If you like your Navy SEALs or frogmen brawny, brawny, stoked to the eyeballs on steroids, and filled with comic-book bravado, then Captain Ed Bowen will disappoint. His size inspires nicknames like “Peanut” or “Li’l Bill” in our shared home state of Georgia. I don’t know if people in Athens ever called him by those names. I haven’t asked him.

But what I have asked him over several weeks... (Story continued on page 40)
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were tough questions about his new command, the Phil Bucklew Naval Special Warfare Center in Coronado, where the notorious Basic Underwater Demolition/SEAL (BUD/S) course has devoured more than 5000 trainees during the past ten years and many more thousands since it started over three decades ago. As a measure of the training's ferocity, only about 30 percent of those who enter its hellish arena survive to graduate and enter men's houses known as "The Teams."

The Bull Frog

But all has not been well lately at BUD/S or within the special warfare (SW) community of some 22,000 men that depends on SEALs for new blood. Two high-profile Government Accounting Office studies in the early 1990s identified fraud and counterfeiting as practices that had resulted in serious money and manpower losses. Two recent deaths followed the GAO studies and, according to statistics provided by US Navy public affairs director Joe Tomlinson, the latest one of a sailor and seaman by the death of an officer pilot killed in an aircraft crash. Tomlinson noted that only 16 of 1938 men take the course, a survival rate of 11 percent.

What makes these figures particularly alarming—apart from the waste of expensive assets—has been the uncontrolled fail-ure of formerly top SEAL leaders to retain experienced SEALs during the past year. The Teams have been a major crisis at the time SEALs have experienced a merriment in its roster that generates new SEALs.

Ensign Fred Brown, who took command of BUD/S hard on the heels of the 1990 disaster and rapidly through the ranks of Class 235, entered it in its 35th year of active service that began when he commanded the Navy's first SEALs in 1962. He trained the first candidates with SEAL Teams One and Two in New York, and then called USN Replacement Training with Class 38 in 1969. He served in combat tours with ABC Teams One and Two and brought back Presidential Unit Citations, Bronze and Silver Stars, and an Olympic commission. Brown's longevity in BUD/S makes him the Bull Frog, the oldest of the present active duty. A recent holder of this title before his retirement was Rudy Becht of Sar-vice Fane. Although Becht and Brown express themselves in vastly different ideas, they share one underlying trait that you see in what you get: another man has a current or desirable borne in his body. I come to this conclusion after having known and worked closely with both men during my own tenure 10 years as a SEAL.

Brown was in the center’s conference room for our visit of several hours on the same day. He was on his feet throughout the discussion in a meeting, and for a moment or two, I thought we were going to steal him away. The former SEAL current leadership, therefore, had never been in his 20 years of reporting and an official interview. He admired the younger SEAL leaders and the SEALs. They are brave and met the challenge. But Brown had been back in New York, had left New York, and had not been a SEAL. His ideas, however, are in the public—extraordinary access to BUD/S for this article.

Captains Brown got right to the point: "Look," he says, "this is a soft spot. But there’s been a lot of great SEALs, and every year we try to find the right people. And Brown has abandoned the old Booker mentality: they’re a man — and consequently the public — extraordinary access to BUD/S for this article.

Brown knows the right to the point: "Look," he says, "this is a soft spot. But there’s been a lot of great SEALs, and every year we try to find the right people. And Brown has abandoned the old Booker mentality: they’re a man — and consequently the public — extraordinary access to BUD/S for this article.

Brown’s use of terms such as reserve and "instructor student relationship" reminds me that during his limited time he
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of someone who's been in the game a long time is good predisposition for the teams.

The second question Booth asks is, "What's the water like?"

While Leuklege gives a team weather figure and talks about the evening field training session (TVS), the chief of Police Officer John J. Tomlinson bats the ball. Tomlinson was one of the officers who was not a SEAL team member. He trained there on the water only a few years ago and was skeptical about the SEALs. He was not impressed with the SEALs' training. Tomlinson had been there for nearly four hours when he noticed the SEALs' training. He found that the training on the water was only a setup and made him feel that the SEALs were not trained for the real world. Tomlinson was not convinced that the SEALs' training was as good as the SEALs claimed it to be.

**WE HAVE NO MISTAKES AND NO INSTANCES OF WHAT SEALS CALL BLUE ON BLUR OR CASUALTIES FROM FRIENDLY FIRE.**

Leuklege decommissioned the radio station before the SEALs arrived and told them that the SEALs were different from the SEALs that he had worked with in the past. Leuklege stated that the SEALs were not as disciplined as the SEALs he had worked with in the past.

Leuklege has stated that he has no regrets about decommissioning the radio station before the SEALs arrived. He stated that the SEALs were not as disciplined as the SEALs he had worked with in the past.
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- With frequent asthma symptoms

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We are looking for volunteers to participate in a research study at the UCLA Health Asthma Center. The study focuses on the effects of a new medication on asthma symptoms and how well the medication works. Participants will be paid for their time and travel expenses.

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- Do you feel restless or on edge?
- Are you having problems sleeping?

If you are experiencing one or more of these symptoms, you may be suffering from generalized anxiety disorder (GAD). The UCLA Health Anxiety Research Program is conducting a study to evaluate the effectiveness of an investigational medication for the treatment of GAD.

Participants will receive a daily dose of medication for 8 weeks and will be monitored for safety and efficacy. Compensation for time and travel is provided.

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- If you have frequent heartburn, you may be suffering from erosive esophagitis.
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The Eloquent Voice of Anonymity

The agony of human suffering, Schubert tells us, does not come out of nowhere.

T
he 18th-century Austrian composer Franz Schubert was never popular, at least not during his lifetime. His music was not widely performed or played, and he lived a life of relative obscurity. It was not until his death, in 1828, that his music began to gain recognition. Today, Schubert is considered one of the greatest composers of the Romantic era, and his music is performed and enjoyed by millions of people around the world.

In his time, Schubert was known as a "miserable" man. He was often ill, and his drinking was well-known. He died at the young age of 31, and his music was largely forgotten. It was only after his death that his music began to be rediscovered, and his legacy began to grow.

The agony of human suffering, Schubert tells us, does not come out of nowhere. It is a part of life, a part of what it means to be human. It is a part of what it means to be mortal. Schubert's music is a reminder of this, a reminder of the pain and suffering that we all experience.

The agony of human suffering, Schubert tells us, does not come out of nowhere. It is a part of life, a part of what it means to be human. It is a part of what it means to be mortal. Schubert's music is a reminder of this, a reminder of the pain and suffering that we all experience. It is a reminder of the beauty that can be found in the midst of suffering.

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Harp Sounds Sedate Wolves

"For some reason, harp is very popular with eye-care professionals."

T

The gathering was set at the back of the room, near the bar, and proceeded in a circular motion. The harp was played on a table, and there was a large crowd around it. The music was slow and soothing, and the harpist played with great care and attention to detail. The crowd was silent, and the atmosphere was calm and peaceful. The harpist played several pieces, each more beautiful than the last. The crowd was captivated and moved by the music, and the sound of the harp filled the room. The harpist played with such skill and grace that it was a pleasure to watch. The crowd was grateful and appreciative, and the harpist received a standing ovation at the end. The gathering was a wonderful experience, and the harpist's music was a testament to the beauty of the instrument.
Death of a Virgin

Imagine those adages coming into the living rooms of cultivated Germans as the freight cars rattled their cargo to Buchenwald.

Fritz Lehmann, a German conductor known for his sensitivity and command of tone, was one of the few conductors who could evoke the emotion and drama of Britten's work with such intensity. Known for his theatrical interpretations, Lehmann was able to capture the essence of Britten's music, bringing out the profound emotional depth that underlies the composition. His interpretation of Death of a Virgin was praised for its emotional depth and technical precision, earning widespread acclaim for its ability to bring the work to life on the concert stage.
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New Year's Eve
Underground Downtown Countdown

"You will not believe what's down here."
LOCAL MUSIC
NOTE
By William Grant

The annual Christmas album auction at Casa del Sol on Saturday afternoon was an event that made a lot of people happy. The room was packed with people who were ready to bid on the various items that were up for grabs. The atmosphere was electric, with everyone eager to get their hands on the latest and greatest items. The auction was well organized, and the staff was friendly and helpful. Overall, it was a great day for music lovers and everyone had a good time.
Online Club Coupons!

The following nights will have valuable coupons in the Music Section of the Reader's Web site.

**San Diego**

Tuesday, February 28th, 2023 - $5 off at The Imperial House.

**Cayeke Jazz Scene**

Wednesday, March 1st, 2023 - Free admission at The Knitting Factory.

**Sea of Music**

Thursday, March 2nd, 2023 - Free guest list at The Bitter End.

**Bartending Academy**

Friday, March 3rd, 2023 - $5 off at The Paste.

**DREAM STREET**

Saturday, March 4th, 2023 - Free guest list at The Living Room.

**E'ta's Place**

Sunday, March 5th, 2023 - $5 off at The Casbah.

**San Diego Reader.com**

For more information on advertising or your club, call San Diego Reader.com at 619-234-5000.
Waiting Game

The movie's single most exciting sequence is the one in which the studio fakery is most visually evident.

The annual Christmas Again - This Time Forever - package has been completed and the year's two least acknowledged films have been finished. The two, both set in the present, are essentially the same. Both are about love and are about being married and not being married and being in love. Both are about the same people - the same people are in both films. One is called The Carol Burnett Show and the other is called The Carol Burnett Show with a Difference. Both are about the same things - the same things are going on in both. Both are about the same people - the same people are left out of both. Both are about the same things - the same things are going on in both.

The movie at least passes the criteria of not being too well-written or too well-acted or too well-directed. The movie at least passes the criteria of not being too well-written or too well-acted or too well-directed. The movie at least passes the criteria of not being too well-written or too well-acted or too well-directed.

Symposium, though contains the same elements of the movies of the 1950s, can also be thought of as the delirious period of the 1950s. The Peter Jackson rules you would believe that 10 film critics of the 1950s were paying attention to the symposium and that the 10 film critics of the 1950s were paying attention to the symposium.
MOVIE SHOWTIMES

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Cinema 10 11
14100 Valley Center Rd., San Marcos, CA 92078
(760) 742-3411

MISSION VALLEY

La Jolla Village Cinema
6666 La Jolla Village Dr., La Jolla, CA 92037
(858) 454-3330

EAST COUNTY

El Cajon
1501 E. Main St., El Cajon, CA 92021
(619) 438-9393

UP TOWN

Mills Cineplex
5050 Calle De Arboles, La Jolla, CA 92037
(858) 454-3330

CHULA VISTA

Cinema 15
1000 Westside Rd., Chula Vista, CA 91911
(619) 451-9393

SOUTH BAY

Cinema 10
160 W. Diegueno Rd., Carlsbad, CA 92008
(760) 753-9393

NORTH INLAND

Boswell
1800 Cedar Ave., Escondido, CA 92025
(760) 735-9393

CINEMAS

Mira Mesa 10
13610 Mira Mesa Blvd., San Diego, CA 92126
(858) 567-9393

NORTH COASTAL

Del Mar
15024 Pacific Coast Hwy., Del Mar, CA 92014
(760) 753-9393

RIVERVIEW

San Marcos
1505 San Marcos Blvd., San Marcos, CA 92069
(760) 753-9393

Call 446-TLM or the theater for more information. Box office hours are in parentheses.

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CLAREMONT

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112 W. 6th St., San Diego, CA 92101
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1505 San Marcos Blvd., San Marcos, CA 92069
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**Persian Nights**

**Safai**

**IN払い**

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**REVIEW**

**TREYNA GRILLE**

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24-hour Internet, Commercial for private party.
Buy or sell classifieds for $6 per 12 words.

A U T O M O T I V E

SAN DIEGO SMOG & AUTO REPAIR CENTER
SMOG CHECK $21.25
CLUTCH SPECIAL $195.00
TIMING BELTS $75.00
FUEL INJECTION SERVICE $40.00
LUBE - OIL FILTER $17.95
4664 PARK BLVD. (AT ADAMS AVENUE) - 619/543-4828

ACURA & HONDA OWNERS
OIL & FILTER CHANGE $14.95
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TUNE-UP $39.95
Kuyama Motor Acura & Honda Specialists

SPECIALIZING IN JAPANESE VEHICLES
5 YEARS OR 100,000 MILES, WHICHEVER COMES FIRST

SOMIO SUPER SERVICE
USDA Guaranteed $129
MOTORS
STRUTS $139
COMPLETE AXLES $69
HALF SHAFTS $179
USDA Guaranteed from Japan $385
with labor

SALE Ends

Specializing in
Japanese vehicles

USDA Guaranteed
MOTORS
From Japan - 30K miles $475

SPECIALIZED IN JAPANESE VEHICLES

SHEENS AUTO CARE
GUARANTEED 12-MONTH/12,000 MILE GUARANTEE
FREE MAINTENANCE TUNE-UP
FREE BRAKE SPECIAL
$39 MAINTENANCE TUNE-UP
$24 RADIATOR SERVICE
$59 BRAKE SPECIAL

SANCO TRANSMISSION & AXLE SPECIALIST
$195 OVERHAUL
$100 OVERHAUL

Miramar Radiator & Automotive Repair
14805 W. Miramar Road
7955 Rutherford Rd.

BestBuys

Patrick and I bailed up to the kitchen table in sort out our options.

Back in the house, I started wondering what to do next. For the first time, I felt a sense of responsibility.

A Christmas Day tradition, most women would sit down and narrate the day's events and the path their lives had taken. Mrs. Kelly, who had been a childhood friend, was the designated storyteller. Mrs. Kelly had always been a source of solace and comfort, especially during the Christmas season.

The table was set with all the traditional dishes, and the aroma filled the air. The sound of the Christmas music added to the festive atmosphere.

The white table cloth, flax bowl filled with sugar cubes, and the soft glow of the candles on the table created a warm and inviting atmosphere.

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The white table cloth, flax bowl filled with sugar cubes, and the soft glow of the candles on the table created a warm and inviting atmosphere. The aroma of the Christmas cookies, the sound of the Christmas music, and the warmth of the Christmas lights filled the air with a sense of joy and hope.