierce and quizzical, as if he sees double — and double standards. Graham, and a booming-voiced Rufus Collins, who plays Schmeling, fill in many of the script's blanks with subsurface suggestions.

The play's about Main Event headliners, but Mc-Sweeny and a talented supporting quintet make it an ensemble show. As a reporter and a promoter (roles he makes reversible), David Deblinger talks like Louis de Palma on steroids. Al White's smooth trainer-manager percolates with low-grade malignity. John Keabler plays various sparring partners/Louis punching bags, for which roles he prepares with a brisk, half-hour preshow warm-up.

Katie Barrett, Craig Noel Award-winner for Mother Courage in 2006, demonstrates even more versatility as several different women, each sharply etched. Another Noel winner, T. Ryder Smith handles several assignments with skill. He cuts loose with the ref's speech ("I make the KO okay") and does the evening's most dramatic sequence. Along with being about race and celebrity, In This Corner's about pre-TV sports in America, in which words hyped, mediated, and at times mangled events. As an announcer, Smith calls the second

Louis-Schmeling fight and shows that words could also describe indelibly. No one moves onstage. Instead we listen, to round one on the radio, and hear Louis's genius combinations my friend's great-uncle missed seven decades ago.

THEATER LISTINGS

Theater listings and commentary are by Jeff Smith. Information is accurate according to material given us, but it is always wise to phone the theater for any last-minute changes and to inquire about ticket availability. Many theaters offer discounts to students, senior citizens, and the military. Ask at the box office.

A Matter of Tact

A "long form" improv troupe, Matter of Tact performs a "completely made-up on the spot" play. NORTH PARK VAUDEVILLE, 2031 EL CA-JON BOULEVARD, NORTH PARK. THROUGH JANUARY 26; FRIDAYS, 8 P.M. SATURDAYS, 8 P.M., 619-647-4958.

Anton in Show Business 6th at Penn Theatre presents Jane

Martin's backstage comedy about an ill-fated production of Anton Chekhov's *The Three Sisters* that skewers every sacred cow in theater. Dale Morris directed. 6TH AT PENN THEATER, 3704 SIXTH AVENUE, HILLCREST. THROUGH MARCH 2; THURSDAYS, 8 P.M., FRIDAYS, 8 P.M., SATURDAYS, 8 P.M., SUNDAYS, 2 P.M., 619-688-9210.

Fences

Cygnet Theatre and the San Diego Black Ensemble present August



a of Tranauility

Wilson's complex portrayal of Troy Maxson, a man fenced in and out. Delicia Turner Sonnenberg directed.

CYGNET THEATRE COMPANY, 6663 EL CAJON BOULEVARD, SUITE N, COLLEGE AREA. THROUGH FEBRUARY 24; SATUR DAYS, 8 P.M., SUNDAYS, 2 P.M., SUN-DAYS, 7 P.M., 619-337-1525.

Guys and Dolls

San Diego Musical Theatre presents Lerner and Loewe's popular musical about Sky Masterson's seemingly impossible wager. Troy Magino directed and choreographed.

EAST COUNTY PERFORMING ARTS CEN-TER, 210 EAST MAIN STREET, EL CA-JON. THROUGH FEBRUARY 3; FRIDAYS, 8 P.M., SATURDAYS, 8 P.M., SUNDAYS, 2 P.M., 619-440-2277.

Highly Caffeinated Comedy

Hugh Butternut's done his lounge act at the Triple Espresso Coffeehouse 20 years to the day. While patrons sip a house blend — "Grape," "Scandinavian Blizzard," or "Mokoko Cocoa Mocha" -Hugh plays '70s tunes on the piano. He and his companions, here to celebrate Hugh's anniversary, got stuck in the '70s. The trio used to be Maxwell, Butternutt, and Bean, a comedy group that never went far. They're "losers," they admit, but not "ordinary" ones. And hey, their reunion could help them face searing issues from their mediocre pasts. The story line's straight from Forever Plaid. There's also the Forever Plaid problem: the three comedians are far too talented to play inept characters. One's a whiz at the piano. Another's a first-rate mime, and the third's a crackerjack magician. The trio's so talented, when the plot has them complain of difficulties to overcome, you wish they'd quit trumping up the pseudodrama and get on with this highly entertaining, if lightweight show HORTON GRAND THEATRE, 444 FOURTH AVENUE, DOWNTOWN. THROUGH FEBRUARY 17; THURSDAYS, 7:30 P.M., FRIDAYS, 7:30 P.M., FRIDAYS, 8 P.M., SATURDAYS, 5 P.M., SATURDAYS, 5 P.M., SATURDAYS, 8 P.M., SATURDAYS, 8 P.M., SUNDAYS, 3 P.M., SUNDAYS, 3 P.M., SUNDAYS, 7 P.M., SUNDAYS, 7 P.M., 619-234-9583.

In This Corner

Reviewed this issue.
CASSIUS CARTER CENTER STAGE, SI-

MON EDISON CENTRE FOR THE PERFORMING ARTS, 1363 OLD GLOBE WAY, BALBOA PARK. THROUGH FEBRUARY 10; THURSDAYS, 8 P.M., FATURDAYS, 8 P.M., SATURDAYS, 2 P.M., SATURDAYS, 7 P.M., SUNDAYS, 7 P.M., TUESDAYS, 7 P.M., WEDNESDAYS, 7 P.M., 619-234-5623.

lon's Intimate Ibsen: Pillars of Society

Ion Theatre presents a staged reading series of Henrik Ibsen's works, one for each month of 2008. This month's: *Pillars of Society*.
ION THEATRE COMPANY, 4580-B ALVARADO CANYON ROAD, GRANTVILLE.; SUNDAY, 1 P.M., THURSDAY, 8 P.M., FRIDAY, 8 P.M., SATURDAY, 8 P.M., SUNDAY, 7 P.M., 619-374-6894.

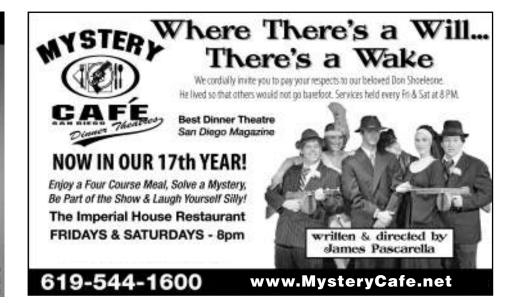
Mark Twain Tonight

The historic Balboa Theatre reopens its doors after rennovation with Hal Holbrook's immensely popular portrayal of Mark Twain.
BALBOA THEATRE, 854 FOURTH AVENUE, DOWNTOWN. THROUGH OCTOBER
19; SATURDAYS, 8 P.M., 619-570-1100.

National Comedy Theatre

Improvisational comedy, making up funny stuff on the spot, is difficult enough. Years ago, however, Keith Johnstone thought it'd be more exciting if gone competitively. He got the idea from pro wrestling ("where Terrible Turks mangled defrocked priests while grannies waved their handbags"). National Comedy Theatre, an offshoot of Johnstone's TheatreSports (artistic director Gary Kramer says the two compare like "rugby and American football"), resembles an athletic event more than an improve. Teams wear uniforms and compete on ActroTurf. Using suggestions from the audience, they play "Emotional Sympathy," "Blind Line," and "Freeze Tag," with judges awarding points to the best scenes.









Klunkers and groaners get booed; quick wit rewarded (one of the most refreshing parts of the contest: people acknowledge failure, abundantly, then forget it). It makes for a lively, often funny evening. And Gary Kramer is one talented comedian. Worth a try.
MARQUIS THEATER, 3717 INDIA

STREET, MISSION HILLS. OPEN-ENDED RUN; FRIDAYS, 7:30 P.M., FRIDAYS, 9:45 P.M., SATURDAYS, 7:30 P.M., SAT-URDAYS, 9:45 P.M., 619-295-4999

Oklahoma

The Welk Resort Theatre stages Rodgers and Hammerstein's ageless musical about the opening of the Oklahoma territory and the blooming of love.

WELK RESORT THEATRE 8860 LAWRENCE WELK DRIVE. ESCONDIDO. THROUGH APRIL 6; THURSDAYS, 1:45 P.M., THURSDAYS, 8 P.M., SATURDAYS 1:45 P.M., SATURDAYS, 8 P.M., TUES-DAYS, 1:45 P.M., WEDNESDAYS, 1:45 P.M., 888-802-7469.

Ordinary People OnStage Playhouse presents Nancy Gilsenan's dramatic adaptation of Judith Guest's novel. The loss of an older brother may change Conrad Jarrett's "ordinary" family entirely. Iav Mower directed.

ONSTAGE PLAYHOUSE, 291 THIRD AV-ENUE, CHULA VISTA. THROUGH FEBRU-ARY 9; THURSDAYS, 8 P.M., FRIDAYS, 8 P.M., SATURDAYS, 8 P.M., SUNDAYS, 2 P.M., 619-422-7787.

Pericles

UCSD Theatre & Dance presents Shakespeare's late romance about the Prince of Tyre's Job-like odyssey. Andrei Belgrader directed. UCSD: UNIVERSITY OF CALIFORNIA SAN DIEGO, 9500 GILMAN DRIVE, UCSD. THROUGH FEBRUARY 2: FRIDAYS, 8 P.M., SATURDAYS, 2 P.M., SATURDAYS, 8 P.M., TUESDAYS, 8 P.M., WEDNES-DAYS, 8 P.M., 858-534-2230

San Diego Theatresports: The Funhouse

A cross between improvisational comedy and Family Feud. The Funhouse combines improv with competitive scene-making, with the audience awarding points to the winning team. Purists might balk at the odiousness of comparisons used in this format, but the "game show," on Fridays, is a kick. The



90-minute evening offers different bits. The winner gets a banana, the loser a "forfeit." Some attempts went nowhere (improve is tough: I did it in my, as hindsight reveals, callow youth). Others made amazing twists and turns. The group has more hits than misses, and their guru, Keith Johnstone, wrote one of the very best books I've read about making theater. They put his pearls to good use. Their motto: "Remember, when it's not funny, it's art." Worth a try.
FUNHOUSE, 6822 EL CAJON BOULE-

VARD, COLLEGE AREA. OPEN-ENDED RUN; FRIDAYS, 7:45 P.M., SATURDAYS, 7:45 P.M., SATURDAYS, 9:45 P.M., 619-846-6978.

Sea of Tranquility

The Old Globe Theatre presents Howard Korder's comedy about an East Coast psychologist who relocates in the Southwest. His new patients "gradually reveal a surprising mystery - both in his past and in the human condition." Michael

A string of perfectly matched, rosee pearls goes on a 35-year odyssey in Michelle Lowe's sketchy, episodic, at times moving drama at North Coast Rep. Along the way it encounters tragedy, hope, emptiness, and performs Houdini-like escapes, for example, from a grave and the belly of a fish. The 100-minute, intermissionless play has 27 characters, most of whom are uni-dimensional and sprint by too fast. Unlike Lowe's hip, funny Smell of the Kill at NCRT in 2005, much of String, is narrated, which makes for long, undramatic passages. The play's not only talky, it often describes, rather than feels, its emotions. The pearls come in a blue velvet box, which Marty Burnett's spare, appealing set recreates on stage, the pearls a shiny, cream-colored platform and table. Four women play all the characters (and do some amazing, split-second costume changes). At times the acting's uneven and lacks subtexts, due in part to the thin script's preference for hugging the surface. When given room to roam, however, the actors deliver some sharp portravals: Kwana Martinez's Beth, a lifelong innocent from whom the pearls depart and return; Christy Yael's exhausted Kyle, who needs a break from her mother's Alzheimer's: Jennifer Seifert's Abby, who gets an unmentionable wish; and Crystal Sershen, who creates seven distinct characters, from a snoot to a 300 pound gravedigger. NORTH COAST REPERTORY THEATRE, 987-D LOMAS SANTA FE DRIVE, SOLANA BEACH. THROUGH FEBRUARY 10; THURSDAYS, 8 P.M., FRIDAYS, 8 P.M., SATURDAYS, 8 P.M., SUNDAYS, 2 P.M., SUNDAYS, 7 P.M., MONDAYS, 7:30 P.M., TUESDAYS, 7:30 P.M., 858-481-1055

Tony Award-winning musical (book, Neil Simon, music, Cv Coleman, lyrics, Dorothy Fields) about Charity Hope Valentine, the club dancer searching for true love. CORONADO PLAYHOUSE, 1835 STRAND WAY, CORONADO, THROUGH FEBRUARY 17; THURSDAYS, 8 P.M., FRIDAYS, 8

Bloom directed.

OLD GLOBE THEATRE, 1363 OLD GLOBE WAY, BALBOA PARK, THROUGH FEBRU-ARY 10; THURSDAYS, 8 P.M., FRIDAYS, 8 P.M., SATURDAYS, 2 P.M., SATUR-DAYS, 8 P.M., SUNDAYS, 7 P.M., TUES-DAYS, 7 P.M., WEDNESDAYS, 7 P.M. 619-234-5623.

String of Pearls

Sweet Charity

The Coronado Playhouse stages the

THEATER DIRECTORY

Actors Alliance Of San Diego 2650 Truxtum Road, Suite 203 Liberty Station (619) 224-3600 www.actorsalliance.com

Arts Tix 28 Horton Plaza, Downtown (619) 497-5000 www.sandiegoperforms.com

Asian American Repertory Theatre (888) 568-2278

vww.asianamericanrep.org

Beacon Theatre

www.beacontheatresd.com

Borrego Springs Performing Arts Center 590 Palm Canyon Dr., Borrego Springs (760) 767-4275 www.bspac.us

The Broadway Theatre

(760) 806-7905 www.premiereforkids.com

California Center For The Arts

(760) 839-4100 www.artcenter.org

Carlsbad Village Theatre

2822 State St., Carlsbad (760) 729-0089 www.carlsbadvillagetheatre.com

Centro Cultural De La Raza 2004 Park Blvd., Balboa Park (619) 235-6135 www.centroraza.com

Christian Community Theater 1545 Pioneer Way, El Cajon

(619) 588-0206 w.expaclive.com

Civic Theatre

3rd & B, Downtown (858) 570-1100 www.sdcivic.org

Clairemont Community Players

Holmes Elementary 4902 Mt. Ararat, Clairer (858) 560-5114

Community Actors Theatre 2957 54th St., State College

2957 54th St., State College (619) 264-3391 www.communityactorstheatre.com

Copley Symphony Hall 750 B St., Downtown (619) 235-0804

ww.sandiegosymphony.com

Coronado Plavhouse

(619) 435-4856 w.coronadoplavhouse.com

Cygnet Theatre Company6663 El Cajon Blvd., Ste. N, College Area (619) 337-1525 www.cygnettheatre.com

Diversionary Theatre 4545 Park Blvd., Normal Heights (619) 220-0097 www.diversiona

East County Performing Arts Center

0 E. Main St., El Cajon (619) 440-2277

Educational Cultural Complex Theater 1343 Ocean View Blvd., Southeast

(619) 527-5256 **Eveoke Dance Theatre**

The Fault Line Theatre 3152 Fifth Ave., Hillcrest (619) 692-3382 www.faultlineprod.com

644 7th Ave., Downtown (619) 238-1153 www.eveoke.org

Fern Street Circus (619) 235-9756 www.fernstreetcircus.org

The Fritz Theatre (619) 233-7505 www.fritztheatre.com

Grossmont College Stagehouse Theatre, El Cajon

(619) 644-7234 http://grossmon ont.gcccd.cc.ca.us/ The Hispanic Arts Theatre
Of San Diego

H.I.T. Productions Dinner Theater Shirley's Kitchen, 7868 El Cajon Blvd. La Mesa (619) 561-8673 (619) 561-8673 www.dinnertheater.net

Horton Grand Theatre 444 Fourth Ave (619) 234-9583

Inner Mission Productions

issionproductions.org

Ion Theatre (619) 374-6894 www.iontheatre.com

Irls Theater 4580-B Alvarado Canyon Rd. (619) 271-4144 www.iristheater.org

Laguna Playhouse 606 Laguna Canyon Rd., Laguna Beach (949) 497-2787 La Jolla Playhouse

(858) 550-1010

ww.laiollaplayhouse.org La Jolla Stage Company

7887 Herschel Ave. (858) 459-7773

www.thelajollastageco.org

Lamb's Players Theatre
Paul and Ione Harter Stage
1142 Orange Ave., Coronado
(619) 437-0600 www.lambsplayers.org

Lamplighters Community Theatre 8053 University Ave., La Mesa (619) 464-4598 www.lamplighterstheatre.org

Lyric Opera San Diego Stephen & Mary Birch North Park Theatre 2071 University Ave. (619) 239-8836

Marie Hitchcock Puppet Theater

(619) 685-5990

MiraCosta College Theatre
One Barnard Dr., Oceanside
(760) 795-6815 www.miracosta.

Mira Mesa Theatre Guild

Moonlight Stage Productions 651 E. Vista Way Vista (760) 724-2110 www.moonlightstage.com

The Muse Theatre (619) 239-2894

Mystery Cafe
The Imperial House Restaurant
505 Kalmia St., Hillcrest
(619) 544-1664 www.mysterycafe.net

National Comedy Theatre 3717 India St., Mission Hills (619) 295-4999 www.nationalcomedy.com

2787 B State St., Carlsbad (760) 433-3245 www.NewVillageArts.org

North Coast Repertory Theatre 987-D Lomas Santa Fe Dr., Solana Beach (858) 481-1055 www.northcoastrep.org

North Park Vaudeville 2031 El Cajon Blvd., North Park (619) 647-4958

The Old Globe Theatre

Cassius Carter Centre Stage Lowell Davies Festival Theatre, Balboa Park (619) 23-GLOBE (234-5623)

Onstage Playhouse 291 Third Ave., Chula Vista (619) 422-7787 www.onsta

Palomar College Theatre 1140 W. Mission Rd., San Marcos

(760) 744-1150 x2453 www.palomar.edu

Patio Playhouse 201 E. Grand Ave., Escondido

(760) 746-6669 www.patioplayhouse.com

Pine Hills Lodge 2960 La Posada Way, Julian

(760) 765-1100 www.pinehillslodge.com Point Loma Nazarene University Salomon Theatre 3900 Lomaland Dr., Point Loma

(619) 849-2433 www.ptloma.edu

Poway Center For The Performing Arts 15498 Espola Rd., Poway (858) 748-0505 www.powayarts.org

PowPAC, Poway's Community Theater

13250 Poway Rd., Poway (858) 679-8085 www.powpac.org

Ramona MainStage Theatre 626 Main St., Ramo (760) 789-7008 **The Rehearsal Room** 1159 6th Ave., Downtow. (619) 589-9963

San Diego Actors Theatre

San Diego City College Theater

San Diego Junior Theatre
Casa Del Prado Theatre, Balboa Park
(619) 239-8355 www.juniortheatre.com

San Diego Musical Theatre w.SDMT.org

San Diego Opera 1200 Third Ave., Dow .. Downtown (619) 232-7636 www.sdopera.com

San Diego Repertory Theatre 79 Horton Plaza, Downtown (619) 544-1000 www.sandiegorep.com S.D. School Of Creative &

Performing Arts 2425 Dusk Dr., Paradise Hills (619) 470-0555 www.scpa.sandi.net San Diego State University

and Experimental Theater (619) 594-6884 http://theatre.sdsu.edu/

San Diego Theatresports

1531 Tyler, Hillcrest (619) 465-7469 www.improvise.net

Scripps Ranch Theatre

10455 Pomerado Rd., Scripps Ranch (858) 578-7728 (858) 578-7728 www.scrippsranchtheatre.org

6th @ Penn Theater 3704 6th Ave., Hillcrest

(619) 688-9210 www.sixthatpenn.com San Diego Black Ensemble Theatre (619) 280-5650

Sledgehammer Theatre (619) 544-1484 www.sledgeh

Southwestern College 900 Otay Lakes Rd., Chula Vista

(619) 482-6367 www.swc.cc.ca.us The Spreckels Theatre 121 Broadway, Downtown

(619) 235-9500

Star Theatre 402 North Coast Highway, Oceanside (760) 721-9983 www.startheater.org

Starlight Musical Theatre

Starlight Bowl, Balboa Park (619) 544-7827 www.starlighttheatre.org Sullivan Players 1531 Tyler Ave., Hill

(858) 274-1731

Sushi Performance & Visual Art 320 Eleventh Ave., Downtown (619) 235-8466 www.sushiart.org

Teatro Mascara Magica (619) 231-3586 www.sandiegoreps.com

The Theatre in Old Town

Theatrx 155 East Grand Ave., Escondido

(760) 735-2491 www.theatrx.8m.com **Tonic Productions** (619) 246-4853 www.tonicproductions.org

Truax Performing Arts Center 400 Rancho Del Oro, Oceanside (760) 967-7918

University Of California San Diego UCSD Theater, Studio Th Mandell Weiss Center (858) 534-4574 ww-theatre.ucsd.edu

University Of San Diego 5998 Alcala Park, San Diego (619) 260-7934 www.sandiego.edu

http://home.san.rr.com/vantagetheatre Welk Resort Theatre 8860 Lawrence Welk Dr., Escondido

w.welkresort.com/sandiego The Wild Parrot Players Community Theatre Point Loma United Methodist Church

www.womensrep.org

Vantage Theatre

(888) 802-7469

1984 Sunset Cliffs, Ocean Beach (619) 269-6946 Women's Repertory Theatre P.M., SATURDAYS, 8 P.M., SUNDAYS, 2 P.M., 619-435-4856.

The Cemetery Club

The Poway Performing Arts Company stages ivan Menchell's comedy about three widows who make monthly visits to their late husbands' graves.

POWPAC, POWAY'S COMMUNITY THE-ATER, 13250 POWAY ROAD, POWAY. THROUGH FEBRUARY 10: FRIDAYS, 8 P.M., SATURDAYS, 8 P.M., SUNDAYS, 2 P.M., 858-679-8085.

The Daddy Machine

Diversionary presents the world premiere of a "family-friendly" musical, by Patricia Loughrey and Rayme Sciaroni, about lesbian and gay families. Sciaroni and Siobhan Sullivan directed. DIVERSIONARY THEATRE, 4545 PARK BOULEVARD, UNIVERSITY HEIGHTS. THROUGH JANUARY 27; THURSDAYS, 7 P.M., FRIDAYS, 7 P.M., SATURDAYS, 11 A.M., SATURDAYS, 1 P.M., SATURDAYS,

7 P.M., SUNDAYS, 1 P.M., SUNDAYS, 3

The Male Intellect: An Oxymoron?

P.M., 619-220-0097.

For two evenings only, the Poway Center hosts Robert Dubac's solo show.

POWAY CENTER FOR THE PERFORMING ARTS, 15498 ESPOLA ROAD, POWAY. THROUGH JANUARY 26: FRIDAYS, 8 P.M., SATURDAYS, 8 P.M., 858-748-0505.

This is Our Youth They're bright kids: Dennis has a

business acumen well beyond his 21 years (and current employment as a drug pusher); Warren and Jessica have acute sensitivities (she's wise enough to see that a decade can change a person completely). It's just that each is emotionally retro, stuck in the old ways and inexpert in matters of the heart. It's 1982. The Me Decade's about to trickledown, and the trio's on the verge of adulthood. A few more ridiculous mistakes could decide if they make the leap. Kenneth Lonergan's 48hour slice of Upper West Side "youth" has dialogue so sharp is must make David Mamet weep, and characters so alive they evoke laughter and tears, or confusions of both, making you as lost in your emotions as the kids. Director Francis Gercke and a splendid New Village Arts cast have brought Lonergan's tough script to vivid, felt life. Joshua Everett Johnson's terrific as Dennis, who shouts verbal drive-bys and into whose secure scene the Grim Reaper makes a cameo. Tom Zohar's a crisp combo of intuited sagacity and bulbous nativete. And, wearing the greatest hits if punk mufti, Rachel Van Wormer captures the counterphobic veneer of the early Eighties - the outward show of competence, so beloved of the Yuppies, masking the inner turmoil of perplexed souls. The acting, ensemble and individual (as in Johnson's unforgettable scree-monologue) literally makes the audience a fly on the fourth wall, watching chaos expand and maybe, or maybe not, ruling the day. Critic's Pick.

NEW VILLAGE ARTS THEATRE, 2787 B STATE STREET, CARLSBAD. THROUGH FEBRUARY 17; THURSDAYS, 8 P.M., SATURDAYS, 3 P.M., SATURDAYS, 8 P.M., SUNDAYS, 2 P.M., 760-433-3245.

Where There's a Will... There's a Wake Mystery Café Dinner Theatre pre-

sents James Pascarella and Will Roberson's interactive comedy, set in a 1920s speakeasy where suspicion shrouds every "gangster, game, and dame." Pascarella directed.

MYSTERY CAFE, 505 KALMIA STREET, HILLCREST. OPEN-ENDED RUN; FRI-DAYS, 8 P.M., SATURDAYS, 8 P.M., 619-544-1664.

The Reader offers \$25 for news tips published in Blurt. Call us at 619-235-3000, ext. 456, or e-mail your tip to blurt@sdreader.com

Dead Scene? "I heard after last year's [Street Scene] that they were going to pull the plug," says one promoter about San Diego's largest

through 2004. When it moved to the parking facilities in Petco Park (2004) and then Qualcomm Stadium (2005, 2006), those disheartened with the venue changes dubbed the event "Parking Lot Scene."

The 2004 Street Scene drew an estimated 105,000. Insiders say last year's event



outdoor music event.

Rob Hagey founded Street Scene in 1984 and sold it last year to Los Angeles-based Live Nation, the country's largest concert company. Last year's event, originally planned to take place at the Del Mar Fairgrounds, was moved to Coors Amphitheatre in Chula Vista due to slow ticket sales.

"I think Live Nation blew it by trying to run it from L.A.," says a Los Angeles-based promoter who is familiar with the local concert market. "You need someone local who knows San Diego.'

Live Nation spokesman Greg Terlizzi says he had no information about when or if Street Scene would be back.

Street Scene was held in the streets of downtown

brought in about 10,000 paid customers.

— Ken Leighton

Meanwhile... The first concert at a new 13,000capacity venue in Mission Valley will be held in April, according to Mike McSweeney, marketing manager for Qualcomm Stadium. The site of the former Chargers practice facility near Qualcomm Stadium — to be called AEG Live Concerts on the Green — will have temporary, portable structures. AEG has entered into a three-year deal with the stadium, which is owned and operated by the City of San Diego.

Headliners have not been announced, but insiders suggest that many of the acts

that previously played the 'Bayside' Embarcadero Marina Park South facility (Radiohead, Angels & Airwayes. Black Eved Peas) are sought to appear at the venue.

venue was hurt due to noise complaints. AEG, the country's second-largest concert

being

Bayside's

concert

viability as a

company, opened an office in San Diego last year and

FERGIE THE PEA TO PLAY THE GREEN?

attempting to draw business away from Live Nation. Live Nation controls Cox Arena, Open Air Theatre, and Coors Amphitheatre. An insider says that the Warped Tour, held at Coors last year, may take place at the AEG facility.

– Ken Leighton

Goodbye to Romance

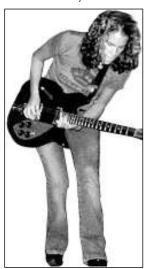
On January 28, bass-less indie-rock trio Buzzkill Romantics will split up after a CD-release show at the Casbah for their Aftermath of Love album. For at least the

first half of 2008, guitarist Davida Milkes will be a guitar tech and backing musician on tours with Gene Loves Jezebel and ex-Catherine Wheel front man Rob Dickinson. (She'll join Dickinson onstage for several songs.)

Later this spring, Milkes will tour North America in the Electric Mood Maidens, her new group that includes Marty Willson-Piper of '80s hit-makers the Church.

"I've been friends with them for years, particularly Marty," explains Milkes of her connection to the Australian rockers. It was through them that she became a roadie.

"The subject came up and - what do you know



MILKES GETS DOWN AT SCOLARI'S ('05)

I'm the guitar tech for the Church," she laughs. "Of course, I had never [done that] before, so I had to learn quick." She's been with the band at every American show for almost two years,

occasionally joining them onstage for the song "Providence.

At an August 2006 show in Myrtle Beach, South Carolina, Milkes played part of a Church set after Willson-

Piper came down with a migraine. Rather than cancel the performance, Church front man Steve Kilbev approached Milkes and asked her how many songs she

Though the roadie biz is a male-dominated field. Milkes hasn't had any problems, at least not with her employers.

"To be honest, I think bands welcome a woman on the crew; it changes the dynamics and gives traveling a different feel.... On the road, when we show up to gigs, I have had some men that work for the clubs make some comments, but they usually shut up pretty quickly when they see I actually know what I'm doing."

– Bart Mendoza

Ferret Love Last week, EMI/Capitol Records announced it would fire 1500 employees - 25 percent of its workforce — and that it

A SCRIBE AMIDST THE LIONS

SATURDAY, JAN. 2

ASTRA KELLY & THE 47s

ENDOXI

APES OF WRATH

would become the first major label to eliminate large advances. (The company reportedly gave British singer



LOWER DEFINITION, HIGHER EXPECTATIONS

Robbie Williams \$150 million when he signed with the label in 2002.)

"There's a lot less glamour in signing with a major if they're cutting your funding," says Valentino Arteaga, guitarist with Chula Vista-based Lower Definition. The big-label troubles make him feel even better about his band's new deal with independent New Jersey label Ferret Music.

Major labels are flopping because they sometimes have to sell a million copies [of each release to break even.' Arteaga says bands Every Time I Die and In Flames also on the Ferret label have sold over 100,000 discs, a profitable benchmark for an indie band.

Arteaga points to the air time of Chiotos and As I Lay Dying on MTV2 and Fuel TV as proof that bands can get on the radar without the backing of a big label.



MONDAY NIGHT \$2 TUESDAYS **Well Drinks & Domestic Drafts**

LIVE BANDS FRIDAYS

Friday, 1/25 • 9 pm **BLUE ROCKIT** Friday, 2/1 • 9 pm LYSDEXIA

KARAOKE

Monday, Wednesday, Thursday & Saturday

Now Hiring Servers & Barten **Kitchen Hours:**

Mon-Fri: 11 am-9 pm Sat & Sun: 10 am-4 pm Open Saturday & Sunday 10 am for Breakfast

0436 Clairemont Mesa Blvd. at Santo Rd. Tierrasanta (858) 576-2509 SPORTS on LARGE-SCREEN TVs



Number One Gun ighton • Sever Your Ties Secret And Whisper A Midday Atlantic

Poison The Well

The Locust • Dance Gavin Dance • 3

Fri., Jan. 25 • \$7/\$9 **Thieves and Liars** The Silent Comedy

No Bragging Rights Upon Beauty Rests Long Live Logos

The Summer Set · Anarbor The Material · Radio Racer

Miscellaneous Ailments Foundation
Dead On The Dancef Talia • Talk Fahrenheit Jack's Last Bullet

Sat.., Feb. 9 • \$7/\$9 Feb. 9 · · · · Irradio
Irradio
Include To Garcea r · Airplane 1954 · Witt

Fri., Feb. 22 • \$7/\$9

Sound Of Surrender The Variety Show
The Crashing Marbles
Primavera • A Dull Science

Epicentre offers a professional recording with Pro Tools at an affordable rate Call us at 858-271-4000 ext. 15 for mo

8450 Mira Mesa Blvd. 858.271.4000 www.epicentre.org

THE EPICENTRE IS A PROGRAM
OF HARMONIUM. VISIT
HARMONIUMSD.ORG FOR MORE INFO.



Watch the Big Football Game Here! Sunday, Feb. 3

> Tuesday §1 Tacos

Ladies 1/2 off first 2 rounds

Wednesday 5-10 pm All-You-Can-Eat

Butch's Spaghetti & Meatballs \$495

Sunday 4-10 pm Steak Night

 $^\$8^{95}$ with potato & salad Best Bar Food in Town!

Happy Hour Daily 4-8 pm Hours 7 am-2 am

619-236-8685 805 16th Street & F



Friday, January 25

O POCKET UTOPIA

Saturday, January 26

THE FASCINATION THE FRANTIC ROMANTIC **LONG LIVE LOGOS**

Friday February 1

ROMAN NUMERAL

 \bigcirc

Saturday, February 2

SWIM PARTY THE ROMAN SPRINGS

Friday, February 8

THE DOWNS FAMILY $^{\circ}$ **THE POSTALS**

Saturday, February 9

THE CREEPY **CREEPS**

DARRYL PURVIS TROUBADOUR OPEN MIC MYSTERY TRAIN THESDAY JAN 29 THE FOCUS GROUP THE BLUE SHIFT THE DIRTY LEGS LADY VAIN TORE BACK • BLINDHEIM • TBA 2/1 BLACKLIST UNION OPERATION HUMAN SHIELD 2/2 THE UNDERCLASSMEN 12 ¢ENT • CRITICAL ME POOL - FOOSBALL - DARTS 4079 Adams Ave 1310 MORENA BLVD. • 619-276-563 619-284-2848 WW.MYSPACE.COM/OCONNELLS



4 pm to close \$3 Jägers, drafts, and more! \$3 lobster tacos until 10 pm

Aloha Fridays

Happy Hour 3-7 pm \$3 Bud, Bud Light, wells & wine

Local Motion Mondays

4 pm to close \$3 local drafts \$6 specialty 22-oz. beers Awesome app specials

Taco Tuesdays

4 pm to close \$3 Dos Equis, Pacifico, Corona \$1.50 tacos • \$3 margaritas

Wednesday Is Pitcher Night

4 pm to close \$8 Bud pitchers \$7 Bud, burger and fries

TheLocalSanDiego.com 619-231-4447 1065 Fourth Ave., Downto between Broadway and C St

Calendar Music scene

burt

Though Arteaga's "melodic hardcore" band received no up-front money, Ferret will pay for tour support and for Lower Definition's recording session at a Portland, Oregon, studio next month. In addition, the band was allowed to select producer Kris Crummett (Dance Gavin Dance, Drop Dead Gorgeous), whose fee will be covered by Ferret.

Lower Definition is known locally for playing to under-age audiences exclusively. Arteaga says his band has "seriously toured" for the last three and a half years, which helped stimulate label interest.

"You just have to get out there and tour and get as far away from San Diego as you possibly can. We toured the western U.S. at least seven times. It's gotten a lot easier to tour with the Internet."

— Ken Leighton

Smokin' The Lost Boys of Penzance have covered a TV commercial jingle, "The Disadvantages of You," from a 1967 Benson & Hedges 100s cigarette ad.

"I recalled hearing the tune on TV, growing up in the 1960s," says bandleader Jonathan Villegas. The commercial is still remembered for its images of extra-long cigarettes getting caught in elevator doors and lighting the beards of people standing too close.

"The ad didn't turn me into a smoker," says the 50-year-old guitarist, "but the lilting melody of the song stuck in my head. I later discovered that my dad had the sheet music in a songbook that'd been distributed to members of the armed forces."

To obtain song rights, Villegas says, "I got a compulsory mechanical license, granting use of the song once I paid the statutory royalty rate, which is currently 9.1 cents per minute for songs five minutes or less. The minimum quantity is 500 units. So, for a cover of a two-minute song, it cost me...\$91."

Rockers who claim to smoke Benson & Hedges include the Gallagher brothers of Oasis and AC/DC guitarist Angus Young. "We don't endorse smoking ourselves," says Villegas, "other than smokin' hot tunes."

The Lost Boys of Penzance are based near



LATE '60S BENSON & HEDGES AD

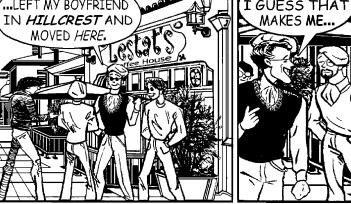
surfing hotspot Swami's in Encinitas. Their version of "The Disadvantages of You" is included on the surf-rock compilation Beyond the Sea.

— Jay Allen Sanford

Impossible Germany

Dmonstrations have confirmed upcoming tour dates in Japan, thanks to their new overseas booking company. They would have toured Europe last year, were

OVERHEARD IN SAN DIEGO: KENSINGTON JAY ALLEN SANFORD I. GUESS THAT ... THE NEIGHBORHOOD QUEER. MOVED HERE.



FRHFARD? FMAIL JAS2669@AOL.COM - IF WE USE YOUR TIP, YOU GET THE ARTWOR

it not for a falling out with Germany-based Dial Booking, which had confirmed only around half the dates as the band prepared to depart. "We

couldn't afford the gear and van rental for the whole month without shows booked every day," blogs the band. They say they tried to reach their contact at the booking agency, "but it

is obvious that he has more important or pressing issues in his life right now. We were waiting over two months to get a final response from him."

"This is frustrating due to the fact that we had over eight months to plan this," said the band when canceling the tour. "However, we aren't willing to risk the potential to incur a substantial debt due to others' lack of planning and professionalism.

"Our decision was also greatly influenced by the recent events with our friends Mika Miko, who happened to go through Dial Booking and ended up getting the runaround in Italy and losing \$1500 of their own money on their recent trip. Our friends Die! Die! Die! have also been waiting to hear of dates, and

DEFINITELY JAPAN FOR THE DMONSTRATIONS

as a result of this, they have canceled their [overseas] tour

The Dmonstrations' 2008 tour of Japan was arranged through a different booking agency. Dial Booking did not respond to email requests for comment.

— Jay Allen Sanford

In His Face... Some excerpts from Martin Storrow's tour diary:

Ohio, 1/8/08: When most of what you play are love songs, or relationship related, or very poetic, it's always a surprise to walk into a show and find out that you'll be

playing for an entirely male audience, especially in the middle of Ohio, where men are especially manly...about fifty guys had shown up. Oh, and one very lucky girl. I started the show by gesturing to the girl and saying, "I just want you all to know that there's a slight imbalance here tonight, and whenever I play a love song, it will be dedicated to her."

"Be careful," a guy from the crowd said. "Her boyfriend is here, too." Crap. "All right," I

"All right," I said. "I'll dedicate a few to him, too." The crowd busted up. The ice had been broken.

Waltham MA, 1/12/08: They didn't have a room for me to warm up in, so I went into the parking lot and began to do my vocal exercises and stretch. Some of my vocal warm-ups sound roughly like a mix between whale squeaks and outboard motors....

About a minute later, two police cars came down into the parking lot, a cruiser and an SUV. I wondered what

was going on. They approached me and the SUV in back pointed a spotlight in my face. A female officer rolled down her window.

NEIGHBOR-

HOOD **NEEDS**

"Are you okay, sir?" I smiled... "Yes, I'm fine. I'm playing a show here tonight and was just warming up my voice."

The officer looked relieved. I was, too. "So you haven't been drinking or



STORROW MAKES LIKE A WHALE

anything?"

I laughed. "No. I must look a little nuts warming up out here."

"Somebody thought so. Have a great night, sir."

— Jay Allen Sanford

CONTRIBUTORS

William Crain, Dave Good, Larry Harmon, Michael Hemmingson, Ken Leighton, Ryan Loyko, Bart Mendoza, Derek Plank, Eric Rife, Jay Allen Sanford, David Stampone





San Diego *Reader* January 24, 2008

Thursday

South Park film shop Citizen Video hosts a local film-maker showcase at neighborhood watering hole Whistle Stop.



caught the Sess yet, get on it. And grab some hot wax while you're there — they just pressed a two-side 45". Old school.... Local noiseniks the Locust swarm teen hall Epicentre for a Casbahsponsored set with South Beach punks Poison the Well. Looks like PtW are touring the world this year behind new Ferret Music disc Versions, a collection of studio-stewed hardcore.... Psvchpop act A Scribe Amidst the Lions will premiere music from their second disc Sunken Cities tonight at Casbah. The ambient electronics shot through with guitar skronk and taffy-pulled vox are sure t'reach all you radioheads. This Rockit Presents gig includes Astra and the Material... Sonic spacemen **Earthless** launch at Bar Pink Elephant tonight. On last year's Tee-Pee Records release Rhythms from a Cosmic Sky, the instrumental three-piece built Japanese psych-rock squalls around the thudding Kraut-rock drums of Mario Rubalcaba (Clikitat Ikatowi, RFTC, Hot Snakes, Black Heart).... They burnt bright but brief after 2002's What It Is to Burn, and then late last year Finch regrouped. The Temecula altrock act continues to stretch their stage legs tonight at Soma. Power-poppers Reeve Oliver also on the bill.... Roman Spring pull out of the garage for a Beauty Bar set. You like the Strokes?

Friday

Big band **Ozomatli** will funk up Belly Up for two nights Friday and Saturday. The nine-piece multiethnic band may have a variety of seasonings but the flavor's always south-of-the-border spicy. Check last year's Don't Mess with the Dragon for a taste of their Los Angelino mélange. Afro-beats band **Cava** opens both nights, but it looks like Saturday's sold out.... No worries; get your dance jams at Winstons, where Hot Buttered Rum will pull bluegrass roots for a packed-house party. The SanFran improv band is kicking off a Left Coast tour behind new disc Live in the Northeast.... Clap your hands say Yeasayer. Another Brooklyn band exhumes Talking Heads polyrhythms and Byrne's nasally no-wave. The quartet tours shiny new All Hour Cymbals through Casbah Friday night. **MGMT** and **Calico Horse** share the stage, while **Brainticket DJs**spin between sets.... Anthology hosts jazz bassist Stanley Clarke for two nights. Clarke's touting '07 disc The Toys of Men, which topped Billboard's contempo jazz chart. The 56year-old fusion player cut his teeth with pure jazz players Art Blakey, Horace Silver, and Stan Getz, among others... Beat Farmer **Joey Harris** and his new band the Mentals pull into Whistle Stop, where the guitarist/songsmith will split the ticket with folk chanteuse **Sara** Petite and her Sugar Daddies.. Reggae-rockers **Pepper** spice a night at

Saturday

'Canes with their latest dish To Da Max.

All-age Soma props ska Saturday night when they plug in the Toasters and Buck-O-Nine on their Sports Arena stage. These brassy punks are pushing the quarter-century mark as they pair up in support of new releases.... Desert 'lectronic act Gram Rabbit hops into Casbah. The JoshTree band rocks trip-hop beats behind the bewitched voice of Jesika von Rabbit. It's a CD release for new one Radio Angel and the Robot Beat — Beck with a lady's touch. The Viewmasters and the Blakes set the stage.. Indie pop bands the Fascination, Frantic Romantic, and Long Live Logos hit Ken Club with nu wave. The Fascination debut material from Love, the City, and Space, while for LLL it's Little Monster and Me. The gig's a CD release for Frantics new s/t e.p.... Escondido punk-pop mash-ups Tiltwheel are patched and pumped to roll into Tower Bar, where they'll spill beer with Grabass Charlestons and the Tim Version.

Sunday

Brooklyn MC Talib Kweli visits House of Blues The rapper is an academic and a businessman whose heady take on the genre helped spawn "alternative hip-hop." Check 1998's Mos Def-mentored Black Star for Kweli's high note, as last year's Ear Drum met with mixed reviews. New one A Prisoner of Consciousness is due to drop in early '08. DJ Demon opens.... Belly Up books a pair of power trios Sunday night as '60s rock-rollers Mountain (remember radio anthem Mississippi Queen?") and local "face-melters" Shock and Awe stack it up on the Solana Beach stage.... Independent radio 94/9 hosts a free local showcase at Casbah with



faced hopefuls Hotel St. George, Desert Diamonds, the Tighten Ups, and Team **Abraham... Autotonic** mix it up at Bar Pink Elephant. The unsigned indie quartet samples hooky pop rock on MySpace, where the SD band's getting much love in their friend space.

Monday

Casbah's Anti-Monday League turns up **irradio**. The San Diego sextet returns this year with *I Am* the Horn, a progressive rock collection pumping crunk and soul. Sky Parade and Buzzkill Romantics also on the bill. For Buzzkill, this gig's a CD release for limited-edition e.p. The Aftermath of Love and a farewell — their "last show ever!"

Tuesday L.A. prog-rock throwbacks Mars Volta kick a CD-

Tuesday night. The duo of Omar Rodriguez-Lopez (guitar) and Cedric Bixler-Zavala (yowls) have built a metal monster since 2005's crit-pick Frances the Mute. According to Paste magazine, Volta's upped the levels on slap-n-pop bass and Middle Eastern beats and horn bleats for a confounding "proggy bog."... NYC's electronic-pop crew White **Williams** blows *Smoke* (Tigerbeat Records, 2007) at Casbah Tuesday night. Think Roxy Music infused with clubby grooves or Soft Cell at 76 rpm. Pitchfork touted dance track "New Violence" in its singles selections and scored Smoke a respectable 8.3. They're joined by Health and Tribal Tats.... Mexican metal band and two-time Latin Grammy winners **Molotov** goes off at House of Blues. The Mexico City quartet comes out of a three-year hiatus to tour in support of new release Eternamiente.

release party for The Bedlam in Goliath at Soma

Wednesday

Couple creaky carnival rides repair to Casbah as Castanets and Fantastic Magic riddle the room



week NYC indie pop band the

Bravery ride the hype wave behind their 2007 Island disc The Sun and the Moon into House of Blues. Switches and Your Vegas warm the downtown

Local blues baby **Anna Troy** joins the Modlins for live sets at new North Park venue U-31.... Out at Winstons, Vegitation feeds O.B. heads homegrown reggae

Barnaby Monk



Super Bowl at The Bitter End

Imagine you and 50 of your closest friends: Open bar, food, 100 inches of screen & the comfort and luxury of The Bitter End VIP Lounge! Leave the cooking and bartending to us. Relax in luxurious leather couches, enjoy mouthwatering appetizers and a hosted bar.

Package #1 • \$8,500

Open premium bar (includes specialty martinis), appetizers for 50, exclusive private use of VIP Lounge

Package #2 • \$6,500

Open beer and wine, appetizers for 50, exclusive private use of VIP Lounge

Sunday, Feb. 3, 3-9 pm

For more information or to schedule a visit contact Ashley Mullaney: 619-814-2074 amullaney@thebitterend.com







TRAVIS LEDOYT ELVIS TRIBUTE FRIDAY, JANUARY 25



LOVESHACKTHURSDAY, FEBRUARY 14



HEARTTUESDAY, FEBRUARY 19



FRANK SINATRA, JR. SUNDAY, MARCH 2



AMERICA FRIDAY, MARCH 7



SIZZLIN' SALSA SATURDAYS

FREE SALSA LESSONS 7PM • LIVE BANDS 8PM
DANCE CONTEST 11PM – You could win CASH!

Don't miss a FREE live performance by The Shangri-Las Wednesday, January 30 at 1pm & 3pm!



CASINO & RESORT
SAN DIEGO NORTH

For tickets visit www.ticketweb.com or call 1-866-468-3399. Call for hotel packages and special group rates.

Barely Legal

"The kids were digging the show so much they started physically and sexually assaulting the band."

MICHAEL HEMMINGSON

he Atoms are a young band, barely old enough to play the bars around town. The members came together at Bonita Vista High School in 2003 with a dream to play music. They have a forthcoming EP produced by Sweet Tooth Records

and can be seen at alternative side venues such as the Casbah's Atari Room and the stage corner of UCSD's Ché Café. The band recently served as the "opening act"

for the Ken Cinema's showing of the Talking Heads' *Stop Making Sense.* Their tunes are retro, early '80s, influenced by the punk/pop/new-wave sound of early Devo, Blondie, and the Boomtown Rats.

The five Atoms are Joey on vocals, Dee on guitar, Kaitlin on keyboards, Branden on bass, and Christy Beats "on the beats." I caught up with them rehearsing for a gig; half the members were getting over the flu.

BEST/WORST GIGS?

Branden: "Best, any Ché show. Worst, any bar show with fewer than 15 people in attendance."

Joey: "The gig we did with Gravy Train at the Ché Café was both the best and worst. It was the best because we were sort of starting out around that time. It was the first sold-out show we ever played, so you can imagine our excitement. The kids were digging

the show so much they started physically and sex-

ually assaulting the band [onstage]. That's when it

got messy, concluding with us all having busted lips

and a whole new bag of issues to rant to our shrinks about."

WHAT IS IN YOUR CD PLAYER TODAY?

Joey: "Sparks, Propaganda."

Branden: "Talking Heads: 77." Dee: "Wire, Pink Flag." Kaitlin: "Jay Reatard, Blood Visions." Christy: "CD?"

WHAT DID YOU DO PROM NIGHT?

Branden: "Hung out with my band."
Joey: "The band attended prom together in 2005.
We digested an unhealthy amount of mercury at
Benihana, arrived to the dance late, took cues from
the other students, and danced ridiculously all night.
Later we engaged in underage drinking and unprotected sex. Nothing special — just some American
kids getting American kicks."

Christy: "Motel 6 and Denny's." Dee: "My hand."

LOVE AT FIRST SIGHT...WHAT ABOUT IT?

Branden: "What about it..."
Christy: "Yes, what about it...?"
Dee: "What?"
Joey: "What's that?"
Kaitlin: "Sticky!"

FAVORITE QUOTE?

Joey: "The fittest shall survive, yet the unfit may

live.'

Christy: "If you can put ketchup on it, you can put BBQ sauce on it." Dee: "There's no such thing as hairdo's or don'ts."

BEST ADVICE YOU EVER RECEIVED...

Branden: "Follow your mind." Joey: "Anything Branden says." Christy: "Stay the course."

SEXIEST LOCAL PERFORMER?

Branden: "Austin from the Power-Chords."

Dee: "Jeremy Rojas."

BEST TIME YOU EVER HAD DRUNK?

Joey: "At a gig in Vegas our publishing company took us out for a night on the town where we drank from dusk till dawn, ate a dangerous amount of pizza, and I ended the night by shouting obscenities in a four-star restaurant. Naturally I embarrassed myself, the band, and the publishing company who was letting us abuse their plastic...I wandered the streets of Vegas all night, but that's another story. Wow, that was awesome!"

WORST JOBS?

Branden: "Dishwasher."

Joey: "The only job I've ever had is working retail...it's great for observing human behavior, but I barely got a bowl of rice a day."

FAVORITE DEAD CELEBRITY?



Atom

Branden: "John Lennon." Joey: "Hugh Hefner."

WHO WILL BE THE NEXT PRESIDENT?

Dee: "Obama, because he's so cute!"
Joey: "The Atoms support the right to vote, rather than any particular person or party. Who knows? I mean, didn't the guy who won eight years ago only end up making a documentary?"





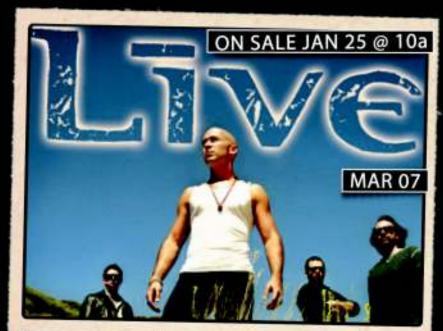
VIE AS

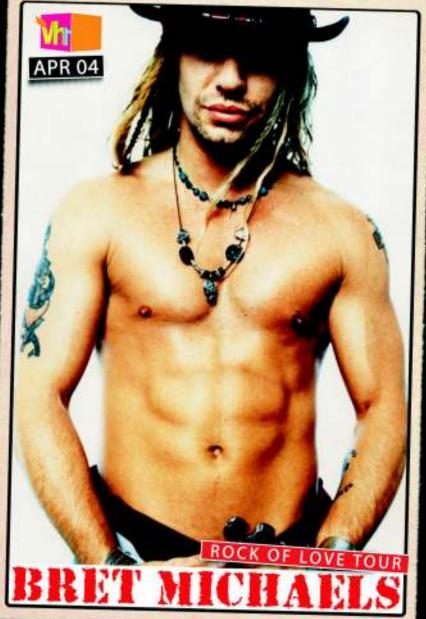
the head cat

lemmy (motorhead) slim jim phantom (the stray cats) danny b harvey (rockats, 13 cats, lonesome spurs)

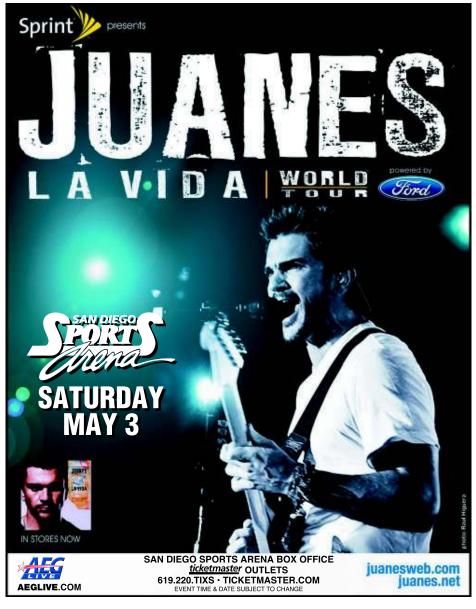














alendar **CONCERTS**

Music videos for all concerts now on SanDiegoReader.com

THIS WEEK'S CONCERTS

THURSDAY

Ben Kenney, House of Blues, Thursday, January 17, 1055 Fifth Avenue, Downtown, 619-299-2583.

Cross Canadian Ragweed, Belly Up Tavern, Thursday, January 17, 143 South Cedros Avenue, Solana Beach. 858-481-

FRIDAY

Pat Green, 4th & B, Friday, January 18, 345 B Street, Downtown. 619-231-4343.

Tiger Army, Soma, Friday, January 18, 3350 Sports Arena Boulevard, Point Loma, 619-226-SOMA.

Social Distortion, House of Blues, Friday, January 18, 1055 Fifth Avenue, Downtown. 619-299-2583.

Chuchito Valdes, Anthology, Friday, January 18, 1337 India Street, Little Italy. 619-595-0300.

Dilated Peoples, Belly Up Tavern, Friday, January 18, 143 South Cedros Avenue, Solana Beach. 858-481-9022.

SATURDAY

Ryan Adams, Spreckels Theatre, Saturday, January 19, 121 Broadway, Downtown. 619-235-9500.

Social Distortion, House of Blues, Saturday, January 19, 1055 Fifth Avenue, Downtown. 619-299-2583.

SUNDAY

Social Distortion, House of Blues, Sunday, January 20, 1055 Fifth Avenue, Downtown. 619-299-2583.

Tower of Power, Viejas Casino DreamCatcher Show Room, Sunday, January 20, 5000 Willows Road, Alpine 619-445-5400.

MONDAY

Lil Wayne, House of Blues, Monday, January 21, 1055 Fifth Avenue, Downtown. 619-299-2583.

TUESDAY

Exodus and Goatwhore, $\ensuremath{\mathsf{House}}$ of Blues, Tuesday, January 22, 1055 Fifth Avenue, Downtown. 619-299-2583.

Todd Snider, Belly Up Tavern, Tuesday, January 22, 143 South Cedros Avenue, Solana Beach. 858-481-9022.

WEDNESDAY

Debbie Davies, Anthology, Wednesday, January 23, 1337 India Street, Little Italy. 619-595-0300.

Mike Keneally, Belly Up Tavern, Wednesday, January 23, 143 South Cedros Avenue, Solana Beach. 858-481-

UPCOMING CONCERTS

JANUARY

Black Dahlia Murder, Soma, Wednesday, January 30, 3350 Sports Arena Boulevard, Point Loma. 619-226-SOMA.

The Bravery, House of Blues, Wednesday, January 30, 1055 Fifth Avenue, Downtown. 619-299-2583.

Robben Ford, Anthology, Thursday, January 31, 1337 India Street, Little Italy. 619-595-0300.

FEBRUARY

Poncho Sanchez, Anthology, Friday, February 1, 1337 India Street, Little Italy.

The Head Cat, Viejas Casino DreamCatcher Show Room, Friday,



MAD MARDIGAN

DEAF ZERO

02/03 THE BIG GAME

02/09 ZEPPELIN TRIBUTE

02/27 V00D00 GLOW SKULL

DAZED N CONFUSED





5-8 PM: Winstons Game Day with Nintendo Wii

PLEASURE DEVICE BEHIND THE WAGON

UNDERCLASSMEN SHEA REBELLION







THE REVEREND PAYTON'S **BIG DAMN BAND**

3ar. 1/26 Think & Drink Bowling Bus Trip 1-8 PM Tickets on sale now for \$30.

RHYTHM AND THE METHOD

L.A.'s Hottest Dead Tribute Band

Karaoke OB Style

OB•O•KE JOSÉ SINATRA



\$2 drinks 9 pm to close

Drunk Poets Society An evening of music from the Grateful Dead



WASTE BAND

6-9 PM: **Think 'N' Drink Trivia**

THE C.H.I. CLUB THE BLACKBIRDZ **BRAIN BUCKIT**

1/30

4-8 PM Winstons Art Show



LIVE ZION

UPCOMING:

2/2: Members of String Cheese Incident and Particle **EOTO**

2/9: DELTA NOVEMBER

2/14: Members of Garaj Mahal present AMERICAN DRAG

1921 bacon street ocean beach 619-222-6822



www.secondwindbars.com

ATM & credit cards welcome.

Navajo

8515 Navajo Road • 619-465-1730 (Albertsons shopping plaza at Navajo & Lake Murray)

Thursday, January 24

Heathen Culture

Friday & Saturday, January 25 & 26 • 9 pm **Classic Rock**



Serious Guise

Sunday, January 27 • 9 pm

Pick Up Girls

Wednesday, January 30

Reverend Stickman Foothold • Fuzz-Huzzi

Upcoming: Thursday, January 31 **Monsters of Rock**

Santee

8528 Magnolia Avenue • 619-596-8350 (Corner of Prospect & Magnolia)

Thursday, January 24

Dust-N-Bones

Guns 'n' Roses tribute band

Friday & Saturday, January 25 & 26 • 9 pm

Classic Rock



6 One 9

Wednesday, January 30

Sammy & the Sofa Kings

Upcoming: Thursday, January 31

PanterA'd

Pantera tribute band

Pool Tables • Dart Boards • Hot Spot & Lotto Free Parking • Free WiFi Access



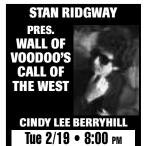


















JUST ADDED!

3/17 **Shawn Mullins** – on sale Friday @ noon! 4/13 Charlie Musselwhite - on sale Friday @ noon! 4/24 Dark Star Orchestra

- **NCCS Food Bank Benefit Concert** w/Earl Thomas, Amber Ojeda & Justus Ewing
- 2/25 Jay Farrar
- 2/26 Adrian Belew
- 2/27 Punch Brothers feat. Chris Thile
- 2/28 1st Annual SB Baseball Bash w/Atomic Groove
- 2/29 Boogie Nights Final Warning '80s Fever!
- 3/1 Al Howard & the K23 Orchestra and **Perpetual Groove**
- 3/2 Marcia Ball & John Hammond

- 3/4 Rufus Wainwright
- 3/6 Hotel Café w/Ingrid Michaelson, Cary Brothers, Grea Laswell, Kate Havnevik. Jessie Baylin & Jim Bianco
- 3/9 The Blind Boys of Alabama
- 3/10 New York Dolls
- 3/13 Mad Professor

SWINGIN' HAPPY HOUR

1/25 RILLY WATSON

- 3/14 Tommy Castro Band 3/20 The Itals
- 3/21 Built to Spill w/The Meat **Puppets & Helvatia**
- 3/22 The Presidents of the United States of America
- 3/23 Steve Earle w/Allison Moorer
- 3/29 The Avett Brothers
- 4/19 Cash'd Out 4/27 Victor Woote



STANLEY CLARKE



1/25 & 26 7:30/9:30PM

JAZZ 88 ALLSTARS



SUN 1/27 7:30PM

ROBBEN FORD 108 BLUES GRAMMY NOMINEE



THUR 1/31 7:30PM

PONCHO SANCHEZ JAZZ/LATIN PERCUSSIONIST



2/1 & 2 7:30/9:30PM

RAUL MALO FORMER LEAD OF THE MAVERICKS



SUN 2/3, MON 2/4 7:30PM

JAKE SHIMABUKURO HAWAII'S UKULELE MAESTRO



THUR 2/7 7:30/9:30PM

JOIN US FOR THE BIG GAME • SUNDAY, FEBRUARY 3

NEW ENGLAND VS. NEW YORK

DRINK SPECIALS • BAR MENU
9'X 16' BIG SCREEN & PLASMAS THROUGHOUT

FEBRUARY SHOWS!

| SKELPIN' | 2/5 |
|---------------------------------------|------|
| ANNA TROY | 2/6 |
| TAB BENOIT | 2/8 |
| BENNY HOLLMAN'S BIG BAND EXPLOSION | 2/9 |
| NOVAMENCO | 2/10 |
| DAVID PATRONE | 2/12 |

Can't get enough of your love!

VALENTINE'S WEEKEND

Anthology House Band 2/14
Royal Crown Revue 2/15
Charles McPherson 2/16
Johnny Polanco 2/17

BOX OFFICE HOURS: Mon-Thur 9am-8pm, Fri/Sat 9am-10pm, Sun Noon-8pm. All shows subject to change.

TICKETS ON SALE THREE WAYS!

www.AnthologySD.com Anthology Box Office & 619.595.0300

ANTHOLOGY • FINE TUNED MUSIC & CUISINE 1337 India Street (between A & Ash) in Little Italy

Calendar concerts

February 1, 5000 Willows Road, Alpine

Brazil Carnaval 2008, 4th & B, Saturday, February 2, 345 B Street, Downtown. 619-231-4343.

Poncho Sanchez, Anthology, Saturday, February 2, 1337 India Street, Little Italy. 619-595-0300.

Los Lobos, Belly Up Tavern, Saturday, February 2, 143 South Cedros Avenue, Solana Beach. 858-481-9022.

Raul Malo, Anthology, Sunday, February 3, 1337 India Street, Little Italy. 619-595-0300.

Wyclef Jean, House of Blues, Monday, February 4, 1055 Fifth Avenue, Downtown. 619-299-2583.

Raul Malo, Anthology, Monday, February 4, 1337 India Street, Little Italy. 619-595-0300.

Pinback, House of Blues, Tuesday, February 5, 1055 Fifth Avenue, Downtown. 619-299-2583.

Robin Trower, 4th & B, Tuesday, February 5, 345 B Street, Downtown. 619-231-4343.

Pinback, House of Blues, Wednesday, February 6, 1055 Fifth Avenue, Downtown. 619-299-2583.

Super Furry Animals, Belly Up Tavern, Wednesday, February 6, 143 South Cedros Avenue, Solana Beach. 858-481-9022.

Jake Shimabukuro, Anthology, Thursday, February 7, 1337 India Street, Little Italy. 619-595-0300.

Velvet Revolver, House of Blues, Thursday, February 7, 1055 Fifth Avenue, Downtown, 619-299-2583.

Los Amigos Invisibles and SI*SE, House of Blues, Friday, February 8, 1055 Fifth Avenue, Downtown. 619-299-2583.

Tab Benoit, Anthology, Friday, February 8, 1337 India Street, Little Italy. 619-595-0300.

Colbie Caillat, Viejas Casino DreamCatcher Show Room, Friday, February 8, 5000 Willows Road, Alpine 619-445-5400.

The Wallflowers, Viejas Casino DreamCatcher Show Room, Saturday, February 9, 5000 Willows Road, Alpine 619-445-5400.

James Blunt, Spreckels Theatre, Sunday, February 10, 121 Broadway, Downtown. 619-235-9500.



Live Music • Full Bar Seafood • Vegetarian Continental • Pacific Rim

> Thursday, January 24 **Richard**

Richard Samuels

Friday, January 25

Jeff Moore,
Dean Smith &
Billy Thompson

Saturday, January 26 **Triple Shot**

Sunday, January 27

Rick Ross Trio

Monday, January 28 **Cactus Twang**

Tuesday, January 29

Jack Tempchin

Wednesday, January 30 **John Bennett**

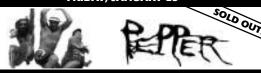
John Bennett & Friends

576 North Highway 101

Leucadia 760.632.8252 www.calypsocafe.net



FRIDAY, JANUARY 25



SATURDAY, JANUARY 26

CASH Tribute to Johnny Cash DEVILS

BABES IN SIN
FROM LAS VEGAS



SUNDAY, JANUARY 27

Moulin Rouge presents

CLUB SEDUCTION

Reggae Sundays Kickoff Party
DJs ALONZO, BABY KROWN & BIG DADDY

WEDNESDAY, JANUARY 30

NSD presents

AMERICAN HITMAN
TESTING TOMORROW • SIXTH DAY
FIGHT THE FEAR

THURSDAY, JANUARY 31



VOODOO GLOW SKULLS BFOUNDATION JOSH FISCHEL (of Bargain Music)

FRIDAY, FEBRUARY 1

40 OUNCES TO FREEDOM

(Sublime tribute)

HIGH TIDE • RUDE BOY ROOTS SOCIAL GREEN

SATURDAY, FEBRUARY 2

ELIJAH EMANUEL

RAIZ MUSIK



THURSDAY, FEBRUARY 7

MUZZLE • CASKETS ON PARADE ENCURSOS
IN EVERY BREATH

FRIDAY, FEBRUARY 8



FISHB 🗪 NE

DIRTY HEADS • one drop • THE CONCRETE PROJECT

SATURDAY, FEBRUARY 9

THREE BAD JACKS THE CATHOUSE THUMPERS

THE CATHOUSE THOMPERS
THE HANDSOME DEVILS
THE ORANGE VELVETS



WEDNESDAY, FEBRUARY 13





FRIDAY, FEBRUARY 15

DAVE MATTHEWS BAND EXPERIENCE



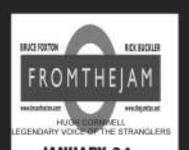
CUBENSIS (Grateful Dead tribute)

Rooftop Restaurant & Premier Music Venue
Outdoor Oceanfront Dining • Weekend Breakfast
Private Parties & Banquets • Lunch & Dinner
Happy Hour Mon.-Fri. • Plenty of FREE Parking

3105 Ocean Front Walk | Mission Beach Boardwalk | 858.488.1780

canesbarandgrill.com | www.myspace.com/canesmusic

HOUSE OF BLUES 1005 FIFTH AVE SAN DIEGO













































COMING SOON

2/7 AN EVENING WITH VELVET REVOLVER
3/7 BAD RELIGION
3/12 CLUTCH
3/18 NADA SURF ©
3/29 THE BLACK KEYS ©

3/30 LOST 80'S LIVE FEAT: DRAMARAMA, A FLOCK OF SEAGULLS 3/31 CITIZEN COPE 4/5 BIG HEAD TODD AND THE MONSTERS 4/7 MINISTRY

4/7 MINISTRY 4/20 SYMPHONY X 5/23 NIGHTWISH

KITCHEN OPEN
MON-THU: 4 PM-11 PM OR LATER
FR:4 PM-1 AM OR LATER
SATEPM-1 AM OR LATER
SUNSPM-11 PM OR LATER





All shows are 21+ unless otherwise noted.









LYVE NATION

2/10 The Wallflowers • Grand Cabaret at Pala Casino

3/7 Bob Saget • 4th & B

3/13 Angels & Airwayes • SOMA

3/29 Lavell Crawford • 4th & B

4/6 RBD with La Nueva Banda Timbiriche • Coors Amphitheatre

4/26 Def Leppard with REO Speedwagon • Coors Amphitheatre

/30 Avril Lavigne with Boys Like Girls • Cox Arena

alendar

Novamenco, Anthology, Sunday, February 10, 1337 India Street, Little Italy. 619-595-0300.

Rhett Miller, Belly Up Tavern Sunday, February 10, 143 South Cedros Avenue, Solana Beach. 858-481-9022.

Rodrigo y Gabriela, 4th & B, Monday, February 11, 345 B Street, Downtown. 619-231-4343.

Umphrev's McGee, House of Blues, Tuesday, February 12, 1055 Fifth Avenue, Downtown. 619-299-2583.

The Editors and Hot Hot Heat, House of Blues, Wednesday, February 13, 1055 Fifth Avenue, Downtown. 619-299-2583.

Subliminal, House of Blues, Thursday, February 14, 1055 Fifth Avenue, Downtown, 619-299-2583.

George Clinton & Parliament

Funkadelic, Belly Up Tavern, Thursday, February 14, 143 South Cedros Avenue, Solana Beach, 858-481-

Richard Elliott, 4th & B, Friday, February 15, 345 B Street, Downto 619-231-4343.

Fabolous, Viejas Casino DreamCatcher Show Room, Friday February 15, 5000 Willows Road, Alpine. 619-445-5400.

Styx, House of Blues, Saturday, February 16, 1055 Fifth Avenue, wn. 619-299-2583.

Maceo Parker, Belly Up Tavern, Saturday, February 16, 143 South Cedros Avenue, Solana Beach. 858-481-9022.

Third Day and the Myriad, House of Blues, Wednesday, February 20, 1055 Fifth Avenue, Downtown. 619-299-2583

Queensrÿche and Don Dokken, House of Blues, Thursday, February 21, 1055 Fifth Avenue, Downtown. 619-299Blake Sheldon, 4th & B, Friday February 22, 345 B Street, Downtown 619-231-4343. Blake Shelton, 4th & B, Friday,

February 22, 345 B Street, Downtown 619-231-4343. Bone Thugs-N-Harmony, House of

Blues, Sunday, February 24, 1055 Fifth Avenue, Downtown, 619-299-2583. Marilyn Manson, House of Blues,

Monday, February 25, 1055 Fifth Avenue, Downtown. 619-299-2583.

Jay Farrar, Belly Up Tavern, Monday, February 25, 143 South Cedros Avenue, Solana Beach. 858-481-9022.

Pat Metheny Trio, Anthology, Tuesday, February 26, 1337 India Street, Little Italy. 619-595-0300.

Adrian Belew, Belly Up Tavern, Tuesday, February 26, 143 South Cedros Avenue, Solana Beach, 858-481-9022.

Pat Metheny Trio, Anthology, Wednesday, February 27, 1337 India Street, Little Italy. 619-595-0300.

MARCH

Miguel Bosé, Cox Arena, Sunday, March 2, 550 Campanile Drive, College Area, 619-594-6947.

Marcia Ball and John Hammond Belly Up Tavern, Sunday, March 2, 143 South Cedros Avenue, Solana Beach. 858-481-9022.

Foo Fighters, Cox Arena, Monday, March 3, 550 Campanile Drive, College Area. 619-594-6947.

Rufus Wainwright, Belly Up Tavern, Tuesday, March 4, 143 South Cedros Avenue, Solana Beach, 858-481-9022.

Bad Religion, House of Blues, Friday, March 7, 1055 Fifth Avenue, Downtown 619-299-2583.

The Blind Boys of Alabama, $\mathop{\rm Belly}\nolimits$ Up Tavern, Sunday, March 9, 143 South Cedros Avenue, Solana Beach, 858-481-

New York Dolls, Belly Up Tavern. Monday, March 10, 143 South Cedros Avenue, Solana Beach. 858-481-9022.

Clutch, House of Blues, Wednesday, March 12, 1055 Fifth Avenue, Downtown. 619-299-2583.



BY DAVE GOOD

Stanley Clarke is back after a five-year respite from solo recording. He has a new CD and a hot young band that is reviving the sound of '70s jazz fusion with an animation and propulsion not heard since Clarke himself was a young man. The Toys of Men begins with a six-part suite in which Clarke, as his press says, "examines the emotional sweep of war."

"That title," he says via telephone from his daughter's home in Santa Monica, "is kind of a metaphor for countries that use tremendous amounts of force from machines to purposely annihilate people." Toys as a metaphor for weapons? "Yeah," he says.

"And we all know what the 'toys' are from a global point of view - from countries fighting against other countries to a guy committing a drive-by in Compton. The effect is the same."

Forget that Stanley Clarke has won just about every major award available to a bass player — what is most important about Clarke is that he unchained the bass from the back of the bandstand and moved it into the spotlight. After his 1976 release School Days, Clarke would go on to become the first bassist in

the history of that instrument to tour as a concert headliner. He took both the bass guitar and the acoustic bass and torched them with a speed and dexterity the likes of which haven't been replicated. Critics might say that Clarke only enlarged upon a foundation already laid by the best of his generation — Jaco Pastorius, Larry Graham, James Jamerson. Not entirely true. Clarke is the virtuoso bass guitar hero whose ambitions have destroyed all of the traditions and myths about what a bassist can do.

STANLEY CLARKE, Anthology, Friday, January 25, and Saturday, January 26, 7:30 and 9:30 p.m. \$20 to \$56. 619-595-0300.

Angels & Airwaves, Soma, Thursday, March 13, 3350 Sports Arena Boulevard, Point Loma. 619-226-SOMA.

Nada Surf, House of Blues, Tuesday March 18, 1055 Fifth Avenue, Downtown. 619-299-2583.

The Itals, Belly Up Tavern, Thursday, March 20, 143 South Cedros Avenue, Solana Beach. 858-481-9022.

Built to Spill, Belly Up Tavern, Friday, March 21, 143 South Cedros Avenue, Solana Beach. 858-481-9022.

Presidents of the United States of America, Belly Up Tavern, Saturday, March 22, 143 South Cedros Avenue, Solana Beach. 858-481-9022.

The Black Keys, House of Blues, Saturday, March 29, 1055 Fifth Avenue, Downtown, 619-299-2583.

A Flock of Seagulls and

Dramarama, House of Blues, Sunday, March 30, 1055 Fifth Avenue, Downtown, 619-299-2583.

Citizen Cope, House of Blues Monday, March 31, 1055 Fifth Avenue, Downtown. 619-299-2583.

APRIL

Bret Michaels, Viejas Casino DreamCatcher Show Room, Friday, April 4, 5000 Willows Road, Alpine. 619-445-

Big Head Todd & the Monsters. House of Blues, Saturday, April 5, 105 Fifth Avenue, Downtown. 619-299-2583.

RBD, Coors Amphitheatre, Sunday, April 6, 2050 Entertainment Circle, Chula Vista. 619-671-3600.

Ministry, House of Blues, Monday, April 7, 1055 Fifth Avenue, Downtown 619-299-2583.

STANLEY CLARKE

Def Leppard and REO **Speedwagon,** Coors Amphitheatre, Saturday, April 26, 2050 Entertainment Circle, Chula Vista. 619-671-3600.

Victor Wooten, Belly Up Tavern, Sunday, April 27, 143 South Cedros Avenue, Solana Beach. 858-481-9022

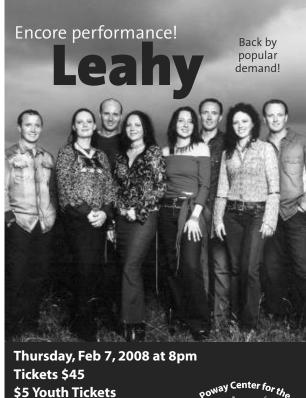
Avril Lavigne and Boys Like Girls, Cox Arena, Wednesday, April 30, 550 Campanile Drive, College Area. 619-594-

Juanes, San Diego Sports Arena, Saturday, May 3, 3500 Sports Arena Boulevard, Point Loma. 619-224-4171. Megadeth, Cox Arena, Tuesday, May 20, 550 Campanile Drive, College Area. 619-594-6947

Nightwish, House of Blues, Friday, 23, 1055 Fifth Avenue, Downto 619-299-2583.

The Cure, Cox Arena, Tuesday, June 3, 550 Campanile Drive, College Area. 619-594-6947.

Richard Cheese & Lounge Against the Machine, House of ues, Saturday, July 26, 1055 Fifth Avenue, Downtown, 619-299-2583,



18 & under with purchase of adult ticket

Poway Center for the

858 748 0505

powayarts.org 15498 Espola Road, Poway CA

Sempra Energy*

Performing Arts

Serforming Arts Foun

SONY

BrickbyBrick.com • (619)275-LIVE • 21 and up with ID THE DREAMING TWO WORD NAME **MAGNOLIA BLACK** Wednesday, February 6 THE BUSINESS END **STARING AT STRANGE CAPTAIN HASHBROWN**

CITY LIKES ADDICTION **WICKHEAD**

Wednesday, January 30

MERKABA BANDITS DOGSMILE

Thursday, January 31 4or the Nod Productions presents

JOEY YOUNGMAN TERRY MULLAN WES HOPPE • PHON

Friday, February 1

WASTING JUNE S.A.T.O.R.I. **ESCAPE NOTE**

Saturday, February 2 "HELL ON HEELS" **BURLESQUE REVUE**

Friday, February 8

THE CRASHING MARBLES ON BLAST

Saturday, February 9 "Frank & Sulo's Birthday Bash"

UNSET **FM REVOLVER AUTHENTIC SELLOUT SIERRA LEONE**

Wednesday, February 13

MORAL CRUX TEENAGE REHAB COFFIN CADDIES THE PREY

Friday, February 15

MEDIA LAB • MNIYIC SIC MONIC

2/16 Angry Samoans • 2/22 "Rock This Town" (an appreciation for '50s music & culture) 2/24 Acoustic Alliance • 2/28 4or the Nod Productions
3/1 Funland (featuring Klaus Flouride & East Bay Ray of Dead Kennedys) • JFA 3/2 The Mother Truckers • 3/17 Witchcraft • 4/4 Y&T • 4/30 UFO

LOT 81

ving lunch & dinner 619-275-6881

Bookings: 1130 Buenos Ave. 619-276-3993 (off Morena Blvd.)



MASTERPIECE

6:15-10:45 PM

FRIDAY, JANUARY 25 POP ROCKS

9:45 PM-1:30 AM

SATURDAY, JANUARY 26

The M·80s

MASTERPIECE 6:15-10:45 PM

FRIDAY, FEBRUARY 1

The Reaganomics

9:45 PM-1:30 AM

SATURDAY, FEBRUARY 2 The Reaganomics

9:45 PM-1:30 AM

Planning a special event?

Let Jimmy Love's help you out. From 10 to 500 guests. Let Jimmy Love's relieve the stress of planning your party with the perfect banquet facility, extraordinary contemporary American cuisine and live entertainment that's second to none. Jimmy Love's is the place to be!

Become a Lifetime VIP – Details at www.JimmyLoves.com Jimmy Love's presents Live Jazz & Dinner! Fridays & Saturdays from 5:30-8:30 pm

MASTERPIECE 6:30-11 PM

Monday, Jan. 28 & Feb. 4

SUNDAY, JAN. 27 & FEB. 3 Insight

6:30-11 PM WEDNESDAY, JAN. 30 & FEB. 6 TUESDAY, JAN. 29 & FEB. 5

Mystique (Element of Soul) Jazz/Funk/R&B 6:30-11:00 PM

The Soul Revue

WW.JIMMYLOVES.COM 72 F I F TH ORNER OF 5TH 595-0123

MORE MUSIC AND VENUES

Athenaeum Music and Arts

Library: Monday, noon: Jazz Tribute to Bill Evans. Tommy Gannon Trio performs for Athenaeum's mini-concert series. 858-454-5872. Friday, 7:30 p.m.: Jazz at the Athenaeum. The aptly named Quartet M, comprised of Marty Ehrlich, Myra Melford, Mark Dresser, and Matt Wilson, performs for series. It's a "double cd release event celebrating release of *Spark!* by Ehrlich and Melford and *Big Picture* by Trio M. 858-454-5872. 1008 Wall Street, La Jolla. 858-454-5872

Balboa Theatre: Sunday, 3 p.m.: Canadian Brass Ensemble boasts more than 60 albums and expanding repertoire of music from classical to jazz contemporary concert music. 619-570-1100. 854 Fourth Avenue, Downtown. 619-570-1100.

California Center for the Arts, **Escondido:** *Thursday*, 8 p.m.: 50th Anniversary Monterey Jazz Festival. Band is led by pianist, musical director Benny Green, trumpeter Terence Blanchard, saxophonist James Moody, bassist Derrick Hodge, drummer Kendrick Scott, vocalist Nnenna Freelon 800-988-4253. 340 North Escondido Boulevard, Escondido. 800-988-4253.

Lou's Records: Saturday, 2 p.m.: Matt Costa. Full band performance and celebration of January 22 release of Unfamiliar Faces, his second CD on Jack Johnson's Brushfire Records. 434 North Coast Highway 101, Encinitas. 760-753-

Normal Heights United Methodist Church: Wednesday, 7:30 p.m.: AcousticMusicSanDiego. Co-bill with Mary Gauthier and Mark Olson. 619-303-8176, Friday, 7:30 p.m.: Fred Eaglesmith. AcousticMusicSanDiego concert. Reservations: 619-303-8176. 4650 Mansfield Street, Normal Heights

San Dieguito United Methodist **Church:** Saturday, 7:30 p.m.: Jay Unger and Molly Mason. Celebrated acoustic duo performs for San Diego Folk Heritage. 858-566-4040. 170 Calle Magdalena, Encinitas.

Stephen & Mary Birch North **Park Theatre:** *Sunday*, 7 p.m.: "Rural Folk Pianist". New Age pianist George Winston, whose pieces "evoke the essence of a season," in concert. 619-239 8836. Saturday, 8 p.m.: Ramsey Lewis Trio. Three-time Grammy Award winning pianist, composer plays program to be announced from stage for jazz series hosted by La Jolla Music Society. Reservations: 858-459-3728. 2891 University Avenue, North Park. 619-239-8836.

UCSD Faculty Club: Sunday, 4 p.m.: Davis by trumpeter Gilbert Castellanos and saxophonist Charles McPherson in concert benefiting Rebecca Elizabeth Lytle Memorial Scholarship at UCSD's Thurgood Marshall College. 858-534-0263. 9500 Gilman Drive, UCSD.

alendar **CLUBS**

DJ

Air Conditioned Lounge:

Thursdays: Too Cool for School . Oldskool hip-hop and '80s music, funk freestyle and new wave. Fridays: Junior the Disco Punk. Old school, rare grooves. funk, and disco, with opening set by DJ 1979. Saturdays, 9 p.m.: The Air Conditioned Cocktail Party. "Dance in your dazzling duds." Come in cocktail attire and get 2-for-1 cover charge.

Sundays: Guest DJ Night. Guest DJs TBA. Mondays: DJ 1979. Hip-hop, funk, and soul. Special guest joins DJ 1979. Tuesdays, 9 p.m.: Big Sonic Chill. "Ethereal dream-pop bliss" sponsored by San Diego's Local 94.9. Wednesdays: Club Nigel. Steve West and DJ SG spin the 80s. 4673 30th Street, Normal Heights. 619-501-9831.

Bar Dynamite: Thursdays, 9 p.m.: DJs SG, Dubz, Teknikscian. Hip-hop, funk, old school, mashups, and reggae.

Wednesdays, 9 p.m.: Deep House Nite. DJs Duane, Lil Ryan and Johnny D spin house music. 1808 West Washington Street, Mission Hills. 619-295-8743.

Beauty Bar: *Tuesdays*, 8 p.m.: Diamond Dog Tuesdays. "The night transitions in mood from lounge bar music all the way through the night to a full-scale dance club. DJ Heresy, Cota-Pop, and DJ Divebomb — three different DJs with three different styles." *Friday*, 9 p.m.: The Villians. The Villians DJ with MC Pete (L.A.) and local DJ Edgartronic spins his danceable choices for the night 4746 El Cajon Boulevard, Kensington Talmadge. 619-516-4746.

Bluefoot Bar and Lounge: Monday, 9 p.m.: Weekend Revival. Audio and

Bourbon Street: Tuesday: Play With It. Best and worst of the '80s with DJ Junior the Disco Punk, 4612 Park Boulevard, Normal Heights. 619-291-

visual mixes. 3404 30th Street, North

Candelas: Thursdays: DJ ALA. Deep soulful house in a new downtown venue 416 Third Avenue, Downtown. 619-702-

The Casbah: *Friday*, 9 p.m.: Yeasayer, MGMT, Brainticket DJs. 2501 Kettner Boulevard, Little Italy. 619-232-HELL.

Cow Shed Bar & Grill: Friday, 9 p.m.: Hop & Pop. Sirah with Lenny Ducano, Artoo+ Di Dripps 11:11+Eyesore with DJ Rob Fayder Elum T.F.A, Heard, and Fluxco. 502 East Mission Road, San Marco

Dream Street Live: Sunday, 9 p.m.: Club Kingston. Local reggae band with DJ Artistic and DJ Carlos Culture. 2228 Bacon Street, Ocean Beach. 619-222-

Excelsior: *Thursdays*, 9 p.m.: Paradisco. Upscale lounge environ 1028 Prospect Street Suite 210, La Jolla. Inferno Young Adult Nightclub: Fridays, 9 p.m., Saturdays, 9 p.m.: DJ Kool T. Top 40, techno, and '80s. 775 Metcalf Street, Escondido. 760-741-1271.

Jack's La Jolla: Thursdays, 10 p.m. Saturdays, 10 p.m.: Jack's La Jolla. DJs & dancing in the Wall Street Bar 7863 Girard Avenue, La Jolla. 858-456-8111.

Kadan: Saturday: Boogie Nights. Every Fourth Saturday, with DJ Sandra T. Disco-house, electro, funk. 4696 30th Street, North Park. 619-640-2500.

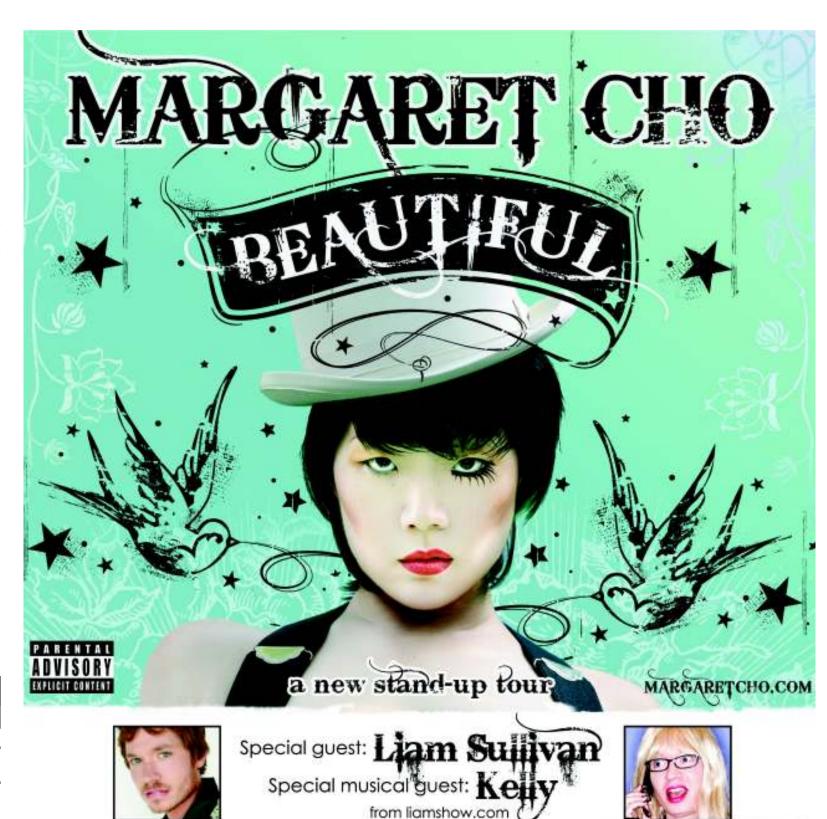
The Kava Lounge: Saturday, 9 p.m.: Trans-Europe Express. European-

techno/new wave/house. Free before 9:30pm; \$5 after. 2812 Kettner Boulevard, Little Italy. 619-543-0933.

Lei Lounge: Sunday, 2 p.m.: Remedy. Afternoon DIs, outdoor patio, 4622 Park Boulevard, University Heights. 619-813-

Livewire: Monday: Wheels of the Industry. Featuring local DJs. Sunday, 10 p.m.: DJ Ruby Mars. Garage/trash/soul. 2103 El Cajon Blvd, Normal Heights.

Moondoggies Pacific Beach: Saturdays, 9 p.m.: What's Good. DJs Enigma and Cisco. Hip-hop, R&B, and







NIGHTS!

TICKETS AVAILABLE AT THE VIEJAS GIFT SHOP CHARGE BY PHONE 619.220.TIXS :: TICKETMASTER DUTLETS PRINT YOUR TICKETS TODAY! TICKETFAST™ AT TICKETMASTER.COM

THURSDAY • JANUARY 24
ROCKIT PRESENTS
A CODIDE AMIDGE

A SCRIBE AMIDST THE LIONS ASTRA THE MATERIAL

FRIDAY • JANUARY 25

YEASAYER • MGMT CALICO HORSE

SATURDAY • JANUARY 26 CD RELEASE SHOW

GRAM RABBIT THE VIEWMASTERS THE BLAKES

SUNDAY • JANUARY 27 FM 94/9 & THE LOCAL PYLE PRESENT A FREE SHOW WITH

HOTEL ST. GEORGE DESERT DIAMONDS THE TIGHTEN UPS TEAM ABRAHAM

DOORS 7 PM • FREE FOOD LIVE RADIO BROADCAST

casbahtickets.com

(*asbah

COCKTAILS • LIVE MUSIC • 21 w/ID 2501 KETTNER BLVD. • 232-4355

ANTI-MONDAY LEAGUE PRESENTS
ROSES ON HER GRAVE
THIEVES AND LIARS

FIRETHORN
TUESDAY • JANUARY 29

WHITE WILLIAMS
HEALTH • TRIBAL TATS

WEDNESDAY • JANUARY 30

CASTANETS FANTASTIC MAGIC VISION OF A DYING WORLD

IN THE ATARI LOUNGE

RAFTER

THURSDAY • JANUARY 31

MATT COSTA
DELTA SPIRIT

Charge by phone: 888-512-7469

FRIDAY • FEBRUARY 1

BLUE CHEER EARTHLESS THE BLACKOUT PARTY

SATURDAY • FEBRUARY 2

REPUBLIC OF LETTERS SPELL TORONTO

MONDAY • FEBRUARY 4

THE METEORS

TUESDAY • FEBRUARY 5

DJ VADIM

WEDNESDAY • FEBRUARY 6

DEAD MEADOW

THURSDAY • FEBRUARY 7

BLACK MOUNTAIN HOWLIN' RAIN

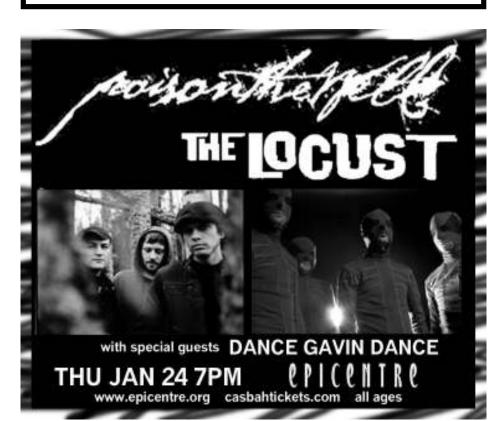
> FRIDAY • FEBRUARY 8 CD RELEASE SHOW

> > **TRANSFER**

SATURDAY • FEBRUARY 9

THE NIGHT MARCHERS

one: thecasbah.com





Calendar

DJ (conti

Top 40. 832 Garnet Avenue, Pacific Beach. 858-483-6550.

On Broadway: Saturday: DJ Miss Lisa. Long-standing female DJ in SD. Friday:

Filling Station
Pub & Grill
9522 Miramar Rd. • (858) 578-0757
Northeast corner of Miramar Rd. and Black Mtn. Rd.

Dancing • Pool • Karaoke

Food • Fun • DJ

Free Buffet after 4 pm

Entertainment 7 Nights a Week • Call for Latest Lineup

Saturday, February 2 • 7-10 pm

UFC Fight Night

Join us for fun and games. Call for details.

Karaoke Nights

David Kelly's All Starz Entertainment (Best Host 4 Years Running)
Sun., Mon., Tues., Wed. & Thurs. Nights
Over 35,000 songs on an awesome sound system.

Thursdays

Customer Appreciation

\$1.75 Pints & \$6 Pitchers after 7 pm FREE Pool at 7 pm

Friday & Saturday Nights
DJ Dance Party
9 pm-1 am

Dance to your favorites—
Over 65,000 songs for your pleasure!

Sundays

Free Pool All Day

\$1 Off Appetizers





Only at **Guitar Trader** 805 & Clairemont Mesa Blvd. • (877) 687-4276 DJ Z Trip. 615 Broadway Avenue.

Onyx/Thin: Tuesday, 9 p.m.: DJ Sachamo. Spinning in underground jazz bar. 852 5th Avenue, Downtown. 619-235-ONYX.

San Diego Sports Club: Thursdays: Club '80s. New wave, punk, and new romantic with DJs Bryan Pollard, Roxanne Redlight, Sickboy, and Stem. 1271 University Avenue, Hillcrest. 619-299-7372.

Sevilla: *Saturday, Friday:* DJ Joe Guerrero. Top 40, Latin pop, and reggaetron. 555 Fourth Avenue, Downtown. 619-233-5979.

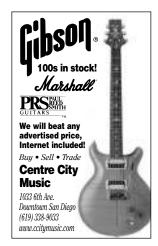
Static Lounge: Friday: Club Pop Noir. Every fourth Friday of the month Maystar's Club Noir featuring DJ Groundfloor and DJ Edgartronic. Indie/electroclash/dance music. 634 Broadway, Downtown. 619-544-1609.

Thrusters Lounge: *Thursday*, 10 p.m.: DJs Pnutz and Collagey. Hip-hop on the decks. 4633 Mission Blvd., Mission Beach

Tio Leo's Lounge - Clairemont: Thursdays, 8 p.m.: Tio Leo's. Thursdays, zydeco dance with DJ Gator Boy. 8 p.m. to 10:30 p.m. 5302 Napa Street,

Clairemont. 619-542-1462. **U-31:** *Thursday*: Deep. DnBand jungle with DJ Modus (U.K.). *Friday*: Feel the Noise. Local indie/electro/dance-rock with Gabe Vega and Saul Q. 3112
University Avenue. North Park. 619-584.

Waterfront Bar & Grill: *Thursday:* Classic Hip Hop, Party Jamz, '80s. Traditional dive bar setting. 2044 Kettner Boulevard, Little Italy.







reservations! fish, dive, surf, party! experts since 1492

experts since 1492 www.baja.com





Sunday 1/27

Reggae Sundays

DJ Carlos Culture

DJ Chris Red Rose

Now Booking: Every genre. Call Billy or Drew: 619-222-8131. www.myspace.com/kidslam

Roots

Covenant

Kingston,

Muzik

Friday 2/1 Media Lab

Sixstitch

The Rickets

Futyle

(They're back...)

Conformity

Jones

The Empire State

3RD



Calendar

DJ

(continued

Whiskey Girl: Fridays, 9 p.m., Saturdays, 9 p.m.: DJ Marc Thrasher . Music videos mixes. 600 Fifth Avenue, Downtown. 619-236-1616.

Whistle Stop: *Saturday*, 9 p.m.: Booty Bassment. Big house party jams with DJs Ikah and Dimitri Born. 2236 Fern Street, South Park. 619-284-6784.

Zenbu: Saturday, 8 p.m.: Zenbu DJs. Local DJs spin house, dance-rock, indie, and downtempo. Intimate sushi bar/lounge setting. 7660 Fay Avenue, La Jolla. 858-454-4540.

CLUBS BY AREA

If you wish to submit a listing, call 619-235-3000, ext. 405, night or day by 5 pm Friday, the week prior to publication. To send weekly or monthly schedules, fax to 619-231-0489 or mail to Reader Music Scene, P.O. Box 85803, San Diego, CA, 92186. You may also submit information online at SDReader.com by clicking on the music

BEACHES

710 Beach Club: 710 Garnet Avenue, Pacific Beach, 858-483-7844. Wednesday, 9 p.m., Wednesday: Mad Mardigan, Dead Tecro. Local rock. Monday, 9 p.m.: Mitch Budd, Aaron Blyth, Allegra. Local acoustic artists. Saturday: Sprung Monkey, Faded Chronicles. Alternative/pop/rock. \$10. 214. Friday, 9 p.m.: Superunloader, Yesterday's Papers, Cheeky. Local rock. Friday: Superunloader. Led Zeppelin tribute. 214. Thursday, 9 p.m.: Quiksand, Close Enough, Irieside. Local rock/reggae.

The Pannikin La Jolla: 7467 Girard Avenue, La Jolla, 858-454-5453. Friday, 8 p.m.: J. Scott Bergman. Alternative/acoustic/pop-rock.

Zenbu: 7660 Fay Avenue, La Jolla, 858-454-4540. *Saturday*, 8 p.m.: Zenbu DJs. Local DJs spin house, dance-rock, indie, and downtempo. Intimate sushi bar/lounge setting.

'Canes: 3105 Ocean Front Walk, Mission Beach, 858-488-1780. Saturday, 9 p.m.: Cash'd Out, The Handsome Devils, Babes in Sin. Johnny Cash cover band and guests. Rockabilly, country, punk-rock. 21+. Friday, 9 p.m.: Pepper. Reggae/dub/rock band originally from Hawaii. \$25. 21+.

Dream Street Live: 2228 Bacon Street, Ocean Beach, 619-222-8131. Saturday, 9 p.m.: Awaiting Samsara, One Inch Punch, Canobliss, Silence Betrayed. Local hard rock/metal/hardcore. 21+. Wednesday, 9 p.m.: Metal Lounge. Featuring local metal bands. Sunday, 9 p.m.: Club Kingston. Local reggae band with DJ Artistic and DJ Carlos Culture. Friday, 9 p.m.: The Empire State, Futyle, Rule of Thirds, Twelve Twenty, Aepnia. Local rock.

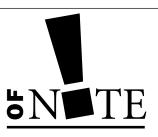
Excelsior: 1028 Prospect Street Suite 210, La Jolla. *Thursdays*, 9 p.m.: "Paradisco". Upscale lounge environment with DJs.

Gallagher's Pub & Grill: 5046 Newport Avenue, Ocean Beach, 619-222-5300. Saturday, 9 p.m.: Flashback featuring Jack Ramzy. Funk.

Jack's La Jolla: 7863 Girard Avenue, La Jolla, 858-456-8111. Thursdays, 6 p.m.: Piano Bar. Every day of the week in the Ocean Room. Thursdays, 10 p.m.: Wall Street Bar. DJs and dancing in the Wall Street Bar. Tuesdays, 6 p.m., Wednesdays, 6 p.m., Fridays, 6 p.m., Saturdays, 6 p.m.: Piano Bar. Every day of the week in the Ocean Room. Saturdays, 10 p.m.: Wall Street Bar. DJs and dancing in the Wall Street Bar. Sundays, 6 p.m., Mondays, 6 p.m.: Piano Bar. Every day of the week in the Ocean Room.

Thrusters Lounge: 4633 Mission Boulevard, Mission Beach. *Thursday*, 10 p.m.: DJs Pnutz and Collagey. Hip-hop on the decks. 21+.

Winstons: 1921 Bacon Street, Ocean Beach, 619-222-6822. Wednesday:



BY WILLIAM CRAIN

Los Angeles band **Health** (or, as the band members like to spell it, HEALTH) has two MySpace pages — one to showcase the band's noise rock and one to show off electronic remixes of their work. It can be disorienting to hear the heavy drums and shrieking feedback of a Health song like "Crimewave" and then switch to the Crystal Castles remix of the same song and hear it turned into a mix of Nintendo game bleeps and cheesy 1980s Casio keyboards set to a cheap-sounding drum machine. But whether the remix is done by Crystal Castles or by some other act, the songs never completely lose their compelling strangeness.

For one thing, Health hints at song structure, but they avoid the regular verse-chorus-verse patterns. For another, there's almost always some electronic manipulation in the vocals or some part of Health's straight recordings, and there's almost always some squealing guitar or crashing drums in the techno remixes. If you like one version, there's probably something for you in the other version. It's not often Luddite rock fans and technophiles can find common ground like that.

Health is part of the Los Angeles scene growing around the downtown club known as the Smell. Along with bands like No Age and Abe Vigoda, Health is breaking down old orthodoxies and expectations about punk rock, noise, electronic music, and the avantgarde. Their D.I.Y. approach is clearly a



product of punk, but the music doesn't necessarily sound like it. It certainly doesn't sound like what's passing for punk at a mall near you. However tweaked and remixed it may be, it sounds new, weird, and exciting.

HEALTH, The Casbah, Tuesday, January 29, 8:30 p.m. 619-232-4355. \$10.

Vegitation. Homegrown reggae. Saturday, 9 p.m.: Cubensis. Grateful Dead tribute. 21+. Friday, 9 p.m.: Hot Buttered Rum. Rev. Payton's Big Damn Band also performing.

Bluegrass/Blues/Acoustic. \$12-\$15. 21+. Thursday, 9 p.m.: Pleasure Device, Behind the Wagon. The Underclassmen, Shea Rebellion also performing. Punk.

CENTRAL

The Shout House: 655 4th Avenue, Downtown, 619-231-6700. *Thursdays*, 7 p.m., *Fridays*, 6 p.m., *Saturdays*, 6 p.m., *Sundays*, 7 p.m.: The Shout House. Rock and roll sing-along dueling pianos. \$5-

Across the Street: 4601 Park Boulevard, University Heights. *Friday*, 9 p.m.: Vanja James, Save Amos, Bill Cardinal, Chip Conrad & The Concrete Feat. Local songwriters, country, and Americana acts \$8

Air Conditioned Lounge: 4673 30th Street, Normal Heights, 619-501-9831. Thursdays: Too Cool for School . Oldskool hip-hop and '80s music, funk freestyle and new wave. 21+. Tuesdays, 9 p.m.: Big Sonic Chill. "Ethereal dreampop bliss" sponsored by San Diego's Local 94.9. Wednesdays: Club Nigel. Steve West and DJ SG spin the '80s. Fridays: Junior the Disco Punk. Old school, rare grooves, funk, and disco, with opening set by DJ 1979. Saturdays, 9 p.m.: The Air Conditioned Cocktail Party. "Dance in your dazzling duds." Come in cocktail attire and get 2-for-1 cover charge. 21+. Sundays: Guest DJ Night. Guest DJs TBA. 21+.

Alibi: 1403 University Avenue, Hillcrest. *Saturday*, 9 p.m.: Pleasure Device, Ealy

Autumn, Beautiful View. Local indie 21+.

Bar Dynamite: 1808 West Washington Street, Mission Hills, 619-295-8743. *Thursdays*, 9 p.m.: DJs SG, Dubz, Teknikscian. Hip-hop, funk, old school, mashups, and reggae. \$5. *Wednesdays*, 9 p.m.: Deep House Nite. DJs Duane, Lil Ryan and Johnny D spin house music. 21+.

Beauty Bar: 4746 El Cajon Boulevard, Kensington-Talmadge, 619-516-4746. *Tuesdays*, 8 p.m.: Diamond Dog Tuesdays. "The night transitions in mood from lounge bar music all the way through the night to a full-scale dance club. DJ Heresy, Cota-Pop, and DJ Divebomb — three different DJs with three different styles." 21+. *Saturday*, 9 p.m.: Danger Danger, Eric Diaz, Corey Biggs, Adam Selter. Band from New York with local DJs after. *Friday*, 9 p.m.: The

GASLAMP QUARTER LIVE MUSIC IN THE GASLAMP

Thursday, January 24

Blue Four

Villians. The Villians DJ with MC Pete (L.A.) and local DJ Edgartronic spins his danceable choices for the night. Thursday, 9 p.m.: The Roman Spring and Fing. Garage rock, blues, and soul. 21+.

Belo: 919 Fourth Avenue, Downtown, 619-231-9200. *Saturday*, 9 p.m.: Naughty By Nature. Grammy Award-winning hip-hop. *Friday*, 9 p.m.: Infected Mushroom. Israeli psy-trance duo. With Daniel Santos.

Black Box: 2469 Broadway, Downtown, 619-238-8190. *Friday*, 8 p.m.: The Shambles. Black Box Studios Art Show.

Blarney Stone Pub: 5617 Balboa Avenue, Clairemont, 858-279-2033. Sunday, 8 p.m.: Sean O'Donnell. Lead singer of Reeve Oliver. Allison Gill also performs.

NO COVER SUN.-THURS.

Backstage Music clus

www.humphreysbythebay.com

Thursday, January 24 8 pm • Blues

Ruby & the Red Hots

Friday, January 25
6-8 pm • Soul Music **Electric Soul**

9:30 pm • Classic Rock





Saturday, January 26

4-7 pm • BLUSD Fundraiser for Aunt Kizzy's Boyz

9:30 pm • Blues Guitar

Dennis Jones



Sunday, January 27 8 pm • Smooth Jazz

Reggie Smith



Monday, January 28 7 pm • Jump Blues

Sue Palmer & Her Motel Swing Orchestra

Tuesday, January 29 7 pm • Roots Blues

Nathan James & Ben Hernandez Wednesday, January 30 8 pm • R&B

Federal Funk

UPCOMING SHOWS

Saturday, February 2
John Nemeth with
Nathan James &
Ben Hernandez

Wednesday, february 6 Anthony Gomes



Monday, February 25 Sean Costello

2241 Shelter Island Dr. • 619.224.3577

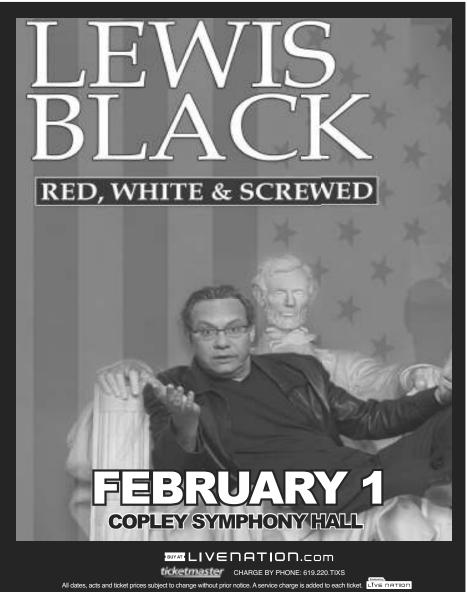
Tickets for "Upcoming Shows" available at Ticketmaster and Humphrey's.

All shows are 21 years and up.











615 BROADWAY AVE SAN DIEGO 619231.0011 WWW.OBECTV

Calendar

CENTRAL

(continued)

Bluefoot Bar and Lounge: 3404 30th Street, North Park, 619-235-8466. *Monday*, 9 p.m.: "Weekend Revival". Audio and visual mixes. 21+.

Bourbon Street: 4612 Park Boulevard, Normal Heights, 619-291-0173. *Tuesday*: Play With It. Best and worst of the '80s with DJ Junior the Disco Punk.

Brass Rail: 3796 Fifth Avenue, Hillcrest, 619-298-2233. *Saturday*, 9 p.m.: Noche Latino. Latin music night, with DJ Ruben Casas and DJ Klaus.

Brick by Brick: 1130 Buenos Avenue, Clairemont, 619-275-LIVE. *Wednesday*, 9 p.m.: Merkaba Bandits, Dogsmile. Rock/funk/reggae. \$5. 21+. *Friday*: Staring at Strange, City Lakes Addiction Wickhead. Metal/hardcore, rock. 21+.

Candelas: 416 Third Avenue, Downtown, 619-702-4455. *Thursdays*: DJ ALA. Deep soulful house.

The Casbah: 2501 Kettner Boulevard. Little Italy, 619-232-HELL. Wednesday, 9 p.m.: Castanets, Fantastic Magic, Vision of a Dying World. Local bands take the stage. 21+. *Saturday*: Gram Rabbit. The Viewmasters and The Blakes (Seattle) also on the line-up. 21+. Sunday, 9 p.m.: Local 94/9 Presents Local Showcas Hotel St. George, Desert Diamonds, The Tighten Ups, Team Abraham. 21+. Tuesday, 9 p.m.: White Williams, Health, Tribal Tats. 21+. Monday: Anti-Monday League, Irradio, Sky Parade, and the Buzzkill Romantics perform. 21+. Friday, 9 p.m.: Yeasayer, MGMT, Calico HOrse. Brainticket DJs spin between sets. \$10-\$12. 21+. *Thursday*, 9 p.m.: A Scribe Amidst the Lions, Also catch ASTRA (formerly Silver Sunshine), and the Material during this Rockit Present gig.



>hometown CDs

Album: Wired (2007)
Artist: Retrolust

Label: Nethertune Records

Where available/price: CDBaby.com for \$11.50 or iTunes

for 99 cents per song

Songs: 1) In My Head 2) Superstarrr 3) RX 4) In Vein 5) Faith for a Sedative 6) House of Fallen Saints 7) Daylight Savings 8) Lovers Tree 9) Duplicated and Dumbfounded 10) Look at Me Now 11) Mortem

Band: Garrett Kai (vocals, keyboard, electronic production), Trevor Denounce (vocals, keyboard, electronic production)

Website: retrolustmusic.com

Retrolust's genius is that this much sound comes from two guys. Garrett's whiny voice lays flat against the electronic backbeat, which emphasizes the poppy lyrics. On track 2, "Superstarrr," the lyrics go, "I'll taste your lips and flash some tit and entertain a taboo." In the same song, the "paparazzi," the best "blow," and "sex videos" repeat in the hook like a satirical love letter to celebutantes of Paris and Lindsay's ilk.

The drawbacks of only two guys making this much sound is that it sounds a little cheesy in some parts. The album's wholly electronic and keyboard arrangements come off as though someone hit the "rumba" button on a standup Casio and went about recording the rest of the track. The basics seem ignored; musical elements are glossed over. But there are enough high-flying sound effects, nimble keyboarding, and rhythmic complexity to distract the listener from the tinny quality.

I know the guys were going for a dark but con-



Retrolu

temporary "Nine Inch Nails meets Prince" glitchy pop sensibility, but the album feels more like a resurrection of all the bad parts of sterile, math-y '80s new wave. And there's a reason that musical phase evolved or died out: it's a little damn irritating.

TO GET YOUR LOCAL CD REVIEWED, PLEASE MAIL

IT TO: Music Editor, Hometown CDs, San Diego *Reader*, P.O. Box 85803, San Diego, CA 92186-5803



"Your Friendly Neighborhood Bar"

1542 N. Coast Hwy. Leucadia • 760.753.2094

Happy Hour 4-7 pm daily

*2.75 Wells
*2.50 Beer-of-the-Month
4 Regulation Pool Tables
Shuffleboard • Darts • Golf
Monday Pool Tournament
8:30 pm

LIVE MUSIC

LIVE MUSIC Friday, January 25

Trunk Monkey

LIVE MUSICSaturday, January 26

Black Seven & Sandollar

Football Party

Sunday, February 3 Big-screen TV

Drink specials! Complimentary food!

Meet the Bud & Miller Girls

Claire de Lune: 2906 University Avenue, North Park, 619-688-9845. Saturday, 8:30 p.m.: Chris Klich Jazz

Croce's: 802 Fifth Avenue, Downtown, 619-233-4355. *Sunday*, 11:30 a.m.: Jazz Brunch. Daniel Jackson performs.

Epicentre: 8450 Mira Mesa Boulevard, Mira Mesa, 858-271-4000. Friday: The Silent Comedy, No Bragging Rights. Upon Beauty Rests also performing. Indie/folk rock/electronica. \$7-\$9. Thursday, 7 p.m.: The Locust, Poison The Well, and Dance Gavin Dance. Rock. Friday, 7 p.m.: Thieves and Liars. CD-release party with the Silent Comedy, Waltz Reprise, No Bragging Rights, and Upon Beauty Rests (Portland). Indie/hardcore. folk-rock. Thursday.

Poison the Well, The Locust. Dance Gavin Dane, 3 also performing. Hardcore/rock/progressive. \$15.

Henry's Pub: 618 Fifth Avenue, Downtown, 619-238-2389. Wednesday, 9 p.m.: Lady Dottie & The Diamonds. Blues/soul/rock with room to dance. 21+. Sundays, 9:30 p.m.: Karaoke with Levi Strauss. Weekly opportunity to sing your heart out. 21+.

In Cahoots: 5373 Mission Center Road, Mission Valley, 619-291-8635. Wednesdays, 7 p.m.: KSON Night. Country western dance bar. 21+.

Jimmy Love's: 672 Fifth Avenue, Downtown, 619-595-0123. *Friday*, 9 p.m.: Pop Rox. Fun '80s dance band. 21+. **Kadan:** 4696 30th Street, North Park, 619-640-2500. *Saturday*: Boogie Nights. Every Fourth Saturday, with DJ Sandra T. Disco-house, electro, funk. *Mondays*. 9 p.m.: Mayhem Mondays. Punk rock every Monday. Live bands and resident DJ Nate Horror provide the tunes. 21+.

The Kava Lounge: 2812 Kettner Boulevard, Little Italy, 619-543-0933. Saturday, 9 p.m.: Trans-Europe Express European-techno/new wave/house. Free before 9:30pm; \$5 after.

The Kensington Club: 4079 Adams Avenue, Kensington-Talmadge, 619-284-2848. *Saturday*, 9 p.m.: The Fascination, The Frantic Romantic, Long Live Logos. Local indie/alternative/new wave. Lei Lounge: 4622 Park Boulevard, University Heights, 619-813-2272. Sunday, 2 p.m.: Remedy. Afternoon DJs, outdoor patio.

Lestat's Coffee House: 3343 Adams Avenue, Normal Heights, 619-282-2848. Wednesday, 9 p.m.: The Smart Brothers, The Wrong Trousers, Pick Up Girl. acoustic pop, vocal harmonies and eclectic instrumentation. Friday, 9 p.m.: Aaron Bowen, Jon Jones, Mimes of Minds. Local songwriters and indie performers. Thursday, 9 p.m.: Lindsey Cook. Local singer/songwriter, and Cotton Fever.

Livewire: 2103 El Cajon Blvd, Normal Heights. *Sunday*, 10 p.m.: DJ Ruby Mars. Garage/trash/soul. 21+. *Monday*: Wheels of the Industry. Featuring local DJs. 21+.

Playboy Comedy Night

January 25 & 26 • 9 pm

with special guest host Playmate and 3 great comedians. Tickets \$20



Anjelah Johnson

Feb. 1 • 9 pm Feb. 2 • 7 pm & 9 pm

from YouTube.com's "Nail Salon", *MadTV* and The Box. Tickets \$25

For tickets visit: www.ticketweb.com or call 866-468-3399
All shows start at 9 pm, doors open at 8 pm.
Thursdays 18+ • Fridays & Saturdays 21+



Jon Lovitz Comedy Club @ Aubergine

500 4th Ave. and Island
Downtown San Diego • 619-857-7222
www.jonlovitzcomedyclub.com
myspace.com/lovitzcomedyclub



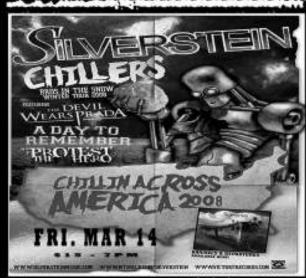


619-231-6700 | www.theshouthouse.com











3350 SPORTS ARENA 19-226-7662 ALL ACES

FRI. JAN 25

this is the Hospital anes Crash . A Legent Unkno

SAT. JAN 26

Buck-O-Nine

SUN. JAN 27

ANOTHER DAY LATE

MED. JAN 30 BLACK DAHLIA MURDER

FRI. FEB 1

CONDEMNED GORTUARY SHATTERED EYES THE COST OF SALVATION

SAT. FEB 2

DEAD TO FALL WINDS OF PLAGUE (CD RELEASE) IMPENDING DOOM BELAY MY LAST IMPERIL

WED. FEB 6

THE HIGHER

上がよるまだ

FRI. FEB 8

ETCHED IN RED DYING REGRET-SICARUS ROMAN BURIAL MOLATED SERAPHIM

FRI. FEB-15

darkest hour Cephalic carnage

SAT. FEB 16

PIERCE THE VEIL

SUN. FEB 17



TAKE THE CROWN

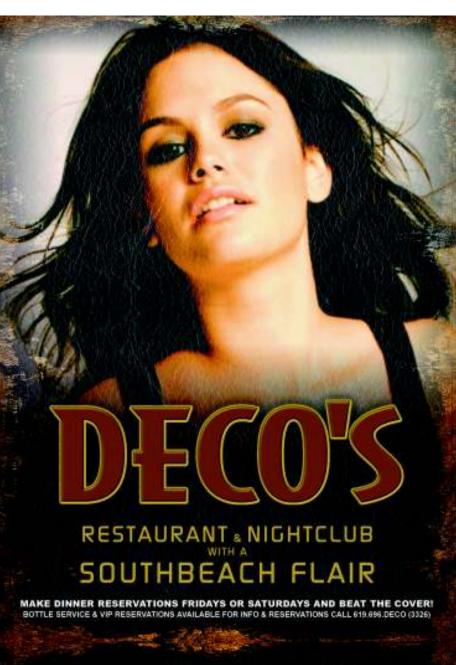
THURS. MAR 13



ANGELS & ALRWAVES seermeerte - tome see senter Alle beme

SAT, MAR 15 GASBAH PRESENTS

explosions in the sky



FRIDAY JANUARY 25

GETDOWN SHAKEDOWN

FEATURING

DJ DUBZsan diego's featured niteclub mixmaster-partyrocker

Special GoGo by MISA CAMPO

\$5 LONG ISLANDS & \$5 VODKA ROCKSTARS 'TIL 10:30PM \$3 KAMIKAZE'S & \$3 BOTTLE BEER ALL NIGHT LONG

BOTTLE VIP SERVICE SPECIAL:

2 SMIRNOFF VODKA BOTTLES FOR \$250

VIP / BIRTHDAYS / GUEST LIST: ROBZOOMY@AOL.COM | POINTENT@GMAIL.COM

SATURDAYJANUARY26 **DECOS & CLIMAX SD PRESENTS**

FEATURING

ICEY ICE WORLD FAMOUS BEAT JUNKIES

WITH DJ FILLMATIC & DJ DUBZ

ALONG WITH THE BEAUTIFUL LISA KAI & CHRISTINE B.

VIP BOTTLE SPECIAL: 2 BOTTLES OF SKYY FOR \$300 FOR VIP BOTTLE SERVICE & BDAY RESERVATIONS JC@CLIMAXSD.COM FOR GUESTLIST REQUEST EMAIL GUESTLIST@CLIMAXSD.COM

> 731 FIFTH AVENUE GASLAMP QUARTER SAN DIEGO 619.696.DECO | WWW.DECOS.TV

alendar **CLUBS**

CENTRAL

Moondoggies Pacific Beach: 832 Garnet Avenue, Pacific Beach, 858-483-6550. Saturdays, 9 p.m.: "What's Good". DJs Enigma and Cisco. Hip-hop, R&B, and Top 40.

O'Connell's Pub and Nightclub: 1130 Morena Boulevard, Clairemont, 619-276-5637. Wednesday, 9 p.m.: Tore Back, Blindheim. Rock/punk/metal. Monday, 8 p.m.: Mystery Train. Blues/soul. *Saturday*, 8:30 p.m.: Astra Kelly & the 47's, Endoxi, Darryl Purvis. Rock/folk/alternative/indie. 21+. Friday: A Scribe Amidst the Lions. The Holy Rolling Empire (AZ), Apes of Wrath also

Rock/alternative/psychedelic/powerpop.

On Broadway: 615 Broadway Avenue, Downtown. Saturday: DJ Miss Lisa. Long-standing female DJ in SD. 21+. Friday: DJ Z Trip.

Onyx/Thin: 852 5th Avenue, ntown, 619-235-ONYX. Tuesday, 9 p.m.: DJ Sachamo. Spinning in underground jazz bar. Tuesday, 9 p.m.: Tuesday Night Jazz. Local trumpet player Gilbert Castellanos performs for KSDS 88.3FM jazz night. 21+.

Patrick's II: 428 F Street, Downtown, 619-233-3077. Thursday, 9 p.m.: Blue Four. Chicago blues.

Riley's: 2901 Nimitz Boulevard, Point Loma. Wednesdays, 9 p.m.: Swing Night. Live swing bands perform.

Rosie O'Grady's: 3402 Adams Avenue, Normal Heights, 619-284-7666, Tuesdays, 9:30 p.m., Tuesdays, 9:30 p.m.: Bdub's Jazz Jam Session, Modern jazz classics and standards. 21+

San Diego Sports Club: 1271 University Avenue, Hillcrest, 619-299 7372. Tuesdays, 9 p.m.: Acoustic Open Mic Night. Unplugged talent every Tuesday, 21+. Saturday, 9 p.m.: Anna Troy. Local bluesy songwriter performs. F.U.Z.Z. CD release. 21+. *Saturday*: Stick It in Your Ear Productions, Live bands every fourth Saturday of the month. 21+. Thursdays: Club '80s. New wave, punk, and new romantic with DJs Bryan Pollard, Roxanne Redlight, Sickboy, and Stem. \$2-\$4. 21+.

Sevilla: 555 Fourth Avenue, Downtown, 619-233-5979, Wednesday 8:30 p.m., Tuesday, 8:30 p.m.: Club Salsa. With Salsa Caliente. Mondays, 9 p.m.: Rock en Espanol. 21+. Thursday: Club Salsa. Salsa/Latin music and dancing.

Soma: 3350 Sports Arena Boulevard, Point Loma, 619-226-SOMA. Thursday Reeve Oliver. Alternative rock; on the bill

South Park Bar & Grill: 1946 Fern Street, South Park, 619-696-0096 Sundays, 6 p.m.: Original Music Modern Jazz. Weekly jazz series. Sundays, 6 p.m.: Original Music Modern Jazz Series. Every Sunday, with Doug Walker (bass), Tim Nunnink (sax), Nick Tocco (guitar), and Nathan Hubbard (drums)

Static Lounge: 634 Broadway, Downtown, 619-544-1609. *Friday*: Club Pop Noir. Every fourth Friday of the month, Maystar's Club Noir featuring DI ndfloor and DJ Edgartronic Indie/electroclash/dance music, 18+,

The Bar Pink Elephant: 3829 30th Street, North Park, 619-564-7194. Sunday, 3 p.m.: Autotonic. Rock band's debut. *Thursday*, 10 p.m.: Earthless. Sonic spacemen offer up alternative rock.

Tio Leo's - Mira Mesa: 10787 Camino Ruiz, Mira Mesa, 858-695-1461 Saturday: Just Been Funked. Old school R&B from the '70s, '80's, '90s, 21+ Thursday: Stars on the Water. Rock. 21+.

Tio Leo's Lounge - Clairemont: 5302 Napa Street, Clairemont, 619-542-1462. Thursdays, 8 p.m.: Zydeco Dance. DJ Gator Boy, every Thursday.

as i hear it

Artist: Gemini

Song: "Priceless" (from the CD Do What We Do Records Presents) Heard By: Greta Smith, North Park



Essentially. I feel like what they were trying to say is that "their love is priceless" and that "if you don't know that by now, you'll never know." I think it's poignant and works on many levels, but it's not really my thing. It was really minimal; I heard some snapping and a series of squeaks, but it was rhythmic. I really don't listen to R&B at all. I felt like it wasn't too over-the-top — like, all "note-y" with too many notes. They played it safe. It's so mild, it could be on a commercial. It's almost like a jingle. I could see someone kicking back in their house and listening to that while sweeping the floor.

SAN DIEGO SONGS TAKE THE STREET TEST

Artist: Little Man T

Song: "Tea Party" (from the CD Mon Autre Moitié)

Heard By: Dan Bryant, Brooklyn, NY



It had the aspects of stereotypical French café music — not in a bad way — but with some "prog" almost. Like maybe if some kids who were into more math-y indie rock were also really into that music at the same time and synthesized the two. It was all instrumental. There's at least two stringed instruments or more and an accordion. There's also some xylophone or glockenspiel recurring throughout. It was pretty pleasant music. I couldn't help but picture frantic, high-end cooking or cuisine going on - like, maybe a montage shot of people cutting vegetables and big pots of steam.

Artist: Shaka Buku

Song: "Set Yourself Free" (from the CD

Feel Different) Heard By: Bryan Welch, San Francisco



It was like a commercial for a cruise ship The first lyrics are about "being 45 but feeling 25." That snippet is what you'd use in the beginning of the commercial because when you cut up a song for a commercial, you use the breakdown and maybe one poignant lyric that vibes with your brand. You're only working with, like, 60 seconds. There's a slap-bass solo you would use, but only, like, a second of it. At the end [of the song] there's a guy chanting "S-E-T yourself free" and you'd fade out the commercial on that. I would compare them to Huey Lewis and the News.

TO GET YOUR LOCAL CD HEARD, PLEASE MAIL IT TO:

Music Editor, As I Hear It, San Diego Reader, P.O. Box 85803, San Diego, CA 92186-5803

The Tower: 4757 University Avenue, ensington-Talmadge, 619-284-0158. hturday, 9 p.m.: Grabass Charlestons, The Tim Version, Tiltwheel. Florida and San Diego punk. *Monday*, 9 p.m.: Dance to the blues. With *Lady Dottie & The* Diamonds. 21+. Friday, 9 p.m.: Oaks, Lady Sinatra, Who Rides the Tiger, Dali's Llama. Local rock.

U-31: 3112 University Avenue, North Park, 619-584-4188. Tuesdays: U-31 Karaoke. 21+. Wednesday: Anna Troy, the Modlins, Funk/soul/blues, Monday, 8 p.m.: City of Industry. For locals in the hospitality industry. *Sunday*: Tribe of Kings. Reggae. \$5. Thursday: Deep DnBand jungle with DJ Modus (U.K.). \$8-\$10.

Waterfront Bar & Grill: 2044 Kettner Boulevard, Little Italy, Thursday, Classic Hip Hop, Party Jamz, '80s. 21+.

Whistle Stop: 2236 Fern Street, South

Booty Bassment. Big house party jams with DIs Ikah and Dimitri Born, 21+. Tuesday: Board Games & Mellov Grooves. Sunday, 10 p.m.: Gary Hankins DJ Set. Lead singer of Scarlet Symphony spins Jazz for *Night of The Cookers.* 21+ Friday, 9 p.m.: Sara Petite & The Sugar Daddies, Joey Harris & The Mentals. Songwriter and pop. 21+. *Thursday*, 9 p.m.: The Sess. Punk/R&B after the *Local* Filmmaker Showcase at Citizen Video, (across the street from Whistle Stop).

EAST COUNTY

Fannie's Nightclub: 9143 Campo Road, Spring Valley, 619-698-2204. Thursdays, 8:30 p.m.: Cory Wilkins. Alternative/rock/blues. 21+. Saturday: Beneath the Faults, American Maniacs. 21+. *Friday*: One and Done. 21+.

Second Wind (Magnolia): 8528

Mondays, 9 p.m.: Second Wind Karaoke. Weekly event, 21+. Thursday: Dust-N-Bones. Guns N' Roses tribute band. 21+.

NORTH COUNTY COASTAL

The Allev: 421 Grand Avenue. Carlsbad, 760-434-1173. Thursdays, Fridays, Saturdays: The Love Rangers.

E Street Cafe: 128 E Street, Encinitas, 760-230-2038. *Saturday*, 8 p.m.: J. Scott Bergman. Acoustic/folk.

NORTH COUNTY INLAND

Cow Shed Bar & Grill: 502 East Mission Road, San Marcos. *Friday*, 9 p.m.: "Hop & Pop". Sirah with Lenny Ducano, Artoo+ Dj Dripps, 11:11+Eyesore with DJ Rob Fayder,

Elum T.F.A, Heard, and Fluxco. \$5-\$7.

Inferno Young Adult Nightclub: 775 Metcalf Street, Escondido, 760-741-1271. *Saturdays*, 9 p.m., *Fridays*, 9 p.m.: DJ Kool T. Top 40, techno, and '80s.

J.J. Lander's Irish Pub: 125 South Main Street, Fallbrook, 760-731-0839. Saturday, 8:30 p.m.: City Limits Band. Country.

Molly Malone's: 1270 Main Street, Ramona, 760-789-9050, Saturday, 9 p.m.: American Rock Experience. Alternative rock. Friday, 9 p.m.: Radiostar. '80s new wave rock.

The Red Eye Saloon: 1448 South Mission Road, Fallbrook, Friday, 8:30 p.m.: City Limits Band. Country.

SOUTH BAY

Janie's Cocktails: 656 E Street, Chula Vista. Sundays, 9 p.m.: Karaoke.



4901 El Camino Real, Carlsbad, CA 92008 (760) 434-4567 Mon-Fri 9-6, Sat 10-5, Sun 12-4

Mars Volta Jan. 29

Lewis Black

Jonas Brothers

James Blunt

Art Laboe Miguel Bose

Foo Fighters

George Lopez

Def Leppard

Avril Lavigne

WWE Smackdown

Supercross



Garth Brooks

Staples Center, January 25, 26

3320 Kemper St. (across from San Diego Sports Arena)

Juanes May 3

Megadeth May 20

The Cure

David Sedaris June 30

Cirque du Soleil "Corteo" Through Feb. 17

"Disney on Ice" "Stars on Ice"

Padres

VISA TOTAL

"Doodlebops Live"

March 2

2008 Season

Super Bowl Feb. 3

222-7800

atlastickets.com





WORLDBEAT CULTURAL CENTER

PRESENTS THE 27TH ANNUAL

TRIBUTE THE REGGAE LEGENDS FORMERLY BOB MARLEY DAY 608

ALPHA BLONDY BARRINGTON LEVY

CAPLETON MIDNITE

IN HOMOR OF LUCKY DUBE 1964 - 2007

DON CARLOS
SLY & ROBBIE
GENTLEMAN
GREGORY ISAACS
QUEEN IFRICA
CULTURA PROFETICA
MARTIN CAMPBELL

CHERINE ANDERSON
TRIBAL SEEDS

PRESIDENTS DAY NO WORK-NO SCHOOL! 1PM - 11PM LINEUP SUBJECT TO CHANGE



MONDAY, FEB 18TH SAN DIEGO SPORTS ARENA

INFO: 619-230-1190 4 HOTLINE: 619-230-1237
WORLDBEATCENTER.ORG 7 TRIBUTETOTHELEGENDS.COM

PRODUCED BY WORLD BEAT CENTER IN ASSOCIATION WITH MOSS JACOBS PRESENTS

TICKETS AVAILABLE AT ALL **ticketmaster outlets**: ARTS TIX, 32ND STREET NAS, SDSU AZTEC CENTER COX ARENA BOX OFFICE, UCSD UNIVERSITY EVENTS OFFICE, **ROOTS OUTLETS**: TRADE ROOTS REGGAE WORLD • DREAM CRYSTAL • LOUS RECORDS

EARTH CULTURE, CHARGE BY PHONE: 619-220-8497 ORDER ONLINE: TICKETMASTER.COM

* Heineken music



Crasher

URBAN PULSES

by Josh Board

henever I hear the name Ian, I think of the singer of Jethro Tull. Or my friend's grandfather, who knew everything about sports. He was like Rain Man with statistics. If you were talking about the Hendrix song "Hey Joe," he'd say, "You know, Simon and Garfunkel mentioned Joe DiMaggio in one of their songs. He had a .325 lifetime batting average."

When I heard there was a San Diego woman named Ian who threw "amazing parties," I was skeptical. She calls her place near SDSU "the house of the future," and it is one of the most interesting houses I've partied at.

It had a long deck that overlooked a stand of eucalyptus trees. There was a bar at the end of it for people who wanted to drink. The other end led into a yard with a fire pit.

The party was a fundraiser for Synergy, which is an art group that Ian is a part of. The theme of the event was "urban pulses."

When I walked up, I saw a few lowriders. One was at the

100 San Diego Reader January 24, 2008

Saturday, June 21

7:30 pm

2891 UNIVERSITY AVE, SD 92104







Top left: the guy who auctioned off his shirt;
Top right: graffiti artist working on the driveway

bottom of a long driveway. At the garage door, graffiti artists were painting.

I asked one of them what "urban pulses" was about. "It's raising money for the arts center down in Barrio Logan." The cover charge at the door was part of

a hip-hop group called Pyramid Empire.

Inside were several works of

met at a previous party. I couldn't think of his first name, but I remembered his last name was Lucas (because of the Suzanne Vega song "Luka"). I wish more song titles could help me recall names.

There was a band playing in the living room. Their version of "Light My Fire" sounded like a hipper version of José Feliciano's cover. I told them that after their set. When I asked the attractive Latina backup singer if she has any say in what songs they do,

she told me that she didn't.
When the singer came over and
started explaining how they pick
their set list, my cell phone went
off. It was a call I was expecting,
and I excused myself.

As I went out to the patio to take the call, my girlfriend continued talking with them. I realized that in all the years I'd had a cell phone, that was probably the rudest thing I'd done with it.

I decided that when I finished the call, I'd go back and apologize. After the ten-minute call, I hung up and walked in, but the band was nowhere to be found. My girlfriend was sitting on a couch near the fireplace, which was in the center of the living room. She had no clue where the band went. She thinks their name was Fearless Planet.

I noticed bowls of M&Ms near us and said, "At least you picked a great place to sit," and I scooped up a handful. Then, people kept bending over with their backsides in my face when they came over for M&Ms. And my hands were three different colors. (Note to self: find out who

I noticed bowls of M&Ms near us and said, "At least you picked a great place to sit."

the funds being raised.

The flyer listed DJs, performance artists from San Francisco, and bands. One of the bands was called Culture Clash. Another was

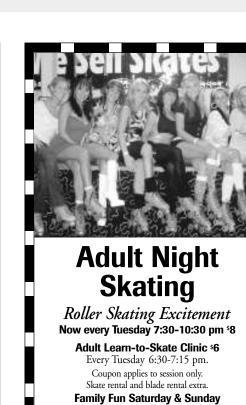
Saturday, August 2

BOX OFFICE 619 - 239 - 8836

art you could bid on. My girlfriend bid on a piece that had a golfer in it. She said it would make a great gift for her boss.

I ran into an artist I had





•7 All Day • 1:30-6 pm

Come join the fun!

*

Admission Adults-Only Night!

Valid Tuesday, January 29, 2008.

*Buy 1 admission and receive 2nd admission free.

Great place to host a

Birthday Party!

Call for details.

SKATEWORLD

sandiegoskateworld.com
myspace.com/SanDiegoSkateworld

6907 Linda Vista Rd. • 858-560-9349
or further info: 858-560-9278

(3 blocks south of Genesee, 1 mile north of USD)

came up with the ad line "melts in your mouth, not in your hands" and try to get them fired.)

I went to look at the art on the walls. There was work by an artist named Gibran Isaias Crol. He started drawing when he was five years old after seeing his father painting on poster board. His bio stated that after his mom and dad split, he took out his aggression spraypainting neighborhood walls and researching graffiti art. He told me that he'd reconnected with his dad and now geared his artwork toward tranquility and love.

A woman named Naimeh, who is a part of Synergy and works to promote local artists, suggested some artists I should talk to. When I was in the kitchen grabbing some chips and salsa, she said, "You should find a guy named William Henry. He's a self-taught San Diego artist who does street art — Chicano murals, gang writing, punk, and even surf and skate art. It's the aesthetic of West Coast street graffiti."

I asked Naimeh to point him out to me, and she left to find him. I figured that'd give me a good ten minutes to scarf down the chips. I never saw her again.

A guy walked by who had a woman on each arm and one painted on his shirt. I told him it was a cool shirt. He said, "You know what? Everyone keeps saying that. I think I'm going to auction it off"

"If someone buys it, what will you do, drive home without a shirt?" I asked

He said, "If that's what it takes, man! Hey, they can take my pants, too. I'll sell them"

Later I noticed he had a bidding form taped to his back. I yelled from across the room, "Do you have any bids yet?" He told me he didn't, but that he'd get some. I said, "You know, that's not a bidding form on your back. Someone just wrote 'kick me' and told you it was a bidding form."

When the DJ played an R&B track, he was dancing spastically. I took out a pen, went up behind him, and acted as if I were trying to fill out the bid form on his back but his dancing was preventing me from doing so. A few people laughed as he turned around, but he looked like he wanted to slug me, so I retreated to the M&M bowl.

I ran into an artist

named Santos Orellana,
whom I had met at a street
fair. I remembered him talking about being raised in
Honduras and that he was
once a chemist but quit that
job to pursue his dream of
being a muralist.

We talked about his art and he told me about a piece he did for Mahatma Gandhi's grandson Arun, *The Life of Gandhi*. I thought about telling him that I once was at a party with Errol Flynn's grandson but didn't want to disrespect him. Orellana has a one-man show coming up at Colosseum Fine Arts on Kettner Boulevard in February. He said it's called "Fragmentos."

I told him I'd try to make it and figured that if I mentioned it here, he couldn't get mad if I'm a noshow.

Crash your party? Call 619-235-3000 x421 and leave an invitation for Josh Board.

Columns archived at SanDiegoReader.com

Online Club Coupons at SDReader.com

Here's a sample of the great deals available!

Free wine tasting



Purchase one tasting at regular price and receive the second of equal or lesser value free. Not valid with any other offer. One coupon per customer. Reservations required. Offer expires January 31, 2008. Expiration dates are renewed the last week of each month. Coupon not valid on holidays

The Wine Encounter

Hillcrest wine bar offering a large wine selction and tasting events. Visit our website for directions, hours, wine list, menu and full calender of events.

690 University Avenue, Hillcrest, 619-543-9463

Reader Coupons 619-235-3000

Wine Encounter

2-for-1 admission



Before 9 pm only. Excludes national acts and special events. Offer expires January 31, 2008. Expiration dates are renewed the last week of each month. Coupon not valid on holidays.





Brick By Brick

Live music and cocktails. Must be 21 with valid ID.

130 Buenos Avenue, San Diego, 619-275-LIVE

Reader Coupons 619-235-3000

The Aero Club Free WiFi

Brick By Brick **2 for 1 admission**

CA Express VIP Card **Free card**

In Cahoots 2 for 1 cover

Lucky 7 Match \$5 off speed dating

Martini Ranch Free appetizers

Patricks II 2 for 1 cover

Second Wind Bars Free WiFi Internet

The Wine Encounter Free wine tasting

Tio Leo's Lounge \$1 off admission

U-31 **2nd drink \$1**











The Early Bird Gets the Duck

Breathe a sigh of relief: It's not your grandma's Chez Loma anymore. The lovely, long-running Coronado bistro has sprung back to vivid life with new owners who quietly took it over two years ago. This is cause for rejoicing, because during its final five or six years, under the previous chefowner (who was distracted by his other eateries), the food at this charming, civilized restaurant often plunged into dangerous sloppiness, while the front-of-the-house staff exhibited a cultish fortress mentality. (At my first meal there, the mussels were alarmingly stinky. At my second and last try, two years later, the bagna's olive oil was blatantly rancid; when I asked for butter instead, the waiter got hinky and brought a frozen, equally rancid block of some unidentifiable rendered critter fat.) So good riddance to all that (including the waitrons, all replaced). Service is user-friendly, food is much improved. Ring in the new regime.

Better yet, there are several fine three-course bargain meals at various price levels, including a nightly "early bird" special (5:00–6:00 p.m.) for \$25 that's available all evening on Tuesdays. Every night, there are also \$38 and \$45 prix-fixe menus. In all of these, the dishes are drawn from the à la carte menu (although sometimes with the substitution of a simpler sauce). And the interesting, merciful wine list (mainly \$30–\$35) also helps one enjoy life even with post-holiday budget blues.

The bistro occupies a historic Victorian cottage a few blocks north of the Del hotel. At the front porch you're greeted by delicious cooking aromas — it's like visiting Grandma's house. The decor is warm and cozy in the mode of O.B.'s Thee Bungalow, with two small, cozy dining rooms of well-spaced tables on two floors. The night we ate there, the sound system softly played Lady Day all evening. Perfect. (Piaf would work too — sisters under the skin.)

The bread still comes with a *bagna* (olive oil, sun-dried tomatoes, et al.), but when one of my friends asked for butter, she was accommodated graciously and quickly. About 70 percent of the menu is carried over from the 30 years of previous regimes — old favorites remain from generation to generation. Our foursome chose the \$25, \$38, and \$45 prix fixes and one à la carte meal. They were all equal in quality. (If anything, the \$25 dinner was the best.)



On the early dinner menu, one starter choice is the *soupe à l'oignon* — a Normandy-style onion soup. Normandy is France's apple-growing region, so the soup includes cider — and what a grand difference it makes. Where classic onion soup gains a certain rooty sweetness from

caramelized onions alone, the cider adds a vibrant fruity dimension to the deep, dark broth. The top comes capped by the classic baked Gruyère cheese crouton.

It's pure pleasure. (And usually I don't even like onion soup.)

Another starter choice from this menu is the house Caesar salad. If you love anchovies (as I do), you'll enjoy the bountiful array of oil-packed fillets along with whole romaine leaves, shaved Parmesan, and croutons of toasted *fougasse* bread. The dressing (which includes a touch of pasteurized egg yolk) seemed a bit on the light side, closer to a vinaigrette than the classic Caesar but still enjoyable.

For our entrée on this menu we chose *canard rôti*, a generous portion of half a roast duck, flaw-lessly cooked with crisp skin and tender meat in

every part, breast to drumstick. The bird came with herbed rice, Provençale vegetables, and two traditional sauces, both sweeter than I'd wish: a cherry–port wine sauce and a burnt orange sauce. Well, that's tradition.

Other early dinner options are boeuf bourguignon and saumon saifort,
the latter with a light, bright
horseradish crust, my favorite dish
here under the ancien régime. I've

no doubt that it's still wonderful,

since everything else we ate was at least as good as, and usually better, than it was in olden times.

On the \$38 menu, we chose the château sirloin steak entrée — Angus (USDA Choice) beef, grilled, served with bordelaise sauce, blue cheese butter, and gratin potatoes. The sauce is the Julia Child classic — sautéed shallots, red-wine reduction, lots of butter beaten in to thicken it. It's simple, rich, satisfying. (The à la carte version comes with a heavier, more elaborate *espagnol* sauce.) The meat is a bit chewy (at least compared to steakhouse Prime grade) but has good beef flavor

The \$45 prix fixe starts with a difficult choice

Chez Loma French Bistro

1132 Loma Avenue (at Orange Avenue), Coronado, 619-435-0661, *chezloma.com*

HOURS: Tuesday–Sunday, 5:00–to about 9:30 p.m.

PRICES: Soups and salads, \$8–10; appetizers, \$12–15; entrées, \$23–\$36; desserts, \$7–13. Early-bird three-course prix fixe (5:00–6:00 p.m. and all night Tuesdays), \$25; other three-course prix-fixe menus, \$38 and \$45.

CUISINE AND BEVERAGES: Classic French bourgeois cuisine, including authentic, non-clichéd bistro choices. Adventurous wine list at modest markups, with strength in regional French bottlings at all price ranges; plenty by the glass, plus interesting flights. Full bar.

PICK HITS: Normandy-style onion soup; roast duck; salmon with horseradish crust; sirloin steak; gingerbread

NEED TO KNOW: Reservations urged, especially Tuesdays and weekends. Half-price wines (on bottles under \$90) on Wednesdays. Quiet atmosphere, dressy-casual. Ground-floor dining room is wheelchair accessible, specify when reserving. No serious vegetarian options.

Ratings reflect the reviewer's reaction to food, ambience, and service, with price taken into consideration. Menu listings and prices are subject to change.

Go to SanDiegoReader.com to find hundreds of past reviews.

of tempting appetizers: lobster bisque or *saumon fumé*, rum-smoked salmon tartare over brioche toasts with avocado crème fraîche. (The restaurant smokes whole sides of salmon.) The tartare sounded more spectacular than it tasted: The cubes of cured salmon met with no perceptible sign of avocado, alas. Without much sauce to unify the dish, it seemed to lack concentration and purpose — chopped gravlax with attention deficit disorder. We didn't try the bisque. Since there are no lobster entrées on the menu to provide spare parts (like swimmerets), along with fresh shells, I knew the stock would be made from frozen empty lobster shells and separately packaged lobster



meats of some sort. One can make a good bisque with those ingredients but rarely a great one

For the entrée, we chose flétan grillé "Oscar" — pan-seared Alaskan halibut served with asparagus, crab, and béarnaise sauce. This dish was carried over from the past. The "Oscar" garnishes were originally designed to go with veal, but I was willing to try them with fish — why not? Ultimately, I didn't think they suited the halibut, which seemed aloof from the crowd. The crab, unexpectedly, wasn't loose crabmeat in sauce but a thin crab cake crowning the top of the fillet like a miniature party hat on a compliant bulldog's head. The sauce thinly coated the plate, not the fish. The asparagus sat on the side of the plate like an innocent bystander. I might like the dish better if everything (especially the sauce) were piled right on top of the fillet. Mild-mannered halibut doesn't need protection from additional flavors, it needs all the help it can get.

The alternate choice on the \$45 prix fixe is fillet mignon with black truffle butter and red-wine sauce, with garlic-roast potatoes. Although rib-eye eaters may consider that tender cut milquetoast, it's a favorite of the chef's wife and co-owner, and those garnishes do sound alluring.

The à la carte appetizer list is a parade of enticements. There's a house-made duck liver pâté; escargots with prosciutto in a puff pastry shell; scallops over pea coulis; and Mussels Provençales with fennel and white wine. But I arrived with my heart set on the crêpe de homard, filled with Maine lobster and mascarpone in a white-truffle carrot emulsion. It was...not as expected. Most of the flavor came from chopped green asparagus and the thick, vegetally sweet carrot sauce that surrounded the crêpes. Inside them — was there some lobster there? Sort of. It's frozen lobster meat, which is a large step up from the awful vacuum-extruded "knuckle meat" of many local restaurants, but the freezing seems to have sapped much of the flavor and texture.

A steak tartare needs rethinking (and the owners are rethinking it even as you read this). The menu describes it as "smoked raw filet mignon," but it's no longer raw after its turn in the smoker, merely bits of cooked beef running around loose on the plate. It's not lush, not sinful, not risky like true tartare — in fact, not really anything.

For the à la carte entrée I chose *cassoulet de mer*, precisely because this dish was god-awful when I tried it under the previous owner — the repository of the evil, stinky mussels, not to mention undercooked white beans with too much crunch on the surface and hard, dry cores. Glad to say — Come on in, the mussels are fine now, and so are the beans! (The new

owners get seafood deliveries more often and dump old seafood readily rather than poison their customers.) The dish was probably invented as a local response to a New York food fad of the late '80s, pairing lobster with beans. Here, it's not lobster but sea scallops, mussels, shrimp, and salmon, all very tender, in lobster sauce, covered with a fluff of cornbread crumbs. "I can't taste the seafood under all this froufrou," beefed one of my companions. And I couldn't taste any lobster flavor in the lobster sauce. Oddly enough, I enjoyed the remains of the dish more at home the next night, gently reheated, and found myself appreciating the flavorful bits of onion and tomato mingling in the shells with the mussels. I even enjoyed the fluffy topping. (I still couldn't taste any lobster.) The beans were now cooked soft all the way through, as they should be, so they properly took a supporting role to the seafoods, instead of horning their way to center stage.

Other interesting possibilities include *poulet de foie gras*, a flavorful Shelton chicken breast, grilled and topped with foie-gras butter and Madeiramushroom sauce, and a balsamic-marinated rosemary rack of lamb that the new chefowner has brought to the menu. Weekends bring original specials.

By dessert, our appetites were sated, but since we had

three prix-fixe dinners, we were entitled to three sweets and couldn't say no. A fine gingerbread was somewhat obscured by a generous pour of caramel sauce on top. (Now, that's a dish where I'd rather have the sauce pooled on the plate.) A fallen chocolate soufflé was very dark and properly airy. Since we still had some tasty Côte de Rhone in our glasses, we went for the cheese plate (an extra \$2 on the prix fixes — pocket change). The cheeses were ordinary but delicious — a good, gooey Brie, a blue, and a mild Fontina.

Coronado Island is hardly a normal neighborhood, with its million-buck three-bedroom houses, but Chez Loma (barely 12 minutes from the ghastly Gaslamp) has restored its street cred as anybody's neighborhood restaurant, regardless of where you live. With Valentine's Day coming up in a few weeks, it's also a rather romantic destination. If it's not quite flashy enough for Gaslampish trendy daters or a swain with a big diamond ring in his pocket, it could be just right for steadies, marrieds, or cohabitators, as well as friends looking for a pleasing night out with good company, good food, and good conversation.

ABOUT THE CHEF

Lars and Carolyn Sjostrand bought Chez Loma, the first restaurant they've owned. "We've both been in the restaurant business a long time," says Carolyn. She's the pretty blonde

who works the front of the house, as hostess or waitress, while Lars is the chef. "My husband started out as a breakfast cook when he was 16, working in the same little place that his mom was a waitress, up in Huntington Beach. Then he moved to the front of the house, since there's a little bit more money in the front. And I started out as a hostess in a Mexican place when I was 16. He worked for Las Brisas in Laguna Beach for a while, and then we moved up the valley and I worked at Hula Grill, which is the same chain as Jake's up in Del Mar. And then I moved back here. I met my husband when I was on vacation in Hawaii. He was working at Duke's, which is also part of the chain. I moved there and managed Keoke's, on the south side of the island. We moved back here about six years ago, I worked at Pacifica, he worked as a bartender at Jake's and En Fuego.

"About three years ago, we started thinking, 'Now we've done everything in a restaurant, maybe we should start thinking about our own place.' We worked with the same broker who sold the restaurant to [previous owner] Ken Irvine. We didn't actually know much about Chez Loma because we live in North County, but it seemed like a good fit. It was nice to get something that has an established name, because new-concept restaurants are so hard to get started. It didn't seem as scary to take over this restaurant. My husband decided to do the back of the house, so Ken and my husband trained in the kitchen for a few weeks together from July to October of '05, when we took over the restaurant. Lars learned the menu, learned the food. He has great knowledge of cooking and he's so creative, although he doesn't have any formal training.

"About 60 to 70 percent of the menu comes from the previous menus, which go back 30 years, even before Ken. We added the rack of lamb, and a pork dish that's off the menu right now, and we run weekend specials. We like to keep the nuts and bolts of the menu and do creative things on the weekends, when we know the crowds are going to be a little fuller."

The Sjostrands quickly learned, once they settled in, that in its final years Chez Loma had problems with both food and service, which they took steps to correct. "Our staff is all new, and our quality control is good," says Carolyn. "We make the dishes correctly, and we make them more often. The desserts are made four days a week now. I heard that for a while they were just awful. We get our seafood in four to five times a week. We don't order in huge quantities. Same with produce, we get it in five to six days a week. We'll just 86 anything that's not up to par. We'd rather tell you we don't have it than to have you get it and not like it." ■



10% off* the world's largest Japanese seafood buffet

Seniors (over 65) 20% off (Dinner only)

 $\textbf{Children} \ (5 \ \text{feet and under}) \ \textbf{50\%} \ \ \textbf{off} \ \text{or more from adult price}$

45 kinds of sushi | 20 selections of salad | sashimi | fresh salmon 18 different hot food entrées including beef, chicken and pork shrimp tempura | green lip mussels | Japanese noodle soup fresh seasonal fruit | 20 delicious French-style desserts and much, much more!

Evening menu selections also include: Maine lobster, jumbo shrimp, crab legs and oysters

Lunch

Mon.-Fri. 11:30 am-2:30 pm Sat. 11:30 am-2:30 pm Sun. 11:30 am-3 pm Dinner

Mon.-Fri. 5:30-9 pm Sat. 5-9 pm Sun. 5:30-9 pm

Party platters and catering now available.

*Valid only Mon. through Thurs. with ad. Not valid on holidays or with any other offers. Expires 2/7/08.



2828 Camino del Rio So. (off Fwy 8 @ Texas St. S., left on Camino del Rio S., under the 805 overpass) 619-299-8996

todaisandiego.com





No Lie

"You know the only thing missing?" I say to Hank. "Couple of nags. Then we could stay all night."

ose turns her back on me. She picks up the ose turn phone.

"Hello? No, I don't see him."

She puts the phone down. "I can't tell a lie," she says. "I'm telling the truth! If I face the wall,

I don't see them. They probably already said, when they were leaving, 'I'm just going to the Neighbor's.' So they were telling the truth too."

That's what this place is called. "The Neighbor's." Rose is demonstrating how to handle domestic "situations." We're sitting around

the curve of this P-shaped bar -– me, Hank, Criket, Charlie, Bob, John, Sue, Lee, chewing fat and downing a couple of beers. And chewing

"I live in Santee, but my horse is here in Lakeside," Criket says. She's ex-Army. Sergeant. First Class. "I ride here sometimes."

'In Barstow, we kids always rode to the dances," Charlie says. "So getting home wasn't a problem. And at the end of the evening the girls had their horses too.'

'Was that good or bad?" Hank asks.

Man, this place is such a find. Hank and I stopped in here at, like, fourish, this Tuesday afternoon, before heading down the hill to Diego. I was the one who noticed the little shingle-roofed pub attached to the end of a forgettable strip mall. The pub owners must have stuck the wood shingle on to give it a bit of personality. But mainly, I noticed its blue-and-yellow sign. "The Neighbor's Pub & Grub." Sounded perfect.

So we get inside, just as Rose the bar lady is talking about Sunday lunches going for...three bucks. I think, three bucks?

Charlie nods. "That's why I moved up here. Everything is cheaper, people are friendlier, the town is quieter — and we've got this place, and Rosie, to come to."

Rose, who's Lee the postal carrier's wife, says she's been working behind this bar for 17 years.

Huh. Hank slurps on his Michelob draft Amber Boc (\$2.50). God, it looks delicious. He swears

> he's only having one, since he's driving. The incredible thing is these beers cost almost more than the food. I mean, yes, the chow's homey, but the prices are downright fire-sale. We check the "Grub Menu." Cheeseburger's \$3.50, BLT's \$3, ham-and-cheese sandwich is \$3, hot link's \$2.50, hot

wings are \$3.50, tuna sandwich is \$3, and ye old corn dawg goes for \$2. Oh, and a bowl of chili for \$2.50. The most expensive thing, the one I'm just about to ask Rose for, is the pork tenderloin sandwich, \$4.50. But, too late. Hank's in like Flynn.

"I'll have the pork," he says. He looks at me.

Guess I have an expression on my face.

"You have it too," says Rose. "I've got enough." "Never," I say. "Principle."

"Well, do you like meat loaf?" Rose asks. "I could get you some meat loaf and peas.'

Sounds good. And when I hear it's gonna cost me, uh, \$2.50, it sounds unbelievably good.

"Guess I'll have some fried mushrooms too," says Hank. They're on the extras bit at the bottom of the menu card, \$2.50. "And can you do a

"Sure, I can rustle you up some salad," says

There's no mention of salad on the menu. But five minutes later, she comes out from the kitchen carrying a full, blue cardboard plate loaded with the pork sandwich, the salad — lettuce and cutup tomatoes and sliced cucumbers in a kind of vinaigrette — plus a pile of breaded, deep-fried mushrooms. Not long after, my blue plate arrives, with crumbled meat loaf, a nice heap of peas, a bun, and pots of butter. It's hot, hearty, soothing. I grab a couple of Hank's mushrooms. Mmm. Good. Okay, Hank says one of his is still cold in the middle, but he won't ask Rose to warm it up. He knows she would.

'Naa. She's too busy right now."

Instead, Hank challenges me to a 50-cent game of pool. I whup him — heh heh — get three lucky lies and sink 'em all. Then I'm back chowing meat loaf and jawing with Charlie, and he's telling about being a kid in Barstow, son of a locomotive engineer. "My grandfather was one too, and my great-grandfather," he says.

Wow. I'm dreaming steam, cow catchers, cowboys, the sounds of those ancient whistles blowing into the big-sky Barstow night.

And then John's telling me how Charlie here spent 21 years in submarines, and years in a North Korean POW camp. Plus John himself and his brother were Marines with two-tour Vietnam records. "We're redneck military here," says Criket. 'Course, she's an Army of One among this gang of Navy and Marine vets. "Seriously," she says, "these are good people. We're always having potlucks for someone who needs food, or medicines they can't afford. It's family, a little community."

Criket (her sister called her that because she was always jumping about) says it's no problem riding her horse Spot (he's a black-and-white pinto) down this avenue. "That's what's so great about Lakeside," she says. "You still can."

It's only now that I notice one wall is made of brick, and about half the bricks have been painted with messages. "You pay \$5 and you can put what you want on it," says Rose, as I get the bill. Lordy. Hank's salad was only \$1.50.

Criket shows me a tribute brick she did to her



dad, another for friends who didn't make it back from war. "Come by Saturday for karaoke," says Rose. "Or Sunday, for that Sunday special meal. We lav it on.'

Man, nothing I'd rather do.

You know the only thing missing?" I say to Hank. "Couple of nags. Then we could stay all night, get drunk as skunks, just climb on board, let 'em take us home.

"You been watching too much Lonesome Dove, son," says Hank. "Or is it Comanche Moon this

The Place: The Neighbor's Pub and Grub, 12169 Woodside Avenue, Lakeside, 619-561-8890 Type of Food: Pub grub

Prices: Cheeseburger, \$3.50; BLT, \$3; ham-and-cheese sandwich, \$3; hot link, \$2.50; hot wings, \$3.50; tuna sandwich, \$3; corn dog, \$2; bowl of chili, \$2.50; pork tenderloin sandwich, \$4.50; daily specials, e.g., meat loaf,

Hours: 9:00 a.m.-midnight Monday-Thursday; till 2:00 a.m. Friday-Saturday

Nearest Bus Stop: Woodside and Prospect







San Diego Reader January 24, 2008









Boutique Bubblings

"There's going to be somebody who really goes over the top and does everything right."

he hills across the road from Steve Chapin's Temecula vineyards — situated out past the tourist-friendly wineries and a short hop from Lake Skinner — are fallow now. Chaparral grows where vines once stood — 660 acres

of Chardonnay that used to be under contract to Callaway, the former giant of the valley. Someday, says Chapin, "There's going to be a project called Seven Oaks — 125 homes on one-acre estates, and the rest going back into vineyards. There's a plan for a winery, too. The valley is going to change a lot."

Change seems to be something of the norm for Temecula of late. "You drive along Rancho California Road, and you can see orange groves coming out left and right," observes Chapin. People continuing the fight against Pierce's disease, depriving the Pierce's-bearing glassy-winged sharpshooter of its winter home amid the citrus. Huge new projects like the South Coast Winery and Resort. And here and there, at places like Palumbo Family Winery, the bubblings of a boutique-winery culture, a culture Chapin hopes to foment (ferment?). "I feel that the boutique wineries are going to be what puts Temecula on the map," says Chapin, owner of Chapin Family Vineyards. "There's going to be somebody who really goes over the top and does everything right."

Chapin stops short of saying that he's going

to be that somebody — his four and a half acres of vines went in just six years ago, and he's selling only his first release, an '04 Cabernet. But he's happy to say that he wouldn't mind someday "being recognized for making really excellent wines —

> velvety, luxurious type of wines. I'm pretty happy with what I'm producing right now, but I'll always try to improve. I read a lot about the great vineyards of the world, just to stay motivated. I read that book, The Great Wines of America by Paul Lukacs. As much as he had about the farm-

ing methodologies up in Napa and Sonoma — I think we do a very good job of matching them as far as the way they farm vines."

"We" refers to Chapin and his consultants, local winemaking consultant Enrique Ferro and international viticultural consultant Marco Cavalieri, "I bought this land in '87 as an investment property," recalls Chapin. But after a globetrotting career in medical diagnostics got him introduced to the joys of wine, "I said, 'If I ever have the time, I think I'd like to grow vines and make wine.' After 25 years, I said, 'It's time. I don't want to do it when I'm so old I can't do it.' Me and about ten other guys planted the vines — Cabernet, Syrah, Petite Verdot, and Montepulciano." But come time for the first harvest, "I found out that investing in consultants is well worth the money. Trial and error is not the way

to go." (A winemaking friend recommended Ferro, and Ferro found Cavalieri in Argentina.) That first Cabernet "probably wasn't that great as a standalone varietal," grants Chapin — but a little Cabernet Franc, brought in on Ferro's suggestion, did wonders.

"I think Enrique is really critical," says Chapin. "He's not afraid to tell you..." Case in point: the '05 harvest was deemed unacceptable and sold off. "It wasn't very good quality," says Ferro. "Very high yields, bunches were huge — everything against the quality. So he sold it to the neighbors." Continues Chapin, "I read about an

individual who didn't put his name on a wine until ten years out. He sold grapes and he made wine, but you didn't know it was his until he was satisfied. You're always looking for ways to improve; you're not hesitant to put in that extra

And there's plenty of extra labor. "I estimate we drop 40-50 percent of our crop," says Chapin. "We prune to about two or three bunches per node. And Marco really wants us to control the canopy — we pull leaves to get about 50 percent sun on the grapes, and we keep it to about nine square feet of foliage per vine to keep down the vegetative character.'

'The vineyard is still young," comments Ferro. "With time, it will give us much better quality grapes. Our operation is to optimize the quality that is already there. It's working with what the place can give you; not forcing nature. In Napa, if you don't harvest over 25 Brix, you're going to have very tough tannins. They have to go higher," with the attendant rise in alcohol and overall body. "Here, that's not a question. In our case,



it's at about 24, 25 Brix that we achieve soft, polymerized tannins. We're not going to have those monster Cabernets.'

Eventually, the house on the property, the one with the 2000-square-foot wraparound porch, may be converted to a tasting room. But for now, it's a rental, helping to finance the fledgling winemaking operation in a nearby outbuilding. There, Chapin tends the wines with a chemist's precision, and under Ferro's careful guidance. "We use a destemmer, but not the crusher," says Chapin. "Instead, we do whole-berry maceration for more fruit character. Then we ferment in open bins. And I keep the barrels really topped up.

When I visit, the two are discussing blends for the '06 Cabernet. One is backed by 15 percent Zinfandel and 10 percent Merlot, the other, by 22.5 percent Merlot and 2.5 percent Cabernet Franc. The former is closer to the '04 in style – leaner, earthier. But the large dose of Merlot in the latter gives a bit of the fleshy/berry character that, as Ferro puts it, "people are always looking for." Chapin has five more blends put together









for Ferro in medicine bottles, their labels bearing varietal percentages instead of drug dosages. Before he leaves, Ferro says he likes the blend that incorporates 10 percent Zinfandel, 10 percent Cabernet Franc, and 5 percent Merlot. "As soon as we get the blend set," explains Chapin, "the wine will go back into barrel for three or four weeks. Then, if it looks okay, we'll bot-

And then Chapin will get busy selling it. He's had some favorable reception so far: "I live in Carlsbad, and there are a lot of wine shops in town. The Wine Spot loved it. Kathy Bankerd at Carlsbad Wine Merchants put it into their wine club. North County Wine Company has it. And I'm on the list at the Monterey Bay Cannery and the Lost Artichoke. One gentleman said, 'I really like the direction you're going in.' He didn't say it was a top-end wine, but he said, 'It's good news to taste a wine out of Temecula that I enjoy.' I al-

ways get this reaction -'Temecula?' - like the question mark is riding over my head. But they seem to be very pleased with it." ■

RESTAURANT LISTINGS

The Reader's Guide to Restaurants are recommended listings written by our reviewers (Ed Bedford, Barbara David, Ambrose Martin, Shari McCullough, Max Nash, Eleanor Widmer, Naomi Wise). Each issue contains only a fraction of over 700 reviews. A complete searchable list is available online at

SanDiegoReader.com. Price estimates are based on the latest information available for a midrange entrée. Inexpensive: below \$10; moderate: \$10 to \$19; expensive: \$21 to \$29; very expensive: more than \$30. Please call restaurants in advance for reservations.

BEACHES

Barbarella 2171 Avenida de la Playa, La Jolla, 858-454-7373. This popular restaurant sits nestled in an English gar-den just blocks from the beach. You can dine amidst the flora at street-side tables, in the enclosed patio, or in the small dining room. Once you're seated, the friendly staff provides fresh-out-ofthe-oven sourdough wheat bread to nibble on. The menu changes daily, offering fresh fish, steak, chicken, pastas soups, and pizzas, all cooked with a twist of imagination that delivers on the flavor. For instance: pizza topped with smoked salmon, crème fraîche. chives, and fried capers. Or delicate Alaskan halibut served over creamed spring onions with a watercress salad. If a fresh fruit crepe happens to be on the dessert menu, leap on it! Open for lunch and dinner daily. — S.M.

Café Athena 1846 Garnet Avenue, Pacific Beach, 858-274-1140. With a more upscale, eye-catching decor and a longer and more serious menu than most Greek cafes, this is a popular destination, so be sure to reserve for dinner or you'll risk a long wait. The choices include good soups and appetizers (except for a sub-par taramasalata), outstanding moussaka, above-average gyros, and interesting, unusual desserts. There's plenty for vegetarians. Rather noisy when crowded. Open daily, lunch and dinner. Inexpensive to low moderate.—

Costa Brava 1653 Garnet Avenue, Pacific Beach, 858-273-1218. Cordial owner-host Javier Gonzalez opened this charming restaurant so that local Spaniards would have a place to gather with an authentic atmosphere of home, and indeed, the "Euro" atmosphere and late hours give a truly Iberian feel. The lively garlic-rich dishes here include a wide array of tasty tapas and, among the entrées, a paella that's made to order (sized to serve two or four; call ahead for larger groups). Patio seating in good weather. Parking lot and wheelchair access via the alley behind the restaurant. Open daily 11 a.m. to midnight, with bargain prices at Sunday brunch. Reservations advised for weekend evenings. Moderate. - N.W.

Daily's Restaurant 8915 Towne Centre Drive, La Jolla, 858-453-1112. The idea is brilliant: Just serve food that's really, really good for your customers. Low fat, low calorie, low sodium. Brainchild of cardiac surgeon Pat O. Daily. So what's the problem? It's the B-word. Bland. Not that they don't fight heroically to make all the dishes interesting, but lots of items have that lentil-y, bean-y feel. Or naked salad-y. Or steam-up-your-nose veg-gie. Among the more interesting choices is the Cajun chicken with black beans and brown rice with cayenne-paprika in the spices. The most popular unch order, the buffalo burger, has a little gamy aftertaste — but that just proves it is the legendarily lean prairie beast. Nice outside seating in Restaurant Row, except you've gotta resist the smells from the more wicked eateries that aren't on the same crusade. Inexpensive. Monday through Saturday, 8 a.m. to 9 p.m. — *E.B.*

Humphrey's by the Bay 2241 Shelter Island Drive, Point Loma, 619-224-3577. Most diners at this resort/concert venue restaurant eat at the prix fixe preshow dinners because they guarantee good seats for the concerts at the next-door ampitheatre. But better food emerges once the musicmavens leave the premises. The kitchen features fine seafood, juicy meats, and prime steaks with seasonal veggie garnishes. Preparations are pleasing but in no way startling — it's a hotel restaurant, after all. Reserve for show nights or to snare a window table with a gorgeous marina view. Free parking when there's no concert, valet parking when there is. Dining room pleasantly quiet. Open daily breakfast through dinner; brunch buffet Sunday. Preshow prix fixe upper moderate, à la carte expensive/very expensive. — N.W.

Isabel's Cantina 966 Felspar Street, Pacific Beach, 858-272-8400. This cheerful café instantly became a gathering spot for many PB-ites, including the forsaken population of adults. Chef-owner Isabel Cruz, who calls herself "Food Girl," has imported much of her Mission Cafe menu of Latin-Asian-sorta-health-food to the beach. A self-confessed "lazy cook," she focuses on wholesomeness rather than authenticity. Breakfast and lunch are the main meals here and include competent eggs, luscious scrambled eggs, huge sandwiches, and weighty slabs of coconut French toast. Competent Latin-style dishes include tamales with airy masa. Devotees of Southeast Asian cuisines, however, may be disappointed by the simplistic stabs in that direction. If your dish is too mild, house sauces (chili oil, salsa, chipotle sauce, etc.) are available on request. Beer and wine. Small, free front parking lot; pay lot across the street at west end of the block. Three meals daily; closed 3 p.m. to 5 p.m. Inexpensive to low moderate. - N.W. Kaiserhof 2253 Sunset Cliffs Boule

vard, Ocean Beach, 619-224-0606. Even on weeknights, crowds fill this restaurant and *biergarten*, chowing down on hefty, hearty German cooking in a festive atmosphere. Flavors are authentic, but can be monotonous due to the kitchen's reliance on commercial products (especially a heavy-flavored beef base that makes all the sauces taste alike). Good schnitzels, potato pan-cakes. The excellent apple strudel is the only dessert made in-house. Reserva-tions advised, especially for patio seating. Full bar. Lunch Friday through Sunday, dinner Tuesday through Sunday. Moderate. - N.W.

Nine-Ten 910 Prospect Street, La Jolla, 858-964-5400. Chef Jason Knibb's level of craftsmanship shows a culinary sophistication that would be at home in San Francisco or New York. You'll find adventurous, seasonal cuisine emphasizing "market fresh" local produce (much of it organic or sustainably raised), naturally raised meats, and wild seafood. It's not just the food that's fresh — the ideas are, too, and the flavor matches are flawless. The wine list is superb, and new personnel in the front of the house have brought up the standard of service. Validated valet parking, full bar. Reservations urged. Open daily, three meals. Expensive.

Red Sails 2614 Shelter Island Drive, Point Loma, 619-223-3030. One of the city's oldest eateries has been renovated to look like it always has, but fresher. The dining rooms resemble those on a river paddleboat or a small, rakish cruise ship, while the bayside patio is a

Over 400 more restaurant listings at SanDiegoReader.com



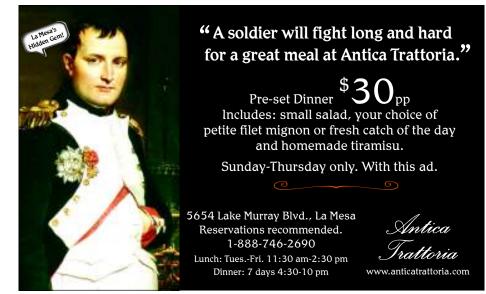
funky waterside pleasure, beset by p geons. The menu runs to simple seafood and steaks (wet-aged USDA Choice), but quality is uneven. Tasty starters include briny littleneck clams on the half-shell, an interesting clam chowder, and a classy house salad (but ask for vinegar and oil on the side to dress it). The coconut shrimp entrée is a good, guilty pleasure, but the fin-fish and fried entrées taste like supermarket frozen food. For the starch accompaniment, baked potato is the most flavorful option. Full bar, strong cocktails, weak wine list. Kiddie menu available. Daily three meals until 11 p.m. Low moderate. — N.W.

Sante Ristorante 7811 Herschel Avenue, La Jolla, 858-454-1315. The name is Italian for "saint," and the Northern Italian/regional cooking shines here, especially the fish and seafood dishes. Fresh seafood specials are available every night, in addition to those on the menu. Excellent pasta with mushrooms, ravioli with quail, and lamb chops. Separate room for bar; separate private dining room. Lunch Monday through Saturday, dinner nightly. Enclosed patio for lunch. Not to be missed. Moderate (pastas) to expensive. — E.W.

Sushi on the Rock 7734 Girard Avenue, La Jolla, 858-456-1138. This noisy, high-energy spot — a boxy, saloon-like space with a sushi bar in back — draws a lively twentysomething









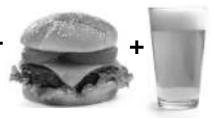


Catch Sports Packages here! 11 TVs!

106 San Diego Reader January 24, 2008

Sunday Mexican Breakfast \$6.95 with Champagne or Bloody Mary \$8.95

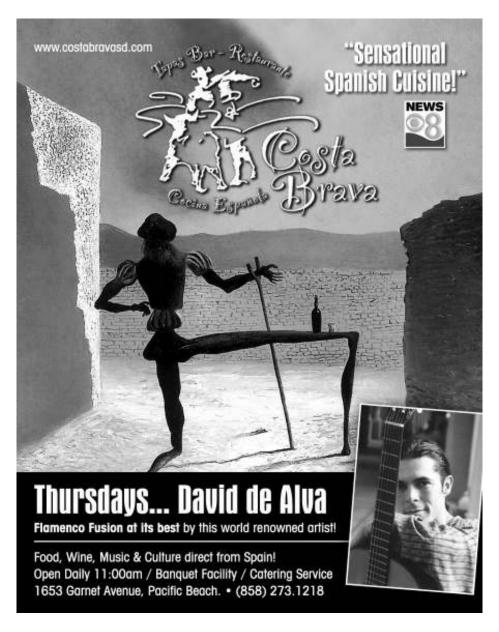
Beer specials each day- 15 taps!



505 6th Ave. San Diego 619.232.6754

or choose

two tacos!



Best waffles and pancakes in San Diego now 50% off!

Weekdays only. With purchase of a waffle/pancake entrée of equal or greater value. Not valid with other offers. Expires 3/30/08.

Breakfast served 365 days a year, 7 am-2 pm!

1333 Hotel Circle South (off 8 at Hotel Circle) 619.297.2231





Banquet and Meeting facilities for all your functions. We will treat you royally!

he waffle spot

Drop off a business card to be entered into our monthly drawing for a free meal for two.



8365 La Mesa Boulevard • In the heart of downtown La Mesa

Centifontis Restaurant crowd (although older folks will have plenty of company, too). Unlike more traditional sushi bars, there's a vast selection of "rock and rolls" — huge, creative party sushi. And they're fabulous, with sparkling fresh seafood and immensely clever combinations. Try, for instance, the shrimp tempura roll, which wraps fried shrimp, crab shreds, daikon sprouts, and Japanese mayo in deep-fried salmon skin — the combo would be just as impressive as an appetizer at a top Cal-French restaurant. The Orange Crush is another sublime invention, fresh and crunchy with veggies and tobiko wrapped in suave salmon. Even simple rolls are so well conceived, and the rice so nicely seasoned, you won't need soy-wasabi dip. No reservations, long waits (in cramped entryway) on weekends. Good sake list. Lunch weekdays, dinner nightly, with deep discounts for happy hour specials. Moderate. Second (quieter, but with full bar) location at 1923 Calle Barcelona, Carlsbad, 760-436-6261. — N.W.

BAJA

From the United States use the prefix 011-52 when calling Mexico.

Chiki Jai Avenida Revolución #1388. you're surrounded by ghosts: Errol Flynn, John Huston, Rita Hayworth, Anthony Quinn, Ava Gardner, and, they say, Ernest Hemingway, who all and drank vino tinto — here. Plus the great stars of boxing and bullfighting. But mainly it was a haven for Spanish jai alai players desperate for Old Country food. This is one of Tijuana's great historic eateries, its tale written on the walls. Old border photos, Don Quixote art, fighting bull ranchos' brands, and a matador's framed green cape with his blood still on it. The food's all Spanish, so paella is big (with soup, salad, French bread, and bleu cheese), but also try the baby eel appetizers, chorizo (pork sausages), ba-calao (cod fish) à la Vizcaina, trout with olive oil and garlic, and Gallican octopus. Vegetarian upon request. Open daily. Inexpensive to moderate.— E.B.

La Diferencia Avenida Sanchez Taboada 10611-A, Baja, 664-634-3346. Mexican haute cuisine, with inventive combinations of traditional flavors. The creative menu reframes the old dishes and devises new ones. Wine list centers on Baja wineries (Monte Xanic and Cetto) at reasonable prices. Vegetarian upon request. Secure, free valet parking next to exterior courtyard. Menu is in Spanish (in a hard-to-read font), but some staffers speak some English. The restaurant is often noisy, even louder when mariachis play. Smoking permitted. Wheelchair access marginal. Open daily, lunch and dinner. Inexpensive. — N.W.

La Escondida Santa Monica #1, Baja, 664-681-4458. This hidden ("es-condida") mansion has been a restaurant for three decades. The terrazzo and garden overlooking the Tijuana River Valley make breakfast and dinners a treat. House specialties are more interesting than the regular fare. Try the seafood casserole (cacerola de mariscos); the tambor (a dish of layered beef, cheese, and pork); or the roasted baby Monterrey goat ("cabrito tatemado"). Desserts include the house especial, mango and ice cream with rompope (Mexican eggnog), and crepas de cajeta con nieve, crêpes with walnuts, green pistachio ice cream, and "burnt milk" caramel sauce — the nearest thing to liquid fudge this side of paradise. Vegetarian on request. On weekends the place rocks with parties and live music. The big downside: It's hard to find. Take Agua Caliente Boulevard one half mile past the racetrack, turn right at Las Palmas, then left at the Rey del Pollo sign. The La Escondida entrance sign is in red neon at the road's end. Open daily for breakfast, lunch, dinner. Moderate. — *E.B.*

Mercado Sobre Ruedas Colonia Lucio Blanco (from Tijuana, on toll road, take first Rosarito exit; turn left at third), Baja, . Don't miss this huge flea market that materializes every Sunday (from morning until midafternoon) a couple of miles north of the tourist part of town. Its dozens of foodbooths offer a vast variety of local treats, ranging from barbecued mutton (bor-



Join us in January for our Alaskan King Crab Special \$1995/lb. Crab Legs

Oceanfront in Cardiff-by-the-Sea

Lunch · Dinner · Sunday Champagne Brunch

Extended happy hour

Nightly 4-7 pm
Great food and drink specials

Live entertainment

Wednesday-Saturday

Extended sunset specials: Entrées from \$1195

Nightly 4:30-6:30 pm

Choose from: fresh halibut, fresh swordfish, fresh salmon, sand dabs amandine, prime rib, lobster tail, filet mignon, chicken marsala

Visit our website for

Complimentary dessert for 2

thebeachhouse.com



LOBSTER · STEAKS · FRESH FISH

2530 South Highway 101 · Cardiff-by-the-Sea 760-753-1321 · thebeachhouse.com

rego) to savory Jalisco-style goat stew (birria de chivo), to all manner of tacos, made-to-order hotcakes with syrup, "Mexican hamburgers," and Sno-Kones (don't worry about the ice; by law, it has to be made with purified water). The food is totally authentic, cooked to Mexican tastes, and it's a carnival for the mouth. Many vendors speak some English. Rock-bottom prices; cash only. -N.W.

El Nido Boulevard Benito Juárez #67, Baja, 661-612-1430. Head south if you're looking for a great dry-aged, mesquite-broiled steak at a bargain price — but don't stop there. Try the house specialty, quail with garlic sauce (codorniz al mojo de ajo), or venison, especially the savory *machaca de venado* (strips of meat with peppers, onions, and tomatoes). Both are locally raised on the restaurant's own ranches and may be united in a brilliant breakfast of quail eggs with deer machaca. Seafood and surf-and-turf variations are tasty too. Vegetarian upon request. The restaurant's name means "the nest," and the amusing indoor-outdoor decor is a sort of multiroom aviary with birds singing, chirping, and fluttering all over. Full bar. If sensitive to smoke, don't sit next to the mesquite-burning hearth on the roofed patio. Dressy-ca-sual. Bilingual staff and menu. Open daily, early morning to late evening Mostly moderate; cash only. — N.W.

Los Pelicanos Calle Del Cedro 115 #45, Baja, 661-612-0445. This hotel dining room is El Nido's little (and lessgifted) sister, with a shorter menu and perhaps less-careful cooking. It serves good steaks and surf-and-turf in a handsome room and, at lunch, on a pretty ocean-view terrace. To find it, look for large sign on west side of Juarez, north of the tourist hub, di-recting you to the site. One winding flight up to the restaurant, no elevator. Bilingual staff and menu. Vegetarian upon request. Full bar. Open daily,

three meals. Moderate; cash only. -

Tacos Varios v Aguas Frescas Corner of Constitución and Third, Baja, . This is "just" a cart, but don't let that stop your making the effort. Students, local businesspeople, and workers agree: this is the real thing. It's always causing a people-bulge on the sidewalk. However, the cart is only here from 6 p.m. to 6 a.m., so you have to time it right. But from tongue to chicken mole, to milanesa, steak ranchero, carne asada, chile relleno, and pescado (fish), they create really big taco meals right there. Bonus: standing around chomping in the street is a great way to meet people and practice your Spanish. Nighttime only. Inexpensive. — E.B.

CENTRAL

Alex's Brown Bag 2550 Fifth Avenue #171, Hillcrest, 619-231-2912. The reborn Alex's (now in the Mr. A's building) is rightly famous for its "Original Philadelphia cheese steak sandwich" (with fried bell peppers, onions, mushrooms, and mozzarella) The owners say what makes their sand-wiches so special is that they have the meat trucked in from cheese steak cen-tral, South Philly itself. Other Italian-American goodies include the Italian Stallion (Genoa salami, capocolla prosciutto, and mortadella sausage meat), eggplant parmigiana with hot garlic bread, grilled pastrami, and cheese on rye. Open for breakfast, lunch, and just-after-work dinner weekdays. — *E.B.*

Bali Thai Café 407 Camino del Rio South, Mission Valley, 619-297-0800. Expect the unexpected! This tiny, unique restaurant splits its menu between three nations with chefs from Indonesia and Thailand and a chef-owner from Suriname, a former Dutch colony (like Indonesia) in South America. The Thai menu is standard, although the tom kha koong (shrimp in coconut milk soup) is outstandingly authentic (don't

eat the stuff at the bottom of the bowl!), while the richly tropical Indonesian dishes are so rare locally that culinary adventurers will want to explore such delights as "seafood delight roll," corn fritters, the soothing soto ayam (the Indonesian version of chicken-noodle comfort soup), Balinese fish filet, and the spicy *sambal goring* (shrimp in chili sauce), among others. Short but smart wine list, beer, sake. Easy evening parking. Heated, roofed patio. Large portions. Reserve for weeknights, no reservations accepted for weekends. Tuesday through Sunday, lunch and dinner. Low moderate. — *N.W.*

Bandar Fine Persian Cuisine 825 and 837 Fourth Avenue, Downtown, 619-238-0101. In a comfortable setting, the Persian menu offers just a "pick hits list" of popular dishes culled from this fabled cuisine, but the cooking is first rate, featuring fine ingredients prepared with care, skill, and healthfulness. The "Bandar Special" entrée combo lets you choose any two kebabs (chicken, game hen, or beef), beautifully marinated and cooked to your order. Entrées featuring rice with poultry are elaborate and refined, spiked with tangy barberries, sour cherries, or lentils and dates. The list of Persian desserts now includes Persian ice cream, a rose-scented exotic treat. Open daily for lunch and dinner. Mod-

Beach City Market 3 Horton Plaza, wn, 619-232-2491. Is this the nearest thing to an actual café downtown? Where you can sit outside and slurp coffee or have a full meal and watch the world pass by? It tries hard to be, even though it's fast deli food. Your sandwich comes in butcher paper. Soup pots are cardboard. You can buy wine, but you can't drink it here. Why Other Horton Plaza tenants won't allow it. Still, soup and sandwich deals give good, generous portions, like minestrone and the Londonport roast beef sandwich flavored with port, white herbs, and spices, or the Deluxe, roast beef with horseradish. Open 7 a.m. to 10 p.m. daily. Inexpensive. — *E.B.*

Boomerangs Gourmet Burger Joint 4577 Clairemont Drive, Claire mont, 858-483-9500. Aussie food?

619-692-1919 ■ Hillcrest

Closed Mondays

Nope. The Boomerang idea is that 'you'll always come back for more." Although maybe they are thinking Aussie with their extensive create-yourown-burger options, which include fixings like horseradish, artichoke hearts, carrots, cranberries, cheeses, and mushrooms. Their bright idea: chop and tuck these items into your raw burger meat, like a joey into mama roo's pocket. Add imaginative sauces (Thai peanut, chipotle pepper, citrus, others). Result: great-tasting burgers. They're a bit pricey, maybe because they use only "100-percent Angus hor-mone-free beef." But that means they can safely cook your burger rare. Rare! That's enough to boomerang anyone back. Open daily 11 a.m. to 10 p.m. Inexpensive. — *E.B.*

Broadway Pizza 1008 Broadway, Downtown, 619-232-6264. This restaurant, near the downtown Senior Center and City College, offers no-nonsense Italian-American food, And they're not skimpy: from a pizza slice to barbecue beef sandwiches to a Louisiana-style sausage link sub, portions are generous. If you want a hearty dinner, try the whole slab of beef ribs, with veggies, garlic bread, and salad. Unfortunately, the quality has dropped; the formerly fine pizza, for instance, is now marred by oily, low-grade moz-zarella and not-so-great optional delimeat toppings. But the main thing is, while the rest of downtown snores, they're still open, from 10 a.m. to 3 a.m., seven days. And they'll even deliver to nearby neighborhoods. Inexpensive. — N.W.

Le Cake Château 1152 Seventh Avenue, Downtown, 619-325-0977. This feels like a real French pâtisserie. For starters, the display cabinet has beautiful golden flaky croissants, plus pastries too arty to eat. They do breakfast, but at lunchtime the place is abuzz. You gotta try their version of the croque monsieur (grilled ham-cheese sandwich covered with a mornay sauce), or crepes with, say, blueberries and sweet cream cheese. The grilled chicken Caesar wrap is good, but it's their originality with simple items that'll turn you on. Like the onion roll loaded with marinated mushrooms, roasted pep-

1409 C Street

Happy Hour 5-7 pm

619-702-6010

pers, caramelized onions, goat cheese and caper mayonnaise. Or a dessert carrot cake with "pineapple raisins." Don't ask. You have to try it. Open daily except Sunday for breakfast and lunch. Inexpensive. — E.B.

California Pizza Kitchen — Mission Valley, 7007 Friars Road #901, Mission Valley, 619-298-4078. Two Beverly Hills lawyers started this chain in 1985 to exploit "the premium pizza segment." Some 150 restaurants later, guess it worked. The place is all shiny chrome, glass, etched palm trees, golden wood and black furniture, and two pizza ovens with real logs burning inside. The Original BBQ chicken pizza, the chain's first hit, is still their top seller. It has barbecue sauce, oked Gouda and mozzarella cheeses, BBQ chicken, red onions, and cilantro. The BBQ chicken chopped salad is good too, as is the jambalava. If you've got a sweet tooth, but are embarrassed to order "Hawaiian" pizza, try the pear and Gorgonzola. It has caramelized pears, caramelized onions, Gorgonzola and other cheeses, and hazelnuts. At night, the Nobel Drive branch features view of the shining Mormon cathedral. Inexpensive to moderate. — E.B.

China Too 916 Fifth Avenue, Down-

town, 619-239-4283. Don't blink or you'll miss this Gaslamp bargain. The menu claims "New York-Style Fine Chinese Cuisine." Would you settle for decent Brooklyn- or Bronx-style eatin/take-out? Here you're getting cheap but-good Chinese fare for the price of a cup of soup nearby. Lunch specials (with soup, two egg rolls, rice) include green pepper steak with onions, kung pao hot chicken, beef broccoli, shrimp with veggies — all made with no MSG and minimal cornstarch. The owner's last place was in New York, where customers ranged from Kofi Annan to Robin Leach. Chef Chen even has some of his old dishes here, on a page of multiregional "chef specialties" (#90 to #107 on the menu). But what really makes this a "New York-ish" spot will bring joy to hungry mouths all over the restaurant-starved stretch east and south of Balboa Park: free delivery from I-8 to Harbor Drive, from Pacific Highway to 805 or even farther. Open 11

a.m. to 11 p.m.; closed Saturday. Inex-

El Comal 3946 Illinois Street, North Park, 619-239-7101. No border compromises here, just great home cooking from the mainland (Michoacan, Guerrero, Jalisco, Puebla, Oaxaca, and the Yucatan) in a pair of restaurants founded by by Luz Herrera Ibarra, a biology teacher from Acapulco. Stuffed tortilla dishes are back in their proper place as appetizers or lunches (don't expect numbered "combo plates"). A botana sampler plate that "serves two" (actually stuffs four) is a fun way to try a bunch of them, including outstanding pork-filled *sopes* that taste like somebody's loving *mamacita* made them. Also try a mulita, a soft, substantial, house-made tortilla folded over your choice of meat with melted cheese and guacamole, perfect for lunch. For entrées, look to the casseroles, with such exciting choices as Lengua en Salsa Verde (tongue in tomatillo sauce), Barbacoa de Chivo (tender goat in a lively red "barbecue" sauce), and an excellent Mole Poblano (tender chicken breast in sweet-spicy chocolate-based mole sauce). Fish are also well treated. Grilled meat choices, which include a full parrillada assort-ment ("serves two," feeds six), are cut thin and cooked well done. Full bar at North Park location; Mexican and U.S. beers at both. Three meals, seven days (shorter hours in Chula Vista). Inexpensive. — N.W.

Extraordinary Desserts — Lit**tle Italy** 1430 Union Street, Little Italy, 619-294-7001. Patrons looking for a quiet dessert still cling to the original charming cottage near Balboa Park. Those wanting more of a meal head for the newer Little Italy location, a vast, noisy space with industrial-chic decor and a menu of eclectic small plates - mezze spreads, bruschettas, sandwiches, and cheese plates. Flavors tend to be intense; some creations (such as a bacon-cured salmon sandwich and pantelleria, a celery-date spread) are wonderful, others are exhausting even in small portions. Both locations offer pastry cases full of desserts that live up to "extraordinary," to eat on-site or to take home. Chef-

Studio Diner was featured on Food Network's "Diners, Drive-ins & Dives"

Come experience "East Coast meets West Coast." Find out why Guy Fieri chose our diner to recommend to all his fans.

Along with all our comfort food, we also have:

- Lobster rolls
- Ipswich clams
- Delicious milkshakes

24 hours, 7 days a week

1/2 off beer and wine



Studio Diner

4701 Ruffin Road, Kearny Mesa 858-715-6400

www.studiodiner.com





rotating seasonal menus.

Executive Chef Comer D. Smith



Happy Hour Specials

Spicy Scallop Roll \$2.99

Grand Opening Specials (Miramar location only)

50% off dinner buffet

\$795 lunch buffet Monday-Friday

With coupon. Expires 2/7/08.

\$1095 Indian dinner buffet

Reg. \$13.95 · Hillcrest Sun.-Wed., Tues. Vegetarian Miramar 7 nights a week.

Choose from over 30 items: vegetarian, chicken, lamb, seafood and Indian fusion. With coupon. Expires 2/7/08.

Free dinner

Buy 1 entrée and two beverages and receive 1 entrée of equal or lesser value free. Excludes buffets and specials. Max discount \$12. With coupon. Expires 2/7/08.

Champagne Brunch

Saturday & Sunday 11 am-3 pm



Take-out · Catering · Banquet · Free parking (call for details) For delivery call: 858-792-1000 · www.indiaprincess.com

All-You-Can-Eat Sushi Bar \$22.95 per person



Lunch Daily 11:30 am-2 pm Dinner Daily 5-9 pm

Appetizers: Gyoza, Egg Roll, Soft Shell Crab, Miso Soup, Shrimp Tempura, Chicken Teriyaki, Agedashi Tofu, Green Salad, Rice

Nigiri Sushi: Albacore, Amaebi Avocado, Clam, Crab, Eel, Egg, Inari, Hamachi, Ikura, Saba, Smelt Egg, Octopus, Oyster, Salmon, Scallop, Shrimp, Smoked Salmon, Squid, Tuna, Uni, Red Snapper

Cut Rolls: California, Caterpillar, Cucumber, Philly, Rainbow, Crab, Soft Shell Crab, Spicy Tuna, Tempura Shrimp, Vegetable, Yummy, Firecracker, Seafood Dynamite,

Hand Rolls: Eel, Salmon Skin, Scallop, Crab, Spicy Tuna, Shrimp,



8657 Villa La Jolla Dr., Suite 125 La Jolla • (858) 550-0861 (near AMC 12 Theatres) www.ginzasushi-shanghairestaurant.com



owner Karen Krasne incorporates flavors inspired by the global reach of her travels, from the cooking schools of Paris to the rice fields of Bali. The white cakes are food for angels. Wines (including champagnes), beers, fruit elixirs. Vegetarian-friendly menu. Both locations open seven days, three meals. Uptown location desserts only, all day. Moderate. — *N.W.*

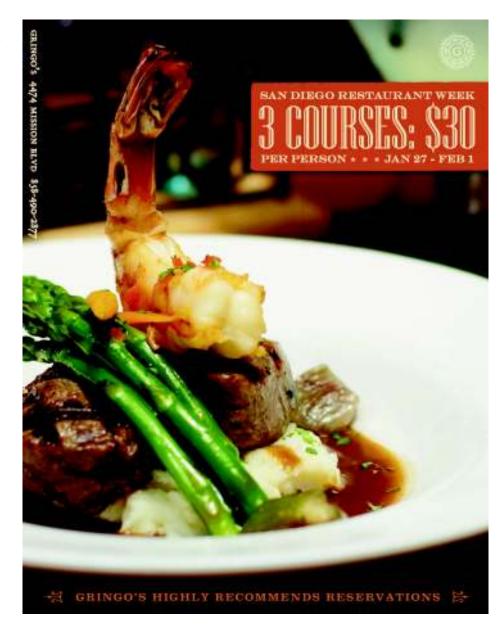
Grevstone 658 Fifth Avenue, Down town, 619-232-0225. The Italian steakhouse fare here centers on dry-aged prime beef, game meats (including exceptionally tender bison), lobster, and pastas as the main draws, with indifferent starters and desserts. An impressive wine list offers rewarding California and Italian bottlings at \$35 to \$50 but roars up to the stratosphere of first-growth Bordeaux, super Tuscans, and scandalously overpriced Napa reds. Bossy, sometimes-abrasive waiters push higher-priced choices. Patrons are mainly "suits" with deep expense-ac-count pockets, loudly talking business or enjoying raucous office parties in a testosterone-high atmosphere. Wheelchair access to the street patio and bar area only (dining rooms are up or downstairs). Reservations urged but may not be honored promptly. Dinner nightly. Extremely expensive. - N.W.

Harney Sushi 3964 Harney Street, Old Town, 619-295-3272. This friendly little spot on a side street serves as a secret haven of pretty-good sushi just a few steps from Old Town's nonstop tacos and margaritas. You can also get sashimi, Japanese appetizers, and a few mixed-ethnicity entrées (noodles, pasta, teriyaki, tempura) made with seafood or chicken breast. Beef is served, but numerous dishes are vegetarian. Good sake list. Sound system runs loud inside; patio dining available in warm weather. Reservations for sushi bar accepted but not necessarily honored. Open weekdays for lunch, dinner nightly until midnight, with a DJ Tuesday through Saturday. Sushi prices lower than most, entrées inexpensive to moderate. — N.W.

Hong Kong Restaurant 3871 Fourth Avenue, Hillcrest, 619-291-9449. Where to get a good Chinese meal after midnight? This restaurant (next to Column One's statues and fountain shop) serves meals till 2:30 a.m. Inside is typical Asian decor, including black-and-white Chinese brush paintings and carved cherry wood chairs. Their huge menu offers traditional Szechwan and Mandarin fare. The fried, pork-filled wontons on raw cabbage are delish, especially splotted with fiery Chinese mustard. The Singapore-syle rice noodles (not often featured in Chinese restaurants) are tanged with curry, and excellent, as is the kung pao chicken. Also look at egg drop soup, pork chow mein, shrimp with lobster sauce, and scallion ginge chicken. Service is super quick. Lunch and dinner, seven days. Inexpensive.

Joe's New York-Style Deli 3401 First Avenue, Hillcrest, 619-295-7666. You enter a time machine: a cavernous concrete-floored deli that dates back to 1902, with a high ceiling, acorn-shaped hanging lights, and a big old-fashioned cooler-counter packed with cheeses, hams, and sausage meat. Old display cases carry olives, pâté, Ryvitas. A sawed-off wooden barrel bulges with Hungarian wines, Go for wraps, jumbo hot dogs with sauerkraut, or East Coast-generous sandwiches like corned beef, dry Genoa salami, cotto salami, bologna, or liverwurst. That Boars Head liverwurst is da bomb. Caesar salad with chicken or a cup of tortellini soup are good light alternatives. Open breakfast through early dinner daily. - E.B.

Lefty's Chicago Pizzeria 3448 30th Street, North Park, 619-295-1720. An eight-pound pizza? That's what Lefty claims his "king of all pizzas" weighs at his often-crowded little corner pizzeria. Truth is, you can't help but be drawn, especially at night, to the little ribbon of lights framing the side-walk canopy with its tables and benches. Lefty is determined to bring "the real Chicago" to San Diego. So of course we're talking deep-dish pizzas, as well as some thin and crispy. But the ultimate is his "stuffed" pizza, a 14inch, eight-pound monster that needs one hour's "make and bake" time. They also do Chicago hot dogs, char burgers, beautiful spicy fries, juicy Italian beef au jus sandwiches, and a decent "Lefty's



Take Your Valentine to Spain!

TAPAS BAR Live Flamenco Guitar & 5-Course Dinner Menu Seatings at 6, 8 & 10 pm

MAIN DINING ROOM

Live Flamenco Dance Performance & 5-Course Dinner Menu Seatings at 5:30, 7:30 & 9:30 pm

\$79*pp

CLUB SEVILLA

Live Flamenco **Dance Performance** & 5-Course Dinner Menu Seatings at 6 & 8:30 pm ^{\$}79*

All dinners feature our Heart-Shaped Cupidan Cake for Two.



*Plus tax, tip & beverages.

Tapas Bar Restaurant Late-Night Dining

555 Fourth Avenue • Gaslamp 619-233-5979 • cafesevilla.com

SAN DIEGO • RIVERSIDE • LONG BEACH

carbonara" (spaghetti, eggs, bacon, Parmesan, and cream). Open lunch and dinner six days, closed Mondays. — E.B.

Lotus Thai — Downtown 906 Market Street, Downtown, 619-595-0115. This restaurant has taken a giant step up from standard Thai eateries. Most of the menu consists of the usual dishes, but each branch also offers a selection of chef's specialties. Some of these are more authentic; others are more creative than the norm. The chefs are from northern Thailand, and something in their cooking hints of their region — a certain zestiness, a love of strong citruses and fresh herbs that speaks of the Ping River and the hills of Chiang Mai. Well-chosen, affordable wine list, Asian and American beers, and cocktails based on soju (Asian lower-proof rice liquor), including a yummy rambutan cosmo. Noisy when crowded. Lunch weekdays, dinner nightly. Low moderate. - N.W.

Monsoon Exotic Cuisine of India 729 4th Avenue, Downtown, 619 234-5555. The younger sister to Hillcrest's Bombay Exotic Cuisine sometimes shares the same chefs and serves much the same standard repertory of "Northern Indian cuisine made easy," with a few tropical additions vaguely inspired by Southern flavors. Curries are indistinct from each other and run to the mild side, no matter what you specify. Breads are good; tandooris disappointingly soft-surfaced. A room-dividing fountain recreates the roar of the namesake tropical down-pour. Add a lively dinner crowd and it's a (Gunga) din. Solid wine list, some Indian beers, full bar specializing in sweet cocktails, Open daily. Inexpensive buffet lunches; moderate à la carte dinners until 11 p.m. — N.W.

Mr. Tiki's Mai Tai Lounge 801 Fifth Avenue, Downtown, 619-233-1183. If you loved Trader Vic's (or can

110 San Diego Reader January 24, 2008

remember it, anyway), you may be amused at the revival of the genre here. Check out the "grass skirt" decor with huge tiki gods and the vaguely "islander" cuisine featuring, in addition, Asian fusion items, elementary sushi, and the occasional sprint into fusion-cuisine seafood. But, as you might guess, the greatest creativity in the house goes into the silly umbrella cocktails, and those are mainly delish. Age 21 and over after 9 p.m. (even with parents). Dinner nightly. Cocktails until 11 p.m., weekends until 1 a.m. Moderate. - N.W.

Old World Restaurant 3930 30th Street, North Park, 619-238-0568. This Street, North Park, 619-238-0568. Inis is a delight for anyone who loves north-ern European food. Their "Great Grilled Grueben" — homemade corned beef on rye with Swiss cheese, sauerkraut, Thousand Island dressing, and mustard is, as they say, gemütlich. Also, try the sausage platter: grilled bratwurst, kielbasa, sauerkraut, potato salad, spicy mustard, and rye bread. Open for breakfast and lunch six days, closed Sunday. Inexpensive. — E.B.

Osetra 904 Fifth Avenue, Downtown, 619-239-1800. Possibly the most expensive restaurant in San Diego. Osetra is named for a precious, near-en-dangered caviar (which it serves) and attracts patrons who enjoy throwing their money around. The atmosphere is pure Las Vegas, with two floors of loud ambient music, glitzy decor, and a "wine angel" in black tights hoisting herself around a gleaming glass tower to fetch your precious bottle. Celebrities and big spenders get attentive service, others take their chances. The menu is mostly seafood, but it, too, carries the Vegas imprimatur of vulgar bad taste. Too many bold flavors are at war on almost every plate, and even the simplest dishes are overwrought frenzies of fusion. Best bets for satisfying your palate and curiosity: raw oysters the cold seafood platter, caviar (if your wallet and conscience can afford it). Disabled access to first-floor dining room only. Full bar. Dinner nightly to at least 10 p.m. Reserve well ahead. Exorbitant. — *N.W.*

P. F. Chang's China Bistro -Mission Valley 7077 Friars Road,

Mission Valley, 619-260-8484. Okay, you're looking at the haunches of a giant horse right outside your corner window, and there don't seem to be any actual Chinese people among the wait staff. But this busy mall-Chinese chain (130-plus restaurants) has a certain cool. Those reproduction Chin Dynasty horses are really something, as are the bits of the Great Wall and the terra-cotta soldiers scattered inside. The food? The spicy ground chicken and eggplant was too salty for our taste. the "Sichuan from the Sea" shrimp too sweet, and the Cantonese roasted duck sweet, and the Cantonese roasted duck not that exciting. Yet there are jewels, if one searches for them. And — not that it's at all Chinese — the massive "Great Wall of Chocolate" dessert will knock you over. Lunch and dinner. Moderate. — E.B.

The Palm 615 J Street, Downtown, 619-702-6500. This upmarket chain steakhouse, open since 1926, claims to be the oldest family-operated whitetablecloth restaurant in the country, and it's spread all over the country as well. The Gaslamp branch, its 30th, is just like all the other branches, even down to decor details, which is the whole point — business travelers with contacts to impress can rely on it wher-ever they go. The fare features tender, dry-aged and wet-aged USDA Prime beef from the chain's own wholesale butcher and, for the really high-rollers, monster-sized Nova Scotia lobsters. Other good dishes are shrimp Bruno (with a Dijon sauce), baked crab cakes with no filler, and the Slater Special, which combines the last two in an appetizer. Don't eat meat, but do eat garlic? Try clams and shrimp *posillippo* and scare off the vampires. All dishes à la carte. Portions are generally gigantic on up. Key lime pie (a normal-sized wedge) makes a good, tart dessert, and clean macchinettas make outstanding espresso. Excellent wine list, plenty by the glass; full bar. Valet parking. Dinner nightly. Very expensive.— N.W.

Panda Inn 506 Horton Plaza, Downtown, 619-233-7800. Behind all the Panda Express fast-food stops is the smaller, more serious Panda Inn chain which originated many of the now-familiar dishes of semi-Americanized "Mandarin" cuisine (they claim to have invented orange chicken, and their version is vastly better than those at the 99-cent joints). Tofu with eggplant and "Mongolian Hotpot," a meatball casserole with Chinese cabbage, are among the more authentic choices. Preparations here are generally clean and greaseless with well-balanced flavors; spicy dishes are moderately hot unless you request otherwise. It's not the spot for high adventure, but it does offer dishes for all tastes. Moderate-priced banquet menus make this a good choice for family gatherings. Full bar. Validated parking in Horton Plaza garage; heated patio seating in dry weather. Lunch and dinner daily. Lunches inexpensive, dinner moderate. — N.W.

The Prado 1549 El Prado, Balboa Park, 619-557-9441. In a magical space at the heart of Balboa Park, Prado features cute neo-Nouveau decor and a something-for-everyone menu of American-Mexican-Italian-with-Asian-touches cuisine. The food brings few surprises, but is flavorful and served in huge portions. Top choices include meaty crab cakes and an as-tonishingly tender, slow-roasted pork loin. A meringue-based banana tres leches cake is everyone's favorite dessert. The bar makes a nice stop during a museum crawl and offers ethereal fried oysters and a range of gussiedup margaritas. Keep an eye out for special prix fixe dinners that include tickets to museum exhibitions. Dinner reservations vital. Vast interior can be noisy, but heated, umbrella-topped terrace tables are quiet and scenic. Moderate to a little expensive, with reasonable wine list. - N.W.

Rannoush 3890 Fifth Avenue, Hillcrest, 619-235-1360. The full menu of Lebanese-Jordanian cuisine runs from mezze (tapas) to house-made sausages and kebabs to desserts — and includes fabulous falafel that's actually good enough to eat (especially the stuffed version). At this petite, pretty place with Scheherazade decor, all the cooking is from scratch - no nasty instant falafel mix or any other shortcuts, and you can really taste the difference. Other great dishes include vegetarian

kebbeh, soujok sausages, and shrimp kebabs. Desserts include standard Middle-Eastern items such as *baklava*. Wines and beers include food-friendly imports from Lebanon. Lunch 11 a.m. to 6 p.m., dinner 6 p.m. to 11 p.m. —

Red Sea Restaurant 4717 University Avenue, City Heights, 619-285-9722. You'll find richly seasoned (and potentially very spicy) Ethiopian cui-sine, served communally on a tray lined with a porous pancake, iniera, which looks like an edible dish towel and serves as both an edible spoon and an edible tablecloth. (Use pieces of it to scoop up morsels in your right hand.) The meat combination platter here isn't nearly as exciting as several of the specialties. The kitfo (spicy beef tartare) is very good, the *gored-gored* (meat cubes in spicy butter) is excellent; both are cooked (or not cooked) to your order and seasoned to your specifications (if you say "hot," expect fire). Vegetables are fine, too; the yellow split peas, especially, sing with flavor. Restrooms not wheelchair accessible. Vegetarian friendly. Can be noisy on weekend evenings. Open daily. Very inexpensive. — *N.W.*

Saffron Noodles and Sate 3737 India Street, Mission Hills, 619-574-7737. It's the smell of the spicy chicken grilling that will get you every time. Whatever the recipe is — and Su-Mei Yu, the owner and celebrated cookbook author, says it's from the Isaan, Thailand's ethnic Lao Northeast — it catches your nose. We're talking "boxing-arena grilled chicken," after the place where she smelled its spicy cooking aromas while growing up in Bangkok, You have a choice of five sauces to go with the chicken, from peanut to sweet pepper. Also try the noodle soups, like Tom Yam with shrimp: sinus-clearing, delicious, and surprisingly filling. The food here is real, fresh, genuine Thai cuisine with Chinese echoes — like Su-Mei Yu herself. Middle-class San Diego seems to have adopted her eatery, despite the fact you're in a pretty stark gray-and-white room with views of I-5. Open for lunch and dinner daily. Inexpensive.

Samba Grill 510 Fourth Avenue, Downtown, 619-236-1000. This huge restaurant serves Brazilian food and Brazilian spirit. The format is a *rodizio* — waiters circulate through the room with tall swords, impaling an everchanging assortment of grilled meats (highly salted and cooked well done, but zesty nonetheless). On the side is a vast buffet of additional Brazilian entrées, vegetables, and salads. The staff are charmers, but make sure to ask for appetizer and dessert menus and the 100-bottle wine list if the server forgets to offer. Full bar includes authentic, irresistible Brazilian Caipirinha lime cocktails, made by a roving "Caipir-inha Girl." Live band on weekends. Lunch and dinner daily, until 11 p.m. weekends. \$35 buys a more-than-full meal. Half price for kiddies; reduced price for buffet food only; extra cost for a special "gaucho feast" that includes additional meats, plus wild game choices upon request. - N.W.

Sammy's Woodfired Pizza — Mission Valley 1620 Camino de la Reina, Mission Valley, 619-298-8222. It's not Italian or New York pizza, it's...San Diego pizza! The crusts are Californian: thick and slightly sweet. The toppings range from ordinary to exotic. The menu includes many salads and a handful of American-Italian entrées. Continuous service, same menu lunch and dinner. Open daily. Inexpensive. — *N.W.*

Seau's 1640 Camino del Rio North, Mission Valley, 619-291-7328. Footballer Junior Seau's extravagant multi-venue sports pub is major-league fun — a real-life reincarnation of some 1960's McLuhanite media art show, with 70 video screens (ranging from large-normal to giant HDTV) running sportscasts and a professional DJ on high, periodically spinning cool sounds over muted talking heads. The menu offers mainstream "something for everyone" choices, including pizza, hefty but so-so burgers, some elementary sushi, all-American entrées, and Seau's family recipe of Samoan teriyaki "plate lunch." Above all, there's pub grub. The chicken wings are pretty good, and you can get all three sauces (Buffalo, BBQ, and Asian) on one order. Perfect







1731 University Avenue | 619-269-8038



Tuesdays at 5 pm Tuesdays 9 pm-midnight Open Mic 1/2 off wine bottles Night Free Prime Rib Dinner Madrid Celebrate Your Birthday Wednesday, January 30 If you were born in January, show your ID and enjoy a 619-557-0146 • 751 Fifth Avenue

free Prime Rib Dinner! Begins at 5 pm. Reservations,

purchase and photo ID required. Not valid with any

other offers or Happy Hour.

3768 Mission Boulevard • Mission Beach

Downtown San Diego Free Parking Sundays hangout for mismatched couples with one sports fan and one fashionista (the latter can head for Nordstrom and Saks discount outlets nearby). On game days, patrons are allowed just one game in the dining room (\$15 minimum), but you can linger from wake-up to closing on the patio or in the bar. Open daily. Inexpensive to moderate. — N.W.

Sluggers by the Ball Park 1219 Market Street, Downtown, 619-546-5973. Not your typical hot dog stand. Sluggers café is all glass, steel, cinder block, and new. This eatery catches much of the Padres business, selling Vienna-brand beef hot dogs and Polish sausages. "Served Chicago-style" — meaning, the dog's topped with tomato wedges, mustard, pickle, relish, onions, and peppers, all, they say, on a steamed poppy-seed bun from Chicago. Other goodies from the Windy City include the Comiskey Park Pole (a charbroiled Polish sausage dog) and the Italian Stallion (charbroiled Italian sausage in bun). Place is still a little cinder blocky but a good rendezvous for a brewski and a dog after work. Lunch and dinner daily. Inexpensive. — E.B.

Super Cocina 3627 University Avenue, City Heights, 619-584-6244. If you're looking for authentic, rustic Mexican home cooking, this simple, bright cafeteria is the place. There's no chef; instead, local Mexican housewives from many regions prepare their specialties for the restaurant. They're mainly fascinating, complex meat or poultry stews, made without border compromises — if a dish should be spicy, it is spicy. The array of about a dozen entrées changes daily from a rotating repertory of about 100. The counter people will give you tastes of any entrée before you choose the two you want, which come in generous dollops with rice, lively ranchero beans, and tortillas. For breakfast, the chiaquiles are renowned. Free parking, family atmosphere, no alcohol, cash

only. Open daily, 8 a.m. to 8:30 p.m. Very inexpensive. — *N.W.* **Taka** 555 Fifth Avenue, Downtown,

Taka 555 Fifth Avenue, Downtown, 619-338-0555. The seafood at this always-packed sushi bar and Japanese appetizer restaurant is top quality. *Ama ebi* (sweet shrimp) from the live tank go down soft and silky smooth, unlike their frozen brethren. And the chefs are highly skilled: the well-seasoned rice is freshly made all evening, and for once the spicy scallop hand roll has scallops, mayo, cuke, and hot pepper running all the way through, not just plopped on top. Savory appetizers supplement the sushi, including miso-baked black cod and mushroom-topped *agedashi* (lightly fried) tofu. The one problem: the later you arrive, the louder it gets. Make reservations, and if you value your ears, go at an early hour. Dinner nightly. Most dishes inexpensive, but many little bites can eat a hole in your wallet. — *N.W.*

Tamale Cart 1852 National Avenue, Logan Heights, 619-338-9140. If you've ever wondered what it would be like to eat as the Aztecs ate, come here and try some of the tamales — classic Aztec food — in all their flavors. Tamales are sort of steamed cornmeal dumplings wrapped in corn husks, served with sauce. The choice of goodies stuffed in the middle can include strips of pork, beef, chicken, or cheese, as well as pineapple, strawberries, or coconut. While you're at it, try the traditional accompaniment, the champurrado drink: milk mixed with masa — ground corn meal — chocolate, and cinnamon. In this mainly Spanish-speaking market you can sit, watch, and pick up a few bargains too. Tamales make a great breakfast. Three should do you. These are made by the Restaurant Chiapaneco up at 25th and Market. Open breakfast through late lunch, seven days. Inexpensive. — E.B.

Uncle Joe's Pizzeria 4591 El Cajon Boulevard, SDSU, 619-584-2535. The owner's a retired Navy medic, one of the first women to serve in the Middle

East combat zone. She's named sandwiches for career stops, like "The Recruit Training Center, Orlando, Florida" (chicken breast, bacon, avocado, provolone cheese, spinach, tomato, and onion) or "North Island Dental Clinic" (turkey, ham, bacon). But try a main dish like eggplant Parmesan or chicken with sautéed mushrooms. Or a massive chunk of lasagna, plus bread and salad. Coffee? You get a huge French-style press-the-coffee-down affair. Your big decision: eat out on the flower-strewn boulevard patio or inside among black leather easy-chairs and a giant screen? Open for lunch and dinner daily until 10 p.m. (until midnight Friday and Saturday). Inexpensive. — E.B.

Woodstock's Pizza 6145 El Cajon Boulevard, College Area, 619-265-0999. It's a college pizza joint, but the fare rates well above standard beer ballast. For that matter, the beers — Karl Strauss and Wyder's Ciders (along with the usual Coors Light and Bud) — aren't exactly chug-suds. Crusts — white or sweetly robust whole wheat — are pressed, tossed, and then folded over at the edge, producing a spongy, crunch-crusted rim. The mozzarella is rich, gooey whole-milk; the marinara sauce is dark and spicy; and the toppings are fresh, hearty standouts. Watching your weight? Two low-fat combos (half the cheese) are available. Inexpensive. — A.M.

Zocalo Grill 2444 San Diego Avenue, Old Town, 619-298-9840. This casual, festive spin-off of the Brigantine chain features "Pacific coastal cuisine," an eclectic international hodgepodge with a faint Mexican accent and "something for everyone." And some of those somethings are delicious — a stacked salad of shrimp and avocados, or coconut-shrimp kebabs emerging from a pineapple, or a huge, beautifully grilled lobster with avocado salsa. Appetizers are discounted at happy hour, and you







ETHIOPIAN BUFFET ALL-YOU-CAN-EAT

Fridays 6-10 pm \$12 per person

Organic Ethiopian
Beer & Wine.

Sampler Special served daily

HARAR ETHIOPIAN RESTAURANT 2432 El Cajon Blvd. (Between Texas & Arizona Sts.) 619-295-3735 Mon-Sat 11 am-11 pm • Visa • MC



Fresh Thai Kitchen

 mission gorge
 pacific beach

 10450 friars rd. @ mission gorge rd.
 4508 cass st. @ garnet ave.

 619-521-4810 • 11 am-9:30 pm
 858-581-1954 • 11 am-10 pm

858-581-1954 • 11 am-10 pm



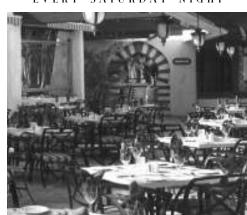
PRIME RIB BUFFET NIGHT

prime rib carved to your order, salad bar, slowbaked potatoes,

and garden-fresh vegetables.

Tender roast

5:30-9:30РМ



\$23.95 ADULTS \$11.95 CHILDREN

RESERVATIONS 858.539.7635



AT THE BAHIA RESORT HOTEL • 998 WEST MISSION BAY DRIVE

can make a whole dinner out of substantial "tapas" sized for sharing. The heated, semi-roofed outdoor terrace encourages al fresco dining year-round. Full bar with creative margaritas, eight draft beers, and California wines including Brigantine's own custom blends at good prices. Wheelchair lift in back, ramp at south side of terrace. Reservations strongly advised for weekends. Open daily, lunch Monday through Saturday, dinner daily. Moderate. - N.W.

NORTH INLAND

94th Aero Squadron 8885 Balboa Avenue, Kearny Mesa, 858-560-6771. One of San Diego's hidden jewels: there's classic American fare (stuffed pork tenderloin, farmhouse chicken) in the "Officers' mess." Happy hour is weekdays from 3:30 p.m. to 6:30 p.m. Fridays, the outside "Runway" grill features chicken kebabs. The biggest attraction is the place itself. Built to mimic a WWI French farmhouse taken over by a bunch of Yankee flying aces, it has a garden full of antique planes and live ducks — and right outside, the real Montgomery airfield. Inexpensive

Abbey's Real Texas BBQ — Mira Mesa 6904 Miramar Road, Mira Mesa, 858-566-5235. Texas barbecue consists of meat, chicken, turkey, and links that are repeatedly mopped with a marinade and cooked in a big castiron smoker (rather than grilled over a fire). Here they use mesquite to barbecue the poultry quickly and the brisket slowly. In addition to the usual BBQ sides (potato salad, coleslaw, beans, etc.), they offer a Caesar salad. At the Miramar branch the room is large and unadorned but very clean. Wheelchair accessible. Same menu lunch and dinner. Open daily; contin-uous service for lunch and early dinner weekdays; normal dinner hours weekends. Inexpensive to low moderate. -

January 24, 2008

Bamboo Hut 9172 Mira Mesa Boulevard, Mira Mesa, 858-348-0414. You'll find a taste of Hawaii in a strip mall in a neighborhood that's all-mall. The bright little "hut" has bamboo chairs, a bamboo ceiling, bare floors, and unclothed tables, with a sushi counter next to a tiny kitchen with a roaring gas grill. A large lattice awning offers outdoor seating a few steps from the door. The quality of the food is all over the map, though — this is not the place to try your first Spam sushi. The seafood sushi is good, though, including a fine Rainbow Roll with really sweet crab; the more creative rolls run to cream cheese and hot sauce. "Local food" choices include a tasty ahi *poké* and excellent chicken katsu; the kalbi short ribs are tough, though. Plate lunches include one to three entrees (priced accordingly) with steamed or mildly garlic-flavored rice, macaroni salad, and green salad with bright orange dressing à la Kraft French. Be sure they deliver what you ordered; there may be slipups. Open seven days, lunch and dinner. Very inexpensive. — N.W.

Bistro 221 221 East Grand Avenue, Escondido, 760-737-7398. This genteel bistro — with comfortable chairs and linen-covered tables inside and a shaded patio on the sidewalk — is especially tasty at lunch, with its sophisticated quesadillas and a classic burger and fries cooked your way. At dinner simple starters shine, including a Florida version of gumbo and Maryland crab cakes with minimal filler. The dinner entrées are also the best.

Dumpling Inn 4619 Convoy Street #F, Kearny Mesa, 858-268-9638. Holein-the-wall? Yes. But what a hole-in-the-wall. For those who love the Far East and its food, finding the Dumpling Inn is a little revelation. It's located in the busy Jasmine/Korean Market Center among Oriental herbalists, mansize-vase shops, even feng shui experts. The Inn itself is tiny but charming. Long hanging lanterns, decorative strings of scarlet and gold firecrackers, Chinese flutes, and even the odd conical straw hat. The food is serious but not expensive. Dishes like ten fish and green chive dumplings, spicy stir-fried three-ingredient lo mein (thick noodles, jumbo shrimp, calamari, and chicken plus hot red peppers) are challenging and exciting, as is the Dumpling Dinner (including hot-andsour soup, cold cuts, shredded pork bun, pot-stickers, shrimp and pork dumplings). Don't miss their divine jellyfish salad — crunchy-tender, bright and spicy (but not too) - you'd be hard-pressed to find its like outside of Hong Kong. Open 11 a.m. to 8:30 p.m., closed Monday. Inexpensive. — E.B.

El Bizcocho 17550 Bernardo Oaks Drive, Rancho Bernardo, 858-675-8500. The deluxe restaurant in this rural golf-and-tennis hideaway features upscale, creative French-California cuisine, incorporating old-is-new techniques and imaginative combinations of seasonal ingredients. The weighty wine tome starts out expensive and goes up from there, with relative bargains at the high end and some halfbottles; by-the-glass choices are just adequate. To find it: Take Bernardo Oaks Drive (a long block west of Pomerado) north to the end of the road to the RBI parking lot (with validated parking for restaurantgoers). If disabled, specify when you reserve, and they'll set up your table in an accessible area. Otherwise there's a maze of short staircases to negotiate en route to the restaurant. Tie-and-jacket requirement now relaxed, but still very dressy. Great service, luxury resort ambiance. Dinner nightly, Sunday brunch. Very expensive. — N.W.

El Galeón 503 West Mission, Escondido, 760-746-5951. Mexican seafood, along with the usual dishes, is featured in a bright coffee-shop atmosphere with comfortable booths, big windows, a lunch counter, and a salad bar. Shrimp and langostino ("squat lob-ster," in fishermen's terms) are the house specialties and are well treated. Also consider an intense little marlin taco (squeeze some lime onto this rich, strong fish), or the savory albondigas soup (lime it up, too). Open daily, breakfast through dinner. Inexpensive (standard dishes) to moderate (seafood). — N.W.

Fish House Vera Cruz 360 Via Vera Cruz, San Marcos, 760-744-7346. Additional locations in Carlsbad and Temecula. This affordable seafood eatery packs in diners like sardines. Fresh fish and lots of it is the happenin' thing. On a recent day, 23 different fresh fish selections were available as daily specials, on top of the regular menu of crab, lobster, oysters, shrimp, catfish, etc. All fish are grilled plain, with nothing added but a dab of tartar sauce. The seafood is so fresh you don't

really mind. Each entree includes a choice of side dishes, two for lunch and three for dinner. The Manhattan chowder is especially tasty, as is their "krab" salad. This is an ideal place for families, but don't even think of it for a romantic meal out. Dinner daily, lunch daily except Sunday (dinner all day Sunday). Moderate. — S.M.

Hill Street Coffee House 524 South Coast Highway 101, Oceanside, 760-966-0985. Organic in Oceanside? Really! Look for the sign: "Organic Restaurant and Espresso Bar" in front of a restored vellow-and-white Victorian house from O'side's past. Most of their meats, poultry, fish, and veggies are organic, and the menu is full of healthy dishes: tofu/spinach breakfast scramble, frittata espinaca ("Greek eggs"), and pain perdu (for us peasants that's French toast) with fresh fruit and syrups. Some vegan items. After 11 a.m., try their Cajun chicken. Open daily, breakfast to dinner. Inexpensive.

The Philadelphia Sandwich 3904 Convoy Street, Kearny Mesa, 858-571-0888. This classic luncheonette is a monument to Philly culture, including sports pennants, historic photos, and colorful mummers' costumes. The menu is equally devoted to the city's cuisine, especially its two great cult sandwiches: the hoagie and the cheese steak. The mixed-meat hoagie is way more than a hero — its flavor array is similar to (and just as intense as) a New Orleans muffulletta. As for the cheese steak, it starts with steak strips, onions, and your choice of cheese, and expands from there. Philly natives may like the simple version with Cheez Whiz, but the luscious "Everything" with provolone is more likely to seduce the innocent. "Philly fries" (with garlic) are the right go-with. The menu also offers Pennsylvania-packaged foods ("Philadelphia Scrapple" to go, Tastykakes, Wise potato chips) to nostalgic émigrés. Lunch to early dinner nightly. Inexpensive. - N.W.

Phuong Trang Vietnamese Seafood Restaurant 4170 Convoy Street, Kearny Mesa, 858-565-6750. Tired of putting up with the crowds at the popular Convoy Street restaurant? Go east, where you'll find the same menu without the hassles. The fare centers on Vietnamese "people's food" emphasizing numerous genres of noo-dle soups, but there are a handful of more elegant house specialties — including the extraordinary "Special Sauce" Dungeness crab from the live tank. (The sauce is tangy tamarind.) Call ahead to order steamed or grilled live-tank catfish. Reservations and credit cards accepted, both branches. Vietnamese beers including "33"; just two generic wines. Also bring a pad and write down the numbers of your orders to give the waiter, as staffers speak little English. Open daily. Inexpensive to moderate (higher for live-tank seafood). — N.W.

The Place: El Parque 2659 Reche Road, Fallbrook, 760-731-2775. Just think Little Red Riding Hood — this is Grandma's place. Okay, it's not a little old, thatched cottage — it's a cream-painted metal shed with a gazebo in front. But it is in the Live Oak woods and you can sink your teeth into some pretty fair Mexican food here, sitting alongside an interesting bunch of agri-cultural workers and maybe some ruby miners. Good combination plates in clude the tostada and beef taco, and burrito and enchilada. The time to be here is Sunday morning, when those aggies pour in here for the menudo, cooked in a three-foot-high pot. Open daily, breakfast through early dinner. In expensive. — E.B.

San Tong Palace 4690 Convoy Street, Kearny Mesa, 858-571-6837. This unassuming strip-mall restaurant is easy to overlook, but once found, impossible to resist. San Tong's hybrid Korean-Chinese menu draws from these regions' tastiest styles. The Rainbow Salad demonstrates this combination deliciously, and San Tong's dumplings are outstanding. The seafood dumplings are especially re-markable. For the adventurous, I recommend the iellyfish salad, a novel treat for westerners. At San Tong Palace, curious appetites are rewarded well. Lunch and dinner daily. Inexpensive. — M.N.

La Tapatia 340 West Grand Avenue, Escondido, 760-747-8282. Take a walk on the mild side at this family-owned favorite, in business since the 1930s. You'll find standard Mexican fare in a comfortable dining room or, in good weather, a lovely, arbor-like stonewalled patio. The most celebrated dish is the "cheese crisp," a large tostada covered one-third in ground beef, onethird in beef chunks, and one-third in beans, with cheese, avocado puree, and

sour cream over all. Many preparations (grilled seafoods, etc.) are healthy, and veggies taste fresh. Seasonings are rather de-tuned, but there's a saltshaker and a lively salsa on the table. Open daily, three meals. Moderate. — N.W.

Wayside Café 507 South Main Avenue, Fallbrook, 760-723-9633. Locals love meeting and eating in this long low-porched building — partly because it all just feels small-town America. The place used to be Mahrs Service Station. You can even sit in the old lube bay to eat. Count on generous servings, especially the mountain piles of red-skinned homefries as a side at breakfast. Open for breakfast and lunch daily. Inexpensive. — E.B.

NORTH COASTAL

Beach Grass Café 159 South Coast Highway 101, Solana Beach, 858-509-0632. Formerly a branch of Parkhouse Eatery, Beach Grass has been bought by a mini-chain (with Swami's Cafe and Honey's), but still serves the original recipes. You could eat breakfast here daily and never get bored with the creative morning menu, which includes foamy, fresh orange juice and "Beach Benedict" with eggs and house-made hollandaise on a soft, lush crab cake. Oddly, though, the "maple" syrup and butter" spread are both mass-market blends. Lunches and dinners feature multi-ethnic "coastal cuisine," with the best results in seafood dishes like "Moroccan crabcakes" and the fish-n-yam chips (with fine house-made tartar sauce). Vegetable accompaniments are tasty and creative Reservations essential for weekend breakfasts. Free parking in back via driveway to right of restaurant. Breakfast through dinner daily. Moderate to slightly expensive.

Besta Wan Pizza House 148 Aberdeen Drive, Cardiff, 760-753-6707. This ever-popular North County restaurant which opened back in 1965 is a family operation all the way. Their thin-crust East Coast-style pizzas are famous locally. Also check for the big-pile spaghetti or lasagna specials if you just want to fill up. Open seven days, lunch and dinner. Inexpensive. — E.B.

Bubby's Gelato 937 South Coast Highway 101, Encinitas, 760-436-3563.







Voted Best Neighborhood Restaurant — Šan Diego Magazine

Zagat Certificate of Distinction 1999 — San Diego Restaurants

Free Entrée with purchase of one entrée of equal or greater value. 1 coupon per table. \$10 max. Expires 2-7-08.

Tuesday/Wednesday/Thursday 50% off bottles of wine all day!

3924 West Point Loma Blvd. (Between Wahoo's & Denny's in Sports Arena area) 619-222-6877



Delicious Southern-Style Cooking Where the Last Taste Is as Good as the First! Sports games available on availab. 3 screens

"★★★ Very Good" - S.D. *Reader* 2005

"Best Ethnic Restaurant 2006" - Daily Californian

Lunch or dinner entrée with purchase of a beverage. Max two coupons per table. Burgers & Po' Boys excluded. Must present ad. Expires 2/7/08.

FIX ME A PLATE CAFÉ

9168 Fletcher Pkwy, La Mesa 619-466-6084 www.fixmeaplate.com Sat. & Sun. 12-8 Tuesday-Friday: Lunch 11:30-2, Dinner 5-9

- COUPON -



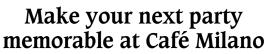


No take-outs, please. Offer expires 2/6/08. 6738 LA JOLLA BLVD. • (858)454-0369 • AMPLE PARKING • PATIO DINING

Lunch Menu Only 11:30 am-4 pm **Daily** Purchase one entrée at regular price and receive a 2nd entrée of equal or lesser value free. For 2 up to 6 people. One heck, one coupon per table. Not valid with any other offer. No take-outs. 6738 LA JOLLA BLVD. (858) 454-0369







Beautifully prepared 4-course dinner for 10-100 people.



Dinner starts at $^{\$}22$ per person Private room up to 100 people 25 years of making parties amazing!

711 Pearl Street, La Jolla 858-454-3806 www.CafeMilanoLaJolla.com Open 7 Days • Lunch & Dinner



This tiny storefront does only a few things (sandwiches, gelati, and sorbet) but does them exceedingly well. The "gourmet sandwiches" really do live up to their designation, with intriguing Mediterranean combinations (artichoke hearts, black olives, grilled egg-plant, Gorgonzola are among the choice of ingredients) on soft, round Italian bread. (Or you can just get a tuna melt if that's your flavor.) Gelati are about twice as rich as Häagen-Dazs, and feature an ever-changing array of bold flavors, e.g., vanilla rosewater and chocolate cinnamon. Open daily 11 a.m. to 8 p.m., closes later on Friday and Saturday. Inexpensive. - N.W.

Café Zinc 132 South Cedros, Solana Beach, 858-793-5436. The Rancho Santa Fe set like to hang out here in the garden patio with their Porsches at the curb and their shih tzus under the table (dogs are welcome). Even for non-doggie people, the California pepper trees and garden sculpture make this indooroutdoor eatery a really pleasant kick-back place (which gets its name from the zinc-top bar inside). The menu, a mixture of Italian and vegetarian, offers dishes like frittata with cucumber salsa, and baked eggplant "pizzette (personal-size pizza) with marinara, mozzarella, and Parmesan cheese. The vegetarian chili and the Zinc veggie burger (served on a La Brea bun) are tasty too. Open daily, 7 a.m. to 5 p.m. Inexpensive. — E.B.

Fidel's Carlsbad 3003 Carlsbad Boulevard, Carlsbad, 760-729-0903. It's not upscale modern Mex — no cumin-infused, mango-corn salsa on Fidel's menu — but who gives a flyin' fajita when you can order just about any traditional SoCal-Mexican dish and know it's gonna be good? Whether you try the chicken-and-rice soup with fresh cilantro and avocado chunks, fluffy chile rellenos, a crab enchilada, carne asada with all the trimmings, or a lonely à la carte chicken burrito, vou're going to be a happy camper. Add a reliable margarita or a beer and vou're set at this popular North County main stay. Open seven days a week for lunch and dinner. Inexpensive.

Joe's Crab Shack — Oceanside 314 Harbor Drive, Oceanside, 760-722-1345. Joe's is silly with crab-shack ambience (campy nautical paraphernalia on down to souvenir gimme caps), but the food's not bad. You can choose buckets of steamed, barbecued, or garlic crab (of various subspecies), or go for fried or grilled seafood or steaks, or salads. Grown-ups may prefer the pa-tio to the rockin', raucous interior. Full bar, not much wine. Inexpensive to low moderate. Also in Pacific Beach, Mission Valley, and downtown. - N.W.

Joey's Smokin' B-B-Q — Carlsbad 6955 El Camino Real, Carlsbad, 760-929-1396. Joey Maggiore doesn't produce Southern "Q" so much as So-Cal "Q" — more an homage to Memphis than anything you'd find in Mem-phis itself — but the tables include paper towel dispensers instead of nap-kins, a clear signal to go ahead and get messy. All the meats are smoked, not grilled, in true "Q" fashion. Pulled pork offers reasonably credible Memphisstyle flavor and tender-chewy texture. Baby back ribs come in three versions: sweet ribs glazed with the "suh-weet" sauce, wet ribs glazed with the mildspicy sauce, and dry-rubbed ribs sprin-kled with spice rub. Sweet or wet are the best. Chicken plates come in a variety of sizes and parts. House-made hot links are well seasoned in the Louisiana manner but extremely salty. The list of sides is long and varied. Lunch and dinner daily. Inexpensive to moderate. -

Johnny Mananas 308 Mission Avenue, Oceanside, 760-721-9999. Local teachers hang out at this green- whiteand red-tiled place because it's such good value. Most dishes are Mexican. There's a Caribbean chocolatey, black bean, paprika, curry-in-the-rice thing going on. Pescado Veracruz (fish mar inated in lime juice and garlic with rice, beans, and green salad) is good. The roasted chicken is delicious. The Big Breakfast Burrito Special (eggs, onions, beans, cheese, and rice, wrapped in a large flour tortilla) is muy popular, but then so is J.M.'s Great All-American Cheeseburger. Open daily. Inexpensive.

Osteria del Pescatore 1201 Camino Del Mar, Del Mar, 858-509-9293. The restaurant's name means







Join us for Margarita Brunch!

All-you-can-eat gourmet Mexican brunch *10

Every weekend 10 am-2 pm

Includes your choice of beverage: champagne, mimosa margarita, homemade orange sangria, or non-alcoholic strawberry lemonade or horchata

A selection of Mexican delicacies including:

beef failtas, cheese enchiladas, vegetarian selections, huevos a la Mexicana, homemade tortillas, fresh tortilla soup

asa de Madera

3975 5th Ave. | Hillcrest | 619-298-8888 | casademaderarestaurant.com



1-lb. Alaskan Crab Legs **Every Monday**

Lobster § 11 95*

Live From Maine | Every Wednesday

Weekend

Bottomless Champagne and Mimosas \$5. Breakfast Special \$3.95 with purchase. 9-11 am Saturday and Sunday

*Purchase required. Specials start at 5 pm.



2040 Harbor Island Dr. • 619.291.8011 boathouserestaurant.com • FREE PARKING

"Fisherman's Hostelry," and you'll find expert, courteous service and wellcrafted seasonal Italian fare here with a strong emphasis on zesty fresh seafood Go straight to the single-spaced pagelong list of daily specials for the most exciting dishes, including spaghetti a cartoccio (baked in parchment paper) and lobster risotto. But save room for dessert, especially if the day's offerings include torta alla nanna, a rose-scented nut confection. Parking behind restaurant (turn east on 12th Street); heated dining patio available. Interesting international wine list. Reservations advised. Lunch Tuesday through Saturday; dinner nightly. High moderate to expensive. — N.W.

Pacific Coast Grill 437 South Coast Highway 101, Solana Beach, 858-794-4632. The grill features a free-form menu of Pacific Rim cuisine featuring fine ingredients and integrating Mexican, Hawaiian, and Asian flavors into So-Cal comfort cooking. Try the green salad with vibrant cranberry vinai-grette, the "Bag of Bones" (house-smoked pork ribs), and whatever fruit creation is on the dessert menu. Busy and noisy; reservations urged for week end dinners and all summer. Open daily for lunch and dinner. Full bar. Moderate to expensive. — N.W.

Red Tracton's 550 Via de la Valle Del Mar, 858-755-6600. Even though you know you're a half mile from the Pacific Ocean and across the street from the Del Mar Racetrack, one step inside Red Tracton's dining room sends you reeling back in time to an upscale, dimly lit, maroon-and-gilt restaurant of 1960's Chicago. The only thing missing is the scent of cigars. Food portions are enormous: The lobster sandwich (a touch heavy on the mayo) easily packs a half pound of lobster (available at lunch on Fridays). The selection is generous: steaks, prime rib, seafood, chicken, and pork — all expertly prepared and served in record time. On days when you don't give a rip about the Surgeon General's latest warnings, run to Red Tracton's and indulge your All-American appetite. Lunch Monday through Saturday, dinner nightly. Expensive. — *S.M.*

Tomiko 87 Encinitas Boulevard, Encinitas, 760-633-3587. In a lovely setting overlooking Moonlight Bay you can enjoy Japanese and Pacific Rim fu-sion cooking and sushi in a serene but lively dining room. When the sushi bar is free from the weekend rush, the quality can be amazing: stunningly fresh *uni*, world-beating silky *toro*. The sushimaster also keeps an eye on the restaurant's seafood purchases, so they meet exacting standards. Appetizers such as "salmon tower tartare" and "drunken black cod" are rewarding, as are the simple, excellent fusion-tinged seafood entrees. Reserve for weekends, especially for sushi bar. Dinner nightly. Moderate. — N.W.

I Trulli Trattoria 830 South Coast Highway 101, Encinitas, 760-943-6800. An enduring hit in Encinitas (where there's no shortage of Italian restaurants), I Trulli serves modern Italian food with fashionable new ingredients. The menu, subtitled "Nouvelle Italian Cuisine," resembles the somewhat ambitious, generically "northern Italian" bills of fare that you encounter all over Hillcrest and the Gaslamp. (It is, in fact, a partner restaurant to Hillcrest's Arrivederci.) The signifiers of seriousness are the pink peppercorns, goat cheese, sun-dried tomatoes, and light cream sauces that coexist with the more traditional mozzarella-tomato sauce arrays. Best bets are the daily specials, which offer the greatest chance for fresh ingredients and creativity. Busy, cramped, painfully loud inside. Street patio next to highway is also noisy. Reserve for dinner on weekends or expect an hour's wait. Open daily, lunch and dinner. Moderate. — N.W.

Tuscan Sun Italian Deli 1070 North El Camino Real, Encinitas, 760-633-4546. A town abounding in Italian restaurants ought to have a great Italian deli, and it does. You'll find domestic and imported deli meats and cheeses, fresh-baked breads and focaccia, marinated veggies, and a wealth of gourmet products from Italy. The specialty is the "Caprese" (tomatos-plus) sandwich on focaccia bread with a variety of fillings, best served grilled and dressed with pesto. The eat-in/take-out menu includes pizza, pasta, salads, and a host of sandwiches. Open daily. — N.W.

SOUTH BAY

Coronado Boathouse 1887 1701 Strand Way, Coronado, 619-435-0155. For a relaxing good time with lovely views and tasty food to match, put on your aloha shirt and head over the bridge. The old Coronado Boathouse boasts a handsome, historic structure with architecture mirroring the nearby Hotel Del, plus enthusiastic servers, terrific water views, and satisfying mainstream American cooking. The herbed artichoke appetizer and fresh macadamia-crusted halibut sauced with coconut milk are wonderful. The juicy roast beef here is USDA Prime (translates to melt in your mouth") and even the desserts offer some old favorites cooked with classy ingredients and imaginative twists. A perfect place to entertain your in-laws or hold your birth-day dinner. Full bar. Dinner seven days.

El Dorado 311 Palomar, Chula Vista, 619-426-4545. The food of Peru is arguably the zestiest in South America,

and Chula Vista's growing Peruvian community expects authenticity. El Dorado is there for them. The *papa relleno* is pure bliss — a little football of creamy mashed potatoes, lightly fried around a filling of ground beef, olives, and raisins. Seco de cabrito features young goat in a complex, herbed stew exploding with cilantro. Peruvian ceviche is lively and garnished with *cancha*, smoked hominy-corn kernels. Alas, here in the far north, the cuisine's fire is tuned way down for the kiddies but there's always hot sauce. Reflecting the local population, half the menu here is Mexican — not tacos but more serious dinner dishes, especially seafood, carried out with above-average flair. Breakfast and dinner daily, lunch weekdays. Inexpensive to moderate. - N.W.

Island Wok 922 Orange Avenue, Coronado, 619-435-6835. This tiny indoor-outdoor-takeaway cafe is a standby with locals, especially the high school crowd. It serves good Vietnamese-Chinese food, and plenty of it. The owner, Xuan, makes scrumptious fresh (not fried) Vietnamese spring rolls wrapped in rice paper with shrimp, pork, or chicken and vegetables in the middle. But most customers go for the steam-table combination plates. You always get chow mein, fried or steamed rice, and a fried spring roll to start off, and then you can add entrées like or-ange chicken, *kung pao* chicken, or sweet-and-sour pork. Closed Sunday. Inexpensive. — *E.B.*

Jimmy's — Chula Vista 1198 Third Avenue, Chula Vista, 619-427-7161. Thank goodness for this family-friendly restaurant with good, old-fashioned American food. Their six-page plastic menu tells all — forget your diet and dig into the breakfast "Eggs and Cakes" (two eggs, three pancakes), the "Touchdown" (two eggs, two hotcakes, four strips of bacon or three link sausages), or the "Monte Cristo" hot sandwich (ham and turkey grilled on batterdipped Texas toast with Swiss cheese, hot syrup, and French fries). Later in the day, the New York strip or sirloin steak with all the trimmings, and desserts like homemade cinnamon bread pudding with raisins and whipped cream. Open three meals, seven days. Inexpensive.

Mary J's Cafe 1930 Cleveland Avenue, National City, 619-477-6645. Mary J and her cafe have been around for 40 years, and about the only thing to change is the prices. This is the real National City. The regulars start piling in at 5 a.m. Mary always has specials going, but check the big-board menu above the stove too. One of their most

popular items is the Trucker's Breakfast (three eggs, ham, bacon or sausage, home fries, and toast), or steak and eggs with hash browns and toast. Mary's son Vic, the morning cook, always gives you more than enough. For lunch or early dinner, try the meat loaf with mixed veggies, boiled potatoes covered with gravy, toast, and soup or salad. Or chicken-fried steak with all the fixings. Also hefty: cheeseburgers or tuna melts (with fries plus soda included in the price) and that old American favorite, a fried egg sandwich with chips. Open 4:30 a.m. to 4 p.m. weekdays. Inexpensive. — *E.B.*

The Tin Fish 910 Seacoast Drive, Imperial Beach, 619-628-8414. At a table by this fish shack at the far end of the pier, you can watch people and pigeons (and people feeding pigeons) as you dig into huge portions of simple seafood, appetized by the sea air. The bill of fare features fish fried, grilled, chowdered, or wrapped into burritos, tacos, or sandwiches. The big fried combos are about what you'd expect, but more piquant pleasures come in smaller packages. (Portions are generous, whatever you order.) The spicy fish tacos are really spicy, while the fried onion rings are of surpassing delicacy. Best of all, the crab cakes are huge and seriously crabby, with plenty of meat and very little filler. With a call, they'll give you a lift from the parking lot to their restaurant. A second branch at 170 Sixth Avenue, Gaslamp, 619-238-8100, offers patio dining across from the Convention Center, with live music during summer. Both locations open daily for lunch and early dinner. Inexpensive to low moderate. -

EAST COUNTY

Anthony's Fish Grotto — La Mesa 9530 Murray Drive, La Mesa, 619-463-0368. If you don't want overcomplicated food, Anthony's obliges. Fish and chips is still the simplest and the best. Or Mama's Platter, cod combined with batter-fried calamarishrimp, oysters, scallops, and clam strips. Anthony's has been up and running for six decades now, with the buy ing power to get the pick of the catch menu offers 18 different seasonal fish to choose from, plus - if you've got the bread - delicious lobster dishes (in season) like lobster thermidor with a creamy, winey sauce. No reservations. Open daily, lunch through dinner. Greek Town Buffet 345 West Main Street, El Cajon, 619-441-9708. Just another Greek buffet? Well, yes. Your choices are standard: gyros meat, spanakopita, moussaka, dolmades. And the decor is the usual blue and white with Greek island posters. But it's the customers who give it an exotic feel, speaking languages from Russian to Greek to Somali. And if you're hungry, this all-you-can-eat deal is great. Have gyros meat, but also try the chicken souvlaki (grilled lemon chicken), or start with the excellent dolmades (grape leaves wrapped around beef and rice). The leaves' tangy taste and the lemony sauce inside get your juices running. Don't forget salad...or the dessert table (how could you leave without baklava?). Open for lunch and dinner, seven days. Inexpensive. — E.B.

Grossmont Student Center Cafeteria 8800 Grossmont College Drive, El Cajon, 619-644-7000. This is no UCSD, with its dozen food franchises and Persian and Somali food tents on campus. Grossmont's single cafeteria (open to the public) is big, echoey, and sticks to standard-issue food like crumb-coated chicken katsu, cheeseburgers, burritos, and really, really cheap pizzas. Breakfast? How about a sausage and tater tot burrito? Health fans do have a plentiful salad bar. It's quite an experience, sharing lunch with local and foreign students, looking over the rolling hills to El Cajon — like being at an international finishing school in, well, Switzerland. Inexpensive. —

Mario's de la Mesa 8425 La Mesa Boulevard, La Mesa, 619-461-9390. The man on the *burro* (seen on the restaurant's sign and menu) holds two flags, those of Mexico and the U.S.A. very appropriate. Few dishes (except maybe the *menudo*) will push the paler palate too far in any direction, but gosh-all, everything is so darn tasty. Tamales are a house special: rich, pil-lowy clouds of cornmeal surrounding richer shredded pork scattered with raisins for a smidgeon of sweetness. Pork also gets loving treatment in the carnitas rojas, big chunks browned to the barest crisp, which falls away to melting tenderness. Great marinade (cumin?) on the carne asada; intense flavor and buttery richness on the 'machaca sonora style" (dry-roasted shredded beef). Beans are so light as to seem whipped; rice is studded with peas and spicy carrots. Service is fast and friendly. Breakfast and lunch Sunday and Monday; three meals Tuesday through Saturday. Inexpensive.





Philly cheese steak

New customers only.

Delivery available.

\$**5**49 New customers One per person.

So authentic that we've trucked

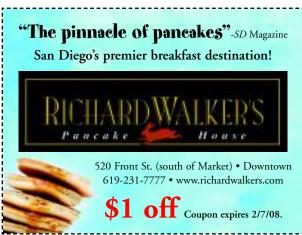
in our meat from South Philly

(between 4th & 5th on Maple)

619-231-2912 • alexsbrownbag.com

Alex's Brown Bag San Diego's King of

the Philly Cheese Steal 2550 Fifth Ave., Ste. 171











Over 75 Restaurant Coupons at SDReader.com

Here's a small sample to whet your appetite!

Free saganaki



\$6.95 value, get a saganaki FREE. Not valid with other specials. Limit two per table. Offer expires January 31, 2008. Expiration dates are renewed the last week of each month. Coupon not valid on holidays.



Hours: Mon. 11 am-3 pm; Tues.-Thurs. 11 am-10 pm; Fri. & Sat. 11 am-12 am: Sun. 11 am-11 pm. Catering, parties welcome, patio dining, live music Wed.-Sun. belly dancing, Greek and international music.

6030 Paseo del Norte, Carlsbad, 760-603-9672

Free smoothie!



Buy one smoothie and get one of equal or lesser value free! Must present coupon. Offer expires January 31, 2008. Expiration dates are renewed the last week of each month. Coupon not valid on holidavs



Inta Juice

Over 50 smoothies! Fresh-squeezed vegetable and fruit juice blends.

763 Center Drive, Suite 101, San Marcos, 760-796-7944

619-235-3000

Philly cheese steak \$5.49



New customers only. One per person. Delivery available. Offer expires January 31, 2008. Expiration dates are renewed the last week of each month. Coupon not valid on holidays.

Alex's Brown Bag

San Diego's King of the Philly Cheese Steak. So authentic that we've trucked in our meat from South Philly since 1984!

2550 Fifth Avenue, Suite 171 (between 4th & 5th on Maple), 619-231-2912 www.alexsbrownbag.com

Reader Coupons 619-235-3000

2-for-1 entrée

Buy 1 full-price entrée, receive 2nd of equal or lesser value free. \$20 minimum discount. 17% gratuity will be added to original amount. 3 coupons per table maximum. No separate checks. Offer expires January 31, 2008. Expiration dates are renewed the last week of each month. Coupon not valid on holidays.

Lunch, brunch or dinner. Not valid with specials and Happy Hour items.



Reader Coupons 619-235-3000

2040 Harbor Island Drive, 619-291-8011

Atoll at the Catamaran Hotel

The Blue Parrot Bar & Grill **50% off entrée**

Canes \$5 off any entrée

Café Joie **50% off lunch or dinner**

Costa Brava Free tapa for lunch

Great Moon Buffet 10% off total bill

Gringo's Free appetizer at lunch

Lahaina Beach House **Free breakfast**

Pacific Beach Bar & Grill 2 for 1 entrée

Pacific Rotisserie Free entrée

P.B. Mika **99¢ sake**

Portugalia Free entrée

Saska's \$12 off second entrée

Anna's The Family Restaurant 50% off second entrée

Centifonti's Restaurant 50% off entrée

Fix Me A Plate Cafe 15% off any entrée

Habana Free appetizer

Stockdale's 50% off Southern Alabama cuisine

Thai Dragon House Free Thai entrée

Thai Taste 50% off 2nd entrée

Trevi Ristorante 50% off entrée

Windy City Beef 1/2 off menu item

Downtown & Point Loma

Alex's Brown Bag Philly cheese steak \$5.49

The Boathouse 2-for-1 entrée Dublin Square **2 for 1 breakfast**

Hard Rock Café

Hornblower Cruises

House of Blues 20% off restaurant receipt

Humphrey's

Jewel Box 2 for 1 entrée

The Local **\$3 Thursdays**

McCormick & Schmick's Seafood Restaurant

Olé Madrid 2 for 1 lunch or brunch entrée

Petrini's Free entrée

Puerto La Boca Free Argentinian dessert

Richard Walker's Pancake House \$1 off entrée

Rock Bottom

Sevilla \$10 off Spanish cuisine

The Shout House

Sierra Pacific 3-course gourmet dinner \$34.95

Visions 25% off sushi

Xavier's Free appetizer

Clairemont, University City, Miramar Rd., Poway, Mira Mesa, Scripps Ranch & Kearny Mesa

Boomerangs **Lunch special \$8.99**

Crazy Sushi & BBQ 50% off special rolls

Filling Station Free appetizer

Kai Sushi 15% off all menu items

Lightnin' Jack's BBQ Free BBQ

Mo's Island Grindz 50% off plate lunch

Pampas Free empanada

RB Sushi 50% off sushi and rolls only Sky Box Sports Grill Burger special \$7.99

Studio Diner Free appetizer Thai Cafe \$1 off buffet

South Bay & Coronado

Lai Thai 50% off entrée

Pacific Beach, Mission Beach & Ocean Beach

French Gourmet Free dessert

Moondoggies 50% off second lunch

La Jolla

Cafe Milano Free Comedy Store tickets

Clav's La Iolla

Extreme Pizza Free medium pizza

Jack's La Jolla Free dessert

La Jolla Brew House Free lunch or dinner entrée The Shack Bar & Grill Burger, fries & beer \$6.95

Su Casa 20% off entire check

North County

Calypso Free appetizer

A Delight of France Free appetizer or dessert

Greek Village **Free saganaki**

Inta Juice **Free smoothie**

Mikko Japanese 50% off sushi

Pho Lucky 10% off entire check Rossi's Pizza Free mini pizza

Santa Fe Cafe 50% off 2nd entrée

Sipz Free vegetarian appetizer Wild Note Cafe

East County & State College

Golden Wok 10% off buffet

Greek Town Buffet 50% off 2nd dinner buffet

La Fogata 50% off entrée

Shakey's Lunch buffet \$5.49

Uptown & North Park

Café Bleu **Complimentary starter**

Cay Nhan **\$4.95 Vietnamese dishes** Coffee House on Broadway Free Mocha Jackson Harar Ethiopian Restaurant Free sambussa appetizer

Hob Nob Hill **\$2 off entrée**

India Princess Free dinner

Lips 50% off dinner Old World Deli & Café **\$2 off breakfast or lunch**

Rudford's \$2 off any menu entrée San Filippo's **Saturday pizza special**

Seasons 142 1/2 off tapas The Wine Encounter **Free wine tasting**

Midway, Old Town & Mission Valley

Bali Thai Second entrée free

Pizza Bella **\$1 wine carafe** Rockin' Baja Baja Bucket for two \$29.95

Royal Spices Thai Cuisine 20% off receipt Tio Leo's **Dinner combos \$9.49 each** •

Todai 10% off lunch or dinner

Restaurants listed without coupon offers have only menus online. Restaurants with • have multiple locations. See online menu or coupon for all locations.



Party's Over

It speaks disarmingly of human inadequacy in the face of the unthinkable.

o matter how generally annoying a technical innovation or stylistic vogue might be (the telephoto lens, the zoom shot, rack focus, etc.), there will always come along a movie to show how it can be

used to advantage. Or at least how it can be used to minimize the annoyance. *Cloverfield* performs this service

for the grainy, jiggly image of the handheld camcorder, the mockumentarist's best friend and a cornercutting, cost-cutting device for any purpose. The premise — the excuse is the making of a video souvenir at the going-away party for a Manhattan yuppie, the night before his departure to a plum job in Japan; and the product, by its very nature, is an exercise in subjective camerawork as extreme as, though not as strained as, Robert Montgomery's anomalous Lady in the Lake, 1946. Amateurish by design, with the camera in the hands of a conscripted novice, the evolving souvenir is all we get for the first twenty minutes of the movie, a chance for young people (boasting an abnormally high babe quotient) to be young - which is to say, fun-seeking, self-involved, insouciant, fatuous, and all that -

and a chance, too, to secure a vicarious connection from the young people in the movie audience. (A cast of unknowns, Lizzy Caplan, Jessica Lucas, T.J. Miller, Michael Stahl-David, Mike Vogel, and Odette Yustman in alpha-

betical order, will help to narrow the separation between the young people on screen and those in the audience.)

The party part goes on a bit longer than necessary, leading to suspicions of padding in what turns out to be barely an hour-and-a-quarter movie. It might have led also to squirms of impatience if the document had not been labelled at the top as the property of the Department of Defense, retrieved from the "area formerly known as Central Park." You know something's coming.

What finally comes at the twenty-minute mark is a Big Bang and a momentary power outage, signalling an attack whose initial indications insistently call to mind 9/11: the upper-floor fireball, the pancaking skyscraper, the advancing cloud of ash and dust, the lingering flutter of paper. You could call this unimaginative, literal-minded, even tasteless, but the truth of the matter is that 9/11 taught



Cloverfield

us more about toppled buildings than did all the Godzilla movies put together, and you would have to admit that the makers of *Cloverfield*, producer J.J. Abrams and director Matt Reeves, paid close attention to the visual data and came close to re-creation. (The bronze head of Lady Liberty in the middle of the street, swatted off her body like a T-ball, is more strictly

symbolic, and is potent as such. And near the end, the limply leaning building, propped up like a drunkard against an adjacent building, shows plenty of imagination.) Later indications will reveal, bit by bit, fleeting glimpse by sidelong glance, that what's behind the attack is in fact a distant relative of Godzilla — the yuppie didn't have to go to Japan; Japan came to the

yuppie — a composite creature combining on a gargantuan scale the slimy squid, the plucked chicken, and the skinned calf, shedding like fleas some spidery creatures of more human dimension. (Additional aerial footage from a cable news network lends some helpful perspective.) It is quite understandable and quite realistic, in the post-Rodney King era, that the party



WIN A MOVIE PASS FOR TWO!

OVER HER DEAD BODY

To enter, visit the *Reader* website and click on "contests." SDReader.com

Deadline to enter is Thursday, January 24, at 1:00 pm. Limit one entry per person. No purchase necessary.

Please arrive early. Theatre is overbooked to ensure a full house. First come, first served.

In theatres February 1

videographer would choose to keep the tape rolling as his small circle of friends fights to survive the night ("People are gonna wanna know how it all went down"), and the shaky, sketchy coverage of the events only enhances their immediacy and intensity. If the dialogue, with modern-day freedoms, duplicates the banality that Susan Sontag affectionately noted in the grade-Z creature features of the Fifties — "There's some serious shit going on" and "What's up with that?" and "This is like a nightmare" and so on — it speaks disarmingly, now as then, of human inadequacy in the face of the unthinkable and the unbearable. (The truism that Godzilla and his compatriots were metaphors for the Bomb makes it an easy stretch to tab the new invaders as all-inclusive Terrorists.) And the monsters themselves, even allowing for their extended tendency to play peek-a-boo, are expertly realized. This is Blair Witch on a looser budget.

Nits can nonetheless be picked. You would think that at moments of peak intensity - as, for example, when besieged by creepy-crawlies in an unlit subway tunnel — the videographer would put down his camera to defend himself and his friends, and would settle for shooting the aftermath. (You would think, at the same time, that such interruptions could have been dramatically effective: just an audio record of the skirmish, let's say, while the camera eye stares at nothing, followed up by a post-battle survey of the carnage.) Then, too, when you remind yourself that you are ostensibly viewing a found video and are not actually present as it is being shot, the theater-rattling sound effects are ludicrous. Maybe this falls under poetic license, but somehow it feels bluntly prosaic.

With Cassandra's Dream, Woody Allen looks like he has overextended his stay in England. The refreshment is gone. Less engrossing than Match Point, less engaging than Scoop, it spins a yarn of working-class brothers (Ewan McGregor, Colin Farrell, working their thespian tails off) who, in exchange for financial favors from a rich uncle. become literal brothers in crime, new to the game and unfit for it. Allen, writer and director, and absentee on screen, slides the chess pieces around on their felt bottoms, no friction, no deception, no hesitation, carrying out a telegraphed plan of attack. An air of detachment is the closest he comes to humor; a Dreiser-esque moralism spreads a wet blanket. One listens for his voice through the thick British accents, and one hears a frequent tone of whining and pleading, and just a snatch of highbrow chat about Greek tragedy. One looks for his fingerprints, and one sees a sedentary camera and a burnished surface. The spectator's search for the familiar filmmaker generates most of the sparse suspense.

27 Dresses is a girly fairy tale to do with the proverbial always-a-bridesmaid, twenty-seven times by actual count, with a closetful of once-worn gowns to prove it, who stands mutely by as her slutty younger sister returns home and steals her dreamy boss right out from under her nose. Screenwriter Aline Brosh McKenna and director Anne Fletcher unprotestingly accept all the romantic-comic conventions. the contrivances, the clichés, and tidy them into shape as if with a nail file and vial of varnish. (New cliché? The film shares with P.S. I Love You a scene in which the heroine and a romantic prospect experiment with a kiss and

instantaneously agree there's no spark, and no hard feelings.) Katherine Heigl, blandly beautiful whenever her face-crumpling fierceness isn't spoiling the effect, gets an opportunity to play a more coherent character than in *Knocked Up*, and demonstrates a fine control of the light and shade of legible emotion. She keeps the blahs at bay.

The festival year begins, as ever, with the San Diego Jewish Film Festival, the 18th Annual edition (coinciding, the printed program prompts us, with the 60th Anniversary of Israel), February 7 through 17, mostly at the AMC La Jolla, with annexes at the UltraStar Mission Valley, the UltraStar Poway, and the David and Dorothea Garfield Theatre in the Lawrence Family Jewish Community Center. It comprises a couple of dozen features, pretty evenly split between documentary and fiction, most notably Israel's nominee for the foreign-film Oscar, Beaufort. Full schedule and ticket information can be found online at www.lfjcc.org/sdjff, or, if you are cyberspatially challenged, at 858-362-1348.

It's a story that has been written

and re-written for some while now. A belt-tightening newspaper, usually a smaller-town newspaper, opts to pare away its film critic, with his eye on the local scene, his sense of community, and his continuity in point of view, and to make do instead with an assortment of wire-service reviewers from afar. The story can now be set within our own city limits, after the Union-Tribune last week pushed David Elliott unceremoniously out the door. Differ with him where you may, he has been a critic who, straight out of the starting gate almost a quarter of a century ago, could write about movies from a base of knowledge and commitment. And from a purely selfish standpoint, differ with him though I did, an "alternative" voice such as mine (if I don't flatter myself) wants and needs another, a bigger voice, to which to be an alternative. To say that I was completely shocked by the move would be to say untruthfully that I had never noticed in the pages of the *U-T* the increasing reliance already on supplementary wire-service reviews, the box scores filled with the star ratings of other critics across the map (as if one man's stars counted the same as another man's stars), the weekly Street insert to give vent to the voice of youth and inexperience, the forum of grade-schoolers, the secondopinion column of a self-christened "Movies Maniac," not to mention the You-Be-the-Critic welcome mat on the website. In their heart of hearts, the editors appear to have clung to the belief (or else to have reverted to the belief) that anybody can be a film critic - a vestige, this, of the benighted days when the Home-and-Gardens beat writer might get moved over to the vacated film critic's seat. No doubt the Internet, where literally anybody can build himself a platform, has given new life to the belief. Cyberspace may be limitless. Our town just got smaller. ■

MOVIE LISTINGS

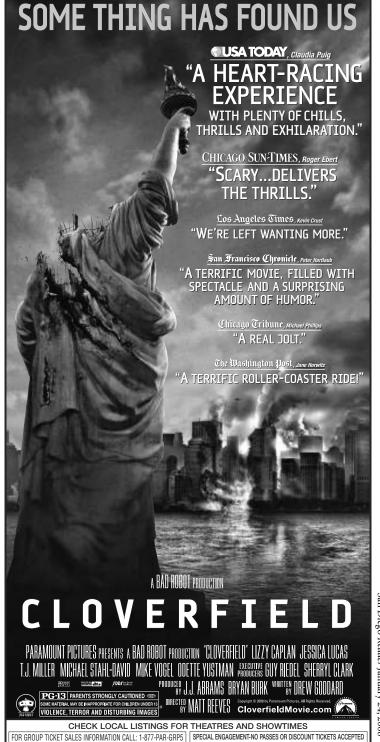
All reviews are by Duncan Shepherd.
Priorities are indicated by one to five stars
and antipathies by the black spot. Unrated
movies are for now unreviewed. Thousands of
past reviews sorted alphabetically, by year of
release and by rating, are available online at
SanDiegoReader.com.

American Gangster — Formula underworld drama poured into an epic template.

Like Jiffy-brand waffle batter spread over an iron the size of a billiard table. "Based on a true story," it traces, in separate intertwined storylines, the converging upward paths of criminal and cop: the former (Denzel Washington) starting out as the servile driver and bodyguard for the legendary Bumpy Johnson, a big fish in the small pond of Harlem into the late Sixties. then expanding the pond, upon his boss's death, into an ocean; and the latter (Russell Crowe) working his way up as an undercover narc in New Jersey, studying for the bar in his spare time. Their eventual meeting comes, and drags on, as something of an anticlimax, after an excitingly staged drug raid from which the ganglord is lucky to be absent. The opposing paths up to that point are smoothly graded and well greased; and director Ridley Scott, the epitome of slick (Alien, Blade Runner, Thelma and Louise, Gladiator, Black Hawk Down, and so on), moves things along at a tolerable pace, although there's the distinct impression that even if he knew any shortcuts, he wouldn't take them. His goal is epic, and he would gladly drag his feet to get there. At two and a half hours plus, he indeed does get there. Washington, to pay him a backhanded compliment, is never quite as credible as a through-and-through baddie, even though that seems to be the way to the Oscar (i.e., Training Day). Crowe on the other hand is a perfectly credible crusader, overcoming no greater obstacles on the road to respectability than his buoyant white



GALL THEATHE OR CHECK DIRECTORY FOR SHORTIMES



MOBILE USERS: Text 011808 to 33287 For Showtimes and Mobile Content. Standard messaging rates apply.

Calendar MOVIES

sneakers and his unflattering, inexpensive period haircut, framing his face with folded wings. With Chiwetel Ejiofor, Josh Brolin, Lymari Nadal, and Ruby Dee. 2007.

† (GASLAMP 15)

Atonement — British, bookish period piece, from an Ian McEwan novel, about a young girl's misreading of the amorous activities of her elders, and its tragic consequences. (A mole on the right cheek links the three different actresses who play the role, Saoirse Ronan in the Thirties, Romola Garai in wartime, and Vanessa Redgrave in modern day.) The movie starts rather sedately, despite some point-of-view tricks, in a commonplace country estate; and it then gets rather overblown in the war sequences, including a marathon Steadicam single take of the evacuation at Dunkirk. But all in all it's well-mounted, well-dressed, well-acted, and, well, dull. With Keira Knightley, James McAvoy, Brenda Blethyn, and Harriet Walter; directed by Joe Wright. 2007. ★ (ESCONDIDO 16; FLOWER HILL 4; GROSS-MONT CENTER; LA JOLLA VILLAGE; MIRA MESA 18; MISSION VALLEY 7; MISSION VALLEY 20; OCEANSIDE 16; OTAY RANCH 12; PALM PROMENADE 24: PARKWAY PLAZA 18: POWAY 10; RANCHO DEL REY 16; SAN

Before the Devil Knows You're

MARCOS 18; TOWN SQUARE 14; VISTA VILLAGE)

Dead — Interesting attempt by the eightythree-year-old Sidney Lumet to keep up with the Tarantinos, piloting a caper film of back-and-forth time jumps and alternating points of view. The caper itself, a jewelry store stickup, is strictly small-time. "We don't want Tiffany's," the mastermind, a drug-dependent real estate accountant (Philip Seymour Hoffman), pitches the idea to his younger brother, a deadbeat dad (Ethan Hawke): "We want a mom-and-pop operation." More specifically, the operation of their own mom and pop (Rosemary Harris and Albert Finney), squeezed between Claire's and Foot Locker in a cookiecutter Westchester shopping mall. The robbery goes very wrong very early, and the ensuing time scramble dispenses information and revelations on an unpredictable schedule. We meet "Grandma," for example, at a school play after we have seen her shot in the holdup and before we find out she was not supposed to be at work that day. And we find out that the recruited younger brother is having an affair with his sister-in-law, the mastermind's wife (Marisa Tomei, more extensively attractive than ever), before we even know that the mastermind has any part in the plan. The totally botched robbery, leaving no prospect of success and profit, quickly eliminates much of the standard suspense in this sort of thing (cueing instead a



Cassandra's Dream

brooding Fargo-esque musical score from Fargo's actual composer, Carter Burwell), and it permits the focus to shift to the deeply jaundiced view of family life — family discord, family disloyalty, family dysfunction. That view, while it lets in a fair share of malicious humor, is not to be taken lightly. Lumet, whose long list of credits runs along the lines of Twelve Angry Men, Long Day's Journey into Night, Fail-Safe, The Pawnbroker, Serpico, Dog Day Afternoon, Network, The Verdict, and the like, is by nature banished from lightness. 2007.

The Bucket List — A feel-good death trip, directed by the crowd-coddling Rob Reiner, about two terminal cancer patients, a billionaire WASP and a blue-collar black, who bond as hospital roommates and set out together to do the things and see the sights they never had time for: skydive, carrace, get a tattoo, visit the Riviera, the Dark Continent, the Pyramids, the Great Wall, and along the way open themselves up to epiphanies: "The stars — it's really one of God's good ones." (Although they often have a book at hand in bed or on an air-

plane, you can't expect a screen character to use his final months to curl up at last with *The Pickwick Papers.*) The good feelings extend even beyond the grave: the action is narrated posthumously in the first-person omniscient, implicitly settling the amicable debate on the afterlife. A fair measure of your regard for Jack Nicholson and Morgan Freeman would be your pain at seeing them in such pap. Perhaps the closest contact with a real concern emerges in the former's probing question to the latter: "You always had those freckles?" Sean Hayes, Rob Morrow. 2007.

● (CARMEL MOUNTAIN; CHULA VISTA 10; DEL MAR HIGHLANDS 8; ESCONDIDO 16; FASHION VALLEY 18; GASLAMP 15; GROSSMONT CENTER; LA COSTA 6; LA JOLLA 12; MIRA MESA 18; MISSION VALLEY 7; MISSION VALLEY 20; OCEANSIDE 16; OTAY RANCH 12; PALM PROMENADE 24; PARKWAY PLAZA 18; POWAY 10; RANCHO DEL REY 16; RANCHO SAN DIEGO 15; RIVER VILLAGE 6; SAN MARCOS 18; TOWN SQUARE 14; VISTA VILLAGE)

Cassandra's Dream — Reviewed this issue. With Ewan McGregor, Colin Farrell, Hayley Atwell, Tom Wilkinson, and Phil

Davis; written and directed by Woody Allen.

★ (FLOWER HILL 4; LA JOLLA 12; PALM PROME-NADE 24)

Charlie Wilson's War — Didactic polisci lesson on How the System Works, entertainingly illustrated by screenwriter Aaron Sorkin and director Mike Nichols. The titular war is the one between the Soviets and the Afghans in the Reagan era, and Charlie Wilson is a nonfictional Texas congressman (played with supreme complacency by Tom Hanks) who, ideally situated for budgeting purposes, spared some time from his enjoyment of the perks of power (single malt, cocaine, strippers in the hot tub) in order to do the bidding of a rabid Right-wing fundraiser in his home state (Julia Roberts, fully surrendering to her natural or enhanced grotesquerie, at one point intrepidly separating her gluey evelashes with an open safety pin) and broker a covert alliance between the Pakistanis and the Israelis, combatting the Evil Empire from discreetly behind the scenes. This is not your typical tale of the cavalier cynic getting involved, finding religion, commit-

ting himself to a cause. The protagonist's profligate ways are typical enough, and the refugee camp that opens his eyes is depicted very straight, but there remains, even after that, a sense of irony about his crusade no more solemnity in his demeanor than in that, let's say, of the surgeons in MASHso that his commitment is forever perceived as something of a pose, something within quotation marks. The job gets done all the same. Philip Seymour Hoffman, sporting a lush mustache and full head of dark hair in testimony to the character's Mediterranean ethnicity, goes Hanks one better (several better, in fact) as a disgruntled CIA spook who, irked at not getting the Finland assignment after studying Finnish, cannot even throw a tantrum without a wink. Not only does Hoffman walk away with the show, he also gets to recite the Buddhist parable whose punchline frames the entire picture, turning an ostensibly happy ending into an up-in-the-air ending, or in other words no ending at all. We know too well what happened next. With Amy Adams, Emily Blunt, Ned Beatty. 2007.

★★ (FASHION VALLEY 18; HORTON PLAZA 14; LA JOLLA 12)

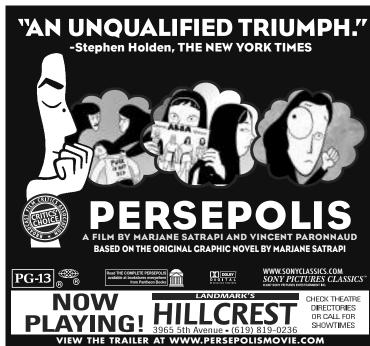
Cloverfield — Reviewed this issue. With Lizzy Caplan, Jessica Lucas, T.J. Miller, Michael Stahl-David, Mike Vogel, and Odette Yustman; directed by Matt Reeves. ★★★ (CARMEL MOUNTAIN; CHULA VISTA 10; DEL MAR HIGHLANDS 8; ESCONDIDO 16; FASHION VALLEY 18; GROSSMONT CENTER; HORTON PLAZA 14; LA COSTA 6; LA JOLLA 12; MIRA MESA 18; MISSION VALLEY 7; MISSION VALLEY 20; OCEANSIDE 16; OTAY RANCH 12; PALM PROMENADE 24; PARKWAY PLAZA 18; POWAY 10; RANCHO DEL REY 16; RANCHO SAN DIEGO 15; RIVER VILLAGE 6; SAN MARCOS 18; SANTEE DRIVE IN; TOWN SQUARE 14; VISTA VILLAGE)

The Diving Bell and the Butterfly —

Julian Schnabel relates another true-life tale from the wide world of art, this one a little more liberated from convention than his Basquiat or his Before Night Falls (though it immediately and continually brings to mind Alejandro Amenábar's The Sea Inside), the tale of Jean-Dominique Bauby, an editor at Elle magazine, who in the prime of life suffered a stroke that left him paralyzed but for his left eyelid (and his imagination and his memory), and who dictated a memoir, letter by letter, through a system of blinks. The first three-quarters of an hour or so are reasonably audacious, subjectively visualized through the eyes of the invalid (Mathieu Amalric, at this point unseen), with cropped faces and figures, blurred edges, off-kilter angles, etc., and yet the camera looks awfully free-swinging and the editing awfully jumpy for the P.O.V. of a paralytic, as if Schnabel felt he had to lend a helping hand to keep things hopping. (The rotation of comely coquettes to serve as speech therapist, physical therapist, and amanuensis seems to have been assembled out of similar motives.) Much of the remainder of the film feels drawn out and padded, with the major exception of a tense scene in which the wife, operating the speakerphone in the hospital room, is required to mediate a call from the mistress. The essential subject matter is one that demands in its treatment purity and rigor, and that receives instead disorder and indulgence. (This really wasn't the time and place for further proof of the director's hip taste in music, U2, Velvet Underground, Tom Waits.) A big critical favorite, nonetheless, perhaps owing to the special dispensation granted the handicapped, the quickness to applaud the least little show of humor, verve, perseverance. With Emmanuelle Seigner, Marie-Josée Croze, Anne Consigny, and Max von Sydow. 2007. ★ (HILLCREST CINEMAS)

First Sunday — A pair of backed-up-against-the-wall black Baltimoreans (Ice Cube, Tracy Morgan) go into a ghetto church with the intent to rob it, enter into endless negotiations at gunpoint with the fundraising committee, fix the air-conditioning, and come out better, and not poorer, men. A caper comedy devoid of laughs. With Chi McBride, Malinda Williams, Katt Williams, Loretta Devine, and Michael Beach; written and directed by





David E. Talbert. 2008.

● (CARMEL MOUNTAIN; CHULA VISTA 10; ES-CONDIDO 16; FASHION VALLEY 18; GASLAMP 15; GROSSMONT CENTER; MIRA MESA 18; MISSION VALLEY 20; OCEANSIDE 16; OTAY RANCH 12; PALM PROMENADE 24; PARKWAY PLAZA 18; RANCHO DEL REY 16; RANCHO SAN DIEGO 15; SAN MARCOS 18; TOWN SQUARE 14)

The Great Debaters — An Oprah film (or anagrammatically, a Harpo Film) for Oprah's audience, with their insatiable appetite for uplift. The fact-based story of the debate team at little Wiley College, an allblack institution in segregationist Texas, and of their climactic showdown on the topic of Civil Disobedience against the national champs of Harvard University, plays as a sort of two-hour spot for the UNCF. Denzel Washington, as both the debate coach in front of the camera and the director behind it, may be somewhat unimaginative, even embarrassingly unimaginative, in his complete and precise merger of the two roles into one: the great edifier. (Not just my character but me myself.) Still, if the remedial elucidation of racial issues seems a bit behind the times, it's not so much because the action is set in the 1930s as because racial progress continues to lag in the 2000s. The edifier has plenty of just cause. Nate Parker, Jurnee Smollett, Denzel Whitaker, Forest Whitaker, 2007.

★ (HORTON PLAZA 14; LA JOLLA 12)

How She Move — She move pretty good. Her name Rutina Wesley, step-dancin' fool. But she have troubles, man, big troubles. Her sister O.D., and she drop out of school and go back to the hood, and her only way out be the Step Monster competition in D-Town, fifty G's on the line. And she be photographed in lighting like the morgue, y'unnerstan'? And she act bad, man, real

bad. With Dwain Murphy, Tracey Armstrong, Brennan Gademans; directed by Ian Igbal Rashid. 2008.

© (CARMEL MOUNTAIN; ESCONDIDO 16; FASH-ION VALLEY 18; MIRA MESA 18; MISSION VALLEY 20; OCEANSIDE 16; OTAY RANCH 12; PALM PROMENADE 24; PARKWAY PLAZA 18; RANCHO DEL REY 16; RANCHO SAN DIEGO 15; SAN MARCOS 18; TOWN SQUARE 14; FROM 1/25)

I Am Legend — The third screen treatment of Richard Matheson's post-apocalyptic vampire tale is the first to retain the original title (cf. The Last Man on Earth and The Omega Man), and the first to bring to it the total commitment of top dollar, most helpful in creating a weed-overgrown New York City. It also brings to it some very wet sentimentality, with Will Smith having a hard time shouldering the burdens of being a Renaissance man amid a population of nocturnal zombies: he's a brilliant scientist. a hardbodied soldier, a tender dog lover, a Bob Marley aficionado, a Shrek memorizer, and so on. The situation nevertheless keeps a good grip until the fortuitous appearance of a second (and third) human being, after which the grip loosens. With Alice Braga, Charlie Tahan, and briefly an uncredited Emma Thompson; directed by Francis Lawrence. 2007.

★ (FASHION VALLEY 18; HORTON PLAZA 14; MISSION VALLEY 20; PALM PROMENADE 24)

Into the Wild — Illustration, in a sketchy hand, of the Jon Krakauer nonfiction book on Christopher McCandless, a 1990 college graduate, on the doorstep of Harvard Law School, who gave away his tuition fund to Oxfam, obliterated his identity, renamed himself Alexander Supertramp, and swapped the evils of society for the purity of the northern wilderness ("No longer to

be poisoned by civilization," he carved into a wooden shingle at his encampment), where ultimately he starved to death in 1992. It may not sound like much of an idea for a film. It isn't. A Seventies-style road movie, redolent of Seventies-style disaffection, it has a strong element of travelogue, as our happy-go-lucky hobo rides his aging Datsun westward to South Dakota. abandons it at Lake Mead, kayaks down the Colorado River, drifts into Mexico, trainhops up to L.A., thumbs his way to the Salton Sea, Anza Borrego, and Alaska. In that final destination, the travelogue yeers toward nature documentary. At nearly two and a half hours, the film feels very, very long, albeit short on relatable incident: the protagonist goes places, he meets people, and then he goes to a place where he won't meet people, where he will meet only his end, a martyr to something or other. Direct tor Sean Penn unmistakably takes himself very seriously, and takes his protagonist almost reverently, painting him as something of a holy fool (a reader of Tolstoi, even though an eater of meat when he can get it), and offering up this speculative reenactment as nothing less than an endorsement. At the top, he sets the tone with a high-flown epigraph from Lord Byron: "I love not man the less, but Nature more" that one. The kid sister periodically supplies some explanatory narration ("I understand what he was doing"), and Pearl Jam's Eddie Vedder chimes in with a half-dozen or so acoustic songs in sympathy and support. Of the real protagonist's earnestness and conviction, the film can tell us next to nothing. Of the filmmaker's, it can tell us much. And then it can tell us again. And again. With Emile Hirsch, Marcia Gay Harden, William Hurt, Jena Malone, Vince Vaughn, and Hal Holbrook 2007

★ (GASLAMP 15; LA PALOMA)

Juno — A slow starter. In the title role of a pregnant Minnesota high-schooler (named after the Roman goddess of marriage, fidelity, fertility), the dry flat sardonic linedelivery of Ellen Page, the angelic avenger of Hard Candy, is not easy to warm up to, no matter how much we might try to see it as an adolescent defense mechanism, or how much as humble emulation of Ianeane Garofalo. And the garishly colorful dialogue, from first-time scripter and former stripper Diablo Cody, often tends to push too hard ("Being pregnant makes me pee like Seabiscuit"). The heroine, interested in simply finding a good home for the baby, not in making a profit off it, finds a possible taker in the weekly PennySaver ("next to the exotic birds"), a neat-freaky suburban couple in the gated confines of Glacial Valley Estates. It's there that things really begin to get interesting. Our initial arrival at the housing development is alone sufficient to convince us of Iason Reitman's directorial bona fides: a series of static shots of antiseptic House Beautiful after House Beautiful as the car passes across the screen, left to right, in front of each. And the prospective mother, Jennifer Garner (her piano-wire tautness put to good use), turns out to be the neater of the pair, someone who will studiously ponder "custard" versus "cheesecake" as the color for baby's room, while the prospective father, Jason Bateman, proves to be the freakier, a stay-athome composer of advertising ditties and a frustrated rock-and-roller. A curious, po

tentially dangerous after-school relationship blossoms between him and the heroine: he may be a commercial sell-out as a composer, but he's a person who can talk music to a teenager, and he demonstrates "decent taste in slasher movies" (e.g., Herschell Gordon Lewis's The Wizard of Gore, another impediment to our warming up to the heroine). Over time, the film builds, and it does so with proficiency, patience, and foresight. If the heroine is never wholly embraceable, the surrounding characters go far to compensate, specifically J.K. Simmons as her droll laconic dad, Allison Janney as her worldly-wise, even-keeled mom, and above all, Michael Cera as her shunted aside, unassertive, but ever-faithful boyfriend, the baby's biological father, and a cooler dude than you'd ever guess from his track-team togs. And if the dialogue is unabatingly overcolored, at least the hues are spread around democratically. 2007. ★★★ (CHULA VISTA 10: ESCONDIDO 16:

*** (CHULA WISIA 10; ESCONDIDO 16; FLOWER HILL 4; GROSSMONT CENTER; HILL-CREST CINEMAS; LA COSTA 6; LA JOLLA 12; MIRA MESA 18; OCEANSIDE 16; OTAY RANCH 12; PALM PROMENADE 24; PARKWAY PLAZA 18; POWAY 10; RANCHO DEL REY 16; RANCHO SAN DIEGO 15; RIVER VILLAGE 6; SAN MARCOS 18; TOWN SQUARE 14; TOWN SOUARE 14; VISTA VILLAGE)

The Kite Runner — From the Khaled Hosseini novel, directed by Marc Forster (*Finding Neverland, Stranger Than Fiction*), a story about a storyteller, and in large part





Mira Mesa (800) FANDANGO #160





DREW GOODMANSON

Pastor, Kaleo Church, kaleochurch.com

The Flight of the Conchords is a show that follows the lives of two Kiwis - Bret McKenzie and Iemaine Clement — who try to break into the music scene of New York. Every episode takes off when the duo bursts into song in the middle of the dialogue. The song for each episode is inspired by a musical theme, from rap with Bret using his rapping name "Rhymenosaurus" and Jemaine as the "Hiphoppopotamus," to a fantasy musical dream that parodies David Bowie. The songs are hilarious and many are based on the real-life stand-up

To continue with the comedic theme, Jim Gaffigan: Beyond the Pale is the hilarious stand-up act of lim Gaffigan. Gaffigan's "inside voice," where he says what the audience may be thinking, is genius.

comedy routine of the group.

THE FLIGHT OF THE **CONCHORDS: THE COMPLETE** FIRST SEASON (USA) 2007,

List price: \$29.98 (two discs)

JIM GAFFIGAN: BEYOND THE **PALE (USA) 2006** List price: \$14.99



Crazy Love

TIM BERROTH

Film reviewer, hollywoodjesus.com

In Deathtrap director Sidney Lumet ably crafts Ira Levin's play into an engrossing thriller with wicked plot twists and a deliciously devious ending. The brilliant Michael Caine and Christopher Reeve (shedding his Superman tights at the height of his popularity) match wits as "collaborating" playwrights.

Will Ferrell puts aside his lowbrow antics for the thoughtful and utterly human drama, Stranger Than Fiction. As Crick, he learns he's a character in Emma Thompson's novel and his demise is imminent. After seeking the help of a professor and finding elusive intimacy with a baker, Crick begins to truly experience life and the joys that come with spontaneity, vulnerability, and connection.

Crazy Love is a disturbing and utterly fascinating documentary - kind of like a car crash that you drive by and have to look at. Director Dan Klores weaves an engrossing tale of two lovers whose dysfunctional relationship is too bizarre to be believed.

DEATHTRAP (USA) 1982, Warners List price: \$9.98 STRANGER THAN FICTION

(USA) 2006, Sony Pictures List price: \$19.94

CRAZY LOVE (USA) 2007, Magnolia

List price: \$26.98



The Namesake

GREG WRIGHT

Managing editor, Past-the-Popcorn.gospelcom.net

The documentary Deep Water recounts the first race to circumnavigate the globe solo. Natural elements, the human competitive drive, fear of failure, love of the sea, and the cost of isolation produce results that neither entrants nor organizers could have anticipated.

Director Mira Nair has been steadily acquiring a reputation as a director with one foot firmly planted amidst her Indian roots and the other in the American film industry. We can be deeply thankful for the way she has matured and converged with novelist Ihumpa Lahiri's The Namesake to produce a virtual masterpiece that might establish a new model for "coming of age" stories. When young adults are not truly achieving independence until deep into their 20s, The Namesake offers a new vision for a genre that takes emotional and sexual awareness for granted, and instead focuses on a different kind of awakening: of identity. purpose, and cultural, societal, and familial reconciliation.

DEEP WATER (England) 2006, IFC

List price: \$24.95

THE NAMESAKE (India/USA) 2006, 20th Century Fox List price: \$27.98

a story truly worthy of a storyteller. The remaining parts are hackneyed and/or hokey. Main elements: two boyhood pals in Kabul, 1978, the sons of master and servant, and the psychologically penetrating betrayal of the second by the first, our evolving storyteller. Notwithstanding the graphic barbarities of the Taliban in the year 2000, the film takes a tactical and tactful approach to the Islamic topic, and the nostalgic re-creation of life in the Afghanistan of yesteryear (handsomely photographed in the bargain) is highly beneficial: the competitive, combative, and colorful kite flying, the Pashtodubbed print of The Magnificent Seven (Charles Bronson's accent giving him away as a native Iranian), the swanky comforts of the hero's home, the imposing figure of his principled, civilized, dignified father (ably embodied by the star of *Taste of Cherry*, Homayoun Ershadi), destined to run a gas station in Fremont after fleeing the Soviet invaders. The besetting problems of dividing a screen role between a younger and an

older actor are brutally spotlighted in the scene where a Taliban bully tells the now adult hero that he never forgets a face, when in truth the face little resembles the one that the bully last saw. It is not surprising that the hero, in turn, doesn't recognize the bully. With Khalid Abdalla, Zekeria Ebrahimi, and Ahmad Khan Mahmidzada. 2007.

★★ (FASHION VALLEY 18; HORTON PLAZA 14; LA JOLLA VILLAGE)

Mad Money — A demographically diverse trio of women (Diane Keaton, Queen Latifah, Katie Holmes) are of undivided mind about the wisdom and fun of siphoning off wrinkled old bills, marked for shredding, from the Kansas City Federal Reserve. The director, Callie Khouri, makes a unanimous fourth. A caper comedy heedless of consequences, completely inconsequential. With Ted Danson. 2008.

● (CARMEL MOUNTAIN: CHULA VISTA 10: DEL MAR HIGHLANDS 8: ESCONDIDO 16: FASHION VALLEY 18; HORTON PLAZA 14; LA COSTA 6; LA JOLLA 12: MIRA MESA 18: MISSION VAL-LEY 7: MISSION VALLEY 20: OCEANSIDE 16: OTAY RANCH 12; PALM PROMENADE 24; PARK-WAY PLAZA 18; POWAY 10; RANCHO DEL REY 16; RANCHO SAN DIEGO 15; RIVER VILLAGE 6; SAN MARCOS 18; TOWN SQUARE 14; VISTA VILLAGE)

Michael Clayton — The title figure is the designated fixer for the elite Manhattan law firm of Kenner, Bach & Ledeen, touted as a "miracle worker" but more modest in his self-assessment: "I'm not a miracle worker, I'm a janitor. The smaller the mess, the easier it is for me to clean it up." And a threebillion-dollar class action suit against his firm's biggest client, United Northfield, or UNorth for short, makes a very big mess. Aside from being George Clooney, the hero doesn't look like much. Crushed under a mountain of debt, sworn off the gambling habit (notwithstanding a prefatory relapse at the poker table), run ragged by his job,

the brush-off, he has little time for his neglected son and none for a shave. In addition to all that, Cloonev has firmly suppressed the head-waggling smugness that so often chills his charm. In fact he has sunken into the part quite deeply and depressively. We keep waiting to see some sign of a miracle. And waiting. In its bald essentials — the soulless law firm, the monolithic corporation, the robotic hit men, the stirrings of conscience and poses of piety, the mechanics of comeuppance — the film is fairly standard-issue. But screenwriter (the Bourne series) and first-time director Tony Gilroy, beginning with the nonlinear narrative arrangement, has devised an all-over strategy of tease and obfuscation, very clever at disguising the lack of cleverness. Very clever, that is, in presentation, not in plot, character, idea. If we sometimes grow weary of not knowing what the hell people are talking about, we never altogether get weary of wanting to know. Tilda Swinton, Tom Wilkinson, Sydney Pollack. 2007. ★★ (MISSION VALLEY 20; PALM PROME NADE 24; FROM 1/25)

begging his boss for an advance and getting

National Treasure: Book of

Secrets — National disgrace: another overtaxed premise with an eye to a Franchise. ("This doesn't involve another treasure hunt, does it?") The honorable name of Gates has been implicated in the assassination of Abraham Lincoln, and rather than finding this historically intriguing, the present-day Gateses find it personally insulting. Exoneration will lie on a path through the Statue of Liberty, Buckingham Palace, the White House, Mount Vernon, Mount Rushmore, and the legendary City of Gold, as well as through exaggerated CGaided action. With Nicolas Cage, Diane Kruger, Justin Bartha, Jon Voight, Helen Mirren, Harvey Keitel, and Ed Harris; directed by Jon Turteltaub. 2007.

• (CARMEL MOUNTAIN; ESCONDIDO 16; FASH-ION VALLEY 18: GROSSMONT CENTER: HORTON PLAZA 14: LA JOLLA 12: MIRA MESA 18: MIS-SION VALLEY 20; OCEANSIDE 16; OTAY RANCH 12; PALM PROMENADE 24; PARKWAY PLAZA 18; RANCHO DEL REY 16; RANCHO SAN DIEGO 15; SAN MARCOS 18; TOWN SQUARE 14)

No Country for Old Men — The Coen brothers' first literary adaptation, from a Cormac McCarthy original, an overflowingly bloody pulp thriller, plumped up with folksy first-person social commentary in italics, about a Texas good ole boy who stumbles upon the internecine scene of a drug deal gone bad, makes off with a satchel of cash, and tries to ditch the implacable hired killer (among others) on his trail. Sharing the writing credit as always and sharing the directing credit as they only began to do with The Ladvkillers, the brothers were smart to cut down the social commentary — the Decline of Western Civilization as viewed by an aging third-generation lawman — to a single block of voice-over at the outset ("Some of the old-time sheriffs never even wore a gun"), and to sprinkle any additional such commentary lightly into the dialogue ("Once you quit hearing 'sir' and 'ma'am," the rest is soon to follow"). Without those repeated and repetitive interruptions, the simple pursuit narrative — the killer pursuing the filcher, the lawman pursuing both - unfolds as lean, linear, streamlined, and yet slow, steady, and long, never very deep. And on the Coens' part, never very inventive. They have followed McCarthy's blueprint scrupulously, even slavishly, and have bountifully harvested his lip-smacking dialogue; and the major unconventionalities in this mostly conventional thriller are all his. (For better or for worse.) To be sure, the Coens are meticulous technicians, supremely skillful, attentive to the minutest detail. And while the body count climbs numbingly high, the tension in individual set pieces is teased out to an exquisite agony, and with no artificial boost from any background music. (The Coens' regular composer, Carter Burwell, gets credited for the exit music.) Certainly a personal touch, a personal sense of humor, comes into the local-color cameos of gas-station attendant, motel clerk, hotel clerk, trailer-park manager, etc., etc. And perhaps a somewhat unseemly humor, or at least unseemly delight, comes into the characterization of the psychopathic killer, with his robotic delivery of lines, his torturous banter, his gimmicky weapon (a compressed-air tank for blowing locks out of doors and blowing holes in heads), and above all his Engelbert Humperdinck haircut circa 1972 (hair humor always being big with the Coens). Tommy Lee Jones, Javier Bardem, Josh Brolin, Kelly Macdonald, Woody Harrelson. 2007.

★★★★ (HILLCREST CINEMAS; LA JOLLA VIL-LAGE; PALM PROMENADE 24)

One Missed Call — Serial deaths with a pattern: a young person receives a cellphone message of his or her own voice, saving his or her last words, dated two days before he or she says them, ultimately dying on schedule with a marble of rock candy in his or her mouth, after seeing nightmarish visions of millipedes, zombies, and such. "What the hell's happening?" someone naturally inquires. There must be an explanation, though it can't hold water - or interest. Drudging remake of a Japanese horror film, manifestly not one of the better ones. With Shannyn Sossamon, Edward Burns, Ana Claudia Talancón, Azura Skye, Johnny Lewis, Ray Wise, and Margaret Cho; directed by Eric Valette, 2008.

● (HORTON PLAZA 14: MISSION VALLEY 20: PALM PROMENADE 24)

The Orphanage— Spanish ghost story that strives at all times to stay within arm's reach of ambiguity - real ghosts or overheated imagination? — in the mold of the Henry James prototype, The Turn of the Screw, or at any rate in the mold of the academic squabbles over it. James may have set out to write a straightforward ghost story. but was, bless his unsullied soul, incapable of it. Director J.A. Bayona is no James, nor is he even a Jack Clayton, the judicious filmmaker who turned The Turn... into The Innocents on screen. The basic situation without doubt seems primed for "resonance," and the lead actress, Belén Rueda, seems primed almost for spontaneous combustion. An adopted orphan returns to the palatial orphanage thirty years later, with plans to reopen it, and with an adopted, HIV-positive orphan of her own. The boy, already inclined towards imaginary playmates, appears to have made contact with the ghosts of half a dozen children still hanging about the place, and soon goes missing. His mother then goes bananas. Bayona's tightwire act of trying to walk a line of psychological subtlety while also trying to keep genre addicts on the hook tends to make the obligatory jolts feel all the more forced and factitious: the premonitory music, the startling noises, the creaking hinges, the magnified eyes of the prune-faced old lady behind her coke-bottle lenses, the fingers slammed in the bathroom door and the backward jackknife into the tub, the plowed-over pedestrian and the gruesome makeup on the carcass. Through all that, we are apt to remain, in common with the rational husband and policewoman, unconvinced and unmoved. Ambiguity will have that effect. The climax, when the heroine is at last left alone in the house, nevertheless crams in two or three good shivers, but it goes on three or four steps too far. Fernando Cayo, Roger Princep, Geraldine Chaplin. 2007.

★ (HILLCREST CINEMAS; LA JOLLA 12; PALM PROMENADE 24)

Persepolis - Cartoon recap of the comic-strip memoir by Marjane Satrapi, covering her childhood in Iran under (and then out from under) the Shah, her adolescence in Austria to escape the strictures of the Islamic Revolution, her return to her homeland as a depressed and medicated young woman, then a bride, then a divorcee, and her ultimate exile in France, stretching from the late Seventies, to put dates on it, to the early Nineties. The animation is not all that animated. With stiff movement, a flat visual field, and a blackand-white palette (but for the lightly colored framing scenes in the present tense), it is the furthest thing from the limitless taffypull of contemporary computer animation. It is in fact quite deliberately reactionary, a return to "nature" if you will, a homespun product of the human hand, staying as close as possible (notwithstanding some decorative embellishment here and there)

to the naive style of the original drawings. And since Satrapi herself is credited as codirector along with a fellow comic artist, Vincent Paronnaud, we can be sure the result has her stamp of approval. The general effect, overriding any risk of trivialization, is something in the vicinity of the Brechtian "alienation effect," something distancing, something cushioning, so that we experience such painful subjects as political oppression, imprisonment, torture, execution, etc., less viscerally and (for all the outward resemblance to a Saturday-morning TV kiddie cartoon) more cerebrally. That's not to say the film goes in for in-depth analysis of Middle Eastern modern history. It goes at these subjects strictly from the point of view of a growing girl trying to make sense of them, and the emphasis gradually and eventually shifts to the individual. If she started out to bear witness to the events of her time, she wound up in the long run a witness primarily to the witness. And she delivers her unblushingly personal testimony with candor, with humor, with selfdeprecation, and with aesthetic distance a distance commensurate to that provided by the primitive animation. Whatever mixed feelings we might have about that animation, they fall away as it becomes merely a serviceable vehicle, frugal and no frills, to convey the unhackneyed story. A useful medium, plain and simple. With the voices of Chiara Mastrojanni, Catherine Deneuve, Danielle Darrieux, Simon Abkarian, and Gabrielle Lopes. 2007. ★★★ (HILLCREST CINEMAS)

P.S. I Love You — The overhanging question is whether a two-time Academy Award-winning actress, Hilary Swank, can lighten herself into the thespian weightclass of a Sandra Bullock or a Kate Hudson. The answer seems to be no, not when the director and co-writer, Richard LaGravenese, who directed her also in Freedom Writers, is intent on sniffing out pockets of genuine emotion in a mechanical tearjerker (and laugh-jerker) about a turning-thirty widow who learns to live again under the guidance of pre-written missives from her dear departed, Gerard Butler, a life-loving, beer-chugging Irish minstrel. ("Why," she wonders in front of the TV screen one night, "can't I be Bette Davis?" - another two-time Academy Award-winner, but an unequalled ten-time nominee.) Swank may not be able, in a flashback to the meet-cute, to look quite like a college coed on her first tour of Europe, but she can touchingly act like one, and remind us in the process that one of her rarest gifts is her totally uncool enthusiasm. Kathy Bates, merely a onetime Academy Award-winner, has her moments, too, as Swank's sourpuss mother. With Lisa Kudrow, Gina Gershon, and

> Thousands of Duncan Shepherd's movie reviews are now available online!

Search by star rating, year of release, or title.

SanDiegoReader.com



Harry Connick, Jr. 2007. ★ (FASHION VALLEY 18: GASLAMP 15: PALM PROMENADE 24)

Rambo — Sylvester Stallone, director and star, revives his Vietnam-vet character, with Julie Benz, Matthew Marsden, Graham Mc-Tavish.

(CARMEL MOUNTAIN: CHULA VISTA 10: DEL MAF HIGHLANDS 8; ESCONDIDO 16; FASHION VALLEY 18: GROSSMONT CENTER: LA COSTA 6: LA JOLLA 12: MIRA MESA 18: MISSION VAL-LEY 20; OCEANSIDE 16; OTAY RANCH 12; PALM PROMENADE 24; PARKWAY PLAZA 18; POWAY 10; RANCHO DEL REY 16; RANCHO SAN DIEGO 15: SAN MARCOS 18: SANTEE DRIVE IN: TOWN SOUARE 14: VISTA VILLAGE: FROM 1/25)

The Savages — Philip Seymour Hoffman in the male lead, blond and bearded, as a Buffalo drama professor at work on a tome on Bertolt Brecht, And Laura Linney in the larger female lead, brunette and bedraggled, as an unproduced dramatist at work on a "subversive, semi-autobiograph ical play" (as she describes it in her grant applications) inspired by the works of Jean Genet, Eugene O'Neill, and cartoonist Lynda Barry. They are brother and sister, forced into the same yoke to deal with their demented father (Philip Bosco) after his Sun City "girlfriend" of twenty years kicks the bucket and her family kicks him out. These are big performances in a small film made up of small moments, a life-is-messy comedy of small (but not few) laughs. Writer and director Tamara Jenkins, not heard from since her (subversive, semiautobiographical) Slums of Beverly Hills, seeks the universal in the individual — the particulars, the peculiarities, the normal abnormalities (the lachrymosity of Hoffman, the mendacity of Linney) - which is the right way to go about it. The peculiarities needn't have been so artsy-fartsily peculiar. With Peter Friedman and Cara Seymour.

★★ (LA JOLLA VILLAGE)

Sweeney Todd: The Demon Barber

of Fleet Street - The Grand-Guignol Broadway musical (words and music by Stephen Sondheim), Tim Burtonized for Hollywood. Which means, among other things (such as less music), a ton-of-bricks production design, an ashen color scheme sometimes edging up to the border of black-and-white (excluding the rivers, lakes, geysers of rich red blood), and the de rigueur Johnny Depp, showing off a dif-

PARKWAY PLAZA 18; RANCHO DEL REY 16; RAN-CHO SAN DIEGO 15; SAN MARCOS 18; SANTEE DRIVE IN: TOWN SOUARE 14) There Will Be Blood — Based loosely, so they say, on Oil!, a muckraking, boat-rocking, banned-in-Boston novel by Upton Sinclair (a writer partial to exclamation points in his titles), this is a kind of anti-epic, an anti-Giant, about a miserly, misanthropic, nothing short of murderous American oil man in the first decades of the last century: warped beyond recognition as an exemplar of the enterprising capitalist. (The accompanying music credited to Jonny Greenwood of the British rock group Radiohead, edgy, skittery, dissonant, helps set the tone: not music to Build an Empire By, such as a Dimitri Tiomkin or a Max Steiner might have composed, but instead music to Squirrel Away Nuts for the Winter By.) The

fident singing voice, as a frightfully frigid

avenger, chilling in quite the wrong way.

cold can't have meant straight from the

freezer.) Helena Bonham Carter, Alan Rickman, and Timothy Spall are likewise

★ (ESCONDIDO 16; FASHION VALLEY 18; HOR-

TON PLAZA 14: LA JOLLA 12: MIRA MESA 18:

MISSION VALLEY 20; PALM PROMENADE 24;

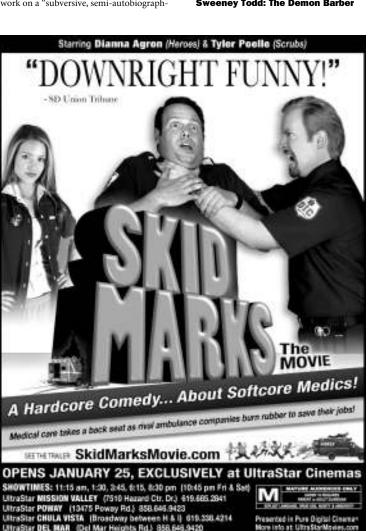
not singers. 2007.

(Whoever said revenge is a dish best served

wordlessly captured by writer-director Paul Thomas Anderson, yet it's hardly adequate to explain or excuse the character's subsequent aberrance, and his particular animus towards a hayseed faith healer (the initially very young and insufficiently aging Paul Dano), each of whom has his own inflexible reasons for not deferring to the other: the Self-Made Man versus the Man of God. Daniel Day-Lewis, ever the risk-taker, even if the risk (immurement in Victorian melo-

hard dirty work, at the outset, of digging a

well all by his lonesome is vividly and





drama) is much the same as in Gangs of New York, makes of the protagonist a real and repellently compelling figure when he's not breaking the spell with his John Huston rollercoaster cadences. (Why would this depraved money-grubber, we keep asking ourselves, be impersonating the director of The Maltese Falcon, Treasure of the Sierra

Madre, whatever?) But two and a half hours, if all we're going to do is gape, are a long time to spend in the company of such a man, a good hour or more too long. There will, as promised, be blood, though not any time soon, and never all that much. Kevin O'Connor, Ciarán Hinds. 2007.

★ (FLOWER HILL 4; GASLAMP 15; LA JOLLA VIL

LAGE; MISSION VALLEY 7; MISSION VALLEY 20; PALM PROMENADE 24)

27 Dresses — Reviewed this issue. With Katherine Heigl, James Marsden, Edward Burns, Malin Akerman, and Judy Greer; directed by Anne Fletcher.

★ (CARMEL MOUNTAIN; CHULA VISTA 10; DEL

MAR HIGHLANDS 8; ESCONDIDO 16; FASHION VALLEY 18: GROSSMONT CENTER: HORTON PLAZA 14: LA COSTA 6: LA JOLLA 12: MIRA MESA 18; MISSION VALLEY 20; OCEANSIDE 16; OTAY RANCH 12; PALM PROMENADE 24; PARK-WAY PLAZA 18; POWAY 10; RANCHO DEL REY 16: RANCHO SAN DIEGO 15: RIVER VILLAGE 6; SAN MARCOS 18; TOWN SQUARE 14; VISTA VILLAGE)

U2 3D — Documentary on the Irish rock band's "Vertigo" tour, directed by Catherine Owens and Mark Pellington. (MIRA MESA 18)

Untraceable — Serial-killer thriller with

MOVIE SHOWTIMES

Bargain showtimes are in parentheses.

CENTRAL

CLAIREMONT

Town Square 14

4665 Clairemont Drive (858-274-1234) Call theater for program information

DOWNTOWN

Gaslamp 15

701 Fifth Avenue (619-232-0400) Aliens vs. Predator: Requiem (R) Fri.-Sun. (1:15, 3:25) 5:45, 8:10, 10:25; American Gangster (R) Fri.-Sun. (1:20) 5:05, 8:20; Before the Devil Knows You're Dead (R) Fri.-Sun. (1:50) 4:40, 7:20, 9:55; The Bucket List (PG-13) Fri.-Sun. (1:05, 3:20) 5:35, 7:50, 10:05; **Enchanted** (PG) Fri.-Sun. (2:10) 4:45, 7:10, 9:35; **First Sunday** (PG-13) Fri.-Sun. (1:55) 4:20, 6:40, 9:15; Into the Wild (R) Fri.-Sun (1:30) 5:10, 8:25; **Meet the Spartans** (PG-13) Fri.-Sun. (2:00) 5:00, 7:30, 9:40; **P.S. I Love** You (PG-13) Fri.-Sun. (1:40) 4:50, 7:35, 10:15; Pirates Who Don't Do Anything: A VeggieTales Movie (G) Fri.-Sun. (1:15, 3:15) 5:20, 7:25, 9:25; **Rambo** (R) Fri.-Sun. (1:00, 2:20, 3:30) 4:35, 5:45, 7:00, 8:15, 9:20, 10:30; **There** Will Be Blood (R) Fri.-Sun. (1:10, 3:00) 4:30, 6:20, 8:00, 9:45; Walk Hard: The Dewey Cox Story (R) Fri.-Sun. (1:00, 3:15) 5:40, 8:05,

Horton Plaza 14

Horton Plaza (619-444-FILM) Call theater for program information

LA JOLLA

8657 Villa La Iolla Drive (858-558-2262) The Bucket List (PG-13) Fri. 12:40, 2:55, 5:15, 7:45, 10:20 Sat. (10:25) 12:40, 2:55, 5:15, 7:45, 10:20 Sun. 12:40, 2:55, 5:15, 7:45, 10:20; **Cassandra's Dream** (PG-13) Fri.-Sun. 1:55, 4:40, 7:25, 10:15; Charlie Wilson's War (R) Fri. 1:45, 4:50, 7:20, 9:55 Sat. (10:55) 1:45, 4:50, 7:20, 9:55 Sun. 1:45, 4:50, 7:20, 9:55; **Clover-field** (PG-13) Fri. 12:05, 2:15, 4:20, 6:30, 8:45, 11:00 Sat.-Sun. (10:15) 12:15, 2:15, 4:20, 6:30, 8:45, 11:00; Juno (PG-13) Fri. 12:50, 3:10, 5:40, 8:25, 10:55 Sat.-Sun. (10:35) 12:50, 3:10, 5:40, 8:25, 10:55; **Mad Money** (PG-13) Fri.-Sun. 1:25, 4:05, 7:00, 9:40; **Meet the Spartans** (PG-13) Fri. 12:00, 2:05, 4:10, 6:15, 8:30, 10:50 Sat.-Sun. (10:20) 12:05, 2:05, 4:10, 6:15, 8:30, 10:50; National Treasure: Book of Secrets (PG) Fri. 1:35, 4:30, 7:35, 10:35 Sat. (10:45) 1:35, 4:30, 7:35, 10:35 Sun. 1:15, 4:10, 7:05, 10:00; **Rambo** (R) Fri. 12:25, 2:45, 5:00, 7:15, 9:50 Sat.-Sun. (10:15) 12:25, 2:45, 5:00, 7:15, 9:50; **27 Dresses** (PG-13) Fri. 12:35, 3:00, 5:25, 8:10, 10:45 Sat.-Sun. (10:25) 12:35, 3:00, 5:25, 8:10, 10:45; Untraceable (R) Fri. 12:15, 2:35, 5:05, 7:30, 10:05 Sat.-Sun. (10:20) 12:20, 2:35, 5:05, 7:30, 10:05

La Jolla Village 8879 Villa La Jolla Drive (619-819-0236) Atonement (R); The Kite Runner (PG-13); No Country for Old Men (R); The Savages (R); There Will Be Blood (R)

MIRA MESA

Mira Mesa 18

10733 Westview Parkway (858-635-7700) Call theater for program information

MISSION VALLEY

Fashion Valley 18

7037 Friars Road (858-558-2262) Alvin and the Chipmunks (PG) Fri.-Sun. (11:45) 2:10, 4:40, 7:05; The Bucket List (PG-13) Fri.-Sun. (11:20) 1:50, 4:20, 6:55, 9:25; Charlie Wilson's War (R) Fri.-Sun. (11:50) 2:30, 5:05, 7:40, 10:15; Cloverfield (PG-13) Fri.-Sat. (10:55) 1:10, 3:30, 5:50, 8:10, 10:45 Fri.-Sat. (10:55) 12:30, 1:10, 2:50, 3:30, 5:10, 5:50, 7:35, 8:10, 10:05, 10:45 Sun. (10:55) 12:30, 1:10, 2:50, 3:30, 5:10, 5:50, 7:35, 8:10 10:05 Sun. (10:55) 1:10, 3:30, 5:50, 8:10; First Sunday (PG-13) Fri.-Sun. 1:40, 4:05, 6:40, 9:20; How She Move (PG-13) Fri.-Sun. (10:50) 1:20, 3:50, 6:30, 9:15; **I Am Legend** (No Rating) Fri.-Sun. (11:05) 1:35, 4:10, 6:50, 9:30; The Kite Runner (PG-13) Fri.-Sun. 9:35p.m.; Mad Money (PG-13) Fri.-Sun.

(11:10) 1:45, 4:30, 7:10, 9:55; Meet the Spar-

tans (PG-13) Fri.-Sat. (11:00) 1:15, 3:35, 5:55, 8:15, 10:40 Sun. (11:00) 1:15, 3:35, 5:55, 8:15, 10:25; National Treasure: Book of Secrets (PG) Fri.-Sun. 12:25, 3:40, 6:45, 10:00; P.S. I Love You (PG-13) Fri.-Sun. (10:30) 1:25, 4:25; Rambo (R) Fri.-Sat. (10:45) 12:00, 12:45, 2:25, 3:10, 4:50, 5:35, 7:15, 8:00, 9:45, 10:25 Sun. (10:45) 12:00, 12:45, 2:25, 3:10, 4:50, 5:35, 7:15, 8:00, 9:45; **Sweeney Todd: The Demon Barber of Fleet Street** (R) Fri.-Sun. 7:25, 10:20; There Will Be Blood (R) Fri.-Sun. (10:35) 2:20, 6:10, 9:40; **27 Dresses** (PG-13) Fri -Sat (10:40, 11:30) 1:30, 2:15, 4:15, 5:00, 7:00, 7:45, 9:50, 10:30 Sun. (10:40, 11:30) 1:30

2:15, 4:15, 5:00, 7:00, 7:45, 9:50; Untraceable (R) Fri.-Sun. (11:25) 2:00, 4:45, 7:30, 10:10

Mission Valley 7

7510 Hazard Center Drive (619-685-2841) **Atonement** (R) Fri.-Sat. (11:30, 2:15) 5:00, 7:45, 10:30 Sun. (11:30, 2:15) 5:00, 7:45; **The Bucket List** (PG-13) Fri.-Sat. (10:00, 12:15, 2:45) 5:15, 7:30, 10:00 Sun. (10:00, 12:15, 2:45) $5:15,\,7:30;$ Care Bears: Oopsy Does It! (G)Sat.-Sun. (10:30a.m.); Cloverfield (PG-13) Fri.-Sat. (11:00, 1:15, 3:30) 6:00, 8:15, 10:45 Sun. (11:00, 1:15, 3:30) 6:00, 8:15; **The Kite Runner** (PG-13) Fri. (10:15, 1:00, 4:00) 7:00, 10:00 Sat. (1:00, 4:00) 7:00, 10:00 Sun. (1:00,

"The first laugh-out-loud comedy of the new year!"

James Thomas, "First Look"/KDNL-TV (ABC)

ICE KATT TRACY
CUBE WILLIAMS MORGAN

FIRST SUNDAY

WITH CHI MCBRIDE

4:00) 7:00; Mad Money (PG-13) Fri.-Sat. (10:15, 12:45, 3:15) 5:45, 8:15, 10:45 Sun. (10:15, 12:45, 3:15) 5:45, 8:15; **Skidmarks** (Not Rated) Fri.-Sat. (11:15, 1:30, 3:45) 6:15, 8:30, 10:45 Sun. (11:15, 1:30, 3:45) 6:15, 8:30; 27 Dresses (PG-13) Fri.-Sat. (10:00, 12:30, 3:00) 5:30, 8:00, 10:30 Sun. (10:00, 12:30, 3:00) 5:30,

Mission Valley 20

1640 Camino Del Rio North (858-558-2262) Alvin and the Chipmunks (PG) Fri.-Sun. (10:35) 12:55, 3:15, 5:40, 8:10; Atonement (R) Fri.-Sat. (10:45) 1:45, 4:45, 7:45, 10:40 Sun. 1:45, 4:45, 7:45, 10:30; **The Bucket List**

(PG-13) Fri.-Sun. (10:05) 12:35, 3:00, 5:25, 7:55, 10:15; **Cloverfield** (PG-13) Fri.-Sun. (10:30) 12:50, 3:05, 5:20, 7:40, 10:05 Fri.-Sat. 12:10, 2:25, 4:40, 7:00, 9:20, 11:35 Sun. 12:10, 2:25, 4:40, 7:00, 9:20; **First Sunday** (PG-13) Fri.-Sun. 12:05, 2:35, 5:05, 7:35, 10:00 Fri.-Sun. 12:05, 2:35, 5:05, 7:35, 10:00; **How She Move** (PG-13) Fri.-Sat. (11:30) 12:15, 2:00, 2:45, 4:30, 5:25, 7:10, 8:05, 9:40, 10:35, 12:05 Sun. (11:30) 12:15, 2:00, 2:45, 4:30, 5:25, 7:10, 8:05, 9:40; **I Am Legend** (No Rating) Fri.-Sun. 12:20, 2:40, 5:15, 7:45, 10:15; Mad Money (PG-13) Fri.-Sun. (11:35) 2:05, 4:45, 7:25, 9:55; **Meet the Spartans** (PG-13) Fri.-Sat. (10:25) 12:40, 2:50, 5:00, 7:15, 9:30, 11:45 Sun. (10:25) 12:40, 2:50, 5:00, 7:15, 9:30; Michael Clayton (R) Fri.-Sat. (10:55) 1:40, 4:35, 7:25, 10:10 Sun. 1:40, 4:35, 7:25, 10:10; National Treasure: Book of Secrets (PG) Fri.-Sun. (10:20) 1:25 4:25, 7:15, 10:20; One Missed Call (PG-13) Fri.-Sun. 10:30p.m.; Rambo (R) Fri.-Sat. (10:00, 11:45) 12:30, 2:10, 2:55, 4:50, 5:35, 7:20, 8:00, 9:50, 10:30, 12:10 Sun. (10:00) 12:30, 2:10, 2:55, 4:50, 5:35, 7:20, 8:00, 9:50; Sweeney Todd: The Demon Barber of Fleet Street (R) Fri.-Sun. (11:25) 2:15, 5:00, 7:50, 10:45; **There Will Be Blood** (R) Fri.-Sun. 12:05, 3:25, 6:50, 10:20; **27 Dresses** (PG-13) Fri.-Sun. (10:50, 11:40) 1:35, 2:30, 4:20, 5:10, 7:05, 7:50, 9:45, 10:25; Untraceable (R) Fri.-Sun. (11:50) 2:20, 4:55, 7:30, 10:05

STATE UNIVERSITY

4061 Adams Avenue (619-819-0236) Big Time (PG) Sat. 11:55p.m.

UPTOWN

Hillcrest Cinemas

3965 Fifth Avenue (619-819-0236) The Diving Bell and the Butterfly (PG-13); Juno (PG-13); No Country for Old Men (R); The Orphanage (R); Persepolis (PG-13)

Reuben H. Fleet Science Center

1875 El Prado, Balboa Park (619-238-1233) Dinosaurs Alive! (NR) Fri. 3:00p.m. Sat.-Sun. 11:00, 3:00; Forces of Nature (1999) (PG-13) Fri. 7:00p.m.; The Living Sea (Not Rated) Fri. 1:00, 5:00, 9:00 Sat. 1:00, 5:00, 7:00 Sun. 1:00, 5:00; **Ring of Fire** (Not Rated) Fri. 6:00p.m.; Sea Monsters: A Prehistoric Adventure (No Rating) Fri. 12:00, 2:00, 4:00, 8:00 Sat. 10:00, 12:00, 2:00, 4:00, 6:00, 8:00 Sun. 10:00, 12:00, 2:00, 4:00, 6:00

San Diego Natural History Museum Ocean Oasis (Not Rated) Fri.-Sun. 12:00, 2:00, 4:00

EAST COUNTY

EL CAJON

Parkway Plaza 18

405 Parkway Plaza (619-401-3456) Call theater for program information

LA MESA

Grossmont Center

Grossmont Center (619-465-7100) Call theater for program information

RANCHO SAN DIEGO

Rancho San Diego 15

Call theater for program information

SANTEE

Santee Drive In

10990 Woodside Avenue (619-448-7447) Cloverfield (PG-13) Fri.-Sun.; Rambo (R) Fri.-Sun.: Saw IV (R) Fri.-Sun.: Sweeney Todd: The Demon Barber of Fleet Street

SOUTH BAY

CHULA VISTA

Chula Vista 10

Broadway between H and I (619-338-4214) Skidmarks (Not Rated) Fri.-Sun. (11:15, 1:30, 3:45) 6:15, 8:30, 10:45 Call theater for program information

NOW PLAYING CHECK LOCAL LISTINGS FOR THEATERS AND SHOWTIMES

SCREEN GEMS PRESENTS A CUBE VISION/STORY COMPANY/FIRM FILMS PRODUCTION A FILM BY DAVID E. TALBERT "FIRST SUNDAY" LORETTA DEVINE MICHAEL BEACH KEITH DAVID REGINA HALL MALINDA WILLIAMS

MUSES STANLEY CLARKE PREGUZERS STACY KOLKER CRAMER NEIL MACHLIS RONALD MUHAMMAD JULIE YORN

CrimeDoesntPray.com

SDDS Style State DIGITAL dts

PRODUCED DAVID E. TALBERT DAVID MCILVAIN TIM STORY ICE CUBE MATT ALVAREZ

PG-13 PARENTS STRONGLY CAUTIONED SOME MATERIAL MAY BE INAPPROPRIATE FOR CHILDREN UNDER 13

LANGUAGE, SOME SEXUAL HUMOR AND BRIEF DRUG REFERENCES

Diane Lane, Billy Burke, and Colin Hanks, directed by Gregory Hoblit.

(CARMEL MOUNTAIN: DEL MAR HIGHLANDS 8: ESCONDIDO 16; FASHION VALLEY 18; GROSS-MONT CENTER; LA COSTA 6; LA JOLLA 12; MIRA MESA 18; MISSION VALLEY 20; OCEANSIDE 16; OTAY RANCH 12: PALM PROMENADE 24: PARK-WAY PLAZA 18; POWAY 10; RANCHO DEL REY 16; RANCHO SAN DIEGO 15; SAN MARCOS 18; TOWN SQUARE 14; VISTA VILLAGE; FROM 1/25)

War/Dance — Patongo Primary School, from the rebel-infested war zone in northern Uganda, qualifies for the National Music Competition for the first time ever. Glossily photographed documentary (with

an overreliance on warping wide-angle lenses), but very skimpy in its coverage of the actual competition. And after an hour's worth of horrific war stories from the mouths of children, you may be in no mood. Directed by Sean Fine and Andrea Nix. 2007.

★ (KEN, 1/25 THROUGH 31)

The Water Horse: Legend of the

Deep — A fatherless lad during WWII finds the egg of "the rarest of all creatures" — only one on the planet at a time — and nurses the hatchling into the Loch Ness Monster, easily mistakable for a Nazi submarine. Spectacular scenery (New Zealand supplementing Scotland) as the

backdrop for a gruesomely cute CG critter and some strong-arm manipulation. With Alex Etel, Emily Watson, Ben Chaplin, David Morrissey, and Brian Cox; directed by Jay Russell. 2007.

(PALM PROMENADE 24)

Otay Ranch 12

Eastlake Parkway at Olympic (858-558-2262) Atonement (R); The Bucket List (PG-13); Cloverfield (PG-13); First Sunday (PG-13); How She Move (PG-13); Juno (PG-13); Mad Money (PG-13); Meet the Spartans (PG-13); National Treasure: Book of Secrets (PG); The Pirates Who Don't Do Anything: A VeggieTales Movie (G); Rambo (R); 27 Dresses (PG-13); Untraceable (R)

Palm Promenade 24

770 Dennery Road (858-558-2262) Alvin and the Chipmunks (PG); Atonement (R); The Bucket List (PG-13); Cassandra's Dream (PG-13); Cloverfield (PG-13); First Sunday (PG-13); How She Move (PG-13); I $\label{eq:matter} \begin{array}{lll} \mbox{Am Legend (No Rating); Juno (PG-}13); \mbox{Mad} \\ \mbox{Money (PG-}13); \mbox{Meet the Spartans (PG-}13); \\ \mbox{Michael Clayton (R); National Treasure:} \end{array}$ Book of Secrets (PG); No Country for Old Men (R); One Missed Call (PG-13); The Orphanage (R); P.S. I Love You (PG-13); Rambo (R); Sweeney Todd: The Demon Barber of Fleet Street (R); There Will Be Blood (R); 27 Dresses (PG-13); Untraceable $(R); \mbox{The Water Horse: Legend of the Deep} \\$

Rancho Del Rey 16

East H Street (619-216-4707) Call theater for program information

IMPERIAL BEACH

South Bay Drive-In

2170 Coronado Avenue (619-423-2727) Call theater for program information

NORTH INLAND CARMEL MOUNTAIN

Carmel Mountain

11620 Carmel Mountain Road (858-674-9770) Alvin and the Chipmunks (PG) Fri.-Sun. (1:00, 3:00) 5:10, 7:20; **The Bucket List** (PG-13) Fri.-Sat. (1:15, 3:25) 5:35, 7:50, 10:00 Sun. (1:15, 3:25) 5:35, 7:50; **Charlie Wilson's War** (R) Fri.-Sat. 7:25, 9:50 Sun. 7:25p.m.; Cloverfield (PG-13) Fri.-Sat. (1:05, 3:10) 5:30, 7:40, 9:55 Sun. (1:05, 3:10) 5:30, 7:40, 9:55 Sun. **She Move** (PG-13) Fri.-Sat. (1:00, 3:20) 5:30, 7:45, 10:05 Sun. (1:00, 3:20) 5:30, 7:45; **I Am Legend** (No Rating) Fri.-Sat. (2:00) 5:00, 7:35, 9:30, 10:00 Sun. (2:00) 5:00, 7:35; **Mad Money** (PG-13) Fri.-Sat. (1:50) 4:20, 7:15, 9:40 Sun. (1:50) 4:20, 7:15; **Meet the Spartans** (PG-13) Fri.-Sat. (1:10, 3:15) 5:25, 7:30, 9:45 Sun. (1:10, 3:15) 5:25, 7:30; **Michael Clayton** (R) Fri.-Sat. (1.05) 4.15, 6.55, 9.35 Sun (1.05) 4.15, 6.55; Pirates Who Don't Do Anything: A VeggieTales Movie (G) Fri.-Sun. (1:10, 3:15) 5:20; Rambo (R) Fri.-Sat. (1:15, 3:25) 5:35, 7:55, 10:05 Sun. (1:15, 3:25) 5:35, 7:55; 27 Dresses (PG-13) Fri.-Sat. (1:30) 4:30, 7:00, 9:35 Sun. (1:30) 4:30, 7:00: Untraceable (R) Fri.-Sat. (1:55) 4:25, 7:05, 9:30 Sun. (1:55) 4:25, 7:05

ESCONDIDO

Escondido 16

350 W. Valley Parkway (760-291-0119) Call theater for program information

FALLBROOK

River Village

5256 S. Mission Road (760-945-8784) The Bucket List (PG-13) Fri.-Sat. (12:00, 2:30) 5:00, 7:15, 9:45 Sun. (12:00, 2:30) 5:00, 7:15; Care Bears: Oopsy Does It! (G) Sat.-Sun. (10:30a.m.); **Cloverfield** (PG-13) Fri.-Sat. (11:15, 1:30, 3:45) 6:00, 8:15, 10:30 Sun. (11:15, 1:30, 3:45) 6:00, 8:15; **Mad Money** (PG-13) Fri.-Sat. (12:30, 3:15) 5:45, 8:15, 10:45 Sun. (12:30, 3:15) 5:45, 8:15; **Meet the Spartans** (PG-13) Fri.-Sat. (11:00, 1:15, 3:30) 5:30, 7:45, 10:00 Sun. (11:00, 1:15, 3:30) 5:30, 7:45; **Rambo** (R) Fri.-Sat. (12:45, 3:00) 5:15, 7:30, 9:45 Sun. (12:45, 3:00) 5:15, 7:30; **27 Dresses** (PG-13) Fri.-Sat. (12:15, 2:45) 5:15, 8:00, 10:30 Sun. (12:15, 2:45) 5:15, 8:00

POWAY

Powav 10

13475 Poway Road (858-646-9423) Skidmarks (Not Rated) Fri.-Sat. (11:15, 1:30, 3:45) 6:15, 8:30, 10:45 Sun. (11:15, 1:30, 3:45) 6:15, 8:30

Call theater for program information

SAN MARCOS

San Marcos 18

1180 West San Marcos Boulevard at Old California Walk (760-471-3711) Call theater for program information

VISTA

Vista Village Highway 78 at Vista Village Drive (760-945-7469)

Alvin and the Chipmunks (PG) Fri.-Sun. (1:35, 4:00) 6:30; Atonement (R) Fri.-Sun. 11:00, 1:45, 4:30) 7:10, 10:00; The Bucket List (PG-13) Fri.-Sun. (11:35, 2:10, 4:35) 7:05, 9:30; Cloverfield (PG-13) Fri.-Sun. (11:05, 12:30, 1:20, 2:45, 3:35, 5:00, 5:45) 7:20, 8:00,

9:40, 10:20; **First Sunday** (PG-13) Fri.-Sun. (12:20, 2:45, 5:05) 7:30, 10:00; **I Am Legend** (No Rating) Fri.-Sun. (2:20, 4:50) 7:30, 10:10; **Juno** (PG-13) Fri.-Sun. (11:50, 2:15, 4:40) 7:10, 9:35; **Mad Money** (PG-13) Fri.-Sun. (12:10, 2:30, 5:00) 7:25, 10:00; **Meet the Spar**tans (PG-13) Fri.-Sun. (11:00, 1:05, 3:10, 5:15) 7:35, 9:50; National Treasure: Book of Secrets (PG) Fri.-Sun. (10:50, 1:45, 4:45) 7:40, 10:35; Pirates Who Don't Do Anything: A VeggieTales Movie (G) Fri.-Sun. (11:10a.m.); Rambo (R) Fri.-Sun. (12:30, 3:05, 5:25) 7:50, 10:15; **There Will Be Blood** (R) Fri.-Sun. (12:00, 3:30) 7:00, 10:25; **27 Dresses** (PG-13) Fri.-Sun. (11:00, 11:45, 2:20, 5:05) 7:45, 9:00, 10:25; **Untraceable** (R) Fri.-Sun. (11:45, 2:15, 4:45) 7:15, 9:45

NORTH COASTAL CARLSBAD

Plaza Camino Real

2385 Marron Road (760-729-7469) The Bucket List (PG-13) Fri.-Sat. (12:10, 2:30, 4:45) 7:00, 9:15 Sun. (12:10, 2:30, 4:45) 7:00; Cloverfield (PG-13) Fri.-Sat. (11:55, 1:55, 3:55) 5:55, 7:55, 9:55 Sun. (11:55, 1:55, 3:55) 5:55, 7:55; **Juno** (PG-13) Fri.-Sat. (12:20, 2:45) 5:05, 7:25, 9:40 Sun. (12:20, 2:45) 5:05, 7:25

DEL MAR

Del Mar Highlands 8

El Camino Real at Del Mar Heights Road (858-646-9420) **The Bucket List** (PG-13) Fri.-Sat. (11:00, 1:45) 4:30, 7:15, 9:45 Sun. (11:00, 1:45) 4:30, 7:15; **Charlie Wilson's War** (R) Fri.-Sat. (11:30, 2:15) 5:00, 7:30, 10:00 Sun. (11:30,

2:15) 5:00, 7:30; **Cloverfield** (PG-13) Fri.-Sat. (10:00, 12:00, 2:00, 4:00) 6:00, 8:15, 10:30 Sun. (10:00, 12:00, 2:00, 4:00) 6:00, 8:15; **Mad Money** (PG-13) Fri.-Sat. (10:00, 12:30, 3:00) 5:30, 8:00, 10:30 Sun. (10:00, 12:30, 3:00) 5:30, 8:00; **Meet the Spartans** (PG-13) Fri.-Sat. (10:00, 12:15, 2:30) 4:45, 7:00, 9:30 Sun. (10:00, 12:15, 2:30) 4:45, 7:00; **Skidmarks** (Not Rated) Fri.-Sat. (11:15, 1:30, 3:45) 6:15, 8:30, 10:45 Sun. (11:15, 1:30, 3:45) 6:15, 8:30; **27 Dresses** (PG-13) Fri.-Sat. (10:30, 12:45, 3:15) 5:45, 8:15, 10:45 Sun. (10:30, 12:45, 3:15) 5:45, 8:15: Untraceable (R) Fri.-Sat. (10:15, 12:30, 2:45) 5:15, 7:45, 10:15 Sun. (10:15, 12:30, 2:45) 5:15, 7:45

Flower Hill 4

2630 Via de la Valle (858-646-9425) Atonement (R) Fri.-Sat. (10:30, 1:30) 4:30, 7:30, 10:15 Sun. (10:30, 1:30) 4:30, 7:30; **Cas**sandra's Dream (PG-13) Fri.-Sat. (10:15, 12:45, 3:15) 5:45, 8:15, 10:45 Sun. (10:15, 12:45, 3:15) 5:45, 8:15; Juno (PG-13) Fri.-Sat. (10:00, 12:30, 3:00) 5:30, 8:00, 10:30 Sun (10:00, 12:30, 3:00) 5:30, 8:00; There Will Be **Blood** (R) Fri.-Sat. (11:30, 3:30) 7:00, 10:30 Sun. (11:30, 3:30) 7:00

ENCINITAS

471 South Coast Highway 101 (760-436-SHOW) Into the Wild (R) Sat.-Sun. 3:00, 6:00, 9:00

LA COSTA

La Costa 6

6941 El Camino Real (at Aviara/Alga) (760-599-8221)

The Bucket List (PG-13) Fri.-Sat. (11:15, 2:00) 4:45, 7:15, 9:45 Sun. (11:15, 2:00) 4:45, 7:15; Care Bears: Oopsy Does It! (G) Sat.-Sun. (10:30a.m.); Cloverfield (PG-13) Fri.-Sat. (11:30, 1:45, 4:00) 6:15, 8:30, 10:45 Sun. (11:30, 1:45, 4:00) 6:15, 8:30; **Juno** (PG-13) Fri.-Sat. (10:00, 12:15, 2:45) 5:15, 7:45, 10:15 Sun. (10:00, 12:15, 2:45) 5:15, 7:45; **Mad Money** (PG-13) Fri.-Sat. (10:00, 12:30, 3:00) 5:30, 8:00, 10:30 Sun. (10:00, 12:30, 3:00) 5:30, 8:00; National Treasure: Book of Secrets (PG) Fri. (10:30, 1:30) 4:30, 7:30, 10:30 Sat. (1:30) 4:30, 7:30, 10:30 Sun. (1:30) 4:30, 7:30; **27 Dresses** (PG-13) Fri.-Sat. (10:15, 12:45, 3:15) 5:45, 8:15, 10:45 Sun. (10:15, 12:45, 3:15) 5:45, 8:15

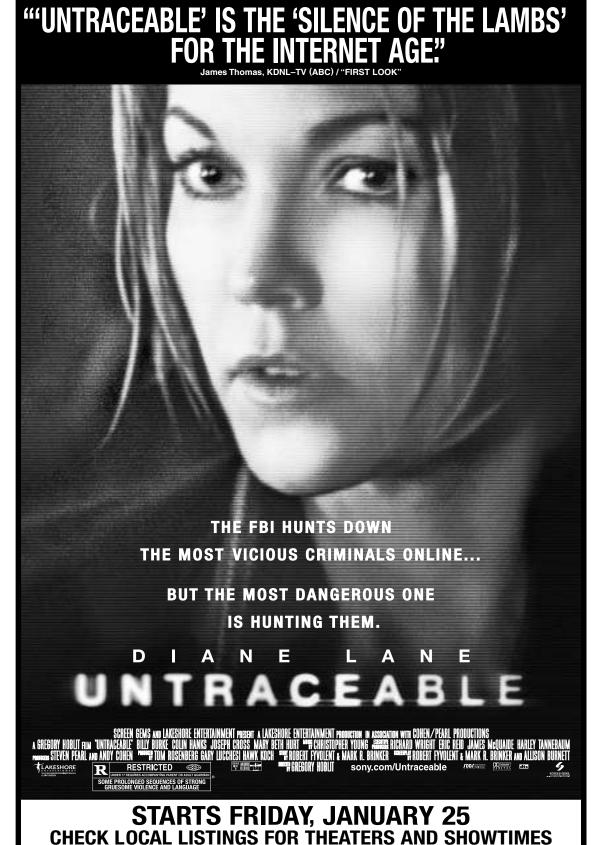
OCEANSIDE

Mission Marketplace 13

College Boulevard and Mission Avenue (760-806-1790)

Alvin and the Chipmunks (PG) Fri.-Sat. (12:15, 2:30) 5:00, 7:30, 9:45 Sun. (12:15, 2:30) 5:00, 7:30; **The Bucket List** (PG-13) Fri.-Sat. (11:45, 2:30, 4:45) 7:30, 10:00 Sun. (11:45, 2:30, 4:45) 7:30; **Cloverfield** (PG-13) Fri.-Sat. (12:00, 2:15, 4:15) 6:30, 8:30, 10:45 Sun. (12:00, 2:15, 4:15) 6:30, 8:30; **First Sunday** (PG-13) Fri.-Sat. (12:30, 3:00) 5:30, 7:45, 10:15 Sun. (12:30, 3:00) 5:30, 7:45; **How She Move** (PG-13) Fri.-Sat. (11:15, 1:30, 4:00) 6:15, 8:30, 10:45 Sun. (11:15, 1:30, 4:00) 6:15, 8:30; **Juno** (PG-13) Fri.-Sat. (11:30, 1:45, 4:30) 7:00, 9:30 Sun. (11:30, 1:45, 4:30) 7:00; **Mad Money** (PG-13) Fri.-Sat. (11:30, 2:00, 4:45) 7:15, 9:45 Sun. (11:30, 2:00, 4:45) 7:15; **Meet the Spartans** (PG-13) Fri.-Sat. (11:00, 1:00, 3:15) 6:00, 8:15, 10:30 Sun. (11:00, 1:00, 3:15) 6:00, 8:15; Michael Clayton (R) Fri.-Sat. (11:15, 2:15) 5:15, 8:00, 10:45 Sun. (11:15, 2:15) 5:15, 8:00; National Treasure: Book of Secrets (PG) Fri.-Sat. (12:45, 3:45) 7:00, 10:00 Sun. (12:45, 3:45) 7:00; Rambo (R) Fri.-Sat. (11:00, 1:15, 3:30) 5:45, 8:00, 10:30 Sun. (11:00, 1:15, 3:30) 5:45, 8:00: 27 Dresses (PG-13) Fri.-Sat. (12:15, 2:45) 5:15, 7:45, 10:15 Sun. (12:15, 2:45) 5:15, 7:45: Untraceable (R) Fri.-Sat. (11:00, 1:15, 3:30) 5:45, 8:15, 10:45 Sun. (11:00, 1:15, 3:30) 5:45, 8:15

Oceanside 16



SORRY, NO PASSES ACCEPTED FOR THIS ENGAGEMENT.

401 Mission Avenue (760-439-1733) Call theater for program information

HELP WANTED

PLACE PRINTED ADS in Job Giant and the Reader by calling 619-235-8200. **POST FREE ONLINE ADS** with photos at SanDiegoReader.com. See thousands of classified ads not printed here!

ACTIVISM. Great jobs to protect the envi-ronment. Part time/full time positions. Ca-reer positions available. Earn \$350-\$550 per week. Call Lee at 619-297-5512. www.jobsthatmatter.org.

ACTIVITIES. Casa de las Campanas, an upscale retirement community located in Rancho Bernardo, has an opening for a full-time Activity Assistant. Responsibilifull-time Activity Assistant. Responsibilities will include planning and implementing activity programs for Assisted Living and Independent Residents. Experience in Administration, proficiency with Word. We offer competitive wages and spectacular benefits. If you would like to make a difference, please visit us to complete an application Monday-Friday, 8:30am-12:00noon and 1:00pm-4:00pm, in the Human Resources Department, 1865 West Bernardo Drive, San Diego 92127. EOE.

AD SPECIALTIES SALES. Looking for experienced Representatives only! Must be currently selling or have recently sold ad specialties. We pay 100% over our low pars! Set your own hours! Call today, 619-402-3198.

ADMIN ASSISTANT/BOOKKEEPER. Accounting practices, office organization, administrative skills. Very reliable! Must be computer savy. Competitive package offered. Resume/salary requirements: jobssdr@discountechnology.com or fax: 619-491-9419. Reference BK02.

ing sales reps. Must possess excellent customer service skills and be able to work comfortably with the public and coworkers. Duties include preparing and scheduling display and classified ads to appear in the Reader and its employment publication, Job Giant. Customer contact involving discussion of rates, policies, deadlines and accounting issues included. Must be organized and detail-oriented. No actual sales involved. Benefits include health coverage paid 100%, 401(k) with employer match, free downtown parking in Little Italy, and more. Email: hrdept@sdreader.com. Mail: Human Resources, PO Box 85803, San Diego, CA 92186-5803. Fax: Attention Human Resources, 619-231-0489.

ADMINISTRATIVE/CLERICAL. Volt Ser vices Group. Temporary, Temporary-to-Direct Hire, Direct Placement. Competitive wages, paid weekly. Paid holidays, vacation. Medical, dental, train-

Free Classifieds: web or mail

EARLY DEADLINE by 6 pm MONDAY

Applies to private parties. Other rates for roommates, rentals and paid services. Info: 619 235 8200

WEB: SDReader.Com MAIL: P.O. Box 85803, San Diego 92186 (up to 25 words)

\$8 Classifieds: phone or walk-in

LATE DEADLINE by 6 pm TUESDAY

Applies to private parties. Other rates for roommates, rentals and paid services. PHONE: 619 235 8200 WALK-IN: 1703 India Street (at Date) Little Italy

ing, career management. www.jobs.volt.com. EOE. San Diego: 858-576-3140; e-mail: clairemont@volt.com. Carlsbad: 760-729-8916; email carlsbad@volt.com. El Cajon: 619-401-1524; email elcajon@volt.com. San Marcos: 760-471-0800; email sanmarcos@volt.com. Scripps Ranch: 858-578-0920; email scrippsranch@volt.com.

AGENTS WANTED IMMEDIATELY! Obtain your Real Estate license now! Our fast-track program is 2-1/2 weeks with 1-on-1

coaching and free video cram. \$100K potential. Work for national brand now! Call Susan: 858-245-7880 or 800-319-1031.

AIDE/HELPER. Pacific Beach. House chores, some cooking, some driving (using my car). Saturday/Sunday 5 hours a day, 10 hours total/week, 1pm-6pm/flexible. Living nearby helpful, check not cash, \$9.25-\$9.75/hour. 858-274-5078.

AIRLINE ATTENDANTS: Group interview 5pm Thursday, February 7, at Holiday Inn Express Old Town, 3900 Old Town Av-enue, San Diego, CA, 92110. Please bring a copy of your resume and apply

ANIMAL CARE ASSISTANT. 2 positions City of Chula Vista. \$2722-\$3308/month.

Performs routine animal shelter mainte-nance and operations work. Apply by 2/15/08. City of Chula Vista, 263 Fig Avenue, Chula Vista 91910. www.chulavistaca.gov. ANIMAL CARETAKER. Part-time Pet Sit-ter. Permanent. 7 days plus holidays. Split shift. Infrequent traveler, bonded, positive minded, ethical, prompt. Reliable car. 619-685-7979.

APARTMENT ASSISTANT MANAGER Part-time, off-site, assistant manager. Experience in computers and office skills. Strong renter with transportation. Call 619-692-3124.

APARTMENT MANAGER. Experienced manager for an onsite 92 unit complex in El Cajon. Substantial salary. Lodging.

Fax resume to 619-303-2080.

APPOINTMENT SETTER. No selling!
\$10/hour base pay. Earn up to \$20/hour!
No experience needed. Just book appointments. Money motivated, reliable people for 9am-3pm shift, Monday-Friday. Additional hours available. Gateway Marketing. San Diego: 619-697-5600. Escondido: 760-743-0050.

APPOINTMENT SETTER. www. monarchjobs.com. Up to \$500-\$1000+ weekly! Paid weekly. AM/PM shifts. Full, part time. Medical, dental. Near Grantville trolley. Call today, start today! Mission Valley: 619-516-4276. ARTIST WANTED, Paint on kitchen closet. pantries, Hawaii tropical scenery, plume-rias. Birds of paradise. Scenery should be mural. Realistic style painting. Pay cash, 760-723-7373, 818-535-9955.

ASSET PROTECTION OFFICERS. Guard Management, Inc. provides all training, Guard Card testing, Live Scan for GMI potential hires. Hiring full/part time countywide. Immediate placement with valid California Guard Card. Excellent compensation, growth potential to \$20.00/hour for Field Officers. Recruitment bonus, 401(k), health, professional certification. Apply: 8001 Vickers Street, San Diego. Eligibility is conditional. 858-244-1896 or e-mail resume: FJohnson@GMlweb.com

AUTO LOAN COLLECTOR/LOAN Funder Collect delinquent auto loans and pro-cess credit applications. Excellent cus-tomer service skills required. Entry-level with advancement opportunities. E-mail

BALLROOM DANCE INSTRUCTORS, San ilego ballroom studio. Full-time positions or ambitious, outgoing individuals. alary: \$15-\$25/hour plus commisssion. aid vacation, sick days. 858-451-3775. ww.dancemotionstudios.com.

BARTENDERS NEEDED. Looking for part/full time bartenders. Several positions available. No experience required. With hourly wages and tips make up to \$300 per shift. Call 800-806-0082 x200. (AAN CAN).

(AAN CAN).

BOOTH RENTALS. Hair Menagerie in Clairemont. Off Balboa and Genessee near Conroy's Flowers. Small salon, great fun yet professional attitude. Join us! Cindy, 858-569-6233; 619-300-6629.

CALL CENTER REPS. MDI offers paid holidays after 520 hours and vacation bonuses after 2000 hours. MDI Staffing, 8316 Clairemont Mesa Boulevard, #204. Fax 858-277-5621. Call 858-277-5680.

CAMP SUMMER JOBS. Great summer jobs! Lifeguards, Camp Counselors, and Camp Unit Leaders. Check out our web-

CAREGIVER, LIVE-IN. Experienced for active male quad. Good driving record a must. Salary plus room and board. Background check. For more info: 619-466-9189.

CAREGIVER. Provide assistance to adults with developmental disabilities. Apply: Home of Guiding Hands, 1825 Gillespit Howe of Cuiding Hands, 1825 Gillespit Way #200, El Cajon, CA, 92020, on-line: www.guidinghands.org, call: 619-938-3057

CAREGIVERS, LIVE-IN: Attentive Home CAREGIVERS, LIVE-IN: Attentive Home Care has immediate assignments for Live-In Caregivers. Experience a must! CA ID or driver's license, Social Security and required. Fingerprint and TB test a plus. Flexible schedules. Hourly or live-in. Competitive pay. Overtime for holidays. Employer-matched 401(k). Health, vision and dental insurance available. Also hirring CNAs, HHAs and hourly Caregivers. Call for an interview in North County or San Diego: 760-434-4393 or 619-231-

HELP WANTED



NEW INBOUND/OUTBOUND CALL CENTER · UP TO \$20-\$30/HOUR

WEEKLY PAY 500 SIGN-ON BONUS!

Paid Training

Paid Holidays

• 401(k)

- Medical/Dental/Life Insurance
- Full-time Opportunities
 - Cash Bonuses Paid Nightly

Call: 760-497-5291



Or apply in person 12-5 pm Monday-Thursday: 2851 Camino del Rio South, Suite 300 San Diego, CA 92108

Online Sales Representative

SDReader.com, the website for the San Diego Reader newsweekly, has openings for Online Sales Representatives to join our team. We are seeking seasoned sales professionals with a strong background in Internet media sales. Qualified candidates will be proactive in developing revenue, increasing our client base, and selling marketing solutions for SDReader.com. Online Sales Representatives will also be responsible for developing proposals, managing current business, and generating opportunities in a quickly-changing industry. Please send a cover letter and updated résumé detailing your experience in online sales.

Classified Administrative Assistant

A personable, versatile, detail-oriented applicant needed for classified department of large weekly newspaper. Must be able to work comfortably with the public and coworkers. Multitasking skills a plus. Responsibilities include functioning as a sales assistant to classified/display advertising reps. Duties include contacting advertisers by phone, data entry, plus miscellaneous organizational and administrative tasks. Work in a positive, casual environment for the nation's fourth-largest alternative

Sales Administrative Assistant

The San Diego Reader is looking for a Sales Administrative Assistant with at least 3 years' experience. Must possess excellent customer service skills and be able to work comfortably with the public and coworkers. Multitasking skills are a plus. The ideal candidate will be smart, personable and detail-oriented to help support a busy sales staff. Duties include: servicing accounts, assisting sales reps with advertising production, clerical tasks, data entry, answering phones, researching accounting issues, contacting advertisers by phone, and miscellaneous organizational and administrative tasks for various departments. Windows, MS Word, and Excel required. Must be able to lift 35 lbs

Benefits include health coverage paid 100%, 401(k) with employer match, free downtown parking in Little Italy and more

E-mail:

hrdept@sdreader.com

Mail:

Human Resources P.O. Box 85803 San Diego, CA 92186-5803

Fax:

ATTN: Human Resources Online Sales (619) 231-0489





Probation

Correctional Deputy Probation Officer I

Minimum Qualifications

- 21 years old Good physical condition No illicit drug usage • U.S. citizen or in process of becoming a citizen
 - No felony convictions High school diploma or GED

Salary:

\$35,069-\$44,741 annually Safety Retirement~Sworn Officers 3% at age 50. Bilingual men/women encouraged to apply.

Test date: February 2, 2008 • 8 am

Montgomery Middle School 2470 Ulric Street • San Diego, CA 92111

Applications available at the test site. For additional information, contact the department's

Jobline: 858-514-8558

www.sdcounty.ca.gov/probation



WELK RESORTS IN ESCONDIDO IS LOOKING FOR "SELF"-ISH PEOPLE!

"SELF"-ish people are: SELF Motivated, SELF Disciplined, SELF Aware, SELF Reliant, and SELF Directed.

If "SELF"-ish describes you, then you should join our professional vacation ownership Sales team!

In 2007, 35 Sales Agents made or were on pace to make over \$100,000!

These people did NO prospecting, NO advertising, NO traveling, and NO billing.

> The clients came to the resort and the agents had 4+ weeks of vacation.

Call Tom Trobaugh at (760) 749-5082 or fax resume to (760) 749-5084 www.welkresorts.jobs

0151. *North County applicants, please mention where you're calling from.

CAREGIVERS. Beautiful assisted living facility in Poway has day shifts available (7am-7pm). Benefits, bonuses, extra pay or weekends. Must be kind and caring! Call 858-674-1255 x206.

Call 658-674-1235 x206.

CAREGIVERS. Full/part time. 24-hour live-ins. Male/female. 1+ year experience, ve-hicle required. Caregivers, Companions, HHAS, CNAS. Leave contact information and brief experience: 619-944-3327.

CAREGIVERS. Home Instead Senior Care needs cheerful, dependable people to help seniors stay at home with our non-medical home care services. Competitive pay/training. Flexible hours. Great benefits. Central/East Jobline: 619-433-6200. South Bay/Castal: 858-277-3729.

CAREGIVERS/CNAs/HHAs Immediate openings: Hourly, Live-in, Nights. Cheerful, compassionate Companions/HHAs/ CNAs to assist seniors in-home. Minimum 1-year experience. Premium pay/bonuses/benefits, 24-hour office sup-port. Flexible assignments. Age Advantage, 619-660-8881.

CAREGIVERS/CNAs/HHAs. Hourly and riexhe hours, competitive compensa-tion, paid weekly. Apply weekdays: 9am-4pm. Right at Home, 8369 Vickers Street #203, San Diego CA 92111. www. rahlajolla.com. 858-277-5900.

CAREGIVERS/COMPANIONS. Minimum 1 year experience non-medical home care for seniors. Valid California Driver's License. Serving Santee/La Mesa/Del Cerro/San Carlos. Maureen, Visiting Angels, 619-749-7525.

CAREGIVERS/COMPANIONS. Visiting ARLEIVERS/COMPANIONS. Visiting Angels, America's Choice in Homecare. Now hiring compassionate, caring Carejivers/Companions. Requires minimum 1 year experience in non-medical home care for seniors and valid CA driver's license. Serving Poway, Rancho Penasquitos, Scripps Ranch and Mira Mesa areas. Call for an immediate interview: 760-703-2192.

760-703-2192.

CAREGIVERS/HOME HEALTH/Personal Assistants/CNAs. Get paid weeklyl Hourly and live-in. Compassionate and dependable. Flexible hours, competitive pay. Apply weekdays, 8am-3pm: Right at Home 858-451-7844; 16486 Bernard Center Drive #124, San Diego, CA 92128. www.rahencinitas.com.

CAREGIVERS: LIVE-INS, 2, 3, 4 or 5 days/week, \$120/day including sleep and meal periods. Weeknds and hourly: 4-hour, 8-hour and 12-hour shifts, AM/PM. Top pay, flexible shifts 24/7, 401(k), production bonus, rewards for good work. Requires valid driver's license, vehicle/insurance, registration, one year of paid elder caregiving experience, eligibility to work in the United States. \$50 Hiring Bonus after 90 days of employment. Comfort Keepers, 2006 Workplace Excellence Medallion Award SDSHRM, San Diego: 619-795-6036. San Marcos: 760-598-3400. CAREGIVERS: LIVE-INS, 2, 3, 4 or 5

CAREGIVERS needed immediately. 1 year experience. All shifts available. Hourly and live in. Call Assertive Homecare Services, 3774 Grove Street, Suite L-1, Lemon Grove. 619-466-6890.

CARPET CLEANER for growing carpet cleaning company in San Diego County. Must have clean DMV. Call today, start tomorrow! 858-577-0341.

CHEMICAL HANDLERS: JOB FAIR: Mon CHEMICAL HANDLERS: JOB FAIR: Monday-Friday, January 28-February 1, 10am-3pm, at 10717 Camino Ruiz, Suite 252, Mira Mesa, CA 92126 (corner of Mira Mesa Boulevard and Camino Ruiz). The Eastridge Group, in partnership with Kyocera America, has the following temporary and temp-to-hire open positions: Machine Operators, Microscope Inspectors, Chemical Handlers. Benefits available! Attend our job fair or call for more info: 888-566-9111.

info: 858-566-9111.

CIRCULATE PETITION. Circulate statewide political petition. \$100-\$200/day. Paid 3 times per week. All areas. Work immediately after a brief orientation. Call 24/7, 619-819-8950.

CIRCULATORS. Collect signatures on statewide petitions. No experience necessary. Paid 3x/week. \$10-\$30/hour. Independent contract work where/when you want. Full/part time. 619-230-9020.

CLASSROOM AIDES. Work with develop CLASSROOM AIDES. Work with developmentally disabled children in non-public school. Experience preferred. Allied Gardens, Chula Vista, La Mesa. Monday-Friday, 7:30am-1pm. \$9.75/hour to start. EOE. www.vistahill.org. E-maii: steinjobs@vistahill.org. Fax resume: 619-281-0453. EOE. Apply weekdays, 9am-4pm: Stein Education Center, Attention: HR, 6145 Decena Drive, San Diego CA 92120

CLOSERS WANTED to generate leads for home improvement. No selling of products! Average income \$20-\$30+/hour, part-time! Monday-Saturday, day/evening. More info, 1-866-DRHARTY (1-866-374-2789).

www.thd.net.

CNA/CHHA. Beginners, experienced.
Family Caregivers, Childcare, Home Care
Aides, Drivers. Great pay! New-hire
bonus! Nonmedical, in-home help for seniors, children, disabled. 12-and 24-hour
shifts! Training, Flexible schedules, benefits, retirement, childcare. At Your Home
Familycare. E-mail: homecarejobs@
atyourhomefamilycare.com. Toll free: 1877-903-JOBS.

CNAs AND HHAs, Caregivers/Homemakers. We offer weekly pay, flexible schedules, and training. Hourly and live-inwanted. Apply: Right at Home. 858-451-5762; or e-mail resume: employment@rahencinitas.com.

COMMERCIAL LOAN OFFICERS and COMMERCIAL LUAN OFFICERS and Branch Manager positions available now. Generous commission splits, leads and proven marketing plans, work from home or office. No fees. 8 positions available. Fax resume to: 858-630-2236 or e-mail to: info@ mortgageloanexpertsinfo.com.

SAN DIEGO SHERIFF'S DEPARTMENT **Now Hiring!**



THE REFLECTION OF SUCCESS

Exam Dates:

January 30, 2008 • 5:30 pm Arrival

Sheriff's Administrative Center 9621 Ridgehaven Ct., San Diego, CA 92123 Registration by e-mail or phone is required prior to the Ridgehaven test ONLY. recruit@sdsheriff.org

February 2, 2008 • 7:30 am Arrival

Southwestern College Cafeteria 900 Otay Lakes Road, Chula Vista, CA 91910

18-year-olds eligible to apply!

Bring valid photo ID and \$3 for parking at Southwestern.

www.joinsdSHERIFF.net 858-974-2000

San Diego County Sheriff's Department Open House January 31, 2008 • 6-8 pm

This FREE event is a great opportunity for anyone interested in a career in law enforcement. Talk to the heroes of the Sheriff's Department about the hiring process, qualifications, benefits, career advancement, the academy and much, much more!

> San Diego Sheriff's Department 9621 Ridgehaven Court, San Diego, CA 92123

> > Contact Deputy Laura Legler:

858-974-2336 Laura.Legler@sdsheriff.org COMMUNITY TRAINING Specialist/Job Coach. \$9.75/hour to start. Assist developmentally disabled adults in the community. Behavioral and instructional programs. Implement schedules. 32.5 hours/week. Benefits. E-mail: steinjobs@vistahill.org. Fax resume: 619-281-0453. Apply weekdays, 9am-4pm, Stein Education Center, Attention: HR, 6145 Decena Drive, San Diego CA 92120.

CONSTRUCTION: Project Managers. Service Technicians, Installers. Seeking motivated, organized people experienced with design, blueprints, AV systems installation. Benefits offered. Send resume: dplotkin@audioassociates.com; fax 619-461-9469. ECE.

CORRECTIONAL DEPUTY PROBATION Officer I. County of San Diego Probation Department now hiring. Test Date: February 2, 2008, 8am. Montgomery Middle School, 2470 Ulric Street, San Diego 92111. Must be 21 years, good physical condition, no illicit drug usage. U.S. citizen or becoming a citizen. Pass criminal/personal background investigation. No felony convictions. High school. No felony convictions. High school diploma/GED. \$35,068-\$44,740/year. www.sdcounty.ca.gov/probation. Jobline: 858-514-8558.

COSMETOLOGISTS. We provide benefits for Licensed Cosmetologists that are unmatched in the industry: health, wealth, training, and life crisis management retraining, and life crisis management sources. Call 877-870-8087 or en vasmin.shah@greatclips pet

CUSTOMER SERVICE REP. Experienced, bilingual Spanish. Immediate full-time position for well established company. Call Allen at 858-292-8577.

CUSTOMER SERVICE, SEASONAL. Make CUSTOMER SERVICE, SEASONAL. Make people happy— Join ProFlowers as a Customer Service Associate. Requires good communication skills and computer proficiency in a Windows environment. \$10/hour with opportunities for seasonal increase; \$9/hour paid training. Flexible hours: early morning, late afternoon and evening start times; 24/7 call center. Location: Sorrento Valley/Mira Mesa area. To see for yourself why San Diego Magazine named ProFlowers as "One of San Diego's Best Places to Work" in 2006, check us out at http://proflowers.ning. com. Send us your resume today for a fresh opportunity! E-mail: jobs@proflowers.com. Fax: 858-909-4201.

CUSTOMER SERVICE. Setup and dis play. No experience necessary, we wil train. Call for interview, 619-448-2294.

train. Call for interview, 619-448-2294.

CUSTOMER SERVICE. Start the New Year with a great job! Up to \$500-\$1000+ weekly setting appointments! www.monarchjobs.com. Paid weekly. AM/PM shifts. Full, part time. Medical, dental. Near Grantville trolley. Call today, start today! Mission Valley: 619-516-4276.

CUSTOMER SERVICE/DISPATCHER. CUSTOMER SERVICE/DISPATCHER.

ARS of San Diego is seeking a motivated multitasker with good communication and leadership skills for a fast-paced environment. Must be a team player with a minimum of 5 years experience. Kevin, 858-677-5444 x113. kkellington@ars.com, www.jobswithars.com. Drug-free work environment. License #791820.

CUSTOMER SERVICE: Great opportunity for detail-oriented person at Mayer Reprographics in Mira Mesa. Computer skills required. Full time with benefits. 8:30am-5pm Monday-Friday. Apply at: 6331 Nancy Ridge Drive.

DELIVERY DRIVERS for MSI, San Diego's largest production company. Delivering and picking up equipment from job sites, providing customer service/support, and installing, connecting and operating AV equipment as needed. Must be able to work weekends and have clean DMV record. Experience driving up to a 24 'truck and manual transmission preferred. Resumer fax 858-348-0079 or e-mail hr@msiprod.com. Or apply in person: Meeting Services, Inc., 9200 Activity Road, San Diego, CA 92126, 858-348-0100. EOE.

348-0100. EOE.

DEMONSTRATORS. The ultimate job. \$15-\$25/hour. Pacific Home Remodeling, Inc. is seeking energetic and professional Demonstrators to promote our energy-efficient/green living products for our Show and Events Department. Make great money! No resume required. No experience necessary, training and materials provided. Growth opportunities. Call 877-411-4700. www.pacifichomeremodeling.com

DEPUTY PROBATION OFFICER. County of San Diego Probation Department is now hiring. Test Date: February 23, 2008. Qualified applicants will be notified by mail of the time and location of the test. Applications must be submitted no later than 15 days prior to exam date. Qualifi-cations: Bachelor's degree with experications: Bachelor's degree with experience. Must be 21 years, good physical condition, no illicit drug usage. U.S. citizen or in process of becoming a citizen. Pass criminal/personal background investigation. No felony convictions. \$50,752-\$61,672/year. Safety Retirement-Sworn Officers 3% at age 50. Bilingual men/women encouraged to apply. Applications can be accessed online from the Job/Current Recruitment section of the County website at: http://www.sdcounty.ca.gov. Jobline: 858-514-8558.

http://www.sdcounty.ca.gov. Jobline: 858-514-8558.

DEPUTY SHERIFF and Deputy Sheriff Detentions/Courts. San Diego County Sheriff's Department. Hirring for two types of positions; take one exam, apply for either or both It-xam Dates: Wednesday, January 30, 2008, 5:30pm arrival, Sheriff's Administrative Center, 9621 Ridgehaven Court, San Diego CA 92123 or Saturday, February 2, 2008, 7:30am arrival, South-western College Cafeteria, 900 Otay Lakes Road, Chula Vista CA 91910. Registration by e-mail or phone is required for the Ridgehaven test ONLY at: recruit@ sdsheriff org. Detention/Courts: \$39.796-\$61,608 annual salary, plus benefits. 18-year-olds eligible to apply! Deputy Sheriff: \$49,704-\$71,099 current annual salary, plus benefits. U.S. citizen or applied for citizenship; 20-1/2 years old. High school graduate or G.E.D. required. Bring valid photo ID and \$3 for parking at Southwestern. Valid California Driver's License prior to appointment. Effective oral and written communication in English. EOE. Additional test dates: www.joinsdSHERIFF.net. 858-974-2000.

DETAILER/YACHTS. Wash/buff/wax in local San Diego marinas. Full-time, \$8.50-\$9.50/start. Reliable vehicle required, will transport equipment. 619-944-0741.

DISPATCHER/CUSTOMER SERVICE. DISPATCHER/CUSTOMER SERVICE.
ARS of San Diego is seeking a motivated multitasker with good communication and leadership skills for a fast-paced environment. Must be a team player with a minimum of 5 years experience. Kevin, 858-677-5444 x113. kkellington@ars.com, www.jobswithars.com. Drug-free work environment. License #791820.

DRIVER, VENDING ROUTE. Full time. Experienced preferred or will train. Bring

clean DMV. Good pay plus benefits, com-pany vehicle. Apply Monday-Friday: 7988 Stromesa Court, San Diego.

DRIVER. Bus tours of San Diego and Tijuana, charters and SPAB. Class B/P/A license required. To \$14/hour plus medical, dental, and vision benefits. Call:

619-520-5200.

DRIVER. Lakeside area. Class B with P endorsement and current DOT medical card. Experienced operating 16-26 passenger minibus with wheelchair equipment. California driver's license and clear DMV required. Full-time. 7am-4pm, Monday-Friday. Excellent benefits. \$10.25/hour to start DOE. Unyeway Inc.: 619-562-6330.

DRIVER/COURIER. Part-time shifts available. Must have pickup with shell, minivan or cargo van. Excellent pay, mileage and benefits! Call 858-444-2350.

portunity in busy, growing litigation support service. We will train an enthusiastic team player. Good driving record. \$9.00 to start, company car. Full time. 619-298-

DRIVERS WANTED. Requires valid CA driver's license, current H-6 DMV printout and good, safe driving skills. Must be 25 years or older. Apply in person at Xpress Shuttle, 1065 Bay Boulevard, Suite B, Chula Vista, CA 91911.

DRIVERS. 100% paid family insurance! Home daily! Owner/operators drop and hook loads! CDL-A, 2 years experience, 3 points maximum! Complete Logistics, 800-373-9001.

DRIVERS. Bonus paid! Auto parts delivery with late model pickup truck, car or van. Clean DMV. Local and North County openings. \$1750 to \$2400 a month. Fuel paid. Independent contractors. 619-233-4374. DRIVERS. Dominion Distribution is look-

DRIVERS. Dominion Distribution is looking for part-time Drivers to deliver free publications on Mondays and Fridays. You must have truck or van and be currently insured. Call Monday-Friday, 8am-5pm, 858-279-3137 x243.

DRIVERS. Must have Class B license with passenger endorsement and at least 6 months experience. Fixed route, Monday-Friday, 36-40 hours/week with benefits. Call 619-287-0628.

DRIVERS. Now hiring Patrol Drivers! \$11.00 per hour. Call now, 619-294-3200. **DRIVERS.** Teams earn top dollar plus great benefits. Solo drivers also needed for Western regional. Werner Enterprises, 800-346-2818 x123.

DRIVERS. Transportation company seek-ing C-Class Drivers for fixed routes. Must have good driving record and clean background. For more information, please call 619-232-4199.

please can 619-232-4199.

PRIVERS. Transportation services provider for seniors and disabled. Great payl At Your Home Familycare. E-mail: homecarejobs@atyourhomefamilycare.com. Call toll free: 1-877-903-JOBS.

com. Call toll free: 1-877-903-JOBS.

DRIVERS/DELIVERY. Employees wanted! Use your own mini-pickup. \$440/week starting. Openings county-wide. Gas bonus paid. Growth opportunity. 619-230-1532, 858-578-7812, 760-639-5400. www.databay.net/applicant/formsd.asp.

DRIVERS wanted for floral deliveries for Valentine's Day, February 12, 13 and 14. Must be courteous and professional. Must have own vehicle, insurance, clean DMV and Thomas Brothers Guide. \$15/hour plus gas. A Flower Factory, 858-974-1231, 7276 Clairemont Mesa Boulevard.

vard.

EDUCATION. San Diego County Office of Education seeking qualified applicants for permanent/temporary positions: Child Aide Worker \$11.96-\$13.21/hour, Food Service Worker \$11.96-\$13.21/hour, Program Secretary \$16.45-18.14/hour. Accepting applications at www.sdcoe.net/apply. EOE.

EDUCATION: Now hiring a Youth Leader EDUCATION: Now hiring a Youth Leader, part time after school program working with high school students in the juvenile court and community schools. \$8.50-\$10.30/hour. Availability needed: Monday-Thursday, 1-5pm. Visit www.ymca.org. call Veronica Larios, 619-281-8313 x101, or e-mail vlarios@ymca.org. EOE.

ENGINEER, ELECTRICIAN, CARPENTER, ENGINEER, ELECTRICIAN, CARPENTER, Omni San Diego Hotel. Premier four star property located in the heart of Downtown San Diego, connected by sky bridge to the San Diego Padres Ballpark, is currently seeking candidates for General Engineer, Electrician and Carpenter. We offer an excellent benefit package and competitive wages. Drug-free workplace. EOE MIF/D/V/AA. Apply 10am-2pm Monday-Thursday: 675 L Street, San Diego, CA 92101. Fax 619-645-6564.

ENGINEER. Advanced Micro Devices, Inc. San Diego, CA. Engineering positions available: Engineer-SCA23409. Send resume to AMD, One AMD Place, Attention: M/S101. PO 3453. Sunnvvale

CA 94088-3453 referencing appropriate job title and requisition number.

job title and requisition number. ESTHETICIAN. Busy hair salon has clients! Experienced. Feed off 22 busy Hairstylists, complement your clientele! Some clientele preferred. Booth rental/commission. Part/full time. 20% commission on Retail! Centally located, Hazard Center, Mission Valley. Free parking. Signing Bonus! Apply: Zino's Salon, 7610 Hazard Center prive, #702, 92108. Zino, 619-574-7895.

EVENT/GAME STAFF. Fun working envi ronment! Interactive game rental company hiring staff for corporate parties and events. Will train. Very flexible schedule. Heavy lifting may be required. \$9-\$10/hour to start. For more information and to fill out application, go to www.partypals.com/job.html.

FINANCIAL SERVICES Marketing. Rapidly expanding financial services FINANCIAL SERVICES Marketing. Rapidly expanding financial services marketing company seeks local sales representatives. Ideal candidate will be motivated, honest, outgoing, en-trepreneurial, with 4 years of college or equivalent. Call our office and leave mes-sage (or fax) 24 hours: 877-286-5339.

FITNESS CENTERS hiring Front Desk Staff, Sales Consultants and Group Exer-cise Instructors. Part/full time. Being Fitness Centers. Mira Mesa, 858-549-3456; Clairemont, 858-483-9294; www.

Deingit.net.

FITNESS TRAINER with strong fitness background. Personal training experience required. Must be able to work full/part time hours. E-mail resume: donawilson@fitnesstogether.com or call

FITNESS: PERSONAL TRAINERS. Flexi ble schedules. No selling. Certification and experience a must. Private suites. Ca-reer growth. Mission Hills area. E-mail re-sume: BlakeBeckcom@FitnessTogether. com. Or call 619-794-0014.

FLIGHT ATTENDANTS: Group interview 5pm Thursday, February 7, at Holiday Inn Express Old Town, 3900 Old Town Avenue, San Diego, CA, 92110. Please bring a copy of your resume and apply selling a way shared to proper form. est.com/careers.

FLORIST-DESIGNER. Established Pacific Beach flower shop needs competent, hardy, experienced floral designer. Part-time. Weekends a must. Production work and customer service required. Fax re-sume to: 858-273-1203.

FOOD SERVER: Lead Food Server, full time and part time, at Sunrise Assisted Living At La Costa (license #374601134).

HELP WANTED

Special Education, Prevention Services and Treatment Programs

Applications/résumés are accepted Monday-Friday 9 am-4 pm.

Recreation Assistant • \$10.33/hr. to start, with benefits
Supervise direct care of children with autism and other disabilities. 12 units ECE or related field,
CA driver's license. Pre-employment screening/background check. Monday-Friday 9:30 am-6 pm.

Community Training Specialist/Job Coach • \$9.75/hr. to start, DOETo assist developmentally disabled adults in the community. Behavioral and instructional programs. Implement schedules. 32.5 hours/week. Benefits.

Transition Specialist • \$9.75/hr. to start, DOE

Assist teachers in group- and community-based instruction for developmentally disabled adults. Implement behavioral management programs. 30 hours/week.

Classroom Aides • \$9.75/hr. to start, DOE Work with developmentally disabled children in a nonpublic school. Experience preferred. Allied Gardens, Chula Vista, La Mesa. Monday-Friday 7:30 am-1 pm.

Stein Education Center, 6145 Decena Drive, San Diego, CA 92120 Fax: 619-281-0453, E-mail: steinjobs@vistahill.org
All applications/résumés must include job title. www.vistahill.org



Stronger Families ... Brighter Futures

Did you make \$50K last month?

San Diego couple discovers powerful entrepreneurial secrets and shows you how to duplicate the system that took them from average-paying jobs to a life of wealth and freedom.

Learn more about this revolutionary marketing business opportunity.

Only serious inquiries, please.

www.swanlifestyle.com (800) 439-1160





Careers in Probation



Deputy Probation Officer

Minimum Qualifications

- 21 years old Good physical condition No illicit drug usage • U.S. citizen or in process of becoming a citizen
 - No felony convictions Bachelor's degree with experience

Salary: \$50,752-\$61,672 annually Safety Retirement-Sworn Officers 3% at age 50. Bilingual men/women encouraged to apply.

Test date: February 23, 2008

Qualified applicants will be notified by mail of the date, time and location of the test. All applications must be submitted no later than 15 days prior to the exam date. Applications received after the 15th day will be scheduled for the following exam. Applications can be accessed on-line from the Job/Current Recruitments section of the County website at:

http://www.sdcounty.ca.gov Jobline: 858-514-8558

San Diego Police Department

NOW HIRING POLICE OFFICERS

Become One of America's Finest and Discover the Possibilities!

Over 100 career opportunities including nationally recognized SWAT, K-9, Air Support, Motor, Beach, Bike, Horse, Harbor and Investigative Teams.

Test Dates:

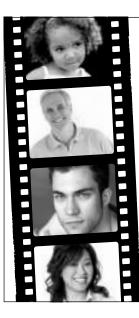
Sat., February 2, 2008 • 8:30 am Balboa Park Club Ballroom 2150 West Pan American Road & Presidents Way

Wed., February 6, 2008 • 6 pm Balboa Park Club Ballroom 2150 West Pan American Road & Presidents Way

Fri., February 8, 2008 • 8:30 am Balboa Park Club Ballroom 2150 West Pan American Road & Presidents Way



For more information, call: (619) 531-COPS Or visit our website at: www.sandiego.gov/police



Movie Extras & Models

Earn up to \$200 per day.

All looks needed to work with film and TV production companies.

No experience required.

Call: 877-282-2458

TELEPHONE SALES



\$360 Per Week Plus **Commissions**

Fun Sports Promo Products Great Training & the Tools to Help You Succeed Not Just a Job a Great Long-Term Opportunity

Our Top Rep Last Year Earned Over \$160,000!

WEBB SUNRISE • 619.220.7050

HOUSEKEEPERS!

Immediate Openings!

- · Weekly Pay
- Earn up to \$462 Weekly (after 5 weeks, full-time) plus tips
 - · Part-time or Full-time
 - Must Have Car and Phone WorkWithDanas@aol.com

Call today, start tomorrow! San Diego: 619-298-6110



\$150,000-\$200,000 per year!

- Long hours Nights and weekends
- Nasty boss
 Lazy don't even apply
- * * WE WILL TRAIN THE RIGHT PERSON * *

Join one of the fastest-growing and well-established remodeling companies in Southern California. We were just featured in G.E. Finance magazine as one of the premier remodeling companies in the U.S., and among the Top 500 Remodelers. We sell and install exclusive products as well as full remodeling.

Our average sale is over \$10,000 and the average commission per sale is over \$1,800. Our best reps sell 3-5 jobs per week. We pay weekly and provide a great training program. Must have reliable transportation. No experience needed; we will coach you every step

Call to set up an interview: (858) 866-0183 www.pacifichomeremodeling.com

Home Remodeling, Inc. A Professional Home Improvement Group Full benefits available. Will train. Apply in person at 7020 Manzanita Street, Carls-bad, CA 92011. Angela, 760-930-0060.

FULL TIME, part time, temporary/contract, internship. Days, nights, weekends. Respectful, positive, athletic, upstanding morals, outgoing, reliable. Diverse work experience. References available. Katrina, 816-853-9816.

FUNDRAISING for national charities and Democratic Party. Full-or part-time (evening and Sunday shifts). Paid training. Medical, dental, 401(k). Hourly plus bonuses, regular raises. Apply at Gordon & Schwenkmeyer, 9620 Chesapeake Drive, Suite 108, San Diego 92123-1369. Call 858-496-2100.

GENERAL EMPLOYMENT. Earn extra GENERAL EMPLOYMENT. Larn extra money immediately Part time/temporary, set your own hours! Anyone needing immediate money, start immediately. Earn a paycheck by delivering telephone directories in the North San Diego and Temeoula areas. Must have a car and insurance, be 18+ years. Get paid within 48-72 hours of completion of route, plus a car allowance Clerical and warehouse positions also available. Call today, start today, reference Job #1260: 888-628-7593. www.deliverphonebooks.com. Directory Distributing Associates. rectory Distributing Associates.

GENERAL. Free employment and training services for individuals with disabilities. services for individuals with disabilities, ages 18-21 on probation or parole. Able-Disabled Advocacy, Inc., 2850 6th Avenue Suite 311, San Diego, CA 92103. 619-231-5990 x305.

GENERAL. Gain skills to succeed. Are you 16 to 21, low income, need high school diploma or GED and work experience? Turning the Hearts Center, 619-691-9643.

GROCERY/NATURAL FOODS. Now hir GROCERY/NATURAL FOODS. Now hir-ing! Vitamin Specialist and Clerk, Demo Clerk and Produce Clerk (Del Mar); Manager on Duty and Vitamin Clerk (Escondido); Cashier Supervisor (4S Ranch); Cashier and Vitamin Specialist (Carlsbad), \$9.00-\$15.50/hour. Great environment, competitive pay, bonus and benefits. Jimbo's Naturally! 12853 El Camino Real, Del Mar. Fax 858-793-7732. https://doi.org/10.1001/j.

hr@jimbos.com. www.jimbos.com.

GROUP FINNESS INSTRUCTORS: Corporate, Luxury and Residential exercise environments. Locations all over San Diego. All types of classes, all days and times. A.M. STEP class and SPIN instructors especially needed now. Certification and experience required. E-mail: FitX@itsandiego.com. Please fax resume to 858-715-8681. Call 858-715-8611.

858-715-8681. Call 858-715-8611.

GUARDS/SECURITY. Join the #1 Security Team where people make the difference. Call Securitas, the largest, most respected security company in the world! Countywide positions available. Free Guard Card training. Medical/dental/vision and 401(k), excellent working environment, free uniforms. For fastest response, apply online now! www. securitasjobs.com. Thank you for applying online! Or call San Diego: 619-641-0049: San Marcos (North County): 760-591-3733; Temecula: 951-676-3954. EOEM/FN/ID, drug free. PPO #14827.

HAIR DESIGNERS. Busy Gaslamp salon seeking booth renters. Walk-ins available! seeking booth renters. Walk-ins available! Great urban loft environment, convenient parking. Move-in incentives. 619-231-

HAIRDRESSER and esthetician needed for salon in Hillcrest. Full time or part time. for salon in Hillcrest. Full time or part time. Booth rental only. Free parking. Call Judy, 619-291-1190.

619-291-1190.

HAIRSTYLIST. Busy hair salon! Experienced. Some clientele preferred. Booth rental/commission. Part/full time. Thursday night complementary cutting classes. 20% commission on retail! Complimentary classes on Models. Centally located, Hazard Center, Mission Valley. Free parking. Signing Bonus! Apply: Zino's Salon, 7610 Hazard Center Drive, #702, 92108. Zino, 619-574-7895.

7610 Hazard Center Drive, #702, 92108. Zino, 619-574-7895.

HAIRSTYLIST. Children's hairstylist wanted for Children's Salon in La Jolla and Carmel Valley. Many clients eagerly awaiting you! Experience with children preferred. Please call 858-551-5161.

harry List. Lower your expenses! La Jolla/UTC. Relaxed, established easy-going salon seeks weekly booth renters: \$200/week. Call Paul Gerard Hair Salon, 858-625-0555.

B88-925-U555. New Urban Chic Salon, Point Loma, looking for Stylist. Good location. Owner with established clientele. Must see: 2145 Poinsettia Drive. Contact Lynnel, 619-226-6188.

HAIRSTYLISTS. Booth available at highend salon in UTC area. Lots of advertising. Great opportunity to build. Call 858-457-1221.

**MAIRSTYLISTS. In search of Bangin' Stylist! The Garage Salon, Rockabilly theme. \$250/week rent includes product, color, towels, Receptionist. Exclusively AVEDA. www.garagesalon.com. E-mail resume: garagesalon@mac.com.

HAIRSTYLISTS needed for a hip, new salon. No clientele needed! Walk-in clients available. Will train. We need you now. Great benefits package includes health insurance. 858-380-5882.

HEALTHCARE. Spring Valley. Direct Support Professionals. Provide care to adults with developmental disabilities in residential campus setting. Full/part-time positions, multiple shifts. Must be tions, multiple snirts. Must be 18-years/own transportation. Requires HSD/GED; physical exam, fingerprinting, clear driving record; ability to lift/move 55+ pounds; perform household chores. Experience in similar environment a plus. Benefits for 35+ HPW. For application: ww.noahhomes.com, print, complete, ax to 619-660-1481, Attention: HR.

fax to 619-660-1481, Attention: HR.

HEALTHCARE: RNS, LVNS, AIDES. Join La Jolla Nurses! Looking for Home Health Aides, ongoing assignments. Also per diem work—You pick the days, hours and shifts! Competitive pay rates, excellent work assignments. Employee-owned agency—you receive shares of company stock free! State-licensed home health agency. Medical, dental and vision benefits; 401(k) plan, referral bonus. La Jolla Nurses HomeCare, 858-454-9339.



WORDSMART

INFOMERCIAL HOST.

ALEX TREBEK

TELE-SALES

INBOUND OUTBOUND CALLS



MARKET AWARD-WINNING **EDUCATIONAL SERVICES**

SEASONED TELEMARKETERS EARN \$65,000 TO \$85,000/YR TOP REP:\$110,000 FOR '06



BATED AS ONE OF SAN DIEGO'S FASTEST GROWING PRIVATELY HELD COMPANIES -SAN DIEGO BUSINESS JOURNAL

\$10/HR + GENEROUS COMMISSIONS FULL BENEFITS PACKAGE

> 858-565-8068 ext. 331 recruiting@wordsmart.com















Make People Happy - Join ProFlowers as a CUSTOMER SERVICE ASSOCIATE

If delighting people with stylish bouquets, hand-dipped chocolates and the best shopping experience around sounds fun, we have the job for youl ProFlowers, the fresh flower marketplace, is looking for fresh flower enthusiasts and sweet teeth to join our team this season.

As a member of our Customer Service team, you will provide customers with friendly, helpful service and product advice. These seasonal positions require good communication skills and computer proficiency in a Windows environment.

- Pay Rate: \$10/hr with opportunities for seasonal increases; \$9/hr paid training
- +Location: Sorrento Valley/Mira Mesa area of San Diego
- Flexible Hours: Early morning, late afternoon and evening start times; 24/7 call center

To see for yourself why 5an Diego Magazine named ProFlowers as 'One of San Diego's Best Places to Work' in 2006, check us out at

http://proflowers.ning.com

Send us your resume today for a fresh opportunity! e-mail: jobs@proflowers.com fax: 858-909-4201











HEALTHCARE: Palomar Pomerado Health is hiring! Skilled Nursing Facilities: Certified Nursing Assistants and Licensed Vocational Nurses. General Services: Cooks, Food Service Workers, Nutrition Care Assistants, Environmental Service Workers, and Distribution Cart Technicians. Home Health: LVN, Home Health Aides. CNA/Personal Care Assistants. cians. Horne Health: LVM, Horne Health: Aldes, CNA/Personal Care Assistants, Homemaker/Companion/Sitter. For consideration, please apply online: www.pph.org or apply in person, Monday-Friday, 7:30am-4:30pm at Palomar Medical Center, Human Resources: 660 East Grand Avenue, Escondido, 92025 or Pomerad Hospital Human Resources: Pomerado Hospital, Human Resources: 15615 Pomerado Road, Poway, 92064.

HOME HEALTHCARE/CNAs/HHAs Hourly and live-in assignments available. We're seeking caring, compassionate, and dependable people with personal and dependable people with personal transportation. Flexible hours, competitive compensation, paid weekly. Apply weekdays: 9am-4pm. Right at Home, 8369 Vickers Street #203, San Diego CA 92111. www.rahlajolla.com. 858-277-5900.

HOTEL FRONT DESK. Full-time, 3-11pm. Weekends required. Experience preferred. Apply Best Western Lamplighter Inn and Suites, 6474 El Cajon Boulevard. Fax/email resume: 619-582-6873/bwlamplighterinn@nethere.com.

www.ranchovalencia.com. No phone calls please. FOC Drug-free workplace.

HOTEL HOUSEKEEPING. Rancho Valencia Resort is currently hiring. Room Attendants, Turn Down Attendants, Housepersons, Carpet Cleaning Specialists. Apply in persons: 5921 Valencia Circle, Rancho Santa Fe CA 92067. Or email resume (as Word attachment): hr@ ranchovalencia.com. No phone calls please. EOE/Drug-free workplace.

HOTEL. Assistant Front Office Manager for Doubletree Del Mar. Comnata 858-481-5900 or in person: 11915 El Camino Real, Del Mar.

HOTEL: THE OMNI SAN DIEGO Hotel is a premier four-star property located in the heart of downtown, connected by a sky bridge to Petco Park. We are currently seeking candidates for Front Desk Agent, seeking candidates for Front Desk Agent, Housekeeping Supervisor, Security Offi-cers, Concierge, Laundry Washer, Houseman-Banquets, PBX Operator, Room Attendant. Apply 10am-2pm Mon-day-Thursday: 675 L Street, San Diego,

Free Classifieds!

CA 92101. Fax 619-645-6564. Drug-free workplace. EOE/M/D/D/V/AA.

WOUNDERCLEANERS. Part-time/full-time. Top pay. Immediate work. Flexible hours. Residential and commercial. Need own transportation. Reliability a must. All Pro Cleaning Approx 634,659 0120. Cleaning Agency. 619-668-0120.

HOUSECLEANING. Weekly pay. Paid mileage. Merry Maids offers flexible hours. No nights, weekends, holidays. Work in teams. Insured car required. Must speak English. South Coast/all south areas only, 619-336-1612; 619-226-2621.

HOUSEKEEPER. Hotel. Full time. Experience helpful. Apply Best Western Lamplighter Inn and Suites, 6474 El Cajon Boulevard, 92115 or fax resume to 619-

HOUSEKEEPER. Immediate opening in Pacific Beach! Pay per room, flexible schedule, relaxed atmosphere and benefits. Weekends and holidays required. No nights! Bilingual required. Shannon 858-483-6110.

HOUSEKEEPERS. Immediate openings!
Part time and full time. Earn up to \$462 weekly after 5 weeks full time plus tips.
Paid weekly. Must have car and phone.
Call today, start tomorrow!
WorkWithDana@aol.com. Dana's Housekeeping Personnel Service. 619-

HVAC TECHNICIAN. ARS of San Diego is seeking career-minded HVAC Technician seeking career-minded HVAC Technician with minimum three years experience. If you like the idea of working for a national leader in the service industry, with benefits that rival the the industry standard, and have the motivation and desire to earn an income that would make many college graduates ervious, please call us today to arrange an interview that just might change your life forever! Kevin, 858-677-5455 x113. kkellington@ars. com, www.jobswithars.com. Drug-free work environment. License #791820,

IN-HOME CARE. Caregivers and Companions. Minimum 1 year experience non-medical home care for seniors. Valid California Driver's License. Serving Santee/La Mesa/Del Cerro/San Carlos. Maureen, Visiting Angels, 619-749-7525.

INSIDE SALES/APPOINTMENT SETTER. Part time-full time. Days/evenings. Experi-ence preferred. Better Business ap-proved. Convenient Mission Valley office Great income potential, hourly plus onuses, weekly pay. 858-279-9896.

INSTALLER, FULL TIME. EasyTurf, the largest and fastest growing synthetic turf company. Good driving record, customer service minded. Start \$10-\$14 based on experience. 760-745-7026.

JOB COACH/COMMUNITY Training Specialist. \$9.75/hour to start. Assist develop-mentally disabled adults in the community. 32.5 hours/week. Benefits. EOE. Apply Monday-Friday, 9am-4pm: Stein Education Center, 6145 Decena Drive, San Diego 92120. E-mail: steinjobs@vistahill.org. Fax: 619-281-0462 www.yistahill.org. Fax: 619-281vistahill.org.

JOB COACHES. Community-oriented Center for Independent Achievement is JOB CUAUNES. Comment is seeking dependable individuals in East County. 1:4 group ratio maximum. \$8.50-\$9.50/hour. Annual raises. Bonuses for exceptional performance. Benefits with full-time. pficareer@yahoo.com. Fax 619-440-6864. 619-440-6802.

440-6864. 619-440-6802.

JOB FAIR: Monday-Friday, January 28-February 1, 10am-3pm, at 10717 Camino Ruiz, Suite 252, Mira Mesa, CA 92126 (corner of Mira Mesa Boulevard and Camino Ruiz). The Eastridge Group, in partnership with Kyocera America, has the following temporary and temp-to-hire open positions: Machine Operators, Microscope Inspectors, Chemical Handlers. Benefits available! Attend our job fair or call for more info: 858-566-9111.

JOB WANTED, I am seeking a inb as a

JOB WANTED, I am seeking a job as a caregiver or personal driver for an elderly

or disabled person. I have references and experience. Brad 619-244-3343.

LANDSCAPING SUPERVISORS to \$16/ hour. Supervise crews of 5+. Must have clean DMV, be bilingual Spanish, and have supervisory experience. Apply at www.atworkstaffing.com, 619-234-WORK (9675).

LANDSCAPING: Pond/Fountain Mainte-

LANDSCAPING: Pond/Fountain Maintenance. Full time. 619-889-4771.

LAW ENFORCEMENT. Deputy Sheriff and Deputy Sheriff Detentions/Courts. San Diego County Sheriff's Department. Hiring for two types of positions; take one exam, apply for either or both! Exam Dates: Wednesday, January 30, 2008, 5:30pm arrival, Sheriff's Administrative Center, 9621 Ridgehaven Court, San Diego CA 92123 or Saturday, February 2, 2008, 7:30am arrival, Southwestern College Cafeteria, 900 Otay Lakes Road, Chula Vista CA 91910. Registration by email or phone is required for the Ridgehaven test ONLY at: recruit@sdsheriff. org. Detention/Courts: \$39,796-\$61,608 annual salary, plus benefits. 18-year-olds eligible to apply! Deputy Sheriff; \$49,704-\$71,099 current annual salary, plus benefits. U.S. clitzen or applied for citizenship colling of the complete for citizenship school graduate or G.E.D. required. Bring valid photo ID and \$3 for parking at Southwestern. Valid California Driver's License prior to appointment. Effective or all and written communication in English. EOE. Additional test dates: www.joinsdSHERIFF. net. 858-974-2000.

LEAD SETTERS. \$1500-\$3500 weekly. Earn what you're worth! Pacific Home Remodeling is hiring ambitious, motivated individuals to set appointments to promote energy-efficient/green living products such as Magic Windows and Flex-On Exterior Coating—all products approved by the Department of Energy. Training plus all tools and support to insure success provided. Great pay! Growth opportunity. Call to schedule an interview: 858-866-0183. www.pacifichomeremodeling.com. pacifichomeremodeling.com.

LEASING AGENT for North County and San Diego luxury apartments. Sales experience a plus. Fax resume to 888-369-9229 or e-mail wmapplicants@aol.com. or e-mail wmapplicants@aol.com.

Post free online ads with photos at SDReader.com

9229 or e-mail wmapplicants@aol.com.

LIGHT INDUSTRIAL. Volt Services Group
has immediate Temporary. Temporary-toDirect Hire and Direct Placement opportunities. Competitive wages, paid weekly,
paid holidays and vacation. Medical and
dental insurance plans, state of the art
training, career management and more.
www.jobs.volt.com. Call Volt Services
Group for more information. EOE. San
Diego: 858-576-3140; e-mail:
clairemont@volt.com. Carlsbad: 760-7298916; email carlsbad@volt.com. EI Cajon:
619-401-1524; email elcajon@volt.com.
San Marcos: 760-471-0800; email
sanmarcos@volt.com. Scripps Ranch: sanmarcos@volt.com. Scripps Ranch: 858-578-0920; email scrippsranch@volt.

LINE COOK for Sorrento Valley corporate cafe. Temporary, could become permanent. Reliable, enthusiastic, willing to learn. Fast-paced team oriented environment. Monday-Friday, 6:30am-3pm. \$12/hour. Tom Marino: 858-597-8590; e-mail required in the corporation of the corporation o

LOAN AGENTS/SALES. No real estate license required. Training provided! Leave message 24 hours a day for return call, 888-313-7226. Fax resume: 858-454-

LOAN OFFICERS AND AGENTS. Self-motivated individuals with phone sales expe-rience needed for San Diego real estate brokerage. Commission only, no salary. Call 858-576-2000 or fax resume: 858-

LOAN OFFICERS. Nationally ranked LOAN OFFICERS. Nationally ranked Lending Tree local broker. America Funding is a nationally ranked Lending Tree Partner. Due to our continued, rapid growth, we have Loan Officer positions available for top producing Loan Officers, which average \$150K plus per year. We support our team's success by providing: technology that shortens the sales cycle so you fund more loans; outstanding training; Unlimited qualified leads; total excellent collimission sauteure. Our outstanding compensation plan also offers you complete health benefits and a 401(k). Send your resume to: fax, 858-526-6999 or hr@afunding.net, www.america-funding.com, www.afunding.com.EOE MF/D/V. MACHINE OPERATORS. JOB FAIR: Mon-

back office and front office support; an excellent commission structure. Our out-

day-Friday, January 28-February 1, 10am-3pm, at 10717 Camino Ruiz, Suite 252, Mira Mesa, CA 92126 (corner of Mira Mesa Boulevard and Camino Ruiz). The Mesa Boulevard and Camino Huiz). The Eastridge Group, in partnership with Ky-ocera America, has the following tempo-rary and temp-to-hire open positions: Machine Operators, Microscope Inspec-tors, Chemical Handlers. Benefits avail-able! Attend our job fair or call for more info: 858-566-9111.

chine Operator, Quality Assurance, Pro-duction Workers and Mail Sorters. MDI offers paid holidays after 520 hours and vacation bonuses after 2000 hours. Apply at MDI Staffing: 858-277-5680.

MAGAZINE PACKER. Cox San Diego Auto Trader is hiring Magazine Packers Auto Trader is hiring Magazine Packers part time. EEOC/drug testing. E-mail sdjobs@traderonline.com. Call 858-654-

MAID SERVICES. Relax. It's done. No nights, weekends, holidays. Merry Maids offers flexible hours, weekly pay, paid mileage. Work in teams. Insured car required. Must speak English. South Coast/all south areas only, 619-336-1612; 619-26-3621

MAINTENANCE WORKER. Assist with maintenance at historic Copley Symphony Hall. Successful applicant will have basic electrical and plumbing knowledge. HVAC experience a plus. Must be available to work some evenings and weekends. Apply at 1245 Seventh Avenue, San Diego, CA 92101.

MAINTENANCE/HVAC for North County luxury apartments. Must be experienced. Background/drug test required. Benefits. Fax resume to 888-369-9229 or e-mail wmapplicants@aol.com. Call 888-252-7976.

MAINTENANCE for older buildings. Must have experience. Tools and transporta-tion required. Call 619-692-3124 or 619-

MANICURIST. Come and join beautiful upscale salon. Seeking manicurist with clientele for booth rent. Two weeks free. Come and join our team. Call Carmela, 619-561-3137.

HELP WANTED



Attentive

Home

IMMEDIATE ASSIGNMENTS FOR:

Drivers with insurance and non-drivers.

EXPERIENCE and CA ID or DL, SS required. Fingerprint and TB test a plus. Competitive pay. Overtime for holidays. Employer-matched 401(k). Health, vision and dental

Also offering opportunities for:

CNAs, HHAs and Hourly Caregivers

Call for an interview in North County or San Diego: 760-434-4393 or 619-231-0151

Or apply in person 10 am-3 pm Tuesday-Thursday: 2333 1st Ave., Ste. 205, San Diego, CA 92101

Airport Valet Job Fair

You don't want to miss this one! Have fun working outdoors at the airport. Enthusiastic, customer service-oriented people with excellent communication skills who thrive in a fast-paced environment are encouraged to apply

58 per hour plus tips • All shifts

Apply Saturday, January 26, 10 am-6 pm

Requirements: Clean DMV • Able to drive a stick shift • Excellent customer service • Able to stand/run/jog • Meet dress/grooming standards

Lindbergh Parking, Inc.

3705 North Harbor Drive, San Diego 92101



We are located in the Terminal 2 Parking Lot at Lindbergh Field across from the U.S.O. You may park in the reserved spaces in front of our building #3705 except where posted for company employees. We validate parking.

Explore Your New Career...



Volt Services Group has immediate Temporary, Temp-to-Direct Hire, and Direct Placement opportunities in these disciplines:

- Administrative & Clerical
- Accounting/Finance Light Industrial & More

We offer the following advantages:

- · competitive wages | paid weekly
- state-of-the-art training career management
- referral bonus opportunities & more

Contact us today to explore your opportunities.

Accounting/Finance

858.277.2821 | e-mail: sandiegoaccounting@volt.com San Diego 858.576.3140 | e-mail: clairemont@volt.com

El Cajon Carlsbad



Scripps Ranch 858.578.0920 | e-mail: scrippsranch@volt.com 619.401.1524 | e-mail: elcajon@volt.com 760.729.8916 | e-mail: carlsbad@volt.com 760.471.0800 | e-mail: sanmarcos@volt.com San Marcos



FUNDRAISING



A national Telemarketing firm with 20 years in business, specializing in fundraising for the Democratic Party and charities, is currently hiring Telemarketers for its San Diego center.

- Full-time
- Part-time (evening and Sunday shifts)
- Medical & Dental Insurance
- Paid Training
- \$8.50/Hour Plus Bonus
- · Regular Raises
- · Convenient Location



9620 Chesapeake Drive, Suite 108 San Diego, CA 92123-1369

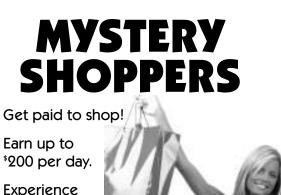
CALL FOR AN INTERVIEW: 858-496-2100





2008 Income





NOT required. Call NOW: (800) 775-9924 MANICURIST. One of the lowest booth rentals available! Relaxed, established easy going La Jolla/UTC salon \$100/week. Lower your expenses. Call Paul Gerard Hair Salon, 858-625-0555. MARKET RESEARCH Telephone Interviewers. No selling. Friendly, outgoing viewers. No selling. Friendly, outgoing. San Diego's fastest-growing market research company. Bilingual Spanish a plus. Hourly, bonuses, medical. Advancement opportunities. www. luthresearch.com. Apply: Luth Research, 1365 Fourth Avenue, Downtown. Job Hotline: 619-243-8045. MARKETING. 20-hour work week. Generate \$250K in first year working from home. Don't believe it, don't call! Business/marketing opportunity. 800-439-

MASSAGE THERAPISTS. Licensed or

massage: IHERAPISTS. Licensed or Student 500+ hours/trainee permit. Full-time, part-time, on-call. Downtown East Village. Visit www.massageenvy.com, then e-mail resume, subject line "Mas-sage Therapist": massageenvysd@

MECHANIC: Full time. Repair commercial MECHANIC: Full litrle. Repair confinercial landscape equipment. Experience re-quired. Counter Person: Full/part time. Must be dependable with reliable trans-portation, some experience. Bilingual a plus. Fax resume: 858-490-8031; or call 858-490-4212.

MENOPAUSE STUDY FOR WOMEN ages pu-/s. UCSD conducting 5-month to search study to determine effects of ho mone replacement therapy, and/c anti-depressants, on hot flashes, moor sleep and behavior. Evaluation, overnight stays required. 619-543-5575.

MENTAL HEALTH COUNSELOR. Exciting nun-time opportunity working with SED high-risk youth/families. BA in psychology or related; minimum 1-year experience working with the page. working with the population. Bilingual pre-erred. MHS, Inc. is an EOE, offers excellent benefits/competitive salaries. Please send resume/cover letter to famfor-admin@mhsinc.org or fax 858-569-1873.

MICROSCOPE INSPECTORS. Job Fair MICROSCOPE INSPECTORS. Job Fair:
Monday-Friday, January 28-February 1,
10am-3pm, at 10717 Camino Ruiz, Suite
252, Mira Mesa, CA 92126 (corner of Mira
Mesa Boulevard and Camino Ruiz). The
Eastridge Group, in partnership with Kyocera America, has the following temporary and temp-to-hire open positions:
Machine Operators, Microscope Inspectors, Chemical Handlers. Benefits available! Attend our job fair or call for more
info: 858-566-9111.

info: 858-566-9111.

MOBILE DJs. \$35-\$40+/hour. 3 positions available. Are you a fun, energetic and good looking guy who enjoys entertaining? If so, you could be looking at a lifelong career of making great money at a fun job you will love. Music knowledge important but positive attitude is more important. Bilippoul Dis very welcome. portant. Billingual DJs very welcome. Send e-mail with your background qualifi-cations and contact information to sablyak@hotmail.com.

MYSTERY SHOPPERS: Get paid to shop!

NANNY PART-TIME, Boys ages 5 and 9. Point Loma area, 2-3 afternoons, 2-6pm. Must love Football, dogs, board games. Need Ca drivers license, 619-507-1528,

OUTDOOR YOUTH COUNSELOR. Do you love the outdoors and helping troubled teens? Immediate openings at Eckerd teens? Immediate openings at ECKERG outdoor therapeutic programs in North Carolina, Tennessee, Georgia, Florida, Vermont, New Hampshire. Year-round residential position, free room/board, competitive salary/benefits. Info and apply online: www.eckerdyouth.org or fax resume to Career Advisor/AN, 727-442-5911. EOE/DFWP (AAN CAN).

PART TIME. Looking for a home-based business? Join our Watkins team today. Flexible, part time, excellent training provided. Free info at www.zestybiz.

PART-TIME PRODUCTION. Newspaper PART-TIME PRODUCTION. Newspaper. Minimum 2 years layout experience. Knowledge of QuarkXpress, Adobe Illustrator, Photoshop. Creative, ability to deal with deadlines. Team oriented. E-mail re-sume: susands4@yahoo.com.

PAWNBROKER. Full-time, experience re quired. Must be motivated, reliable. Able to lift and type. Future management possibilities. Apply in person: 3993 30th, North Park; fax 619-298-1948.

PHONE SALES. \$1000-\$2000+/week realistic first-year potential! Highest paid commission in industry with bonuses. Experienced Re-loaders welcomed! Stat your high-paying sales career today! 30-year old company. Great hours, 7am-2:30pm, Monday-Friday. No overtime, weekends, evenings. Paid training. 401(k), medical, dental. 3 offices for your convenience. Kearny Mesa: Allen, 858-292-8577. Oceanside: Mike, 619-701-3631. Sorrento Valley: Ron, 800-854-2830 x226. PHONE SALES. \$1000-\$2000+/week re

x226.

PLUMBERS. ARS is seeking careerminded Plumbers with minimum 2 years
experience. If you like the idea of working
for a national leader in the service industry, with benefits that rival the industry
standard, and have the motivation and
desire to earn an income that would make
many college graduates envirus please. desire to earn an income nat would make many college graduates envious, please call us today to arrange an interview that just might change your life forever! Kevin, 858-677-5444 x113. kkellington@ars.com, www.jobswithars.com. Drug-free work environment. License #791820.

PLUMBERS/SERVICE TECHNICIANS with experience needed now! Rescue Rooter offers: Medical/dental, 401(k), vans/tools, paid vacations/overtime, high income, drug-free workplace. To apply, please e-mail: Imyking@ars.com or call: please e-mail: lmyking@ars.com or 858-457-6506. AA/EOE. Lice

PLUMBING APPRENTICE. Need a trade? PLUMBING APPRENTICE. Need a trace?
No experience necessary. Work in plumbing, drain cleaning trade. We train.
Earn up to \$900/week with opportunity for advancement. Must have small truck or van. 858-530-3265. 619-440-4336. 760-741-7502

america funding **Loan Officers #1 Ranked Lending Tree Local Broker**

America Funding is a nationally ranked Lending Tree Partner. Due to our continued rapid growth, we have Loan Officer positions available for top-producing Loan Officers. We support our team's success by providing:

- Technology that shortens the sales cycle so you fund more loans
- Outstanding training
- Unlimited qualified leads
- Total back office and front office support
- An excellent commission structure

Our outstanding compensation plan also offers you complete health benefits and a 401(k).

Send your résumé to: fax: 858-526-6999 or e-mail: hr@afunding.net www.america-funding.com www.afunding.com

EOE M/F/D/V



Hiring for 2008 Padres Baseball Season

Petco Park, Home of Your San Diego Padres

We are looking for team players for the "Team behind the Team.

Concessions, Retail & Warehouse Saturday, February 2, 2008: 11:00 am-4:00 pm Wednesday, February 13, 2008: 4:00 pm-8:00 pm Tuesday, February 26, 2008: 4:00 pm-7:00 pm At the Western Metals Building located across from the Marriott

on Tony Gwynn Dr. Qualified applicants should have food service or retail background.

but we will train the right individuals.

Positions available include:

Stand Leaders, Stand Attendants, Event Porters, Day Porters, Food Preps, Cooks, Vending Commissary Leaders, Vending Commissary Workers, Food & Beverage Vendors, Team Store Clerks, Program Vendors

Non-union positions: Level Supervisors

Must be able to work Padres home games, including playoffs

Fine Dining (Suites, In-seat & Clubs) Tuesday, February 19, 2008: 4:00 pm-8:00 pm Saturday, February 23, 2008: 11:00 am-4:00 pm At the Western Metals Building located across from the Marriott on Tony Gwynn Dr.

Qualified applicants should have fine dining food service background,

but we will train the right individuals.

Positions available include:

Bartenders, Bar Backs, Club Servers, In-Seat Servers, In-Seat Runners, Suite Runners, Cooks (event-only & pre-event), Food Preps (event-only & pre-event), Host Persons Non-union positions: Level Supervisors

> •DNC Sportservice requires pre-employment drug testing and criminal background checks.

Must be able to work Padres home games, including playoffs · We will be conducting on-site interviewing. Please dress in appropriate interview attire (no jeans, sneakers, sandals, T-shirts, etc.).

For more information log onto our website at: www.sdbaseballjobs.com or call: 619-795-5901

POLICE OFFICERS. San Diego Police Department is hiring! Ready for a career change? See our upcoming test block dates on our website. Police Recruit earns \$42,723 per year. Police Officer I earns \$43,596 per year. Police Officer II earns \$51,110 per year. For more information, Call 619-531-COPS or visit our website at: www.sanfeng.ng/injeng.ng/i

PROBATION CAREERS. Correctiona PROBATION CAREERS. Correctional Deputy Probation Officer I. County of San Diego Probation Department now hiring. Test Date: February 2, 2008, 8am. Montgomery Middle School, 2470 Ulric Street, San Diego 92111. Must be 21 years, good physical condition, no illicit drug usage. U.S. citizen or becoming a citizen. Pass criminal/personal background investigation. No felony convictions. High school diploma/GED. \$35,069-\$44,741/year. www.sdcounty.ca.gov/probation. Jobline: 858-514-8558.

PROPERTY MANAGEMENT. No experi ence necessary. Opportunities through ence necessary. Opportunities throughout San Diego County. We will train you All it takes to be successful: outgoing ran it takes to be successful: outgoing, professional personality; customer service, sales, retail or restaurant experience helpful; APT Personnel Staffing Free Apartment Living Training Workshop. APT offers: professional career path, rapid advancement potential; a fun and exciting work environment; competitive wages, bonuses and benefits; apartment rental discounts. Call today! 858-279-2787. Visit: www.apt\$jobs.com.

RECEPTIONIST/MANAGER. La Mesa sa lon and spa looking for outgoing, orga-nized, front desk support. Computer skills and customer service a must. Salary de-pendent on experience. Fax resume: 619-467-8108 or e-mail: contactus@ pretaportersalon.com. Call 619-464-

RECREATION ASSISTANT. Great parttime opportunity, early mornings or late afternoons/evenings. Seeking security and customer service-minded person able to work independently. Mission Valley, \$8/hour. Fax resume: \$88-565-8260, email scyclub@shcolobal.net

RECREATION ASSISTANT for the Stein

cation school serving children with Autism and other disabilities. Candidates must possess 12 units of Early Childhood Education or 12 units in a related field and a valid California driver's license. Duties include supervising direct care, scheduling social and recreation activities. Computer knowledge preferred. Monday-Friday, 9:30am-6pm. Starting salary \$10.33/hour with benefits. Pre-employment screening (drug test, TB) and Background Check (FBI and Department of Justice). EDE. Apply in person, 614 Decena Drive, San Diego 92120 or fax resume to 619-281-0453.

RESEARCH STUDY: YAZ Continuous (pe riods every 3 months), pays up to \$400, one year study. Call Kim at the Medical Center for Clinical Research, 619-521-

RESERVATION AGENTS. Hourly pay plus bonuses. Full or part time. AM/PM shifts. Paid weekly. Medical, dental. Near Grantville trolley station. Other positions available. www.monarchjobs.com. Cal today, start today! Mission Valley: 619

RESORT/RETIREMENT COMMUNITY: Casa De Manana, an upscale retireme community in La Jolla offering indeper community in La Jolla öffering independent and assisted living for seniors, is seeking Servers (part time), Sous Chef (full time), Dishwashers (full time), Hoses (full time) Caregivers (full time) and LVN (part time) We offer competitive wages, benefits, and a friendly work environment. Apply in person at 849 Coast Boulevard, La Jolla, CA 92037, fax resume to 858-456-4293, e-mail kmoore@frontporch.net or call 858-362-5727.

frontporch.net or call 858-362-5727. **RESPITE CARE** for children and teens with developmental disabilities. Critical need, Countywide! Great pay! New-hire bonus! Nonmedical, in-home help. Caring heart more important than experience. Training. 12-and 24-hour shifts. Flexible schedules, benefits, retirement, childcare. At Your Home Familycare. E-mail: homecarejobs@ atyourhomefamilycare.com. Toll free: 1-877-903-JOBS.

RESTAURANT BAR MANAGER: For Irish Apply, Monday-Friday, 12noon-5pm, 554 4th Avenue, Gaslamp or fax: 619-239-5828, or e-mail: dublinsquare@yahoo.

RESTAURANT LINE COOK: For Irish pub ply: 554 4th Avenue, Gaslamp or fax: 619-239-5828, or e-mail: dublinsquare@

RESTAURANT MANAGER for Doubletree Del Mar. Contact 858-481-5900 or in per-son: 11915 El Camino Real, Del Mar.

son: 11915 El Camino Real, Del Mar.

RESTAURANT. No nights or weekends. If you are a positive, energetic team player, we want you. North County and Kearny Mesa areas. Established corporate dining service has all positions (except barchedres) available. Fax resume: 858-627-6918. E-mail millenniumdining@aol.com.

Delic Clerks (Del Mar); Kitchen Supervisor and Baker (4S Ranch); Deli Clerk and Prep Cook (Carlsbad); Prep Cook (Es-condido). \$9-\$15.50/hour. See ad under Grocery/Natural Foods. Jimbo's Natu-

RESTAURANT/SANDWICH SHOP. La Jolla Shores Mom'n'pop sandwich shop Experienced team player. Fast-paced multi-tasking retail environment. \$10 hou . Call 7am-11am only, Phil, 858-

RESTAURANT: OPERA SINGERS. Maca roni Grill now hiring Opera Singers, part-time or full-time, must be 18 years or older. Apply in person 2pm-4pm, Mon-day-Thursday: North County Fair, 202 condido

RESTAURANT: PETCO PARK. Delaward RESTAURANT: PETCO PARK. Delaware North Companies (DNC) Sportservice hiring for 2008 Padres Baseball Season. Job Fair for Fine Dining (Suites, In-Seat & Clubs)— Tuesaday 2/19 4pm-8pm, Saturday 2/23 11am-4pm. Western Metals Building across from Marriott on Tony Gwynn Drive. Qualified applicants should have fine dining food service background but will train the right individuals. Positions available include: Bartenders, Bar Backs, Club Servers, In-Seat Servers, In-Seat Hunners, Cooks (event-only & pre-event), Food Preps (event-only & pre-event), Host Persons. Non-union positions: Level Supervisors. Must be able to work Padres home games, including playoffs. Requires pre-employment drug testing and criminal employment drug testing and criminal background checks. On-site interviewing,

please dress in appropriate interview attire (no jeans, sneakers, sandals, T-shirts, etc.). For more information: www.sdbaseballjobs.com. Or call: 619-795-5901. EEO/D/J/M/F.

RESTAURANT: SUSHI CHEF. Experience required. Popular Japanese sushi restaurant in Gaslamp. Apply in person 3pm-5pm, Tuesday-Saturday: Taka Restaurant, 555 5th, 92101. 619-338-0555

055b.

RETAIL SALES. Flexible hours, fun working environment, free parking. Fun boutique in La Jolla looking for energetic and motivated individuals. 858-349-5208.

motivated incliniquals. 305-34-3220.

RETAIL SALES. North County Drum and Percussion in Vista is looking for qualified sales staff for retail operation. Part/full time. Hourly plus commission and bonuses. No experience necessary. Email resume to northcountydrums@gmail.com. or call Daniel, 760-822-5372.

com. or call baniel, 760-822-5372. **RETAIL/BILINGUAL.** Wireless provider expands to El Cajon. Full/part time. Available weekends/holidays. Experience. HS diploma required. Call today! 858-597-4000. Fax: 858-453-9632; E-mail: staffing@tristaff.com.

RETAIL/RESTAURANT: PETCO PARK RETAIL/RESTAURANT: PETCO PARK. Delaware North Companies (DNC) Sport-service hiring for 2008 Padres Baseball Season. Job Fair for Concessions, Retail & Warehouse— Saturday 2/2 11am-4pm, Wednesday 2/13 4pm-8pm, Tuesday 2/26 4pm-7pm. Western Metals Building across from Marriott on Tony Gwynn Drive. Qualified applicants should have food service or retail background but will train the right individuals. Positions available inclurie: Stand Leaders, Stand Attentrain the right individuals. Positions available include: Stand Leaders, Stand Attendants, Event Porters, Day Porters, Food Preps, Cooks, Vending Commissary Ueaders. Vending Commissary Workers, Food & Beverage Vendors. Team Store Clerks, Program Vendors. Non-union positions: Level Supervisors. Must be able to work Padres home games, including playoffs. Requires pre-employment drug testing and criminal background checks. On-site interviewing, please dress in appropriate interview attire (no jeans, sneakers, sandals, T-shirts, etc.). For more information: www.sdbaseballjobs.com. Or call: 619-795-5901. EEO/DV/M/F.

SALES ASSISTANT. The San Diego Reader is looking for a bright, capable and self-motivated person to assist its team of employment display advertising

WHILIN SULLAF

sales reps. Must possess excellent customer service skills and be able to work comfortably with the public and coworkers. Duties include preparing and scheduling display and classified ads to appear in the Reader and its employment publication, Job Giant. Customer contact involving discussion of rates, policies and accounting issues in involving discussion of rates, policies, deadlines and accounting issues included. Must be organized and detail-oriented. No actual sales involved. Benefits include health coverage paid 100%, 401(k) with employer match, free downtown parking in Little Italy, and more. Email: hrdept@sdreader.com. Mail: Human Resources, PO Box 85803, San Diego, CA 92186-5803. Fax: Attention Human Resources, 619-231-0489.

SALES REP. Inside Sales. Do you want to make over \$100,000 a year? All you need to be is disciplined and coachable. Paid training. Vacation time. Health and dental benefits. Great work environment. Media All-Stars, 3055 Rosecrans Place, #102, 92110. Call Stacey, 619-225-0249. www. MediaAllStars.com

SALES REPRESENTATIVE in San Diego for Third Party Logistics Transportation Company. 2 years experience required. Apply: www.logisticsinc.com. Call 1-800-

SALES REPS. Convert Inbound Internet leads and sell Dish or DirecTV Services. Make thousands per week! Independent Contractor and employee postions available. Positive, high energy. Paid training. Satellite TV sales a plus. 2667 Camino del Rio South, #201, San Diego 92108. E-mail resume: jobs@amsatproviders.com. 866-

SALES REPS. Seasoned, for outbound Call Center. \$13.50/hour plus bonus! Monday-Friday. Located in Miramar. Serious applicants only. For interview, call 866-860-7113 or e-mail schapman@webnetdball.pdf.

webnetglobal.net.

SALES, ONLINE ADVERTISING. San Diego Reader. SDReader.com, a leading website in the San Diego market, has openings for Online Sales Executives to join our team. We are seeking seasoned sales professionals with a strong background in Internet Media sales, proactive in developing revenue, increasing outlient base, and selling marketing solutions for SDReader.com. As a sales executive you will also be responsible for developing proposals, managing the current portfolio of business, and generating opportunities in a quickly changing industry. Skills/requirements: Consultative selling skills. Strong communication, sales presentation, and closing skills. A proven track record of quota achievement. Cold calling and lead management experience. Proficient in MS Office Suite software. Minimum 2-5 years Internet advertising sales experience. Must own a vehicle; have a good driving record and a valid California Driver's License to perform duties. Desired but not required: Strong understanding of online market-place. Previous experience with media online sales teams. Experience with media online sal SALES, ONLINE ADVERTISING. Sar

SALES. "Road Rules" atmosphere, extensive group travel, cash every day and a place to stay. 800-605-8646.
SALES. Attention Real Estate Agents and Mortgage Brokers! Your sales skills are a

hrdept@sdreader.com.

perfect match for my industry. Serious only, 1-800-230-5880. SALES. Excellent income potential! \$10 starts you in a new career. Full-or part-time. Build your business working with top-selling Avon representatives. Perfect for self-starters. Kathleen: 619-429-1253; 429-1253. SALES. Heavy sales, light work! Sales experience preferred. \$1000-\$2000+ weekly average. You will need a Van, SU, or a truck with topper required. Call 858-527-0143.

SALES. New inbound/outbound call cen

SALES. New inbound/outbound call center—start now! Earn up to \$20-\$30/hous! Full-time opportunities. Paid training. 401(k). Paid holidays. Medical/dental/life insurance. Cash bonuses paid nightly. Call 760-497-5291 or apply in person 12-5pm Monday-Thursday: 2851 Camino Del Rio South, Suite 300, San Diego 92108.

SALES. Outside Sales, eLiveLife.com—sell Salon & Spa certificates door-to-door and/or frin promotional trade show booths, must be outgoing, positive! Kiosk Sales, eLiveLife.com—Mission Valley. Inside Sales, American Satellite-Mission Valley, 2667 Camino del Rio South #204— DirecTV phone center, \$300-\$500/day. 619-398-5050 or e-mail resume to info@eLiveLife.com.

sume to info@eLiveLife.com.

SALES/B2B Sales Representative to contact former customers of major telecommunications company asking them to switch back services. Excellent training/support. Best commissions plus residual income on all sales. Average \$500-\$750/week. Top producers \$1,000/week. Prior sales experience required. Make \$40,000-\$60,000 first year. 619-717-2939.

SALES/FINANCE. Community One's SALES/FINANCE. Community One's Vista location is hiring! If you have considered going into the real estate field and making a six-figure income, give Community One a call. Please call to find out what opportunities are available. Great training is provided. The only requirement is to have the drive and desire to be successful. To apply, call Edgar at 858-663-0472.

SALES/MARKETING PROS: Are you ready to make the income you really want and work on your schedule? Serious, mo-tivated and driven should call: 800-358-

7955.

SALES: 6-FIGURE OPPORTUNITY. We are seeking people who like to have fun while making lots of money. In 2007, 35 Sales Agents made or were on pace to make over \$100,000! These people did no prospecting, no advertising, no traveling, no customer service, no billing. The clients came to the resort, and the agents had 4+ weeks of vacation. Join the professional vacation ownership sales team at the Welk Resort Group. Call Tom Trobaugh at 760-749-5082 or fax resume to 760-749-5084.

SALES: COMMISSION ONLY Telecom SALES: COMMISSION ONLY Telecom Sales for AT&T subagent. Create own leads. 85% of my commission to subagents by 20th of month. 100% commission/spiff paid for February. No resumes; serious inquiries only, e-mail phone.lady@hotmail.com or send name, fax number, e-mail to 707-762-9778. "Previous phone message lost in power outage, please contact Amy again!

age, please contact Arry again!

SALES: GUYS AND GALS! Travel. Now hiring 18-25 sharp people free to travel with nationwide coed group. All expense paid training. Transportation furnished. No experience necessary! Call Bill Step 10am-5pm: 866-580-5257.

SALES: INSIDE/OUTSIDE SALES. Han

HELP WANTED



HOTEL **POSITIONS**

- Housekeeping Supervisor
- Executive Sous Chef Assistant Front Office
- Manager
- DOUBLETREE

11915 El Camino Real San Diego 92130-2539 To apply online: www.besthotelcareers.com





\$1500-\$3500 Weekly Earn what you're worth...

Pacific Home Remodeling is hiring ambitious and motivated individuals to set appointments to promote energy-efficient/ green living products such as Magic Windows and Flex-On Exterior Coating — all products approved by the Department of Energy.

- Training is provided • All tools & support
- Great pay!
- Growth opportunity



Call to schedule an interview:

858-866-0183

Group www.pacifichomeremodeling.com

CIRCULATE STATEWIDE POLITICAL PETITION

- \$100-\$200/day
- Paid 3 times per week
- All areas
- Work immediately after a brief orientation

619-819-8950 (24/7)

The **ULTIMATE** Job \$15-\$25 per hour

Pacific Home Remodeling, Inc. is seeking energetic and professional Demonstrators to promote our energy-efficient/green living products for our Show and Events Department.

- Make great \$\$\$ No résumé required
- Training & materials provided
- · Growth opportunities · No experience necessary



Pacific Home Remodeling, Inc. 877-411-4700 www.pacifichomeremodeling.com

Home Remodeling, Inc. A Professional Home Improvement Group San Diego

Machine Programmer (CNC) • Machine Operator Call Center (outbound) • Quality Assurance **Production Workers • Mail Sorters**

North County

Soldering Specialist • Fiber Optic Tech **Machine Operators • Material Handlers** Production & Warehouse Workers (1st, 2nd, 3rd shifts)

Paid holidays after 520 hours · Various shifts Vacation bonuses after 2000 hours · Come in or call now!



CONTRACT STAFFING SINCE 1957

8316 Clairemont Mesa Blvd. #204 San Diego • 858-277-5680

Home Care Aide · Childcare CNA/CHHA · Drivers

Immediate Openings • Great Pay • New Hire Bonus

Beginner and Experienced Training • Benefits • Flexible Schedules Childcare Plan • Retirement Plan New 12- and 24-hour shifts! • Dependent Care Named one of the top 50 women-owned businesses in San Diego by San Diego Business Journal.



At Your Home Family care sm In home-care business 22 years

1-877-903-JOBS (5627) • homecarejobs@atyourhomefamilycare.com

SALES: TELEPHONE SALES, \$360 per

SALES: TELEPHONE SALES. \$360 per week plus commissions. Fun sports promo products. Great training and the tools to help you succeed. Not just a job—great long-term opportunity. Our top rep last year earned over \$160,000! Webb Sunrise, 619-220-7050.

SALES: \$150,000-\$200,000 per year! Long hours. Nights and weekends. Nasty boss. Lazy, don't even apply. We will train the right person. Join one of the fastest growing remodeling companies in Southern California. We sell and install exclusive products as well as full remodeling. Average sale is over \$10,000, average commission per sale is over \$1,800. Best reps sell 3-5 jobs per week. Great training, weekly pay. Must have reliable transposition. Call 858-866-0183. www.pacifichomeremodeling.com.

position earn solo-obe-163. www. pacifichomeremodeling.com.

SAN DIEGO POLICE Department is hiring!
Are you ready for a career change? See our upcoming test block dates on our website. Police Recruit earns \$42,723 per year. Police Officer I earns \$43,596 per year. Police Officer II earns \$43,30 per year. Police Officer II earns \$61,110 per year. For more information, Call 619-531-COPS or visit our website at: www.sandiego.gov/police.

SCENIC PRODUCTION Coordinator/Lead Carpenter, Four-year degree or equiva-lent experience preferred. MS Office, Photoshop, AutoCAD. Full-time, requires flexible schedule, some travel. Resume/salary requirements: info@ showtec.com

SECURITY GUARDS. Part-time and full-time positions available in North and South County. Armed and unarmed. Call Cornerstone Security at 619-370-2122 or 619-271-0494.

SECURITY GUARDS. Shield Security has immediate openings, full and part time. Higher paid Rover positions are available. Assistance in guard card. Career advancement opportunities. Profit sharing. Employee-paid medical and dental. If you have no criminal convictions, and have a high school diploma or GED, a good work history, phone and transportation, apply in person: 2144 El Cajon Boulevard, San Diego. Equal Opportunity Employer. Call 619-497-6333.

SECURITY GUARDS. With East-Tech Pri-SECURITY GUARDS. WITH CAST-PECT THE vate Security, \$8-\$12/hour depending in North County. Armed and unarmed positions. You need guard card. Call Andrew Allen for an interview: 760-433-9477 for 619-282-1933. www.easttechsecurity.

com.

SECURITY OFFICERS, Special Response Officers. Full/part time. High starting pay. Excellent benefits. Requires CA guard card. Training available. Drug/back-ground. EOE. M/F/DV. Apply: Weekdays, 9am-4pm, ABM Security Services, 1620

Fifth Avenue, Suite 875, San Diego. Email: eric.wallis@abm.com. 619-338-9360.

SECURITY OFFICERS. Allied Barton Se curity Services. Up to \$12/hour, medical/dental/vision, 401(k) with company match, holiday pay, paid vacation, free uniforms, Guard Card assistance, free uniforms, Guard Card assistance, free basic and advanced training, career advancement. Must be at least 18 years of age and have a high school diploma/GED. DOD clearance, secret or higher, a plus. Criminal background check and drug screen required. Apply online: www.greatsecurityjobs.com. Or apply in person 8am-4pm Monday-Fri-day: 7670 Opportunity Road, Suite #210, San Diego. Call: 858-874-8200.

San Diego. Call: 888-874-8200.

SECURITY. Bald Eagle Security hiring licensed Security Officers. Full/part time. Downtown San Diego locations only. No car or cell phone required. Guard Card required. Must be able to work flexible hours, mostly swing and graveyard plus every weekend. Background check. EEO/Drug free. Call 619-230-0022, e-mail jonnys@baldeaglesecurity.com, or apply in person at 2049 Main Street, San Diego, CA 92113.

SECURITY, Pinkerton Government Ser vices, one of the oldest names in security, is looking for serious, professional applicants. Candidates must: have Guard Card, be able to pass DOD background check, be neat and well groomed, be flexible in schedule and location to work, be very reliable, have a car and reliable communication, have excellent written and snoken English be career midded. communication, have excellent written and spoken English, be career minded. Entry-level pay rate \$11-\$14/hour plus medical, dental, vision and 401(k) benefits. Apply in person 9am-3pm Monday-Thursday at 6151 Fairmount Avenue, Suite 102, San Diego, CA 92120.

ECE/MIFIDIV.

SECURITY. We want you to join Securitas, the #1 Security Team. We offer: County-wide positions, Free Guard Card training, medical/dental/vision and 401(k), Excellent working environment, free uniforms. ient working environment, free uniroment. For fastest response, apply online nowl www.securitasjobs.com. Thank you for applying online! Or call San Diego: 619-641-0049; San Marcos (North County: 760-591-3733; Temecula: 951-67-6.3954. EOE/M/FN/D, drug free. PPO #14827.

SERVICE TECHS/PLUMBERS with expe rience needed now! Rescue Rooter of-fers: Medical/dental, 401(k), vans/tools, paid vacations/overtime, high income, drug-free workplace. To apply, e-mail: Impking@ars.com or call: 858-457-6506. License #765155, AA/EOE.

time. Call or fax: 619-303-9302. SOCIAL SERVICES. Instructors needed for day programs in Lakeside and Ocean-

SOCIAL SERVICES...
for day programs in Lakeside and Ocean-side for adults with developmental dis-abilities. Excellent benefits, no nights/weekends, start \$10.25-\$10.75/hour. Entry-level, \$9.00/hour. Un-yeway, Inc.: 619-562-6330. SOCIAL SERVICES. Promising Futures, Inc., is hiring reliable, caring individuals to work with the developmentally disabled in East County and Ramona. Part-and full-time positions. \$8-\$10/hour plus benefits. Overtime opportunities available. pficareer@yahoo.com. Fax resume: 619-440-6864. Call 619-440-6802.

SOCIAL SERVICES. Work with develop-mentally disabled children and adults Experience preferred. Allied Gardens Chula Vista or La Mesa. Monday-Friday Chula Vista or La Mesa. Monday-Friday, 27-32 hours/week. Start \$9.75/hour. EOE. www.vistahill.org. E-mail: steinjobs@ vistahill.org. Fax resume: 619-281-0453. Apply weekdays, 9am-4pm, Stein Education Center, Attention: HR, 6145 Decena Drive, San Diego CA 92120.

SOLDERING SPECIALIST. Fiber Optic 520 hours and vacation bonuses after 2000 hours. Apply at MDI Staffing: 858-

SOLDERING TECHNICIAN. Full time. Join the Volt Services Group family! Looking for candidates with recent experience in soldering/desoldering small surface mount and through-hole parts on PCBs. Proficient and quality hand soldering ex-perience a must! Certification is recom-mended. Must be able to read and interpret schematics, blueprints and BOMs and be able to use basic soldering BOMs and be able to use basic soldering and desoldering tools. Solana Beach/Rancho Santa Fe area. Carlsbad@volt.com. EOE. Volt Services Group, 1850 Marron Road, Suite 114, Carlsbad 92008. Fax: 760-720-7341. 760-729-8916.

Supply Chain Flextronics seeks Strategic Supply Chain Analyst in San Diego, CA to analyze data received from different providers for trends and cost saving opportunities. Act as an escalation point for material shortages, supplier payment issues and supply chain related problems. To support quality audits to new and existing supplier track sunplier perlems. To support quality audits to new and existing suppliers, track supplier performance and make sourcing decisions. To overview sourcing efforts and ensure sourcing processes are being followed. To promote vertical integration and early supplier involvement. Drive ongoing cost reduction opportunities and continuity of supply. Maintain supplier and carrier metric reporting to improve the transportation. ric reporting to improve the transportation business review package. Ensure compliance with corporate and facility proce-

dures and policies. Interface with Quotation Group supporting the defined Supply Chain strategy. Support the development of rollout implementation of strategic supply chain planning. Support component pricing performance and quotes for finish goods to end customer. Requires a bachelor's degree in Business, Trade or related field and 3 years of experience in eiors degree in Business, Trade or re-lated field and 3 years of experience in data analysis or equivalent. To apply, please visit www.flextronics.hrdpt.com and enter keyword when prompted, or if you do not have Internet access, send re-sume, cover letter and copy of ad to: Job ID 6885, Flextronics International USA, ID 6845 (Birplater Drive Building & Milleri 1988). Inc., 847 Gibraltar Drive, Building 5, Milpitas, CA 95035.

SWIMMING INSTRUCTORS. \$11-\$19/ Diego: 858-273-7946.



KITCHEN/BAR MANAGER

EXPERIENCED

DUBLIN SQUARE IRISH PUB & GRILL

554 4th Ave. dublinsquare@yahoo.com

GUINNESS

JOIN THE #1 SECURITY TEAM

- ✓ Will assist with Guard Card
- ✓ No experience required
- ✓ FREE uniforms
- ✓ FREE guard license training
- ✓ Direct deposit
- ✓ Med/dental/vision
- ✓ Free life insurance
- ✓ Paid vacation ✓ 401(k)
- ✓ Ongoing training
- ✓ Advancement opportunities



Positions throughout San Diego County, North County and Temecula. PPO #14827

For fastest response, apply online now! www.securitasjobs.com Thank you for applying online!

Or apply 8 am-5 pm Mon.-Fri.

SAN DIEGO (92120) • 619-641-0049 6160 Mission Gorge Rd., Ste. 100 SAN MARCOS (92078) • 760-591-3733 365 S. Rancho Santa Fe Rd., Ste. 202 TEMECULA (92590) • 951-676-3954 28991 Old Town Front St., Ste. 206 EEO/M/F/D/V • Drug-Free

HELP WANTED

Rancho Valencia Resort in Rancho Santa Fe is an intimate, secluded hideaway defined by its character, charm and exceptional staff. The resort offers the highest-quality accommodations, amenities, cuisine and recreation, enhanced by unsurpassed personal service.

We are currently hiring for the following **HOUSEKEEPING** positions:

Room Attendants, Turn Down Attendants, Housepersons, Carpet Cleaning Specialists

To apply in person, visit us at: 5921 Valencia Circle, Rancho Santa Fe, CA 92067

Or you may submit your resumé (as a Word attachment) to: hr@ranchovalencia.com

www.ranchovalencia.com No phone calls, please.



EARN EXTRA MONEY IMMEDIATELY

Part-Time/Temporary - Set Your Own Hours!

Anyone needing immediate money. Start immediately.

Earn a paycheck by delivering telephone directories in the North San Diego and Temecula areas. Must have a car and insurance, be 18 yrs+. Get paid within 48-72 hours of completion of route. Plus a car allowance. Clerical and warehouse positions also available







CALL TODAY – START TODAY. 888-628-7593 • www.DeliverPhoneBooks.com

Directory Distributing Associates Ref. Job #1260

Start your high-paying sales career today!

Earn \$1000-\$2000+ per week!

If you like talking with people and you're looking for something new and exciting, let's talk! 30-year-old company.

- Great hours: 7 am-2:30 pm Monday-Friday. No overtime, weekends or evenings.
- Paid training, 401(k), medical, dental benefits.

Experienced Bilingual Spanish Customer Service Rep, call Allen: 858-292-8577

3 offices for your convenience!

Kearny Mesa: Allen, 858-292-8577 Oceanside: Mike, 619-701-3631 Sorrento Valley: Ron, 800-854-2830 ext. 226

Experienced Re-loaders Welcome Highest paid

Be Part of Something Big.



WELDER AND SHIPFITTER STUDENTS (Paid Training)

Apply now for multiple classes starting through January. Requires stable work history, and ability to pass reading, math and

JOURNEYMAN WELDERS AND SHIPFITTERS

Requires at least 2 years' experience and able to pass Flux core in all positions.

CNC OPERATORS

Flame and plasma cutting machines. Setup and simple programming of CNC cutting machine. Must be able to read filusprints and engineering drawings, Requires experience or training in CNC operations. Burning experience a plus

MACHINE OPERATORS

Sets up and operates metal fabricating machines to cut, bend, straighten, drill, bevel, and form metal plates and structural shapes as specified by blueprints and templates.

FIREFIGHTER SECURITY GUARDS

Visit our Web site for other openings and complete job details.

If you'd like to be part of a true American success story, we invite you to apply online at www.nassco.com. Permanent resident status or U.S. cittaenship is required. If selected, you will be required to pass a pre-employment physical examination, which includes a drug and alcohol.

GENERAL DYNAMICS

MGSCO Innovation powered by Imagination.

Never Been Done Before...

\$28,000

days,

not

weeks

...simply returning phone calls.

No Selling! No Explaining! No Convincing!

1-888-593-8287

"I received \$34,000 cash to my front door in my first 3 weeks!" – Joe, Baker, CA

"My best week since joining the program is \$17,000." - Anne, Single Mom, WA

"I couldn't believe that I generated \$22,000 in 1 day in this program." – Bob, Retired, IA

"My first 72 hours brought me \$11,000, and I just started!" – LeAnn, Housewife, CA



Cynthia Stevens Hairstvlist

Fresno

have six. But four of them are I really small, so they don't count. I was young, and they're just things like a tiny heart. When I met Debbie Harry, I had her autograph my arm, and then I had it tattooed, with the band name above it. I had Chris Stein sign also, but it got meared, so I didn't have it tattooed. I'd eventually put the other band members on there. I want to have Debbie Harry's face. I'm going to have Kat from L.A. do it. She's known for doing great portraits.



Dagwood Reed Songwriter

Phoenix

My one tattoo is really tiny. It's a genie's lamp. I was 14, and this girl was 14, when we learned how to tattoo. She tried to do a seagull but messed it up. Then she tried to make it a scorpion. That didn't turn out right either. So, we made it into a genie lamp, which worked well, since it's like my mom's name. She passed away, and it is a remembrance of



Frankie Koppelman Retired

Los Angeles

waited after a Blondie concert to I waited after a Diolitic Concernation have Debbie Harry sign my arm. She came out especially to do it. Clem Burke went and got her. I thought about having him sign my arm as well, but you can't have a guy's tattoo on your arm. I saw a picture of her on this shirt, and I might add that tattoo. I'm not sure. I like knowing, though, that for those two minutes she was signing my arm, I was a part of her life.



George Figueroa Student

Escondido

 $\overline{I^{\text{don't have any. I'll probably get one}}}$ eventually, though. I think about it. I thought about getting a gargoyle. But I thought it might look horrible when I get old. If my mom died, maybe I'd get her name. But, I think the thing I decided on is a lion because I'm a Leo. When I do get one, that's probably going to be it.



Lewis Schafer Preschool Administrator

Poway

Tt's hard to say. I have a lot that blend into each other. I have more than 20 but less than 30. One arm is a sleeve. I have a big leopard-skin print with flames. I have one arm that is all Southwestern, Native American designs. There's a totem pole. And, I have the standard dagger with a rose wrapped around it to show I'm tough but sensitive.



Roberta Sopone Makeup Artist

El Cajon

do have two tattoos. Both are representations of tigers. I love the animal, and to me, it represents beauty and strength, and that is something I look for in my life. For several months now, I've been working on designing a larger tattoo. That will be an angel that will combine my two original ones to create one large tattoo. The previous ones hurt like hell when I had them done, but I would do it again.

TEACH AND TRAVEL! Teach English in Europe and Asia. Online prep course at home, the 4-week training abroad and guaranteed job. Info, 314-732-0316 or www.Boland-China.com ro www.Boland-Czech.com. (AAN CAN).

TEACHER AIDE/HALL MONITOR for Hill crest preschool. Must be fingerprint cleared. ECE units a plus. \$8/hour. 8am-5pm. Substitutes also needed. Dana, 619-295-4147.

TEACHERS: SPANISH. Part-time. After noons, evenings and Saturday mornings. 1 year contract. Very enjoyable job. Old Town area. 619-692-3181. **TEACHERS** and Support Teachers for 2-5 year olds. Part/fulltime positions for NA-EYC-accredited preschool program. Must be nurturing, motivated and love to play. Benefits a plus. Call Patty or Thanh: 858-278-2571

TELE-FUNDRAISING. Raising money for local nonprofit organizations for less fortunate children. Monday-Friday, 5pm-9pm and Saturday mornings, 9am-1pm. Hourly plus commission plus bonuses. Call today. Start tonight! Mission Valley. 619-291-2113.

services. Seasoned telemarketers earn \$65,000-\$85,000/year. Top rep: \$110,000 for 2006. \$10/hour plus generous commissions. Full benefits package. WordSmart is rated as one of San Diego's fastest growing privately-held companies (San Diego Business Journal). Call 858-565-8068 x331, recruiting@wordsmart.

TELEMARKETING. #1 home improvement company is seeking experienced Appointment Setters. Our average wage in 2007 with commission was \$15-\$31 per hour. Now hiring. Call immediately, 858-974-0054.

TELEMARKETING. Full-time, paid training. \$60K+/year possible. Guaranteed \$10-\$12/hour starting. Performance/attendance bonuses, cash contests, paid vacation, medical, dental. Only call busi-

esses. Ask for Rob or Michelle, Sports posters: 858-244-0190.

Boosters: 858-244-0190.

**TELEMARKETING. Fundraising for Demo-cratic Party and national charities. Medi-cal, dental, 401(k). Paid training. \$8.50/ hour plus bonuses, regular raises. Apply at Gordon & Schwenkmeyer: 9620 Chesapeake Drive, San Diego 92123-1369. Call 858-496-2100.

TELEMARKETING. If you're strong on the phone... Best program in town. Pacific Graphics Advertising Specialties in La Mesa for 20 years. Hours: Monday-Friday, 8am-2:30pm. Call Joe: 619-461-0365.

TELEMARKETING. Sell long-distance telephone services. Morning hours. Must be able to read the script. Hourly or commission. Bonuses paid every day. Hillcrest office. 619-260-5501.

TELEMARKETING/INSIDE SALES. Work and establish first-time telemarketing opand establish first-time telemarketing operation. Ground floor opportunity with established company. Much growth potential. Call 858-279-9896 or fax resume to 619-688-1854.

TELEPHONE INTERVIEWERS. No sales Friendly, outgoing. Billingual Spanish a plus. Hourly plus bonuses. Paid training, parking, medical benefits. www. luthresearch.com. Apply: Luth Research, 1365 Fourth Avenue, downtown. Job Hotline: 619-243-8045.

TELESALES. Tired of selling satellite dishes, phone service or ad specs and need a solid sales profession? Join the fastest growing SAT prep company. Help high school students achieve their academic goals. Earn a very substantial demic goals. Earn a very substantial weekly income, full benefits and residual income too. Expect no less than \$20 an hour after first week of training. La Mesa,

IRANSITION SPECIALIST. Assist Teachers in group and community-based instruction for developmentally disabled adults. \$9,75/hour to start. 30 hours/week. Benefits. EOE. www.vistahill.org. Fax resume: 619-281-0453. Apply Monday-Friday, 9am-4pm: Stein Education Center, 6145 Decena Drive, San Diego 92120. Email: steinjobs@vistahill.org.

TRAVEL JOB. One month paid training. \$500 sign-on bonus. Must be free to travel and start today. 1-800-735-7409. (AAN CAN) TRANSITION SPECIALIST. Assist Teach

TRAVEL USA, 18-25 years. Visit major cities: New York, DC, Hawaii, Los Angeles, etc. Be around successful, positive oriented individuals! Money motivated?

CAREER TRAINING



Enough with the Excuses!

At Maric College you can train for a new career in less time than you think.

CALL NOW FOR A BROCHURE! 888-356-4000 www.CareerTraining-Maric.com



CRIMINAL JUSTICE REMINGTON COLLEGE®





REMINGTON COLLEGE® SAN DIEGO CAMPUS

WWW.REMINGTONCOLLEGE.EDU 800.481.0184

123 Camino de la Reina, North Building, Suite 100

San Diego, CA 92108

Accredited Member, ACICS

Return trip guaranteed. \$500 sign-on bonus! Call today, start tomorrow. Kristen, 1-888-856-7086.

TRAYEL/SALES. Publication sales company hiring 18 sharp, enthusiastic individuals to travel the entire U.S. Travel, training, lodging, and transportation provided. 1-800-781-1344.

UNEMPLOYED HOMELESS VETERANS. You may be eligible for job search, employment assistance, support services, job-related clothing/tools, housing assistance, VA benefits referrals. Appointment, call 619-449-5513.

call 619-449-5513.

VALET JOB FAIR. Lindbergh Parking, Inc., at the San Diego Airport, Saturday January 26, 10am-6pm. All shifts available, \$8/hour plus tips. Requirements: Clean DMV, drive stick shift, excellent customer service, able to stand/run/jog, meet dress/grooming standards. 3705 North Harbor Drive, San Diego 92101. For information: 619-291-2087. Located: Terminal 2 Parking Lot at Lindbergh Field across from the U.S.O. Park in reserved spaces in front of our building #3705 except where posted for company employees. Parking validated.

vest. Farking Validated.

VETERINARY ASSISTANT with office duties. 25-30 hours/week, 12:30-6pm Monday-Friday. No experience required. 5644 Lake Murray Boulevard, La Mesa, CA 91942. 619-464-3177.

CA 91942. 6 19-404-0177.

VIDEO EDITOR. Currently seeking full-time video editor. Responsible for entire vieo cpaturing process. HDV experience required. Submit resume, work samples by email jobs@macandbumble.com.

by ernall jousemicantoutionibe.com. Volice OVER ARTIST needs work. Excellent at narrations, commercials, spokesperson, announcer, host. Professional manner. Access to high tech studio. Will travel. Temporary/contract. Call 858-997-8885.

WWW.FREEAUTOKEY.COM. Earn \$800-\$3200 monthly to drive brand new cars with ads placed on them.

YAZ FOR A YEAR plus \$1,000. Call Kim at The Medical Center for Clinical Research at 619-521-2841.

E MPLOYMENT S ERVICES

PLACE PRINTED ADS in the Reader by

POST FREE ONLINE ADS with photos at SanDiegoReader.com. See thousands of classified ads not printed here!

POST OFFICE NOW HIRING! Average pay \$20/hour or \$57K/year including federal benefits and overtime. Offered by Exam Services, not affiliated with USPS who hires. 1-866-483-5593.

C AREER T RAINING

PLACE PRINTED ADS in the Reader by calling 619-235-8200.

POST FREE ONLINE ADS with photos at SanDiegoReader.com. See thousands of

A ACADEMY OF BARTENDING. Make money! Fun! New friends! Learn behind real bar. 1-2 week course. Weekend classes available. Part-and full-time. Job placement assistance. Please call 619-296-0600.

AAA BARTENDER SCHOOL. As seen on TVI Tuition Special: Now \$199! Was \$500. Learn professional bartending. 2-week intensive course, 4 days per week (Monday-Thursday). Job placement assistance. www.nationalschools.com. AAA-National Bartender Schools of San Diego. Call 619-461-2800.

ACCOUNTING TRAINING. Get in! Get trained! Get out! Get a job! The Accounting Academy offers a four-month full-charge real-world bookkeeping program. Call 760-510-1990 for a free brochure. www.theaccountingacademy.

ADVANCED MEDICAL CODER. Call U.S. Colleges today for more information Morning, afternoon and evening classes. WIA and low cost funding, workers comp. small classes. Universal Schools and Colleges of Health and Human Services, San Diego: 619-858-3840; San Marcos: 760-918-8198, www.uscrned.com.

918-8198. www.uscmed.com.

ADVANCED TRAINING. Careers in Information Systems Tech, Computer Office Administration, Human Resources Administrative Assistant, Medical Assistant, Medical Front Office Administration, English as a Second Language. Job Placement Assistance. Financial Aid available. 619-596-2766; www.advancedtraining. edu.

ADVERTISING. Dreams don't have expiration dates. Associate and Bachelor of Science degree programs. Financial aid if qualified. Job search assistance. www. artinstitutes.edu/sandiego. The Art Institute of California, 7650 Mission Valley Road, San Diego 92108. 866-275-2422; 858-598-1200.

BACHELOR OF SCIENCE in Organizational Leadership (BSOL): Azusa Pacific University's BSOL Program enables you to facilitate change in your organization by teaching you management techniques and research-based leadership skills. Graduates leave APU with realworld communication and interpersonal abilities immediately applicable in the workplace. Earn your degree in 15 months. Attend class one night a week. Benefit from fixed tuition once enrolled. This program is for you if you are 25 years of age or older, have earned a minimum of 60 transferable semester units, have maintained at least a 2.0 GPA in transferable units. Apply today! Call: 877-210-8839. Click: www.apu.edu/explore/bsol. E-mail: sandiego@apu.edu.

New Career this Year. It's easier than you think!



Train in less than 9 months for careers in

- » Medical Assistant*
- » Massage Therapist*
- » Business Office Administration*
- » Medical Billing and Insurance Coding*
- » Dental Assistant*
- » Pharmacy Technician
- Computer Systems Technician*

WWW.INFOFROMUEI.COM

1.877.206.1915



3666 Kearny Villa Road, Suite 100 San Diego, CA 92123

310 3rd Avenue, Suite C6/C7 Chula Vista, CA 91910

- Not All Programs Available at All Campuses
- · Approved for Veterans, Rehab, WIA
- · Financial Aid Available if Qualified
- . Job Placement Assistance

BAKERY AND PASTRY ARTS. Yes, National School just won 1st Place for 2006 Iron Apprentice Award for Pastry in competition with 6 other schools. Visit us on the web at nationalschools.com or call for an appointment: 619-461-2800.

BARTENDING SCHOOL. Hands-on train BARTENDING SCHOOL. Hands-on training. Learn to bartend from San Diego's #1 bartending school. Affordable two-week course, job placement assistance, financing available. Make great money. San Diego Bartending School, 6690 Mission Gorge Road, Suite K, San Diego, CA 92120. Call today for a free tou! 619-281-2345. www.SanDiegoBartending.com.

BARTENDING. Learn behind a real bar. 1-2 week course. Fun! Money! Make new friends! Weekend classes available. Partand full-time. Job placement assistance. Call 619-296-0600.

Call 619-296-0600.

BARTENDING. \$40,000+ annual potential! The only BPPVE state-licensed school of Bartending and Casino/Poker Dealing in San Diego County. Professional instruction. Member of Better Business Bureau. Academy of International Bartending and Casino Dealing. www.cardsandcocktails.com. 858-560-MIXX (6499).

started without a high school diploma Now enrolling, call today! Concorde Ca reer Institute, 4393 Imperial Avenue, Suit-100, San Diego 92113. 888-283-6911. www.Concorde4me.com.

www.Concorde4me.com.

BECOME A MAKE-UP ARTIST. Learn the required skills and techniques needed to prepare for a career in the Make-Up Industry. For more information, call Poway Academy, 858-748-1490, x2; JE Boutique, 619-442-3407 x304; Bay Vista College, 619-474-6607 x302. www.

SapDiagneautyAcademy.com SanDiegoBeautyAcademy.com.

and the patient

BECOME A TRUCK DRIVER in just 4 BECOME A TRUCK DRIVER IN JUST 4 weeks! Hit the road with a new career in 2008! We offer: Full Commercial Class A & B. Bus Driver Training, and a Forklift Certification course. 30-year company. Possible Veteran's assistance. Flexible classes. Visa/MasterCard. Western Truck School, San Diego, 800-929-1319.

school, san Diego, 800-929-1319.

BUS DRIVER TRAINING. Start the new year with a new career. Western Truck School, a 30-year company, also offers 4-week Truck Driving course: full commercial Class A & B. Possible Veteran's assistance. Flexible classes. Visa/Master-Card. Western Truck School, San Diego, 800-929-1319.

BUSINESS OFFICE ADMINISTRATION. BUSINESS OFFICE ADMINISTRATION.
Check out our Office Career Programs at
UEI. Approved Veterans, Rehab, WIA.
Job Placement Assistance, Financial Aid
(if qualified). 3666 Kearny Villa Road,
#100, 92123; 310 3rd Avenue, #66, Chuld
Vista 91910. Call today 1-877-206-1915.
Visit our website: www.uei4you.com.

Visit our website: www.uei4you.com.

COMMERCIAL DIVING. Learn from one of the most respected Diver Education Centers in the world. Earn your Associate of Science degree in Marine Technology. Specialize your talents: MedTech, WeldTech, SpecTech. Become qualified, not just certified. Experienced professionals teach skills that employers demand. Job placement assistance/financial aid for those qualified. National Polytechnic College of Science: 619-563-7430, www. natpoly.edu.

natpoly.edu.

COMPUTER/E-COMMERCE. Now offering Laptops with programs! See Job Giant, Page 5. Programs in Computers,
Business, Healthcare. Associate's, Bachelor's, job placement assistance, financial
aid (if qualified). Day, online and evening
classes begin monthly. CCSD, 2820

Camino Del Rio South, #300, 92108. 1-800-495-1943.

COMPUTER SYSTEMS TECHNICIAN COURSE at UEI. Approved Veterans. Renancial Aid (if qualified). 3666 Kearny Villa Road, #100, 92123; 310 3rd Avenue, #C6, Chula Vista 91910. Call today! 1-877-206-1915. Visit our website: www.

COMPUTERIZED OFFICE and Account COMPUTERIZED OFFICE and Accounting. Be job-ready in just 8 months. Get the skills employers look for, from instructors with real-world experience Day or evening classes available. Evening classes in just 9 months. Small classes, free tutoring, in-the-field training scholarships available, WIA, VA benefit approved, job placement assistance, financial aid available (if qualified), accept non-high school graduates. Valley Career College, 878 Jackman Street, El Cajon, 1 block west of Parkway Plaza. 619-593-5111.VallevCareerCollege.com.

o 19-593-5111.ValleyCareerCollege.com.

COSMETOLOGY PROGRAM. New Year, love your career! Make money and have fun! Many top Hairstylists own their own businesses. One-year full or part-time training. Night classes available. Paul Mitchell The School, 410 A Street, San Diego 92101. www.PaulMitchellTheSchool.com. 619-398-1590.

COURT REPORTER. Ready to change your life? Become a court reporter! AA offered, financial aid available to those who qualify, excellent career opportunities and we are fully accredited. Call for you admissions appointment at 619-683-2727 www.sappoiltene.de.

CRANE/HEAVY EQUIPMENT Training. National certification. Placement assistance. Financial assistance. Southern California College of Construction. www. Heavy7.com, use code "SDR1". 1-866-265-7586.

CRIMINAL JUSTICE CLASSES start soon.

Day, afternoon, evening classes. Remington College, 123 Camino de la Reina, North Building, Suite 100, San Diego 92108. www.4classes.org. Call today! 877-538-7125.

CRIMINAL JUSTICE CLASSES start soon. We offer Bachelor of Science Degrees in Criminal Justice. Financial aid if qualified. Day, afternoon, evening classes. Remington College, 123 Camino de la Reina, North Building, Suite 100, San Diego 92108. www.4classes.org. Call today! 877-538-7125.

CULINARY ARTS. Culinary Management and Baking & Pastry. Dreams don't have expiration dates. The International Culi-nary School at The Art Institute of Californary School at The Art Institute of Califor-nia, San Diego. A variety of international culinary experiences designed to give you the skills and culinary inspiration you need to succeed in the field. Bachelor and Associate degrees. 7650 Mission Valley Road, San Diego 92108. Toll free: 866-275-2422. Local: 858-598-1200. Visit

DENTAL ASSISTANT PROGRAM at UEI. Approved Veterans, Rehab, WIA. Job Placement Assistance, Financial Aid (if qualified). 3666 Kearny Villa Road, #100, 92123; 310 3rd Avenue, #C6, Chula Vista 91910. Call todayl 1-877-206-1915. Visit:

DENTAL ASSISTANT. Be job-ready in just DENTAL ASSISTANT. Be job-ready in just 8 months. Get the skills employers look for, from instructors with real-world experience Day or evening classes available. Evening classes in just 9 months. Small classes, free tutoring, in-the-field training scholarships available, WIA, VA benefit approved, job placement assistance, financial aid available (if qualified), accept non-high school graduates. Valley Career College, 878 Jackman Street, El Cajon, 1 block west of Parkway Plaza. 619-593-5111. ValleyCareer College.com.

DIVING/COMMERCIAL. Learn from one of the most respected Diver Education Centers in the world. Earn your Associate

of Science degree in Marine Technology. Specialize your talents: MedTech, WeldTech, SpecTech. Become qualified, not just certified. Experienced professionals teach skills that employers demand. Job placement assistance/financial aid for those qualified. Visit: www.natpoly. edu, or call National Polytechnic College of Science: 619-563-7430.

DRIVE YOUR WAY into a new career! Great pay and benefits. Class A/Class B training. Placement assistance. Campuses in San Diego, Temecula, Riverside and Santa Ana. United Truck Driving School, 800-764-2020. www.drivetrucks.

ESTHETICIAN. Acquire skin care training ESTHETICIAN. Acquire skin care training using the highest quality products with the most effective tools and techniques. Learn facials, waxing, make-up application and licensing requirements within 6 months. Poway Academy, 858-748-1490 x2; JE Boutique, 619-442-3407 x304; Bay Vista College, 619-474-6607 x302. www.

Vista College, 619-474-6607 x302. www.sandiegobeautyacademy.com.

FASHION DESIGN. Fashion Marketing and Fashion Management. Dreams don't have expiration dates. Bachelor of Fine Arts and Bachelor of Science degree programs. The Art Institute of California, 7650 Mission Valley Road, San Diego 92108. 858-598-1200; 866-275-2422. www.artinstitutes.edu/sandiego.

FIBER OPTICS/JOBS WAITING! We have FIBER OPTICS/JOBS WAITING! We have more job openings than we have people to fill them. A career opportunity that will last at least 20 years. 3-week intensive hands-on course. Become certified in: Fiber Optics, Telecommunications, Data Cabling, FOA Certified. Day/evening classes. WIA/Workers' Comp/EDD. State approved. 100% private financing for those qualified. 1324 East Mission Road, San Marcos. Visit: www.nctc.nu; e-mail: nctc2@hotmail.com; call 760-471-9861.

FINE JEWELRY CAREER! BBA Degree and professional diplomas. Start the new year with a rich and rewarding career in

the fine jewelry industry. Gemological In-stitute of America offers the most comprestitute of America offers the most comprehensive, respected gem and jewelry education available anywhere. On Campus, Distance Education, Web enhanced courses, traveling Lab classes, seminars. Year-round admission. Financial assistance programs/scholarships for qualifying students. Free catalog: 800-421-7250 x4001. www.gia.edu.

FREE COMMUNITY WORKSHOPS! "How FREE COMMUNITY WORKSHOPS! "How to Start a Business" for people with disabilities. Wednesday 2/20 1pm-4pm at United Cerebral Palsy, 8525 Gibbs Drive #100, 92123. Bus 25 from Fashion Valley to Aero Drive/Afton or from Clairemont Aero Drive/Glenn Curtiss Road. Off-street parking available. Sponsored by Ablebisabled Advocacy. Call Cindy Lennon, 619-231-5990 x315 to reserve your spot.

most respected security company in the world! Countywide positions available Free Guard Card training. Medical/dental/vision and 401(k), excellent working environment, free uniforms. For fastest response, apply online now! www.securitasjobs.com. Thank you for applying online! Or call San Diego: 619-641-0049; San Marcos (North County) 760-591-3733; Temecula: 951-676-3954. EOE/M/F/V/D, drug free. PPO #14827.

EOE/M/FN/D, drug free. PPÖ #14827.

FREE REHABILITATION TRAINING if qualified. Become a Certified Phlebotomist, Sports Medicine Tech, Medical Coder, Computerized Office Specialist, Private Investigator, Accounting Office Specialist, and more! Call U.S. Colleges today for more information! Morning, afternoon and evening classes. WIA and low cost funding, workers comp. small classes. Universal Schools and Colleges of Health and Human Services, San Diego: 618-858-3840; San Marcos: 760-918-8198. www.uscmed.com.

GAME ART/DESIGN. Dreams don't have expiration dates. Bachelor of Science de-

CAREER TRAINING

We teach medicine that's good for the practitioner



If you're looking for a new career, follow an old path - Traditional Chinese Medicine. Pacific College is one of the nation's leaders.

Pacific College offers:

- -Accredited Masters degree programs in Acupuncture and Oriental Medicine
- Massage certification programs
- -Financial aid is available for those who qualify Flexible schedules



1.800.729.0941, www.PacificCollege.edu 7445 Mission Valley Rd., Ste. 105 San Diego, CA 92108



(619) 260-4579

Paralegal Certificate Program

Approved by the American Bar Association **Employment Assistance** Day and Evening Classes Internships Financial Aid Available

Test Preparation LSAT, GMAT, GRE, SAT

Sharpen Your Skills! **Experienced Faculty Practice Exams** Convenient Schedules Free Refresher Classes

(within 1 year of paid course completion)

www.sandiego.edu/paralegal

www.sandiego.edu/testprep



Medical · Business · Investigative Certified Phlebotomy Technician • Medical Administrative Secretary

Medical Office Administrator • Medical Biller Sports Medicine Technologist • Clinical Medical Assistant Administrative & Clinical Medical Assistant • Advanced Medical Coder Computerized Office Specialist • Computerized Office & Accounting Specialist Private Investigator

Morning, afternoon & evening class schedules WIA & Low-Cost Funding • Workers' Comp • Rehabilitation Free training if qualified • Small classes



Universal Schools & Colleges of Health and Human Services

U.S. COLLEGES

San Diego · 619-858-3480 San Marcos · 760-918-8198 www.uscmed.com





34 San Diego Reader January 24, 2008

PREPARE TODAY FOR A NEW CARER

Construction Management

Earn your associate degree in construction management online.

Marine Technology

Earn your degree or commercial diving certificate.

Hyperbaric Medicine

Prepare to use state-of-the-art equipment to treat wounds and help burn victims recover.

Homeland Security

Work in the growing field of homeland security by earning your associate's degree online from National Polytechnic.

Emergency Medical Technician-Basic

National Polytechnic can prepare you to take the National Registry of Emergency Medical Technicians' EMT-B exam in only ten weeks.

Nondestructive Testing Technician

Earn letters of qualification in accordance with the American Society for Nondestructive Testing in only 20 weeks.









Assistance with job placement • Classes two days a week Financial aid available for those who qualify

For more info 858-309-3500 www.natpoly.edu

Located in Kearny Mesa 3580 Aero Court San Diego, CA 92123-1711



National Polytechnic College of Science is accredited by the Accrediting Commission of Community and Junior Colleges of the Western Association of Schools and Colleges.

gree programs. Financial aid if qualified. Job search assistance. www.artinstitutes. edu/sandiego. The Art Institute of California, 7650 Mission Valley Road, San Diego 92108. 866-275-2422; 858-598-1200.

92108. 866-275-2422; 858-598-1200.

GEMOLOGY/JEWELRY. Prepare for a rich and rewarding career in the fine jewelry industry. Gemological Institute of America offers the most comprehensive, respected gem and jewelry education available anywhere. On Campus, Distance Education, Web enhanced courses, traveling Lab classes, seminars. BBA Degree and professional diplomas. Year-round admission. Financial assistance programs/scholarships for qualifying students. Free catalog: 800-421-7250 x4001. www.gia.edu.

GMAT PREPARATION. USD Test Preparation Courses. Sharpen your skills! Experienced faculty. Practice exams. Convenient schedules. Free refresher classes within 1 year of paid course completion. www.sandiego.edu/testprep. 619-260-4579.

n 19-200-45/9. **GRAPHIC DESIGN.** Dreams don't have expiration dates. Associate and Bachelor of Science degree programs. Financial aid if qualified. Job search assistance. www.artinstitutes.edu/sandiego. The Art Institute of California, 7650 Mission Valley Road, San Diego 92108. 866-275-2422; 858-598-1200.

GRE PREPARATION. USD Test Preparation Courses. Sharpen your skills! Experienced faculty. Practice exams. Convenient schedules. Free refresher classes within 1 year of paid course completion. www.sandiego.edu/testprep. 619-260-4579.

619-260-4579.

HAIR DESIGN TRAINING. Make money and have fun! Top Hairstylists love their careers; many own their own businesses. One year full-or part-time training. Night classes available. Paul Mitchell The School, 410 A Street, San Diego 92101. www.PaulMitchellTheSchool.com. 619-398-1590.

398-1590.

HEALTHCARE: Laptops now offered with programs! Respiratory Therapy, Medical Specialties, Radiography, Nursing Assisting, Pharmacy Technology, Medical Coding/Billing. Healthcare Administration. Laboratory Technology, Rehabilitation Assisting, Phlebotomy. Associate's/Bachelor's degrees. See Job Glant, page 5. Job placement assistance, financial aid (if qualified). Day, online and evening classes begin each month. California College San Diego, CCSD, 2820 Camino Del Rio South, #300, 92108. 1-800-495-1943.

HEALTHCARE CAREER in 6 weeks! Be-

HeALTHCARE CAREER in 6 weeks! Become a Phlebotomy Technician. Classroom instruction and clinical externship at affiliated hospitals and clinics. No experience necessary. Requires high school diploma/equivalent. BPPVE Register #3708721. Family Health Services, 619-955-1007. www.familyhealth-services.com

HYPERBARIC MEDICINE. Earn your associate's degree in Hyperbaric Medical Technology. From wound care to treating carbon monoxide poisoning. Join this cutting edge, fast-growing field with a degree from National Polytechnic College of Engineering and Oceaneering. Classes two days a weeks, job placement assistance/financial aid for those qualified. Visit: www.natpoly.edu. National Polytechnic College of Science: 800-432-3483.

INSURANCE BILLING/CODING at UEI. Approved Veterans, Rehab, WIA. Job Placement Assistance, Financial Aid (if qualified). 3666 Kearny Villa Road, #100, 92123; 310 3rd Avenue, #C6, Chula Vista 91910. Call today! 1-877-206-1915. Visit: www.uei4you.com.

INSURANCE CODING & BILLING. Get started without a High School Diplomat Concorde also offers: A.S. in Respiratory Therapy, Massage Therapy, Surgical Technology, Medical Assistant, Dental Assistant, Vocational Nursing courses. Now enrolling, call today! Concorde Career Institute, 4393 Imperial Avenue, Suite 100, San Diego 92113. 888-254-6904; www.ContactConcorde.com.

WW.-OntactConcorde.com.

INTERIOR DESIGN. Dreams don't have expiration dates. Bachelor of Science in Interior Design. Financial aid if qualified. Job search assistance. www.artinstitutes edu/sandiego. Art Institute of California, 7650 Mission Valley Road, San Diego 92108. 858-598-1200; 866-275-2422.

INVESTIGATIVE Recome a Private Inves-

INVESTIGATIVE. Become a Private Investigator. Start a new career in 2 months or less at US College! Morning, afternoon and evening classes. WIA and low cost funding, workers comp, small classes. Universal Schools and Colleges of Health and Human Services, San Diego: 619-858-3840; San Marcos: 760-918-8198. www.uscmed.com.

JOBS WAITING! The Fiber Optics industry is so hot, it's on fire! We have more job openings than we have people to fill them. A career opportunity that will last at least 20 years. 3-week intensive hands-on course. Become certified in: Fiber Optics, Telecommunications, Data Cabling, FOA Certified. Daylevening classes. WIA/Workers' Comp/EDD. State approved. 100% private financing for those qualified. 1324 East Mission Road, San Marcos. Visit: www.nctc.nu; e-mail: nctc2@hotmail.com; call 760-471-9561.

JOIN THE MEDICAL PROFESSION as a Medical Assistant, Pharmacy Technician, Medical Administrative Assistant or Radiographer, Pima Medical Institute offers morning, afternoon, evening classes; financial aid if qualified; lifetime job placement assistance. 888-239-9445. 780 Bay Boulevard, Chula Vista.

LEARN BARTENDING. 1-2 week course Learn behind a real bar. Make new friends! Fun! Money! Weekend classes available. Part-and full-time. Job placement assistance. Call 619,296,0600

ment assistance. Call 619-296-060U. **LEARNING ACADEMY.** Home Care Aides, Childcare, Family Caregivers. Entry-level and advanced training for home care providers. At Your Home Familycare, Inc. E-mail: homecarejobs@atyourhomefamilycare.com. Toll free: 877-91LEARN.

Become a Massage Therapist in Just 9 Months!



We also train for:

- Medical Billing and Insurance Coding
- Computer Systems Technician
- Medical Assistant
- Business Office Administration
- Dental Assistant
- Pharmacy Technician

1.877.355.9044

WWW.INFOFROMUEI.COM



310 3rd Avenue, Suite C6/C7 Chula Vista, CA 91910

3666 Kearny Villa Road, Suite 100 San Diego, CA 92123

Not All Programs Available at All Campuses • Approved for Veterans, Rehab, WIA Financial Aid Available if Qualified • Job Placement Assistance

LEGAL CAREER. University of San Diego Paralegal Certificate. Approved by the American Bar Association. Employment Assistance. Internships. Financial Aid available. www.sandiego.edu/paralegal. 619-260-4579.

LSAT PREPARATION. USD Test Preparation Courses. Sharpen your skills! Experienced faculty. Practice exams. Convenient schedules. Free refresher classes within 1 year of paid course completion. www.sandiego.edu/testprep. 619-260-4579.

MASSAGE THERAPT/HIPI/Naturopatiny. Classes: Massage Therapist (MT), Nutrition, Herbology, Holistic Health Practitioner (HHP), Naturopathic Practitioner (HHP), Naturopathic Practitioner (HP), Aromatherapy, Spa Therapist, Thai Medical Massage, Lomi-Lomi/Hawaiian Healing Arts, Yoga Instructor, Counseling Skills, Sports Therapist & Performance Enhancement, Oriental Therapies, Energetic/Vibrational Healing, and much more! Natural Healing Institute, Encinitas. 760-943-8485. www.naturalhealinginst.com.

MASSAGE THERAPY Classes start soon. Financial aid if qualified. Day and evening classes. Remington College, 123 Camino de la Reina, North Building, Suite 100, San Diego 92108. www.4classes.org. Call today! 877-681-2536.

MASSAGE THERAPY. Get started without a high school diploma! We also offer courses in Medical Assisting, Respiratory courses in Medical Assisting, Respiratory Therapy. Insurance Coding and Billing, Dental Assisting, and Vocational Nursing. Call today for more information! Concorde Career College, 4939 Imperial Avenue, Suite 100, San Diego. 888-254-6904; www.Concorde-dre.com.

MASSAGE THERAPY classes start soon. Financial aid if qualified. Day and evening classes. Remington College, 123 Camino de la Reina, North Building, Suite 100, San Diego 92108. www.4classes.org. Call todayl 877-681-2536.

Massage Therapy Course at UEI.
Approved Veterans, Rehab, WIA. Job
Placement Assistance, Financial Aid (if
qualified). 3666 Kearry Villa Road, #100,
92123; 310 3rd Avenue, #C6, Chula Vista
91910. Call today! 1-877-206-1915. Visit
pur website: www.ueidyou.com

MEDICAL ASSISTANT COURSE at UFI

Free Classifieds!

Post free online ads with photos at SDReader.com

Placement Assistance, Financial Aid (if qualified). 3666 Kearny Villa Road, #100, 92123; 310 3rd Avenue, #C6, Chula Vista 91910. Call today! 1-877-206-1915. Visit

MASSAGE, HHP, MASSAGE Technician MASSAGE, HHP, MASSAGE lecnnicate, Get hands-on certified training using the highest quality products with the most effective tools and techniques. Continuacourse study to complete within 10 months! Poway Academy, 858-748-1490 x2; JE Boutique, 619-442-3407 x304; Bay Vista College, 619-474-6607 x302. www. SanDiegoBeautyAcademy.com.

MASTER ESTHETICIAN. Acquire the latest in advanced Clinical Esthetics Skills. Poway Academy is the only school in California offering this course. Poway Academy, 13266 Poway Road, Poway, CA 92064. Call today! 858-748-1490 x2. www.sandieoobeautvacademy.com

MEDICAL ADMINISTRATIVE COURSES. Call U.S. Colleges for more information. WIA and low cost funding, workers comp. small classes. Universal Schools and Colleges of Health and Human Services, San Diego: 619-858-3840; San Marcos: 760-918-8198. www.uscmed.com.

MEDICAL ADMINISTRATION and Billing Be job-ready in just 8 months. Get the Be job-ready in just 8 months. Get the skills employers look for, from instructors with real-world experience Day o evening classes available. Evening classes in just 9 months. Small classes classes in just 9 months. Small classes, free tutoring, in-the-field training scholar-ships available, WIA, VA benefit approved, job placement assistance, financial aid available (if qualified), accept non-high school graduates. Valley Career College, 878 Jackman Street, El Cajon, 1 block west of Parkway Plaza. 619-593-5111. Valley Career College.com.

MEDICAL ASSISTANT. Get started with-out a high school diploma. Now enrolling call today! Concorde Career Institute

4393 Imperial Avenue, Suite 100, San Diego 92113. 888-283-6911. www.

MEDICAL BACK OFFICE Assistant course. Train for a new career in 2008 Maric College offers on-the-job training. career placement, financial aid available for those who qualify. San Diego and North County campuses. Call today! 888-356-4000, Dept. 276, or visit www. CareerTraining-Maric.com.

MEDICAL CAREERS. Train to become a: MEDICAL CAREERS. Train to become a: Medical Assistant, Pharmacy Technician, Medical Insurance Technician, Medical Administrative and Insurance Specialist, Nursing, Nursing Assistant, Back Office. Not all programs offered at all locations. Maric College offers on-the-job training, career placement, financial aid available for those who qualify. San Diego and North County campuses. Call todayl 888-356-4000, Dept. 276, or visit www. CareerTraining-Maric.com.

CareerTraining-Maric.com.

MEDICAL CAREERS. Start a new career
in 2 months or less at US College!
Choose from: Certified Phlebotomy Tech,
Medical Administrative Secretary, Medical Office Administrative, Medical Biller,
Advanced Medical Coder, Sports
Medicine Tech, Clinical Medical Assistant, Administrative and Clinical Medical
Assistant. Morning, afternoon and
evening classes. WIA and low cost funding, workers comp, small classes. Universal Schools and Colleges of Health and
Human Services, San Diego: 619-8583480, San Marcos: 760-918-8198. www.
uscmed.com.

uscmed.com.

MEDICAL PROGRAMS: Laptops now of-fered! Respiratory Therapy, Medical Spe-cialties, Radiography, Nursing Assisting, Pharmacy Technology, Medical Coding/ Billing. Healthcare Administration. Labo-ratory Technology, Rehabilitation Assist-ing, Phlebotomy. Associate s/Bachelor's degrees. See Job Giant, page 5. Job placement assistance, financial aid (if qualified). Day, online and evening classes begin each month. California Col-

lege San Diego, CCSD, 2820 Camino Del Rio South, #300, 92108. 1-800-495-1943.

MEDICAL/INSURANCE SPECIALIST. career placement, financial aid available for those who qualify. San Diego and North County campuses. Call today! 888-356-4000, Dept. 276, or visit www. CareerTraining-Maric.com.

NAIL TECH. Become a Spa Nail Technician! NAL TECH. Become a opa nali recrimiciani. 1/3 of today's jobs are in the spa industryl Start your new career today! For more information, call Poway Academy, 858-748-1490, x2; JE Boutique, 619-442-4607 x304. Bay Vista College, 619-474-6607 x302. www.SanDiegoBeautyAcademy.com.

www.SanDiegoBeautyAcademy.com.

NURSING CAREERS. Train to become a:
Medical Assistant, Pharmacy Technician,
Medical Insurance Technician, Medical
Administrative and Insurance Specialist,
Nursing, Nursing Assistant, Back Office.
Not all programs offered at all locations.
Maric College offers on-the-job training,
career placement, financial aid available
for those who qualify. San Diego and
North County campuses. Call today! 888356-4000, Dept. 276, or visit www.
CareerTraining-Maric.com.

NURSING/VOCATIONAL. Get started without a High School Diploma! Concorde also offers: A.S. in Respiratory Therapy, Massage Therapy, Surgical Technology, Medical Assistant, Dental Assistant, Insurance Coding/Billing Assistant, instraine Couring, all today! Concorde Career Institute, 4393 Imperial Avenue, Suite 100, San Diego 92113 888-254-6904; www.ContactConcorde

com.

NURSING: Accelerate your health career with Azusa Pacific University's School of Nursing and Kaiser Permanente. The Early Entry into Nursing and Advanced Practice (EENAP) Program provides graduate-level nursing education for those with degrees in other disciplines. A generous enrollment fund donation from Kaiser Permanente allows students to participate in a forgivable loan program where they will perform clinical rotations

and receive mentoring from Kaiser Permanente staff in addition to coursework. Upon graduation and licensure, students will work at Kaiser Permanente San Diego facility, receiving two years of real-world experience. Call 877-210-8839, visit www.apu.edu/nursing, e-mail sandiego@ apu.edu. Or apply online today at www/apu.edu/lapply/. Azusa Pacific University, 5353 Mission Center Road, Suite 300, San Diego, CA 92108.

OPEN HOUSE. The Art Institute of California, San Diego. Saturday, February 2, 2008. Design Programs: Check in 9:30am; presentation 10:00am. Culinary Arts Program: Check in 12:00noon; presentation 12:30pm. It's a new year and a new you! Find out about exciting carero poportunities in the Design and Culinary Arts fields. Classes start February 14: 2008. Scholarship opportunities for 2008 graduates. Programs offered: Advertising; Baking & Pastry; Culinary Arts; Culinary Management; Fashion Design; Fashion Marketing & Management; Game Art & Design; Graphic Design; Interior Design; Media Arts & Animation; Web Design & Interactive Media. Visit us at www. aiopen.com/sandiego or call toll free, 866-275-2422. Local 856-598-1200. OPEN HOUSE. The Art Institute of Califor-

866-275-2422. Local 858-598-1200.

PHARMACY TECHNCIAN. Train to become a Pharmacy Technician, Medical Insurance Technician, Medical Administrative and Insurance Specialist, Nursing, Nursing Assistant, Back Office. Not all programs offered at all locations. Maric College offers on-the-job training, career placement, financial aid available for those who qualify. San Diego and North County campuses. Call today! 888-356-4000, Dept. 276, or visit www. CareerTraining-Maric.com.

PHARMACY TECHNICIAN TRAINING: As sist licensed Pharmacists in providing medication and healthcare products to patients. Graduate in 8 months! Morning, afternoon, evening classes; lifetime job placement assistance and financial aid if qualified. Pima Medical Institute, 88a 239-9445. 780 Bay Boulevard in Chula Vista (I-5 at J Street), www.pmi.edu.

Vista (1-5 at J Street). www.pmi.edu.

PHARMACY TECHNICIAN Course at UEI.
Approved Veterans, Rehab, WIA. Job
Placement Assistance, Financial Aid (if
qualified). 3666 Kearny Villa Road, #100,
92123; 310 3rd Avenue, #C6, Chula Vista
91910. Call today! 1-877-206-1915. Visit

PHARMACY TECHNICIAN. Be job-ready in just 8 months. Get the skills employer's look for, from instructors with real-world experience. Day or evening classes available. Evening classes in just 9 months. Small classes, free tutoring, in-the-field training scholarships available, WIA, VA benefit approved, job placement assistance, financial aid available (if qualified), accept non-high school graduates. Valley Career College, 878 Jackman Street, El Cajon, 1 block west of Parkway Plaza. 619-593-5111. ValleyCareerCollege.com.

PHLEBOTOMY. Become a certificated

PHLEBOTOMY. Become a certificated Phlebotomist. Call U.S. Colleges for more information! WIA and low cost funding, workers comp, small classes. Universal Schools and Colleges of Health and Human Services, San Diego: 619-858-3840; San Marcos: 760-918-8198. www.uscmed.com.

POKER DEALING/CASINO and Bartending careers. \$50,000+ for Casino Dealing careers; \$40,000+ potential for Bartending careers. Lowest tuition. Job placement. Professional instruction. BPPVS State-licensed. Academy of International Bartending and Casino Dealing. 858-560-MIXX (6499). 858-278-DEAL (3325).

PRIVATE INVESTIGATOR. Start a new ca-PRIVATE INVESTIGATOR. START a new Career in 2 months or less at US College! Morning, afternoon and evening classes. WIA and low cost funding, workers comp, small classes. Universal Schools and Colleges of Health and Human Services, San Diego: 619-658-3840; San Marcos: 760-918-8198. www.uscmed.com.

PROFESSIONAL CODER, Certified (CPC). 80-hour program in San Diego. AAPC ap-proved curriculum and preparation for CPC exam. The Coding Source. Contact: celsa@thecodingsource.com, or call toll free: 866-235-7553. www. thecodingsource.com.

RADIOGRAPHY (Associate of Occupa-tional Science)—this career is in demand! rabiotrari (Associate o Occupa-tional Science)—this career is in demand! Take X-rays and administer contrast me-dia for diagnostic purposes. Train in less than two years for this degree. Pima Med-ical Institute offers morning, afternoon, evening classes; financial aid if qualified; lifetime job placement assistance. 888lifetime job placement assistance. 888-239-9445. 780 Bay Boulevard, Chula

RESPIRATORY THERAPY Training (limited scope). Now offering laptops with programs! See Job Giant, Page 5. Medical, Computers, and Business. Offering Associate's, Bachelor's degrees, job placement assistance, financial aid (if qualified). Day, online and evening classes begin each month. CCSD, 2820 Camino Del Rio South, #300, Mission Valley. 1-800-495-1943. www.cc-sd.edu/2.

RESPIRATORY THERAPY COURSE. Get

CAREER TRAINING





Meridian International School of Health Sciences 1465 Morena Blvd. • 619.275.2345 • MeridianWay.com Veterans and international students welcome!

Celebrating

30 years

Now Enrolling Students (760) 822-4319 www.westcoastbarbercollege.com San Diego's Premiere Barber College

Start A New Career Today!



One of the "top 5 massage schools in the country" —Luxury Spa Finder Sept./Oct. 2007

Essentials of Massage & Bodywork Training Classes start February 4 & 25

For information call: 858-505-1100 or visit: www.IPSB.edu 9025 Balboa Ave., Suite 130, San Diego, CA 92123

Institution accredited by the Commission on Massage Therapy Accreditation (COMTA)

Our Grads Get Careers!

MEDICAL ASSISTANT



Train for a career in:

Medical Assistant

Scholarships Available If Qualified Dental Assistant

Medical Insurance Billing

Pharmacy Technician

Computerized Office/Accounting

Computer Technician/Networking

Valley Career College

878 Jackman Street, El Cajon • Located 1 block west of Parkway Plaza

Call (619) 593-5111 www.valleycareercollege.com



8-Month Programs • Day & Evening Classes • Financial Aid (If Qualified) Available to Non-High School Graduates! • Job Placement Assistance • Approved for WIA, VA benefits

Take Charge of Your Life!



- Be your own boss in as little as nine months
- Become a health and wellness professional
- Financial Aid available for those who qualify
- Several programs available:

HOLISTIC HEALTH PRACTITIONER MASSAGE THERAPIST

- ASIAN THERAPIES
- WESTERN THERAPIES

Clinical Hypnotherapist

Make a living while making a difference - call now!



Mueller College of Holistic Studies

4607 Park Boulevard, San Diego, CA 92116 www.Mueller.edu

Develop Your Potential

Decide today to complete your degree and empower your future.



BACHELOR OF SCIENCE IN ORGANIZATIONAL LEADERSHIP

Azusa Pacific University's BSOL Program enables you to facilitate change in your organization by teaching you business management techniques and research-based leadership skills.

PROGRAM MODEL

The BSOL is offered in two ways: a traditional classroom setting and online. Attend class one night a week at one of seven convenient Southern California locations, or complete coursework online.

PROGRAM DISTINCTIVES

- Earn your degree in 15 months from a university regionally accredited by WASC.
- · Benefit from fixed tuition once enrolled in the program.
- · Gain a thorough understanding of business management and leadership principles.

THIS PROGRAM IS FOR YOU IF YOU:

- Are 25 years of age or older.
- Have earned a minimum of 60 transferable semester units.
- Have maintained at least a 2.0 GPA in transferable units

AZUSA PACIFIC

APPLY TODAY!

CALL: (877) 210-8839 (toll free) **CLICK:** www.apu.edu/explore/caps

San Diego Regional Center 8401 Aero Dr., Ste. 200, San Diego, CA 92123

RESTAURANT/BAR MANAGEMENT: Learn tne ins and outs of restaurant and bar management at National Schools. Free career placement assistance, with many jobs available. Call: 619-461-2800 for a tour and sit in a class. Learn why we are different. Visit us on the web, and see our Photo Gallery and curriculum of all our training. Financial Aid available. www.nationalschools.com.

SECURITY GUARD TRAINING. Become a fully trained and certified Private Security SECURITY GUARD INAINING. Become a fully trained and certified Private Security Guard in just 52 hours/2 weeks! Certificate: Power to Arrest, Liabilities and Legal Aspects, Observation and Documentation, Communication and Significance. BSIS Car/Permits: Guard Card,/Baton Permit, Firearm Permit/Tear Gas, First Aid/CPR. Now accepting: uas, First Aid/CPR. Now accepting: WIA/TAA, Vocational Rehab, Dislocated Workers, Private Pay and others. Coast Career Institute, 1330 East Valley Parkway #A, Escondido, CA 92024, or 311 Third Avenue, Chula Vista, CA 91910. Call 760-735-8427.

SECURITY: BECOME A PROFESSIONAL ecurity Guard. Guard Card testing. rearms testing. Pepper spray/mace aining. Baton training. Live Scan unit on emises. 619-518-4279.

SOFTWARE ENGINEERING and Testing Classes January 29th through March SOFTWARE ENGINEERING and Testing Classes, January 29th through March 20th. (1) Principles of Software, testing Tuesday evenings. Preparation for ISTQB certification. 8 weeks. (2) Agile Development Approaches, Thursday evenings. Covers 10 Agile methodologies. 8 weeks. Classes are 7:30-10pm, Room B-303, Miramar College, Mira Mesa. Online registration. Late registration ok. More information: 858-509-7700 or www. quality-vestors.com/courses.

SPEC TECH. Become a specialist in underwater inspections, testing and quality assurance. Earn your Associate of Science degree in Marine Technology. Become qualified, not just certified. Experienced professionals teach skills that employers demand. Job placement assistance/financial aid for those qualified. Visit: www.natpoly.edu, National Polytechnic College of Sciences 619-563. Visit: www.natpoly.edu, Nationa echnic College of Science: 619-563

SOFTWARE ENGINEERING TESTING CLASSES

Jan. 29-Mar. 20

Principles of Software Testing

Tuesday eves. Preparation for ISTQB certification. 8 weeks.

Agile Development Approaches

Thursday eves. Covers 10 Agile methodologies. 8 weeks

> Classes are 7:30-10 pm Room B-303

Miramar College, Mira Mesa Online regis. (late regis. OK) More info: (858) 509-7700 or www.quality-vectors.com/courses

A New Healthcare Career In Just 6 Weeks!

Become a **Phlebotomy Technician**



The training program consists of a combination of classroom instruction and a clinical externship at our affiliated

- No Experience **Necessary**
- **Must Have High School** Diploma/Equivalent



Family Health Services 619.955.1007

vww.familyhealth-services.con

BPPVE Register #3708721



EVERY YEAR PEOPLE SPEND MILLIONS IN SALONS AND SPAS.

CAN YOU SAY CAREER CHANGE?

Call today to get more information on an exciting career in the beauty industry.

- · Cosmetology
- · Spa Nail Technician
- · Esthetics · Massage
- · Holistic Health Practitioner

Affordable Tuition • Day & Evening Classes Financial Aid Available for Those Who Qualify Accredited NACCAS • Job Placement Assistance

Bay Vista College

JE Boutique College 619-474-6607 ext. 302 619-442-3407 ext. 304

> **Poway Academy** 858-748-1490 ext. 2

New Program Master Esthetician

Poway Academy is the only school in California offering this course to < acquire the latest in advanced Clinical Esthetics Skills!

www.SanDiegoBeautyAcademy.com

SPORTS MEDICINE TECH. Call U.S. Colleges for more information. WIA and low leges for finder information. With an Silvers cost funding, workers comp, small classes. Universal Schools and Colleges of Health and Human Services, San Diego: 619-858-3840; San Marcos: 760-

START A NEW CAREER TODAY! Demand for Barbers is high. West Coast Barber College offers State Approved training by State Certified Barber instructors. We will prepare you for a career as a licensed Barber/Hairstylist. We offer haircuts and Barber/Hairstylist. We offer naircuts and complete grooming services for men, women and children. We are enrolling students now for our school which will be opening soon! Don't be left out. Call today, 760-822-4319 or log onto: www.westcoastbarbercollege.com.

STARTING, CHANGING OR moving ahead in your career? UCSD Extension provides a wealth of opportunities to help you grow. Business, Science, Technology fields, 54 certificates, 300+ courses. UCSD Extension classes begin in Jansey was extension classes begin in Jansey was extension.

uary! www.extension.ucsd.edu.

SURGICAL TECHNOLOGY. Start this year
with a new career. We also offer courses
in Massage Therapy, Medical Assisting,
Respiratory Therapy, Insurance Coding
and Billing, Dental Assisting, and Vocational Nursing. Call today for more information! Concorde Career College, 4393
Imperial Avenue, Suite 100, San Diego.
888-254-6904; www.Concorde4me.com.

TELECOMMUNICATIONS. See our ad in Job Giant, Page 5. Laptops now included Job Giant, Page 5. Laptops now included with programs! Call for details! Degrees, certificates, job placement assistance, financial aid (if qualified). Day, online and evening classes begin monthly. CCSD, 2820 Camino Del Rio South, #300, 92108. 1-800-495-1943.

I-80U-495-1943.

TRUCK DRIVING. Drive your way into a new career! Great pay and benefits. Class A/Class B training. Placement assistance. Campuses in San Diego, Temecula, Riverside and Santa Ana. United Truck Driving School, 800-764-2020. www.drivetrucks.com.

2020. www.drivetrucks.com.

TUITION-FREE TRAINING: Programs

"Fraid Took Personal Trainer, Medi-Anesthesia Tech, Personal Trainer, Medi-cal Office, Orthopedic Tech, Group Home Training, Telemetry Tech, Insurance, In-Design (or QuarkXPress), Culinary Arts, Web Graphics, Emergency Dispatch, Se-curity & CPR/First Aid. ROP Grossmont College. www.grossmont.edu/rop. 619-644-7550.

U.S. COLLEGES. Start a new career in 2 tigative. Morning, afternoon and evening classes. WIA and low cost funding, work-LIBSSES. WIA and low cost funding, workers comp, small classes. Universal Schools and Colleges of Health and Human Services, San Diego: 619-858-3480; San Marcos: 760-918-8198. www.uscmed.com. VETERINARY ASSISTANT PROGRAM: Just 30 weeks to a career filled with fur and fun! Love your patients and your place as you nurture the health and well-being of animals. Pima Medical Institute offers morning, afternoon and evening classes; financial aid if qualified; lifetime job placement assistance. 888-239-9445. 780 Bay

Boulevard, Chula Vista.

VOCATIONAL NURSING. Get started without a High School Diploma! Concorde also offers: A.S. in Respiratory Therapy, Massage Therapy, Surgical Technology, Medical Assistant, Dental Assistant, Insurance Coding/Billing courses. Now enrolling, call today! Concorde Career Institute, 4393 Imperial Avenue, Suite 100, San Diego 92113.

WEB DESIGN/INTERACTIVE Media Dreams don't have expiration dates Bachelor of Science degree programs Financial aid if qualified. Job search as sistance. www.artinstitutes.edu/sandiego. The Art Institute of California, 7650 Mission Valley Road, San Diego 92108. 866-275-2422; 858-598-1200.

WELD TECH DIVERS. Become a special WELD TECH DIVERS. Become a specialist in the technology of underwater welding. Earn your Associate of Science degree in Marine Technology. Become qualified, not just certified. Experienced professionals teach skills that employers demand. Job placement assistance/financial aid for those qualified. Visit: www.natpoly.edu, or call National Polytechnic College of Science: 1-619-563-7430.

College of Science: 1-619-563-7430.

RAY TECHNICIAN. Train for a new career in 2008. Maric College offers on-the-job training, career placement, financial aid available for those who qualify. San Diego and North County campuses. Call today! 884-356-4000, Dept. 276, or visit www.CareerTraining-Maric.com.

X-RAY TECH TRAINING (Limited scope) X-RAY TECH TRAINING (Limited scope). See Job Giant, Page 5. Laptops now offered with programs! Medical, Computers, Business. Associate's, Bachelor; degrees, job placement assistance, financial aid (if qualified). Day, online and evening classes begin monthly. CCSD, 2820 Camino Del Rio South, Suite 300, Mission Valley. 1-800-495-1943. www.cc-sd edu/2.

Business **OPPORTUNITIES**

PLACE PRINTED ADS in the Reader by calling 619-235-8200. **POST FREE ONLINE ADS** with photos at SanDiegoReader.com. See thousands of classified ads not printed here!

AVON. Excellent income potential! Perfect for self-starters with a commitment to

helping others succeed. \$10 gets you started. Call Kathleen, independent sales representative: 619-429-1253; 888-429-

BE A MILLIONAIRE FROM HOME! Sell mangosteen; make lots of money! Very high antioxidant value. Significant anti-in-flammatory properties. Tons of health benefits! www.diane.discovermangosteen.com. Diane, 877-674-4280.

EARN UP TO \$1500 A DAY simply returning phone calls. Not MLM. No selling. Call now: 1-888-497-4777.

EXCELLENT BUSINESS opportunity! Mar ket, Deli, Beer and Wine, Dry Cleaning Store for sale with repeat customers -La Jolla. No competition for miles. \$182,900. www.honestreid.com. Agent/Rob, 619-328.0844

FIRE YOUR BOSS. Are you tired of being on the hamster wheel of "just over broke." I live the solution. (Personal growth industry.) 1-800-230-5880. http://absoluteabundance.unifedwealth-

FREE CASH GRANTS 2007. \$700 \$800,000. Personal bills, school, business/housing. Approximately \$49 billion unclaimed 2006! Almost everyone qualifies. Live operators 1-800-592-0362 x235. (AAN CAN)

HATE YOUR JOB? Miss your family? Want more free time? 6-figure income potential marketing from your home! Don't believe it? Don't call! 800-428-0473. www. unlimited.com/presentlivin

incomesunlimited.com/presentlivin.

HELP WANTED. Earn extra income assembling CD cases from home. Start immediately. No experience necessary. 1-800-405-7619 x150. www.easywork-greatpay.com. (AAN CAN).

MAKE \$150/HOUR, Get paid cash for your opinion! Earn \$5 to \$75 to fill out simple surveys online. Start now! http://www.paidchoice.com (AAN CAN).

http://www.pardcrorece.com.y

MASSIVE INCOME Opportunity available! Click a mouse, buy a house! Real estate investing and education made simple. Farn while you learn! 888-MunyClub.

MOTIVATED ENTREPRENEURS: Hottest new marketing business—get results. Be mentored by self-made millionaires. Seri-ous inquiries only. 800-439-1160. www. swanilifestyle.com. swanlifestyle.com.

MYSTERY SHOPPERS. Get paid to shop!
Retail/dining establishments need undercover clients to judge quality/customer
service. Earn up to \$150/day. Call 800-

901-9370. (AAN CAN) NEVER BEEN DONE BEFORE: \$28,000 in days, not weeks, simply returning phone calls. No selling! No explaining! No convincing! 888-593-8287.

vincing! 888-593-8287.

ONLINE BUSINESS. 2008 Income Resolutions? Do you have a plan? We do! Earn 6 figures; work from home! Set your own schedule. Internet entrepreneur and college professor is building a San Diego team for profitable online business. It's smart, it's real, and it's fun! Training provided. Serious and ambitious individuals Only. www.successincalifornia.com. 1-800-891-8451.

POST OFFICE now hiring! Average pay \$20/hour or \$57K year includes federal benefits and overtime. Offered by exameservices, no affiliated with USPS who hires. 1-866-616-7019. (AAN CAN)

PROVEN MONEY-MAKING business Start making \$500 daily, part time. Free report: Dry Tech, Suite CL7252, 22212 Camay Court, Calabasis 91302. Call 818-

TIRED OF MAKING YOUR BOSS rich? The do something about it and finally get paid what you're worth. Be a marketing entrepreneur. Serious inquiries only. 800-439-1160. www.swanlifestyle.com.

YOU CAN DO THIS! If you're motivated and coachable, our revolutionary well-ness product and extensive training will take you to a 6-figure income. 858-472-2258. www.LessStressBetterSex.com.

2 BUSINESSES FOR SALE: Complete beauty salon and barber shop. Flexible options, make your dreams happen. Action Realty, Inc. email: pledgerwood@att. net. Call Paul at: 858-531-4953.

CLASSES / Lessons

PLACE PRINTED ADS in the Reader by

POST FREE ONLINE ADS with photos at

ACCLAIMED INTERNATIONAL singer/pi-anist/songwriter/recording artist/producer offering voice/piano lessons. Fully-equipped studio. Launch your music ca-reer! \$50/hour. Celeste, 858-467-0776. www.celestecenter.com.

ART CLASSESI San Diego's newest art school! Pottery, stained glass, painting, and more! All ages. Beginning to advanced. Visit: sandiegoartdepartment.com or call 619-299-4ART (4278).

DANCE LESSONS. Salsa, swing, ball-room, weddings, and more! Pacific Beach and North County locations. Con-tact Amanda, 619-206-1101; amanda@ dancehealthy.com; www.dancehealthy.com. Get happy, get healthy, get

DANCE LIKE THE STARS! Brides/grooms, learn salsa/latin ballroom for first dance. Group salsa lessons throughout San Diego, free-\$10. Private lessons, \$50.

www.susienguyen.com. 858-488-6900, 805-252-6900.

DANCE SALSA WITH YOUR VALENTINE! Couples special: 2 sessions, \$89! (unique gift. Book now for the Valenti www.serenacuevas.com, 760

DRUM INSTRUCTION. I teach what you want and need to know. Get more playing enjoyment. Be musical! All levels ac-cepted. Hoffman Drum Studio, Kirk, 619-

DRUMS, CONGAS, BONGOS and timbales. Study rock, fusion, Latin, jazz, and classical. Hour and half-hour lessons of-fered. Beginners and advanced. Academy of Music. 619-295-7062.

ENGLISH TUTORING. Master's degree in structor, English as a second language TOEFL, grammar, writing, pronunciation Native speaker grammar refinement Reasonable rates. jaymart@cox.net, 619 528-8663 or 619-410-2002.

FRENCH LESSONS. The best, most popular French lessons in San Diego, from \$9.99/hour. Learn with a teacher from Paris! Materials included. www. fromenglishtofrench.com. Sophie, 619-339-7993.

339-7993. **GOLF INSTRUCTION.** Specializing in short game techniques. I've perfected system for consistency from 100 yards that'll dramatically drop your scores. Full swing analysis. Certified instructor. Over 26 years experience. 619-507-4092.

inest lessons! I offer the most professional, comprehensive, insightful guitar instruction available in Southern California. State-of-the-art learning from a true master player/teacher. Get dramatic results quickly! Tim Quinn, 858-569-6088. View website before calling! www. QuinnGuitar.com.

GUITAR INSTRUCTION, Concert profes sional from Spain, with 23 years touring experience, now offering private classes in authentic flamenco and classical guitar. 619-282-0369.

GUITAR LESSONS/RECORDING. Learn to play, sing your favorite songs. Experienced instruction tailored to your goals. Record a demo; session work. Craig Blaine, 619-417-4080, www.jcbmusic.com.

GUITAR LESSONS. Freeway close. Guitar Trader of San Diego, 7120 Clairemont Mesa Boulevard. Toll-free: 877-687-4276.

GUITAR. BLUE GUITAR. Lessons with San Diego's best teaching staff. Blues, rock,

classical, flamenco, banjo, ukulele and mandolin. 619-283-2700. 5959 Mission

INCREASE YOUR CONFIDENCE, Join 4week course of "Shakespeare and the Voice" with SAG member, 30 years experience. Voice training, communication and acting skills. \$195. Starts Wednesday, 2/6, 6:30pm-8:00pm. 858-646-9808,

PIANO ACHIEVEMENT proven with free isson. Ages 5 to 95. Classical, popular, izz. Very patient teacher/performer of-res top quality, individualized instruction, eginning through advanced. 30 years' xperience. Lee Galloway, 619-281-118. www.leegalloway.com.

8118: www.leegalloway.com.
PIANO LESSONS. Mission Valley, La
Mesa, Clairemont, Mira Mesa, Balboa areas. Accepting new students ages 5/up,
all skill levels. \$25/lesson, 30
minutes/week. Tiffanysusie@yahoo.com,

Plano LESSONS by graduate of Julliard, Oberlin, University of Michigan. Over 30 years of experience. All levels. Very pa-tient. Reasonable rates. 858-457-4067.

PIANO LESSONS. Master's degree Music Education. Member of Music Teachers Association of California. Any age, any style. Flexible hours. Individual programs for each student. 858-625-0053.

PIANO, VOICE, GUITAR, strings, brass, percussion lessons, etc. Ages 4-94. In your home or studiol For details, visit our website: www.CaliforniaMusicStudios.

SAT PREP/PRIVATE TUTORING: SAT, ACT, Math, English, Science, Languages, GRE, GMAT, study skills, K-12 instruction. Company founded by Harvard graduate. College consulting also available. 858-273.TUTOR(8886). www.mcelroytutoring.

SAT TEST PREPARATION, USD Test Preparation Courses. Sharpen your skills! Experienced faculty. Practice Exams. Convenient schedules. Free Refresher Classes (within 1 year of paid course completion). www.sandiego.edu/ testprep. 619-260-4579.

SINGING LESSONS. Learn the technique of the stars! Speech-level singing works. Seth Riggs, certified instructor. Guitar lessons also available. NorwoodMusic-Studies one 610 362 7464 Studios.com. 619-262-7464.

CAREER TRAINING

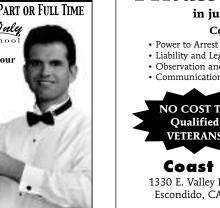












Become a Fully Trained and Certified

Private Security Guard

in just 52 hours/2 weeks!

Certification Includes:

- Liability and Legal Aspects
- Observation and DocumentationCommunication and Significance
- Guard Card · Public Relation
- Firearm Training
- Baton Training
- CPR/First Aid



Other Services: **Guard Card Renewal** Firearm Requalification **Baton Permit**

Coast Career Institute

1330 E. Valley Pkwy. #A Escondido, CA 92024

311 Third Avenue Chula Vista, CA 91910

760-735-8427

Employers looking for trained and certified Security Guards now.

Discounts on <u>All</u> Holistic Classes and Programs

- Massage Technician (Deeply discounted)
- Clinical Nutrition (CN)
- Clinical Herbology (CH)
- Holistic Health Practitioner (HHP)
- · Yoga Instructor
- Aromatherapy
- Naturopathic Practitioner (NP)
- Massage Therapist
- Thai Therapy Massage
- · Lomi-Lomi
- Spa Techniques
- Sports Therapies
- Oriental Healing Arts
- Energetic/Vibrational Healing

Natural Healing Institute of Naturopathy, Inc. Teaching You to Do Your Heart's Work

760-943-8485 · www.naturalhealinginst.com

Distance Learning Options CEUs for Nurses and Therapists







No One Ever Dreams About Selling Tires.

Find out how the Gemological Institute of America can prepare you for a rich and rewarding career in the fine jewelry industry. For more than 75 years, nonprofit GIA has educated the world's leading jewelers, gemologists and jewelry designers, offering the most comprehensive and respected gem and jewelry education available anywhere.

- On Campus, Online, Distance
 Education and traveling Lab classes.
- BBA Degree & Professional Diplomas.
- Year-round admission.
- Financial assistance programs and scholarships for qualifying students.
- · Ongoing career support.
- . Ocean-view campus.

To learn more, call for a free course catalog: 800-421-7250 ext. 4001 or violt www.gia.edu



Learn from the World's Faramost Authority in Genelogy**

World Hesiquarters The Potent Misswood Campus 5345 Armsta Onie | Cartistad, CA 92008 Tr. 760-603-4000

F: 780-803-4003

TOKE

California College San Diego Helps You Achieve Your Dreams. Call Today for Information.

- I Got My Degree, a Laptop, and Kept My Day job. You Can Too!
 - Day, Online, & Evening Classes Start Feb. 18

- Respiratory Therapy
 Accounting Computer Science
 - HEALTH CARE ADMINISTRATION
 - Computer Technology
 - Medical Specialties
 - Computer Programming
 - Business Administration
 - BS IN NURSING ADMINISTRATION 100% Online Upgrade for Existing RNs

All New Students Receive a Laptop to Use When Class Starts and Keep When They Graduate; at No Additional Cost.

www.cc-sd.edu/2 • No Registration/Application Fees

800-216-3581

Day and Evening Classes Start Monthly • www.cc-sd.edu/2 • Career Services Assistance • Accredited Member, ACCSCT • Programs Approved for Veterans • Financial Aid Available for Those Who Qualify Bachelor's, Associate's, & Occupational Associate's Degrees • 2820 Camino Del Rio South • San Diego, CA • 92108

- 1. JFK's predecessor
- 4. "La Vie en Rose" singer Edith
- 8. Like an airhead

- 14. Regarding
- 15. "No _____, Bob!"
 16. Mournful-sounding instruments
- 18. Flood barriers
- 19. Singer impersonated on "Chappelle's Show"
- _ Paolo, Brazil 22. Folk singer DiFranco
- 23. Prefix with dynamic
- "'Scuse me?' 24.
- 27. The Police, e.g.
- 30. Gave a new handle
- 31. UN delegate
- 34. Barbarian
- 36. Pointed arch
- 37. Choreographer Lubovitch
- 38. Saddle
- 41. Fail a polygraph
- 42. John Hersey's "A Bell for _
- 44. Desex
- 45. Legal scholar's deg.
- 46. Voids
- 49. Wry Bombeck 51. "Chantilly Lace" singer
- 53. Have a few words
- 57. Santa ____ winds 58. Baseball's Maglie
- 59. "Deck the Halls" refrain
- 61. Seek help from
- 64. Punchlike beverage
- 66. Regard
- 67. Labor Dept. arm
- 68. Take the wrong way?
- 69. Encls. to editors
- 70. "Witness" director Peter
- 71. NBA star Ming

Down

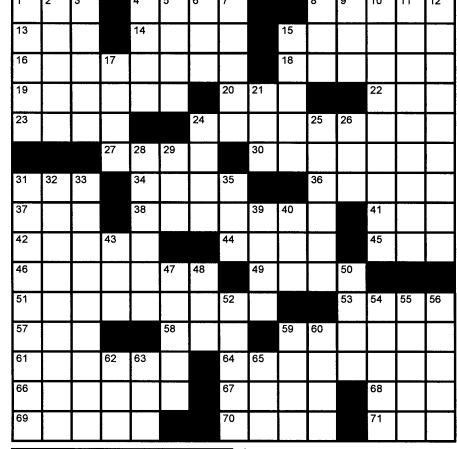
- 1. Winger of "Terms of Endearment'
- 2. Explorer Sir Francis
- 3. Raring to go 4. Sandbox item
- 5. 2002 Eddie Murphy movie
- 6. Lunched, say
 7. Best Musical of 1999
- 8. Go out, as embers
- 9. Rap producer Gotti
- 10. Gym fixture
- 11. Bit of monkey business?
- "I should say so!"
- 15. Graph calculation
- 17. One to grow on?
- 21. Part of USDA: Abbr. 24. Wimbledon champ, 1976-80

- 26. Joplin work
- 25. Unidentified person 28. "Domo arigato, Mr. (lyric in a 1983 hit)
- 29. "Where did ____ wrong?"
- 31. British actor knighted in 2003
- 32. Phrase on some product labels
- 33. They're not humble 35. McBain and McMahon
- 39. Phone co. employee
- 40. "This means ___
- 43. Arrest
- 47. ____ salts
- 48. Hot spot
- 50. Rights org. 52. Macaroni shape
- 54. Like Bigfoot or Robin Williams
- 55. Maker of Reynolds Wrap 56. Popular exercise system
- 59. Alphabet run
- 60. Not closed all the way
- 62. Born: Fr. 63. Some NFL blockers
- 65. Put to work

RULES OF THE GAME

- 1. The prize for solving the Reader Puzzle will be a *Reader* T-shirt.

 2. All entries in the *Reader* Puzzle
- contest must be received by the Reader by 9:00 a.m., Tuesday, five days following the issue date (Fax to 619-231-0489 or U.S. Mail to Reader Puzzle, P.O. Box 85803, San Diego, CA 92186-5803).
- 3. All entries must be accompanied by your name and address.
- 4. Employees of the Reader and their immediate families are not eligible.
- 5. In the event of disputes or ties, decisions of the judges will be final and arbitrary. We've only got five prizes each week to give away, so if there are more than five winners, we'll have a lottery.
 6. All answers must be entered in the
- space allowed on the puzzle page. And please, no phone calls or trips to our office.
- 7. One entry per person.



B|E|A|T|A| ANNAL ALEXA RELATEDTO SYLPH WALTERWINCHELL ZOOHOG Y E S P A B L O N E R U D A R O D E O O N S U S A N S O N T A G EOSIN ETHELMERMAN GPS WOEURL NEIL PLACIDODOMINGO PIPPIEMILYPOST RIVET GAMED ATH STASH ANET NYS

Solution to and winners of the Reader Puzzle for 1/17/08

There were 118 entrants. The winners are:

- 1. Tom Somich, San Diego
- 2. Rhonda Holt, San Diego 3. Marilyn Contreras, El Cajon
- 4. Ion Hutchens, Encinitas
- 5. Al Weiss, San Diego

SPANISH LESSONS. Private tutoring. Master's degree and credentialed instructor. Conversation, writing, and grammar. Billingual. Competitive rates. References. E-mail: jaymart@cox.net. Jay 619-528-8663 or 619-410-2002.

MASSAGE

THE ULTIMATE RELAXING massage! Full body therapeutic, deep tissue, to a lighter touch by a caring, skilled, female therapist. Beautiful atmosphere. Convenient location. Juliah, 858-278-0118.

HILLCREST LOCATION. 14 years' experi deep tissue, Thai, Reflexology and Lom Lomi. ATM, credit cards accepted. Lic96009525. Frank, 619-294-8559. www.

\$10 OFF ONE HOUR or longer massage when you book with one of our newest therapists. Call for schedules. A Better Body, Lic-96001191. 858-560-6740. www.abetterbodyspa.com.

RELEASE, RELAX, REVIVE. Let's get to gether for your ultimate massage. Deep tissue, Swedish, sports, cross fiber, what-ever you want. Call Kim. Located in Encinitas. HHP. Lic-96001467. 619-417-9226.

lete. Freeway close. Experienced, skilled, caring. Eclectic techniques from sports to subtle. Safe, private. Appointments 7am-9pm. ASA. HHP-0046. 760-390-4772.

laxation Plus, Little Italy, 20% off all services. Gift certificates. 7 days/week. HHP-92009389. 619-295-5595.

WORLD CLASS MASSAGE. Exquisite and memorable. Soft hands, soothing music, with a sweet touch. Outcalls/incalls. 7 days. Freeway close, North County, first floor. 858-259-6677. floor. 858-259-66//.

SENSATIONAL MASSAGE. Discover for second the best-kept secret in Point

yourself the best-kept secret in Point Loma. You'll feel the difference! Massage and spa treatments. Open 7 days. Lic-25377. 619-226-0378. MASSAGE SO WONDERFUL, it's guaran teed to be the best part of your day Come explore the magic of my touch Heidi, 619-280-7784.

MAGIC CARPET RIDE MASSAGE by Mer cedes. Disappear on a magical journey. Beautiful touch. Serenity at its best! Out-call. Hotels welcome. Last minute heduling available. Gypsy, 760-726-

MASSAGE HOLIDAY SPECIAL, \$35 one

Sports, Swedish, migraine therapy. Lic-24232. Call for appointment. 619-708-4783.

IZABELA'S BEST MASSAGE to rejuvenate and restore your body. Call today and get \$10 off and free body shampoo or body scrub. Lic-003419. 619-281-START 2008 OFF RIGHT! Rest, relax, revi-START 2006 OFF Main Table 1 Swedish born masseuse customizes massage to suit your body's needs. New client specials! Incall/outcall.

LOVELY HANDS BY DESTINY. Best light touch, deep and sweet massage with warm oil. Incall available. MTP-0969. Call 760-415-8155.

ALINA'S SPECIAL MASSAGE. Incall/outcalls/hotel service. 7 days. Unique experience. Balance body and mind. International techniques. Gift certificates. Lic-93007588. 619-708-1261.

\$75. Absolutely first-rate, healing, deep-muscle Swedish massage. Excellent shoulder work. Legitimate, experienced, references. Lic-97005459. Jim, 619-523-1982; cell, 619-459-6872.

AFFORDABLE BODY MASSAGE. Let a native San Diegan stimulate mind, body, and soul through the power of touch. Available 7 days/week. Call now! 760-

MASSAGE IN THE COMFORT of your own home or hotel room by European-trained massage therapists. Available 7 days/week. HHP-92009389. Call: 619-295-5594. INCREDIBLE LIGHTNESS of touch! Rein

rivacuiste Liuminess on louch: Rélia vigorate yourself with my nurturing den-tissue/light touch massage. 100% satis-faction guaranteed! Melt away tension, relieve stress. Morena Boulevard and I-5. HHP-98000184. Courtney, 970-201-4671.

DIANA'S \$99 SPECIAL! Try a relaxing full body massage in front of a warm, cozy fire. Showers available. Centrally located. 619-876-7988.

WE CAN SURPASS even your greatest expectations. We know the way a quality massage is supposed to be. Call Far East Spa. Lic-98011375. 619-283-6122. SPIRITUAL, ENERGETIC HEALING. Enjoy THE BEST DOUBLE MASSAGE. Feel the

day and receive \$10 off and free body shampoo or body scrub. Lic-003419. 619-281-8851.

FEELING A LITTLE ROUGH around the edges? It may be time for a massage. Call Vivi for your appointment. Lic-21708. 619-379-5992. MASSAGE/SLIMMING/toning in Little

Italy. Treat yourself to royal treatment at Relaxation Plus. 20% off all services. Gift certificates. Open daily. HHP-92009389. 619-295-5595. KRIZIA'S SECRET. Be dazzled with pri

vate matters! Flash of stars as our light. Dreams begin! Lucid dreams! Ephemeral passage! Mystic realms! A journey be-yond time. A massage that will leave you with a feeling of complete renewal. Call for details! 858-454-6664. LET ME RESHAPE YOUR STRESS and re

lieve your tension. European therapist, trained in all types of exhilarating touch. Healing outcalls available. Lic-006369. Mireille, 619-994-9147. DEEP TISSUE/REAL RESULTS. 4 massages for \$240. Neck/shoulder expert. Back pain/injury/stress. Experience amazing results and more energy. Lic-28020. Anne. 619-992-7318

28020. Anne, 619-992-7318. sandiegopalms@aol.com. **TOUCH OF SERENITY.** An unforgettable hour of bliss! A quality massage in a clean, cozy and serene location. 7 days. Parking/outcalls available. Julia, 619-253-

NORTH COUNTY MASSAGE. Certified Massage Therapist. 20 years experience. Swedish, circulatory and deep tissue. Out calls. 9am-8pm. Insured and licensed. MT-1185. Call Mark, 760-742-0267.

MASSAGE BY BODYBUILDER, for you health and pleasure. Consistently told, "The best massage I've ever had!" Friendly. Professional. IPSB graduate. gr8massagepro@aol.com or call Robert, 619-232-2142.

INTUITIVE HEALING! Del Mar. Therapeutic professional. Pristine, serene setting. Trained in all techniques. 7 days. Very flexible hours. Allow your aches to float away. 858-353-2008.

a custom tailored professional massage in a beautiful, cozy office. 10am-6pm

Monday-Saturday. Nationally certified/licensed. HHP#07003950. Sandy, 858-405-2688.

EXPERIENCE PARADISE. Best light to deep, sensational massage, Must try out deep, sensational massage. Must rry out my sweet, soothing touch. Relaxing and private setting. MT#0922. Natori, 760-451-2319.

ALL ABOUT YOU MASSAGE! Guide my strong hands where you need them most! Yes, it's that simple! (Not a full service

massage, just happy.) 619-794-5774. PAMPERING YOU... Stimulate your mind, body in a relaxing environment. In/out call, 24-7. County wide. Cash or credit. Guanteed to excede expectations. 858-

MARIA'S MASSAGE, Imperial Beach First-time clients only, \$55 for 75-minute massage. Swedish and energy healing. www.mariasmassagesandiego.com. 619-781-7577. MASSAGE/SPA SERVICES. Absolutely

first rate. 12 years. HHP-18114. Swedish, acupressure, reflexology. East/west combination. Couples welcome. Incall/outcall Hotels. Gift certificates. Call 619-300 A HAUTE FLOURISHING eclectic buzz...

A HAUTE FLOURISHING eclectic Duzz... Experience balance. Nourishment in earth's element. Holistic therapies infused with essential oils, aimed at the harmonious functions of all the senses. 90 min-utes for \$90. Seven days! 858-454-6664. PROFESSIONAL MASSAGE bodywork by Mary Ann. Therapeutic, pain/stress relief, calming, energy balancing, deep muscle therapy, structural alignment. Aromatherapy/essential oils. Advanced techniques. MT-0089. 760-942-9375.

MT-0089. 760-942-9375.

PUERTO RICAN MASSEUR. Swedish and deep-tissue bodywork by certified f ness-trainer athlete. Military discount Lic-96009528. Daytime and evening a pointments available. Revitalizing effec puertoricanCMT@sbcglobal.net. 619-688-0668.

THERAPEUTIC HANDS! Relaxing massage and Asian bodywork. Tibetan Chakra Healing, acupressure, migraine therapy. Easy Hillcrest location with skilled Oriental therapist. Nonsexual. Call JiHea, 619-410-9081.

YVONNE'S MAGIC HANDS! Fniov a nurturing light touch for deep relaxation. These are hands you will never forget. Lic-93004782. For appointment, call 619-260-1950. ASIAN-OUTCALL 760-547-4061. 24

hour/7 days. Chinese therapy, Swedish, deep tissue, Shiatsu, light-heavy spot workout, balancing. Release tension, re-store energy. Relieve, rejuvenate. Experi-enced, certified. NURTURING, PROFESSIONAL RN. Heal-

ing, relaxing full-body massage. Infrared Bio-Mat, sports injuries, light touch to deep tissue, combination. Elder care. 30 years experience. RN-125108. Liz, 760-942-0977. GENTLE TOUCH BY DAWN. Soothing, therapeutic massage. Full body, deep tissue, light touch. 10+ years experience. Licensed. Serving Del Mar. 760-576-7657

7652.

APHRODITE'S. Indulge your senses— in the industrial state of euphoria. Deep an exhilarating state of euphoria. Deep flowing trance meditative journey. A mas-sage that will leave you with a feeling of total bliss. Underground secret of the elite. Seven days. www. aphroditesmassage.com. 858-454-6664.

FLEGANT LUXURIOUS ESCAPEL For dis cerning clients only. Do you appreciate sophisticated beauty? I have openings for new distinguished clients. Incall/outcall. Tasha, 619-301-0255.

EUROPEAN SILKY HANDS. New Location! Soft and tender for the ultimate in retion! Soft and tender for the ultimate in re-laxation. Shower available. Silent Touch, 619-708-2660.

happy DAYSI Treat yourself to Kiera's relaxing, full body massage! Don't miss this hour of amazing pressure that's sure to leave you happy. blackbeautykiera@yahoo.com. 619-825-6431. GODDESS TOUCH. Journey deep within. Experience deep harmony of body, mind, spirit. Skilled touch to pamper, melt away stress/tension! Incalls/outcalls. Araya, MT-0064, 760-473-6972.

MRTH ESCONDIDO/Luxury Motorhome. Unique, quiet setting. Experienced, intuitive with great hands. Swedish meltdown goes deep enough to relax, rejuvenate. \$90/hour. 9am-7pm. Tori, 619-980-7846.

PRISCILLA'S BODY RUB Power healing Acupoint, Lomi Lomi and Swedish. \$40/ hour. Lic-3285. Call 760-432-9664.

TWO GIRLS, FOUR HANDS. Full body massage. Pure bliss. Experience the ultimate 4-hand hot oil massage. Take an hour and relax! Mission Valley, 619-955-5023.

PURE BLISS. Melt your stress, tensions away with my gentle caress. All varieties of massage available. Complete with oil, candles, relaxing music. 858-505-9633. NEW YOU! \$75, 1 hour plus body sham-poo. Great massage! Perfect touch. Heal-ing hands. Swedish, Shiatsu, Sport, Reflexology. In/outcalls. Lic-930070051. Brigitte, 619-251-1558; Celeste, 619-581-1101

TRANQUIL DEL MAR OFFICE to revitalize body, mind, spirit; For stressed-out exec-utives and bodywork connoisseurs. Therapeutic massage: Lomilomi, Swedish, Hot Rocks, Facials. Lic-00529. 858-775-

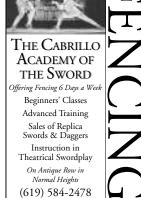
CERTIFIED MASSEUR offers Swedish based full body massage. Balanced blend of techniques unwind stress and deepen relaxation. Locals/travelers welcome. Daytime/evening. Lic#22248. John, 619-248-1865.

RELAX IN MY HANDS. Satisfying fullbody stress-release massage by professional, experienced HHP. You'll like it! Lic-22746. Ken, 619-417-1350.

CHRIS BLISS TOUCH MASSAGE. Experi ennis blass (DUCH MASSAGE. EXPER-ence soothing, reassuring, exquisite care. Surround yourself in a beautiful, re-laxing environment. Lic-HHP91007806. 7 days, 10am-6pm. Credit cards welcome. 11am-5pm. 619-206-0992.

Instruction





INTUITIVE NURTURING THERAPIST! Special now! Relaxing light touch or intuitive in-depth light-infused work. 15 years experience. Peaceful environment. Hill-

EUPHORIC TWO GIRL MASSAGE. Expegirls completely pampering you! In/out calls. Oils, candles, soft music available.

TOUCH, COMFORT, STYLE, privacy. A few expectations of your massage. I'm reasonable, very experienced and enjoy massaging. Flexible availability. Lic-13375. Call Donna, 619-886-3333.

A LASTING IMPRESSION. The moment you have waited for! Rose petal soft fin-gertips offering tender touch and a caring beautiful massage. Instant healings, just sensational! Last minute scheduling available. Incalls/outcalls. Hotels wel-comed. Credit cards. MTP-6352. Mer-cedes, 760-726-1100.

SUPER LIGHT EXTRAORDINARILY divine loving touch. Cranio-sacral balancing. Night appointments available. Georgiana, HHP-0317, 760-966-1672.

AFFORDABLE MASSAGE! Treat yourself or significant other to a wonderful full-body massage! Student Special! Women, men, couples. Incall, outcall. www.afford-ablemassage.biz. MTP-15532. Ken, 619-449.6898

HOT MASSAGE THERAPY. Relax onto a soft, heated table, be pampered: steamy towels, warm oil, part of a wonderful Swedish massage experience. Shelley, CMT. 619-957-3153.

CMI. 619-957-3153.

DEEP TISSUE/HOT STONE massage. 4
massages for \$260. I combine skillful,
soothing massage, advanced therapeutic
techniques and thorough stretching for
dramatic relaxation that lasts. Pain/injury/stress. Betsy. HHP-99007729. Call
858-442-3210. www.betsymassage.com.

HEALTH & FITNESS

PLACE PRINTED ADS in the Reader by

calling 619-235-8200. **POST FREE ONLINE ADS** with photos at SDReader.com. See thousands of classi-

AFFORDABLE DEEP TISSUE MASSAGE. Specializing in migraines, muscle tight-ness, stress, pain, injury. Flexible hours Centrally located. \$60. Health and Vision Acupuncture & Massage Center, 619-519-5335, wwww.DeepTissueMassage.biz.

5335. www.Deep lissueMassage.biz.

CERTIFIED PERSONAL TRAINERS. Aerobics, body composition testing, injury rehabilitation, youth programs, nutrition
analysis. Gift certificates. Visa/MasterCard. www.wendyshealthandfitness.com.
Wendy's Health & Fitness, 619-466-4386.

COLON HARD A FINESS, 019-400-43-50.

COLON HARD A FINESS, 019-400-43-50.

La Jolla. FDA registered equipment.

Disposables. Liver, lymph, and cellulite therapies. 858-551-9228. www. lajollalymphatic.com.

GOT RESOLUTIONS? Personal training. motivation and talent coaching. Achieve your goals. Coaching for the body, mind, spirit and abundant life! Leslie Aaren, 858-353-3864, laaren1@earthlink.net. HOLIDAY SEASON ruined your diet? Concerned about overweight, diabetes, high blood pressure, cholesterol, depression, finances? Join world's leading 30-day lifestyle enhancement journey to better health. Free information sessions: Clairemont Church, 4125 Hathaway Street, San Diego 92111, 630pm, January 22, 24, 27, 29. Limited seating. Reservations: 858-774-1979 or SdClairemontAdventist.org.

LEARN TAI CHI. Free class. Relaxed envi-ronment. South Clairemont Recreation Center, Saturday morning, 8:30am. All are welcome. More information at http://snipurl.com/TaiChi.

LOSE WEIGHT! Weight is a symptom of an internal issue that sometimes lies deep within the subconscious mind. Use hypnotherapy to heal your personal issues and release the weight permanently www.ExperienceEmpowerment.com 858,231,8308

NEW HILLCREST MEDICAL CLINIC. All services. Car/work injuries. Orthopedist/arthritis specialist. Treatment with massage therapy, acupuncture, physical therapy, ultrasound, exercise programs. Dr. Greenwald 619-300-7229.

NEW TAI CHI AND QI GONG Classes. First class free. Visitors welcome. Taoist Sanctuary, 4229 Park Boulevard, San Diego 92103. 619-692-1155 or www. taoistsanctuary.org.

PAIN FROM IRREGULAR BOWEL, Colitis

PRESCRIPTION EYEGLASSES, \$8 Custom made to your prescription, stylish plastic or metal frame, High index, UV protection, anti-scratch lens, case, lens cloth for only \$8. Also available: rimless, ittanium, children's, bifocals, progressive, sun tints, Ar coating, etc. http://zennioptical.com. (AAN CAN)

REMODEL YOUR BODY IN 20 MINUTES! how. 5 private fitness studios throughout San Diego County. 619-298-7900, www.

TREADMILLS, ELLIPTICALS, cycles, and other exercise equipment wanted. Cash other exercise equipment wanted. Cash for quality fitness gear. We pick up. Big selection of new and used exercise equipment for sale. 90 days free financing! Play It Again Sports, 858-751-0338. www.playitagainsd.com.

PARENT Resources

PLACE PRINTED ADS in the Reader by

POST FREE ONLINE ADS with photos at SDReader.com. See thousands of classi-

BABY NECESSITIES. Crib, converts to daybed for older kids. Stroller, infant seat, baby swing, excersaucer, regulation safety carseat. All great condition/like new 858,270,5750 new, 858-279-5750.

CRIB. Legacy crib with drawer, \$150. Solid hardwood, single drop-side rail. Baby Trend high chair, \$55. Reclining seat, 6-position height adjustment. Excellent condition, dancindv@cox.net.

SurfDIEGO

Name: Mark Thompson Lives: Ocean Beach

Surfing: South of the pier in Imperial Beach

"It's a known fact that I.B. has some of the dirtiest water, but I mean, I don't hear of people getting sick all the time," says Mark. "People get sick, you know, people swim in Mission Bay. That's just a stagnant pool.... [Imperial Beach] is probably cleaner than that "

Even though he lives in Ocean Beach, Mark ventured to Imperial Beach with a friend because "Coming down here is like a mini day out; it's like going to Oceanside for the day - spending the day, surfing, and hanging out.

"We came down yesterday. The conditions were really good in the morning. And we thought we'd score again. There's waves; it's really hollow out here. Lots of closeouts, but a lot of good ones too. You just have to get lucky and find it, and you have to be sitting in the right place."

For Mark, a perk to the I.B. experience is the lack of competition for waves.



"It was just me and [a friend1 out there. You could pick any wave you wanted."

Along the beach, red signs warned of possible illness from exposure to the sewage-contaminated water. Mark thinks reports of the water's contamination are a legal step that the City of Imperial Beach has to take, but the water is not as hazardous as the signs say.

"A few days after it rains I wouldn't even come out here, but it's been what, ten days? Over a week. There's been a lot of surf

and a lot of swell.... It dilutes it a little bit and it mellows out. It's usually what you can't see — that's what they're warning you about."

See the video Go to SanDiegoReader.com Click on SurfDiego

NEED BABYSITTER? I Currently babysit 2 children, family is moving in a few months. Looking to babysit 2 or 3 children depending on age, 760-889-9861.

PREGNANT? Considering adoption? Talk with caring agency specializing in matching birthmothers with families nationwide. Living expenses paid. Call 24/7, Abby's One True Gift Adoptions, 1-866-413-6293. (AAN CAN)

SHARING 200 CHILDREN'S, Book col ction. Little Golden, Charlie Brown, ancy Drew, Star Trek, Cat in the Hat, ursery Tales, Disney characters, Boy couts, \$2 each. 619-297-7636.

WEDDING & PARTY GUIDE

PLACE PRINTED ADS in the Reader by

POST FREE ONLINE ADS with photos at SDReader.com. See thousands of classi-

AFFORDABLE PHOTOGRAPHY and Ministerial. Married couple with over 30 years experience in wedding business teams up to cover your event. www. brianhowarthphotography.com. Call Brian or Valerie: 619-583-0411.

AMAZING DJs AND BANDS! Book your Special Event today! San Diego Parties & Entertainment. Excellent DJs, fabulous bands, specialty entertainment. Wedding/Event Coordination available. 619-315-6325.

AWARD-WINNING PHOTOGRAPHER. See your wedding day unfold on DVD. On a budget? Digital photography. Hourly rates, special events. Kidnapper of Images, Beverly, 858-736-4472; 858-274-4472.

BAND, "HOT PURSUIT." Weddings; corporate, private parties. High-energy dance band featuring sax player, female vocalist. Swing, jazz, rock, R&B, country, dance hits. 760-751-1876. www.HotPursuitMusic.com.

DISC JOCKEYS/LIVE BANDS/novelty acts. Weddings, corporate, parties. 400 bands, 10 DJs to choose from. All types of music. Affordable! Since 1973. 619-223-5732. www.

PROFESSIONAL MAKEUP ARTIST. Enhance your beauty with distinctive cosmetic artistry! Special occasions, weddings, proms, make-overs, photo-shoots. Airbrushing available. Makeup selection assistance. Great rates; group discounts! 619-277-9326

REVEREND BILL WEST is glad to help you plan the ceremony (religious or civil) that is right for you. Reasonable. Accomodating. Caring. rev.bill777@yahoo.com. or 619-384-4828. VALENTINE'S SPECIALI Boudoir Photography by a woman photographer. Find your inner Victoria Secret. Lingerie in studio, bikini on location... Free 8x10 with adl RAWmanticphoto@yahoo.com. 619-097-8481

STAGE NOTES

PLACE PRINTED ADS in the Reader by

calling 619-235-8200. **POST FREE ONLINE ADS** with photos at SDReader.com. See thousands of classified ads not printed here!

NORTH PARK

Bring ad.

Hot Baths/Body Scrubs All Types of Massage

Oriental #1 Spa

3134 El Cajon Boulevard 619-563-7949

(1 block west of 805) Free parking in back Open 7 days 10 am-11 pm License #16467

\$20 Off 1-Hour Oriental Massage

Deep Tissue, Shiatsu or vedish ma

1-hour massage includes your choice of hot tub, body shampoo

Naomi

3960 4th Avenue, Hillcrest 619.299.9519 Open 7 days a week 10 am-10 pm With this ad. New clients only. Lic. #Z006014054

SERVICES





\$20 off any

1-hour treatment

Acupressure

Stop by to experience the best acupressure in town!

Open 7 days 9 am-9 pm

First Health Center

7043 University Avenue • La Mesa, CA 91941

10% off with this ad.





San Diego Reader January 24, 2008 141

619-461-3456 Lic. #014802

NAME This Place



Last week's place: (clue: Many cool, creative ideas evolve here) Ice Age exhibit, Museum of Creation and Earth History, 10946 Woodside Avenue North, Santee. Museum exhibits cover everything from primitive earth to the Tower of Babel, the Rosetta Stone, and, of course, Darwin. (Last week's winners: Leone Walther, James Abrams, Warren Nocas, Rodney Nathans, Clyde Upton)

Clue: Holy wisdom in the House

Describe this location, name the nearest cross-streets, and win a Reader T-shirt. E-mail to NameThisPlace@SanDiego Reader.com; fax to 619-231-0489; or mail to Reader, Name This Place, Box 85803, San Diego 92186 — include your name and address. (Deadline, Tuesday, 9 a.m. In case of ties, lottery will determine top five winners.)



ABANDON YOUR ACTING FEARS! Ac tors' Workshop Studios. San Diego's number 1 film/TV studio! Professional 3-camera set. Weekly in-house audi-tions with Hollywood/local casting di-rectors, producers, agents. www. actorsworkshopstudios.com; 858-587-

ABILITY THROUGH TRAINING. The Robert Wald Actor's Studio focuses on moment-to-moment reality training. These classes unlock the actor's ability to work spontaneously and with the realism and intensity advocated by the industry's creative legends. Beginners welcome. Thursday evening class available, 6:30pm-10:30pm or Saturday morning. Cell for information, 619-542-1216.

ALL YOU KNEAD/MY TOUCH, Revive Personalized bodywork customized to your needs. Feather touch. Deep tissue. 2-4 hand delight. 7 days. Incall/outcall. Chelsy 760-828-2618.

AUDITIONS. Eveoke Dance Theater, 2811 University Avenue, 619-238-1153. Saturday, 1/26: Ages 8-14, 2-3pm; Ages 14-35, 4:30-6 p.m. Concert company,

performing group, and youth performing

LIVE ON STAGE! Point Loma Actors Workshop. Taste the performance high New classes starting now. Beginners welcome. Join the fun. www.pointlomaactors. com. Sign up now. 619-225-0044.

MODELS. Amateur models needed for photo, video, web work. Ages 18-60. All types. No experience necessary. Cash paid. Professional setting. Call Jenn, 619-

MOVIE EXTRAS/MODELS. Earn up to \$200 per day. All looks needed to work with film and TV production companies. No experience required. Call 877-282-

MOVIE EXTRAS, ACTORS, models! Make \$100-\$300/day. No experience required. Meet celebrities. Full time, part time. All looks needed! Call now. 1-800-566-6103 v528 (AAN CAN)

START-UP MODELS. Paid roundtrip

opportunity! freehawaiiphotoshoots.com.

VOICEOVER WORKSHOP. Break into voiceover! Taught by voice actor/author James Alburger. Learn interpretation, character voices, microphone technique, more for radio/TV. www.voiceacting.com; 858-484-0220.

Counseling & SUPPORT GROUPS

PLACE PRINTED ADS in the Reader by POST FREE ONLINE ADS with photos at

ANXIOUS? DEPRESSED? Relationship ANXIOUS? DEPRESSED? Helationship issues? Parenting/family issues? Insurance and sliding scale accepted. Individuals, couples, children, adolescents/families. Private Mission Valley location. Phaedra Scoortis, MA, MFT, MFC-43174. 619-972-0209.

ARE YOU MAD? Learn how to manage your anger constructively. Gain power,

control, reduce conflict and improve your relationships. Classes begin soon. Mission Valley. Jay Schneider, LCSW. Lic-9573. www.manageangerdaily.com. 858-538-5587.

CLINICAL HYPNOTHERAPY. "What the mind can conceive, the body can achieve." All issues addressed. Free con-sultation. Patricia R. Parlin, Ed.D. CHT403-250. Call 619-442-3661 or 619-

Unsettled dreams? Training needs? Jungian dreamwork for life issues, transitions, growth. \$40/1 hour session. \$10/2 hour group. Paul Hartsuyker, MFT-15896. w.w. san dieg other ap jists.com/hartsuyker.html. 619-269-8939.

FEELING STUCK? STRESSED? Experiencing crisis? Relationship issues? Career problems? Family conflicts? Grief? Past trauma? Take back your power. Free consultation: 619-723-9244. Trish Deignan, LCSW21861.

GAY/BISEXUAL MEN. Supportive indi-GAY/HISEXUAL MEM. Supportive mix-vidual therapy. Depression, anxiety, con-fusion, addictions, spiritual/religious issues. Married, closeted welcome. Dis-cretion, confidentiality assured. Mel Kar-men, PhD, MFC-12709. 619-296-9442.

HEALTHY ADULTS: Inner Child healing and recovery work. Establish healthy

boundaries. Heal wounds of dysfunctional family. Thought Field Therapy eliminates phobias and traumas. Counseling for individuals, couples' enrichment and family bonding. Sharon Goodlove, TFT Diagnostician; Glenn Goodlove, LCSW-1450. Goodlove Counseling Center, 858-569-8975, www.goodlove-online.com

MALE GROUP MEMBER NEEDED fo mixed process/support group. Relation-ship difficulties, intimacy, self-esteem, childhood issues. Tuesday evenings, UTC area. Insurance accepted. Sus. Jorgensen, MFT-22281, 858-622-0632.

MILITARY. PTSD? Battle Fatigue Syndrome? Night Terrors? Memory Loss? Dificulty Sleeping? Troubled Relationships? Former military therapist licensed trauma specialist providing free group treatment. License #MFT37234. 858-342-0181.

THERAPY FOR SHOPLIFTERS. Group or individual, in Mission Valley. For details, call Joyce Nease, PhD (license PSY17073), 25 years experience with the legal system, 619-283-5090.

Notices

PLACE PRINTED ADS in the Reader by

POST FREE ONLINE ADS with photos at SDReader.com. See thousands of classified ads not printed here!

fied ads not printed here!

ADDICTED to Internet pornography/sex?
Out of control? You are not alone. Call
Sex and Love Addicts Anonymous, a
12-step fellowship. PO Box 3791, San
Diego 92163 or 619-685-7211 or www.

AGUA HEDIODA LAGOON, Foundation AGUA HEDIDIA LAGUON, FOUNDATION needs volunteers. Serve as docents, assist in beautiful native garden/special events/school field trips. Training free, flexible schedules. 760-804-1969, deb@aquahedionda.org.

AL-ANON, Grupo paz mental. Sufre por el

ALANON-GRUPO RENCUENTRO. Hay Sesiones Lunes y Jueves de 5:00-3:30pm, 3450 Bonita Road #207, Bonita 91902. 619-470-6955.

ALCOHOLICOS ANONIMOS. Problemas con el alcohol? Nosotros le ayudamos a vivir mejor. Sesiones Lunes-Viernes, 7am y 8pm. Sabados, 8am y 7pm. Domingo 8am y 5pm. Grupo Bonita Hispano, 3450 Bonita Road, #207. 619-280-7224.

ALCOHOLICOS ANONIMOS. Tiene prob lemas con la bebida? Llamenos 24 horas lemas con la bebida? Llamenos 24 horas. Oficina Central Hispana, 3628 University Avenue, San Diego, 92105. 619-280-

AMNESTY INTERNATIONAL works for hu-man rights. Meetings: 7pm, 2nd and 4th Thursdays. First Unitarian Church, 4190 Front (opposite UCSD Medical Center).

BE A MILLIONAIRE FROM HOME! Sell Mangosteen; make lots of money! Very high antioxidant value. Significant anti-in-flammatory properties. Tons of health ben-efits! www.diane.discovermangosteen. com. Diane, 877-674-4280.

CANNABIS PATIENT(S) ACT. (Association Cannabis Therapeutics.) Nonprofit. tion Cannabis Therapeutics.) Nonprofit. Seeks caregiver/patients with questions about cooperatives, clones, medicine, DIVORCECARE meets every Sunday at 9am at 4926 La Cuenta Suite 203-A, Tierrasanta. Special Free support group for those divorcing, divorced, or broken live-in relationship. 4926 La Cuenta, Suite 203, Tierrasanta. Bruce, Bruce@sdfunding.com or 619-461-4480.

DONATE that automobile, boat, RV, etc. to Ronald McDonald House Charities-San Diego, receive tax deduction and possi-bly a partial cash payment! Call toll-free, 866-244-8464.

eob-244-8464. EMOTIONS ANONYMOUS, 7pm Wednesday, College Area, a 12-step program for managing anger, fear, obsession, etc. No fee. Voluntary donation suggested. Call 619-287-5391.

FREE COMMUNITY WORKSHOPS! "How to Start a Business' for people with disabilities. Wednesday 2/20 1pm-4pm at United Cerebral Palsy, 8256 Gibbs Drive #100, 92123. Bus 25 from Fashion Valley to Aero Drive/Glenn Curtiss Road. Off-street parking available. Sponsored by Ablebisabled Advocacy. Call Cindy Lennon, 619-231-5990 x315 to reserve your spot.

FREE EMPLOYMENT/TRAINING services for individuals with disabilities, ages 18-21 on probation or parole. Able-Disabled Advocacy, 2850 6th Avenue #311, San Diego 92103. 619-231-5990 x305.

FREE PSYCHIC HEALING. Lecture Clinic. Free readings for new visitors. Every month's first Monday, 7:30pm 1/7/08, 2/4, 3/3, by Vessa's Clairvoyant Program students. 4455 Morena Boulevard, #108.

GAIN SKILLS TO SUCCEED. Are you 16 low income, need high schoo a or GED and work experience? the Hearts Center, 619-691-9643

HAD UNUSUAL EXPERIENCES? Have , thoughts, perceptions different hers? Wonder how stress relates? can lead to unusual experiences. en 18-35? To participate: mjuan@

HERPES/HUMAN PAPILLOMAVIRUS.

(HSV/HPV) Support group. Accurate medical information and support. Recorded message, 619-491-1194, www. SanDiegoCityHELP.org.

KEEP ART ALIVE. Norma At Night And Friends Art Show. January 27, 6-10pm, Creative Expressions Art Studio, 8372 University Avenue, La Mesa. Free. 619-508-4741; www.creativeeynressionartstudio. creativeexpressionartstudio.com.

MOVIE BUFFS. Interested in watching movies then discussing it afterwards (like book clubs)? Ages 25 to mature welcome. Please call 619-850-6075 or 858-

OBSESSIVE COMPULSIVE Anonymous 12-step meeting for people with OCD.
Mondays, 6-7pm, Department of Health
Services Complex, 3851 Rosecrans
Street, Mission Room. Information:
OCAheli@rox.est

PMS RESEARCH. UCSD researchers rms research. USD researchers need women, 20-45, not on medication, birth control, or smoking, with regular menstrual cycles for a 5-month PMS study using sleep and light therapy. 8 overnights required. Call 619-543-7393.

PREGNANT/NEW MOMS. UCSD study women ages 20-45, not using medication or smoking, are needed for a sleep/light study. Bequired, 4 evaluation visits + 4 overnight hospital stays, 619-543-7393.

PRIVATE COUNSELING. Your journey

SERVICES



miramar – mira mesa pamper yourself today

8280 miramar rd. (between cabot & camino ruiz) 858-566-4229

7 days 10 am-10 pm License #HHP23125

7 days 10 am-10 pm license #HHP23125

Tropical Oriental Spa **Grand Opening!** \$20 off

1-hr. massage \$50 ¹/₂-hr. massage

Deep Tissue · Philippine Shiatsu · Swedish

5837 Mission Gorge Rd., Ste. C (Parking available in Mandarin Restaurant lot) 7 days 9:30 am-10:30 pm 619-563-0993 Lic. #008700

NORTH PARK

Genie Massage

ORIENTAL SPA & BATH

3395 El Cajon Blvd. (between Hwy. 15 & 805)

619-284-0888

Lic. #2005012879

Royal Spa

\$20 Off 1-hour **Oriental Massage**

1-hour massage includes your choice of hot tub, lacuzzi or table shower.

6124 University Avenue (At College, parking in rear) 619.229.0509

Lic. #2007026557

Sunny's Spa

Oriental Massage Shower • Jacuzzi Relax/Renew Restore/Energize

\$10 Off 30 Min. \$20 Off 1 Hour With ad

619-583-5722

4938 El Cajon Blvd. (at Winona Street) 7 days 9 am-9 pm Lic. #2006012505

GRAND OPENING SPECIALS

1-hour foot reflexology just \$38 Massage 1 hour \$48

Facial/foot reflexology combo 1.5 hours \$80 The Relaxing Space

7301 Girard Avenue, Suite 202, La Jolla • 858-717-7588

Free parking | Lic. #2007027999

Grand Opening! Moonlight

The Best Oriental Massage

Try our Japanese Hot Steam Shower Table Shower · Jacuzzi

760-796-4122 301 E. Washington Ave. Suite A (at Juniper) Escondido Visa & MasterCard accepted.





255 North Ash, Suite 107, Escondido 760-743-1421 7 days 9 am-9 pm Lic. #162163

255 N. Ash Street

San Diego Reader January 24,

RECOVERY GROUPS for men and co-dependency. Fridays, 7pm. Cele-brate recovery, First Lutheran, 867 South Lincoln Avenue, El Cajon. 619-444-7444.

RESEARCH STUDY. Women living with smoker needed for 9-day research study Leave message, 619-594-8827 or emai TRDRPPDAStudy@projects.sdsu.edu, for

SINGLES FOR JAZZ is a new not-for-profit club for singles interested in attending various concerts and clubs in the San Diego area. Membership is free. Call 760-

SUPPORT GROUPS. Six groups monthly, SOSL (Survivors of Suicide Loss). Call 619-482-0297 or email soslsd@yahoo.

TEMPLE OF BHAKTI YOGA. Tuesdays

TRANSITIONAL DELIVERANCE HOMES or abused women and the effects of abuses. Country meditation classes. 6-month to 1-year program. For complete restoration, join us! Christian non-profit ministry. 619-685-3660.

TWELVE STEPS NOT working for you? Try a self-empowering, skill-building approach with S.M.A.R.T. Recovery, free support groups. 858-546-1100.

UCSD/VA RESEARCH STUDY, Seeks older adults 60+ with worry or anxiety. STudy involves drugs/counseling compared to placebo. Compensation provided. Call Project Coordinator

VA/UCSD RESEARCH STUDY, Seeks participants with chronic pain. Assess ment and group treatment at no cost Compensation provided. Please call the mpensation provided. Please can une riect Coordinator at 858-552-8585

VOLUNTEER CHILDBIRTH ASSISTANTS Needed. UCSD Medical Center's Doula Program needs women to help mothers during labor. Big commitment, lots of ion! 619-543-6269

VOLUNTEERS. Help stop child abuse crisis. san Diego's abandoned /neglected children desperately need you. Become a child advocate. Information session on Wednesday, January 30 and February 20. Voices for Children, 858-569-2019,

WILHELM REICH'S ORGONE Energy WILHELM REICH'S ORGONE Energy,
Learn about this basic life energy, ("chi,")
and how Reich learned to accumulate it,
measure it, and use it for holistic health.
See an accumulator. Orgonomist Dr.
Mary Lou MacIlvaine, PhD (drmacilvaine.com) will give a talk and then answer questions. Orgone energy is a
palpable physical energy basic to all living organism and even our atmosphere. It
is the endanogered layer of life around our ing organism and even our atmosphere, is the endangered layer of life around our planet, seen as blue in photos from space. \$30. Sunday, January 27, 1-3pm, with reception. Limited seating. (Kensington). To reserve, call 619-501-0334.

WRITERS (2) looking for "Chicken Soup" type pet stories for new book and toon series, with photos if possible. claudia@ writersetc.com or piedpiper@newsblaze.com or 858-693-3939.

com or 858-693-3939.

WRITERS WANTED. The Academy for Alternative Journalism, established by papers like this one to promote diversity in the alternative press, seeks talented journalists and students (college seniors and up) for a paid summer writing program at Northwestern University's Medill School of Journalism. The 8-week program June Northwestern University's Medill School of Journalism. The 8-week program (June 22-August 17, 2008) aims to recruit talented candidates from diverse backgrounds and train them in alternative-weekly style feature writing. Ten participants will be chosen and paid \$3000 plus housing and travel allowances. For information and an application visit bttp://lagi.apn.org/ You may cation visit http://aaj.aan.org. You may also e-mail us at altacademy@ northwestern.edu. Applications must be postmarked by February 8, 2008. North-western University is an equal opportunity educator and employer. (AAN CAN).

TRAVEL & **G** ETAWAYS

PLACE PRINTED ADS in the Reader by

POST FREE ONLINE ADS with photos at SDReader.com. See thousands of classified ads not printed here!

COMPANION. Charming Indian lady having flat in South Mumbai, India, seeks companion for travel by air or cruises to different countries and India. Contact Manack, 613, 225, 646.

TIMESHARE. Cabo San Lucas, Mexico. Presidential Floating Timeshare, Pueblo Bonito Sunset Beach Hotel and Spa. Rated top 20 Mexican resorts. Paid \$30,000; asking \$15,000. 760-845-6347.

PERSONALS

PLACE PRINTED ADS in the Reader by

POST FREE ONLINE ADS with photos at fied ads not printed here!

DAVIEBABE in Boston. The more women I date, the more I realize how wonderful you were and how great we were for each other.

MUSIC

EQUIPMENT / INSTRUMENTS

PLACE PRINTED ADS in the Reader by POST FREE ONLINE ADS with photos at

APEX MUSIC SINCE 1952! Get the gear you need, at affordable prices. Sales, re-pairs and rentals. No one compares 6210 El Cajon Boulevard. 619-583-1431

ATTENTION MUSICIANS: Blowout sale at tric guitars, amps, lessons, guitar setups and accessories. Full service drum and percussion shop. 652 Stevens Avenue, Solana Beach, 858-481-3069.

BASS CABINET, Eden 1x15XLT, 400 ent sounding lows, \$375

Diel-TRUCK-TOURI Saturday, January 26, 12-6pm. Giveaways. School of Rock band performing. Free DigiTech effects. DigiTech experts and pro demos. Only at Guitar Trader of San Diego, 7120 Clairemont Mesa Boulevard, San Diego, CA 92111. Toll-free: 877-687-4276.

in stock! Fulltone, Menatone, T-Rex Maxon, Visual Sound, Barber, Xotic Durham. Choose from many brands www.SuperSoundMusic.com or call 760-739-9099. EFFECTS PEDALS-100s of different kinds in stock! Fulltone, Menatone, T-Rex,

ELECTRIC PIANO, Yamaha PF1000, mint condition, electronic display, top of the line, used for children to practice on, \$2400. Details at www.yamaha.com. Cell, days, 760-250-7950.

GIBSON FIREBIRD, With hard Gibson case. Cost \$1575, plus tax. Sell for \$1075. Fender FM 2-12, 100 watt amp Cost \$450, sell for \$200 858-623-9727.

GIBSON GUITAR SOURCE. Over 300 Gib son guitars in stock. We guarantee best prices on all Gibsons and Marshall amps. Centre City Music, 1033 Sixth Avenue. 619-338-9033. www.ccitymusic.com.

GUITARS AND AMPS. Peavey Wolfgang Special EVH \$599, 1993 Glbson LP Studio \$799, Epiphone LP \$375, Carvin Vintage Tube Bel Air 2x12 \$425, Mesa Dual Rectifier Maverick 2x12 \$999, Fender Pro 185 \$249, SWR SA 500 head \$639, Workingman's 4004 head and 1x15 cabinet \$475, Hartke 4x10 cabinet \$425. At Moze Guitars, 619-698-1185.

KEYBOARD SALE. General Music S3 76-key synth/workstation, 16-track sequencer, mixer. Great solo/combi



Say What?



Will Turner | Age: 25 | Occupation: Graphic Designer | Lives: Hillcrest

Wetware.

Hardware is part of the computer; it's internal and it's permanent. Software is executed with the hardware, like a game or program. And wetware are the brains in your head that let you

keep track of all this stuff. I guess it's nerdspeak. It can also be used to talk about a person in general, like referring to someone as wetware. I guess it's a little gross but anyone dorky enough to use this word probably doesn't care

about impressing other people. It's funny because brains are wet,

See the video Go to SanDiegoReader.com Click on Say What

sounds, fully editable, effects processor, floppy disc, stand, amp, \$600/best. 760-839-5350.

MBOX by Digidesign, original with all bundled software and 6.7 software disk, \$250. 714-873-4255.

PIANO, Baldwin electric, model PS1500, \$1200/best. 619-977-9182.

PIANO, Technics digital, ebony finish, 455 sounds, 128 rhythms, 800 piano styles, 88 weighted keys, 64 note polyphony. Excellent tone, \$6400 new. Now \$1750, 858-451-6944

PIANOS WANTEDI All pianosl Cash paid. Also, quality furniture and antiques. 1 piece or houseful. Bonded. Licensed. Since 1965. Same-day pickup. 1-800-840-4447. www.southcoastauction.net.

ROADCASES. San Diego's oldest roadcase company. Pleasing musicians for 20 years. Bring us your best deal; we will beat all. Call Left Coast, 858-278-7888.

MUSIC

Musicians A VAILABLE / WANTED

PLACE PRINTED ADS in the Reader by

POST FREE ONLINE ADS with photos at SDReader.com. See thousands of classi-fied ads not printed here!

fied ads not printed here!

BASS AND VOCALS needed for death metal. Influences: Cephalic Carnage, Mastodon, Candiria, Meshuggah, etc. Check out myspace.com/blackambulance and/or call Shaun, 619-417-4751.

Buffalo '

Bros. 🕨

Offering the finest new, used

and vintage instruments

buffalobrosguitars.com

Home of the 100% Upgrade Policy©

4901 El Camino Real, Carlsbad, CA 92008

(760) 434-4567 Mon-Fri 9-6, Sat 10-5, Sun 12-4

practice ethics. Northeast County. Serious people only. We talk over coffee first. 760-207-5813.

BLUES HARPIST WANTED with some vo cal ability. Mostly 12-bar blues and so old time rock and roll. Guitar, ba drums, ready to gig. 760-726-2606.

BLUES VOCALIST wanted, male, funk style, join professional-level players with 25 years national/international gigging experience. Check out www.myspace.com/gregbach. Kearny Mesa rehearsal. www.muchtooloud@hotmail.com, 619-

COUNTRY MUSIC/BLUEGRASS jam Guitar, mandolin, fiddle, banjo players interested in getting together to play country music and bluegrass. Call Bob, 858,752,1775

DRUMMER/BASSIST wanted for The Brothers' Sexy hip-hop, funk, metal band. Influences: Keith Moon, Tommy Lee, JBs. Stay in pocket, keep grooves moving. www.myspace.com/thebrotherssexy.

HARDCORE BAND seeks bassist. Practice 4-5 days/week. Influences: Sleeping tice 4-5 days/week. Influences: Sleeping Giant, Seventh Star, Terror, Hoods, Figure Four. Ready to play live. Call Evan, 858-

KEYBOARDIST, professional, needed now by established protession at Journal band. Performed corporate, weddings, casinos, resorts, private parties, and special events. Good pay and great opportunity. Leave message, 858-616-6363.

PRODUCER seeks female talented composers, performers, singers, original material and incredible uniqueness. Seeking Nancy S. call back. Pro-tools? Call 619-528-0907; www.myspace.com/sherilopez; www.myspace.com/concretesummersday; www.myspace.com/concretesummersday; www.myspace.com/swellapmondxws.

REGGAE HIPHOP ROCK/JAZZ Guitarist Fully Fullwood, Majek Fashek, Myka Nyne, Scientist, Skunk records, Tippa Irie etc. Dale 858-401-2973 myspace.com/dalehauskins.

SINGER, acoustic guitarist sought to form acoustic duo to play Eagles, America, Beatles, Neil Young, etc., at clubs. I'm 46 years old. Mark, Escondido, 760-738-8059.

SINGER/DYNAMIC FRONT, Person wanted, (21-35) preferably). Experienced SDSU Area band alternative rock band seeking lead vocalist to record album/gig! myspace/theinformists.com, theinformists@cox.net, 619-993-9693.

SINGERS. Ladies of all ages wanted for womens' chorus. Have fun singing 4-part harmony (a cappella). Performances throughout community. Mondays 7pm in La Mesa. 619-449-7107.

SOLICITO MANAGER promotor para promover 100+ Canciones, originales en espanol (ballads, rock, salsa, reggae, etc.). Trato con Ricardo, 619-284-1625.

MUSIC SERVICES

PLACE PRINTED ADS in the Reader by

calling 619-235-8200. **POST FREE ONLINE ADS** with photos at SDReader com. See thousands of classified ads not printed here!

ATTENTION ARTISTS, singers and song-writers. Artist development, producing songwriting and arranging for your CD or demo. Call Ravenflight Music at 619-258-

CD & DVD DUPLICATION. Call Bob at

CD AND DVD DUPLICATION and Replica-tion. Guaranteed lowest prices, best ser-vice and quality. Complete packages (1,000) starting at \$925. Serving San C.,555, starting at \$925. Serving Šan Diego musicians since 1992. Call 760-747-2734.

CD COPIES and mastering. Near SDSU. Print art directly to CD. We will beat any price. No minimums for CD duplication. 619-540-5827.

DAVETHESOUNDMAN.COM. We specialin copying your LPs, vinyl, audic te tapes to CD at a reasonable pri perfect gift for that special someone. Dav-eTheSoundMan some

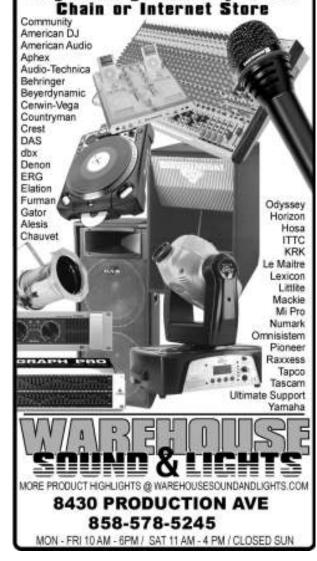
RECORD A DEMO at HobarTrax, efficient experienced engineer, Pro Tools, Mackie, Avalon, etc. Session musicians available, all styles. Creative, inspiring atmosphere, \$30/hour. www.hobartrax.com, 858-243-7799

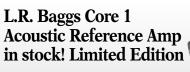
RECORD AND MASTER AT BLITZ Studios. ProTools HD, 24-track ADAT, Sonar Acid. Protools lessons. Creative environ ment, total CD packages. \$40/hour. 10-hour block, \$350. 619-260-0837. Check out our cool website at www.blitzrecording.com.

Music

Large Selection In Stock

Huge Savings over any Retail





- Concert Classicals and Flamenco
- · Renaissance, Turner & RKS
- Repair & Lessons
- Blueridge Guitars Deering Banjos
- · Ko'olau, Pono & Kanelei Hawaiian Ukuleles



The Blue Guitar Established 1961

5959 Mission Gorge Rd., Ste. 101, Mission Valley (across from S.D. Toyota) 619.283.2700 • www.theblueguitar.com New Hours: Mon.-Fri. 11-7 • Sat. 11-5 • Closed Sun.



RECORD AND MASTER AT EXUM Studio! Comfortable, relaxed atmosphere. Protools HD3. Great drum sounds! Baldwin Grand Piano! Fast. Efficient. 20 years ex-perience. 2" analog. www. exumrecording.com. 760-739-9700.

RECORD AT CV STUDIOS. San Diego's best value! ProTools, professional gear. Rates from \$25/hour. Get the sound you want without pressures of expensive stu-dios. Jon, 858-414-2143.

RECORD AT 2PLY! SSL console, Pro Tools HDZ, large live tracking room, creative environment, lounge, \$40/hour. Block and live rates available. Mastering.

RECORD AT EARTHLING Studios. Analog and digital multitrack recording and mastering services. Call Mike for rates at 619-441-8341.

RECORD AT KING'S RANSOM Studio. Top vintage and contemporary gear for fat, warm sound. I care about your project as much as you do! \$30/hour. 619-278-8752.

RECORD AT POWERHOUSE. Grand reopening! Comfortable, spacious new rooms, ProTools HD3, Yamaha Grand, Hammond B3, samplers, synthesizers, mic/preamp selection. Low rates. Visa/Mastercard. 760-789-7420. www.

RECORD AT EPICENTRE STUDIO. Pro Tools HD-quality recording. Full service digital recording, mixing and mastering. Library of pre-made beats. 5-hour blocks for \$125 or \$30/hour. www.epicentre.org, 858-271-4000 x15.

RECORD AT EMPIRE STUDIOS. \$30/nour, engineer included. Specializing in Electronic, Rap, and Urban music. High-end equipment, radio quality guaranteed. Visit our facility at www.empirerecordings.com. 619-249-8355.

REHEARSAL STUDIOS! Current special: \$200 off first months rent with ad! Two lo-cations-Sports Arena & Miramar. Monthly and hourly available. Universal Sound, 619-306-2222, 858-401-2973

REHEARSAL IN OCEAN BEACH at Spot less. 1922 Bacon Street across from Win-ston's. 3 air conditioned rooms with PA, available for hourly rentals. Parking, load-ing. 619-523-3073.

ing. 619-523-3073.

REHEARSAL STUDIOS. \$20/hour with PA.

REQUIPMENT entials, overnight PA rentals.

Open 24 hours by appointment. Monthly studios now available starting \$350/month. Goblin Studios, 760-599-4627. www.goblinrecords.net.

REHEARSAL. Does your studio not supply the goods? Dirty? Superior Sound is the answer. Come and jam with us on a month-to-month lease! 25% move-in special. Call us now. 619-886-5991.

REHEARSE AT HINDSIGHT- Miramar Hourly rooms, fully equipped (drum kit, two half stacks, bass rig, PA), starting \$18/hour. PA only, \$16/hour. 858-635-9611, www.hindsightrehearsal.com.

REHEARSE AT ADDER. Upscale Kearny Mesa facility. All rooms have individual air conditioning, high ceilings and 24-hour access. Monthly rooms available. 858-505-8644. www.adderstudios.com.

Free Classifieds!

SUPERIOR SOUND Rehearsal Studios. Come and jam on a monthly basis in Kearny Mesa or El Cajon. Our studios offer 24-hour surveillance, soundproofing, air condtioning, and high ceilings. 25% move-in special on the first month! Limited rooms available. Call us now. 619-886-5991.

ROOMMATES

PLACE PRINTED ADS in the Reader by

POST FREE ONLINE ADS with photos at SDReader com. See thousands of classi-

ALLIED GARDENS. 2 rooms available in 5 bedroom house to share with family and pets. Near SDSU. Utilities, furniture, most meals included. \$750 each. 619-563-

BALBOA PARK, Bedroom with closet. View of Balboa Park. Walk to park. Available February 2. \$550/month, plus utilities. Female only. No smoking, no pets, 619.534.1656

BALBOA PARK/HILLCREST. \$750. Fur nished, private floor, large room, and private bath. Washer/dryer, air and heat new wood floors, cable, free utilities. 619-

220-0116. CARDIFF. Bedroom, bath, large deck, dy-namic ovean view. \$875 plus utilities and deposit. Own refrigerator. Female non-smoker preferred. No pets. Walk to beach. Call 760-710-7147.

CARDIFF. Large furnished room. Skylight, storage, \$750 plus utilities/deposits. Community/privacy. Vegetarian/seafood

kitchen, organic garden, jacuzzi, laundry distilled waters, nonsmokers, no dogs

CARLSBAD. Bedroom with balcony and large bathroom available 3/1/08. \$759/month plus utilities and security deposit. No smoking, no pets (I have 3 cats). Call 760-438-0390.

CARLSBAD. Large 2 bedrooms available, private baths. 2 story home. Quiet neighborhood. Large backyard, barbecue, jacuzzi. Some storage. Small dog considered. \$750 and \$850. 760-504-4121.

CARLSBAD. Room for rent. Nice bed-room, own bathroom, walk to ocean. \$800, includes utilities. Beautiful area. Washer/dryer. No smoking/pets. Avail-able immediately. 760-931-1126.

CARMEL MOUNTAIN. Upstairs, cute house near I-15 and 56, close to shop-ping and entertainment. Gated, pool Nonsmoking. Bed available. Male only \$550. 858-673-4799.

CARMEL VALLEY, 2 rooms in 4 bedroom, 4 bath home \$700/month each, \$700 deposit. 6-month lease. No smoking, traffic, partying, or pets. References. Lisa, 858-794-6882.

fied ads not printed here!

x15529.

CHULA VISTA, \$550. New spacious private home. Near Southwestern College. Kitchen, washer/dryer privileges. Wireless connection. No smoking/drugs/pets. Female only. Hablo espanol. 619-347-

CHULA VISTA, \$500 plus \$200/deposit, 1/2 utilities. 2 bedrooms plus private bath in a 4 bedroom house. Male preferred. Shared kitchen, washer/dryer. John 619-

CARMEL VALLEY/DEL MAR East. Room

for rent. \$585, includes utilities, cable, wireless Internet, kitchen, laundry room privileges. No smoking/pets. Close to shopping/theaters. 619-235-2415, v15529

CHULA VISTA/OTAY RANCH. Furnished bedroom in 4 bedroom house. \$500, utilities included. Nonsmoking male preferred. 619-754-3404.

Ierred. 619-754-3404.

CLAIREMONT. Private room and bath, large townhouse. Kitchen privileges. Clubhouse, olympic size pool. Quiet area. References. \$600/month. Female preferred. No smoking/drinking/pets. 858-378.6904.

CLAIREMONT/MISSION BAY. 180 degree bay view. \$750, 1/2 utilities. Gated complex, washer/dryer onsite, street parking. Share 2 bedroom 2 bath. Roof deck, 619-520-8518.

CLAIREMONT/NORTH, \$650/month, \$300/deposit, includes utilities, cable, high-speed, wi-fi, amenities. Near all. Large 4 bedroom, 3 bath, large yard. Sorry no pets. Available now! 858-495-0139.

CLAIREMONT, NORTH. \$580, first/last rent, shared utilities. Free cable, Internet. Large room with fireplace, direct patio access. Kitchen/laundry privileges. Near buses, shopping, freeways. 858-274-5244

COLLEGE AREA, Beautifully furnished room, cable access, private and/or semi-private bathroom. 1 parking. \$895/month, including all utilities. \$35/credit check, first/last month, \$500/deposit, 619-200-

COLLEGE AREA, \$500/month, \$500/deposit. Share house with 1-1/2 bath. Split bills, 5 blocks from SDSU. Canyon view, laundry. Available now. No pets. Hans

COLLEGE AREA. \$430/month, plus deposit. Share nice 1 bedroom apartment. No charge for electric. Will make apartment acceptable for person who moves

ment acceptable for person who moves in. 4825 College Avenue. 619-265-1356.

COLLEGE AREA. Private bedrooms, share bath, furnished, kitchen privileges. 2 blocks from SDSU/ALL. Washer/dryer. 425/month, \$350 deposit. Females preferred. 619-286-8392.

COLLEGE AREA. Room with cable and phone hookups. \$540 plus \$200 security, utilities shared by 3 roommates. Large deck with barbecue. Nonsmoking. Kyle, korser@cox.net, 619-414-6530.

COLLEGE AREA. Live in luxury! 2 rooms available in gorgeous Spanish-style clasavailable in gorgeous Spanish-style classic canyon view home, minutes from SDSU/SDU. Cable TV, Internet, jacuzzi, concert Steinway grand. \$850/month in-

\$10 Off Any

cludes full use of home. See pictures in sdreader.com. 619-341-0720. **DEL MAR, WEST.** Quiet, furnished room

with view in clean, sunny, nonsmoking, remodeled home. Cable, laundry, kitchen, housekeeper, wireless Internet. Own phone line. \$650+. 858-481-5312; 619-235-2415, x13366.

DEL MAR. Female share 2 luxury masters condo. Pools, spa, full gym. Security patrol. Quiet, safe. Includes all utilities, double garage, wireless net. \$899. 858-353-2008

888-383-2008.

DEL MAR. Master bedroom, own bath. 1 mile from Torrey Pines State Beach. Utilities included. \$875/month. Female preferred. No smoking/pets. Clean, quiet townhouse. 760-533-3875.

Townnouse. 760-533-3875.

DOWNTOWN. 3 bedrooms in 5 bedroom house. 2 upstairs, share bath. 1 downstairs, private bath. \$500 or less depending on room. Cat OK. Gordon, 619-234-3898.

DI9-234-3898.

DOWNTOWN. 2-rooms available. Near Gaslamp Quarter. 4-window bedroom, \$480. Bedroom, \$450. Free wireless Internet cable and utilities. Plenty of parking. Block to bus, freeway, Starbucks, restaurants. Residential area. 619-964-0051; 619-964-6729.

EL CAJON. All amenities, near all. Laundry facilities in mobile home. \$550, utilities paid. 619-466-3333.

EL CAJON. \$440. 2 bedroom. Walk to downtown, buses, trolley. One story, yard, fireplace. Renting master bedroom with walk-thru closet, own bathroom. bobhope@mail.com; 619-440-4011; 619-368-3516.

Sociation Section 25 to 25 to

ENCINITAS, \$800 including utilities, share 5 bedroom 3 bath home, with 3 others. Newly remodeled, billiards, ping-pong, Direct TV. 3 month minimum, 858-775andrewtwatts@yahoo.com.

ENCINITAS. Room available in 4 bed-room, 2-1/2 bath house with pool/jacuzzi, tennis. Beautiful neighborhood. Near park. Easy access to shopping. \$800 (utilities included). 760-943-8125.

ENCINITAS. Share townhome with one person. \$750 includes everything. Pool, tennis, basketball. Recreational dream! Near shopping. Own parking spot. Non-smoking, no drugs. Credit check. 760-

ENCINITAS. Small furnished camping trailer with shared bath. Quiet area. \$550/month plus propane. Covered patio with storage. Nonsmoking. No pets. 760-943-7193.

943-7193. ENCINITAS. \$650/month. Room in clean, quiet modern house. Cable, laundry, kitchen privileges, phone line/Internet available. Deposit. Won't last long! Call 760-753-1686; 619-235-2415, x23951.

HILLCREST. Room available in 2 bedroom, 1 bath apartment. On-site laundry. Older, smaller complex. Quiet neighborhood. Female only. No couples/pets. \$425 plus SDGE. 858-205-0041.

HILLCREST. Master bedroom with private bathroom. \$750. Satellite TV. Ample parking. Laundry onsite. Prefer female. Share utilities. 619-368-6862.

Post free online ads with photos at SDReader.com

utilities. 619-368-6862.

IMPERIAL BEACH. Room, private bath. 5 blocks from beach. Kitchen/laundry privileges. Large home. Male preferred. \$600, \$200 secrity, 1/2 utilities. References required. Donna, 619-424-6133.

LA COSTA. Room with separate bathroom and parking for rent. Magnificent view. Jacuzzi and pool. Close to beach and transportation. \$600/month. Please leave message, 619-540-3144.

Thessage, 619-540-3144.

A COSTA. \$700. Room in beautiful home, shared bath with one. Private entrance. Shared utilities. All amenities provided. Nonsmoking. No pets. Available now. Christy, 760-458-0245.

LA JOLLA/WINDANSEA BEACH. \$765 \$975. Lovely, completely furnished rooms in house. Also large master bedroom with cedar walk-in closet, private entrance. Nonsmoking. No drugs. 858-459-3089; 619-235-2415, x30103.

619-235-2415, x30103.
LA JOLLA/UTC. \$580, \$550 deposit, 1/3 utilities. Bedroom in 4 bedroom home. Private bath. Furnished. Clean house. Quiet neighborhood. Nonsmoking/drugs. Female preferred. 858-554-0018.

MIRA MESA, Beautiful master bedroom, 12x13 washer/dryer, air conditioning. Covered patio, kitchen, living room. Outside smoke. \$780, \$75 non-refund key fee, sbjlee@yahoo.com, 714-539-1298, 714-948-8404.

MIRA MESA, Own section of house Share 3 bedroom 2 bath, 1 other, \$650 plus utilities/deposit. 2 rooms \$1000 plus utilities. No dogs, 619-540-2469.

MIRA MESA. Furnished private bedroom shared bath (with 1 girl). Female only Quiet, secluded Casablanca gated com munity. Water, trash, electricity, laundry, kitchen included. \$495. 858-722-3365.

MICHEN Included. \$495. 858-722-3365.

MIRA MESA. Miramar College. \$510, including utilities. Quiet room. Large, clean home, granite kitchen, pool. Male, nonsmoker, nondrinker. No drugs/pets. Near bus. Available now. 619-235-2415.x13133.

2415,x13133.

MIRA MESA. \$600. Single room. Large house. Safe neighborhood. Includes all utilities: electric, gas, water, cable TV. No pets. Washer/dryer. 858-699-7870; 619-235-2415, x13755.

MIRA MESA. 2 rooms available. Good neighborhood. \$450. Discount possible. Large kitchen, stove, refrigerator, dish-washer, dining room, living room, laundry. Satellite TV. Female only. 858-752-1804.

MISSION BAY. 1 bedroom in new 3 bedroom house. Super convenient. Wood floors, patio with grill, HDTV, tons of storage. Available 2/10. \$775/month. Jeremy, 858-344-8770.

MISSION VALLEY. Share 2 bedroom, 2 bath condo. Laundry, dishwasher, pol, jacuzzi, ample parking. No pets, smoking, drugs. \$585 including utilities, \$300 deposit. 858-571-3884; 619-644-7788; 619-235-2415, x26988.

MISSION VALLEY/USD. \$450, plus utilities, deposit. Quiet, nonsmoking town house. Washer/dryer, cable TV, large

NORMAL HEIGHTS. Share beautiful 2 bedroom, 2 bath. Pool, spa, onsite laundry, hardwood. Quiet complex. Seeking nonsmoker to share with female. \$575 plus deposit. 619-282-4794.

NORTH PARK. Share historic, furnished home near Morley Field. Enjoy own full bath and bedroom with panoramic views. Nonsmoking male preferred. \$800/month, \$400 deposit. 619-282-7980.

swimming pool, jacuzzi, sauna. No pets. Available 2/1. 858-495-9128.

Available 2/1. 638-435-9128.

MT. HELIX, 2 bedroom, shared bath, \$575/each. Kitchen/laundry privileges. Parking. Quiet neighborhood. 10 minutes SDSU, near Cuyamaca College. Call after 8am, before 10pm 619-441-2830.

OCEAN BEACH. \$795. Awesome, spacious house! Gorgeous hardwood. Must see! Huge room. Washer/dryer. Large patio/yard. Parking. Blocks/beach. 619-794-5774.

OCEAN BEACH. Room in beautiful 3 bedroom condo, ocean view, 3 blocks to beach Laundry. No smoking/pets/drugs/excessive drinking. Male preferred. \$695. 619-246-

OCEANSIDE. \$550/month. Large bed-room in 3 bedroom house, share bath. Full house privileges includes utilities Quiet, oceanview, deck, Jacuzzi, yard. Available 1/15. No pets. 760-427-4422.

OCEANSIDE. Very spacious room with furnishings in new, executive home close to beach. Share bath. Female only. No pets, smoking. Lovely area. \$600/month.

PACIFIC BEACH, Share very clean 2 bedroom 1 bath. Great location in Crown Point area, next to Mission Bay, \$700/month, \$300/security deposit. Fe-

POINT LOMA/SUNSET CLIFFS. \$625 Available now. All amenities, fast internet, utilities included. Ocean 3 blocks. Plenty of closet space, parking. No smoking, pets. 619-269-6626.

pets. 619-269-6626.

POINT LOMA. \$685 plus 1/3 utilities. Partially furnished (oak) bedroom with 1/2 bath. 3 bedroom house. Panoramic view. Laundry/cable/phone privileges. Pets OK! Nonsmoking. 619-222-2371, 619-884.2504

884-2594.

POWAY, Share house own bedroom/bath. Use of kitchen/laundry. Satellite TV. Driveway parking. Split utilities. Nonsmoker, no pets. \$850/month, \$500/deposit. Office room \$150/month,

RANCHO PENASQUITOS. Bedroom, share bath. Kitchen/laundry privileges. In-cludes utilities and cable. No pets. \$525 plus \$300 cleaning deposit. Off Highway 56 near I-15. 858-538-2501.

so riear I-15, 858-538-2501.

SAN CARLOS, Roommates seeking third roommate, 3 bedroom house. Room, connecting 1/2 bath, avialable 2/01/08, 1/3 willities. We have 2 dogs. Month-tomonth, outside smoking, 619-339-5307.

SAN DIEGO, SOUTHEAST. \$80-\$100/week. New sober living 5000-square-foot massive home. Satellite TV, Internet, 2 kitchens, workout room, pool/jacuzzi, sanctuary. Thomas, The Tree House, 714-787-8744.

SAN MARCOS. \$650/month, split utilities. Master suite/office in new 1350-square-foot energy-efficient condo, deck, laundry, storage. Gated community, pool. Extremely well-located next to CSUSM. 760-431-6794.

SANTEE, \$500 including utilities. Female to share newer, spacious, clean, quiet 5 bedroom house. Pool, jacuzzi. No smoking, drugs, pets. Close to I-52. Mike, 619-301-9427.

SERVICES



Massage Must bring ad. Jacuzzi & Hot Tub Mon.-Sat. 9 am-9 pm Sun. Noon-9 pm Credit cards accepted. SUNSET Acupressure Massage THE TOUCH OF THE ORIENT 1911 SUNSET DRIVE

JAPANESE STRAIGHT PERM

Permanent silky-smooth, damage-free hair. Thermal reconditioning specialists.

Free consultation! Call:

Deb, 619.889.7774 Carole, 619.295.5796

EXPERIENCED

Hotel Circle North

www.japanesestraightperm.com

Rejuvenation Facial \$95 (\$270 value)

Includes: Microdermabrasion (reg. \$120) LED photo therapy (reg. \$150) and facial massage with masque

SD Skin.net Suite 101 • 858-560-0509

7420 Clairemont Mesa Blvd

Blue Horizon **Tassage** Asian

Therapeutic • Swedish Deep Tissue • Thai Stretch Sports • Lomi Lomi

Both women & men welcome \$75 per hour \$115 per 90 minutes Cash only.

Shiatsu • Aromatherapy

3692 5th Ave. • Downtown 10 am-10 pm 7 days 619-301-6797

Lic. #30059

WON'S ACUPRESSURE

MASSAGE & STRESS RELIEF



Jacuzzi **Body Shampoo**

3817 32nd St. (Across from Sav-on)

619-563-5777

\$5 off

760-735-8850

Lic. #140248

PHS Asia Pain Care

· Pain relief More energy

Less stress

319 S. Rancho Santa Fe Rd., San Marcos

760-752-8618

www.asianbodycare.org Lic. #29398

Asian Body Care

16769 Bernardo Center Dr. #K-28 Rancho Bernardo (near the post office)

858-675-0048

Major credit cards. http://ca.local.yahoo.biz/ asianbodycare Lic #2006010764



144 San Diego Reader January 24, 2008

Open daily 9-9

Lic. #13328

SCRIPPS RANCH. Furnished 2 master bedrooms available with attached bathrooms, each with large oval bathtubs. Across from Miramar Lake, \$575/each, \$585 with washer/dryer, \$600 with Cable/internet hookup \$600. 858-366-3775.

private bath, balcony, own phone line. Lovely, quiet townhome. Garage space. Pool/jacuzzi. No pets, drugs, smoking. 858-755-0823.

SOUTH PARK. Bedroom in beautiful Cape Cod house, great neighborhood. \$750. Tons storage. 2 story, washer/dryer, Inter-net, dishwasher. Large backyard/gazebo. Cats OK. 415-254-7208.

RENTALS

COMMERCIAL

PLACE PRINTED ADS in the Reader by

calling 619-230-8200. **POST FREE ONLINE ADS** with photos at SDReader.com. See thousands of classified ads not printed here!

CARLSBAD. \$100-\$125. 1-car size garage. Parking and/or dry storage only. 1000 Chinquapin. 760-729-8681 or e-mail woodridgemanage@sbcglobal.net.

woodingemangeresprognoat.net.

BANKER'S HILL. Professional offices available, single offices or office suite. Conference rooms, secured parking, janitorial, signage, all included. Reasonable. Call Greg, 619-239-7313.

PACIFIC BEACH. Office space, \$800. Second floor office, 2 rooms, ample parking. Easy access. 4455 Lamont Street. 858-270-4492 x203.

PACIFIC BEACH RETAIL/OFFICE space. 750 square feet. \$1475/monthly. Newly square feet. \$1475/monthly. Newly odeled building. 4850 Cass Street.

STOREFRONT/OFFICE. Over 1350 square feet. Street level. High ceilings. 2 private bathrooms. Central location. 2053 Garnet Avenue. Space can be divided for less rent. 858-272-9614.

ress rent. 858-272-9614.

LA JOLLA OFFICES. 3 offices available. Large waiting area. Shared kitchenette. Separate keys. At 7301 Girard, Suite 303. Lots of parking. \$895. Betsy, 509-993-8429, 858-412-3936.

8429, 858-412-3936. **GASLAMP ART SPACEI** \$150 and up. High ceillings, tall windows. Gallery venue for shows. Uniquely affordable. 100-600 square feet. 402 Market. Hughes Management, 619-239-1639 x102.

MISSION HILLS. \$1232. 700 square feet, upstairs office space with lobby, 2 spacious rooms and kitchen area. 930 West Washington Street. CCPM, 619-296-

HOT SPOT IN LITTLE ITALY. Beautiful first-floor loft, zoned fully commercial—can be downtown pad, small restaurant, wine bar, office. \$2800 or make offer. 619-889-4389.

619-889-4389.

BANKER'S HILL. Charming, single professional office; waiting room; free client off street parking; coded access and much more. Contact Yas Ghafouri, 858-454-8857 or email: yghafouri@cgpinc.

PACIFIC BEACH. Storefront/retail space for lease, \$3000/month. 1453 Garnet Avenue, approximately 1340 square feet.

Good location and visibility. 858-270-4492, x203. NORTH PARK, Office/Retail space, ap-proximately 1440 square feet, reception area, kitchenette, near all. 3928 Illinois Street #101. 619-843-0796.

OFFICE/RETAIL SPACE. \$975/month. 3 rooms, 1 bathroom. Pacific Beach. Available immediately. 1761 Garnet Avenue. Alta Vista Properties. 858-274-3600. www.altavistamanagement.com.

OFFICE SPACE. 300 square feet, \$500. La Mesa. Easy freeway access. Quiet area. 8900 Grossmont Boulevard. Bob Cota Realty, 619-465-9934.

GOLDEN HILL/DOWNTOWN STORAGE space. \$100/month. 71 square feet. 7.5" ceiling. Central location. Easy freeway access. Access directly from alley. Loren, 619-997-0273.

CHULA VISTA. \$895. 900 square feet retail/office. 247 3rd Avenue, Suite F. Busy 6-plex off Davidson. Water, trash, taxes paid. Available 2/1. Agent 619-463-2971.

NORTH PARK OFFICE SPACE available from 315-1130 square feet at only \$1.00 per square foot. 3930 Oregon Street. www.utopiamanagement.com, 619-291-5555

GARAGE. \$95. Chula Vista. Clean, secure, ready now. Behind 215 Glover Street on alley. Call Rachael, 619-804-

RENTALS

Houses

PLACE PRINTED ADS in the Reader by

POST FREE ONLINE ADS with photos at SDReader.com. See thousands of classi-

BALBOA PARK, EAST, 1 bedroom cot tage, \$800. Hardwood floors. Private setting. Full bath with travertine tile. Galley kitchen. Secured entrance. 2659 B Street #B. 858-568-5081.

BAY PARK. Beautiful 4 bedroom, 2 bath, BAY PARK. Beautiful 4 bedroom, 2 bath, Bay Park canyon home. 2-car garage. 2 bedrooms 1 bath kitchen, dining room, living room upstairs; 2 bedrooms. one bath living room, washer/dryer down-stairs. Fenced backyard. Outdoor fire-place. Great views. Available February 1. 1381 Elevation Road. Kevin, 619-261-4241. \$2700.

4241. \$2700.

CARDIFF. \$2150. Large 2 bedroom, ocean and park view, hardwood floors, garage, deck, yard, parking. Close to beach. Available February 1. 163 Norfolk Drive. 858-273-4812.

CARLSBAD. \$3700. 3 bedroom plus of-fice, 3-1/3 bath. 2-story. Move-in special! Hardwood, granite, stainless. 2-car garage. Built-ins. 7343 Paseo Capuchina. 858-514-8201.

CARLSBAD. La Costa Oaks. \$3700. 3 bedroom plus bonus room, 2-1/2 bath. 2-story. Fireplace. Granite, stainless. Jacuzzi. Barbecue. Garage. 3486 Camino Cereza. 858-514-8201.

CARLSBAD. Move-in special! \$3700. 4 bedroom, 4-1/2 bath. 2-story. Fireplace. Hardwood, granite, stainless. 2-car garage. Built-ins. 6830 Jade Lane. 858-514-8201.

CARLSBAD. Beautiful home, \$3400/month. 4 bedroom, 3 bath plus loft. Fenced yard. Central air and heat. Washer/dryer hookups, refrigerator. 3-car garage. 1583 Maritime. Agent, 619-471-2201.

CHULA VISTA. Million dollar city/ocean view! 4 bedroom, 2 bath, 2-car garage, large yard and driverway, fireplace, amazing master bedroom deck. \$2450. 619-482-2076.

CHULA VISTA, OTAY RANCH. Upgraded 3 bedroom, 3 bath house with den, 3-car garage, security, built-in barbecue, solar, washer/dryer, refrigerator. \$2800. 619-370.3651

CITY HEIGHTS. House. Pleasant 3 bed-room, 2 bath, new carpet and paint, laun-dry hookups, bonus room, quiet, nonsmoking, no pets. \$1450, \$700 de-

CLAIREMONT, NORTH. \$2000. 3 bed room, 1-1/2 bath. Open floor plan, tiled floors. 2-car garage. Fenced yard. Mowing and hedging provided. Call 858-273-7241.

CLAIRMONT. \$2150. Remodeled 3 bed-room house, fireplace, patio, includes washer/dryer, refrigerator, 2-car garage, landscaped backyard/automated sprin-klers. Available 2/1. No smoking. Pets OK. 619-867-5576.

CLAIREMONT. \$1800. Charming 3 bed-room, 2 bath house with 2-car garage. Gardener included. Washer/dryer, Quiet neighborhood. Westbourne Realtors,

858-488-4800.

CLAIREMONT. \$1450. 2 bedroom, 1 bath house. 1-car garage. No pets. Nonsmoking. Carpet/paint. Dishwasher. Patio. Large fenced yards. 3566 Idlewild Way. Juno, 619-275-3455.

COLLEGE AREA. 3 bedroom, 2.5 bath, 2 car garage. Huge fenced yard, BBQ gazebo, hardwood, fireplace, renovated en, much more. Water, garbage in-ed. \$2,000. (619)804-7002.

COLLEGE AREA. 2 bedroom, 1 bath, hardwood floors, fireplace, appliances, off-street parking, \$1150, 4561 55th Street. Close to SDSU. 619-277-4545.

COLLEGE AREA/SDSU. 1619-277-4545.

COLLEGE AREA/SDSU. Large 2 bedroom, 1 bath house with pool, \$1600.

Garage, laundry hookups. Available early
February. 5171 Rincon Street. Agent, 619-260-1368. View at http://sevillemgmt.

COLLEGE AREA, \$2300, 3 bedroom, 2 bath plus office available now. Remod-eled kitchen, new granite/tile/cabinets. Newer carpet/paint. Garage, washer/dryer. 619-933-5824, bhaneke@

EL CAJON. \$1695. Newly remodeled 3 ъ пож. » пож. Newly remodeled 3 bedroom, 2 bath house with parking. Storage. Fireplace. Hardwood floors throughout. Washer/dryer. Dishwasher. Pets ok. Lease. 1695 North Second. 619-590-0555.

EL CAJON. \$1650/month. 1634 estimated square feet. 4 bedroom, 2 bath. Pets OK. Large yard. New carpet, den/office, central heat and air. Agent, 619-471-2201.

EL CAJON/Avocado area. \$2500. 3 bed room, 2 bath. Large private back yard with covered patio, room for RV, boat, etc. All new appliances. Fireplace. Air Conditioning. Attached 2-car garage with hookups. Close to all. Move-in ready. Available now! 619-540-6526 or 619-741-4378.

ENCINITAS. Swamis ocean view. 2 bed-room plus den, 1-1/2 bath. Walk to beach, Coaster. One-car garage. Washer/dryer. No smoking/pets. 1075 Cornish Drive. \$2195. 760-942-7559.

ESCONDIDO. \$925-\$1695. Tired of apartment living? Beautiful 1, 2 & 3 bedroom ment living? Beautiful 1, 2 & 3 bedroom manufactured homes offer spectacular hilltop views. Full-sized washer/dryer, some small yards. Peaceful community, sorry no pets. 1924 Sheridan Avenue. 760-745-1677.

FSCONDIDO. \$875-\$925. 3-pleasant, newly refurbished places: 2 bedroom, 1 bath duplex (2 units available) or 3 bedroom, 1 bath house. Walk/downtown Escondido. 760-742-3561.

FLETCHER HILLS. Large 3 bedroom, 2 bath house plus bonus room. 2-car garage. All appliances. Fireplace. Fenced yard. Lease. \$1995. 619-985-7345, 858-452-2188.

GOLDEN HILL. 3 bedroom, small yard,

GOLDEN HILL. 3 bedroom, small yard, off-street parking, washer/dryer, dishwasher, new carpet/lie. \$1650. Pets OK. 2630 E Street. Lyn, 619-944-1740.

HILLCREST. \$1750. Darling Spanish cottage, fabulously updated. Vintage 1933 charm, with new everything. Granite/stainless kitchen, gorgeous tile bathroom. Must seel Robinson near Vermont. Kathleen, 619-838-3358.

LA JOLLA. \$1850. Large 2 bedroom, 1-1/2 bath apartment. No pets. Nonsmoking. Fireplace. New carpet/paint/appliances. Large patio. View. 8040 La Jolla Shores Drive #E. Juno, 619-275-3455.

LA JOLLA. 4 bedroom, 2 bath house. \$2950. Spacious backyard. Close to Tourmaline Beach. Stop by leasing office at 5060 La Jolla Boulevard. 655 Wretton. TPPM, 858-492. 7413 www.cased.barg.info. 483-7412, www.casadelmar.info.

483-(412, www.casadelmar.info.

LA MESA. \$945. 1 bedroom, 1 bath Cottage. Cute, cute, cute! Quiet, secure.
Ready now. If you can see it, you wil rent it! Off-street parking. Laundry. 8646 Law
Mesa Boulevard. Call to see, Rachael at 619-804-1044 or Jeff at 619-713-1044.

LA MESA. 3 bedroom, 2 bath plus office on mountain. Fantastic view to ocean! 2000 square feet. Garage. Family room. Fireplace. \$2675. Lease. Agent, Bill, 619-823-1674.

LA MESA. 3 bedroom, 2 bath home. 2-car garage. Enclosed patio. New carpet, fire-place, washer/dryer. Available now! 9369 Loren Drive. Agent, 619-471-1739.

LA MESA. 3 bedroom, 2 bath. 1125 square feet. Hills of La Mesa. Enclosed sunroom/deck, large backyard. 2-car garage. Washer/dryer, refrigerator, fireplace. 8805 Fabienne Way. Agent, 619-471-2201.

LA MESA. 4 bedroom, 2 bath, yard, deck, fireplaces, washer/dryer, dishwasher, 2-car parking. Pets OK. \$1995. 3745 Citrus. Chris, 619-339-3609.

LAKESIDE. \$1300. 2 bedroom, 1 bath house. Huge fenced yard. Laundry room in house. 1 car attached garage. Off Wintergardens. 858-560-0272.

LAKESIDE. \$100 off first month! Country style 2 bedroom ranch house. 2-yards. New carpeting. Private. Security. Laundry. \$1650/monthly. RV space, live-in, also available, \$450/monthly. 619-685-

Oriental Massage

Acupressure ~ Deep Tissue

Relaxation ~ Jacuzzi

Open 7 days ~ 9 am-10 pm

619-286-1142

6506 El Cajon Blud. #A

(at Aragon St.)

License #2006011554

LEMON GROVE. Quiet, secluded, spacious 3 bedroom, 2 bath 3000+-square-foot house, laundry hookups, central air, appliances, hardwood, 2 fireplaces, double carport, formal dining, large patio/yard. \$2800/month includes wa 619-888-0319

LEMON GROVE. \$1650. 2 bedroom, 1 bath house. All new bathroom, newly painted and carpeted throughout. Large fenced yard with separate storage. Garage converted into workroom. Near shopping. Pets negotiable. 619-271-2550

MIRA MESA. \$1850. Large 3 bedroom, 2 bath plus large den. House. 2-car garage. Fireplace. Yards. No pets. New carpet/paint. Dishwasher. Clean. 10938 Polaris Drive. Juno, 619-275-3455.

Folans Drive. Julno, 619-275-3455.

MISSION BAY. 2 bedroom, 2 bath. Quiet, beautiful manufactured home community. New carpet, paint. 50' from water. Hurryl Available now. Deposit plus references. \$2000/month. 619-548-8992.

MISSION BEACH, NORTH. 1 bedroom house, hardwood floors, garage, small fenced yard, laundry hookups. \$1550. 760-753-6864.

760-753-6864.

MOUNT HELIX. \$3600.5 bedroom, 4 bath house plus den on private 1/2 acre. Pool. Citrus trees. 2 fireplaces. Upper and lower decks with magnificent views. Must see to appreciate 1 year lease. Includes gardener and pool service. Shown by appointment only, 619-427-5533.

MT. HELIX. 4 bedroom, 2.5 bath home. 2400 square feet. Quiet neighborhood. 2-car garage. Pool. No pets. Deposit. \$2300 includes gardener/pool service. 619-443-9192.

NORMAL HEIGHTS. Sparkling 2 bedroom renovated top to bottom! New paint. New laminate floors. New Berber carpet. New kitchen cabinets, refrigerator, stove/oven. Stack washer/dryer. Landscaped. Offstreet parking. Like new home! \$1295. 4411 39th Street. See at northcuttproperties.com. Agent, 858-505-1300.

ties.com. Agent, 858-505-1300.

NORTH PARK. Large 3 bedroom, 2 bath home. Garage. Living room. Fireplace. Large fenced yard. Pets OK. \$2500 includes gardener/water. Available 2/1/08. Appointments, 619-296-2873.

NORTH PARK. \$1750. Spacious 3 bed-room, 2 bath house, bonus basement room, great location, private. Available now. No Section 8. Pets OK. 619-980-

NORTH PARK. \$895. Charming 1 bed-room cottage. Dining room. Near Morley Field. Hardwood floors. 1930s-stylc fenced courtyard. Cat OK. 3364-1/2 Grim Avenue. 619-692-0732, 619-857-1187.

OCEAN BEACH. 2 bedroom, 1 bath house. Laundry hookups. Appliances. Yard. Dog OK. \$1850/month. 4579 Cape May. 619-224-4215.

OCEAN BEACH. \$2495.3 bedroom home. Sunset Cliffs area! 2-car garage. Refinished hardwood floors. Fresh paint. Microwave. Covered patio. Includes gardener. 4625 Granger Street. Shore Management, 858-274-3500.

PACIFIC BEACH/DEANZA COVE. \$2200. Cute, cozy 2 bedroom, 2 bath mobile home on the cove. Includes washer/dryer, utilities/cable. Mike, 858-456-0407; 858-344-1033.

PACIFIC BEACH. \$2250. Large 3 bedroom, 2 bath house. Completely remodeled. Washer/dryer. Fireplace. Stove, refrigerator. Heat. Fenced yard. Carport. Available 1/19. 1810 Chalcedony. 619-884-3399.

PACIFIC BEACH. 2 bedroom, 1 bath house, 2-1/2 blocks to beach, yard, park-ing and storage, \$1800. Available Febru-ary 1, 954 Thomas Avnue. Call 858-273-4812.

PACIFIC BEACH. \$1300. 2 bedroom, 1 bath house, refrigerator, stove, walk to bay or beach, comes with 1-car garage. Fee. Free search at www.westsiderentals.

PACIFIC BEACH. \$1900. 3 bedroom, 1 bath house, 2-car parking included, refrigerator, stove, yard, approximately 1100 square feet. Fee. Free search at www.westsiderentals.com. 619-367-3333.

POINT LOMA. 2 bedroom, 2-3/4 bath house. \$2800. 3240 Lowell Street. City/ bay views! Great room! Cathedral ceings. New carpeting. 2 fireplaces. Built-in bar. Garage. Yard. Pets OK. About 2900 square feet. 619-435-0387.

POWAY. \$2150. 3 bedroom, 2.5 bath house, refrigerator, stove, dishwasher, yard, patio, central air, in-unit washer/dyer. Fee. Free search at www. westsiderentals.com. 619-367-3333.

POWAY. Rent-to-own, 5 bedroom, 3 bath, 2-car garage, \$6000/month. 1 acre, fully upgraded, nice neighborhood. Pets OK. Call 619-606-1462.

ROSARITO BEACH, Mexico, Oceanfront home, 3 bedroom, 3 bath, double car garage. 30 miles from border. \$2000/ month. Call 619-994-0449.

SAN CARLOS. Beautifull Like new 2 bedroom, 2 bath. All appliances. Fireplace. Celling fans. 2-car garage. Walk-in closet. Patios, Jacuzzi. Yard. No pets. Nonsmoking. Near shopping, more. \$1795. 619-286-2634.

286-2634.

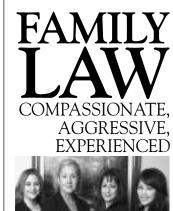
SANTEE. \$1750. Deposit \$1750. \$40 credit check. Lease. 3 bedroom home. Remodeled kitchen, baths, tile floors, carpeted bedrooms, living/family rooms, fireplace, 1500. 619-203-5247, 619-807-3542.

SANTEE. \$2000 (includes gardener). 3 bedroom, 2 bath, single story with fenced back yard, freshly painted, new carpet, garage. 8538 Kreiner Way. Leasing Unlimited, 760-436-7273.

Our firm specializes in

all aspects of family law including:

SERVICES



• Divorce Mediation • Child Custody and Visitation • Child and Spousal

Support • Pre-Nuptial and Post-Nuptial Agreements Serving San Diego

for 26 years.

619-692-8100

The Law Offices of Julia M. Garwood, APLC 1450 Frazee Rd., Ste. 602 San Diego, CA 92108

GarwoodFamilyLaw.com

DENTA IMPLAN

Free Consultation/Exam Lifetime Warranty

> Call Dr. D. George Oates: 858-273-9435

COMPLIMENTARY **DESIGNER HAIRCUT**

with purchase of any highlight or lowlight service. (New clients only. Expires 2/28/08.)

or 50% Off

SHARI

- Specializing in color & Paul Brown relaxers Precision haircuts

BY APPT.: 619-742-3888 SALON D2

1295 W. Morena Blvd. San Diego

BE 8-20 INCHES

Precision Cut \$35

Partial Hi-Lite \$50

Evelash Extensions \$125

Offers valid with this ad. First-time

Specializing in hi/low lites and Over 20 years of experience.

soulé) 3760 Sports Arena Blvd.

619.221.9160







Non-Fluid **Inch Loss** Try Our Body **Contour Wraps!**

• Tones & Tightens

• Improves Skin Texture **\$52/One Wrap** (Reg. \$65)

\$130/Three Wraps (Reg. \$195) First-time clients only.

FANIÉ Unique botanical products for people of all ages. No synthetics, animal fats, waxes, 858-581-3321 glycolic acids or perfumes. <u>Heals</u> the skin, not seals it.

KARIE HAYDEN 975 Hornblend #D • Pacific Beach www.kariehayden.com

IN JUST ONE HOUR! As seen on the Tyra Banks & Ellen shows! **NOT A TEMPORARY WATER LOSS!** Melt inches from thighs, hips & waistline Detoxify • Get rid of cellulite \$10 OFF FAT BURNER or any DOUBLE MINERAL WRAP or AIRBRUSH TAN • New clients only. Burn up to 4,000 calories and 5% Body Fat in ONE hour with the French Sudatonic FAT REDUCTION treatment. **SUDDENLY SLIMMER** THE Body Wrap www.suddenlyslimmer.net 858-551-5196

• For Men & Women

SPRING VALLEY. \$1,500. 3 bedroom, 2

SPRING VALLEY. \$1,325. 2 bedroom house with front and back yard. All new carpet, paint, vinyl, tile. Includes trash, water, landscapping, Washer/dryer hookups. (619)583-8391.

nookups. (619)583-8391.

SPRING VALLEY, \$2074. 3 bedroom, 1.5
bath beautifully remodeled house. New
carpet, flooring, paint and blinds. 1-car
garage, fenced yard and great mountain
views. Available now. Small pets OKI 830
Pecos Street. Agent, 858-560-1178.

TIERRASANTA. Large 4 bedroom, 2 bath,
2 car garage. Great location. Near all.
Nonsmoking. No pets. Granite. Big yard/
patio. Available March 7. \$2395. 858-5657664.

7664.

UNIVERSITY HEIGHTS. \$1325. Picture

-fact cottage 1 bedroom, 1 bath. perfect cottage, 1 bedroom, 1 bath. Wood floors. Huge den. Fenced yard. Parking. Freeway access. Laundry. 2720 . Agent. 619-692-4121

Monroe Avenue. Agent, 619-692-4121.
Valley CENTER. Woods Valley. \$4000.
Over 4500 square feet. 4-car garage. On cul-de-sac. Brand new, move in anytime. Nonsmoking. No pets. Call for details, Top Notch Realty, Inc., 858-715-0688.

RENTALS

A PARTMENTS / Condos

PLACE PRINTED ADS in the Reader by POST FREE ONLINE ADS with photos at ousands of classified ads not printed here!

Inner Balance

Skin Care

Microdermabrasion

only \$45

Yonka of Paris Facials,

Rhonda Allison Peels,

Microdermabrasion,

Body Wraps, Sunless

Tanning, Foot Treatments,

Waxing-Brazilian & Bikini

975 Hornblend, Ste. E

858-274-6989

www.inner-balance.com

Free Classifieds!

#3. AMI Property Management, 619-697-BANKER'S HILL. \$800. Garden View studio. charming gated building with laun-dry, barbecue, community view deck, parking. 128 West Maple. 619-234-1994.

parking. 128 West Maple. 619-234-1994.

BANKER'S HILL. \$1000-\$1200/lease.
Fully restored, luxury studios with new stainless appliances, granite counters, stone tiled kitchen and bath, clawfoot bathtubs, hardwood floors, ceiling fans, top-of-the-line fixtures, on-site laundry, rooftop deck with views. No pets. Nonsmoking. 2408 Second Avenue. Call for appointment, 619-232-0153 or 858-361-8234 or 619-851-4521. www.sdreader.com/rent/2159.

BANKER'S HILL. \$890. Newly remodeled 1 bedroom. Well-kept, classic building designed by Gill. Stove, refrigerator, gas included. Laundry onsite. Near bus. 619-

BANKER'S HILL, \$1625, 2 bedroom, 2

BANKER'S HILL. \$1625. 2 bedroom, 2 bath condo with partial view. Great location, modern style, fireplace, central heating and air, washer/dryer in unit, porch. Nonsmoking unit. Under 25 pound pet with \$500 additional deposit. 1-car garage. 2930 Columbia Street #B. CCPM, 610.206.6600

619-296-6699.

BANKER' SHILL Will go fast! \$800-\$900
per month. Deposit \$800-\$900. Spacious
studios in secured vintage building with
great views. First Avenue/Hawthorn: Full
size kitchen and bath. On-site laundry.
On street parking. Cats only with \$200
deposit. 619-325-7332.

ads with photos at SDReader.com

ALLIED GARDENS. \$1175. 2 bedroom, 2 bath. New custom two tone paint, blinds and carpet throughout! Parking, laundry, pool onsite. Very spacious. Sorry, no pets. 4550 Vandever. Manager, 619-282-

ALPINE. \$900. Spacious 2 bedroom, bath. Air conditioning, on-site laundry, pool. Small pets welcome. Call 619-445-0805. www.sdaptbrokers.com.

ALPINE. 2 bedrooms, \$1290. Private garages, fireplaces, vaulted ceilings. Resort-size pool and spa. Call for special! Alpine Woods, 1829 Arnold Way. 619-445-1341.

445-1341.

ALPINE. 55 and up. Spacious luxury living. 1 bedrooms, \$955. 2 bedrooms, \$1205. Special: \$75 off! Creekside Meadows, 1750 Arnold Way, 619-445-2480.

BALBOA PARK. \$925. 1 bedroom, 1 bath charming cottage available. Across from Balboa Park. No pets. 528 Olive Street. Call 619-222-4836 x14 or www.supsetpacificreally com.

Call o 19-222-4836 x14 or www. sunsetpacificrealty.com.

BANKER'S HILL. Studio, \$900. Down-stairs, facing pool, gated. Newly remod-eled, all brand new. Cats OK. Deposits \$600, pet \$300. 413 Olive Street. 619-

291-5788.

BANKER'S HILL/DOWNTOWN. \$2195.

Super nice 2 bedroom condo, hardwood floors, 2 patios, fireplace, teriffic view, washer/dryer. Pets OK. Available now. Call Steve at 619-696-7500.

BANKER'S HILL. \$825. 1 bedroom apartment, laundry, close to all. Wood floors. 1915 4th Avenue #5. AMI Property Management. 619-697-6314.

agement. 619-697-6314.

BANKER'S HILL. \$750. Studio apartment. \$200 off first month's rent! Great location. Close to all! No pets. 2027 Front Street

BANKER'S HILL. Charming 1 bedroom, 1 bath condo, covered parking, pool, near Balboa Park/Downtown/Hob Nob. 2244 2nd Avenue. \$1150. 714-323-9317. BANKER'S HILL. \$2250. Extra nice 2 bedroom townhouse with den. Open and bright! Garage, fireplace, large storage. Cat OK. 2233 5th Avenue. Agent, 619-

469-7790. www.westmanproperties.com.

BANKER'S HILL. Two large studios, main floor. Both have hardwood floors, \$795 with \$500 deposit. OAC. Avenue. Call

od floors, full kitchen, private pat 2271 4th Avenue. 619-885-5915

ok. 2271 4th Avenue. 619-885-5915.

BANKER'S HILL. Move-in special: Half off first month's rent! \$1495, 1 bedroom, 1 bath. \$1695, 2 bedroom, 2 bath. Immaculate community, luxury apartments, corner unit, underground parking. New carpet, blinds, granite counters, cabinets and more. Close to all. 140 West Kalmia. Open house 1/26, 11am-3pm. 619-231-1659

BANKER'S HILL. \$950. 1 bedroom, 1 bath. Parking, laundry, available now. 304 West Hawthorn Street #5. Agent, 858-

BANKER'S HILL. \$1395. 2 bedroom, 1 bath. Fenced yard, laundry, parking, small to medium pet OK. 316 West Hawthorn Street. Agent, 858-560-1178.

Banker's HLL. \$1295. 2 bedroom, 1 bath. Beautifully upgraded apartment. Tile and hardwood floors, view from wooden deck. Move-in special: 1/2 month free OAC. 310 West Hawthorn Street. Agent, 858-560-1178.

BAY PARK. 3907 Gresham Street. 2 bedroom, 2 bath condo. Awesome view! Fireplace, balcony, dishwasher, washer/dryer. 2 underground parking. \$2395/month, deposit \$2395. www. timcassidy.com. Cassidy, Broker, 619-275-LIST.

BONTA. Great view. \$1200, utilities included. 1 bedroom cottage. Balcony, deck. Across from golf course. Parking. 619-894-0536.

CARDIFF. \$1795. Large, remodeled, upper 2 bedroom, 1 bath. Some ocean view. Walk to beach, library. Parking, granite, washer/dryer. Quiet complex. Nonsmoking/pets. 2111 Manchester. 760-942-7559.

CARLSBAD from \$1400. Beautifully remodeled 2 bedrooms. Fantastic views. Walk to beach. Spacious floor plans. No pets. 2303 Ocean Street. 760-434-7721.

carlsbad. From \$925, bedrooms. Bright and airy. Laundry, pool, outdoor community kitchen, dishwasher, parking. Garages also available. No pets. 1000 Chinquapin. 760-729-8681 or e-mail woodridgemanager@sbcglobal.net.

CARLSBAD. \$1375. 2 bedroom, 1-1/2 bath townhouse-style apartment with large patio. 3 blocks to beach. Secluded garden complex. 2 parking spaces. No pets. 370 Chinquapin Avenue. TPPM, 760-729-8132.

CARLSBAD. \$1295. 2 bedroom, 2 bath apartment, dishwasher, fireplace, newly upgraded exteriors with controlled access in downtown. Free search at www. westsiderentals.com. 619-367-3333.

CARLSBAD/LA COSTA. \$1495. Large. Lxury 2 bedrom, 2 bath in beautiful garden complex with views over La Costa golf course. Fireplace, washer/dryer, air conditioning, pool, spa, sauna. 2381 Caringa Way. Alicante Views. TPPM, 760-431-7575.

CARLSBAD/LA COSTA. \$1625. Large, luxury 3 bedroom, 2 bath in beautiful garden complex with views over La Costa golf course. Fireplace, washer/dryer, air conditioning, pool, spa, sauna. 2385 Caringa Way. Alicante Views. TPPM, 760-431-7575.

CARMEL MOUNTAIN RANCH. 2 bedroom, 2 bath condo. 1-car garage. Vaulted ceilings, washer/dryer, beige paint. 1-year lease. Available now. \$1795. Peter, 858-663-5695.

reter, 858-663-5695.

CARMEL VALLEY. Looking for affordable luxury living? 1 and 2 bedrooms. Flexible leases; call for current rates. Near beaches, shopping, easy freeway access, great school district! Free tennis, swimming lessons! Washer/dryer. Parking. Fitness center. Pool. No pets. Club Torrey Pines, 12646 Torrey Bluff Drive. 1-866-354-2096. www.sdreader.com/rent/2106.

CASA DE ORO. Half off first month, OAC! \$1050. 2 bedroom. \$1299. 3 bedroom, 2 \$1050. 2 bedroom. \$1299. 3 bedroom, 2 bath. Spacious. Laundry, balconies, pool. Military accepted. Espanol. 619-857-

CASA DE ORO/RANCHO SAN DIEGO. \$685 includes utilities. Immaculate, large studio. Quiet, private, nice. Off-street parking. Near shopping/freeway. No smoke/drugs/pets. 619-465-0482.

CHULA VISTA. \$855, including garage, large 1 bedroom apartments. Walk-in closets, laundry on site. Pool, jacuzzi, gas grill, park-like setting. 619-425-0670.

CHULA VISTA. \$100 off first month's rent! Spacious 2 bedroom, 1 bath, \$1100 with \$900 deposit OAC. 1 bedroom, 1 bath, \$900 with \$800 deposit. Pool, laundry room. Close to mall/fireeway. Available now. 433 D Street. 619-632-0080.

CHULA VISTA. \$775/month. \$250 deposit. 1 bedroom, fully furnished. 2 blocks from Chula Vista Center. Off-street parking. Laundry room. Lots of trees. 521 Park Way. Office open daily (near Fifth and G). 619-420-5084.

CHULA VISTA. Large 2 bedroom, 2 bath Gated. central air/heat, dishwasher, bal Gated, central air/heat, dishwasher, bal-cony, laundry, off-street parking. Section 8 OK. No pets. \$1125. Deposit \$800. 619-

CHULA VISTA/OTAY RANCH. \$975. 1 bedroom with full bath, kitchenette and living room. Private entrance. Air conditioning/heater. Utilities included. Microwave, refrigerator. 619-656-3652; 619-253-4786.

CITY HEIGHTS. \$995. 2 bedroom, 1 bath condo. Pools. Gym. Laundry. No section 8. Gated community. Near freeway/shopping/downtown. Cats OK. Lease. Susan, 619-588-2370.

CITY HEIGHTS. Cute 1 bedroom, 1 bath. 2559 Fairmount Avenue. Small gated building close to freeway. \$700/month, \$700 deposit. Se habla espanol. Call Victoria, 619-994-7071.

CITY HEIGHTS. \$675 rent, \$600 deposit OAC. 1 bedroom duplex. New carpet. No pets. At 4331-1/2 41st Street. 619-299-8515

CITY HEIGHTS/NORTH PARK, \$795 Very spacious, well maintained upper 1 bedroom available 2/1. Recently remodeled. Ceiling fan, reserved parking, gated, laundry. No pets. 619-276-5520.

CITY HEIGHTS. \$895. 2 bedroom, 1 bath condo. Downstairs, new floor, canyon view, water/sewer/trash included. 2840 39th Street #10. People Helping Others Property Management, 619-282-5400. www.peoplehelpingothers.com.

CITY HEIGHTS. Two 1 bedroom, 1 baths, 600 square feet, \$750. Near SDSU. 4316 52nd Street. People Helping Others Property Management, 619-282-5400. www.peoplehelpingothers.com.

CITY HEIGHTS. \$850. Half off first month! Spacious 2 bedroom, 1 bath. Close to busline and freeway. Laundry. No pets. 4061 37th Street. Agent, 619-298-7724.

CITY HEIGHTS. Small 1 bedroom with private patio and recent improvements. \$625, \$500 deposit. Secure and convenient, laundry, nonsmoking and quiet. 619-521-2050.

CITY HEIGHTS. \$725, 1 bedroom. Upstairs unit. Updated/clean. Parking and laundry onsite. No pets. 2617 Highland. Agent, 619-820-2584.

CLAIREMONT/KEARNY MESA. Wexford CLAIREMONI / REARNY MESA. Wexford Manor. Large 1 and 2 bedrooms in beautiful complex with pool, spa, laundry, air conditioning, dishwasher. Sorry, no pets. \$995-\$1295. Photos at www. WexfordLiving.com. 7870 Stalmer Street. 858-277-4843. CLAIREMONT. Free daily continental breakfast, HBO, concierge service, maid/ linen service! 6-12 month lease discounts! Furnished studios from \$395/ week; \$1195/month! Corporate housing available. Utilities included! Microwave. Mini-refrigerator. Laundry. Pool, spa. Central location. Garden surroundings. Parking. No pets. California Suites Hotel. \$415 Clairemont Mesa Boulevard. 1-888-475-7147. www.sdreader.com/rent/2035. CLAIREMONT. Free daily continental

475-7147. www.sdreader.com/rent/2035.

CLAIREMONT/MISSION BAY. "Unbeatable move-in Specials!" Up to \$250 off move on select units. Newly remodeled 1,2 bedrooms. 1 bedroom starting \$1085, 2 bedrooms starting \$1300. Air conditioning. Movie theatre. Pet deposit. Gym. Yoga. Pool. Coral Bay Canyon, 3309 Cowley Way. Toll free: 1-877-585-1146. www. CoralBayApartments.com. www. sdreader.com/rent/1031.

CLAIREMONT. \$1195. Upstairs 2 bed-room, 1 bath canyon triplex. Overlooking peaceful canyon. Beautiful views. New carpet. Deck. Laundry. Walk to Claire-mont Square. No pets. 619-286-3400.

CLAIREMONT/MISSION BAY. Up to \$250 off! 1 bedroom, 1 bath from \$1085. \$250 off! 1 bedroom, 1 bath from \$1085. 2 bedroom, 1 bath from \$1300. Dishwasher, microwave. Tennis, basketball wasner, microwave. Jennis, basketoali. Movie theatre, pool, gym, yoga lessons. Pet with deposit. Available now. Monday-Saturday, 9am-6pm. Sunday, 10am-5pm. Coral Bay Park, 3309 Cowley Way. www.CoralBayCanyonAndParkApartments.com. Call: 1-877-585-1146. www.sdreader.com/rent/ 1070.

CLAIREMONT. \$1550. Wonderful 2 bedroom, 2 bath condo in Bay Ho. Upgraded unit, large balcony, pool. 2 parking spaces. Available 2/1/2008. Westbourne 858-488-4800.

Realtors. 858-488-4800.

CLAIREMONT. 8875. 1 bedroom. Upstairs. Pool. Laundry. Off-street parking. No pets. Close to I-163. Available now. 7322 Mesa College Drive. 858-560-6204.

COLLEGE AREA/TALMADGE. Extremely large 2 bedroom, 2 bath. Controlled entry. All amenities. Parking. Laundry on premises. Park-like grounds. Near shops and bus. 619-287-1996. 619-461-9415.

and bus. 619-287-1996. 619-461-9415.

COLLEGE AREA. From \$1195. 2 bedroom, 2 bath condos. Balcony/patio. Gas stove, microwave. Central air/heat. Dish-washer. Washer/dryer hook-ups. Gated. Pet on approval. Near all/golf course. 619-285-3822.

COLLEGE AREA. \$900. 1 bedroom, 1 bath condo, gated community. Available bath condo, gated community. Available now. No Section 8. Pets considered. Call for appointment: 619-980-6076.

college AREA. 3 bedroom, 2.5 bath townhome with attached garage. Patio, full size washer/dryer, central air. Tile floors throughout, upgraded granite. \$1975. Allison, 858-395-2632.

COLLEGE AREA. \$1300. 3 bedroom, 2 bath apartment. 1200 square feet. Off-street parking. New paint/carpet. Pool/spa. No pets. 5493 Adobe Falls, #12. Call

COLLEGE AREA/TALMADGE. \$695-\$725 rent. \$600 deposit. OAC. Large 1 bedroom. Parking. Laundry. No pets. At 4423 Menlo Avenue #12 or #16. 619-990-5021

COLLEGE AREA. \$100 off first month's COLLEGE AREA. \$100 off first month's rent! 1 bedrooms from \$950. 2 bedroom, 1 bath at \$1200. !High-speed Internet access. Gourmet kitchen. Microwave. Gasange. Central air conditioning and heating. Large walk-in closet. Controlled access. Pool. Barbecue and picnic areas. Cat-friendly. Parking. Walking distance to campus! Aztec Pacific, 6663 Montezuma Road. Toll free: 1-800-433-6120. See www.pacificliving.com; www.sdreader

Must mention coupon when making appointment. Expires 2/29/08.

SERVICES

Yoshi Massage

Oriental Spa & Hot Tub

1943 Grand Ave.

Pacific Beach

\$10 Off

858-274-5371

9 am-10 pm • 7 days

SERVICES DIRECTORY 619-235-8200

HOME

Tubs Refinished

Refinish your old, worn-out bathtubs/sinks to look like new! Fiberglass and porcelain. All work guaranteed. Lic-560438. Bathtubs & Sinks Refinishing Company. 619-464-5141

CARPENTERS

No Job Too Tall

No job too small -Tall-T Carpentry/General Contractor does it all! Dry-rot, additions, decks, patios, remodels, repairs. Tall-T Carpentry, Lic-B649090. 619-672-1164.

CARPETS

U.S. Carpet Care

2 rooms/hall \$59. Call us first! Professional truck mounted carpet/upholstery/tile. Absolutely no hidden charges. Clean guaranteed. Since 1989. 619-298-9106.

Super Team Steam

Free room carpet cleaning! (no strings at-tached). I.I.C.R.C. Certified Technician. Truck mounted equipment. Carpet clean-ing. Upholstery fabric cleaning. Licensed. Satisfaction guaranteed. 619-339-6232.

Special! 3 Areas \$45

\$45 Sofas! Superior Carpet/Upholstery Cleaning. Spot treatment, steam clean and spin-dry. 25 years experience. 100% satis-faction guarantee. JPC Cleaning, 619-322-3673

CHILD CARE

Infant/Preschool

Clairement Academy Kids enrolling now. Preschool focusing on phonics, math, science, art, music. School age care with tutoring and activities available. toring and 619-665-7878.

CLEANING

Country Cleaning!

Homes, offices, rental properties. Take pride in doing it right! I am someone people trust! Good references. Owner, Patti Lomeli, 619-402-5143. E-mail:

Dust Bunnies?

Personalized service by experienced pro-fessionals. Move-outs, spring cleans, vaca-tion homes, remodeling cleanup, small offices, residential. Phone quotes! Art of ottices, residential.Phone quotes! Art of Clean Agency, 858-270-5558; 619-276-5558.

Attention Movers!

Specializing in move-in/move-out and construction site clean-ups. We clean until it shines! We do windows! Free estimates! BBB member. Liza's Cleaning, 619-864-0210.

CONCRETE

Micon Construction

Concrete construction: structural, foundations, decorative pool decks, driveways, sidewalks, patios, block/concrete walls. 23 years experience. Lie#338528. Free estimates! Call 760-594-1135.

ING Concrete

Affordable quality. Driveways, foundations, block retaining walls, stamped concrete, patios, etc. Free estimates! 18 years experience. Lic# 891739. Bonded/Insured. 619-846-4499.

CONSTRUCTION

Contractor

Termite, fungus, dry-rot repair specialists. Decks, patio covers, home improvements. 15 years experience. Lic#614165. Prompt response. BBB member. Call Michael Hardy now! Cell 619-787-7082.

Kitchen & Bath

Design. Remodeling or new construction. Honest, reliable. Quality. Custom fit to suit your individual needs. Service all San Diego. 858-740-4536 web: www.GourmetGalleys.net.

Garcia's

Construction. Specializing in: New homes, remodels, additions, roofing, drywall, plumbing, stucco, framing, tile, and concrete. Lic#898089. Free estimate. Call Jesse, cell 619-788-1646; Juan, 619-254-9503.

CONTRACTORS

California Coast

Quality, reliability, and affordability for your remodeling projects. All types of remodeling including new construction, room additions, kitchens/baths. Lic#896062. Free estimates. 858-733-1126.

CROWN MOLDING

Moldings for Less

Professional crown molding installation. Materials can be provided. Baseboards, wainscot, painting. 10 years experience. Mention Reader ad-10% off! Free estimate! 619-606-7623.

DOORS

Got Doors?

We specialize in doors! Interior, exterior, new construction or replacement. Allied Contracting, local contractor with 20+years experience. Please call 619-795-2930. No job too small.

ELECTRICAL

Quality Affordable

Clean, quality work. All types electrical work. Residential/commercial. Service/re-pair, panels, custom lighting, spas. Bonded/insured. Lic#903497. Free esti-mates! Jacobs Electric, 619-843-9291.

Free Estimates!

All your electrical needs. Fast and friendly service. Commercial/residential. Service upgrades, remodels, troubleshooting, ceiling fans, can lights. Satisfaction guaranteed. Unlicensed Journeyman. 619-818-9726.

FENCES

California Fence

Wood, chain link, iron, guard rail, trash enclosures, barricades, welding. New, repair, installing. Lic#804726. Califor-nia Fence Company, 619-754-1016; californiafence@hotmail.com.

Flooring Special!

Carpet, \$1.67/square foot includes installation and pad. Hardwood, \$4.99/square foot. Laminate and tile, \$1.29/square foot. Lic#818658. Call Unique Flooring, 760-945-0010 or 760-908-3947.

New Wave Renovation

General building contractor #903659. Laminate and tile flooring installation 10% off. Painting/staining, decks/patios, bath/kitchen remodels. Free estimates! 619-699-9607, 619-957-4221.

GARDENING

John's Gardening 619-778-4625

Clean ups, professional maintenance, sprinkler repair, hauling. Pruning, weed control. Low rates guaranteed. Free estimate. Flexible schedule. Weekly or biweekly service available. Call to schedule appointment. Office 619-461-9771.

GLASS AND MIRROR

Tub and Shower

doors. Mirror doors. Patio doors. Windows and screens. Textured glass. Heavy glass to 3/4" thick. Install/repair/sales. Lic-471954. Jeff, 858-576-4321.

HANDYMAN

24 Hour Service Quality service; reasonable rates. Small repairs, painting, drywall, electrical, hauling wooden fences, pressure washing

Gregg's Maintenance & Repair. Gregg, 619-249-8365. John, 858-449-6569. Contractor

Contractor quality/handyman prices! Car-pentry, plumbing, electrical, drywall, con-crete, roofing, repairs, remodels, more Licensed, insured, workers' compensation. All work guaranteed. Lic-827834, Visa/ MasterCard accepted. ADM, 619-469-2341; 888-ADM-2-FIX.

M.A.R. Handyman

Electric and plumbing. Carpentry. Tile and flooring. Home repair. Free estimates. Quality work done the first time! Mark, business: 619-269-0585; cell, 619-674-3253.

Have a Project?

I have the solution! Serving East County. Call Marcus: 619-937-5364.

Everybody Loves

Raymond's work and prices. Former contractor in Oregon for 20 years. Plumbing, carpentry, drywall, painting, decks, and more! Raymond, 619-852-6289; Shane, 619-253-7525.

Satisfaction Guaranteed

All projects -large and small. Fast, experienced, and reliable. Russell Home Repairs and Improvements. 619-851-8578.

COLLEGE AREA. 1 bedrooms, \$900/up. 2 bedroom, 2 bath, \$1325. Fireplace. Central heat/air. Microwave, dishwasher. Balcony. Gated. Intercom entry. 4828 Art Street. Agent, 619-298-7724.

COLLEGE AREA/TALMADGE. \$735. Nice 1 bedroom apartment. Quiet building downstairs, large rooms. Coin laundry Cat OK. 4438 Menlo Avenue. Agent, 619 v.westmanproperties.com.

COLLEGE AREA. 1 bedroom, special rate \$795/month. 2 bedroom, 1-1/2 bath townhouse, \$1150. On approved credit. Gated entry, laundry, air conditioning. Assigned parking. Pool. No dogs; cat OK. 4601 63rd Street. 619-229-9248.

63rd Street. 619-229-9248.

COLLEGE AREA. \$795. Remodeled 1 bedroom. Clean, quiet, secure. New carpet, paint. Close to SDSU. This is a beautiful apartment. On-site laundry. Ready ow. If you can find one better, rent it! 7240 El Cajon Boulevard #25. Rachael,

COLLEGE AREA. \$1350. Deposit \$600. Extra large 3 bedroom, 1 bath, parking, laundry, close to all. No pets. Available now. 4205 49th Street. 619-564-8764.

COLLEGE AREA. \$1095. Extra large lower 2 bedroom 2 bath with stove, refrigerator, laundry, off-street parking. Near SDSU. Cat ok. 4644 Soria Drive #1. 619-804-3325

332b.

CROWN POINT. Top floor view condo, many amenities, secure building. Corner Lamont and Crown Point Drive. Covered parking. Quiet building. \$1350/month. 1-year lease. 858-349-7297.

year lease. 856-349-7297. **DEL MAR.** Beautiful 2 bedroom, 1 bath. Some with ocean views! Heated pool, spa, fitness center, dishwasher, microwave. No pets. 526 Camino Del Mar. 858-755-4721.

DOWNTOWN MARINA. Condo. 2 bedroom, 2 bath. 1250 square feet, balcony, Sub-Zero fridge, dishwasher, microwave, floor-to-ceiling windows, view, reserved parking, fitness, pool/spa. \$2750. 619-656-2539

DOWNTOWN/EAST VILLAGE. January

with 12 month lease! Utilities included! Office hours: daily 8am-6pm. Near Petco Park, bus/trolley. Fully furnished. Bay/ballpark views. Underground parking. Air conditioning. Laundry. Internet. Clubhouse/library. Income qualify! Island Village. 1245 Market Street. For details, 1-800-351-0613. www.sdreader.com/rest/2070.

pent/2070.

DOWNTOWN. San Diego's first hip hostel hotel. From \$49/night. From \$245/week From \$19/bed in hostel. Free wireless Internet. Near bus/trolley. Flat screen TVs. European-style detached bathrooms. Restaurant serving breakfast, lunch and dinner. 500 West Hotel. 500 West Broadway. Toll free: 1-888-895-0875. 619-234-5252. www.500WestHotel.com, www.sdreader.com/rent/2114.

DOWNTOWN. Studios with kitchen and bath, \$625-\$700. Single room with private bathroom, \$500-\$550. No smoking or pets. 10th and E Street. Hughes Management, 619-239-1639 x103.

DOWNTOWN. Comfortable rooms, \$450/ up. Studios, \$650/up. Near Gaslamp Dis-trict. Very quiet and clean. Free cable Tv, on-site laundry, vending machines, com-munity kitchen, shared bathrooms. Near munity kitchen, shared bathrooms. Near shopping, restaurants, movie theatres and Horton Plaza. No pets. Arlington Apartments, 701 7th Avenue. Hughes Management. 619-231-2385. www. sdreader.com/rent/2097.

DOWNTOWN. Cozy rooms, \$450-\$625 grab these little jewels today! Very com-fortable, convenient location, historio-building near C Street trolley. Choice of shared or private bathrooms. Free cable TV, on-site laundry, vending machines, modern elevator, no pets. Southern Hotel, 1159 6th Avenue at B, Hughes Management, 619-239-3808. www.sdreader.com/

rent/2099.

DOWNTOWN. Economical furnished rooms, \$400-\$500, best price, save money. Conveniently located on C Street tolley line, near restaurants, free cable TV, shared bathrooms, on-site laundry facilities, vending machines, elevator service, no pets, 636 C Street (between 6th and 7th). C Street Inn, Hughes Manage-

يص

Gift

Certificates Available

ment, 619-234-4165. www.sdreader.com/ DOWNTOWN. 2 bedroom, \$1200. Studio, DOWNTOWN. Gaslamp area. Move-in special, \$280. Community kitchen, shared bath, on-site laundry, vending machines, no pets, Star Hotel, 522 7th Avenue. 619-235-6068. Hughes ity. Hardwood floors. View, quiet complex, gated parking, remote entry, laundry onsite. No pets. 1830 Market. 619-405-RENT(7368).

Management.

DOWNTOWN. Outstanding furnished rooms, \$400-\$500. Heart of Gaslamp. Shared bathrooms. Community kitchen. Free cable TV. No pets. 843 4th Avenue. Windsor Hotel. 619-235-6068. Hughes Management

DOWNTOWN. Attractive rooms. Shared bath. Utilities included! Near City Col-

lege! \$400.\$595 per month. Weekly rates from \$125! 719 14th Street, Villa Victoria. Hughes Management, 619-231-2385.

Hughes Management, 619-231-2385.

DOWNTOWN, Furnished studios. From \$59/daily, from \$210/weekly rates! Ideal, affordable, short-term stays. Private bathroom, kitchenette, microwave, refrigerator, cable TV. Air conditioning, laundry, voice mail. High speed Internet. Food service daily. Near trolley/bus/freeway, Balboa Park, Gaslamp. West Park Inn, 1840-4th Avenue. www.westparkinn.com. 619-236-1600. www.sdreader.com/fent/2037.

DOWNTOWN. Brand new rooms near City College. Single rooms with kitchenettes from \$140/week plus deposit (long-term). Includes utilities/cable. Quiet, secure. Shared bath/laundry. Hotel Mediterranean. 619-231-8656. www.hotelmed-sd.com.

DOWNTOWN. Condo for rent, Santa Fe Grand. 2 bedroom, plus den, 2 bath, 1700 square feet. Bay view, underground parking. Available 2/1. Lease \$3400/month. 619-544-1797.

DOWNTOWN, \$1850, 550 Park Avenue Spacious, modern, upstairs 2 bedroom 2 bath. Fireplace, granite, stainless appliances. Laundry in-unit. Gated, underground parking. Available 2/1. Agent 619-463-2971.

DOWNTOWN. Beautiful building, new furnished rooms. Refrigerator, microwave, TV, cable. Starting at \$175 weekly. 920 Beech Street. Call 619-234-1952.

DOWNTOWN. Beautiful 1, 2, and 3 bed-rooms. Some with lofts. Parking. Ameni-ties. 1-year lease. \$2000-\$3000. www. elisabethsellssandiego.com, 619-788-2720.

DOWNTOWN. \$675. Studio, 1 bath apartment, great views, all utilities paid, near Petco Park, controlled access building. Fee. Free search at www.westsiderentals.com. 619-367-3333.

DOWNTOWN. \$750. 1 bedroom, 1 bath apartment, cat OK with deposit, hardwood floors, paid water/trash/gas. Fee.

Free search at www.westsiderentals.com. 619-367-3333. DOWNTOWN. \$1800. 2 bedrooms, 2 baths 934-square-foot condo, 1-car garage parking, near the great restaurants/nightspots in Little Italy. Fee. Free search at www.westsiderentals.com.

SERVICES



Full kitchen remodel from \$6,599*

Based on a 10'x10' kitchen. Includes designer wood cabinets, granite countertops and stainless-steel sink

Free in-home estimates • Kitchen remodels completed in as little as a week's time!

DOD Home Interiors, Inc., Cabinetry & Granite 888-882-8338 • 858-695-0800

9550 Distribution Ave. • San Diego 92121 • www.dodca.com • Lic. #754532

or upgrade to granite kitchen countertops

for only \$1,599* Includes 30 sq. ft. of granite, plywood subtop, demo and disposal of old counters and undermount sink cutout. * Certain restrictions apply. Expires 2/29/08.

Winter Special

Herb Green Peel \$395 A new skin in just 5 days. Chemical-free, no burn. Includes home care kit and after-peel facial.

Your choice of...one-hour facial, microdermabrasion, or body massage for women only \$45. First-time visit only.

PCA Chemical Peel \$80

Brazilian/Bikini

from \$20 with blue hard wax.

Mole Removal

Sun and age spots, skin tags and warts.

858-278-2786

4411 Mercury St. #109

Kearny Mesa (up close to 163 Freeway) Open Mon.-Sat. . Sunday by appointment only Offers expire 2/7/08.

Herb Rejuvenating Facial \$85

Evelash Extension

\$35 (Lasts 2 weeks) • \$99 (Lasts up to 6 weeks)

Permanent Makeup

(Seniors 10% off)

Evebrow \$200 • Eveliner \$200 Lip Liner \$200 • Full Lip \$350

Ask for Holly. 5 years' experience.

Poshé

SERVICES DIRECTORY 619-235-8200

HAULING

A & R Hauling

Will haul anything 7 days a week! Dirt and cement included. Lowest prices and immediate service! For free estimates, call 619-

Lowest Rates!

Haul almost anything. Why pay more? We've got the lowest rates, guaranteed! 10% off with ad! Open 7 days. Junk, demo, concrete, brush, yard/vacancy cleanups. Visa/Mastercard. 619-234-5530. 858-551-9376. AmericanHaulAway.com.

3 Men Will Haul

Clean 24' enclosed truck with lift gate/dol-lies. Fully equipped. Furniture, recyclables. Residential/commercial heavy lifting. Reli-able, experienced. All areas. 619-528-1877.

HEATING

Hurn Mechanical

Energy efficient heating, cooling and air purifying solutions for your home or business. Sales, service and preventative maintenance. Free installation estimates. Credit cards accepted. 619-312-1924. www.hurnmechanical.com.

LANDSCAPING

Bay Park Landscape

Serving San Diego, complete yard care, sod, irrigation, trimming, clean-ups, lighting, and design. Honest, reliable, and affordable. www.BPLandscape.com Call Jeff 619-884-2279.

All About Moving

First class, full service moves at reasonable rates. Exactly what you expect and deserve. Locally owned. Licensed/insured, CAL-T-189508. Tom Floodberg, 619-247-8018.

Careful Movers

Lowest rates guaranteed. Wardrobe boxes. Fully equipped, experienced. Local/long distance or load your truck. Fully insured. All major credit cards. (CAL-T-188922.) 619-408-0557.

Birditt Moving

Residential, office, or piano. Low rates. Serving all of Southern California. Free estimates and wardrobes. No hidden costs. Quick, friendly, professional. Fully insured. (CAL-T-176377.) Birditt Moving, 619-258-8155

Stern Moving

We will be proud to move you. Individually owned. Terrific references. Experienced. The most reasonable rates. Insured/licensed. Cal-T-145775. Please call 619-697-1694.

ORGANIZING

Procrastinating?

Spend more time looking for things than living? Clean it out and clear it up. Experienced. "At Ease" Home and Office Organization, 619-733-8139.

Angel Painting

Interior painting. Unlicensed. Negotiable low rates. Honest, reliable. Call Steve, 619-631-1357.

Never Stucco or Paint Again!

Lifetime warranty. Find out why we have 15,000 satisfied customers over 48 years with zero complaints to BBB and Contractors Board. Advanced Exteriors Lic#255401, Exclusive Rhino Shield Dealer, 1.888.Phino13, 610.741.6615 1-888-Rhino13, 619-741-6615.

A-List Painting

Interior/exterior. Stucco repairs, drywall/texture, power sanding, priming, sealing. Professional service, honest sealing. Professional service, honest prices. Bonded/insured. BBB member. San Diego. Lic#B-710231/B-C-33. John, 619-665-0754.

PLASTERING

AC Plastering

Interior plastering, repairs. Exterior, restucco. Custom quality work, clean, reliable. 20 plus years experience. Reasonable. Work guaranteed! Lic-694956. Arlex, 619-846-2734; 619-265-9294; pager, 619-418-5693.

PLUMBING

Liberty Plumbing

and drain cleaning. Great prices. All star service. Lic#863184. Insured. MC/Visa ac-cepted. 24 hour service. Mention ad re-ceive \$10 off. 619-672-0590.

Great prices!

Water heaters, repairs, re-pipes. Courteous and friendly. All work guaranteed. Lic-827834. Visa/MasterCard accepted. ADM, 619-469-2341; 888-ADM-2-FIX.

Bill Harper's

Plumbing & Heating. Senior discounts. Self employed. BBB member, Repairs, repipes, drain cleaning, fixture installation, water heaters, all plumbing. Lic-#504044. Bill, 619-224-0586.

STUCCO

Re-Stucco

Lath, block walls, stone, brick, stucco, repairs. 30 years experience. Excellent references. Reliable, reasonable, honest. Unlicensed. Drug/alcohol free crew. Chris, thank you. 619-634-5772.

TELEPHONE SERVICE

Telephone Expert

Business/residential. Replaces AT&T. 23 years. Phone jacks, roommates, fax, computer networking, cable TV, wall-mount TVs. Professional, honest, dependable. Lic-807261. 858-452-7413; 619-992-7413.

TILE

D.K. Tile

Repairs, regrouts and installation of all ceramic, tile and stone. All work done by owner. License #428658. Free estimates, 858-566-7454 or cell 858-382-2472.

TREE SERVICE

Arbor West

Providing total tree care, trimming and removals. I.S.A. Certified Arborist, Lic-C61-627801. Fully insured, 20 years experience. Free quotes. 619-295-2457.

VENT CLEANING

Stop Fire Damage!

Safety Notice: Fire Department recommended! Lint/blockage causes 20,000 house fires yearly! Cleaning/Inspection Special: \$291 Cleaning saves energy! Northstar Services, 619-729-7120.

COMPUTER

Geek-4-Hire

De-mystifying your personal confuser. Need computer help? Give us a call! Evening/weekend appointments available. Ask about special discounts! Email: geek@geek4hire.biz. 858-205-7584.

PC/MAC Support

Certified computer and network repair in your home or office. Hardware, software, spyware, viruses, wired/wireless networks, and printers. \$40/hour. 619-508-2286.

Prevent Data Loss!

Always keep your data safe with our customized backup system for your home or office. Prevention is the best solution. 619-770-0011. www.lednick.net.

50% Off Services!

Is your computer locked or running slow? Hardware/software, networks, PC tune-ups, updates, maintenance, repairs. Call Johnny On The Spot! 619-647-6248.

BUSINESS

Search Engine

Marketing

Bring your website to life and draw traffic to your business. Call for free Website Scan/Internet Business Analysis. Frank, 858-309-4386. www.wsibusinessconcepts.com.

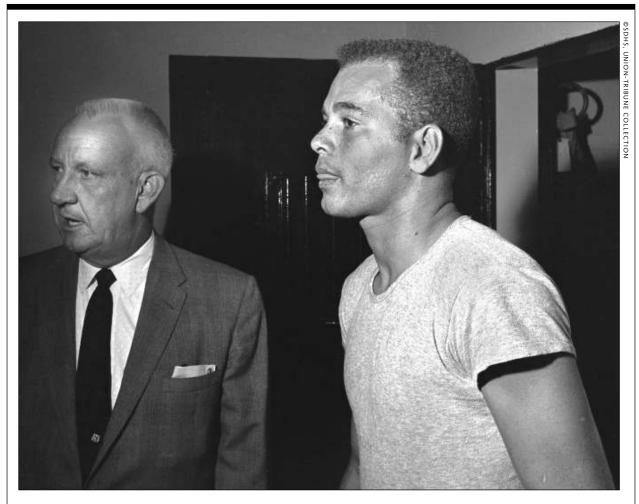
FINANCIAL

Credit Repair!

Erase bad credit legally. Money back warranty, free consultation and information. 1-866-410-7676; www.nationalcreditbuilders.com. (AAN CAN).

Cash

Immediate cash for structured settlements, annuities, law suits, inheritance, mortgage notes and cash flow. J.G. Wentworth #1. 1-800-794-7310. (AAN CAN)



n August of 1961, SDPD Deputy Chief Ray **▲**Hoobler (left) brought in a suspect to face murder charges. A woman's body was found in the Mission Bay Channel.

A newspaper editorial in 1961 noted that the previous year's crime rate was "lower than average for all U.S. metropolitan areas except

in larceny cases.... The fact that San Diego has only 1.3 officers per 1000 population as compared with national average of 2.5 makes the commendable record outstanding."

Hoobler served as police chief from 1971 until 1975.

- by Robert Mizrachi

YOU CAN PURCHASE THIS PHOTO AND MANY MORE AT THE SAN DIEGO HISTORICAL SOCIETY RESEARCH LIBRARY OR ONLINE AT WWW.SANDIEGOHISTORY.ORG. FOR MORE INFORMATION, CALL 619-232-6203, EXT. 127.

DOWNTOWN. \$1750. 2 bedrooms, 2 baths apartment, pet OK, covered parking, barbecue/picnic area, business center, spa, fitness center. Fee. Free search at www. ntals.com. 619-367-3333

DOWNTOWN. \$3000, 3 bedroom, 2 bath condo, 2-car garage parking, security, window blinds, fitness center, pool, spa,

ym, clubhouse. Fee. Free search at ww.westsiderentals.com. 619-367-

DOWNTOWN. Newer 2 bedroom, 2 bath. Available now. Parking, gated, fitness center and pool. Balcony and fireplace. Pets OK. 850 Beech Street. \$2000. 619-334-6781. www.poseidonproperty.com

DOWNTOWN. \$1900. 1 bedroom, 1 bath condo ready to move into! 3rd floor with private balcony, upgraded kitchen with island and all appliances, washer/dryer in unit, underground parking. 235 Market Street #303. Agent, 858-560-1178.

DOWNTOWN. \$6,000/month. 3 bedroom, 3.5 bath, 2-story penthouse. 20th floor,

Horizon Towers. A+ views. 2 parking, pool, fitness center. 501 1st Street. Agent, 619-471-2201.

DOWNTOWN/EAST VILLAGE. Studios from \$650. 1 bedrooms from \$725. Totally renovated. Vintage building. 10 blocks from water. Authentic hardwood floors.

PET CENTRAL

PLACE PRINTED ADS in the Reader by POST FREE ONLINE ADS with photos at

fied ads not printed here!

AQUARIUM SALE at Octopus's Garden. 20H aquarium \$20; 29 for \$29; 40R \$40. Even a 60E is just \$60. Other tank specials also. Lots of healthy saltwater fish and beautiful corals. Protein skimmers. Lighting systems, pumps, decorations and supplies at low prices at Octopus's Garden. Noon-9pm, 7 days. Call 858-576-7449.

AQUARIUMS AND PONDS! Freshwater/ 9000 square feet. Low warehouse prices! Expertise not found in Southern California cookie-cutter stores! Aquatic Warehouse. 5466 Complex Street #204, San Diego. Behind Superior Courthouse, off Claire-mont Mesa Boulevard. www. aguaticwarehouse.com. Daily, 10am

4865 Convoy Street ○San Diego • 858-576-7449 ○

7pm. Saturday, 10am-6pm. Sunday, 11am-6pm. 858-467-9297.

BAN BACKYARD PUPPY MILLS. Please visit your local humane society and adopt one or more of the sweetest pets you'll

BELGAIN MALINOIS PUPPIES. 9 weeks, males and females. Working dogs or family pets. First shots, de-wormed. Registered DRA. \$800/\$1000 with training.

BENGAL KITTENS. Miniature leonard cats, superior show and pet quality. Must see. www.yinyangbengals.info. Male/fe-male. Price negotiable to loving homes. 858-272-2049; 858-414-8656.

BUY/SELL/TRADE reptiles, amphibians, turtles, tortoises, snakes, lizards. Largest reptile selection in Southern California. Voted #1 in San Diego. Pet Kingdom,

CAT SCRATCHING post, \$5. Small pet carrier, soft vinyl, \$15. Pet safety barrier, \$7. Gerbil /hamster cage with free bedding, \$20. 760-500-7815.

CHHIHUAHUA MIX, spayed, 2 years, 9lbs., happy, energetic lap dog, a climber, shots, license, microchip. \$100.

DOG TRAINING: John's Natural Dog Training Company, providing profes-sional dog training and helping thou-sands of satisfied clients and dogs since 1991. Toll-free: 877-447-8597. www.

DOGS. FOCAS is a trusted name in pet adoptions. Call for information on a variety of wonderful rescued pets. Always altered, microchipped, vaccinated. Most \$150 donation. 619-685-3536.

GET A LIFE! Visit your local animal shelter ot a new best friend.

HORSE TACK, miscellaneous items, mini horse and pony tack. Can e-mail pictures. Vista, cell, 812-573-8318.

KOI PONDS AND WATER GARDENS. Equipment and supplies, free water testing, service and maintenance, construction and design, commercial and residential. Koi-Koi Living Jewels's 20th year. 1975 Jamacha Road, El Cajon. Monday-Saturday, 10am-5pm, Sunday 11am-4pm. 619-441-9275.

LOST BLACK MALE LAB, Goes by name Jake, green collar, microchipped. Lost 12/13/07 in Santee. Call 619-562-1475.

LOVE BIRDS, Sweet, tame, all colors! Indoor raised and handfed. Adorable. Raised with lots of love. \$50/each, saunders92101@yahoo.com

PEKINGESE, Bichon mix, neutered, 16lbs., all white, 4 years, housebroken, friendly, shots, license, microchip, \$100. 16lbs., all white, 4 years, no friendly, shots, license, micro No small kids. 619-466-0426.

POODLE PUPS, standard, healthy, beautiful, Born 11/5/07. Tails docked. Black, cream, apricot. 3 males, 3 females. AKC registration. \$1500. San Diego area. 619-944-6245. E-mail hjgarden@aol.

Fresh paint. New tile. New appliances. Cats OK. 619-997-1133.

DOWNTOWN/LITTLE ITALY. Bright, cor ner studio, \$940. 9' ceilings, ets. Ideal location. Charmi ets. Ideal location. Charming, secure, quiet building with laundry. 1534 Front, near Beech Street. 619-233-7428.

DOWNTOWN/CORTEZ HILL. Panoramic city/bay view. 2 secure parking, Large 2 bedroom plus office. 1348 square feet. 2-secure parking, Washer/dryer. Crown moulding, balconies. \$2300. 760-436-1962.

DOWNTOWN/Little Italy, City views! 2 bedroom, 2 bath loft/condo. 2 balconies, high ceilings, all appliances. Valet parking, pool, fitness. \$2500 with 12-month lease. 619-677-2435, email mike@

DOWNTOWN/LITTLE ITALY. \$800/month. Private bath, cable TV, mi-crowave, refrigerator. Utilities included. Secure, quiet, charming. Efficiency apart-ments with laundry. Near trolley/bus lines, blocks from harbor. On-site manager. Villa Caterina, 1654 Columbia Street. 619-

DOWNTOWN/LITTLE ITALY. Great location! 1 hedroom. 1-1/2 baths lofts \$1750. tion! 1 bedroom, 1-1/2 baths lofts \$1750. Banker's Hill, 2 bedroom with washer/dryer \$1650. Available now. Call

DOWNTOWN/EAST VILLAGE. Newly remodeled rooms avilable for weekly/monthy rentals, \$495-\$600 plus \$300-\$400 security. Controlled access, shared bathooms/kitchens. Full size beds. Laundry acility. Patio area. Palms Hotel, 619-233-

DOWNTOWN/GASLAMP, \$99 moves you DOWNTOWN/GASLAMP. \$99 moves you in! Live/work lofts. Penthouse, 1546 square feet, \$2750. Loft, 1463 square feet, cement floor, \$2425. Loft, 1163 square feet, carpeted, \$1720. Pets OK, parking available, keyless entry system laundry facility, high speed Internet capability, central air/heat, high ceilings. Penthouse extras: granite kitchen countertops, Brazilians cherry wood floors, stainless steel appliances. 9 French stainless steel appliances, 9 French doors. Toll free: 1-888-241-3523. www.

DOWNTOWN/CORTEZ HILL. 2 bedroom 2 bath condo, bay view, hardwood floors, stainless appliances, washer/dryer, balconies. Underground parking. Walk to Balboa Park. \$2795. 760-579-9619.

DOWNTOWN/LITTLE ITALY, Bright, corner studio, \$940. 9' ceilings, three closets. Ideal location. Charming, secure, quiet building with laundry. 1534 Front, near Beech Street. 619-233-7428.

DOWNTOWN/LITTLE ITALY. Rooftop penthouse, 900 square feet, \$1495. 1 bedroom, 360-degree windows, 9' ceilings. Charming, secure, quiet building ings. Charming, secure, quiet building with laundry. 1534 Front Street, near Beech Street. 619-233-7428.

DOWNTOWN HARBOR VILLAGE. Move-in special! \$750. Unique 1 bedroom. Bal-cony. Laundry. Parking. Close to base, Downtown, Coronado, NASSCO. Bay views. 2850 Main Street. 619-246-1275.

DOWNTOWN/GASLAMP. Las Flores Ho

DOWNTOWN/GASLAMP. Move-in Specials. Live/Work Lofts in the heart of The Gaslamp! Roof decks with barbecue. Laundry on every floor. Parking available. Seven locations Downtown. Select pets OK. Visit loft leasing office: 315 Fourth Avenue. 619-231-1505 x12. www. trilogymanagement.com. Also visit www.sdreader.com/fent/2064.

DOWNTOWN/LITTLE ITALY. Rooftop penthouse, 900 square feet, \$1495. 1 bedroom, 360 degree windows, 9' ceil-ings. Charming, secure quiet building with laundry. 1534 Front Street, near Beech Street. 619-233-7428.

EL CAJON, \$775. 1 bedroom. New car-pet, refrigerator, air conditioning. Barbe-cue, pool, laundry, parking, gated. 718 South Magnolla. Ask about move-in spe-cial! Section 8 OK. 619-312-0606.

cial! Section 8 OK. 619-312-0606.

EL CAJON. \$695.1 bedroom. Fabulous pool/courtyard complex. Super clean apartments. No pets. \$895 moves you in! 314 Wisconsin Street. TPPM, 619-742-7600. www.palmestates.info.

EL CAJON. \$900/up. 2 bedroom, 1 and 2 stories. Amenities. Pool, park-like grounds, parking. Near town, shops, bus. 743 South Magnolia Avenue. Call 619-579-0174, 619-464-1818.

579-0174, 619-464-1818. **EL CAJON.** \$200 off first month! 2 bedroom, 1-1/2 bath townhome, \$1100. Freshly painted. New appliances, carpet. Patio. Small gated community. Laundry facilities. Pool. No pets. 1397 East Washington. 619-593-6602. stratfordarmsapts.com.

\$\\$\text{EL CAJON.} 1 bedroom, \\$25. 2 bedroom, \\$975. \\$200 off first month's rent, OAC. Smaller, quiet community. Patios, balconies around nice courtyard. Pool area. Cats and small dogs welcome on ap proval. Section 8 OK. Las Haciendas 1294 North Mollison. 619-444-7934.

EL CAJON. \$1195. Now offering 1/2 month free, off the first month's rent. The \$1000 security deposit can be paid in two installments (\$1097.50 to move in). Beautiful, 2 bedroom, 1-1/2 bath townhouse. Air conditioning. Parking. Backyard. New carpet/paint/tile/appliances. On-site laundry. Parking. No dogs. Credit check. 1236 Persimmon Avenue. 619-938-3242.

EL CAJON. 1 bedroom, \$700. Large 2 bedroom, 1 bath, \$800 & up. Great amenities, air conditioning, laundry onsite, pool, recreation room, parking. Lushly landscaped. No pets. 294 Ballantyne. 619-334-7934.

EL CAJON. Large studio condo, all new stainless appliances, off-street parking, stainless appliances, off-street parking, on-site laundry, gated. No pets. \$750/month. 619-820-0003.

EL CAJON. Cajon Villas. \$785, 1 bedroom. \$1000, 2 bedroom. 2 bath. \$1325, 3 bedroom. Pool. Parking. Air conditioning. No pets. 933 Peach Avenue. 619-447-9193.

EL CAJON. \$850. Large 2 bedroom, 1 bath. Upstairs. Carpet. Dishwasher.

Laundry room. One assigned parking. No pets. Available now. Section 8 OK. 1423 Peach Avenue. Phillips Realty, 619-291-6686 or Pablo, 619-249-2770.

6686 or Pablo, 619-249-2770.

EL CAJON. Starting at \$705. 1 bedroom. El Cajon's best maintained property with beautiful courtyard and sparkling pool. No pets. 1072 East Madison Avenue. TPPM, 619-444-1614. www.fourwindsapts.info.

EL CAJON. \$705. 1 bedroom. Beautifully maintained apartments with sparkling

maintained apartments with sparkling pool. No pets. 234 West Park Avenue. TPPM, 619-850-9722. www.palmtowers.

EL CAJON/RANCHO SAN DIEGO. \$1400. 1 bedroom, one-car garage. Refrigerator, washer/dryer, new carpets, paint. Air-conditioning. No smoking. No pets. Pool, tennis courts. 858-344-1827.

ENCINITAS. Treat yourself to this elegantly furnished 1 bedroom at Moonlight Beach. Walk to shops, restaurants, Coaster. Gourmet kitchen, washer/dryer, dishes, linens. \$2195/month. 760-753-4101

ENCINITAS. \$900 & up. Sick of room-mates? Cozy beach trailers in quiet park. Near beach, Coaster, restaurants, shops. 152 North Coast, Highway 101. 760-753-4101

4101.

ENCINITAS. \$1195, 1 bedroom. \$1410, 2 bedroom, 2 bath. Balcony or patio. Skylight. Small complex. Assigned parking, laundry. New paint. Bright and air, Garden setting. 1-1/2 blocks to beach. Close to shopping, freeway, Coaster. No pets, smoking. 1353 North Vulcan. 760-929-

Dedroom, 2.5 bath townhome. 1850 square feet. 2-car garage. Deck overlooking pool. All electric. No pets. HOA paid. \$1000 cleaning deposit. \$1850/monthly. 760-751-1937. ESCONDIDO, NORTH, Castle Creek, 3

rou-rol-1947.

ESCONDIDO. \$925-\$1695. Tired of apartment living? Beautiful 1, 2, & 3 bedroom manufactured homes offer spectacular hilltop views. Full-sized washer/dryer, some small yards. Peaceful community, sorry no pefs. 1924 Sheridan Avenue. 760-745-1677.

ESCONDIDO. 1 bedroom, \$795. Resort style living. 1/2 off first month's rent! Open house Saturday, 11am-2pm. 1960 East Grand Avenue. 760-489-6932. www.

Grand Avenue. 760-489-6932. www.melroyproperties.com. **ESCONDIDO.** Call for specials! Spacious 1 bedrooms from \$835, deposit \$400. 2 bedrooms from \$995 deposit \$500. Great floor plan. Pool, spa. Covered parking. Laundry. RV parking. Cats are welcome. 640 West Lincoln Street. 760-489-8989.

FASHION VALLEY/USD. \$1250 rent \$600 deposit, OAC. 2 bedroom, 2 bath. 2 parking spaces. Laundry. No pets. At 1340 Eureka Street #12A. 619-298-5820.

FASHION VALLEY. \$875 rent, \$600 deposit, OAC. 1 bedroom. Parking. Laundry. No pets. At 1330 Eureka Street #17.

ns-zws-b820. FASHION VALLEY. 2 bedroom, 2 bath condo, 2 walk-in closets, central heat/air, balcony, pools, tennis, clubhouse. Non-smoking. Cat OK. Year lease. \$1750.619-701-3549.

FASHION VALLEY/USD. \$1250. 2 bed room, 1 bath, lower unit, street parking. View of the bay. Cat OK. Available begin-ning of February. 5919 Mildred Street #B. CCPM, 619-296-6699.

GOLDEN HILL. \$875. 1 bedroom, 1 bath. Fenced patio. Off-street parking. Convenient location. 3357 B Street. No pets. Hughes Management, 619-239-1639

GOLDEN HILL. Contemporary furnished studio in upcoming community. Available now. Minutes from Downtown. \$1400/ month. All utilities, underground parking, DSL, balcony. For special and viewing. 619-595-0111. www.vantaggiosuites.

GOLDEN HILL/DOWNTOWN, 1/2 month GOLDEN HILL/DOWNTOWN. 1/2 month off! Free application fee! 1 bedrooms from \$1120. Large living space, 2 bedrooms, 2 bath townhomes from \$1685. Views. Controlled access. Washer/dryer, microwave, central air/heat. Rooftoy deck. Spa. Barbecue. Parking. Pet friendly! Golden Pacific, 1015 19th Street. 1-800-433-6156. www.pacificiliving.com. www.sdreader.com/rent/2028.

GOLDEN HILL, (2) Charming 1 bedroom, 1 bath \$795/\$850. Hardwood floors. Great neighborhood, laundry on-site. Available now. No dogs. 2412 E Street. 619-857-3706.

GOLDEN HILL. \$750. 1 bedroom duplex, stove, refrigerator, carpeting, large deck with bay view. Near bus. No pets. Garage available. 858-277-7166.

GOLDEN HILL. \$825, 1 bedroom. Gated entry, gated parking, community laundry, dishwasher. Minutes to Downtown and Balboa Park. 3013 C Street. 619-546-9852 or 619-453-4035.

GOLDEN HILL. \$1600. Cityscape. Nice 2 bedroom condo. Dramatic Downtown 2 bedroom condo. Dramatic Downtown views! 3rd floor, granite, stainless ap-pliances. Cat OK. 1233 22nd Street #14. Agent, 619-469-7790. www. westmanproperties.com.

GOLDEN HILL/DOWNTOWN. Ugly but goodie! 1 bedrooms, \$825. Ceramic tile/wood-like flooring, new paint, off-street parking available. Pet OK with de-posit. 619-231-8723.

GOLDEN HILL. 1 bedroom, \$850. 1010 33rd Street. Very clean, with patio, appliances, laundry, elevator, and parking. 760-724-0558.

GOLDEN HILL/DOWNTOWN. Historic 1 bedroom, \$900. Extra large, elegant living room with lots of windows and light! High ceilings. Wood floors. Totally remodeled with granite countertops and bath. Laun-dry. Large yard. 2449 G Street. 858-568-5081.

HILLCREST. \$615. Studio. Utilities included. Full kitchen, shared bath. Hardwood floors. Washer/dryer available Near shopping. Nonsmoking. No pets. Move-in ready. 1033 University Avenue. 619-952-7056.



HILLCREST. Spacious 1 and 2 bed-rooms! Berber carpet, fireplace, spa, gym, intercom, elevator. Sorry, no pets. Hillcrest Summit, 4134 4th Avenue. See photos at www.WexfordLiving.com. 619-299-0047.

HILLCREST. \$850 studio. Pool, canyon view. Close to all. Rec room. Cat OK. Sleepy Hollow Apartments, 4201 Sixth Avenue. 619-298-1059.

HILLCREST. 1/2 off first month! \$1100. 1 bedroom. Patio. New carpet. Ceiling fan, microwave. Gated entry. Garage. Lush garden setting. Laundry. No pets. 3914 Centre. 619-294-7044.

Will.CREST. \$995. 1 bedroom, 1 bath. Vaulted ceilings. Walk to Balboa Park and shopping, parking. Laundry. Available now. 3820 8th Avenue #1 and #5. www.cethron.com. 619-295-1100.

HILLCREST. Hillcrest Palms. Senior complex. 55+ living! \$900. 1 bedroom apartments. Gated community. Convenient location. Near hospitals, restaurants, shopping. No pets. 4042 Albatross Street. 619-574-0784.

619-574-0784.

**PILLCREST. \$825. 1 bedroom, 1 bath. Downstairs. Carpet. One assigned parking space. Laundry room. No pets. Available now. Another apartment upstairs available as of January 28. 3820 Georgia Street between Robinson Avenue and University Avenue. Phillips Realty, 619-291-6886 or Pablo 619-249-2770.

HILLCREST. Studio, \$835. Great location, quiet area. Off-street parking, laundry. Cat OK. 4166 4th Avenue. 619-298-7868. ace.rasnyder.com.

nilitopterface.fasnyder.com.

HILLCREST. Remodeled, luxury with garage! All redone granite countertops, stainless steel appliances, maple wood abinetry. Community sundeck countyard with water-wall. 1 bedroom, \$1295/month. Month to month. Lease option available. 4077 3rd Avenue. Sorry, no pets. Call Nicol at 619-807-7053.

MILLCREST. Newly remodeled, pool, washer/dryer. Month to month. Barbecue, clubhouse featuring a pool table, flat screen TVs and bar. Granite countertops, stainless steel appliances, maple wood cabinety and large storage rooms. Large 1 bedroom, 1 bath \$1498/month. Sorry, pages 1, 1020 no pets. Lease option available. 1030 Robinson Avenue, San Diego. Call Nicol

HILLCREST, Newly remodeled, pool /drver, Month to month, Barbecue washer/dryer. Month to month. Barbecue, clubhouse featuring a pool table, flat screen TVs and bar. Granite countertops, stainless steel appliances, maple wood cabinetry and large storage rooms. 2 bedroom, 2 bath \$1795/month. Sorry, no pets. Lease option available. 1030 Robinson Avenue, San Diego. Call Nicol at 619-807-7053.

HILLCREST. Studio, \$800/month with move-in special. 1/2 off first month's rent! New carpet and paint. 3740 Sixth Avenue. Call manager at 619-820-2584.

enue. Call manager at 619-820-2584. **#ILLCREST.** \$1295. Extra large 2 bed-room, 2 bath, gated complex, appliances, washer/dryer, private patio, underground parking. Cat ok. Section 8. 4155 Georgia Street #308. 619-804-3325.

HILLCREST. \$925. Large lower 2 bed-room, 1 bath, gated complex new paint, Dain, gated complex, new paint, carpet, laundry. 4275 35th Street #1. 619-804-3325.

HILLCREST. \$1250. 2 bedroom, 2 bath, master bedroom, walk-in closets. Upstairs corner unit, parking, laundry. Cat OK. 1224 Pennsylvania Street. CCPM, e10.006 5000.

Sleepy Hollow Apartments, 4201 Sixth Avenue. 619-298-1059.

HILLCREST/UNIVERSITY HEIGHTS. \$695. Sunny, charming, private, de-tached, small studio cottage in garder setting. Clean, quiet. On-site laundry. No pets. Ample parking. 619-542-1600 code 237.

HILLCREST/MISSION HILLS. \$875 rent \$600 deposit, OAC. Large 1 bedroom Parking spot. Balcony. Laundry. No pets At 4030 Front Street #11. 619-299-8515. IMPERIAL BEACH. \$1495. Newly remodeled 2 bedroom, 1-1/2 bath condos. Steps to beach. Heated pool, views. Al appliances. 1111 Seacoast. Agent Bill.

IMPERIAL BEACH. \$995. Large 2 bed-room, 2 bath in nice complex. Washer/ dryer hookups, parking garage, balcony. Cats OK. Available now. 1070 Georgia

IMPERIAL BEACH. \$995. Large 2 bed-room, 1 bath. \$100 off first month! \$800 deposit. Laundry. Courtyard. Water/trash paid. Gated. No pets. 750 11th Street. 619-423-4610.

IMPERIAL BEACH. \$850-\$995. Beautiful 1 bedroom on beach. View. Refrigerator. Stove. Pet? Laundry facilities on premises. Off-street parking. Available now. Seacoast Drive. Call 619-424-9233.

IMPERIAL BEACH. Large 1 bedroom, \$800/month. Deposit \$500. Appliances. Parking. Manager apartment #1049. Open Saturday 11am-3pm. 1097 Imperial Beach Boulevard. No pets. 619-423-8290

8289.

IMPERIAL BEACH. 2 bedroom, 2 bath completely remodeled condo. \$1450 unfurnished, or \$1750 furnished. Pool/spa. Must see! 1979 Avenida del Mexico #123. Agent, 858-560-1178.

Agent, 858-560-1178.

IMPERIAL BEACH. \$875. 1 bedroom partment half block to seacoast, small apartment, half block to seacoasi, smail quiet complex, off-street parking, coin-op laundry. 132 Date. A&P Realty, 619-425-

KEARNY MESA. \$1,800. 2 bedroom, 2 bath condo. Spacious. Washer/dryer, dishwasher, microwave, air-conditioning. 2-car tandem garage. Pets considered. Non-smoking. Tribeca at Spectrum. ilutar@cox.net. 619-838-9065.

KENSINGTON. \$1295-\$1350. Extra large 2 bedrooms, 2 bathrooms, skylights, fully equipped kitchen. All amenities, coir laundry, off-street parking. No pets. Call 858-456-2098.

KENSINGTON/TALMADGE. \$1125. Spa cious, 2 bedroom, 2 bath apartment. Condo quality building. Washer/dryer included, fireplace, carport. No pets. 4452 Highland Avenue. Agent, 619-469-7790. www.westmanoronerties.com

LA COSTA/CARLSBAD, \$1200, 1/2 off first month! Move in special! 2 bedroom, 2 bath. Cats OK with deposit, no dogs. Assigned parking. Quiet community. 760-943-7590.

LA JOLLA VILLAGE. \$1025. European Style Junior 1 bedrooms. Gated entry, el-

evator, heated pool, laundry. Walk to village the Cove! 7621 Eads Avenue. Call 858-459-8254, www.casalindaapartments.

LA JOLLA, \$2250. 3 bedroom 2 1/2 bath townhome. All appliances, washer/dryer. Fireplace, double garage. Air/water purifiers. Cedar closets. Small fenced patio,

LA JOLLA, SOUTH. Luxury 1 bedrooms/2 bedrooms starting at \$1540. Steps to beach, balcony, pool, spa, views, controlled access. No pets. Nonsmoking. Office at 5060 La Jolla Boulevard. Open Monday-Saturday, 9am-5pm or call TPPM, 858-483-7412 for information. www.casadelmar.info.

WW.casacemar.mio.

A JOLLA. Studio. Amazing location. One block to Starbucks, beach and bus. Prospect Street. Kitchen with appliances. Walk-in closet, laundry, \$1195-\$1450, includes utilities. 858-336-0252.

LA JOLLA. Condo. 3 bedroom, 2-1/2 bath townhouse. \$2495/month. 1 year lease. All appliances. 2 car garage. Call for apiances. 2 car garage. Call for apent, Michael, 858-597-6100 x321.

pointment, Michael, 858-597-6100 x321. **LA JOLLA.** \$1290, utilities included Sunny, spacious 1 bedroom. Paid parking nearby. Laundry on-site. No pets. Available 2/1. 1241 Prospect. 858-459-6219 or 858-459-8161.

LA JOLLA. \$995, studio. \$1520, 2 bedroom. \$300 off first month! Garden setting. New windows. Laundry. Walk to shops. No pets. 7555 Herschel Avenue. 858-459-1102.

LA JOLLA. Studio available. Fully upgraded with many extras. Gated, parking, walk to beach and shops. \$1500. No pets. 935 Genter Street. 619-334-6781. pets. 935 Genter Street. 619-334-6781. www.poseidonproperty.com. **LA JOLLA.** \$2875/month. Luxury 3 bed-room, 2 1/2 bath, 2-level townhome, 2-car attached garage. Excellent condition. Small landscaped yard. Pets welcome.

LA JOLLA/WINDANSEA. 2 bedroom, 2 bath condo. Parking. New paint/carpet/appliances. \$1950/monthly. For immediate occupancy. Call 858-485-8121 or cell, 858-722-6851.

LA JOLLA/UTC. Spacious, light and bright 2 bedroom, 2 bath with garage and washer and dryer. Nice view of Rose Canyon. Fireplace and more. ApartmentFindersInc.com. 619-296-2787.

LA JOLLA/WINDANSEA Beach. \$1850. 2 bedroom, 1 bath with fireplace and garage. One block to surf and sand. Gar-den courtyard. No pets. Open Saturday

LIVE/WORK LOFTS

Downtown Loft Specialist

10am-11am. 326 Palomar Avenue. TPPM, 858-699-3851.

LA JOLLA/UTC. Remodeled 3 bedroom, 2-1/2 bath townhouse. New appliances. Tile floors. Double garage. Patio. Pool. 24490. 8267 Caminito Modena, La Jolla 92037. Available mid-January. 858-405-6224.

LA JOLLA/UTC. \$1645. 2 bedroom, 2 bath apartment, 2-car parking included, pool, Jacuzzi, sauna, business center. Fee. Free search at www.westsiderentals.

LA JOLLA/UTC. \$895. Studio. 1 bath apartment, parking included, new paint, minutes to beach/village, near cove. Fee. Free search at www.westsiderentals.com.

LA MESA. \$1400. Quiet unfurnished 2 nished inquire. 2-car garage. Available now. Aztec Drive. Near park, SDSU, all. Washer/dryer. Patio. Pool. Jacuzzi. No pets. 619-260-0752.

LA MESA. \$400-\$600/monthly. 25'-30' fully furnished trailers and spaces. Quiet park. Laundry onsite. No pets. Conve-nient location close to all/bus. References required! 619-461-0264.

requiredl 619-461-0264.

LA MESA. \$770, studio, \$350 deposit. \$900, 1 bedroom, deposit \$450. Air conditioning. Dishwasher. Carport. Storage. Pool. Gated. No pets. 5435 Morengo Avenue. 619-698-7926. villaknollsapts.com.

LA MESA. \$795 rent. \$600 deposit, OAC. Large 1 bedroom detached cottage. Open daily 3:30-6pm. No pets. At 4859 or 4861 Jessie Street (east of 73rd). 619-299-8515.

4861 Jessie Street (east of 73rd). 619299-8515.

LA MESA. \$1150. 2 bedroom, 1 bath duplex, upstairs, 1-car detached garage.
New carpets/paint. Washer/dryer hookups. Shared yard. Nice tile/cabinets.
6102 Horton Drive. Corey, 619-295-6862.

LA MESA. \$950. Charming 1 bedroom, classic 1940s apartment. Located in the heart of the village of La Mesa. Unit still retains its original hardwood floors and kitchen cabinets. Current upgrades to the unit include new paint in designer colors, new windows and all new door hardware and updated light fixtures. Property has on-site laundry and is close to many shops and restaurants. Sorry, no pels allowed. Available 21/1/2008. \$500 security deposit. Credit check required. 8441 La Mesa Boulevard at University. Please call between 9am and 5pm. Call Scott at 619-846-6615. email response to: scott@heardershavandsscriptes com 846-6615. email response to: scott@

LA MESA. \$760. Studio. \$1025. 1 bedroom 1 bath with garage. Laundry. Cat OK. 5027 Guava Avenue. Call 619-980-0238. www.

LA MESA. \$870. 1 bedroom. 1 bath. Dishwasher. Pool. Parking. Laundry. No pets. 5436 Vincetta Court. Call 619-462-8896. www.kandrproperties.com.

LA MESA. \$920/up, 1 bedroom. \$1220/up, 2 bedroom. Across Grossmont Center, trolley, Costco. Quiet, spacious units. Pools. Mellmanor Apartments, 8750 Mellmanor Drive. 619.461.1040

LA MESA, \$650. Studio behind home. All utilities included! Cozy. Lots of windows. Laundry privileges. Use of screened in porch, fireplace, patio. Call 619-757-3040/619-698-8749.

LA MESA. \$750. Studio. Clean, quiet, secure. On-site laundry. If you can find one better, rent it. 7240 El Cajon Boulevard #19. Bachael 619.904.1044 . 619-804-1044.

La MESA. \$1195. rent. \$600 deposit, OAC. Large 3 bedroom, 2 bath townhouse duplex. Patio. No pets. Open daily, 3:30-6:00pm at 4857 Jessie Street. 619-299-8515.

4857 Jessis Street. 619-299-8515.

LA MESA. \$1095. Extra large upper 2 bedroom, 1 bath, extra large balcony, stove, refrigerator, air conditioning, laundry, off-street parking. Pet negotiable. 6006 Lake Murray Boulevard #E. 619-804.3326

RENTALS

January move-in special! \$613-\$736 per month with 12 month lease!

Utilities included! Single occupancy. (Income qualify — ask for details!)



Visit Us!

O Located in East Village

Daily from

8 am to 6 pm

Near Petco Park

Features: Air conditioning

• Full bath

• Kitchenette

• Balcony with bay/ballpark views • Cable ready

Microwave

• Internet access

• 4 laundries on-site • Clubhouse

Business center

Gated community

Courtyard

• On-site management

• Close to shopping, restaurants,

entertainment Easy access to

bus/trollev • Near freeways

Island Village



1245 Market Street San Diego, CA 92101

Call toll-free:

1-800-351-0613



Downtown/Gaslamp Penthouse Suite \$2750

• Roof decks with BBO

• Laundry on every floor • Parking available

Most pets allowed

Several downtown locations

Visit our leasing office at: 315 4th Avenue

619-231-1505 ext. 12 Please check our website for availability.

www.trilogymanagement.com

TIRIILOGY

REAL ESTATE MANAGEMENT INC

\$99 Moves You In! (Includes first month free with 13-month lease!)

Urban Penthouse Living (1,546 sq. ft.)









Brazilian Cherrywood Floor - Granite kitchen countertops - Open, loft-style floor plan - City and harbor views (select units) - Cable/high-speed Internet ready - Pets welcome Easy keyless telephone entry access • Near bus & trolley • Garage parking available • Handicap access • Near Horton Plaza, Petco Park, Seaport Village, restaurants

ON BROADWAY

Our winter specials...

Call today for dynamite January move-in specials!





2408 Second Avenue • San Diego, CA 92101 Office phone: 619-232-0153

Manager's cell: 858-361-8234 Assistant Manager's cell: 619-851-4521

Fully Restored Luxury Studio Apartments

- · Located in prestigious Banker's Hill
- New stainless-steel appliances
- New granite kitchen countertops
- · New kitchen cabinets with glass doors
- · New stone tile in kitchen
- Bathroom has refinished deep clawfoot bathtubs
- New stone tile in bathroom
- Refinished hardwood floors · Top-of-the-line fixtures
- On-site laundry
- · Rooftop deck views of the San Diego Bay & Downtown

Starting at \$1000 to \$1200 a month. Lease will be one year.

NO PETS ALLOWED. THIS IS A NONSMOKING BUILDING.

You can call us to set up an appointment to view the building. Office hours are 9:30 am to 4:30 pm Monday-Friday and 9 am- 1 pm on Saturdays.



he Club

12646 Torrey Bluff Drive San Diego, CA 92130 (866) 354-2096

ClubTorreyPines_DouglasAllred@cross firemail.com



length of lease!

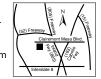
San Diego's best-furnished studios

- ➤ Free daily breakfast!
- ➤ Free HBO!
- ➤ Free maid/linen service!
- ➤ No lease!
- ➤ Free concierge service!
- > Studios from \$395/week or \$1195/month!*
- ➤ 6-month lease \$995/month
- ➤ Corporate rentals available
- ➤ Heated pool and spa ➤ Free parking ➤ Laundry facilities ➤ Paid utilities
- ➤ Air conditioning ➤ Microwave ➤ Refrigerator
- ➤ Easy freeway access ➤ Centrally located
- ➤ Temporary or long term
- ➤ High-speed Internet service is now available





California Suites Hotel 5415 Clairemont Mesa Blvd. San Diego, CA 92117 Toll-free: 1-888-475-7147 www.californiasuiteshotel.com



*Rates subject to change. Based on availability

LA MESA. 1 bedrooms, \$890/up. Spacious apartments. Near Grossmont Center. Great neighborhood. Convenient to all! Villa Morocco. 5545 Morro Way. Available. 619-985-3500.

LA MESA. 2 bedroom, 2 bath, \$1200. Ask about move-in special! Upstairs. Free credit check. Pool, saunas. Off-street parking. On-site laundry. Close to downtown La Mesa, trolley, shops and freeways. Cats welcome. Crestview Apartments, 4515 3rd Street. 619-465-9934.

9934.

LA MESA. 3 bedroom, 2 bath, 1100 square feet, balcony. Quiet community, near Grossmont, I-8 and Highway 125 and trolley. Off-street parking, 24-hour laundry room, air conditioning and pool. \$1375/month. 619-464-5557.

\$1375/month. 619-464-5557.

LA MESA. Huge 2 bedroom, 1 bath, \$1250. New carpet, air conditioning, covered parking, laundry. Available now. 5430 Lake Murray Boulevard. Agent, 619-260-1368. View at www.sevillengmt.com.

LA MESA. Lovely 2 bedroom, large bath condo. Near Village. New carpet/paint. Fireplace, washer/dryer. Enclosed parking. No smoking. Cats OK. \$1250/month. 619-749-2867, 619-922-1307.

La MESA. Spacious 1 bedrooms \$900. Lower units in court yard setting. Air conditioning, patio, stove and refrigerator. On site laundry and parking. Colonial Apartments 4747-4757 Jessie Avenue. 619-634-5772 or 619-460-8011.

LA MESA. Very large apartment homes in LA MESA. Very large apartment nomes in a lush garden complex. Lost of storage space. Near all. No Section 8. 1 bedroom, 1 bath \$925, 2 bedroom, 2 bath \$1195 upstairs. Community pool. 619-697-3285. To photo, floor plans, map and directions, see website: www.sdreader.com/

rent/1035.

LA MESA/CASA DE ORO. 1 bedrooms, \$945-\$995. 2 bedroom, 2 bath, \$1195. 3 bedroom, 2 bath, \$1195. 3 bedroom, 2 bath, \$1325. Air/heat. Huge patios/balconies. Gated access and parking. Small pet OK. Elegant, sculptured courtyards with flower gardens, fountains, gas lamps, park benches. Charming, New Orleans ambiance. 3903 Conrad Drive. 866-894-6343. www.sdreader.com/rent/1017.

LA MESA/FLETCHER PARKWAY. Super spacious 1 bedrooms, \$995. \$250 move-in incentive. Award winning community. Pool and spa. Great location. No pets. Open Saturday 9am-5:30pm. 5500 Morro Way. TPPM, 619-884-7900. www.

bedroom, 2.5 bath 1700+-square-foot condo, 2-car garage, pool, close to free-way/SDSU. Quiet complex, some view. A&P Realty 619-425-4555.

A&P Healty 619-425-4555.

LEMON GROVE. Newly remodeled first floor 1 bedroom apartment in small, quiet complex. Move-in today! Fabulous location near shopping and trolley. \$820/ month. Laundry on site. No pets please! Please leave message, 619-252-5175.

LEMON GROVE. \$800. 1 bedroom, 1 bath. Nice, spacious, upstairs unit. Close to all. Laundry. Small backyard. Available now. 3320 Vista Avenue #7. www.cethron.com. 619-295-1100.

cethron.com. 619-295-1100.

LEMON GROVE. \$1450. 3 bedroom, 2 bath, just remodeled kitchen! New counter tops/flooring/paint. On-site laundry and parking. Will not last. If you can find one better; rent it. 3262 Buena Vista #3. Rachael, 619-804-1044.

LEMON GROVE. \$750. Studio with full kitchen and bath. Utilities included. 7614-7620 Pacific Avenue. 619-281-4698.

TeZU Pacific Avenue. 619-281-4698.

LEMON GRAVE. \$1195. Move-in special:
First month's rent moves you in! 2 bedroom, 1 bath. Cottage style apartments.
Hardwood floor in living room, carpet in
bedrooms. New blinds, new appliances.
Washer/dryer hook-ups. Complete remodel. Pool on site. 7459 Pacific Avenue.
Call Shawn-Leigh at 619-303-1694.

LINDA VISTA. 2 hedroom 1 hath town-

LINDA VISTA. 2 bedroom, 1 bath townhouse, \$1075 and single level corner unit, \$1125. Deposit \$900. Freshly renovated interiors, some backyards, assigned parking. Great location. Please, no pets and no Section 8. Office at 2451 Ulric Street. 619-249-9585.

LINDA VISTA. \$685.\$1200. Studios with utilities included, 2 bedrooms, 3 bedrooms. Laundry, gated parking. \$400-\$800 deposits! No pets. Astro Vista Apartments, 2249 Ulric Street. 858-565-6400.

LINDA VISTA. \$945. Upper, bright 2 bedroom, 1 bath, with balcony off kitchen. Parking. No pets. 6754 Kelly Street. 619-

281-4698.

LINDA VISTA. \$1225. Extra large, upper 2 bedroom, 1 bath, large private patio, appliances, new carpet, vinyl, paint. Laundry, Across from USD. Pet negotiable. 5651 Mildred Street #B. 619-804-2020.

LINDA VISTA. 2 bedroom, 1 bath house. Totally remodeled, new kitchen/bath, washer/dryer, shed for storage. Pet allowed. 2717 Wheatstone. 858-277-1760. housing.molamini.com.

LINDA VISTA, \$1295. 3 bedroom, 1 bath two-story townhouse. Brand new custom paint and carpet throughout! Parking and laundry onsite. No pets. 6504-10 Kelly Street. Agent, 619-820-2584.

LOGAN HEIGHTS. \$1025. Large 2 bedroom, 1 bath duplex. Water/trash paid. Appliances. Tile floors. Near Navy ship-yard, 1-5. Gated. Laundry. Quiet. No pets.

619-435-0387.

MISSION BAY/BAY PARK. \$875. Spacious studio in fantastic location. Bay view. Controlled access. Laundry. 282 Morena Boulevard. TPPM, 619-275-1352

MISSION BAY, EAST. \$815 rent. 1 bedroom, 1 bath apartment. \$500 deposit. Laundry. Assigned parking. Cat OK. Close to I-5. 1450 Morena Boulevard. Call

619-890-4340.

MISSION BEACH/SOUTH. \$895. Cute studio, steps to beach, Murphy Bed, parking, utilities paid, year round rental. 2826 Mission Boulevard. Call 858-488-0690 or 858-488-5463.

MISSION BEACH, \$1095. 1 bedroom, 1 bath. Steps to beach. Parking. Partial utilities included. New paint. 1 year lease. No dogs. 858-488-1759.

MISSION BEACH, SOUTH. Extra large 2 bedroom, 2 bath luxury condo. Dishwasher, fireplace, elevated kitchen, washer/dryer, garage parking. \$2300. 821 Balboa Court. 760-634-1746.

MISSION BEACH South. \$825. Utilities paid! Studio with on-site parking. 2980 Mission Boulevard, south of Roller Coaster. Call 714-505-3006.

MISSION BEACH. Large 3 bedroom, 3 bath townhome on quiet bayside court. Recently remodeled, 2-car garage. Long term lease. \$2875/month. 858-488-3539. MISSION BEACH, \$1225, Clean, cute 1 bedroom, 1 bath. Garage. Steps to the beach. No pets. Year-round lease. 619-234-4601: 858-459-8894

234-4621; 858-459-8894.

MISSION BEACH. \$900. 1 bedroom, 1 bath apartment, refrigerator, stove. Fee. Free search at www.westsiderentals.com.

MISSION BEACH. 1 bedroom. Walk to beach and Bay. Wood floors. 1-car garage with additional parking. 3625 Mission Boulevard. \$1200. 858-568-5081.

MISSION BEACH, \$750. Studio. Steps to Bay! Includes utilities. Excellent condition. No pets. 3264 Bayside Lane. Shore Management, 858-274-3500.

MISSION HILLS/HILLCREST. \$1580-\$1690, 1 bedrooms. \$2175, 2 bedroobath. Central air/heat. Dishwasher. bath. Central air/heat. Dishwasher. Gas stove. Underground parking. Crown moldings. Vaulted ceilings. Fireplaces. Walk-in closets. Washer/dyer. Internacess. Elevator. Gym. Cats welcome. Mission Hills Commons Apartments, 4021 Falcon Street. missionhills@sbcglobal. net. Please call today, 619-220-0707. www.sdreader.com/rent/2032.

MISSION HILLS. \$1200/up. 1 bedroom, 1 bath. 2 bedroom, 2 bath. Laundry. Parking. Pets OK. La Paloma Apartments. Open daily, 1-5pm. 3911 Dove. 619-297-

MISSION HILLS. \$775. Large studio. Remodeled kitchen/bath. Yard. Available now. For more information, please call 619-203-1713 or 954-456-8918.

MISSION HILLS/NORTH Historical residential area. Half off 1st month's rent of \$1175/month on immediate move-in. 2 bedroom apartments. On-site laundry, quiet. No pets. 619-298-6436.

quiet. No pets. 619-298-6436.

MISSION HILLS. Spacious 2 bedroom, 1-1/2 bath duplex. Gorgeous bay/harbor view! Eat-in kitchen, balcony, garage, laundry room. Quiet neighborhood. 3152 Horton. \$1800/month. 619-291-8777, 619-929-7412.

MISSION HILLS/HILLCREST. Newly re-

RENTALS

1150 square feet. Garage. Laundry hookups. Private fenced yard. Quiet culde-sac on canyon. \$1950. 619-992-9927.

MISSION HILLS, \$1500.0 1 bedroom, 1-1/2 bath condo. Spacious. Quiet. Gated. Washer/dryer. Underground parking. Fantastic views from all windows. Walk to Old Town. 619-300-1152.

MISSION HILLS. \$850. 1 bedroom. Upstairs. Hardwood floors. Murphy bed. Antique bathtub. Some utilities included. Intercom entry. Laundry. No pets. Agent, 619-298-7724.

MISSION HILLS. \$750. Studio in great location with shared back yard. Close to freeway access. 3006 Eagle Street. Leasing Unlimited, 760-436-7273.

MISSION HILLS, \$1045, 1 bedroom. bath. Immaculate community. Bright and airy. Fresh paint. Laundry on site. Close to I-5, Little Italy, Downtown and Balboa Park. 2822 Reynard Way. Call 858-571-

MISSION VALLEY. \$1070. 1 bedroom, 1 bath condo, Rancho Mission Villas. Newly bath condo, Rancho Mission Villas. Newly remodeled, air, pool, Jacuzzi, tennis, rec center, laundry facilities. Lease. Available 1/21, 619-818-0059

MISSION VALLEY. \$1595. Newer 2 bedroom, 2 bath, 2 underground parking spaces, washer/dryer in unit, dishwasher, pool, jacuzzi, gym. Available now. 619-301-9427.

MISSION VALLEY. The Lido. Luxury 2 bedroom, 2 bath condo. 1200 square feet. Both bedrooms overlook pool I assigned gated underground parking. Washer/dryer. Storage. Pets considered. \$2,000. www.the-lido.com. 619-252-7082.

MISSION VALLEY. New-Year Special! From \$375/weekly, Renovated fully furnished studios/suites! Pool, spa. Full kitchen. On-site laundry. Complimentary continental breakfast. Off-street parking. continental breakfast. Off-street parking, Free high speed Internet, cable-80 chan-nels, HBO! Near SDSU, Qualcomm, more! Days Inn & Suites, 5343 Adobe Falls Road. 1-800-492-9471; 619-287-1911. SanDiegoHotelsDaysInn.com. www.sdreader.com/rent/2139.

MISSION VALLEY, \$1300. 2 bedroom, 2 bath, Quiet, pools, gym, tennis, security. Plenty of parking. Near trolley. Newly renovated. No pets or smokers. Available 2/12. 619-708-8246.

2/12. 619-/08-8249.

MISSION VALLEY. Brand new 1 bedroom, 2 bedrooms, 3 bedrooms from \$1505. Furnished apartments available. Gated parking garage. Courtesy patrol. Washer/dryer. Fitness center. Movie theater. Pool/spa. Pets allowed. Steps to trolley, restaurants and shops! Village at Morena Vista, 5395 Napa Street. Toll-free, 1-888-571-0840. www.sdreader.com/ rent/2153, www.villageatmorenavista.

MISSION VALLEY/TALMADGE/Kensington. \$250 off first month. Free application fee. 1 bedrooms starting at \$1115. 2 bed-rooms, 2 bath at \$1410. 2 bedroom, 2-1/2 tee. 1 bedrooms starting at \$1115. 2 bedrooms, 2 bath at \$1410. 2 bedroom, 2-1/2 bath starting at \$1540. 3 bedrooms starting at \$1780. Gated community! Pool, spa. WiFi access. Outdoor billiards, barbecue lounge. Fitness center. Computer lab with printer. Laundry center with flat screen TVs! Underground parking. Pet friendly! Mission Pacific. 4454 44th Street. 1-800-372-9146. missionpacific_pacificliving@crossfiremail.com. www.pacificliving.com. www.sdreader.com/rent/1010.

MISSION VALLEY. \$950. A newly renovated studio condo. Lower level with private, fenced patio. Loads of amenities! 7932 Mission Center Court. Call for appointment, 619-793-4010.

MISSION VALLEY/COLLEGE Area. Ask about move-in special! 1 pegrooms from \$1400. Minutes to shopping, dining, transit, SDSU. Gated community. Pool/spa. On-site laundry. Fitness center. Carports available. 4929 Collwood Boulevard. 619-287-3020. coll-

hission valley, \$1060, 1 bedroom, 1 bath apartment, parking included, fitness center, fireplace. Fee. Free search at www.westsiderentals.com. 619-367-3333.

NATIONAL CITY. \$750/month. 1 bedroom fully furnished. Low \$150 deposit. No SDGE deposit or hookup required. 624 East 24th Street. Office open daily. 619-474-3787.

NORMAL HEIGHTS. \$995 rent, \$600 deposit, OAC. 2 bedroom, 1 bath. New car-pet and paint. No pets. At 4742 East Mountain View Drive #10. 619-299-8515.

NORMAL HEIGHTS. Totally remodeled

Winter Special!! Fully furnished studios/suites from \$375 weekly*



*Some restrictions apply.

- ➤ Free high-speed Internet
- ➤ Large pool and spa ➤ On-site laundry facilities
- ➤ Full kitchen
- ➤ Complimentary breakfast
- ➤ Near SDSU, Qualcomm, SeaWorld, Zoo, restaurants. beaches, shopping & downtown
- with HBO



I-800-492-947I or 619-287-1911 ➤ 5343 Adobe Falls Rd., San Diego 92120 www.SanDiegoHotelsDaysInn.com

plus bonus room. Attached 2-car garage. Gated. Laundry onsite. No smoking/pets. \$1750 plus deposit. Available now. 4454 Cherokee Avenue, 92116. Agent: Bar-bara, 619-405-9493.

NORMAL HEIGHTS. \$600. Small 1 bedroom. Large living room. Convenient location. Quiet neighborhood. Reserved parking. Walk to Adams Avenue. Available now. No pets. 619-210-4651.

NORMAL HEIGHTS. \$1250. Nice, remodeled 2 bedroom, 1 bath nonsmoking triplex. Gated courtyard. Attached stor-age. Porch. Laundry. Garage. Cat/tiny dog OK. 4461 32nd, #1. Call 619-283-8359.

NORMAL HEIGHTS. \$725. 1 bedroom, 1 bath. Downstairs. No pet. Refrigerator, bath. Downstairs. No pet. Refrigerator, stove. Close to shopping on Adams Av-enue. 4681 35th Street #5. 619-226-7368

or www.bkbinc.com.

NORMAL HEIGHTS. \$995. 2 bedroom, 1
bath. Downstairs. New paint. Ceramic
tiled floors. Gated. Laundry on-site. Available 01/115/08. 4582 39th Street. www.
cethron.com. 619-295-1100.

cethron.com. 619-295-1100.

NORMAL HEIGHTS. \$750 1 bedroom, 1 bath. Laundry onsite. Available 2/10/08. 4669 Cherokee Avenue Unit D. www.cethron.com. (619) 295-1100.

NORMAL HEIGHTS. \$1000. 2 bedroom, 2 bath. Clean, quiet. Parking, gated, laundry. Available 1/15/08. 4382 Utan Street #10. www.cethron.com. (619) 733-9033.

NORMAL HEIGHTS. \$1095. 2 bedroom, 1 bath apartment. Private patio. Parking Laundry. 4744 33rd Street. Xilarent.com, 619-683-7638. NORMAL HEIGHTS. \$1095. Downstairs 2

bedroom, 2 bath corner apartment. Berber carpet, air conditioning, parking. 4527 39th Street. Xilarent.com, 619-683-

NORMAL HEIGHTS. 2 bedroom, 1 bath apartment, \$1050. Large kitchen, new paint. 2-car garage. On-site laundry. No pets; nonsmoking. Mr. A's Property Management, 619-697-1888.

NORMAL HEIGHTS. \$695. Studio. Gas, water, trash paid. New cabinets. Ceramic tile floors. Laundry. No pets. 3356 Madison Avenue. www.SeeTheUnit.com. Agent, 619-298-7724.

NORMAL HEIGHTS. \$1100/month, 2 bed room, 1 bath. Quiet, clean building with laundry and off-street parking. Available in February. Call 619-282-6910.

NORMAL HEIGHTS. \$775. 1 bedroom, 1 bath, remodeled kitchen, new vinyl. Onsite laundry. Garage parking. Gated com-

619-255-0382.

NORMAL HEIGHTS. \$750. 1 bedroom. New paint. Downstairs unit. Laundry onsite. Pet on approval. 4560 Boundary. Agent, 619-820-2584.

Agent, 619-820-2584.

NORMAL HEIGHTS. \$750 1 bedroom, 4670 Cherokee. \$925 2 bedroom, 4133 37th. Very nice, on-site laundry. No pets. 760-672-0425.

NORMAL HEIGHTS. \$775. 1 bedroom. Brand new paint and carpet! Completely renovated. Single-story complex. Laundry. Parking onsite. Cat OK. 3064-68 Adams Avenue. Agent, 619-820-2584.

NORMAL HEIGHTS. 4774 33rd Street #6. Spacious 2 bedroom, 2 bath. Dishwasher, air conditioning, and washer/dryer. Off street parking. No pets. \$1050/month, \$1050 deposit. www timcassidy.com. Cassidy, Broker, 619-275-LIST.

NORMAL HEIGHTS, \$695. Large studio with separate kitchen and bath. 1 block south of Adams. Near shopping. Quiet upper unit. 4578 32nd Street. 619-692-0234.

NORMAL HEIGHTS, \$950, 2 bedroom. bath. New carpet/paint, parking, upper unit 4563 38th Street #6. Agent, 858-560-1178.

4563 38th Street #6. Agent, 858-560-1178.

NORMAL HEIGHTS. 1 bedroom, 1 bath. \$795 includes utilities. Cat OK. Large yard. 4687 Hamilton Street. Agent, 858-560-1178.

NORMAL HEIGHTS. \$850. Large 1 bedroom, 1 bath, approximately 650 square feet. Built-in storage. Quiet, gated complex with short walk to exciting dining and shopping! Cats welcome. \$250 off first month's rent! Ready for move-in now! Water and trash paid by owner. 4663-1/2 30th Street. Cogan Properties, 619-283-3934.

NORTH PRABM. 3 hedroom. 2 bath condo.

NORTH PARK. 3 bedroom, 2 bath condo. Garage plus one parking. Fireplace. Air conditioning. Washer/dryer. Dishwasher. Pets negotiable. \$1900/monthly. 619-518-

NORTH PARK, \$825. Movein bonus! Nice 1 bedroom, 1 bath apartment. Gas/water paid. Pool. Gated, quiet, no pets, onsite laundry. 619-281-1714.

NORTH PARK, \$825. 1 bedroom, upstairs. Laundry onsite. Cats OK, no dogs. Available 1/15/08. 3952 lowa Street #21. 619-339-4311.

NORTH PARK. \$835. 1 bedroom. Cute cottage in well-kept complex. Convenient location near freeways and shops. Wood floors. Call Jon, 619-756-4009.

NORTH PARK. Large studio \$925. Includes gas/electric. Newly built, modern, private, airy, upstairs, garage below, laundry on-site. Walking distance: supermarket, bus, Morley, restaurants. 718-499-0010.

NORTH PARK. \$1350. Nice 2 bedroom, 1-3/4 bath condo. Garage plus 1-assigned parking. Fireplace. Washer/dryer. Gated complex. Small pet ok. Nonsmoking. 619-376-1900.

NORTH PARK. \$950 rent. \$600 deposit, OAC. 2 bedroom, 1 bath. New paint. Parking spot. No pets. At 4541 Hamilton Street #2. 619-299-8515.

NORTH PARK. \$950. Half off first month! 1 bedroom with office. Upstairs. Gated 12-unit building. New Berber carpet. Dining area. Off-street parking. Laundry on site. Lots of storage. www.goldenhillpm.com. Agent, 619-234-9553.

NORTH PARK. \$995. 2 bedroom, 1 bath, upstairs unit. Newer cabinets, carpet and paint. Laundry and parking onsite. No smoking or pets. Deposit \$800. Call for ap-pointment. 619-640-6958.

NORTH PARK. \$1175. Upper 2 bedroom, 2 bath, fireplace, underground gated parking, cat OK, dishwasher, balcony, storage, laundry. Close to freeway and bus. Call 619-795-1723.

619-795-1723.

NORTH PARK. \$1250. 2 bedroom, 1 bath condo, 850 square feet. Section 8 OK. Garage, washer/dryer, water/sewer/trash paid. 3745 Swift Avenue #4. People Helping Others Property Management, 619-282-5400, www.peoplehelpingothers.com.

NORTH PARK. \$950. Spacious 2 bedroom, 1 bath upstairs. 2 story, Small complex. Laundry. Off-street parking. No pets. Available now. Mission Gorge Realty. 619-229-0231.

0231.

NORTH PARK. \$875. 1 bedroom, downstairs condo in quiet canyon setting. New paint, new carpet. Stove, refrigerator, dishwasher, microwave. Heat and air conditioning. Tandem parking. Shared deck and jacuzzi area. No pets. Available 2/1. 2044 Robinson. Del Sol Property Management, Broker, 858-270-2071; www.delsolom.com.

RENTALS



- 1, 2, 3 Bedrooms Gated Parking Garage Courtesy Patrol Furnished Apartments Available
- Washer/Dryer High-Speed Internet Available Fitness Center
- Movie theater Pool/Spa PETS ALLOWED* And More!

全 619-294-3566

5395 Napa Street • San Diego, CA 92110 *Call for details www.villageatmorenavista.com



Newly remodeled 1 & 2 bedroom apartments with up to \$250 off move-in!*

- 1 bedroom/1 bath from \$1.085** 2 bedroom/1 bath from **\$1,300****
- · Heated Junior
- Olympic-size pool · Fitness center
- Business center
- · Clubhouse
- Designer floor plans offer:
- · Italian ceramic tile*
- · Cut Berber carpet
- · Two-tone paint · Mirrored closet doors
- · Basketball courts Movie theater

· Tennis

- · Weekly Yoga classes
- · Garages available
- · Air conditioned* · Pedestal sinks
- Space-saving microwaves
- Dishwashers
- · Frost-free refrigerators

Please ask about our preferred and government employee specials. Pets are welcome (based upon approval).

*Select units. **Prices subject to change. Call today for current pricing/specials.

www.CoralBayApts.com

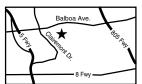


Unbeatable move-in specials!

Mon.-Sat. 8:30-5:30 Sunday 10:00-5:00

3309 Cowley Way San Diego 92117 Toll-free:

1-877-585-1146









Gables Point Loma 3801 Marquette Place #2N San Diego, CA 92106

619-223-6577 gables.com

One Month

Valid with ad only on 12-month leases. Offer expires 2/29/08.

Newly Renovated 1 Bedrooms from \$1325

RESIDENCE FEATURES

- · City and bay views
- Stainless steel gourmet appliances
- CaesarStone Quartz countertops
- Custom Euro-style cabinetry
- Bamboo laminate floors
- Sculpted carpet in bedrooms
- Ceramic tile bathroom floors
- Resort-style pool & sundeck
- · Covered parking
- · Cat-friendly



POINT LOMA

Newly renovated 1 bedrooms from \$975

Centrally located in beautiful Point Loma.

\$100 deposit!

(On approved credit. Expires 1/31/08.)













Pet-friendly • Clubhouse Fitness room • Business room Tennis courts • Heated pool Jacuzzi • Convenient parking

> 3889 Midway Drive 1-888-773-6259

NORTH PARK. \$825 1 bedroom, 1 bath. NORTH PARK. \$825 1 bedroom, 1 bath. Small complex, great area, quiet lower unit. Gated entry, parking. Great location. Laundry on-site. Move-in special: \$300 off first month's rent OAC! Available now. 4177 Illinois Street #2 and #7. www.cethron.com. 619-295-1100.

NORTH PARK. \$1000, 2 bedroom, 1 bath Nice, bright and airy upper apartment. Plenty of cabinet space. Laundry and parking on site. 1 year lease. Available now. 4119 Kansas Street #4119-1/2. www.cethron.com. 619-295-1100.

www.cethron.com. 619-295-1100.

NORTH PARK. \$1100/\$1000. Nice, bright upper unit and a detached cottage with hardwood floors, built-in china cabinet. Set in lushly landscaped gated complex. Laundry on site. 1 year lease. Available 1/10/08 and now. 4058 Hamilton Street #4060 and 4064-1/2. www.cethron.com. 619-295-1100.

O19-295-1100.

NORTH PARK. \$1075. Upper unit, 2 bed-room, 2 bath, with garage. Fireplace, bal-cony. Newer secure building. Laundry on-site. New paint. 3957 32nd Street. 760-796-7685.

NORTH PARK. 2 bedroom, 2 bath. Up stairs, large unit with new paint, ceiling fans, off-street parking, coin laundry onsite. Close to all freeways and shopping. 3662 32nd Street #7. \$1175. (619)683-

NORTH PARK. 2 bedroom, 2 bath. Downstairs super-large unit with new paint, up-graded ceiling fans, coin laundry on-site, garage, close to all freeways and shop-ping. 3662 32nd Street #3. \$1250.

(619)683-92/4.

NORTH PARK. \$775. 1 bedroom, 1 bath.

Downstairs. Parking. Laundry. No pets. Downstairs. Parking. Lauriary.
Available approximately 1/7/08. 416
36th Street #3. More Property Manage

NORTH PARK. \$1100, 2 bedroom, 1 bath. Upstairs. Renovated. Granite. New windows. Parking. Laundry. 4053 Cherokee Avenue #8. More Property Management, 858.514.8201

NORTH PARK. \$1050. Spacious 2 bedroom, 1-1/2 bath apartment. Bright, upstairs unit, freshly painted, new carpet, blinds. Celling fans. Gated. Laundry facilities, parking. Chris, 619-405-2185.

NORTH PARK. \$825. 1 bedroom, 1 bath, upper. All new decor, carpet, and appliances in gated building. Must see! Broker, 619-286-4250.

NORTH PARK. \$775 rent. \$600 deposit, OAC. Upper 1 bedroom. Parking spot. Laundry. No pets. At 4044 32nd Street #5. 619-299-8515.

NORTH PARK/HILLCREST. Small 1 bed room, \$775. Gated, dishwasher, laundry facilities, parking. No pets. Close to Naval Hospital, shops, freeways. 3722 Alabama Street. 619-299-1699. www.

Free Classifieds!

NORTH PARK. \$995. Upper, bright, 2 bedroom, 1 bath with air conditioning, parking, on-site laundry. Nonsmoking. No pets. 3119 Howard Avenue. 619-281-4698.

NORTH PARK. \$750. Studio. Garden complex. Walk to restaurants, shopping and coffee shops. Gated entry, pool, laundry. No pets. 4172 Mississippi Street. TPPM, 619-299-9897.

NORTH PARK. \$1000 rent. 2 bedroom, 2 bath. Seniors building, 55+. Laundry onsite. Section 8 OK, seniors 55+. 3776 Alabama Street #C-114. 619-640-7530,

www.sdforrent.com.

NORTH PARK. \$1525. Extra large Victo-rian-style 2 bedroom, 1 bath, wood floors, dining room, washer/dryer. 1-car garage. 4003 Kansas Street. 619-804-3325.

NORTH PARK. \$725. Secluded 1 bedroom, 1 bath, triplex, appliances, new carpet. Small pet OK. 3787-1/2 Florida Street. 619-804-3325.

NORTH PARK. \$865. Spacious 1 bed-room aparment. Small complex, laundry on site. Gated. Off-street parking. Mainte-nance/landscaping. New carpet/paint. 4077 32nd Street. 619-818-8414.

NORTH PARK. \$1225. Extra large, upper 2 bedroom, 1 bath, gated complex, all appliances, air conditioning, balcony, underground parking. Cat ok. Section 8 ok. 3928 Illinois Street #204. 619-843-0796.

NORTH PARK. \$925. 1 bedroom, 1 bath. New carpet, new blinds, new appliances. Spacious unit. Large balcony. Upgraded fixtures. Centrally located, close to I-805, shopping and more. 3984 32nd Street. Section 8 OK! Call 858-571-1970.

NORTH PARK, \$1225, 2 bedroom, 2 bath NORTH PARK. \$1295. 2 bedroom, 2 bath. Gated complex, upstairs unit, vaulted ceilings, fireplace, skylight, laundry on site, dishwasher, 1-car garage. Cat OK with deposit. 4094 Georgia Street #5. CCPM, 619-296-6699.

NORTH PARK. 2 bedroom, 1 bath, \$1025. 1 bedroom, \$825. Dishwasher, parking, laundry, patio. \$200 off first month. 3162 Monroe. Call 619-284-1314.

NORTH PARK. \$1095. 2 bedroom 1 bath.

NORTH PARK. \$1095. 2 bedroom, 1 bath Large kitchen with walk-in closets. Stove, refrigerator, disposal, off-street parking with storage, on-site laundry, shared pa-tio, well manicured landscape. Cats wel-comel Available now. 4024-A lowa Street Cogan Properties, 619-283-3934. OCEAN BEACH. \$925. Large 1 bedroom apartment. Patio, laundry, 2 blocks to beach. No dogs or cats. 5045 Lotus Street. Available now. Deposit \$825. 858-292-6046.

292-6046.

OCEAN BEACH. Beautiful beachfront ocean view! Studio, \$995. 1 bedroom, \$1075-\$1200. 2 bedroom, \$1400-\$1600. Serene security garden buildings. Hardwood floors, ceramic tile, laundry, Garages available. Pets considered. For address and availability, call 619-224-1748. For applications, call 619-501-5553.

OCEAN BEACH. \$850/month. Studio cottage, 1 block to beach. Remodeled with tage, 1 block to beach. Remodeled with separate kitchen, patio, parking and laundry on site. Nonsmoking. No pets. 619-224-9639.

OCEAN BEACH. \$745. Studio, mile from beach in quiet tropical setting. Laundry. New carpet, paint. Available immediately. 4166 Udall St #2. 619-222-9308.

OCEAN BEACH. \$765 Studio, upper. Newer carpet and paint. Quiet, clean. 1 block to the beach! Available immediately. 2178 Abbott Street #5. 619-222-

OCEAN BEACH. Studio, \$785. Remodeled, new tile floor, new tile shower, new tile kitchen counter, fresh paint through-out. Laundry on site. Street parking. No pets. 4854 Lotus Street. 760-753-2490.

pets. 4854 Lotus Street. 760-763-2490.

OCEAN BEACH. \$1065. 1 bedroom, large, upstairs, remodeled. Stove, refrigerator, dishwasher, microwave, coin laundry, parking. Close to cliffs. No pets. Available now. 4784 Bermuda. Del Sol Property Management, Broker, 858-270-2071; www.delsolpm.com.

OCEAN BEACH. \$850. 1 bedroom, 1 bath. Downstairs. No pets. Refrigerator, stove. Close to beach and shopping. 5102 Muir Avenue. 619-226-7368 or www.bkbinc.

OCEAN BEACH. \$950. 1 bedroom, 1 bath. Upstairs. No pets. \$950 deposit. Laundry. Parking. Available 1/15. 5035 Brighton Avenue #8. 619-226-7368 or www.

OCEAN BEACH. \$1400. Deposit \$1000. 2 bedroom, 1 bath duplex. 1 year lease. Close to beach. Parking. Available now. 4955 Brighton Avenue. 619-226-7368 or www.bkbinc.com.

OCEAN BEACH/POINT LOMA. Move special! \$1875. 2 bedroom, 1-1/2 bath townhome. Washer/dryer. Hot tub. Garage. 4554 West Point Loma Boulevard. More Property Management, 858-514-8201.

OCEAN BEACH/POINT LOMA, WEST. \$1325. 2 bedroom, 2 bath in great building with views. Free laundry. Convenient location near Robb Field, beach and YMCA. No pets. Open Saturday and Sunday 11am-12pm. 4457 Temecula at West Point Loma Boulevard. TPPM, 619-770-1950

OCEAN BEACH/SUNSET CLIFFS. Large 2-level 3 bedroom, 2 bath apartment/townhouse. View, garage, deck, laundry. 2 blocks to ocean. No smoking. Cat?/dog? 4742-1/2 Orchard. \$2600/month. 619-221-9047.

ocean BEACH. \$1550. 2 bedroom apartment on park, deck, view, dishwasher, parking, coin laundry, storage. No smoking. Pet? 4938 West Point Loma. Available 2/1. 619-221-9047.

OCEAN BEACH. \$925.1 bedroom, 1 bath apartment, parking included, on-site laundry, refrigerator, stove, quiet neighborhood. Fee. Free search at www. westsiderentals.com. 619-367-3333.

wessiderenians.com. 619-367-3333.

OCEAN BEACH. \$1350. 2 bedroom, 1 bath duplex, refrigerator, stove, approximately 800 square feet, paid water and trash. Fee. Free search at www. westsiderentals.com. 619-367-3333.

OCEAN BEACH. \$1100. 2 bedroom, 1 bath duplex unit with parking! Close to beach! No pets. 4660 Green Street. Call 619-222-4836 x14 or www. realty.com.

OCEAN BEACH. \$950. 1 bedroom, 1 bath cottage available. Located 1 block from beach. No pets. 5024.5 Cape May Avenue. Call 619-222-4836 x14 or www.

OCEAN BEACH. \$1075. Large 1 bed-room. Recently remodeled! New kitchen. room. Recently remodeled! New kitchen, new bathroom, new paint. Laundry/parking. Patio. No pets. 4639 West Point Loma ard #3. 760-753-2490.

OCEAN BEACH. \$875. Large studio steps to beach! Parking and laundry. No pets! 1994 Abbott Street. Call 619-222-4836 www.sunsetpacificrealty.com.

OCEAN BEACH. \$995. 1 bedroom up-Parking and laundry. No pets! 4922 Santa Cruz #3. Please call 619-222-4836 x14 or

OCEAN BEACH. \$1350. 2 bedroom, 1 bath. Large downstairs apartment with bath. Large downstairs apartment with hardwood floors. Blocks to beach. No pets. 4930 Santa Monica #2. Call 619pets. 4930 Santa Monica #2. 222-4836 x14 or sunsetpacificrealty.com. www

OCEAN BEACH. \$1050. 1 bedroom, 1 bath cottage with garage. Hardwood floors. Blocks to beach. 4870 Brighton Avenue. Call 619-222-4836 x14 or www.

OCEANSIDE, SOUTH. \$1200. Ocean View! 1/2 block to beach. 1 bedroom, 1 bath. Renovated unit. Gated. Berber car-pet, ceramic tile, air conditioning. No pets. 760-722-8924.

OCEANSIDE, \$1225. Extra large 2 bedroom, 2 bath. Balcony, laundry on site, parking. Water/frash paid. Cul-de-sac, shopping nearby. Near Highway 76. No pets. 760-754-4902.

OCEANSIDE. \$925, 1 bedroom, \$1195, 2 bedroom, \$1195, 2 bedroom, \$105, 2 b

bedroom apartments. Closets. Private yards/balconies. Great location. Pool. Laundry. Barbecue. Free garage, gas utilities, heat. No pets. 760-757-4641.

OCEANSIDE. Large 1 and 2 bedrooms, west of Interstate 5, just 8 blocks to beach, in vibrant downtown village. Beautiful remodeled units. 508 North Nevada Street. Visit www.WexfordLiving.com.

OCEANSIDE. 1 bedroom, \$785. \$785 deposit. All utilities paid. New carpet. Close to beach. Parkling. Laundry. Available now. No pets. 209 Surfrider Way #C. 619-226-7368.

OCEANSIDE. 2 bedroom, 2 bath \$1175. Spacious, upgraded. Beautifully land-scaped, pool, laundry, gated, covered parking. Near freeways, beaches, shops. Cat OK. 760-722-6421.

Com. 619-367-3333.

**OCEANSIDE. \$1151. 2 bedroom, 1.5 bath townhouse (approximately 1280-square-foot), 1-car garage, easy freeway access, community pool/spa, near all. Fee. Free search at www.westsiderentals.com. 619-

307-3333.

OCEANSIDE. Brand new 3 bedroom. 3 bath townhome. All master bedrooms. 2 car garage. Private yard. Granite/travertine throughout. 1217 Nevada Street. Call Joey, 949-293-3787.

OLD TOWN. \$650-\$695. Low \$150 deposit. Fully furnished studios-alcoves on excellent hillside location. Free basic ca-1616 Guy Street, 619-298-6242.

PACIFIC BEACH. \$1550/\$1675. 2 bedrooms, 1-2 baths, Partial ocean views! Beautifully remodeled. Dishwasher. Quiet atmosphere. Heated pool. Parking or garage available. Cats considered. 858-272-4398.

PACIFIC BEACH. \$1395. Large, bright upstairs 2 bedroom. 1.5 bath apartment upstairs 2 bedroom, 1.5 bath apartment. Fireplace. Dishwasher. Off-street parking. Very quiet. No pets. 858-481-9819 or 858-270-1243.

270-1243. **PACIFIC BEACH.** 2 bedroom, 1 bath, \$1200: 1 bedroom, 1 bath, \$900. Each with one parking space. Laundry on site 6-month lease. No pets. 619-435-3830.

PACIFIC BEACH. \$775, Studio. Off-street parking, laundry. No pets. One year lease. 1415 Grand Avenue. Call 619-890-

ads with photos at

SDReader.com

9210.

PACIFIC BEACH. 3 bedroom, 2.5 bath townhouse. New-built 2005! High-end custom construction. Tiled kitchen/bath. Quality Berber carpet. Built-in closets. Nonsmoking. \$1800. 858-270-2576.

PACIFIC BEACH/CROWN POINT. \$1125 reduced. Clean, quiet, 1 bedroom. Steps to Mission Bay on Sequoia Street. Hard-wood floors, laundry. No pets. Long term. 858-454-1375.

PACIFIC BEACH. \$950. 1/2 off first month! Move in special! 1 bedroom, 1 bath. Move in special! 1 bedroom, 1 bath Vaulted ceiling. Laundry on site. No pets 4476 Bond. 760-402-8325. www.

PACIFIC BEACH \$1200. 1/2 off first month with lease. 2 bedroom. 1 bath. On-site laundry. No pets. \$500 deposit. 4476 Bond. 760-402-8325. www.baywalkaps.

PACIFIC BEACH. 1 very large bedroom, 1 bath. \$900/month. Close to beach. Onsite laundry and pool. Quiet community. 858-272-8790.

PACIFIC BEACH. 1 very large bedroom, bath. \$950/month. Close to beach. Ons laundry and pool. Quiet community. 858-

PACIFIC BEACH. \$1300. 1 bedroom condos, washer/dryer, stainless appliances, wood-burning fireplace, granite. Parking, Lease-to-own option. Call: 858-274-1585. E-mail: jessica@oceanpacificcompanies.

PACIFIC BEACH, \$1800 Refurbished large upper 2 bedroom, 2 bath condo. Secure building, 2 parking, gym, pools, tennis, laundry. Balcony, dishwasher, ap-pliances. Available 2/1/08. 858-345-0690.

PACIFIC BEACH. Security deposit \$250, OAC! January move-in specials! Studios OAC! January move-in specials! Studios from \$45.1 bedrooms from \$1165.0 Air conditioning/ heat. Cats welcome! Heated pool, water aerobics. Fully equipped gyms. Spas. Tennis. Basketball. Business center. Bay Pointe, 3866 Ingraham Street. www.progressmanagement.net. Toll free: 1-888-759-7435. www.sdreader.com/rent/ 2081

PACIFIC BEACH WEST. \$1025. 1 bed-room, 1.5 bath. Bright, breezy upstairs apartment. Sparkling clean, new paint, parking, laundry. Sorry, no dogs. 858-454-7691.

PACIFIC BEACH. \$1350. 2 bedroom, 1-1/2 bath. Walk to bay. Quiet. Patio. Fire-place. Bright and airy. 2 parking spaces. Laundry. Remodeled. Well-maintained. considered. 858-337-3204.

PACIFIC BEACH. \$2250. 2 bedroom, 2-1/2 bath condo with attached garage. Washer/dryer. Beautiful new construction. Available immediately. 1558 Hornblend Street #4. Alta Vista Properties. 858-274vistamanagement.com.

PACIFIC BEACH, \$1425, 2 bedroom, 1 PACIFIC BEACH. \$1425. 2 bedroom, 1 bath apartment available immediately. 2 blocks to the beach. 765 Agate Street. Alta Vista Properties. 858-274-3600. www.altavistamanagement.com.

PACIFIC BEACH. \$2200. 3 bedroom, 2

bath apartment available immediately 1522 Hornblend Street. Alta Vista Proper ties. 858-274-3600. www

altavistamanagement.com.

PACIFIC BEACH. \$1395. Extra large 2 bedroom, 2 bath. New decor. Clean, quiet. Off-street parking, laundry. No pets. The Tiffany, 1790 Diamond, Man-ager, Allan, 858-245-9508.

PACIFIC BEACH. 2 bedroom, 1-1/2 bath \$1375; 1 bedroom plus den, \$1195; 2 bedroom, 1-1/2 bath, \$1450. Both with new kitchen cabinets/granite/carpet/tile. No pets. Lease. 4467 Dawes. 858-483-

PACIFIC BEACH. \$200 off first month's rent this week only! Rent extra large 850 square foot 1 bedroom apartment homes in Pacific Beach at \$1195. 2 bedrooms at \$1550. Bike trail to Mission Bay. Equip-\$1550. Bike trail to Mission Bay. Equipment and free weight room. Cardo fitness center. Computer lab with printer. TV lounge, pool, spa. Sundeck. Barbecue lounge. Storage. Covered/garage parking available. Cat friendly. Fabulous floor plans! Spectacular bay views, Mount Soledad! The Pacific at Mission Bay. 2636 Grand Avenue. 1-800-490-6372. pacificatmissionbay_pacificliving@crossfiremail.com. www.pacificliving.com. www.sdreader.com/rent/1049.

PACIFIC BEACH. 1 bedroom on beach plus 2 bedroom in the 2000 block of Garnet. 6 month's lease. Pets under 30 lbock. Roomies/co-signers ok. Office open 7 days. 4217 Oliver Court. 858-483-7670.

PACIFIC BEACH. Well maintained studio, \$795, and 1 bedroom, \$875. Clean, quiet, parking, laundry, ceiling fans, pool. No pets. Available beginning of February. 619-276-5520.

619-276-552U.

PACIFIC BEACH: Large 1 bedroom, 1 bath, The Plaza. \$1150. On Lagoon. Quiet, resort style. Pool, tennis, gym, garaged parking, dishwasher, microwave, laundry, 24-hour security. No pets. 619-279-0031.

PACIFIC BEACH. \$900, 1 bedroom \$1325, 2 bedroom, 1 bath, upper unit Laundry. First come parking. 3726-3728 1/2 Ingraham Street. Call 858-490-1600.

PACIFIC BEACH. \$2125. 3 bedroom, 2-1/2 bath. 1 parking space. Washer/dryer hook-ups. Fireplace. Patio. 2027 Emerald. Call 858-490-1600.

PACIFIC BEACH. Studio and 1 bedroom available now! Vaulted ceiling. \$819 and up. New kitchen, ceiling fan. Pool, parking, laundry. Call for tour. 858-536-1900.

PACIFIC BEACH, \$925, 1 bedroom, Close to bay with onsite laundry and parking. 4418 Bond Street #7. 858-336-4891 or

7368 or www.bkbinc.com. PACIFIC BEACH. Bright 2 bedroom, 2 full baths! Upstairs unit. New carpet. Laundry, 2 parking. Quiet. 1948 Emerald.

Available now. By appointment. 4-0400. signad2000@yahoo.com. PACIFIC BEACH, \$1175, 1 bedroom in quiet 4-plex. Stove, refrigerator, coin laundry, garage with opener. Nice shared lawn area. Available now. 1360 Reed. Del Sol Property Management, Broker, 858-

270-2071; www.delsolpm.com.

PACIFIC BEACH. \$1100. Large 1 bedroom, 1 bath. Security deposit \$1000. No
pets. Parking, laundry facility, available
now. Open daily 9am-5pm, application inside. 1537 Missouri, #6. 619-224-0306.

PACIFIC BEACH/CROWN POINT. \$1195 Z bedroom, 1 bath Upstairs. Parking. Coin laundry. Easy freeway access. Cat CK with additional \$300 deposit. Avail-able 1/22/08. 2150-1/2 Reed. Del Sol Property Management, Broker, 858-270-2071; www.delsolpm.com.

2071; www.delsolpm.com.

PACIFIC BEACH, NORTH. \$1475. 2 bedroom, 1 bath. Downstairs. Large units. Stove, refrigerator. New kitchen counters/ sink. New living room carpet. Garage space. Coin laundry. Private patio. 2-1/2 blocks to ocean. Cat OK with additional \$300 deposit. Available now. 945 Chalcedony. Del Sol Property Management, Broker, 858-270-2071; www.delsolpm.com

PACIFIC BEACH. \$1100. Studio, top floor with private balcony. Vaulted ceilings, skylights, secured parking space, laundry on site. Near beach. Call 12-5pm for information, 619-992-6760.

PACIFIC BEACH, NORTH. \$2250. 2 bedraura beach, NORTH. \$2250. 2 bed-room, 2 bath plus loft style den. Stove, re-frigerator, microwave, dishwasher, laundry hookups, fireplace, attached garage plus space. Private balcony. No pets. 1 block to ocean. 1 year lease re-quired. Available 3/1. 833 Chalcedony. Del Sol Property Management, Broker, 858-270-2071; www.delsolpm.com.

PACIFIC BEACH. \$900. Unfurnished, 1 bedroom, completely refurbished, laundry, pool, sun deck, 3 blocks to beach, acy gate. Nonsmoking. No pets. 1027

PACIFIC BEACH. 3 bedroom, 2.5 bath ing spots, bay/beach close. 1528 Grand. \$2200. 714-323-9317.

PACIFIC BEACH. \$800. Downstairs studio unit. Cute and cozy. Near bay. Large kitchen/dining area. Excellent location. Sorry, no pets or smoking. Available mid-February. 4210 Haines Street #1. Agent,

PACIFIC BEACH. \$1480. 2 bedroom, 1 bath townhouse near bay. Off-street park-ing, private patio, remodeled kitchen, fire-place. No smoking/pets. 2137 Thomas Avenue #C. 619-606-4945.

PACIFIC BEACH. 2 bedroom, 1 bath, upper, on alley, \$1350. Open beam ceiling, new paint, parking. Available now. 1464 Grand Avenue. Agent, 619-260-1368. View at http://www.sevillemgmt.com.

PACIFIC BEACH. Completely remodeled 3 bedroom, 2 bath. Ample parking. New carpet/paint/flooring. Balcony. View. Quiet. Gated. Small pets OK! \$2150 plus deposit. 619-339-9951.

PACIFIC BEACH, Great values, nice. PACIFIC BEACH. Great Values, nice, clean, convenient apartments in multiple Pacific Beach locations. Studios from \$765.1 bedrooms from \$935.2 bedrooms from \$1375. Parking, laundry. Some buildings with gated entry, pool and/or deck. No pets. 858-483-3796.

2 bedroom, 2 bath. Across from Sail Bay with partial bay view. Parking, laundry. Open Saturday 1:00pm-2:00pm. 3825 Rivera Drive #4. TPPM, 858-699-3851.

PACIFIC BEACH. \$1500/month. Spacious 2 bedroom, 2 bath apartment. Parking. Pools. Laundry facilities. Cats OK. 3883 Jewell Street. Call Manager, 88-272-0068. See www.apartments.com/ tuscanapartments for photos and floor-

PACIFIC BEACH, \$3400 per month, 4 bearom, 3-400 per month. 4 bedroom, 3 bath townhouse. 1/4 block to Sail Bay. Fireplace. Deck. Large rooms. Laundry, Parking. No pets. Available now. 3945 Gresham Street at Pacific Beach Drive. 858-273-4820 or cell 858-525-5238.

PACIFIC BEACH, NORTH. \$1695. 2 bedroom, 1-1/2 bath. 2 blocks to Tourmaline Beach. Fireplace, garage, new carpet and appliances. Open Saturday, 11:30am-12:30pm. 829 Opal Street. TPPM, 858-699-3851.

PACIFIC BEACH. \$925. 1 bedroom. Cat OK with extra deposit. 1 parking. Open Saturday 2:30pm-3:30pm. 2112 Balboa Avenue #1. TPPM, 858-699-3851.

PACIFIC BEACH/CROWN POINT. \$1450. 2 bedroom, 2 bath. Immaculate property in best Crown Point location. Two blocks to bay. 2-parking spaces. No pets. 3803 Jewell Street. TPPM, 619-933-7400. www.

PACIFIC BEACH. \$895. 1 bedroom in gar den setting. Easy access location. Pool, recreation room, laundry. No pets. 2710 Grand Avenue. TPPM, 858-273-8657.

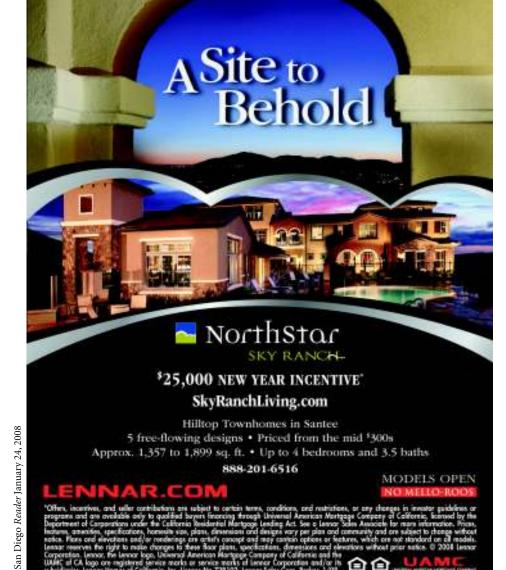
PACIFIC BEACH. \$975. 1 bedroom, 1 bath apartment in a small quaint complex close to shops and the bay. Fee. Free search at www.westsiderentals.com. 619-

PACIFIC BEACH. \$825. Studio, 1 bath apartment, upstairs unit, walk-ir closet/dressing area, centrally located paid water/trash/gas. Fee. Free search a www.westsiderentals.com. 619-367-3333.

3333.

PACIFIC BEACH. \$1250. 2 bedroom, 1 bath apartment, cat OK, refrigerator, stove, complex is being remodeled, paid water/trash. Fee. Free search at www. westsiderentals.com. 619-367-3333.

REAL ESTATE



LEAD STORY

- Joshua Hoge, a schizophrenic confined to Washington's Western State Hospital, is claiming at least part of his late mother's estate even though he's the one who killed her in 1999. Washington law prevents profiting from the "unlawful" and "willful" taking of another's life, but Hoge was found "not guilty by reason of insanity," and the legal issue is still unsettled. Furthermore, according to a January report in the Seattle Times, it appears that the mother's estate consists almost entirely of the \$800,000 the estate won in a lawsuit against a county health clinic because it was negligent in delaying Joshua's medications, which may have led to his killing her.

Can't Possibly Be True

 Mr. Coll Bell, a New Zealander who invented a composting toilet supposedly superior to a septic system and who wanted permission from the Auckland Regional Council to install one at a campground, said an ARC bureaucrat had queried him on whether the worms he uses would be traumatized by the volume of work required in the annual two-week period of intensive campground use. Coll told Agence France-Presse in December that vermiculture expert Patricia Naidu had assured him that the worms would be "happy."

- Convenience-store manager Carol Mendenhall told reporters in December that among the police citations she had recently received for a disturbance at her home in Dibble, Okla. (pop. 282), was one for allowing her four goats to have sex in her front yard in public view, which was illegal in Dibble. She admitted that her billygoat, Adam, had been attending to three females who were in heat at the same time. The city council has since repealed the ordinance, following a campaign Mendenhall conducted.

- Police in Mount Lebanon, Pa., said in December that no illegal acts were involved, but some parents still want to know why the nondenominational Christian Mount Lebanon Young Life club had staged a teenagers' social event during which boys wore adult diapers, bibs, and bonnets and sat in girls' laps while being spoon-fed. Said youth minister O.J. Wandrisco, the skits were not "dirty" but "to break down the walls and let [the kids] have fun." A previous skit involved, according to a parent, kids eating chocolate pudding out of diapers.

 In November, accused armed robber Steven McDermott, 49, was captured after leading California Highway Patrol officers on a high-speed chase in a commandeered taxicab, causing two collisions before McDermott fled on foot. When McDermott was cornered, officers said he reached toward his waistband, leading one officer to shoot him, though the object McDermott was reaching for was a sex toy tethered to his belt loop.

— Ingrates: (1) "Get in here and do your [word omitted by the Allentown Morning Call] jobs, you dumb [omitted]," said Donald Reidnauer Sr., 56, after summoning police to investigate a BB pellet fired at his house in Richland Township, Pa., in November. "I pay taxes. I am your boss. Get in here and do your jobs or I'll have to kick your [omitted]." Reidnauer then lunged at officers and was arrested. (2) Mariorie Kellev, 50, called 911 in Sarasota, Fla., in January after feeling chest pains, but she requested that no sirens or lights be used by the ambulance. When EMTs arrived using sirens and lights, Kelley reportedly jumped up and chased them down the street, wielding a rolling pin, according to WWSB-TV.

Injudicious Judges

🗕 In Dhanbad, India, Judge Sunil Kumar Singh has been trying to settle a 20-year-old land dispute involving temples of the Hindu gods Ram and Hanuman and has become impatient, according to a December BBC News dispatch from Patna. One priest claims the land belongs to him, but most locals say the temples own it, and Judge Singh, exasperated, recently placed ads in local newspapers asking Ram and Hanuman to come to court personally and address the issue.

Least Competent Persons

 Ronald Stach, 41, climbed to the roof of the Canton Station bar in Baltimore on Dec. 11 and remained until Christmas Day, protesting the poor showing of the Baltimore Ravens football team. As such, Stach called attention not just to the Ravens but also to himself, and thus inadvertently alerted his former wife as to his whereabouts so that she could renew her years-long quest for at least \$40,000 in back child support. Kelly Stach said she was especially incensed at a TV interview in which Ronald lamented how much money he had spent on Ravens memorabilia. Shortly after that, a second woman came forward, claiming Ronald also owed her \$12,000 in back child support.

Send your Weird News to Chuck Shepherd, San Diego Reader, P.O. Box 85803, San Diego, CA 92186 or to WeirdNewsTips@Yahoo.com

PACIFIC BEACH. 2-blocks/bay! Private 2 bedroom, 2 bath condo, upstairs. Washer/dryer. New carpet. No dogs. Year lease. \$1750. Viewing: appoint-ment, 8am-5pm. 619-206-2872.

PACIFIC BEACH. \$1125. Extra large 1 bedroom, 1 bath, stove, refrigerator, laundry, carport. 2 blocks from beach/bay. Pet negotiable. 1480 Fortuna Av-

PACIFIC BEACH. \$1700. 2 bedroom, 1 bath. 3 blocks to beach. Assigned off-street parking. Laundry on-site. Available now. No pets. 1050 Hornblend. Call 858-270-4492 x203.

PACIFIC BEACH. 3 bedroom, 3 bath townhome. 3-car garage. Fireplace, washer/dryer, patio and deck. No pets. 1853 Grand Avenue. \$2500. Available late January. 858-270-4492, x203.

PACIFIC BEACH. \$200 off first month. 2 bedroom, 1 bath across from Mission Bay from \$1325! Gated community. Trails to bay, beach. Adjacent amenities: pool, spa, sundeck, barbecue lounge. Equipment and free weight room. Cardo fitness center. Computer lab with printer. TV lounge. On-site laun-

dry. Cat friendly! 1-800-490-6372. www.

PACIFIC BEACH, Studio, steps from beach. Laundry, hottub on-site. Available 2/03/08. To view, 633 Missouri Street, 92109, please do not disturb tenants, \$1,025. 858-483-3335.

PACIFIC BEACH. All utilities paid. 860 Missouri Street. Spacious studio apart-

ment. Great location, only 1/2 blocks to the beach! No pets. \$895 rent, \$950 de-posit. www.timcassidy.com. Cassidy, Broker, 619-275-LIST.

PACIFIC BEACH. 860 Missouri Street #H. Spacious 2 bedroom, 2 bath apart-ment. Great location, only 1/2 blocks to the beach! \$1495. www.timcassidy. com. Cassidy, Broker, 619-275-LIST.

(858) 874-8490

M-F 8 am-6 pm, Sat 8 am-3 pm

A UTOMOTIVE

Free retest when we do repair.

Plus \$8.25 certificate and \$1.50 transfer fee Vans, trucks & European cars extra. Cash only.
Must present DMV renewal notice.
All prices plus tax. With this ad. Exp. 2/25/08. OIL CHANGE \$2195

Most cars. Includes up to 5 qts. and new filter. Cash only.

BASIC TUNE-UP:

4-CYL. \$25/6-CYL. \$35/8-CYL. \$45' Includes spark plugs. Additional parts extra. Most cars.

TIMING BELT SPECIAL \$95°

BRAKES...\$10 OFF

new pads, lining. Most cars,

STEVE AUTO REPAIR

1370 Garnet Ave. • Pacific Beach

(858) 274-1195

QUALITY You Can Count On!

Brakes • Suspension & Shocks

FREE Wheel Alignment

with any 4-wheel brake service. Factory adjust only. Camber & caster extra.

Tire Rotation & Balance Special \$1995

Most cars. Mag wheels extra.

FREE Oil Change with 30K • 60K • 90K Scheduled Maintenance Call for details



Collision, Repair, Paint Insurance welcome Free estimates

(R)

619-291-0767 Se habla español

3101 Moore Street Sports Arena Area Mon - Fri 8 am-5 pm \$7 OFF SMOG CHECK *Fast Service * No Hidden Charges* LICENSED $B\overline{B}B$ TEST ONLY WE CERTIFY ALL VEHICLES **KEARNY MESA SMOG CHECK**

AAA-Approved Repair

BBB

ASE Certified Master Technicians Convoy Auto Repair (858) 560-9131

www.convoyautorepair.com

Serving San Diego for 31 Years! 3909 Convoy St., in Aero-Convoy Auto Center Monday-Friday 7:30-5:30, Saturday 7:30-4:00



This coupon entitles holder to receive a 10% discount to a maximum of \$50 off* all non-advertised service and repairs at Convoy Auto Repair and Towing.

Your Complete Certified Full-Service Repair Facility

Head Gaskets
 Transmissions
 Fuel Injection
 Shocks/Struts
 Valve Jobs
 Clutches
 Power Windows
 Power Steering
 Engine Replacen

Serving Kearny Mesa Since 1976 3909 Convoy Street San Diego, CA 92111 • (858) 560-9131

*Prices do not include tax or environmental fees. Adjustments are where applicable. Inspections are visual only. Call for vehicle-specific quotes. See store for details. Most cars. Not valid with any other offer and/or discounts. May not be used on previous charges. Present coupon at time of order. No substitutions. Prices subject to change without notice.

Your Dealership Alternative • Same-Day Service!

4191 Convoy St., Suite A

(Same bldg. as Big O Tires)

Convoy Auto 30K/60K/90K Service Special Change engine oil (5w30)Change oil filterCheck for fluid leaks

Clean battery terminals Check fuel filter Check differential fluid

Check transmission fluid

Tune-Up

Maintenance tune-up
 Replace air filter
 Adjust timing (where applicable)
 Replace spark plugs (resistor type)
 Drain and refill radiator (green coolant)

Replace copper core plugs

Basic code retrieval and diagnostic

OBD II-type vehicles

(Full synthetic fluid)

• Avoid costly transmission

Regular ATF changes drain no more than 30% of the AFT from your transmission

your transmission's old fluid

Transmission Flush

Our new service exchanges nearly 100% of

Change master cylinder brake fluid

Inspect filters Inspect timing
 Inspect cap & rotor Inspect ignition wires

"Check Engine" Light On?

Free With Repairs

Increase your MPG \$3495*

WE NOW DO TEST ONLY

1996 and Newer Your 1995 and Older Your Stop \$5 975

Free re-test with our r airs. Most cars. Plus \$8.25 certificate and \$2.00 transfer fee.

Call for appointment.

Cooling System Flush

 Flush radiator and block • Flush heater core and hoses

• Up to 1 gallon green coolant (special coolants and/or additional capacities extra)

Premium Synthetic Oil Change

Rotate tires
 Check and adjust tire

• Up to 5 qts. of • 60-pt. vehicle Call for appointment.

Timing Belt

\$59⁹⁵* Replacement at 60,000 miles recommended to avoid engine damage.

Parts extra. A/C or P/S add'l \$20 labor each. FWD additional \$25. V6 additional (call). Most 4-cyl. RWD cars & light trucks

Brakes Free Brake Inspection
• Replace pads or shoes
• Inspect wheel cylinders
• Front or rear.

 Inspect wheer cylinders
 Inspect hardware
 Inspect drums or rotors Labor only. Plus parts.

• Inspect lines, hoses & seals
• Inspect master cylinder & fluid

POINT LOMA/OCEAN BEACH. \$1550. 2 carpet. Fireplace, washer/dryer. Cable water included. 3161 Groton Way #4

POINT LOMA. Studio. 450 square feet. tioning, reserved parking, gated community, heated pool/spa, fitness room, tennis/volleyball, barbecues. \$895. 619-

POINT LOMA/SUNSET CLIFFS. \$1500 with garage. \$1400 without garage. 2 bedroom, 1 bath. Steps to ocean! Quiet. Laundry facilities on site. Pets OK. 4825/4827 Orchard. 619-222-6020.

4827 Orchard. 619-222-6020.

POINT LOMA. \$1295. Large 1 bedroom, 1 bath. Washer/dryer. Air conditioning. 3 parking spots. Fireplace. Lagoon. Pool. Double oven. Gated community. Parking underground. Agent. 619-692-4121.

POINT LOMA. \$1050 rent. \$600 deposit, OAC. Large 2 bedroom. 1 bath. Parking spot. Laundry. No pets. At 2836 Avenida De Portugal. Agent, 619-299-8515.

POINT LOMA. \$1055 rent. \$600 deposit, OAC. Large 1 bedroom condo. 1-car garage. Patio. Laundry hook-ups. Pool/spa. No pets, at 3755 Udall Street #201. 619-299-8615.

FORT LOMA, \$1150 rent. \$600 deposit. OAC. 2018 1150 rent. \$600 deposit. OAC. 2 bedroom, 1 bath. Hardwood floors and new carpet in bedrooms. 1-car garage. Laundry. No pets. At 2839 Shetre Island Drive. Agent, 619-299-8515.

POINT LOMA. One month free and free ITouch! Valid with ad only. 12-month lease. Expires 2/29/08. Newly renovated 1 bedrooms from \$13251 City/bay views! Caesar-Stone countertops. Stainless-steel appliances. Pool, spa, sauna. Fitness centers. Air conditioning. Cat friendly. Gables Point Loma, 3811 Marquette Place. 619-223-6577. Gables.com. www.sdreader.com/rent/1003.

com/rent/1003.

POINT LOMA. Newly renovated 1 bedrooms from \$975. \$100 deposit, on approved credit! Pets welcome! Clubhouse. Fitness room. Business room. Tennis. Heated pool, spa. Convenient assigned parking. Near shopping, beaches, restaurants, freeway access. Stonewood Garden Apartments, 3889 Midway Drive. Toll free: 1-888-773-6259. MG Properties Investment Real Estate. www.sdreader.com/rent/2118.

POINT LOMA. Studio and 1 bedroom, 1 Point Lowa. Studio and 1 bedroom, 1 bath apartments available, starting at \$885!'. Close to ocean, off-street parking. Spa area, on-site laundry. Cats/dogs 20 lbs OK. Water and trash included. *Lim-ited offer, on approved credit, see man-ager for details. 2449 Soto Street,

Free Classifieds!

ads with photos at SDReader.com

apartment #102. 619-224-1973. Or visit us on our website at www.sdrenting.com.

POINT LOMA. From \$1550. Beautiful 2 bedroom, 2 bath apartment homes. Pool, spa and view deck. Fitness center, media room, gated parking. Gorgeous gated community. 3950 Leland. 619-223-1390.

POINT LOMA/Liberty Station. \$2950. 3 bedroom, 3-1/2 bath. 2 master bedrooms, double garage, 2 patios, fireplace, bamboo floors, shutters, washer/dryer, refrigerator. Walk to stores, restaurants, bay/

eratior. Walk to stores, restaurants, Day, park. No smoking/pets. 619-318-8853. POINT LOMA. \$925 rent. \$600 deposit, OAC. Large 1 bedroom, 1-1/2 bath. Park-ing spot. Laundry. No pets. At 4126 Udall Street #6. 619-299-8515.

POINT LOMA. \$1300. 2 bedroom, 1 bath, upper unit. Parking, dishwasher, refrigerator, stove, Berber carpet. Quiet. No pets. Near all. 4234 Venus. Agent, 619-254-8703 pic/gayl.com

8703. njozwaoi.com.

POINT LOMA. \$995-\$1195. Move-in special: \$200 off first month! 1 bedroom, 1 bath. Immaculate community, luxury apartments. Bright. Upgraded countertops and cabinets. Stainless steel appliances. Close to beaches, Downtown and more. 3020 Hugo Street. Call Paola at 619-987-3634. sunriseliving.com.

POINT LOMA. \$700. 1 bedroom, 1 bath. Recently refurbished. Parking space. Available 2/9. Credit check. Nonsmoking. No pets. Call 858-248-2026.

POINT LOMA. \$1350. Spacious 2 bedroom, 1 bath. Clean and quiet building. On-site laundry. Nice landscaping. Garage and parking included! Water, trash and gardener paid by owner. 1-year lease. Sorry, no pets! Cogan Properties, 619-283-3934.

POWAY. \$915. 1 bedroom in well maintained complex. Air conditioning, parking, laundry. Near shopping. No pets. 12529 Oak Knoll. 858-486-0109.

POWAY. \$925. Nice 1 bedroom, 1 bath apartments. Pool, dishwasher, patio or balcony, parking, laundry, beautiful court-yard. No pets. 12500 Oak Knoll. 858-679-

RANCHO BERNARDO, 3 bedroom 2 bath, beautiful remodeled condo, wood floors, fireplace, gourmet kitchen, side yard, club, pool. Close to shops, freeways. \$1850, 858-776-9262.

\$1850, 858-7/6-9202.

RANCHO PENASQUITOS. \$1400. 2 bedroom, 2 bath Casablanca condo. Cov ered parking. Washer/dryer. Dishwasher Refrigerator. Fireplace. Patio. Air condi tioning. Community pools. Convenient to all. 971-678-9731.

RANCHO PENASQUITOS. \$500 off sec ond month! 2 bedroom, 1 bath. \$1350. 3 bedroom, 2 bath. \$1600. Low \$500-\$700 deposits! Newly remodeled. Air conditioning. Pool, spa. Carport. No pets. Rancho Villas Apartments. 858-484-0744.

SAN CARLOS. Super special! 2 bedroom townhouses. \$1375 and up. Stove, dishwasher, garage, large patio, pool, laundry facilities. Lakewood Villa Townhomes, 8492 San Carlos Drive, San Diego. 619-469-3585; 619-944-0671.

SAN DIEGO. \$579. 1 bedroom, 1 bath Laundry and parking on site. 619-640-

SAN MARCOS. Great location. San Elijo Hills. 2 bedroom, 2-1/2 bath condo. 2-car garage. Office, covered deck, interior laundry area. \$1995/month. 760-717-

SANTEE. \$825. 2 bedroom, 1 bath. Also 1 bedroom, 1 bath for \$775. On-site laundry, off-street parking. No pets. 8527 Graves Avenue. 619-258-2584.

SANTEE. 3 bedroom, 1-1/2 bath. Kitchen recently remodeled. Washer/dryer. Carport. Storage. No pets. \$1600. Drive by 7899 Rancho Fanita Drive #C, then call 951-653-6433.

SANTEE. New 2 bedroom, 1 bath condo. 2 parking places, stainless steel appli-ances, pool, recreation room, more. \$1150. No pets. 8731 Graves Avenue. 619-820-0003.

SERRA MESA. \$1395. 2 bedroom, 2 bath. Wood floors. Walk-in closet. Com-munity pool. Weight room. Recreation area. Parking. Stackable washer and dryer. Tiled patio. 3571 Ruffin Road #144. Call agent, 619-692-4121.

Call agent, 619-692-4121.

SHERMAN HEIGHTS, east of Downtown.

\$995. Large 1 bedroom. Hardwood floors, large walk-in closets, patio, on-site laundry, courtyard. Pet OK with deposit. 2473 Market Street. 619-231-8723.

solana Beach. \$1315. Newly remodeled 1 bedroom apartment home located just around the corner from Del Mar beaches, race track and close to Cedroop Design District. Our community is perfect for the Southern California lifestyle. Open kitchen, breakfast bar, walk-in closet, ceiling fans. Pet friendly. 858-755-1466. This one will go fast so call today!

SOLANA BEACH. \$2300. Duplex. Quiet cul-de-sac. 3 bedroom, 2 bath, 2 car garage. Partially furnished or not. Washer/dryer. West of I-5. Available now. 760-458-0245.

SOLANA BEACH. Sun studio with skylights and deck. Nonsmoking. \$850. 858-

SOUTH PARK. \$715. Studio. \$825. 1 bedroom, 1 bath. Gated complex. Laundry. Cat OK. 2865 A Street. Call 619-236-

SOUTH PARK/GOLDEN HILL. \$780 Sunny, nice remodeled 1 bedroom, 1 bath. Small complex. Downstairs. Private. Off-street parking. No pets/smoking. 1719 Fern Street. 619-276-2225.

SOUTH PARK, \$1195, 2 bedroom, 1 bath apartment, upstairs. New carpet. Laundry on site. Small pet on approval. 1953 31st Street. 619-640-7530. www.sdforrent.

SPRING VALLEY. 9924 Buena Vista Drive. 1 bedroom, 1 bath, \$750. 1/2 off first month. Section 8 OK. Won't last! Clean and quiet. reader@sdcpm.net. SD-CPM, 619-220-4840.

SPRING VALLEY. Sharp 3 bedroom, 1.75 bath townhouse, washer/dryer, refrigerator, stove, dishwasher, storage galore, private 2-car covered carport attached, pool, great park, walk to shopping. \$1500/month. Some new furniture available for rent/purchase. Approvals required. Chet Moore, 619-991-9665 or Peg 1-800-848-1453.

TALMADGE. \$865. Large 1 bedroom. Clean, good condition. Nice, quiet area. Clean, good condition. Nice, quiet area. On-site laundry, off-street parking, air conditioning, security gated. 4544 Winona Avenue. 619-229-1406.

Winona Avenue. 619-229-1406. **TALMADGE/KENSINGTON.** \$250 off first month, select units! Deluxe 2 bedroom, 1 bath starting at \$1035! Large closets, built-in shelving, ceiling fans, separate dining room. Refrigerator, stove, dishwasher. Covered parking, courtyard, on-

site laundry. Pool, spa with poolside WiFi. Outdoor billiards, barbecue lounge with WiFi. Fitness center, computer lab! Pet-friendly. Talmadge Point, 619-282-1191.

TIERRASANTA. \$1650. Beautiful 2 bedroom, 2 bath condo. Top floor overlooking golf course. Quiet, private. Tennis court, pool, jacuzzi, barbecue area, parking. Includes cable. 858-336-1575.

TIERRASANTA. \$895. 1 bedroom, 1 bath. Senior complex. Gated, quiet complex, recreation room with activities, on-site laundry. Next to shopping, bank, pharmacy and more. Cat OK. Section 8 OK. 4906 La Cuenta Drive. 619-296-6699.

UNIVERSITY HEIGHTS. 2 bedroom, 1 bath \$950. Large upper unit. Spacious kitchen, bright and airy, assigned parking, coin laundry. No pets. 4366.5 Mississippi. 619-260-3629.

UNIVERSITY HEIGHTS, \$825, Spacious 1 bedroom. Upstairs. Small, cozy complex. Laundry. Parking. No pets. 4460 Cleveland Avenue #6. Agent, 619-298-7724.

bedroom, 2 bath luxury units. Upstairs has vaulted cellings. Both have fireplace, central air/heat, washer/dryer, all appliances, garden window, new paint/carpet, 1 car garage with remote plus parking and particular the properties of the particular of the particul NORTH PARK/UNIVERSITY HEIGHTS. 2

room, 2 bath, upper. Remodeled with new carpet, window coverings, upgraded fixtures. Gated building with laundry and off-street parking. Broker, 619-286-4250.

UNIVERSITY HEIGHTS. \$895. 1 bedroom, 1 bath, small patio, built-in book shelf, large closet, laundry on site, parking. No pets. 4613 Alabama Street. CCPM, 619-206-6690

UNIVERSITY HEIGHTS. \$1300. Immacu-late restoration. 1930s two bedroom gar-den apartment. Beamed ceiling. Fireplace, hardwood. New kitchen and bathroom. Garage. Laundry. Nonsmok-ing. No dogs. 858-483-7849.

UNIVERSITY HEIGHTS. \$895. Lower 1 bedroom, 1 bath, all appliances. on-site laundry, covered parking, new paint. Cat ok. 2605 Madison Avenue #2. 619-804**UTC.** 3 bedroom, 2.5 bath. Spacious, 2-story townhome with mirrored wardrobes, hardwood floors, custom paint, laundry room with washer/dryer. Beautifully landscaped complex. \$2300. 714-865-2873.

UTC. 55/up. Spacious luxury living. Pool, spa, golf course. 1 bedrooms, \$1149. 2 bedrooms, \$1349. Town Park Villas, 4633 Governor Drive. 858-453-0441.

REAL ESTATE Houses

calling 619-235-8200. **POST FREE ONLINE ADS** with photos at SDReader.com. See thousands of classi-

AMAZING! Room for everything! Almost 1 acre, newer home. 4 bedroom, 2 bath. Family room, fireplace, RV parking. Reduced by \$71,000! \$549,000. Agent Kelly, 619-562-6999.

BEAUTIFUL DUPLEX! Two units: each 2 autifulduplex.com. 619-788-2720.

COLLEGE AREA. Great entry level for investor home. 4 bedroom, 2 bath, 1 car garage. New carpet, range, water heater. \$350K-\$400K. Rich, Remax Associates.

888-405-5270. **EL CAJON.** Mobile home. Senior park. Pool. Reduced to \$15,000 or best bid! 1+ bedroom, 1 bath. Refurbished. Carport. Air conditioning, washer/dryer. Low lot rent. Owner, 858-581-9151.

rent. Owner, 858-581-9151.

FIRST TIME BUYER. State sponsored program. Zero down payment! Low fixed rates. Down payment and closing cost assistance. Get the home of your dreams with zero out of pocket! Rico @ Pacifica Properties & Mortgage, 760-431-9577. rico@roadrunner.com. www. loanandhomestore.com.

FREE. VIEW SAN DIEGO'S only real estate listings with exact addresses! Get"comps," school information, maps, and more. Go towww.SanDiegoReader.

FULLY FURNISHED HOMES IN UTAH. For sale and rental. Located between Powder Mountain and Snowbasin ski areas. One hour to Salt Lake International Airport. 877-SKI-POWDER. www.utahskihomes.

2 bath house. Completely remodeled. Dual-pane windows. Electrical upgraded. New heater/air conditioning. California room. Nice landscaping. \$394,800. Agent 610,700,0750 619-709-0759.

Remanufactured

Engines

JACOBS ENGINES

AUTOMOTIVE





(Plus \$8.25 for certificate and \$2.50 communication fee. Passenger vehicles only. Others extra.) No appt. necessary.

ADAMS IMPORT

Mon.-Fri. 8 am-5 pm 3166 Adams Avenue



ENGINE OR TRANSMISSION PROBLEMS? Major or Minor? We Can Help!



15% OFF ANY TRANSMISSION

REPAIR OR REBUILD* MIRAMAR

(858) 552-8484

6690 Miramar Rd. #G • San Diego

• Free Shuttle Service • FREE Leak Check

Multiple financing plans available — OAC TRANSMISSION & AUTO REPAIR SCA

AUTO REPAIR & SERVICING* SPORTS ARENA/PT. LOMA

(619) 523-1222 2904 Lytton St. • San Diego

GENERAL

*Offer valid with coupon only. Expires 1/24/08.

938 Coolidge Ave. (Off I-5) National City 619-474-2556

Complete Automotive Repair

"Exceeding customer expectations since 1989!",

www.suspensionplus.net







•30K \$9995



Monday-Friday 8 am-6 pm • Saturday 8 am-5 pm Call for details. Please call for an appointment.

MIRAMAR • (858) 558-8562 6696 Miramar Rd., Suites I & J (Miramar Auto Center, 2 miles east of UTC mall)

> **POINT LOMA** (619) 223-2248

3112 Midway Dr., Suite D (Midway & Rosecrans, next to Discount Tire)

Shock & Strut Special !

BUY THREE, GET THE FOURTH

FREE KYB

New Clutch

STARTING AT \$239 Parts & Labor

Rear-wheel drive. Front-wheel drive, light trucks & 4x4 extra.

"Check Engine" Light On?

FREE with repair

\$2995 • Basic code retrieval and diagnostic • OBD II-type vehicles



 Install new spark plugs · Change engine oil and filter

AS LOW AS

• Inspect filters

New Radiator

Lifetime Warranty

Timing Belt

· Rotate tires

· Check ignition system · Clean battery terminals · Check radiator & hoses · Flush brake system

Factory Scheduled Service

15K or 30K may not require all services or parts listed.

• Check fluids • Inspect belts · Inspect and adjust brakes · Road-test vehicle Premium plugs extra. Most 4-cyl, cars and light trucks. Some trucks and 4x4s slightly higher.

· 60K/90K \$13995

Computerized AS LOW AS Alignment

Thrust Angle

Free alignment inspection! **Complete Axles** \$**89**⁹⁵

> Lifetime warranty. Plus labor. Most cars.

Maintenance Tune-up AS LOW AS \$34.95 4-cyl.

Free brake inspection!

BRAKE SPECIAL FROM **\$7995** Most cars.

Replace pads or shoes, inspect hardware, inspect rotors & drums, inspect hydraulics. Non-slip rotors, semi-metallic pads & premium pads extra. 4x4s, light trucks & 4-wheel disc extra. Lifetime warranty available.

Oil Change

Synthetic Oil Available Includes 5 quarts 10W/30 oil and new filter. Most cars.

FREE CAR RENTAL

One day with any repair over \$380

Most cars & light trucks.
Call for details.

Prices subject to change without notice. Must present coupon at time of service.

welcome. Call for a quote for your vehicle.

Plus parts. A/C extra. Most cars. All vehicles

4-Wheel Alignment \$49°5

Set toes to specs.

Install plugs. Premium plugs extra.

Most cars & light trucks.

Jerry Sample, Jr. (General Manager) is an ASE Master Technician who is also Acura/Honda factory-trained. With well over a decade of experience, including several years working as a top mechanic at a well-known local Acura dealership, you can be assured of top-notch quality service. Jerry takes pride in what he does. His diagnostic skills are well-known throughout the industry. Often when customers are unable to achieve satisfaction elsewhere, they are directed to lerry for an analysis. He thrives on a good challenge. Jerry will also take the time to explain to customers what he believes the problem is and how he would go about fixing it.

Greenlight Honda Acura Care prides itself on quality and service. We are proud to have more than 1,000 customers in San Diego and surrounding areas. The loyalty of our customers attests to Jerry and his crew's integrity.

Bryan Bettencourt (Service Technician) also has many years of experience in the automotive business including audio and communications. Bryan is the "go-to" guy for all your electrical needs. He complements Jerry in every way. Together, Jerry, Bryan and their team are a formidable group of technicians, ensuring that you walk away a satisfied customer. Some repair shops take shortcuts and often cover up problems with a temporary fix. We know...we fix their mistakes!

Bottom line: We do it right the FIRST time! Our standard is to use factory parts and perform quality work...just at a more reasonable cost.

We look forward to meeting you and having the opportunity to do business with you Stop by and check us out, give us a call or an e-mail. Be sure and visit our website for valuable discount coupons.

FACTORY SERVICE

Includes

- Oil change
- Tire rotation Transmission service

\$10995

FREE **Code Check** engine" light on?)

Alignment \$5995

Oil Change

\$**18**95*

Includes new oil filter and up to 4 quarts of oil. Hazardous waste fee \$2.

Radiator Flush

Fuel Injector Cleaning

Timing Belts

Muffler Special

\$**64**95*

Catalytic

Converter Special

109^{95*}

3995*

495*

15K • 45K • 75K | 30K • 60K • 90K FACTORY SERVICE

- Change spark plugs Maintenance tune-up
 Drain & refill radiator
- · Change air filter Inspect brakes
- 4-tire rotation
 Inspect suspension
 Change engine oil & filter

• Transmission drain & refill

- Inspect PCV valve (if applicable)
- Inspect fuel filter
- Top off all fluids
- Clean battery terminals
 Check & tighten all belts
 Free 38-point inspection

\$18995 \$20995

 $\mathbf{B}\mathbf{B}\mathbf{B}$

CHDIJNJJAD

HONDA ACURA CARE 7960 RONSON RD., SUITE C Behind Pann Auto Performanc Mon.-Fri. 8 am-6 pm, Sat. 9 am-2 pm

858-569-1511

greenlightauto7853@sbcglobal.net A website worth looking at:

www.GreenlightHonda.com

Smog Check \$**16**75

Plus \$8.25 for certificate. Most cars. Trucks, SUVs, vans, 1996 and newer cars extra.

Catalytic **Converter Special** 109^{95*}

Brakes [2 wheels] \$**69**⁹⁵*

Install new lining. Resurface drums or rotors extra

3D Technology Alignment & New Tires Available Most Major Brands. Call for *Reader* Special.

> **Computerized** Tune-Up

\$29⁹⁵* \$3495

6-cyl. 8-cyl. \$40⁹⁵*

Install spark plugs and set timing.
Diagnostic (scope hookup).

Engine Steam Cleaning Available

THAO AUTO REPAIR

3400 El Cajon Blvd. • (619) 640-4606 • (619) 640-4607 3752 Park Blvd., Hillcrest • (619) 692-1065

MasterCard · Special rates for auto body repair without insurance. *All offers valid on most cars, with coupon. Exp. 2/7/08.

ADVANCED MACHINE

PARTS • SERVICE • WELDING Your Complete Automotive Machine Shop • 3400 El Cajon Blvd. **619-640-4609** • Se habla español

COMPLETE LONG BLOCK REBUILD FROM \$699 Flywheels \$15
 Valve jobs from \$75
 Crankgrinds \$55 Most flywheels & crankgrinds available in 1 day or less.

MISSION HILLS. Rent to own home plus granny flat on 2 levels. Canyon/bay views, private decks, corner lot, fresh paint/floor-ng. \$799,000. Randy, 808-457-0645.

POINT LOMA. Two master suites, sepa rate bathrooms. Crown moulding. Marble baths, granite kitchen, tile floors. Carpet allowance. Split floor plan. Pool. VA approved. \$220,000. 858-200-7511.

SOLANA BEACH. Open house Sunday, 10am-3pm. Walking distance to the beach. 3 bedroom, 2-1/2 bath, completely remodeled, 649 Marsolan Avenue, \$1,300,000. Agent, Stella Biggs, 619-384-1945

UTC-GORGEOUS REMODEL! Spacious 3 bedroom townhome. Double garage. Gourmet kitchen. Fireplace. High ceilings. Open house: Saturday, 12pm-4pm. \$690K. 7125A Calabria Court. Agent: Scopp 866 472 7225

\$690K. 7125A Calabria Court. Agent: Sean, 866-473-7325.

VISTA. 1 acre, 3 bedroom, 2 bath, workshop, 2 corrals, hay barn, outbuildings, kids' cottage, fruit orchard, automatic sprinklers, RV parking. \$450,000. www.socalhorsetrails.com. Bill, 760-207-4562.

socalhorsetralls.com. Bill, 760-207-4562. VISTA. Shadowridge Golf Course home. 2875 square feet, 2 story, 4 bedroom, 3 bath, 3-car garage. New roof, windows, granite kitchen, landscaping. \$744,000. Dennis, 760-518-6250.

REAL ESTATE

Condos

PLACE PRINTED ADS in the Reader by

POST FREE ONLINE ADS with photos at er.com. See thousands of classi-not printed here!

CORTEZ HILL. Contemporary condo, 1 bedroom, 1.5 bath, 869 square feet. Gourmet kitchen, washer/dryer. Balconycity/bay views. Built 2005. \$429,900-\$439,900. Realtor, 619-403-0114.

DEL MAR. Lovely, sunny 2 bedroom, 2 bath condo with pool and Jacuzzi. Monthly interest \$1695. \$15,000 down. APR only 5.9%. Call Agent, Elizabeth, at 619-286-5813.

DISTRESS SALES! Bank foreclosures DISTRESS SALES! Bank foreclosures. Free computerized list of foreclosure properties. Houses and condos. Great investment opportunity. Toll free: 1-800-530-0697, ID# 3042. www. sandiegoforeclosuresite.com.

DOWNTOWN. Studio condo, 12th floor. Balcony with views. Parking. Discounted. \$7,760 down required. Buyer to finance balance of \$250,884. Owner. 858-272-2760, rriecken@san.rr.com.

FASHION VALLEY, The Franciscan. 2 bedroom. Gated community, across from mall and golf course. Pool, jacuzzi, gym, laundry facilities. \$265,000. More info, call John 213-305-2216.

FREE. VIEW SAN DIEGO'S only real es tate listings with exact addresses! Get"comps," school information, maps and more. Go towww.SanDiegoReader

LA JOLLA. Sunny, lovely 2 bedroom, 2 bath condo with pool and Jacuzzi. Monthly interest \$1695. \$15,000 down. APR only 5.9%. Call Agent, Elizabeth at 619-286-5813.

bily-280-3813. LITTLE ITALY, Spacious condo, 1 bedroom, 1 bath, 845 square feet. Upgraded kitchen, washer/dryer. Community pool and yym. Built 2004. \$349,900-\$359,900. Realtor, 619-403-0114.

SAN DIEGO. Investment property for sale. Great opportunity, 5 units, 3 buildings plus 4 car garage in 1 lot. Well main-tained! Positive monthly income. Call Top Notch Realty Inc. for details. 858-715-0688.

UTC AREA. Sunny, lovely 2 bedroom, 2 bath condo with pool and Jacuzzi. Monthly interest \$1695. \$15,000 down. APR only 5.9%. Call Agent, Elizabeth, at 619-286-5813.

REAL ESTATE

M iscellaneous

PLACE PRINTED ADS in the Reader by

calling 619-235-8200. **POST FREE ONLINE ADS** with photos at SDReader.com. See thousands of classified ads not printed here!

AIREIS.COM. Private money. We buy homes in any area/condition. Foreclosure help! No equity, no problem. Stop making payments today. www.aireis.com. Call Brent, 619-606-1462.

ATTENTION SELLERS! We'll buy your house in 11 days or pay you \$500 cash! 24 hour information: 800-398-8864, Box 305.

ATTN: FIRST TIME BUYERS and teach ers/school employees qualify for govern-ment-subsidized loan with up to \$100,000 for down payment assistance! Call Pam McCornick Realtor 858-354-7335

BUYERS' REAL ESTATE SPECIALIST! It's a fabulous buyers' market! Let an expert help you find a great deal today! Relocation Specialist too! ElisabethSellsSanDiego

COSTA RICA LAND for sale. Ocean mountain, river views. Fishing, peaceful organic living! Joya Pacifica, province of Puntarenas. Gated, 24 hour security. \$65,000. Adrianne, 415-846-4515.

FORECLOSURES/SHORT SALES. Below

FORECLOSURES AND DEFAULTS. Huge increase in daily volume! Daily reports 30-50 new properties daily throughou San Diego County. All loans researched Call 800-664-2567; www

FREE. VIEW SAN DIEGO'S only real estate listings with exact addresses! Get"comps," school information, maps, and more. Go towww.SanDiegoReader.

BMW

TOYOTA

VOLVO

Z -L

z -

AGUAR

TOYOTA

HOND

タピしこ

4

OLVO



FREE DIAGNOSTIC



"Check Engine" **Warning Light**

TOYOTA

NOLVO

HONDA

J

AGUAR



Air Bag Light



Brake Check

WE CAN FIX IT!

If you have any warning light, we can fix it! Any make or model.

GERMAN • JAPANESE • EUROPEAN • DOMESTIC Factory Standards State-of-the-Art Computer Analysis

BRAKES \$49^{99 OFF}

COMPLETE SERVICE INCLUDES:

 Install new pads or shoes Inspect rotors or drums

4-Winc.

NO

Surprises!

4-Wheel Service

. Check: hardware caliners cylinder, lines, hoses and seals

30K/60K/90K/120K/150K MAJOR SERVICE \$**99**^{99*} · Service battery

- Replace spark plugs (resistor)
- Change oil (10W30) and filter
- · Inspect emission control system
- Drain & replace coolant (up to 1 gallon) . Check heating & A/C
- . Check & top off all fluid levels · Check tire pressure
- Rotate tires · Lube chassis
- Inspect exhaust
- Inspect suspension & steering

• Inspect lights & wiper blades

· Inspect drive belts & coolant hoses · Road test vehicle

NEW RADIATOR FROM \$ 149 95*

HEAD GASKET \$249

Parts & labor, Select 4-cylinder cars

CLUTCH \$149 95* Parts extra.

Inspect: flywheel, clutch cable, clutch hydraulics rear crank seal, clutch pedal

COOLING SYSTEM SERVICE \$2495

Drain & fill radiator

ENGINES & TRANSMISSIONS

STARTING FROM \$495

TIMING BELT FROM \$4999*

AXLE FROM \$4999*

ALTERNATOR or STARTER

STARTING AT \$ 129 95*

Replacement at 60,000 miles recommended to avoid engine damage

Parts extra. A/C or P/S additional \$20 labor each FWD additional \$25. V6 additional (call). Most 4-cyl. RWD cars & light trucks

TRANSMISSION FLUID FLUSH FROM \$49⁹⁵*

Prolong your transmission's life with new fluid.

*Additional parts and labor are often needed at substantial extra cost

FREE TOWING

With repair over \$500.

90 DAYS INSTANT CREDIT 90% QUALIFY.

OPEN MON.-SAT. 7 AM-6 PM



6045 Mission Gorge Rd. • 619-280-7777 Service Writer: 858-688-9999 (cell)





HONDA

-z



In the Reader

Thirty Years Ago

Dear Ionathan Saville:

I have read all your reviews since you began writing for the Reader, and I have hated them all. But the one in the January 26 issue on the Carter Centre Stage's production of Chekhov's *The Seagull* is the worst ever.

First of all, you are so horribly petty. All of those nit-picking complaints about the way some of the actors fail to pronounce their consonants. It doesn't offend me one bit if American actors in a play about gentry life in old Russia say "Whozzat?" or "I wanneda say" or "I muz' go" or "awready." Sylvester Stallone talked juz' like dat in Rocky and he awmost won the Academy Award.

— "TAKE A LETTER," A Disgruntled Reader, January 26, 1978

Twenty-Five Years Ago

You tell me why, what, keeps my stub-toed Frye boot from kicking, jabbing the open-toed lavender sandals, nylon-encased toes; what stays the hand from grabbing the gray-suit lapels, from turning that wood-laminate table over; what keeps the mouth, tongue from yowling, screaming, howling; what holds a person back from breaking out, breaking up, breaking loose. Those paper cups of coffee

with Cremora stirred lazily in; those paper plates holding blobs of beefed-up broths of Beast, gelatinizing and spiked with Viceroy butts, looking like a half-crown of thorns: they would have slipped, slid right onto the endlessly same vinyl-tiled floor

— "MANANIMAL," Judith Moore, January 27, 1983

Twenty Years Ago

Last November 10 the Marine Corps Recruit Depot in San Diego opened its Command Museum.

All these objects are real and undoubtedly authentic — but strangely mute when they might be screaming. Seeing these soldierly accoutrements is like seeing a skydiver's parachute or a fireman's water hose or a taxidermist's prize-winning collection - the essence of the matter lies elsewhere, far away. —CITY LIGHTS: "ESSENCE OF WAR," Mani Mir, Ianuary 28, 1988

Fifteen Years Ago

He and his beautiful live-in girlfriend, Brandi McClain, were the skateboarding couple: they starred in skating videos together, they worked as models together, they even appeared together in a Tom Petty video. Gator gave tips to beginners in Sports Illustrated for Kids.

There was a Gator clothing line, Gator skateboards, Gator videos. "I had it all," he says today, sitting in his prison cell.

Despite all he had, on March 20, 1991, Gator beat 21-year-old Jessica Bergsten over the head with a steering-wheel lock called the Club and raped her for nearly three hours. Then he strangled her in a surfboard bag and buried her naked in the desert 100 miles away.

—"DUDE AMPS OUT," Cory Johnson,

January 28, 1993

Ten Years Ago

Special Prosecutor Kenneth Starr takes the first snap, completes a short pass to the flat as he wires Tripp and has her record more conversations with Lewinsky. The play goes for an 18-yard gain. Now, Starr hands off for a reverse as he convinces Newsweek to hold the Lewinsky story for a week. Starr returns to the huddle, gathers his offensive line — 12 FBI agents and 6 special prosecutors — and blocks Lewinsky in a Virginia hotel room for 10 hours. Starr is on the Clinton 1-vard line.

Starr's touchdown pass is inches too long as Lewinsky refuses to lure Vernon Jordan Jr. and Clinton into incriminating conversations.

—SPORTING BOX: "STARR 35, CLINTON 1," Patrick Daugherty, January 29, 1998



San Diego Reader, January 27, 1983

Five Years Ago

Since 1988, I have been a strict vegetarian. A bowl of miso soup, a chunk of tofu, and a plate of steamed broccoli over brown rice were my idea of a perfect meal. I drank only herbal teas or decaffeinated coffee; I used brown sugar or honey for sweetener. Why? Because, daily, great tracts of rain forest were being destroyed so that cattle meant to become McDonald's hamburgers might graze....

- "PIGS' INNARDS, PIGS' KNUCKLES, AND PIGS' CURLY TAILS," Jangchup Phelgyal, January 23, 2003

Columns archived at SanDiegoReader.com

HOTEL OWNER WANTS TO BUY property anywhere. Small houses, big houses, condos, apartments, commercial, vacant land. Call 619-204-0610.

anywhere. Small houses, big houses, condos, apartments, commercial, vacant land. Call 619-204-0610.

MOBILE HOME IN RAMONA senior park

HOTEL OWNER WANTS TO BUY property



window

tinting

Competitive prices. Lifetime guarantee. 18 years' experience.

Let us come to your home or office. Finest equipment and installation. Call for an estimate or appointment. 619-892-2263



nished or unfurnished. \$35,000. Call owner, 760-315-0281.

owner, 760-315-0281.

NEW CREDIT PROFILE. In foreclosure?
Have bad credit? Get your new credit
profile today. 100% legal. Certain restrictions apply. Single \$999.95. Couple
\$1499.95. 951-848-0032; 909-728-9844.

(AAN CAN)
SANTEE. Mobile home, 3 bedroom, 2 bath, senior park, central heating, air conditioning, swamp cooler. Space rent, 485. Open house: Sunday, 1-4pm. \$48,000. 619-442-4514.

STOP RENTING! Government and bank foreclosures! \$0 to low down! No credit check OK. Call now! 1-800-454-8939. (AAN CAN).

TIJUANA/PLAYAS DE TIJUANA, 4 bed rouni, 3 1/2 baths, 2,400 square feet. Highly upgraded, gated community. Beach access. 15 minutes from border. Reduced to \$270,000/owner. Elena 866-22 4019.

WANTED TO BUY: Large studio or smaller 1 bedroom condo. Good neighborhood. Call Sandy, 619-501-5170.

ZERO DOWN ALL AREAS or cash out for any reason. Credit scores to 300. Forecloany reason. Credit scores to 300. Foreclo-sure, bankruptcy OK. No out-of-pocket costs. Loans available. Ron, 408-461-0406, www.weneedaloannow.com.

Тіскеть

PLACE PRINTED ADS in the Reader by POST FREE ONLINE ADS with photos at SDReader.com. See thousands of classified ads not printed here!

AIR TICKET TO EUROPE. One transferable air miles ticket to any 2 cities in Europe, \$900. Must reserve 11 months ahead. Pay cash, pick up in Carlsbad. 760-929-9292.

AIR TICKET to South America. One transferable air miles ticket to any 2 countries in South America. Must reserve 11 months ahead. Pay \$900, cash only, and pick up in Carlsbad. 760-929-9292.

AIRLINE TICKET to Europe, transferable, any 2 cities in Europe, must reserve 11 months ahead. \$900 cash. Pick up in Carlsbad, 760-929-9292.

GARTH BROOKS ticket (1), Saturday, January 26, 5pm show, Section PR. Face value, \$45 cash. Will meet you in or around La Mesa. Chris, 619-300-6997.

SPORTS

PLACE PRINTED ADS in the Reader by POST FREE ONLINE ADS with photos at SDReader.com. See thousands of classi-

BEACH CRUISERS, front and back fenders, male and female frames, \$80/each.

CHARGER SOUVENIRS. Team and cheerleader photos. Calendar and CD,

COREVOLUTION TRAINER, new, still in box, \$285. Call after 6pm, 619-235-8266. **KAYAK,** Necky, fiberglass, single, 17', Weiner paddle, skirt, PFD and more,

\$500. 619-415-9554.

KAYAKS FOR SALE. The kayaks displayed at last week's San Diego Boat Show will be available this week to test paddle at our Mission Bay waterfront lopaddle at our Mission Bay waterfront location. Try out over a dozen models of kayaks from Cobra and Advanced Elements. We have models from 9' to 18', mostly open deck kayaks and some sit-in-side models. Also try the new 10 foot, 36 pound single inflatable kayaks and the 15 foot, 2 person inflatables. These kayaks offer great performance and they fold up into a suitcase size carry bag for easy transport and storage. Prices from \$395 to \$1700 for new kayaks and \$200 to \$800 for used kayaks. Call San Diego Salling Center, 858-488-0651 or visit our website at www.kayaksforsale.com. website at www.kayaksforsale.com.

LONG SKATEBOARD, Complete, 38-40-

44, xmas gift, still in box, ready to ride. Cost \$150. Sell \$75. Ask for Bob 619-520-6954.

POOL TABLE, 8x11, new bumpers. Best

POOL TABLE, Green felt, coin operated. Excellent shape, \$1600, 619-581-3310.

SNOWBOARD BLOWOUT SALE 25%

75% off selected new and used snow-boards, boots, clothing and accessories. Why rent this year when you can buy at these prices? Trade in other sports and fitness equipment to save even more money. Play It Again Sports, Pacific Beach, Tierrasanta, College Area. 858-490-0222, www.playitagainsd.com.

SOFTBALL PLAYERS. Team wants a third baseman and outfielder. 619-517-5791.

SOFTBALL-ADULTS: SPRING 2008. Men/ co-ed team registration. Competitive/ recreational divisions. Register now, re-serve your place. Starts 3/1/2008. Infor-mation: www.softballsd.com or call John 619-261-0826.d

SURFBOARD RACKS by Yakima with surf pads and straps. Paid \$525 new. One year old. Complete gutterless set. Selling \$295. Call 858-449-2760.

SURFBOARDS. 1964 Dewey Weber 10.0, \$400. 1967 Hobie Phil Edwards and several other vintage boards. Also, 30 used boards. 130 hand shaped 2008 model epoxy boards, 50% off retail. Hurry! Call 760-809-8642.

760-904-9042. **TENNIS LEAGUE.** Intermediate to advanced skill levels. Join the year-round fun at the #1 League in San Diego. Leagues starting now. 858-794-1800; www.tennisleague.com.

WEIGHT BENCH, Olympic Pro 800 with leg attachment, adjustable, Olympic 7' bar, excellent condition, can deliver, \$95. 619-462-8131.

Рното

PLACE PRINTED ADS in the Reader by calling 6 19-235-8200. **POST FREE ONLINE ADS** with photos at SDReader.com. See thousands of classified ads not printed here!

NIKON FM2N (body only), 35mm film camera body, mint shape (9.5+), no dings or scratches, perfect working or-der, collector's item, backup film, student camera. 619-318-9834.

PENTAX 645 black camera body, eyelevel finder, motordrive, 75mm Pentax lens, 150mm Pentax lens, two 120 film backs, exposed film holder, everything outstanding, \$650. 858-436-4872.

STUDENT CAMERAS. Limited supply of traditional classic film cameras, approved for photo classes. Special prices on ac-cessories and dark room supplies. www.

ure.com; 619-640-5300. **WANTED,** Cash for astronomy telescope eyepieces, finders, and other accessories, 619-890-1390.

Computers

PLACE PRINTED ADS in the Reader by POST FREE ONLINE ADS with photos at

A+ COMPUTER TECH SUPPORT. Reremoval, website design, music, net-works, cable/DSL, video, etc. A+/MCP

AUTOMOTIVE







Some restrictions apply. Call for details. Se habla español. 619.316.2279

The Exfactor

We've all done it. It doesn't matter how confident you are, how secure, how much you wear self-love on your sleeve for all to see — if you're a woman with a pulse, chances are you've thought about your lover's ex (and in the worst of cases, wished upon her a lifetime of misery).

I am no different. The "ex factor" has shadowed me, chased me, found me even in the happiest of circumstances. It has become my pattern. In each of my relationships, however loving and monogamous, there she is — her name slips in during a casual conversation, her forgotten belongings lurk in closets and drawers. And her flaws (of which you hope she had many) are stored in your partner's brain heaven forbid you have one of the same flaws, because right then you might as well be "her."

For some, the ex factor is but a nuisance, an afterthought, a fly buzzing in your ear on a quiet summer day. In my case it led to the biggest heartbreak of my life.

His name was John. We met in dramatic fashion — I dragged myself to an event I had planned on skipping, our eyes met from across the room, and three cocktails and some heavy petting later, I was seeing stars. We became inseparable. Each day blurred into the next, a kaleidoscope of bright flowers, passionate debates, sugary layers of sweet nothings, and the best sex I'd ever had.

I became addicted. To his eyes, his smile, his laugh, his smell, to every damn song on the radio with the slightest mention of that lovin' feeling. I broke one of my ironclad dating rules and dropped the L-word before the six-month mark. He said it back, and with fervor. We were happy, invincible, floating above the mere mortals who populated the daily grind.

Then, and I can't say exactly when, it all started to unravel. There were whispers around the room when he brought me to parties. There were traces of an ex-girlfriend around his house — an old letter here, a lost earring there. And there were the ill-disguised looks amongst his friends when he introduced me to them.

I became curious about her, and after a little research (and by research I mean gossip), I discovered that I had come along at the tail end of a five-year, first-love relationship that had ended abruptly and without closure. Blast. How was I supposed to compete?

Suddenly she was a fixation of mine, a historical figure that needed to be outdone and

outperformed in every way imaginable. I couldn't be the rebound; there were too many feelings involved. He was the love of my life! So I became the super girlfriend: too loving, too giving, too understanding, and too available. He responded so positively that I was sure everything would turn out okay until the day she stormed through the front door of his house.

I couldn't believe it. One minute we were cuddling on his couch and the next she was standing in front of us. The rest was a blur. He was screaming, telling her to leave; she refused. She wanted him back — she'd made a mistake by breaking up with him; she wanted them to get an apartment together. I could barely stifle my laughter. How could she possess so little restraint? How was she not embarrassed? Didn't she see me sitting there?

As if she could read my mind, she suddenly focused her verbal assault on me, spinning a muchthought-out scenario in which she and John were the main characters and I merely an intruder. My head began to spin with the insanity of it all. How could this bleary-eyed, frizzy-haired monster think that she was the primary lover in his life? How could she suggest that he'd leave me and our plans together for a crappy one-bedroom in Hicksville, New York? She couldn't possibly be telling the truth...

Then she dropped the bombshell: They had slept together just a few days before.

I think the pain on my face must have been satisfying to her because she retreated abruptly, leaving me to digest what had just happened. I felt blank, numb, as if I had just watched the night's events unfold as an outsider. Like I hadn't truly been involved.

But I had to know the truth.

After two hours of weak denial, John finally owned up to the infidelity — an admission that shook me to the core, and I silently cursed the ex factor and swore off men indefinitely. "It was a mistake," he said, "a one-time lapse of judgment" that happened only after she'd fed him the tales of her regret and her renewed desire. He swore that it was me he wanted — our future, our plans, our passion — he didn't want to lose it. He couldn't live without it.

I broke up with him.

I drove home in a strange state of half gloom, half amusement, knowing that I had just experienced the break-up from hell, almost the stuff of a Hollywood dramatization, an incident that I would one day be able to write about without wanting to crawl into the nearest crack in the floor. The night was endless.

In the following months I went back to school, graduated, and moved to California — as far as I could possibly go without having to renew my passport or cross an ocean. I was bitter for a long time, but it was not thoughts of him that filled my mind, it was this ex factor. I wondered what she was like, how she dressed, how she laughed, how she moved. What about her had driven him to risk losing our torrid love affair? I dated around but dropped each guy the second there was mention of his previous love life. I was a woman scorned and scarred.

Then I got an email that was more enlightening than it was satisfying. It was from him, saying that he missed me, that he had never stopped thinking about me, that he had also moved away and gained a new perspective on life. Then came the ex factor update. They had tried getting back together, but his feelings weren't the same. After he moved away she dated a buffoon of

a man and had an oversized baby out of wedlock (okay, that part was a little satisfying).

What struck me the most was his explanation for cheating — it wasn't about her. It was about...history. It was about insecurities, and the way that comfort can take the edge off of the demons that we all mask as we trudge through life, pretending to be blissful and unaware of how our problems — our past, our parents, our pain — how it all melts together and threatens the happiness of our future. It was about how one night with a person who offers history, comfort, and security can, for some, be more appealing than a lifetime with a person who offers passion, excitement, and risk. It was about wanting to not be afraid.

I understood.

I never wrote him back; I didn't have to. His email was the closure I needed. More importantly, it took the mystery out of the ex factor. There is nothing alluring about exes. They are old news, stubbornly clinging to the present in hope of making it into today's headlines. The truth is, we are all on one side of the ex factor at one point or another. Some choose to hold on to the past while others embrace the future. Since I came to terms with my own "mother of all ex factors," I know one thing for certain: I will never look back.

Tell us the story of your breakup and/or date from hell and we will publish it and pay you (\$100 for 500–2000 words).

E-mail story to dumped@sdreader.com

Or mail to: San Diego Reader/Dumped Box 85803 San Diego, CA 92186

Dumped

certified. 24/7 onsite. \$25/hour. 858-793-

COMPUTER CIRCULATION CENTER. Buy sell, trade. Laptops, PCs. Repairs, upgrades, virus/spyware removal. 24-48 hour turnaround. 9350 Clairemont Mesa Boulevard, San Diego 92123. Call 858-573-0411

COMPUTER HELP? Call the best! Fast, friendly, reliable. Repairs, upgrades, friendly, reliable. Repairs, upgrass, training, cable/DSL, networks, wireless! \$35/hour plus \$10 onsite. Music record-

COMPUTER TOWER, Gateway, with 17" monitor, \$40 both. 17" Hewlett Packard COMPUTER 10 monitor, \$40 both. 17" Hewlett Packard monitor, \$15. 15" IBM monitor with key-

GATEWAY COMPUTER, Complete mo tor, CD-RW, DVD, free internet, Window tor, CD-RW, DVD, free internet, Windows XP, Office \$195. 14" laptop unused. DVD burner, Vista premium, \$475. More at http://acdk.tripod.com, 858-273-2290. LAPTOP BLOWOUT. FREE Diagnostic. Laptops starting from \$298 for ACER, Dell, IBM, Toshiba and more. Laptop/pro-jector rentals-\$25/\$75. 3 locations! Going fast, call now: 1-888-861-8347.

LINKSYS wireless 2.UGH2 Access Point,

TOTAL COMPUTER. Commercial service. We do everything. Installation, set-up, training, repair, networking, telephones, wiring, upgrades. \$20 in-home diagnostics. 619-941-1809; cell, 619-607-0221.

BICYCLES

PLACE PRINTED ADS in the Reader by

POST FREE ONLINE ADS with photos at

GARY FISHER JOSHUA F3, Genesis small frame mountain bike, Jett Rock Shox, Shimano Deore Mega drivetrain, On the fly pogo, like new. Bill, 619-284-5199.

LOWRIDER, 20", excellent condition, little rust under fenders, chrome 90-degree bend springer fork, chrome fenders, banana seat, sissy bar, 68 spoke rims, \$150. 619-322-6732.

TREK MOUNTAIN BIKE. \$9800. OCLV

WANTED / TRADE

PLACE PRINTED ADS in the Reader by POST FREE ONLINE ADS with photos at

SDReader.com. See thousands of classi-

fied ads not printed here! items, Disneyland items, any type vintage comics, autographed photos (no sports),

CASH PAID: GOLD/DIAMONDS and watches. Any condition OK. Highest dol-lars paid. We also buy estates. Call for

COINS WANTED, U.S. only, only before 1964, collector will pay cash 858-874-

ESPADAS JAPONESAS-SE COMPRAN chicas, punales. Cualquier condicion. N nuevas o reproduciones. 619-299-3448 FISHING TACKLE, Collector wants for his personal collection wooden lures, reels, miscellaneous by Heddon, Pflueger, Creek Chub, South Bend, Shakespeare,

I AM LOOKING for a person who knows carpentry. Exchange for housing. Please call me after 9am. 619-479-4212.

INDIAN ARROWHEADS/ARTIFACTS. JAPANESE SWORDS WANTED. WWII,

OLD TOYS AND TRAINS. Lionel, Amer can Flyer, Marx. Aurora, Corgi, Dinky, Hot Wheels, Matchbox, slot cars. Buddy-L, Smith-Miller, Structo, Tonka. Old plastic vehicles: Pyro, Renwal. Dave, 858-756-2411 SMALL BOAT WANTED, 8 feet long or less, either sail or row. 619-656-2831.

Antiques & Collectibles

PLACE PRINTED ADS in the Reader by

calling 619-235-8200. **POST FREE ONLINE ADS** with photos at SDReader.com. See thousands of classi-

ANSTEAD'S AUCTION. We buy antiques, collectibles, household furniture, appliances, TVs, home electronics, pi-anos. Prompt service. Local buyers. Licensed/bonded. Serving San Diego since 1971. 619-233-3148; 1-888-722-2002.

Last year we gave our clients over §11,253.55 in rebates.

What has your repair shop done for you??

LIFETIME NATIONWIDE WARRANTY on most premium parts.

We gave our clients 163 FREE oil changes.

And we provide FREE local shuttle service to home or work. Come see why in the last 14 years we have had over 23,481 satisfied clients.

San Diego's Most Complete 30K/60K/90K

Looking for quality? There is a difference. Compare our service with other shops. . Check charging system & battery

- Drain & refill radiator Replace air filter

Services

- Install spark plugs (premium plugs extra)
- Inspect brakes
- Clean & adjust rear brakes
- Change engine oil
- Change oil filter
- . Change master cylinder brake fluid
- Top off fluids
- · Check suspension

THEUNITEDISTATES OF AMERICA

First-time clients. Excludes oil change. Call for details.

THE RESERVE OF THE PARTY OF THE

 Rotate four tires · Check tire balance · Adjust tire air pressure

& all hoses

· Clean battery terminals

Check radiator, radiator cap

- Inspect fuel filter
- Check differential fluid
- Check manual transmission fluid
 Check belts

Most cars & light trucks. Ask for details

Keep yourself and your family safe on our busy roads. CALL US TODAY! Premium Oil Change Plus \$3 EPA. With Most cars. **SYNTHETIC** Blend Oil

Clean and lube hardware • Inspect hydraulic system

Free Brake Inspection

Brake Special

20% OFF

Parts & Labor

Safe-brake

package

includes:

Front pads or

· Clean caliper guides

- Up to 5 ats. of 5W-30 oil
- 64-point inspection Check fluids • Check tire PSI



Complete Repair SUV • AUTO • TRUCK DOMESTIC & IMPORT **FREE Local Shuttle Service**

Nationwide Warranty 6 Months Same As Cash OAC SAUTO®

5165 Cass Street • Pacific Beach/La Jolla 858-488-0885

3727 Convov Street • Kearny Mesa

858-279-7724

FREE

BRAKE INSPECTION

BRAKES

Replace pads or shoes nspect wheel cylinders nspect hardware

• Inspect drums or rotors
• Inspect master cylinder & fluid
• Inspect lines, hoses and seals

Parts & labor. Front or rear Ceramic pad \$20 extra.

COMPLETE

AXLE

\$149^{95*}

OIL CHANGE

\$19^{95*}

Plus disposal fee. With appt.

Premivim

BUICK

BUFFET/SIDEBOARD, large, deep storage spaces (large items), beautiful solid walnut from large walnut tree, circa 1850-1880, 36"Hx50"Wx28"D, \$600. 619-296-

bisc Jockey's collection, 500+ jazz/big band 33-1/3 rpm records plus 10 albums from 1930s, 1940s, 1950s, and large Ampex phono with speakers. \$850! 619-422-

FAINTING COUCH, authentic, turn-of-thecentury antique, dark walnut with gold velvet fabric, \$725. Amy, 619-231-0030.

MIRROR, art deco, old, 1930s, 1/4" bevel, 32"Hx16-1/2"W, \$195. 619-296-7185. NORMAN ROCKWELL PLATES. Beautiful

till in box with certifi Call Jodi, 619-670-5734. SEWING MACHINE, antique Willcox &

STAMP COLLECTION, mostly Olympic games and China, a few covers, some US, \$75. Claire, 858-581-8681.

GARAGE SALES

PLACE PRINTED ADS in the Reader by

POST FREE ONLINE ADS with photos at SDReader.com. See thousands of classi-fied ads not printed here!

CARLSBAD/LA COSTA VALLEY. Garage/moving sale. Saturday, 1/26 7am-2pm; Sunday, 1/27, 9am-noon Clothes, toys, small electronics/appli-ances, furniture, artwork, household. 7828 Calle Pinabete (92009).

CARMEL VALLEY. Garage sale. Sunday, 7, 8am-noon. No early birds. Housed d items, furniture, plants, clothes, TV, R. Sales benefit Cancer Coping Cen-4542 Shorepointe Way.

COLLEGE AREA. Bedroom furniture and miscellaneous. January 9-January 31. 5090 College Avenue, #8. Call Aaron or stop by anytime, 619-229-9746.

DEL MAR, Yard sale. Friday, January 25, 10am-2pm. Saturday January 26, 8am-1pm. Vista del Oceano, Del Mar.

ENCINITAS, Great big block sale! January 26, 7am-11am, 1819 Autumn Place,

GOLDEN HILLS, Multi-unit garage sale, furniture, garden equipment, Saturday January 26 8am-1pm. 3014 C Street, corner of 30th and C.

LA JOLLA, Moving sale! Tables, chairs, kitchen stuff, tools, plants. Everything must go. Saturday January 26, 9am. 561 Marine Street. Everything for free after-

LA JOLLA. Massive surf sale. Saturday Sunday, 1/26-1/27, 9am. All inventory must go. Surfboards, skateboards, cloth

ing, accessories. Blowout prices! La Jolla Boulevard and Nautilus. 858-539-5599.

LAKESIDE. Furniture auction! Bring unwanted furniture or call, we'll pick up! Profits go to Women's Abuse Center. Call 619-685-3660.

619-685-3660. MISSION HILLS. Giant estate sale. Friday, 9am; Saturday/Sunday, 8am. No presales/previews. Friday shoppers please street park only. Collectibles. 3615 India Street, Suite A.

NORMAL HEIGHTS. Multifamily yard sale. Saturday, 1/26, 7am-1pm. Furniture, clothes, TV, music, costume jewelry, decorative items, books, etc. No early birds. 4789 35th Street, #2.

NORTH PARK/SOUTH PARK, Saturday January 26, 8am-12pm. Marbie tables, art, garden and home decor. Lamps, vintage, chinese rug 10x13. 2007 29th Street

SAN CARLOS, Rummage sale at Dailard Elementary School, 6425 Cibola Road, San Diego, 92120. Saturday January 26, 6am-noon.

A PPLIANCES

PLACE PRINTED ADS in the Reader by

Calling 619-200-0200.

POST FREE ONLINE ADS with photos at

Tied ads not printed nere!

DISHWASHER/DRYER, Late models, multi-function, energy savers. Dishwasher under counter or portable. Dryer can stack or rest on floor. Super deal at \$80/each. 619-461-2643.

Specializing in Exotic and Furon

ean Cars

A UTOMOTIVE

Chris's Auto Repair

Foreign & Domestic **Smog Check**

\$ 15⁷⁵ +\$8.25 certificate +\$2 ET. Most cars. Bring DMV notice. Vans, SUVs, RVs, trucks, V8, and European extra. Models 1976-1995 \$10 extra for Evap. Test.

60K/90K/120K

4-cyl. from \$ **149**95 6-cyl. and 8-cyl. extra. Call for details.

Clutch Premium

Parts & Labor from **\$295**

Oil Change \$1495

Most 4-cyl. cars. Includes nev filter, EPA, up to 5 qts. oil. Some oil filters extra.

Basic Tune-Up 4-cyl. \$3500

6-cyl. \$39°5 8-cyl. **\$49**%

8-cyl. '44''

Most cars. Includes new plugs and new oil filter. Inspect cap, rotor wire, oir filter. Some oil filter sextra. Some cars labor extra. Platinum plugs extra. Must present coupon at time of service. Coupons may not be combined with any other offers. Exprise 2 /6 /08. Expires 2/6/08.

Must present coupon at time of service. Not to be combined with any other offer. Expires 2/6/08

FREE Brake Inspection with any service • A/C Service •20 2920 Damon Ave. #C & D (Behind In-N-Out Burger) Pacific Beach 92109 • 858-270-1888

LOWEST PRICE **GUARANTEED Quality Job Auto glass** replacement and repair Oasis Trade Window Tinting 7959 Silverton (off Miramar Road)

858-271-4440 oasistradetint.com

Our ASE Master Certified Car Sick techs can diagnose your car problem quickly to save you money!

Over 20 Years of

Honesty & Integrity

Serving San Diego County!

FREE CAR RENTAL

ONE DAY with any repair over \$350.

FREE TOWING (Call for details).

FACTORY-SCHEDULED SERVICES 1

30K • 60K • 90K

\$139^{95*}

FREE* **COMPUTER SCAN**



LIGHT ON?

CHECK ENGINE" Most cars. OBDII only.

FREE **Bumper-to-Bumper** Inspection

San Diego's best and most detailed inspection of all your car's components! We help you save money and prioritize any maintenance that's needed. 1

With coupon and appointment only.

ENGINES & REBUILT

TRANSMISSIONS I

NEW RADIATOR

Prices valid for most 4-cyl. cars. 6- & 8-cyl. extra. Call for a quote on your model. Check suspension • Fuel injection service • Inspect air filter & fuel filter

Starting at

- Tune-up
 Install new spark plugs
- Change engine oil • Change oil filter • Drain & refill cooling
- Adjust idle to factory specs

We honor extended

warranties.

We submit all

paperwork!

- Check ignition system & timing Lubricate chassis
- Rotate 4 tires
- Clean battery terminals • Inspect and adjust brakes Check all hoses, radiator & radiator cap Inspect manual

• Tighten & inspect belts

Inspect differential

SMOG CHECK \$10 OFF

COMPUTERIZED

ALIGNMENT \$**39**^{95*}

*Valid for most cars. Call store for details. Each store individually owned and operated.

SPEEDY AUTO CENTERS Miramar Speedy Tune & Brake **Sports Arena** Speedy Auto Tech

6696 Miramar Road (1 mile east of 805) 858-824-1747



2950 Kurtz Avenue (Just off Rosecrans behind Jiffy Lube) 619-295-2293

SAN DIEGO SMOG & AUTO REPAIR CENTER



4664 Park Blvd. (at Adams Avenue) • 619-543-4828 Hours: Mon.-Fri. 8 am-5:30 pm • Sat. 8 am-3:30 pm www.sdsmogandrepair.com



2 Locations to Serve You

CLIFF BROWN AUTOMO

Serving San Diego **Since 1947**

4491 Park Boulevard (Park & Monroe) • 619-297-4204 Hours: Mon.-Sat. 8 am-5:30 pm • Sun. 9 am-2 pm www.cliffbrownautomotive.com



CLUTCH SPECIAL $$195^{00}$

Includes: throwout bearing, pilot bearing bushings, disk, clutch cover

Most vehicles. Limited time offer. Front-wheel drive extra.

LUBE • OIL FILTER

Limited time offer

CATALYTIC CONVERTER FROM \$119⁹⁵ Mufflers \$39⁹⁵

All types of custom muffler work done. We'll beat any competitor's price by 10% Most vehicles. With ad. Limited time offer.

C.V. BOOT

Includes: boot, parts, labor, grease.

1/2 price for the 2nd boot on same axle. Most vehicles. Limited time offer

SMOG CHECK

European cars extra. Limited time offer. Must bring DMV renewal notice *All 1995 and older vehicles + \$8.25 cert. additional \$10 for EVAP test.

Test Only \$39⁷⁵ + \$8.25 cert. & \$2 V.I.D. At San Diego Smog location only.

We Test, Repair & Certify Test Only & Gross Polluters

ENGINE STEAM CLEAN \$49°5 Most vehicles. With ad. Limited time offer.

30,000 MILE SERVICE SPECIAL

Service includes:

 Maintenance tune-up Oil and filter change
 Lube chassis

 Radiator coolant change Air filter replacement • Fuel injection cleaning

Check brakes & suspension

\$17995 FROM 14-cyl. Most vehicles

TIMING BELT SPECIAL \$7500 Plus parts

Recommended at 60K miles Most vehicles. Limited time offer.

COOLING SYSTEM SPECIAL \$39⁹⁵

Includes: flush radiator and up to one gallon of coolant. Special coolant extra.

Most vehicles. With ad. Limited time offer.



So I traveled to Miami this Christmas to see my family, mostly to see my mom, who was diagnosed earlier this year with breast cancer and needs all the cheering up she can get.

Two days before Christmas, my dad was throwing a birthday party for his wife, my stepmother. (I only told my father this summer that I'm transgender.) The morning of the party, my brother and I met him out shopping for gifts, and he saw me in a skirt for the first time. He said, "You look shocking! If that's your goal, then you've achieved it. That might be okay in California, but here in Miami, everyone's going to stare at you."

Well, he called before the party for his wife and asked me to "dress appropriately." I told him that the most formal thing I had was a gray skirt I brought, but that he probably didn't want that. He said, "Yes, please don't wear a skirt." For some reason, I agreed. Mostly because it was his wife's birthday party and I didn't know who would be there. It was, like, a work party, with all their business associates. I'm pretty angry that I did what he said. I felt like he wanted to hide me from his friends. He introduced me all night as his son.

I called him the next night and told him how hurt and upset I was about the whole thing. I told him

BLOG DIEGO

TITLE: Techno Tranny Slut | ADDRESS: bang.calit2.net/tts/ AUTHOR: dj lotu5 | FROM: City Heights | BLOGGING SINCE: October 2007 POST DATE: December 26, 2007 | POST TITLE: Being Transgender at Christmas Family Parties

that if I'm not welcome wearing what I want, then I'm not welcome, and that I wouldn't be coming to Christmas dinner. He said that he disagreed, that I can't do whatever I want, that I can't come naked, that to a black tie dinner you have to wear a black tie. I said that was ridiculous and off topic. He got frustrated and said that he "won't allow [me] to disrupt the family Christmas party," that it's not just about my feelings, and that everyone would be so uncomfortable. I said, "Fine, I don't want to argue, I'm just not coming." He said, "Fine, don't come."

On the morning of Christmas Eve, I realized that it was at my sister's house, not my dad's. I called her, and she said she didn't care what I wore and that I'm totally welcome to come.

So on Christmas Eve, I decided to go to the party. I wore my nice gray skirt and black tights. I drove

to the party with my brother. We were listening to Kimya Dawson in the car, and I must have been feeling emotional because her CD Remember That I Love You made me want to cry more than once. I



didn't want to mess up my eyeliner, so I tried to be cool. I was very nervous driving there. I didn't know how my dad would react — yelling, fireworks, him leaving the party, who knows.

When we got there, it was 10 p.m. I thought people would already be drunk and dancing to Colombian and Venezuelan music. We walked through the house and out the sliding door to the back yard. My brother walked out and everyone yelled his name and cheered. I came out after him

> and they did the same. All was good. I walked around saying hi, and all my dad said was, "We love you son."

I realize that what I was doing was against everything he'd ever taught me. My whole upbringing was about gender. For my sisters, he bought them cars and paid their credit cards all through college. For my brother and me, we had to pay our own way and learn to "be a man"

and "take care of the family." As a Colombian Catholic, my father is far away from accepting me being transgender, but this time, it all worked out.

I'm glad that I gathered the courage to go, thanks to support from my friends and my sister. A lot of queer people around the

world aren't as lucky as I am and spend the holidays alone. This has to be part of why queer communities are so strong; we're trying to build our own world without our families.

I'm also glad that I decided to be myself at family events. A friend of mine had recently told me that she felt stuck in a heterosexual relationship because she wanted to be with women, too. She told me that she was going to see her family with her boyfriend and that all these weird heterosexual rituals are not what she wants. She felt like she was being groomed for marriage after just a few months. She helped me decide to do what I wanted this Christmas and work toward my family accepting me. There are too many people who have to hide who they are from their families. I've decided that I'm not going to let other people's discomfort get in the way of me living my life anymore.

So, I went to the family Christmas party, which I loved. I have all these great memories of dancing salsa, cumbia, and merengue at holiday parties, of my grandmother teaching me to dance when I was little, and my stepsister trying to teach me steps this year. I rarely dance like that, so I enjoy it when I get to. I really love our holiday parties.

A UTOMOTIVE

Got a blog you'd like to flog? Send your best stuff — around 900 words' worth — to FlogYourBlog@SanDiegoReader.net. If we run your posts, we'll send you \$50.

RANGE, Glenwood, 30"Wx36"Hx28"D, almond, 4 burners, oven, broiler, clean and works well. 619-422-8937.

REFRIGERATOR, Kenmore side by side great, total bargain for \$300. 760-579-014 or 619-654-0363.

STOVE, gas, black slide in with stainless steel trim. Broiler not working. \$50. 858-

VACUUM, Kirby Power Drive, 2 boxes of

tional video. Paid \$1300, sell \$250. 858-547-9573

WASHER/DRYER, stackable, like new \$225. Coin-op Maytag washer, \$195. Can deliver. 619-584-1625 or 619-977-9188.

WASHER/DRYER, GE, full size, 2 years old, excellent condition, top load washer, gas hookup dryer, first owner, great buy \$800/best. Will deliver. Emery, 510-846

WASHERS AND DRYERS. Guaranteed \$100-\$195 each. Over 200 to choose from. In-shop/in-home service and we sell parts. Stoves, refrigerators, dishwashers, too. Can deliver. Calwest April too. Can deliver. Calwest Appliance Exchange, 619-723-1545.

ELECTRONICS

PLACE PRINTED ADS in the Reader by POST FREE ONLINE ADS with photos at

KEYBOARD, Casio CTK91, with stand, carrying case, music book and stand, 440. Typewriter, Brothers portable, AX325, \$25. 13 galvanized heavy duty hinges, 8"L, \$15. San Marcos, 760-740-0267.

PANASONIC KX-FP 155 phone, fax copier, answer machine, \$95. Still in box 619-574-7530.

SATELLITE DISH COMPONENTS (3). Mo-

DCT2224/1661/ACDEFG, 2 identical Dish Network MPEG2s, model DP 301. \$100 all including remote. 619-424-6133.

SPEAKERS. Stereo, turntables. Boston Acoustics, Polk audio, Sony, Bose, Ken-wood, Pioneer, Technics, and Sanyo. Take choice or combine. \$5-\$75. 619-670-8356

TURNTABLE, CD, and cassette player Crosley, in wood cabinet, top condition \$200. 619-447-2029.

TV, 52" RCA flat screen projection, 16x9, perfect working order, 4-1/2 years old, \$500. Call between 9am-8pm, 858-794-5321.

Mission Gorge Auto Repair Complete Auto Service Center - 619-282-9011 5909 Mission Gorge Rd. # A, San Diego 92120 3-year/24,000-mile warranty Rebuilt Engines starting at Installation available. \$**899** Call for free quote. Rebuilt Transmissions §695 T-350 & C4 transmissions. Most cars. Call for quote.

Huge inventory of used engines and transmissions. Blown Head Gasket Replacement \$299

 $\mbox{\sc 4-cylinder}.$ Other cars call for quote.

Financing available! 90 days same as cash! Free quote on any repair!





Bety

Engine & Overhaul CV Boot \$49°5* CV Axle from \$145° Fuel Injection Service \$35 Timing Belt \$115 4030 43rd Street • San Diego (619)284-0050 Between University and El Cajon Blvd.
Offers good for Hondas & Acuras only (*Most cars)

Clutch

Iob **\$245**°

Furniture

PLACE PRINTED ADS in the Reader by

POST FREE ONLINE ADS with photos at

BED \$100 ABSOLUTE BARGAIN! The Furniture Warehouse now open to the public. We sell warehouse direct. Come public. We sell warehouse direct. Compose see our large showroom. We have over 70 sets in stock from \$89! 995 Bay Boulevard, Chula Vista, 91911. Open 11am-7pm daily. Closed Monday. Credit cards accepted. Legitimate warranties in writing! Fast delivery. 619-426-2727. www.

thwarehouse.com.

BED \$169 A BARGAIN. A Ortho Pillowtop
Queen, new in plastic with warranty, mattress/box. All sizes. Credit cards accepted. Can deliver. 800-464-6420. North
County, 800-464-6490.

County, 800-464-6490.

BED A DISCOUNT store. Mattress World in Hillcrest sells new beds at warehouse pricing lower than regular stores. Student specials, fast delivery or pickup, national brands. Member of the Better Business Bureau. Mattress World, 1601 University Avenue, 2 blocks west of Park Boulevard in Hillcrest. Check www.sandiegobeds. com or email to: info@davisworld.com. Call: 619-260-8000.

BED FRAME, metal. Fits different size beds. Can be easily taken apart to be transported in a car. \$20. 858-277-3065.

BED, pine headboard, large twin 30"Hx48"W, pine footboard 22"Hx48"W, pine rails, wood slats, overall measurement 78"x48", mattress 76"Lx45"Wx11"D, pillowtop, rarely used, no stains, \$40. 619-546-4467.

BEDROOM SET, estate quality, solid cherry, king bed, headboard, footboard, rails, 2 nightstands, long dresser with mir-

Free Classifieds!

crest. Check: www.sandiegobeds.com or email to: info@davisworld.com. Call: 619-

MATTRESS BOX PILLOWTOP SET. New

in plastic with warranty. Queen \$169. King \$239. Credit cards accepted. Can deliver. Call 800-464-6420. North County, 800-464-6490.

OAK BEDROOM SET, Queen headboard and frame, \$400. 6' dresser, asking \$290. Mirror \$125. Tall dresser \$300. Will sell separately. Like new 619-792-0994

OAK FILING, Large 2 door cabinet, 31"x30". Paid \$180, asking \$70, 619-792-

0994.

OFFICE WALL/CORNER UNIT, 7 piece,
"Linead patural finish, 108"H,

custom, solid wood, natural finish, 108"H, arrange to fit your space, \$950. Can e-mail pictures. Vista, 760-941-0541.

RED WOOD GLIDER, Paid \$150, asking \$70. Red wood Chair, asking \$40, 619-792-0994

SOFA, dark chocolate leather, excellent condition, 7'Wx3'Hx3'D, \$600. Entertain-

ment center, gray base/body, glass shelves, 3'1"Wx1'8"Hx1'9"D, \$100. Mission Valley. Please call 858-232-2942.

M iscellaneous

ads with photos at SDReader.com

ror, highboy dresser, armoire, heavy, solid, magnificent set. 619-971-3595. **DAYBED,** light brown, good condition, \$75. Table top microwave oven, \$30. Single bed on frame, \$40. 760-599-0249.

DESK, 1 single, 2 double drawers, \$55. Twin bed frame, \$45. 619-741-9062.

DINING ROOM TABLE, 8 matching chairs with black leather seats, Italian black lacquer, brown lacqer wood extension, good condition, \$2950/best. Rene, 858-452-1179.

DINING SET, art deco bistro style, gor-geous, 35" beveled glass top, 41"H, 2 geous, 35" beveled glass top, 4111, 2 swivel bar-height chairs, minor scratches, sturdy, high-end look, bargain, \$235 cash, 619-299-9151.

ENTERTAINMENT ARMOIRE, Ethan Allen, 84"x45"x22", quality piece, will fit TV to 33"W, excellent condition, 2 CD drawers. Original receipt \$3162; asking \$300. Rob, 610 900 6942

FURNITURE A DISCOUNT Factory Direct store. Lowest prices. Order from manu-FURNITURE A DISCOUNT Factory Direct store. Lowest prices. Order from manufacturers' catalogues and save. Solid cherry, maple, oak or pine, American made Vermont craftsmanship or imported. San Diego's best home furnishings source since 1960. Member of the Better Business Bureau. Al Davis Furniture, 1601 University Avenue, 2 blocks west of Park Boulevard in Hillcrest. Check www.davisworld.com or email to info@ davisworld.com. Call 619-296-1221.

LEATHER SOFA, \$95. Glass top coffee table, \$20. Computer desk and chair, \$25. End table \$10. TV stand \$20, 858-677-9932.

LOVESEAT, Recliner Lazy-boy, Geometric pattern, blue and tan. Good condition ric pattern, blue and \$150, 858-451-1158.

MATTRESS A DISCOUNT store-Mattress World in Hillcrest sells new beds at warehouse pricing lower than regular stores. Student specials, legitimate warranties, fast delivery or pickup, name brands. Member of the Better Business Bureau. Authorized Sealy, Simmons, Spring Air, Aireloom dealer. Also Latex, chemicalfree and Swedish style Visco-Memory! Mattress World, 1601 University Avenue, 2 blocks west of Park Boulevard in Hillcrest. Check: www.sandieoobeds.com or POST FREE ONLINE ADS with photos at SDReader.com. See thousands of classified adapted printed basel. ADULT DIAPERS, disposable, \$300/case.

ARTIST SUPPLIES. 2 handmade, stretched canvases, 36"x60"x2-1/2" and 48"x60"x2-1/2", sized with rabbit skin glue, clear poplar stretcher bars. Anthony, 619-543-0712.

BEDS A PILLOWTOP MATTRESS Box Set New in plastic with warranty. Queen \$169. King \$239. Credit cards accepted. Can deliver. 800-464-6420. North County,

BEER BOTTLES, recappable, sed, clean, 5 cases, \$5 each. 619-447-4117.

BOOKCASE, oak, glass doors, 60"x36"x12", \$100. Card table with 4 padded chairs, Samsonite, \$45. Men's jacket, new, Diesel brand, navy with fur trimmed hood, \$40. 619-282-9581.

BURIAL PLOTS (2) at Greenwood Memorial Park. Lot 21, graves 3/4. Will sell for \$4000 per plot or \$7500 for both. Kathy, 619-262-2497.

CEMETARY PLOTS, Sacrifice, \$3,000-\$4,000/each. El Camino Memorial Park Loma Siesta #2, 858-483-9670.

DESK, CHAIR, 6 drawers, 38"Wx78", \$50. Wedding dress, hat, shoes, size 8, \$100 all. Off-road tires, 18" and 21", 2 each, \$5 each. Table glass top, \$25. 858-277-7197.

DOORS, 2 mirrored sliding closet doors, excellent satin gold finish, each 24-1/2"Wx78"Hx1" thick, 2 rollers on each, ._o rair unck, 2 rollers on each, needs track from hardware, \$50. 619-224-4820.

FIREPLACE TOOL SET, like new, \$30.

FOR SALE, Moving must go, shoes, lady clothes, best offer. 4 wheel scooter, with medical parts added. Day house phone 619-233-8815.

FRENCH BENCH, \$350. copper fire pit \$90. Ojai vase 28"x8", \$85. New square white lamp shade, 9.5"highx6"topx14"bottom, \$12. Techline dresser, \$150. Brass chandelier \$35, 619-421-5822.

0.19-42.1-38/22. **QUITAR,** men's medium ice skates, ladies large leather jacket, slant board for workouts, microwave oven, autographs of celebrities, movie stills and posters, videos, much more. 619-420-1028.

HOT WATER PRESSURE WASHERS. / 1290SS, 3000psi, Honda 20hp en-6.5GPM diesel fired burner flow heats 240 degrees, gas burning engine, both \$11,500. 602-325-5527 x36668.

TALIAN TRUNK BASKET, 22"highx31"longx20deep, \$30. Rattan table \$25. Cardial glide exercise machine \$150. Desk 5'x30", \$30. Pendulum glass lamp \$20. Oscar Schmidt autoharp \$100, 619-421-5822.

LAWN MOWER, electric, excellent, \$65. Garden fountain, 4-1/2', \$85. Expensive Chinese 7x9 rug, \$95. Honda generator, 1400W, excellent, \$995. Tires, 15", \$2 each. Archery arrows, \$20. 858-581-6222

MICKEY MOUSE OLD PHONE, Collector New in box. Antique French ford statue 13" pewter, brass teddy bear, \$15. Brass hi-top hat and small one \$15-\$45. 702-334-2350.

MICKEY MOUSE OLD PHONE, Collector. Antique French lord statue 13" pewter, brass teddy bear, \$15. Brass hi-top hat and small one \$15, \$45. 702-334-2350.

MINERAL COLLECTION. Cabs, slabs, cutting rough, crystals, lots of quartz in-cluding herkimer diamonds, unusual tum-bled, much more. Knife collection, old Kershaws, Schrads IXLs, others. 619-260-8482.

MISCELLANEOUS. Aluminum extension ladder, \$45. Garden tools, \$7 each. Electric slow cooker pot, \$9. Extension cords,

burner with electric-size stove, \$200/best. Baby grand piano, \$850, 619-449-7755.

Baby grania piano, \$80.0. 191-449-7753.

MODEL AIRPLANE, B-29 bomber, 4 engines, RC, \$95. Still in box, 619-574-7530.

MOVING SALE. Aquarium/stand, refrigerator, washer/dryer, dishwasher, freezer, microwave, TVs/stands, stereo, beds, daybed, dressers, recliner, coffee/end, dining table/chairs, vacuum, bikes. 619-670-7821.

different sizes, new, \$3-\$25 each. Cash only. 619-582-0096.

MISCELLANEOUS. 2 bikes. Town & Country 8 speed, \$35. Shimano 21 speed, \$45/best. Brickman barbecue, 4

NORMAN ROCKWELL PLATES. Beautiful

NORMAN ROCKWELL PLATES. Beautiful plates, still in box with certificates. \$15/each. Call Jodi, 619-670-5734.

ORGAN BENCH, oak, 51"L, \$50. Sink, new, white, ceramic drop-in, \$30. Tollet, new, white \$80. Radio, tube type, white plastic, plays perfectly, \$30. 858-272-4812.

PALM TREE, fishtail, in 24" boxes over 2 years. Fully acclimated to San Diego climate. Each 7'-8' tall, trunk 6" diameter. 10 available. \$275, 760-216-0863.

PLUMBING, Cobra model #99018 cable drum machine for clearing drains, AC power, handheld, \$125. Still in box. 619-574-7530.

POOL CLEANING/TEST equipment, \$60. Built-in electric oven, \$50. Microwave, \$20. Soft luggage for top of car, \$45. 619-339-7318.

RC CAR, beautiful red Ferrari, 1/10 scale, precise, fast, \$95. Still in box. 619-574-7530

RESTAURANT KITCHEN exhaust, fire pro tection and replacement air components. Will comply with local and state fire codes. \$1000. 858-566-4231.

SCREEN DOOR, wood, ranch style, brown maple color, 81.5"x36" frame, new,

SPA/HOT TUB. Deluxe 2008 model. Neck jets, therapy seat. Never used! Warranty. Can deliver. Worth \$5950, sell for \$1950. 858-530-0980

858-530-0980.

TRAILER, 26', self-contained, live in, travel, cozy vintage. Printer, computer table, desk, 24" TV, chair on rollers, \$5. Microwave, sliding doors, fascia boards, bicycle, \$25. 858-270-0565.

VERTICAL BLINDS (4) for patio sliding doors, \$50 all. Shower door, \$10. 11 large

A UTOMOTIVE

FOR SALE

PLACE PRINTED ADS in the Reader by

Premium oil change \$19⁹⁵ Most vehicles. Includes up to 5 qts. 5W-30, 5W-20 or 10W-30 motor oil, oil filter, top-off fluids (excludes brake fluid), and maintenance inspection.

Smog check \$2495 @

Most vehicles. Present coupon and DMV renewal slip. Plus \$8.25 cert. and \$2 transmittal fee. Free retest when we do the repairs.

"Check engine" light \$29%

Brake service \$30 off

Replace pads or shoes, resurface drums or rotors, inspect system

Wheel alignment \$3995 2 wheels. Includes front toe adjustment.

Coupons must be presented at time of service. Not valid with any other offer or discount or for prior service. See manager for details. All coupons expire 2/7/08.

Precision =Tune= Auto Care

Rental cars & shuttle service available. Appointments & walk-ins welcome!

3425 Midway Dr. (Behind Shell station), Point Loma



1-888-486-9153





Your Dealership Alternative **Specializing In:**

Jeep • Dodge • Chrysler

Also servicing all Domestic and Asian vehicles.

Factory-Trained Technicians

Over 35 Years of Chrysler **Dealership Experience**

Financing Available



PASS OR DON'T PAY **SMOG CHECK** \$**19**⁷⁵

Valid for most cars.

With DMV renewal notice Vans extra. 1995 and olde require EVAP test (\$10 extra). Expires 1/31/08.

FAILED SMOG DIAGNOSTIC \$**49**⁹⁵

Includes one hour diagnostic time. Parts and labor for repair extra. Most cars and light trucks. 1996 and newer only. Expires 1/31/08. Tune-Ups Brakes

• 30K, 60K & 90K Service

Differential

Axles

Compare our prices to any dealership. We give you dealership quality for much less!



TECH-NET Professional

7755 Othello Ave. • (858) 541-1044 🗛 Just west of Convoy on Othello Ave. Behind 7-Eleven store.

30K/60K/90K • Replace engine • Check timing

Factory Service • Inspect air filter • Rotate tires
• Replenish all fluids



EAGLE MOTORS COMPLETE AUTO REPAIR

7980 Clairemont Mesa Blvd. 92111 858-244-1062

Expires 2/14/08. All offers valid with this ad.



MON.-FRI. 8 am-6 pm • SAT. 9 am-3 pm



SMOG CHECK SPECIAL

only. 1995 and older \$49.95 out the door. No hidden fees No appointment necessary Bring DMV papers if available

\$1395 Plus \$8.25 certificate and \$2 transfer fee.

"CHECK ENGINE" **LIGHT INSPECTION 1**

\$19⁹⁵

Most vehicles, 1996 and newer. Read code only.

SMOG FAILURE DIAGNOSTIC Most vehicles, 1996 and newer.

TUNE-UP

3-cvl. only.

• Replace spark plugs 3-cyl. • Top-off fluids • Inspect air filter and ignition

For all students, senior citizens, military, Costco members, Sam's Club, AAA Insurance, 21st Century Insurance, airline employees, credit union employees and out-of-state customers. On major repairs.

1 SIDE CV AXLE

Free estimates on transmission problems

TRANSMISSION POWER FLUSH

Includes 16 qts. oil and BG's clean and conditioner kit. Extended-life
synthetic oil extra depending on



BC International **Auto Repair**

Unlimited Mileage Warranty! Call for details.

Your Friendly & Honest Auto Service Center **Brake Special**

tarting GOOD BETTER BEST **589*** **5139**

Front or rear. Call for details! Parts & labor. Resurfacing rotors additional for the \$69 price. \$89 or higher includes resurfacing rotor. Manager's Special!

\$ **14**88* Most cars. Plus \$3 disposal fee.

Synthetic Blend

Premium Oil Change

Includes filter and up to 5 quarts synthetic blend

*Most cars. Parts extra.

oil. Most cars. Plus \$2

Oil & Filter Change

\$109^{*}_{4-cyl.} Water

Rebuilt Pump Transmission Starting a \$399

Starting at

\$1**29** Parts extra 4-cyl. **Timing** Head Belt

Gasket Starting at Starting at **\$70***_{4-cyl.} \$199° Labor only. Parts extra.

\$**79**⁹⁹ **New Axles** \$13995* Rebuilt available. Lifetime warranty

Replace engine oil & filter

Inspect brake system

Other services as needed

Transmission

Service

Includes filter.

Starting at

& adjust brakes

\$199° Rear wheel. Starters & **Alternators**

Clutch

Special

Free* Computer Scan System

Japanese Engine Replacement

\$1,025

6-cyl., 8-cyl. extra.

Call for details.

"Check engine

light on?

\$1**90**

Flush \$**75**⁹⁵

ENGINE REBUILD - CALL FOR SPECIAL PRICE!

Import & Domestic • Shuttle Service Available **TOWING AVAILABLE • Military Discount**

MasterCard / Visa / Discover

7030 Carroll Rd. (Near Miramar Road) 858-455-5440



4-, 6-, 8-cyl. slightly higher.

10% DISCOUNT

Includes parts & labor. Most vechicles.

! \$119⁹⁵

ALL ANYBODY REALLY WANTS IS TO BE NAKED. Well, there are other things that one might want, but "nude" sits — on a towel, one hopes — proudly at the top of the list. Watch people in your office, at your construction site, or in your gymnasium at 4:50 on a Friday afternoon. Their eyes will barely stay in their heads, staring down the clock for that final ten minutes before "official naked time."

This is why we have girlfriends and boyfriends. As humans we need interaction with other people; we want someone around so we can tell bad jokes. More importantly, we want someone who will watch us strut confidently from the kitchen to the bedroom with our thumbs up while flashing a broad, toothpaste-commercial grin. In a perfect world, this would all be done to Prince music.

This is how people get married. If someone's particularly good at being naked, she doesn't irritate you before she gets naked, and her friends don't mind that the two of you get naked together, then you propose. After that, it's official. You can't be naked in front of anyone else, ever. You have exclusive nudity — it's on the license or in the vows or something, "Thou shalt not sit and watch CSI whilst wearing nothing in the presence of any other." Or something like that.

That brings to mind the other rules of being nude: (1) When choosing a new friend to be nude with, you cannot skip over the awkward "what's your favorite color" stage and get right into your pantsless "Purple Rain" stroll. It'll take at least an hour, at most a month. (2) Unless you're of that very weird population at the beach or behind the high gates in those mountain retreats, this is only to be done indoors — at least in polite neighborhoods. You cannot pop off your front porch, wearing nothing but your best hairdo and a quick swipe of deodorant, and hold a glad hand out to a passing Fed Ex driver. Trust me. (3) You are never to point out your nude friend's minor imperfections, as you cannot swivel your head around to see your own. (4) This isn't so much a rule as it is a warning: you can watch as much TV as you'd like, but cooking is generally frowned upon, especially frying.

WHAT I WILL AND WON'T WATCH WHILE NAKED THIS WEEK

THURSDAY, JANUARY 24

Bacon is right out.

ANDERSON COOPER 360

CNN 7:00 P.M.

I, for one, am happy it's an election year. I don't really pay attention to political things. No one's ever really assigned me as a Democrat or a Republican — still waiting on that one. And I'm not sure where I would vote, but I am giddy to once again hear news anchors liberally use the term "caucus goers." I'm thinking of having T-shirts made up.

NFL LIVE

ESPN 9:00 P.M.

Oh, no. It seems that the corporate millionaires from this city have lost in the child's game to the corporate millionaires of New England. Perhaps if we, as a community, had purchased more garish articles of clothing and minutiae emblazoned with their corporate logo, the millionaires from this city would have won their child's game. Maybe next year. Until then, and since they are headquartered here, I will buy statuettes from Jack in the Box to encourage that multimillion-dollar business to enter a hopscotch championship. Wouldn't that be fun?

FRIDAY, JANUARY 25

GARTH BROOKS: LIVE IN LA! CBS 9:00 P.M.

Surrounded by a dozen onlookers, most of whom are most likely homeless, one of whom keeps flicking bottle caps at Garth and shouting, "Shut up, fat boy! Shut your mouth, fat boy!" Live! In L.A.! It's an extravaganza!

SATURDAY, JANUARY 26

WILD WEST TECH

HISTORY 9:00 A.M.

My Indian name is "Frappes Reluctantly." My friend Ron's Indian name is "Bicycles with Swollen Coin Purse." It's pretty easy, you just have to include an action and a descriptive property or location. You can also change your Indian name later if you think of a better one. Mine used to be "Ierks Beef at 7-Eleven."

SUPER BOWL'S GREATEST COMMERCIALS

CBS 8:00 P.M.

If the writers' strike lasts forever, is this all that's going to be aired? Rehashing, dream-sequence episodes, and reruns of things that weren't that good in the first place? That's like being stranded on that proverbial desert island without the perk of choosing your favorite CD, actress, and movie; you're only allowed that "best of" compilation of Conway Twitty, Gary Coleman, and a scratched copy of Police Academy 6.

SUNDAY, JANUARY 27

MY SHOCKING STORY: WORLD'S SMALLEST KIDS TLC 8:00 P.M.

TLC makes a convincing case for all those end-time prophesies from weird cults. This year, I think I'm going to only watch this channel, so my worldview will consist solely of homunculi, giants, and fish-people lurking under every kitchen table, behind every park tree, or peeking up from every puddle. It should make even mundane trips to the supermarket a real riot.

MONDAY, JANUARY 28

ANTIQUES ROADSHOW

PBS 8:00 P.M.

I'm officially old. The most exciting thing about the turning of the New Year was my credit score went up and I was happy to hear that booze had been banned on the beach. It's too bad that young people these days can't enjoy alcohol without being obnoxious jerks. When I was in my 20s and inebriated, I was witty and a delightful treasure for all those around me.

TUESDAY, JANUARY 29

CELEBRITY REHAB WITH DR. DREW

VH1 7:00 P.M.

Like I need to see the swollen face of yet another Baldwin. What's with their heads, anyway? Once a Baldwin hits a certain age, his melon blows up like a runaway Thanksgiving-parade balloon. I wonder if they'll ever stop growing. What if medical science affords them an extra-long lifespan and their heads require municipal support such as police and fire patrols and blinking safety lights for aircraft? Are we as taxpayers going to be saddled with the responsibility of maintaining the Baldwins' gigantic melons?

WEDNESDAY, JANUARY 30

FAMILY 6:00 P.M.

As much nudity as we've talked about in this issue, with all joking aside, I want a non-nude part in a porno movie. I could easily play "shocked neighbor clipping hedges" or "sales floor manager who leaves young couple alone in stereo comparison room" or — and this would be my first choice — "Fire Chief!" Boy, that'd be cool. I could wear a helmet and everything. (Ugh. You know what I mean.)

THURSDAY, JANUARY 31

ABC 8:00 P.M.

Even better titles: Stupid. Die. Next! Seriously. Quit. Boring. Hot Babe in a Grimy Ripped Sundress. But That's It. Really. Onward. C'mon! So. Done. Honestly.

moving boxes, includes 1 wardrobe, \$15 all. Escondido, 760-500-7815.

WORMS. Redworm, nature's fertilizer. One bucket, \$40. Guaranteed 1000+worms. Lisa, 619-449-7875.

M otorcycles

PLACE PRINTED ADS in the Reader by POST FREE ONLINE ADS with photos at

SDReader.com. See thousands of classi-fied ads not printed here!

BEGIN2RIDE.COM. If you've never ridden before, this is the place to start. Bikes/hel-mets provided. \$98/3 hour lesson (on bike). San Diego Motorcycle Training,

HARLEY-DAVIDSON S.T.D. pan heads. new, \$650. 1967 FL mild custom, runs and looks great, \$8000/trade? 760-941-9371.

9371.

MOTORCYCLE REPAIRS! Mobile service.

The your home or office. Tune-

Calls Motorcycle Repair, 800-481-6531.

A utomotive

REPLACE YOUR ENGINE, NOT YOUR CAR



Remanufacturing your worn-out engine is our specialty. Your engine will be remanufactured to the original factory specifications.

Ask about our 12-month or 12,000-mile warranty.

- All makes & models Domestic & foreign
- Cars, trucks & vans Gas or diesel
- Engine removal & installation available.

Motor Machine and Supply 16th & Hoover, National City • (619) 474-9366

Se habla español • MasterCard • Visa • AmEx

Complete auto transmission flush & refill \$**69**⁹⁵

Prevent costly damage to your transmission.
Up to 10 qts. ATF. Most Japanese cars & trucks.



Free timing belt

30K » 60K » 90K factory scheduled service \$185 most cars & trucks

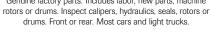
Replace: air filter, cabin air filter, rotate tires, brake fluid flush, power steering fluid flush, top off all fluids

Check: brakes, oil leal steering linkage. suspension, radiator & hose

Brake special from \$9895

Genuine factory parts. Includes labor, new parts, machine





Japanese Auto Tech



6696 Miramar Road (near I-805) » 858-546-8363 » Open Mon.-Fri. 8 am-5 pm, Sat. 8 am-3 pm

AUTOMOTIVE

CARS

PLACE PRINTED ADS in the Reader by **POST FREE ONLINE ADS** with photos at SDReader.com. See thousands of classi-

A.B.C. AUTOBUYERS. High miles, no problem. Guaranteed top dollar for your car, truck, van, or motorcycle. Running or not. Call 619-474-2323.

auto PAWN LOANS. Secured by vehicle and title. All vehicles, cycles, boats, RVs and heavy equipment welcome. Fast and friendly service. Call 619-464-2131. www.deerhornautopawn.com.

AUTOS WANTED. \$1,000 shopping, do-

AUTOS WANTED. \$1,000 snopping, oo-nate car, max IRS deduction, any con-dition, help foster kids, free pickup, no papers OK, espanol, 1-888-899-5179. BMW 330ci, 2004, gray, manual, 35,700 miles, free maintenance and warranty until 2010 or 100K, excellent condition, private parties, \$29,500. eldirectorJJ@aim.com or 858-472-0499.

Free Classifieds!

ads with photos at SDReader.com

BMW 23, 1996, black convertible road-ster, only 64,900 miles, automatic, ex-cellent condition, black leather power seats, new back window, customized BMW chrome wheels. \$10,500. 858-

844-1234.

BMW, 2006 M3. Competition package 16.000 miles. Black/black BMW, 2006 M3. Compension package.
16,000 miles. Black/black
leather/suede. Power everything, navigation, Bluetooth. Excellent condition.
Always garaged. Barely driven.
\$52,999. Serious buyers, 760-390-

BUICK REGAL, 1976. 350 engine, 350 transmission. Burgundy, excellent road manners. Classic style, super clean smog passed. Registered, ready to drive away. \$3500, 619-583-0924.

CADILLAC SEVILLE, 1993, clean, reli able. Blue Book \$3545. Registered until December 2008. 20mpg. Best offer. Tim, 858-273-2956.

CHEVY AVEO. 2004. 4 cylinder gas saver. Original first owner car. 17" rims.

EAGLE VISION, 1993, new tires, runs great, \$2000. 619-542-1306.

great, \$2000. 619-542-1306.

FORD CONTOUR GL, 1997, 4 door, low miles, automatic, air conditioning, power steering, brakes, windows, locks, tilt, cruise, stereo/cassette, premium wheels, must sell, \$2975. 619-929 0770.

838-0779.

FORD FOCUS SE, Compact wagon.
28mpg! White, 67,000 miles. Only 6,000 miles on rebuilt transmission. CD/MP3.
Inspections welcome, no time wasters please, \$4,900, 760-487-1995.

please, \$4,900, 760-487-1995.
FORD FOCUS, 2004. Excellent condi-tion, great deal, 4 door. White, auto-matic, air conditioning, low mileage, original owner. \$7450, 760-943-3951.
FORD TAURUS, 2003, perfect running, 46K miles, air conditioning, CD, power windows, 4 door, very good on gas, burns no oil, \$5950/best. Cash only. 619-850-4338.

HONDA CIVIC, 1993. 4 door, light green

new brakes, \$2400/best, 619-

HONDA CIVIC EX, 2001, 4-door sedan. 5-speed manual, good condition, 79K miles, silver, \$7600/best. Kenneth, 719-439-0877.

HONDA CIVIC, 1991. 4 speed, air conditioning, runs good, 148,000 miles, \$980 firm price, 619-200-7596.

HONDAS FROM \$500. Police impounds and tax repos. Cars, trucks, SUVs. Many makes and models! For listings,

MAZDA MIATA MX-5, 1999, 55,650 miles, impeccably maintained, I extras, \$8300. Photos and described at www.cardomain.com/ride/2980782. Fantastic car. 858-245-5511 or 858-558-2457.

MERCURY SABLE WAGON, 1997, 3.0L, V6, fully equipped, cassette, roof rack, 3rd seat, runs, looks, and drives excellently, \$3150. Owner will help finance. 619-896-0779.

PORSCHE BOXSTER S, 2000, convertible, midnight blue/tan, 6-speed manual, sport package, cruise, CD, premium sound, premium wheels, low

miles, all records, fast, \$19,500. 858-270-0707

TOYOTA CAMRY LE, 1998, V-6, original owner, great mechanical condition, some minor cosmetic work needed, air conditioning, power locks/windows, cruise, 116,500 miles, \$5500. 619-294-

VOLVO 240 DL, 1990, 90K miles, 4 cylinder, good engine and transmission, well maintained, good interior, electrical starter problem, \$700/best.

619-464-3755.

VoLVO C70 HT, Convertible, 2001.

Dark blue body and top, beige leather interior. Automatic, rollover protection system. One owner. All maintenance records available, \$12,900, 858-531-

VW JETTA GLS, 2002, 4-door sedan, automatic, 4 cylinder, 2.0 liter, blue, tan automatic, 4 cylinder, 2.0 liter, blue, tan leather, sunroof, tinted windows, alloy wheels, premium sound, air bags, \$7600. 315-542-7317.

VW JETTA, GLi, 2004. Candy apple red. 1.8, 6-speed manual turbo. Low 47,500 miles. No mechanical problems. Selling

WANTED: Private party will pay cash for car, running or not, DMV problems OK. 858-481-1873.

\$500! POLICE IMPOUNDS. Cars trucks, SUVs from \$500! Hondas, Chevys, Jeeps, Toyotas, Nissans and more! For listings and information, call 800-495-0660 xC664.

due to Military moving overseas, \$15,000, jen.metz@yahoo.com.

VW NEW BEETLE, 2003, silver convertible, original owner, great condition, 88K miles, no accidents, clean title,

great gas mileage, leater seats, seat covers, \$9900. 858-382-4813.

out-495-ubbt XC664.

1999 FORD TAURUS STATION Wagon.
Only 69k miles. V-6 gas saver. Loaded.
Extra large cargo. Roof rack. Smogged.
\$2000 below KBB. \$3500. 619-4223547.

AUTOMOTIVE

TRUCKS / VANS / SUVs

PLACE PRINTED ADS in the Reader by

POST FREE ONLINE ADS with photos at fied ads not printed here!

BMW X5, 4.4i, 2003. Warranty. Black, black leather, tint all around, 92,000 miles. Sport/premium packages, navigation, steptronic automatic transmission.

A UTOMOTIVE





IlransmissionPros

CONTACT US TODAY FOR:

- FREE 30 Point Safety Inspection!
- FREE Check Engine Light 🗁 Diagnostics with Repair
- \$49.95 Performance Synthetic Oil Change
- HEAVY DUTY TRANSMISSION REBUILDS
 - 2 Year, 24,000 Mile Warranty

 - Bigger Transmission Cooler
 New Solenoids and Wiring
 - Shift Kit, New Bushings, Sprags and Bearings
 Heavy Duty Spec Torque Converter

5780 Autoport Mall (805 and Miramar Rd.) 858.558.8808 - Ask for Luis!

www.Transmission-Pros.com

CV BOOT

\$49.95

TRANSMISSION TUNE-UP SPECIAL **S49.95**

Save with Auto Coupons at SDReader.com

Here's a small sample to get your motor running!

Free oil change



Receive a free oil change with purchase of rims or tires. Offer expires January 31, 2008. Expiraton dates are renewed the last week of each

AJ's Rolling Tires Express

915 Broadway, Suite 5, Chula Vista, 619-476-6600

Reader Coupons 619-235-3000

10% off any service

7755 Othello Avenue, San Diego, 858-541-1044



\$20 off maximum. Offer expires January 31, 2008. Expiration dates are renewed the last week of each month.

Wentworth Automotive



Reader Coupons 619-235-3000

Acme Tinting \$10 off window tinting

Adams Import **Smog check \$31.85**

Advanced Automotive Free brake inspection

Advanced Auto Tech Catalytic converter \$95

AJ's Rolling Tires Express Free oil change

ATEK **Tune-up \$24.95**

Audio Sport Tint 3 rear windows \$50

Chris's Auto Repair Smog check \$15.75

Classic Sheepskin 10% off sheepskin seat covers

Cliff Brown Automotive **\$10 off any service over \$50**

Convoy Auto Repair Tune-up \$29.95

Dent Time 10% or \$15 off dent repair

Discount Transmission & Axles Free diagnostic road test

European Coach Free diagnostic

Factory Tire Automotive Service & Sales **Premium oil change \$19.95**

Five Star Customs Window tint \$199

Greenlight Honda Acura Care \$100 off factory service

International Auto Service **Brake service \$48 plus parts**

Japanese Auto Tech Oil change and tire rotation \$19.95

JPX Jesse's Mufflers & Brakes **20% off custom exhaust**

Kearny Mesa Acura & Honda Timing belt \$99

Kearny Mesa Smog Check \$7 off smog check

Mission Gorge Auto **Rebuilt engines \$899** Mission Village Auto Care **\$10 off computerized alignment**

Motor Machine & Supply \$50 off any engine work

Nexus Auto Repair 15% off any service

Oasis Trade Window Tint 10% off window tinting

PAW Auto Service \$25 off 30K/60K/90K service

Pierre's Place **Brake special \$99**

Precision Motors **Air conditioning service from \$12.95**

Precision Tune Auto Care **\$14.95 oil change**

Quick Smog \$12 off any Test Only

San Diego Smog & Auto Repair \$10 off any service

San Diego Smog Test Only **§10 off smog check**

Sea Sides Classic Tinting Window Tint \$59

Smog Clinic **\$26.75 Test Only smog special** Sound Check 15% off window tinting

Southern California Transmission \$100 off transmission rebuild

Streetnoyz Auto Sound & Security 10% off window tint

Suspension Plus Full Service Center **One free shock or strut**

Thao Automotive **Smog check \$16.75**

University Transmissions **Transmission power flush \$99 and up**

Value Transmission **\$75 off clutch special**

Volkswagen Dealers of S.D. County **Fuel injector cleaning \$139.95**

Welltech Auto Service Smog check \$15.75

Wentworth Automotive 10% off any service

West Coast Auto Glass **\$149.95 windshield replacement**

Xpert Paint & Body \$50 off bumper repair



I am, like Jimmy Stewart in the movie, confined in my movements.

<u>By John Brizzolara</u>

Friday nights here at what I will call the Mayflower Villa Apartments in San Marcos are a far cry from what goes on those same nights in, say, Pacific Beach. I am learning about this place (Mayflower Villa, anyway) from a unique point of view, rather like Jimmy Stewart in Rear Window learns about his neighbors — or at least one of them.

The Mayflower strikes my imagination in an unusual way. It is a new low-income apartment complex (a little over a year old) situated high on craggy bluffs of sandstone and clay as if designed with waiting out a siege in mind. No commercial businesses are anywhere near...certainly not within sight. I just sent a friend of my son's and it is my son's apartment — to the 7-Eleven for a few staples. He will take a bus and at least one hour to return. It is the closest establishment for any kind of supplies. On a Friday night, I thought we all might enjoy some sodas at least; our pooled money would be just enough for a pizza to be delivered, but no more.

I am, like Jimmy Stewart in the movie, confined in my movements. While not in a wheelchair, my busted ankle demands that I stay off of the thing, keeping it elevated when I can. A good place to do this is the small balconv. which looks out onto a courtvard and the identical balconies of nine other apartments. I do not need binoculars to observe a goodly slice of life here among the other residents.

This is not the first Friday night I have spent here. I have, in more ablebodied times, come up for weekends

several times in the past year. One thing I expected to see, especially on Friday nights, was a barbecue. I have seen none. While it is a great staple of relatively cheap entertainment — a time-honored and American common denominator of "the party" — I have come to suspect strongly that such activity is against the rules here. Rules abound at the Mayflower. For example, any guests, such as myself, can stay no longer than ten days or additional rent will be charged. Other conservative and (it strikes me) almost puritanically eccentric rules riddle the lease pages but are beside the point for our purposes here at the moment.

From my perch on the balcony I can see that the only evidence of a sense of Friday evening is among the children. The Mayflower has plenty of children — absolutely no pets — and a good many of them are the children of Mexican immigrants (I am certain every one of them would be legal, being unable to imagine the Mayflower brooking anything less) and so are very well behaved in the way Mexican children tend to be. This fact is an overlooked boon from another country's migrants along with lettuce, strawberries, and asparagus all under \$40 a pound. But it is not my intention to get political. I am just observing.

One child, with wavy golden hair to her shoulders, is named Diane. (Her mother calls to her quietly from a balcony opposite mine.) Diane is Caucasian, I would guess, and she is mounted on one of those stainless-steel-looking collapsible scooters. She has nowhere to go and makes endless loops around building 4D while singing a pop song. When asked by another child if they might not try out the device, Diane surrenders the thing with grace.

Other children in "the yard" of concrete and postage-stamp patches of lawn are named Martin, Edward (Eduardo), Maria, Leo, and Peggy. Those are the names I catch, though there are more kids. A few of them will raise their voices in good spirits, but I hear no shrieking or screaming just for obnoxiousness' sake. The children play unorganized games fueled by imagination and its improvisational offshoots, but there is no mistake: they are celebrating the end of the school week. It strikes me as odd how children have no place to play in — there is no designated playground area with, say, monkey bars and slides. It reminds me of the buildings and "gangways" I played in as a child in Chicago. We, in fact, had more luxuries: nearby parks and small patches of yard in which certain adults might allow us to cavort if they weren't hanging laundry.

I look up from Martin giving Leo a piggyback ride (I think he is pretending to be some kind of beast from Star Wars) and look into the open blinds of the apartment directly across from me. A man, no older than early 30s, is moving quietly about straightening pillows on a sofa, adjusting a Persian-type throw rug in a tasteful, orderly, well-maintained apartment (from what I can see). I can see the bottom edge of a Christmas tree against the right wall. While



it is a little late for such a thing, its Italian, soft-white lights lend the room warmth that is inviting. The glimpse of the room delivers a pang of sadness as it reminds me of my own home in Mission Hills some 25 years ago when my son was under ten years old and it seemed to me the world had yet to turn to a kind of constantly morphing hell.

The residents of Mayflower Villa are all — it seems to me all — well behaved. They have each been rigorously screened as my son was initially. There will be no Friday-night tomfoolery, horseplay among the adults, no outdoor alcohol consumption, no smoking (inside or outside its walls) no loud television sets no matter what team is playing, no barking dogs, no beefed-up engines revving in the parking lot, no hanging over balconies conducting loud conversations with neighbors (à la Chicago or Brooklyn or even Mission Beach) and it will be this way every night, not just Fridays.

The Mayflower is a kind of colony set down in a sea of rolling and crumbling barren hills — dirt and rock — and while it is no doubt an idea of Heaven on Earth to the kind of people I tend not to know, it strikes me as an anomaly. And as far as any kind of Friday-night celebration, the only evidence of it here is among the children. They provide something very pleasant to look at and listen to and probably that should be enough.

Serviced through dealer, \$24,900, 619-405-2922.

CHEVY 1500, 2002, extended cab, tow package, shell, warranty GMPP Ma-jorguard, original owner, 71K miles, 5.3 Vautomatic, pewter metallic, gray cloth, 3,700. Dave, 619-405-2791.

CHEVY VM, 2003, 2500 Series, Chevy Express, V-8, automatic locks/windows, CD/stereo, polished aluminum wheels, white, leather seats, cage behind driver. It's a beauty! \$9500/best. 619-670-5734.

DODGE CARAVAN, Handicapped van 1994. 53,000 miles, electric ramp. Runs great, \$7000, 858-483-5534.

great, \$7000, 858-483-5534.

DODGE RAM 1500, 1996. Pickup. Laramie SLT V8, 63,000 miles. New transmission, Michelin tires, rack, boxes, bedliner. Runs great. Needs paint \$6300/best. John 858-272-4030.

FORD RANGER SUPERCAB, 2003, excellent condition, 4.0 V-6, automatic, air conditioning, 4 door, power everything,

custom wheels and tires, tonneau cover, 62K miles, \$9800. Steve, 619-709-9995.

GMC SIERRA, 1993, 7.4 liter, white extended cab, long bed, 139K miles, \$5900 cash. Private parties only, 619-

GMC SONOMA, 2001, extended cab, low mileage, \$10,000. 760-233-9520.

JEEP GRAND CHEROKEE LAREDO,

1997, V-6, automatic, air conditioning, full power, green, gray interior, runs and looks great, 135K miles, must see, only

\$4595. 619-944-9393. MAZDA B2300 PICKUP, 1997, 6" suspension Prerunner lift, 90% tread 31-10.5-15 all terrain tires, flared front fiberglass fenders, CD, new speakers, runs great, \$2995/best. 619-207-9066.

TOYOTA TACOMA, 2002, automatic black with tan interior, 4x4 king cab 93K miles, great condition, Weatherguard toolbox, ready for work or play \$11,500. 619-425-9626.

AUTOMOTIVE

CLASSIC / Custom Cars

PLACE PRINTED ADS in the Reader by

POST FREE ONLINE ADS with photos at SDReader.com. See thousands of classi-fied ads not printed here!

FORD MODEL A, 1931, panel delivery truck, chili pepper red, very rare, immaculately restored, original engine and still running well, \$21,500. Douglas, 619-232-2020.

AUTOMOTIVE

RV s

PLACE PRINTED ADS in the Reader by POST FREE ONLINE ADS with photos at SDReader.com. See thousands of classified ads not printed here!

STACKER TRAILER, 2005, 24' custom built Ultra Haulers, 3 axle, 4000lb stainless cabinets, extra pit lights, mond plating, tie downs, shower, generator, \$45,000. 619-726-1166.

24', one owner, immaculate, loaded windptions, onboard system computer, AC/DC converter, battery charger, gas/electric, awning, \$4900. 858-453-4997. YUKON WILDERNESS 5th wheel, 1990.

AUTOMOTIVE

PARTS

PLACE PRINTED ADS in the Reader by POST FREE ONLINE ADS with photos at fied ads not printed here!

RIMS. Brand new polished aluminum for 1998 Ford F-150. New chrome rims put on truck as soon as it was purchased. \$100. Firm! 619-670-5734.

AUTOMOTIVE

SERVICES

PLACE PRINTED ADS in the Reader by POST FREE ONLINE ADS with photos at SDReader.com. See thousands of classi-

DISCOUNT TOWING. \$25 to hook up, \$2 per mile. Flat-bed truck. San Diego County. 619-460-0466, 1-800-644-9096.

A UTOMOTIVE

Smog Special **Test Only** Fast • Easy • No Appointment Needed

plus \$8.25 certificate & \$2 transfer fee. Trucks, vans & SUVs \$10 extra. We now do European cars.

or \$3175 with a Free Retest

We Certify: Gross Polluters, Out of State, DMV Renewal Change of Ownership

\$5 extra for vehicles from 1976-1995.

SMOG CLINIC

7535 Clairemont Mesa Blvd., Suite C (Next to Kearny Mesa Bowling Alley) 858-292-7903 Mon.-Fri. 8 am-6 pm • Sat. 8 am-3 pm Visa • MasterCard • Coupon expires 1/31/08. Must present coupon at time of service.



175/70R13 \$2899 185/70R13 \$30°° 185/70R14 \$**34**99

Free Alignment Check

With purchase of 4 tires. Adjustments and shim additional.



No carry-out. Installation extra.

PAW SERVICE CENTER

8230 Commercial La Mesa (1 block west of Carl Burger Dodge) 619-466-7776



San Diego Reader January 24, , 2008

866-891-5394 Spring Valley • 8730 Jamacha Rd. (across from Sears, at the 125 Freeway)

Bankruptcy-Low Payment Starts

Experienced Attorney. Stop all collections. Debt Relief Agency. Raymond Schimmel, Esq., 619-275-1250.

Facing Foreclosure?

We can legally get you 3-6 months or more (sometimes with no mortgage payments). From \$1695. Time for you to sell, do a workout, refinance, or stay put payment free. Several possibilities. 619-544-0669.

HIV Result-15 Minutes-\$140

GYN, urology, STD tests, confidential. 619-260-0810.

Non-Fluid Inch Loss! Body Contour Wrap Special

Tones, tightens, improves skin texture, heals skin. \$52/one wrap (regularly \$65). \$130/three wraps (\$180) for women and men of all ages. No synthetics, animal fats, waxes, glycolic acids. Fanie botanical products. Waxing, facials, back waxing (men), microdermabrasion. www.KarieHayden.com.

Karie Hayden & Associates, 858-581-3321

Divorce/Custody/Support/PrenupFormer DA/Child Support Attorney. Reasonable rates. Eugene Gonzalez-Exerjian. Free phone consultation.

Stop Repossession

Call now to save your car. 858-405-6766

IPL Photofacials \$250 for two treatments

Free microdermabrasion included. Sean Daneshmand, M.D., FACOG. Ageless & Beautiful Medical Spa, 1080 University Ave. Suite H-201, San Diego 92103. 619-299-0264.

Bankruptcy - Low As \$750 Free Consult-Al Gross, Esq. 888-FAIR-PRICE (888-324-7774) AskAttorneyAl.com.

D.U.I.? / Drugs? Avoid Going To Court!

See our display ad on page 4. Attorney James Bickford, 866-559-8538. Para Espanol, 888-297-0205. Visa/MC 24/7.

Divorce/Custody/Support

Medical Marijuana Evaluations Pre-qualifying is free. Low cost. 619-291-7215

San Diego Real Estate Specialist

It's a fabulous buyer's market! Let an expert help you Find a great deal today! Relocation Specialist too! ElisabethSellsSanDiego.com. 619-788-2720.

A Academy of Bartending

Learn behind real bar. Make money. Make new friends. Have fun! 1-2 week course. Weekend classes available. Part/full time job placement assistance.

Sexually harassed at work? Hostile work environment? **Discriminated against?** Wrongful termination? **Unpaid overtime?**

We specialize in representing employees and will vigorously defend your rights. All too often, employees will ignore an unfair work situation, or will wait too long after a violation has occurred. Don't let this happen to you! Call attorney Michael Sousa today for a free, no obligation consultation. 858-453-6122 x15.

Car Accident Victims!

25% fee. Why pay more? Demanski & Ellis, Attorneys at Law, 619-338-9880.

POPCO–Father's RightsThe original and still the best. 800-963-E

Free E-Filing! It's Tax Time!

Save money! Visit website and use PromoCode: RE108. Secure & easy! Go to www.24-7OnlineTaxes.com.

Help Those in Need And Become a **Medical Assistant**

UEI offers courses approved for Veterans, Rehab, WIA. Job Placement Assistance, Financial Aid available (if qualified). Come visit our campuses: 3666 Kearny Villa Road, #100, San Diego 92123 or 310 3rd Avenue, #C6, Chula Vista 91910. Visit: www.uei4you.com or call: 1-877-206-1915 today!

Experienced Tax Attorney

Master of Laws in Taxation.
Solution to IRS, FTB, & EDD problems. Tax preparation. Consulting. Reasonable rates. Personal attention



Bankruptcy Chapters 7 & 13

\$300 starts immediate attorney representation. All work done. Over 10 year experience. Debt Relief Agency. 619-321-8125; 858-335-1162.

Aggressive Family Lawyer

10+ years experience in family law with divorce, custody, support and property. 619-542-1100.

Hypnosis-All Issues!

Smoking, weight, habits. Lori (CHT), 858-457-2100.

IRS Problems Got You Down?

27 years IRS experience. Income tax and collection problems. Audit and appeals representation.

Tax return preparation. Current/unfiled returns. Free consultation. Reasonable rates BJ Tax Consulting, 858-530-1675.

Car Repo'd or about to be?

Aggressive Female Attorney

Advance Payday. Hold Check

Until Payday. 24-hour tax refund. Auto title loan and on pawn. www.checkscashed4less.com. 1-800-896-9062.

Child Support/Divorce

Formerly with DA Child Support Bureau. Call Attorney Linda Cianciolo, 619-253-9312.

Secure Your Future With an Office Career

UEI offers courses approved for Veterans, Rehab, WIA. Job Placement Assistance, Financial Aid available (if qualified). Come visit our campuses: 3666 Kearny Villa Road, #100, San Diego 92123 or 310 3rd Avenue, #C6, Chula Vista 91910. Visit: www.uei4you.com.

Lawyer Referral And **Information Service**

Free Referral. Free initial consultation. Se habla espanol. CA State Bar Cert #0043. SD County Bar Association, 619-231-8585, sdcba.org.

Stop IRS/State Cold!

Ex-IRS officer. Contact: D.M. Wayne, Tax Consultant. 858-614-0223; 888-569-2474. taxsolutionservices.com.

Child Support Solutions **Problems with the DCSS?**

Experienced child support attorneys.

Jason Gundel, Esq. Direct line: 619-238-4782.

Need a Phone #? Voice Mail

Divorce Fast! - \$145/up!

We do all paperwork and file with the court 31 years in business - Registered - LDA#54. Hotline (619)454-0994.

Certified computer/network repair. Hardware/software, Spyware, viruses, printers. \$40/hour. 619-508-2286.

Facing A Foreclosure

Save your home or wipe out negative equity. Free consultation with experienced bankruptcy attorney. 619-321-8125 or 858-335-1162.

What's Immunocal? Ask me!

Yes! Get involved in a highly charged cr

Don't Let IRS Ruin Your Life!

Peace of mind is within your reach! Call 1-877-FIXABLE (24 hours) for recorded message and free report. Attorney Dave Greenberg, 858-292-0700, www.fixabletax.com.

Stop Foreclosures-File Ch.13 Consolidate Back Mortgage/Bills

Debt Relief Agency, 619-889-5585 or 858-335-1162.

Bankruptcy-Still Qualify?

Call 800-993-1998 to find out - countywide

Credit Repair Service By An Attorney

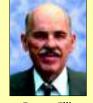
affordable fee. Call to get started, 619-321-8125.

www.RestaurantSavings.com Discount gift cards and gift certificate

Global Edge Realty sells

your house; counsels investors; qualifies buyers; creates safe, new loans; finds you a lovely home Weekdays 858-566-4433. broker@GlobalEdgeRealty.com

San Diego's Best DUI-DMV **& Ticket Attorneys**



Eugene Ellis MR. DUI, "The Professor" of DUI Law. One of the first and most experienced DUI-only attorneys in San Diego. Exclusively DUI!

Stay out of jail. **Avoid court.** Clean your record. Save your license. Keep your job. Learn about your rights at: www.MRDUI.com

Call now: **619-563-1010** E-mail: mrdui@mrdui.com 3990 Ninth Ave., San Diego, CA 92103 (in Hillcrest near 163 and Washington)

Even nice people get arrested for drunk driving.



\$8.95/month. 800-309-8888 www.voicemaildepot.com

PC/Mac Support

File 7 or 13 Bankruptcy

Divorce Mediation

Stop The Fighting
Work out a settlement with your spouse or partner rather than spend a fortune fighting in court. See: www.afairway.com.
A Fair Way Mediation Center. 619-702-9174

A cure for cancer? MS? Autism? The common cold? I can't tell you. A colossal health- related product? Contact teambldr@yahoo.com or 858-566-7786.

Mobile Estate Planning Attorney I'll come to you to prepare your trust, will, power of attorney. Law Office of David S. Wight 858-558-1191.

Simple Divorce

10% discount! Custody, support, trust and more! www.Legal-Choices.com, #7. 619-593-6000.

Divorce-Support-Custody

619-250-2683. www.childcustodyanddivorce.com

Accident? Injury?

Get the compensation you deserve. Law Offices of Robert T. Pope, 619-233-3893. **Traffic Tickets?**

Don't pay. Hire an attorney to fight for \$100. No attorney fee if ticket not dismissed. Contact Law Offices of Elizabeth Aronson, 760-685-8242 or SanDiegoTrafficTickets.com

Auto Accident? Other Injury? Free advice! Injury Law Center, 619-787-0120

Bankruptcy Attorney Stop Lawsuits and Repossessions Can Still Qualify Under New Laws

Free consult. Call and speak to attorney. Debt Relief Agency, 619-889-5585; 858-335-1162.

Tax Refunds Today!

Low rates! E-file. Pick-up service available. No appointment necessary. Hablamos espanol. Senior/student/military discounts. Call 619-466-4181.

Bankruptcy, Fast Divorce

We answer the phone - Talk to a lawyer - 8am-7pm. Low down payments - Same day filing - Free advice. FixedPriceLegalCenters.com (sm). 800-993-1998.

Stop Smoking, One Session! Hypnosis. All issues. Patty, CCH. 858-459-1291.

Misdemeanor Cases

Battery, domestic violence, theft. Full representation arraignment through trial. Law Offices of Gaston & Gaston, 619-398-1882.

Consulting. Reasonable rates. Personal according Atty Ronson Shamoun, 619-595-1655, IRSsolution.com.

Bankruptcy-Ch. 7, 11 & 13. Free consultation. Honest advice from an attorney

Global Edge Realty and Global Edge Mortgage

Title loan on your car or truck - you keep it to drive! Any credit OK. 619-593-6200.

30 years experience, criminal and civil, DU juvenile. Free consultation. 858-472-4550.

Includes court costs, credit reports, free crepair! stacylawfirm.net. 619-253-8141.

Debt relief agency. Free consultation, 24/7. Payment plans available. Attorney Roger Stacy.

Amazing DJs and Bands!

Need Cash Today?

A debt relief agency. Avatarlegal.com, 858-793-9880.

A colossal 2007! Expert agents, loan officers, originators. Join our expansion! Weekdays 10am-4pm. 858-566-4433. broker@GlobalEdgeRealty.com.

Lawyer For Less-\$99/Hour/Up

Bankruptcy-Ch7 \$785 Complete

Book your special event today! San Diego Parties & Entertainment. Excellent DJs, fabulous bands, Wedding/Event Coordination. Great prices! Call 619-315-6325.

Drunk Driving AttorneyFelonies/misdemeanors/DMV/drugs. 619-338-9500.
J. D'Ambrosio. Free consult. Visa/MC/Amex.

Need to file a bankruptcy?

Talk direct with an attorney who files for you! Free consultation. A debt relief agency. Jason L. Jones, Esq. Call 858-793-9800 today.

Mortgage Loan Trouble?

Bankruptcy From \$777

Since 1988, local company. Call now! 800

Credit Repair "Legitimate"

Family Law Specialist
The State Bar of CA Board of Legal Specialization

Exclusively Family Law. 30 years experience. Don Starks, Esq. 619-296-4080.

Trust. Honesty. Expertise.

Help Is At www.mtax.com.

Aggressive Family Attorney

Divorce/ Custody Support Free consultation. www.wf-lawyers.com. 619-

Is The IRS After You?

Don't Frown-No Money Down!

Stop Harassment-Be Debt Free!

Free 1 hour consult. Get a fresh financial start & Peace of mind. William McDonald, Esq. 858-952-5725.

Stop, postpone foreclosure. Experienced attorney. Workout, modification, short sale, no equity. From \$750. David Wolff, 760-632-8980.