

Reader

SAN DIEGO WEEKLY

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BEING FAT SUCKS

Oprah calls it an “Aha! moment,” as if a single occurrence, like waking up, can impel someone to change. A sinner is usually caught in the act of sin before “seeing the light,” a drug addict often hits bottom before embarking on recovery; but people are stubborn — it is rare that the proverbial camel buckles under the weight of the first straw.

(STORY CONTINUED ON PAGE 24)



NEWS & FEATURES

Being Fat Sucks	
Sex wasn't the problem. By Barbarella	Cover
City Lights	
The City and its development arm paint rosy pictures; and City Lights shorts	6
How to beat Starbucks	7
Letters	12
Straight From the Hip	
Dogs, hot and leaky	14
The Sporting Box	
O.J.'s next play	16
Sheep and Goats	
Reflect, repent, resolve, resist	18
Best Buys	
New-mom meals	20
Diary of a Diva	
Barefoot contessa	22
Unforgettable	
We've always hated L.A. By Jeff Smith	42
Love Thy East Village Neighbor	
Tattoos help	48
Puzzle	153
Say What?	
Rediscovered slang	155
Name This Place	156
Surfmobile	
Brolaski's wheels	157
Off the Cuff	161
Picture Story	162
News of the Weird	169
Roommate From Hell	
Where do I find these guys?	171
Back When	
It's hip to be square	173
Blog World	
The Ramen life	175
Remote Control King	
Oscar De La Hoya interrupts a rumpus-room daydream	177
T.G.I.F.	
Third-hand weekend nightmare	179
CALENDAR	
Local Events	67
Roam-O-Rama	
A canyon named Cool	72
What's That You're Reading?	
<i>Blink</i> , by Malcolm Gladwell	74
Classical Music Guide	81
Art Museum and Gallery Guide	81
Pop Music	
Blurt	82
Club Crawler	86
How MC Flow pays the bills	88
Yo, DJ!	
Birthing a shetland pony for Dave Matthews	110
Crasher	
Reunion II: The geeks are still geeks	111
Theater Review and Guide	
<i>The Adding Machine</i> at La Jolla Playhouse	113
Restaurant Reviews and Guide	
Kensington Grill, sheer deliciousness	117
Real life and surprisingly crisp bacon	119
The smell of the soil in the grape	120
Movie Review and Guide	
Duncan Shepherd travels <i>Across the Universe</i> and <i>In the Valley of Elah</i>	128



On your knees, rockers!
See Club Crawler, Page 86

A D V E R T I S I N G

Classified Ads

Antiques & Collectibles	173
Appliances	174
Automotive: Cars	178
Automotive: Trucks/Vans/SUVs	178
Automotive: Classic/Custom Cars	179
Automotive: RVs	179
Automotive: Parts	179
Automotive: Services	179
Bicycles	172
Business Opportunities	153
Career Training	150
Classes/Lessons	154
Computers	172
Counseling/Support	156
Electronics	174
Employment Agencies	150
Employment Services	150
Furniture	174
Garage Sales	173
Health & Fitness	155
Help Wanted	137
Massage	154
Miscellaneous For Sale	176
Motorcycles	178
Music, Equipment/Instruments	158
Music, Musicians Avail/Wanted	158
Music, Services	159
Notices	156
Parent Resources	155
Personals	158
Pet Central	162
Photo	172
Real Estate, Condos	170
Real Estate, Houses	170
Real Estate, Miscellaneous	171
Rentals, Commercial	160
Rentals, Apartments/Condos	162
Rentals, Houses	161
Rental Services	161
Roommates	159
Roommate Services	160
Services Directory	160
Sports	172
Stage Notes	156
Tickets	172
Travel & Getaways	158
Wanted/Trade	172
Wedding/Party Guide	155
Display Ads	
Apartment Rentals	163
Automotive	167
Career Training	144
Getaways	66
Great Escapes	70
Health and Beauty	38
Help Wanted	137
Instruction	153
Music	158
Real Estate	167
Research Studies	29
Services	154
Singles Events	80
Wedding Guide	76

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S I K

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– Mischa Shirazi, San Diego, CA

Q: Is the surgery painful or difficult?

"I had no pain during the procedure and no discomfort or pain afterward. Best of all, I can see without my glasses or contacts. It feels great." – Greg Schwenk, San Diego, CA

Q: How soon after the process can I begin normal daily activities again?

"When I came out of the surgery room I could see the hands of the clock – I was doing normal things the next day...amazing immediate results!" – Glenna T. Casey, Chula Vista, CA

Q: How long does the process take?

"You and your staff told me that it would be a ten-minute, painless procedure and that I would be able to see very close to 20/20 as soon as the next day. Sure enough, it was painless, done in minutes, and I see 20/20." – T.P. Fortin, San Diego, CA

Q: Do the effects of LASIK wear off over time?

"I had the surgery done over 8 years ago and my sight is still a perfect 20/20."
– Sandra Macias, San Diego, CA

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– Darush Mohyi, M.D., La Jolla, CA



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Scott Ellis, Hector Lam, Russ Lewis, Robert Mizrahi, Robert Nutting, Chris Woo

CONTRIBUTORS
Don Bauder, Ed Bedford, Geoff Bouvier, John Brizzolara, Josh Board, Patrick Daugherty, Joe Deegan, W.S. Di Piero, Stephen Dobyns, Barbara Fokos, Ernie Grimm, Mary Grimm, Lynne Houts, Juris Jurjevics, Rosa Jurjevics, Ken Kuhlken, Thomas Larson, Deirdre Lickona, Matthew Lickona, Thomas Lux, Bill Manson, Linda Nevin, Anthony Olivieri, Jonathan Saville, Jerry Schad, Duncan Shepherd, Jeff Smith, Leslie Venolia, Naomi Wise

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BREAKING NEWS

Mein Kittle KPBS, the public broadcasting operation owned and operated by San Diego State University, financed in large part by state taxpayers, has released more of the documents requested by City Attorney **Mike Aguirre** under the state's Public Records Act. Among them is a list of the station's top 20 underwriters in 2006. At the top is National University, followed by utilities giant Sempra Energy; Mission Federal Credit Union; Qualcomm; Union Bank of California; Lloyd Pest Control; Lexus; Cox Communications; Zoological Society of San Diego; UCSD; Mercedes-Benz; Coles Carpets; American Money Management; the Bob Baker Auto Group; the *Union-Tribune*; Perry Scientific; Front Porch; Irving Hughes Group; KCET—Fast Five; and Innovative Employee Solutions.

The KPBS files unearthed by Aguirre also pull back the curtain a bit on how station staffers and local pundits view the political landscape. On August 29, Gloria Penner, host of *Editors Roundtable*, e-mailed staff with "more ideas for our noon meeting," including "So what's with sex scandals and Republican legislators? **David Vitter**, **Mark Foley**, **Bob Allen**, and now **Larry Craig**. Plus all the other scandals — **Cunningham**, **Jack Abramoff** and so forth." Another Penner-suggested topic: "\$20,000 Quick Shipper bonuses to convince new and prior Army recruits to ship out for training within 30 days. Some recruiters believe the extended tours of duty and the age limit raised to 42 are helping to fill the ranks, but some local Army recruiting commands see their numbers short of the early goal. Some recruits could tally bonuses up to \$40,000 with enlistments of 4 years or more. So — are we becoming an army of mercenaries?"

The documents suggest that not everyone on the panel shares Penner's liberal outlook. In an August 29 e-mail, **Tim McClain**, who works for *San Diego Metropolitan*, a pro-business downtown monthly partly owned by wealthy lawyer **John Davies** (a close friend of ex-GOP governor **Pete Wilson** and chairman of that controversial "citizens" committee expected to recommend ways to strengthen the hand of Republican mayor **Jerry Sanders**), wrote, "For fun we can ask if anyone will run against the city attorney, who now is facing having his litigation expenses laundry spelled out in a union-funded report." In a June 14 e-mail, *U-T* editorial writer **Chris Reed** also was critical of Aguirre: "Aguirre is right that the mayor has totally mishandled this. But he goes beyond that to flatly say the mayor is corrupt, which I think is a crazy and destructive thing to do unless you have hard proof."

The talk was not all politics. Discussing with her producer the possibility of substituting *Union-Tribune* columnist **Ruben Navarrette Jr.** for panel regular and *U-T* editorialist **Bob Kittle**,

Penner wrote in a July 2 e-mail: "Ruben Navarrette said that he believes Bob is gone all week to his beach in house Cayuca (sp?). So I hope it's OK with you that I asked Ruben, if Bob is really not going to be here, to be on the show. I think he'd love to talk about the presidential candidates, although I think he would be willing to talk about just about anything."

For his part, Kittle wrote on April 25, "Good time for a discussion on the war funding bill. I'm writing an editorial on the subject for tomorrow. This is always a red meat issue for left-leaning KPBS listeners. Bis Freitag." On February 14, producer **Hank Crook** e-mailed Kittle about last-minute details of an upcoming program, concluding, "Hopefully this will be the final solution for the show." Replied Kittle: "Das geht fur mir. This works for me. My only worry is about your calling this show 'the final solution.' Now that I'm studying German, I get nervous hearing such terminology. Bis morgan. (Until tomorrow.)"

Duncan shreds When presidential candidates come to San Diego, where do they spend their money? Mostly at the sorts of places where sought-after high-rolling campaign contributors hang out. Take the case of wealthy Democrat **John Edwards**, whose campaign forked over \$1696 to the La Jolla Country Club for catering. Rival **Chris Dodd**, the senator from Connecticut, paid \$1000 for "lodging" at the La Jolla Hyatt Regency. But not all campaign money goes for high living. The congressional campaign of conservative GOP congressman **Duncan Hunter**, whose presidential bid is regarded by most as a long shot, paid \$370 to Vista's

Shred-it for "shredding services." Hunter also spent a total of \$309 at Calhoun's ("Home of America's Best Ribs") in Knoxville, Tennessee, "entertaining constituents." ... The *L.A. Times* reports that, despite a heavy legislative workload pending in Sacramento, several state senators have taken off for a two-week visit to Brazil and Argentina and the famous Iguacu Falls, along with other sightseeing draws. Among them are San Diego's **Chris Kehoe** and **Denise Ducheny**. They are being joined on some legs of the trip by fellow Democrats **Gil Cedillo**, **Alex Padilla**, and **Louis Correa**, along with Republicans **Dick Ackerman** and **Abel Maldonado**. The *Times* says that the members are paying for their own plane tickets, but food and local ground transportation are being partly funded by Fundación Nueva Generación Argentina, a non-profit organization with close ties to the U.S. government.

— Matt Potter

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No Such Thing As Soft Debt

By Don Bauder

The City of San Diego's financial system needs to go on Viagra and stay on it. The Department of Finance is drawing a

disturbing distinction between "hard debt" and "soft debt." Several experts worry that the City is going back to the dysfunctional days of yore. The City should consider all of its debt obligations as, essentially, hard debt — something that has to be paid, no matter what. Thinking otherwise got the City in the big trouble it's now in.

The words "hard debt" describe a borrowing arrangement in which a fixed amount of money is owed bondholders at a stated interest rate and on prearranged payment terms. The borrower is likely to put up collateral or security. So-called soft debt is more flexible, or lenient, some would say. While hard debt is a firm

obligation, soft debt is paid when cash flow permits. In the case of San Diego, hard debt is owed to bondholders



Jay Goldstone

and soft debt is owed to pensioners.

The subject came up on July 25 at a meeting of the City's Budget and Finance

Committee. An official of the Department of Finance gave a PowerPoint presentation on the City's debt management. There was nothing about the money that the City owes the pension system. "What I was hearing through their presentation was that they did not consider pension and retiree health debt as part of debt management," says Councilmember Donna Frye.

She asked why such debt was excluded and was told that the pension debt was soft debt. Frye pointed out that every year the City has to make payments to retirees, and under Governmental Accounting Standards Board rules, this has to be shown as debt. "I was amazed that we had a debt management policy that ignored over \$2 billion of debt," she recalls.

In June, the Department of Finance distributed an 84-page document, titled "City of San Diego Debt Policy," explaining various kinds of debt — general obligation bonds, lease revenue bonds, tax allocation bonds, etc.

continued on page 8

Profits with Honors

By Don Bauder

San Diego is getting some astonishing surprises: prizes. In August, the housing project at Liberty Station won the Redevelopment

Community of the Year Award from the Association of Defense Communities. The transformation of the old Naval Training Center — profitable for McMillin Companies but a loss for the City — is being called a model of success for redevelopment of other former military sites.

Yeah, really. It smacks of those awards for auditing excellence the City's financial staff used to receive.

In May, the Ballpark and Neighborhood Revitaliza-

tion Project was one of ten winners of the Urban Land Institute's Award of Excellence. Centre City Develop-

ment Corporation claims the private investment that the project will generate in a 60-block area is worth \$4 billion.



Park Terrace condos

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ment Corporation claims the private investment that the project will generate in a 60-block area is worth \$4 billion.

springing up, interest rates were at their lowest in half a century. There were condo

continued on page 8

Community Coffee

By Ernie Grimm

The Ocean Beach Starbucks on Newport Avenue, just west of Bacon Street, opened on September 11. Not September 11, 2007, but the September 11, in 2001. Doubtless, many in Ocean Beach don't consider that fact a coincidence but rather a cosmic commentary on the Seattle-based coffee giant's practice of opening stores near successful independent coffeehouses. In Ocean Beach's case, the successful café was

Avenue. There's no indoor seating. Patrons sit under a white shade tent such as you might see at a wedding. Turner has decorated the area under the tent with potted tropical plants, ferns, and cacti, most of which are for sale. Fourteen years ago, Turner was a computer programmer when

being used for anything, and there was a bunch of junk thrown in here. I thought, 'Somebody should do something with that' and then kind of forgot about it for a while. Then I thought, 'I wish we had an outdoor coffee shop.' And then I kind of forgot about that for a while. Then it was 'I wish there was a place that I could go buy some plants and fix up my patio.' Then all the ideas kind of came together, and I thought, 'I could maybe do something like that in the empty space.'"

Turner contacted the owner of the lot about using it as an outdoor coffeehouse—*cum*—nursery. He agreed, she opened Jungle Java, and a few years later she bought the land, a key to Jungle Java's survival because "it has kept my rent fixed."

Turner continues, "When I opened, there were only two other coffee shops in town, and they were both independent and locally owned. I was the only one down here on this end of Newport."

Before the Starbucks opened up six years ago, word spread through Ocean Beach of the company's plans. A grassroots opposition movement popped up. "No Starbucks in O.B." yard signs and bumper stickers abounded. Rallies against Starbucks drew hundreds. The town planning board sent a letter of opposition to the Starbucks corporation. All to no avail. Turner remembers those days. "It was really tough for me to figure



Lestat's coffeehouse



Kensington Starbucks

Jungle Java. Its 51-year-old owner, Beth Turner, remembers that day. "They opened up, then they closed two hours later when the corporate edict came down that all Starbucks would close that day."

Jungle Java occupies a small lot 100 yards from the beach on the south side of Newport

she got the idea to take the undeveloped street-front lot and make a combination coffeehouse/nursery out of it. "I don't want to tell you this part," she says chuckling. "I was drinking across the street at the Sunshine Company up on their upper deck looking down over this lot. It wasn't

out how to play that," she recalls, "because I didn't want to sound like sour grapes and I didn't want to sound like I was afraid. At that time there were a bunch of vacant storefronts, and the storefront that Starbucks occupied had been closed for a couple of years, and it was attracting a lot of vagrants. So I was glad to see *something* going in there. I kind of took the position that as a citizen of this community — because I grew up here, and I have a house here, and this is my town — I don't really want the feel of the community to change. But as a business owner, I appreciate the fact that a full Newport Avenue is good for everybody."

Before Starbucks came to town, Turner says Jungle Java always had a 5 percent surge in business during summer. "But since Starbucks opened, I haven't gotten that increase in the tourist season."

But Turner says the hubbub over Starbucks coming to Ocean Beach in the first place has brought her a "slight increase in local business through the rest of the year," which has offset the loss of summer tourist business. "It made people a little more aware, and a lot of people are making more conscious choices."

It's not lower prices they're choosing. A 16-ounce latte costs \$3.25 at Starbucks and Jungle Java. Turner believes the two stores attract "different clientele. I think that peo-

ple that go to Starbucks are kind of going along with the crowd, and the people that come here appreciate, I think, a little bit more the uniqueness."

John Husler, co-owner of Lestat's coffeehouse, one shop from the corner of Adams Avenue and Felton in Normal Heights, echoes Turner's

for what used to be called that coffeehouse atmosphere created by freethinking people."

Husler, 44, and his business partner, James Gerkowski, opened Lestat's — named after a character in Anne Rice's vampire novels — ten and a half years ago. It's a small café with eclectic, comfy furniture. At one end of the room



John Husler

comment about drawing a clientele different from Starbucks. "We're really not competing for the same customer," he says. "Starbucks customers are people who like brand recognition. They like that standardized, sort of corporate atmosphere. They know what they're going to get when they walk into Starbucks, and that's comforting to them. Our customers are just the opposite. They're alternative-thinking, freedom-based people who are looking for something interesting and non-corporate. They come here

is a stage not much bigger than the top of a Ping-Pong table. Acts perform on that stage nightly. A 16-ounce latte costs \$3.25, same as at Starbucks. Asked how he's survived the Starbucks era, Husler laughs. "Well, I don't know if I can say we've survived the Starbucks era, because they only just opened up in June."

continued on page 10

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Neal Obermeyer



Soft debt

continued from page 6

There was nothing about the pension debt. After all, it's supposedly "soft."

It was this kind of thinking that led to the City's plundering the pension fund in the late 1990s and early 2000s, then promising even bigger future payments to appease the workers. Result: an enormous deficit. The City says it has \$2.2 billion of pen-

sion/health-care obligations, and unlike in past years, that liability will be revealed in any informational documents published for potential bondholders when San Diego finally returns to the bond market.

Official optimism is ubiquitous. On September 10, the City's chief financial officer, Jay Goldstone, said in a speech sponsored by the *Bond Buyer* newspaper that San Diego

has "a new mayor with none of the baggage" of past mayors and "a whole new top management team." Has he forgotten the recent, sudden departures of the chief operating officer, real estate czar, and head of the Development Services Department? "I never met a money problem that could not be solved," effervesced Goldstone, claiming that the City has "great community credibility."

"Goldstone says it's a perception problem," harrumphs a San Diegan with intimate knowledge of San Diego's finances. Of the hard debt/soft debt separation, he says, "It is crazy. Debt is what drives every question in San Diego. To assume a soft debt doesn't have to be talked about — and that all that has to be addressed is hard debt — sounds more like the past."

Omitting so-called soft

debt from the debt management document is "more manipulation, sleight of hand, putting the head in the sand," says City Attorney Mike Aguirre. He points out that the pension-related debt is only \$2.2 billion if a very liberal kind of accounting is used. By the conservative method that the City wants to adopt eventually, the pension/health-care obligation is more than

\$2.8 billion.

"Till debt do us part," sighs Steve Erie, professor of political science and director of the Urban Studies and Planning Program at the University of California, San Diego. "Debt is debt. It is absolutely specious to separate [hard debt from soft debt]. There is no such thing as soft debt."

Scott Barnett, president and founder of Taxpayers Advocate.org, says, "If San Diego is ever going to fully put itself on secure financial footing, it must have a clear accounting of all its long-term obligations." Among these are funding for infrastructure needs, information technology, maintenance and replacement of City facilities, and "pension and health for retirees." It's critical now "because this is in a time of likely slowing of revenue growth, especially in property tax receipts."

Says Barnett, "The bottom line is if the mayor and council continue to ignore all of those areas, as they have done for decades, then the City will continue to be in a load of hurt."

In short, the City must stand erect and face those hard/soft debt woes. ■

Profits

continued from page 6

booms all over the United States. Those booms are now imploding, as is San Diego's.

The developers never delivered the office, hotel, and retail structures that were promised. And the condos were inordinately purchased by speculators and out-of-towners who are seldom in them. So there is little boost to the economy, and since the condos were heavily subsidized, it is hard to tell if there is any net gain for the City at all. There really should be an audit to determine whether this project has been a net positive. But don't expect an honest assessment from Centre City: "They supply disinformation," says Councilmember Donna Frye. "They include the numbers they want you to hear." Centre City boasts about income but never reveals expenses. The bulk of tax income from redevelopment projects goes back into more development, while expenses such as infras-

continued on page 10

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- 26 DISABILITY BENEFITS
- 27 HIV AS A DISABILITY

■ EXTENSION 1007 ■

TENANT/LANDLORD

- 80 EVICTING A TENANT
- 81 CAN I BEAT MY LEASE?
- 82 WARRANTY OF HABITABILITY
- 83 RENTAL AGREEMENTS
- 84 SECURITY DEPOSITS
- 85 ENFORCEMENT OF THE LEASE
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- 60 DIVORCE - AN OVERVIEW
- 61 WHAT WILL IT COST?
- 62 CHILD SUPPORT - HOW MUCH?
- 63 CHOOSING A PARALEGAL
- 64 MILITARY FAMILY ISSUES
- 65 PREPARING FOR DIVORCE
- 66 MEDIATION AND THERAPY
- 67 WILLS AND TRUSTS

■ EXTENSION 1003 ■

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- 42 FIRST PARTY CLAIMS/HEALTH/UM/UIM/AUTO/PROPERTY
- 43 TIME LIMITS
- 44 DISPUTES WITH INSURANCE CO.
- 45 DEPT. OF INSURANCE HELP LINE
- 46 DO I NEED AN ATTORNEY?

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- 55 UNSAFE WORKING CONDITIONS
- 56 WRONGFUL DISCHARGE
- 57 HARBOR & LONGSHOREMAN'S ACT

■ EXTENSION 1008 ■

TAX & ESTATE PLANNING

- 90 FILING TAX RETURNS
- 91 CRIMINAL TAX ISSUES
- 92 TAX LIENS
- 93 STATE TAXES
- 94 FEDERAL TAXES
- 95 AUDITS & APPEALS
- 96 TAX PLANNING
- 97 ESTATE PLANNING

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- 73 EXECUTIVE TERMINATION
- 74 WHISTLEBLOWER-RETALIATION
- 75 FRAUD AGAINST THE U.S. GOVERNMENT (FALSE CLAIMS ACT)
- 76 LEGAL FEES

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Profits

continued from page 8

structure and services are carried by the ailing general fund.

Liberty Station presents similar problems. "The reason McMillin was awarded the deal was the promise to split the profits 50-50 with the City," says activist John McNab. "But the City has received a negative amount. The only redevelopment funds that were used at [the Naval Training Center project] went to relieve McMillin of obligations in the historical district, but the property taxes are going to the Redevelopment Agency, which is using the funds as slush for developers around the City."

McMillin denies that it has broken its promises, but there aren't many believers among those who have followed this project. ■

Community coffee

continued from page 7

The new Starbucks sits kitty-corner from Lestat's. Asked if he thinks Starbucks opened across the street to try to siphon business from Lestat's, Husler answers, "Oh, I know they did. And I understand that it's business. They see a spot where there's a successful coffee shop, and they know that there are people buying coffee at that corner. So they don't need to do any research. It saves them time and money. That's business, and I understand that. But I get a little resentful when I think of the amount of time and effort I've put into this community—I mean, I've nearly gotten into fights on the street outside my shop because I was trying to keep guys from selling drugs in front of my store. The neighborhood has

improved partly because of our efforts, and now Starbucks is swooping in to capitalize on that."

The nightly entertainment at Lestat's "has ended up being great for us," Husler says. "It doesn't make us a lot of money directly, but it's great for word-of-mouth advertising. A lot of musicians' friends come in to see the show, and they tell their friends and we get exposed to a lot of people who otherwise would not know about us."

Lestat's hours of operation, Husler believes, give it another advantage over the Starbucks across the street. "We haven't closed in five years," he says. "We're open all night. It's been great for us. Starbucks has tried to compete by staying open to midnight, but they're pretty empty after nine."

In those overnight hours, "We get a lot of young peo-

ple, a lot of gamers with laptops. After two, we get the closing-bar crowd. And we actually get a lot of cops and firemen overnight, and they're very welcome here."

Free Internet access is another survival tool for indie coffeehouses. At Starbucks, Internet access costs from \$6 an hour to \$39.99 for a monthly pass. "We started offering Wi-Fi seven years ago," Husler says. "It's funny, it used to be people brought books to read at the coffee shop, books to read or a notebook to write in. Now people bring laptops."

Since the Starbucks opened across the street, Husler says, "They've taken some of our morning business. But overall, business has actually lifted. We've found that we're getting a sort of sympathy vote. People are coming here in defiance of them being across the street. So overall, we're thriving."

I'd say we've had a 5 percent increase."

Farther east on Adams, where it intersects Marlborough, stands what was known as the Kensington Coffee Company until it was bought by San Diego Coffee, Tea and Spice, a local coffee-roasting company owned by 39-year-old Steve May. Now it's officially called San Diego Coffee, Tea and Spice at Kensington, though locally it's still usually called Kensington Coffee. It's a low-slung, two-room café with a mix of tables and armchairs. A fenced-off patio out front offers a view of passersby walking dogs, kids playing at the park across the street, and Starbucks doing business kitty-corner. Mays says he bought Kensington Coffee three years ago, despite the Starbucks across the street, because "it was just an opportunity to get into one that was established, and at the same

time, we are kind of purists, and we wanted to go back to that down-home, community coffee place."

And it's that community feel he points to when asked how his shop survives in the Starbucks era. "That really is the key," he says. "A lot of people say to us, 'You are right across from Starbucks. How do you stay in business?' Well, if we didn't have that community loyalty, that following, it wouldn't work. And I think a lot of our neighborhoods — like Kensington, O.B., and places like that — they don't like going to a Starbucks, the corporate monster, as some people call it. They want to get away from that. So I think we actually do better than the Starbucks does in Kensington. I don't know their numbers, but judging from the sheer people that are in the seats, I think we do a better business." ■

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SanDiegoReader.com/letters. Include your name, address, and telephone number. Letters may be edited for length and clarity.

How To Boil An Egg

This is for Barbarella about not being able to hard-boil eggs ("Diary of a Diva," September 20). It is so easy that I can't believe she pays 50

cents an egg to have them already boiled. All she has to do is put the eggs in cold water, turn the stove on, and when the water comes to a boil, shut the stove off, put a lid on the eggs, and just let them sit in the hot water, covered with the lid, for about 15 minutes, then take them and run cold water on them in the sink and put them in the refrigerator

and she'll have a perfect boiled egg every time. It's a crime to pay 50 cents for eggs already boiled. I don't even know where you get them. It's so easy, and please try it. It's a great way to do it, and you don't have to stand over a hot stove.

Judy
Escondido

CORRECTION

The photo in "City Lights" last week captioned Darryl Charles was actually of Rodney Smith.

Look In The Mirror

Mr. Larson's cover story "Of Course You Qualify" in the September 6 issue is 99 percent utter hogwash and consistent with a country and population that has learned it is always somebody else's fault, no matter the event. A people looking to blame others rather than stand accountable for their own actions.

I do not dispute the writer's claim that some unscrupulous loan brokers may have misrepresented facts about a loan. That is inexcusable. Let's face it, there are unscrupulous people in all walks of life, doctors, teachers, priests, and contractors. There is good reason for the Latin phrase *caveat emptor*. Just because I walk you to the edge of a cliff and tell you to jump doesn't mean you should do so.

For those who do not speak fluent English, I would respectfully suggest that learning to read/write in the native language of the country you have chosen to call home should be a higher priority than purchasing a home. In fact, it will help with all areas of life, whether voting, purchasing insurance, or helping your children with homework.

In the end, whose fault are the rising number of foreclosures and notices of default? Borrowers have to "own" their decisions. Nobody had a gun to their head when they signed loan documents. In fact, loan terms are very clearly spelled out on the first page. I'm also reminded of the old maxim which rings true now and will ring true 100 years from now: "If a deal looks too good to be true, it probably is." With the slow hissing of the real estate

continued on page 66



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—Kris Clark, 5/29/07

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STRAIGHT FROM THE HIP

BY MATTHEW ALICE

Illustration by Rick Geary



Sr. Matteo:

What's with the ocean temperatures this summer? Instead of the typical 70 to 71 degrees in July/August, it's been fluctuating wildly (for an ocean, that is). From 71 to 75 one week, back down to 72 the next, shooting up to 78 one day, then the next day down to 74. How do you heat up/cool down an ocean so fast, or are the temperature-taker dudes smoking too much of the loco weed?

— BarryK, via e-mail

Oh, Barry, you have the ocean all wrong. Everything about it fluctuates wildly. All the time. It's a huge bowl of energy following physical laws that we just barely understand and can't much predict. You can include ocean temperature in that mix. According to a spokesscientist for the Scripps Institution, at any given point in the sea the temperature can change from minute to minute.

Obviously, the sun heats the ocean surface from the top down. Hotter near the surface, gradually cooler as you submerge. All this would be fine, and our ocean-surface temps would vary only gradually if the ocean just sat there like water in the fish tank. But water masses are always moving, pushed around according to the interaction of wind strength and direction, wave and swell force and direction, sea-bottom configuration, and the size and direction of subsurface currents. A big storm in New Zealand will eventually have an effect on waves and currents here. As all this water gets pushed around, pockets of colder water often end up on the surface and lower the temperature in that location.

One phenomenon, the internal wave, is a long-period, slow-moving current of colder (therefore, denser) water that develops between two underwater temperature zones. The peak of the wave often rises to surface level, another way the temperature can drop in a particular location.

The temp you read on a blackboard at a lifeguard tower is taken every day at the same spot at the same depth. Move a quarter of a mile in any direction, and the temperature might have varied by maybe a degree or two. So, take ocean temps as a general description, and don't be surprised if it changes a lot. Scripps couldn't confirm that this year has been crazier, temp-wise, than past years. But our prolonged heat waves certainly produced some higher-than-usual ocean-surface temperatures. If our ocean thermometer usually varies between, say, 69 and 73, it's going to seem crazier if in a particularly hot year it varies between 71 and 78. It's the same forces at work, just a "longer" thermometer. If you get my internal wave.

Mr. Mattman:

While it is true that female dogs have two uteruses, do all dogs have a gallon-sized bladder? I swear, whenever I walk my dogs, they pee on almost every tree, bush, hydrant, whatever! And it looks like they empty their bladder every time, or do they save a little as reserve for the next tree that they come upon? Or do they manufacture urine that fast? What's going on?

— Pooches Pausing to Pee in Serra Mesa

Peeing and territory-marking might look alike since the same plumbing is involved. But there are fine neurological differences. It's not likely that Bowser remembers, "They always walk me on the same route, so I need to divide things up so I have enough pee to mark eight trees, one hydrant, and a fence post." Fancy planning does not clutter up a dog's day. When a dog smells another dog's scent or is otherwise stimulated to announce his own presence, he only emits a small amount of urine. He's not thinking about it. It just happens that way. It's a scent-marking pee, its own kind of instinct. If his bladder is full enough, he'll make it through all the trees and hydrants and posts with plenty left over to burn your neighbors' lawn. If not, well, I'm sure you've seen your dogs lift a leg to mark a tree and nothing comes out. An empty bladder will not stop a dog from going through the motions anyway.

As for that two uteruses thing, they actually have only one, but it's a Y shape, with two upper chambers off a central canal. Babies develop in both arms of the Y and can sometimes create a puppyjam at birthing time if two hit the main freeway simultaneously. Kind of like the 5-805 merge.

Heymatt:

I believe it is healthier to boil a hot dog rather than nuke it. Boiling is akin to smoking marijuana through a bong as the water filters out impurities. You will notice a layer of scum on top of the water after boiling the hot dog. Confirm or deny my theory.

— Dogz-4-Life

Bong dogs, eh? Healthier than nuclear dogs... Considering what they're made of, I'm surprised you even bother to worry about it. But in some odd way, you're probably right. The gunk floating on the water is fat. Maybe some unidentifiable meatlike foam too. But mostly fat. At least you cook them. Grandma Alice just came back from a big frankfurter symposium in Washington, and the FDA insisted that even though the meat in hot dogs is precooked, you should always cook 'em again (to 165 degrees). They are sometimes known to carry Listeria, which will take the starch right out of you.

A searchable archive of past columns is available at SDReader.com

Got a question you need answered? Send an email to hey matt@cts.com or fax to 619-231-0489 or mail to Matthew Alice, c/o the Reader, Box 85803, San Diego, CA 92186.

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SportingBox

By Patrick Daugherty

Greed Death March

They've risen from the sewers and they're back on TV, the walking undead from O.J.'s 1995 murder trial. And they're still hungry, still greedy, still needy for fame.

Marcia Clark, the incompetent lead prosecutor in O.J.'s murder trial, scuttled into Las Vegas to report on Simpson and see if there was any money left on the floor. She cashed a \$4.2 million check for her ghostwritten — pardon me — for her O.J. trial book co-authored by Teresa Carpenter. Today, she is a *special correspondent* for *Entertainment Tonight* and *The Insider*, dyed blond hair and all. The woman has found her true calling.

Former L.A. cop Mark Fuhrman is back. He revealed himself to be a racist and a perjurer during the *O. J. Kills in L.A.* TV spectacular. More than anything else, it was his testimony that caused Simpson to be acquitted. Fuhrman has prospered in O.J. afterlife. He wrote his O.J. trial book, *Murder in Brentwood*, and it was a bestseller. Since then, he's written five books, makes regular TV appearances, has his own radio show, and graduated from being a cable news expert on O.J. to a cable news (Fox) expert on crime.

The two lead LAPD investigators, Tom Lange and Philip Vannatter, sold out for beer money. They split \$115,000 between themselves and ghostwriter Dan Moldea. Their narrative epic, *Evidence Dismissed: The Inside Story of the Police Investigation of O. J. Simpson*, was on the *New York Times* Best-Seller List for five weeks.

According to a CNN transcript of a June 2004 *Larry King Live* broadcast, "Tom Lange retired from the L.A. Police Department in '96. He's now a licensed private investigator. And Phil Vannatter retired from the L.A. Police Department in '96 and now is chief deputy for Dearborn County, Indiana."

For those with a need to know, the county seat of Dearborn is Lawrenceburg, and the sheriff department's address is 301 High Street. Stop by and say hi the next time you're in town.

O.J. Kills in L.A. created a new phylum of parasites. Although he had a real life before O.J. (director, movie-studio vice president, author) Dominick Dunne became famous by way of O.J. He was a regular on *Larry King Live* during the trial, scored a TV show afterward (*Dominick Dunne's Power, Privilege, and Justice*) on the ever-willing Court TV network.

I saw him on a Dan Abrams MSNBC special the day O.J. was charged in Vegas. He told Abrams,

"I love the Goldman family, and I love seeing Kim (Goldman) on television now."

Dan Abrams, hard-bitten journalist that he is, replies, "I love them too." During the O.J. murder trial, Abrams was a reporter for Court TV. He scored a job off O.J. with NBC News, then a TV show with MSNBC (*The Abrams Report*), and then, in June 2006, was appointed general manager of MSNBC.

Christopher Darden, Marcia's co-prosecutor, fled the D.A.'s office right after the trial like everybody else, taught law at California State University, Los Angeles, later started Darden & Associates, Inc. His cash-in trial book, *In Contempt*, was written with Jess Walter. He's written three novels since then, all co-written by Dick Lochte.

Lance Ito is still a Los Angeles Superior Court judge and, apparently, has learned how to keep his mouth shut.

Johnnie Cochran. The only person, with the exceptions of Barry Scheck and Peter Neufeld, who emerged from the trial with his reputation enhanced. He died in 2005.

Kato Kaelin made a decent life out of O.J. He's appeared in 15 movies and TV shows since the trial. His body of work includes *Celebrity Boot Camp*, *Sabrina the Teenage Witch*, *Strip Poker*, and *Dorm Daze 2*. Currently co-host of *Eye for an Eye*, a syndicated television show. Of all the trial groupies, he alone was able to cash in to the full extent of his talents without coming off as a bloodsucker.

O.J. received visits from five lawyers while in Vegas lockup — two public defenders and three for-hire attorneys. Unhappily for these players and for thousands of wannabe players — indeed, the entire infotainment industry — there won't be O.J. II. The story has faded already. The principals are seedy felons. We've learned that the sports-memorabilia business makes commercial pornography look legitimate. O.J.'s friends include a pimp, a four-time convicted felon, a stalker, and these are the good guys. Vegas cops overcharged Simpson and then the D.A. added on, making the grand total come out to ten felony counts and one gross misdemeanor.

Yet, O.J.'s attorney praised the Las Vegas D.A. for his professionalism and courtesy. O.J.'s bail was set at a reasonable level despite being charged with the destruction of western civilization. Is there a clue in here?

O.J. will plea bargain to something that requires no jail time. There won't be a trial. O.J. bloodsuckers will have to wait a little longer.

But, it won't be easy

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Chicago	3	44 ½	DETROIT
Green Bay	2	38	MINNESOTA
DALLAS	12 ½	45 ½	St. Louis
N.Y. Jets	3 ½	37	BUFFALO
CAROLINA	2 ½	NL	Tampa Bay
Seattle	2	41	SAN FRANCISCO
Pittsburgh	5 ½	41 ½	ARIZONA
SAN DIEGO	12 ½	40	Kansas City
INDIANAPOLIS	9 ½	46	Denver
Philadelphia	2 ½	47	N.Y. GIANTS
	<u>Monday</u>		
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SHEEP AND GOATS

PLACES OF WORSHIP REVIEWED

"Yom Kippur Is the Day of Repentance," read the colorful Hillel pamphlet at the entrance table. "It is the chance to fix the things in our lives that need a little repair. Jewish tradition gives us a clear prescription of how to do this.... Reflect, Repent, Resolve, Resist." The pamphlet also stated that "fasting is the central element of Yom Kippur. It defines most people's experience of the day.... The goal of Yom Kippur is for us to change our behavior.... What can motivate a person to change? Having a near-death experience. The goal of all these prohibitions is to remind us of our own mortality."

"I want to remind everyone that these holidays are for you," said Hillel director Jackie Tolley to the congregation gathered at Aztec Center's Casa Real conference room. "You've chosen to be here, to observe Yom Kippur.... We want you to try to make this your own as much as possible." To that effect, many readings and songs were presented in both English and Hebrew, with phonetic spellings for some of the latter. Some passages were read in unison, some sung in unison — some sung or read while facing toward Jerusalem and bowing. Others were sung only by Rabbi Lisa Goldstein, her low, clear voice full of strength and assurance.

We opened by reading Psalm 130: "O God, if you should keep count of wrongs, who would be left standing? But pardon is with you.... God will free Israel from all our wrongdoing." We offered praises to God and sang Psalm 92, which promised that the wicked who sprang up like weeds would be destroyed, while the just

"will stand tall like the cedar of Lebanon...to bear witness that Adonay is fair and dependable." Then praise bordering on celebration in the singing of Psalm 150: "Praise God with drum and dance...Halleluyah!"

The *Nishmat* offered praise from the totality of man's being ("All my bones shall say, 'Incomparable is Adonay!'", while the *Hamelech's* praises of the Sovereign on the Throne, said Goldstein, made it "one of the places where we are reminded of the majesty of this day, and the importance of this notion of coming to terms with our shortcomings and being judged.... There's a certain power to this notion of something beyond us in the universe maybe judging us."

Standing in silence, we read the *Amidah*, the Great Prayer. We praised God for his actions in history, asked Him to "inscribe us in the Book of Life," and praised His power over death ("We trust in you to turn death into life...as naturally as you support the fallen...just so do you keep faith with those sleeping in the dust").

We also read "that repentance, prayer, and acts of human caring" can "make the vision of a God who metes out justice" to a cruel and barbarous world "a reality once more." So we repented: "May it be your will that I do no selfish act again.... Like all human beings, I shall probably repeat those acts. Yet I should like to believe that I could overcome them.... Help me to feel that I can become the person I was formed to be...for we are your people, and you our God?"

With that, Goldstein summoned to the front "anyone who is a direct descendant of

Aaron the high priest — that would be anyone who is a Coen." Three young women and an older man came forward, donned shawls, and faced the people, hands raised beneath the shawl and held à la Mr. Spock. "This is where Leonard Nimoy got it," explained Goldstein. "This is the letter *shin*, which stands for the name *Shaddai*, which is one of the names of God. The congregation does not look at your hands — you guys have all seen *Raiders of the Lost Ark*; you know what happens when you look at the presence of God. The tradition is that when they say the blessing, they're invoking the actual presence of God." She led them through the Hebrew: "May Adonay bless you and keep you..."

And we confessed aloud — communally, so that, according to Goldstein, "we can lend support to each other" — and implored, "If you would only wipe away the memory of all our wrongs and grant atonement for all our sins." A long list of transgressions followed: hardened hearts, idle talk,

meaningless resolutions, exploitative sex, offensive language, oppression, malicious thoughts, promiscuity, insincere confession, contempt for parents and teachers, violence, defaming God's name by desertion of heritage, unbridled passion, lying, accepting bribes, scoffing, speaking ill, wrong use of food and drink, pride, lack of generosity, rebellion, harsh judgment, plotting, tormenting, gossiping, hating without cause, betraying trust, and more — wrongs done intentionally, unintentionally, out of confusion, in public and in private, under coercion or freely.

The Torah service followed, with its customary processions and veneration. The reading gave an account from Leviticus of "what happened on this day in ancient days.... It involves sacrifice and Aaron actually putting his hands on the head of a sheep, transferring all the sins onto the sheep and sending it out into the desert. There's a lot of blood. It's nothing like what we do today. Judaism has changed an awful lot...but we tell the story of the way it once was, so that we don't forget...where we came from.... We are those same people.... This is our heritage. It belongs to all of us, and so we can decide what we're going to do with it."

Together, we read and discussed the *Haf-tarah*, taken from Isaiah, in which God castigated His people and declared His desired fast: "To unlock the shackles of evil... To send forth crushed souls to freedom... To tear up your loaves for the hungry... Then your light will burst forth like the morning... And the glory of God will follow close behind."

What happens when we die?

At some future time

*You will draw [my soul] forth from me
And give it back in the World to Come...*

*You who restore the soul to the body of us all,
You are praised.*

— from the *Elohai N'shama*,
sung at the opening of the service

— Matthew Lickona



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Reader blogs are collections of short, frequently updated posts by *Reader* staffers and just plain locals. Here's a sample of the latest postings:

Four San Diegans Among Nation's Richest 400

By Don Bauder on September 21, 2007

Four San Diego County residents make this year's list of the 400 richest Americans as compiled by Forbes Magazine. Number 165 at \$2.5 billion is Charles Brandes, the highly successful money manager. Number 220 at \$2.1 billion is Ernest Rady, who made his money in banking and insurance. Number 271 at ...

[Read more and add a comment.](#)

Vegas Without a Sting Operation

By Josh Board on September 22, 2007

So, I'm heading to Vegas for the weekend. There's supposed to be a storm. That'll make traffic fun.

A guy I play racquetball with told me his ex-wife had a gambling problem. The woman he's dating now started going to the Indian casinos all the time. He suspects she has a problem, and has started gambling online.

I dated a woman that had a gambling problem. I found out when she gave me a watch and a hundred bucks for my birthday, but during dinner, insisted we follow it up with a trip to Viejas ...

[Read more and add a comment.](#)

Local Website Review: Karaoke Kings

By Jay Allen Sanford on September 19, 2007

"Everybody's in showbiz, everybody's a star," joked Ray Davies back in the Stones Age. That lyrical whimsy has become a reality, as karaoke sprouts all over the local club scene like kudzu.

Sandiegoscene.com posts a list of venues hosting singalong events, as well as a show calendar (not updated in some time), booking contacts, and writeups spotlighting local KJs (karaoke jockeys) and performers ...

[Read more and add a comment.](#)

BestBuys

—EVE KELLY

It's the year of the baby in Kellyville. Four families within our group of friends are expecting babies to arrive around the holidays. And Eve has meals for moms on the brain. Usually, the gals in the group spend a week taking turns sending over hot meals to the new mom. This year, I'm thinking of sending frozen casseroles before the babies come.

Then Mom can use them during the tired ninth month of pregnancy or save them for the sleep-deprived first month with baby. I made calls to the usual sources — ladies who have opinions on all topics — to get some tips on freezing meals.

"I freeze just about everything," laughed foodie friend Nancy. "And I am a big fan of tripling recipes so that I have a few extra meals to freeze. But certain dishes where texture is important don't freeze well, like soufflés or mousses. And with chicken noodle soup, if you freeze it with the noodles, the noodles will soak up a lot of the liquid. So never put the noodles in with the soup to freeze it. Cook the noodles up and add them to the liquid when you are about to serve it."

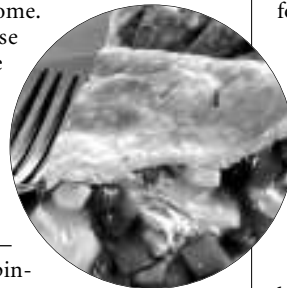
Nancy continued, "With most food, it's a question of how you defrost it. Some things are harder than others to defrost. Muffins freeze nicely and then only take about 30 seconds in the microwave to warm up. Potatoes gratin, chicken dishes, meatballs, tomato sauces, soups, cookie dough, and meatloaf are all regular frozen items in my freezer. With meatloaf, I prepare it in muffin tins, so I have individual serving sized loafs. We call them 'meat muffins.'"

"Any dish that calls for frozen peas, I add the frozen peas to the dish right before putting it into the freezer so the peas stay frozen and don't get mushy."

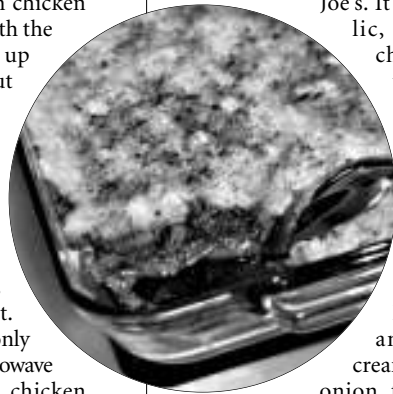
Nancy offered one of her favorite recipes to freeze. "It is a 40-clove garlic chicken," she said. "You slowly sauté chicken parts in white wine, chicken stock, butter, garlic, and salt and pepper. That dish is a good freezer meal."

Cathy prepares freezer meals for a different reason. "I hate cooking," she explained. "So if I prepare a meal for a friend, I also make one for my family and freeze it. Quiches freeze well if you prepare the crust correctly. My go-to recipe is governor's chicken, which only has a few ingredients: onion-soup mix, Italian dressing, and apricot preserves. Mix them all together and pour onto chicken breasts and bake for 25 minutes. Serve over rice. It's a take on a sweet-and-sour recipe, and kids always enjoy it."

Cathy also recommended chili. "The meat can be round steak or pork, and you add garlic, onions, bacon, diced tomatoes, wine, kidney, pinto, and great northern beans. Season with cumin, chili powder, and black pepper and simmer for three hours.



1



2

shredded cheese. I leave the peas out because my kids won't touch them, but the recipe does call for them and sliced mushrooms."

I found a few more freezing/thawing tips online at life.familyeducation.com. "Cool foods quickly before packaging. Don't let food stand at room temperature longer than 30 minutes before freezing."

"Do not freeze tomato-based or other acidic foods in aluminum baking pans or cover them with aluminum foil."

"Freezer burn occurs when foods are frozen for an extended period of time or not properly wrapped and sealed. Even though these foods do not pose any health risks, the freezer-burned areas will be dried out and tasteless."

"Never defrost perishable foods (meat, poultry, fish/seafood, dairy, eggs) outdoors, in a cold room in the house, or on the kitchen counter." Instead, the site suggested using the refrigerator to defrost "meat/poultry/seafood or casseroles 24 to 48 hours or until completely thawed.... For fast thawing, place frozen packages in a watertight, sealed bag and cover with cold water. In the microwave oven, remove food from store wrapping (foam trays or plastic wrap) that may release chemicals into foods. Allow six to eight minutes per pound of food when thawing in microwave on low heat."

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posted: September 16, 2007, 02:08 AM

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by Barbarella

The pain passes, but the beauty remains.
— Pierre-Auguste Renoir

“Check out the woman in the red shirt three sizes too small and the guy in purple plaid shorts,” said David.

“Eastern European?” I guessed.
“Yup,” he answered. “I’d bet the digital back to my Hasselblad on it. Even without her gut hanging out from under that shirt and over those jeans, the orange lipstick would have been a dead giveaway.” We sat side by side on an outside patio, enjoying our game of “Guess the Nation of Origin.” As if offering themselves for a more thorough inspection, many people paused to read the menu on the pedestal before us. *From one touristy town to another*, I thought. If it hadn’t been for Michelangelo’s statue of David staged against the enormous piazza in this unscripted production, I might as well have been

Returning to my feet after the brief intermission, a shock of pain coursed through my body.

sitting outside of Asti Ristorante in the Gaslamp. “American,” I said, gesturing toward the next couple that stopped in front of us. The American uniform included varying combinations of ball caps, khaki shorts, blue jeans, white socks, sneakers, fanny packs, and T-shirts in innocuous yet irritating

pastels. Earlier, I’d told David I felt we were being unpatriotic by choosing to wear all black. But now I’d broken from our dress code, and David looked at my feet with embarrassment. I tore my gaze away from the man reading the menu (whose vibrant-colored shirt depicted a bald eagle’s head rampant on an American flag), glanced down at my feet forlornly, and proclaimed myself guilty of a crime against fashion. Pain was no defense. Then again, I reassured myself, one cannot be expected to think clearly when under extreme duress. *My shoes may be ugly*, I thought, *but at least I can walk in them*.

I thought I was so clever, trimming a pound or so off my luggage by bringing just one pair of shoes. Prior to leaving San Diego, I had gone to great

lengths to break in my recently acquired “one pair” — a closed, narrow-toed, black suede wedge for all occasions. A walk down University Avenue here, a day of shopping at Fashion Valley there, all of it adding up to what I thought was a sufficient amount of “break-in” time. But six hours of hoofing it in Florence proved me wrong, and now my perfect shoes were in a bag, and on my feet were...well, let me back up a bit and explain myself.

On our first morning in the City of Lilies, the sun had been bright and the sky cloudless, but the air was still cool between the towering ancient stone structures in the shaded narrow streets. The rich, enveloping aroma of simmering garlic and tomatoes wafted down from the windows above, making the air taste good as David and I strolled to the Ponte Vecchio, the Old Florence Bridge, lined with jewelry and leather shops spanning the Arno River. As we made our way to the Piazza della Signoria — the main square containing an impressive stockpile of giant, 15th-century buildings and statues outside the Uffizi Palace — women in high heels and men in suits rode bicycles over cobblestone roads, some steering with only one hand while using the other to chat on a mobile phone; mopeds and miniature cars on three wheels *vroomed* in and out of the crowd at breakneck speed; and tourists like us walked and gawked at everything we passed.

A few hours later, as the sun rose higher

and the air grew hot and humid, my toes began to sweat and swell in my perfect shoes. David empathized; his new shoes, his “one pair” — dressy black sneakers by Prada that he’d ordered online — had begun to chafe his feet. Nevertheless, we continued our trek, though at a hobbled pace. David was the first to surrender, his eyes glittering with the promise of deliverance when he spotted a Prada store. It was a mistake for me to sit down in the store. While walking, I had grown accustomed to a certain level of discomfort; now, returning to my feet after the brief intermission, a shock of pain coursed through my body, so surprising and intense I thought I might pass out.

David, distracted by the comfortable new boots on his feet and the other new pair in the bag with the shoes he’d worn into the store, didn’t notice my agony for another few blocks. “Are you limping?” he asked.

“Yes, my darling shoe whore,” I answered. Acknowledging my torment seemed to increase it, so I stopped and leaned against the nearest wall. “I have a pair of platform sandals in my suitcase back at the hotel,” I said. I had *planned* to bring only one pair, but I’d given in to friends who had insisted I pack back-up shoes, including my father — a frequent traveler and the most efficient packer I know — who balked at my “brilliant” idea and told me one pair “just wouldn’t cut it.”

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- Skittish in Seattle

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artifacts and still hope to ward off the extinction spells my enemies will cast. What should I do?

- Trapped in Twin Falls

Dear Trapped:

I haven’t the foggiest idea what you’re babbling about. But I inferred from your mystical word usage you’re playing an electronic game. So I asked my grandson for help answering your question. He instructed me to say, “I know you are, but what am I?” Hope that helps.

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hotel," I croaked. "And it's not like I can change into my new shoes." I lifted the giant purple bag in my hands, which contained my purchase of the day — button-down, knee-high, soft black leather stiletto heeled boots by Lesilla.

"Can you make it to there?" David pointed to a neon green plus sign, marking the pharmacy three doors down. In the window display were Dr. Scholl's sandals, Crocs, and other geriatric comfort shoes. Never before had they looked so beautiful.

Two men and a woman in white coats eyed me knowingly when I limped through the entrance. "Do you have any of those in red or black?" I asked, pointing to the display. One of the white coats, a tall Indian

man who spoke the Queen's English, disappeared into a back room and returned with an armful of boxes, each of which contained a pair of Crocs in bright Crayon colors, and informed me that they didn't carry red or black. I reached for a sky blue shoe, and David shook his head vehemently. "Try the orange pair," he said.

I've never liked the way Crocs look, on anyone. I prefer the sexiness of long, narrow, pointy-toed shoes to those wide, clownish rubber clogs. But when I peeled off my imperfect shoes, along with a frightening sample of my skin, and slipped my feet into the spacious, spongy slippers, I sighed with relief, pleasure, and a feeling not far from love.

"Those are horrible,"

David said, squinting disapprovingly. "I mean, you can't...you look like Donald Duck." Despite wearing his own pair of sky-blue Crocs, our clerk couldn't suppress his laughter. A young blonde at the counter turned around, looked me up and down, and said, "You know, Puma is right around the corner." But I had already been to Puma, and to several other stores that sell shoes. None of them had a simple, affordable sandal that would let my blisters breathe. Despite the heat, every store in Florence except the pharmacy was stocked only for the fall/winter season.

"Try the pink thongs," said David. They were actually pink and white, with a Hawaiian floral pattern. To the chagrin of the

blonde standing at the counter, shaking her head in sympathetic despondence, I bought the pink Dr. Scholl's thongs and flip-flopped my way out of the store. I could tell by his chuckles and fervent glances at those around us that David was a bit ashamed to be seen with me. Defensively, I said, "Look, Mr. Prada, when I met you, you were ordering your black T-shirts from Fruit of the Loom and your 505 Levi's rigid unwashed. Have a heart, okay? I'm handicapped here."

"It's just," David paused to laugh. "You've gone from the sublime to the ridiculous. First you're buying the hottest fine Italian leather boots I've ever seen, and now you're wearing pink thongs."

"I want a divorce," I joked, repeating my favorite thing to say since the moment we collected our marriage certificate.

"I'm just saying, those aren't coming to Venice with us. Or anywhere else. They'll serve their purpose to get you back to the

hotel, which is where we're going to leave them. Come on, you know you agree with me."

"Fine," I said, in mock offense. "They stay behind. Now let's go grab something to eat and make fun of all the people who are dressed like me." ■



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continued from front page

If that “Aha! moment,” then, is the cherry crowning a misery sundae in which each spoonful of ice cream and shard of almond represents shame and disappointment, my moment would have to be when I fell in my sister’s back yard.

It was a warm, sunny afternoon in July, and the entire family, along with Heather’s in-laws and a handful of her friends, had turned out for the barbecue. Unseasonably dressed in jeans and a long-sleeved shirt, I had taken respite from the heat with a glass of chilled chardonnay in the shade of the gazebo. As I sat sipping my wine, a motion at the base of the wooden fence caught my eye. I scanned the grass until my eyes fell upon a squirrel, the fur on its head gathered in a miniature mohawk. I rose from my chair to get a closer look. Because my eyes were locked on the hilarious-looking rodent, I missed seeing the three small stairs leading down from the deck. My right ankle turned and I stumbled, after which my left ankle turned, and so on,

until finally, after a few seconds that felt like minutes, I landed five steps away — my cheek against the fence, my legs beneath me, and the glass of wine still clutched aloft in one hand.

The fall wasn’t the bad part. At first, I was merely stunned, trying to make sense of what had happened. Then, as heads

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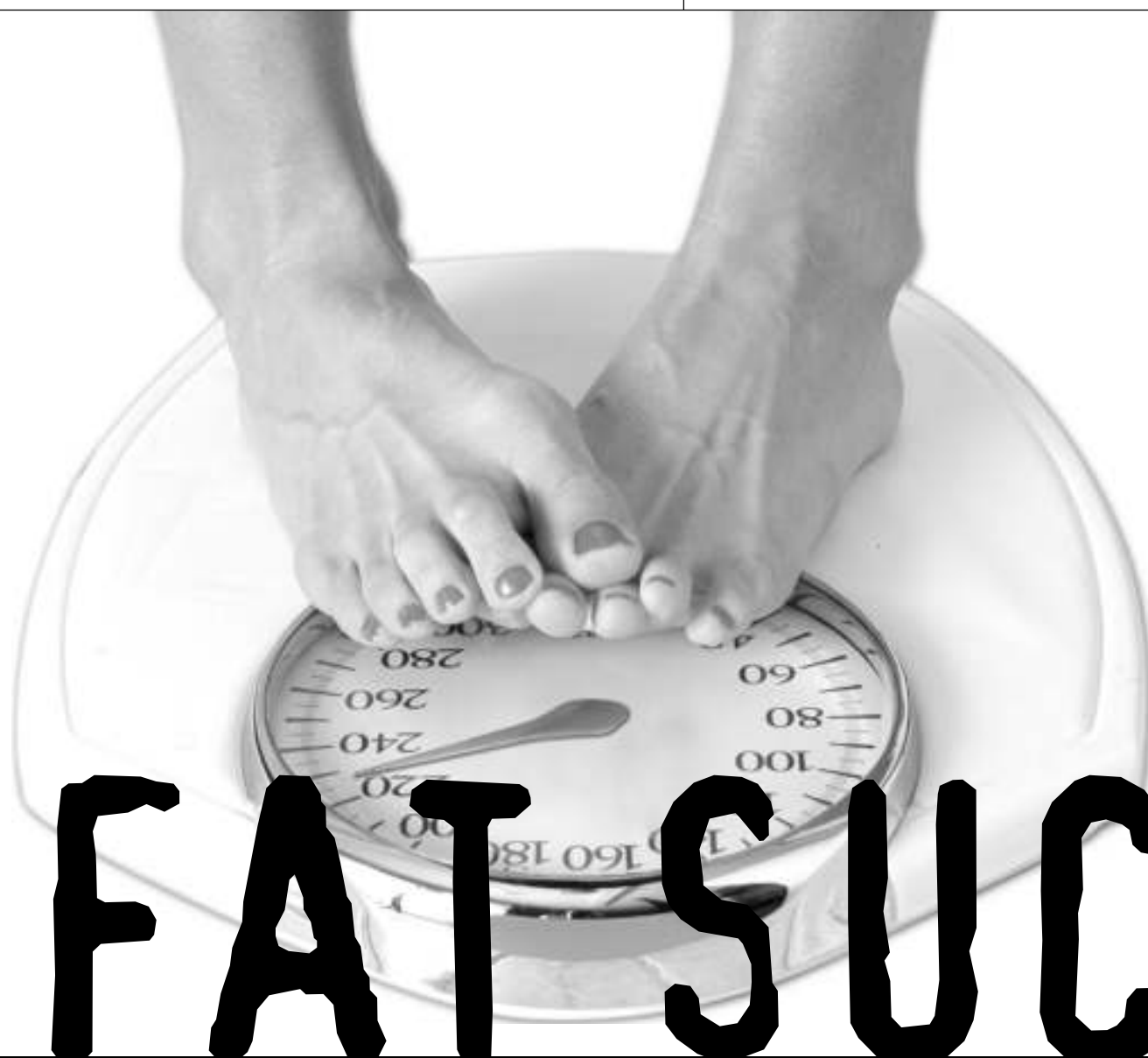
**When
you're fat,
people look
at you with
pitying
glances or,
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turned to discover the source of the commotion, as eyes and hands fell upon me to gauge the extent of my injury, it became apparent to everyone that, like that ancient woman in the cheesy commercial, I'd fallen and couldn't get up. I remained on the ground, sniveling and wiping away tears, refusing offers of help, for 15 minutes. My father and David eventually assisted me, all 270 pounds of me, to stand and hobble to the nearest chair.

Being fat sucks. When you're fat, people look at you with pitying glances or, even worse, relief. The alleviated expression on most women's faces wouldn't be easier to read if it were written across their foreheads in bold type: "At least I don't look like *that*." I don't blame them. It's human nature to seek a short reprieve from feeling bad about yourself, even if achieving this means taking a moment to be happy you're not as bad off as someone else. In an Associated Press article, the director of Yale University's Prevention Research Center,

Dr. David Katz, was quoted, "If you're just a little bit heavy and everyone around you is quite heavier, you will feel good when you look in a mirror." There is nothing more comforting to an insecure woman than having a fat girlfriend. Like most corpulent women, to compensate for an unappealing appearance and to protect my psyche, I developed an impenetrable inner strength and an acute sense of humor. Slimmer, emotionally weaker women were drawn to me like squirrels to a birdfeeder — in one fell swoop, I could make them both laugh and feel better about their thighs.

Conversely, there is nothing more revolting to most men than having a fat girlfriend. Don't get me wrong, I got laid plenty — guys may be horrified at the idea of *dating* a fat chick, but they can benefit greatly from befriending one. Devoted, "pretty-'n'-plump" girls make their male friends feel desirable, even cocky, something an ego can get used to. I was the behind-the-scenes gal, the one to call late at night, the friend with privileges on off-peak hours. I was a safe-looking wingman the boys could take dancing when pursuing more socially acceptable partners; the last-resort sex at the end of the night when nothing panned out. I was appreciative for the attention I got, like an untouchable in India who is resigned to her predetermined caste. Sometimes, to see where my body fit into the bigger scheme, I would surf the fat-fetish porn sites to find how other large women negotiated their heft in various positions. Words like "eager" and "grateful" were always used when describing the chubby stars. The unlikely chance of rejection is one of the main draws for men who have a thing for large women. (I'm talking



FAT SUCKS

white men here — in my experience, black men tend to appreciate ladies with a little extra “junk in the trunk.”) Even so, sex wasn’t the problem.

The most mundane tasks can be daunting for a plus-sizer. For me, the only thing worse than my hundred daily struggles was the possibility that somebody might witness one. When traveling by plane, rather than ask for a seat-belt extender, I would drape what little of the strap would reach around my generous belly and hide the buckle under a book, into which I would stare with exaggerated rapture so as not to be questioned during seat-belt checks. I hated shopping with friends and walking into stores like Express and the Gap, where the largest pants on the rack were at least six sizes smaller than the ones I wore. I once



Charlie Conefrey

entered a high-end clothing boutique downtown and received a dismissive glance from the size zero salesgirl, a sort of “Sorry, there’s nothing for you here.” I ended up buying a necklace I couldn’t afford, realizing only in retrospect that I’d

splurged to save face.

Anybody who tried to help me only made me feel worse. Each time someone offered me advice on slimming down, what I heard was, “You’re not adequate.” My parents seized the prom as their last oppor-

tunity to save me from striding fully fat into the real world. “You know, Barb, you have three whole months before prom,” said my well-meaning father, the idea being that if I lost weight, a boy might ask me to go with him. I resented the

premise that I didn’t stand a chance the way I was, even when it proved true. I attended the dance with a friend’s brother, who’d politely accepted my last-minute plea to bring him as my date, granted I pay for the affair, to which I wore the muumuu equivalent of a little black dress.

David and I met online in 2002. Along with my irreverent, sexually forward profile, I’d included a close-up photo of my face. As the day of our first physical meeting drew near, I panicked that once David was confronted by the actuality of my hugeness, our prospective romance would quickly fizzle. I kept mentioning in our e-mails that I was “not small.” He ignored such comments until finally, the day before our first date, he wrote, “Look, I know you’re overweight. I

have no problem with that.” Upon meeting him, I was shocked to learn that David was one of those people I had heard about but, like dragons and unicorns, had come to accept did not exist — a person not half as concerned with appearance as he was with character.

Having somebody treat me like a woman rather than a taken-for-granted friend with privileges boosted my sense of self-worth and gave me a newfound appreciation for life. David made me want to become the woman he made me feel I already was. Within a few months, with the determination and ease of pruning a rosebush in winter, I quit smoking, ceased my recreational drug use, and stopped wasting my time on toxic people.

Losing weight was not as simple. After all, I’d



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been fat all my life; it was a part of who I was, and I was married to it, for better or worse. People don't "get" fat. It's not something that "happens." You have to work at it. You have to consume a significantly larger number of calories than you burn every day, every week, every month, for *years*. I had been on the path to morbid obesity since the age of five. "Morbid obesity." Literally translated, it means "so fat as to inspire disgust or horror."

Two days after my embarrassing tumble, both my legs were swollen and bruised from thigh to ankle. I couldn't ambulate without wincing. I realized that this inability to move, and a growing incapacity to experience life the way other people did, would be my fate if I remained fat. I began to fear mortality — not just my own, but also David's. Though only 35 pounds over-

weight, David was older than I and had dangerously high blood pressure. I was preoccupied with thoughts of death and loss, with feelings of self-loathing and despair.

Dieting did not sound appealing to either of us. As a foodie, David lived to eat; as a fatty, I couldn't help but assign a stigma to the word "diet." I'd yo-yoed since I was ten, when my mother put me on Richard Simmons's Deal-A-Meal pro-

gram. Weight Watchers, Jenny Craig, Rader Institute, I'd had a fling with all of them, each time running one step forward to slim only to fall two

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steps back to stout. I'd often complained that programs don't work. But it wasn't the programs that failed — it was I. I wanted change to happen without having to do anything, the way I'd allowed myself to believe that getting fat was something that happened without my involvement. I wanted to be instantaneously slim without any discomfort. The truth that I'd refused to accept was that, no matter which method I adopted, there was not going to be anything quick or easy about ending my life as a fatso.

I flirted with the idea of gastric bypass. People close to me had undergone the surgery, and I'd seen firsthand how effective it could be. I also saw how violently invasive it was — as drastic as having one's jaw wired shut. What turned me away from pursuing it further

was my belief that if I underwent surgery I was, in effect, saying, "I am a victim of my behavior and I am unable — scratch that — *unwilling* to change it, so I would rather someone else change it for me by making it impossible, or at the least, very difficult and/or painful, for me to eat the excessive amounts of sugar and fat I somehow can't stop stuffing into my face." Call it a control issue.

The people in my life who'd had bariatric surgery had, as with many fad diets, lost a lot of weight in a short amount of time, then gained a good portion of it back. They were not willing to accept dietary changes, meaning that when their new, shrunken bellies could hold only two ounces, they still chose to fill it with junk. They had done nothing to alter

their sedentary ways, which meant most of their muscle, starved of protein, was lost with the fat. This is not the fault of doctors, who explain to their patients the importance of lifestyle changes until they run out of breath.

"So many people think they're going to have bariatric surgery and they're fixed," says George Mueller, a bariatric surgeon for Sharp Memorial Hospital. "We'll be seeing patients doing very well, and then they come back for their yearly visit, and they'll be snacking or won't be exercising. We hammer it over and over and over that this is a lifestyle change. They aren't real hard concepts."

Charles Callery, a surgeon for Pomerado Hospital and Sharp Memorial, has performed around 3000 gastric bypass surgeries since

1991. "We try to educate people and encourage them, but we're not superparents; we can't make [patients] do the right thing," says Callery. "Noncompliant behavior is very frustrating. It's like giving advice to kids — some follow the advice, some don't, and some are just plain reckless and get themselves into a lot of trouble." No amount of lecturing can penetrate a meticulously crafted shield of denial. For years, doctors had implored me to lose weight, a fact that played no part whatsoever in my decision to do so.

According to Mueller, rapid weight loss can have a negative impact on some organs, like the gall bladder. "When you lose weight rapidly, you oversaturate your bile with cholesterol and excess fats, and you get gallstones," he says.

The liver can also be affected. "If there's fatty infiltration on the liver, you can get hepatitis — not the infection, but inflammation of the liver, steatohepatitis — you get an inflammatory response, and liver enzymes go up. If a person loses weight, the liver function improves, but if they go up and down, you can get fibrosis, or scarring, in the liver, [which can] compromise the function of the liver."

The National Institutes of Health published a study finding 90 percent of people who lose weight gain it back within five years. The statistics for bypass patients are slightly more encouraging — two-thirds of patients are able to keep off 60 percent of the weight they lose.

While my legs changed from blue and yellow to purple and

green, I scoured the Internet for weight-loss information and tips and came across an article on the Kaiser Permanente website that repeated the phenomenal rate of failure for keeping lost weight off and stressed the importance of gradual lifestyle changes for permanent results. I didn't want to forgo eating — I wanted to learn how to eat right. I didn't only want to lose fat — I wanted to be fit. It wasn't about being as skinny as a starlet. It was about being *healthy*. Surgery held the promise of immediate results — having chunks of fat sliced off or sucked out of my stomach and thighs had its appeal. But then I came across an article on women's health, in which Monica Persson wrote, "Most people do not know that far more women have died from

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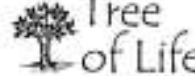


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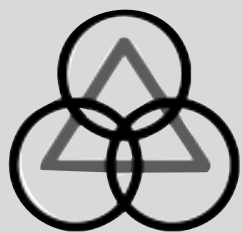
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SYNERGY CLINICAL RESEARCH CENTER

"Together...we can make a difference!"

www.synergysandiego.com

Research Study

If you are 18-65 years old and you are currently addicted to heroin or prescription opioid pain relievers,

you may be interested in learning more about a new clinical research study.

Synergy Clinical Research Center is conducting a clinical research study to evaluate an investigational new treatment. If you qualify, you will receive study-related care at no cost and you will be compensated.

If you are interested in participating in this study and would like more information, please call the number below:

1-888-619-7272

Are you **one** of the **17 million** people in America who currently have **diabetes**?

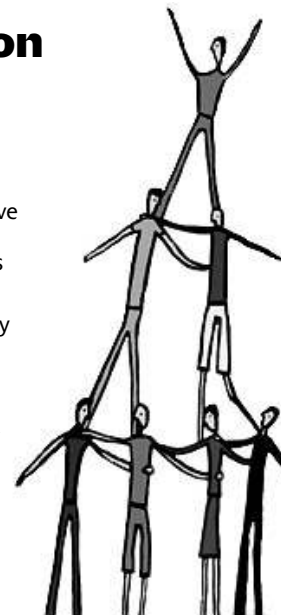
Would you like to help others like yourself in finding better treatment options? If you have type 2 diabetes or if you have experienced symptoms such as increased thirst, increased urination, increased appetite, and fatigue, and a diagnosis is confirmed by your doctor...

You may be eligible to participate in a clinical research study for a potential diabetes treatment. You may be eligible if:

- You have been diagnosed with type 2 diabetes and are currently being treated with Metformin
- You are between 18 and 75 years of age — Women must be surgically sterile or at least 2 years postmenopausal
- You are not currently being treated with any other antidiabetic medication other than Metformin

For more information, please call:

1-888-619-7272



Have you or someone you know been diagnosed with Bipolar Disorder?

Are you currently receiving treatment with lithium, olanzapine, Larnotrigine, or valproic acid? Are you currently experiencing depression? You are not alone!

Synergy Clinical Research is conducting research studies for **Bipolar Disorder with Depression**. All study-related procedures will be provided at no cost. Participants will be compensated for time and travel after each completed visit. We understand...

Call Synergy Clinical Research at: 1-888-619-7272

Together...we can make a difference.



SYNERGY CLINICAL
RESEARCH

If You Or Someone You Know Suffers From

Schizophrenia or Schizoaffective Disorder

and are between the ages of 18 and 65, you or that person may be eligible to participate in a clinical research trial.

Participants will receive study-related exams and investigational drug at no charge and compensation for time and travel.

For more information, call:

888-619-7272



Synergy Clinical Research Centers

If you are one of the 15 million adults affected by depression, you may be eligible to participate in a research trial of a new depression medication now being studied.

You may be eligible for the study if:

- You are between the ages of 18 and 70
- You are experiencing symptoms of depression

All qualified participants will receive study-related care and study medication for up to 8 weeks at no cost.

To find out if you qualify for this study, or for more information, please call:

1-888-619-7272

or visit: www.parAGOnstudy.com



Do you have trouble sleeping?

Are you:

- 18 years of age or older?
- History of insomnia for at least 4 weeks?
- Having difficulty staying asleep?
- In good general health?
- Sleeping less than 6.5 hours at least 4 nights per week?

Synergy Clinical Research is looking for volunteers for a medical research study of an investigational medication for insomnia.

Qualified participants may receive investigational medication, study-related physical exams and compensation for time and travel.

If interested, please call:

1-888-619-7272

Listen to "Tomorrow's Health Today Show" on CASH 1700 AM Radio every Saturday morning from 11 am to 12 noon, sponsored by Synergy Clinical Research Center.

weight loss surgery than from Toxic Shock Syndrome.” If I was going to lose weight, I had to do it the right way, the healthy way, the same way I had gained it — slowly.

When entering any strange and seemingly treacherous new land, it is wise to solicit the help of a knowledgeable guide. I didn’t want a doctor who would hand me pam-

phlets, like maps, and send me on my way but someone who would walk by my side and guide me along. Someone with a sturdy arm for me to grab in case I stumbled

into a deep hole in my resolve.

I Googled “personal trainer San Diego” and got a long list of gyms. I tried to picture myself huffing away on a tread-

mill in the 24 Hour Fitness in Hillcrest, surrounded by hard bodies and floor-to-ceiling windows. I imagined people passing by on the street, doing a double take and

wondering how that hippo had found her way into the meerkat enclosure. It was embarrassing enough to be fat and trying to change (which was in itself an admission of weakness, of discontent with what I was); I didn’t need to be on display and scrutinized by skinnies in the process.

One gym, Bodylines Fitness, caught my eye with the phrase “one on one.” I perked up when I read, “The fitness industry is becoming synonymous with quick fixes, false advertising, and unrealistic expectations.” The rest of the gym’s basic philosophy could be summed up, “If you are not willing to work hard and do what we tell you to do in order to get fit, then go somewhere else.” These guys sounded serious. Serious was what I needed. Plus, they were offering a special for two. I called and scheduled a free consultation for David and myself for the following week.

“This can’t be it,” I said to David as I pulled the car into a dilapidated, circa 1970s shopping center off Talbot Street in Point Loma. The “gym” was located in what had previously been a dental office. Just through the entrance was the main, and largest, room, in which were a giant, unintelligible machine, a blue velvet couch, and a coffee table covered with fitness magazines. All was quiet except for soft rock playing through a speaker built into the tiled ceiling. Exercise equipment was arrayed among the six small rooms, each of which was painted a different pastel color. It was dingy, small, and a half hour’s drive from our place. I had nearly made up my mind to bail when Charlie Conefrey, the man I’d spoken to on the phone, stepped forward and introduced himself. He had the musculature of a pit bull and wore loose khaki cargo shorts, designer sneakers, and a

RESEARCH STUDIES

There is hope...

Pacific Sleep Medicine Research Center offers hope, and help, for all patients who suffer from a wide range of medical conditions. All participants to receive compassionate care by our physician and our team of healthcare professionals.

DO YOU SUFFER FROM EXCESSIVE DAYTIME SLEEPINESS?



Do you have sleep apnea and use a CPAP? Do you also take medication for Depression?

If so, you may qualify to participate in a research study for adults to treat **daytime sleepiness**.

QUALIFIED PARTICIPANTS MUST BE:

- 18 and older
- On a stable CPAP Therapy for at least a Month
- Taking medication to treat depression

QUALIFIED PARTICIPANTS WILL RECEIVE:

- All study-related care, exams and study drug at no charge
- Compensation for time and travel

Are You Taking Ambien® ?

Pacific Sleep Medicine is currently participating in a national clinical research study of an investigational use for an approved prescription sleep medication.

If you are interested in participating in this new clinical study, you must be:

- Undergoing treatment for at least 3 months
- Currently using Ambien® at least 4 nights per week
- Must be willing to discontinue Ambien® (after signing an informed consent document)

Study-related medical exams, laboratory tests and study medication are provided at no cost. Qualified participants will be compensated for time and travel.

ARE YOU A NIGHT OWL?



Do You Go To Bed At A Late Hour?

If so, you should know about a research study of an investigational medication for the treatment of **Delayed Sleep Phase Syndrome (DSPS)**.

QUALIFIED PARTICIPANTS MUST:

- Be 18 and older
- Go to bed later than you would like

QUALIFIED PARTICIPANTS WILL RECEIVE:

- All study-related care, exams and study drug at no charge
- Compensation for time and travel

WAKING UP IN THE MIDDLE OF THE NIGHT?



If so, you may qualify to participate in a research study of an **approved prescription sleep medication** for investigational use for adults who experience **problems staying asleep** throughout the night.

QUALIFIED PARTICIPANTS MUST:

- Be ages 18 to 64
- Have had middle-of-the-night insomnia for at least 3 months

QUALIFIED PARTICIPANTS WILL RECEIVE:

- All study-related care, exams and study drug at no charge
- Compensation for time and travel

For more information on these and other clinical studies, call (toll free)

1-877-927-5337

Pacific Sleep Medicine Services

Bridging the path of medicine and science.™

We believe we can help.

Well-known pharmaceutical companies are conducting important research studies for a limited number of qualified participants.



Anxiety

doesn't just stress your mind.
We now know it can...

- Decrease your immune response • Decrease your physical and mental functioning
- Increase fats in the bloodstream • Interfere with sleep • Be mistaken for medical conditions

If you are between the ages of 18 and 64 you may qualify to take part in a research study of an investigational medication for Generalized Anxiety Disorder.

Every study conducted by California Clinical Trials is staffed by a team of skilled and experienced physicians and medical professionals trained to place your comfort and well-being first.

If you participate, there is no cost to you...instead:

- You receive up to \$450 for your time and travel.
- You receive no-cost study-related medication and study-related medical care.
- No reports are made to employers, schools, or insurance companies.



Depression

steals more than your mood.
It robs you
of life's pleasures.

Are you between the ages of 18 and 70 and finding life hard to tolerate? Has your energy and motivation to enjoy your life decreased? Do you find even simple pleasures empty?

California Clinical Trials has been assisting the pharmaceutical industry with finding new medications for depression. Every study conducted by California Clinical Trials is staffed by a team of skilled and experienced, caring physicians and medical professionals trained to place your comfort and well-being first.

If you participate, there is no cost to you...instead:

- You receive compensation for your participation.
- You receive no-cost research study medication and medical care.
- No reports are made to employers, schools, or insurance companies.



Schizophrenia

can tear families apart.

Do you or a loved one have schizophrenia? Have they tried Seroquel®, Risperdal®, Geodon®, Zyprexa® or Abilify®? Do they still feel hopeless, have side effects or continue to suffer from troubling thoughts or voices?

This loved one's problem can break your heart. We are caring, experienced professionals funded by a well-known pharmaceutical company to conduct an inpatient and outpatient research study for qualified people with schizophrenia.

If your loved one participates, there is no cost...instead:

- They receive up to \$1530 for participation.
- They receive no-cost research study-related medication and medical care.
- No reports are made to employers, schools, or insurance companies.



Are You A Night Owl Who Can't Fall Asleep Till Midnight (or Later)?

Who me? Yes, you, the one who is up most of the night.

Have trouble getting up early in the morning?

Feel like you could sleep all day and should say, "who, who" all night?

If you are healthy but have chronic problems falling asleep before midnight, you may qualify for a research study in our state-of-the-art sleep clinic and receive an investigational medication for poor sleep.

Every study conducted by California Clinical Trials is staffed by a team of skilled and experienced physicians and medical professionals trained to place your comfort and well-being first.

If you participate, there is no cost to you ...instead:

- You may receive up to \$2600 for time and travel.
- Receive no-cost study-related medication and study-related medical care.
- No reports are made to employers, schools, or insurance companies.



Are you being treated for your sleep apnea and depression but still have sleepiness during the day?

Because these two disorders have tiredness and fatigue in common, people who suffer from both feel like they drag all day long. California Clinical Trials is conducting a research study of an approved medication to see its effects on individuals with both sleep apnea and depression. If you are 18-65 years of age and in stable health, using your prescribed CPAP regularly and taking antidepressant medications, you may qualify to participate in this research study. Every study conducted by California Clinical Trials is staffed by a team of skilled and experienced physicians and medical professionals trained to place your comfort and well-being first.

If you participate, there is no cost to you...instead:

- You will receive up to \$550 for your participation.
- You will receive study-related medication and study-related medical care.
- No reports are made to employers, schools, or insurance companies.

**California**
CLINICAL TRIALS
Finding Answers Together – Since 1982

858-571-1188

Toll-free 800-571-1188

www.cctstudy.com

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UCSD Research Study on **ANXIETY**

Do you suffer from these symptoms?

- Worried, nervous, on edge
- Difficulty sleeping
- Tense, keyed up, restless
- Unable to concentrate, agitated

The UCSD Psychopharmacology Research Initiatives Center of Excellence is conducting a research study of the effects of an investigational drug, not approved by the FDA, versus a placebo (sugar pill) on Generalized Anxiety Disorder.

Participants will be compensated for time and travel.



To find out if you may qualify and how to participate call
1-866-UC-PRICE (1-866-827-7423) today for more information.



Do you suffer from **Osteoarthritis of the hip?**

Are you currently taking medications for pain relief? If you are 40 years old or older and are generally in good health, you may be eligible to participate in a clinical trial evaluating an investigational oral medication.

For further information, please call: 619-229-3909



San Diego Sports Medicine and Family Health Center
6699 Alvarado Road #2100
San Diego, CA 92120

tank top. His bronze tan was even from his ankles to his shaved head, and I noted a dark blue tattoo of the Star of David on his right calf. We sat on the couch as Charlie, in his heavy *Good Will Hunting* Boston accent, told us about himself — he was an amateur competitive bodybuilder, personal trainer, and nutritionist. He had graduated from University of Massachusetts Boston with a degree in exercise science and had recently moved to San Diego from his hometown, Everett, Massachusetts.

When he'd finished explaining his personal fitness philosophies, Charlie sought to understand our needs by asking a series of questions.

"How often do you eat out?"

"Two to three times a day," I answered. Charlie's eyes widened. He made some notes on the paper in his lap.

"How often do you exercise?"

"You mean intentionally?" I joked. David giggled. Charlie remained stoic. "Okay," I said. "Well, we don't, actually."

"Huh." More notes and a furrowed brow. Then he looked me in the eye with an interrogator's determination and said, "What is your goal? What are you hoping to achieve?"

"Health," I answered. "Losing weight will obviously be a side effect, but my number-one goal is health. You know, quality

of life and all that."

Charlie smiled and said, "I think I can help you."

I returned his smile and said, "We'd like that."

Charlie gave us instructions regarding food — how much to eat and when, and from which sources we could obtain low-calorie, nutrient-rich proteins and carbohydrates. We were to write down every morsel that went in our mouths. "Have five small meals a day, each meal less than 300 calories, and containing 40 percent protein, 40 percent carbs, and 20 percent fat," he instructed — but only those proteins, carbs, and fats that were on the handout he gave us. No more pizza, burritos, or fries. From now on

RESEARCH STUDIES



Seeking Patients for a Research Study For Type 2 Diabetics

Dr. Robert R. Henry and his associates at the VA Medical Center are looking for Type 2 diabetic volunteers to take part in a research study to determine if the use of different glucose meters significantly lowers HbA1c.

Participants will:

- Attend eight study visits
- Be randomly assigned to one of two glucose meters

Inclusion Criteria:

- 18 years or older
- No history of anemia, serious chronic disease, or severe hypoglycemia
- Have been diagnosed with Type 2 Diabetes for at least 3 months but no more than 15 years
- Have a stable regimen for at least 3 months
- Not using insulin
- A1c to be 6.5-9.4

Qualified participants will be compensated for participation up to \$200.

To see if you qualify, or to learn more about the study, please contact:
858-552-8585 Jackie Raceles: ext. 4384 or Catherine DeLue: ext. 6740



Is your Type II Diabetes **NOT** adequately controlled by taking Metformin (Glucophage)?

- Are you between the ages of 18 and 80 years old?
- Have you been taking Metformin (Glucophage) for at least 3 months?
- Do you have a diagnosis of Type II Diabetes?
- Is your Type II Diabetes not controlled?
- Are you willing to participate in a 17-21-week research study?

If you or someone you know can say yes to the above questions... You or they may qualify to participate in a clinical research study investigating a new diabetes treatment.

Currently we are looking for study volunteers who have Type II Diabetes and can answer yes to the above questions.

If you are interested in finding out more information regarding this study, please call the number below.

Diabetes and Endocrine Associates • 619-466-4899

Attn: Heavy Drinkers

The Scripps Research Institute is conducting 3 investigational studies associated with drinking:

- Heavy drinkers not seeking treatment
- Heavy drinkers seeking treatment
- Drinkers with depression seeking treatment



For more information and to find out if you can earn compensation for participating in one of these studies, contact:

(858) 784-7867 (STOP)





Periods Too Heavy?

If your periods are too heavy, a research study is underway using 2 investigational products for women with heavy menstrual periods.

If you are over 18 years of age with regular periods and struggle with this heavy flow, you may want to consider this research study.

To possibly qualify you must:

- Be at least 18 years or older
- Have heavy but regular menstrual periods
- Not presently on oral contraception or willing to go off

Participants may receive study-related:

- Exam and consultation by a board-certified physician
- Lab studies, Pap smear and ultrasound
- Compensation

For more information call:

619-521-2841

Medical Center for Clinical Research

As type 2 diabetes progresses, diagnosed individuals often must intensify their therapy with insulin in order to manage blood glucose levels.

Do you use insulin to control your

Type 2 Diabetes?

If so, the Profil Institute for Clinical Research invites you to participate in a clinical research study involving an investigational insulin.



- Some overnight stays are required.
- You may be compensated up to \$3,750 for your time and travel.

Participants must be:

- Ages 18-65
- Taking insulin
- Diagnosed with Type II Diabetes

For more information, please call:
619-409-1243

TYPE 1 DIABETES



- ✓ Have you been diagnosed with Type 1 Diabetes for at least 1 year?
- ✓ Are you on insulin and taking injections at least twice a day?
- ✓ Are you between the ages of 18-70?

If you answered Yes to all of these questions, you may be eligible for participation in a clinical research study. A study is being conducted to evaluate the effectiveness and safety of an investigational drug for Type 1 Diabetes.

Qualified participants will receive the following study-related items at no cost for 6 months:

- Diabetes medical care
- Study drug and a long-acting insulin
- Blood glucose meter, test strips and all necessary ancillary supplies
- Laboratory tests, physical exam and ECG
- Nutritional counseling
- Compensation for time and travel will be provided
- Additionally you may qualify for participation in a 1-year extension study

For more information, please call:

Robert R. Henry and his associates at the VA San Diego Healthcare System in La Jolla at: **858-552-8585 ext. 6449**



Profil

Institute for Clinical Research, Inc.

855 Third Avenue, Suite 4400

Chula Vista, CA 91911-1350

Phone: 619-409-1243

E-mail: volunteer@profil-research.com

Are you a woman between 18 and 47?

Do you suffer from a decreased sexual desire?

This is called hypoactive sexual desire disorder (HSDD).

Are you interested in participating in a study of an experimental drug for HSDD?

Qualified participants will receive investigational study medication, study-related medical exams, and lab tests at no charge, and be compensated for their time.



Call San Diego Sexual Medicine
at 619-265-8865 if you are interested.
www.sandigosexualmedicine.com

Smoking too much pot?

WE WANT TO HELP YOU STOP!

Researchers at the Scripps Research Institute are working to develop treatments to help you quit smoking marijuana. This 12-week program involves medication.

For more information and to see if you qualify,
please call **858-784-7867**

or visit **www.pearsoncenter.org**
for more detailed information.



Do You Get Anxious in Social Situations?

Do you:

- Get very **NERVOUS** around people?
- **FEAR** being the center of attention?
- **AVOID** going to social events and meeting new people?

If you answered **YES** to any of the above, you may be eligible to participate in an experimental research study comparing several study drug options for social phobia. Medical assessment and clinical care are provided.

For more information, please call
1-877-UCSD-SHY (1-877-827-3749)
Or e-mail: veryshy@ucsd.edu



(except on our cheat days, which we were told we could have once a week), it was broccoli, chicken, extra-lean ground turkey, and whole grains. At the end of each week, we were to bring our food journal for Charlie to review. Our first workout would be the following morning.

Directly after our meeting with Charlie, I dragged David to El Zarape for one last hurrah with the chile relleno burrito, a monstrosity the size of my forearm comprising a flour tortilla stuffed with cheese-filled and deep-fried chilies, refried beans, sour cream, and cheese. As I worked my way through the second half with a plastic knife and fork, the words of my college philosophy teacher echoed in my head, "A pig satisfied or Socrates dissatisfied?" I knew that once I learned exactly how bad this burrito was for my body, I would never want to eat it again. I savored the last of my willful ignorance in

every calorie-packed bite.

The next day, David and I began counting calories to keep our consumption below 1500 a day. In order to lose one pound of fat, we had to burn 3500 calories more than we consumed. We figured that before we obtained direction from Charlie, we must have been consuming at least 5000 calories a day and burning fewer than 2000. All the medical research on obesity indicated that if we lost more than two pounds a week, we were sure to gain back each of those pounds and more. David agreed that he would do all the cooking and food prep, and I would keep the journal and count our calories. It was up to us to get the food right. For the exercise, however, we would place our bodies in Charlie's hands.

Imagine a manatee using its tiny flippers to drag its massive, flabby body out of the water and onto the shore, and you will have some idea of

what I looked like during my first workout with Charlie. I'd never felt so stupid and unglamorous in all my life. Charlie had to teach me that a "crunch" was a kind of half-sit-up, that my hamstrings were at the back of my thighs, my quadriceps at the front. He stared at me in puzzlement when I hopped around in pain the second day because he couldn't figure out how I'd managed to pull my left hamstring while trying to stretch my right quad. Like a Road Runner cartoon, I was comically tragic.

We worked out four days a week. The first month, our previously neglected muscles ached with fatigue; David and I walked around like over-acting extras in *Shaun of the Dead*. Two months after we began, I decided it was time to apply for health insurance — something I hadn't bothered to do since I'd left my previous job as a full-time office worker. In the seven months away from

RESEARCH STUDIES

Is your puppy potty trained?



MRJ has developed a new Puppy Potty Training System. We are looking for volunteers to try it out and give us their feedback and testimonials. This is a \$600 value at no cost to you.

E-mail us at jburd@jburd.com with your puppy's particulars and we will contact you with details.



Are you currently diagnosed with Schizophrenia?

Are you currently on a stable dose of Risperdal, Zyprexa, or Paliperidone?

You may qualify to participate in a research study involving an investigational medication. Qualified candidates will be compensated for time and transportation as follows:

\$75 for your screening visit, **\$100** at visits 3, 4 & 6, and **\$150** at visits 2 & 5. Compensation up to **\$675** will be provided.

Call 858-566-8222 for more information.

The California Neuropsychopharmacology Clinical Research Institute, LLC
"CNRI, LLC"

the bagels, donuts, candy, and other office treats, I'd gone down a size without trying. Now, with regular exercise and the changes in my diet, I was the healthiest I'd ever been.

A week after I sent in my application, I received a rejection letter. It read: "For your height, your weight exceeds the maximum allowed of 200 lbs. Before we can reconsider your coverage, we will

need documentation from your physician showing that you have maintained a weight of no more than this weight for at least six consecutive months." I was 240. It didn't matter to the company that I was shrinking rapidly. At first, I was angry. Indignant. I wanted to call them and scream about the unfairness of not looking any further than my height

RESEARCH STUDIES



Trapped by Cocaine?

Cocaine Anonymous can help!

Call the San Diego help line today.
We're here and we're FREE!
Toll-free: 866-242-2248
or visit our website: www.CASanDiego.org



Too Shy?


Trouble with dating? Parties? Public speaking? Starting conversations? Speaking to authority figures? Always worried about what other people think of you?

Confidential help is available. You may be eligible to **Receive Free Treatment** with computerized therapy as part of a research program.

Call: **619-229-3740** or e-mail: SDSUCUTA@hotmail.com
<http://nas.psy.sdsu.edu>

CENTER FOR UNDERSTANDING AND TREATING ANXIETY

6386 Alvarado Court, Suite 301, San Diego




Anxious?

Are your worries excessive and uncontrollable? Do you experience fatigue, insomnia, irritability?

CONFIDENTIAL help is available.

You may be eligible to receive **free treatment** as part of a clinical trial of a computerized treatment program at the San Diego State University Psychology Department.

Center for Understanding and Treating Anxiety
Call: **(619) 229-3740**
<http://nas.psy.sdsu.edu>





Sleepless Nights?

- Having trouble falling asleep and staying asleep?
- Between the ages of 65 and 85?

You may be eligible to participate in a clinical research study of a marketed medication for insomnia.

Study participants will receive: study medication, study-related physical exams, compensation for time and travel

For more information about this study, please contact:
(619) 688-6565
See our website: www.ari-inc.com

Sadness, low energy, trouble sleeping, can't concentrate... Depression – have your symptoms returned?

Clinical research study for adults with depression.

If you or someone you know is:

- 18-55 years of age
- Currently experiencing a depressive episode and have a history of recurrent depression



You may be eligible to participate in this clinical research study.

Qualified study participants will receive:

- A comprehensive medical evaluation as it relates to the study
- Supervised care by medical professionals during the study
- Study medication at no cost

Compensation for time and travel and an aftercare program may be provided.

If you are interested in learning more about this study, please call:
(619) 688-6565
See our website: www.ari-inc.com

Is waking up tonight affecting your tomorrow?


Do you or someone you know have trouble staying asleep? Is it affecting daytime activities? A study of an investigational medication is under way for people who have trouble staying asleep, characterized by waking up throughout the night (sleep maintenance insomnia).

To qualify for participation in this research study, you must:

- Be at least 18 years old
- Have trouble staying asleep through the night
- Be impacted in your daily life by your sleep problems

If you qualify and choose to participate in this study, you will receive an initial consultation, study-related examinations and laboratory evaluations, all follow-up visits, and you may receive study medication at no charge to you. Compensation for time and travel provided.

If you are interested in learning more about this study, please call:
(619) 688-6565
See our website: www.ari-inc.com




Depression Study


If you are one of the 15 million adults affected by depression, you may be eligible to participate in a research trial of a new depression medication now being studied.

You may be eligible for the study if:

- You are between the ages of 18 and 70
- You are experiencing symptoms of depression

All qualified participants will receive study-related care and study medication for up to 8 weeks at no cost.


To find out if you qualify for this study or for more information, please contact:
(619) 688-6565
See our website: www.ari-inc.com

Do you constantly worry? Every day?

Do you feel nervous, tense, or "on edge" most of the time? Do you have trouble sitting still or is it impossible for you to simply relax? Are you having trouble sleeping? If so, you may be suffering from Generalized Anxiety Disorder. Affiliated Research Institute in Mission Valley is currently seeking adults between the ages of 18 and 64 who have been diagnosed with or are experiencing symptoms of Generalized Anxiety Disorder to participate in a research study of an investigational medication. Participants will receive all study drugs and study-related medical care at no cost. Health insurance is not needed to participate. So, if anxiety is getting in the way of a full life for you or someone you love, please visit our website or call.

For more information about this study, please contact:
(619) 688-6565
or visit us online at: www.ari-inc.com



and weight. After I calmed down, I accepted that their decision hadn't been personal. I understood the risk inherent in insuring a morbidly obese person, healthy or not. Of course the company wouldn't take such a risk. By the end of the night, all I felt was shame. I'd lost over 30 pounds. But as I sat, moping and teary-eyed with the words of the letter replaying over and over in my head, I had never felt fatter. I put the letter away, crossed my fingers that nothing catastrophic

would happen to me before I qualified, and refocused my attention on the regimen.

It is easy to see why so many people start to diet and then give up. The motivation required to maintain discipline is so fragile that something as simple as a passing comment can cause it to shatter into a million reasons for why any effort is futile.

After six months of eating right and working out (with occasional wine, cheese, and chocolate lapses), I was down

two more sizes. David and I attended a party to celebrate the completion of a building project in North Park. While there, an acquaintance said, "Wow, David, you're disappearing!" Ten minutes later, a friend we hadn't seen in months said, "David, you look fantastic!" Upon greeting us, five other people had similar reactions. During each encounter, I stood by David's side and waited for such a comment to be directed at me. Each time my expectation was dashed

sharply, like the sting I get when I repeatedly rub my eyes after forgetting I have pepper on my fingers.

The week following the party, I stopped counting calories. Not eating right made me feel guilty; feeling guilty was depressing; and depression left me bereft of motivation. I'd been working my ass off, and though I was down to a size 22, I was *still fat*. I was so fat that after shedding 40 pounds, no one had noticed. With so many sizes to go, what was the

point? Defeated, I knew that I was, and would always be, a fat chick.

Charlie could tell something was off. At the end of the week, he asked me how the diet was going. "Not good," I answered.

"Why?" Like a therapist, Charlie always asked open-ended questions and listened patiently to my answers. Four days a week, I opened up to him in ways I never had to my friends or family; I spoke of deep-seated insecurities and thoughts of self-loathing. Also like a ther-

apist, Charlie did not give answers so much as he guided me to them.

"I've been stressed," I said. "Plus, there were, like, three birthdays I celebrated this month, which means dinners out with friends."

Charlie has no tolerance for excuses. And, in his opinion, *anything* that gets in the way of health-conscious decisions is an excuse. "Remember why you're here," he said. "Why you're paying money and spending all this time exercising. If your mother was in the

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hospital dying, you'd make it in to see her, no excuses. If you want something enough, nothing gets in your way."

Did I want it enough? For days the question haunted me. Of course I did, I assured myself. Why else would I suffer restricted calories and four days a week of physical torture? And yet, there was a part of me that didn't want it at all, a part of me that feared success. It wasn't that I was afraid of being slim, healthy, and attractive — it was that I was petrified of not being *me*. Who was I if not fat, bubbly Barb? I may not have liked my appearance, but I very much loved *myself*. I was used to the way things were.

My decision to change my lifestyle had a chilling effect on many of my relationships. While on the phone with a girlfriend, I said that I'd been working out and shedding pounds. "Well, that sucks," she said. "Who am I going to talk to when I'm gaining weight?" Suddenly, my vision cleared, and I wondered how many of my friends saw me as no more than a factor in the equation of their self-esteem.

It was clear from my sisters' reactions that my weight was something they had discussed in my absence. "We hoped you'd come to the realization at some point. We were just wondering when it was going to happen," they said. Weight issues are prevalent in our family; I come from a long line of overweight Italian women. My sisters, though slim, have always been sensitive to the issue — "fat" was the only forbidden "F-word" in our home. When I said, "I'm fat," a truth no one could deny, they would snap, "Don't say that, that's not true." But speaking the word I'd cowered from all my life had a liberating effect. Embracing the ugly truth of my condition — that I

was heavier than a female gorilla — was the essential first step in doing something about it.

I was crestfallen when people failed to notice my progress, so I

was surprised when I found it irritating rather than flattering when people *did* make note of my shrinkage. A friend of my mother's said, "Barb, you're losing weight!" I

nodded at her, a sort of "Yup, sure am," and she continued, "You actually have a waist!" I found this insulting. I may have lost weight, but I was still fat and therefore still sensi-

tive to comments about my changing shape. This one, in particular, came across as patronizing.

As more people became aware of my quest, I began to feel as if

I had recently taken up residence in a petri dish. I knew they only meant to be helpful, but I would cringe when friends would invite me out and say, "I was thinking about

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going to that new Vietnamese place down the street. Is there anything there that you're allowed to eat?" *Allowed?* "I am *allowed* to eat whatever I damn well please," I would sometimes answer, finding it impossible to

hide my bitterness. Once, at an afternoon party, I reached for a piece of pizza and felt obliged to explain myself to each pair of appraising eyes that I could have a slice and still shed pounds that week because of the ratio

of good choices to bad. That night, David and I bickered over whether or not to add 100 calories' worth of bread to our dinner. "It's hard enough for me to have my own willpower without also having to have yours," he

snapped. "You think I wasn't dying to have pizza today?" I was horrified. I convinced myself from his comment that David believed I was an uncontrollable cow and that it was all he could do to keep me on track. When I felt the ache on the roof of my mouth from where the scorching cheese had burned it, I turned my anger inward: *That's what you deserve for eating it, you fat pig.*

It was enervating to be always on the defensive, to feel as if I had to answer to everyone, to justify myself by explaining to acquaintances that, even though I was fat, I probably worked out more often and ate a more nutritiously balanced diet than anybody in the building. Eventually, I realized the only

person I was arguing with was myself. It didn't matter how other people saw me — what mattered was how *I* saw me.

After one year, I'd lost over 70 pounds. My clothes were smaller. I could easily lift things I used to find heavy, and I could bound up the stairs two at a time. The scale no longer groaned under my weight. My body had changed, yet my perception of my body remained that of a grotesquely oversized woman. Visiting the home of a friend, I continued to tiptoe lightly across the echoing hardwood floor to avoid calling attention to my girth. I still eyed chairs with arms suspiciously, as they have rarely been able to contain the width of my rear end. David said my

self-image was inaccurate. To prove him wrong, while shopping at the mall, I pointed to a woman and said to him, "I'm about her size."

"No, you're not, actually," David responded, eyeing me closely. "You don't really think that, do you? Barb, that woman is 50 percent larger than you." I examined the woman until she disappeared into Macy's and decided that David was trying to be nice.

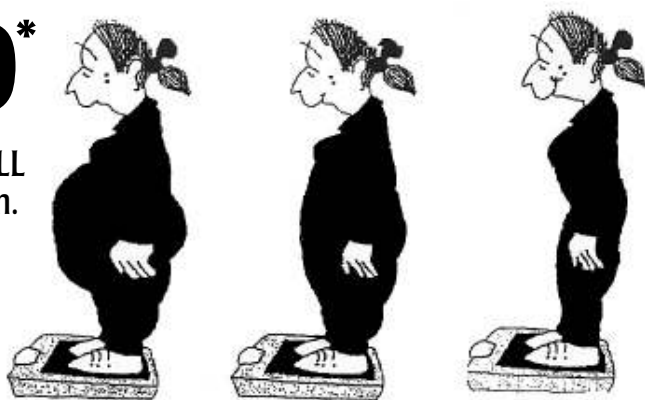
As I became more fit and the pounds continued to melt away incrementally, I started to get more attention from men on the street, strangers who smiled and said things like, "Good morning, beautiful!" I'd often been told that I had a pretty face, something I assumed people said to

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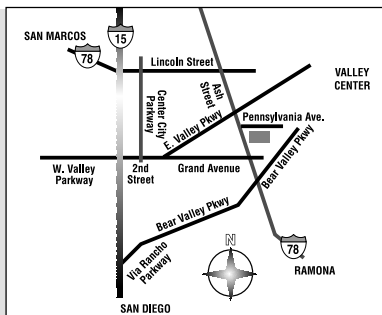


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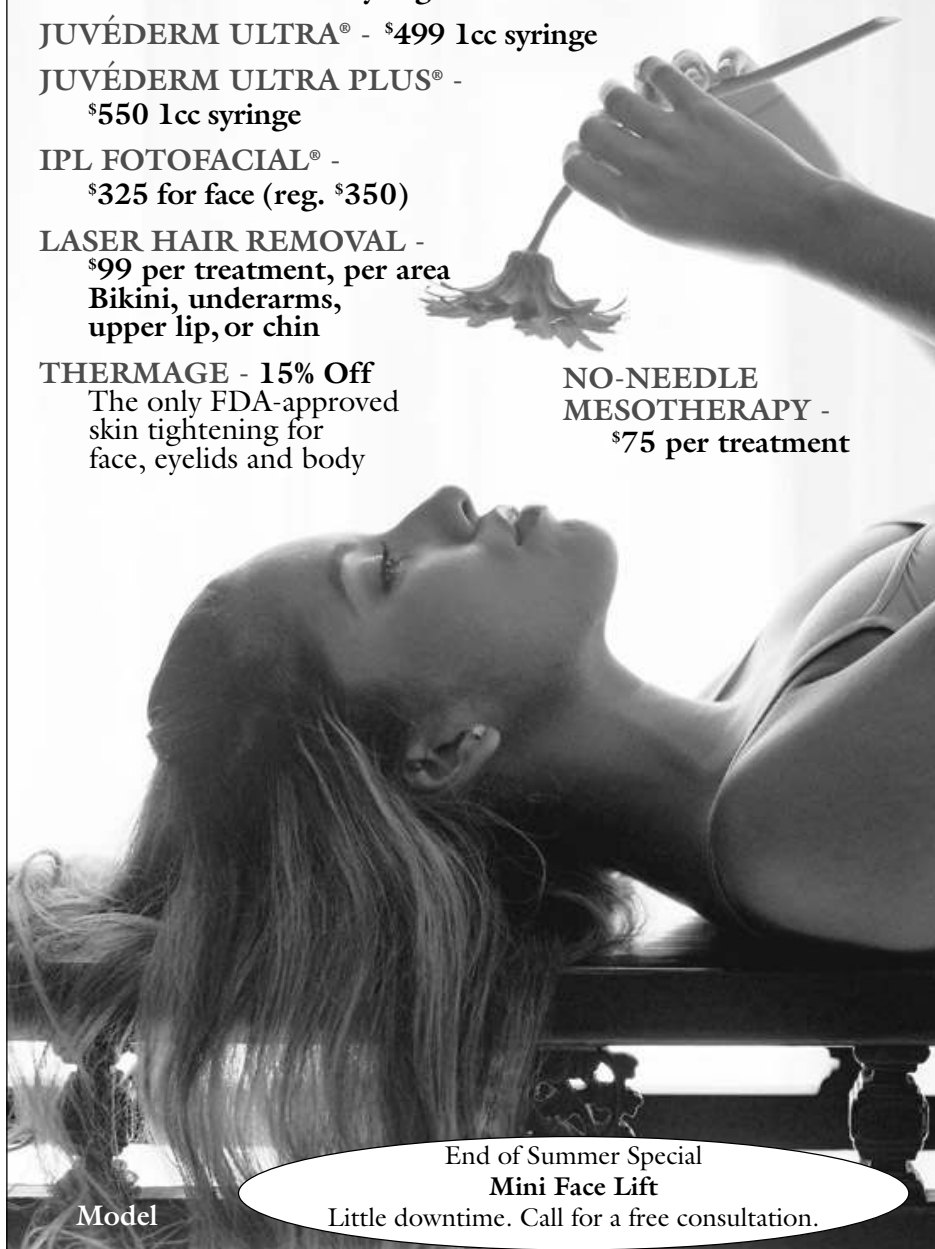
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make fat women feel better, even though the clarifier emphasized the condition of the compliment: "You have such a pretty face." I'd lost an entire Nicole Richie's worth of weight, but I was still fat, certainly bigger than any of those people tossing me flattery the way one might fling a treat to a schnauzer. So when the word "face" disappeared from the compliments I received, I started tacking it on myself. If a friend said, "You look lovely tonight, Barb," in my head I would hear, "Your face looks lovely tonight, Barb."

As of today, I have lost 100 pounds. But I am far from skinny. I have plenty of padding left on my hips, butt, and thighs that I expect will steadily come off as I continue to eat right and exercise regularly. I try not to worry about how I look so much as how I feel, but every woman knows it is impossible to remain body-positive for long. More often than not, when I stand naked before the mirror prior to going to bed, I see what I've always seen — a fat chick. But sometimes, walking by the downstairs bathroom, my reflection in the mirror above the sink will catch me off guard. My face will appear more angular than I remember, and I'll wonder if it's a trick of light in the hallway that

makes my silhouette so narrow in the waist.

The exact, seeing-the-Matrix moment when I realized that I was no longer supersized occurred a few months ago. I had been sifting through tops in Nordstrom's Encore department, where sizes are marked with a series of Xs. When I couldn't find anything smaller than a 3X in a particular style of shirt, I asked the woman behind the counter if she could check in the back for a 1X. "For you?" she asked. I nodded. "I don't think so, honey, you should check downstairs."

Downstairs.

I had never shopped downstairs. That's where *normal* people shopped, where skinny women and a wider variety of clothing reigned. Even as my bra size shrank from a 44DD to a 34D, I had continued to shop in the familiar plus-size departments. Dazed, I walked to the escalator and rode it down one level. I tried to look casual as I browsed the racks, certain that every woman who glanced at me was thinking, "What is this imposter doing in our midst?" My heart sank when I located the shirt I'd been seeking and saw an S and M, but no L or XL.

"May I help you?" I tried to hide my trespasser's guilt when I met the gaze of a smiling,

well-accessorized woman.

"Uh, no, I'm okay," I said. She didn't move, remained smiling, waiting for me to change my mind. "Well, actually, I was wondering if you had this in a large?"

"I can check," she said. Then, looking me up and down, she added, "But in the meantime, you should try on this medium."

"Yeah, sure," I said, glaring at her. The woman had no concept of size. "Really, it's okay, I can wait here."

"Well, let me just set you up back there, and I'll bring it to you," she insisted. I followed her and entered the dressing room she opened for me. I accepted the shirt and smiled coldly when she said, "Go ahead and try it, just in case, and I'll be right back with that large."

Grumbling, I stripped off my long-sleeved shirt and pulled the black V-neck tee over my head. Once it was on, I stared at myself in the mirror, transfixed, for five minutes. There was a knock on the dressing room door.

"Everything okay in there? I have your large here." Another shirt appeared over my head.

"It's okay, I don't need it," I said, suppressing a sob as the impact of what I was about to say hit me. "This one fits perfectly." ■

— Barbarella

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SAN DIEGO VS. LOS ANGELES: THE EARLY YEARS OF A LONG- STANDING RIVALRY.

Padres 4, Dodgers 2. YES!! When the Dodgers come to Petco Park so, it seems, does Los Angeles. Half the people in the stands sport Dodger blue and root against

the local nine — not just the players, but the one-horse town they play for. After the game, insults about San Diego continue, some good-natured, others, buoyed by beer and civic bravado, more hurtful. San Diegans and Angelenos don't like each other. It hath been ever thus.

My Harbor's Bigger Than Yours

"From the time of the United States occupation of California," writes Don Stewart, "a friendly spirit existed between San Francisco and San Diego." Between San Diego and Los Angeles, however, "there were the bitterest kinds of petty jealousies, principally on account of the rivalry for supremacy between the two ports."

By 1867, the federal government began considering San Diego — at the time a treeless expanse with more jackrabbits than people — as a major military port. A large protected harbor situated at the country's southwest corner, San Diego was the obvious strategic choice.

Los Angeles had already succeeded in rerouting the mail, making a northwest turn at Tucson, skipping San Diego, and heading straight for Los Angeles. Leaders made a similar effort to divert the military, and military money, their way.

"The Los Angeles folks do not look with favor at anything tending to promote the prosperity of [San Diego]," wrote Rufus K. Porter in the *San Francisco Bulletin*, "so San Diegans must fight their own battles and expect no favors from our neighbors in Los Angeles."

Do Not Go Gently Past That County Line

The Golden Spike got hammered at Promontory Point, Utah, on May 10, 1869. Americans could travel cross-country by rail to the Bay Area. When the California coastal train stopped in Los Angeles, local "runners" climbed on board and regaled passengers with "all kinds of discouraging tales of what they would find in San Diego," writes Elizabeth McPhail. Carnivorous fleas, boredom, and lawlessness spiked most accounts. "After all the discomforts of getting that far, many were content to settle down and go no farther."

The runners also warned passengers that San Diego had undrinkable water. Vendors roamed the aisles selling jugs, at reduced rates, as a safety precaution. McPhail: "Many newcomers arrived clutching their jug of precious water."

William Smythe called it a "system of misrepresentation," some of it "well-meaning ignorance; but most was pure straight lying so universal from the editor to the brakeman on the cars and the bootblack on the street that it seemed a regularly organized plan."

The Robber Barons Strike Again

In 1871 Congress assured San Diegans that the Texas and Pacific Railroad would come

straight from the East, be it to Alonzo Horton's growing "New Town" town or to Frank Kimball's Addition (later National City). A congressional bill okayed a line from Marshall, Texas, across the 32nd parallel to San Diego.

Charles Crocker, of the rival Central Pacific, told Frank Kimball he would "never live to see a railroad built to San Diego." Like the mail, southern rails would slice northwest from Arizona to L.A.

Along with Collis P. Huntington, Mark Hopkins, and Leland Stanford, Crocker was one of the "Big Four" California magnates determined to make Los Angeles Southern California's principal metropolis. In August, 1875, Huntington and Crocker visited San Diego to determine its viability as a terminus.

"I was on the railroad committee when Huntington and his associates were here to negotiate with us," wrote E.W. Morse, prominent San Diegan. "I think [he] never intended to build in San Diego, but that he only came for political effect."

During his stay, Huntington dined with Maria Amparo Ruiz de Burton, respected Californio/San Diegan. "Well," said Huntington, "it is not to our interests to build in there, at present." He added that a railroad would have too much competition from the harbor and "water transportation."

Huntington "rained sledgehammer blows" on San Diego's chances in California and in Congress, writes William Smythe. Los Angeles secured the Eastern connection. "It was the turning point, and it involved long and bitter disappointment to San Diego."



Harrison Gray Otis monument in Hollywood Memorial Park Cemetery

The Health Wars

The figure's probably low, but in the late 19th century, an estimated one in ten newcomers to Southern California came here for their health. Alonzo Horton did. So did Frank Kimball and thousands of others.

The first battle for infirm immigrants wasn't between San Diego and Los Angeles, but between Southern California and Florida. "The surplus of water," wrote R.W.C. Farnsworth in 1883, "the lowness of the land, and the long, hot summer make Florida subject to malaria and fevers. No part of the state is favorable to an Anglo-Saxon constitution."

Comments like this convinced Eastern invalids that Southern California was the "Italy of America." The question then became: which town was the most salubrious?

"Sanitary" Pasadena boasted that it was "the greatest all the year round health resort in the world."

A pamphlet, circulated throughout the East, said no way: "The City of Angels [is] the site of the very Paradise." To prove the point, the pamphlet showed the graves of Adam and Eve.

And San Diego? "The first part of its name might stand for 'sanitarium,' but neighboring communities spell it San Di-EGOIST, and others" — quoting what

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George Derby said in 1853 —
"Sandy Agree."

San Diegans fought back.
In 1898 Pasadena and Los
Angeles had to adopt "spit-
ting laws" to keep tubercu-
losis sufferers from spread-
ing the disease. People could
not expectorate on public
streets, ships, cars, or public
buildings. San Diego, ads
and pamphlets proclaimed,
was such a natural health
resort it required no such
regulations.

The August 24, 1889
issue of the *San Diego Union*
reported that Los Angeles
newspapers were spreading
an insidious rumor: forget
the hoopla about the new
Hotel Del Coronado; in actual-
ity it's "a pesthouse, closed
by quarantine officers about
a hundred times, and pneu-
monia was rumored strik-
ing down San Diegans at a
terrible rate."

The article pooh-poohed
all allegations. But during
this time, when San Diegans
visited Los Angeles, they
couldn't find a copy of their
local papers, either the *Union*
or the *Sun*, anywhere. So no
one could read that "San

Diego is the most healthy
city in the known world."

The *Sun* (November 18,
1889) said Angelenos had
warned a man from Ohio
that San Diego has a "con-
stant and prevailing fog for
the year round, causing
malaria, diphtheria, and hun-
dreds of other contagious
diseases." The Ohioan opted

Lyons, a real estate firm located
at 958 Fifth Avenue, and
became a promotional knight
errant for San Diego.

Fitch didn't cause the
real estate boom of the mid-
1880s, but he was a definite
factor (some say held the
record for most 25-foot lots
sold).

To lure "tenderfoot" East-

"Los Angeles, once the tourist

*Mecca of the West, has industrialized
itself from that role. Vacationers don't
like to grope around in smog,
tears in their eyes."*

for L.A., where it was "more
healthful."

The Fitch Crusades.

He wore a tall silk hat, white
doveskin gloves, and a cut-
away coat. He had been a
New York lawyer and the
model for a character in Mark
Twain's *Roughing It*. When
Thomas L. Fitch — aka the
Colonel — came West, he
worked for Howard and

erners to a mythical place,
Angeleno entrepreneurs
began naming everything in
sight after Ramona, heroine
of Helen Hunt Jackson's pop-
ular, San Diego-based novel.
Fitch fired back: "We do not
complain of this, but we think
that Los Angeles real estate
sharpsharps who are trying to carve
sanitariums out of fog banks
ought to keep their preda-
tory hands at home."

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Model &
Actual Patient

Ads in L.A. papers said San Diego had no backcountry. Fitch begged to differ: "No backcountry at San Diego — sneers Los Angeles, squatting among her sloughs and fearful that the scepter of empire may be speedily snatched from her fever-flushed hands.

"Los Angeles is part of our backcountry. Flea-infested in summer, mired in winter, roasted at noon day, chilled at night, unsewered, typhoid-afflicted, pneumoniated Los Angeles." Fitch added that San Diego's backcountry also included Ventura and San Bernardino Counties and its "front country" takes in Japan, China, and the Pacific West Coast down to Central America.

Enter Mister Otis

No one ever hated San Diego more than Harrison Gray Otis, editor and publisher of the *Los Angeles Times*. He regarded San Diegans as AWOL scum who had abandoned the City of Angels and should burn in hell.

Between 1886 and 1888, San Diego enjoyed a real estate boom. Allowing that San Diego "is bound to be an important place one of these good days," Otis declared that people buying land above the city on "sage-shrouded hills, where the view is magnificent but water scarce" were making an enormous mistake. They were "planting financial seed that cannot sprout and spring until another long decade."

San Diegans, he said, played fast and loose with the eagle represented on \$20 bills. "You never see anything of the sort in Los Angeles, where the populace take care of the noble bird and encourages him to increase and multiply greatly. The Angelenos understand the national chicken business, you see."

From Boom to Busted

Abetted by a national depression, San Diego's real estate boom collapsed. Banks folded, writes Jerry MacMullen, "like so many tired concertinas. More than one business was sold to the insurance company on a dark night, while smoke and sparks mounted skyward."

During this time, as Otis gloated, vaudeville comics at L.A.'s Orpheum Theatre told a stock joke:

"I just been down to San Diego, and the place is look-

ing up," says one.

"Looking up," replies another, "how's that?"

"Well, sir, if you were flat on your back, I guess you'd be looking up too."

"This knocking, as San Diegans termed it," wrote

Oscar W. Cotton, a promoter who ranked up there with Fitch, "became increasingly hard to take year after year." As did calling San Diego Southern California's "second city" or L.A.'s "little sister." A counterview emerged

around this time: real estate promoters declared San Diego "the Plymouth Rock of California." And what if it were true? What if the Pilgrims came to Point Loma instead of Massachusetts? Then, claimed promoters, civiliza-

tion would never have headed East. "European immigrants would have been content to stay and the Indians would still hold Manhattan Island."

Quantity Versus Quality

By 1920, Los Angeles had a

population of almost 600,000; San Diego, about 115,000. L.A. claimed victory in the prosperity war against San Diego, and now called itself "the City of Destiny."

"The citizens of Los Angeles," wrote a *Union* edi-

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Before



After



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Before



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torial, "have been waiting
and scheming many years
for this triumph. They have
lain awake nights devising
methods for the accom-
plishment of their object.
Now... their exaltations will
echo in a paean of joy."

Ranked by the raving,
San Diegans boasted that
they lived longer.

To which Angelenos
replied, "It just seems longer."

Gotcha Culcha Right He-Yah

"If it is possible to attribute
psychological conditions to
cities," writes Peter Mehren
in the 1930s, "San Diego had
feelings of cultural inferior-
ity relative to San Francisco,
and of general inferiority to
— or domination by —
Los Angeles."

During this period San
Diegans papered the coun-
try with so many claims to
excellence that Jonathan
Payne of Reno wrote to the
San Diego-California Club:
"Sirs: Honest to goodness
tell me: How does the world
REALLY look to you fellows
[in] your own little world —
San Diego? From your adver-

tising campaign I don't guess
you ever have a bad dream
about anything."

Enter the Gray Eminence

In 1954, the *San Diego Union*
observed with unconcealed
glee: "It has long been evident
that Los Angeles, once the
tourist Mecca of the West,
has industrialized itself from
that role. Vacationers don't
like to grope around in smog,
tears in their eyes."

When the smog forced
closure of L.A. Airport, divert-
ing planes to Burbank, "it
was not certain," writes
Richard Pourade, "that blue
skies were ever to return to
Los Angeles.... A survey in
the late 1950s indicated that
half of the residents would
live elsewhere — in Califor-
nia, of course — if they could.
San Diegans took a lot of
comfort from that." ■

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... and More Stories from San Diego's Neighborhoods



East Village

My wife Beth and I moved from the quiet suburbs to an old, remodeled warehouse loft in downtown's East Village five years ago.

We loved the sunsets from our fire escape, the fireworks over the bay and ballpark, and that it was not the Gaslamp, not quite gentrified, not completely safe, but still real and eclectic.

Beth embraced everything about East Village life, even the sirens, the weekly traffic accidents, the three competing rock bands that practiced next door, the construction, the parking problems, the crowds from Petco Park, the lost tourists driving the wrong way down our one-way street, the drunk bar-hoppers wandering back from the Gaslamp, the runaways sleeping outside our building. The homeless folks made me nervous, but Beth learned their names.

The only neighbors who bothered her were the guys who ran the tattoo parlor across the street. Day and night there was a gang of them camped out inside the

shop or in a row of chairs on the sidewalk out front. They blared “#!@X! your mother” music at two in the morning, got into car-stopping fights in the middle of the street, harassed any woman and intimidated any man who passed by. They were the reason Beth didn't walk on that side of the street.

For two years, she glared out our third-floor window, sending hate-filled vibes toward the row of guys sitting in front of the shop. I'd disrupt her trance by asking, “Honey, what are you thinking about?”

Without turning away from the window, she'd answer methodically, “I was

fantasizing about shooting out the tires of their big, black trucks with a BB gun.”

I resisted saying, “Beth, it's been over two years. Get over it.”

She was stubborn.

Then one day at work I was interrupted by a phone call from Beth.

“Joe, I decided I'm going to get a tattoo. You okay with that?” I laughed, not quite knowing if she was serious or not. She had never wanted a tattoo. In fact, she took some pride in being one of the few people in our circle of friends with no body art. Though surprised, I distractedly said, “Okay,” and went back to work. Less than an hour later she called me back and announced, “I did it.”

I hurried home to our loft, and found Beth beaming as she showed me her left wrist, revealing the delicately scripted words, “Love Thy Neighbor.”

She explained how she'd walked to the ATM and withdrawn some cash, then marched across the street, taken a deep breath, and stepped through the doorway and into the parlor. The walls were covered with tattoo art, skulls, bloody knives, naked women, and the Virgin of Guadalupe. Chuy was working on somebody's backside. “Excuse me, I'm your neighbor from across the street; may I watch you?” He looked up at Beth and gave a half nod.

As she sat there in her pink T-shirt and ponytail, Beth noticed she was the only one in the room without piercings, tattoos, and black clothing.

After watching Chuy a while, she decided to step out onto the sidewalk and have a seat in one of the chairs in front of the shop. She tried to relax and take it all in; she studied the world from their perspective. The guy next to her asked what she was getting done.

“Love Thy Neighbor,” she muttered.

“Why?” he asked.

“Well, you guys are my neighbors, and I'm having trouble loving you. You kind of scare me,” she sputtered. “You know, with the fights that break out over here and all...”

“Whoa! That is so cool!” he exclaimed. He hopped up and ushered her back into the shop and announced with complete sincerity, “Chuy, dude, we're scaring our

“I was fantasizing about shooting out the tires of their big, black trucks with a BB gun.”

neighbors! We gotta stop fighting."

Chuy was not quite so touched by the story. "Hey," he said defensively, "I'm just tryin' to run my place." Beth explained that her intention was not to change him; she just wanted to get this tattoo.

The tattoo artist next to Chuy said, "Love Thy Neighbor? Like with brass knuckles and shit?"

"No, that's not exactly what I had in mind," she responded.

He found a tattoo magazine and turned to a picture of "Love Thy Neighbor" tattooed on a man's inner forearm — with a bloody knife and bat in the background.

"That's not exactly it, either," said Beth.

Chuy, who Beth sensed had learned his penmanship behind bars, began to methodically prepare his tools. A few of the tattooed locals gave Beth the run-down on all the care and instructions for a first-timer, and Chuy began to do his art on her wrist. Then he stopped. "How do you spell 'Thy'?" he said shyly. "I didn't go to school."

The other tattoo artist piped in, "Dude, it's not because you didn't go to school, it's because you don't read the Bible! It's all over that book."

After that day, Beth could often be found out on our

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fire escape waving down to the tattoo guys, whom she now called her new friends. The music that came streaming across the street from the tattoo parlor was not so grating. Fewer fights broke out. The sidewalk felt safe. Or maybe we just imagined that all this was different. I was a little skeptical of it all, and whether her “new friends” remembered her, or if she was even on their radar.

Then about four months later, Beth took our car in for an oil change at the tire shop on 11th Street. As she entered the office she noticed Chuy talking to the repairman behind the counter.

“Excuse me, Chuy? Hi, I’m Beth. I’m not sure if you remember me...”

Before she could finish, his face broke into a smile, and he stepped forward and gave her a warm hug. “Hey,” he said to his friend behind the counter, “This is my neighbor, the one I was telling you about.”

— Joe Slevcove

Coronado Saved Me

When I was 28, and a man



Coronado

much too old for me had again broken my heart, I spent most of my free time in the car, as if I could outrun my sadness. Many weekends, I found myself exiting I-5 for the Coronado Bay Bridge, even though driving over that long, narrow arch used to terrify me. It was like driving right into

the sky or plunging into the open sea, and felt too much like my own abyss of despair, which formed a wide chasm under my heart.

But unlike my own sorrow, my road trips ended safely on Coronado, which at that time seemed like a snapshot from a Norman Rockwell painting, an end-

less Fourth of July, and a trip to a rich friend’s summerhouse all at once. I spent hours in the cool and haughty interior of Bay Books and consoled my broken heart with the sound of the surf and the soft, hot sand in front of the Hotel Del. Sometimes, on my way to the beach, I would walk through the lobby and

pretend that I was staying in that magnificent old ship of a hotel. I would adjust my sunglasses on my head, toss my hair, and pretend, for just a moment, that I wasn’t lonely and broke and ten pounds overweight.

In a way, Coronado saved me. During my afternoons there, I became some-

one different. I imagined I was as glamorous as the island itself, and those afternoons pretending I was okay opened up the possibility for change. They lifted me out of my funk of sadness and self-pity. Eventually, I picked up the pieces of my heart and remembered who I was. Two years later, I moved to the Bay Area, where I found good friends, an exciting job, and hardwood floors. I was content being single and I liked my peaceful existence, the way my future was unfurling in a graceful spool. I thought that I would spend the rest of my life up there near the redwoods, and if I found someone to share all this with, well, that would be okay too. I hoped I would find someone intelligent and handsome. I really just wanted someone who was kind and funny and who loved books as much as I do.

Because I am lucky, I got all of these things. I found this great, gorgeous, brilliant man who loves me. The kicker is, he also wears combat boots. As someone who once marched with a sign

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reading “No Blood for Oil,” I never imagined I would marry an officer in the military. Just as I never thought I would move back to Coronado.

But it has been six years since I walked through the Hotel Del holding a beach towel and the tattered ends of my heart, and now I have done both.

Almost every morning, after my husband leaves for work on the Naval Amphibious Base, I strap my two-year-old son into the baby jogger with half a bagel in his sticky fist, and we run down Orange Avenue toward The Strand. We pass the old coffee shops, the new Panera, and of course the Hotel Del. Each time we run by, I silently thank it for being so unchanging, so regal, despite the chaos in the world.

And yet, on these runs, I see the island in a way that I never could when I was focused solely on alleviating the ache in my heart.



Mission Beach

PHOTOGRAPH BY ALAN DECKER

Then, I saw only what I wanted, what I needed, and Coronado was my paradise, my land of solace and endless parades.

Now, Coronado looks as idyllic as ever, but even this small island is not impervious to these times, and especially to this awful war. Six years ago, I saw only the charming architecture, elegant shops, and upscale book-

stores, but now I see also the soldiers training on the beaches and the Naval bases hidden on either end of Coronado like secret weapons.

Sometimes I try to pretend that my husband will never have to risk his life. That we live on Coronado because we have gobs of money and choose to have our kids grow up here.

But I can't pretend for

very long. As soon as I believe we're safe, a helicopter flies overhead, pounding the air with its great, sonic heartbeat, and the lights on the North Island runway shimmer like someone else's holiday. On runs with my son Oliver, I point out the seagulls and pelicans, but still, we see the SEALs training on the beach or groups of soldiers in uniform, thun-

dering down the road in perfect formation.

This morning, Oliver and I ran by a group of young SEALs, waiting to cross the street to the beach. It wasn't even seven in the morning and there they were, covered in camouflage, helmets on, standing at ease with their feet slightly apart and their hands clasped behind their backs. Up close, I could see their faces, and I realized they were just boys — all much too young for this serious business of war. They stood perfectly straight — in a pose that is anything but easy — and, as usual, I wondered how they could be so fearless. I wondered how they could be so selfless and what makes them willing to give up their lives for a country that won't even give up its Hummers for them.

As we approached, my son raised his bagel in the air, and one of the soldiers looked at us and cracked a smile. I held my hand up too

and placed it over my heart. “Thank you,” I mouthed silently as we passed, and the soldier nodded back, almost imperceptibly.

I put my head down and we kept running. I didn't know what else to say. For that soldier, for that boy, Coronado isn't a place of solace or decadence. The warm sand here only slows him down, fills his boots, and the Del probably taunts him as he sleeps in his stuffy barracks.

Maybe there are no more true havens left. Or maybe there were never any to begin with. Perhaps the only safe places are the ones that we create ourselves — if we are very lucky and very still — within the secret chambers of our hearts.

— Pamela Hunt-Cloyd

The Virgin of Mission Beach
I get these crazy dreams about her, the kind where I know I'm dreaming, so I can do whatever the hell I want. Sometimes I think she knows it too; the way she looks into my eyes says she knows more about me than God. The way my olfactory senses register something delicious beneath the endocrine and grime on her skin...something holy.

I've seen her living on these streets of MB for years, always in that same sweater and jeans, always that ontologically shocked gaze, always with surreal requests like a bath in the Vesuvial deluge or a bite of Dante's breath.

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I was responsible for a lot of that.

Since the EZLN Rebellion, Clinton finally decided to act, sent out ATF to bust operations like mine. Can't have anything jeopardizing the NAFTA deal.

Lots of my guys went down. Lots of my money too. Somehow I managed to evade the sweep. But now I'm out of a job and can't go home. I wander down the rat-and-roach-infested alley behind the Coaster Saloon. Someone screams from the apartments above Arby's. Or maybe it's me. I can't tell anymore. I feel a tiny slice of my soul slipping away into everyone else's shadows...

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PHOTOGRAPH BY ALAN DECKER

Ocean Beach

with pipe dreams, broken-down bikers with HIV, ex-con Woods with stolen heat, gun-freaks, cross-top poppin' felons on tweak, high-school drop-out supermodels, Beantown Irish Brawlhags, OC punks, frat-boy drunks, twat-lickin' RB bunnies, aspiring porn-queen honeys, Southsiders flexin' muscle, Paisas with a hustle, you got beef,

cuz? Hui bra' fightin' Samoans from the bar, ounce-pinchin' slingers who don't get too far, stupid-ass Zonies tryin' to play the part, old Parrot-heads who'll soon be dead, old Deadheads off their meds, feds playin' co-eds, and an ex-arms-smugglin' fugitive losin' his goddamned head.

I make a left and head south.

The nightclub Chillers is packed, but I can't tell if it's the Ghouls' show or "Monday Night Fights"; my days all bleed into one hideous testament of agony. That world in there, those sultry bodies in cacophonous revel — it used to be mine. But I am no longer. See the old man riding the bicycle covered in metallic duct tape?

I walk through the parking lot to the grass. The chattering people don't even notice me. It's as if I'm already an apparition, a phantasmagoric residue absorbed in the gentle waves that lap on lovers' skin.

When I get there she's gone.

Then I hear explosions behind me...

Her body has become clean, pure and ivory — the old sweater morphed into a flowing white cape. She floats above me — the fireworks from SeaWorld and swirling lights of the Big Dipper cast a magnificent backdrop of motion and flame as she rises higher into the ethereal Mission Beach night. I reach like a starving man for a morsel

of sustenance. My fingertips brush the soles of her feet, and my body is electrified. Radiant bursts of azure and crimson cascade around her like ferocious serpents, burning garlands adorn her, blood-soaked lightning, streamers of violet ember whistle and pop at her shoulders, she's an incandescent silhouette before a blazing spectrum from lavender to pearl.

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I KNOW MORE ABOUT YOU THAN GOD.

I feel myself disintegrating, thought evaporating into the wetness and salt of the air, the rotting of my blood, my bones begin to rattle, my flesh reunites itself with the soil...

The smell of sulfur and my sins roll on down the boardwalk.

— Bryan Varela

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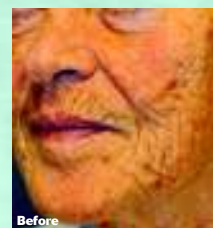
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hood has taken? I will start here. Hi, my name is Mychal McMahon. I am a single mom living with my mom in an apartment complex in 4s Ranch near the Rancho Bernardo area. We were the very first people to move into these low-income apart-

ments about five years ago. We live in a rich community and many of the residents here are the poorer part of 4s Ranch. I noticed, as families started moving in, that there were many single moms like me. I also noticed that many of the kids didn't have

a lot to do after school, considering their moms were still at work. It seemed a lot of them were just hungry for attention and something to do to keep them busy. They were starting to cause problems and get into trouble. I would even hear them

yelling at each other outside. They are only about nine- and ten-year-old boys, mind you. They were kicking each other's bikes and cussing, and just getting more violent as the days went on. It was really getting annoying too. At first I got upset and

asked them if they would be quiet. That, however, didn't solve the problem. Finally, I came up with an idea. I started to play with them myself. We started playing soccer on this little field we have in front of the complex. All the kids in the complex began to

gravitate to the game. This really created a lot of unity between the kids. It became a tradition for a while on the weekends. One day, as the kids were swamped by my apartment with nothing to do, they realized my car door was open (a 1999 White

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“Daewoo Leganza”). So of course they thought this was the best thing in the world. As soon as one hopped in, the other six followed. Before I had any control over the situation, my whole car was bouncing with popcorn. This gave me another idea. My car was long overdue for a wash, so I put the kids to work. I asked them what they would really like for a present. They said hats from the new skate shop that just opened by our house. So I said okay. What was I getting myself into? Well, I had never seen a cleaner car in San Diego. Even the wheels were done to near perfection. These kids wanted these hats so bad. And they had so much fun doing it. I even got pictures. Again, I started to see more unity. After we were done, we had a little awards ceremony, and everyone got a ticket for a hat. I told them that we would go on the first of June, when I got paid, but listen how the Lord works in the coolest ways. Within the next couple of days I received a check from my school. I was so excited. The

kids happened to be playing outside. I screamed and said, “Oh my gosh, you guys, we’re going today.” So we all walked in a group, and when we got there it was like kids being in a candy store for the first time. We were in there for probably an hour just looking for hats. They finally found the hats they wanted.

They were so appreciative to get some free posters and stickers, bless their hearts. What’s cute is that they all ride their BMX bikes around the neighborhood wearing their crazy hats. And if one’s not wearing a hat they all don’t wear them. Hopefully, I didn’t start a gang. But now, instead of yelling and screaming, there’s a new little feeling of hope spreading through our neighborhood.

— Mychal McMahon

La Mesa’s Anything-but-Normal Avenue

Normal Avenue in La Mesa doesn’t have much in common with Normal Street in San Diego. That didn’t stop the Hillcrest plumber that I called one year from phon-

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ing me back. He had a Russian accent, but there was no mistaking the irritation in his voice. I don't know what he was tripping about. I was the one with tree roots in my drainpipes.

My Normal is just off University Avenue, and extends from the Von's shopping center to the back parking lot of Helix High School. It's hard to see it from here, but we live in the shadow of the lofty heights of Mt. Helix. Nevertheless, we have been called "Ghetto Mesa," and worse, terms to which I take exception. A lot of people seem to think in black and white, literally. One day I'll hear that La Mesa is where only "rich white people" live and, the next, someone might say we're in "racist-redneck trailer-park East County," none of which is true, or fair. On Normal Avenue, people might hear some rap booming one day and decide that we have become an African-American enclave.

But if they drive by the next day, they are just as likely to hear rock'n'roll, salsa, oldies, norteno, or Anglo

country. Like many communities in San Diego County, we who live on or near Normal Avenue live in a breathing, singing, playing, laughing human tapestry. There are several schools in the neighborhood, and every morning we have a friendly traffic jam of parents driving and walking kids of all ages to school. If you listen you will hear folks inquiring about homework and lunch money in English, Spanish, Vietnamese, Farsi, and Somali. My neighborhood looks, sounds, and has the awesome cooking smells of 21st-century California.

I know something about this neighborhood. I have lived at three different addresses on the same 7000 block of Normal. At first, when it was all I could afford, I shared an apartment with a roommate. As I progressed, I was able to rent a cottage by myself. Then, when my elderly Mama became too ill to live by herself, I rented this house. I could probably afford to get into a condo, but I happen to have the coolest landlord in my whole life

experience as a renter. I have a garden I've become attached to, and at night sometimes coyotes yap nearby. I'm content in this house and this neighborhood, so I don't see any point in starting over somewhere else.

Funny things happen on Normal. When I lived in that first apartment, it was an upstairs unit. One morning my neighbor Shelly and I were sitting at the top of the steps having a cup of coffee. Shelly is a pretty woman, but that morning she had on an old blue quilted housecoat and her morning hair tied securely back behind a bandana. It was early, and we were having a quiet moment together before starting our separate days. Three young girls passed by on the street within our view, on their way to school. They were dressed so much alike that at first glance I thought maybe they were cheerleaders. But the colors for Helix High are green and gold, and these young ladies were dressed alike in shades of a different color. We were just saying how cute they were

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when one of them stopped, glared up at Shelly, and said, real nasty, "Bitch, what the fuck you starin' at?" Shelly glanced at me, handed me her coffee cup real quick, and took off, barefoot, down the stairs after the girl. The would-be gangsta chick took off running back up Normal with Shelly in hot pursuit, while her friends just howled. I thought it was pretty funny, too. Shelly is well over 30, and has big kids of her own, which was kind of the point. She actually caught the girl, and even though they were half a block up the street you could hear her hollering: "Don't you have no respect? You can't see I'm grown?" Before Shelly could get to the part about "Let's go see your Momma," the girl apologized. That's the report I got. I did witness the girl walking back sheepishly, picking up her books and going on to school with her friends, who were, of course, still clowning her without mercy.

Shelly was the assistant manager of our apartments, and one late summer day she gave me a look and told me I was getting new neighbors on the other side. I didn't know why she gave me the look until I saw that it was the same formerly mouthy girl, her mother, her brother, and her baby sister moving in. I helped with some furniture, and they told me how grateful they were to Shelly. She had hooked them up when they needed a new place to live and were short on their deposit. I soon learned their names, of course, but the two big kids and I always called one another simply "Neighbor."

One evening I came home from a meeting to find my young lady "Neighbor" transformed into a princess via an elaborate new hairdo. I told her she looked gorgeous, and she glowed like a bride. Later that evening, her same two cohorts and another girl showed up next door, all of them looking equally regal in their new hairstyles. A great buzz of excitement was going on, so I brought them some sodas. They were carrying on excitedly about boys and clothes. I was out of their loop so I couldn't understand why, on this night, they had all chosen to transform themselves so beautifully. "What's up?" I had to ask, "Are y'all

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going to be in a wedding or something?" "Naw, Neighbor," they told me patiently. "School starts tomorrow, and we need to look good."

— Adam Gettinger-Brizuela

Flatulent Stuffed Animals in Ocean Beach

I've been an Ocean Beach girl for eight years. All this time, I've lived the way most people in O.B. do. I've lifted my mood by watching dogs break into fights on dog beach, I've been kept up all night by the fireworks and parties on the Fourth of July, and every December, I've made my way down to Newport Avenue to watch the lighting of the O.B. Christmas tree and cheer on the Geriatric Surfers during the annual parade. Over the years, I've never thought there was anything all that special about these experiences. In my comfort in this small community, I came to take for granted all that exists here. But, recently, my complacency has been challenged. You see, my O.B. life is about to change. My identity is



Kensington

about to be renegotiated as I commit the ultimate betrayal of this neighborhood — Moving On. If you live in another neighborhood, Moving On isn't a big deal. But if you're an O.B. resident, it changes your place in the world.

You see, this is all happening because I'm getting married. In a few short months, my cat and I are leaving behind our tiny apartment, my funky neighbors, and daily homeless run-ins.

This represents a step up for me. I'm crossing the tracks to the better side — I'll be moving into an apartment with heat in the wintertime, and I'll be parking my car in an assigned space. My fiancé doesn't understand my sense of bittersweet for this neighborhood that has nurtured, entertained, and pushed me around for years.

And so, during this, my last summer in O.B., I have decided to pay homage to this community. Each

day, I perform a ritual pilgrimage walk down to Newport Avenue. Along the way, I reminisce about all the bizarre, funny, and sweet encounters I've had here. Today, for example, walking down the street I am reminded of my neighbor who drove his Cadillac one morning through our apartment building at 6:00 a.m. I also think of the honest stranger who left his insurance information after destroying the front hood

of my car. As I pass the baseball fields, I fondly recall the "My Greasy Wiener" hot-dog vendor who camps out in the summertime, and when I get to the beach, the annual dog races and canine photographs with Santa Claus surface in my mind. I consider the homeless man who eavesdropped on my conversation during a first date and provided his own running commentary, and I think about the homeless woman who decided it must be my birthday and then sang to me at the lifeguard tower. On Newport, I remember signing all sorts of petitions to keep Starbucks out of O.B. and to endorse Donna Frye. I also consider all my favorite establishments — how many books I read sitting in the outdoor patio at Jungle Java, how I will miss the sloppy hamburgers at Hodad's, and how I could always be swayed by the peanut-butter salesman at the farmers' market. On the pier, I watch the surfers in the water below the Vietnamese fisherman and recall a romantic kiss there years ago.

On the way back to my home, I laugh to myself when I recollect the neighborhood catfight that escalated into a neighborhood cat-owner fight. Then finally, I think about that late scary cold night that all the neighbors banded together when a deranged person threatened our space.

All these memories, strange and warm, make up my O.B. experience, and I will never disregard or minimize how they educated and changed me. I am grateful for all the grittiness and craziness that exists here, and in time, my feeling of loss for leaving O.B. will diminish. Of course, I can always return and visit my favorite places, but I know eventually I will form a new identity in a new San Diego community.

On a final note, today a new memory was added to my collection of all-time O.B. favorites. Up ahead of me on the road, I saw a homeless man pushing a stroller with a stuffed animal monkey in it. He stopped when he saw me, paused, made a

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face, and then asked a very serious question: "Did you just fart?" Startled for a moment, and offended, I stammered, not knowing what to say. I considered ignoring him and walking on as I would normally do. But after eight years of being pushed around in

O.B., I decided to push back. With true O.B. spirit, I said, "It must have been your stuffed animal," and then I moved on.

— Mary Richardson

**Kensington,
My Family's Village**

It was 1971. My husband, Bill, and I were in our mid-20s and had a six-month-old baby girl named Amy. We were just a couple of kids starting our life together when we bought a charming 1920s Spanish-style house in Kensington. We didn't

know it at the time, but not only did we find a home, we also found a village—a close community of neighbors who love and watch out for each other.

The neighbors immediately adopted Amy and watched her grow, changing from a baby to a toddler to a little girl, and then to a beautiful young lady. They saw her take her first steps. They saw her walk to the bus stop on her first day of school. They saw her learn to ride her two-wheel bike and then they saw her learn to drive

a car—with a couple minor mishaps right in the neighborhood. They celebrated her birthdays. Each year they made a big deal of her in her little Halloween costume as she went house to house, trick or treating. They came to her school performances and dance recitals. On holidays, they left little surprises for her on the front porch. It was indeed a village—a village of adopted aunts, uncles, grandmothers, and grandfathers who all embraced our little one with so much love.

The ongoing celebrations of Amy's life did not end when she left her village to go off to college. In a few years, they were celebrating her college graduation, then her wedding. The neighbors gave her a big bridal shower and all came to the wedding to see Amy and Brian exchange vows. A few years later, those same wonderful neighbors gave her a baby shower to welcome their little girl, Zion.

In 1971, we were just starting out, having a family and buying our house.

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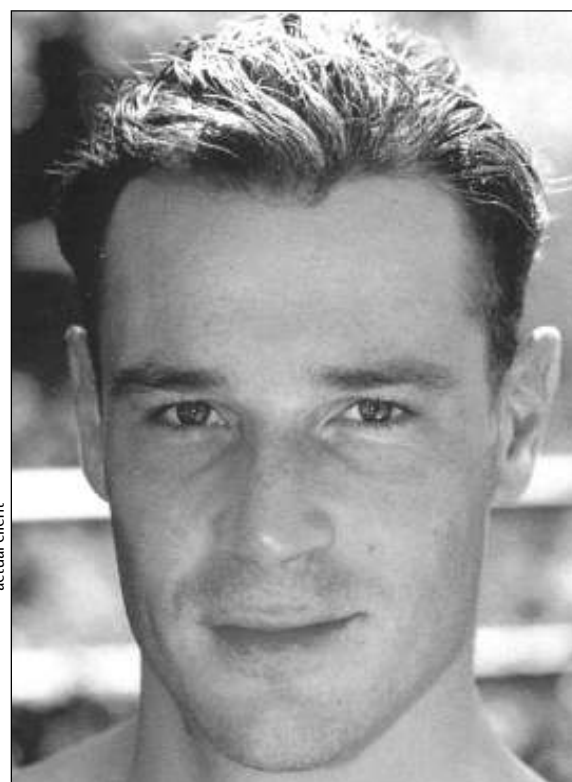
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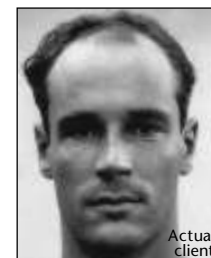
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Thirty years later, in 2001, Amy and Brian were just starting out, having a family and looking for a house, but the prices of homes had skyrocketed. The kids desperately wanted a little place in a happy neighborhood, like the neighborhood Amy grew up in.

There is magic in Kensington. One night, Bill and I were taking our evening walk and stopped to chat with Michael, a neighbor, who was sitting on his front porch. He told us that on that very day, a guy looking for property in the area had made him a rather low offer on his home. He showed us the papers and said, "I might just take it." All I said was, "If you're going to give your house away, don't give it to a stranger, give it to Amy and her family." Not much else was said on the topic.

The next day, Michael called us to say, "I would be honored if Amy and her family lived in our house," and then he offered her his house at a bargain price.

Brian, Amy, and their six-month-old baby girl

moved into a little house in Kensington one block away from us. The kids know what they bought — a family home and a wonderful little village — a village of close-knit neighbors who love and watch out for each other.

Zion just turned six. A lot of those same neighbors who adopted Amy have now embraced Zi. They saw her take her first steps. They watched her change from a baby to a toddler to a little girl. They celebrate her birthdays. They go to her art shows. They watch each year as she goes house to house, trick or treating. On holidays, they leave little surprises for her on the front porch. They also saw our little girl, Amy, turn into a loving wife, a wonderful mother, and the best neighbor anyone could have. Kensington is indeed my family's village — a remarkable, loving village.

— Nancy Bamberger

A North Park Valentine's Day

It is 8:14 a.m. and the sun is already shining strongly through the blinds like a

peeping Tom, only more annoying. Last night I tossed and turned, dreading the decisions that would soon confront me. That's right, it's Valentine's Day! Where do I take the wife? What do I buy her? Of course, like always, I am planning everything off the cuff. What the heck, not to worry, I live in North Park, where there are at least 200 restaurants and numerous boutiques and artsy shops within a square mile from my home. With a sigh of relief, I stumble out of bed and kiss my sleeping wife.

It is 8:45 a.m., and after taking a nice cold shower to wake up, I decide to go on foot to run my Valentine errands. That's right, on foot! North Park is urban convenience at its best; also, I took the day off work. Besides that, North Park is a world-class people-watching area, kind of a mixture of Venice Beach (without the beach) and a West Hollywood in the rough. There's never a dull moment; in fact, I like to think that my Wabash Garden condo-

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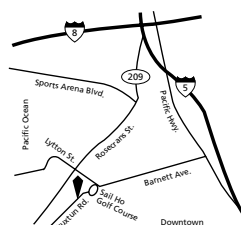
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minium complex represents North Park well. There are only eight units in the complex, yet there are six different nationalities or ethnic groups present: Brazilian (my lovely wife), Mexican, African (Kenyan), English, Guatemalan, Korean, and a few gringos like me,

some gay and some not. There you have it, Babel in my back yard. What a community!

It is 9:00 a.m. I need some wake-up, so I decide to go to Claire de Lune Coffee Lounge to grab a White Mocha Chocolate with non-fat milk and a bran muffin.

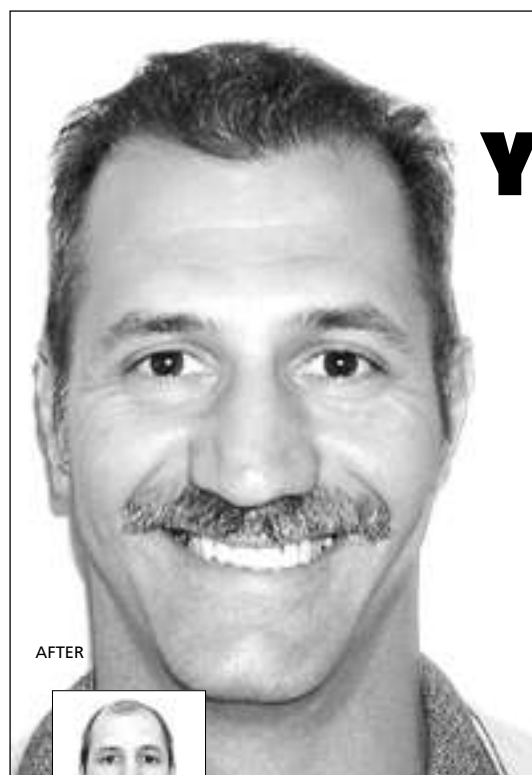
You see, my wife is 11 years younger than me; I've got to keep in shape in order to keep up with our future children and to stave off the young studs. Speaking of young studs, I peek into my gym, Urbanbody Gym, to see who's feeling ambitious this morning, more power


to them, all six of them. As I continue walking down University toward Claire de Lune, I see a few regulars hanging out at some of the other local cafes, chatting and people-watching. I feel like I know some of these people, even though I've yet to have a conversation with

them. I also pass by one of the local tattoo parlors, ever so happy to be in the mainstream. Getting a tattoo was once the act of a rebellious teenager or the realm of bikers and hippies; not so anymore, just ask "the girl next door" to show you her tattoo. Like a good husband, I

take mental notes on boutiques and artsy shops that might have that special gift for my wife. Should I buy her some naughty underwear at the Rubber Rose, or splurge and buy her a slinky dress from Kate Ross? Whoops, there I go again, just thinking of myself. How

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about a day at the hair dresser with a pedicure and manicure thrown in? Or how about a dinner and show at the Hawthorn and the Birch Theatre?

Kate Ross catches my eye as I leave Claire de Lune so I wander over to see if I can find me a good price on an outfit my wife pointed out to me while window-shopping one evening. I peek at the pretty girl folding and moving clothes. She smiles and signals to me to come in, but I am not yet ready to tackle the challenge, so I give her the standard "I'll be back."

I decide to hop on over to the Rubber Rose to check out some adult fun tools and lingerie. Immediately the "besos not bombs" sexy underwear catch my eye, but a few fantasies later, I glimpse some of the art in the next room. Hmm, should I support the local artist and buy a painting to go along with that sexy underwear? After a few giggles with some employees and customers, I scurry across the street to the Lost Your Marbles Too gift shop to check out jewelry and other handmade arts and crafts. This place is great. There's original handmade jewelry, paintings, candles, chimes.

It is now 11:15 a.m. and my head is spinning from all the possibilities and an imagination gone wild. I need some air, so I decide to take a stroll along Texas Street to check out some of the historic Crafts-

man homes and the finely groomed gardens while dreaming about which one my wife and I will buy some day. Wouldn't that be the perfect Valentine gift? Then I take a left on Upas from Texas and mosey on down to the Bluefoot Bar & Lounge, a friendly and fun saloon. I order the beer of the week, Stella Artois, and ramble on with the bartender. I head home after about an hour, but not before stopping at the Rubber Rose to buy the "besos not bombs" underwear.

It's now 7:00 p.m. I've got a few surprises up my sleeve, and my radiant, elegantly dressed wife is ready for her North Park Valentine's Day Ball. First, I drive us to 30th and University to find parking. After parking, we walk to Hawthorn's to get a good Chocolate Martini, the wife's favorite cocktail. Then we skip over to the Apertivo Italian Wine Bar and Restaurant for dinner. After some pinot noir and an exquisite dinner, we walk a half-block to the Birch Theatre to see the latest production. Next, we go to Heaven Sent Desserts, where we split a specially ordered Tres Leches with green-and-yellow icing — the colors of the Brazilian flag. Finally, our Yellow-Cab chariot whisks us home — better to pay the five bucks than be behind bars — where I present Ana with a rose, a poem, and the "besos not bombs" underwear. The rest is history.

— John Walker ■

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LETTERS

continued from page 12

bubble underway, it is very easy to point fingers at others rather than taking a hard look in the mirror and standing accountable.

The past six to seven years was an epidemic case of greed and manipulation on the part of many buyers. Subprime loans became popular, not because of unscrupulous mortgage brokers but because many homebuyers had a terrible credit history and could not qualify for mortgages otherwise.

Ninety-nine point nine percent of all loan brokers were not placing people with good credit in subprime product without their knowledge. Be realistic, 36 months ago there were ads in every newspaper and on TV and radio offering inexpensive mortgage financing. If a borrower didn't do their homework, shame on them. Conversely, many people knowingly bought homes and took out mortgages "betting" that home prices would continue to escalate and they could refinance with the "paper" equity in their

home. In Las Vegas, that's called gambling. If you would believe the writer of this story, here in the U.S. real estate market it's called being a "victim."

If you've been forced to walk away from installment loans in the past or had a personal bankruptcy, I would think that you would be particularly cautious about committing to a several hundred thousand dollar mortgage before reviewing all the potential consequences. The problem is pandemic in the United States, short-term pleasure without looking at long-term consequences. Each and every buyer in foreclosure or default needs to look in the mirror and "own" the decision they made.

Prices don't always go up; just ask the millions of people who got caught in the dot-com bubble burst. We are in the first inning of what will be the greatest residential default period in United States history.

In the end, who's to blame? Inexpensive money, buyer/broker/lender greed, a production-mortgage environment where loans were sold immediately with no concern about borrower

creditworthiness or ability to pay. And finally, an unrealistic bullish outlook by media outlets around the country that helped to feed a dot-com-like mania in a housing market. Real estate has always been cyclical and always will be.

We have nobody to blame but ourselves.

Glenn Karp
Carmel Valley

Survival 101

In regards to cover story, "Do You Feel Safe at School?" August 30.

I was reading each of these college students' perspectives and thoughts on the Virginia Tech massacre, the worst school-rampage killing in America, 32 murdered by one lone gunman named Cho. The 20 undergrads interviewed for this cover story, in my opinion, are naïve and don't really understand the magnitude of this horrific event. They even seem to make light of it. These students have a lot to learn about the realities of life and humanity. Academics are secondary; an education doesn't prepare you for survival or to be socially aware of your surroundings. It certainly won't protect you from the evils

of the world. However, an education is important if you're learning, helping others in need, showing compassion, caring about your community, and paying attention to what is going on in the world.

In one moment in time, Cho decided to become judge, jury, and executioner and to kill as many people as possible, turning Virginia Tech into a graveyard and ending his life. The big question is why he did it. The massacre at Virginia Tech could have been avoided, but all the signs were ignored, and nobody gave a s*** about Cho, and that is a big factor that led up to a disaster. Who is really to blame?

Have we learned anything as history repeats itself over and over? There is a message we may never learn within humanity, and only the meek will inherit the earth, if such a thing is possible.

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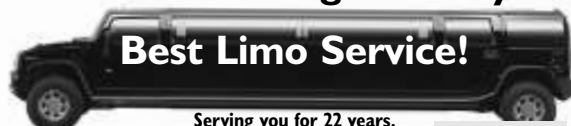
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Real Hawaii

Island Music and Comedy

The Portuguese people in Hawaii are like Polacks,” says comedian Augie Tulba. “The Chinese are like Jewish people on the mainland. They buy everything under the sun — hotels, buildings. They own a lot, but they’re very stingy. I happen to be half Filipino and half Irish/Portuguese. I pick a lot on my relatives. I have a gay son in college — I’m 39 and I had him when I was 16. It’s part of the Filipino culture, making a lot of kids. Filipinos are like gremlins — you turn off the lights, add water after 12 o’clock, and we multiply.” Tulba, who uses the stage name

“Augie T.,” will perform at the Portuguese Hall in Point Loma on Sunday, September 30.

Tulba’s material is based on what he calls the real Hawaii. “Seven million visitors come to Hawaii every year,” he says. “They only know the touristy side. When I performed in the Midwest, they asked me if I lived in a grass shack. We’re, like, the 16th largest city in America! We have ghettos and 12,000 homeless people and a bad meth problem. I grew up in public housing. We sit in two-hour traffic every day, and most families have two working parents. We’re 47th in America as far as education.”

Tulba compares Hawaii’s cultural diversity to that of New Orleans and New York. “On the mainland, every [Asian] is Chinese. In Hawaii, you know if that guy is Japanese or Chinese or Korean.” Tulba speaks pidgin, a dialect formed by mixing languages, like New Orleans’s Creole, which

combines truncated words from French and English. “In English, you might say, ‘Hey, you, have a great weekend, see you on Monday.’ But the guys in Hawaii say ‘Kay,’ and then we leave,” Tulba explains. “Everything is cut in half. It was done that way because of the different ethnic races working in the plantations; they took different slangs from different cultures and made it one.” Pidgin is taught in Hawaiian colleges.

Tulba is a “clean” comic, meaning his material is free of curse words. He banished such words from his act after an interaction with his father in a small club in Oahu. “My dad comes to all my shows. He hasn’t come lately because of a stroke, but before that, he came to every one.” At the club in Oahu, Tulba hadn’t noticed his father and uncle enter the room while he was onstage. “I let out the F-word and my dad walked up on stage and embarrassed me in front of everybody. He said, ‘You think you’re big? You want to swear?’ Big means acting like you’re tough, like you don’t care what anybody thinks. He said, ‘Are you trying to disrespect your family by swearing onstage?’ Everybody that was there thought it was part of my act. I was, like, ‘Dad, I’m 32 years old, shut up.’ He said, ‘If I catch you onstage swearing again, I will beat your ass.’”

Tulba’s father began working at age 12, at which point his education stopped. He did not go past the fourth grade and has not learned to read. “Education was not really pushed in my family, but my [five] brothers and I have a strong work ethic. I might not have been well educated, but my dad taught me respect and that hard work prevails no



Augie Tulba

matter what,” says Tulba. “I got beaten up and I understood why I was getting beaten up. It formed my character.” Prior to his career as a comedic performer, Tulba was a boxer. “I got hit in the head too much and something triggered something that made me start telling funny jokes. Or I just got tired of getting hit in the face.”

Two years ago Tulba entered the Palm Springs Comedy Festival. During his act he talked about being a parent to a gay child. “The judges thought I had good energy, but they could not believe I had a gay son,” Tulba remembers. “They thought I was gay bashing. I would never make fun of something that I don’t understand.” Tulba consults his son, Bo, prior to using any material about him. “He asked if I saw *Brokeback Mountain*, and I said ‘No!’ He said, ‘Why? It’s a great story, Dad,’ and I said, ‘Because I don’t see cowboys, I see you and your friend, and I don’t want to see that.’ He’s into hairstyling now. Every week he comes to my house with a mannequin.

It’s not every dad that goes to bed at night praying, ‘Please, God, let my son be a hairstylist or a ballerina.’ I’ll never have a conversation with my son about UFC or the football game. I’m talking about hairstyling.” Bo often encourages Tulba to be more “outrageous” and “flamboyant.” “He understands that Dad loves him completely. He knows that I have a hard time with [his homosexuality], but he knows that I respect him.”

— Barbarella

Hawaiian Music Night with comedian Augie T. and guest band the San Diego Island Boys
Sunday, September 30
7 p.m. to 11 p.m.
Portuguese Hall
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Hootie & the Blowfish Oct. 3

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Annie Lennox Oct. 8

Carlos Mencia Oct. 14

Brooks & Dunn Oct. 14

Jennifer Lopez & Marc Anthony Oct. 24

Bobby Caldwell Oct. 27

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David Sedaris Oct. 31

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Hannah Montana Nov. 8

Maroon 5 Nov. 9

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October 30

Kelly Clarkson Nov. 16

“You Can Dance” Nov. 19

Trans-Siberian Orchestra
 Nov. 19

Ozzy Osbourne/Rob Zombie
 Nov. 20

Alejandro Sanz Nov. 21

Van Halen Nov. 25

Fall Out Boy Dec. 1

Decemberists Dec. 1, 2

Andre Rieu Dec. 5

Tori Amos Dec. 12

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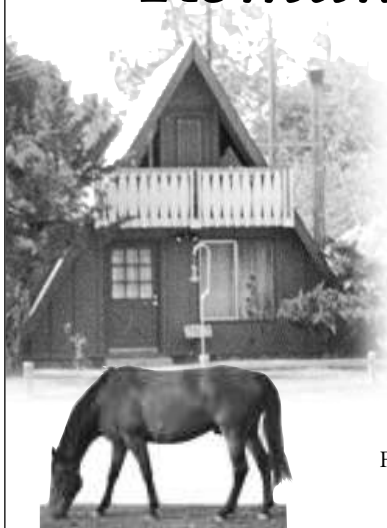
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Calendar

LOCAL EVENTS

Events that are underlined occur after October 4.

HOW TO SEND US YOUR LISTING: Contributions must be received by 5 p.m. Friday the week prior to publication for consideration. Do not phone. Send a complete description of the event, including the date, time, cost, the precise address where it is to be held (including neighborhood), a contact phone number, and a phone number (including area code) for public information to READER EVENTS, Box 85803, San Diego CA 92186-5803. Or fax to 619-881-2401. You may also submit information online at SanDiegoReader.com by clicking on the events section.

BAJA

"Mexico en la Economía Mundial" is topic for lecture by 1999 Nobel Prize winner Robert Mundell, Thursday, September 27, 10 a.m., at Teatro UABC Tijuana (Mesa de Otoy). 011-52-664-682-1075. (TIJUANA)

"El Turismo Cultural en la Zona Fronteriza" is topic for lecture by Lynn Tronn Dinner at Centro Cultural Tijuana (Paseo de los Héroes and Mina Street, Zona Río) on Thursday, September 27, 11 a.m. Free. 011-52-664-687-9636. (TIJUANA)

"Todos Somos Poesía," poems and lecture by Juan Carlos Reyna,

Thursday, September 27, 7 p.m., at Centro Cultural Tijuana (Paseo de los Héroes and Mina Street). 011-52-664-687-9636. Free. (TIJUANA)

A Drama Festival showcasing 11 plays runs Thursday–Sunday, September 27–30, at Centro Cultural Tijuana (Paseo de los Héroes and Mina Street, Zona Río) and El Lugar del Nopal (Callejón 5 de Mayo #1320). Details: 011-52-664-687-9636. (TIJUANA)

"Black and White Tour 2007," Ricky Martin hits stage at Estadio CREA in Zona Río on Thursday, September 27, 9 p.m. 011-52-664-681-7000. (TIJUANA)

Photography Exhibition with work by Guerra, Cosío, Tsuchiya, Ontiveros, Maung, Hernández, Orozco, Corono, Venegas, and many others is Friday, September 28, 7 p.m., at Centro Cultural Tijuana (Paseo de los Héroes and Mina Street, in Zona Río). Free. 011-52-664-687-9636. (TIJUANA)

Kumbia All Stars perform during show by A.B. Quintanilla, Friday, September 28, 9 p.m., at El Foro (on Avenida Revolución). U.S. 619-734-2333. (TIJUANA)

La Cascada Motocross Series, Saturday, September 29, 8 a.m. 619-819-6323. (ROSARITO BEACH)

Rosarito-Ensenada 50-Mile Fun Bicycle Ride is Saturday, September 29, starting at 10 a.m. at Rosarito Beach Hotel. 858-483-8777. (ROSARITO BEACH, ENSENADA)

Harvest Festival with bullfighting, music, food, entertainment planned at Bibayoff Winery on Saturday, September 29, 4 p.m. Directions: 011-52-646-176-1008. (GUADALUPE VALLEY)

Marco Antonio Muñiz in Concert on Saturday, September 29, 5 p.m., at L.A. Cetto Winery. Tickets: \$50, \$60 U.S. 011-52-664-685-3031. (GUADALUPE VALLEY)

Nemonico's Illusion Show hits stage on Saturday, September 29, 8 p.m., at Antigua Bodega de Papel (11th Street, between Avenida Revolución and Madero Street). 011-52-664-681-7084. (TIJUANA)

Rock Concert by Panda, Thermo, and Canesco starts at 9 p.m. at El Foro (#1500 Avenida Revolución) on Saturday, September 29. 619-734-2333. (TIJUANA)

International Jazz Festival with performances by Coral MacFarland Thuet, Lupillo Barajas Septet, Cord Border Trio, Ensenada Jazz, Fay Rosas Blues Band, and Turiya Mireya is Sunday, September 30, 1–7 p.m., at Ventana del Mar (on Boulevard Costero). 011-52-646-176-3005. (ENSENADA)

Home and Furniture Expo runs Thursday–Saturday, October 4–6, at Rosarito Beach Hotel. 011-52-661-613-1532. (ROSARITO BEACH)

Former USA Vice President Al Gore discusses global warming and *An Inconvenient Truth* on Saturday, October 6, 11 a.m., in celebration of 50th anniversary of Universidad Autonoma de Baja California (UABC) on Mesa de Otoy. Admission is free. Required advance reservations: 011-52-664-979-7510 x53020. (TIJUANA)

OUTDOORS

Escaping the Heat of this season's first couple of Santa Anas will

not be easy — if you can't be inside air-conditioned buildings at any rate. Along the coastline, where temperatures may reach the 90s, taking a dip in the surf solves the problem. Inland, the furnacelike heat is moderated only by increases in altitude. Head for the high places of the county — the mile-plus heights of the Palomar and Laguna Mountains, for example. You could climb a couple of the county's loftiest peaks: Cuyamaca Peak (6512') in Cuyamaca Rancho State Park, or Boucher Hill (5438') in Palomar Mountain State Park. On peaks such as these during a Santa Ana-wind episode, the thermometer registers about 25–30 degrees lower than in the lowlands. Since the early phase of a Santa Ana sweeps away atmospheric water vapor and air pollution, hundred-mile vistas in every direction may be yours to enjoy.

Fall Migrant Birds such as wood warblers can be seen at Cabrillo National Monument and its vicinity on Point Loma, Torrey Pines State Reserve, and other parks and open spaces near the San Diego coast. Cooper's or marsh hawks and even peregrine falcons may be seen following or pursuing these smaller birds.

Late September signals the beginning of Santa Ana winds, which may continue intermittently through the winter. Early Santa Anas are often responsible for coastal San Diego's hottest and driest days of the year. Records show that 62 percent of the days at Lindbergh Field with 90-degree readings or higher have occurred during the months of September and October. The desertlike days are a consequence of dry air from a

high-pressure area centered over Nevada or Utah moving across Southern California's coastal mountains toward a low pressure area offshore in the Pacific Ocean. West of the mountains the air sinks as it rushes toward the coast, heating (by compression) about 5 1/2 degrees Fahrenheit for every 1000 feet of descent. During a full-blown Santa Ana, gale-force winds rake the foothills downwind of the mountain passes, and San Diego's coastal communities often experience temperatures that are among the nation's highest.

Highest Tides for September (+6.3 feet) are predicted for 10:27 a.m. on Friday the 28th and for 11:04 a.m. on Saturday the 29th. The month's lowest tide (a not-very-low minus 0.5 feet) will occur on Friday afternoon, at 5:03 p.m. This is the beginning of the six-month-long "season" in which strongly negative tides will occur during afternoon hours — a time of day well suited for exploring tidepools in the lowest-lying intertidal zones.

Trail Repair Work in Paso Picacho at Cuyamaca Rancho State Park continues on Saturday, September 29, 8 a.m. Bring work shoes, gloves, hat, water, snack. Group gathers at Paso Picacho campground maintenance area behind fire department building. Free. Registration: 619-669-1697. For those 16 and older with a parent. (CUYAMACA RANCHO STATE PARK)

Fall Migration Is Beginning, and Tom Troy leads basic birding program on Saturday, September 29, 8:30 a.m., at Buena Vista lagoon landing (2202 South Coast Highway). Emphasis on identify-

ing birds by sight and sound, and using binoculars, spotting scopes, field guides. Free. Directions: 760-967-6915. (OCEANSIDE)

More Walk, Less Talk, naturalists Simone Green and Barbara Van Horne lead moderately paced 4.5-mile walk in Daley Ranch on Saturday, September 29. Meet at 8:30 a.m. in main parking lot on La Honda Drive. Free. 760-839-4680. (ESCONDIDO)

Beach Cleanup at La Jolla Shores hosted by San Diego Coastkeeper on Saturday, September 29. Meet at life-guard tower at 9 a.m. Free. Directions: 619-758-7743. (PACIFIC BEACH)

Find Gold! See golden leaves and flowers during guided walks on Saturday, Sunday, Wednesday, September 29, 30, and October 3, 9:30–11 a.m., in Mission Trails Regional Park (One Father Junípero Serra Trail). Free. 619-668-3281. (SAN CARLOS)

Tour del Día, Offshoot Tours offers an hour-long guided stroll highlighting the Park Palisades area of Balboa Park on Saturday, September 29, 10 a.m., beginning at the visitors' center. 619-235-1121. Free. (BALBOA PARK)

Birding Basics Class planned by trail guide Winona Sollock at Mission Trails Regional Park visitors' center, Saturday, September 29, 1–2:30 p.m. Participants learn five simple techniques for identifying birds at a glance, how to use a field guide (bring yours if you have one). Free. Find visitors' center at One Father Junípero Serra Trail. Free. 619-668-3281. (SAN CARLOS)

Walk Along a Riparian Habitat and through chaparral during easy Canyoneers outing to Old Mission (Padre) Dam, Saturday, September 29, 1 p.m. Dam was built in early 1800s under direction of San Diego Mission. Free. Directions: 619-255-0203. (SANTEE)



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Calendar

LOCAL EVENTS

San Diego River Walk hosted by Walkabout, Sunday, September 30. Moderately paced outing over flat, paved surfaces promising views of river starts at 3:30 p.m. at Mission Valley trolley stop (behind Sammy's Woodfired Pizza, 1620 Camino de la Reina). Free. 619-231-7463. (MISSION VALLEY)

Fledgling Birders invited to join Audubon Society birders in search of "early migrants or vagrants" at Santee Lakes, Monday, October 1. Considerable hiking on level ground; moderately strenuous. Join group at 8 a.m. in parking area between first and second lakes within Santee Lakes Regional Park. Bring a scope if you have one. Directions: 619-692-3246. Vehicle day-use fee. (SANTEE)

DANCE

Learn to Swing Dance during fall swing series beginning on Thursday, September 27, at La Jolla YMCA Firehouse (7877 Herschel Avenue). Classes for intermediate/advanced aericals and tricks (7 p.m.); beginning/intermediate swingout variations (7 p.m.), introduction to Balboa (8 p.m.), and introduction to Lindy hop (8 p.m.). Fee: \$12 per class or \$40 for four weeks; fee includes admission to Firehouse social dances (9 p.m.—midnight). All ages. Wear soft-soled shoes. 858-395-6060. (LA JOLLA)

Ranting Banshee makes music, Steve Barlow calls for contradancing, Friday, September 28, 8 p.m., at Trinity United Methodist Church (3030 Thorn Street). Beginners' dance workshop: 7:30 p.m. \$7. Wear soft-soled shoes. 619-283-8550. (NORTH PARK)

What's the Hully Gully? Find out when Richard Powers teaches beginner-friendly vintage classes including chalypsso (combination of cha-cha and calypso) on Friday, September 28, in room 207 of Casa del Prado. Lesson at 7:30 p.m. All ages and abilities. Partners not required. Donation: \$3. 619-583-9956. (BALBOA PARK)

Vintage Dance Workshop with Richard Powers on September 29 and 30 at Trinity United Methodist Church Hall (3030 Thorn Street). Classes on Saturday (9 a.m.—4:30 p.m.) cover 19th-Century techniques for dancing to very fast waltz music, practical application of ragtime era steps to contemporary music, more. Casual DJ dance, 8 p.m.

Start Sunday with review (12:30 p.m.), followed by (dressier) tea dance with music by Heliotrope Ragtime Orchestra (2–5 p.m.). Fee for all events: \$85. Wear soft-soled shoes. 619-286-5848. (NORTH PARK)

"Trolley Dances 2007" presented by Jean Isaacs San Diego Dance Theater and Metropolitan Transit System on Saturday and Sunday, September 29 and 30 (and October 6 and 7). This year's dances explore neighborhoods of East Village, then travel along to Museum of Contemporary Art San Diego.

Guided tours begin at Smart

Corner at City College Trolley stop (on Park Boulevard and Broadway); travel to starting point via orange or blue trolley lines. Five choreographers with reputation for site-specific work including Yolande Snaith, John Diaz, Kyle Abraham, Randé Dorn and Jean Isaacs participate.

Performances are staged at various locations (not on the trolley). Tours begin at 11, 11:45 a.m., 12:30, 1:15, 2, and 2:45 p.m. Tickets (which include all-day trolley pass) are \$25 general, \$20 seniors, \$10 students, people in wheelchairs and strollers free. Reservations: 619-225-1803. (EAST VILLAGE)

Argentine Tango Dance Party on Saturday, September 29, 7:30–10 p.m., at Pattie Wells Dancetime Center (1255 West Morena Boulevard). \$7; first time free. 619-275-3533. (BAY PARK)

Eastern Exposure plays for dancing on Saturday, September 29, 7:30 p.m., at Folk Dance Center (4569 30th Street). \$6. 619-281-5656. (NORTH PARK)

"Maestria" performed by Seville-based flamenco company Arte y Pureza (Art and Purity) on Sunday, September 30, 7:30 p.m., in Garfield Theatre at Lawrence Family Jewish Community Center (4126 Executive Drive). Troupe led by flamenco legend "El Funi" includes singers, dancers, guitarists. Tickets: \$36, \$45. 858-362-1348. (LA JOLLA)

FILM

San Diego Film Festival returns to Gaslamp Quarter, Thursday–Sunday, September 27–30. Programming

ranges from American and international features to "thought-provoking documentaries, short films, and music videos, in addition to tracks celebrating Native American and women filmmakers." Screenings, educational panels, American Screenwriters Association annual conference, filmmaker and celebrity gatherings, nightly parties. Cost, specific locations, details: 619-582-2368. (GASLAMP QUARTER)

Celebrating the "Truly Edgy and Experimental" — *Toon Town Troublemakers '07* screens Thursday, September 27, 7 p.m., at Museum of Contemporary Art San Diego, La Jolla (700 Prospect Street). Featured animators include Stacey Steers, Martha Colburn, Will Kim, Brent Green, Kohl Glass, others. Many of the films have adult content, have not been rated. \$7. 858-454-3541. (LA JOLLA)

Up for a Zany Coen Brothers Movie? Enjoy George Clooney and Catherine Zeta-Jones in *Intolerable Cruelty*, screening Thursday–Saturday, September 27–29, at Tops (4040 Goldfinch Street). Screenings start at 8:30 p.m. \$12.50. 619-295-4221. (MISSION HILLS)

Reuben H. Fleet Science Center, currently screening in the IMAX theater: *The Alps: Giants of Nature*, *Coral Reef Adventure*, and *Dinosaurs Alive!* "Fridays at the Fleet" showcases *Volcanoes of the Deep* (6 p.m.) and *Mystery of the Nile* (7 p.m.) on September 28. Ticket prices and showtimes: 619-238-1233. (BALBOA PARK)

The Japanese Film *Tokyo Godfathers* (2003) is featured during International Film Series at Mira-

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Calendar

LOCAL EVENTS

Costa College on Friday, September 28. See film at 1 p.m. in room 201 at MiraCosta's San Elijo campus (3333 Manchester Avenue) and later at 7 p.m. in room 3601 on campus at One Barnard Drive. 760-795-6612. Free. In Japanese with English subtitles. (CARDIFF, OCEANSIDE)

"Standing in the Shadows of Motown" screens for fall film series, Saturday, September 29, 7 p.m., at Museum of Making Music (5790 Armada Drive). The Funk Brothers, an unheralded group of studio musicians hired by Berry Gordy, reunited "in Detroit to play their music and tell their...story." Discussion led by Christy Coobatis. Suggested donation: \$5. 760-438-5996. (CARLSBAD)

"Broken English," Zoe Casavetes' 2007 film with Parker Posey and Melvil Poupaud screens for Sunday Matinee on September 30, 2 p.m., at San Diego Public Library (820 E Street). Free. 619-236-5800. (DOWNTOWN)

The Original "Hairspray" — the 1988 John Waters flick starring Riki Lake, Divine, Jerry Stiller, Sonny Bono, and Debbie Harry, screens for Film Forum at San Diego Public Library (820 E Street) on Monday, October 1, 6:30 p.m. Free. 619-236-5800. (DOWNTOWN)

San Diego Women's Film Festival — in its fifth year — gets underway with preview party, Thursday, October 4,

7:30 p.m., at Whistle Stop Bar (2236 Fern Street). Festival received 400 submissions this year, showcases about 90 of these films, which include shorts, features, documentaries.

Festival shifts to Museum of Photographic Arts and Reuben H. Fleet Science Center, Friday–Sunday, October 5–7. Tickets: \$10 per program, all-day pass \$30, all-access pass \$50, with student discounts. Screening details: 619-374-1121. (SOUTH PARK, BALBOA PARK)

LECTURES

"Hellenistic Influences in the Middle East" explored by classics scholar and museum librarian James Grebl for Asian Arts Council at San Diego Museum of Art, Thursday, September 27, 1 p.m. \$10 general. 619-543-9810. (BALBOA PARK)

Power of Silence, meditation workshops planned Thursdays, September 27, October 4, 11, 18, at 7 p.m., at Jyoti Bihanga meditation classroom (3351 Adams Avenue). Instructors study meditation with Sri Chinmoy. One-day intensive, Saturday, October 5, 10 a.m.–4 p.m. Free. Reservations: 619-281-8945. (NORMAL HEIGHTS)

Protecting the Future of Buena Vista Lagoon — update on lagoon restoration plan, focusing on how Oceanside's recent development proposals will affect health of lagoon and its residents promised when Buena Vista Audubon Society gathers on Thursday, September 27, 7:30 p.m., at Buena Vista Nature Center (2202 South Coast Highway). Free. 760-439-2473. (OCEANSIDE)

ROAM-○-RAMA

A GUIDE TO UNEXPECTED SAN DIEGO AND BEYOND | BY JERRY SCHAD

Cool Canyon, a deep crease in the east flank of Granite Mountain, stays truly cool only for a month or two before winter solstice, and for a couple of months afterward. If you visit the place anytime soon, expect temperatures to be hot in the midday — but pleasantly warmish once the sun goes down over the mountain, by 4 p.m. or so in the month of October.

Botany buffs consider Cool Canyon a hot spot for viewing transitional low-desert/high-desert vegetation. Also, the canyon's off-the-beaten-track locale and intimate setting nearly always pleases those seeking quietude.



Barrel cactus, Cool Canyon

The canyon is easily accessible for those traveling east from Julian or Cuyamaca. At Scissors Crossing (12 miles east of Julian via Highway 78), turn southeast on Highway S-2 and drive about 5 miles. At mile marker 21.5, find the unsigned access road to Cool Canyon on the right. Drive one mile up the sandy road to where it ends, just short of the mouth of Cool Canyon.

From the end of that road, descend on foot into the sandy wash just north and follow it west through a narrow portal. Grayish granitic and variegated tan-colored metamorphic rocks (a local type called Julian schist) form the walls and floor of the canyon. Thorny desert apricot bushes grow along the wash bottom, and the slopes are thickly covered with brittlebush, a big producer of yellow, daisylike flowers in early spring. After significant rainfall (typically by January or February), mosses and green grass thrive in the shady spots. Not much green or floral colors can be seen in the fall season, but the discerning eye can at least easily spot specimens of nearly all common types of Anza-Borrego-dwelling cactuses, either right down on the canyon bottom, or higher up on the slopes.

For the purpose of this moderate-difficulty hike, you can proceed up the canyon for a total of a mile. Here and there you'll encounter some minor climbing challenges in the form of tilted rock slabs and small dropoffs that desert hikers call "dry falls."

At 0.9 mile into the hike, note the narrow canyon coming in from the south. A fine, large specimen of mountain manzanita lies a short distance up this canyon. A bit higher and farther west of this juncture, the main canyon divides, with a west

branch going straight and a northwest branch going to the right. A scramble up the right branch takes you over a tall, steep, dry fall — a fun climb that nets you a better view of the surrounding landscape and its chaparral-like vegetation, which includes scrub oak and juniper. This is a good spot to rest before starting your return trip.

This article contains information about a publicly owned recreation or wilderness area. Trails and pathways are not necessarily marked. Conditions can change rapidly. Hikers should be properly equipped and have safety and navigational skills. The Reader and Jerry Schad assume no responsibility for any adverse experience.

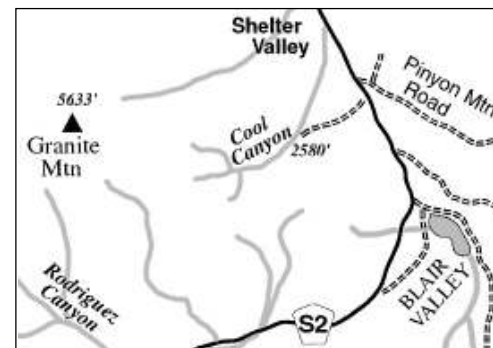
COOL CANYON

Visit Anza-Borrego's Cool Canyon on a warm autumn afternoon.

Distance from downtown San Diego: 76 miles

Hiking length: 2.0 miles round trip

Difficulty: Moderate



"Saving the Selva," geographer and tropical traveler assesses fortunes of the world's tropical rainforest for Audubon Society on Fri-

day, September 28, 7 p.m. at Te-colote Nature Center (5180 Te-colote Road). Free. 619-682-7211. (CLAIREMONT)

"Global Climate Change" examined by Lisa Shaffer of Scripps Institution of Oceanography for Sierra Club on Friday, Septem-

ber 28, 7:30 p.m., at Joyce Beers Center (3900 Vermont Street). What can you do to help? Free.

Every 14 seconds, a Zambian child becomes an orphan. Join our 12-mile walk-a-thon to save them!

AIDS has left many young African children desperate to gather food and water for themselves, their younger siblings and their ill relatives. This makes attending school an unreachable goal, leaving them with the prospect of lifelong poverty.

walktheirwalk is a yearly walk-a-thon that raises funds to make schools and fresh water accessible for all children living in Zambia. 100% of all money collected goes

to the construction of schools and wells.

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7:45 am (Check-in from 7-7:45 am)

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(HILLCREST)

"Gardening under Mediterranean Skies V: Lessons in Our Gardens" is theme for symposium on Saturday and Sunday, September 29 and 30, at Quail Botanical Gardens (230 Quail Gardens Drive). Events celebrate plants thriving with minimal care in our climate, showcases range of garden possibilities in low-water environment. Talks by landscape architects Owen E. Dell and Shirley Kerins, followed by visits to four different gardens for tours and on-site lectures by experts who designed them. \$185. Registration: 760-295-7089 or 760-436-3036 x206. (ENCINITAS)

"Finding Ourselves: Case Studies in Genealogy" presented for North San Diego County Genealogical Society fall seminar, Saturday, September 29, 9 a.m.-4 p.m., in Carlsbad City Council Chambers (1200 Carlsbad Village Drive). Four members present talks regarding finding relatives in "insane asylums," tracking down elusive families in upstate New York and Gold Rush California, dilemma of discovering that DNA studies do not confirm printed records. \$15 for nonmembers. 760-599-9958. (CARLSBAD)

Issues Facing Catholic Church addressed in DVD *Bishop Gumbleton in His Own Words*, screening for Call to Action San Diego, Saturday, September 29, 9 a.m., at Christ Lutheran Church (4761 Cass Street). Comments by Lena Woltering follow. Bishop Gumbleton is "prohibited from speaking in three dioceses including San Diego." Free. 619-222-5676. (PACIFIC BEACH)

"Really Reliable Recall," frustrated when Rover won't "come when called"? Remedy problem during workshop, Saturday, September 29, 9 a.m., San Diego Humane Society and SPCA (5500 Gaines Street). \$35. Registration: 619-299-7012 x2704. (LINDA VISTA)

"Xeriscape: Beautiful Landscape on a Low-Water Budget" presented Saturday, September 29, 9:30 a.m., in Cuyamaca College's Water Conservation Garden (12122 Cuyamaca College Drive West). Learn seven principles of xeriscape, planting techniques. \$15 general. Reservations: 619-660-0614. (EL CAJON)

Memoir-Writing Workshop led by author, critic, memoirist Thomas Larson, Saturday, September 29, 11 a.m., at La Jolla Library (7555 Draper Avenue). Where to begin? What is your focus? How to write honestly? \$20 fee includes signed copy of Larson's *Memoir and the Memoirist*, workshop materials. Registration: 858-454-0347. (LA JOLLA)

"Big Guy Books" Publisher Robert Gould talks about how he started his publishing company and why he wanted to write books for children on Saturday, September 29, 3 p.m., at Vista Library (700 Eucalyptus Avenue). Free. 760-643-5100. (VISTA)

Wanna Be a Professional Helicopter Pilot? Jerry Airola, president of Silver State Helicopters, hosts career seminar on Saturday, September 29, 3 a.m., at Gillespie Field Airport (1989 North Marshall Avenue). Meet certified flight instructors, gain "insider's look at the aviation industry." 1-888-91-PILOT (EL CAJON)

Blow-Dry Bootcamp, styling team at Salon Bordeaux (3393 Adams Avenue) demonstrates, teaches hairstyling techniques, Sunday, September 30, 2 p.m. Participants see three demonstrations — including five "up-do's in five minutes" — then receive hands-on experience. \$35. Registration: 619-282-6100. (NORMAL HEIGHTS)

"A World of Words: Samuel Johnson, Noah Webster, and Works that Shaped the English

Language" — exhibit of rare dictionaries opens with reception and presentation by author Richard Lederer, Sunday, September 30, 5:30 p.m., in Wangenheim Room at San Diego Public Library (820 E Street). Booksigning of Lederer's *Presidential Trivia* follows. \$30. Reservations: 619-291-8800 or 619-236-5807. (DOWNTOWN)

"Fungi in Your Garden — Friend or Foe?" Learn what mushrooms do in our gardens

when Paul Maschka presents slide-illustrated lecture for San Diego Mycological Society, Monday, October 1, 6:30 p.m., in room 101 of Casa del Prado. Maschka is president of society, former lead organic gardener for Zoological Society of San Diego. Free. 760-419-9453. (BALBOA PARK)

"Manuscripts from the Ancient Near East in the National Library of Russia" explored by Olga Vasilyeva, curator of oriental

manuscripts at Russian National Library in St. Petersburg, Russia, on Monday, October 1, 6:30 and 8 p.m., at San Diego Natural History Museum. \$25. Reservations: 619-255-0203. (BALBOA PARK)

Boating Skills and Seaman-ship Course offered by Flotilla 16-03 of U.S. Coast Guard auxiliary starts Monday, October 1, 7:30 p.m., at San Diego County Health Building (3851 Rosecrans Street). Nine-week course covers

the right boat for you, equipment, trailering, rules of road, inland boating. \$25 fee for text. Registration: 619-446-2145. (SAN DIEGO)

Renowned Buddhist Monk, Peace Activist, Author Thich Nhat Hanh speaks Tuesday, October 2, in Jenny Craig Pavilion at University of San Diego (5998 Alcalá Park) for 18th annual Social Issues Conference. Evening begins with guided meditation and chant

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What's That You're Reading?

NAME: SERGE REY | **AGE:** 40 | **OCCUPATION:** PROFESSOR AT SDSU
NEIGHBORHOOD: LA MESA | **WHERE INTERVIEWED:** COSMOS COFFEE HOUSE, LA MESA



What book are you currently reading?

"Blink: The Power of Thinking without Thinking" by Malcolm Gladwell. I'm not actually reading it; I'm listening to it. The first way humans passed information on was orally, so maybe that's why I really like listening instead of reading. I especially like it when authors read their own books. I buy most of my books off of audible.com."

Tell me a little about the book.

"It's about cognition — the way we think — and about how we make subconscious decisions and process information. It talks about how our mind works without our consciously thinking about it. It's hard to summarize because it's long. But probably the most interesting thing — a thing that's stuck with me — is how people's biases are based on pattern recognition. The example in the book is, if you're

exposed to newspaper headlines and images, you start to form images out of what you see in the newspaper. Whether those images are right or wrong, your brain is processing and responding to that information. So when you have to make a snap decision, your mind is accessing those historical images that you've stored. We all do this, whether we like it or not."

What book has been most life-changing for you?

"Probably a book by a guy named Paul Kutz called *The Courage to Become*. It's about humanism. It was powerful for me because it was a combination of things in my own thinking, but then I saw that I wasn't the first one to think of them. Things about being a secular

humanist — secular humanism is the belief that we're responsible for everything we see. There are no deities. Humankind is responsible for creating its own reality."

Who are your favorite authors?

"John Steinbeck. When I was a kid, we traveled across the country to California in a van. At the time, I was reading *The Grapes of Wrath*. I was trying to project what it was like to be in the Dust Bowl and move to California while we were driving across the country. I've read most of Steinbeck's books — *Travels with Charley: In Search of America*, which is about his travels around the country with his dog; *The Log from the Sea of Cortez*, which is about a marine biologist work-

ing in Mexico."

What magazines or newspapers do you read?

"I don't actually read much anymore. I listen to *The New York Times* and a bunch of other podcasts, probably too many to name. *The New York Times* podcast has someone reading you a synopsis. It's usually all the stories on the front page, and a selection from other sections, whatever they think is most interesting or important. It covers pretty much the whole paper, and it lasts about 45 minutes."

Do you talk to your friends about reading?

"My friends have similar tastes — most of them are academicians or researchers."

at 6:30 p.m., talk at 7 p.m. \$10 general. 619-260-7550. (LINDA VISTA)

"Are We Alone? The Search for ET" is intriguing topic for "The Sky Tonight" planetarium show at Reuben H. Fleet Science Center, Wednesday, October 3, 7 p.m. View real sky through telescopes (weather permitting) after

show. \$8.50 general. 619-238-1233. (BALBOA PARK)

Sail- and Powerboating Course offered on seven Wednesdays, starting October 3, 7-9 p.m., at Southwestern Yacht Club (2702 Quattrough Street). Safe boat handling, boating regulations, harbor navigation, buoys and lights, charts, compasses, piloting, more.

Nominal materials charge. Registration: 619-992-0092. (POINT LOMA)

"Facing the Music: Music in Film" is subject for lecture series beginning with look at "Hollywood in the Thirties: The Sound of Music" on Thursday, October 4, 7 p.m., at Athenaeum Music and Arts Library (1008 Wall Street).

\$60 for series, or \$17 per talk. 858-454-5872. (LA JOLLA)

"Lemon Grove's Water: Will It Last in the Era of Global Warming?" Get the skinny when a representative from Helix Water District presents "History Alive" lecture for Lemon Grove Historical Society on Thursday, October 4, 7 p.m., at H. Lee House Cultural Center (3205 Olive). \$2. 619-460-4353. (LEMON GROVE)

Teaching Combines with Activism in work by educator, author, social justice advocate Jonathan Kozol, whose books include *Death at an Early Age*, *Savage Inequalities*, *Amazing Grace*, *Illiterate American*, *Rachel and Her*

Children, *The Shame of the Nation: The Restoration of Apartheid Schooling in America*, and recently published *Letters to a Young Teacher*. Kozol speaks on Monday October 8, 7 p.m., at St. Paul's Episcopal Cathedral (2728 Sixth Avenue). Booksigning follows. Free. 619-573-6330. (MIDDLETOWN)

IN PERSON

Mariachi Garibaldi from Southwestern College plays rancheras, boleros, and *corros* for Concert Hour series, Thursday, September 27, 12:30 p.m. in Palomar College Performance Lab (room D-10

at 1140 West Mission Road). Free. 760-744-1150 x2316. (SAN MARCOS)

Southwestern Mystery Author Richard Benke discusses life and death on the border in *City of Stone*, which he'll sign on Thursday, September 27, 7 p.m., at Mysterious Galaxy Books (7051 Clairemont Mesa Boulevard). Free. 858-268-4747. (CLAIREMONT)

Sue Palmer and Her Motel Swing Band perform their blend of jazz, blues, boogie-woogie on Thursday, September 27, 7 p.m., at Oceanside Museum of Art (704 Pier View Way). Viewing of "OMA Regional 5." \$15. 760-721-2787. (OCEANSIDE)

Clinical Psychologist and author Lucy Jo Palladino signs, discusses *Find Your Focus Zone: An Effective New Plan to Defeat Distraction and Overload*, Thursday, September 27, 7:30 p.m., at Barnes and Noble Bookstore (1040 North El Camino Real). Free. 760-943-6400. (ENCINITAS)

Ranchita Rocks 2007, fundraising event for Protect Our Communities Fund (fighting SDG&E's Sunrise Powerlink project) runs September 28-30 at Golightly Farms Ranch (36255 Grapevine Canyon Road, Ranchita). Organizers expect 37 bands — including Fishbone, HR and the Dubb Agents (from Bad Brains), many others — 22 comedians, entertain-

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 2:00-3:00 Rebecca Solnit
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Harmonic Sound Concert by "sound healer, recording artist, and author" Diane Mandle using Tibetan bowls, moon and wind gongs, other "sacred instruments," Friday, September 28, 7 p.m., at Well Within (555 2nd Street). Bring a mat to recline on. \$20. 760-944-3441. (ENCINITAS)

Stand-Up Comedian and actor Shang performs for Ocean Beach comedy on Friday, September 28, 7 p.m., at Winstons Beach Club (1921 Bacon Street). \$5. 619-222-6822. (OCEAN BEACH)

"It's Magic!" Magic and illusion by Goldfinger and Dove, Amos Leftkovit, Bruce Block, John Shryock and Mari Lynn on Friday, September 28, 7:30 p.m., at Salvation Army Kroc Center (6611 University Avenue). \$35. 619-440-2277. (ROLANDO)

Jazz Guitarist Peter Sprague in concert with Tripp Sprague, Leonard Patton, Duncan Moore, Tommy Aros, and Gunnar Biggs on Friday, September 28, 7:30 p.m., at Seaside Center for Spiritual Living (1613 Lake Drive). \$20 general. 760-753-5786 x810. (ENCINITAS)

"Man of La Mancha" is season opener for Lyric Opera San Diego, running September 28–October 7. Company premiere of classic American musical boasts Broadway veteran Jimmy Ferraro as Sancho, Leon Natker as Don Quixote, operatic mezzo Audrey Babcock as Aldonza.

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Calendar

LOCAL EVENTS

Fridays and Saturdays (and Thursday, October 4), with 2:30 p.m. matinees on Sundays, at Stephen and Mary Birch North Park Theatre (2891 University Avenue). Tickets: \$30-\$50 general; children

5-17 pay half price. 619-239-8836. (NORTH PARK)

"Tango Apasionado," boasting Argentine tango music by chamber music ensemble Camarada and dance by Tango Alma, is theme for concerts on September 28 and 30. Take in these all-Astor Piazzolla concerts on Friday at 7:30 p.m. at Saint Paul's Cathedral (2728 Sixth Avenue) and on Sunday, September 30, 6 p.m., at Neurosciences Institute

(10640 John Jay Hopkins Drive). Tickets for either concert: \$25. 619-231-3702. (MIDDLETOWN, LA JOLLA)

The New Directions Choir is composed of formerly homeless veterans; the Los Angeles-based choir is coming to San Diego to perform as part of Michael McFall's drama *Dirty White Tuxedo Pants and a Brown Plastic Bag*, on Friday and Saturday, September 28 and 29, 8 p.m., at California Cen-

ter for the Arts, Escondido (340 North Escondido Boulevard). \$25. 800-988-4253. (ESCONDIDO)

Big-Band Bash by the Beach, 11th annual big-band concert, dance is Saturday, September 29, noon-7 p.m., at Oceanside Pier. Program includes Jay Wimmer and the Big Band All Stars, Big Band and Jazz Hall of Fame Orchestra, Oceanside Society Or-

chestra. \$5 tickets include meal, concert. 760-435-5250. (OCEANSIDE)

The Cosmos men's vocal ensemble performs Saturday, September 29, 7 p.m., at Calvary Lutheran Church (424 Via de la Valle). \$30 tickets benefit HIV and AIDS patients in San Diego. 858-922-3933. (SOLANA BEACH)

The Larson Sisters with Chris Clark perform for Saturday Backyard Concert on Saturday,

September 29, 7:30 p.m., at Community Reformed Church (777 West Felicita Avenue). Free. 760-746-1322. (ESCONDIDO)

The Mark Jackson Band takes stage for San Diego Folk Heritage on Saturday, September 29, 7:30 p.m., at San Dieguito United Methodist Church (170 Calle Magdalena). \$15. 858-566-4040. (ENCINITAS)

"Battle of the Bands — Jam for Justice" hosted by Young/New Lawyers division of San Diego County Bar Association, Saturday, September 29, 8 p.m., at 'Canes Bar and Grill (3105 Oceanfront Walk). \$20 in advance, \$25 at door. 619-231-0781. (MISSION BEACH)

Camera Shrapnel debuts its new show, *ISM*, Saturday, September 29, 8 p.m., at Escondido High School (1535 North Broadway). Piece combines live performance and film to create a new genre of poetry and sketch comedy and dissect racism, sexism, and classism along the way. \$10. 323-203-6633. (ESCONDIDO)

"Runt of the Litter" — former Houston Oiler defensive safety Bo Eason performs his "highly charged drama about the NFL's rush to guts and glory at any cost," Saturday, September 29, 8 p.m., at Poway Center for the Performing Arts (15498 Espola Road). \$39. 858-748-0505. (LA JOLLA)

Sketch on the Rocks, improv sketch comedy by Comedy Under Construction, Saturday, September 29, 8 p.m., in Swedenborgian Theater (1531 Tyler Avenue). \$10 general. 858-550-8088. (UNIVERSITY HEIGHTS)

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Go beyond the galleries and enjoy SDMA's monthly concert series, Jazz in the Park. Come see the Jeff Hamilton Trio "bring down the house" on Wednesday, October 3, at 5:30 p.m. For more ways to experience SDMA, visit www.sdmart.org.

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Programs brought to SDMA: Artists' Rights: John J. Kelly, *Studies of an Adonis* (oil on canvas, 1891). Terra Foundation for American Art, Chicago; David J. Terra Collection, 1989-2007. (Jeff) John Kelly, *Adonis* (oil on canvas, 1891). Terra Foundation for American Art, Chicago; David J. Terra Collection, 1989-2007. (Jeff) John Kelly, *Adonis* (oil on canvas, 1891). Terra Foundation for American Art, Chicago; David J. Terra Collection, 1989-2007.

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Calendar

LOCAL EVENTS

Vision of the Future, Sandcastle Events hosts entertainment by Soul in the Machine, Renfey, Dan Rockett, live painting by Xavi, and more on Saturday, September 29, 8 p.m., at Merge Events Warehouse (2191 Main Street). \$20 at door. For those 21 and older. 760-634-5431. (LOGAN HEIGHTS)

Hawaiian Comedian and radio personality Augie T. performs Sunday, September 30, 7 p.m., at United Portuguese Hall (2818 Avenida de Portugal). Also on bill: San Diego Island Boys. \$20 in advance, \$25 at door. For those 18 and older. 619-306-9817. (POINT LOMA)

"Davka, the Survival of a People" — multimedia exhibit of photographs, videotaped and audiotaped oral histories and testi-

monies illuminating path from Holocaust to survival of ten families is on display through Tuesday, October 2, at Rancho San Diego Library (11555 Via Ranch San Diego). Reception on Tuesday at 6:30 p.m. is followed by klezmer concert with virtuoso klezmer clarinetist Alexander Gourevitch at 8 p.m. Free. 619-660-5370. (RANCHO SAN DIEGO)

Superstrings play for music night hosted by San Diego North County Bluegrass and Folk Club on Tuesday, October 2, 7 p.m., at Round Table Pizza (1161 East Washington Street). Free. 760-489-0191. (ESCONDIDO)

"Cheerios in My Underwear," stay-at-home-mom comedy presented for Free First Wednesdays series, October 3, at 4 and 7 p.m., at California Center for the Arts, Escondido (340 North Escondido Boulevard). Free. 800-988-4253. (ESCONDIDO)

Poetry Unlimited Art and Music showcases poet Tomás Gay-

ton, whose latest book is *Winds of Change*, and music by Dominique (piano, flute) and Valerie Kim (piano, violin), Wednesday, October 3, 5 p.m., at Florence Riford Library (7555 Draper Avenue). Hosted by Jean Frank. Open readings follow. Free. 858-552-1657. (LA JOLLA)

Jazz in the Park series continues with concert by Jeff Hamilton Trio on Wednesday, October 3, 5:30 p.m., at San Diego Museum of Art. \$22. Reservations: 619-696-1966. (BALBOA PARK)

Mariachi Chula Vista celebrates Hispanic Heritage Month with concert, Wednesday, October 3, 6:30 p.m., at College-Rolando Library (6600 Montezuma Road). Free. 619-533-3902. (COLLEGE AREA)

Poetry by Pablo Neruda interspersed with music by jazz and Latin singer Coral MacFarland Thuet and pianist Kamau Kenyatta during concert, Wednesday, October 3, 6:30 p.m., at San Diego

Public Library (820 E Street). Free. 619-236-5800. (DOWNTOWN)

"First Wednesday Poet's Dance," poetry reading by Langston Hughes Poetry Circle with dancers Jillian Chu, Maia Jones, Jennifer Oliver, Elizabeth Swallow followed by open mike, Wednesday, October 3, 8 p.m. "Audience members can read poetry which dignifies the dancers" at Hot Monkey Love Cafe (6875 El Cajon Boulevard). \$5 general, \$2 students. 619-285-9737. (COLLEGE AREA)

Book and Bark, Wyoming writer Ted Kerasote visits Muttropolis (7755 Girard Avenue) on Thursday, October 4, 5 p.m., to sign and discuss *Merle's Door: Lessons from a Freethinking Dog*. In the book, Kerasote explores dog intelligence and human-dog bond. Busy on Thursday? Kerasote will head to Muttropolis in Solana Beach (227 South Cedros Avenue) on Sunday, October 7, noon. Free.

858-755-3647. Canines welcome. (LA JOLLA, SOLANA BEACH)

Music and Comedy promised when novelists Ken Kuhlken and Alan Russell entertain Sisters in Crime on Thursday, October 4, 7 p.m., at Joyce Beers Community Center (1010 University Avenue). Duo has "collaborated on two humorous books about the madness of book promotion tours"; Kuhlken's newest novel is *The Vagabond Virgins*, Russell's most recent are *Exposure* and *Political Suicide*. \$3. 858-748-6842. (HILLCREST)

Nature Runs Amok in *A Working Man's Apocrypha: Short Stories*; author William Luvaas reads from and signs his work for CSU San Marcos Community and World Literary Series, Thursday, October 4, 7 p.m., in Grand Salon (room 113) of M. Gordon Clarke Field House at CSU San Marcos (333 South Twin Oaks Valley Road). Reading is free, parking is not. 760-750-8077. (SAN MARCOS)

"The World of Women in Classical Music" is explored by Anne Gray in her new book, which she'll discuss, sign on Thursday, October 4, 7:30 p.m., at Warwick's Bookstore (7812 Girard Avenue; 858-454-0347). Free. (LA JOLLA)

Cirque-Work's Birdhouse Factory is described as "combination of juggling, tumbling, contortions, unicycle, a steamy tango danced up and down a vertical pole; all wrapped in humor, tied together with jazzy music...set in a 1930s factory complex." Show is presented Sunday, October 7, 2 and 7 p.m., at California Center for the Arts, Escondido (340 North Escondido Boulevard). Tickets: \$10-\$35. Reservations: 800-988-4253. (ESCONDIDO)

"This Filthy World," filmmaker John Waters performs his one-man "vaudeville" act celebrating his film career for ArtPower, Wednesday, October 10, 8 p.m., in UCSD's Mandeville Auditorium. Tickets: \$42, available at 858-534-TIXS. (LA JOLLA)

Author Ursula Hegi, creator of *Stones from the River* and its memorable heroine Trudi, visits Warwick's Bookstore on Thursday, October 11, 7:30 p.m., to sign and discuss *The Worst Thing I've Done*. Find shop at 7812 Girard Avenue; 858-454-0347. Free. (LA JOLLA)

Solid Blues, soul singer Mavis Staples appears with harmonica player Charlie Musselwhite, North Mississippi Allstars, and blues pianist Joe Krown in concert on Friday, October 19, 8 p.m., at California Center for the Arts, Escondido (340 North Escondido Boulevard). Tickets: \$25-\$40. Reservations: 800-988-4253. (ESCONDIDO)

Booker Prize-Winning Author Yann Martel and illustrator Tomislav Torjanac discuss and sign their book *The Life of Pi: Deluxe Illustrated Edition*, Monday, October 22, 7:30 p.m., at Warwick's Bookstore (7812 Girard Avenue). Free. 858-454-0347. (LA JOLLA)

Can One Person Make a Difference? Pulitzer Prize-winning author Tracy Kidder discusses and signs *Mountains Beyond Mountains*, his book about Dr. Paul Farmer, Thursday, September 25, 7:30 p.m., at Warwick's Bookstore (7812 Girard Avenue). Free. 858-454-0347. (LA JOLLA)

SPORTS

San Diego Padres conclude regular season play with games in Milwaukee against Brewers, September 27-30, at 5:05 p.m. Thursday and Friday, 4:05 p.m. on Saturday, and 11:05 a.m. on Sunday. 619-795-5005.

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Make-a-Wish Tuna Challenge starts at 5 a.m. on Saturday, September 29, at Silver Gate Yacht Club (2091 Shelter Island Drive). Fees, details: 858-707-9474. (SHELTER ISLAND)

Psoriasis Walk for Awareness, 1k and 5k walk is Saturday, September 29, starting at De Anza Cove (3000 East Mission Bay Drive) at 9 a.m. Registration: 7:30 a.m. \$15–\$25. 760-767-7490. (MISSION BAY)

Run/Walk for a New Day 5k and 1-mile run benefiting Girl Scouts “Healthy Girls Healthy Lives” programs is Saturday, September 29, at Liberty Station (NTC Promenade). The 5k starts at 7:30 a.m.; one-mile steps off at 8:30 a.m. \$30. 619-298-7400. (POINT LOMA)

Fall Dressage Show, Saturday and Sunday, September 29 and 30, 8 a.m.–5 p.m., at Del Mar Horsepark (14550 El Camino Real). Free. 858-794-1171. (DEL MAR)

Two Bicycle Rides are offered every Saturday, rain or shine, starting at 8:30 a.m. in northwestern parking lot at La Jolla Village Square/UC Cyclery. Select from race-training 45-mile ride, slower 35-mile ride with experienced leader. Helmets mandatory. Free. 858-495-2454. (LA JOLLA)

Martial Arts Fair set for Saturday, September 29, 3:30 p.m., at Faith Lutheran Church (700 East Bobier Drive). Event promises

Christian martial arts demonstrations by local clubs; guest speaker is J. Brown, seventh-degree black belt and author of *Street Smarts from Christian Martial Arts*. Free. 760-724-7700. (VISTA)

All-Woman, Full-Contact Football! So Cal Scorpions host Dallas Diamonds on Saturday, September 29, 5 p.m., in Edward’s Stadium (next to La Jolla High School, 750 Nautilus Street). Ticket prices: 877-717-8464.

Hard-Core, No-Nonsense Roller Derby! Hard Corps and Diego Rollers of San Diego Derby Dolls meet up, Saturday, September 29, 6 p.m., at Skateworld (6907 Linda Vista Road). All ages. All-skate session at 7:30 p.m. (rent skates and roll with teams). \$12. 858-560-9349. (LINDA VISTA)

AIDS Walk San Diego 5K Walk and 10K is Sunday, September 30, starting at Quince Street and Sixth Avenue at 8 a.m. Race-day registration: 6 a.m. \$35 general, \$25 for youths and seniors. 619-291-9255. (BALBOA PARK)

Lake Wohlford Express, Sierra Club bicyclists head out for briskly paced 45-mile ride on Sunday, September 30. Ride with steep grade begins at 8 a.m. at first entrance to Kit Carson Park (3333 Bear Valley Parkway). Bring money for snack stop at Bates Nut Farm. 858-974-4871. (ESCONDIDO)

Meander Around Rancho Bernardo and Poway with Knickerbikers bicyclists, Sunday, September 30. The 30-miler starts at 9 a.m. in Carmel Mountain Plaza (I-15 to Carmel Mountain; exit east, turn left onto Rancho Carmel Drive, right into plaza;

park in southwest area). Free. 858-451-3173. (CARMEL MOUNTAIN)

Family Pedal and Paddle, Mission Bay kayak tour for families hosted by Hike Bike San Diego on Sunday, September 30, starting at 10 a.m. near Belmont Park. Participants must be two or older. Equipment provided. \$55 for adults, \$35 for kids. Required reservations: 858-551-9510. (PACIFIC BEACH)

San Diego Chargers host Kansas City Chiefs in Qualcomm Stadium on Sunday, September 30, 1:15 p.m. Game broadcast on CBS; listen on radio station KIOZ, Rock 105.3. Tickets: \$54–\$92, available through Ticketmaster (619-220-TIXS).

Polo Club Closing Day boasts Spreckels Cup finals competition on Sunday, September 30, at San Diego Polo Club (14555 El Camino Real). Preliminary matches at 1:30 p.m., feature match at 3 p.m. General admission is \$5, as is parking. The club meets at 858-481-9217. (RANCHO SANTA FE)

SPECIAL

Hands On San Diego hosted by Volunteer San Diego continues through Sunday, September 30, at various county locations. “Thousands of volunteers are needed to help strengthen and improve our communities”; volunteers of all ages and abilities welcome. Free. Details: 858-636-4130. (SAN DIEGO COUNTY)

Oscar-Winner Geena Davis hosts celebrity auction in support of her SJ Los Angeles organization, fighting “gender bias in children’s cartoons and movies,” Thursday

September 27, 11 a.m., at Four Seasons Aviara (7100 Four Seasons Point). \$75. Required reservations: 858-452-5963. (CARLSBAD)

La Jolla Gallery and Wine Walk is Thursday, September 27, 5–9 p.m. \$30 fee includes viewing at more than 20 galleries, wine tasting at each gallery, food from 12 local restaurants. Locations: 619-233-5008. (LA JOLLA)

“Jesus Christ — Who Was He and What Did He Really Preach?” Bring your opinion to P&R discussion group on Thursday, September 27, 7 p.m., at Other Side Coffee House. Free. 619-370-1027. (NORTH PARK)

What Do States Rights and federalism mean? Compare and contrast ideas with P&R Discussion group, Thursday, September 27, 7 p.m., at Other Side Coffee House (4096 30th Street). Free. 619-370-1027. (NORTH PARK)

All Bluegrass Associations, both in and outside of California, are invited to annual campout and jam, Friday–Sunday, September 28–30, at Antique Gas and Steam Engine Museum (2040 North Santa Fe Avenue). Bluegrass jamming, “semi-dry camping.” Day-use fee is \$3 per day. Requested reservations: 626-332-5865, 951-315-0778, or 909-883-7132. (VISTA)

Gardening under Mediterranean Skies, symposium includes events at Cuyamaca College’s Water Conservation Garden (12122 Cuyamaca College Drive West) on Friday, September 28. Garden tours (10 a.m., noon), cactus and succulent garden tour (11 a.m.), “Mediterranean Landscape Style for a Low-Mainte-

nance Lifestyle” (1 a.m.). Free. 619-660-0614. (EL CAJON)

Traditional German Oktoberfest hosted by German-American Societies of San Diego, September 28–30, at clubhouse and beer garden (1017 South Mollison Avenue). Authentic German food, music by Guggenbach-Buam (Guggenbach boys) from Baden-Wuerttemberg, Germany; folk singing and traditional dancing, games and contests, vendors, craft booths, kids’ zone. Festival runs 3–10 p.m. Friday, noon–10 p.m. Saturday, noon–9 p.m. Sunday. Admission: \$3 for those 21 and over; those under 21, active military free. 619-442-6637. Festival repeats October 5–7. (EL CAJON)

Winners Circle — award winners from June 29 through September 21 gather for kudos during final Cruisin’ Grand of the season, Friday, September 28, 5–9 p.m. Over 400 pre-1974 American-made hot rods, custom, vintage, classic cars and trucks participate in cruise loop running down Grand Avenue and back up Second Avenue. Free viewing. 760-745-8877. (ESCONDIDO)

Sniff Here Often? Doggie Café hosted by San Diego Humane Society, Friday, September 28, 6 p.m., at San Diego Humane Society and SPCA (5500 Gaines Street). Bring friendly, on-leash dogs to socialize with other canines. Trainers offer training tips on keeping dogs calm, civilized around distractions. Donation: \$10. Reservations: 619-299-7012 x2230. (LINDA VISTA)

“Soundbytes on ‘Soundwaves,’” tour this new exhibition with five artists in 30 minutes at Museum of Contemporary Art San Diego, La Jolla (700 Prospect Street) on Friday, September 28, 7 p.m. Artists will “share their thoughts and ideas about their work in the galleries”; surprise performances throughout the night by artists in the show. \$5 general. 858-454-3541. (LA JOLLA)

Board Game Benefit for Heifer International, Friday, September 28, 8 p.m., at Tea N More (7380 Clairemont Mesa Boulevard). Play a variety of board games ranging from Taboo to Settlers of Catan. Donation: \$10. 619-204-8834. (CLAIREMONT)

Fleet Week San Diego gets underway with Sea and Air Parade, Saturday, September 29, noon–1:30 p.m., along San Diego shoreline. Aircraft carriers, guided-missile destroyers, frigates, Coast Guard vessels will parade down the San Diego Bay. Best viewing is from Shelter Island, Harbor Island, Cruise Ship Terminal, Broadway Pier, lawn area next to Fish Market Restaurant.

Navy ship tours offered 10 a.m.–4 p.m., Saturday, September 29, at Cruise Ship terminal on B Street Pier; and Saturday and Sunday, October 6 and 7 on NAS North Island. Free. Photo identification required for those over 16; minimum age is 4. 619-858-1545. (DOWNTOWN)

Deaf Awareness Day celebrated Saturday, September 29, 9 a.m.–5 p.m., at Balboa Park Club (2150 Pan American Avenue West). Re-


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Dateline for Men Seeking Women & Women Seeking Men

Calendar

LOCAL EVENTS

sources, exhibits, entertainment, children's and teen's activities. Admission: \$10 general, \$5 seniors and students, \$1 for those 5–13, free under 5. 619-398-2441. (BALBOA PARK)

Adams Avenue Street Fair, 26th annual festival runs September 29 and 30 on Adams Avenue, between 35th and Bancroft streets. More than 70 musical acts perform in a wide variety of styles on six stages. Over 300 vendors' booths: arts and crafts, food; carnival rides. Saturday: 10 a.m.–9 p.m.; Sunday: 10 a.m.–6 p.m. Free. 619-282-7329. (NORMAL HEIGHTS)

Explorers and Surveyors of American West celebrated on National Public Lands Day, Saturday, September 29, 10 a.m.–4 p.m., in Old Town Plaza (San Diego Avenue at Twiggs Street). Staff, volunteers from Bureau of Land Management (BLM) and Old Town San Diego State Historic Park will stage living history reenactments of exploration and surveys of western frontier. See authentic 19th-Century survey instruments, learn about General Land Office, Homestead Act, and other milestones in history of public lands. Free. 760-251-4840, 619-220-5422. (OLD TOWN)

GreenBuilt Tour takes place on Saturday and Sunday, September 29 and 30, 10 a.m.–4 p.m. Self-guided tour of homes and businesses featuring sustainable building practices; owners and builders on hand to discuss what they did and why. \$15 tickets good

for both days; different sites featured both days. Details: 858-272-7370. (SAN DIEGO COUNTY)

Half-Off Book Sale planned Saturday, September 29, 10 a.m.–4 p.m., at Lemon Grove Library book store (8073 Broadway). 619-466-5270. (LEMON GROVE)

Menghini Winery hosts 21st annual arts, wine, and music festival, Saturday and Sunday, September 29 and 30, 10 a.m.–5 p.m. Sample wine by locally grown and produced wines, art by local artists, live music, bellydancing by Mountain Gypsy troupe. Free admission. Find Menghini at 1150 Julian Orchards Drive. 760-765-2072. (JULIAN)

NBC-TV Travel Expo is Saturday and Sunday, September 29 and 30, 10 a.m.–5 p.m., at San Diego Convention Center (111 West Harbor Drive). Travel tips, seminars, activity centers, travel arrangements, more. Free. 310-301-1818. (DOWNTOWN)

San Diego Bonsai Club hosts annual fall show, Saturday and Sunday, September 29 and 30, 10 a.m.–5 p.m., in room 101 of Casa del Prado. Demonstrations at 11 a.m., 2 p.m. Plant sale includes pots, supplies. 619-699-8776. (BALBOA PARK)

Think Pink Indie Art and Craft Fair, boasting work by local artists and designers is Saturday, September 29, 10 a.m.–4 p.m., at Lou's Records (434 North Coast Highway 101). Clothing, handmade gifts, and art benefiting Keep-A-Breast Foundation. Free admission. 760-753-1382. (LEUCADIA)

Marine-Life Artist, conservation activist Wyland launches "his fourth nationwide campaign for clean water and healthy oceans," Saturday, September 29, 11 a.m.–

2 p.m., at Birch Aquarium at Scripps (2300 Expedition Way). Children visiting museum invited to paint alongside the artist on large community mural. Included in regular admission. 858-534-FISH. (LA JOLLA)

Viking Revelry Promised during Viking Festival 2007, September 29 and 30, at Norway Hall (2006 East Vista Way). Viking log toss competition, axe throwing, *fiske* fling, battle cry competition, Viking battles and encampment, live music, arts and crafts, foods. Fest opens at 11 a.m. each day, closes at 8 p.m. on Saturday, 4 p.m. on Sunday. Admission: \$7 general, free for those 12 and younger; \$11 for two-day pass. 760-724-6592. (VISTA)

"Bali Visions," watercolor and mixed-media work by June Rubin may be seen through October at Tierrasanta Library (4985 La Cuenta Drive). Reception for artist: Saturday, September 29, noon. Free. 858-573-1384. (TIERRASANTA)

Make Space in Your Tack Shed! 2007 Cowboy Swap Meet is Sunday, September 30, 8 a.m.–2 p.m., at McClintock Saddles (25077 Viejas Boulevard). 619-473-8186, 619-445-3946. (ALPINE)

Coronado Art Walk, Sunday, September 30, 11 a.m.–5 p.m., at Coronado Ferry Landing (1201 First Street). Nearly 100 artists display their work for open-air arts festival; Coronado High School students will paint works of art on the spot. Free admission. 619-435-7165. (CORONADO)

Ceremonial Paddle-Outs are "often performed by surfers who wish to...honor those who have given their lives." Veterans who served in any location or capacity during Vietnam War are invited to participate in paddle-out ceremony for those who lost their lives

in Vietnam, Sunday, September 30. Check-in: 11:30 a.m., ceremony at 1 p.m. at Oceanside Pier and Amphitheater (300 North Pacific Street). Events include lunch, traditional Hawaiian music and dancers, ceremonial helicopter fly-over, 21-gun salute. Tickets: \$50 for adults, \$15 for children. 760-707-6831. (OCEANSIDE)

Two Tons of Local Grapes for Stomping! Turquoise Street second annual Grape Stomp and Wine Festival is Sunday, September 30, noon–6 p.m., at Café Bar Europa (873 Turquoise Street). Stomped grapes will be made into wine to be ready to drink in time for the next year's festival; there will be wine and tapas tasting, costume competition, live music by flamenco ensemble Cerro Negro, entertainment. Local wineries will pour variety of wine selections (at minimal cost). Admission is free. 858-488-4200. (PACIFIC BEACH)

Zine Picnic hosted by Grrrl Zines A Go-Go, Sunday, September 30, at 1–4 p.m., on lawn at Sixth Avenue and Laurel Street. Bring zines to make, share, or trade. Supplies provided. Bring food item to share (optional). All ages. Free. 619-282-5469. (BALBOA PARK)

The House of Germany hosts lawn program at International Cottages, Sunday, September 30, 2 p.m. Music, dance, cultural costumes. Food for sale. Free admission. 619-234-0739. (BALBOA PARK)

International Scientific Symposium on Tea and Health was held earlier this month in Washington D.C. Hear latest developments on health benefits of tea during review, discussion on Sunday, September 30, 5 p.m., at Infusions of Tea (8750 Genesee Avenue, suite 258). Free. 858-450-6500. (LA JOLLA)

Ayn Rand's "Mixed Economy vs. Free Market" is topic for

Objectivist Discussion Group, Sunday, September 30, 6 p.m., at Claire de Lune Coffee Lounge (2906 University Avenue). Newcomers welcome. Free. 619-277-5840. (NORTH PARK)

"Bodies...the Exhibition" features more than 250 "real, whole, and partial human body specimens...dissected and preserved," providing up-close looks inside skeletal, muscular, reproductive, respiratory, circulatory, other human body systems. Many whole-body specimens "are dissected in vivid athletic poses."

Exhibit continues through Sunday, November 11, in former Robinsons-May at University Towne Centre (4425 La Jolla Village Drive). Exhibit opens at 10 a.m., closes at 7 p.m. Sunday–Thursday, 10 p.m. Friday and Saturday. Tickets: \$26.50 general, \$21 seniors, \$18 for those 5–12. 877-263-4375. (LA JOLLA)

"Select Mode: Music and Technology Fashion Show" is theme for TNT (Thursday Night Thing) on October 4. Designers from Tijuana and San Diego present original fashions inspired by music and technology; Acamonchi, Tania Candiani, EXIST1981, Grammatique, Mari Morales, Trista Roland, Jorge Sanchez, Sy, Jorge Tellache will showcase their work to sounds of BigStereos's Rchrd Oh?! Fashion-inspired installations by artists Marcela del Norte, Irma Sofia Poeter, Zlatan Vukosavljevic on display. Live performances by "new media artists" PR4GMA VSL and Beatrix*JAR. Party starts at 7 p.m. at Museum of Contemporary Art San Diego (1001 Kettner Boulevard). Donation: \$3. 858-454-3541. (DOWNTOWN)

FOR KIDS

"Peter Rabbit" presented by Puppet Express and Weaver's Tales through Sunday, September 30, in Marie Hitchcock Puppet Theater. Next up: *Max's High Flying Flea Circus* is performed by Old Fashioned Kite Flying Puppeteers, October 3–7. Shows begin at 10 and 11:30 a.m. Wednesday–Friday and at 11 a.m., 1, and 2:30 p.m. on Saturday and Sunday. Find theater at 2130 Pan American Place. Admission: \$3 for children, \$4 seniors, \$5 general. 619-544-9203. (BALBOA PARK)

Tots and Tales, interactive story time for preschoolers at San Diego Humane Society and SPCA involves crafts and animals, Thursday, September 27, 10:30 a.m., at Humane Society (5500 Gaines Street). \$2. Reservations: 619-243-3432. (LINDA VISTA)

What's a "Gock"? Create "goth sock puppets" during "DIY: Crafting for Ages 8–18" program, Thursday, September 27, 4 p.m., at Rancho Peñasquitos Library (13330 Salmon River Road). Free. 858-538-8159. (RANCHO PENASQUITOS)

Happily Ever After? Classic fairy tales are woven together in Stephen Sondheim's Tony Award-winning musical *Into the Woods*, with Cinderella, Red Riding Hood, Jack, and other Grimm characters, in the current production for San Diego Junior Theatre South Bay, through September 30. Recommended for those ten and older.

Performances begin at 7 p.m. on Friday and Saturday, 2 p.m. on Sunday at Theatre on Third (250 3rd Avenue). Tickets: 619-239-8355. (CHULA VISTA)

"Breaking Bread: Foods of the Mediterranean" is theme for family day activities, Saturday, September 29, 10:30 a.m.–3:30 p.m., at San Diego Natural History Museum. Try various Mediterranean dishes, take home recipes for future use, knead bread and mash beans for hummus. Included in regular admission. 619-255-0203. (BALBOA PARK)

Plenty of Mooncakes and Red Bean Ice Cream promised during Chinese Moon Festival, Saturday, September 29, noon, San Diego Chinese Historical Museum (404 Third Avenue). Storytelling, paper cutting of Chinese character for happiness, crafts, games, Chinese calligraphy name-writing. \$2 for adults, free for children. Recommended reservations: 619-338-9888. (GASLAMP QUARTER)

"Inquisitive Minds," park ranger discusses and answers questions about bobcat, raccoon, bones, skins, animal tracks, and Native American artifacts on Saturday, September 29, 4 p.m., at Lake Jennings County Park (10108 Bass Road). Free. 858-565-3600. (LAKESIDE)

Fall Family Day at Maritime Museum is Sunday, September 30, 11 a.m.–4 p.m. Kids may create shell paintings; museum "pirates" will be on hand for swashbuckling fun. Cruise on San Diego Bay aboard *Pilot* boat is included with admission. Adults pay regular admission; children must be accompanied by adult to enter for free. Find museum at 1306 North Harbor Drive, along Embarcadero. 619-234-9153. (DOWNTOWN)

Teen Council Meeting — providing opportunity for those 12–18 to earn community service hours, gain leadership experience, "have a say in programming and material selection for teens" — convenes Wednesday, October 3, 7 p.m., at Rancho Peñasquitos Library (13330 Salmon River Road). Free. 858-538-8159. Repeats October 17. (RANCHO PENASQUITOS)

"Disney's High School Musical — The Ice Tour" hits San Diego Sports Arena, October 12–14. Cast of "world-class ice skaters" in roles of all characters in *High School Musical* including Troy, Gabriella, Sharpay, Ryan, Chad, Taylor; music is from Disney Channel's original *High School Musical* movie and *High School Musical 2*. Performances begin at 7:30 p.m. on Friday; at 11:30 a.m., 3:30, and 7:30 p.m. on Saturday; 1 p.m. on Sunday. Tickets: \$16.50–\$51.50, available through Ticketmaster (619-220-TIXS). (SPORTS ARENA)

MUSEUMS

Heritage Walk Museum, the museum includes the restored Victorian House, the city's original Santa Fe Train Depot, a railroad car with model train, working blacksmith shop, and a barn. Find Heritage Walk in Grape Day Park, at 321 North Broadway; 760-743-8207. (ESCONDIDO)

Magee House Museum, built in 1887 and surrounded by rose gardens, the site includes "one of the last barns still standing in Carlsbad." Docent and self-guided tours of historic house and gardens. Find Magee House at 258 Beech Street; 760-434-9189. (CARLSBAD)

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SPEED DATING

Thursday, September 27

Ages 25-37, 38-48 & 48-62

at **Cendio** in La Jolla

Thursday, October 11

Ages 24-34, 33-45 & 45-58

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Calendar

CLASSICAL MUSIC

Events that are underlined occur after October 4.

HOW TO SEND US YOUR LISTING: Contributions must be received by 5 p.m. Friday the week prior to publication for consideration. Do not phone. Send a complete description of the event, including the date, time, cost, the precise address where it is to be held (including neighborhood), a contact phone number, and a phone number (including area code) for public information to **READER CLASSICAL MUSIC**, Box 85803, San Diego CA 92186. Or fax to 619-881-2401. You may also submit information online at SanDiegoReader.com by clicking on the events section.

CLASSICAL

“Tango Apasionado,” boasting Argentine tango music by chamber music ensemble Camarada and dance by Tango Alma, is theme for concerts on September 28 and 30. Take in these all-Astor Piazzolla concerts on Friday at 7:30 p.m. at Saint Paul’s Cathedral (2728 Sixth Avenue) and on Sunday, September 30, 6 p.m., at Neurosciences Institute (10640 John Jay Hopkins Drive). Tickets for either concert: \$25. 619-231-3702. (MIDDLETOWN, LA JOLLA)

An “Alternative Classical Music Festival”! Enjoy “the next generation of cutting-edge, world-class musicians premiering new works and...compelling music” during fourth annual Carlsbad Music Festival, beginning with concert by Real Quiet on Friday, September 28, 8 p.m. Program includes premiere of work composed for trio by festival founder Matt McBane.

New York-based percussion quartet So Percussion takes stage on Saturday, September 29, 8 p.m., performing works written for them by influential composers, original works by ensemble’s own Jason Treuting, as well as classic percussion ensemble pieces. Pre-concert talk: 7 p.m. Concert follows So Percussion performance and demonstration at 1 p.m. at Museum of Making Music (5790 Armada Drive).

The Calder Quartet returns with concert featuring premiere of piece for string quartet and robotic instruments by Christine Southworth on Sunday, September 30, 2 p.m. (preconcert talk at 1 p.m.).

Except where noted, concerts presented in Schulman Auditorium at Carlsbad Library (1775 Dove Lane). Tickets: \$25 priority, \$15 general, \$8 student rush. 760-809-5501. (CARLSBAD)

“Viennese Choral Concert” with pieces by Schubert, Mozart, Bruckner, Brahms, Johann Strauss planned at Galerie d’Art International (320 South Cedros Avenue, suite 500) on Saturday, September 29. Performers Camila Arnold (soprano) and Fontaine Laing (pianist) are joined by Legacy choral group. Tickets: \$20 in advance, \$23 at door. Reception at 5 p.m., concert at 5:30 p.m., cocktails at 7 p.m. Recommended reservations: 858-793-0316. (SOLANA BEACH)

Civic Organist Carol Williams performs in Spreckels Organ Pavilion

on Sunday, September 30, 2 p.m. Free. 619-702-8138. (BALBOA PARK)

The Franz Liszt Chamber Orchestra, based in Budapest, Hungary, performs for Symphony Series hosted by Fallbrook Music Society on Sunday, September 30, 3 p.m., at Bob Burton Center for the Performing Arts (2400 South Stagecoach Lane). Listen for works by Mendelssohn, Elgar, Liszt, Dvořák, Brahms. Conductor’s preview: 2:30 p.m. Tickets: \$35 general, \$10 students. 760-451-8644. (FALLBROOK)

La Jolla Symphony Youth Competition winners perform their winning repertoire from this year’s competition for mini-concert on Monday, October 1, noon, in Lyceum Theatre at Horton Plaza. Free. Bring lunch! 858-454-5872. (DOWNTOWN)

“Beethoven’s Complete Piano Trios II: The Masterpieces” revealed in concert by Trio Licenza, Thursday, October 4, 12:15 p.m., in French Parlor of Founders Hall, University of San Diego (5998 Alcalá Park). \$10 general. 619-260-4171. (LINDA VISTA)

Los Angeles-Based Composer and Pianist Steve Lockwood performs recent compositions for Concert Hour series with flutist Emily Hay, Thursday, October 4, 12:30 p.m., in Palomar College Performance Lab (room D-10 at 1140 West Mission Road). Free. 760-744-1150 x2316. (SAN MARCOS)

Selections by Mozart, Bernard Heidin, Paquito d’Rivera for string quartet and French horn may be enjoyed when San Diego Chamber Music Society performs for First Thursday Concert in Escondido Library’s Turrentine Room (239 South Kalmia Street) on October 4, 7 p.m. Free. 760-839-4329. (ESCONDIDO)

ART LISTINGS

Events that are underlined occur after October 4.

HOW TO SEND US YOUR LISTING: Contributions must be received by 5 p.m. Friday the week prior to publication for consideration. Do not phone. Send a complete description of the event, including the date, time, cost, the precise address where it is to be held (including neighborhood), a contact phone number, and a phone number (including area code) for public information to **READER ART**, Box 85803, San Diego CA 92186. Or fax to

619-881-2401. You may also submit information online at SanDiegoReader.com by clicking on the events section.

GALLERIES

The Annual Art Faculty Exhibition opens with reception for artists on Tuesday, October 2, 7 p.m., in Hyde Art Gallery at Grossmont College (8800 Grossmont College Drive). Mixed-media show continues through Thursday, October 25. 619-644-7299. (EL CAJON)

ART MUSEUMS

California Center for the Arts Museum, “In Character: Actors Acting: Written, Directed, and Photographed by Howard Schatz” is collection of portraits featuring luminaries from stage and screen mugging for photographer Schatz. “Resulting photographs depict a wide spectrum of emotions.” Images are accompanied by directions Schatz provided during shoot.

“Weaving Connections: Cultural Exchanges During the Southern California Basket Trade, 1880-1940” offers historical look at work of Native American weavers, with bold, inventive basketry designs. Weavers challenged stereotypes by integrating traditional forms with contemporary shapes, imagery.

Juried show “Cultural Fusion: Exploring the Multicultural Influences on the Arts of this Region” includes paintings, mixed-media sculpture, and video art by local artists.

“Silent Ties: New Work by Shauna Peck” boasts pieces in which Peck “utilizes subjects that symbolize freedom and the complexities and subtleties of strength.”

These exhibitions continue through September. The museum is located at 340 North Escondido Boulevard; 760-839-4120. (ESCONDIDO)

Mingei International Museum — North County, “Paper Transformed,” exhibition made up of “Crowning Glory — From Paper Bag Hats by Moses” and “Origami — The Art of Paper Folding” from Mingei’s permanent collection continues. For “Crowning Glory,” Moses created more than 250 hats from paper bags contributed by merchants in his Hawaiian neighborhood. “Origami” boasts nearly 100 examples of traditional and contem-

porary paper folding; exhibition honors acclaimed local paper folder, author, teacher Florence Temko. Find the museum at 155 West Grand Avenue. 760-735-3355. (ESCONDIDO)

Mingei International Museum, currently on display: “American Viewing Stones: Natural Art in an Asian Tradition.” Chinese connoisseurs began using large stones to decorate gardens, courtyards during the Han Dynasty (206 B.C.–A.D. 220); “Scholar’s Rocks” is English name most commonly used for these items. American viewing stone collecting began with first- and second-generation Japanese-Americans who continued traditions of bonsai and *suiseki*.

The “Chinese Woodblock Prints in the Style of the Ten Bamboo Studio” are likely from a 19th-Century edition of *Treatise on Calligraphy and Painting of the Ten Bamboo Studio*. Prints are noteworthy for technique of printing using multiple blocks. Both exhibits close on Tuesday, October 30.

Masterworks from permanent collection are gathered in “The Beauty of Use — Mingei International Museum at 30,” showcasing significant objects from many cultures shown in relationships highlighting similarities and differences among them. Museum has formed a collection of *mingei* now comprising 17,000 objects from 141 countries such as collection of 19th-Century African tribal currency, group of masks including example of Amazonian feather work, ritual objects, selection of monumental containers. Closes Sunday, May 11. The Mingei is located on square with San Diego Museum of Art. 619-239-0003. (BALBOA PARK)

Museum of Photographic Arts, “Picturing Eden,” continuing through Sunday, January 13, examines “many facets of paradise, from a place of contemplation and restoration to a site of loneliness and despair.” Exhibition includes work by more than 30 artists, including Michael Kenna, Sally Mann, Han Nguyen, and Doug and Mike Starn.

“Public Privacy: Wendy Richmond’s Surreptitious Cellphone” is said to explore “how 20th-Century Americans occupy personal spaces while going about their daily lives in the public eye.” Richmond allows viewers to observe people in mundane routines by shooting tiny movies on her cellphone video camera. Closes Sunday, January 6.

Also on view through January 6, “New Light: Selections from MoPA’s Education Programs,” including photographic and multimedia pieces by more than 60 San Diego students.

Find the museum in the Casa de Balboa building, at 1649 El Prado. 619-238-7559. (BALBOA PARK)

Oceanside Museum of Art, fifth juried exhibition of regional artists is “OMA Regional 5,” in which jurors Jean Lowe, Leah Ollman, and Tyler Stallings selected art from over 440 works submitted. The 33 works selected for show include drawings, mixed media, paintings, prints, sculpture. Exhibition continues through Sunday, November 11. Find museum at 704 Pier View Way. 760-721-2787. (OCEANSIDE)

San Diego Museum of Art, “Impressionist Giverny: A Colony of Artists, 1885-1915” showcases more than 100 Impressionist

paintings, with examples by Claude Monet, Theodore Robinson, John Leslie Breck, Frederick Carl Frieseke, Pierre Bonnard, others. “All of the works on display were produced in or near the charming rural village of Giverny, which became a creative mecca for numerous Impressionist painters during the turn of the century.” Through September.

“Contemporary Links 5 — Alex Arrechea: Scalpel and Cotton” includes large-scale photographic based on Diego Rivera’s *Hands of Dr. Moore*; a large sculpture installation involving surveillance cameras and projected image of Rivera’s *Mandrágora*; several large-scale works on paper based on art objects in museum’s Latin American collection. Closes Sunday, October 14.

“Tastes in Asian Art,” continuing through Sunday, November 25, features over 80 new works, many of which have never been displayed before. Highlights include new subsection of sculptures of *lohans* (enlightened monks), newly restored Chinese ancestor portraits, a screen of samurai warriors, an elaborate deck devoted to Tibetan art featuring bronze sculptures, furniture, 18th-Century shrine doors.

“Lyric Visions from Nezami’s *Quintet*,” continuing through Sunday, December 16, includes more than 20 paintings created for or inspired by Nezami’s texts, “among the most celebrated and influential poetic works in all of Persian literature.” Paintings range in date from 15th to 20th Centuries.

For further information, call 619-232-7931. (BALBOA PARK)

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MUSIC SCENE

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Guerrilla Dance Party
“People just sort of stand around and stare,” says Mike Pereira of the San Diego Music Awards. “I wanted to

Electronic category.

“I’m not sure if I fit in that category. It’s true I do make beats on an electronic piece of equipment, but I don’t know if Miami booty bass qualifies as electronic.”

When he didn’t win the Best Electronic award (the Album Leaf did), Mike and his posse stormed the stage

casino with their boom box blasting.

“My deejay, Master Maricón, who was wearing a bright yellow ski suit, was kicked out first. Then there were ten Viejas police surrounding us for no reason. They asked us to leave the premises. They followed us for ten minutes, all the way out with two SUVs, all the way to the end of the reservation....”

Pereira, whose Microphone Mike persona has been around since 1998, says his crew only appears at the Casbah or the Beauty Bar.

“I only play those two places or private house parties. I don’t want to dilute my power.”

The first 17-song, all-local Black Box compilation will be available this week at local record stores.

— Ken Leighton

He Knows the Streets

E-Low recently began a new season of *The Grimmie Wreck TV Show*. Since he was interviewed in “Blurt” one year ago, E-Low says his two-year-old hip-hop show has become profitable.

“I’m paying myself back for what I spent the first year,” he says. According to a spokesman for Cox Communications, the 30-minute program costs “between \$300 to \$400” to air. (Fridays at 11:30 p.m. on Cox South’s channel 14; same time on Time Warner’s channel 12...in October, the Time Warner channel will change.)

E-Low funds the show through advertisers,

including bail-bond companies and club promoters. Local artists and record labels can pay to be



PHOTOGRAPH FROM AVSPACE/GRIMMIE

E-LOW, HARD AT WORK

featured on the show, though E-Low won’t say how much artists pay for the exposure.

“We interview them and let them perform. We might go to a club where they are performing.”

The Grimmie Wreck TV Show focuses on hip-hop, but E-Low says he is open to other styles of music.

“In this town, rap sells more than anything else. We have people making a good living off of making rap records, like Mitchy Slick, Lil B-Stone, and Lil One. We are the media for hip-hop in this town.”

What about local radio stations Z-90 and 98.9?

“What they do is 100 percent wack; 98.9 used to play local acts until they got everyone to listen, then they dropped local acts and went mainstream. And Z-90 acts like local acts don’t even exist. That’s the main reason I started this TV show. Those stations don’t know the

streets.... We have a major stronghold on this town, and a lot of people don’t want to recognize that.”

The Grimmie Wreck TV Show is viewable on videophones via www.xyzmobi.com.

— Ken Leighton

Notes from the Reservation

Though they won the Best Alternative album category at last week’s San Diego Music Awards, the Bloody Hollies were not at Viejas casino to pick up their statuette.

Drummer Matt Bennett says the reason for his band’s absence was because “We were waiting on a girlfriend. We had practice that day.... Some bands are the darlings of press and radio. Everybody knows who they are.

We look at San Diego as one of 100 cities we have to do well in.” The Bloody Hollies leave next month for a three-and-a-half-week tour of Europe.

One big head-scratcher was why Pierce the Veil was asked to perform instead of any better-known bands. “I didn’t know them from you and me,” says Kevin Hellman, who organizes the SDMA. “Each year we try to get someone to play who is not that well known.”

How did the largely unknown Kemistry (with members of Sprung Monkey) win Best New Artist instead of acclaimed bands such as Drowning Men, Society, Burning of Rome, and the Muslims? “It’s a public vote,” explains Hellman. “Anybody can hustle people to vote for them.”

For the first time in three years, the SDMA were not emceed by Troy Johnson, music editor of *City Beat* (a major sponsor of the event). Hellman said he decided to use an offstage announcer instead of an emcee this year. Hellman said he did not know why Johnson didn’t show up.

Last week it was announced in a press release that Johnson “...sold his first book to New York City’s Arcade Publishing.” Set for release next June, the book, titled *Family Outing*, is about being raised by a lesbian mother.

“Back then, there was little to no degree of ‘cool’ associated with homos,” Johnson is quoted as saying

do something that wasn’t so serious.”

So, at the awards ceremony, Microphone Mike (a.k.a. Pereira) and his nine-member crew staged impromptu dance parties in the audience throughout the evening, dancing around the boom box they brought in.

A recording engineer, Pereira is co-owner of Black Box, the Golden Hill studio that has recorded tracks by SDMA nominees Sirhan Sirhan, Transfer, Japanese Sunday, and Goodbye Blue Monday. Pereira says his Microphone Mike alter ego creates music inspired by the ‘80s’ “Miami booty bass” scene led by 2 Live Crew. Microphone Mike was nominated in the Best

anyway.

“I heard my name, and I just expected we would win. I had my two main ho’s and



PHOTOGRAPH BY DEREK PLANK

BOOM GOES BUST FOR MIKE AND CREW

my go-go dancer with me.... I start a dance party wherever I go, but we didn’t get kicked out for that. We got kicked out for being too damn all-around awesome.”

He says Viejas security became confrontational when his crew walked through the



PHOTOGRAPH FROM BLOODYHOLLIES.COM

BLOODY DARLING ENOUGH FOR AN SDMA

in the press release. “Judging by what I heard from the media and even family members, it was hard not to believe I was being raised by a woman who had gotten caught in the psychological wood-chipper and come out a pervert. There was a time when I actually thought my mother might want to give

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me a hand job."

Hellman says this year's SDMA's took in over \$43,000; of that amount, he expects \$25,000 to \$30,000 will be diverted to music education for elementary school students.

— Ken Leighton

Anya 'n' Andy Anya Marina recently appeared on *The Shit Show* Sirius radio program with comedian Andy Dick.

"We made out once. I know you don't like to admit it," Dick told her. "We were drunk and I took advantage of you."

"Well, it wasn't really my choice," Marina replied with a laugh. "I did ask for it, though. I was wearing a



FUNNY GIRL (MARINA)

miniskirt." Marina sang backup on Dick's upcoming all-music album, and the duo performed a bit of one tune, singing, "Loving you is very nice, but not as nice as drugs." Later on in the show,

PHOTOGRAPH BY DAVID LAPORTE

she played her tune about Lindsay Lohan, "Lindsay Goes to Rehab."

Earlier this month, Marina was name-checked in *TV Guide* and on *Entertainment Tonight* after performing at the September 1 wedding of *Grey's Anatomy* star Kate Walsh and film executive Alex Young. Marina played at the couple's rehearsal dinner in Ojai and sang the newlyweds' post-wedding dance song. Music from her album *Miss Halfway* has been featured on *Grey's Anatomy*.

Marina appears Saturday, September 29, at the Adams Avenue Street Fair.

— Jay Allen Sanford

He Could Rap Forever

Local actor and musician Mark Gregg will be missed tomorrow at the San Diego Film Festival's area premiere of *The Pacific and Eddy*, his feature-length acting debut. Instead he will be remembered in a gathering at the Westin Horton Plaza prior to the Pacific Gaslamp's screening of the locally shot film.

The *L.A. Times* "Homicide Report" blog says Gregg "was shot by Los Angeles Police officers in front of 1452 N. Martel Avenue in Hollywood at about 1:35 a.m. July 24 [2007], and died at 1:55 a.m." They were responding to Gregg's attack on a roommate at the rental; the unidentified victim, who survived, later commented on the blog that Gregg "broke the knife in me after he stabbed me several times." After the cops and paramedics arrived to treat the victim, Gregg emerged "and headed towards the police presumably with a new, clean knife (which I could not see)," noted the



MARK GREGG (9/25/81-7/24/07)

opened fire. Gregg, who grew up in Solana Beach, would've turned 26 two days ago.

"If he had a beat, he could rap forever," said Isaac Shedd by phone from the Bay Area. Shedd was Gregg's roommate for two years at the North Carolina School of the Arts. "I have some amazing videotapes of him rapping for two hours. And he always had this friggin' saxophone he'd get out and play. And

PHOTOGRAPH FROM MYSPACE/MARKGREGGEMEMORIAL

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piano... He knew where a piano was within five blocks of anywhere he lived, and he would find a way to go play, all original stuff — a natural."

Matt Nourse, who remembered Gregg's drama chops from their late-'90s days at Torrey Pines High School, cast him in the film. (The film is Nourse's directorial debut.) Nourse recalls Gregg's enthusiasm for local music — he was a huge Three Mile Pilot fan — and noted how much Gregg came to love the music of Nikki Sudden, the underground English indie-glam-rock icon who plays the role of Silhouette in the movie.

"[Mark and Nikki were] both drifter types in the best sense of the expression. Neither of them seemed to worry much about the things that most of us stress out about."

Via e-mail, Gregg's father emphasized his son's trait of having "compassion for the disabled, homeless, and socially isolated."

On the MySpace page Gregg's sister has set up (www.myspace.com/markgreggmemorial), friends and family offer more recollections. Torrey Pines High drama teacher Marinee Payne recalled Gregg as "the

perfect Hamlet." Gregg's mother quotes from *Hamlet* Act 5, Scene 1, in her epitaph on the MySpace page under the lone blog entry "A noble heart": " 'And flights of angels sing thee to thy rest.' Love, Mom"...

— David Stampone

Death to False Metal, Boyee!

"Metal music kept me going for a lot of years," says Tom Wren, creator of locally based online 'zine *Metal Nightmare* (www.metalnightmare.com). The thirtysomething software engineer published the first print edition of *Metal Nightmare* in 1997.

"I decided to be a fist in the face, a 'nightmare,' if you will, to all bands that are tarnishing the once-great and true name of metal," says Wren. He stopped publishing the newsstand editions in 2000, a year after he launched his website. Today, the online editions can feature upwards of 100 CD reviews.

For his website, Wren interviews A-list metal acts, including King Diamond, Bathory, Manowar, and Ronnie James Dio.

Wren invites local metal

bands to send CDs or sound files for review, but with this caveat: "My focus on what is 'metal' and what is not is



WREN IS THE FIST IN THE FACE

pretty well defined and, yes, narrow. That means if you're in some baggy pants wearing, woolly hat sporting, yo yo boyee crap band that thinks you play metal but are really just a hardcore band, then don't waste my time. There is no way you can convince me that you're any good, not even with donations of large sums of cash...death to false metal!"

— Jay Allen Sanford

CONTRIBUTORS

William Crain, Dave Good, Larry Harmon, Michael Hemmingson, Ken Leighton, Ryan Loyko, Derek Plank, Eric Rife, Jay Allen Sanford, David Stampone

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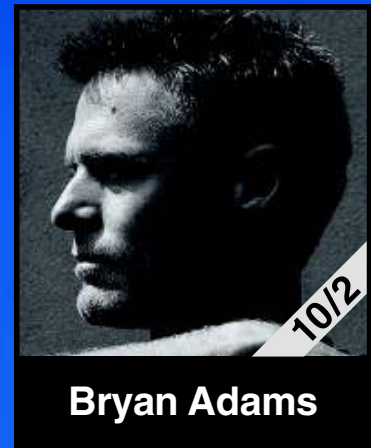
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This Week In Music

Thursday 27

Out of the pit and onto the pogo, Brooklynites !!! bring dance-punk to Canes in Mission Beach tonight. The eight-piece jams angular punk rock into disco grooves and smooths the edge with horns and keys. This year's Warp Record's disc *Myth Takes* was a more song-conscious affair than 2004's *Louden Up Now*, while the music continued to visit funk, dub, and krautrock beats and electronic bleeps. *Myth Takes* fulfills the promise of 2003's breakout hit "Me and Giuliani Down by the Schoolyard." Laptop mash-up artist Gregg Gillis calls himself **Girl Talk** and insists he's not a DJ. The Pittsburgh-based Gillis sings but mostly samples and splices on his Dell and works himself into a lather on stage. Check last year's hit disc *Night Ripper* for a, um, sampler. Gillis and guest, the likeminded **Dan Deacon**,



!!! (CHK CHK CHK) AT CANES

will thrill all-agers at Mira Mesa's Epicentre in Casbah-sponsored sets.... London folk-rocker **Richard Thompson** (of Fairport Convention fame) visits House of Blues. The guitarist/songwriter counts Django Reinhart and Buddy Holly among influences and plays that range. Thompson is on *Rolling Stone's* list of top 20 guitarists of all time. Though he's out in support of this year's *Sweet Warrior* disc, you get a heaping helping of the 58-year-olds 40-year output on last year's *RT* — *The Life and Music of Richard Thompson*.... Indie-rock comers **The National** have sold out Casbah *again*. Matt Berninger's one of the more engaging pop baritones to hit since Ian Curtis. Between the success of last year's *Alligator* and this year's *The Boxer*, it might be time for Mr. Mays to find Berninger and his NYC quintet a bigger venue. See you on the Kettner sidewalk.

Friday 28

Mike Stax has restacked his **Tell-Tale Hearts** for a pair of sets this weekend. The San Diego garage-rock band was a club draw here and abroad in the grunge-heavy '80s for their twirling '60s Brit psychedelia and blues drenched in organ and blown guitar tones. The Hearts will share a Casbah bill Friday night with **Creepy Creeps**, **Viewmasters**, and **Wild Weekend**, and land a stage at Adams Ave. Street Fair on Saturday.... Ken Club'll host alternative acts **Red Octopus**, **A Scribe Amidst the Lions**, and **Astra**. Red Octopus is a prog-influenced trio who lean on bass-and-drum bottom shot through with Gabe Messer's sonic guitar blasts and feedback drones.... NYC's **Lifeguard Nights** will clock in at Scolari's Office Friday night. Think Zappa meets Waits. With Seattle's heavy metal trio **Bacchus**, this is a solid bill for the never-a-cover North Park hangout.... Casbah books Brooklyn dance-rock duo **Matt and Kim** into Epicentre Friday night. Keys, drums, vox, and sugarpops — kids eat 'em up.... South Park's soul collective **Bankhead Press** groove local watering hole Whistlestop. The six-piece welds Steely Dan with R&B.... Stuck at home or in the car, listen up: electronic shapeshifters **Animal Collective** will be featured on NPR's live concert series. Broadcast begins 8:30 p.m. (PST) from Wash., D.C. Expect the Collective's 2007 release *Strawberry Jam* at the top of critics' year-end lists.



TELL-TALE HEARTS AT CASBAH

Saturday 29

Adams Avenue Street Fair floods the 'hood with food and tunes. Saturday stage highlights include roots-rock combos the **Farmers** and **Coyote Problem**, psychobilly songstress **Wanda Jackson**. **Mike Watt!** **Tell-Tale Hearts** and **Agua Dulce**. Bring yer skateboard if you plan on catching them all.... Jean Isaacs's **Trolley Dances**. Nine years they've been doing this along the Metrorail. This year, choreographer Isaacs promises "site-specific" routines as the trolley passes through East Village. (I'd like to see "the Petco.")... Ray Manzarek and Robbie Krieger dust off at 4th&B as **Riders on the Storm**. New singer Brett Scallions of Fuel reportedly affects a convincing Morrison while making the songs his own. What?... Peppy punks the **Nightmares** will set up Tower Bar for

hardcore noisemakers **The Long and Short of It**.... Whistlestop'll host a radio rally and 30-year reunion, paying tribute to SDSU student station KCR. One Nation DJs **Bart Blackstone** and **Atari** spin for the proceedings.

Sunday 30

Adams Ave. Fair day two highlights include Phil Alvin's **Blasters**, **Mario Escovedo Experience**, the **Prayers**, **Sue Palmer**, the **Blasters**, **Candye Kane**, **Al Howard** and **K23**, **Joey Harris**, **Brain Bucket**, and the **Blasters** will be out 34th Street around four-fifteen, in case you missed that.... *What's new pussycat?* Grammy-winning swank crooner **Tom Jones** has been added to Humphrey's line-up. The 67-year-old Welsh singer still wears 'em tight and sings 'em low. *It's not unusual*.... **The Weakerthans** muster up the strength to play Casbah Sunday night. The Canadian folk-pop quartet is touting this week's release of Epitaph disc *Reunion Tour*. Think a less precious Deathcab.... Winston's has got **Jose Sinatra's OB-oke** on Sunday nights. Go on and grab the mic, chicken.... If you missed **Okkervil River** at Casbah earlier this month, catch up with Austin's hottest property live on NPR Sunday night (www.npr.org for more info.).



TOM JONES AT HUMPHREY'S

Monday 1

Couple of classics in town Monday night, as Canadians **Frank Marino** and **Mahogany Rush** bring '70s hard rock to Belly Up and Jefferson Airplane/Hot Tuna guitarist **Jorma Kaukonen** visits Bay Area psych-n-folk upon House of Blues.... Casbah's Anti-Monday League welcomes Brazilian club kids **Bonde de Role**. The three MCs mash and rap to guerilla-disco beats with a Beasties-style vibe. They're joined by Milwaukee's x-rated thrash rapper **Juiceboxxx**.

Tuesday 2

Belly Up has the bill of the night: Austin's psychedelic droners the **Black Angels**. The Angels share aesthetic with '60s supplants Brian Jonestown, the slow-pop of Warlocks, and fuzzed-out BRMC, with whom they've toured. This year's west-coast swing is shared with **Spindrift**, similarly affected if spaghetti western-flavored — good stuff to read Cormac McCarthy by.... It's Tiki Tuesday at Bar Pink Elephant, and who better to take the stage than **Cheap Leis**. Former pro-skater and Lee Rocker guitarist Adrian Demail fronts the uke band, which features local rocker O. (Olivelawn, fluf, Reeve Oliver). The Leis'll swing a lounge-y cocktail of old-school Hawaiian music at the newly established North Park bar.... While up the street at Scolari's Office, Seattle punk quintet **The Cops** preview material from upcoming Mt. Fuji full-length *Free Electricity*. They're joined by Seattle power-poppers **Tacocat**. Singer Emily rocks the tambourine and the kazoo.

Wednesday 3

Broken Social Scenesters Emily Haines and James Shaw make up half of electro-rock band **Metric**, who'll deliver pop hooks to House of Blues Wednesday night. Metric trade in power pop vocals over no-wave beats, synths, guitars, à la fellow Canadians New Pornographers, though the quartet lacks the Pornographers punch or parts. Metric boils the artifice out of BSS's songbook. For an earlier glimpse, Metric released the spare *Grow*



METRIC AT HOUSE OF BLUES

Up and Blow Away, late-'90s demos by Haines and Shaw.... Beauty Bar will host a Metric after-party with Feel the Noise DJs **Gabe Vega** and **Saul Q**.... Folkie Texan **Michelle Shocked** drops in on Little Italy supper club Anthology. The guitarist/ vocalist is personal, political, and spiritual. This year's *toHEAVENuRIDE* is a live take from the 2003 Telluride Blugrass Festival in which Shocked unleashed traditional gospel on the roots-rock crowd.

— Barnaby Monk

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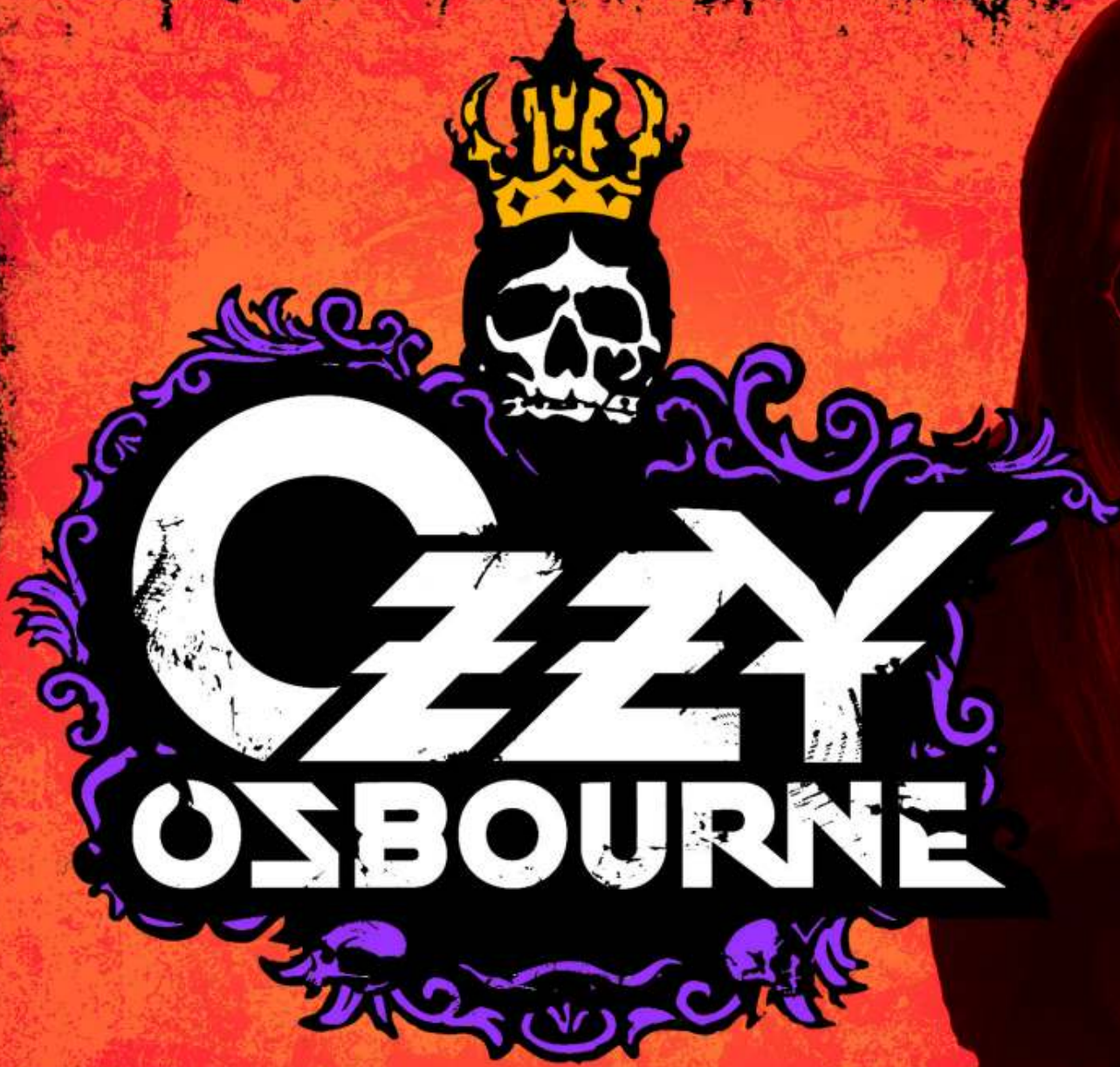
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Flow with It

"If you see a woman walking dogs through Balboa Park and rapping away, it's probably me."

Hip-hop artist MC Flow — a.k.a. Abby Schwartz — raps about politics and women's issues. She grew up in New York City and moved to San Diego in 2000 at the age of 30 to study holistic medicine at Pacific College of Oriental Medicine in Mission Valley. "I left my master's program to go into treatment for anorexia," she says. "Through the process of healing and empowering myself, I found my voice and began writing spoken word and performance pieces based on issues surrounding women and body image."

She started her MC career performing open-mike nights at coffeehouses like Claire de Lune and Lestat's. "When I first began, I joined a networking group called the Community," she says, "and my first shows were with that group of artists. We get together regularly to share demos, talk about hip-hop, and listen to music." MC Flow is frequently joined onstage by fellow performers Lauren DeRose, Taylor-Tay, and dancer G.G. Schwartz, and she's working on new music with singer-songwriter Jason Mraz, with her first album planned for release later this year.

Though she recently won a 2007 San Diego Music Award for Best Hip-Hop, she says rapping doesn't yet pay her bills. "I work as a dog-walker and pet-sitter, and I love my job. It provides me with flexibility to do shows, and I walk around all day listening to my iPod. If you see a woman walking dogs through Balboa Park and rapping away on high volume, it's probably me." MC Flow appears October 27 at Static Lounge on Broadway.

WHAT'S IN YOUR CD PLAYER?

1. M.I.A., *Kala* ("One of the most exciting female artists on the scene. I love this album because it is unique, political, and full of crazy beats that

make you want to get up and dance.")

2. Kanye West, *Graduation* ("I appreciate its positivity and playfulness, and I love to blast it in my car while I'm rolling down the five.")

3. Brandi Carlile, *The Story* ("Her voice is incredible, and her lyrics are so heartfelt that you can't help but get lost in this album.")

4. Joshua Radin, *We Were Here* ("This is romantic, mellow folk-rock — perfect for make-out sessions.")

5. Pema Chodron, *Bodhisattva Mind* ("An audio-book series from American Buddhist nun Pema Chodron about the pursuit of ending suffering — not only for oneself, but for all beings.")

LISTS

JAY ALLEN SANFORD

DESERT-ISLAND DVDs?

1. *Tupac: Resurrection* ("An incredible documentary about Tupac's life and passions.")

2. *Stealing Beauty* ("Beautiful film about an American girl spending the summer in Italy that reminds me of living in Florence during my college years.")

3. *Zoolander* ("Poses the most important question in life: Have you ever wondered if there was more to life other than being really, really, ridiculously good looking?")

4. *Da Ali G Show: Season One* ("Nothing makes me laugh harder.")

FAVORITE LOCAL HANGOUT SPOTS?

1. The Rubber Rose, North Park: "This is San Diego's only female-owned sexuality boutique and pretty much my favorite place in San Diego. The owners, Lea and Carly, have great taste in merchandise and throw great parties and music shows in the gallery."

2. The Turf Club, Golden Hill: "This is one of my favorite spots in my 'hood. Strong drinks, cheap food, and always a hell of a good time."



MC Flow

PHOTOGRAPH BY BLUENE GRAFIX

3. Ono Sushi, Hillcrest: "I'm a sushi lover through and through, and Ono is my favorite sushi spot in town. It's also home to my favorite drink, the Ono-tini. I get a few of those in me, and a good night is pretty much guaranteed."

WILDEST THING DONE WHILE UNDER THE INFLUENCE?

"My friends and I were celebrating my 30th birthday down in Mexico, and I was dared to make an appearance at the party wearing nothing but my birthday suit and a birthday crown. I did it, and I wasn't even that drunk."

IF YOU COULD LUNCH WITH ANYONE, IT'D BE...

"Rick Rubin, so I could ask him to produce my first full-length album."

KANYE OR 50 CENT?

"Oh, that's easy: Kanye, 100 percent! I think he's the better rapper, and I appreciate his outspokenness on political and social issues."

WORST JOB YOU'VE EVER HAD?

"Selling shoes at an upscale boutique in Cambridge, Massachusetts, one summer while I was in college. First, any job involving feet is no fun. Second, any job involving rich women asking you to run up and down the stairs a hundred times is no fun. The lowest moment was when we had a flood in the basement, where all the shoes were stored — we had to go downstairs, change into giant rain boots, and wade through the water to get the clients' shoes. Then we were expected to come back upstairs and act as if nothing was out of the ordinary. Not a good day at the office."

BIGGEST POLITICAL CONCERN?

"Definitely the upcoming presidential election and the importance of getting a Democrat into office. On a more specific note, I have to stress the importance of supporting gay marriage, the way Mayor Jerry Sanders recently did. I don't think that our government has the right to decide which love-relationships are valid and which are not." ■

Live Music...

Thurs., September 27
from 9 pm and
Every Thursday

Open Mic Night with Micki

Fri., September 28
7 pm-12 am

Jerome Dawson with Wazabe Blues

Sat., September 29
9:30 pm-close • Reggae Rock

Sandollar

Wed., October 3
from 8 pm and
Every Wednesday

Karaoke Night with Greg McGee

Fri., October 5
7 pm-12 am
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Peter Johansen

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Thursday, September 27

Michele Lundeen

Friday, September 28
Uplift
Reggae

Saturday, September 29

Triple Shot

Sunday, September 30

Rick Ross Jazz Trio

Monday, October 1

Mick Overman

Tuesday, October 2

Adrienne Nims

Wednesday, October 3

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The Casbah Presents
Matt & Kim

Sat., September 29 • \$9
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War Stories
Music For Animals
A Midday Atlantic
Love Campaign

Sat., October 6 • \$9
Deformity
Scenester Holocaust
Stiletto Silhouette

Fri., October 19 • \$9
Longstay
and more!

Fri., October 26 • \$14
The Casbah Presents
The Good Life

Thurs., November 8 • \$10/\$12
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Open Mic

Friday, Sept. 28

Nate Donnis

Saturday, Sept. 29

Independent Film

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10/5: **TBA**

10/6: **Independent Film**

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Saturday, September 29

VITRO
FEVER SLEEVES
CHANNING COPE

Friday, October 5
THE DROWNING MEN
REPUBLIC OF LETTERS
THE AIRLINES
STRIPES AND LINES

Saturday, October 6
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ROXY JONES
APES OF WRATH

Saturday, October 13
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Calendar CONCERTS

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THIS WEEK'S CONCERTS

THURSDAY

Trisha Yearwood: Humphrey's
Concerts by the Bay, Thursday,
September 27, 2241 Shelter Island Drive,
Shelter Island.

Marco Antonio Solis: Palomar
Starlight Theater, Thursday, September
27, 5 miles east of I-15 on Hwy 76, Pala.
760-510-4580.

Richard Thompson: House of Blues,
Thursday, September 27, 1055 Fifth
Avenue, Gaslamp. 619-299-2583.

FRIDAY

The Dave Matthews Band: Coors
Amphitheatre, Friday, September 28,
2050 Entertainment Circle, Chula Vista.
619-671-3600.

Kenny G: Palomar Starlight Theater,
Friday, September 28, 5 miles east of I-15
on Hwy 76, Pala. 760-510-4580.

Frankie Valli & the Four Seasons:
Humphrey's Concerts by the Bay, Friday,
September 28, and Saturday, September
29, 2241 Shelter Island Drive, Shelter
Island.

Dredg: Soma, Friday, September 28,
3350 Sports Arena Boulevard, San Diego.
619-226-7662.

SATURDAY

Rick Springfield: Palomar Starlight
Theater, Saturday, September 29, 5 miles
east of I-15 on Hwy 76, Pala. 760-510-
4580.

"Adams Avenue Street Fair":
Adams Avenue, Saturday, September 29,
and Sunday, September 30, between
Bancroft Street and 35th Street, Normal
Heights. 619-282-7329.

SUNDAY

Yung Berg: 'Canes, Sunday, September
30, 3105 Ocean Front Walk, Mission
Beach. 858-488-1780.

Tom Jones: Humphrey's Concerts by
the Bay, Sunday, September 30, 2241
Shelter Island Drive, Shelter Island.

TUESDAY

Bryan Adams: Palomar Starlight
Theater, Tuesday, October 2, 5 miles east
of I-15 on Hwy 76, Pala. 760-510-4580.

WEDNESDAY

Hootie & the Blowfish:
Humphrey's Concerts by the Bay,
Wednesday, October 3, 2241 Shelter
Island Drive, Shelter Island.

Daughtry: Viejas Casino Concerts in
the Park, Wednesday, October 3, 5005
Willows Road, Alpine. 619-445-5400.

UPCOMING CONCERTS

OCTOBER

They Might Be Giants: House of
Blues, Thursday, October 4, 1055 Fifth
Avenue, Gaslamp. 619-299-2583.

Air Supply and **Christopher Cross:**
Humphrey's Concerts by the Bay, Friday,
October 5, 2241 Shelter Island Drive,
Shelter Island.

The Steve Miller Band: Palomar
Starlight Theater, Friday, October 5, 5
miles east of I-15 on Hwy 76, Pala.
760-510-4580.

Tom Russell:
AcousticMusicSanDiego, Friday, October
5, 4650 Mansfield Street, Normal
Heights. 619-303-8176.

Alice Cooper: Spreckels Theatre,
Friday, October 5, 121 Broadway,
downtown. 619-235-9500.

"Karlfest" with **Dirty Sweet,**
Transfer, and more: Karl Strauss
Brewery, Saturday, October 6, 5985 Santa
Fe Street, Pacific Beach.

Steve Tyrell: Humphrey's Concerts by
the Bay, Sunday, October 7, 2241 Shelter
Island Drive, Shelter Island.

Styx: Viejas Casino Concerts in the
Park, Sunday, October 7, 5005 Willows
Road, Alpine. 619-445-5400.

Pat Monahan: House of Blues,
Sunday, October 7, 1055 Fifth Avenue,
Gaslamp. 619-299-2583.

Adema and **12 Stones:** Soma,
Sunday, October 7, 3350 Sports Arena
Boulevard, San Diego. 619-226-7662.

Nellie McKay: The Casbah, Monday,
October 8, 2501 Kettner Boulevard, San
Diego. 619-232-4355.

Annie Lennox: San Diego Civic
Theatre, Monday, October 8, Third
Avenue and B Street, 619-570-1100.

The Black Crowes: 4th & B, Tuesday,
October 9, 345 B Street, San Diego.
619-231-4343.

Perry Farrell's Satellite Party:
'Canes, Thursday, October 11, 3105
Ocean Front Walk, Mission Beach.
858-488-1780.

**Darol Anger's Republic of
Strings:** AcousticMusicSanDiego,
Friday, October 12, 4650 Mansfield
Street, Normal Heights. 619-303-8176.

Big Head Todd & the Monsters
and **Collective Soul:** 4th & B, Friday,
October 12, 345 B Street, San Diego.
619-231-4343.

"Concert of Hope" with **B.B. King,**
George Thorogood, Paul
Rodgers, and more: Open Air Theatre,
Friday, October 12, SDSU campus,
College Area. 619-594-6947.

The Tragically Hip: 4th & B,
Saturday, October 13, 345 B Street, San
Diego. 619-231-4343.

Pat Benatar & Neil Giraldo: House
of Blues, Sunday, October 14, 1055 Fifth
Avenue, Gaslamp. 619-299-2583.

Alan Jackson and **Brooks & Dunn:**
Coors Amphitheatre, Sunday, October
14, 2050 Entertainment Circle, Chula
Vista. 619-671-3600.

Dashboard Confessional: Soma,
Sunday, October 14, 3350 Sports Arena
Boulevard, San Diego. 619-226-7662.

Martin Sexton: Belly Up Tavern,
Sunday, October 14, 143 South Cedros
Avenue, Solana Beach. 858-481-8140.

The Cult: Pala Events Center,
Wednesday, October 17, 5 miles east of I-
15 on Hwy 76, Pala. 760-510-4580.

Keali'i Reichel: Humphrey's Concerts
by the Bay, Thursday, October 18, and
Friday, October 19, 2241 Shelter Island
Drive, Shelter Island.

Jimmy Eat World: House of Blues,
Friday, October 19, 1055 Fifth Avenue,
Gaslamp. 619-299-2583.

Laurence Juber:
AcousticMusicSanDiego, Saturday,
October 20, 4650 Mansfield Street,
Normal Heights. 619-303-8176.

Electric Six: The Casbah, Saturday,
October 20, 2501 Kettner Boulevard, San
Diego. 619-232-4355.

Lifeshouse: House of Blues, Sunday,
October 21, 1055 Fifth Avenue, Gaslamp.
619-299-2583.

Jennifer Lopez and **Marc**
Anthony: Cox Arena, Wednesday,
October 24, SDSU campus, College Area.
619-594-0429.

Boys Like Girls: House of Blues,
Wednesday, October 24, 1055 Fifth
Avenue, Gaslamp. 619-299-2583.

Chevelle: Soma, Wednesday, October
24, 3350 Sports Arena Boulevard, San
Diego. 619-226-7662.

Harry Manx: AcousticMusicSanDiego,
Thursday, October 25, 4650 Mansfield
Street, Normal Heights. 619-303-8176.

The Melvins: The Casbah, Thursday,
October 25, 2501 Kettner Boulevard, San
Diego. 619-232-4355.

The Pogues: 4th & B, Friday, October
26, 345 B Street, San Diego. 619-231-
4343.

John Stewart:
AcousticMusicSanDiego, Friday, October
26, 4650 Mansfield Street, Normal
Heights. 619-303-8176.

Dave Matthews Sept. 28

Tom Jones Sept. 30

Queen "It's a Kinda Magic"
Oct. 3

Hootie & the Blowfish Oct. 3

Styx Oct. 7

Annie Lennox Oct. 8

Carlos Mencia Oct. 14

Brooks & Dunn Oct. 14

Jennifer Lopez &
Marc Anthony Oct. 24

Bobby Caldwell Oct. 27

RBD Oct. 27

Tegan & Sara Oct. 30

David Sedaris Oct. 31

Sugarland Nov. 2

WWE Nov. 3

Hannah Montana Nov. 8

Maroon 5 Nov. 9

"Jersey Boys"

San Diego Civic Theatre • October 18-November 11



Gwen Stefani

October 30

Kelly Clarkson Nov. 16

"You Can Dance" Nov. 19

Trans-Siberian Orchestra
Nov. 19

Ozzy Osbourne/Rob Zombie
Nov. 20

Alejandro Sanz Nov. 21

Van Halen Nov. 25

Fall Out Boy Dec. 1

Decemberists Dec. 1, 2

Andre Rieu Dec. 5

Tori Amos Dec. 12

The Cure June 3, 2008

"Doodlebops Live"
March 2

Padres Playoffs!
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OCTOBER 1

METRIC



CRYSTAL CASTLES

OCTOBER 3

they might be giants



OPPENHEIMER

OCTOBER 4

Vane and Vestal Witches Present:



tURBO NEGRO


OCTOBER 5

PAT MONAHAN
THE VOICE THAT DRIVES THRU
LAST OF SEVEN TOUR



OCTOBER 7

MODERATO



OCTOBER 9

COMEDIANS OF COMEDY

WITH COMEDIANS
Ratton Oswalt,
Brian Posehn,
Maria Bamford
with special
guests:
Jasper Reed,
Brent Weinbach



OCTOBER 10

GALLAGHER



OCTOBER 11

PRODUCED BY JAGGED WITH FREIGHTMAN PRODUCTIONS

DAVID CROWDER BAND



OCTOBER 12

WEIRD AL YANKOVIC



OCTOBER 13

PAT BENATAR



OCTOBER 14

Michael Ian Black
Michael Showalter



OCTOBER 15

ZUCCHERO



OCTOBER 16

drowning pool



OCTOBER 18

THE TOMMY CASTRO BAND
RONNIE BAKER BROOKS
MAGIC DICK & DEANNA BOGART



OCTOBER 20

LIFHOUSE



OCTOBER 21

TOURZILLA
BOYS LIKE GIRLS



OCTOBER 24

GRAMMY AWARD WINNER
FRAMPTON



OCTOBER 26

Back of the Mind
Madball, Viva Hate, Sinking Ships,
Last of the Believers, Down to Nothing



OCTOBER 28

g **glassjaw**



OCTOBER 29

HISTORY OF
DJ KRUSH



OCTOBER 30

ARCHITECTURE
IN
HAVSINK!



NOVEMBER 2

HANSON THE WALK TOUR



NOVEMBER 3

Jim Morrison
Celebration - Featuring
wild child
An Amazing Doors Recreation Live



NOVEMBER 30

HOB FIFTH AVE SIDE STAGE

HOUSE OF BLUES

9/29 STEPHEN KELLOGG & THE SIXERS WITH MOZELLA

10/25 JOKES N' JAMBALAYA FEATURING SABASTIAN (FROM VINCE VAUGHN COMEDY TOUR) TICKET PRICE INCLUDES DINNER BUFFET!

11/3 STATE RADIO

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11/5 AN EVENING WITH WEEN	11/26 TRAVIS
11/7 GIN BLOSSOMS	12/2 CHIMAIRA
11/8 SHE WANTS REVENGE	12/4 & 12/5 SOCIAL DISTORTION
11/9 STARS	12/14 UNWRITTEN LAW
11/10 B-SIDE PLAYERS	12/22 KOTTMOUTH KINGS
11/11 DAVE MASON	12/31 REVEREND HORTON HEAT WITH HANK III AND NASHVILLE PUSSY
11/13 BAYSIDE	1/22 EXODUS
11/16 SILVERCHAIR	1/24 BRUCE FOXTON & RICK BUTLER (FROM THE JAM)
11/18 PUDDLE OF MUDD	
11/19 AMON AMARTH	
11/20 DOWN	
11/23 & 24 NEW FOUND GLORY/SENSES FAIL	

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NOVEMBER 7

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DECEMBER 1

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THE DOORS

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MONSTER IN THE MACHINE

SEPTEMBER 29

LAST COMIC STANDING

OCTOBER 4

Justice

MIDNIGHT JUGGERNAUTS

OCTOBER 7

KEYSHIA

OCTOBER 8

The Black Crowes

BUTCH BELLER

OCTOBER 9

SIG HEAD TOGO AND THE MONSTERS

OCTOBER 12

the Tragically Hip

OCTOBER 13

THE POGUES

LIVE IN CONCERT

OCTOBER 26

COMING SOON

10/20	BOB GOLUB PRESENTS A TWISTED NIGHT OF COMEDY	11/8	HENRY ROLLINS "PROVOKED"
10/30	HIP HOP LIVE FEATURING GHOSTFACE KILLAH, RAKIM, BROTHER ALI	11/11	THE SWELL SEASON
11/2	JOE ROGAN	11/18	D.L. HUGHLEY
11/3	BILL BELLAMY	11/27	IRON AND WINE
		11/30	JOHN BUTLER TRIO W/ BRETT DENNEN
		12/29	KC & THE SUNSHINE BAND
		2/8	PAULA POUNDSTONE

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NOVEMBER 7 & 8

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JOHN PINETTE
GRAND CABARET AT PALA CASINO
OCTOBER 9

LOUIS C.K.
SPRECKELS THEATRE
OCTOBER 12

FRANK CALIENDO
SPRECKELS THEATRE
OCTOBER 19

Trans-Siberian Orchestra

Winter Tour 2007

NOVEMBER 19

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Calendar

CONCERTS

Peter Frampton: House of Blues, Friday, October 26, 1055 Fifth Avenue, Gaslamp. 619-299-2583.

Bobby Caldwell: Spreckels Theatre, Saturday, October 27, 121 Broadway, downtown. 619-235-9500.

The Wallflowers: Viejas Casino DreamCatcher Show Room, Saturday, October 27, 5000 Willows Road, Alpine. 619-445-5400.

Glassjaw: House of Blues, Monday, October 29, 1055 Fifth Avenue, Gaslamp. 619-299-2583.

Tegan and Sara: Spreckels Theatre, Tuesday, October 30, 121 Broadway, downtown. 619-235-9500.

Gwen Stefani: Cox Arena, Tuesday, October 30, SDSU campus, College Area. 619-594-0429.

Ghostface Killah: 4th & B, Tuesday, October 30, 345 B Street, San Diego. 619-231-4343.

NOVEMBER

Terri Hendrix: AcousticMusicSanDiego, Friday, November 2, 4650 Mansfield Street, Normal Heights. 619-303-8176.

Sugarland: San Diego Sports Arena, Friday, November 2, 3500 Sports Arena Boulevard, 619-224-4171.

Hanson: House of Blues, Saturday, November 3, 1055 Fifth Avenue, Gaslamp. 619-299-2583.

Ellis Paul: AcousticMusicSanDiego, Sunday, November 4, 4650 Mansfield Street, Normal Heights. 619-303-8176.

Circa Survive: Soma, Sunday, November 4, 3350 Sports Arena Boulevard, San Diego. 619-226-7662.

Ween: House of Blues, Monday, November 5, 1055 Fifth Avenue, Gaslamp. 619-299-2583.

The Gin Blossoms: House of Blues, Wednesday, November 7, 1055 Fifth Avenue, Gaslamp. 619-299-2583.

Hanna Montana and **Miley Cyrus:** San Diego Sports Arena, Thursday, November 8, 3500 Sports Arena Boulevard, 619-224-4171.

She Wants Revenge: House of Blues, Thursday, November 8, 1055 Fifth Avenue, Gaslamp. 619-299-2583.

The Hold Steady: 'Canes, Thursday, November 8, 3105 Ocean Front Walk, Mission Beach. 858-488-1780.

Maroon 5: Cox Arena, Friday, November 9, SDSU campus, College Area. 619-594-0429.

Junior Reid: 'Canes, Friday, November 9, 3105 Ocean Front Walk, Mission Beach. 858-488-1780.

Gabriel Iglesias: Viejas Casino DreamCatcher Show Room, Saturday, November 10, 5000 Willows Road, Alpine. 619-445-5400.

Dave Mason and **John Mayall & the Bluesbreakers:** House of Blues, Sunday, November 11, 1055 Fifth Avenue, Gaslamp. 619-299-2583.

Jake Shimabukuro: Belly Up Tavern, Sunday, November 11, 143 South Cedros Avenue, Solana Beach. 858-481-8140.

Sergio Mendes: Viejas Casino DreamCatcher Show Room, Sunday, November 11, 5000 Willows Road, Alpine. 619-445-5400.

Peter, Paul, and Mary: California Center for the Arts, Friday, November 16, 340 N. Escondido Boulevard, Escondido. 800-988-4253.

Silverchair: House of Blues, Friday, November 16, 1055 Fifth Avenue, Gaslamp. 619-299-2583.

Kelly Clarkson: San Diego Civic Theatre, Friday, November 16, Third Avenue and B Street, 619-570-1100.

Suzanne Vega: Belly Up Tavern, Saturday, November 17, 143 South Cedros Avenue, Solana Beach. 858-481-8140.

Clint Black: California Center for the Arts, Saturday, November 17, 340 N. Escondido Boulevard, Escondido. 800-988-4253.

Erin McKeown: AcousticMusicSanDiego, Saturday,

November 17, 4650 Mansfield Street, Normal Heights. 619-303-8176.

Al McKay: Poway Center for the Performing Arts, Saturday, November 17, 15498 Espola Road, Poway, 858-748-0505.

Eliza Gilkyson: AcousticMusicSanDiego, Sunday, November 18, 4650 Mansfield Street, Normal Heights. 619-303-8176.

Puddle of Mudd: House of Blues, Sunday, November 18, 1055 Fifth Avenue, Gaslamp. 619-299-2583.

Down: House of Blues, Tuesday, November 20, 1055 Fifth Avenue, Gaslamp. 619-299-2583.

Alejandro Sanz: Cox Arena, Wednesday, November 21, SDSU campus, College Area. 619-594-0429.

New Found Glory and **Senses Fail:** House of Blues, Saturday, November 24, and Sunday, November 25, 1055 Fifth Avenue, Gaslamp. 619-299-2583.

Van Halen: Cox Arena, Sunday, November 25, SDSU campus, College Area. 619-594-0429.

Big Bad Voodoo Daddy: House of Blues, Sunday, November 25, 1055 Fifth Avenue, Gaslamp. 619-299-2583.

Travis and **Maximo Park:** House of Blues, Monday, November 26, 1055 Fifth Avenue, Gaslamp. 619-299-2583.

Iron and Wine: 4th & B, Tuesday, November 27, 345 B Street, San Diego. 619-231-4343.

DECEMBER

Lucy Kaplansky: AcousticMusicSanDiego, Saturday, December 1, 4650 Mansfield Street, Normal Heights. 619-303-8176.

Fall Out Boy: San Diego Sports Arena, Saturday, December 1, 3500 Sports Arena Boulevard, 619-224-4171.

The Decemberists: Spreckels Theatre, Saturday, December 1, and Sunday, December 2, 121 Broadway, downtown. 619-235-9500.

Shonen Knife: The Casbah, Friday, December 7, 2501 Kettner Boulevard, San Diego. 619-232-4355.



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WEDNESDAY, OCTOBER 10	THURSDAY, OCTOBER 11
 REDMAN	 Satellite Party live in concert special guest MINK
SATURDAY, OCTOBER 13	FRIDAY, OCTOBER 19
 Tribute to the Cure RADIOSTAR	 40 OUNCES TO FREEDOM (Sublime Tribute) SIX REASONS CONSPIRACY OF THOUGHT
SATURDAY, OCTOBER 20	WEDNESDAY, OCTOBER 24
 STRANGER ROOTS COVENANT	 PHAROAHE MONCH
SATURDAY, OCTOBER 27	UPCOMING
 DEAD MAN'S PARTY Oingo Boingo Tribute MANGANISTA	11/8 The Hold Steady • Art Brut 11/9 Junior Reid 11/10 Little Brother 11/11 M.I.A. 11/14 Mims
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Calendar CONCERTS

Marc Cohn: Belly Up Tavern, Saturday, December 8, 143 South Cedros Avenue, Solana Beach. 858-481-8140.

Tori Amos: Copley Symphony Hall, Wednesday, December 12, 1245 Seventh Avenue, downtown. 619-235-0804.

Chimaira: House of Blues, Wednesday, December 12, 1055 Fifth Avenue, Gaslamp. 619-299-2583.

Unwritten Law: House of Blues, Friday, December 14, 1055 Fifth Avenue, Gaslamp. 619-299-2583.

K.C. & the Sunshine Band: 4th & B, Saturday, December 29, 345 B Street, San Diego. 619-231-4343.

FEBRUARY

Al Stewart: California Center for the Arts, Saturday, February 2, 340 N. Escondido Boulevard, Escondido. 800-988-4253.

JUNE

The Cure: Cox Arena, Tuesday, June 3, SDSU campus, College Area. 619-594-0429.

Calendar CLUBS

DANCE

If you would like to include your DJ event, e-mail sellis@nethere.com or submit a listing online at SanDiegoReader.com by clicking on the music section. Deadline is 5 p.m. Friday, the week prior to publication. The listings are free.

Air Conditioned: Wednesdays, *Club Nigel*, Steve West and DJ SG spin the '80s you love. Thursdays, *Too Cool for School*,

old-skool hip-hop, '80s, and funk. Fridays, rare groove, funk, and disco. Saturdays, *Cocktail Party*. Sundays, guest DJ night. Mondays, *House of Rep*, hip-hop and funk and soul. 4673 30th Street, North Park. 619-501-9831.

Beauty Bar: Fridays, *Feel the Noise*, electronic dance rock beats. 4746 El Cajon Boulevard, Talmadge. 619-516-4746.

Brass Rail: Third Thursday of the month, *Pussy Galore*, live bands with DJ Robin Roth spinning electro, indie, and '80s. Second Friday of the month, *Club Fashion Whore*, fashion show and discotheque. Fourth Friday of the month, *Sabbat*, '80s retro night with DJs Harlot, Liquid Grey, and guests. 3796 Fifth Avenue, Hillcrest. 619-298-2233.

Candelas: Thursdays, deep soulful house by DJ ALA and guests. 416 Third Avenue, downtown. 619-702-4455.

The Flame: Second and fifth Saturday of the month, *Sabbat*, gothic, industrial, and dark '80s with DJs Robin Roth and Adam Atom. 9 p.m. to 2 a.m.; 21 and up. 3780 Park Boulevard, Hillcrest. 619-295-4163.

Inferno Young Adult Nightclub: Fridays and Saturdays, DJ Kool T spins Top 40, techno, and '80s. 9 p.m. to 1:15 a.m., high school students and up. 775 Metcalf Street, Escondido. 760-741-1271.

Kadan: First Saturday of the month, *BrokenBeat Night*, live electronic, crunk, and glitch hop. 9 p.m. to 2 a.m.; 21 and up. No cover. 4696 30th Street, North Park. 619-640-2500.

The Kava Lounge: Saturdays, *Ascension*, underground dance music with DJs Robin Roth and Tom King. Wednesdays, *Mixtape Sessions*, hip-hop, downtempo, and breakbeat with DJs Mada and Ricky Wrecks. No cover. 2812 Kettner Boulevard, Middletown. 619-543-0933.

Mission Valley Resort: Thursdays (18 and up) and Fridays (21 and up), *La Maraca*, merengue, cumbia, and reggaeton. 9 p.m. 875 Hotel Circle South, Mission Valley. 619-298-8281.

Moondoggies Pacific Beach: Saturdays, *What's Good* with DJs Enigma and Cisco. Hip-hop, R&B, and Top 40.

9 p.m. No cover. 832 Garnet Avenue, Pacific Beach. 858-483-6550.

Static Lounge: First Friday of the month, *West Coast Mash Up*, drum 'n' bass, jungle, and ragga. Fourth Friday of the month, *Club Pop Noir*, electro, '80s, and indie with DJ Groundfloor and Edgartronic. 634 Broadway (between Sixth and Seventh Avenue), downtown. 619-544-1609.

Whiskey Girl: Fridays and Saturdays, DJ Marc Thrasher mixes music videos. Sundays, *10 Spot Sundays*, DJ Famous Dave mixes video requests. Mondays, *Manic Mondays*, DJ Marc Thrasher mixes '80s and '90s videos. Tuesdays and Wednesdays, DJ Famous Dave mixes music videos. 9 p.m.; 21 and up. 600 Fifth Avenue, downtown. 619-236-1616.

The Whistle Stop: Second Friday of the month, *Pussy Galore Stripped*, live bands with DJ Robin Roth spinning electro, indie, and '80s. First and third Saturday of the month, *Transport*, Brit rock, indie, and electroclash with DJ Gabe Vega and guests. Second and fifth Saturday, *One Nation*, electro, '80s, and hip-hop with DJs Blackstone and Atari. 2236 Fern Street (corner of 30th and Juniper), South Park. 619-284-6784.

CLUBS BY AREA

If you wish to submit a listing, call 619-235-3000, ext. 405, night or day by 5 p.m. Friday, the week prior to publication. To send weekly or monthly schedules, fax to 760-788-1309 or mail to Reader Music Scene, P.O. Box 85803, San Diego CA 92186-5803. You may also submit information online at SanDiegoReader.com by clicking on the music section.

BEACHES

Bahia Resort Hotel, 998 West Mission Bay Drive, Mission Beach. 858-488-0551. Saturday, 6 p.m. to 9 p.m., *Adrienne Nims and Spirit Wind*, global jazz.

Tangier Lounge: Thursday, Friday, Saturday, and Wednesday, 9 p.m. to midnight, *John Cain*, international/jazz/blues/Latin/pop/stand ards.

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ECHOES OF ETERNITY
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INNERFURY
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SATURDAY 9-29
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SATURDAY 10-6
Hurray for Boobies!! Breast Cancer Awareness Show
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FRIDAY 10-12
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CROSBY LOGGINS

Sun 9/30 • 8:00 PM

**FRANK MARINO
& MAHOGANY RUSH**

ANNA TROY

Mon 10/1 • 8:00 PM

THE BLACK ANGELS

SPINDRIFT • BRIAN GLAZE

Tue 10/2 • 9:00 PM

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**MAC LETHAL • GRAYSKUL
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Thu 10/4 • 9:00 PM

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Sat 10/6 • 9:00 PM

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Sun 10/7 • 8:00 PM

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Tue 10/9 • 8:00 PM

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10/10 & 11 • 9:00 PM

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Fri 10/12 • 9:00 PM

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LIZ BARNEZ

Sat 10/13 • 9:00 PM

MARTIN SEXTON

MARTYN JOSEPH

Sun 10/14 • 8:00 PM

KCRW PRESENTS
DUNCAN SHEIK

HOLLY BROOK

Mon 10/15 • 8:00 PM

**MESHELL
NDEGEOCELLO**

W/GUEST

Tue 10/16 • 8:00 PM

**PAT McGEE &
JOSH KELLEY**

THE KIN

Thur 10/18 • 8:00 PM

**JUST
ADDED!**

10/25 **Sin City Revue II: The Sin City All-Stars, Mike Stinson, The Slidewinders & Eve Selis**

11/7 **Mason Jennings** on sale Friday @ noon!

11/14 **Married By Elvis CD Release Party to Benefit Toys For Tots** • 12/29 **Pato Banton**

10/19 **Ken Andrews w/Charlotte Martin**
10/20 **Pine Mountain Logs**
10/21 **Junior Brown**
10/22 **Sia**
10/23 **Mum**
10/26 **Common Sense**
10/27 **Pinback**
10/28 **Colbie Caillat**
10/30 **CeU**
10/31 **Halloween Heat-80s Heat**

11/1 **Polyphonic Spree & Rooney**
11/2 **JJ Grey & Mofro w/Marc Ford** (formerly of The Black Crowes)
11/3 **Atomic Punks**
11/4 **Bob Schneider Duo**
11/8 **Face to Face Benefit Show: A Tribute to Billy Joel & Elton John**
11/9 & 11/10 **Super Diamond**
11/11 **Jake Shimabukuro**
11/12 **Tim Reynolds**
11/15 **Lyrics Born**
11/16 **New Monsoon & Deadline Friday**
11/17 **Suzanne Vega**
11/21 **Buck-O-Nine**

11/23 & 11/24 **The English Beat**
11/25 **Johnette Napolitano**
11/26 **Jose Gonzalez**
11/30 **Boogie Nights - Metro**
12/1 **Sharon Jones & The Dapkins**
12/2 **Blues Traveler**
12/8 **Marc Cohn**
12/19 **Gary "Ho Ho" Hoey's Rockin' Christmas Show**
12/22 **Cash'd Out**
12/30 **Cracker & Camper Van Beethoven**

SWINGIN' HAPPY HOURS
9/28 **THE PELICANS** • 10/5 **THE MAR DELS**
10/19 **THE BAYOU BROTHERS**

SALSA SUNDAYS!
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Calendar

CLUBS

BEACHES

(continued)

Bar Leucadian, 1542 North Coast Highway 101, Leucadia. 760-753-2094. Friday and Saturday, live rock.

Blue Parrot, 4993 Niagara Avenue, Suite 103, Ocean Beach. 619-222-1722. Thursday, Friday, and Saturday, 7 p.m., *John Tafolla and Friends*, guitar and vocals.

The Calypso Cafe, 576 North Highway 101, Encinitas. 760-632-8252. Thursday, *Michele Lundeen*, blues. Friday, *Uplift*, reggae. Saturday, *Triple Shot*, blues. Sunday, *the Rick Ross Trio*, jazz.

'Canes, 3105 Ocean Front Walk, Mission Beach. 858-488-1780. Thursday, *!!! and the Field*, rock. Friday, *Metal Brigade and Hard Echo*. Saturday, *Eve and the Bad Apples*, *Rock Justice*, the *Undecided*, *Legal Tender*, *Rude Guy John*, the *Edge*, and *Wire Monkey*, rock. Sunday, *Yung Berg*, *Cap One*, *Boretta*, *M-EZ*, *Rio Network*, *Young 80*, and *Black Heff*, hip-hop/rap. Wednesday, Brazilian music.

Ché Café, UCSD Campus, 9500 Gilman Drive, Student Center B-0323C, La Jolla. 858-534-2311. Monday, 8 p.m., *Slaraffenland*, *Channing Cope*, and the *Clockwork Army*, alternative/rock.

Dreamstreet, 2228 Bacon Street, Ocean Beach. 619-222-8131. Music is rock/alternative rock. Thursday, 4 p.m., *Cabeza de Gallo*, *Radiostar Los Burbanks*, the *Low Luster League*, and *Downtown Brown*. Friday, 4 p.m., *Four Kings*, *Sanddollar*, the *Strikers*, the *Lighter Side of Being*, and *No One Home*. Saturday, S.A.T.O.R.I. and *Abigail's Attic*. Wednesday, live bands.

E Street Cafe, 128 E Street, Encinitas. 760-230-2038. Music is acoustic/folk unless otherwise noted. Thursday, 7:30 p.m. to 9:30 p.m., *Joseph Angelastro*, jazz. Friday, 7 p.m. to 8:30 p.m., *Dan Bondietti*, 9 p.m. to 10:30 p.m., *Ryan*

Whitney. Saturday, 7 p.m. to 8:30 p.m., *Jennifer Cunningham*.

Hennessey's Tavern (PB), 4650 Mission Boulevard, Pacific Beach. 858-483-8847. Friday and Saturday, live music.

The Kraken, 2531 Old Highway 101, Cardiff. 760-436-6483. Friday, *the Bill Magee Blues Band*. Saturday, *Idle Train*, classic rock. Sunday, *the Blues Brokers*, blues jam. Tuesday, reggae.

La Scala, 1101 Scott Street, Point Loma. 619-224-2272. Friday, *Tomcat Courtney* and *Jazzilla*, blues/jazz. Saturday, blues/jazz/Latin. Sunday, Brazilian music. Wednesday, *Tomcat Courtney*, blues.

La Valencia Hotel, 1132 Prospect Street, La Jolla. 858-454-0771. Friday and Saturday, 7:30 p.m. to 11 p.m., also, Sunday and Wednesday, 6:30 p.m., *Rick Ross*, piano/jazz.

The Lodge at Torrey Pines, 11480 N. Torrey Pines Road, La Jolla. 619-453-4420. Grill: Friday and Saturday, 6:30 p.m. to 9:30 p.m., *Mike Nelson*, solo jazz guitar.

Pasquale on Prospect, 1250 Prospect Street, La Jolla. 858-456-0722. Thursday, *Gil Barron*, *Mark Fulton*, *James East*, and *PTrak Armenta*, acoustic pop/rock/Latin/soul. Friday, 8 p.m. to 11 p.m., the *Jazz 101 Band* featuring *Nick Fiore*, *John Guilino*, *Dave Scott*, and *Cynthia Hammond*. Saturday, 8 p.m. to 11 p.m., and Sunday, 6 p.m. to 9 p.m., *Stage 4*, R&B/jazz.

Porter's Pub, 500 Gilman Drive, La Jolla. 858-587-4828. Saturday, 7 p.m., a *Static Lullaby* and *Building Rome in a Day*, rock.

Portugalia, 4839 Newport Avenue, Ocean Beach. 619-222-7678. Wednesday, 9 p.m., the *Continental Kings*, Latin jazz/funk.

710 Beach Club, 710 Garnet Avenue, Pacific Beach. 858-483-7844. Thursday, *Holiday for Atticus*, rock. Friday, *Dazed and Confused* and *Good to Be*, rock. Saturday, *the Cured*, the *Cathouse Thumpers*, and *Red Ivy Suspect*, rock/rockabilly.

St. Tropez Bistro and Bakery, 947 North Coast Highway 101, Encinitas. 760-633-0084. Saturday, 6 p.m. to

NOTE

BY WILLIAM CRAIN

Kurt Cobain used to go around saying stuff along the lines of “the future of rock 'n' roll belongs to women.” He may have been right, but he was probably thinking about Hole and Bikini Kill — bands that, musically speaking, didn't represent much of a future. It's too bad he didn't stick around to hear 23-year-old **Annie Clark** on *Marry Me*, her debut album released under the name **St. Vincent**.

An excellent guitarist, she has played with Sufjan Stevens, the Polyphonic Spree, and Glenn Branca's experimental guitar orchestra (more or less the same outfit that gave rise to Sonic Youth). As a singer, she

has probably four times the range of the typical rocker. In fact, her songs are so full of classical and jazz touches that it's a little hard to label her a rock artist at all — at least until she stomps on a distortion pedal and rips out a beautifully ugly solo. Oh, did I mention she also plays piano and a number of other instruments?

Clark's talent is such that she could get away with being as serious as Joni Mitchell if she wanted to be. Instead she titles her album after a joke from *Arrested Development* and names one of her songs “Jesus Saves, I Spend.” One critic compared Clark to Regina Spektor, Joan as Police Woman, My Brightest Diamond, and Feist — all female artists or woman-led bands, all of them putting out some of the best music in the world right now. If this is



ST. VINCENT

the future of rock 'n' roll, I can't wait for tomorrow.

The Nationals headline.

ST. VINCENT, The Casbah, Thursday, September 27, 8:30 p.m. 619-232-4355. Sold out.

9 p.m., *Keith Jacobsen*, smooth jazz saxophone.

Shooters Bar and Grill, Radisson Hotel, 3299 Holiday Court, La Jolla. 858-453-5500. Tuesday, 7 p.m. to 11 p.m., *John Cain*, international jazz/blues/Latin/pop/standards.

Thrusters, 4633 Mission Boulevard, Mission Beach. 858-483-6334. Saturday, 8 p.m., *Modern Day Moonshine*, rock/reggae/soul/blues.

Tiki House, 1152 Garnet Avenue, Pacific Beach. 858-273-9734. Thursday, *Jet Wash*. Friday, the *Pheromones*, rock. Saturday, the *Mississippi Mudsharks*, blues.

Turquoise Cafe, 873 Turquoise Street, La Jolla. 858-488-4200. Thursday, 7:30 p.m. to 11:30 p.m., the *Escencia Jazz Quartet*. Friday, 6:30 p.m. to 8:30 p.m., *Tomcat Courtney*, 9 p.m. to 1 a.m., *Jazzilla*, blues/swing/jazz. Saturday,

6 p.m. to 8 p.m., *Tomcat Courtney*, 9 p.m. to 1 a.m., the *Turquoise Latin Jazz Quartet*. Monday, 7 p.m. to 11 p.m., *Blue 44*, jazz. Tuesday, *Cerro Negro*, Flamenco/jazz. Wednesday, *Tomcat Courtney*, blues.

Winstons, 1921 Bacon Street, Ocean Beach. 619-222-6822. Thursday, 9:30 p.m., the *High Rolling Loners*, *Scotland Barr*, and *Slow Drags*, rock. Friday, *Al Howard and the K23 Orchestra*, jazz. Saturday, *Pocket*, rock.

DOWNTOWN

Anthology, 1337 India Street, San Diego. 619-595-0300. Thursday, *Beausoleil* and *Michael Doucet*, Cajun. Wednesday, *Michelle Shocked*, acoustic.

Blarney Stone Pub, 502 Fifth Avenue, downtown. 619-233-8519. Friday and Saturday, *Steve Brewer*, classic rock.

Borders Books and Music (Gaslamp), 668 Sixth Avenue, San Diego. 619-702-4200. Friday, 8 p.m., *B'Dale*, folk. Saturday, 8 p.m., *Larry Fulton*, acoustic.

The Casbah, 2501 Kettner Boulevard, midtown. 619-232-HELL. Music is rock/indie/alternative/pop unless otherwise noted. Thursday, the *National* and *St. Vincent*. Friday, the *Tell-Tale Hearts*, the *Creepy Creeps*, the *Viewmasters*, and *Wild Weekend*. Saturday, the *Legendary Shack Shakers*, *Skeeter Truck*, and the *Screamin' Yeehaws*. Sunday, the *Weakerthans*, the *Last Town Chorus*, and *Jeremy Fisher*. Monday, *Bonde Do Role* and *Juiceboxxx*. Tuesday, *Datarock*, *Foreign Born*, *Honeycutt*, and *Inberst*. Wednesday, *Jonah Matranga* and *Pink and Noseworthy*.

Club Montage, 2028 Hancock Street, Balboa Park. 619-294-9590.

Croce's Jazz Bar, 802 Fifth Avenue, downtown. 619-233-4355. All music is jazz unless otherwise noted. Thursday, *Dave Patrone*. Friday, *Yavez*. Saturday, *Primo*. Sunday, the *Archtones*. Monday, *Dave Scott*. Tuesday, the *Shep Meyers Quartet*. Wednesday, *Fuzzy and the Bluesmen* or *Sue Palmer*.

Dakota Grill and Spirits, 901 Fifth Avenue, downtown. 619-234-5554. Thursday, Friday, and Saturday, contemporary piano.

Dick's Last Resort, 345 Fourth Avenue, downtown. 619-231-9100. Thursday and Saturday, live rock. Friday, *Private Domain*, rock. Tuesday, *Dregs of Sada*.

Dublin Square, 554 Fourth Avenue, Gaslamp. 619-239-5818. Thursday, *Natural Incense*. Saturday, *Sligo Rags*. Irish. Sunday, *Adrienne Nims and Raggle Taggle*, Celtic/Irish folk.



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Thursday, September 27

6 pm • Indie

Indie By Design

Friday, September 28

9:30 pm • Funk

Funky Swankdaddys

Sunday, September 30

8 pm • Jazz

Aubrey Fay



Monday, October 1

7 pm • Rock

Bigfellas



Tuesday, October 2

7 pm • Jazz

Glen Fisher Trio

Wednesday, October 3 • 9:30 pm

Scott Carter & New Breed

UPCOMING SHOWS

Saturday, October 6

Johnny A



Saturday, October 20

Zac Harmon



Sunday, October 28

Diane Schuur



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Calendar

CLUBS

SAN DIEGO
(continued)

Chicken, rock/alternative/punk. Monday, 8 p.m., *Mystery Train*, blues. Tuesday, 9 p.m., *Six Inch Man and Sundaze*, reggae/rock/R&B. Wednesday, *Chip Conrad and the Concrete Feat*, rock/country.

The Ould Sod, 3373 Adams Avenue, Normal Heights. 619-284-6594. Friday, live music. Tuesday, traditional Irish jam session.

Padre Gold, 7245 Linda Vista Road, San Diego. 858-277-8681. Monday, 7:30 p.m. to 9:30 p.m., *the Jazz Project Big Band*, big-band swing.

Pal Joey's, 5147 Waring Road, Allied Gardens. 619-286-7873. Friday, *the Blues Invaders*, blues. Saturday, *Moon Dance*, classic rock/swing.

Redfox Steakhouse, 2228 El Cajon Boulevard, North Park. 619-297-1313. Thursday through Sunday, and Wednesday, *the Ed Repisi Duo*. Monday and Tuesday, 9 p.m. to 1 a.m., *Shawline Expression*.

Rosie O'Grady's, 3402 Adams Avenue, Normal Heights. 619-284-7666. Friday and Saturday, live rock.

San Diego Sports Club, 1271 University Avenue, San Diego. 619-299-7372. Live music.

Scolari's Office, 3936 30th Street, San Diego. 619-296-3546. Live rock/alternative/metal/punk.

Second Wind, 8515 Navajo Road, San Carlos. 619-465-1730. Friday and Saturday, *Nemesis*, classic rock.

Sogno Di Vino, 1607 India Street, San Diego. 619-531-8887. Wednesday, 7 p.m. to 10 p.m., *Mike Nelson*, solo jazz/Latin guitar.

Soma, 3350 Sports Arena Boulevard, San Diego. 619-226-SOMA. Music is rock/metal/alternative/punk unless otherwise noted. Friday, *Dredg*, *As Cities*

Burn, and *Dear and the Headlights*. Saturday, *Eyes Set to Kill*, *Karate High School*, *Kenotia*, *Foxy Shazam*, *the Summerset*, and *the Dolly Rots*. Sunday, *Lydia*, *Umbrellas*, *Zookeeper*, *the Opportune Time*, and *Trains and Clouds*. Tuesday, *Misery Signals*, *the Agony Scene*, *Emmure*, *Sky Eats Airplane*, and *Born of Osiris*. Wednesday, *Underoath*, *Every Time I Die*, *Poison the Well*, and *Maylene and the Sons of Disaster*.

South Park Bar and Grill, 1946 Fern Street, San Diego. 619-696-0096. Thursday, *J.J. Lim's Jazz Jam*. Friday, 7 p.m. to 10 p.m., *Amelia Browning* and *the John Kopecky Trio*. Saturday, *Mia Jones and the Ko Trifecta*, R&B/Top 40/jazz. Sunday, 6 p.m. to 9 p.m., *Tim Ninnink* and *Doug Walker*, modern jazz.

St. Tropez Bistro and Bakery, 16625 Dove Canyon Road, Rancho Bernardo. 858-673-6824. Friday, 6 p.m. to 9 p.m., *Keith Jacobsen*, smooth jazz saxophone.

Terra, on Vermont, one block north of University Avenue, Hillcrest. 619-293-7088. Thursday, 6 p.m. to 9 p.m., *Robin Henkel*, solo/blues.

Tio Leo's, 10787 Camino Ruiz, Mira Mesa. 858-695-1461. Saturday, *Masterpiece*, jazz/R&B.

Tio Leo's Lounge, 5302 Napa Street (at Morena Boulevard), Bay Park. 619-542-1462. Friday, *Sue Palmer and Her Motel Swing Orchestra*. Saturday, *Just Been Funk*. Wednesday, *the High Society Jazz Band*.

The Tower Bar, 4757 University Avenue, San Diego. 619-284-0158. Thursday, *Anna Troy*, acoustic. Saturday, *the Long and Short of It* and *the Nightmares*, rock.

Twiggs Tea and Coffee Company, 4590 Park Boulevard, University Heights. 619-296-0616. Thursday, 8 p.m., *Camille Bloom* and *Carrie Clark*, acoustic/folk.

Vinbladh's, 4651 Park Boulevard, San Diego. 619-269-4620. Sunday, 8 p.m., *Dawn Mitschele*, *Longsleeves*, and *Katie Christine*, acoustic/folk.

NORTH COUNTY

The Alley, 421 Grand Avenue, Carlsbad. 760-434-1173. Thursday, Friday, and Saturday, *the Love Rangers*, dance.

Belly Up Tavern, 143 South Cedros Avenue, Solana Beach. 858-481-9022. Thursday, 8 p.m., *Greg Laswell*, *Get Back Loretta*, *Molly Jensen*, and *the Austin James Band*, acoustic/alternative/rock. Friday, 9 p.m., *Groundation* and *DJ Carlos Culture*, reggae. Saturday, 9 p.m., *Lez Zeppelin* and *the Embalmers*, rock. Sunday, 8 p.m., *Joe Banamassa* and *Crosby Loggins*. Monday, 8 p.m., *Frank Marino*, *Mahogany Rush*, and *Anna Troy*, acoustic/rock. Tuesday, 9 p.m., *the Black Angels* and *Spindrift*. Wednesday, *Atmosphere*, *MacLethal*, *Grayskul*, and *Luckyiam*, alternative rock.

Bistro 221, 221 Grand Avenue, Escondido. 760-737-7398. Friday and Saturday, *Donnie Finnell and Company East*, standards and light jazz.

Boar Cross'n, 390 Grand Avenue, Carlsbad. 760-729-2989. Friday and Saturday, live rock.

The Book Works/Pannikin Cafe, Flower Hill Mall, I-5 at Via de la Valle, Del Mar. 858-755-3735. Friday, 8 p.m., *Billy Watson*, blues.

Borders Books and Music (Carlsbad), 1905 Calle Barcelona, Carlsbad. 760-479-0242. Saturday, 8 p.m., *Paul Hana*, folk.

Borders Books and Music (Carmel Mountain), 11160 Rancho Carmel Drive, Carmel Mountain. 858-618-1814. Friday, 8 p.m., *Tom Griesgraber*, acoustic. Saturday, 8 p.m., *Monty McIntyre*, acoustic folk.

Carvers, 11940 Bernardo Plaza Drive, Rancho Bernardo. 858-566-2400. Friday and Saturday, *Night Shift*, classic rock.

Cheers, 2475 Main Street, Ramona. 760-789-0270. Friday and Saturday, *gone9*, classic rock. Tuesday, 5 p.m. to 9 p.m., *Mike Gardner*, acoustic rock/folk.

Coyote Bar and Grill, 300 Carlsbad Village Drive, Carlsbad. 760-729-4695. Thursday, 6 p.m. to 10 p.m., *the Rhythm Method*, classic rock. Friday, 6 p.m. to 10 p.m., *Len Rainey and the Midnight Players*, blues. Saturday, 3 p.m. to 5 p.m., *Peter Hall*, 6 p.m. to 10 p.m., *the Eight Twenty Band*. Sunday, 2 p.m. to 4:30 p.m., *the Steamers*, jazz, 5 p.m. to

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CONCERT OF HOPE

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Calendar

CLUBS

NORTH COUNTY

(continued)

9 p.m., live jazz band. Wednesday, 6 p.m. to 10 p.m., *Johnny "B" Blues*.

Cuvee Restaurant, 2334 Carmel Valley Road, Del Mar. 858-259-5878. Monday, 6 p.m. to 9 p.m., *Sambajazz*, Brazilian and American jazz.

The Flying Bridge, 1105 North Coast Highway, Oceanside. 760-722-1151. Sunday, 5:30 p.m. to 9 p.m., *Z-Bop*, jazz.

Hennessy's Tavern (Carlsbad), 2777 Roosevelt Street, Carlsbad. 760-729-6951. Thursday, 8:30 p.m., *the Clachan Boys*, Irish folk/fiddle. Friday and Saturday, live music.

The Inn at Rancho Santa Fe, 5951 Linea del Cielo, Rancho Santa Fe. 858-756-1131. Thursday, Tuesday, and Wednesday, 5:30 p.m. to 9:30 p.m., *Jerry Melnick*, jazz/variety piano.

J.J. Lander's Irish Pub, 125 Main Street, Fallbrook. 760-731-0839. Thursday, reggae night. Friday, *Clay Colton*. Saturday, *Raiz and Trolls Cottage*, reggae. Sunday, open mike. Monday, *All Points West*, rock/covers. Tuesday, *Tom Lee*, folk. Wednesday, 9 p.m., *the Bleeding Irish*, rock/punk.

The Jumping Turtle, 1660 Capalina Road, San Marcos. 760-741-7778. Music is rock/alternative/metal. Thursday, 8 p.m., *Translation Audio*, *the New Loud*, *Circa Now*, and *Falling Face Forward*. Friday, *Relentless*, *the Victory of Reason*, *In Every Breath*, and *the Inebriated*. Saturday, 7:30 p.m., *Obituary*, *Alabama Thunderpussy*, *Hemlock*, *Damycan*, *Fuel by Fire*, *Medius*, *Epicidium*, and *Full Blown Chaos*. Sunday, 8 p.m., *Magnolia Black*. Monday, 7:30 p.m., *Into Eternity*, *Echoes of Eternity*, *Abomination*, *Innerfury*, and *Axxys*.

L'Auberge Del Mar Resort and Spa, 1540 Camino Del Mar, Del Mar. 858-793-6460. Saturday, 7 p.m. to 10 p.m., *Adrienne Nims and Spirit Wind*, global jazz.

La Costa Resort and Spa, 2100 Costa Del Mar Road, Carlsbad. 760-438-9111. Spa: Thursday, 6 p.m. to 10 p.m., *Adrienne Nims and David Maldonado*, jazz. Saturday, 1 p.m. to 5 p.m., *Adrienne Nims and Spirit Wind*, global jazz.

Mas Fina Cantina, 2780 State Street, Carlsbad. 760-434-3497. Wednesday, 8 p.m. to midnight, *Mike Gardner*, acoustic rock/folk.

McCabe's Beach Club, 1145 South Tremont Street, Oceanside. 760-439-6646. Friday, 4:30 p.m. to 9 p.m., *the California Rangers*, country.

The Metaphor Coffeehouse, 258 East Second Avenue, Escondido. 760-489-8890. Friday, 8 p.m., *the Shake Ups*, *the Paramorms*, and *S03*, rock.

Molly Malone's, 1270 Main Street, Ramona. 760-789-9050. Friday and Saturday, *Coldfire*, rock.

North Bar Sports and Spirits, 200 West El Norte Parkway, Escondido. 760-480-8228. Thursday, 6 p.m. to 10 p.m., *Mike Gardner*, acoustic rock/folk.

Ocean House, 300 Carlsbad Village Drive, Carlsbad. 760-729-4131. Thursday, 9 p.m., DJ. Friday and Saturday, live bands. Sunday, salsa. Tuesday, 6 p.m. to 9 p.m., *the Cradit Union*, swing.

R. O'Sullivan's, 118 East Grand Avenue, Escondido. 760-737-0954. Thursday and Friday, live music. Saturday, 9 p.m., *Crack Haus*, Irish. Sunday and Tuesday, 5 p.m. to 8 p.m., *the Clachan Boys*, Irish folk/fiddle/mandolin. Wednesday, *Clay Colton*, rock.

Rancho Bernardo Inn, 17550 Bernardo Oaks Drive, Rancho Bernardo. 858-675-8500. El Bizcocho Restaurant: Friday, 5:30 p.m. to 10:30 p.m., and Saturday, 6 p.m. to 11 p.m., *Jerry Melnick* and *Tom Bishop*, jazz/variety.

The Red Eye Saloon, 1448 South Mission Road, Fallbrook. 760-721-4881. Friday and Saturday, 8:30 p.m., *City Limits*, country/rock/blues.

Surf N'Saddle, 123 West Plaza Street (Lomas Santa Fe and Highway 101), Solana Beach. 858-755-9474. Friday, 9:30 p.m., *the High Rolling Loners*, *Scotland Barr*, and *Slowdrags*,

NOTE

BY DAVE GOOD

By the time alto saxist **Charles McPherson** takes the stage at this year's Adams Avenue Street fest, the carnival atmosphere will be in full swing. It's a noisy venue with all sorts of music thudding from every street corner, the air redolent of searing meats and fried confections. McPherson, in his time, has performed on sanctified stages with legends; a deafening street fair hardly seems like the place to contemplate one of the last great modern interpreters of straight-ahead jazz. But then I recall attending a McPherson gig right after he moved to San Diego in the late '70s. He struck me as a solid showman, walking through the audience, blowing all the

way, his sound majestic and hormonal.

The prime difficulty with being an alto sax player lies in the comparison to bebop legend Charlie Parker. The buying public has linked Parker's tragic persona to alto sax (for the record, Parker also played a C melody sax) much as Robert Johnson has come to symbolize Delta blues. McPherson can play like Parker, but he doesn't. McPherson's approach is more inviting, less bluster. When I think of Parker, I think of one brilliant, raging color. With McPherson I hear a panorama of hues, of alternating shadow and light.

Originally from Joplin, Missouri, McPherson's apprenticeship began in the '60s with the brilliant, if violent, Charlie Mingus. That's the wealth of history that McPherson brings to the Adams Avenue stage. Perhaps his presence will serve to



CHARLES MCPHERSON

dress up an institution that has in recent years become more about commerce and less about the music.

CHARLES MCPHERSON, "Adams Avenue Street Fair," Saturday, September 29, and Sunday, September 30. 619-282-7329.

rock/alternative. Saturday, *the Pawnshop Kings*, rock.

Tom Giblin's Irish Pub and Restaurant, 640 Grand Avenue, Carlsbad. 760-729-7234. Thursday, 9 p.m., *Joe Wood*. Friday, 9 p.m., *Brehon Law*, acoustic/Irish folk. Saturday, 9 p.m., *Clay Colton*, acoustic rock.

SOUTH BAY/CORONADO

Buon Giorno Restaurant, 4110 Bonita Road, Bonita. 619-475-2660. Friday, 9 p.m., *Jesse Davis*, variety. Saturday, 9 p.m. to midnight, *Stage 4* or *Mikan and Friends*, R&B/jazz.

The Butcher Shop, 556 Broadway, Chula Vista. 619-420-9440. Thursday, Friday, Saturday, and Wednesday, 8 p.m., *Ray Correa*, standards/pop/Latin.

Cafe LaMaze, 1441 Highland Avenue, National City. 619-474-3222. Friday and Saturday, 8 p.m. to midnight, *Sandy Chappel* and *Sammy Canonizado*, jazz/blues. Sunday, 8:30 p.m., *Burnett Anderson*, *Robert Sebastian*, and *Scott Wallingford*, jazz.

Hotel del Coronado, 1550 Orange Avenue, Coronado. 619-435-6611. Babcock and Story: Thursday through Sunday, 4:30 p.m. to 8:30 p.m., *Tony Lasley*, Latin jazz. Friday and Saturday, 8:30 p.m., *Ray Briz*, pianist. Sunday, Tuesday, and Wednesday, 8:30 p.m., *Jim Gibson*, guitarist. Monday, 4:30 p.m. to 8:30 p.m., *Gonzo Gonzales*, guitarist.

1500 Ocean: Thursday, Friday, Saturday, and Sunday, 9 p.m. to midnight, *Tony Lasley*, jazz guitar.

Crown Room: Sunday, 9:30 a.m. to 2:30 p.m., *Ray Briz*, pianist, 9 a.m. to 4 p.m., *Ping Hu*, harpist.

Sun Deck: Saturday, Sunday, and

Monday, 2 p.m. to 6 p.m., *Ron's Garage*, classic rock.

McP's Irish Pub and Grill, 1107 Orange Avenue, Coronado. 619-435-5280. Music is acoustic/folk unless otherwise noted. Thursday, *Big City Shaman*, blues. Friday, *the Fall Guys*. Saturday, *the Offbeats*. Sunday, *Tommy Price*.

EAST COUNTY

Borders Books and Music (El Cajon), 159 Parkway Plaza, El Cajon. 619-593-5119. Saturday, 7 p.m., *B'Dale*, folk.

Dirk's Niteclub, 7662 Broadway, Lemon Grove. 619-469-6344. Friday and Saturday, *Full Xposure*, classic rock.

Don's Cocktail Lounge, 13321 Business Highway 8, El Cajon. 619-443-

2444. Friday and Saturday, *the Taylor Harvey Band*, rock.

Fannie's Nightclub, 9143 Campo Road, Spring Valley. 619-698-2204. Friday, *the Bastard Saints*, *Crimson Head*, and *the Sexocides*, metal. Saturday, *the Cory Wilkins Band*, rock.

Renegade Inn, 14335 Old Highway 80 (half mile east from Lake Jennings turnoff), Flynn Springs. 619-561-8105. Friday and Saturday, *the Honky Tonk Kings*, country.

Second Wind, 8528 Magnolia Avenue, Santee. 619-596-8350. Friday and Saturday, *Serious Guise*, classic rock.

Tommy's Italian Restaurant, 1190 North Second Street, El Cajon. 619-440-2676. Friday, 6 p.m. to 10 p.m., *Franco Z*, standards/swing/jazz.

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Calendar

BANDS

ALTERNATIVE

Abomination: The Jumping Turtle

The Agony Scene: Soma

All Points West: J.J. Lander's Irish Pub

As Cities Burn: Soma

Axxys: The Jumping Turtle

Born of Osiris: Soma

Cabeza de Gallo: Dreamstreet

Channing Cope: Ché Café

Circa Now: The Jumping Turtle

The Clockwork Army: Ché Café

Clay Colton: Tom Giblin's Irish Pub and Restaurant, R. O'Sullivan's, J.J. Lander's Irish Pub

Crystal Castles: House of Blues

Dark Horse: O'Connell's Pub and Nightclub

Dear and the Headlights: Soma

The Dolly Rots: Soma

Dredg: Soma

Echoes of Eternity: The Jumping Turtle

The Edge: 'Canes

Emmure: Soma

Every Time I Die: Soma

Eyes Set to Kill: Soma

Falling Face Forward: The Jumping Turtle

The Field: 'Canes

Flatline: Brick By Brick

Four Kings: Dreamstreet

Foxy Shazam: Soma

Get Back Loretta: Belly Up Tavern

Girl Talk: Epicentre

The Go Project: Epicentre

Grayskul: Belly Up Tavern

In Every Breath: The Jumping Turtle

In Silence: Brick By Brick

Indie by Design: Humphrey's

The Inebriated: The Jumping Turtle

Innerfury: The Jumping Turtle

Into Eternity: The Jumping Turtle

Karate High School: Soma

Kenotia: Soma

The Last Town Chorus: The Casbah

The Lighter Side of Being: Dreamstreet

Long Live Logos: Epicentre

Love Campaign: Epicentre

Luckyiam: Belly Up Tavern

Lydia: Soma

Magnolia Black: The Jumping Turtle

Jonah Matranga: The Casbah

Metric: House of Blues

A Midday Atlantic: Epicentre

Misery Signals: Soma

Music for Animals: Epicentre

The National: The Casbah

The New Loud: The Jumping Turtle

The Nightmares: Tower Bar

No One Home: Dreamstreet



>hometown CDs

BY OLLIE

Album: *Down with Leo* (2007)

Artist: Down with Leo

Label: self-released

Where available/price: www.downwithleo.com for \$5

Songs: 1) Glasses in Wintertime 2) Who Are We Not the Same 3) Chester Copperpot 4) Uptown Underground 5) Trading Hands

Band: Ben Ripani (vocals, guitar, piano), Frank Green (vocals, guitar, piano), Justin Bryant (vocals, bass), Nas Helewa (drums, vocals)

Down with Leo has combined rhythms from Manchester, vocals from Dave Matthews, and a Pix-

ies/Elvis Costello sensibility. Songs on this self-titled EP range from hand-clapping piano pop to moody, pro-

gressive alt-rock.

Their tempo is slow without dragging. There really aren't any solos, only breaks in the vocals that act as cooling-off periods. Down with Leo has perfected pace changes and sophisticated compositions to make every song interesting.

Lyricaly, each track tells a story, and the narrative is revealed as the song builds. From the first song, "Glasses in Wintertime," we get the idea of a relationship gone awry: "Nothing ever seems to start like you promised me in all the books you had me read." The song's chorus adds to the theme: "Still I got noth-



Down With Leo

ing left to give, so I'll give it all. Bring roses if I fall. Bring roses if I fall."

TO GET YOUR LOCAL CD REVIEWED, PLEASE MAIL IT TO: Music Editor, Hometown CDs, San Diego *Reader*, P.O. Box 85803, San Diego, CA 92186-5803

Steve Brewer: Blarney Stone Pub

Building Rome in a Day: Porter's Pub

Coldfire: Molly Malone's

Chip Conrad and the Concrete Feat: O'Connell's Pub and Nightclub

The Credit Union: Ocean House

The Creepy Creeps: The Casbah

Crimson Head: Fannie's Nightclub

The Cured: 710 Beach Club

Damycan: The Jumping Turtle

Datarock: The Casbah

Dazed and Confused: 710 Beach Club

The Detroit Underground: Humphrey's

Nate Donnis: Pierre's Place

Downtown Brown: Dreamstreet

Dregs of Sada: Dick's Last Resort

The Eight Twenty Band: Coyote Bar and Grill

The Embalmers: Belly Up Tavern


Emerson: Lestat's Coffee House

Epicidium: The Jumping Turtle

Eve and the Bad Apples: 'Canes

Flake: Brick By Brick


Foreign Born: The Casbah



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Friday, September 28 • No Cover
BILL MAGEE


Saturday, September 29 • No Cover
FLAT OUT LIARS

Sunday, September 30 • No Cover
BLUES JAM anchored by the **BLUES BROKERS**

Tuesday, October 2 • No Cover
REGGAE NIGHT

Wednesday, October 3 • No Cover
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WED. OCT 10

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SAT. SEPT 29

Eyes Set To Kill

SUN. SEPT 30

LYDIA

COOPER - THE OPPORTUNE TIME
TRAINS&CLOUDS

TUES. OCT 2

MISERY SIGNALS

SUN. OCT 7

ADEMA • 12 STONES

TUES. OCT 9

The Spill

Thurs. Oct 11

CRADLE OF FIGHT

FRI. OCT 12

RILO KILEY

SAT. OCT 13

BETWEEN THE BURIED AND ME

HORSE THE BAND
ANIMOSITY

SUN. OCT 14

DASHBOARD CONFESSIONAL

Augustana - John Balston

MON. OCT 15

ESCAPE THE FATE

BLESS THE FALL • LOVE HATE HERO

FRI. OCT 19

FAMILY FORCE 5

SAT. OCT 20

STICK TO GUNS

SUN. OCT 21

CONVERGE

100 - INTERNAL AFFAIRS

WED. OCT 24

CHEVELLE

520 - 7PM - LIVE NATION

HALLOWEEN

CATTLE DECAPITATION

TONY DANZA TAPDANCE EXTRAVAGANZA
ARSENISTS GET ALL THE GIRLS
VEIL OF MAYA

FRI. NOV 2

MINUS THE BEAR

515 - 7PM - CASHBAY

SAT. NOV 3

EMERY

SUN. NOV 4

Creed Survive

SAT. NOV 10

COHEED AND CAMBRIA

SUN. NOV 11

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BY THE BAY

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FRI. & SAT!



Frankie Valli & The Four Seasons

Fri. & Sat., Sept. 28 & 29 • 8:00

SUNDAY!



Tom Jones

Sunday, September 30 • 7:30

WEDNESDAY!



Hootie & The Blowfish

with special guest **Kai Brown**
Wednesday, October 3 • 7:30



Air Supply

with special solo performance by
Graham Russell / Christopher Cross
Friday, October 5 • 7:00



Steve Tyrell

Sunday, October 7 • 7:30



The Australian Pink Floyd Show

Wednesday, October 10 • 7:30



Keali'i Reichel

Thursday & Friday,
October 18 & 19 • 7:00

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Calendar

BANDS

ROCK

(continued)

Fuel by Fire: The Jumping Turtle

Full Blown Chaos: The Jumping Turtle

Full Xposure: Dirk's Niteclub

Mike Gardner: North Bar Sports and Spirits, Mas Fina Cantina

Gasoline Chicken: O'Connell's Pub and Nightclub

Good Times: Henry's Pub

Good to Be: 710 Beach Club

Hard Echo: 'Canes

The Taylor Harvey Band: Don's Cocktail Lounge

Hectic Watermelon: Lestat's Coffee House

Hemlock: The Jumping Turtle

The High Rolling Loners: Surf N'Saddle, Winstons

Honeycutt: The Casbah

Idle Train: The Kraken

Inberst: The Casbah

The Austin James Band: Belly Up Tavern

Jet Wash: Tiki House

Juiceboxxx: The Casbah

Kindle to Ember: O'Connell's Pub and Nightclub

The Travis Larson Band: Lestat's Coffee House

Legal Tender: 'Canes

The Legendary Shack Shakers: The Casbah

Lez Zeppelin: Belly Up Tavern

The Long and Short of It: Tower Bar

Los Burbanks: Dreamstreet

The Low Luster League: Dreamstreet

MacLethal: Belly Up Tavern

Mahogany Rush: Belly Up Tavern

Matt and Kim: Epicentre

Maylene and the Sons of Disaster: Soma

Medius: The Jumping Turtle

Metal Brigade: 'Canes

Moon Dance: Pal Joey's

Natural Inense: Dublin Square

Nemesis: Second Wind (San Carlos)

Night Shift: Carvers

The Offbeats: McP's Irish Pub and Grill

The Paranorms: The Metaphor Coffeehouse

The Pawnshop Kings: Surf N'Saddle

The Pheromones: Tiki House

Pink and Noseworthy: The Casbah

Pocket: Winstons

Private Domain: Dick's Last Resort

Radiostar: Dreamstreet

Red Ivy Suspect: 710 Beach Club

The Rhythm Method: Coyote Bar and Grill

Rock Justice: 'Canes

Ron's Garage: Hotel del Coronado

Rude Guy John: 'Canes

S.A.T.O.R.I.: Dreamstreet

Scavenger: JP's Pub

Scotland Barr: Surf N'Saddle, Winstons

Serious Guise: Second Wind (Santee)

The Sexocides: Fannie's Nightclub

The Shake Ups: The Metaphor Coffeehouse

Gone9: Cheers

Skeeter Truck: The Casbah

The Slow Drags: Winstons

Slowdrags: Surf N'Saddle

503: The Metaphor Coffeehouse

Soundbone: O'Connell's Pub and Nightclub

Spindrifft: Belly Up Tavern

A Static Lullaby: Porter's Pub

The Stilettoes: Henry's Pub

Sundaze: O'Connell's Pub and Nightclub

Tack: Brick By Brick

as i hear it

BY BRIAN CARVER

Artist: **The Shining Path**

Song: **"Hadliku Ner"** (from their self-titled CD)

Heard By: **Willie Teran**, Coronado



Willie

It started out pretty cool, but it really didn't go anywhere. The beat was really nice, but I don't think I really dug the singing. I really need to be into the vocalist or else I just can't get into it. I really dig stuff like Roy Orbison [because] he just had an amazing voice, so this is not really my type of music. It was experimental...I don't even know what instruments they used. There were a lot of effects and noise, but for the most part it was just straightforward. I was just really trying to listen to the music — I wasn't listening to the lyrics, really. I'm more of, like, a classic-rock guy. Experimental [music] is all right if it's good. I like Lightning Bolt, and they're not classic rock.

Artist: **The Roman Spring**

Song: **"Operator"** (from www.myspace.com/theromanspring)

Heard By: **Jimmy Steward**, Chula Vista



Jimmy

The start was too long, a little bit. It sounds like a Franz Ferdinand song, except the guy who does the vocals...I don't know who I'd compare him to...maybe some older band that I can't think of right now. It was different; it sounded kind of dark, but it still had that indie upbeat to it. It almost sounds depressing, in a way. The only lyric that stands out right now because I've only heard it once is "is there someone else?" I think the lead guitarist stood out because he's just strumming along the whole time. I could hear it on the radio. It's something I'd probably listen to driving home at night.

TO GET YOUR LOCAL CD HEARD, PLEASE MAIL IT TO:

Music Editor, As I Hear It, San Diego Reader, P.O. Box 85803, San Diego, CA 92186-5803

Artist: **Tarsha**

Song: **"Dirty"** (from the CD *Prophecies*)

Heard By: **Jessica Reeves**, Hillcrest

I liked it; it had a good beat. It was



Jessica

catchy. I kept thinking of Nine Inch Nails. It's like alternative rock. The mood of the song was, like, "party, hang out, and drink." It was kind of happy but demanding, like, "this is what I want" and "give it to me." I kind of knew what the lyrics were about...it was a little perverted. The lyrics were, like, "get dirty" and "it feels good." I think they [sang] the chorus too much and maybe they could use more words. [Musically,] it sounded great; everything blended in perfectly. I'd give it a nine out of ten. I'd go to a concert and see it.

The Tell-Tale Hearts: The Casbah

The Undecided: 'Canes

The Weakerthans: The Casbah

Wild Weekend: The Casbah

The Cory Wilkins Band: Fannie's Nightclub

POP / TOP 40

PTrak Armenta: Pasquale on Prospect

B Natural: Bahia Belle Cruise

Gil Barron: Pasquale on Prospect

Scott Carter and New Breed: Humphrey's

Jesse Davis: Buon Giornata Restaurant

James East: Pasquale on Prospect

The Flock of 80's: Henry's Pub

Mark Fulton: Pasquale on Prospect

The Love Rangers: The Alley

Rick Lyon: The Imperial House

The Pop Rocks: Jimmy Love's

Rising Star: Humphrey's

David Timothy Smith: Albie's Beef Inn

The Soul Revue: Jimmy Love's

The Stepping Feet: Whiskey Girl

JAZZ / BIG BAND

Burnett Anderson: Cafe LaMaze

The Archtones: Croce's Jazz Bar

Beausoleil: Anthology

Tom Bishop: Rancho Bernardo Inn

Blue 44: Turquoise Cafe

Ray Briz: Hotel del Coronado

Amelia Browning: South Park Bar and Grill

Sammy Canonizado: Cafe LaMaze

Cerro Negro: Turquoise Cafe

Sandy Chappel: Cafe LaMaze

The Continental Kings: Portugalia

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"The Legend Continues..."

Friday, September 28

The Fremonts

"Down Home Blues"

Saturday, September 29

Laurie Morvan Band

"Red Hot Blues/Rock"

Sunday, Sept. 30

Shelle Blue

Monday, Oct. 1

"Big Mo" Blues

Tuesday, Oct. 2

Bill Magee Blues

Wednesday, Oct. 3

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Nick Fiore: Pasquale on Prospect

Jim Gibson: Hotel del Coronado

John Guilino: Pasquale on Prospect

Cynthia Hammond: Pasquale on Prospect

The High Society Jazz Band: Tio Leo's Lounge

Alfred Howard and the K23 Orchestra: Winstons

Insight: Jimmy Love's

Keith Jacobsen: St. Tropez Bistro and Bakery (Rancho Bernardo, Encinitas)

The Jazz 101 Band: Pasquale on Prospect

The Jazz Project Big Band: Padre Gold

Jazzilla: La Scala

The John Kopecky Trio: South Park Bar and Grill

Fran Laskota: The Westgate Hotel

Tony Lasley: Hotel del Coronado

The Elliott Lawrence Quartet: J Six Restaurant

J.J. Lim's Jazz Jam: South Park Bar and Grill

David Maldonado: La Costa Resort and Spa

Masterpiece: Tio Leo's (Mira Mesa), Jimmy Love's

Kevin McCully: The Westgate Hotel

Jerry Melnick: The Inn at Rancho Santa Fe, Rancho Bernardo Inn

The Shep Meyers Quartet: Croce's Jazz Bar

Mikan and Friends: Buon Giorno Restaurant

Jose Molina Serrano: Humphrey's

Mystique: Jimmy Love's

Mike Nelson: Sogno Di Vino, The Lodge at Torrey Pines

Adrienne Nims: La Costa Resort and Spa

Adrienne Nims and Spirit Wind: L'Auberge Del Mar Resort and Spa, Bahia Resort Hotel

Tim Ninnink: South Park Bar and Grill

Orquesta Guarare: Sevilla

Sue Palmer: Croce's Jazz Bar

Sue Palmer and Her Motel Swing Orchestra: Tio Leo's Lounge

Dan Papaila: The Lodge at Torrey Pines

Dave Patrone: Croce's Jazz Bar

Primo: Croce's Jazz Bar

The Prince of Piano: The Westgate Hotel

Rick Ross: La Valencia Hotel

The Rick Ross Trio: The Calypso Cafe

Sambajazz: Cuvee Restaurant

Dave Scott: Pasquale on Prospect, Croce's Jazz Bar

Robert Sebastini: Cafe LaMaze

Stage 4: Buon Giorno Restaurant, Pasquale on Prospect

The Steamers: Coyote Bar and Grill

The Turquoise Latin Jazz Quartet: Turquoise Cafe

Vintage Vegas: Martini's Above Fourth

Doug Walker: South Park Bar and Grill

Scott Wallingford: Cafe LaMaze

Willovealot: American Legion Post 310

Yavez: Croce's Jazz Bar

Z-Bop: The Flying Bridge

Franco Z.: Tommy's Italian Restaurant

The ZZymzzy Quartet: Claire de Lune Coffee Lounge

REGGAE / SKA

Groundation: Belly Up Tavern

Lexington: O'Connell's Pub and Nightclub

Raiz: J.J. Lander's Irish Pub

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Friday, October 5

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Thursday, September 27

THINK LIKE A DINOSAUR

VANITY AFFAIR

FEELING OF HATE

Friday, September 28

SOULBLEED

IN SILENCE

SANGRE FLATLINE

Saturday, September 29

SPLIT FINGER

BAND OF GOOD MEN

LEXINGTON

Wednesday, October 3

VON ZELES

TACK • FLAKE

Thursday, October 4

GIANT PEACH

CORNER POCKET

Saturday, October 6

Art show by Radioactive Future

RED IVY SUSPECT

THE SMALL HOURS

STEADY GROUND

DROVER MAD

Sunday, October 7

KUSH

JAH BLOOD FIRE ANGULS

SIX INCH MAN

OPOETIK

Thursday, October 11

MAD MARTIGAN

AARON ANDERSON

FRONT YARD

Friday, October 12

Klub Therapy presents

ACUMEN NATION

DJ ? ACUMEN

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11/6 Witchcraft • Earthless • 11/8 Indorphine • 11/28 Lukas Rossi (winner of Rockstar Supernova)

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Thur. 9/27

Rock

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Fri. 9/28

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DAZZED & CONFUSED

A TRIBUTE TO LED ZEPPELIN

With special guests

GOOD TO BE

Featuring founding members of L.A.-based bands: Dead, White & Blue and Nameless

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Tribute

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RED IVY SUSPECT

Sun. 9/30

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Open Jam 12-2 AM

Tues. 10/2

GAME NIGHT

No Cover/Drink Specials

Wed. 10/3

Battle of the Bands

ECLIPSE 79

COUGAR TRAP

KENNEDY'S CURSE

Thur. 10/4

Rock 'N' Funk

DB3

BROKE ON FRIDAY

Fri. 10/5

Rock 'N' Hip-Hop

VOKAB KOMPANY

NATIVE ROOT

Sat. 10/6

A Tribute to Michael Jackson

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Thur. 9/27

Alt-Country

HIGH ROLLING LONERS

HIGH ROLLING LONERS

SCOTLAND BARR

THE SLOW DRAGS

Fri. 9/28

7-9 PM

OCEAN BEACH COMEDY

SHANG

Live Funk and Jazz

ALFRED HOWARD & THE K23 ORCHESTRA

Sat. 9/29

4-7 PM:

DESTRUCTO BUNNY

Acid Jazz 'N' Funk

POCKET

THE BANKHEAD PRESS

Sun. 9/30

NFL FOOTBALL

All games shown

Two 12' High-Def TVs

Drink and Food Specials

4 PM: SOUTHERN SEXUALITY with MS. KITTY

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\$2 drinks 9 pm to close

Mon. 10/1

6-8 PM:

Drunk Poets Society

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ELECTRIC WASTE BAND

Tues. 10/2

6-8 PM:

"Think & Drink" Trivia

Live Hip-Hop

BRENDAN B

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Wed. 10/3

4-8 PM:

Winstons Art Show

Legends Unite

BANYAN

with Mike Watt

THE STOOGES

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Special Guest PRUITT IGOE

UPCOMING:

10/5: RAQ

10/6: KUSH BLOOD FIYAH

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North County Reader September 27, 2007 109

Calendar

BANDS

REGGAE / SKA

(continued)

Six Inch Man: O'Connell's Pub and Nightclub

Trolls Cottage: J.J. Lander's Irish Pub

Uplift: The Calypso Cafe

COUNTRY

The California Rangers: McCabe's Beach Club

The Cathouse Thumpers: 710 Beach Club

City Limits: The Red Eye Saloon

The Honky Tonk Kings: Renegade Inn

ACOUSTIC / FOLK

Joseph Angelastro: E Street Cafe

B'Dale: Borders Books and Music (El Cajon, Gaslamp)

The Bleedin' Irish: J.J. Lander's Irish Pub

Camille Bloom: Twiggs Tea and Coffee Company

Joe Bonamassa: Belly Up Tavern

Dan Bondietti: E Street Cafe

The Clachan Boys: Hennessey's Tavern (Carlsbad), R. O'Sullivan's, Tom Giblin's Irish Pub and Restaurant

Carrie Clark: Twiggs Tea and Coffee Company

Crack Haus: R. O'Sullivan's

Jennifer Cunningham: E Street Cafe

The Fall Guys: McP's Irish Pub and Grill

Flamma Fumana: AcousticMusicSanDiego

Larry Fulton: Borders Books and Music (Gaslamp)

Gonzo Gonzales: Hotel del Coronado

Tom Griesgraber: Borders Books and Music (Carmel Mountain)

Peter Hall: Coyote Bar and Grill

Paul Hana: Borders Books and Music (Carlsbad)

Harold and Gabe: Blarney Stone Pub

Molly Jensen: Belly Up Tavern

Johnson, Bosley and Morin: Borders Books and Music (Mission Valley)

Katie Christine: Vinbladh's

Greg Laswell: Belly Up Tavern

Brehon Law: Tom Giblin's Irish Pub and Restaurant

Tom Lee: J.J. Lander's Irish Pub

Crosby Loggins: Belly Up Tavern

Longsleeves: Vinbladh's

Frank Marino: Belly Up Tavern

Monty McIntyre: Borders Books and Music (Carmel Mountain)

Dawn Mitschele: Vinbladh's

Adrienne Nims and Raggle Taggle: Dublin Square

Robbie O'Reilly: Blarney Stone Pub

Tommy Price: McP's Irish Pub and Grill

Chris Robley: Lestat's Coffee House

Sacha Sacket: Lestat's Coffee House

Jed Sheldon: Java Jones

Michelle Shocked: Anthology

Skelpin: Blarney Stone Pub

Sligo Rags: Dublin Square

Anna Troy: Belly Up Tavern

Ryan Whitney: E Street Cafe

Joe Wood: Tom Giblin's Irish Pub and Restaurant

Paul Wright: Java Jones

BLUES / SOUL

Big City Shaman: McP's Irish Pub and Grill

The Big Mo Band: Patrick's II

The Blues Brokers: The Kraken

The Blues Invaders: Pal Joey's

Tomcat Courtney: La Scala, Turquoise Cafe

The Fremonts: Patrick's II

The Funky Swankdaddys: Humphrey's

Fuzzy and the Bluesmen: Croce's Jazz Bar

Robin Henkel: Terra

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Mia Jones and the Ko Trifecta: South Park Bar and Grill

Just Been Funk: Tio Leo's Lounge

Lady Dottie and the Diamonds: Henry's Pub

Michele Lundeen: The Calypso Cafe

The Bill Magee Blues Band: Patrick's II, The Kraken

The Mississippi Mudsharks: Tiki House

Modern Day Moonshine: Thrusters

Laurie Morvan: Patrick's II

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The 145th Street Deluxe Blues Band: Patrick's II

Len Rainey and the Midnight Players: Coyote Bar and Grill

Shelle Blue: Patrick's II

Triple Shot: The Calypso Cafe

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Yo, DJ!

Talk About a Star



The Dave Matthews Band plays Coors Amphitheatre tomorrow night

Seeing the Dave Matthews Band at Coors Amphitheatre has become a summer ritual in San Diego. At least for me...at least it was for a few summers, a few summers ago. It's a great live show; lots of jamming, which I love. They go on at sunset, I'm sippin' on a \$12 beer, life is good.

In the summer of '99, I ended up with great seats, about 15th row. I couldn't wait. Beer in hand, sun

setting, Dave rolls out and starts the show. And then it started. It was as if she was birthing a pony, right there in front of us — birthing a shetland pony while being eaten alive. The woman standing directly in front of us unleashed a torrent of hysterical screeching that was borderline inhuman. It was almost impressive. She screamed the lyrics, she screamed for Dave to look at her, she screamed before, during, and after each song. She screamed like a train whistle and then screamed to celebrate her own screaming. Not wanting to give up our awesome seats, we asked her to mellow out, to no avail. We lasted about four songs before we found new seats.



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Crasher

BACK TO SCHOOL

by Josh Board

Continuing on my 20-year Mira Mesa High School reunion...

I ran into Sebastian, who was in my kindergarten class. He was with his wife, and as we were chatting about the recent Beatles show *LOVE*, which we had both seen in Vegas, a guy walked by and said, "Where are all the Filipinos? I know we had a lot more at our school. Why don't I see them here?"

My friend David, a book publisher, was with his pregnant wife. We joked about how many people would be rubbing her belly. "Why didn't you bring your wife?" David asked another one of our friends. Our friend said, "Then it's just like bumping into people at a dinner party."

When I sat down at my table, Ray, who was the center on our basketball team, walked by. He went on to play a few years in the NFL. He's about 6'5". I stuck my elbow on the table with my hand up and said, "Ray, I got \$25 says I can beat you arm wrestling." He said, "You probably can now."

I asked him if he had a good football story. He told me about



Top: Ray, the former football player and current cop (left); Kerry (second from right); Bottom left: Jim and Rafaela in the middle; Bottom right: Sebastian and his wife Brenda

catching a touchdown pass against the Jets. "Did you save the football?" I asked him. He said he didn't, and David interjected, "Yeah, well, you probably spiked it and did some dance. Once you do that, you can't go back and say, 'Oh, wait, I want that football back. I'm going to

always have my gun with me. It's like that King Stahlman bail-bonds place says: It's better to

"I'm off the Beasties bandwagon. I'm not a rap fan anymore."

keep it." Ray thought about it and said, "Actually, I just assumed there would be a lot more. There weren't."

Ray's a cop these days, and I asked him if he was packing. "I

have it and not need it than to not have it when you do."

Ray hung out with a guy named Kerry. I remember being a bit bummed when Kerry transferred to our school from Morse

High. He ended up coming off the bench and getting a lot more minutes than I ever did. Ray and I talked about the food while we waited at the bar. I told him that I was on a diet. Ray said, "Obviously, you can see I'm not!"

I saw two other guys from my basketball team. One teaches law at UCLA. When I approached him, he glanced at my nametag. I stretched it toward him and pointed to my name.

He was with a guy we called

Whitey. His real name was Jim, but there was a time he and I were playing two-on-two against these black guys and when introductions were made after the game, Jim said, "You can just call me Whitey." The name stuck.

I ran into Whitey on Venice Beach a few years back, and I couldn't help but notice that he looked like he came to the reunion from the beach. He wore sandals and no tie, his hair in a ponytail. Someone at my table told me that Whitey got busted going into Disneyland with pot on grad night. I asked him about the "magic kingdom" and he said, "I was trying to bring in a lot more than pot. It sucked because I had to spend the rest of the night on the bus."

A few people approached me who I couldn't remember. One woman said, "Josh, you were so bright back then." My buddy Joe said, "Are you sure you're not thinking of another Josh?"

I was surprised when I ran into Jessika. She was a short, pudgy girl in one of my classes who didn't talk much. She turned out drop-dead gorgeous and was



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Crasher

with a tall guy who resembled a Latino George Clooney. He's a school principal and she's a teacher in Northern California. It said in our program that she likes to run. That'll cure pudginess.

The DJ played '80s hits that we grew up with, and the music didn't drown us out as we talked. A red-haired surfer named Tim came over to our group. He had Band-Aids on his face and told us he had skin cancer. "All those years surfing

with no sunscreen finally caught up with me," Tim explained. When someone brought up how much pot Tim smoked and how much school he ditched, Tim, who has a successful computer business today, said, "It's funny. Everyone said it would be all the geeks who would be successful, that we'd be losers. Now, we're successful and they're still geeks."

There were a couple women in the hallway who were getting plastered. I overheard one of them say, "I'm not gonna say my age." I thought, *A reunion is the one place you can't lie about*

your age. I found out that they weren't from our school. One guy said, "They're ten years older. They're cougars looking for young meat." One of them then kicked her high heels off and ran screaming down the hall.

I ran into a guy named Alan who I used to talk NBA with. It was funny to find out that he no longer hated the Lakers — he was a fan. I still like the same things I liked in high school — bands, sports teams — but that didn't seem to be the case with others. Scott, the lawyer, was a big Beastie Boys fan. They showed film clips of the air bands, and Scott was one of the Beasties. When I told him about a Beasties show I saw at the Greek in L.A., he said, "I'm off the Beasties bandwagon. I'm not a rap fan anymore. I lost interest when it went into all that gangsta stuff. I have indie bands on my iPod now."

I found Barbi from my journalism class. We used to flirt. A few years after high school, a buddy convinced me to call her. We were drunk and it was midnight, but we found the number she left in my yearbook. She had married a guy that was a grade above us. I ran into her at a bank a few years after that and she already had three kids. Surely, she'd be divorced by now...not that I was rooting for that.

Barbi was still married to the guy, but we talked for a while. She punched my arm when I made fun of some of our classmates.

The Marriott ballroom kicked us out, and we all went up to the rooms our classmates had booked. A few were drunk. When anyone left, we'd yell out the window to them.

I thought two things: guests in adjacent rooms might be trying to sleep at 2:00 a.m., and have we not grown up since high school? ■

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Reality Inside-Out

"I was possessed. It was as close to automatic writing as anything I have known."

Before anyone speaks at the La Jolla Playhouse, we could be watching a scene from the TV show *All in the Family*: balding Archie Bunker slumped in his old chair; Edith, clad in shapeless cotton, about to say, "You know, Aw-gee." But then the woman, Mrs. Zero, starts talking, and talking, and repressed anger surfaces, and Mr. Zero just sits stony, like a robot with disconnected circuits, and you realize that these aren't the Bunkers, and Elmer Rice's *Adding Machine*'s no TV sitcom.

"What about me?" she asks. She scrubs floors and cooks meals, while he sits all day "just addin' figgers an' waitin' for 5:30. There's no 5:30 for me." He's been a department store accountant for 25 years. She's been "a slave, washin' pots an' standin' over a hot stove." Jan Leslie Harding performs the opening monologue brilliantly, her New Joy-zee accent rising from a slow burn to a four-alarm rager. To underscore her frustration, the production spins her counterclockwise on an orange revolve.

And what about silent Mr. Zero? Most dramatic characters have an arc. He has a nosedive. At first he's a mite sympathetic. His rote job's dehumanizing (an adding machine replaces him after 25 years). But he and his neighbors, it turns out, are selfish, bigoted, racist xenophobes. And when he talks about a growing love of violence, he fits the pattern of a serial killer. Some souls, we learn later, become progressively worse with each rein-

carnation. As if to prove the point, Mr. Zero unpeels like an onion, from protagonist to antihero to the "spineless" prey of demagogues who play on his "ignorance and credulity and provincialism."

Other souls — his wife's, his office-mate Daisy's, the puzzled, obsessively moral Shrdlu's — are less easy to pinpoint. But the playwright pushes Mr. Zero beyond the evils of technology. Even in the Elysian

Fields, given complete freedom of choice, Zero can't, as Bing Crosby croons in the background, "Ac-cen-tuate the positive." He looks around, sees a "mixed crowd" of unexpressed artists and bohemians, and wants out.

In an interview, director Daniel Aukin said we won't identify with Zero but will sympathize. Well, a *saint* might. The guy's a black hole. Few characters in literature are as blank and unfeeling. Even though Richard Crawford tries to coax sympathy through comic passivity, the veneer can't conceal what becomes increasingly obvious: Mr. Zero would applaud the Holocaust.

Better to worry about Diana Ruppe's sharp and touching Daisy, and Joshua Everett Johnson's doom-added Shrdlu (the name sounds guru-mystical but is actually the second line of keys on a linotype machine), and Mrs. Zero, who shows signs of her husband's docility when she vows to give him another 25 years.

Elmer Rice (1892-1967), who abandoned a career as a lawyer, wrote over 20 experimental

REVIEW

JEFF SMITH



Richard Crawford, Diana Ruppe in *The Adding Machine*

The Adding Machine by Elmer Rice

La Jolla Playhouse, UCSD, La Jolla

Directed by Daniel Aukin; cast: Richard Crawford, Jan Leslie Harding, Joshua Everett Johnson, Walter Belenky, Molly Fite, Liz Jenkins, Rufio Lerma, Diana Ruppe, Paul Morgan Stetler, Peter Wylie; scenic design, Andrew Lieberman; costumes, Maiko Matsushima; lighting, Japhy Weidman; sound, Colbert S. Davis

Playing through October 7; Tuesday and Wednesday at 7:30 p.m. Thursday through Saturday at 8:00 p.m. Sunday at 7:00 p.m. Matinee Saturday and Sunday at 2:00 p.m. 858-550-1010.

Ain't Misbehavin': The Fats Waller Musical Show, conceived by Richard Maltby Jr. and Murray Horwitz
San Diego Repertory Theatre, 79 Horton Plaza, downtown

Directed and choreographed by Patdro Harris; cast: Robert Barry Fleming, John Steven Crowley, Lisa Payton, Valerie Payton, Austene Van; scenic design, Robin Sanford Roberts; costumes, Reggie Ray; lighting, Jennifer Setlow; sound, M. Scott Grabau

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dramas championing social justice. The idea for *Adding Machine* came in an instant: “I was actually possessed,” he said, “it was as close to automatic writing as anything I have known.” Expressionism, which Rice borrowed from Fritz von Unruh and from Frank Wedekind’s *Fruehling’s Erwachen*, turns realism inside out. It’s as if Rice’s characters have Tourette’s syndrome. As in Mrs. Zero’s monologue, they withhold feelings then, in a tic, blurt out hopes, fears, and harts. In the Potiker Theatre’s arena stage, the actors are miked. At first this seems excessive for such an intimate configuration. But it works, because they only use the mikes when their characters express inner turmoil to themselves.

The mikes, and other technical aspects also detract, however. *Adding Machine*’s a confirmed Luddite. Sets for the original were jagged, abstract warps, the edges sharp as scissors. The playhouse’s set is sleek and eye-appealing, and the Expressionistic effects rely heavily on technology: doorbells and bright lights, and the splashy one, when cables raise the floor to the ceiling. The message gets mixed. Technology’s erasing the human, Rice shouts like an agitated prophet. But, the pro-



Patdro Harris, Lisa Payton, Valerie Payton, Austene Van, John Steven Crowley in *Ain't Misbehavin'*

duction replies, especially when hot pink feathers trickle down through the open circle, look how pretty we can make it.

Theatergoers new to *Adding Machine* may miss its importance. Many of its concerns — machines taking over, people becoming mere numbers, frozen in their ways and blind to alternatives — tab it as yet another '50s diatribe against dehumanization. But it isn't. It was decades ahead of its time and may be American theater's first Expressionistic drama, paving the way for Sophie Treadwell's *Machinal* and the works of Eugene O'Neill, among others. And Rice wrote

his angry riposte not in the '50s but in the midst of the exuberant Jazz Age, in 1923.

The San Diego Rep opened its 32nd season with what may be this country's most durable musical revue: *Ain't Misbehavin'*: *The Fats Waller Musical Show*. No matter how many times you see it (I've seen four versions), it conjures the soul of the 285-pound genius (1904–1943) who wrote Tin Pan Alley tunes for the “Downtown” crowd (“who like their jazz in small doses”) and stride-piano sparklers for the “Uptown” of the Harlem Renaissance.

The Rep literally conjures Waller by playing a recording of his music, then bringing in JMichael's live four-piece band underneath. One could quibble about some scenelets that

didn't quite cohere on opening night, but overall it's a joyous, sassy winner, especially when the talented cast heads Uptown in Act Two. Decked out in Reggie Ray's parade of white silks and furs, and performing in the smooth, elegant style of the era, they swing into light numbers, buoyant as clouds, belt the audience-participation-pleaser “Fat and Greasy,” and dive deep, as a unit, with an unforgettable “(What Did I Do to Be So) Black and Blue.” ■

THEATER LISTINGS

Theater listings and commentary are by Jeff Smith. Information is accurate according to material given to us, but it is always wise to phone the theater for any last minute changes and to inquire about ticket availability. Many theaters offer discounts to students, senior citizens, and the military. Ask at the box office.

The Adding Machine

Reviewed this issue.

LA JOLLA PLAYHOUSE, SHEILA AND HUGHES POTIKER THEATRE, 2910 LA JOLLA VILLAGE DRIVE, THROUGH OCTOBER 7; TUESDAY AND WEDNESDAY AT 7:30 P.M. THURSDAY THROUGH SATURDAY AT 8:00 P.M. SUNDAY AT 7:00 P.M. MATINEE SATURDAY AND SUNDAY AT 2:00 P.M. 858-550-1010.

Ain't Misbehavin'

The San Diego Repertory Theatre opens its new season with Richard Maltby Jr. and Murray Horowitz's

tribute to the great Fats Waller. Patdro Harris directed. SAN DIEGO REPERTORY THEATRE, LYCEUM STAGE, 79 HORTON PLAZA, DOWNTOWN, THROUGH OCTOBER 14; WEDNESDAY AND SUNDAY AT 7:00 P.M. THURSDAY THROUGH SATURDAY AT 8:00 P.M. MATINEE SUNDAY AT 2:00 P.M. 619-544-1000.

Biloxi Blues

Sunshine Brooks Theatre stages Neil Simon's semiautobiographical drama. Eugene Jerome is drafted, in 1943, and sent to basic training in Biloxi, Mississippi. SUNSHINE BROOKS THEATRE, 217 NORTH COAST HIGHWAY, OCEANSIDE, FRIDAY, SEPTEMBER 28, THROUGH OCTOBER 14; FRIDAY AND SATURDAY AT 8:00 P.M. MATINEE SUNDAY AT 2:00 P.M. 760-529-9140.

A Catered Affair

The Old Globe Theatre presents the world premiere of Harvey Fierstein's musical play. It's 1953. Will a couple spend their life savings opening a business or making their daughter's marriage a catered affair?

OLD GLOBE THEATRE, SIMON EDISON CENTRE FOR THE PERFORMING ARTS, BALBOA PARK, SUNDAY, SEPTEMBER 30, THROUGH OCTOBER 27; SUNDAY, TUESDAY, AND WEDNESDAY AT 7:00 P.M. THURSDAY THROUGH SATURDAY AT 8:00 P.M. MATINEE SATURDAY AND SUNDAY AT 2:00 P.M. 619-234-5623.

Come Back to the 5 & Dime, Jimmy Dean, Jimmy Dean

The building used for the ranch house in the movie *Giant* was just a façade, Ed Graczyk announces several times in his 1982 comedy-drama. So, it turns out, are all of his characters. The 20-year reunion of the James Dean Fan Club has a shocking revelation for each woman (one of them literally having a “false front”). Set at a small-town Woolworth during a three-year drought, the play's a heap of gimmicks, predictable comeuppances, and instantaneous recoveries from stark news. For 6th@Penn, director Ruff Yeager paced the show like a Texas tornado. In this production, the cast — not the play — is the thing: Jill Drexler, as put-upon Juanita, who runs the five and dime; Leigh Scarritt, a brassy (and funny) Sissy; Wendy Waddell as the ornate Stella May; Robin Christ as the self-appointed Madonna of McCarthy, Texas; and especially Susan Stratton as Joanne, the unwanted intruder in 1975 and 1955, gun the engines throughout, past the author's sexist objectifications and pseudoreligious symbolism (in which James Dean becomes Jesus) and, backed by a talented supporting cast, make the material as credible as it could possibly be.

Worth a try.

6TH@PENN THEATRE, 3704 SIXTH AVENUE, HILLCREST, THROUGH SEPTEMBER 30; THURSDAY THROUGH SATURDAY AT 8:00 P.M. SUNDAY AT 7:00 P.M. 619-688-9210.

Dear Miss Breed

The San Diego Public Library and Asian Story Theater pay tribute to Clara Breed, local librarian, who corresponded with over two dozen San Diegans of Japanese-American descent during World War II. LYCEUM THEATRE, 79 HORTON PLAZA, DOWNTOWN, THROUGH SEPTEMBER 30; THURSDAY AND FRIDAY AT 10:00 A.M. THURSDAY AT 7:00 P.M. FRIDAY AND SATURDAY AT 8:00 P.M. MATINEE SATURDAY AND SUNDAY AT 2:00 P.M. 619-544-1000.

Death Trap

North Park Vaudeville & Candy Shoppe stages Ira Levin's comedy-thriller. Terie Trenchard directed. NORTH PARK VAUDEVILLE & CANDY SHOPPE, 2031 EL CAJON BOULEVARD, NORTH PARK, THROUGH OCTOBER 6; FRIDAY AND SATURDAY AT 8:00 P.M. 619-220-8663.

Electra

MiraCosta College presents Sophocles' story of betrayal, murder, and revenge. Eric Bishop directed. MIRACOSTA COLLEGE THEATRE, 1 BARNARD DRIVE, OCEANSIDE, FRIDAY, SEPTEMBER 28, THROUGH OCTOBER 7; THURSDAY THROUGH SATURDAY AT 7:30 P.M. MATINEE SUNDAY AT 2:00 P.M. 760-795-6815.

Forever Tango

Luis Bravo's celebration tells the story of tango, from the brothels and bordellos of 19th Century Buenos Aires to a Parisian dance craze, and finally to acceptance by upper-class Argentines. SPRECKELS THEATRE, 121 BROADWAY, DOWNTOWN, FRIDAY, SEPTEMBER 28, THROUGH SEPTEMBER 30; FRIDAY AND SATURDAY AT 8:00 P.M. MATINEE SATURDAY AT 2:00 P.M. AND SUNDAY AT 3:00 P.M. 619-235-9500.

The Glass Menagerie

San Diego State University presents Tennessee Williams's drama about memories as fragile as figurines. EXPERIMENTAL THEATRE, SAN DIEGO STATE UNIVERSITY, FRIDAY, SEPTEMBER 28, THROUGH OCTOBER 7; THURSDAY THROUGH SATURDAY AT 8:00 P.M. MATINEE SUNDAY AT 7:00 P.M. 619-594-6884.

Hamlet

Director Darko Tresnjak has set the great tragedy of dilatory revenge in Shakespeare's time of ghosts, hell-fire, and divine right of kings. He makes no visual attempt to tweak *Hamlet* with forced relevance (and for this relief from contemporary narcissism, much thanks). Robert Morgan's excellent costumes bespeak the period: ruff collars and regal flecks of gold. The spare, generally well-spoken production has questionable choices, and the performances are uneven (younger actors tending to emote the ends of their scenes at the beginning). Charles Janasz's Polonius is near perfect, however, a state department official slipping toward senility. And Celeste Ciulla gives Queen Gertrude, usually played as a docile bystander, depth and vitality. The night I attended, Lucas Hall did a metamorphosis. At first he was just acting Hamlet, and watching himself do it: word-gesture-word, as if in rehearsal. About two-thirds through, it was as if he grasped the impossibility of Hamlet's plight — revenge a death, kill the king, but stay pure and “taint not” his mind. Instead of just saying the lines, Hall suddenly *meant* them. From that point on, Prince Hamlet walked the stage.

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The Honky Tonk Angels

North Coast Repertory Theatre stages Ted Swindley's musical about three rural women who follow the Nashville Dream. David Ellenstein directed. NORTH COAST REPERTORY THEATRE, 987 LOMAS SANTA FE DRIVE, SOLANA BEACH, THROUGH OCTOBER 7; THURSDAY THROUGH SATURDAY AT 8:00 P.M. SUNDAY AT 7:00 P.M. MATINEE SUNDAY AT 2:00 P.M. 858-481-1055.

How I Learned to Drive

OnStage Playhouse presents Paula Vogel's controversial memory play about Li'l Bit, her uncle Peck, and, says Vogel, "about the gifts we receive from people who hurt us." Carla Nell directed. ONSTAGE PLAYHOUSE, 291 THIRD AVENUE, CHULA VISTA, THROUGH OCTOBER 6; THURSDAY THROUGH SATURDAY AT 8:00 P.M. MATINEE SUNDAY AT 2:00 P.M. 619-422-7787.

Joey and Maria's Comedy Italian Wedding

Joey and Maria tie the knot in "not-so-ordinary interactive dinner theater." HOLIDAY INN ON THE BAY, 1355 NORTH HARBOR DRIVE, SAN DIEGO, OPEN-ENDED RUN. FOR DAYS AND TIMES CALL 800-944-5639.

A Little Night Music

South Coast Repertory Theatre stages Stephen Sondheim's musical comedy, based on Ingmar Bergman's *Smiles of a Summer Night*. Stefan Novinski directed. SOUTH COAST REPERTORY THEATRE, SEGERSTROM STAGE, 655 TOWN CENTER DRIVE, COSTA MESA, THROUGH OCTOBER 7; SUNDAY, TUESDAY, AND WEDNESDAY AT 7:30 P.M. THURSDAY THROUGH SATURDAY AT 8:00 P.M. MATINEE SATURDAY AND SUNDAY AT 2:30 P.M. 714-708-5555.

Man of La Mancha

Lyric Opera San Diego opens its 28th season with Mitch Leigh, Joe Darion, and Dale Wasserman's musical based on Cervantes's *Don Quixote*. BIRCH NORTH PARK THEATRE, UNIVERSITY AVENUE AT 29TH STREET, FRIDAY, SEPTEMBER 28, THROUGH OCTOBER 7; THURSDAY THROUGH SATURDAY AT 7:30 P.M. MATINEE SUNDAY AT 2:30 P.M. 619-239-8836.

Measure for Measure

Looking for an undemanding summer bagatelle? Go see the Old Globe's *Measure for Measure*. It's a real crowd-pleaser. Of course, if you want an earnest exploration of one of Shakespeare's most intricate works — designed, writes John Wilders, "to show the impossibility of writing comedy" — look elsewhere. Director Paul Mullins has glossed over subtexts and staged things just for yuks. He's tweaked every comic moment and inverted major and minor characters. The subordinates cavort like headliners (especially Lucas Hall's hyperactive Lucio, flitting about Ralph Funicello's handsome, stained-wood set as if on loan from Cirque du Soleil). The comedy frames, and in the end mocks, the somber leads, who drone on about human frailty and "lawful" mercy and feel like a nuisance the director couldn't sweep under the carpet (so he took away their inner lives). All production elements serve the comedy. The ensemble work has no weak links. The pacing is brisk, the



Measure for Measure

blockings appropriate. The show, in short, is of a piece. It just isn't *Measure for Measure*. LOWELL DAVIES FESTIVAL STAGE, SIMON EDISON CENTRE FOR THE PERFORMING ARTS, BALBOA PARK, THROUGH SEPTEMBER 30. NOTE: *MEASURE FOR MEASURE* RUNS IN REPERTORY WITH *HAMLET* AND *THE TWO GENTLEMEN OF VERONA*; FOR DAYS AND TIMES CALL 619-234-5623.

National Comedy Theatre

Improvitational comedy, making up funny stuff on the spot, is difficult enough. Years ago, however, Keith Johnstone thought it'd be more exciting if gone competitively. He got the idea from pro wrestling ("where Terrible Turks mangled defrocked priests while grannies waved their handbags"). National Comedy Theatre, an off-

shoot of Johnstone's TheatreSports (artistic director Gary Kramer says the two compare like "rugby and American football"), resembles an athletic event more than an improve. Teams wear uniforms and compete on ActoTurf. Using suggestions from the audience, they play "Emotional Sympathy," "Blind Line," and "Freeze Tag," with judges awarding points to the best scenes. Klunkers and groaners get booed; quick wit rewarded (one of the most refreshing parts of the contest: people acknowledge failure, abundantly, then forget it). It makes for a lively, often funny evening. And Gary Kramer is one talented comedian.

Worth a try.

MARQUIS THEATER, 3717 INDIA STREET. MISSION HILLS, OPEN-ENDED RUN; FRIDAY AND SATURDAY AT 7:30 P.M. AND 9:45 P.M. 619-295-4999.

Oscar and the Pink Lady

The Old Globe Theatre presents Emmanuel Schmidt's tale of a young hospital patient and his uplifting relationship with a volunteer "pink lady." CASSIUS CARTER CENTRE STAGE, SIMON EDISON CENTRE FOR THE PERFORMING ARTS, BALBOA PARK, THURSDAY, SEPTEMBER 27, THROUGH NOVEMBER 4; SUNDAY, TUESDAY, AND WEDNESDAY AT 7:00 P.M. THURSDAY THROUGH SATURDAY AT 8:00 P.M. MATINEE SATURDAY AND SUNDAY AT 2:00 P.M. 619-234-5623.

Runt of the Litter

The Poway Center for the Performing Arts hosts a production of Bo Eason's drama about brothers struggling to prove themselves in the National Football League. POWAY CENTER FOR THE PERFORMING ARTS, 15498 ESPOLA ROAD, POWAY, SATURDAY, SEPTEMBER 29, AT 8:00 P.M. 858-748-0505.

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Richard Crawford in *The Adding Machine*. Photo by J.T. MacMillan

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THEATER

San Diego Theatresports:
The Funhouse

A cross between improvisational comedy and *Family Feud*, The Funhouse combines improv with competitive scene-making, with the audience awarding points to the winning team. Purists might balk at the odiousness of comparisons used in this format, but the “game show,” on Fridays, is a kick. The 90-minute evening offers different bits. The winner gets a banana, the loser a “forfeit.” Some attempts went nowhere (improve is tough: I did it in my, as hindsight reveals, callow youth). Others made amazing twists and turns. The group has more hits than misses, and their guru, Keith Johnstone, wrote one of the very best books I’ve read about making theater. They put his pearls to good use. Their motto: “Remember, when it’s not funny, it’s art.”

Worth a try.

THE FUNHOUSE 6822 EL CAJON BOULEVARD (BETWEEN 68TH AND 69TH), COLLEGE AREA. FRIDAY AT 7:45 P.M. SATURDAY AT 7:45 P.M. AND 9:45 P.M. 619-465-7469.

Seven Crimes: A Celebration of Murder, Mayhem, and Mutilation

Sledgehammer Theatre presents its first “Halloween Spectacular”: Grand Guignol theater noted for its “garish depictions of sex and violence.” Scott Feldsher directed. TENTH AVENUE THEATRE, 930 TENTH AVENUE, DOWNTOWN, SUNDAY, SEPTEMBER 30, THROUGH NOVEMBER 4; THURSDAY THROUGH

SATURDAY AT 8:00 P.M. SUNDAY AT 7:00 P.M. 619-544-1484.

Shipwrecked! An Entertainment

South Coast Repertory Theatre presents the world premiere of Donald Margulies’s drama, based on an unlikely hero in Victorian England. Bart DeLorenzo directed. SOUTH COAST REPERTORY THEATRE, JULIANNE ARGYROS STAGE, 655 TOWN CENTER DRIVE, COSTA MESA, THROUGH OCTOBER 14; TUESDAY THROUGH SUNDAY AT 7:45 P.M. MATINEE SATURDAY AND SUNDAY AT 2:00 P.M. 714-708-5555.

Thoroughly Modern Millie
Welk Resorts Theatre stages the 2002 Tony Award-winner. It’s 1922. It’s New York. And Millie Dillmount’s looking for a new life. WELK RESORTS THEATRE, 8860 LAWRENCE WELK DRIVE, ESCONDIDO, THROUGH NOVEMBER 4; TUESDAY, THURSDAY, AND SATURDAY AT 8:00 P.M. MATINEE TUESDAY THROUGH THURSDAY, AND SATURDAY, AT 1:45 P.M. 760-349-3448.

Triple Espresso: A Highly Caffeinated Comedy

Hugh Butternut’s done his lounge act at the Triple Espresso Coffeehouse 20 years to the day. While patrons sip a house blend — “Grape,” “Scandinavian Blizzard,” or “Mokoko Cocoa Mocha” — Hugh plays ’70s tunes on the piano. He and his companions, here to celebrate Hugh’s anniversary, got stuck in the ’70s. The trio used to be Maxwell, Butternutt, and Bean, a comedy group that never went far. They’re “losers,” they admit, but not “ordinary” ones. And hey, their reunion could help them face searing issues from their mediocre pasts. The story line’s straight from *Forever Plaid*. There’s also the *Forever Plaid* problem: the



The Two Gentlemen of Verona

three comedians are far too talented to play inept characters. One’s a whiz at the piano. Another’s a first-rate mime, and the third’s a crackerjack magician. The trio’s so talented, when the plot has

them complain of difficulties to overcome, you wish they’d quit trumping up the pseudo-drama and get on with this highly entertaining, if lightweight show.

Worth a try.

HORTON GRAND THEATRE, 444 FOURTH AVENUE, GASLAMP QUARTER, THROUGH OCTOBER 14; THURSDAY AT 7:30 P.M. FRIDAY AT 8:00 P.M. SATURDAY AT 5:00 P.M. AND 8:00 P.M. SUNDAY AT 3:00 P.M. AND 7:00 P.M. 619-234-9583.

The Two Gentlemen of Verona

For a director, staging one of Shakespeare’s earliest plays is a good news/bad news deal: you get to do the Bard, but it’s *Two Gents*, which has gaps you could drive a truck through. Matt August’s work on the Old Globe’s outdoor stage looks as if he’s burned for the assignment. Young Veronans, Valentine, Proteus, and Julia, are *really* innocent. And when the country boys reach Milan, they go through the looking glass into decadent Restoration England. In this lust-steamed environment the young men’s rude behavior makes a bit more sense (since the adults are scruple-free), if you don’t look too closely. You will wonder how Stephanie Fieger’s appropriately adamant Sylvia could have remained so unlike her surroundings, and how Tom Hammond’s Mick Jagger-agile Duke shrinks in the final scene, giving way to young Valentine’s (likable Ryan Quinn) dimly motivated emergence as the

play’s moral voice. And surely Joy-Farmer Clary’s sparkling Julia would regard Proteus, in the end, with a more discerning eye, especially since Corey Sorenson makes Proteus’s flip, from ardent innocent to sexual terrorist, so convincing. In such a fickle world, only the clowns — Celeste Ciulla, Sam Breslin-Wright, and Jonathan McMurry, accompanied by a scene-stealing dog named Monty — are constant.

Worth a try.

LOWELL DAVIES FESTIVAL THEATRE, SIMON EDISON CENTRE FOR THE PERFORMING ARTS, BALBOA PARK, THROUGH SEPTEMBER 30; NOTE: *TWO GENTLEMEN* RUNS IN REPERTORY WITH *HAMLET* AND *MEASURE FOR MEASURE*; FOR DAYS AND TIMES CALL 619-234-5623.

Where There’s a Will... There’s a Wake

Mystery Café Dinner Theatre presents James Pascarella and Will Roberson’s interactive comedy, set in a 1920s speakeasy where suspicion shrouds every “gangster, game, and dame.” Pascarella directed. MYSTERY CAFE, IMPERIAL HOUSE RESTAURANT, 505 KALMIA STREET, MIDTOWN, OPEN-ENDED RUN; FRIDAY AND SATURDAY AT 8:00 P.M. 619-544-1600.

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Top of the Neighborhood

Restaurateur Tracy Borkum (Laurel, Chive, Kensington Grill) is a demanding mistress. Chefs who don't meet her exalted standards (or who don't want to meet them) vanish swiftly. But chef Hanis Cavin, now cooking at Kensington Grill, seems a heaven-made match, and I hope it's a long and happy one. Not only is Hanis an imaginative chef with a fine palate for big, forward flavors, but due to his secret workaday weapon — fluent kitchen Spanish — the execution of the dishes is flawless, wherever he's in charge. (See About the Chef, next page.) And with Tracy as his boss, he can buy the great ingredients he needs to make his food shine.

Kensington Grill is a slightly upscale neighborhood restaurant in a decidedly upscale neighborhood, and Hanis cooks just the sort of mouth-friendly, sophisticated food you want from such a spot. It's not madly avant-garde — but nearly every dish at every meal is fresh, imaginative, and tastes terrific.

My eating buddy Samurai Jim recruited a couple of friends who are longtime Kensington residents: James, a well-traveled ex-Navy guy turned chef (and now realtor) and his wife Anita, a Nordstrom executive who travels the country staging training exercises. After about three food-related sentences, I told Jim, "Add 'em to the posse; they've traveled enough and eaten enough." (I admit that their midlife beauty added to the appeal. Treat the eyes while you treat the mouth.)

Kensington Grill was redecorated a few years ago, but on a balmy, humid night at the start of the Labor Day weekend, when the air felt like a perfect New Orleans evening, we couldn't resist the sidewalk patio, foregoing the air-conditioned interior with its subdued golden lighting and clean, bright decor.

Jim, recently moved to nearby Talmadge, had previously sampled the fried calamari. "I don't really like squid, but this was special," he said. And so it was: The crisp-crusted tender circlets were engulfed in a vivacious cabbage and red pepper "slaw" dressed with sweet Thai chili sauce (Mae Plow brand, from a nearby Asian supermarket), a combination brimming with spirit. Hanis created the dish when he first worked at this restaurant, seven years ago. "Mmm, dis bust da mout," quipped James in Pacific Islander argot. A few nights later, enjoying the doggie bag, I realized where I'd tasted a similar dressing — in a raw cockle salad at my favorite dive on slummy lower Sukhumvit Road (Bangkok). That's a rave.

Small Prince Edward Island mussels also were treated to Southeast Asian flavors, but this time as comfort food — swimming in a caressing broth of coconut milk, Kaffir lime, and lemongrass. Not only were the mussels cooked to succulence, but the broth was ideally salted, with the mussels' own



PHOTOGRAPH BY JOE KLEIN

brine contribution factored into the equation.

House-cured salmon gravlax, with grilled baguette, lemon-whipped cream cheese, and marinated cucumber salad was fresh and easygoing, an ideal summer-night starter. And a mango and Brie quesadilla was a light, bright surprise, since Brie can be overfilling. This holdover from a previous chef's menu deserves its long run. There was just enough cheese to hold the quesadilla together, but the real stars, along with the fruit, were the golden corn kernels as garnish. The combination tasted like an instant Caribbean vacation.

I was hoping to try the bouillabaisse (listed on the website menu) so I could play "compare and contrast" with the version at nearby Bleu Bohème (where I had reservations for the next night). But bouillabaisse has been banished from the current menu (it may come back in winter), with a substitution of a seafood pasta. (Sorry, anybody can cook that, whereas bouillabaisse takes real work.) Instead, we chose "crispy skin salmon," and it was a delight, the fish moist, thick, and medium-rare, the skin indeed crispy. The Scottish salmon (from cold waters with strong currents) was both lean and succulent, served over a light miso broth with delicate green tea soba, the "Asian trinity" (garlic, shallots, ginger), and minced celery, carrots, and bamboo shoots.

Tender, medium-sized pan-roasted Callo de Hacha sea scallops from Baja were fresh and of fine quality, perched atop crisp, interesting shrimp-

and-potato cakes, the shrimp subtly pushing the spuds to a higher realm. Alongside each scallop was a heaping tablespoonful of a lush, tropical-tasting veggie medley of white corn, fresh peas, and teardrop tomatoes on little beds of fresh pea shoots.

Horseradish-coated sea bass is comfort food (another of the few dishes held over from previous chefs) and James's longtime favorite here. "People think about horseradish as harsh tasting," he said, "but if you grate it raw and then cook it, it's mellow. If you serve it raw, it'll blow your head off." This mellow rendition came with lush mashed potatoes and crispy leeks. The leek juices seeped into the spuds, turning their edges chateaufort and elevating the flavor well above ordinary.

Both Jim and Anita love steak, so we bypassed several other interesting meats (game meatloaf, stuffed "Sterling Silver"—grade well-marbled pork chops, and braised lamb shanks with couscous) in favor of grilled rib eye, which came with ramekins of two sauces, salsa verde and mustard aioli. "I like it so much better this way," said Jim, "served with a choice of sauces, instead of having it arrive already slathered with something." I was neutral on this dish because my tablemates wanted "medium rare" while I prefer "ultra rare." (The "vampire hours" I work apparently breed vampire tastes.) But if you're a steak conservative, take their word that it was good.

The wine list is sheerly wonderful, put together by an adventurous palate. With the temperature that

Kensington Grill

★★★★ (Excellent)

4055 Adams Avenue (at Kensington Street), Kensington, 619-251-4014, www.kensingtongrill.com.

HOURS: Sunday–Thursday 5:00–9:30 p.m., Friday–Saturday until 10:00 p.m.

PRICES: Appetizers and salads, \$7–\$10; larger plates, \$15; entrées, \$13–\$27. Desserts, \$8–\$9. "Early bird" dinner 5:00–6:00 p.m., limited three courses for \$25.

CUISINE AND BEVERAGES: Inventive California cuisine with seasonal menu, Asian and Mexican touches. Adventurous international wine list, plenty of affordable bottles and choices by the glass; full bar. Wednesday "wine nights," half-price over \$45.

PICK HITS: Fried calamari in sweet chile dressing; mussels in coconut milk; mango-Brie quesadillas; pan-roasted scallops; crispy-skin salmon; white-chocolate strawberry shortcake (seasonal). Chef's picks: stuffed pork chop, salmon.

NEED TO KNOW: Attached parking lot may fill up early, passable parking nearby, including a free lot a block west and across the street. A few tables of heated street-and-patio dining in front, not overly noisy. Reservations strongly recommended. One vegan main-course sampler platter, several lacto-vegetarian appetizers, salads, sometimes pasta. Nightly "happy hour" drink specials.

Ratings reflect the reviewer's reaction to food, ambience, and service, with price taken into consideration. Menu listings and prices are subject to change.

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REVIEW

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Calendar

RESTAURANTS

texture is light, and the sugar syrup ickzled on the surface isn't icky-sweet, merely sweet enough.

But the dessert that left my socks way down the block was our waitress's recommendation of a white-chocolate strawberry shortcake. After a big meal, as I've often said, what I want is "sweetened air," and this was exactly that — a cylinder of fluff, fruit flavor, and gentle sweetness, anchored only by gravity to the planet's surface. It was more than good.

Ever since my superb meal from chef Patrick Ponsaty at Bernard O's (a "neighborhood restaurant" that sets a fabulously high standard, *en français*) — compared to an earlier, dreadfully disappointing dinner at Addison — I've quietly revised my rating system to give more weight to sheer deliciousness — because the food of some highly accomplished "big name" chefs can be awesome but doesn't necessarily taste delightful. With a neighborhood restaurant like Kensington Grill, the taste factor really counts the most. Hanis Cavin's food is not likely to scare the horses, but it's definitely a free-stepping pace away from the ordinary — and at the same time, reliably mouth watering. If you've been scrambling to get a reservation at new and trendy Bleu Boheme nearby (to be reviewed next week), you might think again about revisiting an old favorite instead. Good old Kensington Grill is now good old *four-star* Kensington Grill. I still adore the Moroccan food at Kous-Kous in Hillcrest and the Georgian food at Pomegranate in University Heights, but if you're craving something less exotic and more comfortable in a neighborhood restaurant, this must be the top American-food rendition in the city. With Hanis, to paraphrase Victor Spinetti in the Beatles' movie *Help!*: Just give him good ingredients and he could rule your mouth.

ABOUT THE CHEF
A longtime chef at Dakota Grill, Hanis Cavin moved on to a

quick, fine stint at New Leaf at the downtown Hilton, then proceeded to reinvigorate Pacific Coast Grill in Solana Beach before taking on the Kensington Grill eight months ago. He's a big, low-key guy (but with high culinary standards) — an alpha grill.

"I moved to Kensington drawn by the chance to have pretty much my own say on the food. The direction Tracy [Borkum, the owner] wanted to go in was to keep the neighborhood happy. We're really geared to being local and fresh and not so much of a specific [culinary] niche. I loved PCG with its 'Pacific coast theme,' but here I have some Asian, some American — I can use all the ingredients that are available to us. And that's fun for a chef. Tracy's rarely here — I mean, it's fun when she's here — but when you can feel comfortable about running the restaurant on a daily basis, that makes every thing a little bit better. An owner's ability to have confidence in her staff makes a job really great. She's a terrific boss — she wants to have great food, consistent food, and she relies on us to be her eyes and her ears.

"And the service staff have all been here years. That's really exciting, to work with a staff that's seasoned, that appreciates the food, and that appreciates it when you change the food. They give me great feedback, they really speak to me. They say, 'People aren't really eating this,' and I say, 'Let's change it.' We have the ability to make a change mid-shift if we need to. We can print a menu at 7:00, and if something isn't working, we can change it right there, that night. There's no need to keep serving something that people aren't enjoying. I think it helps the comfort level of everybody here.

"We're gearing the food to be seasonal and as local as possible. We get our produce from Specialty Produce, a local company that's now going around and buying from local farms, because they have enough restaurants that want to use local produce. It's hard for even chefs to know all about every farm, and Specialty Produce researches all these little companies and helps them so they do stay

afloat. We do use Santa Monica for most of our fish, which isn't local, because their quality is just exceptional. It's because they have a passion — the fish comes as cold and fresh as it was in the warehouse. We try to be responsible and use only nonendangered fish."

A couple of years ago, when I telephoned Hanis at Pacific Coast Grill, I overheard him speaking fluent "kitchen Spanish" with his staff. A far cry from some of the prima donnas coming out of cooking schools who refuse to learn another language, he encourages his line chefs to leap for excellence and enjoy perfecting their craft — hence, no misunderstandings and none of the sly sabotage of the "*no te entendí, pensé que me pedías que me orinara en la sopa*" school of deliberate cluelessness. (Translation: "I didn't understand, I thought you had asked me to piss in the soup.") *No problema* for him. Cooking schools ought to make kitchen Spanish a required course: Hanis talks the talk as well as walks the walk, and the result is that he seems to elicit full-out performance from his staff, with mainly flawlessly executed dishes wherever he's worked.

"I'm really comfortable in a kitchen with a Latino staff," he says. "You bond a little more family-like. It's great to have somebody ambitious who wants your job someday, but it's really nice to have people who are happy to work their stations, and when you give them a new item to cook, they're excited about it. One of my right-hand men now was here when I worked here seven years ago. Whereas the one Anglo we have in our kitchen, fresh out of culinary school, is having a harder time because — although everybody can speak English — when things get really busy and hectic, you fall back on your first language. I like to make everybody have pride in what they do. I just got back from a couple of days in Ensenada, and I bought everybody on my crew Mexican wrestling masks. As silly as it is, it bonds the crew together. You make cooking fun, and I think it shows on the plate."

Erratum: A charming letter from Old Peru Hand Chris V. (with no return address, or I'd answer and enjoy sharing reminiscences) pointed out that Huancayo is slightly north of Cuzco, not south. Luckily, south of the equator the sun still rises in the east, or as trip navigator I'd probably have steered us to Nome instead of Tierra del Fuego. Why I didn't mention the divine Pisco Sour cocktail in my review of Latin Chef? Because the latter has no liquor license. Made with delicious white Peruvian brandy, the Pisco Sour resembles a Ramos Fizz; in Lima, they often substitute it for tea at "tea time" (dinners tend to be very late), and a couple of them can be deadly (especially in the airport lounge awaiting your flight announcement). Along with the margarita, caipirinha, and mojito, it ranks among the world's greatest tropical cocktails. ■

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C A F E

MILANO

Across the Moat

"My case? Domestic violence. Restraining order. It's very scary."

GET OUTTA MY FACE! GET THE HELL AWAY FROM ME!" The man's lips are taut as rubber bands. He flings his arms about as he walks away from her.

The woman just stands there. "But I need \$50," she says. "I'm cut off. I'm cut off." Oh, man. Feel bad for her. She looks lost. I'm catching this while I'm sitting and eating a sandwich outside Pop's place, right across from the family court on Fourth Avenue.

"Thanks, Pops," says a guy in sandals, as he comes out with a couple of cans of beer in a paper bag.

You might call this the first neighborhood outside downtown. If San Diego were a castle, we'd be just across the moat. Up a few yards, there's a guy in rags asleep in the grass under a tree. The big gentrification thing hasn't happened here yet. It's still real.

"Help you?" said Pops — that's what everybody calls him — when I first came in, about 1:30.

"Do you have coffee?" I asked. "In the urn."

He said it was \$1.25, no frills, no refills. This is a little grocery store, not even a mini-market. Sort of how you remember stores in your country childhood. Shelves behind the counter loaded with corn flakes, Hunt's beans, Vienna sausages, tuna, corn oil, strawberry jam, jars of pickled pigs' feet. Chewing gum and candy in the middle aisle and liquor on the far wall. And, hey: at the back, a little kitchen for deli sandwiches.

Older guy, looking tanked, grabs a 22-ounce can of Steel Reserve 211, just as a sophisticated-looking gal comes over from the family court.

"I won!" she says. "I keep custody. I need a cigarette." Does she know Pops? Nope. Think this is just the way it is in here.

I start checking the wall menu for something to eat with this cawfee. The first item looks like it could do the trick, a torpedo special, stuffed with roast beef, ham, and turkey, for \$4.50. Turkey Supreme with cheese is \$4.25. Roast beef, hot or cold, is \$4.35. Ham and cheese is a dime cheaper. Tuna Delight is \$4.45. They have hot dogs for \$2 and chili dogs for \$2.50 and a simple

cheese sandwich for \$3.25. But because, once again, sigh, this is breakfast and lunch combined, there's only one for me. Egg and cheese sandwich with bacon (\$4.35). On wheat. As Pops makes it, with surgical throwaway plastic gloves on, I squeeze out my coffee from the urn. I ask him about "G&S," the store's name. "I've had this place 5 years," he says as he cracks two eggs, then whips them up with a fork. "It's been called 'G&S' for 18, and I still don't know what it stands for." He grabs some bacon, cuts it up, shoves it with the eggs into the microwave, slathers mayo on two slices of wheat bread, adds lettuce, tomato, and a slice of cheese, waits for the microwave to ding, sticks 'em all together, slices it all through diagonally, and presto. Brunch.

I take it outside to the one table with the one chair. It has a blue-and-white checked plastic tablecloth and a closed blue Corona umbrella that looks as if it's never been deployed. The table's set against the colored tiling on the outside frontage. I pull my sandwich out from its brown bag and start chomping. Hmm. Fresh bread. Always a good sign. And the eggs are properly scrambled, and what surprises me, what with being cooked in a microwave and all, is

that the bacon is crisp. This feels like those Dagwood sandwiches we used to have at school. Thick, stuffed, crunchy, healthy, lotsa mayo.

Pops has planted geraniums around the bases of palm trees on the sidewalk, so it feels kinda cozy out here. As I chomp in, I can't help looking at a couple standing outside the courthouse, locked up in a big ol' smooch. At last they come across the road, but each then goes a separate way. Wonder if they just got a divorce?

Another guy named Gil heads in. He's moved into the residential hotel next door. "This is our local for everything, extra supplies to sandwiches," he says. "I look after a guy who lost his legs. I used to be a chef, but this guy, he got shot. He's so cheery. I'm kind of caretaking for him."

I finish up. Think of getting a Snickers bar for dessert. As I'm stepping back in, two things happen. Pops comes and takes my chair and hides it through the back of the kitchen, and then a smart-looking gal enters and orders a roast beef sandwich on rye.

"My case?" she says. "Domestic violence." Her name is Maggie. "Restraining order. It's very scary. There was a gun involved. Uh, can I have a chair at the table out there so I can sit and eat this?"

"Sorry," says Pops. "I have to bring it in at 1:30-2:00 every day. City. Don't ask me why."

Wow. Now it's a crime to sit down and eat? Is this city crazy or what? Maggie's still shaky from getting her restraining order. She has to go and sit on the ground in her smart black dress in the parking lot next door to eat her sandwich. Couple of drunks come up and proposition her.



Egg, cheese, and bacon sandwich

"I have to do it," says Pops. "They could close me down."

Gadzooks. What insane law is the City quoting? Something to do with street people sitting here?

So whatever, best come in the morning, when the chair's allowed out. Rumor has it Pops sometimes even puts two there. You can see what a threat that'd be to our way of life. Maybe they should take him to family court. ■

The Place: G&S Market and Deli, 1440 Fourth Avenue, downtown, 619-231-4056
Type of Food: sandwiches
Prices: Egg and cheese sandwich with bacon, \$4.35; BLT, \$4.35; torpedo special (roast beef, ham, and turkey), \$4.50; Turkey Supreme with cheese, \$4.25; roast beef, \$4.35; ham and cheese, \$4.25; Tuna Delight, \$4.45; cheese sandwich, \$3.25; hot dog, \$2; chili dog, \$2.50
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North County Reader September 27, 2007 119

Garden Project

“Send the chicken into the vineyard and let nature take its course.”

Consider the egg. When I was a boy on Staten Island, hens ate grit and grasshoppers and scraps from the table and whatever they could scratch out of the ground, and a platter of scrambled eggs was a delight. Then the scientists developed a special egg-laying mash made of old corncocks and sterilized buttermilk, and nowadays you order scrambled eggs and you get a platter of yellow glue. Consider the apple. Years ago you could enjoy an apple. Then the scientists took hold and invented chemical fertilizers especially for apple trees, and apples got big and red and shiny and beautiful and absolutely tasteless.”

— from *Old Mr. Flood* by Joseph Mitchell

That was written in 1948. Nearly 40 years later, Jim Fetzter decided to open an organic garden at his family’s Mendocino winery, where he served as CEO and the main engine of its marketing machine. (And what a machine — from 200,000 cases in 1981 to 2.5 million by the time the winery was sold to Brown-Forman in 1992. Fetzter introduced the notion of vineyard-designated wines to California, and their unoaked Chardonnay, which became a huge part of the winery’s explosive growth through the ’80s, was a savvy — and early — response to the proliferation of oak-heavy California Chard.)

Recalls Fetzter, “I saw early on that we wanted

to sell more wine ‘on-premise’ — in hotels and restaurants, as opposed to bottle shops and grocery stores. “So we called on restaurants and hotels, and back then, most of the chefs were European-trained. They were all complaining about

the fruits and vegetables in America, that they had no flavor. At the same time, we were trying to get people to come up to our winery in Mendocino — food and beverage directors, bartenders, managers. That sparked our interest — ‘Maybe what we need to do is learn more about food. We

can create this center, educate our own salespeople, and attract people to come up and learn.’ ”

In 1984, Fetzter started work on “a garden project,” one that eventually “grew over 1000 varieties of fruits, vegetables, herbs, and flowers. We had a demonstration kitchen. We hired chef John Ash.” People took notice and started making the trek north “to learn more about the food part of it and to try the wine and food together. We put training programs together for Marriott, Hyatt, Westin, and Omni — they would send their general managers and executive chefs. We had a very cohesive marketing plan; the food thing brought us into something we could build on.”

To manage the garden, the Fetzers hired Michael Maltas, *Organic Gardening* magazine’s Midwestern Gardener of the Year for 1985. Born in Zimbabwe and educated in England, Maltas had

made his mark in the earth at a biodynamic garden in Missouri. He came West, complained about all the chemicals being sprayed in the vineyards surrounding his garden, and presented the Fetzers with his first crop of organic produce. Paul Dolan, Fetzter’s winemaker at the time, told *Fast Company* magazine that the vegetables were good enough to make him say, “God, we’ve got to try this in the vineyards.” The article goes on to say that the experimental plantings of organic grapes “made the nonorganic grapes seem bland.” Add wine grapes to Old Mr. Flood’s account of eggs and apples.

By the time Fetzter sold, the winery was just beginning to market Bonterra, its first wine made from 100 percent organic grapes. Jim Fetzter was proud of his product but is quick to admit that it’s very easy to make “piss-poor organic wine by default — if you don’t do anything” to deal with various problems in the vineyard or winery just so “you can be certified organic.” Biodynamics — the sort of gardening Maltas had done with his vegetables and fruits — seemed like the logical next step. If being certified organic meant that you avoided certain practices — the use of chemical fertilizers and insecticides, for example — then being certified biodynamic meant that you embraced practices that would take the place of things like chemical fertilizers and insecticides.

Fetzter established his first biodynamic vineyard on Mendocino’s McNab Ranch in 1996. Being certified biodynamic, he explains, requires a number of elements, all oriented toward creating a self-contained, sustainable environment



Jim Fetzter

that works in harmony with the natural forces around it. For starters, “We can’t have a monoculture; we have to have diversity on the farm. We have to have a crop rotation program — for us, that means planting different cover crops between the vine rows” to provide various nutrients to the soil. “We have to have a compost program on the farm” — grape pumice, chicken manure, etc. Getting the manure is easy, because “we have to have animal life on the farm.” Send the chickens into the vineyard to eat cutworms (hello, natural insecticide) and let nature take its course.

The compost program does include one or two funky elements — the sorts of things that make people associate biodynamics with mystic hoodoo. Things like packing a cow horn with manure, letting it ferment underground between the fall and spring equinoxes, aging it in a cool, damp, dark environment, and then mixing it with warm water to spray on the vineyards. But there’s hard science at work as well: the aforementioned cover crops provide nutrients, but the crops have to decay before the nutrients become available

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to the vine. Mixing the microbe-rich fermented manure in warm water can produce a new generation of microbial life every 20 minutes. “We’re taking this huge population of microbial life and spraying it on the ground, and it helps break down those cover crops.”

Besides providing nutrients, cover crops also aid Fetzer in his pursuit of *terroir*—the elusive aspect of a wine that gives some hint about its place of origin. “You can pick up the soil and smell it, and you’ll smell a lot of the earthiness and things that are in the wine. It’s almost a spicy character. When you do traditional farming with a lot of chemicals, there’s no smell whatsoever. We want the roots to get down into that soil, at different levels of depth; hopefully that will reflect in the wine, adding more layers of flavors.”

How to manage it? Start by avoiding drip irrigation. “When you use drip, you just grow in one little area. The main root development is going to be where you’re saturating those little areas with water.” Once his vines were established, he planted rye grass between the rows, “to pull moisture out of the soil.” The vines had to start digging deeper for their water,

and Fetzer got his layers of root development.

Fetzer (the winery) bought McNab ranch from Fetzer (the man) in 2000, and he took himself to the shores of Clear Lake in Lake County, there to work out his semiretirement with a little winery and a killer view. But as he got the feel of the place, “The ideas got more grandiose.” Today, his Ceago project is on its way toward becoming a full-on lifestyle resort—a place where people can come and enter into the pretty part of the biodynamic life: pressing the olives into olive oil, distilling essence of lavender for aromatherapy oils, even picking the grapes at harvest. The property covers three-quarters of a mile of lakefront, and Fetzer envisions a hotel, fractional-ownership casitas, and a row of freestanding residences. He’ll manage the gardens and the vineyards and the orchards. The development brochure promises that “visitors to Ceago will leave behind the complexity of their daily lives for an authentic agrarian living experience that balances active lifestyle with a contemplative retreat...Agritourism is a new interpretation of old-world values that celebrates

community, connection to the land, and the pleasures of food, wine, and dining.” The “garden project” has come into its own. ■

RESTAURANT LISTINGS

The Reader’s Guide to Restaurants are recommended listings written by our reviewers (Ed Bedford, Barbara David, Ambrose Martin, Shari McCullough, Max Nash, Eleanor Widmer, Naomi Wise). Each issue contains only a fraction of over 500 reviews. A complete searchable list is available online at SanDiegoReader.com.

Price estimates are based on the latest information available for a mid-range entrée. Inexpensive: below \$10; moderate: \$10 to \$19; expensive: \$20 to \$24; very expensive: more than \$25. Please call restaurants in advance for reservations.

NORTH COASTAL

Beach Grass Cafe 159 South Coast Highway 101 (one block south of Lomas Santa Fe), Solana Beach, 858-509-0632. Formerly a branch of Parkhouse Eatery, Beach Grass has been bought by a mini-chain (with Swami’s Cafe and Honey’s), but still serves the original recipes. You could eat breakfast here daily and never get bored with the creative morning menu, which includes foamy, fresh orange juice and “Beach Benedict” with

eggs and house-made hollandaise on a soft, lush crab cake. Oddly, though, the “maple” syrup and “butter” spread are both mass-market blends. Lunches and dinners feature multi-ethnic “coastal cuisine,” with the best results in seafood dishes like “Moroccan crabcakes” and the fish-n-yam chips (with fine house-made tartar sauce). Vegetable accompaniments are tasty and creative. Reservations essential for weekend breakfasts. Free parking in back via driveway to right of restaurant. Breakfast through dinner daily. Moderate to slightly expensive. — N.W.

Besta Wan Pizza House 148 Aberdeen Drive (off the 101), Cardiff-by-the-Sea, 760-753-9050. This is a North County restaurant that continues to be popular. Their thin-crust East Coast-style pizzas are famous locally. Also check for the big-pile spaghetti or lasagna specials if you just want to fill up. Open seven days, lunch and dinner. Inexpensive. — E.B.

Cafe Zinc 132 South Cedros (at Lomas Santa Fe), Solana Beach, 858-793-5436. The Rancho Santa Fe set like to hang out here in the garden patio with their Porsches at the curb and their shih tzus under the table (dogs are welcome). Even for non-doggie people, the California pepper trees and garden sculpture make this indoor-outdoor eatery a really pleasant kick-back place (which gets its name from the zinc-top bar inside). The menu, a mixture of

Italian and vegetarian, offers dishes like frittata with cucumber salsa, and baked eggplant “pizzette” (personal-size pizza) with marinara, mozzarella, and Parmesan cheese. The vegetarian chili and the Zinc veggie burger (served on a La Brea bun) are tasty too. Open daily, 7 a.m. to 5 p.m. Inexpensive. — E.B.

El Q’ero 564 South Coast Highway 101, Encinitas, 760-753-9050. You’ll feel like a guest at an intimate party eating a leisurely dinner in this small, noisy, pretty dining room. Chef Monica Szepezy offers personalized, home-style renditions of South American cuisines, including house-made beverages. Be sure to try the house’s *chicha morada*, a tangy soft drink made from Peruvian purple corn. The fare includes numerous types of empanadas, tapas-like small plates, and full-size entrées—most from the family homeland, Peru. Desserts vary nightly and can include a cloud-like *tres leches* cake. Vegetarian and allergy-restricted diets accommodated. Lunch and dinner Tuesday through Saturday. Reservations necessary. Moderate. — N.W.

Firefly 251 North El Camino Real (at Mountain Vista), Suite B, Encinitas, 760-635-1066. At this spacious wine bar and restaurant (sharing a small mall with well-known Savory), the wine list emphasizes California boutique wineries and lesser-known bottlings from around the world, and plentiful choices by the glass make it easy to experiment with

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unfamiliar wines. The menu starts with a half-dozen wine-bar snacks including a cheese plate and a charcuterie plate. The most popular lunch item is a grand Cobb salad, and at dinner there’s a tasty bourbon-and-mustard-brined pork tenderloin. Desserts are a strong suit here, including a creative crème brûlée featuring white chocolate and the fragrant bergamot of Earl Grey tea. For weekend brunches, Firefly does it up big with a long, seductive array of choices, including a delicious Dungeness crab Benedict. The menu changes frequently, but this likeable spot feels like a sophisticated neighborhood restaurant where, if you’re old enough to enjoy a taste of the grape, you can pretty much come as you



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Calendar

RESTAURANTS

are. Open for lunch Monday through Friday, brunch weekends, dinner nightly. Moderate to expensive. — *N.W.*

La Especial Norte 604 North Coast Highway 101 (at Leucadia Boulevard), Leucadia, 760-942-1040. This big, brightly lit roadhouse sports highly whimsical decor (take a look at the blue ceramic “pond” in the dining room, complete with cayman) and boasts a five-page menu, including a page of a dozen regional soups and another full page for seafood. The soups are superb — the authentic Mexico City-style chicken soup is laden with avocados, chicken shreds, cilantro, and rice, and the savory eggplant soup includes airy little “croutons” of puffed *relleno* batter. The fresh, interesting seafood entrées outshine the relatively ordinary renditions of the standard stuffed-tortilla variations. No wheelchair access to restrooms. Open daily, breakfast through dinner. Inexpensive. — *N.W.*

Pacifica Del Mar Del Mar Plaza, 1555 Camino Del Mar (at 15th Street), Del Mar, 858-792-1803. The chic crowd is drawn here by Pacific Rim/ California-fusion cuisine centering on seafood and organic, locally grown produce. It’s quality all the way, but some nights the restaurant is a victim of its own success. The riotous overflow crowds can challenge the kitchen’s capacities, not to mention diners’ tender ears. (Best strategy for pleasure: Reserve for early or late on a weeknight, and ask for patio seating or Room #2.) Fun list of low-priced mini-appetizers, plus great baked oysters, seared scallops, mustard catfish, and

house-cured rib eye. The award-winning wine list is half price Thursday nights, and the full bar specializes in creative martinis. “Pacifica Dine-In” offers call-in take-out for selected items. Lunch and dinner daily. Early-bird dinner discount. Pacifica Breeze Café (a level down) offers savory dishes for breakfast through late lunch daily. Expensive to very expensive. — *N.W.*

Paradise Grille Flower Hill Promenade, 2690 Via de la Valle (at I-5 off-ramp), Del Mar, 858-350-0808. There’s a new blossom unfolding at the Flower Hill mall, as chef Justin Hoehn hones his mixture of Caribbean, Polynesian, and California coastal cuisines. Creative house-made flatbread serves as a canvas for a wide range of imaginative toppings. Appetizers are witty — grilled skewered shrimp are coated in Rice Krispies and calamari tempura misto includes battered fried lemon slices, a surprise substitute for the standard lemon wedges. The pistachio-coated salmon entrée arrives precisely cooked to order. Other entrées include guava-glazed pork ribs, horseradish-seared ahi tuna, and short ribs braised in plum wine. The wine list is long and eclectic. Most desserts come from Opera Bakery, and they’re quite good for outsourced sweets. Weekend brunch menu is painfully tempting: Brioche French toast, flatbread with gravlax, crabcakes Benedict, even jerk chicken sandwiches. Open for lunch and dinner weekdays, brunch and dinner on weekends. Expensive. — *N.W.*

Potato Shack Cafe 120 West I Street (off South Coast Highway 101), Encinitas, 760-436-1282. Check out the cute potato-toon mural on the side of the building — a sign for spud-lovers to load up on portions sized for lumberjacks from The Lumberyard across the street. American fries (served “All you can eat!”), French fries, potato patties, and

baked potatoes with various toppings are the heart of the menu, along with eggs, omelets, biscuits with sausage gravy, and beer-battered onion rings made from sweet reds. If size counts, consider the daunting inch-thick “manhole” pancake that’s bigger than the plate. Lunch runs to “deli” sandwiches (with potatoes), or a hearty bowl of chili con carne. Arrive early weekends. Open daily, breakfast to late lunch. Inexpensive. — *N.W.*

Savory 267 North El Camino Real, Encinitas, 760-634-5556. Chef-owner Pascal Vignau was executive chef of the Four Seasons Aviara when he decided he wanted his own little place. His casual strip-mall restaurant has been perpetually packed for dinner since opening day. Here he serves a monthly changing menu of Southern French and Mediterranean cooking spotlighting seasonal local produce. Highlights include an ultra-rich macaroni-and-ham casserole. The adventurous mainly-Cal wine list is remarkably affordable, with many choices available by half-bottles and glasses (and modest corkage if you BYO). Dinner reservations urged; groups larger than ten accommodated with manager’s approval. High tea Saturday afternoon. Lunch Tuesday through Saturday; dinner Tuesday through Sunday. Moderate. — *N.W.*

Tom Giblin’s Irish Pub 640 Grand Avenue (at Roosevelt Street), Carlsbad Village, 760-729-7234. Occupying the whole of a handsome, sprawling, block-long Elizabethan-style building, this friendly “small-townish” saloon offers some above-average pub-grub, especially the perfect, moist corned beef with firm-tender cabbage, the huge, lively salads, and the house-baked brown bread. Boxy (Irish “peasant” potato pancakes, rarely found in California) are done up rather doughy rather than crisp to serve as “wraps” for corned beef and other

dishes. Live music Tuesday through Sunday, 9 p.m. to midnight. A large, attractive heated patio next to the parking lot offers some afternoon serenity. Open daily, lunch until late. Inexpensive. — *N.W.*

Tony’s Jacal 621 Valley Avenue (between Genevieve Street and Juanita Street), Eden Gardens, Solana Beach, 858-755-2274. Come here at night, when the mysterious low mud-brick arches with the stained glass windows make you think Old Mexico, when the Del Mar racing bar makes you think 1930s Hollywood, and the dining patio, under the 100-year-old chinaberry tree, looks straight out of Guadalajara. Back in 1946, Tony Gonzales’ wife Catalina started preparing food for fellow Mexican workers. Since then, their daughters have continued the tradition, and everybody from Liz Taylor to J. Edgar Hoover has passed through these portals. Try the “La Colonia” combination of just about anything with rice and beans. Turkey meat is big here, and the (real) crab quesadilla in a corn tortilla is delicious too. Cheapest: probably chicken strips with French fries. And “Jacal”? It means “shack.” No lunch or dinner on Tuesday; no lunch Sunday. Inexpensive. — *E.B.*

NORTH INLAND

Abbey’s Real Texas BBQ 6904 Miramar Road (at Commerce Street, behind Denny’s), Miramar, 858-566-5235. Newer, smaller branch at 9353 Clairemont Mesa Boulevard (at Ruffin Road), Kearny Mesa, 858-279-7427. Texas barbecue consists of meat, chicken, turkey, and links that are repeatedly mopped with a marinade and cooked in a big cast-iron smoker (rather than grilled over a fire). Here they use mesquite to barbecue the poultry quickly and the brisket ve-r-r-y slowly. In addition to the usual BBQ sides (potato salad, coleslaw, beans, etc.), they offer a Caesar salad. At the Miramar branch the room is large and unadorned but very clean. Wheelchair accessible. Same menu lunch and dinner. Open daily; continuous service for lunch and early dinner weekdays; normal din-

ner hours weekends. Inexpensive to low moderate. — *N.W.*

El Bizcocho Rancho Bernardo Inn, 17550 Bernardo Oaks Drive (at Rancho Bernardo Road), 858-675-8500. In this rural golf-and-tennis hideaway, Chef Gavin Kaysen features upscale, creative French-California cuisine, incorporating old-is-new techniques and imaginative combinations of seasonal ingredients. Desserts run fancy and very sweet. The weighty wine tome starts out expensive and goes up from there, with relative bargains at the high end and some half-bottles; by-the-glass choices are just adequate. To find it: Take Bernardo Oaks Drive (a long block west of Pomerado) north to the end of the road, to the RBI parking lot (with validated parking for restaurant-goers). If disabled, specify when you reserve, and they’ll set up your table in an accessible area. Otherwise, there’s a maze of short staircases to negotiate en route to the restaurant. Tie-and-jacket requirement now relaxed, but still very dressy. Great service, luxury resort ambiance. Dinner nightly; Sunday brunch. Very expensive. — *N.W.*

Galeon (Escondido) 503 West Mission (at Centre City), Escondido, 760-746-5951. Mexican seafood, along with the usual dishes, is featured in a bright coffee-shop atmosphere with comfortable booths, big windows, a lunch counter and a salad bar. Shrimp and *langostino* (“squat lobster,” in fishermen’s terms) are the house specialties, and are well treated. Also consider an intense little marlin taco (squeeze some lime onto this rich, strong fish), or the savory *albondigas* soup (lime it up, too). Open daily, breakfast through dinner. Inexpensive (standard dishes) to moderate (seafood). — *N.W.*

Pho Hoa Hiep 9910 Mira Mesa Boulevard, #A, 858-578-1468 (also at 6947 Linda Vista Road, 858-268-8406). This *pho* (soup) place of the brothers Hoa and Hiep is a clean, busy eatery near hi-tech offices. It’s popular at lunch and dinner, partly because of frequent two-for-one deals. Try the #1, *Dac Biet Xe Lua*, an “extra large bowl” of soup filled with rare steak slices and well-done brisket, flank, tendon, and tripe along with mint and bean sprouts. A popular breakfast *pho* is

“French bread with beef juicy cube soup.” They also have rice dishes. And try the traditional fruit drinks, maybe the *Xam Bo Luong*, a combination of loganberry, black dates, seaweed, and lotus seeds in syrup. Lunch and dinner six days, closed Sunday. Inexpensive. — *E.B.*

Rancho Valencia 5921 Valencia Circle, Rancho Santa Fe, 858-759-6216. Nestled in the lush garden setting of the Rancho Valencia Resort is one of San Diego’s dining gems. They advertise the cuisine as California-French. Whatever. Every bite from appetizer to dessert is prepared and presented to delight Californians, French people — actually, any person on the planet with taste buds. Enjoy an entrée of prime mesquite-grilled steak, fresh fish, veal, or chicken. Portions are generous, as is the wine list. Casual-elegant dress. Open daily, lunch and dinner; brunch Sunday. Very expensive. — *S.M.*

Vincent’s Sirino’s 113 West Grand Avenue, Escondido, 760-745-3835. French-born chef-owner Vincent Grumel serves Gallic classics in an intimate, small-town bistro setting. This is a cuisine of rich dark sauces robing fine ingredients, such as a huge, flavorful veal chop (no factory calf, that!). Mushrooms and vegetables (from local farmers or Grumel’s own garden) are the season’s best and sensitively treated. Desserts are worth every calorie — save room for the spectacular Bavarian. Full bar, fine wine list. Lunch Tuesday through Friday, dinner Tuesday through Sunday. Expensive. — *N.W.*

LA JOLLA

Great Khan’s Mongolian Festival 4545 La Jolla Village Drive (UTC), 858-678-0950. This is a chain that stretches almost as far as the Mongolian Empire, but that’s because the idea is good. One meal, plenty of it, and guaranteed fresh because it’s either frozen (curled shavings of beef, chicken, turkey, pork) or raw (veggies including cabbage, celery, broccoli, cucumber, green peppers, carrots, mushrooms, pineapple, water chestnuts). Stuff as much as you can into your bowl and hand it to the

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La Taverna 927 Silverado Street (at Girard Avenue), La Jolla, 858-454-0100. Reservations are a necessity at this tiny trattoria, especially if you'd prefer the relative quiet of the roofed sidewalk patio to the din of the cute but cramped dining room. Look for Italian cooking styles ranging from Tuscan, which showcases pastas with simple fresh sauces, to meatballs and red sauce. Highlights include chef-owner Mary Ann Vitale's house-made Sicilian-style fennel sausage, and if the feather-light potato gnocchi is on special, just say "yes." Save room for a slice of house-made layer cake. Moderate. — *N.W.*

Piatti Ristorante 2182 Avenida de la Playa, La Jolla Shores, La Jolla, 858-454-1589. Whether you sit inside to enjoy the warm, rustic decor or outside under the giant ficus tree listening to the fountain, you're in for a treat at this secluded restaurant. Meals begin with crunchy corn-studded *ciabatta* and spicy balsamic dipping sauce, but don't fill up too soon: the appetizers and salads are varied and tasty. All pastas are house-made and served with lively, unusual sauces. Lemon-herbed rotisserie chicken, wood-fired pizzas, veal *piccata*, and *bistecca* (a grilled rib-eye steak) round out the entrées. Portions are generous, so pace yourself if you're planning to have one of their house-made desserts. Lunch and dinner daily, brunch also available Saturday and Sunday. Moderate. — *S.M.*

Sadaf 613 Pearl Street (at Cuvier), La Jolla, 858-551-0643. You worry—those formal fixtures and black-tux waiters, the gold-encrusted paintings, and the crisp, pink table linens all scream "expensive!" Actually, prices are easygoing, especially at lunch. After the basket of complimentary bread, try skewers of chicken or ground filet mignon with rice or salad, or *albalou polo* (rice, dried cherries, and chicken). Pistachio-and-rose-water ice cream is a great finale. Non-specials and evening meals cost more, but at any price this is real Persian food, with typical riotous herbage and sybaritic spicing. Another branch in the Gaslamp turns into a nightclub after dinner, but the food's better at this La Jolla flagship. Inexpensive to moderate. — *E.B.*

Tutto Mare 4365 Executive Drive (at Executive Way), Golden Triangle, 858-597-1188. The modern Italian cuisine here emphasizes pasta and fresh seafood from the mesquite grill or oak-fired oven. Lunch hours roar with chic crowds from the surrounding office

buildings, but the kitchen is most on its toes then, too. Pastas come with fresh-tasting sauces, and substantial seafood salads are available. Entrées (whether seafood or meat) may be overcooked by the fierce wood fires, and most come with minor variations of the same lemon-butter sauce and a one-size-fits-all veggie medley. Full bar, interesting wine list, good happy hour nibbles. Complimentary valet parking. Call for careful directions (very hard to find). Extremely noisy. Lunch and dinner week-days, dinner weekends. Pastas and salads moderate, entrées expensive. — *N.W.*

MISSION VALLEY & THE MESAS

Andrés Restaurant 1235 Morena Boulevard, Bay Park, 619-275-4114. This is a cozy cultural surprise on hard-to-define Morena Boulevard. The food is flavorful (and not spicy-hot like Mexican and South American dishes). A good introduction to it is *ropa vieja* ("old clothes"): shredded beef sautéed with mushrooms, green pepper, and tomatoes with ever-present rice and black beans. And the Cuban sandwich (roast pork, baked ham, and cheese) shows off the Cuban handling of pork. Other interesting dishes include *alcapuria* (pork and green plantain) and luscious, messy *yuca con mojo* (yuca root with garlic oil). Open for lunch and dinner Monday through Saturday. Inexpensive to moderate. — *E.B.*

Shanghai City Restaurant 3860 Convoy Street #105 (off Balboa), Kearny Mesa, 858-278-5883. Forget the blah strip mall it hides in—this little piece of Shanghai is a jewel. It feels like one of those century-old places in San Francisco's Chinatown. A two-foot-long, satin-silver arowana fish greets you as you come in. Brightly painted dragon columns support a gold dragon arch that leads you into the gold-walled dining room. Mainly, Chinese seem to come here, often eating Shanghai seafood dishes or choosing sumptuous specials like clay hot pots filled with eel and chestnuts or steamed rockfish on a big oval

platter. Or, for around five dollars, you can choose lunches like Shanghai chicken, chicken chop suey, or Szechuan pork with crispy noodles, soup, steamed rice, a spring roll, and the main item. Open daily 10 a.m. to midnight. Inexpensive to moderate. — *E.B.*

Spice House Cafe 9035 Clairemont Mesa Boulevard (at Complex Drive, across from courthouse), 858-565-1028. When your "head feels like an old potato" and your "tongue like a button hook" (to quote Kipling), Spice House's answer is their Hangover Omelet. We don't know if it's the Ortega chilies or Jack cheese or super tangy tomato sauce, but some guys swear they feel better for eating it. Other excellent choices include Portuguese sausage with three eggs; Italian sausage frittata with ham, tomatoes, mushrooms, and thick French toast topped with strawberries and whipped cream. Emphasis on Greek-American cuisine. Breakfast and lunch, closes at 3 p.m. Inexpensive. — *E.B.*

24-Hour Valley Kitchen Family Restaurant 875 Hotel Circle South, Mission Valley, 619-819-1017 or 619-298-8282. Great when everything else is closed. The place feels like a Midwestern chain eatery: all carpets, dark-wood walls, etched glass. Prices are a little up there, but hot French dip is great and burgers are generous. Best news may be that if you feel like breakfast at midnight, no problem. Ask for the pork chops, two eggs, hash browns, and biscuits and gravy. Chops are crumbed and buried in hash browns. Splosh on lots of applesauce, and leave room for the biscuits— their bacon-fat gravy will have you licking the plate. Bonus: You can sit here with a book and a coffee all night long if you like. Inexpensive to moderate. — *E.B.*

THE BEACHES

Brazil by the Bay Restaurant and Sports Bar 3770 Hancock Street, Loma Portal, 619-692-1410. It's not by the bay, but the food is definitely by-the-book Brazilian. You know because the first things you see are *guaraná*, the Amazonian energy drink, and *açaí*, the Ama-



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Calendar
RESTAURANTS

zonian palm berry energy bowl. If you're not strapped for cash, go for the popular *feijoada* stew, black beans cooked slowly with "six types of pork and two kinds of beef," offered Saturday and Sunday. If you don't have the dough, have what most of Brazil eats every day: the "PF," *prato feito* ("ready plate"). It's beef, chicken, or fish with rice and Brazilian beans. End with the cheapest dessert, the wicked *brigadeiro*. Open seven days. Inexpensive. — E.B.

The French Gourmet 960 Turquoise Street, Pacific Beach, 858-488-1725. In the mood for pâté, ratatouille, or calf's liver in a homey atmosphere? Make a reservation at The French Gourmet *tout de suite*. Start off with traditionally prepared escargots or mussels. The onion soup is good, but hope that the soup du jour is gingered cream of carrot. Entrées include lamb loin, veal tenderloin, bouillabaisse, and fish, with several preparation choices for chicken or filet mignon. The pan-roasted halibut is gently enhanced with a champagne *beurre blanc* sauce and topped with crispy braised leeks. Desserts abound, with an imported French cheese plate topping the list — along with pastries, meringues, etc., all freshly prepared in-house. Bakery, breakfast, and lunch daily; no dinner Sunday or Monday. Moderate to expensive. — S.M.

Gringo's 4474 Mission Boulevard (at Garnet Avenue), Pacific Beach, 858-490-2877. With better cooking than you'd guess from its name, this ambitious spin-off of the local Moondoggies chain serves the sort of Mexican cuisine you might find at a seaside resort in Cabo or Puerto Vallarta — skillfully prepared with good, fresh ingredients, just a bit dumbed-down in the flavors. The chile verde, say, is beautifully seasoned, if barely *picante*. Given the surefire location at the hub of PB party town, the food is actually better than it needs to be. A vast list of tequilas, interesting margaritas, and a sensible wine list emphasizing af-

fordable, food-friendly Chilean bottlings add to the draw for a lively young crowd that revs the decibels to a roar on week-ends. Three meals daily, brunch available Sunday. Moderate. — N.W.

The Mission Cafe and Coffee House 3795 Mission Boulevard (at San Jose Place), Mission Beach, 858-488-9060. Gourmet and Latino breakfasts served in funky surroundings. Outstanding are cinnamon French toast, blackberry-banana pancakes, and roast beef hash with rosemary potatoes and eggs. Chino-Latino lunch items. All dishes plus fabulous bread, scones, muffins, available for take-out. Open daily 7 a.m. to 3 p.m. Inexpensive. — E.W.

The Surfside 4527 Mission Boulevard (at Garnet Avenue), Pacific Beach, 858-273-2979. In the evenings, it's a "scene" here — for good reason. You'll find fresh sushi, sashimi, and "California coastal cuisine," i.e., fun and flavorful fusion-y tapas, many of them going for half-price during weeknight happy hours. You can actually reserve for the sushi bar (it'll put you at the head of the line), where the chefs are unusually friendly. They shine on simple, pure Japanese sushi, although they make the usual "party rolls" too. Most seafood is of fine quality (except the *toro*, which seems to have problems). For those preferring a tapas-style sit-down meal, there's a breezy, informal dining room with large windows looking out on the street, plus a small private dining room for parties. At least four Japanese beers and more than a dozen sakes available. Reservations urged for large groups. Parking is tight; just one handicapped slot in front lot. Inexpensive to low moderate. — N.W.

Sushi Ota 4529 Mission Bay Drive (at Bunker Hill Street), Pacific Beach, 858-270-5670. What becomes a legend most? At its best, this renowned sushi bar offers fish of exceptional quality, perfect tart-sweet rice, tight wraps, and disciplined creativity. These joys don't come easily. First, find the place: Driving south from Balboa, look left, and pull into the mini-mall with the large 7-11 sign (opposite Rubio's). Sit at the sushi bar to snoop on your neighbors' choices, watching for off-menu extravaganzas.

Don't miss the *ama ebi* with crisp shrimp heads, atypically flash-baked (not batter-fried). Cooked dishes are dull except for *chawan mushi* (custard broth with ginkgo nuts). Alas, when Ota-*sari's* away, his elves may play — amateurishly. Best bet: Reserve a bar seat when the master's most likely to be present. Lunch Tuesday through Friday, dinner daily. Disabled access chancy. Long, crowded waits unless you've reserved. Moderate. — N.W.

CENTRAL
SAN DIEGO

La Fachada 20 25th Street (near Commercial Street), Logan Heights, 619-236-8566. The thing about La Fachada is: You can have anything anytime. This restaurant near the trolley's 25th Street stop is Mexican but has Anglo food too — maybe because the cops' Central Division HQ sits across the road. Great not-quite-morning place for breakfast at, say, 3 a.m. They do a pretty good Western omelet breakfast with cheese, bell peppers, onions, and ham, bacon, or sausage. They also have great Caldo Siete Mares and Vuelta a la Vida, tasty soups laden with seafood. But the best fun is in the evening up to 11 p.m., when an outdoor kitchen operates, mostly serving tacos to eat under a big white garden canopy. Open 7 a.m. to 3 a.m. (Friday and Saturday open 24 hours). Inexpensive. — E.B.

Los Reyes 2496 Broadway (at 25th), Encanto, 619-231-0716. Smaller branch at 47th and Market. If you've ever craved those fabulous Mexican fish soups that can be such energy restorers, these strip-mall Mexican restaurants have a great one. It's *Caldo 7 Mares* (Seven Seas Soup) and it comes as a big bowl of savory red fish soup clunking with giant crab legs, clams, chunks of white fish, shrimp, the pink and purple suckers of octopus, and vegetables. It's also called *Vuelta a la vida*: "Return to life." On a hot day, their Cocktail Campechana (shrimp and octopus in a light, spicy tomato broth) will return you to life, too. Four brothers and one sister from Michoacan run the place. A very Michoacan dish is *carnitas* — pork shoulders. Or try their gringo lunch deal of a bacon cheeseburger with fries and a can of soda. The prices make this a tightwad's paradise. Three meals daily. Inexpensive. — E.B.

Saigon 4455 El Cajon Boulevard, City Heights, 619-284-4215 or 619-284-4288. You're in a big glass palace here. It's especially good on Sundays, when three- or four-generation Vietnamese families gather for lunch. Gaggles of waiters hover a glance away, but take your time. The menu has over 250 items on it. Default choice: *pho*, the famous, filling soup-meal of Vietnam where beef cooks in the soup. Another safe bet is stir-fried crispy or soft egg noodle with seafood and assorted vegetables. "33" Vietnamese beer is on hand to make Saigon lovers sentimental. Open daily. Inexpensive. — E.B.

Trieu Chau Restaurant 4653 University Avenue, City Heights, 619-280-4204. This is as near as you'll come to eating breakfast in Phnom Penh or lunch in Vientiane. Cambodians come in the morning to talk politics and play Cambodian chess. At lunch, Laotians replace them. Maps of "Kampuchea" decorate the walls, as well as long-distance telephone ads. The menu includes Chinese, Khmer, and Lao dishes. In the morning, ask for "*djak kvai coffay dok ko*" — fried bread with Cambodian coffee, the standard French-Khmer breakfast. Later in the day, you might try pan-fried noodles with broccoli and beef or shrimp and gravy ("*koitiow bahat sai kho*"). If in doubt, ask for Kathy, who speaks Chinese, Khmer, Lao — and English. Open daily, 8 a.m. to 8 p.m. Inexpensive. — E.B.

Turf Supper Club 1116 25th Street, Golden Hill, 619-234-6363. At this cozy saloon (a landmark since 1950, "re-established" in 1998), if your meat's done wrong, it's your own fault. Every night's an indoor cook-out, as patrons huddle by the communal fire-pit tending their steaks (a choice of three ritzy cuts, well-marinated in garlic and olive oil), burgers, chicken breasts, or portobello mushrooms; others choose the veggie kabobs or teriyaki skewers of beef, chicken, or fish. And that's the menu. The only side dish is a simple salad — not even fries. But the meat's a treat, especially the huge, juicy Delmonico rib eye. If you're an utterly hopeless cook, a staffer will mind your meal for you, but you'd miss half the fun. Full bar, no reservations. Weekdays dinner only; open until 2 a.m. Wednesday through Saturday. Inexpensive to barely moderate. — N.W.

EAST COUNTY &
COLLEGE AREA

Barnes Bar-B-Que 2625 Lemon Grove Avenue, Lemon Grove, 619-462-9206. Clayton Davis's sign says it all: "Let Us Bring Tha South to Ya Mouth." You can tell this is the real deal from the two heavy iron doors in the brick wall behind the counter and the big wood fires burning oak inside. This is Memphis-style soul food, mild and mouth watering — and cheap. Expect dollar portions, from smothered chicken or pork, neck bones and cabbage, to country yams, corn on the cob, and corn bread. Other lip-smacking dishes include chopped beef brisket sandwich, pork ribs or shoulder, beef ribs, red snapper, and hot links or ham — all with two sides and bread. Oh yes, they also serve catfish sandwiches and sweet potato tarts. Or you could just stand outside and smell the smoke. Open Tuesday through Sunday, lunch and dinner. Inexpensive. — E.B.

Jimmy's 9635 Mission Gorge Road (at Town Center Drive), Santee, 619-448-8994. We're at the end of the line here, the trolley's Orange Line. Feels like a safari. You walk back through the grass to the streets of Santee. Thank goodness for this family-friendly restaurant with good, old-fashioned American food. Their six-page plastic menu tells all — forget your diet and dig into the breakfast "Eggs and Cakes" (two eggs, three pancakes), the "Touchdown" (two eggs, two hotcakes, four strips of bacon or three link sausages), or the "Monte Cristo" hot sandwich (ham and turkey grilled on batter-dipped Texas toast with Swiss cheese, hot syrup, and French fries). Later in the day, the New York strip or sirloin steak with all the trimmings, and desserts like homemade cinnamon bread pudding with raisins and whipped cream. Open three meals, seven days. Inexpensive. — E.B.

Los Michoacanos 8001 Mission Gorge Road, Santee, 619-449-9032. You get a lot for a little here. Order even one really cheap potato taco from Luis Gabriel, the owner, and you get the full treatment of tortilla chips and salsa beforehand. Then out comes this hot, crisp-shelled taco, bursting with shredded lettuce, two cheeses, and inside, the most scrumptious sautéed potatoes. It may be way cheap, but it's no way mean. Other good Mexican dishes here include the chorizo torta or the grand garlic shrimp combo. Added bonus: The place is new, bright, red and yellow, and sports a terrace looking out across the valley. Open seven days, three meals. Inexpensive — E.B.

The Omelette Factory 7941 Mission Gorge Road, Santee, 619-596-9686. The Factory sits in the kind of stand-alone building you expect to see in a country town: long, angled roof with a portico dressing up the basic shed structure behind. It's a great sprawling place that's ideal to bring the kids for a big breakfast. You can't beat their omelets, all nineteen of them, from the Just Say Cheese (with Swiss, Jack, Cheddar, or American), to the magnificent Factory Omelette (a build-your-own: up to four meats, veggies, or cheeses). A Greek family has turned this location, outside Santee, from an abandoned social hall into a regular pit stop for half the community,

it seems. For lunch, try the Factory Burger. It has two hamburger patties *plus* gyro meat, two cheeses, and onions. Breakfast and lunch, seven days. Inexpensive. — E.B.

FAR EAST

La Posta 32337 Old Highway 80, Pine Valley, 619-478-5600. Is the Wild West dead? Not out here. Swagger in past the rocking chairs on the wooden porch, by the "NRA meets here, every 3rd Wednesday, 7 p.m." sign, past bows and arrows, dream catchers, lariats, and brass spittoons, and swing into a chair. Now think vintage American food. Hefty anytime-breakfasts include two eggs, hash browns, biscuits, and coffee or eggs with chicken-fried steak or a bulging veggie omelet. ("With syrup" breakfast items, such as pancakes, stop at 2:30 p.m.) Their sourdough cheeseburger with fries or potato salad is big, or delve into a bowl of chili. Folks hereabouts talk about that chili in low, reverent voices. For dinner, the rib eye steak or pork chops is good enough to make city folks swoon. Three meals daily. Inexpensive. — E.B.

Ramon's Smokehouse BBQ 1730 Alpine Boulevard, Suite 110, Alpine, 619-445-1008. The smell of mesquite wood burning under fresh-cut beef rib is beyond resistance. The secret Texas recipe draws crowds. Go Sunday morning, especially, when chefs in maroon aprons dance around the fat-spitting fire, disappearing into the clouds of fragrant smoke to flip the racks of beef and pork ribs. In good weather you can eat out back next to an authentic chuck wagon. Inexpensive. — E.B.

UPTOWN &
OLD TOWN

Adams Avenue Grill 2201 Adams Avenue, University Heights, 619-298-8440. The frequently changing menu tries to embrace several disparate styles and can't quite get its arms around any of them. The dishes are often ambitious; a few soar, but many falter due to flaws in conception, execution, or both. Largely ho-hum wine list needs selections with enough sweetness to stand up to items featuring Asian spice — try the Rieslings. Still, the place seems full of happiness and friendliness: yellow and orange walls, plenty of smiles amid the bustle. Soups receive lavish attention and sometimes live up to their billings. As to treats, the generous, marvelous lavender-infused crème brûlée makes this a dessert destination — pause to sniff a spoonful before slipping it between your lips. Lunch and dinner daily, breakfast Friday, Saturday, and Sunday. Inexpensive to moderate. — A.M.

Asian Bistro 414 University Avenue (just east of Fourth), Hillcrest, 619-296-4119. The historic building has been freshly redecorated, keeping only the overhead sign that used to mark a one-time Chinese "dive." Now the eclectic pan-Asian menu emphasizes Thai flavors — the owners and kitchen staff are Thai, including executive chef "Miss Songri" (who put Celadon on the map), working in a more casual vein here. Don't miss "Atomic Hog's Wings"

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(small pork shanks) or the Louisiana fried buster crab dish named "Jumping Jarvis." The beer and wine lists are international and affordable. Lunch and dinner, serving until 3 a.m. nightly. Lunches inexpensive, dinners moderate. — *N.W.*

Bread and Cie 350 University Avenue (at Fourth), Hillcrest, 619-683-9322. At least twenty breads emerge daily from this bakery's 10,000-pound French stone hearth oven. Most are dense, crusty, and delicious French or Italian peasant breads, including the outstanding anise-fig and black olive loaves that are served in many top local restaurants. Scones, brownies, muffins, banana bread, and cookies are the sweet side of the house. Focaccia pizza and sandwiches (many with thick-sliced bread and rather thin fillings) are available to take out or eat on the spot — inside the café or on the sidewalk patio. Open daily except Christmas, breakfast through early dinner. Inexpensive. — *N.W.*

Cafe on Park 3831 Park Boulevard (at University), Hillcrest, 619-293-7275. Okay, it's trendy, from the rusty spoon-and-fork sign at the door to the PC industrial interior (concrete walls, exposed plumbing). But don't expect PC food. The plates are huge and overflowing with fodder. Breakfast scrambles are popular with add-ons such as smoked salmon, artichoke hearts, or Brie cheese. Health nuts choose the Park Porridge stuffed with apples, raisins, and honey. But the prize may be the dish that Placerville, California, miners ordered when they came down from the mountains with pockets full of gold: the Hangtown Fry — luscious marinated sautéed oysters scrambled in eggs. Three meals Tuesday through Saturday; only breakfast and lunch Sunday and Monday (line at door on Sunday). — *E.B.*

Ichiban 1449 University Avenue (at Normal), Hillcrest, 619-299-7203. Is this Paris or Tokyo? At night, the café outside glows like a Van Gogh painting, except the customers are eating sushi and drinking green tea, not red wine. The best values are at lunch, with weekday specials like Bento combos (sushi rolls, crab, salmon, rice) and filling soups overflowing with veggies and thick *udon* noodles. Healthy? You betcha. The miso soup (with every dish) made from soy and seaweed is a great daily iodine fix. Number One — that's what "*ichi-ban*" means. Open to 9:30 p.m., Sunday until 9 p.m. Inexpensive. — *E.B.*

Jack and Giulio's Italian Restaurant 2391 San Diego Avenue (at Arista), Old Town, 619-294-2074. After more than four decades in business, this father (Giulio) and son (Jack) operation manages to stay fresh. The antipasto salad, with its thin-cut prosciutto and salami, will get your juices flowing. All the traditional Italian entrées like veal parmigiana and fettuccine Alfredo are there, but go for the house specialties like Spaghetti New Orleans with shrimp, crawfish, and crab meat, or the expensive scampi dishes. Broke? Get a simple Angel Hair Mediterranean or rigatoni with meat sauce to enjoy out on the patio. Open for lunch and dinner, seven days. Moderate. — *E.B.*

Khyber Pass 523 University Avenue (at Fifth Avenue), Hillcrest, 619-294-7579. The room's very modern, but Afghan cuisine is full of history, carrying echoes of both Persian and Indian foods, with even a hint of Greek (Alexander the Great conquered the region). Dinners feature kebabs, tandooris, curries, and some unique regional specialties. Flavors are exotic but oddly comfortable to the cosmopolitan palate.

Among the don't-miss items are the outstanding *aushak* (spring onion ravioli) and *mantu* (ground-meat ravioli) — both with lively yogurt sauces — and *zamordd chalow*, a spicy lamb-and-spinach stew. Save room for the sexy desserts. Can be noisy inside; small sidewalk patio. Private dining room upstairs bookable for parties. Open daily for lunch and dinner. Moderate. — *N.W.*

Ono Sushi and Pacific Spice 1236 University Avenue, Hillcrest, 619-298-0616. If you are searching for huge portions, fresh tasty food and reasonable prices, don't overlook this colorful Japanese/Pacific Rim café. Excellent specialty rolls, entrées, appetizers. Very crowded weekends; lively young crowd. Dinners nightly; open for lunch Friday, Saturday, and Sunday. Inexpensive to moderate. — *E.W.*

Sushi Itto 441 Washington, Hillcrest, 619-291-6060. Don't come here looking for Japanese food. This is *Mexican* sushi, from a chain based in Mexico City that's dedicated to creating rolls for Mexican tastes. Nearly all the party rolls feature cream cheese and avocado and most include a shot of hot spice and some fake crab (*surimi*), too. In their own way, they're fun, so long as you're prepared to give up any puristic standards and go with the flow. But don't bother with the plain *nigiri* — the rice lacks classic sushi seasonings (and is often dry), and the seafood is too mediocre to be appealing in simple preparations. Rock-bottom prices, though. Another branch is in the Gaslamp at 409 F Street, 619-237-1037. Open daily, lunch and dinner. Inexpensive. — *N.W.*

DOWNTOWN

Athens Market 109 West F Street (between First and Front), 619-234-1955. Alex Spanos and lots of local hotshots come here for honest Greek home cookin'. Yes, it's classy — white table cloths, linen napkins — but you can fill up on just a bowl of *fakae*, owner Mary Pappas's "secret recipe" lentil soup, and an appetizer, like *spanakopita* (spinach and cheese pastry pockets). Entrées come with rice, roast potato, a vegetable, soup or salad, and French bread and butter — all at a darned good price. Oh, and don't despise the gyro. Meat flavor's great, and it takes a football player to empty this plate. Lunch and dinner Monday through Friday, dinner only Saturday, closed Sunday. Inexpensive to moderate. — *E.B.*

Bud's Louisiana Food Shoppe 2034 Kettner Boulevard (at Grape, next

to the Waterfront Bar), Little Italy, 619-239-4210. Bud Deslattes, a New Orleans native, was the original chef-owner of the late Bayou Bar and Grille and the inventor of the legendary white chocolate bread pudding served there. Now he's cooking it in this cute, casual eatery. A brief but choice menu features authentic Cajun-Creole specialties, to eat in or "to geaux." (If taking out, ask for your rice on the side.) Among the treats are a fine seafood bisque, crawfish étouffée, and a "cupa-cupa-cupa" sampling of gumbo, jambalaya, and red beans and rice. For lunch, check out the roast beef po' boy. Some Louisiana grocery items intermittently available at retail (frozen andouille, tasso, crawfish, etc.). Parking's usually a pain but worth it. Beer and generic wine. Closed Sunday and Monday. Inexpensive. — *N.W.*

Cabo Cafe & Grill 808 West Cedar (near Pacific Coast Highway), Little Italy, 619-595-1618. This miracle restaurant is run by homeless kids from the Monarch School Project next door, with a little help (okay, a lot) from Rubio's and its founder Ralph. He helped raise a million dollars to get the school and the restaurant running. Think Starbucks meets Taco Bell (oops, sorry Ralph). The place is like its kid-staff: smart, cheery (they painted all the seals and porpoise murals), with a great fountain-gurgling patio outside. Try the grilled burrito (grilled chicken or steak with guacamole, roasted salsa, sour cream, black beans, Mexican rice, and melted Jack cheese in a warm tortilla) or, as a great filler, the Cabo Maestro Bowl, with marinated grilled chicken or steak in a bowl with black beans, Mexican rice, cheeses, guacamole, and shredded cabbage. And yes, they do make the Rubio fish taco. Daily specials. Open weekdays, 7 a.m. to 3 p.m. Inexpensive. — *E.B.*

Fat City Steakhouse 2137 Pacific Highway (at Hawthorn), Little Italy, 619-232-9303. In the Deco "pink palace" at the edge of downtown, the USDA Choice steaks (and one velvety Prime cut) are cooked over mesquite charcoal, which lends them a deliciously smoky campfire flavor. Don't like beef? You can choose nicely grilled chicken, pork, or salmon; two vegan pastas; or scampi. The appetizer list is mainly trite pub grub, but the fry cook does a great job with calamari. And in fair weather, the lush garden dining patio is a little piece of Eden. Full bar, rather basic wine list. Casual ambience, above-average wheelchair access from large, free parking lot. Dinner daily 5 p.m. to 10 p.m. Inexpensive to moderate. — *N.W.*

Las Cuatro Milpas 1857 Logan Avenue, Barrio Logan, 619-234-4460. This isn't a restaurant, it's a legend. The same

Estudillo family has been serving old-fashioned Mexican food here for three generations — seventy years. Rice, beans, pork tacos (they don't serve beef), pork tamales, chorizo with eggs — that's about it. So how come they have lines outside every day? Blame a potent mixture of sentiment and the lard they refuse to abandon. Folks say that lard flavor is the real Mexico. Also famous: their Saturday *menudo*. Warning: go easy with their deep wine-colored hot sauce. It's room-rocker strength. The name? From a famous mariachi song, "The Four Cornfields." Open morning to mid-afternoon, Monday to Saturday. Inexpensive. — *E.B.*

Mediterranean Cafe and Lounge 1352 Fifth Avenue (between A and Ash), downtown, 619-515-2233 or 619-325-1900. Don't come early. You'll be all alone. Turn up around midnight, and you'll see just how social the Lebanese can be. Meals are spread over a couple of hours with lots of conversation, probably finishing with a baklava, Turkish coffee, and a *sheesha* — water pipe (much cheaper by the hour here than down in the Gaslamp; best flavor: rose). They have the whole panoply of Middle Eastern and Greek food, but the best deals are probably the single lamb skewer on a roll of pita bread with hummus, tomato, lettuce, and pickles, or the meat pie on pita. Open 5:30 p.m. to 3 a.m., seven days. Inexpensive to moderate. — *E.B.*

Ocean Room and Lounge 630 Fifth Avenue (north of Market), Gaslamp, 619-501-6550. Sometimes you don't want a temple of haute cuisine, merely an easygoing place for folks to meet — especially if there are oysters involved. Ocean Room fills that bill handily, one of the few Gaslamp joints where you can enjoy a conversation without straining over the noise. The

fare is mainly Mediterranean-style seafood, with a few nods at Cajun cuisine. Pleasant dishes include mussels *mariniere*, "Cajun" seafood pasta (with sub-Cajun spice levels), seafood pan roast, and Fanny Bay oysters on the half-shell. Or try the oyster shooters. Valet parking, bar for single diners, casual feel. Dinner nightly. Expensive (but less than average for the neighborhood). — *N.W.*

Pete's Quality Meats 1742-1/2 India Street, Little Italy, 619-234-1684. Pete's Meats was just a butcher's shop until Pete's daughter and sister-in-law got the idea to set up a grill there. Now aficionados line up for Sicilian specialties like Italian-sausage sandwiches, steak sandwiches, and especially *spittini* — veal rolled around two cheeses, onions, tomatoes, pine nuts, currants, parsley, prosciutto, and bread crumbs. Pete stuffs all of that into a hot bun with marinara sauce, sautéed peppers, and onions as packing. Nuff said? Inexpensive. — *E.B.*

Rama 327 Fourth Avenue (near K Street), Gaslamp, 619-501-8424. This large, handsome restaurant is the younger brother of Celadon in Hillcrest. It's named for the king of Thailand and offers Thai cuisine fit for royalty, made with top ingredients (including Chino Farms produce). The menu includes all the popular favorites but adds authentic dishes rarely found locally, such as chicken and squid with flat noodles and caramelized palm sugar, and a wicked Thai version of Chinese twice-cooked pork — a fat-fest made with unsmoked bacon. Soups and curries are based on freshly made coconut cream of swoony richness. The extensive wine list, unusual in this genre, offers affordable, food-friendly choices plus an interesting reserve list. Full bar. Lunch Monday through Saturday, dinner nightly. Moderate. — *N.W.*

Rei Do Gado Churrascuria 939 Fourth Avenue (between E and Broadway), Gaslamp, 619-702-8464. The meats just keep on coming at a Brazilian *rodizio*: skewer after skewer of *churrasco* (Brazilian barbecue), a near-endless procession of rotisserie-grilled meats and poultry. At each table there's a wooden cone with one end red and the other end green. Turn the green side up to start the servers parading to your table, offering you tastes cut from long spits of salty, simply seasoned pork, poultry, ribs, sausages, and numerous cuts of beef. Turn the cone red side up to take a break from the protein parade. The gargantuan spread includes a buffet in the front of the restaurant with a changeable array of alluring side dishes, salads, fruit, and such intriguing hot entrées as seafood in coconut milk, with exotic but oddly comfortable flavors. There's always a potful of *feijoada*, the national dish — slow-cooked, meaty black beans (in a somewhat bland version, which you can live up with a splash of hot sauce). No matter how often you eat here, you'll never have the same meal twice. Reservations advisable for weekends. Full bar (have a Caipirinha). No doggie-bags. Lunch and dinner daily. Moderate (considering the food amount). — *N.W.*

Sadaf 828 Fifth Avenue (at E Street), Gaslamp, 619-338-0008. Vegetarian-friendly. Quiet and relaxed weeknights, the room becomes an ear-splitting mob scene weekends (even before the restaurant goes disco at 9:30). The hearty but sophisticated Persian fare centers on well-marinated kebabs and herb-rich stews, served with various savory rice dishes. There's excellent spinach *borani*, sieved yogurt relish with cucumbers, lamb chop kebabs, and a vibrant, sweet-sour *fesenjan* (pomegranate-walnut sauce with chicken). But the Gaslamp

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Calendar

RESTAURANTS

branch's kitchen is wildly inconsistent, e.g., your *fesenjan* dumped on dry kebabs instead of mingling with simmered poultry. Desserts are always dreamy — try rosewater ice cream and/or pudding, or *bamieh*, a delicate ladyfinger soaked in (what else?) rosewater syrup. Moderate. — *N.W.*

Sevilla 555 Fourth Avenue (at Market Street), Gaslamp, 619-233-5979. This site has three faces: a crowded but civilized tapas bar for spontaneous snacking, a romantic dining room with serious Spanish entrées, and a basement nightclub dishing out assembly-line paella. The best food is upstairs. You can get tapas in the restaurant and entrées at the bar, and in either case the choices are varied, interesting, and highly cosmopolitan, executed with wonderful consistency. Be sure to look for something that includes potatoes; the humble spud gets Cinderella treatment here. No reservations (or wheelchairs) at tapas bar; reservations strongly recommended for dining room. Dinner daily. Moderate. — *N.W.*

SOUTH BAY & CORONADO

Coronado Boathouse 1887 1701 Strand Way, Coronado, 619-435-0155. For a relaxing good time with lovely views and tasty food to match, put on your aloha shirt and head over the bridge. The old Coronado Boathouse boasts a handsome, historic structure with architecture mirroring the nearby Hotel Del, plus enthusiastic servers, terrific water views, and satisfying mainstream American cooking. The herbed artichoke appetizer and fresh macadamia-crusted halibut sauced with coconut milk are wonderful. The juicy roast beef here is USDA Prime (translates to “melt in your mouth”) and even

the desserts offer some old favorites cooked with classy ingredients and imaginative twists. A perfect place to entertain your in-laws or hold your birthday dinner. Full bar. Dinner seven days, moderate to expensive. — *N.W.*

Filipino Desserts Plus 2220-Q East Plaza Boulevard, National City, 619-479-6748; also at 8955-F Mira Mesa Boulevard (inside Seafood City), Mira Mesa, 858-271-5754. Filipinos often mix sweet and savory, so it's no surprise that this desserts place has regular dishes too, including *adobo* pork, *pancit*, and *lumpia*. *Diniguan*, a Filipino specialty, is pork made with “chocolate milk,” slang for pig's blood. But the pride of the place is the desserts, from the *ube halea* (purple yam custard) and *maja blanca* (coconut-corn combo) to the *sapin sapin* (multicolored layer cake) and fried sweet *saba* banana on a skewer. Open daily, breakfast through early dinner. — *E.B.*

Island Wok 922 Orange Avenue, Coronado, 619-435-6835. This tiny indoor-outdoor-takeaway café is a standby with locals, especially the high school crowd. It serves good Vietnamese-Chinese food, and plenty of it. The owner, Xuan, makes scrumptious fresh (not fried) Vietnamese spring rolls wrapped in rice paper with shrimp, pork, or chicken and vegetables in the middle. But most customers go for the steam-table combination plates. You always get chow mein, fried or steamed rice, and a fried spring roll to start off, and then you can add entrées like orange chicken, *kung pao* chicken, or sweet-and-sour pork. Lunch and dinner Monday through Saturday. Closed Sunday. Inexpensive. — *E.B.*

Parisi's Italian Restaurant 323 Broadway, Chula Vista, 619-420-4490. This is an area where a lot of folks live in trailer parks on fixed incomes, and Parisi's has become their affordable, often daily treat. The good news is they don't just open cans. Nick and Rosemary Parisi, who opened here back in 1979, brought New Jersey traditions with them. Nick had been a butcher. His son Nick still makes his own delicious fennel-flavored sausage just as his dad taught him. Sons and daughters now run the place and still make their

own spaghetti sauce, too. Other dishes include the eggplant or veal Parmesan sandwich and meatballs and sauce with garlic bread. This isn't the smart, spare Gaslamp Italian, it's the old-fashioned *Moonstruck* Italian. Lunch and dinner daily. — *E.B.*

Peeohe's The Landing, 1201 First Street, Coronado, 619-437-4474. This gorgeous, view-endowed restaurant offers upscale, Hawaiian-inspired fish and gargantuan steaks in a plush tropical-style setting with indoor waterfalls and three separate patios. Given the visual splendor, much of the food is better than it needs to be, featuring top-quality seafood prepared with care, e.g., halibut in a lush, sassy Frangelico-touched macadamia *beurre blanc*. A chocolate shell filled with macadamia nut ice cream may be worth the calories, too. Full bar. Reservations advised. Lunch (with limited breakfast) Monday through Saturday; brunch Sunday. Dinner nightly. Expensive. — *N.W.*

Swaddee Thai 1001 C Avenue (at 10th Street), Coronado, 619-435-8110. Tourists never stray to Swaddee's quiet residential location a block from the bright lights of Orange Avenue. Their loss is the locals' gain. The dining room is a quiet, lovely haven from the hustle; the service is caring and gracious. Even if the long list of Siamese specialties is merely standard, the kitchen, too, is devoted to the art of gently giving pleasure. The peanut sauce accompanying the *saté*, for instance, is classically balanced; the complex but soothing coconut-chicken soup can wash away all cares; and the calamari in the many seafood arrays is cleverly knife-scored to achieve sheer tenderness along with good looks. Even the jasmine rice is an exceptionally fragrant brand. Unless you specify otherwise, spicy dishes have a nice nip tuned to brave but tender *farang* tastebuds. Lunch and dinner daily. Inexpensive to moderate. — *N.W.*

BAJA

From the United States use the prefix 011-52-664 when calling Tijuana; when calling in Tijuana use

only the restaurant's seven-digit number.

La Costa Calle Galeana #8131 (Seventh Street between Revolución and Constitución), Tijuana, 685-8494 or 685-3124. Even after four decades, fisherman-singer Adrián Pedrín Aramburo's seafood place looks fresh, with its blue-and-white floor tiles, polished brass portholes, and varnish. Some seafood combos can be costly, but most fish and oyster dishes are reasonable. Everybody seems to go for fileted sea bass — the baked “Catalina” with mushroom cream sauce, or “Olivia,” stuffed with octopus and shrimp, are really good. So are “Madrado” oysters, with chipotle and bacon. But you can't go wrong with the less expensive whole fish plates, like the charcoal-broiled “Sarandeado” (just watch out for the bones). Each entrée comes with soup, hors d'oeuvre, salad, rice, and coffee, plus a Kahlua-based drink-dessert. Bonus: the owner's charming menu inserts. Open daily, late breakfast through dinner. Moderate to expensive. — *E.B.*

La Fonda Baja Highway 1, Km. 59 (Alisios exit from toll-road, about halfway between Rosarito and Ensenada), 661-628-7352. It's hard to imagine a better start to the day, in any sweeter ambiance, than at La Fonda (“The Inn”), which offers Mexican and American breakfast dishes and a lavish Sunday brunch buffet with both. Arrive early for patio seating under a straw umbrella with a full-out ocean view. The bilingual menu is written on chalkboards and dinner choices change nightly, featuring American and Mexican seafood entrées and deluxe meats aged in-house. Most staffers speak some English. Full bar, including Baja-grown wines. Open daily, three meals, starting about 9 a.m. Inexpensive to moderate; cash only. — *N.W.*

La Leña Agua Caliente Boulevard #11191, Tijuana, 686-2920. The nicest thing about La Leña (“The Fire Log”) is its view. You come off noisy, fume, traffic-wracked Agua Caliente into this quiet, dark-wood, creamy-yellow walled room and a full view of...country! Actually, a green golf course studded with trees. In the middle of Tijuana? Golfers thwack balls, giant mowers look like *Star Wars* creatures. So no surprise that you get country-club type eating: open-grill *charro* food for well-to-do *charros*. Old-style BBQ steaks, surf-and-turf combos, and big slabs of Mexican-cut *filete cabreria*, which are flabby but tender. Most arrive at your table sizzling on black iron hotplates. Servings are generous (meals come with soup or salad and you get a free appetizer such as shredded beef and tortillas) if not remarkable. Or even especially Mexican — their hamburger is darned tasty. But the atmosphere is a great break from the raucous TJ we all know and (sometimes) love. Lunch and dinner daily from 11 a.m. until late. Moderate. — *E.B.*

Manzanilla Riveroll 122 (off Lopez Mateo), Ensenada, Baja Mexico, 646-175-7073. At this art-filled, very “Euro” bistro, a pair of gifted, classically trained chef-owners are pioneering “new Mexican cuisine,” creating sophisticated combinations of superb local products and traditional Mexican flavors. Fresh-caught seafood, local-grown vegetables and mesquite smoke from the wood-burning grill are featured players on the seasonal menus; a spectacular rib-eye steak, tender and intensely beefy, is also a constant. Little wonder this has become *the* destination restaurant south of Tijuana. The menu is in Spanish, but owners Benito Molina and Solange Muris Evans speak fluent English, as do some wait staff. (The only communication problem will be the exotic music blasting on the sound system.) Reserve for weekends, especially during tourist seasons. Full bar featuring tequilas, Baja vintners. Wednesday through Saturday, late lunch through dinner, until midnight. Moderate. — *N.W.*

MULTIPLE LOCATIONS

Bully's East 2401 Camino del Rio South, Mission Valley, 619-291-2665. Also at 5755 La Jolla Boulevard, La Jolla (858-459-2768), and 1404 Camino del Mar, Del Mar (858-755-1660). Despite the plasma TV sports screen, this place is very sixties. For example, dark, woody, plush red booths. And always crowded. Word is, they serve more prime rib with au jus and horseradish than any eatery in San Diego. The “Petite Cut” 8 ounce, their smallest, fills you plenty, with its baked potato and salad. But just once, come here with your main squeeze and order up the “full cut for two.” It hangs ten over the edges. Or go bonkers and order the 32-ounce cut (available in Mission Valley) — just to watch your neighbors' eyes bug out. Not flush? Try the “Bully Burger,” French Dip sandwich, or calamari sandwich. Lonely? Go to the horseshoe-shaped Low Bar. Lunch and dinner daily. — *E.B.*

Cilantro Live! 315-1/2 3rd Avenue, Chula Vista, 619-827-7401. (Newest opening at 3807 Fifth Avenue, Hillcrest, 619-325-1949. Also at 7822 Broadway Avenue, Lemon Grove, 619-433-0678; and 300 Carlsbad Village Drive, Carlsbad, 760-585-0136.) Look in Cristina Guzmán's kitchen: no ovens, no burners. Only warmers. Her theory? Never heat food above 112 degrees or the enzymes will die. Enzymes? They're life. They give you energy and do your digestion for you. What's amazing is how much real-looking and -tasting food she can create with raw nuts and twigs. And fruit. And especially seeds. She creates tuna wraps using sunflower-pumpkin seed pâté and burgers using flax seeds — both pretty credible and edible.

Drinks? The margaritas (green apple with ginger, lime, and cinnamon) have to be good: Ms. Guzmán comes from Mexico City. Open for lunch and dinner Tuesday through Sunday. Lunch and dinner daily at Hillcrest branch. Inexpensive. — *E.B.*

Popeye's Chicken & Biscuits 2333 Highland Avenue (at 24th Street), National City, 619-477-5605; 2210 E. Plaza Boulevard (at Euclid Avenue), National City, 619-470-3002; 3489 Santo Road (at Aero Drive), 858-573-0035; Metropolitan Center, 1737 Euclid Avenue (north of Federal Boulevard), Chollas Creek, 619-527-6565; and 6095 El Cajon Boulevard (at College Avenue), 619-286-3322. This is the one major national chain to cling firmly to a regional American identity: Wherever you go, if you find a Popeye's, you'll be eating Louisiana flavors. But some flavors travel better than others in fast-food translations: The spicy, crisp fried chicken and air-light drop biscuits are fine as can be. The étouffé (whether of chicken or crawfish, when available) is surprisingly decent. The gumbo, offered at some locations, is weird — flavors aren't bad, but it's more like a Creole risotto, with wet rice instead of liquid (where's the soup?). Dirty rice and jambalaya are nasty and dry. Food quality varies subtly from branch to branch, as does the attitude of the counter-persons. Open daily, three meals. Inexpensive. — *N.W.*

Ruby's Diner 1 Pierview Way, Oceanside, 760-433-7829. One thing about Ruby's: You can build an appetite just getting there. It's at the end of the 1/3 mile-long Oceanside pier. (There's a \$1 shuttle tram, too.) Ruby's is part of a themed “forties diner” chain stretching from LAX to Scottsdale, Arizona. But it's still fun. Shiny Chevy Corvette-style red leatherette and chrome booths, white walls, portholes, old Coca-Cola signs, “Dewey-Warren” presidential buttons, and that view to Hawaii. Good-sized servings, too — try their omelets. Also in Carlsbad and Mission Valley. Open daily. Inexpensive. — *E.B.*

Uno Chicago Bar and Grill The 1943-born Uno chain made its mark by transforming the flat Italian pizza into something a little more upstanding. Deep-dish pizzas have become one of Chicago's better-known exports. Now Uno does serious steak too, with variously sized Angus top sirloins. They come pretty much as is, but the meat itself is plenty flavorful and tender. Its expanded menu includes fajitas, ribs, shrimp scampi, and steak'n cheese burgers. Still, most lunchtime customers we saw seemed to stick to the staple: deep-dish pizzas and salads. Open daily, continuous service, lunch and dinner. Inexpensive to moderate. 4465 Mission Boulevard, Pacific Beach, 858-483-4143; Fashion Valley Center, 619-298-1866; 5th and H, Chula Vista, 619-420-8660; 890 W. Valley Parkway, Escondido, 760-480-8667. — *E.B.*

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Business as Usual

In new mouths, you hear the songs with new ears.

Back into the “current,” back into the flow, back into the rapids.... *Across the Universe* amounts to a two-and-a-quarter-hour promo for the Beatles without ever mentioning them by name. A generous, even over-generous sampler of their songs (thirty-three of them, by the count in the press notes, leaving aside the numberless

others that are quoted from or alluded to) has been re-recorded, or “covered” as they say in the business, by a fictitious cast of characters plunked down against the billowing backdrop of the Sixties: the war, the draft, the protests, the drugs, the psychedelics, the Sexual Revolution, all that. To link the Beatles with the upheaval makes a certain sense. Unlike, say, the more enduring Rolling Stones or the going-nowhere Dave Clark Five, the Beatles were a group that really did evolve (or, as some would prefer, devolve) swiftly and dramatically, making them a useful weathercock for the winds of change. You are here reminded afresh of their range and their riches; and in new mouths, you hear the songs with new ears. (As one who has never owned a Beatles recording of any length or vintage, I fancied I was hearing a few of

them for the first time.) The tremulous, down-tempo rendition, for example, of “I Wanna Hold Your Hand” by an Asian-American high-school cheerleader in Ohio (T.V. Carpio) brings the song a new, a renewed feeling, all by itself almost worth the price of admission. This character, evidently a longing lesbian, never develops into

much of a presence, except maybe on the cutting-room floor, although she has the honor of literally enacting the line, “She came in through the bathroom window.”

The two principals are (Hey) Jude and Lucy (in the Sky with Diamonds), a Liverpudlian working-class would-be artist (Jim Sturgess) and a suburban all-American girl turned antiwar activist (Evan Rachel Wood, surprisingly doing her own singing): “We’re in the middle of a revolution, Jude, and what are you doing? — doodles and cartoons?” These two storm-tossed lovers are reinforced by Jude’s friend and Lucy’s brother (Joe Anderson), a dropout draftee, and their Greenwich Village landlady (Dana Fuchs), a Joplinsque belter, plus her Motor City guitarist (Martin Luther McCoy), cultivating a mushrooming Afro.

REVIEW

DUNCAN SHEPHERD



Across the Universe

Bono, Eddie Izzard, Joe Cocker, Salma Hayek, of those I recognized, pop up in cameos in the later stages, but by then the inspiration is irreversibly running out of steam en route to a spluttering climax of “All You Need Is Love.” (Wearily, now: yeah, yeah, yeah.) Part of the problem is that, as the counterculture gains momentum in the sequence of events, there’s a

visible increase in music-video vulgarity, ornamental surrealism, Felliniesque fantasy, all the elements that go into director Julie Taymor’s fabled “vision.” Another part of the problem may be that the later songs, even though the playlist in the film does not observe a strict chronology, tend to be more turgid. Part, too, may simply be that two-and-a-quarter hours are

too long for a promo. What the poet and jazz critic Philip Larkin wrote of the Fab Four’s songs early in their career can apply as well here: “Like certain sweets, they seem wonderful until you are suddenly sick.”

In the Valley of Elah is a more commendable writing and directing effort from Paul Haggis (writer only on *Million Dollar Baby* and *Flags of Our*

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Fathers, among others) than his hokey Oscar-winner, *Crash*. More focussed, more concentrated, more self-contained, more consistent: an uncompromisingly mournful murder mystery, and strangled antiwar cry, about a veteran of Operation Iraqi Freedom (remember when?) who goes missing upon his return to Fort Rudd, New Mexico, and who turns up on the outskirts of the base, stabbed, dismembered, and burned beyond recognition. Say what you will about the filmmaker's political point-making — and I would say it never clogs up the unrushed flow of the narrative — he shows a true cinematic eye for tacky Americana, the streets, the stores, the townscapes, etc., so that whenever we go anywhere on screen — an army barracks, a motel, a public restroom, a strip club, a coffee shop, a “drive-up” bar, a fast-food joint — we can feel we've really been there, really seen it. (The mood lighting of nauseous green and blanched white is a case of whatever would be the opposite of gilding the lily — wilting the weed, possibly — and equally unnecessary.) Tommy Lee Jones, as the victim's father, a retired M.P. and current gravel hauler who presses the investigation forward when the military looks for an easy way out, has just the right amount of starch in his performance, touchingly repressed. Charlize Theron on the other hand, as the beleaguered civilian cop who eventually takes an interest, is perhaps more emotional than you want from a cop, but not more glamorous, with mannish attire, no makeup, and her hair parted in the middle and pulled back as severely as Emily Dickinson's. The rest of the cast has been carefully chosen down to the smallest role, with special mention reserved for Susan Sarandon,

Jason Patric, James Franco, Jake McLaughlin, Wes Chatham, Josh Brolin, Barry Corbin, and, nonchalantly topless in her mid-fifties, Frances Fisher.

Trade, an exposé of sex trafficking in the Cyberspace Age, centers on an abducted thirteen-year-old Mexican girl (Paulina Gaitan) and a duped Polish immigrant and single mother (Alicja Bachleda), transported from Mexico City to New Jersey for an Internet auction, and on the *ad hoc* rescue team composed of the Mexican girl's guilt-ridden brother (Cesar Ramos) and a lone-wolf American cop (Kevin Kline) on the trail of a missing daugh-

ter of his own. Based on a nonfiction piece from the *New York Times*, and directed by the German Marco Kreuzpaintner, the film is slightly, sullyingly educational, but its relationships and conflicts (presumably based on deficient imagination) are rudimentary. Particularly off-putting is the spectacle of the brother setting aside his guilt and striking comical sparks with the gringo (the classical music on the car stereo is torture to him) in an apparent attempt to become the next Diego Luna, Latin cutie-pie.

The Kingdom follows up a remedial history lesson on U.S.-Saudi relations, behind the opening credits, with a hy-

pothetical massacre of a hundred-plus American citizens at an oil-company picnic, the handiwork of an “Osama wannabe.” Speedily onto the scene — where were they on 9/11? — comes an FBI response team (Jamie Foxx, the take-charge family man; Jennifer Garner, the token superwoman; Chris Cooper, the token good actor; Jason Bateman, the obligatory wiseacre), to take names and kick ass, but first to burn the ears of the local Saudi investigator with their salty Free Speech. (Ashraf Barhom, in the part, is as likable as he is expendable.) Director Peter Berg's bob-and-weave camera, that cliché of immediacy and urgency, is a

continual annoyance, and in the climactic action is worse than that. Our inability to follow what's happening can scarcely convince us it's actually happening.

Shoot 'Em Up, if I may come to it so late in its run, dispenses video-game violence accompanied by headbanger heavy metal and leavened (if that's the word) with lead-balloon jokes. Clive Owen, Paul Giamatti, and Monica Bellucci, who ought to be ashamed of themselves at any wage, serve as rubber-duck decoys to lure in the unwary. It seems far more honest and honorable to leave this sort of thing to the likes of Jason Statham and Vin Diesel. ■

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Across the Universe — Reviewed this issue. With Evan Rachel Wood, Jim Sturgess, and Joe Anderson; directed by Julie Taymor.

★★ (LA JOLLA 12; MIRA MESA 18; MISSION VALLEY 20; FROM 9/28)

The Bourne Ultimatum — The *Bourne* absurdum. It isn't just that Part III in the adventures of the amnesiac superspy adds more ridiculousness. It's that, at these lengths, the ridiculousness multiplies exponentially. More ridiculousness, that is, and more and more ridiculous. (The sentimental soft spots found in Parts I and II are here concentrated in a couple of female, motherly, protective, nurturing CIA agents



In the Valley of Elah

who, alone among their heartless colleagues, are interested in keeping the hero alive.) Paul Greengrass's frantic visual style — a hand-held camera in the grips of

delirium tremens — fosters irritation where it intended excitement. With Matt Damon, Joan Allen, Julia Stiles, David Strathairn, Scott Glenn, and Albert Finney. 2007.

● (FASHION VALLEY 18; GASLAMP 15; GROSSMONT CENTER; LA JOLLA 12; MIRA MESA 18; MISSION VALLEY 20; OCEANSIDE 16; PALM PROMENADE 24; PARKWAY PLAZA 18; POWAY 10; RANCHO DEL REY 16; RANCHO SAN DIEGO 15; SAN MARCOS 18; TOWN SQUARE 14)

The Brave One — Distaff *Death Wish*,

though it would not be strictly accurate to say that Jodie Foster is playing Charles Bronson. The emphasis is on her psychological wounds after her fiancé is beaten to death and she herself beaten to death's door — setting up a take-back-the-night feminist revenge story — and the whole thing is acted and directed (by Neil Jordan) with a high seriousness not borne out by the potboilerish plotting. The motif of ruptured relationships — the heroine, the cop, two congruent cases of uxoricide — im-

plants some emotional backbone. Terrence Howard, Mary Steenburgen, Naveen Andrews. 2007.

★★ (CARMEL MOUNTAIN; CHULA VISTA 10; DEL MAR HIGHLANDS 8; ESCONDIDO 16; FASHION VALLEY 18; GASLAMP 15; GROSSMONT CENTER; LA COSTA 6; LA JOLLA 12; MIRA MESA 18; MISSION MARKETPLACE 13; MISSION VALLEY 7; MISSION VALLEY 20; OCEANSIDE 16; PALM PROMENADE 24; PARKWAY PLAZA 18; POWAY 10; RANCHO DEL REY 16; RANCHO SAN DIEGO 15; RIVER VILLAGE 6; SAN MARCOS 18; SANTEE DRIVE IN; TOWN SQUARE 14; VISTA VILLAGE)

Death at a Funeral — The title is too harsh. The comedy doesn't die, it just labors, as a funeral at a country estate turns to fiasco and farce, beginning with the delivery of the wrong cadaver and escalating with a bottle of mislabelled hallucinogens. Matthew MacFadyen, Keeley Hawes, Alan Tudyk, Daisy Donovan, Rupert Graves, Peter Dinklage, and Jane Asher; directed by Frank Oz. 2007.

★ (CARMEL MOUNTAIN; LA JOLLA VILLAGE)

December Boys — Four orphans on summer holiday Down Under, with Daniel Radcliffe and Jack Thompson, directed by Rod Hardy.

(HORTON PLAZA 14, FROM 9/28)

Eastern Promises — A Christmas baby, orphaned in the delivery room and provisionally named Christine ("Sounds like Christmas"), leads a London midwife (Naomi Watts) on a quest for the infant's nearest relative, and straight into the dark heart of the Russian mafia: a deceptively avuncular restaurateur (Armin Mueller-Stahl), his loose-cannon son (Vincent Cassel), and their stoical chauffeur and bodyguard (Viggo Mortensen). For extra "motivation," when things get dicey, the heroine is made to be half-Russian herself, with a stillborn baby in her background. Cult director David Cronenberg, following along the trail of *A History of Violence*, opens himself up for broader consumption, a tepid thriller with a maudlin streak and a pallid image, lacking his trademark slime element, notwithstanding a slit throat here and there, a pruned finger, a punctured eyeball. The *pièce de résistance* is a fight-to-the-death in a Turkish bath between two armed and fully clothed thugs and a vulnerably *au naturel* Viggo, covering up, despite all the rough-and-tumble, a bit more demurely than in the early days of *The Indian Runner*. 2007.

★ (DEL MAR HIGHLANDS 8; ESCONDIDO 16; FASHION VALLEY 18; GROSSMONT CENTER; HORTON PLAZA 14; LA JOLLA VILLAGE; MIRA MESA 18; MISSION VALLEY 20; OCEANSIDE 16; PALM PROMENADE 24; PARKWAY PLAZA 18; RANCHO DEL REY 16; SAN MARCOS 18; TOWN SQUARE 14; VISTA VILLAGE)

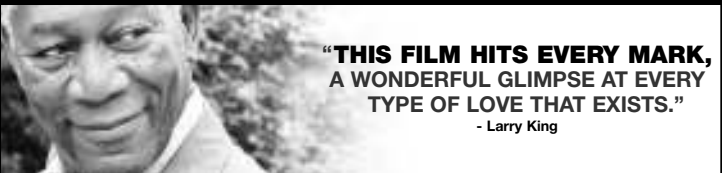
Feast of Love — The mating game in Portland, Ore., with Morgan Freeman, Greg Kinnear, Radha Mitchell, Selma Blair, and Jane Alexander, directed by Robert Benton.

(DEL MAR HIGHLANDS 8; FASHION VALLEY 18; HORTON PLAZA 14; LA JOLLA 12; MISSION VALLEY 20; PALM PROMENADE 24; FROM 9/28)

Fight Club — Director David Fincher, loaded with don't-try-this-at-home ideas on how to prove yourself a man and not a mouse, traces a course of anti-Establishment insurgency, from small acts of personal liberation (peeing in the lobster bisque, splicing a frame of male genitals into the middle of a kiddie film) to organizing an underground bare-knuckle boxing club ("How much can you know about yourself if you've never been in a fight?") to masterminding a large-scale terrorist operation code-named Project Mayhem. (Brad Pitt, in loud shirts and spiked hair, leads the way for white-collar, buttoned-down Edward Norton, a loquacious narrator: "I wanted to open the valves on oil tankers and smother all those French beaches I'd never see.") A cheap-trick plot turn — a mind-blower for the gullible — pulls the rug out from beneath an already unbalanced movie: all attitude, no brains. The photography is all green. With Helena Bonham Carter and Meat Loaf. 1999.

● (LA JOLLA VILLAGE, 9/28 MIDNIGHT)

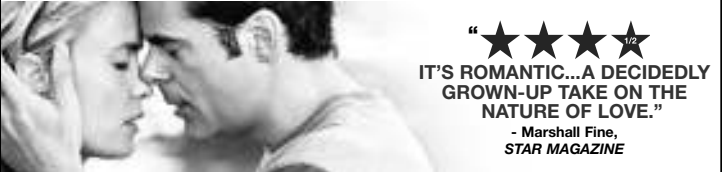
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The Kingdom

The Game Plan — Comedy with Dwayne “The Rock” Johnson as a star quarterback saddled with an illegitimate daughter, directed by Andy Fickman.

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Good Luck Chuck — Romantic comedy with Jessica Alba and Dane Cook, directed by Mark Helfrich.

(CARMEL MOUNTAIN; CHULA VISTA 10; DEL MAR HIGHLANDS 8; ESCONDIDO 16; FASHION VALLEY 18; GROSSMONT CENTER; HORTON PLAZA 14; LA JOLLA 12; MIRA MESA 18; MISSION MARKETPLACE 13; MISSION VALLEY 7; MISSION VALLEY 20; OCEANSIDE 16; PALM PROMENADE 24; PARKWAY PLAZA 18; PLAZA CAMINO REAL; POWAY 10; RANCHO DEL REY 16; RANCHO SAN DIEGO 15; RIVER VILLAGE 6; SAN MARCOS 18; TOWN SQUARE 14; VISTA VILLAGE)

Hairspray — Not a direct remake of the 1988 John Waters film, but a restaging of the 2002 Broadway-musical adaptation of it. (Waters gives his blessing to the enterprise in the form of a walk-on part as a flasher.) The show tunes, in place of well-selected oldies, don’t really add a lot, though they’re in the right key for the 1962 period. Nor is there much benefit from the

serves much credit, however, for the discovery of the “short and stout” Nikki Blonsky, a sort of plus-size Brenda Lee in the lead role, a teenage rebel fighting discrimination on two fronts, racism and fattism. She, for most of the way, carries the brunt of the load with the best of cheer. Michelle Pfeiffer, Christopher Walken, Queen Latifah, Amanda Bynes, Elijah Kelley, Brittany Snow, James Marsden, Alison Janney; directed by Adam Shankman. 2007.

★★ (PARKWAY PLAZA 18; SAN MARCOS 18)

Hairspray — Where does John Waters’s poor taste leave off and his characters’ poor taste begin? (Which came first, the chicken or the egg?) His deepest wade into the mainstream to date (but no higher than the ankles), this is sort of his personal *American Graffiti*, set in Baltimore in 1962. And more than ever he has become a documentarian, or museum curator, of American pop culture, its furniture, its fabrics, its hairstyles, its dance styles — all pushed to the *nth* degree, so that you feel at times you are watching a science-fiction film set in the 23rd Century. That degree of exaggeration is of course permissible in a satire, and in fact the satirical aspect — the cold-bloodedness toward the characters — conduces to a kind of accuracy about the Olden Days that isn’t possible when filmmakers are bidding for audience identification (cf. the twenty-years-ahead-of-time hair and dance styles of the heroine in *Dirty Dancing*, sup-

stunt casting of John Travolta in a transsexual latex fat suit, in the role originated by the actual transvestite, Divine. And naturally the film is not as “personal,” and deserves no credit for following Waters’s blazed trail to socially conscious fun. It de-

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posedly set only one year later than *Hairspray*). This also helps to take the square edges off the integration theme in the movie. To have as our leading social crusaders a couple of average white teenage girls — who certainly haven’t acquainted themselves with the thoughts of James Baldwin and Malcolm X, but who are well acquainted with Dee Dee Sharp and Little Eva — is a stroke of either genius or dumb luck. It individualizes the activists, and the motives for their activation, much beyond those ambulatory abstractions of, for example, *Cry Freedom*. And yet the underlying

sentiment isn’t totally eroded. The genuine liberalism of the movie, the wide-ranging tolerance and unquestioning acceptance, is borne out in the attitude of the director and (some) other characters alike toward the fatness — or pleasing plumpness, as you prefer — of the heroine. This is the most sanguine of satires: broad-mindedness has never been so improbably rampant, or anyway never among teenagers. Ricki Lake, Divine, Sonny Bono, Debbie Harry. 1988. ★★★ (SAN DIEGO PUBLIC LIBRARY, 10/1, 6:30 P.M.)

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SEEN ON DVD



The Devil Came on Horseback

ROBIN MACKENZIE

Programmer, San Diego Film Festival's Women Filmmaker's Series

Doing the rounds at festivals, on the hunt for films I think San Diego audiences would enjoy, I came across a documentary that shook me to my soul. *The Devil Came on Horseback* is about a journalist who lived in Darfur as the Janjaweed began their evil surge to wipe the black Africans off the face of the Sudanese map. Janjaweed literally means "devil on horseback," and they're an army of satanic soldiers funded by the Sudanese government. This extraordinary documentary tells the story of the men, women, and children of Darfur as they cling desperately to a fragile web of life hoping for the intervention of "the great America" that never comes. Directed by two women, the film screens as part of the Women Filmmaker's Series of the San Diego Film Festival. It tells the truth and tells it like you're right there.

THE DEVIL CAME ON HORSEBACK (USA) 2007, International Film Circuit
List price: \$26.95



The Matador

ROBIN LAATZ-KOZAK

Cofounder and executive director, San Diego Film Festival, www.sdff.org

Expiration Date is a whimsical, satirical Seattle comedy about a Native American whose father and grandfather were killed by milk trucks on their 25th birthdays. With his birthday days away, he's accepted his fate. Then a girl comes along that won't let him die in peace. The film looks good, feels good, and makes you laugh!

Born into Brothels provides a vivid reflection of the world beyond our doors. The filmmakers brilliantly tell the story of seven unforgettable children living in the red-light district of Calcutta, India. Handed cameras, they're taught how to see the world with new eyes.

The Matador is a drama with a hint of thriller and touch of comedy. It's about a hit man who's feeling burned out. Pierce Brosnan takes a role totally opposite of Bond and turns the film into one about companionship, exposing a new side of his acting abilities.

EXPIRATION DATE (USA) 2006, Roadkill Productions
List price: \$29.95

BORN INTO BROTHELS (USA) 2004, Velocity Home Entertainment
List price: \$14.99

THE MATADOR (USA) 2006, Weinstein Company
List price: \$14.95



Sideways

KARL KOZAK

Writer-director of *Skid Marks* and cofounder of the San Diego Film Festival

As a kid, when everyone else was going to the theater to see their favorite action hero, I was into comedy. I was a huge fan of Woody Allen, Monty Python, Mel Brooks, etc. I could recite lines from every movie. Here are three of my favorite recent comedy films. The Coen brothers are gifted filmmakers — that's certain — and *Raising Arizona* is worth revisiting. Every time I watch it I glean something new.

A Fish Called Wanda is definitely one of the best-constructed, funniest, and most clever comedies in recent years. It's outrageous, offensive, and even a little sick — and all the more enjoyable for it. John Cleese has spent his entire career rejecting conventional comedy, and, on this occasion, he hits pay dirt.

What's not to love and laugh about in *Sideways*? I love wine, Santa Barbara, and odd-ball buddy comedies. Who knew Paul Giamatti could make you laugh this hard?

RAISING ARIZONA (USA) 1987, Twentieth Century Fox
List price: \$14.98

A FISH CALLED WANDA (USA/England) 1988, MGM
List price: \$14.98

SIDEWAYS (USA) 2004, Twentieth Century Fox
List price: \$14.98

Harry Potter and the Order of the Phoenix — Pot V, if you're counting. War with the Dark Lord, as you might recall from the end of Pot IV, approaches; and after another two-and-a-quarter hours of stretching and padding, it still approaches. At the rate Daniel Radcliffe is aging, Harry looks on course to be the World's Oldest Grad Student of Witchcraft and Wizardry by the time the war actually arrives. Just as Miranda Richardson enlivened the previous installment in the new role of a nosy reporter, Imelda Staunton enlivens this one as a Draconian educational reformer behind a false front of cold smiles and hot pinks. With Rupert Grint, Emma Watson, Michael Gambon, Gary Oldman, Alan Rickman, Ralph Fiennes, and, a second enlivening newcomer, the fey, fifteen-year-old Evanna Lynch, in her screen debut; directed by David Yates. 2007.

★ (GASLAMP 15)

In the Shadow of the Moon — Slick

assembly of archive footage and interviews with retired astronauts (Buzz Aldrin, Alan Bean, Gene Cernan, Mike Collins, Jim Lovell, Edgar Mitchell, Harrison Schmitt, Dave Scott, and John Young), to tell the story of the Apollo moon shots. It's a big story — history merged with science fiction — and collectively the men are almost equal to it. Directed by David Singleton. 2007.

★★ (HILLCREST CINEMAS)

Intolerable Cruelty — The Coen brothers film with the widest, the broadest, the massiest appeal to date, or in the common phrase their "most accessible." Two glamorous A-list movie stars of opposite sexes, George Clooney and Catherine Zeta-Jones, looking their respective bests, sugar-cured and honey-glazed, and none of the Coen "regulars" — no McDormand, no Goodman, no Turturro, no Polito, no Buscemi. What's more, Joel and Ethan for the first time share the screenwriting credit with a

couple of other guys. (Robert Ramsey and Matthew Stone by name, co-writers of the Eddie Murphy and Martin Lawrence comedy, *Life*, as well as the Dave Barry literary adaptation, *Big Trouble*.) Have they at last gone straight? gone soft? gone safe? Have they given up the good fight in pursuit of the brass ring? Fear not. As Hollywood as this might look on the surface, or from the outside, it remains no less subversive from within — not as directly and explicitly anti-Hollywood as *Barton Fink*, but nor as obliquely and metaphorically as *Fargo*, *The Hudsucker Proxy*, or *The Big Lebowski*. The setting of this cold hard look at the divorce racket — the reduction of marital relationships, mutual alliances, common bonds, to cold hard cash — is specifically Tinsel Town and its mansions, its swimming pools, its health spas, its supper clubs, its nearby playgrounds, even though only one of the litigants has an actual toehold in show business: producer of the daytime soap, *The Sands of Time*. Unflaggingly

speedy, snappy, fresh, and funny, the film is as tightly constructed as any Coen film before *Lebowski* (the point at which they started to overload and overstuff), homing in on the whole culture of divorce, a world unto itself, a total way of life, with its lore and legend, its luminaries and lesser lights, its legion of interchangeable face-lifted and liposuctioned ex-wives (the Stepford exes), even an annual convention in Vegas (where better?) for the National Organization of Matrimonial Attorneys Nationwide: "Let N.O.M.A.N. put asunder." Billy Bob Thornton, Geoffrey Rush, Edward Herrmann, Cedric the Entertainer. 2003. ★★★★★ (CINEMA UNDER THE STARS, 9/27 THROUGH 29, 8:30 P.M.)

In the Valley of Elah — Reviewed this issue. With Tommy Lee Jones, Charlize Theron, and Susan Sarandon; written and directed by Paul Haggis. ★★★ (FASHION VALLEY 18; FLOWER HILL 4; GASLAMP 15; LA COSTA 6; LA JOLLA VILLAGE; MISSION VALLEY 7; MISSION VALLEY 20; PALM PROMENADE 24; POWAY 10; SAN MARCOS 18)

The Jane Austen Book Club — Chick-Lit trifle, after the Karen Joy Fowler best-seller, about six contemporary Sacramentoans, five women and an odd man out, who meet informally to discuss the six great Austen novels, one per month, and to demonstrate the books' continued relevance by unconsciously patterning their lives after them. Not too awfully disagreeable, despite the strenuous efforts at ingratiation. With Maria Bello, Amy Brenneman, Emily Blunt, Kathy Baker, Maggie Grace, and Hugh Dancy; written and directed by Robin Swicord. 2007. ★ (LA JOLLA VILLAGE, FROM 9/28)

The Kingdom — Reviewed this issue. With Jamie Foxx, Chris Cooper, Jennifer Garner, Jason Bateman, and Jeremy Piven; directed by Peter Berg. ● (CARMEL MOUNTAIN; CHULA VISTA 10; DEL MAR HIGHLANDS 8; ESCONDIDO 16; FASHION VALLEY 18; GASLAMP 15; GROSSMONT CENTER; LA COSTA 6; LA JOLLA 12; MIRA MESA 18; MISSION MARKETPLACE 13; MISSION VALLEY 20; OCEANSIDE 16; PALM PROMENADE 24; PARKWAY PLAZA 18; PLAZA CAMINO REAL; POWAY 10; RANCHO DEL REY 16; RANCHO SAN DIEGO 15; RIVER VILLAGE 6; SAN MARCOS 18; SOUTH BAY DRIVE IN; TOWN SQUARE 14; VISTA VILLAGE; FROM 9/28)

King of California — Michael Douglas stars as the unstable father of Evan Rachel Wood, written and directed by Mike Cahill. (HILLCREST CINEMAS, FROM 9/28)

Live Free or Die Hard — Oughtn't that to be *Live Free AND...*? Isn't dying hard, in the lexicon of this series, a desirable thing? (It ain't over till the bald guy says, "Yippee-ki-yay, motherfucker.") Bruce Willis, a dozen years since he last got into the part of John McClane, is still in good shape, but the plot is more malformed than ever, an apocalyptic attack of Internet terrorism against which the forces of Homeland Security are powerless and our single-handed, two-fisted hero ("a Timex watch in a digital age") is obliged to do everything himself. Everything, that is, except the hack work, which falls to computer nerds portrayed by Justin Long and Kevin Smith. It's not boring, but it's eminently laughable. With Timothy Olyphant, Maggie Q, Cliff Curtis, and Mary Elizabeth Winstead; directed by Len Wiseman. 2007. ● (HORTON PLAZA 14)

Live-in Maid — Cozy character piece, against a backdrop of Buenos Aires in economic meltdown, about the relationship of a gentlewoman of reduced means and her loyal unpaid maid. A big performance from Norma Aleandro, to go with her big hair, and a self-contained performance from Norma Argentina. Written and directed by Jorge Gaggero. 2005. ★ (LA JOLLA VILLAGE, THROUGH 9/27)

Manda Bala — Jason Kohn's documentary on class conflicts in present-day Brazil. (KEN, 9/28 THROUGH 10/5)

Milarepa: Magician, Murderer, Saint — Neten Chokling's biopic on

the 11th-century Tibetan holy man. (HILLCREST CINEMAS, FROM 9/28; KEN, THROUGH 9/27)

Mr. Bean's Holiday — The very name invites comparison with that other nonverbal clown, Jacques Tati, and in specific with his *Mr. Hulot's Holiday*. Rowan Atkinson is a more grossly demonstrative performer, and his humor more demonstrably gross, and of course he is not also a keen-eyed director. That chair is here occupied by

Steven Bendelack, dull-eyed and color-blind. With Max Baldry, Emma de Caunes, and Willem Dafoe. 2007. ● (CARMEL MOUNTAIN; MISSION MARKETPLACE 13; PALM PROMENADE 24)

The Nanny Diaries — Modest, clever, diverting comedy about a directionless college grad (Scarlett Johansson), with a major in Business and minor in Anthropology, who falls into a temp position as an Upper East Side nanny, continuing her anthropo-

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"★★★★★!" - Dan Dunn, *metr*

"The race for the Best Actor Oscar® really should detour in the direction of Michael Douglas."

- Elizabeth Weitzman, *DAILY NEWS*

"Michael Douglas and Evan Rachel Wood are perfect together in this magical, totally original, funny and moving story."

- Jeanne Wolf, *Parade Magazine*

"★★★★★½!" - Gene Seymour, *NEWSDAY*

"A father and daughter journey to find the greatest treasure of all: love."

- Mike Sargent, *WBAI Radio*

From the filmmakers of *Sideways*

MICHAEL DOUGLAS EVAN RACHEL WOOD KING OF CALIFORNIA

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-Jeanne Wolf, *PARADE MAGAZINE*

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logical studies independently in the exotic society of the filthy rich. The self-absorbed

parents (Laura Linney, Paul Giamatti) are so convincingly awful that a happy ending seems unimaginable or unswallowable. The child (Nicholas Art), although endorsed by the sensible nanny as wonderful and terrific and special, hardly registers as anything once he stops being a monster. It's the nanny herself who registers as wonderful

and terrific and special, while stopping well short of Mary Poppins magic. With Chris Evans and Alicia Keys; co-written and co-directed by Shari Springer Berman and Robert Pulcini. 2007.
★★★ (GASLAMP 15)

No End in Sight — How the Iraqi war

(and peace) was bungled, as told by a carousel of on-the-ground and ivory-tower experts, well-organized, one-sided, clear, and convincing. Some eye-widening footage inside “postwar” Iraq, but it’s mostly a talking-heads movie, which is to say mostly not a movie. Narrated by Campbell Scott; directed by Charles Ferguson.

2007.
★ (HILLCREST CINEMAS, THROUGH 9/27; HORTON PLAZA 14, FROM 9/28)

No Reservations — American remake of *Mostly Martha*, blunted to the point of total pointlessness, eliminating the national differences between the German and the Ital-

MOVIE SHOWTIMES

Bargain showtimes are in parentheses.

CENTRAL

CLAIREMONT

Town Square 14

4665 Clairemont Drive (858-274-1234)
The Bourne Ultimatum (PG-13) Fri.-Sat. (1:35) 4:15, 6:50, 9:25 Sun. (1:35) 4:15, 6:50, 9:15; **The Brave One** (R) Fri.-Sat. (1:40) 4:35, 7:20, 10:15 Sun. (1:40) 4:35, 7:20, 9:55; **Dragon Wars** (PG-13) Fri.-Sat. (12:35, 2:50) 5:05, 7:55, 10:05 Sun. (12:35, 2:50) 5:05, 7:55, 9:55; **Eastern Promises** (R) Fri.-Sat. (2:10) 4:45, 7:05, 9:25 Sun. (2:10) 4:45, 7:05, 9:20; **Feast of Love** (R) Fri.-Sat. (12:15, 2:45) 5:20, 7:45, 10:25 Sun. (12:15, 2:45) 5:20, 7:45, 10:00; **The Game Plan** (PG-13) Fri.-Sat. (12:00, 2:30) 5:00, 7:30, 10:00 Sun. (12:00, 2:30) 5:00, 7:30, 9:50; **Good Luck Chuck** (R) Fri.-Sat. (12:10, 2:35) 4:55, 7:15, 9:45 Sun. (12:10, 2:35) 4:55, 7:15, 9:35; **The Kingdom** (R) Fri.-Sat. (12:45, 2:15) 4:20, 5:10, 6:55, 7:50, 9:40, 10:30 Sun. (12:45, 2:15) 4:20, 5:10, 6:55, 7:50, 9:25; **Mr. Woodcock** (PG-13) Fri.-Sat. (12:30, 2:55) 5:15, 7:25, 10:20 Sun. (12:30, 2:55) 5:15, 7:25, 9:30; **Resident Evil: Extinction** (R) Fri.-Sat. (12:20, 2:40) 4:50, 7:40, 9:55 Sun. (12:20, 2:40) 4:50, 7:40, 9:45; **Superbad** (R) Fri.-Sat. (1:55) 4:40, 7:35, 10:10 Sun. (1:55) 4:40, 7:35, 10:00; **Sydney White** (PG-13) Fri.-Sat. (2:00) 4:30, 7:00, 9:35 Sun. (2:00) 4:30, 7:00, 9:30; **3:10 to Yuma** (R) Fri.-Sat. (1:45) 4:25, 7:10, 9:50 Sun. (1:45) 4:25, 7:10, 9:40

DOWNTOWN

Gaslamp 15

701 Fifth Avenue (619-232-0400)
The Bourne Ultimatum (PG-13) Fri.-Sun. 7:50, 10:25; **The Brave One** (R) Fri.-Sun. (1:45) 4:35, 7:45, 10:30; **The Game Plan** (PG-13) Fri.-Sun. (1:25) 4:15, 7:30, 10:05; **Harry Potter and the Order of the Phoenix** (PG-13) Fri.-Sun. (1:35) 4:45; **The Hunting Party** (R) Fri.-Sun. 4:50, 10:30; **In the Valley of Elah** (R) Fri.-Sun. (1:40) 4:25, 7:20, 10:15; **The Kingdom** (R) Fri.-Sun. (1:00, 2:00, 3:45) 4:40, 7:00, 8:00, 9:40, 10:35; **Resident Evil: Extinction** (R) Fri.-Sun. (1:15, 2:10, 3:55) 7:15, 8:10, 9:50; **Sydney White** (PG-13) Fri.-Sun. (1:50) 4:30, 7:40, 10:20; **3:10 to Yuma** (R) Fri.-Sun. (1:10) 4:10, 7:10, 9:55

Horton Plaza 14

Horton Plaza (619-444-FILM)
December Boys (PG-13) Fri.-Sun. (12:40, 3:10) 6:45, 9:15; **Dragon Wars** (PG-13) Fri. (12:35, 2:45, 5:00) 7:30, 9:40 Sat.-Sun. (12:35, 2:45) 5:00, 7:30, 9:40; **Eastern Promises** (R) Fri.-Sun. (1:05, 3:25) 7:20, 10:00; **Feast of Love** (R) Fri.-Sun. (12:35, 3:05) 6:40, 9:10; **Good Luck Chuck** (R) Fri. (12:00, 12:30, 2:20, 2:50, 4:55, 5:30) 7:30, 8:00, 9:45, 10:15 Sat.-Sun. (12:00, 12:30, 2:20, 2:50) 4:55, 5:30, 7:30, 8:00, 9:45, 10:15; **Halloween** (R) Fri. (12:05, 2:25, 5:05) 7:35, 10:05 Sat.-Sun. (12:05, 2:25) 5:05, 7:35, 10:05; **Live Free or Die Hard** (PG-13) Fri.-Sun. (12:20, 3:20) 6:50, 9:40; **Mr. Woodcock** (PG-13) Fri. (12:25, 2:35, 4:45) 7:00, 9:30 Sat.-Sun. (12:25, 2:35) 4:45, 7:00, 9:30; **No End in Sight** (Not Rated) Fri.-Sun. 7:05, 9:35; **No Reservations** (PG) Fri.-Sun. (12:50, 3:15) 6:05, 9:05; **Ratatouille** (G) Fri.-Sun. (12:10, 2:40); **Rush Hour 3** (PG-13) Fri. (12:15, 2:15, 4:30) 7:25, 9:55 Sat.-Sun. (12:15, 2:15) 4:30, 7:25, 9:55; **Stardust** (PG-13) Fri. (1:00, 4:10) Sat.-Sun. (1:00) 4:10; **Superbad** (R) Fri.-Sun. (12:45, 3:30) 7:15, 9:50

LA JOLLA

La Jolla 12

8657 Villa La Jolla Drive (858-558-2262)
Across the Universe (PG-13); **The Bourne Ultimatum** (PG-13); **The Brave One** (R); **Feast of Love** (R); **The Game Plan** (PG-13); **Good Luck Chuck** (R); **The Hunting Party** (R); **The Kingdom** (R); **Mr. Woodcock** (PG-13); **Resident Evil: Extinction** (R); **Superbad** (R); **Sydney White** (PG-13); **3:10 to Yuma** (R)

La Jolla Village

8879 Villa La Jolla Drive (619-819-0236)
Death at a Funeral (R) Fri. 2:00, 4:50, 7:30, 10:00 Sat.-Sun. 11:30, 2:00, 4:50, 7:30, 10:00; **Eastern Promises** (R) Fri. 2:10, 4:40, 7:20, 9:45 Sat.-Sun. 11:20, 2:10, 4:40, 7:20, 9:45;

Fight Club (R) Sat. 11:55p.m.; **In the Valley of Elah** (R) Fri. 1:50, 4:30, 7:10, 9:55 Sat.-Sun. 11:00, 1:50, 4:30, 7:10, 9:55; **The Jane Austen Book Club** (PG-13) Fri. 1:40, 4:20, 7:00, 9:40 Sat.-Sun. 11:10, 1:40, 4:20, 7:00, 9:40

MIRA MESA

Mira Mesa 18

10733 Westview Parkway (858-635-7700)
The Game Plan (PG-13) Fri. (11:30, 2:10, 4:50) 7:30, 10:15; **The Kingdom** (R) Fri. (12:10, 2:45, 5:25) 8:05, 10:45

MISSION HILLS

Cinema Under the Stars

4040 Goldfinch Street (619-295-4221)
Intolerable Cruelty (PG-13)

MISSION VALLEY

Fashion Valley 18

7037 Friars Road (858-558-2262)
Balls of Fury (PG-13) Fri.-Sat. 12:35, 3:05, 8:15, 10:35 Sun. 12:35, 3:05, 8:00, 10:20; **The**

Bourne Ultimatum (PG-13) Fri.-Sat. (11:00) 1:50, 4:35, 7:35, 10:25 Sun. (11:00) 1:50, 4:35, 7:35, 10:15; **The Brave One** (R) Fri.-Sun. 12:55, 3:55, 6:50, 9:55; **Eastern Promises** (R) Fri.-Sun. 1:40, 4:25, 7:05, 9:40; **Feast of Love** (R) Fri.-Sun. (11:05) 1:35, 4:05, 6:40, 9:20; **The Game Plan** (PG-13) Fri.-Sat. (11:15) 1:15, 2:00, 4:00, 4:45, 6:45, 7:30, 9:30, 10:15 Sun. (11:15) 1:15, 2:00, 4:00, 4:45, 6:45, 7:30, 9:30, 10:10; **Good Luck Chuck** (R) Fri.-Sat. (11:00, 11:45) 1:45, 2:30, 4:30, 5:15, 7:15, 8:00, 10:00, 10:45 Sun. (11:00, 11:45) 1:45, 2:30, 4:30, 5:15, 7:15, 8:00, 10:00, 10:25; **The Hunting Party** (R) Fri.-Sun. 5:25p.m.; **In the Valley of Elah** (R) Fri.-Sun. 1:20, 4:10, 7:10, 10:05; **The Kingdom** (R) Fri.-Sun. (11:30) 1:30, 2:15, 4:15, 5:00, 7:00, 7:45, 9:45, 10:30 Fri.-Sun. 1:30, 4:15, 7:00, 9:45; **Mr. Woodcock** (PG-13) Fri.-Sat. 12:30, 3:00, 5:30, 7:55, 10:20 Sun. 12:30, 3:00, 5:30, 7:55, 10:15; **Resident Evil: Extinction** (R) Fri.-Sat. (11:50) 12:40, 2:20, 3:10, 4:50, 5:40, 7:20, 8:10, 9:50, 10:40 Sun. (11:50) 12:40, 2:20, 3:10, 4:50, 5:40, 7:20, 8:05, 9:50, 10:30; **Superbad** (R) Fri.-Sat. (11:20) 2:05, 4:55, 7:40,

10:25 Sun. (11:20) 2:05, 4:55, 7:40, 10:20; **Sydney White** (PG-13) Fri.-Sat. (11:10) 1:55, 4:40, 7:25, 10:10 Sun. (11:10) 1:55, 4:40, 7:25, 10:05; **3:10 to Yuma** (R) Fri.-Sun. 1:25, 4:20, 7:10, 9:55

Mission Valley 7

7510 Hazard Center Drive (619-685-2841)
The Brave One (R) Fri.-Sat. (10:30, 1:30) 4:30, 7:30, 10:30 Sun. (10:30, 1:30) 4:30, 7:30; **Good Luck Chuck** (R) Fri.-Sat. (10:00, 12:15, 2:30) 5:15, 7:45, 10:15 Sun. (10:00, 12:15, 2:30) 5:15, 7:45; **The Hungry Woman** (R) Fri. (10:00, 12:30, 3:00) 5:30, 8:00, 10:30 Sat. (12:30, 3:00) 5:30, 8:00, 10:30 Sun. (12:30, 3:00) 5:30, 8:00; **The Hunting Party** (R) Fri.-Sat. (10:15, 12:45, 3:15) 5:45, 8:15, 10:45 Sun. (10:15, 12:45, 3:15) 5:45, 8:15; **In the Valley of Elah** (R) Fri.-Sat. (11:15, 2:15) 5:00, 7:45, 10:45 Sun. (11:15, 2:15) 5:00, 7:45; **Mr. Woodcock** (PG-13) Fri.-Sat. (10:45) 10:00 Sun. (10:45a.m.); **Strawberry Shortcake: Let's Dance** (NR) Sat.-Sun. (10:30a.m.); **3:10 to Yuma** (R) Fri.-Sat. (10:30, 1:15) 4:15, 7:15, 10:15 Sun. (10:30, 1:15) 4:15, 7:15; **Winds of**

God (Not Rated) Fri.-Sun. (1:00, 4:00) 7:00

Mission Valley 20

1640 Camino Del Rio North (858-558-2262)
Across the Universe (PG-13); **Balls of Fury** (PG-13); **The Bourne Ultimatum** (PG-13); **The Brave One** (R); **Dragon Wars** (PG-13); **Eastern Promises** (R); **Feast of Love** (R); **The Game Plan** (PG-13); **Good Luck Chuck** (R); **Halloween** (R); **In the Valley of Elah** (R); **The Kingdom** (R); **Mr. Woodcock** (PG-13); **Ratatouille** (G); **Resident Evil: Extinction** (R); **Superbad** (R); **Sydney White** (PG-13); **3:10 to Yuma** (R)

STATE UNIVERSITY

Ken

4061 Adams Avenue (619-819-0236)
Send a Bullet (NR) Fri. 5:00, 7:15, 9:30 Sat.-Sun. 2:45, 5:00, 7:15, 9:30

UPTOWN

Hillcrest Cinemas

3965 Fifth Avenue (619-819-0236)
In the Shadow of the Moon (PG) Fri. 1:50, 4:30, 7:10, 9:45 Sat.-Sun. 11:10, 1:50, 4:30, 7:10, 9:45; **King of California** (PG-13) Fri. 2:10, 4:50, 7:30, 9:55 Sat.-Sun. 11:30, 2:10, 4:50, 7:30, 9:55; **Milarepa: Magician, Murderer, Saint** (PG) Fri.-Sun. 2:15, 7:35; **Once** (R) Fri. 4:55, 10:00 Sat.-Sun. 11:35, 4:55, 10:00; **Trade** (R) Fri. 1:40, 4:20, 7:00, 9:40 Sat.-Sun. 11:00, 1:40, 4:20, 7:00, 9:40; **2 Days in Paris** (R) Fri. 2:00, 4:40, 7:20, 9:50 Sat.-Sun. 11:20, 2:00, 4:40, 7:20, 9:50

Reuben H. Fleet Science Center

1875 El Prado, Balboa Park (619-238-1233)
Coral Reef Adventure (Not Rated) Fri. 12:00, 2:00, 5:00, 9:00 Sat. 10:00, 12:00, 2:00, 5:00, 7:00 Sun. 10:00, 12:00, 2:00, 5:00; **Dinosaurs Alive!** (NR) Fri. 11:00, 1:00, 3:00, 8:00 Sat. 11:00, 1:00, 3:00, 6:00, 8:00; **Mystery of the Nile** (Not Rated) Fri. 7:00p.m.; **The Alps: Giants of Nature** (No Rating) Fri.-Sun. 4:00p.m.; **Volcanoes of the Deep Sea** (Not Rated) Fri. 6:00p.m.

San Diego Natural History Museum

1788 El Prado, Balboa Park (619-232-3821)
Ocean Oasis (Not Rated) Fri. 10:10a.m.

EAST COUNTY

EL CAJON

Parkway Plaza 18

405 Parkway Plaza (619-401-3456)
Balls of Fury (PG-13) Fri. (12:05, 2:20, 4:55) 7:25, 9:45 Sat.-Sun. (12:05, 2:20) 4:55, 7:25, 9:45; **The Brave One** (R) Fri.-Sun. (12:30, 3:40) 7:00, 10:05; **Dragon Wars** (PG-13) Fri.-Sun. 8:05, 10:25; **Eastern Promises** (R) Fri. (1:00, 4:05) 6:55, 9:25 Sat.-Sun. (1:00) 4:05, 6:55, 9:25; **The Game Plan** (PG-13) Fri. (11:30, 12:00, 2:00, 2:30, 4:40, 5:10) 7:20, 7:50, 10:10, 10:40 Sat.-Sun. (11:30, 12:00, 2:00, 2:30) 4:40, 5:10, 7:20, 7:50, 10:10, 10:40; **Good Luck Chuck** (R) Fri. (11:45, 12:10, 2:10, 2:40, 4:30, 5:20) 7:10, 8:00, 9:40, 10:30 Sat.-Sun. (11:45, 12:10, 2:10, 2:40) 4:30, 5:20, 7:10, 8:00, 9:40, 10:30; **Hairspray** (PG) Fri. (11:35, 2:15, 5:10) 7:55, 10:35 Sat.-Sun. (11:35, 2:15) 5:10, 7:55, 10:35; **The Kingdom** (R) Fri. (11:40, 12:20, 2:20, 2:50, 4:50) 5:30, 7:40, 8:10, 10:20, 10:50 Sat.-Sun. (11:40, 12:20, 2:20, 2:50) 4:50, 5:30, 7:40, 8:10, 10:20, 10:50; **Mr. Woodcock** (PG-13) Fri. (11:45, 2:05, 4:45) 7:15, 9:35 Sat.-Sun. (11:45, 2:05) 4:45, 7:15, 9:35; **Mr. Bean's Holiday** (G) Fri. (12:25, 2:55, 5:05) 7:35, 9:50 Sat.-Sun. (12:25, 2:55) 5:05, 7:35, 9:50; **Ratatouille** (G) Fri. (11:40, 2:35, 5:25) Sat.-Sun. (11:40, 2:35) 5:25; **Resident Evil: Extinction** (R) Fri. (11:50, 1:20, 2:10, 4:20, 5:00) 6:50, 7:30, 9:20, 10:00 Sat.-Sun. (11:50, 1:20, 2:10) 4:20, 5:00, 6:50, 7:30, 9:20, 10:00; **Rush Hour 3** (PG-13) Fri. (11:50, 2:00, 4:25) 5:15, 7:45, 10:15 Sat.-Sun. (11:50, 2:00) 4:25, 6:45, 9:10; **Sydney White** (PG-13) Fri. (11:55, 2:25, 5:15) 7:45, 10:15 Sat.-Sun. (11:55, 2:25) 5:15, 7:45, 10:15; **3:10 to Yuma** (R) Fri. (1:05, 4:10) 7:05, 9:55 Sat.-Sun. (1:05) 4:10, 7:05, 9:55

LA MESA

Grossmont Center

Grossmont Center (619-465-7100)
The Bourne Ultimatum (PG-13) Fri. (2:00) 4:40, 7:15, 9:50 Sat. (11:40, 2:10) 4:40, 7:15, 9:50 Sun. (11:40, 2:10) 4:40, 7:15, 9:45; **The Brave One** (R) Fri. (2:15) 5:00, 7:40, 10:25 Sat.

"★★★★★! THE MOST EXCITING MOVIE OF THE YEAR!"
SHAWN EDWARDS, FOX-TV



RESIDENT EVIL:
EXTINCTION

SCREEN GEMS/DAVIS FILMS/CONSTANTIN FILM PRESENT A CONSTANTIN FILM/DAVIS FILMS/IMPACT PICTURES PRODUCTION
MILLA JOVOVICH ODED FEAR ALI LARTER IAIN GLEN ASHANTI AND MIKE EPPS "RESIDENT EVIL: EXTINCTION" CHRISTOPHER EGAN SPENCER LOCKE
WITH JASON O'MARA MUSIC BY CHARLIE CLOUSER CAPCOM'S VIDEOGAME EXECUTIVE PRODUCERS MARTIN MOSZKOWICZ VICTOR HADIDA KELLY VAN HORN
PRODUCED BY BERND EICHINGER SAMUEL HADIDA ROBERT KULZER JEREMY BOLT PAUL W.S. ANDERSON WRITTEN BY PAUL W.S. ANDERSON DIRECTED BY RUSSELL MULCAHY

R

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UNDER 17 REQUIRES ACCOMPANYING PARENT OR ADULT GUARDIAN

STRONG HORROR VIOLENCE THROUGHOUT AND SOME NUDITY

Constantin Film

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NOW PLAYING

CHECK LOCAL LISTINGS FOR THEATERS AND SHOWTIMES

SORRY, NO PASSES ACCEPTED FOR THIS ENGAGEMENT.

(11:35, 2:20) 5:00, 7:40, 10:25 Sun. (11:35, 2:20) 5:00, 7:40, 10:15; **Eastern Promises** (R) Fri.-Sat. (12:35, 3:00) 5:25, 7:50, 10:15 Sun. (12:35, 3:00) 5:25, 7:50, 10:05; **The Game Plan** (PG-13) Fri. (12:15, 1:00, 2:45, 3:55) 5:20, 7:00, 8:00, 9:45, 10:35 Sat. (11:55, 12:55, 2:40, 3:55) 5:20, 7:00, 8:00, 9:45, 10:35 Sun. (11:55, 12:55, 2:40, 3:55) 5:20, 7:00, 8:00, 9:40; **Good Luck Chuck** (R) Fri. (12:20, 2:35) 4:50, 7:20, 9:35 Sat. (12:05, 2:30) 4:50, 7:20, 9:35 Sun. (12:05, 2:30) 4:50, 7:20, 9:30; **The Kingdom** (R) Fri. (2:05) 4:45, 7:30, 10:10 Sat. (11:25, 2:05) 4:45, 7:30, 10:10 Sun. (11:25, 2:05) 4:45, 7:30, 10:00; **Mr. Woodcock** (PG-13) Fri. (1:45, 3:50) 5:55, 8:10, 10:20 Sat. (11:30, 1:45, 3:50) 5:55, 8:10, 10:20 Sun. (11:30, 1:45, 3:50) 5:55, 8:10, 10:10; **Resident Evil: Extinction** (R) Fri.-Sat. (12:45, 3:10) 5:50, 8:20, 10:45 Sun. (12:45, 3:10) 5:50, 8:10, 10:20; **3:10 to Yuma** (R) Fri. (1:50) 4:25, 7:05, 9:40 Sat. (11:15, 1:50) 4:25, 7:05, 9:40 Sun. (11:15, 1:50) 4:25, 7:05, 9:35

RANCHO SAN DIEGO

Rancho San Diego 15
2951 Jamacha Road
The Bourne Ultimatum (PG-13) Fri.-Sun. (3:20) 7:20; **The Brave One** (R) Fri.-Sun. (12:20, 3:25) 7:10, 10:05; **Dragon Wars** (PG-13) Fri.-Sun. (12:40) 10:20; **Feast of Love** (R) Fri. (12:45, 4:30) 7:45, 10:45 Sat.-Sun. (12:45) 4:30, 7:45, 10:45; **The Game Plan** (PG-13) Fri. (12:30) 1:15, 3:15, 4:15) 6:45, 7:15, 9:30, 10:15 Sat.-Sun. (12:30, 1:15, 3:15) 4:15, 6:45, 7:15, 9:30, 10:15; **Good Luck Chuck** (R) Fri. (12:05, 1:05, 2:45, 4:10, 5:15) 6:50, 7:40, 9:55, 10:40 Sat.-Sun. (12:05, 1:05, 2:45) 4:10, 5:15, 6:50, 7:40, 9:55, 10:40; **The Kingdom** (R) Fri. (12:15, 1:00, 3:00, 4:45) 7:00, 7:30, 9:45, 10:30 Sat.-Sun. (12:15, 1:00, 3:00) 4:45, 7:00, 7:30, 9:45, 10:30; **Mr. Woodcock** (PG-13) Fri. (12:10, 2:50, 5:10) 7:35, 9:50 Sat.-Sun. (12:10, 2:50) 5:10, 7:35, 9:50; **Resident Evil: Extinction** (R) Fri. (12:25, 1:10, 3:05, 4:25, 5:30) 7:05, 8:00, 10:00, 10:40 Sat.-Sun. (12:25, 1:10, 3:05) 4:25, 5:30, 7:05, 8:00, 10:00, 10:40; **Superbad** (R) Fri. (12:55, 4:20) 7:50, 10:35 Sat.-Sun. (12:55) 4:20, 7:50, 10:35; **Sydney White** (PG-13) Fri.-Sun. (12:35, 3:30) 7:40, 10:10; **3:10 to Yuma** (R) Fri. (12:50, 4:30) 7:25, 10:25 Sat.-Sun. (12:50) 4:30, 7:25, 10:25

SANTEE

Santee Drive In
10990 Woodside Avenue (619-448-7447)
The Brave One (R); **The Game Plan** (PG-13); **Ratatouille** (G); **3:10 to Yuma** (R)

SOUTH BAY

CHULA VISTA

Chula Vista 10
Broadway between H and I (619-338-4214)
Balls of Fury (PG-13) Fri.-Sun. (11:30, 1:45, 4:00) 6:15, 8:30, 10:45; **The Brave One** (R) Fri.-Sun. (10:30, 1:30) 4:15, 7:15, 10:15; **Dragon Wars** (PG-13) Fri.-Sun. (10:15, 12:30, 2:45) 5:00, 7:30, 9:45; **The Game Plan** (PG-13) Fri.-Sun. (10:00, 12:30, 3:00) 5:30, 8:00, 10:30; **Good Luck Chuck** (R) Fri.-Sun. (10:00, 12:15, 2:45) 5:15, 7:45, 10:00; **Halloween** (R) Fri.-Sun. 7:00, 9:30; **The Hungry Woman** (R) Fri.-Sun. (12:00, 2:15) 4:30, 7:00, 9:15; **The Kingdom** (R) Fri.-Sun. (10:15, 12:45, 3:15) 5:45, 8:15, 10:45; **Mr. Woodcock** (PG-13) Fri.-Sun. (10:00, 12:15, 2:30) 4:45; **Resident Evil: Extinction** (R) Fri.-Sun. (11:00, 1:15, 3:45) 6:00, 8:15, 10:30; **Rush Hour 3** (PG-13) Fri.-Sun. (10:45, 1:00, 3:30) 5:45, 8:00, 10:15; **Strawberry Shortcake: Let's Dance** (NR) Sat.-Sun. (10:30a.m.)

Palm Promenade 24
770 Dennerly Road (858-558-2262)
Balls of Fury (PG-13); **The Bourne Ultimatum** (PG-13); **The Brave One** (R); **Dragon Wars** (PG-13); **Eastern Promises** (R); **Feast of Love** (R); **The Game Plan** (PG-13); **Good Luck Chuck** (R); **Halloween** (R); **I Now Pronounce You Chuck and Larry** (PG-13); **In the Valley of Elah** (R); **The Kingdom** (R); **Mr. Woodcock** (PG-13); **Mr. Bean's Holiday** (G); **Resident Evil: Extinction** (R); **Rush Hour 3** (PG-13); **The Simpsons Movie** (PG-13); **Stardust** (PG-13); **Superbad** (R); **Sydney White** (PG-13); **3:10 to Yuma** (R); **Trade** (R)

Rancho Del Rey 16
East H Street (619-216-4707)
Call theater for program information

IMPERIAL BEACH

South Bay Drive-In
2170 Coronado Avenue (619-423-2727)
Call theater for program information

NORTH INLAND

CARMEL MOUNTAIN

Carmel Mountain
11620 Carmel Mountain Road (858-674-9770)

The Brave One (R) Fri.-Sat. (12:45) 4:40, 7:20, 10:00 Sun. (12:45) 4:40, 7:20; **Feast of Love** (R) Fri.-Sat. (12:20, 3:00) 5:30, 7:55, 10:20 Sun. (12:20, 3:00) 5:30, 7:55; **The Game Plan** (PG-13) Fri.-Sat. (12:00, 2:30) 5:00, 7:30, 10:00 Sun. (12:00, 2:30) 5:00, 7:30; **Good Luck Chuck** (R) Fri.-Sat. (12:10, 2:40) 5:20, 7:40, 10:15 Sun. (12:10, 2:40) 5:20, 7:40; **The Kingdom** (R) Fri.-Sat. (12:15, 2:45) 5:15, 8:00, 10:30 Sun. (12:15, 2:45) 5:15, 8:00; **Mr. Woodcock** (PG-13) Fri.-Sat. (12:35, 2:45) 4:55, 7:00, 9:40 Sun. (12:35, 2:45) 4:55, 7:00; **Mr. Bean's Holiday** (G) Fri.-Sat. (12:25, 2:55) 5:25, 7:35, 9:50 Sun. (12:25, 2:55) 5:25, 7:35; **Resident Evil: Extinction** (R) Fri.-Sat. (12:05, 2:35) 5:10, 7:30, 10:05 Sun. (12:05, 2:35) 5:10, 7:30; **Superbad** (R) Fri.-Sat. (12:50) 4:35, 7:15, 10:10 Sun. (12:50) 4:35, 7:15; **Sydney White** (PG-13) Fri.-Sat. (12:40) 4:30, 7:05, 9:55 Sun. (12:40) 4:30, 7:05; **3:10 to Yuma** (R) Fri.-Sat. (12:55) 5:05, 7:45, 10:25 Sun. (12:55) 5:05, 7:45; **Underdog** (PG) Fri.-Sat. (12:30, 2:50) 5:15, 7:25, 9:45 Sun. (12:30, 2:50) 5:15, 7:25

ESCONDIDO

Escondido 16
350 W. Valley Parkway (760-291-0119)
The Bourne Ultimatum (PG-13) Fri.-Sun. (12:05, 2:55) 6:55, 9:55; **The Brave One** (R) Fri. (12:40, 4:10) 7:25, 10:30 Sat.-Sun. (12:40) 4:10, 7:25, 10:30; **Dragon Wars** (PG-13) Fri.-Sun. (11:55, 2:45) 6:40; **Eastern Promises** (R) Fri. (11:50, 2:25, 5:00) 7:35, 10:15 Sat.-Sun. (11:50, 2:25) 5:00, 7:35, 10:15; **Feast of Love** (R) Fri. (11:40, 2:15, 4:50) 7:30, 10:20 Sat.-Sun. (11:40, 2:15) 4:50, 7:30, 10:20; **The Game Plan** (PG-13) Fri. (11:30, 12:45, 2:10, 3:40, 4:55) 7:00, 7:40, 9:45, 10:25 Sat.-Sun. (11:30, 12:45,

2:10, 3:40) 4:55, 7:00, 7:40, 9:45, 10:25; **Good Luck Chuck** (R) Fri. (12:10, 1:20, 2:40, 4:05, 5:10) 6:45, 8:00, 9:50, 10:35 Sat.-Sun. (12:10, 1:20, 2:40) 4:05, 5:10, 6:45, 8:00, 9:50, 10:35; **The Hunting Party** (R) Fri.-Sun. (12:15p.m.); **The Kingdom** (R) Fri. (11:35, 12:55, 2:20, 4:00, 5:05) 7:10, 7:50, 10:10, 10:40 Sat.-Sun. (11:35, 12:55, 2:20) 4:00, 5:05, 7:10, 7:50, 10:10, 10:40; **Mr. Woodcock** (PG-13) Fri. (12:00, 2:30, 5:15) 7:45, 10:15 Sat.-Sun. (12:00, 2:30) 5:15, 7:45, 10:15; **Resident Evil: Extinction** (R) Fri. (12:50, 2:50, 3:50, 5:20) 7:20, 8:10, 10:00, 10:45 Sat.-Sun. (12:50, 2:50, 3:50) 5:20, 7:20, 8:10, 10:00, 10:45; **Superbad** (R) Fri.-Sun. 9:35p.m.; **Sydney White** (PG-13) Fri.-Sun. (12:20, 3:35) 6:50, 9:40; **3:10 to Yuma** (R) Fri.-Sun. (11:45, 3:10) 7:05, 10:05

FALLBROOK

River Village
5256 S. Mission Road (760-945-8784)
The Brave One (R) Fri.-Sat. (11:30, 2:15) 5:15, 8:00, 10:45 Sun. (11:30, 2:15) 5:15, 8:00; **The Game Plan** (PG-13) Fri.-Sat. (12:15, 3:00) 5:30, 8:00, 10:30 Sun. (12:15, 3:00) 5:30, 8:00; **Good Luck Chuck** (R) Fri.-Sat. (12:00, 2:30) 5:15, 7:30, 9:45 Sun. (12:00, 2:30) 5:15, 7:30; **The Kingdom** (R) Fri.-Sat. (12:45, 3:15) 5:45, 8:15, 10:45 Sun. (12:45, 3:15) 5:45, 8:15; **Mr. Woodcock** (PG-13) Fri.-Sat. (12:30, 2:45) 5:00, 7:15, 9:30 Sun. (12:30, 2:45) 5:00, 7:15; **Strawberry Shortcake: Berry Blossom Festival** (G) Sat.-Sun. (10:30a.m.); **3:10 to Yuma** (R) Fri.-Sat. (11:15, 2:00) 5:00, 7:45, 10:30 Sun. (11:15, 2:00) 5:00, 7:45

POWAY

Poway 10
13475 Poway Road (858-646-9423)
The Bourne Ultimatum (PG-13) Fri. (10:45, 1:45) 4:30, 7:30, 10:15 Sat. (1:45) 4:30, 7:30, 10:15 Sun. (1:45) 4:30, 7:30; **The Brave One** (R) Fri.-Sat. (10:30, 1:30) 4:15, 7:15, 10:15 Sun. (10:30, 1:30) 4:15, 7:15; **The Game Plan** (PG-13) Fri.-Sat. (10:00, 12:30, 3:00) 5:30, 8:00, 10:30 Sun. (10:00, 12:30, 3:00) 5:30, 8:00; **Good Luck Chuck** (R) Fri.-Sat. (10:00, 12:15, 2:45) 5:15, 7:30, 10:00 Sun. (10:00, 12:15, 2:45) 5:15, 7:30; **In the Valley of Elah** (R) Fri.-Sat. (11:15, 2:00) 5:00, 7:45, 10:30 Sun. (11:15, 2:00) 5:00, 7:45; **The Kingdom** (R) Fri.-Sat. (10:15, 12:45, 3:15) 5:45, 8:15, 10:45 Sun. (10:15, 12:45, 3:15) 5:45, 8:15; **Mr. Woodcock** (PG-13) Fri.-Sat. (11:30, 1:45, 4:00) 6:15, 8:30, 10:45 Sun. (11:30, 1:45, 4:00) 6:15, 8:30; **Resident Evil: Extinction** (R) Fri.-Sat. (11:00, 1:15, 3:45) 6:00, 8:15, 10:30 Sun. (11:00, 1:15, 3:45) 6:00, 8:15; **Strawberry Shortcake: Let's Dance** (NR) Sat.-Sun. (10:30a.m.); **Sydney White** (PG-13) Fri.-Sat. (11:30, 2:15) 4:45, 7:15, 9:45 Sun. (11:30, 2:15) 4:45, 7:15; **3:10 to Yuma** (R) Fri.-Sat. (10:15, 1:00, 4:00) 7:00, 10:00 Sun. (10:15, 1:00, 4:00) 7:00

SAN MARCOS

San Marcos 18
1180 West San Marcos Boulevard at Old California Walk (760-471-3711)
Call theater for program information

VISTA

Vista Village
Highway 78 at Vista Village Drive

(760-945-7469)
The Brave One (R) Fri.-Sun. (11:15, 2:00, 4:50) 7:40, 10:30; **Dragon Wars** (PG-13) Fri.-Sun. (11:05, 1:15); **Eastern Promises** (R) Fri.-Sun. (12:15, 2:40, 5:10) 7:30, 10:00; **Feast of Love** (R) Fri.-Sun. (11:30, 2:10, 4:45) 7:15, 9:50; **The Game Plan** (PG-13) Fri.-Sun. (11:00, 11:40, 1:35, 2:20, 4:15, 5:00) 7:00, 7:35, 9:40, 10:15; **Good Luck Chuck** (R) Fri.-Sun. (12:00, 2:25, 3:25, 4:50, 5:50) 7:20, 8:15, 9:45, 10:35; **In the Valley of Elah** (R) Fri.-Sun. (11:00, 1:45, 4:40) 7:25, 10:15; **The Kingdom** (R) Fri.-Sun. (11:10, 11:50, 1:50, 2:30, 4:25, 5:05) 7:05, 7:45, 9:45, 10:35; **Mr. Woodcock** (PG-13) Fri.-Sun. (11:10, 1:20, 3:30, 5:40) 7:50, 10:05; **Resident Evil: Extinction** (R) Fri.-Sun. (11:45, 12:30, 2:15, 3:00, 5:35) 7:10, 8:00, 10:25; **Superbad** (R) Fri.-Sun. (4:35) 9:40; **Sydney White** (PG-13) Fri.-Sun. (11:20, 1:55, 4:20) 6:50, 9:20; **3:10 to Yuma** (R) Fri.-Sun. (11:05, 1:50, 4:30) 7:15, 10:10

NORTH COASTAL

CARLSBAD

Plaza Camino Real
2385 Marron Road (760-729-7469)
Good Luck Chuck (R) Fri.-Sat. (12:45, 3:10) 5:30, 7:45, 9:55 Sun. (12:45, 3:10) 5:30, 7:45; **3:10 to Yuma** (R) Fri.-Sun. (12:00, 2:40) 5:20, 8:00

DEL MAR

Del Mar Highlands 8
El Camino Real at Del Mar Heights Road (858-646-9420)
The Brave One (R) Fri. (10:30, 1:30) 4:15, 7:15, 10:15 Sat. (1:30) 4:15, 7:15, 10:15 Sun. (1:30) 4:15, 7:15; **Eastern Promises** (R) Fri.-Sat. (12:00, 2:30) 5:15, 7:45, 10:15 Sun. (12:00, 2:30) 5:15, 7:45; **Feast of Love** (R) Fri.-Sat. (11:15, 1:45) 4:30, 7:00, 9:30 Sun. (11:15, 1:45) 4:30; **The Game Plan** (PG-13) Fri.-Sat. (10:00, 12:30, 3:00) 5:30, 8:00, 10:30 Sun. (10:00, 12:30, 3:00) 5:30, 8:00; **Good Luck Chuck** (R) Fri.-Sat. (10:00, 12:15, 2:45) 5:00, 7:30, 10:00 Sun. (10:00, 12:15, 2:45) 5:00, 7:30; **The Kingdom** (R) Fri.-Sat. (10:15, 12:45, 3:15) 5:45, 8:15, 10:45 Sun. (10:15, 12:45, 3:15) 5:45, 8:15; **Resident Evil: Extinction** (R) Fri.-Sat. (11:00, 1:15, 3:30) 6:00, 8:30, 10:45 Sun. (11:00, 1:15, 3:30) 6:00, 8:30; **Strawberry Shortcake: Let's Dance** (NR) Sat.-Sun. (10:30a.m.); **Sydney White** (PG-13) Fri.-Sat. (11:30, 2:00) 4:45, 7:15, 9:45 Sun. (11:30, 2:00) 4:45, 7:15; **Walking Tall: Lone Justice** (R) Sun. 6:30p.m.

Flower Hill 4
2630 Via de la Valle (858-646-9425)
The Hungry Woman (R) Fri.-Sat. (1:15) 5:45, 10:45 Sun. (1:15) 5:45; **The Hunting Party** (R) Fri.-Sun. (10:45, 3:15) 8:15; **In the Valley of Elah** (R) Fri.-Sat. (10:30, 1:30) 4:30, 7:30, 10:15 Sun. (10:30, 1:30) 4:30, 7:30; **3:10 to Yuma** (R) Fri.-Sat. (10:00, 1:00, 4:00) 7:00, 10:00 Sun. (10:00, 1:00, 4:00) 7:00; **2 Days in Paris** (R) Fri.-Sat. (10:00, 12:30, 3:00) 5:30, 8:00, 10:30 Sun. (10:00, 12:30, 3:00) 5:30, 8:00

ENCINITAS

La Paloma
471 South Coast Highway 101 (760-436-SHOW)
La Vie en Rose (PG-13)

LA COSTA

La Costa 6
6941 El Camino Real (at Aviara/Alga) (760-599-8221)
The Brave One (R) Fri.-Sat. (10:00, 1:00, 4:00) 7:00, 10:00 Sun. (10:00, 1:00, 4:00) 7:00; **The Game Plan** (PG-13) Fri.-Sat. (10:00, 12:30, 3:00) 5:30, 8:00, 10:45 Sun. (10:00, 12:30, 3:00) 5:30, 8:00; **In the Valley of Elah** (R) Fri.-Sat. (10:30, 1:30) 4:30, 7:30, 10:30 Sun. (10:30, 1:30) 4:30, 7:30; **The Kingdom** (R) Fri.-Sat. (10:15, 12:45, 3:15) 5:45, 8:15, 10:45 Sun. (10:15, 12:45, 3:15) 5:45, 8:15; **Mr. Woodcock** (PG-13) Fri. (10:00, 12:15, 2:45) 5:15, 7:45, 10:15 Sat. (12:15, 2:45) 5:15, 7:45, 10:15 Sun. (12:15, 2:45) 5:15, 7:45; **Strawberry Shortcake: Let's Dance** (NR) Sat.-Sun. (11:00a.m.); **3:10 to Yuma** (R) Fri.-Sat. (10:15, 1:15) 4:15, 7:15, 10:15 Sun. (10:15, 1:15) 4:15, 7:15

OCEANSIDE

Mission Marketplace 13
College Boulevard and Mission Avenue (760-806-1790)
The Brave One (R); **Dragon Wars** (PG-13); **The Game Plan** (PG-13); **Good Luck Chuck** (R); **The Kingdom** (R); **Ladrón Que Roba a Ladrón** (PG-13); **Mr. Woodcock** (PG-13); **Mr. Bean's Holiday** (G); **Resident Evil: Extinction** (R); **Rush Hour 3** (PG-13); **Sydney White** (PG-13); **3:10 to Yuma** (R)

Oceanside 16
401 Mission Avenue (760-439-1733)
The Game Plan (PG-13) Fri. (12:05, 2:35, 5:00) 7:40, 10:10; **The Kingdom** (R) Fri. (11:50, 2:20, 4:50) 7:20, 9:50

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Calendar

MOVIES

ian, leaving only the passably cool Catherine Zeta-Jones and the insufficiently warm Aaron Eckhart as the executive chef and sous-chef at a swank Manhattan eatery. Abigail Breslin, of *Little Miss Sunshine*, plays Little Miss Thundercloud, the mournful orphan who negotiates rapprochement. With Patricia Clarkson, Bob Balaban, and Brian F. O’Byrne; directed by Scott Hicks. 2007.

● (HORTON PLAZA 14)

Once — Muted, thin, bittersweet (i.e., mostly sweet, with a bitter aftertaste) musical romance about a Dublin busker (Glen Hansard, founder of a rock band named

The Frames) and an immigrant Czech pianist and single mom (Marketa Irglova) with whom he feels himself in tune. Frugally produced, scruffily photographed, the film has its modest charms, though these have been rather obstreperously oversung by the chorus of critics. Among those charms, the heart-on-sleeve folkie music isn’t high. Written and directed by John Carney. 2007.

★ (HILLCREST CINEMAS)

Ratatouille — Disney computer-animated celebration of “differentness,” in specific a Gallic rodent who cultivates fine taste, reads books, likes to cook, walks funny, and runs afoul of his garbage-wallowing kin. (Do ask, do tell!) Among the humans, there’s some deft caricature of French facial types, a bit rodenty themselves — especially the standard stereotype of a sniffy critic — and very expressive into the



Trade

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bargain. The plot, meantime, grinds a little long and a little loud. With the voices of Patton Oswalt, Lou Romano, Ian Holm, Peter O’Toole, Janeane Garofalo, and Brad Garrett; written and directed by Brad Bird. 2007.

★★ (HORTON PLAZA 14; MISSION VALLEY 20; SANTEE DRIVE IN)

Resident Evil: Extinction — Post-apocalyptic posturing, in an ankle-length duster, with two sheathed machetes, by a feminine Mad Max, or to be more exact an Angry Alice, a plasticity, poreless, yet perspiry Milla Jovovich. The door is left wide open to a third sequel. With Ali Larter, Oded Fehr, and Iain Glen; directed by Russell Mulcahy. 2007.

● (CARMEL MOUNTAIN; CHULA VISTA 10; DEL MAR HIGHLANDS 8; ESCONDIDO 16; FASHION VALLEY 18; GASLAMP 15; GROSSMONT CENTER; LA JOLLA 12; MIRA MESA 18; MISSION MARKETPLACE 13; MISSION VALLEY 20; OCEANSIDE 16; PALM PROMENADE 24; PARKWAY PLAZA 18; POWAY 10; RANCHO DEL REY 16; RANCHO SAN DIEGO 15; SAN MARCOS 18; TOWN SQUARE 14; VISTA VILLAGE)

Richard III — The natural period of adjustment to any play by Shakespeare is here apt to take a little longer: the Elizabethan blank verse has been transplanted, with minor revisions, into an alternate-universe England *circa* the 1930s. (Marlowe’s “Come live with me and be my love ...” is sung to a swinging big-band beat. “Now is the winter of our discontent ...” is taken to a men’s-room urinal. “My kingdom for a horse!” is cried from a disabled army jeep.) In truth, the period of adjustment may take longer than the running time. Even if not, it may be an adjustment to resignation instead. Or

adjustment to despair. Annette Bening, one of two Hollywoodites in the cast, acquits herself well, under the circumstances. As do a number of others, especially by comparison with the dastardly protagonist of Ian McKellen. He’s stuck back (or would it be forward?) in Victorian melodrama, lacking only enough length in his mustache to twirl it. Robert Downey, Jr., Nigel Hawthorne, Kristin Scott Thomas, Adrian Dunbar, Jim Broadbent, Maggie Smith; directed by Richard Loncraine. 1995.

● (MUSEUM OF PHOTOGRAPHIC ARTS. 9/27, 7 P.M.)

Rush Hour 3 — The cross-cultural cop partners, Jackie Chan and Chris Tucker, take their tired comedy act to Paris. Or to be more precise, their act is tired; they’re not. But no matter how high his energy level, Tucker maintains his narrowness, while Chan can shift in a blink between low humor and middling melodrama. He’s not asked to do it often. With Hiroyuki Sanada, Yuki Kudoh, Yvan Attal, Noémie Lenoir, Roman Polanski, and Max von Sydow; directed by Brett Ratner. 2007.

★ (CHULA VISTA 10; HORTON PLAZA 14; MISSION MARKETPLACE 13; PALM PROMENADE 24; PARKWAY PLAZA 18; TOWN SQUARE 14)

Shoot 'Em Up — Reviewed this issue. With Clive Owen, Paul Giamatti, Monica Bellucci, and Stephen McHattie; written and directed by Michael Davis.

● (GASLAMP 15)

The Simpsons Movie — After two decades of getting it for free, we now get to pay for it. (Making a joke of the fact, first thing out of the gate, doesn’t alter it.) The M.O. of the Fox-TV weekly series carries

over into this Unprecedented Cinematic Event: the throwaway amusements in the early going eventually give way to the grind of plot mechanics. On the big screen at four times the length, the grind is of course bigger (Homer pollutes Lake Springfield and imperils the town) and longer. And the conscious primitivism of the animation gains little from the magnification. With the voices of Dan Castellaneta, Julie Kavner, Nancy Cartwright, Yeardley Smith, Harry Shearer, Hank Azaria, and Albert Brooks; directed by David Silverman. 2007.

★ (PALM PROMENADE 24)

Stardust — Facetious fairy tale located in a magical kingdom within Merry Old England, populated by an ardent suitor, a grasping inamorata, a humanoid heavenly body, a stray unicorn, a wicked witch, a power-mad prince, a gallery of ghosts, a gay flying pirate (putting the fairy in fairy tale?), among others. The plot thickens, the pot bubbles, and the possibilities seem greater than the eventualities. With Charlie Cox, Claire Danes, Sienna Miller, Michelle Pfeiffer, Robert De Niro, Jason Flemyng, Mark Strong, and Peter O’Toole; directed by Matthew Vaughn. 2007.

★ (HORTON PLAZA 14; PALM PROMENADE 24)

3:10 to Yuma — Honest-to-gosh Western, a rare sight in the 21st Century, thick as fleas fifty years earlier, when the original *3:10* arrived. The remake is done in the decadent style of shades-of-brown realism, luxuriantly whiskered and shaggy-haired, yet preening and grandiose, with amplified passions, topographical sprawl, and an overblown (and significantly altered) climax. Christian Bale, Russell Crowe, Ben Foster, Peter Fonda, Logan Lerman, and Gretchen Mol; directed by James Mangold. 2007.

★ (CARMEL MOUNTAIN; ESCONDIDO 16; FASHION VALLEY 18; FLOWER HILL 4; GASLAMP 15; GROSSMONT CENTER; LA COSTA 6; LA JOLLA 12; MIRA MESA 18; MISSION MARKETPLACE 13; MISSION VALLEY 7; MISSION VALLEY 20; OCEANSIDE 16; PALM PROMENADE 24; PARKWAY PLAZA 18; POWAY 10; RANCHO DEL REY 16; RANCHO SAN DIEGO 15; RIVER VILLAGE 6; SAN MARCOS 18; SANTEE DRIVE IN; TOWN SQUARE 14; VISTA VILLAGE)

Trade — Reviewed this issue. With Kevin Kline, Cesar Ramos, Paulina Gaitan, and Alicja Bachleda; directed by Marco Kreuzpaintner.

★ (HILLCREST CINEMAS; PALM PROMENADE 24; FROM 9/28)

2 Days in Paris — Fatuous chatter between mid-thirties lovers, two years to together, an uptight American designer and a carefree French photographer, visiting her parents in Paris. Julie Delpy, surrounding herself with her actual family, and showing unknown depths of self-indulgence, is the star, director, writer, editor, composer, and vocalist over the closing credits. And she is unlucky or imprudent in her choice of mate, her one-time beau in real life, Adam Goldberg; little chemistry and little individual charisma. 2007.

● (HILLCREST CINEMAS)

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BARTENDERS NEEDED. Looking for part/full time bartenders. Several positions available. No experience required. With hourly wages and tips make up to \$300 per shift. Call 800-806-0082 x200. (AAN CAN)

BELL CAPTAIN. Paradise Point Resort and Spa is now hiring a Bell urant Banquet Cooks. San Diego Paradise Point Resort and Spa, 1404 West Vacation Boulevard, San Diego, CA, 92109. Web: www.paradisepoint.com.

BELL PERSON. The Handlery Hotel and Resort is hiring for service oriented people. We competitive pay and excellent benefits. Please apply to: 950 Hotel Circle North, San Diego, CA, 92108 or fax resume to: 619-298-3948.

BOAT RIGGER/REPAIR TECHNICIAN for fast-growing boat dealership. Requires automotive repair/painting experience, positive attitude, attention to detail. 1271 Scott Street, San Diego, CA 92106.

BOOKKEEPER. Seeking hardworking part-time Bookkeeper/Admin. Must have QuickBooks experience and be extremely reliable! Flexible hours, approximately 5-10/week. 1271 Scott Street, San Diego, CA 92106.

CALL CENTER REPS. MDI offers paid holidays after 520 hours and vacation bonuses after 2000 hours. MDI Staffing, 8316 Clairemont Mesa Boulevard, #204. Fax 858-277-5621. Call 858-277-5680.

CANVASSING, door-to-door: Successful locally/family owned window/Textcote company seeking experienced canvassers only who are looking for the highest paid commissions in the business. For more specific job information, please call 619-743-4437.

CAREER FAIR! Diversity Employment Day. Tuesday, 10/09/07, 11am-4pm. The Embassy Suites, Downtown, 601 Pacific Highway. Hundreds of jobs and career positions! Free iPod for every 100th candidate! 30+ major employers: corporate, government and nonprofits. Hundreds of positions available, including: Commercial Banking, Financial, Healthcare, Clerical, Legal, Pharmaceutical, Restaurant Management, Accounting, Engineering, IT/IS, Sales, Scientific, Multicultural Marketing Management, and much more! Free admission. Business attire required and bring resume. Exhibiting information: info@citycareerfair.com. 562-409-0056 or www.citycareerfair.com.

CAREER FAIR! GIA Jewelry Career Fair, Friday, October 19, 2007, 8am-3pm. Hundreds of job opportunities with scores of top gem and jewelry firms. Discover career paths you never dreamed existed. Free admission! Whether you're new to the industry, or a professional looking to jump-start your career, you won't want to miss the jewelry industry's biggest recruiting event of the year. Gemological Institute of America, The Robert Mouawad Campus, 5345 Armada Drive, Carlsbad 92008. Prime Sponsors JCK International Publishing Group, The Jewelers 24 Karat Club of Southern California. www.careerfair.gia.edu or call 800-421-7250 x4100.

CAREER/JOB PLACEMENT Assistance: Graduating and need a career? Procrastinating and need a job? Either way, you need 21st Century Kick-butt resumes, interviews skills, job leads and more! All the motivation and tools you need are at 619-886-2393. www.CollegeGradJobHunt.com.

CAREGIVER, I'm looking for position as a caregiver. No weekends or live-ins. No pets. Available Monday-Friday only, days only, 8 hours. Single family, Gloria 619-262-7239.

CAREGIVER. Experienced for male quad. California driver's license/clean record/over age 25 required. References/background checked! Room/board plus salary. Call 619-466-9189.

CAREGIVER. Live-in. Clean DMV. HHA/CNA with ID/experience. Flexible assignment. Room and board plus salary. House on the hill with magnificent garden/view. 619-463-2500.

CAREGIVER. Provide assistance to adults with developmental disabilities. Apply: Home of Guiding Hands, 1825 Gillespie Way #200, El Cajon, CA, 92020, on-line: www.guidinghands.org, call: 619-938-3057.

CAREGIVER. Responsible, caring female to help in your home. Monday through Thursday afternoons. Great references. Leslie, 619-249-0604.

CAREGIVER/LIVE-IN. Small Senior Care Home in the town of Alpine. Near transportation. Night shift. \$400 a week. 5 days with insurance. 619-445-3887.

CAREGIVER/NURSE, Live-in full time, CNA, CPR, HHA. Excellent references, 15 years experience. Reasonable rate 858-353-6344.

CAREGIVERS AND MEDICATION GIVER: Part-time and full-time positions available. No experience, will train. Apply in person at Sunrise Assisted Living At La Costa (license #374601134), 7020 Manzanita Street, Carlsbad, CA 92011. 760-930-0060.

CAREGIVERS. Full/part time. 24-hour live-ins. Male/female. 1+ year experience, vehicle required. Caregivers, Companions, HHAs, CNAs—call ComForcare Senior Services! Leave contact info/brief experience: 619-944-3327.

CAREGIVERS. Home Instead Senior Care needs cheerful, dependable people to help seniors stay at home with our non-medical home care services. Competitive pay/training. Flexible hours. Great benefits. Central/East Jobline: 619-433-6200. South Bay/Coastal: 858-277-3722.

CAREGIVERS. Immediate openings: Hourly, Live-in, Nights. Cheerful, compassionate Companions/HHAs/CNAs to assist seniors in-home. Minimum 1-year experience. Premium pay/bonuses/benefits, 24-hour office support. Flexible assignments. Age Advantage, 619-660-8881.

CAREGIVERS/COMPANIONS. Minimum 1 year experience non-medical home care for seniors. Valid California Driver's License. Serving Santee/La Mesa/Del Cerro/San Carlos, Maureen, Visiting Angels, 619-749-7525

CAREGIVERS/COMPANIONS. Visiting Angels, America's Choice in Homecare. Now hiring compassionate, caring Caregivers/Companions. Requires minimum 1 year experience in non-medical home care for seniors and valid CA driver's license. Serving Poway, Rancho Penasquitos, Scripps Ranch and Mira Mesa areas. Call for an immediate interview: 760-703-2192.

CAREGIVERS/SAN MARCOS/Vista/Escondido! North County needs qualified, compassionate Caregivers. CNAs: Come work 1-on-1 with seniors in their homes. Competitive salary, benefits, flexible. Paid training. Apply 9am-4pm: In-Home Care, 5963 La Place Court, Suite 114, Carlsbad, CA 92008. 760-931-5442.

CAREGIVERS: LIVE-INS, 2, 3, 4 or 5 days/week, \$120/day including sleep and meal periods. Weeknds and hourly: 4-hour, 8-hour and 12-hour shifts, AM/PM. Top pay, flexible shifts 24/7, 401(k), production bonus, rewards for good work. Requires valid driver's license, vehicle/insurance, registration, one year of paid elder caregiving experience, eligibility to work in the United States. \$50 Hiring Bonus after 90 days of employment. Comfort Keepers, 2006 Workplace Excellence Medallion Award SDSHRM, San Diego: 619-795-6036. San Marcos: 760-598-3400.

CARPET CLEANER TECHNICIANS. \$250 Sign-on Bonus! Stanley Steemer, San Diego's #1 carpet and upholstery cleaner, is hiring now, full or part time! No experience necessary! Full-time \$8-\$20/hour earning potential. Great benefits for full-time employees. Paid training. Company fitness center and free breakfast every morning. Hurry, come in to apply and interview today! Human Resources, 9655 Via Excelencia, San Diego, CA 92126. (Exit Miramar Road West off I-15, turn right on Kearny Villa, right on Candida and head down the hill.) Questions? 858-271-9988 x162. EOE. Drug-free environment.

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HIRING EVENTS (interviews conducted on-site):

Monday, October 1 • 2-6 pm

Tuesday, October 2 • 2-6 pm

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JOBTOBERFEST 2007

Job Fair for People with Disabilities

Tuesday, October 2
10 am-2 pm
Balboa Park Club
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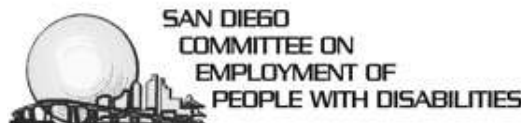
(South Palisades area of Balboa Park just north of Puppet Theatre)

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EDS • Helix Water District • San Diego Metropolitan Credit Union
Sharp Health Care • The Scripps Research Institute • ViaSat, Inc.
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CASHIER. 10am-6pm, Monday-Friday, no nights or weekends. \$9.25 per hour. UTC area. Call 760-835-0720.

CASHIER/BUSSER/FOOD RUNNER for Joey's Smokin' BBQ in our Carmel Valley location and opening soon at our Carmel Mountain Plaza location. Day shifts, Monday-Friday, possible evening shifts available. Must be enthusiastic and energetic. E-mail resume to: joeysbqcv@gmail.com or apply in person: 4645 Carmel Mountain Road, Suite 202, San Diego, 92130.

CASHIER Needed for busy Poway Deli. Part time. Monday-Friday, 9am-2pm or additional hours. No weekends. 858-486-5131.

CASHIERS. 7-eleven. Full time and part time positions available. Apply at 10505 San Diego Mission Road, San Diego (near Qualcomm Stadium).

CHILDCARE. Offering childcare before and after school. Also pickup and drop off service. Reasonable rates. Call Christina 619-216-9519.

CIRCULATORS. Collect signatures on statewide petitions. No experience necessary. Paid 3x/week. \$10-\$30/hour. Independent contract work where/when you want. Full/part time. 619-230-9020.

CLASSROOM AIDES. Work with developmentally disabled children in non-public school. Experience preferred. Allied Gardens, Chula Vista, La Mesa. Monday-Friday: 7:30am-1pm. \$9.75/hour to start. EOE. www.vistahill.org. E-mail: steinjobs@vistahill.org. Fax resume: 619-281-0453. EOE. Apply weekdays, 9am-4pm: Stein Education Center, Attention: HR, 6145 Decena Drive, San Diego CA 92120.

CLOSERS WANTED, to generate leads for home improvement. No selling of products! Average income \$20-\$30+/hour Part-Time! Monday-Saturday, day/evening. More info, 1-866-DRHARTY (1-866-374-2789). www.thhd.net.

CNA/CHHA. Beginners, experienced. Family Caregivers, Childcare, Home Care Aides, Drivers. Great pay! New-hire bonus! Non-medical, in-home help for seniors, children, disabled. 12-and 24-hour shifts! Training. Flexible schedules, benefits, retirement, childcare. At Your Home Familycare. E-mail: homecarejobs@atyourhomefamilycare.com. Toll free: 1-877-903-JOBS.

CNAs, CERTIFIED NURSING ASSISTANT. Full time, days and PM shift. Part time also available. Benefits, sign-on bonus. 7760 Parkway Drive, La Mesa. Call 619-469-0124 x11.

CNC MACHINISTS to \$20/hour. Miramar. Must have experience with CNC lathes and mills, knows setups, speeds and feeds. Apply at www.atworkstaffing.com, 619-234-WORK (9675).

CNC OPERATORS (2nd shift), Pallet Rack Builders, Loaders and Unloaders. MDI offers paid holidays after 520 hours and vacation bonuses after 2000 hours. Apply at MDI Staffing: 858-277-5680.

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COMMUNITY TRAINING Specialist/Job Coach. \$9.75/hour to start. Assist developmentally disabled adults in the community. Behavioral and instructional programs. Implement schedules. 32.5 hours/week. Benefits. E-mail: steinjobs@vistahill.org. Fax resume: 619-281-0453. Apply weekdays, 9am-4pm, Stein Education Center, Attention: HR, 6145 Decena Drive, San Diego CA 92120.

COMPANION/CAREGIVERS. North County. North County openings for Hourly and Liv-ins. Paid weekly! Caring, compassionate, dependable with reliable vehicle/clean DMV. Flexible hours, competitive pay. Apply weekdays, 8:30am-4:30pm: Right at Home. 858-451-7844; or e-mail resume: employment@rahencinitas.com.

CONSTRUCTION. Immediate long-term positions. Labor, Home Prep, Customer Service, Finish-Frame-Form Carpenters, Apartment Maintenance, Hang-Tape-Mud Drywallers, Commercial/Residential Plumbers, Painters. Full benefits available immediately. Call 858-292-8562, fax 858-292-0230, e-mail help@gostaff.com, apply online www.gostaff.com.

CONSTRUCTION/REMODEL. Local home remodeling company is seeking experienced/skilled electricians, plumbers, drywallers and laborers. Interested applicants please fax resume to 619-946-4364 or call 619-271-5864.

CONSTRUCTION: Project Managers, Service Technicians, Installers. Seeking motivated, organized people experienced with design, blueprints, A/V systems installation. Benefits offered. Send resume: dplotkin@audioassociates.com; fax 619-461-9469. EOE.

COOK, DISHWASHER, SERVER (Lead), part-time positions. No experience, will train. Apply in person at Sunrise Assisted Living At La Costa (license #374601134), 7020 Manzanita Street, Carlsbad, CA 92011. 760-930-0060.

COOK. Volunteers of America Southwest California, a faith-based social service nonprofit is seeking a qualified candidate to perform general food service responsibilities such as: ordering food and supplies, menu planning, preparation of assigned meals, and organization and maintenance of kitchen and dining room area at a licensed residential facility for the mentally ill adults in Spring Valley. Must clear fingerprints and have a clean driving record. Position full-time, Monday through Friday. (\$8.00-\$8.25/hr). Email hr@voa-swcal.org or fax your resume to 619-282-8210. EEO/AAP Employer.

CORRECTIONAL DEPUTY PROBATION Officer I. County of San Diego Probation Department now hiring. Test Date: October 13, 2007, 8am. Montgomery Middle School, 2470 Ulric Street, San Diego 92111. Must be 21 years, good physical condition, no illicit drug usage. U.S. citizen or becoming a citizen. Pass criminal/personal background investigation. No felony convictions. High school diploma/GED. \$35,068-\$44,740/year. www.sdcounty.ca.gov/probation. Jobline: 858-514-8558.



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CORRECTIONAL MONITOR. Volunteers of America Southwest California, a faith-based social service nonprofit is seeking qualified individuals with experience in security or a related field and an interest in corrections to work with our parolee clients in our San Diego Stabilization Center, located in downtown San Diego. You would monitor the activities of clients, ensure the safety and security of the building, it's residents and ensure normal operations. Requires High School/GED and related work experience (\$7.50-\$8.25/hour). Part-time shifts available. Email us at hr@voa-swcal.org or fax your resume to: 619-282-8210. EEO/AAP Employer.

COUNSELING SUPERVISOR position immediately available for an opiate addiction treatment program. Previous experience required. Full time, good pay/benefits. Central San Diego. Fax resume: 619-286-0060.

CUSTOMER SERVICE REPS. Minimum 2-3 years clerical experience, excellent customer service/communication skills, detail oriented, exceptional phone voice. Ability to work in a fast-paced environment, to multitask, to read and understand contracts; excellent computer skills. Must be available to work every other Saturday. Miramar location. Apply in person: Raphael's Party Rentals. 8606 Miramar Road. E-mail: hr@raphaels.com; Fax: 858-689-8040. Drug-free workplace/EOE.

CUSTOMER SERVICE. Setup and display. No experience necessary, we will train. Call for interview. 619-448-2294.

CUSTOMER SERVICE. Up to \$500-\$1000+ weekly setting appointments! www.monarchjobs.com. Paid weekly. AM/PM shifts. Full, part time. Medical, dental. Near Grantville trolley. Call today, start today! Mission Valley: 619-516-4276.

CUSTOMER SERVICE/SALES positions: 10 Inside Sales Reps for software company, up to \$50K; 5 Collectors, up to \$35K; 5 Administrative Assistants for San Diego university; 15 Inbound Customer Service Reps for electric company; 10 Outbound Customer Service Reps for international data company. Apply in person 7am-3:30pm Monday-Friday; Sedona Staffing, 7380 Clairemont Mesa Boule-

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vard, Suite 209, San Diego, CA 92111 (next to Coco's). 858-268-9844 x1.

CUSTOMER SERVICE Representatives. Horton Plaza Ambassadors. Seeking full- and part-time customer-focused, friendly and outgoing individuals to work on Horton Plaza team. \$9.50/hour (6-12 month position). EOE. Apply in person Monday-Friday, 8am-3pm at Human Resources, 2550 Fifth Avenue, Suite 105, San Diego, CA 92103. Hiring Events: Monday 10/01 at 2pm-6pm or Tuesday 10/02 at 2pm-6pm. Please have a resume! 619-231-9501.

DATA ENTRY. Part-time Customer Service and Data Entry positions available. 20+ hours per week. Must have pleasant phone manners, and be able to work weekends. 1 year Customer Service experience with emphasis on heavy phones. 619-702-6067.

DELI COUNTER CLERKS. Experienced. Full-time and part-time positions available. D.Z. Akin's, 6930 Alvarado Road, San Diego, 92120. 619-265-0218.

DELI: Full-and part-time positions, day and evening shifts. Full-service deli with espresso bar in Kearny Mesa. Please call 619-302-3542 or 858-505-0155.

DELIVERY DRIVER/HELPERS. Full-time and part-time. Experienced, heavy lifting (75-150 lbs). Includes weekends. Great benefits. Apply in person: Raphael's Party Rentals. 8606 Miramar Road. E-mail: hr@raphaels.com; Fax: 858-689-8040. Drug-free workplace/EOE.

DEPUTY PROBATION OFFICER. County of San Diego Probation Department is now hiring. Test Date: October 20, 2007. Qualified applicants will be notified by mail of the date, time and location of the test. Applications must be submitted no later than 15 days prior to exam date. Qualifications: Bachelor's degree with experience. Must

be 21 years, good physical condition, no illicit drug usage. U.S. citizen or in process of becoming a citizen. Pass criminal/personal background investigation. No felony convictions. \$50,752-\$61,672/year. Safety Retirement-Sworn Officers 3% at age 50. Bilingual men/women encouraged to apply. Applications can be accessed online from the Job/Current Recruitment section of the County website at: <http://www.sdcounty.ca.gov>. Jobline: 858-514-8558.

DEPUTY SHERIFF and Deputy Sheriff Detentions/Courts. San Diego County Sheriff's Department. Hiring for two types of positions; take one exam, apply for either or both! Exam dates: Wednesday, October 3, 2007, 5:30pm arrival, Sheriff's Administrative Center, 9621 Ridgehaven Court, San Diego CA 92123 or Saturday, October 6, 2007, 7:30am arrival, Southwestern College Cafeteria, 900 Otay Lakes Road, Chula Vista CA 91910. Registration by e-mail or phone is required for the Ridgehaven test ONLY at: recruit@sdsheriff.org. Detention/Courts: \$37,901-\$58,675 annual salary, plus benefits. 18-year-olds eligible to apply! Deputy Sheriff: \$47,338-\$67,714 current annual salary, plus benefits. U.S. citizen or applied for citizenship; 20-1/2 years old. High school graduate or G.E.D. required. Bring valid photo ID and \$3 for parking at Southwestern. Valid California Driver's License prior to appointment. Effective oral and written communication in English. EOE. Additional test dates: www.joinsdSHERIFF.net. 858-974-2000.

DISPATCHER. Experience preferred. Part time, 25-35 hours/week. Nights and weekends. Benefits. Old Town area. Apply in person: 3140 Moore Street, San Diego 92110. 619-523-5062.

DOG/CAT & OTHER PET CARE in your home. Paid "Host Families" needed for vacationing pets. Experience with animals necessary. www.pawsonplaypetcamp.com. Toll free, 888-320-PETS (7387).

DRIVER. Bus tours of San Diego and Tijuana, charters and SPAB. Class B/P/A li-

cense required. To \$14/hour plus medical, dental, and vision benefits. Call: 619-520-5200.

DRIVER. The Handery Hotel and Resort is hiring a Driver. We have competitive pay and excellent benefits. Please apply to: 950 Hotel Circle North, San Diego, CA, 92108 or fax resume to: 619-298-3948.

DRIVER. Tow truck. Full time. Experienced preferred but will train. South Bay area. Clean DMV. Background checks required. Salary plus commission and benefits. 619-543-8951. seveltow@aol.com.

DRIVER/COURIER. Full/part time and weekend shifts available. Must have pickup with shell, mini-van or cargo van. Excellent pay, mileage and benefits! Call 858-444-2350.

DRIVER/LAB AIDE for medical lab. Part time, Monday-Friday, 2-6pm. Use your own car to pick up/deliver medical specimens, also help in lab. \$8.25/hour plus mileage. 619-226-2854.

DRIVERS WANTED. Requires valid CA driver's license, current H-6 DMV printout and good, safe driving skills. Hourly/commission/tips. Call 619-591-0303 or or apply in person at Xpress Shuttle, 1065 Bay Boulevard, Suite B, Chula Vista, CA 91911.

DRIVERS. \$150,000 per year/teams! Earn more plus great benefits! Western regional. Solo and team runs. Werner Enterprises, 1-800-346-2818 x123.

DRIVERS. 100% paid family insurance! Home daily! Owner/operators drop and hook loads! CDL-A, 2 years experience, 3 points maximum! Complete Logistics, 800-373-9001.

DRIVERS. Bonus paid! Auto parts delivery with late model pickup truck, car or van. Clean DMV. Local and North County openings. \$1750 to \$2400 a month. Fuel paid. Independent contractors. 619-233-4374.

DRIVERS. Dominion Distribution is looking for part-time Drivers to deliver free publications on Mondays, Wednesdays and Fridays. You must have a truck, van or SUV

and be currently insured. Call Monday-Friday, 8am-5pm, 858-279-3137 x243.

DRIVERS. Must have Class B license with passenger endorsement and at least 6 months experience. Fixed route, Monday-Friday, 36-40 hours/week with benefits. Call 619-287-0628.

DRIVERS. Now hiring Patrol Drivers! \$11.00 per hour. Call now, 619-294-3200.

DRIVERS. Transportation services provider for seniors and disabled. Great pay! At Your Home Familycare. E-mail: homecarejobs@atyourhomefamilycare.com. Call toll free: 1-877-903-JOBS.

DRIVERS/DELIVERY. Employees wanted! Use your own mini-pickup. \$440/week starting. Openings county-wide. Gas bonus paid. Growth opportunity. 619-230-1532, 858-578-7812, 760-639-5400. www.databay.net/applicant/formsd.asp.

DRIVERS/DELIVERY. Immediate long-term positions. Class A & B— Local/Intrastate, Class C— Local/Intrastate. Class C drivers must have 1 year of experience, pass drug screen, and be able to read Thomas Guide. Full benefits available immediately. Call 858-292-8562, fax 858-292-0230, e-mail help@gostaff.com, apply online www.gostaff.com.

DRIVERS. Hourly driver, \$9/hour driving our vehicle, full time. 619-294-4160.

EDUCATION. Cabin Assistant at Camp Cuyamaca, male applicants preferred. \$1993-\$2550 monthly. San Diego County Office of Education. Apply online at www.sdcoe.net/apply. EOE.

EDUCATION/TEACHING: Magdalena Eckle Family YMCA is hiring a part-time Gymnastics Instructor. \$9.50-\$11.00/hour. Check out eckleymca.org or call Kate Fornaca, 760-942-9622 x1008.

EDUCATION: Now hiring a Youth Leader, part time after school program working with high school students in the juvenile court and community schools. \$8.50-\$10.30/hour. Availability needed: Monday-Thursday, 1-5pm. Visit www.ymca.org, call Xochitl Even, 619-281-8313 x112, or e-mail xeven@ymca.org. EOE.

ENGINEERING. General Atomics has a need for a dynamic and skilled individual in the following position located in San Diego, CA: Quality Engineer. In this senior role, the chosen candidate will be relied on to support the Electromagnetic Systems organization in designing, manufac-

turing, testing, installing and modifying mechanical/electrical components. Involves implementing quality control standards, reviewing design documents to verify that adequate acceptance requirements have been included and reviewing procurement documents. Requires a Bachelor's degree in Engineering or a related technical field, 10 years experience and a working knowledge of electrical schematics and electrical/mechanical drawings. Must be able to read and understand mechanical drawings, using ASME Y14.5. To apply, visit our website www.ga.com and click on the GA Career Center. Include the Job Code #5934 when applying for this position. ADA/EOE/H/V.

FAMILY SERVICES COORDINATOR. Licensed-eligible or licensed MFT/LCSW. Exciting full time opportunity working with SED, high-risk youth, families. Positions available throughout San Diego County, including North County region. Bilingual a plus. MHS, Inc is an EOE, offers excellent benefits/competitive salaries. Resume and cover letter to famfor-admin@mhsinc.org or fax 619-220-0437.

FINANCIAL SERVICES Marketing. Rapidly expanding financial services marketing company seeks local sales representatives. Ideal candidate will be motivated, honest, outgoing, entrepreneurial, with 4 years of college or equivalent. Call our office and leave message (or fax) 24 hours: 877-286-5339.

FIRE SAFETY TECH. Fire safety company seeks Extinguisher Technician for service and sales. Will consider training qualified applicants. Must be outgoing, well organized and have ability to work with little supervision. Clean DMV required. EOE. 619-670-3500 x10.

FIRE YOUR BOSS! I can show you how! Earn 50% commission. Make \$1750-\$8000 per sale. Call now to see if you qualify. Toll-free 866-828-1093.

FITNESS CENTERS hiring Front Desk Staff and Group Exercise Instructors. Part/full time. Being Fit Fitness Centers. Clairemont, 858-483-9294; Mira Mesa location, 858-549-3456. www.beingfit.net.

FITNESS INSTRUCTORS for luxury residential and corporate locations all over San Diego. All classes, all areas, all days and times. Certified and experience preferred. Fit X San Diego. Fax: 858-715-8681 or call 858-715-8611. www.fitxsandiego.com.

FITNESS TRAINER with strong fitness background. Personal training experience required. Must be able to work full/part time hours. E-mail resume: donawilson@fitnesstogether.com or call 858-451-6051.

FRONT DESK/LOBBY ATTENDANT needed for upscale condos in La Jolla. Saturdays and Sundays 6am-2:30pm.

HELP WANTED

We are expanding our business and we need

Loan Officers

Must have a high degree of self-confidence, self-motivation, and exceptional communication skills. Incredible income potential, career opportunities, and growth potential.

Take your first step into the world of Real Estate!

Ask for Ramzy: 760-741-7900 x121
Send résumé or set up an appointment by e-mail: rsabbat@lendingresults.com



Now hiring temporary full-time workers for the February, June and November 2008 elections.

JOB FAIR!

October 2, 2007 • 9 am - 1 pm

5201 Ruffin Road, Suite 1 • San Diego, CA 92123

Trainers (to train Poll Workers) \$25/hr. Previous experience as a trainer. 15-minute presentation required with interview.

Recruiters/Clerical (PC & phone skills) \$10.62-\$12.29/hr.

Warehouse (driver's license a plus) \$10.62-\$14.25/hr.

Good customer service skills required. Must be 18 years of age. Job applications now available online at sdvote.com under Temporary Employment.

For directions call: **(858) 495-5153**

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- AM, PM, afternoon hours
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FUNDRAISING



A national Telemarketing firm with 20 years in business, specializing in fundraising for the Democratic Party and charities, is currently hiring Telemarketers for its San Diego center.

- Full-time
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- Medical & Dental Insurance
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- \$8.50/Hour Plus Bonus
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TELEMARKETING

9620 Chesapeake Drive, Suite 108
San Diego, CA 92123-1369

CALL FOR AN INTERVIEW: 858-496-2100



Careers in



Probation

Correctional Deputy Probation Officer I

Minimum Qualifications

- 21 years old • Good physical condition • No illicit drug usage
 - U.S. citizen or in process of becoming a citizen
- No felony convictions • High school diploma or GED

Salary:

\$35,069-\$44,741 annually

Safety Retirement-Sworn Officers 3% at age 50.

Bilingual men/women encouraged to apply.

Test date:

October 13, 2007, 8 am

Montgomery Middle School
2470 Ulric Street • San Diego, CA 92111

Maximum 85 applicants. Applications available at the test site.

For additional information, contact the department's

Jobline: 858-514-8558

www.sdcounty.ca.gov/probation

Retail Grocery



Whole Foods Market, La Jolla,
is looking for career-minded,
enthusiastic, energetic

- **Chef • Grocery Team Member**
- **Specialty Team Member**
- **Prepared Foods Team Members**
- **Meat Associate Team Leader**
- **Prepared Foods Supervisor**
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All shifts: mornings, afternoons, and evenings.
Medical, dental, vision, 401(k) and stock purchase.

Apply online at:

www.wholefoods.com

or in person at:

**8825 Villa La Jolla Drive, La Jolla
858-642-6700**

MYSTERY SHOPPERS

Get paid to shop!

Earn up to
\$200 per day.

Experience
NOT required.

Call NOW:
(800) 775-9924



Must have California Driver's License.
Start \$10/hour. Call between 9am-4pm.
858-459-9571.

FUNDRAISING for national charities and Democratic Party. Full-or part-time (evening and Sunday shifts). Paid training. Medical, dental, 401(k). Hourly plus bonuses, regular raises. Apply at Gordon & Schwenkmeyer, 9620 Chesapeake Drive, Suite 108, San Diego 92123-1369. Call 858-496-2100.

GARDENER. The Handlery Hotel and Resort is hiring a Gardener. We have competitive pay and excellent benefits. Please apply to: 950 Hotel Circle North, San Diego, CA, 92108 or fax resume to: 619-298-3948.

GENERAL. Free employment and training services for individuals with disabilities, ages 19-21 on probation or parole. Able-Disabled Advocacy, Inc., 2850 6th Avenue Suite 311, San Diego, CA 92103. 619-231-5990 x305.

GROCERY. Whole Foods Market, La Jolla is now hiring a Grocery Team Member, Specialty Team Member, Chef, Meat Associate Team Leader, Seafood Team Member, Prepared Foods Supervisor and Prepared Foods Team Members. All shifts. Medical, dental, vision, 401(k). Apply online: www.wholefoods.com or at 8825 Villa La Jolla Drive, La Jolla 92037. 858-642-6700.

GROCERY/NATURAL FOODS. Now hiring! Cashier Supervisor, Vitamin Specialist and Demo Clerk (Del Mar), Produce Clerk (Carlsbad), Manager on Duty (4S Ranch). \$9-\$15.50/hour. Great environment, competitive pay, bonus and benefits. Jimbo's Naturally! 12853 El Camino Real, Del Mar. Fax 858-793-7732, hr@jimbo.com, www.jimbos.com.

GROUP FACILITATOR. If you have proven experience as a Group Facilitator dealing with life issues such as stress and anger management, victim awareness or life skills development then we want to talk to you! You would facilitate weekly group meetings with parolee clients to help them to develop needed skills and complete related case file documentation. We require three years of experience in group facilitation or education working with diverse and challenging populations. Experience in corrections a plus. Criminal background check and TB test required. \$16/hr. For immediate consideration call 619-228-2047 or mail your resume and cover letter to: Volunteers of America, Attn: HR, 3530 Camino Del Rio North, Suite 300, San Diego, CA 92108 or fax 619-282-8210 or email hr@voa-swc.org.

GUARDS/SECURITY OFFICERS. Special Response Officers. Full or part time. High starting pay. Excellent benefits. Training available. Drug/background. EOE. M/F/D/V. Apply: Weekdays, 9am-4pm, ABM Security Services, 1620 Fifth Avenue, Suite 875, San Diego. Email: loyzel.pryor@abm.com. 619-338-9360.

GUARDS/SECURITY. Chance to win a new Camry and \$10,000 bonus. Join the #1 Security Team, where people make the difference. Call Securitas, the largest, most respected security company in the world! Countywide positions available. Free Guard Card training. Medical/dental/vision and 401(k), excellent working environment, free uniforms. San Diego: 619-641-0049, San Marcos (North County): 760-591-3733; Temecula: 951-676-3954. EOE/drug free. PPO #14827.

HAIRDRESSER. needed for salon in Hillcrest. Full time. Booth rental. Free parking. Call Judy, 619-291-1190.

HAIRSTYLIST. Booth Rental, \$145/week. 2 weeks free! Backbar, towels, janitorial, utilities included. Friendly staff, clean modern salon. Good parking. CutZ.n.ColorZ, 3755 Murphy Canyon Road, Suite B, 92123. 858-573-9832.

HAIRSTYLIST. Lower your expenses! La Jolla/UTC. Relaxed, established easy going salon seeks weekly booth renters: \$200/week. Call Paul Gerard Hair Salon, 858-625-0555.

HAIRSTYLIST/BARBER. First 2 weeks free! Bring your clients and relocate. Nice clean well-established salon. Supportive friendly atmosphere. Backbar, towels included. Excellent location, Rancho San Diego Village Shopping Center, La Mesa. 619-517-9493.

HAIRSTYLIST: BOOTH RENTERS wanted at upscale, full-service Pacific Beach salon. Hairstylists, Estheticians, Nail Technicians. Unlimited parking. Walk-ins available. Call Rudi Carroll Hair Design, 619-322-0150.

HAIRSTYLIST for clean, full-service Mira Mesa salon. Color, cuts, texturizing and waxing. We provide training, benefits, clients, supplies. 858-344-2332.

HAIRSTYLIST for high-traffic, full-service Aveda Lifestyle salon. Salary plus commission. Extensive advanced education. Call Allen at 858-457-3334 or fax 619-697-9571.

HAIRSTYLISTS. Benefits and move-in Incentives! Upscale European-style Uptown salon now hiring experienced Stylists with own clientele. Can retail own products. Ample parking. Good, natural lighting! Antoine, Salon Antoine, 619-277-7747 or 619-291-7747.

HAIRSTYLISTS/MANICURISTS. First 2 weeks free! Bring your clients and relocate to a new nice salon with great location across from Parkway Plaza. Hairstylist: \$120/week. Nail Technician: \$75/week. For more information, please call 619-654-3979.

HAIRSTYLISTS/MANICURISTS. Large booths. Part/full time. Full-time rental-\$140 weekly. Ask about our moving allowance/rent credit, \$4,000. Great place to move your clients. Free reception/phone/towels. 100% retail is yours. Golden Touch, near FashionValley. 619-972-7744.

HAIRSTYLISTS: Salon Bordeaux on Adams Avenue seeking 2 booth rent Stylists. Many amenities to spoil your clients! Please send resume: salonbordeaux@hotmail.com, attn: Jessica. 619-282-6100. www.thesalonbordeaux.com.

SAN DIEGO SHERIFF'S DEPARTMENT

Now Hiring!



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THE REFLECTION OF SUCCESS

Exam Dates:

**October 3, 2007
5:30 pm Arrival**

Sheriff's Administrative Center
9621 Ridgehaven Ct., San Diego, CA 92123
Registration by e-mail or phone is required
prior to the Ridgehaven test **ONLY.**
recruit@sdsheriff.org

**October 6, 2007
7:30 am Arrival**

Southwestern College Cafeteria
900 Otay Lakes Rd., Chula Vista, CA 91910

18-year-olds eligible to apply!

Bring valid photo ID
and \$3 for parking at Southwestern.

**www.joinsdSHERIFF.net
858-974-2000**

HAIRSTYLISTS needed for a hip, new salon. No clientele needed! Walk-in clients available. Will train. We need you now. Great benefits package includes health insurance. 858-380-5882.

HAIRSTYLISTS. Beautiful Italian spa in Blossom Valley is seeking Hairstylists with clientele to join our professional team. Booth or commission. Call 619-993-0867 or 619-561-3137.

HEALTHCARE MANAGER/IN HOME. \$500 sign-on bonus. Casa de las Campanas, a premiere continuing care retirement community in Rancho Bernardo, is searching for a qualified candidate to manage our In Home Care Program. Candidate will develop customized care plans, supervise care-giving staff, monitor care and progress of residents; serve as a member of the interdisciplinary team and market services to residents and family members. If you possess strong assessment and managerial/administrative skills, 3 year's experience in Geriatric Nursing or Case Management or Home Health Management, a BSW (MSW desirable); demonstrated knowledge of the physical, mental, and social needs of older adults and 3 year's supervisory experience, then we want to hear from you. We offer competitive salary and terrific benefits. Send your resume and salary requirements to: Director of Human Resources, 18655 West Bernardo Drive, San Diego, CA 92127 or fax your resume to 858-592-1853. EOE. Hiring bonus valid 9/30-10/31/07.

HEALTHCARE: RNS, LVNs, AIDES. Join La Jolla Nurses! Looking for Home Health Aides, ongoing assignments. Also per diem work—you pick the days, hours and shifts! Competitive pay rates, excellent work assignments. Employee-owned agency—you receive shares of company stock free! State-licensed home health agency. Medical, dental and vision benefits; 401(k) plan, referral bonus. La Jolla Nurses HomeCare, 858-454-9339.

HOME LOANS: If you have ever considered going into the real estate field and making a six-figure income, Community

Behavioral Specialist Residential Aides

Multiple positions available countywide for degreed and non-degreed professionals.

No Experience Necessary.
Pays \$10-\$12/hr.

Requires:
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One is the answer. Great training provided. The only requirement is to have the drive and desire to be successful. Call Deon, 858-382-0856.

HOSPITALITY WORKSHOP. October 10-11. Gain higher level of competency in the Service Arts skills. Separate yourself from the competition, become certified. Register: debbie@schoolfortheservicearts.com, 760-716-5509, www.schoolfortheservicearts.com.

HOUSECLEANING. No nights, weekends, holidays. Merry Maids offers flexible hours, weekly pay, paid mileage. Work in teams. Insured car required. Must speak English. South Coast/all south areas only, 619-336-1612; 619-226-2621.

HOUSEKEEPERS. Immediate openings! Part time and full time. Earn up to \$462 weekly after 5 weeks full time plus tips. Paid weekly. Must have car and phone. Call today, start tomorrow! WorkWithDanas@aol.com. Dana's Housekeeping Personnel Service, 619-298-6110.

HOUSEKEEPERS with experience for vacancy cleaning. Requires California driver's license and clean DMV. 619-631-0345.

HOUSEKEEPING/HOUSEPERSON. The Handley Hotel and Resort is hiring Housekeeping/Housepersons. We have competitive pay and excellent benefits. Please apply to: 950 Hotel Circle North, San Diego, CA, 92108 or fax resume to: 619-298-3948.

HVAC INSTALLERS: ARS is looking for career-minded HVAC Installers with minimum 3 years experience. If you like the idea of working for a national leader in the service industry, with benefits that rival the industry standard, and have the motivation and desire to earn an income that would make many college graduates envious, please call us today to arrange an interview that just might change your life forever! Kevin, 858-677-5455 x113. kkeillington@ars.com. www.jobswithars.com. Drug-free work environment. License #ARS San Diego 791820.

IN-HOME CARE. Caregivers and Companions. Minimum 1 year experience non-medical home care for seniors. Valid California Driver's License. Serving Santee/La Mesa/Del Cerro/San Carlos. Maureen, Visiting Angels, 619-749-7525.

INSTALLER/SALES: Rollout shelves in cabinets. Tools/leads provided. Excellent customer service, detail oriented, vehicle required. Base plus commission. Part/full time. 858-273-5679. www.shelvestodrawers.com.

JOB COACH/COMMUNITY Training Specialist. \$9.75/hour to start. Assist developmentally disabled adults in the community. 32.5 hours/week. Benefits.

EOE. Apply Monday-Friday, 9am-4pm: Stein Education Center, 6145 Decena Drive, San Diego 92120. E-mail: steinjobs@vistahill.org. Fax: 619-281-0453. www.vistahill.org.

JOB COACHES. Community-oriented, Center for Independent Achievement is seeking dependable individuals in East County. 1:4 group ratio maximum. \$8.50-\$9.50/hour. Annual raises. Bonuses for exceptional performance. Benefits with full-time. plicareer@yahoo.com. Call 619-440-6802, or fax 619-440-6864.

JOB FAIR! Registrar of Voters. Tuesday, 10/2/07, 9am-1pm. 5201 Ruffin Road, Suite I, San Diego 92123. Now hiring temporary full-time workers for the February, June and November 2008 elections. Trainers (to train Poll Workers). \$25/hour. Previous experience as a Trainer. 15 minute presentation required with interview. Recruiters/Clerical (PC and phone skills), \$10.62-\$12.29/hour. Warehouse (driver's license a plus), \$10.62-\$14.25/hour. Good customer service skills required. Must be 18 years of age. Applications available online at sdvote.com under Temporary Employment. For directions, call 858-495-5153.

JOBTOBERFEST 2007. Job Fair for People with Disabilities. Tuesday, 10/2 10am-2pm, Balboa Park Club, 2150 Pan American Road (South Palisades area of Balboa Park just north of Puppet Theatre). All job seekers invited! For more information: 619-767-2100. www.sdcepd.org.

KITCHEN MANAGER for high volume Irish Pub and Grill, experienced in breakfast and dinner. Good leadership skills. Long term commitment goals. Open daily 7am-2am. Accepting applications at: 554 4th Avenue, Gaslamp/92101. Fax 619-239-5828. E-mail: dublinsquare@yahoo.com.

LAW ENFORCEMENT. Deputy Sheriff and Deputy Sheriff Detentions/Courts. San Diego County Sheriff's Department. Hiring for two types of positions; take one exam, apply for either or both! Exam dates: Wednesday, October 3, 2007, 5:30pm arrival, Sheriff's Administrative Center, 9621 Ridgehaven Court, San Diego CA 92123 or Saturday, October 6, 2007, 7:30am arrival, Southwestern College Cafeteria, 900 Otay Lakes Road, Chula Vista CA 91910. Registration by e-mail or phone is required for the Ridgehaven test ONLY at: recruit@sdsheriff.org. Detention/Courts: \$37,901-\$58,675 annual salary, plus benefits. 18-year-olds eligible to apply! Deputy Sheriff: \$47,338-\$67,714 current annual salary, plus benefits. U.S. citizen or applied for citizenship; 20-1/2 years old. High school graduate or G.E.D. required. Bring valid photo ID and

\$3 for parking at Southwestern. Valid California Driver's License prior to appointment. Effective oral and written communication in English. EOE. Additional test dates: www.joinssdSHERIFF.net. 858-974-2000.

LEAD SETTERS. Looking for a fun job? Something with great earning potential that won't interfere with your summer fun? Well, here it is. Pacific Home Remodeling is hiring Lead Setters to canvass our install areas for a few hours each day. No sales. No experience necessary, training is provided. Up to \$25-\$40/hour. Bonuses and incentives also available. Call ASAP to schedule an interview: 858-866-0183. pacifichomeremodeling.com.

LEASING AGENT for luxury apartments. Sales experience a must. San Diego and North County. Fax resume to 888-369-9229 or e-mail wmaplicants@aol.com.

LIGHT INDUSTRIAL. Volt Services Group has immediate Temporary, Temporary-to-Direct Hire and Direct Placement opportunities. Competitive wages, paid weekly, paid holidays and vacation. Medical and dental insurance plans, state of the art training, career management and more. www.jobs.volt.com. Call Volt Services Group for more information. EOE. San Diego: 858-576-3140; e-mail: clairemont@volt.com. Carlsbad: 760-729-8916; email carlsbad@volt.com. El Cajon: 619-401-1524; email elcajon@volt.com. San Marcos: 760-471-0800; email sanmarcos@volt.com. Scripps Ranch: 858-578-0920; email scrippsranh@volt.com.

LOAN AGENTS/SALES. No real estate license required. Training provided! Leave message 24 hours a day for return call, 888-313-7226. Fax resume: 858-454-2437.

LOAN OFFICERS. Must have a high degree of self-confidence, self-motivation, exceptional communication skills. Incredible income potential, career opportunities, growth potential. Mortgage Options Financial. Ramzy 760-741-7900 x121. Or send resume/set up appointment by e-mail: rsabbara@lendingresults.com.

LOAN SPECIALIST. Community One Mortgage Company is hiring in Vista! Experience preferred, but will train the right candidate. No license required. These are sales positions. If you want to grow your career with a winning team, contact Jacob at 760-622-5173.

MACHINE OPERATORS. & Machine Operators. Growing company in Poway has 20 plus immediate openings! First shift: 6:00am-2:30pm, second shift: 3:30pm-12:00am. Assemblers: \$9/hr plus incentive. Machine Operator: \$9.50/hr plus incentive. Packaging: \$9/hr plus incentive. Pay differential offered for second shift positions! All positions offer an incentive that can be up to \$200/month. Must have previous assembly or machine operator experience and good job stability. Basic math and measuring skills a must. Drug and background check required prior to start date. Email resume to casandiego@westaff.com or call Westaff today at 858-576-1001 to schedule an interview!

MAID SERVICES. Relax. It's done. No nights, weekends, holidays. Merry Maids offers flexible hours, weekly pay, paid

mileage. Work in teams. Insured car required. Must speak English. South Coast/all south areas only, 619-336-1612; 619-226-2621.

MAINTENANCE WORKER II. Service/repairs: plumbing, carpentry, painting, plastering, machines, electrical, vehicles. High school diploma, 2-4 year's experience. Full-time, \$13/hour, Fashion Valley. Fax resume: 858-277-5135.

MAINTENANCE. Volunteers of America Southwest California, a faith-based social service nonprofit is seeking a qualified candidate to perform general maintenance and repair duties at a licensed adult residential facility for the mentally ill adults in Spring Valley. Must clear fingerprints and have a clean driving record. Part-time, 30 hours/week (\$9-\$11/hour). Email hr@voa-swcal.org or fax your resume to 619-282-8210. EEO/AAP Employer.

MANICURIST. Move-in incentives and benefits! Upscale Hillcrest salon seeking happy, relaxed Manicurist with own clientele. Natural nails, no acrylics. Can sell own retail. Reasonable rent. Ample parking. Antoine, Salon Antoine, 619-277-7747; 619-291-7747.

MANICURIST. One of the lowest booth rentals available! Relaxed, established easy going La Jolla/UTC salon. \$100/week. Lower your expenses. Call Paul Gerard Hair Salon, 858-625-0555.

MARKET RESEARCH Telephone Interviewers. No selling. Friendly, outgoing. San Diego's fastest-growing market research company. Bilingual Spanish a plus. Hourly, bonuses, medical. Advancement opportunities. www.luthresearch.com. Apply: Luth Research, 1365 Fourth Avenue, Downtown. Job Hotline: 619-243-8045.

MARKETING REPRESENTATIVES. Are you a people person? We are looking for exciting, fun, energetic individuals to represent our company and products at various events and home shows. Work part-time hour and earn full-time pay! No experience necessary. Hourly and bonus compensation. Call Pacific Home Remodeling at 858-866-0183 to schedule an interview.

MARKETING. Immediate openings for Telemarketing Trainees! No selling required. Positive attitude! \$8/hour plus bonuses! Rock 'n roll atmosphere. No experience necessary. Great daytime hours, off at noon on Friday. Call today, start tomorrow! 858-571-8652.

MATERIAL HANDLERS. CNC Machine Operators, Electronic Techs, Extrusion and Machine Operators. North County positions. MDI offers paid holidays after 520 hours and vacation bonuses after 2000 hours. Apply at MDI Staffing: 858-277-5680.

MENTAL HEALTH AIDE. Volunteers of America Southwest California, a faith-based social service nonprofit is seeking entry level candidates who have an interest in working with the mentally ill. You will monitor clients, assist with setting and administration of medications, do light charting and assist with preparation and serving of meals for clients located at our El Cajon and Spring Valley facilities. (\$8.00-\$8.25/hour). Email us at hr@voa-

swcal.org or fax your resume to 619-282-8210. EEO/AAP Employer.

MENTAL HEALTH COUNSELOR. Exciting full-time opportunity working with SED, high-risk youth families. BA in psychology or related; minimum 1 year experience working with people. Bilingual a plus. MHS, Inc is an EOE, offers excellent benefits/competitive salaries. Resume/cover letter to famfor-admin@mhsinc.org or fax 619-220-0437.

MOVERS. Full time/part time. Local moving company. Great pay plus tips. Must be 21 with valid driver's license. Great customers and working environment! 858-689-2525.

MOVIE EXTRAS/MODELS. Earn up to \$200 per day. All looks needed to work with film and TV production companies. No experience required. Call 877-282-2458.

MUSIC SURVEY. No selling. Need telephone interviewers for consumer surveys for radio station. Sunday-Friday, 2:00pm-8:00pm. Up to \$10/hour. Be dependable, have basic computer/telephone skills. 619-442-5325; www.callout.com.

MYSTERY SHOPPERS: Get paid to shop! Earn up to \$200/day. Experience not required. Call now: 800-486-7204.

NAIL TECHNICIANS. Full-time Nail Art Experts for new nail salon. Must be licensed, experienced and excellent in manicure and pedicure. Downtown, 50% commission. 619-252-9384.

NURSE: LVN. Position immediately available for an opiate addiction treatment program. License and certification required. Full time, good pay/benefits. San Diego. Fax resume: 619-286-0060.

NURSING DSD/LICENSED NURSE. Full-time position with benefits and sign-on bonus. Experience preferred. 7760 Parkway Drive, La Mesa. Call 619-469-0124 x21.

NURSING: CHARGE RELIEF NURSE, RN or LVN, part time relief position. 7760 Parkway Drive, La Mesa. Call 619-469-0124 x11.

NURSING: Palomar Pomerado Health is now hiring. Skilled Nursing Facilities: Certified Nursing Assistants and Licensed Vocational Nurses. General Services: Food Service Workers, Nutrition Care Assistants, Environmental Service Workers, Distribution Cart Technician, Security Officers and Patient Transport Driver. Home Health: LVN, Home Health Aides, CNA/ Personal Care Assistants, Homemaker/ Companion/Sitter. For consideration, please apply online: www.pph.org or apply in person, Monday-Friday, 7:30am-4:30pm at Palomar Medical Center, Human Resources: 660 East Grand Avenue, Escondido, 92025 or Pomerado Hospital, Human Resources: 15615 Pomerado Road, Poway, 92064.

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RETAIL. Part/full-time. Busy Old Town gift shop. otgiftshop@yahoo.com.

RETAIL/RECEPTIONIST, part time. Aveda salon and spa in La Jolla seeking highly motivated, outgoing individual to promote customer retention. Setting appointments and some retail involved. Multi-tasking a must. Call 858-457-3334, fax 619-697-9571 email youngattitudes@dslextrreme.com.

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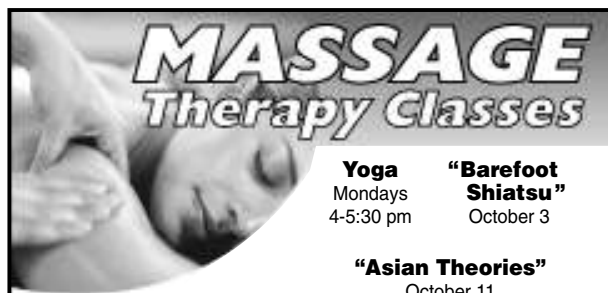
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MASSAGE THERAPY/HHP/Naturopathy. Classes: Massage Therapist (MT), Nutrition, Herbology, Holistic Health Practitioner (HHP), Naturopathic Practitioner (NP), Aromatherapy, Spa Therapist, Thai Medical Massage, Lomi-Lomi/Hawaiian Healing Arts, Yoga Instructor, Counseling Skills, Sports Therapist & Performance Enhancement, Oriental Therapies, Energetic/Vibrational Healing, and much more! Natural Healing Institute, Encinitas. 760-943-8485. www.naturalhealinginst.com.

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THE READER PUZZLE

Across

- Its Web site allows visitors to click on the question "Where's My Refund?"
- Rel. of more U.S. presidents than any other
- Dost speak
- PBS supporter
- Congo native
- Have a loan from
- Good name for a fitness instructor known for sit-ups?
- React like a threatened dog
- Potter's medium
- Puerto _____
- Is down with
- Dr. _____
- What a horse might feel when a rider pulls on the reins?
- He had a \$5 Confederate note in his pocket when he was assassinated
- Running by itself
- Oscar winner Lee
- Soprano Tetrassini
- It's the start of nothing big
- Place where U.S. Civil War losers can get help?
- Startled cries
- Big name in printers
- Wharton deg.
- "Yours truly" alternative
- Like George H.W. Bush's presidency
- Sweet treat in an unsavory setting?

- 1847 Melville novel
- Stanza writer's "before"
- Exam for future JDs
- Altar exchanges
- "_____ say ..."
- Apt title for this puzzle
- Picking out of a lineup
- Tropical fruit
- Actress _____ Dawn Chong
- Mrs. Doubtfire, for one
- Eyelid afflictions
- Don Pardo is its longtime announcer

Down

- Co. follower, often
- Select a Scrabble tile from the Scrabble tile bag, say
- Wee tree
- Something to bid on
- _____ Gow (casino game)
- Cozy place to stay
- Bart or Ringo
- Kind of centimeter
- "Already?"

- Barley bristle
- "That may be the case, however ..."
- Rock's Dire _____
- "The Death of Ivan Ilych" author
- Powder room powder
- Company VIP
- Mao's grp.
- Botch
- Chilly
- In bounds
- Rousing cheer
- Autumn mo.
- Baseball Hall of Famer Cap
- Letters on reply cards
- Pick up, as sugar cubes
- Chemical ending
- Starts gently
- "CHiPs" star
- Entered, as computer data
- Some nonfiction works
- Craig replaced him as 007
- Latin lover's word
- Service lines?
- Hwys.
- Bridges of "Diff'rent Strokes"
- Relatives of "Gee whiz" and "Shucks"
- Words after duke or work
- Tarbell and Wells
- Spike TV, formerly
- Mary _____ cosmetics
- "Now _____ seen everything!"
- Do goo

RULES OF THE GAME

- The prize for solving the *Reader* Puzzle will be a *Reader* T-shirt.
- All entries in the *Reader* Puzzle contest must be received by the *Reader* by 9:00 a.m., Tuesday, five days following the issue date (Fax to 619-231-0489 or U.S. Mail to *Reader* Puzzle, P.O. Box 85803, San Diego, CA 92186-5803).
- All entries must be accompanied by your name and address.
- Employees of the *Reader* and their immediate families are not eligible.
- In the event of disputes or ties, decisions of the judges will be final and arbitrary. We've only got five prizes each week to give away, so if there are more than five winners, we'll have a lottery.
- All answers must be entered in the space allowed on the puzzle page. And please, no phone calls or trips to our office.
- One entry per person.

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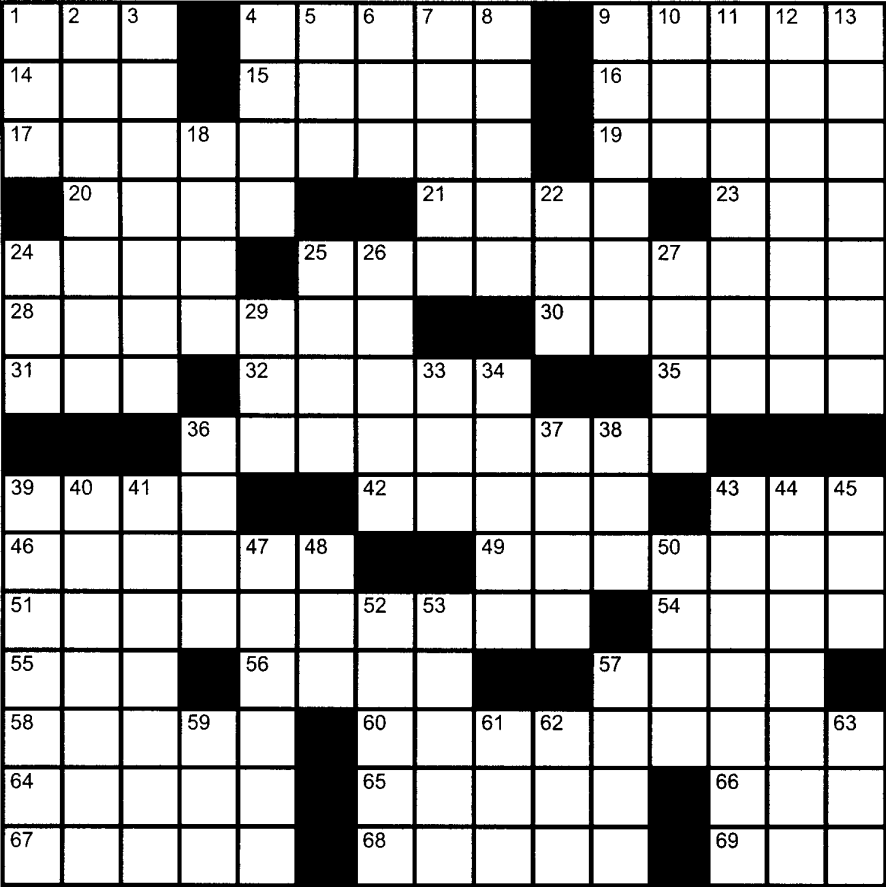
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Solution to and winners of the *Reader* Puzzle for 9/20/07.

There were 134 entrants. The winners are:

- Sarah Locher, *San Diego*
- Anteine Megerand, *San Diego*
- Jeanine Fleur, *Encinitas*
- Vincent Gargiulo, *Chula Vista*
- Trent Carpenter, *San Diego*

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Say What?



Anna Marie Bickford | Age: 21 | Occupation: Project Accountant | Lives: Pacific Beach

My friends and I rediscovered this old-fashioned term, **the witching hour**, which was used to describe creepy things that happened at night to scare kids into going to sleep early. We've adopted it and have

started using it to describe the time of night between when bars close around two to when the sun starts to come up. On a good party night, it's our experience that it is during the witching hour when all the

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NAME This Place



Last week's place: (clue: Waiting to welcome Mario — and Herbie Hancock) Paul Waclawski and an ageless Elvis Presley outside the Hancock St. Café, 3354 Hancock Street, near Old Town. They await the arrival of Paul's dad, Mario, the café's owner who recently completed a walk from San Diego to Washington, D.C., to raise money for cervical cancer research. The address is no coincidence; Mario established the café as a tribute to musician Herbie Hancock. (Last week's winners: Edward Hoffman, Thomas C. Elliott, Barbara Peters, Dennis Butterworth, Tina Saltado)

Q: Diego's Grand Canyon?

Describe this location, name the nearest cross-streets, and win a *Reader* T-shirt. E-mail to NameThisPlace@SanDiegoReader.com; fax to 619-231-0489; or mail to *Reader*, Name This Place, Box 85803, San Diego 92186 — include your name and address. (Deadline, Tuesday, 9 a.m. In case of ties, lottery will determine top five winners.)



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ACTING CLASSES. Montysilverston.com, father of star Alicia, holding classes in Del Mar and Rancho Santa Fe, Monday, Wednesday, Friday, Saturday. Check our website or 858-759-7881.

AUDITIONS: "A Christmas Story." Olive Tree Players. First United Methodist Church, 2111 Camino del Rio South. Thursday/Friday, 9/20-9/21, 6pm; Saturday, 9/22, 11am. 619-297-4366; 619-886-4329.

AUDITIONS: Actors/dancers for Gas by Georg Kaiser at Palomar College. Directed by Michael Mufson. Monday, October 8, 7:00pm, Howard Brubeck Theatre, 1140 West Mission Road, San

Marcos. More info: mmufson@palomar.edu, 760-7444-1150 x2321 or www.palomarperforms.com.

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ATTENTION PMS SUFFERS. Women, 20-45, (not on medication, birth control) with regular menstrual cycles for 5-month UCSD sleep and light study. 8 overnights required. Call 619-543-7393.

CANNABIS PATIENT(S) ACT. (Association Cannabis Therapeutics.) Nonprofit. Seeks caregiver/patients with questions about co-operatives, clones, medicine, growing guidelines. Proposition 215, guidelines. Proposition 215 local guidelines. Meth kills. 619-528-0907.

CHRISTIAN FRIENDSHIP. Group meets 10am Saturdays behind Balboa Park Club building.

CODEPENDENT? Suffering? Codependents Anonymous 12-step program of recovery. The only requirement for membership is a desire for healthy and loving relationships. www.sdcoda.org or 619-222-1244.

COMMUNITY PICNIC/FUND RAISER. Join the Girls Think Tank. Balboa Park, War Memorial Lawn, Saturday, 9/29/07. Donation: \$10.00, provides lunch for you/homeless person. girlsthinktank@gmail.com.

DIVORCECARE meets every Sunday at 9am at 4926 La Cuesta Suite 203-A, Tierrasanta. Special Free support group for those divorcing, divorced, or broken live-in relationship. 4926 La Cuesta, Suite 203, Tierrasanta. Bruce, Bruce@coastline-realestate.com or 619-461-4480.

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DONATE that automobile, boat, RV, etc. to Ronald McDonald House Charities-San Diego, receive tax deduction and possibly a partial cash payment! Call toll-free, 866-244-8464.

EMOTIONS ANONYMOUS, 7pm Wednesday, College area, a 12-step program for managing anger, fear, obsession, etc. No fee, voluntary donation suggested. Call 619-287-5391.

FALL FEST 2007. Wednesday, October 31, 5-9pm. Free games, rides, jumps. Fun, safe alternative to trick or treat. Information, Midway Baptist Church, 619-424-7870.

FollowNoTrends Music from Hawaii with Paul Hanna. Enjoy live mellow music at Borders, Carlsbad, 1905 Calle Barcelona, Saturday, September 29, 8pm. Call 760-479-0242; http://www.FollowNoTrends.com.

FREE EMPLOYMENT/TRAINING services for individuals with disabilities, ages 19-21 on probation or parole. Able-Disabled Advocacy, 2850 6th Avenue #311, San Diego 92103, 619-231-5990 x305.

FREE LECTURE. Women only. Why don't you have the love relationship you desire? Get answers. Tuesdays, 7pm, San Marcos. Call Dr. Denise, RSVP, 760-798-9076.

FREE PSYCHIC HEALING. Lecture Clinic. Free readings for new visitors. Mondays, 7:30pm, by Vessa's Clairvoyant Program students. 4455 Morena Boulevard, Suite #108. 858-509-7582.

HELP FOR YOUR LIFE. Lonely? Dial hope 858-277-8060. Scripture, new thought, prayer, helpful messages 858-277-2389. Sunday service, 10 a.m., Linda Vista Presbyterian Church. 2130 Ulric Street, San Diego, 92111. 858-277-0523.

HERPES/HUMAN PAPILLOMAVIRUS. (HSV/HPV) Support group. Accurate medical information and support. Recorded message. 619-491-1194. www.SanDiegoCityHELP.org.

MEMBERSHIP AVAILABLE for anyone interested in the Italian culture. Many activities including bocce, picnics, theatre, potlucks, and more. Check www.northcountyyassociation.org or call 760-942-1536.

MENOPAUSE DEPRESSION Study. UCSD researchers seek menopausal women, ages 50-75, nonsmoking, not currently using hormones and experiencing depression in menopause for a

SurfMOBILE

Name: Liz Brolaski
Vehicle: 2006 Lexus GX470
Lives: Encinitas
Surfing: San Elijo State Beach

Liz Brolaski didn't grow up in San Diego, but she's been living here and enjoying the ocean for the past 35 years. Brolaski did not surf when she was a kid; she began after moving here with her husband, a San Diego native. "I didn't want to have to just sit on the beach and watch my husband surf," she says.

Now Brolaski surfs a couple times a week. On this day, she's with her 12-year-old daughter Dana; the two surf together every day during the summer. Liz and Dana threw their boards on top of Liz's SUV and headed down to San Elijo State Beach, next to Cardiff. (They live in Encinitas.) Liz surfs a 9' long board and Dana uses a 6'4" short board.



The Brolaskis have a WeatherTech mat in the back of the SUV to keep the sand and water out. They also have a "hitch safe," a device that fits into

the hitch of their car and is big enough to hold a few keys and an alarm beeper. Their favorite surf accessory is a huge blue changing robe Liz got for Christmas —

roomy enough for the girls to change under without any problems. "That way I can change without being worried about my towel slipping down!" Liz says.

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PATHWORK DISCUSSION. "Trusting your Intuition", September 25 2007. 7-9pm Eureka Street/Mission Valley. Open meeting, no fee, materials available. Please call for directions 619-296-9046.

PATHWORK DISCUSSION. October 23, "Being in Love with Life." 7-9pm, Eureka Street/Mission Valley. Open meeting, no fee, materials available. Please call for directions, 619-296-9046.

PREGNANT/NEW MOMS. UCSD study, women ages 20-45, not using medication or smoking, are needed for a sleep/light study. Required, 4 evaluation visits +4 overnight hospital stays, 619-543-7393.

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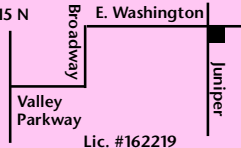
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RESEARCH STUDY. Women living with smoker needed for 9-day research study. Leave message or email TRDRPPDASudy@projects.sdsu.edu, for more information.

RINZAI ZEN Meditation. Hidden Valley Zen Center, San Marcos. Call 760-591-9893 or visit us online at www.hvzc.org.

SEX and/or relationship problems? Out of control? You are not alone. Call Sex and Love Addicts Anonymous, a 12-step fellowship. PO Box 3791, San Diego 92163 or 619-685-7211 or www.slaa-san-diego.org.

SINGLES FOR JAZZ is a new not-for-profit club for singles interested in attending various concerts and clubs in the San Diego area. Membership is free. Call 760-445-5459.

SUPPORT GROUPS. Six groups monthly, SOSL (Survivors of Suicide Loss). Call 619-482-0297 or email soslsd@yahoo.com.

TEMPLE OF BHAKTI YOGA. Our spiritual preceptor will be here the week of October 11. For services and personal sessions for information please call 760-788-0700. Sunday 10:30-11:30am. Tuesday 6:30pm-7:30pm.

TWELVE STEPS NOT working for you? Try a self-empowering, skill-building ap-

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proach with S.M.A.R.T. Recovery, free support groups. 858-546-1100.

UNUSUAL EXPERIENCES caused by stress? Participants needed. Between 18-35 years old. Earn \$5 gift certificate and chance to win \$100. Contact Michael, mjuan@alliant.edu.

VOLUNTEER CHILDBIRTH Assistants needed, UCSD Medical Center's Doula Program, needs women to help mothers during labor. Big commitment, lots of gratification! 619-543-6269.

VOLUNTEERS. Help stop the child abuse crisis. San Diego's abandoned/neglected children desperately need you! Become a child advocate. Information sessions: 10/17, 11/7, 12/12. Voices for Children, 858-569-2019 or visit www.speakupnow.org.

"VANITY" EXHIBITION. Brokers Building Gallery, 402 Market Street. Artist reception: Friday, September 28, 7-10pm. Encore reception, Friday, October 5, 7-10pm. www.brokersgallery.com.

TRAVEL & GETAWAYS

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TIMESHARE. Red deeded floating week, 2 bedroom with jacuzzi, Inverness at Del Lago, Montgomery, Texas, Lake Conroe, Houston 35 miles. RCI and I.I. tradable, \$1000. 858-613-9210.

PERSONALS

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ALL FUN at Souplantation, Saturday, 16th. So sorry I saw your message too late. So. AZ is Readerless. Try again? E-mail me hey19@cox.net. Still remembering.

DAVIEBABE in Boston. I loved your face. I loved your brain. I loved your body. I loved your kids. I loved all of you!

FOLLOWNOTRENDS MUSIC from Hawaii with Paul Hanna. Saturday, September 29, 8pm, Borders, 1905 Calle Barcelona. Enjoy live, mellow music. 760-479-0242 or www.FollowNoTrends.com.

HEY JUDE, don't carry the world upon your shoulders. Beatles 1967.

HGS: 9/16/07. Three years and one day ago, little did I know I would be heartless and humbled by same. Still! TYS Michale IRDLY 24/7/forever.

JACK AT CROWDED HOUSE, Row 19. Had fun, but night too short. I really wanted to hang out. Meet me Little River Band? The desert.

KICK, FLIP, McTWIST TIM. I think you should get into skateboarding again. I might even buy me a board if I can't have my brother's.

MUSIC

EQUIPMENT / INSTRUMENTS

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AMPS/EQUIPMENT. 1960s Fender Blackface Twin, excellent condition, newer speakers, \$800. Like new Fender Custom Shop dual professional amp, \$800. 1960s solid-state Standel, \$375. 951-760-8581.

APEX MUSIC SINCE 1952! Get the gear you need, at affordable prices. Sales, repairs and rentals. No one compares! 6210 El Cajon Boulevard. 619-583-1431. www.apex4me.com.

BASSES. 1976 P-Bass, natural, rosewood neck, very good condition, with case, \$800. Ibanez SR400, natural, PJ pickups, 3-band equalizer, like new, with case, \$275. 619-429-1626.

DJ SOUND SYSTEM. Complete, lights, tripods, 4 cabs with four 15" woofers, QSC amp RMX 850, 8-channel mixer, 3 microphone inputs, etc., black. sky0071@cox.net, 619-244-2068.

DRUM SET, 5 piece, double braced hardware, chain drive pedals, ride, crash and hi-hat cymbals, black dot heads, throne, complete, excellent condition, \$475. 858-487-3398.

EDIROL UA-700 USB Audio/MIDI interface with COSM effects, \$250. Lexicon LXP-15 multi-effects processor, \$225. Samson PL 1602 rackmount stereo mixer, \$150. 619-397-3463.

EFFECTS PEDALS-100s of different kinds in stock! Fulltone, Menatone, T-Rex, Maxon, Visual Sound, Barber, Xotic, Durham. Choose from many brands. www.SuperSoundMusic.com or call 760-739-9099.

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EQUIPMENT. Postex MR-8 digital multi-track recorder, \$75. Shure SM58 microphone, \$25. MXL condensor microphone, \$35. 619-281-8155.

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BAJISTA. Se busca bajista profesional, versatil, para grupo rock en español. Responsable con imagen y buena vibra positiva, de 20 años a 30 años. 619-292-4343.

BAND MUSICIANS WANTED, For Palomar concert band. Thursday 7-10, good music, good players, good fun. Call Carl for details, 619-303-9293.

BAND STEEL KICKIN looking for keyboard musician. Blues, classic rock. Older band, 40+. Vocals a plus. Don, 619-572-4373.

BASS PLAYER and percussionist/drummer needed. Totally original folk acoustic. Awesome female singer/songwriter. www.myspace.com/pavlanova. Serious project. No alcohol/drugs. Contact Darryl, 760-271-0147.

FOLLOWNOTRENDS MUSIC from Hawaii with Paul Hanna. Saturday, September 29, 8pm, Borders, 1905 Calle Barcelona. Enjoy live, mellow music. 760-479-0242 or www.FollowNoTrends.com.

GUITAR EFFECTS pedals, Tonebone Classic, Ibanez Tube Screamer TS808, Sansamp G2, Turbo Rat, Zen drive, 1-space rackmount Rocktron hush Super C, with manual, \$500. 619-507-3753.

GUITAR PLAYER looking for band or start a band. 27 years old playing for 15 years. www.myspace.com/judged2 samples available. NIN, Mudvayne, In Flames. Andre, 619-723-9183.

GUITARIST WANTED. Unique singing lead guitarist wanted by unique trio. Still seeking our future sound. Be around 30 or under. Call Roman, 619-920-2626.

JAZZ/FUNK DRUMMER wanted for 6-piece group with 4 horns. Visit myspace.com/syrupfunk. Strong drummer with solid chops. Faster tempos. Weekly rehearsal. Jeff, sucalate3@aol.com, 760-845-8126.

KALEIDOSCOPE CAROLERS. Professional costumed a capella quartets performing through holiday season seeking new members. Auditions, Sunday, 9/23, 6pm. SATB parts only. www.starstruckpro.com/kaleidoscope_carolers.htm. Judy, 619-787-6991.

KEYBOARDIST, professional, needed for established professional casuals band. Casinos, corporate, weddings, special events, private parties. Played convention center, Qualcomm Stadium. Good pay, great opportunity! 858-616-6363.

MALE AND FEMALE VOICES for groovy ensemble for music lovers who love to perform and sing. Must be an experienced vocalist. Call 858-558-2139.

MUSICIANS, DJ wanted for Rancho Bernardo restaurant events. Capri Blu, 10436 Craftsman Way, Suite 120, in 4S Commons Town Center. Contact www.capri-blu.com or Salvatore, 858-864-9598.

PIANIST and other musicians wanted. Volunteers for church service. Expenses paid. Contact Kerry, Mar Vista Baptist Church, Imperial Beach, 619-575-8437.

PRODUCER seeks female talented composers, performers, singers, with original material and/or incredible uniqueness. Need string, brass players. Got pro-tools? Call 619-528-0907.

REGGAE HIPHOP ROCK/JAZZ Guitarist available. CD/tour credits: Pato Banton, Fully Fullwood, Majek Fashek, Myka Nyme, Scientist, Skunk records, Tippa Irie, etc. Dale 858-01-2973, myspace.com/dalehauskins.

ROCK BASSIST NEEDED for newly forming band to complete trio. Must be dedicated, rehearse 3 days/week. No beginners/intermediate, under 35. Extremely melodic. 619-243-4356.

SINGER, professional, looking for cover band to play paying gigs. 1960s to current. joey@liferasd.com or 760-805-6908.

SINGER, SONGWRITER, musician seeking drummer, bass player, lead guitar player to form classic rock and roll band. Original material. Rehearsal space needed. Hal, 619-269-0406.

SINGERS, Ladies of all ages wanted. Join women's 4 part harmony chorus for holi-

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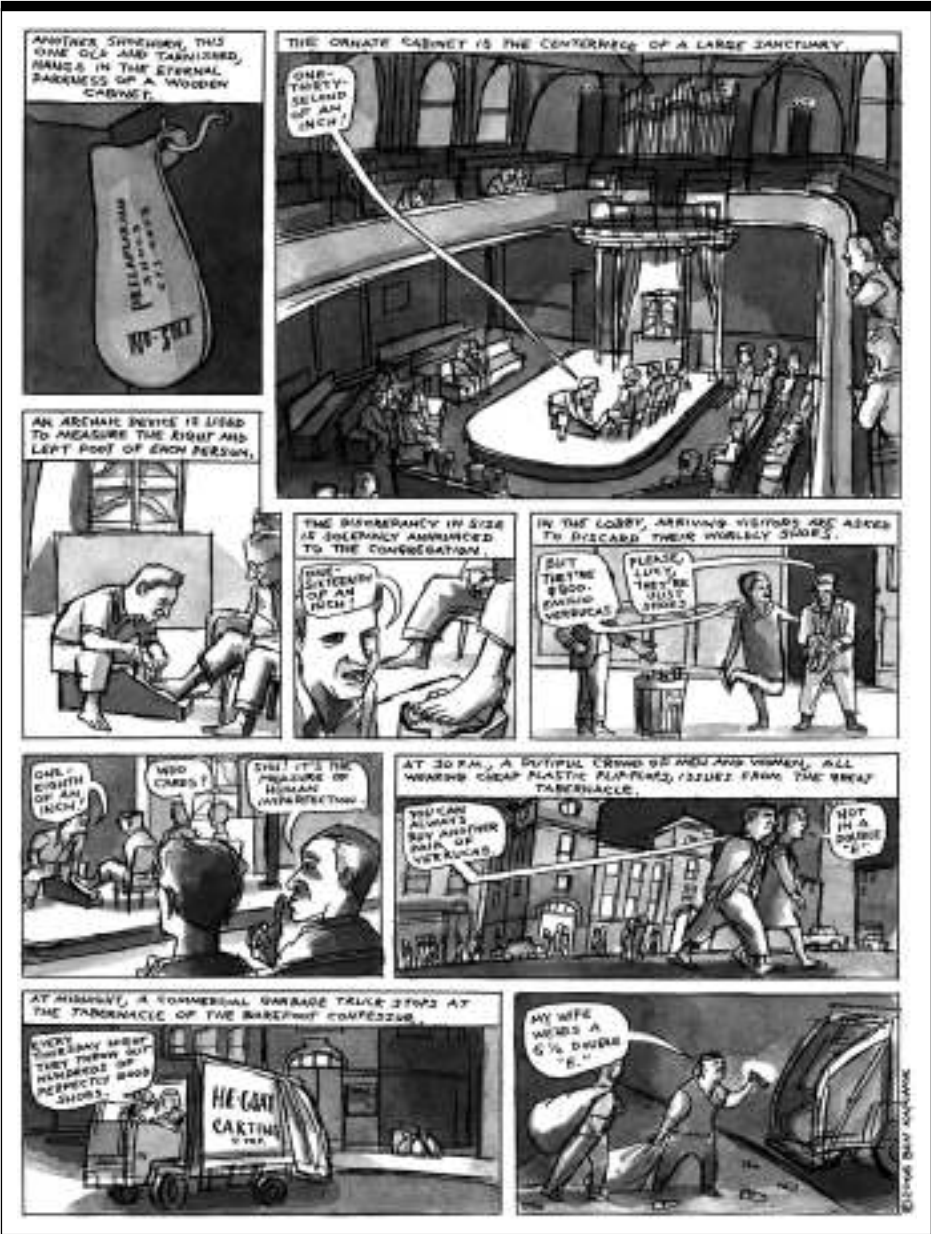
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Nicole Vuckovich
Waitress
Mission Valley

It would be spiders and cockroaches. They totally freak me out. I saw a huge cockroach at the mall once. It was, like...blah. And spider webs everywhere. They are annoying. I also hate silverfish in the bathroom, crawling out of the bathtub.



Kelly Shiloff
Florist
University City

I don't like those green bugs that fly around. Jitterbugs, I think they are called. Or june bugs. They're weird and kind of scary looking. They are big and fluorescent green. They're also blind, and that's why they bump into things as they're flying around. I also hate flying termites.



Bonnie Vandewater
Editor
North Park

I don't like tarantulas. But I never come into contact with them, so...I would say june bugs. I grew up in the Midwest, and they'd always find their ways into swimming pools. You'd be swimming around, and every once in a while this creepy, coppery beetle would attach itself to your bathing suit. Not good.



Heather McCluskey
Photographer
Poway

I hate mosquitoes and everything about them. They poke you, and you don't even know it. You might not feel it right away. They bite you all over, and you end up itchy and scratching yourself the next day. I hate them buzzing around your ears, too.



Jennifer Rueben
Waitress
Escondido

I hate all of them! I don't want anything crawling on anything. If I had to pick a few of the worst, though, I might say cockroaches and those snapping ones with the pinchers. What are they called? Earwigs? They just look nasty. Ants don't really bother me, though.



Lily Perez
Waitress
Scripps Ranch

It would be spiders, although I'm not sure if those are really considered bugs. No other insects really bother me. But I sometimes freak out when I see spiders crawling on things. If I see a spider in the house, I'll go and get my dad. He'll have to squash it for me.

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ups. Yard. Nice Westwood location. 17871 Toltec Court. Agent, 619-298-7724. **RANCHO SANTA FE.** \$3550. 2 bedroom, 2 bath house on 1 acre. Horses/pets OK. Rancho Santa Fe/Torrey Pines School. 8046 Del Dios Highway. Leasing Unlimited, 760-436-7273. **SAN CARLOS.** \$2195. 3 bedroom, 2 bath 1650 square-foot lovely upgraded home. Large kitchen, stove, double oven, all appliances, open floor plan to family room with fireplace. Fenced back yard, covered patio. Attached 2-car garage. Washer/dryer, air conditioning, gardener. Quiet neighborhood, close to shopping. 7515 Rowena. 619-683-9274. **SAN DIEGO.** \$900. 1 bedroom 1 bath duplex. Available now. Pets with deposit. Little private yard. Water/trash included. 619-250-4153. **SERRA MESA.** 3 bedroom, 2 bath, 2 car. Panoramic view yard. Open floor plan, appliances. Large picture windows, central location. Available October 15. \$2000. 858-277-3410. **SPRING VALLEY.** Clean 2 bedroom, 1 bath duplex. Private yard, parking. Small pet OK. Minimum 1 year lease, \$1240/month, \$800/deposit, \$40/processing fee. 8869 Lamar Street. 619-248-3693. **TALMADGE.** \$2500 rent. 3 bedroom, 1-3/4 bath house. Hardwood floors, deck, garage. No pets or smoking. 619-640-7530. www.sdforrent.com. **TALMADGE.** \$1850. 3 bedroom, 1-1/2 bath, detached garage. Huge, private, fenced backyard, hardwood floors, fireplace, washer/dryer, breakfast nook. Pets OK with deposit/permission. 619-233-1301. **UNIVERSITY CITY/UTC.** 1/2 off 1st month rent! 4 bedroom, 2 bath home. 1989 square feet, refrigerator, dishwasher, microwave, washer/dryer, 2-car garage. \$2800/month. Must see! 619-471-2201. **UNIVERSITY HEIGHTS.** \$825/month. Large freshly painted 1 bedroom Spanish cottage. Beautiful landscape, quiet, private. In-house laundry, no pets/smoking. Lots of storage. 4359 30th Street. Val, 619-507-2613. **VALLEY CENTER.** Woods Valley. \$4000. Over 4500 square feet. 4-car garage. On cul-de-sac. Brand new, move in anytime. Nonsmoking. No pets. Call for details, Top Notch Realty, Inc., 858-715-0688.

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AMI Property Management. 619-697-6314. **BAY PARK.** \$1450. 2 bedroom, 2 bath, top floor, panoramic sailboat views/your terrace! Berber. Gated. Laundry. Parking. Cat friendly! Beach/freeway. 2805 Morena. 858-459-1544. **BONITA.** \$825. Utilities included. 1 bedroom studio-style apartment, across from golf course, everything remodeled. New kitchen and bathroom. Off-street parking. 619-894-0536. **CARDIFF.** 3 bedroom, 2 bath duplex, 2-car garage, upgraded, hookups, ocean view, large backyard. Small pets OK. \$2295. Open house, 9/24. 1807 MacKinnon 619-454-0592. **CARLSBAD.** \$1250. Spacious 2 bedroom, 1 bath apartment. Completely renovated. Beautifully landscaped. Carport, on-site laundry. Close to village/beach. No pets. Available 10/21/07. Lease. www.thepalmsapts.info. 760-505-7736. **CARLSBAD.** \$1375. 2 bedroom, 2 bath apartment, pet OK with deposit, parking included, pool, fitness center. Fee. Free search at www.westsiderentals.com. 619-367-3333. **CARLSBAD.** Beautifully remodeled 1 and 2 bedrooms from \$1175. Some with fantastic ocean or lagoon views! Fresh ocean air and just a short walk to beach. Large floor plans. 2303 Ocean Street. Call Judi, 760-434-7721. **CARMEL VALLEY.** Looking for affordable luxury living? 1 and 2 bedrooms. Flexible leases; call for current rates. Near beaches, shopping, easy freeway access, great school district! Free tennis, swimming lessons! Washer/dryer. Parking. Fitness center. Pool. No pets. Club Torrey Pines, 12646 Torrey Bluff Drive. 1-866-354-2096. www.sdreader.com/rent/2106. **CASA DE ORO.** Half off first month! \$1050, 2 bedroom. \$1300, 3 bedroom, 2 bath. Spacious. Laundry, balconies, pool. Available now. Military accepted. Espanol. 619-857-0365. **CASA DE ORO.** Mount Helix. 1 bedrooms starting at \$850. 2 bedrooms starting at \$1025. Park/garden-like settings. Pool. Spa. Close to all shopping. Cats welcomed with deposit. Conrad Villas Apartments. 3917 Conrad Drive. Visit our website: www.progressmanagement.net or call 619-697-6323. **CHULA VISTA.** \$1495. 2 bedroom, 2 bath townhouse style condo in Otay Ranch with 1-car garage. Washer/dryer, balcony, pool. 1892 Minor Creek Lane. Pet OK. Available 10/1. 858-583-0182, www.cal-prop.com. **CHULA VISTA.** \$100 off first month's rent! Spacious 2 bedroom, 1 bath, \$1100 with \$900 deposit OAC. Pool, laundry room. Close to mall/freeway. Available now. 433 D Street. 619-632-0080. **CHULA VISTA.** \$775/month. \$250 deposit. 1 bedroom, fully furnished. 2 blocks from Chula Vista Center. Off-street parking. Laundry room. Lots of trees. 521 Park Way. Office open daily (near Fifth and G). 619-420-5084. **CHULA VISTA.** \$830. 1 bedroom, 1 bath. \$200 off first month's rent. OAC! In a beautiful courtyard setting. Coin laundry, off-street parking, pool, on-site management. 330 K Street. Call Mark, 619-420-1244. sunriseselling.com. **CHULA VISTA.** \$1050. 1 bedroom, 1 bath beautifully upgraded condo. Top unit, 1-car garage, washer/dryer in unit, pool. 723 Eastshore Terrace #60. Agent, 858-560-1178. **CHULA VISTA.** \$1,000. Must see! Newly remodeled 2 bedroom, 1 bath apartment. Off-street parking. New tile/carpet/dual pane windows. Sterling Investments, 858-483-9300. **CITY HEIGHTS.** \$975. Newly remodeled larger 2 bedroom, 1 bath. On-site laundry. Gated entry. Assigned parking. Habla espanol. Near I-15. 4122 Marlborough. Call Benny, 619-521-4710. **CITY HEIGHTS.** \$775 rent. \$600 deposit. OAC. Large, upper 1 bedroom condo with new carpet, parking spot, balcony, laundry. No pets. At 4377 Marlborough Street #6. 619-299-8515. **CITY HEIGHTS.** \$950. 2 bedroom, 1 bath condo, upper unit. Appliances, gated, off street parking. Tropical courtyard. Laundry facilities. 3215 44th Street #24. 619-698-6911. www.goldenmanagement.com. **CITY HEIGHTS.** \$950. Small house (rear). Cute 2 bedroom, 1 bath. Very clean. Fresh paint. Nice carpet. Laundry. Parking. Yard. No pets. Nonsmoking. Near all. 3834 47th Street. 619-275-2648. **CITY HEIGHTS.** \$725. 1 bedroom. Stove, refrigerator, carpet. Assigned parking. Laundry on site. Near busline. No pets. 4336 Estrella Avenue. Agent, 619-298-7724. **CITY HEIGHTS.** 2 bedroom, 1 bath duplex, \$875. Excellent condition, off-street parking, fenced yard. 4342-1/2 Altadena. Available now. Agent, 619-260-1368 or

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CITY HEIGHTS. 2 bedroom, 1 bath, \$995. Huge 1 bedroom, \$925. Air conditioning. Pool, gated, parking, patio. Open house Saturday/Sunday, 12-2pm. 4366 Menlo. 619-284-1045. www.melroyproperties.com.

CLAIREMONT. \$860. 1 bedroom, senior complex. Courtyard. Clean and quiet. On bus line. Laundry. No pets. By appointment only. Call 858-735-4099 or 858-735-5587.

CLAIREMONT/KEARNY MESA. Wexford Manor. Large 1 and 2 bedrooms in beautiful complex with pool, spa, laundry, air conditioning, dishwasher. Sorry, no pets. \$995-\$1295. www.WexfordLiving.com. 7870 Stalmer Street. 858-277-4843.

CLAIREMONT. Furnished studios. From \$395/week. From \$1195/month. Corporate housing available. No lease! Utilities included. Microwave, mini-refrigerator, laundry, heated pool, spa, daily continental breakfast. Central location. Weekly maid service, linens. Garden surroundings. Parking. No pets. California Suites Hotel, 5415 Clairemont Mesa Boulevard. Toll free, 1-888-475-7147. www.sdreader.com/rent/2035.

CLAIREMONT/MISSION BAY. "Unbeatable move-in Specials!" Up to \$400 off move on select units. Newly remodeled 1, 2 bedrooms. 1 bedroom starting \$1085, 2 bedrooms starting \$1300. Air conditioning. Movie theatre. Pet deposit. Gym. Yoga. Pool. Coral Bay Canyon, 3309 Cowley Way. Toll free: 1-877-585-1146. www.CoralBayApartments.com. www.sdreader.com/rent/1031.

CLAIREMONT/MISSION BAY. Unbeatable move-in specials! 1 bedroom, 1 bath from \$1085. 2 bedroom, 1 bath from \$1300. Dishwasher, microwave. Tennis, basketball. Movie theatre, pool, gym, yoga lessons. Pet with deposit. Available now. Monday-Saturday, 9am-6pm. Sunday, 10am-5pm. Coral Bay Park, 3309 Cowley Way. www.CoralBayCanyonAndParkApartments.com. Call: 1-877-585-1146. www.sdreader.com/rent/1070.

CLAIREMONT. \$1250. 2 bedroom, 1 bath duplex. One-car garage. No pets. 2 parking. Carpet. New paint. Clean. Fenced yard/porch, 4416 Clairemont Drive. Juno, 619-275-3445.

CLAIREMONT. 3675 Budd Street. 3 bedroom, 2 bath. 1050 square feet. 2-car garage. Huge enclosed backyard. Clean and well-maintained. \$1625/month; \$1625 deposit. Cassidy, broker, 619-275-LIST. www.timcassidy.com.

CLAIREMONT/BAY PARK. \$1150. Upgraded 2 bedroom, 1 bath apartment. On-site laundry, parking, downstairs unit. 2537 Chicago Street #2. Agent, 858-560-1178.

CLAIREMONT. \$1425. Beautifully remodeled, spacious 1 bedroom, 1.5 bath condo. Reserved parking. Patio. Washer/dryer. Air conditioning. Pool. Exercise room. Small pet with deposit. 760-703-5483.

COLLEGE AREA. \$1450. Spacious 2 bedroom, 2 bath condo, newly remodeled corner unit, Berber carpets. 1100 square feet. Private outdoor patio, view. Washer/dryer. Garage parking. Collin, 619-300-1050.

COLLEGE AREA. 2 bedroom, 1-1/2 bath townhouse, upstairs-downstairs. Great location. Close to SDSU. Spacious bedrooms, living room, fireplace, patio, storage, laundry, central air conditioning, 2 parking spaces. Trolley 1 block. \$1295. Call 619-392-7202.

COLLEGE AREA. From \$825. Remodeled 1 and 2 bedrooms. Near shopping. Pool. Air conditioning. Parking available. Laundry. Barbecue area. Pets considered. 3635 College Avenue. 619-582-3993.

COLLEGE AREA/TALMADGE. \$900. Nice 2 bedroom, 1 bath. Quiet building, downstairs, large rooms. Coin laundry. Cat OK. 4438 Menlo Avenue #3. Agent, 619-469-7790. www.westmanproperties.com.

COLLEGE AREA. \$1325, 2 bedroom, 2 bath. Fireplace. Central heat/air. Microwave, dishwasher. Balcony. Gated. Intercom entry. 4828 Art Street. Agent, 619-298-7724.

COLLEGE AREA. \$795. Utilities paid. 1 bedroom, 1 bath apartment. Includes garage. Laundry. Near SDSU. No pets. 7232 El Cajon Boulevard #12. 619-698-6911. www.goldenmanagement.com.

COLLEGE AREA. 1 bedroom from \$775. Sparkling pool, on-site laundry, barbecue. Central location. Near all. No pets. 4333 College Avenue. 619-287-8380.

COLLEGE AREA. \$750-\$775. 1 bedroom. Near shops. Laundry room. No pets. 6769 El Cajon Boulevard. Apartments in rear courtyard. 619-464-0901.

COLLEGE AREA. \$825. 1 bedroom, 1 bath, great price for great location. Near SDSU. Clean, quiet, secure. Ready for move-in. If you can find something better, rent it! 4533 Alice Street. 619-804-1044.

COLLEGE AREA/TALMADGE. \$975. Large, 2 bedroom, 2 bath apartment. Near all, SDSU. Laundry, parking, gated, 4420 Estrella Avenue. Manager #6. 619-253-2290; 619-281-2063.

COLLEGE AREA. \$725. 5502 Adelaide Avenue. 1 bedroom, 1 bath. Upstairs. New carpet. Small complex. Laundry. Ample parking. No pets. Phillips Realty, 619-291-6686.

COLLEGE AREA. \$1475. 2 bedroom, 1 bath condo, gated building, granite countertops. Washer/dryer, parking. Patio pool. No pets. Year lease. Available now. 858-205-9140.

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tained gated complex. Air conditioning. Pool. Laundry. Assigned parking. No dogs; cat OK. 4601 63rd Street. Agent, Edie, 619-229-9248.

COLLEGE. \$2350 rent. 2 bedroom, 2 bath. Security deposit \$1200. Stove, refrigerator, dishwasher, air conditioning, balcony, pool side unit, mirrored closet doors, parking, laundry facility, secured entry. Available now. 4545 Collwood #6. Call Ed. 858-597-6100.

COLLEGE. 55+, 1 bedroom, 1 bath, senior unit. Gated. \$725/month, \$500/deposit. 600 square-feet, washer/dryer, air conditioning, dishwasher, small deck, courtyard. Near bus/shopping. Move-in special! www.innoreventerprises.com. 619-583-2454.

DEL CERRO. \$1595/rent. 2 bedroom, 1.5 bath townhouse. 2 off-street parking, washer/dryer in unit. Pool, spa. Pets on approval. 7720 Margerum Avenue #145. 619-640-7530. www.sdforrent.com.

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DEL MAR. Furnished room for rent in small boutique hotel. Right in town—walk to everywhere! Short or long term rental available. Kitchenette, hardwood floors. Call for information, 858-755-6560.

DEL MAR. Home is where the heart is at Park Place Apartments. 1 block west of I-5. 1 mile from the beautiful beaches of Del Mar. Walking distance to major shopping and local restaurants. We feature spacious 1 and 2 bedroom apartment homes, starting at \$1435 plus deposit. Pool/jacuzzi. Laundry onsite. 858-481-6620.

DEL MAR. Manager Special! Call for details. 2 bedrooms with ocean view! Garage. Heated pool, spa, fitness center. Dishwasher, microwave. 526 Camino Del Mar. Call 858-755-4721.

DEL MAR. Ocean views! 2 bedrooms, \$1925-\$2295. Block to ocean. Free cable, pool, spa, sauna. Gated, nonsmoking community, no dogs. 201 Fourth Street. 858-481-9585; mikeatla@aol.com.

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DOWNTOWN. Overlooking Downtown, historic neighborhood. Pet friendly. 2 bedroom 1 bath, ground floor, gated building. Remodeled. \$1025 with patio, \$975 without. 167 20th Street. 619-338-8045.

DOWNTOWN. San Diego's first hip hostel hotel. From \$49/night. From \$245/week. From \$19/bed in hostel. Free wireless Internet. Near bus/trolley. Flat screen TVs. European-style detached bathrooms. Restaurant serving breakfast, lunch and dinner. 500 West Hotel. 500 West Broadway. Toll free: 1-888-895-0875. 619-234-5252. www.500WestHotel.com, www.sdreader.com/rent/2114.

DOWNTOWN/EAST VILLAGE. September move-in special! Only \$675/month with 12 month lease! Utilities included! Office hours: daily 8am-6pm. Near Petco Park, bus/trolley. Fully furnished. Bay/ ballpark views. Underground parking. Air conditioning. Laundry. Internet. Club-house/library. Income quality! Island Village. 1245 Market Street. For details, 1-800-351-0613. www.sdreader.com/rent/2070.

DOWNTOWN. Studios with kitchen and bath, \$625-\$700. Single room with private bathroom, \$500-\$550. No smoking or pets. 10th and E Street. Hughes Management, 619-239-1639 x103.

DOWNTOWN. Cozy rooms, \$450-\$625, grab these little jewels today! Very comfortable, convenient location, historic building near C Street trolley. Choice of shared or private bathrooms. Free cable TV, on-site laundry, vending machines, modern elevator, no pets. Southern Hotel, 1159 6th Avenue at B, Hughes Management, 619-239-3808. www.sdreader.com/rent/2099.

DOWNTOWN. Comfortable rooms, \$450/up. Studios, \$650/up. Near Gaslamp District. Very quiet and clean. Free cable TV, on-site laundry, vending machines, community kitchen, shared bathrooms. Near shopping, restaurants, movie theatres and Horton Plaza. No pets. Arlington Apartments, 701 7th Avenue. Hughes Management. 619-231-2385. www.sdreader.com/rent/2097.

DOWNTOWN. Economical furnished rooms, \$400-\$500, best price, save money. Conveniently located on C Street trolley line, near restaurants, free cable TV, shared bathrooms, on-site laundry facilities, vending machines, elevator service, no pets, 636 C Street (between 6th and 7th). C Street Inn, Hughes Management, 619-234-4165. www.sdreader.com/rent/2098.

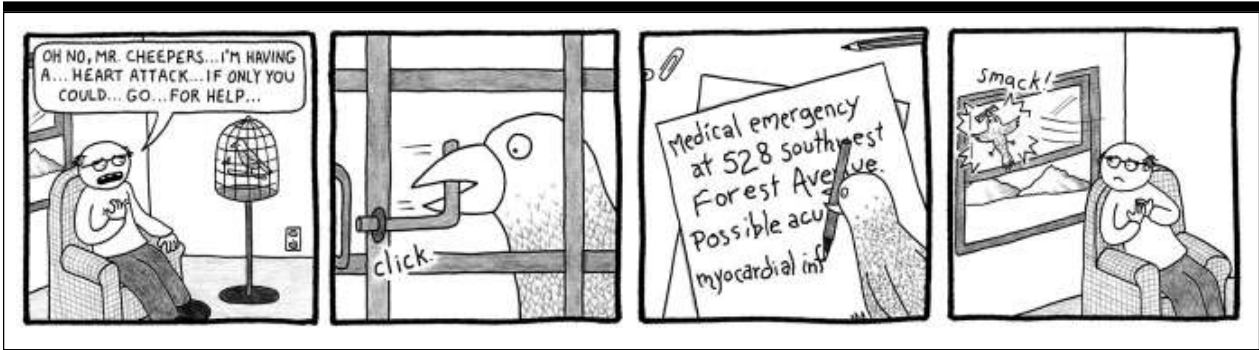
DOWNTOWN. Air conditioned studios with kitchenettes and full bathrooms. No smoking/pets. \$795, including utilities, cable. 728 Market at 7th. Hughes Management, 619-239-1639 x103.

DOWNTOWN. Gaslamp area. Move-in special, \$280. Community kitchen, shared bath, on-site laundry, vending machines, no pets, Star Hotel, 522 7th Avenue. 619-235-6068. Hughes Management.

DOWNTOWN. Outstanding furnished rooms, \$400-\$500. Heart of Gaslamp. Shared bathrooms. Community kitchen. Free cable TV. No pets. 843 4th Avenue. Windsor Hotel. 619-235-6068. Hughes Management.

DOWNTOWN. Attractive rooms. Shared bath. Utilities included! Near City College! \$400-\$595 per month. Weekly rates

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from \$125! 719 14th Street, Villa Victoria. Hughes Management, 619-231-2385.

DOWNTOWN. Furnished studios. From \$59/daily, from \$210/weekly rates! Ideal, affordable, short-term stays. Private bath-

room, kitchenette, microwave, refrigerator, cable TV. Air conditioning, laundry, voice mail. High speed Internet. Food service daily. Near trolley/bus/freeway, Balboa Park, Gaslamp. West Park Inn, 1840 4th Avenue. www.westparkinn.com. 619-236-1600. www.sdreader.com/rent/2037.

DOWNTOWN. Beautiful building, new furnished rooms. Refrigerator, microwave, TV, cable. Starting at \$175 weekly. 920 Beech Street. Call 619-234-1952.

DOWNTOWN. Brand new rooms near City College. Single rooms with kitchenettes from \$140/week plus deposit (long-term). Includes utilities/cable. Quiet, secure. Shared bath/laundry. Hotel Mediterranean. 619-231-8656. www.hotelmed-sd.com.

DOWNTOWN. Next to City College. Newly remodeled 1 bedroom 1 bath apartment, dishwasher, granite countertops, hardwood floors. Broadway/14th. \$1000. Contact George at 877-605-2984.

DOWNTOWN. Studio. \$800 includes all utilities except electricity. Hardwood floors. View, quiet complex, gated parking, remote entry, laundry onsite. No pets. 1830 Market. 619-405-RENT(7368).

DOWNTOWN. 2 bedroom. \$1200-\$1300 includes all utilities except electricity. Hardwood floors. Quiet complex, gated parking, remote entry, laundry onsite. No pets. 1830 Market. 619-405-RENT(7368).

DOWNTOWN. 1/2 off 1st month rent, \$2300/month. 1481 square feet, 2 bedroom, 2 bath with loft. Great view! Gym, 2 parking spots. Union Square. Pets OK with deposit. 619-471-2201.

DOWNTOWN. The Mark-1/2 off 1st month rent. Community pool, jacuzzi, gym, barbecue areas, 2 parking spaces. 2 bedroom, 2 bath townhome. 1577 square feet. \$3750/month. 619-471-2201.

DOWNTOWN. \$675. Studio, 1 bath apartment, great views, all utilities paid, near Petco Park, controlled access building. Fee. Free search at www.westsiderentals.com. 619-367-3333.

DOWNTOWN. \$1395. 1 bedroom, 1 bath condo, flexible lease, 1-car garage parking, in-unit washer and dryer. Fee. Free search at www.westsiderentals.com. 619-367-3333.

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DOWNTOWN. \$775. 1 bedroom, 1 bath apartment, cat OK with deposit, parking available, paid water/trash/gas. Fee. Free search at www.westsiderentals.com. 619-367-3333.

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DOWNTOWN. \$875/\$895. Beautiful studios. Classic, spectacular building. Hardwood floors. Full kitchen, bath. Murphy beds with built-ins. Laundry/storage on site. Cat-friendly. 619-347-8276. www.iloit.com/biltmore.htm.

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DOWNTOWN/LITTLE ITALY. Bright, corner studio, \$920. 9-foot ceilings. Ideal location. Charming, secure, quiet building with laundry. 1534 Front, near Beech, 619-233-7428.

DOWNTOWN/CORTEZ HILL. Studios, 1 upper, 1 lower, approximately 350 square feet, \$825 includes utilities, 1608 and 1614 8th Street, available now. 1 bedroom, approximately 725 square feet, small yard, \$1250. 10-foot ceilings, hardwood floors, laundry on-site, beautiful garden, city permit parking, top of the hill between Downtown and Balboa Park, 712 Cedar Street, available now. No pets. 12-month lease/\$25 credit check fee required. For information or appointment, call 619-544-1948.

DOWNTOWN/LITTLE ITALY. From \$800/month. Private bath, cable TV, microwave, refrigerator. Utilities included. Secure, quiet, charming. Efficiency apartments with laundry. Near trolley/bus lines, blocks from harbor. On-site manager. Villa Caterina, 1654 Columbia Street. 619-232-3400.

DOWNTOWN/CORTEZ HILL. \$775, studio. Limited access building. Charming,

quiet, residential neighborhood. Utilities paid. On-site laundry. No pets. EOH. 619-299-8746.

DOWNTOWN/GASLAMP. Las Flores Hotel. Small, quiet. \$120/week and up. Four-week minimum. Color TV with basic cable. Refrigerator in most rooms. Secure. 619-235-6820.

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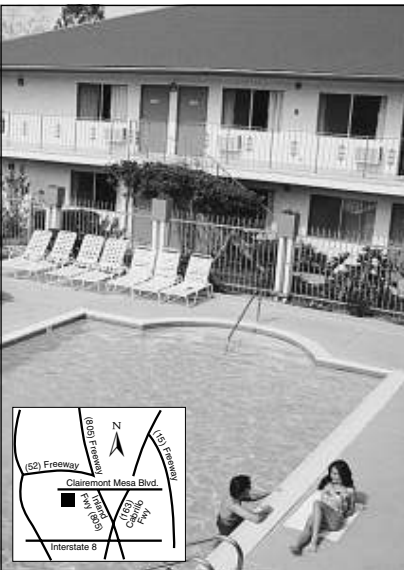
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EL CAJON. Gated community park. Trailers for rent, different sizes. From \$525-\$850. Plus utilities/deposit. Conveniently located, close to trolley, bus, shopping. No pets. 619-334-0591.

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EL CAJON. \$1525. 3 bedroom, 1.5 bath. Centrally located. Yard. Close to public transportation. 653 Avocado Avenue. Available 10/12. No pets. 858-583-0182. www.cal-prop.com.

EL CAJON. Cajon Villas. \$1000, 2 bedroom, 2 bath, \$785, 1 bedroom, 1 bath. Pool. Parking. Air conditioning. Fireplace. No pets. Central location. 933 Peach Avenue. 619-447-9193.

EL CAJON. \$795. 1 bedroom. Move-in special! \$300 off first month's rent. OAC. Central air/heat. Beautiful swimming pool. On-site laundry. Assigned off-street parking. Large storage available. Great location! Regency Apartments, 708 North Mollison Avenue. 619-579-2929.

EL CAJON. \$200 off first month! 2 bedroom, 1-1/2 bath townhome, \$1100. Freshly painted. New appliances, carpet. Patio. Small gated community. Laundry facilities. Pool. No pets. 1397 East Washington. 619-593-6602. stratfordarmsapts.com.

EL CAJON. 2 bedroom, 1.5 bath condo. \$1150/month. 800 square feet, dishwasher, air conditioning, microwave, balcony, community pool. Pet negotiable with deposit. 619-471-2201.

EL CAJON. \$1245. 2 bedroom, 1-1/2 bath bath, 2 story condo. Fireplace. Washer/dryer. Cathedral ceilings. Fenced patio. 2 car garage. Air conditioning. Balcony. 728 North Mollison #C. 619-698-6911. www.goldenmanagement.com.

EL CAJON. \$200 off first month's rent OAC! \$775. Spacious 1 bedroom, 1 bath. Air conditioning, huge pantry closet, patio, pool. Call 619-588-1126. www.sdaptbros.com.

EL CAJON. Move-in special! \$700. 1 bedroom. Air conditioning. Gated. Pool. Laundry. Parking. Available now. 506 Emerald Avenue. More Property Management, 858-514-8201.

EL CAJON. \$899. 2 bedroom, 1 bath upstairs apartment, balcony, dishwasher, central air/heat, on-site laundry, off-street parking. 241 East Bradley. Chris, 619-504-4995.

EL CAJON. \$720-\$820. 1 bedrooms/2 bedrooms. El Cajon's best maintained property with beautiful courtyard and sparkling pool. No pets. 1072 East Madison Avenue. TPPM, 619-444-1614. www.fourwindsapts.info.

EL CAJON. \$755. 1 bedroom. Quaint, well-maintained property with beautiful courtyard. Garage included. Gated access and quiet location. 340 Orlando Street. TPPM, 619-818-9939. www.northwindsapts.com.

EL CAJON. \$635, studio. \$705, 1 bedroom. \$820, 2 bedroom. Beautifully maintained apartments with sparkling pool. No pets. 234 West Park Avenue. TPPM, 619-850-9722. www.palmtowers.com.

EL CAJON. \$715-\$820. Spacious 1 bedrooms/2 bedrooms in beautiful property with sparkling pool. Walk to courthouse and Main Street shopping. No pets. 163 Ballantyne Street. TPPM, 619-579-6248. www.tradewindsapts.info.

EL CAJON. \$895. 2 bedroom, 1 bath. Fenced backyard. Brand new paint, carpet, gas stove. Laundry hookups. One parking spot. Don't miss out! 1100-1154 North Mollison. 619-590-0811.

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ESCONDIDO. 3 bedroom, 2-1/2 bath huge condo with garage, \$1400. Dishwasher, washer/dryer, patio, pool. 1225 North Broadway. 760-489-6932. www.melroyproperties.com.

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FASHION VALLEY/USD. \$1250 rent. \$600 deposit, OAC. Large 2 bedroom, 2 bath townhouse-style unit. Parking for 2 cars. Laundry. No pets. At 5550 Mildred Street #9 or #21. Agent, 619-291-1755.

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GOLDEN HILL. \$650. 1 bedroom, upstairs apartment. New stove, new carpet. New bathtub. Cat OK. 2934 F Street #5. Laundry. 619-284-3324.

GOLDEN HILL. \$950. 1 bedroom, unique 2 story cottage. Very cute. Lots of windows. Fenced yard. Off-street parking. Funky! Garage available. 1933 E Street. 619-559-5423.

GOLDEN HILL. \$1575. 3 bedroom, 2 bath upstairs unit with deck. Tile floors, laundry on site. Small pet OK. 2660 E Street. 858-583-0182. www.cal-prop.com.

GOLDEN HILL. 3 bedroom apartment, newly remodeled, with excellent view of city. Garage, deck, gated. All appliances. \$1500/month. Call 619-303-6585 or 619-838-3228.

GOLDEN HILL. \$700. 1 bedroom, 1 bath. Small bedroom, hardwood floors, patio. Built-ins. Pets OK. 2528 'C' Street. CCPM, 619-296-6699.

GOLDEN HILL. \$950. Funky, you must see inside! 1 bedroom, 1 bath, new paint and stove, refrigerator! Modern, new wood floor(s), good neighbors. Clean, quiet, secure. New lighting. If you can fine one better, rent it! 1120 30th Street. Rachael, 619-804-1044 or 619-713-1044.

GOLDEN HILL/SHERMAN HEIGHTS. Very nice upgraded historic apartment: 3 bedroom, off street parking. Small storage area at rear of unit. New sheet rock, paint, modernized electrical service. Near new stove, refrigerator. Walk, bike or drive to downtown San Diego. Enjoy the Padres without your car. Ceramic floor tile in kitchen, dining area. \$1400/month. Walt, 858-270-7711 or 619-726-2733.

GOLDEN HILL/DOWNTOWN. Ugly but goodie! 1 bedroom, \$825. Remodeled kitchen, new wood-like flooring, off-street parking available. Pet OK with deposit. 619-231-8723.

GOLDEN HILL. \$895. 1 bedroom, 1 bath. Spacious. Upstairs. New carpet. Fresh paint. Parking. On-site laundry. No pets. 2631 A Street. Call 858-571-1970. sunriseliving.com.

HILLCREST. Spacious 1 and 2 bedrooms! Berber carpet, fireplace, spa, gym, intercom, elevator. Sorry, no pets. Hillcrest Summit, 4134 4th Avenue. See photos at www.WexfordLiving.com. 619-299-0047.

HILLCREST. \$925. Spacious 1 bedroom, 1 bath downstairs corner unit with dining area. Built-ins, laundry on-site. No pets. 1263 Pennsylvania Street. Available now. 858-583-0182. www.cal-prop.com.

HILLCREST. Hillcrest Palms. Senior complex. 55+ living! \$900. 1 bedroom apartments. Gated community. Convenient location. Near hospitals, restaurants,

shopping. No pets. 4042 Albatross Street. 619-574-0784.

HILLCREST. Remodeled, all redone! 1 bedroom with garage, granite countertops, stainless steel appliances, maple wood cabinetry. Community sundeck courtyard with water-wall. \$1295/month. Month-to-month. Lease option available. 4077 3rd Avenue. Call Jim, 619-807-7053.

HILLCREST. Newly remodeled! Pool, washer/dryer, barbecue. Granite countertops, stainless steel appliances, maple wood cabinetry, large storage rooms. Clubhouse featuring pool table, flat screen TVs, bar. Large 1 bedroom, \$1395/month. Month-to-month. Lease option available. 1030 Robinson Avenue. Call Jim, 619-807-7053.

HILLCREST. Newly remodeled. Pool, Washer/dryer, barbecue, granite countertops, stainless steel appliances, maple wood cabinetry, large storage rooms. Clubhouse featuring a pool table and flat screen TVs. 2 bedroom, 2 bath, \$1695/month. Month-to-month. Lease option available. 1030 Robinson Avenue. Jim, 619-807-7053.

HILLCREST. \$895. 1 bedroom, upstairs unit. Utilities paid. Laundry. Cat OK. 127 Brooks Avenue. 619-698-6911. www.goldenmanagement.com.

HILLCREST. \$850. Studio, lower level, laundry on site. Pets OK. Shared courtyard. 3722 Vermont Street. CCPM, 619-296-6699.

HILLCREST. \$1995. Classic 2 bedroom, 1-1/2 bath apartment/home. 1 car garage. Available October 1, 2007 is this 1920s apartment home. Over 1450 square feet. This unit was painstakingly restored to its 1920s vintage splendor. All hardwood floors were refinished. The beautiful mahogany wood work was restored. Original fixtures were restored. New ceramic tile in kitchen and bath as original. Replicating the originality was our goal with this unit and I believe it was accomplished. There's a formal dining room. Laundry room with washer and dryer. Microwave, refrigerator and antique range. Lots of closet space, ceiling fans, comes with one car garage. Don't miss this opportunity to live in one of Hillcrest's premier apartments. It's the next best thing to owning your own home. 3756 Fourth Avenue at Robinson Avenue. Cats are OK. Call Scott at 619-846-6615; scott@hendershawandassociates.com.

HILLCREST. Studio, \$835. \$300 off first month! Great location, quiet area. Off-street parking, laundry. Cat OK. 4166 4th Avenue. 619-298-7868. hilltopterrace.rasnyder.com.

HILLCREST. \$1150. 1821 University Avenue. Lovely cottage behind the "Crypt." 2 bedroom, 1 bath. Hardwood floors, breakfast nook. Laundry room shared with tenants. Street parking. No pets. Phillips Realty, 619-291-6686.

HILLCREST. \$950. 1817 University Avenue, behind The Crypt. 1 bedroom, 1 bath. Hardwood floors. Laundry room shared with tenants. Street parking. No pets. Phillips Realty, 619-291-6686.

HILLCREST. \$1175. 2 bedroom, 2 bath. Gated complex, upstairs unit, vaulted ceilings, fireplace, skylight, laundry on site, dishwasher, 1-car garage. No pets. 4094 Georgia Street. CCPM, 619-296-6699.

HILLCREST. \$925. Immaculate, private 1 bedroom cottage with hardwood floors. Spacious kitchen. Excellent, quiet, central location. No pets. Open Saturday, 9-10am. 1214 Essex. TPPM, Monday-Friday: 619-296-8802 or weekends: 858-699-3851.

HILLCREST. \$825. 3820 Georgia Street between Robinson and University Avenue. 1 bedroom, 1 bath. Downstairs. New carpet. Lots of closets. Laundry room. Assigned parking. No pets. Phillips Realty, 619-291-6686.

HILLCREST. \$950. Charming lower 1 bedroom, stainless steel appliances, on-site laundry, parking. Pets negotiable. Heart of Hillcrest. 3533 6th Avenue #2. 619-804-3325.

HILLCREST. \$975. Spacious 1 bedroom in the heart of Hillcrest. New carpet. Laundry. No pets. Open Saturday 9-10am. 1228 Essex #5. TPPM, Monday-Friday: 619-296-8802 or weekends: 858-699-3851.

HILLCREST. \$795. Large studio in small 4-unit complex. Steps to UCSD Medical Center. Very clean, parking, storage, separate kitchen and dining area, utilities included: 3 bedroom, 2 bath house, new paint, floors, hook-ups, \$1800/month. No pets. Both open Saturday, 10:30-11:30am. 4124-4130 First Avenue. TPPM, Monday-Friday: 619-296-8802 or weekends: 858-699-3851.

HILLCREST. 3 bedroom, 3 bath townhome. 2-car garage. Built 2004. Pets OK! Granite, stainless steel, hardwood. Fireplace, balcony, washer/dryer. \$2600. Sterling Investments, 858-344-1063.

HILLCREST/BANKER'S HILL. 1 bedrooms from \$1095. 2 bedrooms from \$1495. Controlled access. Pool. Clubhouse. Parking. On-site laundry. No pets. 111 West Pennsylvania. 619-298-3225.

HILLCREST/MISSION HILLS. \$875 rent. \$600 deposit. OAC. Upper 1 bedroom. Wall air conditioning unit. Parking spot #10. Laundry. No pets. At 4030 Front Street #10. 619-299-8515.

HILLCREST/MORLEY FIELD. \$1895. 2 bedroom, 2.5 bath. Luxury condo with park views. 1200 square feet. All appliances. Parking. 2 balconies. Lots of storage. Washer/dryer. Xlarent.com. 619-683-7638.

HILLCREST/UNIVERSITY HEIGHTS. \$850. One bedroom cottage duplex, hardwood floors, antique charm. 1726-1/2 Meade Street (1/2 block west of Park Boulevard). 619-293-7426.

HILLCREST/MISSION HILLS. \$825. 1 bedroom with large patio. Lovely garden courtyard. On-site laundry. Garage included. Small pet OK. Near UCSD Medical Center. EOH. 619-299-8746.

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LA JOLLA. \$1770. 2 bedrooms, 2 bath condo, cat OK with deposit, resort-style pool, fitness center, gated community. Fee. Free search at www.westsiderentals.com. 619-367-3333.

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LA MESA. \$925. 1 bedroom, 1 bath, balcony; \$1125, 2 bedroom, 2 bath, upper, balcony; \$1175, 2 bedroom, 2 bath, downstairs, yard. 619-697-3285. For photo, floor plans, map and directions, see website: www.sdreader.com.

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MISSION VALLEY. \$1350. Large 2 bedroom, 2 bath. Nice view, big balcony. Dual masters. Parking plus small storage room. Laundry on site. Beautiful pool area. 6111 Rancho Mission Road. By appointment, Broker, 619-548-4599.

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NATIONAL CITY. \$825. Upper 1 bedroom with garage, on-site laundry. No pets. 1740 East Fourth Street. 619-281-4698.

NATIONAL CITY. \$750/month. 1 bedroom fully furnished. Low \$150 deposit. No SDGE deposit or hookup required. 624 East 24th Street. Office open daily. 619-474-3787.

NORMAL HEIGHTS. \$725. 1 bedroom, 1 bath. Bright and sunny! Eat-in kitchen, stove, refrigerator, on-site laundry. No pets; nonsmoking. Mr. A's Property Management, 619-697-1888.

NORMAL HEIGHTS. Charming light, bright 2 bedroom, 1 bath duplex. Hardwood floors. Walk in closets, redwood deck. Built-ins, free Wi-Fi, cable TV. 4706 East Mountain View Drive. \$1200. ED, 619-280-9742.

NORMAL HEIGHTS. \$800. 1 bedroom. Spacious. Pool, off-street parking, on-site laundry. Close to major freeways. Sorry, no pets! 4841 West Mountain View Drive. 619-282-6440. Sunriseliving.com.

NORMAL HEIGHTS. \$725. Spacious 1 bedroom, upper. Stove, refrigerator, carpet, blinds. Parking. Gated. Laundry. 4377 39th Street. www.SeeTheUnit.com. Agent, 619-298-7724.

NORMAL HEIGHTS. \$750. 1 bedroom, upper. Stove, refrigerator, carpet, blinds. Fireplace. Laundry. Parking. 4525 Idaho Street. Agent, 619-298-7724.

NORMAL HEIGHTS. \$1195 rent. 1 bedroom, 1 bath condo. Large balcony, washer/dryer in unit, off-street parking, gated. Pool, Jacuzzi, weight room. No pets. 3535 Madison Avenue #209. www.sdforrent.com. 619-640-7530.

NORMAL HEIGHTS. \$900. Upstairs 2 bedroom, 2 bath, 1000 square feet, recently remodeled, secure building, parking, laundry, Cat OK. Nonsmoking. Open October 6, 11am-1pm. 4675 Bancroft Street #G. 619-276-5899.

NORMAL HEIGHTS. 2 bedroom, 2 bath apartment. Yard, large storage area. Washer/dryer hook-ups. 3343 North Mountain View Drive. Open Sunday 1pm-3pm. \$1390. 760-815-5978.

NORMAL HEIGHTS. \$1100. 2 bedroom, 1 bath, cottage style, patio, washer and dryer hookups, parking. 4564 Bancroft Street. CCPM, 619-296-6699.

NORMAL HEIGHTS. \$850. 1 bedroom. Upstairs. Air conditioning. Gated complex. Laundry on-site. Parking. Available 10/5. 4429 Idaho Street #8. More Property Management, 858-514-8201.

NORMAL HEIGHTS. \$750 1 bedroom, 4263 42nd. \$950 2 bedroom, 4133 37th. Very nice, on-site laundry. No pets. 760-672-0425.

NORMAL HEIGHTS. \$995. 2 bedroom, 1 bath. Upstairs units. New paint, new floors/carpet. Gated complex, laundry on-site. Move-in special, 1/2 off first month's rent on OAC. Available now, 10/15. 4580 39th Street #4592-1/2, 4584-1/2. www.cethron.com. 619-295-1100.

NORMAL HEIGHTS. \$825/month. 1 bedroom, 1 bath. \$825/month. 1 bedroom, 1 bath. Parking, laundry. Gated, quiet complex. Available now, now and 10/10. 4515 35th Street, #3, #6 and #7. Call 619-733-9033. www.cethron.com. 619-295-1100.

NORMAL HEIGHTS. \$1100. 2 bedroom, 1 bath. Upstairs, large, bright, air conditioning, washer/dryer hookups. Small yard. Available now, 4737 35th #4741. www.cethron.com. 619-295-1100.

NORMAL HEIGHTS. \$875. 2 bedroom, 1 bath. Newly refurbished unit. Parking. Laundry. Close to all. Must see! Available now. 4665 34th Street #2. www.cethron.com. 619-295-1100.

NORMAL HEIGHTS. \$1250. 3 bedroom, 1-1/2 bath, split level, all appliances, air conditioning, new flooring and paint, on-site laundry, parking. Pets negotiable. 4389 39th Street #4. 619-804-3325.

NORMAL HEIGHTS. 2 bedroom, 2 bath. \$1250. Attached garage, fireplace, central air conditioning and heat, dishwasher, stove, refrigerator. Patio. Washer/dryer in unit! No pets. 858-571-1970. sunriseliving.com.

NORMAL HEIGHTS. \$1495. Upgraded 2 bedroom, 1 bath apartment plus garage. Laundry onsite. Fresh paint. No cats; small dog OK. 949-705-9332.

NORMAL HEIGHTS. \$795. 1 bedroom. Upstairs, new carpet and blinds, hardwood floor in bedroom, new gas stove, parking. No pets. 4544-1/2 37th Street. Agent, 619-296-3189.

NORMAL HEIGHTS. \$1095. 2 bedroom, 1 bath. Spacious. Downstairs. Patio. New carpet. Laundry facilities. Parking. Cats

OK. 4463 Oregon Street. Call 858-571-1970. sunriseliving.com.

NORMAL HEIGHTS. 1 bedroom, \$850. Newly remodeled. Pool barbecue. Parking, laundry. Move-in special! Open house Saturday, noon-2pm. 4566 36th Street. Call 619-284-2104. www.melroyproperties.com.

NORTH PARK. Spacious 1 bedroom, 1 bath, \$795. Quiet complex. Gated. Parking. Laundry on site. Easy freeway access. 1 year lease. No pets. 619-303-4969.

NORTH PARK. Large contemporary 3 bedroom, 2 bath townhouse in security-gated fourplex. \$1650. Washer/dryer, dishwasher, skylight, garage and carport. No pets. Nonsmoking. Available October 1. 3931 33rd Street. 619-284-7446 or 619-618-6340.

NORTH PARK. \$950. Spacious 1 bedroom house. Refrigerator. Tiled kitchen/bath. Newer appliances. Dinning room. Parking. Coin laundry. Large yard. No pets. 3819 Wabash. 619-286-3400.

NORTH PARK. \$650 includes utilities. Small studio with private entrance. Kitchenette with microwave. New: tile/carpet/windows. \$500 deposit. Nonsmoking/pets. Available 10/15. 619-640-2575.

NORTH PARK. \$850. Small 1 bedroom, downstairs apartment. Garage. New bathroom fixtures, air conditioner, cabinets, tile kitchen/bath. Laundry on site. 3974-1/2 32nd Street. 619-284-3324.

NORTH PARK. \$775 rent. \$600 deposit. OAC. Large, lower level 1 bedroom. New carpet. Parking spot. No pets. At 4044 32nd Street #2. 619-299-8515.

NORTH PARK/HILLCREST. Studio, \$700. Gated, dishwasher, laundry facilities, parking. No pets. Close to Naval Hospital, shops, freeways. 3722 Alabama Street. 619-299-1699. www.melroyproperties.com.

NORTH PARK. 1 bedroom, \$795. Small complex, gated, laundry, parking. No pets. 4128 Wabash Avenue. 619-281-0579. www.melroyproperties.com.

NORTH PARK/MORLEY FIELD. \$785. Nice 1 bedroom apartment. Single story. Small, quiet property. Inside cat OK. 3764 Villa Terrace. Agent, 619-469-7790. www.westmanproperties.com.

NORTH PARK. \$750. Upstairs 1 bedroom. Fireplace. Breakfast bar. New Berber carpet. Laundry on-site. Cats OK. Off-street parking. www.goldenhillpm.com. Agent, 619-234-9553.

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NORTH PARK. \$1000. 2 bedroom, 1 bath. Nice bright apartment with hardwood floors and laundry. Available now. 4119 Kansas Street. www.cethron.com. 619-295-1100.

NORTH PARK. \$1150. 2 bedroom, 2 bath. Quiet. Tile floors. Lower unit. Gated entry. Parking. Laundry. Available 10/05/07. Move-in special, \$500 off. OAC. 4177 Illinois Street #1. www.cethron.com. 619-295-1100.

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OCEAN BEACH, \$1050. Large 2 bedroom apartment. Vertical blinds, off-street parking, laundry. No pets. Near YMCA. Available now. 4419 Montalvo Street. 619-523-0763.

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OCEAN BEACH. \$995. 1 bedroom. Downstairs, remodeled. Stove, refrigerator, dishwasher, microwave. Close to cliffs. No pets. Available now. 4784 Bermuda. Del Sol Property Management, Broker, 858-270-2071; www.delsolpm.com.

OCEAN BEACH. \$995. Large downstairs studio with laundry facility! Across from Balboa Park. No pets. 2804 6th Avenue. Call 619-222-4836 x14 or www.sunsetpacificrealty.com.

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OCEAN BEACH. 2 bedroom, 1 bath oceanfront upstairs apartment. Garage space. Awesome view! Walk to beach! Small pet OK with \$25 rent increase plus deposit. \$2000/month. Available 10/1/07. 619-602-0500.

OCEAN BEACH. 2 bedroom, 1 bath condo. Completely renovated! Granite counters, stainless steel appliances, stone floor, tile bath, stacked washer/dryer, mirrored wardrobes, storage closet, 1-parking space. Shared barbecue/fountain. Move-in ready. Nonsmoking/no pets. \$1975. imondlava@yahoo.com. 619-602-0500.

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OCEANSIDE. \$1025, 1 bedroom, back unit over garage. \$1750. 2 bedroom, 2 bath. Tiled floors. Laundry. 1312 South Pacific Street. More Property Management, 858-514-8201.

OCEANSIDE. \$875. 1 bedroom, 1 bath apartment, gated parking, on-site laundry, paid water and trash. Fee. Free search at www.westsiderentals.com. 619-367-3333.

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PACIFIC BEACH. \$2500. 2 bedroom, 1-1/2 bath house. 2-car garage. Large yard, patio area. 2 blocks to beach. 4930 Mission Boulevard. Boone Property Management. 858-274-3600. www.booneproperties.com.

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PACIFIC BEACH. 2 bedroom, 2 bath, downstairs. Parking. Balcony. Newer paint/carpet. Laundry onsite. Small pets OK. Open daily, 5:00pm-6pm. Call when you're ready to be buzzed in! 1645 Emerald, \$1595 includes cable/water. Year lease. 619-957-7755.

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LEAD STORY

— The periodic Christian Nudist Convocation took place in July at the Cherokee Lodge nudist camp in Tennessee, and according to a dispatch in *Nashville Scene*, the group evokes skepticism not only from most Christians but from most Cherokee Lodge members, who see them as too intense for naturism’s laid-back attitude. One CNC attendee acknowledged that many Christians would not approve of Cherokee Lodge, but to him “[I]t’s Jerusalem.” Another compared his work at nudist camps to missionary work: “[S]ome people get sent to Africa, some people get sent to South America, and the Lord was, like, ‘I want you to go to nudist resorts.’ And I’m, like, ‘Wow, what an assignment.’”

Civilization in Decline

— Sweden’s English-language Internet news site, *The Local*, reported in August that a couple in Kinda Municipality had been denied generous welfare benefits because they object to the government’s work requirements. The husband wanted the payments even though, he wrote, “Conventional work is out of the question for me, both in terms of my conscience and on an intellectual level, as it seems objectionable with regard

to both my personal well-being and the well-being of society as a whole. Emotionally, too, [conventional work] creates unbearable pain and dejection.”

— Video Nation: (1) A 38-year-old man drowned off Ocean City, Md., in July, trying to save his two sons from a rip current. Two men from a nearby parasailing boat had jumped in to help and could have used more assistance, one said, except that the boat’s passengers declined, with several more concerned with video-recording the drowning. (2) As a 27-year-old woman lay dying from a stab wound incurred at a Wichita, Kan., convenience store, in June, at least five customers stepped over her to enter the store, including one who stopped to photograph her on a cell-phone camera.

News that Sounds Like a Joke

— (1) In July, National Hockey League player Derek Boogaard, an “enforcer” known for his willingness to brawl, opened the Derek and Aaron Boogaard Fighting Camp in Regina, Saskatchewan, to train teenage hockey players. (2) Iran’s state-sponsored news agency IRNA announced in July that its agents had broken up a Western countries’ “spy ring” that employed more than a dozen

squirrels trying to bring “spy gear” of foreign agencies into the country.

The Continuing Crisis

— One priority of President Vladimir Putin’s Nashi national youth movement is procreation to build up Russia’s declining population, according to a July report in London’s *Daily Mail* (which also charged the Nashi with inculcating authoritarianism). Its two-week convention in July (with 10,000 in attendance) featured onsite sexual encouragements with not a condom in sight. . . . In Russia’s Ulyanovsk province, the government again this year promoted Sept. 12 as a patriotic conception day, featuring SUVs and other prizes to couples who manage to time their blessed events for June 12, which is Russia’s Constitution Day.

Everyone Has a Button Waiting to Get Pushed

— (1) In August, employees at the bar Changes in Seattle had to break up a karaoke-night attack by a woman on a man who was singing the Cold-play song “Yellow.” The woman had shouted, “Oh, no, not that song. I can’t stand that song.” She charged the stage, screamed at the man, and shoved him. It took four men to hold her for

police. (2) Megan Conroy, 18, pleaded guilty in Brisbane, Australia, in September, to assaulting a 40-year-old man in May (by kicking him in the testicles) because he had mispronounced her first name. (And if you ever meet her, it’s “mee-gan,” not “may-gun.”)

Least Competent People

— Quinton Thomas, 22, strengthened the murder charge against him in April when he mailed a letter from the jail in Rockville, Md., believing that the contents would not be read by jail officials. However, Thomas had gotten the recipient’s address wrong, causing the post office to “return to sender,” and officials inspect all incoming mail (for contraband). According to an August *Washington Post* report, Thomas characterized his emerging alibis and also wrote about a witness, “This white [expletive] can’t make it to court on May 7 through May 12, ya feel me. I don’t care what you gotta do, you don’t even gotta stink the cracker, he just can’t make it to Rockville that whole week, Homie.”

Send your Weird News to Chuck Shepherd, San Diego Reader, P.O. Box 85803, San Diego, CA 92186 or to WeirdNewsTips@Yahoo.com

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SHERMAN HEIGHTS. 532 21st Street #6. \$695. 1 bedroom, 1 bath. Upper unit. Free utilities! Section 8 OK. Quiet, below market! vr@ajprop.com. A&J Property Management, 888-483-9925.

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My first roommate had a genuine hangup about the kitchen. You could probably write a story about his mother, a story full of b.s. based on Freud. I'm a primate — I eat when I'm hungry, and so did all my ancestors. If they didn't, they died. No wimp is gonna make me dead. Nobody can tell me not to eat this or that, just 'cause I didn't deliver it. Hell, if he ate my refritos, I wouldn't squawk. The son of a bitch pitched a fit nearly every week. If we aren't here to keep each other alive, then we shouldn't be here. Well, he sure ain't here anymore. Good thing he moved out or I'd have eaten his picayune ass and spit it out.

Next, I was treated to a co-tenant (that's what the bookworm dipshit said we were — imagine that!) who must have had something wrong with his ears. He couldn't stand anything but silence. *Homo sapiens*, I say, ain't bred for silence. We're a noisy lot, but I guess there will always be some freaks. Ted from Encinitas was a freak. Ted, if you read this, kill yourself. This jerk screamed when I listened to talk radio. He whined when I turned on Letterman, and he pouted when I put on KSON. Like I said, I need a lot of room, so there was no point in playing the stuff soft — I needed to hear it no matter what room I was in. Ted from Encinitas likes quiet. Where I hope he is now, maybe he's got it.

If you see him, tell him to shut up. That's his favorite phrase.

In a lot of ways, he was like the next jerk. Where do I find these guys? I thought, him bein' from Idaho, and white, and born in this country and all, he would speak English. But he must not have liked the sound of it, 'cause he never had anything to say. Look, folks, am I so strange? When I got somethin' on my mind, I share it. Y'all must understand, you're readin' this literary rag, right? My dipshit roommate, Norman the Mormon (though he wasn't, who could tell?) never had nothin' to say. And, he said, he moved out — after only six weeks, can you believe it? — because I talk too much. Look, if you've got somethin' to say, say it. Now. That's the way inspiration works; it don't wait around. If you don't want to talk to me, you can suck eggs, you can drop dead. Do you catch my meaning? Norman, who paid his rent, never knew what I was talkin' about. What a shithead.

The next guy — Jesus, why does this happen to me? — the next guy had the soul of a clerk, for sure. Schedules and calendars and due dates and time and toe the line; that's the kind of stuff he liked to worry about. If my rent is late, the

world ain't gonna stop. Landlords ain't the Mafia, are they? I was in a hole; money was tight. So, one month he paid the whole thing. Who asked him to? A lot of you folks are carryin' around too much guilt or too much damned-fool fear. Don't be afraid of the property owners. They're not better armed than we are. That's what I told this dude — I showed him my granddaddy's rifle. It's a Sharps 50, a pain in the neck to use, but it looks fine.

After the next month, when I figured since we were paid up to date, I didn't need to sweat the small shit, he went ballistic. "Where's your rent? Where's last month?" I don't need that. He paid again, and I threw his ass out. Nobody yells at me about money. I'm a stand-up guy, and I nearly knocked him down. But instead, he left. Some folks never learn to carry their own weight.

Back in Texas, we learn to sit in our own shit. Now, that may sound gross, but this is what it means. If it's your fault, you gotta pay for it. Makes sense, right? My last roommate never got the concept. When he moved in, he brought a bunch of delicate crap with him. Lamps, crystals, pansy-assed glasses with long

skinny stems, even a table with a glass top. He brought it in. Its presence, if you don't mind, was his fault. I ain't gonna change my patterns for some bunch of fancy furnishings. Can you believe it? That's what he called the stuff in the lawsuit: "furnishings." To hell with him, and his lawyer, if he really has one. I doubt it. The stuff that broke was not worth havin', and I'm sure this great country of ours won't support his damned-fool claims. I did not — repeat, *not* intend any damage. And I never will again share my home with such an ass.

So, that's my story. If you must count every slice of bread, if you can't stand a little conversation or some background music, if the day of the year is more important to you than the case of beer, or if you love shiny little friggin' things more than human life, then leave me the hell alone. I don't want to be your roommate either.

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BACK WHEN

In the Reader

Thirty Years Ago

Shotgun Tom Kelly, voted the nation's number-one Top-40 DJ last year by *Billboard Magazine*, is almost a parody, a flesh-and-blood caricature of what a disc jockey is supposed to be. At some of Kelly's rival San Diego stations, they're whispering: "Nobody's told him yet that he's extinct." But what they don't understand is that Shotgun Tom has it all figured out. Underneath the veneer of bushy monster beard and ranger hat, he has arrived at a shrewd and important conclusion: to be hip in the '70s, one must be *square*.

—"THE LAST OF THE SCREAMERS," *Richard Louv*,
September 29, 1977

Twenty-Five Years Ago

How did San Diego Opera general director Tito Capobianco cotton to the recent cancellation of the 1983 Verdi Festival? He furrows his eyebrows, which shoot up like flames on his creased forehead. "It was like a deep wound," he says through his nearly impenetrable Argentine accent. "Like killing one of your babies."

—CITY LIGHTS: "TITO TOTTERS?" *Neal Matthews*,
September 30, 1982

Twenty Years Ago

Ten years ago, Al Arffmann was devoting

hours every day to cleaning up the streets of La Jolla, his neighborhood, which he did as an act of public service. Back then Al confided his dream of opening a natural foods restaurant, an aspiration that, for a 60-year-old man in uncertain health, seemed exceedingly ambitious. But Al's unorthodox establishment, christened the Pearl, opened its doors in March of 1980, and Al toiled to serve patrons both lunch and dinner in the tiny restaurant tucked away behind La Jolla Produce on Pearl Street. Then, in August of last year, the Pearl closed. What had happened?

Arffmann then explained, "I underestimated, due to my lack of experience, the time and energy that would be required to keep her functioning."

—CITY LIGHTS: "AN UPDATE ON AN OLD FRIEND,"

Jeannette De Wyze, October 1, 1987

Fifteen Years Ago

What titles other than the Bible were most likely to be filched from Hunter's? The manager sighed. "The *Thomas Guide for San Diego County*. We keep them behind the counter."

Fashion Valley's B. Dalton store manager said that Terry McMillan titles were in great demand but were not leaving the store as stolen goods. But *Thomas Guides*, whose San

Diego version sells for \$15.95, were always a problem. Also reference books and dictionaries. "The *Waldo* books, Shel Silverstein's books, and big photo essay books are particularly high loss items."

—CITY LIGHTS: "BOOK THIEVES TERRORIZE LOCAL STORES," *Judith Moore*, October 1, 1992

Ten Years Ago

For years I have been made to feel like a communist, a foreigner, a child molester or worse, all because I can't stand football.

I watched part of a game yesterday anyway — or I tried. I sat naked in the sweltering heat, wondering why football season begins in the middle of summer. I know very little about the game; I am not, for example, clear on what a "down" is, though I assume it's not terribly complicated. So, if you're a fan, unless you want to work up your blood pressure, seek me out, and kick my Nancy-boy ass, I wouldn't read any farther.

—CITY LIGHTS: "WHY I HATE FOOTBALL,"

John Brizzolara, October 2, 1997

Five Years Ago

"Rick had a rather large domestic automobile. It was a convertible. And Mr. [Paul] Pfingst would call it the Jew canoe. He



San Diego Reader, October 2, 1997

refused to ride in it.

"I asked him one day why he has this antipathy towards Rick, why he doesn't like Rick, why does he pick on Rick, and his response to me was that I wouldn't understand because I was from Southern California. And he told me that when you're from New York, you learn to hate Jews. Mr. Pfingst is from New York."

—CITY LIGHTS: "THE PFINGST TAPES,"

September 26, 2002

Columns archived at SanDiegoReader.com

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FAINTING COUCH, authentic, turn-of-the-century antique, dark walnut with gold velvet fabric, \$775. Amy, 619-231-0030.

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METAL SHIPS, 1948, 19" boxes 2 1/2 to 8", \$250. 619-222-1505.

WANTED: old guitar or amp. Collector/player paying top money for your pre-1970s guitar or amp. Any condition, working or not: Fender, Gibson, other. 619-437-6550.

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BAY PARK. Tons of books, collectibles, jeans, dishes, quality items! Moving sale, priced to move. 1526 Elevation Road, 92110. Sunday, 9/30. Starts at 8:30am.

COLLEGE AREA. Garage sale. Saturday, 9/22, 8am-noon. Just moved and don't have space for everything! Furniture, clothing, miscellaneous household items, plants, more. 4759 Rolando Boulevard.

DOWNTOWN/LITTLE ITALY. Huge rummage sale. Sunday, 9/30, 7am-2pm. Sale to benefit homeless teens. Lots of cloth-

ing and furniture. Corner of Kettner and Grape.

ESCONDIDO. Multifamily garage sale. Saturday, 9/29, 8am-1pm. Furniture, kid's clothes, strollers, miscellaneous household, snarf boat. 440 South Vine Street (access 9th, 5th, or 2nd).

ESCONDIDO. Garage sale. Saturday, 9/29, 8am-4pm. Household items. Lots of really great stuff. Some furniture. 40-gallon gas water heater, works, free. 2142 Singingwood Place.

LEUCADIA. Moving sale. Saturday 9/29, 9am-1pm. Furniture, electronics, artwork. Household goods and more! 128 Andrews Avenue, Encinitas, Ca 92024.

NORMAL HEIGHTS. Garage/multifamily sale. 7am-noon, Saturday, 9/29. Twin beds, clothing, DVDs, seasonal items, toys, everything must go. 4720 32nd Street.

PACIFIC BEACH. Yard/moving sale. Saturday, 9/22. Clothes, kitchen table/4 chairs, appliances, tools, electronics, water fountain, surfboards, golf clubs, speakers, backpacks. Jewell at Fortuna.

PACIFIC BEACH. Garage sale. Saturday, 9/29, 8am-3pm. Vintage clothes (women's, men's, teen's), jewelry, books, shoes, purses, suitcases, cot, chocolate fountain, gym equipment, rollerblades. 3910 Gresham.

PACIFIC BEACH. Saturday, 9/29, 8am-2pm. Original oil paintings, frames, easel, Makita drill kits, metal detector, topaz gem crystals, Kirby vacuum, men's leather jackets. Fanuel/Loring.

PACIFIC BEACH, NORTH. Garage sale. Sunday, 9/30, 8am-noon. No early birds. Miscellaneous items. Alley behind 1404 Opal Street.

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POINT LOMA. Saturday, 9/29, 9am-3pm. 2811 Jarvis Street. Moving out! Daybed, dresser, TV, microwave, laptop, dishes, jewelry.

SERRA MESA. Yard/patio sale. 8am until 4pm, Saturday, 9/29. Furniture, appliances, lots of stuff. 3039 Murray Ridge Road.

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REFRIGERATOR, Sears Kenmore, 21 cubic feet, top freezer, white, excellent working condition, very clean, all glass shelves, \$150. 760-729-6379.

SEWING MACHINE, with attachments, freestanding, Phoenix, excellent condition, \$39.95. 619-222-7290.

WASHER, Maytag, wringer type, electric, works, white, \$175/best. It works. A beautiful addition for a collection. From the 1950s (I think). 858-278-1048.

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WASHER, Maytag, heavy duty, extra-large capacity, very good condition, \$100. 619-449-9047.

WASHER, Maytag, coin op, \$225. Stackable washer/dryer, apartment size, \$225. Can deliver. 619-977-9188.

WASHER/DRYER, stackable, \$200. Electric stove, \$40. Stainless steel double sink/faucet, garbage disposal, all \$25. 760-599-0249.

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A/V RECEIVER, Pioneer Elite VSX-53TX, 7.1, 100W/channel, THX Select, DD-EX/DTS-ES, digital audio, component, S-video I/Os, manual, remote, microphone, \$100. 619-235-8200.

perfect, \$299 cash. North County, 619-508-2688.

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TV, 27" Sony Trinitron, great picture, with VHS, amplifier, cassette recorder/player, and 2 speakers, all for \$150. 858-273-3273.

TV, 51" Sony HD 1080i KP-51W5510, perfect condition, 3 years old, \$500. 619-227-0842.

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BED A DISCOUNT store. Mattress World in Hillcrest sells new beds at warehouse pricing lower than regular stores. Student specials, fast delivery or pickup, national brands. Member of the Better Business Bureau. Mattress World, 1601 University Avenue, 2 blocks west of Park Boulevard in Hillcrest. Check www.sandiegobeds.com or email to: info@davisworld.com. Call: 619-260-8000.

BED FRAME, metal. Fits different size beds. Can be easily taken apart to be transported in a car. \$20. 858-277-3065.

CHINA CABINET, mahogany, Duncan Phyfe style, lighted display case, with 3 shelves, drawer, enclosed storage on bottom. Store value \$895. Yours for \$650. Photo available. 760-729-6571.

CONCRETE PATIO TABLE, seats 6, high grade, your choice of tile installed, all weather. \$300. Credit cards accepted. 760-250-7055.

DAYBED. White with gold trim. Pop-up trundle with 2 good mattresses, \$180. 619-865-3424 or 619-226-0705.

DESK, antique oak rolltop, pigeonhole shelves, desirable scroll work, coffered sides and back, coffered kneehole inset, 8 side drawers, 2 pencil trays, 27"Dx46"Hx48"W, \$1050. 858-538-6363.

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FUTON, large twin, ash frame, rarely used, design print cover, excellent condition, \$150. 858-481-7384.

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SOFA SLEEPER, nice condition, \$300. Red overstuffed chair, \$200. Huge ottoman, \$250. Leather recliner, green, \$550. Retro 1950s gray table chairs, \$200. Delivery extra. 858-864-2708.

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Jerry Sample, Jr. (General Manager) is an ASE Master Technician who is also **Acura/Honda factory-trained**. With well over a decade of experience, including several years working as a top mechanic at a well-known local Acura dealership, you can be assured of top-notch quality service. Jerry takes pride in what he does. His diagnostic skills are well-known throughout the industry. Often when customers are unable to achieve satisfaction elsewhere, they are directed to Jerry for an analysis. He thrives on a good challenge. Jerry will also take the time to explain to customers what he believes the problem is and how he would go about fixing it.

Greenlight Honda Acura Care prides itself on quality and service. We are proud to have more than 1,000 customers in San Diego and surrounding areas. The loyalty of our customers attests to Jerry and his crew's integrity.

Bryan Bettencourt (Service Technician) also has many years of experience in the automotive business including audio and communications. Bryan is the "go-to" guy for all your electrical needs. He complements Jerry in every way. Together, Jerry, Bryan and their team are a formidable group of technicians, ensuring that you walk away a satisfied customer. Some repair shops take shortcuts and often cover up problems with a temporary fix. We know...we fix their mistakes!

Bottom line: **We do it right the FIRST time! Our standard is to use factory parts and perform quality work...just at a more reasonable cost.**

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BOOKS, Disney (17). 2 boxed Disney Christmas ornaments. \$35. 858-277-8544.

BRIDAL GOWN, Size 14, long train and slip \$250. Bookshelf headboard, king,

Walnut (no mattress or frame) \$50. National City 619-477-4868.

CAR COVER, expensive, \$35. Dumbbells, 150lbs., \$45. Antique sword, \$45. Antique leather holster/gun belt, \$25. New camp lantern, \$10. 15" tires, excellent, \$15 each. 858-581-6223.

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MICKY MOUSE OLD PHONE, Collector. New in box. Antique French lord statue 13" pewter, brass teddy bear, \$15. Brass hi-top hat and small one \$15-\$45. 702-334-2350.

MICKY MOUSE OLD PHONE, Collector. Antique French lord statue 13" pewter, brass teddy bear, \$15. Brass hi-top hat and small one \$15. \$45. 702-334-2350.

MILES DAVIS COLLECTION, Concert T-shirts, photos, various magazines, newspaper articles, included for free various rare video \$50/best. Call Tom at 760-529-9836.

MINERAL COLLECTION, cabs, slabs, cutting rough, crystals, lots of quartz including Herkimer diamonds, unusual tumbled, much more. Knife collection, old Kershaws, Schrade IXLs, others. 619-260-8482.

MOVING SALE. Panasonic 27" color TV in great condition with remote. Bookshelves, table, rocking chair, hutch, standing lamp, pet carrier, some books, entertainment center. 619-590-9044.

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OH, THEY LOVE TO TELL YOU THEY'RE IN A WHEELCHAIR, DON'T THEY? This one screamed it.

"I see you're in a wheelchair, sir." I said, exasperated with his shenanigans.

"Then why the hell did you park in *my* spot?"

His spot stands empty, all week, until he navigates his giant Lincoln into it, wheels himself into the liquor store, and returns with a lap full of brandy. You'd think a man in his 20s would opt for a masculine and shining SUV to drain his disability check instead of the 20-year-old Town Car. The kid lost the bottom of his legs in Iraq.

"It's not your spot," I answered. True, he'd fashioned a rectangular plaque from a former wine box, covered it in masking tape, and scrawled across it, "Rodney's Spot! Don't Park Here!" And the ink is very close to "cripple blue," but that's hardly an official designated handicapped parking place.

"You'd take a spot from a man in a wheelchair?" he asked.

"Listen," I said as I grabbed him by the collar. "You like to bully people with this thing. It's your ramming chariot, and you like to bang it into anyone you meet to show them your raw deal and shriveled legs. But, really, you're just a jerk. I parked in this spot maybe ten minutes, and I'd leave it now if you hadn't blocked me in. You want to sit here and eat cookies and drink brandy all day, but did you know that Harry Truman was in a wheelchair? And he was a president!"

"Truman wasn't in a wheelchair, you moron!" he answered. I cocked an eyebrow; maybe he was right. "That was Roosevelt."

"Aha!" I yelled. "So you already know you don't have to live your life as a booze-soaked and sugar-dusted lump under a plaid blanket. You could be any...wait. Was that Teddy or Franklin?"

"FDR."

"Was he the fat-cheeked one with the big choppers and spectacles?"

"Nope. The other one. FDR was on TV. He said, 'The only thing we have to fear...is fear itself.' He was in black-and-white, but still TV. I think Teddy was back before moving pictures."

"Were they brothers or something?"

"Cousins. Want to know what else is weird? FDR married Eleanor Roosevelt. She was *already* a Roosevelt. They were cousins, too."

"I had no idea. Hey. You got another cookie? Let me have a sip of that brandy."

WHAT I WILL AND WON'T WATCH THIS WEEK

THURSDAY, SEPTEMBER 27

JOHAN THE YOUNG SCIENTIST
ITVS 7:35 P.M.

Sometimes I'm a scientist. "Look!" I yell. "I've cured cancer with bubblegum chewed by the butt of a baboon!" I've got one of those reflector things over my eye and a bald kid looks up at me from his hospital bed with hope and love in his gaze. A group of old fat men in white jackets applaud me and I'm elected chancellor of the world.

REAPER
CW 9:00 P.M.

Do other animals have grim reapers? Is there

a zebra reaper that gallops through the Serengeti in a black hood with a scythe between his teeth? His red eyes dart around in the blackness until he spots it, the one sick and weak zebra drinking a little too close to the hyena pack. "Gadzooks!" the zebra reaper whinnies.

FRIDAY, SEPTEMBER 28

MOONLIGHT
CBS 9:00 P.M.

Unless you're Sarah Michelle Gellar, I don't want to hear about how you're mega tough and fight vampires. Actually, even if you are Sarah Michelle Gellar, I don't want to hear about your vampire show. I just want you to take

your sweater off and tape your mouth shut and not look at me. Don't look at me, I said!

SATURDAY, SEPTEMBER 29

GOLF
NBC 9:00 A.M.

Only a sheep-riding monkey could make me watch golf. And I would watch every quarter, match, game, or whatever the hell you play in golf. I would sit through its grating, horrid, vast expanse of boredom just to hear the announcer say, "That was Phil Mickelson with a nice shot to get him onto the... Oh! Here comes the sheep-riding monkey!"

CHUCK

NBC 9:00 P.M.

In my youth, NBC was the station of bright, blocky masterpieces such as *The Incredible Hulk* and *The Dukes of Hazzard*. Now, they are the station of *Chuck*. Woe. Woe unto the heads and houses of NBC executives. WOE, I SAY! Bring back green bodybuilders and tacitly prejudiced racecar drivers!

SUNDAY, SEPTEMBER 30

MYSTERY!
PBS 7:00 P.M.

Sometimes, when I'm drinking heavily, I rely on my powers of observation to collect clues. Where are my pants? Why am I on a stage? What is that one-eyed Eskimo doing? Dad?

MONDAY, OCTOBER 1

SO YOU MADE A MOVIE
CA4SD 8:30 P.M.

This is a build-your-own joke. Pick one of the following: (A) Paris Hilton's Chihuahua, (B) Donald Trump's Hairspray Can, or (C) The Candy Bar in My Pocket. Now the setting: (A) A Blue Chevy Van with No Windows, (B) A Tijuana Transvestite Bar, or (C) A Duct Tape and Pocket Knife Factory. Now, blend on puree until sweet and smooth.

TUESDAY, OCTOBER 2

CAVEMEN



Reaper

ABC 8:00 P.M.

How'd you like to be the guy who came up with the Geico caveman idea? Sure, you've made some money and everyone's seen one of your ideas, but, in the end, you're the guy who came up with that caveman thing. I'd be okay with it. I'd be rich and I could hang out with the Le Car guy, the hyper-color T-shirt lady, and Vanilla Ice. And there'd be karaoke and strip-pers and stuff. So, there's that.

WEDNESDAY, OCTOBER 3

KITCHEN NIGHTMARES

FOX 9:00 P.M.

I was going to write something about "Rumpus Room Daydreams," but I just saw a TV segment about Oscar De La Hoya dressed in fishnet drag, which is the scariest thing of all, because no matter what color his feather boa is, he's still an Olympic gold-medal boxer and former world champion, and he could knock you out colder than a wedge if you said his pumps didn't match his toenails. That's a nightmare of Barry Manilow babysitting proportions.

THURSDAY, OCTOBER 4

SURVIVOR: CHINA
CBS 8:00 P.M.

What are we celebrating here? Don't a billion people survive in China everyday? Not only do they survive, but they paint our toys with lead and line our undergarments with radiation and import cardboard chicken dumplings and ride bicycles and grow those long funny white mustaches from the sides of their mouths. And that's just the women.

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North County Reader September 27, 2007

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T.G.I.F.

“Made a mistake, Muriel. Made a mistake.” And Don passed out in their bed, fully clothed.

By John Brizzolara

Guess where this column has been. Regular readers will have a pretty good idea, and others won't much care.

While in an inpatient therapy group after surgery during which new chest hardware was installed over my left breast, I met a guy named Robert. He was in the bed next to me, and it turned out we had some things in common, like drinking too much for too long. We were both friends of Bill W. but kept falling out with him about once a year.

Robert told me a true Friday-night story, and he told it to me on a Friday night as well. It went more or less like this:

Robert worked in the shipyards for years, a place called Western Ordnance and Hydraulics, I believe. Every Friday night about 20 of the guys at Western would go to the same bar in South Bay. The idea was that everybody threw a fiver on the table and the barkeep would bring several iced-down cases of long-necked Budweiser. It was always a hail-fellow-well-met kind of drunk and not a damned thing wrong with it. Only one thing. One guy was missing, a real nice guy I'll call Don. Just wouldn't go with 'em. Week after week he refused.

One Friday night years ago, they kind of shanghaied Don to the bar: stole his keys and drove his car to, say, McGlade's Bar & Grill. They told him if he wanted his wheels he would have to join them.

Don had no choice, of course; but it turned out he started to have a pretty good time, and the beer didn't taste as bad as it did when he last touched the stuff at the age of six, nipping off of one of Dad's. No one was counting, but Don got on the outside of quite a few of them.

Too many to drive (nowadays, one is really too many).

Two a.m. rolled around with surprising alacrity, and Don was as incapacitated as everybody else, but pretty much everybody drove themselves home. That's how it was, and if you couldn't do it, watch your beers.

Driving north on route 5, Don was seeing at least two white lines and was driving with one hand over his right eye. He crossed over that line more than a few times and also crunched along the hardscrabble shoulder into ice plants more than once. Somewhere around north National City, a festive display of primary colors winked and strobed in Don's rearview mirror. A cop. Whether Highway Patrol, National City, or SDPD, he didn't know, and that wouldn't clear up until later. Don was a good guy, and if he had done something wrong he was willing to cooperate. So, Don pulled over to the right.

The cop approached the car, no ticket pad in his hand but clearly unhappy about something and cautious. He stood at the driver's side window, which was open, and inhaled. He told Don to get out of the car. Don did that — slowly and not well. Officer Warren, we'll call him, gave Don the first bit of the field sobriety test: having Don extend his arms and then touch his nose with his right hand. Don nearly put out his eye. Warren was about to cuff him right there, when across the lanes two other drunk drivers had pretty much a head-on collision. Someone was hurt or killed, Don later figured, because paramedics arrived at some point and seemed fairly busy.

In the meantime, Warren told Don, “You. Sit down right here and don't you f——n' move!” Don, rapidly sobering but not enough, did so, not immediately, but lowering himself by inches. To this day, Don probably doesn't recall how long he sat there before his impaired judgment circuits told him, “To hell with this.” Under no immediate supervision by the arresting Warren, Don slowly stood, walked over to the vehicle, got in, and drove away. He was not pursued and his driving was somewhat better, he supposed, than it was before. He arrived home, opened the garage door, and pulled her in, then closed the sucker. It must have been close to 3 a.m., and Don's wife was awake and worried.

“Muriel, for god sakes, if anybody asks, I've been here, home all day sick. All right?”

“Don, what's the matter with you? You smell like a brewery.”

“Made a mistake, Muriel. Made a mistake.” And Don passed out in their bed, fully clothed.

It might have been 9 a.m. when Muriel, not Don, was awakened by the doorbell and insistent knocks at the door. Muriel got up, threw on a bathrobe, and answered. It was four cops — SDPD in two squad cars. These were soon followed by two more squad cars and four more cops. “Is Donald K. Smith at this residence?”

“Yes, that's my husband. He's sleeping. He has been in bed with the flu for the past 24 hours. Why?”



The second cop asked, “Mind if we look in the garage?” He was casual, like a guy from SDG&E who wanted to read the meter, and it was just behind some overgrown bougainvillea.

“Of course. What is it you're looking for?”

“A car, ma'am. A particular car.”

“Well, ours is a Dodge, a 1972.”

“Uh-huh. The garage door, ma'am? You have a remote control or something?”

“No, just lift it by the handle. Shall I do it?”

“Don't trouble yourself. We'll get it if you don't mind.”

“Yes. All right.” The policeman lifted the door just as the other squad cars pulled up. Warren got out of one of them, looking sleepless, pissed, and embarrassed.

Inside the garage it was quiet. Don hadn't let the car sit in there running or anything. He wasn't stupid. Still, the garage was a riot of primary colors reflecting off the paint and turpentine cans on shelves and the mirror Don had installed to look at himself when he lifted weights.

It was Warren's squad car, all right. Don later said he never clocked the subtle differences on his dashboard — like the sawed-off shotgun. He did, however, wonder what was up with his usual radio station that he always left on tuned to KOGO. Last night, he remembered, they had the most boring and incomprehensible damned talk show on the damned thing he had ever heard.

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