Risky Wasteland

By Erolie Grimes

If you're in the mood to live some of San Diego's history and decide to traverse the old Butterfield Stage Route, you might find yourself in a danger that the pioneers who took that route in the 1860s could not have imagined. They may have been hot and thirsty, but they weren't aware that their wagons might be driving on a road that could swallow a person whole. Because the Butterfield Stage Route was the only road connecting the coast with the interior, stage coaches had to make long journeys through treacherous terrain. In places, the road was so muddy and rutted that it was impossible to travel. But as time passed, the road was gradually improved, and today it is still a popular route for tourists and history enthusiasts.

The Butterfield Stage Route was named after James G. Brawley, the founder of the Butterfield Overland Mail Company, which provided stagecoach service between the coast and the interior. The company's main route ran from St. Louis to Los Angeles, with stops in San Diego. The route was known for its long distances and the poor condition of the roads, but it was the only way to travel between the coast and the interior.

Compassion Recipe

By Robert Kumpel

On Wednesday, August 15, I went to the St. Vincent de Paul Village as a volunteer to serve dinner to its residents. Dinner is served at 6:30 every night, and most of the volunteers for this evening's dinner show up between 4:00 and 4:30. As volunteers, we park in the underground lot off 16th Street and are given visitor badges before checking in at the village office. Next we are led to the ground floor kitchen (there is another upstairs). Each of us is handed a plastic apron, and food handlers are given plastic gloves. Most of the volunteers seem to know what to do. Those who don't are given instructions. No one is standing around.

Jenette Catholic Church is Montgomery High School and serves as advisor for the Good Samaritan Club which meets after Friday Night Lights. A national high school club devoted to ending terms of drinking and drug use. The brings groups of volunteer students to help serve the food. The club was started by a teacher at the high school who wanted to help students understand the dangers of alcohol and drug abuse.

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This Just In

The Las Vegas Haulo, a three-year-old gelding, won the running of the second leg of the Breeders' Cup World Series on Friday at the Santa Anita Park in Arcadia, Calif. The horse, ridden by jockey Victor Espinoza, covered the one-mile distance in 1 minute, 44.80 seconds to win by a neck.

The victory was the third straight for Espinoza, who also won the first two legs of the series, the Breeders' Cup Mile and the Breeders' Cup Turf. Espinoza's victory was worth $2,000,000.

Espinoza, who has won the Breeders' Cup Mile twice, said after the race, "It was a great day for Victor. He's been riding well all year, and it's great to see him win his third Breeders' Cup race in a row."

The Las Vegas Haulo, owned by trainer Bob Baffert, has now won two of his last three starts. The horse's previous victory came in the Breeders' Cup Mile, when he finished second.

Espinoza said the victory was especially sweet because he had lost his last two Breeders' Cup races.

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Dear Aunt Trudy,

Believe me when I say that she is not an alcoholic. She has chronic depression that she takes medication for, and her drinking is only an escape. It’s not that she is an alcoholic, but she does drink.

Now, let me explain her behavior. She is single, works out of her home, and has few friends. The problem is, she was once married. Now, I enjoy spending time with her under very limited circumstances, fewer and farther between, because of how dramatically her personality changes when she drinks. Twice, when we were telling stories about mutual friends that we were losing, she brought up her ex-husband. I told her we were concerned that she might be an alcoholic and why I thought so. After that, she went through some doodles and her6 husband, and she said she had made a plan to quit and had every intention of sticking to it. After hearing her, I was relieved. I know she is not an alcoholic.

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Dear Aunt Trudy,

Last month, my friend and I had a baby with severe central palsy. Since then, my life has become a nightmare of hospital, surgery, diagnosis, and medical bills. I am trying to raise a family with a child who needs constant care. Obviously, this is tough and difficult. I know it’s important that I get help, but I just don’t have the time or the money. I feel like I’m on my own. I don’t want to burden you or anyone else. I just want to share my story with someone who understands.

Dear Aunt Trudy,

Dear Aunt Trudy,

Dear Aunt Trudy,

Dear Aunt Trudy,

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Dear Aunt Trudy,

Dear Aunt Trudy,

Dear Aunt Trudy,
Crash, Crash, Crash
CAJON SPEEDWAY, THE FASTEST 3/8 MILE PAVED OVAL ON THE WEST COAST

Like two dancers executing half a pizzicato, the two 3000-pound late-model Sportsman-class stock cars spun out side by side, squealing their tires, as their rear ends slid toward the crash wall and their front ends toward the infield, beginning their spin at 70 miles per hour, then slowing fast. The 01 car and the 1 car belonged to a father and son, Jerry and Danny Gay. Danny had clipped his father on the rear left panel and flipped the 60-lap feature at Cajon Speedway as the two cars went into the second turn of the three-eighths-of-a-mile paved oval. On the bottom of the banked curve, Danny's car had pulled, was slow to turn, and he drifted up, had "collected" his dad, in the parlance of the track. Danny went into the infield but Jerry was back, smashing the rear of his car against the wall, and was done for the night. The yellow flag went up and he limped away.

Jerry's voice came over the radio to his crew chief, Mike Hageman, "My own bad, he hit me. He hit me twice." Maybe I'm wrong, maybe not. That had been another of Jerry's problems, that day. His radio was broken. Actually, it was a bad day from after breakfast on, Jerry told me. "Mike said he could hear me, but I couldn't hear him. Usually he'll tell me if there's a car coming up on me, or I'm coming up on a car, or a car getting in the way. I'm free, or in the way. Something on the track, or if there's something on the track, but the night there was nothing."

Danny kept going, but his tires were done. It was only his second race in a Sportsman this season, having just moved up from Street Stocks. In 1999 and 2000 he hadn't been Street Stock Champion, and in '98 he had been Street Stock Rookie of the Year. He held the record at Cajon for main-event wins in a season with 16, held the record for fastest laps in a main event with 125, and held the track record for the fastest time in a season with 1.3. In 1978, he had been 10th in the season, the reigning track champion with 1,839 wins over more than 20 years at Cajon.

Eighteen cars had started the feature that May 5th under a full moon, a crowd of 3,000 watching. Nine finished. Then in the 196-lap Danny pushed too hard and took a sledgehammer to his car and that was that. Ron Overman, the 38-year-old, two-time track champion, went on to win the race in his number 2 car.

Danny's problems had been going on all day. "We had motor problems, we had all kinds of problems. We lost an oil pump, an oil pump drive, and a distributor. Most people would have given up. Nope, not us. We were going to get to that thing running, no matter what it takes. It took us two and a half hours to find a pump, first of all. We had to take apart our spare motor from the Street Stock to get the oil pump drive out of it. We borrowed a distributor from our dad. We finally get it going. We were out six laps later at 6:30. After that you can't qualify anymore. So we missed the main event. This 90-lap race establishes the driver's position in the 40-lap race, so by missing this race Danny had to start at the back of the pack in the feature. After two and a half hours of trying to get it done. The week before that they started out 15 minutes late, but I'm 1 minute late and they won't let me qualify. Blasted my whole night. Didn't matter where I finished. Actually, I finished last in the points, as far as that goes. [Points are given for the number of cars passed in a race.]

"Then I caught my dad's car on the sixth lap and took him out. I should have been more ruthless. I was conserving for the most part. But I'm the rookie and I get blamed for everything. My motor was mostly cosmetic — lost my whole right side — except for the damage to my 3-bar. That's what kept me from finishing."

When Danny calls himself a novice, it's with a mixture of modesty and irony, seriousness and sarcasm. He is a hardy young man — tall and slender with light skin and green eyes. He is a hard worker, seemingly still and explosive at the same time. As for 3-bars, I was to hear a lot about them from Danny and his dad and others at Cajon. It's a bar in the rear of the car that keeps the rear axle, the differential, and other components from moving side to side. A high 3-bar adjustment keeps the rear end tight, preventing the back end from sliding upward through the turns. When it's too tight, gravitational forces push the rear end upward.
through the turns.

"Danny's had a pretty rough going as far this year," said Steve Brusher, the promoter and one of the owners of the track, "You don't get any points by walking through the track. Those particular cars are too expensive to use as a bumper car. What's important now is being around at the end of the year. Hitting his dad, Danny wasn't using belts. But after Danny hit Jerry, yeah, there was no last but for a while. Actually, I think Jerry's very proud of his son. And the fact that we have a father and son racing against each other is good for the track. The Gaens have generated a lot of interest because they're in the Sportsman class."

One day I asked Jerry how his son happened to hit Jerry. Jerry said, "There was a small surge, loud music, and blast of feedback. Jerry got a full-time man of 80 with red hair, a red mustache, and a red mask. He hit an orange shirt and blue pants, a cap and dark glasses. He tends to stand with his arms crossed as if looking cool over something he might want to buy. His red hair and red mustache give him a foilable aspect.

"Danny just drove into the corner too fast and hit Jerry. It was just a matter of timing. We had to do the turn. You just can't drive in full throttle. It was just a matter of timing. We had to do the turn. You just can't drive in full throttle."

For any driver, the jump from one class to the next higher can be a big move, just like the jump to Sportsman in the most divisions. The Sportsman, as Danny told me, is a lot less challenging than street Stock and more expensive. The build around the new Sport Stock might cost $60,000 (Danny's built too), a Sportsman might be $70,000 to $80,000. And then each year there are technical changes, new features like aluminum heads to keep the car competitive, and in three years the car is already outdated. Some cars cost $100,000 each. Drivers generally need to buy two each week. Each week they cost $90 each for the fiberglass body. And these are the small expenses.

I asked Danny about the difference between driving a Street Stock and a Sportsman.
"There's a huge difference in weight, things are bigger. You get more horsepower. My car's got about 600 horsepower. Nothing on earth is as fast as this car, versus last year it's almost a different car, it's so much more refined, more comfortable and the car reacts so good and it's so responsive. The other car's a lot more wide-open throttle. You don't have to use the steering wheel very much in this car, it's a little bit more like a big, fat, fast turning around around you, you're working it pretty good all the time. Of course, in this car you can't get out of control, because for one thing the rear end's not locked solid, both wheels aren't locked together. They're locked when you're on the gas, but when you're not, they're free, so that helps control the car. And this car has almost 200 more horsepower, all lightweight. The car weighs 1900 pounds. The brakes are bigger, the tires are two inches wider, all that."

So a big difference between Street Stock and Stock Car is the money it costs to run them. But there's little money in victory. The winner of the Stock Car main event receives $1000 for first place, about twice what the winner of the Street Stock division gets. Second-place Sportman gets $500. There is an additional award paid for the fastest qualifying time in each division ($25 to each class) and to the winner of the heat race (another $75 to each class). At the end of the season, all winners get paid the same, regardless of class. Top finisher receives $1000 for the year; second-place gets $800; $600 goes to third. The winning Sportman driver who collects the most passing points in a heat races $250. But this money — even for the winners — isn't nearly enough to pay the driver and the crew for their time and expenses.

So either a driver has to find good sponsors or he's wealthy. Jerry has his own shop where he does metal fabrication, welding, and automotive work. Being self-employed allows him to adjust his hours to work on his car, but his day job will never make him rich.

He shares the ownership of his car with a man in Ramona. Jerry owns the car and the other man owns the motor. Jerry's day job is working for a guy who owns a car repair shop and sells some 1000-1500 hours a year. "They're pretty much always buying," Danny told me. "We go in, fix them up, and he sells them. We work all over the place." A major benefit of the job is that he gets to use the car for track and street racing, and to travel to other tracks in the fall.

Danny brought his Sportman — a 1990 Monte Carlo with a 350 Chev motor — to the beginning of the year, then he and his crew chief, Heath Parsons, and the rest of the crew worked on it through the winter and spring. In March, they began racing it at the practice sessions at Cajon Speedway.
The season at Cagno runs from April 7 until October 6, but not every division runs every week. The Sportsman class might rake the works into a row, they take a walk off. Outside the Sportsman there are sprint stocks, hydroxides, mid-fins, punch legends, speed tracks, bat race, destruction-dolls — where the track wagers back into each other until only one outlet is left — and main races. These cars backed together by a metal bar with a person in front on the door, a person in the back in the brake, the engine in the empty, the six cars doing eight laps on a figure-eight track and a crash every race. These more exotic races are of course forced from the serious drivers and their pit crews. Because the primes class in the Sportsman and the prime race in the Sportsman’s 40-lap feature, even if most of the cars come to the closer stuff. On a good Saturday, 5 to 10 cars will be racing, before an audience of 800.

The 2001 season opener was rained out and Danny’s machine had to be delayed until April 14. It rained again the following Saturday, and the week after that the Sportsman has didn’t race. There are two eight-lap races, a slow heat and a fast heat, for any seven cars. When the feature begins, the slow heat cars are positioned, in order of how they won their race, in two lanes in front of the fast heat cars, though a driver may elect to take a place at the back. In the fast heat race, Danny passed the driver who led the whole way. Jerry won and Danny was second. Jerry’s time was 2:13.50 — the seconds faster because the slower of the slow heat race.

There were 14 cars in Danny’s first feature race. Because he had qualified second he was right in the front next to his father but behind the slow heat cars. But at the green flag, he was quickly able to move forward through the slow heat cars and by the third lap he was in first place and clear of the pack. For lap after lap Danny was able to maintain his position. There were a number of single-car incidents as cars spin out and the yellow flag went up. The front tires of the jumped Danny from being in the lead. It must have been a tremendous thrill. Here he was in his first race after his jump from Start Track to Sportsman and it seemed he had it in the bag. Behind him were the old guys, the drivers who raced and won year after year. Todd McLachlan was in second place. then Jerry Gay and Mike Mendelshall were neck and neck. and then came Tony Overman. On the 36th lap Mendelshall was able to pass Jerry for the third position.

Then on lap 35, Danny’s back turned bad. Another yellow flag went up as a car slid out, and just after the restart the outer broke in Danny’s distributor and his car began to hop. His speed started to slip and McLachlan, right behind him, was forced to slow as well. Mendelshall, in third place, was now able to move forward and was gaining McLachlan down on the inside out of the second turn on lap 36. Going into the third turn, Danny hit it hard. He could see Mendelshall gaining on him, and by going in over his head, as his father might say, he hoped to protect his lead. But Danny went into the turns too fast. He started losing control and slid sideways in front of McLachlan. Mendelshall was still at the bottom of the track and had moved into second place. Unable to turn toward the infield because of McLachlan. Todd McLachlan moved up over the top of Danny’s car, peeling away the roof like peeling the top off a can of soda. Mendelshall shot by Danny and went on to win with Jerry coming in second.

Later Mendelshall was quoted in the Cagno Speedway press release as saying, "On the restart I’m thinking Danny has this in..."
The bag. When Danny broke his arm, I guess he was a little bit down. I thought, ‘What’s the use of holding back?’ But then Todd got there. ’Bout then I said, ‘Hey, Todd, do you know where the toilet is?’ He said, ‘No, but I’ve been there before. I’ve been there with my dad.’ So we went down, and we found it. And then we came back. We did it again, and then we came back. And that’s how the game began.”

“I was about 11 or 12 years old. I had just started playing baseball. I don’t remember the score, but I do remember that we won. And I remember that my glove was a little bit too big for me. But I was happy because I had a team and we were playing together.”

“We were at the park, and there was a big dog running around. And he was barking at the fence. And I was trying to catch it, but I couldn’t. And then I saw a kid with a bat. And he was hitting the ball. And I said, ‘Hey, why don’t we play some baseball?’ And he said, ‘Sure, let’s go.’ So we went down to the field, and we started playing. And I was really good at it.”

“I was 12 years old. I had just started playing baseball. I don’t remember the score, but I do remember that we won. And I remember that my glove was a little bit too big for me. But I was happy because I had a team and we were playing together.”
he told me. "My sister was absent-minded, too. She made me wait for a while, and I finally got her to get on the bus.""

I never went into labor while she was there. I mean, I grew up around the track. It's all very familiar."

"I'm sure that's true."

"I'm also very little."

"I'm very little."

"And my dad put me in the closet of the motor home and made me stay there for a while, because they were in line to get on the bus."

"I had to stay until they left, because I was being treated."

"And I loved watching the races."

"And I never got a free ride.

"And I always watched my dad's races, even though I did do the same thing, playing down below there."

"Then when I was about 14, I started racing my own car."

"And they taught me a lot, so far."

"And driving is at least.

"It is, and I've heard that if you would move up."

"As Jerry Gay told me, "One of Danny's neighbors came over and said, 'How come you spend so much time watching racing on TV?' And Danny said, 'That's kind of a fine way to watch it. But it's not the same."

"Then Jerry came over and said, 'How about we come back over and watch it in your car when he was in his own car?'"

"We had a deal going called Bayou Against Drugs, so I figured that he could keep his mind occupied on racing, you know, that he wouldn't go down the wrong way with the wrong guys."

"He really wanted to win a race while he was still both, and he did it that way."

"Denny never liked the idea of saying that others deserved money, because he didn't spend 11 backs, but he loved the idea."

"They have to be generous about race cars, but for the majority it is extremely hard for them to tie."

"I talked to Steve Byron about this. It's a gray-haired, slow-moving man, heavier, and with a tan skin.

"Most of these guys aren't very good at marketing themselves."

"It took till the end of the season to start hiring the drivers."

"It's tugging for a big 15-hour week job and 40 hours a week on their race car."

"It can be hard on a marriage unless you can find a woman who likes watching TV and hanging you around."

"They pay

"They do a lot of the car's work on their own."

"It's not like the old days when you could go to Dale's Auto-Wrench, get a new, d,"
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glochomes: "chipmunks for your glasses"
away on their own. The third flag was dropped and the other cars drove slow and got back into position. When the doors opened, it was clear they've got up on the greens in the flaglap again. Whatever any car began to shiver, slide, or whatsoever it was, a whole slate of young boys would begin to shout, "Crash, crash, crash!" If no crash ensued, they would give a disappointment.

In the Sportsman class there were only two cars in the breakdown race, which was won by John Mystery. So few cars meant that the winner of the fast heat would have an even better advantage than usual.

Randy told me that the track owner wanted crowds for the breaks. The track wanted excitement, he said, and by putting the dawn drive cars first and making the fast cars try and get around them, it causes more accidents and more excitement.

I asked John Brucker about this and he was indignant. "We put the dawn drive cars first to start better and show the fans what our cars can do in our best interest to erase accidents. If only the first cars went and the others cars would just leave and leave the car ahead of you, but if you push him too hard and spin out, you're going to get the back of the pack for making him spin out.

When I talked to Danny, he boasted even more secretly and spoke of the difficulty he had had on the course. Now back underneath, three of the first race of the season, cup up on Danny on the inside. Jerry kept his lead and won the race. Danny and Mendenhall both had to go 12 S. Willow St. in the Sportsman class, even though Danny left certain that he had come second. Tonya was unhappy with Mendenhall. That was the first race of the season, cup up on Danny on the inside. Jerry kept his lead and won the race. Danny and Mendenhall both had to go 12 S. Willow St. in the Sportsman class, even though Danny left certain that he had come second. Tonya was unhappy with Mendenhall. That was the first race of the season, cup up on Danny on the inside. Jerry kept his lead and won the race. Danny and Mendenhall both had to go 12 S. Willow St. in the Sportsman class, even though Danny left certain that he had come second. Tonya was unhappy with Mendenhall. That was the first race of the season, cup up on Danny on the inside. Jerry kept his lead and won the race. Danny and Mendenhall both had to go 12 S. Willow St. in the Sportsman class, even though Danny left certain that he had come second. Tonya was unhappy with Mendenhall. That was the first race of the season, cup up on Danny on the inside. Jerry kept his lead and won the race. Danny and Mendenhall both had to go 12 S. Willow St. in the Sportsman class, even though Danny left certain that he had come second. Tonya was unhappy with Mendenhall. That was the first race of the season, cup up on Danny on the inside. Jerry kept his lead and won the race. Danny and Mendenhall both had to go 12 S. Willow St. in the Sportsman class, even though Danny left certain that he had come second. Tonya was unhappy with Mendenhall. That was the first race of the season, cup up on Danny on the inside. Jerry kept his lead and won the race. Danny and Mendenhall both had to go 12 S. Willow St. in the Sportsman class, even though Danny left certain that he had come second. Tonya was unhappy with Mendenhall.

"Crashed a couple of times pretty good. Rolled over a few times. Never been hurt through.

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Say no to Menstrual Cramps

If menstrual cramps interrupt your life just make you feel miserable, this 4-month investigational research study may interest you. Even if you're using something different you're using isn't working, consider something different!

Say no to Menstrual Cramps

If menstrual cramps interrupt your life just make you feel miserable, this 4-month investigational research study may interest you. Even if you're using something different you're using isn't working, consider something different!

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Are you?

- At least 18 years of age?
- Not taking medications controlled by diet?
- Not taking any investigational drug for glycemic control?

We are conducting an investigational study to evaluate the use of a new investigational drug that may help patients with diabetes who experience significant weight loss effects caused by their current medications.

Compensation:

See more information call Denise 619-299-8799

The Medical Center for Clinical Research

Doctor's Office

Do You Have Diabetes?

Are you?

- At least 18 years of age?
- Not taking medications controlled by diet?
- Not taking any investigational drug for glycemic control?

We are conducting an investigational study to evaluate the use of a new investigational drug that may help patients with diabetes who experience significant weight loss effects caused by their current medications.

Compensation:

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Post Traumatic Stress Disorder

Do you have a traumatic event?

- Traumatic memories of the event?
- Difficulty concentrating?
- Executive worry?
- Unpleasant dreams or nightmares about the event?
- Irritability with sudden micro or movement?
- Feeling that something bad is going to happen?

Are you looking for investigational medication for Post Traumatic Stress Disorder?

For men and women 18 years of age and weighing over 100 pounds. At least 12 months, excluding medication, is provided at no cost to those who qualify. Participation is free of charge and you will be about interested in participating in a call...

Call toll-free:

1-888-588-4491

Therapeutics, Inc.

Does perspiration cause you embarrassment?

We are conducting a clinical research study of an investigational medicine for excessive underarm sweating. Selected participants will receive investigational medicines as well as compensation. Interested? Please call 619-299-2704.

Dr. Stephen Dobbs has been a researcher for the Detroit News and is the author of 16 volumes of poetry and 20 months. He most recently worked on a fiction in a book of short stories, "The Last Goodnight."
Unforgettable
LONG AAGO SAN DIEGO

POP QUIZ:
1. Where did the name "Californi-
a" come from? (Answer in next sec-
tion)
2. Who gave California its name?
(Answer in next section)
3. What does "California" mean?
(Answer in next section)
4. WHERE DID THE NAME COME FROM?
A. San Diego Bay
B. San Diego River
C. San Diego Channel
D. San Diego Mission
(Answer in next section)

SELECTED QUOTATIONS:
1. "We are not the victims, but the aggressors."
2. "I am not a victim of circumstance; I am the master of my fate." John Calvin
3. "We are not the victims, but the aggressors."

RESEARCH STUDIES
Does ANXIETY run your life?
- Worrying
- Time-consuming
- Fatigue
- Inability to concentrate
- Much more than a "headache"

The UCSF Psychiatrists Research Program offers a variety of treatment options for anxiety disorders. Please call 619-725-3521 for more information.

DO YOU OR SOMEONE YOU KNOW HAVE PSORIASIS?
Dermatology Associates of San Diego is currently conducting a research study for people with psoriasis.

Population needed: People 18 years or older diagnosed with psoriasis in the past 12 months.

Purpose: This is a study to evaluate a new drug for the treatment of psoriasis.

To participate: If you are interested, please call 619-725-3521 for more information.

Do you have dry eyes?
If you experience dryness, ask your participating in a dry eye study. Participants will receive free contact lenses and/or lens care solutions.

WEST COAST EYEWARE
1-800-348-EYES
San Diego Location:
1010 10th Ave., Suite 100, San Diego 92107

The Institute of HealthCare Assessment, Inc., is conducting a diabetes research study of a new medication to control blood sugar levels. To participate you must:
1. Have Type 2 Diabetes.
2. Be willing to exercise diet and exercise alone. Or single oral medication.
3. Be at least 18 years of age.

For more information please call:
The Institute of HealthCare Assessment, Inc.
619-582-5564

Do you have TYPE 2 DIABETES?

The Institute of HealthCare Assessment, Inc., is conducting a diabetes research study of a new medication to control blood sugar levels. To participate you must:
1. Have Type 2 Diabetes.
2. Be willing to exercise diet and exercise alone. Or single oral medication.
3. Be at least 18 years of age.

For more information please call:
The Institute of HealthCare Assessment, Inc.
619-582-5564
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YES (We're glad for you.)
NO (Perhaps we can help.)

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Call to RSVP (space is limited.)

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FINANCING
Turkey Burgers

In a while I'll be in Los Angeles, in the streets of the entertainment industry. My goal is to conduct interviews. The last thing one would expect in such an environment, especially for the entertainment industry, is a full-fledged, old-time family restaurant. But here they are, in the heart of Hollywood, and the food is delicious. This place is not just a restaurant, it's a way of life for those who love food and good times. I believe the idea that ground turkey was more nutritious and flavorful than ground beef, I didn't fully understand the idea. However, once I did, I realized my mistake. I chose to buy turkey burgers this week, not only because they are healthier but also because of their unique flavor. I also added a side of fries, which are made with organic potatoes. The fries are crispy on the outside and tender on the inside. I highly recommend trying this place if you're looking for great food in a cozy atmosphere.

Mark M. Nast

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Photographs courtesy of Dr. Mark E. Gold, MD, FACS

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3 Treatments
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- Skin Analysis  
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300,000 Reasons to Love Mondays This Summer at Sycuan!

Some of our recent winners include Elías from San Diego — $1,000! Lustia from San Diego — $2,000! Dama from Chula Vista — $10,000! You could be the next big winner!

We'll make Monday your favorite day of the week!

Sycuan Casino & Resort is giving you 300,000 reasons to make Mondays your favorite day of the week! Every Monday through September 24, start your week off right with a chance to win your share of over $300,000. Earn entry forms by playing throughout the casino, eating in one of our great restaurants or playing Club Sycuan. Drawings will be held every Monday through September 24 with 10 lucky guests winning $500, $2,000, $5,000, or even $10,000 in cash each Monday night! On September 24, an additional name will be drawn from the previous 12th winners, with the lucky winner driving home a fully-loaded Chrysler PT Cruiser.

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Federick Reiss, Sr., San Diego's King of Kicks. For the best in kicks, visit Federick Reiss, Sr., at 7605 El Camino Real, Suite 101, and ask for him by name. Ask for the best deals on kicks of all styles and sizes. For more information, call 858-568-9719.

Pam and Perini's Pizza, which offers the best pizza in town at 17325 Mission Blvd., Patton CA, (858) 685-9715. Visit pamandperinis.com for more information.

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30,000 Reasons
TO LOVE MONDAYS
THIS SUMMER AT SYCUAN!

RECENT WINNERS

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9260 Activity Rd., Suite A

Call 858-568-9715 for information.
There Is No One to Take His Place

The intensity seemed to be communicated to the rest of the program.

A conductor dedication was dedicated to the memory of pianist David D. Koehler, who passed away at the age of 60. The program, titled "David D. Koehler: A Tribute to His Life," included a variety of piano works ranging from classical to contemporary. The audience was moved by the passion and dedication shown by the pianists during their performances, which included works by Beethoven, Chopin, and Brahms.

The program was well-received, with enthusiastic applause from the audience. The pianists, who were all friends, shared stories about Koehler and his influence on their careers. They also expressed their appreciation for the opportunity to honor him in this way.

The program concluded with a moving tribute to Koehler, delivered by the host of the event. The audience was left with a sense of loss, yet also a feeling of pride in the legacy of this talented musician.
unknown
"They blackballed us," said Vacher, "and then XM promoted two of their employees on site." Champagne was about to stream home's radio alliance with Sun 100, and the independent station sent its signal to Q102. "Sun 100," Vacher said, "was initially told that our involvement would not be a problem. Then I looked at their packet and saw that only stations in the Clear Channel bundle could provide the sales." 10/22/97 eventually decided "to just let it go." But XMP's other station, Magic 106, XTRA (now 95.5), was poised to go head to head with Q102. "We got to have their logos on all of our station sound advertising," Vacher said. "Clear Channel stations exclusively get to have their banners on Sun 100," Vacher continued. "So if you go to the Clear Channel offices, they have the banner that says 'Q102.'"

Vacher was careful to note that in its negotiations with XM, "we are definitely getting some feedback from Bob Nagy. It's definitely wider.

Clear Channel stations were not allowed to promote Q102. "But the FM is boxed in," Vacher said. "We are definitely getting some feedback from Bob Nagy. It's definitely wider.

..."""
In April 2000 was cut short after those songs to technical problems. The band promised to make up the show. That has yet to happen. Currently the boys are in the studio working on some new material. In the summer tour they have a number tour, and a number of people. We had never been.

Summer days at Skippack High School were filled with new music and new friends. Wood said he found the guitar sessions that he would not go to school the next day.

"We were very cool, he was saying that he was a band member, and he couldn't do anything else. And I was a fan of his."

Skippack sessions, have Richards and see Tom Kirby had promised that they would be a stopgap for weekends. The band Members of Skippack were killed in a school shooting and "Hedonism" were all high school friends. There were no real agreements between them. They simply said the problem.

"The band's sound changed overnight. We were going to play music. The band's sound changed overnight. We were going to play music."

"We were going to play music. The band's sound changed overnight. We were going to play music."

"We were going to play music. The band's sound changed overnight. We were going to play music."
Chicken-Lickin' Lyrics
"You know who's the ultimate dye-con icon? Dolly Parton."

Saturday morning in Saratoga, and a distant chimera wafted the air during the opening of the annual Miner's Ball. Dolly Parton, the queen of the South, was in town to promote her latest album, "Smoky Mountain Woman." The event was held at the historic Miner's Hall, a venue that has been a staple of Saratoga's cultural landscape for over a century.

Parton took to the stage in a vibrant ensemble, complete with a signature blonde wig and a pair of oversized sunglasses. Her performance was a blend of classic and contemporary hits, including "Jolene" and "Coat of Many Colors," which received a standing ovation from the crowd.

After the concert, fans lined up for autographs and photos. Parton chatted with some of her closest fans, sharing stories and memories from her career. One fan, a local musician, even got the opportunity to duet with Parton on a classic song, "I Will Always Love You."

The event concluded with a fireworks display, lighting up the night sky and signaling the end of a successful day for both Parton and her fans.
Ouch

"Bushiwam was always a narcissistic player but perpetually carried a respectable jazz kick even when pleasing the dinners."
Enjoy La Jolla's best contemporary California Cuisine and the only

**Live Jazz**
in the heart of the Village

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Dinner reservations recommended.

1/2-Price Wine Tuesdays!
By the glass and bottle.

Open every day for lunch and dinner.
Live music every week - call for times.

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**1 PM - 9 PM**

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FRIDAY, SEPTEMBER 7
2:15 PM - Gates Open 3:00 PM - Midnight

FORD STAGE
- Mutly
- Katin
- The Vipers

FORD STAGE
- The Black Crowes
- The Black Crowes

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SUNDAY, SEPTEMBER 9
ALL AGES - GATES OPEN 3:00 PM - 9 PM

FORD STAGE
- The Black Crowes
- The Black Crowes

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SATURDAY, SEPTEMBER 8
2:15 PM - Gates Open 4:00 PM - Midnight

FORD STAGE
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The Bitter End
Wednesday, September 11
Judy Collins

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San Diego's "BEST BAR"

The Ultimate Driving Machine
prevents

The Bitter End
Wednesday, September 11
Judy Collins
I.B. Bounty
I’m into it like a starving cat behind a restaurant.

“Thank you, San Diego!”

Karl Strauss Brewery Restaurants
San Diego’s Original Microbrewery

San Diego’s First & Only Thai Buffet
San Diego’s First & Only Thai Buffet

Free Run-Juice
It’s a long way from the bees and kegs of glassware in which his first estate wines spent their developing years.

Free-Run Juice
It’s a long way from the bees and kegs of glassware in which his first estate wines spent their developing years.

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It’s a long way from the bees and kegs of glassware in which his first estate wines spent their developing years.
Dear Life
Is it possible there's a splash on the picture of perfection?

Isaac and his daughter, Tuvia, are the main characters in "Hardball," a film that explores the complexities of family life. The story is set in a small town where Isaac, a former college basketball player, is trying to make ends meet as a janitor. Tuvia, his daughter, is a talented basketball player with a bright future ahead of her. However, when Tuvia is offered a scholarship to a prestigious college, Isaac must decide whether to accept it or keep her in the town where they have always lived.

The film highlights the importance of family, friendship, and hard work. It also touches on the challenges of pursuing one's dreams and the sacrifices that come with it. "Hardball" is a heartwarming story that will leave you feeling inspired and uplifted.

The film is now playing in theaters across the country. Don't miss your chance to see this remarkable story on the big screen. 

Win a Movie Pass for Two!

Paramount Pictures presents

HARDBALL

To enter, visit the Reader website and click on "contests." SanDiegoReader.com

Deadline to enter is Friday, September 7, at 1:00 pm.
Limit one entry per person. No purchase necessary.
Employees of San Diego Reader and Paramount not eligible.

No one under the age of 13 admitted without parent or legal guardian.

Opens in theatres September 14.
FUNDRAISING

A national remerketing firm specializing in marketing for the Democratic Party and charities is currently hiring remerkmeters for its San Diego center. 15 years in business. Compensation and benefits include: - Full time - Part time (evening and Sunday shifts) - Medical and dental - Paid training - $70/hour plus bonuses - Regular raises - Convenient Mission Valley location.

Gordon Schwenkler Inc.

2221 Camino del Rio South, Suite 201
San Diego, CA 92108
Call for an interview: 619-497-5600
Mission Beach tug-of-war, 1925. Fifty-one years later, in 1975, the Free Clinic at the Beach published results of a study suggesting Mission Beach residents were no longer pulling rope for kicks.

During the first six weeks of operation, the Free Clinic had documented 299 cases of gonorrhea, 73 urinary tract infections, 41 accidental drug overdoses, 35 adverse drug reactions, and 16 cases of syphilis.

"We have only a year or so to prevent this area from becoming as bad, healthwise, as Haight-Ashbury was at its worst," said clinic director Richard Weiss. — by Robert Andrews
IN FACT
by Louis R. Beo ©001

Saturday, November 3, 1850
Sanora-Milton road, Colusa county, California
in exactly the same spot where, on July 8, 1850,
he committed his first stage robbery.
Charles E. "Black Bart" Bolton
attempted another hold-up, but
was wounded and fled. He
dropped his handkerchief with
a laundry mark, P.E.G.T.,
that led to his capture days later.

One of the West's most colorful
outlaws, he left behind many
curious tales about his exploits.
He was said to have had
an affair with a woman,
and may even have
been an outlaw himself.

After each theft, he
would return to San Francisco,
posing as a successful mining
man. When he was arrested, he
pleaded guilty to the final
hold-up and was sentenced to
six years. Let out in four years
for good behavior, he moved
back to San Francisco
—for a time... and then disappeared forever.
Mommy's Time Away

BY ANNE ALBRIGHT

I went to a wedding in L.A. last Saturday. By myself. At 12:30 Sunday afternoon, I went to my bag to ring and knew my children had to take it. I thought, "I'll do it now." I'm sure they'll remember it.

I was in the wedding in a dress. I was in it. By myself. I'm sure they'll remember it because they had to take it.

My dress was the same dress as the one I wore to the wedding. I wore it to the wedding. It was the dress I wore to the wedding. It was the dress I wore to the wedding.

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