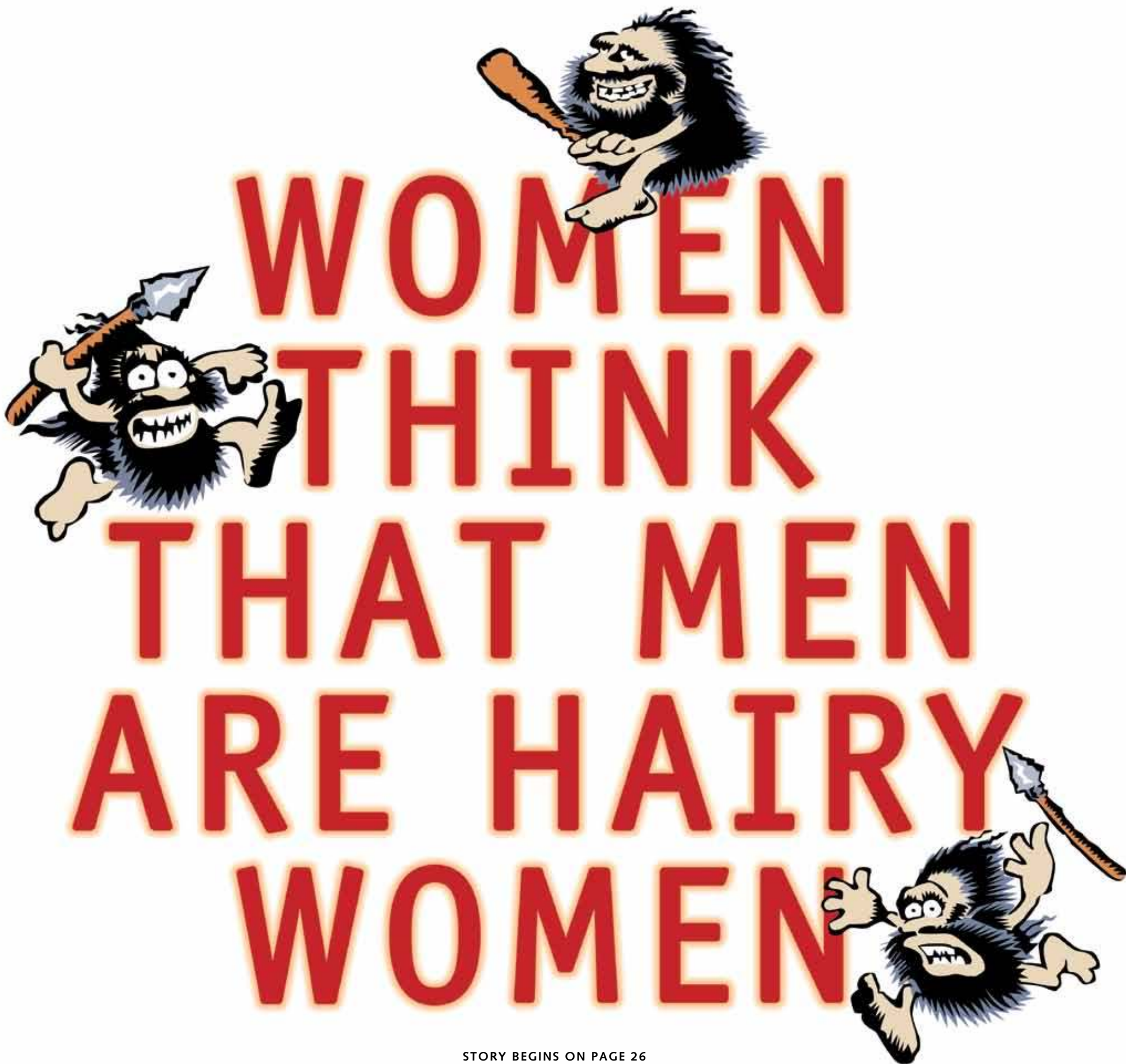


SAN DIEGO WEEKLY

VOLUME 35 / NUMBER 30
JULY 27, 2006

Reader



STORY BEGINS ON PAGE 26

NEWS & FEATURES

Women Think That Men Are Hairy Women

Who cares if the hunter leaves home hungry?

By Geoff Bouvier.....**26**

City Lights

The fattest of fat cats slip through the cracks;

and City Lights shorts.....**6**

Downtown campers.....**7**

Letters.....**12**

Straight From the Hip

Bullets in the pavement, sexual quirks of cherries.....**16**

The Sporting Box

Hooked on mule racing.....**18**

Sheep and Goats

Mary Magdalene after the gobbledygook.....**20**

Best Buys

Use proper wood for ten-hour pork.....**21**

Crasher

Josh infiltrates a high school pizza party.....**22**

Diary of a Diva

Valet disaster averted.....**24**

Snap Out of It, Dude

Cutting class isn't the worst thing. By Grant Barba.....**42**

Unforgettable

Winged man sweeps skyward. By Jeff Smith.....**46**

Into the Heart of the Pool

Bass fishermen are as active as bridge players.

By Scott Sadil.....**56**

Scrub Tech

The operating room's paradigm of power.

By Ishmael von Heidrick-Barnes.....**62**

Late Arrivals

A writer's different sorts of oblivion. By W.S. Di Piero.....**76**

La Semana en Español

A week's worth of stories in Spanish.....**152**

Off the Cuff.....**186**

Name This Place.....**188**

Puzzle.....**189**

Down and Up and Down Again

Diet of the soul.....**199**

News of the Weird.....**201**

Back When

P.B. Vurmin hung out on the Hump.....**203**

Ask Saffron

Nuisance rebates and pinnipeds.....**205**

Blog World

Raised around money.....**207**

It's a Crime

Stabbed in Del Mar.....**209**

Remote Control King

Supernova takes some heat.....**211**

C A L E N D A R

Local Events.....**85**

Roam-O-Rama

Trailmaster Schad pokes around near Beverly Hills.....**88**

Reading

Adam Pitluk: *Standing Eight*.....**93**

Art Review and Museum & Gallery Guide

Hockney's phantasmagorical hues. By W.S. Di Piero.....**96**

Classical Music Guide.....**98**

Pop Music

Blurt.....**100**

Harsh noise by design.....**104**

Restaurant Reviews and Guide

Prince of Wales sees the light.....**129**

Fusion and confusion in Mission Beach.....**131**

So much for semiretirement.....**132**

Theater Review and Guide

The runt of Shakespeare's litter.....**141**

Movie Review and Guide

Lady in the Water makes a ripple.....**148**



An Answer to *Fat Girl*
See Page 199

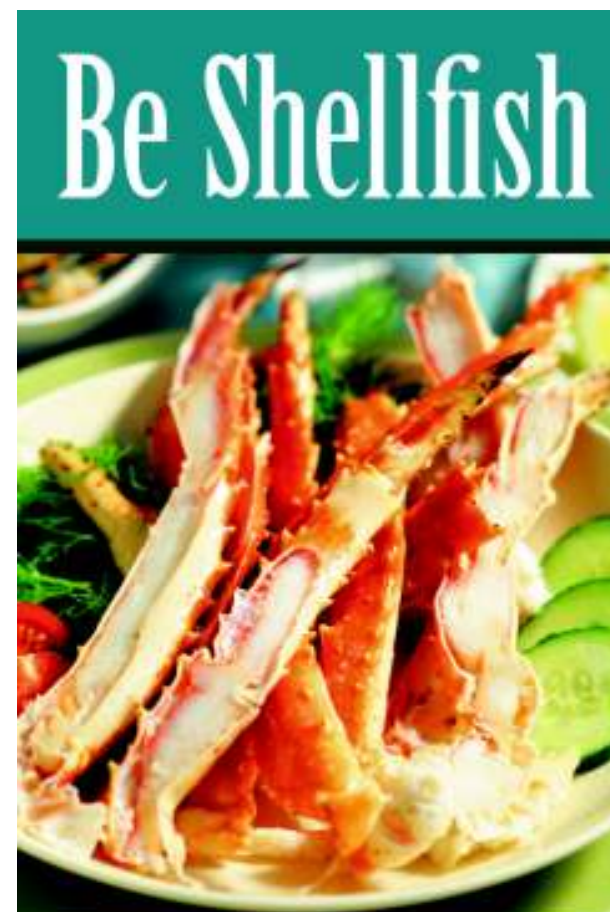
A D V E R T I S I N G

Classified Ads

Antiques & Collectibles.....	204
Appliances.....	204
Automotive: Cars.....	210
Automotive: Trucks/Vans/SUVs.....	210
Automotive: Classic/Custom Cars.....	211
Automotive: RVs.....	211
Automotive: Parts.....	211
Automotive: Services.....	211
Bicycles.....	204
Business Opportunities.....	177
Career Training.....	172
Classes/Lessons.....	177
Computers.....	204
Counseling/Support.....	178
Electronics.....	204
Employment Agencies.....	172
Employment Services.....	172
Furniture.....	204
Garage Sales.....	204
Health & Fitness.....	178
Help Wanted.....	154
Massage.....	177
Matches.....	180
Miscellaneous For Sale.....	206
Motorcycles.....	209
Music, Equipment/Instruments.....	182
Music, Musicians Avail/Wanted.....	182
Music, Services.....	183
Notices.....	179
Parent Resources.....	178
Personals.....	180
Pet Central.....	189
Photo.....	203
Real Estate, Condos.....	201
Real Estate, Houses.....	199
Real Estate, Miscellaneous.....	202
Rentals, Commercial.....	184
Rentals, Apartments/Condos.....	188
Rentals, Houses.....	185
Rental Services.....	185
Roommates.....	183
Roommate Services.....	184
Services Directory.....	184
Sports.....	202
Stage Notes.....	178
Tickets.....	202
Travel & Getaways.....	180
Wanted/Trade.....	204
Wedding/Party Guide.....	178

Display Ads

Apartment Rentals.....	191
Automotive.....	195
Career Training.....	167
Getaways.....	85
Great Escapes.....	86
Health and Beauty.....	54
Help Wanted.....	154
Home and Garden.....	43
Instruction.....	177
Music.....	182
Real Estate.....	190
Research Studies.....	45
Services.....	178
Wedding Guide.....	92



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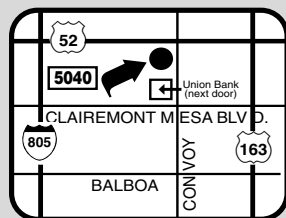
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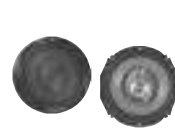
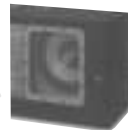
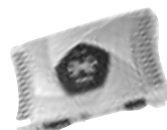
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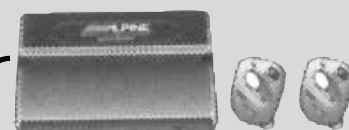
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Ready for towing For most people, charity begins at home. For **William Robert Bradley**, a cofounder of Metabolife International and onetime tow-truck operator, charity begins in the tax and secrecy haven Switzerland and winds through another hot-money haven, Anguilla in the British West Indies.

Last year, Bradley pleaded guilty to evading millions of dollars in taxes. Metabolife, the herbal medicine peddler now liquidating in bankruptcy, confessed to the same sin. Bradley's sentencing,



which was supposed to be in April, has been extended several times and is now slated for August 31. He is expected to get at least 18 to 24 months, but the probation officer wants to shave some time off that. This month, the U.S. attorney's office strenuously

objected; if anything, Bradley deserves more time, not less, said assistant U.S. attorneys **Phillip Halpern** and **Kyle W. Hoffman** in a filing with the court.

In mid 1997, Bradley set up the Bradley Foundation, supposedly a charity. Until he came under investigation, it was used "exclusively...as a means of evading the payment of taxes," says the Department of Justice. Only later did Bradley actually direct significant money to legitimate charities, the prosecutors say. The filing details some of Bradley's alleged tricks. He plunked down \$6.4 million in the foundation. Then he used it as a piggybank to fund his deals. Thus, he took a tax break and took the money, too. Under the law, there is to be no extraordinary self-dealing in charitable foundations. The most egregious caper was in 2000; Bradley tapped his foundation for \$4.3 million, which was used as a swing loan to finance his purchase of a Mission Valley office building. Bradley's attorney, Nathan J. Hochman, admits the loan should not have been made. Bradley "has paid taxes, penalties, and interest related to these loans," says Hochman, who denies that the Bradley Foundation was used only to evade taxes until the investigation began. "The foundation has given away over \$17 million to 15 charities, including **Father Joe Carroll**."

In addition, Bradley pulled out \$63,000 to pay for "lavish" parties at his house. He claimed that amount as a foundation expense. The foundation's accountant wouldn't put her name on such a claim, the filing says. He brushed her off and filed it. The foundation boasted that it was awarding scholarships. But almost without exception, the scholarships went to friends — for example, to the boyfriend of his daughter and to the boyfriend of his second wife's daughter.

With such moves, Bradley drained 90 percent of the foundation's assets, according to the government. By year-end 1999, the foundation was down to \$212,550. Bradley then figured another way to route the money, in effect, to his own pocket. Using funds from the Bradley Foundation, the prosecution says, he set up a Byzantine pathway to snake the loot through the International Community Foundation, a tax-exempt organization in Las Vegas, to its affiliate in Switzerland; then to another foundation and then to another, which had been incor-

porated in Anguilla. So, says the government, Bradley had two alternatives: 1) Give the money away as required by law; or, 2) "Launder the funds through a series of domestic and foreign entities" so he could evade taxes. He allegedly chose the latter.

When he sold Bradley Towing, he facilitated it through two more Caribbean tax and secrecy havens, the Cayman Islands and Nevis, the government says. In 2002, Bradley bought 10 percent of a small venture-capital firm, Virtual Capital of California. The person who had been named president only two months earlier was **Jerry Sanders**, now mayor of San Diego. Sanders also had a 10 percent interest. Banker **Tom Stickel**, a close friend of Sanders and founder of Virtual, says the firm was shut down at the end of last year when it couldn't raise any additional capital. All the investors lost their money, says Stickel. Bradley lost the most. He had put in \$1.8 million worth of Las Vegas real estate.

— DB

Splitville Divorce is seldom a happy event, and UCSD has been especially hard-hit this year.



Ann Parode, R.B. Woolley

Campus counsel **Ann Parode** has split with her husband of 16 years, **R.B. "Buzz" Woolley**, the wealthy La Jolla financier and philanthropist whose causes include non-profit online news and public education reform. The divorce, filed by Parode on February 24 of this year, was final May 3. By uncanny coincidence, Parode's friend, ex-UCSD chancellor **Robert Dynes**, now president of the University of California, was sued by wife **Frances Hellman** — daughter of wealthy Levi Strauss heir **Warren Hellman** — for divorce two days earlier, on February 22. Dynes has of late been under the gun from members of the state legislature for multiple management miscues.

— MP

Let them eat dogs Among the expenses of the **Brian Bilbray** congressional campaign is a payment of \$1137.75 to Dogs R Us of Richmond, Virginia, for "food for fundraising event" on June 30. But don't worry, the Washington lobbyists who attended the fund-raiser weren't forced to eat canine food. The caterer specializes in hamburgers and hot dogs.... **Jerry Lewis**, the embattled Republican congressman



Brian Bilbray

from San Bernardino who has been under scrutiny for his ties to lobbyist and ex-congressman **Bill Lowery**, has paid \$200,000 from his campaign committee to retain Gibson, Dunn & Crutcher, the big L.A.-based law firm that defended **Randy "Duke" Cunningham**, another tight Lowery pal.

— MP

Contributors: Don Bauder, Matt Potter

The Reader offers \$25 for news tips published in this column. Call our voice mail at 619-235-3000, ext. 440, or fax your tip to 619-231-0489.

Outside Lawyers Dodge Filing Requirements

By Don Bauder

Outside lawyers and consultants hired by City departments are supposed to file Statements of Economic Interests listing their income and gifts from city sources, as well as stock, bond, and local real estate holdings that could present conflicts of interest.

But despite a warning from the Ethics Commission last

no idea about his potential conflicts of interest because he has filed no report.

The same is true of lawyers who are being paid big bucks by the City to represent bureaucrats and councilmembers



Mel Shapiro



Colin Murray



Eric Acker



Pam Naughton



Sean Prosser



Robert Friese



Pat Swan



Michael Attanasio

February, even the fattest of the fat cats are slipping through the cracks. They are not filing those reports or statements indicating that they are exempt. For example, Arthur Levitt is raking in \$900 an hour as part of a team that is months late issuing a report on the pension mess, but taxpayers have

who are under investigation or have been charged over their roles in the pension debacle. With only one exception, those lawyers haven't filed Statements of Economic Interests.

In December, civic activist Mel Shapiro filed two complaints with the Ethics Com-

mission. First, he listed the attorneys representing the councilmembers and bureaucrats and noted that they had been hired by the city manager beginning in 2004 as federal government agencies launched investigations into the City's concealment of its massive pension deficit. The hiring continued through 2005. In a second filing, Shapiro listed the well-paid individuals connected with Levitt's Kroll, Inc., which has now sucked \$20 million out of the city for a pension report, and Vinson & Elkins, a firm that took in \$6 million for issuing two pension whitewashes.

"The attorneys are consultants under the state law," said Shapiro in his complaint, citing a declaration by the state's Fair Political Practices Commission that an attorney hired to perform ongoing legal services for an agency is normally considered a consultant. That's particularly true when the lawyer is standing in for a government staff member, as is true in the pension-related cases in San Diego. For the most part, the lawyers' work is still far from complete. Clearly, it's "ongoing," and equally clearly, it's an assignment that normally would have been taken by a lawyer in the city attorney's

continued on page 8

Contact Don Bauder at 619-546-8529 or don.bauder@mac.com

Neal Obermeyer



Hey, Buddy, Can You Spare a Book?

By Joe Deegan

I love to read," says Beverly Griffin, with a glance up from the bedding she is arranging against a chain-link fence behind the sidewalk on Front Street.

As many as 40 homeless people will sleep tonight on this stretch of Front between A and B streets downtown. "A homeless woman is not going to read a book," continues Griffin with indignation in her voice. "Is that what people think?"

Others begin meandering over to the curbside site and settling in for the night. It is 5:45 p.m., 15 minutes past the hour the campers say police have told them they're allowed to arrive. Behind their hang-out are two parking lots that serve San Diego Central Courthouse employees. At Front's intersection with A, several men sit on their belongings, smoking and gabbing. In the middle of the block, a man lies on his side staring into a

folded newspaper.

From the placement of her bookmark, Griffin appears to have read the first third of *Sandstorm*, a thick novel by James Rollins. "I read to escape, to get away from everyday things. I don't read the regular things. And I don't read romances," she says.

Griffin, who is 45, characterizes *Sandstorm* as "an adventure novel. Action, adventure, very nice. And you notice it's from the San Diego Public Library," she tells me. "Every year or two, we have to get our library cards renewed. Last year I got my card renewed, but my address is Rachel's, a [daytime] shelter [for homeless women]. That's the only mailing address I have. So the library considers us transients. They were going to limit me

to two books a day. And I told them, 'I've been living here 20 years. Why should it make so much difference, now I'm homeless, that you're going to limit me to two books?' They said, 'You might lose them or might not bring them back.' And I asked them, 'Can't that happen if you're living in

a home too? All kinds of people don't bring back videos or books or whatever.' So they lifted their restriction for me. But other people, like my friend Blanca, can only check out two books at a time."

Blanca Parks, 42, leans against the fence several feet away. She is paging through *Handicapping by Example: How to Pick Winning Horses in a Variety of Situations Where a Standard Handicapping May Not Apply*. The book's author is William L. Quirin, Ph.D. "My dad used to train horses, but he passed away about five years ago. I got the book at the library. No troubles there," says Parks, insisting she always takes books back on time.

I ask Parks how long she's been on the streets.

"Homeless three or four years," she says. "What caused it? My stepmother hit me in the back with a broomstick. She was drunk, and I kept telling her I was getting sick. My cholesterol was going up, but she didn't listen to me. So I called for help, and they took me to the wrong hospital. The doctor, he gave me the wrong pills, penicillin, and I got sick. I got my eyes like this, real bad. My friends are worried about me."

Parks pulls thick glasses aside to show me her left eye. It appears to have shrunk in its socket. I want to know more about her going to the hospital. "Was it something about the cholesterol?"

"Yeah, it started from right here," says Parks, pointing to her calf. "I was too fat right here then. And I thought, 'Maybe it's from the cholesterol or something.' Really painful. It made me go down, and I told [my stepmother] so, but she didn't listen, and I had to go by myself. But the doctor gave me the penicillin. I'm allergic to it now."

I ask the men talking at the corner how safe this stretch of Front Street is throughout the night. Eddie Richardson, 43, points behind us to a courthouse wing on the far side of the parking lot. "They have wall cameras up there that watch us. There was a time when we had a problem. Some young kids were going around kicking people, and the sheriffs just came running out of there, because they saw it on their cameras. I've been here at this spot for almost ten years, off and on," he says. "The sheriff's department lets us stay here. And it's pretty safe."

Beverly Griffin agrees, but for a different reason. "The people here aren't doing drugs or drinking, most of the time," she says.

"Does it help," I ask, "that sheriffs are nearby?"

"No. Matter of fact," she says, "I think some of the prisoners leave the [county jail] down the block and come over here to sleep. Those are the guys who don't have blankets or anything. You figure they just came out of jail. 'Cause

they'll be out here in the middle of winter with nothing to sleep on or sleeping on the edge of our blankets."

I spot a woman toting a paperback that must be three inches thick. She doesn't want to speak of the novel — or about her personal circumstances. But she does want to discuss how she thinks safety for homeless women is compromised by occasional police "sweeps." "I reminded a police person," she says, "who I think was from the sheriff's department, that by telling us women every now and again that we have to move and cannot stay here any longer he was forcing us to move to more dangerous areas. We would have to go down to Imperial Avenue or Market Street, where there are empty lots and people who do drugs and commit a lot of illegalities. Here the ladies pick up after ourselves, and we try to get out of here as early as they want us to. It used to be 5:30 in the morning. Now it's 5:15."

Ruth van Dwyne, 60, tells me that she doesn't read much, except classified ads, especially those advertising jobs and apartments. "But in 1988," she tells me, "I saw this bag lady on TV, and I said to the Lord, 'I want to become a bag lady.' I didn't know He was going to take me at my word. Well, I became a bag lady."

"Why," I ask, "did you say that to yourself?"



PHOTOGRAPHS BY JOE KLEIN



San Diego Reader July 27, 2006

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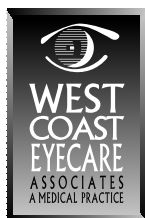
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CITY LIGHTS

Outside lawyers

continued from page 6

office.

In January in closed session, the commission decided to look into nonfilings by many lawyers and consultants, not just those cited in the complaint, according to Shapiro. On February 21 of this year, Stacey Fulhorst, executive director of the commission, sent a memorandum to 21 City agencies and departments, including the mayor and councilmembers, police and fire, auditor and comptroller, stadium manager, labor-relations manager — essentially, all elected officials and bureaucrats.

Fulhorst reminded them that both the City and State of California required that the documents be filed or the individuals be specifically excluded in writing. "Unfortunately, most of the City's departments and agencies are not providing this information to the Clerk's Office," Fulhorst complained. "Ultimately, many consultants are simply not filing anything, which leaves them open to the possibility of enforcement action by the Ethics Commission, the City Attorney's Office, and the state's Fair Political Practices Commission." Some violators are subject to fines of hundreds of dollars, others thousands, according to Fulhorst.

The gist of her letter: get your asses in gear and force the fat-asset lawyers to file or explain in writing why they should be exempted.

Later, she thanked Shapiro for his complaint. She told me that she understands that the Centre City Development Corporation has found 100 people who should file.

In his first complaint to the Ethics Commission, Shapiro listed the attorneys representing bureaucrats and councilmembers: Eric Acker, Colin Murray, Shirli Fabbri Weiss, Sean Prosser, Robert Friese, Thomas McNamara, Pat Swan, Theresa McAteer, Anthony Colombo, Jerry Coughlan, Thomas Zaccaro, H. Paul Kondrick, Pamela Naughton, Frank Ragen, John Wertz, Nelson Brav, and Michael Attanasio. Shapiro charged that they had violated the municipal code by not filing Statements of Economic Interests.

Shortly, Shapiro filed an addendum, complaining that

CITY LIGHTS

Arthur Levitt, Troy Dahlberg, and Lynn Turner of the Kroll consulting firm had not filed, along with Paul Maco and Richard Sauer of Vinson & Elkins.

A week ago, Shapiro and I checked the city clerk's office. Of all those attorneys and consultants, only one, John Wertz, had filed. I suspect that he filed because he sits on the Qualcomm Stadium board of directors rather than because he is being paid to represent former city auditor Ed Ryan, who resigned in early 2004, two weeks before the City administration admitted that it had been misstating the pension deficit. Wertz did not return my e-mail.

Typical of those slurping at the public trough, most lawyers and consultants did not answer my calls and e-mails. Some were out of town. All those who answered said they had never been told they had to file. Some argued that they are not required to file.

Said Ragen, "It has never come up. Nobody sent me a letter, knocked on my door; I have never heard of it."

Said Brav, "I have no idea about it."

Said Colombo, "I am not going to comment."

Said Murray, "Neither the City nor the [Ethics] Commission has advised [my] firm [that] the filing of such a form is required."

Said Weiss, "No one has asked that we file a Statement of Economic Interests." Further, she argued, she is not a consultant to the City. She was "retained by private individuals to whom the City owes an obligation to pay defense costs." (Ah, the legal mind.)

Said Coughlan, "I seriously doubt any such requirement exists as to me because, *inter alia*, I have not represented the city or any department of the city but only individuals." (See Weiss's hairsplitting above.)

Said Prosser and Acker, "We have been retained by the councilmembers for a limited, specific litigation or action and are therefore otherwise exempt from such filing obligations."

Said Swan, "I would be surprised if such a requirement existed, because an outside attorney with a limited engagement does not appear to be within the scope of persons" required to file. Swan represents former deputy city man-

CITY LIGHTS

ager and pension board member Bruce Herring.

Friese said he would "file whatever is necessary" if he determines he should do so.

My guess is that these lawyers and consultants will soon be told they must file, but from the tone of their responses to me, they will give the City a tough fight. These are some of the most prominent lawyers in San Diego. They won't want their assets a matter of public record.

According to Fulhorst, each department has its own "tailored" conflict-of-interest code. Departments have been told for a long time that consultants and lawyers they hired had to file or be given an exemption in writing. "What we think happened is that the departments weren't realizing that every time they hired a consultant, they had to make the determination whether the person had to file and communicate with the city clerk's office."

Now the city attorney's office is studying how to set up uniform filing rules for the departments. "We're inclined to rule that they [lawyers] have to file," said city attorney Mike Aguirre, although the delayed decision won't come for several more weeks. Some attorneys with limited engagements may not have to file, but those raking in big bucks for long engagements probably will.

Typically, the mayor's office refused to comment.

The money-sucking Kroll consultants and the lawyers charging fat fees to represent councilmembers and bureaucrats "slipped through the cracks, but with hundreds of others. They didn't slip through alone," said Fulhorst.

That shouldn't be much solace to San Diego taxpayers. ■

Spare a book?

continued from page 7

"It looked exciting," van Duyn replies. "She was a woman with a shopping cart. She had all these bags. It looked like she had troubles but freedom at the same time, and no obligations. You know, she didn't have to pay rent and didn't have to worry. So in due time I became homeless because of drinking alcohol and losing my footing in life, mainly jobs and getting involved in the wrong rela-

continued on page 10

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Spare a book?

continued from page 8

tionships. And I went downhill, ending up in hospitals with depression."

A man is lying back with Stephen Dobyns's *Church of Dead Girls*, which a reviewer on Amazon.com calls a "psychological thriller." Richard D. is a fan of Michael Crichton and Stephen King too. A Vietnam vet, Richard came to San Diego from Florida, where he worked 15 years as a nurse before losing his license for cocaine possession.

"The homeless all know one another," says Richard, "so they tend to stay in groups. But the police are starting to crack down. They are trying to move us from place to place." Richard checks his books out of the public library.

It occurs to me that I should pay a visit to the books' source, the library on E Street between Eighth and Ninth Avenues. On my way along Seventh the next afternoon, I meet a diffident reader. He sits with a friend in the shade. He has a thick but cropped reddish

brown beard and the bluest eyes I've ever seen. Though he won't talk to me about his reading, he does show me the book. It is Chuck Logan's *Price of Blood*. From several reviews on Amazon.com, I gather that the book is a "thriller" about a Vietnam vet turned undercover cop.

"Oh, he has five or six more books in his backpack," says Tony, 43, sitting next to his friend. "I'd rather play solitaire on this," he continues, lifting up a handheld device. "There's the Vegas or the standard type. You get more points on the Vegas. With the standard solitaire, you can deal through the deck as many times as you want, but with the Vegas you can only deal through one time. Then you lose," he says with a chuckle.

Tony doesn't want me to think that playing solitaire is the only thing he does. He says he doesn't think he will be "out here" that long, since he's looking for work too. In the meantime, at a friend's house, he keeps a collection of old *National Geographic* magazines. "The oldest one I ever had, when I lived in Texas, was

from the 1940s," he tells me.

Tony and his friend stay most days and nights on Seventh between E and F. I wonder whether the police ever bother them. "Not very often," he says. "They'll come by to see how we're doing. They'll ask if anybody's been bothering us. It's the San Diego Partnership, they're the ones who come around and want you to move from here to over there, even if it's only five feet. If you don't move, they'll threaten to call the cops." On its website, the Downtown San Diego Partnership says that it "is a leading advocate for the economic growth and revitalization of Downtown."

When I reach the library, I see a man sitting in the sun across the street in front of the post office. The violet umbrella he holds to shield himself from the sun catches my eye. Terry, 48, tells me that "a lady in her early 20s gave it to me one day. She was going to the library. When she came out, I said, 'Young lady, you sure do have a pretty smile.' She said thanks and went to her car. She came back with an orange and the umbrella. She said, 'I

can't offer you financial support, but I can offer you this.'"

Terry sleeps nights atop the post office's northwestern steps. "If it rains," he says, "I go underneath the entrance cover of the library."

During the day, Terry often goes into the library to look at newspapers and magazines, especially the bound *Life* magazines. He remembers seeing issues from as far back as 1936, but his favorites date from the 1960s and 1970s. In them, he can read stories about "the moon landing, the Beatles, the clothes and fashions of those times, the cars. The magazines have the costs of things back then too, which is interesting for comparison." Other homeless people Terry knows "jump on the trolley and go to libraries all over the city. Some have laptops and take them into the libraries to work," he says.

Until four months ago Terry had a telemarketing job raising money for homeless veterans. He has a good chance, he says, at "getting another job fund-raising for blind kids, if I can get a roof over my head. Things will work out."

The cops don't bother Terry much at night, asking him at most occasionally to "take your stuff and move on." But it's hard to sleep here on Friday, Saturday, or Sunday night. A lot of the clubs are west, closer to downtown, on E Street. Where do they park? Where it's quiet, away from the clubs. But sometimes there are fights between the guys who've been drinking — and the girls too. And in this wooded area behind me," he says, turning toward the post office shrubbery, "there are 1000 rats, at least, that live underneath the ground. At night they come out looking for food. The girls — and some of the guys — start screaming when they see them. And since they've been drinking, they'll squeal out in their cars or throw up around here. Last week a guy threw up in somebody's car. And you hear the sound, the retching, I guess."

Toward evening I wander back to Front Street, where the few homeless who have arrived so far are fretting over a rumor that the cops plan a sweep tonight. I learn that,

although the police do issue tickets for sleeping on the streets, they are mainly looking for felony warrants. Nevertheless, one man tells me he doesn't want the cops to disrupt his sleep. "The judge is going to rule on my case in the morning," he says. "I'm trying to get 12 years' back SSI [Supplemental Security Income]." The program, according to its website, "is designed to help aged, blind, and disabled people who have little or no income" with "cash to meet basic needs for food, clothing, and shelter."

I run into Beverly Griffin again. She has a different James Rollins book. It's called *Excavation*, another adventure. "I told you I don't read real-world stuff," she tells me. "I wouldn't read something like *The Color Purple*. If I can, I'll get a science fiction book, so I can even get off the planet."

In the meantime, police have scattered the Front Street group. Many of the homeless moved one block over to Union Street. A week ago the police came again, taking their pictures and demanding they move on. ■

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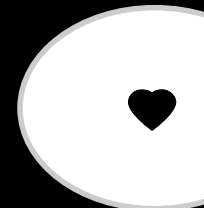
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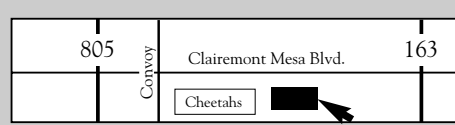
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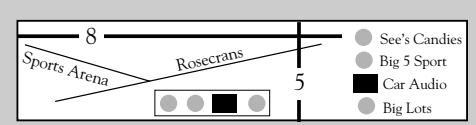


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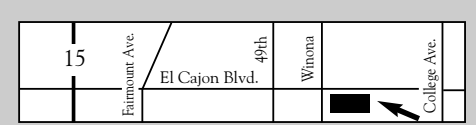
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LETTERS

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Literary Guts

Just a few lines to compliment your author Don Bauder for his recent article entitled “Gary Aguirre’s Sacking Should Spur Probe” (“City Lights,” July 20).

Unlike many other authors who have already scribbled blurbs about this potentially earth-shattering story, Mr. Bauder went the extra mile to explain the systemic problems the hedge funds have caused and are now causing.

Moreover, he had the literary guts to name names.

The bottom line here is that “accredited” investors appear to be operating under one set of rules, while the typical American investor must operate under a different set, which is totally unacceptable!

Hats off to your publication in general and to Don Bauder in particular.

Sparky Santos
via e-mail

Obituary Humor

I really do not understand the “humor” in your obituary section today (“Lifelong,” July 20). I feel that it’s very disrespectful to the deceased by using dates far in the future — 2086, 2016, etc. Or maybe the article just had too many typos?

Name Withheld

In “Lifelong,” five high school students imagined their own obituaries 70 or 80 years from now. — Editor

Dribbleheads

Wow! I’m amazed and somewhat stunned with the answers to your “Off the Cuff” question this week (July 20). One guy makes the statement, “Why would she be blamed for other people’s lies” in reference to the book *A Million Little Pieces*. Nobody is blaming her for the lies, but if you’re going to endorse something and you

have the influence of an Oprah, maybe you should check it out a little more thoroughly?

I can hardly comment on the next respondent, who so intelligently states, “I mean, look at Howard Stern. He got banned, and Oprah never got banned; you can’t ban Oprah.” What the f— does that mean!! Things that have been banned are bad? Look through history and see the things and people that have been banned: books like the Bible and *Catcher in the Rye*, people like Nelson Mandela, Jesus, the list is endless. Being banned is no criterion for whether something has merit.

Next up is the student from Lemon Grove who says, “If you endorse Howard Stern, you obviously support and condone his ideals.” Such obscene ideals as *freedom of speech*!!!! She goes on to say, “If you like Howard Stern, that says you like tits and ass [well, she’s got me there], and you want to be obscene.” I don’t even know how to respond to that except to say this country is in big trouble!

I won’t go on about each one of these obviously misinformed lemmings. All I can say is like him or hate him, he brought almost 5 million people to Sirius radio, while I’d be surprised if Oprah increased XM’s subscription rate by 1/1,000,000th of what they had before she decided to follow Howard’s lead and test the waters of satellite radio. Maybe instead of judging Howard by what you hear from people like these, try listening. And whether you still hate him or not, he’s got an opinion. And of jumping on the popular viewpoint, he’s not afraid of stating it, nor should anyone be, including these dribbleheads.

Eric Ferguson
via e-mail

Parasitic Drag

In response to Matt Potter’s exposé, “Airport in Hiding” (“City Lights,” July 20). Are these facts correct, that attorney Leon Campbell, doing business as the “Airport Trust,” has identified a mysterious site for a new airport location on or in San Diego Bay that he is willing to openly reveal for only a 95-year ransom of \$10 million per year of the public’s

money because he feels that he has a copyright to his own thoughts concerning public domain and that \$10 mil is less than a baseball player’s annual salary? Is it also true that the Port of San Diego president Bruce Hollingsworth and the port commissioners took the bait of this unrevealed scheme by inviting Campbell to a confidential “retreat” to feel him out? This smells of a conflict of interest and flimflam on an historical level. Of course, the public would never think that the San Diego Port representatives or attorney Campbell would have anything monetary to gain behind such a closed-door shell game.

Wasn’t it the responsibility of the county’s airport authority to identify future sites for a new airport, such as dredging a second entrance to San Diego Bay and using the tailings to landfill in an airport terminal island within South Bay waters or off the adjacent seashore? Harbor Island was such a landfill project, and by the way, Mr. Campbell, this is an old idea already used internationally by Tokyo and Hong Kong airports! The airport authority also must have considered installing pylon platforms for an elevated airport in the bay or ocean before they settled on the novel and brilliant idea of taking over the government’s Miramar MCAS facility. If the “Airport Trust’s” business scheme is successful, then I hope the new airport is named after Leon Campbell so we will be reminded daily for 95 years of his civic contributions and parasitic drag.

William Dean Owen
Aviator

Needs To Study His History

Mr. William Bennetta is obviously not a historian, although he claims to know something about history (Letters, July 20). He makes some remarks about the fact that the Gospel of Luke is fictitious in terms of what it says about Jesus’ birth. Mr. Bennetta is obviously ignorant. Luke says that Jesus was born in the reign of Augustus, when Cyrenius was governor of Syria. There is an error in the spelling of Cyrenius. The Roman historians refer to him as Quirinius. For some reason it’s spelled

Cyrenius in Luke, but the name of the governor is correct, and it places the birth of Jesus Christ. Not exactly the way A.D. and B.C. would have it, but sometime between 7 B.C. and 3 B.C.

However, then Mr. Bennetta compounds his ignorance by claiming that if Jesus was born under Augustus, it is erroneous for Matthew to say that Jesus was born in the days of Herod the King. Herod, king of Israel and Judea, or Galilee Judea, whatever it was called in those days, was appointed by the Romans, so the fact that Matthew says that he was born at the time of Herod the Great does not contradict the fact that Caesar Augustus ruled the empire and Herod was king of Judea, appointed by the Romans as king. So what is the nonsense involved here? I mean, Mr. Bennetta needs to study his history a little more carefully because he obviously is an anti-Christian who fishes around and tries to find contradictions in the Gospels that are not there.

Name Withheld

Leave Room For Us

You tell ’em, Carey (Letters, July 20). We have attended three concerts at Acoustic Music, off Adams, so far, and have loved the music, ambiance, the wonderful people who attend, the great folks who help to run the concert smoothly, and the fantastic homemade cookies for sale at intermission. All are first-rate! We have advance tickets for Richie Havens and look forward to other great acts you will present San Diego in the future. The venue is fantastic, and we wish you every success. Just leave room for us too.

The Rileys
Pacific Beach

Bag Of Consistency

This is just kudos and praise for Jay Allen Sanford with the questions and answers in the music section of the *Reader* on his nice little piece about Mark DeCerbero (“Floydian Slip,” Pop Music, July 13). Now there’s a guy, even when they were Copenhagen they were good, and then when they became Four Eyes, they became better. And Lord knows, he’s a legend. But he really portrayed him as the Mark DeCerbero that remains absolutely consistent and remains age-

continued on page 14

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LETTERS

continued from page 12

less — I mean, I can't believe that it's *Rubber Soul*. And throwing in that Leo Kottke, 6- & 12-String Guitar, which is, by the way, his first album, just, Jay Allen Sanford, I swear, pegged Mark DeCerbo really nicely in a perfect bag of consistency and excellence. I just can't say enough.

Ledterman
Normal Heights

More Synchronization

Surely there are more restaurants in San Diego than the Vagabond. Two reviews, albeit by different reviewers, in less than four weeks makes one very suspect of the reviews. Perhaps there needs to be more synchronization between your reviewers — and editors.

Judi Curry
Point Loma

Sky Gazer

The Outdoors section ("Events," June 22) says that the latest sunset of 8:00 p.m. is on June 27. In fact, sunset at 8:00 p.m. began on the solstice and continues at that hour until July. What is the source for the June 27 date?

Howard Goldman
via e-mail

Jerry Schad responds: The latest sunset of the year is slightly later on the calendar than the summer-solstice date because of something

called the "equation of time," which is often used for precise conversions between sundial time (a.k.a. apparent solar time) and mean solar time, which is what civil time is based on. The equation of time corrections vary during the year, and they arise due to both the tilt of Earth's axis and the elliptical path (and nonuniform angular speed) of Earth moving around the sun. The source of the June 27 date of latest sunset is the "Skygazer's Almanac 2006" published by Sky and Telescope magazine. The 8:00 p.m. sunset time mentioned in the "Outdoors" section is an approximation for the San Diego metro area. The observed sunset time varies according to exact longitude and latitude and may be affected by factors such as atmospheric refraction. Mr. Goldman is correct: the predicted sunset time stays nearly the same for a stretch of days from summer solstice to early July. "The Skygazer's Almanac," which is a graphic representation of rising and setting times of various celestial objects, shows this phenomenon well.

The Real Deal

Re Barbarella's "Girlfriends Interrupted" ("Diary of a Diva," June 15).

First of all, I need to support this essay. It hits the points correctly. Being a parent means a lot of things need to change. No more fun nights out with the girls. Schedule the occasional moment on the town with your girlfriend who you de-

mand has a babysitter so the conversation can make sense.

And married guys suffer the same problem. Good fathers/husbands share in the duties of being a parent. Fathers lose as many friends through parenthood as mothers do.

But here's the real deal.

Don't let your girlfriend confuse you into thinking that you need to have a child, too, in order to remain friends with her. A lot of couples get married and have children just because their friends have.

There are plenty of good reasons to have children, but doing it to make your friends/parents happy is the worst reason.

Rich Goodsell
Pacific Beach

We Did Not Learn

Abe Opincar's article "Out of Africa" (Cover Story) in the June 8 issue created well-drawn pictures of African immigrants in San Diego. I have met people who work for the Alliance for African Assistance. They are highly skilled individuals and are deeply committed in their efforts to help recent arrivals to adjust and become accustomed to a very different culture. While the stories of the men were full and detailed, we did not learn about the experience of the African women. My sense is that their stories in both their original country and in their new homes here in San Diego would be somewhat different. I hope their

stories will be told in future reports.

Margaret Budd
via e-mail

Find Khrushchev Quote

Regarding the June 8 letter "Khrushchev Was Right," by Name Withheld, if this person can furnish any evidence that Khrushchev ever told any president of the United States that we would be destroyed from within, he would be doing us all a great favor, since some of us have searched for this over the years and been unable to find it.

John George
Carlsbad

Horried And Baffled

Regarding your review of Heaven Sent Desserts (Restaurant Review, June 1), you got a bum steer from a bogus anonymous source, probably someone jealous of this bakery's wonderful fare. I stopped in and talked with one of the creators of the shop, and he told me the bakery has never used shortening in its desserts. He was horrified and baffled. You say you spoke with a male baker who said that shortening was present in most of the pastries. I checked; there are no male bakers at Heaven Sent Desserts. You have been had. Go back, enjoy the beautiful presentation and tasty desserts, and start over. And this time instead of tabloidlike sensationalism, get your facts straight. And then get the story of how the concept for the business

came about. It's much better copy than what you served up.

Tom Ross
via e-mail

Naomi Wise responds: I phoned Heaven Sent and asked, "What fat — butter or shortening — is used in the pastries?" The counterwoman connected me to a male person in the kitchen — a baker or perhaps an owner. It's rather farfetched to suppose that some rival baker was hiding in the oven there, just waiting to pop out, grab the phone, and lie to me. Then, too, the reason I made the call was the "lardy," butterless taste and weight of the pastries themselves. So whom should I believe — you or my own palate (verified by a call to the shop)?

Work Out This Way

I enjoy the food critic. I know gas is expensive, but does she ever get out of the Gaslamp Quarter? I'm in North County, and I'm 77 years old and have eaten in a lot of restaurants all over the country, but I'd appreciate some work out this way.

James Loepp
Oceanside

Suspicious Praise

Are you guys that stupid? The "Remote Control King" column is one of the few I don't read, because it's never funny. Yet each week, letters come in praising it that don't praise any other aspect of the paper. Do you really think that many readers are

enjoying this crap? Or could it possibly be the writer's friends (or himself)? Just something to think about. Especially when "News of the Weird" is by far the funniest thing in the *Reader*. Having someone make fun of Jerry Springer ("Remote Control King," May 4) is old — and wasn't funny the first time.

Corinna R.
via e-mail

Keep 'Em Comin'!

I've finally gotten around to writing. I have to tell you, Mr. Editor, that I love to read "Diary of a Diva" every week. Barbarella writes so well, with clever skill, allowing readers to view even controversial/touchy subjects from a humorous slant.

I have the privilege of knowing her dad, whom she writes about often, and it's all true. He is truly a unique character and has bequeathed to his daughter(s) his ability to be expressive, thought-provoking, loving, well-read, and a great storyteller.

Barbarella, keep 'em coming! I'm a great fan.

Sue Ellen
via e-mail

Enough Salsa

Thanks, but I get enough "salsa" with talk radio, opinions, and billboards, etc. The last thing I need is "A week's worth of stories in Spanish" ("Diario San Diego," July 20). It just makes me more *loco*.

Ron Lu
via e-mail

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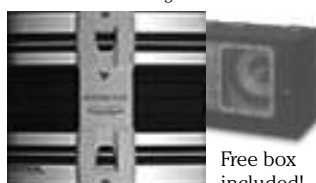


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STRAIGHT FROM THE HIP

BY MATTHEW ALICE

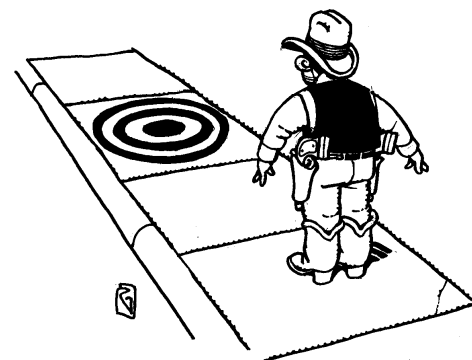


Illustration by Rick Geary

Hey, Matt:

Who has been shooting bullets into our sidewalks? Everywhere I go downtown I see these round metal things embedded in the sidewalk that look like bullet casings. What are they?

— Matt Too, the net

We sent the elves out on their hands and knees looking for sidewalk bullets and petrified gum shaped like any contemporary celebrity. The judges picked a fetching little blob that did look remarkably like Angelina Jolie's baby. But, to the matter at hand...the sidewalk bullets. They're usually at street corners and they're called monuments. Surveyor's monuments. They mark a surveyed point on a property line or intersection or some other significant geographical spot. The bottom end of the surveyor's measuring-thingy-on-a-stick fits right into the circular depression in the monument so any subsequent measurements are made from exactly the same point. Sometimes I'd much rather leave Aliceland to your own speculations about the wonders around us. An urban gunslinger is much more interesting than the truth.

Matt:

I have to know where those "Siamese twin" cherries come from — you know, two fruits, one stem?

— Judith, San Diego

We've meddled with cherry genetics enough that some of the resulting cultivars exhibit a few sexual quirks. Ordinarily, a cherry blossom has one pistil, leading the pollen to one ovary in the base of the bloom. The ovary becomes one cherry with one stem. Nature at its most clean and simple, on paper at least. But a few of the sweet cherry varieties occasionally freak out when the weather's hot at budding time. They produce flowers with two pistils. So, one bud, two pistils, two cherries jammed together. Strictly speaking, these are not retail grade, but cherry harvesting and grading is a tedious job, so sometimes twins slip through.

Dear Matthew Alice:

Anytime you see judges on TV, they're always whamming away on their desks with gavels. I've never, ever seen a real judge use one. Do real judges ever use their gavels? And if they don't, why do they own them?

— Court Watcher, San Diego

(This is a golden oldie from the M.A. mailbag, at least from the stuff that passed screening by the staff bomb-sniffing dogs. We're filling in while Grandma and the elves are away at the big Yreka Macaroni and Cheese Bake-Off.)

Last time I checked, life was not a made-for-TV movie. I know reality bites by comparison, but we'll just have to live with that. In the meantime, most day-to-day proceedings in a courtroom probably wouldn't score highly with Nielsen families and would be axed from the schedule in midseason. Not even Nancy Grace could whip an audience into a frenzy, given most of what goes on. But to get to the truth in this particular matter, I sent questionnaires to several dozen municipal and superior court judges here in town asking about their gavel habits: Do they own one? Have they ever used one? Just what the heck is going on here?

From the tone of their answers, you could say the gavel is like an appendix on the great alimentary canal of justice. An idle appendage. A vestige of the early days of British courtrooms, like powdered wigs. And just about as useful, except to TV directors.

The 30 judges who responded were virtually unanimous in saying they have never used their gavels. Since they represent nearly 200 years of combined experience on the bench, I think we have a trend here. Only 2 had actually used their gavels. In the first instance, it was used for slightly snide dramatic effect. The judge called a ten-minute recess, rose, and headed for chambers. Despite these clues that there was an official pause in the proceedings, one attorney complained that he couldn't tell that a recess had been called, so for the remainder of the trial the judge accompanied his recess calls with a whap of the gavel for the lawyer's benefit. In the second instance, a witness just couldn't seem to shut up, even after being told to, so the judge resorted to her gavel to make the point a little clearer.

About 15 percent of judges surveyed didn't even own a gavel. And here we find our second basic truth. Judges don't buy their own gavels; they get them as gifts. The judicial equivalent of ugly ties and cheap cologne, the inevitable thoughtful presents from proud friends and relatives. Most judges seem to stow their gavels in chambers or leave them on the bench to get lost under stacks of files and papers. Some keep them at home.

Asked why judges have gavels at all, aside from the predictable gifts, most jurists are stumped for an answer. Gavels make handy paperweights, or you might crack walnuts with them, some suggested.

One judge summed up the situation by declaring that his bailiff's sidearm is more effective at keeping order in the courtroom than any gavel. Besides, he admitted, if he owned a gavel, he might be tempted occasionally to throw it at "deserving attorneys" or to "induce certain witnesses to be more candid in their testimony."

A searchable archive of past columns is available at SanDiegoReader.com

Got a question you need answered? Send an e-mail to heymatt@cts.com or fax to 619-231-0489 or mail to Matthew Alice, c/o the Reader, Box 85803, San Diego, CA 92186.

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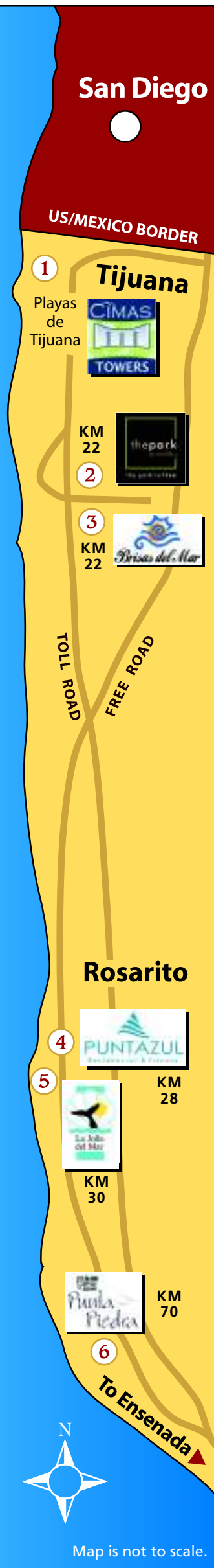
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SportingBox

By Patrick Daugherty

How To Own A Thoroughbred

Turns out last week's screed on gambling (emphasis on legal gambling in California) was incomplete. I assure you staff will be disciplined, but in the meantime, let's shout out the good news about mule racing! Yes, pilgrim, the exhilarating sport of pari-mutuel mule racing is legal in the Golden State!

I have Don Jacklin, president of the American Mule Racing Association, on the phone from his kingdom in Post Falls, Idaho. I want the where and when of mule racing.

"It started back in 1976 in Bishop, California," Jacklin says. "Bishop had non-pari-mutuel, unofficial races associated with their Mule Days celebration. That's where I got hooked. Then, legislation was passed to allow pari-mutuel betting for mule racing, but just for one year, 1979 or '80, and just one weekend, and it was restricted to Bishop.

"We took it a step further in 1980. I was able to author legislation here in Idaho for pari-mutuel betting on mules at all the fair circuit tracks. The following year we took it to Montana and got pari-mutuel betting there."

Okay with me. "How many mule races did you run in Idaho and Montana?"

"Minimum of one, and sometimes two races per day on an eight-to-ten race card of thoroughbreds and quarterhorses. The purses were very small, \$200 to \$600. Then, we went to Oregon, got pari-mutuel betting in Oregon. Then, we went to Nevada, got it passed at their tracks. And then we came back to California, approximately eight years ago. We approached the legislature and asked them to allow or extend their previous pari-mutuel legalization to include the entire fair circuit in California. They passed the bill.

"That was the big breakthrough," Jacklin says. "We moved from \$400 to \$600 purses in Montana and Idaho to California, where most of our purses average in the \$5000-to-\$6000 bracket, with a couple being as high as \$14,000. California has been the place that everybody has gone, including myself."

Funny, it does seem like everybody has come to California. "I was surprised to learn that there are only 60 to 70 racing mules on the fair circuit here."

"Right now I've got 78 on my records who have run at least once. However, out of 78, we're down to 72 or 71 who are still racing."

Let's see, the 2006 California Fair Racing

schedule is made up of seven county fairs spread from Ferndale to Pomona. Fair season runs from June to October, yet only 71 mules are racing. Seven plus 71 adds up to...*financial opportunity of a lifetime!* "There are racing mules for sale on the Internet for \$4000. A normal person could afford to own a mule thoroughbred."

"Absolutely," Jacklin says. "Mules run more often. A quarterhorse or thoroughbred runs once every three or four weeks. Mules run once every four days. Their vet bills are a fraction of what a horse's vet bills are. Mules don't have the feed requirements that quarterhorses or thoroughbreds do. They're very affordable. Most people go into [mule] racing to have a little pizzazz. If they break even, they've had a good year, and they've had the enjoyment of owning the race animal and rooting him on."

I shall name my racing mule, "Let Your Mind Be As A Floating Cloud." "Do you train a mule differently than a horse?"

"The general principles are the same. You have a little difference in age. Mules develop a little bit slower. And by developing, I mean closing the cup on their knees. Their kneecups don't close until age three. Horses' kneecups start to close late in age two. So, we start mules a year later.

"Mules are different," Jacklin says, "because you can't push them too far. If you push them against the [training] wall, they'll reject, they'll go backwards on you. You can push a horse into a wall and he'll either fall down and hurt himself or keep on trying to go. Mules, you've got to take 'em a little slower on the training, and they certainly race differently. Jockeys use a bat [whip] on racehorses, and they can bat pretty good and get some reaction. Mules, if you start over-batting or over-sticking them, they'll honker up and slow down. There is a fine line."

Perhaps I should mention that besides being president of the AMRA, Don Jacklin is also founder of an international seed-production company, has more money than we can count, likes to hunt in Mongolia, and one of his mule champions, Taz, ran against the legendary Black Ruby at Del Mar in a \$10,000 match race. Jacklin was a prime mover behind cloning the first equine by funding research at the University of Idaho. Jacklin is racing clone mules in California this year and...we'll have to come back to this next week.

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SHEEP AND GOATS

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Founded locally: Cathedral completed in 1951

Senior pastor: Scott Richardson

Congregation size: 800

Staff size: 7

Sunday school enrollment: 25–30, plus around 30 in a chorister program for both boys' and girls' choirs

Annual budget: over \$1 million

Weekly giving: n/a

Singles program: no

Dress: semi-dressy, with lots of collars on shirts and plenty of skirts and dresses

Ethnic diversity: mostly Caucasian, some African-American, Hispanic, and Asian-American

Sunday worship: English, 8 a.m. and 10:30 a.m.; Spanish, 9:05 a.m. (in the chapel); Even-song, 5 p.m.

Length of reviewed service: 1 hour, 15 minutes

Website: www.stpaulcathedral.org

St. Paul's Cathedral displays a kind of unadorned majesty. Long green banners, tiny stations of the cross, and a couple of Madonna-and-child paintings are all that break up the great expanses of smooth, gray-green concrete around the narrow stained-glass windows. The walnut panels and brushed-metal organ pipes that grace the front of the church seem almost simple, as if trying to remain tasteful despite their grand scale. The altar cloth is richly embroidered, but in muted tones. Only the raised pulpit — complicated carved wood yielding up figures of the Evangelists and the crucified Christ — is ornate.

But once the bell tolled and the people rose, the music became its own sort of adornment. Layers upon layers of swelling organ, verse after verse of the hymns, led by the choir but amply followed by the congregation. They sang harmonies on the Gradual Psalm, the organ building and receding in dramatic fashion: "My soul is athirst for the living God/when shall I come to appear before the presence of God? My tears have been my food day and night/while all day long they say to me, 'Where now is your God?'" They sang the "Creed," sang Schubert's "Sanctus" and "Agnus Dei," sang the "Our Father," even sang some of the liturgical responses.

The liturgy provided further grandeur. A parade of men and women in white cassocks followed the choir down the aisle — candle- and cross-bearers, servers, vergers, attending priests, assisting clergy, and finally, in a cream chasuble, the presider: Reverend Canon Joan Butler Ford. At the reading of the Gospel, Reverend Dorothy Curry removed the silver-coated book from its pillow on the altar and bore it down the center aisle. Before her walked a verger — his director's wand resting on his left shoulder — a book-bearer, and two candlebearers. A man with a thurible followed, the incense curling into the air above the throng.

Sunday's liturgy celebrated the feast of St. Mary Magdalene, and the Gospel recounted her

discovery of the risen Christ on Easter morning. "They have taken away my Lord," she cries in the cemetery, "and I do not know where they have laid him." Jesus comes to her and tells her, "Go to my brothers and say to them, 'I am ascending to my Father and your Father, to my God and your God.'"

The Reverend Canon Jack Lindquist mounted the pulpit for the homily. "Speaking just for myself — after hours and hours of wading through New Age gobbledygook about Mary Magdalene in *The Da Vinci Code*, I think it's wonderful to meet this woman again as a real person in today's Gospel.... At the end of today's Gospel, Jesus 'apostled' her...he sent her on a mission with a message to speak in the sender's name. The ancient Christian writer Tertullian extolled her as... 'the apostle to the apostles.'"

Lindquist continued, "You didn't have to be one of the 12 to be an apostle.... Today's Gospel is when women entered into the apostolic succession of the church's ministry. Here, at the very

beginning — it couldn't happen any earlier!"

A subdued laugh rose from the congregation. "Would being a woman somehow invalidate that apostolate? Yes, it would — if you were an idiot." The subdued laugh gave way to hearty chuckles and applause. "All Christian preaching begins when Jesus 'apostles' Mary Magdalene, and so we pray that Presiding Bishop Jefferts Schori may truly be *her* successor."

Then he returned to Mary Magdalene before she saw the risen Lord, when she was still bereft. "The very worst fears on Mary's list have taken place, and she seems forever separated from God.... Now, she is really ready for Easter.... If she and the other disciples had not seen the risen Lord, had not eaten and drunk with Him after he rose from the dead...I can assure you that there would have been no Christian gospel. There would have been no

memory of Jesus in the world today."

Lindquist closed by noting that Mary Magdalene recognized Jesus when He called her by name. "That's how the risen Lord is calling each and every one of us, seeking a personal relationship with us.... The crucified and victorious one is coming to us in Holy Communion today, that we might receive him into our hearts and lives as master."

During the announcements, it was noted that "whoever you are, wherever you are in your journey of faith, please know that you are most welcome to participate in everything we do here." And at Ford's liturgical invitation — "The gifts of God for the people of God" — the congregation approached, knelt, and received Communion.

What happens when we die?

"I would refer you back to Jack's wonderful sermon," said Ford. "As God is always with us here, then God is going to be with us when we die. I firmly believe that."

— Matthew Lickona

Columns archived at SanDiegoReader.com



JOAN BUTLER FORD

**St. Paul's Cathedral
Hillcrest**
★★★

Sermon

content.....★★★★

delivery.....★★★★½

Liturgy

.....★★★★

Music

congregational.....★★★★

band.....★★★★½

Snacks.....★½

Architecture.....★★★★

Friendliness.....★★★★

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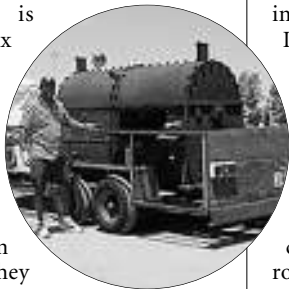
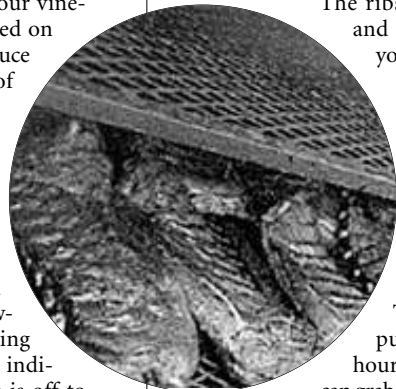
Word spread about how my friend Bernice was going to rent a margarita machine for her summer margarita bash. The guest list started growing from 20 to 40 to over 100. Along the way, someone noted that Bernice and her husband Frank are celebrating their 20th anniversary this year, and that became the theme. For Frank's sake, I decided to go barbe-cue hunting — in particular, on-site barbe-cue. I didn't want him to have to cook, but I knew he'd want the smell of meat and smoke in the air.

I found Gib's Ribs (619-517-1659; www.gibsribs.com). Chef-owner Keith Gibson, who hails from Maryland, explained that while there are different types of barbecue, it's all "comfort food. There's nothing like good barbecue, slow-cooked so the meat falls off the bone. Some people like a mustard-type barbecue, but in Memphis, you've got your vinegar-based, with the sauce served on the side. That's what I do. My sauce is sweet and tangy, with a hint of lemon, hickory flavor, and spice. Just a little bit of hot; nothing serious, just a little burn on the back of your tongue."

Gibson serves slow-cooked meats done in a smoker (though burgers, veggie burgers, and hot dogs may be added to some menus). "When you slow-cook and smoke, you're cooking around 225 to 250 degrees on indirect heat. That means the fire is off to the side." Wood provides the fuel. "California doesn't have a lot of wood, not like the southern states, which have all the fruit and nut trees. There, you can use pecan wood, cherry wood, and apple wood. Those give the meats different flavors, and even colors. When you first cut into your smoked meat, you will see a smoke ring. It's like a red film all the way around the meat. The color of the ring changes, depending on the type of wood. Red hickory or red oak wood make the meat come out very dark. I think it's so dark that the meat looks almost burned; that's why I don't use them."

In California, "the most popular wood is mesquite. I mix mesquite with apple wood. I leave the mesquite on the bottom layer in the smoker — it burns hotter — then I wet the chunks of apple wood and put them on the mesquite. They mix together. It gives a wonderful flavor, and it smells good. When you first light off your smoker, you let the mesquite burn until the coals get white; it takes a good 30 minutes. Then I put my racks in to start cooking the meat, and I close down the smoker lid. The smoker operates through vents, which control the airflow and the temperature. If I want the temperature at 250 degrees, the back vent is open halfway. If I want to bake a pie at 350, I open the ventilation up all the way."

One round of hot coals will hold its heat a long time in a smoker. "Those ashes



"When it's done, I can grab the bone in the meat and twist it right out."

are actually hot a day or two after cooking. That long heat-life allows for lots of slow cooking. Ribs slow cook for three hours, chicken for two, tri-tip an hour and a half."

Tri-tip sounded like an option, so I asked after his method — Frank and my husband Patrick are forever arguing about whether or not to trim the meat before cooking. "I put a rub on it and stuff it with garlic," said Gibson, "but I prefer to buy it with the fat on. They call that 'un-neutered.' I cook it fat-side down, and when it cooks, the fat produces juices in the tri-tip and it puffs up." Score one for Frank. "I let it rest and cool for 30 minutes, then I cut the fat off the back. Then I slice it. I get 13 to 15 slices out of it. Then I've got a little secret method for tenderizing. I do this with all my meats. I pan it up and put in a little wine. Then I seal it with a commercial-grade aluminum foil and put it back on the grill for an hour and a half. It steams, reheats, and tenderizes it.

The ribs fall off the bone, and the tri-tip melts in your mouth."

Other meats get much longer treatments. "You can smoke anything — pork shoulder, pork butt, or brisket. Brisket takes a very long time, 12 to 14 hours.

The pork butt for my pulled pork takes 10 hours. When it's done, I can grab the bone in the meat

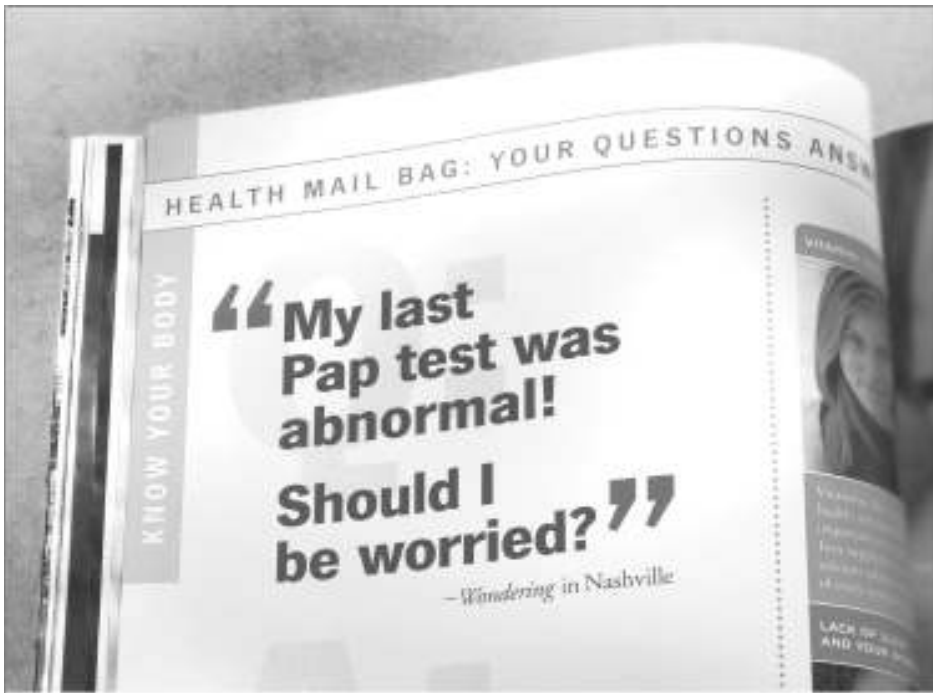
and twist it right out. We serve that with rolls and everything, so you can build your own Memphis-style sandwich" — roll, meat, sauce, and coleslaw.

Because of the long cook-times, Gibson often does some prep before arriving at the event site. "Sometimes, we cook it partially ahead of time, sometimes we cook everything except maybe a case of food. We call that 'show food.' People enjoy the ambience and the aroma," and the show food will provide that as they chow down on ten-hour pork.

Gibson's smoker, which he converted from a pig-roaster with the help of a welder friend, arrives on a 20-foot trailer. "It's pretty impressive. When I bring both my smokers, I can cook for 1000 people. But I'm flexible; I do parties for 30 people. (Menus range from \$13.95 to \$17.95 per person based on groups of 200 or more. Prices are higher for smaller groups.) "My menus are full service. With each menu, you get your main dish and three side orders" (e.g., baked beans, corn on the cob, Caesar salad, coleslaw). Pricing includes rolls, fresh-baked cookies, cutlery, condiments, buffet-table setup, linens for buffet table, "and canopies that we can put over the buffet table. We give you a two-hour serving time, and when we are finished, I give the left-over food to the client. We package everything up, put foil on it, and label it. You get the full deal."

Columns archived at SanDiegoReader.com

1. Keith Gibson
2. Ribs on the grill
3. Smoker



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I'LL MISS YOU

by Josh Board

Several musicians I know have had their CD release parties this past month. Steph Johnson and Greg Laswell played at different venues on Kettner. Cathryn Beeks hosted a picnic. But CD release parties aren't parties; they're concerts with the new CD for sale. One week, when there were two of these release parties going on, I had an excuse to miss them. There was a high school graduation party, and I don't often get to write about teenage parties.

When I arrived at the Point Loma home, I saw a Lexus in the driveway. I rang the doorbell and when Eric, the graduate, opened the door, I said, "So, your parents gave you a Lexus for a graduation present, huh?" I assumed he was going to say the car was his mom's. "No. The car is mine, but I didn't get it for graduation. It was my grandmother's car." I almost started to rant: *When I was in high school, my Mustang didn't run half the time, and I had to ride my Schwinn 10-speed to school.* I stopped myself; he wasn't my son.

A few guys were horsing around near the door, and I saw girls sitting on the couch and looking at a yearbook. Lena was holding it, and her mom grabbed it and said, "Let me



read what you wrote." Lena laughed and told her that she hadn't signed it yet. Later, when she started to write in it, her mom hovered, waiting to read it. If I were Lena, I would've written some crazy things just to mess with her mom.

Eric's uncle ended up with the yearbook and read what the kids had written. We laughed as



Top: Members of the Point Loma High School band;
Bottom left: Renee, Leslie, and Barbara, reminiscing about their school days;
Bottom right: Eric and his cousins Taylor and Derek

sounded goofy when interpreted by Eric's uncle.

I thought about how I'd read my yearbook every day for the first few weeks after school

jerk. I'm sure if I took my yearbook out now, I wouldn't remember half my classmates.

When I looked through their Point Loma High yearbook, I was surprised it was in color. At my school, color photos were for the senior class.

Point Loma High had a surf club and a sailing club. And there was a club called Got Jew. I asked Eric about that club. "Yeah, I once belonged to that." I asked him what they did. "A lot of Jewish things. We'd watch Jewish movies. We learned about Jewish customs and things like that."

A few adults were on the

Just as I was thinking that they had food poisoning, I overheard someone say that Leslie had just finished remodeling her bathroom.

he exaggerated certain words and phrases. Yearbook clichés, such as, "I'll miss you," or "Enjoy the summer," and heartfelt messages and sentiments

ended. I couldn't believe the girl I had a crush on wrote that she'd had a crush on me. Or that someone I often argued with apologized for being a

back patio, and I made my way out there. Snacks were set up on tables throughout the house. I noticed people were often going to the bathroom, and when they'd come back to the patio, the next person would go to the bathroom. Just as I was thinking that they had food poisoning, I overheard someone say that Leslie had just finished remodeling her bathroom. I went in to take a look. It was done in an art deco style with many different colors of tiles. The shower tiles were red with various poems about water painted on them. The medicine cabinets were done in different colors. The only thing in traditional white was the toilet. Someone said, "Leslie, maybe you should think about renting out this bathroom." I said, "It still has that new bathroom smell."

I was told there was pizza, and I went back in to grab a slice and a root beer. I met Lena's mom, Diana, and gave her a hard time for reading her daughter's yearbook. I asked Diana what her daughter had planned for the summer, and she told me that they were going to drive across the country visiting various colleges that Lena might want to attend. Lena has another year

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before graduation, though.

I was a little embarrassed when Diana asked me why I kept looking in my cup. I had finished my drink, and for some reason, I kept looking into my cup as we talked. It's embarrassing when someone points out a weird habit you have. I made a lame excuse about running out of root beer, and Diana said, "Well, go get some more!"

A woman named Renee was taking the people who were looking at the bathroom outside to look at her new SUV, a Nissan Xterra. I said, "So, you got a graduation present for yourself, huh?"

There were sports on the TV, and I kept ending up there. I asked the high school grads what their coolest school moment was. A guy named Taylor said, "When I punched Wyatt. That was pretty cool."

Eric played in the school band, and I asked him how he got into

drums. "I was in the fourth grade. My parents wanted me to play an instrument, and nobody else was playing drums. They looked like fun."

"Did they regret you choosing that instrument when it kept them up late at night?"

Eric laughed and said, "No. They never tell me I have to stop playing or practicing."

I remembered several high school friends who were in the band and how they were often called "band geeks." I think playing drums exempts one from geek status.

When Eric talked about competitions, I said, "Wait a minute. How can you have competitions? It's not like a sport where you score points." He explained, "They have different divisions, and they have three or four judges who rate each section. One judge is listening to the notes. There's a brass judge, a visual judge...."

"If it's all done by

judges deciding a winner, are there ever any controversies if people don't agree?"

"Oh, yeah! That happens a lot."

Two of Eric's uncles ended up arguing about their high school basketball days back in Indiana and which of them was the better player. They were tall, good-looking guys and a lot of fun. When Leslie served cake, one of the uncles complained that there was no coffee. He said, "Okay, well, just give me a cup of hot water; that will be close enough." One of the women said, "I can only drink coffee if it has lots of chocolate and stuff like that in it."

Uncle reluctantly settled for a glass of milk. ■

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~REWARD~

MISSING ENDANGERED ADULT Rachael Bowers Bendett

San Diego, CA

Found April 7, 2006

Missing Since: 3/7/2006
Height: 5'6"
Weight: 110 lbs.
Age Missing: 41
Eye Color: Blue
Hair Color: Blonde
Race: White
Sex: Female



Rachael was last seen on 3/7/06 by an in-law in University City. According to this in-law, who does not want her name mentioned, Rachael was wearing a blue sweater and khaki pants. Rachael's vehicle was found at a parking lot in the 3800 block of Santa Clause Lane, at a beach in Carpinteria (Santa Barbara County) approximately 200 miles from where she disappeared. Her purse, keys, cell phone and other personal belongings were found in the vehicle.

Update: Rachael's partial remains were found on April 7, 2006 approximately 30 days after she disappeared in the water off a beach in Carpinteria, not too far from where her vehicle was found. Rachael was the mother of three very precious children. Rachael's parents are concerned about the questionable circumstances surrounding Rachael's disappearance and subsequent death. Rachael's parents say their daughter would never have gone willingly into the frigid waters the day she disappeared, and they are offering a reward for information concerning Rachael's questionable disappearance and death.

\$5,000 reward for information regarding the questionable circumstances surrounding Rachael's disappearance and subsequent death. An additional **\$10,000** reward is being offered for information leading to the arrest and conviction of any suspect(s) who may have been involved in Rachael's disappearance and death.

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The Key to Distress

To suffering there is a limit; to fearing, none.

— Francis Bacon

This is taking a really long time. We should have given our ticket to our waitress and stayed inside," David complained.

"She offered," I reminded him, "But I wanted to stand outside and watch people. Don't worry, it'll probably only be a couple more minutes. Hey, get a load of *that* one." Following the direction of my tilted head, David looked to his right and saw a silicone-swollen, collagen-injected, over-bleached freak of nature teeter forward on four-inch, hip-twisting heels.

David scrunched his eyes closed as if they burned. "Wow," he said, muttering the only word that could convey his mix of awe and disgust.

"My feet are killing me, I'm going back behind the rope to sit down," said Ellen.

"I bet you're exhausted," I said, following her. "You've been traveling since five o'clock Boston-time this morning. Now it's like midnight for you." Upon collecting them from the airport, I had insisted that Ellen caffeinate herself and Kirby nap so that by the evening they'd be alert and in the proper state of mind to experience my new downtown haunt, 30-Two Bar & Lounge.

"It shouldn't take this long," David said. He stood by the valet podium looking exasperated.

"The game just let out; you know how the traffic sucks down here," I suggested. Earlier in the evening, I had considered ordering the lounge's limo to fetch my crew, but my control issues prevailed, and I ended up ordering my guests into my humble

Corolla.

Though I share my father's neurotic distaste for having *other people* sit behind *my* wheel, comfort and convenience for my little entourage made valet parking the prime option. I hadn't brought my phone and I wasn't wearing a watch, but as we waited to see the valet rounding the corner in my car, I could sense as well as David that an abnormal amount of time had passed.

"Hey, Joey!" I called to the guarder-of-the-rope. Decked out in a sleek gray suit, thick-framed rectangular glasses, and high-tech ear-piece-communication-device, Joey would have looked equally at home as Brangelina's bodyguard. "Twenty minutes to fetch a car? Don't they park it right there?" I pointed to the garage half a block up.

After exchanging words with the senior valet guy, Joey returned to my side with a full report. "Apparently, when you handed your ticket over, the kid he gave your keys to had to park two other cars first. It takes like eight minutes to get to the lot because of traffic on the one-way street and they have to go around the block. It should be here any minute," he explained.

Reassured, I turned my attention back to the droves of baseball fans marching by in ball caps and jerseys. But then the senior valet guy appeared at my side and asked a most horrible and offensive question: "Are you sure you gave us your ticket?"

"Yeah, I'm sure," I shrieked. Then, in a

calmer tone of voice, because appearing sane at this crucial juncture of the evening was of utmost importance, I said, "I handed it to *you* as soon as I walked out of the restaurant. Like 30 minutes ago. Are you trying to tell me that you have lost the ticket?" I crouched behind the podium and examined rows of key-chains hanging on little hooks. Mine was not among them. "I think I'll sit now," I said, in a shocked whisper.

"I know I gave them to one of these kids," said the head valet, whose face seemed to be growing paler by the second.

"Right," I said. "I'll be sitting right here."

I plastered a calm expression on my face and plopped down onto the square leather seat next to Ellen. Jordan, another smartly dressed fellow with a high-tech ear-piece, was quick to grab two more leather seats for Kirby and David.

"Would you like something to drink?" Joey asked.

"No thanks," I said. Then, noting the pleading look on Kirby's face, I said, "On second thought, how about another Thai Mojito for my friend here?" Kirby looked grateful. *Don't panic*, I told myself. *One of those guys has your keys in his pocket, and it's only a matter of time before he gets back here with them.*

"What kind of car do you have?" asked Senioro Valet, his face morphing from alabaster to a lovely shade of crimson.

Decked out in a sleek

gray suit, thick-

framed rectangular

glasses, and high-

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"Corolla."

"What year is it?"

"I think your guys will notice the personalized license plates, with my name on them, before they determine that it's a '98," I said, chiding myself for being snarky. "Seriously, though, I'd be happy to go look for it myself," I added, in an attempt to appear helpful. But he was off again, giving orders to his car-parking minions.

I wasn't smiling, but I did my best not to frown. Kirby was enjoying his drink, and Ellen was chatting with David about car-related snafus of her past. The owner of the restaurant was on the sidewalk, talking to the supervisor of the valet company on his cell phone. I could tell by the way they held their ears and whispered into their shirt cuffs that Joey and Jordan were being remotely updated on the situation. Joey walked over to me with a smile on his face and my heart soared.

"They found your car!" he said. "And a locksmith will come out and make you a duplicate key."

"I'm sorry, but what? Duplicate key? Are you trying to tell me that they have my car but not my keys? Should I start panicking now?"

Senorio Valet materialized beside me. "This is what we think happened," he said. "We think your keys might have been left in someone else's car. So we're going to search all the cars until we find them."

"And if they happened to have fallen into one of the 15 cars already returned to their owners in the last hour?" *Calm, stay calm.*

"I'm pretty sure we can find them," he said, before withdrawing his now burgundy face.

"Okay, Joey," I said with despair. "I'll have a White Elephant." Joey held his finger to his ear and, addressing his cufflink, said, "White Elephant for Barbarella." I had the cock-tail in my hands a few minutes later and sipped to

quiet the voices in my head. The first voice was mine: *Every key I have is on that chain. What a fucking hassle. How are we going to get into the house? Bright idea, Barb, leaving all the keys on the same chain. You've got Dad's keys on there too. Shitshitshit!* The second voice was my father's: *Would you rather lose your keys or find out you have cancer? It's not the end of the world. Worse things could happen. You are not measured by the circumstances of your life, you are measured by how you react to them.* My voice

pipled back in and it sounded stubborn and pouty: *Why does it have to be cancer or keys? This is horrible. I'm going to scream. No, I'm going to cry. God, how embarrassing if I start crying right here on the street. Fuckfuckfuck! Breathe. They're not gone, they can't be gone, so breathe. Man, this sucks ass.*

"Hey! Look at that!" David's face lit up and I followed his gaze toward the street to see my car in the midst of a three-point-turn. I felt like jumping up and kissing everybody the way I had when I learned

that I couldn't get rabies from a squirrel bite.

The embarrassed senior valet ran toward me as I was getting in my car. "I knew they were in another car!" he said, his face returning to a more natural shade of tan. "Please, at least let me give you back your money."

"Oh, right, thanks!" I chimed. "I'm just happy to have my keys. Thanks so

much!"

"You handled that so well," Ellen said on the way home. "I would have totally freaked out." It was hard to hear her over the hysterical voice in my head: *What if someone had driven off with my keys in their car? What if they found my keys a week later and couldn't figure out where they came from? I would never have gotten them back! And*

there's that little silver heart I got in New York on there...and the last piece of that copper fish Dad gave me when I was 13.... What if it was gone forever?

"Thank you," I said to Ellen with equanimity. "In situations like these, it's important for one to realize that something as simple as a set of keys is really minor in the grand scheme of things." ■

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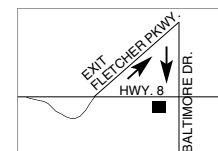
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WOMEN THINK THAT MEN ARE HAIRY WOMEN



I was about to participate in a seminar where women spend two days learning about men. I mentioned my upcoming appointment to a few friends and acquaintances and asked them what they thought.

Woman One: "Seminar? Why go to a seminar? Men are so simple. That seems like a big waste of time."

Woman Two: "It's sad that society's generated this belief in a gender gap. Some people are from Mars, some people are from Venus, and some are from Saturn. We're all different, and complex as well. I think it's pathetic to go to a seminar and try to learn quickly about some complex subject that should take a lifetime to learn. (Of course, I'm 34 years old and single.)"

Woman Three: "Those women are desperate stupid idiots. Why don't they read a book in bed and figure it out for themselves?"

Man One: "What a sick bunch they must be. Why don't they just go to bars? Yikes, what a scary thing."

Woman Four: "There's not much to be gained from categorizing people. I'd rather go out to dinner with a man than learn about his psychology."

Man Two: "The word to women is often, 'You're okay. There's nothing wrong with you.' But the message can also be that men are boorish, unappreciative creatures."

Man Three: "Good idea. Study the enemy."

Woman Five: "It's the easiest thing in the world to keep a man happy. Feed him and fuck him and leave him alone."

Most of the reactions I got were negative, but not all of them were. One woman told me, "You're either bitter or better. Whatever helps people get better and not be bitter is a good thing."

Many women also asked me for details regarding the seminar, as though they would like to attend. Did it have a good track record? Did I think it would work?

I have another friend who's a male who told me to forget the seminar. "For men and women to learn about each other, they should just read each other's magazines," he said. "Men should

read *Elle* and *Cosmo*, and women should read *Playboy* and *Maxim*. Because it doesn't matter what's true or false. It matters what's being said. It's all about the spin."

I considered the hostilities that underlie the most aggressive of these reactions. Are people just against seminars in general? Do most folks share my own built-in aversion to groupthink and submissive conformity? Or these people I'd been asking — and some of the women insisted on being called "Ms." — did they see these seminars as an admission of weak-

ness? Were they against admitting that we need to be fixed, because that implies that somehow we're broken?

To me, self-help is like the CliffsNotes to the great literature of the self. It's a massive shortcut. Instead of reading philosophy and poetry, and paying attention to what our bodies are telling us, and writing down our dreams, and learning to meditate, and traveling widely, and living in different places, and meeting unusual people — instead of participating in all of these instructive and self-renewing pursuits, some

folks make do with reading or following the watered-down teachings of someone else who has done these things.

Instead of learning a musical instrument and a foreign language, we listen to tunes and rely on subtitles. Instead of going for a run, we watch a race. Instead of traveling the great undiscovered country within ourselves, we visit its website.

Is it possible, then, for self-help to really help? CliffsNotes can help us pass the quiz, but then we never come to own the experience of the book. Carrying this

analogy, I'd contend that self-help might tweak a surface behavior or two for the short-term, but then the deeper patterns of who we are will rise inevitably back into view.

"The relations of the soul to the divine spirit are so pure that it is profane to seek to interpose helps," Ralph Waldo Emerson once wrote. We all want to better ourselves, but Emerson taught us that the way to do this was to read poetry and observe nature.

Since Emerson's time, the diminishment of nature and literature have closed off vast

spaces in the souls of people, but can those spaces be re-reached and re-appreciated by a system of repeated affirmations, self-actualization courses, and 12-step techniques?

Truly helping ourselves — that is, overhauling our deepest selves — requires a slow and steady accumulation of experiential ingredients. Reading a self-help book or attending a seminar is like buying an already-baked cake. You might enjoy the benefits, but afterwards all you'll have is indigestion and crumbs. Borrowing another metaphor, I'd

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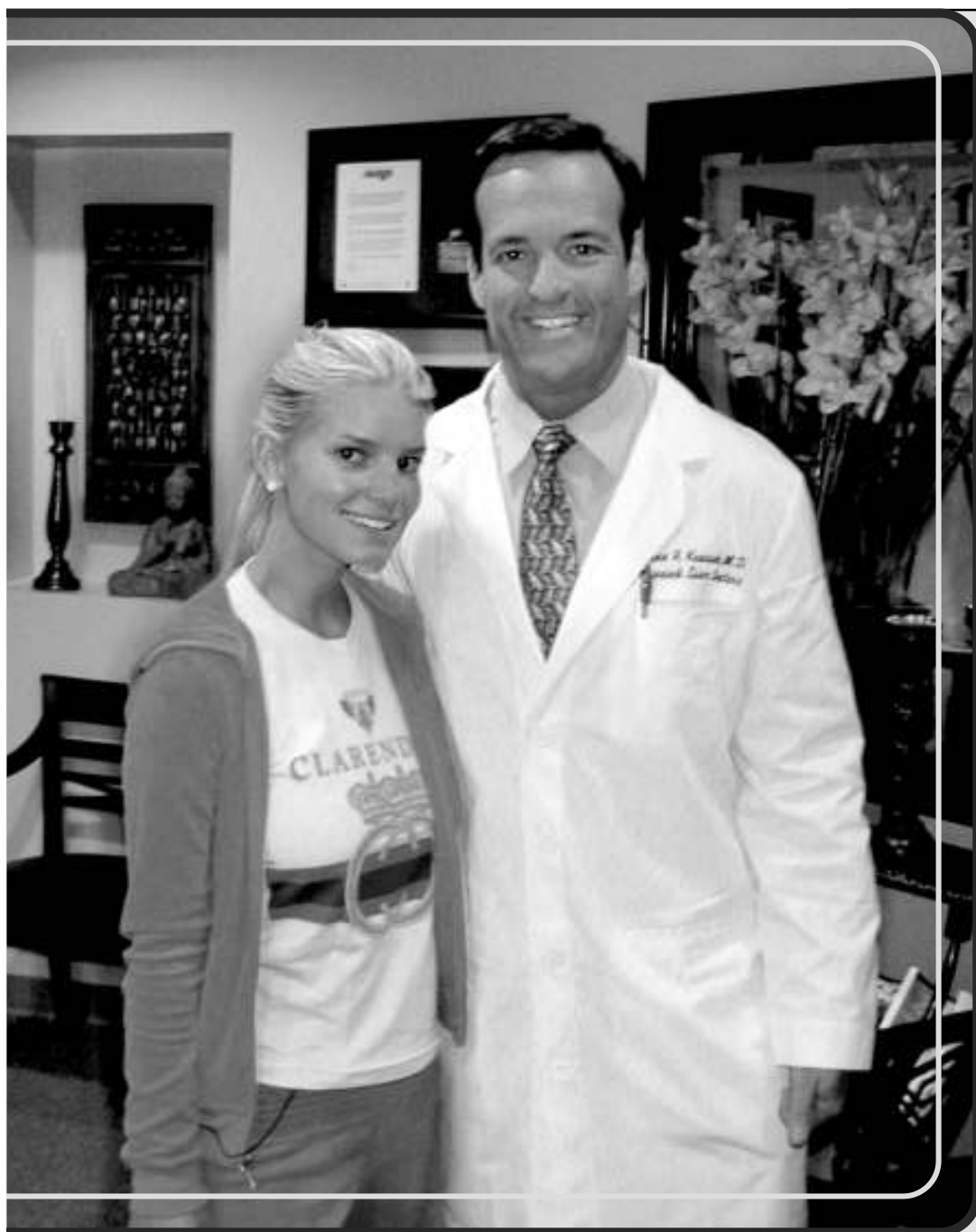
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say, self-help might teach you to fish, but it won't go fishing for you.

(By now I'm sure you've begun to wonder what my own gender is, or perhaps you've already checked for a clue from my name, dearest reader. But does it matter? I am, in fact, a man, and if you wish to profile me further, then I'll also tell you that I'm 37 years old, divorced, white, and, well, what else do you need to know to contextualize my statements and judge me? Anyway, I'll be attending the aforementioned seminar as a liaison, a representative man, whose role it will be to answer the questions of these self-helping women. And let me go on record here and assure you that I am not judging these women

or this particular workshop. I have hopes for each of them and will attend in the spirit of wanting to contribute, to help the help happen. I may be skeptical about what they're fixing and how they're fixing it, but that's their business, not mine.)

Susan Cameron, a chiropractor, had just broken up with a man whom she'd been dating for four years. She told me that she'd been going to a series of seminars to learn about men.

What was Cameron's history with self-help?

"My spiritual transformation started with doing Native American practices, which included vision quests and fire walks and sweat lodges. And I had a yoga instructor who got me into

macrobiotics and yoga."

But didn't she differentiate between going on a vision quest and spending time in a sweat lodge and learning yoga, on the one hand, and, on the

and more life-changing. But I think going to a seminar falls under the heading of direct experience."

Why did Cameron feel that she should go to

"Men value listening without interruptions. Men usually think deeply and have strong opinions, and their opinions are very much tied in with their values and who they are."

other hand, buying a self-help book by someone else who's had these experiences?

"Direct experience is definitely more profound

a seminar to learn about connecting with men?

"I think my quest is how to communicate and how to bring peace and love into the world,"

Cameron said. "So when it comes to men and women understanding each other, there's that burst of knowledge for me in wanting to understand men and have that peace and community and connection with men. I wanted to learn to honor men for who they are. Also, when I started with "Celebrating Men, Satisfying Women," I was at a place in my life where I was seriously contemplating relationships and wanting to see what it would take to work together in partnerships with men, to create a successful relationship."

("Celebrating Men, Satisfying Women" is the brainchild of Los Angeles native Alison Armstrong. In 1995, Armstrong formed a company called

PAX Programs Incorporated, which now oversees the sales of a novel and a CD and operates six seminars in dozens of cities designed to help women understand and appreciate men. "Celebrating Men, Satisfying Women" is also the seminar that I was preparing to participate in.)

And what was Cameron's own history with men?

"Probably you could categorize it as serial monogamy. You know, a series of one- and two-year relationships. I just got out of that four-year relationship recently. And I was engaged once for a very brief time."

And she'd had enough problems with men that she wanted to get help in figuring them out?

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Cameron answered, “It felt like if I was seriously contemplating wanting to be in a relationship and eventually to get married, then these tools would definitely benefit me, not only in looking for a

partner to spend the rest of my life with, but also just in general. You know, the men I encounter in business, or my patients, or colleagues, or roommates, or any male in my life, I wanted to learn how to

honor and cherish and communicate with men.”

And that was different from learning how to communicate with women?

“Yes,” she answered, concisely.

Could she explain?

“Well,” Cameron began, “with women you can talk about ten things at once in a circular motion, and we can follow each other and get back to the point after taking many side trails. Whereas communicating

with men you want to stay single-focused and on a single point. That’s because men are hunters, and they need to stay focused to capture the deer, or whatever they’re hunting. If they stopped to notice the pretty flow-

ers, then they might look up and the deer would be gone. With women, we can chime in and add our two cents and add our experience and validate each other and cheer each other on and interrupt, and it’s not a

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big deal. Women are gatherers; we can notice the details that make certain flowers different from other flowers. But with men, interruptions get them off track."

I interrupted Cameron with my two cents. I told her that most of the characteristics she had just ascribed to women reminded me of myself, even though I'm a man. And the traits she'd said were common to men didn't sound like me at all.

"That's good that you're in touch with your feminine side," she said, and it sounded sincere. "But what I think men value is listening without interruptions. Men usually think deeply and have strong opinions, and their opinions are very much tied in with their values and who they are."

I interrupted again. I

was getting irritated at Cameron's broad generalizations. (Was I growing irritated because my male values were being compromised? Was I unable to accept what she was saying because I was too single-focused — like a typical male — on a particular implication in her ideas, namely, her stereotyping?) I told her she was reducing massive complexities into neat little categories.

She didn't blink.

"There are fundamental differences with communication," she maintained. "With men, they think, and they build opinions, and then they share from that place, which is kind of a very sacred place for them to share from."

But I told her again that I don't do that and that it was rubbing me the wrong way for her to



lump me in with others of my gender.

"I don't know how to explain it any other way," she said. "That's what I've learned. To listen to a man without interrupting him is a gift that you can give him."

Which is just a nice value for any person to have when they're talking to any other person.

"I guess you could

say that," she conceded. "But I've found that it really helps for me to shut up with men, to hold back, and then they can go deeper with their opinions. That's not something that I've found as much with women."

Fine. Okay. So. What were some other techniques that Cameron had learned from her

seminars?

She thought a moment. "I learned that it's good to give a man some transition time between activities," she said. "If he's just gotten home from work, then it's good to give him time to land and decompress and not just inundate him with questions and tell him about your day the minute he walks in the door."

But what about her needs? What about Susan Cameron? What if she wanted or needed to talk about something the moment her man came through the door?

"Then you give him half an hour," she answered.

So wasn't this seminar just encouraging women to be innocuous and acquiescing?

"Not at all," Cameron said quickly. "It's about getting our

needs met. It's about empowering women to speak what our needs are in a very honorable way."

So it's about passive manipulation.

"No, not at all," answered Cameron, sounding like I just didn't get it. "It's about being open and honest and clearly communicating and honoring each other while you're communicating. So let's say I need eight hours of sleep. And my husband likes to wake me up at five o'clock in the morning to have sex. I might say, 'I need eight hours of uninterrupted sleep.' And I'd clearly communicate that, to let him know that I may be willing to have sex but I also have some basic needs, and we have to learn how to accomplish both of our needs. It's not about manipulation; it's about learning how to see what our

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needs are and to ask for them.”

Which is a terrific practice for any two people, regardless of gender. Or for any two countries or organizations or groups, for that matter.

I decided to pursue this line of questions with someone who runs one of these seminars. I contacted PAX Programs and got in touch with San Diego’s head honcho — the woman who coordinates and organizes and runs many of the seminars here in town — Donna Alexander. Alexander is a wife and mother who’s been involved with PAX for seven years. She started out by going to the workshop herself, on the advice of a friend, and she knew right away that she wanted to be a part of getting this information out into the culture.

In time, Alexander was trained to lead courses, which she’s been doing since 2002. “So you’re a seminar leader,” I said, at one point. And she answered, “Technically, I’m a workshop leader. We call them workshops.”

Much better word, I thought, since “seminar” is, ironically, masculine, in that it bears the same etymological root as “semen.” The meaning of the word in Latin (*seminarium*) was “breeding ground.”

“The reason we call them workshops is because the women actually have to do some work,” she said. “We don’t do it to them or for them.”

Between 50 and 100 women attend each local session of “Celebrating Men, Satisfying Women.” Prospective attendees have an opportunity, before the workshop, to complete a short questionnaire about what they want to accomplish in the course. Then the workshop leader reads the questionnaires and makes sure that the attendees are going to get

what they want out of the experience. Over the course of two days, the women take notes, do worksheets, and share with the group, but mostly they listen and absorb. At the end of the second day, they test

what they’ve learned on a panel of representative men, which is where I’ll come in.

“What we’re providing for women,” Alexander said, “is a different perspective. A new way of seeing men. Like a

new way of interpreting what men are saying and doing. So it’s not about changing men; it’s about changing a woman’s understanding of what men are saying and doing.”

I asked Alexander

about her own personal history (divorced, two kids from the previous marriage, now happily married), and then I asked her whether she thought her personal history mattered in relation to her being a workshop

leader.

“Probably my past is relative in that it makes me real,” she answered. “You know, I haven’t lived a fairy-tale life. I’ve lived a real life. And I think that makes me more accessible, and

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women are more willing to learn from me.”

And what did they learn?

“Our graduates come out of the workshops feeling much more powerful,” she said.

“Because what we teach them is what men want

and need but also how to get what they need from men in a really effective way.”

And what way was that? Passive manipulation?

“No,” she said.

“Authenticity. Telling the truth. Being respectful.

Asking for what they need. I’ll give you an example. Often, the way that women tell men what they need is by telling the men all the things they’ve done wrong. And you can see how that would make a man defensive and not in

the best place to provide what she’s asking for. So we teach women, first of all, that he’s not wrong. He just didn’t know. And we teach women to ask for something in such a way that it doesn’t make a man defensive but actually inspires him to

want to provide it.”

Alexander continued, “Another thing that women have in their toolbox, as we say, is really emasculating men when men do something that women determine was wrong. Which again has a negative impact on

men and the way that they relate to the women. So we teach women how to get what they want without emasculating men.”

I expressed to Alexander my own personal knee-jerk resistance to what she was say-



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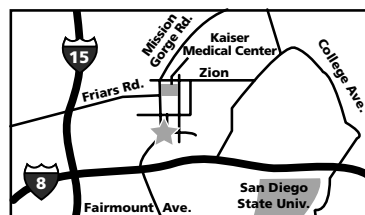
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ing. I liked the idea of not being emasculated or blamed or interrupted, but I told her that I couldn't stand being reduced to my gender.

She answered, "Instead of reducing people to their gender, I think what we're doing is honoring and respecting how we're put together and the ways in which we're different from each other."

So men and women are just fundamentally different from each other?

"I would say that men and women are very different from each other, and a lot of the trouble comes from both men and women expecting the opposite sex to be like themselves," Alexander said. "But men and women aren't versions of each other. Women think that men are hairy women, and some men think that women are emotionally indulgent men. And if you start from the fact that men and women are more different from each other than we can even imagine, then that's a great foundation to begin from to begin understanding each other."

But what about the masculine traits that you might have, even though you're a woman? And what about the feminine traits that I have in my personality, even though I'm a man?

She said, "We actually don't talk about male and female. We talk about the qualities of femininity and masculinity. And we think both men and women have both."

Okay. So if I were going to make a list, with masculinity on the left and femininity on the right, what would I put under each heading?

Alexander told me, "Masculinity would be about producing results and providing. And you could see how that might be something that both men and women can do,

especially if a woman is a single parent and she's responsible for providing. And on the feminine side of things would be the enhancements in life. The things that aren't as clearly related to survival. Things like art, music,

cooking. And men could certainly be engaged in those. Of course, food is related to survival, but then there's a question of how fancy you're going to make it."

How did Alexander respond to those who

thought she was preying on the desperate, propagating gender stereotypes, and oversimplifying complex issues?

"We don't prey on the desperate," she said. "We help them. Which is what our graduates

would tell you. Most people are interested in learning about the opposite sex. And we're not propagating stereotypes. If we were, we'd have a very different name for our workshops. We might call it "Men Are

Pigs." But we don't. We call it "Celebrating Men, Satisfying Women." And there are a lot of stereotypes that we debunk in our course. For instance, women have the idea that men are really selfish, and we don't see

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that. From our perspective, there's something else going on with men that has women view them as selfish, and we help women see that in a different light, a more powerful, more useful light. The women who come to our course are usually frustrated or confused, or they don't have the kind of relationship that they always hoped for, and they're willing to learn something new."

What was Alexander's own history with self-help?

"I tend to refer to it

as personal growth and development," she said, "and, in general, I'm in favor of people doing whatever supports them in having the life that they want. And my personal background is that I've participated mildly in the past, but what struck me when I did "Celebrating Men, Satisfying Women" was how much value was there. Because I thought I was already a pretty evolved and educated person, so I was surprised how much I didn't know about men."

When I asked Alexander next what she'd come to learn about men, she started repeating back to me the same teachings I'd heard on Armstrong's CDs and read in the literature about her courses and heard Cameron saying as well. Men are hunters, women are gatherers, men are single-focused and need transition time, women can handle many things at once, et cetera, et cetera.

So I interrupted her (since, after all, women don't mind being interrupted as much as men), and I said, yes, men are hunters. We like to hunt. So what makes a woman think that she can tame a man? What made Donna Alexander think that just because a man settled down with a woman, he was going to stop hunting for other women? Weren't men biologically designed to spread their seed?

"That's true," she

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conceded. "Men are hunters, and they are designed biologically to spread their seed. But you may not have experienced this yet in your life: for almost all men, there are gifts that a woman brings to his life that would make monogamy worth it. We teach women not to have the hunter leave home hungry. And we've also seen that men are naturally given to honoring their word, and when a man says 'I do' and gives his word to be faithful, he means it and he does it."

(I mentioned this interchange to a fellow male at work, and he scoffed, "Yeah, right. That's all well and good until some beautiful woman comes up to you in a bar and offers you sex with no strings attached.")

I said nothing. I waited for Alexander to continue.

"A long time ago," she said, "all that was required for survival was that men and women hook up and make babies every so often. And our culture has changed dramatically over the years, and there's a lot more that's possible between men and women than there ever was, with the choices and options we have in our roles. Who could have imagined 200 years ago that a man could stay home and raise the children while the wife went out to work? We have so much more choice now. And it's a good thing, but it also gives rise to more confusion and frustration, having all those options. And there's so much that's possible in the union between a man and a woman, and really understanding each other's needs."

And these workshops and books and CDs are designed to be supplemental to the actual experiencing and making mistakes and

doing and learning for ourselves?

"Sure," she answered, "but I would recommend that people start here as soon as possible. Because our culture doesn't teach us how to be good partners for

each other."

At last, I'd figured out a way to articulate one of my misgivings to Alexander. I told her that I'm not a mathematical equation, and I don't want to be figured out. I told her that I didn't

want a woman to become single-focused and hunt down my needs. I told her that over the years I'd come to respect women who were out for their own needs and who interacted with me and if it

worked, it worked. But I didn't want a woman who was innocuous and acquiescing. I thought that was boring.

"Yes," she agreed. "We don't turn women into Stepford wives. No one likes a milquetoast.

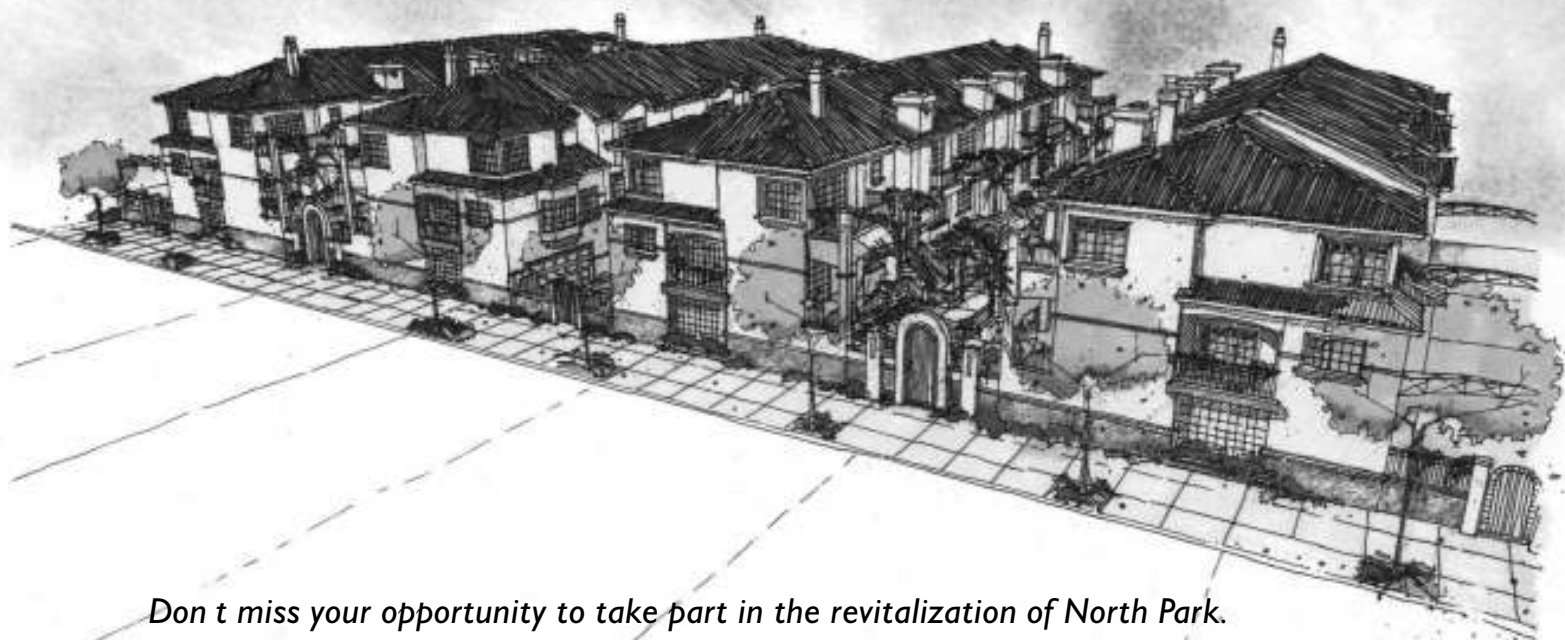
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But I don't think of women who go to workshops to learn about men as being powerful and

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successful and accomplished, I said.

"Oh," Alexander responded succinctly. "I do."

So, of course, I had to go find this out for myself. I had to get into the room for a workshop session of "Celebrating Men, Satisfying Women." But I wasn't going to dress up as a woman, and they wouldn't let me audit the full course. Instead, to cap off my own involvement in this subject matter — to blend my misgivings about the whole enterprise and my hope for human improvement in general — I'd have to sign up to be a panelist for the March 2006 workshop of "Celebrating Men, Satisfying Women."

Alexander told me that near the end of the two-day intensive, four men would be invited to sit in front of the workshop's attendees and answer questions that the



women had developed over the course of the seminar. "You should really try to get on the panel," Alexander said. "Then you will really get to see how committed the women are to understanding you and the kind of safety and intimacy and trust that is possible."

The cynical side of me was reminded of the men's seminars in the

movie *Magnolia*, with Tom Cruise's character authorizing men to "Worship the cock and tame the cunt." That sick parody had the ring of truth to it, implying: "You want to understand men? Fine. I'll show you the kind of self-help men really want." It's no mistake that those satirically misogynist seminars were called "Seduce and Destroy."

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But this seminar, um, workshop, I'd be attending was called "Celebrating Men, Satisfying Women." Again, my cynical self began whispering things to me, for example, how the word "celebrate" is often a code statement for something else. "Let's go celebrate," we say, meaning, "Let's go get drunk." Or, "It's a day of celebration," which translates as "It's a day off from work." Friedrich Nietzsche (the German philosopher) taught us that no celebration comes without suffering. His idea was that we celebrate victories, but without losers there can't be any winners.

So! A workshop of women celebrating and getting satisfied. Think of that group dynamic. That overabundance of hormones. The sisterhood mentality. Us versus them. That cackling-hen militancy. A pep rally of artificial feel-

good emotions. A room full of estrogenous, heart-sleeved, Oprah-fied, cry-fast, wily Y-chromosome-less whiners.

Or so the cynical male side of me, in spite of myself, thought. What I really felt in my heart of hearts was that I couldn't wait to get into

Anita Zick, and answer a few quick questions.

"Do you love women?" Zick asked me.

"That's my problem," I told her. "I love women, plural. My trouble is figuring out how to appreciate the love of one woman."

She laughed. "That's fine. Are you heterosexual?"

"With many seminars, you know their main objective is just to get your money. So you have to do some research."

a room full of women. I hoped they'd all be attractive. I hoped they'd all like me. I hoped I'd say profound and helpful things to them and they'd remember me and quote me.

To qualify for the panel, I had to contact the panel coordinator,

"Is a snake's ass close to the ground?" I thought, remembering a favorite old saying of my grandfather's. But all I said was, "Um. Yes."

Zick continued.

"And you're single?"

"Divorced."

And then, just like that, Zick said, "I think

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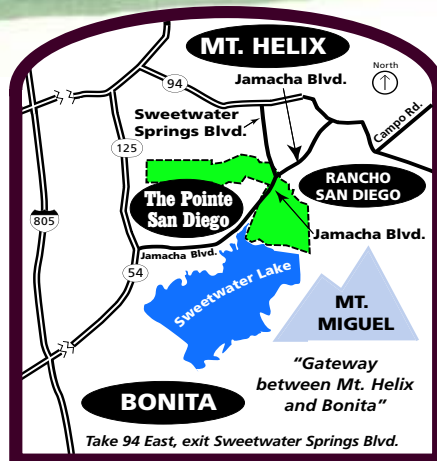
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you'd be perfect for this panel."

Good. So that was that.

Now I had a few questions for Anita Zick. I assumed that she had been through the workshop herself?

"I'm on a growth path," she said. "I'm always looking for ways to improve myself. With many seminars, you know their main objective is just to get your money. So you have to do some research. Through this workshop, I was able to completely transform my relationship with my father. I finally understood his

place in our family."

I told Zick that I'd been talking to a lot of women on the street and that most of them thought the act of going to a seminar to learn about men was pathetic, desperate, and sad.

She answered, "The bottom line is this: 'How are your relationships working for you? If your bottom line is that they're not working — if you're angry and bitter about men — then what are you going to do about it? The message we're giving is that most women need to come at it from a different angle than the one they've

been raised with. So many women are stuck in the mindset of a man's world. However we learn to gain perspective, I think it's a good thing."

So I was going to sit before 50 or so women, with 3 other men, and represent my masculine gender.

Could I live up to the stereotypes? (Won't stop and ask directions, won't talk about my feelings, doesn't like to be interrupted, thinks about sex all the time...)

No. I was determined to keep an open mind as I prepared for my workshop day on the celebratory hot seat.

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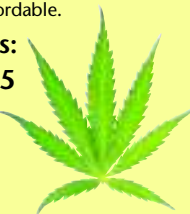
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In fact, I'd already spoken with several husbands whose wives had been through "Celebrating Men, Satisfying Women," and I'd heard nothing but positive reviews. "She doesn't interrupt me anymore." And, "She knows where I'm coming from now." And, "She finally understands that I'm not ignoring her, that I'm just concentrating on doing something else."

The day arrived, and I made my way to "Celebrating Men, Satisfying Women." I was introduced to three other genial, half-nervous men. Only one of us had been

through this experience before, and the rest of us didn't know what to expect. But we were assured multiple times that it would be a validating moment for us. These women would be hanging on our every word; they'd laugh; there'd be tears; they'd be taking notes. And all we'd have to do was get vulnerable, open up, and put our honest opinions out there.

The vehicles designed to help us expose our feelings were dozens of questions written by the women themselves. We were told to choose a few questions

each from the pile, and then all four of us men would discuss the questions we chose.

We were led into the

name tags on and notebooks in their laps, were 50-odd women, aged 25-ish to 60-ish, who'd been immersed in the gender

The masculine world we live in — full of wars, power struggles, and money hunger — needs more femininity.

room to a warm round of applause. "The moment you've all been waiting for!" the workshop leader said. At the edges of their seats, with

lessons of Alison Armstrong since early the day before. We introduced ourselves briefly and got down to business.

How important is a

woman's physical appearance for you? (Very.)

What could a woman do to make you feel powerful? (Validate us with good words.)

What do you think about a woman who sets a clear boundary with you? (Men appreciate resolution and decisiveness, in both men and women.)

If you're single, what do you think about a woman asking you out? (We all wish they would!)

What qualities do you admire about your mother? (Fiery, spunky, strong-willed, caring.)

What keeps you attracted to a woman? (People — not just women — should always keep growing and trying new things and maintaining their senses of wonder.)

What do you think about women paying for dates? (We all wish they would!)

How does a woman's smile affect you? (It's all about eye contact and smiles. If a woman looks at a man and smiles, she'll flat out make his day.)

What would you tell your son about women? (Women are amazing, mystical creatures. No.



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| DUI Jury Trial .13% BAC: Not guilty all charges | DUI .09% BAC under age 21—Zero tolerance: No licensing suspension |
| DUI Jury Trial .38% BAC: Hung jury | DUI .05% BAC under age 21—Zero tolerance: No licensing suspension |
| DUI Jury Trial .24% BAC: Hung jury | DUI .29% BAC: No licensing suspension |
| DUI Jury Trial .20% BAC: Hung jury | DUI .27% BAC: No licensing suspension |
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| DUI .21% BAC: Entire case dismissed | DUI .22% BAC: No licensing suspension |

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Seriously. They're just regular folks like you and me. No, but really, they're amazing and mystical and powerful. Oh, never mind. Good luck, son. I don't know a damn thing about women.)

The four of us sat in front of the 50 of them and we laid it out there, laughing, remembering, imagining, and opening up for all we were worth. I must say that it was very gratifying to think out loud and be listened to that way.

At the end of our hour in the hot seats, we were told to do two more things for the women in the room. They wanted us to tell them what we love about women, and they wanted us to pretend that we each had a megaphone and imagine that we could say any one thing that every woman on the planet would be able to hear.

I volunteered to go first. I said that my megaphone statement and the answer to what I love about women would conflict a little bit. Because I hated the idea of reducing women to their gender. Just because our genitalia are different, or because men are usually physically bigger and stronger, or because women can have babies, or because we're socialized a certain way from the time that we're born, it doesn't mean that we're necessarily fundamentally different. I said that I like feminine traits in general — softness, gentility, intuition, spontaneity, artfulness — and I admired women, in general, because they usually found those feminine traits easier to come by. The masculine world we live in — full of wars, power struggles, and money hunger — needs more femininity, in general.

So I gave my contradictory message and told the women to stop perpetuating gender stereo-

types but also to maintain their femininity. I told them that I love them for their femaleness, but that I also loved it when they could demonstrate male traits as well: being aggressive, logical, and efficient. I told the women that their bodies — the vessels by which new human life is carried into the world — are the most beautiful physical material on the planet, and as such their bodies should be cared for and nurtured. But then I had to qualify that statement: looking good means caring about how you look, not looking like Pamela Anderson. And I told these women to be themselves, to interrupt men when they needed to, and to talk about their feelings and so on. Opinions and deep thoughts aren't just for men.

And then the other men spoke, and the women applauded, and a few of the women even stood up to thank us. "You've helped us so much today," one of them said. "Thank you for coming here." And the last words that rang in our ears, before we were ushered out of the room to a standing ovation, and even though we had been there only for an hour and the women had done all the hard work, were these: "You're heroes." True or not, they were good words to hear. ■

— Geoff Bouvier

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SNAP OUT OF IT, DUDE!



“MY MOM
WOULD TELL
ME I WAS
DUMB. THEN I
STARTED HAV-
ING PROBLEMS
AT SCHOOL. I
HAD THIS
FEELING THAT
I WAS THE
CUTE, STUPID
ONE IN MY
GROUP OF
FRIENDS.”

A few months ago, 16-year-old Amanda slammed the door on her mother. They were having a fight, about what, Amanda cannot recall. She does remember sitting down on her bed and reaching for a letter opener. With tears running down her cheeks, Amanda put the blade against her left arm and made a small horizontal cut.

“It made me feel better,” Amanda says. “Not happier...happier isn’t the word. I don’t know. I guess I felt satisfied.”

Although “cutting” is the most common form of self-injury, people inflict burns and strangulation upon themselves as well. According to San Diego psychologist Dr. Tracy Alderman (author of *The Scarred Soul: Understanding & Ending Self-Inflicted Violence*), the number of teens who practice self-injury has been increasing during the past ten years.

“Today, there’s so much stress in the world,” says Alderman. “The world is at war, the economy is so bad, and the role of the family is so different.”

Celebrities such as Princess Diana, Johnny Depp, and Marilyn Manson have discussed their self-injurious behavior in interviews and magazine articles. Films such as *Thirteen*, *Manic*, and *Girl, Interrupted* had characters that injured themselves. A&E’s *Intervention* and MTV’s *Real World* have aired episodes covering the topic. Last June, a survey published in *Pediatrics* magazine indicated that one in five students at two Ivy League schools said they purposefully injured themselves by cutting, burning, or another method.

Alderman became aware of the issue 15 years ago, when a young patient of hers said that she was cutting herself. When Alderman discovered what little research had been done on

self-injury, she wrote her book. In doing so, she learned that self-injury takes place among all ethnicities, socioeconomic statuses, genders, and cultures; however, the phenomenon isn’t known to exist in third-world countries.

Marc Trocchio, a counselor at Torrey Pines High School, says, “I’ve seen a greater incidence of [cutting] within the last five years.” During the past two years, Trocchio says he’s received over two dozen reports of self-injury among students, about a dozen of which were confirmed. “I’m not a psychologist,” he says, “but it seems to me that all the cutting is related to personal self-esteem

issues.”

Rosa, a 19-year-old college student and former cutter, says she began hurting herself in middle school.

“All of a sudden, there was a lot of fighting going on in the house,” says Rosa. “My mom would tell me I was dumb. Then I started having problems at school. I had this feeling that I was the cute, stupid one in my group of friends. I took everything really personally. If I had a fight with my mom, I’d go to my room and I’d be crying and it’d be time to go to sleep and I still wouldn’t be over it.”

Like Amanda, Rosa says it was after

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these fights that she would reach for a safety pin, an earring, or a metal nail file with which she'd cut her arm.

"If you can't deal with it internally, there's something about having that kind of scar," she says. "If you have a scar, it's a battle wound."

Alderman says, "Most self-injurers have an inability to know what they're feeling. They feel like there's a lot of pressure. They feel like they're a teapot, about to boil over. They don't understand how to express that in a way that makes any sense."

Rosa says, "I felt really angry at myself, mostly. Eventually, reality would hit me. I'd think, 'It happened, I'm okay now.' Afterward, there was embarrassment." At school, Rosa began to wear bracelets, wristbands, and long-sleeved shirts to cover her cuts. When she moved on to cutting her legs, she started wearing only pants. She continued cutting during her early years of high

school.

School counselor Trocchio likens Rosa's behavior to "the kid who gets high or gets drunk to deal with personal problems."

damage to the external part of your body as opposed to the internal part of your body. It's not necessarily the worst thing you can do, but it's not the best. If it gets

with somebody who has hurt himself, and suddenly he'll be in the hospital as a suicide risk. But somebody who has had too much to drink? He's just put back in his house to sleep it off. It's also really mistreated and mishandled by therapists, friends, family members — there are so many myths and misconceptions."

Some of these myths, Alderman says, are that people who self-injure are crazy, pose a danger to someone else, and that self-injury can't be treated.

When her mother discovered she had been cutting herself, Amanda says her mother "...started screaming, 'How could you do this to me?' It wasn't, like, 'How can you be doing this to yourself?'"

Such a reaction is not uncommon. Trocchio says many parents react with denial when they learn about their child's self-injurious

behavior.

"My parents still think I'm cutting myself to get attention," Amanda says.

The attention paid to self-injurers has created a new trend, leading many teens to start cutting for the same reason teens do many

things: because it's cool.

"It's like listening to rap music," Amanda says. "There are people who listen to rap music because they genuinely like it, and then there are people who just listen to it because it's the trendy thing to do."

"I'VE SEEN A FEW ACCIDENTAL SUICIDES — OR A FEW ACCIDENTAL DEATHS — BECAUSE PEOPLE PROGRESSED TOO FAR WITH SELF-INJURY. AND THEN I'VE SEEN PEOPLE WHERE SELF-INJURY WASN'T ENOUGH, AND THEY'VE LATER ENDED UP KILLING THEMSELVES."

Alderman agrees. "It's not always a dangerous thing; it's not always a crisis. In my mind, it's not always worse than having a drink or smoking a joint. You're doing

somebody through a difficult time — rather than killing themselves — it's a good thing, in that sense.... I sometimes work with a police team. We'll pull up

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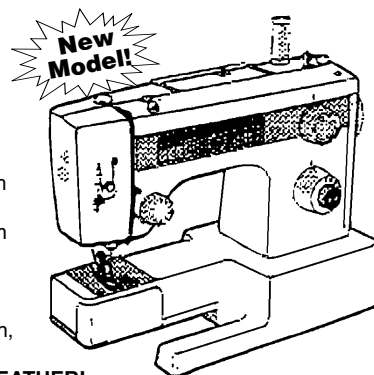
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Rosa agrees. "There's something appealing about being tortured, being an outsider. There's this attitude that if you're depressed, you've been through something real."

Alderman says, "Kids who don't want to talk about it are often the true self-

injurers. Those that do want to talk about it generally will do it once or twice and be done with it.... If somebody's hurting themselves — whether they're doing it for attention or not — they're trying to get some type of reaction. They need to get some kind of attention. Do

they want more time with an adult? Do they want more attention from their parents? What is it that they want?"

These sentiments strike a chord with Paul, a 19-year-old SDSU student who cut himself throughout most of his adolescence.

"You're not trying to do it to get caught," he says. "Still, I just wanted somebody to care. Was I calling out for attention? Yeah, I was. But nobody wanted to give that attention." Like Rosa, Paul began cutting himself in middle school. Living alone with a single parent, he says

he often felt lonely and depressed.

Alderman says people often confuse self-injury with suicide.

"People sometimes go overboard with self-injury," says Alderman, "and I've seen a few accidental suicides — or a few acciden-

tal deaths — because people progressed too far with self-injury. And then I've seen people where self-injury wasn't enough, and they've later ended up killing themselves. But it's a different act. They don't start out thinking, 'I'll self-injure,' and in the same ten-minute period think 'Oh, I'll kill myself.'"

Paul says, "It was never about suicide." At his most severe stage of self-injury, he was dropping a kitchen knife from various heights onto his wrist. "It was like a test: let's see how far the blade can go." One night, the blade cut deeper than usual, striking bone. "I was, like, 'Snap out of it, dude!' I was thinking, 'Shit, am I gonna die?' I'd been thinking about death, but I didn't want to die." Paul says he hasn't cut himself since that night.

Rosa says, "Eventually, I just stopped. I don't remember why. I think things just got better."

Alderman says most self-injurers begin cutting in early adolescence and stop by their mid 30s. "It ends by itself," she says. "People don't need it anymore." She says most self-injurers have some degree of anxiety or depression, though it may not go to the point where it can be diagnosed. In cases where self-injurers have clinical anxiety or depression, Alderman says prescription medications may help. Amanda, Rosa, and Paul believe they have clinical depression, though none of them has taken or is currently taking antidepressants.

What can parents do if they discover their child is cutting?

"You can tell someone that you'd like them to stop," Alderman says. "But you can't make them stop.... Basically, let them know that they aren't alone, that they aren't crazy, and what they're doing is really something that they're doing to help themselves, but there's other help out there if they want it."

Currently, there is only one program in the United States devoted to treating self-injury. The SAFE program is located just outside of Chicago, and can be reached at 1-800-DONT-CUT. ■

— Matt Franks, Torrey Pines H.S. graduate

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- 20 WHEN DO I NEED AN ATTORNEY?
- 21 WHAT IF I'M WRONGLY ACCUSED?
- 22 SHOULD I ANSWER QUESTIONS?
- 23 MUST I SUBMIT TO A SEARCH?
- 24 COULD I RESIST AN ARREST?
- 25 WHAT IF I FAIL TO APPEAR?
- 26 CAN MY RECORDS BE CLEARED?
- 27 ALCOHOL, DRUGS, HIGH CRIMES

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- 31 WHAT IS CHAPTER 7 BANKRUPTCY?
- 32 WHAT IS CHAPTER 13 BANKRUPTCY?
- 33 WRONGFUL CREDITOR FEES & ACTIONS
- 34 COLLECTION AGENCY HARASSMENT
- 35 VEHICLE REPOSSESSION
- 36 FORECLOSURE ON YOUR RESIDENCE
- 37 INACCURATE CREDIT REPORTING

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- 10 ADMINISTRATIVE HEARINGS
- 11 EMPLOYEE HANDBOOKS/POLICIES
- 12 EMPLOYMENT AGREEMENTS
- 13 HOSTILE WORK ENVIRONMENT
- 14 NON-COMPETITION AGREEMENTS
- 15 SEVERANCE AGREEMENTS
- 16 WAGE AND HOUR

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- 60 DIVORCE - AN OVERVIEW
- 61 WHAT WILL IT COST?
- 62 CHILD SUPPORT - HOW MUCH?
- 63 CHOOSING A PARALEGAL
- 64 MILITARY FAMILY ISSUES
- 65 PREPARING FOR DIVORCE
- 66 MEDIATION AND THERAPY
- 67 WILLS AND TRUSTS

■ EXTENSION 1003 ■

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- 40 INSURANCE BAD FAITH
- 41 DUTIES OF INSURANCE CO.
- 42 FIRST PARTY CLAIMS/HEALTH/UM/UIM/AUTO/PROPERTY
- 43 TIME LIMITS
- 44 DISPUTES WITH INSURANCE CO.
- 45 DEPT. OF INSURANCE HELP LINE
- 46 DO I NEED AN ATTORNEY?

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- 20 WAYS TO BE LEGAL
- 21 SPOUSES & CHILDREN
- 22 BUSINESS VISAS
- 23 EMPLOYMENT VISAS
- 24 INTERNATIONAL STUDENTS
- 25 CHANGING & EXTENDING VISAS
- 26 VISA DENIALS & DEPORTATION

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- 50 YOUR WORK-RELATED INJURY
- 51 WORKERS' COMP BENEFITS
- 54 THIRD-PARTY ACCIDENTS
- 55 UNSAFE WORKING CONDITIONS
- 56 WRONGFUL DISCHARGE
- 57 HARBOR & LONGSHOREMAN'S ACT

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- 12 IS MY CAR A LEMON?
- 13 VICTIM OF AUTO FRAUD?
- 14 MORTGAGE & REAL ESTATE FRAUD
- 15 WHAT ABOUT "SMALL" RIPOFFS?
- 16 NEW KINDS OF FRAUD? TELL US!

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- 70 SEXUAL HARASSMENT
- 71 DISCRIMINATION
- 72 WRONGFUL TERMINATION
- 73 EXECUTIVE TERMINATION
- 74 WHISTLEBLOWER-RETALIATION
- 75 FRAUD AGAINST THE U.S. GOVERNMENT (FALSE CLAIMS ACT)
- 76 LEGAL FEES

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We believe we can help.

Well-known pharmaceutical companies are conducting important research studies for a limited number of qualified participants.



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Many treatments for schizophrenia focus on the voices and fears, but what about how hard it is to do simple tasks? We are studying an investigational medication that focuses on the lack of motivation and energy associated with schizophrenia.

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Every study conducted by California Clinical Trials is staffed by a team of skilled and experienced physicians and medical professionals trained to place your comfort and well-being first.

If you participate, there is no cost to you...instead:

- You receive up to \$1105 for your time and travel.
- You receive no-cost research study-related medication and medical care.
- No reports are made to employers, schools, or insurance companies.



I fall asleep, but once I wake up, I am up!

A new study of an investigational medication for insomnia may help put you to sleep.

- Restless sleep disturbs the normal rhythms of the body.
- When sleep difficulties become a regular problem it can affect your health.
- If you wake up in the middle of the night and can't go back to sleep, you are not getting a full night of sleep.

If you have chronic problems returning to sleep after waking up in the middle of the night, you may qualify for a research study in our state-of-the-art sleep clinic and receive an investigational medication for poor sleep.

Every study conducted by California Clinical Trials is staffed by a team of skilled and experienced physicians and medical professionals trained to place your comfort and well-being first.

Qualified participants:

- Will receive up to \$2150 for time and travel.
- Receive study-related medication and study-related medical care at no cost to you.
- No reports are made to your employers, schools, or insurance companies.



Depression

**steals more than your mood;
it robs you of life's pleasures.**

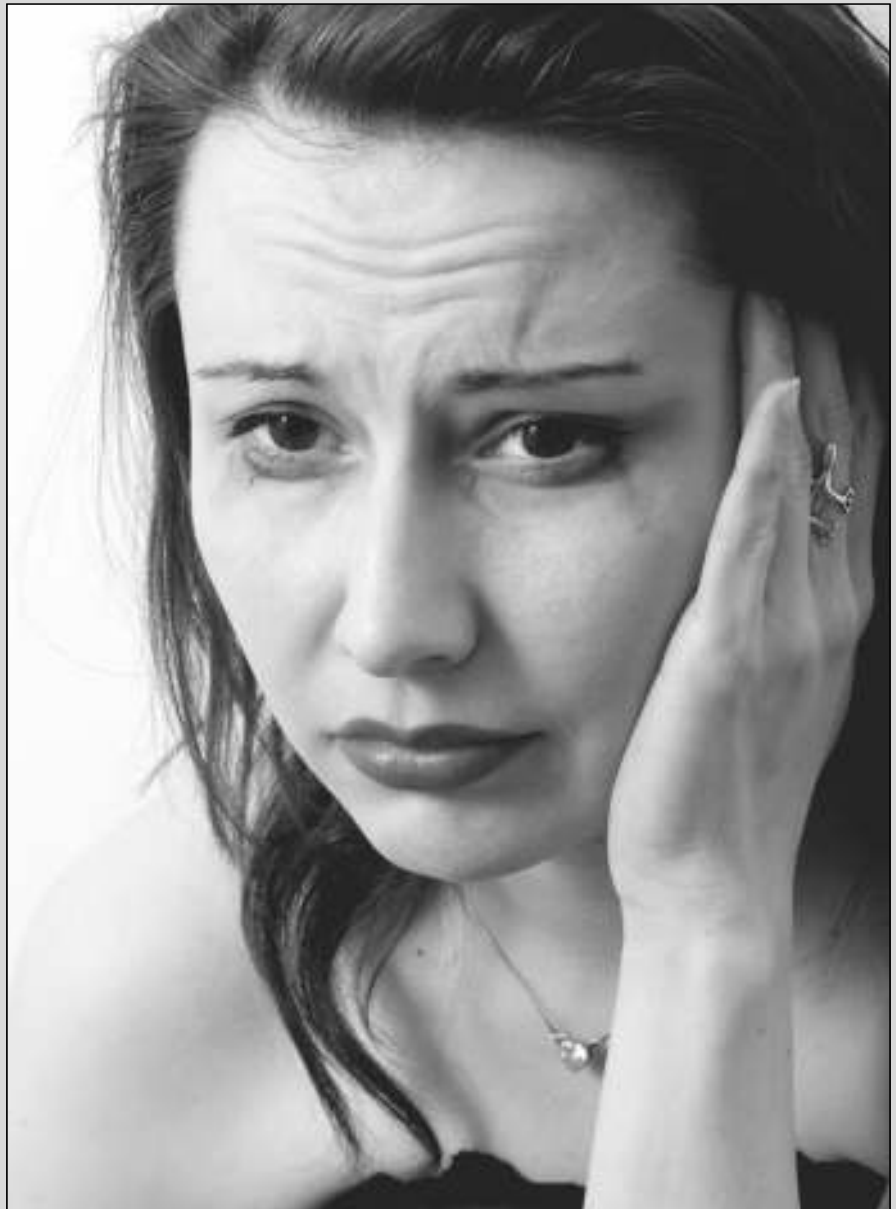
Are you over 18 years old and finding life hard to tolerate? Has your energy and motivation to enjoy your life decreased? Do you find even simple pleasures empty?

California Clinical Trials has been assisting the pharmaceutical industry with finding new medications for depression over the past 20 years.

Every study conducted by California Clinical Trials is staffed by a team of skilled and experienced physicians and medical professionals trained to place your comfort and well-being first.

If you participate, there is no cost to you...instead:

- You will receive up to \$700 for your participation.
- You receive no-cost study-related medication and medical care.
- No reports are made to employers, schools, or insurance companies.



Anxiety

doesn't just stress your mind.

We know it can...

- Decrease your immune response • Decrease your physical and mental functioning
- Increase fats in the bloodstream • Be mistaken for medical conditions
- Interfere with sleep

If you are between the ages of 18 and 64, you may qualify to take part in a research study of an investigational medication for Generalized Anxiety Disorder.

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Qualified participants:

- Will receive up to \$450 for time and travel.
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- No reports are made to employers, schools, or insurance companies.

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L O N G - A G O S A N D I E G O

JOHN J. MONTGOMERY'S SOARING FLIGHTS, (part 2)

MARCH 16, 1905. "Now don't get carried away up there," John Montgomery shouted to his pilot, Daniel Maloney. "Just fly the craft."

No one had done this before Maloney. A touring parachutist, he would board a tandem-wing glider. A hot-air, smoke balloon would tow the glider 3000 feet aloft. Then Maloney would cut the glider loose and descend in wide circles down to Manresa, near Aptos, California. Maloney, whose professional name was "Professor Lascalles," had performed the feat several times in practice and wanted to try more difficult maneuvers. But this was their first private showing and included local reporters. So Montgomery, who had designed and tested "aeroplanes" for over 20 years, cautioned: "Don't get carried away by enthusiasm." Just make a careful, balanced flight, and land safely.

Twenty men held ropes as the balloon fired up. Maloney, who parted his black hair down the middle and pinned eight medals the size of silver dollars to his chest, made a sweeping, circus-act flourish. Then he climbed into the contraption of fortified canvas stretched across a spruce

frame.

The men let go. The balloon rose. The rope tipped the glider's nose upward, then hauled it aloft like the tail of a kite. At 1100 feet, a strong north wind bullied through heavy ocean air. Too strong. Maloney cut the glider free. For three minutes he circled back and forth, floating on rough currents.

Observers who'd never seen flight before couldn't tell if Maloney was succeeding or in grave danger. Then he descended, landing gently in a field.

MARCH 20, 1905. Before a slightly larger crowd at Manresa, Maloney dropped from 3000 feet and soared a total of three or four miles in different directions. Sitting on a leather saddle, he maneuvered the craft with stirrups and steel shafts, tacking with or against the prevailing breeze. "I simply poised in the air and flew around," he told reporters, "darting back and forth, up and down, as easily as an eagle could have done it." After an 18-minute flight, he made another perfect landing.

Astonished onlookers congratulated Maloney. "I never felt anything like it before," he said. "You simply soar through the air as if on the back of a bird!"

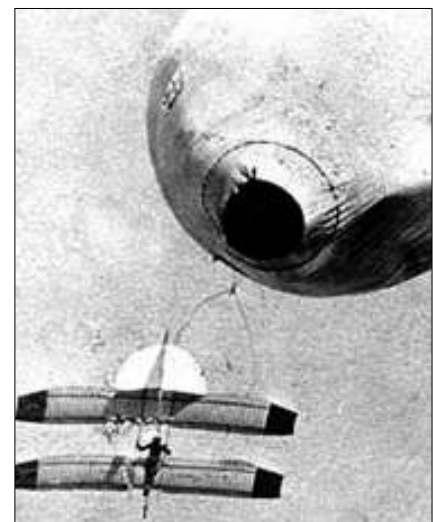
An unassuming man in a tall derby and dark brown, rumpled suit shook Maloney's hand. "When I went out to meet the aeronaut," John J. Montgomery

later wrote: "I felt I could do anything with that machine; I felt I had accomplished the first step toward successful aerial navigation."

Though expert in mechanics, astronomy, and electricity, with a PhD in physics from Santa Clara College in 1901, Montgomery's lifelong passion was to learn "the science of the bird." It began in 1863 when, as a five-year-old, he saw fleecy clouds perched on a mountaintop. Assuming they were "resting," as if between flights, he thought he could grab one and float away.

Between 1883 and 1885, Montgomery experimented with gliders at Wheeler Hill on Otay Mesa. Three models with flapping wings failed to get airborne. So on Saturday, August 28, 1883 — 20 years before the Wright brothers flew at Kitty Hawk — he tried one with cambered "gull wings." The first attempt, his brother James attests, caught a gust of wind and soared 600 feet to the base of the hill. By moving his body like today's hang gliders, Montgomery said he could influence the machine's direction. Though others dispute the distance, biographer Arthur Spearman hails the attempt as "the first controlled airborne flight of man in heavier-than-air craft."

Montgomery was more thrilled by the "self-buoyant" feel of flight than by the distance. But he didn't like the glider's lack of lateral control and scrapped the design. For the next 20 years, he told an interviewer in 1905, he made model after model and launched [them], "only to meet disappointment." He filled hundreds of notebooks, "endless problems worked



Santa Clara with Daniel J. Maloney aboard

out to the feather-edge of an infinitesimal fraction — weary days and long, still, nights of patient labor to be done — the dry, dreary road of detail to be traveled."

Along the way, he acquired an unfair reputation. "In those days," wrote college classmate Fred Morrison, "anyone who mentioned 'man being able to fly' was considered a little bit off. When John was in the vicinity, there was a general tapping of heads. Nevertheless, he proved we were all mistaken. He was a genius before his time. And his invention finally caused his death."

APRIL 29, 1905. To celebrate President's Day, Montgomery scheduled a flight at Santa Clara College, where he was a professor of physics. The three attempts at Manresa were trials. This would be the glider's world premiere.

He invited teachers, students, 25

QUOTATIONS:

1. John J. Montgomery: "I was obliged to associate with men who proved to be either fools or knaves, and the prospect of great gains seemed to develop their true nature."
2. Elsbeth Freudenthal: "[Montgomery's] comparative obscurity can be attributed to the fact that his first success in April [1905] was followed a few months later by a fatal accident."

3. Harry P. Bagley: "An Austrian commission that traveled the world in search of the first man to fly gave that honor not to the Wright boys, not to Langley, but to Professor John J. Montgomery, who learned to fly by the seat of his pants in the dark of night in the heart of a wilderness."

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Do you get nervous in social situations?



- ☐ My fear of embarrassment causes me to avoid doing things or speaking to people.
- ☐ I avoid activities in which I am the center of attention.
- ☐ Being embarrassed and looking stupid are among my worst fears.

If you answered YES to any of the above, you may be eligible to participate in an experimental research study using an investigational drug compared to placebo to treat social anxiety disorder at UCSD. Your participation will include a physical exam and may include the use of brain imaging techniques. To receive more information, call: 1-877-UCSD-SHY (1-877-827-3749) or e-mail: veryshy@ucsd.edu

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Chula Vista, CA 91911

Insomnia Sleepless Nights Exhausted Days

A clinical research study for insomnia is now underway. Doctors are enrolling patients in a study of an investigational drug for insomnia.



To qualify for participation in this study, you must:

- Be 18-64 years of age
- Have had trouble falling and staying asleep for more than 3 months

Study participation includes, at no charge:

- Study visits with a medical professional
- Investigational study drug
- Study procedures and tests

Qualified participants could receive compensation for incidental costs and travel.

For more information, call (toll-free):

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BIPOLAR DISORDER DEPRESSION SCHIZOPHRENIA



Researchers at Sharp Mesa Vista Hospital are currently enrolling subjects into inpatient and outpatient studies. Eligible participants will receive all study-related care at no cost, and will be reimbursed for time and travel.

For more information, please call the **Clinical Research Center at (858) 694-8350.**

Clinical
Research Center
SHARP Mesa Vista
Hospital

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Are You Still Experiencing Pain Even Though Your Shingles Have Healed?

Pacific Sleep Medicine Services is conducting a research study of an investigational medication for the treatment of pain following shingles (post herpetic neuralgia).

Qualified participants receive:

- Study medication and examinations
- Reimbursement for time and travel.

For more information, please contact:

877-927-5337

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reporters, and his family. Colleagues were calling it “the greatest invention of the age,” he wrote his mother, “and are going to make the first exhibition a grand affair. You must be here. It will be the event of your life, and an opportunity afforded very few mothers.”

She came with her brother, and two of his sisters, joining at least 1000 others at a vineyard south of the college. Many wanted to see if the tandem-winged “bundle of flimsy sticks, fabric, and wires” would crash. They stood in a wide circle around the balloon, which was attached to a telephone pole. Forty feet away students had dug a fire pit and run a pipe to inflate the balloon. As a precaution against flying sparks, the ever-cautious Montgomery placed water buckets along the pipeline.

At 11:00 a.m., the balloon bulged from a tentlike pyramid into a 40-foot-tall, 27-foot-wide “pear shape.” Two dozen students held it down with tether ropes. Others attached the glider. To honor the school’s colors, Montgomery had the craft painted white, the wingtips red. He stenciled “Santa Clara” on the underside. Then Maloney appeared wearing red-and-white circus tights (and the eight medals on his chest). He gave his handlebar moustache a theatrical tweak and climbed into the 45-pound glider.

Rev. Richard A. Glee-

son, S.J., blessed the event. He replaced Archbishop George Montgomery, who declined to speak because he feared future planes would be used for “frightful war-bombing.” Gleeson prayed this would never happen.

Montgomery eased the balloon over the glider with a winch. Out of nowhere, a blast of wind tore the restraining ropes free. The balloon shot upward. Spearman: “The sudden jerk did no harm except that a small anchor and rope fell from a great height through a

a thunderbolt.” The crowd gasped.

“No...no...” Montgomery shouted. “He’s steering downward.”

Maloney broke the fall and leveled off. He tacked into the wind, then rose with a sweeping arc. To give further proof of his skill, he threw in some flashy figure-eights.

“Gradually we groping mortals began to realize that the aeronaut was truly flying with the utmost of ease,” Nunan wrote. “In exchange for that dazzling privilege

**A SIGNAL CAME THAT MALONEY
WAS SAFE. A SECOND SIGNAL: HE HIT
THE MARK — AND LANDED, LITER-
ALLY, ON HIS FEET. A ROAR BULGED
THROUGH THE CROWD.**

neighbor’s roof.”

Maloney waved to the crowd as he rose above Mission Santa Clara. The balloon and glider grew so small they resembled a basketball towing a butterfly.

Maloney taped a hunting knife to the vertical strut. At 4000 feet he cut the tow-rope. Without its ballast, the balloon spun away. The glider dropped, free-falling like a leaf. Then Maloney steered it in wider and wider circles. Suddenly, as fast as the wind whipped up at take-off, the glider made a steep plunge, writes Thomas Nunan, “like

any of us might have gladly forfeited a portion of our allotted period of mundane existence, but for the uncontrolled fear of forfeiting all.”

The 24-year-old Maloney soared and swerved for almost 15 minutes. He made his task seem so easy, onlookers didn’t realize that, at 1000 feet, an updraft almost capsize the craft. He fought wind “from all directions at once” and finally broke away.

Then came the ultimate test. For a landing site, Montgomery chose a wheat field, half a mile southeast of the college and far from the elec-

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Debit

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Diabetic Peripheral Neuropathy can affect the nerves in the arms, hands, feet, and legs.

Symptoms of Peripheral Neuropathy include:

- Numbness or insensitivity to pain or temperature
- A tingling, burning or prickling sensation
- Sharp pains
- Extreme sensitivity to touch
- Loss of balance and coordination

Pacific Sleep Medicine is conducting a research study to evaluate the effectiveness of an investigational medication for the treatment of painful peripheral neuropathy.

All study-related exams, tests, labs, and an investigational formulation of a currently marketed medication will be provided at no cost. Subjects will be paid for their travel expenses.

If you have Type 1 or Type 2 Diabetes and have pain in your arms, hands, feet, or legs, ask your doctor about joining this study.

For more information on these and other clinical studies, call (toll-free):

877-927-5337

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For Men and Women Who Suffer From...

Genital Herpes

A 1-year clinical research study is underway to evaluate an investigational medication for genital herpes. Approximately 22% of adults in the United States are positive for genital herpes. Genital herpes is one of the most common sexually transmitted diseases in the world. If you are a male or female suffering at least 4 episodes a year, over the age of 18 and in good health, you may be eligible.

To qualify you must:

- Have had 4 or more episodes of genital herpes in the past year (or 4 or more in the year before you started suppressive therapy in the past)
- Be a healthy adult 18 years or older

Qualified participants will receive:

- Examination and consultation with a board-certified physician
- All study-related medications, labs and cultures
- Compensation for your time and travel

The Medical Center for Clinical Research

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We are recruiting smokers with diabetes for a clinical trial of an investigational inhaled insulin. If you were diagnosed with diabetes, taking insulin and have been smoking for at least 5 years, you may be eligible to participate. Transportation and compensation of up to \$500 for your time are provided.

To find out more, call toll-free:

1-866-308-7427

San Diego area



Insomnia

Sleepless Nights Exhausted Days

A clinical research study for insomnia is now underway. Doctors are enrolling patients in a study of an investigational drug for insomnia.

To qualify for participation in this study, you must:

- Be 18-64 years of age
- Have had trouble falling and staying asleep for more than 3 months

Study participation includes, at no charge:

- Study visits with a medical professional
- Investigational study drug
- Study procedures and tests

Qualified participants could receive compensation for incidental costs and travel.

For more information, call (toll-free):

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Does your Allergic Asthma medication provide the relief you need? For many Allergic Asthma sufferers, the answer is no.

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All study-related care is provided at no charge, including physical exams, lab services and study medication. Compensation for time and travel may be available.

To learn more, call The Research Center at Allergy Associates Medical Group. Don't wait. Participate.



Call (619) 229-2355

The Research Center

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Web site: www.allergyassociates.net

Dr. Bruce M. Prenner, Board-Certified Allergist & Staff

tric wires above the town. Could the glider hit the target?

Spectators watched the craft feather out of the sky, but couldn't see the touchdown. As they ran toward the field, a signal came that Maloney was safe. A second signal: he hit the mark — and landed, literally, on his feet. A roar bulged through the crowd.

When the first to arrive asked what it was like, Maloney replied "a little cold up there," then added, "I never for a single moment felt dizzy. I sat astride the pelican-like wings, and...could guide the machine any way."

Octave Chanute, experimentalist and historian of early flight, called it "the most daring feat ever attempted." Alexander Graham Bell, who devoted much of his life to aeronautics, proclaimed: "All subsequent attempts in aviation must begin with the Montgomery machine."

The May 7 *San Diego Union* had to remind its readers that Montgomery was "an old San Diegan" who, 20 years before, flew gliders in "the head of the bay region" — and who, the Sunday feature neglected to mention, was ridiculed for his attempts. Forty-five years later, San Diego named Montgomery Field, and later a high school, to commemorate his pioneering achievements.

MAY 21, 1905. To prove that the April 29 exhibition wasn't a fluke or "newspaper

stunt" — and raise much-needed funds for future tries — Montgomery scheduled a demonstration at the San Jose Agricultural Park. A poster for the event, entitled "Winged Man Sweeps Skyward," proclaimed it the area's "only chance to witness this marvelous wonder." Admission: 25 cents for adults, 10 for children.

In the public's mind, Montgomery was a rising star. But in his letters, he often complained of "fraud, graft, and treachery." In 1904, Captain Thomas Baldwin

Hamilton and his wife, who ran the ticket booth, ended up taking all the gate receipts.

Montgomery had identical, tandem wing gliders ready: the *Santa Clara* and the *California*. As the balloon inflated, and Maloney boarded the *Santa Clara*, someone unlocked a rear gate at the park; 1000 free-loaders stormed in.

Whether the new throng made them nervous, or they were merely excited, the men holding the winch cables let go too soon. The *Santa Clara* "jerked loose from the bal-

FOR 30 MILES, HE CLUNG
TO THE TOW ROPE, TERRIFIED
THE CALIFORNIA MIGHT BREAK
APART, AND THANKFUL HE
COULDN'T CUT IT LOOSE. HE
CRASH-LANDED NEAR GILROY.

plagiarized Montgomery's ideas about dirigible balloon propellers. Montgomery threatened to sue. "I regret he has gotten into a wrangle with Baldwin," Chanute wrote the Wright brothers, "and I fancy in this and in the development of his aeroplane he is like the young bear who had all his troubles still to come."

On the day of the flight, Frank Hamilton, owner of the towing balloon, demanded \$500 more than the amount specified in his contract.

loon before an elevation of 150 feet," wrote the *San Francisco Examiner*. "At this trivial height the soaring qualities of the aeroplane were practically nullified."

Although Maloney negotiated the craft over trees and buildings and made a successful landing, the crowd booed and yelled "Fake!" Hamilton's team inflated a second balloon. Maloney changed planes.

Men holding the tether ropes again let go too soon. The *California* lurched

RESEARCH STUDIES

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Do you experience heavy menstrual bleeding on 2-5 days of your regular menstrual period?

Does heavy menstrual bleeding keep you from your normal social and work activities?

If you answered "Yes" to these questions, you may qualify for a research study of an investigational drug for heavy menstrual bleeding. This investigational drug is not a hormone.

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Qualified participants will also receive up to \$1,350 for completion of the study.

For more information, please contact:

Pacific Sleep Medicine Services



1-877-92-SLEEP

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Call (858) 566-8222 for more information.

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upward, but two cables that should have dropped free clung to the wings. "Don't cut loose!" Montgomery shouted, stressing their first rule of safety: "Ride the balloon down!"

Maloney didn't hear him. After about three miles, he struggled to free the glider. But a new trigger-release had jammed. The balloon floated out of sight to the south.

As the wind whistled through the support wires, and trees passed beneath him like wide green clumps, Maloney felt the control mechanism wobble. Suddenly the fuselage trembled as if about to come apart. Then he realized: *someone had loosened the stove bolt nuts and twisted the rods.* Maloney tried to tighten the bolts. Too many were loose. For 30 miles, he clung to the tow rope, terrified the *California* might break apart, and thankful he couldn't cut it loose. He crash-landed near Gilroy.

The huge crowd cat-called and screamed "Fake." They demanded their money back and called Montgomery

a charlatan with a bigger scam than snake oil.

JULY 18, 1905. The *California* had been unguarded when the freeloaders broke through the rear gate. Someone "pretending to be a Montgomery mechanic" must have committed the sabotage during the confusion. But who? Why? Montgomery never found out. But from then on, he guarded

"America's first test pilot," had been a cadet in his youth. Cries of fraud had hurt him deeply. He vowed to give his comrades "the most sensational flight they ever heard of."

On a clear, sun-bright morning, uniformed cadets stood in rows at attention. When the line from the balloon to the plane stiffened, Maloney shouted "Let her

MALONEY FISHTAILED DOWN

ON AN ANGLE. IF HE COULD GLIDE

WITH JUST THE FRONT WINGS, HE

MIGHT STILL PULL OUT.

his machines as tenaciously as his theories.

Though "disappointed and humiliated" — and wary — Montgomery planned another flight at Santa Clara. The League of Cross Cadets, a military organization that promoted "temperance among young men," had their annual encampment at the college. Maloney, whom some call

go" to the boys holding the ropes. The balloon lifted the red-and-white glider aloft. Cadets broke ranks, stared upward, and roared in astonishment.

Above his head, where he couldn't see it, a guy-rope had wrapped around the right wing and snagged in the glider's "tower," which braced the rear wings and supported the pulley controlling the

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- Customized Vitality Wellness Index™ report comparing the results of your wellness evaluation with those of the larger population.



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Covance seeks healthy volunteers to participate in a clinical research study of an investigational medication.

To qualify you must be:

- male or female
- age 21 to 45
- able to participate in overnight stays

Qualified participants may receive compensation up to \$2,500. Compensation may be increased up to \$3,250 if additional days are required.

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tail.

"Ride the balloon down!" Montgomery yelled, pointing to the problem. But Maloney couldn't hear him above the cheering cadets. He waved and shouted "Hurrah for Montgomery's airship!"

When the balloon reached its peak, Maloney didn't detach the glider. Those on the ground assumed he saw the problem and would ride it out. Then the glider broke free. Montgomery: "Did he take a risk not to disappoint his friends?" For

Just before he crashed, he waved to the tannery workers, one said, "in a kind of farewell."

"Oh Mother of God!" Montgomery cried, as he held Maloney's unconscious body, "Why did this happen? I prayed so hard for safety." Thirty minutes later, in the college infirmary, Maloney died.

Montgomery disappeared for months. Accidents, sabotage, now a death—he groped for causes. Having lived with it all his life, in a letter written Novem-

MONTGOMERY VOWED TO KEEP GOING: "I HAVE SATISFIED MYSELF TOO THOROUGHLY OF THE INHERENT EQUILIBRIUM OF MY MACHINE TO CEASE IN MY EFFORTS."

1000 feet he "glided beautifully," and Montgomery and the crowd relaxed. Here would be the risky, high-air spectacle Maloney had wanted to perform since Manresa.

He nose-dove the glider, but couldn't draw it back. As he gained speed, writes Montgomery, "the rear wings commenced to flutter violently and the machine, heading down, turned three forward somersaults and settled on its back."

For 2000 feet, it floated. Then, 150 feet from the ground, the left wing snapped straight upward. Spectators heard a sound like popping corn: the ashwood frame began to crack.

But there was still hope. Maloney fishtailed down on an angle. If he could glide with just the front wings, he might still pull out. Or was he steering toward safety: a soft mound of tanbark at Eberhard's Tannery?

Maloney didn't pull out.

ber 17, 1905, he identified another possibility: "the bitter criticism of the public and the continued cry of 'fake' because of our unsuccessful attempts. It has frequently been said that the 'critics killed Maloney.' And some testified the night before that he 'would make a flight or break his neck.' While these insidious influences were driving him to desperation, I was constantly urging him to the greatest cau-

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Bipolar?

Affiliated Research Institute is currently looking for men and women diagnosed with bipolar disorder. Volunteers must be at least 18 years of age and unhappy with their current medications due to unpleasant side effects and/or weight gain. Patients suffering from bipolar disorder must be currently experiencing a major depressive episode and be willing to change their current medications. All necessary office visits, medical evaluations and study medication will be provided at no cost to qualified patients.



For more information about this study, please contact:

(619) 688-6565

See our website: www.ari-inc.com



Bipolar Disorder/Manic Depression Study

Affiliated Research Institute is currently seeking volunteers for a clinical research study of an investigational medication for the treatment of Bipolar illness (Manic/Depression).

Qualifications include:

- At least 18 years old
- Currently experiencing a "manic" or "mixed" (depression and manic symptoms at the same time) episode of your illness

Qualified participants:

- Receive all medication and study-related medical care at no cost.



To learn more about this study or to schedule an appointment with our staff, call us today:

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See our website: www.ari-inc.com



Affiliated Research Institute is conducting a research study for people with Anxiety. If you qualify, you may be eligible to participate in a study testing the effectiveness of an investigational drug for the treatment of Anxiety at no cost to you.

ANXIETY STUDY

Signs and Symptoms:

- Experiencing persistent worry?
- Feeling restless, irritable, or tense?
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- Having difficulty concentrating?

If you or someone you know is experiencing any of these symptoms, you may be suffering from Anxiety.



If you would like additional information regarding this study and are between the ages of 18 and 65, please contact:

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Social Anxiety Disorder?

- Do You Fear Meeting New People?
- Do You Fear Social Events?
- Are You Worried About Being at the Center of Attention?
- Are You Worried About Being Around People?

Affiliated Research Institute is evaluating an investigational medication for Social Anxiety Disorder. Affiliated Research Institute has 25 years of experience in managing clinical studies. To qualify for this research study, you need to be at least 18 years of age. If you qualify, you will receive study-related medical care at no cost. You may be compensated for time and travel as well.



For more information about how the study works please contact:

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Are you sad due to Bipolar Disorder?

We are currently seeking volunteers for a clinical research study of an approved medicine under investigation for the treatment of DEPRESSION due to Bipolar Disorder.

To qualify, you must:

- be at least 18 years old
- have been diagnosed with Bipolar Disorder
- be experiencing symptoms of depression

Qualified participants will receive at no cost:

- Monitoring of bipolar and depressive symptoms
- Medical and lab exams
- Study medication



For more information or to schedule an interview to see if you qualify, please contact:

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tion and a disregard for the criticism of the public.” Although the accident was a “terrible blow,” Montgomery vowed to keep going: “I have satisfied myself too thoroughly of the inherent equilibrium of my machine to cease in my efforts.”

OCTOBER 31, 1911. At Otay Mesa and Santa Clara, Montgomery regarded mastery of “soaring flight” as stages in a process of careful, patient work. Even though the Wright brothers flew a motor-propelled craft at Kitty Hawk in 1903, Montgomery never designed a plane with an engine. By 1911, a time of air shows and a Curtiss biplane landing on the USS *Pennsylvania*, Montgomery still kept to his — some said “self-isolating,” others “outmoded” — original plan. “He anticipated many important advances,” writes Spearman,

but “Montgomery had the fault of many inventors; he was stubborn. Fixedness of purpose both made and destroyed his life’s pattern.”

Though he considered himself a scientist, not a pilot, Montgomery had flown as much as the five men he trained (every one of whom, he complained, thought flying planes was too simple to require practice). Encouraged by his new wife, Regina, Montgomery took to the air again. During the last two weeks of October 1911, he and mechanic Joseph Vierra combined for 55 successful flights at Evergreen, a camp in the foothills, five miles south of San Jose.

Called *Evergreen*, the craft was a sleek monoplane gilder with a cambered wing, four-wheeled undercarriage, bucket seat, and yoke-control stick. One of the most modern-looking planes of

its era (a model hangs from the ceiling of the Aerospace Museum) *Evergreen* was to be the prototype for Montgomery’s first engine-powered aircraft. To take off, the machine clicked down wooden rails into the prevailing northwest wind. On October 31, after several short runs, the 53-year-old

the nose flared oddly upward. Montgomery shifted his weight forward to create stability. Reinhardt noticed a “puzzled look on his face.” Less than 20 feet in the air, the craft stalled, then swerved, fanning down to the right. A wingtip hit the ground. *Evergreen* made a languid flop and settled upside-down

stove-bolt had come loose and punctured his brain. Reinhardt pushed the blood and ooze back into Montgomery’s head — so Regina coming up the hill, wouldn’t see it. Vierra ran to a nearby ranch to call a doctor, who took the wrong road and arrived too late.

“What happened?” Montgomery asked, slowly losing consciousness. “Where am I?” And, his last words, “How is the machine?” ■

— Jeff Smith

A 45-CENT STOVE-BOLT HAD COME LOOSE AND PUNCTURED HIS BRAIN.

Montgomery made a minor adjustment to the horizontal stabilizer. Convinced that this was it, that he had finally mastered the equilibrium of flight, an elated Montgomery prepared for one last try.

Regina, Vierra, and Cornelius Reinhardt (another mechanic) watched *Evergreen* roll down the rails, into the afternoon sun. Then

on the straw-yellow hillside.

The crash didn’t seem severe. The cause? Probably some minor technicality they could fix in the morning. But Montgomery lay motionless. First to arrive, Reinhardt saw “blood and grey matter oozing” from behind Montgomery’s right ear. The landing had thrown him sideways. A 45-cent

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INTO THE HEART OF THE POOL

Fly-fishing in San Diego becomes with time, if you love fly-fishing, more and more improvisatory. This year, when winter Santa Anas threw my garden all out of whack, the hose seemed more like a fly rod than it ever had before, the precocious flowers more like fish.

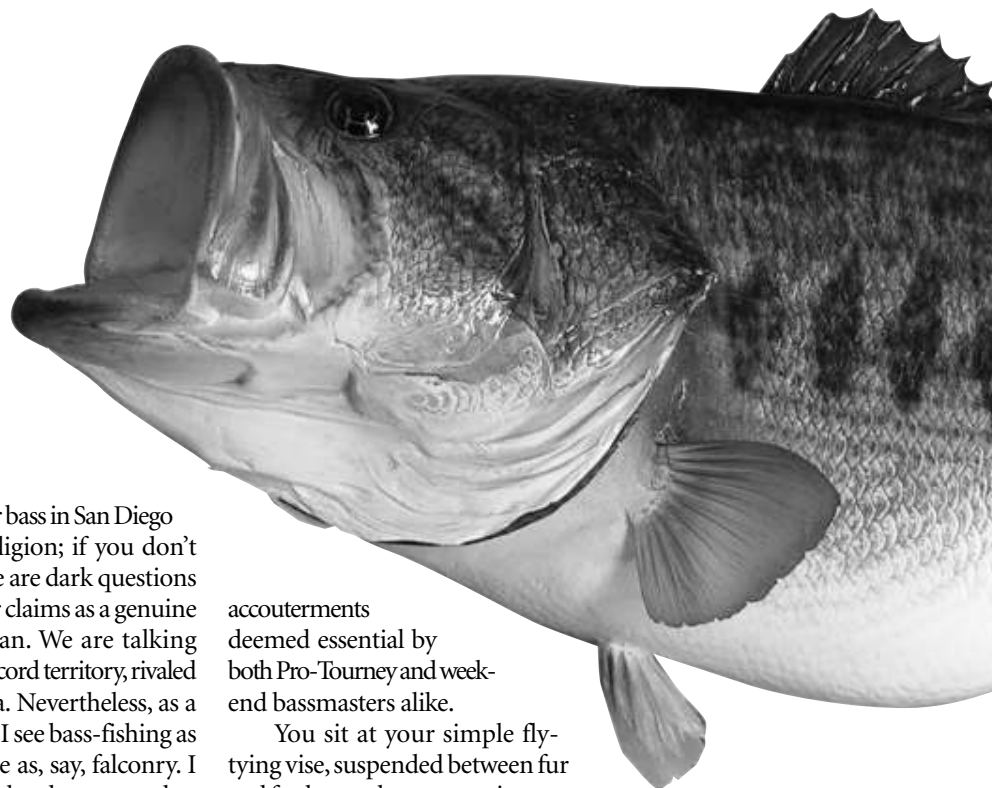
A buddy and I went exploring in Peñasquitos Canyon and found some creek water big enough to hold bass: brown, murky, rain-swollen, confined to brush and tight quarters that would bedevil any back-casting. We poked around, peering into pools, and at sunset met a father and two youngsters carrying spinning gear and a Ziploc baggie holding three half-pound largemouths. The canyon seemed greener than anything, greener than the hillsides that seemed to shadow every inch of it, greener than the tomato fields aligned atop the mesas. The coyotes came alive, and the bittersweet yapping drifted over the canyon floor until dark.



Fishing for bass in San Diego approaches religion; if you don't pursue it, there are dark questions regarding your claims as a genuine local sportsman. We are talking about world-record territory, rivaled only in Florida. Nevertheless, as a fly-fisherman, I see bass-fishing as being as arcane as, say, falconry. I am quite aware that there are anglers around who get bass to rise to the fly. But it can be awfully hard to find them, especially through the smokescreen of Magnumlite Hungry Sticks, ball-bearing plug casters, swivel-seat powerboats, electronic fish-finders, and other popular

accouterments deemed essential by both Pro-Tourney and weekend bassmasters alike.

You sit at your simple fly-tying vise, suspended between fur and feather, and you recognize your lack of auxiliary support. Nor do you retain the guidance of that rich literature enjoyed by trout fishermen, which, if allowed to run to extremes, will have you tying dozens upon dozens of life-imitating flies, a number proportionate to the vol-



umes of grandiloquent prose of trout-writing at its worst. For some reason or another, bass-fishing has failed to inspire the angler — and his contemplative bent — to reflect wholeheartedly upon the voodoo of the sport.

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Perhaps it has something to do with the victim's peculiarly predacious nature. Feed for bass can include worms, snails, crawdads, leeches, salamanders, small rodents, other bass, and (reportedly) ducklings. Sport aside, the best way to catch bass, and just about any fish, is to attach something live and wiggly to a hook on a line, cast, and wait for Nature to take her course.

Still, this is no place to argue the virtues of fly-fishing, which, extolled from the purist's point of view, nauseate folks all over. I need only mention that the natural development of any fisherman, except possibly the big-game fisherman, is toward fly-fishing and that this development is intrinsic if fishing is ever to mean anything more than the killing of fish.

The bass fly, however, is in fact a rather ignoble creation. Unlike the delicate precision of trout flies, or the graceful simplicity of salt-water streamers, bass flies are plump, indecorous, and, at times, obscene. I don't know how you'd go about representing a young mallard; but you see just about everything else tried. Given the proper temperament, one could probably get his name affixed to a pattern for lowland hummingbirds. And it wouldn't really matter if such a fly caught fish. Considered in toto, bass fishermen belong to that category of sportsmen who will try anything once, and stop at nothing.

* * *

I tied up a handful of rough, nondescript bugs, and by dawn the following weekend my buddy and I were double-timing it up the canyon. It should be noted that fly-fishermen have a thing about crowds. Put two strangers on the same stretch of water, chances are they'll avoid each other like vacationing counterspies. Rising in the middle of the night, only to be beaten to the local reservoir by a line of cars equaling those at a Chargers game, the fly-fisherman may well lapse in fraternity altogether. More than once I've turned back home to pore over the out-of-state property ads in the *Union* classifieds, the coffee in my Aladdin thermos still hot.

The alternative to crowds, short of sinking your

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life savings in a private East County bass pond, is to find yourself a backwater hollow, accessible only on foot. For obvious reasons, I'm not providing maps of Peñasquitos Canyon, nor of San Elijo Lagoon, the Olivenhain drainage, the top-secret ponds of certain popular golf courses. Yet even if I did pinpoint these and other classified bass holes, I doubt it would start a stampede. Bass fishermen will drive for hours to reach this week's promised waters, and they'll crisscross the lake, burning fuel like water-skiers. But when it comes right down to it, bass fishermen are about as active as bridge players. Given the choice, they prefer a seden-

tary approach, casting from the seat of their pants. By sunrise we were deep in the canyon, passing rods from side to side as one hand and then the other demanded warming in a pocket. There was frost in all of the low spots; on the rise to the north, Black Angus stood grazing in the sunlight, looking like boulders of coal. Up ahead a great blue heron rose from the grass, then settled aloft in the leafless sycamores. We could hear the telltale screeching of a red-shouldered hawk. It wasn't exactly Marlboro Country, and we were a long way from any honest-to-god, blue-ribbon fly grounds. But — we were going fishing, almost in our backyard,

and we had a notion the neighborhood fish would hit flies. We reached the pools and strung up our rods. In minutes, without any words of parting, we were off playing our own private games. Casting within shouting distance of one another, we might as well have been in

separate time zones. Sometime later, my buddy and I sat powwow-ing above the creek. We were both empty-handed. At this point in a fish hunt, after all of your hunches have fallen flat, there's that traditional tendency to reach for the flask — or, in some recent circles, to roll a number. We

weren't *that* discouraged. Nonetheless, we hadn't seen a fish, and our talk had the slightly desperate tone of two motorists inspecting a fender-bender, both of their vehicles uninsured. Well, what do we do now? If you're a fly-fisherman, you first give your flies the once-over. Is your woolly leech woolly enough? Your inchworm a fraction long? Then you begin to wonder about your casting, or, in the vernacular, presentation. Was my line turning over, the leader straightening? Was the fly slapping the water? Was my pick up, alas, shoddy? From there, you are but a step away from falling into the pitiful fretting of very

many learned fly-fishermen. With a tradition that was already well established in 1486, when Dame Juliana Berners's first descriptions of gear and methods were printed in England, the sport of fly-fishing, and all of its vagaries, has been parlayed into a sort of common consciousness. The difficulties of fooling brown trout in the clear, gentle chalk streams of southern England are somehow the same as those of catching little largemouth bass in a dinky San Diego creek. So you can go to the well until you're blue in the face, trying to recall someone else's solution to the problem at hand. Or — and the advice is entirely sound — you can

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take a brief stroll and thank the skies that you're able to get outdoors, and then go ahead and just keep wetting a line.

We moved up the canyon, swinging wide around the first stands of oak, and then lost the creek to cottonwood bramble. We backtracked to the last open pool. Now the sun was square on the water, the shadows of morning tucked under the banks; the pool lay as quiet as stone. We got down on our knees and crept to the water, through reeds right up to our necks.

I found some casting room and tied on a new fly, a Marabou muddler that looked like a cross between a salamander and a hippie. I tossed it to the head of the pool. There were two tiny falls there, and I let one drown

the fly. Then I worked the line in, picked up the leader, and I shot a cast into the heart of the pool.

The fly sank quickly, a strategy of some note. At the turn of the century, fishing a fly underwater was considered not only ineffectual but also illegitimate. So strong was this moral code that a certain G.E.M. Skues, who fathered the method, was forced to resign his rod on Hampshire's famous Itchen River, after having held it for 45 years. In the end Skues won, albeit posthumously. Today, any argument between fishing the fly on or below the surface seems as dated as questions in basketball regarding the relative merits of the jump shot and the set shot. Nevertheless, every fly-fisherman agrees that seeing a fish strike the fly atop the water

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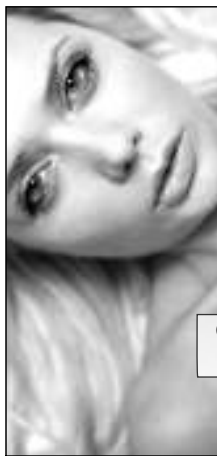
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is the champagne of the sport, and anything else will always seem second best.

But you do what you must. And at the moment I had hooked a fish, my first-ever San Diego bass on the fly. I did in fact see the strike, that queer, wiggly muddler disappearing against a flash of lime-green. That the fly had vanished inside the bass seemed all the more remarkable on landing the fish. It was a small one; I've surf-cast with flies practically as big as that fish. Yet there it was, a bass and a fly, and the hook was set solid as any I've seen.

I freed the fly and released the bass. My buddy gave a little hoot. I watched him switch over to a muddler of his own, and he started to work his fly back and forth through the air, eyeing the pool with relief. "Well," he said. "I guess they're here!"

* * *

You come full circle, making of fly-fishing what nothing else in your life can ever quite offer. Beyond the intangibles of sport, which are no small part of human psy-

chology, fly-fishing affords one the pleasure of learning, learning that is never complete and that never smacks of our practical hankerings for success, status, and love.

With the one bass under my belt, and others that day that followed, I set myself to a new problem: bringing a bass home alive. In the backyard of my home there's a pond, cement-lined, which

neighbor's cat got to them. Still, it's a good little pond, surrounded by ferns and succulents and masses of spring snowdrops, and for some time now, we'd been thinking a bass would fit in well.

It should be mentioned that the transport of live freshwater game fish in California is wholly illegal. That remains the business of the Department of Fish and Game, the same organiza-

There's a point reached in every fly-fishing career where the angler kills very few fish.

harbors a fascinating cross section of freshwater life. Some years my buddy brings tadpoles he collects from a vernal pool near his workplace, and we toss them in with the mosquito fish, aquatic snails, and whatnot, their growth into frogs dependent upon the shelter of proliferative vegetation. Once, my landlord's son introduced a pair of bluegill, but a

tion that helped decimate many populations of native trout by planting hatchery-reared exotics in streams and rivers. On the other hand, places like San Diego owe much of their freshwater sportfishing to species brought in from afar, and no right-thinking angler would have it any other way. Just as there is nobody, in the big picture, native to San Diego, there is

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no such thing here as a native bass.

I returned the next evening to Peñasquitos, hiking alone under gray winter skies. I was late to start with, Sunday chores being what they are, and by the time I reached the lower pools, with rod and a five-gallon bucket, I was close to losing the day. But a knoll there was dressed in a shooting-star bloom, more pronounced than the morning before, and if nothing else, it felt like spring.

I went right back to the top little pool, and in no time at all I had my bass. I put it in the bucket, along with plenty of creek water. Now was when I should have made directly for home. Yet I liked

the way that bass had hit, in a part of the pool where before we'd found nothing; and like fishermen everywhere who have just caught a fish, I wasn't quite ready to call it a day.

I picked up another bass, gave it back to the creek. Our pond being what it is, my intentions were far from initiating a stocking program of my own. Moving downstream and laboring some with the bucket, I went pot-shotting from pool to pool, the fly like a die in a one-die crap game. It wasn't a very thorough effort. But in a tight little hole below a sweet little fall, I got hit again; and for the first time on the creek, I watched the long rod really

bend. It turned out, later, to be something short of a lunker. A long way short. Still, it was a decent bass, half again as big as the one in the bucket, and I was tempted to keep it. No I wasn't.

There's a point reached in every fly-fishing career where the angler kills very few fish. Those he does kill, usually for private reasons, become part of his memory, in the same way, in youthful times, one retained past lovers. If a fisherman takes life in finding his pleasure, it is reasonable to ask of him that he learn as much from each killing as he reasonably can.

I released the fish and finally started for home. The

bass in the bucket still seemed in good shape, but right away I could see I wasn't going to get anywhere lugging five gallons of water. I tried pouring some out. My bass jumped, landing in a tuft of grass. Well after dark, and still deep in the canyon, I was kicking myself for that hour of twilight casting. Three or four miles are a long haul with a bucket of water, even half a bucket. At the same time, from a fish's point of view, sloshing around in a couple of gallons of water is nothing short of a pistol-whipping.

I couldn't walk fast enough. By the time I reached the foot of the canyon, I was stopping every hundred yards

or so to pass the bucket from one hand to the other. Sometimes I reached down inside it, and now my bass hardly moved at all. I spotted the herd of Black Angus, ghostly against the hillside, and the damp night air smelled of manure. Frogs were croaking a death march, and I was thinking, "If this little fish dies, I eat it. It will be the saddest meal of my life."

I got to my car and raced for home, forgoing the usual swing by Roberto's taco shop and sweating like a hound. I made the old Ford go. From the driveway I hollered at my girlfriend, and I had her hold a flashlight over the pond. I brought the bucket into the light and tipped it

down; the bass slid out and into the pond, like a wet sock. But in the morning it was all right. I found the bass lying quietly under the moss, and it seemed the mosquito fish were holding to the shallows. My buddy came by, and for kicks we tossed in a couple of worm salamanders.

I'm thinking about naming my bass. I've never had a mind to name my chickens, which, on all counts, would only be asking for heartaches. And I certainly don't want to feel for a fish as I do our pet cat. But maybe I just will go ahead and name it. If it makes it through the next Santa Ana, I'm going to call it Trout. ■

— Scott Sadil

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A void entered my life at the conclusion of the O.J. Simpson trial. There wasn't anything on daytime TV to replace the incomparable Marcia Clark. I took the first job I could get working as a courier for a local bank, but within a year my position was outsourced, along with a flotilla of other American occupations.

Unemployed, depressed, and vulnerable, I received an advertisement in the mail for Glendale Career College. It was pure propaganda. On a good day it wouldn't have caught my attention. The ad promised a high-paying, exciting career as a surgical technologist. In less than two years I could be working with surgeons in the operating room. How difficult could it be? The only requirement was a high school diploma. The proposition was irresistible for a man at the end of his life savings and self-esteem.

I called and set up an appointment with the director at Glendale's satellite campus in Ocean-side. She massaged my fears of tuition with tales of generous financial aid and grant possibilities. Within a week I drove to the North County and took a tour of the facilities. The classroom was located within the old operating and recovery rooms of a local hos-



pital. The early '50s decor reminded me of the soap operas my mother used to watch when I was growing up. Standing in the surgical suite, I could not help but ponder all the patients who must have bled out onto the tile floor.

The adrenaline spike of my

reverie was all it took to convince me of a new vocation. I took a rudimentary test any lab rat could have passed, then signed my life away. In a few months the administration issued me the standard green scrubs that were the school uniform and classes began. It was all too easy.

Learning to put on a gown and gloves and set up an instrument table without contaminating oneself was like learning the steps to a dance.

About 20 students reported for instruction with me. The first portion of our training involved academic education in anatomy and physiology. Having experienced four years at another university, I expected a rigorous study environment. When our instructor basically gave out the questions that were going to be on our first exam, word for word, I was surprised. I was dumbfounded when some of my colleagues failed the test, in spite of having everything short of the answers handed to

them on a silver Mayo Stand. By the time we moved from the chalkboard into the lab, class size was significantly reduced.

School became more challenging once we diverged from books and got into the old OR. There we practiced antiseptic techniques and assisted in mock surgeries. It wasn't until I got in the lab that I began to understand what the job of a surgical technologist actually involved. It was much more complicated than my imagination had led me to believe.

We had to practice the art of hand-washing for weeks to get it right.

Students began to drop like flies the closer we got to internship. Sometimes it was trivial things that broke them. When our instructor informed the class that jewelry was not allowed in the OR, one young woman naively asked him if that applied to her nipple ring. We laughed at the query, and she never returned to school again. The party was evidently over, as far as our teachers were concerned. Their

reputations were at stake. If we began our rotations unprepared, it would reflect negatively on them and the school. As a consequence, they became drill instructors in a medical boot camp which only made me more nervous. I had a lot to learn if I wasn't going to make a fool of myself in the OR.

The surgical tech is responsible for setting up and maintaining a sterile field during an operation. He or she must guard against contamination of instruments, self, and others performing an opera-

tion. Every movement is choreographed to keep the environment antiseptic. Learning to put on a gown and gloves and set up an instrument table without contaminating oneself was like learning the steps to a dance. We students made a lot of mistakes and were berated by our instructor. If the process wasn't difficult enough, the people who worked in the operating room were far from easy to get along with.

The world of medicine is a monarchy. At the top of the pyramid is the

omnipotent, godlike surgeon who is beyond reproach. In the eyes of the hospital, and in his own mind, he can do no wrong because he is the source from which all cash flows. His emotional maturity is often inversely proportionate to his intellect. The anesthesiologist is the professional equal of the surgeon, but he or she is often more mellow, probably due to the secondhand anesthesia inhaled throughout the career. Below the doctors on my hierarchical scale is the circulating nurse, usu-

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Our lab instructor at Glendale was a former tech who trained in the Navy. For purposes of anonymity, I will refer to him as "Joe." Joe was excited by his position as our teacher because he'd found a classification of people lower than himself to control: students. He

had years of pent-up frustration waiting to be released. As a consequence, he used his position to dream up impossible problems dealing with anatomy, which we spent hours researching, only to discover that even the average doctor didn't know the solution. It was time that might have been better spent memorizing the plethora of surgical instruments and their various nicknames. We spent many class hours learning about almost everything but the tools of our trade, which every tech knows is the heart of the job.

Our time in the lab passed all too quickly. It was followed by several weeks of service in various hospital departments. I spent about seven days in the stockroom unloading trucks and running errands for the staff. A few students complained that they were being asked to do menial work for free. I tried to use the experience to familiarize myself with

all aspects of the hospital and its employees.

From the warehouse, I was transferred to the OR to help clean scopes and cameras and wrap instrument trays. Surgical instruments with fragile optics cannot be sterilized in an autoclave. They must be cleaned by hand. It wasn't prestigious work, particularly when it came to wiping down scopes that had just been exploring some stranger's colon, but someone has to do the job.

My last assignment was a week in the Sterile Processing Department. The SPD was located in the bowels of the hospital. It was a lot like the hell described by Catholics in *The Baltimore Catechism*. I was put to work in a kind of spacesuit, hauling stainless-steel carts out of an elevator that came down directly from the OR. Hospital employees instructed me to sort through the carts and do an initial cleaning of instruments that had just

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been used in various surgical procedures. I became a kind of glorified dishwasher, scrubbing human flesh off of retractors and hemostats. The worst part was dipping my hands into basins of blood, searching for tiny forceps and scalpels. A skin puncture was always possible so I had to sort carefully through the equipment lest I get stuck by a forgotten needle or blade.

After the instruments were washed, they had to be assembled into metal cases which were run through the autoclave and wrapped in towels. Part of the suspense of the job was never knowing what would come down in the carts. Often the doctors left fragments of tissue and bone stuck to drill bits and towels. The gore fascinated me, but nothing prepared me for the

actual experience of working in the OR.

In order to graduate, a student had to complete 123 surgeries. A certain number of the operations had to be done in each medical specialty. By the time I finished school, I had done rotations in orthopedics, neurology, gynecology, gastroenterology, vascular, ophthalmology, as well as general surgery. I could sense that

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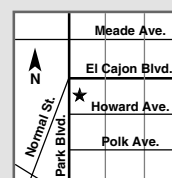
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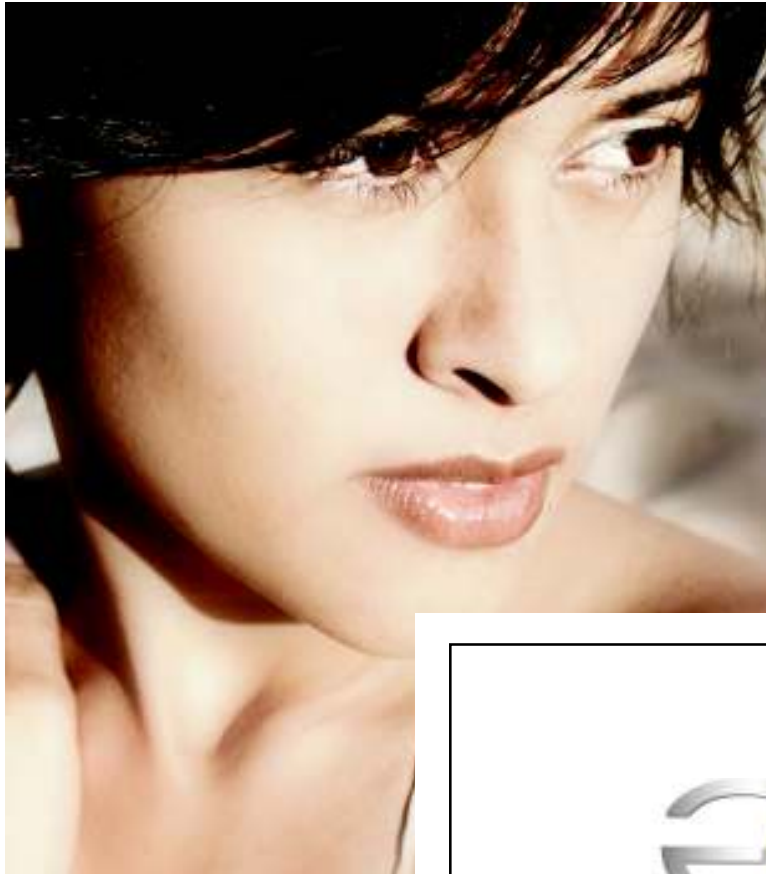
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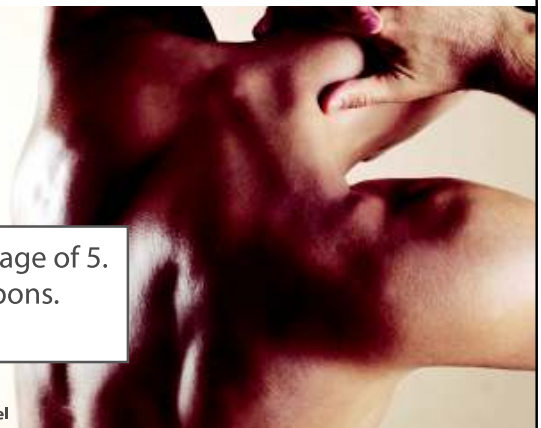
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our instructors were uncomfortable about turning us loose in the OR. As a result, we had to endure a lot of negative criticism at a time when support was essential. Our teachers may have been good surgical nurses, but they lacked training in basic educational techniques. Without positive affirmation, most of my class was scared shitless by the time they put on a mask and reported to surgery.

The afternoon before my first operation, a fellow classmate gave me a bizarre present to celebrate the event. The student had worked a night shift in the SPD of another hospital and evidently had access to unwanted body parts. He brought me a few choice cuts of human rib in a sterilized plastic bag. I didn't know what to do with the gift and promptly threw it in the biohazard trash. It was an unnerving beginning to what I hoped would be a



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My first surgery was a bilateral hip replacement. It was a difficult procedure for a virgin tech due to the large amount of instruments, screws, pins and implants required. Since I was one of the best students in class, Joe wanted to test me by starting my career off with a difficult assignment. I had to dress in a spacesuit which made it difficult to hear the surgeon's instructions. To complicate things further, about 40 percent of the instruments set up on my back table were unknown to me. I was hopelessly unprepared for the task ahead. My first mistake was testing the drills and reamers while the patient was still awake. The circulating nurse cursed at me in a whisper and ordered another staff member to scrub in and assist me.

This hospital was not designated as a teaching institution and some of the healthcare workers resented having to instruct us. It was not in their job descriptions, and we were made to feel their anger. The resentment was overt, and a few of my classmates dared to talk back to the doctors and nurses when they were verbally abusive. These students were pulled from the OR and lectured by the school administration. They were threatened with suspension or worse. I quietly absorbed the negative comments and concentrated on doing the best job I could with the limited knowledge I possessed. This does not mean that the demeaning statements did not affect me. After a difficult day at the hospital, it was my habit to go home and curl up into a fetal position in my bathtub and cry. My schedule for the next day was usually unknown until I arrived in the OR and read the board. Thus, there was no way to prepare. I thought about quitting but I was already in too deep. My money and time were unrefundable. Somehow I got up each morning and walked through the fear.

In spite of the pressure, surgery could be unbelievably fascinating. Peering into the body of a breathing human being was a lot different than looking at detailed drawings in an anatomy text. I

found the various viscera to be far more beautiful than I'd imagined. Watching a neurosurgeon cut open a skull, and glimpsing the dura mater of the brain pulsating with each heartbeat, blew me away.

The interconnectedness of mind and body in real time was something I will never forget.

Occasionally, there would be a case where the surgeon would point out something bizarre to my

untrained eye. One day we were pulling out the ovaries of a woman when the doctor found a cyst. He called a pathologist to examine the growth on a separate Mayo Stand while we finished up on

the lady. I was invited to take a look at the specimen which, to my surprise, had bits of teeth and hair inside of it. The bizarre nature of this dermoid cyst, which evidently was not uncom-

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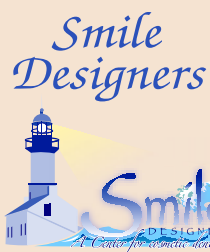
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mon, was like something out of a horror film.

I was also surprised by the amount of force applied to the body in various procedures. The sensation of steel driven into bone by a mallet is surreal. In some orthopedic cases, I was called upon to hold a leg while the surgeon hammered a rod into a femur. The amount of muscle applied surprised me.

There is no way to accurately describe the feelings I had during a bilateral mastectomy when the doctor casually gave me a woman's breast to be bagged and sent to the lab. The weight of the organ in my hands changed me forever. I thought of the children it had nurtured, the lovers it had known, only to be brutally excised and discarded forever. The OR made abnormality normal. It was part of the job.

Blood and gore didn't bother me. I walked in the stuff on a daily basis. Working on one particu-

lar vascular case, the surgeon accidentally clipped a vessel and the damn thing squirted all over my scrubs. I was too busy loading clips and handing them to the doctor to care. The only thing that ever truly bothered me was a procedure in which I helped debride (wash out) the gangrenous stump of an amputee. The surgeon used a long clamp and scissors to remove ischemic tissue from around the bone. Something about the forceful way in which he probed the infected stump made me sick to my stomach. I powered my way through the experience and felt stronger because of it.

A lot of my classmates continued to struggle with the OR staff and school administration. I was called to one meeting in which our instructor threatened to pull us all out of the OR because a few students were experiencing difficulties. Being berated as a group didn't

seem fair to me. On one occasion, we reported to the hospital for work only to be called into the classroom and threatened with expulsion. An anesthesiologist had evidently committed suicide, and the hospital staff was disturbed. We were warned to keep our mouths shut about the tragedy when in fact we might never have known about the event if school administration didn't tell us. I was desperate for support from my mentors, not distrust and shame.

In the meantime, work continued. During what should have been a routine laparoscopy (the exploration of the peritoneal cavity with a camera or scope) one surgeon I was working with became weak and had to sit down. Every attempt she made to enter the patient with a long Verres needle just below the umbilicus failed. The doctor complained of flu-like symptoms and seemed to lack the strength and for-

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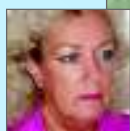
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titude to go through with the operation. The circulating nurse called for another surgeon, but he never arrived. The procedure was stopped before it began. I was shocked to hear the doctor say the patient would have to undergo the operation, "the old-fashioned slice-and-dice way," because she could not get the camera inside the abdomen. I felt sorry for the sleeping woman on the slab. The poor lady would evidently have to endure another major surgery due to her surgeon's illness.

I saw a great deal of what I perceived to be incompetence during my OR rotation. During one particular craniotomy, the surgeon and his assistant got into an argument. The verbal wrangling led both doctors to walk out of the room while the patient was still on the slab. The circulating nurse and I looked at each other in disbelief over an open

cranium. The surgeon did return, sans assistant, about five minutes later. He was still in an agitated state. He hit the microscope leaning over our patient's head. I cringed because the scope was made of many minute parts and it would have been easy for one of the knobs or dials to fall off and land in the exposed brain. Somehow, however, we finished the operation.

On another occasion, I was working on a lumbar laminectomy (back surgery) with another insane doctor. The surgeon saw my Germanic name and asked me how to say "shithead" in German. I gave him the information and he promptly called his assistant by the epithet. When the assisting doctor became angry, I was blamed for the remark. It was not a good way to begin a long operation.

The actual procedure was more like a circus than science. The mad doctor was sexually inap-

propriate with the staff. Every time he required suction from one of the young nurses he'd say, "Suck me, babe. That's it — a little deeper... that feels good." The RNs didn't seem to mind. They laughed along with everyone else in the room.

Once a patient's spine was exposed, and the surgeon asked me to reach inside and wiggle the vertebrae with my fingers. When I refused, he berated me for being shy and moved the bone back and forth with his own hand, smiling. If it had been me on the table, I know I wouldn't have wanted someone playing with my spine.

During the procedure, off-duty staff came and went from the operating room. They told off-color jokes, as if they were in the lounge of a local bar. Our teachers had taught us that traffic in the operating room should be kept to a minimum. Each person in the surgical suite added to the

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risk of infection. When I tried to bring up the incident with my teachers and other hospital staff, they just laughed as if the whole thing were normal.

I soon learned that doctors did as they pleased. We might have been required to scrub each finger 20 times prior to an operation, but I saw many doctors simply dip their hands under the water two or three times before a procedure. Other specialists performed no better than their colleagues. I saw quite a few anesthesiologists reading the newspaper or calling their stockbrokers on the telephone during surgery. During one procedure, an OR nurse who was obviously dating the anesthesiologist showed up in our room off-duty. She sat on the doctor's lap while the circulating nurse wrapped the couple in a warm towel. While love is admirable, I hardly think the anesthesiologist's patient would have approved.

There were some operations that required the anesthesiologist to rise up out of his seat and shoot more drugs into the IV. I saw several surgeries where the patient began to stir from his or her unconscious state. Some would ask the doctor if the operation was over and attempt to get up just as the surgeon was busy manipulating the intestines or cauterizing a blood vessel. They always went back to sleep thanks to the anesthesiologist's magic bag of tricks. If the patient had any memories of the event, they were usually erased by a common medicine known as Versed.

My rotation in gynecology proved to be the most difficult for me. I dreaded working with one particular surgeon in that specialty. He had an ego the size of Texas and spent most of surgery telling everyone in the room how great his technique was compared to that of other doctors. I was just a pawn

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in his OR. He took every opportunity to tell me how stupid surgical technologists were.

In preparing for most procedures, the doctor will place four blue sterilized towels around the operation site. They are held together on the patient by special clips. During vaginal hysterectomies, this surgeon bypassed the clips and stapled the towels directly to flesh. It seemed unnecessary and somewhat sadistic to my untrained eye. I had seen other doctors perform the procedure without stapling cloth to the area around a woman's vagina.

I grew to hate the doctor involved but was forced to work with him on several cases. During one operation, he complained that the needle driver was loaded incorrectly. He stopped the operation and yelled, "I'll show you how it is done!" Surgical techs have a back table where they keep instruments, precisely

placed and neatly organized for quick access. The table requires great care to set up. With one fell swoop, the surgeon ruined my table, knocking forceps and hemostats onto the floor, rendering them useless. He lectured me on how he required suture to be loaded on drivers and then continued the operation as if nothing had happened. From that point on, every time he asked for a particular instrument, I was forced to weed through the chaotic pile he had made of my equipment. This took more time than usual, and he berated me for not being fast enough. I don't know how I made it through the surgery without telling him where to stick the next retractor.

Instead of feeling more comfortable as time went on, my anxiety grew worse. Even though the hospital staff, in general, liked me, and my teachers were impressed with my performance, emotionally I was falling apart. An

intentional contamination by a doctor confirmed what I knew: This job wasn't for me. During a procedure, the surgeon handed me a very sharp instrument, a rake, backwards, so that the teeth stuck into my hand. I could have complained, but I would have been penalized and berated for accepting an instrument improperly from a doctor.

I finished my rotations and graduated with high marks. Only a few of my fellow students went on to work as techs. Most felt they were poorly prepared for the field in which they trained. I left Glendale Career College and promptly had a nervous breakdown. The experience left me psychologically and financially bankrupt. To this day, when an ad for some generic career school appears in my mail box, I tear it to shreds without reading a single word. ■

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Life stumbles over its own fact, for its earlier moments plunge ceaselessly into later ones which reinterpret and correct them.

— William James

1.

Like most writers, when I'm working well, I'm in a fugue state, unaware of remembering or forgetting. In a fugue state, neuroscience tells us, one is unaware of having lost all sense of personal identity. It's also physically dissociating, dreamily so — thirty years of chronic pain subsides, as it does in beatific dreams — and I'm living in lost time, in oblivion induced by the process of work. It's a form of inspiration, an auto-hypnosis instrumented by Muse or God or neural network. I get lost in the now but lost to something past, since writing is practically all recovery. I look down at whatever's under my nose, then look up and it's three or four hours later. Where have I been? In what labyrinth?

Other times I feel the utterness of the instant, its past-lessness. In a New England wood, away from traffic noise, I lie on the ground or sit on a rock. The wind blows hard; the birches, maples, and poplars rattle; leaves zip through the air,

changing speed and direction with menacing quickness. In the moment, only these sensations exist. They mark the limits of consciousness and seal me in what I imagine to be the present, because they don't deliver me to any past event. But I also know it's not an eternal present, a fiction we can imagine but never experience, because there is no moment, really. The apparition of the instant is smashed by what fills it — leaves, wind, trees, a broil of pure becoming.

Another kind of oblivion, a different storminess, comes over me at my neighborhood streetcar stop in the early a.m., an ecstasy, like my moment in the woods, but induced by bodies and city engines, most of all by scents scrambled around and through the crowd. Who's wearing Chanel? What shampoo was that? Who's gusting that warm-milk-and-coffee breath with hints of sugar donut? And somebody must have had licorice for breakfast. It's not at all like being in the woods, because every piece — smells are like substances, with shapes, textures, weights — hinges to another experience, another story, a memory network that's already making rapid-fire connections while I'm recalling what seems to be the first of such connections. But I don't experience a sequence of any kind, let alone organized. I experience only the tremendous pressure of liquid relatedness impacted, calcified, in an instant — one gulp — of time.

Now in my late 50s, I perversely want more and more what I know to be impossible: to write a poetry erased of memory that expresses only the experienced instant, a pattern of words that's just a grain of sand dropped in the eye. I'm reminded of Courbet's remark in a letter to Proudhon: "The past is useful only as education. One must use only the present in one's work. Banish the mysterious, the miraculous, don't believe in the incomprehensible." Memory: mysterious, miraculous, incomprehensible. Except that neuroscience each day comes closer to demystifying memory and describing an even greater mystery-generating grandeur living in the physiological complexities of its origins and functions. Imagine galaxy clusters as fine needlework. I've made so much for so long, to myself and to anyone who would listen, about memory's importance — Apollo stripping memory from the poet who dared to challenge the Muses, etc. — I get sick with it. When recollection drives or takes over a poem, the poem becomes nauseated by it. I tell myself I want pure breakneck invention, as if invention could be separated from recollection. Partly this comes from the middle-aged fear of waking to find I've already lived a life but haven't quite lived it out. I'm temperamentally constructed so that it would be easy to slouch into memory and lose the nervous momentum poetry feeds on, the tumbling into

and through circumstance. "The way through the world," Stevens says in "Reply to Papini," "is more difficult to find than the way beyond it." The Sirens' harp and kazoo noise lures us to the always blooming sea garden of the past, which we value because it's *ours*, but with that comes the cheap allure of local color, exoticism, special pleading, and bitter-sweet preciousness which, however true to life, have no place in real poetry. So I tell myself to put my head down and keep walking into the wind, guided by William James's pragmatic notion that thoughts are instrumental, "mental modes of adaptation to reality, rather than revelations or gnostic answers to some divinely intuited world-enigma." Everything connects or relates to something else but nothing includes or dominates everything. "The word 'and,' " James says, "trails along after every sentence."

Except for poetry grounded in Buddhist belief, instantaneity of feeling, thought, and word is an illusion, albeit a sustaining one. No such moment exists, not for a Western sensibility like mine anyway, though I can imagine its existence and even pretend that I live in a pristine moment that burns in and around me, its cool fire aloof from moments that precede or follow it. But then I catch myself and think that whatever's consequential turns on time's wheel and is an act of recovery or rec-

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ollection or restoration. So much is bound up in this — personal and public experience and histories and all the finely layered imagined or re-invented tissues of experience. Well, buster, throw that dust to the wind. Awareness thus purged, I'll be able to make a poetry free of memory's climates and debris, its hecatombs, bubblegum wrappers, ditties, and was that really Chanel or was it Safeway shampoo? No possibility excites me more. To live and write out of a constantly self-renewing present. Except that cognitive science tells us that such a slot in time, while we can imagine it, doesn't exist. The neuroscientist Antonio Damasio, who gives the best report of how we feel time, says: "Present continuously becomes past, and by the time we take stock of it we are in another present, consumed with planning the future, which we do on the stepping stones of the past. The present is never here. We are hopelessly late for consciousness."

2.
Several years ago, working

at my desk, living with what I didn't then know were daily erosions that would result in a broken marriage and broken self, I experienced a click in consciousness, a broken circuit, on-off-on, and for an instant the ordinary involuntary momentum of sensation and thought ceased,

then just as quickly re-ignited, as if I'd lapsed into some sort of unconsciousness while still conscious. The involuntary ongoing sensation of being in a real world stopped. I was, for however long the spell lasted, dropped from time. It terrified me because it was a little total

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abyss of oblivion in the normal stream of the everyday, some mysterious neural event in which millions of nerve cells, or so it felt, stopped firing.

I had a similar experience later, with a difference. Nothing tore, but I felt I'd dropped from my moment into all time, into a disorienting, undifferentiated, but unified smear in consciousness, incited by (no surprise here) a taste, which warped

me into another dimension, an experience different from Proust's spoonful of tea and Madeleine crumbs, because it didn't instrument a re-invention of lost time. It wasn't at all like the "exquisite pleasure" young Marcel took from that taste, which recalled his privileged days at Combray, a surging joy that erased his feeling of being "mediocre, contingent, mortal." Mine did the opposite, it made me feel

even more vulnerable and mortal, it didn't release a mysterious, all-powerful happiness, it shook me up, because I was certain I was sounding something foundational but unknowable. I'm not sure I even wanted to know what was waiting to be found. It was at any rate an inauspicious occasion. I tasted soy milk for the first time. Vanilla flavored. It had the kind of profound baffling familiar-

ity that jellies your viscera and makes wakefulness itchy, but it didn't connect me to an originating event, which was long gone, I thought, so I was lost to something I'd never identify. What primed me for that? I thought it might be my old familiar, Signor Coyote, prankster imagination, drawing me into a half-lit room only to juke and mock me.

Mnemosyne. Mother of the muses. It was Mama all along, calling for me, it turned out, though *la mamma vera* was long dead, and not really Mama anyway but her milk, or rather *not* her milk because she, my actual mother, didn't breastfeed me. I was, like so many in my post-war generation, a bottle baby — it makes us sound like lab ani-

mals — and the key ingredient in formula was soy. Beckett used to say he could remember being in his mother's womb. I think we

slurping, burping hunger that feels pre-conscious, it was recollection burned into tongue and throat. From that experiential moment I

We think we experience a memory as a photographic instant or cinematic sequence, but it's an illusion.

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sound, texture, speed — that a lyric is hopelessly an enactment and analog of memory. It remembers remembering, craves whatever's foundational, and moves two ways at once: it wants to articulate the tremulousness and solidity and haunted viscosities of actual experience while drilling through the strata of experience to some bedrock, whatever it may be. Memory is anxiety. My psychic event, that click, occurred while I was trying to write a poem, in a broken serial form new to me, that caught up the disordered states, personal, domestic, and communal, I was then living through. It wanted to predict the present. My brain may have shut down to avoid or defer that.

3.

I'm recalling a fall morning in 2003 spent reading and thinking about recollection and memory models. Later that morning I go to the farmer's market and at a bakery stand buy a roll which, when I tear off a piece, has the hollow center and hard crust of a bread I ate a hundred times when I lived in Italy. I can't remember what it's called, so I'm on a mission, a market mission. I'm looking for something I'm not sure waits to be found. What's it called? The question even comes to mind in Italian. *Questo pane come si chiama?* Perfectly round, chewy, lightly salted, very delectable.

An engram — the term coined by Richard Semon, a 19th-century German biologist who studied the way neural networks preserve experience over time — is essentially the representation of a memory in the brain. I learn this, while getting coffee before market, from Daniel Schacter's *Searching for Memory: The Brain, The Mind, and The Past*. Engrams, he says, "are the transient or enduring changes in our brains that result from encoding an experience." Different parts of the brain are engaged in the encoding of experience, and every encoding therefore strengthens the connections, the fields of relatedness, between different neural networks performing different tasks. "The new pattern of connections constitutes the brain's record of the event: the engram." When

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Actual patient

we use mental tricks or memory models to access past events, we're looking for ways to cue the engram. Sometimes we cue it by recalling the environment in which a memory occurred (source memory). The lack of any one or combination of these capabilities results in the many pathologies of remembrance.

So, that roll. *Come si chiama?* Nothing wrong with my source memory. I can practically taste the engram — creamy unsalted butter, autumns in Bologna, smells of coffee and roasting chestnuts blowing through the streets. Today's list: bread, eggs, heirlooms, and apples. Nothing wrong with what Schacter calls "episodic" memory, the recollection of a specific event or anecdote. What I fail to get is the harmonic, the set of sounds that effectively constitute the thing in my consciousness. I need help, so I go back to the baker, but she calls it by some dialect word I've never heard

Whenever I have a strong source memory but

can't remember the name of the thing in the episode, I run an exercise that combines visualization and vocalization. I start at "A" and work through the alphabet, at each letter playing sound variants — vowels, then diphthongs and consonants — off the initial, which

because I know that can't be right (Italian has very few "Q" words), but by that point I'm hurrying and realize I jumped sequence and forgot to test "R." As soon as I have that thought, that awareness of something I forgot, the word bumps my brain. "*Rosetta*." I find it

In the past 50 years, brain researchers have practically created an alternate universe seemingly as expansive and finely articulated as our own, except that it really is our own, and it's not only in our heads.

triggers or casts a shapely shadow of the completed word. B-a...barratry. B-oi...boilersuit. B-ra...bratwurst. The system favors vowel-rich Italian. So I start at "A" and get all the way to "P" and "S," skipping "Q"

without initial cueing. It rises like lyric, pressured into form by context and routine, waiting to be found but until then nonexistent except as desire or foreshadowing or intuition. Mechanically mysterious. Give me

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the past anytime. But *give* it.

4. Some poets believe Mother Memory isn't relevant. A contemporary, responding to something I'd said in an interview, remarked not long ago that I was some kind of Wordsworthian mooncalf, that poets who think as I do are writing out of an obsolescent Romantic presupposition, that one shouldn't make such a fuss about poetry as recovered subjectivity. He had a point. Romanticism made recollection of personal experience the motor that powered the imagination, and out of that came Wordsworth's description of poetry as emotion recollected in tranquility, after the inarticulate passion of experience has cooled. But emotion, in my experience, is recollected in a state of heightened nerves or nervous anxiety. And I value other engines at least as much as memory, most of all pragmatic invention, which pistons the syntactical action that generates remembrance.

To dish memory's elaborations, falsifications, and crackpot inventiveness, along with the world of subjectivity it so critically shapes (and which shapes *it*) is to give up radical curiosity about what we are, chemically as well as spiritually. Or spiritual *because* chemical. In the past 50 years,

cells and their extensive axons that shoot and hook them to other cellular networks make us. It's where deity lives. Something as trivial as my rosetta expedition (which would have been cued immediately if I'd been *looking*—the crust bears a roseate design) keeps me alert, because recollection

Klee's line is exploratory, anxious; his colors scrim and veil the very ground they compose. He liked to say that the artist makes the invisible visible.

brain researchers have practically created an alternate universe seemingly as expansive and finely articulated as our own, except that it really is our own, and it's not only in our heads. We are what we network, or what our bundles of nerve

in lyric poetry is more than mere occasion, it's a plasmonic shape-shifting energy. Nietzsche wasn't being fanciful when he said he thought and wrote with his entire body. Soma, if Damasio and others are right, is psyche. Neurocircuitry is so densely

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webbed, the brain is so much the organic locale of thought and sensation, that the body thinks, the mind feels.

When I see models or resonance imagings of the brain, I visualize sensory information of the past — species past and individual past — tucked like minute flakes and dust particles within its convolutions, immateriality enfolded by spongy matter, the hiding places of our power. That's where the poet goes for the memory traces, the engrams hidden or dropped by time into those folds, which look like fissures, openings that conceal. The going is usually driven by associative sensation, which recalls to life some re-invention, reconstruction, or re-imagination of something we think once was. These recognitions then get brought over into particular words in a particular order. The pursuit isn't for the rosetta itself so much as for the episode, the chain of experiences, encoded in the emblem. Recollection compounds originating event

and times between, between it and me, then and now. The lyric is evidence of the stilled moment *and* the associative flux of experience.

5.

I had no poetry mentors in college and was intellectually formless. I took instruction from whichever poets came my way, with little more than chronology, crude taste, and instinct to lead me. Visual artists became exemplars, too, and I wanted to emulate them, since every art — music, dance, writing — seemed to converse with some other and all were in the business of form-finding. I don't mean to dignify this. I was raw, green, mule-headed, and fearful of being found out: I was hideously unprepared for serious study and as hideously primitive in using words. But I was dog-face serious and must have cut an amusing figure. I read poets who excited me (Whitman, Crane, and Roethke early on) and was incoherently enthusiastic about the life of poetry in history and as a possible life

for myself. Close by was the Philadelphia Museum of Art, which was foundational in two ways: I got the rudiments of art history there, and it had significant holdings of artists who became big in my life, especially Paul Klee and Alberto Giacometti. They taught me more about being a poet than the poets I was reading, who taught me sounds and rhythms. I've revisited Giacometti's work many times since, but to judge by a recent experience, Klee has all along been a more insinuating presence.

When I first saw his 1938 *Fish Magic* (it's in Philadelphia's permanent collection) it literally pushed me back. Its mysteriousness — fishy and floral shapes and cages and nets fused to what looks like watery air — somehow intensified and destabilized reality and me. I saw it again in a retrospective nearly 35 years ago, along with paintings and graphics from Klee's entire career. Nearly every picture was a hermetic culture of unexpectedness in which familiar objects were turned into

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suggestive, enigmatic, bitingly beautiful forms. The image inventiveness got under my skin and stayed there. The wirework and webbing woven or built into human figures (and animals and plants) became the objects they contained. A man in a cage was a cage

more an artist looks at the finished forms of nature, he said, "the more readily he can extend his view from the present to the past, the more deeply he is impressed by the one essential image of creation itself, as Genesis, rather than by the image of nature, the finished

recalled my initiation experience in Philadelphia, but because they were a blunt unitary hit of whole body remembrance. They tripped the memory of a life — its ambition, disorder, ignorance — lived many years ago. Klee's *Absorption*, a comic drawing (and self-portrait), shows a square, squinty face in a state of absurdly intense concentration, maniacally serious, which I joltingly remembered myself to have been, though I certainly didn't know it at the time. The drawing was in and about my time. It seemed to be remembering itself in my moment. Most of the pictures in the show didn't just recall that gestalt, they constituted it. Losing myself to an oceanic sustained moment occasioned by a picture, I was just as much in any other discrete moment that intervened between then and now. I was delivered to myself as a young vague thing with an ambition to be a poet, who believed in pure lyric, which *Fish Magic* is.

I'd like a poetry that restores the knowledge, felt knowledge, that we're always late arriving but doing all we humanly can, hopelessly trying to be on time for consciousness.

composed of a man. Such inquiring art is made at the nerve ends, which we can now fairly say is art made in (and made up of) the mind. Klee's vision was aboriginal, like the vision of the poets I was drawn to. The

product."

Recently, after years of pretty much ignoring his work, I saw a smallish Klee show in San Francisco which rattled me top to bottom, inside and out, not because the pictures were choice or

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The forms helped induce that swoon. Klee's line is exploratory, anxious; his colors scrim and veil the very ground they compose. He liked to say that the artist makes the invisible visible. His imagery often expresses awestruck skepticism, or skeptical awe, in the presence of a vaguely spiritualized material world. His drawing can be so scant and ephemeral that it's like a not quite recovered memory — from 12 feet away marks become a faint drizzle in consciousness, the geometries and volumes so evanescent that recognizable figures come into shape and undo themselves as one pictorial action. My whole body remembrance made me think that when I'm writing I'm somehow remembering these old sources, even if I'm unaware. I'm under water and don't know I'm drowning.

6. Lost time isn't always time lost. All my adult life I've wanted to learn to live in the moment, not to migrate so instinctually to past events or flash forward to circumstances that don't even yet exist, but it now seems to me that much of life gets lived, and much writing written, in unforeseeable ruptures, descents, and absents, that when we truly live in the moment, we live in an off-ness, a condition we hardly recall the contents of though we're

certain of its occurrence. If true, it helps explain why we're the happiest and sorriest of creatures. Poetry is the deposit of such experience.

Writing this, I've sometimes felt grafted onto the tissue of the words themselves, stuck in some weird membranous mass, like a Klee invention. I kept losing my way and sense of self, all the while hoping to escape an impasse in my work and break through to I know not what, maybe to write truly off my nerves, but coherently, so that a feeling for the world of facts will be loaded into every phrase and words will be — as I crudely imagined they could be when I was young — both greeting and enactment. I'd like a poetry that restores the knowledge, felt knowledge, that we're always late arriving but doing all we humanly can, hopelessly trying to be on time for consciousness. One can't plan or will any sort of poetry into existence, but one can work to be prepared, or prepare by working.

A friend of mine whose judgments are incorruptible says my recent books are more satisfying because more robust and immediate, while the earlier work was "sort of Symbolist." The desire for pure lyric can indeed lead to misleading heavings and sighings, and I did once want a poetry that vaporized anecdote,

that evoked, but didn't state, facts. And it's still a temptation to drift back to the old way of reducing reality to water lights. But it's only a temptation, the sort that's cousin to desperation. What I really want, if anything, is an even denser immediacy and solidity of the moment that enfold the temporal reaches of consciousness.

The challenge to this comes, as I should have foreseen, from William James, whose investigations of consciousness were always strummed by the nearness of derangement. "The moment stands and contains and sums up all things," he says, "and all change is within it, much as the developing landscape with all its growth falls forever within the rear windowpane of the last car of a train that is speeding on its headlong way. This self-sustaining in the midst of self-removal, which characterizes all reality and fact, is absolutely foreign to the nature of language." But language, I think, can act out the sensation of the moment in its fugitive changes. A fact-bound, fact-hounded poet like myself needs to be reminded that fact can be vaporous nuance, even or especially the re-confabulated facts of memory, and that the language of poetry, as hard and solid as one can make it, pursues that spirit essence. ■

— W.S. Di Piero

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Of Sharks and Tsunamis

Dangers to San Diego?

If there were a remote tsunami in Japan or off the coast of Chile, it would be two to three hours or longer before it would impact the San Diego coast," says senior emergency services coordinator Susan Asturias. "The Alaska Tsunami Warning Center will call it off eventually, but typically, when they issue these warnings, they're not able to confirm whether [a tsunami] is going to happen or not."

On Saturday, July 29, the National Weather Service in San Diego will host a tsunami workshop at which representatives from the State Office of Emergency Services, San Diego County Office of Emergency Services, and the National Weather Service will discuss the threat of

tsunamis and how to prepare for them.

"The largest tsunami we've had here was three feet...but that doesn't mean [a larger one] can't happen; we're always fighting complacency," says Asturias.

A tsunami is a series of fast-traveling waves caused by earthquakes or landslides on the ocean floor. "People who live in or frequent coastal areas need to know that if they feel shaking when they're on the beach, that's the first clue for a local tsunami and they should head inland or go as high up as soon as possible."

According to the Office of Emergency Service's website, the largest tsunami on record for Southern California was in 1960, when waves four and a half feet tall struck the coasts of Santa Monica and Port Huen-

eme, causing major damage to harbors in Los Angeles and Long Beach.

Tsunami waves can travel up to 600 miles per hour and are likely to carry debris. The first wave is rarely the largest, and some of the last may arrive hours after the first wave hits.

For surfers and swimmers, there can be other dangers lurking about. From July 30 to August 5, the Birch Aquarium at Scripps will celebrate Shark Week with a series of shark-related activities including shark expert Dr. Jeffrey Graham's presentation "Southern California Sharks."

There are nearly a dozen species of shark living off the San Diego coast. "Sharks real close to the surf zone are smooth-hound and leopard sharks," says Graham. "In the kelp beds there are horn, swell, angel, and soup-fin sharks. Further offshore — within a mile or two of the shoreline — are blue sharks, mako sharks, and thresher sharks. Sevengill cow sharks [which live in deeper water and can grow to be ten feet long] are famous for eating dogs," he adds. "They have interesting behaviors; they team up, get a squad together, and go after seals. A young seal and a dog might look alike to them."

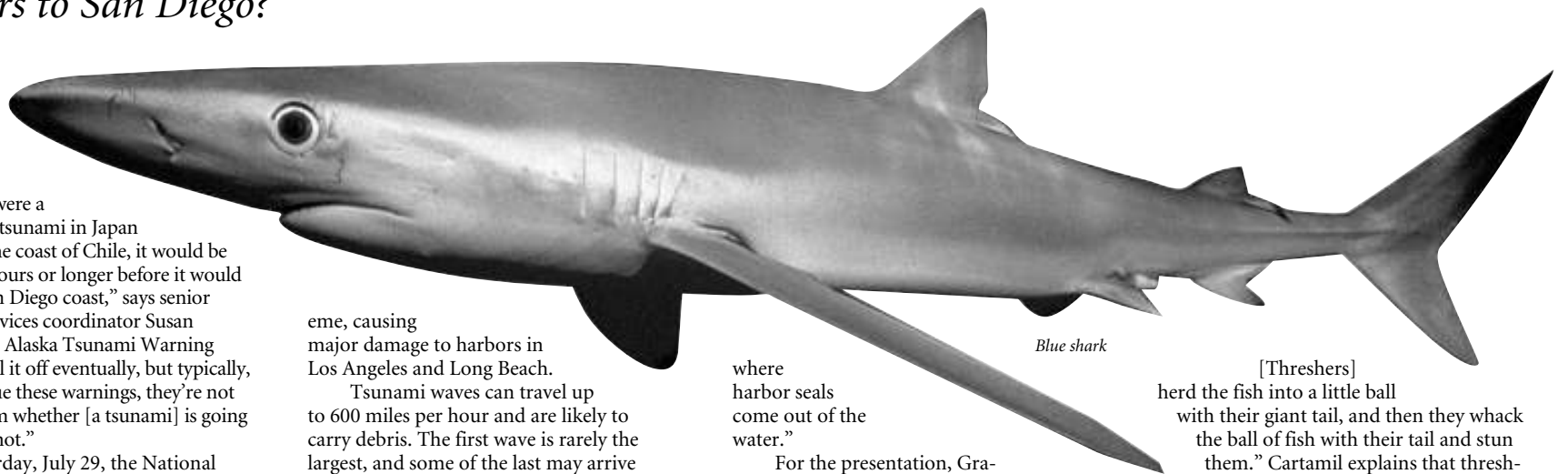
Cow sharks may be rare in Southern California, but their seal-eating cousins, the great whites, are, according to Graham, "likely to occur close to shore in La Jolla,

where harbor seals come out of the water."

For the presentation, Graham will introduce two graduate students who will discuss their current research. One, Nick Wegner, is researching the movement patterns of mako sharks.

"Makos are considered the fastest-swimming fish in the ocean — fastest of the sharks and maybe fastest of all fish," says Wegner. "We've clocked a mako moving at 14.8 meters per second, which translates to 33 miles per hour." Makos are open-ocean fish that eat smaller fish like mackerel. Similar to threshers, makos can grow to over 1000 pounds. "A more typical shark, such as the blue shark, has reportedly reached burst speeds of about 25 miles per hour." The average swimming speed for most sharks, including mako and blue sharks, is between .60 and 1.55 miles per hour.

Wegner's fellow graduate student, Dan Cartamil, will speak about the thresher shark. "The thresher's tail is as long as the rest of their entire body," says Cartamil. "The typical shark we'll see is two or three hundred pounds, but there are monsters out there that get up to a thousand pounds. Despite the fact they get this huge, they feed on small fish, like anchovies or sardines.



Blue shark

[Threshers] herd the fish into a little ball with their giant tail, and then they whack the ball of fish with their tail and stun them." Cartamil explains that threshers are the only fish to be caught by the tail, rather than the mouth, on an angler's hook. "They whack the hook with their tail."

— Barbarella

LOCAL EVENTS

Tsunami Workshop
Saturday, July 29
9:30 a.m. to 12:30 p.m.
Town and Country Convention Center
500 Hotel Circle North
Mission Valley
Cost: Free (limited space; RSVP to
edwin.clark@noaa.gov)
Info: 858-565-3490 or
www.sdcounty.ca.gov/oes/

Southern California Sharks
Monday, July 31
6:30 p.m. to 8 p.m.
Birch Aquarium at Scripps
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JUST MINUTES FROM DOWNTOWN SAN DIEGO • NEXT TO COORS AMPHITHEATRE

Calendar

LOCAL EVENTS

Events that are underlined occur after August 3.

HOW TO SEND US YOUR LISTING: Contributions must be received by 5 p.m. Friday the week prior to publication for consideration. Do not phone. Send a complete description of the event, including the date, time, cost, the precise address where it is to be held (including neighborhood), a contact phone number, and a phone number (including area code) for public information to READER EVENTS, Box 85803,

San Diego CA 92186. Or fax to 619-881-2401. You may also submit information online at SanDiegoReader.com by clicking on the events section.

BAJA

"On the Edge," documentary by Steev Hise explores "the social, cultural, and economic factors in Juárez" and the outrage of "femicide," Thursday, July 27, at 6:30 p.m. in Teatro de la Casa de la Cultura (corner of Paris and Lisboa Avenue). Discussion with victims of assaults follows. Free. 011-52-664-687-2604. (TIJUANA)

Ensenada Summer Fair with music, food, and entertainment

OUT & ABOUT

EXPLORING, ENJOYING, and Protecting Arctic Polar Bear presentation at Joyce Beers Community Center, Friday, July 28.

(SEE LECTURES)



continues through Sunday, July 30, at Manazana 8. 011-52-646-172-3022. (ENSENADA)

Mexico's National and Regional Arts, crafts, and products are celebrated in Rosarito Beach Fair 2006, concluding on Sunday, July 30. Mexican food, rides, open-air theater performances, live music, ballet folklorico, more.

Chapo de Sinaloa takes stage at Palenque at 11 p.m. on Friday, July 28 (\$20, \$30); and Paquita la del Barrio performs Saturday, July 29, 11 p.m. (\$15, \$25). To reach the fair, take first Rosarito exit from toll road; fair is visible at its Boulevard Benito Juárez location. 011-52-661-612-4391. (ROSARITO BEACH)

Todos tus Muertos play rock music, Friday, July 28, 8 p.m., at El Foro, Jai Alai Palace (on Avenida Revolución). \$15 U.S. 619-734-2333. (TIJUANA)

"Tribute to Elvis" by Scot Bruce, with Jerry Hoban as Ed Sullivan, Saturday, July 29, at 7 p.m. and 10 p.m. at Salón Mezzanine (Boule-

vard Insurgentes). \$15, \$25 U.S. 011-52-664-123-4059. (TIJUANA)

Bullfights, Sunday, July 30, 4 p.m., in downtown ring. Matadors Eulalio "Zotoluco" López, Ignacio Garibay, José Luis Angelino, bulls from Begoña. 011-52-664-686-1510. (TIJUANA)

White Horse Mexican Rodeo, Sunday, July 30, 3 p.m., at Cortijo San José. (PLAYAS DE TIJUANA)

"De Adobe es Mi Iglesia," Xavier Mexiatl reads from and signs his new book, Tuesday, August 1, 7 p.m., in Reading Room at Centro Cultural Tijuana (Paseo de los Héroes and Mina Street, in Zona Río). 011-52-664-687-9636. (TIJUANA)

Classical Music played by Orquesta Sinfónica Infantil de México, Tuesday, August 1, 8 p.m., at Centro Cultural Tijuana (Paseo de los Héroes and Mina Street, Zona Río). Tickets: \$20 general, \$8 for those 3-12 years old. 011-52-664-687-9636. (TIJUANA)

OUTDOORS

Elderberry, a common bush or small tree found from San Diego County's coastal canyons to the mountain slopes around Julian and Palomar, is in fruit this month. The branches carry myriad tiny bluish fruits covered with a white powder. The fruits have traditionally been used for various drinks and preserves.

Fleas, the bane of pets and humans alike, are hopping all over San Diego again as the summer progresses. Fleas were even more troublesome in San Diego County's past than they are today. Soldiers on the Portola expedition over two centuries ago named a deserted Indian village in today's North County "Rancheria de las Pulgas," and the problem of *pulgas* ("fleas") in the dusty streets and dwelling places of southern California were commonly mentioned in 19th-Century journals and diaries. The place-names Las Pulgas Canyon and Las Pulgas Road in

Camp Pendleton are reminders of a timeless torment.

The Thin Crescent Moon returns to easy visibility in the evening sky on Thursday, July 27. Notice how the sharp-tipped cusps point away from the sun, whose glare will be evident on the northwest horizon until well after sunset. With every passing evening, the increasingly thicker crescent moon will be spotted in twilight higher than and farther to the left of its initial position on Thursday.

The Delta Aquarid Meteor Shower, typically one of the year's ten best showers, embellishes the dark, early-morning sky during July's final week. In the hour or two before dawn (no later than 4:30 a.m.) on the peak morning of July 28, you should see about 10-20 meteors under clear, unobstructed skies, as long as you are far from city lights.

Mission Beach Meander with Walkabout adventurers, Friday, July 28. Join group for moderate walk at 9:45 a.m. at Santa Clara Point Recreation Center, 1008 Santa Clara Point. Free. 858-456-7864. (MISSION BEACH)

Trail-Repair Work in Paso Picacho at Cuyamaca Rancho State Park continues on Saturday, July 29, 9 a.m. Bring work shoes, gloves, hat, water, snack. Group gathers at Paso Picacho campground maintenance area behind fire department building. Free. Registration: 619-441-0752. For those 16 and older with a parent. (CUYAMACA RANCHO STATE PARK)

Basic Birding program by Tom Troy, Saturday, July 29, 8:30 a.m., at Buena Vista lagoon landing. Emphasis on using binoculars, spotting scopes, field guides, local

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Calendar

LOCAL EVENTS

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Tour del Día, Offshoot Tours offers an hour-long guided stroll highlighting the Park Palisades area of Balboa Park on Saturday, July 29, 10 a.m., beginning at the visitors' center. 619-235-1121. Free. (BALBOA PARK)

Explore the Urban Art Trail of East Village during Urban Safari walking tour led by Patty Fares, Saturday, July 29, 10 a.m. Reservations: 619-944-9255. \$10. (EAST VILLAGE)

Beach Cleanup hosted by Ocean Beach Grassroots Organization, at Ocean Beach Pier, Saturday, July 29, 9:30 a.m. Free. 619-225-1083. (OCEAN BEACH)

Fire Recovery, naturalist Carol Stanford leads moderate to strenuous walk in Daley Ranch to see gains plant communities have made since 2003 wildfires. Hike starts at 9 a.m. on Sunday, July 30, in main parking lot on La Honda Drive. Requested reservations: 760-839-4680. Free. (ESCONDIDO)

DANCE

Crossing Borders and Cultures, *Hip-Hop Is Everywhere* presented by Eveoke Dance Theatre through August 13. Piece "celebrates the value and transformative power of our rich and meaningful urban culture" in Tenth Avenue Theatre (930 Tenth Avenue). Performances begin at 8 p.m. Thursday-Saturday; Sunday matinees at 2 p.m. are kids' shows, suitable for those under 12. Tickets: \$20 general; "pay what you can" each Thursday and Sunday one hour before curtain. 619-238-1153. (DOWNTOWN)

Salsa Central, along with meringue, cha-cha, and bachata, Thursday, July 27, in Mission Room at Mission Valley Resort Hotel, 875 Hotel Circle South. Lessons at 8 p.m., open dance at 9 p.m. \$7. 619-596-9777. (MISSION VALLEY)

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ROAM-○-RAMA

A GUIDE TO UNEXPECTED SAN DIEGO AND BEYOND | BY JERRY SCHAD

Franklin Canyon Ranch, a patch of open space north of Beverly Hills, belongs to a sprawling assemblage of interconnected parklands called the Santa Monica Mountains National Recreation Area. Without the benefit of administrative protection, much more of Los Angeles's canyon and mountain open spaces in the Santa Monicas would surely have succumbed by now to housing developments for the wealthy.

Franklin Canyon is worth a look around, perhaps before or after touring Beverly Hills itself. Go north on Beverly Drive — but be careful to fork left on the lesser-traveled north end of Beverly Drive where the main Coldwater Canyon Drive goes straight. After 0.8 mile, bear right on narrow Franklin Canyon Drive. Go 1.2 miles farther along the canyon side to Lake Drive. Turn right and backtrack 0.3 mile south to a small parking area. The Hastain Trail begins there, on the left. (It is also possible to reach Lake Drive and the Hastain Trail by driving south from Mulholland Drive on Franklin Canyon Drive.)



Amphitheater at Franklin Canyon Ranch

From the parking area, walk the twisting Hastain Trail (a fire road) 0.9 mile along chaparral-covered slopes to a hairpin turn (980 feet elevation) with a panoramic view of the city. Looking over green-mantled Beverly Hills estates and the office towers and condominiums of the Wilshire corridor, you can sometimes see a blue horizon beyond.

From the hairpin turn, the fire road continues climbing toward Coldwater Canyon Drive. You veer

right on the narrow switchback trail descending to the green lawn and ranch house below. Somehow this old gentleman's ranch managed to retain its rustic, rural charm before being acquired for parkland about three decades ago.

From the ranch house you can walk back to your car on either of two trails that parallel Lake Drive. The trail on the right passes under a shady canopy of live oak, while the trail on the left meanders among scattered oaks and sycamores down along Franklin Canyon's usually dry stream bed.

For additional hiking in the area, try following the Cross Mountain Trail, which leads one mile north to Mulholland Drive. You can also walk or drive

around placid Upper Franklin Canyon Reservoir, visit a tiny duck pond adjoining it on the west

dubbed "Heavenly Pond," and/or check out the exhibits at the nearby Douglas Nature Center.

FRANKLIN CANYON

Poke around the rustic Franklin Canyon Ranch, an open-space park adjoining Beverly Hills.

Distance from downtown San Diego: 135 miles

Hiking length: 1.8 miles

Hiking difficulty: Easy



program of "Mexican Waltzes" ("a wacky waltz parody that pokes fun at its high-society history and stiff gender codes"), "Sippie" (tribute to Sippie Wallace), and "Cheers" (combination of poetry and dance), Friday, July 28, 8 p.m. at Ramona High School Performing Arts Center, 1401 Hanson Lane. \$20. 760-789-1716. (RAMONA)

Obon Festival, Japanese food, taiko drumming, displays, lectures, and koto lessons offered, along with Bon

Odori folk dancing at 6:30 p.m. Festival runs from noon to 8 p.m., Saturday and Sunday, July 29 and 30, at Vista Buddhist Temple and Japanese-American Cultural Center (150 Cedar Road). Free. 760-941-8800. (VISTA)

"Summer Sizzling Showcase," Dance for 2 students and staff perform a variety of styles from ballroom to hip-hop, Saturday, July 29, 7 p.m. Find the studio at 5150 Murphy Canyon Road, suite F103. \$20. 858-565-9575. (KEARNY MESA)

Community Band creates the tunes, JoAnn Koppany calls for contradance on Saturday, July 29, 8 p.m., at Trinity United Methodist Church (3030 Thorn Street). Beginner's dance workshop: 7:30 p.m. \$10. Wear soft-soled shoes. 619-283-8550. (NORTH PARK)

Dumbek Drumming with Mary Marshall precedes folk dancing, Saturday, July 29, at Folk Dance Center (4569 30th Street). Beginners: 7 p.m.;

regulars 7:30 p.m. \$6 general. 619-281-5656. (BALBOA PARK, NORMAL HEIGHTS)

English Country Dancing takes place every Sunday, 6-9 p.m., at Jean Hart Academy of Dance (Oak Knoll Plaza, 12227 Poway Road). Karin Norlin, Ellie Knoitscheck, Ellen Riley, Tyge Legier, and Terri Akin all share calling duties on July 30, and Ladyslippers will perform tunes on piano, flute, and strings. \$8. 858-676-9731. (POWAY)

Bellydance Drum-Solo Workshop, Sunday, July 30, 3 p.m. at World Beat Center (2100 Park Boulevard). \$60. 619-230-1190. (BALBOA PARK)

Honoring Departed Family and Friends Through Dance, Bon Odori (Festival of Joy) dance lessons offered at Buddhist Temple of San Diego (2929 Market Street) at 7:30 p.m. on Tuesday, August 1. Free. 619-239-0896. (GOLDEN HILL)

FILM

"Cinema under the Stars," enjoy *Suspicion*, starring Cary Grant and Joan Fontaine, on Thursday and Friday, July 27 and 28, 8:30 p.m., at Tops (4040 Goldfinch Street). Next up: Al Pacino and Ellen Barkin in *Sea of Love*, Saturday and Sunday, July 29 and 30, 8:30 p.m. \$12. 619-295-4221. (MISSION HILLS)

Original and Provocative Short Films showcased in fourth annual "alt.pictureshows," Thursday, July 27, 7 p.m., at Museum of Contemporary Art San Diego (700 Prospect Street). Part happening, part film installation, roster of films includes *Strange Love*, *Lost and Found*, *Lefe Unplugged*, *Funny Boneyard*, *The Kids Are (Not) Alright*, *The Wailing Wall*. Requested donation: \$3. 858-454-3541. (LA JOLLA)

Michelangelo Antonioni's *L'Eclisse* (1962) is described as a starkly modern meditation on love. Enjoy the flick on Thursday, July 27, 7 p.m., at Italian Community Center (1669 Columbia Street). \$2. 619-237-0601. (LITTLE ITALY)

iCinema en tu Idioma! Romantic comedy from director Juan Jose Campanella, *La Luna de Avelaneda*, Friday, July 28, through Thursday, August 3, at UltraStar Mission Valley Cinemas at Hazard Center (1140 West Mission Road). Screens daily at 10:45 a.m., 1:45 p.m., 4:45 p.m., 7:45 p.m., and 10:45 p.m. \$5-\$9.75. 619-230-1938 x101. (MISSION VALLEY)

"Stop Making Sense," performance film of Talking Heads in concert, Saturday, July 29, 2 p.m. at Museum of Making Music, 5790 Armada Drive. \$5. 760-438-5996. (CARLSBAD)



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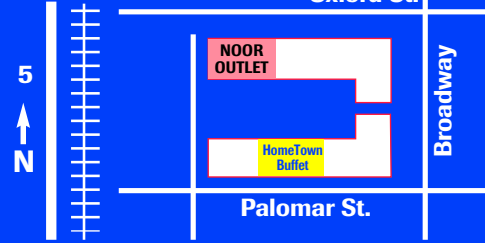
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Calendar

LOCAL EVENTS

San Diego Animal Advocates presents *The Witness*, a documentary that relays how one kitten changed the heart and life of a Brooklyn contractor, Sunday, July 30, 2 p.m., at Mission Valley branch library (2123 Fenton Parkway). Free. 619-794-0248. (MISSION VALLEY)

"Aaltra," black-and-white "deliciously mordant black comedy and the ultimate wheelchair road movie," for Film Forum on Monday, July 31, 6:30 p.m., at San Diego Public Library (820 E Street). 619-236-5800. Free. (DOWNTOWN)

Silent Movie starring Charlie Chaplin, *The Kid*, accompanied by organist Dennis James, in Spreckels Organ Pavilion, Monday, July 31, 7:30 p.m. Free. 619-702-8138. (BALBOA PARK)

"Rainman," starring Dustin Hoffman and Tom Cruise, screens for First Tuesday Films series exploring "controversial social issues," August 1, 6:30 p.m., at Escondido Library (239 South Kalmia Street). Discussion follows. Free. 760-839-4656. (ESCONDIDO)

Reuben H. Fleet Science Center, currently screening in the IMAX theater: *Deep Sea, Greece: Secrets of the Past* and *Wired to Win: Surviving the Tour de France*. "Fridays at the Fleet" features *Mysteries of Egypt* (6 p.m.) and *Island of the Sharks* at 7 p.m. on July 28. Ticket prices and showtimes: 619-238-1233. (BALBOA PARK)

LECTURES

Alzheimer's Caregivers' Forum, "A Practical Guide for Caring for a Loved One With Alzheimer's Dis-

ease," Thursday, July 27, 8:30 a.m. at Lake San Marcos Resort and Country Club (1025 La Bonita Drive). Free. 619-543-7000 (SAN MARCOS)

"Mixology 101," expand your knowledge of cocktails and their history during class Friday, July 28, 6 p.m., at San Diego Wine and Culinary Center (200 Harbor Drive, suite 120). \$35. Registration: 619-231-6400. (DOWNTOWN)

"Exploring, Enjoying, and Protecting Arctic Polar Bears," presented jointly by Christopher Micheletti, a 17-year-old high school student chosen to attend the Polar Bear Science Leadership Camp, and Kelly Murphy, senior keeper at the San Diego Zoo, on Friday, July 28, 7:30 p.m., in Joyce Beers Community Center (1230 Vermont Street). 619-585-3773. Free. (HILLCREST)

"Buying a Home in San Diego," workshop in second-floor meeting room of Central Library (820 E Street), Saturday, July 29, at noon. Free. 619-238-6630. (DOWNTOWN)

Paa'ila Indian Basket Weaving, use native plants to create baskets, dolls, and other ornaments at Agua Hedionda Lagoon Discovery Center (1580 Cannon Road), Saturday, July 29, 1 p.m. Demonstration free; \$5 to participate. 760-804-1969. (CARLSBAD)

Harp Guitar Master Stephen Bennett teaches workshop for San Diego Guitar Society Saturday, July 29, at Acoustic Expressions (2852 University Avenue). Beginners' workshop at 10 a.m.; master class at 2 p.m. \$35. 619-280-9035. (NORTH PARK)

Learn How to Use a Defibrillator during Save-a-Heart CPR class, Saturday, July 29, 9 a.m. at Days Inn Sea World, 543 Hotel Circle South. Course will cover CPR, Heimlich maneuver, drowning, AED (automated external defibrillator), and ba-

OUT & ABOUT

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sic first aid. \$65. Registration: 619-445-4569. (MISSION VALLEY)

Tsunami Workshop hosted by National Weather Service, Saturday, July 29, 9:30 a.m.–12:30 p.m., at Town and Country Hotel and Convention Center (500 Hotel Circle North). Topics: threat of tsunamis in Southern California, preparedness and response activities. Workshop is free, parking is \$5. Reservations: 858-675-8700 x555. (MISSION VALLEY)

"Stories of San Diego" provide theme for summer lecture series at Museum of San Diego History (Casa del Prado, 1649 El Prado). "Sweet Memories: The Showley Brothers Candy Factory, 1905–2005" presented by Roger Showley, Saturday, July 29, 10 a.m. \$5 general. Reservations: 619-232-6203 x104. (BALBOA PARK)

"Of Cave Water and Rain Gods: Cenote Archaeology in the Northern Maya Lowlands," archaeologist Dominique Rissolo expounds on the subject Saturday, July 29, 8 p.m. at Los Peñasquitos Ranch Adobe, within Los Peñasquitos Canyon Preserve,

12020 Black Mountain Road. Free. 858-538-8066. (RANCHO PENASQUITOS)

Parrot Education and Adoption Center offers seminars on variety of topics on July 29 and 30. "The Wild Parrots of Southern California" addressed at 1 p.m.; "Parrot Body Language" examined at 3 p.m. on Saturday.

"Lifestyles for Successful Parrot Caregivers" served up on Sunday at 1 p.m.; focus on "Avian Basic Care" at 3 p.m. on Sunday. Classes in room D-6 at Marina Village Conference Center (1936 Quivira Way). \$15. Reservations: 619-287-8200. (PACIFIC BEACH)

Sharks in Our (Pacific) Back Yard, Scripps Institution of Oceanography shark expert Jeffrey Graham speaks for "Shark Week," Monday, July 31, 6:30 p.m., at Birch Aquarium-Museum (2300 Expedition Way). \$8. Required reservations: 858-534-4109. (LA JOLLA)

"The Visionary State: A Journey Through California's Spiritual Landscape," author Erik Davis "weaves text and image into a compelling narrative of religion, architecture, and consciousness in California." Tuesday, August 1, 7 p.m., at Book

Works, 2670 Via de la Valle, suite A230. 858-755-3735. Free. (DEL MAR)

"Menopause in Style — Naturally!" Dr. Jon Dunn shares tips Wednesday, August 2, 6:30 p.m. at North County Naturopathic Health Care (609 South Vulcan Avenue, suite 201). \$10/person or \$15/family. 760-632-1665. (ENCINITAS)

Tour the Night Sky during "The Sky Tonight" planetarium show at Reuben H. Fleet Science Center, 7 p.m., Wednesday, August 2. View real sky through telescopes (weather permitting) after show. 619-238-1233. \$6.75 general. (BALBOA PARK)

"The Art of Making Noise," GERALYN Hoffman teaches about the artists of Panama during 12 O'Clock Scholar family program, Thursday, August 3, at in Gill Auditorium at San Diego Museum of Man. Make a souvenir paper mola. \$6. 619-239-2001. (BALBOA PARK)

Whither Lemon Grove in 2007? City Manager Graham Mitchell provides answers for History Alive series hosted by Lemon Grove Historical Society, Thursday, August 3, 1:30 p.m., in H. Lee House Cultural Center (3205 Olive Street). Free. 619-460-4353. (LEMON GROVE)

Self-Defense is topic when karate teacher Ken Osborne shares techniques, Thursday, August 3. This Sisters in Crime meeting starts at 7 p.m. at Joyce Beers Community Center (1230 Vermont Street). \$3. 760-735-9313. (HILLCREST)

IN PERSON

"The Complete Works of William Shakespeare (Abridged)" presented by Bruce Blackwell, David Pinson, and Jaysen Weller, through July 30, in Howard Brubeck Theatre at Palomar College (1140 West Mission Road). Curtain rises at 8 p.m. Wednesdays–Saturdays, 2 p.m. Sundays. \$15 general. 760-744-1150 x2453. (SAN MARCOS)

Twilight in the Park summer concert series features music from the '50s, '60s, and '70s by Cool Fever on Thursday, July 27; Hollywood Steel Drum Band on Wednesday, August 2; and San Diego Six takes stage on Thursday, August 3. Concerts run from 6:15–7:15 p.m. in Spreckels Organ Pavilion. Free. 619-239-0512. (BALBOA PARK)

David Grier, Grammy winner and three-time International Bluegrass Music Association Player of the Year, in performance, Friday, July 28, 8 p.m. on the Express Stage at Acoustic Expressions, 2852 University Avenue. \$18. 619-280-9035. (NORTH PARK)

TGIF Jazz in the Parks series promises blues by Lady Dottie & the Diamonds, Friday, July 28, 6 p.m., at Poinsettia Park (Hidden Valley Road). Shuttle service from Pacific Rim School (at Hidden Valley and Camino de los Ondes) between 5 and 9 p.m. 760-434-2904. Free. (LA COSTA)

Summer in the Park concert series features cabaret-hip-hop-country-rock band the Bigfellas at Trolley

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Barn Park (1900 Adams Avenue) on Friday, July 28, 6 p.m. 619-297-3166. Free. (UNIVERSITY HEIGHTS)

"Downtown Summer Sounds," Tommy Price & the Stilletos perform for free concert, Friday, July 28, 6 p.m., at gazebo parking lot (at Main Street and South Indiana). Bring chairs. Free. 760-414-9391. (VISTA)

Comedy Shows planned at 8 and 9:30 p.m., at Comedy Coop "Warehouse Theatre" (11211 Sorrento Valley Road, suite M) on Friday, July 28, and Saturday, July 29. Headliner, feature, local performers. \$8. For those 18 and older. 888-JOSHING. (SORRENTO VALLEY)

Bolga Zohdooomah performs at Bird Park (28th and Upas Streets) for summer concert series, Saturday, July 29, 5:30-7:30 p.m. 619-204-5606. Free. (NORTH PARK)

Fitness Guru Derek Noble signs his book *The Body Noble* at noon on Saturday, July 29, Barnes & Noble, 5500 Grossmont Center Drive. Free. 619-667-2870. (LA MESA)

Hawaiian Comedy Tour stars Augie T., and Hawaiian Hurricane, Saturday, July 29, 7 p.m., at Humphrey's Backstage Music Club, 2241 Shelter Island Drive. \$25. 619-426-1953. (POINT LOMA)

Stand-Up Comedy Show features Dava Krause, Tara Munson, Deb Cox, Jessica Cook, and Fini Goodman, Saturday, July 29, 8:30 p.m., at Milano Coffee Company, 8685 Rio San Diego Drive, suite B. Not suitable for children under 13. Free. 619-263-3335. (MISSION VALLEY)

Twirlers, Flea Circus, impersonations, dancers, musicians — it's all promised during old-time vaudeville shows, July 29 and 30, at North Park Vaudeville and Candy Shoppe (2031 El Cajon Boulevard). Performances begin at 8 p.m. on Saturday, 2 p.m. on Sunday. General admission: \$12 in advance, \$14 at door; \$6 for kids under 12, free for "folks over 100 years." 619-647-4958. (NORTH PARK)

"Leave Only Paw Prints: Dog Hikes in San Diego County" signed by Donna Lawrence, Saturday, July 29, 6 p.m., at Somewhere Else Books (330 North Magnolia). Free. 619-441-0480. (EL CAJON)

Author Jeff Shelby signs his book *Wicked Break* Saturday, July 29, 2 p.m., at Mysterious Galaxy Books (7051 Clairemont Mesa Boulevard). Free. 858-268-4747. (CLAIREMONT)

Bernard Cooper reads from his memoir *The Bill from My Father*, Sunday, July 30, 10:30 a.m., at San Diego Art Institute, Museum of the Living Artist (1439 El Prado). Cooper will be joined by three local authors who will also read from their own work. \$10. 619-236-0011. (BALBOA PARK)

Sue Palmer & Her Motel Swing Orchestra for Concerts on the Green at Kate Sessions Park (on Lamont Street), Sunday, July 30, 4-6:30 p.m. Free. 858-483-6666. (PACIFIC BEACH)

John Batdorf and Mark Rodney are hosted by AcousticMusic-SanDiego, Sunday, July 30, 7:30 p.m., at Normal Heights United Methodist Church (4650 Mansfield Street). Tickets: \$15, \$20. 619-303-8176. (NORMAL HEIGHTS)

"Fusion," poetry, art, and music by Asians and Asian-Americans, Sunday, July 30, 7:30 p.m., at Chicano Perk (616 National City Boulevard). Free. 619-474-7375. (NATIONAL CITY)

The Cat-illacs perform in Seaport Village's East Plaza Gazebo, Sunday, July 30, 1-4 p.m. Free. 619-235-4014. (DOWNTOWN)

Suzanne Reed and Friends offer concert at Water Conservation Garden (12122 Cuyamaca College Drive West), Sunday, July 30, 5:30 p.m. Free. (EL CAJON)

"A Tribute to Nelson Riddle," presented by Moonlight Stage Productions, Monday, July 31, 7 p.m., at Moonlight Amphitheatre in Brengle Terrace Park (1200 Vale Terrace Drive). Tickets range from \$13-\$25. 760-724-2110. (VISTA)

Open-Mike Poetry Night, Monday, July 31, 8 p.m., Twiggs Tea and Coffee (4590 Park Boulevard). Free. 619-296-0616. (UNIVERSITY HEIGHTS)

"Midsummer Comedy Blast," with comics Scott Bowman, Dr. Howard Richmond, and Wally Wang, for Comedy Grill on Tuesday, August 1, 8 p.m., D Street Bar and Grill (485 South Coast Highway 101). Free. 858-550-8088. (ENCINITAS)

Virtual Strangers performs for San Diego North County Bluegrass and Folk Club on Tuesday, August 1, 7 p.m., at Round Table Pizza (1161 East Washington Street). Free. 760-489-0191. (ESCONDIDO)

"Vintage Wine in New Bottles — A Night with Bill Cunliffe," hear what jazz sounds like on an oboe or a bassoon at Jazz in the Park, Wednesday, August 2, 5:30 p.m., San Diego Museum of Art. \$17. Reservations: 619-696-1966. (BALBOA PARK)

Poetry Unlimited showcases JohnnieRenee N. Nelson, known for her Kwanzaa poetry, Wednesday, August 2, 5 p.m., at Florence Riford Library (7555 Draper Avenue). Open readings follow. Free. 858-552-1657. (LA JOLLA)

Nice and Easy Jazz plans First Thursday Concert on August 3, 7 p.m., in Escondido Library's Turrentine Room (239 South Kalmia Street). Free. 760-839-4329. (ESCONDIDO)

Surfing Legend Mike Doyle discusses his book *Morning Glass: The Adventures of Legendary Waterman Mike Doyle*, Friday, August 18, 7 p.m., at D.G. Wills Books (7461

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Calendar

LOCAL EVENTS

Girard Avenue, 858-456-1800). Doyle is credited with "inventing the first snowboard and the soft surfboard." Free. (LA JOLLA)

Sid Brooks Dishes on Chargers in his book *Tales from the San Diego Chargers Locker Room*. Hear the stories in person, Thursday, August 24, 7 p.m. when Brooks appears at Barnes & Noble, 10775 Westview Parkway. Free. 858-684-3166. (MIRA MESA)

SPORTS

The Horses Are on the Track, seaside racing season hosted by Del Mar Thoroughbred Club contin-

ues through Wednesday, September 6, with racing every day except Tuesday. Post time 2 p.m. except Fridays, when racing begins at 4 p.m.

The Violent Femmes perform on Friday, July 28, following the last race. On Saturday, July 29, pro athletes "perform gravity-defying half-pipe tricks throughout the race day."

General admission: \$6. Find Del Mar Racetrack at San Diego County fairgrounds, Jimmy Durante Boulevard and Via de la Valle. 858-793-5533. (DEL MAR)

San Diego Padres are in Colorado for games against Rockies, July 27-30, at 6:05 p.m. on Thursday and Friday, 5:05 p.m. on Saturday, 12:05 p.m. on Sunday. Padres come home to host Houston with games against Astros August 1-3, at 7:05 p.m. on Tuesday and Wednesday, 12:35 p.m. on

OUT & ABOUT

ROLLING STONE

magazine — the early years — with photography by Baron Wolman, at Morrison Hotel Gallery Saturday, July 29.

(SEE GALLERIES)



Thursday. Tickets for future games: 877-374-2784.

Take a Thursday After-Work Ride with Sierra Club Cyclists on July 27. The 14- to 20-mile ride starts at 5:45 p.m. in the Wherehouse

parking lot at corner of Del Mar Heights Road and El Camino Real. Riders convene for post-ride dining at local eatery (bring money). 858-509-8977. (RANCHO SANTA FE)

The San Diego Surf Dawgs baseball team hosts Long Beach Armada July 28-30. Games begin at 7:05 p.m. on Friday, 6:05 p.m. on Saturday, 5:05 p.m. on Sunday in Tony Gwynn Stadium at San Diego State University (5500 Campanile Drive). 619-282-4487. (SDSU)

2006 Acura Classic stars Maria Sharapova, Serena Williams, Lindsey Davenport, July 29-August 6 at La Costa Resort (2100 Costa del Mar Road). Tickets: \$10-\$90. 760-438-5683. (CARLSBAD)

Snorkel with the Sharks on Saturday, July 29, 8-10 a.m., during outing hosted by Birch Aquarium-Museum. Sharks in question are (harmless) leopard sharks, smooth hound sharks, guitarfish. \$30. Reservations: 858-534-7336. (LA JOLLA)

Old Town Revisited, explore Old Town and the surrounding area when Knickerbikers hold 30- to 35-mile outing Saturday, July 29, starting at 8:30 a.m. at Old Town Trolley Station. 619-787-7427. (OLD TOWN)

Solana Beach Triathlon, Sunday, July 30, 8-10 a.m., during outing hosted by Birch Aquarium-Museum. Sharks in question are (harmless) leopard sharks, smooth hound sharks, guitarfish. \$30. Reservations: 858-534-7336. (LA JOLLA)

The Shortest Way to Ramona, join San Diego Bicycle Touring Society riders for ride on Sunday, July 30. Group gathers in La Jolla at 8:45 a.m. at Doyle Park (8175 Regents Road). 619-243-8617. (RAMONA, LA JOLLA)

Kayak the Calm Waters of La Jolla during outing hosted by Birch Aquarium-Museum, Sunday, July 30, 8-11 a.m. Scripps naturalists team with instructors from Ocean Enterprises Express to guide paddlers from La Jolla Shores to caves at La Jolla Cove. Beginners welcome. \$60. Reservations: 858-534-7336. (LA JOLLA)

SPECIAL

Back to the '50s Car Show along La Mesa Boulevard features over 500 classic cars, music, and food vendors, 5-8 p.m., every Thursday night through August 24. Free. 619-644-3003. (LA MESA)

"Italia Mia — Real Photos by Real People" continues through Saturday, September 16, at Italian Community Center (1669 Columbia Street). Exhibit boasts 75 photographs by 37 people representing "their most ideal Italian fantasy." Viewing, 1-4 p.m. on Saturdays, is free. 619-237-0601. (LITTLE ITALY)

"Beyond Superheroes and Sidekicks: Alternative Comics from SDSU's Special Collections" continues through Friday, August 18, in Special Collections and University Archives at San Diego State University Library. Exhibit includes works by Donna Barr, Roberta Gregory, Chynna Clugston-Major, others. Free. 619-594-4991. (SDSU)

Costume Design Students of Professor Judith Dolan showcase their work and Dolan's talent in exhibit opening with reception, Thursday, July 27, noon, in lower level of west wing of UCSD's Geisel Library. Free. 858-534-8074. Closes Thursday, August 3. (LA JOLLA)

"Chocolat and Vino," San Diego Young Professionals Committee host tasting event on rooftop of Natural History Museum, Friday, July 28, 7 p.m. \$30. 858-536-4900. (BALBOA PARK)

Doggie Café hosted by San Diego Humane Society, Friday, July 28, 6 p.m., at San Diego Humane Society and SPCA (5500 Gaines Street). Bring friendly, on-leash dogs to socialize with other canines. Trainers offer training tips on keeping dogs calm, civilized around distractions. Donation: \$10. Reservations: 619-299-7012 x2230. (MISSION VALLEY)

Home Design and Remodeling Show, July 28-30 at the Convention Center (111 W. Harbor Drive). Friday, 10 a.m. to 9 p.m.; Saturday, 10 a.m. to 7 p.m.; Sunday 10 a.m. to 5 p.m. Free (parking \$8). 619-525-5000. (DOWNTOWN)

California Wolf Center hosts public programs focusing on North American gray wolves every Saturday at 2 p.m. Programs include slide show, visit, and tour with resident wolf pack. Tickets: \$8 general, \$5 for seniors, \$4 for

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Reading

Standing Eight: The Inspiring Story of Jesus "El Matador" Chavez, Who Became Lightweight Champion of the World



By Adam Pitluk
Da Capo, 2006, \$24.95, 248 pages

FROM THE DUST JACKET:
Standing Eight is a riveting tale of a strong-willed boxer who has refused to stay down for the count, both in the ring and in life.

WHAT THE CRITICS SAY:
"Immigrant issues are being hotly contested on the streets and in congress. And *Standing Eight*...reads like a timely allegory for the plight of the undocumented.... Precise and passionate, Pitluk chronicles how the Mexican-born, American-bred boxer — battling inside and outside the ring — handles numerous obstacles: poverty, incarceration, his undocumented status, and border crossing." — *New York Post*
"Adam Pitluk has really created something special...a story that

can apply to many boxers that come from the poorest of neighborhoods with very little going for them, with the exception of ambition to conquer the world in the ring. Outstanding."
— *Ringside Report*
"A gripping sports biography." — *Boxing Digest*
"A compelling story."
— *Texas Monthly*
"A story of rags to riches, dreams shattered, dreams attained, and life lived and lost. Pitluk delivers a knockout punch."
— *The Saratoga*

ABOUT THE AUTHOR:
Adam Pitluk was a reporter for the *Dallas Observer*. He is today a contributor to *Time* magazine and has written for *People* and the *Dallas Morning News*, among other publications. A native of Cleveland, he lives in Dallas, Texas, where he teaches

journalism at the University of Texas.

A CONVERSATION WITH THE AUTHOR:
"Adam, how did you meet the boxer Jesus Chavez?"
"In 1999, I was a cub reporter at the *Dallas Observer*, a street weekly. I was on the job maybe three days and a lady walked in, asking if she could speak to the youngest sports writer on staff. She told me the story of a boxer with the ring name of Jesus Chavez. It was compelling. I pitched it to my editor and was on a plane to Mexico City. From there I went overland to the tiny town of Delicias. He and I met, and we've been friends ever since."
"What so caught your imagination that you had to meet him and years later write a whole book about him? Who is 'El

Matador?"
"He was born Gabriel Sandoval, in the Mexican town where Pancho Villa was killed and buried. He was raised in Delicias, where his grandfather and father worked as miners 3100 feet under the earth. It was gainful employment, but it destroyed your health. The area was impoverished. Gabriel's father wanted more for his family. His father's brother carried 7-year-old Gabriel on his shoulders across the Rio Grande into the U.S., while his mom pulled his sister across on an inner tube. It was the second attempt to save the family from the grinding poverty at home."
"They were illegal aliens?"
"Yes," says Adam. "Undocumented."
"And then?"
"They settled in Chicago. There young Gabriel, 10, happened upon a grimy gym named

The Matador by its operator, a young ex-teacher who taught ghetto kids to box, to keep them off the mean streets of the infamous Westside. Gabriel was fabulous at it. He learned fast and refused to back down, even when he was outweighed or outclassed. He showed real courage. He didn't like to fight so much as he liked to compete and win. He won three Golden Glove titles, had a record of 95 wins and 5 losses as an amateur, so the trainer initiated serious contacts with Mexican boxing people to get Gabriel a tryout for their next Olympic team."
"Gabriel's still in high school at this point," I chime in.
"Yeah, 112 pounds and 16 years old. He was handsome, funny, witty, and on the way to great things, but getting distracted by the Harrison Gents."

(continued on page 94)

"He showed real courage. He didn't like to fight so much as he liked to compete and win."

children ten and younger. Required reservations: 619-234-WOLF. (JULIAN)

"Pirates of the Pacific Yacht Party," cruise around San Diego Bay amidst live reggae music, eight DJs, bellydancers, and gambling, Saturday, July 29. Boards at 4:30 p.m. at 1050 North Harbor Drive; returns at 10 p.m. Tickets: \$25-\$80. 760-634-5431. (DOWNTOWN)

Pride Festival, July 29-30, offers a multitude of musicians, bands, comedy and dance performers, 250

vendor booths, auto show, food, and much more. Parade travels along University Avenue between Normal Street and 6th Avenue starting at 11 a.m. Saturday. Festival runs Saturday, noon to 10 p.m., and Sunday, 11 a.m. to 8 p.m. \$12. 619-543-9544. (BALBOA PARK)

"Gimme Shelter," variety show includes Tracey Singer, Tom Burns, the Procrastinators, the Good News Baptist Gospel Choir, and more, benefits Katrina homeless, Saturday, July 29, at Seaside

Center (1613 Lake Drive). Reception at 7 p.m., show at 8 p.m. \$20. 760-632-6909. (ENCINITAS)

House of Argentina hosts lawn program at International Cottages, Sunday, July 30, 2 p.m. Free. Food for sale. 619-234-0739. (BALBOA PARK)

"Truck and Buggy Maniacs," current theme for Cajon Classic Cruise, the weekly classic car show featuring "more than 500 classic, custom, and hot rod cars," on Wednesday, August 2, 5-8 p.m. on Main Street. Free. 619-401-8858. (EL CAJON)

"The ACLU in Today's Society: How Effective Is It?" Discussion starts at 7 p.m. on Wednesday, August 2, at Living Room Coffeehouse (1417 University Avenue). Free. 619-295-7911. (HILLCREST)

FOR KIDS

"Cowboy Bo and the Train Whistle"— Escondido author and illustrator Glen Vecchione's original play for kids is presented as

part of San Diego Actors Alliance Festival, Thursday, July 27, 6:30 p.m., and Saturday, July 29, 1 p.m., at Lyceum Theatre in Horton Plaza. Free; suggested reservations, 619-544-1000. (DOWNTOWN)

"Cinderella" continues through Sunday, July 30, in Marie Hitchcock Puppet Theater. Showtimes: 11 a.m., 1 and 2:30 p.m. Next up: *Pacific Tales* by Max, August 2-6. Find theater near Aerospace Museum. Admission: \$3 for children, \$4 seniors, \$5 general. 619-544-9203. (BALBOA PARK)

"Snoopy: The Musical" continues through August 6 at Coronado Playhouse (1835 Strand Way). Schulz's *Peanuts* comic-strip characters come to life with big-band jazz score for family. Curtain rises at 8 p.m. Thursdays-Saturdays, with 2 p.m. matinees on Sundays. Reservations: 619-435-4856. (CORONADO)

Meet Clifford during story time, Friday, July 28, 7:30 p.m., at Barnes and Noble Bookstore (10755 Westview Parkway). Free. 858-684-3166. (MIRA MESA)

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Friday, August 11, 6 pm

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Dance Group (China)

and **Transcendence**

(Modern/Hip-Hop)

Friday, August 18, 6 pm

Xdrop (Modern) and **City Ballet** (Classical)

Friday, August 25, 6 pm

Viva Mexico!! Ballet Folklorico Jalisciense

and **Ballet Folklorico Quetzal** with

Mariachi Arriba (Mexico)

Reading

(continued from page 93)

"Who were they?"

"A street gang of kid career criminals. Gangbangers. They loved Gabriel's reputation and local celebrity, and lured him in. One of them shows up on a sunny day with an umbrella. In it is a sawed-off shotgun. Gabriel was enlisted as the lookout at a holdup."

"Was it foiled?" I ask.

"No, they pulled it off, but someone must have bragged or ratted. They were busted. Gabriel went to jail, sentenced to 7 years. Just a tragedy. But he promises his father he'll be champion of the world someday and make him proud yet. In prison, he worked out every waking moment in his cell, tied garbage bags filled with water to the ends of a broomstick and used them as free-weights. At night, he would fight his silhouette, sometimes all night. Meanwhile, his exemplary family gained permanent-resident

status, thanks to Reagan's Immigration Reform and Control Act. They were on their way to becoming citizens even as their eldest endured prison."

"How long did he serve?"

"He was paroled after four years and released. That was the good news. But as soon as he was out, he was handcuffed and taken to O'Hare International and deported."

"That must have been crushing."

"His father intercepted him in Mexico. By then dad had a green card. He and Gabriel bluffed their way back across the border. Every year 70,000 Mexicans were caught and sent back, but that day father and son made it and flew home to Chicago for a reunion of the family. From there Gabriel went to a relative in Austin. He found Richard Lord's gym and literally took up residence. Gabriel, right out of prison, was slow and heavy: 160 pounds. In great shape but smoking two packs a day. The skills were evident, though. He went to work to regain his form."

I laugh. "This is where it turns into a movie."

The author laughs, too. "Yeah. Gabriel became a local hero. He took the ring name of Jesus Chavez, "El Matador" (for his Chicago gym), and won consistently. A guy named Richard Garriott befriends him, an unconventional computer genius who had dropped out of high school and become a millionaire. Gabriel slept on a worn mattress in the stuffy boxing gym; Garriott, in his marvel of a house, in a huge bed that lifted through his roof so he could sleep under the stars. The two were friends."

"And then?"

"Gabriel meets a college student, Terri, a nice Jewish girl from a traditional upper-middle class family. He falls totally for Terri. They're inseparable. And she falls in love with Jesus Chavez, the ex-con deportee, illegal immigrant, professional boxer, and Roman Catholic."

"Hmm. Who would play her?"

"It seemed like a nice Jewish girl's parents' worse night-

mare. But Gabriel was so charming, her family just loved him. In fact, it was her mother who sought me out later to help him."

"So," I prompt, "dreams are coming true."

"Yes. On top of friendship and romance, three years after getting out of prison, Gabriel wins the North American Federation Super Featherweight Championship. Everyone is stunned and weeping with joy. A national title. He is ranked fifth in the world. This puts him next in line to face the WBC featherweight champion. He defends his own title four times and dreams of capturing the other championship belt."

"But another hitch develops," I comment. "It came out that he was undocumented. He was deported all over again, back to his hometown in Mexico and his grandparents."

"Which is where I found him in 1999," says Adam, "training alone in a dilapidated gym underneath the bleachers of a small stadium. There was no ring, just a concrete square. He couldn't

"Gabriel doesn't move his head in the ring. He just takes the punches. Morales, it turns out, has broken both his hands on Gabriel's head."

even spar, and he was alone."

"Normally when a boxer trains, how many people are involved in supporting him?"

"A trainer. Often a fitness or strength coach. Sparring partners. Between 5 to 15 people at a training camp for a serious fight. He had none of that. He had to do it all himself."

"He's down there nearly 4 years."

"Right," says Adam. "And all of the boxing action is up in the States, except he does have one significant fight with the Mex-

ican national champ. And beats him and wins over his countrymen."

"Afterward a brilliant lawyer found a loophole and Gabriel returned to the U.S. legally."

"Yes, for the first time he crossed the border legally. And by then his father was a citizen and simply sponsored him."

"How old is he, in boxing terms, when he comes back at that time?"

"Getting up there: 28. He's lost roughly eight years: four in prison, four exiled in Mexico. But

"The Wiz" presented by actors and crew of San Diego Junior Theatre through August 13, in Casa del Prado Theater. For ages ten and up. Curtain rises at 7 p.m. on Friday; 2 p.m. on Saturday and Sunday. Performance on August 12 is ASL interpreted. Tickets: \$9-\$12 adults, \$7-\$10 seniors and children 13 and under. Reservations: 619-239-8355. (BALBOA PARK)

Japanese Cultural Education Program for children K-8th grade. Learn about Hanesetsuki, a Japanese Battledore game, and make your own *hagoita* (paddle) and *hane* (birdie) to play with. Drop in anytime between 10 a.m. and noon, Saturday, July 29, at Japanese Friendship Garden. \$3. 619-232-2780. (BALBOA PARK)

MUSEUMS

(Art museums are listed in the Reader's Guide to Art.)

Bancroft Ranch House Museum houses indigenous Indian artifacts and memorabilia of early settlers in the area, run by the Spring Valley Historical Society. The home, built in 1863, was registered as a National Historic Landmark in 1962 and is on a spot where Kumeyaay Indians camped more than 1000 years ago beside the spring that later gave the area its name. The museum is found at 9050 Memory Lane; 619-469-1480. (SPRING VALLEY)

Barona Cultural Center and Museum is located at 1095 Barona Road; 619-443-7003 x2. (LAKEVIEW)

California Surf Museum, "The Surfer-Shapers," on exhibit through 2006, showcases several surfers whose conceptual abilities and crafting talent radically altered surfboard design. The search has always been for lighter, faster, more maneuverable boards, from Duke Kahanamoku in early 1900s to Tom Blake in 1920s to Simon Anderson in early 1980s.

The museum features surfing artifacts and memorabilia — such as surfboards and clothing — of local legends Phil Edwards, John "L.J." Richards, and Peter Johnson, and Duke Kahanamoku. The museum is located at 223 North Coast Highway; 760-721-6876. (OCEANSIDE)

Chula Vista Nature Center, an interactive living museum devoted to the endangered Southern California coastal wetlands, located in Sweetwater Marsh National Wildlife Refuge. Visitors can use a Bioscanner to view animals macroscopically, use a Wentzscope for views of microscopic organisms found in the "Sweetwater Soup," and interact with computerized videos exploring how tides affect the bay in the "Moons, Tides, and the San Diego Bay" exhibit. Pet sharks and rays in the David A. Wergeland Shark and Ray Experience, see burrowing owls and migratory birds, and enjoy the xerophytic gardens.

Visitors meet a shuttle bus at the Bayfront E Street Trolley Station or at the center's parking lot at the foot of E Street and Bay Boulevard. 619-409-5903. (CHULA VISTA)

Coronado Museum of History and Art, ongoing exhibits explore the overall history of Coronado, Navy and Army, Tent City, and the Hotel del Coronado. Find the museum at 1100 Orange Avenue. Call 619-435-7242 for further information. (CORONADO)

Flying Leatherneck Museum, dedicated to the Marine Corps who provided air support, from the propeller-driven fighters and bombers of the 1940s to the modern jets and helicopters currently in use. Static displays of a variety of aircraft are included, along with equipment, insignia, paintings and photographs, scale models, and a research library. The museum is located in building T-2002, at Marine Corps Air Station Miramar. 858-693-1723. (MIRAMAR)

Gaslamp Museum of Historic San Diego, glimpse San Diego's colorful past at the museum, where displays highlight Wyatt Earp's San Diego days, the Peg Leg Gold Legend, the first maps and photographs of Old Town and "New Town," early military history, the naval disaster in 1923 at Point Honda, and more. Find the museum at 413 Market Street (between Fourth and Fifth Avenues). 619-237-1492. (GASLAMP QUARTER)

Heritage of the Americas Museum, more than 100 Chinese jades of the Late Neolithic (4300-2500 B.C.) through the Ming periods (A.D. 1368-1644) are included in "The Stone of Heaven: The Enduring Art of Jade Age China." From ancient times, jades in China were treasured as talismans, worn on the body either as final adornments in death or as ornaments in life. See a rare and valuable jade burial suit of the Han dynasty (206 B.C.-A.D. 221), one of only about two dozen that have

been excavated in China. The suits were made of more than 2000 square and rectangular plates of jade sewn together with threads of gold, silver, or bronze (depending upon the status of the wearer). Ongoing.

The museum features art and artifacts from South and North America, concentrating on the utilitarian and decorative artistry of crafts workers from ancient cultures. The museum also features wings dedicated to natural history, archaeology, education, anthropology, and fine art. Find the museum on the Cuyamaca College campus, 12110 Cuyamaca College Drive West. 619-670-5194. (RANCHO SAN DIEGO)

Heritage Walk Museum, the museum includes the restored Victorian House, the city's original Santa Fe Train Depot, a railroad car with model train, working blacksmith shop, and a barn. Find Heritage Walk in Grape Day Park, at 321 North Broadway; 760-743-8207. (ESCONDIDO)

Santana July 27
Gipsy Kings July 27, 28
Al Green July 29
Julio Iglesias July 31
Hank Williams Jr. Aug. 2
Bill Maher Aug. 11
Ben Harper Aug. 13
Death Cab for Cutie Aug. 15
Buddy Guy Aug. 16
Los Lonely Boys Aug. 16
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Red Hot Chili Peppers Aug. 22
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August 25



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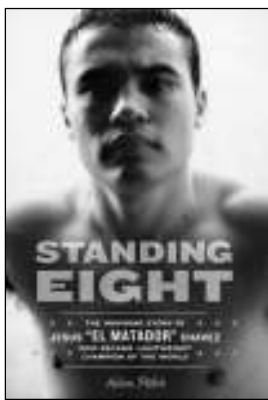
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he's boxing in the States again, and once again he fights his way into the top ranks. Then, the big title fight was scheduled in San Francisco. Mayweather, his opponent, is undefeated, and may be the best pound-for-pound boxer in the world. He's fluid, technically accomplished, and has ferocious punching power."

"But Gabriel wins!"

"No, it's a great fight, he's doing great, but he loses. His new trainer throws in the towel in the ninth round. Technically a

knockout. Richard Lord is apoplectic, but there's nothing to be done."

"Maybe life isn't like the movies," I observe.

"And he and his girl split up."

"Get out!"

"Gabriel's next big bout is with Singmanassuk, the Thai boxer who holds the World Boxing Confederation super featherweight title. The opponent is 26 and in great shape, with a record of 39 wins and 1 loss. Gabriel—Jesus Chavez—is 31 years old. The Thai fought well, Gabriel fought brilliantly. And won. El Matador was a champion once again."

"That would have been a great ending," I say, "but boxing goes on. Boxers don't stop."

"The next name opponent is Erik Morales, 'El Terrible,' who is pursuing a third championship in a different weight class. Only one other fighter had done that. The fight was savage. In the second round, Gabriel tears his rotator cuff and separates his right shoulder, gets knocked down twice, and proceeds to box the

next 11 rounds left handed. He throws 856 left-handed punches, 17 with his right. He won't quit. He goes the distance and loses the decision, of course. Both fighters are battered. Like a lot of the Mexican fighters, Gabriel doesn't move his head in the ring. He just takes the punches. Morales, it turns out, has broken both his hands on Gabriel's head."

"Things do get better," I say. "He meets Aunisa Strokland in a Barnes and Noble in Austin."

"She's a graduate of the University of Montana and a lieutenant in the Texas Army National Guard. Yes, they become an item."

"So the last loss was a huge disappointment for Jesus Chavez," I say, picking up the storyline. "And it gets worse. A year after losing to Morales, Gabriel is fighting in Las Vegas again, but this time there is scant publicity, even though it's a championship fight. His is the third bout on the card, against International Boxing Federation lightweight champion Leavander Johnson. It's the first

fight televised on HBO's pay-per-view programming and starts at 6 p.m., mountain time"

"Gabriel did really well. The referee stopped the fight in the 11th round. Jesus 'El Matador' Chavez dethroned Johnson and was the IBF champion. Victory. Except Leavander Johnson was rushed to the hospital, suffering from a subdural hematoma. I was sitting there watching it happen and didn't know it. None of us did. Johnson had left the ring on his own power. They operated, but he died five days later."

"What a story," I said. "The life of the boxer is almost manic."

"It's really played on him psychologically. I remember, right before a big fight, someone wished him luck, and a fan said, 'I'll be praying for you in there.' And he replied, 'I'll be praying for both of us. I don't want to hurt anyone.' That's the type of guy he is. Leavander Johnson's father told him he's not to blame, that he should go on and keep fighting. He welcomed Gabriel at his son's funeral in Atlantic City.

"I'll be praying for both of us. I don't want to hurt anyone."

During the service, Jesus Chavez was asked to stand, and the congregation applauded him in support. But at the same time, it's still weighing on him."

"What's he doing now?"

"He lives in a very modest ranch-style home in a working-class neighborhood of North Austin. He married his girlfriend. She was serving in Iraq at the time of the Johnson fight."

"Is he still training?"

"Well, he's trying to recover from this shoulder injury. His goal is to get back in the gym and start training. It just hasn't happened yet. Part of that could very well be because of the emotional burden, or maybe he is trying to postpone the inevitable."

"How many years do you think he has left?"

"I can't see him going more than another year. The body is just not healing right. He was always a fast healer. Thirty-three is not necessarily a dinosaur, but in boxing years...it's like dog years. It's getting up there."

"What do you wish for him?"

"I don't want to see him be one of these guys fighting well into his mid to late 30s and starting to show the symptoms of a long boxing career, like the loss of memory and judgment. I guess the short answer to that is hopefully not more than another year."

"How," I ask, "has Leavander Johnson's death affected him most?"

"He hasn't fought since."
— Juris Jurjevics

John DeWitt Historic Museum and Library, operated by the Alpine Historical Society, it is located in the 1897 home/office of Dr. Sophronia Nichols. She was the first doctor in Alpine and the first female doctor in the East County. Indian artifacts from the Kingery family on exhibit. The museum is located at 2116 Tavern Road; 619-659-8740. (ALPINE)

La Mesa Depot Museum, located in a restored 1894 wooden train station, exhibits include original telegraph and telephone equipment, pot-bellied coal stove, period furniture. The adjacent freight train display features 1923 steam locomotive, 1957 refrigerator car, 1941 caboose. Find the museum at La Mesa Boulevard and Spring Street. 619-465-7776. (LA MESA)

Magee House Museum, built in 1887 and surrounded by rose gardens, the site includes "one of the last barns still standing in Carlsbad." Docent and self-guided tours of historic house and gardens. Find Magee House at 258 Beech Street; 760-434-9189. (CARLSBAD)

Museum of Making Music, "Howe-Orme: Forgotten Voices Remembered" is exhibit of rare and historic mandolins, mandolas, and guitars manufactured by Elias Howe Company of Boston over 100 years ago. Howe-Orme were awarded a series of patents for "the uniqueness of their functional design features and style." Through April 2007.

The past 100 years of American music and music making are highlighted at the museum, with over 450 vintage instruments, hundreds of audio and video clips, and an interactive stage. Find the museum at 5790 Armada Drive; 760-438-5996. (CARLSBAD)

Ramona Pioneer Historical Society and Guy B. Woodward Museum is a complex of historical buildings, including the Verlaque House (the only Western adobe home of French provincial design still in existence), wagons, antique exhibits, and artifacts. There is a cowboy bunk house, women's clothing and accessories from 1700 to 1800, a ranch blacksmith shop and tack room. The Casey Tibbs Memorial Exhibit is dedicated to Tibbs, a local resident who was a world-champion rodeo rider. The Bancroft Memorial Rose Garden is on the grounds. Rare documents, historical exhibits, books, photographs, and a research library are also part of the complex.

Find it all at 645 Main Street. 760-789-7644. (RAMONA)

San Diego Aerospace Museum, the technological advancements made in aircraft propulsion over the last century are showcased in "100 Years of Aircraft Engines," including a functional reproduction of the 1903 Wright Flyer Engine; a Rolls-Royce liquid-cooled Merlin V-12 that powered the *Spitfire* and P-51 *Mustang* fighters; and a rare German Junkers *Jumo 004*, one of the world's

first operational jet engines.

Concurrently, see "The History of Commercial Aviation in America." A new section of the exhibit celebrates the 40-year history of PSA, with original graphics, a recreation of the airline's first ticket booth at Lindbergh Field, and uniforms and memorabilia donated by former employees. Ongoing.

"P-51 *Mustang*" celebrates the legendary Air Force fighter used during both World War II and Korea. The museum's *Mustang* is painted in the red-tail livery of the Tuskegee Airmen, who distinguished themselves flying bomber

escort and ground attack missions during World War II.

The museum offers exhibits of over 65 aircraft — including an RQ-1K Predator UAV (unmanned aerial vehicle) on indefinite loan from the National Museum of the United States Air Force at Wright-Patterson Air Force Base, which "saw action over the Balkans in the late 1990s"; a replica of Spirit of St. Louis, a Fokker Scourge (or Fokker Eindeuter E-III), a World War I Spad VII, flight deck of the USS *Yorktown*, and a Lockheed Blackbird spy plane — 1400 scale models, 10,000 aviation-related

items, and memorabilia from Montgolfier hot-air-balloon era to Space Age, along with an International Aerospace Hall of Fame.

The museum is located in the Ford Building in the Palisades area. 619-234-8291. (BALBOA PARK)

The San Diego Aircraft Carrier Museum onboard the decommissioned USS *Midway* is open for tours, now berthed at 910 North Harbor Drive. Exhibits include Navy jet simulators, carrier and flight deck touring, captain's sea cabin, pilot house, navigation bridge. Admission fee includes audio guide. 619-544-9600. (DOWNTOWN)

San Diego County Sheriff's Museum, the 150-year history of the sheriff's department is highlighted at the museum, which is located "just feet away" from the original cobblestone jail site, built in 1850. The museum boasts artifacts, photographs, equipment, uniforms, and vehicles, along with exhibits from each of the departments making up the organization such as crime scene, K-9, court service, detentions, crime lab, bomb squad, and many others. Find the museum at 2384 San Diego Avenue; 619-260-1850. (OLD TOWN)

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Sorbet Palette

"I paint what I like, where I like, and when I like."

The English painter David Hockney was no stranger to Los Angeles when he made it his permanent residence in 1978. Friendships and exhibitions had brought him there often, but his off-and-on romance with the place and its color-style, the phantasmagorical hues from which he partly derived what the critic Sarah Highgate calls his "sorbet palette," finally persuaded him to stay. For all he has absorbed of his Southland milieu, he remains an English, or more broadly, a European artist, in thrall from his beginnings to Pablo Picasso and for a long time loosely affiliated with an older generation of London-based painters that included Francis Bacon, Lucian Freud, Frank Auerbach, and (American-born) R.B. Kitaj. Hockney works in a realist, figurative tradition, and his practice has been as classical as it gets: portraiture, landscape, and still life. Born in 1937 into a working-class culture in Yorkshire, he has found a way, in his best work, of blending realist immediacy with California dreaming.

Among Hockney's first pictures (made at the age of 18) was a 1955 portrait of his father and a self-portrait from the year before, both included in the big, baggy retrospective, *David Hockney Portraits*, which I saw last fall in Boston and which is currently at the Los Angeles County Museum of Art. He already had a deft touch and used the brush or pencil to coax personality from his sitters, to *characterize* them, and he has put his hand to nearly every medium: oil and acrylic paint, pencil, charcoal, pastel, lithography, etching, even

photographic collage. That 1954 self-portrait I mentioned is constructed of sliced-up bits of canvas and paper collaged on newsprint. He would go on to make dozens of other self-portraits, most of which depict him studying himself in the inquisitive act of making a picture. The 1954 painting shows him dealing with Picasso's influence, using mixed media to create planar surfaces that recall Cubism.

And, like Picasso, he has developed a feisty, dexterous line and has a similar voraciousness for human semblance and at-hand materials. In 1990, for instance, he made digital photo portraits of everyone who visited his home in the Hollywood Hills, all 110 of them, including the director of the Getty Center and the guy who maintains Hockney's swimming pool.

In a 1973 drawing titled *Artist and Model*, a naked Hockney, sporting only his signature round-framed eyeglasses, sits across a table from a Picasso dressed in his trademark sailor's shirt, who holds what seems to be a page from a sketch book. Hockney shyly stares past him, as if at something waiting to be found *beyond* the master, while Picasso nails him with what everybody who knew him described as his pitiless, small, black eyes. It's an image of a master deliberating on the quality of a terribly exposed acolyte's work. As he matured, Hockney pushed in his own directions. In a 1977 painting, *Self-Portrait with Blue Guitar*, he vaporizes Picasso's Cubist planes and turns them into abstract structures sailing in architectural spaces, which brings this and sim-

REVIEW W.S. DI PIERO



Self-Portrait with Blue Guitar, 1977

David Hockney Portraits
Los Angeles County Museum of Art, 5905 Wilshire Boulevard, Los Angeles
Through Monday, September 4. For additional information, call 323-857-6000 or visit www.lacma.org.

ilar pictures closer to collage or assemblage than to Cubism's angular, analytical permutations of volume. In his more naturalistic portraits, Hockney handily frees himself of Picasso's influence by

anatomizing the textures of flesh, textiles, and decoration, breaking down their surfaces into tight hatchings and rainy separations of brushstrokes.

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American Collectors, 1968



Christopher Isherwood and Don Bachardy, 1968

Hockney is a better draftsman than colorist, though he has coined a unique, recognizable vision of L.A.'s palette — aqueous, glassily opaque, sun-hazed indoors or out. In his paintings up till the 1990s, his surfaces have a flipped-over quality, the color aerated, diaphanous, a little drained of affect but crisped by precise, luminous edges. Since 1989, he has cultivated a more sensuous handling with open, broken brushwork that shows fiercer, more concentrated attack. He has become less reserved in scrutinizing his sitters' emotional exposure and his own relation to it, and the structure of the pictures follows this loosening. Compare the totemic verticals of *American Collectors* (1968) with its two figures, tree, sculpture, and actual totem rigidly deployed across a schematized array of framings (windows, doorway, rooflines), each stiff "collector" set in a different pictorial zone, to the much later double portrait *Martin Kemp and Marina Wallace* (2003), which is wobbly, casual, and oblique in its view of the subjects. The continuity between these pictures is that the two fig-

ures in each, while set close together in space, are as psychologically adrift as figures in any of Degas's disassociated group portraits. Unlike, say, the many Dutch baroque pictures of stable husband-wife pairs, Hockney, loyal to the modern theme, is more interested in difficulty and impermanence, in what comes and goes. Someone once commented that his many double portraits are like An-nunciations: "There's always somebody who looks permanent and somebody who's kind of visiting."

A gay artist who frequently treats gay subjects, Hockney certainly isn't the first artist to depict explicit homosexual Eros. In the 1930s and 1940s, photographers like Herbert List and George Platt Lynes were making artful — "arty" is closer — images of young male nudes, usually in bed, but these weren't exhibited until many years later. And the randy, carnivalesque watercolors Charles Demuth made in the early 1930s, of sailors cavorting (exposed penises and all) on beaches with "the boys," stayed in the closet for a long time. Hockney made

his first gay painting, *Queer*, while still a 23-year-old art student and in 1966 illustrated, with a kind of lubricious tenderness, a set of poems by the homosexual Alexandrian poet C.P. Cavafy. Many of the portraits featuring homosexual friends and lovers are fleshy bonbons full of fondly depicted, firm, youthful buttocks displayed on beds or in pools. Gay pairings of different emotional temperatures and erotic tensions have been a constant theme, from the monumentalized 1968 *Christopher Isherwood and Don Bachardy* to the 2002 *Sully Bonnelly and Robert Littman*, where both stylish, middle-aged subjects dangle their hands at their spread crotches.

Early in his career, Hockney remarked: "I paint what I like, where I like, and when I like." And, he might have added, with whatever materials he likes. His early interest in collage, for instance, resurfaced years later with experiments in photo-collage. His scissored-up sequence of Billy Wilder lighting a cigar is among the exhibition's wittiest surprises. Hockney's intent in this and other such works was to

create a visual field of moments lived through by the same person, a kind of stutter-step composite of someone performing a single activity. It was a way of achieving sequential likenesses in one instant. He has tried other means to achieve likeness but has also admitted, "I don't really like struggling for likeness." What matters is personality, composition, tonal expressiveness, relatedness — the portrait as a way of greeting (or meeting) reality. In 1999, while drawing guards at the National Gallery, London, he began to use a camera lucida, an instrument that lets an artist use an image refracted through a lens as a template for drawing people quickly and accurately. (Ingres used the camera lucida to achieve his exquisite likenesses.) Hockney's curiosity about historical technologies resulted in his controversial 2001 book, *Secret Knowledge*, which tried to prove that the old masters often arrived at their graphic exactitude of perspective and detail by virtue of mechanical devices. The book, if nothing else, makes it clear that Hockney believes it was technical ques-

tions that drove artists to reveal more about the nature of physical reality, that art, in other words, isn't what theorists call a social construct or issue-driven "hegemonic" implement.

Hockney has certainly emulated Picasso's restlessness. He continues to test new media and techniques. The LACMA exhibition demonstrates that "affect," the running current of feeling, as it appears in his drawings and photographic collages, lies entirely in figuration, the sharp delineation of expressiveness and response. The paintings, on the other hand, subtle in colorist dynamics as they sometimes are, tend to be more affectless in their presentation of subject: we see Hockney instead thinking his way through formal problems. The paintings are more meditative and coolly self-possessed. But whatever one thinks of Hockney's achievement, through all his years of seeking he has kept a certain faith. "I'm quite convinced painting can't disappear, because there's nothing to replace it," he has said. "The photograph isn't good enough. It's not real enough." ■

Events that are underlined occur after August 3.

HOW TO SEND US YOUR LISTING: Contributions must be received by 5 p.m. Friday the week prior to publication for consideration. Do not phone. Send a complete description of the event, including the date, time, cost, the precise address where it is to be held (including neighborhood), a contact phone number, and a phone number (including area code) for public information to **READER ART**, Box 85803, San Diego CA 92186. Or fax to 619-881-2401. You may also submit information online at SanDiegoReader.com by clicking on the events section.

GALLERIES

Sixteen Artists Converge at reception for their exhibit "San Diego Design: New Work from Allied Craftsmen," 7 p.m., Thursday, July 27. Exhibit at Oceanside Museum of Art features selected works from 16 members of group; merging craft and design, range of work is sculptural, conceptual, decorative, and functional in wood, fiber, clay, metal, and mixed-media, continues through Sunday, August 6. Find the museum at 704 Pier View Way; 760-721-2787. (OCEANSIDE)

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MUSIC SCENE

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"Sicko Records Runs San Diego," says Sicc Made of the label founded by Southeast San Diego rapper Lil Uno. "We are all over the

Boy Scouts," a dig against the Sicko artist roster, which is nicknamed "Sicko Camp."

Next month, the label plans to release the local-artist compilation *Heat Rocks*, the fifth to include Sicc Made's music.

"People get upset because I'm on Sicko Records," says Sicc Made, who describes

rap too....

"They feel [Sicko] should be strictly a Latin label with strictly Hispanics.... I grew up in East San Diego in a Latin community. My stepfather is black. I grew up hanging around Mexicans. My family is mostly black. I got exposed to a lot of things....

"People tell me I will have a hard time, that I won't sell any records, that I'm barking up the wrong tree. While they keep barking, I'm still rising. I've been doing this for ten years."

Sicc Made does rap about artists who have crossed the Sicko label, but he doesn't use their names.

"I speak in general terms. If somebody is reading this and they know in their heart they did this, then they know I'm shooting at them."

— Ken Leighton

Get a Better Agent, Mikey Rock 105.3's Mikey Esparza once called members of a local Hispanic band "beaners" on the air and was once suspended after making a joke about the murder of a young girl ("...that's why I don't use duct tape; I use

nylon rope"). Six months after Howard Stern left "terrestrial" airwaves for satellite radio, Esparza seems to have won most local Stern listeners.

In the latest quarterly Arbitron ratings, Mikey's



PHOTOGRAPH FROM MIKEYSHOW.COM

MIKEY'S SIDEKICK DOESN'T HURT RATINGS

morning yackfest is number one in the 18–34 demographic. Local radio listeners in that age range prefer talk over music in the morning; Arbitron says the "music intensive" FM-94/9 morning show comes in 7th place while the music-and-talk *Cantore in the Morning* show on 91X comes in at

13th place.

"I guess it helps if you have Jesus on your side," says a DJ whose program airs during the same time slot as Esparza's. "He even has a billboard that says 'Christian.'" Rock 105.3 paid for outdoor advertising that included one-word descriptions of Esparza next to his photo. On the air, Esparza talks about his religious beliefs and how he is recovering from substance abuse.

Should *Mikey Show* ratings hold, insiders speculate that pay for the crew of six will be increased when their contract comes up for renewal. One radio executive estimates that talent for competing morning-radio talk shows *Dave, Shelly, and Chainsaw* and *Jeff and Jer* each get compensated between \$5 million and \$7 million per year. The executive says Rock 105.3 is getting a bargain; he estimates *The Mikey Show* people are guaranteed \$1 million a year or less.

Though *Dave, Shelly, and Chainsaw* and *Jeff and Jer* continue to be number one and two among listeners in the older 25–54 age range, the programs don't generate the

huge ratings they did in past years.

Meanwhile, radio insiders wonder how long Stern's replacement on Free FM (103.7) can last. The L.A.-based *Adam Carolla Show* is in 18th place among 18–34 listeners and in 22nd place among those aged 25–54. Free FM (formerly called the Planet) is now all talk. Stern's replacement on the East Coast, David Lee Roth, has already been yanked off the air.

— Ken Leighton

Shhh... "We are being 'hush hush' because if word gets out, this could muster competition and that would be bad," says Todd Urick of his hope to launch "a local community radio station. Not a pirate station; a real one, with serious watts that can get the signal far and wide." Urick claims to have heard that, later this year ("no one knows when exactly"), the FCC will offer public entities and private nonprofit community organizations a one-time, five-day window to apply for a full-power FM radio license, and San Diego is one of the few cities with potential bandwidth.

blurt

the inside track

radio. We perform at car shows in front of 2000 people. They see our CDs on the top shelf of FYE and Tower Records across the U.S."

Still, says Sicc Made, the label has its detractors.

"One local artist who used to be on Sicko said in an interview that camping is for



PHOTOGRAPH BY DEREK PLANK

SICC MADE PROUD TO BE IN SICKO CAMP

himself as half-Irish/half-Cherokee. "They look at this white boy and say, 'Hey, who is this?' I had to let them know that a white boy has

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continued

"I talked to Activist San Diego about all of this stuff; they got a prelim study done, and there is a frequency available," says Urick, whose past broadcasting endeavors include stints as both engineer and manager at KDVS, a 9200-watt free-form radio station near Sacramento. His nonprofit group (www.commonfrequency.org) hopes to raise money for a proposed indie FM station that would broadcast from atop a mountain in northern San Diego. "The FCC hasn't announced anything yet, [but] people into alternative media really need to get organized to make this thing happen." The big thing is getting the associated filing costs together." He expects those costs to total around \$4000

— Jay Allen Sanford

"Viking on the Mountaintop"

petitioning the gods" is how Frank Melendez describes the sound of Riververb, his one-man experimental noise band. After watching him set up and suit up, his seven-word description makes sense. He has a full-sized drum kit, a homemade bass guitar built from a 20-gallon oil drum, a foot-controlled synthesizer, and effects pedals. He plugs everything into an 800-watt amplifier and then straps on a helmet that has a built-in microphone.

"The microphone is made

from a set of headphones," says Melendez. "I just cut up a pair of headphones where one of the speakers was blown and bolted it to the front of this helmet. My girlfriend has this collection of deer antlers, so I mounted some of those to the top and painted it."

With the helmet strapped on, Melendez looks like a postapocalyptic warrior. He carries a drumbeat and bangs a stick on the bass while standing on a weird synthesizer. The sound is a mix of feedback, thumping beats, and space-age/UFO effects. Melendez has been a singer, bassist, guitarist, and drummer in "traditional" bands.

"For years I've been pursuing the family-unit style of band and ended up



PHOTOGRAPH BY ERIC RIFE

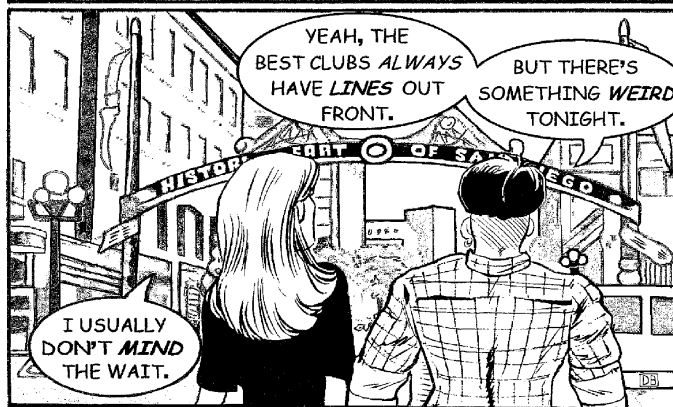
FRANK PETITIONS THE GODS

frustrated because of flakey fuckers," he says. "The reason I started Riververb was because the band I was in had a show booked with Graves at Sea, which is a pretty big metal band. They flaked on practices about six times in two weeks. I said, 'Fuck you,' and changed the flier and did the show myself."

— Larry Harmon

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Third Degree

Rock 'n' Roll Brian Barrabee, bassist for the Long and Short of It, is paralyzed from the chest down. He's been in a wheelchair since May 2004, the victim of a hotel-room accident. He explains how he was recently burned in a Modesto hotel room.

"I wasn't paying attention. The bathtub filled up with boiling water. By the time I noticed, I saw my feet were really red. I had third-degree burns.... I knew by reading the Web that my life was not in danger and that I didn't have to go to the hospital. We found out you shouldn't use ice, that you should use cold water and then wrap [the burned area] up in this cream wound protector and gauze."

Barrabee says he went to the emergency room after their Arcata show. The incident did not interrupt his band's 15-city tour.

"We never came across a venue that was hard to access. We played upstairs in Santa Cruz, but it was totally wheelchair accessible.... I understand the novelty of this, but I don't want this to

be a part of our identity as a band. We're doing everything now that we would have done before the accident except I sit down when I play instead of standing up....

"There is one guy who does a one-man act in a wheelchair. But I'm the only



PHOTOGRAPH BY DEREK PLANK

THE LONG AND SHORT OF IT KEEPS ROLLING

guy I know of in a wheelchair who goes out and tours with a band.... There is no way I could do this without the help and support of my bandmates. But I don't even think about it anymore. They fixed up the van so I could get in and out easily. I don't think about it at all when I'm playing...."

The current band lineup (Barrabee, vocalist Ben Johnson, drummer Tim Johnson, and guitarist Matt Strachota) has been the same for three years.

Barrabee, who used to work in the food industry, no longer holds down a day job. He books shows for the band. Does he expect to be in a wheelchair for the rest of his life?

"That won't change unless someone else gets elected in the White House."

The Long and Short of It appears August 4 at the Zombie Lounge.

— Ken Leighton

Not-So-Cool Beans

The all-age Bean Bar venue (and coffeehouse) on Rosecrans Street recently stopped booking local bands. Rick Dieterle, who manages the place, says, "We just didn't have the capacity for it. I wanted to do things like movie nights, or current events, where we debate topics. We are looking at a [new] neighborhood location to open a coffee shop that can have all those things. In this area [near the I-8 on-ramp], it's just not that type of place. We only have 120 max capacity."

What about the

allegations of financial problems?

"We just weren't covering our costs if a band didn't draw a lot of people. And we had a few bands that could draw 140 people, but they wouldn't be comfortable because the place isn't big enough. If 300 people showed up, paying \$6 a head, then everyone would be happy. We ended up paying the bands a buck a head for anyone that walked in the door."

"I understand how frustrating it can be for a band. I play saxophone. I know that a lot of practice goes into learning songs. A lot of the stories that came out weren't telling our side of things, and some bands I contacted to explain the situation didn't want to discuss it. I don't have experience running a venue, just a coffeehouse."

— Josh Board

CONTRIBUTORS

William Crain, Dave Good, Jeremiah Griffey, Larry Harmon, Michael Hemmingson, Ken Leighton, Ryan Loyko, Derek Plank, Eric Rife, Jay Allen Sanford

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"It sends chills up my spine and lightning out my bloodshot eyes."

I haven't gotten any heat from the Gabor estate yet," says one-man band Zsa Zsa Gabor, who doubts anyone will mistake him for the Hungarian-born socialite whose name he co-opted. "What I do is perform with prerecorded found-sounds and a synthesizer running through effect pedals that I manipulate to create harsh noise. I also use samples, and although I don't have lyrics, each track has its own story. It's sort of like scary movie-sound-track music." He says getting gigs is so difficult that "Sometimes I have to lie and say I'm indie rock."

Gabor (real name Samuel Lopez) recalls going over poorly at O'Connell's. "I sensed bad vibes in the joint the minute I walked in...I played about 15 minutes before the owner stumbled over to me, spittle flying from his mouth, hands over ears: 'Enough, it's over! Turn it off!' I can't believe I made it that far. There was this inebriated-looking gentleman standing next to my equipment the whole time I was playing, and I seriously thought he was going to take a swing at me. Right after the owner unplugged me, another intoxicated patron lamented that he couldn't believe he turned the Rolling Stones off the jukebox for me."

WHAT'S IN YOUR CD PLAYER?

1. Riververb, *S/T* ("It sends chills up my spine and lightning out my bloodshot eyes.")
2. Nels Cline, *Immolation/Immersion* ("Listening to this in the morning is like mainlining caffeine.")
3. Chicago, *The Very Best of Chicago: Only the Beginning* ("As much as I like the sounds of bulldozers scraping off the top of my skull at 124 miles per hour, I need this stuff to bring me back to reality.")
4. The Sun City Girls, *High Asia/Lo Pacific* ("A total mind-bending, genre-crossing, peel-off-your-skin-and-pour-salt-on freak out. This will put you in a trance quicker than a million strobe lights.")
5. Boris, *Pink* ("Galaxy-sized thunder doom, kicked-in-the-teeth gutter punk, with Blue Cheer power chording.")

this stuff to bring me back to reality.")

DESERT ISLAND DVDs?

1. *Santa Sangre* ("Filled with fabulously grotesque characters.")
2. *Hated: G.G. Allin and the Murder Junkies* ("Todd Phillips really hit me over the head with this amazing documentary of one of America's premiere shock performers and his un-merry band of in-



Zsa Zsa Gabor

sane musicians.")

3. *The Royal Tenenbaums* ("I'd have to say that this is probably a perfect movie...the suicide scene makes we weep.")
4. *Mad Max 2: The Road Warrior* ("Just pure uncut effin' coolness.")
5. *Gummo* ("A total mind screw! Harmony Korine did an outstanding job in assembling these sick little disturbing scenes...I always have to take a shower after watching this one.")

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<p>20</p> <p>Putt TO WIN 1P-7P</p>	<p>21</p> <p>Money Madness 10A-2:45P</p>	<p>22</p> <p>Casino Player Best of Gaming HOSTS WINNER</p>	<p>23</p> <p>3MILLION TOTAL REWARDS WIN THE HOUSE</p> <p>Sugaray & the Brothers Funk 7P-11P BLUES/FUNK OASIS LOUNGE</p>	<p>24</p> <p>BLACK GOLD Spin 1P-7:30P</p> <p>Diva Soul 7P-11P SOUL/R&B OASIS LOUNGE</p>	<p>25</p> <p>icandy 8P-10P Heatwave 8P-10P TOP 40/DANCE OASIS LOUNGE</p>	<p>26</p> <p>icandy 8P-10P Rising Star 8P-10P TOP 40/DANCE OASIS LOUNGE</p>
<p>27</p> <p>Casino Player Best of Gaming CASINO PROMOTIONS WINNER</p>	<p>28</p> <p>Money Madness 10A-2:45P</p>	<p>29</p> <p>\$10,000 BACK TO THE BEACH SLOT TOURNAMENT 4P</p>	<p>30</p> <p>3MILLION TOTAL REWARDS WIN THE HOUSE</p> <p>Uncle Boogie 7P-11P TOP 40/ALTERNATIVE OASIS LOUNGE</p>	<p>31</p> <p>Lil' Elmo & the Cosmos 7P-11P CLASSIC ROCK OASIS LOUNGE</p>	<p>icandy 8P-10P iCandy Dancers every weekend!</p>	



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August 24
9pm - 1am

REAGANOMICS

August 11 & August 12
9pm - 1am

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Calendar CONCERTS

THIS WEEK'S CONCERTS

THURSDAY

The Gipsy Kings: Viejas Casino Concerts in the Park, Thursday, July 27, 5005 Willows Road, Alpine. 619-445-5400.

Santana: Bayside Concerts at the Embarcadero, Thursday, July 27, Embarcadero Park South, 619-445-5400.

Terri Clark: Humphrey's Concerts by the Bay, Thursday, July 27, 2241 Shelter Island Drive, Shelter Island.

Jurassic-5: 4th & B, Thursday, July 27, 345 B Street, San Diego. 619-231-4343.

FRIDAY

The Gipsy Kings: Viejas Casino Concerts in the Park, Friday, July 28, 5005 Willows Road, Alpine. 619-445-5400.

Celtic Women: Humphrey's Concerts by the Bay, Friday, July 28, 2241 Shelter Island Drive, Shelter Island.

"Sounds of the Underground Tour": Soma, Friday, July 28, 3350 Sports Arena Boulevard, San Diego. 619-226-7662.

Circa Survive: House of Blues, Friday, July 28, 1055 Fifth Avenue, Gaslamp. 619-299-2583.

Kirk Whalum: Spreckels Theatre, Friday, July 28, 121 Broadway, downtown. 619-235-9500.

SATURDAY

Al Green: Viejas Casino Concerts in the Park, Saturday, July 29, 5005 Willows Road, Alpine. 619-445-5400.

Bone Thugs N Harmony: House of Blues, Saturday, July 29, 1055 Fifth Avenue, Gaslamp. 619-299-2583.

SUNDAY

Sammy Hagar: Viejas Casino Concerts in the Park, Sunday, July 30, 5005 Willows Road, Alpine. 619-445-5400.

Manu Chao: Bayside Concerts at the Embarcadero, Sunday, July 30, Embarcadero Park South, 619-445-5400.

Tea Leaf Green: 'Canes, Sunday, July 30, 3105 Ocean Front Walk, Mission Beach. 858-488-1780.

MONDAY

Bruce Cockburn: House of Blues, Monday, July 31, 1055 Fifth Avenue, Gaslamp. 619-299-2583.

TUESDAY

Boz Scaggs: Humphrey's Concerts by the Bay, Tuesday, August 1, 2241 Shelter Island Drive, Shelter Island.

Pete Yorn: The Casbah, Tuesday, August 1, 2501 Kettner Boulevard, San Diego. 619-232-4355.

The Rollins Band and **X:** 4th & B, Tuesday, August 1, 345 B Street, San Diego. 619-231-4343.

Panic! at the Disco: Soma, Tuesday, August 1, 3350 Sports Arena Boulevard, San Diego. 619-226-7662.

WEDNESDAY

Sean Hannity, Hank Williams Jr., and **Lee Greenwood:** Coors Amphitheatre, Wednesday, August 2, 2050 Entertainment Circle, Chula Vista. 619-671-3600.

The Rippingtons: Humphrey's Concerts by the Bay, Wednesday, August 2, 2241 Shelter Island Drive, Shelter Island.

UPCOMING CONCERTS

AUGUST

Julio Iglesias: Viejas Casino Concerts in the Park, Friday, August 4, 5005 Willows Road, Alpine. 619-445-5400.

Foreigner: Humphrey's Concerts by the Bay, Friday, August 4, 2241 Shelter Island Drive, Shelter Island.

"Street Scene 2006" featuring **Tool, Kanye West, Social Distortion, Snoop Dogg,** and many more: Qualcomm Stadium, Friday, August 4, and Saturday, August 5, 9449 Friars Road, Mission Valley. 877-840-0457.

"Red, White, Bluegrass": Bayside Concerts at the Embarcadero, Saturday, August 5, Embarcadero Park South, 619-445-5400.

Olivia Newton-John: Humphrey's Concerts by the Bay, Sunday, August 6, 2241 Shelter Island Drive, Shelter Island.

Ramblin' Jack Elliott: AcousticMusicSanDiego, Sunday, August 6, 4650 Mansfield Street, Normal Heights. 619-303-8176.

Ian Anderson: Humphrey's Concerts by the Bay, Monday, August 7, 2241 Shelter Island Drive, Shelter Island.

Randy Newman: Humphrey's Concerts by the Bay, Wednesday, August 9, 2241 Shelter Island Drive, Shelter Island.

Ottmar Liebert & Luna Negra: Humphrey's Concerts by the Bay, Thursday, August 10, 2241 Shelter Island Drive, Shelter Island.

"Roots Rock Reggae" with **Ziggy Marley, Sinéad O'Connor, Sly & Robbie,** and **Ozomatli:** Viejas Casino Concerts in the Park, Thursday, August 10, 5005 Willows Road, Alpine. 619-445-5400.

Asleep at the Wheel: Belly Up Tavern, Thursday, August 10, 143 South Cedros Avenue, Solana Beach. 858-481-8140.

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THURSDAY AUGUST 10 6:30PM

THE GIPSY KINGS
TONIGHT & TOMORROW! JULY 27 & 28

AL GREEN
THIS SATURDAY! JULY 29

JULIO IGLESIAS
FRIDAY AUGUST 4

BILL MAHER
FRIDAY AUGUST 11

CREEDENCE CLEARWATER
REVISITED
SATURDAY AUGUST 12

BUDDY GUY
ROBERT CRAY
WEDNESDAY AUGUST 16 7:30PM

EARTH WIND & FIRE
CHRIS BOTTI
TUESDAY AUGUST 22

GEORGE BENSON
AL JARREAU
RAUL MIDÓN
THURSDAY AUGUST 24

RANDY TRAVIS
FRIDAY AUGUST 25

REGGAE SUNSPLASH
UB40 :: TOOTS & THE MAYTALS :: MAXI PRIEST
THIRD WORLD :: RIK ROK :: TOMMY COWAN
WEDNESDAY AUGUST 30 6:00PM

JAMES GANG RIDES AGAIN
JIMMY FOX, DALE PETERS & JOE WALSH
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Calendar CONCERTS

Yolanda Adams: Humphrey's Concerts by the Bay, Friday, August 11, 2241 Shelter Island Drive, Shelter Island.

Creedence Clearwater Revisited: Viejas Casino Concerts in the Park, Saturday, August 12, 5005 Willows Road, Alpine. 619-445-5400.

"Motown's Greatest": Bayside Concerts at the Embarcadero, Saturday, August 12, Embarcadero Park South, 619-445-5400.

Ben Harper: Bayside Concerts at the Embarcadero, Sunday, August 13, Embarcadero Park South, 619-445-5400.

Lonestar: Humphrey's Concerts by the Bay, Sunday, August 13, 2241 Shelter Island Drive, Shelter Island.

Hal Ketchum: Belly Up Tavern, Sunday, August 13, 143 South Cedros Avenue, Solana Beach. 858-481-8140.

Death Cab for Cutie: Bayside Concerts at the Embarcadero, Tuesday, August 15, Embarcadero Park South, 619-445-5400.

The Neville Brothers: Belly Up Tavern, Tuesday, August 15, 143 South Cedros Avenue, Solana Beach. 858-481-8140.

Buddy Guy and Robert Cray: Viejas Casino Concerts in the Park, Wednesday, August 16, 5005 Willows Road, Alpine. 619-445-5400.

Los Lonely Boys: Bayside Concerts at the Embarcadero, Wednesday, August 16, Embarcadero Park South, 619-445-5400.

Shakira: San Diego Sports Arena, Wednesday, August 16, 3500 Sports Arena Boulevard, 619-224-4171.

Cracker: Belly Up Tavern, Wednesday, August 16, 143 South Cedros Avenue, Solana Beach. 858-481-8140.

The John Jorgenson Quintet: AcousticMusicSanDiego, Wednesday, August 16, 4650 Mansfield Street, Normal Heights. 619-303-8176.

Poco: Humphrey's Concerts by the Bay, Thursday, August 17, 2241 Shelter Island Drive, Shelter Island.

Dennis DeYoung: Humphrey's Concerts by the Bay, Friday, August 18, 2241 Shelter Island Drive, Shelter Island.

Bill Medley: Bayside Concerts at the Embarcadero, Saturday, August 19, Embarcadero Park South, 619-445-5400.

The Dan Band: House of Blues, Saturday, August 19, 1055 Fifth Avenue, Gaslamp. 619-299-2583.

The Dave Brubeck Quartet: Humphrey's Concerts by the Bay, Sunday, August 20, 2241 Shelter Island Drive, Shelter Island.

Burt Bacharach: Bayside Concerts at the Embarcadero, Sunday, August 20, Embarcadero Park South, 619-445-5400.

Michael Franks: Humphrey's Concerts by the Bay, Monday, August 21, 2241 Shelter Island Drive, Shelter Island.

Etta James: Humphrey's Concerts by the Bay, Tuesday, August 22, 2241 Shelter Island Drive, Shelter Island.

The Red Hot Chili Peppers and the **Mars Volta:** San Diego Sports Arena, Tuesday, August 22, 3500 Sports Arena Boulevard, 619-224-4171.

Earth, Wind, and Fire and **Chris Botti:** Viejas Casino Concerts in the Park, Tuesday, August 22, 5005 Willows Road, Alpine. 619-445-5400.

Big Head Todd & the Monsters and **Toad the Wet Sprocket:** Humphrey's Concerts by the Bay, Wednesday, August 23, 2241 Shelter Island Drive, Shelter Island.

Def Leppard and **Journey:** Coors Amphitheatre, Wednesday, August 23, 2050 Entertainment Circle, Chula Vista. 619-671-3600.

Air Supply and **Christopher Cross:** Humphrey's Concerts by the Bay, Thursday, August 24, 2241 Shelter Island Drive, Shelter Island.

Al Jarreau and **George Benson:** Viejas Casino Concerts in the Park, Thursday, August 24, 5005 Willows Road, Alpine. 619-445-5400.

Randy Travis: Viejas Casino Concerts in the Park, Friday, August 25, 5005 Willows Road, Alpine. 619-445-5400.

Big Bad Voodoo Daddy: Humphrey's Concerts by the Bay, Friday, August 25, 2241 Shelter Island Drive, Shelter Island.

"American Idols Live 2006": San Diego Sports Arena, Friday, August 25, 3500 Sports Arena Boulevard, 619-224-4171.

Richie Havens: AcousticMusicSanDiego, Friday, August 25, 4650 Mansfield Street, Normal Heights. 619-303-8176.

The Dave Matthews Band: Coors Amphitheatre, Saturday, August 26, 2050 Entertainment Circle, Chula Vista. 619-671-3600.

Gordon Lightfoot: Humphrey's Concerts by the Bay, Sunday, August 27, 2241 Shelter Island Drive, Shelter Island.

Louisiana Red: AcousticMusicSanDiego, Sunday, August 27, 4650 Mansfield Street, Normal Heights. 619-303-8176.

Roseanne Cash: Humphrey's Concerts by the Bay, Monday, August 28, 2241 Shelter Island Drive, Shelter Island.

The Doobie Brothers: Humphrey's Concerts by the Bay, Tuesday, August 29, 2241 Shelter Island Drive, Shelter Island.

John Fogerty: Viejas Casino Concerts in the Park, Tuesday, August 29, 5005 Willows Road, Alpine. 619-445-5400.

The Little River Band: Belly Up Tavern, Wednesday, August 30, 143 South Cedros Avenue, Solana Beach. 858-481-8140.

SEPTEMBER

Ozomatli: 'Canes, Friday, September 1, 3105 Ocean Front Walk, Mission Beach. 858-488-1780.

Ozomatli: 'Canes, Saturday, September 2, 3105 Ocean Front Walk, Mission Beach. 858-488-1780.

James Brown: 4th & B, Saturday, September 2, 345 B Street, San Diego. 619-231-4343.

Steve Poltz: Belly Up Tavern, Saturday, September 2, 143 South Cedros Avenue, Solana Beach. 858-481-8140.

Kem: Spreckels Theatre, Sunday, September 3, 121 Broadway, downtown. 619-235-9500.

Joe Cocker: Humphrey's Concerts by the Bay, Thursday, September 5, 2241 Shelter Island Drive, Shelter Island.

Jesse Cook: Humphrey's Concerts by the Bay, Thursday, September 5, 2241 Shelter Island Drive, Shelter Island.

Los Lobos: Humphrey's Concerts by the Bay, Friday, September 8, 2241 Shelter Island Drive, Shelter Island.

The James Gang Rides Again: Viejas Casino Concerts in the Park, Saturday, September 9, 5005 Willows Road, Alpine. 619-445-5400.

Linda Eder: San Diego Civic Theatre, Saturday, September 9, Third Avenue and B Street, 619-570-1100.

Ryan Adams: House of Blues, Saturday, September 9, 1055 Fifth Avenue, Gaslamp. 619-299-2583.

The Wailers: House of Blues, Sunday, September 10, 1055 Fifth Avenue, Gaslamp. 619-299-2583.

Ricardo Arjona: Coors Amphitheatre, Sunday, September 10, 2050 Entertainment Circle, Chula Vista. 619-671-3600.

Southside Johnny & the Asbury Jukes and the **Fabulous Thunderbirds:** Humphrey's Concerts by the Bay, Sunday, September 10, 2241 Shelter Island Drive, Shelter Island.

Feist: Belly Up Tavern, Monday, September 11, 143 South Cedros Avenue, Solana Beach. 858-481-8140.

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Humphrey's CONCERTS BY THE BAY



David Bromberg with Angel Band/ the subdudes

Thursday, August 3



Olivia Newton-John

Sunday, August 6



Ian Anderson plays Orchestral Jethro Tull Conducted by John O'Hara

Monday, August 7



Randy Newman

Wednesday, August 9



Ottmar Liebert & Luna Negra

Thursday, August 10

THURSDAY!



Terri Clark

with special guest **Ryan Shupe**
Thursday, July 27

FRIDAY!



Celtic Woman

Friday, July 28

WEDNESDAY!



The Rippingtons 20th Anniversary Tour

featuring **Russ Freeman/
David Benoit**
Wednesday, August 2

july

Terri Clark

with special guest **Ryan Shupe**
Thursday, July 27 • 7:30

Celtic Woman

Friday, July 28 • 8:00

august

Boz Scaggs **SOLD OUT!**

with special guest **James Hunter**
Tuesday, August 1 • 7:30

The Rippingtons 20th Anniversary Tour

featuring **Russ Freeman/
David Benoit**
Wednesday, August 2 • 7:30

David Bromberg with Angel Band/ the subdudes

Thursday, August 3 • 7:00

Foreigner **SOLD OUT!**

with special guest **Joe Bonamassa**
Friday, August 4 • 7:30

Olivia Newton-John

Sunday, August 6 • 7:30

Ian Anderson

plays **Orchestral Jethro Tull**
Conducted by
John O'Hara
Monday, August 7 • 7:30

Randy Newman

Wednesday, August 9 • 8:00

august

Ottmar Liebert & Luna Negra

Thursday, August 10 • 7:30

Yolanda Adams

with special guest **Ledisi**
Friday, August 11 • 7:30

Lonestar

with special guest **Nick Ashton**
Sunday, August 13 • 7:30

Poco/Pure Prairie League

Thursday, August 17 • 7:00

Dennis DeYoung: The Music of Styx

Special guest appearance by
Glen Burtnik
Friday, August 18 • 7:30

Dave Brubeck Quartet

Sunday, August 20 • 7:30

Michael Franks

with special guests **Willie & Lobo**
Monday, August 21 • 7:00

Etta James

Tuesday, August 22 • 7:30

Big Head Todd & The Monsters/ Toad The Wet Sprocket

Wednesday, August 23 • 7:00

Air Supply/ Christopher Cross

Thursday, August 24 • 7:00

august

Big Bad Voodoo Daddy

Friday, August 25 • 7:30

Gordon Lightfoot

Sunday, August 27 • 7:30

Rosanne Cash

Monday, August 28 • 7:30

Doobie Brothers

Tuesday, August 29 **SOLD OUT!**

september

Joe Cocker

with special guests
Billy Thompson & Daryl Johnson
Tuesday, September 5 • 7:30

Jesse Cook

with special guest **Sophie Milman**
Thursday, September 7 • 7:30

Los Lobos

with special guests
Ivan Neville's Dumpstaphunk
Friday, September 8 • 7:00

Southside Johnny & The Asbury Jukes/ The Fabulous Thunderbirds

Sunday, September 10 • 7:00

Steve Tyrell

Thursday, September 14 • 7:30

Tower of Power

Friday, September 15 • 8:00

George Carlin

with special guest **Vance Gilbert**
Saturday, September 16 • 6:30 & 9:00

september

Brian Culbertson

featuring **Eric Darius/
Keiko Matsui**
Thursday, September 21 • 7:00

Temptations

Sunday, September 24 • 7:30

Na Leo

Friday, September 29 • 7:00

october

Emmylou Harris

Tuesday, October 3 • 7:30

Queensrÿche

Wednesday, October 4 • 7:30

Bobby Caldwell

Friday, October 6 • 8:00

Cecilio & Kaponi

Sunday, October 8 • 7:30

Larry Carlton Blues Project

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Thursday, October 12 • 7:00

Joan Baez

with special guest **Rhythm Village**
Wednesday, October 18 • 7:30

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KENS RUE**
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AUGUST 2



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MEN, WOMEN, AND CHILDREN
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CONCERTS



CONCERT CALENDAR

DEF LEPPARD * JOURNEY
WEDNESDAY AUGUST 23

DAVE MATTHEWS BAND
ROBERT RANDOLPH & THE FAMILY BAND
SATURDAY AUGUST 26

RICARDO ARJONA
SUNDAY SEPTEMBER 10

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JOE NICHOLS * RUSHLOW HARRIS * LINDSEY HAUN
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Calendar CONCERTS

Joan Baez: Humphrey's Concerts by the Bay, Wednesday, October 18, 2241 Shelter Island Drive, Shelter Island.

Marta Topferova: AcousticMusicSanDiego, Friday, October 20, 4650 Mansfield Street, Normal Heights. 619-303-8176.

Susan Werner: AcousticMusicSanDiego, Thursday, October 26, 4650 Mansfield Street, Normal Heights. 619-303-8176.

NOVEMBER

The Blue Man Group: Cox Arena, Saturday, November 4, SDSU campus, College Area. 619-594-0429.

Adrian Belew: Belly Up Tavern, Tuesday, November 7, 143 South Cedros Avenue, Solana Beach. 858-481-8140.

Aerosmith and Mötley Crüe: Coors Amphitheatre, Thursday, November 9, 2050 Entertainment Circle, Chula Vista. 619-671-3600.

Pink Martini: 4th & B, Sunday, November 12, 345 B Street, San Diego. 619-231-4343.

DECEMBER

Geoff Muldaur: AcousticMusicSanDiego, Saturday, December 2, 4650 Mansfield Street, Normal Heights. 619-303-8176.

Tom Russell: AcousticMusicSanDiego, Sunday, December 10, 4650 Mansfield Street, Normal Heights. 619-303-8176.

Glen Yarbrough: AcousticMusicSanDiego, Saturday, December 23, 4650 Mansfield Street, Normal Heights. 619-303-8176.

JANUARY

Al Kooper: AcousticMusicSanDiego, Friday, January 12, 4650 Mansfield Street, Normal Heights. 619-303-8176.

Eliza Gilkyson: AcousticMusicSanDiego, Thursday, January 18, 4650 Mansfield Street, Normal Heights. 619-303-8176.

Calendar CLUBS

DJ EVENTS

If you would like to include your DJ event, e-mail sellis@nethere.com or fax information to 619-881-2401 by 5:00 p.m., Friday, the week prior to publication. The listings are free.

Ascension: Second Friday of the month, Robin Roth and Tom King spin the best in dark underground dance music. 9 p.m. to 2 a.m.; 21 and up. The Kava Lounge, 2812 Kettner Boulevard, middletown, 619-543-0933.

Borders Collapse v7: Fourth Saturday of the month, Tijuana electronic artists and electroclash/minimal techno with Mono Mono, Wero, and DJ Sonico. No cover. Kadan, 4696 30th Street, North Park. 619-640-2500.

BrokenBeat Night: First Saturday of the month, live electronic, machine funk, and breaks. No cover. Kadan, 4696 30th Street, North Park. 619-640-2500.

Club de Sade: Third Saturday of the month, gothic, industrial, and EBM with DJs Darkman and Creep. 9 p.m. to 2 a.m. San Diego Sports Club, 1271 University Avenue, Hillcrest. 619-299-7372.

Club '80s: Thursdays, nuwave, new romantic, and punk synthpop with DJs Bryan Pollard, Sickboy, and Atari. 9 p.m. to 2 a.m.; 21 and up. Shooterz, 3815 30th Street, North Park. 619-574-0744.

Club Fashion Whore: Second and fourth Saturday of the month, electroclash, Brit pop, and indie dance punk with DJs Nate Soixante, Saul Q,

NOTE

BY DAVE GOOD

The Grateful Dead have always reminded me of a bunch of housecats. I read something that said that felines have a sort of "pleasure center" in their brains that they can call upon to release a hormone that makes them feel good. Cats like to "go there" a lot, the article said. The thing about the Dead and their lifestyle and their music was that it all seemed to hone right in on those same kinds of hormonal good feelings. I believe that they liked to go there a lot as well, whether by natural or artificial means.

Bob Weir had to have noticed that same pleasure-center vibe going strong when he sat in with **Tea Leaf Green** last year during their set at the Rainforest Action Network benefit. And why not? Tea Leaf Green would

not be the first band from San Francisco to have metabolized the Dead's musical baggage. Singer/songwriter/keyboardist **Trevor Garrod** admits to having been a Grateful Dead fan from junior high. I suppose you could criticize Garrod for being derivative. So be it. The Dead's influence is pervasive — they helped create a genre and in so doing imprinted themselves on the sound of California rock forever.

Tea Leaf Green has approached the sound of the Keith and Donna Godchaux years (minus Donna's pitch problems) with their split-octave vocals, deliberate guitars, and wandering electronic keyboards. There's a modern jam-band feel to some of the instrumentals, but the Green take fewer musical risks than their Dead predecessors (who could be the best band you ever heard, or the



TEA LEAF GREEN

worst). Hence, Tea Leaf Green's music is far less variable. They simply channel an era. "Got a little bit of soul," Garrod sings. "Got a little bit of rock 'n' roll in my bones / Don't you bury me when I'm old / I may need 'em when I'm reborn."

TEA LEAF GREEN, 'Canes, Sunday, July 30, 8 p.m. 858-488-1780. \$16.

Barry Weaver, and more. 9 p.m. to 2 a.m. San Diego Sports Club, 1271 University Avenue, Hillcrest. 619-299-7372.

Club Pussy Galore: Wednesdays, Robin Roth, Terryn, and other female DJs spin indie, electro, and Britpop. Go-go girls, manicures, and body art. 9 p.m. to 2 a.m.; 21 and up. No cover. The Beauty Bar, 4746 El Cajon Boulevard, College Area. 619-516-4746.

Darkwave Garden: Wednesdays, punk, gothic, and ethereal with DJs Bryan Pollard, Kurt Heilige, and Grimderella. 9 p.m. to 2 a.m.; 21 and up. No cover. Kadan, 4696 30th Street, North Park. 619-640-2500.

Decade: First Saturday of the month, DJs Tom King and Brendan Cahill spin the best of '80s new romantic and post-punk. 9 p.m. to 2 a.m.; 21 and up. The Zombie Lounge, 3519 El Cajon Boulevard, North Park. 619-284-3323.

Deep: Thursdays, drum 'n' bass with DJs Walkrawler, Probable Cause, and Skyler Mic. 10 p.m. to 2 a.m.; 21 and up. Honey Bee Hive, 1409 C Street (corner of 14th Street, across from City College), downtown, 619-702-6010.

Distortion: Tuesdays, mashups, bastard pop, and cybertrash. 9 p.m. to 2 a.m.; 21 and up. Kadan, 4696 30th Street, North Park. 619-640-2500.

Friends Chill: Tuesdays, downtempo, electronic, and ambient with DJs Wank Chops, lstr, and guests; 9 p.m.; 21 and up. No cover. The Whistle Stop, 2236 Fern Street (corner of 30th and Juniper), South Park. 619-284-6784.

Hot Wax: Thursdays, DJs Veep Reekins and friends spin underground and classic hip-hop. No cover. Buster Daly's, 3112 University Avenue, North Park. 619-284-2747.

Inferno Young Adult Nightclub: Fridays and Saturdays, DJ Kool T spins hip-hop, house, and reggaeton. Wednesdays, Bay Area, dance and old skool with DJ Kool T. 9 p.m. to 1:15 a.m., high school sophomore and up. 775 Metcalf Street, Escondido. 760-741-1271.

Liquid: Sundays, liquid funk and drum 'n' bass; 9 p.m. to 2 a.m., 21 and up. No cover. Red C Lounge, 756 Fifth Avenue, downtown. 619-233-2838.

Manic Mondays: Mondays, DJ Marc Thrasher mixes the best of '80s and '90s music videos. 9 p.m. to close; 21 and up. No cover. Whiskey Girl, 600 Fifth Avenue, downtown, 619-236-1616.

Mashed-Up Wednesdays: Wednesdays, mashups, breaks, and house with Jack Tripper and guest DJs. 9 p.m. to 2 p.m.; 21 and up. Dino's 3929 30th Street, North Park. 619-291-3466.

MixLab: Thursdays, DJ Dex spins an eclectic listening session: alternative hip-hop, urban soul, and Latin



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grooves. 9 p.m.; 21 and up. No cover. Candelas, 416 Third Avenue, downtown. 619-702-4455.

Mixtape Sessions: Wednesdays, underground hip-hop and downtempo with DJ Ricky Wrecks and guests. 8 p.m. to 1 a.m. No cover. Honey Bee Hive, 1409 C Street (corner of 14th Street, across from City College), downtown, 619-702-6010.

Moondoggies Pacific Beach: Saturdays, Saturday Night Mix, hip-hop and R&B with DJs Enigma and Cisco. 9 p.m.; 21 and up. No cover. 832 Garnet Avenue, Pacific Beach. 858-483-6550.

One Nation: Second and fifth Saturday of the month, new wave, hip-hop, and bootleg remixes with DJs Blackstone and Atari. The Whistle Stop, 2236 Fern Street (corner of 30th and Juniper), South Park. 619-284-6784.

Rockin' the House: Saturdays, hip-hop, R&B, and Top 40. 9 p.m. Rookies Sports Bar, 2216 El Camino Real, Oceanside. 760-757-1123.

Sabbat: Second and fifth Saturday of the month, gothic, industrial, and dark '80s with DJs Robin Roth, Adam Atom, and Diskdroid. 9 p.m. to 2 a.m.; 21 and up. The Flame, 3780 Park Boulevard, Hillcrest, 619-295-4163.

Sin Factory: First Friday of the month, fetish, gothic, and industrial with DJs Robin Roth, Darkman, and guests. 9 p.m. to 2 a.m.; 21 and up. Riley's Sports Bar, 2901 Nimitz Boulevard, Point Loma. 619-255-8635.

Sonic Circus: Third Saturday of the month, 20meat:6fry spin electrohouse and breakbeat, Clay Elliot on live horns, circus feats by local performers. 9 p.m. to 2 a.m.; 21 and up. The Kava Lounge, 2812 Kettner Boulevard, middleton, 619-543-0933.

Therapy: Fridays, industrial, gothic, and fetish with DJs Bryan Pollard and guest. 8:30 p.m. to 2:30 a.m.; 21 and up. Brick by Brick, 1130 Buenos Avenue, Bay Park. 619-275-5483.

Transport: First and third Saturdays of the month, Brit rock, indie, and electroclash with DJ Gabe Vega and guests. The Whistle Stop, 2236 Fern Street (corner of 30th and Juniper), South Park. 619-284-6784.

Underground Playground: Third Saturday of the month, house, progressive, and breaks with Jack Tripper and guest DJs. 9 p.m. to 2 a.m.; 21 and up. No cover. Kadan, 4696 30th Street, North Park. 619-640-2500.

Underworld: Saturdays, industrial, gothic, and dark electro with DJs Bryan Pollard, Cybian, and Harlot. Shooterz, 3815 30th Street, North Park. 619-574-0744.

CLUBS BY AREA

If you wish to submit a listing, call 619-235-3000, ext. 405, night or day by 5 p.m. Friday, the week prior to publication. To send weekly or monthly schedules, fax to 760-788-1309 or mail to Reader Music Scene, P.O. Box 85803, San Diego CA 92186. You may also submit information online at SanDiegoReader.com by clicking on the music section. Upcoming concerts, DJ events, or performances that are not at a club should be directed to 619-235-3000, ext. 261; e-mailed to sellis@nethere.com; or faxed to 619-881-2401.

Beaches

Bahia Resort Hotel, 998 West Mission Bay Drive, Mission Beach. 858-488-0551. Tangier Lounge: Thursday, Friday, Saturday, and Wednesday, 8 p.m. to 11 p.m., John Cain, jazz/Latin/international and pop standards.

Bully's, 5755 La Jolla Boulevard, La Jolla. 858-459-2768. Saturday, 8 p.m. to midnight, Gregory Michael, Motown blues/funk.

'Canes, 3105 Ocean Front Walk, Mission Beach. 858-488-1780. Music is rock/alternative unless otherwise noted. Thursday, *Call Down Fire*, *Big Backyard*, *Broken Silence*, and *Beautiful Trouble*. Friday, *Wild Child*.



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Calendar CLUBS

BEACHES (continued)

Saturday, *Boogie Nights*. Sunday, *Tea Leaf Green*, *Emerald City*, and *Zack Hexum*. Wednesday, *Star Crossed* and *Calabria & Dawn*.

Chateau Orleans, 926 Turquoise Street, Pacific Beach. 858-488-6744. Thursday, 7 p.m. to 10 p.m., *Tomcat Courtney*, solo/blues. Friday, *Charles Burton*, blues. Saturday, *Tomcat Courtney* or J.J. Slyde.

Clay's (formerly Elario's Bistro & Sky Lounge), atop the Hotel La Jolla, 7955 La Jolla Shores Drive, La Jolla. 858-459-0541. Friday, Saturday, Sunday, and Wednesday, live jazz.

Club 710 on the Beach (formerly Blind Melons), 710 Garnet

Avenue, Pacific Beach. 858-483-7844. Thursday, *DJ Mysteek*. Friday, *the Strive Roots*, *Dumb Luck*, *Decompression*, and *Seven Story World*, rock/reggae. Saturday, *Dirty Frank*, *Penny Royal*, and *Gish*, rock. Sunday, *the Husky Boy Allstars*. Monday, open mike. Tuesday, blues jam. Wednesday, call club for information.

Coaster Saloon, 744 Ventura Place, Mission Beach. 858-488-4438. Friday, 9 p.m., *Reaganomics*, rock. Saturday, 9 p.m., *the Wagon*, rock.

Dreamstreet, 2228 Bacon Street, Ocean Beach. 619-222-8131. Thursday, *Forensic*, *Murder Ballad*, *Knifemill*, *Disintegrator*, and *Burning Sensi*, metal. Friday, *Withdrawn*, *Serrated*, *One Inch Punch*, *Aghori*, and *the Unified Division*, metal. Saturday, *Royal*, *Zo*, *JV*, *Bloodstone the Street Preacher*, *Travesty*, and *KBS*, hip-hop. Wednesday, *Obals of Cassini*.

FRESH Seafood Restaurant & Bar, 1044 Wall Street, La Jolla. 858-551-7575. Friday and Saturday,

7 p.m. to 10 p.m., *Adrienne Nims & Spirit Wind*, global jazz.

Jack's La Jolla, 7863 Girard Avenue, La Jolla. 858-456-8111. Sunday, 1 p.m. to 5 p.m., and Wednesday, 7:30 p.m., *Soul Seduction*, jazz.

La Valencia Hotel, 1132 Prospect Street, La Jolla. 858-454-0771. Thursday, 6:30 p.m. to 10 p.m., *Barry Levich*, jazz. Friday, Saturday, Sunday, and Wednesday, *Rick Ross*, jazz.

The Lodge at Torrey Pines, 11480 N. Torrey Pines Road, La Jolla. 619-453-4420. The Grill: Thursday, Friday, Saturday, and Wednesday, 5 p.m. to 8 p.m., *Dan Papaila*, solo jazz guitar. Also, Friday and Saturday, 6:30 p.m. to 9:30 p.m., *Mike Nelson*, solo jazz guitar.

Pasquale on Prospect, 1250 Prospect Street, La Jolla. 858-456-0722. Thursday, 7:30 p.m. to 10 p.m., *P. Trac Armenta*, *Gil Barron*, *James East*, and *Israel Maldonado*, Latin/smooth jazz/soul/pop. Friday, 7:30 p.m. to 10:30 p.m., *Nick Fiore*,

John Giulino, *Dave Scott*, and *Cynthia Hammond*, jazz.

Portugalia, 4839 Newport Avenue, Ocean Beach. 619-222-7678. Thursday, 8:30 p.m., *Gregory Page*, *Peter Sprague*, *Lisa Sanders*, *Chuck Schiele*, *Simeon Flick*, and *Phil Harmonic*, acoustic/folk/jazz.

Shores Restaurant, 8110 Camino del Oro, La Jolla. 858-456-0600. Saturday and Sunday, 1 p.m. to 5 p.m., *Breez'n*, smooth jazz/Latin/tropical/pop.

Thrusters, 4633 Mission Boulevard, Mission Beach. 858-483-6334. Saturday, 7 p.m., *Modern Day Moonshine*, soul/blues/reggae. Sunday, 5 p.m. to 8 p.m., *Willovealot*, smooth jazz/funk/R&B. Wednesday, 10 p.m. to 1 a.m., *the Lee Brown Perspective*, jazz.

Tiki House, 1152 Garnet Avenue, Pacific Beach. 858-273-9734. Thursday, 9 p.m., *Erika Thompson*, acoustic punk. Friday, *the Mississippi Mudsharks*, blues. Saturday, *Earl's Son*, acoustic. Sunday, open mike. Tuesday, *Superdoo*, rock. Wednesday, *Jet Wash*, rock.

Top of the Cove, 1216 Prospect Avenue, La Jolla. 858-454-7779. Friday and Saturday, 7:30 p.m., *Kristi Rickert*, piano.

Turquoise Cafe, 873 Turquoise Street, La Jolla. 858-488-4200. Friday, call club for information. Tuesday and Wednesday, 8:30 p.m., *Tomcat Courtney & the Blues Dusters*, blues.

Winstons, 1921 Bacon Street, Ocean Beach. 619-222-6822. Thursday, *Cape May*, *Erik Janson*, and *Edmonton Block Heater*, rock. Friday, *Delta Nove*, jazz/pop. Saturday and Monday, *the Electric Waste Band*, classic rock. Sunday, *the Wise Monkey Orchestra*, groove. Tuesday and Wednesday, call club for information.

Downtown

Blarney Stone Pub, 502 Fifth Avenue, downtown. 619-233-8519. Friday, Saturday, Sunday, and Wednesday, *Steve Brewer*, acoustic.

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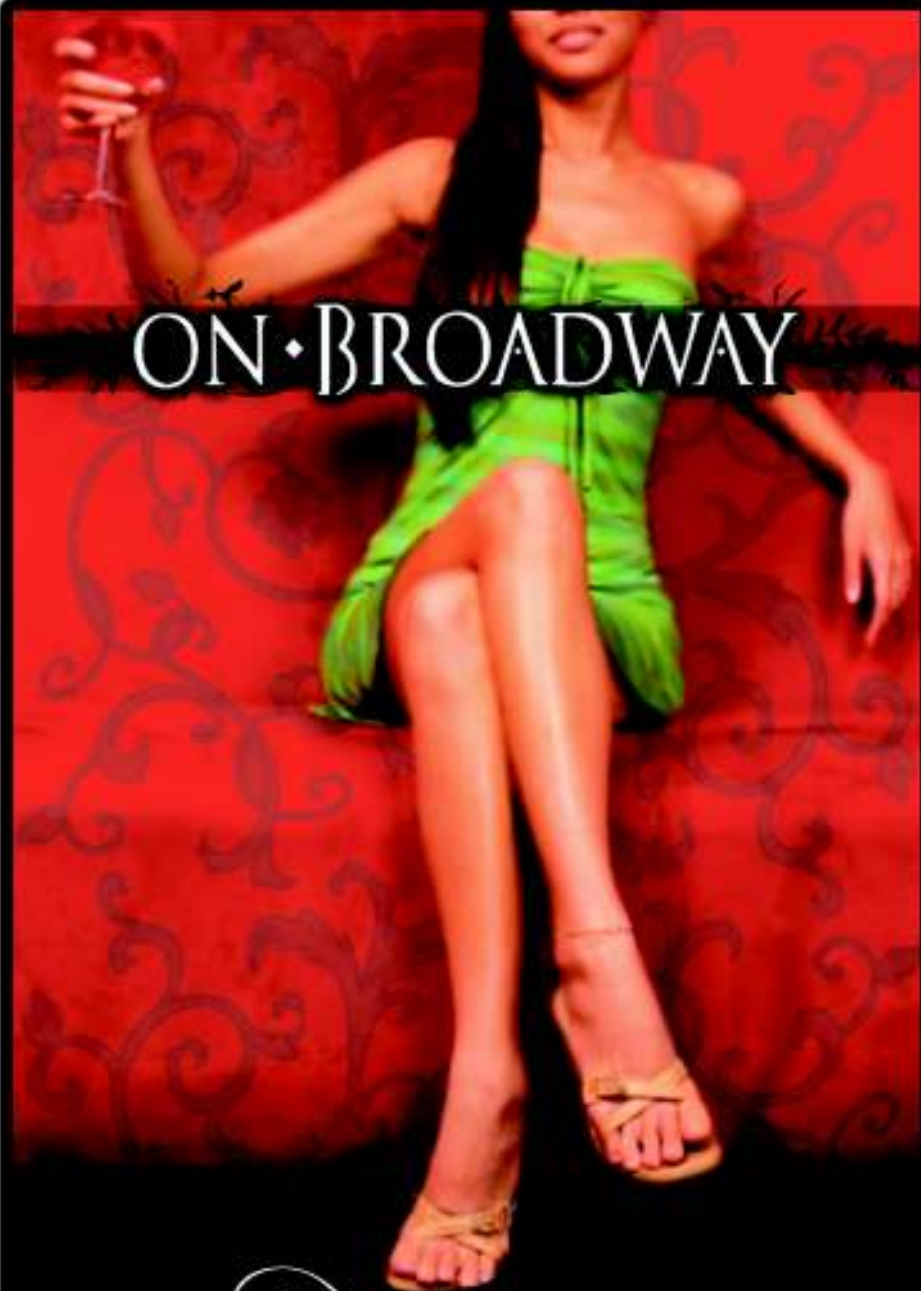
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Calendar

CLUBS

DOWNTOWN

(continued)

Diego. 619-702-4200. Friday, 8 p.m., *the Derren Raser Band*, rock.

The Casbah, 2501 Kettner Boulevard, midtown. 619-232-HELL. Music is rock/alternative unless otherwise noted. Thursday, *the Meteors*, *Slanderrin*, and *the Dukes of Haggard*. Friday, *Goodbye Blue Monday*, *Firstwavehello*, and *the North Atlantic*. Saturday, *the Avengers*, *the Widows*, *the Bloody Hollies*, and *the Heartaches*. Sunday, *Fifty on Their Heels*, *Manual Scan*, *the Power Chords*, *Atoms & Sess*, and *Vinyl Radio*. Monday, *Tina Dico* and *Drew Andrews*. Tuesday, *Pete Yorn*. Wednesday, *Alexi Murdoch* and *Timmy Curran*.

Croce's Jazz Bar, 802 Fifth Avenue, downtown. 619-233-4355. All music is jazz unless otherwise noted. Thursday, *the David Patrone Quartet*. Friday, *Yavez*. Saturday, *Primo*. Sunday, *the Archtones*. Monday, *Dave Scott*. Tuesday, *the Shep Meyers Quartet*. Wednesday, *Fuzzy & the Bluesmen*.

Dick's Last Resort, 345 Fourth Avenue, downtown. 619-231-9100. Music is rock and roll. Thursday and Friday, *Private Domain*. Saturday, *the New Breed Band*, pop/jazz. Sunday, *the Disco Pimps*. Tuesday, *the 86'd*. Wednesday, *the Ghost of Sada*.

Dizzy's, 344 Seventh Avenue, downtown. 858-270-7467. Friday, 8:30 p.m., *ESP*, jazz. Sunday, 2 p.m., *the Lac Hong Performing Arts Ensemble*, Vietnamese music.

4th & B, 345 B Street, downtown. 619-231-4343. Thursday, *Jurassic-5* and *the X-Clan*.

The Honey Bee Hive, 1409 C Street, downtown. 619-702-6010. Thursday, *A-Sides*, *Valve*, *Eastside*, *the Metalheadz*, *UK*, and *Peacemaker*.

Friday, 10 p.m., *Secret Apollo*, *Plural*, and *Billy Midnight*, indie rock/pop/alternative country.

House of Blues, 1055 Fifth Avenue, downtown. 619-299-2583. Friday, *West of Memphis*, *Circa Survive*, *the Receiving End of Sirens*, *Portugal*, *the Man Keating*, and *Carbine*, rock/alternative/roots. Saturday, *Bones Thugs-n-Harmony*, *Sandi Thom*, and *Lady Dottie & the Diamonds*. rock/blues. Sunday, *Reel Big Fish* and *MxPx*, rock. Monday, *Bruce Cockburn* and *Sarah Harmen*. Tuesday, *Peaches & Herms* and *the Eagles of Death Metal*.

Jimmy Love's, 672 Fifth Avenue (corner of Fifth and G), downtown. 619-595-0123. Thursday and Sunday, 6:30 p.m. to 11 p.m., *Masterpiece*, jazz/R&B. Friday, 9:45 p.m., *Pop Rocks*, '80s dance. Saturday, 9:45 p.m., *Divva Soul*, disco/dance. Monday, 6:30 p.m. to 11 p.m., *Reggie Smith & Pressed for Time*, jazz. Tuesday, 6:30 p.m. to 11 p.m., *Mystique*, jazz/R&B. Wednesday, 6:30 p.m. to 11 p.m., *the Soul Revue*, jazz/dance/Top 40.

The Laurel Restaurant and Bar, 505 Laurel Street (corner of Fifth and Laurel), downtown. 619-239-2222. Friday, 7:30 p.m. to 10:30 p.m., *Tokeli & the Ed Kornhauser Trio*, classic jazz.

Martini's Bar and Grill, 3940 Fourth Avenue, downtown. 619-293-0232. Saturday, 7 p.m. to 10 p.m., *Z-Bop*, jazz.

Patrick's II, 428 F Street, downtown. 619-233-3077. Music is blues/soul unless otherwise noted. Thursday, *the Bill Magee Blues Band*. Friday, *Soul Diego*. Saturday, *Family Style*. Sunday, *Chris James & Blue Four*. Monday, *Blue Largo*. Tuesday, *Jason Ricci*. Wednesday, *Buick Wilson*.

Princess Pub & Grille, 1665 India Street, Little Italy/downtown. 619-702-3021. Saturday, *J.D. Boucharde*, piano.

Sally's Seafood on the Water, at Manchester Grand Hyatt San Diego, One Market Place, downtown. 619-232-1234. Saturday and Sunday, 3 p.m. to 6 p.m., *Sally's Steel Drum Duo*, calypso.

NOTE

BY WILLIAM CRAIN

Every band likes to say it doesn't fit into an easy pigeonhole, but when you get down to it, most of them do. The **Dresden Dolls** really don't fit in anywhere. The Boston-based duo of pianist-vocalist **Amanda Palmer** and drummer **Brian Viglione** is too cabaret to be rock, too rock to be cabaret. They're independent but not indie. With their dark duds and weakness for pancake makeup, Palmer and Viglione could easily fit in at a Bauhaus reunion gig, but their own music is far too goofy for Goth. They are signed to the same label as Slipknot, Nickelback, and the reunited New York Dolls, but it's hard to imagine the Dresden Dolls sharing a stage with any of these acts without causing a riot.

Lucky for the Dresden Dolls, they live in an age of niche markets. If you're good at what you do — whether you're fashionable or not — you can put it on the Internet and someone out there will appreciate it. The only problem is making enough money to live on. The Dresden Dolls are very good at what they do: Palmer belts out twisted, clever, humorous lyrics that always contain a kernel of profundity; Viglione is one of those rare drummers who can pound fiercely but knows not to get in the way of the song.

They have also learned how to build a community with their fans by, among other things, inviting burlesque dancers and more esoteric performance artists to join them at their shows. Certainly the community helps



DRESDEN DOLLS

with the money-making, but it also seems genuinely like the product of a bunch of people who don't fit in suddenly finding a group of people who feel the same way.

Panic! at the Disco headlines.

DRESDEN DOLLS, Soma, Tuesday, August 1, 7 p.m. 619-226-7662. \$20.

Samba Grill, 514 Horton Plaza, Gaslamp. 619-236-1000. Saturday, 7 p.m. to 9 p.m., *Edo Brazil*, Brazilian jazz.

Sevilla, 555 Fourth Avenue, downtown. 619-233-5979. Club Salsa: Thursday and Tuesday, *Primo*, Latin jazz/salsa.

The Westgate Hotel, 1055 Second Avenue, downtown. 619-238-1818. The Plaza Bar: Thursday, 7 p.m. to 11 p.m., and Friday, 7 p.m. to midnight, *Fran Loskota*, jazz/blues/pop. Saturday, live jazz.

Whiskey Girl, 600 Fifth Avenue, downtown. 619-236-1616. Thursday *Pickford's Party* and *DJ Marc Thrasher*. Friday and Saturday, *DJ Marc Thrasher* and *DJ Danimal*. Sunday, *DJ Danimal*. Monday, *DJ Marc Thrasher*. Tuesday, 9 p.m. to midnight,

Crosswinds, Southern rock/country/blues. Wednesday, *the Stepping Feet*.

San Diego

Acoustic Expressions, 2852 University Avenue, San Diego. Friday, 8 p.m., *David Grier* and *Carlos Olmeda*, bluegrass.

The Aero Club, 3365 India Street, San Diego. 619-297-7211. Tuesday, 7 p.m., *the San Diego Blues Trio*.

The Bahia Belle Cruise, the Bahia Hotel, 998 West Mission Bay Drive, Mission Bay. 858-539-7779. Departs 6:30 p.m. Friday, *B Natural*, Top 40. Saturday, *Nude Blues*, classic rock.

The Beauty Bar, 4746 El Cajon Boulevard, San Diego. 619-516-4746. Saturday, 9 p.m., *DJ Ikah Love*.

Blarney Stone Pub, 5617 Balboa Avenue, Clairemont. 858-279-2033. Thursday, Friday, and Saturday, *Tony Cummins*, Irish folk. Monday, *Pat & Joe* and *Allison Gill*, folk. Tuesday, Irish jam session. Wednesday, call club for information.

Borders Books and Music, 1072 Camino del Rio North, Mission Valley. 619-295-2201. Friday, 8 p.m., *Marie Haddad*, folk.

Brick by Brick, 1130 Buenos Avenue, Bay Park. 619-275-LIVE. Music is metal rock/heavy rock/alternative. Thursday, *M.T. Hollis*, *Ione Angeles*, *Faded Chronicles*, and *Rican*. Friday, *South Psycho Cide*. Saturday, *Corinne Bailey Rae*, *Kevin Devine*, and *Gran Bel Fisher*.

Chicano Perk Cafe y Cultura, 616 National City Boulevard, National

City. 619-474-7375. Thursday, 7 p.m. to 10 p.m., *the Caballeros Latin Jam*, Latin jazz.

Dino's Nite Club, 3829 30th Street, San Diego. 619-291-3466. Thursday, '80s/house/hip-hop. Saturday, alternative music. Tuesday, *DJ Carlos Culture*, reggae. Wednesday, *DJ Jack Tripper*, house/progressive.

Epicentre, 8450 Mira Mesa Boulevard, Mira Mesa. 858-271-4000. Music is rock/metal/alternative. Friday, *Houston Calls*, *Quietdrive*, *the Summer Obsession*, and *a Dead Giveaway*.

The Gordon Biersch Brewery, 5010 Mission Center Road, San Diego. 619-688-1120. Friday, *the San Diego Island Boys*, tropical sounds.



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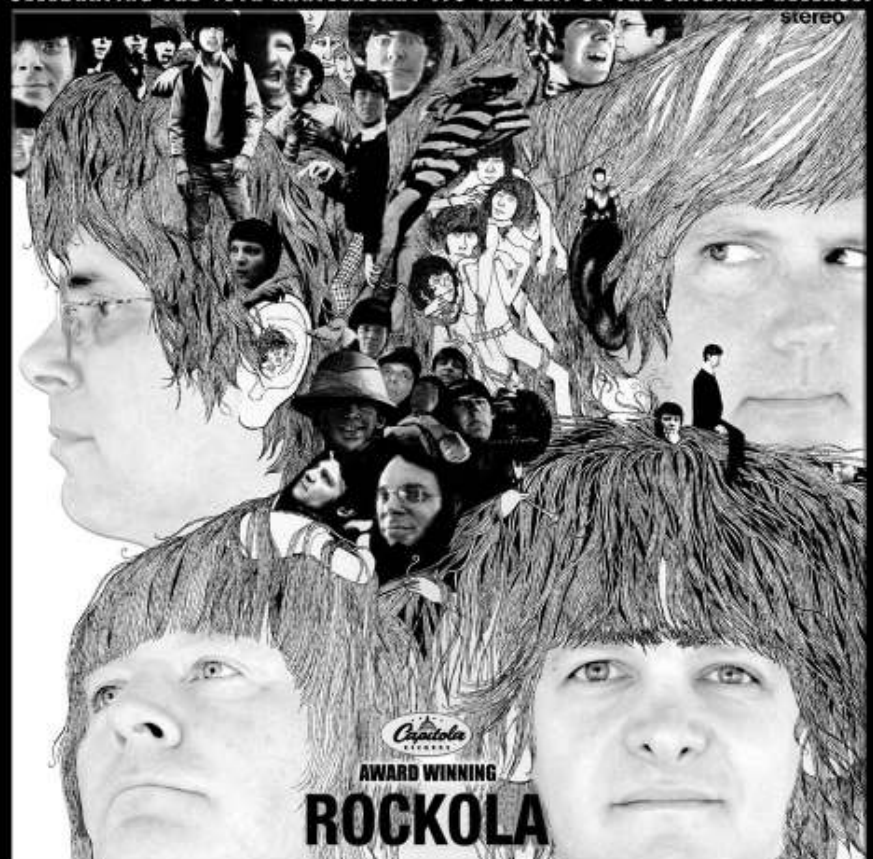
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Calendar CLUBS

SAN DIEGO

(continued)

Harney Sushi, 3964 Harney Street, San Diego. 619-395-3272. Thursday, *Tribe of Kings*, reggae. Friday and Saturday, DJ events, hip-hop/disco/funk/old skool. Sunday, call club for information. Tuesday, *Bento Beatbox*.

Henry's Pub, 618 Fifth Avenue, downtown. 619-238-2389. Thursday, *Flock of 80's*. Friday, *DJs Tony Aguilera* and *Nick Shakes*, dance. Monday, acoustic music. Saturday, groove. Tuesday, *the Stiletos*, rockabilly/swing. Wednesday, *Lady Dottie & the Diamonds*, jazz/blues.

Humphrey's, Half Moon Inn, 2241 Shelter Island Drive, Shelter Island. 619-224-3577. Backstage Lounge: Thursday, 9:30 p.m., *Cactus Twang*, roadhouse rock. Friday, 9 p.m. to 1 a.m., *Viva Santana*, Latin rock. Sunday, 8 p.m. to midnight, *D.A. Bookman & the Airtight Band*, soul/R&B/jazz. Monday, *Chet Cannon*, blues.

The Imperial House, 505 Kalmia Street, San Diego. 619-234-3525. Friday and Saturday, 7:30 p.m. to 11:30 p.m., *Rick Lyon*, pop standards/Top 40/variety.

The Inn Suites, 2223 El Cajon Boulevard, San Diego. 619-296-2101. Wednesday, 8 p.m. to 10 p.m., workshop/concert with *the San Diego Concert Jazz Band*.

Kitima Thai Restaurant, 406 University Avenue, Hillcrest. 619-298-2929. Friday, Saturday, Sunday, and

Wednesday, 7 p.m. to 11 p.m., *the Jim Gala Jazz Trio*.

Landing Strip Cafe & Bar (at Brown Field), 1425 Continental Avenue, San Diego. 619-661-6037. Friday and Saturday, 8:45 p.m. to 1:30 a.m., *Super Trax*, oldies/Latin/classic rock.

Lestat's Coffee House, 3343 Adams Avenue, Normal Heights. 619-282-0437. Music is acoustic/folk. Thursday, *the Kite Flying Society*. Friday, *Marc Danzeisen* and *Safety Orange*. Saturday, *Mick Overman* and *Anna Troy*. Sunday, *John Hull* and *the Hatch*. Monday, open mike. Wednesday, call club for information.

Lifepoint Cafe, 4698 Alvarado Canyon, Suite A, San Diego. 619-750-3537. Sunday, 7 p.m., *the Gooses*, acoustic.

The Living Room, 1417 University Avenue, Hillcrest. 619-295-7911.

Saturday, 9:30 p.m., *Mobetta Loretta*, acoustic.

O'Connell's Pub and Nightclub, 1310 Morena Boulevard, Bay Park. 619-276-5637. Friday, 8:30 p.m., *Jefferson Jay*, *the Atlas of Id*, *Black & Tan*, and *the Chris Torres Band*, rock. Saturday, 8:30 p.m., *420 Blackbirdz*, *Shoestring Strap*, and *the Chi Club*, blues/bluegrass/rock. Sunday, 9 p.m., *Nate Davenport*, acoustic rock. Monday, 7:30 p.m., *Mystery Train*, blues. Tuesday, *Temperature Delete* and *Signature Escape*, rock/pop.

Padre Gold, 7245 Linda Vista Road, San Diego. 858-277-8681. Monday and Wednesday, 7:30 p.m. to 9:30 p.m., *the Jazz Project Big Band*.

Pal Joey's, 5147 Waring Road, Allied Gardens. 619-286-7873. Friday and Saturday, 9 p.m. to 1:30 a.m., *Moon Dance*, classic rock/swing.

Second Wind, 8515 Navajo Road, San Carlos. 619-465-1730. Friday and Saturday, *the Rockholics*, classic rock.

Soma, 3350 Sports Arena Boulevard, San Diego. 619-226-SOMA. Music is rock/metal/alternative. Thursday, *the Warriors*, *the Nodes of Ranvier*, *Animosity*, *Ink and Blood*, *Parkway Drive*, and *Carol Ann*. Saturday, *the Rx Bandits*, *State Radio*, *Monty*, and *Desa*. Wednesday, *Dustin Kensru*.

Tio Leo's Lounge, 5302 Napa Street (at Morena Boulevard), Bay Park. 619-542-1462. Thursday, *Shea Stratton* and *the Anomaly*, alternative rock. Friday, *the Working Cowboy Band*, country. Saturday, *Pop Rock*, '80s dance. Monday, tango. Tuesday, zydeco blues. Wednesday, 7 p.m., *the High Society Jazz Band*.

Tower Bar, 4757 University Avenue, San Diego. 619-284-0158. Saturday, *Vena Cava*, *U.S.S. Horsewhip*, and *the Rich White Males*, rock. Sunday, *Bartender's Bible*, *the Deere Johns*, and *the Diablo Dimes*, rock. Monday, *Lady Dottie & the Diamonds*, blues.

Tutto Mare, 4365 Executive Drive, La Jolla (Golden Triangle area). 858-597-1188. Wednesday, 6 p.m. to 9 p.m., *Jaime Valle*, *Coral MacFarland*, *Bob Magnusson*, and *Allan Phillips*, jazz.

Twiggs Tea and Coffee Company, 4590 Park Boulevard, University Heights. 619-296-0616. Music is acoustic/folk unless otherwise noted. Thursday, *An Island Am I*, *Chris Carpenter*, *Davin*, and *Stasia Conger*. Friday, *Arambro*, *Brian Greenwood*, *Chuck Richards*, and *the Green Water District*. Saturday, call club for information. Sunday, 4 p.m. to 6 p.m., *the Celtic Ensemble*. Wednesday, 7 p.m., open mike with *Tim Mudd*.

Vesuvio Gourmet Restaurant, 3025 El Cajon Boulevard, North Park. 619-282-7040. Thursday, 8 p.m. to 11 p.m., *Willovealot*, smooth jazz/funk/R&B.

North County

The Alley, 421 Grand Avenue, Carlsbad. 760-434-1173. Thursday,

Friday, and Saturday, *the Love Rangers*, Top 40/pop.

Beach Grass Cafe, 159 South Highway 101, Solana Beach. 858-509-0632. Friday, 6 p.m. to 9 p.m., *Sambajazz*, Brazilian jazz.

Belly Up Tavern, 143 South Cedros Avenue, Solana Beach. 858-481-9022. Thursday, 8 p.m., *the Wise Monkey Orchestra*, *Psydecar*, *Plump*, and *Superunloader*, groove/funk/alternative/rock. Friday, 9 p.m., *Buckfast Superbee*, *the Transit War*, and *Operatic*, alternative. Saturday, *Elijah Emanuel & the Revelations* and *Leon Mobley*, reggae. Sunday, 8 p.m., *Primo*, Latin jazz/salsa. Monday, 7:30 p.m., *Sierra Swan* and *Rocco DeLuca*. Wednesday, 8 p.m., *Xavier Rudd*, *the Wood Brothers*, and *Ane Brun*, acoustic/folk.

Boar Cross'n, 390 Grand Avenue, Carlsbad. 760-729-2989. Thursday, DJ event. Friday and Saturday, *Night Shift*, classic rock.

The Book Works/Pannikin Cafe, Flower Hill Mall, I-5 at Via de la Valle, Del Mar. 858-755-3735. Friday, 8 p.m., *Joseph Angelastro*, solo guitar.

Borders Books and Music, 1905 Calle Barcelona, Carlsbad. 760-479-0242. Friday, 8 p.m., *Kova*, folk. Saturday, 8 p.m., *Skibbereen*, Irish folk.

Borders Books and Music, 11160 Rancho Carmel Drive, Carmel Mountain. 858-618-1814. Friday, 8 p.m., *Tom Boyer*, acoustic. Saturday, 8 p.m., *Kova*, folk.

The Calypso Cafe, 576 North Highway 101, Encinitas. 760-632-8252. Thursday, *the Hodads*, rock. Friday, *Jeff Moore* and *Dean Smith*, blues. Saturday and Sunday, *Triple Shot*, blues. Monday, *Cactus Twang*, roadhouse rock. Tuesday and Wednesday, call club for information.

Carvers, 11940 Bernardo Plaza Drive, Rancho Bernardo. 858-566-2400. Friday and Saturday, *the Offbeats*, rock.

Cheers, 2475 Main Street, Ramona. 760-789-0270. Friday and Saturday, live classic rock/country. Sunday,

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8/30 Little River Band
8/31 Greg Brown

9/2 Steve Poltz
9/3 Roger Clyne & The Peacemakers
9/8 Mikey Dread
9/9 Goldfish
9/11 Feist
9/17 Cross Canadian Ragweed
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Calendar CLUBS

NORTH COUNTY

(continued)

4 p.m. to 8 p.m. and Tuesday, 5 p.m. to 9 p.m., *Mike Gardner*, acoustic rock/folk.

Coyote Bar and Grill, 300 Carlsbad Village Drive, Carlsbad. 760-729-4695. Thursday, 6 p.m. to 10 p.m., *Billy Watson*, blues; 10 p.m. to 1:30 a.m., DJ event. Friday, 6:30 p.m. to 10:30 p.m., *Len Rainey & the Midnight Players*, blues; 10:30 p.m., DJ event. Saturday, 3 p.m. to 5 p.m., *Blue Largo*, blues; 6:30 p.m. to 10:30 p.m., *the Jerry McCann Band*, reggae/R&B; 10:30 p.m. to 1:30 a.m., DJ event. Sunday, 2 p.m. to 4:30 p.m., *Dan Connor*, folk rock; 5 p.m. to 9 p.m., *Mark Lessman*, jazz. Wednesday, 6 p.m. to 10 p.m., *Johnny "B" Blues*.

Harrah's Rincon Casino and Resort, 33750 Valley Center Road, Valley Center. 877-777-2457. Oasis Lounge: Thursday, 7 p.m. to 11 p.m., *Plato Soul*, '80s and '90s hits. Friday, 7 p.m. to 11 p.m., *Hello Cleveland*, Top 40. Saturday, 8 p.m. to 1 a.m., *Aunt Kizzy'z Boyz*, blues/rock.

Hennessey's Tavern (Carlsbad), 2777 Roosevelt Street, Carlsbad. 760-729-6951. Friday, DJ event. Saturday, *the Kyle Frost Band*, rock.

Inferno Young Adult Nightclub, 775 Metcalf Street, Escondido. 760-741-1271. Thursday, college jam. Friday and Saturday,

9 p.m. to 1:15 a.m., *DJ Kool T*, hip-hop, house, reggaeton.

The Inn at Rancho Santa Fe, 5951 Linea del Cielo, Rancho Santa Fe. 858-756-1131. Thursday, Tuesday, and Wednesday, 5:30 p.m. to 9:30 p.m., *Jerry Melnick*, jazz/variety piano.

The Jumping Turtle, 1660 Capalina Road, San Marcos. 760-471-7778. Music is alternative/rock unless otherwise noted. Saturday, *the Angel City Outcasts*, *Chelsea Smiles*, *Civet*, and *the Sex Girls*. Sunday, 7:30 p.m., *Elysian Sky*, *Ever So Good*, *Beth Preston*, *Kelly*, and *SkyFarmScard*. Wednesday, 7:30 p.m., *Ireside*, reggae, with *the Burning of Rome*, *Zenith Zone Grievance*, and *Without the Motorcycle*.

Ki's Coffee on Top, 2591 South Highway 101, Cardiff. 760-436-2158. Friday, *Patrick Perrogain*, jazz.

The Kraken, 2531 Old Highway 101, Cardiff. 760-436-6483. Friday, *Chill Boy*, blues. Saturday, *Plato Soul*. Sunday, *the Blues Brokers*. Tuesday and Wednesday, call club for information.

La Playa Cantina & Grill, 1020 West San Marcos Boulevard, San Marcos. 760-744-7550. Friday, 8 p.m., *Luna Llena*, Latin jazz. Saturday, 8 p.m., *Randy Fontaine & the Swingers*, jazz. Sunday, 11 p.m., *Julio & David*, Latin pop/salsa.

Mas Fina Cantina, 2780 State Street, Carlsbad. 760-434-3497. Wednesday, 8 p.m., *Mike Gardner*, acoustic rock/folk.

McCabe's Beach Club, 1145 South Tremont Street, Oceanside. 760-439-6646. Friday and Saturday, 4 p.m. to 9 p.m., *the California Rangers*, country.



Album: *San Diego Shindig* (2006)

Artist: The Buzzbombs

Label: Bomb Depot

Where available/price: M-Theory Records in South Park for \$10, Lou's Records in Encinitas for \$10, or *thebuzzbombs.com* for \$10

Songs: 1) Beer and Cigarettes 2) Hot-Rod Girl

3) Truck-Driving Vampires 4) Shootout at the Zombie Lounge

5) Pintail 6) Wiamea 7) Pass the Ammunition

8) Rock Around the Clock 9) San Diego Drinking Song

Band: Johnny Fuego, guitar, vocals; Johnny Diablo, upright bass, vocals; Johnny Maestro, drums

Switchblades, rolled-up Levis, and greased-back hair...rockabilly is what the Buzzbombs are all about. Track 5, "Pintail," is an instrumental in the

>hometown CDs

BY OLLIE

fashion of the old tune "Tequila." The song features a guitar riff inherited from Dick Dale and a pause before they all shout, "Beer! Cigarettes! _____!" (where

is a female body part that shares its name with the common housecat). Simple, yes. Dumb, yes. But that doesn't mean it isn't fun.

You can't go wrong with a style of music that was perfected half a century ago. The Buzzbombs don't deviate from the model: standup bass, twanging Chuck Berry guitar, banging drums, and the raucous vocals and lyrics that were meant to piss off school principals.

The songs are literal and bare. Track 2 is about a hot-rod girl. Track 3 is, indeed, about truck-driving vampires. Track 1 borrows a line from "Blue Suede Shoes" and alters it a bit, "One for the money / Two for the show / Go to the store / Get some more / Beer and cigarettes!"

In a lighthearted beach



The Buzzbombs

and college community where Jack Johnson, Matisyahu, and Dave Matthews are popular, it's nice to hear a drum taking a beating, a microphone shouted into, and the *blumg blumg blumg* of a standup bass being ridden around a stage.

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7/28 So Cal Rock



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DIRTY FRANK (Pearl Jam)

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Mon.
7/31 "Manic Mondays"

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by Laura
Kuebel



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ALLISON ORIN

Tues.
8/1 PB IDOL

KARAOKE BLIND MELONS STYLE

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and Black Tie Entertainment

Wed.
8/2 Rock with

SWEETOOTH COMPASS ROSE ECHO OF SOUL

UPCOMING:

8/5: OG Punk Rock with
THE DICKIES

8/10: **SUPERUNLOADER**

8/11: **3against1**

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Thur.
7/27 Rock



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OBC Steven Kendrick
and Travis Taylor present
OCEAN BEACH COMEDY

TONIGHT World Funk



DELTA NOVE

Sat.
7/29 One More
Saturday Night



ELECTRIC WASTE BAND (A Tribute to the Dead)

Sun.
7/30 5-9 PM
Wise Monkey

TONIGHT Free Cover
Karaoke OB Style

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JOSÉ SINATRA
\$2 drinks after 8 PM



Mon.
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DRUNK POETS SOCIETY
Hosted by the lovely Ola

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ELECTRIC WASTE BAND

Tues.
8/1 6-8 PM:
"Think & Drink" Trivia

TONIGHT Punk Rock

DPI BROKEN BOTTLE THE WIDOWS and Guests

Wed.
8/2 5-8 PM:
Winstons Art Show

TONIGHT **KD3**
(The Karl Denson Trio)

UPCOMING:
8/12: **LIQUID SOUL**
8/15: **SOJA**
8/24: **PHIX**

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10:30 p.m., and Saturday, 6 p.m. to
11 p.m., *Jerry Melnick and Tom
Bishop*, jazz/variety.

St. Tropez Bistro & Bakery, 947
South Coast Highway 101, Encinitas.
760-633-0084. Friday, 6 p.m. to
9 p.m., *Keith Jacobsen*, smooth jazz.
Saturday, 6 p.m. to 9 p.m., *Mark
Norris*, smooth jazz saxophone.

Surf N'Saddle, 123 West Plaza
Street (Lomas Santa Fe and Highway
101), Solana Beach. 858-755-9474.
Friday, *Big Sound*, rock. Saturday, *the
Alternatives*. Wednesday, open mike.

**Tom Giblin's Irish Pub &
Restaurant**, 640 Grand Avenue,
Carlsbad. 760-729-7234. Thursday,
9 p.m., *the Clay Colton Band*, pub
rock. Friday, call club for information.

South Bay/Coronado

Buon Giorno Restaurant, 4110
Bonita Road, Bonita. 619-475-2660.
Saturday, *the Stage 4 Jazz Quintet*.

The Butcher Shop, 556 Broadway,
Chula Vista. 619-420-9440. Thursday,
Friday, Saturday, and Wednesday,
8 p.m., *Ray Correa*,
standards/pop/Latin.

Cafe LaMaze, 1441 Highland
Avenue, National City. 619-474-3222.
Friday and Saturday, 8 p.m. to
midnight, *Sandy Chappel and Sammy
Canonizado*, jazz/blues. Sunday,
8:30 p.m., *Burnett Anderson, Robert
Sebastian*, and *Scott Wallingford*, jazz.
Wednesday, 9 p.m. to 2 a.m., DJ
event.

Hotel del Coronado, 1550
Orange Avenue, Coronado. 619-435-
6611. Babcock and Story: Thursday
and Sunday, 5 p.m. to 9 p.m., also,
Friday and Saturday, 4:30 p.m. to
8:30 p.m., *Tony Lasley*, Latin jazz.
Friday, 8:30 p.m., *Barbara Jamerson
and Joe Tarantino*, jazz. Saturday,
8:30 p.m., *Stellita & Dave Lindgren*.
Tuesday and Wednesday, 5 p.m. to
9 p.m., *Jim Gibson*.

Palm Court: Thursday through
Sunday, 6 p.m. to 10 p.m., *Ray Briz*.
Also, Sunday, noon to 4 p.m., *Joey
West*.

Crown Room: Sunday, 9 a.m. to
2:45 p.m., *John Cain*.

McP's Irish Pub and Grill, 1107
Orange Avenue, Coronado. 619-435-
5280. Music is acoustic/folk unless
otherwise noted. Thursday, *the Fall
Guys*, rock. Friday, *Uplift*. Saturday,
4 p.m. to 7 p.m., *Steve Brewer*, 8 p.m.
to midnight, *Mystique*, jazz. Sunday,
4 p.m. to 7 p.m., *the Sillettos*,
rockabilly, 8 p.m. to midnight, *Gary
Rich*. Monday, *Steve Brewer*. Tuesday,
Gene Warren. Wednesday, *Tommy
Price*.

St. Rose of Lima Parish, 293 H
Street, Chula Vista. 619-427-0230.
Friday, 6:30 p.m., *Joseph Advento*,
contemporary Christian.

East County

Dirk's Niteclub, 7662 Broadway,
Lemon Grove. 619-469-6344. Friday
and Saturday, *Nemesis*, classic rock.

Don's Cocktail Lounge, 13321
Business Highway 8, El Cajon.
619-443-2444. Friday and Saturday,
the Taylor Harvey Band, acoustic rock.

Fannie's Nightclub, 9143 Campo
Road, Spring Valley. 619-698-2204.
Friday, *Difficult Henry*, rock. Saturday,
the Rule of 3rds, rock.

**The German-American
Societies**, 1017 South Mollison
Avenue, El Cajon. 858-273-7283.
Friday, 7:30 p.m., *the Ray Barrie
12-Piece Big Band* featuring *Jo Dark*.

Second Wind, 8528 Magnolia
Avenue, Santee. 619-596-8350. Friday
and Saturday, *Uptown Groove*, classic
rock.

The Silver Queen Saloon, 28841
Old Highway 80, Pine Valley.
619-473-8708. Friday, 9 p.m. to
1 a.m., *the Highway 80 Band*, rock.
Saturday, 9 p.m. to 1 a.m., *Random
Order*, rock.

Sixty 7 Bar and Grill, 10109
Maine Avenue, Lakeside. 619-561-
6767. Friday, 9 p.m., *St. Dog, Judge D,
O.P.M.*, and *C-Clan*, hip-hop.
Saturday, 9 p.m. *Dogmatic and the
Tiger Sharks*, rock.

Tommy's Italian Restaurant,
1190 North Second Street, El Cajon.
619-440-2676. Friday, 6 p.m. to
10 p.m., *the Wize Guyz*,
swing/standards.



THURSDAY, JULY 27

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SATURDAY, JULY 29



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WEDNESDAY, AUGUST 2

Early Show 6-8 pm
**BLAZIN' HOT
SUMMER COUTURE
FASHION SHOW**

Late Show
**CALABRIA
DAWN
STAR CROSSED**

FRIDAY, AUGUST 4



(All-Female Tribute to Iron Maiden)



(Black Sabbath Tribute)

WEDNESDAY, AUGUST 9

NON PROFIT DAVID HERMSEN FIFTY ON THEIR HEELS GRAND OLE PARTY

FRIDAY, AUGUST 11



STRANGER QUINTO SOL MAYAN KINGS TRIBE OF KINGS

FRIDAY, AUGUST 18

STEPPING FEET

(Dave Matthews
Band Tribute)

SPOKEN GUN • BIG BACKYARD

FRIDAY, AUGUST 25



SHAGGIN WAGON

FRIDAY, JULY 28

**Jim Morrison
Celebration
featuring**

wild child

A live concert re-creation
featuring Dave Brock



SUNDAY, JULY 30

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THURSDAY, AUGUST 3

Rockin' Johnny White presents
**DEF IN ONE EYE • ATLAS OF ID
TERRA INCOGNITA
FUZZ HUZZI**

SATURDAY, AUGUST 5



QUINAZO



THURSDAY, AUGUST 10



present

**SCOTT & AIMEE
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**RED GUN RADAR
STONE SENSES • STOLEN • DJ 1979**

SATURDAY, AUGUST 12

SUBURBAN NOIZE & SRH present



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MONDAY, AUGUST 21



DOGMATIC

FRI. & SAT., SEPTEMBER 1 & 2



9/1: **DELTA NOVE** 9/2: **STRANGER**

9/3 **ATOMIC PUNKS** (Early Van Halen Tribute) • **DAMAGE INC.** (Metallica Tribute)

9/14 **DIRTY SWEET • DAREDEVIL JANE • FONO • CAMPAIGN FOR QUIET**

9/16 **THE DREAMING • KEMISTRY**

9/22 **CASH'D OUT**

9/23 **MANA POLY ALLSTARS**

9/29 **THE BIG PROVIDER** (CD Release Party)

9/30 **TAINTED LOVE** (80's Tribute)

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Calendar

BANDS

ALTERNATIVE

The Alternatives: Surf N'Saddle
The Angel City Outcasts: The Jumping Turtle
Animosity: Soma
The Anomaly: Tio Leo's Lounge
The Atlas of Id: O'Connell's Pub and Nightclub
Atoms & Sess: The Casbah
Bartender's Bible: Tower Bar
Beautiful Trouble: 'Canes
Big Backyard: 'Canes
Broken Silence: 'Canes
Buckfast Superbee: Belly Up Tavern
The Burning of Rome: The Jumping Turtle
Call Down Fire: 'Canes
Cape May: Winstons
Chelsea Smiles: The Jumping Turtle
Circa Survive: House of Blues
Civet: The Jumping Turtle
A Dead Giveaway: Epicentre
The Diablo Dimes: Tower Bar

Difficult Henry: Fannie's Nightclub
Edmonton Block Heater: Winstons
Elysian Sky: The Jumping Turtle
Ever So Good: The Jumping Turtle
Faded Chronicles: Brick By Brick
Fifty on Their Heels: The Casbah
Firstwavehello: The Casbah
Goodbye Blue Monday: The Casbah
Houston Calls: Epicentre
Ink and Blood: Soma
Ione Angeles: Brick By Brick
Manual Scan: The Casbah
The Nodes of Ranvier: Soma
The North Atlantic: The Casbah
Operatic: Belly Up Tavern
Gregory Page: Portugalia
Plump: Belly Up Tavern
Plural: The Honey Bee Hive
Quietdrive: Epicentre
The Receiving End of Sirens: House of Blues
Rican: Brick By Brick
Safety Orange: Lestat's Coffee House
Secret Apollo: The Honey Bee Hive
Seven Story World: Club 710 on the Beach
The Sex Girls: The Jumping Turtle

SkyFarmScard: The Jumping Turtle
The Summer Obsession: Epicentre
Superunloader: Belly Up Tavern
Temperature Delete: O'Connell's Pub and Nightclub
The Transit War: Belly Up Tavern
The Warriors: Soma
The Wise Monkey Orchestra: Belly Up Tavern, Winstons
Without a Motorcycle: The Jumping Turtle

ROCK

Big Sound: Surf N'Saddle
Black & Tan: O'Connell's Pub and Nightclub
The Bloody Hollies: The Casbah
Bones Thugs-n-Harmony: House of Blues
Calabria & Dawn: 'Canes
Carbine: House of Blues
Carol Ann: Soma
The Chi Club: O'Connell's Pub and Nightclub
The Clay Colton Band: Tom Giblin's Irish Pub & Restaurant
The Crosswinds: Whiskey Girl
The Deere Johns: Tower Bar
Desa: Soma
Dirty Frank: Club 710 on the Beach

Dogmatic: Sixty 7 Bar and Grill
The Dukes of Haggard: The Casbah
Dumb Luck: Club 710 on the Beach
The Eagles of Death Metal: House of Blues
The 86'd: Dick's Last Resort
The Electric Waste Band: Winstons
The Kyle Frost Band: Hennessey's Tavern (Carlsbad)
Gish: Club 710 on the Beach
The Taylor Harvey Band: Don's Cocktail Lounge
Zack Hexum: 'Canes
The Highway 80 Band: The Silver Queen Saloon
The Hodads: The Calypso Cafe
M.T. Hollis: Brick By Brick
Erik Janson: Winstons
Jet Wash: Tiki House
Keating: House of Blues
Kelly: The Jumping Turtle
Dustin Kensrue: Soma
Loss of Control: Molly Malone's
The Man: House of Blues
The Metalheads: The Honey Bee Hive
The Meteors: The Casbah
Billy Midnight: The Honey Bee Hive

Monty: Soma
Moon Dance: Pal Joey's
MxPx: House of Blues
Nemesis: Dirk's Niteclub
Night Shift: Boar Cross'n
Nude Blues: Bahia Belle Cruise
The Offbeats: Carvers
Parkway Drive: Soma

Peaches & Herms: House of Blues
Penny Royal: Club 710 on the Beach
Pickford's Party: Whiskey Girl
Portugal: House of Blues
The Power Chords: The Casbah
Beth Preston: The Jumping Turtle
Private Domain: Dick's Last Resort
Random Order: The Silver Queen Saloon
The Derren Raser Band: Borders Books and Music (Gaslamp)
Reaganomics: Coaster Saloon
Reel Big Fish: House of Blues
The Rich White Males: Tower Bar
The Rockoholics: Second Wind (San Carlos)
The Rule of 3rds: Fannie's Nightclub
The Rx Bandits: Soma
Scott & Aimee: Longshot Saloon
Signature Escape: O'Connell's Pub and Nightclub
Sladderin: The Casbah
South Psycho Cide: Brick By Brick
Star Crossed: 'Canes
State Radio: Soma
The Stepping Feet: Whiskey Girl
The Stilettoes: Henry's Pub, McP's Irish Pub and Grill
Straight Six: Dick's Last Resort
Super Trax: Landing Strip Cafe & Bar
Superdoo: Tiki House
Tea Leaf Green: 'Canes
The Tiger Sharks: Sixty 7 Bar and Grill
The Chris Torres Band: O'Connell's Pub and Nightclub
Uplift: McP's Irish Pub and Grill

Uptown Groove: Second Wind (Santee)
The U.S.S. Horsewhip: Tower Bar
Vena Cava: Tower Bar
Vinyl Radio: The Casbah
Viva Santana: Humphrey's
The Wagon: Coaster Saloon
West of 5: Ocean House
West of Memphis: House of Blues
The Widows: The Casbah
Wild Child: 'Canes
Zenith Zone Grievance: The Jumping Turtle

POP / TOP 40

B Natural: Bahia Belle Cruise
Delta Nove: Winstons
The Disco Pimps: Dick's Last Resort
Diva Soul: Jimmy Love's
Hello Cleveland: Harrah's Rincon Casino and Resort
The Love Rangers: The Alley
Rick Lyon: The Imperial House
Marco: Phil's Place
The New Breed Band: Dick's Last Resort
Pop Rocks: Jimmy Love's, Tio Leo's Lounge

JAZZ / BIG BAND

Burnett Anderson: Cafe LaMaze
The Ray Barrie Big Band: The German-American Societies
Gil Barron: Pasquale on Prospect
Tom Bishop: Rancho Bernardo Inn
Breez'n: Shores Restaurant
Ray Briz: Hotel del Coronado

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WED 7.26

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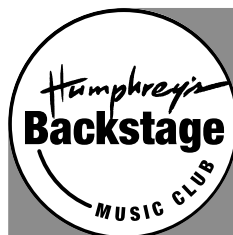


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Cactus Twang

Friday, July 28
9:30 pm-1:30 am
Latin Rock

**Viva
Santana**



Saturday, July 29

7-8:30 pm • Comedy

Augie T "The Hawaiian Hurricane"

9:30 pm-1:30 am • Dance & Disco

Rising Star



Sunday, July 30
8 pm-12 am • Soul, R&B, Jazz

**D.A. Bookman &
The Airtight Band**

Monday, July 31
7-11 pm • Blues

**Chet Cannon's
Blue Monday
Blues Jam**

Tuesday, August 1
8 pm-12 am
Funk, Soul, Dance

**The Soul
Persuaders**

Wednesday, August 2
9:30 pm-1 am
Smooth Jazz Guitarist

Patrick Yandall

UPCOMING SHOWS

Saturday, August 12

Ambrosia



Wednesday,
September 13

**Al
Stewart**



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NEW ALBUM NIGHTCRAWLER IN STORES 8/29

Calendar BANDS

JAZZ / BIG BAND

(continued)

The Lee Brown Perspective: Thrusters

The Caballeros Latin Jam: Chicano Perk Cafe y Cultura

Sammy Canonizado: Cafe LaMaze
Sandy Chappel: Cafe LaMaze

The CREDIT Union: Ocean House

Jo Dark: The German-American Societies

James East: Pasquale on Prospect
Edo Brazil: Samba Grill

ESP: Dizzy's

Nick Fiore: Pasquale on Prospect

Randy Fontaine & the Swingers: La Playa Cantina & Grill

The Jim Gala Jazz Trio: Kitima Thai Restaurant

John Giulino: Pasquale on Prospect

Cynthia Hammond: Pasquale on Prospect

The High Society Jazz Band: Tio Leo's Lounge

Keith Jacobsen: St. Tropez Bistro & Bakery

Barbara Jamerson: Hotel del Coronado

The Jazz Project Big Band: Padre Gold

Tony Lasley: Hotel del Coronado

Mark Lessman: Coyote Bar and Grill

Barry Levich: La Valencia Hotel

Stellita and Dave Lindgren: Hotel del Coronado

Fran Loskota: The Westgate Hotel

Coral MacFarland: Tutto Mare

Bob Magnusson: Tutto Mare

Israel Maldonado: Pasquale on Prospect

Masterpiece: Jimmy Love's

Jerry Melnick: The Inn at Rancho Santa Fe, Rancho Bernardo Inn

The Shep Meyers Quartet: Croce's Jazz Bar

Mystique: McP's Irish Pub and Grill

Mike Nelson: The Lodge at Torrey Pines

Adrienne Nims & Spirit Wind: Fresh Seafood Restaurant & Bar

Mark Norris: St. Tropez Bistro & Bakery

P. Trac Armenta: Pasquale on Prospect

Dan Papaila: The Lodge at Torrey Pines

The David Patrone Quartet: Croce's Jazz Bar

The Jimmy Patton & Louisa West Trio: The 101 Artist Colony

Patrick Perrogain: Ki's Coffee On Top

Allan Phillips: Tutto Mare

Primo: Sevilla, Croce's Jazz Bar, Belly Up Tavern

Rick Ross: La Valencia Hotel

Sambajazz: Beach Grass Cafe

The San Diego Concert Jazz Band: The Inn Suites

Dave Scott: Croce's Jazz Bar, Pasquale on Prospect

Robert Sebastini: Cafe LaMaze

Reggie Smith & Pressed for Time: Jimmy Love's

The Soul Revue: Jimmy Love's

Soul Seduction: Jack's La Jolla

Peter Sprague: Portugal

The Stage 4 Jazz Quintet: Buon Giorno Restaurant

Tokeli & the Ed Kornhauser Trio: The Laurel Restaurant and Bar

Jaime Valle: Tutto Mare

Scott Wallingford: Cafe LaMaze

Willovealot: Vesuvio Gourmet Restaurant, Thrusters

The Wize Guyz: Tommy's Italian Restaurant

Yavez: Croce's Jazz Bar

Z-Bop: Martini's Bar and Grill

REGGAE / SKA

Decompression: Club 710 on the Beach

Elijah Emanuel & the Revelations: Belly Up Tavern

Irieside: The Jumping Turtle

The Jerry McCann Band: Coyote Bar and Grill

Leon Mobley: Belly Up Tavern

Psydecar: Belly Up Tavern

Sally's Steel Drum Duo: Sally's Seafood on the Water

The San Diego Island Boys: The Gordon Biersch Brewery

The Strive Roots: Club 710 on the Beach

COUNTRY

Cactus Twang: Humphrey's, The Calypso Cafe

The California Rangers: McCabe's Beach Club

Shoestring Strap: O'Connell's Pub and Nightclub

The Working Cowboy Band: Tio Leo's Lounge

ACOUSTIC / FOLK

Drew Andrews: The Casbah

Joseph Angelastro: The Book Works/Pannikin Cafe

Arambro: Twiggs Tea and Coffee Company

Corinne Bailey Rae: Brick By Brick

J.D. Boucharde: Princess Pub & Grille

Tom Boyer: Borders Books and Music (Carmel Mountain)

Brax: The Ould Sod

Steve Brewer: McP's Irish Pub and Grill, Blarney Stone Pub

Ane Brun: Belly Up Tavern

Chris Carpenter: Twiggs Tea and Coffee Company

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From a Prince to a King

"A cat may look at a king," wrote Lewis Carroll in *Alice in Wonderland* — and a scuffling writer could look at the Prince of Wales. That's what I told myself when, some years ago, I was invited to do a travel story on the Hotel del Coronado for the *Washington Post*. Although I couldn't remotely afford to eat there on the paper's budget, or my own, the hotel's press department was delighted to provide two nights of cut-rate lodging in a room at the top (up 3 stories — or maybe 17), Sunday brunch in the Crown Room, and a charming personal tour guide.

The Prince was hidden in a dingy basement. His royal interior was furnished in dark woods, crystal chandeliers, red-tufted leather-upholstered chairs, bone china, heavy silver — all as stuffy, masculine, and high-maintenance as the dining room at Camelot, although almost certainly warmer in winter. The menu was no less luxuriously gout-inducing: Beef Wellington, Prime-grade steaks, Dover sole boned at table, Caesar salad.

Last winter, the Del's newest owners (a hotel compendium) hired one of America's top restaurant and food consultants, Clark Wolf, to start all over with the Prince. Following his advice, the Del's management decided to knock out the wall to let in sunshine, sand-dune views, and sea breezes. They changed the restaurant's name to 1500 Ocean and hired renowned chef Jason Schaeffer to create a sprightly new menu for the 21st Century, centering on a Southern California identity, showcasing ingredients raised or caught from Santa Barbara to the tip of Baja, delivered fresh six days a week. Since reopening at the beginning of May, the food now epitomizes the current lighter, cleaner style of luxury cuisine, with superb ingredients in flavor combinations that enhance rather than mask each other.

Setting the stage for the new menu, Marin County designer Jennifer Johansen renovated the newly opened space to match the "green cuisine." She combined neutrals and blues to accent the "ocean palate" and replaced the wall behind the bar with glass colored the fiery reds and oranges of a sunset over the sea. If you sit inside (why, I don't know, unless it's pouring out), you'll be ensconced on a wooden throne upholstered in teal leather. Outside, you'll relax on the shaded dining patio in a captain's chair, watching little birds snacking at the



PHOTOGRAPH BY JOE KLEIN

feeders posted on the palms and people tossing Frisbees on the beach. Between the updated decor and fresh culinary concepts, the old Prince has shed his ermines and taken holiday on the Riviera.

As you look over the menu, a bread plate appears, with fresh-baked drop cheese biscuits (resembling your mom's Bisquick creations) and crusty sourdough torpedoes catered by Compagnie, a small bakery in Point Loma. We ate early, and the premium, lightly salted Straus Family butter arrived ice cold, alas — but the table setting includes a salt saucer with a yin-yang design of red Hawaiian sea salt and lavender-tinted French *fleur du sel*, both so scrumptious they're worth their weight in sodium. The waiters are attentive, friendly, and craftsmanly but don't hover like news helicopters — they're there only when you want them.

The bill of fare opens with the chef's tasting, then moves as you'd expect to beginnings, mains, and "accents" — additional vegetable dishes, although all entrées, even steaks, come with veggies here, since the chef likes to control the combinations on each plate.

I ordered the tasting, including matched wines, while my partner chose from the regular menu. Our waiter pointed out that we wouldn't be eating in sync, since the taster has numerous small plates — but nobody objects if you share a mix 'n' match dinner. In fact, our waiter seemed pleased: "More people should eat like that," he said.

The tasting menu offered two appetizers, starting with an optional Sonoma foie gras terrine (for a \$15 surcharge) — a silky, ethereal mousse to spread like butter on the accompanying toasted brioche bread. It came with local Crow's Pass Farm strawberry marmalade and purée (peaches are now replacing the out-of-season berries). The wine pairing was Thornton Brut from Temecula, which proved an instant education for me. I've never cozied up to real Champagne — too steely and bubbly for me — but the Thornton tasted mellow and a bit oaky, with bubbles as gentle as a Prosecco or a naturally sparkling Vouvray. This and all other pours were generous.

"Bubalus Bubalis buffalo ricotta gnudi" arrived next on the taster. "Bubalus" is Latin for water

1500 Ocean ★★★★ (Excellent)

Hotel del Coronado, 1500 Ocean Avenue, Coronado, 619-522-8490.

HOURS: Dinner nightly 5:30–10:00 p.m., bar until midnight.

PRICES: Appetizers, \$13–\$21; entrées, \$27–\$42; sides, \$8; desserts, \$10; cheese plate, \$14–\$16. Four-course tasting menu, \$75; matched wines, \$35 more. Corkage \$25.

CUISINE AND BEVERAGES: "California coastal cuisine" with French and Asian influences. Awesome international wine list (400 choices), plenty by the glass and half-bottle. Bottles from \$30–\$1000, but no gouging, including reasonably mature top quaffs from Bordeaux, Burgundy, and Sauternes as well as younger New World choices.

PICK HITS: Foie gras terrine; buffalo ricotta gnudi; pan-seared Baja scallops with bacon, lobster meat, and succotash; peach tarte tatin.

NEED TO KNOW: Validated parking; patio with beach view; comfortable atmosphere, dressy but not formal. Need to request assistance with handicapped access up and down steps when calling to reserve.

Ratings reflect the reviewer's reaction to food, ambiance, and service, with price taken into consideration. Menu listings and prices are subject to change.

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buffalo, the source of the California cheese enclosed in the gnudi — thin-skinned dumplings resembling ricotta-filled dim sum. This isn't my first taste of gnudi, but it's the best I can remember. The ricotta tastes fresh and sunny, and the Meyer lemon sauce that robbed the spheres was so flawless a match that I wanted to lick the plate. This dish came with a vina nora albariño, a steely, straightforward Spanish white that cleansed the palate like Evian water.

My partner began with an appetizer of lime- and honey-cured yellowtail, a type of jackfish that sushi-lovers know as hamachi. The firm, tasty fish arrives sliced like sashimi, along with avocado mousse, jicama and radish slices, and a daub of

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Calendar

RESTAURANTS

mild jalapeño jelly. "Taste them all at once, all the flavors will come together in harmony," said our waiter. We followed his instructions, making a jellyroll of all the garnishes on a slice of fish. We found this combination too sweet for our tastes. On the second round, we omitted the jam and much preferred the result. You can choose from eight other starter choices, including grilled hearts of romaine with smoked paprika-marinated calamari and Spanish piquillo peppers, and "toad in the hole": an organic poached egg in a nest of brioche with wild mushrooms and asparagus tips.

The tasting selection includes both a fish and a meat entrée chosen by the chef. The herb-crusted Pacific halibut recreates a popular dish that chef Shaeffer cooked at Laurel. A thick chunk of flaky halibut (some sections more tender than others) came with *haricots verts* (young green beans), pickled radish, braised scallions, and a light cream sauce studded with black Italian truffle shavings (at my visit they were canned; by now, expect fresh summer truffles). The truffles filled out the flavor, which might otherwise have been pallid. (That's halibut for you.) The wine that normally comes with

this entrée is Zaca Mesa Chardonnay — a big, firm, leggy classic from the Central Coast. But since that was the same wine I'd enjoyed for my aperitif, the sommelier substituted a glass of Talbott (which costs \$2 more by the glass when ordered à la carte). If ZM is straight-ahead and zesty, the Talbott is rich and eccentric, with a nose of flowers growing in well-aged horse manure and legs like Nicole Kidman. It was a treat, and I appreciated the sommelier's consideration in providing a fresh taste treat.

The second main course was a natural certified Angus beef rib coulotte, the top strip of a prime rib that usually gets roasted well-done but is delicious anyway. I ordered it very rare, and so it arrived. It came with a tiny pastry filled with sinful, fatty beef marrow and a heap of golden potato mousseline (mash plus whipped cream) dotted with fresh morels and moistened with a splash of *jus*. It's a dish fit for a king. With it, the wine was a Curtis "Crossroads Block" Syrah — mouth-friendly, food-friendly, slightly sweet. Even my beer-dedicated partner enjoyed a sip.

Before I could take two bites, my partner's entrée of farm-raised Baja *mano de león* scallops arrived, mingling with Maine lobster meat, bacon, and succotash. Baja scallops don't taste the same as Gloucester scallops: they're full of flavor but a tad tougher and saltier than their Atlantic cousins. They're also

more consistent, and usually fresher (which is why local star chefs like George's at the Cove's Trey Foshee and Asia Vous's Riko Bartolomei have been favoring them). They were beautifully seared, translucent at the center, and garnished with thick slices of applewood-smoked slab bacon from Neuske's Smokery in Wisconsin, hunks of genuine lobster (not cheap processed knuckle meat but the flesh of whole "culls," blanched and shelled in-house), and a succotash of fresh corn and baby fava beans moistened by the salty cooking juices. (The other nine entrée choices include roasted Shelton Farms free-range chicken, Kurabata pork short rib and loin, pan-roasted sea bass, and California lamb porterhouse.)

I saved a bit of Syrah wine for the last course, a choice of one cheese or a selection of fruit with *crème fraîche*. I chose a goat cheese, served with dates, walnuts, and walnut bread. It arrived fridge-cold, so I took most of it home for a midnight snack. Trying it later at room temperature, I found it mellow on the exterior but grainy at the center, needing further aging. (This works for American tastes but would be frowned on in France, where cheeses are served mature and warm, running all over the plate like melting ice cream.)

My partner leaped at the chance to try a white peach tarte Tatin, devised by Del pastry chef Daphne Higa and plated by

1500's Pam Averkamp. This proved a charming rendition, with a single paper-thin pastry layer as the foundation for a fruity, not-too-sweet edifice of peach slices — natural, unspiced, some pieces unpeeled. With it came a "peach soup," a thick, intense nectar seasoned with allspice and clove. On a cooler night, we might have chosen the Medjool date and almond tart with blue cheese mousse, or the warm mango rice pudding. A few degrees hotter out, and the fruit sorbet *vacherin* would have tempted us sorely.

With its new view, chef, and menu, 1500 is a restaurant I'd revisit anytime, and one where I'd be happy to invite my out-of-town guests. The Del may be one of our most stately monuments, but there's life in the old girl yet.

ABOUT THE CHEF

"My mother cooks, and her mom, Grandmother Myers, cooked a lot," says Jason Shaeffer, raised in a tight-knit family in North Carolina. "I remember helping out as a little kid. I don't want to say it was a farm, but we raised chickens for eggs, and we had a huge garden, so I was always weeding and helping out there. I remember going down in spring with old-school serrated steak knives and cutting asparagus for that night's dinner. I started working as a dishwasher in the summer when I was 15, to get money for a car when I turned 16. I was

bussing tables, too. It was a seasonal place, and at the end of the season all the cooks were leaving, and they asked me if I wanted to learn how to cook. I had done some pizza-making, sandwich-making, that kind of stuff, so I learned how to cook there and fell in love with it. I've been with it ever since. I learned on the job for about a year and a half, and then I went to culinary school at Johnson and Wales in Rhode Island.

"I came to San Diego for a job that fell through. I was at Laurel for three years, and I moved from there to New York for two years, working as sous-chef under Thomas Keller [of the French Laundry] at Per Se and under Terrence Brennan at Artisinal Cheese Center. It was a great experience.... But I decided I wanted to come back to San Diego so I moved back here about a year ago, worked odd jobs, and then this job came up. I started here in February and was in on the whole project.

"At Per Se I learned a lot of things about discipline, about the way to do things, that I brought here. We have respect for each other and the food, and I learned techniques and technology. We train our staff here the same way. We had seminars and training sessions six, seven days of the week before we opened, to get as much knowledge out there as we possibly could. And instead of just calling in an order, I went out to the farms, shook hands, spent some time in the dirt. Met people in

the seafood industry in Santa Barbara. Met the cheesemakers we use, watched them make their cheese. And I put people in touch, like, the Bubalus Bubalis cheesemakers were looking for a distributor, and I helped them find one, so you may find that cheese at other local restaurants in the future.

"The philosophy of Southern California cuisine, which we're outlining as Santa Barbara down to Cabo San Lucas, is in terms of what is available here as our base of a true regional cooking style with a kind of whimsical approach — using things that are produced locally, things that are fresh and seasonal (although it's hard to say 'seasonal' here because the seasons go on and on). This concept was in place when I got here. They hired Clark Wolf, an entertainment consultant from Clark Wolf Company, for this whole project. He came up with the concept and hired the Engstrom Group from the San Francisco Bay Area. They did the design of the restaurant — so this is a Clark Wolf brainchild. He works out of New York, but he's originally from the L.A. area, and he's done some pretty big stuff.

"I'm gonna change the menu every two and a half to three months, to follow the produce that's in season. At the end of each season we're going to preserve and pickle and jar the ingredients so we can keep them a little longer than that season." ■

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Breakout Tacos

"I flew in from Chicago this morning. I feel like I'm in old Mexico."

M eet you at Luigi's, Mission Beach," Hank hollered into his new Razr cell phone before the damned thing cut out on him. Never did catch the time. But it'll be lunch. I know the guy's circadian rhythms to the minute.

Trouble is, I'm already here. Way early. Way hungry.

Uh, yes, I'm back in Mission Beach. Something about that crazy roller coaster calls to me. The way it swoops up and down, in and out, clanking like an anchor chain. Bet that sound hasn't changed in 80 years. People probably stood here listening to it when Hoover was president, when Lindbergh was still trying out that no-window plane of his, when the first nuke went up in Nevada....

Plus, I love Mission Beach. Those little alleys and walking-only lanes with their beach cottages on either side — Who wouldn't want to live here? The quiet. It's an experience to stop and listen.

So this mawnin' I head back from the pay-phone down near the sand, through one of the lanes, Island Court, to check out where Luigi's is. I pass a building with a giant bougainvillea pouring over its hooped green canopies in purple waves. Jungle's returning. Man, how Carla would love it. I come out onto Mission Boulevard. *Zoom zoom!* We're back in the 21st Century.

This is the off-Broadway section of Mission

Beach. Not the bikinis, burgers, 'n booze crowd around the corner on Ventura Place. Here, it's places like the Get It On Smoke Shop, or another joint advertising "Best Deals, \$5.99 or Less." Old guys in black leather Harley jackets yap at each other as they gun their motors.



Ah. I spot Luigi's to the right. Big red, yellow, black, and white building. Blue Bud Light umbrellas outside.

But somehow, I can't face the idea of pasta, pizza, or spaghetti at this early hour. I have an idea.

Across the road, next to a bike-rental place, I see this newish Spanish-style building with green umbrellas and tables on the sidewalk, and, looks like, a side patio covered in greenery. I could check out their menu and maybe eat there. If I sit outside, I'd be able to spot Hank.

The place has a new sign up: "Tropicana." I cross over and see that they've painted over the old lettering: "Drip Drop Café." The change looks recent.

Whatever, I check the menu. Yes. Breakfasts. Great.

Inside, it's mustardy yellow on the walls, maroon on the low ceiling, black-and-white tile on the floor. The place is shallow and wide, with a bunch of flat-screen computers, and, looks like, students hard at work. "Fifteen minutes, \$1.00," says a sign.

They're set up for coffee and the frappo-latte-

mocha-chai-smoothie stuff, but they've also got a page's listing of food. Breakfast things like Denver omelet (three eggs with ham, cheese, onions, green pepper, potatoes, pancakes, or toast) for \$5.99, and bacon and eggs (three eggs, with potatoes), \$6.50. Most of the items are Mexican-flavored, like the huevos con chorizo (\$6.50) or the carne asada plate with rice, beans, and tortillas (\$6.75).

But what's this? "Two Breakfast Tacos — 3 eggs, bacon, cheese, corn tortillas, \$6.50." I mean, who ever heard of "breakfast tacos"? Then I remember the breakout tacos of La Ermita down in Tijuana. Shrimp, pineapple, and raspberry sauce in a taco? Who knew? The world isn't just confusing, it's fusing! Tacos, burritos, pancakes, crêpes, wraps — everything's being wrapped up. Natch, I ask for it.

I get a coffee too, \$1.50 with refills, and follow the girl taking my coffee out to...oh...what a great little patio. Nice and cool. Green umbrellas, black metal-mesh tables and chairs among ferns, young palms, climbing jasmine, even a row of marigolds — and a little fountain chuckling away, with water spotting down three levels to waiting sea lions. A couple of way-big Spanish lanterns, black metal with orange glass slits, complete the picture. In the distance, you can make out the top of the roller coaster tracks. And just over the marigolds, I can see the goings-

on across the road to Luigi's. I'll be able to holler for Hank.

The guy brings out my breakfast. And, yes, it's a new idea, for sure. Two hot corn tortillas with scrambled eggs and a strip of bacon across each. Good-looking, but it needs something like Frank's sauce to give it heat. They have Tabasco and Tapatía. I spot Tapatía, then take a bite. Hmm. It's filling, but somehow not that electrifying. Have I been spoiled for unusual tacos by La Ermita?

"Isn't this exciting?" says a big guy at the next table. "I flew in from Chicago this morning. Found this place not far from my vacation rental. I feel like I'm in old Mexico."

Maybe we border folk are getting too blasé. Guess this patio could be a hacienda in, say...Puebla. Bet those lanterns are sexy as hell at night.

Plus, his and his friend's plates do look exciting. He's got *huevos a la Mexicana*, eggs mixed with tomatoes, onion, bell pepper, and potatoes (\$6.50), and his girlfriend's chowing into a grilled chicken plate, chicken breast with tomatoes, lettuce, onion, and black olives.

Sigh. Next time. Or maybe I can sell Hank on getting one of them when I haul him across the road.

That reminds me. Better keep a weather-eye out over the marigolds. ■

The Place: Tropicana Café, 3231 Mission Boulevard, Mission Beach, 858-488-5900

Type of Food: Mainly breakfast, mainly Mexican

Prices: Denver omelet (three eggs with ham, cheese, onions, green pepper, potatoes, pancakes, or toast), \$5.99; bacon and eggs (three eggs, with potatoes), \$6.50; huevos con chorizo, \$6.50; carne asada plate with rice, beans, tortillas, \$6.75; two breakfast tacos — three eggs, bacon, cheese, corn tortillas, \$6.50

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"I call it Chuck E. Cheese for adults. I have to squeeze myself sometimes, business is so good."

The word I heard was that Ed Moore was headed toward semiretirement. Last September, he sat down, assessed his plans for the coming year, and realized he was beginning to lose interest in Thee Bungalow, the Ocean Beach institution that Moore made famous for, among other things, its remarkable wine list. (Even now, after selling the place, he still goes back and cherry-picks some of those finds whose prices haven't risen with the tide. "Most customers there were content in the \$30-\$40 range," he says, "but if I find something that I think is a screamer at \$60, I'll buy it without thinking twice.")

He still had his wine club, which passed along to its members some of the deals he managed to sniff out. But the 3rd Corner — his big Mediterranean-feel project across the street — hadn't worked out. "The decision to close was a business decision. At some point you have to get above everything, look at the landscape, and say, 'Whatever we're doing, we're not doing it right. It ain't working.'"

To make the mortgage payments, he started renting the building out for catered parties. Two a month would pay the rent, and Moore made money off the bar (he kept the liquor license).

Then he started moving Thee Bungalow's wine dinners into the place. "That worked out just fine. I was doing 100 dinners with the wine thing and still doing 70, 80 dinners at Thee Bungalow."

The success of the wine club, however, had led him to consider converting the space to a retail wine shop. Oh, and while he was at it, why not serve a little food? "I made the menu very simple. I had the food expertise to set up something that was somewhat limited," and fairly foolproof. "I didn't want to sauté a lot of things on top of the stove;

I didn't want things that were too critical." Things like duck confit, baked chicken, short ribs, mushroom pasta. A few cheeses, some salads and desserts. Smaller portions, nothing over \$14.

And then the kicker: Why not let customers buy bottles off the racks and drink them onsite for just \$5 more? "You read *Wine Spectator*, any of those magazines, and there's always a letter to the editor — somebody's pissed about restaurant markups. Most wine lists today don't start until \$30. Some of them don't start until \$40 or \$50. It drives you nuts. You look at that list, and you see stuff you recognize at a three, three-and-a-half markup. Why? We want to make friends. We want to bring people back."

He envisioned 60-70 percent of the business coming from the retail end, with the restaurant padding things out — just a few tables here and there, plus the patio and the bar. He borrowed \$50,000 to stock the shop and added "Wine Shop" to the existing 3rd Corner sign.

Things didn't work out quite as planned. Looking back, says Moore, "I had a funny inkling about what was going to happen." Before Thee Bungalow sold, "We did a chef's celebration dinner over here — Thee Bungalow wasn't really big enough. I had done a couple of wine sales to the wine club here, and they had been very successful. We had racks in, and we had floor stacks of wine, and I just didn't want to move everything out of here. So I said, 'Let's see how many tables we can get in here; just kind of put them around the wine.' I think we did 90 dinners or so, and everybody loved this environment of being in the middle of the wines. Everybody who walked in here thought the place looked great. It was simple: just throw a ton of wine out there. Everybody likes the look of wine."

Moore learned a lesson about the retail business, which has been slower than he expected. "A lot of it is convenience — where you're located, where your market is coming from." He learned another about the restaurant business, which has exceeded his wildest expectations. "The concept seems to work. It's not the normal restaurant." By this, he means the kind that leaves you with a full stomach but an empty wallet and an anxious heart. "The uniform statement, the one I hear over and over again, is, 'It's amazing how much fun we had.' I call it Chuck E. Cheese for adults.



I have to squeeze myself sometimes, business is so good." He paid off the \$50,000 in two months.

The new 3rd Corner worked "right off the bat" — and that's the absolute rarity. Without any ads or anything. The only thing we had was a big inflatable gorilla up on the roof. I put that up there so that people would look at the building — 'What is that place? Oh, that's a wine shop and bistro.'"

The gorilla grabbed attention; the rest was a matter of right time, right place, right concept: "I think the market in OB is much more upscale than it's given credit for. It's price-conscious, but it's savvy. It's cultured." As with the rest of San Diego, the demographics are shifting: "Now, we have a lot of food-service people, people in the service industry. Younger couples who probably don't want kids; at least, not right away. Then you start looking up the hill — people who bought houses for \$500K, then dumped \$300K more into remodeling. They come down here."

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The crowd changes as the evening progresses: at five o'clock, the median age skews toward 70; at 2 a.m., it's closer to 22. But thanks to the pricing, even the more moneyed old-timers get to play outside their usual safety zone. "If they're used to spending \$40, \$50 on a wine list, and they see all the things we've got for \$15-\$20," they're more likely to look at an unfamiliar varietal and declare, "Yeah, let's try that.' Someone once told me, 'If it's bad, I only spent \$8 — I'll take it home and cook with it.' They'll sit down — 'A bottle of Sonoma-Cutrer for \$16.50 plus a \$5 corkage? That's a deal! Let's have a second one! And what about one of those?' By that point, they've got the glow. 'Now, let's get a few of these to take home. He's got some great prices here.' "

So much for semiretirement. "It's been a really interesting movement," says Moore. "I could see having two or three of these in the San Diego market. Maybe two or three in L.A./Orange County. I'm dying to open up another one." ■

RESTAURANT LISTINGS

The Reader's Guide to Restaurants are recommended listings written by our reviewers (Ed Bedford, Barbara

David, Ambrose Martin, Shari McCullough, Max Nash, Eleanor Widmer, Naomi Wise). Each issue contains only a fraction of over 500 reviews. A complete searchable list is available online at SanDiegoReader.com. Price estimates are based on the latest information available for a mid-range entrée. Inexpensive: below \$10; moderate: \$10 to \$19; expensive: \$20 to \$24; very expensive: more than \$25. Please call restaurants in advance for reservations.

NORTH COASTAL

Bubby's Gelato 937 South Coast Highway 101, Lumberyard Shopping Center, Encinitas, 760-436-3563. This tiny storefront does only a few things (sandwiches, gelati, and sorbet), but does them exceedingly well. The "gourmet sandwiches" really do live up to their designation, with intriguing Mediterranean combinations (artichoke hearts, black olives, grilled eggplant, gorgonzola are among the choice of ingredients) on soft, round Italian bread. (Or you can just get a tuna melt if that's your flavor.) Gelati are about twice as rich as Häagen-Dazs, and feature an ever-changing array of bold flavors, e.g., vanilla rosewater and chocolate cinnamon. Open daily 11 a.m. to 8 p.m., closes later on Friday and Saturday. Inexpensive. — N.W. (10/01)

Fidel's Carlsbad 3003 Carlsbad Boulevard (at Carlsbad Village Drive), Carlsbad, 760-729-0903. It's not upscale modern Mex — no cumin-infused, mango-corn salsa on Fidel's menu — but who gives a flyin' fajita when you can order just about any traditional SoCal-

Mexican dish and know it's gonna be good? Whether you try the chicken-and-rice soup with fresh cilantro and avocado chunks, fluffy *chile rellenos*, a crab enchilada, *carne asada* with all the trimmings, or a lonely à la carte chicken burrito, you're going to be a happy camper. Add a reliable margarita or a beer and you're set at this popular North County mainstay. Open seven days a week for lunch and dinner. Inexpensive. — S.M. (12/03)

Firenze 162 South Rancho Santa Fe Road (at Manchester), West Village Center, Encinitas, 760-944-9000. This big, beautiful, gracious restaurant (located in the same mall as Harvest Ranch Market, just north of Rancho Santa Fe) offers both a handsome interior and a romantic fire-lit patio. The well-spaced tables are laden with huge portions of accomplished, multiregional Italian cuisine and reasonably priced Italian and California wines (with 1/2-price wines Monday nights). Vegetarians will rejoice in the two dozen meatless selections. Lunch and dinner Monday through Saturday, dinner only on Sunday. High moderate. — N.W. (11/01)

Hill Street Coffee House 524 South Coast Highway 101, Oceanside, 760-966-0985. Organic in Oceanside? Really! Look for the sign: "Organic Restaurant and Espresso Bar" in front of a restored yellow-and-white Victorian house from O'side's past. All their meats, poultry, fish, and veggies are organic and the menu is full of healthy dishes: tofu/spinach breakfast scramble, frittata *espinaca* ("Greek eggs"), and *pain perdu* (for us peasants that's French toast) with fresh fruit and syrups. Some vegan items. After 11 a.m., try their Cajun chicken. Open daily, breakfast to dinner. Inexpensive. — E.B. (11/00)

I Trulli Trattoria 830 South Coast Highway 101 (between G and H streets), Encinitas, 760-943-6800. An enduring hit in Encinitas (where there's no short-

age of Italian restaurants), I Trulli serves modern Italian food with fashionable new ingredients. The menu, subtitled "Nouvelle Italian Cuisine," resembles the somewhat ambitious, generically "northern Italian" bills of fare that you encounter all over Hillcrest and the Gaslamp. (It is, in fact, a sister restaurant to Hillcrest's Arriverderci.) The signifiers of seriousness are the pink peppercorns, goat cheese, sun-dried tomatoes, and light cream sauces that coexist with the more traditional mozzarella-tomato sauce arrays. Best bets are the daily specials, which offer the greatest chance for fresh ingredients and creativity. Busy, cramped, painfully loud inside. Street patio next to highway is also noisy. Reserve for dinner on weekends or expect an hour's wait. Open daily, lunch and dinner. Moderate. — N.W. (11/01)

Johnny Manana's 308 Mission Avenue, Oceanside, 760-721-9999. Local teachers hang out at this green-, white-, and red-tiled place because it's such good value. Most dishes are Mexican. There's a Caribbean chocolatey, black bean, paprika, curry-in-the-rice thing going on. Pescado Veracruz (fish marinated in lime juice and garlic with rice, beans, and green salad) is good. The roasted chicken is delicious. The Big Breakfast Burrito Special (eggs, onions, beans, cheese, and potatoes, wrapped in a large flour tortilla) is *muy popular*, but then so is J.M.'s Great All-American Cheeseburger. Open daily. Inexpensive. — E.B. (12/01)

Osteria del Pescatore 1201 Camino Del Mar (at 12th Street), Del Mar, 858-509-9293. The restaurant's name means "Fisherman's Hostelry," and you'll find expert, courteous service and well-crafted seasonal Italian fare here with a strong emphasis on zesty fresh seafood. Go straight to the single-spaced page-long list of daily specials for the most exciting dishes, including spaghetti *a cartoccio* (baked in parchment paper) and lobster risotto. But save room for

dessert, especially if the day's offerings include *torta alla nanna*, a rose-scented nut confection. Parking behind restaurant (turn east on 12th Street); heated dining patio available. Interesting international wine list. Reservations advised. Lunch Tuesday through Saturday; dinner nightly. High moderate to expensive. — N.W. (5/05)

Pacific Coast Grill 437 South Coast Highway 101 (Beachwalk Plaza), Solana Beach, 858-794-4632. Chef Hannes Cavin turns out a free-form menu of Pacific Rim cuisine featuring fine ingredients and integrating Mexican, Hawaiian, and Asian flavors into So-Cal comfort cooking. Try the green salad with vibrant cranberry vinaigrette, the "Bag of Bones" (house-smoked pork ribs), the brick-roasted free-range chicken, and whatever "fruit creation" is on the dessert menu. Busy and noisy; reservations urged for weekend dinners and all summer. Open daily for lunch and dinner. Full bar. Moderate to expensive. — N.W. (6/05)

Red Tractor's 550 Via de la Valle, Del Mar, 858-755-6600. Even though you know you're a half mile from the Pacific Ocean and across the street from the Del Mar Racetrack, one step inside Red Tractor's dining room sends you reeling back in time to an upscale, dimly lit, maroon-and-gilt restaurant of 1960s Chicago. The only thing missing is the scent of cigars. Food portions are enormous: The lobster sandwich (a touch heavy on the mayo) easily packs a half pound of lobster. The selection is generous: steaks, prime rib, seafood, chicken, and pork — all expertly prepared and served in record time. On days when you don't give a rip about the Surgeon General's latest warnings, run to Red Tractor's and indulge your All-American appetite. Lunch Monday through Saturday, dinner nightly; 11 p.m. closing Friday and Saturday. Expensive. — S.M. (3/04)

Over 400 more restaurant listings at SanDiegoReader.com



Spices Thai Cafe 3810 Valley Centre Drive, Piazza Carmel Shopping Center, Del Mar (east of Carmel Valley turn-off), 858-259-0889; 6785 Mira Mesa Boulevard, Mira Mesa, 858-552-8845; 16441 Bernardo Center Drive, Rancho Bernardo, 858-674-4665. Superb Thai restaurant that's not only elegant but whose food contains no MSG and very little fat. The seafood dishes rate highly. Among other delicacies are duck and frog legs. Put Spices Thai Café at the top of your list. Open daily for lunch and dinner. Inexpensive to moderate. — E.W.

Tomiko 87 Encinitas Boulevard (at Best Western, just west of I-5), Encinitas, 760-633-3587. In a lovely setting overlooking Moonlight Bay you can enjoy Japanese and Pacific Rim fusion cooking and sushi in a serene but lively dining room. When the sushi bar is free from the weekend rush, the quality can be amazing: stunningly fresh *uni*, world-beating silky *toro*. The sushi-master also keeps an eye on the restaurant's seafood purchases, so they meet exacting standards. Appetizers such as "salmon tower tartare" and "drunken black cod" are rewarding, as are the

Restaurant Coupons and Menus SanDiegoReader.com

Restaurants listed without coupon offers have only menus online. Restaurants with • have multiple locations. See online menu or coupon for all locations.

Pacific Beach, Mission Beach & Ocean Beach

Atoll at the Catamaran Hotel
Broken Yolk **\$2 off breakfast or lunch**
Canes **Free wing basket**
Chateau Orleans **50% off**
Costa Brava **Free tapa for lunch**
French Gourmet **Free dessert**
Great Moon Buffet **10% off total bill**
Gringo's **\$2 off Sunday Brunch**
Lahaina Beach House **Free breakfast**
Newbreak **Free breakfast or lunch**
Pacific Beach Bar & Grill **2 for 1 entrée**
Sam's by the Sea
Saska's **Free sushi or 25% off bill**

East County & State College

Alpine Inn **Sunday prime rib \$18.95**
Cereal Port Cafe **Free energy drink**
Fix Me A Plate Cafe
Greek Town Buffet **50% off dinner buffet**
Habana Cuban **1/2 price appetizer**
Lucky Star Buffet **10% off**

North County

The Beach Club **50% off entrée**
Big Jim's Old South Bar-B-Q **50% off entrée**
The Blvd **Free Happy Hour appetizer**
Del Mar Rendevous **20% off**
Greek Village **Free saganaki**
Jamroc 101 **Free island sampler**
Ki's Restaurant **Free appetizer or dessert**
Mikko Japanese **50% off sushi**
Noodles & Company •
Poway Sushi Lounge **Free sushi roll**
Wild Note Cafe
Zibibbo **Free tiramisu**

South Bay & Coronado

Lai Thai **50% off entrée**

Uptown & North Park

A La Française
B Fried Rice
El Indio **50% off entrée**
Hob Nob Hill **\$2 off entrée**
House of India **50% off entrée**
India Princess **50% off dinner***
Lips **50% off dinner**
Rannoosh **Free entrée**
Rudford's **\$2 off entrée**

Midway, Old Town & Mission Valley

The Amigo Spot **15% off bill**
Bali Thai **50% off entrée**
Bennigan's **Free appetizer or dessert**
Chiba Japanese **\$2 off lunch or dinner**
Old Town Mexican Cafe
Paradise Yogurt **50 cents off a smoothie**
Pizza Bella **Free wine dinner**
Shanghai Chinese **\$1 off Mongolian BBQ**
Tio Leo's **Dinner combos \$8.99 each***
Todai **10% off lunch or dinner**

Clairemont, University City, Miramar Rd., Poway, Mira Mesa, Scripps Ranch & Kearny Mesa

Ashoka the Great **50% off lunch or dinner**
Bangkok West Thai Cafe **Free Thai iced tea**
Filling Station **Free appetizer**
La China
Mucho Gusto **25% off check**
Philadelphia Sandwich Co. **Free sandwich**
Thai Cafe **\$1 off buffet**

La Jolla

Cafe Milano **Free Comedy Store tickets**
Clay's La Jolla
Ginza-Sushi **Sushi dinner for 2 \$15.95***
La Jolla Brew House **Free lunch or dinner entrée**
Marrakesh **10% off lunch**
Su Casa **25% off entire check***

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Alambres **Free soup**
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Dublin Square **15% off or free lunch**
Embers Grille **50% off entrée**
The Field **Free early-bird dinner**
Hard Rock Café •
Hornblower Cruises
House of Blues **20% off restaurant receipt**
Humphrey's
La Cantina **Prime rib, crab, wine \$19.95**
Lotus Thai Cuisine **50% off entrée**
McCormick & Schmick's Seafood Restaurant
Mister Tiki Mai Thai Lounge
Olé Madrid **2 for 1 lunch or brunch entrée**
Puerto La Boca **Free Argentine dessert**
RA Sushi
Rei do Gado
Rock Bottom
Rockin' Baja Lobster
Royal Spices Thai **20% off & free soda**
Saigon on Fifth **20% off**
Samba Grill **Free all-you-can-eat Brazilian feast**
The Shout House
St. Tropez Bakery-Bistro **10% off***
Star of India **50% off entrée***
Thai Time II **Free fried spring rolls**
Visions **25% off sushi**
Whiskey Girl
Xavier's **Free appetizer**

simple, excellent fusion-tinged seafood entrées. Reserve for weekends, especially for sushi bar. Dinner nightly. Moderate. — *N.W.* (3/02)

Tuscan Sun Italian Deli 1070 North El Camino Real, Encinitas, 760-633-4546. A town abounding in Italian restaurants ought to have a great Italian deli, and it does. You'll find domestic and imported deli meats and cheeses, fresh-baked breads and focaccia, marinated veggies, and a wealth of gourmet products from Italy. The specialty is the "Caprese" (tomatoes-plus) sandwich on focaccia bread with a variety of fillings, best served grilled and dressed with pesto. The eat-in/take-out menu includes pizza, pasta, salads, and a host of sandwiches. Open daily. — *N.W.* (8/03)

NORTH INLAND

Ashoka the Great 9474 Black Mountain Road (off Miramar Road), Mira Mesa, 858-695-9749. Seek out this splendid Indian restaurant. The setting is lovely, the service excellent, and the food first-rate. Don't overlook the tandoori dishes. Numerous selections are available for vegetarians. An all-you-can-eat lunch buffet is served daily. Open daily, lunch and dinner. Inexpensive. — *E.W.*

Athens Market Cafe 11640 Carmel Mountain Road, Suite 124, near Pacific Theatres, Carmel Mountain Plaza,

858-675-2225. At this offshoot of Mary Pappas's downtown Athens Market, sister Vickie's food is just as good. If you want a big start, order the *saganaki*, a cheese appetizer that comes flaming to your table. And you can't lose with *mezedakia*, a big oval sampler of *dolmades* (stuffed grape leaves), *lokaniko* (a delicious Greek sausage), *spanakopita* (spinach in filo pastry), tomatoes, cucumbers, *tzatziki* dip, hummus, feta cheese, and olives. But come for the lamb. It's wonderfully flavorful, skewered in the souvlaki entrée (which comes with beans and rice) or as lamb chops. Moussaka (baked eggplant, zucchini, and ground beef) goes down well too. Or what's wrong with a simple plate of feta cheese, kalamata olives, and a glass of Greek red? Open daily, 11 a.m. to 9:30 p.m. Inexpensive to moderate. — *E.B.* (1/06)

Bamboo Hut Black Mountain Village, 9172 Mira Mesa Boulevard (one driveway west of Black Mountain Road), Mira Mesa, 858-348-0414. You'll find a taste of Hawaii in a strip mall in a neighborhood that's all-mall. The bright little "hut" has bamboo chairs, a bamboo ceiling, bare floors, and unclothed tables, with a sushi counter next to a tiny kitchen with a roaring gas grill. A large lattice awning offers outdoor seating a few steps from the door. The quality of the food is all over the map, though — this is not the place to try your first Spam sushi. The seafood sushi is good, though, including a fine Rainbow Roll with really sweet crab; the more creative rolls run to cream cheese and hot sauce. "Local food" choices include a tasty ahi *poké* and excellent chicken *katsu*; the *kalbi* short ribs are tough, though. Plate lunches include one to three entrées (priced accordingly) with steamed or mildly garlic-flavored rice, macaroni

salad, and green salad with bright orange dressing à la Kraft French. Be sure they deliver what you ordered; there may be slipups. Open seven days, lunch and dinner. Very inexpensive. — *N.W.* (8/03)

Bistro 221 221 East Grand Avenue (near Kalmia), Escondido, 760-737-7398. This genteel bistro — with comfortable chairs and linen-covered tables inside and a shaded patio on the sidewalk — is especially tasty at lunch, with its sophisticated quesadillas and a classic burger and fries cooked your way. At dinner simple starters shine, including a "blonde" Florida version of gumbo and Maryland crab cakes with minimal filler. The dinner entrées are also the best, including beef tournedos with Gorgonzola and grouper caught just off the Florida shores. A "Louisiana" bread pudding is moister (hence more pleasing) than most of its namesakes. No wheelchair access for restrooms. Free parking behind restaurant. Ordinary wine list. Lunch and dinner Tuesday through Friday; dinner Saturday. Lunch moderate; dinner moderate to high. — *N.W.* (10/04)

La Tapatia 340 West Grand Avenue, Escondido, 760-747-8282. Take a walk on the mild side at this family-owned favorite, in business since the 1930s. You'll find standard Mexican fare in a comfortable dining room or, in good weather, a lovely, arbor-like stone-walled patio. The most celebrated dish is the "cheese crisp," a large tostada covered one-third in ground beef, one-third in beef chunks, and one-third in beans, with cheese, avocado puree, and sour cream over all. Many preparations (grilled seafoods, etc.) are healthy, and veggies taste fresh. Seasonings are rather detuned, but there's a saltshaker and a lively salsa on the table. Open

daily, three meals. Moderate. — *N.W.* (5/01)

The Place: El Parque 2659 Reche Road, Fallbrook, 760-731-2775. Just think Little Red Riding Hood — this is Grandma's place. Okay, it's not a little old, thatched cottage — it's a cream-painted metal shed with a gazebo in front. But it is in the Live Oak woods, and you can sink your teeth into some pretty fair Mexican food here, sitting alongside an interesting bunch of agricultural workers and maybe some ruby miners. Good combination plates include the tostada and beef taco, and burrito and enchilada. The time to be here is Sunday morning, when those aggies pour in here for the *menudo*, cooked in a three-foot-high pot. Open daily, breakfast through early dinner. Inexpensive. — *E.B.* (12/04)

The Wayside Cafe 507 South Main Avenue, Fallbrook, 760-723-9633. Locals love meeting and eating in this long low-porched building — partly because it all just feels small-town America. The place used to be Mahrs' Service Station. You can even sit in the old Lube Bay to eat. Count on generous servings, especially the mountain-piles of red-skinned home-fries as a side at breakfast. Open for breakfast and lunch daily. Inexpensive. — *E.B.* (12/01)

LA JOLLA

Barbarella 2171 Avenida de la Playa, La Jolla Shores, 858-454-7373. This popular restaurant sits nestled in an English garden just blocks from the beach. You can dine amidst the flora at street-side tables, in the enclosed patio, or in the small dining room. Once you're seated, the friendly staff provides fresh-out-of-the-oven sourdough wheat bread to nibble on. The menu changes daily, offering fresh fish, steak, chicken, pastas, soups, and pizzas, all cooked with a twist of imagination that delivers on the flavor. For instance: pizza topped with smoked salmon, crème friche, chives, and fried capers. Or delicate Alaskan halibut served over creamed spring onions with a watercress salad. If a fresh fruit crêpe hap-

pens to be on the dessert menu, leap on it! Open for lunch and dinner daily. — *S.M.* (4/04)

Beach House Brewery 7536 Fay Avenue, La Jolla, 858-456-6279. Don't expect to see the beach. Do expect to taste some good beers made right here and good solid food, such as the prime rib sandwich (which goes great with their Irish Stout) or the roasted potato. Or maybe best of all, the buffalo burger — big, hefty, and low on cholesterol. You'd call this a family, multi-generational sports bar eatery. Nice mix. It's La Jolla, so it's not dirt cheap, but the guys here seem really interested in making interesting brews and good food to accompany them. Open for dinner seven days; lunch and dinner weekends. Inexpensive to moderate. — *E.B.* (1/04)

Daily's Restaurant 8915 Towne Centre Drive, La Jolla, 858-453-1112. The idea is brilliant: Just serve food that's really, really good for your customers. Low fat, low calorie, low sodium. Brainchild of cardiac surgeon Pat O. Daily. So what's the problem? It's the "B" word. Bland. Not that they don't fight heroically to make all the dishes interesting, but lots of items have that lentil-y, bean-y feel. Or naked salad-y. Or steam-up-your nose veggie. Among the more interesting choices is the Cajun chicken with black beans and brown rice with cayenne-paprika in the spices. The most popular lunch order, the buffalo burger, has a little gamy aftertaste — but that just proves it is the legendarily lean prairie beast. Nice outside seating in Restaurant Row, except you've gotta resist the smells from the more wicked eateries that aren't on the same crusade. Inexpensive. Three meals, Monday through Friday; open until 4 p.m. Saturday; closed Sunday. — *E.B.* (1/06)

The Marine Room 2000 Spindrift Drive (off Torrey Pines Road), La Jolla, 858-459-7222. High cuisine, high adventure, high seas — at only moderately high prices. With chef Bernard Guillas as top toque, the Marine Room has become the quintessential great San Diego restaurant. The exhilarating coastal view meets Cal-French-Pacific Rim cuisine that's

as exuberantly out-front as the waves whacking the windows. Guillas's oceanic culinary inventiveness with ultra-fresh, exotic ingredients makes every visit a voyage of discovery, and preparations are so elaborate that each listing on his precise menu reads like a whole tasting dinner. Reservations requested; slightly dressy but not stuffy. Easiest route: Make a right from west-bound Torrey Pines onto Roseland or Viking and go left on St. Louis, which runs into Spindrift. Wheelchair ramp to the left of front door. Noisy when crowded. Lunch Tuesday through Saturday, Sunday brunch, dinner nightly. Expensive. — *N.W.* (9/02)

Michele Coulon Pastries 7556-D Fay Avenue (across the street from Vons parking lot), La Jolla, 858-456-5098. The daughter of Don Coulon (retired chef/owner of The Belgian Lion restaurant) and her son preside in turn at this delightful little café/bakery. (Look for it behind the octagonal sandwich shop that fronts its mini-mall.) Every ingredient is fresh and of top quality. Cakes are light, moist, rich, and available as wholes, slices, and even "miniatures," plus you can choose tarts, chocolates, ice creams, and breakfast pastries. Open 9 a.m. to 4 p.m. Monday through Saturday (closed Sunday). Moderate. — *N.W.* (5/02)

Nine-Ten Restaurant Grande Colonial Hotel, 910 Prospect Street, La Jolla, 858-964-5400. Chef Jason Knibb's level of craftsmanship shows a culinary sophistication that would be at home in San Francisco or New York. You'll find adventurous, seasonal cuisine emphasizing "market fresh" local produce (much of it organic or sustainably raised), naturally raised meats, and wild seafood. It's not just the food that's fresh — the ideas are, too, and the flavor-matches are flawless. The wine list is superb, and new personnel in the front of the house have brought up the standard of service. Validated valet parking, full bar. Reservations urged. Open daily, three meals. Expensive. — *N.W.* (10/05)

Sushi on the Rock 7734 Girard Avenue, La Jolla, 858-456-1138. This noisy, high-energy spot — a boxy, saloon-like space with a sushi bar in back — draws a lively twenty-something crowd (although older folks will have plenty of company, too). Unlike more traditional sushi bars, there's a vast selection of "rock and rolls" — huge, creative party sushi. And they're fabulous, with sparkling fresh seafood and immensely clever combinations. Try, for instance, the shrimp tempura roll, which wraps fried shrimp, crab shreds, *daikon* sprouts and Japanese mayo in deep-fried salmon skin — the combo would be just as impressive as an appetizer at a top Cal-French restaurant. The Orange Crush is another sublime invention, fresh and crunchy with veggies and *tobiko* wrapped in suave salmon. Even simple rolls are so well conceived, and the rice so nicely seasoned, you won't need soy-wasabi dip. No reservations, long waits (in cramped entryway) on weekends. Full bar, good sake list. Lunch weekdays, dinner nightly, with deep discounts for happy hour specials. Moderate. Second (quieter) location at 1923 Calle Barcelona, Carlsbad, 858-456-1138. — *N.W.* (11/04)

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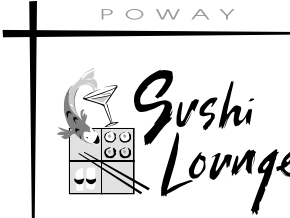
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MISSION VALLEY
& THE MESAS

Cucina Italiana Clairemont Square, 4705-A Clairemont Drive, Clairemont, 858-274-9732. Chef Jose Flores, who owned the much-missed Trattoria Nostana in La Mesa, went back to his alma mater, Via Italia — and bought it. Under the new name, the menu is much the same as at Via Italia: multi-regional authentic Italian cuisine, including wonderful thin-crust pizzas, available only by the ten-inch pie, not by the slice. The restaurant is in a mall but doesn't serve mall-grub. The fresh pastas are made in-house and rolled thin, so raviolis have more filling than skin and the rich lasagna won't send you out waddling. The numerous daily specials are the most rewarding dishes and keep dinners interesting for the many neighborhood regulars. Desserts and espresso are good; save room for *millefoglie* and *torta della nonna* when they're available. Plenty of wines by the glass. Reserve, especially for weekends and large parties. Heated patio dining in fair weather. Lunch and dinner daily. Moderate (pastas and pizzas) to expensive (meat and seafood entrées). — N.W. (1/06)

Emerald Chinese Seafood Restaurant Pacific Gateway Plaza, 3709 Convoy Street (at Aero Drive), 1st floor, Kearny Mesa, 858-565-6888. Arguably the best Chinese restaurant in the county, here's where local Asians (of all nations) go for both casual family dinners and special feasts of Hong Kong specialties. When you dig in, you'll know why. Menu (trilingual in Chinese, Vietnamese, and English) emphasizes seafood and gourmet delicacies of the South China coast, plus lunchtime dim sum carts daily. The staff is bilingual and crisply helpful, and the specialties are well worth exploring. Reservations accepted for all meals, including weekend dim sum brunches. Few dishes include MSG; diners can request none in made-to-order dishes. Live fish tanks, full bar, serviceable wine list. Mainly moderate, with moderate splurges like live fish and Peking duck easily balanced by inexpensive down-home dishes (unless you insist on shark fin or bird's nest). Open daily from lunch until midnight or later. — N.W. (9/02)

King's Fish House 825 Camino de la Reina (west of Mission Center Drive), Mission Valley, 619-574-1230. To find King's in the megamall, go slightly west of Koo Koo Roo and follow the line of cars to the free valet parking. It's a chain, but it's a classy chain, offering fish and

seafoods of a quality that's well above average, including crustaceans from a live-tank and a half-dozen varieties of pristine oysters. Generously-sized entrées come with soup or salad (including a Caesar that's above suspicion) and two hefty side dishes. The vast menu of American-style preparations changes daily to reflect the fresh catch, and includes some rotating regional specialties (e.g., New Orleans, Hawaii, New England). Don't miss the prawn pot-sticker appetizer, if available, and for dessert, the miraculously light bread pudding. The atmosphere is good-timey (with two patios and a barroom as well as a dining room), the service is enthusiastic, and the management will accommodate special requests if you call ahead. Kiddie menu available. Open daily, lunch and dinner. Moderate. — N.W. (5/02)

Korea House 4620 Convoy Street, Kearny Mesa, 858-560-0080. Korea House offers floor seating or a table if you want to barbecue your own food. The menu offers fine "down-home" Korean food, such as traditional *mandoo* (beef) dumplings, *gaejang backban*, or raw crab, and *yookhiwe*, a steak tartare worth risking. Make a meal from enormous appetizers like *gul bosam* (raw oysters, pork, and cabbage leaves). Open daily. Inexpensive to moderate. — M.N. (9/98)

Nijiya Market 3860 Convoy Street, Kearny Mesa, 858-268-3821. If you're not willing to sacrifice quality for convenience when eating fast food, try this Japanese market in Kearny Mesa. Nijiya Market offers prepared box lunches, or *bento*, that are pretty to look at, appetizing, and a real bargain. I suggest, however, passing by Nijiya's steam trays and heat lamps and going straight to the coolers, where you'll find delicious chicken cutlets, fresh sushi, and chilled noodles, as well as dessert delicacies like sweet bread roll filled with sweet bean paste. Inexpensive. — M.N. (8/99)

Pampas Argentine Grill 8690 Aero Drive (at Montgomery Field), Kearny Mesa, 858-278-5971. The Argentine specialties feature grilled grass-fed beef, including a somewhat Americanized version of the *gauchos'* great *parillada mixta* (mixed grill), with a great chorizo but minus any exotic organs. The naturally raised meats are lower fat and lower cholesterol than feed-lot beef but are salted heavily in the kitchen unless you request otherwise. Specify rare or medium-rare, unless you really like brown cardboard. Lighter fare includes free-range chicken and fresh, well-treated seafood. Beef empanadas are a tasty, authentic starter. Potatoes (fries and mashed) are splendid, salads are ex-

uberant. The full bar features Chilean and Argentine beverages with many affordable South American wines by the glass. Park in lot at restaurant's front door, not the back-door lot. Lunch (mainly sandwiches) on weekdays. Dinner nightly. Entertainment (harp) Friday through Sunday. Closed Monday. Moderate. — N.W. (4/02)

The Philadelphia Sandwich Co. 3904 Convoy Street (south of Othello), Kearny Mesa, 858-571-0888. This classic luncheonette is a monument to Philly culture, including sports pennants, historic photos, and colorful mummies' costumes. The menu is equally devoted to the city's cuisine, especially its two great cult sandwiches: the hoagie and the cheese steak. The mixed-meat hoagie is way more than a hero — its flavor array is similar to (and just as intense as) a New Orleans muffuletta. As for the cheese steak, it starts with steak strips, onions and your choice of cheese, and expands from there. Philly natives may like the simple version with Cheez Whiz, but the luscious "Everything" with provolone is more likely to seduce the innocent. "Philly fries" (with garlic) are the right go-with. The menu also offers Pennsylvania-packaged foods ("Philadelphia Scapple" to go, Tastykakes, Wise potato chips) to nostalgic émigrés. Lunch to early dinner nightly. Inexpensive. — N.W. (10/04)

San Tong Palace 4690 Convoy Street (between Engineer and Balboa), Kearny Mesa, 858-571-6837. This unassuming, strip-mall restaurant is easy to overlook, but once found, impossible to resist. San Tong's hybrid Korean-Chinese menu draws from these regions' tastiest styles. The Rainbow Salad demonstrates this combination deliciously, and San Tong's dumplings are outstanding. The seafood dumplings are especially remarkable. For the adventurous, I recommend the jellyfish salad, a novel treat for westerners. At San Tong Palace, curious appetites are rewarded well. Lunch and dinner daily. Inexpensive. — M.N. (4/99)

Seau's Mission Valley Center mall, 1640 Camino del Rio North (next to Robinsons-May), Mission Valley, 619-291-7328. Footballer Junior Seau contributes more to San Diego than just sacks. His extravagant multiveneue sports pub is major league fun — a real-life reincarnation of some 1960s McLuhanite media art show, with 70 video screens (ranging from large-normal to giant HDTV) running sportscasts and a professional DJ on high, periodically spinning cool sounds over muted talking heads. The menu offers mainstream "something for everyone" choices, including pizza, hefty but so-so burgers, some elementary sushi, all-American entrées, and Seau's family recipe of Samoan teriyaki "plate lunch." Above all, there's pub grub. The chicken wings are pretty good, and you can get all three sauces (Buffalo, BBQ, and Asian) on one order. Perfect hangout for mismatched couples with one sports fan and one fashionista (the latter can head for Nordstrom and Saks discount outlets nearby). On game days, patrons are allowed just one game in the dining room (\$15 minimum), but you can linger from wake-up to closing on the patio or in the bar. Open daily. Inexpensive to moderate. — N.W. (1/03)

Tofu House 4646 Convoy Street, Kearny Mesa, 858-576-6433. This stylish little eatery is proof positive that our city has matured for its specialty ethnic foods. Tofu House is a Korean restaurant serving up specialty tofu dishes. Flavorful, healthy foods. I highly recommend the *soontofu* soups (beef, pork, seafood, or mushroom) with raw egg drop you drop yourself and a side of tasty fresh kimchee. Deliver yourself from sorrowfully generic foreign food — Tofu House serves vivid ethnic food. Open daily. Inexpensive. — M.N. (2/99)

THE BEACHES

Cafe Athena Pacific Mall, 1846 Garnet Avenue (at Lamont), Pacific Beach, 858-274-1140. With a more upscale, eye-catching decor and a longer and more serious menu than most Greek cafés, this is a popular destination, so be sure to reserve for dinner or you'll risk a long wait. The choices include good soups and appetizers (except for a sub-par *taramasalata*), outstanding



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Calendar

RESTAURANTS

moussaka, above-average gyros, and interesting, unusual desserts. There's plenty for vegetarians. Rather noisy when crowded. Open daily, lunch and dinner. Inexpensive to low moderate. — N.W. (3/02)

Cantina Panaderia 966 Felspar Street (at Cass), Pacific Beach, 858-272-8400. This cheerful café instantly became a gathering spot for many PB-ites, including the forsaken population of adults. Chef-owner Isabel Cruz, who calls herself "Food Girl," has imported much of her Mission Cafe menu of Latin-Asian-sorta-health-food to the beach. A self-confessed "lazy cook," she focuses on wholesomeness rather than authenticity. Breakfast and lunch are the main meals here and include competent eggs, luscious scrambled eggs, huge sandwiches, and weighty slabs of coconut French toast. Competent Latin-style dishes include tamales with airy masa. Devotees of Southeast Asian cuisines, however, may be disappointed by the simplistic stabs in that direction. If your dish is too mild, house sauces (chili oil, salsa, chipotle sauce, etc.) are available on request. Beer and wine. Small, free front parking lot; pay lot across the street at west end of the block. Three meals daily; closed 3 p.m. to 5 p.m. Inexpensive to low moderate. — N.W. (10/04)

Costa Brava 1653 Garnet Avenue (at Jewel), Pacific Beach, 858-273-1218. Cordial owner-host Javier Gonzalez opened this charming restaurant so that local Spaniards would have a place to gather with an authentic atmosphere of home, and indeed, the "Euro" atmosphere and late hours give a truly Iberian feel. The lively garlic-rich dishes here include a wide array of tasty tapas and, among the entrées, a paella that's made

to order (sized to serve two or four; call ahead for larger groups). Patio seating in good weather. Parking lot and wheelchair access via the alley behind the restaurant. Open daily 11 a.m. to midnight, with bargain prices at Sunday brunch. Reservations advised for weekend evenings. Moderate. — N.W. (2/02)

The Fishery 5040 Cass Street, Pacific Beach, 858-272-9985. Pacific Shellfish Seafood Company founder Judd Brown got his start as a commercial fisherman. He doesn't fish anymore, but he does everything else — supplying product to top-tier restaurants, retailing glistening specimens to hungry shoppers and serving patrons who want to dine in amid the icy-blue walls and gorgeous trophy fish. The Fishery's menu is equally extensive, covering SoCal basics (excellent mahi-mahi burrito), lunchtime standards (sandwiches, fine malt-dredged fish and chips), sushi, and an ambitious lineup of dinnertime entrées, some of them whimsically creative (tortilla-encrusted Mexican black bass). If ambition occasionally outstrips execution, an obsession with freshness helps compensate, and you get the sense that things are getting better all the time. The wine list is relatively inexpensive and carefully selected. Casual atmosphere. Open daily, lunch and dinner. Moderate to expensive. — A.M. (12/03)

Humphrey's by the Bay 2241 Shelter Island Drive, Shelter Island, 619-224-3577. Most diners at this resort/concert venue restaurant eat at the prix-fixe pre-show dinners because they guarantee good seats for the concerts at the next-door amphitheatre. But better food emerges once the music-mavens leave the premises. The kitchen features fine seafood, juicy meats, and prime steaks with seasonal veggie garnishes. Preparations are pleasing but in no way startling — it's a hotel restaurant, after all. Reserve for show-nights or to snare a window table with a gorgeous marina view. Free parking when there's no concert, valet parking when there is. Dining

room pleasantly quiet. Open daily breakfast through dinner; brunch buffet Sunday. Pre-show prix fixe upper moderate, à la carte expensive/very expensive. — N.W. (2/06)

Kabuki Sushi Restaurant 4475 Mission Boulevard (entrance on Garnet), Pacific Beach, 858-270-1986. This place has a unique system of delivering tempting dishes to you via boats floating along a mini-canal that surrounds the sushi bar. You take food off and pay according to the plate size. The sushi chefs — they can be a show in themselves — have the usual panoply of sushi, sashimi, nigiri. The dragon rolls (crab, shrimp tempura, eel, avocado) and spider roll (soft-shelled crab) are tasty too. It's young and crowded here — is that because you don't have to sweat the menu, just grab what you like off the boat and chew? Open for lunch and dinner Tuesday to Saturday; dinner only Sunday; closed Monday. Inexpensive to moderate. — E.B. (1/04)

Kaiserhof 2253 Sunset Cliffs Boulevard, Ocean Beach, 619-224-0606. Even on weeknights, crowds fill this restaurant and *biergarten*, chowing down on hefty, hearty German cooking in a festive atmosphere. Flavors are authentic, but can be monotonous due to kitchen's reliance on commercial products (especially a heavy-flavored beef base that makes all the sauces taste alike). Good schnitzels, potato pancakes. The excellent apple strudel is the only dessert made in-house. Reservations advised, especially for patio seating. Full bar. Lunch Friday through Sunday, dinner Tuesday through Sunday. Moderate. — N.W. (6/02)

Red Sails 2614 Shelter Island Drive, Shelter Island, 619-223-3030. One of the city's oldest eateries has been renovated to look like it always has, but fresher. The dining rooms resemble those on a river paddleboat or a small, rakish cruise ship, while the bayside patio is a funky waterside pleasure, beset by pigeons. The menu runs to simple seafood and steaks (wet-aged USDA Choice), but

quality is uneven. Tasty starters include briny littleneck clams on the half-shell, an interesting clam chowder, and a classy house salad (but ask for vinegar and oil on the side to dress it). The coconut shrimp entrée is a good, guilty pleasure, but the fin-fish and fried entrées taste like supermarket frozen food. For the starch accompaniment, baked potato is the most flavorful option. Full bar, strong cocktails, weak wine list. Die menu available. Daily three meals until 11 p.m. Low moderate. — N.W. (10/04)

CENTRAL SAN DIEGO

El Comal 2822 Imperial Avenue, Grant Hill, 619-239-7101. (Other location at 534 Broadway, Chula Vista, 619-420-3811.) No border compromises here — just great home-cooking from Michoacan, Guerrero, Jalisco, and Oaxaca, prepared by Luz Herrera Ibarra, a biology teacher from Acapulco. Try the *huarache* (cactus slices with carne asada, frijoles, cheese, and onions) or the *mulita carne adobada* (pork, melted cheese, and guacamole inside two tortillas) and have a glass of *nuez* (a refreshing walnut drink). Breakfast through dinner, closing at 9 p.m. daily. Inexpensive. — E.B. (11/00)

Lefty's Chicago Pizzeria 3448 30th Street (at Myrtle), North Park, 619-295-1720. An eight-pound pizza? That's what Lefty claims his "king of all pizzas" weighs at his often-crowded little corner pizzeria. Truth is, you can't help but be drawn, especially at night, to the little ribbon of lights framing the sidewalk canopy with its tables and benches. Lefty is determined to bring "the real Chicago" to San Diego. So of course we're talking deep-dish pizzas, as well as some thin and crispy. But the ultimate is his "stuffed" pizza, a 14-inch, eight-pound monster that

needs one hour's "make and bake" time. They also do Chicago hot dogs, char burgers, beautiful spicy fries, juicy Italian beef au jus sandwiches, and a decent "Lefty's carbonara" (spaghetti, eggs, bacon, Parmesan, and cream). Open lunch and dinner six days, closed Mondays. — E.B. (5/05)

Old World Restaurant 3930 30th Street, North Park, 619-238-0568. This is a delight for anyone who loves Northern European food. Their "Great Grilled Grueben" — homemade corned beef on rye with Swiss cheese, sauerkraut, Thousand Island dressing, and mustard is, as they say, "gemütlich." Also, try the sausage platter: grilled bratwurst, kielbasa, sauerkraut, potato salad, spicy mustard, and rye bread. Open for breakfast and lunch weekdays. Inexpensive. — E.B. (8/01)

Sister Pee Wee's Soul Food 2971-1/2 Imperial Avenue, Grant Hill, 619-236-0470. One of the oldest, best soul food cafés in the county, but get there early (it closes at 8 p.m.). Sister Pee Wee says her daily lunch and dinner menu depends on what she feels like cooking that day — you might find big pork ribs with mashed red-skin potatoes, black-eyed peas, collard greens and two-inch-thick corn bread, or Southern-fried chicken, or catfish fillet with all the trimmings. Sister's special is chitlins and catfish. (Call ahead about the availability of chitlins.) Breakfast includes eggs, bacon, ham, sausages, and hominy grits. Inexpensive. — E.B. (10/01)

Tazablanca 3946 Illinois (north of University, two blocks east of 30th Street), North Park, 619-294-8292. This warm-colored, lively café offers the homey, tropical food of Cuba and some pan-Latin appetizers cooked with Cuban styling. The fried calamari is light, the *papa rellena* (stuffed potato) is lively, the *lechón* (marinated roast pork) is moist and flavorful, and the vibrant chicken fricassee with capers is irresistible. All entrées come with a

salad, and the tequila-lime dressing is especially fresh tasting. Reservations for groups of six or more. Park behind the restaurant (via Grimm and the alley) or in Lumberjacks's lot. Live band plays Thursday through Sunday evenings and is quieter than the ambient music when there's no band. Patio seating in fair weather. Dinner Tuesday through Saturday. Full bar including *mojitos*, Mexican beers, mainstream wines, and Latin soft drinks. Moderate. — N.W. (1/06)

EAST COUNTY & COLLEGE AREA

Ana Maria's 8680 Navajo Road (northwest corner at Lake Murray Boulevard), San Carlos, 619-337-3674. In this homey little restaurant, the food is regional Peruvian, specializing in the coastal area from Callao on north, plus some recently adopted Caribbean influences from Colombia. Highlights include the elaborate "Ana Maria's Ceviche," an array of citrus-marinated seafood with sweet potatoes and *cancha*, smoked hominy corn kernels. The *anticuchos* (heart kebabs) boast a zesty marinade, and the *lomo saltado* (sauteed beef loin strips with tomatoes, peppers, and French fries cooked right in with the liquid) is an outstanding version — it's made with tender steak, not the typical chewy *carne asada* meat. Beer and wine. Early dinner Tuesday through Thursday; lunch and dinner Friday and Saturday; dinner Sunday afternoon to early evening. Inexpensive to low moderate. — N.W. (10/04)

Greek Town 345 West Main Street, El Cajon, 619-441-9708. Just another Greek buffet? Well, yes. Your choices are standard: gyros meat, *spanakopita*, moussaka, *dolmades*. And the décor is the usual blue and white with Greek island posters. But it's the customers who give it an exotic feel, speaking languages from Russian to Greek to Somali. And

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if you're hungry, this all-you-can-eat deal is great. Have gyros meat, but also try the chicken souvlaki (grilled lemon chicken), or start with the excellent *dol-mades* (grape leaves wrapped around beef and rice). The leaves' tangy taste and the lemony sauce inside get your juices running. Don't forget salad... or the dessert table (how could you leave without baklava?). Open for lunch and dinner, seven days. Inexpensive. — E.B. (1/04)

Mario's de la Mesa 8425 La Mesa Boulevard (at Grant), La Mesa, 619-461-9390. The man on the *burro* (seen on the restaurant's sign and menu) holds two flags, those of Mexico and the U.S.A. — very appropriate. Few dishes (except maybe the *menuudo*) will push the paler palate too far in any direction, but gosh-all, everything is so darn tasty. Tamales are a house special: rich, pillowy clouds of cornmeal surrounding richer shredded pork scattered with raisins for a smidgeon of sweetness. Pork also gets loving treatment in the *carinitas rojas*, big chunks browned to the barest crisp, which falls away to melting tenderness. Great marinade (cumin?) on the *carne asada*; intense flavor and buttery richness on the "machaca sonora style" (dry-roasted shredded beef). Beans are so light as to seem whipped; rice is studded with peas and spicy carrots. Service is fast and friendly. Breakfast and lunch Sunday and Monday; three meals Tuesday through Saturday. Inexpensive. — A.M. (7/01)

Ranas.Com 9683 Campo Road, Suite A, Spring Valley, 619-589-1792. With 33 Mexican restaurants in the area, this Mexico City eatery has got to be good. It's a cheery place with lime green walls and orange accents. Cooking from the

capital tends to be less bitingly hot than some northern food, with unexpected taste combos, like *pollo en salsa de cacahuete* (an almost Thai-tasting chicken in peanut sauce which comes with rice, beans, and tortilla). Or try the delicious *pelangoches*, a mess of bacon, pork, pineapple, mushrooms, bell peppers, onions, and cheese. Aztec *huarache* (cactus with potato, cheese, lettuce, sour cream, and salsa) is also easy to love. Open Monday through Saturday. Inexpensive. — E.B. (9/04)

Woodstock's Pizza 6145 El Cajon Boulevard, College Area, 619-265-0999. It's a college pizza joint, but the fare rates well above standard beer ballast. For that matter, the beers — Karl Strauss and Wyder's Ciders (along with the usual Coors Light and Bud) — aren't exactly chug-suds. Crusts — white or sweetly robust whole wheat — are pressed, tossed, and then folded over at the edge, producing a spongy, crunch-crustured rim. The mozzarella is rich, gooey whole-milk; the marinara sauce is dark and spicy; and the toppings are fresh, hearty standouts. Watching your weight? Two low-fat combos (half the cheese) are available. Happy hour with cut-price beer, etc., 2 p.m. to 6 p.m. and 9 p.m. to midnight. Inexpensive. — A.M. (4/02)

FAR EAST

The Hideout Steakhouse and Saloon 27413 Highway 76, Santa Ysabel, 760-782-3656. If you're a Harley-Davidson weekend warrior, this is for you: an old dark timbered roadhouse peeking out of the trees, with its own

spring-fed water wheel, 3000 feet up the mountains. Back in the thirties, Hollywood celebs (Roy Rogers, Alfalfa, et al.) used to hang out here on huntin' and fishin' trips. Now, bike enthusiasts make it their weekend day-trip destination. It still has a 1920s fireplace roaring at one end, a big pot-belly stove at the other, a honky-tonk upright piano, and a forty-foot-long oakwood bar. Cheeseburgers are the default dish. Available are a "Texas-sized baked potato," vegetables, salad, and squash bread. Open Saturday and Sunday only. Inexpensive to moderate. — E.B. (5/02)

Owl Cafe 674 Main Street (between 6th and 7th), El Centro, 760-336-0298. This classic American cafe is over 50 years old and still serves good rib-sticking food morning, noon, or night. Try breakfast special #1: pancakes, two eggs, and two bacon strips. For lunch, the French dip sandwich. Full-plate diners — and they are full — include roast beef and chicken-fried steak. Open Monday through Friday, 6 a.m. to 9 p.m. (bar until 2 a.m.); Saturday, bar only. Closed Sunday. Inexpensive. — E.B. (8/01)

UPTOWN & OLD TOWN

Alex's Brown Bag 2550 Fifth Avenue (at Laurel), Suite 171, uptown, 619-231-2912. The reborn Alex's (now in the Mr. A's building) is rightly famous for its "Original Philadelphia cheese steak sandwich" (with fried bell peppers, onions, mushrooms, and mozzarella). The owners say what makes their sandwiches so special is that they have the meat trucked in from cheese steak central, South Philly itself. Other Italian-American goodies include the Italian Stallion (Genoa salami, capocollo prosciutto, and mortadella sausage meat), egg plant parmigiana with hot garlic bread, grilled pastrami, and cheese on rye. Open for breakfast, lunch, and just-after-work dinner weekdays. — E.B. (9/01)

Busalacchi's Ristorante 3683 Fifth Avenue (at Pennsylvania), uptown, 619-298-0119. Remember Olympia Dukakis in *Moonstruck* retreating for comfort to her local trattoria? Busalacchi's has that settled, warm feel, but it's more interesting. Multi-levels create nooks and crannies for *liaisons dangereuses*, or there's the streetside casual level. Niche fountains and faux marble columns make it feel old-fashioned. Being Sicilian, they have plenty of the tomato-sauce-dominated dishes (like *torta di melanzana*, eggplant layered with mozzarella). But also try the excellent calamari piccata, a calamari "steak" bathed in butter, mushrooms, lemon, capers, and white wine. Simple but delish. Or salads like *insalata di fileto* with filet mignon, goat cheese, walnuts, eggs, and arugula. And hey, if you want to keep the budget intact, nothing wrong with *spaghettii della casa*. Lunch Tuesday through Friday; dinner nightly. Moderate to expensive. — E.B. (2/04)

DMood 4628 Park Boulevard (at University Heights overhead street sign), 619-297-6663. This delightfully decorated bistro offers eclectic Middle Eastern cuisine that's primarily Persian but offers touches of North Africa, India, Southern Europe, and the U.S. Don't miss the splendid appetizer sampler (a full array of luscious Middle Eastern tapas), the pomegranate-glazed game hen stuffed with basmati rice and fruit, or the skewered lamb. The daily fresh fish gives talented chef Cecilia Tajonar a chance for creative play. Persian ice creams in sexy flavors (rosewater, orange blossom, pistachio) are among the dessert choices. Live entertainment at many brunches and weekend dinners provide vibrant cultural experience. Interesting teas (including Persian and Moroccan); okay wine list; full bar. Reservations urged for large groups (call after noon). Street parking. Street patio in front and courtyard in back for al fresco dining in fair weather. Numerous vegetarian/vegan choices. Half-size salads available by request. Brunch Saturday and Sunday. Dinner nightly until 11 p.m., bar menu until midnight or later. Moderate. — N.W. (2/06)



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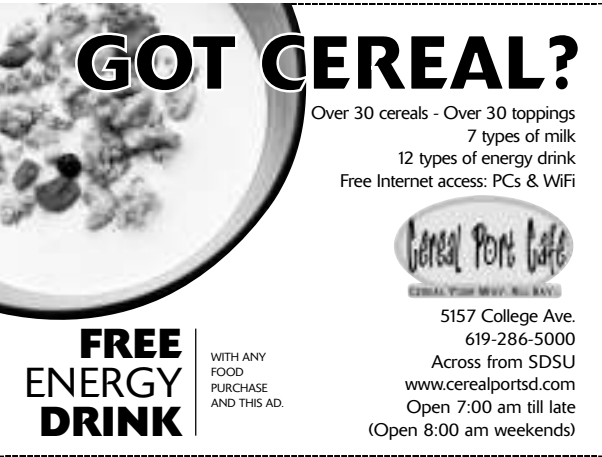


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Calendar

RESTAURANTS

Extraordinary Desserts 1430 Union Street (at Ash), Little Italy, 619-294-7001; also 2929 Fifth Avenue, uptown, 619-294-2132. Patrons looking for a quiet dessert still cling to the original charming cottage near Balboa Park. Those wanting more of a meal head for the newer Little Italy location, a vast, noisy space with industrial-chic decor and a menu of eclectic small plates — *mezze* spreads, bruschettas, sandwiches, and cheese plates. Flavors tend to be intense; some creations (such as a bacon-cured salmon sandwich and *pantelleria*, a celery-date spread) are wonderful, others are exhausting even in small portions. Both locations offer pastry cases full of desserts that live up to “extraordinary,” to eat on-site or to take home. Chef-owner Karen Krasne’s incorporates flavors inspired by the global reach of her travels, from the cooking schools of Paris to the rice fields of Bali. The white cakes are food for angels. Wines (including champagnes), beers, fruit elixirs. Vegetarian-friendly menu. Both locations are open seven days, three meals, closing at 11 p.m. Sunday through Thursday and at midnight on weekends. Moderate. — *N.W. (2/05)*

Gulf Coast Grill 4130 Park Boulevard (between University and El Cajon), Hillcrest, 619-295-2244. The Gulf’s faux-rustic, woodsy dining rooms and patio are great hangouts if you like a restaurant with a noisy party atmosphere. The menu focuses on the cuisine of the South and Southwest, with an emphasis on Louisiana and a heavy hand on the salt shaker. The kitchen does best with the straight Southern dishes, turning out divine fried soft-shelled crabs, airy hush puppies, and delicious little corn muffins.

If you’re deeply familiar with Cajun-Creole flavors, though, don’t look for pure authenticity — you’ll do better with jambalaya, étouffée, or the lunchtime oyster po’ boy than with the soulless gumbo or the misconceived red beans and rice. Heated, smoker-friendly front patio. Wheelchair elevator to restrooms next to stairs. Free parking lot left of the door. Full bar. Lunch Monday through Saturday, brunch Sunday, dinner nightly (early closing Sunday). Moderate to slightly expensive. — *N.W. (4/03)*

Harney Sushi 3964 Harney Street (off Congress), Old Town, 619-295-3272. This friendly little spot on a side street serves as a secret haven of pretty-good sushi just a few steps from Old Town’s nonstop tacos and margaritas. You can also get sashimi, Japanese appetizers, and a few mixed-ethnicity entrées (noodles, pasta, teriyaki, tempura) made with seafood or chicken breast. Beef is served, but numerous dishes are vegetarian. Good sake list. Sound system runs loud inside; patio dining available in warm weather. Reservations for sushi bar accepted but not necessarily honored. Open weekdays for lunch, dinner nightly until midnight, with a DJ on Friday and Saturday. Sushi prices lower than most, entrées inexpensive to moderate. — *N.W. (4/03)*

Joe’s New York-Style Deli Royal Food Mart, 3401 First Avenue (at Upas), Banker’s Hill, 619-295-7666. You enter a time machine: A cavernous concrete-floored deli that dates back to 1902, with a high ceiling, acorn-shaped hanging lights, and a big old-fashioned cooler-counter packed with cheeses, hams, and sausage meat. Old display cases carry olives, pâté, Ryvitas. A sawed-off wooden barrel bulges with Hungarian wines. Go for wraps, jumbo hot dogs with sauerkraut, or East Coast-generous sandwiches like corned beef, dry Genoa salami, cotto salami, bologna, or liverwurst. That Boars Head liverwurst is da bomb. Caesar

salad with chicken or a cup of tortellini soup are good light alternatives. Open breakfast through early dinner daily. — *E.B. (4/05)*

Prado House of Hospitality, Balboa Park, 619-557-9441. In a magical space at the heart of Balboa Park, Prado features cute neo-Nouveau decor and a something-for-everyone menu of American-Mexican-Italian-with-Asian-touches cuisine. The food brings few surprises, but is flavorful and served in huge portions. Top choices include meaty crab cakes and an astonishingly tender, slow-roasted pork loin. A meringue-based banana *tres leches* cake is everyone’s favorite dessert. The bar makes a nice stop during a museum-crawl and offers ethereal fried oysters and a range of gussied-up margaritas. Keep an eye out for special prix fixe dinners that include tickets to museum exhibitions. Dinner reservations vital. Vast interior can be noisy, but heated, umbrella-topped terrace tables are quiet and scenic. Moderate to a little expensive, with reasonable wine list. — *N.W. (12/00)*

Region 3671 Fifth Avenue (at Pennsylvania), Hillcrest, 619-299-6499. Two of our best young chefs — Michael Stebner and Allyson Colwell — are creating inventive, daily-changing menus inspired by superb seasonal ingredients from local farms and artisans. The decor is rustic and the style is “pure and simple” to showcase the intense flavors of wild-caught fish and naturally raised meats and produce. Don’t miss the house-made cheeses and brilliantly unconventional desserts. You can order à la carte, or a whole table can share a well-priced “trust the chef” tasting dinner drawn mainly from the evening’s menu, with an optional matching wine-flight. An adventurous wine list at reasonable markups adds to the fun and the bartender offers inventive cocktails. Reservations urged, especially for weekends. Restaurant is up four stairs; wheelchair lift available (ask bartender). Can be noisy, banquettes are

quietest. Dinner Tuesday through Sunday. High moderate. — *N.W. (1/05)*

Saffron Noodles and Sate 3737 India Street, South Mission Hills, 619-574-7737. It’s the smell of the spicy chicken grilling that will get you every time. Whatever the recipe is — and Su-Mei Yu, the owner and celebrated cookbook author, says it’s from the Isaan, Thailand’s ethnic Lao Northeast — it catches your nose. We’re talking “boxing arena grilled chicken,” after the place where she smelled its spicy cooking aromas while growing up in Bangkok. You have a choice of five sauces to go with the chicken, from peanut to sweet pepper. Also try the noodle soups, like Tomm Yam with shrimp: sinus-clearing, delicious, and surprisingly filling. The food here is real, fresh, genuine Thai cuisine with Chinese echoes — like Su-Mei Yu herself. Middle-class San Diego seems to have adopted her eatery, despite the fact you’re in a pretty stark gray-and-white room with views of I-5. Open for lunch and dinner daily. Inexpensive. — *E.B. (3/04)*

Talus Cafe 127 University Avenue (near First Street), Hillcrest, 619-358-9867. If you’re looking for food that tastes rich but registers lean on your bathroom scale, chef-owner Richard Wood creates eclectic, Mediterranean-style healthy cuisine made with seasonal, mainly organic produce, wild-caught seafood, lean meats, and very little butter or cream. (However, some dishes, e.g., meatloaf, can be quite salty.) The menu wanders all over southern Europe and includes side-trips to Southeast Asia (the latter aren’t very authentic, but they’re tasty). The small, smart wine list offers plenty by the glass, and is affordable (Monday is half off all bottles, too). Breads are house-baked, but desserts are outsourced. Heated, roofed courtyard dining; dining room is up one steep step. Street parking. Lunch and dinner Tuesday through Friday, brunch and dinner weekends; no dinner Monday. Lunches inexpensive, dinners moderate. — *N.W. (1/06)*

Zocalo Grill 2444 San Diego Avenue (a block north of Old Town Cemetery), Old Town. 619-298-9840. This casual, festive spinoff of the Brigantine chain features “Pacific coastal cuisine,” an eclectic international hodgepodge with a faint Mexican accent and “something for everyone.” And some of those somethings are delicious — a stacked salad of shrimp and avocados, or coconut-shrimp kebabs emerging from a pineapple, or a huge, beautifully grilled spiny lobster with avocado salsa. Ap-

petizers are discounted at happy hour, and you can make a whole dinner out of substantial “tapas” sized for sharing. The heated, semi-roofed outdoor terrace encourages al fresco dining year-round. Full bar with creative margaritas, eight draft beers, and California wines including Brigantine’s own custom blends at good prices. Wheelchair lift in back, ramp at south side of terrace. Reservations strongly advised for weekends. Open daily, lunch through dinner. Moderate. — *N.W. (10/02)*

DOWNTOWN

Bandar Fine Persian Cuisine 825 and 837 Fourth Avenue, Gaslamp, 619-238-0101. In a comfortable setting, the Persian menu offers just a “pick hits list” of popular dishes culled from this fabled cuisine, but the cooking is first rate, featuring fine ingredients prepared with care, skill, and healthfulness. The superlative lamb-and-rice stuffed grape leaves are vibrant with fresh herbs. The “Bandar Special” entrée combo lets you choose any two kebabs (chicken, game hen, beef, or lamb), beautifully marinated and cooked to your order. Entrées featuring rice with poultry are elaborate and refined, spiked with tangy barbarries, sour cherries, or lentils and dates. The list of Persian desserts now includes Persian ice cream, a rose-scented exotic treat. Open daily for lunch (limited menu) and dinner. Moderate. — *N.W. (1/04)*

Blue Point 565 Fifth Avenue (at Market), Gaslamp, 619-233-6623. In a handsome, plushy dining room, pristine seafood and Prime-grade steaks and chops are featured in well-focused preparations highlighting Pacific Rim and Mediterranean flavors. A fine lobster bisque includes plenty of lobster, and crab-stuffed trout and dayboat scallops are among the highlights of the menu. But at this conventioners’ favorite, be sure to specify the doneness you prefer, especially for fish, which defaults to well-done. Valet parking on-site, or inexpensive self-parking one block east at Park It On Market. Large sidewalk dining patio. Business-casual dress looks best here. Reservations urged. Dinner nightly. — *N.W. (9/05)*

Broadway Pizza 1008 Broadway (at Tenth Street), downtown, 619-232-6264. This restaurant, near the downtown Senior Center and City College, offers no-nonsense Italian-American food. And they’re not skimpy: from a pizza slice to barbecue

beef sandwiches to a Louisiana-style sausage link sub, portions are generous. If you want a hearty dinner, try the whole slab of beef ribs, with veggies, garlic bread, and salad. Unfortunately, the quality has dropped; the formerly fine pizza, for instance, is now marred by oily, low-grade mozzarella and not-so-great optional deli-meat toppings. But the main thing is, while the rest of downtown snores, they’re still open, from 10 a.m. to 3 a.m., seven days. And they’ll even deliver to nearby neighborhoods. Inexpensive. — *N.W. (9/03)*

China Too 916 Fifth Avenue (near E Street), Gaslamp, 619-239-4283 or 619-239-1456. Don’t blink or you’ll miss this Gaslamp bargain. The menu claims “New York-Style Fine Chinese Cuisine.” Would you settle for decent Brooklyn- or Bronx-style eat-in/take-out? Here you’re getting cheap-but-good Chinese fare for the price of a cup of soup nearby. Lunch specials (with soup, two egg rolls, rice) include green pepper steak with onions, kung pau hot chicken, beef broccoli, shrimp with veggies — all made with no MSG and minimal cornstarch. The owner’s last place was in New York, where customers ranged from Kofi Annan to Robin Leach. Chef Chen even has some of his old dishes here, on a page of multi-regional “chef specialties” (#90 to #107 on the menu). But what really makes this a “New York-ish” spot will bring joy to hungry mouths all over the restaurant-starved stretch east and south of Balboa Park: free delivery from I-8 to Harbor Drive, from Pacific Highway to 805 or even further. Open 11 a.m. to 10 p.m.; closed Saturday. Inexpensive. — *E.B. (3/06)*

Downtown Johnny Brown’s 1220 Third Avenue (in the Community Concourse at Third and B), downtown, 619-232-8414. Walk up through the Community Concourse past the ship fountain and bingo! — downtown’s answer to a European sidewalk café. Place has a generous patio of chairs and umbrellas. All green and white. You get two types here: sport-minded types (a dozen TV screens, Chargers, Padres, Aztecs banners inside), and city government workers. Burgers are good, but try the breast of chicken burger with soup of the day or fries. Chicken’s grilled, edge-burnt, spicy. Soup’s bobbing with fresh-cut vegetables. Also, salads: taco or Southwest Chicken. What’s best: sitting outside and watching people — not traffic — bustle by. — *E.B. (4/03)*

The Field Irish Pub and Restaurant 544 Fifth Avenue, Gaslamp, 619-232-9840. This spirited, colorful saloon, physically transported wholehog from the Ould Sod, offers delicious Irish music live most nights, and also attempts serious Irish cooking — with some successes. Try the lovely herb-rich Irish stew, or the boxty, potato crêpes rolled around your choice from a variety of fillings (salmon, beef, etc.). Or start the day here with a huge, carnivorous Irish breakfast. Open daily. Low moderate. — *N.W. (4/01)*

Greystone 658 Fifth Avenue (at G Street), Gaslamp, 619-232-0225. The Italian steakhouse fare here centers on dry-aged prime beef, game meats (including exceptionally tender bison), lobster, and pastas as the main draws, with indifferent starters and desserts. An impressive wine list offers rewarding California and Italian bottlings at \$35 to \$50, but roars up to the stratosphere of first-growth Bordeaux, super-Tuscans and scandalously overpriced Napa reds. Bossy,

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www.puertolaboca.us

sometimes-abrasive waiters push higher-priced choices. Patrons are mainly “suits” with deep expense-account pockets, loudly talking business or enjoying raucous office parties in a testosterone-high atmosphere. Wheelchair access to the street patio and bar area only (dining rooms are up or downstairs). Reservations urged, but may not be honored promptly. Dinner nightly. Extremely expensive. — *N.W. (12/01)*

Monsoon Exotic Cuisine of India 729 Fourth Avenue (off G Street), Gaslamp, 619-234-5555. The younger sister to Hillcrest’s Bombay Exotic Cuisine shares the same chefs and serves much the same standard repertory of “Northern Indian cuisine made easy,” with a few tropical additions vaguely inspired by Southern flavors. Curries are indistinct from each other and run to the mild side, no matter what you specify. Breads are good; tandooris disappointingly soft-surfaced. A room-dividing fountain recreates the roar of the namesake tropical downpour. Add a lively dinner crowd and it’s a (Gunga) din. Solid wine list, some Indian beers, full bar specializing in sweet cocktails. Open daily. Inexpensive buffet lunches; moderate à la carte dinners until 11 p.m. — *N.W. (10/04)*

Mr. Tiki’s Mai Tai Lounge 801 Fifth Avenue (at F Street), Gaslamp, 619-233-1183. If you loved Trader Vic’s (or can remember it, anyway), you may be amused at the revival of the genre here. Check out the “grass skirt” decor with huge tiki gods and the vaguely “islander” cuisine featuring, in addition, asian fusion items, elementary sushi, and the occasional sprinto into fusion-cuisine seafood. But, as you might guess, the greatest creativity in the house goes into the silly umbrella cocktails, and those are mainly delish. Age 21 and over after 9 p.m. (even with parents). Dinner nightly. Cocktails until 11 p.m., weekends until 1 a.m. Moderate. — *N.W. (10/04)*

Osetra 904 Fifth Avenue (at E Street), Gaslamp, 619-239-1800. Possibly the most expensive restaurant in San Diego. Osetra is named for a precious, near-endangered caviar (which it serves) and attracts patrons who enjoy throwing their money around. The atmosphere is pure Las Vegas, with two floors of loud ambient music, glitzy décor, and a “wine angel” in black tights hoisting herself around a gleaming glass tower to fetch your precious bottle. Celebrities and big spenders get attentive service, others take their chances. The menu is mostly seafood, but it, too, carries the Vegas imprimatur of vulgar bad taste. Too many bold flavors are at

war on almost every plate, and even the simplest dishes are overwrought frenzies of fusion. Best bets for satisfying your palate and curiosity: raw oysters, the cold seafood platter, caviar (if your wallet and conscience can afford it). Disabled access to first-floor dining room only. Full bar. Dinner nightly, Sunday through Thursday to 10 p.m., Friday and Saturday to 11:30 p.m. Reserve well ahead. Exorbitant. — *N.W. (10/04)*

The Palm 615 J Street (at Sixth Avenue), Gaslamp, 619-702-6500. This up-market chain steakhouse, open since 1926, claims to be the oldest family-operated white-tablecloth restaurant in the country, and it’s spread all over the country as well. The Gaslamp branch, its 30th, is just like all the other branches, even down to decor details, which is the whole point — business travelers with contacts to impress can rely on it wherever they go. The fare features tender, wet-aged USDA Prime beef from the chain’s own wholesale butcher and, for the really high-rollers, monster-sized Nova Scotia lobsters. Other good dishes are Shrimp Bruno (with a Dijon sauce), baked crab cakes with no filler, and the “Slater Special” which combines the last two in an appetizer. Don’t eat meat, but do eat garlic? Try clams and shrimp *posillippo* and scare off the vampires. All dishes à la carte. Portions are generally gigantic on up. Key lime pie (a normal-sized wedge) makes a good, tart dessert, and clean *macchinetas* make outstanding espresso. Excellent wine list, plenty by the glass; full bar. Valet parking. Lunch weekdays, dinner nightly. Very expensive. — *N.W. (2/06)*

Panda Inn 506 Horton Plaza (top floor), downtown, 619-233-7800. Behind all the Panda Express fast-food stops is the smaller, more serious Panda Inn chain which originated many of the now-familiar dishes of semi-Americanized “Mandarin” cuisine (they claim to have invented orange chicken, and their version is vastly better than those at the 99-cent joints). Salt-and-pepper shrimp, tofu with eggplant, and meatball casserole with Chinese cabbage are among the more authentic choices. Preparations here are generally clean and greaseless with well-balanced flavors; spicy dishes are moderately hot unless you request otherwise. It’s not the spot for high adventure, but it does offer dishes for all tastes. Moderate-priced banquet menus make this a good choice for family gatherings. Full bar. Validated parking in Horton Plaza garage; heated patio seating in dry weather. Lunch and

dinner daily. Lunches inexpensive, dinner moderate. — *N.W. (1/06)*

Po Pazzo 1917 India Street (at Grape), Little Italy, 619-238-1917. The restaurant’s name means “a little crazy,” but owner Joe Busalacchi was crazy like a fox to open the first seriously swanky eatery in Little Italy. The decor resembles the set of a Manhattan supper club in a black-and-white movie, right down to the gray color scheme and curvy booths. Music plays loudly (with a live pianist Thursday through Saturday), keeping the energy and noise levels high. You almost expect to see Frankie and Dino at the next table. The USDA Prime steaks are flash-roasted in a special oven at 1700 degrees (in the style of Ruth’s Chris), and if they’re a little chewy, they’re also flavorful — especially the “Sicilian steak.” But the pasta dishes are even better, and the veggies accompanying the entrées often outshine the proteins — the kitchen is still Italian at heart and the fundamental things apply. Full bar. Lunch and dinner weekdays, dinner only weekends. Reservations advised. Expensive. — *N.W. (10/04)*

Sluggers by the Ball Park 1219 Market Street (at Park), downtown, 619-546-5973. Not your typical hot dog stand. Sluggers café is all glass, steel, cinder block, and new. This eatery catches much of the Padres business, selling Vienna-brand beef hot dogs and Polish sausages. “Served Chicago-Style” — meaning, the dog’s topped with tomato wedges, mustard, pickle, relish, onions, and peppers, all, they say, on a steamed poppy-seed bun from Chicago. Other goodies from the Windy City include the Comiskey Park Pole (a charbroiled Polish sausage dog) and the Italian Stallion (charbroiled Italian sausage in bun). Place is still a little cinderblocky but a good rendezvous for a brewski and a dog after work. Lunch and dinner daily. Inexpensive. — *E.B. (3/05)*

Taka 555 Fifth Avenue, Gaslamp, 619-338-0555. The seafood at this always-packed sushi bar and Japanese appetizer-restaurant is top quality. *Ama ebi* (sweet shrimp) from the live tank go down soft and silky smooth, unlike their frozen brethren. And the chefs are highly skilled: the well-seasoned rice is freshly made all evening, and for once the spicy scallop hand roll has scallops, mayo, cuke, and hot pepper running all the way through, not just plopped on top. Savory appetizers supplement the sushi, including miso-baked black cod and mushroom-topped *agedashi* (lightly-fried) tofu. The one problem: the later you arrive, the louder it gets. Make reservations,

and if you value your ears, go at an early hour. Dinner nightly. Most dishes inexpensive, but many little bites can eat a hole in your wallet. — *N.W. (7/04)*

Tamale Cart Outside Rancho Fresco, 1852 National Avenue, Barrio Logan, 619-338-9140. If you’ve ever wondered what it would be like to eat as the Aztecs ate, come here and try some of the tamales — classic Aztec food — in all their flavors. Tamales are sort of steamed cornmeal dumplings wrapped in corn husks, served with sauce. The choice of goodies stuffed in the middle can include strips of pork, beef, chicken, or cheese, as well as pineapple, strawberries, or coconut. While you’re at it, try the traditional accompaniment, the *champurrado* drink: milk mixed with *masa* — ground corn meal — chocolate, and cinnamon. In this mainly Spanish-speaking market you can sit, watch, and pick up a few bargains too. Tamales make a great breakfast. Three should do you. These are made by the Restaurant Chianeco up at 25th and Market. Open breakfast through late lunch, seven days. Inexpensive. — *E.B. (10/02)*

Top of the Market 750 North Harbor Drive, downtown, 619-234-4867. The upper-crust upper floor of the downtown Fish Market (see Multiple Locations listing) has largely the same food as the downstairs, plus a few luxury items (e.g., abalone) and occasionally some creative appetizer specials. Prices are about 25% higher for identical items, in exchange for a slightly elevated view and a dressier, white-tablecloth setting that’s almost “formal” by San Diego standards — flip-flops and tank tops aren’t allowed on men, and collared shirts (e.g., polos) are suggested at dinner. That doesn’t mean that the atmosphere is quietly gracious — the room’s just as huge, packed, and raucous as the lower realms, even on the terrace. Reserve, and expect a short wait anyway. Elevator provides wheelchair access. Open daily. Expensive. — *N.W. (9/01)*

SOUTH BAY & CORONADO

El Dorado 311 Palomar (at 3rd Avenue), Chula Vista, 426-4545. The food of Peru is arguably the zestiest in South America, and Chula Vista’s growing Peruvian community expects authenticity. El Dorado is there for them. The *papa relleno* is pure bliss — a little foot-ball of creamy mashed potatoes, lightly fried around a filling of ground beef,

olives, and raisins. *Seco de cabrito* features young goat in a complex, herbed stew exploding with cilantro. Peruvian ceviche is lively and garnished with *chanchó*, smoked hominy-corn kernels. Alas, here in the far north, the cuisine’s fire is tuned way down for the kiddies — but there’s always hot sauce. Reflecting the local population, half the menu here is Mexican — not tacos but more serious dinner dishes, especially seafood, carried out with above-average flair. Three meals, seven days. Inexpensive to moderate. — *N.W. (10/04)*

The Family House of Pancakes 562 Broadway (across from Chula Vista Center), Chula Vista, 619-425-5133. This is a great place for three things: your family, your kids, and your appetite. The restaurant is famous for its “Grandma’s” buckwheat pancakes, its banana-pecan pancake, and its rolled pancakes, oozing with berries and topped with cream and powdered sugar. Just try and survive their 8-12 egg omelet! Other good bets include a deluxe burger with French fries, toma-

atoes, and house sauce, and a grilled tuna sandwich with fries. Breakfast/lunch only, seven days. Inexpensive. — *E.B. (11/00)*

Island Pasta 1202 Orange Avenue (at Loma Street), Coronado, 619-435-4545. This unassuming, spill-out-on-the-street restaurant somehow got it right. Simple tables on the sidewalk, daily made-on-the-premises semolina pasta, most dishes costing in the single digits. A simple fettuccine Alfredo is a pleasure al fresco with a glass of wine, sparkling against the fresh flowers on the table, watching Coronado’s world go by. One good — and vegetarian — special to ask for is the *verdure* pasta, a combo of artichoke hearts, spinach, capers, mushrooms, onions, and olives over spaghettini. Lunch and dinner daily. Inexpensive. — *E.B. (10/01)*

La Bella Pizza Garden 373 Third Avenue (at F Street), Chula Vista, 619-426-8820. From the outside, La Bella looks like an Italian farmhouse, with geraniums, bright green shutters,



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Calendar

RESTAURANTS

and maroon canopies. A real extended family runs this business. Their secrets are: long hours (from breakfast until after midnight daily), big meals, and small prices. The menu includes standards like spaghetti with meatballs or lasagna, including sides of garlic bread, soup, or salad. The hit with kids is "Papa's Favorite," an 8-inch pizza with mushrooms, pepperoni, and sausage. Open daily, three meals. Inexpensive. — *E.B. (3/01)*

Mary J's Cafe 1930 Cleveland Avenue, National City, 619-477-6645 or 619-477-5306. Mary J and her café have been around for 40 years and about the only thing to change is the prices. This is the real National City. The regulars start piling in at 5 a.m. Mary always has specials going, but check the big board menu above the stove too. One of their most popular items is the Trucker's Breakfast (three eggs, ham, bacon or sausage, home fries, and toast), or steak and eggs with hash browns and toast. Mary's son Vic, the morning cook, always gives you more than enough. For lunch or early dinner, try the meat loaf with mixed veggies, boiled potatoes covered with gravy, toast, and soup or salad. Or chicken-fried steak with all the fixings. Also hefty: cheeseburgers or tuna melts (with fries plus soda included in the price) and that old American favorite, a fried egg sandwich with chips. Open 4 a.m. to 4 p.m. weekdays. Inexpensive. — *E.B. (6/02)*

Miguel's Cocina 1351 Orange Avenue, Coronado, 619-437-4237. Also 2912 Shelter Island Drive, Shelter Island, 619-224-2401 and 970 Eastlake Parkway, Chula Vista, 619-656-2822. Cached inside the courtyard of a "Spanish Colonial" mini-mall, Miguel's breezy trellised patio draws a

dense dinner crowd from the nearby Del. The prime-time wait for a table may be worth it if you're in a gringo-Mex mood, especially if you've got kids in tow. Although the cooking is blandly pleasant (even the guacamole is underseasoned), it's surprisingly painstaking. Soups are built on fine stocks, salads can be vibrant, and seafood is treated so tenderly that the numerous shellfish-stuffed tortilla concoctions (shrimp enchiladas, lobster burritos) are positively luscious. Lunch and dinner daily. Moderate. — *N.W. (9/00)*

Tin Fish Imperial Beach Pier, 910 Seacoast Drive, Imperial Beach, 619-628-8414. At a table by this fish shack at the far end of the pier, you can watch people and pigeons (and people feeding pigeons) as you dig into huge portions of simple seafood, appetized by the sea air. The bill of fare features fish — fried, grilled, powdered, or wrapped into burritos, tacos, or sandwiches. The big fried combos are about what you'd expect, but more piquant pleasures come in smaller packages. (Portions are generous, whatever you order.) The spicy fish tacos are really spicy, while the fried onion rings are of surpassing delicacy. Best of all, the crab cakes are huge and seriously crabby, with plenty of meat and very little filler. Live music during summer, good vibes all the time. "Tin Fish Shuttle" (50 cents) runs from parking lot to the restaurant. A second branch at 170 Sixth Avenue, Gaslamp, 619-238-8100, offers patio dining across from the Convention Center. Both locations open daily for lunch and early dinner. Inexpensive to low moderate. — *N.W. (7/01)*

BAJA

From the United States use the prefix 011-52-664 when calling Tijuana; when calling in Tijuana use

only the restaurant's seven-digit number.

Chiki Jai Avenida Revolución #1388 (at 8th), Zona Centro, Tijuana, 685-4955. Eat here and you're surrounded by ghosts: Errol Flynn, John Huston, Rita Hayworth, Anthony Quinn, Ava Gardner, and, they say, Ernest Hemingway, who all ate — and drank vino tinto — here. Plus the great stars of boxing and bullfighting. But mainly it was a haven for Spanish jai alai players desperate for Old Country food. This is one of Tijuana's great historic eateries, its tale written on the walls. Old border photos, Don Quixote art, fighting bull ranchos' brands, and a matador's framed green cape with his blood still on it. The food's all Spanish, so paella is big (with soup, salad, French bread, and bleu cheese), but also try the baby eel appetizers, chorizo (pork sausages), *bacalao* (cod fish) a la Vizcaina, trout with olive oil and garlic, and Gallican octopus. Open daily. Inexpensive to moderate. — *E.B. (5/02)*

El Nido Boulevard Benito Juárez #67 (1-1/2 blocks north of Hotel Festival Plaza), Rosarito Beach, Baja, 661-612-1430. Head south if you're looking for a great dry-aged, mesquite-broiled steak at a bargain price — but don't stop there. Try the house specialty, quail with garlic sauce (*codorniz al mojo de ajo*), or venison, especially the savory *machaca de venado* (strips of meat with peppers, onions, and tomatoes). Both are locally raised on the restaurant's own ranches, and may be united in a brilliant breakfast of quail eggs with deer *machaca*. Seafood and surf-and-turf variations are tasty, too. The restaurant's name means "the nest" and the amusing indoor-outdoor decor is a sort of multi-room aviary with birds singing, chirping, and fluttering all over. Full bar. If sensitive to smoke, don't sit next to the mesquite-burning hearth on the roofed patio. Dressy-casual. Bilingual staff and menu. Open daily, early

morning to late evening. Mostly moderate; cash only. — *N.W. (4/03)*

La Diferencia Avenida Sánchez Taboada 10611-A, Zona Río, Tijuana, 634-3346 or 634-7078. Mexican haute cuisine, with inventive combinations of traditional flavors. The creative menu reframes the old dishes and devises new ones. Wine list centers on Baja wineries (Monte Xanic and Cetto) at reasonable prices. Secure, free valet parking next to exterior courtyard. Menu is in Spanish (in a hard-to-read font), but some staffers speak some English. The restaurant is often noisy, even louder when mariachis play. Smoking permitted. Wheelchair access marginal. Open daily, lunch and dinner. Inexpensive. — *N.W. (1/02)*

La Fonda Roberto's Avenida Cuahutémoc #2800 (at Agua Caliente Boulevard), Tijuana, 686-4687. How often do you get to eat something totally new? Like *huazontle*, the Aztecs' "red spinach"? Roberto's presents it as an egg-covered mass of baby sprigs wrapped around a sausage of Monterey cheese, all swimming in a chocolatey mole sauce. You haul the *huazontle* branches through your teeth to de-seed them, just as Montezuma did 500 years ago. This is the fascination of Roberto Reyes's eatery. It's a tribute to his home state of Puebla in the heartland of Mexico. Cactus plays a big part: *Dedos Montezuma* ("Montezuma's fingers") is cactus stuffed with steak; *torta de camarón seco* is a shrimp patty topped with cactus; *cecina Oaxaqueña* is cured meat with cactus salad. But there're also steaks, *mole poblano* (chocolatey chicken with seven different chiles), and the delicious *chile en nogada* (chile pepper stuffed with beef, fruits, and nuts — fried in egg and covered with creamy nut sauce). Nice dining room too — built around a fountain. Open 10 a.m. to 10 p.m.; closed Monday. Moderate. — *E.B. (2/05)*

Los Pelicanos Calle de Cedro 115 #45 (west of Juarez), Rosarito Beach, Baja, 661-612-0445 or 661-612-1757. This hotel dining room is El Nido's little (and less gifted) sister, with a shorter menu and perhaps less careful cooking. It serves good steaks and surf-and-turf in a handsome room and, at lunch, on a pretty ocean-view terrace. To find it, look for large sign on west side of Juarez, north of the tourist hub, directing you to the site. One winding flight up to the restaurant, no elevator. Bilingual staff and menu. Full bar. Open daily, three meals. Moderate; cash only. — *N.W. (4/03)*

Mercado Sobre Ruedas (From Tijuana, on toll road, take first Rosar-

ito exit; turn left at third traffic light then an immediate right onto Colonia Lucio Blanco.) Don't miss this huge flea market that materializes every Sunday (from morning until mid-afternoon) a couple of miles north of the tourist part of town. Its dozens of food-booths offer a vast variety of local treats, ranging from barbecued mut-ton (*borrego*) to savory Jalisco-style goat stew (*birria de chivo*) to all manner of tacos, made-to-order hotcakes with syrup, "Mexican hamburgers," and Sno-Kones (don't worry about the ice; by law, it has to be made with purified water). The food is totally authentic, cooked to Mexican tastes, and it's a carnival for the mouth. Many vendors speak some English. Rock-bottom prices; cash only. — *N.W. (4/03)*

Tacos Varios y Aguas Frescas Corner of Constitución and 3rd, Tijuana. This is "just" a cart, but don't let that stop your making the effort. Students, local businesspeople, and workers agree: this is the real thing. It's always causing a people-bulge on the sidewalk. However, the cart is only here from 6 p.m. to 6 a.m., so you have to time it right. But from tongue to chicken mole, to *milanesa*, steak ranchero, *carne asada*, *chile relleno*, and *pescado* (fish), they create really big taco meals right there. Bonus: standing around chomping in the street is a great way to meet people and practice your Spanish. Nighttime only. Inexpensive. — *E.B. (1/04)*

MULTIPLE LOCATIONS

Anthony's Fish Grotto 1360 North Harbor Drive (at Ash Street), downtown, 619-232-5103; 215 West Bay Boulevard, Chula Vista, 619-425-4200; 9530 Murray Drive, La Mesa, 619-463-0368. You're going to get a sore neck at the downtown flagship of this local chain, splitting your time between your meal, your partner, and the harbor scene outside. If you don't want over-complicated food, Anthony's obliges. Fish and chips is still the simplest and the best. Or Mama's Platter, cod combined with batter-fried calamari, shrimp, oysters, scallops, and clam strips. Anthony's has been up and running for six decades now, with the buying power to get the pick of the catch. The menu offers 18 different seasonal fish to choose from, plus — if you've got the bread — delicious lobster dishes (in season) like lobster thermidor with a creamy,

winey sauce. Try to be there at sunset when the water-sky show will do its darndest to distract you. No reservations. Open daily, lunch through dinner. Moderate. — *E.B. (12/05)*

Fish House Vera Cruz 360 Via Vera Cruz (in back of "Restaurant Row"), San Marcos, 760-744-7346. Additional locations in Carlsbad and Temecula. This affordable seafood eatery packs in diners like sardines. Fresh fish and lots of it is the happenin' thing. On a recent day, 23 different fresh fish selections were available as daily specials, on top of the regular menu of crab, lobster, oysters, shrimp, catfish, etc. All fish is grilled plain, with nothing added but a dab of tartar sauce. The seafood is so fresh you don't really mind. Each entrée includes a choice of side dishes, two for lunch and three for dinner. The Manhattan chowder is especially tasty, as is their "krab" salad. This is an ideal place for families, but don't even think of it for a romantic meal out. Open daily for lunch and dinner. Moderate. — *S.M. (3/04)*

The Fish Market 750 North Harbor Drive, downtown, 619-232-3474. There's something fishy about these crowded, noisy, ever-multiplying restaurants — namely, mesquite-grilled, skewered, steamed, or pan-fried seafood, plus piscine chowders, pastas, and salads. Preparations are generally simple and consistent among locations. All the raw seafood is processed at the chain's Northern California facilities, so when the menu refers to a "local" species it merely means it's from somewhere in the Pacific. Small retail fish market in the downtown branch offers slightly fresher products than most supermarkets. Identical products and dishes are served in the dining room, the oyster bar, and at Top of the Market. But the sushi bar is emphatically the top Fish Market venue, with just-right rice, pristine seafood, and expert preparation. The "Ichiban Hamachi" (also available in the dining rooms) is outstanding — and for a sexy treat, share a pair of "Honeymoon Oysters" with your honey. No reservations, but the space is vast so waits are brief. Restaurant open daily, lunch and dinner. Moderate to expensive. Also in Del Mar at 640 Via Del Valle, 858-755-2277; mini-branch near Fashion Valley, 2401 Fenton Parkway, 619-280-2277. — *N.W. (9/01)*

Il Fornaio 1333 First Street, Coronado, 619-437-4911. Also at Del Mar Plaza, 1555 Camino Del Mar, Del Mar, 858-755-8876. Il Fornaio's defensive architecture walls it off from the Great Unwashed — the tourists wandering around Coronado's Old Ferry Landing — but it's worth breaching if only to get your teeth into their to-die-for bread. "*Il fornaio*" means "the baker," after all. Beyond bread, we're talking rustic-feeling, herbal, ultra-fresh salads, and everyday Italian dishes ranging from *sfiltatino con bisteccina* (thin grilled steak on a baguette with creamy dijon and salad) to a giant mesquite-grilled 22-ounce *bistecca alla Fiorentina*, with lots of vegetarian and pasta dishes in between. A simple *penne alla sorrentina* — pasta tubes with a tomato, mozzarella, and basil sauce — is charming. Pizza *puttanesca* is heaven too, if you're into anchovies. Interesting regional menus from different provinces of Italy pop up during the first two weeks of each month. Most staffers seem mind-blowingly knowledgeable. Moderate. — *E.B. (1/02)*

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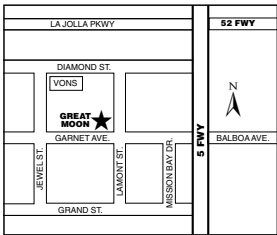
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Sweet Wench

"Come brother, take a head, and in this hand the other I will bear."

Something appealing, something appalling...a comedy tonight!" The Old Globe's *Titus Andronicus* opens with Zero Mostel's curtain-raiser from *A Funny Thing Happened on the Way to the Forum*. The music and two long strips of yellow caution tape across the stage signal director Darko Tresnjak's intentions: this version of Shakespeare's revenge tragedy will be "something impulsive, something repulsive." But not something for everyone.

Titus is the runt of Shakespeare's litter. Most likely it was his first attempt at tragedy, and most critics wish the gory potboiler had never been penned. Shakespeare's early works resemble an audition by a brilliant young actor. The performance demonstrates all the basics of the genre but also can't hide a "watch me," often forced, virtuosity. Shakespeare plays "can I top this?" *Comedy of Errors* piles up so many complications you swear he couldn't add another. Then he does. Then does again.

In *King Lear*, Edgar says, "The worst is not / Not so long as we can say 'this is the worst.'" Like an extended, over-the-top commentary on these lines, *Titus Andronicus* loads one unthinkable atrocity onto another. Just when you'd swear humans are incapable of worse violence — or when you wish the Bard would take charge and turn his Roman Chainsaw Massacre into something more useful — he heaps another cruelty on the pile.

REVIEW

JEFF SMITH

Toward the end of Act One, Scene Three, for example, as parts of bodies litter the stage, Titus says, "Come brother, take a head, and in this hand" — since his other's been chopped off — "the other [head] I will bear." He also tells Lavinia, who had her hands chopped off and tongue cut out, to carry an arm and "Bear thou my hand, sweet wench, between thy teeth."

He *had* to be putting his audience on! At the same time he packs the play with literary and historical precedents for each violent act — from Ovid, Seneca, and Roman mythology — as if there's nothing new under the sun.

After 10 years of fighting the Goths and 40 years of service to Rome, Titus has lost 21 of his 25 sons in battle. But just when the returning hero merits sympathy, he kills another son for blocking his path: his passions, he claims, being as "bottomless" as his sorrows. He also makes a grave mistake. Without an emperor, Rome is "headless" (you can almost hear the young Bard giggling at his verbal twists). Titus refuses the scepter and casts his vote for weak Saturninus, because he's the oldest candidate. Others rule Saturninus. Mayhem ensues.

In the midst of the brutality, the young Shakespeare nudges toward a theme: Job without God. "Ruler of great heavens," Titus quotes Seneca, "dost thou so calmly hear crimes, calmly look on them?" Battle gave Titus a kind of order, even rationalizations for his losses. But godless Rome



Leonard Kelly-Matthews in *Titus Andronicus*

Titus Andronicus, by William Shakespeare

Lowell Davies Festival Theatre, Simon Edison Centre for the Performing Arts, Balboa Park

Directed by Darko Tresnjak; cast: Leonard Kelly-Matthews, Charles Janasz, Michael Urie, Michael A. Newcomer, J. Paul Boehmer, Celeste Ciulla, Wynn Harmon, Karl Kenzler, Owiso Odera, Michael Drummond, Melissa Condren; scenic design, Ralph Funicello; costumes, Linda Cho; lighting, York Kennedy; sound, Christopher R. Walker

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Anne-Marie Welsh, *Union Tribune*

"McBEAN'S AMAZING!" CRITIC'S PICK

Jeff Smith, *SD Reader*

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Calendar

THEATER

has become a “wilderness” of tigers. No religious rubric justifies the gore.

“There is enough written upon this earth / To stir a mutiny in the mildest of thoughts,” says Titus’s brother Marcus. But, he adds, the heavens no longer “compassion” humankind. Titus becomes obsessed with justice. Finding none in the universe, he dispenses it with ever-expanding cycles of violence. In a parody of the “natural order,” *Titus* shows that what revenge does best is nurture itself.

For the Old Globe, inventive director Darko Tresnjak resets the lunacy in modern times. Titus — played by Leonard Kelly-Young as a vaguely sentient being/Fourth Stooge — wears fatigues. When Tamora, the evil Goth brought to Rome in a tiger cage, becomes “incorporate,” her posse dresses like a CEO’s sycophants in suits and shades. The hunters in Act Two look eager to commit buck fever Texas-style. The modern-dress look, however, only

contemporizes the obvious.

Whether or not Shakespeare was ready to tackle high tragedy is hard to say. Even if he did, the “murders, rapes, and massacres / Acts of black night, abominable deeds, / Complots of mischief, treason, villainies” undercut any attempt. Revenge tragedy rules. It’s almost as if the play’s a deliberate send-up of the blood-bathed genre.

Tresnjak treats it that way. Most of the pain is “bang!” “pow!” — literally: the sound effects come from *Batman* — comic book variety. Blood becomes red confetti, or long red ribbons, or red fans opening up. In the production’s most amazing scene, Tresnjak solves an age-old problem: how to handle poor Lavinia’s entrance — her tongue cut out, her hands chopped off — and Marcus’s seemingly out-of-place, lengthy poetic ramblings? Melissa Condren’s battered Lavinia comes onstage. Red powder spills from her stumps like hourglasses. When he sees her, Charles Janasz’s Marcus begins to speak and, what? — take off a shoe? No. He’s pulling out shoelace. Then the other. The shoelaces become tourniquets he applies to poor



American Rhythm

Lavinia. Her mute agony and his tender ministrations make the scene unforgettable.

Strangely, it’s one of the few times the production doesn’t retreat from genuine emotion or undercut it with blatant shtick — as when tongueless Lavinia tries to say “hel-LOW” and ends up saying “huh-whoa?”; or when a limb gets lopped off the Beatles sing “I Want to Hold Your Hand”; or during intermission, when a

voice croons “Take all of me...”

As Tamora’s sons go “braving” for humans in the forest to the tune of “Teddy Bears’ Picnic.”

But if the play is this bad, if it needs this much cutesie business, then why are we here? The shtick’s an ongoing commentary: here’s what to think about this lemon. Tresnjak makes a consistent attempt (and should be praised for mounting such a difficult piece). But too often his *Titus* resembles a violent video game. Count me among those who suspect Shakespeare wrote the play as a blockbuster, for the groundlings, and a send-up for Hamlet’s “judicious” elite. In effect, Tresnjak’s staging is a send-up of a send-up. That’s a double negative. It not

only undercuts the play, it takes away an audience’s chance to respond, be it with revulsion or schadenfreudian glee. ■

THEATER LISTINGS

Theater listings and commentary are by Jeff Smith. Information is accurate according to material given us, but it is always wise to phone the theater for any last-minute changes and to inquire about ticket availability. Many theaters offer discounts to students, senior citizens, and the military. Ask at the box office.

Actors Alliance Festival 2006

I want to plug this enterprise sight unseen. The Actors Alliance Festi-

val offers local directors, actors, designers, and playwrights the chance to showcase themselves in new or rarely produced work. The actors perform on a bare stage, or with few props, against a black background. Costumes range from off the rack to off one’s clothes-hanger (or floor). The emphasis is on the actor. Each evening of the festival includes three or four one-acts. Not every one will be a showstopper. Some get chosen for juicy roles rather than telling a good story or making a dramatic point. But the percentage of quality work is often high. And every now and then you find a jewel.

Worth a try.

LYCEUM THEATRE, 79 HORTON PLAZA, DOWNTOWN, THROUGH JULY 30; FOR DAYS AND TIMES AND INDIVIDUAL PLAYS, CALL 619-544-1000.

All in the Timing

Ion Theatre and InterMission Productions present David Ives’s comic — often wacko — one-acts. Carla Nell and Claudio Raygoza directed.

NEW WORLD STAGE, 917 NINTH AVENUE (ACROSS FROM THE CITY LIBRARY) DOWNTOWN, THROUGH AUGUST 13; FRIDAY AND SATURDAY AT 8:00 P.M. SUNDAY AT 7:00 P.M. 619-374-6894.

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A Midsummer Night's Dream

Collected Stories

Don't worry about hurting anyone's feelings, Ruth Steiner, the famous writer, tells her grad student-protégé Lisa. "You have to get in there and shoot." Steiner also warns Lisa that if you tell a story out loud you won't write it (Ruth talks so tough, it's easy to forget she also said, "Some things you don't touch"). Like writerly karma, both pieces of advice boomerang Ruth in Donald Margulies's uneven drama (about two-thirds didactic Creative Writing 1A writ large and one-third dramatic). The script has gaps, big ones. But Kandis Chappell fills them in a riveting

performance. Ruth, who was most alive over 30 years ago, now faces mortality: both literary and human. Chappell's like an atlas of roads taken and not, superimposed on each other. In six scenes, spanning six years, Chappell becomes haunted by both. As Lisa, rocketed into instant stardom, Amanda Sitton's rising arc matches Ruth's tailspin. She's on her way (now shooting first and handling questions later). But — given Ruth's experience and the play's subtext about fame's imprisonment — to where? Under David Ellenstein's unfussy direction, they perform on Marty Burnett's detailed set, which looks as if Ruth hasn't changed anything

since she moved into the Greenwich Village apartment 31 years ago.

Worth a try.

NORTH COAST REPERTORY THEATRE, 987 LOMAS SANTA FE DRIVE, SOLANA BEACH, THROUGH JULY 30; THURSDAY THROUGH SATURDAY AT 8:00 P.M. SUNDAY AT 7:00 P.M. MATINEE SUNDAY AT 2:00 P.M. 858-481-1055.

Come Blow Your Horn

OnStage Playhouse starts off its 2006-2007 season with Neil Simon's first hit comedy. Bob Christiansen directed.

ONSTAGE PLAYHOUSE, 291 THIRD AVENUE, CHULA VISTA, THROUGH AUGUST 12; THURSDAY THROUGH SATURDAY AT 8:00 P.M. MATINEE SUNDAY AT 2:00 P.M. 619-422-7787.

The Complete Works of William Shakespeare (abridged)

Palomar College presents a reprise of its popular 2001 show, in which three actors do the Bard's entire opus.

HOWARD BRUBECK THEATRE, PALOMAR COLLEGE, 1140 WEST MISSION ROAD, SAN MARCOS, THROUGH JULY 30; THURSDAY THROUGH SATURDAY AT 8:00 P.M. MATINEE SUNDAY AT 2:00 P.M. 760-744-1150, X2453.

Fully Committed

Air traffic controllers, at least, have each other. Not Sam Pelikowski. He must make all the reservations for a posh New York restaurant. Jean-Paul Sartre said, "Hell is other people." Nah. Hell is other people demanding all-vegan cuisine for 15 at a 7:30 p.m. seating, while five other callers blink on hold. Cygnet Theatre is reprising David McBean's Noel Award-winning performance. He plays Sam and everyone else, maybe 40 people. A logistics boggle? It's the equivalent of



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Lise Bruneau, J. Paul Boehmer, Summer Shirey and Cara Greene; photo by Craig Schwartz

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Melissa Condren and Leonard Kelly-Yee; photo by Craig Schwartz

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(L to R) Trey Lyford and Geoff Sobelle. Photo by Craig Schwartz



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Calendar THEATER

memorizing a phone book and making each voice so distinctive you remember it the next time you hear it. McBean must change characters as fast as he can say “hold, please.” He’s so terrific, however, logistics disappear into Sam’s frantic, behind-the-scenes world. Sam, it turns out, is an aspiring actor lacking “a strong sense of personal entitlement” — just what every irate caller has! Sam gets a crash course in assertion training and passes with flying colors. Throughout, the audience’s “oh yeah’s” and “that’s right’s” punctuate the show with shocks of recognition. Anyone who has ever been an actor, or waited tables, or taken reservations (a friend of mine, who books for a local hotel, refers to the public, off the record, as “the beast”) will empathize with *Fully Committed*. And, given McBean’s special performance, so should everyone else.

Critic’s pick.

CYGNET THEATRE, 6663 EL CAJON BOULEVARD, COLLEGE AREA, THROUGH AUGUST 13; THURSDAY THROUGH SATURDAY AT 8:00 P.M. SUNDAY AT 7:00 P.M. MATINEE SUNDAY AT 2:00 P.M. 619-337-1525.

Honk!

Vanguard at the Westminster Theater stages the musical story of Ugly, a duckling whose “odd, gawky looks instantly incite prejudice from his family and neighbors.” Lesley K. Pearson directed. WESTMINSTER THEATER, 3598 TALBOT STREET, POINT LOMA, THROUGH JULY 30; FRIDAY AND SATURDAY AT 8:00 P.M. SUNDAY AT 7:00 P.M. 619-224-6263.

Iphigenia at Aulis

Moses Hadas called it “the last Greek tragedy.” But given its analysis of wars and motives and the human costs of each, Euripides’ final play couldn’t be more contemporary. Agamemnon, commander of the Greeks on their way to Troy, angered the goddess Artemis, who made the winds cease. She demands a sacrifice — his daughter, Iphigenia — or the thousand ships can’t sail. “Some god has driven Greece mad,” says Ruff Yeager’s emotionally strafed Agamemnon (either that or they’ve placed too

much faith in the interpretation of Calcas, an enterprising seer). Director Douglas Lay puts the Greeks in a modern war camp (a helicopter lands so near you’ll duck to avoid its blades). Along with two kids playing catch with a hand grenade, Lay’s encouraged bold choices throughout, including Michelle Cabinian’s innocent-assured Iphigenia (is she Joan of Arc or the dupe of warrior-dominant rhetoric?) and a splendid performance by Robin Christ. Her Clytemnestra reveals Agamemnon’s cold-blooded killer inside the loving Mycenaean queen. Though the acting’s a bit uneven (some belt too big for the space), the 6th@Penn offering has a special element: five young women are the most supportive, fluid, and mesmerizing Greek chorus I’ve seen locally. They sing Leigh Scarritt’s eerie music — with steep, note-to-note intervals — with such polish they elevate the production several notches.

Critic’s pick.

6TH@PENN THEATRE, 3704 SIXTH AVENUE, HILLCREST, THROUGH AUGUST 6; THURSDAY THROUGH SATURDAY AT 8:00 P.M. MATINEE SUNDAY AT 2:00 P.M. 619-688-9210.

Joey and Maria’s Comedy Italian Wedding

The Culy Theater hosts “not-so-ordinary interactive dinner theater,” as Joey and Maria tie the knot. LAFAYETTE INN AND SUITES, NORTH PARK, OPEN-ENDED RUN. FOR DAYS AND TIMES CALL 800-944-5639.

A Midsummer Night’s Dream

You could subtitle Darko Tresnjak’s staging of Shakespeare’s comedy, “Dude, you would not believe how I spent my summer vacation!” Four teens graduate from an academy (late 19th/early 20th Century). To escape repressive Athens they hie to the woods, with suitcases, tennis rackets, and a teddy bear, and things fall apart. The production has Tresnjak’s hallmarks: reverence for the text and irreverence for individual moments (there’s an infectious sense of play here; the cast’s obviously encouraged to invent freely). Imbued with rah-rah idealism, at first, and later with teenage angst, the lovers — Eve Danzeisen, David Villalobos, Owiso Odera, and Julie Jesneck — are both distinct individuals and a sharp ensemble. The mechanicals,



My Fair Lady

however, aren’t “rude” enough (especially Jonathan Peck’s stylish, studied Bottom the Weaver), and young Michael Drummond lacks the chops, and the menace, for Puck. York Kennedy’s bold-day/mystical-night lighting, Christopher R. Walker’s music, and especially Michael Urie’s dual roles as Francis Flute and Thisbe are big plusses. In a play full of Ovidian metamorphoses, Urie does one of the best: as Flute is about to play the suffering Thisbe, something touches him, and the character takes over so completely you wonder who was more real, Flute or the role that transformed him. Which was “airy nothing,” and which “something of great constancy”?

Worth a try.

LOWELL DAVIES FESTIVAL THEATRE, SIMON EDISON CENTRE FOR THE PERFORMING ARTS, BALBOA PARK, THROUGH SEPTEMBER 29. (NOTE: A MIDSUMMER NIGHT’S DREAM RUNS IN REPERTORY WITH *OTHELLO* AND *TITUS ANDRONICUS*; FOR DAYS AND TIMES OF EACH, CALL 619-239-2255.)

Moms in America

J. Marcus Newman (the erstwhile Nonnie Vishner) stages the world premiere of his drama about three generations of Jewish men: “one family, perhaps.” Newman directed.

2790 LYTTON STREET, LOMA PORTAL (ACROSS FROM LIBERTY STATION), THROUGH JULY 30; THURSDAY THROUGH SATURDAY AT 8:00 P.M. MATINEE SUNDAY AT 2:00 P.M. 619-683-2256.

My Fair Lady

Welk Resort Theatre presents Lerner and Loewe’s classic about a Cockney flower girl becoming a British sophisticate. Jon Engstrom directed.

WELK RESORT THEATRE, 8860 LAWRENCE WELK DRIVE, ESCONDIDO, THROUGH AUGUST 27; TUESDAY, THURSDAY, AND SATURDAY AT 8:00 P.M. MATINEE TUESDAY THROUGH THURSDAY, SATURDAY AND SUNDAY AT 1:45 P.M. 888-802-7469.

National Comedy Theatre

Improvisational comedy, making up funny stuff on the spot, is difficult enough. Years ago, however, Keith Johnstone thought it’d be more exciting if done competi-

tively. He got the idea from pro wrestling (“where Terrible Turks mangled defrocked priests, while mums and dads yelled insults and grannies waved their handbags”). National Comedy Theatre, an offshoot of Johnstone’s TheatreSports (artistic director Gary Kramer says the two compare like “rugby and American football”), resembles an athletic event more than an improv. Teams wear uniforms and compete on ActroTurf. The night I caught the show, three San Diego comedians played a challenge

match against players from the San Jose franchise. Using suggestions from the audience, they played “Emotional Sympathy,” “Shakespeare,” “Blind Line,” and “Freeze Tag,” with judges awarding points to the best scenes. Klunkers and groaners got booed; quick wit rewarded (one of the most refreshing parts of the contest: people acknowledge failure, abundantly, then forget it). It made for a lively, often quite funny, evening. And Gary Kramer is one talented comedian.

Worth a try.

MARQUIS THEATER, 3717 INDIA STREET, MISSION HILLS, OPEN-ENDED RUN; FRI-

DAY AND SATURDAY AT 7:30 P.M. AND 9:45 P.M. 619-295-4999.

Othello

“Have you prayed tonight, Desdemona?” — one of Shakespeare’s most chilling lines, in the Jesse Berger-directed production’s best scene. When she realizes Othello wants to murder her, Julie Jesneck’s Desdemona battles for life and seems to become even more innocent, more loving. Jonathan Peck’s sonorous Othello matches this urgency. The clash of the guiltless bride and stone-hearted warrior is at once primal, infuriating beyond belief — because this should *not* be happening — and deeply moving. The only irksome performance in an otherwise smartly staged *Othello*: Karl Kenzler runs Iago all over the map, from frat-brother/prankster to Halloween goblin. Kenzler’s too facile in a role that requires some effort at dismantling the Moor, some surprise that his schemes are working. Dressed in Elizabethan garb, including white circular collars, the supporting cast does quality work (especially Michael A. Newcomer’s two-faced Cassius, and Cileste Ciulla’s Emilia, Iago’s wife who, the angrier she gets, the more she becomes the play’s *raisonneur*). York Kennedy’s lighting sculpts scenes and Christopher R. Walker creates moods with half-heard, long-held notes.

Worth a try.

LOWELL DAVIES FESTIVAL THEATRE, SIMON EDISON CENTRE FOR THE PERFORMING ARTS, BALBOA PARK, THROUGH OCTOBER 1. (NOTE: *OTHELLO* RUNS IN REPERTORY WITH *A MIDSUMMER NIGHT’S DREAM* AND *TITUS ANDRONICUS*; FOR DAYS AND TIMES, CALL 619-239-2255.)

San Diego Theatresports: The FunHouse

A cross between improvisational comedy and *Family Feud*. Improv, making up a funny scene as you go along, is tough enough. Add competitive scene making, with the audience awarding points to the winning team. Purists might balk at the odiousness of comparisons used in this format, but the “game show” — on Fridays — is a hoot. The 90-minute evening offers different bits. The show I caught had “Team Sports” — two pairs of players competed, taking suggestions from the audience; and “Gorilla Theatre” — five directors in-

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vented scenes, using the other four as actors. The winner got a banana, the loser a “forfeit” (other formats include “Micetro” and “Improv Survivors”). Some attempts went nowhere (I repeat: improv is tough; I did it in my, as hindsight reveals, callow youth). Others made amazing twists and turns. The group makes the hits much more frequent than the misses. Their guru, Keith Johnstone, wrote one of the very best books I’ve ever read about making theater. And they put his pearls to good use. Their motto: “Remember, when it’s not funny, it’s art.”

Worth a try.

THE FUNHOUSE, 6822 EL CAJON BOULEVARD (BETWEEN 68TH AND 69TH), COLLEGE AREA, FRIDAY AT 7:45 P.M. SATURDAY AT 7:45 P.M. AND 9:45 P.M. 619-465-7469.

The Sisters Rosensweig

In the late Wendy Wasserstein’s comedy, three successful sisters — in work, not love — unite in London for bonding, memories of their stern mother, and song. They’re as emotionally stuck as Chekhov’s famous trio; one even says so. Arctic Sara may try a new path, if she can overcome her elitism and a Jewish male stereotype; the others stay the course. Chekhov this ain’t, though it would like to be. (*Sisters* also borrows heavily from Beth Henley’s “moment of happiness” in *Crimes of the Heart*.) Wasserstein keeps the deeper issues about anti-Semitism, non- and traditional women’s roles, cultural differences on the back-burner (offstage the Soviet Union is falling apart, but you’d hardly know it). The play and Old Globe production, however, are funny throughout (including a first: during the intermission almost every character makes passionate love). Janet Zarish, Jackie Hoffman and especially Dierdre Lovejoy’s Pfeni (in complete emotional sync with the best written of the three women) keep the laughs coming, as does Tom Nellis in a tour de hyper-force as Geoffrey, director of musicals, and Mark Blum as gently assertive Mervyn. Stefanie Nava makes young Tess’s sudden change of plan credible (no mean feat). Alexander Dodge’s elegant set’s a palette of pinks tempered by Jeff Croiter’s lighting and rinsed by the music of Frank Sinatra.

Worth a try.

OLD GLOBE THEATRE, SIMON EDISON CENTRE FOR THE PERFORMING ARTS, BALBOA PARK, THROUGH AUGUST 20; TUESDAY, WEDNESDAY, AND SUNDAY AT 7:00 P.M., THURSDAY THROUGH SATURDAY AT 8:00 P.M. MATINEE SATURDAY AND SUNDAY AT 2:00 P.M. 619-239-2255.



The Sisters Rosensweig

Snoopy!!! The Musical

Coronado Playhouse stages this sequel to *You’re a Good Man, Charlie Brown* with a big-band, jazz-style score. Daniel Logan directed and choreographed.

CORONADO PLAYHOUSE, 1835 STRAND WAY, CORONADO, THROUGH AUGUST 6; THURSDAY THROUGH SATURDAY AT 8:00 P.M. MATINEE SUNDAY AT 2:00 P.M. 619-435-4856.

The Sopranos’ Last Supper

Dillstar Productions presents an evening with the notorious Baritone family: “gambling, dinner, dancing, and good old mobster fun.”

LAFAYETTE INN AND SUITES, NORTH PARK, OPEN-ENDED RUN; SELECTED FRIDAYS AND SATURDAYS AT 7:30 P.M. 800-944-5639.

The Sound of Music

The Moonlight summer season continues with Rodgers and Hammerstein’s classic about the seven Von Trapp children and their Austrian nanny.

MOONLIGHT AMPHITHEATRE, 1200 VALE TERRACE DRIVE, VISTA, THROUGH AUGUST 6; WEDNESDAY THROUGH SUNDAY AT 8:00 P.M. 760-724-2110.

Titus Andronicus

Reviewed this issue. LOWELL DAVIES FESTIVAL THEATRE, SIMON EDISON CENTRE FOR THE PERFORMING ARTS, BALBOA PARK, THROUGH SEPTEMBER 30. (NOTE: *TITUS ANDRONICUS* RUNS IN REPERTORY WITH *OTHELLO* AND *A MIDSUMMER NIGHT’S DREAM*; FOR DAYS AND TIMES CALL 619-239-2255.)

Triple Espresso: A Highly Caffeinated Comedy

Hugh Butternutt’s done his lounge act at the Triple Espresso Coffeehouse 20 years to the day. While patrons sip a house blend — “Grape,” “Scandinavian Blizzard,” or “Mokoko Cocoa Mocha” —

Hugh plays ’70s tunes on the piano. He and his companions, here to celebrate Hugh’s anniversary, got stuck in the ’70s. The trio used to be Maxwell, Butternutt, and Bean, a comedy group that never went far. They’re “losers,” they admit, but not “ordinary” ones. And, hey, their reunion could help them

face searing issues from their mediocre pasts. A formulaic story line? Yep. Straight from *Forever Plaid*. There’s also the *Forever Plaid* problem: the three comedians are far too talented to play inept characters. One’s a whiz at the piano. Another’s a first-rate mime, and the third’s a crackerjack magician.

THEATER DIRECTORY

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3535 Adams Ave., North Park
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The trio is so talented, when the plot has them complain of difficulties to overcome, you wish they’d quit trumping up the pseudo-drama and get on with this highly entertaining, if lightweight show. (Note: the original cast members have been replaced.)

Worth a try.

HORTON GRAND THEATRE, 444 FOURTH AVENUE, GASLAMP QUARTER, OPEN-ENDED RUN; WEDNESDAY AND THURSDAY AT 7:30 P.M. FRIDAY AT 8:00 P.M. SATURDAY AT 5:00 AND 8:00 P.M. SUNDAY AT 3:00 P.M. AND 7:00 P.M. 619-234-9583.

Unkhomo: Eye of the Whale

6th@Penn Theatre presents Charlene Penner’s study of whales “using playful explorations in Butoh, ritual, and contact improvisation.”

6TH@PENN THEATRE, 3704 SIXTH AVENUE, HILLCREST, THROUGH AUGUST 2; SUNDAY AT 7:00 P.M. MONDAY THROUGH WEDNESDAY AT 7:30 P.M. 619-688-9210.

When Pigs Fly

Diversionsary opens its new season with Howard Crabtree’s “musical extravaganza: Florenz Ziegfeld-like, only gay.” Rick Simas directed.

DIVERSIONARY THEATRE, 4545 PARK BOULEVARD, UNIVERSITY HEIGHTS, THROUGH AUGUST 13; THURSDAY AT 7:30 P.M. FRIDAY AND SATURDAY AT 8:00 P.M. SUNDAY AT 7:00 P.M. MATINEE SUNDAY AT 2:00 P.M. 619-220-0097.

Wicked

The triple-Tony-winner comes to San Diego for a brief run. Before Dorothy landed in Oz, there were these two sisters; Glinda was the Good Witch.

SAN DIEGO CIVIC THEATRE, 110 THIRD AVENUE, DOWNTOWN, THROUGH AUGUST 6; FOR DAYS AND TIMES CALL 619-570-1100.

Win, Place, or Die...My Jockeys Are Killing Me!

Mystery Cafe Dinner Theatre presents James Pascarella and Patricia Harris-Smith’s interactive “race-track romp.” It’s opening weekend at Upson Downs, and the Thoroughbred Club’ll never be the same. Pascarella directed.

IMPERIAL HOUSE RESTAURANT, 505 KALMIA STREET, HILLCREST, OPEN-ENDED RUN; FRIDAY AND SATURDAY AT 8:00 P.M. 619-544-1600.

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Star Theatre
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www.starlighttheatre.org

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(858) 274-1731

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The Self-Appointed One

For entertainment purposes, public embarrassment is not altogether a bad thing.

The big surprise of the new M. Night Shyamalan thriller, *Lady in the Water*, is that there is no big surprise at the end of it. It is instead a ritualistic playing-out of a prophecy, and the only trick to it is to figure out who among the residents of The Cove apartment complex in suburban Philadelphia (where else?) plays what part in the prophecy. We will need, first off, a Writer, a/k/a The Chosen One, who in order to fulfill his or her destiny must make eye contact with a Narf, a sea nymph from The Blue World, hiding out in our world in an underwater chamber beneath the grate at the bottom of the apartment swimming pool. The Narf, and not just any old Narf but the extra special Madame Narf, whose given name happens to be Story, is threatened on her mission by the Scrunt, a growling canine creature with grass hair, afraid of nothing but the Tartutic, three evil monkeys camouflaged in the treetops. (As Dave Barry

REVIEW

DUNCAN SHEPHERD

so often feels compelled to avow, I am not making this up.) The Scrunt, besides, can be stopped in his tracks by the gaze of a human Guardian, should such a one materialize out of the ranks of the colorful, mostly comical apartment dwellers. In addition to a Writer and a Guardian, the Narf will require the assistance of a Healer, a Symbolist, and a Guild, if, upon completion of her mission, she is to be successfully airlifted back to The Blue World by a giant eagle known as The Great Eatlon. It all goes according to plan, but it does not go smoothly.

This prophecy — this whole-cloth mythology — gets dribbled out to us in installments, related in her native tongue by a cranky Korean granny, who knows it as “a bedtime story” from the old country, translated into English by her ultra-modern, multi-accessoried collegiate granddaughter. The job of coaxing out the prophecy, and of casting its roles from among

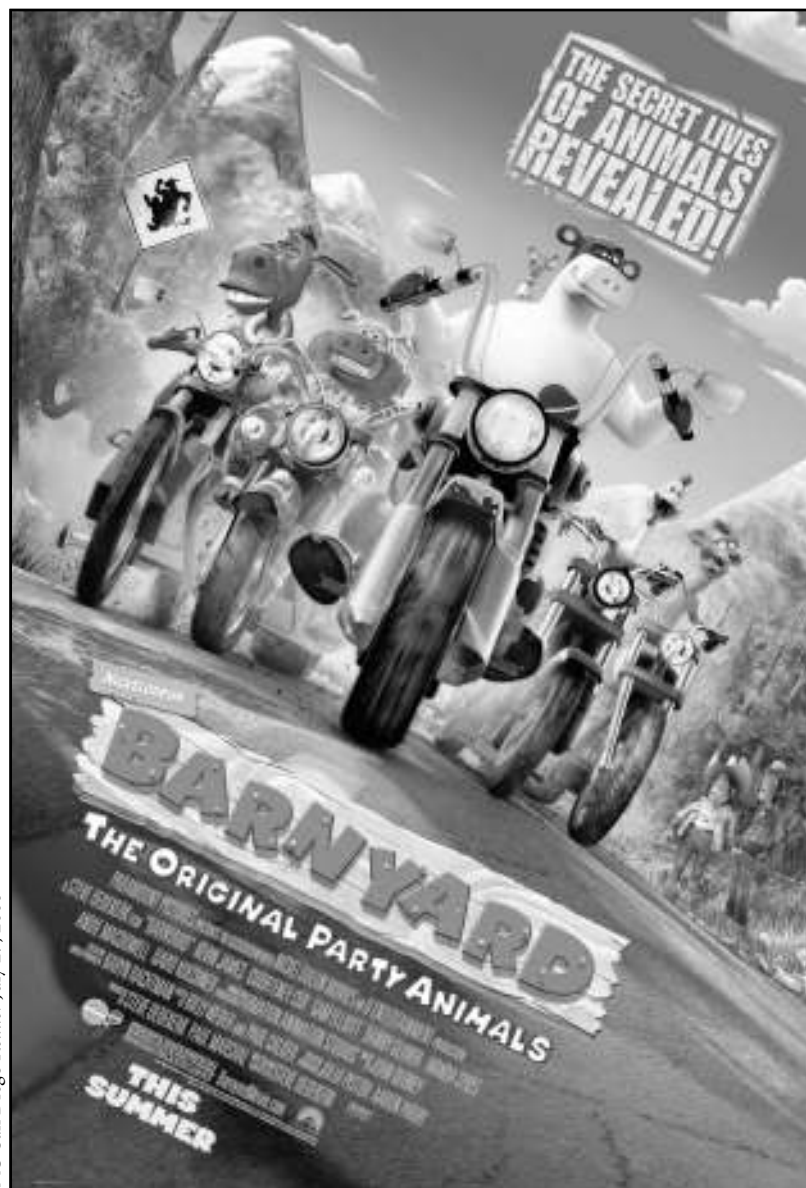


Lady in the Water

the residents of The Cove, falls to the gaspingly stuttering superintendent, Cleveland Heep (Paul Giamatti), who will be asked to play the role of the Healer and, through the power of Story (i.e., power of fiction, myth, faith) to heal himself in the process, and who, when casting the rest of the roles, will run into none of the sorts

of resistance you might expect from 21st-century Philadelphians. (You say a Narf needs a Symbolist? Sign me up.) The humorless film critic in 13B, name of Farber, will prove, however, to be not the kind of writer for whom the Narf is looking, and will prove to be no help, either, with the casting of the roles, and may therefore humorously

be offered up as the sole human sacrifice to the jaws of the Scrunt. If that weren't sufficient revenge for past grievances, Shyamalan casts himself in the role of the sought-after Writer — The Chosen One — whose magnum opus, entitled *The Cookbook*, is earmarked to inspire a Great Leader who will set the misguided world back



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on course. (Cue, over the closing credits, a hesitant, unconfident, but hopeful rendition of Dylan's "The Times They Are A-Changin'," by a group named A Whisper in the Noise.)

The messianic tendency has become more and more pronounced in Shyamalan's oeuvre, ever since the outsized success of *The Sixth Sense* gave him leave, gave him license. But it has never before achieved such a height of public embarrassment. (One can't really fault his steadfast studio, Disney, for cutting ties with the filmmaker. Well, *one* can: Shyamalan himself, in a tell-all book authored by Michael Bamberger, *The Man Who Heard Voices: Or, How M. Night Shyamalan Risked His Career on a Fairy Tale*.) For entertainment purposes, public embarrassment is not altogether a bad thing. There's a horrible sort of fascination in the spectacle, balanced by a quite pleasurable fascination in the photography of Christopher Doyle (Wong Kar-wai's right hand), the camera hovering around the faces at odd angles and with odd framings. If you're going to make a right bloody fool of yourself, you might as well make yourself a good-looking fool.

Clerks II, a sequel like any other, can make no effort to match the scruffy integrity of its 1994 forerunner, least of all an effort to match the black-and-white photography. Not that the forerunner set any sort of mark to shoot for, but at least it accepted its limitations and worked within them. The memory of it had already been well and truly sullied, however, by repeated appearances of Jay and Silent Bob, in particular, in Kevin Smith's subsequent work, and there was no going back from the self-cannibalizing commercialism of *Jay and Silent Bob Strike Back*. But go back Smith defiantly, desperately does, to torch the Quick Stop and to reposition his aging, thickening clerks behind the fast-food counter at Mooby's. Onward and upward, franchise-wise. And ever outward, edgewise. Only nowadays Smith is trying to stay ahead of such multiplex mainstreamers as the Farrellys and the Wayanses. He has always had clearer ideas of how to be crude (new outer boundary of taste: "inter-species erotica") than of how to be funny, and his amateurish actors (Brian O'Halloran, Jeff Anderson, Jason Mewes, Smith himself and his real-life wife, Jennifer Schwalbach) can only underscore the crudeness. Rosario Dawson, as the improbable manager at Mooby's, sticks out like a nail-polished thumb.

Lady Vengeance, or as it is called on screen, *Sympathy for Lady Vengeance*, rounds out the "revenge trilogy" of Chan-wook Park, which began with *Sympathy for Mr. Vengeance* and passed through *Oldboy* (no sympathy for Oldboy), although the first two arrived in American theaters in reverse order. In the final installment, independent of the others, the abstract credits sequence of creeping vine, blossoming blood, and coursing teardrop is a true grabber, and the opening scene doesn't let go: a wraithlike ex-con greeted upon her release from prison by a female chorus in Santa suits and a male choir-master bearing the gift of a brick of tofu. (The national press, we are told, has noticed a physical resemblance between the infamous criminal and Olivia Hussey — Zeffirelli's Juliet — and we can but laughingly agree.) The unwieldy flashback structure — stop, back up, proceed; stop, back up, proceed; stop, back up, proceed — and the full two-hour running time afford am-

ple opportunity for the grip to slacken. The director, over that stretch, shows off all of his virtuosic gifts, but he also shows off his mere gimmicks, his gags, his whimsies, his frivolities, his lapses of taste. More simply, he's an inveterate showoff.

The Heart of the Game, a video documentary by Ward Serrill, chronicles the story of Bill Resler, Seattle tax man turned girls' basketball coach, and of his prize pupil, Darnellia Russell, a black transfer from her neighborhood Garfield High to white-bread Roosevelt High: "Darnellia Russell is my only chance at being famous." The story spans her entire five-year high-school career and more. It details the ups and downs of the seasons, the state tournaments, the intrasquad and intracity rivalries, the lessons learned ("Don't dribble the ball behind your back with ten seconds to go"), the coach's unconventional motivational methods (an annual theme: Pack of Wolves, Tropical Storm, Pride of Lions, etc.), and it expands into extracurriculars such as race and class, sexual molestation, teen pregnancy, courtroom drama: "To get back on the court," a TV reporter formulaically puts it, "Darnellia had to go to court."

All told, it makes a good story, and the local news announcer would seem to be guiltless of hyperbole when he calls it "one of the greatest stories in high-school basketball in the state of Washington." (A decent number of qualifiers: "one of" ... "high-school" ... "Washington," and no need to add the qualifier of *girls'* basketball.) These stories happen all the time in sports, all over the place. Without the film, we would have missed this one. ■

MOVIE LISTINGS

All reviews are by Duncan Shepherd. Priorities are indicated by one to five stars and antipathies by the black spot. Unrated movies are for now unreviewed. Thousands of past reviews sorted alphabetically, by year of release and by rating, are available online at SanDiegoReader.com.

The Ant Bully — Computer cartoon with the voices of Nicolas Cage, Julia Roberts, Paul Giamatti, and Meryl Streep, directed by John A. Davis. (CARMEL MOUNTAIN: CHULA VISTA 10; DEL MAR HIGHLANDS 8; ENCINITAS 8; ESCONDIDO 16; FASHION VALLEY 18; GROSSMONT CENTER; HORTON PLAZA 14; LA JOLLA 12; MIRA MESA 18; MISSION MARKETPLACE 13; MISSION VAL-

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David Poland, MOVIECITYNEWS.COM

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Calendar

MOVIES

LEY 20; OCEANSIDE 16; PALM PROMENADE 24; PARKWAY PLAZA 18; POWAY 10; RANCHO DEL REY 16; RANCHO SAN DIEGO 15; SAN MARCOS 18; TOWN SQUARE 14; VISTA VILLAGE; FROM 7/28)

Cars — The Pixar people, director John Lasseter in particular, envision a world of cars without people (Mommy, where do

cars come from?), but of course anthropomorphized cars, such that the windshields are eyes and the hoods, grilles, and front bumpers form noses and mouths. The vision focusses chiefly on a hot-shot rookie race car called Lightning McQueen, who, en route to the Piston Cup championship on the West Coast, gets stalled in the sleepy little backwater of Radiator Springs (soon christened “Hillbilly Hell”) off Route 66 (“the Mother Road”), which time and the interstate have passed by. Whether or not you can steer around the irony, or hypocrisy, or cynicism, or what-you-will, of a computer cartoon waxing nostalgic over

the slower pace and simpler ways of the Good Old Days, this is one of the better specimens of this type of animation, the airless, vacuum-sealed, climate-controlled, machine-tooled type. The clean, sleek, toy-like shapes of the vehicles (straight out of an old Chevron commercial) are easily handled, and their personalities inventively differentiated. The town itself is wittily detailed: the single flashing yellow light on Main Street, the caution-cone motel cabins, the geodesic-dome garage for the psychedelic hippie van, etc. And, outside of the herd of flatulent tractors, the sense of humor refrains from the off-color. And having to listen to Owen Wilson is much preferable to having to look at him at the same time. Paul Newman, a racing enthusiast in real life, could be said to be well cast as the voice of the legendary Hudson Hornet, Piston Cup champ from 1951 to ’53, who chose to put himself out to pasture at the height of his powers and to live out his years in peaceful obscurity. 2006. ★★ (CARMEL MOUNTAIN; ESCONDIDO 16; FASHION VALLEY 18; GASLAMP 15; GROSSMONT CENTER; LA JOLLA 12; MIRA MESA 18; MISSION VALLEY 20; OCEANSIDE 16; PALM PROMENADE 24; PARKWAY PLAZA 18; RANCHO DEL REY 16; RANCHO SAN DIEGO 15; SAN MARCOS 18; SANTEE DRIVE IN; TOWN SQUARE 14; VISTA VILLAGE)

Clerks II — Reviewed this issue. With Brian O’Halloran, Jeff Anderson, Rosario Dawson, Jason Mewes, and Kevin Smith;

written and directed by Smith.

● (CARMEL MOUNTAIN; CHULA VISTA 10; DEL MAR HIGHLANDS 8; ESCONDIDO 16; FASHION VALLEY 18; GALAXY 6; GASLAMP 15; GROSSMONT CENTER; LA JOLLA 12; MIRA MESA 18; MISSION MARKETPLACE 13; MISSION VALLEY 7; MISSION VALLEY 20; OCEANSIDE 16; PALM PROMENADE 24; PARKWAY PLAZA 18; POWAY 10; RANCHO DEL REY 16; RANCHO SAN DIEGO 15; SAN MARCOS 18; TOWN SQUARE 14; VISTA VILLAGE; FROM 7/21)

Click — Clunk. Patented Adam Sandler blend of juvenile misconduct and remorseful moralism. In the Beyond department at a Bed Bath and Beyond, an angel (Christopher Walken, looking more like a mad scientist) gives a “universal remote” to a harried workaholic, allowing him to mute the barking dog, fast-forward through a marital spat, slo-mo a busty jogger, replay scenes from his past (with audio commentary by James Earl Jones), change the tint on his own flesh tone (the best idea cinematically), and so on. Fortunately events take a serious turn, or there would have been no laughs whatsoever. With Kate Beckinsale, David Hasselhoff, Sean Astin, Jennifer Coolidge, Henry Winkler, and Julie Kavner; directed by Frank Coraci. 2006.

★ (FASHION VALLEY 18; HORTON PLAZA 14; LA JOLLA 12; MISSION VALLEY 20; PALM PROMENADE 24)

The Devil Wears Prada — Working-girl comedy in the vein of, oh, say, *Working*

Girl, the eager, gifted, underemployed, and underpaid secretary (“A million girls would kill for that job”) and the imperious, capricious, queen-bee boss. An ice queen, more descriptively, with snow-white hair, just a bit of sludge showing through at the neck, and an anemic, cryonic complexion. Meryl Streep, in the latter part, is interesting as always, talking in a narcotized, uninflected voice that betrays no emotion deeper than a sigh. But Anne Hathaway, talking with a clothespin on her nose, doesn’t quite fill the bill as “the smart fat girl.” Or to put it more flatteringly, the offenses of her weight and her wardrobe are not overstated. Disappointingly, the possibilities of the fashion-industry setting, from Lauren Weisberger’s fang-baring novel, largely go by in a blur of montages and a blizzard of name-dropping. With Stanley Tucci, Emily Blunt, Simon Baker, and Adrien Grenier; directed by David Frankel. 2006.

★ (CARMEL MOUNTAIN; ESCONDIDO 18; FASHION VALLEY 18; FLOWER HILL 4; GASLAMP 15; GROSSMONT CENTER; LA COSTA 6; LA JOLLA 12; MIRA MESA 18; MISSION VALLEY 7; MISSION VALLEY 20; PALM PROMENADE 24; PARKWAY PLAZA 18; RANCHO DEL REY 16; RANCHO SAN DIEGO 15; SAN MARCOS 18; TOWN SQUARE 14; VISTA VILLAGE)

The Heart of the Game — Reviewed this issue. With Bill Resler, Darnellia Russell, Joyce Walker, and Devon Crosby Helms; written and directed by Ward Ser-rill.

★★ (HILLCREST CINEMAS, FROM 7/28)

An Inconvenient Truth — A documentary for the Don’t-Blame-Me-I-Voted-for-Gore crowd. It has a nominal director, Davis Guggenheim, but it’s Al Gore’s show, a self-described “slide show,” or illustrated lecture, and not really a movie, to do with the causes and effects of global warming. This is laid out explicitly as less a political issue than “a moral issue,” and laid out, tacitly, as a doomsday science-fiction scenario (think *The Day after Tomorrow*, think *Waterworld*, or if you’re a reader, think *The Drowned World* or *The Kraken Wakes*), with a wealth of facts and figures for substantiation. “I’ve been trying to tell this story for a long time,” remarks our lecturer, who estimates that he has delivered the presentation a thousand times around the globe, “and I feel as if I’ve failed to get the message across.” Thus the movie. A new medium, a new conveyance. Needless to say, the identity of the messenger will by itself be enough to persuade a large fraction of the public to stay clear, on the presumption that all he wants to do is to take away from their annual stock dividends. They will miss an interesting, entertaining, and alarming show. 2006.

★★ (CARMEL MOUNTAIN; HILLCREST CINEMAS; LA JOLLA VILLAGE; LA PALOMA, FROM 7/28; TOWN SQUARE 14)

Lady in the Water — Reviewed this issue. With Paul Giamatti, Bryce Dallas Howard, Bob Balaban, Sarita Choudhury, and M. Night Shyamalan; written and directed by Shyamalan.

★ (CARMEL MOUNTAIN; CHULA VISTA 10; CINERAMA 6; ENCINITAS 8; ESCONDIDO 16; FASHION VALLEY 18; FLOWER HILL 4; GALAXY 6; GASLAMP 15; GROSSMONT CENTER; LA COSTA 6; LA JOLLA 12; MIRA MESA 18; MISSION MARKETPLACE 13; MISSION VALLEY 7; MISSION VALLEY 20; OCEANSIDE 16; PALM PROMENADE 24; PARKWAY PLAZA 18; PLAZA CAMINO REAL; POWAY 10; RANCHO DEL REY 16; RANCHO SAN DIEGO 15; SAN MARCOS 18; SANTEE DRIVE IN; TOWN SQUARE 14; VISTA VILLAGE)

Lady Vengeance — Reviewed this issue. With Yeong-ae Lee, Min-suk Choi, Dal-su Oh, and Byeong-ok Kim; directed by Chan-wook Park.

★ (KEN, 7/28 THROUGH 8/3)

Luna de Avellaneda — Argentine comedy-drama centered around a Buenos Aires social club, with Ricardo Darin, directed by Juan José Campanella.

(MISSION VALLEY 7, 7/28 THROUGH 8/3)

Miami Vice — The 1980s crime series comes to the big screen, with Colin Farrell and Jamie Foxx, directed by Michael Mann. (CARMEL MOUNTAIN; CHULA VISTA 10; CINERAMA 6; DEL MAR HIGHLANDS 8; ENCINITAS 8;

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www.ladyinthewater.com

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Monster House — Computer-animated kiddie horror show lowers its sights to an illusion of Claymation. The human figures are awfully stiff, but the space around them is wonderfully plastic and elastic (the fall of an autumn leaf, first thing in the movie, gives you a dizzying idea of what's in store), and the action moves right along until it runs into the overwrought, long-drawn-out finale. With the voices of Mitchel Musso, Sam Lerner, Spencer Locke, Maggie Gyllenhaal, Steve Buscemi; directed by Gil Kenan. 2006.

★ (CARMEL MOUNTAIN; CHULA VISTA 10; CIN-ERAMA 6; DEL MAR HIGHLANDS 8; ENCINITAS 8; ESCONDIDO 16; FASHION VALLEY 18; GALAXY 6; GROSSMONT CENTER; HORTON PLAZA 14; LA COSTA 6; LA JOLLA 12; MIRA MESA 18; MISSION MARKETPLACE 13; MISSION VALLEY 20; OCEAN-SIDE 16; PALM PROMENADE 24; PARKWAY PLAZA 18; POWAY 10; RANCHO DEL REY 16; RANCHO SAN DIEGO 15; SAN MARCOS 18; SOUTH BAY DRIVE IN; TOWN SQUARE 14; VISTA VILLAGE)

My Super Ex-Girlfriend — Boy meets girl superhero. Boy dumps supergirl. Boy incurs superfury. A high-concept low com-edy, with coarse photography and cheesy special effects. Luke Wilson, Uma Thurman, Anna Faris, Rainn Wilson, Eddie Iz-zard; directed by Ivan Reitman. 2006.

● (CARMEL MOUNTAIN; CHULA VISTA 10; CIN-ERAMA 6; DEL MAR HIGHLANDS 8; ENCINITAS 8; ESCONDIDO 16; FASHION VALLEY 18; GALAXY 6; GROSSMONT CENTER; HORTON PLAZA 14; LA COSTA 6; LA JOLLA 12; MIRA MESA 18; MISSION MARKETPLACE 13; MISSION VALLEY 7; MISSION VALLEY 20; OCEANSIDE 16; PALM PROME-NADE 24; PARKWAY PLAZA 18; POWAY 10; RAN-CHO DEL REY 16; RANCHO SAN DIEGO 15; SAN MARCOS 18; TOWN SQUARE 14; VISTA VILLAGE)

Nacho Libre — Nothing if not esoteric: a backhanded salute to Mexican wrestling movies — campy superhero adventures of masked *luchadores* with names like Santo and Blue Demon — and, more broadly, the whole south-of-the-border wrestling sub-culture. Odd, offbeat, outlandish as it is, it makes a fitting, albeit unforeseeable, fol-lowup to *Napoleon Dynamite* for its direc-tor, Jared Hess. The hero here is a mere wannabe, the potbellied cook in a Catholic orphanage in Oaxaca by day, and by night one-half of a hapless tag team alongside a skin-and-bones petty thief who has been filching the orphanage's donated tortilla chips. The hero's mask and mission will

take on Zorro-esque overtones when a pruriently interesting nun, immaculately acted by Ana de la Reguera, lays down the law: "These men fight for vanity, for money, for false pride." Better, a lightbulb goes on over his head, to fight for a school bus to take the orphans on "field trips and stuff." The gags and their laughs are appro-priately small — e.g., the pronunciation of "nitty-gritty" with a Mexican accent, or the amorous come-on of a late-night snack of burnt toast, or the Spartan training exer-cises utilizing such handy resources as a cow pie and a beehive — and Hess's squared-up, flattened-out compositions are the visual equivalent of a deadpan delivery. Fat jokes and fart jokes serve, to a greater extent than desirable, to offset the esoterica. As does that John Belushi-like Joe Blow, Jack Black, working his eyebrows, nostrils, lips, etc., with all the expressiveness, the emotiveness, of a Mexican pop singer, and sporting, in addition to his robin's-egg tights with cardinal trim, a 1970s curly perm and gigolo's mustache. The whole thing might seem mildly insulting of all things Mexican, not just wrestling culture and warped English, but religion, music, food (a corncob on a stick), everything. The sympathetic (while still sardonic) portrait of Napoleon Dynamite's Latino sidekick, Pedro, surely should give the filmmaker some rope. Héctor Jiménez, Richard Mon-toya, Peter Stormare. 2006.

★★ (FASHION VALLEY 18; HORTON PLAZA 14; PALM PROMENADE 24)

Peaceful Warrior — Athletic inspira-tionalism by way of the Buddhist school of thought, a dizzyingly loopy path. The slo-mo nightmare of a world-class gymnast — drops of perspiration detonating at the vol-ume of thunder, his right leg shattering like crystal on his dismount from the rings — comes more or less true, and he entrusts his rehabilitation to the aphoristic grease mon-key (a furry Nick Nolte) at the Texaco quickie mart: "This is a service station. We offer service. There's no higher purpose." The story, from a novel by self-help author and former athlete Dan Millman, is pur-portedly "inspired by true events," and at the very least the quadrennial Olympic qualifying tournament could be said to be a true event. The rest is apt to cause difficulty swallowing. With Scott Mechlowicz and Amy Smart; directed by Victor Salva. 2006. ★ (HILLCREST CINEMAS)

Pirates of the Caribbean: Dead Man's Chest — Sequel to *PC: The Curse of the Black Pearl*. And more than just a se-quel: Part II of an afterthought trilogy. (It was not a matter of *thought*, exactly, as much as a matter of calculation.) Johnny Depp's heavily eyeshadowed, thick-tongued pirate got to be something of a tired act be-fore the end of the first one. And a two-and-a-half-hour kiddie film goes against all traditional wisdom and common sense. And the tonnage of costumes, makeup, lighting effects, set decorations, CGI, etc., does not make it go any faster. And lastly, the up-in-the-air, to-be-continued ending is as big a cheat, as enormous an imposi-tion, as that of *The Empire Strikes Back* or *Lord of the Rings: The Two Towers*, the time-filling middle sections of their respec-tive trilogies. Objectively viewed, the film looks like nothing so much as an ornate collection plate, the size of Australia, to be passed around the Disney congregation. The gathered pile could then be counted on to finance the manufacture of a new plate the size of Antarctica. With Orlando Bloom, Keira Knightley, Stellan Skarsgard,

SEEN ON DVD

JOHN CHRISTIANSON

Trumpet player, Reel Big Fish

Dana Brown's *Dust to Glory* chronicles the amazing 2004 Baja 1000: motorcycles going over 100 miles an hour in the dirt, 800-horsepower trophy trucks sliding around corners, \$100,000 buggies on fire, the beautiful Baja scenery, and one man's quest to ride it alone — life doesn't get any better than this!

In *Long Way Round*, Ewan McGregor, Charley Boorman, and two huge BMWs set out to circumnavigate the globe. Can you imagine riding a motorcycle across Mongolia and Siberia? You don't have to. You can see it here!

Short shorts, Hawaiian shirts, a too-cool red Ferrari, and a P.I. named Thomas Magnum. What a great name! I think if you were named Magnum you would get to drive a Ferrari, live on a palatial estate, and solve crime! Did I mention he's a hit with the ladies?

DUST TO GLORY (USA) 2005, MGM
List price: \$15.99

LONG WAY ROUND (England) 2004, Goldhil
List price: \$19.98

MAGNUM P.I.: SEASON ONE (USA) 1980, Universal
List price: \$49.98 (four discs)

and Bill Nighy; directed by Gore Verbinski. 2006.

● (CARMEL MOUNTAIN; CHULA VISTA 10; CIN-ERAMA 6; DEL MAR HIGHLANDS 8; ENCINITAS 8; ESCONDIDO 16; FASHION VALLEY 18; FLOWER HILL 4; GALAXY 6; GROSSMONT CENTER; HORTON PLAZA 14; LA COSTA 6; LA JOLLA 12; MIRA MESA 18; MISSION MARKETPLACE 13; MISSION VALLEY 7; MISSION VALLEY 20; OCEANSIDE 16; PALM PROMENADE 24; PARKWAY PLAZA 18; POWAY 10; RANCHO DEL REY 16; RANCHO SAN DIEGO 15; SAN MARCOS 18; SANTEE DRIVE IN; SOUTH BAY DRIVE IN; TOWN SQUARE 14; VISTA VILLAGE)

A Prairie Home Companion — Its title and its emcee have been taken from Garri-

RYLAND STEEN

Drummer, Reel Big Fish

Amadeus is a brilliant movie with Tom Hulce as Wolfgang Amadeus Mozart. A great movie for musicians looking for a laugh and inspiration.

Basquiat is a fabulous story about famous '80s painter Jean Michel Basquiat. His use of "Elementary Art" has influenced many painters. The cast is abso-lutely amazing: Jeffery Wright as Basquiat, David Bowie as Andy Warhol, Gary Oldman, Parker Posey, and Benicio Del Toro. The soundtrack is to die for.

Then, of course, there's the new breathtaking, earth-shat-tering, spectacular spectacular, Reel Big Fish triple live album/DVD. I know I'm in the band, but I still watch it daily. If you like to have fun like I do, then you'll need to obtain a copy before our show at the House of Blues San Diego on July 30. The live DVD was shot at the Alley in Fullerton. Hope you like it as much as I do.

AMADEUS (USA) 1984, Warner
List price: \$19.97

BASQUIAT (USA) 1996, Miramax
List price: \$19.99

OUR LIVE ALBUM IS BETTER THAN YOUR LIVE ALBUM (USA) 2006, CD Baby, Inc.
List price: \$19.98 (three disc CD/DVD set)

DAN REGAN

Trombone player, Reel Big Fish

I was having trouble with this list so I went through my collec-tion looking for DVDs with the most scratches. Frank Zappa's *The Dub Room Special*: I love everything Frank. Just getting a peek into that crazy world is a dream. DVD has performances from two different Zappa band eras, crazy claymation, and interviews.

Firefly: An awesome TV show canceled before it really got to go anywhere. Written by Joss Whedon (of *Buffy* fame), it's a true space western with some of the best characters on TV.

Fear and Loathing in Las Vegas: Hunter S. Thompson, Terry Gilliam, Johnny Depp, Benicio Del Toro, suitcase full of drugs, Las Vegas. Any questions?

Sin City: Robert Rodriguez's adaptation of Frank Miller's groundbreaking pulp-noir comic book. Everyone involved with this flick was on the same page. DVD has tons of extras and multiple covers. Rates high on the geek-meter.

THE DUB ROOM SPECIAL (USA) 1984, Eagle Vision USA
List price: \$14.98

FIREFLY: SEASON ONE (USA) 2002, Twentieth Century Fox
List price: \$49.98 (four discs)

FEAR AND LOATHING IN LAS VEGAS (USA) 1998, Criterion
List price: \$39.95

SIN CITY (USA) 2005, Dimension
List price: \$29.99

"Joyfully twisted!" "Hilarious!"
-Associated Press -The New Yorker

"Two thumbs up."
-Ebert & Roeper

"A goofball goodie!"
-People Magazine

"Count me in!"
-The New York Times

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call it PMS? Because mad cow was already taken”), but Altman treats everything, good, bad, mostly indifferent, as a throw-away. 2006.

★ (GASLAMP 15; LA JOLLA VILLAGE)

A Scanner Darkly — Druggie paranoia in the near future, when the drug du jour is Substance D (for Death) and the only cure is the torturous New-Path rehab center. Richard Linklater’s adaptation of a Philip K. Dick novel avails itself of the rotscope animation technique of his *Waking Life*, live-action photography covered over in a paint-by-numbers style. The undulating drawing doesn’t disguise the bad performances (Keanu Reeves, Robert Downey, Jr., and Woody Harrelson, all perfectly recognizable under the paint), but it creates some noteworthy effects: the full-body “scramble suit” that conceals the wearer’s identity behind a continuously shape-shifting mask; a couple of hallucinatory monsters; Winona Ryder’s long-awaited first “nude” scene. 2006.

★ (HILLCREST CINEMAS; LA JOLLA VILLAGE; MIRA MESA 18)

Scoop — Supernatural comedy written and directed by, and starring, Woody Allen, with Scarlett Johansson, Hugh Jackman, and Ian McShane.

(CARMEL MOUNTAIN; FASHION VALLEY 18; FLOWER HILL 4; GASLAMP 15; LA JOLLA VILLAGE; MISSION VALLEY 20; SAN MARCOS 18; TOWN SQUARE 14; FROM 7/28)

Sea of Love — A sort of heterosexual sequel to *Cruising*. Not an actual sequel, only a sort of. Al Pacino, the New York cop who dolled himself up in black leather and haunted the gay bars in search of a serial killer, has now taken out a matching ad in *New York Weekly* to ensnare another one. (Suggesting the need for, if not a new TV series, a new NYPD special unit: Date Patrol.) As in *Cruising*, the cop gets over-

involved personally with the respective “scene,” in particular with the walking embodiment of a Ripe Tomato (Ellen Barkin, in a leather bolero of an appropriate redness). The prime point of interest in the movie, the single point that innately separates it from the faceless mob of cop stories, would clearly be the assorted pangs and perils of romance through the Classifieds. And this in truth does generate a few minutes of actual interest, although no time is spent combing through the responding mail, and we only get to meet two respondees before Barkin oozes across the table top. It will not violate any rules of criticism and give away “too much,” to say that the policeman’s deepening involvement with this mystery woman is not well enough developed (her seven-year-old daughter is glimpsed only once, sound asleep; her mother, the admirable Jacqueline Brookes, is allowed only two lines) for the woman to be interesting as anything other than the murderer. To say so is, however, to divulge the fatal flaw of the movie. With John Goodman; directed by Harold Becker. 1989.

★ (CINEMA UNDER THE STARS, 7/29 AND 30, 8:30 P.M.)

Strangers with Candy — Big-screen blowup of the culty Comedy Central series built around Amy Sedaris, looking uncannily like Tracey Ullman in one of her countless disguises, as a sexually ambiguous (or ambidextrous) ex-con ex-junkie who returns to high school in her late forties, afflicted with all the normal anxieties about “fitting in.” A John Waters-y bad-taste treat, it mostly falls flat, but it keeps picking itself up, dusting itself off, and coming out with the odd good line: “If you’re paying for cable and you’re not watching TV, you’re losing money. It’s simple economics.” With Carlo Alban, Maria Thayer, Matthew Broderick, Sarah Jessica Parker, Stephen Colbert, and Paul Dinello; directed by Dinello. 2006.

★ (KEN, THROUGH 8/3)

Superman Returns — A true sequel, despite the nineteen-year hiatus since the fourth and final appearance of Christopher

Reeve in the part. (The new Superman and his new Clark Kent alter ego, the little-known Brandon Routh, not only bears a creepy physical resemblance to Reeve, but also patterns his performance on Reeve’s so closely as to constitute an “impression.”) The major advantage of a true sequel, namely sparing us the necessity of going back to square one, has been somewhat offset, however, by the modern mania for mythic, epic, operatic grandeur, puffing up and dragging out every little thing. We still have to sit through a flashback to Superman’s childhood discovery of his powers amid the cornfields and haystacks of the Kent family farm. And there’s still a wait of three-quarters of an hour until the first quick-change from dumb Clark to Super-Duper. The Lois-and-Clark business remains as absurd and as boring as ever: take away the glasses, curl a forelock, *et voilà!* And Kevin Spacey’s incarnation of Lex Luthor, though sneerier than Gene Hackman’s, is still too campy and condescending to be taken seriously, even when his apocalyptic vision of world domination is enacted on a toy-train set, or even when it’s enacted on a full-scale Metropolis. Nevertheless, the special effects of an ocean-floor shockwave rippling beneath the city are well done, and not overdone, and Superman’s superpowers have indisputably been enhanced by CGI: a point-blank bullet, for example, flattening itself against his Eyeball of Steel. For people, whoever they may be, who might honestly have wanted another Superman movie, this is at most a serviceable one, and at the same time a most inefficient one. Kate Bosworth, James Marsden, Frank Langella, Parker Posey; directed by Bryan Singer. 2006.

★ (FASHION VALLEY 18; HORTON PLAZA 14; LA JOLLA 12; MISSION MARKETPLACE 13; MISSION VALLEY 20; PALM PROMENADE 24)

Suspicion — There is some nice social comedy — something that writer Samson Raphaelson, leading man Cary Grant, and even director Hitchcock are habitually quite good at — having to do with a spoiled rich boy’s reaction to sudden economic constraint (“Get a job?”). On the suspense side, though, Hitchcock indulges in some

unprincipled hinting, shamming, and thumb-screwing to get you to believe that Cary Grant would plot the murder of his simpering bride, Joan Fontaine. 1941.

★★★ (CINEMA UNDER THE STARS, 7/27 AND 28, 8:30 P.M.)

Wassup Rockers — Larry (*Kids*) Clark has found his subject (kids) and isn’t looking for another. This time, with a bit less of a shock factor and even more of a boredom factor, it’s a tight-pantsed gang of seven Hispanic skateboarders in South Central L.A. — an Unmagnificent Seven of unexceptional skills, including their amateur improvisatory acting. There’s a drive-by shooting prior to the end of the opening credits, and an aimless preamble on their home turf (“You got beer,” purrs a pubescent sex kitten, “I *like* beer”), before they head out for a day in Beverly Hills, and a dive into the cheapest type of exploitation plotting: a traffic stop and an automobile impound, an arrest, a sexual overture from a pair of white-bread vamps (“You’re not circumcised.” “No, I’m Latino”), a brawl, a fatal shooting, a homosexual pedophile and a possibly fatal tumble down the stairs, a definitely fatal electrocution of a middle-aged face-lifted lush. The fatal shooter, by the way, a trigger-happy Hollywood star, is unmistakably a dead ringer for Clint Eastwood (“You know my policy. Shoot first and ask questions later”), but seeing as how the real Eastwood has become the screen’s Voice of Conscience, Clark’s satirical aim would seem to be wide of the mark by about twenty years. With Francisco Pedrasa, Jonathan Velasquez, Milton Velasquez, and Eddie Velasquez. 2006.

● (HILLCREST CINEMAS, THROUGH 7/27)

Who Killed the Electric Car? — Documentarist Chris Paine investigates the automotive murder, and finds, as in Agatha Christie’s *Murder on the Orient Express*, many bloody hands: the oil industry, the car companies, the federal government, the consumer, et al. Essentially this is in the nature of a TV news-magazine talking-head report, and it doesn’t do a very good job (any more than the original advertising did) of explaining the practicalities of oper-

ating an EV (do they think every car owner in America has his own garage?). But where else are you going to see Mel Gibson and Phyllis Diller in the same movie? Martin Sheen narrates, to sharpen the liberal axe. 2006.

★ (HILLCREST CINEMAS)

Wordplay — Breezy, jaunty, yet rounded coverage of the subject of crossword puzzles. We get to meet the editor of the vaunted *New York Times* puzzle, Will Shortz, and learn from him a little of the history and tradition; we get to meet one of his regular contributors and glimpse the actual construction of a puzzle from a blank grid; we get to meet articulate celebrity puzzlers (Bill Clinton, Jon Stewart, the Indigo Girls, Ken Burns, and — yes, an articulate baseball player — Mike Mussina) and watch them work on the very puzzle we had seen under construction; and above all we get to meet some of the leading contestants in the annual American Crossword Puzzle Tournament in Stamford, CT, a gathering of compatible oddballs (one of them likens it to “finding a lost tribe”), and we even get some drama and histrionics in the championship round. It inspires you to try your own hand, if you haven’t already been burned. Directed by Patrick Creadon. 2006.

★★★ (LA JOLLA VILLAGE)

You, Me and Dupree — The unemployed, unemployable best man (identified by the initials “BM” on his jacket) moves in with his newlywed old buddy, a situation rich in annoyance, dirt-poor in amusement. The casting of Owen Wilson as the adult slacker guarantees the rich gets richer, the poor poorer. With Matt Dillon, Kate Hudson, and Michael Douglas; directed by Anthony and Joe Russo. 2006.

● (CARMEL MOUNTAIN; DEL MAR HIGHLANDS 8; ENCINITAS 8; ESCONDIDO 16; FASHION VALLEY 18; GASLAMP 15; GROSSMONT CENTER; LA COSTA 6; LA JOLLA 12; MIRA MESA 18; MISSION MARKETPLACE 13; MISSION VALLEY 20; OCEANSIDE 16; PALM PROMENADE 24; PARKWAY PLAZA 18; POWAY 10; RANCHO DEL REY 16; RANCHO SAN DIEGO 15; SAN MARCOS 18; SANTEE DRIVE IN; TOWN SQUARE 14; VISTA VILLAGE)

MOVIE SHOWTIMES

Call 444-FILM or the theater for missing information. Bargain showtimes are in parentheses.

CENTRAL CLAIREMONT

Town Square 14
4665 Clairemont Drive (858-274-1234)
The Ant Bully (PG) Fri.,-Sun. (11:30, 2:05) 4:35, 7:15, 9:40; **Cars** (G) Fri.,-Sun. (12:10) 4:20; **Clerks II** (Not Rated) Fri.,-Sun. (11:40, 2:25) 4:45, 7:50, 10:10; **The Devil Wears Prada** (PG-13) Fri.,-Sun. (12:05, 2:35) 5:15, 7:55, 10:25; **John Tucker Must Die** (PG-13) Fri.,-Sun. (11:55, 2:10) 4:40, 7:40, 9:50; **Lady in the Water** (PG-13) Fri.,-Sun. (11:50, 12:30, 2:20) 4:25, 5:05, 6:55, 7:35, 9:30, 10:05; **Miami Vice** (R) Fri.,-Sun. (12:15, 12:40) 4:15, 4:50, 7:10, 7:45, 10:00, 10:35; **Monster House** (PG) Fri.,-Sun. (11:45, 2:15) 4:30, 7:25, 9:35; **My Super Ex-Girlfriend** (PG-13) Fri.,-Sun. (12:25) 5:00, 7:30, 9:45; **Pirates of the Caribbean: Dead Man’s Chest** (PG-13) Fri.,-Sun. (12:00, 3:30) 7:05, 10:20; **Scoop** (PG-13) Fri.,-Sun. (11:35, 2:30) 5:10, 8:00, 10:30; **Superman Returns** (PG-13) Fri.,-Sun. 7:00, 10:15; **You, Me and Dupree** (PG-13) Fri.,-Sun. (12:35) 4:55, 7:20, 9:55

DOWNTOWN

Gaslamp 15
701 Fifth Avenue (619-232-0400)
Cars (G) Fri.,-Sun. (12:55, 3:40) 7:20, 10:00; **Clerks II** (Not Rated) Fri.,-Sun. (12:45, 1:45, 3:10) 4:10, 5:40, 7:10, 8:10, 9:45, 10:35; **The Da Vinci Code** (PG-13) Fri.,-Sun. (12:35, 3:50) 7:05, 10:10; **The Devil Wears Prada** (PG-13) Fri.,-Sun. (1:55) 4:35, 7:35, 10:15; **John Tucker Must Die** (PG-13) Fri.,-Sun. (12:50, 1:50, 3:05) 4:05, 5:30, 7:00, 7:45, 9:30, 10:20; **Lady in the Water** (PG-13) Fri.,-Sun. (12:30, 1:30, 2:30, 3:00) 4:20, 5:05, 5:45, 7:00, 8:30, 9:40, 10:40; **Over the Hedge** (PG) Fri.,-Sun. (1:00,

3:20) 5:35, 8:00, 10:05; **A Prairie Home Companion** (PG-13) Fri.,-Sun. (2:00) 4:50, 7:40, 10:25; **Scoop** (PG-13) Fri.,-Sun. (2:05) 4:40, 7:25, 9:55; **You, Me and Dupree** (PG-13) Fri.,-Sun. (12:40, 1:40, 3:15) 4:15, 5:50, 7:15, 8:25, 9:50

Horton Plaza 14
Horton Plaza (619-444-FILM)
The Ant Bully (PG) Fri. (10:05, 12:25, 2:35, 4:55) 7:05, 9:20 Sat.,-Sun. (10:05, 12:25, 2:35) 4:55, 7:05, 9:20; **The Break-Up** (PG-13) Fri. (10:55, 1:30, 4:20) 6:55, 9:30 Sat.,-Sun. (10:55, 1:30) 4:20, 6:55, 9:30; **Click** (PG-13) Fri. (10:45, 1:25, 4:15) 7:30, 10:25 Sat.,-Sun. (10:45, 1:25) 4:15, 7:30, 10:25; **Little Man** (PG-13) Fri. (10:15, 12:40, 3:05, 5:25) 8:00, 10:20 Sat.,-Sun. (10:15, 12:40, 3:05) 5:25, 8:00, 10:20; **Miami Vice** (R) Fri. (10:00, 10:50, 1:00, 1:50, 4:05, 4:50) 7:00, 7:50, 10:00, 10:50 Sat.,-Sun. (10:00, 10:50, 1:00, 1:50) 4:05, 4:50, 7:00, 7:50, 10:00, 10:50; **Monster House** (PG) Fri. (9:55, 10:30, 12:20, 12:50, 2:40, 3:10, 5:00, 5:30) 7:15, 7:45, 9:40, 10:10 Sat.,-Sun. (9:55, 10:30, 12:20, 12:50, 2:40, 3:10) 5:00, 5:30, 7:15, 7:45, 9:40, 10:10; **My Super Ex-Girlfriend** (PG-13) Fri. (10:10, 12:30, 2:55, 5:15) 7:35, 9:55 Sat.,-Sun. (10:10, 12:30, 2:55) 5:15, 7:35, 9:55; **Nacho Libre** (PG) Fri. (10:20, 12:35, 2:50, 5:10) 7:25, 9:45 Sat.,-Sun. (10:20, 12:35, 2:50) 5:10, 7:25, 9:45; **Pirates of the Caribbean: Dead Man’s Chest** (PG-13) Fri.,-Sun. (11:30, 12:15, 3:15, 3:45) 6:45, 7:20, 10:05, 10:35; **Superman Returns** (PG-13) Fri.,-Sun. (11:45, 3:20) 6:40, 10:15; **X-Men: The Last Stand** (PG-13) Fri. (11:00, 1:35, 4:10) 7:10, 9:50 Sat.,-Sun. (11:00, 1:35) 4:10, 7:10, 9:50

LA JOLLA

La Jolla 12
8657 Villa La Jolla Drive (858-558-2262)
The Ant Bully (PG); **Cars** (G); **Clerks II** (Not Rated); **Click** (PG-13); **The Devil Wears Prada** (PG-13); **John Tucker Must Die** (PG-13); **Lady in the Water** (PG-13); **Miami Vice** (R); **Monster House** (PG); **My Super Ex-Girlfriend** (PG-13); **Pirates of the Caribbean: Dead Man’s Chest** (PG-13); **Su-**

perman Returns (PG-13); **You, Me and Dupree** (PG-13)

La Jolla Village
8879 Villa La Jolla Drive (619-819-0236)
An Inconvenient Truth (PG) Fri. (2:20, 4:50) 7:20, 9:50 Sat.,-Sun. (11:50) 2:20, 4:50, 7:20, 9:50; **A Prairie Home Companion** (PG-13) Fri. (2:00, 4:30) 7:00, 9:30 Sat.,-Sun. (11:30) 2:00, 4:30, 7:00, 9:30; **A Scanner Darkly** (R) Fri.,-Sun. 10:00; **Scoop** (PG-13) Fri. (2:10, 4:40) 7:10, 9:40 Sat.,-Sun. (11:40) 2:10, 4:40, 7:10, 9:40; **Wordplay** (PG) Fri. (2:30, 5:00) 7:30 Sat.,-Sun. (12:00) 2:30, 5:00, 7:30

MIRA MESA

Mira Mesa 18
10733 Westview Parkway (858-635-7700)
Call theater for program information

MISSION VALLEY

Fashion Valley 18
7037 Friars Road (858-558-2262)
The Ant Bully (PG); **Cars** (G); **Clerks II** (Not Rated); **Click** (PG-13); **The Devil Wears Prada** (PG-13); **John Tucker Must Die** (PG-13); **Lady in the Water** (PG-13); **Little Man** (PG-13); **Miami Vice** (R); **Monster House** (PG); **My Super Ex-Girlfriend** (PG-13); **Pirates of the Caribbean: Dead Man’s Chest** (PG-13); **Scoop** (PG-13); **Superman Returns** (PG-13); **You, Me and Dupree** (PG-13)

Mission Valley 20
1640 Camino Del Rio North (858-558-2262)
The Ant Bully (PG); **The Break-Up** (PG-13); **Cars** (G); **Clerks II** (Not Rated); **Click** (PG-13); **The Devil Wears Prada** (PG-13); **John Tucker Must Die** (PG-13); **Lady in the Water** (PG-13); **Little Man** (PG-13); **Miami Vice** (R); **Monster House** (PG); **My Super Ex-Girlfriend** (PG-13); **Pirates of the Caribbean: Dead Man’s Chest** (PG-13); **Scoop** (PG-13); **Superman Returns** (PG-13); **You, Me and Dupree** (PG-13)

Mission Valley 7
7510 Hazard Center Drive (619-685-2841)

Arthur’s Missing Pal (Not Rated) Sat.,-Sun. 10:00; **Clerks II** (Not Rated) Fri.,-Sun. 10:30 (1:00, 3:30) 6:00, 8:15, 10:45; **The Devil Wears Prada** (PG-13) Fri.,-Sun. 10:15 (12:45, 3:15) 5:45, 8:15, 10:45; **Lady in the Water** (PG-13) Fri. (2:00, 4:30) 7:15, 10:00 Sat.,-Sun. 11:15 (2:00, 4:30) 7:15, 10:00; **Luna de Avelaneda** (Not Rated) Fri.,-Sun. 10:45 (1:45, 4:45) 7:45, 10:45; **Monster House** (PG) Fri.,-Sun. (10:00, 12:30, 3:00) 5:30, 8:00, 10:30; **My Super Ex-Girlfriend** (PG-13) Fri.,-Sun. 10:00 (12:15, 2:45) 5:15, 7:30, 9:45; **Pirates of the Caribbean: Dead Man’s Chest** (PG-13) Fri.,-Sun. 11:45 (3:15) 7:00, 10:30

STATE UNIVERSITY

Cinerama 6
5831 University Avenue (619-287-8990)
Lady in the Water (PG-13) Fri.,-Sun. (12:00, 2:40) 5:10, 7:45, 10:15; **Little Man** (PG-13) Fri.,-Sun. (12:15, 2:30) 5:00, 7:30, 9:55; **Miami Vice** (R) Fri.,-Sun. (12:45, 3:40) 7:10, 10:10; **Monster House** (PG) Fri.,-Sun. (12:10, 2:25) 4:55, 7:25, 9:40; **My Super Ex-Girlfriend** (PG-13) Fri.,-Sun. (12:25, 3:00) 5:15, 7:40, 9:50; **Pirates of the Caribbean: Dead Man’s Chest** (PG-13) Fri.,-Sun. (12:35, 3:45) 7:00, 10:20

Ken
4061 Adams Avenue (619-819-0236)
Lady Vengeance (R) Fri. 7:00 Sat.,-Sun. (2:05) 7:00; **Strangers with Candy** (R) Fri.,-Sun. (4:45) 9:40

UPTOWN

Cinema Under the Stars
4040 Goldfinch Street (619-295-4221)
Sea of Love (R); **Suspicion**
Hillcrest Cinemas
3965 Fifth Avenue (619-819-0236)
The Heart of the Game (PG-13) Fri. (1:50, 4:35) 7:20, 9:55 Sat.,-Sun. (11:05) 1:50, 4:35, 7:20, 9:55; **An Inconvenient Truth** (PG) Fri. (2:00, 4:45) 7:30, 10:05 Sat.,-Sun. (11:15) 2:00, 4:45, 7:30, 10:05; **Peaceful Warrior** (PG-13) Fri. (1:30, 4:15) 7:00, 9:45 Sat.,-Sun. (10:45)

1:30, 4:15, 7:00, 9:45; **A Scanner Darkly** (R) Fri. (1:40, 4:25) 7:10, 9:35 Sat.,-Sun. (10:55) 1:40, 4:25, 7:10, 9:35; **Who Killed the Electric Car?** (PG) Fri. (2:10, 4:55) 7:40, 10:15 Sat.,-Sun. (11:25) 2:10, 4:55, 7:40, 10:15

Reuben H. Fleet Science Center
1875 El Prado, Balboa Park (619-238-1233)
Deep Sea 3D (G) Fri. 11:00, 1:00, 3:00, 5:00, 9:00 Sat.,-Sun. 10:00, 11:00, 1:00, 3:00, 5:00, 7:00; **Greece: Secrets of the Past** (Not Rated) Fri. 12:00, 2:00 Sat.,-Sun. 12:00, 2:00, 6:00; **Island of the Sharks** (Not Rated) Fri. 7:00; **Mysteries of Egypt** (Not Rated) Fri. 6:00; **Wired to Win: Surviving the Tour de France** (Not Rated) Fri.,-Sun. 4:00, 8:00

EAST COUNTY

EL CAJON

Parkway Plaza 18
405 Parkway Plaza (619-401-3456)
The Ant Bully (PG) Fri. (10:05, 11:25, 12:30, 2:00, 2:55, 4:40, 5:20) 7:45, 10:10 Sat.,-Sun. (10:05, 11:25, 12:30, 2:00, 2:55) 4:40, 5:20, 7:45, 10:10; **Cars** (G) Fri. (10:10, 1:05, 4:10) 7:00, 10:15 Sat.,-Sun. (10:10, 1:05) 4:10, 7:00, 10:15; **Clerks II** (Not Rated) Fri. (11:40, 2:15, 4:45) 7:15, 9:45 Sat.,-Sun. (11:40, 2:15) 4:45, 7:15, 9:45; **Click** (PG-13) Fri. (10:30, 1:15, 4:05) 6:45, 9:30 Sat.,-Sun. (10:30, 1:15) 4:05, 6:45, 9:30; **The Devil Wears Prada** (PG-13) Fri. (10:45, 1:35, 4:25) 7:20, 10:05 Sat.,-Sun. (10:45, 1:35) 4:25, 7:20, 10:05; **Free Family Film Festival** Tue.,-Wed. (10:00); **John Tucker Must Die** (PG-13) Fri. (10:00, 12:20, 2:40, 5:00) 7:20, 9:40 Sat.,-Sun. (10:00, 12:20, 2:40) 5:00, 7:20, 9:40; **Lady in the Water** (PG-13) Fri. (11:30, 2:10, 5:00) 7:10, 7:45, 9:50, 10:30 Sat.,-Sun. (11:30, 2:10) 5:00, 7:10, 7:45, 9:50, 10:30; **Little Man** (PG-13) Fri.,-Sun. (10:50, 1:20, 3:50) 6:30, 9:00; **Miami Vice** (R) Fri. (10:15, 10:35, 1:20, 1:40, 4:25, 4:45) 7:30, 7:50, 10:35, 10:55 Sat.,-Sun. (10:15, 10:35, 1:20, 1:40) 4:25, 4:45, 7:30, 7:50, 10:35, 10:55; **Monster House** (PG) Fri. (11:15, 12:05, 1:50, 2:35, 4:30, 5:10) 7:00, 7:35, 9:30, 10:05 Sat.,-Sun.

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LA SEMANA EN ESPAÑOL

san diego



Desprotegidos

América Barceló-Feldman
Diario San Diego

Los vecinos del lugar están cansados de ver como la familia abusa del pobre anciano que no puede valerse por sí mismo, todos los días ven como se queda solo por horas sin que nadie le acerque ni un vaso de agua.

El enojo y la frustración se hace más latente cuando por fin las autoridades se aparecen después de recibir un gran cúmulo de quejas.

Los abusos son más tan-

gibles en los asilos donde las personas de la tercera edad sufren porque los dejan horas sin atención, sin comida, sin darles agua y sufriendo por las inclemencias del tiempo.

Según el Servicio de Protección Adultos de San Diego casi mil casos de abusos son reportados cada mes en el condado, el año pasado esa agencia investigó nueve mil 117 casos.

Las personas de la tercera edad son víctimas de crímenes económicos o fraudes y abusos físicos.

región



Aprovechan

Unos treinta agentes policíacos mexicanos fueron parte del entrenamiento anual que ofrece el Buró Federal de Investigaciones (FBI).

La división de la agencia federal en San Diego otorga capacitación a las corporaciones policíacas de México a través del programa de Entrenamiento para Agentes de la Ley Mexicanos y Americanos (MALLE en inglés).

Los policías mexicanos que trabajan en la fronte-

ra recibieron instrucción especializada de agentes especiales del FBI, quienes comparten las tácticas usadas por la agencia norteamericana.

Los treinta agentes acudieron como invitación del FBI con todos los gastos pagados por la agencia federal.

Los oficiales mexicanos recibieron entrenamiento para recuperar evidencia, obtención de huellas digitales y arresto de sospechosos.

deportes

Super deportes



Van por la Copa

Los Diablos Rojos del Toluca consiguieron una ligera ventaja de 1-0 sobre los Tuzos del Pachuca en el juego de "ida", de la final de la Copa Campeón de Campeones 2005-2006, gracias a la anotación del argentino Bruno Marioni.

El director técnico argentino, Américo Gállego, se mostró contento por la ventaja conseguida, sin embargo, lo que más le agradó fue la forma en que el equipo dominó al cuadro hidalguense.

El argentino Bruno Marioni se estrenó como goleador ya vistiendo la camiseta escarlata al anotar el único gol del partido al minuto luego de un tiro de esquina por el sector izquierdo que cabeceó a segundo poste al ganarle el salto a los defensas mineros.

El partido que decidirá al Campeón de Campeones del fútbol mexicano se efectuará este domingo en el estadio de los Tuzos de Pachuca.

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Reina la belleza

La joven Miss Puerto Rico, Zuleyka Rivera Mendoza, se alzó como la nueva Miss Universo 2006 en el evento celebrado el domingo pasado en el Auditorio Shrine de Los Ángeles, California.

A sus 18 años, la joven nacida en Salinas rompió el empate entre su país y Venezuela como los que más veces consiguieron la corona de toda Latinoamérica.

Puerto Rico consigue así la corona en cinco ocasiones en los 55 años de historia de este concurso de belleza.

El mayor número de triunfos aún lo ostenta Estados Unidos con un total de siete ganadoras a lo largo de la historia de Miss Universo.

Rivera era una de las concursantes más jóvenes y comentó que le gustaría ser actriz, ya que es "un campo que siempre me ha llamado mucho la atención".

No obstante, durante el próximo año la puertorriqueña deberá dedicarse a tareas de carácter humanitario y a promocionar otros concursos de belleza en todo el mundo como obligaciones que tiene la dueña de la corona.

Rivera, junto a la paraguaya Lourdes Arévalos, fueron las únicas representantes latinoamericanas entre las cinco más hermosas, acompañadas de las representantes de Suiza, Japón y Estados Unidos.



Cavan su tumba

Omar Millán González

Diario San Diego

Hay un gran silencio aquí. Las botellas de suero, zapatos y ropa colgada sobre unas plantas llamadas Ocotillos son los restos petrificados de inmigrantes que cruzaron por esta zona. El aire es denso, la luz es tanta que ciega y el calor alcanza los 43 grados centígrados cuando apenas son las 10:30 horas.

Esta sierra desértica está considerada la segunda posición mundial más hostil a la vida humana, sólo después del Sahara; la depresión geográfica y zona serrana alcanzan en el verano hasta los 53 grados centígrados.

En los últimos cinco años han muerto 430 inmigrantes en esta área; prácticamente murieron carboni-

zados por el intenso calor. El desierto fue su trampa mortal y su tumba.

Aun así la ruta la siguen utilizando traficantes de indocumentados, conocidos como "coyotes" o "polleros". Sólo de enero a julio de este año el grupo Beta ha rescatado en la zona a 81 migrantes.

"Son zonas geográficamente muy accidentadas y es común que los 'coyotes' dejen a las personas que se fracturan o los que se les enferman en el camino", aseguró el médico José Luis Hernández, coordinador del grupo Beta Tecate, que ha rescatado este año a 341 migrantes.

Actualmente el grupo Beta de Mexicali tiene sólo seis agentes para vigilar 160 kilómetros que abarcan su jurisdicción.



Ya déjenlo

Abraham Nudelstejer

Diario San Diego

Es muy fácil hacer leña del árbol caído, léase en este caso Ricardo La Volpe.

El ex entrenador de la selección mexicana de fútbol no se la acaba.

De mentiroso y manipulador no lo bajan.

Es cierto que el argentino cometió excesos y en muchas ocasiones su ego lo llevó a decir y hacer cosas ridículas.

Ahora los aficionados y la prensa le están pasando la factura de sus desplantes y no falta quien lo califique hasta de loco.

A fe de ser sinceros, La Volpe se ganó a pulso todos los calificativos que le están lloviendo.

Ya quedan muy pocas

personas que tratan de defender a La Volpe pero debo confesar que yo me encuentro entre ellos.

No voy a justificar el paso fugaz del tricolor en la Copa del Mundo, lo que quiero es poner en perspectiva el lado positivo de un hombre que en estos momentos vive el momento más difícil en su carrera profesional.

La gran cualidad que veo en Ricardo La Volpe es la pasión que tiene por trabajar con jugadores jóvenes.

Es cierto que La Volpe tiene mal carácter y es prepotente pero eso no le resta el gran trabajo y la confianza que siempre ha brindado a los jugadores jóvenes mexicanos.

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Koch Membrane Systems is seeking highly motivated, high-energy individuals who want to become active participants in the drive to be a world-class company. We are hiring for the following positions at our manufacturing plant located in Scripps Ranch.

PRODUCTION WORKERS \$500 Starting Bonus for all Production Workers!

(There is a 10% differential for 2nd shift and a 20% differential for 3rd shift.)

Immediate openings for
**Packagers, Preppers, Wet Testers,
Brine Sealers and Rollers**

Requirements:

Candidates should have good math skills, be able to lift 40 pounds, and be willing to stand all day. These positions are full-time but will initially be payrolled through an agency during an introductory period.

Machine Operator/ Castor/Coater (3-4-4-3 shifts)

Immediate opening for experienced Machine Operators in our Membrane Manufacturing Department. Duties include setting up and operating machines for coating and/or casting membranes. Under supervision, make adjustments to chemicals, temperatures, etc., to maintain membrane parameters. Drain, clean, and refill chemical troughs as necessary. Qualified candidate will have a high school diploma or equivalent (GED) and knowledge of Web processing machine operation a plus.

3 Manufacturing Technicians (3-4-4-3 shifts)

Able to accurately enter data into Excel spreadsheet, perform titrations, read meters, general lab experience.

Koch Membrane Systems offers an excellent benefits package including a matching 401(k) plan.

Please fax résumé to KMS at: 858-635-1009, fill out an application at: 10054 Old Grove Road, San Diego, CA 92131,

or e-mail: jastigall@kochmembrane.com

For more information about the company, please visit our website: www.kochmembrane.com

EOE M/F/D/V

CAREGIVERS. Home Instead Senior Care needs cheerful, dependable people to help seniors stay at home with our non-medical home care services. Competitive pay/training. Flexible hours. Great benefits. Sign-on bonus. Central/East: 619-460-6222. South Bay/Coastal: 858-277-3722.

CAREGIVERS. Immediate openings: Hourly, Live-in, Nights. Cheerful, compassionate Companions/HHAs/CNAs to assist seniors in-home. Minimum 1-year experience. Premium pay/bonuses/benefits, 24-hour office support. Flexible assignments. Age Advantage, 619-660-8881.

CAREGIVERS. Make a difference! Caregivers say, "I Agency to work for!" At Comfort Keepers, you will be appreciated! Top pay and hours, health, dental, vision, 401(k) available, cash prizes for good work, added training and in-services. Needed now: live-ins, weekends, nights-- immediate openings. Requires valid California driver's license, vehicle registration, and insurance, one year paid elder caregiving experience. Live-ins desperately needed. Call now: Comfort Keepers, 619-795-6036 or 760-598-3400.

CAREGIVERS. We need you! Hourly, all shifts: Live-in -ask about our bonus. Full/part time. We offer: Weekly pay, medical/dental, vision, 401k, life insurance, ongoing training, 1 year verifiable home care (preferable elder care), valid DMV/insurance. LivHome: San Diego, 619-544-1622; North county: 760-737-2907. Fax: 619-544-1836. www.livhome.com

CAREGIVERS/NORTH COUNTY. Qualified, compassionate Caregivers. CNAs: Come work 1 on 1 for seniors in their homes. Competitive salary, benefits, flexible. Paid training. North County. In-Home Care: 760-740-9932.

CAREGIVERS needed immediately. 1 year experience. All shifts available. Hourly and live in. Call Assertive Home-care Services, 3774 Grove Street, Suite K-2, Lemon Grove. 619-466-6890.

CARPET CLEANER TECHNICIANS. \$500 Hire-on bonus! Stanley Steemer, San Diego's #1 carpet and upholstery cleaner, is hiring now, full or part time! No experience necessary! Full-time \$8-\$17/hour earning potential. Great benefits for full-time employees. Training and supplies provided. Company gym and free

breakfast every morning. Also hiring Warehouse Personnel and Stockers. Hurry, come in to apply and interview today! Human Resources, 9655 Via Excelencia, San Diego, CA 92126. (Exit Miramar Road West off I-15, turn right on Kearny Villa, right on Candida and head down the hill.) Questions? 858-271-9988 x162 or x160. EOE. Drug/smoke-free environment.

CASHIER/BOOTH/TRAFFIC DIRECTOR. Fun and rewarding jobs at Viejas Casino! Flexible schedule and advancement opportunities! \$8/hour. Apply at www.sunsetparking.com or call 760-753-4004 x333.

CERTIFIED FORKLIFT OPERATORS. Chula Vista. Temp-to-hire. Certification required. Must be reliable! \$9/hour. Ultimate Staffing Services. For fastest consideration, e-mail: lajolla@ultimatestaffing.com. Fax: 858-625-2026. Call 858-625-2025.

CHILD CARE COUNSELORS. Work with SED adolescent girls in a residential treatment facility in Spring Valley. BA/BS preferred. Competitive salary, benefits, EOE. Fax resume, Attn: Tabbie, 619-463-5242; e-mail, hr@newalternatives.org.

CHILD CARE. Family Caregivers, Elder-care and Drivers. Also, immediate openings for first-time and experienced CNAs/CHHAs. Great pay! New-hire bonus! Provide nonmedical, in-home help for seniors, children, and disabled. New 12-and 24-hour shifts! Training. Flexible schedules, benefits, retirement, child-care, dependent care. Awarded one of top 50 women-owned businesses in San Diego by San Diego Business Journal. At Your Home Familycare. E-mail: homecarejobs@atyourhomefamilycare.com. Call toll free: 1-877-903-JOBS.

CHILDCARE. Fun Babysitter needed in Cardiff mid-day Mondays and Wednesdays plus Friday mornings starting mid-August, 6-month-old and 2-1/2-year-old cuties. Experience preferred, references required. Must speak English. 760-473-1470.

CLASSROOM AIDES. Work with developmentally disabled children in a nonpublic school. Experience preferred. Allied Gardens, Chula Vista, La Mesa. Monday-Friday, 7:30am-1pm. \$8.75/hour to start, depending on experience. EOE. www.vistahill.org. E-mail: steinjobs@vistahill.

org. Fax resume: 619-281-0453. EOE. Apply weekdays, 9am-4pm: Stein Education Center, Attention: HR, 6145 Decena Drive, San Diego CA 92120.

CLERICAL. Bilingual clerical, full time, Monday-Friday. Must be detail oriented, have excellent written and verbal communication skills, ability to function independently and take initiative, friendly atmosphere, busy office phones, excellent benefits. \$9-\$10.50/hour. Fax resume: Yvette 619-615-0898.

CLERICAL. Litigation support company seeks an organized, detailed person with excellent customer service skills. Data entry experience a plus. Call 619-839-3400 or fax resume 619-839-3414.

CLINICAL SUPERVISOR. Exciting opportunity for licensed MFT or LCSW with 2+ years experience. Able to supervise interns. Experience working with SED high-risk youth, families' require 40 hours/week. MHS, Inc. is an EOE, offers excellent benefits/competitive salaries. Resume and cover letter to famfor-admin@mhinc.org or fax 619-220-0437.

CNA/CHHA. Immediate openings for first-time and experienced CNAs/CHHAs. Also hiring Family Caregivers, Childcare, Eldercare and Drivers. Great pay! New-hire bonus! Provide nonmedical, in-home help for seniors, children, and disabled. New 12-and 24-hour shifts! Training. Flexible schedules, benefits, retirement, childcare, dependent care. Awarded one of top 50 women-owned businesses in San Diego by San Diego Business Journal. At Your Home Familycare. E-mail: homecarejobs@atyourhomefamilycare.com. Call toll free: 1-877-903-JOBS.

CNA/HHA, Aides and CNA/Nursing students. Experienced Caregivers to assist Seniors in their home. 4-12 hour shifts and Live-in positions. Medical/dental insurance. Top pay, EOE. AALL Care In-Home Services. North County, 760-471-7033. San Diego: 619-297-9601.

CNAs, HOUSEKEEPER, DIETARY. We offer great benefits, educational reimbursement, student loan payback programs and 401(k). Please contact Connie Garcia at HCR Manor Care, 944 Regal Road, Encinitas CA 92024. Call 760-944-0331, fax 760-933-1674 or apply online at www.hcr-manorcare.com.

COLLECTIONS. 20-year-old fundraising company. Help collect unpaid charitable donations by telephone. 20%-35% commission. Part-time evenings or full-time days. Call today! La Mesa: 619-667-7001.

COLLECTIONS. Full/part time. Weekdays, 9am-5pm. Mission Valley. Business accounts, legal support. Experience or will train. Bilingual a plus. Salary plus medical/dental for dependable/aggressive individuals. 619-260-2654; fax: 619-692-9800.

COLLECTIONS. Call today: start tomorrow. Career opportunity in a fun, positive atmosphere with great pay and benefits. No experience necessary. Will train. For consideration, call 858-577-2301 or e-mail sandiegohr@gcserv.com or fax resume to: 858-577-2353. Visit www.gcserv.com/Career/resumeNext.asp?JobID=126.

COLLECTORS. Commercial agency seeking aggressive, experienced, bilingual Collectors. Strong background, good commissions paid. Experience is a must. Call Ron, 619-681-1101 x104.

COLLECTORS/SKIP TRACER. Our most valuable assets are our employees! Experienced Bill Collectors and Skip Tracers wanted immediately. Credit Solutions Corporation is a financial services company that specializes in purchasing defaulted retail debt, i.e. credit cards, auto deficiencies, etc. Qualified candidates will have: call center experience in collection. Be a good listener with strong negotiating skills. Be goal oriented-income, promotion or both. We offer excellent compensation! Salary DOE plus top commissions. Quarterly bonus-up to \$7,000.00 per quarter. Benefits: paid holidays; 2 weeks paid vacation; paid medical, dental and vision; 401(k). We train and promote from within, fast track to management. Qualified candidates please call Bonni Cutler at 888-234-9691. Fax resume Attention: Bonni Cutler 858-650-0814. email: cutbon@creditsolutionscorp.com.

CONCERNED ABOUT BALDNESS? Have thinning or balding on the back of the scalp? Men with male pattern baldness are needed for a clinical research study involving a new investigational hair growth product. You may be eligible if you: Are between 18 and 55 years old and are in good health, have thinning (balding) in the back of the scalp, have not used Minoxidil within 6 months, have not used Propecia within 12 months. For more information or to schedule an appointment, please call: 858-571-6800 or e-mail hair@therapeuticsresearch.com. Therapeutics Clinical Research.

CONSTRUCTION APPRENTICE. Earn while you learn! Associated Builders and Contractors of San Diego has immediate openings in its Sheet Metal, Electrical and Electronic Systems Tech Trades. High

school diploma or GED and drug test required. No experience necessary. Great wages, paid training, health benefits. EOE. M/F. www.abcsd.org. To apply, call Monday-Friday, 858-513-4700.

CONSTRUCTION. Go-Staff has various and immediate long-term positions. Full benefits immediately. 401(k) after one year. Earn up to \$23/hour! San Diego/Imperial County. 858-292-8562; Riverside/Orange County, 951-760-7100. E-mail help@gostaff.com or apply online, www.gostaff.com.

CONSTRUCTION. Team Fishel, underground utility contractor, needs Laborers, Backhoe Operators, Class A Drivers. Excellent benefits. Call Esther: 760-967-6930; or apply: 8715 Miramar Place, San Diego, CA 92121.

CONSTRUCTION/REMODEL. Local Home Remodeling Company is seeking experienced/skilled Electricians, Plumbers, Drywallers and Laborers. Interested applicants please fax resume to 619-946-4364 or call 619-271-5864.

COOK. Weekend cook, Atria Encinitas. Call 760-436-6955 or fax resume to 760-436-9469.

COOKS. Phil's BBQ is hiring experienced Grill and Fry Cooks (no server positions). Benefits available. Apply in person: Tuesday-Sunday at 4030 Goldfinch Street. San Diego 92103.

CORPORATE PARTIES/Events. Fun working environment! Interactive game rental company hiring staff for corporate parties and events. Will train. Very flexible schedule. \$9-\$10/hour to start. Fill out application and for more information: www.partyals.com/job.html. 858-622-6613.

CORRECTIONAL DEPUTY PROBATION Officer I. County of San Diego Probation Department now hiring. Test Date: August 12, 2006, 8am. Montgomery Middle School, 2470 Ulric Street, San Diego 92111. Must be 21 years, good physical condition, no illicit drug usage. U.S. citizen or becoming a citizen. Pass criminal and personal background investigation. No felony convictions. High school diploma or GED. \$32,885-\$41,954/year. www.sdcounty.ca.gov/probation. Jobline: 858-514-8558.

COSMETOLOGY INSTRUCTORS needed for three established Cosmetology schools in San Diego. Positions available for current California licensed Cosmetologists and Estheticians; certified Massage Therapists and Holistic Health Practitioners. Paid training. Day and evening schedules. Salary plus benefits. Minimum

3 years combined school and work experience required. Call Patricia: 858-748-1490.

COUNSELOR. Drug and alcohol counselor. Seeking enthusiastic, self-motivated individual with CAADAC, CAADE, and/or CATC licensing for demanding juvenile probation caseload. NAI is an EOE with competitive salary/benefits package. Fax resume to William, 858-694-4761; e-mail hr@newalternatives.org.

COUNSELOR. Mental health, exciting full-time opportunity working with SED, high-risk youth/families. BA in psychology or related and minimum 1 year experience working with people required. Bilingual preferred. MHS, Inc. is an EOE, offering excellent benefits/competitive salaries. Resume/cover letter to famfor-admin@mhinc.org or fax 619-220-0437.

CPR/AED/FIRST AID INSTRUCTOR. Part time. Current Instructor's license required. Bilingual Spanish helpful. Daytime hours, Monday-Saturday starting \$18/hour. Call Mrs. Anderson, 619-445-4569.

CRAFTSMAN, for national remodeling company. Up to \$1200/week, average \$28-\$32/hour. Full time/part time hours. Experience with tools and transportation. South County 619-584-5555, North County 760-607-9977.

CUSTODIAL MANAGER, full time, experience required. Floor cleaning experience a plus. \$29K+/year plus comprehensive benefits and room for advancement. Background check. Fax resume: 562-946-3372.

CUSTODIANS, part time, nights, Reuben H. Fleet Science Center in Balboa Park, \$8/hour. Send cover letter and resume to: hr@rhffleet.org. Fax: 619-685-5771. Mail: 1875 El Prado, San Diego, CA 92101 or visit www.rhffleet.org.

CUSTOMER RELATIONS MANAGER, Reuben H. Fleet Science Center in Balboa Park, \$10/hour. Send cover letter and resume to: hr@rhffleet.org. Fax: 619-685-5771. Mail: 1875 El Prado, San Diego, CA 92101 or visit www.rhffleet.org.

CUSTOMER SALES REP. 35 hours/week. Great training pay! \$13-\$15/hour after training! Experienced with high outbound calling and focus on customer service. Seeking energetic, enthusiastic, driven team members. Strong, growing company. Paid vacations. Benefits included. Media All-Stars, 3055 Rosecrans Place, #102, San Diego, CA. 92110. Diana, 619-326-0231.

CUSTOMER SERVICE REP: Will train an enthusiastic, detail-oriented team player

HELP WANTED



Rookie Managers!

\$30K+ Starting

- Customer Service
- Sales/Marketing
- Leadership
- Warehouse Inventory
- Team Development

No experience necessary.
Bonuses and incentives.
Will train. All positions are full-time.

Paid training from day 1.
Not an agency/No telemarketing.
Call April: 619-427-8289

CAREGIVERS

We need you!

- Hourly (4, 6, 8 & 12 hour shifts) • Live-In – ask about our bonus
- Full- and/or part-time positions available!

We offer: weekly pay with direct deposit available, medical/dental, vision, 401(k), life insurance and ongoing training. **We require:** 1 year of verifiable homecare experience (preferably in eldercare), valid driver's license and proof of insurance desired.



San Diego: **619-544-1622** • North County: **760-737-2907**

Fax: **619-294-3670** • Visit: **www.livhome.com**

CAREERS IN PROBATION

CORRECTIONAL DEPUTY PROBATION OFFICER I

MINIMUM QUALIFICATIONS

- 21 years old • Good physical condition • No illicit drug usage
- U.S. citizen or in process of becoming a citizen
- No felony convictions • High school diploma or GED

SALARY: \$32,884.80-\$41,953.60 ANNUALLY
Safety Retirement - Sworn Officers 3% at age 50.
Bilingual men/women encouraged to apply

Test Date:

August 12, 2006, 8 am

Montgomery Middle School

2470 Ulric Street • San Diego, CA 92111

Maximum 85 applicants. Applications available at the test site.

For additional information, contact the department's

Jobline: 858-514-8558
www.sdcounty.ca.gov/probation

FUNDRAISING



A national Telemarketing firm with 20 years in business, specializing in fundraising for the Democratic Party and charities, is currently hiring Telemarketers for its San Diego center.

- Full-time
- Part-time (evening and Sunday shifts)
- Medical & Dental Insurance
- Paid Training
- 401(k)
- \$8.50/Hour Plus Bonus
- Regular Raises
- Convenient Location

GORDON and SCHWENKMEYER INC.
TELEMARKETING

2221 Camino del Rio South, Suite 201
San Diego, CA 92108

CALL FOR AN INTERVIEW: 619-497-5600

Security Officers Up To \$10.50/Hr.

AlliedBarton Security Services Provides More!

- Medical/Dental/Vision
- 401(k) w/Co. Match
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Candidates must be at least 18 years of age, and have a H.S. diploma/GED and reliable transportation. Drug screen and background investigation required.

Apply:

7670 Opportunity Rd., Suite 210
San Diego

Call 858.874.8200



Apply Online:

www.alliedbarton.com

EOE M/F/D/V

PPO # 15404

with customer service/data entry skills for a fast-paced, multi-tasking litigation support service entry position. Full time, Monday-Friday, 8:30am-5:30pm. Must type 40wpm. \$10 start. 619-260-8224.

CUSTOMER SERVICE REP (part time), \$8.75/hour. One weekend day required. Previous customer service experience required. CSR "Lead" (full time), \$10.25/hour-- requires previous supervisory experience. Located in North County. Must fax resume and application (found online at animalcenter.org): 858-756-7520. EOE.

CUSTOMER SERVICE-SUMMER WORK. \$17.25 base/appointment. Part time, flexible schedule, scholarships/internships available. No experience necessary. North County/La Jolla: 760-942-1223; Central: 619-583-5609; Chula Vista: 619-422-0479.

CUSTOMER SERVICE. Appointment Setting. Up to \$500-\$1000+ weekly! Paid weekly. AM/PM shifts. Full or part time. Medical, dental. Near Grantville trolley station. Call today, start today! Mission Valley: 619-516-4276.

CUSTOMER SERVICE. Full-time, La Mesa. Not Telemarketing! Heavy outgoing phones, data entry, and scanning. Excellent communication skills and basic computer knowledge required. Insurance experience beneficial. Fax resumes to 619-644-3302 or email jobs@financepremium.com or call Phil at 619-697-0235.

CUSTOMER SERVICE/SALES. Seeking highly motivated team player. Entry-level Customer Service and Sales. Hourly wage, benefits and commissions. South Bay location. Bilingual a plus. Apply in person Monday-Friday, 9am-3pm: 6825 Gateway Park Drive, San Diego 92154, or fax resume, 619-429-6850.

CUSTOMER SERVICE/SALES. Executive/Administrative Assistants, Warehouse and Sales positions. \$10-\$25/hour. Employers located throughout San Diego County. Immediate openings! Spherion. Come in or call now! Cheryl: 858-452-2992. Email: cheryllaster-behn@spherion.com.

CUSTOMER SERVICE/SALES: Senior Inside Sales, Mira Mesa Internet Company, \$2500 base or commission. Market Researchers, Downtown, entry-level work, \$10/hour. Clerical, Mira Mesa, \$10-\$12/hour. Accounts Payable, Mission Valley, \$14-\$18/hour. Senior Buyer, Downtown, 5 years experience, \$50-\$60K. Inside Sales, Hillcrest, 3 years OB experience, \$14/hour. Collections, Kearny Mesa or Poway, \$12-\$14/hour. Inventory, Sorrento Valley, \$10-\$12/hour. ABCOW Staffing, 2525 Camino Del Rio South, Suite 125, San Diego, CA 92108. 800-690-8367. webber@abcow.com.

CUSTOMER SERVICE: Inbound and out-bound. Multiple openings! Long term and Temp to hire opportunities. \$10-\$16/hour. DOE. Bonuses depending on position. First shift and early hours available. Call today, Kelly Services, 858-521-1010.

CUSTOMER SERVICE Representative. Fast pace local office of international franchise. Full-time opening in Mission Valley. Requisites: Strong telephone and customer service skills. Outgoing personality; enjoys working with people. Able to manage small business details. Work independently. Computer skills, 40 wpm. Knowledge of home repair and light remodeling a plus. Competitive wages with benefits and incentive plan available. For immediate consideration call 619-584-5557.

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Universal is hiring Security Pros with fantastic customer service skills.

Clean DMV required for driving jobs.

Great pay and benefits, free training.

Positions in top-notch high-rise buildings San Diego countywide.

Apply M-F 9-4 at:



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Suite 206, San Diego

www.universalpro.com
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\$500 Sign-On Bonus!

Part-time PM shifts (4:15 pm-8:45 pm) with full-time opportunities. Top Reps earn over \$30/hour. No selling involved. Paid training/holidays. Medical/dental/life insurance, 401(k). Great location, close to trolley (Mission Valley location only). Hourly pay plus bonus and weekly pay.

Top Weekly Paychecks:

Jason: \$1347.89 • Theresa \$1125.54 • Barbara: \$978.46 • Cynthia: \$935.89

Apply in person 12-4 pm Monday-Thursday:

Soleil Communications, Inc.

A DIVISION OF THE WELK RESORT
6150 Mission Gorge Road #140, San Diego, CA 92120

Or call to set up an appointment at:

760-497-5291
rfonteneau@welkgroup.com

Resort:

Full-service destination RV resort is currently seeking friendly and qualified applicants for the following positions:



- **Marina Dockhand** (Seasonal)
- **Ice Cream Attendant** (Seasonal & PT)
- **Cashier/Food Server** (Seasonal & PT)
- **Market Clerk/Cashier** (Seasonal & PT)
- **Market Shift Leader** (PT)
- **Janitor** (Seasonal)
- **Shuttle Bus Drivers** (Seasonal)
- **Hospitality Rangers** (Seasonal)
- **Pool Attendants** (Seasonal)

Resort perks include free non-motorized boat rentals and resort discounts!

Please apply: Mon.-Fri., 8 am-noon or 1-5 pm,
2211 Pacific Beach Drive, San Diego, CA 92109
We are located on the beautiful Mission Bay.

Please call our Jobline for changes in available positions.

JOBLINE: 858-581-4208

EOE

Appointment Setter

DO YOU WANT TO EARN \$35/HR.? THEN WE WANT YOU!

AppStar Financial is a fast-paced, energetic company where success is based upon teamwork.

We offer one of the most generous compensation packages of any call center in San Diego.

Hours: 6:30 am-3 pm, with possible flex start time. Top-end producers are earning \$35/hr.; overall average is \$16/hr. including \$9/hr. guaranteed base pay plus weekly bonuses and spiffs. **Paid training.** Paid vacation and great benefits. Immediate hire for the right candidates.



Apply Now!

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Earn \$200K+

in the Mortgage Business
as a Loan Officer!!

Realtors also wanted.

Loan Officers and Realtors wanted for the fastest-growing Mortgage and Real Estate company in downtown San Diego. We supply pre-qualified leads for you to close. We also supply purchase leads directly from our own in-house realtors.

The mortgage business is the fastest-growing industry in the nation. Now be part of a fast-growing company! We are looking for individuals with sales experience who are goal-oriented and success-driven. Mortgage experience a plus, but will train qualified individuals. Call or fax résumé now if you want to make real money in the mortgage business!!

To schedule an appointment call:

Kieran at 619-955-8963

Sean at 619-955-8962

or fax résumé to: **619-955-8984**

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also wanted.
CALL NOW!

Realtors
also wanted.
CALL NOW!



San Diego City Schools

■ POLICE DISPATCHER ■

\$3,231 to \$3,927/mo

(An approximate 5% differential for shift may be added.)

Full benefits (district paid premiums) + PERS, Soc. Sec. retirement + 14 paid holidays + sick leave and vacation. Operates a Computer Aided Dispatch system (CAD) including a voice radio regarding routine and emergency district police services. Employees must be willing to work a rotating schedule to provide night, weekend, and holiday coverage. We currently offer a 3/12 work schedule.

To apply, submit required application forms and detailed resume by 4:30 p.m. on Tuesday, August 15, 2006. To obtain required application forms, call (619) 725-8195, option 0, or visit 4100 Normal Street, Annex 9, San Diego, CA 92103. EOE

www.sandi.net

Loan Officers

\$100,000-\$300,000 (annual potential)

Very competitive splits • Licensed in 42 states

Fresh leads daily

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- ✓ Live calls
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Telemarketers also needed.

Fax résumé to: 619-299-9775

Or e-mail to:
corey.manning@pmfsd.com
619-574-1984



LOAN OFFICERS

Seeking top-producing **Loan Officers** for the fastest-growing mortgage company in San Diego. First Financial provides incoming calls daily, high commission splits, strong in-house processing, and management support.

Licensed in 42 states. In-house escrow. Must have experience. Beautiful penthouse office suite located in Mission Valley. Looking for 3 Top-Producing Closers to take a high number of exclusive calls.



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Over 60 Current Openings

APPLY TODAY, WORK TOMORROW!

Partial List of Openings:

- **Inside Sales Sr.** – Mira Mesa Internet Co., \$2500 base or commission
- **Inside Sales Rep** – Poway, biz-to-biz, up to \$27K base + commission
- **Market Researchers** – Downtown, entry-level work, \$10/hour
- **Senior Buyer** – Downtown, 5 years' experience, \$50K-\$60K
- **Inside Sales** – Hillcrest, 3 Years' OB experience, \$14/hour
- **Collections** – Kearny Mesa or Poway, \$12-\$14/hour
- **Accounts Payable** – Mission Valley, \$14-\$18/hour
- **Inventory** – Sorrento Valley, \$10-\$12/hour
- **Clerical** – Mira Mesa, \$10-\$12/hour

1-800-690-8367

E-mail: webber@abcow.com

ABCOW STAFFING

2525 Camino Del Rio South
Suite 125, San Diego, CA 92108



CUSTOMER SERVICES REPS. Rescue Rooter of San Diego. Requires previous customer service experience and PC proficiency. Strong communication and interpersonal skills a must. Flexible schedule required, 24-hour service center. Medical, vision, dental insurance available. Apply at www.rescueroooterjobs.com or 866-852-5404.

CUSTOMER Service Reps for collections at GC Services. Career opportunity in a fun, positive atmosphere with great pay and benefits. No experience necessary. Will train. For consideration, call: 858-577-2301 or e-mail: sandiegohr@gcserve.com or fax resume to: 858-577-2353. Visit: www.gcserve.com/Career/resumeNext.asp?JobID=126.

DATA ENTRY CLERKS. temporary. Mira Mesa area. Must be 6,000+ ksp on the 10-key, \$10/hour. Ultimate Staffing Services. For fastest consideration, send to resume to: laajolla@ultimatestaffing.com. Fax: 858-625-2026. Phone: 858-625-2025.

DATA ENTRY. Part-time Customer Service and Data Entry positions available. 20+ hours per week. Must have pleasant phone manners, and be able to work weekends. 1 year Customer Service experience with emphasis on heavy phones. 619-702-6067.

DATABASE EDITOR. Work with manufacturer catalogs & price lists to maintain/update both product & price data for electrical/plumbing distributors. High-level detail orientation/strong computer skills required. Carmel Mountain Ranch area. Approximately \$12.50/hour. Full-time

temporary position. Reply with resume: Shirley_Vaughn@TradeService.com.

DEMONSTRATORS, part time. Work public events (home shows, fairs, festivals, etc.) providing information about our products. Hourly plus bonus. Transportation required. Advancement opportunities. Call 858-279-9896.

DENTAL ASSISTANT. Full time position located in Solana Beach. Salary negotiable based on experience. Monday-Friday, 8am-5pm. Fax cover letter with salary requirements to: 858-792-0909.

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CALL TODAY – START TODAY.
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Directory Distributing Associates
 Ref. Job #1229



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Preschool, School-Age and Toddler Teachers

Part-time 3.5 to 6.75 hours per day.

12 ECE (Early Childhood Education) semester units required.

\$12.97-\$14.27 per hour.

12-month positions with paid vacations and paid holidays.

Contact Connie Salgado: (858) 794-7160



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Stanley Steemer, San Diego's #1 carpet and upholstery cleaner, is looking for men and women to work full- or part-time as **Carpet Cleaner Technicians, Stockers and Warehouse Personnel.**

Full-time \$8-\$17/hour earning potential.
 Great benefits for full-time employees. Training and supplies provided.
 Company gym and free breakfast every morning.

Don't miss this opportunity to join a respected and growing company!

Human Resources, 9655 Via Excelencia, San Diego, CA 92126
 (Exit Miramar Road west off I-15. Turn right on Kearny Villa, right on Candida and head down the hill.)
 858-271-9988, ext. 162 or 160

We are proud to be an Equal Opportunity Employer in a drug- and smoke-free environment.



THE SANTALUZ CLUB

The Santaluz Club, an exclusive country club located in the Fairbanks Ranch area, has openings for the following positions:

PASTRY CHEF

Part-time. \$11/hour.

AM LINE COOK

Full-time. \$12/hour.

FOOD SERVICE

Full- and part-time. \$8-\$10/hour plus tips.

Please apply at: santaluzjobs@email.com

fax: (858) 759-4266

For more information, call Sue:

(858) 759-3126

The Santaluz Club offers top compensation and benefits with excellent growth potential in a pleasant drug-free workplace. All full-time employees receive company-paid medical/dental/vision after 90 days of employment.

619-231-0151. Or apply in person 10am-3pm, Tuesday-Thursday: 2333 1st Avenue, Suite 205, San Diego, CA 92101. *Please bring valid fingerprint card, TB test, Social Security card and California ID.

HEALTHCARE. Call Center Operator, Administrative Assistant, Medical Records Tech, Dental Assistant/Registered Dental Assistant, HIV Outreach Worker, Health Educator-HIV, Prenatal Outreach Worker, Women's Health Outreach Worker, Site Assistant, Recreation Assistant, Health Educator-Women's Health, Prevention Specialist. Resume: joinvcc@vistacommunityclinic.org. Fax: 760-414-3702. EOE/M/F/D/V. www.vistacommunityclinic.org.

HEALTHCARE: RNs, LVNs, Aides. Join La Jolla Nurses! Looking for Home Health Aides, ongoing assignments. Also per diem work—you pick the days, hours and shifts! Competitive pay rates, excellent work assignments. Employee-owned agency—you receive shares of company stock free! State-licensed home health agency. Medical, dental and vision benefits; 401(k) plan, referral bonus. La Jolla Nurses HomeCare, 858-454-9339.

HHA/CNA/AIDE and CNA/Nursing students. Immediate openings, North County and San Diego, for experienced Caregivers to assist seniors in their homes. 4-12 hours shifts and Live-in positions. Top pay! Bonuses. Medical/dental insurance. EOE. AALL Care In-Home Services, San Diego: 619-297-9601. North County: 760-471-7033.

HOSPITALITY. Belmont Village is hiring! Receptionist/Concierge. Full-time position available. Fun job! Greet visitors and provide information about our assisted living facility. Answer switchboard. Assist residents with transportation requests. Good phone and customer service skills a must. To apply, call our job hotline: 800-483-2098. Belmont Village Sabre Springs, 13075 Evening Creek Drive South, San Diego, CA 92128. EOE.

HOSPITALITY. Rancho Valencia Resort. Luxury resort in Rancho Santa Fe has job openings for the following: Fine Dining Servers (PM), Bussers, Lead Steward, Dishwashers, Line Cook, Pastry Cook/Chef. Experienced preferred. Good working conditions and benefits. Drug Free Workplace/EOE. Apply in person: 5921 Valencia Circle, Rancho Santa Fe, 92067. Fax resume: 858-756-0165.



Restaurant Bar Manager

Front of House Manager.
Apply in person
12-5 pm daily.
554 4th Ave. • Gaslamp



Research - Field Interviewer Interview People for United States Government- Sponsored Study

RESEARCH TRIANGLE INSTITUTE, a research firm in North Carolina, is seeking field interviewers to interview randomly selected household residents in **San Diego County areas**. The study will start in September and continue through the end of December 2009.

- Evening and weekend hours
- Average 20-25 hours per week with a possibility of up to 40 hours per week
- Paid training (7-8 days)
- Pay range, based on experience, starting at \$12.50*
- Dependable transportation required, mileage reimbursed at .445
- No solicitation involved, although skills gained from previous sales experience work is helpful
- Household interviewing and/or computer experience preferred but not necessary

To express an interest, call toll-free: 1-877-419-1767 and be prepared to enter the following 6-digit code: 214734

*All interviewers will be employed by Headway Corporate Staffing Services, under subcontract to RTI. Headway Corporate Staffing Services is an Equal Opportunity/Affirmative Action Employer.

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- ENGINEERING GENERAL MAINTENANCE (FT)
 - FRONT OFFICE AGENTS (FT)
- HOUSEKEEPING ROOM ATTENDANTS (FT)
 - LAUNDRY WASHER (FT)
 - MAIN KITCHEN COOK III (FT)
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- POOL BAR SERVERS (FT TEMPORARY)
 - STEWARDS (FT)

Apply online at: www.lajolla.hyatt.com
Excellent benefits!

AA/EOE. M/F/D/V

Western Towing is seeking energetic, self-motivated individuals for the following positions:

DISPATCHERS NIGHT SHIFT

Dispatch experience required. Training provided. Qualified candidate should possess excellent written and verbal communication skills, be a multitasker, detail-oriented, and reliable. Experience in Windows is helpful. Knowledge of San Diego area streets preferred.

Fax résumé: 619-295-6892, Attn: Human Resources—Call Center
E-mail: humanresources@westerntowing.com, Subject: Call Center

MECHANIC

Needed to maintain a medium-duty Ford and International fleet. Diesel and gas. Full-service capabilities, troubleshooting, diagnostic for electrical, direct injection and hydraulics.

Call Herb: 619-294-6794

OUTER LOT ATTENDANTS

Full-time. No experience required. Training provided. Qualified candidates should possess excellent communication skills, written and verbal, be able to multitask and be detail-oriented and reliable. Must be punctual and have own transportation. Must be able to work independently. Computer experience is required. Knowledge of inventory control a plus.

Fax résumé: 619-295-6892, Attn: Human Resources—Outer Lot
E-mail: humanresources@westerntowing.com, Subject: Outer Lot

TOW TRUCK DRIVERS

Knowledge of San Diego County roads helpful. Will train. Uniforms provided. Fax résumé and copy of clean DMV record: 619-295-6892, Attn: Human Resources—Driver, or apply in person with the above.



Western Towing offers a comprehensive benefits package including 401(k), medical, dental, life insurance, and more.

To apply in person:
4370 Pacific Highway, San Diego
Drug-free/EOE

Catering/Hotel

Want to attend world class events & get paid for it?

Come work at UCSD Catering & take part in serving great food to diverse crowds.

Our banquet servers must be enthusiastic w/leadership skills & proven exp in table & bar service/banquets/special events/off-premise catering.

Lead Banquet Server, Job #39331.

2 positions open. F/T w/unbeatable benefits including most holidays off. Salary: \$1,800-\$2,052/month.

On-call Banquet Server, Job #39874.

Multiple positions open. P/T (18 hrs/wk). Salary: \$13/hr.

Interview now, start later. Accepting applications for summer &/or fall start. Apply by visiting <http://joblink.ucsd.edu> (reference Job#) or call (858) 822-1827 for application info. Positions open until filled & require background check/valid CA DL w/good driving record. EOE/AEE.



University of California
San Diego

HOSPITALITY: Wesley Palms, senior resort retirement community. Activity Director, activity certification and experience required, salary and great benefits. Lead Restaurant Server, full time with benefits, 11:am-7:30pm, weekends required, experience needed. Please apply at: 2404 Loring Street, San Diego, CA 92109. Donna (HR): 858-581-8569. Fax: 858-581-8630.

HOTEL VIP PROMOTIONS starting now. Oceanside office. Full/part time. Inside promotions openings. Hourly + bonuses. \$12-\$20/hour very achievable. Weekly paycheck. Fun office. Phone Hiring Director: 760-722-4054.

HOTEL. Be a part of a culture that is uniquely local, where team members are the heart of delivering supremely comfortable, vibrant experiences to our guests: Guest Service Agent, Restaurant Cocktail Server, Restaurant Busser, Room Service Captain, Turndown/Room Attendant, Houseperson, Bell Captain, Sales Clerk. Loews Coronado Bay Resort, HR Department, 4000 Coronado Bay Road, Coronado, CA 92118. lcbhr@loewshotels.com. Fax 619-628-5442. Jobline: 619-424-4480. www.Loewshotels.com. DFWP/EOE.

HOTEL. Front Desk, full, part-time, all shifts; and Housekeeping Personnel needed for newly remodeled Mission Bay area hotel. Pacific Coast Inn, 4345 Mission Bay Drive (92109). Call: 619-708-1450.

HOTEL. Hyatt Regency La Jolla now hiring: Accounting Clerk, Bar/Bar Server, Cafe Japengo Cook I, Cafe Japengo Lead Sushi Chef, Cafe Japengo Sushi Chef, Convention Services Floor Houseperson, Engineering General Maintenance, Front Office Agents, Housekeeping Room Attendants, Laundry Washer, Main Kitchen Cook III, Pastry Cook, Pool Bar Servers and Stewards. Excellent benefits. AA/EOE. M/F/D/V. Please apply on-line at www.lajolla.hyatt.com.

HOTEL/RESORT. The Santaluz Club, an exclusive country club in the Fairbanks Ranch area, has openings for the following positions: Part-time Pastry Chef, \$11/hour; full-time AM Line Cook, \$12/hour; full-and part-time Food Servers, \$8-\$10/hour plus tips. The Santaluz Club offers top compensation and benefits with excellent growth potential in a pleasant, drug-free workplace. All full-time employees receive company-paid medical/dental/vision after 90 days if employment.

Apply at santaluzjobs@email.com, fax resume to 858-759-4266, or call Sue at 858-759-3126.

HOUSE CLEANERS. San Diego East County only. Part or full time. Experience preferred. Up to \$300/week. Phone and car necessary. The Clean Giant, 619-463-5169.

HOUSECLEANERS. Full/part time, flexible hours. Must have own car, speak English. Start immediately! Up to \$30K/year. A World Class Cleaning Service, 858-566-4543. www.awccs.com.

HOUSECLEANERS. Weekdays, 8am-5pm. Family-friendly schedule. Great benefits: medical, company car on the job. Uniforms provided. Weekly pay. No experience required. Speak/understand English. Molly Maid East/South County: 619-660-7900; Del Mar and surrounding area: 858-535-9500.

HOUSECLEANING. Flexible hours. Must have car. Immediate work. English speaking. Maid in America Agency. 619-291-5000; 760-434-5150.

HOUSECLEANING. Hate dirt but love people? Merry Maids offers flexible hours, weekly pay, paid mileage. Work in teams. Insured car required. Must be able to speak English. South Coast/all south areas only. 619-336-1612; 619-226-2621.

HOUSEKEEPER. Full-time position. Atria Encinitas. Call 760-436-6955 or fax resume to 760-436-9469.

HOUSEKEEPERS. Housekeepers needed now! Earn up to \$462 weekly after 5 weeks full time. Paid weekly. Part time or full time. Must have own car and home phone. Work near home. Call today, start tomorrow! WorkWithDanas@aol.com. Dana's Housekeeping. San Diego: 619-298-6110. North County: 760-591-9740.

HVAC AND/OR MAINTENANCE Techs. Must be experienced. East County and North County. Fax resume to 888-369-9229 or e-mail wmapplicants@aol.com.

I AM, a caregiver, desiring work. Compassionate relief, short term, overnights. Experienced, references available. 858-581-3164.

INSIDE SALES EXECUTIVES. Homes.com, a leader in real estate Internet technologies, is looking for strong Sales Account Executives to grow business. We are interviewing those who show a high degree of self-confidence, self-motivation and exceptional communication skills. Proven closing abilities a plus. Sell web services and Internet advertising to realtors direct. Full time only. If you are a qualified Salesperson who believes in yourself, quotas will be no problem. We know how to treat our employees: Fun work environment, base salary plus commissions, all benefit included, career opportunities/growth potential. If you're a proven successful Sales Rep, you will want to hang your hat with us for years to come. Send resume to ed@homes.com or call 888-329-7576 x2172.

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INSTRUCTORS: GYMNASTICS, COOKING, Theater/Improv/Comedy, Swing, Sports, Hip-hop, Cheerleading Instructors. Kids 3-12, beginning levels. Experience required. Mobile gym program. Part time. North County. \$15-\$35/class. 760-917-4800.

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JOB COACH/COMMUNITY Training Specialist. \$9/hour to start, depending on experience. Assist developmentally disabled adults in the community. 32.5 hours/week. Benefits. EOE. Apply Monday-Friday, 9am-4pm: Stein Education Center, 6145 Decena Drive, San Diego 92120. E-mail: steinjobs@vistahill.org. Fax: 619-281-0453. www.vistahill.org.

JOB COACHES. Community-oriented, Center for Independent Achievement is seeking dependable individuals in East County. 1:4 group ratio maximum. \$8.50-\$9.50/hour. Annual raises. Bonuses for exceptional performance. Benefits with full-time. pficareer@yahoo.com. Call 619-440-6802, or fax 619-440-6864.

LABORERS. Linen, laundry, sewing for fast-paced, deadline driven event company. Creativity, English/Spanish, detailed, reliable. Apply: Pacific Events, 6989 Corte Santa Fe, San Diego 92121.

LANDSCAPE INSTALLATION Technician. Interior plant care company needs an energetic team player to prep, deliver, install, and maintain plants. Miramar area. Full time. Clean DMV, drug test required. Excellent benefits. Call: 858-689-9161.

LANDSCAPE TURF MANAGER. Turf management/sports field apprenticeship for career-minded self starter. Irrigation experience preferred. 858-270-2273.

LAUNDRY HELPER. Assist with laundry and trash pick-up. Ability to lift 50lbs and work in a fast paced environment. English helpful but not necessary. Apply: California Suites Hotel, 5415 Clairemont Mesa Boulevard.

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We are seeking qualified applicants for the following areas:

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Applicants must have lived legally in the U.S.A. for the last 5 years and must be currently legally eligible to work in the U.S.A. All positions require a pre-employment physical, drug screening, background investigation and other employment conditions. All positions receive additional \$2.87/hour in wages in lieu of benefits. Group health coverage available.

Send résumé to: HR, 220 West C Street, San Diego, CA 92101
Phone: **619-232-9221** • Fax: **619-232-9224**

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- Labor • Home Prep • Customer Service
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Class C drivers must have 1 year of experience, pass drug screen, and be able to read Thomas Guide.

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*Full benefits immediately and 401(k)
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Riverside and Orange Counties **951-760-7100**

Fax: San Diego and Imperial Counties **858-292-0230**
Riverside and Orange Counties **951-760-7101**

E-mail: **Help@gostaff.com**

Apply online: **www.gostaff.com**

Housekeepers Needed Now!

• Earn up to \$462 weekly
after 5 weeks full-time!

• Paid weekly

Part-time or full-time. Must have own car and home phone. Work near home.

Call today,
start tomorrow!
San Diego County:
619-298-6110

North County:
760-591-9740

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FREE GUARD CARD TRAINING & \$350 SIGN-ON BONUS

Valid 7/27-8/9 at San Diego & San Marcos locations.
Must present ad when applying.

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Loan Officers with at least 6 months' experience and burning desire to make money. Need motivation and personality. Team leader and mentor will get you up to speed. Lead sources include inbound calls from marketing, realtime Internet leads, telemarketer leads. Must also have ability to generate your own business.

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EOE



LAUNDRY WORKER. Full time, \$9.46/hour. The GEO Group, Inc., Western Region Detention Facility, San Diego seeks qualified applicants. Applicants must have lived legally in the U.S.A. for the last 5 years, must be currently legally eligible to work in the U.S.A. All positions require a pre-employment physical, drug screening, background investigation and other employment conditions. All positions receive additional \$2.87/hour in wages in lieu of benefits. Group health coverage available. EOE. M/F/D/V. Fax resume: 619-232-9224 or mail resume: HR, 220 West C Street, San Diego 92101. Call 619-232-9221.

LAW ENFORCEMENT. Deputy Sheriff and Deputy Sheriff Detentions/Courts. Hiring new Deputies now! San Diego County Sheriff's Department. Hiring two positions; take one exam, apply for either or both! Exam date: Saturday, August 5, 2006, 6:30am arrival: Southwestern College Cafeteria, 900 Otay Lakes Road, Chula Vista 91910 (bring \$2 for parking). Detentions and Courts: \$36,465-\$59,242 annual salary, plus yearly benefits package. Must be 18 years old. Deputy Sheriff: \$45,504-\$69,990 current annual salary, plus yearly benefits package. U.S. citizen or applied for citizenship; 20-1/2 years old. High school graduate or G.E.D. required. Bring valid photo ID, #2 pencil and \$3 for parking. Valid California Driver's License prior to appointment. Effective oral and written communication in English. EOE. For additional test dates, go online at www.joinssdsheriff.net. E-mail: Recruit@sdsheriff.org or call 858-974-2000.

LEAD BANQUET SERVER, Job #39331. 2 positions open. Full-time with unbeatable benefits including most holidays off. \$1800-\$2052/month. On-Call Banquet Server, Job #39874. Multiple positions open. Part-time, 18 hours/week. \$13/hour. Come work at UCSD Catering and take part in serving great food to diverse crowds. Banquet servers must be enthusiastic with leadership skills and experience in table and bar service/banquets/special events/off-premise catering. Background check/valid California drivers license/good driving record required. EOE/AEE. Accepting applications for summer and/or fall. Apply by visiting: http://joblink.ucsd.edu (reference Job #) or call: 858-822-1827.

LEAD FOOD SERVICE WORKER, Job #40164. Full-time. One position requires late night shift (5:30pm-1am), Tuesday-Saturday. Requires excellent communication skills with demonstrated leadership and extensive experience in front and back of house environment. \$180-\$192/month. Position closes 8/2. Food Service Worker, 16-18 hours/week. Job #40103. 20-40 hours/week. Job # 40106. Multiple positions including dishwasher/cashier/line server/food prep. \$9.36-\$9.72/hour. Position closes 8/1. UCSD Dining and Retail Services needs full and part-time food service workers for new academic year! Background check required. EOE/AEE. Apply at: http://joblink.ucsd.edu (reference Job #) or call: 858-822-1827.

LEAD GENERATOR. Sorrento Valley. \$10-\$12/hourly plus commission. Outgoing personality, outbound to businesses, hard work/focus, good attitude/phone. Resume: opportunities@ninesystems.com. Job title in "Subject."

LEASING AGENT for apartments. Experience a plus. North County. Fax resume to 888-369-9229 or e-mail wmaplicants@aol.com.

LIVE-IN SUPPORT PERSON/Community Support Facilitator positions. Innovative support living agency seeking creative individuals to provide direct support to adults with developmental disabilities in their own homes and communities. Part-time, days, evenings, weekends and overnights. \$9 per hour. Call 619-668-2228 or fax resume to 619-668-2227, attention: Creative Support Alternatives and Life Works, SDSU Foundation.

LOAN AGENTS/SALES. No real estate license required. Leave message 24 hours a day for return call, 888-313-7226. Fax resume: 858-454-2437.

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LOAN OFFICER. Dynamic state-of-the-art Carlsbad mortgage and real estate company with over 75 years of combined leadership, seeks goal-oriented and experienced professionals. Highest percentages, bonuses and overrides available! Earn \$50,000+ per month! We provide exclusive pre-qualified leads, telemarketing, support staff, in-house processing/escrow and extensive training program! Join our team of exceptional top producers today! Email resume to dkitchell@pacificfirstmtg.com.

LOAN OFFICER. Earn \$200K plus in the Mortgage business as a Loan Officer for the fastest-growing mortgage company in Downtown San Diego. We supply pre-qualified leads for you to close. We also supply purchase leads directly from our own in-house realtors. We are looking for individuals with sales experience who are goal-oriented and success driven! Fax your resume now if you want to make real money in the Mortgage business! To schedule an appointment, call: Kieran at 619-955-8963 or Kristin at 619-955-8964. Fax resume to: 619-955-8984. www.ecapmortgage.com.

LOAN OFFICER. Full or part time. No license or experience required. Will train. Bilingual preferred. Call: 858-503-1900 or 760-644-0333. E-mail: wfgnorthcounty@yahoo.com.

LOAN OFFICER. Private mortgage company seeking Loan Officers. Commission-based position. We provide leads and training. Call: 858-456-4036/email: craig@coastallajollafunding.com.

LOAN OFFICER. Se habla español? Community One is hiring Spanish-speaking Loan Officer for Rancho Bernardo office. Experience is preferred, but will train qualified individuals. In-house training, processing and management support. Call 888-451-1555 x102, ask for Oscar Perez, and visit www.CommunityOneSanDiego.com. This is a sales position!

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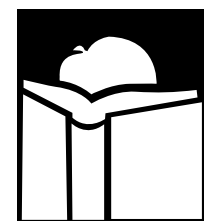
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- Reservations Agent
- Business Center Clerk
- Facilities Dispatcher

Seasonal Openings:

- Concession Attendants
- Room Attendants
- Food Runners
- Room Service
- Dining Room Attendants

Management:

- Spa Manager
- Membership Sales Manager

Interested candidates should apply in person at the Hotel Del Coronado Human Resources office located at: 1500 Orange Ave., Coronado (Monday-Friday 9 am-4 pm) or fax résumé to: (619) 522-8160



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LOAN OFFICERS, SENIOR. 11-year-old established mortgage company seeking experienced Loan Officers to give 5-10 loans per month. 2 years minimum experience required. Must know Calyx Point and A&B Paper. Please send all resumes and references to: sarah@emaxmortgage.com.

LOAN OFFICERS. \$100,000-\$300,000 (annual potential); very competitive splits; fresh leads daily (not title records); licensed in 42 states. Fax resume 619-299-9775 or e-mail corey.manning@pmfisd.com. 619-574-1984.

LOAN OFFICERS. First Financial & Real Estate Services is seeking top Loan Officers for the fastest-growing mortgage company in San Diego. Mortgage experience required. Will train qualified individuals. We provide hot incoming calls daily, high commission splits, strong in-house processing, and management support and training. Ability to do both loans and

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LOAN ORIGINATORS. No real estate license or experience required. Work from home or office, part/full-time. Orientations: Tuesday 7pm and Saturday 10am: 4617 Ruffner Street #200, 92111. 858-278-4993.

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MACHINE OPERATORS. Assemblers with soldering experience and Surface Mount Technicians. Immediate openings. Various shifts. MDI offers paid holidays after 520 hours and vacation bonuses after 2000 hours. MDI Staffing. San Marcos: 310 Via Vera Cruz #211; fax 760-591-7976; call 760-591-7975. San Diego: 8316 Clairemont Mesa Boulevard, #204; fax 858-277-5621. Call 858-277-5680.

MACHINIST. Need experienced CNC lathe, Fanuc, controls, setup and operate. Full time. 1st shift, Miramar area. Good

benefits. 858-450-0644 or fax resume to 858-450-0670.

MAID SERVICES. Hate dirt but love people? Merry Maids offers flexible hours, weekly pay, paid mileage. Work in teams. Insured car required. Must be able to speak English. South Coast/all south areas only. 619-336-1612; 619-226-2621.

MAINTENANCE TECHNICIAN. Full time, \$17.45/hour. The GEO Group, Inc., Western Region Detention Facility, San Diego seeks qualified applicants. Applicants must have lived legally in the U.S.A. for the last 5 years, must be currently legally eligible to work in the U.S.A. All positions require a pre-employment physical, drug screening, background investigation and other employment conditions. All positions receive additional \$2.87/hour in wages in lieu of benefits. Group health coverage available. EOE. M/F/D/V. Fax resume: 619-232-9224 or mail resume: HR, 220 West C Street, San Diego 92101. Call 619-232-9221.

MAINTENANCE. AvalonBay Communities now hiring Maintenance Technicians! AvalonBay Communities, Inc., has exciting opportunities to join our dynamic maintenance team. We are looking for customer-focused maintenance associates to fill several positions in our San Diego area properties. Excellent benefits, including health, 401(k) and housing discount. We invite you to build your career at AvalonBay! EOE. Please apply online at www.avalonbay.com/careers or fax resumes to: 408-287-9657.

MAINTENANCE/HANDYMAN needed for remodeling company. Own truck and tools. Salary and benefits. 619-469-2341.

MANAGEMENT TRAINEE. Hippies with the flow. National art company. Several positions available. If you like music, beer, working with opposite sex. \$500/week. 858-622-9575 x7.

MANAGER/MANAGER TRAINEE. No experience required. 18-25 girls and guys needed for long-term positions. Call Sarah, 858-554-1158.

MANAGER of food and beverage. Oversees the food and beverage front of the house operations within the assigned venue. Manages and coordinates the activities of team members; implements; communicates, and ensures the achievement of operational goals and objectives, marketing strategies, and budgets; ensures the achievement of operational goals and objectives, marketing strategies, and budgets; ensures compliance with policies and procedures; and monitors forecasts, budgets, costs, and operating results. Provides effective leadership within the department and addresses team member issues. 3+ years of progressively more responsible experience in food and beverage operations or the equivalent in education/experience. Experience working in a casino environment preferred. Management/leadership experience preferred. Basic knowledge of Microsoft Office, Word and Excel. Experience working with on line point of service computer system and payroll timekeeping system. Excellent verbal and commu-

nication skills. Ability to work in a fast paced, high stress environment. Ability to adjust to and manage change effectively. Must be flexible to work different shifts. Hire rate: DOE. Viejas offers its employees an exciting work environment with competitive wages and benefits. If you are offered employment with Viejas you will be required to complete an Employment/Gaming License Application and pass a pre-employment drug and alcohol test and background screening. All interested candidates please visit our website and apply: www.viejas.com.

MANICURIST. Boutique salon in Solana Beach. Call 858-794-0372; apply in person: Salon Mirror Mirror, 148 Solana Hills Drive, 92075.

MANICURIST needed for busy Coronado salon. Must be licensed. Full time. Call Janice at Domani Salon of Beauty and Wellness, 619-435-4500.

MANICURISTS/HAIRSTYLISTS. Part/full time. Large private booths. Full-time rental-\$140 weekly. \$1000 moving allowance. Great place to move your clients. Free reception/phone/towels. 100% retail. Golden Touch, near Fashion Valley. 619-972-7744.

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MARKET RESEARCH. Online Script Writers and Telephone Interviewers. No selling. Friendly, outgoing people for San Diego's fastest-growing Market Research company. Bilingual Spanish a plus. Hourly plus bonuses. Medical benefits. Advancement opportunities. www.luthresearch.com. Apply in person: Luth Research, 1365 Fourth Avenue, Downtown. Job Hotline: 619-243-8045.

MASSAGE THERAPIST. 2 years experience. Open schedule for upscale day spa in Mission Valley. Named Top 12 spas in San Diego Magazine. www.heavenlytouchdayspa.com, 619-203-7822, or fax: 619-298-6793.

MASSAGE THERAPISTS needed immediately for busy massage clinic. San Diego licensed massage therapists. Professional and punctual. Must do deep tissue. All shifts, \$24/hour. Call today! 858-274-6989.

MECHANIC. Western Towing needs Mechanic to maintain a medium-duty Ford and International fleet. Diesel and gas. Full-service, troubleshooting, diagnostic for electrical, direct injection/hydraulics. Call Herb: 619-294-6794.

MECHANIC/CART. Paradise Point Resort and Spa is now hiring. Please apply Monday-Friday 9am-4:30pm: San Diego Paradise Point Resort and Spa, 1404 West Vacation Boulevard, San Diego, CA, 92109. Web: www.paradisepoint.com.

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One position requires Late Night Shift (5:30pm-1am), Tues.-Sat.

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Salary: \$1,800-\$1,926/month. Closes Wednesday 8/2.

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Job #40103-P/T (16-18 hrs/wk)

Job #40106-P/T Career (20-40 hrs/wk)

Filling multiple positions including dishwasher/cashier/line server/food prep. Requires strong comm skills w/previous exp in front/back of house environment. Salary: \$9.36-\$9.72/hr. Closes Tuesday, 8/1.

Apply by visiting <http://joblink.ucsd.edu> (reference Job #) or call (858) 822-1827 for application info. Background check required. EOE/AEE.



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NANNY. Mature and very stable nanny in Chula Vista area needed biweekly for single dad with 7-year old daughter. Approximately 50-60/hours per month, must have reliable car. Please call 619-702-7620.

NANNY/BABYSITTER. Del Mar. 30 hours/week, 2 children, ages 3 and 5. Teach, clean, have reliable transportation. Background check, DMV records required. Tom, 619-606-9111.

NIGHT AUDITOR. Paradise Point Resort and Spa is now hiring Night Auditor. EOE. Please apply Monday-Friday 9am-4:30pm: San Diego Paradise Point Resort and Spa, 1404 West Vacation Boulevard, San Diego, CA, 92109. www.paradisepoint.com.

NURSE. RN or LVN for residential treatment center for children and adolescents in Hillcrest area. Monday-Friday schedule. Psych. experience a plus but not necessary. Fax resume, Attn: Nurse, 619-692-0582.

NURSING. Contract and permanent placement. North County and San Diego areas. Excellent pay and benefits. www.adeccohealth.com. Adecco Health, 760-579-0834.

NURSING. The GEO Group, Western Region Detention Facility, San Diego seeks qualified: RNs (full-time), \$38.79/hour and LVNs (full-time), \$17.80/hour. Must have lived legally in USA for the last 5 years, be currently legally eligible to work in USA. Pre-employment physical, drug screening, background investigation, other employment conditions required. The GEO Group provides \$2.59/hour in lieu of benefits. Group health coverage available. EOE. M/F/D/V. www.theGEOgroupinc.com. Send resume to: HR, 220 West C Street, San Diego 92101. Fax: 619-232-9224. Call 619-232-9221.

OFFICE ASSISTANT. La Jolla resort. Looking for a responsible, happy, people-oriented person with computer and organizational skills. Call 858-459-3446.

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PERSONAL TRAINER. BodyQuest Fitness, a slow-intensity weight training facility, looking for full-time, one-on-one Personal Trainer. Solana Beach, certification, CPR and weight room experience required. Must be personable, upbeat, motivated, dependable. For more information, see www.bodyquestfit.com. Send resume to resume@bodyquestfit.com.

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POLICE DISPATCHER. \$3,231-\$3,927/month. Full benefits. Computer Aided Dispatch (CAD) including voice radio regarding routine and emergency district police services. Willing to work rotating schedule for night, weekend, holiday coverage. Closing date: 8/15/06. Application forms: 619-725-8195, option 0; or visit 4100 Normal Street, Annex 9, San Diego CA 92103. www.sandi.net EOE.

POLICE OFFICERS. San Diego Police Department is hiring! Ready for a career change? Upcoming test block dates are: both Saturdays, July 28 and July 29. Applicants must attend both days of testing. Police Recruit earns \$42,723 per year. Police Officer I earns \$43,596 per year. Police Officer II earns \$61,110 per year. For more information, Call 619-531-COPS or visit our website at: www.sandiego.gov/police.

POOL TECHNICIAN NEEDED. Part-time to Full-time. Truck a must. Must have insurance. Experience preferred. Please call Pool Beautiful, 619-449-9276.

PORTER/LANDSCAPER. North County and East County. Fax resume to 888-369-9229 or e-mail wmapplicants@aol.com.

PROBATION CAREERS. Correctional Deputy Probation Officer I. County of San Diego Probation Department now hiring. Test Date: August 12, 2006, 8am. Montgomery Middle School, 2470 Ulric Street, San Diego 92111. Must be 21 years, good physical condition, no illicit drug usage. U.S. citizen or becoming a citizen. Pass criminal and personal background investigation. No felony convictions. High school diploma or GED. \$32,885-\$41,954/year. www.sdcounty.ca.gov/probation. Jobline: 858-514-8558.

PROBLEMS WITH HEAD LICE? Head lice are parasites that affect millions of families every year and are most common in children between 3 and 10 years of age. Therapeutics Clinical Research is conducting a research trial to evaluate the effectiveness and safety of an investigational non-pesticide head lice treatment. If you and/or any members of your household currently suffer with head lice, are in good health, and are at least 6 months of age, you may qualify to participate in this study and receive compensation for time and travel. Call today to find out more about this important study. Therapeutics Clinical Research, 858-571-6800.

PRODUCTION ASSISTANT for high profile jewelry company. Must know wire of all gauges. Must be self-motivated. Must honor deadlines. Part time to full time. 619-702-5799.

PRODUCTION. Immediate openings for general Printer Helpers, South Bay location. Earn while you learn. Apply in person Monday-Friday, 9am-3pm: 6825 Gateway Park Drive, San Diego, 92154.

PROPERTY MANAGEMENT. Property management company is seeking an Assistant Property Manager and Accountant for our North Park office. (Not on-site management.) Weekdays, 8:30am-5:00p. Duties included accounts payable, accounts receivable, assist with phones, letter writing, light errands, assist with tenants, use of Word and Excel. Experience in property management is required. Knowledge of Tenant Pro a plus. Salary is \$13-\$15 per hour to start depending on experience. To apply, fax resume to 619-299-9412 or email to mpmcorp@cox.net.

REAL ESTATE AGENTS. Heart of Point Loma Village. Top-notch facility. High commission splits. Flat \$200 broker administration. E&O per transaction: \$100. Choice Realty, 619-326-0310.

REAL ESTATE LICENSE FAST TRACK. Obtain your Real Estate license with our 2-1/2 week, quick-pace program tailored to your schedule. \$100K potential with na-

tional brand. Call Susan: 858-245-7880 or 800-319-1031.

REAL ESTATE SALES. Century 21 Award has a place for you in Real Estate. Let us license you; 96% first-time pass ratio. California Live Principles course, books and cram course. Tuition reimbursement program. Award University: learn everything you need to know to open 3 transactions in your first 90 days in the business. Full time or transitional programs available. Attend our free monthly Career Seminars! Century 21 Award. www.century21award.com. opportunities@century21award.com. 800-480-5529.

RECEPTIONIST SPECIALIST. For family oriented company. Responsible for up to 15 phone lines at any given time, greet incoming clients, fax, file, organize FedEx and UPS shipments and delivery. Must have at least 2 years solid experience and provide no less than 2 professional references. Email resume to: chulavista-ca@appleone.com or call: 619-409-1401.

RECEPTIONIST, PART TIME for hip hair salon/art gallery. Busy 20-chair, funky Ocean Beach location. Past salon experience beneficial, beauty school students/dropouts ideal. Must have past employer references. Apply at The Electric Chair, 4944 Newport Avenue. Call Stephanie or Paul, 619-223-1112 or electricchair@sbcglobal.net.

RECEPTIONIST. Busy Real Estate office in Ocean Beach. Part-time, approximately 20-25 hours a week. Some office experience, computer skills. Please fax resume to 619-222-6118.

RECEPTIONIST. Full time. Strong communication, organizational and computer skills; high school diploma. MHS, Inc. is an EOE, offers excellent benefits/competitive salaries. Resume and cover letter to: famfor-admin@mhinc.org or fax 619-220-0437.

RECEPTIONIST. Needed immediately to handle busy front office in Rancho Bernardo area. Ideal candidate will have basic computer skills and outgoing personality. 760-480-0454.

RECEPTIONIST (Temp-to-hire). Prior receptionist experience required. Assignment lengths vary. \$12/hour and up. Ultimate Staffing Services. For fastest consideration, e-mail: lajolla@ultimatestaffing.com. Fax: 858-625-2026. Call 858-625-2025.

RECEPTIONIST (Temp-to-hire). Prior receptionist experience required. Assignment lengths vary. \$12/hour and up. Ultimate Staffing Services. For fastest

consideration, e-mail: lajolla@ultimatestaffing.com. Fax: 858-625-2026. Call 858-625-2025.

RESEARCH FIELD INTERVIEWER for North Carolina research firm. Conduct interviews in San Diego County, 9/06-12/09. Evenings/weekends, 20-25 hours/week, paid training, starting \$12.50 and up (DOE). Need car. Call Headway Corporate Staffing at 877-419-1767. Enter code: 214734.

RESERVATION AGENTS. \$500 Sign-On Bonus! Part-time PM shifts will full-time opportunities. Top Reps earn over \$30/hour. No selling involved. Paid training/holidays. Medical/dental/life insurance. 401(k). Great location, close to trolley (Mission Valley location only). Top weekly paychecks: Jason--\$1347.89, Theresa--\$1125.54, Barbara--\$978.46, Cynthia--\$935.89. Apply in person 12-4pm Monday-Thursday: Soleil Communications, Inc., a division of the Welk Resort, 6150 Mission Gorge Road #140, San Diego, CA 92120. Or call to set up an appointment: 760-497-5291. E-mail fonteneau@welkgroup.com.

RESORT. Full-service destination RV resort is accepting applications: Ice Cream Attendant, Cashier/Food Server, Market Clerk/Cashier, Market Shift Leader, Shuttle Bus Drivers, Hospitality Rangers, Pool Attendants, Marina Dockhand and Janitor. Resort perks include free non-motorized boat rentals and resort discounts! EOE. Apply at 2211 Pacific Beach Drive, San Diego, 92109, Monday-Friday, 8am-noon or 1-5pm. Please call Job Line for changes in available positions: 858-581-4208.

RESTAURANT. Deli Counter Clerks and Baker needed. Employment Bonus up to \$500. See ad under "Grocery/Natural Foods." Jimbo's Naturally!

RESTAURANT. Experienced Servers and Banquet Servers. San Diego hospitality company staffing local hotels and caterers. Starting \$10/hour, up to \$20/hour possible. Call 619-238-5745.

RESTAURANT. Immediate opening for energetic and experienced Sandwich Maker/Breakfast Cook at Pearson Deli in Point Loma. Full or part time. Wage negotiable. Apply: 2435 Shelter Island Drive, San Diego. 619-222-2234.

RESTAURANT. Servers and Daytime Delivery Drivers. Apply in person: 718 West Washington Street, San Diego. 619-220-8888. www.citywok.com.

RESTAURANT. Tired of the restaurant business? Get a real job! Work Monday-

HELP WANTED

RANCHO VALENCIA

Luxury resort in Rancho Santa Fe has job openings for the following:

- Fine Dining Servers (PM)
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- Line Cook
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Apply in person: 5921 Valencia Circle, Rancho Santa Fe 92067
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- **Medical Records Tech**
- **Dental Assistant/Registered Dental Assistant**
- **Dental Hygienist**
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Provides outreach to underserved high-risk individuals.
- **Site Assistant**
Assists REACH Site Coordinator; supervise activities for high-risk youth.
- **Health Educator – HIV**
Provides HIV health education and risk reduction counseling to non-gay-identified Latino men.

If interested in these positions, forward résumé to: joinvcc@vistacommunityclinic.org or fax to: 760-414-3702 www.vistacommunityclinic.org

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RESTAURANT/BAR MANAGER. W San Diego hotel: Love fine dining and the bar scene? We are looking for a creative, energetic Manager for our restaurant and bars. Prior management experience in fine dining/bar environment required. Apply online at: www.whothejobs.com/sandiego.

RESTAURANT/HOTEL POSITIONS: Surf and work? Need a summer job? It's possible to do it all at HEPCat! HEPCat has tons of part-time temporary positions for Servers (must have own black and whites!), Bartenders, Chefs/Cooks, Meeters and Greeters, Dishwashers, Bussers, Housekeepers and much more! Work when you want and have lots of fun doing it! Daily and weekly pay! Flexible work schedules! We provide training and advancement in the hospitality industry! Interviews take place Monday-Friday at 10:30am, 1:30pm and 4:30pm sharp! Se habla español. HEPCat, 814 Morena Boulevard, Suite 210, San Diego, CA 92110. 888-472-1829. www.HEPCat.jobs.

RESTAURANT/SANDWICH SHOP. Extremely busy. La Jolla Shores. People skills. Multi-tasking, fast-paced environment. Starts \$8.00/hour plus tips. Flexible hours. Call before 11am, Kim/Phil, 858-459-3921.

RESTAURANT/SPECIAL EVENTS. Earn \$500 bonus! Experienced Servers, Cooks and Bartenders. Catering/banquet experience a plus. Part time. The Party Staff, Inc., 619-563-0515 x2.

RESTAURANT: BANQUET MANAGER. Full service hotel located at Hotel Circle. Seeking: dynamic individual for full-time position. Hours vary. Fax resume with cover letter: 619-296-6306.

RESTAURANT: BAR MANAGER. Front of House Manager with 3 years minimum experience. Good salary, benefits and bonus. POS system and office organizational skills. Sales and marketing knowledge helpful. Apply in person, Monday-Friday, 12noon-5pm, Dublin Square Irish Pub and Grill, 554 Fourth Avenue, Gaslamp Quarters, San Diego or fax resume: 619-239-5828 or e-mail Attn: Samme: dublinsquare@yahoo.com.

RESTAURANT: CHILI'S Grill & Bar, Encinitas, hiring Servers, Host/Hostess, and Expeditor. Apply in person any day between 2-4pm: Chili's, 1004 North El Camino Real, Encinitas.

RESTAURANT: DISHWASHERS: Nordstrom Horton Plaza is accepting applications for Dishwasher. Competitive wages. Excellent benefits. Michael S. Fisher@nordstrom.com. 103 Horton Plaza. Mike, 619-239-1700 x1619. EOE.

RESTAURANT: FINE Mediterranean Cuisine. 2 years minimum experience: servers, bussers, bartenders, and barbacks. Full time. Preferably apply in person: Romesco Restaurant, 4346 Bonita Road, 619-475-8627.

RESTAURANT: LINE COOK experienced. Line Cook with at least 1 year experience

needed for Dublin Square Irish Pub and Grill, in the heart of the Gaslamp. Please apply in person, Monday-Friday, 12noon to 5pm only: 554 Fourth Avenue, San Diego.

RESTAURANT: MACARONI GRILL now hiring. Servers, Hosts/Hostesses, Expeditors, Food Runners. Apply in person 2pm-4pm, Monday-Thursday: North County Fair, 202 East Via Rancho Parkway, Escondido.

RESTAURANT: Morning Dining Room Busser/Service Assistant for upscale retirement community in La Jolla. \$9.50 per hour to start. 32 hours possible per week 8am-2:30pm. Flexible, happy work environment. Apply in person at The Patrician, 4025 Pulitzer Place, San Diego, CA 92122. 858-455-9188. You may first e-mail your resume to cagan@kiscosl.com. All applications must be done in person. EOE.

RETAIL POOL SALES. Hallmark Pools and Spas is seeking a Retail Sales Associate. Great pay plus commission. Please call to apply: 858-391-3434.

RETAIL SALES ASSOCIATES. Part time, flexible hours. DSW Shoe Warehouse located in Mission Valley. Friendly, outgoing, gotta love shoes! Call 619-296-4079, or apply in person: 836 Camino Del Rio North, San Diego, CA 92108.

RETAIL SALES, full time, for ladies' boutique in Downtown Gaslamp. Experienced, motivated. Great salary plus commission. Flexible schedule required. Shoshana's Place, 449 5th Avenue, 619-235-8855.

RETAIL SALES, full time. Experience in jewelry sales required. Good pay. Apply at Daniel Jewelry, Fashion Valley Mall.

RETAIL SALES/MERCHANDISER. Passion for fashion! 3 upscale boutiques, located in Solana Beach, Encinitas, Carlsbad, seeking a part-time and/or full-time individual for retail sales and/or merchandising. Seeking energetic, responsible, friendly person who has a passion for fashion and understands that selling is actually servicing the customer. The boutiques are located in upscale health clubs, but we sell a wide variety of contemporary women's clothing such as denim, dresses, skirts, tees, workout wear, fashion jewelry and accessories. 760-271-1477.

RETAIL STORE MANAGER, Crazy Shirts- Seaport Village. Come join a company with a 40+ year track record of producing and selling high quality clothing with original artwork! We're looking for a top-notch individual with previous managerial experience to create excitement, drive sales, ensure excellence in customer service and plan/organize our store for success. Send resume to: resumes@crazyshirts.com. Fax 808-486-6356.

RETAIL STORE MANAGER Trainee, Capezio in La Mesa and Escondido. Sales oriented with strong retail/dance background. 30-40 hours, daytime availability required. E-mail resume: capezio44@san.rr.com.

RETAIL. Seaport Village. Experienced energetic, motivated, cheerful counter/cashiers. Full/part-time: days, evenings, weekends. Apply: Company of Nuts & Candy, 809 West Harbor Drive. 619-234-7688.

RETAIL/COPY CENTER. Busy store seeks experienced, friendly, professional copy consultants for copying/finishing. \$9.00-\$13.00/hour. Full-time shifts. Great technology-driven work environment. Growth potential, training, and benefits. Call Nimish, 858-337-3557. Apply in person: Copy2Copy, 3737 Murphy Canyon Road #C, San Diego, 92123. E-mail: jobs@copy2copy.com. Fax: 858-292-8102.

RETAIL/SEASONAL. Grossmont Center store opening! Management, Stockers and Store set up. Apply in person or online now! 5500 Grossmont Center Drive. Former Good Guys. www.spirithalloween.com. Spirit Halloween Superstores.

RETAIL: CHOCOLATE SALES and Candy Maker positions. Chocolate/caramel apple/sales. Food industry/retail experience preferred. Will train qualified applicant. El Cajon. Call 858-964-0878.


RETAIL: FLORIST. Permanent part-time position available. No experience necessary. Must be flexible during the holiday seasons. Scripps Ranch area. 858-566-9797.

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SALES \$17.50 TO START. Service Advertising hiring outside sales reps. Training/transportation provided. Cash paid daily. Near trolley. San Diego office. Call today-work tomorrow! 619-260-8042.

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teaching tip # 41

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SALES. Montesquieu, International Wine Brokerage, is currently seeking several outgoing, motivated, energetic Salespeople to join its fast-paced environment. Strong communication skills, a commitment to personal and professional growth and an interest or background in the wine industry. Competitive incentive-based income, paid training, benefits, 401(k) and life insurance. Management opportunities. www.thespiritofwine.com. Please call

888-880-8840 or e-mail your resume to: careerssds@thespiritofwine.com.

SALES. Rookie Manager positions. \$30K+ starting. Customer Service, Sales/Marketing, Leadership, Warehouse Inventory, Team Development. No experience necessary. Bonuses and incentives. Will train. If you are available immediately and are ready to work full time, call April, 619-427-8289.

SALES/INSIDE PHONE SALES. New satellite office, get in on the ground floor! Make \$100 to \$200 a day giving away lower long distance phone rates to existing customers. Weekly pay. 619-230-1279.

SALES/LOAN CONSULTANT. \$2,000 base plus commission. Some sales experience necessary. Will train. Medical and benefits. All leads provided. Northport Lending. 760-603-1680, ext 116.

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SALES: HOME-BASED ACCOUNT Executive, business-to-business sales. Local mortgage company seeks aggressive home-based Telemarketer for setting appointments with area businesses. We market an incentive program that adds value to our realtors and their clients. Position is home based with both weekly pay for appointments kept plus residual commissions that pay you month after month. Must have phone sales experience and be able to work from home. Training, leads and scripts provided. Realistic earning potential \$2500-\$5000 per month. Please e-mail your resume to jobs@myamericone.com or fax to 1-866-529-0660. Please reference "AE position." EOE.

SALES: INSIDE/OUTSIDE SALES. Experience preferred, but will train. Excellent income and growth potential. High-demand products. Great leads. Flexible schedule-make your own hours! Call for more information: 858-279-9896.

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SALESPeOPLE. Great potential! Cosmetics and hair products. Must have 2 years experience and good sales skills. Commission only. Fax resume: 858-566-6042 or e-mail to info@elementsbody.com.

SALON. Room available for massage, waxing, etc. Booths available for manicurists (group OK), hairstylists. Attractive La Jolla salon, reasonable rent, great area, good parking. Clientele preferred. Call Mahin, 858-459-1313.

SALON. Station available in a savvy, fun coastal Encinitas salon. Must be a team player and have clientele. Utopia Style Lounge. Call Jenn at 760-840-8467.

SAN DIEGO POLICE Department is hiring! Are you ready for a career change? Upcoming test block dates are: both Saturdays, July 28 and July 29. Applicants must attend both days of testing. Police Recruit earns \$42,723 per year. Police Officer I earns \$43,596 per year. Police Officer II earns \$61,110 per year. For more information, Call 619-531-COPS or visit our website at: www.sandiego.gov/police.

SANDWICH SHOP. Gaglione Brothers needs fun, reliable people. Part and full time. Apply in person: 2 locations. Sports Arena: 3944 West Point Loma Boulevard, #F, 619-758-0646 or Mission Beach: 728 Ventura Place, 858-488-1690. Ask for Joe.

SCHIZOPHRENIA-PAID Caucasian Volunteers. 25-60 years old needed for research study. Have you been diagnosed with schizophrenia? PrecisionMed needs Male and Female Caucasian volunteers, 25-60 years old, diagnosed with schizophrenia, to take part in a research study involving blood draws and urine samples. Participants must have been taking Zyprexa (Olanzapine) or Abilify (Aripiprazole) for at least two months. Participation involves no experimental medication or treatment and only requires one two hour and one 1/2 visits to our offices in North County. As compensation for participating, volunteers will receive \$100 cash in total compensation. For further information call Matt Harper at 1-800-519-8810 or email matthewharper@precisionmed.com.

SECURITY GUARDS, Special Response Officers. Full or part time. High starting pay. Excellent benefits. Training available. Drug/background. EOE. M/F/D/V. Apply: Weekdays, 9am-4pm, ACSS, 1620 Fifth Avenue, Suite 875, San Diego. 619-338-9360.

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SECURITY GUARDS. Shield Security has immediate openings, full and part time. Higher paid Rover positions are available. Assistance in guard card. Career advancement opportunities. Profit sharing. Employee-paid medical and dental. If you have no criminal convictions, and have a high school diploma or GED, a good work history, phone and transportation, apply in person: 2144 El Cajon Boulevard, San Diego. Equal Opportunity Employer. Call 619-497-5485.

SECURITY OFFICERS WANTED! Free Guard Card Training. We invite you to apply with the largest, most respected security company in the world! County-wide positions available. Medical/dental/vision and 401(k), excellent working environment, monetary incentives Free uniforms. Must have Guard Card for immediate placement. San Diego 619-641-0049; San Marcos (North County) 760-591-3733; Temecula 951-676-, #100.

SECURITY OFFICERS. Bald Eagle Security is growing rapidly. Immediate openings for Guard card holders. Premium pay for on-call/rovers. Downtown San Diego and Mira Mesa. 619-230-0022. EEO/Drug free.

SECURITY OFFICERS. No experience necessary! Must have reliable transportation. All shifts available throughout San Diego County, special need for Graveyard and North County (Escondido and San Marcos). Competitive wages plus medical/dental plan. Call Global-1 Protective Services, 619-477-0500.

SECURITY OFFICERS for Allied Barton Security Services. Full and part-time. Unarmed. Premium pay. Benefits include: medical/dental/vision, 401k with company match, paid vacations, performance incentives and bonuses, unlimited training opportunities, free Guard Card training, promotions from within and more. Candidates Must be at least 18 years old, have high school diploma/GED or 10 years verifiable work history. Criminal background check and drug screen required. Apply in person or call the location near you: San Diego-7670 Opportu-

nity Road, Suite 210; or call 858-874-8200. You may also apply online: www.alliedbarton.com.

SECURITY PERSONNEL wanted for Inferno Young Adult Nightclub in Escondido. Will supply training. Please leave message at 760-591-1332.

SECURITY. \$200 sign-on bonus through 7/31. Transit, Cruise Ships, X-Ray Qualified Supervisors, Site Supervisors. Heritage Security Services, 1260 Morena Boulevard, #200, San Diego, 619-275-7000; North County: 760-930-9780; Rancho Bernardo: 858-942-4620. heritagesecurity.com.

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SECURITY: Part-time, weekend, overnight officer positions. Looking only for armed officers with BSIS cards. Any other certifications a plus. From \$10/hour. Uniforms and dry cleaning provided. 619-482-1151; www.metropublicsafety.org.

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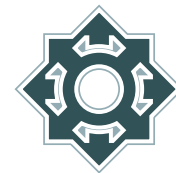
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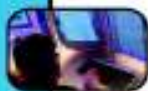
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MALE GROUP MEMBER NEEDED for mixed process/support group. Relationship difficulties, intimacy, self-esteem, childhood issues. Tuesday evenings, UTC area, fee. Susan Jorgensen, MFT-22281, 858-622-0632.

PSYCHOTHERAPY. Weekly group for men and women. Individual and couples also available. Sliding scale. Kendra Davis, LCSW-22582. Call 858-449-9748.

AFRICA IN MOTION. "Monkeys On My Back With Bush Creatures In My Midst," by Cheryl Jursa. "Hard-hitting, politically clever." Order your copy at Amazon.com. \$19.95.

AL-ANON. Grupo paz mental. Sufre por el alcoholismo en su familia? Juntas sesionan Martes, 5:30pm-7pm, y Sabados, 1-2:30pm, 3450 Bonita Road, #207, Bonita, CA 91902.

ALCOHOLICS ANONIMOS, Problemas con el alcohol? Nosotros le ayudamos a vivir mejor. Sesiones diarias lunes a Sabado, 7-8:30pm. Grupo Bonita Hispano 3450 Bonita Road #207. 619-520-4505.

AMNESTY INTERNATIONAL works for human rights. Meetings: 7pm, 2nd and 4th Wednesdays. First Unitarian Church, 4190 Front (opposite UCSD Medical Center). Information, 858-576-3811.

ANXIOUS, depressed? Recovery Inc. has been holding self help mental health meetings since 1937. Many suffer from nervous symptoms, and fears. Free will offering. 619-275-0364.

ARE YOU STRESSED? ANGRY? Depressed? Grieving? Fearful? Transform yourself through breathing! Rebirthing Breathwork Releases pent-up emotions. Heals pain/traumas. Experience profound relaxation and inner peace. www.kriscassidy.com. 619-957-7800.

BANGME.NET. It's not about sex. Bangme.net is home to over 500,000 party people. Most reliable web community in cyberspace. Come party with us. It's free.

BHAGAVAD-GITA CLASSES: Monday through Thursday 7:15-8pm. Discourse and discussion, by a Vedic scholar. Hare Krishna temple, 1030 Grand Avenue, Pacific Beach 92109. Friday evening vegetarian feast. 858-483-2500.

BISEXUAL FORUM. Friendly group meets monthly second Tuesday 7:30pm for discussion, support at The Center, 3909 Center Street, Hillcrest. Families/friends welcome. Confidential/understanding. 858-259-8019. www.Biforumsd.org.

CANNABIS PATIENTS ACT (Association Cannabis Therapeutics). Nonprofit. Seeking patients with questions about local guidelines, Proposition 215, doctors, 24 indoor plants, pound, evaluations. Free! edzepp@yahoo.com or 619-528-0907.

CHURCH SERVICE, Sunday 11am, new pastor Downtown gaslamp area. 3rd at J outdoor garden of Chinese Historical Museum. Expansion ministry of Our Redeemer Lutheran Church.

CONFIDENTIAL LAB TESTING online. Concerned about HIV and STDs? Same day testing. Accurate tests without the hassle. Private and professional advice. www.labsmd.com (AAN CAN)

CREATIVE IMAGINATION STUDY, Research about creative imagination in college students. Participation involves filling out questionnaires, making up stories. Earn \$15 in 45 minutes, 858-229-8070.

DIVORCE CARE, meets Sundays 9am, CVCF campus. 10791 Tierrasanta Boulevard. Place of encouragement and info. Call Bruce 619-461-4480 or bfarley@calltoday-cashtomorrow.com.

DIVORCED AND PROBLEMS, With child visitation, support payments, non-custodial rights, lawyers, and family law court? Change the system, join Coalition of Parent Support. Call 619-465-2677.

EARN \$100 BEFORE YOU MOVE! If you are moving soon. Call us to schedule a home interview and environmental sampling. For just 2 hours you will earn \$100. SDSU Healthy Homes Study, 619-594-0501.

FATS AND OILS, by David Getoff, CTN, CCN Free. Thursday, September 21, 7-9pm, Price-Pottenger Nutrition Foundation, 7890 Broadway, Lemon Grove. RSVP 619-462-7600.

FREE BIBLE STUDY, course by mail. Non-denominational, increase your knowledge of god's word. Postage paid. PO 1473R, San Marcos, CA 92078. 760-436-3730, San Diego 619-299-6812.

FREE PSYCHIC HEALING. Lecture Clinic. Free readings for new visitors. Mondays, 7:30pm, 7/3, 8/7, 9/4, 10/2, by Vessa's Clairvoyant Program students. 4305 Gesner #200. 858-509-7582.

HEALTHY PET CARE, by Stephen Blake, DMV free. Thursday, August 17, 7pm-9pm. Price-Pottenger Nutrition Foundation, 7890 Broadway, Lemon Grove. RSVP 619-462-7600.

HERPES/HUMAN PAPILLOMAVIRUS. (HSV/HPV) Support group. Accurate medical information and support.

Recorded message. 619-491-1194. www.SanDiegoCityHELP.org.

LOST LEATHER BAG, With 20+ mini video 8 tapes. Includes family footage, musician footage, personally valuable. Reward available for recovery of tapes. Please email sailingjd@hotmail.com.

MEDITATION, classes, free. Learn how to meditate or deepen your existing practice. Saturday 6:30-7:30pm, East West Yoga, 1356 Garnet Avenue, Pacific Beach. 619-687-7747. www.eastwestyoga.com.

MIND BODY, exercise, by Clifford C. Oliver, DC, RN, Free. Thursday October 19, 7-9pm. Price-Pottenger Nutrition Foundation. 7890 Broadway, Lemon Grove. RSVP 619-462-7600.

MOVIE BUFFS, Interested in watching movies then discussing it afterwards, like a book club? Ages 25 to mature welcome. Please call 619-850-6075 or 858-272-8727.

MYSTERY SCHOOL-- Meditation and Mysticism workshops. The shortest path for the darkest age: harder, faster, more outrageous. Truly unique workshops illuminating the exciting and uncommon study of the mysteries of the universe. August 7, 9, 10/22-24. New: The Dana Mission Bay, 1710 West Mission Bay, 6:30-9:30pm, \$5-- free with student ID. Take the journey. www.westernmysticism.org.

OBSESSIVE COMPULSIVE Anonymous 12-step meeting for people with OCD. Mondays, 6-7pm, Free, Department of Health Services Complex, 3851 Rosecrans Street, Mission Room, San Diego. 619-757-6603.

OVEREATERS ANONYMOUS. Overweight? Anorexic? Bulimic? Can't stop eating? There is a 12-step solution. Meetings daily. No dues or fees. www.oasandiego.org or 619-521-2538.

PAID: CRASH TEST VOLUNTEERS for low speed crash tests (under 8 miles per hour). Males and females between 20 and 40 years old. Must be in good health. Males must be between 5'8"-6'1", 140-200lbs. Females must be between 5'2"-5'8", 110-160lbs. Must have valid California Driver's License. Pays \$400. Call 9am-5pm, Monday-Thursday, Friday 9am-12pm. Spine Research Institute of San Diego, 619-660-8802.

PARENTS, FAMILIES. and Friends of Lesbians and Gays (PFLAG). Find help, support, and understanding. Meetings Hillcrest, East County, North County. www.pflag.com. Call for details, 619-579-7640.

PATHWORK DISCUSSION, "Do You Resist Creating Order in Your Life?" August 17, 7-9pm. 1228 1/2 Camino Del Mar, Del Mar. 92014. Meeting, no fee. 858-259-1880.

PATHWORK DISCUSSION, "Creative Emptiness" July 31, 7-9pm. 3180 University Avenue, Suite 200. San Diego, CA 92104. Open meeting, no fee, materials available. 619-296-9046.

***See insert for coupon.**

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PRAYER WORKS, there is someone here to pray with you. Call Monday through Friday. 7am-9pm. 619-282-7609.

PREGNANT/NEW MOMS. UCSD study, women ages 20-45, not using medication or smoking, are needed for a sleep/light study. Required, 4 evaluation visits +4 overnight hospital stays, 619-543-7393.

PRIVATE COUNSELING. Your journey can be clearer, more peaceful; relationship issues, body image, self-esteem, anger. I can help. Work toward acceptance of yourself. Fee. 619-838-6817.

SCHIZOPHRENIA-PAID Caucasian volunteers 25-60 years old needed for research study. Have you been diagnosed with schizophrenia? PrecisionMed needs Male and Female Caucasian volunteers, 25-60 years old, diagnosed with schizophrenia, to take part in a research study involving blood draws and urine samples. Participants must have been taking Zyprexa (Olanzapine) or Abilify (Aripiprazole) for at least two months. Participation involves no experimental medication or treatment and only requires one two hour and one 1/2 visits to our offices in North County. As compensation for participating, volunteers will receive \$100 cash in total compensation. For further information call Matt Harper at 1-800-519-8810 or email matthewharper@precisionmed.com.

SEX and/or relationship problems? Out of control? You are not alone. Call Sex and Love Addicts Anonymous, a 12-step fellowship, PO Box 3791, San Diego 92163 or 619-685-7211 or www.slaa-san-diego.org.

SOUTH AFRICAN CIRCLE, Great informal social network-friendly men/women. Exchange ideas, tips, professional contacts, chats. 7/27/06, 5:30-9pm at 94th Aero Squadron restaurant and pub, info@sacircle.com.

SURVIVORS OF INCEST Anonymous. Free 12-step support groups for men and women molested as children. Call Tim, 619-282-4798; www.slawso.org.

THE BETTER BREATHERS CLUB. Support group for COPD/Emphysema. Meeting on Monday, August 21, 1pm. The American Lung Association Office. 619-297-3901.

TWELVE STEPS NOT working for you? Try a self-empowering, skill-building approach with S.M.A.R.T. Recovery, free support groups. 858-546-1100.

VOLUNTEERS. San Diego's abused and neglected children need you. Serve as a Court Appointed Special Advocate. All training provided. Information sessions are Wednesday, 8/30 and 9/20. Voices for Children, 858-569-2019 or visit www.voices4children.com.

VOLUNTEERS, needed. UCSD Doula program needs women to help other women during labor. Be a part of this special time and make a difference in womens lives. 619-543-6269.

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From this page, click on "Matches."

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CRUISE MEXICO FROM San Diego, 7 nights, Celebrity, \$562 per person, tax included, double occupancy. December 1st-7th. Deposit required. Includes all meals/entertainment. Norma, 858-453-7626.

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BEVERLY and Marge H who lived in Imperial Beach and East County in the 60s, write Jerry. PO Box 731 El Cajon, California 92022.

DAVIEBABE IN BOSTON! When you find your best friend and true love, never ever let her go! Still crazy after all these years.

HGS, the record heat and my sore feet, make me appreciate that you're still so neat. TYS Michale. IRDLY 24/7/365.

IT'S ALL right now, I learned my lesson well, you see you can't please everyone, so you got to please yourself. Peace right now.

WHEN THE, rain washes you clean, you'll know. Pray and work for a safer world. Pray for Peace.

MATCHES SHARED INTERESTS

SEEKING OUTGOING FEMALE Travel pals for trips to Hawaii, Mexico, Asia, Europe, Vegas and short weekend trips. (8/2) **69670**

VERY FRIENDLY, OPEN, Witty lady. Seeks single gal pals for friendship, conversation, shopping, walking, social stuff, whatever. 50s-60s, nonsmoker, young attitude. (8/9) **69704**

TENNIS ANYONE? 51 year old male. Seeks new tennis friends, male and female. Intermediate to advanced level. Let's play! (8/9) **69698**

LADY CHARGER FANS, I am starting a group of female Charger fans to watch games and go to games, any age married or single call! (8/9) **69705**

MATCHES WOMEN SEEKING MEN

LET'S GO THE THE RACES! Attractive slim real estate agent 59. Seeks reasonably fit fun companion for conversation and a glass of wine. (8/9) **69425**

LOOKING FOR A MATURE And serious gentleman; companionship and would be interested in sharing a lasting relationship. 50-56 years of age. (8/2) **69422**

ACTIVE, OUTGOING, Slim, fit, petite, good listener, patient, kind, considerate, open to life, ocean, mountains, theater, movies, dancing, biking. Seeking fit, active 50-57 nonsmoker. (8/2) **69414**

NORTH COUNTY GAL, 46 looks nice. Seeks man who likes to have fun, dancing a plus, art, coffee, camping, brown hair, 162lbs, call for details. (8/2) **69401**

IF YOU ARE 32-48, kind, handsome, smart, affluent, and charming, I'd like to

meet you! I'm pretty, sweet, blonde, adventuresome and fun loving. Let's meet. (8/9) **69446**

NICE LOOKING EUROPEAN Lady, 50, 5'5", blonde, educated, with travel experience in Europe. Seeking soulmate, good looking, educated, to enjoy travel together, North. (8/2) **69397**

BEAUTIFUL SOFT SWEET FACE, Long golden blonde hair fair complexion, slim, fit, angelic looking for masculine, tall, humorous man for tennis, walks, and maybe more. (8/9) **69445**

ATTRACTIVE SENIOR LADY, North County, 65 years old. Like dancing, dining, plays, art, Bridge, nice figure and lots of fun. We could talk over coffee. (8/9) **69431**

FUN, FIT, 43, Likes water, sports, outdoor events, dining, travel, sunsets. Looking for a man with a great sense of humor, spontaneous and financially secure. (8/9) **69424**

INTERNATIONAL TRAVELERS. White male, who's tall, fit, clean cut, diverse, nonsmoker, 40-50, wanted by a caribbean beauty with exotic looks, 5'6" 130lbs., 40s, unencumbered, passionate. (8/9) **69430**

FILIPINA LADY, Looking for lifetime partner. I am fun/humorous, loving, caring, cook for you. Seeking a man to love me forever, grow old together. (8/9) **69444**

LEFTIST, 52, 5'9", son (18), O.B., natural, hiker, camper, blues-opera. Thou: politically progressive, 50ish, comely, easy-going, intellectual, canine friendly. Bonus: handyman, cook, sailor. (8/9) **69441**

JAPANESE CUTE, PETITE, Former pianist, great cook. Seeks nonsmoking hardworking man. (8/9) **69436**

LOVE TO BBQ! 35, cute, fun, sweet and sassy green-eyed brunette. Seeks confident, funny guy with integrity for friendship, laughter, romance, 36-41. Life is good. (8/2) **69416**

Woman Seeking Man

Mexican, 62, seeks financially secure gentleman, serious relationship only, camping, outdoor, beach, conversation. You 50 to 65, caring homebody. (8/2) **69420**

ATTRACTIVE ASIAN, Health care provider, 42, 115lbs, 5'4". No children, outgoing, love outdoor activities, home owner, financially secure. Seeking college graduate, 40-45 nonsmoker. (8/2) **69400**

ATTRACTIVE BRUNETTE 49, East County 5'7". Seeking healthy white male 42-52 for having fun and hanging out-non-smoker, no drugs. (8/9) **69433**

Seeking Your Soulmate?

Are you 55-62? How would you like to be with an attractive, petite, slender, mature woman who's skilled in the art of compassionate communication and tantra? (8/2) **69402**

SHARE SOME TIME TOGETHER. Me, retired, tallish, alive. Living modestly. No smoke. No debts. Have dog, enjoy nature walking, music, reading, etc. You? (8/2) **69398**

ATTRACTIVE, CONFIDENT, And caring. Would like to meet a gentleman who can respect the feelings of others and is not afraid of being romantic. (8/2) **69418**

ATTRACTIVE PROFESSIONAL ARTIST, Singer, tall, fifty, blonde, blue. Seeks sim-

ilar interests. Educated, creative, non-smoking, fun-loving, entrepreneurs encouraged for mutual support, long-term romantic relationship. Ciao! (8/2) **69421**

SPECIAL AND UNIQUE, Talented Latin lady, likes traveling, country lifestyle, romance. Seeks single marriage minded, financially secure, caring and understanding professional gentleman. (8/2) **69399**

TRUCK DRIVIN' MOMMY, 44 attractive blue/auburn 135lbs, desires forever with tall truck drivin'/Harley ridin' daddy. Looks unimportant; love me, I'll love you back. (8/2) **69406**

WHITE, 50s, Appealing, caring, secure, healthy, honest. Searching for 50-60, educated gentleman; enjoys movies, travel for sharing and intimate relationship. (8/2) **69408**

INTERESTED IN LIVING long healthy active life? Companionship is primary. Widow, 74, slim, attractive, intellectual, Bridge, exercise, laughter, witty, have health, some money, can travel. Join me for multifaceted journey. (8/9) **69426**

EUROPEAN, EDUCATED, Gorgeous petite. Seeking successful, truthful, generous, educated, anti-war, stylish, monogamous, (com)passionate, no baggage man, friendship, sportive, no previous kids, spiritual/non-religious, 35-53, 5'9"+. (8/2) **69417**

FRIEND, PLAYMATE, LOVER, Wanted for good times, laughs, and TLC. If you are tall, 58+ with a monogamous nature, very pretty lady awaits your call. (8/9) **69438**

SEARCHING FOR MY MCDREAMY! Clean-cut, slim, Caucasian, handsome, 30s-40s, mellow, sober, nonsmoking, sweetie, into rollercoasters, movies, animals, theater. Me: slender, 40, auburn, very attractive, classy. (8/9) **69434**

39 FEMALE, Enjoys outdoor activities, movies, dinner, plays, concerts, walks, talks, dancing. Seeks male 38-45 who enjoys the same. Start as friends. (8/9) **69435**

LAKESIDE SINGLE FEMALE, Monogamous. Looking for gentleman, monogamous, fun things, friendly, likes himself, to late 50s. Call me and we can talk more. (8/9) **69428**

PETITE, LOOKING FOR Good man, kind, honest, Asian financially secure Christian, 62-68. Love, beach, cooking, plants. No smoke/drug. For long-term relationship, 62. (8/9) **69437**

27, CUTE, SWEET, Honest, don't drink or smoke. Enjoys rock, alternative music, movies, exercising, concerts; 25-35, mature, fun, stable, honest man for lasting relationship. (8/2) **69396**

CLASSY LADY, 60s, Slim, pretty, financially/emotionally secure, successful, intelligent, healthy life style. Looking for quality gentleman, my soulmate, to explore and enjoy life together. (8/9) **69427**

POSITIVE, CARING, SLIM Fun 50s, 150, sincere, generous, emotionally available, physically/financially able gentleman for quality friendship, companionship/long term relationship? Success oriented, educated, humor. (8/9) **69432**

ALL-AMERICAN CLASSIC Woman, beauty and brains, sense of humor, 5'6", long blonde hair, blue eyes, slender, looking for family man, stable, honest and fun! (8/2) **69393**

NONSMOKER MOM, Son 11, enjoys riding quads at Buttercup. I love being around boats and marinas, 70s music; trying new things with supportive, moral person. (8/9) **69443**

ATTRACTIVE, 5'6", trim, athletic. Seeking white tall, healthy 55-69 male, who can relax and enjoy the woods, fog, sea, mountains and wonder of nature. 858. (8/2) **69411**

MUST LOVE ANIMALS! Adventurous, playful, interesting, flirty, fun. You tall, sexy, ready for new stage in life, loving, affectionate, passionate, sense of humor. Nonsmoker. (8/9) **69439**

ATTRACTIVE, SWEET, SENSUAL, Happy, playful young African American, caramel colored, great figure, beauty. Seeks caring, sensual, nurturing, financially stable, generous gent, 45+ for fulfilling friendship. (8/2) **69409**

THE ROSE VENEZUELAN, Quality, romantic, professional, love dance. 47, tall, white, happy. You single, work, car, white, 48 to 60, with time for me! (8/2) **69412**

SPIRITUAL WOMAN, 37, 6'1" love to work out. Looking to meet a serious minded spiritual man 40-50 for a loving relationship, race unimportant. (8/2) **69395**

INTELLIGENT, VIBRANT, Humorous, 57 lady wants the company of a gent 50-62 for fun, adventure and companionship. Be educated, sense of humor, for monogamous relationship. (8/2) **69415**

GOOD LOOKING LATINA, 43 looks 35. Searching for a good looking, honest, nonsmoking male, 40-48, for some happy times, dancing, movies, maybe more. (8/9) **69423**

SEXY SINGER 43, Seeks soulmate, 30-55, for lasting love! Smokefree! Healthy, wealthy, wise. Commitment, respect, honesty, sensual touch connects us to heavens. Let's soar. (8/2) **69413**

SUMMER FUN, Probably more. Single white female, 36, healthy, happy, educated, athletic, outdoorsy, condo owning, professional, love beach and volleyball. Seeking single man, 5'10", 30-42. (8/2) **69407**

ATTRACTIVE, PUERTO-RICAN, Mixed widow, fun loving, left handed, Capricorn, dark, intelligent, honest, kind, sweet, sensitive, sincere, passionate. Seeks professional, tall, loving, white male, secured, 50+. (8/2) **69405**

HAVEN'T FOUND WHAT I'm looking for! You too? Witty, selective, very attractive, childless, black beauty, diverse interests. Seeking unencumbered white male with above average mentality. (8/9) **69429**

A SWEET COUNTRY ANGEL Looking for a white knight. I am 30 years old, looking for an open, honest guy, who likes the outdoors. (8/9) **69442**

VIBRANT, SINCERE, Warm Latina, 40s. Seeking Caucasian male 43-52 for a long term relationship. Let's enjoy the summer while it's here. (8/2) **69394**

BLONDE FAIR BLUE EYES, Not a fat chick. Looking for an attractive white male who's trustworthy, funny. I like dining, movies, beach, etc. Please call. (8/2) **69419**

PERKY, OUTGOING, 61 years young. Looking for companionship and romance. Photography, museums, adventure, going out, staying in, music, family, pets, friends, travel, laughing. No smoking. (8/9) **69440**

SCUBA BUDDY DESIRED, You, single, certified experienced male diver with equipment, ready to roll. Me single female, set up and ready to dive, with experience. (8/2) **69666**

BRITISH GENTLEMAN, Desired by green-eyed white lady, 47, nature lover, world traveler, sense of humor, healthy lifestyle. Please have similar interests/lifestyle. (8/2) **69403**

MATCHES MEN SEEKING WOMEN

DO YOU NEED A HOME? I own a 2 bedroom house in North Park. I'm looking for a companion, 35-50, fun-loving, honest female. (8/9) **69701**

WIDOWER, 80s, Retired, healthy, active. Seeks retired compatible companion 70s-80s for friendship, romance, dinners, shows, concerts, travel, cruises around the rest of the world together. (8/2) **69656**

A DIFFERENT MAN, 43, would like to meet an honest, hard working woman to hang with. I love music and movies and many other things. (8/2) **69682**

WANTED: GIRLFRIEND for all around good-hearted guy. Love hugs and kisses.



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Ready to give all my heart. No games. Call me. (8/9) ☎69692

SPIRITUAL, ROMANTIC, Sensual man, 47. Seeks spiritual, sensual loving woman with firm shape, sexy legs, long dark hair for relationship of passion, intimacy and growth. (8/2) ☎69654

WHITE GUY, BLACK GIRL. I'm 33, 5'8" in shape, brown hair, blue eyes, very cute, full lips, great hands. Call me. We'll never know. (8/2) ☎69686

ASIAN 30 to 44 DESIRED, White professional, 47 (looking 39). Toned, smooth skin, shaven face, brown/green, 6', 200lbs. Sweet. Give you wonderful back rubs. (8/2) ☎69660

CARING, FUN, FIT, Romantic, stable, white male 6', 56, 175lbs. Seeks special gal for quality time together, walks, dining, travel, bye for now. (8/9) ☎69688

SENSE OF HUMOR, Honest, intelligent, kind, passionate, adventurous, 52, 5'8", 170lbs, black/grey. Enjoy rock music, movies, nature walks, coffee houses, stimulating conversations. Seeking like-minded. (8/9) ☎69687

YOU'RE THERE, I know it! Please call this widowed 78 year outdoorsman liking homelife, BBQs, RV camping, for our lifetime, secure, happiness together. (8/2) ☎69673

WIDOWER RETIRED YOUTHFUL, 60s Caucasian, well groomed, financially secured 57, 170lbs, fit. Seeking attractive lady to enjoy good music, dancing, my cooking, quite-times, will respond. (8/9) ☎69714

HONEST HANDSOME HISPANIC, Hopes to hold non-hetty friendly femme fatale... forever? 52, slender, long divorced. We're unique, pleasant, positive, relatively intelligent, secure, dreamers. Let's eat! (8/2) ☎69685

LADY OF ANY RACE, I've dated all, just be honest, caring, attractive and love simple romance from an attractive romantic 43 6'3" 240 white male. (8/2) ☎69684

Attractive, Romantic, Non-smoker
Seeking sexy attractive, sincere lady for dining, dancing, beaches, hugs, sports, loving, lets have some fun. (8/9) ☎69713

I DON'T WANT TO GROW UP! Fun, enthusiastic, good-hearted, tall, outgoing man. Seeking 'normal' friendly, caring, cuddling women to have fun times in San Diego. (8/9) ☎69716

52 YEAR OLD, Quality North County man 5'10", healthy, fit, positive, energy of 30 year old. Seeks intelligent talks, laughter, desirable lover, nature, animals, adventure. (8/2) ☎69658

YOUR SOMEONE SPECIAL, Charming and compassionate black male 52 and fit. Seeks an affectionate lady 37-50 slim to average friends or more. (8/9) ☎69710

HANDSOME, FUN, OUTGOING, 45 year young father of an 11 year young boy. Looking for a committed, serious, everlasting relationship. (8/2) ☎69661

SUPER NICE GUY! Romantic, dynamic, kind, creative, educated, professional, young 56 looks 45, enjoys music, dancing, outdoors, concerts. Seeks younger, petite, attractive, nonsmoking, quality lady. (8/9) ☎69718

I AM LOOKING FOR, A friend that is independent, free, and enjoys having a good time. (8/9) ☎69708

VERY TALL, 6'5" professional chef, good with hands. Seeking black female, 35-48. Are you into lots of fun, laughs, romantic evenings? Let's meet, talk, drink. (8/9) ☎69691

HANDSOME, HEALTHY, Successful, 6'1", 42, 200lbs, dark hair, blue eyes, honest. Seeking younger romantic partner, kind, sweet, attractive, educated with long-term potential. Call/write. (8/2) ☎69671

40 YEAR OLD PHYSICIAN, Fit, great sense of humor, loves dancing, music, painting. Looking for woman, early 30s, petite, fit, cute for long-term-relationship, possibly more. (8/2) ☎69680

SENIOR GENTLEMAN 88, European education, PhD, nonsmoker, drinking-socially, active physically/mentally, sincere. Seeking Caucasian lady 60-70 with similar attributes, cheerful/happy person for friendship/marriage. (8/2) ☎69681

HANDSOME BLACK MALE, 39, 5'10", 170lbs, athletic caregiver. Looking for serious relationship only, no games, age race not important, honestly is. I'm now single, opportunity. (8/2) ☎69655

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30, CAUCASIAN, ATHLETIC Male. Seeking fit 25-30 Caucasian/Asian/Latina woman, sports enthusiast to join me at Chargers/Padres games, non-smoker/non-drinker. (8/9) ☎69702

55, TALL, SLENDER. Hang at Ocean Beach food co-op, the pier, Fiesta Island, libraries, bookstores, Pannikin, hikes, walks. Live near Santee. (8/2) ☎69653

LATINO MALE, Good natured, outgoing, 5'8", 135lbs, 50, college educated. Seeking friendship, conversation with thoughtful, considerate and kind special lady. (8/9) ☎69720

SINCERELY SEEKING A quality relationship. I'm 55, 5'3", 145, good looking. I love music, nature, and fun at home! La Mesa. (8/9) ☎69689

TALL, PROFESSIONAL gent is seeking a tall, slender lady to share and enjoy life. I'm Caucasian, 58, fit, 6'6", with varied interests. La Jolla area. (8/9) ☎69695

49, POLICE OFFICER. Healthy Caucasian, gentleman's standards/morals, Fashion Valley. Seeking motivated lady, 42-50, to enjoy life's adventures and daily living with possible commitment. (8/9) ☎69707

OUTDOOR ORIENTED MAN, Skiing, sailing, dirt bikes, mountains, desert, are my interests, 6'1", 180lbs, 45, easygoing fun type. Seeks adventurous, slim woman. (8/2) ☎69675

ATTRACTIVE BLACK LADY, 30-45, fit, sense of humor, sought for friendship, romance, with successful white male, blue eyes, affectionate, muscular. (8/2) ☎69651

ATTRACTIVE, TALL, STABLE, Normal white male 51 who is smart, witty, affectionate, kind, happy, fit. Seeking an attractive, nice woman for a relationship. (8/9) ☎69706

SAGITARIUS WHITE KNIGHT, 47, 5'8", spontaneous, sensual, cute, great kisser. Seeking earthbound angelic goddess, friends first, enjoys fun, adventure, sports, dining, dancing, beach, mountains. (8/2) ☎69667

SINGLE BLACK CHINESE, The best of both worlds, sincere, honest, easygoing. Seeking female, any race, 30-45, friendship-relationship with friendly, loving attitude, contact soon. (8/9) ☎69711

CAUCASIAN GENTLEMAN, Mid sixties. Seeks to meet adorable Caucasian lady any age, object is to enjoy life. Let's go and do and have fun. (8/2) ☎69678

CHULA VISTA business man, 52, fit. Enjoys hiking, thrills, yoga, travel, theater, concerts, movies, most sports. Clean,

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From this page, click on "Matches."

neat homeowner, a gentleman lives alone with lab. (8/9) ☎69700

SEEKING WOMAN, 50+ for companion-ship, possible long term relationship. I'm 57, I enjoy working out, movies, sports, dining, quiet times together with a non-smoker. (8/9) ☎69699

Wife Wanted,

Architectural designer, house builder. Extroverted world traveler, aware, huggable, personable, listener, compassionate, intuitive, open communication, loves life. You're 37-47. No cats, please. (8/2) ☎69676

Polite Man For You

Polite man 6'2", 215, 50s, clean-cut. Seeks polite attractive woman similar age for dinners, plays, kindness. Give a masculine, courteous man a chance! Thanks. (8/9) ☎69719

YES MA'AM. Strikingly handsome, 51, 6'1", 185lbs. Seeking mature, assertive, beautiful curvaceous woman for mutually beneficial companionship, respect, devotion, pleasing you. (8/9) ☎69694

BIG AND TALL Female, outgoing, independent, to age 47, white male, 50s, fit, muscular, successful financial advisor, funny, supportive. Fine dining and day trips. (8/9) ☎69722

EASY GOING, HISPANIC, 39, 5'11", 165lbs, educated, fun, humorous, athletic, attractive. Seeking an active lady, 24-39, who loves adventure. I'll keep things light and interesting. (8/2) ☎69663

TALL, DARK AND HUMOROUS. Me: 36, nocturnal cuddler. You: 25-36, nocturnal cuddler. Kids OK. Race open. (8/9) ☎69693

HONEST HETEROSEXUAL, Physically fit 5'10" 165lbs, straight white teeth. Good looking Caucasian employed. Seeking long-term romance with pretty female 35-45 healthy and loves life. (8/2) ☎69683

TALL, DARK AND NICE-LOOKING White male, 47, easy-going, hardworking, family oriented, financially/emotionally secure, witty. Seeking pretty, nonsmoking woman with similar qualities, long term relationship. (8/2) ☎69672

VERY HANDSOME, 42, TALL, trim, dark hair, suntan, elegant type, educated into arts, classical music, refined taste. Seeking loving, kind, sensual woman for lasting relationship. (8/9) ☎69696

SLIM, TALL, DIVORCED, Father, Escondido, gentlemanly, degreed, varied interests, easy-going. Seeks 43-53, North County, nonsmoker, feminine, degreed, fit, fun, conversation, outings, laughs, possibly a happy. (8/2) ☎69650

HI, I'M A HAPPY- go-lucky person desiring to meet optimistic, extroverted gals for fun. Enjoy knowledge, wordly, open-minded, travelled. Reasonable things only. (8/9) ☎69717

CAUCASIAN, 5'8", Author, teacher, medium built, 58, Psychology graduate student, transpersonal metaphysical interests. Enjoy film, music, outdoors, museums, hugging. Seeking female 40-48, similar interests. (8/2) ☎69652

LOOK NO MORE! Seeking true lover to share life's finest. Slim, fit, sexy, attractive, honest, sincere, affectionate, passionate, fun, love, happiness always. 6', 170lbs., 49. (8/9) ☎69697

59 AND EMOTIONALLY STABLE, Available. Seeking the same for walks on beach and dancing, along with all the fun that being together can bring about. (8/2) ☎69669

MALE, 50s, DIVORCED, romantic man likes cuddling, walks on beach, spontaneous, easygoing, honest, dining, movies, very nice, affectionate, laughter. (8/2) ☎69664

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HAS A DISABILITY Slowed you down? Changed your routine? If you like BBQs, quiet times, hugs, kisses with romantic guy, call. Let's compare disabilities. (8/9) ☎69690

SINCERE SENIOR GENTLEMAN. Enjoys social activities, bridge, dining out, trips, dancing. Looking for rather tall, full figured lady with similar interests. (8/2) ☎69662

ENTREPRENEUR SEEKING Dance partner (West coast swing, waltz, salsa and learn 90-second Fred Astaire dance routine). Travel Las Vegas, San Francisco, Baja for business, fun and romance. Come dance with me on a moonlit beach. (8/2) ☎69674

HONEST, GOOD HEART, Seeking you for movies, dancing, genuine fun and possibly love. You: sexy, honest, available and ready to smile. (8/2) ☎69659

ANDROGENOUS, NORDIC PISCES, Retired designer 5'10", 175. Wholism yoga, (619), sailing, canoeing, snorkeling, fires. Classical, mellow, flamenco. Cats. 4'10"-5'6", slender, attractive, patient, Caucasian, Pisces, Leo. (8/9) ☎69715

NICE APPEARING BACHELOR, Early 50s, trim, successful, childless, blue, brown. North County Coastal homeowner, without encumbrances. You 40 something, well groomed, not overweight, serious-minded. (8/2) ☎69665

TERI HATCHER? No thanks. Prefer a 50-ish fun gal for movies, dining, and outdoor fun, just bring your smile. Lunch and a San Diego Sunday? (8/9) ☎69712

INDEPENDENT GLOBETROTTER, European, unencumbered, retired 5'9", 180lbs. trim, nonsmoker, nondrinker, healthy arts-lover, honest, tactful, hobbyist, dresser to occasions. Seeking Caucasian Latina lady under 60. (8/2) ☎69657

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DRUMMER WANTED, funk/jazz, with solid meter. Rehearse once a week in North County. Have 3-piece horn section and material. Sucalate3@aol.com or Jeff, 760-845-8126.

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REHEARSAL IN OCEAN BEACH at Spotless. 1922 Bacon Street across from Winston's. 3 air conditioned rooms with P.A., available for hourly rentals. Parking, loading. 619-523-3073.

REHEARSAL STUDIOS, Escondido. Hourly, monthly (from \$250), easy access, plenty of parking, air conditioned, high ceilings, soundproof, drum room also available. Near Guitar Center. 619-459-2255.

REHEARSAL SPACE. Spacious room! Monthly/weekly/hourly rental. Sharing is available. Air conditioned. 24-hour ac-

cess in Escondido. Internet access available. Scott, www.exumrecording.com. Call 760-739-9700.

REHEARSAL STUDIOS for musicians, artists. Handy College Area location. Monthly rentals only. Your appointment is appreciated. We will get back to you promptly. 858-335-8455.

REHEARSE AT SUPERIOR SOUND in Kearny Mesa or El Cajon. State-of-the-art rehearsal studios that offer 24-hour surveillance, soundproofing, air conditioning, and high ceilings. Ask about our move-in special! Limited rooms available. Call now to reserve your space. Kearny Mesa, 858-268-4600; El Cajon, 619-447-4977.

REHEARSE AT ADDER. Upscale Kearny Mesa facility. All rooms have individual air conditioning, high ceilings and 24-hour access. Monthly rooms available. 858-505-8644. www.adderstudios.com.

REHEARSE AT HINDSIGHT. Miramar. Hourly rooms, fully equipped (drum kit, two half stacks, bass rig, PA), starting \$18/hour. PA only, \$16/hour. 858-635-9611, www.hindsightrehearsal.com.

ROOMMATES

PLACE FREE ONLINE ADS with photos at SanDiegoReader.com. Also, see thousands of classified ads not printed here!

BAY PARK, \$675 large furnished bedroom, includes utilities, upstairs in tri-level. Quiet cul-de-sac. Queen size bed, direct TV, share bathroom. No pets/no drugs. 858-272-1594.

CARDIFF, \$625 plus utilities for room in 3 bedroom, 2 bath house. Washer/dryer, DirecTV. No smoking/drugs. Month-to-month lease. Available August 1. 619-921-2812, 858-314-4653.

CARDIFF. Room with private entrance, \$650 plus utilities and deposits. Community living with privacy. Vegetarian/seafood kitchen, organic garden, jacuzzi, laundry. Nonsmokers, no pets. 760-753-0321.

CARDIFF. Very private bedroom/bath in 3 story, stunning oceanview home. Includes utilities, cable, washer/dryer, cedar closet, 2 blocks to beach. \$850/month. 760-942-7604; 619-235-2415, x28029.

CARLSBAD. \$725/month. Includes bedroom/bathroom, cable TV, wireless Internet access, all utilities in sweet/clean house. References required. Available 9/1, possibly sooner. Contact k.rich@adelphia.net.

CARLSBAD. \$795, plus deposit and utilities. Share a beautiful 3 bedroom female house with nice back and front yard. Couple blocks away from Carlsbad Lagoon, 1 block away from Vons shopping center, 1 mile away from beach and 1/2 mile from Carlsbad downtown, near MiraCosta college and mall. Master bedroom with private bathroom. No smoking/pets. 760-720-7451.

CARLSBAD/LA COSTA. \$750. No smoking, drugs, pets. Spacious 3 bedroom, 2 bath home. Room, 10'x11', furnished/unfurnished with upgraded bathroom, all amenities. mikescole@gmail.com, 760-803-1863.

CHULA VISTA. Room for rent. Between H Street and Telegraph Canyon Road, near I-805. All utilities paid for. More information, call Jose, 619-421-1129; 619-235-2415, x27347.

CHULA VISTA, SOUTH. \$525, \$250 deposit. Fully furnished room. Includes utilities, cable. Kitchen privileges. Share bathroom. Nice area. Near I-5 freeway, bus, trolley station. 619-739-2865; 619-235-2415, x21406.

CHULA VISTA, \$575. \$250/deposit, bedroom for rent in luxury townhouse. No credit check. Available now. Pool. 24-hour laundry. Private parking. Ask for Martin 619-271-9315, 619-922-8389.

CLAIREMONT. Room in 4 bedroom house across from Mesa College. High-speed Internet. Must like dogs. Close to everything. \$525/month, includes utilities. 619-379-1635.

CLAIREMONT. 2 bedroom, 1 shared bath with male in condo. Female only. \$450 plus \$350 deposit. Includes utilities. Nice, clean, quiet. Pool/Jacuzzi. Mac, 858-405-2565.

CLAIREMONT, NORTHWEST, \$475. Plus 1/5 SDGE. Room(s) in four room house, shared bath, includes laundry, dish TV, nonsmoking/drugs/pets. References, \$475/deposit, 858-270-1436, 619-246-7447.

CLAIREMONT, above Mission Bay, room available in newly remodeled 4 bedroom, 3 bath house. Quiet neighborhood, laundry, fireplace, parking. No pets/smoking/drugs. \$590/month. 858-272-2992.

CLAIREMONT. \$650, 2 bedroom, 2 bathroom, 1/2 utilities. Pool, laundry. No smoking/drugs/pets. \$225 deposit. Credit check. Close to freeways. Available now. Toni, 858-503-5957.

CLAIREMONT. \$475. Share 4 bedroom, 2-1/2 bath home. 2 fireplaces. Large kitchen, covered patio, barbecue, garage, storage, washer/dryer, high-speed Internet. Near all. 858-300-6081.

CLAIREMONT, Master bedroom in 2 bedroom 1 bath nice quiet contemporary apartment. Available 8/26/06, week free rent \$470, \$350/deposit. No alcohol/drugs/pets, nonsmoker, 858-499-0099.

CLAIREMONT, MOUNT AREA. \$500 plus deposit. 1/3 utilities. 3 bedroom 2 bath house. Maid and gardener included. Quiet location. No pets. Patty, after 5pm, 858-576-6924.

CLAIREMONT, \$650. Room for rent, quiet, clean house, cable, closet, bed, TV, 1/3 utilities. \$450/deposit. Freeways, stores. Available now. Ask for Carmen. 619-640-0065.

COLLEGE AREA. \$545, 1/4 utilities (\$24), 4 bedroom, 2-1/2 bath house. Washer/dryer, oceanview deck, parking, breezy hilltop setting in quiet neighbor-

hood. Male, nonsmoker/pets. 619-801-0222; 619-235-2415, x17102.

COLLEGE AREA. Furnished, Kosher kitchen. \$450, 1st and last plus food cost. No smoking/pets. 2 bedroom, 1 bath. 619-286-5213, 619-235-2415, x17195.

COLLEGE AREA. \$550 includes cable/electric. large 15x11 bedroom. Available now in 2 bedroom, 1 bath apartment. Pool, parking, laundry. Female preferred. Bob 619-358-3968.

COLLEGE/LAKE MURRAY. Furnished 2 bedroom, 2 bathroom house with person plus dog. Master bedroom, plus bath. Convenient quiet location. \$600, plus 1/2 utilities. 619-235-2415, x24882.

DEL CERRO. Spacious 2-story townhouse, 2 master suites, 2-car garage, patio, washer/dryer, share with female. \$850 plus utilities. Available mid-August to 9/1. 619-235-2415, x30814.

DEL MAR, WEST. \$600/month, plus deposit, includes utilities/cable. Private room, shared bath. Female only. Pleasant, nice neighborhood. No smoking, drugs or pets. 619-235-2415, x31174.

DOWNTOWN. \$600-\$700, \$250 deposit, furnished Victorian apartment. Includes: utilities, phone, digital cable with movies/radio, broadband and wireless, house-keeping, laundry. Review: www.newportplace.com. Interested? Send e-mail.

Call the free
Roommate
Hotline!
235-2415

Soon after advertisers place their ads, their spoken introductions go on the Roommate Hotline. This lets you **hear listings before they're printed in the Reader.** Call 24 hours/day & choose option two. Select listings by gender, price and area. Listings updated daily.

EAST COUNTY. Waterfall. Private entrance. Kitchen privileges. Pet OK. Close to Hot Springs. Fishing available. \$350. Getaway, relaxed, peaceful, country living. Nonsmoker, 619-387-6647.

EASTLAKE, room for rent, private bedroom, brand new condo. \$600/month. Pool, jacuzzi, exercise room, parking space. No smoking/pets. Female preferred. 619-216-7733 or 619-370-6640.

EL CAJON, \$650 room available in 4 bedroom house, utilities included. Large bedroom, private bath, quiet exclusive neigh-

borhood, close to freeway/shopping. No pets. 619-579-6559.

ENCINITAS. \$750. Approximately 12'x12' bedroom in 3 bedroom, 2 bath townhouse. Washer/dryer, kitchen privileges. Share bathroom. Male only. Great location. 760-632-1070.

ENCINITAS. \$700, 1/2 utilities. Near beach. Large quiet room, walk-in closet. Balcony, view, cable, yard. Shared bath. Cat OK. Outside smoking OK. 619-235-2415, x12837.

ENCINITAS. Spacious room \$695. Master \$895. Plus deposit. Includes utilities/cable. Quiet house. Near all amenities, MiraCosta College. Single occupant. No pets, smoking, drugs. 760-634-1637; 619-235-2415, x24069.

ENCINITAS. \$800, includes utilities. Furnished room, beautiful home. 8 blocks to downtown, beach and coaster. Large master suite with bath. Gated community, pool, jacuzzi, tennis. 619-235-2415, x18581.

ENCINITAS. \$550/month, 1/4 utilities. Room in clean, quiet modern house. Washer/dryer, cable, kitchen privileges, phone line available. Deposit. Won't last long. 760-753-1686; 619-235-2415, x30194.

ESCONDIDO, \$575, plus \$300/deposit, utilities and cable included. Room and bath, full house privilege. No pets, no smoking. Daytime 760-746-0513, evenings 760-415-2458.

HILLCREST. Large room available on 9/1 in spacious community house on Balboa Park. Fireplace, gated courtyard, park, laundry. \$600, includes utilities, first and last. 619-260-8482; 619-235-2415, x30432.

KENSINGTON, Talmadge. 3 bedroom home to share, private entrance, bath, all utilities included, cable, DSL, yard, gardens. Pet maybe. \$900/month. 858-775-6151.

LA JOLLA VILLAGE, share 2 bedroom, 2 bath condo. \$900/month, includes electric, cable, \$175/deposit. No pets/smoking. Near shopping, beaches, onsite laundry. Available 8/1/06. Must see to appreciate. Nacho 858-551-9356 or 858-459-1045x317.

LA JOLLA. Windansea. \$900. Room available, private entry, large front deck. Block from beach. Washer/dryer. Located Marine Street/La Jolla Boulevard. 858-437-7867 or 858-336-7909.

LA JOLLA. Room in spacious, clean, peaceful home. Beautiful, safe neighborhood. No smoking/pets. Vegetarian kitchen. Male preferred. \$650/monthly, plus deposit, share utilities. 858-581-2546; 858-220-9184; 619-235-2415, x27072.

LA MESA, \$450. Quiet room 12'x15'. Male preferred. Separate entry. High-speed Internet. Adjoining shared bath, refrigerator/microwave, no kitchen use. No smoking/pets, 619-465-4086.

LA MESA, Large furnished shared 1 bedroom, bath, pool, jacuzzi, rec room, laundry, parking. Call T-Bob for more info, 619-920-5365.

Ads Uploaded Daily To SanDiegoReader.com

Place your Reader roommate ad
today and get responses tomorrow!

Call (619) 235-2415
day or night.

For just \$20 per week, you receive:

- A 25-word printed ad in the Reader
- Also on SanDiegoReader.com
- Use of a 24-hour voice mailbox service
- Placement on the Roommate Hotline

1. Pay with Visa, MasterCard, Discover, check or cash. The cost is \$20. No matter which payment option you choose, you must first call (619) 235-2415 to place your ad.

2. Write your 25-word Roommate ad on this form and be ready to dictate it when requested. You will have one minute of recording time. Begin with the neighborhood, then describe the property and list the rent. After dictating your printed ad, continue to describe your roommate situation. When you are finished recording, press 2.

3. Your print ad may not describe you or the person you are seeking.

1	2	3	4	5
6	7	8	9	10
11	12	13	14	15
16	17	18	19	20
21	22	23	24	25

4. To provide online viewers of your ad with a map of your neighborhood, we need cross-streets and zip code:

&	
NEAREST CROSS-STREETS	ZIP CODE

5. The system dictates a mailbox number and security code.

MAILBOX NUMBER	SECURITY CODE
----------------	---------------

6. To retrieve your messages call (619) 235-2415. Messages are erased after you hear them, so have pen and paper ready. Your mailbox will expire at midnight Wednesday, six days after publication.

7. Deadline for placing voice mail ads is 6 pm Monday; however, print/online ads can be placed until 6 pm Tuesday by calling (619) 235-8200. Voice mail ads will be placed on the Hotline within 24 hours. No cancellations.

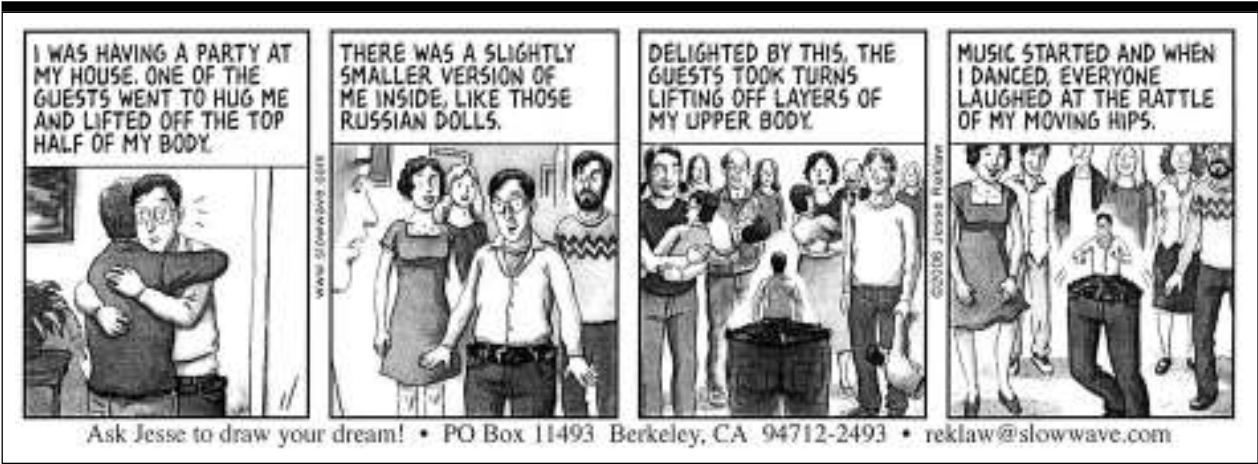
8. Renew your mailbox and ad if you don't need to make any changes in your ad copy or mailbox recording. Call (619) 235-2415 and choose the renewal option. You may renew your mailbox any time Thursday through 6 pm Monday.

9. Advertisers are responsible for checking their Roommate ads for accuracy and reporting errors by 6 pm Monday, following publication. Call (619) 235-8200.

Mail-in payment: Reader Roommate Line
P.O. Box 85803, San Diego, CA 92186

Walk-in payment: 1703 India (at Date),
Downtown San Diego

For questions regarding Roommate ads,
call (619) 235-8200.



LA MESA, LAKE MURRAY, \$735. Cable, Internet, utilities included. A/C, washer/dryer, secluded pool area. Private entrance/bath and drive-way with carport. Peaceful/quiet 619-517-7119.

LA MESA, \$525. Large corner room, 3 bedroom, 2 bath house. Quiet area. Includes utilities, cable TV, fast Internet, washer/dryer, off-street parking. \$400 deposit. 619-589-6122; 619-235-2415, x26346.

LA MESA, \$470. Large room with large closet in quiet older home with laundry. Easy parking. Pets possible. 619-235-2415, x21222.

LA MESA, \$450, \$450/deposit. Bedroom available 9/1/06, 3 bedroom 2 bathroom condominium, share bathroom. Includes utilities, cable, Internet, large living room/patio. No pets! 619-464-2254.

LA MESA/SDSU, \$600. Private room and bath. Includes utilities. Female. Good area. Private refrigerator, housekeeper, pool, spa. \$500 Deposit. No drugs, alcohol, smoking. 619-644-8711; 619-235-2415, x31385.

LEUCADIA, 2 blocks to Stone Steps beach. Share 3 bedroom with other female and male. Utilities included. Non-smoking female only. \$700/month, \$500 deposit. Gary, 760-519-4569.

LINDA VISTA, Nonsmoking male only, to share 2 bedroom fully furnished spacious clean apartment with fenced patio. \$500 plus half. Richard 858-505-0262.

MIRA MESA, \$450/month. 2-story home, fireplace, wireless internet, pool, 1 bedroom downstairs. Between I-5 and I-805, near shopping. References required. Female preferred. No pets 858-689-1724.

MIRA MESA, \$750. Female. Master bedroom with bathroom. Large house. Includes all utilities. Washer/dryer. No pets or smoking. 714-569-1924; 619-235-2415, x21716.

MIRA MESA, \$500. Female. Single room. Large house. Includes all utilities. Washer/dryer, community pool. No pets or smoking. 714-569-1924; 619-235-2415, x12688.

MIRA MESA, \$650, \$650 deposit, 1/2 utilities. Master bedroom, private bath. Garage, pool/spa/fitness, central air/heat, upstairs, view, furnished. Female preferred, nonsmoker. 858-566-9675.

MISSION HEIGHTS. Private entrance to large 2 bedroom own bath, clean, \$1000/month, kitchen laundry, close to freeway, shopping. Deck, view. Utilities included. \$950 deposit. 9/1. Louise, 858-228-6378.

MISSION HILLS. Room in view apartment, share kitchen, bath, laundry. \$600/month, includes utilities. Male only. Call AM 619-295-5723.

MISSION VALLEY, \$900. Prefer female. Huge 2 bedroom, 2 bath apartment. Private master bedroom/bathroom, walk-in closet, fireplace, washer/dryer. Call Vanessa, 619-733-8887; princessanessa@gmail.com.

MISSION VALLEY/SERRA MESA. Beautiful park views! Female, 3 bedroom, 2 bath, 1 room available, share bath, pool/jacuzzi, \$600 plus deposit/negotiable, utilities included. No smoking/pets. Available now. Monica, 619-990-2665.

NORTH PARK. \$400/month, utilities included. Clean, furnished. Private room. New carpet. Share kitchen and bath, areas in smaller house. Month-to-month rental. 619-281-8451.

OCEAN BEACH, \$550, utilities included. Landscaping, tennis court, pool, near bus line. Available now, short term ok. Call Dave 619-818-3393 or 619-224-5319, nergieender@excite.com.

OCEANSIDE, 6 blocks from beach. Home gym in bonus room. Hard worker, mature, yet fun household. No pets. \$300 deposit, \$650 rent. Available now. 760-271-5493 or 760-604-2277.

OLD TOWN. \$625-\$750, \$250 deposit. Furnished cottage apartment. Includes: utilities, phone, digital cable with movies/radio, broadband, wireless, housekeeping, laundry. Parking. Review: www.oldtownplace.com. Interested? Send e-mail.

PACIFIC BEACH, \$750. Spacious bedroom in 3 bedroom, 1 bath apartment. Available August 1-December 31. 2 blocks from beach. Great community, washers/dryers. 916-342-1836.

PACIFIC BEACH/CROWN POINT. \$700, includes utilities, cable, wireless Internet. Share 3 bedroom, 2 bath home with male. Must be pet lover, nonsmoker. 732-996-1040.

PACIFIC BEACH, NORTH. Two bedrooms in 4-bedroom, 4-bath house. Minutes from beach, panoramic ocean/city/bay views. Nonsmoker, male preferred. No pets. \$1000. Mary, 619-890-5409.

PACIFIC BEACH/MT. SOLEDAD. \$600, 1/4 utilities. Bedroom in clean, sunny spacious house. All amenities, maid. Prefer female nonsmoker. Sorry, no more pets. 858-483-3326.

POINT LOMA, \$650. Ocean view home, 2 blocks to ocean. Utilities paid plus cable internet/tv. Male preferred. No

smoking/pets. Froad/Alhambra 619-269-6626.

POINT LOMA, \$600, 1/3 utilities, no deposit, pool, laundry, gym, internet cafe, parking. No drinking/smoking, very clean, digital cable service. No pets. Paul 619-770-1888.

POWAY, \$625 plus 1/2 utilities, Large 2 bedroom, 2 bathroom, upscale unit. Large bedroom, walk in closet, private bathroom. All amenities. No smoking/pets, 858-679-0220.

POWAY, 1 bedroom available, in 3 bedroom house, nice community, 2 car garage, washer/dryer. \$600/month. Near shopping. Female preferred. Community Road/Poway Road, 858-342-1318.

POWAY, Room near I-15 and bus line. No drugs, drinking or pets. \$500, plus deposit. Utilities and cable included. 858-679-9459; 619-806-7180; 619-235-2415, x18358.

Call the free Roommate Hotline! 235-2415

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SAN DIEGO. 2 bedroom condo. Nice, large sunny room, mirrored closets. Parking. Share nonsmoking female only, no drugs. Quiet. \$600 includes utilities. 619-698-7350.

SAN MARCOS. \$550. Share large luxurious sunny home. DishNetwork/utilities included. CSUSM/Palomar. Fireplace. Jacuzzi. No smoking/pets. Photos online, 858-361-5500.

SAN MARCOS, Share new furnished townhome at San Elijo Hills, 3 bedroom, 2.5 bath, 2 car garage. Flexible lease.

\$680/month, share utilities. No smoking. 760-752-7796.

SANTEE. \$425. Small security deposit. Room for rent. No smokers/drugs. Pool, fenced back yard. Share utilities. Near shopping center and bus line. 619-562-3812.

SOUTH SAN DIEGO. Room for rent. \$495/month. Large newer house, large yard. Walk to park. Valley view. Close to Chula Vista. Quinn, 619-850-2571.

SOUTHEAST, San Diego, near 805/94. Room in 3 bedroom townhouse. Washer/dryer, utilities included. Female preferred. Nonsmokers only. Share with female. \$425/month, plus deposit. 619-235-2415, x19655.

SPRING VALLEY, Private room all amenities, in 5 bedroom house, \$550/month. Cable, large family room. Patio, parking, clean. 619-252-7609.

TIERRASANTA. \$580, plus \$350/deposit. Shared utilities/cable/Internet. Washer/dryer. Comfortable room, furnished/unfurnished. Near all. No smoking, drugs, pets. Male preferred, 858-292-0145.

TIERRASANTA. \$660, \$350 deposit, 1/2 utilities. 14x13 master bedroom/bath, partly furnished, closet, ceiling fans, air. Have cat. Female only. No smoking, drugs, pets. 858-279-4717.

UTC, LA JOLLA, Available July 25, \$900 large, quiet room, private bathroom, cathedral ceiling, in 2 bedroom condo. With garage parking, share utilities, \$600/deposit, 619-665-8027.

ROOMMATE SERVICES

LOOKING FOR A PLACE. We have 100s available. Personalized service. Call now and save 40% off your registration fee. 619-574-6876. www.roommatesandiego.com.

RENTALS

COMMERCIAL

PACIFIC BEACH OFFICE cottage, 3 rooms. Full bath. 1 parking space. 650 square feet. Available now. 3rd month free! Lease. \$950/month. 1763 Garnet Avenue. Boone Properties, 858-274-6856, 858-366-3633.

SERVICES DIRECTORY 619-235-8200

HOME

AIR CONDITIONING

Amsco Services

Air conditioning & heating. Commercial & residential. Sales, service, repair since 1988. Lic#527141. For prompt service, call 858-488-8667. Visa, Mastercard, American Express, Discover accepted!

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Free Estimates

Add cable, phone, network lines.All wires concealed. Plasma TV installation, Home Audio, homeseecurity, camera systems,home theater. Residential/commercial.Fully insured and experienced. 619-739-0654.

BATHROOMS

Bath and Kitchen Design and Remodel

Visit our new showroom at 3191 Sports Arena Boulevard, Suite E, San Diego, CA 92110. Sunco Construction Inc. License #837955. 619-523-2100. www.suncoconstructioninc.com.

Tubs Refinished

Refinish your old, worn-out bathtubs/sinks to look like new! Fiberglass and porcelain. All work guaranteed. Lic-560438. Bathtubs & Sinks Refinishing Company. 619-464-5141.

CABINETS

Custom Cabinetry

Remodel. Only quality work; cabinets, granite, tile, etc. There is "No "Competition." SWC/Cabinetry International and Granite. 26 years experience. Lic#383262. 619-248-4381.

CARPETS

JB's Clean Carpet

Quality work. 4 rooms, \$55. Whole house. 7 areas, \$90. Includes pre-treating, spots, and some stain removal. Reasonable up-holstery prices. Experienced. 619-302-8970.

\$12.89 Room/\$34 Sofa

Superior Carpet and Upholstery Cleaning. No extra charges! Included: Steam clean, spot treatment and spin-dry. Satisfaction guarantee! 20 years experience. Certified. Flood-Restoration. JPC CLEAN, 619-322-3673.

Owner Operated

2 rooms plus hall steam cleaned-\$49.95! Upholstery cleaning, Carpet repair/stretching. Residential/commercial. Free estimates; no hidden charges. Custom Carpet Cleaners, 619-442-9662.

CLEANING

Liza's Cleaning

We clean until it shines! Residential. Moving: in/out. Weekly, bi-weekly, and monthly rates. We do windows! Free estimates! 619-587-5944, or 619-425-9024.

Dust Bunnies?

Personalized service by experienced professionals. Move-outs, spring cleans, vacation homes, remodeling cleanup, small offices, residential.Phone quotes! Art of Clean Agency, 858-270-5558; 619-276-5558.

Professional House Cleaning

We clean everything! Move-out and vacancy cleaning also. Starting at \$45. 619-757-5871.

CONCRETE

Southcoast

Decorative/structural concrete. Residential/commercial. Stamped, colored concrete. Driveways, walkways, patios, foundations, commercial slabs, retaining walls, footings. Custom barbecues. Free estimates! Lic#875768. 619-997-2833.

Concrete Work

Free estimates! Residential/Industrial/Commercial. Concrete restoration. Stamp colored concrete. Driveways, walkways, garages, patios, decks, back yards. BBB Member. Lic-856276. 619-632-8185.

CONSTRUCTION

Contractor

Termite, fungus, dry-rot repair specialists. Decks, patio covers, home improvements. Licensed. Bonded, 25 years experience. Prompt response. Call Michael Hardy now! 619-787-7082, pager 619-965-4588.

New England Remodeling West

Kitchens, bathrooms, additions, second levels, new homes, plumbing, electrical, tile, concrete. 20 years experience. Member BBB. License #840827. Don, 858-270-6311.

Coast to Coast

Construction. Lic-785818. Kitchen and bath. Second levels. Electrical, concrete, tile, plumbing. New homes and home improvements. Work guaranteed. Mark, 1-866-461-2315; cell 619-654-3119.

Remodeling, Additions and Restoration

Licensed contractor with 25 years experience. Creative solutions for your home improvement goals. Certified Interior Designer Associate available for you. High quality work at a reasonable cost. References provided. BBB member. www.gdgarwoodconstruction.com. 619-405-1907. Lic-#784119.

Retired General Contractor

desires work with homeowners site preparation. Electric, plumbing, tile, miscellaneous. 20 years experience at handyman prices. Licensed, bonded, and insured. Lic-#373-027-B. 619-561-9249 before 8am/after 6pm; 619-977-9531.

Add-A-Room From \$29,998

Bed and bath, 150 square feet. Second story, sunrooms, family rooms. Reasonable prices! Free estimates and designs. Plans and permits, 100% financing on approved credit. Lic-818366. Call 888-601-9900; or 619-588-9900.

CONTRACTORS

General Contractor

Quality remodeling, room additions, new construction. 30 years experience. We show up on time, and we perform! Scott Jennings Construction, Inc. Lic-491906. 858-676-1987.

CROWN MOLDING

Moldings for Less

Professional crown molding installation. Materials can be provided. Baseboards, wainscot, painting, 10 years experience. Mention Reader ad-10% off! Free estimate! 619-606-7623.

DECKS

Clean & Seal

Exterior wood restoration specialists. We clean and seal decks, shakes, siding. Minimum 3-year guarantee. Free estimate. 858-405-0728. #706879.

Deck Construction

Top quality deck construction and repair. Fully licensed, bonded and insured. CSLB# 872767. BBB Member. Call Chris for free estimate 858-775-4107. References available.

DOORS

Got Doors?

We specialize in doors! Interior, exterior, new construction or replacement. Allied Contracting, local contractor with 20+ years experience. Please call 619-795-2930. No job too small.

ELECTRICAL

Ramy Electric

Service upgrades, remodels, spas. Data, phone, TV and cable lines. Bonded and insured. Member BBB. Lic#419394. 619-445-8695; 619-729-1657.

Electrician!

Custom Electrical. Commercial/residential. Remodel, new construction, repairs and maintenance. Insured. Lic#806804. Work guaranteed! Senior discounts. Member of the BBB. Free estimates. 619-561-0579.

Amazing Electrician!

No job too small, no problem too big. 30 years experience. Emergency/trouble calls: commercial/residential. Custom, remodel or new construction. LIC#869373. 760-579-8060.

Free Estimates!

All your electrical needs. Fast and friendly service. Commercial/residential. Service upgrades, remodels, troubleshooting, ceiling fans, can lights. Satisfaction guaranteed. Lic#100809. 619-818-9726.

Care Handyman

Commercial/residential. Installation/repairs. Electrical services available. 10 years experience. Free estimates! Discounts on labor costs! San Diego/East County. Lic#013990. Cell, 619-760-6661.

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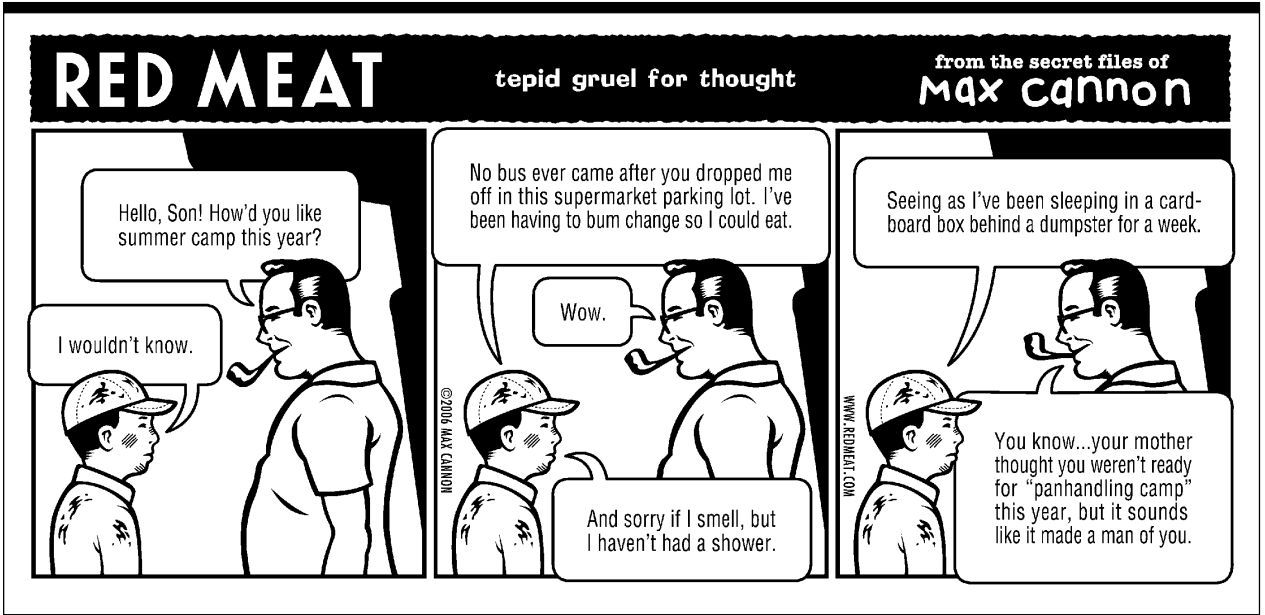
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from the secret files of
Max Cannon

Hello, Son! How'd you like summer camp this year?

I wouldn't know.

No bus ever came after you dropped me off in this supermarket parking lot. I've been having to bum change so I could eat.

Wow.

And sorry if I smell, but I haven't had a shower.

Seeing as I've been sleeping in a cardboard box behind a dumpster for a week.

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Alex Moreno
Law Student
North Park

For some people who lack capacity to enjoy soccer. This past World Cup was probably the most popular World Cup ever. I've watched some American football, but I don't watch much baseball or football. They're both popular; I just don't watch it that much. American football is more popular than baseball. Some of my friends and family in Mexico come up to see baseball and football games; I had friends who were big Tony Gwynn fans back in the day. No one can take it away from Argentina scoring the best goal of the entire World Cup, though; there was no correlation between Mexico losing to Argentina when Mexico's coach was from Argentina. Zidane head-butting that Italian guy was awesome; I like World Cup, but I'm not religious about it. I'm actually going to a bullfight this weekend.



Rod Rodriguez
Writer
University Heights

Absolutely. As far as baseball is concerned, whenever you think about a father and his son going out to throw the ball around, it's a ball and glove, not just a football. Everywhere you go — every park has a baseball field. A bunch of kids are always getting together to play baseball in a corner lot. I think that people get just as excited to go to a baseball game, but it's not a weekly event. Football is the same thing as if you were to join a bowling league; you get excited because it's once a week. Who hasn't played on a Little League team? How many kids play Pop Warner? In the United States, we have so many sports that it's hard to make room for soccer. People just don't understand soccer, where they grow up playing and learning baseball and football. People understand those sports, so they like them better. I think that hockey is trying to come up as an American pastime, and a lot of sports are trying to be the next big thing. The way sports are going, they're becoming faster and more aggressive. What sport out there is faster or more aggressive than hockey, except for maybe rugby? The clock doesn't stop during rugby; it's like arena football without any play stoppage.



Vainani Harper
Sandwich Artist
College Area

I think so, yeah. Baseball is good. I can't say I've been to any games recently. When I was younger, I went to some Padres games and one Charger game. Baseball is more fun to watch. If I have sons, they'll play baseball. I'm not a big sports person, but baseball players are better looking. Football players have a helmet and pads covering them. They both make too much money for what they do.



Cale Christensen
Financial Analyst
Pacific Beach

Yeah, I'd say it is. Wait, you know, honestly, I think football is. I mean, look at Super Bowl Sunday; they should make it a national holiday. There's a lot more tradition involved in baseball; I grew up with baseball and played it when I was a little kid. With both college and pro football, people in the Midwest watch Big Ten football on the weekend and it's way different; it's like World Cup every weekend. Football is more fast-paced, but there's the tradition of baseball and there's the ambience of being there. I think there are ten times as many drug regulations in the NFL than in baseball; in baseball, they're shattering records left and right. Babe Ruth, yeah, he was an alcoholic, but he didn't take any performance-enhancing drugs; Bonds went from a beanpole to a steroid freak, and now he has the record. He doesn't deserve it.



Kyle Brenden
Student
College Area

I don't know. That's a good question. I went to a Padres game a couple weeks ago. Personally, I'm more of a football fan, but I feel that overall, it's hard to get a good perspective on the United States as a whole. Most of my friends all watch football. A lot of my friends follow baseball, but we just follow it. With football, there's always a lot more action, and with baseball, it's more of a waiting game. In football, you always have something going on. Baseball is an easy game to play; all you need is a glove and a ball. Baseball is also a lot safer of a game, too. In the United States, it will be football, baseball, and basketball somewhere fitting in as the pastime. Basketball might have a way in, but I see it as more of an inner-city sport. Worldwide, I'd say soccer is the most popular.



Arturo Barbara
Campus Employee
National City

I really like the Padres games, but I think the Chargers fans are more fanatic than the Padres fans. I think football is more fun to watch because the people at the games have more energy and are more passionate. I love to play soccer myself, but I also really like American football. I don't think soccer will ever become more popular than baseball or American football in the United States.

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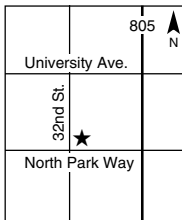
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HILLCREST. Mission Hills, \$1900/month, \$1000/deposit. 3 bedroom, 1 bath. Hardwood floors, all appliances, large yard, gas stove, off street parking, storage. Available now. 619-688-1069.

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IMPERIAL BEACH. \$1675/month, \$1675 deposit. 5 bedroom, 2 bath house. 1960 Wintersweet Street, 92154. 619-425-1017.

IMPERIAL BEACH. Huge 4+ bedroom, 2 bath home on quiet residential street in great IB location! Over 1800 square feet with large living spaces. Hardwood floors, fireplace, garage, extra off-street parking, large yard, extra storage. Pet OK! Available immediately. \$1900/month. Call Jill at 619-838-3388.

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THINGPART



LA MESA. \$1500. Nice 3 bedroom, 2 bath duplex with garage and yard. Includes stove, refrigerator, washer/dryer. 6101 Horton Drive. Sorry, no pets. 619-788-9781.

LA MESA/Mount Helix. 5 bedroom, 3 bath home with views. Entertainers delight! Pool table, bar, pool, hot tub, built-in barbecue. Additional 2-bedroom guest

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LAKE SIDE. 3500 square feet home, 4 bedrooms 4 bathrooms, 2 story, 2 kitchens, 2 fireplaces, air condition, big yard. Ready for rent. Please call 619-719-8123.

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Clue: Scurvy lot died here

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Last week's place: (clue: Great place for loafing?) Old tin shack at 1401 Imperial Avenue, last used by Allan's recycling, and before that, truck parking and maintenance for ITT-Continental Baking, the nation's largest wholesale baker. (six million loaves a day). Now, the site is for sale. (Last week's winners: Dan Woodward, Steve Houston, Darryl Pulliam)

LINDA VISTA. \$1425. 3 bedroom, 1 bath, one level house, approximately 1100 square feet, pool, fireplace. Available mid-August. 7151 Volta Court. CCPM, 619-296-6699.

MIRA MESA/Westview. 4 bedroom, 2.5 baths, large yard, gardener, \$2295. Scripps High School, new berber carpet, refrigerator, washer/dryer. Panda Realty, 858-748-8850.

MISSION BAY. \$3550. Large 6 bedroom, 3-1/2 bath. Family room. 3200'. 2-car garage. Washer/dryer, dishwasher. Fireplaces. Skylights. New paint/carpet. Fence. Beautifully landscaped. 2211 Denver Street. Juno, 619-275-3455.

MISSION BEACH. Furnished 3 bedroom, 2 bath house, \$2400/month. Spacious 2 bedroom, upstairs, \$1850/month. Steps to ocean! Fireplace, laundry facility. parking. Available 8/18. Call 619-234-7572.

MISSION BEACH/SOUTH. \$3000. Fully furnished 3 bedroom, 2 bath on quiet court. 2-car garage, washer/dryer. Available 8/7/06-6/7/07. No pets. Call 858-539-0052 after 10am.

MISSION VALLEY. Lido condo, 1500 square-feet, 3 bedroom, 2 bath, 4th floor, mountain view, large deck, luxury upgrades. Lease/own. \$2500/month or

\$760,000/purchase. 714-454-6614; 714-689-8821.

MOUNT HELIX. \$2300. 4 bedroom, 2 bath, yard cul-de-sac, double garage, fireplace, air conditioning, hookups, wood floors. Lease. Pet?. 4013 Corte Tierra Alta, 91941. 619-469-0031.

MT. HELIX. \$2250. 4 bedroom, 3 bath house available now. 2-car garage, laundry hookups. No pets. Available now. 9840 Shadow Road. Call 858-5830182 or 858-688-0287, www.cal-prop.com.

NATIONAL CITY. 4 bedroom, 1 bath house. \$1700. Stove, refrigerator, laundry hook-ups. Hardwood floors. Fenced yard. No pets. 3652 Birch Street. Agent, 619-298-7724.

NORMAL HEIGHTS. Canyon Area. \$1050. Unique 1 bedroom house plus small office. Fireplace. Garage. Yard. Laundry hookups. Appliances. Excellent area, north of Adams. 858-337-1904.

NORMAL HEIGHTS/UNIVERSITY HEIGHTS. \$850. 1 bedroom detached cottages. Refrigerator and stove. Indoor cat OK. 619-291-5555. www.utopiamanagement.com.

NORTH PARK. \$1895. 3 bedroom, 1 bath Southwestern style house. Freshly re-

stored with architectural paint and carpet and refinished wood floors. Includes large sundeck and backyard. Rare walk-in basement, fireplace, stove, refrigerator, washer/dryer, 1 car garage, and much more. No pets. 714-813-2158.

NORTH PARK. \$1200. Clean, gated, well-maintained 1 bedroom, 1 bath house. Includes garage. Washer/dryer. Patio. Yard. Hardwood floors. Walk-in closet. Pets negotiable. 619-255-2083.

NORTH PARK. \$750 rent. \$600 deposit, OAC. 1 bedroom, 1 bath cottage. Alley parking space. No pets, at 3988-1/2 Kansas Street. 619-299-8515.

NORTH PARK. Spanish Revival, single-story 1927 bungalow. Great location. Upgraded 2 bedroom. Hardwoods, built-ins. Coved ceilings, large kitchen. Garage, landscaped, patio, hot tub. \$1875. 619-318-3946.

NORTH PARK. \$1395. 3 bedroom, 2 bath house. Move-in special: 1st month's rent moves you in! New appliances. Yard. New carpet. Pet-friendly. 4530 Ohio Street. Call 858-751-6336.

NORTH PARK. \$850. Charming 1 bedroom cottages. Dining room. Near Morley Field. Hardwood floors. 1930s-style fenced courtyard. Cat OK. 3364-1/2 Grim Avenue. 619-692-0732, 619-857-1187.

NORTH PARK. 3445 Herman Avenue. 3 bedroom, 1 bath. \$1900. Beautiful house! 1100 square feet. Small dog OK. Washer,

dryer. Near all. r@ajprop.com, A&J Property Management, 619-220-4840 x252.

NORTH PARK. 3 bedroom, 2 bath plus den. 4029 Hamilton Street. Ready mid-July. \$1625/month, water/trash paid. Hook-ups, parking space. Cat OK. 619-435-9442, www.homes4rent.com.

OCEAN BEACH. \$2000/month. 2 bedroom, 1 bath cottage. All new! Gorgeous! Open house: Saturday, 7/29, 11am-1pm. Garage, parking, yard. 1/2 block to ocean. 619-574-8038.

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OCEANSIDE. 4 bedroom, 2-1/2 bath house. Hardwood floors, stainless appliances, berber carpet, fireplace, 2-car garage, yard. Close to shopping. \$2100. 2184 Andalucia Way. 760-613-1104.

OCEANSIDE. 3 bedroom, 2 bath home. 2-car garage. Yard and gardener. Vaulted ceilings. Laundry hookups. Nice, clean neighborhood. \$1900, \$1900 deposit. Available now. 760-473-6668.

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PACIFIC BEACH. \$2495 rent. \$2495 deposit. Beautiful 3 bedroom, 2 bath home in Crown Point. Back yard, deck, garage, washer/dryer hookups, 1 block to beach/bay. Available 8/1. 3541 Jewell Street. 619-804-3325.

POINT LOMA. Excellent condition 3 bedroom, 2 bath. Awesome ocean/bay views. Close to all. \$2300/month, lease. 2836 Poinsettia. Drive by, Don't Disturb! Janet, 858-395-6015.

POINT LOMA. \$2500. 3 bedroom, 2 bath. Spectacular city/bay views-all rooms! New kitchen, hardwood, washer/dryer. Available 8/4. Pets OK. 3314 Macaulay. 619-222-6400.

POWAY. 1-story, 4 bedroom, 2 bath, living room, sunken dining room, large kitchen, all appliances, back porch, mountain view. 12562 McFeron. \$1950. Agent. 858-395-4596.

RAMONA, WEST. Mt. Woodson. \$3600, fabulous 4 bedroom, 3 baths. Private like back yard, 3-car garage. Near golf course. Pets on approval. Panda Realty, 858-748-8850.

RAMONA. \$1900/month. 3 bedroom, 2 baths. 4 plus acres, newer house. Pets, horses OK. Panda Realty, 858-748-8850.

RAMONA. \$1650. 3 bedrooms, 2 baths, 2 car garage. 3/4 acre, gardener, pets OK. Panda Realty, 858-748-8850.

RANCHO BERNARDO. Camino Bernardo 4 bedroom, 2 bath, great view, \$2250. New carpet, gardener, community pool, tennis. Panda Realty, 858-748-8850.

RANCHO PENASQUITOS. Kika Court, \$2100, 3 bedroom, 2.5 baths. Built in 2000. Excellent condition. Family room, gardener, pets on approval. Panda Realty, 858-748-8850.

RANCHO SANTA FE. Luxury townhouse, gated, golf course, 3 bedrooms (2 masters), 3 bath, 2-car garage. All remodeled, 2 fireplaces. \$3500/month. No pets/smoking 858-756-4381.

SAN CARLOS. \$1875. 3 bedroom, 2 bath house. Enclosed patio, 2-car garage. Landscaping included. No pets. Available 8/18. 6906 Mewall Drive. Call 858-583-0182 or 858-688-0287, www.cal-prop.com.

SAN DIEGO. \$5000. Large home near SDSU. Up to 8 bedrooms, sun deck, laundry, 2-car garage, lots of parking. Agent 619-741-4378.

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town. 3 bedroom, 2-1/2 bath. Landscaped yard, no smoking/pets. Available now. \$2000/month. 619-846-8022, 760-469-2334.

SOUTH PARK. 2 bedroom, 1 bath, old Craftsman, remodeled. New appliances, hardwood floors, laundry, parking. Great location! No pets/smokers. Year lease, \$1395/month. Call 760-801-3385.

SOUTH PARK. \$2500. Spacious 3 bedroom, 2 bath house. Quiet residential area. 2300 square feet. Fireplace, dining room, private backyard. Double garage. Washer/dryer. 760-754-3143.

SOUTH PARK. \$2690. Gorgeous "one-of-a-kind" classic Federal-style 3 bedroom, 3 bath. Hardwood floors, fireplace, formal dining room, large remodeled kitchen. Rooftop deck, views, Jacuzzi. 619-884-6881.

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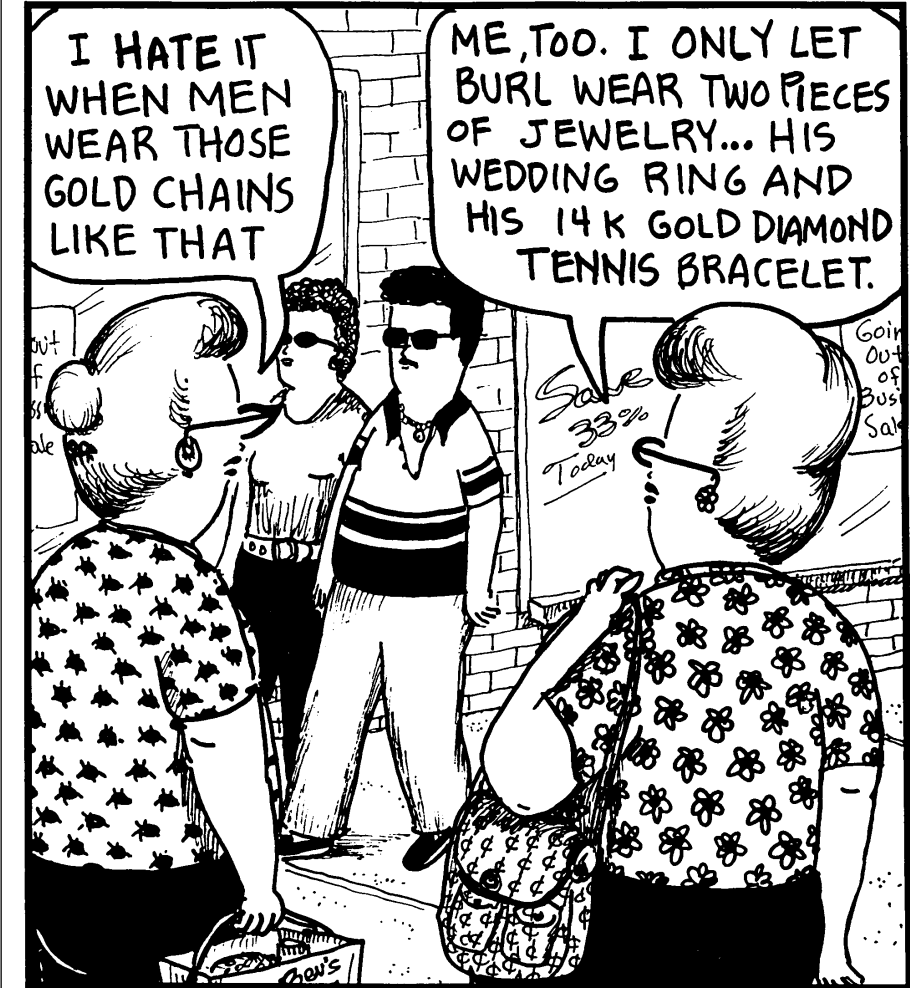
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CARMEL VALLEY. \$1650. 2 bedroom, 2 bath. Assigned space, spa/pool, air conditioning. No pets. Available 9/1, 3820 Elijah Court #216. Agent: 858-755-1133, rentals@team-scuba.com.

CASA DE ORO. Move-in special! \$1000, 2 bedroom. \$1100 3 bedroom, 2 bath. Spacious. Central location. Laundry, balconies, pool. Espanol. 619-464-8343.

CASA DE ORO. Mount Helix. 1 bedroom from \$795. 2 bedroom, 1 bath from \$995. Park/garden-like settings. Pool. Spa. Close to all shopping. Cats welcomed with deposit. Conrad Villas Apartments. 3917 Conrad Drive. Visit our website: www.progressmanagement.net or call 619-697-6323.

CASA DE ORO/MT. HELIX Area. \$895, 2 bedroom. 1 bath. Small quiet building. Off-street parking. On-site laundry. 4032 North Bonita. Available 8/1. Chris, 619-504-4995.

CHULA VISTA. \$1025. Move-in special: 1 month free rent! Huge 2 bedroom, 2 bath

townhome. Optional garage. Pools, sauna. Laundry facilities. No pets. 225-245 East Orange Avenue. 619-425-0983.

CHULA VISTA. 2 bedroom, 2 bath. \$995. Spacious. Small, quiet complex. Near all. Great location! Parking. Laundry. No pets. Available now! 363 Moss. 619-638-2402, 619-426-7476.

CHULA VISTA. Spacious 2 bedroom, 1 bath. \$950. Nice, quiet, gated complex. Laundry. Parking. Near trolley. No pets. Lease. Available now! 552 D Street. 619-869-7785.

CHULA VISTA. Starting \$820, including garage, large 1 bedroom apartments. \$1050, 2 bedroom, no garage, all utilities included. Walk-in closets, laundry on site. Pool, jacuzzi, gas grill, park-like setting. 619-425-0670.

CHULA VISTA. \$1300/month, \$1000 deposit. 2 bedroom, 2.5 bath condo. Move-in special, 1/2 off first month rent. 569 E Street #12, Chula Vista, 91910. 619-425-1017.

CHULA VISTA. \$1000/month. \$900 deposit. 2 bedroom, 2 bath apartment. Steps from downtown Chula Vista. 284

Madrona #14, Chula Vista 91910. 619-425-1017.

CHULA VISTA. \$1700/month, \$1500 deposit. 2 bedroom, 1.5 bath condo. Optional 3rd bedroom. Steps from downtown Chula Vista, great view! 376 Center Street #305, Chula Vista 91910. 619-425-1017.

CHULA VISTA. 6 brand new luxury units just built, Del Mar Palms. 3 bedroom, 2-1/2 bath, 2 bedroom, 2-1/2 bath, 2 bedroom studio, \$1200-\$1750. 619-743-3400.

CHULA VISTA. Large 2 bedroom, 2 bath. Gated, central air/heat, dishwasher, balcony, laundry, off-street parking. Available mid-August. No pets. \$1095. Deposit \$600. 619-425-6511.

CHULA VISTA. 1 bedroom, 1 bath, \$775. Great freeway access, on-site laundry and parking. 583 Park Way. 858-200-9408.

CHULA VISTA. \$825, 1 bedroom, 1 bath in beautiful garden setting. Controlled access. Coin laundry. Parking. No pets. 161 Fifth Avenue. Manager, 619-420-8161.

CHULA VISTA. \$975. 2 bedroom, 2 bath. Great location across from City Hall. Well maintained building. Controlled access. No pets. 452 F Street. TTPM, 619-585-1959.

CHULA VISTA. \$750/month. \$150 deposit. 1 bedroom, fully furnished. 2 blocks from Chula Vista Center. Off-street parking. Laundry room. Lots of trees. 521 Park Way. Office open daily (near Fifth and G). 619-420-5084.

CHULA VISTA. \$750. Huge 1 bedroom. Utilities included! Bottom floor unit. Completely renovated. Everything new. Laundry and parking onsite. 318 G Street. Manager, 619-990-0364.

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CHULA VISTA. Move in with \$1000. 2 bedroom, 1 bath \$940; 2 bedroom, 2 bath \$975. Gated. Parking, pool, laundry. Available now. 210 Quintard Street. Call 619-422-5062. www.melroyproperties.com.

CITY HEIGHTS. Huge, gorgeous 1 bedroom, 1 bath. Garage. Air conditioning, fireplace, mirrored closet doors, new appliances, small pet OK. Lease/own (optional). \$1200. Available now! 858-829-8055.

CITY HEIGHTS. 2 bedroom, 1 bath duplex. \$850. New carpet/paint, off-street parking. 4342-1/2 Altadena. Agent, 619-708-6329 or 619-260-1368. View at www.sevillermgmt.com.

CITY HEIGHTS. \$650. 1 bedroom, 1 bath. Charming bungalow at 3811 37th Street. No laundry on-site. Street parking. Available now. Call 858-583-0182 or 858-688-0287, www.cal-prop.com.

CITY HEIGHTS. \$695. 1 bedroom. Upstairs. Stove, refrigerator, dishwasher, carpet. Assigned parking. Laundry on site. No pets. 4330 Estrella Avenue #7. Agent, 619-298-7724.

CITY HEIGHTS. \$695. Large 1 bedroom apartment. No pets. Security gated. 1 parking. Laundry. New paint. Carpet. Appliances. Clean. 4370 51st Street #7. Hector, 619-865-8915.

CITY HEIGHTS. Private canyon setting. Newly remodeled 2 bedroom, 2 bath townhouse. Laminate floors. 2 parking spaces. Laundry. 4485 Quince, #2. \$900. 619-236-1186.

CITY HEIGHTS. \$625. 1 bedroom, 1 bath. 2nd floor. Water and trash included. Shared yard. Refrigerator, stove only. 858-598-1111 x192. www.utiapmanagement.com.

CITY HEIGHTS. \$925. 4275 Chamouné Avenue. 2 bedroom, 2 bath townhouse apartment. New carpet, new floors. Central air conditioning, dishwasher, laundry room, ample parking not assigned. No pets. Section 8 OK. Phillips Realty, 619-291-6686.

CLAIREMONT/KEARNY MESA. Wexford Manor. Large 1 and 2 bedrooms in beautiful complex with pool, spa, laundry, air conditioning, dishwasher. Sorry, no pets. \$950-\$1225. www.WexfordLiving.com. 7870 Stalmer Street. 858-277-4843.

CLAIREMONT. 1 bedrooms, \$950 and up. 2 bedrooms, from \$1200 and up. Looking for clean, quiet and peaceful? All bedrooms big enough for king size beds. Walk to all your needs. Patios and garages available. 619-276-3222. For photo, floor plans, directions, see website: www.sdreader.com/rent/1028.

CLAIREMONT. \$2200. Big 2-story condo. 3 bedroom, 2-1/2 bath. 2 car ports. Washer/dryer. New carpet/floor. No pets. 5175 Mount Alifan Drive. 619-742-6941.

CLAIREMONT. \$1200. Nice 2 bedroom, 1 bath duplex. Remodeled! Small yard, garage. Walk to park and shopping. Cat OK. 4429 Manitou Way. Agent, 619-469-7790. www.westmanproperties.com.

CLAIREMONT/MISSION BAY. Coral Bay Canyon, 3309 Cowley Way. www.CoralBayCanyonAndParkApartments.com. "Fabulous specials!" \$199-\$299 deposit specials! Designer 1 bedroom starting \$1035, 2 bedrooms starting \$1205. Pets welcome (deposit required). Microwave, dishwashers. Fitness center. Cool breezes, Olympic size pool, tennis, basketball, movie theatre. Garages. \$75. Toll free: 888-500-0471. www.sdreader.com/rent/1031.

CLAIREMONT/MISSION BAY. Designer 1 bedroom, 1 bath from \$1035, 2 bedroom, 1 bath, from \$1205. \$199-\$299 deposit special! Dishwasher, microwave. Tennis, basketball. Theatre, pool, gym. Garage \$75. Pets welcome, \$300 pet deposit. Monday-Saturday, 8:30am-5:30pm, Sunday, 10am-5pm. Coral Bay Park, 3309 Cowley Way. www.CoralBayCanyonAndParkApartments.com. 888-500-0471. www.sdreader.com/rent/1070.

CLAIREMONT, condo, beautiful large 2 bedroom 2 bath, all new, stainless steel appliances, granite countertops, washer/dryer, air, storage, pool, gated parking, excellent location. 619-890-9492.

CLAIREMONT. \$995. 1 bedroom duplex. 1-car garage, private yard. Water paid. 1-year lease available. Open Saturday 7/29, 10-11am. 3411 Luna Avenue. TTPM, 858-454-4200 x110 or 858-699-3851.

CLAIREMONT. \$1095 rent. \$900 deposit. 2 bedroom, 2 bath, upper, stove, refrigerator, new paint, fireplace, washer/dryer, off-street parking. Close to shops/restaurants. Easy freeway access. 4910 Longford. 619-804-3325.

CLAIREMONT. \$1595-\$1695. Huge 3 bedroom, 2 bath downstairs apartment with private patio. Dogs OK! Check with the leasing consultant for a list of approved breeds. You will need a pet referral by your vet plus previous landlord and proof of renter's insurance. Additional deposit of \$250 required. Call today to set-up your viewing appointment! 6010-6020 Mt. Aguilar. 858-270-5500 x29. www.msrbrowar.com.

COLLEGE AREA. \$100 off 6-month lease, \$200 off 12-month lease, OAC. 1 bedrooms from \$895. 2 bedrooms from \$1315. Gated community. Pool. 2-laundry rooms. Gated parking. Small pets allowed on approval, extra deposit. Near bus line, shopping. www.sdreader.com/rent/2019. The Corinthian, 4981 Catocin Drive. Call 619-286-0441.

COLLEGE AREA. \$700. Large 1 bedroom, 1 bath, new carpet. 8-unit complex, off-street parking, on-site laundry. No pets. Section 8 OK. 619-465-6588. 619-255-2092.

COLLEGE AREA. \$1195-\$1295. 2 bedroom, 2 bath. Balcony/porch. Gas stove, refrigerator. Air conditioning. Dishwasher. Washer/dryer hook-ups. Gated. Near all/ golf course. 619-285-3822.

COLLEGE AREA. SDSU. \$1695. Very clean, 3 bedroom, 3 bathroom, 2 car garage. Washer/dryer. 1 mile from college. 200 yards to market. 760-415-6252, 760-598-0121.

COLLEGE AREA. \$1000/up. 2 bedrooms. Carpets. Appliances, newly refurbished. Laundry facilities. Off-street parking. Near all. Pet? 858-455-6956.

COLLEGE AREA. 1 bedrooms from \$885. 1 bedrooms plus study from \$1150. Walking distance to campus! Air conditioning. Pool. Barbecues. Gated. Laundry. Parking. Near bus, shopping, freeways! Cat friendly. Saturday/Sunday by appointment. 6-12 month leases. Aztec Pacific Apartments, 6663 Montezuma Road. Toll free: 800-433-6120. www.pacificliving.com or www.sdreader.com/rent/1042.

COLLEGE AREA. \$1350. Very large 2 bedroom, 2 bath, 2nd floor apartment. All appliances, A/C. Pool, Jacuzzi, sauna, clubhouse. Trolley, SDSU close. Cat OK. 619-249-6050.

COLLEGE AREA/San Carlos. \$1495. Beautiful view! 2 bedroom, 2 bath condo, 3 parking spaces. Hardwood floors, all appliances, pool, spa. Cat OK. Available 8/5. 858-349-5672.

COLLEGE AREA. 3 bedroom, 2 baths from \$1325. Gated community with underground parking. Pool, on-site laundry. Campus Village. 619-583-3339. www.progressmanagement.net.

COLLEGE AREA. \$1350. 3 bedroom, 2 bath, security, central air and heating, underground parking, 1-year lease, 4742 Seminole Drive. Please call 619-469-0031.

COLLEGE AREA. \$600. Small studio apartment. Behind house at 6016 Adelaide Avenue. New carpet, paint, stove, and refrigerator. One-year lease required. By appointment only. 619-582-7918.

COLLEGE AREA. \$750/month plus \$600 deposit. 1 bedroom apartment, on-site laundry, water and trash included. Please call 619-582-0575.

COLLEGE AREA. \$1350. 2 bedroom, 2 bath duplex. Private patio, garage, washer/dryer. No pets. Security deposit required. 619-271-2250.

COLLEGE AREA. \$1050. 1 bedroom, 1 bath. 4860 Rolando Court. Recently converted. Granite counters, stainless steel appliances, pool, Jacuzzi, carport. No pets. Available 8/1. Call 858-688-0287 or 858-583-0182, www.cal-prop.com.

COLLEGE AREA. \$850. 1 bedroom, 1 bath, approximately 700 square feet. Near SDSU. 6165 Montezuma Road. David, 619-871-5736.

COLLEGE AREA. From \$825. Remodeled 1 and 2 bedrooms. Near shopping. Pool. Air conditioning. Parking available. Laundry. Barbecue area. Pets considered. 3635 College Avenue. 619-582-3993.

COLLEGE AREA. Move-in special! \$200 off 1st month's rent! Spacious 1 bedrooms, \$820. Gated building, pool, air condition, laundry, parking. 4601 63rd Street. Call today! 619-229-9248.

COLLEGE AREA. \$750-\$775. 1 bedroom. Near shops. Laundry room. No pets. 6769 El Cajon Boulevard. Apartments in rear courtyard. 619-464-0901.

COLLEGE AREA. \$1000. 2 huge bedrooms in 4-plex with double door closets in each. Oversized living room. Covered parking, private storage, laundry. Small pet. 619-303-0037.

COLLEGE AREA. \$1250. Spacious 2 bedroom, 2 bath second floor condo with balcony. Air conditioning. Water and trash included. Pool/spa. 1/2 off first month's rent! 858-598-1111 x192. utiapmgmt.com.

COLLEGE AREA. \$700. 5502 Adelaide Avenue. 1 bedroom, 1 bath. Dishwasher. New carpet. New floors. Kitchen and bathroom. Back porch. Laundry room. Ample parking, not assigned. No pets. Phillips Realty, 619-291-6686.

COLLEGE AREA. \$925. 5502 Adelaide Avenue. 2 bedroom, 2 bath. Upstairs. New carpet. Dishwasher. Laundry room. Ample parking not assigned. No pets. Close to schools. Phillips Realty, 619-291-6686.

COLLEGE. \$650. 1 bedroom, 1 bath, fenced yard, laundry, fourplex. 5019 Orange Avenue. 619-698-6913.

DEL MAR HEIGHTS, 3 bedroom, 2 1/2 bath. Nice neighborhood, close to beach. 2 car garage, washer/dryer, pool, jacuzzi. \$2250/month. 619-818-1997.

DEL MAR. \$1495. 2 bedroom, 2 bath condo. Hardwood floors, refrigerator, stove, dishwasher. Fee. Free search at www.sdrentals.com. 858-324-1780.

DEL MAR. \$1100. 1 bedroom, 1 bath condo. 1-car garage. 708 square feet, small pet ok. No smoking. Available 9/1/06-5/31/07 only. 13727 Mango Drive. 858-755-1139, rentals@team-scuba.com.

DEL MAR. From \$1495. 13754 Mango Drive #127 and 1552 Camino Del Mar #601 (almost oceanfront). Some ocean views. Interior laundry. Pets OK. Free rental/buying information by e-mail. Pictures at www.ILoveDelMar.com. Kohn & Burke, Inc., 858-755-8580.

DEL MAR/SOLANA BEACH. Spacious 1 bedroom, 1 bath plus loft, only \$1400! 2 bedroom, 2 bath, 1st floor with pool view, only \$1500! Vaulted ceilings. Private balcony. Dishwasher. Pool. Jacuzzi. Sauna. Fitness center. Near freeways and beach. Cat OK. Ocean Crest, 873 Stevens Avenue. 858-481-1155. www.sdreader.com/rent/1038.

DOWNTOWN Expansive. 1400 square foot loft with 2 bathrooms and partially furnished in the heart of the Ballpark district and a view of the playing field. With stove, refrigerator, disposal, granite counter tops, dishwasher and air conditioning. Hookups, security gate. Water, sewer and trash included. Available now. 877 West Island #807. 619-421-9090, drwmmanagement.com.

DOWNTOWN, Lease to purchase, 1 bedroom, 1 bath, near Petco Park, in award winning Metrome. By Barratt American/broker. Call Barbara for details, offer available on select condominiums, 619-237-7642.

DOWNTOWN, NORTH. \$850. 1 bedroom, upstairs. Stove, refrigerator, coin laundry. No parking. Cat OK with additional \$300 deposit. Available 8/8/06. 103 West Fir. Del Sol Property Management, Broker, 858-270-2071. www.delsolpm.com.

DOWNTOWN, LITTLE ITALY. \$1100. 1 bedroom, 1 bath, rooftop apartment. 900 square feet. \$1500 security deposit. No pets. 619-239-5117.

DOWNTOWN, CORTEZ HILL. Huge 1 bedroom condo, balcony, stackable washer/dryer, upgraded with all new appliances, clubhouse and weight room, gated underground parking. 619-296-2787.

DOWNTOWN. \$1000. 2 bedroom, 2 bath spacious condo. Washer/dryer hookup, minutes to Petco park, 2 parking spaces. Freeway close. 335 34th Street, #9. 858-401-2925.

DOWNTOWN. Comfortable rooms, \$450/up. Studios, \$650/up. Near Gaslamp District. Very quiet and clean. Free cable TV, on-site laundry, vending machines, community kitchen, shared bathrooms. Near shopping, restaurants, movie theatres and Horton Plaza. No pets. Arlington Apartments, 701 7th Avenue. Hughes Management, 619-231-2385. www.sdreader.com/rent/2097.

DOWNTOWN. Cozy rooms, \$450-\$625, grab these little jewels today! Very comfortable, convenient location, historic building near C Street trolley. Choice of shared or private bathrooms. Free cable TV, on-site laundry, vending machines, modern elevator, no pets. Southern Hotel, 1159 6th Avenue at B, Hughes Management, 619-239-3808. www.sdreader.com/rent/2099.

DOWNTOWN. Economical furnished rooms, \$400-\$500, best price, save money. Conveniently located on C Street trolley line, near restaurants, free cable TV, shared bathrooms, on-site laundry facilities, vending machines, elevator service, no pets, 636 C Street (between 6th and 7th), C Street Inn, Hughes Management, 619-234-4165. www.sdreader.com/rent/2098.

DOWNTOWN. Gaslamp area. Move-in special, \$280. Community kitchen, shared bath, on-site laundry, vending machines, no pets, Star Hotel, 522 7th Avenue. 619-235-6068. Hughes Management.

DOWNTOWN. Outstanding furnished rooms, \$400-\$500. Heart of Gaslamp. Shared bathrooms. Community kitchen. Free cable TV. No pets. 843 4th Avenue. Windsor Hotel. 619-235-6068. Hughes Management.

DOWNTOWN. Attractive rooms. Shared bath. Utilities included! Near City College! \$400-\$595 per month. Weekly rates from \$125! 719 14th Street, Villa Victoria. Hughes Management, 619-231-2385.

DOWNTOWN. Beautiful building, new furnished rooms. Refrigerator, microwave, TV, cable. \$175, weekly. 920 Beech Street. Call 619-234-1952.

DOWNTOWN. Brand new rooms near City College. Single rooms with kitchenettes from \$160/week plus deposit (long-term). Includes utilities/cable. Quiet, secure. Shared bath/laundry. Hotel Mediterranean. 619-231-8656. www.hotelmed-sd.com.

DOWNTOWN. \$1100. Large 1 bedroom live/work loft. Wood floors. Full kitchen and full bath. High ceilings. Skylights. Beautiful courtyard. 744 G Street. 1 block from Gaslamp. Hughes Management, 619-239-1639 x2.

DOWNTOWN. Furnished 1 bedroom condo. Cute as can be right in middle of Little Italy. New carpet/tiles, stainless appliances, Craftsman-style furniture, private patio, underground parking. \$1795. Granite Management, 760-438-9545.

DOWNTOWN. \$1850. 2 bedroom, 1 bath. End unit with Downtown and park views. All appliances. 2 secure parking spaces. Great resort living complex. 619-997-8807.

DOWNTOWN. \$1950. Newly upgraded loft. Block from Petco. 1 bedroom plus den, 2 bathrooms. 4th floor. City views, balcony. High ceilings. 1,027 square feet. 858-354-7856.

DOWNTOWN. \$850. Large 1 bedroom with skylight and views overlooking Downtown. Garage. Quiet area. \$850 deposit. 619-269-7754.

DOWNTOWN. Move-in special: \$500 gift card. \$725-\$875. Studio and 1 bedroom

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DOWNTOWN. \$1800. Unfurnished 1 bedroom, 1 bath condo, top floor, 230 unit building. 825 square feet. 1 parking. Available 8/1. Year lease. \$900 deposit. 619-838-9824.

DOWNTOWN/LITTLE ITALY. Elegant penthouse! Brand new 2 bedroom, 2 bath, breathtaking bay views on 29th floor. Resort style pool/spa. Starting at \$4050/month. Maria. 619-817-9677.

DOWNTOWN/LITTLE ITALY. From \$780. Private bath, cable TV, microwave, refrigerator. Utilities included. Secure, quiet, charming. Efficiency apartments with laundry. Near trolley/bus lines, blocks from harbor. On-site manager. Villa Caterina, 1654 Columbia Street. 619-232-3400.

DOWNTOWN/LITTLE ITALY. Bright, corner studio, \$810. Bearclaw tub with shower. Ideal location, charming, secure, quiet building with laundry. 1534 Front, near Beech, 619-233-7428.

DOWNTOWN/GASLAMP QUARTER. \$2500. Beautiful 2 bedroom, 2 bath condo. Walk to Petco, Gaslamp. Granite countertops, new carpet. Secure underground parking, in-house gym. 760-443-6222.

DOWNTOWN/BANKERS HILL: brand new luxury high rise "Alicante," 475 Redwood, 2 bedroom, 2 bath, 1200 square-feet. \$2200/month. Fireplace, large balcony, washer/dryer, granite kitchen, stainless steel appliances, two secured parking spaces. Building includes gym, large stylish entertainment room. 1 block Balboa Park. 619-246-5981.

DOWNTOWN/CORTEZ HILL. \$765/up. Studios. Limited access building. Charming, quiet, residential neighborhood. Utilities paid. On-site laundry. No pets. EOH. 619-299-8746.

DOWNTOWN/GASLAMP. Las Flores Hotel. Small, quiet, \$121/week and up. Four-week minimum. Color TV with basic cable. Refrigerator in most rooms. Secure. 619-235-6820.

DOWNTOWN/GASLAMP. Move-in Specials. Live/Work Lofts in the heart of The Gaslamp from \$1,100! Roof decks with barbecue. Laundry on every floor. Parking available. Seven locations Downtown. Select pets OK. Visit loft leasing office: 315 Fourth Avenue. 619-231-1505 x12. www.trilogymanagement.com. Also visit www.sdreader.com/rent/2064.

DOWNTOWN/LITTLE ITALY. \$2300/month. Brand new, extra large, oversized 2 bedroom, 2 bath apartment next to the bay. Washer/dryer, stainless steel appliances, fireplace. Large balcony, resort style pool. Call Maria. 619-817-9677.

DOWNTOWN/LITTLE ITALY. \$2500, furnished luxury loft with bay views, parking. Available end of August. Call 619-255-0526. www.sdurbanliving.com.

DOWNTOWN/MARINA DISTRICT. \$1375. Park Row. Fabulous 1 bedroom, 1 bath. Lush grounds, new carpet/appliances. No pets. 701 Kettner Boulevard #215. Agent, 619-469-7790. www.westmanproperties.com.

EASTLAKE. \$1450. Large 2 bedroom, 2 bath condo in gated community, 1-car garage plus 1 parking space, laundry hookups, hardwoods and carpeting, water paid. 1251 El Cortez Court. People Helping Others Property Management, 619-282-5400. www.peoplehelpingothers.com.

EL CAJON, GRANITE HILLS. \$825-\$950. 1 and 2 bedrooms, walk-in closet, air conditioning, pool. Cat welcome. Call 619-447-2552.

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EL CAJON. \$750 & up. Large 1 and 2 bedrooms, 1 bath. Amenities, A/C, laundry on-site, pool, recreation room, park-

ing. Lushly landscaped, near all. No pets. 294 Ballantyne. 619-440-3044.

EL CAJON. \$950/up. Large, deluxe 2 bedroom single story bungalows. Amenities. Pool, park-like grounds. Parking. 743 South Magnolia Avenue. Near town, shops, bus. 619-579-0174.

EL CAJON. \$1125. Very large 3 bedroom, 2 bath apartment. Manicured landscaping. Onsite laundry. Pool. Near freeways. No pets. No Section 8. 244 North Mollison Ave. 619-447-6115.

EL CAJON. \$925. Very large 2 bedroom, 1.5 bath townhome. Pool. Lagoon. Onsite laundry. Optional carports. Near freeways. No pets. No Section 8. 848 North Mollison Ave. 619-442-9044.

EL CAJON. Fabulous 7 Motel. Furnished rooms starting \$224 per week. Parking. Pool. Cable. Maid service. Laundry. 24 hour security. 1527 East Main Street. 619-442-0457.

EL CAJON. \$750. 1 bedroom spacious upstairs in quiet 11-plex. Dishwasher, air, gated parking, on-site laundry, picnic area. Section 8 OK. 222 Lincoln/Main. 619-447-6437.

EL CAJON. Large 2 bedroom apartment, downstairs, \$895. Pool, off-street parking, near park. Section 8 OK. No pets. 619-749-3415 or 619-464-7957.

EL CAJON. \$1270, 3 bedrooms. Community complex. Gated pool. Parking. Air conditioning. No pets. Central location. 933 Peach Avenue. Call 619-447-9193.

EL CAJON. \$750-\$850. 1 and 2 bedrooms, air conditioning, pool. Gated community. Call 619-441-2752.

EL CAJON. Spacious 1 bedroom, 1 bath, walk-in closet, air conditioning, two patios, pool. Cat welcome. Call 619-447-1880.

EL CAJON. \$895. Nicer 2 bedroom, 1 bath apartments, balcony, dishwasher, central air/heat, on-site laundry, 241 East Bradley Avenue. Available 8/1. Chris. 619-504-4995.

EL CAJON. Studio and 1 bedrooms, \$655 and \$755. Large apartments in quiet, gated complex. Air conditioning, pool and secure parking. Month-to-month lease. 1362 East Main Street. Jason 619-334-3151, 858-200-9408.

EL CAJON. 2 bedroom, 1.5 bath, \$1295. Large condo with patio, garage and parking. Great freeway access. 278 South Pierce Street. 858-200-9408.

EL CAJON. 3 bedroom apartments, some with private yards. Washer/dryer hook-ups. Patio. Pool. Indoor cats accepted. Immediate openings. Specials starting at \$1295. 619-441-0511.

EL CAJON. \$775. 1 bedroom. Quiet, small community. 340 Orlando. TPPM, 619-818-9939. www.northwindsapts.com.

EL CAJON. \$750. 1 bedroom. Ask about move-in special. Clean, quiet, off-street parking. Pool, barbecue, play area, laundry room. gated. Central air and heat. Section 8 welcome. 346 South Mollison. 619-312-0606.

EL CAJON. \$975. 2 bedroom, 2 bath, Lincoln-Washington Apartments. Very large units, pool, on-site laundry, covered parking, in great location. Clean and quiet. 685 South Lincoln Avenue. Agent, 619-444-8191 or 858-560-1178.

ENCINITAS. \$500 off first month, 12 month lease! \$300 off, 9 month lease! 1 bedrooms from \$1200. 2 bedrooms from \$1400. Low \$500-\$600 deposits! Balcony/patio. Dishwasher. Fitness center. Laundry. Courtyard. Pool, spa. Lush landscaping. Parking. Pets welcome. Quail Pointe Apartments, 924 Encinitas Boulevard. Toll free: 888-626-6864. www.sdeader.com/rent/2149.

ENCINITAS. 2 bedroom, 1 bath, upstairs. \$1300/month. Balcony with park setting. Close to beach. Laundry and assigned parking. No pets/smoking. 760-604-6088.

ENCINITAS. \$775 and up. Sick of roommates? Cozy trailers in charming, small park near Moonlight Beach. Walk to Coaster, restaurants, shopping. No pets. 760-753-4101.

ENCINITAS. \$1125. Large 1 bedroom. Small complex. Balcony, assigned parking. Laundry. Bright and airy. Garden setting. 1-1/2 blocks to beach.

Close to shopping, freeway, Coaster. No pets/smoking. 760-929-1950.

ENCINITAS. \$1625. 2 bedroom, 1 bath, 1000 square feet, 1-car garage, backyard, small pets ok. Available 8/7. 208 Delphinium Street. Agent 858-755-1135. rentals@team-scuba.com.

ENCINITAS. \$1400. 2 bedroom, 2 bath, 1011 square feet, 1-car garage, spa, no pets. Available 9/1. 156 Mangano Cirlice. Agent 858-755-1135. www.scuba-rentals.com.

ENCINITAS. Ocean view 2 bedroom, 1 bath condo. Fireplace, decks, garage. All appliances, washer/dryer on premises. Village, Coaster, beach close. Nonsmoking. \$1550/month. 858-481-2604.

ENCINITAS/LEUCADIA. 2 bedroom, 1-1/2 bath, 2nd floor. Natural wood ceilings, full kitchen, laundry, parking, close to beach. \$1200, plus deposit. Available 8/1, Andy. 619-405-7800.

ENCINITAS: A rare find! Tastefully remodeled with dream kitchen, luxury upgrades. Spacious 1 bedroom. Breathing views, oceanfront deck. The finest luxury apartment at the beach. \$1995. 760-753-4101.

ESCONDIDO. Large 1 bedroom 1 bath, move-in ready. Newly remodeled, washer/dryer hook-ups, gated complex, pool, jacuzzi, \$875/month. No pets. Good credit only. 760-436-2749.

ESCONDIDO. \$800 to \$1425. Move-in Special! Tired of apartment living? 1, 2, 3 bedroom manufactured homes available for rent. Very quiet, breathtaking hilltop views, full size washer and dryer in most homes. No pets. 1924 Sheridan Avenue. Call 760-745-1677.

ESCONDIDO. \$500 off first month, on approved credit!! 12-month lease. 1 bedrooms from \$900. 2 bedrooms from \$1120. Low \$500 deposits. Pool, spa. Covered parking, garage. Tennis. Dishwasher. Woodburning fireplace. Balcony/patio. Storage. Laundry. Cat friendly. River Village, 1845 North Broadway. Toll free: 866-653-9046. www.sdreader.com/rent/2151.

FASHION HILLS (VALLEY). 3 bedroom, 2-1/2 bath. \$2100. Backyard, washer/dryer, tennis, pool, garage. Small pets OK. Available August. 6923 Camino Amero. 858-922-7791; dg123@cox.net.

FASHION VALLEY/USD. \$1200 rent. \$600 deposit, OAC. Large 2 bedroom, 2 bath. Parking. Laundry. 6-month lease, then month-to-month contract. No pets, at 1330 Eureka Street #20. 619-298-5820.

FASHION VALLEY. \$1100 rent. \$600 deposit, OAC. 2 bedroom, 1 bath apartment. Tandem parking spot. Laundry room. No pets. At 5550 Mildred Street #8. 619-291-1755.

FASHION VALLEY. 2 bedroom, 1-1/2 bath townhouse, end unit. 2-car garage. Canyon views. Washer/dryer hook-ups. Fireplace. Sundeck/patios. \$1725. No pets. Barry, 858-454-6874.

FASHION VALLEY. \$975. 1 bedroom, 1 bath. Approximately 750 square feet. Upper unit with view, Parking, on-site laundry, refurbished. New carpet/paint. Near USD. Available mid-August. 5946 Lauretta Street. CCPM, 619-296-6699.

FASHION VALLEY, WEST. \$1795. Spacious, luxury 2 bedroom, 2-1/2 bath. Fireplace, bar. Washer/dryer. Garage, plus space. Pool, jacuzzi, recreation room. 6075 Cumulus Lane. 619-977-5708.

GOLDEN HILL. \$850. Studio. Washer/dryer, fireplace, balcony, underground parking, pool. Elevator in building. Small pet ok. Must see! Call Pam/Bill for showing, 858-748-9077.

GOLDEN HILL. \$775. Totally renovated studios. Half off 1st month's rent with 6-month lease. Nice, quiet neighborhood. Off-street parking, on-site laundry. Close to all. 858-342-8077.

GOLDEN HILL/SOUTH PARK. \$1075. 2 bedroom, 1 bath apartment. Recently remodeled, tiled living room, kitchen, hallway/bath. Freshly painted. Pool. On site laundry. 619-962-1887.

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GOLDEN HILL. \$1400. Large 3 bedroom, 2 bath apartment. Upstairs, recently remodeled, washer/dryer hook-ups. Convenient location. No pets. 2806 B Street. Agent, 619-469-7790. www.westmanproperties.com.

GOLDEN HILL. \$785. Quiet 1 bedroom, upstairs balcony. Like-new appliances, off-street parking, laundry. No pets. 1119 34th Street, corner of C Street. For appointment, 619-787-6567.

GOLDEN HILL. \$795. 1 bedroom. Downstairs unit, new carpet, dishwasher, underground parking, balcony, gated complex, laundry facilities. Close to downtown and freeway access. No pets. 619-235-0563.

GOLDEN HILL Victorian. 1042 23rd Street. Huge 2 bedroom plus office/loft, full bath. Views. Available now. Need references. No dogs. \$1295. 619-696-6745; 619-665-6509; anna2004@cox.net.

GOLDEN HILL. \$1195-\$1295. Spacious 2 bedroom near Golden Hill Park. Close to freeways and downtown. Laundry facilities on site. Dogs OK! Check with the leasing consultant for a list of approved breeds. You will need a pet referral by your vet plus previous landlord and proof of renter's insurance. Additional deposit of \$250 required. Call today to set up a viewing appointment. 2775 A Street. 858-270-5500 x29. www.msrbrowar.com.

GOLDEN HILL. \$685. Studio, approximately 500 square feet, lower back unit, hardwood floors, large walk-in closet, large kitchen, street parking. Available August. 2528 C Street #4. CCPM, 619-296-6699.

GOLDEN HILL/DOWNTOWN. Ugly but goodie! Studios and 1 bedrooms starting at \$725. Your patience during remodeling means low rent. Pet OK with deposit. 619-231-8723.

GOLDEN HILL. \$1100. 2 bedroom, 2 bath, upstairs condo-style unit. Private balcony. Formal dining room. Covered parking. Laundry. Cats OK. www.goldenhillpm.com. Agent, 619-234-9553.

GOLDEN HILL. \$950. 2 bedroom, 1 bath, newly remodeled Victorian apartment, downstairs. Fireplace, optional garage, cat OK with deposit. \$1100 move-in deposit. Agent, 619-208-2210.

GOLDEN HILL. 27th & C, 1 bedroom, 1 bath, \$775. Patio, new carpet, refrigerator, stove. Pets on approval. Panda Realty, 858-748-8850.

HILLCREST. \$1100/\$1200 plus deposit, lease. 2 bedroom, 1 bath, 3644 Indiana. Great location, off-street parking, washer/dryer on premises. No pets. Available 8/1. 619-867-8999.

HILLCREST. Spacious 1 and 2 bedrooms! Berber carpet, fireplace, spa, gym, intercom, elevator. Sorry, no pets. 4134 4th Avenue. See photos at www.WexfordLiving.com. 619-299-0047.

HILLCREST. 3 bedroom, 3 bath luxury townhouse, 2-car garage, central air, washer/dryer, balcony. Pets OK. \$2875. Drive by 104 East Lewis. Call 619-933-5050.

HILLCREST. Elegant apartments! Studios, \$900/up. 1 bedrooms, \$1040/up. 2 bedrooms, \$1475/up. Elevator, clubhouse, gym, pool, sauna, air conditioning, dishwasher. Ceramic tile. Laundry. Microwave. Floor-to-ceiling windows. Covered parking. Locked bicycle storage. No pets. Park East Apartments, 111 West Pennsylvania Avenue. ParkEastApts@att.net. www.sdreader.com/rent/1006. 619-298-3225.

HILLCREST. \$775. Studio, in the heart of Hillcrest. Just 1/2 block to Balboa Park. Laundry on site. Tile and new appliances. Available 8/7. 3533 Sixth Avenue, #10. 619-295-1100, www.cethron.com.

HILLCREST. \$1275 rent. \$800 deposit, OAC. Large 2 bedroom, 1 bath. Free laundry. Garage. 6-month lease, then month-to-month. No pets. At 3658 Park Boulevard. By appointment only. 619-299-4034. [u:y] [e:] [n:y] [a:n] [x:1:] [x:2:] [z:]

HILLCREST. Large units! \$1500, 2 bedroom, 2 bath. Balcony. Canyon view. Pool. Laundry. One assigned parking space. Small pet on approval. 4053 8th Avenue. 619-297-0269.

HILLCREST. \$1250. 2 bedroom, 2 bath. Quiet, gated, fireplace, appliances, private garage with washer/dryer hookups. Cats only. Nonsmoking. 4048 Alabama Street. Available now. 619-269-5237.

HILLCREST. Senior complex. 55+ living! \$795-\$810. 1 bedroom apartments. Gated community. Convenient location. Near hospitals, restaurants, shopping. No pets. 4042 Albatross Street. Call today, 619-574-0784.

HILLCREST. \$1095. 2 bedroom, 1 bath downstairs apartment. New carpet and paint. Landscaped courtyard. 3510 Indiana Street #11. Xlarent.com. 619-683-7638.

HILLCREST. \$1250. 2 bedroom, 1 bath. Dishwasher. Air conditioning. Laundry on-site. 1 parking space. 1033 Robinson Avenue. Call resident manager at 619-295-1210. www.kandrpproperties.com.

HILLCREST. \$1195. 2 bedroom, 1 bath. Upstairs duplex. Stove, refrigerator, large shared lawn area. Convenient location. Cat OK with additional \$300 deposit. Available 8/21. 3753-1/2 Fourth. Del Sol Property Management, Broker, 858-270-2071. www.delsolpm.com.

HILLCREST. \$1225. 2 bedroom, 2 bath upstairs unit. Laundry on-site, street parking. Spacious unit with ample storage. Available 8/8. 1263 Pennsylvania Street. Call 858-583-0182 or 858-688-0287. www.cal-prop.com.

HILLCREST. \$1250. 2 bedroom, 1 bath. Parking spot. No laundry. Close to everything. Available 8/12. 3615 Third Avenue.

Call 858-688-0287 or 858-583-0182, www.cal-prop.com.

HILLCREST. \$795. 1 bedroom. Gated. Nice large unit. Laundry. 4450 Cleveland #8 and #9. AMI Property Management, 619-697-6314.

HILLCREST. \$875. 1 bedroom apartment. Completely remodeled. Laundry, parking. Great location. 3701 7th Avenue #5. AMI Property Management, 619-697-6314.

HILLCREST. Dog OK! Upstairs and downstairs 1 bedroom apartment homes, \$1000. Large closets, light oak cabinets and ceiling fans. Completely remodeled. 2 bedroom, 1 bath townhouse-style, wood floors, \$1295-\$1325. Barbecue area in courtyard. Close to Balboa Park and the zoo. 3650 Florida. 858-270-5500. www.msrbrowar.com.

HILLCREST. \$935 and \$975. 1 bedroom, 1 bath. 2 bedroom, 1 bath, \$1300. Pool, canyon view, laundry on-site. Sleepy Hollow Apartments. 4201 Sixth Avenue. Harry, 619-298-1059.

HILLCREST. \$1295. 2 bedroom, 2 bath. New carpet, vinyl, blinds, stove. High ceilings. Bright, airy. Garden setting. Garage. No pets. Available 7/25. 3672 Georgia. 619-301-9958.

HILLCREST. \$975-\$1295. A spacious studio, 1 bedroom and downstairs 2 bedroom apartment home with huge living room including built-in bookcase and more in this apartment on the end with lots of windows. Dogs OK! Check with the leasing consultant for a list of approved breeds, you will need a pet referral by your vet plus previous landlord and proof of renter's insurance. Additional deposit of \$250 required. Call today to set up your viewing appointment. 3967 Centre Street. 858-270-5500 x29. www.msrbrowar.com.

HILLCREST. \$1100. 2 bedroom, 1-1/2 bath. Immaculate apartment in quiet, professionally managed complex. New carpet, floor tiles, blinds and stove. Barbecue patio. Coin laundry. Near Henry's Marketplace. No pets. 4225 Georgia Street. TPPM 619-299-1004.

HILLCREST. \$1095. Charming 1 bedroom apartment with gorgeous hardwood floors that has been restored from the 1920s. Custom curtains and paint. On-site laundry facilities. Dogs OK! Check with the leasing consultant for a list of approved breeds. You will need a pet referral by your vet, plus previous landlord and proof of renters insurance. Additional deposit of \$250 and photo of dog required. Call today to set up your viewing appointment! 3519 1/2 6th Avenue. 858-270-5500 x29. www.msrbrowar.com.

HILLCREST. \$900. 1 bedroom upstairs in charming, old-fashioned building facing courtyard. New carpet, new stove. Laundry facility. Near 163, Uptown shopping. No dogs. 619-298-3229.

HILLCREST. \$1150. 3807 Park Boulevard behind Numbers. 2 bedroom, 1 bath lovely cottage, fenced side and back yard, carpet, laundry room shared with tenants. Street parking. No pets. Phillips Realty, 619-291-6686.

HILLCREST/UPDOWN. 1 bedrooms, \$925/up. 2 bedrooms, \$1325/up. Secluded location beside lush canyon on "no through street." Controlled access. Elevator. Pool. Covered off-street gated parking. Barbecue. Recreation room, television. Laundry room. No pets. Park View Apartments, 3700 Tenth Avenue. www.sdreader.com/rent/2015. 619-298-6768. ParkViewApts@att.net.

HILLCREST/UNIVERSITY HEIGHTS. \$800. Extra large 1 bedroom, lower unit, wood floor in dining area, appliances, clean, quiet. 4575 North Avenue #3. 858-483-2119; 858-270-9086.

IMPERIAL BEACH. \$1390. Gorgeous 2 story townhouse. 2 master bedrooms, 2-1/2 bath. 2 parking spaces. Fireplace. Washer/dryer. Pool. Near beach, 15, Coronado. Available 8/01. Joanna, 858-361-0011.

IMPERIAL BEACH. \$750 and up. 1 and 2 bedrooms apartments. Near beach. Conveniently located, off I-5. Imperial Beach Management, 619-423-1290.

IMPERIAL BEACH. \$1000/month. Large 2 bedroom, 1 bath apartment. 1-car garage, off-street parking, laundry facilities. Private, quiet neighborhood. 3 minutes from beach. Pet considered. 858-637-9021.

IMPERIAL BEACH. \$1100/month. 2 bedroom, 1 bath duplex. Yard, washer/dryer hookups. Also 1 bedroom apartment, \$780/month. 1037-1097 Imperial Beach Boulevard off 13th. 619-250-1467, 619-423-8289.

IMPERIAL BEACH. 2 bedroom, 1 bath, upstairs. Large yard, small storage unit, laundry facility, off-street parking. Central location. \$1195/water paid. 1189 Ebony Street. 619-435-9442, www.homes4rent.com.

KEARNY MESA. From \$875. 1 bedrooms/2 bedrooms. Centrally located at I-805 and I-163. Pool, spa, laundry, microwave, parking. Vista Capri North Apartments. 3277 Berger Avenue. 858-560-6067. www.rasnyder.com.

KENSINGTON. \$925. 1 bedroom, remodeled, downstairs. Stove, refrigerator, dishwasher, coin laundry. Cat OK with additional \$300 deposit. In the heart of Kensington. Available 8/20. 4182 Madison. Del Sol Property Management, Broker, 858-270-2071. www.delsolpm.com.

KENSINGTON/City Heights. \$695. Nice 1 bedroom apartment. Quiet complex, near bus lines. No pets. 4243 Copeland #6. Available now. Agent, 619-222-4190.

KENSINGTON. \$990/month OAC. Large 2 bedroom, 1 bath. 4-unit gated building. Large fenced yard, laundry, parking. 4121 Meade Avenue. Do not disturb current tenants! 619-889-7568.

KENSINGTON. \$1350, deposit \$1000. 2 bedroom, 1 bath. Remodeled with hardwood floors, granite, new cabinets, appliances. Garage available. Washer/dryer hookups. 5131 34th Street. 619-804-3325.

KENSINGTON. \$1195, deposit \$1000. 1 bedroom, 1 bath. Upper with view, remodeled with hardwood floors, granite, new cabinets, appliances. Garage avail-

able. Washer/dryer hookups. 5139 34th Street #7. 619-804-3325.

LA COSTA. \$1800. Newly remodeled 2 bedroom 2 bath, 2 car garage, washer/dryer, 1100 square feet. Near La Costa Meadows Elementary. Available 8/1. 858-382-4543.

LA JOLLA COLONY. \$1275. Large 1 bedroom, 1 bath plus loft. Berber carpeting, washer/dryer, refrigerator. Carport, storage, pool. No pets/smoking. 1-year lease. 858-342-0338.

LA JOLLA VILLAGE. From \$900. Large and charming unfurnished studios. Pool, laundry, 3 blocks to cove. Near business district. No pets. 858-459-8254, www.casalindaapartments.com.

LA JOLLA. Bird Rock. \$1650, utilities included. Large 2 bedroom, 2 bath. Mirror walls, carpet, fans, drapes, stove, refrigerator, pool, deep closets, laundry. No smoking, beach 2 blocks, quiet. Year lease, references. Available 8/1/06. 858-488-4503.

LA JOLLA/UCSD. \$500 off first month! 2 bedroom, 1 bath. Near shops. Balcony. Garden window. Laundry. No pets. \$1450. 8849 Villa La Jolla Drive. 858-457-4509.

LA JOLLA. Studio. Amazing Location. One block to Starbucks, Beach & Bus. Prospect Street. Kitchen with appliances. Walk-in closet, laundry. \$1195-\$1450, includes utilities. 858-336-0252.

LA JOLLA. 2 bedroom, 1 bath oceanfront, oceanview unit. Hardwood floors, stainless steel appliances, fireplace, granite countertops, parking. Pets OK. \$82300-\$2300. 6767 Neptune Place. 760-720-1400.

LA JOLLA. Newly built! Gorgeous, large, private 2 bedroom, 2 bath condo. Heart of the Village. 2 blocks: ocean, restaurants, shopping. Washer/dryer. Available 9/1. \$2650. 619-743-9808.

LA JOLLA. 1/2 block to beach. 1 bedrooms, \$1199/up. Low deposits with good credit. Lease options. Pool, laundry. Hurry! 858-536-1900.

LA JOLLA. \$2995/month. Brand new 2 bedroom, 2 bath in Seahaus. 5410 La Jolla Boulevard. Walk to beach, shops, restaurants. 2 underground parking spaces, granite counters, stainless steel appliances, pool, exercise room, barbecue. Peak ocean view from balcony. No pets. Available now. Call 858-583-0182 or 858-688-0287. www.cal-prop.com.

LA JOLLA. \$1450. Huge 1 bedroom apartment home with gorgeous hardwood floors and new fixtures throughout. Apartment has a breakfast nook in kitchen, spacious bedroom, able to accommodate a king-size bed, dresser, and much more comfortably. Call today to set up your viewing appointment. 6504-6512 La Jolla Boulevard and 346-365 Palomar Street. 858-270-5500 x29. www.msrbrowar.com.

LA JOLLA. \$975 studio. Near beach, parking, laundry on site. Near bus stop. No pets. Available early August. 396 Kolmar #5. CCPM, 619-296-6699.

LA JOLLA. \$1125-\$1325. Studio and huge 1 bedroom with gorgeous hardwood floors and new fixtures throughout. Apartment has a breakfast nook in kitchen. Spacious bedroom able to accommodate a king-size bed, dresser and much more comfortably. Available now. Application pending. 363 Playa Del Sur. 858-270-5500 x29. www.msrbrowar.com.

LA JOLLA/near UCSD. Beautiful 1 bedroom, fully furnished new condo, Villa Toscana. Pool, Jacuzzi, washer/dryer, private patio, reserved parking, new appliances, designer furnishings/linens. \$1595. Available 8/1. 858-459-1065.

LA JOLLA/UCSD. \$1190. 1 bedroom condo, top level, washer/dryer, microwave, refrigerator. Underground gated garage, balcony, pool, gym. Year lease. 858-335-5612.

LA JOLLA/UTC. \$1685. 2 bedroom, 2 bath in La Jolla Colony. New condo conversion, new everything. Pools, sauna, jogging path, underground parking, gym. Pet negotiable. 7405 Charmant Drive. Call 858-583-0182 or 858-688-0287. www.cal-prop.com.

LA JOLLA/UTC. \$1400-\$1475. Remodeled 1 bedroom, 1 bath condo. Large master suite. Cyber cafe. Fitness center. Pool. Underground parking. Call 760-583-9856.

LA JOLLA/UTC. \$2000-\$2200. Gated community. Fully upgraded 2 bedroom, 2 bath. End unit. Top floor. Dual master suites. Views! Short/long term available. 760-583-9856.

LA JOLLA/UTC. \$1700-\$1900. Upgraded 1 bedroom, 1 bath. Secure gated community. Desirable Lucera Condos. Short or long term lease. Call for rental rate. 760-583-9856.

LA JOLLA/UTC. 2 bedroom, 2 bath condo, \$1650. Assigned underground parking. Granite countertops. Stainless steel appliances. Air conditioning. Community offers: sauna, business center, barbecue area, gym/exercise room. All appliances including washer/dryer, pool/spa, patio/balcony. First floor. Water and trash included in rent. 858-598-1111 x190. www.utopiamanagement.com.

LA JOLLA/UTC. 1 bedroom in Boardwalk Complex. Upper unit has large living space, balcony roomy enough for table and chairs. Washer, dryer, decorative fireplace. Underground parking for 1 car plus storage. New carpet and paint. Call Coldwell Banker Property Management, 858-488-2288.

LA JOLLA/UTC. \$2595. 2 bedroom, 2-1/2 bath trilevel townhouse, new carpet in living room, 2-car garage, remodeled kitchen and baths. Quiet location. Pottery Barn style, large master, washer/dryer. Available now. Younie Company, 858-454-3023.

LA JOLLA/UTC. \$1300. Pines of La Jolla. 1 bedroom. Ground floor. Shuttle to UCSD. Pool, jacuzzi. Gated community. Lush landscaping. Call 619-589-9404.

LA MESA. 3 bedrooms, 2.5 bathrooms. Tri-level, end unit. Garage, washer/dryer, pool/spa, upgraded appliances, fireplaces, no smoking/pets. Close to Lake



Murray. Water, sewage, trash, HOA fees included. \$2100/month, \$1500/deposit. 619-459-0182.

LA MESA. \$895, 1 bedroom, 1 bath, balcony, \$1095, 2 bedroom, 2 bath, upper, balcony, \$1150, 2 bedroom, 2 bath, downstairs, yard. 619-697-3285. For photo, floor plans, map and directions, see website: www.sdreader.com/rent/1035.

LA MESA. \$1395-\$1445. 3 bedroom, 2 bath. Nice area, parking, 1100 square feet, air conditioning, microwave, pool. No dogs, No Section 8. 619-464-5557.

LA MESA. \$1100/optional garage, \$100. Murray Ridge duplex. Spacious, cute with private yard. On cul-de-sac near Harry Griffin Park. Available 8/1. 619-222-9463.

LA MESA. \$950/month, \$900 deposit. 2 bedroom, 1 bath duplex. 4924 Colina Drive, La Mesa 91941. 619-425-1017.

LA MESA. \$895, 1 bedroom. Hardwood floors, new appliances, freshly painted. Laundry facilities. Garage available. Small pets OK. Available now! Call Tony: 619-316-3473.

LA MESA. \$880/up, 1 bedroom apartments. Across Grossmont Center, trolley and Costco. Quiet, spacious units. Resort living pools. Mellman Apartments, 8750 Mellman Drive, Call 619-461-1940.

LA MESA. \$845-\$860. Village 1 bedrooms. Carpet/tile, ceiling fan, on site laundry. Close to shopping, public transportation. 8276 Orchard Avenue. John Epler. 619-838-0386.

LA MESA. \$655. Furnished studio in Village. So clean, quiet and secure. Near all. Great neighborhood. Includes cable and utilities. Call now, 619-463-2639.

LA MESA. \$1500. 2-story end-unit condo, 2 giant master bedrooms, 2.5 baths, 2 parking, in-unit laundry, air, cable, pool. Pet considered. Available 8/14. Jennifer, 858-483-7025.

LA MESA. \$1250. 2 bedroom, 2 bath, 8600 Lemon Avenue. Spacious, view, air conditioning, pool, parking, laundry on-site. Available now. Call 858-583-0182 or 858-688-0287. www.cal-prop.com.

LA MESA. \$925. 2 bedroom, 1 bath. 3717 69th Street, close to Joan Kroc Community Center, spacious garden setting, laundry on site, parking, available now. Call 858-688-0287 or 858-583-0812. www.cal-prop.com.

LA MESA. \$975. 2 bedroom, 2 bath. Upstairs spacious unit. 2 parking spots, laundry on-site. Available 8/18. 7656 Normal Avenue. Call 858-583-0182 or 858-688-0287. www.cal-prop.com.

LA MESA. \$925, 1 bedroom. \$1250, 2 bedrooms. Great community, conveniently located to highway and Fletcher Hills. Pool, spa, parking. No pets. 5500 Morro Way. TTPM, 619-466-8444. www.villageaptslamesa.com.

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LA MESA. 1 bedroom, 1 bath. \$750. Patio. Storage. 1 carport. 7165 Central #C. Resident manager, 619-697-8458. www.kandrproperties.com.

LA MESA. 1 bedroom, \$925/month. \$600 security deposit. Ask about Move-in specials. Close to downtown La Mesa, trolley, shops and freeways. Available now. Cats welcome upon approval. Crestview Apartments, 4515 3rd Street. Call on-site manager, 619-469-5010 or Bob Cota Realty, 619-465-9934.

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LA MESA. Live in a garden. Studio cottage. Private entrance. Laundry privileges. Patio to use. \$625, plus utilities. Call Rick, 619-254-5378 or Sharon 619-757-3040.

LA MESA. North of I-8 near Costco: 1 bedroom, \$930. Large corner unit, totally renovated. New carpet, freshly painted. Off-street parking space. Garage available. Small pet OK. Call Barbara, 619-589-0802. SanDiegoApartments.com.

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LA MESA/FLETCHER HILLS. 1 bedrooms starting at \$995, 2 bedrooms from \$1175. Lush gardens, sparkling pool, cathedral ceilings are just a few amenities in this newly refurbished community. No pets. 2950 Fletcher Parkway. TTPM, 619-464-8985. www.fletcherhillstc.info.

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LA MESA. \$950, 2 bedroom, 1 bath. Parking, laundry on site. Available now.

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NORTH PARK. \$950 rent. \$600 deposit, OAC. 2 bedroom, 2 bath apartment. Laundry, parking. No pets, at 4222 Alabama Street #10 and #11. 619-299-0951.

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NORTH PARK. \$1200. 2 bedroom, 1 bath tri-plex. Hardwood floors, street parking. No pets. Section 8 OK. Available now. 4659 Utah Street. 619-640-7530. www.sdforrent.com.

NORTH PARK. \$1180. 2 bedroom, 1 bath apartment. 3992 Hamilton/Lincoln. 8-unit complex, great location near neighborhood center. New paint/carpet/appliances. Cats OK. 619-232-7397.

NORTH PARK. \$745. Take \$350 off 1st month's rent! Upgraded 1 bedroom, 1 bath apartment. Gated complex. Cats ok. 4227 43rd Street. 619-865-3992. www.sandiegorealtyguide.com.

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NORTH PARK. \$1095. 1 bedroom, 1 bath, newly remodeled, appliances, laundry. Near all. No pets. 3824 Arizona. 619-698-6911.

NORTH PARK. \$675. Large studio, new paint, laundry on site, assigned parking. Close to all. No pets. Available now. 4525 Kansas Street #4. 858-483-5111 x10. www.melroyproperties.com.

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NORTH PARK. \$1095. Charming 2 bedroom, 1 bath apartment home. Recently renovated with hardwood floors, kitchen with dining area, large living area and a small patio. Dogs OK. Check with the leasing consultant for a list of approved breeds. You will need a pet referral by your vet plus previous landlord and proof of renters insurance. Additional deposit of \$250 required. 3514 Madison. Call today to set up your viewing appointment. 858-270-5500 x29. www.msbrowser.com.

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NORTH PARK. \$800. Two upstairs/downstairs 1 bedrooms, 1 bath. Completely remodeled. New appliances. Granite countertops. New flooring. Assigned parking. Laundry on site. Available 8/1. 4053 Cherokee Avenue #3, #8. More Property Management, 858-514-8201.

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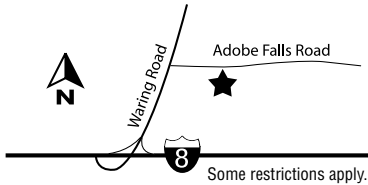
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PACIFIC BEACH. Large 2 bedroom, 1-1/2 bath townhouse, new carpet/paint, dishwasher, washer/dryer, fireplace, patio, tandem parking. Nonsmoking. No pets. Available 8/1. \$2000. 858-731-1187.

PACIFIC BEACH. \$795. Studio. 1 year lease, utilities included. Parking. Laundry on site. 3755 Ingraham Street. 619-295-1100; www.cethron.com.

PACIFIC BEACH/, CROWN POINT. \$1050. 1 bedroom, 1 bath. Great location! Laundry, parking. Available 8/7. 1536 Moorland #3. 619-295-1100, www.cethron.com.

PACIFIC BEACH. \$1050. 1 bedroom, 1 bath. New carpet plus vinyl. Upper. Walk to bay. No pets. Lease. 1433 Reed. Call 858-483-4553.

PACIFIC BEACH. \$850. Small 1 bedroom, 1 bath. Secure building. No laundry. No pets/smoking. Parking. No temporary moves. Available 8/7. Water paid. 858-270-3265.

PACIFIC BEACH. \$1300. Two bedroom, 1 bath cottage. Parking, patio, laundry facilities. Walk to bay. No pets. 4121-1/2 Ingraham Street, Pacific Crown Villas. 858-270-4674.

PACIFIC BEACH. \$1795. Classic 2 bedroom. Ocean view. Steps to beach. Hardwood floors. Parking. All appliances. Laundry facility. 712 Santa Rita Place #D. 858-272-9547.

PACIFIC BEACH/SAIL BAY. \$1575. 2 bedroom, 2 bath condo. Steps to the bay. Garage, laundry, bike storage. No pets. Available 8/10. Scott, 619-233-9199.

PACIFIC BEACH. \$1275. Large 2 bedroom, 1 bath with on-site laundry and parking. 1433 Grand Avenue #7. 619-226-7368 or www.bkbinc.com.

PACIFIC BEACH. \$1825. 2 bedroom, 2.5 bath townhome in 4 unit property. Stove, refrigerator, dishwasher, microwave, washer/dryer in unit. 2 fireplaces, private balcony, large fenced private patio. No pets. Available 8/25. 1246 Thomas. Del Sol Property Management, Broker, 858-270-2071. www.delsolpm.com.

PACIFIC BEACH, NORTH. \$1115. 1 bedroom. Large, downstairs. Remodeled. Stove, refrigerator, dishwasher, microwave, coin laundry. Shared courtyard. Parking. No pets. Available 8/29. 1548 Diamond. Del Sol Property Management, Broker, 858-270-2071. www.delsolpm.com.

PACIFIC BEACH, NORTH. \$2150. 2 bedroom, 1 bath house. Wood floors. Stove, refrigerator, garage with opener plus driveway parking. Large fenced private patio in rear. Gardener paid. Close to ocean. Ask about pet. Available 9/1. 803 Wilbur. Del Sol Property Management, Broker, 858-270-2071. www.delsolpm.com.

PACIFIC BEACH, NORTH. \$1525. Large 2 bedroom, 1 bath, downstairs. Stove, refrigerator, garage space, coin laundry, 2 blocks to Tourmaline Surf Park. No pets. Available 8/10. 830 Sapphire. Del Sol Property Management, Broker, 858-270-2071. www.delsolpm.com.

PACIFIC BEACH. \$1195-\$1495. Spacious 1 bedrooms and 2 bedrooms, 1 bath. Only 2 blocks from beach. Huge living room, bedrooms equal in size with ample closets. On-site laundry facility! Unit available mid-August. 1016-1020 Wilbur. 858-270-5500 x29, www.msbrowar.com.

PACIFIC BEACH. \$950. Gorgeous studio apartment home only blocks from the bay! New cabinets, tile, tile flooring, paint, crown molding and more! Custom paint and tile throughout! Dogs OK! 1239 Hornblend. 858-270-5500 x29, www.msbrowar.com.

PACIFIC BEACH. \$1525. 2 bedroom, 1 bath apartment. Garage. 2 blocks to beach. Fee. Free search at www.sdrentals.com. 858-324-1780.

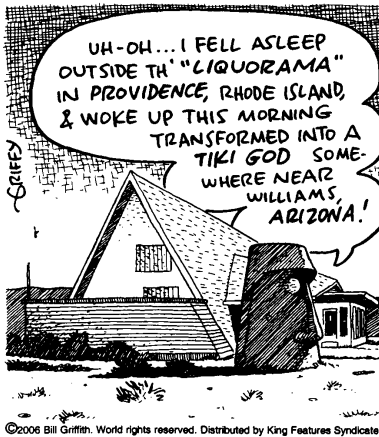
PACIFIC BEACH. \$695 plus \$600 deposit. Studio, upstairs unit. Newly remodeled. Laundry facilities. Off-street parking. Across from Mission Beach. 3503 Del Rey Street. 858-272-2889.

PACIFIC BEACH. \$1195 plus \$800 deposit. 2 bedroom, 1 bath. Off-street parking. Close to Mission Bay. Laundry available. All utilities paid. 3487-1/2 Del Rey Street. 858-272-2889.

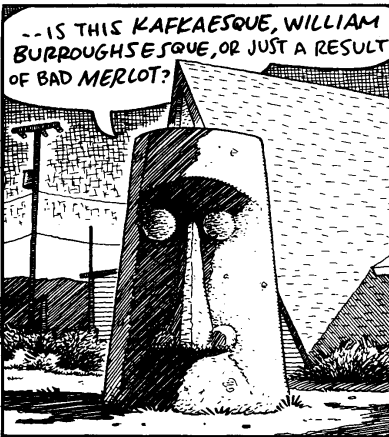
PACIFIC BEACH. \$1150. 1 bedroom, 1 bath. 1 block to the beach. 1-car garage. No laundry onsite. 829 Diamond Street. Call 858-483-3534, www.cal-prop.com.

PACIFIC BEACH/North. \$1425. Live near the beach. Immaculate, bright and breezy 2 bedroom, 1 bath upstairs apartment. Completely refurbished, parking, laundry. Sorry, no dogs. 1053 Sapphire. 858-454-7691.

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PACIFIC BEACH. 1 bedrooms from \$850 to \$950, 2 bedrooms starting at \$1250. Spacious, clean, parking, laundry, no pets. 858-964-4660.

PACIFIC BEACH/MISSION BEACH. Crown Management specializes in well-maintained affordable beach rentals. Check our 24-Hour Rental Line for new listings: 858-454-1900.

PACIFIC BEACH. \$975-\$1595. Studios and huge 2 bedroom, 1 bath with large living room adjacent to dining area. Pool, laundry, off-street parking. Walk to bay. Dogs OK. Check with the leasing consultant for a list of approved breeds. You will need a pet referral by your vet, plus previous landlord and proof of renters insurance. Additional deposit of \$250 required. 1327-1335 Pacific Beach Drive. Call today to set up your viewing appointment! 858-270-5500 x29.

PACIFIC BEACH. 1 bedroom apartment. 3 blocks to ocean, 2 blocks to bay. Jacuzzi, 2 off-street parking, quiet small complex, laundry, cat OK. \$1000. 858-569-6691.

PACIFIC BEACH/Crown Point. 1 bedroom. Walk to beach and bay. Parking, ceiling fans, gated entry, laundry. Peaceful. Barbecue. 3833 Jewell Street. 858-483-2869.

PACIFIC BEACH. Great values, nice, clean, convenient apartments in multiple Pacific Beach locations. \$895, studio, 1 bedrooms from \$935; 2 bedrooms from \$1415. Parking, laundry. Some buildings with gated entry, pool and/or deck. No pets. 858-483-3796.

PACIFIC BEACH. \$999. Large, cute studio. All utilities paid. Parking. Patio. Fireplace. Hardwood floors. 858-483-3906.

PACIFIC BEACH. 1 bedroom duplex. \$875. Nice, bright kitchen, all appliances. Sunny patio. Parking space. Quiet, private. 2111 Emerald (behind house). No pets. 858-551-7232.

PACIFIC BEACH. \$1025. Charming 1 bedroom apartment located in beautiful Pacific Beach. Walk to both the beach and the bay! Apartment has been remodeled with new cabinets, paint and more! Includes off-street parking. A must see! 1637 Hornblend Street. 858-270-5500 x29, www.msbrowar.com.

PACIFIC BEACH. \$1495. 2 bedroom, 1 bath. Upper unit. New carpet, tile, coin laundry. Close to beach and shopping. Open Saturday 7/29, 11:30am-12:30pm. 1061-1/2 Hornblend Street. TPPM. 858-699-3851.

PACIFIC BEACH/CROWN POINT. \$1350. 2 bedroom, 1 bath. Half block to Sail Bay. Laundry. 3817 Riviera Drive. TPPM. 858-699-3851.

PACIFIC BEACH. \$1225. 2 bedroom, 1 bath with garage. Centrally located, close to shopping. Pet under 30lbs OK with extra deposit. Open Saturday 7/29, 1-2pm. 2112 Balboa Avenue #4. TPPM. 858-699-3851.

PACIFIC BEACH. \$995 rent. \$700 deposit. 1 bedroom, 1 bath, charming apartment, close to Crystal Pier, shops bay and beach. Stove, refrigerator, on-site laundry, new paint, off-street park-

“Polymorphous Polynesian” by Bill Griffith ©2006

ing. 4751 Mission Boulevard #5-#4. 619-804-3325.

PACIFIC BEACH. \$1550, 2 bedroom, 1 bath. \$1695. 2 bedroom, 2 bath. Year lease. Beautifully remodeled, quiet luxury building. Imported tile. Intercom entry, dishwasher, tropical garden, heated pool. Garage available. No pets. 858-272-4398.

PACIFIC BEACH. \$1450. Blocks to the beach! Spacious 1 bedroom with private patio. Apartment comes with an assigned space in garage and on-site laundry facilities! Recently renovated. Dogs OK! Check with the leasing consultant for a list of approved breeds. You will need a pet referral by your vet plus previous landlord and proof of renters insurance. Additional deposit of \$250 required. Available mid-August. 4321 Cass Street. 858-270-5500 x29. www.msbrowar.com.

PACIFIC BEACH. \$1495. Large 2 bedroom, 2 bath apartment. All appliances, laundry room, 2 parking spaces, no smoking/pets. Available 8/1. Centrally located. 858-272-7616.

PACIFIC BEACH. Splashing deals! Studio, 1 and 2 bedrooms, \$769/up. New kitchen. Pool, laundry, parking. Near bay/beach. Low deposits with good credit. 858-536-1900.

PACIFIC BEACH. \$2075. 3 bedroom, 2 bath. Garage. Beautiful hardwood floors. All new, remodeled bathrooms. Ceramic tile throughout. Easy freeway access. 2 miles from beach. 2736 Hornblend. 619-997-9383.

PACIFIC/SOUTH MISSION Studio. \$750+ rent. All utilities paid. On-site parking. No pets. 2980 Mission and 4220 Noyes. \$500 deposit. Call 714-505-4923.

POINT LOMA. \$795. Large 1 bedroom, upstairs apartment. Near all. Available now. 3940 La Salle Street #D, 92110. Lee 619-200-9668, 858-272-4938.

POINT LOMA. \$735, lease. Bright, open studio. Near all, 3191 Kemper. Security gate, laundry on-site, beautifully landscaped. \$600 security deposit. No pets. Call 760-505-7736, www.lomasscenic.com.

POINT LOMA. Studio \$1000. 1 bedroom \$1140. 2 bedroom \$1500. Pool, laundry, fitness center. 2850 Adrian Street. No dogs. (2 weeks free on 2 bedrooms.) 619-523-4325.

POINT LOMA. \$850. Downstairs 1 bedroom. Laundry. Close to bus and shopping! 3130 Ingelow Street. Call 619-222-4836 x14 or www.sunsetpacificrealty.com.

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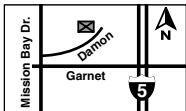
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POINT LOMA/OCEAN BEACH. \$1195. 2 bedroom, 1 bath duplex, upstairs, laundry, 1 off street parking. No pets. 2214 Chatsworth Boulevard. 619-640-7530. www.sdforrent.com.

POINT LOMA. \$1075. 1 bedroom, 1 bath. Great condition. Available furnished for \$1195/month. Pool, Jacuzzi, gym. 3050 Rue D'Orleans. Available now. Call 858-688-0287 or 858-583-0182, www.cal-prop.com.

POINT LOMA. \$2100/month. 3 bedroom, 2 bath. Fireplace, granite countertops, underground gated parking. 1 year lease. No pets. Available now. 4484 West Point Loma Boulevard. 858-273-4820 or 858-525-5238.

POINT LOMA/OCEAN BEACH. \$1395. 1 bedroom, 1 bath condo. Double oven, microwave, washer/dryer, fireplace, air conditioning. Community pool/spa. Rue D'Orleans. Agent, 619-692-4121.

POINT LOMA. 1 bedrooms from \$1150. Beautiful apartment homes. Pool, spa and view deck. Fitness center, media room, gated parking, gorgeous gated community. 3950 Leland. 619-223-1390.

POINT LOMA. Brand new spacious loft studio, \$895. New counter tops, carpet, tile, paint, appliances, gated entry, off-street parking, laundry. No pets! 2089 Chatsworth Boulevard. 619-222-0152.

POINT LOMA. \$995. 1 bedroom. Large 818 square-foot unit with fireplace. Complex has pool and spa. 1 covered parking plus 1 space. No pets, please. Call Coldwell Banker Property Management, 858-488-2228.

POINT LOMA. \$1150. Large 2 bedroom, 1 bath apartment in quiet and small property. Parking and on-site laundry included. Walking distance to cove. No pets. 301 Rosecrans Street, Orion Property Group, 619-749-6545. www.orionproperty.com.

POINT LOMA. 1 bedroom, brand new, vaulted ceilings, granite countertops, hardwood floors, off-street parking. Near Shelter Island. \$1250. 619-221-0325.

POINT LOMA. Large 2 bedroom, 2 bath Baycrest condo. Fireplace, balcony, huge closets, washer/dryer, parking. Pool/spa. Pet considered. Open daily, 5pm-6:30pm. 3888 Groton Street, #3. \$1795. 858-831-1800.

POINT LOMA. \$700. Utilities included. Cable TV. Studio with balcony. One block to ocean. Adjacent Robb Field. Call 619-223-3303 or 619-222-8400.

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POWAY. \$1000 off Move-In! Low \$300-\$500 deposits, OAC! Fully remodeled 1 bedrooms from \$1085; 2 bedrooms from \$1340; 3 bedrooms from \$1675. Pet friendly! New appliances, countertops, cabinets! Patios/balconies. Tennis. Pool, spa. Barbecues. Fitness center. Air conditioning. Silver Oak Apartments, 13409 Midland Road. Toll free: 888-264-8776. www.sdreader.com/rent/2150.

POWAY. \$825-850. 1 bedroom apartments. Beautiful courtyard, pool, dishwasher, patio or balcony, parking, laundry. No pets. 12510 Oak Knoll. 858-748-9090 or 858-626-4742.

RAMONA. Enjoy a quick drive home from the city into country life! Spacious 2 bedroom apartment homes with spa and laundry facilities. Nice clean community. Start at \$850 monthly. 411 14th Street. 760-789-7490.

RANCHO PENASQUITOS. \$1300. 2 bedroom, 1 bath. Fully remodeled, stainless steel appliances, dishwasher, washer/dryer, 1-car garage, new carpet/paint. 858-735-8593.

RANCHO PENASQUITOS. \$1250/month. 324 estimated square feet. 2 bedroom, 1 bath. Great view of mountains. 1-car garage. No pets. 13833 Via Rimini. 619-471-1739.

RANCHO PENASQUITOS. \$1200. Immaculate 1 bedroom upper, fireplace, balcony/patio, pool view, all appliances. Carport. 56/1-15 close. No pets/smoking. Available 8/1. 858-774-3891.

RANCHO PENASQUITOS. \$1195. 2 bedroom, 1 bath condo, 1-car garage, parking, laundry in building, large walk-in closet. One pet under 25lbs. OK. 13907 Via Rimini. Agent, 858-560-1178.

RENTAL WANTED. Christian female needs a 1 bedroom apartment, studio, guesthouse, or cottage, to rent before 8/14/06. I need a place that is near the beach, so I am close to work, must be clean, well kept, and modestly priced. 858-752-4873.

ROLANDO/COLLEGE AREA. \$750. 1 bedroom, 1 bath condo, upper unit, parking, pool, laundry on site, approximately 500 square feet. Available early August. 6696 University Avenue. CCPM, 619-296-6699.

SABRE SPRINGS. \$1395. Palo Alto very sharp 2 bedroom, 2 bath. All appliances, fireplace, air conditioning, patio, pool, spa. Covered parking. No smoking/pets. 619-887-0995.

SAN CARLOS. Super special! 2 and 3 bedroom townhouses. \$1295 and up. Stove, dishwasher, garage, large patio, pool, laundry facilities. Lakewood Villa Townhomes, 8492 San Carlos Drive, San Diego. 619-469-3585.

SAN CARLOS. Super special! 2 bedroom townhouses. \$1295 and up. Stove, dishwasher, garage, large patio, pool, laundry facilities. Lakewood Villa Townhomes, 8492 San Carlos Drive, San Diego. 619-469-3585.

SAN CARLOS. \$1495. 2 bedroom, 2 bath condo. 1 story, eat-in kitchen, washer/dryer. Walk to Cowles Mountain. No pets. Available now. 7255 Navajo Road. Call 858-583-0182 or 858-688-0287, www.cal-prop.com.

SAN CARLOS. \$950. 1 bedroom, 1 bath. Lots of light, nice view. Pool, carport. No pets. Available now. 6930 Hyde Park Drive. Call 858-688-0287 or 858-583-0182, www.cal-prop.com.

SAN CARLOS. \$1695. 2 bedroom, 2.5 bath condo. Deck, view, pool, washer/dryer. Quiet. Near golf course. 6970 Caminito Entrada. AML Property Management, 619-697-6314.

SAN DIEGO. \$579. 1 bedroom, 1 bath. Balcony, laundry and parking on site. 619-640-1712.

SAN DIEGO. \$605. 1 bedroom, 1 bath. Laundry, gated and parking on site. 619-640-1712.

SAN MARCOS. 2 bedroom, 1 bathroom condo. Utilities included. 2 parking spaces, non smoker, no pets. \$1000/monthly, \$800 deposit. 6 months lease. Available 8/7/06. 619-301-3514.

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SAN MARCOS. 2 bedroom, 2 bath condo close to all! All appliances with hook-ups, air conditioning, pool/spa, fireplace, first floor, patio, 1-car garage and 1 assigned space. Cats welcome. A must see! \$1550/month. 858-598-1111 x190. www.utiamanagement.com.

SAN MARCOS. \$995. \$250 off 1st month's rent. Large 2 bedroom, 1 bath, new throughout, view, large balcony, carport, private storage. Gated, small complex. No pets. Call for appointment for showing. 760-599-0989.

SANTEE. \$720. 1 bedroom, 1 bath. \$820. 2 bedroom, 1 bath. \$870. 2 bedroom, 2 bath. On-site laundry, off-street parking. No pets. 8527 Graves Avenue. 619-258-2584.

SCRIPPS RANCH. Condo. 4 bedroom, 2 1/2 bath, fireplace. New kitchen. 1600 square feet, 2 car garage, \$2200/month. 619-235-6674.

SERRA MESA. Near Sharp Hospital, \$1595. 2 bedroom, 2.5 bath townhome with carport. Panda Realty, 858-748-8850.

SHERMAN HEIGHTS. \$775. Move in special! Studio charming Victorian. All utilities paid. 454-1/2 21st Street. 619-698-6911.

SOLANA BEACH. \$1475. Quality 1 bedroom duplex. Extra large 1-car garage. Half block to surf, residential location. Available 8/1. No dogs, maybe cat. 760-436-1006.

SOLANA BEACH. Attached guest quarters-1 bedroom, 1 bath. Whitewater ocean view! Totally furnished. West of I-5, \$1,350. No pets or smoking. Available 9/1. Louise Abbott Real Estate, 858-755-8046.

SOUTH BAY/CHULA VISTA. \$775. Move-in special \$300. Newly remodeled 1 bedroom in gated community, laundry, off-street parking. No pets. Call Laura, 619-691-9377.

SOUTH PARK/MORLEY FIELD. \$850/\$900, charming 1 bedroom. Hardwood. Near parks, golf. Great neighborhood. Pets upon approval! 5011-1/2 and 3015 Quince/30th. 619-281-5418.

SOUTH PARK. \$1325. 2 bedroom, 1 bath, downstairs apartment home. Newly re-

modeled. Hardwood floors, yard, new appliances. Move-in special: 1/2 off 1st month's rent! Pet friendly. 2976 Kalmia. Call 858-751-6336.

SOUTH PARK. \$1220. Beautiful, spacious 1 bedroom apartment in quadplex with garage and auto opener. Washer/dryer. Patio. One year lease. No pets. 2103 29th Street. Available 8/1. Call for appointment. 619-563-9727.

SOUTH SAN DIEGO/SOUTH PARK. \$575. Senior 62+. 1/2 off 1st month with 6 month lease. 1 bedroom, 1 bath, gated, laundry. Frank, 858-694-0500; 858-717-1800.

SPRING VALLEY. \$1250/month, \$1000 deposit. 2 bedroom, 2 bath condo, 8475 Avenida Angulia #38, Spring Valley, 91977. 619-425-1017.

SPRING VALLEY. \$650. Assisted living, includes 3 meals a day, shared rooms, everything included. Call for details, 619-846-6993.

SPRING VALLEY. \$250 off move-in OAC. Spacious 2 bedrooms from \$795. Garages available for rent in gated community. Casa Granada, 9121 Kenwood Drive. Office hours: Monday-Friday, 9am-5pm. progressmanagement.net or call 619-698-1356.

SPRING VALLEY. \$850. 2 bedroom, 1 bath at 8965 Switzer Drive. Parking, laundry on-site. Contact on-site manager, Faith, 619-741-4145 or visit www.cal-prop.com.

SPRING VALLEY. 3 bedroom, 1 bath condo-like apartment completely remodeled, new kitchen/bath. Everything close. No pets. Available now. Section 8 welcome. 8940 Kenwood. 619-277-7010.

SPRING VALLEY. 1 bedroom, 1 bath, \$950; 2 bedroom, 2 bath, \$1000; and 3 bedroom, 2 bath, \$1200. Gated complex with on-site laundry, parking and swimming pool. Garages available for additional rent. Less than one mile from the 94. Cats OK. 9233 Kenwood Drive. 858-200-9408.

SPRING VALLEY/CASA DE ORO. 2 weeks free! Lease. \$1000. 2 bedroom, 1 bath. New carpet, paint. Yard. 3617A South Bonita Street. Agent, 619-718-6565, 619-851-8079.

SUNSET CLIFFS. \$1700. 2 bedroom 1 bath. All new. Hardwood floors,

washer/dryer, ocean views, 1-car garage, yard with barbecue. No pets/smoking. 619-518-2755.

TALMADGE. \$750. 1 bedroom, 1 bath and \$825, 2 bedroom, 1 bath at 4488 Euclid Avenue. Laundry on-site, street parking. Classic building centrally located. Call 619-203-1188, www.cal-prop.com.

TALMADGE. \$1200. Large 2 bedroom, 1 bath duplex. 1200 square feet. Centrally located. Newly remodeled. Very large backyard. No pets. Washer/dryer in unit. Available 8/15. Section 8 OK. Call 760-685-2111 or 760-741-3564.

TALMADGE. \$2250. 3 bedroom, 2.5 bath townhouse condo. 2 levels. 1200 square feet. All appliances. Patio. 2-car garage. Washer/dryer, fireplace. 619-683-7638, Xlarent.com.

TALMADGE. \$1695. 2 master suites with walk-in closets. Washer/dryer, patio, 2-story. Extra room, 2.5 bath. No dogs. 4514 Dawson Avenue. 619-757-7070.

TALMADGE. \$1150. Large 2 bedroom, 2 bath apartment. Small building. On-site laundry, off-street parking. \$600 deposit. O.A.C. Call today! 619-280-0061.

TALMADGE. \$950. 2 bedroom, 1 bath. Gated 8-unit near SDSU. Private patio. Large breakfast bar. New carpet/vinyl. Off-street parking. Cats OK. Laundry. www.goldenhillpm.com. Agent, 619-234-9533.

TALMADGE/KENSINGTON. \$875 (price includes \$450 off move-in special). Spacious 1 bedroom. New interiors, air conditioning, elevator, gated, park, garage, laundry. 4471 44th Street. Val, 619-723-8391.

TIERRASANTA. \$1895. Villa Martinique, 3 bedroom plus loft, 2 bath. Canyon location. Pool and tennis. No pets. ASPM, 858-565-6420.

UNIVERSITY HEIGHTS. \$1395. 2 bedroom, 2 bath, 2 car garage. All appliances, water/trash/basic cable included. Laundry on-site. No dogs. 4556 Park Boulevard. 619-757-7070.

UNIVERSITY HEIGHTS/HILLCREST. \$815. 1 bedroom, 1 bath. Cozy, quiet. Clean. Park like setting. New stove, refrigerator, and paint. Laundry. Cat OK. 4566 Maryland. 619-298-4444.

UNIVERSITY HEIGHTS. \$850. 1 bedroom, 1 bath, upstairs unit. Clean property, laundry room on site. Walk to nearby coffee shops and restaurants. 4571-A North Avenue. 619-295-1100, www.cethron.com.

UNIVERSITY HEIGHTS. \$835. Duplex style, 1 bedroom, 1 bath. Nice 1 bedroom unit. Street parking. Available 8/7. 1602 Meade Avenue. 619-295-1100, www.cethron.com.

UNIVERSITY HEIGHTS. \$835. 1 bedroom, 1 bath single level duplex. Nice, bright unit in quiet neighborhood. Laundry on site. Available now. 3028 Madison Avenue. 619-295-1100, www.cethron.com.

UNIVERSITY HEIGHTS. 2 bedroom, 2 bath, completely renovated. Central air conditioning and heating, balcony, security building, laundry facility, 2 parking spaces. \$1500/month, plus deposit. 619-210-3511.

UNIVERSITY HEIGHTS. 2 bedroom, 1 bath apartment, \$1095. Large unit located in cat-friendly complex. On-site laundry and parking. 4469 Alabama. 858-200-9408.

UNIVERSITY HEIGHTS. Upstairs, large one bedroom apartment. Quiet, gated complex of 8 apartments with on-site laundry and parking. Walk-in closet, gas stove, newer carpet and paint. Cats OK, no Section 8. \$850/month, 4519 Campus Avenue. 858-200-9408.

UNIVERSITY HEIGHTS. \$955. 2 bedroom, 1 bath. 4512 Georgia. Corner unit. Laundry on-site. Walk to shops and restaurants. Available 8/9. Call 858-688-0287 or 858-583-0182, www.cal-prop.com.

UNIVERSITY HEIGHTS. \$1450. Canyon view 2 bedroom, 1 bath upper unit with

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1191 East Main (Between 1st & 2nd Streets) • Open Sunday 9 am-3 pm

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3425 Midway Dr. (Behind Shell station)

Encinitas • 760-634-1000

318 North El Camino Real • Open Sunday 9 am-3 pm



Oil Change

Most vehicles.

\$13⁹⁵*

Basic

Includes up to 5 qts. 10W-30 oil, new oil filter, and maintenance inspection.

\$19⁹⁵*

Premium

Basic service plus top off fluids and maintenance inspection.

\$24⁹⁵*

Premium Plus

Premium service plus tire rotation, check and adjust tire pressure and brake inspection

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Pull computer codes, provide written description.

Coupons must be presented at time of service. Substantial extra cost may be necessary. Not valid with any other offer or discount or for prior service. *Additional services may be necessary at substantial additional cost. See manager for details. All coupons expire 8/10/06.

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\$24⁹⁵ 4-cyl. \$34⁹⁵ 6-cyl.

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Alignment reading. Front-end safety inspection. Check ball joints, tie rods, steering box & steering links. LIMITED TIME OFFER.

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• Replace spark plugs (platinum plugs additional)

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• Radiator service

• Tire rotation

• Brake inspection

</

Down and Up and Down Again

BEATITUDES | By Frances Kuffel

"Everybody fat has her own fat story," Judith Moore wrote in *Fat Girl*, a statement I grieve not having the chance to debate with her. Everybody who is fat because they eat too much has the same fat story. We eat because there isn't enough love to teach us self-love and self-respect. We eat because we are empty and unfillable. Some of us say we eat because we're addicted to sugar and fats *and* because of our gray, hidden hearts.

The differences in fat girl stories lie in how grotesque we make ourselves and in how we travel back down the scale.

As I write the last in this series of columns, I am 130 days off sugar and flour, and I've lost, I was surprised to see, 26 pounds. Yesterday's leap of courage (and ginger step) onto the scale was necessary — reality checks are part of any food plan — but it was dangerous.

My brain is racing with numbers as I work the math of 1.44 pounds a week. By the time my sponsor comes back from China, I could lose another nine pounds. Will that be a dress size? By Thanksgiving, I could be double my loss and be floating in the world of sizes 14 to 18. Then again, I'm not often hungry for my 220-calorie "metabolic adjust-

ment" (read: snack), which could add up to another two pounds a month.

When I have to use a calculator rather than spell check, I'm wooing disaster. That future could end tonight in a deluxe crumb cake and Häagen-Dazs Swiss vanilla almond, and I wouldn't even know I was doing it until it was over.

The real reality check is not the scale or clothing sizes. It's in the way my brain works, even at this most superficial level. I can't see my own weight loss, for starters, nor do I feel 26 pounds lighter in the current heat wave. The reality is my underwear is wet and sticking to my ass, the low crotch of my shorts rubbing against my thighs, my feet swelling in what were, last week, loose shoes, so that I arrived home from my last dog walk verging on diaper rash and a blister, sweat sliding down the side of my face. The reality is looking at other pedestrians and seeing that "chubby" women coming home in their office clothes did not look like damp, badly folded origami.

Anyone 75 pounds overweight shares this story, too. What we don't share are the diets we have to put ourselves on in order to



lose weight and maintain a normal body.

The word diet is plural not because of Weight Watchers, Atkins, skinny French women, 12-step programs, or gastric bypass. Eat less + move more = weight loss. In this second, much slower descent down the scale, I've realized that the most important diet I'm on is one of the soul.

Eight years ago I timidly thought I might be pretty if I were thin, whatever "thin" or "pretty" meant. I didn't know about collarbones, great gams, or tucking a shirt in without a blazer. (For that matter, I didn't know about blazers.) I was on a physical treasure hunt, and when I got to 150 pounds, my fascination for what I'd found turned my body into an object to ponder, pander, and decorate.

In the summer of 2006, I have no questions about the body I will eventually find, but I have a lot of doubt that I can carry chronic depression on a back with clearly articulated vertebrae. As long as I live in my Original Myth of unwantableness, I will

When I have to use a calculator rather than spell check, I'm wooing disaster.

relapse.

Period.

And so I pray. I give thanks for yesterday's abstinence and fireflies in the tiger lilies at dusk. I demand help ignoring said-Häagen-Dazs's limited edition sticky toffee pudding ice cream. I work on my fourth step moral inventory, tallying up my reactions to life in words like fear, envy, humiliation, and possessiveness. I repeat my mantra: *I was given to my family; I am needed in this world.* I deadhead petunias and pick up litter as daily good deeds. I sponsor a woman who was willing to die of her diabetes rather than give up sugar and lose weight. At six in the morning, I tell her how to be abstinent, and she shows me, in her two weeks of abstinence and new hope, why. After we hang up, I boil chickpeas for lunch, take my Wellbutrin and Zoloft, and e-mail my day's menu to my sponsor.

So if you see me leading three panting Labradors down Pineapple Street, and I'm limping in shorts that stick to my legs, remember that all fat girls share one story that you need us to witness for you.

Blessed are the obese, for we hold the pain of living in our flesh.

large deck and 2-car garage. No pets, no smoking. Available 9/1. Carole, 714-840-5439.

UNIVERSITY HEIGHTS. \$995. 2 bedroom spacious and clean two bedroom apartment. Spacious lower level two bedroom apartment located in small quiet complex. This unit retains its 1960s charm with the original kitchen tile countertops and kitchen cabinets. All original tile tub surround a vanity. Recent upgrades include all new interior hardware, new light fixtures, ceiling fans in bedrooms with mirrored wardrobe doors. New vinyl in kitchen and bath. New carpet. Great location, easy access to Mission Valley and I-8. On site laundry and off street parking. Available around August 1, 2006. \$800 deposit and one year lease are required. 4568 Idaho Street at Madison Avenue. Call 619-725-3648 or 619-846-6615.

UNIVERSITY HEIGHTS. Totally upgraded 1 bedroom and 2 bedrooms. \$895-\$1150. All new. Available now. 4533 North Avenue. 619-435-2700, mckeecompany.com.

UNIVERSITY HEIGHTS/NORTH PARK. \$965. 2 bedroom, 1 bath. 850 square feet, ground floor, quiet courtyard, big closets, laundry. Parking available. 4027 Alabama. 619-698-4915.

UNIVERSITY HEIGHTS. 2 bedroom, 2 bathroom luxury condo with new paint and carpet, fireplace, A/C, vaulted ceilings, washer/dryer, garden window, balcony, garage, and storage. 4666 Utah Street. \$1575/month. 619-683-9274.

UNIVERSITY HEIGHTS. \$1475. Never lived in! 2 bedroom, 2 bath condo. Balcony, granite/maple kitchen, storage, dishwasher. Gym, pool, sundeck, saunas. Near Antique Row. 619-818-0236.

UNIVERSITY HEIGHTS. 1 bedroom, 1 bath seniors' community or disabled apartments. \$695, move-in special: 1/2 off first month's rent, with \$200 security deposit on approved credit. Upper and lower units available. On-site laundry, in gated community, close to bus lines. Small pets OK! 4086 Swift Avenue. Agent, 858-560-1178.

UNIVERSITY HEIGHTS. \$895/month. Charming, remodeled 1 bedroom cottage. Hardwood floors, bay window in kitchen, front porch, garage and gardener. No pets. Nonsmoking. 619-224-9639.

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\$1495. Pool, spa. Covered parking, garages available. Laundry facilities. Patio/balcony. Dishwasher. Woodburning fireplace. Play area. Ceiling fan. Storage. Pets welcome. Shadowridge Meadows, 1515 S. Melrose Drive. Toll free: 866-578-0583. www.sdreader.com/rent/2050.

VISTA. Move-in special! First month's rent: \$99. Renovated 2 bedrooms, appliances, air conditioning. Gated, landscaped complex. Laundry, parking, balcony, storage room. Call 760-414-1011. www.melroyproperties.com.

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plete details/photos: <http://www.rockyhi.com>.

BEST BUY IN LA COSTA! Just reduced! Lovely 3 bedroom, 2-1/2 bath. Den. Fireplace. French doors, large patio. \$629,000. Coldwell Banker. Agent, Gretchen Mitchell, 760-715-2844.

CHULA VISTA. No bank qualify, no credit OK. 2 months payments and closing costs moves you in. 3.5 bedroom, 2 bath. \$625,000. 612 Claire Avenue. 619-316-0992.

CITY HEIGHTS. Price reduction! \$330,000. Excellent investment opportunity. 2 bedroom house. Garage, space for 3 extra cars. New roofs, bathroom, plumbing. Financing available. Agent Jack Foley, 619-962-8963.

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San Diego Reader July 27, 2006 199



CITY HEIGHTS. 3 bedroom, 2 bath plus office. Updated kitchen/bath. Fruit trees! Move in ready! 4717 Wightman Street. \$389,000-\$439,000. Ascent Real Estate. Denise, 619-772-5972.

CLAIREMONT. Cul-de-sac location. Light, skylights, open beams. Fully landscaped. Tongue/groove ceiling in living room opens to private backyard/covered patio.

\$445,500-\$462,500. Agent, 858-229-6889.

CLAIREMONT, 4 bedroom, 2 bath mobile home in park, canyon view lot. 1493 square feet. Upgraded kitchen, walk-in pantry, breakfast nook, large master bedroom, more. \$179,000. 858-569-1229, agent.

CLAIREMONT HOME. Free 24-hour hot-line, 1-888-Exit-123, ID# 103704. Talk to no agent.

CLAIREMONT, stunning bargain, 5 bedrooms, 3 bath 2000sf house. Mother/daughter income on 10,000sf flat lot, cul-de-sac, all remodeled. \$589,000. By owner. No agents, 858-279-4487.

CLAIREMONT. 3 bedroom, 2 bath. \$50,000 in upgrades. Up to \$3,000 cash back. Virtual Tour: <http://media.home-store.com/mls/HFVKPDFK.htm>. Charlene Byrd, Century 21-1st Choice. 858-337-5149 or www.byrd-houses.com.

COLLEGE AREA, 2 bedroom house with rental in back. Big lot, 2 dwellings. Garage. Open house. Saturday/Sunday 12am-4pm. 4511 Altadena. 92115. \$549,000/owner, MLS066052911 619-618-9442.

COLLEGE. 3 bedroom, 2 bath, 2 car garage. Fenced yard, refrigerator/washer/dryer, \$455,000/owner, 619-239-8707.

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FALLBROOK, 4 bedroom, 2 bath with 2-car garage. Private/huge yard with electric security gate. Country charm; wood accents, custom windows, hardwood floors, laundry with huge pantry. \$494,800. Robert/Agent (619) 328-0844.

FALLBROOK. \$729,000. Great 1.5 acre property. Home with views! 3 bedroom, 2 baths, attached complete guest-house. Over 2600 square feet. 100 producing fruit trees. 760-723-0305.

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ILLINOIS. Home. 1 bedroom, 1 bath, cute, near all, built in 1980s, only \$18,000/best, 619-835-9367.

JACUMBA STEAL. Artists, retirees, income property. Amazing 3 bedroom home, fully fenced. Appliances, hardwood floors, enclosed patio, cozy wood stove. \$220,000. Margo Monroe, Agent, 619-307-9996.

JULIAN/SHELTER VALLEY. 4 bedroom, 2 bath, 1-acre, manufactured home. Forced air/heat, upgraded appliances, pantry, breakfast nook. Flat lot, storage buildings. \$249,000. Randy, 858-569-1229.

JUST LISTED! Highly upgraded East-lake 4 bedroom, 3.5 bath home. 2739 square-feet, 2-years old, cul-de-sac. Chef's kitchen. Gorgeous! \$837,000. MLS#066059573. Deborah Engel, McMillin Realty, 858-829-1989.

JUST LISTED! Sabre Springs 3 bedroom, 2 bath, single-story view home. \$567,000. Spacious eat-in kitchen, fireplace, beautiful landscaping, fountain. MLS#066059155. Deborah Engel, McMillin Realty, 858-829-1989.

NEW ON MARKET. Best Buy! Single family residence, El Cajon. Private 3

bedroom, 2 bath, attached 2-car garage. Ceramic tile floors enhance bathrooms. Kitchen brags of beautiful granite countertops, stainless steel fixtures/appliances, central A/C. Save dollars! \$408,000. Broker, Peg: 619-448-5592, 619-855-0377. No agents, please.

NORMAL HEIGHTS. Open Saturday and Sunday, 1pm-4pm: 3834 Madison Avenue, 92116. Move-in ready! Completely renovated 2 bedroom house on huge lot. 1/2-block to city park. Beautiful neighborhood. Lots of off-street parking. Large fenced yard. \$439,000. hdr1@cox.net. 619-281-8869 or 619-823-8166.

NORMAL HEIGHTS. \$675,000-\$725,000. Charming 4 unit property. 2-2 bedroom, 1 bath units and 2-1 bedroom, 1 bath units. 3-1 car garages. 858-699-3895

NORMAL HEIGHTS. \$625,000-\$675,000. Charming 3 unit property, 3 bedroom Craftsman home in front, 2-story duplex in rear with 2-2 bedroom units. Newly painted. 858-699-3895.

NORTH MISSION HILLS. Ocean view duplex, private canyon, prestigious area. 4 bedrooms, 2 levels, granny flat downstairs. Consider trade, rent-to-own \$3900/month, \$899,500. Randy, 808-457-0645, henry.homell@epremier.com.

NORTH PARK. Immaculate condition! Magnificent Spanish 2 bedroom, 1 bath. Almost 900 square feet. 1-car garage/carport space. Coved ceilings, archways, gorgeous hardwood, modern kitchen. This one is really special! \$479K-\$499K. For showings: agent Barb, 619-283-9493.

PACIFIC BEACH. Check this out! Best value. Live one, rent other. 2 bedroom plus 1 bedroom duplex. 8 blocks to beach. Priced quick sale. \$525K-\$540K for both. Broker, 858-205-1031.

POWAY HILLSIDE COTTAGE. 2 bedroom. Serene views from most rooms. Secluded. Surrounded by mature pines. \$499,000-\$559,000. Call Albert Gonzalez (Broker), 858-864-2141 for a private showing.

POWAY, 3 bedrooms, 2 bath, detached house, move-in ready, 1300 square feet, quarter acre lot. Complete remodel, new everything. 13816 Pomerado Road. Central air/heat. New roof/sprinkler system. MLS#066062704, \$439,000-\$489,000. Owner 619-696-6745, 619-665-6509, anna2004@cox.net.

RANCHO BERNARDO WESTWOOD. 4 bedroom, 2 bath, vaulted ceiling, fireplace, \$48K upgrades include new windows, paint, granite and tile. \$579K-\$599K. 10946 Autillo Way. Peter 858-486-1168

RANCHO PENASQUITOS. Woodcrest Hill, 4 bedroom/2-1/2 baths house, cul-de-sac, view lot huge deck off masterbed room. Call. Top Notch Realty Inc. 619-807-0327.

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202 San Diego Reader July 27, 2006

BACK WHEN

In the Reader

Thirty Years Ago

“What’s the matter, darling, you don’t like New York? Listen, you came to the best, the *very best*, and after the sandwich, after the pickle, you know how you’ll feel? 100 percent better. Not 99, not 99-1/2, but 100 percent better.”

—**“RETURN OF THE NATIVE,”** *Eleanor Widmer,*
July 29, 1976

Twenty-Five Years Ago

On behalf of myself and thousands of other Japanese-Americans, I would like to thank and praise Andrew Piotrowski for the excellent article published about World War II in the *Reader* (“War!” July 16).

—LETTERS: **“THAT’S INTERNMENT, PART II,”**
Judith Nakano, San Diego, July 30, 1981

The year is 1941 and I am living in my grandmother’s cottage in Arcadia, California. I save “war stamps,” see tanks and half-tracks roll by, and play with my “California blackout kit!” We even have a spotter’s guide to locate Zeros if they shoot overhead.

Yes, there are blackouts. We have accepted the idea that Japs succeeded in lobbing shells into Goleta.

—LETTERS: **“ZEROS,”** *Galen Hall, Golden Hill,*
July 30, 1981

Twenty Years Ago

When the hottest news story in San Diego’s gay community surfaced, it wasn’t published first in the city’s gay newspapers. Reports that the director of the San Diego AIDS Project was under investigation appeared instead in the *San Diego Union*. Editors at both the *Gayzette* and *Update* chose not to print the story, in part, because they feared it might harm the AIDS Project.

—**“THE INSIDE STORY,”** *Paul Krueger, July 31, 1986*

Fifteen Years Ago

Gang name: P.B. Vurmin
Estimated number of members: 100-plus
Ages: 19 to 27
Territory: Pacific Beach, from Pacific Beach Drive in the south to Turquoise Street in the north.
Who they are: Most have lived their whole lives in Pacific Beach; many of them left home at the age of 15 or 16. A few still live with their parents, who typically work 9-to-5 jobs.
Hangouts: The Hump (the grassy mound on Crown Point, off Ski Beach); the boardwalk in front of the Surfer Motor Lodge, at the foot of

Pacific Beach Drive; underneath the Ingraham Street Bridge.

—CITY LIGHTS: **“SURF ‘N TURF,”** *Thomas K. Arnold,*
August 1, 1991

Ten Years Ago

“Nine times out of ten it’s American sailors and they say ‘La Bamba.’ Or ‘Cielito Lindo’ (“Pretty Sky” — “Aye-yi-yi-yi!”), or ‘Rancho Grande.’”

“People [Mexicans] get sentimental for the songs from their childhood, some of the most difficult ones [to play] like ‘De Lydia’ and ‘La Gloria Es Tu.’ It is a Mexican thing.”

—**“SONGS FOR THE UPROOTED,”** *Bill Manson,*
July 25, 1996

Five Years Ago

I’m standing in front of the frozen vegetables in my local Vons, staring at the peas and corn and wondering what it is I need. My right foot is looped into the bottom rack of the shopping cart and I’m cold. This supermarket is kept at a temperature cool enough to preserve corpses. My sister Maya, my son BB, and I are on our weekly shopping excursion. BB calls this effort “the big shop,” and it’s become a routine we cannot stray from. Every Sunday at four we buy cereal and granola bars, bottled water and corn



San Diego Reader, July 26, 2001

chips, apples and frozen pizza. We buy large quantities of the four foods that BB will consent to eat at any given time and sometimes, throwing caution to the wind, I try to sneak in a cucumber, rice cakes, a banana. I’m in the middle of an internal debate over whether or not to greet one of the mothers I recognize from BB’s school when BB runs over to me from the Wolfgang Puck display and says, “Mom, I want to pretend I’m being born again.”

—**“A MOM FIGHTS FOR HER SON,”** *Debra Ginsberg,*
July 26, 2001

Columns archived at SanDiegoReader.com

DAN MARINO, autographed NFL Wilson Hall of Fame football. Certified, registered, mounted memories with photo while signing actual game ball with trophy case. \$650-\$700. 619-444-1904.

EXERCISE EQUIPMENT, Hoist H210 complete with pull down, chest/back pull, arm pull, leg extension/curl, and leg press. New \$3500. Selling \$950. 858-259-0681.

GOLF CLUBS, northwestern irons driver 3 wood putter bag like new \$40. Pinseeker irons 1-3-5 metal woods putter bag \$40. 619-442-8227.

GOLF CLUBS, complete set, men’s and ladies’, includes putter and bag. \$49/each. 619-461-4805.

GOLF CLUBS WANTED. We pay cash for Callaway, Taylor Made, Ping, other pro lines. New/used golf clubs and accessories for sale/trade. Play It Again Sports. Pacific Beach, 858-490-0222; Tierrasanta, 858-751-0338. College Area, 619-667-9499. www.playitagainsd.com.

KAYAK, Sea Eagle, inflatable, light tandem 330 with 2 paddles, pump, 4 life cushions, bag, like new. Sacrifice \$350. Call after 2pm 858-274-5229.

KAYAKS FOR SALE. New and used. Singles include Ocean Kayak Venus, Hobie Maui, Perception New Wave, Cobra Escapes, Strikes, Navigators, Explorers and Fish ‘n’ Dives. Wave Sport Extreme, Aquaterra Kahuna:

prices from \$299 to \$899. Two person kayaks include Cobra Tandem, Triple and Hobie Odyssey: prices from \$599 to \$999. Also, a large selection of new and used seats, paddles and life vests. San Diego Sailing Center, 1010 Santa Clara Place, Mission Bay. Phone 858-488-0651. For photos and pricing, visit www.kayaksforsale.com.

KAYAKS, HOBIE. New and used giant inventory. Every day is a demo day! Come check out the new Hobie Mirage Adventure and Outfitter. Hands-free kayaking, best kayak for fishing. MasterCard/Visa accepted. FastLane Sailing, 2610 Ingraham #A. www.fastlanesailing.com. 619-222-0766.

KAYAKS-- Windsport Retirement Sale starts Thursday, July 27. Everything in store must go! 844 West Mission Bay Drive, Mission Beach.

KAYAKS. 2-man kayak \$250. Good for lake or bay. No open ocean. Moving. Must sell. Good condition. Call 858-775-4572.

PING PONG, table. Excellent condition, includes net, paddles and balls. \$95. 858-695-8785.

PLAY SOCCER. In outside league. Existing soccer team needs support in being able to play next season. Season starts September. Marc, 858-361-4764, mma@adical.com.

ROLLERSKATES, quad, black leather, pink wheels, \$60. Ice skates all

leather \$25, both womens size 6. Both very good condition. 858-597-0856.

SAIL AWAY! 1980 Lancer 27.8 foot sailboat. Small bathroom, kitchenette. Leaving country-must sell! \$7500. For appointment to view, security gated dock, Dana Point Marina, 619-255-6276.

SAILBOAT FOR SALE, 22 foot, Catalina sailboat, docked at marina, fair condition, excellent day sailer. \$2000/best, 619-298-7220.

SAILBOATS, convertible 1953 MGTD, 1973 Mercedes needs tune, smog, unrequired \$3950. Ford 3/4 ton diesel cold air left gate \$4450. Tow truck \$5450. 858-350-3727.

SCUBA BC, Sea Quest Spectrum 3 al-most new, excellent condition \$125, 619-443-0401.

SCUBA GEAR, one complete set, plus many extras, all in excellent condition. 619-287-0942.

SOFTBALL, team needs an experienced infielder and one fast outfielder. 619-295-0385.

SOFTBALL, league is expanding. We welcome teams and individual players. We play Monday, Tuesday, Wednesday, Saturday, Sunday. Co-ed and men’s slow pitch. 619-517-5791.

SPINNAKER SAIL, In bag, 32 foot sloop, make offer. Like new, 619-955-5610.

SUMMER IS HERE only for a limited time, so don’t wait. Buy or rent a kayak today at Allen’s Kayaks, 858-488-5599. Starting at \$10.

SURFBOARDS-USED & NEW. Over 200 to choose from. Prices start at \$50, hurry for best selection. ‘Grotto’, 978 North Highway 101, Encinitas. 760-634-1920.

SURFBOARDS WANTED! Get more cash for your surfboards! Consignment/trade. Skateboards, wetsuits, boogie boards. New/used for sale. Play It Again Sports. Pacific Beach, 858-490-0222. Tierrasanta, 858-751-0338. College Area, 619-667-9499. www.playitagainsd.com.

WAKEBOARD AND TUBE BLOWOUT Sale. New wakeboard and binding combos from \$179.99. All tubes, vests and ropes 25% off. Sale ends July 31. Play It Again Sports, 1401 Garnet Av-

enue, Pacific Beach. 858-490-0222. www.playitagainsd.com.

WEIGHT SET, 330lbs. Steel plates with bar. Good condition. \$100. 619-462-8131.

PHOTO

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KODAK, EZ share camera package with printer dock. Still in box, unused cost

\$400. Asking \$325. Print pictures at home. 619-440-6918.

MAMIYA, 645 Pro TL body. Mamiya 80mm F2.8 lens. Mamiya 105-210 F4.5 lens. Power drive grip WG401. AE Prism finder with light meter, \$4,800, 619-690-1885.

NIKON DIGITAL SLR SEMINAR! Learn to take great photos. \$15. Wednesday, August 2nd, 6-8pm. Call to register, 619-234-6621. Nelson Photo, 1909 India Street. www.nelsonphotosupplies.com.

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Parts and labor. Most cars. \$25 extra for new axle.

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Most cars.

GTX Castrol/high-mileage oil change **\$31.95**.
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COMPUTER HELP? One-on-one, fast, friendly, reliable. Repairs, upgrades, training, cable/DSL, networks. On-site or drop-off, \$35/hour. Also, music recording. 858-735-6680.

COMPUTER MONITOR, 17 inch plasma screen. 4 months old, by LuComs. Only \$145. Call Kelvin. 858-232-9271.

FREE PC/LAPTOP DIAGNOSTIC. Laptops starting from \$298 for ACER, Dell, IBM, Toshiba and more. Laptop/projector rentals-\$25/\$75. 3 locations! Going fast, call now: 1-888-861-8347.

MAC POWERBOOK G4, laptop, 12", perfect condition, upgraded memory now with 1.256, receipt for all, \$1400. 619-758-5510.

PENTIUM 4, system complete, XP professional and office, internet ready with printer/scanner \$285. Must sell. 619-807-2597.

PENTIUM THREE, computer. XP and MS office, color printer. \$145/best. 619-582-7183.

TOTAL COMPUTER. Commercial service. We do everything. Installation, set-up, training, repair, networking, telephones, wiring, upgrades. \$20 in-home diagnostics. 619-941-1809; cell, 619-607-0221.

BICYCLES

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BIKE, recumbent, long, 21 speed, 5 Acavice \$295. Trek 800 \$225. Univega Women's cross \$150/best. Moving, bike rack \$20. 760-432-8274.

GIANT RINCON, 7 speed, excellent. \$75. Call after 1pm/evenings. 858-274-5229.

MOUNTAIN BIKE, Fuji (M-300), 22" frame, 21 speed, gel seat, grip shifting, head

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light, mirror, carrier, shimano component, excellent condition \$80, 858-549-0182.

MOUNTAIN BIKES, (2) very nice, high quality with front suspension, lightweight, aluminum frames and Shimano shifting, paid \$1200. Moving, first \$300 and \$350. Call 619-564-0558.

VINTAGE, Schwinn mountain bike, impact pro, black 19" frame very little usage. 1 shift lever needs work \$75. Workstand. Park PCS-1 \$75. 858-571-0706.

WANTED / TRADE

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CARPENTER. I am looking for a person that knows carpentry, in exchange for housing. Please call me at 619-479-4212 after 9am.

FISHING TACKLE, Collector wants for his personal collection wooden lures, reels, miscellaneous by Heddon, Pflueger, Creek Chub, South Bend, Shakespeare, to name a few 619-972-3488.

I NEED INVENTORY! TOP DOLLAR Paid! Working/not! Laptops, computers P4, music gear, DVDs, plasma TVs, CDs, gold, diamonds. Free appraisals. 3439 University. 619-283-1228, 619-283-1448.

INDIAN, arrowheads/artifacts. Must be authentic. Call Steve at 619-222-8562.

MILITARY MEDALS. Many old military medals are worth hundreds of dollars. I have \$3000 to spend. Other old military items wanted, especially USMC. 619-280-8089.

MOTORCYCLES WANTED, generous appraisals on all motorcycles, 500cc plus, any year, any condition, running or not. Call today, cash today. 619-563-7777.

OLD TOYS AND TRAINS. Lionel, American Flyer, Marx, Aurora, Corgi, Dinky, Hot Wheels, Matchbox, slot cars, Buddy-L, Smith-Millier, Structo, Tonka. Old plastic vehicles: Pyro, Renwal. Dave, 858-756-2411.

RUGS WANTED. Old Persian and Oriental rugs, any size, any condition, for cash. 760-730-8940.

WANTED, Chinook on a Toyota short bed 1974 or older. Will pay \$4500. Call after 6pm. 619-276-0230.

WANTED, NIKI mens shoes, model "Son of Glove" size 13, 14, 15. New or used. 858-272-9795.

ANTIQUES & COLLECTIBLES

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ABUNDANCE OF CASH FOR RECORDS. We have lots of money to buy vinyl collections. Jazz, soul, punk, rock, metal. Record City, 3757 Sixth, Hillcrest. 619-291-5313.

ALL ANTIQUES WANTED! Cash paid. Antiques/collectibles. Also, quality furniture, pianos. 1 piece or houseful. Cash paid. Same day pickup. Bonded. Licensed. Since 1965. 1-800-840-4447, www.southcoastauction.net.

ANSTEAD'S AUCTION. We buy antiques, collectibles, household furniture, appliances, TVs, home electronics, pianos. Prompt service. Local buyers. Licensed/bonded. Serving San Diego since 1971. 619-233-3148; 1-888-722-2002.

DALI, signed cosmic athlete frames, museum mount 32x40" approximately 28"x20" color print hand signed artist proof \$550 firm. Call 619-200-1254 Lisa.

GUNN LAWYER, 2 stack bookcase solid oak \$195. Crager deep dish chrome rims 14" set four 1960s \$95. 619-997-8913 or 858-565-8844 message.

INDIAN WINE CELLAR/GARDEN, Doors. Beautiful set of doors imported from India. 6' high, 4' wide. Patina green color and intricate carving details. \$600. 619-787-8595.

KAMA SUTRA DOOR, Wooden door, various Kama Sutra style carvings. Perfect for indoor/outdoor. Purchased in and shipped from India. 5' high, 3' wide. \$500. 619-787-8595.

MATCHING 4 PIECE SETTE, And chairs. Beautiful curved back all pieces/square wooden legs/metal ends/wheels. Sette good shape+ Armed side chair \$450, 619-283-9600.

STORAGE UNIT, 10x30, art, records, books, furniture, jewelry, military, etc. Sell all or separately \$4,000/best. Good stuff! 619-835-9367.

GARAGE SALES

PLACE FREE ONLINE ADS with photos at SanDiegoReader.com. Also, see thousands of classified ads not printed here!

BAY HO, Estate sale, Saturday July 29, 7am-3pm. Furniture, knick knacks and more, 3165 Courser Avenue (Clairemont area) 92117, 619-270-5369.

CARLSBAD, moving sale. Saturday July 29, 8am-12pm. 7073 Montanes Lane, Carlsbad, 92009.

CHULA VISTA, Mahogany dining room, with 6 chairs/extension for 12, \$1200. Spacious oak desk 7 drawers, \$700. Zenith 21" TV \$150. Moving sale other items. Please call for appointment. 619-271-5694.

CITY HEIGHTS, Estate sale. 7/29-7/30, 6am-3pm. Everything but the kitchen sink. Antiques books, art, furniture, baby/children items, household, appliances, electronics. 1769 Gateway Drive (92105).

CLAIREMONT MESA, plants, all kinds, cacti, succulents. Chest of drawers, pictures, wall plaques, work table, dishes, sheets, tablecloths, miscellaneous. Saturday August 5. 3963 Clairemont Mesa.

CLAIREMONT. Big moving/baby sale. Saturday, 7/29, 7am-1pm. Oversized chair, furniture, home furnishings, baby toys, baby gate, toddler boy clothes/shoes, more. 5535 Noah Way.

GARAGE SALE, Saturday 7/29, multi-family, baby/kid clothes and furniture, toys, bedding, rocking chairs, TV, linens, artwork, household items. 7140 Torrey Mesa Court 7am-12.

LA JOLLA, Saturday July 29, 9am-5pm. Hundreds of LP records, treadmill, exercise bike, furniture, Xmas decorations (lights galore), clothes, tools, more. 5561 Soledad Mountain Road.

LA JOLLA, Moving sale, 2 televisions, entertainment center, dining table 4 chairs, coffee table, mountain bike, 2 beach cruisers. 409 Bonair Street, 92037. Saturday, July 29, 8am-noon.

LA JOLLA, Antiques, oak doors, tub, 10 foot sailboat, Saturday 29, 8am. 5347 Chelsea, 858-454-2000.

MIRA MESA, Tons of teen stuff! New clothes, furniture, home accessories, kids clothes/toys, much more! Saturday morning, July 29, 7am-noon. 9254 Laurelhurst Court, 92126.

RANCHO PENASQUITOS. Garage sale. Saturday/Sunday, 7/29-7/30, 7am. Super gigantic multifamily and storage unit clearout plus collectibles. Everything must go. 12435 Brickellia Street (92129).

SAN CARLOS, Multi-family yard sale. 6300 block Cibola Road. Saturday, July 29, 7am-3pm.

SERRA MESA. Moving-in sale. Saturday, 7/29, 8am-? Household, kitchen, knick-knacks, small furniture, children's items, crib, 2 Pack-N-Plays, clothes, toys galore. 3477 Lockwood Drive (near Aero).

SOLANA BEACH, Saturday/Sunday 7/29-30, 8am-2pm. Glass front garage cabinets, cement mixer, books, china, antiques, butterchurn, child's spinning wheel, 311 Corto, Solana Beach.

SOUTH PARK, 7/29. Multi-family. Antiques, furniture, tools, building supplies and more. 1838 29th Street. 7am-1pm.

SPRING VALLEY, NORTH. Garage sale. Saturday, 7/29, 6am-noon. Children's items, household goods, tools, clothing, books, scrapbooking stuff, many new items. Come early. 8838 Greenview Place.

UNIVERSITY CITY. Garage sale. Saturday, 7/29, 8am-noon (no early birds, please). Pristine bedroom set, sofas, entertainment center, TV, oak dining set, art. 3470 Tony Drive.

APPLIANCES

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APPLIANCES FOR SALE. New and used. Refrigerators, cooking appliances, dishwashers, etc. 760-599-4745.

APPLIANCES: Refrigerator frost-free energy saver, stove, washer/dryer: \$135 each, 1-year warranty. Leon's Appliances Pick-Up and Delivery. Repairs. Can deliver free. 619-702-3270.

BEAT THE heat. Cool your room by 10 degrees. Top of the line swamp cooler 24.5"x12", like new. \$699 new, yours for \$299/best. 858-259-8548.

ELECTRIC, Kenmore washer/dryer stackable, apartment size. \$300. Girls' white closet, two drawers, shelf, bar, 4'8" 3'W, 1" 7 1/2" D 4125. In good condition. 619-589-0087.

NEW SOLEUS PORTABLE, Air conditioner 12,000BTU. Top of the line. Used for only 3 hours. New \$650. I'll sacrifice it for \$450. RexHouser@cox.net, 760-747-5664.

REFRIGERATOR/FREEZER, washer/dryer side-by-side, stackable, dishwasher, under counter, portable, microwave, stand, stove, energy savers, late models, can separate. \$720/all. 619-670-8356.

REFRIGERATOR, Kenmore's best late model, Energy Saver, side by side, 22 cubic feet, H2O/ice dispenser system never used. New filters worth \$75. Sacrifice \$385. 858-272-2790.

WASHER/DRYER SETS: Both pieces from \$250. Refrigerator, 2 doors, \$145. 1-year warranty. Leon's Appliances Pick-Up and Delivery. Repairs. Can deliver free. 619-702-3270.

ELECTRONICS

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INFINITY, entra subwoofer. Powered 150 watt 14", excellent condition. 619-987-6518.

POWERFUL AUDIOPHILE, Speaker system for music and home theater. 18-inch Velodyne subwoofer plus six surround speakers, amps, cables, surround decoder. Can deliver \$1075. Dave, 858-274-4344.

SMITH CORONA, electric typewriter 600 DLD with stand. 4 print wheels \$30. 619-469-4484.

SONY DIGITAL, 900 MHz cordless telephone, model SPP-A968, tapeless messages, jog dial, caller ID with call waiting. 6 hour talk time. Only \$50. 858-259-8548.

SONY TRINITON TV, Model KV-32S45. 32" stereo color TV. Has cylindrical screen that's vertical. Remote control included. Hardwood customized entertainment center available. \$170. 858-481-6528.

SPEAKER, Bozak and Utah components. Good prices. 760-941-9371.

SPEAKERS, Vandersteen model 2ci, one owner low hours, mint condition, voted best speaker under \$4000. First \$550 takes them. 619-886-1472.

STEREO EQUIPMENT. Buy, sell, trade. High-end home audio. Tube and solid state, working/non-working. Will pick up. Custom cables made in one day! 1-800-311-0196. www.rossexchange.com.

STEREO, equipment. Jamo 2 way 10" speakers \$75. TEAC console cassette model A-360 \$75. Nakamichi CD player with cassette \$85. 858-571-0706.

TV, COLOR, 27" remote stereo TV, like new \$115. 27" remote \$99. Excellent pictures, 619-461-4805.

FURNITURE

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ANTIQUE, Drop leaf desk, desk/vanity, china display cabinet, record cabinet, mahogany. Queen Anne tapestry chair, antique wicker chair. Bamboo dinette set, 4 chairs. 760-729-6571.

BED \$100 A DISCOUNT! Queen platform bed and mattress. All brand new. Must sell. Can deliver. Was \$999, now \$499. Hurry up! 858-864-8722.

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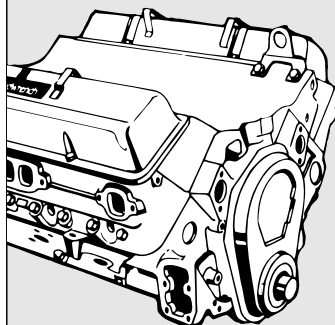
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Dear Saffron,

I'm confused about the mail-in rebate system. I'm a new immigrant. I've learned a lot of things during the two years since I came here: Christmas presents should not be opened until the morning of Christmas Day; a cell phone is free, but you must pay every month even if you do not use it; Sunday newspapers have the coupons...but I can't figure out how mail-in rebates work. I followed all instructions, cut out the bar code, and mailed in the required form with the receipt in March. I did the same thing in April. I have gotten no response. How long is this supposed to take? It's just a small amount of money, but I want to know if I should trust rebates or avoid the next mail-in rebate sale.

NEWCOMER IN MISSION VALLEY

Dear Newcomer,

You sound like a clever person who's figuring

out the trickier parts of American culture. If you purchase something that has a mail-in rebate, keep a photocopy of all paperwork, and make a note of when you sent it in. If you haven't received payment within 90 days, contact the company. Personally, I have sworn off mail-in rebates because I only got the reimbursement about half of the time — even though, like you, I carefully followed directions. I am happier finding straight-up good prices on items I need and living rebate-free. Any readers have rebate tales they want to share?

Dear Readers,

I got a ton of mail re: the letter about alleged harassment of seals at Casa Beach in La Jolla (a.k.a. Children's Pool Beach). Here are three of the responses:

Dear Saffron,

The letter you printed about the seals at Children's Pool contained many inaccuracies put forward by a slick set of promoters who make their living off contributions solicited from animal lovers with claims of seal torture and the destruction of helpless animals. One of the lies in that letter is that "Children's Pool is the only rookery in California." No, it is one of two — the other is in Carpinteria [12 miles south of Santa Barbara]. A rookery is anywhere seals choose to breed — that is, anywhere they choose to haul themselves out of the water for this purpose. An estimate by the National Oceanic

and Atmospheric Administration's Northwest Fisheries Science Center states there are 860 of these documented "haul-out" sites in California...the population of harbor seals in California increased ten times from 1970 to 2005, so obviously they are not having problems breeding. Another lie in the letter is about what's legal. The Marine Mammal Protection Act defines "harassment" as deliberate, with specific exceptions for city-level employees to use nonlethal means to remove "nuisance pinnipeds." Sea lions destroyed Pier 39 in San Francisco, as nobody could stop them. Another lie is that "The city wants to illegally dredge the beach in hopes of scaring the seals off." The court ordered the waterflow restored to 1941 condition, as the city had violated the trust by which it accepted title to that land and seawall. The city is appealing and filing delays, as it does against any expense.

J.L. IN SAN DIEGO

Dear Saffron,

Regarding the seals at Casa Beach: I've lived here since 1950 and raised my children here. The beach in question has never been suitable for children. It drops off much too steeply. We always took our kids to La Jolla North Shores or the beach near the Hilton Hotel on Mission Bay. Since Casa Beach is not safe for kids, I think the seals should have it.

G.T. IN SAN DIEGO

Dear Saffron,

A comment about the seals. That beach was created

by a generous donation from the Scripps family. I learned to swim there as a boy. I still frequent that beach, though with a mix of fondness and sadness since it has been taken over by seals that now pollute the water. Seals are a favorite food of sharks, so it's only a matter of time till the sharks come. There are plenty of other places for seals to hang out. Much as I like animals, and cute as they are, it'd be nice if the beach got flushed and kids could swim there again. (My crazy girl-friend is yelling at me as I write this because she totally disagrees!)

ALL WET IN LA JOLLA

FREE READER T-SHIRT TO BEST QUESTION OF THE WEEK

Write to Saffron c/o the San Diego Reader, P.O. Box 85803, San Diego CA 92186-5803; call her at 619-235-3000 ext. 413; fax her at 619-881-2401; or e-mail to saffron@sdreader.com

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MEG B.

San Quentin Village

BIRDLAND AND THE BANANA BELT

I worked for 16 hours at San Francisco General Hospital yesterday. The final 8 hours was spent on 6B, where I worked with Trent. Trent is an erstwhile Marinite-turned-realtor who tells me all kinds of stuff about Marin, the county I've lived in for 30 years. He is trying to get "vested" so as to sweeten his retirement while one can still do that working for the City. I also worked with Carlos, with whom I had a few good laughs about Evo Morales, president of Bolivia, and Alejandro Toledo, president of Peru (Carlos is Peruvian). I tell him I think Toledo is handsome, that he reminds me of an Inca warrior and I'd have him for my new boyfriend instead of Hugo Chavez of Venezuela, who Carlos thinks is a communist.

I listen to JB, a patient I know well, sing at the top of his lungs all night long — "Old King Cole was a merry old soul and a merry old soul was he." JB is a black man who everyone is afraid of because of the verbal abuse and the obscenities he spews when he's off his meds, which is often. What they fail to remember, if they know him at all, is that he has never laid a hand on anybody and is a kind soul, alternately calling me a bitch because I know his case manager, "who had me arrested for nothin'," then hugging me and asking me about my son. JB has a grown son in Iraq.

Trent tells me about "birdland," a section in the flatter

part of Mill Valley where the streets are all named after birds. If you live there you are pitied at cocktail parties because it's lower class (although the median price for houses is seven figures).

Trent said that he has gone to cocktail parties where people who live in "the banana belt," a small portion of Sausalito on the water, brag about the microclimate they live in, which they claim is much better than in the hills. Real estate prices in the hills, however, are so obscene that one cannot do anything but drive by.

The glitterati of Marin have it all balkanized into tax brackets and resale value.

In all my years in Marin, I had never heard these neighborhood tags.

Trent hates Marin and thinks all the people who were born and raised here have serious psychological problems, a sense of entitlement from being raised

around money, whether one has money or not. I think he's right, and it makes me wish I had gotten out of here long ago, when Bette did, taking her son to the wine country to be raised among the lower-income folks there who have nothing to do with grapes or wine.

Trent knows nothing of Lucienne O'Keefe, who



San Francisco General Hospital

is anything but entitled. O'Keefe is an activist of the highest order, with a rap sheet a mile long for civil disobedience. She's in her 70s and is an ex-nun who has lived here at least as long as I have. She has

dedicated her retirement from the Longshoreman's Union to full-time activism.

Or of Norm "The Red" Gover, or Duncan Draper, or Kathy Rolston, who all more or less do the same.

Huge accident on the Waldo Grade last night — two people killed in a 31-car pileup when a drunk driver lost control of his vehicle in a deluge of snow and sleet. Yes, snow and sleet, on the north-bound lanes of 101 going into Marin from the city.

Traffic, myself included on the way home from work at 7 a.m., was diverted through the banana belt to points further north.

I have "Old King Cole" stuck in my head as I try to discern climate differences while driving through Sausalito.

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HOT PROWL BURGLARY

Location: [500] Aldwych, El Cajon
Time/Date: 10:07 a.m. on 7/18/06

Résumé of Incident: The victim heard a noise in his residence and while investigating the source of the noise, noticed his house had been ransacked. He retrieved



a firearm and encountered the suspect at the back door. The victim ordered the suspect to stop [but the sus-

pect] fled to a vehicle.

The suspect began driving towards the victim, who feared for his safety, and the victim fired several rounds towards the suspect. The suspect and vehicle fled the area, but was located by El Cajon police officers several blocks away with a flat tire. The vehicle was unoccupied.

OFFICER-INVOLVED SHOOTING

Location: 421 Potter Street, Fallbrook
Time/Date: 12:30 p.m. on 7/17/06

Investigation: Three detectives from the Fallbrook Sheriff's Station were in an apartment complex. They were checking the area for a vehicle [that] had been reported stolen earlier in the day.

They observed an adult male holding a garden hose, washing off a 2006 Mercury. The vehicle did not have a license plate on it. As they approached the car, which later was determined to be stolen, the subject with the hose began to back up, while a male (Dylan O.), who was sitting in the driver's seat, rapidly accelerated the car in the direction of one of the detectives. Seeing his partner in immediate danger, a second detective fired one round from his handgun at the driver. The detective, who was targeted by the driver, was able to avoid being struck by the car. The suspect fled the area at a high rate of speed.

Shortly thereafter, the suspect drove into the parking lot of a VFW at 1175 Old Stage Road. Witnesses watched as the suspect fled on foot from the Mercury. Within minutes

the suspect was seen driving out of the area in a pick-up truck.

A broadcast was issued with a description of the suspect and the vehicle he was driving. Deputies from the Vista Sheriff's Station made a stop on the vehicle in the area of Gopher Canyon Road and North Twin Oaks Valley Road. Dylan O. was taken into custody and treated for minor injuries he sustained as a result of broken glass from the stolen Mercury.

STABBING

Location: 2010 Jimmy Durante Boulevard, Del Mar
Time/Date: 1:30 a.m. on 7/14/06



Report: Deputies from the Encinitas Station responded to the Zen Sushi Restaurant...on the report of a stabbing. Two stabbing victims, one male and one female, were transported to Scripps La Jolla. The male victim, identified as David S., DOB: 11-16-83, with three stab wounds to his midsection, under left armpit, and buttocks, went straight into emergency surgery and his condition stabilized. The second victim, identified as Lindsey P., DOB: 05-13-84, received treatment for a single stab wound to her right shoulder, requiring three stitches to close the wound.

According to witnesses, a third victim, possibly one of the two suspects, received lacerations to his face...he had fled the scene with a second subject prior to the deputy's arrival.

ARMED ROBBERY

Location: 2524 Fletcher Parkway, El Cajon
Time/Date: 8:35 p.m. on 7/14/06



Résumé of Incident: The suspects entered the Rancho Villa restaurant through the rear, wearing ski masks. Suspect #1 was armed with a small black handgun, and approached an employee at the cash register. Suspect #2 was apparently unarmed and stayed with an employee in the rear of the restaurant. Suspect #1 took cash from the register, and took the wallet from the employee at the register. The suspects went to a silver vehicle, possibly a newer Chevrolet Malibu, and left eastbound on Fletcher Parkway. Officers searched the area, but were unable to locate the suspects.

STOLEN VEHICLE PURSUIT

Location: Intersection of East Mission Road and Santa Margarita Road, Fallbrook
Time/Date: 10:48 p.m. on 7/13/06

Investigation: Deputy Alan Walbridge of the Sheriff's Fallbrook Substation...observed a late model silver Acura drive out of the Circle K on East Mission Road and make an illegal U-turn. The Acura turned onto Santa Margarita Road at a high rate of speed and struck a fence. The Acura almost collided with Deputy Walbridge's patrol vehicle as it tried to back away from the fence.

Deputy Walbridge attempted to initiate a vehicle stop, but the Acura quickly accelerated in an attempt to elude the deputy. Deputy Walbridge initiated a vehicle pursuit which wound through the northern part of Fallbrook and into the Deluz area.

The Acura stopped at the 3.5 mile marker of Deluz Road after striking a guardrail. The driver of the Acura fled from the car and into the brush. Responding deputies quickly set up a perimeter. The area consists of extremely dense brush and shrubbery.

The suspect driver, Golden K., DOB: 11-28-80, surrendered to deputies without incident. The Acura was stolen out of Escondido. K. is currently on parole.

ARMED ROBBERY/ PAROLE VIOLATION

Location: 6960 Broadway, Lemon Grove
Time/Date: 6:43 a.m. on 7/8/06

Report: A black female adult entered the Burger King restaurant, brandished a handgun and demanded cash. The victim complied with the armed suspect's demands, turning over about \$3,000 in cash. The same assistant manager was working Saturday, July 1, 2006, when the same Burger King was robbed of \$3,700 by the same suspect.

[On] July 13, 2006, Detective Cinnamon of the Lemon Grove Station arrested thirty-eight-year-old Lisa L. in the 4100 block of 48th Street in the City of San Diego. When contacted, she was in the vehicle that was stolen during the first robbery. L. was arrested without incident and is currently being held at the Las Colinas Detention Facility on a parole hold.

—Michael Hemmingson

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JULY 20, 1969, IS THE DATE THAT THE MOON LANDING WAS FAKED. It says so, here in black ink on the yellowing label that's peeling back from the metal canister on my desk.

You see, it's all very simple. When I was a teenager, I wanted to be a spy. I wanted to slip into a room wearing a fine tuxedo, shove a hatpin into a double agent's ear, and abscond to the manicured west garden through a water-closet window.

As a rotund, bespectacled, pimple-face, I thought that fitting myself for formal wear and a Ruger might be a bit premature, so I sent off for a "French Technique — Tongue to Lip Lip-Reading Course" advertised in the back of one of my *Soldier of Fortune* magazines. With the help of this tutorial, I spent hours in front of a mirror moving my mouth around and sounding out the vowels, chattering like a chipmunk and drawing the alphabet on the mirror with my tongue.

It was this self-training to become a cunning linguist that helped me to read former president John F. Kennedy's lips on a black-and-white film shot on the sound stage where Neil Armstrong was led in the biggest shenanigan ever perpetrated.

Because at the same time of my oral training I was also interested in restoring classic pickup trucks, with the help of my uncle and father, I bought and fixed up a 1967 Chevrolet C-10 truck. Twenty years later I bought a 1956 Chevy step-side from a former janitor, who had retired from Universal Pictures in Los Angeles. It was behind the seat of this pickup that I discovered the silver film can now sitting on my desk with the July 20, 1969, on its label.

Upon review of the silent film, it's clear that President Kennedy is mouthing the words, "Marilyn still has some big old shooters." He must be talking about his faked assassination six years prior because he's holding his hands out in front of him like he's carrying two watermelons, implying that whoever this Marilyn person is was involved in the gunshot wounds he sustained to his chest and neck. Astronaut Armstrong only holds his chin and looks impressed at what must be the description of Kennedy's contrived slaying.

Only someone as atrociously unsuccessful with women as I — someone who would lock himself in a bathroom and lick a mirror for hours or rebuild a Saginaw four-speed transmission blindfolded — could've pulled off reading JFK's lips like that on a found film in a dusty relic of an automobile. Although, as a teen I had braces and elaborate headgear, and I would sometimes confuse "sh" with "h," but that's all behind me. I've got you by the short ones, Mr. President.

WHAT I WILL AND WON'T WATCH THIS WEEK

THURSDAY, JULY 27

CAR CRAZY
SPEED 6:30 P.M.
My Norelco electric nose-hair trimmer smells like the Fireball Wall Climber Slot Car Race-track that I received for Christmas when I was eight. I know because I used to hold the cars on the track, gun the handheld throttle, and sniff the blue arc of lightning that leapt from the metal rail to the bottom of the electric model racers. My "Men's Groomer" smells exactly the same, like ozone and burning hair. Whenever I trim, it's like Christmas all over again, except without the tobacco and crying.

FRIDAY, JULY 28

HAIR SHOW (2004)
BET 7:30 P.M.
It was pretty easy to chat girls up this one time we were in Vegas because there was a hair show. All you had to do was find a girl with a white skunk stripe or red checkers painted into her lop-sided beehive and go, "You in town for the big

convention?" They all had the same "How'd you know?" answer, but you couldn't follow up with, "Because. Look at your ridiculous head, dummy!" OH! Hairdressers love their own goof-ball 'dos.

SATURDAY, JULY 29

PRACTICAL MAGIC (1998)
ABC 8:00 P.M.
Here're some tips for all you dorks who have a "Here Dragon Dragon" bumper sticker on your car or dance naked in the moonlight beneath an elm tree on the solstice or "sum-mon the four directions — north, south, east, west — for spirit and guidance." Tip 1: It doesn't work. There's no such damn thing as magic or "majyck" or "majik" or however the hell you want to do it; it's a crock, and your little sticks and rocks are just that. Tip 2: Patchouli doesn't cover the high-powered b.o. emanating from your unshaven pits. And, Tip 3: Shut your trap for ten seconds. You might land a boyfriend or a job.

SUNDAY, JULY 30
CHEMISTRY: THE UNIVERSAL CONNECTION
ITVS 8:00 A.M.
Fools. My transformation into the Baboon King through a simple chemical process had already begun when Haji, my Indian assistant, acquired a jar of the red alien goop that rained down on Bangladesh last month. Injecting both serums into my legs, I became the true alpha baboon, and with the outer-space gunk in my blood, I was able to see the future. It was only a slice of time, and I was limited in my vision, but I could tell it was real because George Stephanopoulos, my arch nemesis, appeared to me, floating on a cloud of ice cream, holding and caressing his pet weasel. Maybe the stuff made me a little sick and I had a fever, but it seemed real at the time. Y'know?

MONDAY, JULY 31

K-9 (1989)
EACT 6:20 P.M.
Yeah, I'm 30, and I laugh when I hear the phrase "K-9 Unit." Sue me.

TUESDAY, AUGUST 1

THE CHEETAH GIRLS (2003)
DISN 8:00 P.M.
It's about time Disney branched out into exotic dancing. I always had a thing for seashell bras and Arabian veils. I'll give you a dwarf, Snow White. C'mere!

WEDNESDAY, AUGUST 2

ROCK STAR: SUPERNOVA
CBS 8:00 P.M.
Let's talk about this stinker for a bit, and let's start with Tommy Lee. He looks like the Hep C overtook him and he died three days ago. Someone propped him up with a metal rod through the back of his pink jacket, hosed rouge pancake makeup onto his remains, and ran a wire through his jaw to make his teeth chatter in front of a microphone.

ROCK STAR: SUPERNOVA
CBS 8:00 P.M.
Wait, I'm feeling kind of mean this morning, so let's dedicate another paragraph to the others who are behind this. Navarro's a junkie who would look more at home beneath the burgundy velvet curtain in an underage goth coffee house, crying and writing sad poetry, than in a rock band. Here's a shocker for those of you who haven't seen the show: Dave isn't in the



Rock Star: Supernova

new band he's forming. Why would he associate with that cavalcade of puppy crap when he can sit on his balls for half an hour a week, collect a paycheck, and walk away from this horrific travesty?

ROCK STAR: SUPERNOVA
CBS 8:00 P.M.

I'm not done! Let's talk about the other no-names who *are* in the band. Escapees from the Ralph Macchio and Scott Baio Retirement Home for the Terminally Untalented and Over Hair-sprayed would be an apt description. What a fabrication of cool through paid association and repetition: Why are we so cool? Because we say we're cool, and we're sitting next to the corpse of Tommy Lee.

ROCK STAR: SUPERNOVA
CBS 8:00 P.M.

I'm STILL not done! This show sucks. Sure, Tommy Lee and Navarro were in important bands a long time ago, and they're lending street cred to these goonimals and amateurs for profit, and we're all kind of prostitutes. Hell, I get paid for this column, and the paper gets paid by advertisers, and you, the public, pay the advertisers for beepers and boob jobs. We all do something for money, and I can hear you shouting, "Who do you think you are? The 'entertaining TV police'?" Well, yes, I am! You know what used to be cool? Doing your own thing, for no money and no fame and to hell with it because that's what you wanted to do. Now, you have some stupid record label and production company cobbling together an idea to make eight million dollars while spending six million to hire known rock legends, and the drunken L.A. plastic princesses squeal, and we get this Starbucks Chai Latte rock and roll. Well, if this fiasco were in a cage at the zoo, I would hover above and pitch poo at it before it got any on me. This ain't rock. Fine, I'm done. Yeah, it's early in the morning and I'm drunk. So what?

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