A boy 3 1/2 months old was the youngest homicide victim in San Diego County during the first half of 2007. The oldest was a 75-year-old woman. Both were killed by family members, allegedly, the infant by its father and the woman by her daughter.

There were 53 homicide cases between January 1 and June 30, 2006. There were 66 during the same period of this year. Some cases have received high-profile media attention.

[STORY CONTINUED ON PAGE 24]
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<table>
<thead>
<tr>
<th>Procedure</th>
<th>Price</th>
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<tbody>
<tr>
<td>Standard LASIK</td>
<td>$699*</td>
</tr>
<tr>
<td>Custom LASIK</td>
<td>$1399*</td>
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</tbody>
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*$699 price applies to Standard LASIK without any astigmatism. Standard LASIK with astigmatism is at $899 per eye. (Standard LASIK is regularly priced at $1497 per eye and Custom LASIK is regularly priced at $2497 per eye.)

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– Michelle Stewart, San Diego

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– Darush Mohy, M.D., La Jolla, CA

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Blinded by science

Former Republican San Diego city councilman Bill Mitchell, who was once quoted as saying that the fire department could save money by not answering false alarms (he said the attribution was false), has become a poster boy for a campaign to raise the state’s cap on medical malpractice payouts. “Bill’s troubles began in 1998, when the 70-year-old went in for a glaucoma operation,” says a profile on the website of the L.A.-based Foundation for Taxpayer and Consumer Rights, a group that is spearheading the effort to increase the amount of money juries can award in such cases. “The ophthalmologist left him instructions: call him immediately if he had redness in the eye; a discharge; pain or loss of vision. One month from a few weeks later Bill looked in the mirror and said, ‘Oh my god! I have all four symptoms.’"

After a five-hour delay, Mitchell said, he saw the doctor and was finally operated on twice but ultimately lost vision in the eye. He was unable to contact the doctor and was finally operated on twice but subsequently dropped the matter. “I was confused about a shell,” Mitchell is quoted as saying. “I felt like an old man.” Adds Mitchell, “You can’t trust doctors and the medical facilities. They don’t always help you. They’ll use any legal manipulation to keep you from being compensated…. I don’t trust the bastards anymore.”

Sees no evil

That recent report on the City’s Sunroad office building debacle by Mayor Jerry Sanders’ in-house ethics officer Jo Anne SawyerKnoll has cleared fellow mayoral aide Julie Dubick of any involvement in her husband’s dealings with Sunroad owner Aaron Feldman. As first reported here May 24, Mitchell Dubick, an attorney with Higgs, Fletcher & Mack, filed suit on June 26 of last year against the Internal Revenue Service on behalf of Sunroad Holding, seeking documents about a Sunroad tax audit. That was just a week after the Federal Aviation Administration told Sunroad that its Montgomery Field office building was 20 feet too tall, leading to a five-hour delay. Mitchell said, he saw the doctor and was finally operated on twice but subsequently dropped the matter. “I was confused about a shell,” Mitchell is quoted as saying. “I felt like an old man.” Adds Mitchell, “You can’t trust doctors and the medical facilities. They don’t always help you. They’ll use any legal manipulation to keep you from being compensated…. I don’t trust the bastards anymore.”

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Ineligible

It’s been ten years since the Miami murder of fashion designer Gianni Versace by Andrew Cumanan, the onetime San Diego gay party boy turned serial killer whose murderous saga transfixed the nation and terrorized the city. The anniversary inspired a big story in the New York Times but just a small “On this date in history” note in the Union-Tribune.

The U-T, of course, never liked the story, taking months to fully report it, even after the national media jumped alway as the body count grew. Maureen Orth, the Vanity Fair contributor who wrote 1999’s best-selling Vulgar Favors, reported that Cumanan, a Bishop’s School graduate, was seen at lavish parties thrown by David Copley at his Foxhole La Jolla mansion. Ironically, local playboys will soon get plenty of Cumanan when Most Wanted premieres this coming October at the La Jolla Playhouse. “This musical theatre piece explores America’s obsession with celebrity through the lens of the media frenzy surrounding a spree killer with an insatiable appetite for fame,” Copley is not on the theater’s published list of benefactors.

Pole in cars

The San Jose Mercury News reported last week that Democratic assemblywoman Lori Saldana’s 2005 Honda Accord Hybrid, owned by the state, got crunched in a “chain-reaction crash” here on December 2, 2005. That earned her first place on the paper’s list of state lawmakers’ auto damage claims. The repair tab was $12,199. Second on the list was fellow Democrat Jerome Horton, who was a member of the assembly back in January of last year, when he failed to yield when turning right on a red light and hit another car. Damages: $11,808. The grand total assembly accident fix-it bill for five years was more than $300,000. But in a subsequent clarification, the paper noted it couldn’t obtain records saying how much of the damages were covered by the state and how much by insurance companies of other drivers involved in the crashes. Speaking of cars, the office of San Diego County district attorney Bonnie Dumanis has 255 of them, according to a list it received from the city’s fleet manager as required by the state’s Public Records Act. Prices range from $15,113.63 for a 2006 four-door sedan all the way up to $45,127.83 for a 1999 van specifically equipped for transporting handicapped persons. There are also three 2006 sport utility hybrids ranging from $37,697 to $39,598; a 2007 four-door sedan at $36,466 and a 2005 pickup costing $31,715.53. Grand total for the fleet: $62,957,679.

The office declined to provide more detailed information about the cars or say who is driving what, citing security concerns.

Vulgar Favors

To commemorate the tenth anniversary of the murder of fashion designer Gianni Versace by Andrew Cumanan, the San Diego Gay & Lesbian Chamber of Commerce is presenting a musical theatre piece explores America’s obsession with celebrity through the lens of the media frenzy surrounding a spree killer with an insatiable appetite for fame. Copley is not on the theater’s published list of benefactors.

Contact Don Bauder at 619-546-8529 or don.bauder@mac.com
Get Out of My Emergency Room!

By John Brizzolara

On June 19 at 220 Broadway, just outside room 30, the courtroom of Judge Timothy Walsh, an unlikely group gathered in the narrow hallway to “represent,” as it were, at the sentencing of Alissa Valencia. Valencia, 42, had attacked David “the Water Man” Ross on the street, carving much of his defensive right arm into useless meat, requiring emergency surgery.

The unlikely group consisted of some 30 or so of the city’s displaced and disenfranchised, people residing in shelters or lodging “illegally” on the streets, where Ross’s rounds provide the only source of water in a multiacre area of urban desert known as skid row. The men and women, some in wheelchairs or shuffling with colostomy bags, were dressed in clean shirts, which was that afternoon postponed, to “represent” outrage at the injury of this street Samaritan. They were outraged as well at something almost every one of them had suffered at one time or another during their tenure on the streets and suffered at the hands of those in the very business of care and mercy: the attempted dumping of Ross by Scripps Mercy Hospital in the early hours of May 5, 2007.

Ross was found at the scene of his stabbing, near 17th and Imperial, covered with his own blood and clutching a penknife. Ross had picked up the weapon while in shock, some inner sentinel of reason telling him it might do knife. His ID and wallet locked in his car, Ross looked much like any other deranged derelict who had snapped. That was exactly how he was received and treated at Scripps Mercy. His treatment (reported here on May 24, “Water Man: Down, Then Out”) was hardly unique.

In response to that May 24 account, several other victims of hospital mistreatment called, e-mailed, or approached me, either personally or through David Ross.

Ross’s attorney in the matter of his treatment at Mercy is Nancy Sussman. The amount of time it took Mercy to surrender Ross’s medical records to her was in violation of the evidence code, says Sussman. “Ross was pronounced fit by surgeon Randall Vecchione to go home that night or early the next morning after four hours of surgery, without rechecking the patient. You never do that,” she says. Barely conscious, Ross was urged to get up and leave by hospital, although he had fallen in the bathroom, unable to stand. At no time was Ross visited by a doctor post surgery, much less asked how he might be feeling. Nor did any other hospital employee inquire as to his state at any point during his brief stay. He was offered a token for the trolley, which runs nowhere near the hospital, and a pair of pants (his were bloody, ruined, and held by the police).

An Associated Press story that ran in the Union-Tribune on February 10, 2007, by Michael R. Blood regarding a dumping case in Los Angeles and a recent spot on 60 Minutes on the phenomenon brought the situation into focus recently in San Diego. The story in the U-T reported: “Even on Skid Row, it was shocking: a paraplegic man in a soiled gown sliding along the sidewalk with his hands, clutching a plastic bag with his belongings between his teeth. Police said the man, who was dragging a broken colostomy bag behind him, was dumped on the sidewalk Thursday in one of the worst parts of the city by the driver of a hospital van. The area is the same location where city officials say hospitals have dumped the homeless before."

“The case comes three months after the city attorney’s office filed its first indictment alleging homeless dumping, against Kaiser Permanente Hospital.”

The differences in San Diego and at Scripps Mercy might be that the transportation back is less reliable. One of Sussman’s previous clients was placed naked, except for a sheet, into a taxicab to return to his apartment after an incomplete and minimal evaluation in the emergency room. Several hours after his neighbors carried him upstairs, he suffered cardiac arrest. Ross was simply expected to leave Mercy without so much as a wheelchair to the door — and he did the next evening with the aid of Suzanne Afflalo, his doctor from Kaiser.

Sussman tells of a woman she represented who lost her baby. “A black patient on Medi-Cal who had excessive bleeding at 25 weeks of pregnancy, she was given a minimal evaluation at Sharp Hospital and discharged, only to lose her baby a few hours later in the bathtub.”

In a second incident involving a pregnancy in December 2002, “I took my housekeeper into Scripps Mercy to have her baby, but she didn’t have insurance, just Medi-Cal (you don’t really call that insurance, right!), and they wouldn’t give her an epidural,” Sussman says. “I mean, she’s screaming in pain, and we couldn’t get them to give her a token for the trolley, which runs nowhere near the hospital, and a pair of pants (his were bloody, ruined, and held by the police).”

An archive of City Lights stories can now be searched on the Internet at www.SanDiegoReader.com

Neal Obermeyer

PHOTOGRAPHS BY JOE KLEIN
Welcome pickpocket  
continued from page 6

‘weather proofing’ the building, makes it difficult to regard the City’s actions as anything other than an attempt to undermine State law.” (Italics mine.) Helping someone else break state law is illegal.

In addition, it is illegal to let a developer construct a building without a state permit. The City did. Caltrans had warned it in September of last year that construction of the Sunroad building was a violation of the California Public Utilities Code.

Sanders publicly insisted that he had not brought on Torey Sexton of the San Diego County Regional Airport Authority to help with the Sunroad imbroglio. Then City Attorney Mike Aguirre produced correspondence between Alan Bersin, head of the authority, and Sanders, showing that this was a lie. Bersin had written to Sanders that Sexton’s services would “help resolve issues surrounding the Sunroad Enterprises building near Montgomery Field.”

So how did the Office of Ethics and Integrity handle that hot potato? Well, it put the blame on the mayor’s back, Fred Sainz. According to the report, Sainz erroneously put together a press packet denying that Sexton had been recruited to deal with Sunroad. The mayor hadn’t seen the press packet, we’re told. The mayor also didn’t remember signing the letter to Bersin requesting Sexton’s help on the Sunroad mess. Hmm. But according to the report, Sanders was aware at the time that Sexton was indeed working on Sunroad.

So why, then, did Sanders give Roger Hedgecock’s radio show and deny that Sexton was working on the Sunroad issue? The Office of Ethics and Integrity dodges that one, even though Sanders later apologized to Hedgecock for the whopper.

The report ignored completely police chief William Lansdowne’s refusal to carry out a Sunroad search warrant and the public leaking of the search warrant’s contents — something that is also against the law. Sexton refused to be interviewed for the report. Sunroad people weren’t interviewed. Nonetheless, the Office of Ethics and Integrity drew many conclusions. How? By blindly accepting people’s word. The one that gave me the biggest chuckle revolved around that December 19 meeting among Sanders, Feldman, Story, and Waring. Two days later, the City issued the modified order that permitted Sunroad to complete the building. The report admits that the four discussed the modified work order. But, says the purported Office of Ethics and Integrity, “Both Mayor Sanders and Waring stressed that Feldman did not make any offers of inducement, bribes, corruption or any illegal actions in exchange for assistance with the Sunroad issue.” Oh. That’s comforting — to a larcenist looking for a home base.

Ethics II  
continued from page 6

financial interests. But on June 15, Fulhorst wrote to Shapiro and said that his complaint had been dismissed. The lawyers wouldn’t have to bare their fat assets.

Why? Well, opined Fulhorst, on February 9 the city attorney had issued an opinion on the topic. She attached it to her letter to Shapiro. She wrote, “In this memorandum, the City Attorney concluded that these types of attorneys should file [Statements of Economic Interests] if they are exceeding the limited scope of work authorized in their respective contracts and are using their relationships with their City Official clients as a means to influence government decisions.” Shapiro’s complaint had provided no such evidence, she wrote.

But Aguirre’s opinion had said no such thing. “Stacey turned it upside down. In my opinion, the lawyers should file” because they had potential to influence government actions, says Aguirre.

I called and e-mailed Fulhorst. I said I didn’t see where she got her interpretation of Aguirre’s letter.

She got back to me by e-mail, singing a different tune. “As you indicate, the City Attorney did issue a memo in which he opined that attorneys representing individual City Officials should file [State-
mements of Economic Interests] because they may be influ-
continued on page 10
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Ethics II
continued from page 6

...encircling the municipal decisions made by their clients,” she wrote. But Aguirre said they may be influencing government, not just doing so. “The City Attorney has essentially speculated in his memo,” Fulhorst wrote, and the lawyers on the purported Ethics Commission concluded that they cannot act on a legal opinion based on speculation or opinion.

Yet Fulhorst had cited Aguirre’s opinion as a reason for turning down Shapiro’s complaint and even supplied him with a copy of it. Didn’t she think Shapiro can read? The purported Ethics Commission “had their own legal counsel, had all these lawyers counsel, but [Fulhorst] wanted Aguirre’s opinion,” says Shapiro. “Then it was completely ignored,” in fact, turned on its head.

Indignant, Shapiro went to his own lawyer. The action to absolve the lawyers “was done in closed session,” he says. “The file is now closed, and they will hardly show you anything. There is no appeal. You can go to court, but there isn’t a chance of winning. My lawyer says the law is on their side.”

In mid-July, Aguirre wrote the four councilmembers and asked that they have their attorneys file the Statements of Economic Interests. With the so-called Ethics Commission’s opinion in hand, the attorneys will certainly resist.

The lawyers who got off the hook have had many opportunities to influence San Diego government. Naughton represents Councilmember Scott Peters as well as Tom Story, the Sunroad executive who left the top job to take one with the city. They will definitely speculate in their opinions. 

“Many worry that the Ethics Commission has done more to protect than correct the ethical transgressions of the city council,” sums up Aguirre.

Emergency room
continued from page 7

...to turn around. Shapiro then asked that they have their attorneys file the Statements of Economic Interests. With the so-called Ethics Commission’s opinion in hand, the attorneys will certainly resist.

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Deep Shakespeare
I will shortly be seeing Hamlet at the Old Globe, another play that, like Measure for Measure, Shakespeare critics have erroneously dubbed a “problem play.” In his review this week (“Spare, Well-Spoken,” July 26), Jeff Smith remains true to Shakespeare, and it’s only fair that I say so after taking him to task last week about Measure for Measure.

Hamlet is instructed by the ghost of his father to “revenge his foul and most unnatural murder” and at the same time to “taint not [his] mind,” as Mr. Smith wisely notes. (Most critics ignore that caveat.) That is, Hamlet is challenged to do an action that God has forbidden and yet not to go wrong doing it.

This seems like a lose/lose situation, and Shakespeare makes it stand for the human condition itself. But is his plight impossible?

No. There is a solution, thanks to Shakespeare’s depth of vision. The key lies in the human free will: Right motive or wrong? Readiness for the divine shaping or willful interjection of one’s own pride? Man always has that choice.

Hamlet gets it wrong first, and then, when providential circumstances have taught him humility, he gets it right. His error costs him his life, but his soul, unlike the villain’s, is redeemed.

Gideon Rappaport
Clairemont

Head Count
In response to Dan Whitehead’s letter on July 5 (Letters, “Comments from Reader Website”), pining — whining? — for the San Diego of the 1970s, one considers that the contrast over 37 years or so is mainly an issue of ratio of human numbers to a commensurate, generic, honest — let the Pussycat adult theater and its 1970s ilk slide — economy. In a word, overpopulation. As to the concept that human activity “can’t destroy the weather,” maybe D.W. website writer would admit that as block upon block of walls of skyscrapers, along with ecologically challenged over-consumption, e.g., grossly excessive carbon emission make their play, a material “blessing” is negotiable, subject to change?

SanGo Downtown

Lotsa Losers
Regarding the cover photo for “Plenty of Booze” (July 19), “Plenty of Boobs” would have been more apropos. What a bunch of stereotypical losers. I want my MTV, dude!

Dan Adams
Clairemont Mesa

Animal Cannibals
I was just reading your Restaurant Reviews and Guide in the Reader of July 19. You know, none of the restaurant reviews show whether the restaurants use meat, eggs, or dairy products from vegetarian-fed animals. Because I understand that the American livestock growers feed our animals any combination of dead, ground-up animals and pets, animal waste, and lard.

continued on page 70

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Hey, Matt:

Walking around my neighborhood you can’t help but notice numerous homeowners who have placed plastic jugs or glass jars of water in their front yards in order to keep dogs from pooping on the lawn. Is there any science behind this practice, or is it just a suburban myth?

— Steve, O.B.

Myth yeah, science no. Can’t believe we didn’t put this one to rest years ago. Pretty sure Neanderthals put jars on the lawn to keep the tigers from taking a dump in the cave. Grandma remembers that. The only real question here is where this myth comes from. It’s ubiquitous in the U.S. Not sure if it’s infiltrated the E.U., but I kinda doubt it. Anyway, the theory is that the sunlight reflected and refracted through the clear glass and the water scares the dogs and keeps them away. If your neighbors are among those using “frosted” milk jugs, well, they’re not even following the bad instructions in the untrue story, so that’s a complete farce. You might say that doesn’t matter, since it doesn’t work anyway. But I say, if you’re going to make a fool of yourself, then make a perfect fool of yourself, and get it right.

The dog brains willing to deal with the lawn jugs story say that if they work at all, it’s only briefly. Dog approaches familiar lawn, sees unfamiliar things on it, circles the yard, and has lost their novelty value. They might even provide dogs a target to pee on. Bolder dogs will probably ignore them to begin with if everything else smells right. The only way water will fix the problem of the pooped-on lawn is if you fill up balloons and throw them at the inconsiderate dog owner.

Dear Matt:

Whatever happened to the “Fairest of the Fair” at the San Diego County Fair or Del Mar Fair?

— Bob, via e-mail

Hey, you’re right. Haven’t seen her around lately, but never missed her till you said something. The Fairest (a.k.a. “Miss San Diego County”), traditional spokeswoman for the old Del Mar Fair, was a big deal every year since the ’30s. If she survived all the later pageants, the winner had a chance to become Miss Universe or Miss Galaxy or Miss Crab Nebula or something like that. And she was always escorted by mariachi-suited “Don Diego” (Tommy Hernandez), local actor and the fair’s goodwill ambassador for decades. He died in 1984, but when did she bite the dust? The “beauty” pageant was probably doomed before this, but in 2003 and 2004, there was some dispute over the rules and a big whoop-de-oo about who the real ForF was. They got that one straightened out behind the scenes with no hair-pulling or attempted stranglings with sashes. But some of the glitter was gone from the tiara. This was about the time that the fair administration and name changed, so I guess it was seen as a good chance to hustle her majesty off the stage too. It reportedly cost $85,000 a year to host the shindig anyway. One of the Fairest’s main tasks was to appear on radio, TV, supermarkets, etc., as official good-looking fair promoter. A major PR function. In this modern world of spin control, how can public relations ever be left to the whims of a high school senior with puffy hair? The fair’s PR function was reassigned to trained marketing people hired as interns each year. There’s been no adequate substitute for the cheesecake factor.

Matt:

Settle an argument I’m having with my wife. I say if you open one of those big plastic bottles of soda, pour out the drinks, then crush the empty part when you close it back up again, the carbonation will stay in the soda better because there’s less room for it to escape to. My wife thinks I’m nuts but can’t tell me exactly why it wouldn’t work. We turn it over to you. I’m right, right?

— The Bickersons, San Diego

On paper, you’re a genius. Can you keep the soda bottle squashed? Probably not. That’s the flaw in your plan. When you uncap the fresh bottle, the CO₂ gas dissolved in the soda is freed like a flock of little birds. Recap it and the CO₂ will continue to escape until the pressures above and inside the soda are equal. Unfortunately, pressure from the escaping carbon dioxide will reinflate the bottle before equilibrium is reached and keep the cycle going for a while. Those big jugs of soda have to be chugged if you want them to be crisp and sparkly. They start dying as soon as you uncap them. If you’re desperate, you can slowly pour the soda into a glass jar with no headroom, then put on a top. But of course the agitation of pouring makes the carbonation flee even faster. Basically, you’re doomed. All that’s probably why the misus snared at the idea. “Guy” ideas (and this is a typical “guy” idea) always sound great, but usually they’re danged hard to pull off. But she’d let you find that out for yourself.
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Young Barry Bonds

Not much I can do about this. The stars in baseball heaven have aligned with Mars, and with Saturn, while a blue moon hovers off the starboard side of Mercury. In other words, Barry Bonds may hit home runs 755 or 756 or both in San Diego. The Giants are in town Friday, Saturday, and Sunday.

Here’s the deal: I have to write a Bonds column, but my aim is to write about Bonds using informel you’ve never read before. And steroid-free. Fair enough?

We’ll begin in Hawaii 21 years ago. Not a bad time and place. I’d just bought an acre of land, sight unseen, in a lava field and was driving around Hilo in a red, $300 Mustang wondering how I was going to load that odious patch of cement. Five islands to the north, Barry Bonds was playing outfield for the Hawaii Islanders, a AAA minor-league baseball team in the Pacific Coast League.

Barry Bonds played 44 games for the Islanders in 1986, batted .311 with seven home runs. The Islanders loved him. And to prove it, here’s teammate and 1986 Islanders pitcher Ed Farmer, as quoted in Carrie Muskat’s biography, Barry Bonds: “Barry was a young guy trying to get to the big leagues. The difference was, you knew this guy was going to make it. He had talent.”

Islanders manager Tommy Sandt bespoke his admiration in the same text: “It was, like, ‘Wow, this is a big league player.’ Put him in the lineup every day, that’s all I had to do.”

You could say it’s always been Barry and Hawaii. Two years earlier, Bonds was in the Aloha State playing for the Arizona State University Sun Devils.

And just like the Islanders, ASU teammates loved Barry too. Here’s ASU teammate Mike Devereaux as quoted in Muskat’s book: “Barry did things that were amazing. He would hit a ball with topspin over the fence that would be incredible.”

ASU 1984 baseball coach Jim Brock told the Arizona Republic, “Barry Bonds is clearly the most talented athlete I have had the pleasure to coach.” And the Phoenix Gazette quoted Brock as saying, “I always found him likable and totally sincere. A lot of kids with a famous dad or uncle are uncoachable, but not Barry. He may have missed a curfew or two, but I never questioned his sincerity.”

In March of 1984, the Sun Devils flew into Honolulu for a four-game series against the University of Hawaii. The following story is taken from Love Me, Hate Me: Barry Bonds and the Making of an Athlete, by Jeff Pearlman.

By the way, you should know that the Sun Devils were rated number one in the nation for most of 1984. In Honolulu, Coach Brock laid down an 11:00 p.m. curfew and put his three co-captains (outfielder Oddibe McDowell, shortstop Romy Cucjen, and pitcher Kendall Carter) in charge.

Four players broke curfew, including Barry Bonds. “At the stadium the following afternoon, (co-captain) McDowell gathered the four night crawlers together. ‘We’re trying to win a national championship, and you guys are just killing us,’ he said. ‘So when we get back to Tempe, y’ all are gonna have some serious punishment running to do.’ Three of the four nodded in agreement. Barry did not. He looked McDowell in the eyes and said, ‘Who do you think you are? You’re not the coach here. Jim Brock is. You can’t make me run.’”

“Upon returning to Tempe, Brock suspended Barry and held a team meeting without Bonds. ‘It’s been brought to my attention that a lot of you think Barry is causing more harm than good,’ he told his players. ‘And I don’t believe I can excuse his actions any longer. So here’s the deal — I’m going to give you boys the authority to vote on Barry’s future. Do you want him to continue on the team, or do you want him off? Keep in mind, our ultimate goal here is to win a national championship, and he’s obviously a big part of that. But it’s your decision,’ Brock walked off, and his troops retreated to the players’ lounge to talk.”

What did a team in contention for the national championship decide? Every player voted to expel Bonds, save two, outfielders Devereaux and Todd Brown. Turned out, the vote was about Bonds, not about Bonds missing curfew. Team members complained he was late for practice and first to leave practice. They didn’t like how he referred to himself in the third person, blamed others for his mistakes, would never throw home from the outfield for fear scouts would see he had a weak arm.

Then came a moment like so many other moments in Bonds’s life…someone — usually a coach — always someone who wanted to use his talent, picked up the pieces. “Brock told the team that because the vote wasn’t unanimous, he could not — with a good conscience — expel Barry.”

By Patrick Daugherty

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MON–THURS 10 AM–7 PM • FRI & SAT 9 AM–7 PM • SUN 9 AM–5 PM.
A few weeks ago, I found sugar-free water for my friend Jennifer who has gestational diabetes. It’s been a bit difficult in the dumps about her condition. I never thought it would be an annoyance to remember to eat every couple hours,” she complained to me. “Drawing blood four times a day you expect to be a pain, but eating!”

This week’s dilemma was bread. “Boy, do I miss Il Fornaio ciabatta bread,” she complained. “I’m supposed to stay away from white-flour foods.” I assured her I could research some bread that was tasty enough to serve alongside her diabetic-friendly dinners.

I found some help from Misty Orr, marketing assistant at Food for Life Baking Company that produces Ezekiel 4:9 sprouted-grain breads. “How is the bread made? And what is sprouted-grain bread?” I asked Orr.

To make sprouted-grain bread, we take the grains and we soak them in filtered water. And they will begin to grow...start to sprout. So there is a little sprout growing out of the grain. The size varies depending on the grains; some grains sprout better than others. And in that process enzymes are released and that is what causes it to grow and become a living food. The enzymes break down the proteins and the starches, making them more tolerable. Once the grains are sprouted, we take them all and put them together and mix them and grind them into dough. We add a little bit of sea salt and fresh yeast to some of the products, and they are baked in small batches.

“Ezekiel 4:9 is a complete protein,” Orr continued. “A complete protein contains all the amino acids that your body can’t make on its own. So you are getting a protein similar to that of milk or eggs; it is like the highest source of protein. I wouldn’t call the bread itself a protein. It still has carbohydrates; it is still made from grain, but it is going to be the good carbs, the complex carbohydrates, and complete protein in it as well. So your body processes it differently.”

What about the flour-less aspect of the bread?

“To be flourless is a good thing because flour in general doesn’t have a whole grain, and even with whole-grain flour, your body still has to break down the grain to get to the nutrients. Even if it has been ground up into a powder, it still has to go through the process of breaking it down to get those nutrients. When a grain is sprouted, it predigests the grain, it makes the vitamins and minerals more available for your body to absorb so you get more of the vitamin content of the grain. It also makes it more glycemic to your body. When you have just flour or whole grain, it has to convert the starches, and it will convert the starches into sugars and your body will store some of that as fat, rather than using it all for energy. In this sprouting process, because the starches have already started to be converted into maltose, the maltose is usable energy for your body; it makes a lower glycemic index. So people who are diabetic do a lot better eating our sprouted grain bread.”

Good news for Jennifer. “If someone is gluten intolerant,” Orr offered, “many times the bread is fine for them to eat. If they just have sensitivity or a mild intolerance, a lot of people can eat the Ezekiel breads with no adverse reaction. But if someone has an allergy or celiac disease — a genetic gluten intolerance — I don’t recommend Ezekiel breads because they do still have some gluten in them. There is less, because it is sprouted, but it is not completely gone.”

The breads come in sesame, cinnamon raisin, low sodium with no sea salt added, and the original Ezekiel bread.

And what about the name: Ezekiel 4:9?

“The owners of the company are Seventh Day Adventist. They took that scripture verse from the bible and combined those grains, beans, and lentils and found that sprouting them, it also made the bread that much more nutritious, and in using the soybean and lentils with the grains it made it a complete protein.”

Ezekiel 4:9 says, “Take also unto thee wheat and barley and beans and lentils and millet and spelt, and put them into one vessel and make bread of it.”

The next day I popped into Stringbean Low Carb Foods in College Area. I found another bread option: Julian Bakery’s Smart Carb #2. A Complete Protein Bread ($5.99 for a 24-ounce loaf). The Cinnamon Almond Raisin bread was tasty, and it also contained sprouted whole grains. And it had 15 grams of carbs, 16 grams of protein, and 12 grams of fiber per slice. I spoke with Julian Bakery manager Cheney Mantooth. “The Smart Carb #2 Cinnamon Almond Raisin is sweet, but it has no sugar. The thing that makes it sweet is the cinnamon, and then the raisins have their natural sugar. But if you want totally sweet-free, wheat-free, and yeast-free bread, we also sell Manna from Heaven ($5.99 a loaf). It’s recommended by Dr. Rosealee in his diet book for heart, diabetes, and weight release. It really moves through you pretty fast, but it keeps you full. I have ten grams of carbs, eight grams of fiber, and nine grams of protein. Both breads have the kamut grain, which makes the bread high in protein and fiber.”

For gluten-intolerant folks, the bakery makes bean bread and also southern corn bread ($5.99).

Julian Bakery breads can be ordered online at julianbakery.net or bought at Whole Foods, Jimbo’s, some Albertsons in North County, Lazy Acres, and some Bristol Farms.

Columns archived at SanDiegoReader.com

1. Ezekiel 4:9 bread
2. Kamut
3. Julian Bakery Smart Carb
Ask The Bankers Pen

The Bankers Pen holds a bunch of stodgy bankers who generally oppose the beliefs of WaMu, especially the WaMu Free Checking™ account. Their advice column runs nationwide.

Dear Bankers Pen:

I'm a worrier. I admit it. I go out of my way to protect my family, my home and my hard-earned money. That's why I like WaMu's low-balance alerts to warn me if my balance gets low. Is there anything else I could do to ensure my funds, my home and my family are safe?

- Skittish in Seattle

Dear Skittish:

Hippie alarms. No home is safe without them. Picture this: you're home alone one day, and a man humming a folk song and wearing a homemade poncho stops to smell your azaleas? Then you'll be glad you have your hippie alarm.

Dear Bankers Pen:

I'm trying to upgrade my castle in Age Of Chivalry III, but the Phoenician technology tree doesn't allow me to build a stronghold until I've collected all four artifacts from the oracle caverns. I can't task all my wizards to collecting artifacts and still hope to ward off the extinction spells my enemies will cast. What should I do?

- Trapped in Twin Falls

Dear Trapped:

I haven't the foggiest idea what you're babbling about. But I inferred from your mystical word usage you're playing an electronic game. So I asked my grandson for help answering your question. He instructed me to say, “I know you are, but what am I?” Hope that helps.
A horse which stops dead just before a jump and thus propels its rider into a graceful arc provides a splendid excuse for general merriment.
— Prince Philip, Duke of Edinburgh

I turned around and was almost face to face with the kid behind me, whose horse's head was pressed against Trace's haunch.

Horse Sense

by Barbarella

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— Prince Philip, Duke of Edinburgh

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It was 8 a.m. and already over 80 degrees. I cursed myself for forgetting to bring my hat. In a pathetic attempt to protect my burn-prone scalp, I had brushed my hair back into a ponytail, rather than parting it on the left as I often do. Taking refuge in a spot of shade, I watched a woman brush her hair back into a ponytail and was almost face to face with the kid behind me, whose horse's head was pressed against Trace's haunch.

Another woman walked by with a brothers and sisters, simply straddling the hay-eating muscle machine.

A gallop? A canter? I'd have been happy to have the “horse ride to a cowboy breakfast.” But I didn't know that. I forced a chuckle and added, "Just kidding. But, yeah, I'll be riding a horse."

It was my last day at Warner Springs Ranch. In a few hours I'd be packing up, checking out, and driving home. But first, I was going to hop on a horse, ride to a remote clearing in the wilderness, and eat a hearty breakfast prepared by cowboys, so help me Clint.

A tall man with white hair and a gray mustache approached. His striped, button-down shirt was tucked into Levi's, and his boots and hat were the cowboy kind. "I'm Alberto," he said with a smile, extending his hand.

"Barb," I said, extending mine.

"You riding a horse?"

"I hope so," I said. "I've never ridden one before. Well, once, but that was, like, in the sixth grade, and I don't remember it at all. But my legs are strong." "But my legs are strong?" I silently asked myself. What the hell is that supposed to mean? Alberto gestured for me to follow him to the middle of the corral, to a small wooden platform with three stairs.

Waiting patiently next to the platform was my steed — a resplendent, russet beast of burden named Trace. I climbed the platform and accepted Alberto's offer of help. I grabbed his arm with my left hand, held the knob of the saddle with my right, and swung my leg over Trace's back. Once I was stable, Alberto grabbed Trace's reins and led us several feet away from the platform before turning back to help the teenager who had been sitting on the bench. The woman and other young boy were waiting to board the covered wagon. From my perch, I called out, "Have fun on the wagon!" Under my breath, I added, "I never did."

Alberto had instructed me to hold the reins with one hand and the knob thing on the saddle with the other; and how to start, stop, and turn the horse — if the animal was a go-kart, his reins would be the steering wheel, and three swift kicks to his side would be stepping on the gas pedal. Only my horse didn't seem to have a gas pedal. "This horse, he is very lazy, no?" Alberto told me. "So you have to push him a little."

Alberto jumped effortlessly onto a black beauty, which trotted out of the corral, and I loosened Trace's reins and leaned forward, the two cues for the horse to follow Alberto. I don't know what I'd been expecting. A gallop? A canter? I'd have been happy with a steady gait. While I waited for the others to mount their horses, simply straddling the hay-eating muscle machine beneath me made me feel like I was about to tap into all that strength and power. Instead, when my horse, following Alberto's mighty stallion, took its first sluggish step, I suffered the same kind of disappointment I felt when
I realized that The Gods Must Be Crazy was not a movie about schizophrenic deities.

I soon became convinced that Trace wasn’t lazy so much as comatose. I was 20 feet behind Alberto, but the four horses behind me were nose to ass. Alberto kept looking over his shoulder and saying, “You’re hungry, no? Kick him and we get there faster.” I feared abusing the majestic creature, but I didn’t want to disappoint Alberto by being a bad cowgirl. I tapped Trace’s side a few times with my heel and begged, “Come on, boy, you can do it. Let’s go. Pick up the pace — picante. Maybe there will be shade at the other end of this.”

The horse shook his head and made a drawn out sound that was half-snort, half-clearing of the throat. “What was that?” I asked him. He shrugged and said he hadn’t seen anything.

A few minutes later, I leaned forward in the saddle, pressed my hand against Trace’s neck, and whispered in his ear, “All right, you, let’s get moving now. This is ridiculous.” I bounced my heel against the horse, experimenting with different areas — further forward, further back, right in the middle. Then it happened again, only this time I saw in Trace’s tail a half-clearing of the throat. I turned around and was almost face to face with the kid behind me, whose horse’s head was pressed against Trace’s. “What was that?” I asked him. He shrugged and said he hadn’t seen anything.

The sun was relentless. The horse took off at a gallop, and I could see sweat dripping down the side of Trace’s mane. I was desperate for movement. With no breeze to cool our sweat, we were baking. Maybe if the horse took off at a gallop, it would create a refreshing current. “Come on, Trace!” I made a bunch of clicking noises with my mouth and then kicked, this time more than a light tap.

After taking three quick steps, Trace slowed again, almost to a stop. Then I felt something hit my leg. I turned around and was almost face to face with the kid behind me, whose horse’s head was pressed against Trace’s. “What was that?” I asked him. He shrugged and said he hadn’t seen anything.

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One is the gruesome case of Allen Burton Hawes, whose body parts were found scattered all over San Diego County. Another is the killing of professional surfer Emery Kauanui in La Jolla. Some cases, such as one at Parkway Plaza on May 9, deemed at first to be suspicious deaths, were later classified as suicides.

Officer-involved shootings resulting in a death are investigated by the district attorney. Those that are determined to be justifiable are not statistically included in annual reports of area homicides. The February 10, 2007, shooting of 17-year-old Noe Rojas during a traffic stop resulted from officers observing what appeared to be a “blue steel revolver with a red tip sitting on the shelf near the glove box.” It turned out to be a toy gun. The shooting was found to be justified and is not labeled as a homicide.

Also deemed defensible was the killing of a 22-year-old Cardiff man, who was moved down by a citizen’s car in Pacific Beach on March 17. In another case, although Michael Ray Estrada claims it was self-defense when he shot Victor Arreola in Fallbrook on January 7, 2007, he faces trial for murder. This latter case is the second on this list of homicides committed in San Diego County in the first half of 2007. Included is each homicide’s investigation status; this further information is provided by updated press releases from the detectives of the respective homicide units in various area law enforcement agencies and their public-information and media-relations officers.

A MAN DIES IN A MOTEL ROOM
230 Via de San Ysidro, San Diego
January 7, 12:31 p.m.
At 12:05 p.m., officers were dispatched to the Economy Inn. Multiple gunshots had been heard. In a second-floor room, they found a male suffering from a gunshot wound. Paramedics attempted lifesaving measures, but the victim was pronounced dead at 12:31 p.m. A vehicle that had left the scene was located in the 1600 block of Fresno Avenue in Chula Vista. In a follow-up at a residence in the 1100 block of Del Mar Avenue, officers received information that a second shooting victim had been transported to Tijuana for medical care.

SDPD Homicide has identified the victim as David Ramos, 22. They say they are still working on the case.

SELF-DEFENSE OR MURDER?
713 East Elder Street, Fallbrook
January 7, 5:59 p.m.
Sheriff’s Department received a call from an area resident about a shooting at the Fallbrook Village Apartments. Deputies arrived at that location at 6:04 p.m. and found a Hispanic male adult lying in front of the apartment complex. Paramedics attempted to give first aid to the victim but were unable to revive him, and he was pronounced dead at the scene. Initial reports indicate that the victim was involved in an alter-
cation with at least one other male immediately preceding the shooting.

Sheriff’s Homicide Unit identified the victim as Victor Arreola, 32. Victor was employed as an assembly worker at the water-treatment product manufacturer R.O. UltraTec USA in Fallbrook. His brother Ceasar Arreola-Pablo told police that he was watching TV while his brother left the apartment with a load of laundry. He heard shots fired, ran out, and saw his brother lying on a sidewalk, holding his chest and saying, “They screwed me.” Ceasar stated that he saw two men; one used a silver-colored gun to fire again at Victor before they ran away.

An arrest warrant was issued for Michael Ray Robledo, 26. He was arrested January 16, 2007. San Diego Regional Fugitive Task Force spotted Robledo riding in a vehicle near the 1000 block of Old Stage Road. Once the car stopped, Robledo took off on foot. He was captured in the 1000 block of Main Street.


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A male occupant of the home reported that he had gone downstairs and found blood on the door to his adult sister’s room. He was worried his sister was hurt. The responding officer, Oliver Demery, forced entry into the room and found the body of Diane Carpenter (DOB 10-08-1952). They noticed a trail of blood drops leading away from the house. The victim’s son, Kaijamar “Kai” Dion Carpenter, called San Diego Police and asked to be picked up in the area of 51st Street and El Cajon Boulevard. Diane Carpenter was the assistant principal of EastLake High School.

Kaijamar was booked for his mother’s murder; however, he is described by his father, David Carpenter, as diagnosed with paranoid schizophrenia. “My son is sick,” he says. He claims Diane Carpenter had tried and failed to find a residential treatment center where her son could receive long-term care.

At the May 9 preliminary hearing in Chula Vista Superior Court, Kaijamar said in a videotaped interview: “I wanted to kill her. I wasn’t paying attention, I was just stabbing her.” Chula Vista Police Detective John Pene conducted this taped interview and testified at the hearing that he felt Kaijamar “was trying to throw me off track with my questioning. I think he may have some issues, but he knows what’s going on.”

Judge Esteban Her-
Tired of your Pterygium?

That red, irritating growth from the inner corner of your eye is called pterygium (tur-IH-jee-um). If it goes untreated, your pterygium can impair vision and eye function.

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“...The procedure was over in what felt like seconds. I could read without my glasses before I left the office. Three weeks later, my vision keeps improving. This has been a great experience for me and I recommend it highly!

–Kris Clark, 5/29/07

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THE FIRST OF MANY GANG-RELATED HOMICIDES IN SAN DIEGO
3600 36th Street, Cherokee Point January 14, 6:49 p.m.
Officers found a male lying on the sidewalk, suffering from a gunshot wound. The victim was pronounced dead at 7:10 p.m. A few minutes before the shooting, the victim had been in a fight with four Hispanic males. The four males fled northbound on 36th Street, leaving the victim lying on the sidewalk. Then, another Hispanic male drove up in a pickup truck and fired a gun.

SDPD Homicide identified the 25-year-old victim as Rudy Valdez. A few minutes before the shooting, Valdez was involved in a fight. The shooting has been determined to be gang-related. Lieutenant Jeff Sferra describes the gunman as Hispanic, in his late 20s, bald, with a thin build, wearing a white T-shirt and black pants. His truck is described as a dark-blue Toyota Tundra, with big rims and a Chargers light-badge. Waiting bolt in the rear cargo area, and a Chargers light-badge.

THE CASE OF THE RUDE AND SARCAS- TIC KILLER
300 Carlsbad Village Drive, Carlsbad January 19, 12:06 a.m.
Carlsbad Police Department received a 911 call about a fight in progress. Dispatchers were told that there was possibly a gun involved. Upon arrival, officers found the victim on the ground with apparent gunshot wounds. Paramedics responded and the victim was pronounced deceased on scene.

Officers were directed to an individual across the complex — David Jonathan Sumner, 21 — who, according to an eyewitness, might have been involved. When they attempted to contact Sumner, he fled on foot. Officers pursued and located him on the roof of a building in the 300 block of Carlsbad Village Drive. Officers recovered a gun nearby, which turned out to be the suspect weapon in the crime. It appears there were no ties between the victim and suspect prior to the crime. Sumner appears to have initiated the confrontation, which led to a physical fight.

Sumner was arraigned on May 29, 2007, for the shooting death of James Jay Wendal, 44, an Ocean-side resident. James Cowan, Wendal’s friend, stated the fight broke out because the two men bumped shoulders and then made “sarcastic” and “rude” remarks to one another. Sumner is being held on $2 million bail and is ordered to stand trial.

ANOTHER BODY IN A CAR
7800 Shorewood Drive, Skyline January 27, 5:25 p.m.
On a Friday evening, officers responded to a report of a body lying inside a parked car. They found a deceased male in the trunk of a car.
station wagon. Based on the condition of the body, the death was deemed suspicious, and Homicide detectives were called on the scene.

SDPD Homicide says the victim has not been identified and the case is still under investigation.

REAL ESTATE AGENT
ICED IN CONDO
9700 Winter Gardens Boulevard, Lakeside
February 1, 4:00 p.m. Sheriff’s Department received a 911 report of an armed suspicious person. The first deputy arrived on the scene at 4:03 p.m., entered the condominium, and found an injured male lying on the floor. At 4:16 p.m., paramedics pronounced the victim dead. Neighbors reported hearing two shots.

The San Diego County Medical Examiner’s Office

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*Subject to funding and governmental authority
identified the victim as James Marcel Magot, 64, a Pacific Beach resident who ran a real estate business along with his wife. Magot was a Vietnam veteran, a Purple Heart recipient, and an elder for his La Jolla church. Michael Ray Jennison, who lived in the condo, was a suspect in this homicide. Jennison, 36, was arrested on February 3, in Phoenix, Arizona. Police say he was driving alone and had three guns and $50,000 cash in his car. Sheriff’s investigators report that Jennison’s condominium was in probate, and Magot was shot after coming by with an offer to sell the property.

**DAUGHTER STABS MOTHER DURING CARD GAME**

4100 38th Street, San Diego
February 17, 6:40 p.m.

Police were dispatched to a report of a stabbing at an apartment complex. They found a 75-year-old retired woman, Mercedes Ramirez, suffering from numerous stab wounds inside the apartment. Paramedics transported the woman to a trauma center, but she died at 7:17 p.m. Inside another apartment, her daughter, Tomas Ramirez, 36, was arrested for the murder and taken into custody without incident.

Deputy District Attorney Wendy Patrick Mazzarella said Tomas Ramirez allegedly got up from a card game she was playing with her mother, went to the kitchen, grabbed a steak knife, and began to stab her mother. When the mother tried to run, the defendant stabbed her repeatedly in the back. Mazzarella said the defendant immediately called police and told them she had done, then proceeded to wash off the murder weapon. Criminal proceedings were suspended on June 5, when Judge Peter Deddeh ordered a mental-competency exam for Tomas Ramirez. The competency hearing was set for July 23, 2007.

**MAN DIES MYSTERIOUSLY AT TROLLEY STATION**

Cottonwood Road and South Vista, San Ysidro
February 17, 10:24 p.m.

SDPD officers were dispatched to a report of an injured person calling for help. They found a 25-year-old male, covered in blood, in the street near the Beyer Boulevard Trolley Station. Paramedics attempted to save the male, but he died at the scene at 10:24 p.m. The preliminary investigation has revealed that the victim was assaulted on the platform of the trolley station. The victim staggered down a path that leads to Cottonwood Road, where he collapsed in the street. SDPD says the male has not been identified and the case is still under investigation.

**VEGAS MUSICIAN SLEYS CARING FRIEND**

2100 Parktree Lane, Escondido
February 18, 8:35 a.m.

Escondido Police Communications received a telephone call from an unknown source reporting “two people dead and one person injured.” Officers arrived at approximately 8:40 a.m. A male subject, who had been shot in the face area with what is believed to be a small-caliber handgun, exited the house at approximately 8:46 a.m. He was immediately taken to an area trauma center. His wounds were not life-threatening. At approximately 11:45 a.m., the suspect, later identified as Octavian Crishan, 68 years old, of Las Vegas, Nevada,
Type 2 Diabetes can be a life-altering disease, but we may be able to influence the way it affects the lives of future generations. Medical research is exploring investigational medications to potentially manage Diabetes.

The Profil Institute for Clinical Research

is currently conducting a clinical trial investigating an oral medication that may help lower blood sugar levels.

You may be able to participate if you:

- Have Type 2 Diabetes
- Are managing your diabetes with pills but not using insulin
- Are between the ages of 25 and 65
- Are either surgically sterile or post-menopausal if you are female

You may be compensated up to $7,100 (up to 22 overnights are required).

For more information, please call:

619-409-1244

Synergy Clinical Research Center
1-888-619-7272

855 Third Avenue
Suite 4400
Chula Vista, CA
91911-1350

Phone:
1-866-308-7427
E-mail:
volunteer@profil-research.com

Profil Institute for Clinical Research, Inc.
Candles were placed on the spot where Easton was run over, and tributes to Easton were posted on his MySpace page. The driver was not charged with a crime, which was deemed self-defense.

Aladdin Casino. They said he attracted the attention of Sammy Davis Jr., who hired Crishan as a concertmaster for some of his shows.

In a June 19, 2007, hearing, a Superior Court judge ruled that a trial would go forth.

300 Hollister Street, Palm City
February 26, 7:30 a.m.
Two employees of a private business stopped their truck on the east side of Hollister Street. When they were ready to leave, they noticed what appeared to be a body in the Otay River. Closer inspection by officers called to the scene revealed that the body had been dismembered. Allen Burton Hawes’s torso was found in the Otay River. Hawes was 57.

On February 27, a tow truck driver found a human head in a plastic bag alongside southbound I-5, near 28th Street. A short while later, Caltrans workers found a human hand along southbound 163, at the exit for southbound I-5.

Gerald Michael Nash, an adult book-store worker, was arrested for the crime. He told police officers: “This all seems like a dream to me. Like I’m not even here.”

On April 9, 2007, two severed legs were found in Harbison Canyon. Searching Nash’s house, police found more than 30 driver’s licenses, credit cards, and birth certificates. San Diego Police say he may have been involved in identity theft, and they are investigating.

Another body found in a car

If you are one of the 15 million adults affected by depression, you may be eligible to participate in a research trial of a new depression medication now being studied.

You may be eligible for the study if:

■ You are between the ages of 18 and 70
■ You are experiencing symptoms of depression

All qualified participants will receive study-related care and study medication for up to 8 weeks at no cost.

To find out if you qualify for this study, or for more information, please call:
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• Heavy drinkers not seeking treatment
• Heavy drinkers seeking treatment
• Drinkers with depression seeking treatment

Attn: Heavy Drinkers

The Scripps Research Institute is conducting 3 investigational studies associated with drinking:
• Heavy drinkers not seeking treatment
• Heavy drinkers seeking treatment
• Drinkers with depression seeking treatment

The Scripps Research Institute

For more information and to find out if you can earn compensation for participating in one of these studies, contact:
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Are your worries excessive and uncontrollable? Do you experience
fatigue, insomnia, irritability?
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Feeling Depressed?
Ask us about the SAPPHIRE Trial.

SAPPHIRE

This research study is evaluating the effectiveness
and safety of an investigational drug compared to
placebo for the treatment of DEPRESSION in adults.

Call today to learn more about the SAPPHIRE Trial if you:
• Are at least 66 years of age
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Additional criteria will be assessed to determine your
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study drug or placebo and study-related examinations at no cost.

To learn more about the SAPPHIRE Trial, call:
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1-877-FOR-INFO (367-4636)

Sadness, low energy, trouble sleeping, can’t concentrate...
Depression – have your symptoms returned?
Clinical research study for adults with depression.

If you or someone you know is:
• 18-85 years of age
• Currently experiencing a depressive episode and have a history of recurrent depression
You may be eligible to participate in this clinical research study.

Qualified study participants will receive:
• A comprehensive medical evaluation as it relates to the study
• Supervised care by medical professionals during the study
• Study medication at no cost
Compensation for time and travel and an aftercare program may be provided.

If you are interested in learning more about this study, please call:
(619) 688-6565
See our website: www.ari-inc.com

Are you sad due to Bipolar Disorder?
Then there might be hope.
We are seeking volunteers for a clinical research study of an approved medicine under investigation for the treatment of depression due to bipolar disorder.

To qualify:
• You must be at least 18 years old
• You must have been diagnosed with bipolar disorder
• You must be experiencing symptoms of depression

Qualified participants will receive at no cost:
• Monitoring of bipolar and depressive symptoms
• Medical and lab exams
• Study medication

If you are interested in learning more about this study, please call:
(619) 688-6565
See our website: www.ari-inc.com

Is waking up tonight affecting your tomorrow?
Do you or someone you know have trouble staying asleep? Is it affecting daytime activities?
A study of an investigational medication is under way for people who have trouble staying asleep, characterized by waking up throughout the night (sleep maintenance insomnia).

To qualify for participation in this research study, you must:
• Be at least 18 years old
• Have trouble staying asleep through the night
• Be impacted in your daily life by your sleep problems

If you qualify and choose to participate in this study, you will receive an initial consultation, study-related examinations and laboratory evaluations, all follow-up visits, and you may receive study medication at no charge to you. Compensation for time and travel provided.

If you are interested in learning more about this study, please call:
(619) 688-6565
See our website: www.ari-inc.com

Depression Study
If you are one of the 15 million adults affected by depression, you may be eligible to participate in a research trial of a new depression medication now being studied.

You may be eligible for the study if:
• You are between the ages of 18 and 70
• You are experiencing symptoms of depression

All qualified participants will receive study-related care and study medication for up to 8 weeks at no cost.

To find out if you qualify for this study or for more information, please contact:
(619) 688-6565
See our website: www.ari-inc.com

Do you constantly worry? Every day?
Do you feel nervous, tense, or “on edge” most of the time? Do you have trouble sitting still or is it impossible for you to simply relax? Are you having trouble sleeping? If so, you may be suffering from Generalized Anxiety Disorder. Affiliated Research Institute in Mission Valley is currently seeking adults between the ages of 18 and 64 who have been diagnosed with or are experiencing symptoms of Generalized Anxiety Disorder to participate in a research study of an investigational medication. Participants will receive all study drugs and study-related medical care at no cost. Health insurance is not needed to participate. So, if anxiety is getting in the way of a full life for you or someone you love, please visit our website or call.

For more information about this study, please contact:
(619) 688-6565
or visit us online at: www.ari-inc.com
The shooter confronted the victim outside the donut shop, exchanged words with him, and shot him. The victim fled into the donut shop, and the suspect fired through the plate-glass window.

he took the bus back to their Solana Beach home, while she, an avid biking enthusiast, rode along scenic North Highway 101. She died of head injuries and a severed spinal cord.

A broadcast for the suspect vehicle went out on the air. Local agencies began looking for the vehicle and its owner, 41-year-old Brian Stephen Carnes.

The shooter confronted the victim outside the donut shop, exchanged words with him, and shot him. The victim fled into the donut shop, and the suspect fired through the plate-glass window.

he took the bus back to their Solana Beach home, while she, an avid biking enthusiast, rode along scenic North Highway 101. She died of head injuries and a severed spinal cord.

A broadcast for the suspect vehicle went out on the air. Local agencies began looking for the vehicle and its owner, 41-year-old Brian Stephen Carnes.

Escondido Police Officer Martin spotted the vehicle in a driveway on Rock Springs Road in Escondido and detained Carnes as he got out of the freshly washed 4Runner.

Carnes was arrested. He had a 1998 DUI conviction. He was booked into the Vista Detention Facility on charges of vehicular manslaughter, felony hit and run, and driving under the influence.

Deputy District Attorney Brenda Daly said that the charge of murder was later filed because of “his prior DUI conviction and the results of an investigation.” Carnes’s blood alcohol level was .26.

(continued on page 38)
Do You Have Insomnia?

Synergy Clinical Research is currently conducting a study of an investigational medication for insomnia. To be eligible to participate, you must meet the following criteria:

- 18-64 years of age
- In general good health
- History of insomnia for at least 3 months
- Have difficulty initiating and staying asleep
- Sleeping less than 6.5 hours

Qualified participants may receive at no cost investigational medicine and study-related physical exams as well as compensation for time and travel.

For more information, call: 888-619-7272

Are You a Healthy Female?

You may qualify for a medical research study at Covance.

To qualify you must be:

- A healthy female
- Age 18-45
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Participants receive up to $7,850 for time and participation.

Do you use insulin to control your Type 2 Diabetes?

If so, the Profil Institute for Clinical Research invites you to participate in a clinical research study involving an investigational insulin.

- Some overnight stays are required.
- You may be compensated up to $3,750 for your time and travel.

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• Be mistaken for medical conditions

If you are 18 or older, you may qualify to take part in a research study of an investigational medication for Generalized Anxiety Disorder.
Every study conducted by California Clinical Trials is staffed by a team of skilled and experienced physicians and medical professionals trained to place your comfort and well-being first.

If you participate, there is no cost to you…instead:
• You receive up to $450 for your time and travel.
• You receive no-cost study-related medication and study-related medical care.
• No reports are made to employers, schools, or insurance companies.

I fall asleep, but once I wake up…I am up!

• Restless sleep disturbs the normal rhythms of the body.
• When sleep difficulties become a regular problem it can affect your health.
• If you wake up in the middle of the night and can’t go back to sleep, you are not getting a full night of sleep.

If you have chronic problems returning to sleep after waking up in the middle of the night, you may qualify for a research study in our state-of-the-art sleep clinic and receive an investigational medication for poor sleep.
Every study conducted by California Clinical Trials is staffed by a team of skilled and experienced physicians and medical professionals trained to place your comfort and well-being first.

Qualified participants:
• Will receive up to $2300 for time and travel.
• Receive no-cost study-related medication and study-related medical care.
• No reports are made to employers, schools, or insurance companies.

Do You Have Insomnia?
Are You Taking Ambien?

California Clinical Trials is conducting a research study to determine if an investigational medication can be used to help patients stop taking Ambien.
Every study conducted by California Clinical Trials is staffed by a team of skilled and experienced physicians and medical professionals.

If you participate, there is no cost to you…instead:
• You may receive up to $500 for your time and travel.
• You receive investigational study medication and study-related medical care.
• No reports are made to employers, schools, or insurance companies.

Depression
steals more than your mood. It robs you of life’s pleasures.

Are you between the ages of 18 and 64 and finding life hard to tolerate? Has your energy and motivation to enjoy your life decreased? Do you find even simple pleasures empty?

California Clinical Trials has been assisting the pharmaceutical industry with finding new medications for depression over the past 20 years. Every study conducted by California Clinical Trials is staffed by a team of skilled and experienced, caring physicians and medical professionals trained to place your comfort and well-being first.

If you participate, there is no cost to you…instead:
• You receive up to $450 for your participation.
• You receive no-cost research study medication and medical care.
• No reports are made to employers, schools, or insurance companies.
Schizophrenia can tear families apart.

Do you or a loved one have schizophrenia? Have they tried Seroquel®, Risperdal®, Geoden®, Zyprexa® or Abilify®? Do they still feel hopeless, have side effects or continue to suffer from troubling thoughts or voices?

This loved one’s problem can break your heart. We are caring, experienced professionals funded by a well-known pharmaceutical company to conduct an inpatient and outpatient research study for qualified people with schizophrenia.

If your loved one participates, there is no cost...instead:

- They receive up to $1530 for participation.
- They receive no-cost research-study-related medication and medical care.
- No reports are made to employers, schools, or insurance companies.
looking for an apartment to rent, when they noticed several males walking toward them in the street. The males started yelling at the motorist, and one of them kicked the driver’s door. The driver accelerated to get away from his attackers but in doing so hit a third male who was standing in front of the vehicle. After running over the individual, the motorist stopped. The injured male’s companion started to chase him, so the motorist left the area and called 911.

San Diego Police identified the victim as Timothy Easton, 22, of Cardiff-by-the-Sea. Candles were placed on the spot where Easton was run over, and tributes to Easton were posted on his MySpace page. The driver was not charged with a crime, which was deemed self-defense.

THE CASE OF THE DONUTS PLUS SHOOTING

4090 El Cajon Boulevard, Kensington March 20, 2:28 a.m.
San Diego Police responded to a report of a shooting at Donuts Plus. They arrived to find an injured male in the rear of the business. The victim was transported to a trauma center, where he died at 3:24 a.m. Preliminary investigation has revealed that the victim, 38, and a male friend were eating at a taco shop next to the donut shop when the victim became involved in a conversation with another male. The conversation turned antagonistic before the male suspect left the taco shop. Approximately ten minutes later, as the victim and his friend were leaving, the suspect and his companion returned. The shooter confronted the victim outside the donut shop, exchanged words with him, and shot him. The victim fled into the donut shop, and the suspect fired through the plate-glass window.

Police identified the victim as Damon Green. They said no arrests have been made, and the case is still actively being investigated. Crime Stoppers offers a $1000 reward for information leading to an arrest and conviction. Call 888-580-TIPS.

ANOTHER BODY FOUND IN A CAR, THIS TIME BURNED
1330 North Magnolia Avenue, unincorporated El Cajon March 20, 11:59 a.m.
Sheriff’s Department received a call to assist the El Cajon Fire Department at the Magnolia Auto Repair. Deputies and fire personnel were directed to a locked mini-van. There was someone in the van who appeared to be unconscious and could not be aroused. Once the vehicle was forced open, the body...
of an adult male was discovered. Also apparent was the fact that there had been a fire inside the vehicle. It was at that point that arson investigators were called to the scene. Arson investigators’ initial determination suggested that the incident appeared to be of a suspicious nature. Investigators from the Sheriff’s Homicide Detail were notified and responded. Sheriff’s Homicide Department says the case is still under investigation.

**MAN STABBED OUTSIDE LIQUOR STORE**

1141 E. Washington Avenue, Escondido

March 22, 9:48 p.m. Police received a telephone call reporting a possible “stabbing victim in front of a liquor store. They arrived on scene at approximately 9:49 p.m. and discovered the victim collapsed on the sidewalk. The victim had indeed been stabbed and was unresponsive. The victim’s cousin, a witness to the stabbing, told police that two unknown Hispanic males had approached them after they’d made a purchase and exited the liquor store. One of the suspects exchanged words with the victim, pulled a knife from his rear pocket, and stabbed the victim;

**Patients with Heavy Menstrual Periods Needed**

If your periods are too heavy, a research study is underway using 2 investigational products for women with heavy menstrual periods. If you are over 18 years of age with regular periods and struggle with this heavy flow, you may want to consider this research study.

To possibly qualify you must:

- Be at least 18 years or older
- Have heavy but regular menstrual periods
- Not presently on oral contraception or willing to go off

Participants may receive study-related:

- Exam and consultation by a board-certified physician
- Lab studies, Pap smear and ultrasound
- Compensation up to $1200 for your time and travel

For more information call: 619-521-2841

PCSD~Feighner Research

is conducting a Sleep Maintenance Research Study in the San Marcos and Mission Valley areas. If you qualify, all study-related physical exams, labs and investigational medication are provided at no cost to you. Compensation for time and travel will be provided.

For more information, please call our toll-free number.

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1-877-367-4636

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**ADOLESCENT DEPRESSION**

Are you or an adolescent you know:

- Suffering from depression?
- Are between 12 and 17 years of age?
- Have had symptoms for greater than 2 months?

You may be eligible to participate in a clinical research trial for an investigational new medication.

Participants will receive free of charge:

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2. Investigational drug
3. Compensation for time and travel

For more information, call: 888-619-7272

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North County Reader August 2, 2007 39

Having trouble sleeping through the night?

Do you have insomnia?

Trouble functioning the next day?

Are you awake for one hour at least four nights per week in the last month? Are you age 18 or older?

PCSD~Feighner Research

is conducting a Sleep Maintenance Research Study in the San Marcos and Mission Valley areas. If you qualify, all study-related physical exams, labs and investigational medication are provided at no cost to you. Compensation for time and travel will be provided.

For more information, please call our toll-free number.

1-877-FOR-INFO
1-877-367-4636
both suspects then fled westbound on Washington Avenue. The witness described the suspects as Hispanic males, 16–19 years old, wearing dark clothing. The victim was transported to an area hospital, where he later expired from his wounds. Escondido Police identified him as 26-year-old Carlos Rios, of Escondido.

Police also identified one of the suspects as 25-year-old Charles Lara Rodriguez, responsible for the murder of Rios. Rodriguez is believed to be in the Escondido area and should be considered armed and dangerous. Rodriguez is approximately 5’9” tall, 150 lbs., with short black hair and brown eyes.

An investigation revealed that the suspect and victim had been involved in an argument over a jacket, and the suspect beat the victim while taking the clothing back from him. Both victim and suspect are homeless.

Police. If convicted, he could get 25 years to life.

AGAIN, ANOTHER BODY FOUND IN A CAR
6700 Bamburgh Drive, Clairemont Mesa East
April 4, 8:23 a.m. Police responded to a report of an abandoned car. Neighbors had first noticed the car on the evening of March 23 but did not contact the trunk. Based on the condition of the body, the death was deemed suspicious. The car, a Gold Chrysler Concord, had been reported stolen in Chula Vista on March 24.

San Diego Homicide detectives identified Ivan Lorenzo, 28, through a fingerprint check. Lorenzo lived in Tijuana but was a U.S. citizen. Police say the case is still being investigated.

BUM FIGHT OVER JACKET LEADS TO MURDER
200 Harbor Drive, Marina
April 8, 6:15 a.m. A citizen noticed a male down outside a business near the San Diego Convention Center. Police arrived to find the victim unresponsive. He had been beaten to death with a blunt object, said Lt. Kevin Rooney. Claude Dean, 63, was stopped by an officer at First and Harbor, according to Rooney, and arrested and charged with the homicide. An investigation revealed that the suspect and victim had been involved in an argument over a jacket, and the suspect beat the victim while taking the clothing back from him. Both victim and suspect are homeless. The District Attorney’s office says a trial date, if any, has not been set.

THE MYSTERY OF THE TWO DEAD BODIES
300 Woodman Street, Skyline
April 24, 1:00 p.m. The resident of the apartment unit, a 70-year-old male, had been at a local hospital for a week. He called two relatives and asked them to visit his home to check on it and to pick up some personal items.

# Research Studies

### Heavy Menstrual Bleeding

Do you experience heavy menstrual bleeding on 2 to 5 days of your regular menstrual period?

Does heavy menstrual bleeding keep you from your normal social and work activities?

If you answered yes to these questions, you may qualify for a research study of an investigational drug for heavy menstrual bleeding. This investigational drug is not a hormone.

- You must:
  - Be a generally healthy woman between the ages of 18 and 49
  - Have regular menstrual cycles with heavy bleeding
  - Not have any other bleeding disorder

If you qualify you will receive study drug and study-related procedures including physical exams, electrocardiograms, eye exams and laboratory tests at no cost.

You will also receive compensation for your time and travel.

For more information, please call:

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**Synergy Clinical Research Center**
760-871-0286

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**Are you suffering from Schizophrenia?**

Doctors in your area are comparing the effects of olanzapine taken orally with olanzapine given by injection for Schizophrenia. Review the list below to determine if you should call:

- You have experienced, at any time in your life, 2 or more of the following:
  - Delusions (false beliefs)
  - Hallucinations (seeing things or hearing voices)
  - Disorganized speech
  - Disorganized or abnormal movements
  - Emotional withdrawal
  - You had a worsening of any of the symptoms above in the past 24 months
  - You want to change your current treatment for these symptoms

If you qualify and are enrolled, you will receive one of the medications and regular medical evaluation at no cost to you. To learn more, call:

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760-871-0286
CLINICAL RESEARCH

Researchers at Sharp Mesa Vista Hospital are currently enrolling men and women into inpatient and outpatient studies.

Eligible participants may receive all study-related care at no cost, and may be reimbursed for time and travel.

Participation is confidential and trials are safely conducted under the supervision of experienced physicians and research specialists.

To learn more, please call the Sharp Mesa Vista Clinical Research Center at

(858) 694-8350

Clinical Research Center
SHARP Mesa Vista Hospital

If You Or Someone You Know Suffers From

Schizophrenia
or
Schizoaffective Disorder

and are between the ages of 18 and 65, you or that person may be eligible to participate in a clinical research trial.

Participants will receive study-related exams and investigational drug at no charge and compensation for time and travel.

For more information, call:

888-619-7272

SYNERGY CLINICAL RESEARCH CENTERS

Do you or someone you know suffer from SCHIZOPHRENIA and have been taking Zyprexa for less than a year?

You may be eligible to participate in a clinical research trial for an investigational medication.

Participants will receive at no cost:
1. Study-related exams
2. Investigational drug
3. Reimbursement for time and travel

For more information, call:

888-619-7272

Bipolar Disorder • Depression • Schizophrenia

You may qualify for a medical research study at Covance.

Qualified participants must be:
- A healthy woman who has been postmenopausal for at least two years
- Under age 65
- A non-smoker
- Able to participate in overnight stays

Participants will receive all study-related exams and investigational medication at no cost and may receive compensation up to $4,400 for time and participation.

Call Sunday-Friday for more information:
866-818-3253
Study 207429
9665 Chesapeake Dr., Ste. 200
San Diego, CA 92123
www.TestWithTheBest.com
The relatives went to the home, where they found the front door open. They entered. The living room had been ransacked. While checking the rest of the home, they discovered two males in separate rooms who both appeared to be deceased, with trauma to their bodies.

San Diego Police identified the victims as 50-year-old Daniel Lee Collins and 51-year-old Rock Walker. The resident did not know them. Police say it is unknown what their occupation was and the case is still being investigated.

**A STABBING AT THE BEACH**

100 Ventura Place, Mission Beach
April 29, 6:52 p.m.

Police arrived to find an unconscious male victim suffering from an apparent stab wound. Lifeguards and paramedics attempted to save the victim’s life, but he died at a trauma center at 7:26 p.m. Witnesses said the victim and an unknown suspect were in an argument that escalated to a physical encounter before the suspect pulled out a knife and stabbed the victim. After the stabbing, the suspect walked his bicycle to the parking lot on the north side of Ventura Place, placed the bicycle in the bed of a pickup truck, and drove away.

Police say they have yet to identify the victim or suspect and the case is still being investigated.

**MISSION BAY DREADlocked**

1000 V entura Place
April 29, 6:52 p.m.

San Diego Police arrived to find an unconscious male victim suffering from an apparent stab wound. Lifeguards and paramedics attempted to save the victim’s life, but he died at a trauma center at 7:26 p.m. Witnesses said the victim and an unknown suspect were in an argument that escalated to a physical encounter before the suspect pulled out a knife and stabbed the victim.

According to Lt. Manny Guaderrama, a similar sex crime occurred the prior week along Clairemont Drive, by a suspect with a matching description.

Ofﬁcers on board ABLE observed a male matching that description near the waterway of Tecolote Creek. Ofﬁcer Hamby parked his vehicle in the lot at 1300 Mission Bay Drive and approached the suspect, later identiﬁed as Dominic Long, 32.

Long appeared to be holding a shiny, sharp object clenched in one of his hands,” according to Homicide Unit Captain Mary Cornicelli. Long motioned Hamby toward him, and Hamby ordered, “Turn away and get on the ground.” Long refused to comply and started to walk toward Hamby, the sharp object still in hand.

Hamby, who has been on the force for 21 months, contends he believed he was going to be stabbed. He ﬁred his service weapon, shooting Long.

Long turned away, started to walk, and then collapsed on the concrete.

Other ofﬁcers arrived and found a chrome pocketknife in Long’s hand. They placed him in handcuffs and attempted ﬁrst aid. Paramedics pronounced Long dead at the scene.

Hamby has been placed on administrative duty while the case is being investigated.

---

**Gout?**

Do you have gout?

Pain, swelling, tenderness in your joints?

Our physicians are conducting a research study to see if an investigational drug can lower uric acid levels in the body (high uric acid can cause gout). If you have a history of gout or are currently experiencing gout symptoms, you may qualify to participate. As a study participant, you will receive all study-related care at no charge, including physical exams, lab services and study medication.

To learn how you can join over 2,000 other study participants, call our ofﬁce today or log on to www.gouttrial.com.

Ritchken & First, M.D.s
4381 Genesee Avenue #103, San Diego, CA 92117
Donna Perez, CRC, at: 858-292-0108 ext. 207

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**TYPE 2 DIABETES RESEARCH**

Dr. Robert Henry and his associates at the VA San Diego Healthcare System are looking for volunteers (both veterans and non-veterans) to take part in a research study evaluating the effects of an investigational drug not approved by the FDA being developed to treat Type 2 Diabetes.

Qualified participants will receive study-related care by board-certified providers, study-supplied drug, and a glucose meter with test strips to last the duration of the study at no cost, as well as up to $3,570 in compensation for time and travel.

To qualify, participants must:

- Be above the age of 18
- Have been diagnosed with Type 2 Diabetes
- Not be taking medication for your Diabetes

To learn more about the study contact Catherine DeLue at:

(858) 552-8585 ext. 6740
One Weird Gig

I DIDN’T SET OUT TO BECOME A PORNографER.

In ’84, about to become jobless, I grabbed the Yellow Pages and circled every “bookstore” listing within moped-riding distance of my North Park apartment. Hand-delivering my unimpressive résumé took me to a round, one-story building at 6321 University Avenue, where a sign out front informed that Jolar Cinema was a bookstore of the adult variety. The “cinema” referred to peep-show booths, where 8mm, 16mm, and (then new) video porn unspooled 24 hours a day. Live strippers performed in booths in the back.

The “bookstore” was a front room that had a few shelves of triple-X-rated magazines. A shaggy clerk charged me $2 admission (traded for eight machine tokens) to enter the rear room, where celluloid peep-show booths lined the perimeter and video booths ran down the center. The back of the club had an enclosed stage with narrow booth doors arranged in a semicircle around access windows. Customers entered a booth, dropped tokens or quarters into a slot, and a little hydraulic door rose to reveal one or more “totally nude” dancers on a stage. Another slot made it possible for customers to pass dollar bills to the women, who, thanks to the slight elevation of the stage, gyrated their pelvic region near the customer’s face. The windows cost $1 to open, but after around a minute, the shutter slammed shut, and it took more cash to reopen.

Behind the stage were four private-talk-show booths, where customers could solicit one-on-one performances from the ladies. A thick pane of Plexiglas separated the “dancer” on her raised mattress from the customer, whose side of the booth included a stool and a wall-mounted box of tissues. The cost here was $5 to start the show, plus whatever tips you stuck in the lady’s slot (a hole cut into the wall), with the show growing progressively raunchier based on tips. Dancer and customer communicated via boxy old

If a dancer was arrested for prostitution or for having drugs on the premises, I’d go to jail, too.
As Seen on Fox News and E! News Daily

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-Patty S., El Cajon

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-Carmen P., San Diego

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1211 East Pennsylvania, Suite B

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office box). At that time, he was already wealthy enough to co-own, with other company principals I’d later meet, several homes in La Costa. As I became more entrenched in the business, I’d see financial reports for nearby operations in the chain, such as the Eyeful in Ontario, Venus Fair in North Hollywood, and Cinema X in Bakersfield. It was stunning to see how much money was pouring into the company. Bickel upgraded me to manager, and I began building the bookstore into more of an adult boutique, putting up new shelves for highly profitable (and ridiculous looking) rubber, leather, and novelty goods, right down to the inevitable blow-up dolls and buckets-o-lube. We started one of the city’s first adult-video rental systems, with tapes (mostly Beta) arriving weekly from the company in Michigan. The company shipped all the chain’s stock and reorder from Variety Distributing, at 1112 North Saginaw in Durand. I wasn’t allowed to place orders with anyone else. I was supposed to keep it a secret that someone outside San Diego owned Jolar; the owner on the business license was a woman named Jackie Hagerman, and a company-owned home in La Costa was listed as her primary address, though she spent no more than a few weeks a year living there.

It was an odd job. Bouncer skills came in handy, particularly when drunk guys tried climbing over the booth walls to get at the ladies. I also had to deal with dancers’ angry boyfriends and husbands, ejecting several and signing more than one police report. I caught shoplifters, and I tell you, it’s hard not to laugh out loud when you catch a bald guy wearing a Freak Brothers T-shirt slipping a pocket rocket into his bumpy pants. I doubled up the janitorial shifts to have guys constantly cleaning and mopping the peep-show booths (truly among the world’s worst jobs). I had to acknowledge that I had one weird gig.

It got weirder after Lee Bickel took a vacation from which he never returned. The company told me he quit. Bickel told me he was fired. I know he threatened a lawsuit and received a sizable settlement. I remained friends with him until he passed away a couple of years later from AIDS-related illnesses. He had been diagnosed just before he vanished from the tiny manager’s office alongside Jolar’s front desk. I was covering Bickel’s shifts when “owner” Jackie Hagerman flew in from the main office in Durand and made me an offer I couldn’t refuse. Hagerman — a tiny, hyperactive, tough-as-nails Asian woman once described by a colleague as “Yokoesque” — offered me $1000 a week to manage the Jolar Cinema. Right away, I took the word “cinema” off the sign and redesigned it to read “Jolar — Live Nude Dancers,” since the dancers weren’t even hinted at on the old signage. Over the next 30 days, the weekend bank deposit increased from about $9000 to a little over $12,000, mostly on the strength of the bright new sign, advertising in local military papers (with a coupon for a “free nudie show,” actually a handful of extra booth tokens), and growing video-rental revenue as we expanded to take credit card and check deposits.

Another project was replacing the creaky old film projectors with video decks and oversized TV screens. I rebuilt the dancers’ stage, installing flashing built-in lights on the floor and ceiling. We revamped the private-talk-show booths, decorating each with a different theme: a tropical jungle, a colle-
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One reason Jolar paid me so well was that I was legally responsible for anything that happened. If a dancer was arrested for prostitution or for having drugs on the premises, I’d go to jail, too. You can believe I ran a tight ship. Bickel had installed a video-surveillance system that covered the stage and dancers’ dressing room, while wiretaps allowed us to monitor the conversations going on in private-talk-show booths. The eavesdropping was intended to ensure that the girls weren’t turning tricks or buying or selling drugs.

The threat of jail loomed constantly, and vice cops were always visiting, in particular Officer Goldy, badge #1356. Goldy’s job included policing the city’s strip shops. Suddenly, to keep our film booths running around to camera and hobby shops buying out the all-age-appropriate 8mm and 16mm film footage.

By that afternoon, the sounds of Donald Duck, Chitty Chitty Bang Bang, and King Kong clips boomed from within peep-show booths along with the usual moans and groans.
of porno loops! This lasted almost a month, and strangely, some of the non-X-rated movies earned as many quarters as the porn loops (black-and-white boxing films were inexplicably, disturbingly popular).

Around the same time, another new ordinance required adult shops to take the doors off the booths, even those with live girls. Our local lawyer, George Haverstock, argued that the legal definition of “door” allowed for a saloon-type swinging affair that provided a modicum of privacy. This staved off citations and possible closure for another few weeks while we wrangled new deals and tried to keep us in court (and, I suspect, to scare away customers). My old work files show ten official visits from police between August 10 and October 16, 1985, including:

8-10: Officer P. Dern, ID #2164, cited clerk for “litter” in 11 booths.
8-11: Officer Swarzendruber, badge #250, unit #2559, entered office and demanded “Beth’s” real name and address, would not say why he needs this information. I refused to provide, he left without further incident.
8-20: Vice officer J. Delesach, badge #711, ticketed second-shift clerk John for not having a Misc. Merchandising License on display.
8-26: R. Camacho, ID #2563, ticketed [clerk] John for having doors on booths. They told him he’d be arrested if they come back and doors are still on.
9-19: Officer C. Armstrong, ID #2740, ticketed [clerk] Tom for

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doors on booths, threatened with arrest if doors aren’t removed by next visit.

10-16: Officer Goldy, badge #1356, arrived at 1:00 p.m. with two vice officers and took photographs of the stage and all the girls working, refused to say why. Girls scared…I refused to let him in dancers’ lounge, he and other officers left.

Officer Goldy styled himself as our nemesis; often, to my mind—and perhaps his as well—playing Holmes to my Moriarty. He might as well have had a magnifying glass when he showed up to inspect the premises, checking for anything from the smell of pot in the dressing room, to “forbidden sexual acts” by dancers, to customers getting intimate with each other in the booths.

Goldy once cited a married couple for sharing a booth, even though they were only watching a movie, not screwing. He also wrote a littering ticket to a guy who dropped a tissue on the floor. By law, the girls were restricted in what they could do during private-booth shows, and vice officers, posing as customers, would arrest the girls if they caught them crossing the line, doing shows with two girls or with foreign objects (against company rules, and a firing offense if caught, but big tip generators nonetheless).

Nude dancers had to be licensed, which required attending a downtown class that Goldy taught. I used to drive new girls there and sit outside the police trailer where courses were held. Sometimes, I’d hear him tell the girls, “That guy out there is nothing but a lowlife bottom-feeding pimp who just wants to grab the last dollar bill right out of your G-string.” He’d come out afterward and wink at me, as though it were all a joke.

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action (I hesitate to say “harassment”) was happening at adult establishments all over town, not just at places with live ladies. I found this out from two guys who visited my Jolar office. They wanted me to join them in forming a merchants’ co-op for local adult-store and theater operators that would pool resources for things like group legal representation.

At that time, I’d never heard of Reuben Sturman or Gojko Vasic. They’d later be notorious figures in major legal brouhahas relating to their respective porn conglomerates. To me, they were just two guys trying to talk me into joining the 20 or so others who belonged to AMMO (Adult Merchants something-or-other; I forget, and my work files don’t say). I attended a handful of meetings. Representatives of most if not all of the bigwig Southern California porn concerns showed up at various times, including Noel Bloom (who’d previously owned Swedish Erotica), Norm Arno (owner of film company VCX, Inc.), Art Weisberg (who produced and distributed adult movies through Coastline Films on 333 Nutmeg Street in San Diego), and Johnny Zaffarano (who owned or ran several X-rated theaters).

SD PORN

CHRONOLOG #3:

1964 — Porn distributor Reuben Sturman (aka Robert Stern, Roy C. English, Robert Butler, Paul Shuster, and Paul Bekker), son of Russian immigrants and a onetime distributor of candy, tobacco, and comic books, is indicted on federal obscenity charges. FBI agents had raided his Cleveland warehouse, seizing 590 copies of a paperback called Sex Life of a Cop. Sturman then sues J. Edgar Hoover — both cases are later dropped. By 1985, Sturman controls General Video of America (GVA), among the largest distributors of X-rated tapes in the United States. Encompassing everything from production to retail sales and novelty production (as Doc Johnson), his empire financially controls around 200 businesses in 19 states, 1 Canadian province, and 6 foreign countries. Los Angeles police estimate Sturman owns 580 of the 765 adult peep-show booths in the city. He installs booths in about three dozen San Diego–area shops, typically providing equipment worth $22,000 to $60,000 to the store owner at no cost in return for a 50 percent kickback of the booth.
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North County Reader August 2, 2007 55
Vasic put out a less peculiar — and decidedly less La Cosa Nostra — vibe than Sturman, but his clipped Yugoslav accent caused him to sound mildly sinister on occasion, depending on what he was saying. He complained about City and zoning harassment, and he proudly dictated ordinances he claimed were effected solely with him in mind. This landed him in court often enough that he apparently thought he’d earned local martyrdom, if not outright deification. To Vasic, peep-show booths were not only the secret but the purpose of his considerable success. Asked if he’d ever consider hiring live strippers, he’d say, “Peep shows don’t get permits or pregnant.”

I recall one meeting at which vice cops sat down with local strip-club operators, though Sturman was a no-show, as were the other big-wigs. Vice was there to help us hammer out a legally acceptable definition of “masturbation,” down to whether over-the-clothes rubbing counted. This was an amusing cross-conversation. Mohney was there, along with his live-in mistress, and I recall her interjecting, “It shouldn’t even count unless the person masturbating has an orgasm,” which drew blank stares from everyone. I still don’t know if she was joking.

At least once the final wording was put into the new city ordinance, dancers busted for doing two-girl shows would be charged with “mutual masturbation” rather than “crimes against nature.”

I stopped going to AMMO meetings — and contributing dues — when I realized Jolar had little in common with F Street, the Kitty Kat. After a guy from Adult World defended his store’s leaving illegal waist-level “glory holes” drilled between peep-show booth walls (allowing anonymous physical contact between strangely inclined male patrons) because “Those booths make five times more money.”

Only a few meetings concerned those of us with live dancers (Body Shop, Les Girls, Star & Garter, and a couple of others), and Jolar was the only locale in the city with machine-operated live peep-show booths. Besides, I quickly grew uncomfortable being in close quarters with Vasic and Sturman. They were
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Sean S. Daneshmand, M.D.
the two most unnerving people I’d met in my porn career to date, simply because the blood in their veins seemed to run so cold. Peep shows were only my job—they were these guys’ lives.

**SD PORNS CHRONOLOG #4: 1985 — Gail Palmer, who the previous year had reported Harry Mohney for tax evasion, sues him for using her name without permission to promote films like The Young Like It Hot after he supposedly excluded her from their financial “partnership.” In a court deposition dated November 19, 1985, Palmer states, “Although Mohney incorporated his business, he had total management and control over it while placing other people in positions of officers and directors to avoid being connected to the business. These named officers and directors were merely Mohney’s puppets.” A New Year’s Day fire at Mohney’s Indianapolis office uncovers documents that lead authorities to raid one of his Michigan warehouses. Hidden paperwork reveals Mohney’s hand in more than 70 corporations, including Jolar Cinema Ltd. Evidence surfaces that he may have skimmed over a million dollars a year from some operations. The Meese Commission report on pornography (1986) links his business dealings with organized crime bosses, stating (page 1230), “Mohney worked closely with the La Casa Nostra (mob) DeCavalcante crime families, who dominated East Coast porn distribution with the Gambinos.”

On one of my worst days, a half dozen FBI guys showed up in my office. It seemed that Harry Mohney was in legal hot water, the feds having discovered that his company, not Jackie Hagerman, was Jolar’s true owner. When the feds saw the monitoring switch and speaker on my desk that cavedropped on the private-talk show booth phones, I was handcuffed and arrested for “maintaining an illegal surveillance system.” When they found a UPS box of porn videos sent from the Michigan office, they threatened to file federal charges against me for interstate transportation of pornography, which they claimed could earn me 20 years in prison. I sat there with my mouth shut (a company edict I followed religiously) while they tore away files, bankbooks, and records, even my school notebook from a night class I was taking in graphic arts. The charges against me were later dropped, but the FBI visited me a few other times. Most of their questions were about Mohney, particularly about his and the company’s residential properties in and around La Costa. I didn’t know at the time that his ex, Gail Palmer, had filed suit against Mohney in February ’85, claiming that she co-owned the house at 2520 La Costa Avenue (“I later discovered it was placed in the name of Caribbean Films, Inc.,” she wrote in a court declaration). I was surprised to find out the FBI knew I’d house-sat in a couple of those La Costa homes.

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North County Reader August 2, 2007 59
I was asked to prepare company houses for company guests. I’d be sent off by Hagerman or Mohney with a shopping list of snacks, fridge drinks, wine, condom boxes, and other stuff that I was to sprinkle around for visitors. I was occasionally introduced to a “fun loving” dancer or three to male company associates, with the girls making their own deals with Mohney, Hagerman, and/or the visitor if there was to be monetary compensation for their time and efforts. I know, I know…weird gig.

The house Hagerman frequented had all-white carpets and furniture downstairs, furthering that yokosue association for me. She liked my girlfriend and invited us to spend evenings and weekends there by ourselves, though she usually slotted in some shopping, dry cleaning, or car-delivery errands for me to do (she had a new Mercedes that always needed to be moved from some airport or another, as her expensive gold hood ornament kept getting stolen in parking lots).

After the FBI raided my office, and as I began hearing more about the growing porn empires of Sturman, Vasic, and my own boss Harry Mohney, my girl flat out asked me, “Jay, are you working for the Mob?”

I allowed that I couldn’t say for sure about the first two guys (especially after Sturman’s handcuffed briefcase), but I didn’t think Mohney was with the Mob. Maybe a mob, but not the Mob, you know? I’d met him several times; he was a nice guy. He’d congratulated me a bunch and paid me nice bonuses for the increasing revenue at Jolar. He didn’t talk like a wise guy or goodfella. He had a linguist’s elocution and vocabulary. He dressed like a high school math teacher.

SD PORN CHRONOLOG #5:
1985 — An indictment returned by a federal grand jury in Cleveland alleging Reuben Sturman conspired to evade millions of dollars in taxes by laundering $7 million through foreign bank accounts. He’s also accused of destroying records despite a grand jury subpoena. One of his codefendants, Scott Dormen, pleads guilty to conspiracy, admitting he delivered around $450,000 of unreported cash to Sturman. Meanwhile, Sternan-involved adult businesses in the Gaslamp Quarter (most operated under or serviced by his umbrella firm, Sovereign News Company) are being pushed out by new zoning and license restrictions. Mafia kingpins transplanted from the Northeast, such as John Antonelli (in the local porn and massage parlor business since the mid-’60s) and his associates, begin abandoning downtown porn emporiums.

Mohney (or rather the company) bought an adult bookstore at 827 National City Boulevard, and Hagerman and I began remodeling the cavernous interior, setting it up like Jolar, with live dancer booths. However, there was some doubt about whether the City would allow us to open the doors. Mohney wasn’t a legal county resident, I was told, or perhaps he was merely unwilling to apply his name to the license. Lord
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knows, in-house paperwork regarding his many business interests were treated like top-secret documents: need-to-know prioritized, arcanely coded, and promptly shredded. We were instructed to refer to him as “our friend” in company correspondence and reports.

In a meeting with Hagerman and Mohney, I was approached to follow him as “our friend” in company correspondence and reports.

The only reason the doors were opened was to ease the City’s threat of condemnation. In what is in hindsight a rare wise decision, I declined to become a part-owner of the National City store. Sure enough, it was shut down a few weeks later before the remodeling was finished, and neither Hagerman nor Mohney ever referred to it again.

Mohney was eying other San Diego sites for what would eventually become his Déjà Vu clubs. Downtown was seeing the death of its peep-show population. At the same time, the city was becoming a hot spot for both porn producers and resident stars, with more and more videos being produced (and sold) within city limits. We briefly carried, on consignment, a few videos literally handmade by the dancers themselves (or by their entrepreneurial pimp-slash-boyfriends). The company saw the future in live nude girls, especially those industrious enough to market themselves with trinkets like handmade videos, Polaroids, and even worn undergarments (which we briefly offered to customers free as a happy hour promotion, part of a paid private-talk-booth show and given right off the ladies’ backs, as it were).

The company opened new stores patterned after Jolar, such as Pandora’s Box on Sixth Avenue in Tucson, Arizona. Similar shops were started in Phoenix, Galveston, Las Vegas, and elsewhere, and Hagerman and I trained some of the new managers in Tucson or at Jolar. In-store porn-star signings became popular, with occasional media coverage. It wasn’t always positive coverage (“You’ll be shocked to hear what’s happening in your neighborhood!”), but anything that mentioned us was considered good press.

ST PORN
CHRONOLOG #: 1985 — Though Reuben Sturman avoids conviction in a federal sting operation dubbed MIPORN, he finally faces prison thanks to an IRS agent who, since 1975, had been investigating his worldwide holdings, including kickback money earned from peep booths set up in San Diego. Sturman’s found guilty of tax evasion in 1989, earning four years at Barstow federal prison camp near Barstow (plus a million-dollar fine). While in prison, he faces charges of conspiracy in a bombing said to stem from his hiring bikers to extort kickback money from porn shops. Sturman has a helicopter assist him in escaping from the low-security facility on December 7, 1992. He’s arrested eight weeks later in an apartment near Disneyland. He’s acquitted of the bombings but convicted of conspiring to commit extortion through the use of violence. Since he owes $29 million in back taxes, the IRS seizes all his available assets. Sturman dies of a stroke in late 1997. Gojko Vasic, founder of the F Street adult bookstore chain, dies in 1993. His wife Alma takes over the chain.

The dancers were making far too much money for Hagerman’s liking. She came to visit for a week.

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and revamped the system (her gold Mercedes hood ornament was stolen twice while parked out front, I suspect by angry dancers). She rebooked the girls as independent contractors and rented them booth space at the club to perform. We charged $75 per day off the top of anything they made and then took 50 percent of their tips, which customers put through the slots into the lockboxes. The women didn’t handle their money until the end of the week, when we’d deduct our booth-rental fees and our half of the week’s tips. This pissed off a lot of dancers, but none that I recall quit. In fact, competition became fierce to rent booths on weekend nights, with women paying days in advance to keep their preferred booth and shifts. Rent soon went up to $100 per booths.

After a few weeks of this system, the state Labor Commissioner came down on us. I was visited on June 26, 1985, by deputy labor commissioner Victor Rojas, who brought with him several vice cops and a fire inspector, Captain Marion Stillwell. Stillwell kept me busy with eight cited violations, including theft of dancers’ back taxes if they were selling themselves into slavery and that the lowest-wage earner among them took home more cash per night than the club manager (i.e., me). “Who’s exploiting wh0?” they posited. The protest signs didn’t come down, but it was enjoyable and amusing to see such disparate women, leading such unrelated lives, having a lively discussion in the front parking lot about a woman’s right to buy a condo off wages legally earned while nude.

The club was raided again in February 1986, this time by cops holding warrants for the arrest of several dancers and me. One of the dancers, “Angie,” had solicited an undercover cop, and others had been caught performing forbidden acts in private-booth shows for secret Sheriff shoppers (many of whom, the dancers insisted to me, exposed themselves and masturbated).

POLICE REPORT against Ellwest, excerpt: “The window in both side to view the other, and customers were asked to expose their penises and masturbate to show that they were not police. Each officer made excuses, however, and the performers did not insist. Officers saw defendant perform twice, each time with another woman. Each time, the performers fondled and licked each other’s breasts and masturbated… Officers who watched other performances testified that women other than campaigning to erase the pornographic blight on University Avenue. There were also occasional protestors. The 20 or so matronly ladies carrying “Jolar Exploits Women” signs around the building on four consecutive weekends (10:00 a.m. to 2:00 a.m., same shifts as the dancers) were my favorite. They actually listened to the dancers when they went outside to say that they weren’t being sold into slavery and that the lowest-wage earner among them took home more cash per night than the club manager (i.e., me). “Who’s exploiting wh0?” they posited. The protest signs didn’t come down, but it was enjoyable and amusing to see such disparate women, leading such unrelated lives, having a lively discussion in the front parking lot about a woman’s right to buy a condo off wages legally earned while nude.

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I’d never spent more than a couple of hours in jail for the company; someone had always bailed me out while the handcuffs were still warm and taken care of my court appearances. I can’t recall ever being in jail for the company; about two and four, into the back of the club where the dancer booths were. This was illegal and more than upsetting. Women seeing the kids through their booth windows were grabbing for their clothes and freaking out. Erreca, a stunning young mom and our highest-grossing day girl, ran up to my office crying and announced she had to go home, immediately. “I can’t be in there shoving my hand up myself while little kids are running around and laughing two feet away from me! This is sick!” I agreed, and a few minutes later I flat out told Mohney to take the kids (his, I later discovered) outside; I refused to let them stay another moment. He stared at me, mouth agape. Hagerman had heard me go off a time or two, but Mohney was the guy everyone in the company deferred and referred to with a reverence bordering on messianic. Even as I was kicking him out of his own store, I realized my days at Jolar were numbered.

He quietly gathered his kids and drove them somewhere. I don’t think he said another word to me. Ever. He showed up with a bunch of workers a few days later, and they began tearing apart one wall of the bookstore to build a connecting hall between the counter and my office. I hadn’t been informed this major remodeling was about to happen, and Mohney drove off before I could ask, “Wot the…?”

I decided it was a good time to take a vacation, and I said so, out loud, to myself in the office, just in case the FBI might be listening. On Hagerman’s next visit, I gave her the dates I planned to be gone. She looked me in the eye and said — ever concise and up front — “You realize you won’t have a job when you get back?”

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North County Reader August 2, 2007  65
said, referencing the event that’d landed me in company management. I packed up my stuff from the office, took down my Buddy Holly Story movie poster, made one last deposit, and visited the East Coast. When I returned to San Diego, Hagerman had hired a guy named George — whom I hear she later married — to run Jolar.

It was over ten years before I’d again see Jackie Hagerman or Harry Mohney. Hagerman won a “Good Guy” retailer award at a 1997 porn industry award show. She appeared pretty much the same as I remember her, remarkably well preserved and as wired looking as ever. Mohney made a rare personal appearance when Larry Flynt inducted him into Hustler’s “Porn Walk of Fame” in L.A. on October 29, 2003. He looked 30 or more years older than I recalled, appearing wizened and tired. He’d surely been through a lot.

**SD PORN CHRONOLOG #7:** While Harry Mohney escapes personal conviction in MIPORN, his company, Wide World of Video, faces corporate charges. In the last MIPORN trial, in 1987, he pleaded guilty and pays millions in fines.

1990 — federal prosecutors call Harry Mohney “the nation’s second-largest purveyor of pornography” and estimate his net worth at over $100 million. In October 1992, he begins serving three years for tax evasion at Boron federal prison camp. “He used scores of corporate entities to hide himself in a very effective way,” says Richard Deloach, the assistant U.S. attorney who prosecuted Mohney. “I have not encountered anyone who took cheating on their taxes to this kind of level.” A federal tax lien totaling $14,454,611 is levied against Mohney’s companies in October 1993.

The next time I visited Jolar, a year or so after my vacation, Hagerman had hired a new guy to run things. Willem Hooijenbos, a European, was listed in the articles of incorporation as “president of Jolar Cinema of San Diego Ltd.” In the years since, I’ve dated several of the Jolar dancers and gotten to know him a bit. At one time, Hooijenbos and I both dated a platinum blonde stripper calling herself “Savannah” (who lived with me while she worked at the club).

Contemporary Jolar girls told me the dancers weren’t making nearly as much money as in the old days, when $20,000 to $30,000 weeks were becoming commonplace.

Post-Jolar, taking a cue from the porn stars are, I founded my own comic book publishing company, Carnal Comics, featuring porn-star autobiographies. True Stories of Adult Film Stars became the top-selling adult comic book title of the ’90s. I got to work with and often befriend women like Annie Sprinkle, Marilyn Chambers, Jasmin St. Claire, Jenna Jameson, Haypatia Lee, Annabel Chong, Jill Kelly, Kendra Jade, Christina Angel, Ginger Lynn, Aja, Savannah, and dozens more licentious ladies. I fell in love with one porn star and lived with a few others, though those are tales best left untold, assuming you’d even believe me if I shared them. Jolar eventually proved to be nowhere near my weird- est gig.

**SD PORN CHRONOLOG #8:**

2000 — Harry Mohney co-owns the Déjà Vu strip club chain (reportedly grossing $10 million yearly), and his Déjà Vu Consulting firm manages over 60 strip joints (née “gentleman’s clubs”) in the United States and Europe, including the Hustler Clubs. He has eight children, four born out of wedlock. April 2000 — 19 local peep-show establishments are inspected by vice, who issue notices of violation at 12. Four arrests are made for violation of California Penal Code section 647(a) (Lewd Act in Public). And one person is arrested for violation of Health and Safety Code section 11364 (possession of narcotics paraphernalia). In May, City Attorney Casey Gwinn spearheaded an effort to have doors removed from area peep-show booths “to prevent group sex, masturbation, and a variety of unsanitary and unsafe sex practices.” He introduces the vice report at a city council meeting, citing items found in booths, including “excrement, sexual paraphernalia, used condoms, semen, used Kleenex, used napkins, clothing, urine, narcotics paraphernalia, hall- oons, and matches.”

I bumped into several ex-Jolar dancers over the years. Anorexic-thin “Toni” became a street prostitute and was battling AIDS when I last...

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saw her. Her voluptuous little sister “Honey,” with the Betty Boop voice — whom I hired on her 18th birthday — is an actress I’ve seen in several mainstream movies and TV shows (including Married... with Children). “Sandy” started her own real estate office in East County and has, I hear, done very well. “Mary Jane” has a high-profile job in a famous zoo run by her father. Russian transplant “Sapphire Skies” ended up managing Déjà Vu’s Kearny Mesa club, as well as appearing in an issue of Carnal Comics.

“Tiffany” filed a lawsuit against Jolar after ten years of employment, spending her last day locked (by herself) in her dancer booth and having to be removed by police, who disassembled the booth door. “Madalyn” is currently suing Jolar, claiming she was fired while pregnant (though she’s another former relative anonymous porn “star,” none of them to any notable acclaim. “Shyanne’s” porn website contributed to her losing custody of both her children.

**SD PORN CHRONOLOG #9:**
2000 — The City implements a no-touch rule at strip clubs that ends lap dancing. When the ban is contested, a city hall scandal erupts involving FBI wiretaps and bribery accusations regarding Cheetahs owner Michael Galardi allegedly paying off three city council members: Michael Zacchet, Ralph Inzunza, and the late Charles Lewis. San Diego strip clubs are said to generate around $20 million annual combined revenue. The city’s adult bookstores earn about $25 million. In

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Get two areas for the price of one. Call for details. Offer expires August 31, 2007. Expiration dates are renewed the last week of each month.

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With purchase of any nighttime or lowlight service. Or 20% off any other haircut. New clients only. Offer expires August 31, 2007. Expiration dates are renewed the last week of each month.

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2001, zoning issues force two of F Street’s San Diego stores to close. Of the 30 adult boutiques once based in the Gaslamp Quarter, only 2 remain. By 2004, only 19 of the city’s 39 licensed adult entertainment businesses have peep-show devices. A local ordinance is drafted and passed that forbids peep shows from operating between 2:00 and 6:00 a.m.

In January 2001, a new law went into effect, AB 2509, amending section 350 of the Labor Code to read, “Any amounts of cash paid directly by a patron to a dancer…shall be deemed a gratuity,” i.e., the ladies could keep 100 percent of their tips. Jolar attorney George Mull filed a lawsuit against the Labor Commission contending that the new law treats strip clubs differently than other industries and that the law “interferes with the contracts clubs have with their dancers.” The labor dispute is still in contention. At this writing, Jolar takes out the first $30 from the dancers’ booth machines, with the rest of the machine money split in half. The dancers keep all cash tips, in accordance with the new law, and they’re also paid an hourly minimum wage. They’re fined $100 if they leave their shift early.

Jolar principals keep popping in and out of my life. I cocreated a mildly successful comic book series with “Bonnie Michaels” (Nightingale: Mistress of Dreams) and “Deja Sin” (Fallen Angel). I paid for “Jezebel Flaire” to go to massage school while she was my mistress, and I covered the rent for “Mary Jane” for about a year while we were sleeping together (I guess qualifying her as another mistress, though she’d kick the ass of anyone calling her that). I dated “Shyanne” while she worked at Jolar a couple of years ago.

I now regret recommending the Jolar gig to her, as other dancers then encouraged her (back) into drug use and prostitution. Not that she wouldn’t have drifted toward that anyway, but strip clubs too often provided her — and many others — with an irresponsible one-stop shop.

According to Shyanne, the company opened a new locale on Barnett Avenue, where she sometimes “dances” in the same peep-show-booth setups. She told me robberies are frequent, vice is constantly on patrol, and her bosses claim the City is trying to shut them down. Again. The battle of the peeps — Jay Allen Sanford

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1-hour full body massage and Brazilian wax.

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1-hour full body massage, European facial, microdermabrasion.

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Permanent eyelash extension, European facial, head and neck massage.

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All prices expire 8/10/07. Most credit cards accepted.
LETTERS
continued from page 12
And I do think there’s a relation-ship to mad cow dis-ease and sicknesses, al-though the USDA doesn’t seem to agree with me.
Name Withheld

Reader Reviewed
From time to time, I pick up your magazine. Features I like are:
“Sheep and Goats,” crossword puzzle, free clas-sified advertisements, and occasionally an article. One I especially liked in the July 12 issue is “T.G.I.F.,” “Everybody Makes Mis-takes, John, Everybody,” by John Brizzolara. It came up just at a time when a friend of mine was experiencing crudeness from other peo-ple whom she had consid-ered friends. I picked up the phone and read it to her. I hope it helped her to be somewhat forgiving of their thoughtless-ness.

Some of your rougher contents are not pleasing to me, as you might expect from your wide readership. But I still find content I like, so thank you for it.

Matthew Alice: I remember when I was an assistant editor of a rag in Normal Heights. A young woman came in, inquiring about writing for the paper. She interviewed briefly with my boss. Upon leaving, she seemed crestfallen that she was not hired. I prayed for her. Later, I found her again, in the pages of your maga-zine. It looks like things turned out for the better for having been rejected. Thank you for taking her in and keeping her all these years. “Congrats, Matthew Alice!” Please tell her.

Jerry Schad: I remember taking an astronomy lab class from him years ago, when he was a professor with San Diego Commu-nity College. He had the patience of Job! He was tactful and caring, and so knowledgable. He inspired me to start watching the skies. A couple of years ago or so, I was at a star party in the Cuyamacas, watching for a direct hit of a satellite on an asteroid. With my Zeiss binocs and researched knowledge as to the tim-ing of the hit, I actually saw it. Sadly, all the astro-nomers who were there with their high-powered telescopes missed it. They misjudged the timing by 11 minutes and were too late. But what I learned from Dr. Schad stood me in good stead. “That you, Jerry Schad!” Please tell him.

Crossword puzzles: Too hard for me (I stubbornly refuse to look things up for answers to the clues). However, once or twice I actually complete them. Usually, I just tell myself that I did the best I could and congratu-late myself for getting as many answers as I did.

“Name This Place”: Some-times I actually recognize the place. Although I don’t take time to write in, it’s fun to try guessing, anyway.

“Sheep and Goats”: I ap-preciate your profiling the churches I frequent from time to time. Thank you for your closing question asking what they believe about Jesus Christ. It seems San Diego County has lots of places for you to interview! God bless you, and keep on keeping on!

Sara L. Brown

Guatay

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Halloween is about seeing and being seen...

The streets of Lahaina come alive with costume parades, delightful fresh-food stands and live entertainment for a SPOOKtacular evening! If you happen to be on Maui is a sea of sights, sounds and pure fun! Dubbed the Mardi Gras of the Pacific, Halloween on Maui is a sea of sights, sounds and pure fun! The Automobile Club of Southern California acts only as an agent for Pleasant Holidays. Programs, rates, savings, availability and itineraries are subject to change without notice and vary depending on tour/cruise selected, space availability and/or departure date. Certain restrictions may apply. Please refer to the Pleasant Holidays Brochure for terms and conditions. Members must present a valid AAA card and make reserva-tions through the Automobile Club of Southern California to obtain savings. CTR #1016202-80.

Lahaina, Maui
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Good Food, Good Health
A Twist on Filipino Cuisine

Since most Filipinos are immigrants, when they come here they change their diets,” says Ofelia Dirige, a nutritionist with a doctorate in public health. “They used to eat fish, vegetables, and fruit when they were in the Philippines; meat was expensive. When they come here, because the meat is so cheap and abundant, they start eating more meat. If you go to Filipino restaurants, most of the meat is fried and fatty.”

Dirige is cofounder of Kalusugan Community Services, an organization designed to promote health in San Diego’s Filipino-American community. According to the 2000 U.S. Census, approximately 1,850,000 Filipinos immigrated to the United States, making them the fastest-growing Asian-American group.

On Saturday, August 4, Kalusugan Community Services will host “The Taste of Healthy Filipino Cuisine Extravaganza” to introduce its campaign for healthy eating. “Kalusugan” means “good health” in Tagalog.

The purpose of the campaign is to reduce and prevent obesity among Filipino-Americans by working with the environment, which means working with Filipino-American restaurants and grocery stores,” Dirige explains. “One problem with Filipino restaurants here is they give you too much [food], especially rice. For example, fast-food places like Conching’s, Kanthan, and Maharlika — you go in there and just point to the foods that you want and they give you two scoops of rice to go with the meat. One serving of rice is only half a cup; two scoops of rice is the equivalent of four slices of bread.”

Popular Filipino-American food — lompa (meat-filled, deep-fried spring rolls), chicharon bulabab (deep-fried pork entrails), and chicken chicharon (deep-fried chicken skin) — is unhealthy. “Lompa is a roast pork — when you roast a pork, you include the fat with it, especially the skin. People like it because it’s very crunchy,” says Dirige. “We call it ‘highway to heaven,’ because when you eat it you have heart disease because of the fat.” Another favorite is pork knuckles, one of the fattest parts of the pig. “Fatty kinds of meats are cheaper than ones that are really lean,” says Dirige. She adds, “[Most] Filipino restaurants don’t serve any kind of salad.”

Dirige is working with Filipino restaurants to make traditional dishes more nutritious. Villa Manila, a Filipino restaurant in National City, has modified its recipe for pancit noodles by using less fat when sautéing the dish and offering chicken breast instead of pork. It also offers a fresh, unfried version of lompa.

Unhealthy items, still in high demand, will remain on the menu. “We don’t want restaurants to lose their business when we modify it. It’s a compromise. For people who want to eat healthy, there’s some options for them.” One smarter choice might be sinigang, a soup dish that includes fish and vegetables. Many restaurants are offering brown rice as a substitute for the starchier white.

“Usually the Asian population is kind of behind in terms of information relating to health,” says Dirige, who attributes the lag to death in America, it is fourth for Asian Americans.

Obesity is one of the major risk factors for developing type 2, or adult-onset, diabetes. As with heart failure, this risk is increased when a person carries excessive fat in the abdomen, a condition known as android obesity. “The apple shape, when people bulge in the stomach, is a higher risk than the pear shape, or more bulge in the hips. The one that is deadly is the fat in your belly, that’s the active fat,” explains Dirige. Most Filipino women tend to be apple shaped.

At the event, local chefs will conduct demonstrations of “healthy cooking with flavors of Philippine cuisine.” Larry Banares, executive chef at Hilton La Jolla Torrey Pines and host of a biweekly cooking segment on Channel 10 News, will prepare an avocado mango salad and pancit molo, or noodles stuffed with lean ground pork, diced shrimp, vegetables, and seasoning. The noodles (won ton wrappers) are boiled in chicken broth. Joseph Orate, department chair for the Grossmont College Culinary Arts Program, will cook Filipino-style chicken and vegetable chow suey and sinigang-style poached salmon.

— Barbarella

“The Taste of Healthy Filipino Cuisine”
Saturday, August 4
10 a.m. to 2 p.m.
Holiday Inn
700 National City Boulevard
National City
Cost: General admission, $5
Info: 619-477-3392 or www.webalusugan.org
Events that are underlined occur after August 9.

HOW TO SEND US YOUR LISTINGS: Contributions must be received by 5 p.m. Friday the week prior to publication for consideration. Do not phone. Send a complete description of the event, including the date, time, cost, the precise address where it is to be held (including neighborhood), a contact phone number, and a phone number (including area code) for public information to READER EVENTS, Box 85803, San Diego CA 92108. Or fax to 619-883-2401. You may also submit information online at SanDiegoReader.com by clicking on the events section.

BAJA
Mexico’s National and Regional Arts, crafts, and products are celebrated in Rosarito Beach Fair 2007, continuing through Sunday, August 19.
At the Palenque, see Julio Preciado on Friday, August 3, 1:30 p.m.; Luis de Alba on Sunday, August 5, 8 p.m.; and Horoscopos de Durango on Thursday, August 9, 9 p.m.
To reach the fair, take first Rosarito exit from toll road; fair is visible at its Boulevard Benito Juarez location. Admission: $5. 011-52-664-144-1421. (ROSARITO BEACH)
The Dramatic Play Dulce Lente-jueva presented Thursday, August 2, 8 p.m., at Centro Cultural Tijuana (Paseo de los Héroes and Mina Street, in Zona Rio). $13 U.S. 011-52-664-104-3310. (TIJUANA)
Raja California Wine Festival with music, food, entertainment, Friday, August 3, 7-11 p.m., at Rivera Cultural Center. $28 U.S. 011-52-664-172-3022. (ENSENADA)
“A Walk Through the Vineyards,” harvest festival with wine tasting, music, food, and entertainment, Saturday, August 4, 11 a.m., at L.A. Cetto Winery. $43 U.S. 011-52-664-638-5842. (ENSENADA)
More than 6000 Pounds of Dry Fruit, and small tree found from San Diego to Baja California Peninsula. The fruit is in fruit this month. The branches carry myriads of small bluish fruits covered with a white powder. The fruits have traditionally been used for various drinks and preserves.
San Diego’s Warmest Weather, on average, should occur in August through early September, according to statistics compiled from several decades of measurements taken near the San Diego Sports Arena.

In an average year, coastal residents enjoy an average daily temperature of 70˚F, which compares favorably (depending on your viewpoint) with the January average daily temperature of 55˚F. The range between the high and low is typically 10˚F or less this time of year. August’s warm, semiarid weather will eventually give way to September’s and October’s slightly cooler days interspersed with occasional heat waves brought on by Santa Ana conditions—dry, hot winds that sweep down the interior from the mountains or the desert to see it clearly; too much artificial light seems to broaden and become invisible. The Milky Way traditions have been used for various drinks and preserves.

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OUT & ABOUT

JOIN THE BELLOBATION!
Ringling Bros. and Barnum & Bailey circus, Wednesday-Sunday, August 8-12, San Diego Sports Arena.
(SEE SPECIALS)

RECEIVE A FREE DINNER. $189+ tax, double occupancy. Sunday-Thursday.

San Diego Reader
July 27-August 2, 2007
Volume 35 • Number 30
619-235-8200 TO PLACE AN AD

Great Escapes

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Roundtrip cruise for 2, $12 island bus or boat tours for couples who qualify and attend a 90-minute tour and vacation ownership presentation near home. No obligation. Call 7 days, 8 a.m.-7 p.m. Bonus gift card for 1st 50! 800-718-8810 x 51.

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Cupid’s Castle B&B

Rosarito Beach Hotel
Summer Family Vacation Getaway Package: $189
One night in an oceanfront room, two 30-minute massages, continental breakfast, dinner, 2 kids 12/under stay/fat free dinner $189+ tax, double occupancy. Sunday-Thursday: Wed 7/26-8/3; 9-10/7. Excludes holidays and to or near this property. www.rosaritobeachhotel.com. 1-866-ROSAARITO.

La Jolla Oceanfront B&B
Wind & Sea Beach and Breakfast invites you to come relax, rejuvenate and enjoy a commanding view of the Pacific Ocean. Sleep to the ocean surf and awake to your gourmet breakfast. 858-465-6665, www.windsandseaconradlakelanct.com.
Hikes in Search of Hawks, other birds in Jack's Pond Nature Center at 10 a.m. on Saturday, August 4, followed by Skyhunters program at 11 a.m. in big barn of Jack's Pond Park (96 La Moree Road). Admission to this “Discover San Marcos” event: $3. Required reservations: 760-744-9000 x3508. (SAN MARCOS)

History Walk, Offshoot Tours offers hour-long history walk, blending Balboa Park history with its wealth of architectural and botanical treasures, Saturday, August 4, 10 a.m., from visitors’ center. Free. 619-235-1122. (BALBOA PARK)

Walk a Suspension Bridge (the only one in San Diego), a wooden trestle bridge, and “other surprises” during an Urban Safari walking tour of Bankers Hill led by Patty Fares, Saturday, August 4, 10 a.m. $10. Reservations and departure point: 619-944-9255. (BANKERS HILL)

Check Out the Sun using special telescopes for viewing during star party in the San Pasqual Valley, Saturday, August 4, 3:30 p.m., at San Pasqual Battlefield State Historic Park (16666 San Pasqual Valley Road). Free. 619-884-5527. (CUYAMACA)

Sky Hunters, rehabilitated live birds of prey showcased during program, Saturday, August 4, 6 p.m., at William Hite County Park (4943 Heise Park Road). Free. 858-365-3600. (CUYAMACA)

California Native Plant Society leads walk on first Sunday of each month, including August 5, 9 a.m., from Tecolote Nature Center (5180 Tecolote Road). Free. 858-381-9961. (CLAIREMONT)

Nature Hike, mountain naturalist Clint Powell leads nature hikes around Lake Cuyamaca the first Sunday of every month, including August 5, 1 p.m. Three-hour hike covers about 3.5 miles. Bring binoculars. Day-use fee: $6 per car. Lake Cuyamaca Recreation and Park District center, 15027 High- way 79. 877-581-9904, 619-447-8123. (CUYAMACA)

What’s Biting and Where? “Lake Jennings Fishing University” convenes for instruction by Helix Water District lake manager Hugh Marx, Sunday, August 5, 1 p.m., at Lake Jennings County Park (9108 Bass Road). Program is free, parking is $3. 858-565-3600. (SANTEE)

Harbor Island Sunset Walk hosted by Walkabout, Monday, August 6. Three-mile walk starts at 6:15 p.m. by information board near restrooms in parking lot at west end of Harbor Island (on Harbor Drive across from Hilton Inn). Free. 619-222-3447, 619-231-7463. (SHELTER ISLAND)

“Tracking the Wiley Coyote,” naturalist Susan Cunningham leads moderate hike on Chaparral Nature Trail, east ridge to the ranch house, and back — main areas that coyotes inhabit in Daley Ranch — Tuesday, August 7. Two-hour hike starts at 5:30 p.m. at main entrance on La Honda Drive. Reservations requested: 760-839-6800. (SANTEE)

USA Dance Party with wide variety of music, first Saturday of each month, including August 4, at Dance North County (535 Encinitas Boulevard, suite 100). Lessons at 7 p.m., dancing 8-11 p.m. All ages, abilities. $7. 760-525-3124. (ENCINITAS)

“California Heritage Project” presented by California Ballet Company, August 4 and 5, at California Ballet Studios (4819 Ronson Court). Project described as “collage of dance and art work based on our own California culture...from neoclassical to flamenco to jazz.” Pieces include By Candlelight, Dedication, Pirates of the Pacific, others. Performances begin at 8 p.m. on Saturday, 2 p.m. on Sunday. Tickets: $13, $23, 858-560-5676. (LINDA VISTA)


West Coast Swing Dance Party, Sunday, August 5, 7:30–10 p.m., at Synergy Dance Zone (7480 Miramar Road). Introduction West Coast swing class: 6 p.m.; intermediate class: 7:30 p.m.; intermediate class: 8–11 p.m. All ages, abilities. $7. 858-792-9010. (POINT LOMA)

DANCE

Cross-Step Waltz taught during beginner-friendly dance on Friday, August 3, in room 207 of Casa del Prado. Open dancing follows lesson at 7:30 p.m. All ages, abilities. Partners not required. Donation: $1. 619-383-9906. (BALBOA PARK)

The Syncoptahs, a Los Angeles band, make music for contradancing, and JoAnn Koppany calls, Friday, August 3, 8 p.m., at Trinity United Methodist Church (3030 Thorn Street). Beginners’ dance workshop: 7:30 p.m. $10. Wear soft-soled shoes. 619-283-8550. (NORTH PARK)

USA Dance Party with wide variety of music, first Saturday of each month, including August 4, at Dance North County (535 Encinitas Boulevard, suite 100). Lessons at 7 p.m., dancing 8-11 p.m. All ages, abilities. $7. 760-525-3124. (ENCINITAS)

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Miramir Lake, perched halfway up the dry hills overlooking Scripps Ranch, Mira Mesa, and the distant coast, was completed in 1960 as part of the second San Diego Aqueduct project. Water flowing south to the reservoir originates from both the Colorado River Aqueduct and the California Aqueduct. As a key component in San Diego’s emergency water storage system, the lake is kept nearly full during the warmer and drier months of the year. As a result, there’s a palpable cooling effect when the summer breezes blow across the water.

The lake and the city-owned lands around it have long been popular for water-based activities such as boating and fishing, and for more strenuous pursuits such as walking, jogging, biking, and inline skating. Fishing and boating are permitted only on Saturdays through Tuesdays, from sunrise to sunset. The narrow, paved road following the shoreline of the lake is open to self-propelled travelers seven days a week year-round. Much to the dismay of exercise buffs, a strict closure (for security reasons) of a segment of that road over the top of the Miramar dam was in effect following the events of September 11, 2001. Last month, the closure was lifted, and once again “traffic” was flowing across the dam. The San Diego City Lakes Department describes the resuming of the closure policy as “tentative.”

The reopening of the perimeter road makes the five-mile full-loop journey around the lake much more palatable and less-repetitive than the seven-mile, out-and-back trips travelers have had to put up with for the last several years. Wednesday through Friday you’re practically guaranteed a more peaceful exercise experience, since there are no motorized vehicles allowed on the perimeter road on those days.

**LAKE MIRAMAR**

Loop the loop around Lake Miramar, by foot, bike, or skates. Distance from downtown San Diego: 15 miles. Hiking/biking length: 5 miles. Difficulty: Moderate.

Condominiums and townhomes have risen like bantam battlers all around Lake Miramar in recent years. The mood has changed from one of nervousness to one of quiet confidence within a surrounding suburban milieu. Yet even today there’s a reminder of former wildness in the pungent-scented sage scrub.

Moonlight Movies feature Common Sense, Saturday, August 4, at Stagecoach Park. (3420 Camino de Los Coches). Fun starts at 5 p.m., movie starts at dusk (around 8 p.m.). Free. 760-462-7519. LAUSDAF

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**ROAM-O-RAMA**

**“Rain in a Dry Land”** chronicles two Somali Banya refugee families and their lives in U.S. This POW documentary screens for Film Forum at San Diego Public Library (820 E Street) on Monday, August 6, 6:30 p.m. Free. 619-236-8800. In Mai Mahi, Somali, and English with English subtitles. (FREIGHTONERS)

**Filming Lot Pictures**, catch Audrey Hepburn in the thriller Wait Until Dark when it’s featured on Thursday, August 9, 8 p.m., in parking lot at Museum of Contemporary Art San Diego (700 Prospect Street). Bring a lawn chair, blanket. Free. 858-454-3341. (LA JOLLA)

**Lectures**

24th Annual Big Fish Tournament hosted by San Diego Rod and Reel Club is August 18 and 19. In preparation, head to “Big Fish Seminar” with presentations by Rock Cod Rick, Tim from Shelly Products, Thursday, August 2, 6 p.m., at Bali Hai Restaurant (2370 Shelter Island Drive). Registration: 619-922-6113. (SHELTER ISLAND)

Women Traveling Solo clinics planned at local Adventure 16 stores. Personal safety, budgeting, packing, cultural awareness, more. Clinics offered Thursday, August 2, at 2002 South Coast Highway 101 (760-966-1700); on Wednesday, August 8, at 143 South Cedros (858-755-7662); and Thursday, August 9, at 4620 Alvarado Canyon Road (619-285-2374). 7 p.m. Free. (MIRAMAR, OCEANSIDE, SOLANA BEACH)

Global Warming: Something Worth Getting Heated Up About? Series concludes with “Environmental Stewardship” presented by Tom English, Cal Tech professor and former scientific ad...
visor to President Jimmy Carter, on Friday, August 3, 7 p.m., at St. Peter’s Episcopal Church (334 14th Street). “What role can churches and people of faith play in protecting God’s creation?” Free. 858-753-1616 x118. (DEL MAR)

“Hidden German Genealogical Sources in the Family History Library in Salt Lake City” is topic when Penny Feike addresses German Research Association, Saturday, August 4, 9 a.m., at Joyce Beers Community Center (3900 Vermont Street). Free. 619-278-4660. (HILLCREST)

Fragility and Beauty of Aquatic Life explored in “Dana Montlack: Recent Works,” on view through Sunday, August 26, at Earl and Birdie Taylor Library (Pacific Beach Library, 4275 Cass Street). Montlack discusses her “endeavors in digital photography and digital media” during artist’s talk, Saturday, August 4, 1 p.m. Free. 858-581-9934. (PACIFIC BEACH)

Get to Know the Mars Phoenix Lander when NASA/JPL Solar System Ambassador Jay Lavine presents preview of NASA’s newest mission to Mars, Saturday, August 4, 1 p.m., at Reuben H. Fleet Science Center. Included in regular admission. 619-238-1233. (BALBOA PARK)

Courtroom Sketch Artist Debbie Krentz Johnson demonstrates techniques for Pastel Society of San Diego on Sunday, August 5, 2:30 p.m., at Mission Valley Library (2123 Fenton Parkway). Free. 619-713-1128. (MISSION VALLEY)

“Skeletal Change: Bones as a Living Tissue” — physical anthropology curator Tori Heflin leads tour of bones as they grow and function in human body for

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Gregorian Chant Mass

Schola and congregational singing. Hymnals/misals provided with Latin-English pages.

Sunday, August 12, 4:00 pm
Pizza Social with singing by the Schola after Mass.

Our Lady of the Rosary Church
San Diego’s Jewel Box of Baroque and Rococo Art
State and Date Streets (Little Italy) • Downtown San Diego
**A Salute to the Andrews Sisters,** music from war years presented in style of America's "Queen of the Juke Box," performed by Kris Bauer, Kelly Harless, Elyse Hae, Giovanna Cabrera, Austen Eames and Chantillie Caberra on Friday, August 3. Concert starts at 8 p.m. in Kit Carson Amphitheatre (3333 Bear Valley Parkway). $15. 760-735-1141. (DEL MAR)

**Ricardo Lemvo and Makina Loca** play Afro-Cuban tunes for TCFF Jazz in the Parks series, Friday, August 3, 6 p.m., at Pine Avenue Park (3205 Harding Street). 760-434-2804. Free. (LA COSTA)

**The City’s Finest and Flux Theory** perform for Concert on the Green on Friday, August 3, 6 p.m., at Prescott Promenade (211122 East Main Street). Free. 619-401-8858. (EL CAJON)

**Stand-Up Comics** Matt Kirsch and John Wessling perform for Ocean Beach Comedy, Friday, August 3, 7 p.m., at Winstons Beach Club (1921 Bacon Street). Kirsch and Wessling are two stars on fledgling online social television network Operato11.com, with their shows Hilarious! and The Red Eye; their live show will be netcast live on operato11.com site. $5. 619-222-6822. (OCEAN BEACH)

**The Tony Award-Winning Musical** Into the Woods is presented by Carlsbad Community Theatre, August 3–5, at Carlsbad Community Cultural Arts Center (3537 Mounce Street). Curtain rises at 7 p.m. on Friday and Saturday, 2 p.m. on Saturday and Sunday. Tickets: $15 general, $12 seniors and students. 760-931-8709. (CARLSBAD)

**Broadway Rocks!** San Diego Symphony Summer Pops and "four top-notch Broadway vocalists" perform songs from Wicked, Rent, The Lion King, Tommy, Phantom of the Opera for concerts on Friday and Saturday, August 3 and 4. Evenings conclude with fireworks. Concerts begin at 7:30 p.m. (gates open 6 p.m.) at Embarcadero Marina Park South (206 Marina Park Way). Single tickets: $12–$85, available by calling 619-235-0804. (DOWNTOWN)

**“Luncheon of the Boating Party”** signed, discussed by author Susan Vreeland, Saturday, August 4, 11 a.m., in Oceanside Library community rooms (330 North Coast Highway). Free. 760-721-2757. (OCEANSIDE)

**The Electric Blues-Rock Quartet** 145th Street entertain for summer concert series at Bird Park (at 28th and Thorn streets) on Saturday, August 4, 5:30 p.m. Free. 619-204-5606. (EL CAJON)

**Berkley Hart in Concert** for AcousticMusicSanDiego, Saturday, August 4, 7:30 p.m., at Normal Heights United Methodist Church (4650 Mansfield Street). $18, $20. 619-303-8176. (NORMAL HEIGHTS)

**Noted Mandolinist and Guitarist Tom Corbett** brings his band to stage for concert hosted by San Diego Folk Heritage on Saturday, August 4, 7:30 p.m., at San Diego United Methodist Church (178 Calle Magdaleno). $15. 858-566-4004. (ENCINITAS)

**Comedy at Twiggs** — comedians Jeremy Saville (from HBO), Mal Hall, Kyle Smith, headliner Eddie Pence from Comedy Central, emcee “The Reizinator” — all at Twiggs Coffeehouse (4590 Park Boulevard) on Saturday, August 4, 9 p.m. Cover: $5. 619-987-5710. (SUN VALLEY)

**Benny Hollman’s San Diego Charger Party Band** plays blues, salsa, soulful jazz for La Jolla Concerts by the Sea in Scripps Park at La Jolla Cove, Sunday, August 5, 2 p.m. Free. 858-454-1600. (LA JOLLA)

**Hailing from the Mollies, singer/songwriter Nancy McCallion** is joined by Danny Krieger in concert, Sunday, August 5, 5 p.m., in Schulman Auditorium at Carlsbad City Library (1775 Dove Lane). Free tickets issued at 1 p.m. at door. 760-602-2012. (LA COSTA)

**Summer Sunday Concerts by the Sea** at Moonlight Beach promise oldies when the Corvettes perform on Sunday, August 5, 3–5 p.m. Dogs, alcohol, glass prohibited on beach, located at western foot of Encinitas Boulevard. Free. 760-633-2740. (ENCINITAS)

**Blues Racket** plays all kinds of high-energy music for Concerts on the Green at Kate Sessions Park, Sunday, August 5, 4 p.m. Find park on Soledad Mountain Road (off Lamont Street). Free. 858-483-6666. (ENCINITAS)

**Conductor, Musician Tom Scott** joined by Jimmy Muldore’s Jazz Train for summer concert series, Sunday, August 5, at Quail Botanical Gardens (230 Quail Gardens Drive). Dinner begins at 5 p.m. ($35 includes food; concert at 5:45 p.m. $20 without dinner). Reservations: 760-436-3036 x206. (ENCINITAS)

**Expect Boogie-Woogie** when Sue Palmer and Her Mob Swing Orchestra play for “Music in the Park” series, Sunday, August 5, 5 p.m., at Memorial Park (1373 Park Way). Free. 619-585-5682. (CHULA VISTA)
What’s That You’re Reading?

NAME: SHAUN GILBERT  |  AGE: 16  |  NEIGHBORHOOD: LA MESA
OCCUPATION: STUDENT  |  WHERE INTERVIEWED: HARRY POTTER BOOK RELEASE PARTY
AT THE LA MESA PUBLIC LIBRARY

What books are you currently reading?
The book I most recently finished is Stormbreaker by Anthony Horowitz. It’s set in Britain, and it’s about an American kid named Alex Rider. His uncle is dead, and he finds the cause suspicious: he’s told that the uncle was in a car crash, and wasn’t wearing a seat belt. Alex knows his uncle was always very careful. So he goes to the dump and finds that the car windows were shattered by bullets. Eventually, he’s blackmailing into being a spy for his country. There was a lot of suspense and action, and it was very thorough and descriptive.

Favorite characters?
Alex — he’s basically a 14-year-old version of James Bond. Tell me about your favorite authors?
My favorite author of all time is Christopher Paolini, the author of Eragon. He has a new style. He created a new language, a new world. In that way, he’s similar to Tolkien, but he puts more detail into every thing he writes. Dwarves have multiple gods, elves are vegans, human beliefs and skills are widely varied. In Eragon, when you cast a spell, it takes away your energy, as if you actually did the thing by hand. The spell is just a shortcut, a way to do it faster in a different way. With Harry Potter, you just say a charm and flick your wand. You don’t lose any energy; it just happens. What magazines or newspapers do you read?
None.

What conversations do you have about what you’re reading?
I talk about books in my book club here at the library. We have a sheet of questions, and the person who reads the question answers first. Then anyone who wants to answer can speak. I speak when I find the question interesting; usually they get me to think about the book in a different way.

Tell me about style and language.
It’s a normal writing style, written in third person. The only odd and descriptive.

Mostly, I read fantasy books, things like Eragon, Harry Potter, and Lord of the Rings. Books that have more complicated plotlines and go into more detail. Fantasy fascinates me. There’s a very thin line between fantasy and sci-fi. What we think cannot possibly be would be categorized as fantasy, and what we think is not, but possibly could be, is classified as sci-fi. I’ve heard of reading for fun being called “escape reading.” For me, fantasy is more of an escape — to jump into a new realm, new ways of thinking — than sitting in the same world with new inventions, most of which will be possible within the next decade. What book has been most life-changing for you?
The Bible, because it’s the truth, and makes me see what life is about. I have a favorite verse: “The King will answer to you, saying, ‘Whatever you have done unto the least of these brothers of mine, you have done unto me.’” Matthew 25:40.

Tell me about your favorite books?
Well, I had a favorite scene, where Alex is playing sneaker with the villain, and he acts like he’s really bad at the game, and then later, beats the villain easily. It’s full of smart, funny talk.” Compare with other books you’ve read?
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Family Concert with audience participation, stories, old tunes performed by musician Nancy St. John, Wednesday, August 8, 6:30 p.m., Rancho Peñasquitos Library (13330 Salmon River Road). Free. 858-538-8159. Appropriate for all ages, indoor performance.

Poetry Reading by Janet Baker hosted by Magpie Park Poets, Wednesday, August 8, 7 p.m., at Cole Library (1230 Carlsbad Village Drive). Open reading follows. Free. 760-602-2026. [LA JOLLA]

Music, Poetry Comedy — all welcome during open-mike performances planned every Wednesday, 8:30–11:30 p.m., at South Park Bar and Grill (1946 Fern Street). Sign-ups: 8 p.m. Free. 619-696-0096. [SOUTH PARK]

Classic Surf Sounds! Enjoy music by the Surf Kings, Thursday, August 9, 7 p.m., at Ocean Beach (Seventh Street). Concert is in conjunction with current exhibition, “The 70s: Surf Photography by Jeff Divine with current exhibition, “The ’70s: Balboa Park and Grill (1946 Fern Street). Sign-ups: 8 p.m. Free. 619-696-0096. [SOUTH PARK]

See Stars in La Costa! Tennis stars including Venus and Serena Williams, Justine Henin, Martina Hingis, and many others compete in 2007 Acura Classic, continuing through August 3 at La Costa Resort (1200 Costa del Mar Road). Matches generally begin at 10 a.m. and 7 p.m. on weekdays, with play starting at 12:30 and 6:30 p.m. on Saturday and August 4, and 1:30 p.m. on Sunday, August 5. Tickets: $10–$110. 760-438-5863. [LA COSTA]

Boys of Summer, San Diego Padres host Arizona Diamondbacks in Petco Park, Thursday, August 2, 12:35 p.m. San Francisco Giants arrive for games August 3–5, at 7:05 p.m. on Friday and Saturday, 1:05 p.m. on Sunday. Padres head out on road trip to St. Louis for games against Cardinals, Monday–Thursday, August 6–9, at 5:05 p.m. each night. Tickets: $8–$867. 619-793-5005. [EAST VILLAGE]

The Horses Are on the Track! Seaside racing season hosted by Del Mar Thoroughbred Club continues through Wednesday, September 5, with racing every day except Tuesday. Post time is 2 p.m. except Four O’Clock Fridays (August 3, 10 p.m.), Sunday, August 4 and 11 p.m., and 3:30 p.m. on August 19, 24, 31.

Carnival Summer Special! Balloon Rides $149 per person REG. $195. Must mention ad. 4 persons required in the most useful balloon in Del Mar! $149 800-558-5828 www.TLDreams.com FAA Certified Pilots. Fully insured. Colorful balloons in Del Mar for couples who qualify & attend a 90-minute tour & vacation ownership sales presentation near home. NO obligation. CALL 7 Days: 8 am-7 pm 800-718-8810 ext. 52 760-758-3839 ext. 52

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“Cowboy Boots: The Art and Sole” read from and signed by Bruce Weber for Portland, Maine, by Bruce Weber. Price: $34.00. Available at all retailers.

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OUT & ABOUT

EXPRESS GRATITUDE — BON ODOR: Gardening Day, Saturday, August 4, San Diego Buddhist Temple. (SEE SPECIALS)

Latin American Festival and Mata Ortiz Pottery Market, August 5–3, at Bazaar del Mundo shops (4135 Taylor Street). Traditional art, clothing, jewelry, entertainment. Festival begins at 10 a.m. each day, closes at 8 p.m. Friday and Saturday, 5 p.m. on Sunday. Free. 858-296-3616. (OLD TOWN)

Axel Draggers showcased during Cruisin’ Grand on August 3. Events held every Friday through September 28–3, 5–9 p.m. Over 400 pre-1974 American-made hot rods, custom, vintage, classic cars and trucks participate in cruise loop running down Grand Avenue and back up Second Avenue. Free viewing. 760-745-8877. (ESCONDIDO)

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Bridal Bazaar Sunday, August 19 S&D Convention Center, 1:00-5:00pm. More than 200 exhibitors with everything for your wedding. Info: www.sandiegobridal.com. $20

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Tai Ji, Qi Gong Classes offered by Helen Hu every Saturday, 9 a.m., near art show on Shelter Island. Fee: 858-226-5050. www.taijilife.com

“ Xtreme Nation 07,” Saturday, August 4, 9:30–5 p.m., at Oceanside Pier Amphitheatre. 760-415-5541. (ESCONDIDO)

“Art in the Park,” members of Point Loma Artists host seventh annual outdoor art show and sales event, Saturday, August 4, 10 a.m.–3 p.m., in Pluma Park (in 2680 block of Chatsworth Boulevard). Work in variety of media. Free admission. 619-580-7803. (POINT LOMA)

Project Hope introduced by AARP Chapter 239 Encinitas to public during program on Saturday, August 4, 10 a.m., in La Jolla Village Square community room (to right of movie theater box office, 8650 Villa La Jolla Drive). For all ages to “share ideas with those in the community who have wanted to become active in some things but have not yet decided what that is.” Free. 760-733-2456. (LA JOLLA)

Psychic Fair hosted by Harmony Grove Spiritual Association, Saturday, August 4, 10 a.m.–4 p.m., on the green at 2973 Washington Circle. Wide variety of readings including psychometry, flower readings, pendulum, tarot, runes, trance channeling. All sessions: $20 for 15 minutes. 760-745-9176. (ESCONDIDO)

“Taste of Filipino Cuisine Extravaganza” with sampling of various Filipino dishes by Chef Larry and other local chefs, Saturday, August 4, 10 a.m.–2 p.m., Holiday Inn (700 National City Boulevard). Healthy Eating Campaign event includes cooking demonstrations. General admission: $5; seniors and students: $3. Recommended reservations: 619-477-3392. (National City)

Tai Chi Wellness Center Demonstration, Saturday, August 4, 10–11 a.m., at South Clairemont Recreation Center (3605 Clairmont Drive). Demonstration includes Wu-style tai chi form, push hands, self-defense, sword form, saber form, energy form, dance. Participants, audience members invited to join in. Call 858-272-2698. (CLAREMONT)

Get the Buzz, view real mutant fruit flies when scientists from Salk Institute of Biological Studies give a part in “DNA Day at the Fleet,” Saturday, August 4, noon–3 p.m., at Reuben H. Fleet Science Center. Included in regular admission. 858-238-1233. (BALboa PARK)

Psychic Fair and Metaphysical Conference, Saturday and Sunday, August 4 and 5, noon–6 p.m., at Alexandra’s BookStore (3545 Midway Drive, suite G). Tarot, palmistry, numerology, other psychic arts. $20 per reading. 858-298-1422. (PACIFIC BEACH)

“Who Art Thou?” Kirby Fairfax seeks to start a group “in which participants... use expressive arts for increased self-knowledge, edge and wholeness.” Exploratory art session, Saturday, August 4, 2–5 p.m., at Cape Primrose (139 South Main Avenue). Free. Donation: Reservations: 760-216-7330. (FALLBROOK)

Express Gratitude for the Gifts of Life and ancestors during Bon Odor: Gathering of Joy on Saturday, August 4, 5–9 p.m., at San Diego Buddhist Temple (2929 Market Street). Dancing, taiko drumming, food (for sale), entertainment, exhibition entitled “Ni- hon Tamashii: Celebrating Nihonki Traditions.” Free. 619-239-0896. (DOWNTOWN)

SINGGRAPH 2007, with 25,000 creators and users of computer graphics and interactive techniques convening for creative exploration, includes the “SIG-...
North County
858-755-3735.

de la Valle). Participants assigned
with literary agents Frank Scatoni
book-in-progress or book ideas

Mission Bay Woodcarvers
Speed-Pitching!

Ceremony
Experience a Traditional Tea

Wednesdays through September 7.

On Wednesday, August 8,

Off-Road Madness

levels from beginner to master
Santa Clara Recreation Center
every Monday, 10 a.m.–1 p.m., at
619-232-2780.

included in garden admission.

Singles

Are you single and over 40?

Imagine finding the love of your life this weekend!

Who knows if you are really missing out on

KIDS

What Are Flowers, and Why Are They Beautiful?
seems like the garden explores “Flower

When San Diego Junior Theatre

Balletcirco’s “Isadora” features the

MUSEUMS

California Surf Museum, “The
Surfer-Shapers,” on exhibit through
2006, showcases several surfers
whose conceptual abilites and
crafting talent radically altered
surfboard design. The search has
ever been lighter, faster, more
maneuverable boards, from
Duke Kahanamoku in early 1900s
to Tom Blake in 1920s to Simon
Anderson in early 1980s.

Museums

San Diego County Sheriff’s
Museum, the 150-year history of the
sheriff’s department is high-
lighted at the museum, which is
located “just feet away” from the
original cobblestone jail site, built in
1850. The museum boasts artifacts,
photographs, equipment, uniforms,
and vehicles, along with exhibits
from each of the departments mak-
ing up the organization such as
crime scene, K-9, court service,
dentures, crime lab, bomb squad,
and many others. Find the museum
at 2384 San Diego Avenue; 619-280-
1890. (OLD TOWN)

The museum features surfing
artifacts and memorabilia — such
as surfboards and clothing — of
local legends Phil Edwards, John
“L.J.” Richards, and Peter John-
sen, and Duke Kahanamoku. The
museum is located at 223 North
Coast Highway; 760-723-0876.
(OCENDEME)

Chula Vista Nature Center,
an interactive living museum, is
located to the endangered Southern
California coastal wetlands, located in
Swettwater Marsh National Wildlife
Refuge. Visitors can view Biosa-
canner to view animals macro-
scopically, use a Wicnscope for
views of microscopic organ-
isms found in the “Soupwell
Water,” and interact with comput-
erized videos exploring how tides
affect the bay in the “Mooms,
Tides, and the San Diego Bay”
exhibit. Pet sharks and rays in
David A. Wergeland Shark and
Ray Experience, see burrowing
owls and migratory birds, and en-
joy the xerophytic gardens.

Visitors meet a shuttle bus at
the Bayfront East Trolley Sta-
tion or at the center’s parking lot
at the foot of E Street and Bay Boule-
vard; 619-469-5093.

Coronado Museum of His-
tory and Art, “First Footsteps:
Kumeyaay on Coronado” continues
through Sunday, September 23,

an original installation chronicling
Coronado’s early inhabitants, the
native Kumeyaay Diegueno people.
Kumeyaay Indians established sea-
sonal homes along beach, finding food, materials to sustain themselves
through mild coastal winters using
traditional methods of hunting, fish-
ing, sheltering. See traditional
Kumeyaay baskets, pottery, matates,
tool, weapons, and a tuk bowl.

Ongoing exhibits explore the
overall history of Coronado, Navy
and Army, Tent City, and the Ho-
te del Coronado. Find the museum
at 1100 Orange Avenue; 619-435-
7242. (CORONADO)

Flying Leatherneck Museum,
dedicated to the Marine Corps who
provided air support, from the pro-
peller-driven fighters and bombers
of the 1940s to the modern jets and
coropers currently in use. The
museum displays a variety of aircraft
are included, along with equipment,
in
alia, paintings and photographs,
models, and a research library.
The museum is located in building
T-2002, at Marine Corps Base Sta-
tion Miramar. 808-693-7273.

Gaslamp Museum of Historic
San Diego, glimpse San Diego’s
colored past at the museum, where
displays highlight Wyatt Earp’s San Diego days, the Peg Leg
Gold Legend, the first maps and
photographs of Old Town and
“New Town,” early military his-

the naval disaster in 1923 at
Point Honda, and more. Find the
museum at 413 Market Street (be-
tween Fourth and Fifth Avenues).
619-237-1492. (GASLAMP QUARTER)

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at the foot of E Street and Bay Boule-
vard; 619-469-5093.
**CLASSICAL**

"Broadway Rocks!" San Diego Symphony Summer Pops and "four-top-notch Broadway vocalists" perform songs from West End, Rent, The Producers, and Les Lunes King, Phantom, Timothy of the Opera for concerts Friday and Saturday. August 3 and 4. Evenings conclude with fireworks. Concerts begin at 7:30 p.m. (gates open 6 p.m.) at Embarcadero Marina Park South (206 Marina Park Way). Single tickets: $12–$85, available by calling 619-235-0900, online, or by clicking on the event section.

**ART LISTINGS**

**GALLERIES**

Artist Peter Max brings his latest exhibit to Westward Gallery (105 Prospect Street) on Friday and Saturday, August 3 and 4, 6–9 p.m. Max’s latest retrospective features over 300 pieces of art, including original paintings, drawings, limited-edition prints, and mixed-media works. (444 South Cedros Avenue, studio 172.) Art reception: Saturday, August 4, 5:30 p.m. Also on view: work by Lew Abadia, Sharon Anthony, John Clark, Donna Cosentino, Peter Fay, Heidi Cosentino, Peter Fay, Heidi Sherry, John Grow, Jeremy Wright, Lisa Smith. 858-720-1121. (ARTWORK.COM)

"Southern Hemispheres" by Liao Bos and "Scandipes" by Tom O. Scott may be seen through Sunday, September 9, at Overord Gallery (444 South Cedros Avenue, studio 172). Art reception: Saturday, August 4, 5:30 p.m. Also on view: work by Lew Abadia, Sharon Anthony, John Clark, Donna Cosentino, Peter Fay, Heidi Fickinger, Art Myers, Abe Ovedor, Jennifer Saraico, Blake Shaw, Lisa Smith. 858-720-1121. (ARTWORK.COM)

Blind, Self-Taught Outsider Artist David Kontra visits D Gallery for opening reception of his exhibition "Out of Sight: The Mind’s Eye," Saturday, August 4, 7–9 p.m. Find gallery at 222 Wisconsin Avenue, 805-760-0423. Show of over 80 paintings continues through Tuesday, August 14. (ARTWORK.COM)

"Forward Motion," group art show benefitting A Reason to Survive opens with reception on Saturday, August 4, 7 p.m., at Zolissia Gallery (3340 Adams Avenue), 619-283-1201. See works by Mary Hemer, Yemen, Scott Shat, Bill Purce, Dave Miles, Sarahata Kame, Tonya Van Fary, Melissa Inez Walker, Jason Sherry, John Gia, Jeremy Wright, Pamela Jager, Brel Barrett, Trevor Presley, Amy Hyde. 805-763-2120. Through August, 805-435-3141. (ARTWORK.COM)

"75th Anniversary Juried Show of Fine Arts" continues through Sunday, September 2, at Carlsbad Oceanic Art Association’s COA Gallery (1150 South Coast Village Drive). Awards reception is Sunday, August 5, 2 p.m. 760-431-8999. (ARTWORK.COM)

**ART MUSEUMS**

California Center for the Arts, "In Character: Actors Acting Written, Directed, and Photo-
tographed by Howard Schatz" is collection of portraits featuring luminaries from stage and screen, including photos of Schatz’s photographer. "Resulting photographs depict a wide spectrum of emotions." Images are accompanied by directions Schatz provided during shoot.

"Wearing Connections: Cultural Exchanges During the Southern California Trade, 1880-1940" offers historical look at work of Native American weavers, with bold, inventive local designs. Weaver’s Changing: Stereotypes by integrating traditional forms with contemporary shapers. Juried show "Cultural Fusion: Exploring the Multicultural Influ-
tions of this Region" includes paintings, mixed-media sculptures, and videos by art local by artists.

"Silent Ties: New Work by Ben Shahn" exhibits his largest and most intri-
culating installation to date through Sunday, September 23. Richard Wright, an artist from Glasgow, Scotland, created two site-specific works in Strauss Gallery of the Jacobs Building during his August and September 2006 residency at MCASD. They’re on view through Sunday, September 23.

"The museum at 1001 and 1002 Kettner Boulevard (at Broad-
way), directly across from the California Academy of Sciences, 858-454-3541. (SDMART.ORG)

**Museum of Photographic Arts, "Harry Callahan: The Pho-
tographer at Work"" celebrates work by “one of the most influen-
tial photographers of the 20th Century.” Exhibition presents neg-
aves, transparencies, proof prints, contact sheets, other materials; these “archival” items illuminate the process and techniques Callahan used to express his visual ideas over the course of his 60-year career.” Closes Sunday, September 29."(SDMART.ORG)

"Arthur Levine: Peripatetic Pleasures and Meditations" continues through Sunday, September 4. 760-431-8999. (ARTWORK.COM)

**SAN DIEGO MUSEUM OF ART**

"Eva Zeisel — Extraordinary Designer, Masterworks from permanent collection of portraits featuring luminaries from stage and screen, including photos of Schatz’s photographer. "Resulting photographs depict a wide spectrum of emotions." Images are accompanied by directions Schatz provided during shoot.

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Outside the Law  The SDPD was trying to contact Marc Shannon last week. The vice department wanted him to know that he could not
use a North Park building at 3926 Ohio Street — once a 99-cent store — for live shows until he got the proper permits.

Shannon had already staged a July 21 show at the all-age, 500-capacity venue he calls Avalon. “We had no problems,” said Shannon of that first show, which featured local band a Scribe and the Lions. He was planning his grand opening for last Saturday with Get 99-cent store — for live shows until he had a

grand-opening show would happen until he had a permit. Later in the week, city-issued entertainment permit. He has a show scheduled for Saturday. Shannon maintains that MacMillan was not aware of all the permit applications he submitted. “It wasn’t his fault. The paperwork was misplaced,” Shannon says.

MacMillan suggested that the grand-opening show would not happen until he had a city-issued entertainment permit. Later in the week, MacMillan said there had been a change of plans and that his department would grant a one-day permit for the July 28 show.

MacMillan said there are a number of hurdles to overcome before the city issues an entertainment license. It can take up to 30 days to acquire one.

“Shannon isn’t going away,” says MacMillan about possible noise issues that would need to be addressed. “I see where they are saying they expect to hold 500 people. Where are all those cars going to park?” He explained that agreements for last Saturday with Get

Bridwell launched into a song. “After the song, [would] rock that chapter of the north,” said MacMillan about possible noise issues and weird chords…”

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The Reader offers $25 for news tips published in Blurt. Call us at 619-235-3000, ext. 456, or e-mail your tip to blurt@sdrader.com

The inside track

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HOUSE of BLUES
SAN DIEGO

1055 FIFTH AVE
(BETWEEN BROADWAY & C STREET)

BILLY BOB
THORNTON
AUGUST 2

STRUNG OUT
AUGUST 4

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AUGUST 5

THE EXPENDABLES
ALL AGES
AUGUST 9

TODD RUNDGREN
SEPTEMBER 4

PUBLIC ENEMY
REMIXED TOUR
WITH EMILY KING
AUGUST 11

AYLOE MELLO
AUGUST 15

THE AGGROLITES
SUPER TARANTA!
AUGUST 18

Marc Broussard
Soul Revue
AUGUST 20

SAPPA
AUGUST 21

COGOL BORDELLO
Super Taranta! Tour 2007
AUGUST 22

JONAS BRALTER
AUGUST 25

THE SLACKERS
AUGUST 27

THE PHENOMENALS
SEPTEMBER 1

BOWLING FOR SOUP,
QUIET DRIVE & ARMY OF
FRESHMEN WITH MELEE
SEPTEMBER 10

STEPHEN KELLOGG & THE SIXERS
SEPTEMBER 12

LILLIAN AXE
SEPTEMBER 13

BRANDLI CARLIE
SEPTEMBER 14

HOB FIFTH AVE
SIDE STAGE

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DECEMBER

COMING SOON

REEL BIG FISH
LESS THAN JAKE
8/7

SHUT UP STELLA (IN HOB DELTA ROOM)
8/8

GUSTER
8/9

THE NEW PORNOGRAPHERS
8/9

ZOE
8/10

THE RENTALS
8/11

COPELAND
8/12

THE BIRTHDAY MASSACRE
8/13

RICHARD THOMPSON
8/14

METRIC
8/15

THEY MIGHT BE GIANTS
8/16

TURBONEGRO
8/17

DAVID CROWDER BAND
8/18

WOODY AL YANKOV
8/19

PAT BENATAR & NEIL GILDO
8/20

ZUCHERO
8/21

THE TOMMY CASTRO BAND
8/22

RONNIE BAKERS BROOKS
8/23

MAGIC DICK, DEANNA BOSART
8/24

SUFFOCATION
8/25

GIN BLOSSOMS
8/26

STARS
8/27

PUDDLE OF MUDD
8/28

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Dubious Logs

The future of Long Live Logs looks bright. The Escondido band, including three brothers and their best friend, has recorded songs with producer Brad Wood (Smashing Pumpkins, Liz Phair, Say Anything, mewithoutYou). MTV2 will air an interview with them on its “On the Rise” segment, which will be available for download in September. Described as Todd Rundgren meets the Killers, one of their songs has been licensed for use on the soundtrack for the NBC-produced Freestyle Life based on the (Mountain) Dew Action Sports Tour.

Along with Get Back Loretta, Long Live Logs was signed to the local Pacific Records label. Pacific Records founder Brian Witkin says something seemed “dubious” about four months ago. “Long Live Logs asked us what it would take to get out of their [Pacific Records] contract.”

Witkin says as part of their deal signed last year, Pacific Records recorded and released an EP and a full-length album, Mundus Valt Decipi.

But Witkin says things got “fishy” over a different part of the contract. “Part of our deal was that we paid for the recordings they did with Brad Wood.” Witkin says that even though he has never heard those Wood-produced sessions, Pacific did purchase the rights to them when they signed the band. “It was a nominal fee, but we did pay for them,” says Witkin. “We thought it was strange they would ask about getting out of their deal only a month after their first CD came out.”

Witkin weren’t theirs. He said this is his property and that they were recorded before the contract.

Georgi says he backed down and sent a letter relinquishing any claims to the Brad Wood recordings. It definitely wouldn’t surprise me if these guys break big and move on to a bigger label. When that happens, we have their first CD and first EP. Their fans will want to get their earlier stuff, and I’m okay with that. With this agreement, we can all move forward. Otherwise we would be in a state of limbo. I have 100 percent [ownership] of those first recordings.

Long Live Logs appears Wednesday, August 8, at Lestat’s.

— Ken Leighton

Don’t Drink the Sponsor

Everyone points out the irony to Marco Collins: the former VH1 programmer, record label honcho, and radio exec lost his last full-time job due to drug abuse. He had to leave 91X last year when he stopped showing up for work.

“He’s been hired by Southern Comfort as the face of the SoCo Music Experience concerts. He will MC all five shows at different U.S. cities. His band interviews will be seen on a Jumbotron screen in between bands and there will be viewable on Southern Comfort’s website. Southern Comfort is paying a lot to underwrite the shows. All five are free of charge. The Southern Comfort brand is trusting in Marco to be its spokesman.

“Being active as opposed to being out of work is much better for Marco,” says marketing executive Brent Walla, who hired Collins to host the SoCo fest. Walla says he does not expect Collins to endorse Southern Comfort or any other alcoholic beverage. “We spoke about that in great detail,” says Walla. “The days of the concert promoter and the backstage partying are gone.”

“I don’t see it as a threat to my sobriety,” says Collins. “People ask, ‘Are you sure you can get sober in the same industry?’ But the music industry has its own network of support [for recovering abusers]. My sobriety is not about being in any job or any city. It’s about emotional stability.”

And Collins maintains that the days when the radio industry was soaking in drugs went out with WKRQ. “It’s not like it was in the ’80s when everyone was doing blow.” He says he’s considering getting back into radio and was recently offered a chance to audition for a DJ gig at a station in San Francisco. Collins currently programs three different stations for slacker.com, a local company that provides multiple music channels a la XM or Sirius.

After his 91X “crash and burn” last fall, Collins spent six weeks in a highly structured rehab in Georgia. It was paid for by the Grammy’s, which funds a recovery program for music industry veterans.

“I’m very grateful,” he says. “But when I first got there it was a son of a bitch. I was ready to run. I was miserable.”

Collins admits he has backed slid more than once. “I’m like the Energizer Bunny. I don’t give up. Like they say in meetings, ‘Keep coming back. I have no other options. I could lay down and die, or I can get up and keep fighting.’

The Flaming Lips, DJ Z-Trip, the Black Rebel Motorcycle Club, Galactic, and Delta Spirit appear at the SoCo Music Experience August 25 downtown near Park Boulevard and Imperial Avenue. It is free. Must be 21.

Near press time, it was announced that Marco Collins would rejoin the 91X DJ lineup this weekend.

— Ken Leighton

CONTRIBUTORS
William Craft, Dave Good, Larry Harmon, Michael Hemmington, Ken Leighton, Evan Loyko, Derek Plank, Eric Rife, Jay Allen Sanford, David Stampone
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## THIS WEEK'S CONCERTS

### THURSDAY

**Tim Mcgraw & Faith Hill**
San Diego Sports Arena, Thursday, August 2, 2007, 7:30 PM
San Diego Sports Arena, 619-224-4343.

**Billy Bob Thornton**
House of Blues, Thursday, August 2, 2007, 10 PM
Gaslamp. 619-299-2583.

**Keb' Mo'** and the **Robert Cray Band**
Humphrey's Concerts by the Bay, Friday, August 3, 5:30 PM
1055 Fifth Avenue, Gaslamp. 619-299-2583.

**Berkley Hart**
AcousticMusicSanDiego, Saturday, August 4, 9:30 PM
345 B Street, San Diego. 619-595-0300.

**Clay Aiken**
Pala. 760-510-4580.

**Floetry**
House of Blues, Friday, August 3, 2241 Shelter Island Drive, Shelter Island. 619-299-2583.

**Dr. John**
Embarcadero Park South, 619-445-5400.

**Huey Lewis & the News**
Humphrey's Concerts by the Bay, Saturday, August 4, 2241 Shelter Island Drive, Shelter Island. 619-299-2583.

**Sophie Milman**
Humphrey's Concerts by the Bay, Sunday, August 5, 1055 Fifth Avenue, Gaslamp. 619-299-2583.

### FRIDAY

**Paul Simon**
Coors Amphitheatre, Tuesday, August 7, 2007, 7:30 PM
1055 Fifth Avenue, Gaslamp. 619-299-2583.

**Huey Lewis & the News**
Humphrey's Concerts by the Bay, Sunday, August 5, 2241 Shelter Island Drive, Shelter Island. 619-299-2583.

**P.O. Pokey**
Embarcadero Park South, 619-445-5400.

**The John Jorgenson Quintet**
AcousticMusicSanDiego, Sunday, August 5, 345 B Street, San Diego. 619-231-4343.

### SATURDAY

**Etta James**
House of Blues, Thursday, August 9, 1055 Fifth Avenue, Gaslamp. 619-231-4343.

**Mandolin Orange**
San Diego. 619-595-0300.

**Moby**
Humphrey's Concerts by the Bay, Saturday, August 11, 1055 Fifth Avenue, Gaslamp. 619-299-2583.

**Lee Ritenour**
5005 Willows Road, Alpine. 619-445-5400.

### SUNDAY

**B.B. King** and **Etta James**
Humphrey's Concerts by the Bay, Sunday, September 9, 2241 Shelter Island Drive, Shelter Island.

**Tim McGraw**
San Diego. 619-231-4343.

**Daryl Hall & John Oates**
Humphrey's Concerts by the Bay, Wednesday, September 5, 2241 Shelter Island Drive, Shelter Island.

**Kool & The Gang**
Humphrey's Concerts by the Bay, Thursday, September 6, 2050 Entertainment Circle, Chula Vista. 619-671-3600.

**The Doobie Brothers**
Humphrey's Concerts by the Bay, Friday, August 17, 2260 Jimmy Durante Boulevard, Del Mar. 619-755-1161.

**The Pretenders**
Humphrey's Concerts by the Bay, Saturday, August 18, 2050 Entertainment Circle, Chula Vista. 619-671-3600.

**Creedence Clearwater Revisited**
Humphrey's Concerts by the Bay, Thursday, August 30, 2241 Shelter Island Drive, Shelter Island.

**Derdie**
Humphrey's Concerts by the Bay, Sunday, September 16, 2241 Shelter Island Drive, Shelter Island.

**Anime Expo**
San Diego. 619-595-0300.
FRIDAY 3

This week’s Del Mar Racetrack’s “Your O’Clock Fridays” series presents the Violent Femmes. Eighties indie icons Gordon Gano, Brian Ritchie, and Victor DeLorenzo may have parlayed their groundbreaking self-titled debut into a 25-year career, but underground singles such as “Blister in the Sun” and “Gone Daddy Gone” (made a radio hit in ’86 by hip-hop poppsters Sha Na Na) proved to have that staying power. Robert

SATURDAY 4

Local funk impresarios Alfred Howard and the K23 Orchestra bring urban beats and poetry to Belly Up Saturday. The quintet is a palpable evolution of rap, as vocalist Howard’s voice is about social consciousness and mixing the cultural standards of artists in the genre. And you can dance to it… Del Mar Racetrack will host its first infield Saturday flirt, with a beach-themed party — sand, umbrellas, and volleyball and skateboard exhibitions between races. After the races, The Cult will play the infield stage. The Cult brought heavy guitar sound and psych-rock flair into synth-heavy ’80s, turning new wave on its head with hits “Love Removal Machine” and “The Blotter.” You’ll shake the stage with fellow course runners and, from San Fran, The Assembly Head in Sunburst Sound, who are touring in support of their latest, Hypocrite… New York’s House of Blues Saturday night. And if that isn’t enough Saturday for you, The Rattlesnake Aces and Flight to Athena will lend their metal and acoustic melody to the Zombie Lounge’s “Undead Art Show” — live local artists will hang their zombie-themed artwork.

MONDAY 6

Tupelo, Mississippi natives Paul Thorn will play the Belly Up Monday night. Thorn’s a singer/songwriter who is “poli-
toposophies” with a long list of credits and an acoustic melody for every story he sings. He’ll share the bill with San Diego’s beach-y acoustic-cat Alex Woodard. Cabaret Anti-Monday League offers up 45 minutes. The 88 will keep along with Satisfaction and Dynamite Walls. The 88 made a splash a couple years back with their disc Over and Over and continue to tour and play late-night TV behind the disc’s purely-poppy-hoor.

TUESDAY 7

Australianoints music is a fun tour through town touring their seventh and latest disc. Combining the same Youth endorsed and recent Virgin/EMI auspices will play the Cashab Thursday night, along with Red Wall and “the lastest player in the Midwest,” Mark Mallman. On-off, off again vocal trio the Abyssinians will bring the harmonica and Jamaican roots reggae to Belly Up, where they’ll show off their skills.

WEDNESDAY 8

Cashab’s prop electro-dance Wednesday night when Bay Area trio The Love-makers stop shop and shop their debut EP, My Money. Company. Fellow Bay Area band The Death of a Party shares their bill doing their best to keep the dance-punk movement alive with a “Modern Lovers-meets-But Thu sound… And it’s straight-up punk rock at the Zombie Lounge when Canada’s “mosteurocult,” the Bayettes, tour with the Seas and Zeros.

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Free Parking!  Low Service Charges!  Free Coat Check!  Great Bar Prices!  Great Food!
By DAVE GOOD

In the film bio John Lee Hooker — That’s My Story, daughter Zakia remembers her famous father as a good man (if frequently absent). Later in the film, brother John Lee Hooker Jr. tells a different story. The electricity is frequently turned off for nonpayment, and the family piles on the extra blankets and lives in cold and darkness until a certain acquaintance exhibits enough energy to power the house. Thereafter, John Lee Jr. says they learned to turn out the lights at night so patrol cars wouldn’t catch them stealing power. The two brothers do match stories in that it was a musical household; both would eventually become performers themselves. But with one of the world’s most influential blues singers as a parent, was the music of the Delta their birthright or just heavy baggage, gage that takes a lifetime to shed?

The blues, John Lee Jr. would sing years later, “ain’t nothing but a pimp.” At least in his own case, he was right.

In 1972 John Lee Hooker Jr. was 18 and singing on his father’s album Live at Saucedo. What followed was not the road paved to success but one that led to hell. For the next two decades drugs, booze, and incarceration were John Lee Jr.’s life. He allied himself to a family/friend intervention that helped him back onto solid footing and into a recording studio. In 2004 he released Blues with a Vengeance, earned a Grammy nomination, and raised the highest honor a blues artist can receive, a W.C. Handy Award.

White John Sr.’s music was all swamp magic. John Jr.’s is more Motown, less Delta, more a dance thing than a seared rave-up of personal miseries. John Lee Jr. has the cred to sing “Stormy Monday,” but his version almost sounds thankful.

JOHN LEE HOOKER JR.
Humphrey’s Backstage, Saturday, August 4, 9:30 p.m. 814.

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CLUBS

BY CALENDAR

WEDNESDAY 8•15
The Kava Lounge: Thursday, Friday, Saturday, 7:30 p.m. to 11 p.m. also, Saturday, live rock. 416 Third Avenue, downtown. 619-544-1609. No cover.

Thursdays, Fridays, Saturdays, and Sundays, DJ Dizzy D spins hip-hop, R&B, and reggaeton. 9 p.m. to 2 a.m.; 21 and up. 3893 54th Street (at University), San Diego. 760-471-7778.

Mission Bay Boat and Ski Club, 2000 North Mission Bay Drive, San Diego. 858-270-0440. Friday, 8:30 p.m., Joe Castile, acoustic rock.

Mission Bay Doll, 1340 Quivira Way, Mission Bay, 223-9006. Sunday, 2 p.m. to 6 p.m., The Reeltime Band, blue/sky wind.

Pasqua on Prospekt, 1270 Prospect Street, La Jolla. 858-456-0712. Thursday, Gil Barron, Mark Felix, Jones Feet, and PvP Arctic, acoustic pop/rock/live. Thursday, 9 p.m. to 11 p.m., the Jazz 21 Band (featuring Nick Fore), Joel Godwin, Dave Scott, and Cory Cole, Harmonized. Saturday, 8:30 p.m., Mario Olivero and Latin Salsa, Latin songs.

People’s Food, 4765 Voltia Avenue, Ocean Beach. 619-224-1367. Friday, 9 p.m., the Zymyzz Quartet, traditional jazz/Gypsy swing.

Mission Valley Resort, 998 West Highway 101, Carlsbad. 760-439-1100. Friday, 8:30 p.m. to 11:30 p.m., the Dirty Heads, Iration, the B-Sides, Jesse Brewster, and more.

This Week

DANCE

Candelas: Thursdays, Dive, deep south house music. 418 Third Avenue, downtown. 619-782-6353.

Club Montage: Sundays, first floor, DJ Echelon, mix of funk, soul, house, dub, and new romantic; second floor, Underworld, industrial, gothic, and darkwave. 20th Bannock Street, San Diego. 619-294-0949.

The Flames: Second and fifth Saturday of the month, Safari, goth, industrial, and dark with DJs Robyn Roth and Adam Aton. 9 p.m. to 2 a.m. on the 15th and 29th at Park Boulevard, Hillcrest. 619-295-4351.

Gaslamp Tavern: Fridays, Saturdays, Sundays, and Mondays, DJ Bill Knopp and Tech spin hip-hop, R&B, and RB&B. 10 p.m. to 5th Avenue, Gaslamp. 619-209-3339.

Inferno Young Adult Nightclub: Fridays and Saturdays, DJ Enzo, house music. 9 p.m. to 2 a.m., 3105 Ocean Front Walk, San Diego. 858-488-0551. Friday, 6 p.m. to 9 p.m., the Spins, No One Home, David Vaughn, NANCY SILVA PROJECT.

JFK: Fridays, Saturdays, and Sundays, DJ Plax is the DJ, mix of house and 1542 North Coast Highway, Encinitas. 760-439-1100.

Kama Lani: Fridays, 10 p.m., jazz. Saturday, 7:30 p.m. to 11 p.m., also, Thursday, live jazz. 1011 Scott Street, Point Loma. 619-222-9310.

RE:Do, BrokenBeat Night, high school students and up. 775 Metcalf Street, downtown. 619-544-1609.

The Tangier Lounge: Thursday, Friday, Saturday, 5 p.m. to 8 p.m., acoustic rock. Saturday, live rock. 1026 California Street, La Jolla. 858-454-0771. Friday and Saturday, 7:30 p.m. to 11 p.m., also, Friday, live rock.

The Whalebone: Second, third, and fourth Saturday of the month, 1101 Scott Street, Point Loma. 619-234-2648. 

The Whistle Stop: First and third Saturday of the month, Transport, rap rock, funk, and electronic DJ Cruz. Fourth Saturday, surf music videos. 9 p.m. to 2 a.m. 400 30th Street, North Park. 619-480-2100.

Whiskey Girl: Fridays, Saturdays, and Sundays, DJ Marc Thresher mixes hip-hop, reggae, and electronic music videos. 9 p.m. to 2 a.m., 2004 Third Avenue, downtown.

Woodstock: Fridays, Saturdays, and Sundays, DJ Dizzy D spins hip-hop, R&B, and reggaeton. 9 p.m. to 2 a.m. and 7 a.m. to 2 a.m. 4900 30th Street, North Park. 619-480-2100.

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SUNDAY 8•5
KARAOKE BURNING STAR Metal Fest Day 1 Live Music Saturday EXODUS HELSTAR DARCYN MUDCATS ANIMAL CORPSE WARBRINGER PATHS OF POSSESSION AWFUL ABOMINATION DEATH AXXYS CAGE VICIOUS RUMORS NHILLST FUEL BY FIRE (Metal Blads Records)

CLUBS BY AREA

If you wish to submit a listing, call 619-231-3000, ext. 450, Monday night by 3 p.m. Friday, the week prior to publication. To send weekly or monthly schedules, fax to 760-780-1309 or mail to Reader Music Scene, P.O. Box 5830, San Diego CA 92138-3853. You may also submit information online at SanDiegoReader.com by clicking on the music section.

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SUNDAY 8•4
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(Weekend 8•15)

UPCOMING SHOWS (See our website for more info)

FRIDAY 8•10
THE JUMPING TURTLE

SATURDAY 8•11
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FRIDAY, AUGUST 3
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AWOL ONE

SATURDAY, AUGUST 4
MONSTERS OF ROCK

THURSDAY, AUGUST 9
SILVER NEEDLE • DJ BAO

FRIDAY, AUGUST 10
DMBX
DAVE MATTHEWS BAND
EXPERIENCE
(Stepping Feet)

SUNDAY, AUGUST 19
SAFETY ORANGE

TUESDAY, AUGUST 21
THE CURED
(ZOO 2)
(Trinity to the Cure)

UPCOMING
8/23 The Laughing Samoans, Makai,
DJ Island Boy
8/31 Diego Roots • 9/7 Souldive
9/12 Rodrigo y Gabriela • 9/13 Particle
9/14 Wolf Parade • 9/27 11/1 • 9/30 Yung Berg

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**THE 88**

By William Crain

If Ziggy Stardust and the Spiders from Mars got over their infighting and paranoia, found love, and recorded a power-pop album, it might come out sounding like Over and Over, the 2008 album from L.A. band the 88.

Most of the songs on Over and Over bounce along with an infectious rhythm that’s somewhere between T. Rex and a burlesque strip show. Adam Merrin’s piano plays a big part in the sound, as you would expect from a band called the 88 (the number of keys on a piano), but drums, bass, and guitar carry on with just as much swagger. And singer Keith Stedeldahl sends everything over the top with a voice that’s a little raspy on the high end and full of exaggerated vibrato on the low end. If he wanted to, he could probably get a lot of gigs with both Guns ‘N Roses and Stone Temple Pilots tribute bands.

That’s another way of saying it’s the kind of voice that could get annoying quickly. Fortunately, Stedeldahl knows when to hold back. Even the sweet, quiet ballad “You Belong to Me” works. The 88 have appeared on some of the late-night talk shows and had a couple of songs in TV shows and movies (even a Sears TV commercial!). Recently the band signed with Island Records and stands to gain a lot more attention. However, they have had so many lineup changes over their relatively brief lifespan (the 88’s first album came out in 2003) that it remains to be seen how much of that buzz will remain on the 88’s next album. Hopefully, all of it. I like hearing Ziggy happy.

**THE 88**

Monday, August 6, 8:30 p.m.

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AUGUST
Musiq Soulchild with special guests Chrisette Michele & Consequence
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Huey Lewis & The News with special guest Paul Thorn Band
Sunday, August 5 • 7:30
Ottmar Liebert & Luna Negra
Sunday, August 12 • 7:30
Keb’ Mo’ / The Robert Cray Band
Tuesday & Wednesday, August 14 & 15 • 7:00
Dave Koz & Friends: At The Movies
Friday, August 17 • 7:00
India.Arie with special guest Anthony David
Sunday, August 19 • 7:00
Dave Brubeck Quartet
Monday, August 20 • 7:30
HIPPIEFEST: A Concert for Peace and Love
with The Turtles featuring Flo & Eddie, Felix Cavaliere’s Rascals, The Zombies featuring Colin Blunstone & Rod Argent, Mountain featuring Leslie West & Corky Laing, Mitch Ryder, Badfinger featuring Joey Molland and Country Joe McDonald
Tuesday, August 21 • 6:30
UB40
Wednesday, August 22 • 7:30
Crowded House with special guests 16 Frames and Liam Finn
Friday, August 24 • 7:00
Creedence Clearwater Revisited
Thursday, August 30 • 8:00

SEPTEMBER
Cecilio & Kapono
Sunday, September 2 • 7:30
B.B. King / Etta James & Her Roots Band
Tuesday, September 4 • 7:00
Daryl Hall & John Oates
Wednesday, September 5 • 8:00
Temptations / Four Tops
Thursday, September 6 • 7:30
Big Bad Voodoo Daddy
Friday, September 7 • 8:00
Heart featuring Ann & Nancy Wilson
Sunday, September 9 • 7:30
Doobie Brothers with special guest Johnny “V” Vernazza
Monday, September 10 • 7:30
Foreigner
Tuesday, September 11 • 8:00
Pink Martini
Mon. & Tues., September 17 & 18 • 8:00
America
Wednesday, September 19 • 7:30
Kenny G
Wednesday, September 26 • 8:00
Trisha Yearwood with special guest Amy Dalley
Thursday, September 27 • 8:00
Frankie Valli & The Four Seasons
Fri. & Sat., September 28 & 29 • 8:00

OCTOBER
Hootie & The Blowfish
Wednesday, October 3 • 7:30
Air Supply / Christopher Cross
Friday, October 5 • 7:00
Steve Tyrell
Sunday, October 7 • 7:30
Kool & The Gang
Thurs. & Fri., October 18 & 19 • 7:00

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Eight Minutes to Twilight recorded Fairavens Avenue before performing their first live show. On the CD, Josh Howard played the drums, keyboard, bass, trumpet, and some guitar. Since then they’ve garnered a reputation for putting on an exciting show by bringing Jason Janofsky for bass; Howard still holds down multiple instruments, switching between keyboard, trumpet, and drums, sometimes two at a time.

Josh Wright handles most of the guitar work and vocals. His voice walls, melancholy and loveorn, and his guitar work thrums competently, if a little hidden beneath the piano and trumpet...the only track that really features the guitar is track 11, “State of Mind.”

The lyrics don’t get bogged down with the “poor me, we’ve been broken up and I’m miserable” trap of the acoustic emo crowd; instead, songs such as “Kill Creek Road” tell different types of stories: “Cast a shadow on the wall and freeze it there! it’s now! and then I want to be here again You’re my heaven here/ and now You’re my heaven here/ and now.”

Eight Minutes to Twilight carve the edge between soft, moody folk rock and emotional, intimate indie music. Josh Howard’s trumpet and compelling piano compositions keep Eight Minutes from sounding like every other coffeehouse combo.

TO GET YOUR LOCAL CD REVIEWED, PLEASE MAIL IT TO: Music Editor, Hometown CDs, San Diego Reader, P.O. Box 85803, San Diego, CA 92186-5803
Viejas Concerts in the Park

Chris Cornell
THIS SATURDAY! AUGUST 4

Los Lonely Boys
TOOTS & THE MAYTALS
SATURDAY AUGUST 11

Gipsy Kings
WEDNESDAY AUGUST 22

Randy Travis
THURSDAY AUGUST 30

Bill Cosby
FRIDAY AUGUST 31

San Diego Music Awards
MONDAY SEPTEMBER 17

Eddie Money
SUNDAY SEPTEMBER 23

Clay Walker
THURSDAY SEPTEMBER 20

Bill Engvall
FRIDAY OCTOBER 12

Viejas in the Park
SUNDAY OCTOBER 7

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Saturday August 4th

The Monthly Off the Hook Party Event

Club Deviate
celebrating Bob Zoomy & DJ X-Rays' birthdays

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as i hear it
by Brian Carver

SAN DIEGO SONGS TAKE THE STREET TEST

Artist: The Mice
Song: “Closer, Closer” (from the CD Volume 1)
Heard By: Rich, Rancho Bernardo

As I hear it, San Diego songs take the street test.

There are many songs that I would like to listen to while driving around on the coast. I don’t know if I could draw a comparison between his music and others. I think “Latin jazz” is an accurate term. The mix of North American and South American is what sets it apart from a lot that I’ve heard.

There’s a lot of Latin jazz from L.A. and from southern California, and it’s sort of that mixed with samba-type music. The words, first off, seemed very mature and fit very well with the music. His description of “wanting to be somewhere” I thought was very funny because he appears to be there and that. I thought they were excellent musicians. It would play into my helmet on my motorcycle — I normally don’t listen to music, but that’s good for driving around on the coast.

I don’t know if I would compare the song I just heard with the Killers. It sounds punk to me. I listen to death metal, so it’s a faster beat than I’m used to listening to. It’s faster paced, like the Mars Volta.

I liked the song. It’s pretty catchy... it’s sort of dark and stuff. It’s mature. I wasn’t really listening to the lyrics; I was listening to the drums and other instruments. I’d be partying if I was listening to that song. I definitely support them. They sound radio friendly.

To get your local CD heard, please mail it to: Music Editor, As I Hear It, San Diego Reader, P.O. Box 85803, San Diego, CA 92186-5803.

THURSDAY • AUGUST 2
The Slits TENDER BUTTONS MUSLIMS
FRIDAY • AUGUST 3
SUBTLE THEE MORE SHALLOWS
SATURDAY • AUGUST 4
The TRANSIT WAR SPELL TORONTO THE MEGAS SUBRUSA
SUNDAY • AUGUST 5
St. VINCENT DEATH VESSEL
MONDAY • AUGUST 6
ANTHROPOLOGY LEAGUE THE 88 SATISFACTION DYNAMITE WALLS

Artist: John Cain
Song: “Song of Brazil” (from the CD Life’s A Good Gig)
Heard By: Rich, Rancho Bernardo

They definitely sounded like they had a Green Day influence. I’d mix that with surf-rock guitar... maybe, like, the Red Elvises. The vocals had a lot of the SoCal punk scene in it. I could see how that could be very energetic and well done like it’s really easy to market because of the catchy lyrics. The guitar was awesome. It was a song about them trying to make it. There’s a sort of double negative they kept repeating: “we’re not going to go nowhere.” With the nice guitar lines they have, it would go great with surfing and skateboarding — extreme sports.

Artist: The Mice
Song: “Closer, Closer” (from the CD Volume 1)
Heard By: Rich, Rancho Bernardo

I would compare the song I just heard with the Killers. It sounds punk to me. I listen to death metal, so it’s a faster beat than I’m used to listening to. It’s faster paced, like the Mars Volta.

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Artist: The Mice
Song: “Closer, Closer” (from the CD Volume 1)
Heard By: Rich, Linda Vista

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Artist: The Calico Cartel
Song: “Get a Life” (from the CD Kill the Lights)
Heard By: Dee Fowler, Ocean Beach

I would compare the song I just heard with the Killers. It sounds punk to me. I listen to death metal, so it’s a faster beat than I’m used to listening to. It’s faster paced, like the Mars Volta.

I liked the song. It’s pretty catchy... it’s like, dark and stuff. It’s mature. I wasn’t really listening to the lyrics; I was listening to the drums and other instruments. I’d be partying if I was listening to that song. I definitely support them. They sound radio friendly.

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TUESDAY AUGUST 14
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Talk About a Star

I was a freshman in college, in the Bay Area [in the early ’90s], that was where my radio career began in college radio. I was cruisin’ around in my Honda Civic, listening to KMel, which is one of the biggest stations there. I heard the DJ say, “Here’s a song called ‘Ice Ice Baby,’ by Vanilla Ice.”

When people talk about Vanilla Ice or that song is mentioned now, they always make fun of it. But when I heard that song, you could really hear the bass when you cranked it up in your car. I liked the rap. I liked his sample from the Queen song [“Under Pressure”]. You had to just turn the radio up.

I was Dissing house parties and at clubs. And when I played that song, everyone got on the dance floor. Everyone liked it. Whether it was kids, adults — everyone started dancing when they heard it. No matter what anyone says now, everyone was bumpin’ when that came out.

And it wasn’t like now, where a song and video often come out simultaneously. So, at first, we didn’t see what this white kid looked like. And, once people saw him and the song had been out for a while, people started making fun of his look.

Today, I have good memories thinking about the song. It’s like an instant memory flashback to where you were at, and what you were doing.”

Vanilla Ice plays ‘Canes tomorrow, August 3.
Free concerts with track admission

FOUR O’CLOCK FRIDAYS

VIOLENT FEMMES
AUGUST 3

PINBACK
AUGUST 10

CAKE
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PETE YORN
AUGUST 24

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SATURDAY INFIELD CONCERTS

THE CULT
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Friday
8/3
Live Music
with
The Leperkhanz
9 pm till late
Saturday
8/4
Live Music
with
Jumpstart

The Farmers: The Kraken
Final Outlaw: Belly Up Tavern
Fracture Point: Dreamin’Turtle
Good U Shood: Surf N’Saide
Josef Groth: Second Wind (San Carlos)
The Handsome Devils: Brick By Brick
The Robin Henkel Band: Mission Bay Deli
Honey Tribe: Humphrey’s
Illicit Behavior: Bar Leucadian
Impure: Soma
The Fred Jones Band: The Jumping Turtle
Lazaron: The Jumping Turtle
Less Than Jake: House of Blues
The Liffers: Second Wind (San Diego)
Lil’ Efr’t: Don’s Cocktail Lounge
Livid! Second Wind (San Diego)
Lizard Fish: Molly Malone’s
The Lovemakers: The Casbah
The MLC Band: Cvaros
Mark Mallman: The Casbah
Modern Day Moonshiners: Martini Ranch (Gaslamp), House of Blues
Monoroca: Brick By Brick
My Life in Black and White: O’Connell’s Pub and Nightclub
80s Industry Night
New Age Heroes: Epicentre
Northstar: 710 Beach Club
One Inch Punch: Dreamin’Turtle
Operation Human Shield: Epicentre
Phat Daddy: Don’s Neighborhood
Playground Slap: The Last Lounge
The Predicacies: Second Wind (San Diego)
Real Big Fish: House of Blues
The Restless Native: Coyote Bar and Grill
Rick Rockit: Belly Up Tavern

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Friday August 3rd

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Saturday August 4th

FREDDY Sleeping Giant FRESH & CRAIG SMOOVE

Next Friday: Fashion Show
DJs Chris Cus2 & J Gee

North County Reader August 2, 2007 109
I got two phone calls from two different people about Dana's 21st birthday party. The two callers assured me that it would be a swanky affair at a mansion in Poway.

There was a tram waiting at the end of a long driveway. Security guards who resembled Shaquille O'Neal were hired to keep people from going inside. When I hopped on the tram, I said to a couple sitting nearby, "I haven't been on a tram since Disneyland." The driver turned around and said, "I drive that tram, too. I work there during summers." I said, "Hey, will this tram give anyone rides home if they drink too much?"

He didn't answer.

I couldn't believe the view — lights of the city to one side and, as you looked down into the back yard, a pool wrapped around the house. There was a band playing and a dance floor. I heard one song before the band finished.

I walked down the stairs and noticed there were fire extinguishers, something you don't normally see in a back yard. I overheard someone say, "This house probably has its own zip code."

I noticed a small poodle running through the crowd. I almost stepped on it when I backed up. Dana's parents were nearby and I asked, "Aren't you afraid your dog will get crushed by this crowd?" Her father said, "Oh, no. [The dog]s been through this before."

I saw Dana, a petite Middle-Eastern girl, walking upstairs with a few friends. I asked her if it was strange to drink in front of her parents.

"This house probably has its own zip code."

"Hey, I'm 21 now, so I can drink. But my parents are cool. I've partied in front of them before. And they're drinking, I think they're already drunk."

One of her friends was stumbling down the stairs. The guy with her said, "You drank too much. You're going to fall. Just let me carry you." The blonde girl pushed him in the chest and slurred, "I'm fine! Let's go dance."

The band was breaking down into the back yard, a pool wrapped around the house. There was a band playing and a dance floor. I heard one song before the band finished.

"Hey, I'm 21 now, so I can drink. But my parents are cool. I've partied in front of them before. And they're drinking, I think they're already drunk."

One of her friends was stumbling down the stairs. The down and a DJ was setting up. I talked to the drummer. I told him that his style and his outfit, which included a tie, reminded me of a drummer from the '40s. He motioned to his tie, "Yeah, it's a bit restrictive playing in this thing."

The DJ started playing and I went to one of the three bars to grab a drink. A few minutes into the long line, I noticed the other two bars had fewer people. The couple behind me said, "By the time we walk all the way over there, we would've been farther along in this line."

The young crowd was well-dressed. A few of them, I heard, were models. An African-American girl walked by, and someone said, "What do you think of her?" I said, "She's gorgeous. But look at her legs. They're too thin. They look like pencils." He laughed and said, "You're probably the only person here that's found a flaw with that thing of beauty."

I ran into a heavy-set guy I've seen at a few clubs. He was wiping the sweat off his face and forehead as I approached. He stuck his hand out to shake. As we shook hands, I could feel the wet sweat that he just wiped off himself. I wasn't sure if it would be rude to wipe my hand. Then I thought, screw that! He didn't mind shaking my hand with that sweaty mess.

There wasn't much food — some chips and baked goods on a few tables near the bar area. I grabbed a blue cupcake, and as I was eating it, a woman called out. I turned around and she had her dress pulled down showing her breasts. A few people nearby whistled. She stumbled back and her boyfriend said, "She gets like that when she's drinking."

An older Middle-Eastern woman came over and said, "You looked sexy when I saw you smoking that cigar earlier." I replied, "Do I look sexy scarfing this cupcake down?"
She laughed and said, “Come dance with me.” I told her I wasn’t much of a dancer. She grabbed my arm and tried to pull me toward the dance floor. I wouldn’t budge, so she stayed and talked for a minute.

She worked in real estate. I don’t usually ask, but I had to know how they got this house. I asked what the family did. She didn’t answer at first, but then said something about selling phone cards.

I went over to talk to the singer of the band. He told me he’s a publicist in L.A. I asked if I’d know any of his clients. He said, “I have a bunch. Virginia Madsen, from Sideways. And her brother Michael.” I said, “He did Sideways.” He said, “Yes, and Virginia Madsen is from Virgina Madsen, from Sideways.”

She told me she’s a publicist in L.A. I asked if I’d seen any of her clients. She said, “I have a bunch. Virginia Madsen, from Sideways. And her brother Michael.” I said, “He did Sideways.” He said, “Yes, and Virginia Madsen is from Virginia Madsen, from Sideways.”

She pointed to my nose and said, “Oh, wait.” He leaned in closer and said, “It’s something blue.” It was frosting from the cupcake.

The woman who tried to get me to dance returned, and I told her she looked great dancing. She said that she would’ve looked better if I was with her. She started to say something else and then gasped. I looked over my shoulder and saw one of the guests peeing in a sandpit.

I looked at the time — 10:00 p.m. — and at least 30 percent of the crowd was tipsy. When I asked one of the birthday girl’s older relatives how to spell Dana, she said, “D-A-Y-N-A.”

I looked over and saw that the drunken flasher was lifting her dress and showing other parts of her body. As I was leaving a woman who had a tattoo flashed me a flyer. I replied, “Someone just handed me a flyer.”

I sought out my dancing friend who was with her daughter. “I wonder what some of the older relatives here think of all the tattoos,” I said. Standing nearby was a woman who had a tattoo of a gun shooting hearts out the barrel and dripping blood. I asked dancing lady what she would do if her daughter came out the barrel and drip blood. I asked dancing lady what she would do if her daughter came out the barrel and drip blood.

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She was slurring a bit. Her husband came over a few minutes later and said, “It isn’t spelled with a Y.” I said, “Yeah, after she spelled it, I noticed it wasn’t written that way on the cake.”

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Love Spy

The cast is, at once, precisely detailed and completely spontaneous.

On the Old Globe stage this summer, Shakespeare’s Two Gents has a disguised woman, Measure for Measure a Duke disguised as a priest, and you could even say that Prince Hamlet uses the “antic disposition” as a mask. And few people see through them. In fact, there are so many disguised characters in theater, from the Renaissance through the 18th Century, you wonder if entire populations needed their eyes checked. Paintings and portraits of the times delineate features sharply, but out on the street, did people identify costumes more than faces? Just how much of each other did they actually see?

In The Deception, currently in an outstanding production by Theatre de la Jeune Lune at the La Jolla Playhouse, Pierre de Marivaux adds a new wrinkle to the device of déguisement. To perform “amorous espionage,” a woman disguises herself as a man. She will see the world as it is, not as it wants to seem. In the end, however, she can’t extract the mask.

She’s a French countess prearranged to marry Lelio. She wants to find out about her husband-to-be — just curious because, after all, this man will have her heart. So she becomes Chevalier, a knight, and tumbles into way too much, including Lelio’s five-million-franc prenup with another woman. Steven Epp and Dominique Serrand, who adapted the play from Marivaux’s La Fausse Suivante (the fake servant), retitled it The Deception.

The title’s a mite misleading, since the one deception weaves multi-tangled webs. And once the servants learn of it, they hatch even more. Marivaux (1688–1763) became notorious in his time — and nowadays enjoyed — for his bipolar style, a salmagundi of the high and the low, inserting a cherub, for example, when a gargoyle should appear. His contemporaries (Voltaire among them) pooh-poohed the topsy-turvy embroidery as “Marivaudage,” which Claude Crebillion defines, in part, as “an introduction to each other of words that have never made acquaintance, and which think they will not get on together.”

Along with telling an intriguing, ultimately fatal tale of avarice in the name of love, director Serrand and Jeune Lune have done a remarkable thing: they’ve recreated “Marivaudage” both visually and verbally. Performers flow across the stage like leaves on a river. As light as Prospero’s Ariel, they’ll suddenly make an oblique turn, or bang into a wall, and wobble like Keystone Kops. They strike poses, but not when you’d expect, and break them off as if too artful, or not artful enough. Most amazing: at no point do they move only for movement’s sake. Every step is emotionally justified, so character- and scene-connected it never feels choreographed. The cast is, at once, precisely detailed and completely spontaneous. And all perform with the loose-cannon energy of youth.

Another high-low Marivaudage: Steven Epp’s dialogue combines elegant phrasing — the language of 1724, when the play premiered — with the attitude-infested speech habits of today’s young (Casey Greig’s Lelio, for example, is as much gangsta as young French noble). Four-letter words jolt the production away from becoming a slick — and distant — 18th Century curiosity. There are times in Act One when the plots get so thick you can’t tell who’s sided with whom. But when the unmaskings begin, what might have been a comedy turns into stark, even violent, disillusionment.

The cast performs without props on a bare
After the Quake
The La Jolla Playhouse presents Frank Galat’s theatricalization of short stories by Haruki Murakami. LA JOLLA PLAYHOUSE. 10180 LA JOLLA VILLAGE DRIVE. THROUGH AUGUST 19. TUESDAY AND WEDNESDAY AT 7:30 P.M.; THURSDAY THROUGH SATURDAY AT 8:00 P.M.; SUNDAY AT 2:00 P.M. CALL 619-234-5623.

Agnes of God
The Poway Performing Arts Company stages John Patrick Shanley’s murder mystery about a young novice who gave birth. Poway Performing Arts Company. 13250 POWAY ROAD UPTOWN IN THE LIVY CENTER. THROUGH AUGUST 30. DECEMBER 5 AND SUNDAY AT 2:00 P.M. MATTREY SUNDAY AT 2:00 P.M. CALL 760-478-7083.

Avenue Q
Set to the tunes of Avenue Q. Stage is the new 20, then Jeff Whitty (book), Robert Lopez, and Jeff Marx (music and lyrics) have written a musical for this out-of-school-but-grappling-for-purpose-in-life generation. Actors and puppets, both expressive, perform before a broccoli facade (Avenue Q being a step down from New York’s “Hitler’s Kitchen”) and so where the sometimes found to zeed, they sing not about of the alphabet... but racism, porn on the Internet, and how “It’s a Me.” They struggle with work and love, and, hounded by the Bad Idea Bear — on stage from F.B.I. — the urge to slack. The energized ensemble has no weak links. Robert McClure, Carla Renata, Angela Al, and especially Kelli Sawyer, who does Broadway quality work and manipulates Kay Monster, a puppet, are quite impressive. The timing of the jokes are the best. Munich, Munich, Munich. It’s a 2:00 P.M. SUNDAY AT 7:30 P.M. MATTREY SUNDAY AT 2:00 P.M. 800-320-0097.

Buddy, the Musical Story
The Welk Resorts Theatre presents a musical celebration of Buddy Holly. The Welk Resorts Theatre, 121 BROADWAY, SPRECKELS THEATRE, 121 BROADWAY, LA JOLLA THEATER, 5190 CAMERON HILL. THROUGH AUGUST 19; 25TH THROUGH AUGUST 25; 2:00 P.M. SATURDAY AND SUNDAY AT 7:00 P.M. 800-397-0010.

The Complete Works of William Shakespeare (Abridged)
O’Neill Playhouse presents the national tour of “William Shakespeare’s Complete Works (abridged)” by Simon Stephens. TUESDAY THROUGH SATURDAY AT 8:00 P.M. SUNDAY AT 2:00 P.M. 800-382-1222.

The Break-Up Notebook: A Musical
Rashomon

Something happened a thousand years ago near Kyōto, Japan, but to this day the testimonies conflict. A Samurai warrior died; his conflict. A Samurai warrior died; his ghost, tells a different version. Rashomon — a “Uncertainty Principle” (subjectivity of observers, influence of the teller) avant la lettre. The North Pole Rent’s offering a serviceable David Eichenberg production, with three shining lights: Doren Elias plays the cynical Wigmaker with three-sharped, detailed versions of the same woman, at once quite different and, deeper down, similar. Richard Bard’s bandit Tajumaru does everything from high tragedy to low, and hilarious, comedy. Suiboku and Baird are two of San Diego’s finest actors, and their tandem work — how they simply and generously “play together” — is a joy to watch. Marty Burnett’s set, lit with appropriate shadows by Matt Novotny, does triple duty as a bamboo-and-paper residence, the Kyoto courtroom, and the everpresent Rashomon gate, where the “truth” gets a thrice-over and then a final — or is it? — rinse.

Worth a try.

San Diego Repertory Theatre, 13250 Poway Rd., Poway (619) 644-7233
www.scrippsranchtheatre.org

Sorenson makes Proteus’s flip, flukey, in the end, with a more disingenuous as the play’s moral voice. Adamant Sylvia could have rested too closely. You will wonder how country boys reach Milan, they go through the looking glass into decadent Restoration England. In this lust-steamed environment the young men’s rude behavior makes a bit more sense (since the adults are scruff-free), if you don’t look too closely. You will wonder how Stephanie Fieger’s appropriately adornant Sylvia could have retracted us until her surroundings, and how Tom Hammond’s Muglacker-agle Dole drinks in the final scene, giving way to young Valentine’s (Ikkly Ryan Quinn) dimly motivated emergence as the play’s moral voice. And surely Joy-Farmer Clay’s sparkling Julia would regard Proteus, in the end, with a more dis- cerning eye, especially since Carey Soromson makes Proteus’s flip, from ardent innocent to sexual tortor, so convincing. In such a fickle world, only the clever — Celeste Ciulla, Sam Brendan-Wright, and Jonathan McMurry, accompanied by a scene-stealing dog named Monty — are constant.

Worth a try.

Lowell Davies Festival Theatre, 53-5353 Capistrano Pkwy., Capistrano Beach, Through August 30. Note: Two Gentlemen is running in rep with Hamlet and Measure for Measure for days and times (call 858-254-2523).

resilience of the spirit: 6th @Penn Festival, Human Rights Festival, 2007

6th@Penn Festival’s concert continues with Loose Meat and a Message by Bil Wright, The Colleens by the Collection, and Blackened Windso by Yasmine Bevird. Rana. OTPHEMERE THEATRE, 3704 SIXTH AVE., HILLCREST, THROUGH AUGUST 8; FOR DAYS AND TIMES INDIVIDUAL PERFORMING PLAYS, CALL 619-888-0120.

The Two Gentlemen of Verona

For a director, staging one of Shakespeare’s earliest plays is a good news/bad news deal: you get to do the Bard, but it’s Two Gents, which has gaps you could drive a truck through. Matt August’s work, on the Old Globe’s outdoor stage, looks as if it’s burned for the assignment. Young Veronesians, Valentine, Proteus, and Julia, are royally innocent. And when the country boys reach Milan, they go through the looking glass into decadent Restoration England. In this lust-steamed environment the young men’s rude behavior makes a bit more sense (since the adults are scruff-free), if you don’t look too closely. You will wonder how Stephanie Fieger’s appropriately adornant Sylvia could have retracted us until her surroundings, and how Tom Hammond’s Muglacker-agle Dole drinks in the final scene, giving way to young Valentine’s (Ikkly Ryan Quinn) dimly motivated emergence as the play’s moral voice. And surely Joy-Farmer Clay’s sparkling Julia would regard Proteus, in the end, with a more discerning eye, especially since Carey Soromson makes Proteus’s flip, from ardent innocent to sexual tortor, so convincing. In such a fickle world, only the clever — Celeste Ciulla, Sam Brendan-Wright, and Jonathan McMurry, accompanied by a scene-stealing dog named Monty — are constant.

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Adobe is the finale of this summer's series search for “view” restaurants with serious food. It doesn’t have an ocean view but is situated in a plush resort, an oasis of Southwestern serenity amidst the corporate architecture of UCSD and various science and technology institutes. Mary Jo and I, meeting Sam and Keith for dinner, caught glimpses of paradisiacal scenery on the long trek from the self-parking lot to the restaurant. Then we realized we were hopelessly lost, and Mary Jo called Sam, who was standing at the restaurant reception desk on her cell. A shuttle tram showed up to rescue us. A cask of rum (better yet, well-chilled Chardonnay) hanging from the driver’s neck would have been nice but wasn’t strictly necessary.

I was hoping for scenic surroundings of rural greenery. “I came to Casablanca for the waters,” said Bogie. “But Monsieur, this is the desert,” answered Claude Raines. “I was mistaken,” Bogie retorted. Estancia is indeed peaceful, in a Southwestern desert mode, but the only view from the reception desk on her cell. A shuttle tram showed up to rescue us. A cask of rum (better yet, well-chilled Chardonnay) hanging from the driver’s neck would have been nice but wasn’t strictly necessary.

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A pair of freshwater landand tender chopped Florence Basque tuna stew of that name) flavor.

Last and least that evening was the Paella Estancia — no fault of the recipe, just the lapse of a distracted line-chef while the head chef was away. Paella has enough wild varia-
tions in Spain and Latin America that I have no firm preconceptions about what it should be. Frost’s version, which he discovered while cooking in restaurants in Spain, is moister than most, with a dark, zesty lobster broth cloaking the rice. The insu-
pervable obstacle that night was that all the seafood species — mussel, bass, prawns, bay scal-
lops — were overcooked till tough and shrunken, rather than being properly introduced into the dish during the last minutes before serving. Only the Spanish sausage slices sur-
vived to tell the tale.

A dessert sampler platter ($24) lets you choose any four desserts. For a group, it’s a great deal, because the entries are terrific. Avocado sorbet proves rich and interesting, while raspberry sorbet sings with fruit flavor. Valrhona molten chocolate cake with fresh berries is the choco-
licious’s dream. Mascarpone cheesecake is more of a custard — light and gooey, barely holding together. Best of all, although it looks

most modest, is a little pastry puff of apple, with the texture of a brioché. The sampler also provides wonderful cookies — pink meringues sandwiching berry jam and fudgy buttery chocolate bites. (Chef Frost was fortunate to have worked, post-
culinary school, with a rigorously trained French-born chef who — unlike most Amer-
ican chefs — freely admitted his desserts with the same aplomb as other courses. Currently, there’s no specialized pastry chef.)

Adobo is a charming restau-
rant with delightful food, but it’s somewhat hampered by the need to serve too many diners simultaneously — dedicated diners like us, hotel guests (including small fraw), plus conferences, weddings, banquets, etc. (This often occurs at hotel restaurants, but here the problem seems more pronounced. Perhaps that goes with the lower-than-expected food tab.) It does an admirable job of compromising between the varying needs of food-fear-
cers and forthright foodies — but it’s still a mission. I think what we have here is a four-star chef stooping to con-
quer a lot of customers who might prefer comfortable, uncreative two-star fare. I’d certainly go back — the chef is doing in-
teresting work. But I suspect that the diversity of the clien-
tele puts a bit of a chill on Frost’s potential daring.

ABOUT THE CHEF

“I’m originally from Mexico City and lived there until I was six,” says chef Jesse Frost. “And then we moved to Saint Louis, stayed there until I was in high school, moved to San Diego, and then I went to school in San Francisco at the CCA, the California Culinary Academy. I was in San Francisco for four years, and I worked at La Folie [note: one of SF’s top French restaurants, whose chef-owner, Roland Passot, has played a role in training numerous top chefs, including George’s Troy Fos-
hue]. Then I went to a restaurant called Bistro Cha-
pau, opened by Roland’s former maitre d’, and I was opening chef for that. “I moved back down to San Diego because family members were having babies and I wanted to be an uncle. I worked at El Bochoo as sous-chef, and then I was chef de cuisine at Prince of Wales and came here to be executive chef at Estancia. And I did short stints cooking in France and Spain.

“When I started toward becoming a chef I was very about marketing, and he traveled in Russia, China, Japan, and he was a very good cook himself. He’d do dishes that you’d hard-pressed to find in the Mid-
west. We were eating Hungarian goulash and chicken with peanut sauce. It just really in-
trigued me. We lived on a small farm where we grew our own vegetables — I was around that kind of atmosphere where the food is locally grown, fresh, or-
genic, making family meals together with stuff we had on our farm. I worked a bit in pizza shops before I went to CCA, nothing heavy, but I didn’t know what I was getting into when I decided to become a chef. I didn’t know what I was going to do, change my mind. I was either going to go into visual concep-
tual art or I was going to be a chef.”

“At Adobe, I have to be a lit-
tle careful because Mustangs and Burros is only open on Friday and Saturday evenings. So it’s a three-meal-
a-day restaurant, and we have to cater to both sophisticated diners and to a family of five that just wants to grab a quick bite. We have to be able to sat-
tify any palates while keeping it interesting and fresh for us to produce it. I have the freedom to buy pretty much everything that I would like to, but I have to keep in consideration our clientele. Estancia La Jolla is a conference center first; it drives 64 percent of our business. We also do a lot of weddings and catering. So we’re busy as hell. We also have room service, and the wine bar and bodega, and our gastro-pub Mustangs and Burros, with a very comfortable atmosphere. Adobe itself makes up the smallest portion of what we do here. So the majority of my experience is in fine dining, and here it’s limitless. You have people looking for something special, but you also have fam-
ilies from out of town, and then the corporate segment, which wants more of a structured meal pro-
gram.

“When I came back to San Diego, I found that local farms had expanded a lot into pro-
viding produce for restaurants. I feel very fortunate to work and live in San Diego. I like to keep things honest. The task put to the chef is to find the best in-
gredients you can and under manipulate them as much as possible. When I see these crazy concoctions at some places, I always ask myself, ‘What are they trying to hide?’ If you buy a carrot, you want it to taste like a carrot. That’s what Roland [Passot of La Folie] taught me — that old school of the Lyonnaise style of French cooking. If you put on a braised rabbit leg, you want it to taste like braised rabbit leg. What do I do is to take that foundation and put some little twist on it to make it interesting.”
“Look, I can always catch the number 30. Hour and a half, but...”


“Oh my giddy aunt,” he says. This three-year-old kid is trailling along with his mom and older sister. His left hand’s reaching up to grip Mom’s hand. His right hand’s holding...a cell phone. He bobbies away casually as they head into a boutique called Miss Trendy.

“So-o-o La Jolla,” says Hank. We’re sitting at a sidewalk café packed with a surly-young bronzed-exec crowd straight out of the ads in GQ and Dream Home magazine. They’re soaking suns and laughing a lot. Next to us, two marble wall bars-a second “Bear Beer,” Amy tells how her day job is teaching English literature to high school kids. Wow. Then the guy behind us eating a bunch of large tomato slices with mozzarella balls on top turns out to be a lawyer from Pittsburgh here to see his 95-year-old Aunt Molly. First time in 40 years. They were both originally from Cape Town, South Africa. His name’s Alex.

I suddenly realize Alex’s dish is on a separate “tapa” menu. Dammit. I hadn’t noticed. His “Caprese Salad” costs $7.95. And they have Italian sounding things like “Crab Rangoon” (also $7.95), which is crab with cream-cheese wontons and sweet peppers. Or mahimahi with ceviche, for $8.95. Or baked ziti—a pasta dish, also $8.95 (two bucks more with meatballs).

And inside, when I go to get Hank a, uh, third beer, here’s this trumpet player named Brad, hunched over his plate at the counter, jamming away. This guy’s been everywhere. Traveled with War (remember “Low Rider” and “Spill the Wine”), even shared the stage with Dizzy Gillespie, man... But by the time Hank’sorder the fourth Bear, I’m starting to fret. He’s my ride downtown. Don’t you ever say anything straight out?” Hank blurts.

But then he fiddles in his pockets, brings out his keys. “Here. Just keep the sun on our right.”

And, wow, Hank’s happy, gruzzling into his fish tacos. “Better than Rubio’s,” he says—and he’s always been a Rubio’s fan. His two tacos look so good, stuffed with cabbage and oozing creamy sauce and the dark salsa he’s poured in. They’re gone in a La Jolla minute, along with the half-plate of red-colored corn chips. And the salad.

And people are pretty friendly, too, since we relax about being peasants from that desert out there called “Not La Jolla.” Like, when Hank orders a second “Bear Beer,” Amy tells how her day job is teaching English literature to high school kids. Wow. Then the guy behind us eating a bunch of large tomato slices with mozzarella balls on top turns out to be a lawyer from Pittsburgh here to see his 95-year-old Aunt Molly. First time in 40 years. They were both originally from Cape Town, South Africa. His name’s Alex.

The Taste: Bull & Bear Grille and Bar, 1271 Prospect Street, La Jolla, 858-551-0077

Type of Food: American

Prices: Breakfast: $6.95; Venture Capital Veggie Burrito ($5.95); Blue Chip burger…

On the other hand, the price is right for us penny-stock guys. The most common price is $7.95. The Bull Burger is a half-pounder (actually, they’re all half-pounders) with the usual fixin’s for $6.95. They have a Bull Burger Special that adds fries and a soft drink for $8.95. The “Bankrupt BBQ Burger” (with BBQ sauce, bacon, and mozzarella cheese) is $7.95, and so is that Blue Chip Burger (topped with, of course, Gorgonzola blue cheese).

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DINING

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The Place: Bull & Bear Grille and Bar, 1271 Prospect Street, La Jolla, 858-551-0077

Type of Food: American

Prices: Breaker Breakfast Burrito (eggs, bacon), $5.95; Venture Capital Veggie Burrito (eggs, mushrooms, bell peppers), $5.95; Bull Burger (half-pounder), $6.95; Hot Stock Burger (with Louisiana sausage), $7.95; Dow Jones Dog, $3.95; Franchese Dog with bacon and cheese ($5.95) is more interesting. They have wraps for $7.95 (chips included). Plus a bunch of $7.95 salads. I hesitate for a moment at the Oriental Chicken, scoot down on past sandwiches to the “Bull & Bear Favorites.” “The Federally Insured” Fish and Chips are $9.95—does that include the insurance premium? — but “Captain Roy’s Fish Tacos with chips and salsa” are more my style: only $6.95. I almost decide on those when Amy comes up and, natch, Hank goes straight in for the kill, or should I say kill. “Fish tacos and the house salad,” he says. “And a beer.”

Dang. Like Hank — in fact, love the guy. But you won’t catch me copying him.

I scan the burger list. One that seems to offer the most bang for the buck is the “Hot Stock” burger. That’s a half-pound patty, with a split Louisiana sausage on top.

I get a $1.75 cawei fee too. Working again tonight.

And yes, the “Hot Stock” is tasty, peppery, and per-lety of it. It needs maybe some sauce, though to make it juicier, I ask Amy, and she’s kind enough to bring some Gorgonzola. Not quite what I meant, but it helps some.

And, wow, Hank’s happy, gruzzling into his fish tacos. “Better than Rubio’s,” he says—and he’s always been a Rubio’s fan. His two tacos look so good, stuffed with cabbage and oozing creamy sauce and the dark salsa he’s poured in. They’re gone in a La Jolla minute, along with the half-plate of red-colored corn chips. And the salad.

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Passion vs. Permits

“Almost every winemaker [in Ramona] is either keeping his day job or is retired.”

I found that there was money in growing grapes,” says William Holzhauer, recalling his first investigations into the production end of the wine business. “But there’s a lot of money in a winery — because the risk is in making the wine.” He was already set on putting in grapes on Hacienda de las Rosas, his dream estate in Ramona, and he decided he might be up for the risk. “I started going to classes at UC Davis and started showing up at people’s vineyards at harvest and volunteering: Shadow Mountain, Salerno, Pamo Valley Vineyards.” Eventually, he started making his own product over at Salerno’s place from locally purchased fruit: Zinfandel Port, Sauvignon Blanc, and a Cab-Petite Sirah blend.

Today, Holzhauer’s estate winery is still a few months away from completion, but there’s enough there to get a sense of it. The mission-style bell tower is up on the winery façade. The iron-wood main doors have arrived from Morocco. And you can see the layout — the sections set aside for the barrels, the tanks, the tasting room, the stables…

The stables? “We’ll showcase horses here,” explains Holzhauer. “We’ll bring in stallions, and babies and their moms. We raise Peruvian Paso horses here. Spanish horses, Spanish wine — tie them together.” Spanish wine here means Tempranillo — and Mission (1). “It used to be the number-one grape in Anaheim,” he says — back when Anaheim was wine country. “It was their table grape and their wine grape. There were hundreds of acres of it. It’s a spicy grape. People say you can’t make great wine from it. Well, you can if you know what you’re doing. It’s a great blending wine.” So, once the estate vineyards come online, he’ll be blending it with Tempranillo.

The wine and the horses are personal passions, but Holzhauer is happy to mix them for the sake of consumer-friendly ambiance. To aid in the cultivation of that Spanish image, he says, “We’re working with an historical society out in St. Augustine, Florida. We hope they’re going to let us copy a wine bottle that was found on a Spanish galleon from the 1400s. It’s the only glass wine bottle [of its kind] in the U.S. We’re in negotiations to copy it and manufacture it. It’s a weird bottle” — he gestures to indicate its irregularity — “they’re all going to be a little bit individual. I want to put Mission and Tempranillo in there, put a Spanish doubloon on the glass itself, and call the wine Pieces of Eight. People want the romance; they want the story of your vineyard, the story of your winery. When I go out selling the wine, I’m selling the story; I’m selling the romance.”

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a big sign on top that said, ‘San Diego County Vintners’ Association — Local Wineries.’ We use it as a fundraiser. The wineries that participate get $9.50 a bottle; I sell it for $10, and we give 50 cents back to the association. I’m on my third re-order; we’ve got them in seven or eight locations. Alex McGeary up at Shadow Mountain in Warner Springs called me and said, ‘I just got a couple who bought one of our wines from the Rancho Bernardo car wash, and they drove all the way up here and bought a case.’

RESTAURANT LISTINGS

The Reader’s Guide to Restaurants are recommended listings written by our reporters (Ed Bedford, Barbara David, Andrew Martin, Shari McCaughan, Max Nash, Eleanor Widmer, Nancy Wise). Each issue contains only a fraction of over 500 reviews. A complete searchable database is available online at SanDiegoReader.com.

Price estimates are based on the latest information available for a mid-range entry. Inexpensive: $5-12 moderate: $10 to $19 expensive: $20 to $34 very expensive: more than $25. Please call restaurants in advance for reservations.

NORTH COASTAL

The Armenian Cafe 1126 Carlsbad Boulevard (at Front), Carlsbad, 760-720-2233. At this large cottage with a year-round heated sidewalk overlooking Highway 101, the menu offers Armenian specialties cooked with a Lebanese accent as well as general Mid- Easterncore pleasers, including gyms made from scratch. Lamb shish kebab is the house specialty, a "lovers" delight featuring tender premium lamb cubes with assertive seasonings, grilled over gas. Even better are distinctive dishes from the owner’s family recipes: his mom’s Lebanese kibbeh (a large, glutinous flat roll made from lamb meatball), a "little harem in the kitchen" — an exotic nutmeg sugar cube fragrant with rose-water syrup, topped with pistachios and thickened cream. Dinner platters contain a full meal, including a great "Armenian salad" and a tasty dip for the meat, along with less than great egg lemon soup, phal, and pita breads. Wine list is diverse, but corkage fee is reasonable. Three meals daily. Live music and belly dance Friday and Saturday night. Moderate to slightly expensive. — N.W.

California Bistro 7310 Four Seasons Drive, Carlsbad, 760-403-6888. This restaurant features fresh California cuisine in a beautiful, luxurious hotel dining room. Open 8:30 a.m. to 10 p.m. Sunday to Thursday and 10 a.m. to 10 p.m. Friday and Saturday. Reservations are required every Sunday and Monday night. A special Sunday brunch is held 11 a.m. to 3 p.m. Prices moderate to expensive. - E.W.

Joey’s Smokin’ B-B-Q 6950 El Camino Real, Carlsbad, 760-929-1196. Also Torrey Vista Center, 4645 Camden Mountain Road, Carmel Valley, 650-818-1375. Joey Maggie’s doesn’t produce Southern “Q” so much as So- cal “Q” — more an homage to Mem- phis than anything you’d find in Mem- phis itself — but the tables include paper towels, disposable forks and knives, an empty glass and he go get it and to the meat is always smoked, not grilled, in a true "Q" fashion. Pulled pork offers reason- able credibility Memphis-style flare and tender-skeletchy texture. Baby back ribs come in three versions: sweet ribs glazed with the “sawdust" sauce, wet ribs glazed with the mid-spat-cre, and dry rub ribs. A good variety of sides, including some very good coleslaw and a big side order of macaroni and cheese. For dessert, the weekly specials feature a rotating selection of pies, many of them from a local bakery. — E.W.

Lunch and dinner daily. Inexpensive to moderate. — N.W.

Juanita’s Taco Shop Estilo Tepatitlanl 290 North Coast Highway 101, Encinitas, 760-943-9612; also in Vista at 244 Main, 760-758-4351. Enticing aromas of fresh tortillas and fragrant fajitas greet you as you enter this busy little oaspe, where the food is cooked in the style of Tepatitlan, a small city near Guadalajara. Its local specialty is carne asada — which Juanita’s does up (by the plate or by the pound) as tender, non- greasy shred, served with fresh, climento- laden mild tomato salsa. Staple items are line, heat, and the beans taste as good as they smell. Try a “Flying Fajita” — it really takes off with shredded meat, onions, mild chiles, beans, sour cream, shredded orange cheese, and guacamole. The restaurant has a large dining room, with casually thematic decor. The menu is divided into appetizers, tacos, burritos, enchiladas, and tables for more than four. — E.R.

Kealani’s 137 West D Street, Encin- nas, 994-94-ALOHA. Tucked between a 7-Eleven and a pizzeria, with an exterior that says “Saimin” (for Hawaii’s version of Teram Sen), this island of the la- ke is a "loopy little hole in the wall." A skylake player sometimes ser- vies the mid-week crowd at the side- walk tables, and at any hour the food is “plate lunch” — two scoops of short- grain rice, mild house-made macaroni salad, and a choice of authentic “gimme.” Don’t miss the outstanding kiku pig, crispy-shredded rice with mild sauce (most ask for it), resembling a morsel of Japanese “pulled pork.” The menu covers the whole panoply of island stand- ards, from malasadas (Portuguese doughnuts) to musubi ( Spam sushi), with a satisfaction special of a half-pound of “lo- cal food.” While you’re waiting, check out the Hawaiian vocabulary lessons under the glass top of the tables. Open Monday through Saturday. Lunch to early dinner. Inexpensive. — N.W.

Milton’s Diner Flower Hill Mall, 2640 Via del Valle, Del Mar, 858-792-2235. This sprawling, family-friendly eatery started out as a non-kosher Jewish deli, but has come to embrace dreg keyboard, pub grub, and Italian and Mexican favorites, along with a full cast of Ashkenazi dishes. Sit down and stuff yourself with stuffed cabbage, overstuffed deli sand- wiches, crisp-skinned fat-free blintzes, nutella fre, hot brisket with latkes — or chicken fried steak, if that’s your bag. Take out from the attached deli and bakery. The yummy chopped liver will remind you of the Bronx, the smoked oishl and silly Niles will take you home to Forest Hills, but the soft, cottony bagels — oh, so soft! Seven days, three meals. Inexpensive to low moderate. — N.W.

The Original 101 Diner 501 First Street, Encinitas, 760-753-2113. This is where the caster crowd from Rancho Santa Fe congregates after their round. It’s got all the deliberately down-home charm of the 1950s, is a cheap top sirloin steak and eggs. For more than 60 years, the Fwids (the name is pronounced “Fwiids”) have been serving up delectable homemade Chicago-style hot dogs, Italian beef, and Italian sausage, and all sorts of other comfort food, from cherrys, from lobster bisque to good old-fashioned macaroni and cheese. Even though the Original 101 Diner’s vintage (1983) in no way compares with the fabled property in the hills. But the vegan-sexual-carnivore “new people” — the carnivores buying into the whole panoply of island stan- dards, from malasadas (Portuguese doughnuts) to musubi ( Spam sushi), with a satisfaction special of a half-pound of “lo- cal food.” While you’re waiting, check out the Hawaiian vocabulary lessons under the glass top of the tables. Open Monday through Saturday. Lunch to early dinner. Inexpensive. — N.W.

Pamplemousse Grille 354 Via de la Valle, San Diego, 619-465-2333. Monday’s sushi special

Monday Sushi Special

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**Tampenade**  7612 Fay Avenue, La Jolla, 858-551-7080. This is not only one of the finest restaurants in the county but in the country. Featuring Provençal flavors, famed chef-owner Jean-Michel Drat offers superb seasonal ingredients treated with the consummate ease of a master chef. Among the special prixs here are a sophisticated roasted eggplant relish, French onion soup, and brandy sauce. Seafood is big: the shrimp open-faced sandwich, the salmon plate with potatoes and lingonberry (not cranberry) sauce. The wet-aged prime rib is the specialty of the house. Cooked fish entrées feature equally complex, delicious sauces. Each dish is seasoned to the optimum picc citrus for its overall flavor — this is not the land of bland. The Sunday all-you-can-eat brunch offers a wonderful selection of foods. The chef is a master at his craft, too, as are well-prepared circle-sliced and whole pots, Business-class dining room and patio tables are available. Ask for the menu prices galore. Half the menu is the long, adventurous wine list, offering international bottles at bargain prices. Several dishes are accompanied by the glass choice galore. Half the menu is the long, adventurous wine list, offering international bottles at bargain prices. Several dishes are accompanied by the glass choice galore. Half the menu is the long, adventurous wine list, offering international bottles at bargain prices. Several dishes are accompanied by the glass choice galore. Half the menu is the long, adventurous wine list, offering international bottles at bargain prices. Several dishes are accompanied by the glass choice galore. Half the menu is the long, adventurous wine list, offering international bottles at bargain prices. Several dishes are accompanied by the glass choice galore. Half the menu is the long, adventurous wine list, offering international bottles at bargain prices. Several dishes are accompanied by the glass choice galore. Half the menu is the long, adventurous wine list, offering international bottles at bargain prices.
La Dona 1784 Nob Hill (at Birdstone), Barrio Logan, 619-233-4999. This café is steeped in Mexican history, especially Barrio Logan lore. You had expect to see several L.A. Zoot-suiters drift in as you inspect the black-and-white shots of the late actor Maria Felix (Mexico's Marilyn Monroe) in the great photos of the Mexican Revolution that include Zapata and Pancho Villa. The place has been here for 63 years, and old-timers say it reminds them of long-ago cafés in Los Angeles, Mexico, or Madrid. The food is home cooking, Mexican style, with meals like grilled egg and chorizo with rice and refried beans. Watch out for the pot of sopa—it’s a real jaw-slammer. Other dishes to sample include chiles rellenos, nixtamal, and jicama. Seven days, breakfast to late lunch. Inexpensive. — E.B.

EAST COUNTY & COLLEGE AREA

The Australian Pub 1014 Grand Avenue, PacIFIC Beach, 858-306-0560. A great place to take your kids after a morning at the beach. This relaxing pub, owned by a true-blue Aussie, offers heaps of good Aussie food. Try the Road Kill (grilled chicken breast with pico de gallo sauce and cheese, “run over” between two pieces of sandwich) or the Aussie Burger (1/2-pound patty, with a fried egg, cheese, bacon, grilled onions, beans, pineapple, and a side of steak fries). And for an “outback” experience, order up Vegemite (asbey’s kinda paste) and four pieces of bread— it’s the Aussie national food, mate. Lunch and dinner weekdays, three meals weekends. Inexpensive. — E.B.

Lamont Street Grill 4445 Lamont Street (between Grand and Garnet), Pacific Beach, 858-270-3060. PB’s most nautical restaurant serves California-foos, punctuated by bold and sometimes strange Meso/Asian/Cajun flavors, as a rambling converted residences with several rooms and levels. Dinners come with soup or salad, and many entrees are served over marvells home-made fresh pasta. Salton over fettuccine in a delicate dill cream sauce is especially fine. The huge array of desserts is house made too, with something for every palate. Most the desirables (table available first, first served) are on a lovely fireplace-heated patio. Whichever rump and parking in small lot behind restaurant (call ahead and they’ll save you a spot). Homey atmosphere can get loud. Affordable winelist, full bar. Open daily, dinner only. Moderate. — J.W.

Saska’s 104 Mission Boulevard, Mission Beach, 858-488-7311. Vegetarian, local fish and seafood joint that tries hard from the broiled shrimp homemade tetrazzini sauce (served up front, facing to bitter ginger) for the well-cooked (if mild flavored) fish to the cut-on-the-premises aged beef. The interior’s low wood slat ceilings, driftwood beams, dim light, and red-leather booths combine with the stay-up-late kitchen to make the space feel like a cozy haven, a respite from the brighter buzz of Mission Beach. The wine list runs the gamut from Cook’s sparkling wine to Cristal champagne, stepping along the way of an interesting (if expensive) collection of reserves. Next door is the restaurant’s serviceable sushi bar (858-486-7255) and two-story party space. In the kitchen watch the cooks make pretty much everything on the menu. They’re gifts from generations of cooks. Now, as in the 1930s when it started up, the basic chicken pie comes to order that same old chicken pie. Seven days. Only lunch. Inexpensive. — E.B.

Kraton 1128 25th Street, Golden Hill, 619-230-6772. This used to be an abandoned property. Now the smoopy greenshadow house is the coolest, if (reportedly) ghost-ridden, coffee-eatery run by mashed potatoes, veggies, colas, yoghurt, and dessert—the like the pineapple pear available mondays—all for an really low price. The menu also offers fried chicken, burgers and fries, but 99 percent of customers still order that same old chicken pie. Seven days. Only lunch. Inexpensive. — E.B.

50% Off Sushi
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**Reservations:** Recommended. Call (619) 299-3148. 

**Location:** 2344 1st Avenue (at Wall Street), Hillcrest. 

**Hours:** Monday through Friday, 5-9 p.m.; Saturday and Sunday, 5-10 p.m.

**Price:** A-59

**Specials:** Prime Rib ($29.99), lobster (a la carte). 

**Ambience:** Not very quiet. Noise levels vary. 

**Dessert:** Most dessert dishes are in the $6.50 to $9.50 range. 

**Decor:** Decor is a mix of Italian and medieval themes. 

The Sant’Omobono family, who run this restaurant, have over 30 years of experience in running Italian restaurants in Italy. This restaurant is one of the few Italian restaurants to offer a variety of authentic Italian dishes, such as pasta with a variety of sauces, including fra diavolo, and seafood dishes with a touch of Italian flavor. The food is prepared using fresh, locally-sourced ingredients, which is evident in the taste and freshness of the dishes served. The restaurant is comfortable and welcoming, with a cozy atmosphere that makes it a great place for a date or a family dinner. The service is friendly and attentive, ensuring that the guests have an enjoyable dining experience. Overall, Le Santo Russo is a great choice for Italian food lovers who want to enjoy a taste of Italy in San Diego.
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<th>Restaurant</th>
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<tr>
<td>La Jolla</td>
<td>Free breakfast, lunch or dinner</td>
<td>750 5th Ave, Downtown 619-577-0146 [<a href="http://www.lajollarest.com">www.lajollarest.com</a>]</td>
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## 2 for 1 entrée

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<tr>
<td>Old Madrid</td>
<td>Lunch, brunch or dinner. Buy one full-price entrée, receive another for half free.</td>
<td>150 50th St, Downtown 619-235-3000 [<a href="http://www.olmadrid.com">www.olmadrid.com</a>]</td>
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## Free entrée

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<td>Lotus Thai</td>
<td>Buy one entrée and 2 drinks, get second of equal or lesser value for free. Downtown only. Dine-in only. One coupon per party. Not valid with other offers.</td>
<td>300 Market St, San Diego 619-595-0115 [<a href="http://www.lotusthai.com">www.lotusthai.com</a>]</td>
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## 25% off on chicken, ribs, queso fundido or 2 tacos

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<tr>
<td>Limónz Rostizados</td>
<td>25% off chicken, ribs, queso fundido or 2 tacos</td>
<td>978 Garnet Ave, Pacific Beach 858-605-0093 [<a href="http://www.limonz.com">www.limonz.com</a>]</td>
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## Free appetizer

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## 10% off entir

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<td>Lotus Thai</td>
<td>10% off total bill</td>
<td>300 Market St, San Diego 619-595-0115 [<a href="http://www.lotusthai.com">www.lotusthai.com</a>]</td>
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Restaurants listed without coupon offers have only menus online. Restaurants with * have multiple locations. See online menu or coupon for all locations.
Though it has ample competition, the preposterous new thriller *I Know Who Killed Me* — which unintentionally suggests *The Parent Trap* as remade by the Marquis de Sade — may just mark the nadir in Lindsay Lohan’s sad, excruciatingly public descent from hot young star to walking punch line. The lead role in this kind of laughable, low-grade schlock is supposed to follow decades of bad choices, flops, and public humiliation, not a few years of tabloid infamy and questionable decisions.

In a dual role that plays queasily on her schizophrenic public persona, Lohan plays a pampered child of privilege who’s tortured by a sicko and wakes up in the hospital professing to be a tough-as-nails harlot with a crack-addict mom. Then again, Lohan also unironically refers to the police as “fuzz,” so it’s possible she thinks she’s a street tough from the late ’60s as well. She then stumbles deliriously down a lurid, Grand Guignol rabbit hole of endless dream sequences, florid symbolism, identical twins, stigmata, babies switched at birth, and a special, exposition-tastic guest appearance by conspiracy buff Art Bell. The film is so relentlessly convoluted that it wouldn’t seem out of place if the final twist revealed that Lohan is actually Jim Carrey in the thematically similar *Number 23*, another professional suicide attempt disguised as a challenging double role.

From its title onward, *Killed* suggests a film that Roger Corman might have rejected in 1968 as too sordid even for his lowbrow tastes, with some lovingly filmed torture thrown in for contemporary resonance. Lohan is clearly trying to establish herself as a serious thespian, but the result skews much closer to the grindhouse than the art-house: Audiences might want to plan a long, hot shower immediately after this ridiculous wallow in Cinemax-ready depravity. Lohan gets to play virgin and whore, hard-boiled strip- per and pampered princess. She strips, she swills liquor, she withstands torture, she wrestles with a robotic prosthetic hand. Not since Ashton Kutcher in *The Butterfly Effect* has such a lightweight actor cavalierly taken on so many daunting acting challenges and failed so spectacularly. Having broken free of the Disney machine that molded her, Lohan now seems intent on destroying her career and credibility on her own terms.

— Nathan Rabin

A.V. Club Rating: D-

The deafening buzz greeting *The Simpsons Movie* represents a marriage of convenience between savvy corporate marketing and frothing fanboy adulation. Fox has stoked anticipation for the film to feverish levels simply by tapping into the massive groundswell of goodwill the show has built up over two decades as one of the country’s most beloved pop-culture phenomena. Such torrents of hype often lead to crushing disappointment, but *The Simpsons Movie* more or less justifies its massive buildup. It isn’t the best movie ever, nor will it make fans forget the show’s early ’90s golden years, but audiences will probably be too busy laughing to complain about any shortcomings.

In a plot that combines John Swartzwelder zaniness with James L. Brooks sentiment, *The Simpsons Movie* pushes the destructive tendencies of hapless patriarch Homer Simpson to their logical extreme. When Homer’s

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thoughtlessness causes an ecological disaster of extinction-level proportions. EPA head Russ Cargill (voiced by Simpson favorite Albert Brooks) sequesters the entire city of Springfield under a giant dome. On the home front, Marge once again begins to wonder whether Homer’s brusque façade hides a core of innate decency or simply more boorishness. It’s up to Homer to save Springfield and his marriage, in roughly that order. The fingerprints of cowriter/producer James L. Brooks are all over the genuinely tender moments sprinkled amongst the silliness, such as a surprisingly poignant subplot that finds Bart embracing Jesus-loving neighbor Ned Flanders as a warm, supportive, stable surrogate father figure.

Where The Simpsons’ social satire once had its edge, it now sports something closer to baby teeth. Though the writers take potshots at their parent corporation, as well as one of its primary corporate competitors (here’s a hint: it rhymes with Money), there’s no danger of Fox being nibbled to death by its corporate competitors (here’s a hint: it’s a Brownstone). But like a legendary band trotting out old hits, The Simpsons Movie benefits from a soothing sense of familiarity. The gaps, themes, and ideas are familiar and well-worn, but there’s joy in them all the same. Though it never regains the inspiration or comic density of its brilliant first 20 minutes, The Simpsons Movie keeps the laughs coming from start to finish, a feat as rare and wonderful in film as it has been through 18 years of television.

— Nathan Rabin
A.V. Club Rating: B+
Fantastic Four: Rise of the Silver Surfer — As federally mandated by the No Marvel Superhero Left Behind Act, this sequel to Fantastic Four (2005) drags in the Silver Surfer, who looks like a gigantic hood ornament and, given voice by Laurence Fishburne, has about as much personality. The original quartet (Ioan Gruffudd, Jessica Alba, Chris Evans, Michael Chiklis), with their bizarre and frequently comic super-powers, are amusing enough to carry another installment, though the first movie’s genesis story was more fun than the perfunctory doomsday scheme trotted out here. Tim Story directed, with Julian McMahon and Andre Braugher. — J.R.

Hairspray — Adam Shankman’s movie version of the Broadway hit — itself based on John Waters’s 1988 film — satirizes prejudice about race, class, and physical appearance in 1962 Baltimore. Plump, peppy teenager Tracy Turnblad (lovable newcomer Nikki Blonsky) crusades to integrate a local TV dance show and helps restore romance to the marriage of her eccentric dad (Christopher Walken) and overweight mom (John Travolta, in drag). With its wise-cracking screenplay, period-perfect pop score, and Shankman’s splashy choreography, this may be the funniest, dancingest screen musical since Singin’ in the Rain. The inspired cast includes Queen Latifah, Amanda Bynes, Jerry Stiller, Michelle Pfeiffer as Tracy’s snobbish nemesis, Allison Janney as a religious fanatic, and Waters as a flasher. — A.W.

Harry Potter and the Order of the Phoenix — The fifth movie adapted from J.K. Rowling’s best-selling novels introduces the young wizard prodigy (Daniel Radcliffe) to another formidable adversary: the new instructor at Hogwarts School of Witchcraft, played by Imelda Staunton as a cross between Elizabeth II and Nurse Ratched. A zealous apparatchik of the Ministry of Magic (superbly realized by production designer Stuart Craig), she banishes the practice of spells, leaving her frustrated students more vulnerable than ever to the sorcerer Voldemort (Ralph Fiennes). Less magic also means less fun and discovery, as Harry battles depression and a hostile press; this is the bleakest Potter installment to
With movie studios catching the indie buzz, independent films can sometimes feel, well, not very indie. Fortunately, there are still filmmakers making movies with the help of parents, T-shirt sales, or a break at Sundance. Andrew Bujalski’s Mutual Appreciation is shot in high-contrast 16mm, a far cry from Hollywood slickness. Small on plot, big in character, the actors have mastered a sort of graceful awkwardness that may make you laugh and wince at the same time.

Moving up a few production budget notches is the Duplass brothers’ The Puffy Chair. The Puffy Chair’s plot is rather loose, making the real verve the characters’ negotiations with one another. The DVD bonuses are great, including such early shorts as The Intervention, which also happens to be the name of the Duplass brothers’ film screening at the upcoming Sundance Film Festival. Watch the short first and get a taste of good things to come.

**Mutual Appreciation (USA) 2005, Image List price: $14.99**
**The Puffy Chair (USA) 2005, Genius List price: $19.95**
the money. That sort of humanity infuses the movie, a low-budget and literally plotted DV project in which the singer, a poor vacuum-cleaner repairman, falls in love with a young Czech immigrant (Markéta Inglová) who plays the piano and helps him put together a band for a demo session. The songs don’t advance the narrative lyrically so much as follow the two characters’ uncertain relationship through the slow realization of their themes, in particular a scene in which they first jam together in the back room of a music store is a gem. — J.R.

Ratatouille — Brad Bird’s second collaboration with Pixar is more ambitious and meditative than his Oscar-winning The Incredibles. “Anyone can cook” is just one of the lessons of this superbly rendered CGI animation about a young rat (voiced by Patton Oswalt) who longs to work in the Paris restaurant made famous by his late idol (Brad Garrett). The novice rodent chef transgresses his dad’s prejudice by teaming up with a human, an inept scullery boy (Lou Romano) the rat coach to gastronomic acclaim. Cooking tips abound, and the Proustian moment a snooty food writer (Peter O’Toole) enjoys is a corker.

Rescue Dawn — Released by MGM, starring two big Hollywood actors, and easily slated as a Vietnam POW adventure, this could be Werner Herzog’s most commercial movie ever. But it’s also elemental Herzog, a story of superhuman willpower that he first told in his1997 documentary feature, Dieter Neumann Fly. Christian Bale gives a committed performance as Dietrich Drogler, the U.S. fighter pilot shot down over Laos in 1966 and held in a jungle camp. Steve Zahn and Jeremy Davis are compelling as Drogler’s suffering prison mates, respectively drawn to and repelled by his impersonal optimism as he plots their escape. With its clumsy treatment of the Lao guards and its macho denouement back in the States, Rescue Dawn sometimes stumble into Rambo territory (it was screened for U.S. troops in Iraq on Independence Day). But like much of Herzog’s work, it’s essentially spiritual, focusing on a man at war with his environment — and no one plays into the fray the way he does. — J.R.

Sicko — Asked who the greatest French poet was, Andre Gide said, “Victor Hugo, alas.” I feel the same way about Michael Moore. He qualifies, sometimes lamentably, as our most important political filmmaker, in part just because the media do such a poor job of delivering basic news to us. His blistering attack on the American health care system and the abuses of medical insurance companies offers eye-opening contrasts with national health services in Canada, England, and France, and, aptly enough, he delays appearing on-screen for some 40 minutes to keep the focus on this country’s victims. When his comic persona finally does come in, there’s something a bit irritating about him asking so many questions he already knows the answers to, sometimes paying more heed to the audience members he perceives as chumps than to the people he’s talking to (as when he asks some Cubans on the street, “Is there a doctor here in Cuba?”). But this is still essential viewing — a moving, informative, corrosive, and even sometimes hilarious call to arms. — J.R.

The Simpsons Movie — Reviewed this issue: With the voices of Dan Castellaneta, Julie Kavner, Yeardley Smith, Nancy Cartwright, Hank Azaria, and Harry Shearer, directed by David Silverman.

Sunshine — Stanley Kubrick’s 2001: A Space Odyssey and Andrei Tarkovsky’s Solaris cast long shadows over this ambitious psychedelic sci-fi adventure by Danny Boyle (Transporter, 28 Days Later). But it’s a solid effort nonetheless. Set in 2077, it concerns a space mission to launch a nuke into the sun in hopes of saving earth from perpetual winter. Boyle’s spiritual and metaphysical musings intertwine neatly with his pop sensibility, imbuing this with an art-house intelligence without diluting its summer blockbuster appeal. Naming the spacecraft Jarmie Jules—which is a nod to the recently fore-shadowed chain of events that occur as the ship approaches the sun, but Boyle’s demonization is deliciously ambiguous. With Gillian Murphy, Rose Byrne, Michelle Yeoh, and Chris Evans. — J.R.

Talk to Me — Don Cheadle stars as Ralph “Petey” Greene, who followed a prison term for armed robbery in the early ’60s with a long career as a media personality and social activist in the D.C. area. After playing upright gals in Hotel Rwanda and Reign Over Me, Cheadle must have reached naturally for the part of the raunchy, rebellious Greene, but he would have been better cast and in fact had the better role as DeWey Hughes, the AM radio programmer who gave Greene his first shot (well played instead by Ch dawn Eljaz). The early scenes of Greene muscling out the air are pretty funny, thanks mainly to Martin Sheen as the apoplectic station manager. But I was bummed out by the movie’s tawdry VHS cartoon of the black power era — especially coming from Kasi Lemmons, who made her directing debut with the hauntingly ambitious Eve’s Bayou. — J.R.

Transformers — Not a movie, just one gigantic commercial for Hasbro, this collaboration between director Michael Bay and execu-
tive producer Steven Spielberg is a textbook case of cynical Hollywood extravagance. State-of-the-art CGI might please the now-grown fans of the popular line of Autobot and Decep-
ticon toys introduced in the ’80s, but the emb-
arrassingly weak screenplay by Alex Kurtz-
man and Roberto Orci (The Island, Mission Impossible 2) will disappoint those hoping for entertain-
ment value beyond the spectacle of robotic aliens morphing into cars, trucks, tanks, and jet fighters. As if aware of its in-
significance, Shia LaBeouf, Tyrese Gibson, An-


deliness Herzog’s most

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Underdog — A live-action take on the classic cartoon about a crime-fighting dog. Voices by Jason Lee and Amy Adams, directed by Frederick Du Chau.

La Vie en Rose — Marion Cotillard turns up all the available sentiment in this sob story, an achologically romanticic biopic of French pop singer Edith Piaf. Whether sincere or cynical, the movie is a near parody of the “Je ne regrette rien” themes of “La Vie en Rose.”

Not My Father’s Name — Mira Nair’s film about female suffering and camp mortification: the heroine grows up in Gandhi’s brothel, sings on the streets, gets discovered by an entrepreneur (Gérard Depardieu no less), loses or gets snatched away from loved ones, becomes dependent on drugs and drink. Director-cowriter Nair (Lunes d’Orient, Lunes de Plomo) pasts most of the German occupation, when Paul was a courageous member of the resistance. With Sylvie Testud and Emmanuelle Seigner. In French with subtitles. — J.R.

Who’s Your Caddy? — An Atlanta rap mogul invades a countryside club in this comedy by Don Michael Paul.
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Say What?

Charlie Conkey
Age | 28 | Occupation: Personal Trainer | Lives: San Diego
In Boston everyone’s “wicked” or “pissed.” “Pissed” are
mean but at least are honest, or “like the Crow is wicked
sh*t.”
There are a lot of words we use

ASEAN JAZZ AWARD

as personal trainers. A “cardio
queen” is a girl who does too
much cardio exercise, even when
she doesn’t need to. “Juice” means “stoids,” and “Juice
heads” are girls who are obvi-
ously on stoids.

At night, when I’m going out, I
say “blower” a lot. A “blower” is an overweight,
beefy-guzzling woman. Just lusty “Blowers” usually have
gunts.” “A guant” is the part of a blower’s belly that hangs
over her belt.


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North County Register, April 1, 2007, Page 2

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LEAD STORY
— A New Delhi, India, glaciologist said in June that global warming in the Himalayas is at least partly responsible for the melting of the Amarnath ice temple, which is one of Hinduism’s holiest pilgrimage sites because the giant icicle is said to symbolize Lord Shiva (the god of destruction and regeneration), who is typically represented by phalluses. A caretaker of the site told Reuters that the stalagmite is melting rapidly, though it has varied in size from year to year, with the lean years thought to represent Lord Shiva’s displeasure about something.

Inexplicable
— According to police, Derrick House and another man planned to kill four people in a 1985 Chicago drug hit and needed a stranger to know on the door that House and his companion could gain entry. They paid teenager Charles Green $25 to do that, and House completed the mission. Green was convicted and imprisoned for “participating in the murder.” House got the death penalty, but as a result of legal challenges was recently released. House’s companion was never convicted. Thus, only the one of the three still in prison 22 years later is the one who just knows the killing of the door. In August, a judge is scheduled to hear Green’s latest petition for a new trial.

News that Sounds Like a Joke
— Once-classified reports obtained by the Associated Press in May revealed that three times in late 2005 and early 2006, the U.S. Department of Defense issued espionage alerts regarding newly designed Canadian 25-cent pieces, which the Pentagon warned may contain embedded transmitters capable of eavesdropping, and which perhaps were given purposefully to U.S. contractors working in Canada. Some time later, according to the reports, the Pentagon learned that coin’s coating was not a film-and-mesh transmitter but merely a covering to preserve the limited-issue coin’s unique design.

Awesome!
— (1) Shafique el-Fakhri, 19, had the leg of a chair jammed completely through his left eye socket during an attack in Melbourne, Australia, in January. Five surgeons, operating for three hours, saved his life, and three months later he began regeneration of his visual field. "I forgive him, totally," said the attacker, "I forgive him, totally.

(2) As the result of a January car crash in Nebraska, Shannon Malloy, 30, had her skull separate from her spine ("internal decapitation"), but she remained alive until doctors could stabilize her with screws into her neck, and her recovery is a project at the Spine Center, according to a May KMGH-TV report.

Least Competent Criminals
— Crime Time in Wilmington, Del: (1) Jessee Dale, 42, was arrested and charged with cocaine possession in Wilmington in June during a routine traffic stop after he attempted to throw the passenger window pass the officer. However, the window was up and the package bounced back across the seat in “plain sight” to the officer to base an arrest on. (2) Also in June, according to police, Branden Tingey, 28, was arrested after closing hours in the manager’s office at Wilmington’s Pidonoso Italian Grill, trying to open the safe. It appeared that Tingey was using a computer displaying a Web page on safe-cracking.

Undignified Deaths
— (1) A 21-year-old man fell to his death in Tuscarawas County, Ohio, in April when he leaned a little too far over on a hillside rock in order to write his girlfriend’s name on an available space on the surface. (Her name is Kaylee and not, unfortunately, just Kay). (2) A 43-year-old man suffered a fatal heart attack in 2006 during sex with an exotic dancer in Palm Beach, Calif., and homicide detectives pulled out the dead body was captured on the video camera the man had set up to record their session. The woman’s drug use was also on the video, and she was sentenced in May 2007 to a year in jail.

Send your Weird News to Chuck Shepherd, San Diego Reader, P.O. Box 85803, San Diego, CA 92186 or to WeirdNewsTips@yahoo.com

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I was in ninth grade. So was Tony, my first boyfriend. Tony was sweet, handsome, popular, and absolutely smitten with me. A girl’s dream.

I will never forget our first date. He took me to a lake behind the mall. He bestowed upon me a single red rose, an adorable, soft teddy bear, and he sang me an oldies love song. We held hands, cuddled, and shared deep secrets.

Tony was in love, my mother was in love (she thought Tony was the cat’s meow), and I was in love. But my heart did not beat for Tony, it beat for Brian. Brian Cooey was the object of my darling Tony, and I couldn’t shake the desire I felt for this hot rod. There are girls who like bad boys, and some nice guys finish last, especially in high school. Some members of the female race latch on to guys who simply don’t give a hoot about them. We like attitude, and it seems the meaner and more aloof a guy is, the deeper our hearts invest.

Perhaps it’s because we’re afraid of love. Guys who treat us well and shower us with kindness frighten, send us running for the door. We don’t want to know what to do with hand-holding and serenades, so we get off on neglect and mind games. It’s sad and true.

And still had one more heart to break; he assumed I meant from dancing. The song finally ended, and I looked deeply into Tony’s big brown puppy-dog eyes. Without a smile I declared, “It’s over.”

Now he knew I wasn’t talking about dancing. He looked serious and distraught. I threw him a puppy-dog eyes. Without a smile I whispered words of romance into his goodness; it was me who was breaking up with Tony floated up away. I was ready for Brian to take my hand and lead me into the land of fairy princesses. I thought he would feel honored and pleased by my request, bashful even. My body lunged toward him, and I heard, “No thanks.”

Brian turned away and dismissed me. And I knew exactly how Tony felt.

Why couldn’t it be simple? Why couldn’t I submit? I had a perfectly nice guy. And I ran.

We dragged my pathetic self home. I had broken the heart of a lover, had my own heart broken, and still had one more heart to break...my mom’s. I hung my dress in the closet, tucked myself into bed, and cried. The sadness I felt wasn’t for me, though. It was for Tony.

He was so special, so kind. All his attempts to make me happy failed, and he probably felt responsible. There was nothing wrong with his goodness; it was me who was broken. Tony needed a person who could handle and cherish his qualities and nurture him. He was the nicest guy I knew, and he certainly didn’t deserve to finish last.

Tell us the story of your breakup and/or date from hell and we will publish it and pay you ($100 for 500–2000 words).

E-mail story to dumped@sdreader.com

Or mail to:
San Diego Reader/Dumped
Box 85893
San Diego, CA 92186
**Free Classifieds!**

**Tickets**

**Place Printed Ads** in the Reader by calling 818-897-0600. **Post Free Online Ads** with photos at SDReader.com. See thousands of classified ads not printed here!

**Air tickets**
- Non-stop flights
- Airline
- Venue
- Price
- Date

**Train tickets**
- Non-stop trains
- Train
- Venue
- Price
- Date

**Hotels**
- Room
- City
- Price
- Date

**Shows**
- Performance
- Venue
- Price
- Date

**Sports**
- Event
- Venue
- Price
- Date

**Sightseeing**
- City
- Price
- Date

**Concerts**
- Performance
- Venue
- Price
- Date

**Other**
- Activity
- Venue
- Price
- Date

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**Sports**

**Baseball**
- Team
- Venue
- Price
- Date

**Basketball**
- Team
- Venue
- Price
- Date

**Hockey**
- Team
- Venue
- Price
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**Soccer**
- Team
- Venue
- Price
- Date

**Other**
- Sport
- Venue
- Price
- Date

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**Computers**

**Laptops**
- Model
- University
- Price
- Date

**Desktops**
- Model
- University
- Price
- Date

**Other**
- Device
- University
- Price
- Date

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**Automotive**

**Free Car Rental**
- Car model
- Location
- Price
- Date

**Free Smog Check**
- Location
- Price
- Date

**Free Computer Tune-Up**
- Computer
- Model
- Price
- Date

**Free Engine Repair**
- Engine type
- Model
- Price
- Date

**Free Oil Change**
- Oil type
- Model
- Price
- Date

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**Wanted**

**Cash for Scrap Gold**
- Weight
- Location
- Price
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**Computers**
- Model
- Location
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BACK WHEN

In the Reader

Thirty Years Ago

The Abominable Leitmotif Man

He sits behind you at Wagner operas, with his girlfriend, who cannot tell Wagner
from Pink Floyd but thinks her escort is as groovily wise as — as — as Robert Redford!
He is a self-appointed expert on Wagner’s leitmotifs — those repeated themes that serve to
distinguish characters, places, events, ideas — and he provides the lady with a running commentary
on their appearances in the music. “Blood of the Waelungs,” he tells her (and all her
neighbors within a dozen square yards).

— “THE SMELL OF THE CROWD,” Jonathan Saville,
August 4, 1977

Twenty-Five Years Ago

The next afternoon Jody Wright was questioned by El Cajon police investigators, who
wanted to know about Linda’s background. The officers told Wright that her daughter
and son-in-law had been driving a car stolen in Los Angeles and that the car had been linked
to a man who had been murdered three weeks earlier in an El Cajon motel room. Linda had
admitted taking part in the murder and later disposing of the corpse in a culvert off Interstate
8 between College Avenue and Waring Road. “I just couldn’t believe what I was hearing,”
Wright says today.

— “AMERICAN GOTHIC HORROR,” Bruce Gibney,
August 5, 1982

Twenty Years Ago

Once again, the Reader steps forth to glorify the ritualized slaughter of animals called bull-riding,
this time with a story of a doctor compelled to patch up the matadors on that rarest of occasions — when the bull wins
(“Bullfight Surgeon,” July 30). The ridiculousness of the situation is palpable. The doctor,
José Rodríguez, admits that a dozen of Tijuana’s best doctors, in a city sadly bereft of medical personnel, crowd to the bullring
each day that, during a gorin, the entire blood supply in Tijuana of a particular type may be used up.

— LETTERS: “HOW MACHO,” Gris Walker,
University Heights, August 6, 1987

Fifteen Years Ago

Hazard was one of those people who, you
couldn’t tell his age, he always looked the same
as for long as I knew him. He was very hard
hearing. He’d got in a heated argument with somebody, saying something very blunt, and then
turn his hearing aid off and look at you. When he wanted to break in, he’d turn his hearing aid back on and talk again. He won every argument. I used to marvel at him that he wasn’t knocked on his fanny.

— “NONE OF THEM PLAYED GOLF!,” C. Arnholt Smith,
August 6, 1992

Ten Years Ago

At Flicks, Cunanan’s old hangout just down the street, no one has a bad word to say about the
homicidal homosexual — only about the media. The bartender won’t talk to anybody from the
press; his boss, he said, is pissed.

— “FRIED IN A CROWD,” John Britzolou,
San Diego Reader, August 1, 2002

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Columns archived at SandiegoReader.com
SOMETHING IN THE AIR

After sitting in the taxi lot at LaGuardia Airport for an hour, I got a fare back to the very slow city. Business was thin all night, but I did manage to have a few weird passengers. The first was with a man who took my cab for five blocks. After settling into the backseat, he said, “Let me guess — you’re an artist.”

Him: “Well, I’m an artist, and you just strike me as one. You have verymeditation eyes.”

Me: “Meditation eyes? What does that mean?”
Him: “I can only see your eyes in the mirror, I haven’t seen the rest of your face yet, but your eyes say that something needs to come out, like off your skin. Like sweat.”
Me: (Confused, I turned on the air conditioner.)
Him: “I just feel it from you. You know, I’m married to a priest.”

Me: “A priest?” (At this point I decided I needed to stop repeating everything he said.)
Him: “Yes. We got married in San Francisco.”
Me: “That’s nice. That’ll be $4.20 please.”
Him: He counted out the bills, “One, two, three...five. Bye!”

He shoved the money at me and was gone. I figured something was in the air that night because a half hour later I picked up a feng shui instructor who was visiting from San Francisco. Feng shui is the Chinese art of placement, which means that where you put stuff in your house is important and helps with your “flow” or something like that.

I said, “I read somewhere that if you put money in the northeast corner of every room in your house, it’s supposed to increase your income.”

He replied, “Actually, it’s the southeast corner, since the sun rises from there and has the most energy and pull in the morning. And you should really only do it in a room where you pay the bills or take care of business. You can also use stuff other than money, basically anything that signifies abundance in your life.”

“Well, in my apartment, that would be cat hair,” I joked.

He answered with something that I didn’t really catch but sounded like, “Yeah, that would...something inaudible...your pussy.” I thought I heard him wrong, so I excused me?

I guess he didn’t feel like clarifying because he said, “I have a dog.”

The shift inched on and a little further into the night I picked up a 20-something woman coming out of Flash-dancers, the strip club on 52nd and Broadway. She was going south, but her speech was slurred in a really weird way. She didn’t seem drunk, just out of it, or maybe a little nuts. Or on pills, perhaps.

When she got in, she immediately made a call to someone named Elizabeth. After a brief chat, she said, “I’m tired. I’m not going out. I did my deal, and I totally need liposuction. But I’m off work tomorrow.” And after a brief pause, she said, “You really need to move out of your dad’s house. You’re 17. I practically raised you.”

When she hung up with Elizabeth, we rode into Brooklyn in silence until she got another call. After her initial hello, she slurred, “Anyway, I hate you, I hate you, I hate you... Do you know how much I love you?”

She was still on the phone when we pulled up to her destination. As she paid the fare, she looked at me and said, “You’re hot.” And then, turning away, “Oh, my phone! My boyfriend is gonna think I’m crazy.”

She had somehow dropped the phone into her giant purse and wouldn’t get out until she found it.

We sat there for several odd minutes as she bent over and yelled into her bag. “Hello? Jason? Scream loud so I can find my phone!” After a few tries, she found it.

She held it up like a prize, grinned like a chimpanzee, and shoved it through the partition at the plate. She told me to say hi to poor Jason.

I said, “Hi,” but I just wanted her out of my cab, so I added, “Okay, well, have a good night!” Apparently she wasn’t ready to go. She got back on the phone with her boyfriend and continued casually chatting with him while not making any move to leave.

She was laughing and still slurring as she explained to him exactly how she lost her phone in her bag but that now she found it and everything was okay. I’m sure he was fascinated.

I repeated myself a few more times, louder and louder until she could hear me over her own conversation: “Okay, have a good night!”

No response.

A deep breath and then another: “OOO-KAYYYY, HAVE A GOOD NIGHT!”

Suddenly, she seemed to remember where she was. She said, “Huh? Oh, right. Thanks cab driver!” and she got out and shut the door.

newyorkhack.blogspot.com
**WHAT I WILL AND WON'T WATCH THIS WEEK**

**THURSDAY AUGUST 2**

**NFL YEARBOOK**
ESPN 10:00 A.M.

Football coaches need to get out of this rut of thinking that offense and defense have to conform to normal standards. I'm talking about something so revolutionary and distracting that a charging line of millionaire felons would be awed by the sight of it. Yes, that's right. Put me in the backfield and let me do my "Baton Twirl and Sparkler Extravaganza" dance in my red rhinestone underpants. "I'm a maniac, MANIAC, on the floor. And I'm dancing like I've never danced before!"

**GRAY'S ANATOMY**
ABC 9:00 P.M.

I wonder how many times this show's star, Katherine Heigl, has heard the line, "Hey, baby. Want to see my anatomy?" If that's the case, then she doesn't know what she's missing. Unzip your fly and chase after her. You'll probably be arrested, but so what? You were in proximity to Katherine Heigl and one of you was nearly naked. That's a "win" in my book.

**FRIDAY AUGUST 3**

**TIGER SHARK ATTACK: BEYOND FEAR DISCOVERY 8:00 P.M.**

Shark Week scared the ovaries right out of me. I went to a doctor, told him I had been frightened terribly, and asked him if I had any ovaries left and he replied, "Well, no," I said. "See! Shark Week."

**SATURDAY AUGUST 4**

**VIVA PINATA**
FOX 9:00 A.M.

Elvis would make the best pitata ever. You could squirrel away dozens of airline bottles of booz, prescription meds, and peanut butter sandwiches in his empty papier-mâché cavity. Just cut a hole in his little white, ticker tape jumpsuit and stuff it all in. Elvis would once again rain down happiness and joy. You could stand under him and catch prescription pills on your tongue like snowflakes.

**CONFESSIONS OF A TEENAGE DRAMA QUEEN ABC 8:00 P.M.**

I have a better movie. It's a tragic tale at first, but shapes up nicely in the end. The leading man goes on to be the TV writer for a local weekly alternative newspaper in San Diego (ahem). It's called "Confessions of an Oddly Fixed, Teenage Introvert with Hair in Odd Places and Astounding B.O."

**SUNDAY AUGUST 5**

**THIS WEEK WITH GEORGE STEPHANOPOULOS**
ABC 8:00 A.M.

If swarthy George Stephanopoulos and Corky from Life Goes On had a lovechild he could be named "Retardo Montalban."

**MONDAY AUGUST 6**

**MAN VS. WILD DISCOVERY 7:00 P.M.**

This guy's oddly fascinated by pee. In one episode, I think it has to do with desert survival and how to keep cool, he whizzes on his own shirt and wraps it around his head. This show inspired me to name my next theoretical band "Squirr Turban."

**TUESDAY AUGUST 7**

**THE FANTASIA BARRINO STORY: LIFE IS NOT A FAIRY TALE LIFETIME 9:00 P.M.**

Fantasia is a pretty good name for a stripper. I'm thinking of becoming a cross-dressing stripper. All I need is clear plastic high-heel shoes, a water bra, and Nair. Lots and lots of Nair. My stage name will be "Anita Dickens."

**WEDNESDAY AUGUST 8**

**S O Y O U THINK YOU CAN DANCE FOX 8:00 P.M.**

I'd like to get that cat that can predict deaths to hang around the outside of Fox's So You Think You Can Dance. You know, to sniff around. See how much more of this garbage we have to endure. C'mon Linus, or Stripes, or Captain Fuzzytail or whatever the hell your name is. Start to meow! START TO MEOW!

**THURSDAY AUGUST 9**

**SCRUBS NBC 9:30 P.M.**

If anyone ever combines Scrubs with American Next Top Model, I'd like to put in my application to audition. I even have my own sponge, tub, and sensible nursing shoes. Ooh, you've been a naughty patient, haven't you, America's Next Top Model? Yes, naughty indeed.
**BEST SEATS**

**MONSTER JAM**

**MONSTER TRUCK RACING**

**TICKETS.COM**

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**AUTOMOTIVE**

**Trucks / Vans / SUVs**

**PLACE PRINTED ADS in the Reader by calling**

**POST FREE ONLINE ADS with photos at**

**921-1500**

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**MERCEDES-BENZ C230, 1995; 4 dr. garage kept, all receipts since new, 115,000 freeway miles, green exterior, tan interior, accident free. $10,500. Call 619-235-3000.**

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**MERCEDES-BENZ 400SL, 1980; convert-ible, loaded with options, air con-ditioning, etc., runs & drives exc. well. 2 owners (1 male), 32,000 miles, $11,500. Owner will help finance.**

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**TOYOTA PREVIA DX, TOYOTA COROLLA, TOYOTA CAMRY, PLYMOUTH SUNDANCE, runs well, needs paint. 858-715-0638.**

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**NISSAN 300ZX, MERCURY SABLE WAGON, runs well, $3000. Linda, 619-481-1367.**

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**ford escape, runs/rebuilding, tri-als have been done, 2 owners, runs exc. well, body & interior excellent, 35K miles, receipts, originally $38,000. Se habla español. Call 619-235-8200.**

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**1991, 114K freeway miles, green exterior, tan interior, original owner, fully loaded, original rust color, body perfect NO body damage, unknown miles, am/fm radio, great condition, only 21K miles, excellent condition, 1986. Automatic, DODGE DURANGO, CHEVY UPLANDER, $13,700, Don 858-243-9831.**

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**CHEVY SUBURBAN RT2500, CHEVY SUBURBAN, CHEVY ASTRO, Plus Rentals, 760-250-7055.**

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**1990, 4x4. Excellent condition, only 38,000 miles. Safety box, $14,300/best, 22K miles, $11,900. Black exterior, fully loaded, air conditioning, automatic, V-8, CD, power everything, nice leather interior, 104K miles, $3500. 619-833-7919.**

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**LAND ROVER DISCOVERY HSE, 2005. 160K miles. 4x4. Runs well, loaded, everything, leather interior, 116,000 miles. Dark green, beige interior. Runs/looks great! Sunroof, CD and Amp, must see to appreciate. Tanya 760-877-0660 xC664.**

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**FORD EXPEDITION, 1995; 4 dr.; in fair shape, tan leather interior, black exterior, fully loaded. original owner (female), must see to appreciate, $11,500. Runs well, only 54K miles.**

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**LORRY DISCOVERY HSE, 2005. 160K miles. 4x4. Runs well, loaded, everything, leather interior, 116,000 miles. Dark green, beige interior. Runs/looks great! Sunroof, CD and Amp, must see to appreciate. Tanya 760-877-0660 xC664.**

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**SMOG Clinic**

**San Diego, CA: 1191 E. Main, 619-441-8888 / Point Loma: 3425 Midway, 619-226-7822**

**El Cajon: 318 N. E. Camino Real, 760-634-1000 / Kearny Mesa: 8027 Balboa, 858-560-1111**

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**San Diego Tires & Brakes Oil change $13.95**

**San Diego Tire & Auto Lift kits from $5200**

**Southern California Transmission $100 off transmission rebuild**

**Smokey Auto Centers AC service $19 plus Freon**

**Streetrods Auto Sound & Security 30% off window tint**

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**Automotive Classic / Custom Cars**

**PLACE PRINTED ADS in the Reader by calling**

**POST FREE ONLINE ADS with photos at**

**25% off 30K/60K/90K scheduled service**

**San Diego Transmission service special $49.50**

**San Diego Auto Care**

**San Diego Wrecker Service**

**San Diego Truck & Auto Lift Kits from $5200**

**Southern California Transmission $100 off transmission rebuild**

**Smokey Auto Centers AC service $19 plus Freon**

**Streetrods Auto Sound & Security 30% off window tint**

**Suspension Plus Full Service Center One free shock or strut T&J Smog Test Only $10 off any service**

**Smog Clinic 1-800 Car Care Free tow with any engine work.**

**Motor Machine & Supply**

**Replace your engine, not your car. Rebuilding your worn-out engine is our specialty. Your engine will be remanufactured to the original factory specifications.**

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**Save with Auto Coupons at SDReader.com**

Here’s a small sample to get your motor running!**

---

**$50 off any engine work**

Free tow with any engine work. 20 mile limit. Offer expires August 31, 2007. Expiration dates are renewed the last week of each month.

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**Motor Machine & Supply**

Replace your engine, not your car. Rebuilding your worn-out engine is our specialty. Your engine will be remanufactured to the original factory specifications.

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**$100 off oil change**

Service includes up to 5 quarts 10W30 motor oil, new oil filter, maintenance inspection. Not valid with other offers. Other oils also available at additional cost. See manager for details. Offer expires August 31, 2007. Expiration dates are renewed the last week of each month.

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**Precision Tune Auto Care**

El Cajon: 1191 E. Main, 619-441-8888 / Point Loma: 3425 Midway, 619-226-7822

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**San Diego Transmission Service**

$49.50

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Smog Clinic 1-800 Car Care
I began counting white picket fences. Eleven all told, in a few blocks.

T.G.I.F.
By John Brizzolara

Having pretty much exhausted the possibilities in writing about the exami- nating of and disappearance into my own naveel (put less delicately by one and with an alternate but equally unaccommodating orifice suggested), I have agreed once again to poke my head out of my own little cage this Fri- day and report back to you. Recently released from “observation,” and hav- ing been stripped of sharp objects and armed with little more than a tape recorder, Rolling Writer, and pad, I begin with baby steps.

6:39 p.m. Adams Avenue is quiet, hushed as if awaiting big don’t’s this summer evening. The bus stop at Ar- izona Street is held down, as usual at this time of day, by the lady-with-the- nice-figure-from-behind-with-the orange-wig-who, face-on, looks like- the-Crypt-Keeper. It is my pet name for her — having never asked her name — since, irrationally, she fright- ens me. From here I can (A) catch the #11 bus east down Adams Avenue, always a promising idea since a good two-mile stretch of that street is book- stores, coffee houses, interesting musi- cal establishments, and movie-buff heaven; (B) catch the bus the other way to, say, Hillcrest and Thai food, more bookstores and coffee. It is tempt- ing because I might get in a conversa- tion in that neighborhood with some interesting kids. Lately I’ve had some luck in conversation with people in their 20s, usually wild looking and usually in Hillcrest. It has made me feel less like blowing my brains out after watching the news and contempl- ating the next 10 to 20 years in this cultur. (C) I can walk aimlessly in any direction except north, which would lead me down a few residential streets to overlook Mission Valley. I do this.

The view at sunset from what is roughly the end of Arizona or Hamil- ton Street out onto route 8, the estranged quers directly across the valley in a vast purple scar, is remarkable. Starlight to the east and slow-moving aircraft, themselves look- ing like sluggishly animate stars, remind me of an image I had of myself as a boy wondering what the 21st Century would be. The image was of a middle-thick, gray man occupying some proronty not too unlike this in the year 2001 watching starships return from Altair or Proxima, their air- space intersecting that of the thousands of flying cars I had seen promised in the children’s school magazine, Our Weekly Messenger, in 1957. I was close; maybe there was some kind of clairvoyance at work after all.

Walking back south, I examine the shadowed aloe plants, Spanish Sword, bird-of-paradise, and remember my first arrival in Southern California (a Coronado night much like this one) and wondered, as I smelled night-bloom- ing jasmine, if there were any correlation between the organic proliferation here and the seeming inordinate numbers of science fiction writers who live in this part of the world. Later I would realize it probably had more to do with the proximity of Jet Propulsion Laboratories employing engineers and tech- nical writers during the last balloon and gap of the space program in the 70s.

Walking west to Park Boulevard, I ruminate bitterly about my truncated, no, aborted career as a science fiction writer. There are so many of us here in Southern Cal too, most of us talking to ourselves much as I am doing this Fri- day night, reciting a list of enemies in the publishing business who thwarted our genius — sometimes from the corners of a recreation room at some locked facility or other.

On Park I pause in front of Cheers and then Lanzer’s, both bars, by the way, listening to the too-loud, hail-fellow-well-met cacophony of conversa- tion, and I experience a moment of — rather than outsiderness, nostalgia, or even regret — that a too-long period of wasted time in my life has been at an end for a good stretch now.

Within a few yards along Park, I acknowledge the ostriches atop the Uni- versity Heights arch over the street, the number of foods and choices coming from Middle East, Mexican, and Italian restaurants a two-mile stretch of that street is booked — I seem to be more aware of her unusual occupation. She was a dominatrix who dealt in neither whips nor chains but subtle psychological humiliation of wealthy clients. She admin- istered to me that left my body a heavy raw, ir- gularly unaroused, and just as stiff and achy as when I had walked in. Still, I thanked her. Some time not long after that, she committed suicide by shot- gun, a terrible thing that had nothing to do with my massage or interview; it just happened and for some reason I feel I should include it here.

Here is Twigg’s where we won’t be hearing any more live music, appar- ently for this Friday night, and why I might want to thank God about some- thing as absurd as the day of the week. I remembered, oh yeah, that I am rich.

On the walk back, I began counting white picket fences. Eleven all told, in a few blocks. Each fence represents some version of what has been loosely called the American Dream and each a reminder of Tolstoy’s observation about families each being unhappy in their own inventive ways.

On returning home, putting my key in the door, I remembered not that I had left the stove on or the air conditioner going or forgotten to return a call or that I should have sought out something more interesting and dynamic to write about for this Friday night, and why I might want to thank God about something as absurd as the day of the week. I remembered, oh yeah, that I am rich.