GABRIEL WISDOM, KARI, CAMERON CROWE - TRUE SD HISTORY? SEE BLURT PAGE 81

Reader

FATHER FITNESS



Fred Kasch Jogs Several Times a week.

If you pass by his house on Edgeware Road in Kensington at the right moment, you might catch a glimpse of him stretching in his driveway, although you probably wouldn't give him a second look. He's a short, lean man who looks to be in his mid-60s, and God knows there are plenty of those around this town, fit

retirees clad in running shoes and exercise shorts. Kasch, however, is 86. And he says when he first moved to San Diego in 1948, "I was the first and only person who was running here. In the whole town!" The sight of him pounding over the streets was so bizarre that people called out derogatory comments.

STORY CONTINUED ON PA



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LETTERS

We welcome lette-cortaining to the contents of the Reader. You may phone them in by calling 619-235-3000, ext. 460; address them to Letters to the Editor, Box 85803, San Diego CA 92186-5803; fax them to 619-231-0489; or e-mail them to letters@sdreader.com via the Internet. Please include your name, address, and telephone number. Letters may be edited for length and clarity.

A Lot Of Unfair

Things Took Place I'm calling regarding left Smith's interesting article on the Japanese internment during World War II ("Unforgettable," July 1). You know, as the time, nobody expected. Pearl. Harbor to be bombed, and after that happened nobed learning the state of the state of the pearly and allowed the same that happened nobed learning the same that pened, and after that hap-pened, nobody knew what was going to happen next. There's no question about it, there were a lot of unfair things that took place, just as today, when took place, just as today, when the government seizes prop-erty from regular bona fide U.S. citizens who have been taxpayers maybe for genera-tions in their family. They seize Besides which, he and his band have been presenting satisfying musical shows for some 20 their property, and in 80 per-cent of those cases where the federal government serzes property they don't even indict anybody, because they're cir-Invoors, because they re cir-cumventing, basically, the law. I don't blame lapanese govern-ment did, because I realize they're powerless to control their politicians, just like we

To Mean?

I just read your letter, Mani (July 1). I beg to differ. San Diego is full of talent. Sure, SOMA is gone, but that has nothing to do with your input on "no rock and roll in San Diego, and there's nothing that can save it ..." What the Power, Psydecar, Wise Mon-key Orchestra). Ever fisten to his music? Hey, it is beyond rock and roll, as far as I am concerned. In fact, he is th

Logical Castle Map Wanted Re "Unfashionable Castles," July I. It was an excellent article. I cut it out. And I would like to take a drive and see all the houses. So do you have some sort of mapping of the locations of the 20 houses? I don't want to find myself driving back and forth when there's a logical, geographic way to do the "tou Ioan Salb

are, and just like everyone else who is a victim of those politi-cians always is powerless to stop them. But here's my question for leff Smith. I'd like to see you

do another article about what it

was like to be a U.S. citizen in

We don't have a map. — Editor

I Feel Absolutely Terrible

I'm calling in response to a let-ter by Wendy McMenamin's mother (Letters, July 1). I wrote the article she refers to, and I feel absolutely terrible. I included the quote to suggest the bawdy, knock-around atmo-sphere at Java Joe's, Wendy and Anya did realize they were talking to a reporter, and Wendy Anya's remark. My original

last line in that article was a quote from Gregory Page, who said, "We started calling him endy because he was so int butterflies and stuff when he butterflies and stuff when he was driving the van for the Rug-burns, and as a soundman he has that kind of vibe," which I thought was a very sweet thing to say. I understand that Wendy liked the article; Gregory sent it to him in Turkey, Please accept my apology, Mrs. McMenamin; that's not the way the article was meant to

come out. John Brizzolara

Wanton Paper Waste fuly I seems to be yet another example of Richard Meltzer's [lack of] ability to review mu-sic and musicians. You must immediately take away from him all means of communication! His unintelligible "fight ing" riff was a wanton waste of paper and ink. For the record, besides being virtually the only young African-American known internationally in the blue genre, Robert Cray has probably never been in a fight of any kind

Carolan Gladden

What The Heck Is That Supposed To Mean?

that can save it ... What the heck is that supposed to mean? I can go on and on and on about how real a great deal of the music is here, especially from the likes of our own. We Japan on December 8, 1941. I'd be real interested; I've never seen an article about that. Name withheld are a city full of fine songwrit-ers. Take Tim Pacheco (Sol Now, come on, even Wyclet Jean, Joan Osborne, and Fito John Assorne, and I flon John named this guy Best Pop Songwriter in the 1998 John Lennon Songwriting Contest with over 20,000 worldwide entries. Out of San Diego! Like entries. Out of San Diego! Like I said, I could go on. What gets me is that a lot of people may not realize this. For every mu-sic style there is, we have at least four or five extremely tal quality original music. Do you know this? Have you been out there? I think your comment about the club scene is fine. Sure, we have the bands at the

club scene, but I feel the sur port needed out of the city is for the national and city venue talent buyers to hire these fine

musicians to open up for the larger shows. Not just the

Father of Fitness

City Lights

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Abe Opincar finds back-to-basics Christianity

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Daddy learns to trust himself. By Matthew Lickona...

A Tijuana battle heats up..... When beloved parents are stabbed to death......

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By Bill Manson

here's a new paper coming to town. Not to San Diego, Tijuana. And Tijuana already has four regular dailies. Four times

tor, Francisco Ramirez G

Mexican Workers' Confedera-

Mexican Workers Confedera-tion (CTM), a PRI creation. Its staff of ten reporters holds to the PRI line — though the editorial pages have opened up to other points of view — expecially as

PAN (the more business-ori-

ented National Action Party) has

come into power in Tijuana and the state. They're doing some-thing right: El Mexicano claims a circulation of 50,000 statewide.

with 35,000 selling in Tijuana

and the rest in Mexicali, Tecete.

and Ensenada. But most agree it is El Mexicano's lock on Ti-

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INHOCENCE.

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THE PEABULOUS PEINGST

what its rich sister-city to the government mouthpiece.

north can boast. As newspaper editors south of the border brace themselves for a major launch — a daily ne money backing that with big-money backing that sources say will be called El-Fronterizo or La Frontera — ob-servers are taking stock of the shock wave this will generate in

mana's newspaper industry.

The difference with this paknown for something strange in the traditional Mexican newspaper world; independence.

forward for Mexican journalism in the Tijuana area," says Chap-pell Lawson, an assistant profes-sor of political science at MIT and visiting scholar at the Center for U.S. Mexican Studies at UCSD. He says this is Tijuana be-latedly ioining a trend toward independent newspapers such as have been springing up all over the rest of Mexico. "El Fianciero, La Jornada, La Rema in Mexico City), El Norte in Monterrey), new papers in

An "enormous step" forward because, he says, the present array of dailies is mostly wedded to the old "officialist" way of doing business. In a country that has been a one-party state for



much of its selling power and Gonzalez claims a circulation of

El Sol de Tijuana (The Sun of Tijuana), in town eight years, is part of a chain owned by fur-Väsquez Raña, Raña, known for his views that newspapers should be run like furniture stores - to make money - has built up a chain of politically innocuous "Suns" under the umnocuous Suns under the uni-brella of OEM. (Organisación Editorial Mexicana). So far, the formula works. According to a local United States Information Service report, it is the "largest and strongest organizat

The owner of Planton's Mex-

daily, with a claimed regional circulation of 25,000, 8000 in Tijuana. The paper had begin-nings as an idealist reaction to the traditionalist paper, that dominate the town. A bunch of El Mexicano journalists set up a cooperative, got the paper run-ning, then, after four years, ran out of money. A group of busi-nessmen who cailed themselves Grupo 7 bought them out and turned the paper back to main-stream acceptability. General di-rector is Victor Manuel Hernan-

around 80,000 daily papers sold in Tinana, a city of 1,25 to 1,5 million. But sources close to the street newspaper sellers say El Mexicano sells perhaps 12,000 on weekdays, El Heraldo 1000, and El Cambio 400

"Greulations of virtually all Mexican newspapers are traditionally wildly exaggerated," says Lawson. But it's the editorial side when PRI patronage and control nvolved everything from silencing reporters to maintain

icials would resort to forms pers portraved them favorable

istry, by a political operator, and then inserted into the newspaper as if it were a legitimate ar-ticle. For a fee, If the journalist puts his byline to the story, the fee is higher. They will also pay for news' photos of officials Most of the newspapers in Mex-ico have traditionally counted on that for the majority of their revenues. At the national level, for a long time, the eacetilla was

goes on."
For journalists, says Lawson, fee they got for helping govern ment departments place public service ads in their paper. "An other source of income [we called embute. These were called embute. These were monthly payments to journal-ists made directly by the sources that they were supposed to cover. In general the commis-sions from the advertisements

and the chayotes substantially exceeded their regular salary. cooperative and the ones who represented the most prominent newspapers received more money. It could vary between \$75 and \$1500 a month. But normally it would total a few hundred dollars. The same as

Lawson is drawing his fig-ures from "the bad old days" of the early '90s. If you traveled on presidential campaigns, you would get even more *chayote*, he says. Those gifts were expected to appear to the says to the he says. "Those gifts were ex-pected to generate extremely positive coverage. The typical cost to the government of a gaeetilla was about \$2000 for a quarter page |story| in the po-litical section of a medium-sized

page spot might be four time

What finally crimped the selling off many governmen industries to private companies and the crash of the peso. "The it couldn't spend so extrava gantly," says Lawson. "But the practice persisted. Just at

Tijuana's chayote rates may have been lower than Mexico City, Lawson says, but not much in Guadalajara the rates were roughly comparable with the

And then there was the of activity. And for that reason they've had quite negati press coverage from a prin media [deprived of its unoff

cial payments ."
This by no means meant all iournalists in Tijuana were the take But Dora Flena Corte Tijuana correspondent of Mexico City-based El Universal, sapapers force their journalists into compromising their prin-ciples because they pay them so little. "The newspapers are liter-ally sending them out to find money in some other ways. In my case, in order to ma and how I do it, I always have three jobs, all related to journal ism. You have to keep looking for work to make ends meet nally, the media still doc

> **Matt Potter** is on vacation.

This Is the Way It Happened

By Susan Luzzaro

t was calm because it was Sunday morning. My son and daughter, 19 and 20, were upstairs in their beds. My husband and

CITYLIGHTS

I were drinking coffee and read-ing. He was reading the San Diego Union, I don't remember what book I was reading, but I remember the detective crooking his neck to see the title after I let him and his partner into the

No one knows the particular way tragedy will enter their door. Like a student in a class-room, we hope if we look busy that tragedy will not call on us. When I first saw them at the door I thought they were Jeho-vah's Witnesses. They were my son, who was moving up north to go to college. Less than 24 hours earlier I had spoken with my mother on the phone. I had told her how sad I was that my son was moving away, how much I was going to miss him. She tried to comfort me, though she was going to miss him too; he was her first grandchild. In the '60s there was a story about spiders that were given acid. The spiders forgot the thing most in-herent in their being, after they were given LSD instead of or-derly patterns they wove wild

wearing the long magenta sweat shirt my father had just eiven m for Christmas I favored that sweatshirt for almost a year after their deaths. Now I have put it away so that it won't wear out, so that I will always have it. Later, I remember asking the detectives was the beginning of a smoke How can any of us imagin

band; it takes me a longer time band; it bacs me a longer time to fully realize things. He screamed, It's not possible. I re-member the woman detective

telling us we were going to have to be strong. Then the first wave

murder? It is a separate category. A thing that happens to other people. Car accidents happen. cancer creates itself inside a body; regrettably, many of us have experienced these. But murder? It's a fate linked to



dressed in a formal civilian man-ner, and they were dressed in black. The woman detective was tall and thin with red hair. The man was younger but heavier. Later on I remember him wear-ing cowboy boots, but I can't rember if he was wearing them that day. The woman showed me a badge at her waist and asked me if they could come in, said they wanted to talk to me about my sister Cindy. Cindy is my handicapped sister who lived my nanacapped sser who used at home with my parents at dhat time. Het them in, and the four of us moved to the round oak table in the dining room — I re-member thinking. What possi-ble kind of trouble could Cindy be

It was a warm day outside even though it was January, Jan-uary 10, 1988. I was glad that it was clear and sunny because we had planned a farewell picnic at the Chula Vista Bay that atter-noon. We had ten pounds of carne asada marinating in the

monetrical wabs. Transch has a similar effect on you. Because of what the police were about to reveal to us, my son never moved up north. Our lives had lost their pattern.
After we sat down at the table, the detectives teld me that my mother and my father,

Melvin and Katherine Heine, were dead. At first they didn't say. any more; no doubt we too were under investigation. I don't re-tinember feeling sadness at that member teeing staties at that point, just confusion. The mind confroited with incomprehen-sible facts makes incomprehen-sible leaps. I asked if my parents had killed themselves. Why do you think that? they wanted to know. The stupid thought I had then was that because my par-

then was that because my par-ents had both been recovering alcoholics but had recently had a few drinks, they had somehow succumbed to depression.

Then they told my husband and me that my parents had been murdered. I am made of a denser material than my huslywood, or misfortune at such a great scale that it is outside our ability to conceive. When we lock our doors at night we may teel fright, but it is vastly differ-ent from the horror and chaos of a murderer inside our houses. My parents were two elderly re tired people living a quiet life or a nondescript residential street; how could this tragedy open their door? The day-to-day reality of my

parents' lives was placid. My faparents fives was placed. My fa-ther was doing some work con-sulting after retiring from Rohr Aircraft. My mother worked part-time at the National City Library shelving books. Both of them were homebodies, though my father had more of an ap-petite for going and doing than my mother. My mother's idea of a good time was reading. She loved newspapers and had a stack going by the side of the she intended to clip. From the couch she kept tabs on the



world, fronically, after newspaages of that night from their pers she loved murder myster-ies. Agatha Christie and Tony her clippings of current events my mother is that she was afraid of everything. If I had to 'om-pare her to something it would be a nervous sparrow; she was a small woman with brown hair, and her anxious gestures gave away her fear of the world. She away her tear of the world. She was afraid of driving and she was afraid of flying. After her last trip to New Hampshire to visit her grandchildren, she confided in me she was never going to travel again. As t.,: back as my mind can go she relied on my father's tall, strong body and frank way of speaking to mediate the world for her. One of the things I find most painful to imagine is my father battling to save my mother, or my mother seeing my father slashed and stabbed; they

Murder has its own cate gories. At first we thought along the lines of a TV show; bullet. began to realize the extent of my parents' horror. Though anyone

were filled with blood: if we lay awake, our imaginings were filled with cries and supplica-tions. I remember with grate-fulness the doctor who wrote me a prescription for Halcion. Even now, a hint of violence on the television and I have to turn it off, but in those days it was reality that assaulted. A conver-sation at the police station gave me a keyhole into fear. The fe male detective asked me: Where did the anger come from? My fragile, birdlike mother, a crazed attacker with a long, sharp knife. The death certificate reads #22. DEATH WAS CAUSED BY: Multiple stab wounds. I keep to myself what I read in

earth was a Saturday. My father probably rose early because his hobby was going to garage sales. He was not a collector of any sort or someone who was buying for resale, it was just some thing he would do for fun. He would buy a tool, or an occa-

signal piece of natio furnitur ther could fix or remake any thing, so garage sales were the necklace of red seeds glossed to look like beads that my father

had purchased at a garage sale Recause my sixter Cindy wa all of the details of the last day My father barbecued steaks think because my mother did years, she could hardly stand to cook anymore. Then, too, m mother never was a Julia Child mother commanded were saland pepper. Never once do I re member a clove of garlic in my

An archive of City Lights stories can now be searched on the Internet at www.sdreader.com



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Shaking

the trees

communications professor. officials."

of force the reporters to do what

"Photographs of everyday life and ordinary people that dom-inate [U.S.] photojournalism are of accepting government parametris and government control is passive journalism. The photojournalism in El Mexicano is very much focused on official images, as their journalism in general us, says the

says Hallin, rebel papers keep popping up. Tijuana has always been diverse. Some are officially oriented, very close to the ruling party, not very independent, and then there are other news-papers in Tijuana that are much bolder and have been part of the process of change — and that

But especially in Tijuana, means, above all Zeta, the

Newspapers in Mexico have tiny circulations. They have very few readers. In a certain way they're not extremely important in all tutions as far as the mass public is concerned. Most Tijuan ins

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Shaking the trees

are going to get their electronic media. So most o

electronic media. So most of these Timans newspapers are very very marginal enterprises. When you look at the con-trol of IMexicana you can see that it is a traditional, officially oriented paper. The pournalists do not do much gathering of in-formation on their own. They mostly just go to press confer-ences and generally summarie what the officials have said. And they also do your just an area what the officials have said. And they also do very little analysis or interpretation. It's really very dull. These newspapers have never really tried to build mass readership. So they re-quite vul-nerable once a more lively inde-pendent and also commercially. active paper comes into town, one that really wants to build

months potentially fascinating for Hallin and Lawson and other finana-watchers, It is said that Inuma-watchers, it is said that publisher Jose Santiago Healy Loria has ridden into town with \$8 million to invest in a news-paper. He has hired over 200 business and editorial staff and given them a new headquarter given them a new headquarters on the Via Rapida Oriente in southeast Timana. "We will start with a print run of 20,000," he says on the phone from Her-mosillo, "and hope to rise to

That reflects the kind of vacuum [that exists] in Tijuana," says Hallin: "In a certam way it's anomalous that Lijuana should not already have a strong independent daily newspaper. Be-cause Tijuana is one of the more advanced cities in Mexico, soadvanced cities in Mexico, so-cially and politicalls. The first city where the PRI loss its monopoly I think this company

rightly sees there's room for a

rightly sees there's room for a competing paper."
Healy, the great grandson of an Irish immigrant to Mexico, says his journalists will be suffi-ciently trained and paid enough to assure their independence. We have more than 60 years i iournalism in Sonora [with the respected El Imparcial] and for the last ten years in Baja Cali-fornia [with the Mexicali-based La Crónica. The family con pany was founded by my grand-father. We don't belong to any political parties or groups. Our job is journalism and to tell the

He's clearly banking on Tijuana's better-educated wardly mobile generation. He says his target reader is "ambody who carns more than three who carns more than three times minimum wage, which in Tijuana v 900 pessos a mouth (\$90). The lower and uppermishle classes. This cry, he says the fifth largest marker in Messos is meredibly dynamic. **El Mexicano is either going to have to become more in deep the says of the says to be some more in deep the says of the says to be says to

Lawson's biggest fear is what he calls the William Randolph



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Hearst factor: that news-ma-nipulating media baron: will just replace today's news-manipulating government officials

"My difficulty" says Lawson My difficulty, says Lawon, will be gauging the extent to which editorial control is sepa-rated from ownership within the paper. You always have this problem whenever an owner such as Healy) is also the edi tor in chief or is also very hea ily involved in the editorial set That's always a potential source of tension and conflict, exacer bated by the absence of a highly developed culture of profes-sionalism within much of the news media in Mexico. In the United States you would have somebody who would push back against a publisher. That hard to do in Mexico.

The way it happened

know about that last night is if my father made his famous blue cheese dressing, or if they used bottled dressing on their salad. My father guarded his secret recipe like an heirloom; he

cookies and hot chocolate to my sister Cindy while my sister was watching *The Love Boal*; that must have been between 9:00 and 10:00. I would like to think that my parents made love that night before they went to sleep or that they kissed each other or that they kissed each other good night and cuddled in the spoon position for their last few hours. I would like to think that loved by their children and grandchildren. But the world is so imperfect. Ioward morning my sister heard a struggle out side her door and later heard the metal click of the gate as some one ran away. Later, when we were finally allowed into the house, we saw the stain of bloody footprints leaping from the back porch onto the patio. Later still, I remember my older brother David crying as he scrubbed away those footprints with a cleanser; we were getting the house ready to sell.

After the police left, the horror of telling others began. I called my sister in New Hampshire and told her. Then I realized she was alone in the house. So I called her mother-in-law and asked he to please run down to my sisters house. Then I called my mother's sister. She just kept say-ing No, no. It's not possible. And that's how it felt. Impossible. Surreal. There was nothing in our knowledge or experience that could lead us to anticipate this — or accept it. Later that night some friends came over to omfort us. My sister Cindy was making her bed up in the study: she would live with us for the next two years. My older brother David was upstairs in front of the television. The news was on and I heard him scream. We ran

a sheet, and their house was cordoned off with yellow tape. The next and last time we saw our parents they were in two small gold boxes, their beloved bodies reduced to ashes.

County. There was not enough evidence to retain this suspen Later the police told us that i was likely a hot prowler who had just come in for my father's wal-let. They suggested that the trademark in the little circles on the bottom of the murderer's issued a warrant for the arrest of tennis shoes linked him to a cer-

either. Finally we were told that it was a deranged neighbor avenging the maltrearment of avenging the maltrearment of my sister; however, there was never any evidence to support that idea. No more warrants were ever issued. It is a terrible thing to not know who com mitted this crime it is worse to

We lived in fear for a lone time because neither the motiv nor the murderer was ever definitively established. We re-named our house the Bunker. We bought a big dog and we for tified ourselves with weapon and people. My sister Karen left her family in New Hampshire

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world was gone. The one where The one in which our mother nd father lived. I remember

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more space and more light in the world as if giant old-growth trees had just been cut down. My parents' absence was that tangible.

The funeral for a murdered person can never bring closure, especially if the motive and the jurderer remain unknown. In truth. I have no idea what the

word closure might mean. What I have observed is that murder does not up the ante of grief. Whether the cause of death is cancer or murder or anything else, there is no measuring cup for loss, and there is no such thing as closure; as it should be. My parents' funeral was a mock funeral. We knew that the police

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were filming it, looking for a suspect, so it took on an imitative quality from the onset. Inside the chapel, fake birds chirped in their cages while a preacher freely stated that he never knew our parents and then proceeded to say inane things about them. And our parents were nothing,

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tures in a collage, ashes in a gold box. Our goodbye was a mock goodbye. When we left, we had the limousines drive home cir-cuitously. We were afraid to re-

My mother was always a great reader. She worked at the public library shelving books so she was always putting books into our hands. The stories that influenced me most were the stories of families pulling to They Loved to Laugh. For a while we were a family united against the world. We were fierce in our support for one another. One person cooked while another person called Victims of Violent Crimes to make a counseling apintroent Someone nicked th

> trials to learn from or to learn to appreciate what we have by comparing it with what we have lost. I refuse this kind of God or lost. I retuse this kind of Godor cosmic logic. I have worried about how to write about this because such great loss should yield knowledge, yet I believe in the end nothing can be karned. When we witness another's tragedy we can only empathize with their grief and rejoice that it was not us. We are reminded that the most improbable. that the most improposite unimaginable event may hap-pen to us or our loved ones at any moment. Are they driving on the freeway; ther, worry; are they coughing too much; then worry; are they sleeping quietly in their beds on a chilly January night: then we must pray to whatever powers we respect. Af-ter that, all we can do is what we should be doing anyway — to to love the ones we love bette and drag our feet on the ground like we did when we were little kids on the merry-go-round— linger in each given moment.

I do not believe we are given

pointment. Someone picked the kids up at school while someone else helped our sister with her SSI forms. But tragedy runs down fault lines like earthquake

tremors. Gradually we were shaken apart. in *Phaedo*, Plato says, "But the soul which has desire for the body...flutters about it for a long time and about the world." Like many, I experienced the sensa-tion that my parents were still close after their deaths, only a blood pulse away. Helt they in-serted themselves into my days: trook the smallest thing, a wasp's nest fallen on my windshield, an unexplained chayote (my father had just learned to cook them) time and about the world." Like in my grocery cart, as signs Signs that my parents were near that they wished to communi-cate. It made sense. Their bod-ies ripped so unexpectedly from their souls left them in some intermediate state. The phonomenon was so strong I re-member going to the cemetery and asking their marbled wali who the murderer was. The mind comforts the body in gentheir deaths I was given a great dream. In the dream my parents came to my grandmother's old house in Pacific Beach. It was a hot summer day and the inte-rior of the house was cool and dark. My parents were wearing baseball caps and were driving a vellow Volkswagen bus. They told me they had come to sa good-bye; they were off to travel

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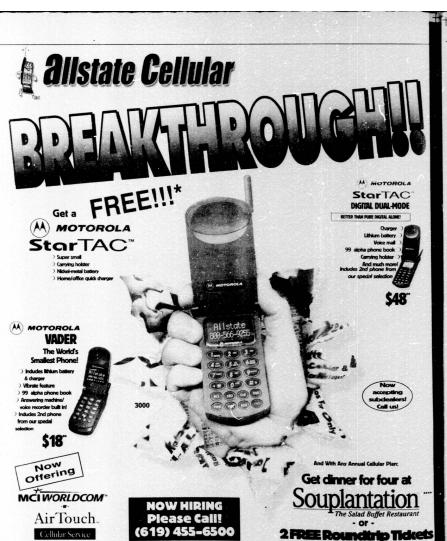
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rule. Do you know the rule? I read the damn rules. I know them by heart. No touching of any kind, bumping or anything. intentieral or unintentional. We had a good fucking race, he bumped the shit out of me the whole way, but I'm not taking his medal away from him..."

Later on, while accepting the bronze

this activity. I don't mind if he makes money on it. I don't mind it he hawks his wares, getting down on his hands and knees, grubbing for dollars like the rest of us. ! don't mind his made-for-TV surfer dude dialect. I don't mind if he sold out to the suits. But, what gets me, what really gets me, is that he sold out so young.

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We could go on, but trankly, I can I stand any more of it. No doubt, in this tan gled, incestious mass of rancid undergowth. I have some details wrong, but this is the gist of it street loge has no agreed upon governing body, circuit, tankings,

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sermon. Lasked him how Church of Christ

Address: 2528 Fl Caion Boulevard, City sermon. Lasked him how Church of Christ members squared their faith and moder-nity in their minds. "We've never," he said, "been antitech-nology. The issue of musical instruments is very narrowly defined. We believe that when Year founded locally: 1933 Senior pastor: Kevin Withem Congregation: 300 Staff: two full-time ministers

very narrowly defined. We believe that when we sing, it's an act of worship directed at God. In the Bible, musical instruments weren't a part of congregational worship, so we don't use Jem. Television, computers, the Internet, on the other hand, aren't used as Church school enrollment: 200 Church school enrottment: 200
Annual budget: \$416,000
Weekly giving: \$8000
Singles program: yes
Diversity: white, African-American, Asian Dress: dressy-casual to dressy Services: Sunday worship, 8:45 a.m. Var-ious classes and services throughout the part of worship. They're communication week; call for details.

Liturgy ... Music

tools. During our sermons we can use com-puters or slides or overhead projections or any other kind of 'modern' device. The Bible, for example, printed in book form, certainly isn't mentioned in Scripture. Printed Bibles are relatively recent in Christian history, but we use them. As far as any particular translation of the Bible goes, we use any well-respected, well-received trans-lation. Since each Church of Christ con-

gregation is autonomous, you might find som out there that are pretty adamant about using on the King James Version. But, by and large, most Churches of Christ

> using a certain trans Bible itself as the sole foundation for our beliefs. Many of the people who join our church join precisely for that rea emphasis on the Bible They come from feel have strayed too far from Biblical teaching, or they're tired of

use several modern

being a Christian When I asked Withem (Church of Christ ministers don't use titles) about his denomination's knack for harmony, he laughed. "Well, I guess if

you decide you'r going to use instruments, you're not going to use instruments, you're going to con-centrate on your singing as worship, and you're going to try to make it as beautiful as it can be. Believe it or not, there are some Church of Christ members who cannot sing. Every once in a whelk you'll run into one. When I was a little boy it was very common fort hurch of Christ sugment each

ommon for Church of Christ singing teach common for Church of Christ singing teach-res'ts up from conjegration to conjegration to giving classes on reading shape notes and usinging four-part harmony. This still happens, and we've had a few singing teach-ye visit LCB and give lessons. Beautiful singing isn't central to what we're about, and it really doesn't have arwhing to do with the teachings of our church. I guess our could say it a value of ours, a part of our church. I guess you could say it a value of ours, a part of our church. I guess the say that the res-tures have a start singing with the reschurch h. just starts singing with the in, where he feels he belongs, and he starts



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distance from the mound to the plate in less than half distance from the mound to the plate in less man that a second, requiring lightning reflexes, afrom the hat-ter to even make contact. So to hit a ball fairly, which means, of course, that a hitter mais variego long before the ball reaches the plate, requires a reflex of about two entitles of a sociol — a time during which a batter must decide whether to soong at allowed ball on our to duck for each of the plate requires the plate of the plate requires the plate of the plate results of a sociol with the plate of the pla

which a batter must decide whether to swing at all-or to hold up, or to duck for cover. In a section called Biological Baseball, the Explorato-rium's site places the skill to hit in the larger con-text of biology. Baseball's a game placed at the edge of biological time, just within the limits of a human's

when hit by an impulse (the ball), produces no impul-sive reaction at the point of suspension (your hands when he to an impulse (the bat), produces no impul-sive reaction at the point of suspension (your hands holding the bat). If hit here, "all of the swing's power will be transferred from the bat to the ball." What makes watching baseball so exciting is that,

what makes wardung baseons occurring a true contrary to all of the physical evidence, it is not a game of chance. Good batters hit the ball deliberately. Wade Boggs, in his prime, not only hit the half with the sweet spot but hit the ball in a desired direction—away from positioned fielders. The Science of Baseball explains that the great from of the game.

of Basebull explains that the great room of the game strikat pitches provide batters with the clace necessary to intring a ball. Chaile Metro, a former outfield coach for the table land A's, explains here upon the control of the proportion of the pitches, and the ease many want, the proportion of the pitches, and the ease many want to be compared to the proportion of the pitches, the grips in like pitches. He grips in like pitches, the grips in like pitches, the grips in like pitches which the pitches are proportionally the of the pitches are greatly diverged by the pitches are provided like the pitches are greatly like the greatly like your tastrall. When he throws a curveball, he chokes the ball lwedges at between his thound and forefinger appraign to it he side so at sticks out.

Now see how much white of the ball shows on a fast-Sow see now much write of the hairs nows on a last-ball, and how much more shows on a curveball... Another thing is when they bring the ball into the glove. When they come in with a flat wrist, that II be a fastball. When they turn their wrist, it's a break-

ing pitch."
You'll learn as much about the challenging physics of pitching at this site as you will about the science of hitting — fastballs, curveballs, and shiders are all dissected and diagrammed. What you won't learn, however, is how to lorgere the trozen stance of your team's number-nine hitter. That and Boston's trading away of Babe Roth and Mo Vaughn, and the 1986 World Series, and Eck's home-run ball to Cleve-land's Manny Ramirez in last year's playoffs—sci-ence can't touch these.



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answin of the Science of Baechill new explorateturn club bashlik a website maintained by the San
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of baschill. The six thas tons of content, pages of
graphics, diagrams, games, and text that deconstruct
adhicts, feat shat really are superfusion.

A vast maiority of people could never thit Adhor
League Isabili, which, an trated pupars of 95 miles
per boar. I was a decent I tell t eague player to the
Pudies of Warren. Vermont, Implied add, and while
ting a double play, I don't remember thitting the full
more than three times. The central drama in the
game of backoll, "the site fells us," is the confrontation
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PAMELA HART BRANTON. MASTER'S THESIS

Opponents decried the Works Progress Admin-istration. It employed "boondogglers" — peo-ple adept at looking like Smith they were working—and created "leaf-raking" jobs of little or no value. Severest critics of the WPA saw the emergence of

socialism in America.
Others see the WPA as the saving grace of the Depression: \$4.8 billion dollars invested for work programs, the largest peacetime appropriations in U.S. history, Between 1935 and 1943, almost one-fifth of the nation's work force was an olved with WPA projects. "In the end," writes Branton, "millions of workers found jabs in private industry, their skills intact or increased and their self-respect

preserved." Between 1929 and 1933, the Gross National Product fropped 29 percent construction was down 78 percent, investments 98 percent, and memployment rose from 3.2 to 24.9 percent. Banks failed. The hom-dess stood in soup and bread lines, sold apples or the street, and gathered in makeshift camps they called "Messagnithms".

President Herbert Hoover responded to the crisis in "the American Way." Relief was a state and local responsibility, he argued. Public works are ineffective and too "pater-

Public works are ineffective and too 'pater-nalistic." and might deeper the Depression. During the 1932 election, Franklin D-lano Roosevelt promised employment through public works. Hoover argued the promises were "frivolous" and that "no such employment can be found."

ment can be found."

The Emergency Relief Act of 1932 lent the states \$500 million for relief purposes. The WPA grew from this act in 1935. Roosevelt inside that a public work should be "useful in that it affords permanent improvement in living conditions or that it creates future new wealth

for the Nation. San Diego may have been fited most from these projects. By 1988, con-struction in San Diego was six times greater than in any other city. It became difficult to procure enough men for the relief folls., for large projects, especially because of the expansion of defense industries and defense-related wPA projects. .. The Depression was less severe and ended seoner in San Diego than in most of the nation.

The first local WPA project: On October 1,

1935, 25 workers — surveyors, engineers, brush-cutters, pick and shovel men — built

1935, 25 workers — surveyors, engineers, brush, cutters, posk and shave dime—built a toad to the top of Mount Palomar to provide case access to the new observatory.

On that same date the government observed to the control of the observed of the observed of the control of the observed of the control of th



the WPA repaired and improved city streets and built many "farm to market" roads, the largest being Mission Gorge Road; one of the

briges being sussion corpe Road; one of the smallest projects: the trail—and the wooden bridge—on Cosst Wals, near the La Jolla Cove. Franklin D. Rousevelt dedicated the San Diego Civic Center, one of the largest WPA works, on September 16, 1938. The most controversial project? The Del Mar Fairgrounds

San Diego's first county fair took place in 1890. After that, it moved from town to town — from Oceanside to Escondido to Coronado to the Exposicion Buildings in Balboa Park. There was no county fair between 1931 and 1935.

The fragile, temporary structures in Balboa Park were not conducive, and the city wanted to restore them, but not to house

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MASTER'S THESIS EXCERPTS:

1. Clyde Parker, an El Cajon Valley resident and editor [for the Federal Writers' Project] admitted there were a few communists working on the project. In his opinion, examining the political philosophies of others was a sign of the times: a time when the dodos, dunderheads, and deadheads refused to entertain at least one bright idea regarding the salvation of the state. The communists were not the only political group.... Fascists were present in large enough numbers to support a left and

2. The guide was published in 1937 as San Diego, a California City. It contained 138 pages of text, maps, and illustrations.—Pacific Beach residents were irate because mention was made of their racially segregated beach. And the Navy forbade sale of the guide on its property because it did not appreciate a reference to the honky: tooks on lower fifth Avenue as a playoground for the fleet.

Several schools in the county also received adornment during this period... Coronado High School has one of the finest examples of relief murals... Donal Hord served as a draftsman on the project.... The center panel depicts the mythical Amazonian Queen Calafia, after whom California is named.

4. The largest of these projects was the huge sewer project around San Diego Bay. Because of the dramatic increase in San Diego's population, sewage lines all over the county were literally bursting at the seams. Nowhere, however, was it so evident as in San Diego Bay. The city's self-chosen names of "Heaven on Earth" and "City of Serenty" smelled of another rose.

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The mesa on which the park was located was experienc-ing the growth of the Navy Hospital and the zoo." The county needed a permanent

airgrounds. State Senator Ed Fletcher State Senator Ed Fetchervoted down the first proposed site: Crown Point on Mission
Bass. Hetcher recommended a B84-acce site in the San Dieguito Valley or Die Mar. Fletcher and his family lived in Del Mar. "As a manager of the South Coast Land Company, he had developed Del Mar's first subdivision in 1908
and had a vested interest in the site..... Land values in Del
Mar would naturally be

the site.... Land values in Del Mar would naturally be enhanced if it were the loca-tion of the county fairgrounds." The project also included construction of a one-mile racetrack — the only WPA project that did so. A number of men (Bing Crosby among them) formed the Del Mar Turf Club, boasting the "fastest track on the Pacific Coast."

track on the Pacific Coast.

"Critisson came mainly from the leftist San Dogs San.

"Critisson came mainly from the leftist San Dogs San.

bloca councrawer demissed because of the money and pay
blocks that thowed into the county for the track. To add the clauses of the clauses and the clauses of the clauses and the clause of the clauses of the clause of the clauses of the clau

ure was soon extended to \$1,023,450, an amount that did not include the Lake Hodges



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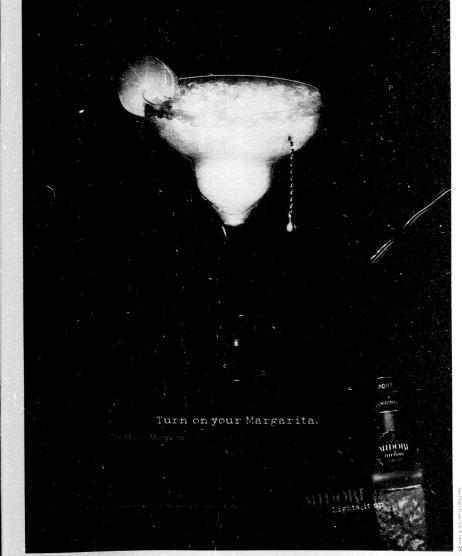
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Young men like lots of

rules... a heavy structure.

Ometime before I got married, I headed north to ILA. to pay a visit to Iason, a guy I was friends with in high shool. He now works as a studio exec-utive at a major studio in Hollywood. We have dif-fered over the existence of God at least sine; jumping high, when these sorts of conversations first arose. Out-to-live is visited sowerows and the studies of the control of the studies were well as the studies are some some studies. On the day I visited, we spent several hazy afternoon hours sharing bourbons, sitting at the white vinyl bar his roommate had brought aire the apartment. During our conversation, he told me he believed in virtue but thought man could discover its ori-gin and foundation within himself—springing from his nature—and so did not require the commandments of an extrinsic, if personal, God.

mandments of an extrainse, if personal, Good.

I didn't aggue, in part because I never think of
the right thing to say when talking with Jason, and
in part because I though the was partially right.
Mart can find a foundation for virtue within his
nature. He can discover that goodness is not something added on to man, but rather the fulfillment of the kind of thing man is. A good knife is not a knife plus something alien to it, but merely a knife that performs its work in an excellent fashion. However — and this didn't come to me until

everal days later - I don't think the account is complete. If God created man, if He has the authority of piece. It out creates than it, if he has the authority of an author, then man's ultimate guide will not be his nature but the creator of that nature. God and His rules will not be extrinse but piecyal. Commandments will indicate what a man must do to be a good man—to folfill his nature.

Obedience assumes new

status, such that St. Augus-tine defined virtue as hav-ing one's will in accord with the will of God. "What

does God vont?* Decomes the first and find spection. That notion returned to me after a conversation I had with Father John Sanders, principal at St. Augustine's High School here in San Dego, While explaining his philosophy of education, he told me that "young men like loss or finds. They fed most scarce when there's a heavy structure. He cited a researcher who concluded, There are two things a young man must know to -"There are two things a young man must know to -succeed: what are the rules, and who's in charge." I don't think that stops when the man is no longer

don't think that stops when the man is no longer young, and certainly not when he becomes a failter. The rise of the dopey dad in the popular imag-nation is an oit-noted phenomenon. It seems to me-that at some point, children inquire as to the foun-dation of Dad's authority. If what they find is not

that at some point, children insquere as to the four-dation of Dal's audionity. How that they find is not-crough to be coverince them that his authority — his right to be observed — in slightmate, not enough to right to be observed — in slightmate, not enough to right to be observed — in slightmate, not the countries, there the claim that "I'm your starding against him, where the claim that "I'm your starding against him, where the claim that "I'm your starding against him, there is the claim that "I'm your starding of an application period elsewhere the claim that "I'm your starding of an application period, the claim that "I'm your starding of an application period, the countries of the claim to the claim that the con-trollesson, him you there are no stored to course the rinks out for himself and some man is forced to course the rinks out for himself and some mine that the countries of the controllesson, himself when the claim that the countries of the controllesson, himself and the controllesson of the controllesson, himself and the controllesson of the countries of the controllesson of the countries of the countries of the "Orthe years, his turnly had turned monical and the countries of the countries of the countries of the claim of the countries of the countries of the countries of "Orthe years, his turnly had turned monical and content that was what and usals or and acted accord-tation of the countries of the countries of the countries of the "The next proration, the guandather, seemeds on one met the Canad Wizzard of countries of the other of the with the Garad Wizzard of countries of the countries."

"The father was a brave man too and he said he

dian't care what others thought, but he did care.

More than anything else, he wished to act with honor
and be thought well of by other men. So living for
him was a strain. He became ironical. For him it was no small thing to walk down the street on an ordi-nary September morning. In the end he was killed by his own irony and sadness and by the strain of living out an ordinary day in a perfect dance of honor. As for the present young man, the last of the line, he did not know what to think. So he became nne, ne did not know what to timik. So he became awather and alistener and a wanderer. The degen-eration takes several generations, but if still illus-tates that ceeping doubt — what if lam venice in contrast, consider the Jesuit Father Isaac logues, logues, a Frenchman, was 29 when he landed on the shores of North America to work as a mis-

on the shores of North America to work as a mis-sionary to the Huron Indians. The year was 1636; the place was not far from where I grew up in Upstate New York. By 1642, he and his fellow priests had helped in the conversion of a scant hundred-odd souls. The harvest that year was poor, and sickness abounded The harvest that year was poor, and sickness abounded logues was shown to lead an expedition to Quebec for supplies. On his return sourney, he was captured by the Haron's bitter enemies, the Iraquion. They beat him, pulled out his hair, beard, and nails, and chewed off his forefingers.

His escape was manaped by Dutch politicians in New Netherlands who had heard off his plight, and he made his way back to France One account his feature for we account his second of the state of the second his way back to France One account his second was a second of the second his way back to France One account his

France. One account has it that he had to travel to If that he had to travel to Roree to obtain permession to say Mass with his man-gled fingers. After receiv-ing that permission, he turned around ar al headed back to the Americas,

resolving to preach to his sortures.

After his first visit as a missionary to the Iroquois, he left behind above treligious articles. That vear, the Iroquois suffered a bad crop and an epidemic, and they blamed their woes on a devil in the box. Upon logues's return, the invited him to dimerer and tomahawked him as he entered the cabin. His boat near head of me, and all the logic and the log

ner and tomahawked him as he entered the cabin-His head was placed on a pole.
When Hirst heard that story, what struck me was the return. Here was logues, safe in France after cenduring such agony, and his thought, his care, was for the souls that had mainted him. To have such charity, to walk into the lion's den out of concern for the lion — that is manihood, that's the care of a father for his children.

logues knew what the rules were: he knew who was in charge. He did not live by his own rules but was in charge. The did not live by his own rules but by God's. Knowing them, he was able to be a man and do his work well. That is part of the reason why am naming my second son Isaac Edward Jogues Lickona (Edward is for his great-grandfather). I

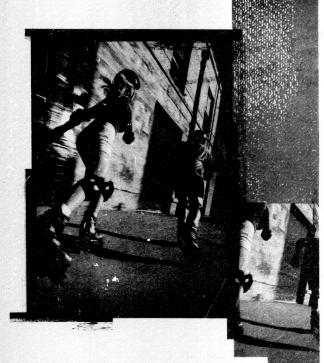
want him to look to the saint.

I want him to look to the saint.

I want him to look to me as well, the way my elder on Fin looks to me, as source of authority and guidance. While they are still very young, I am in some way the ultimate source, but I do not want their way the ultimate source, but I do not want their understanding to so three I wince at the satement of fathers to children in vapid I'V movies. I would have be there,' or Teorything's going to be all right.' It is unpossibly growine, but a natural one to make if the earthly father is the only father. It's the sold homan version of "All things work to opened for good for those that love God." In the contract of t

see that I have unterly because it has been de-gated to me by that Father. To see that no man makes his own nature, and so no man ought to care out his own rules to govern that nature. As a father and a man, I believe I can function best when I know the objective, the rules, and who's in charge. So also for my sons

- Matthew Lickona



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(EXERGISE YOUR SOULT)







I've been killing off so many characters in my novel that I'm surprised when I sit at my computer not to find sticky fresh blood smears on the monitor screen. I'm surprised when I type that my fat fingers don't Gestalt therapy by saying that while Freud, "an dribble gore. My doorbell rings; I'm surprised that two policemen aren't waiting, one with a drawn pistol and the other, clanking handcuffs. But, given what a bad, evil, and criminal person I often fear myself at heart to be, I'm surprised I'm not pacing a barred cell in a noisy, stinking women's prison. I'm surprised when I rub my bare ankle that my fingertips don't linger along leg chains. Why should I be surprised? Since childhood I have been prisoner to my own jailer, I have chained myself with my own chains.

Where Id wriggles around, tickles me, and flicks its long scarlet, sotted tongue, Ego has striven to get her big fat bossy ass in charge. I bet you know how that feels

know how that feels.

Thate, hate, hate it when people tell dreams. I feel desperate with bore-dom. But I am going to tell you that I've been working so hard at killing.
Polly's nameless father, Polly's mother Edith, and Polly's daughter Caroline and then two years after Caroline's death, a teenage boy who's Polly some aim men two years aner's aroune section. A teeringe role of he is both and Phil is son Diann's best friend, that I dream about lead people. Some perfectly tisk dream starts up and next thing I know, I step on a dead body. Once when I walked at night or until streets in, of all places, ballary Tegin-cipalps. Honduras, I stepped off a high cutr'h right down onto a dead brindle dog. In dreams swhen I step on a dead body, my foot feels the way my foot, shod in a flimity sandal, felt when it came down, and came down hard, on that dead dog. I will tell you, too, that I stepped so heavily onto that dead dog that the dog's ribs broke.

Back in the late 1960s, I was in group therapy for a while. Group therapy was big in the little town where I lived. Eric led the most popular group. We met on Tuesday evenings. Eric attracted young couples college-edu-cated men and women who, now, we might describe as Yuppies. Arty Yup-pies. Yuppies who drove Volkswagen buses. Women who wore their hair

therapeutic dictum. Where Id was, let Ego be, what Gestalt work did was get the lion to lay down with the lamb." That s 2 fairly accurate reiteration of what Eric said. He said it often enough, and I have a pretty good memory. God knows Eric looked askance at Freud. He was wont to tell us that Freue was a "self-hating lew." Eric also claimed that French

breather" who exhibited sign of the dread "hanging-on bite." If you had "hanging-on-bite" you had not separated from your mother; you were, PERHAPS II

FELT LIKE

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as tris put it. 301 susking.

Manus sitties: Hanging

data on bite was symptom as well

as cause of the inability to "integrate." Nomine

sarging loss ongs and greated people were "toxics." You got sick if you

were around woss, and did not "manutin broadenes."

A dozen of us attended brie's 'tuesday-inghi.' down their back and men who established formidable side-burns. Women who stayed home with the kids and made

unhappy man, if ever there was one, had, as his

purns. We men who stayed home with the kids and made their own granola and in wisye altos sang folss ongs and men, when they came home from offices, who rolled a joint and stared at Walter Cronkite. We all smoked dope, Lots of dope. We ate hashish, backed into brownies, using, of course, Afice B. Toklas's recipe, and in Tollhouse cook A dozen of us attended Eric S Tuesday might group, (the also had Wednesday, and Thursday night groups and midwidual patients, whom he saw during the day. Eric's house was in the country and even when stook wasn't falling, to drive from stoon, down graved country code, to Fric's took 20 minutes. You couldn't be late. Lateness, in additions to being letteress, was excludence of toxicity. Any ice and once in a sweet postatopic that made us some lan-uncode) into damp gass in our hostess; node) means back and. We were people, who, in the days after Sushan Surhan host Bobb, Kennelca and before COF operatives burgled Watergate, gave up on social change and decided, in the language of that ex. To sorte nourseless. "I am working on myself," someone in Eric's group might say for the contractive of the contractive of the contractive of the contractive of the language of the plans after Eric Colone, Ties Could from the contractive of the plans after

inches tall and must have weighed 220. If you didn't know him and you bumped into him at Safeway, you might think he was a hard-working farmer: his face and neck and lower arm were suntanned; his upper arms were suntanned; ins upper arms bulged with serious muscle. He didn't, though, smell like you imagine a farmer smells; he gave off odors of Ivory soap, san-dalwood, and the hand rolled igarettes he smoked.

Eric's two-story farmhouse
formated a knoll in the midst

and think of Easter morning and the phrase, "Roll away the stone." Because for all the nut-tiness that went on, and for how preposterously silly our group therapy seems to me now, Eric of ten cultivated acres at the base of steep hills. Eric kept two did help people help themselves. For group, Eric dressed casulersey cows, which he and his Jersey cows, which he and my wife Lulu milked. They kept the cows, Eric said, so that their four children (two boys, two girls) could drink unadulter ated milk. He kept chickens and ated intik. He kept chickens and ducks and geese. He raised rab-bits, many, many rabbits, white rabbits with black marking, and lop cars. In winter the rabbit utches stood in a heated out were so hairy. Eric had an air building and when winter broke about him of an ancient god, canand ice melted, Eric moved the hutches out-of-doors, where they stood under shade trees along the west side of the out-

building. In warm weather flies buzzed beneath the hutches and hovered above the rabbit droppings. Even though, when you walked through Eric's wide front door into the huge white living room, you could smell what Eric's wife Lulu had cooked for dinner, the atmosphere did not seem domestic. It felt like church. Perhaps it felt like church because within the room's bare white

herds and his Basset bound and his two cats. He urged us to take big whiffs of each other in the group and at home to sniff our families. He said dogs were great teachers and that we could learn a lot by watching a dog. He said he could smell toxicity. "You are very toxic tonight," Eric might say, "very, very toxic. I whoosh, right up through the living room's high cathedral ceiling into the dark starlit night, or a change of heart so pro-found that you could not help want to work with you first. Eric forbade us to talk, to

him or to group members, when we arrived. Large, flat, bright

toes tufted with black hair, were bare, and the toenails shone as if buffed. Perhaps because he was so large and because he padded about so heavily on his huge feet and because his feet JEAN JACKET SLEEVE.

Eric embraced each person at the door. He grabbed you and pulled you to his barrel and pulled you to his barret chest and hugged you hard and maybe ran a hand through your hair. Eric loved hair and he ran his long fingers through men's and women's hair. He said that be hugged us at the door because he loved us and that he hugged he loved us and that he hugged and held us because he needed to smell us. He said he could tell how we were feeling by how we smelled. He was always smil-ing at his wife and his children and his two Australian shep-

walls so many tears had been

shed and so many confessions whispered or howled. It also felt like a space where any

moment a miraculous event

whoosh, right up through the

but think of Easter morning

frightened and unhappy. I always felt disappointed with myself I was afraid I was not a good was affaid I was not a good wife and not a good mother and not a good cook and house-keeper. I was nervous. My heart beat 120 to 140 beats per minute. I stood in the kitchen. The fingertips of my left hand gripped my right wrist. I counted the

what feelings back in those days.

THE PLOT MOVED FROM CAR WRECK TO SUICIDE TO THE TRUCK RUNNING OVER CAROLINE TO DANNY'S BEST ERIEND SHOT IN THE HEAD AND DANNY WITH HIS FRIEND'S BRAIN TISSUE SMEARED ON HIS

pillows that Lule stitched on her whiz-bang Italian sewing machine were arranged in a cir-cle on the bare living-room floor. Eric's high swivel barstool commanded the circle's center. At one side of Eric's stool ter. At one side of Eric's stool stood two wooden straight chairs. We were to take our places on a pillow and close our eyes. We weren't supposed to close our eyes tightly. We were to let the lids simply fall down easily, like wedding veils, over our eye-balls. We were to pay attention to how we were feeling. We were to stay with the feeling.

might explode, right there next to the four-burner gas stove. I felt drawn to the blue flame circles. I felt drawn to the sweet gas. I turned the front burner on and turned it off. Solit-pe on and turned it off. Spit-pea soup simmered on the back burner. The soup was arsenical green. Ham books cluttered its surface. White fat circled inside the gnarled maroon skin and around the small bones. I thought around the small bones. I thought about pigs. Fleshy pink pigs. I thought of what our priest said about Jesus, how his face looked at you from every face. He said 1 wish I could remember we must be kind to one another

beats. I wondered if my heart

"What's happening?" Eric

I did not know how to be kind

dow a stiff breeze scoured th

sky clean and snow glittered

along black leafless boughs. The

boughs' tips brushed against the glass. I thought that the world loved me and I did not love the world. I wondered if

I'd stick my head in the oven the

way Sylvia Plath did, even though

I was not talented, the way Sylvia Plath was talented, and did not, as she did, go to a fancy college like Smith. I wondered if Sylvia

Plath ever made combread. I

wondered if I would ever be

anything other than a wife and mother. I wondered if I'd swal-low pills even though I didn't

have any pills to swallow other

than bright-yellow One-a-Day vitamins that turned my pee the color of Van Gogh's sun-flowers. I wondered if I should hire in a starched nurse. I hoped

therapy might save me. I needed

to be saved. I was not old enough

yet to know that I would have to save myself. That is some-thing that, this morning, I know. Jack, my husband, who

worked all day with his hands

in people's filthy mouths, grind-ing out stinking cavities and scaling rotten bacteria-crawl-

ing gunk from under gums,

complained that Eric made easy

money fucking with people's

heads, Jack and I went to mar-riage counseling sessions in Eric's small windowless study.

Eric urged Jack to "stay with

lack stared at his right knee

his feeling.

o myself. Outside ... crolled by, and out the

ed. "I'm staring at my knee." "What's happening with your knee?"
"It's there, under my icans,

being my knee."

Jack, after two sessions, refused to go back. He said that as much as he loved me and cake and chicken fried steal listen to the radio with me, he'd divorce me before he'd pay or more dime to be burniliated by that he'd better keep his hairs hands to himself

I have no idea if Eric slept with patients, but given how we women admired him, he could have. Even though many years would pass before I committed adultery. I might have slept with him, had he asked was that obedient. He didn't ask. Lulu, openly, did sleep around on Eric - with severa neighbors, with the junior high school principal, with a borry pot-ter at the small local college and with a 17-year-old high school basketball player. We women admired her, too, and, I sus fit it meant putting on the 30 extra pounds she carried and not shaving our legs or beneath our arms. She was built big, like Eric, and frizzy ferine black hair coiled and uncoiled all down

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cold her back to the day was born and tor Rolling ia Roll herself "Ida, Erse

with grave affection." Ida." who also flew to Califor-be Rolfed, said that Ida physical therapist who aid: were surrounded b

clayer of tissue that looked he plastic Baggies we kept and leftover fried chicken and what Ida did was or bad memories. Eric and to said Rolling was physi-

alls the most painful experience they dever had, but that it was worth it, and they urged us to get Rolled 1 did not want to be

Lula continued "primals" by herself and regularly drove out into nearby woods in her Volvo station wagon. She hauled the back seat from the Volvo and stretched out a mattress where the seat had been so she ould heat on the mattress and arcam among the cottonwoods without bothering anyone. At precisely 7:30, after lock-

ng the front door, Eric heaped ing the front door, Eric heaped hasself up onto his barstool. He said in his sonorous voice, 'Osc devening,' and we opened our eyes. Everything seemed bright, then, and I could look about not at the group members and at Eric. Inevitably, too, omeone by then already was

Always I was amazed that

so many apparently happy-go-lucky people so quickly located so much grief. You never would have guessed from running into us at PTA or Ace Hardware or us at PTA or Ace Hardware of cutching us baltes high, kick at dance class that we entertained such inserty and despair. You never would have guessed that on many fathers, grandfathers, notices, and high brothers ran long fingers beneath the elastic along little girls' underpants. thever would have guesse w many little boys and little its sat atop bulging penises on never would have guessed

wmany moms and dads sat knothen tables and drank Old arkey and that moms forgot



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too, as if fated. Not that a voice hallooed out of the bluest bine skies and said. "Judith, old girl those pills." What happened is I wrote, was that all at once as I wrote, was that all at once I felt, — "Polly's father's got to go." And, "I am going to kill Edith!" The impulse — what Eric would have called an "Id shot" — felt irresistible. The impulse felt playsical: like a need o scratch a mosquito bite. The swollen bite itchesso poigr swouch the ichess pognantly, you know that the bite's likely to get infected if you scratch at it, but you imagine the exquisite relief that begins the moment our fingernails scrape skin, fou give in. I suppose this is now people end up as murder-its. I suppose this is how you as a person and now is the

wife Edith's memory. Polly, after her mother leaves her father when Polly is four, never sees of him than a spectral, square male face, Polly's green eyes and fair skin. I don't know his name. I never gave him a name. I gave him a comfortable home I gave him a comfortable home in an Iowa or Illinois small town. I gave him an approximate date of birth, a year during World War I. I gave him a fraternity (Kappa Alpha), a cow-eyed girlfriend whom he threw over for Polly's mother. I gave him a degree in business administra-tion. I got his father, a Midhim a job in his office. I gave him

he's killed in a car wreck. But that's all you, the reader, or I, the writer, know about him.

He was easy to kill. I didn't miss him and you won't. I killed him because I needed for Polly's him because I needed for Polly's mother to need money. After his death, Social Security mailed a check every month for Polly until Polly turned 18, but it wasn't much, not haif as much as the child support that arrived. without fail, every month. I needed for Edith to need money badly enough that she would go back to school and get a mas-ter's degree. I needed her to get out of radio and Manhattan and start teaching in a college. Another reasen I killed Polly's

another reas, a listled Polly's father was that I had no room for him. If you think about a novel as a dinner party, and in your novel, unlike maybe some one else's novel, there are only eight ladder-back chairs at the dinner table, then you've got to cut your guest list. Some nov-elists, like some hostesses, can

have enough skill to keep many characters up and busy. So I Midwestern guy with red hai. and green eyes, freekled hands and longings for the gorgeous little red-haired hotbox who gives birth to Polly. That Polly gets married when to her to smell the coffee on her breath to see them!). I took for granted Edith would be around,

retired from teaching drama a retired from teaching drama at the lousy college where she'd been teaching for millions of years, living in the same house she'd lived in since Polly started high school. I took for granted

old-age cliches. She'd be bitter, lonely, and too thin and smell

of the overfed cats she kept for company, or, she'd gain 20 pounds, keep company with a

semi-rich geezer who took pride in his Hickey-Freeman suits

and pinched her butt and took her off on Caribbean crosses where they gorged on the buf-tet shrimp and crab legs and

lanced until midright to Gleni

she's 20 was a norm in the 1960s. But I needed, I felt, psychological reasons for her to make the particular marriage she made, when she made it. A dead fainer whom she'd never known, grow-ing up in a broken home, longing for what she perceived as a "real home," served part of that

siastic mother, I wasn't sur-prised that Phil's and Polly do something vile that we make exciting pages. She hun around, a sad sack needing to be invited for Chr and Polly. When she calloften on Sundays, Polly has





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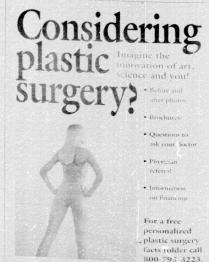
cook greasy Texas chili, which figured would make readers droot. I also kept Edith around became I didn't know what else Enc was a big believer in the tellow considered a Gestalt ther-apy founding father — Fritz Perls — and participated in sev-eral Perls workshops at Esalen. I don't know much about Perls. I remember reading his book in and Dut of the Garbage Pail. I remember that the book had

I remember that the book had fromy Saul Steinbergish drass-ings. Perfs was born in 1893 and deel in 1970. His photors show a fat face hidden behind an unkempt hushy beard. He trained in Berlin and then Aus-trala as a psychoaralyst. He does ided that Frend was a Jonse. He moved to the United States and during the 1965 showed up in California at Euden. Some-where I read thirt in 2 going the first where I read that in a group-ther-apy session in Jennifer Jones's Bel Air mansion, where Natalie Bel Air mansion, where Natalie Wood. Rock Hudeon, James Coburn, and Tuesday Weld were among the therapece. Perls told Natalie, 'You're nothing but a little spoiled brat who always wants her way.' Then he turned poor Natalie over his

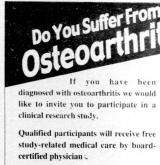
fat knee and spanked her.
Eric had us do "chair work,"
which, he said, was what Perls
did. Let's say that you had a dream you warted to work on.
You'd sit in o e of the two
wooden cha', if I stood next
to Eric's barstool. The chair on
which you sat was called the
hot seat. You'd tell your dream



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We're on the Web! www.mgcoutlet.com den voice of these elements from den voice of these elements from your dream. You were playing an improvisational music of the emotions. In one way it was fun. But it was easy to humiliate yourself and even easier to self flopped down on Eric's pretty plank floor, weeping out hated you and your dad was never had a sister. I saw that carned that his perfectly screamed that his perfectly healthy father was dead and his sister was smarter and then he sat up straight in the hot seat and said none of this was true. Eric made a lot out of that

made a lot out of that.

Erk asked, when I told my dream. "How did you feel in the dream, when you were stabbing your husband?"

deep, deep breaths and then exhale, Speak up, Say it loud, Be the knife, Say, 'I am the knife,' " "I am the knife. I am a big

Fam the kinte, I am a big, sharp knife. I am stabbing lack. I am sticking the knife into him again and again and again. I feel the tip of my blade go in between his ribs. I feel the tip of my blade hit bone. Jack's bones are so

nit bone. Jack's bones are so strong that my blade breaks." "Go back again." Eric said, "and be the knife, and this time don't break your blade. Sharpen yourself. Figure out how to get past Jack's bones — his armoring - and get to him with your "I kill him and I kill him

"I kill him and I kill him and he won't ever die." Those Gestalt therapy evenings are why I talk to myself when I write. I the writer talk

when I write. I the writer talk to me-who-is-Edith and me-who-is-Polly and Polly talks with Edith and Phil talks to Polly. The various parts of me-pull and push and yank and

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writer-me screamed at the Edith part of me, "Come on, dumb bitch do something!" To which Edith replied that she had no interest in continuing to be in my stupid novel. She went on to say that I was a lousy writer, my novel would never be pub lished, and I'd end up having to work at something that was as unpleasant as teaching idiots to play Juliet had been for her.

I gave up, temporarily, on Edith and wrote Phil and Polly's third born, their first and only daughter, Caroline, Phil's par ents invite four-year-old Car-oline to spend the afternoon with them. Through a series of mishaps that involves their carelessness, a truck runs over Car-oline. "DOA, Phil," is what the

get killed until her feckless grandparents drove into a gas station at dusk. Her grandmother let Caroline, who wasn't four years

ably, at least to me, a truck backed up and its driver didn't see her and then the gas pedal stuck. As the old Ford hurtled backwards toward Caroline, Caroline began to talk. She and Polly, of course, chatted through

tion late in October at the edge of Coraville, the little valley

and raised, as her last seconds gained on her, Caroline sang on the page. She escaped beyond the margin of my contrivance

of her. She gave birth to herself.
With Caroline's voice, then,
clearly in my ear, I worked my
way back in time and rewrote
Caroline, As I revised Caroline,

recreated her, really. I began to

girl child. Not a few mornings, while I wrote, I could smell the

for a bath.

As to why I killed Caroline, what the motive was, I do not know. Caroline's death helped out the plot, but what made m able with such case to kill Polly' child, I do not know. When I write from the heart, cries for help get dropped between sengold-hoop earning or cliffink that a kidnap victim drops as he's being dragged away by his abduc-tors. This is one of those cries. Later, I often erase them, scrub them out. I will try not to do that here. I think what I did when I killed Caroline was that I killed the child I was born to be. All of us at birth are meant to be happy and brave. Some of us, as children, get twisted by our keepers, who, for whatever rea-son, cannot love us or don't or won't. We grow up troubled.

do Polly deeply loyed Carn

ples when Polly undressed he

line — and Matt and Danny. When I was a child nobody deeply loved me. When I go

who was loved in the way I never was loved. I killed her because I am still angry — enraged about how my parents raise even on the page. Part of what Phil. "There was nothing left for us to do." You will know what I mean. I'd rather not say more about this.

So my poor old novel filled urns that held ashes and gran-ite gravestones and one of those rainy spring days when mourners' wide black umbrellas. The over Caroline to Danny's best friend shot in the head and Danny with his friend's brain



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sleeve. What was difficult about this pogrom against nov char-acters — first Polly's dad, then her mom, then Caroline, then Danny's friend — was that I became attached to these characters. Their deaths felt like real deaths and the deaths tell like real deaths and the deaths were my fault. Increasingly, my mur-derous impulses worried me. Laugh. I do. I began to wonder why I authored so much bloodshed. Why did I kill off so many Shed. Why did I kill off so many? For what appears as quiet domes-tic drama, there sure are lots of deaths and all violent. I began to wonder if I should have kept at it, if I should have done what

Eric wanted me to do.

As finale to the first phase of your th rapy, Eric set you to facing your murderer within. You had to be very advanced for this. You had to have acknowledged your toxicity. You had to have attended many group sessions and at least a dozen individual sessions. This murderer-within confrontapassed over from therapy dab-bler. You became like the admirable Lulu: someone who was facing her shadows, her fas-cism, her hatred of men because they had the active penis and they had the active penis and she had the hair, bod smelling, passive vag.nal aperture. Much preparation went into this grand finale. You did much role play-ing, you endured much hot-seat humiliation, you pounded many of the pretty pillows Luliu sewed and you called the pil-lows "Mommy" and "Daddy" and "Jack" and then you let Eric scream at we until was rearmed. scream at you until you screamed back at him what an overbea back at him what an overhear ing asshole he was, and he laughed. You wet down Eric's plank floor with many tears, both crocodile and real. You did everything you knew how to do. But you were still giving sheller to what Eric called "the murderer within." Until you faced that murderer, you would heave him a coeffire skirtweste. never have a real breakthrough. I wanted to have a real

breakthrough.
Eric said that I was sweet on
the surface and that beneath
that sweet surface I was very,
very angry. He was correct. That is true of almost all of us who don't find ourselves sequestered in state prison doing life with-out parole: we have been very, very angry and done nothing much about being very, very

mgry.
When I began to massacre characters I was reminded that Eric yelled at me that I was sick with hatred, that I hated him, that I hated myself, that I hated life itself. He said that if I had my way I would bump off every-one in the room. Was Eric cor-rect? Was I slaughtering these characters as if they were no more than chickens in a chicken yard because I was an angry penis-cayying, spoiled and frus-trated, enraged and repressed lit-tle girl Because i had not resolved my difficulties with my mater-nal grandmother and my mother, was I sneakily setting Polly's mother up for a suicide that was no more than a way

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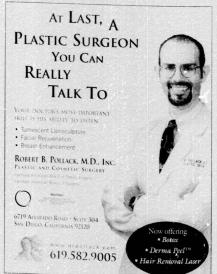
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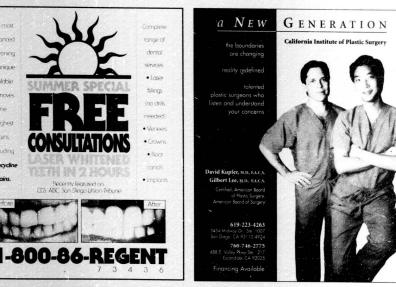
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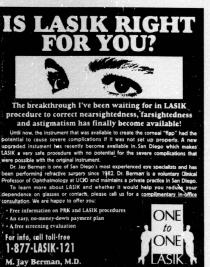












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858 152-2909 visit one Web site: www.mpiclinic.com talk to it. David stopped him-self and looked at me and said, "I can't believe I'm telling you this." David's left eye twitched

David didn't say what he said to the rabbit, and I didn't have the heart to ask, although I wondered. David said that was and he was aware that day

of Eric's huge shadow falling over him and over the bare spot where he'd pinioned the poor rabbit. David's wite, derer Within, had gone off with another man, "All the anger and bitterness had been accumulating," he said, "While I talked to the rabbit I remember that I pictured them kiss ing each other and that got me more and more pissed off, and I began to have this longing

to do something extraordinary, anything that would get the pressure off me that had out pressure or the that had built up. David smiled His face did not show the quarter century that had passed since we were in Eric's group. David had hardly any wrinkles. "So, finally I did it. I cut that rabbit's throat. I was on my kn and gave it a good whack." I must have winced, because David said, "You don't want to hear that part, do you." I

said I didn't, not really David said that he thought I would like to hear that when the ral-bit was dead. Eric had him the dead rabbit and kind of me dead fabbit and kind of jump up and down and chant, "Tam alive and you are dead I am alive and you are dead." We gazed at each other, David and I, and shook our heads. "Oh." David said, "did you

he loved fried rabbit."

rabbit, Eric took it back up to the bouse for Lufu to cook for him?" I said I didn't. "Yesh, she tried it, he said. Eric said

- Judith Moore

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Cor of X, published by Ras Books and Graphics and resons by New Press, and author of The Left Coast of Paradiss Sol.o Press, Her essay collection Never Eat Your Heart On: was published in 1997 by Far tar, Straus & Gireux and wa issued in paper last summer by North Point Press, a division of

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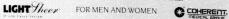
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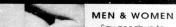
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FATHER

He wasn't omniscient, so Kasch concedes it is possible one or two other "lone nuts" might also have been jogging somewhere in the county back then. But he knew of none, and the common wisdom in 1948, he points out, was that exercise harmed adults. A lot of people thought it was one of the factors that wore people out, that hastened their inescapable slide into infirmity.

Kach didn't believe this He had the conscious that just the opposite sax truch are cover growned health and could prolong vially. This was a more conflicted by Marian Mar

body when it engages in regular physical activity. Some of the immediates and documents shall make our the ears, combinated manufactures and documents and the immediates and documents and an advantage as a landmark in the burgooning field of exercice physiology.

Asach grew upon Chaigos. Ho methe and faller were both the children of German immigrants, and "on my father's sake, they were a stody old people who thought all vouce very did was work. My father was sever allowed to do any sports of any sound the hold post own dat agic lid. My praerity idea of a picture was centing on their severed-in portch" instead, the larger world around Kasch fostered the active life that challenged his body. In 1920, when he was 7, in home on Chicago's Far West on the control of the children of the control of the children of the childre

It's an obvious connection. Kasch points out that "the Greeks had the dea2000 years ago," and man traditional cultures have emphasized the value of hunting, dansing, and midary skills, whichers beginn to special throughout the West, the moviering prinassium opened in Copyrhagen in 1799, and in moviering prinassium opened in Copyrhagen in 1799, and in Germany, amocenet known as the Turweroni from the Gernun turmon, "to practice guinnessis," and Verem, "cluber sessicial" practice the cultivation of health through grammastics, and calisthenies, German immigrants in the 1816s and 1850s brought this concept with them to America, and Turmorium became important social centers in the New World Kasch basis of Chaiges, the Turners is after camerable be known in this countor the control of t

ers, without pay."

He adds. "All the way up to the 1920s, most of the heads of physical education in universities in this country were physicals."—which points to the fact that they believed physical activity made for healthful living." But no one was scrutinizing

that belief in the laboratory, and a development in the 20s took the field of physical education even turther away from the realm or figurous academic inquiry. The games idea came up. Kasch sars. Yeavyone was to participate in games, and you had attention being paid to sportsmanship and the sexiological relationships that develop between the participants during the course of playing games.

This proceedynating games are suited to field of physical educations of the proceeding the country of the processing of th

This preoccupation dominated the field of physical education when Kasch in 1941 enrolled at the University of Illinois: Urbana campus, then the leading center in the country for physical education. Upon graduation, he exceed an invitation to join the faculty, with the understanding that as be taught he would also work on his master's degree. In 1937 the U of 18 medical, dental, and pharmaceutical campus in Chicago asked him to move there to develop recreational courses for its students.

Kasch notes that the crash course in conditioning given to all those fighting men ultimately damaged the image of physical fitness in this country.

Kasch says by then he was feeling more and more lumpy to circuitife information about except physiology. 24th fee say through, I had been looking for scientific courses. But there was nothing: I ni 1941, he started work on a dectorate through a summer program at New York Lineresity, one of only a handild of schools to defer a Ph.D. in the field. But once again, "I got cheeted" Kasch exclaims. Even in the doctoral program, theight of low exercise could contribute to beath received little more of how exercise could contribute to beath received little more of how exercise could contribute to beath received little more of how exercise could worth America's entiry into Weld War II. Kasch's doctor, and with America's entiry into Weld War II. Kasch's doctor, and with America's entiry into Weld War II. Freedy and the worth of the worth of the work of the programs that would prepare solders and officers for combat.

"We had to get these slobs fit," Kasch says By 1943 he had 750 charges who were under the jurnsdiction of the Army and Navy but were studying dentister and medicine. To improve their stamina, Kasch ran with them daily—something he'd never done before. He found he crinced it.

Looking back on the war years, Kasch notes that the crash

match damaged the image of physical fitness in this country. Since the goal fade been to ship the men into shape fad, the most part the trainers "doft care also allow the ved dit." I.-Sab. you. They are pround it on and beat the beek out of those gass. They just pround it on and beat the beak out of those gass. And of course it hust. The men didn't like it, and when they came back, they said. To beek with this physical education stuff: "Roads says the veterant who certainly a college after the control of the co

as a requirement. They do not have to also it.

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But the first whisper of a different brezer was beginning stort. In 1916, Kasich boos at the University of Illinon, Sexard Salley, called for a meeting of the heads of all the university bed physical-education programs across America. To the one who responded, Salley voiced his belief that it was time to shift attent in awar from sports and pames and to start studying the physicalegue of exercise. "He said to them, "The war sover. It's time for us to become very academic and very scientific," but he will be a subject in augustrated a demanding Ph.D. program in physical education at the U of I in which students immersed them:

Saley maggarated a dermanding Ph.D. program in physical education at let U of In wish is students musered themselves in chemistry, physics, and physiology, as opposed to lighter fare such as the history of rectation. Kasch dalin fenter this program, but in 1947 he returned to his summer dector and studies at NYL. The next year, when he got the job of them San Diego State, he moved his write and four children weylune to the East Gosst to continue working on his NHL. The aum to the East Gosst to continue working on his NHL. The aum to the San Constant of the Constant of the San Constant in Stringht Gipper trailer there exerv year all the wax from his Diego. Friegoth due are you that I that a shelf arcs to the San Diego. The Constant of the San Constant of the San Constant spect on the Dacksott, and one of them dept on the Boost And sex could drive all night. It would be dilegal today, but that show set readed. Jungle History of the Medical Constant of the San Constant was conditioned to the San Constant of the

sectrassical J pulsed that trailer 90.00 miles.

During the rest of the year, Kao impaled a theory group of ba. B. He couched germantic and freshman bashedl, and the supplet classes in subjects a sanger from archer 18 kinesis degree the study of human mevement. In his spare time, he continued running, despite the popular sentiment "that middle growth the popular sentiment" that middle growth and the study of human mevements, and self-middlegent. Planton has been bashed been invented yet, so to protect his self-middle growth and the study of the popular sentiment that middle growth and the study of the popular sent ment of the popular sent properties.

FITNESS

rush to the west of 55th Street. he donned leather track shoes that a cobbler in Norway made for him by hand. Sometimes he talked students into accom-panying him, even though Kasch's jaunts far exceeded what was then thought of as "distance running" in the high schools and colleges. "Then the high school cross-country run was 1.9 miles." Kasch says. "That allowed to go!" As for girls, Nobody thought about them running," he says, adding that in the 1936 Olympics, women were not allowed to run more than half a mile. "Because oth-

By 1952. Kasch had me

of energy in the course of a marathon. They need to be fed. "Maybe 20 or 25 people par-ticipated in it." the retired pro-fessor recalls. "Most of them were older people who didn't train year-round. They'd start of lemon juice, orange juice, water, and sugar, and I put it in ties that we could hand to loe. training maybe a month before

and again at 18 and 20 and 23. And he could drink it and throw the bottle away." The strategy worked. "He won! He ran the

ical doctor who worked with

ceurse in 2 hours and 45 min

rheumatic fever patients Rheumatic fever patients. Rheumatic fever primarily strikes children who ve been infected with a certain strain of streptococcus bacterium Bad case can inflame and even scar the heart. In the early 1950s, pedi-atricians treated the illness with aspirin, sulfa drugs, and com-plete bed rest, but once the plete bed rest, but once the symptoms had subsided, they had no way of assessing what activities the child could safely recommence. "How much func-tion do these kids have?" Kasch

says. "Are they allowed to run.

or are they only allowed to

walk?" His task was to figure out a way to determine the youngsters' cardiovascular One crude gauge was to count their resting pulses, but when Kasch did that he found on his back without moving for two or three months. regime that doubtless con-tributed to cardiac atrophy. When Kasch took this boy's pulse at 7:00 a.m. one more it was 120, he recalls, "It should have been 80 or maybe 90 at the most! But instead, the amount of blood pumped per beat was so little that his heart

rate had increased to 120. He could hardly get out of bed. Other children, however — like the one "little rascal" who had locked his nurse in a closet seemed indistinguishable from their healthy peers. To evalu-ate these kids, Kasch needed to make their hearts work. He says the common w doctors did this then was

fisten to the beating organ. That was the stress test of the 50s. Kasch tried to develop a sin lar test for the children, but h found there was too much va to enable comparison. He kno that some researchers had o up with "step tests" as an alte-native. The two existing on to help him develop a strea im Kensine 12-inch riser 24 times per mi for a total of three minute. When he took it back to Chica and tested it on 27 boys who had rheumatic fever, he four





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then tested. He says the aver-age post-exercise heart rate for the normal kids was around 90, compared with 120 for the chil-dren who had been sick.

atricians a tool for prescribing exercise for post-recovery rheumatic lever victims. And it soon proved useful far beyond that limited population. In 1958,

exercising on a regular basis with a small group of SDSU professors. At first they played basketball, but the games even-tually gave way to logging ses-sions. The members of this informal group seemed to thrive. but Kasch noticed that other weren't faring as well. They were beginning to develop high blood pressure and irregular heartheats and stuff like that.

1958, and he administered h a week, primarily in the men's gym. I would put them through

From 10 or 12 members, the group doubled in size. And then, "I made a very very seri-ous error. Kusch recalls. "We met through June, and then I found he couldn't reassemble

f vou re going to do this, you do it 12 months a year," Kasch says. He'd become convinced that such a full-time effort was worth undertaking. "So I arranged to formalize it through the university extension and the university extension and charge something like \$30 a semester. I had to get a minimum of 20 people because the budget was \$600, and the head of the business office was a hard nosed character.... Well, I got 17 to sign up and I needed 20. So I took 90 becks out of my

One night at a party, he

disease was rest, rest, rest, "Kasch

says. But maverick ideas were emerging, For Kasch's part, he felt the high-risk participants would be sate "because we kept

That's how we got started."

yiduals. "We had people with high blood pressure. We had people who d had heart attacks." The idea of exercising such peo-

kept the exercise for the heart patients] at a lower intensity. By the early 1960s, Kasch

was hankering to set up a more formal program for cardiac rehabilitation patients, and one able from just the man to help n do that. At first clance, D John Bover must not have looked like a promising candidate. A 42-year-old internist specializng in cardiology. Bover weighed 170 pounds and stroked a pack and a half of organetes a da. He'd stopped doing serious physi-cal activity while in medical school. Yet Kasch's meticulous work with the Adult Fitne Group fired the doctor's imag-ination. Bower recalls. "I thought, 'Gee, here's a guy who's way ahead of his time." Within a week or two, the cardiologist began walking and then jog-ging. He threw away his cigarettes and never touched them again. Within six months of meeting Kasch, he had shed 25 pounds and gained back sufficient car-diovascular capacity to com-

pete with many 20 year-olds. (He would go on to run in several marathons.)

He also agreed to work with the professor, though he found his lab somewhat primstep test then," Kasch recalls, and we didn't have any elec-

attached to ear pieces."
[Boyer! came into the lab. good about Jack is that he have a big opinion, but who he s proven wrong, he'il chan

cise physiologist/physica electroxardiograph, and by also step then," Bover says. "My co leagues thought I was crazy However, the vast majority sophisticated measurements of

it, for example), it's really "no arate the really highly fit per

activity - be it tooth brush

that pace - requires oxygen. The more strenuous the activity. sumed. And the amount of oxy-gen required for any specific action is pretty much the same Olympic athlete or a couch

The difference between the fit and the unfit person is their oxygen-burning capacity. Whereas an Olympic rower can use as much as 70 to 80 milliliters of oxygen per kilogram of their body weight per minute, the maximum oxygen uptake for the average 40- to 60-year-old American man is about 32 ml/kg/ininute. At the low end abilities means not only that the average or the unfit person can't do some of the things cite athletes can, but also that the things they all can do will feel strolling along at three miles an hore (an activity that burns abo a 10 milliliters of oxygen

per kilogram per minute) will use only a seventh or an eighth of the elite athlete's capacity, it

will tax about a third of the

calculated per kilogram of body weight in order to cancel out body-size differences. Kasch had taught himself

how to do the painstaking cal-culations back when he was working with the rheumatis tever patients. But at first he didn't test the maximum oxy-gen uptake of every participant in the Adult Fitness Program; he lacked the time and the budget to do so. By the early 1960s, however, Kasch was using the maximum-oxygen-uptake test

Fitter individuals can ut

I after individuals can uti-lize more uxygen per minute-because they're better at circu-lating blood through their bod-tes. Their hearts pump with more force and efficiency. Their veins and arteries allow the measure cardiac function than oxygen uptake, so since the 1800s researchers have con-centrated on the latter. They have typically measured max-imum oxygen uptake by hav-ing the test subject breathe into a gas-collection bag for a pre cise amount of time while work ing to the limits of his capacity (running as fast as he can on a treadmill, for example, or ped-aling as hard as possible on a stationary bicycle). After the exe tionary blockel. After the exer-cise session, analysis of the con-tents of the bag reveals how much oxygen the person was using. Since large people use more oxygen than small peo-



ple, had noticed that people with physically demandir

had fewer heart attacks. The notion that people might exer-

ning to reach a wider audience.

sore routinely, and bety more routinely, and between 1966 and 1968, he and Boyer relied upon it as a key indica-tor in the first scientific study they did together.

The World Health Oreanization was then declaring that coronary heart disease had

the ages of 39 and 60 who'd been sedentary for at least fix years. For a control group, Bover convinced six of his nonexer-cising patients to be guinea pigs ("Dr. Boyer could sell ice to the Eskimos," Kasch says with admir ration.) The two men made ration.) The two men made "ach test subject work out twice in the lab initially," to be sure we had good reliable and valid data." They found that at the outthe control-group members were in slightly better shape than the exercisers-to-be. Their maximum oxygen uptake aver-aged 33.8 milliliters per kilo-

gram per minute, versus 32.6. The experimental group per week to do calisthenics and also submitted to testing at those intervals. "Here were these couch potatoes that we tested all tho times, and they tolerated it

By the end of the study

nificantly after six months make much bigger changes in blood pressure." Kasch sa

the average maximum oxyge uptake among the nonexer-33.8 to 32.7 ml/kg/min), the exercising men had increased their aerobic capacity, on average, to 39.9 ml/kg/min. This represented a gain of more than

tion. By the late 1960s, research

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All prospective members begin by undergoing two days of comprehensive testing (for which SDSU charges \$290). Stu dents working on their mas-ter's degrees in exercise physi-ology check the test subject's lung capacity, record resting pulse and blood pressure, and fraw blood for analysis. They also weigh each person under water — the most accurate wa

eturns two days later, students strach electrodes to his or her hest. Then the person runs or sales on a treadmill while a ardiologist watches the heart's is the omto table, and she wor-red that it might hinder the subject sability to communicate any dangerous symptoms. Instead, graduate students use mumosseen uptake. Although Kasch, who loves precise data sneers at the potential for error in such estimates, Nichoi-

ness Program participants no research into aerobic capacity She says the point of measur ing the oxygen uptake is just to give the person a basic idea of his or her fitness level. The point of the stress test is to identify latent heart disease (which the test can do between 40 and 80 percent of the time, depending upon how many core nary arter-ies are blocked). Healthy people get a prescription for the of exercise they should be

exercise on their own after being tested. Others (who pay between \$120 and \$250 additional per year) participate in three-times-weekly morning or evening classes. Around 67 individuals between the ages of 38 and 92 currently do this. Some walk and some jog. Although the swimming classes have been eliminated, Nichols says strength training was added about ten years ago, and recently she's activities to improve balance

"There's peer pressure, pure and simple," he says, "Everybody keeps track of everybody, so there's no goofing off," Kasch says the social aspects of the fitness program have always beer, powerful. He sounds

But he has plenty alse to pre-

wife died in the 1970s, but about six years ago Kasch, at 79, mar-ried a widow from Wis-onsin They live in her house in Lake Geneva June through Doceni ber, then return to Kasch's horse in Kensington and stay until about May. Medical and scioad several times a year, plus research projects. For fun, he skis and hikes and Boogie boards and hunts deer with a how and arrow. With all that, he drove

month interval last year

If the sight of Kasch rur ing stopped being an oddit still rank as one. They look a bear no obvious logo, they were made by New Balance, Kasch

While the average life expectancy for American men is around 72 or 73, he says the average age of the 15 men in his study (including the men who died) is now 78.

Wherever he is, he tries to muscle work — "two or three sets of pull-ups, three or four sets of pull-tips, three or four sets of pushups, and two or three sets of dips." He does some stretching, and then he spends about 40 minutes work-ing his cardiovascular system. ometimes he rides his sta ntage of allowing him to

wide, with the first three toes in a straight line. Kasch also four "ripple soles" and stockpiled a bunch. He's worn the same

grain members. But he says another thing the regular test-ing of his long-term study has shown him is that declines in fitness don't occur in a linear And then all of a sudden— bong!—it went down again." His number was just below 35 in 1996, the last time he was tested. He thinks this happened because that year he developed

They don't provide any padding to speak of, but Kasch doesn't believe you need it. "Good padding is wrong," he you don't get back so fast at it

leclares. The idea is to have this adding to make it easy to run

on the hard surfaces. Well, there

was a study done by a couple

hat when you have this thick

our leg don't get the feel when your leg don't get the feel when you hit. For that reason, the muscles don't contract soon enough to hold tae knee joint

in place. But if you have a thin

and early '80s, "I used to train

coaching the Adult Fitness Pro-

In his case, his maximum

in his case, his maximum oxygen uptake stayed above 46 ml/kg/minute from 1964 until the late 1980s. Then it dropped

steady for another ten years

year and a half ago, he came

piratory infection. "So it's taken

And then all of a sudder

padding, the sensory n

morning, he was working or his conditioning by doing inter val training — jogging until he pulse climbed and then walk walked, Kasch reflected on a irony that has unfolded do fill a library, and Kasch says t American College of Spo Medicine claims that so third are obese, and the nuical activity for a minim according to the Surgeon Gen eral's 1996 report on physica activity and health. About quarter of all Americans 18

ities should work on gettin them to take up an easy act easier to sell to the sedenta the point where it protect

ver. Kasch confess they still refuse to get acti slow down in another block s omething out of me," he says. I'm slowly getting back. But on the street, stretching and

LETTERS

One recent glorious spring

ner sole, you get the feeling, and the quadriceps muscles will hold this joint in place so that it's not sliding around. But this goes against what would seem logical—that you need a padded shoe to take the shock." Kasch would seem to be living proof of the contrary view. For all the running that c's done, his knees ha bothered him. His calves and the skin that covers them is still nooth and creamy. Only when Easch starts to run does his age begin to show; after a block or wo, he has to slow to a walk. This galls him. Back in the '70s



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dio station that specializes in

air for over 18 years. To this

ter (sometimes we do more)

gram that strictly features San

Diego local music. Have you

tivating, and real. This is real

San Diego music. Again, do me

clubs. Overall, I feel it is up to us to make these guys know we support local music. Especially, out there and just see what this city has to offer. We have a greet circle of budding artists, you know. Many of them about to release albums. Even radio recognizes this. I work one night a week at a major ra-

decar, RA Brotherhood, or B there is no rock and roll in San Diego. And remember, MTV has done nothing but inspire of an hour to airplay local orig-inal music. The same station has a weekly two-hour prosome of these guys. Sparks should not hurt. Oh, and your ever really spent the time to lis-ten to how these bands sound? They are great. Incredible and original. Tasteful, strong, cap-

Marilu Glassman STANDBY SAN DIEGO A Bed Thing?

As a resident of Cortez Hill, the neighborhood in San Diego the most drastic redevelor in the city, I read with inte the piece entitled "Smashed Heritage" (June 24) relating the rounding redevelopment in San Diego but was left puzzled. How is the moving of the Ginty House it om its present loca-tion at Seventh Avenue and Cedar Street to the next block, where it will be restored a had

a building, by the way, that was beautifully restored three years ago, and have cagerly awaited the day when the Ginty house would be likewise restored. I'm

thing? I live across the street, in

left to wonder where perately needed) apartments as well as parking spaces, and a

move, is the removal of a chim ney that was already missing ap proximately two-thirds of it stead of placing the blame of

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misrepresented both our fa-cility and our goals. The bias of s untrue. That conjures up pic-tures of bare plaster walls and naked lightbulbs hanging from the ceiling. Our center was built to be a child-care center. The only original parts of the structure that were not custom built to our specifications are the outside walls. Had you bothered to actually look at things on your tour of our fa-cility, you would have noticed things like the nurses' station, complete food-preparation farooms. These are not what you would expect to find in an "in-dustrial" building.

As for the matter of the time clock that the children punch in

and out on: you may have found it odd, but the time cards ou again. Because we have a large population of special-needs children here at the center, we frequently have one or more children out of the class-rooms for their various therapies doctors appointments

Care. Liteel that you have grossly uation. While children need one on-one attention from their parents and families, they also need peer interaction, such as is found in day care, to de-velop socially. Additionally, day care provides a safe, mentally stimulating environment that encourages development of the child's mind. As to the necessity "Would they be better off at

Would they be better off at home with a parent? That question seems simple; how-ever, any answer given could be misinterpreted if taken out of context. Each child is different, and each situation is differ ent. Yes, some children will do better if they stay at home with a parent longer than others. But again, that isn't always an op-tion. Some children crave social contact with other children

"If the parents could, would the child be better off at home with them?" I xclusively? For with them? Exclusive/e? For how long Months? Years' How do you expect any social de-velopment if the child is shel-tered from the outside world until Kindergarten? 'es, they can get more one on one at-tention, but at what cost lima-jone, too, how traumate, the first has delineared. day of kindergarten might be, if children do not receive the op-

den as peers. Now I ask vou, is depriving a child of such valu-able knowledge and experience a good thing or a necessary Chris Raccisio, COTA Bob Dylan Is Cooler Than Everybody

mon? ("Of Note," June 24) Both are great artists. But if William Frain doesn't under-stand why Bob Dylan is cooler than everybody, he shouldn't

Elitist And Arrogant

with the readers of the SD

tify with the diner, not feel like a second-class diner. Eleanor

loval following in San Diego, bu who are your primary readers. Walter White

to come to me and my family. To the person who wrote the article about the gay people a few weeks back, about they're good, they're kind, they're

quiet, they pay their rent on time ("They Pay Their Rent on

ter, watch out. They don't cure

they do? They call you "bitch

if you complain about what they do; they call you "butch" in front of the public. And if you dare call them "faggot"

your door to put you in hand cutts and throw you in jail litey want everybody to love them, but beware, they're mas-

queraders. They say "I love

you" on the outside, but in the

against the straight people.

because I have been threatened

turned on the water and left it

Backstabbers Masquerade I wish to remain anonymous because I don't want any harm

had with them - "Oh, I love you" on the outside; their su-perficial, masquerading two faces — "I love you" in front of you, and stab you in the ter bills before you rent to them and after they move in. All those beautiful, lovely flow

food should be prepared, since the had it this way or that way by this famous clict or that ta mous chef. I'm glad Tomiko of Tomiko-Restaurant stood up to Eleanor and told her the

Calendar

Thoroughly Hog-Dressed

Oceanside's 15th Annual Shark-Fishing Tournament

Local Events: Highlight and Guide

Classical and Guide

Gallery Guide

Guide

page 81

Movie Review page 111

Restaurant



EVENTS

LOCAL

hoisting it on the scale. inspire you to buy a boat and

large quantities of fishing equipment. The annual make cor gets underway at 5:00 a.m., when ournament director Nanci chumming all night, filling the sea with attractive fish parts, it

you can fish for bait, watch Jaws on the boat's VCR, read Henningway, or thumb through Sharks in Question: the Smithsonian Answer Book, from which you'd learn that an entire reindeer was once found inside a Greenland shark

threshers, or blue sharks as well as hammerhead steaks almost as much as



she says, and why kill a shark you can Mako Shark-Fishing Tournament Saturday, July 10, 5:00 a.m. to 6:00 p.m. Sunday, July 11, 5:00 a.m. to 7:00 p.m. Oceanside Harbor

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Talkin Turkey, California Fish and Game biologist James Massey discusses wild turkeys at 7 p.m. on Saturday, July 10, at William Hesse Lounty cark, 14945 Heise Park Road, Dald 19-694-3049 for details. From James 1

Gold and Turquoise, take a bird walk in Lopes Camoon—part of Los Prinsaguists Camoon—part of Los Prinsaguists Camoon Process—to look for Blue grosseaks and goldlinches along with other "axion wonders" at 4-80 p.m. or. Sturdas, 10½ 10. The 15-boute false starts in the westernd parking area off Sor-crito Valley Boulevard. Free 619–484-3219. Worr startly shoes 05088(5) 044815.

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Birds of Prey, five raptors visit fl

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this Tuesday, the 13th, at the incon-venient time of 4:32 a.m. Low tide the following morning (+1.5 feet)



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From Gold Mountain to the New Millennium' is the theme for the sixth annual Chinece American Con-ference running from Friday through Sunday, July 9-11, at the University of

Finnish Art and the current enthu-stasm for paper as a medium is the subject when Mary Gregors, an American artist living in Finland, speaks at 7 p.m. on Friday, July 9, as

The Mummy in the Drawing Room.

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Grief Is Universal, a process that heals loss. Learn how it can be used "to produce unprecedented growth if understood and experienced in a if understood and experienced in a healthy way when Esleen Cauley discusses: "Grief Healing the Loss: a fe/50 pm on Monday, July 12, at Rancho Pacifica Health Center (758 Rancho Santa Fe Road). Free, To make the required reservations, call 760-943-1567. (PICDEMAS)

What's the History of the Durban Botanical Garden? Find out when Chris Dalzeel, curator of these South African gardens, presents a slide-th-lustrated lecture for the San Diego (a) C. at 6.30 p.m. Plant experts will be on hand to answer questions during the plant forum following the talk. The meeting takes place in the Surfside Race Place at Del Mar on the Del Mar Forgrounds, 760–630–7307.
Admission is free. (DEL MAR)

Ringing Thunder Lectures, UCSD physics professor loseph Chen discussor The Conting Together of Aesthetics, Science, and Technology at 6 p.m. on Toesday, July 13, at the San Diego Museum of Art. Tickets are 59 for nonmembers. For information, call 619-696-1966. (BALBOA PARIS)

Bake to (Beer) assets, cern observed of brewing a German-style Hefeweizen when Balliva Point beew-master Peter A'Hearn conducts a class at 6 pm. next Thursday, July 15, at Home Brew Mart (540) Linda Vista Road). Call 619-295-2337 for Carrein Ja Cond Cr. Why Our University Conduction Conducti

The Nazi Olympics are explored in

trology" is the subject when yedic as-trologer Chakrapuni Ulai speaks at 7 p.m. next Thursdas, July 15, at Master Yoga Academy (792 Fay As-enue) Free for information, call 619-454-6778, it a Octob colibita at the San Diego Natural His-tory Museum—concludes at Tran-on Wednesday, day 14, swith a talk en-tried "Diamonds". The Ultimate Roserta Stone" by Vincent Manson. During the Ecture, Manson reseals how scentists "read the socrets locked within diamond crystals, interpret their stockes, and provide—an orac view of hustory. "Admission in 88 for mon members. To receive a spot. data 19–227. Sept. 2003. doi:10.1016/j.j.

IN PERSON

The Nazi Olympias are explored in the current exhibition at the San Deego Hall of Champions. In conjunction with the Champions in conjunction with the clothin Marlene Oscens Starkin will participate in a journel discussion focusing on "less of Oscens's Legasty" at 7 pm. on Wednesday, Joh J. Retalind, daught of Champion of the Champion to Older Hall San Deep Champion of the Champi The newly relocated facilities are found at 2131 Pan American Plaza.
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Laugh Out Loud, the Comedy ridas, July 9. The suggested do-on is \$5. For information, dial

Wisdom: A Practical Guide to Croncing Through Love at 7 p.m. on Friday, July 9, at Barnes and Noble (1174) Critical Mountain Road). Free 619-624-1055. (CARME: MOUNTAIN)

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dance floor will be provided. Scripps, Park is found at the foot of Grand As-mice. Prec. Table 104 645-815 for the 104-1045 for 104-1045 for Art Door performs at 5 part, on Sunday, July 11, Ore the Carmed Va-les Jommes Secretades '99 at Carmed Carcel 'Park 12510 carmed Carmed Carcel 'Park 12510 carmed Carmed Secrib 104-105 carmed Carmed Secrib 104-105 carmed Carmed Secrib 104-105 carmed Carmed Secript Secrit 104-105 carmed Carmed Secript Secrit 104-105 carmed Secript Secr

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Comedy Night is set for Saturday July 16, in Senside Hall, featuring MC laly f6, in Senside Half, featuring MC. Steve Ostrow and "cosmic rapper" Russ Phelps. Sign-up; begin at 7 p.m., and the show starts at 7.20 p.m. General admission is \$10, with a \$5 discount for performers. For more information, call 760-436-5431. (EXCIVERS)

byterian Church (320 Date Street, at Fourth Avenue). Expect to hear tunes from the '20s through the '90s. The performances are preceded by ice cream socials at 2:30 and

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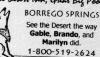
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and under. Many of the smaller ships will

THE VIEW FROM ALGER'S WINDOW



the standard and the chronic or change is the animal and the chronic or change is the animal and the chronic or change is the chronic or change is the chronic or change includes whitaker Channers; animals outraged in the chronic or channers; animal or change is channers; animal or chronic or channers; animal or channers is channers; animal or channers in the chann

eloquent use of a parent's letters, as Tony Hiss has done. Anyone curious ac-

Author: from Hiss only child of Mger and Priscilla Hiss was born in 1987 in: Washington, D.C. Hiss's father at that time was a New Deal bright star. A Harvard Law School graduate, the elder Hiss clerked for Sugrence Court Jastice Oliver Wendell Holmes. He ionized President Footseeth administration in 1983, first in the Agricultural Administration in 1983, first in the Agricultural Administration in 1983, first in the Agricultural Administration was central given at the Agricultural Administration and then, in 1936. Hiss went to the State Department. Hiss was central present at several critical points in United States history: he accompanied President Rossecred at the 1945 Valta Conference and shortly after Rossecred shell, his was a certral figure at the San Francisco meeting that foundation, the Conference of the Prisciples of the Conference of the Prisciples of

hard Priscillat liss as a tocker and Tony enrolled there. Life must have been pleasant for the Hisses.

In 1945, a plump and rumpled Time magazine editor, Whittaker Tambers, went before the House of Representatives Un-American Actionic-Cambers, went before the House of Representatives Un-American Actionic John Chamber of Cambridge and C

The brouhaha that surrounded the Chambers-Hiss confrontation hearings, and trials was small cut to that produced in this crab (vol. Simpson's nurder trial. Everyone during those years had an opinion about Hiss's guilt or under trial. Everyone during those years had an opinion about Hiss's guilt or unoscince and chambers's veractive of lake of same. And, 30 years later, people who were not even alive in 1948 still hold surprisingly strong opinions as to whether Hiss or Chambers to the truth.

The View From Alger's Window; Alfred A. Knopf, 1999; 241 pages; \$24

Tony His was seven when the troubles began. His life was irrevocably changed. Although he was allowed to consume the control of the control o

it was our apartment, not my parent's apartment anymore, and suaderny the grateful to them for having found it and for having brought some nice furniture up from Washington that we could still make use of and we've been very hoppy ever since. What was once my room is now my son's room. A nice from for a kelt.

When, after Hiss's mother's death. Tony Hiss and bis wife moved back into his parent's old apartment, he found in a closet a box filled with letters his father had written from prison. These letters are at the heart of the text of The View From Alger's Window.

Hence in a dentity map plane. It is easy in a fine sea in home from prison, from from clips? I Stradage letters mr, dad serves to use at home from prison, there were all the letters that my mother and 1 and has brother and brother in the home from the letters are seen as the sea of the letter and be hot prison. He was a week he was released as week my dad was sending home and seven letters a week he was receiving, all during this time of his incarceration. Also, there was the correspondence between my mother and father going back to 1924, the year has had not on an accurating upon to Europe, one of the first years of cheap that the sea of the season of after the fact. But here in his letters were the very critical years in any gamma, up that were recorded in such among detail."

Before he began work on what became 'The View From Afger's Window, His vosted the cell where his father lived.

'I think that was the other thing that unlocked this book for me. Not

TOP CAT LIMOUSINE

ou 109

often are you able to acknowledge a profound debt of gratitude to the federal prison system, but it was people at the Bureau of Prisons who made it possible or my swite and in to go, and visit the every cell that win dad had lived in, this room that he had never been able to leave and that I had never been able to iterate. For 44 months, Standing in that little room and feeling the weight of that place on my shoulders, I was more than ever amazed at the beautiful, systling letters he had here able to write home to me. To me these letters really are a window into a soul. One of the romies of the story is that it was aftered and place between the soul professions and the story of the story is that it was a few collapse, the story of the story is that it was a few collapse, the story of the story is that it was a few collapse, the story of the story in the interest me in my tions on a places in a clast ig an too good irricats, for the next time in my life my world-traveling father was in one place, and in a lump kind of way I had bim all to myself, in another irony it was in this place that the innermost parts of his thoughtfulness and caring and sweetness and sense of humor and even silliness came bubbling up to the surface. Of all people, I was the existent of the I world in the surface of all people. recipient of this. It made me realize that I was in a position to help people ser

even silliness came budding up to the surface. Of all people. I was the recipient of this I made increated that I was in a position to help people see a human being behind the headlines, to show the many dimensions of a human being behind the headlines, to show the many dimensions of a surface of the surf

in Westminster, Maryland. The sister is married and lives in San Francisco.

It must have been a very hard life for them, I said.
"I would think it must have been." Hiss paused, then added, "I am sure they are proud of their father."



"For some people," Hiss said, "it is still a current event and not an historical event at all, and they debate the subject vehemently and passionately. I think it is possibly because both figures, Hiss and Chambers, became iconic emblems of the Cold War. I think particularly since the 1980s when Whittaker Chambers was officially elevated to such honored status with President Reagar

that some people seemed very threatened by the idea that perhaps Chambers was not telling the truth.

"Oddly, there are those for whore it is still today's news. But, then, too many people remember nothing about the case. Stath Teick I often to not until more are those for whose it is still foday a news. But, then, too, many people remember nothing about the case. Stath Teick I often the went out into the streets of Chicago in the 1990s interviseous people, asking. Who's Algor thise? And other man I oft him. Blak, blad Jaharer, poin to trouble with the government. Another man said. Nazi sp.: Of some effect are people in their 28 who don't know who you are talking about at all."

I said that I would think it difficult to always be expected to defend his

decision I was able to come to as a college senior was not to become a lawyer, so I didn't become a lawyer, and I didn't become an historian and I didn't become a Cold War researcher. With my father's encourager long first trying to create a life that wasn't just being the son of Alger Hiss. i've spent my life writing books about cities and landscapes. The only kind of book I could write would be a personal book, not a political book."

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amprove your concentration, tract nyour personal goals, and intensity's your sparitual life, both men study with Spiritual Master Sri Chimmoy (pictured Jedow), Mahiyan owns one of the oldest vegetarian resourants in San Diego: Nyoti Binapa, Sujantra has authored 4 books on spiritual philosophy and lectured in over 20 countries.

and Sujantra McKeever, who have meditated daily for over 20 years. You'll learn how to calm and quiet your mic-3, improve your concentration, reach your personal goals,

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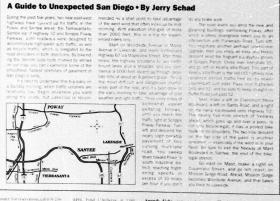
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through stackegates are seen and the state of the stackegates are seen as the stackegates are seen as the stackegates are seen as stated as the first 8 apparatus 84 and 84 are stacked find the three and older are mixed. Find the store at 7755 Grand Accente and by alling 619-454-3518. Free La Stor. Improvisation and "Combo" Play-ing, supported by selevant music time, supported by selevant music temporary times and the property of the selection of the first supported by selevant music temporary times and the property of the selection of the selection

and do a craft.
The fee is \$15. The aquatium is found at 2300 Expedition Way. For the required reservations, call 619-534-7336. (AT-OLEA) callists 543: Two organics and Guide Wiley State 2004; which Designed Wiley Ward High, the appraish — and mearly always to make Up in the State 160; if any organic and benefit of Charles 160; if any organic and charles 160 Look, Up in the Sky, It's a Young Engled Hown Hold on the site of the Young Engles Hight Day on Status-day, Illy 10, from \$30 am, to house, Kids 8 to 17 years old will har astey briefs and get information on air-planes and then take an arylane rade, approximately, 70 minutes long. The event, housed by the EAA Clay-ter 14, a free, 10 reserve a your and get directions, call 619-262-5331, 1834 55500.

What Does the Moon Seef Find our when And Jife Moon Could Talk is read during the story time starting at 60 am on Tooday, July 13 at Barnes and Node (1174 Carmel Mountain).

Make a Dr. Seuss Hat and starting at 11 a.m. on Tuly 13, at Barnes and No

How Have Drama and Theater De-veloped from primitive man to the modern day as antigarded find on when the Carmel Valley Library but-

Children's Discovery Museum North County, the mu

signed as an educational envi-ment through art, science, and activities targeted for childreningh 12 Look for a medieval tle, magic mirror, mini-city, and

Improvisation and "Combo "Pays" ing. supported to selection music, the ore, intermental section work, and sure intermedial section work, and sure intermedial section work, and sure intermedial section work of the 32 to 50 pages better callege (22) Mess College Driver, Serons, just suches, "from 120-27 are course aged to participate. To reporte call selection ("Sort 120-27 are course aged to participate, To reporte call selection ("Sort 120-27 are course aged to participate, To reporte call selection ("Sort 120-27 are course purpless of sort 120-27 a Fore! The Lawrence Welk Reset

MUSEUMS

(Art museums are listed in the Reader's Guide to Art.)

Antique Gas and Steam Engine Mn steam, and horse powered equip-ment related not not be agriculture, but to the general development of America. The collection is made upof equipment used in lumbering, min-ing oil driffing, and construction or in-dustries. In addition, the museum ha-alsaksembit and subschreight shop, a country forcher and purlor, a steam operated saw mill, and IJS-sele train. Find the museum at 2010 North Smit Fe America for further declara-cal 750-941-1791, crista.

Bonita Historical Museum, collec-Cantanzaro, Diane Cousino, Jesse Thompson, Florence Walker, Mary Weldy, and Eva Wohlert are gath cred in "Dolls, Kids, and Toys," on exhibit through Friday, July 23.

The museum highlights the his-tory of the Sweetwater Valley from the mid-1800s, with historical phothe mid-1800s, with historical pho-tographs, artifacts, tools, and farming implements: the district's 1953 fire engine, and bound copies back to the 1938s of the Chulu Visus Sur News. Find the museum at 4035 Bonita. Road. Dial 619-267-5141 for addi-tional information. (80%)TAI.

tional internation, involvid.

Chinese Historical Museum, pho-tographs by Yuan Yi-Ping, chief sour-nalist of China's People's Pauly, are gathered in "A Phistographic Tour of the Ancient Architecture of Shan-dong, China." Shandong provinces located in the cast of China, noted for its discressiv, aestheric locutts, and a "unique sylved of architecture." The exhibit continues through August.

sits on five acres of landscaped grounds with a formal English Ro-mantic garden Built for civic leader

december and car providing a few manageria of a color and color an

Chula Vista Heritage Museum the museum features glimpuse of Chula Vista's past, the opening cabibats in-clude Jemon packing carate Jabels, photographs of downtown Chula Vista, doors and adobe blocks from the original Star newspaper building. and relics, from the Oray Wing, and relics, from the Oray Wing, the Company Find the museum at 360. Third Avenue, For further informa-tion, call 619-420-6916. [CHILA VISTA]

Command Museum of MCRD, arti-facts from the beginning of the Ma-rine Corps to the present are dis-played, with special rooms dedicated played, with special rooms ochicated in to ribbons and medals and to the Bover Reclelion. The museum is lo-cated in Building 26, just inside Gate 4, off Pacific Highway, 619-524-continuing chibitons include "Sim-

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statistics William Helbatta and Irst ing Gill, the Marston house design is in keeping with the earl's 20th Cen-tury American Arts and Crafts period, which emphasezes simplicity, func-tion, and natural materials. The mu-seum is located at 352.5 Sever. As-enia; 619-298-3142, installed.

House of Pacific Relations, International Cottages are open every Sunday from noon to 4 p.m. to pre-sent the history and traditions of 30 seth the mounty and traumtors of 30 eriming groups. Select cortages are also open on the fourth Tuesday of every month, from 14 am, to 3 pm., and Children Around the World videos are shown in the 14th of Nations on the fourth Tuesday of every month. 617-538-4069, (BALBOA PARK)

Museum of San Diego History, Muxum of San Diego History,

"San Diego Ali m a Day's Work," a
photographic childret taken from the
over 2 million images in the San
Diego Historical Society's photograph archives, continues through
Saturdas, August 14, with San Diegama at work throughout the past 100
years.

Ongoing childris include, "Eden
Ongoing childris include, "Eden
on the Diegot San Diegot," Ones for

Water." The museum is located in

Creation Mexicos, Tightons, 639-324

Creation Mexicos, a miscouring collection conded "some control of the cont 619-238-1233. (BALBOA PARK)

Isolations of Am Degis from the Early 1905, since the Year 2005. "Automa bloke representative descriptions 2005." Automa bloke representative descriptions 2005. Automa bloke Scatterin American Scatterin 1905. Scatterin Automa 2005. Marilla, 1905. Scatterin Automa 2005. Marilla, 1905. Scatterin Automa 2005. Marilla, 1905. Volksagen Beefe, at 1905. Hadron Berner, 1905. Corrant, and more, 1906. Automa, 1905. Orant, and more, 1906. Automa, 1906. December 2005. Marilla, 1906. Marilla, 1

play through January 31, 2000. More than 80 automobiles and motorcycles from horseless carriages to future prototypes are included in the museum's permanent collection. Find the museum near the Starlight Bowl; 619-231-2886. (BALBOA PARK)

San Diego Hall of Champions, the museum has reopened in its new fa-cility, the restored Federal Building, with the touring exhibst "The Nazi cilis, the reasoned Federal Budding, with the norming collish." The Naza Olyapus, Refind 1986. "On the excel of the property of the property of the myths of a praceful Germany and Asyan racial uppersors, The child-tonic epithers the Naza' exclusion of German Jewah Bullers, the emange German Jewah Bullers, the emange control levels the Naza' exclusion of German Jewah Bullers, the emange control to the Company of the Collision of German Jewah Bullers, the company in the Collision of the unprecedented success of African American athless. The observed panels, and Gim Footing of the unprecedented success of African American athless. The observed public panels, and Gim Footing of the unprecedented success of the Collision of the panels. The Collision of the Collisio

museum features permanent exhibits documenting the history of San Diego's waterfront and the building

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of the West Coast by sea, including exhibits concerning the old San Diego-Coronado ferryboats, the tuna

San Diego Museum of Man, unravel the mysteries surrounding the ago-old art of mummification in the exexhibit are a multitude of inummi-fied bodies and hundreds of related cred skulls, and shrunken heads. Egyptian. Peruvian, and Mexican

according to curator Grace lohnsor The works fit into three categories day, September 30. The works fit into three categories daily life, political life, and religion.

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Campions is now daily the political tile, and religion.

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San Diego Maritime Museum, the museum between neutral public talents to the museum's annual

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All the musicians seemed to have the spirit of this arch-Romantic music in their souls.

ubtlets, power, and truth, and the technical ommand of violist Cynthia Phelps, cellist

Ronald Thomas, clarinetist Antony Pay, and pianist Ann-Marie McDermott was of such easy confidence that the listener scarcely noticed it. What one did notice was the dominant role played by McDermott, who appeared in all of played of sectionals, who appeared in an in-the four items on the program (each of her col-leagues played in only two), and whose impassioned, assertive character imparted an overriding tone to the whole concert. One was particularly aware of this in the two Schumann orks: the Fantasiestücke, Opus 73, in which McDermott was partnered by cellist Thomas, and the Marchenbilder, Opus 113, in which her collaborator was violist Phelps. "Partner" and "collaborator" are operative words here, for the piano part — as one would expect from Schumann — is quite as prominent and expressive as that of the cello or viola, never retiring into as that of the cello or viola, never returng into the background as mere accompaniment. This equality was recognized by the fact that the pi-ano lid was fully raised, and that McDermott, while thoroughly sensitive to matters of balance, nevertheless played throughout with a largeness of tone and power of attack that drew quite grand sounds from the Yamaha (a make

All That

Vicente Fernandez

Lauryn Hill

Bad Company

Earth, Wind & Fire

Mötley Crüe Santana

Brian Setzer

Tom Petty

Kenny Loggins

ta Roustadt/ Em

The first chamber masi, concert of this summer's Main's Morart Festival was as immercan get. The slight qualification ("does not reveal and lack of the influsions on may part. It is simply that, in the nature of things, no performance — even the most wonderful — can be defiative. The modernate of the summer of the modernate of the summer of the modernate of the summer of the su tively in the reflective and subdued final piece, with its Eusebius-like melancholy ("Eusebius"

> egos).
> As for the Fantasiestiicke, the clarinet ver-As for the Fantaseetiicke, the clarinet ver-sion perhaps has the edge among Schumann afticinados, but the cello can be a gorgeously cloquent advocate for the music, as it was in Konald Homas's intense, rapt, yet fascinatingly invased turned performance. All three musi-arch Romantic music in their souls, the spirit of ephemical emotional states, by purified artis-tic autobiography, and —as the titles precisely indicate — of fantasy and fairy stated. The rest of the program consisted for two clarinet times. Movarat's Regolatif for clarinet, clarinet times. Movarat's Regolatif for clarinet, clarinet times. Movarat's Regolations are light unusual, if not unique (Mak Bruch wrone light) unusual, if not unique (Mak Bruch wrone

clarinet, cello, and piano. Both combinations are highly unusual, if not unique (Max Bruch wrote a trio with Mozart's instrumentation), and both emphasize darker timbres than what one is used to in more conventionally scored trios with vi-olin. Otherwise, these are radically different pieces of music, the Mozart all serenity, grace, and insouciant charm (only Mozart could combine those "light" qualities with such a sense of

profound, heavenly beauty), the Brahms radiant with stoical sadness oranne faciant with stonal sadness, an acceptance of the inevitable sor rows of life, and at the same time a subdued, deliquescent you in the ripe wisdom of old age. The performers of each trio probed its essence with a consummate stylish essence with a consummate stricking mess, who could fail to perceive McDermort's dramatic transformation as he pass of from the deficacy and wird of the Mosart to the rich passions and reflictations.

Especially impressive was the contribution of Antony Pay, one of the world's great charmetest. We have wateful a long the stricking of the measurement of the measurement of the measurement of the measurement of the size of th

quently visited by such other masters of this instrument as Richard Stolyman and David Shifmi. It both the Mozart and the Brahms true, the audience bad ample opportunity to become aquanted with Pays distinctive mixture of objective yand feeling, the superby and technique, the superby and technique, the superby and technique, the superby and technique, the proposed of the most intimate, moment by moment reality of the most intimate, moment-by-moment reality of the composer's thought, with all the greater impact. It is a manner characteristic of a small effice of clarincitists, among shom the supreme example was the incom-parable Reginald Kell. Antony Pay-is Kell's worths successor, as this con-

cert proved.

(I should note, by the way, how much more positive my reaction to the Brahms Trio was in this luminous performance than when I heard it in last summer's SummerFest—the decisive difference being not the clarinetist but McDermott's sensationally idiomatic approach to the piano part.)

Opus 113; Mozart, Trio in F. flat, K. 498 "Kegelstatt"; Brahns Trio in A Minor for Clarinet, Cello, and Piano, Opus 114.

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GALLERIES

The "Summer Soiréee" starting at 6 p.m. on Friday, July 9, at Divan Studio features work by artists David P. Cooke and William De-

"Images of Israel and New York" opens with a reception for the daw at 2 pm on Standas, Inbt 1. Both photographers are used to be "pro-potents of the representational photograph" internating," the power of the first and standard productions of the power of the first part of the production of the prod reception for the artist at 6 p.m. on

Friday, July 9. Regular gallery hours are Tuesday through Saturday, 10 a.m. to 5:30 p.m. Find the gallery at 7661 Gi-rard Avenue; and by calling 619-454-3409, (LA JOLLA)

If it's July 10, it must be time for Zud-Startida's Econdido events for cul-ture craslers. The Zud-Startida's hap-penings — from noon to 7 pm.— are free, monthly, self-guided tours shrough Ex-ondodo's expanding cul-tural district. Guests are invited to stroll through open galleries and stu-dios and watch demonstrations. Maps and brochures are available. For information, call 760-480-4101, r55000000.

"Sister/Sister," a multimedia exhibit by Arzona artists lo Andersen and Lori. Andersen, opens at the Pard Hall Gallery with a reception at noon on Sunday, July 11. See the show from 8 ± m to 4 p.m. Monday through Fridax, or by appointment, through Sunday, on by appointment, through Sunday, Angust 1. Find the gallers at the First Unstafar Interest Unstafar in Universalist Church. 1190 Front Street. Call 618, 936, 937.

California Center for the Arix Mu-seum, Ariel Adams I void his entire that the Common of the Common of the daring his 50 year career he pho-tographed muss cares in the state, although his images of to-commo and the Serra Nevadas are gay 40th his best known in "Aniel Adams & Cali-fornia," and the California aringost, which were also although the California aringost, which are the California aringost, which is a common of the California aringos of the Californ State's rural agricultural areas, small rooms rural agricultural areas, small-town architecture, and urban views. The

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ings), John Huggins (photographs). Edward Ruscha, and Johnny Cole-

way1: 760-738-4120 (ESCONDIDO)

Mingei International Museum of Folk Art, works ranging from jew-elry to large sculpture by 18 Finnish artists are collected in "Paper + Fin-

Actions from the Seyspeed Seys

show includes early and later points of the came or closed subjects, with differences in scale, apper, road wide, and croping apparent to demonstrate how the photographe's scale scale, and croping apparent to demonstrate how the photographe's scale scale, and scale scal gust 1.
Objects from the permanent col-

619-79-0033, 20x100-10000.
Macure of Contemporary Art,
Doundrow, the museum's collectmone from the Preprince of Collectrons. The 1990s. The collistions
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Michael Steiner, 1990s. The 1990s.
Michael Steiner, 1990s. The 1990s.
Michael Steiner, 1990s.
Michae Craig Kauffman. The snow closes on Sunday, July 18.

artist are collected in Pigues 1 in the 2 · 10. The macune is Ban American Inde 10. The name of paper is a training did not be given in the discontinued in the continued in the foundation of the collection of the discontinued in the control given a medicinum al particular and amount of the collection of the discontinued in the control given a medicinum al particular and control given in the control given

Museum of Contemporary Art, La Jolla, contemporary life, art history, and global cultures are referenced in the realist images of "A Unique American Vision: The Paintings of

Find the museum at 700 Prospect
Street, 619-454-3541, It A IOLA:
San Diego Mus

Upcoming events include

FRIDAY JAM! Featuring Freddie A and the Swing Machine Friday, July 9 • 5:30 p.m. • \$9

RINGING THUNDER LECTURE
The Coming Together of Aesthetics, Science, and Technology*
presented by Dr. Joseph Chen
Tuesday, July 13 * 6:00 p.m. * \$9

SEX, POLITICS AND VISUALITY
IN CHINESE CINEMA
The Emparor's Shodow,
the most sepansive film ever mode in China
Wednesday, July 14 * 7:30 p.m. * \$7

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Oceanide Museum of Art, nature and technology are combined in the art gathered in 'Neon'Nature'. The five participating California artis-combine natural elements with neo-gas, electricity, and glass tubing: the exhibit features sculptural design-unrelated to commercial signage-by guest curator David Svenson Brum Coleman, Candice Gavine, Ku nio Ohashi, and Jan Sanchez. See th gust 22. The museum is located at 704 Pier View Way, 760-721-2787

Hord" includes some 95 objects from the Franklin D. Roosevelt Library Organized chronologically to illustrate Donal Hord's lifelong experimentation with materials — the cotta: watercolor, plaster maquettes and pencil-on-paper works. See the exhibit through Sunday, October 10. The museum is found at 1649 El Prado, call 619-232-6203 for infor-

MUSIC, MOVIES AND MORE by possessions to enable him to con-tinue to live the life of aristocracy and AT THE SAN DIEGO MUSEUM OF ART!

power in the afterlife. See the show through Sunday, August 29. paintings, Spanish old masters paint-ings, American art, 19th-Century European paintings and sculpture, and the Weisman Gallery of Contempo-rary California Art. 619-232-7931. (BALDOA PARK)

Calendar THEATER

THEATER LISTINGS

Body 18, 45 (2009).

Rough Nights - 400 mentals tribute (Voltas, Philips, 200 mentals tribute (Voltas, Philips, 200 mentals and of the bottest shows in traver, but if probably next a Stargeon Centrology of the Centrolog got heart, verve, style, and it cap-tures the tinsel-tinged spirit of that

flaky decade. Worth a try.

CULY THEATER, 338 SEVENTH AVENUE. DOWNTOWN, OPEN ENDED RUN; THURS DAY THROUGH SATURDAY AT 8:00 P.M. SUNDAY AT 7:00 P.M. FOR INFORMA TION CALL 619.338-0526.

Comedy Codependents

Normal Heights.
CREATWITY CENTRE, 4716-32ND
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EVERY MONTH AT 8:00 P.M. (NOTE-FOR THE MONTH OF AUXY ONLY, COM-

The Comedy of Errors

Palomar College presents Shake-speare's comedy about sets of twins, separated as infants, who cross paths as adults. David Boyd directed.
HOWARD BRUBECK THEATRE, PALOMAR COLLEGE, FRIDAY, JULY 9, THROUGH JULY 25, FRIDAY AND SATURDAY AT 8:00 P.M. MATINEE SUNDAY AT

Martin, and Austin Tichenor's condensation of U.S. history.
PINE HILLS CODGE DINNER THEATER.

First Fridays

The San Diego Guild of Puppetry offers an evening showcasing pup-pet plays, stories, sketches, variety, and ventrologuism on the first Fri-day of every month.

Footloose
San Diego Playgoers hosts the West
Coast premiere of the musical,
based on the movie, about a "free-spirited kid who reminds a local DAY AND SATURDAY AT 8:00 P.M. SUN-DAY AT 6:30 P.M. MATINEE SATURDAY AT 2:00 P.M. AND SUNDAY AT 1:30 P.M.

either the Theatre in Old Town or a purgatory where the Plands got stuck, is swillly drab for such a perks show, though Jane Resman's savey lighting knows when to tacak the bright-mers. (Note: Cur-rent cast members are Michael Dalager, Scott Dreier, David phrey, and Kevin McMahon.) Worth a try.

Gypey
The Moonlight Amplitheatre
open sis 19th summer season with
the popular musical about Gypey
Rose Lee, Don and Bonnie Ward
directed and choreographed,
MOOULDIT AMPRITHEATRE, THEOLOGY
ALV T.R. WIGHTS ON THEOLOGY SLY.
DAY 81 800 P.M.

In the Heart of America
An anti-war drama, even anti-Gulf
War. Naomi Wallace's script combines realism and surrealism to depict life for marginalized people:
two Palestinian Arab Americans, a

The pace was singgish, the acting unesen (basic stuff-like actors not connecting with each other), and several actors weak vocally. Some plusses: David Weiner's set plunks prison. Death Wenner on stilling and control and a doese in the least lift for space, Jennius Fenton's contame, and Christopher Wide is lighting emission and the state of the for officialdom's endless hype. The

Worth a try.

BOOPM SUNDAY AT 7-DOPM

ne's musical about what happens to tary tale characters supposed to five "happly ever after." Brian Wells directed.
STARLIGHT BOWL, THURSCAY, JULY R. HERNES SAY, HHROUGH SUNDA AT BOOP M.

Jesus Christ Superstar

Joey and Maria's Italian Wedding

DillStar Productions presents an interactive wedding ceremony in which everything that can go wrong, will. The Gnocci and

Rodgers and Hammerstein's musi-cal about the King of Siam and an wives and children. Don Ward diwives and children. I hon Ward di-rected and choreographed.
WELK RESORT THEATRE. THROUGH AU-GUST 28: TUESDAY, AND THURSDAY.
THROUGH SATURDAY AT 8:00 P.M.
MATINEE TUESDAY THROUGH THUSS.
DAY, AND SUNDAY AT 1:45 P.M.

show's afraid to offend patrons. It's mounted, but lacks bite - and the nal touches McLeavy's wife dies in

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AY AT HIGO P.M. MATINEE SUNDAY AT

Nellie Toole and Co.

A play as uneven as it is strange.
You could cut the first act of Peter
Kessson's "offbeat mystery" in half
and lose nothing. It's a wordy protogue we're in a New York bar, it's
late. Nellie interviews a man to perlate. Nelle interviews a must to per-form to her to what, the does not know, her colessously what, the late form to her to what, he does not hered hand pack a patel. Act two opens with a core so historius you would be the performance of the con-source could have written at 18 the co-ne could have written at 18 the co-ne could have written at 18 the co-spect of the contract of the co-tact of the con-solite regular blown his lines, and the new actor writes his coun-seriest, After a deadly first at and specaration scould act opening the play concludes predictably (Statal One sprediction follows a similar and the contract of the con-tract of the c And though pacing lags in Act one

different kind of actor's nighti

Sexual Perversity in Chicago

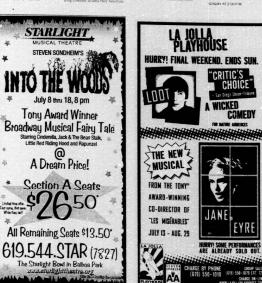
Sen Diego's newest theater, the Culy (ptonounced "Kull-lee"), opens its doors with one of the design catch the period (Chicago, 1976) and cause cringing musical monories. The acting is often mos

Roland Highranch, one of San Dicgo's leading citizens, is found dead in his bathtub. An accident Guess again. HOLIDAY INN & SUITES, 2435 JEFFEP

SON, OLD TOWN, OPEN ENDED RUN: FRIDAY AND SATURDAY AT 8:00 P.M.

Johan 960 Selfunda at 100 pm in 1000 were memory of all 630 selfunda at 100 pm. A name of the Lands 340 selfunda at 100 pm. A name of the Lands 340 selfunda at 100 selfunda a







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UNIVERSITY OF SAN BUGO

WRITE HORSE THEATER

A VIST AL ART TEATRO SIASCARI, MAGROA THE THEATRE EN OLD TOWN

The Word Made Fleshy

Tarah, 100% per Work off the teighty mights king Color Solle. Sol VANIAGE THEATRE WILK RESORT THEATRE

Vendetta on Hollywood & Vinc

Calendar MUSIC SCENE

Lounge on KPBS (89,5 FM) provides the only regular prime time radio venue for local pop musicians to be interviewed and to get their producer/host Adolto Guzman

do it. And who am I to tell Diane Feinstein that she should say her name Fein

inexperienced, Lopez says he has been doing news, features,

Comman pronounces his more people at also more people at also moved by how, he says It times with full Syamish protourceation, "withe colournal kinds Designe, the colournal kinds Designe, the colournal kinds Designe, the way be pronounced in his not cardy for and so see and the way be pronounced his natural way for pronounces his natural condensation and the form of Mexico Colournal Condensation (16), along wave hey pronounce do its natural way because fully distinct of the form of Mexico Colournal Mexico (16) and the soft of the form of Mexico Colournal Mexico (16) and the form of M

he sdone it all his life.

That s his opinion," he
says. "Look, we live in a regiot
of close to 4 million people,
including Tijuana, going up to
Camp Pendleton, Of those 4 million, I would say close to half are Latine or Mexicans themselves. To say that pronouncing someone's name in Spanish is wrong doesn't take into account the region we live in. For me to say Adolfo

THE INSIDE TRACK

Lopez has an open-minded wown that exploses the hardwine under conduction work at the station for five years, but had been deep the hardwine and hardwine the station for five years of the station for five years. was worth bringing up that this is one of the reasons who he annoys people. That could



LOPEZ TALKS TOO FAST FOR WHITE GUYS

people."
Undaunted, Lopez and The
Lounge remain bullish on the
local music scene. His first
guest when the show d, buted guest when the show dishind three months ago was John Reis of Rocket from the Crypt Since then he has featured the experimental Maquiladora, trad-fazz player Gilbert

Castellanos, the world-beat Castelantos, the world-best band Borning Bridges, and the rockin Bridges and the trockin Bridges love Band. He saysh we donnes CDs from other artists who would like to appear on The Lounge. MeGuire, Singles, and Soyappear on The Jounge. Anything.

Thou guests aren't media.

Crowe's latest film, still.

He admits one assksoard moment on-air when Sean Lennon, in with his band Cibo Matto, made a suggestive comment involving himself, toppez, and a bunk bed. But toppez says the interview got better. "In the beginning he was talking and I heard this normal East Coast young gav

"We found out

plus real good food. I got to work for 11 days. It was a real

speak to the press.— said he was one of some 200 locals who were picked as extras to appear in Crowe's second

San Diego, His first, Fast Times

savvy, that's fine," he says, "As long they have a good story to

his dad. It was like he task on his dad's Liverpool accent. The Lounge ars 6:30-7:30 p.m. Sunday-Thorsday.

"We found out Cameron Crows was dooring a mone; and one local musical markers and one local musical markers was a me. "We watched them shoosting diversitions with old cars and secretaling. We seem up an acceptance of the seem up an acceptance of the seem up and the seem of the seem

the actors weren't supposed to

"When I walked onto the when I wasked onto the set, Cameron says. Twant you to meet the lady who plays you in the movie, I didn't know what to think, He said, 'Alice Wisdom, this is Gabriel Wisdom: Lwatched a couple

unnamed and set for a Christmas release, is being produced by DreamWorks.
The opening scenes were set in 1973 when Crowe was a

teenage rock writer for an teenage rock writer for an inderground newspaper called The Door. He later went on to be a music writer for Rolling Stone. The local scenes were shot at the Sports. For a and at an insurance office on 7th and

the mike. Cameron looks the

album [Wisdom moved to KGB in 73]. Cameron used our characters. I was more than happy to do it just for fun. It's a thrill.

shot at the Sports - can and at an insurance office on 7th and Ash that used for house the old Ash that used for house the old Ash that used for house the old Ash that the old KPRI Studies.

If a farte for life the story allows a 15-year old fat who befrends at the toker, and that this toker happens to be me, said claimed Wiedern. See the old the old fat the old f

the make. Cameron looks the same today as he did back then. I used to have him on the air from time to time. We were friends. We used to see each other backstage at concerts. In

the Sports Arena scene depicts

see Black Sabbath. The movie focuses on this band called Stillwater, Billy Cruddup and

Jason Lee play two of the

"I used to work as a

waiter," recalls Marco Collins about his early yea 9tX. "I would get off at

a '73 Black Sabbath concer

in Manhattan, Collins started in the music business by giving the developing san Diego

of scenes. I think except for the gender switch, the movie was pretty accurate."



CALEN D AR 0 F

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9:30 pm-1:30 am SUNDAY, 7/11 Mary Ann Douglas Jazz 7-11 pm

MONDAY 7/12 Gilbert Castellanos Trio Jazz.7-11 pm

TUESDAY, 7/13 Red & the Red Hots Swing 7-11 pm Swing Lessons 6-7 pm WEDNESDAY, 7/14 Safari Jazz 7-11 pm Swing Lessons 6-7 pm

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"Eddie Vedder would all Man' was written by Eddie during his days in his first band, Bad Radio 1 taped a live version of it at the [now-defunct] Spirit club... I had him on the air [on my show] in Scattle. He said I was the first person to play him on the

The Incredible Moses Leroy "is probably one of th

in the last ten years. I think that he is going to go on to dominate not only the music goes, but also the popworld because he has an

performs under the name the Incredible Moses Leroy.

"Ron approached m about managing him and I agreed and worked my assoft and secured two offers for record contracts, one of which is still on the table. All I'm asking for is that he pays me the commission that I'm due early in his career that he would be going back on his

Ultimatum Records. According to Lou Niles, A&R rep for Ultimatum and for



Ultimatum and we want him to be here pretty badly. It's just a matter of working out the

If Fountenberry signs with Ultimatum, Halloran has already told several people that he will do whatever is necessary to secure what he

OVERHEARD IN SAN DIEGO: DAGWOORS 6/25



JAY ALLEN SANFORD

feels is his rightful fee for acting essentially as Fountenberry's manager, including taking legal action. At issue is whether or not Halloran was officially acting

Fountenberry states that Halloran was indeed helping him out but that Halloran, who works in Los Angeles, had too many other obligations that prevented him from effectively acting as a manager for the Incredible Moses Leroy Fountenberry also stated that

whether or not he was going to pay Halloran the money he

"I don't think I ve tried to

intentionally harm or hurt anyone," says Fountenberry "It was a business deal, and he's getting so emotional about it. At this point I don't have deal, so I can't give him something which I don't have."

"The last show I went

just as crazy as the guys. They hurt. Sometimes it's bloody One time in a pit in Hollywood, this gift had these chains hanging down from her ear and connected to her nose...they got vanked off.... She slipped, and she got stepped on, and I grabbed her by the bair and pulled her out. I couldn't get a grip on her, so

took her to the hospital." "Have you ever been hurt

"T've been to hundreds of shows," he says, "and I only got hurt once. I broke my leg and fractured my arm in the pit. It was a long time ago , when I was 14. "There used to be this club down there [in Mexico], I

think it was called the Skeleton Club, but I heard it got closed because the mosh pit put huge holes in the walls and shit like that. I've mellowed out. I still fight, but not as much as I used to. Some people still fight, though. The rancheros like to fight when they come in the mosh pit. One time in TI, these cancheros — you know.

Mexican cowboys — came.

They look pretty stupid. They

their hats, and they ride pickup trucks. They love it. I think they think it's a riot, that's why they get into it. Some of tirem are real old too... like 27, or

Contributors: Rob Aikins, Dave Good, Ken Leighton

maybe 30,"

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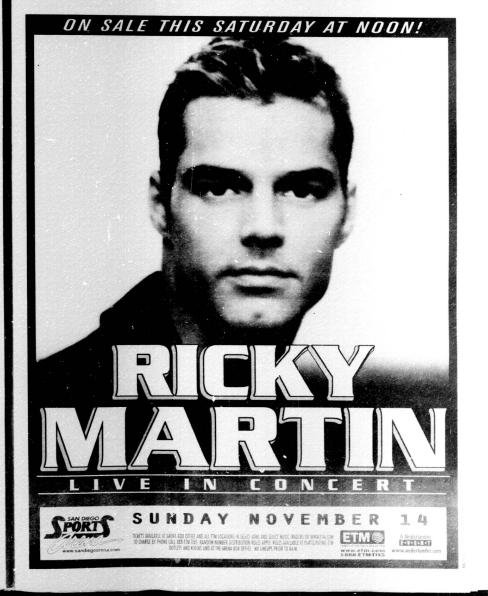
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"I sang my ode to Diana Spencer, 'Drunk Divorced Floozy...' and he offered me a job right on the air."

h their wives," says San Diego expa-

trate Moto Nixon, philosopher, Jug-screen actor
(Great Balls of Fire, Super Mario Bron, Car 54
Where Are You?), and composer of
such classics as "Elvis Is Everywhere," "Don Henley Must Die,"
and "Jesus at McDonald's," It's 9

ED D

Minute. It was me ranting about a topic every day for a minute, like Andy Rooney on speed:

"I was on tour there with the band | the Toad Liquors], when [this local radio station] asked Equips), when (fins local radio station) asked me to be on Jerry Burbank's show. He had a talk radio show on 700 WLW, not unlike 760 [KFMB] in San Diego. It's one of the oldest stations in America. Burbank likes blues and rock, so he asked me for an interview and to promote the asked the for an interview and to promote the concert. Well, Burbank got sick and the guy who runs the station subbed for him. I sang my ode to Diana Spencer, 'Drunk Divorced Floozy,' and 'I Don't Want No Cybersex,' and he offered me a job right on the air.

"Are you giving up the music thing for talk

radio?"
"I'm still gonna do music. I just finished my new album, Sock Ray Blue. I've just been think-ing that maybe I'm getting too fat and old to rock and roll constantly. Also, getting paid to talk is

not really a problem for me. Some people get on the air and have nothing to say. I got opinions on everything."

Moto ain't lying. His list of warped accom-Bro., Car 54

INTERVIEW

More and Typing, This list of warped accommentary, the was honorary captain of the 1998 Olympic luge team. He adorned the front page of the Wall

Street Journal and appeared naked in Future Sex magazine that same week. He has also debated Pat Buchanan on Cross-

fire, was an answer on Jeopardy, appeared on Politically Incorrect, hired an armed guard for a show due to death threats from an angry Don show are to etail means from an anger von Henley fan, and his new song. 'Drunk Divorced Floory (The Ballad of Dana Spencer), 'was re-moved from a graduate film project by Washington, D.C.'s American University ad-ministration. (She was a drunk diwored floory) gallivanting in France (She died in the back sort)

ganisating in raince Suc area in the most sear.

(neipping Dod's paints)

6-14-71 — 14-year-old Nixon arrested for protesting leash laws at City Hall. Wear-shirt pro-claiming the slogan Free the Dogs. Nixon spends time in the back of police car humming MCS sengs. and threatening to kill the mayor. Mojo Nixon biography from his press

Recently, on his new job, there have been

complications.
"I was on the air with my boss Bill Cunning-

ham, [He's 2] psycho version of Rush Limbaugh. Idefended Chitton on the air, saying that people calling for Clitton's resignation were a bunch of weak-willed partitywaists. I said the man is a Hill-billy Love God. In fact, instead of forcing resignation, we should amend the Constitution so he can go for a third term! His campaign slo-gan being I get it, don't you wish you did?"
"Did Cunningham know you were a raving lib-eral nut when he hired you?"

eral nut when he hired you?"
"He didn't know anything about me," Mojo
says excitedly, "All he knew was that I was quick
witted and apparently smart and funny. He didn't

know about 'Debl Two-Headed Love Child, He didn't know about Tie My Pecker to dy Leg. He didn't kno

surable as having a was

spots begin running on "Do you help you

cause?" Lask. "Do you do the Mojo promotion

"If I was more driven to make money. I would have a website and record catalogues and that sort of shit, But being Mojo denies that end of [the

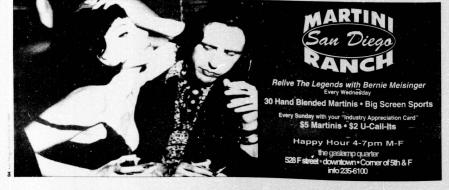
business.]

"That sounds very gushy and noble, Mojo,"
1 say surcastically, "but you do have a smudge on
our permanent record. After years of criticating
MTV with "Stuffin Marthia" Muffin, you
have all of those yous for them. That kind of
dilutes your whole "Mojo don't care about the
money," muffin.

they asked me if I wanted to do it. I said I didn't know. So I made this list of demands. I said, 'I won't say the words M.T.-V., I told them I wanted



all this money and complete creative control. I said, 'I won't do this, I won't do that,' And they agreed! My thing was, if I said no, then kids in Idaho would have never heard of Mojo Nixon. In Idaho would have never heard of Mojo Nixon. In the end I got Screwed by it anyway... I did tons of things for them for no money. I shot five or ix pilots. I did Mardi Gras, Spring Break, and the [1987] Super Bowl for the bastards... I kept saying. Tll do these things for you if you play my video. But when it came down to playing my video, they said, "That's two separate departments." I said, "Well, it wasn't two separate departments when I did these things." I mean, we did the 'Debbie Gibson Is Pregnant with My Two-Ryder playing Debbie Gibson! They wouldn't







ME

GRILL

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Calendar

MUSIC SCENE

play it. The thing was, I made fun of Debbie Gibson, Spuds Mckenzie...and that's who was paying for the ads...and I was sucking up to Skittles money.

So anyway, you go to bed with

the devil and you get fucked in

common-law wife Adaire.

in; common-law wife Adaire. His go-kart track wedding draws 250 guests and two live radio broadcasts and is televised by MTV. His wedding party arrises at the altar on go-karts. The Rev. Country Dick Montana performs

To look at Mojo, one could easily confuse him with a hill-

billy redneck. He has a bushy.

I've-been-living in the nills-huntin coons beard and a farmer's leathery complexion. He speaks with a country drawl

and occasionally adopts the voice of Howlin' Wolf.

Whether or not he's actually Whether or not he's actually channeling Wolf is unclear, but chairs and drinks are knocked over, and conservatives tremble with apoplexy. Nixon finds his way back to

Nixon finds his way back to his point. "So Cunningham said, 'You're a conservative, right?' I said. Not really, Lagree that government is in our lives too much. But shoving Judeo-

Christianity down our throats? I don't agree with that at all.
I'm just kind of out here on a
lunatic frenzy."

According to Mojo, "The

station is 75 years old. It used to be 500,000 watts. It's a clear

channel so you could pick it up in Australia. It used to be called 'The Nation's Station,' when

there were only a few AM stathere were only a few AM sta-tions back in the '20s. So I was calling it 'The Fornication Na-tion Station.' And here's the other thing." he says, shifting in his seat and leaning forward. "People have been working in

reope have been working in radio [for] 20 years just to get a fucking Sunday night shift there. Now I come into town and I'm on the air every day from 1-3 p.m." Mojo is now

Cafe's jukebox. "Icall my show Lewd in the Afternoon! "When the Clinton thing hit the airwayes," begins Mojo

It are alwards to gens along the control of the con

sucked by a 21-year-old intern.

In fact, I went on the air and

In fact, I went on the air and said I'm pro dick sucking. I've had my dick sucked by a 21-year-old. It was great! And I'm married! And I'm not

telling anybody. If you ask me, I'm gonna lie about it." He

more pleasurable."

Nixon describes some of the songs off his latest album. "I got 'Orenthal James," "he said "It's about O.J. to the fune."

all about a reducck.

to go to Motel 6.... He sure as





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diso/ And diso till does suck / Machines and music / And a chaken and tin daak. Theres, also Rock and Roll Hall of Lume, 'Dissers is the Enemy, and Redneck Rampage. Red-neck Rampage is this. CD-ROMI Idd. They took your basic computer need doing space guss righting, and they set it in a trailer park, In 'Red-neck Rampage II', you eet to neck Rampage II, you get to put dynamite up chickens butts. Redneck Rampage sold half a milion copies worldwide. It has a couple of Moso and Beat theme. So I wrote a song that was dumber than Moily Hatchet... It's one part Coun-try Dick and one part 'Devil

remembering the most impor-tant part of the album, "There's 'The Ballad of Country Dick too. It's to the tune of Jesse James. It goes, Country Drik was a man ing as the Rio Cramde /His volice could boom like than dee / But that evil rotten turd, Mr. Mike Perv / Laid Country Dack six feet under.

Date Six Jeet under
Later Lask Nixon's manager
Bullethead who was Mike Perv.
"It originally said 'Mr. Mike
Curb." Bullethead explains.
"Curb is the owner of Curb
Records, for whom the Beat Farmers recorded for many years. But Shanachie Records years, but shanethe Records made us change it for fear of a lawsuit from Mike Curb, So Mojo overdubbed the vocals, even though in concert he still

even though in concert he still sings Curb."

11.8-95 — Country Dick Montana joins Even to the great beyond on the sage in the middle of a song at a sold out show in Whistler, British coimbla. It could only have been better if he had beer getting a handjob from the club owner's wife at the same time.

"If not for Country Dick I wouldn't even have been been with a woodlen't even have been in which wouldn't even have been in his we here in which wouldn't even have been in his we here in which we have been in the same time."

"If not for country Dick I wouldn't even have been jin San Diego. The Farrage Brothers would have been own drug addicts and left, lose; Harris-land Buddy [Blac] would never have been in the Beat Farmers. He was responsible for hum dreds of things: the Pleasure Barons, the Paldains, Bodies. Ever since Dick died, I've not tell a big need to stay in San Diego. But my wife wanted to stay. Beat Diego, But my wife wanted to stay. San Diego, But my wife wanted to stay. stay. She kept saying, 'All my friends are here...' Yeah, 'I told her, 'but Country Dick is





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Piano as a **Percussion Instrument**

The pianist was to sit at the piano during the length of the composition and do nothing.

re three contemporary instances of what can be made of a piano. John Cage, a Los Angeleno who had studied with

singhtelis, anvils, going (several of which had been submerged in water to alter their pitches), and thundersheets. The piece also called for in-dustrial "readymades," like brake drums and suspension coils. During this time Cage had also been experimenting with electronic sound.

The son of an inventor, and a student impatient with traditional modes of expression, Cage decided to alter the sound of the piano and make it sound more like a percussion

The stabilized screw was critical to the effect Cage was after; he was able to fix and sustain par-ticular timbres for the duration of the piece. Cage succeeded in meeting his Friday deadline. and Bacchaniel (1999) is considered the first work for 'prepared piano' in musical history. During the 4ths, after moving to New York City, Cage composed a number of pieces for 'pre-pared 'piano'. Between 1946 and '48 Cage praced 'piano'. Between 1946 and '48 Cage composed Sonatas and Interludes, a large-scale concert work that consists of four groups of four sonatas, all under five minutes in length; the first and second groups of Sonatas are f d lowed by an Interiude, and the second and t² rd group of Sonatas preceded by an Interlude, which, like the Sonatas, are quite brief. Much has been made of Cage's theories of

Much has been made of Cage's thornics of Much has been made of Cage's thornics of Much has been made of Cage's thornics of Much has been made of Cage's thornics of Much has been made of Cage's thornics of Much has been made of Cage's thornics of Much has been made of Cage's thornics of Much has been made of Cage's thornics of Much has been made of Cage's thornics of Much has been made of Cage's thornics of Much has been made of Cage's thornics of Much has been made of Cage's thornics of Much has been made of Cage's thornics of Much has been made of Cage's thornics of Much has been made of Cage's thornics of Much has been made of Cage's thornics of Much has been made of Cage's thornics of Much has been made of Cage's thornics of Much has been made of Cage's thornics of Much has been made of Cage's thornics of Much has been made of Cage's thornics of Much has been made of Cage's thornics of Much has been made of Cage's thornics of Much has been made of Cage's thornics of Much has been made of Cage's thornics of Much has been made of Cage's thornics of Much has been made of Cage's thornics of Much has been made of Cage's thornics of Much has been made of Cage's thornics of Much has been made of Cage's thornics of Much has been made of Cage's thornics of Much has been made of Cage's thornics of Much has been made of Cage's thornics of Much has been made of Cage's thornics of Much has been made of Cage's thornics of Much has been made of Cage's thornics of Much has been made of Cage's thornics of Much has been made of Cage's thornics of Much has been made of Cage's thornics of Much has been made of Cage's thornics of Much has been made of Cage's thornics of Much has been made of Cage's thornics of Much has been made of Cage's thornics of Much has been made of Cage's thornics of Much has been made of Cage's thornics of Much has been made of Cage's thornics of Much has been made of Cage's has a comparison to the much has been made of Cage's has been made of Cage's has been made has been made has been made has been mad ence — sneezes, coughs, squeaking seats — are integral to the piece. 0'0" was performed in

integral to the piece. PO' was performed in Tokyo in October of 1962.

The notion is sharming but the result is dull, like see or street fighting, it is often a disaster to go about making art or music based on the recretical principles. All three activities require unplanned-tor adjustments if they are to meet with any success. Much of the energe of bolin Cage is a bore but not these Sonatus and Inter-hules, don't be put off by what you may think or have heard of Cage's other compositions. or have heard of Cage's other compositions. These piano pieces from the '40s are all inter-esting and often beautiful. In their spareness and simplicity of form, they are reminiscent of certain keyboard works by Domenico Scarlatti and J.S. Bach, Most of the pieces are in binary form, like Bach's keyboard inventions, each contine in two sections. coming in two sections, but with asymmetric phrase structures and irregular, very complex rhythmic patterns. The actual sound Cage gets from the prepared piano is much like the In-donesian gamelan. The cumulative effect can be excelled.

ravishing. It's interesting how much contemporary or experimental music refers back to Bach, Joanna MacGregor makes the point convincingly in her two-CD compilation, which includes sections

from Bach's Art of Figure and the American composer Colin Nancarrow's Cantons e-Studies Nancarrow was born in Texarkana, Arkansas, in 1912 and later studied i.e Boston with Nicolas Stominsky, Walter Piston, and Roger Sessions. He played jazz trumpet before becoming interested in composition. Nancarrow's left wing politics drove him to Mexico City in 1940, where 's staved ever since.

he's streed ever since.

Nan-arrow's compositions during the '0s, and '40' were mostly chamber music, Four of the pieces on the Fineshile Modern collection throm Mettmacher are from the earlier vitage, Piece No. 2 for Small Vichestre, "This' for charmet, bassoon, and piano, "Sarahand." Nan-arrow's oldest surviving composition, and Toccarla, "originally scored for violin and pieces of the pie

ano and later resortion for place pains. Bad what Namarons is best known for its hest of compositions, voluminous in sec. for place primaring miss, of greater drivinini, completify that was possible and the place of the control of

marimba, which works just time win this scaled-down instrumentation.

The great Hungarian composer Gyorgy Ligeti-would have been listening to Cage's prepared p-ano-pieces. We know he was fascinated by Nancarrow's experiments with the player pi



John Cage, Sonatas and Interindes for Prepared Piano (Music & Arts CD937) Colin Nancarrow, Studies Ensemble Modern

(Metzmacher 09026-61180-2) Joanna MacGregor, Counterpoint

Bach-Nancarrow (Collins 70432) György Ligeti, Mechanical Music (Sony Classical SK 62310)

ano. What he does on Volume 5 from the Sony edition of his consider works is to adapt his Etudes pour piano (1985) for wo player piano. As with Cage and Nancarrow, the altered piano As with Cage and Nancarrow, the altered passo emphasizes the structure of the meteral through at foreign imbre and neutral dynamics. A fas-niting sequence on the pann, those Hudes are equally integrating on the player pianos, but are equally integrating on the player pianos, but tion also includes five of Lei (as). This collec-tion also includes five of Lei (as). This collec-tion also includes five of Lei (as). This collec-piaces adapted for barrel organ and his early 1951–531 — and most expressive piano se-quence. Mostar increastic, also adapted for barrel organ— and like the whether to apprixating effect. The due also includes a symphonic poem to 1991 metromonics.

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Hospitality Paret, Finday, July 9, 2 p.m., West Mission Bay Dave, Mission Bay 61 252-5742.

The Young Dubliners (403) and Eve Selis (841): Belly Up levem, Friday, July 9, 9:15 pm., 143 South (edios Avenue, Solono Beach, 619 2208 177 or 619 481 8140

SATURDAY

Fifteen (298), Domination, Jon Cougar Concentration Cosp., and Folling Sickness (304): the Epicente, Scharley, July 10, 7 pm, 8450 Mins Meria Bookevand, Mins Mesia. 619-271-4000.

The Bombores, the Chasers, Bentom Rooster, and the Ginnale Casheh, Saturdey, July 10, 8:30 p.m., 2501 Kather Boulevard, metroen. 619-232-4355.

The Young Dubliners /403:: Belly Up Towen, Seturday, July 10, 9.15 p.m., 143 South Cedies Avenue, Solono Beach. 619-220-8497 or 619-481-8140.

"Freddie A. and the Swing Machine |641| CD-Rel-ase Party": ic folio Manion, Schudoy, July 10, 10 p.m., 4240 Lo Jolle Willoge Drive, Lo Jolle, 619-294-8414

The Go-Go's (445), the Lunochicks and Berlin (623): Open Ar Theatre,

Eek-A-Mouse (744), Voice of Reason, and Reb A Deb: (anes Bor c=4 Grill, Sunday, July 11, 8 p.m., 3105 Ocean Front Walk, Microen Beach, 519-488-1780 or 619-729-8497.

Clock Loeb (643) and Kim Waters (646): 4th 8.B. Sunday, July 11,8 p.m., 345 B Street, downtown, 619-220.8497 or 619-231-4343.

T.S.O.L. /134/, U.S. Bombs, and Pitch Factor /168/: (asbah, Sunday, July 11, 8:30 p.m., 7501 Kettner Boulevorf, mithown, 619-237-4355. JULY Vince Gill /792;: Humphrey: Concerts, by the Bay, Tuesday, July 13, 7 p.m. and 9 p.m., 2241 Shelter bland Draw, Shelter bland. 619:523-1010 or 619:220-8497.

The Harry Pickens Trio with Yve Evans: The Athenaeum Music and Arts Library, Thursday, July 15, 7:30 p.m., 1008 Wall Street, La Jolie. 619:454-5872. Mismoe, Mercury Birds, and the And/Ors: (other) fuesters tale 13 Meri Sounders and the Rainfore Rand (420), Pure Moodle, and Government Grown (426): (see

Maquilo Jora, Mainliner, Vertibird, and Kinskiz Cashah, Wednesday, July 14

Beenie Man | 734 |, Tanto Metro Wetnesday, July 14, 8:30 p.m., 143 South Cetros Avenue, Solano Beach, 619-220-8497 or 619-481-8140.

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Cyclefly /117/, Waxing Pathetic /331/, and Five Star Degenerates: Back By Back, Finda July 16, 8 p.m., 1130 Buenos Javenu Boy Park, 619-275-5483 or

The Righteous Brothers /422:

The Changes, Bazart, and Physics /113): Casbah, Thursday, July

Sid King and the Smith's Reach Boys (789): In Lan's Danston L

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[449], the Disie Chicks [780].
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Al Jarreau (437) and Chris Botti (689): Humphrey's Concert, It Boy, Hursday, August 5, 7:30 p.m.; Shelter Hand Drive, Shelter Hand 619:523-6010 or 619:720:8497 The Teen Idols, Diesel Boy, Falling Sickness /304/, Gob, and 30 Foot Fall: The Epicetrie, Thursday, August 5, 7:30 p.m., 8450 Miss Mess Boxleward, Miss Mess, 619-271-4000.

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Alice Cooper |429 : Ham

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Empire Club: Friday, July 9, Fidelity featuring progressive house and france, 18 and up beginning at 10 p.m. Saturday, Warsaw, Monday, live performance by Multiple Stale Woomld, Min Souts of America, and Spachoy, all ages, 619-640-8689.

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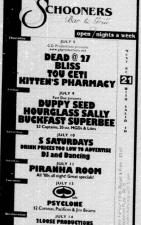
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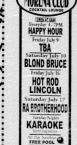
Name Pub. 5617 Balbou Avenue, Clairemont 619 279 2033. Thursday, Friday, and Saturday. Ton Cummon, folk. Sunday, Barbun McCarry, Irish muss: Tuesday, Irish jam session. Wednesday, Kit Healy.

iday, 8 pm. Joy Eden Harrison, ja Hazard Center Drive. San Dieg 297-3466. Monday. 10 pm, Tom rells, acoustic folk.

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Top of the Cove, 1246 Prespect Avenue, La Jolla, 619-454-7779 Friday and Saturday, 7-30 pm, 5 For information on advertising your club online, call the Reader's Display Advertising Department at 619-235-3000.

Calendar MUSIC SCENE

The Living Room, 5900 El Cajon Boulevard, College Area, 619-286-8434 Saturday, 8 pm to 11 pm, 13

The Morena Club, 1319 Morena Boulevard, Bay Park, 619-275-4431 Enday and Saturday, five bloes and

Village Drive (corner of Regents Road next to La Jolla Marriott), La Jolla 619-657-0032, Thursday, 6:30 to midnight, five Latin muse. Friday and Saturday, 7:30 pm and 9:30 pm, Jorge and Monica Visconti, tango shows.

Pelikan Pub, 7828 Broadway, Lemon Grove, 619, 460, 4640, Monday, Uricle John's Big Roll Bund, blues jam.

Rosie O'Grady's, 3402 Adams Avenue, Normal Heights, 619-284-7666, Friday, Ludy Star and the Bustin Lone Band, blues, Saturday, the Beth Lodwig Band, rock.

Sante, 7811 Herschel, La folla. 619-454-1315. Wednesdav, 9 pm to midnight, Mike Flanders and John Caim, international music duo.

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Crew: Jimmy tow's Richard Samuels: The Four Service Reset Avian The Sophisticats: Ox Bow Im Joe Treasor: The Wellhouse

Epozete Mo Green: The Sandbur (efe The More Brothers Ride: Suf N'Soddle Matural Soloction: Blind

Melons Might Shift: Dirk's Horseshoe Louige No Bargalic: famile's The Officets: McP's Insh Pub

and Gell
Phonton Cargo: Bind Melon
Point Blank: D-mond Jim's

Red Truck: Blad Melons The Restless Matives: Bor and Grill The Roadrumers: McF's Insh

Pub and Gell The Rock of Aces: Crose's loo the Rock of Aces: Croce's log rist for and Galle Rockole: Commbul Bos Eric Sordinos: Bland Melons Serious Guise: Boar Cross'n The Siers Brothers: Borelost

Shock
The Street Walkin'
Chrestalas: The Crow Bor
13-At: Bock by Bock
The West Coast Pin-Ups: It
40's Counge
Woody: Felkan Puh
You: Winston
The Young Dubliners: Belly
Illin Louise

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BIG BAND Freddie A. and the Swing Machine: Fast lark's Count

Joey West: Hotel del Corona X-Cell: Jettery Love's

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tespe Bill Coleman: Laew's Corcusto Boy Resort Cool Blue: Miss

Cath Eckert: Low's Coronal Boy Resort
638 Glen Fisher con Alme: (nor)

lazz Bor Ron Freshman: Tarryana Gelle, Loew's Connado Boy i Fuzzy's Jazz All-Stors:

Joy Eden Harrison: Class of Rick Helzer: hew Council

Barbara Jamerson: Join Join

Art Johnson: The Lores

The Inc Marille Quartet

Shep Meyers: Sureyon Gold The Shep Meyers Quartet: Jerry Michelsee: Horton Grove

Castle Pub and Restournt The Preservation Band:

Red and the Redhots:

Humany on Fifth
Return to One: Hazard Cent
Chris Reynolds: The Laurel
Reconnect and Res

Kenny Goldberg: Neuron Bo

The Benny Hollmon Swins

Barbara Jamerson and Two

Chuck Loeb: 4th & B Lynx Jazz: The Living Roo

Kestawani and sar Calvin Romance: Humphrey Jackie Rwan: Lime Leaf Goil

Orchestra: 40 K

Romy Kaye: II... The Kamou Kenyatta Dua

Dave Pike: The Slephort and

Restauger Joe Tarrantino: The Wyndhon. Temendo Piczo

Trio San Diego: Hotel del

Joy Eden Marrison, July 9, Clare de L

Safari: Hamony on Feffi. The San Diego Concert Jazz Band: Innuites The Bill Shreeve Quartet:

Steve Smith: The Loans

Reggie Smith and Pressed

The Peter Sprague Tria: Rary

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EXTENSION 4006

REGGAE/

Ras Sajie and the One Love Band: EXTENSION 4007

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COUNTRY

Calico Ridge:

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The Bad Hobbits: felly s hat Big Daddy and the Money Shakers: Capate Bar and Soil Scottle Blinn and the Tiki Torchers: Bis Hoose The Blue Daddles:

Blue Sledge: O'Connell'; Pub. and Najatshib. The Bought Black Conne's Top that for mid-Galle. Brit Bordon: Hamphony: Capith Box and Call Sweet San M'Scade Whitely Convell and the Tone Kings: Nithols Jos. Toward Connect Control you and the Blues Boxters: Old Vinese Est. Charmon Chiefes.

Fuzzy and the Bluesmer (roce s for that Bor and Galle Heart and Sout: The Koken John Lee Hooker: Humphrey Uncle John's Big Roll Band:

Polikon Pub The Kings of Pleasure: Lody Star and the Bustin' Loose Band: Rose O'Gody's

Dove Linkhorn: Gulf Coest Gol The Bill Magee Blues Band

The RA Brotherhood: Boston

The Mike Reilly Band:

EXTENSION 4010

ELSE

Last Recort Todd Stedman and the Fat Tones: Nemoris Bat and Gell The Swingin' Kings: Belly Up Lawre

The Tone Kings: Hamphay Tim Quinn and Venus Electric: blazd Solora, in

Johnny View and the Blu

The Billy Watson Band: 8-1

The Witchdoctors: the Feb. The Zydoco Blues Patrol:

See Lola Run Cafe Immare
Sandy Chappel: Cafe Lonage.
Robert Chini: Fiscatis.
Belon Christie: Theorix
Devante: Bidly (In Inversity)
Vickle Erigant: Hause of Marish:
Establant: Bloom Germa Restaura
Jadie Establant: Sonto
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Milla Flanders: Sonto

a hectic hodgepodge that calls to ind the term "postmodern."

House, The Caffee Mendant
Salsa Steel: Dak's Land Read
Sambrosik Sevila
Sauden Lynne: Death
Son y Claver Sevila
Jordan Steyanoff: MachaMacket Place
Tanto Metro: Belly Up Jouen
Jon Sandoval: Scales
Landonia

actions trailer, nor from its our, that it was heading in direction. The heroine's a gangster's bagman, has ett behind 100,000 marks sack on the subway. His low has twenty minutes to nance" is as much athletic as

a manager, on the series of the common that she is a slightly different person, despite the outward similarity of bright red hair, pale green pants, pale blue top. There is no sense what soever that one of the three alternatives is more "real" than the others, unless mi by foot and somehow to with a matching amount of the way — or else. So she is running. (Franka Potente s conventionally "happy "ending, really more of a slap-happy ending, is saved for last, but solely for crowd-pleasing WWW.SDREADER.CO Calendar MOVIES



and cavalier in their scripting, and equally devoid of credibility. (A crew of workmen carrying a street-wide piece of plate glass in a crosswalk is low-grade slapstick, never mind whether the oncoming van screeches to a halt in time; and in true slapstick fashion, if it doesn't smash it this time,

frame flash-forwards into the future of three separate bystanders; sort of crystal-ball photo albums. These differ each time, too; same three bystanders, that is, but three alternative fates.

The movie, far from blazing trails, is trafficking in the same basic



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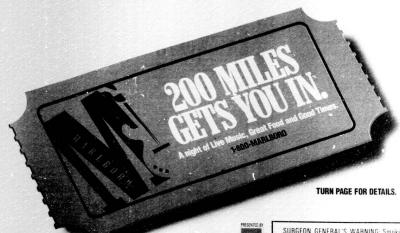
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gotten into if we had left as planned (The car crash in the three scenarios of Run, Lola, Run, evidently logged in destiny, is never avoided, though the point of impact, and force of impact, will vary.) Inasmuch as the basic truths. from movie to movie, remain the same, the differences lie in area form and treatment. And they are vast. Filmmaker Tom Tykwer, a new name over here, shuffles together sharp 5mm footage, fuzzy video, TV-ish cartoons, zoom shots, shock outs cartoons, zoom shots, shock cuts, fast-motion, split-screen images, ev-erything but the kitchen sink, all to a pulsing techno-pop beat, in a hectic hodgepodge that might call to mind the term "postmodern" (whether or It is not much to my taste. A bit chewy, a bit fatty, a bit peppery, a bit garnishy. But it doesn't altogether disguise the dish. And to each, as the saving goes see Smoking/No Smoking, and no to people who were deaf to the more

verbal Shiling Deors. It provides a def-nite alternative in alternative readities. Spike Lee's Simmer of Sant takes. Spike Lee's Simmer of Sant takes a wrong-end-of-the-telescope view of the Son-of-Sam murder spreeduring a New York City heat wave in 1977-the events in little. (In his introductory and closing remarks, newspaperman, limmy Breshot withesales in the Jimmy Breslin witlessly parrots the catch phrase of TV's Naked City "There are eight million stories in the Naked City, and this was one of them.") We get to witness, not from the best vantage, the murders them-selves, with their startlingly loud gunshots, and we get to cavesdrop on the faceless murderer alone in his apartment, howling in harmony with a neighbor's dog. We even, at one point, get to listen in when the dog's ghost enters the apartment and talks to the killer in plain English (voice of John Turturro). But the focus of the movie is much more on a circle of Brony Italian-Americans who have only the most tangential connection to the case: chief among them a hetero exual lairdresser (John Leguizamo) who enjoys dirty sex but not with his sanctified wife, and a would-be punk rocker (Adrien Brody) who has a secret life as a homosexual stripper. (Mira Sorvino, as the wife, continues her custom of giving more to a role than it

15

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go-for-broke performance."

demands or deserves.) The off-center focus on small fries could well have been interesting if the fries were interesting, but these are just 22b-Scorses subliterate stereotypes who punctuate their normal conversation with an average of one "fuck" per sen-tence, and who rise only in the hottest

tence, and who rise only in the hottest of passins to a higher elsquence." You linguini-dick motherfucket."

With this, I expresses onward in his campaign to expand his repertione? IV spots for the U.S. Navy coming soon; without ever having mastered the fundamentals of his craft. (Similarly, in his most company programme, as a cheerion. on-screen appearances as a television reporter, he tries his damnedest to enunciate in the suitable style and fads chunchae in the suitable style, and fails damnably.) His onward expansion, lest you get your hopes up, does not mean he is ready to abandon his bad deas of the past; a squeezed anamor-phic image and a walking-on-wheels tra-king shot, one of each, in stub-born defiance. To put the problem in terms a basketball fan like Lee could appreciate he's a playground show-boat who lacks a complete game. The movie has a little interest as a tim capsule (and place capsule): a little disco, a little punk, a little Mafia, a little Reggie Jackson, a little Plato's little Reggie Jackson, a little Maha, a Retreat, a little drugs, a little blackout, a little yellow journalism. It all adds up

to very little.

Wild Wild West is just the latest

megabudgeted plunder of an inno-cent moffensive little television series cent moffensive little television series. The series, dating from the late Six ties when spy spoofs and Westerns were both thick on the ground, seemed a sensible and even slightly ingenious hybrid. The movie, on the other hand, arrives in the midst of a long Western dry spell, and affords not a drop of relief: whatever was the last Holly wood Western is still the last Hollywood Western. Spy spoots, meanwhile, after the return of Austin Powers, could do with a bit of a dry spell, say for the aext millennium or so. The timing, in short, stinks. The major contribution of the movie, not counting the eighty-foot Frector Set counting the cighty-foot Erector Set tarantula and assorted other gadgets, which are not worth counting, is to roll back the time-line to before him West and Artemus Gordon had met, and then to chronicle their first colaboration, when they were an Arn intelligence officer and U.S. Marshal respectively, and were commanded against their personal preferences to work together as a team, in between intrasquad barbs and needles. This contribution adds nothing but trit ness and tedium. Making one of them black (Will Smith) and the other white

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"the wisest,

"a classic

...DeLaria is wonderfu

most thoughtful American film about queer youth to come along in ages ...erotically charged."

gay coming-of-age story told with the utmost perception

sensitivity and humor"

same: think Eddie Murphy and Nick Nofte in 48 Hours and Another 48 Hours. Making the black one the avenging son of Southern slaves who were experimentally exterminated by the comis-stry villain. (Kenneth Branagh) adds only a sour note. The best thing to be said for the movie is that it puts off Will Smith; hip hop the time until the closing credits, so that you may sit through the whole those until the object meet with our having to bear more than a lex-down and then slip out the exit with our having to bear more than a lex-down and then found so that the source of vere experimentally exterminated

local press screening and premiere. Seven months, including at least two postpourments that I can remember for sure. By now, I am having some trouble remembering the movie itself, though I remember it well enough to knowledon't want to re-see it, a 'timely' paramoa thriller about an expert in terrorism on the faculty of George Washington University, who comes to suspect that his smarrny new sub-urban neighbor with the Stepford wife and the Village of the Danned daugh-ter is himself a terrorist. That would be quite a conneidence if it were just a co-incidence, but in fact it is one of those overpresumptious move plots that depend upon people acting in ways in which people never, could be depended upon to act. Suspense does build, and leff Bridges brings great conviction and urgency to the role of the rabid posite side of the street, tips his hand more than necessary as the target of suspicion. The final payoff aims, in a manner remarkant of anti-terrorist. Tim Robbins, on th manner reminiscent of Seven, for the solar plexus, but hits below the belt.

The usual opinion on director Edward Dmytryk, who died last week at ninety, was that he was a fine stylist who forgot everything he knew about filmmaking after he broke his silence and named names to HUAC. (Not be-fore he served some time, unlike his fellow informer Elia Fazan, in prison.) He did not even rate an entry in Andrea Service. Andrew Sarris's encyclopedic rour of native directors. The American or harve directors. The American Cinema. The prevailing opinion re-flects, in addition perhaps to a distaste for traitors to the Left, an abiding taste for the film noir mode of Munder My Sweet, Corneted, and Crossfire, Few of sweet, Cornered, and Crossfire. Few of his later films. I would agree, are on that level, though it might be argued that those early works are simply in the style of the time, and that neither the style nor the time could last forever. At least a couple of his later works. I would contend, are more unique unto themselves and are therefore on an even higher level, Warlock, 1959, is a even higher level. Warlack, 1996, is, a hinking man's Western, sucsiological in score, pathological in its central extensively, and morally ambivalent extensively, and morally ambivalent totter of violence and curve tester totter of violence and extensive to things. 1906, is merch the best am-nesia thriller ever made, attaining its paint with a proposition of the pro-paint visitingly clear exposition. Paint visitingly clear exposition, whether for man a lot of forgiveness whether for man a lot of forgiveness whether for same and the proposition of the other contractions and the proposition of the con-traction of the proposition of the con-traction of the proposition of the proposition of the other contraction of the proposition of the con-traction of the proposition of the proposition of the con-traction of the proposition of the proposition of the con-traction of the proposition of the propo or the embarrassment of Blueboard

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Big Daddy — Adam Sandler adopts a fre-year-old in order to appear mature by com-parison and impress his griffitend. It does-n't work neither the impressing nor the appearing mature. Lovers of peeper jokes LA COSTA 6, LA JOLLA 12, MISSION Joey Lauren Adams, Leslie Mann, Jon Stev

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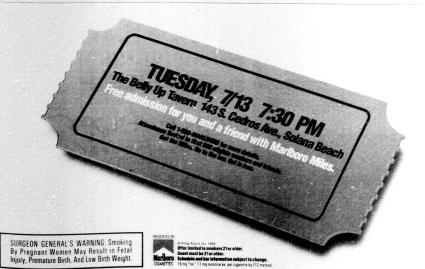
art, Rob Schneider, Steve Buscemi; directed

GLASSHOUSE 6, VALLEY DRIVE IN, WIEGAND

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Election





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MOVIES

cool kids to pick on (if s an MTV produc-tion, after all), but contents itself with the Dumb fock and the Apple Polisher. And of course the grownups. A further reservation: the employment of multiple narrators, whether or not copied straight from Iom Perrotta's original novel, sounds bookish.

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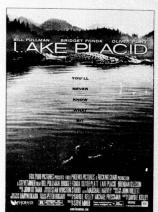
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connective something that writer Somson Raphaelson, leading man Cary Grant, and even director Hitchcock are habitadly quite good at — having to do with a spoled rich boy's reaction to sudden economic on Stanti F.G. et al. straint ("Get a job?"). On the suspense side, though, Hitchcock indulges in some unmough, Hitchcock indulges in some an-principled hinting, sharming, and thumb-scieving to get you to believe that Cary Grant would plot the murder of his simper-ing bride, Ioan Fontaine, 1941.

*** (GARDE) CABARET, 7/31, 8/30 P.M.)

Nation—The Diviney amended spreason through it may be hard to suck up enthing a more and through it may be hard to suck up enthing some for the much findered subject, even for a pickle or fidelity to the outpaint flager kie. I make the concelled that the subject of the first to the control of the subscription of the subject of the first through the subject of the subjec

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or less straight, with none of resource of PC sexual politics start, and fane is decorously

o a couple of brasser es. It soon gets away from est stuff to do with the dev-

the artist (young Franco is dis-in affist (young Franco is dis-ind the pseudonym of "Luca"); astead into general-interest stuff of lass ism and the slow uptake evople, especially dotty old fadie

people especially dotty old ladies as the gentleman when makes and on time. 3. The drift of the full and quite literally depersion when together Magges Smith, tight half Dench, Cher, and Light the same cast perhaps constitute with just to give them each of but to give them each.

""" of world have been one worth and, Charlie Luc 3s. Barrd Wallace

white A most 7 is worth Floor. Begacidie more facines although coming or briefly of Fig. Marchael of St. Albor of the American de St. do to do so up the limits of the production of the source productions of some more and production of some more and and the source of the source of production of some more and production of the source more and the source of the source more and the source of the source source source of the source source

to at Rusnak, producers Enumerich, executive pro-and Helga Ballhaus, one-folios von schuttzendorff, ald Kloser, not to Jonger cast Marches Stahi, Vartual re-latest model vehicle to carry intercenti Flore, however, on, of to found interest with the slassical detective

The Winslow Boy — A weil-made play,



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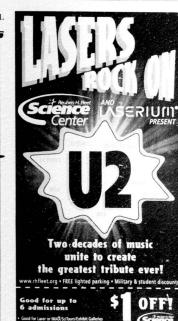
Janusz Kaminski: Two-time Academy Award*-winning cinematographer of Saving Private Ryan and Schindler (List Patricia Kingsley: President and Founding Partner of PMK Public Relations Inc. Thom Mount: Former Universal Pictures President and producer of films such as Frantic and Bull Durham

Adolfo Nodal: General Manager of the City of Los Angeles' Cultural Affairs Department Phillip Noyce: Director of mega-hits like Patriot Games and Clear and Press at Danger

Choose Me and Mrs. Parker and The Victous Circle Richard Sylbert: Two-time Academy Award* winning production designer of Dick Tracy and Who i Abraid of Freyers Books? Also nominat for Chinatown, Redi, Shampoo and Twe Cotton Club.

Thomas Schate: Chair of the Department of Radio-Television-Film at the University of Texas at Austin

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Xiu Xiu, the Sent-Down Girl — Simple

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	I - Hold Village Cammas, 970 % Unit List 19 (4) [1 Not] House 3 - Hold Sing Sing Rand House Sing House 3 - Page Cam Glob, James Pol Por Not 8 - So Side House Sing House 4 - Hold Sing House Sing MAD Notes 19 (2) [1 More Mode Biddle (5) - Note 19 (2) Notes 19 (2) Notes 2 - So Sing House Sing Notes 2 - So Sing House Sing Notes 3 - So Sing House Sing Notes 3 - So Sing House Notes 3 - So Sing House Notes 3 - So Sing House
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COUTH BAY

NO. COUNTY COASTAL

NO. COUNTY INLAND

To the confused with the Four Seasons Boston to the confused with the Four Seasons Boston to the confused with the Four Seasons Boston Boston Seasons Boston Seasons Boston Bost

Lumberyard Gemini We felt we had to make allowances for the chef, on his own, tearing around from one order to another.

flow may restauration is 800 Diggs can bear such a second 'Expert differer can always be-mind at Mile Heurs, Pamplemonse, Georgie-shel Cow, Rippoing, Lapende, and Byes also lettoring the 50th cameroary, I did fine to alude the complete of the complete of the complete of real time. While the exception of high going one of the above adverses—they rely on word from the being in dimers who continue to ext time. But all of those restaurants know the kinds of the complete of the complete of the complete of the different complete of the complete of the other complete of the complete of the complete of they don't vary also't formats.

ings are to Twins westain in it in the read Shopping Center in Encintas. I went of about five months ago and was dismayed be lackluster service and medio, re food. The account didn't seem to know what it was up. But when I heard that the falented Rene

Calendar

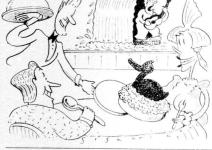
RESTAURANTS

fish soup arrives with toast, shared Gruver: cheese, and a homemade mayonnase called rouille. The broth, prepared from fish bones, lobster heads, femnel, parsley, tomato, onions, and white wase, has a deep rich diavor, like the fiel-urid in boullabarise. With the bread and chee-it's filling (\$7.00). Should you cat the somp with the turney of the shart was well how, needs.

the in monadable. With the rocks had stocked the miscover data shall you will have a perfect bight med.

The shall by reprised from a breast of femal-ables that to cooked skir, down until its browned and once over highly on the fields sade. It's re-ward to be a superior of the shall be a superior of the fields to place of the grill and sheed. It's is the fields to placed on the grill and sheed It's center, flavoral newthern being overcheduring, and not the least big james. Eably greens plus excited the shall be a superior of the shall, but high ond close at the corners of the shall, but high ond the shall be shall be shall be shall be a superior of the shall be the shall be shall be shall be shall be the shall be shall be shall be shall be shall be shall be determined by the shall be shall be shall be shall be shall be determined by the shall be shall be shall be shall be shall be determined by the shall be shall be shall be shall be shall be determined by the shall be shall be shall be shall be shall be shall be determined by the shall be shall be shall be shall be shall be shall be determined by the shall be shall be shall be shall be shall be shall be determined by the shall be determined by the shall be shall be shall be shall be shall be shall be determined by the shall be determined by the shall be shall b

The brings me to I bean skeaturum in the universated Mosping enter in Fanata, I beat a for the with Diomaise crust and some of the state of the stat



that shen the one chet arrives. Herbeck will again be at the top of his form. Be hard to predict the future of Lwins, the interior has a susterful, heartiful art, sootling guitar music, and an atmosphere in which you can release. But Twom, has to decide whom they are ligger at the Line (Biggs at the Line (Biggs at the Line (Biggs)) are soon of the control of the c



"Through a glass darkly," I say. "My future finances are looking very red."

'B

Dilac if.

But I'm looking at the big box on the back page of the mena. Oh, Special Dimor for I'wo, Includes soup or salad, garlic oread, and half-litter of house wine, \$18.80.

It has a choice of four dishes. Half spaghetti,

It has choice of four dishes. Half spughetti, half ravioli, with meat suice; melanzame permi-gana—eggplant; spaghetti and meat saice; spaghetti with meatballs; or mostoccioli (tube pasta) with suisage. "But, Ed, you've never spent that much ou

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Calendar Wine Is a Gift

"The \$900 bottle of Screaming Eagle Cabernet... I think I paid \$60 for that bottle."

From the Lord

the Lord. I think that's fine For ne. Lectually start striking tiles box to accomjum it. But even if my wife and I failed softing the cellent barjum is the explosion Summar.

I failed Story by the x are the
Wine Funk), splitting one bottle
amount. It's \$9.99 - \$16.35. I

MATHEW LICKONA

MATHEW LICKONA

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stand of indulgence. The descended in a contact of the descended i

ood wine is a necessity of life for me, reach the quote from Thomas leftersom on the back blade of every bottle blade or own upwork Kermit lyndrhongs modulus coun ry 1/rad lo a green few composition of ry 1/rad lo a green few composition of the limit leads that with the knowledge that the low green and the lord sketch now, and the is sagistificant the limit leads that the lower levels with the limit leads that the lower levels when the lower limit leads that the lower levels when the limit leads that the lower levels when the limit leads that the lower levels when leads the lower levels when leads the lower levels when leads the lower levels when levels whe

uncell stacked. And black he low end, we made had I remember to stong the difference as you of cultured taste. prices for light count production mines shared, as found in the first the registic cases in their back count production mines shared, as found to the first when the right occasion then but startly despirated from least yet level in production. The shared from the right occasion then but some worth noting.

It is not not not cut to rin range some prices but one worth noting are compounds and how much their vegations are considered from the prices of the remaining severaling. See least week last startled relating my conversations with a second price of the received from the least second prices are seen to the remaining severaling. See a fine of the remaining severaling seed and the remaining severaling seed and the remaining severaling seed and the remaining severaling seed of the remaining severaling seed and the remaining several seed of the remaining several seed and the remaining sever

"I think around \$150. It was an '82 Certan de May

guess the most I would pay now would be between \$200 und \$250, because that s what a lot of current stuff is being released at. I don't think you can get Gaia ja Barbaresco from Italy! below \$200 airmore, and that price is probably a deal, Gaja and the Gui-gal Cote Roties. The has his belowed wines, and he is following them as they climb higher more.

if it ever becomes obscene, he answers, "Oh, yes. The 8900 bottle of Screaming Eagle Cabernet I saw at Zachy's |in New York|. I think I paid 860 for that bottle: |the

York). I think I paid Sol for that bottle: [the markup] is ridiculous."

Sixty dollars sounds like a bargain; the release price for the '96 Screaming Eagle was \$100. But that s still only one-minth of was \$100. But that still only one-mith of what the price tag read. What happened? One possibility: great reviews in the wine press, along with the prestige factor men-tioned earlier, create a reputation for a wine. Demand goes through the root. If wine. Demand goes through the root, if production is small enough, the only way to get a bottle is to be on a mailing list. Some people who receive allocated lots through mailing lists turn around and self some of their allocation to wine shops, which are cage to be able to offer such sought after wines to their customers. Ex-

cryone wants to make a profit—sometimes, the only was a person can at-ford to stay on the list at all is to sell some of his allocation—so the seller asks for more than he paid for the wine. The wine shop turns around and does the same. Demand often comes from wealthy

does the same. Demand otten comes from sealthy collectors, so the sky's the limit or prices. Hence 1990 for x canning Engle, probably similar to obtain it sells for at auction.

When Read Harmigton, who runs the Internet formum the West Coast Wine Discussions Google relieve histopprice seas. Selloran Axian State Caleera, L. can't help but remember that Eve never seen that

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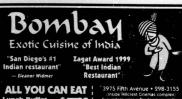


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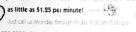
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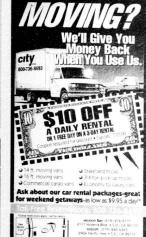


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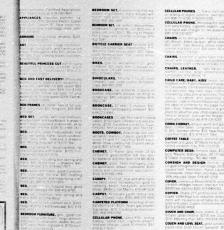
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"We need see to pack away our food so the men can move the refrigencator." I pulled a T-hist rover Angela's head -The dominst are for breaffast."

When Angela and I returned, Rebecca greeted us at the kitchen don. "Where dat you gusy go?" when the grown on the couch and save has aked.

To get domins and sc." Angela is head thinly lift size helbed to the helps.

Better the search of the searc TOYOTA CAMRY

TOYOTA CELICA GT

Two-year-old Lucy crept down the stairs like a little old lady. "Hi, Mommy," she croaked sleepily.

"We're gonna move today."
"You're right, Lucy," I answered.

"Want a donut?"

After breakfast, I loaded Rebecca,

Angela, Lucy, and John into the van and drove to a friends' house. "Are we

going to play with Thomas and Victoria all day?" Rebecca asked.

"Thomas's mom will bring you to our

"Mm-hmm," I answered.

new house around dinnertime. All our things will be there?

Rebeca for our necticed special with the special point of the control of the special point of the special po

When we arrived at Thomas's, the toric girls jumped out of the van. Thomas's morn asked, "Are you sure the appliances, and the play

you don't want me to keep Johnny, too?"
"That's olay," I told her.
"I took him to the pediatrician the properties of the appliances, and the play you don't want me to keep Johnny, too?"
"It won't take them ten hours. I could do it by

when I had dressed, I whispered to Angela. Want to go get domits and kee with me?

Angela hopped to the floor and smiled. "Sure, Mommy," she answered. "Why do we need domine," I called out of the direveay. See you at the new house, I called. The girls waved go "by as I got back to the old house a little after nine. Jack stood in mine." I saked. They were supposed to the floor and smiled. "Sure, Mommy," she answered. "Why do we need domine." I called saked incred through the saked incred to the saked incred through the saked incred to the saked incred through the s

yesterday. He's got two horrible ear infections. He

TOYOTA CELICA ST, 1995, Black 43 3

Ben and his assistant angled the evening Mass. "We're home

red. Every time I moved, an unhappy

person to complain to."
At \$1:00, a tractor trailer rumbled down our street. Two sullen-looking men stepped down from the

cab. The driver walked up to lack and shook his head. "What a nightmare.

man," he said.
"For us too," lack replied, not

At 10:30, Jack called the movers. "It's an answering machine," he told me, disgusted. "I can't even get a live

little yelp escaped Johnny's fev

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By Anne Albright

They moved the couches and the

TV and the dining room table from downstairs. Slowly, the house emptied. When Johnny raised his

from our parish church, now just

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What a Nightmare, Man

Kid

Stuff

morning, I awakened in an anony mous, strapped-bare room. A print of Van Gogh's Starry Night, which usually hangs above Jack's and my bed, leaned facing the wall by the door. Dust whoris fined the empty

bookshelves. The usual detritus of family life, photos and calendars and taminy me, photos and calendars and stacks of important papers, lay stashed away in drawers and boxes waiting to be moved to our new house. I rolled out of bed in the still-

gray light and took a shower, lack tried to doze while Angela burrowed

treed to doze winic Angela butrowe.

Vesteralay, He's got to motion is elfs shoulder and buly) olonuv sougged in the crook of his right arm.

When I had dressed, I shispered to the god on the vested and be still doors if feel very well of the wint me?

Angela hopped to the floor and Angela hopped to the floor and the right wavel go pulled out of the driveway.

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SABRIBE WISDOM, KPRI, CAMERON CROWE — TRUE SD HISTORY? SEE BLURT, PAGE 81

Reader

FATHER FITNESS



RED KASCH JOGS SEVERAL TIMES A WEEK.

If you pass by his house on Edgeware Road in Kensington at the right moment, you might catch a glimpse of him stretching in his driveway, although you probably wouldn't give him a second look. He's a short, lean man who looks to be in his mid-60s, and Godknows there are plenty of those around this town, fit

retirees clad in running shoes and exercise shorts. Kasch, however, 1s 86. And he says when he first moved to San Diego in 1948, "I was the first and only person who was running here. In the whole town!" The sight of him pounding over the streets was so bizarre that people called out derogatory comments.

STORY CONTINUED ON PAG

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LETTERS

We welcome letters pertaining We welcome letters pertaining to the contents of the Reader. You may phone them in by calling 619-235-3000, ext. 460; address them to Letters to the Editor, Box 85803, San Diego CA 92186-5803: fax them to CA 92186-5803; fax them to 619-231-0489; or e-mail them to letters@sdreader.com via the Internet. Please include our name, address, and telephone number. Letters may be edited for length and clarity.

A Lot Of Unfair

Things Took Place mersing arise on the spanese internment during World War II ("Unforgettable," July 1). You know, at the time, nobody ex-pected Pearl Harbor to be bombed, and after that happened, nobody knew what was pened, nobody knew what was going to happen next. There's no question about it, there were a lot of untar, things that took place, just as today, when the government seizes prop-erty from regular bona fide U.S. citizens who have been taspayers make for genera-tions in their family. They seize their property, and in 40 per-cent of those cases where the federal government seizes property they don't even indict anybody, because they re cir-cumventing, basically, the law. I don't blame lapanese people for what the lapanese govern-ment did, because I'r etalize they're nowerless to control to U.S. citizens who have been ment did, because I realize they're powerless to control their politicians, just like we are, and just like everyone else who is a victim of those politi-cians always is powerless to stop them. But here's my question for leff smith. I'd like to see you do another article about what it

was like to be a U.S. citizen in lapan on December 8, 1941. I'd be real interested; I've never seen an article about that.

Name withheld **Logical Castle Map**

Wanted Re "Unfashionable Castles," July 1. It was an excellent article. I cut it out. And I would like to take a drive and see all the houses. So do you have some sort of mapping of the locations of the 20 houses? I don't want to find myself driving back and forth when there's a logical, pographic way to do the "tour."

I Feel Absolutely

feel absolutely terrible. I included the quote to suggest the bawdy, knock-around atmo-sphere at Java Joe's. Wendy and Anya did realize they were talk-

quote from Gregory Page, who said, "We started calling him Wendy because he was so into butterflies and stuff when he was driving the van for the Rugourns, and as a soundman h has that kind of vibe," which I thought was a very sweet thing to say. I understand that Wendy liked the article: Gre gory sent it to him in Turkey. Please accept my apology, Mrs. McMenamin; that's not the way the article was meant to

last line in that article was a

Wanton Paper Waste Please! The "Of Note" blurb of luly 1 seems to be yet another example of Richard Meltzer's [lack of] ability to review music and musicians. You must immediately take away from tion! His unintelligible "fight-ing" riff was a wanton waste of paper and ink. For the record, besides being virtually the only young African-American known

have been presenting satisfying musical shows for some 20

What The Heck Is That Supposed To Mean?

Carolan Gladden

I just read your letter, Mani (July 1). I beg to differ. San Diego is full of talent. Sure, SOMA is gone, but that has nothing to do with your in-put on "no rock and roll in San Diego, and there's nothing that can save it ... " What the that can save it... What the heck is that supposed to mean? I can go on and on and on about how real a great deal of the music is here, especially from the likes of our own. We are a city full of fine songwritare a city full of fine songwrif-ers. Take Tim Pacheco (Sol Power, Psydecar, Wise Mon-key Orchestra). Ever listen to his music? Hey, it is beyond rock and roll, as far as I am best songwriter I have heard in years, and I have been around years, and I have been around a lot of music. Take Ricky An-drade of the RA Brotherhood. Now, come on, even Wyclef Jean, Joan Osborne, and Elton John named this guy Best Pop Songwriter in the 1998 John Lennon Songwriting Contest

entries. Out of San Diego! Like I said, I could go on. What gets

me is that a lot of people may not realize this. For every mu-sic style there is, we have at least four or five extremely tal-

ented bands that produce

ented bands that produce quality original music. Do you know this? Have you been out there? I think your comment about the club scene is fine. Sure, we have the bands at the club scene, but I feel the sup-

Terrible I'm calling in response to a let-ter by Wendy McMenamin's mother (Letters, July 1). I wrote the article she refers to, and I Reader

John Brizzolara







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CLASSIFIEDS

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port needed out of the city is for the national and city wenue talent buyers to hire these fine musicians to open up for the larger shows. Not just the ing to a reporter, and Wendy did not take any offense at Anya's remark. My original he Albright household makes the big move... By Bill Manson

here's a new paper coming to town.
Not to San Diego, Tijuana. And Tijuana already has four regular dailies. Four times

what its rich sister-city to the government mouthpies

north can boast.

As newspaper editors south
of the border brace themselves
for a major lunch — a daily
with big-money backing that
sources say will be called El
Fronterizo of la Frontera — ob servers are taking stock of the shock wave this will generate in Timana's new spaper industry. The difference with this pa-

known for something strange in the traditional Mexican news-paper world independence. "It will be an enormo 's step forward for Mexican journalism

in the Tituana area, says Chap-pell Lawson, an assistant profespell Lawson, an assistant professor of political science at MIT and visiting scholar at the Cen-ter for U.S. Mexican Studies at U.SD. He says this is Tijuana be-latedly joirung a trend toward. independent newspapers such as have been springing up all over the rea of Mexico. "El Fi-nanciero, La Jornada, La Re-forma (in Mexico City), El Norie in Monterrey), new papers in

because, he says, the present ar-ray of daines as mostly wedded to the old "officialist" way of do-

Take the four main papers published daily in Tijuana. El Heraldo, the oldest paper in Ba a California, founded in 1941, sticks closely to PRI opin-ions and values. And it's owned by Agua Caliente racetrack by Agua Caliente racetrack owner lorge Hank Rhon, who bought the paper after the mur-der of Zeta co-editor and columnist Hecter "Gato" Felix Miranda, Hank has always been a strong supporter of the coun-try's 70-year ruling party, the Inonal Revolutionary Party (PRI). The paper's present direc-tor, Francisco Ramirez Guerrero, claims a circulation of 22,000. El Mexicano, the largest-sell

El Mexicano, the largest-seii ing paper in Tijuana, has as its general director Eligio Valencia Roque, who also happens to be head of Baja's branch of the Mexican Workers' Confedera-tion (CTM), a PRI creation. Its staff of ten reporters holds to the staff of ten reporters holds to the PRI line — though the editorial pages have opened up to other points of vizw — especially as PAN (the more business-ori-ented National Action Party) has come into power in Tituana and the state. They're doing some-

J. MR DE \$ 619

DISTRICT WICEWEN DEDUCTIONS LETTER

INHOCENCE.

I CAN SEE

THE PEABULOUS PEINGST

the state. They're doing some-thing right: El Mexicano claims a circulation of 50,000 statewide, with 35,000 sellin; in Tijuana and the rest in Mexicali, Tecate, and Envenada. But most agree it is El Mexicano's lock on Ti-juana classifieds that gives it



capital city p awspaper. A front page spot might be four times that much: \$8000."

What finally crimped the

what finally crimped the custom was not a rush of morality, but President Salinas's selling off many government

industries to private companies and the crash of the peso. The

and the crash of the peso. The government was bankrupt, so it couldn't spend so extrava-gan'ty, "any Lawson," But the practice persisted, Just at a lower volume.

Tijuana's chayote rates may have been lower than Mexico

much of its selling power and

income. El Sol de Tijuana (The Sun of Tijuana), in town eight years, is part of a chain owned by furniture-store millionaire Maric niture-store militonaire Mario Vasquer Rana Rana, known for his views that newspapers should be run like furniture stores — to make money — has built up a chain of politically in-nocuous "Suns" under the um-brella of OEM, (Organisación Editorial Mexicana), So far, the formula works. According to a local United States Information Service report, it is the "largest

13,000.

The owner of Playboy's Mexican edition, Francisco Javier Sanchez Campuzano, also owns El Cambio, the town's youngest daily, with a claimed regional circulation of 25,000, 8000 in Ti-juana. The paper had begin-nings as an idealist reaction to nings as an idealist reaction the traditionalist papers that dominate the town. A bunch of El Mexicano journalists set up a cooperative, got the paper running, then, after four years, ran out of money. A group of businessmen who called themselves Grupo 7 bought them out and turned the paper back to main-stream acceptability. General di-rector is Victor Manuel Hernannewspapers in Latin America." General director Arturo

dez Lopez. The four papers' combined around 80,000 daily papers sold in Tijuana, a city of 1,25 to 1,3 million. But sources close to the street newspaper sellers say El Mexicano sells perhaps 12,000 on weekdays, El Heraldo 1000, and El Cambio 400.

Mexican newspapers are tradi-tionally wildly exaggerated," says Lawson. But it's the editorial side of Mexican papers that worries him. He says they have too many nabits left over from the days when PRI patronage and control involved everything from si-lencing reporters to maintain-ing a monopoly on the supply

of newsprint.

But most often, government officials would resort to forms of bribery to ensure that the pa-pers portrayed them favorable, first, says Lawson, who studies Mexican media, there's the nents."The typical gucetilia i

then inserted into the newspa-per as if it were a legitimate ar-ticle. For a fee. If the iournalist puts his byline to the story, the fee is higher. They will also pay for 'news' photos of officials. Most of the sewspapers in Mex-ico have traditionally counted on that for the majority of their

For journalists, says Lawson, for journalists, shy Lawson, one source of income was the fee they got for helping govern-ment departments place public-service ads in their paper. "Anstudied was the chayote, also called embute. These were monthly payments to journal-ists made directly by the sources sions from the advertiser

the average reporter's salary

"Circulations of virtually all represented the most prominent newspapers received more money. It coald vary between \$75 and \$1500 a month. But normally it would total a few hundred dollars. The same as

ten by some government min-istry, by a political operator, and then inserted into the newspaevenues. At the national k eel, for a long time, the gacetilla was one of the main vehicles for cor-rupting the news media. It still

have been lower than Mexico City, Lawson says, but not much in Guadaiajara the rates were roughly comparable with the And then there was the PAN effect. "Traditionally, PAN PAN effect. "Traditionally, Pay engages much less in this sort of activity. And for that reason they we had quite negative press coverage from a print media |deprived of its unoffiand the charotes substantially exceeded their regular salary. The journalists who were most cooperative and the ones who

ournalists in Tijuana were on the take. But Dora Elena Cortes. Tijuana correspondent of Mex-ico City-based El Universal, says papers force their journalists into compromising their prin-ciples because they pay them so little. "The newspapers are liter-ally sending them out to find money in some other ways. In my case, in order to maintain my independence in what I do and how I do it, I always have ism. You have to keep looking for work to make ends meet. Personally, the media still does

the average reporter's salary.

Lawson is drawing his fig-ures from "the bad old days" of the early '90s. "If you traveled on presidential campaigns, you would get even more charote," be says. "Those gifts were ex-pected to generate extremely positive coverage. The typical cost, its the ower ment) of a cost to the government of a guerilla was about \$2000 for a quarter page [story] in the po-**Matt Potter** is on vacation.

This is the Way It Happened

It was calm because it was Sunday morning. My son and daughter, 19 and 20, were upstairs in their beds. My husband and

CITYLIGHTS

I were drinking coffee and read-ing. He was reading the San Diego Cirioset, don't remember what book I was reading, but I remember the detective crookne his neck to see the title after Het him and his partner into the

No one knows the particular way tragedy will enter their door. Like a student in a classdoor. Like a student in a class toom, we hope if we look busy that tragedy will not call on us. When I first saw them at the door I thought they were Jeho-vah's Witnesses. They were

my son, who was moving up-north to go to college. Less than 24 hours ear' er I had spoken with my mother on the phone. I had told her how sad I was that my son was moving away, how much I was going to miss him. She tried to comfort me, though she was going to miss him too; he was her first grandchild. In the '60s there was a story about spiders that were given acid. The spiders forgot the thing most in-herent in their being; after they were given LSD, instead of or-derly patterns they wove wild

their deaths. Now I have put it so that it won't wear out. so that I will always have it. Later, I remember asking the detectives if either of them had a cigarette. but they didn't smoke. For me and for my extended family, it was the beginning of a smoke murder? It is a separate category

band; it takes me a longer time to fully realize things. He screamed, It's not possible. I re-

member the woman detective telling us we were going to have to be strong. Then the first wave of reaction came to me; I rolled

like a pill bug on the couch and fike a pill bug on the couch and cried. It matters to me that I was wearing the long magenta sweat-shirt my father had just given me for Christmas. I favored that

sweatshirt for almost a year after

A thing that happens to other people. Car accidents happen, cancer creates itself inside a body: regrettably, many of us have experienced these. But murder? It's a fate linked to

world. Ironically, after newspa

pers she loved murder myster-ies. Agatha Christie and Tony Hillerman kept company with her clippings of current events.

What I remember most about

my mother is that she was afraid my mother is that she was an and of everything. If I had to com-pare her to something it would be a nervous sparrow; she was a small woman with brown hair,

and her anxious gestures gave away her fear of the world. She

was afraid of driving and she wa-afraid of flying. After her last trip to New Hampshire to visit her grandchildren, she confided in

me she was never going to travel

again. As far back as my mind

an go she relied on my father's can go she relied on my fatter's tall, strong body and frank way of speaking to mediate the world for her. One of the things I find

most painful to imagine is my

father battling to save my

father slashed and stabbed; they

loved one another so. Murder has its own cate

gories. At first we thought along the lines of a TV show: bulle;

impact, death. But we gradually



diessed in a formal civilian manner, and they were dressed in black. The woman detective was tall and thin with red hair. The man was younger but heavier. Later on I remember him wear-ing cowboy boots, but I can't remember if he was wearing them that day. The woman showed me a badge at her waist and asked me if they could come in, said they wanted to talk to me about my sister Cindy. Cindy is my handicapped sister who lived my nandcapped safer who much at home with my parents at that time. Het them in, and the four of us moved to the round oak table in the dining room — I re member thinking, What possi-ble kind of trouble could Candy by

It was a warm day outside It was a warm day outstac-even though it was January. Jan-uary 10, 1988. I was glad that it was clear and senny because we had planned a farewell picnic at the Chula Vista Bay that after-noon. We had ten pounds of carne asada marinating in the refrigerator. The party was for

asymmetrical webs. Tragedy has a similar effect on you. Because of what the police were about to reveal to us, my son never moved up north. Our lives had

moved up north. Our lives had lost their pattern. After we sat down at the table, the detectives told me that my mother and my father. Melvin and Katherine Heine, were dead. At first they didn't say were dead. At first they ddn't say any more; no doubt we too were under investigation. I don't re-member feeling sadness at that point, just confusion. The mund confronted with incomprehen-sible lacts makes incomprehen-sible lears. I saked if my parents had killed themselves. Why dehad killed themselves. Why do you think that? they wanted to know. The stupid thought I had then was that because my par-ents had both been recovering alcoholics but had recently had a few drinks, they had somehow

succumbed to depression.

Then they told my husband and me that my parents had been murdered. I am made of a denser material than my hus-

great scale that it is outside ou ability to conceive. When we lock our doors at night we ma feel fright, but it is vastly differ-ent from the horror and chaos of a murderer inside our houses. My parents were two elderly re tired people living a quiet life on a nondescript residential street; how could this tragedy open

parents' lives was placid. My father was doing some work consulting after retiring from Rohr Aircraft. My mother worked part-time at the National City Library shelving books. Both of them were homebodies, though my father had more of an ap my father had more of an ap-petite for going and doing than my mother. My mother's idea of a good time was reading. She loved newspapers and had a stack going by the side of the couch with articles marked that she intended to clip. From the

sional piece of patio furnitur or a piece of patio turniture, or a piece of costume jewelry for my mother's collection. My fa-ther could fix or remake any-thing, so garage sales were the mind, it is part of the process that every victim goes through to play and replay the violent scenario. If we slept, our dreams were filled with blood; if we lay awake, our imaginings were filled with cries and supplicasource of his raw material. Bo cause we had just passed through the boliday season my mother had been sporting a necklace of red seeds glossed to tions. I remember with grate-fulness the doctor who wrote me a prescription for Halcion. Even now, a hint of violence on reality that assaulted. A conversation at the police station gave me a keyhole into fear. The fe-male detective asked me: Where did the anger come from? My fragile, birdlike mother, a crazed

BY: Multiple stab wounds. I keep to myself what I read in their autopsies.

My parents' last day on this earth was a Saturday. My father probably rose early because his hobby was going to garage sales. He was not a collector of any sort or someone who was buything he would do for fun. He would buy a tool, or an occa-

attacker with a long, sharp

knife The death certificate reads

#22 DEATH WAS CAUSED

look like beads that my father had purchased at a garage sale Because my sister Cindy was questioned under sodium ambutal we were able to know all of the details of the last day. My father barbecued steaks think because my mother did the cooking for my father and their six children for years and years, she could hardly stand to cook anymore. Then, too, my mother never was a Julia Child in the kitchen. Lalways laugh to think that the only two spices in

parents' house. What I don't can now be searched on the

and pepper. Never once do l'r



But especially in Tijuana. Photographs of everyday life But especially in Timana, says Hallin, rhelet papers keep popping up. Timana has always been dierers. Some are officially oriented, very close to the rul-ing party, not very independent, and then there are other news, papers in Timana that are much bodder and have been part of the process of change — and that Photographs of everyday life and ordinary people that dom-inate [U.S.] photojournalism are a lot less prominent. They have pictures of officials at meetings. Traditionally that's what Mexi-can journalism has been for and about: officials. Other kinds of the properties on but especially orse in Latin American me-Shaking dia at UCSD, says the end result of accepting government payments and government control is "passive journalism."

The photojournalism in El "You've got to remember: Newspapers in Mexico have tiny circulations. They have very few readers. In a certain way they're the trees not extremely important insti-tutions as far as the mass public reporter. And then they kind of force the reporters to do what hey do. to is very much focused is concerned. Most Tijuanans on official images, as their jour-nalism in general is," says the communications professor. social elites too, but especially Daniel Hallin, who teaches a officials." marcolin GUESS GIORGIO ARMANI Use Your Insurance — We Accept Most Plans vin Klein 7 DAYS Free Contacts/ Including Free Glasses July 4 0 **EYE SURGERY** CONSULTATION Revolutionary New Eye Correction Laser Procedure PRICES INCLUDE EXAM Exam & Eyeglasses Contacts ANNEKLEINII 24 Disposable Contact Lenses Two Pairs of Eyeglasses One Pair of DuraSoft D2 Colors 24 Disposable Color Lenses Carlsbad • 760-434-6040 **Encinitas** La Jolla Village Sports Arena UTC • 455-1052 La Mesa • 463-9399 760-436-4648 223-2133 571-3937 El Cajon • 588-1554 453-2260 South Bay • 474-0104

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are going to get their news from electronic media. So most of these Tijuana newspapers an very, very marginal enterprises. "When you look at the cortent of El Mexicano, you can see that it is a traditional, officially oriented nome." The journalsts

oriented paper. The journalists do not do much gathering of indo not do much gathering of in-formation on their own. They mostly use go to press confer-ences and generally summarize what the officials have said. And they also do very little analysis or interpretation. It's really very dull. These newsyapers have never really tred to build mass readerships to their require under-tended and also commercially pendent and also commercial ictive paper comes into town, one that really wants to build

readership.

Which makes the coming for Hailin and Lawson and other Tituana-watchers. It is said that publisher lose Santiago Healy Loera has ridden into town with 88 million to invest in a news paper. He has hired over 20 usiness and editorial staff and given them a new headquarters on the Via Rapida Oriente in southeast Timana. "We will start with a print run of 20,000," he nosillo, "and hope to rise to

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That reflects the kind of vacuum [that exists] in Tijuana, says Hallin, "In a certain way it pomalous that Tijuana should anomalous that I juama should not already have a strong inde-pendent daily newspaper. Be-cause I juama is one of the more advanced cities in Mexico, so-cially and politically. The first city where the PRI lost its monopoly. I think this company

rightly sees there's room for a competing paper. Healy, the great-grandson of an Irish immigrant to Mexico, says his journalists will be sufficiently trained and paid enough to assure their independence.
"We have more than 60 years in sournalism in Sonora [with the respected El Imparcial] and for the last ten years in Baia Cali La Cromca]. The family cor pany was founded by my grand-father. We don't belong to any political parties or groups. Our job is journalism and to tell the

truth.

He's clearly banking on Ti-juana's better-educated, up-wardly mobile generation. He says his target reader is "anybody who carns more than three times minimum wage," which in Tijuana is 900 pesos a month (890). "The lower and upperthe fifth-largest market in Mex-ico, is 'incredibly dynamic.'

"El Mexicano is either go-ing to have to become more in dependent or go down." Zeta's editor, fesas Blancornelas, said

he calls the William Randolph





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CITYLIGHTS CITYLIGHTS CITYLIGHTS CITYLIGHTS Hearst factor: that news-ma nipulating media barons will just replace today's news-ana-nipulating government officials "My difficulty," says Lawson,

will be gauging the extent to which editorial control is sepa-rated from ownership within the paper. You always have this

such as Healy is also the editor in chief or is also very heav-ily involved in the editorial side. That's always a potential source of tension and conflict, exacer-

bated by the absence of a highly bated by the absence of a highly developed culture of profes-sionalism within much of the news media in Mexico. In the United States you would have somebody who would push

back against a publisher. That hard to do in Mexico."

The way it

happened

know about that last night is if

my father made his famous blue cheese dressing, or if they used

bottled dressing on their salad. My father guarded his secret recipe like an heirloom; he

I know that my mother took

cookies and hot chocolate to my

cookes and not chocotate to my sister Cindy while my sister was watching *The Love Boat*; that must have been between 9:00 and 10:00. I would like to think

that my parents made love that night before they went to sleep, or that they kissed each other good night and cuddled in the

spoon position for their last few bours. I would like to think that

they knew how much they were loved by their children and grandchildren. But the world is so imperfect. Ioward morning

sister heard a struggle ou

side her door and later heard the

metal click of the gate as some-one ran away. Later, when we were finally allowed into the

ouse, we saw the stain of bloody footprints leaping from the back porch onto the patio. Later still, I remember my older brother David crying as he scrubbed away those footprints

with a cleanser; we were getting

After the police left, the horro

of telling others began. I called

my sister in New Hampshire and told her. Then I realized she was

alone in the house. So I called her mother-in-law and asked her to please run down to my sister's house. Then I called my

mother's sister. She just kept sa ing No, no. It's not possible. And that's how it felt. Impossible. Surreal. There was nothing in our knowledge or experience that could lead us to anticipate

this — or accept it. Later that night some friends came over to comfort us. My sister Cindy was making her bed up in the study:

she would live with us for the next two years. My older brother

David was upstairs in front of the television. The news was on and I heard him scream. We ran

upstairs to see our parents being

the house ready to sell

right moment.

carried from their house on

doned off with vellow tape. The

gold boxes, their beloved bodies reduced to ashes.

The district attorney initially

issued a warrant for the arrest of

next and last time we saw our

someone who lived in Orange

evidence to retain this suspect.

Later the police told us that it

was likely a hot prowler who has

just come in for my father's wal-let. They suggested that the trademark in the little circles on the bottom of the murderer's

tennis shoes linked him to a cer-

tain race. Nothing came of this

avenging the maltreatment of my sister; however, there was never any evidence to support that idea. No more warrants were ever issued. It is a terrible thing to not know who committed this crime: it is worse to

We lived in fear for a lone it was a deranged neighbor

time because neither the motiv nor the murderer was ever definitively established. We re-named our house the Bunker. We bought a big dog and we fortified ourselves with weapons and people. My sister Karen left her family in New Hampshire

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world was gone. The one where we slept in our beds soundly. The one in which our mother and father lived. I remember

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The funeral for a murdered person can never bring closure. especially if the motive and the murderer remain unknown. In truth, I have no idea what the

word closure might mean. What

I have observed is that murder does not up the ante of grief. Whether the cause of death is else, there is no measuring cup for loss, and there is no such thing as closure; as it should be, My parents' funeral was a mock funeral. We knew that the police were filming it, looking for a sus-pect, so it took on an imitative quality from the onset, Inside the chapel, fake birds chirped in their cages while a preacher freely stated that he never knew our parents and then proceeded to say inane things about them And our parents were nothing,

tures in a collage, ashes in a gold veal to the murderer where w

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from the time we were young, so she was always putting books into our hands. The stories that influenced me most were the stories of families pulling together against terrible adversa ties: Five Little Peppers and Hor They Grew or Little Women, or They Loved to Lungh. For a while we were a family united against the world. We were herce in our support for one another. One person cooked while another son called Victims of Violen Crime to make a counseling ap-pointment. Someone picked the kids up at school while someone else helped our sister with her SSI forms. But tragedy run down trult lines like earthquake

tremors. Gradually we were shaken apart. In Phaedo, Plato says, "But the soul which has desire for the the soil which has desire for the body. flutters about it for a long time and about the world. Like many, I experienced the sensa-tion that my parents were still close after their deaths, only a blood pulse away. I felt they in-serted themselves into my days: I took the smallest thing, a wasp's nest fallen on my windshield, an unexplained chayote (my father had just learned to cook them in my grocery cart, as signs. Signs that my parents were near, that they wished to commun-ca'e. It made sense. Their bodies ripped so unexpectedly from their souls left them in some intermediate state. The phe nomenon was so strong I re-member going to the cemetery and asking their marbled wall who the murderer was. The mind comforts the body in gen ous ways. About a year after their deaths I was given a great dream. In the dream my parents house in Pacific Beach. It was a told me they had come to say good-bye; they were off to travel the universe.

> appreciate what we have by it was not us. We are reminded that the most improbable, unimaginable event may happen to use of our loved ones at any moment. Are they driving on the freeway: then worry; are they coughing too much: then worry; are they sleeping quietly in their beds on a chilly lanuary night: then we must pray to whatever powers we respect. After that, all we can do is what we should be doing anyway— Us. it was not us. We are reminde should be doing anyway — try to love the ones we love better and drag our feet on the ground like we did when we were little kids on the merry-go-round linger in each given moment.

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house in Pacific Beach, it was a hot summer day and the inte-rior of the house was cool and dark. My parents were wearing baseball caps and were driving a yellow Volkswagen bus. They

universe. I do not believe we are given trials to learn from or to learn to appreciate what we have by comparing it with what we have lost. I refuse this kind of God or cosmic logic. I have worried about how to write about the because such great loss should yield knowledge, yet I believe in the end nothing can be learned. When we witness another's tragedy we can only empathize with their grief and rejoice that it was not us. We are reminded San Diego's #1 Activator of Wireless Phones in One Giant Location Premier Wireless gives you:

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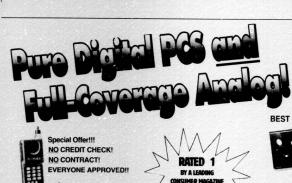
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ent to the Oakland A's 1998 season opener. They ere playing my team, the Boston Red Sox. The orminican ace Pedro Martinez was pitching his sty game for Boston. There was so much promise the spring air: the Red Sox won, Martinez tooled has a goine in resident. There was as much promined as As batters with the danning pick-sea. All ross VI carry, or all people, that an inside the park home run, a miracle that I missed because I was playing, my own game of pickle with the beer gar, not an easy man to pin down. I saw satting thereis benin drone plate in the pin down. I saw satting thereis benin drone plate, and in the pin down is assisting thereis benin drone plate, as the batters does not an see the garden street, as the batters does not an early and service, as the batters does not an early of the part of th

what most fans do not; that is, tl.; physics of baseball.

An excellent hitter hits the ball fairly about one-third of the time he bats, earning a respectable aver-age of about .333. What's amazing about baseball is that a batter hits the ball at all. Understanding this,



distance from the mound to the plate in less than half-asc ond, requiring liphting reflexes. Into much bas-ter to even make contact. So to hit a half-fairly, which means, of course, that a linter must suggi long before the ball reaches the plate, requires a reflex-of about 700 sentino of a second—a time during which a batter must decide whether to swing at all, or to hold in join to disk for some

which a batter more decisions—a time during which a batter more decision or so hold up or to dock for core in some at all or to be decisions or to hold up or to dock for core in a section called Biological Roefull, the Exploration runs six places the skill to him the larger on text of biologic. The Roefull is a game placed at the edge of biological runs is set with the fitness of a human stability to react. Exactly hose humans are able to estimate the expected posturion of a quickly moving both is out nown. Obviously, this remarkable skill is learned through long grantice, Feebram-book cours for the core of the place of the place of the core of the place of th age of about 333. What's amazing about basebulls that a batter his the bail at all Understanding this knowing what it take for a placet to play above a vertex of the vertex of v

when hit by an impulse (the ball), produces no impul-sive reaction at the point of suspension (your hands

when lithe an impulse the ball; produces no impulse we reaction at the point of suspection your hands widning the ball. "Hirth tene," all of the swings power will be transferred from the bat to the ball."
What nakes wathing basefull or occuring is that, contrary to all of the physical evolution, it is not a gone of chance. Good batters in the ball deliberately-wade longs, in his prime, not out in the ball with the sweet spot but fur the ball in a desired direction—easy from positions of ledders. The Science of the ball of the ball is a desired the same of the ball is plant with the great trony of the jame of the ball. It is a supportant that the great trony of the jame of the ball of the ball. It is a support to the ball. It is a support that good hitters get the "Baseball is a game that good hitters get ther." "Baseball is a game thought from the ball.

that good hinters got their profit from the pitches. And there are many was that a pitchet rip of this pitches. He grips is the dard fingers stand over the top of the full; there's your fastfull, when he throws a curveball, the chokes the full iwdges is between his thumb and forefinger, gripping it on

of between his thumb and abbitty to react. Inortinger, gripping it on the side so it staks out! So was seen much solit, of the ball shows on a fast ball, and how much more shows on a curvebal! ball, and how much more shows on a curvebal! ball and how much more shows on a curvebal solit, and how the solit shows the

a fastball. When they turn their wist, if 's a brealing pitch.
You'll learn as much about the challenging physical pitching at this site as you will about the science of hitting.— Iasiballs, curveballs, and shiders are all dissected and diagrammed. What you won't learn, honever, is low to forgive the frozen statue of your team's number mine latter. That and Boston's strail gasawa of Bals Ruth and Mo Vaught, and the 1986 World Series, and Eck's home error half to Cleev. land's Manny Ramirez in last year' ence can't touch these.

- Justin Wolff











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ADMINISTRATION IN SAN DIEGO

COUNTY, 1935-1943"

PAMELA HART BRANTON.

MASTER'S THESIS. SDSU, 1991

Works Progress Admin-istration. It employed "boondogglers" — people adept at looking like Smith they were working — and created "leaf-raking" jobs of little or no value. Severest critics of the WPA saw the emergence of

socialism in America.

Others see the WPA as the saving grace of the Depression: \$4.8 billion dollars

for work programs, the largest peacetime appropriations in U.S. history. Between 1935

work force was involved with WPA projects.
"In the end," writes Branton, "millions of workers found jobs in private industry, their skills intact or increased and their self-respect

Between 1929 and 1933, the Gross National Product dropped 29 percent, construction was down 78 percent, investments 98 percent, and unemployment rose from 3.2 to 24.9 percent. Ranks failed. The homeless stood in soup and bread lines, sold apples on the street, and gathered in makeshift camps they called

President Herbert Hoover responded to the crisis in "the American Way," Relief was a state and local responsibility, he argued. Public works are ineffective and too "pater-

runic works are ineffective and foo "pater-nalistic" and might deepen the Depression. During the 1932 election, Franklin Delano koosevelt promised employment through public works. Hoover argued the promises were "frivolous" and that "no such employ-

were 'Irvolous and that' no such employ-ment can be found."

The finergency Releft Act of 1932 lent the states \$400 million for relief purposes. The WPA grew from this act in 1935. Roosevelt insisted that a public work should be "useful in that it affords permanent improvement in living conditions or that it creates future new wealth

for the Nation." San Diego may have ben fited most from these projects. By 1938, con struction in San Diego was six times greate traction in safe riego was six times greater than in any other city. It became difficult to procure enough men for the rehef rolls, for large projects, operalls because of the expan-sion of defense undustries and defense related. WPA projects. The Depression was less severe and ended soones in San Diego than

in most of the nation.

The first local WPA project: On October L. 1935, 25 workers — surveyors, engineers, brush-cutters, pick-and-shovel men — built a road to the top of Mount Palomar, to pro-

a road to the top of Mount Palontar to pro-vide case access to the new observators.

On that some date, the government observed under protoco to San Diego, These included with the process of the San Diego, These included to the process of the San Diego, San Diego, San Diego, San Diego, The San Diego, San Diego, San Diego, San Diego, San Diego, San Diego, San University Deeparties, and the san Diego, San Diego, San University Deeparties, and the san Diego, San University Deeparties, and Diego, San University Deeparties, and the san Diego, San Di

versity benefitted. In 1931, the college had outgrown its orig-inal focation on Normal Street and Pa-k Boule-rand. The Was helped relocate in to the cur-rent site, at the eastern edge of the city. A typical WAs procest within the SDSE rela-cation. Artes, Boul. "It was ideal in that it employed many men, from 300 to 700, and required little cost in equipment," and most other works when the work was described.



he WPA repaired and improved city streets and built many "farne to market" roads, the largest being Mission Gorge Road; one of the smallest projects, the trail—and the wooden

smalles projects the trail—and the wooden bridge—wit Coas Walk, nor the Labid Core. Franklin D. Roussevelt dedicated the San Diego Circi. Carter, once of the Largest WPA works on Systember 16, 1988. The most conversal project? The Del Mar Engrounds. Sim Degos Strist county fair took place in Son. After that, it mixed from town to Son. After that, it mixed from town to Caronado to the Exposition Buildings of Ballon Path. There was no county fair between 1931 and 1935.

The Trajle, temporary structures in

The fragile, temporary structures in Balboa Park were not conducive, and the city wanted to restore them, but not to house

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MASTER'S THESIS EXCERPTS:

1. Clyde Parker, an El Cajon Valley resident and editor [for the Federal Writers' Project] admitted there were a few communists working on the project. In his opinion examining the political philosophies of others was a sign of the times: "a time when the dodos, dunderheads, and deadheads refused to entertain at least one bright idea regarding the salvation of the state." The communists were not the only political group.... Fascists were present in large enough numbers to support a left and

2. The guide was published in 1937 as San Diego, a California City. It contained 138 pages of text, maps, and illustrations... Pacific Beach residents were irate because tention was made of their racially segregated beach. And the Navy forbade sale of the guide on its property because it did not appreciate a reference to the honky.

3. Several schools in the county also received adornment during this period... Coronado High School has one of the finest examples of relief murals... Donal Hord served as a draftsman on the project... The center panel depicts the mythical Amazonian Queen Calafia, after whom California is named.

4. The largest of these projects was the huge sewer project around San Diego Bay, Because of the dramatic increase in San Diego's population, sewage lines all over of sereoity smelled of another rose.

Sereoity smelled of another rose.

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The mesa on which the park

The mess on which the park-was located was experienc-ing the growth of the Navy Hespital and the zoo. The county needed a permanent fairgrounds.

Sate Senator Ed Petcher-voted down the first proposed site Crown Point on Mission Bay Fletcher recommended. a 184-acre site in the San Die-gunto Valley of Del Mar. Fletcher and his family lived in Del Mar. 'As a manager of in Del Mar. "As a manager of the South Coast Land Comthe South Coast Land Com-pany, he had developed Del Mar's first subdivision in 1908 and had a vested interest in the site... Land values in Del Mar would naturally be

Mar would naturally be enhanced if it were the loca-tion of the county fairgrounds." The project also included construction of a one-mile racetrack — the only WPA project that did so. A number of men (Bing Crosby among them) for med the Del Mar TartChk.

them) formed the Del Mar Turl Club, boasting the "fastest track on the Pacific Coast." "Criticism came mainly from the leftist San Diego Sun, whose concerns were dismissed because of the money and pay-checks that flowed into the county for the track... Foadd to the dubious nature the pro-ject was assuming, state WPA director George B. White was

director George B. White was quitely made director of the 22nd Agricultural District (which includes Del Mar]. What directors were not sup-posed to involve themselves posed to involve themselves. The difference of the con-tinenest could arise. The difference Del Mar Engrounds was the largest single WPA pro-ject in San Diego County. The estimated \$498.192 fig-ure was somo extended to a possible of the control of the possible of the control of the con-trol of the con-Dam project." .



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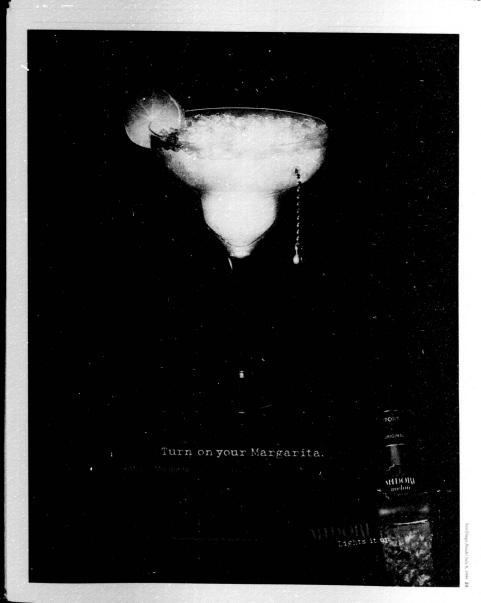
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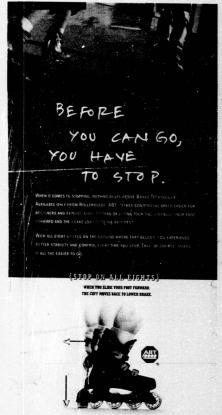
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Concern for the Lion

Young men like lots of

rules... a heavy structure."

ometime before I get married, I headed north to ILA. In opa's a visit to Isano, a gry I was friends with in high school. He now works as studie concurring at a major studie in I field/wood. We have differed over the existence of Goad I acta six one emitting the other of the studies of the studies of high when these sorts of conversations first arose. On the dip's visited we spent several hary demonstration for the studies of the studies

from his nature — and so did not require the com-nandments of an extrinsic, if personal, God.

I didn't argue, in part because I never think of the right thing to sw when tallings with Jason, and in part because I thought be was partially right. Man can find a foundation for vitrue within his nature. I be can discover that goodness is not some thing added on to man, but rather the fulfillment of the kind of things man is, A good kind is no tal-tially a some proper of the property of the hand performed some glient to it, but mercy's a kind-tan performed and this dish't correct com-tant performed and the dish't correct com-plets. If God created man, if I be last the pathority of a watching them in submitted give did not be his authority.

an author, then man's ultimate guide will not be his nature but the creator of that nature. God and His

nature tout me creator of that nature, tood and His rules will not be extrinsic but integral. Commandments will indicate what a main must do to be a good man — to fulfill his rulure.

Obedience assumes new status with this X, hangs-time defined virtue as havaing one's will in accord with the will of God. "What-does God want?" becomes the first and final question. That notion returned

the first and final question.

That notion restruction that only finder, John That notion restruction that only finder, John Sanders, present participation of the present participation of the present participation of coloration, he told me that young men like loss of coloration, he told me that young men like loss of coloration, he told me that young men like loss of miss. They feel most secure when we have a structure. He cited a recorder who concluded. There are you know a soung a soung

the rules out for himself and stops to think about the countaints on those rules, the become valuerable to attacks of doubt. What if he is wrong! He may have that a hand in misling the little mean about the same are buildings, but the did not make man. The same are supported to the same and the same "Over the years, his family had turned mostical and for the same and the same are same and the same "Over the years, his family had turned mostical and client family, but gradually the violence had been delected and turned moster. He general general family and had been all the same and the same and the control of the same and the same and the same control of the same and the same and the same control of the same and the same and the same that and saids and and accordingly and dark so what and saids and accord-ingly and darks what and saids a said and accord-ingly and darks what and saids on all accord-tingly and the same and the angly and did not care what anyone thought. He even wore a pistol in a holster like a Western hero and once met the Grand Wizard of the Ku Klux Klan and

once inet the variable Wazird of the Ku Klu and invited him them and there to shoot it out in the street. The next generation, the grandfather, seemed to know what was what but he was not really so sure-He was brave but the gave much thought to the busi-ness of being brave. He too would have shoet it out with the Grand Wizard of only be could have made

certain it was the thing to do.

The father was a braze mire too and he said he didn't care what others insught, but he did care. More than arwthing else, he wished to act with honor and he thought well of by other men. Se living for him was a strain. He became tomical. For him it was now mall thing to said, down the street on an ordinary September morning. In the end he was killed by his town it may and sadness and by the strain of living out an ordinary day in a perfect dance of living out an ordinary day in a perfect dance of living out an ordinary day in a perfect dance of living out an ordinary day in a perfect dance of his morn, also for the present young man, the last of the honor. As for the present young man, the last of the line, he did not know what to think. So he became

time, he did not know what no think. So, he became was whether and a shearer. The degeneration takes several generations, but it still its state that a conjugate quality of the still its state that creeping doubt — what if it still its state has creeping doubt — what if it an wrong?

In contrast, consider the lessist father leaner, logicase, logica, a reneration, usa, 20 when he landed on the shores of North America to work as a missionary to the future on latens. The years as 16%, the place was not far from where (growing in Upsauch, New York, 19 felz), and his felion priests had helped in the conversion of a cast handred odd sock. The heavest that was convex and 45 was should be heavest that we convex and 45 was should. The harvest had your way poor, and skinness abounded logues was chosen to lead an expedition to Quebec for supplies. On his return journey, he was captured by the Hurons' bitter enemies, the Irsquois. They beat him, pulled out his hair, beard, and nails, and chewed off his forefingers.

His seem gows managed by Dutch white some in-

the scape was managed by Dutch publicians in New Netherlands who had heard of his plight, and he made his way back to

France. One account has it that he had to travel to It that he had to travel to Rome to obtain permission to say Mass with his man-gled fingers. After receiv-ing that permission, he turned around and headed back to the Americas,

receiving to preach to his tortimer.

After his first with a a missionary to the fro-quess, belt thehind also of religious articles. That year, the froques suffered a had cope and an epi-demic, and they blumed their woes on a devil in the top of the control of the control of the con-trol of the control of the control of the Note. Upon logies sterm, they invited this to dis-ner and townshawked him as be entered the color. When lirst heard that sore, what struck me was read to the control of the control of the con-trol of the color of the color of the values of the color of the color of the forth of the color of the color of the forth of the color of the color of the forth of the color of the color of the forth of the color of the color of the color forth of the color of the color of the color of the forth of the color of the color of the color of the forth of the color of the color of the color of the forth of the color of the color of the color of the forth of the color of the color of the color of the color of the forth of the color of the color of the color of the color of the forth of the color of the color of the color of the color of the forth of the color of the color of the color of the color of the forth of the color of the color of the color of the color of the forth of the color of the color of the color of the color of the forth of the color of the color of the color of the color of the the color of the the color of the the color of the the color of the the color of the the color of the the color of the the color of the the color of the color of the color of the father for his children

logues knev what the rules were; he knew who was in charge. He did not live by his own rules but by God's. Knowing them, he was able to be a man and do his work well. That is part of the reason why

and do his work well. That is part of the reason why lan naming my second son laste Edward legues Ischom (Idward is for his great-grandiather). I want him to look to the saint.

I start him to look to me as well, the way my older and the saint source, but I do not want their way the ultimate source, but I do not want their makerstudings to sop there I wine at the statement of fathers to children in wapid I'V movies. I' would when the look of the look of the saint down the saint work of the saint down to the saint down the saint was the saint down to the saint down

I want my sons to see that I am called Father because.
In some meager way, initiate some of the attributes
of the real Father; the real author of their being. To
see that I have authority because it has been delegated to me by that Father. To see that no man
makes his own nature, and so no man ought to
carre out his own rules to govern that nature. As a
father and a man, I believe! Can function best when
I know the objective; the mules and who No in chure. I know the objective, the rules, and who's in charge



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(EXERGISE YOUR SOUL)





I've been killing off so many characters in my novel that I'm surprised when I sit at my computer not to find sticky fresh blood smears on the monitor screen. I'm surprised when I type that my fat fingers don't dribble gore. My doorbell rings; I'm surprised that two policemen aren't waiting, one with a drawn pistol and the other, clanking handcuffs. But, given what a bad, evil, and criminal person I often fear myself at heart to be, I'm surprised I'm not pacing a barred cell in a noisy, stinking women's prison. I'm surprised when I rub my bare ankle that my fingertips don't linger along leg chains. Why should I be surprised? Since childhood I have been prisoner to my own jailer, I have chained myself with my own chains.

Where ld wriggles around, tickles me, and flicks its long scarlet, sotted tongue. Ego has striven to get her big fat bossy ass in charge. I bet you know how that feels.

I bate, hate, hate it when people tell dreams. I feel desperate with bore-

I hate, hate, hate it when people tell dreams. I fed desperate with bore-dom. But I am gring to tell voil until Ye been working so hard at killing. Polly's numbless father, Polly's mother faith, and Polly's daughter Car-oline and then two vogranted readiness' deaths, a tenage boy who's Polly and Pill's son Danny's best friend, that I dream about dead people. Some perfect this dy-term attest up and next thing I know, is 1500 on a dead body. One when I walked at night on unlit streets in of all places, baliny Tegri-segips. I hondrises, I stopped off a hipp curb right down onto a dead supply and the properties of the places of the policy of the policy in the policy of the policy of the policy of the policy of the policy in your, should in a flimes bank of the policy of the policy of the hard, on that dead dog. I will dely not, that I stepped so heavily onto that dead dog that the dog's rish broke.

Writing flees occars, so time, has been flearing that while Sends reflecting that while Sends reflecting that while Sends reflecting the sends of the sends reflecting the sends of the sends reflecting the sends reflecting the sends of the se

down their hack and men whose tableded form failed sakes barris. Women who straid home will be kick and mask their own granols and in wispy altons sing folds and mask their own granols and my wispy altons sing folds men, when they came home from offices, who melled a joint and stared at Walfer Cronkite. Weall smoked daye, tools of dope, Wear healshish, bladed must brownies, using, of course. Alice R. Tokkis viceipe, and in Tollhouse cook, each other an asseet potatop is felt made as worm lineurs and once may assee potatop is first made as women languages with the same through the same of the days after when the same through through the same through the same through the same through the same thr down their back and men who established formidable

when explaning where she wort on Tuochay evening. This was Georgia group therapy. Fire explained Gestali therapy by saving that while Frend, "an unhappy man," it ever there was one, had, as his therapsuic dictum, Where Id was, let gaple, what Gestali work did was get the lion to lay down with the lamb. That is a fairly accurate reteration of what Fire said. He said to flette mough, and I have a pretty good memory, Good knows Fire kooked. askance at Freud. He was wont to tell us that Freud

WITHIN THE to do. Freud was a "mouth ROOM'S breather" who exhibited signs of the dread "hanging-on bite." If you had "hanging-on bite" you had not separated BARE WHITE WALLS SO MANY TEARS HAD BEEN

PERHAPS IT

FELT LIKE

CHURCH

BECAUSE

SHED AND SO MANY CONFESSIONS

WHISPERED

OR HOWLED.

which paid is situation of the control of the contr tion to being lateness, was evidence of toxicity. Any one who knocked after 7:25 was not permitted to

inches tall and must have weighed 220. If you didn't know him and you bumped into him at Safeway, you might think he was a hard-working farmer; his face and neck and lower arms were suntanned; his upper arms bulged with serious muscle. He didn't, though, smell like you magine a farmer mells, he gave off odors of Ivory soap, san-dalwood, and the hand-rolled cigarettes he smoked. Eric's two-story farmbous

dominated a knoll in the midst lersey cows, which he and his icrsey cows, which he and his wife Lulu milked. They kept the cows, Eric said, so that their four children (two boys, two girls) could drink unadulter-ated milk. He kept chickens and ducks and geese. He raised rab-bits, many, many rabbits, white rabbits with black markings and lop ears. In winter the rabbit hatches stood in a heated outand ice melted, Eric moved the and he metted, Eric moved the hutches out-of-doors, where they stood under shade trees along the west side of the out-building. In warm weather flies buzzed beneath the hutches and hovered above the rabbit

droppings.

Even though, when you walked through Eric's wide front door into the huge white living room, you could smell what Eric's wife Lulu had cooked for dinner, the atmosphere did not seem domestic. It felt like church. Perhaps it felt like church because

herds and his Basset hound and his two cats. He urged us to take big whiffs of each other in the group and at home to sniff our families. He said dogs were great teachers and that we could learn a lot by watching a dog. He said he could smell toxicity. "You are very toxic tonight," Eric might say, "very, very toxic. I
want to work with you first."
Eric forbade us to talk, to him or to group members, when we arrived. Large, flat, bright

preposterously silly our group therapy seems to me now. Eric did help people help themselve For group, Eric dressed casu ally — gray sweatpants and gray sweatshirt. His wide feet, broad toes tufted with black hair, were bare, and the toenails shor if buffed. Perhaps because he was so large and because he padded about so heavily on his huge feet and because his feet

about him of an ancient god, car arout him of an ancient god, can-tenkerously mythic. Eric embraced each person at the door. He grabbed you and pulled you to his barrel thest and hugged you hard and maybe ran a hand through your hair. Eric loved hair and be ran his long fingers through men's and women's hair. He said that he hugged us at the door because he loved us and that he hugged and held us because he needed to smell us. He said he could

and his two Australian shep

were so hairy. Eric had an ai

walls so many tears had been shed and so many confessions whispered or howled. It also felt like a space where any

moment a miraculous even

whoosh, right up through the living room's high cathedral ceiling into the dark starlit night

or a change of heart so pro-found that you could not help but think of Easter morning

but think of Easter morning and the phrase, "Roll away the stone." Because for all the nut-tiness that went on, and for how

what feelings, back in those days, I was staying with. I know that I wasn't even 25 and my chil-dren were toddlers and that I was frightened and unhappy. I alway felt disappointed with myself. I was afraid I was not a good wife and not a good mother and not a good cook and house keeper. I was nervous. My heart beat 120 to 140 beats per minute. I stood in the kitchen. The fingertips of my left hand gripped my right wrist. I counted the

THE PLOT MOVED FROM CAR WRECK TO SUICIDE TO THE TRUCK RUNNING OVER CAROLINE TO DANNY'S BEST FRIEND SHOT IN THE HEAD AND DANNY WITH HIS FRIEND'S BRAIN TISSUE SMEARED ON HIS JEAN JACKET SLEEVE.

pillows that Lulu stitched on her whiz-bang Italian sewing machine were arranged in a cir-cle on the bare living-room floor. Eric's high swivel barstool stood two wooden straight chairs. We were to take our places on a pillow and close our eyes. We a pillow and close our eyes. We weren't supposed to close our eyes tightly. We were to let the lids simply fall down easily, like wedding veils, over our eye-balls. We were to pay attention to how we were feeling. We were to stay with the feeling. I wish I could remember

soup simmered on the back burner. The soup was arsenical green. Ham hocks cluttered its surface. White fat circled inside the gnarled maroon skin and around the small bones. I thought about pigs. Fleshy pink pigs. I thought of what our priest said about Jesus, how his face looked at you from every face. He said we must be kind to one another.

beats. I wondered if my heart

might explode, right there next to the four-burner gas stove. I felt drawn to the blue flame cir-cles. I felt drawn to the sweet

gas. I turned the front burner on and turned it off. Split-pea

to myself. Outside the day scrolled by, and out the wir dow a stiff breeze oughs' tips brushed agains the glass. I thought that the world loved me and I did no love the world. I wondered if I'd stick my head in the oven the way Sylvia Plath did, even though I was not talented, the way Sylvia Plath was talented, and did not as she did, go to a fancy colle like Smith. I wondered if Sylvia Plath ever made cornbread. I wondered if I would ever be nything other than a wife and nother. I wondered if I'd swa low pills even though I didn't have any pills to swallow other than bright-yellow One-a-Day vitamins that turned my pee the color of Van Gogh's sun-

I did not know how to be kind

hire in a starched nurse. I hoped therapy might save me. I needed to be saved. I was not old enough yet to know that I would have to save myself. That is some thing that, this morning. I know Jack, my husband, who worked all day with his hands in people's fifthy mouths, grind-ing out stinking cavities and scaling rotten bacteria-crawlcomplained that Eric made eas money fucking with people heads. Jack and I went to mar riage counseling sessions in Eric's small windowless study. Eric urged Jack to "stay with

flowers. I wondered if I should

Jack stared at his right knee

"What's happening?" Eri-

"I'm staring at my knee. 'What's happening with vour knee?"

"It's there, under my jeans,

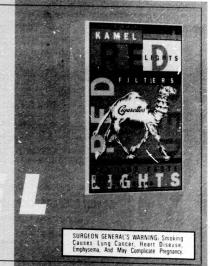
being my knee."

Jack, after two sessions, refused to go back. He said that as much as he loved me and cake and chicken fried steal with cream gravy and loved to kiss my stomach and loved to cuddle in bed late at night and listen to the radio with me, he'd divorce me before he'd pay one more dime to be humiliated be that self-serving scumbag piece of shit. He said that he thought Eric had the hots for me and that he'd better keep his hairy hands to himself

I have no idea if Eric slept with patients, but given how could have. Even though many years would pass before I committed adultery. I might has slept with him, had he asked. I siept with him, had he asked. I was that obedient. He didn't ask. Lulu, openly, dtd sleep around on Eric — with several neighbors, with the junior high school principal, with a burly red ter at the small local college with a 17-year-old high school basketball player. We women admired her, too, and, I suspect, wanted to be like her, ever if it meant putting on the 30 extra pounds she carried and not shaving our legs or beneat our arms. She was built big, like coiled and uncoiled all down



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bouncy bottom curved outwards. Her eyes always seeme wards. Her eves always seemed widely open and her cheeks often were tear stained and her lips slightly soulien. Unlike Eric, who smelled of Ivory, Luli, amelied of sex and bed and sheets. In warm weather, she wore sarongs and halter tops and no brassiere. Stretch sears striated her huge breasts. She sove ellowers in her bair. She sove ellowers in her bair. She wore flowers in her bair. She tucked the occasional Ameri-can Beauty rose from the bush in her vard behind one car, a droopy tulip behind another. No blosson is safe in her reach," Lonce heard Eric say, about his

wite. "No blossom."

Ericalso said, absort Lulu, that
she was the healthiest person
he knew. During the year that
I was in Eric's group, Lulu several times flew to California for primal-scream therapy that regressed her back to the day she was born and for Rolling by Ida Rolf herself. "Ida," Eric and Lulu called her, saying the name with grave affection. "Ida," name with grave affection. "Ida-Eric, who also flees to Caffro-nia to be Rolled, said that Ida-sas a physical therapist who-found misseles in your body-where you held "old pain" and "unresolved issues." Museles, he said, were surrounded by fascia, alyor of issue that booked like the plastic Raggies we kept dope and leftower fixed fusicen-legs in, and what Ida did was rubinary and host of the latest the pro-ting of the plastic Raggies we have a plastic plastic Raggies we kept dope and leftow tried fusicen-legs in, and what Ida did was rubinary and protosil a skeak a life. ub on you hard until she brok those baggies and let loose the pain or bad memories. Eric and Lulu said Rolfing was physically the most painful experience they'd ever had, but that it was

worth it, and they urged us to get Rolfed. I did not want to be Rolfed. Lulu continued "primals" Lulu continued "primals" by herself and regularly drove out into nearby woods in her Volvo station wagon. She hauled the back seat from the Volvo and stretched out a mattress where the seat had been so she

where the seat had been so she could beat on the mattress and scream among the cottomwoods without bothering amone. At precisely 750, after lock-ing the front door, Eric heaped himself up onto his barstool. He said, in his sonorous voice, "Good evening," and we opened our eves. Everything seemed our eves. I we for members of the pro-bright, then, and I could look shout me at the renum members. about me at the group members and at Eric. Inevitably, too. someone by then already was

Always I was amazed that so many apparently happy-go-lucky people so quickly located so much grief. You never would have guessed from running into us at PTA or Ace Hardware or watching us ladies high-kick at dance class that we entertained such mises and description. dance class that we entertained such misers and despair. You never would have guessed that so many fathers, grandfathers, anches, and big brothers ran long fingers beneath the elastic-ation glittle girls underpants. You never would have guessed how many little boys and little citis sat atop bulging peniese. You never would have guessed how many transparent and the sat at sichen thise, and drank Ods. at kitchen tables and drank Old

to cook dinner and dads around moms and took a w

evening." After that we make a one-sentence st that described an issue feel sure that I made me. Nobody wanted r Actually, I did not wan

myself. I wanted someon to do it for me. I wanted a I'm taking a long to get to the point. Lenjoy re-bering Eric and Lulu and Eric told us that one a

many reasons we were un-fortable was that our "polar weren't "integrated." He that until we did get these p ties, our "warring ope-integrated, we could ne "authentic," and as lon-weren't authentic, we'd! He'd run his long lingers! his gray curls and look at us with a pitying expr He said that, on the we were brutal ax murdered on the other, we were se mewling, pathetic sissi were torn between want

beat our lousy mothers to and wanting to suck suck Mama's poisonous tittee I met Eric's mother one noon at the supermark was visiting for a holiday she and Eric pushed a cart h with food. She was spat tiny and her pure white was back-combed into to profusion atop her small? She wore a double-knit punt

navy blue with white stit-the suit looked like the ran suits that LBJ wore. Eye hung from a rhineston around her neck. She cam much past Eric's chest. Tob them at a distance. They t animatedly, as Eric grable cans of V-8 juice (Eric lov One of her hands, aglitt

dle. He smiled down at h she smiled up at him. The like an Old Master's p Jesus and His Mother.

Anyway, Eric said we we to suck the world dry. We we to kill every last soul we so that God would pay att only to us. I was so y Eric said all this and so mar in self-loathing that I be every word. In a way, I st Lord knows, I felt I

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too, as if fated. Not that a voice hallooed out of the bluest blue skies and said, "Judith, old girl, time to put Polly's father in the way of a car wreck," or "Hey, way of a car wreek, of Hey, kiddo, better get Edith to gulp those p:!!s." What happened, as I wrote, was that all at once I felt, — "Polly's father's got to go." And, "I am going to kill Edith!" The impulse Eric would have called an "Id shot"— felt irresistible. The impulse felt physical: like a need to scratch a mosquito bite. The swollen bite itches so poignantly; you know that the bite's likely o get infected it you scratch at it, but you imagine the exquisite relief that begins the moment your fingernails scrape skin. You give in. I suppose this is ers. I suppose this is how you find yourself, gun in hand, stand-ing above what seconds earlier was a person and now is the

wife Edith's memory. Polly, after her mother leaves her father when Polly is four, never sees him again. I've never seen more of him than a spectral, square male face, Polly's green eyes and fair skin. I don't know his name. I never gave him a name. I gave him a comfortable home in an Iowa or Illinois small town I gave him an approximate date of birth, a year during World War I. I gave him a fraternity (Kappa Alpha), a cow-eyed girl-friend whom he threw over for Polly's mother. I gave him a degree in business administra-tion. I got his father, a Mid-western real-estate mogul who him a job in his office. I gave him cent stamps. Every month he sent the check; every month Polly waited until her mothe

he's killed in a car wreck. But that's all you, the reader, or I, the writer, know about him. He was easy to kill. I didn't

miss him and you won't. I killed him because I needed for Polly's mother to need money. After his death, Social Security mailed a check every month for Polly until Polly turned 18, but it wasn't much, not half as much as the child support that arrived, without fail, every month. I needed for Edith to need m needed for Edith to need money badly enough that she would go back to school and get a mas-ter's degree. I needed her to get out of radio and Manhattan and start teaching in a college. Another reason I killed Polly's

father was that I had no room for him. If you think about a novel as a dinner party, and in your novel, unlike maybe some-

have enough skill to keep many characters up and busy. So I had no room for this nameless Midwestern guy with red hair and green eyes, freckled hands and longings for the gorgeous little red-haired hotbox who gives birth to Polly. That Polly gets married when

she's 20 was a norm in the 1960s. But I needed, I felt, psychological reasons for her to make the particular marriage she made, when she made it. A dead father whom she'd never known, growing up in a broken home, lone ing up in a broken home, long-ing for what she perceived as a "real home," served part of that psychological reason. I dain t know, when I started my novel, that Edith would the

between its covers. I knew, of course, that eventually she'd

breath to see them!). I took for granted Edith would be around, retired from teaching drama at the lousy college where she'd been teaching for millions of years, living in the same house she'd lived in since Polly started high school. I took for granted she'd have settled into one of two old-age cliches. She'd be bitter, lonely, and too thin and smell

of the overfed cats she kept for company, or, she'd gain 20 pounds, keep company with a semi-rich geezer who took pride in his Hickey-Freeman suits and pinched her butt and took her off on Caribbean cruis where they gorged on the buf-fet shrimp and crab legs and

prised that Phil's and Polly two boys bored her. She didn' hop in and out of the pages o holidays and play grandmothe She also wasn't a villainess. S she couldn't be a do something vile that wo be invited for Christmas Thanksgiving and needing than you notes for gifts she maile to Matt and Danny and Ph and Polly. When she called often on Sundays, Polly had

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on to be entertaining and to cook greasy Texas chili, which I figured would make readers irool. I also kept Edith around because I didn't know what else

to do.

Eric was a big believer in the fellow considered a Gestait therapy founding father — Fritz Perls — and participated in several Perls workshops at Esalen. I don't know much about Perl-I remember reading his book In and Out of the Garbage Pail. I remember that the book had funny Saul Steinbergish drawerls was born in 1893 and died in 1970. His photos sho a fat face hidden behind an unkempt businy beard. He trained in Berlin and then Aus-tria as a psychoanalyst. He decided that Freud was a louse. He moved to the United State and during the 1960s showed up in California at Esalen. Some-where I read that in a group-therpy session in Jennifer Jones' Wood, Rock Hindson, James Coburn, and Tuesday Weld were among the therapses, Perls told Natalie, "You're nothing but a little spoiled brat who always wants her way." Then he turned poor Natalic over his fat knee and spanked her. Eric had us do "chair work,

which, he said, was what Perls did. Let's say that you had a You'd sit in one of the tw wooden chairs that stood next to Eric's barstool. The chair on which you sat was called the "hot seat." You'd tell your dream to Eric and the group. Let's say you dreamed you were in the kitchen with your husband. You and he were fighting. You picked up the butcher knife off the



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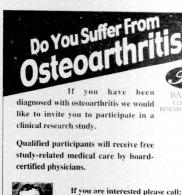




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We're on the Web! www.mgcouflet.com den voice of these elements from your dream. You were playing an improvisational music of the emotions. In one way it was fun. But it was easy to humiliate yourself and even easier to get so worked up you frothed sweat and started shaking all It was easy to find you self flopped down on Eric's pretty plank floor, weeping out your guts over how your mom your guts over how your mom hated you and your dad was dead and your sister was smarter than you and then to realize your father was alive and you never had a sister. I saw that happen once to someone. He screamed that his perfectly heaithy father was dead and his sister was smarter and then he sat up straight in the hot seat and aid none of this was true. Eric made a lot out of that.

Eric asked, when I told my

deep, deep breaths and then exhale. Speak up. Say it loud. Be the knife. Say, 'I am the knife.'"

"I am the knife. I am a big, sharp knife. I am stabbing Jack. I am sticking the knife into him again and again and again. I feel the tip of my blade go in between his ribs. I feel the tip of my blade hit bone. Jack's bones are so strong that my blade breaks." "Go back again," Eric said, "and be the knife, and this time

don't break your blade. Sharpen yourself. Figure out how to get past lack's bones - his arr ing — and get to him with your tip."

"I kill him and I kill him and he won't ever die."

Those Gestalt therapy evenings are why I talk to myself

when I write. I the writer talk to me-who-is-Edith and me-who-is-Polly and Polly talks with Edith and Phil talks to Polly. The various parts of me pull and push and vank and "I telt strong." also kiss and hug and chatter.
"Don't whisper, Take some One reason I ended up killing

off Edith is that one day the writer-me screamed at the Edith part of me, "Come on, dumb bitch, do something!" To which Edith replied that she had no interest in continuing to be in my stupid novel. She went on to say that I was a lousy writer, my novel would never be published, and I'd end up having to work at something that was as unpleasant as teaching idiots

to play Juliet had been for her I gave up, temporarily, on Edith and wrote Phil and Polly's third born, their first and only daughter, Caroline. Phil's parents invite four-year-old Car-

ents invite four-year-old Car-oline to spend the afternoon with them. Through a series of mishaps that involves their car-lessness, a truck runs over Car-cline. "DOA, Phil," is what the ER doc tells Phil. "There was no get killed until her feckless grand-parents drove into a gas station at dusk. Her grandmother let Caroline, who wasn't four years girl child. Not a few mornings, while I wrote, I could smell the

old yet, get out to run to the ladies' room. Then, remarkably, at least to me, a truck backed up and its driver didn't see her and then the gas pedal stuck. As the old Ford hurrled backwards toward Caroline. aroline began to talk. She and Polly, of course, chatted through

and see her mosquito bite nip-ples when Polly undressed her for a bath.

As to why I killed Caroline, what the motive was, I do not know. Caroline's death helped out the plot, but what made me able with such case to kill Polly's child, I do not know. When I write from the heart, cries for many a page previous to Car-oline's death, but Caroline never convinced me. She sounded like a paper doll. Yet, in this gas stahelp get dropped between sen-tences. These cries are like the tences. These cries are like the gold-boop earning or cufflink that a kidnap victim drops as he's being dragged away by his abduc-tors. This is one of those cries. Later, I often erase them, scrub-thermout. I will try not to do that tion late in October at the edge of Coraville, the little valley and raised, as her last seconds and raised, as her last seconds gained on her, Caroline sang on the page. She escaped beyond the margin of my contrivance of her. She gave birth to herself. With Caroline's voice, then, with Caroline s voice, then, clearly in my ear, I worked my way back in time and rewrote Caroline, As I revised Caroline, recreated her, really, I began to share Polly's love for her only out chall Nova for

here. I think what I did when killed Caroline was that I killed the child I was born to be. All of us at birth are meant to be happy and brave. Some of us. as children, get twisted by our keepers, who, for whatever rea son, cannot love us or don't or won't. We grow up troubled. line — and Matt and Danny. When I was a child nobody deeply loved me. When I go: pickup truck, I killed the child who was loved in the way I never was loved. I killed her because I am still angry — enraged —

me. Some days Lam so unhape that I cannot bear happiness even on the page. Part of what I mean is what the ER dox tells Phil. "There was nothing left for us to do." You will know what I mean. I'd rather not say more about this

So my poor old novel filled p with memorial services and rns that held ashes and gran rainy spring days when mourt ers huddle beneath undertail ers' wide black umbrellas. The plot moved from car wreck to suicide to the truck running friend shot in the head and

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this pogrom against my char-acters — first Polly's dad, men her mom, then Caroline, ther Daimy's friend — was that I became attached to these char-acters. Their deaths felt like real deaths and the deaths were my fault. Increasingly, my murderous impulses worried me Gerous impuises worried me. Laugh, 1 do, 1 began to wonder why I authored so much blood-shed. Why did I kill off so many? For what appears as quiet domes-tic drama, there sure are lots of deaths and all violent. I began to wonder if I should have kept at it, if I should have done what

Eric wanted me to do.

As finale to the first phase of your therapy, Eric set you to for this. You had to have acknowledged your toxicity You had to have attended many group sessions and at least a dozen individual sessions. This murderer-within confrontamurderer-within confronta-tion was a big moment. You passed over from therapy dab-bler. You became like the admirable Lulu: someone who was facing her admoss, her fas-ism, her hattred of men because they had the active pens and she had the hairy, bad smelling, passive vaginal aperture. Much prequestion went into the gard pensation scat numination, you pounded mainy of the prixty pillows Lulu sewed and you called the pil-lows "Mommy" and "Daddy" and "Jack" and then you let Eric scream at you until you screamed back at him what an overbear ing asshole he was, and he laughed. You wet down Eric's haughed. You wet down Eric's plank floor with many tears, both crocodile and real. You did everything you knew how to do. But you were still giving shelter to what Eric called "the murderer within." Until you faced that murderer you would

never have a real/breakthrough.

I wanted to have a real
breakthrough.

Eric said that I was sweet on the surface and that beneath that sweet surface I was very very angry. He was correct. That is true of almost all of us who don't find ourselves sequester ad in state prison doing life wit 1-out parole: we have been very, very angry and done nothing much about being very, very

When I began to massacr characters I was reminded that Eric yelled at me that I was sick with hatred, that I hated him with hatred, that I hated him, that I hated myself, that I hated life itself. He said that if I had my way I would bump off everyone in the room. Was Eric correct? Was I slaughtering these characters as if they were no more than chickens in a chicken yard because I was an angry, penis-envying, spoiled and frustrated erraged and recovered life. penis-envying, spoided and inis-trated, enraged and repressed lit-tie gir? Because I had not resolved my difficulties with my mater-nal grandmother and my mother, was I sneakily setting Polly's mother up for a suicide that was no more than a way for me to murder my female for me to murder my femal

forebears? Was I using Edith's

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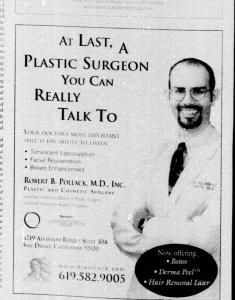
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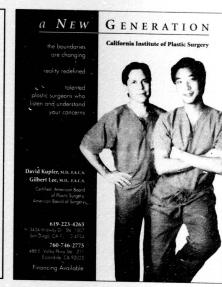


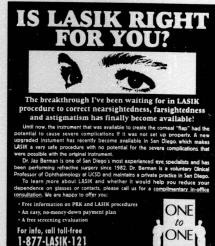












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hands, look into its eyes, and talk to it. David stopped him-self and looked at me and said. "I can't believe I'm telling you this." David's left eye twitched and he gulped at his wine. "You won't hold this against me, will you?" I said I wouldn t. David didn't say what he

aid to the rabbit, and I didn't Lave the learn to ask, although I wondered. David said that Eric was so much taller than he was and he was aware that day more and more pissed off, and i began to have this longing

of Eric's huge shadow falling over him and over the bar spot where he'd pinioned the poor rabbit. David's wife, shortly before he'd done Mur-derer Within, had gone off with another man. "All the accumulating," he said. "While I talked to the rabbit I remem-ber that I pictured them kiss-ing each other and that got me to do something extraordi-nary, anything that would get the pressure off me that had built up." David smiled. His face did not show the quarter century that had passed sinc we were in Eric's group. David had hardly any wrinkles. "So, finally I did it. I cut that rab-bit's throat. I was on my knees and gave it a good whack." I must have winced, because David said, "You don't want

sai t I didn't, not really. David said that he thought I would like to hear that when the rab bit was dead. Eric had him keep talking to the rabbit, that he ordered him to hold on to the dead rabbit and kind of jump up and down and chant,
"I am alive and you are dead. Lam alive and you are dead."
Lam alive and you are dead. "
We gazed at each other, David
and I, and shook our heads.
"Oh." David said, "did you know that after you killed the

rabbit. Eric took it back up to the house for Lulu to cook for him?" I said I didn't. "Yeah, she fried it, he said. Eric said

I wanted to know if David thought killing the rabbit helped him. "Well," he said, "it didn't

- Judith Moore

ship. She is co-author with Su Coe of X, published by Roy by New Press, and author of The Left Coast of Paradisc Soho Press. Her essay collection. Never Eat Your Heart Out, Farrar, Straus & Giroux

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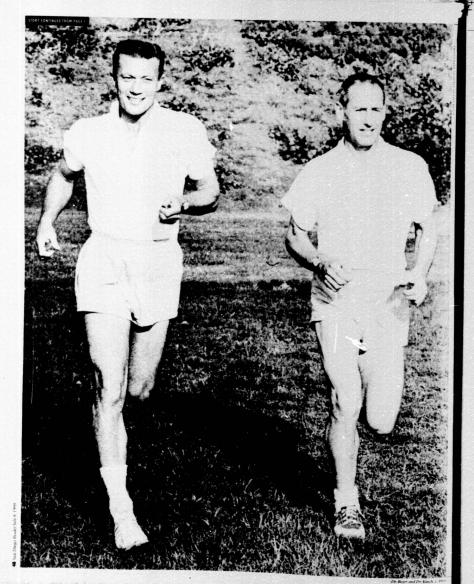
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FATHER

He wasn't omniscient, so Kasch concedes it is possible one or two other "lone nuts" might also have been jogging somewhere in the county back then. But he knew of none, and the common wisdom in 1948, he points out, was that exercise harmed adults. A lot of people thought it was one of the factors that wore people out, that hastened their inescapable slide into infirmity.

Kasch dahr (believe this. He had the conscious that just the opposite was true, that certise promited health and outly redong vitality. In the conscious true, that certise promite health and outly redong vitality, the high said education department at Said Begy Sey sort, the physical education department at Said Begy Sey sort, the physical education department at Said Begy Sey sort, the physical education to conduct research. When he more class that the said to suppose the bedge said to see the said to so conduct research. When he more supposed to bedge the said to so conduct research. When he more supposed to bedge the said to be said to some supposed to be displayed to be said to said the said to suppose the said to both activities. But at the said me into couldn't rest at the human as seen that the said to said a straight come of the innovation and discoveries fauch under over the true continued to the nationation and discoveries fauch under over the true continued to the nationation and discoveries fauch under the 1970s. Today the treat in the nationation of the rationation describes been of the 1970s. Today the treat in the said of the

to body when it engages in regular physical activity. Some of the immonitions and discovers loads in which over the sear contributed to the nationwise exercise bosom of the 1970s. Today they rank a landbands on the burgeoung field of exercise physiology as landbands on the burgeoung field of exercise physiology of the children of German Langs. His mother and faither seek both the children of German Langs. His mother and that he saw the country of the children of German Langs. His mother and the saw of the children of German Langs. His mother and the same sport to day leads to the children of German Langs. His most of the same sport to day leads to the children of German Langs of the policy before the first children of the period of the same state of the same

It's an obvious connection. Kasch points out that "the Greeks had the idea 2000 years ago," and many traditional cul-tures have emphasized the value of hunting, dancing, and mil-atry skills. A skirracy began to spread throughout the West, the notion developed that physical fitness was desirable. The first motion overcoped that physical infliess was desirable. The first modern germassium opened in Copenhage in 1799, and in Germany, a movement known as the Turniverint from the Germany, a movement known as the Turniverint from the German turnien. To practice germansies, and Vereni, "chub or society" preached the cultivation of health through germansies and calistocines, German immigration in the 18ths and 1850s brought this concept with them to America, and Turniverira becomes increased. became important social centers in the New World. Kasch says in Chicago, the Turners (as they came to be known in this country) "talked the powers that be into having physical education in the schools, and they volunteered their efforts to be the teaching. s, without pay."

He adds, "All the way up to the 1920s, most of the heads

of physical education in universities in this country were physi-cians — which points to the fact that they believed physical activity made for healthful living " But no

that belief in the laborate v_s and a development in the '20s took the field of physical education even further away from the realm of regions as administration; insquir. The games is dear ace up. Kasch says. 'Everyone was to participate in games, and you had attention being gaid to sportnamiship and the sociological relationships that develop between the participants during the course of gloining games.

This preoccupation dominated the field of physical eduin preescapation dominated the field of physical edu-cation when Kaschin 1931 enrolled at the University of Illimois Urbana campus, then the leading center in the country for phys-ical education. Urban graduation, the received an invitation to some leading, with the understanding that she teaghthe would some leading to the country of the country dental, and plearma entired campus in Chicago saked him to move there to develop recreational courses for its students.

Kasch notes that the crash course in conditioning given to all those fighting men ultimately damaged the image of physical fitness in this country.

Kasch says by then he was feeling more and more hungry for Sach says by then he was feeling more and more hungry for ocientifi, information about exercise physiology. All the was credible to the property of the property of the property of was nothing. It will be started work on a dictorate through a summer program at New York University, But one closh a hand-fol of shoaks to one of the property of the desired. "Kaschevakams: Even in the doctoral program, the idea of the property of the property of the property of the other curves could contribute to host property of the more of the property of than lip service. And with America sentry into World War II.
Kasch soleroral studies had to be postponed as the government
presed the nation sphysical education professionals to develop
crash programs that would prepare soldiers and officers for
combat.

"We had to get these slobs fit," Kasch says, By 1943 he had
"St. between being the soleror for the soleror for

We had to get these slobs fit. Kasch says. By 1943 he had? 300 charges sho were under the introduction of the Arms and Navy hut were studying dentistry and medicine. To improve their stamina, Says fram with them daily—something he'd never done before. He found he emissed it.

Looking hads on the war years. Kasch notes that the crash course in conditioning given to all those fighting men ulti-

mately damaged the image of physical fitness in this country mately damaged the image of physical fitness in this country, lince the goal had been to ship the men into shape fast, for the most part the transers' didn't care about how they didn't Kash says. They just pound it in and beat the hele with our of those gave, and of course it hurt. The men didn't like it, and when they came hack, they said, To heek with the physical deducation the country has been so the vetternan who corolled in codego after the war. Fast, he said, To heek with the physical deducation through a strength of the said the said in the said collast and through of the said the said in th

entite disciplines—psychology, medicine, you nameti—who thought that exercise was a bunch of baloney and that you didn't need it. Kaser says, Some of his university colleagues were teaching that 'exercise after ago 'Sowuld kear up you were vessels and muter your heart... It was very negative." Soft the first whisper of a different breze was beginning the properties of t

shady, cancer of memory of the heads of all the university-based physical-education programs across America. To the ones who responded, Staley voiced his belief that it was time to shift atten-tion away from sports and games and to start studying the phys-iology of exercise. "He said to them, "The war's over, it's time for us to become very academic and very scientific."

for us to become very academic and very scientific.²⁶
Soley in sugarated a demanding Ph.D. program in physical education at the U of I in which students immersed them
evies in chemistry, physics, and physiology, as opposed to
lighter fare such as the history of recreation. Rasch ddn't return
is program, but in 1944 he returned to his summer dother
studies at NYL. The next year, when he got the job offer from
scales as XYL. The next year, when he got the job offer from
scale goes gotter, the moved his wide and four children westscale and the scale of the in a state park. Rasch recalls. He and his family hailed a Curt by Wright Chapper trailer there every year all the way from San Diego. "I rigged the car up so that it had a she from San Diego." I rigged the car up so that it had a she from the back soundows," Kasch says. Two kads sleep up there. One of them sleep ton the backsout, and one of them sleep ton the floor. And we would drive all might. It would be illegal rod only but that's how were traveled. It pulled that trailer 90.000 miles.

During the Chapter of the trailer 90.000 miles.

we traveied. I putled that railer 90,000 miles. **
During the rest of the year fash thiggled a diverse group of balls. He couched gromantsis and freshman fostellal, and he tagglet classes in subject-ranging from archery to kinesudogo (the stady of human movement). In his spare time, he continued riming, despite the popular sentiment "that middle aged and riming, a legist the popular sentiment" that middle aged used riming, a legist the popular sentiment "that middle aged middle sent that the purpose of the purp

FITNESS

four-mile outings into the sage-brush to the west of 55th Street, he donned leather track shoes that a cobbler in Norway made for him by hand. Sometimes he talked students into accom-panying him, even though Kasch's jaunts far exceeded what was then thought of as "ditance running" in the high schools and colleges. "Then the high school cross-country run was 1.9 miles," Kasch says. "That was as much as boys were was as much as boys were allowed to go!" As for girls, "Nobody thought about them running," he says, adding that in the 1936 Olympics, women were not allowed to run more than half a mile. "Because oth erwise it was thought that the

By 1952, Kasch had met one male student who shared his-disregard for such concerns. This chap, Joe Brooks, lived in El Cajon, and he would run Petaluma in Northern Califor ticipate in a marathon, a rare bu days. Although "the only real marathon of any size in the United States was the one in Boston." Kasch says a small group of distance runners up in

ticipated in it," the retired pro fessor recalls. "Most of then were older people who didn't training maybe a month before-band. So in 1952 months at dent and I took joe Brooks up

Kasch had an idea for an

experiment. "People run out-of energy in the course of a marathon. They need to be fed. I had concocted a drink made of lemon juice, orange juice, water, and sugar, and I put it in little six-ounce medicine bot-tles that we could hand to loe. We give them to him at 15 miles and again at 18 and 20 and 23. And he could drink it and throw

course in 2 hours and 45 min-utes, which is not very last com-pared to today 5 times. But for then it was pretty good. Kasch says he never tried to market this precursor to Gatorade. He was too busy teaching and coaching and tryteaching and coaching and try-ing to complete his Ph.D. work. For his dissertation, he had decided to accept the challenge of a University of lilinois med-

rate had increased to 120. He theumatic fever patients. Bheumatic fever prainty strike, children who we been infected with a certain strain of step-to-occus basterium. Bad cases can inflame and even sur the beart. In the early 1950s, pediatricains treated the illness odiff, aspirin, sulfa drugs, and complete bed rest, but once the symptoms had subsided, they had no way of accessing what activities the child could safely sweapers. could hardly get out of bed. Other children, however — like the one "little rascal" who had locked his nurse in a closet seemed indistinguishable for seemed indistinguishable from their healthy peers. To evalu-ate these kids, Kasch needed to make their hearts work. He says the common war doctors did this then was to

recommence. "How much func-tion do these kids have?" Kasch

says. "Are they allowed to rur

or are they only allowed to

walk?" His task was to figure out a way to determine the youngsters' cardiovascular

when Kasch did that he for

exalls one boy who had lain

on his back without movin

for two or three months

pulse at 7:00 a.m. one morn

it was 120 he recalls. It should

have been 80 or maybe 90 at the most! But instead, the amount of blood pumped per beat was so little that his heart

make patients hop up and down on one foot for 30 seconds, then listen to the beating organ. "That was the stress test of the '50s." Kasch tried to develop a similar test for the children, but h ation in the way they hope to enable comparison. He kne that some researchers had conwere cumbersome to admir ister, but Kasch recruited chi dren from his neighborh to help him develop a strean lined version. "My back root [in Kensington] was my lab-tatory." The Kasch Step Test. it's known today, rejects to step up and down 12-mkh user 24 times per minute for a total of three minute When he took it back to Chicago and tested it on 27 boys who had rheumatic fever, he toun that all could tolerate doin







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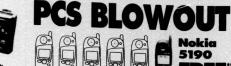
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th's. Kasch then would take their pulses immediately. When their pulses ammediately. When he returned to San Diego, he went to Franklin Elementary School, which his own children attended, and got permission to look through the files ("I under stand you can't do that any-more") for 27 boys whom he matched in height, weight, and age with the Chicago boys and then tested. He says the average post-exercise heart rate for the normal kids was around 90 who had been sick. Kasch's step test gave pedi-

stricians a tool for prescribing rheumatic fever victims. And it soon proved useful far bevond that limited population. In 1958, the professor begin using it when he founded the first adult fitness program in the United

exercising on a regular basis with a small group of SDSU professors. At first they played basketball, but the games evennformal group seemed to thrive but Kasch noticed that other weren't faring as well. "They were beginning to develop high blood pressure and irregular heartbeats and stuff like that. They were falling apart

associates. Kasch scheduled th 1958, and he administered by gym. "I would put them through

the group doubled in size. And then, "I made a very, very serito teach or do something. found he couldn't reassemble

if you're going to do this, you do it 12 months a year," Kasch says. He'd become convinced that such a full-time effort w worth undertaking. "So I arranged to formalize it through charge something like \$30 a semester. I had to get a mini-mum of 20 people because the budget was \$600, and the head budget was \$600, and the head of the business office was a hard-nosed character.... Well, I got 17 to sign up and I needed 20. So I took 90 bucks out of my

One night at a party, he

From 10 or 12 members,

standard treatment for heart

disease was rest, rest, rest," Kasch

the time, even out on the field

says. But mayerick ideas a emerging. For Kasch's part, he felt the high-risk participants would be safe "because we kept

own pocket and found 3 peo

ple and gave them freebies. That's how we got started." From the beginning, the group included high-risk individuals. "We had people with high blood pressure. We had people who d had heart ana be

kept the exercise for the hear patients at a lower inter By the early 1960s, Kasch

ation patients, and one ohn Boyer must not have looked like a promising candidate. A 42-year-old internist specializ-ing in cardiology, Boyer weighed 170 pounds and smoked a pack and a hulf of cigarettes a day. He'd stopped doing serious physi-cal activity while in medical and eathusiastic account of his work with the Adult Fitness stoup fired the doctor's image ination. Boyer recalls, "I thought 'Gee, here's a guy who's way ahead of his time." Wathin a week or two, the cardiologist began walking and then jog-ging. He three away his cigarettes and never touched them again. Within six months of meeting Kasch, he had shed 25 pounds and gained back sufficient car-diovascular capacity to com-nets with pages 20. pete with many 20-year-olds

(He would go on to run in sev eral marathons.) with the professor, though he tants strapped a stethoscope each test subject's chest a attached to ear pieces.

Boyer came into the lab an said. You can't get heart rates like that! "Kasen recalls. But when Boyer listened, he retracted his statement. 'One thing that' good about lack is that he i have a big opinion, but whee be sproven wrong he il change it, "Kasch says, "He's open We were the first excise physiologist/physic an team in the country. Boyer says With a doctor available to inte-pret the data, Kasch acquired a

electrocardiograph, and by about 1965 Kasch and Boyer were ready to launch a formal val bilitation program for heart disease patients, "a pretty bold step then," Boyer says, "My colleagues thought I was craz However, the vast majority of the heart patients improved when they exercised, accord-ing to Boyer and Kasch, who by the late '60s were doing sophisticated measurements of that improvement. Although the Kasch Step Test is still in wide use today

(the YMCA relies heavily upon it, for example), it's really "not that good a test," according to its developer. "You can't be that exact with it," he explaires. It's arate the really highly fit pe

ing the maximum amount oxygen that a subject can ut

ur or running at three timethat pixe — requires oxygen. The more strenuous the activity, the more oxygen must be con-sumed. And the amount of oxygen required for any specific action is pretty much the same whether the person is an Olympic athlete or a couch

the fit and the unfit person is their oxygen-burning capacity. Whereas an Olympic rower can use as much as 70 to 80 milliliters of oxygen per kilogram of their body weight per minute, the maximum oxygen uptake for the average 40- to 60-year-old Ameracting 40 to 60 year old American man is about 32 ml/kg/minute. At the low end of the scale, heart attack surcapacity of as little as 10 to 15 ml/kg/minute. This difference in abilities means not only that the average or the unfit person can't do some of the things elite athletes can, but also that the things they all can do will feel an hour (an activity that burns about 10 milliliters of oxygen per kilogram per minute) will use only a seventh or an eighth of the elite athlete's capacity, it will tax about a third of the

lize more oxygen per minute because they're better at circu veins and arteries allow the blood to flow through with less resistance. But it's a los barde centrated on the latter. They have typically measured maximum oxygen uptake by hav-ing the test subject breathe into a gas-collection bag for a pre-cise amount of time while working to the limits of his capacity (running as fast as he can on a treadmill, for example, or ped-aling as hard as possible on a stacise session, analysis of the contents of the bag reveals how calculated per kilogram of body weight in order to cancel out body-size differences

culations back when he was working with the rheumatic fever patients. But at first he didn't test the maximum oxygen uptake of every participant in the Adult Fitness Program; he lacked the time and the budget to do so. By the early 1960s, however, Kasch was using the maximum-oxygen-uptake test

more routinely, and between 1966 and 1968, he and Boyer relied upon it as a key indica-tor in the first scientific study they did together

The World Health Orga-nization was then declaring that coronary heart disease had reached "epidemic" propor-

So he and Boyer set out U.S. Public Health Service, the years. For a control group, Bover convinced six of his nonexer cising patients to be guinea pigs. ("Dr. Boyer could sell ice to the Eskimos," Kasch says with admiration.) The two men made each test subject work out twice in the lab initially "to be sur we had good reliable and valid data." They found that at the outset the control-group members were in slightly better shape than the exercisers-to-be. Their maximum oxygen uptake aver-aged 33.8 milliliters per kilo-gran: per minute, versus 32.6. The experimental group then began meeting three times

per week to do calisthenics and to valk and jog. "And we tested them at 6, 12, 18, and 24 months." The nonexercisers also submitted to testing at those potatoes that we tested all those

again."

By the end of the study men had dropped out. But those

sedentary living contributed to this. Epidemiclogists, for exam-ple, had noticed that people with physically demanding jobs had fewer heart attacks. The

notion that people might exer-cise in their leisure time to pro-tect their hearts was also begin-

and published in the Journal of the American Medical Associa-tion, Bover and Kasch showed that the blood pressures of nificantly after six m make much bigger changes it blood pressure." Kasch sa

two-year study period, whereas the average maximum overe ers had declined slightly from 33.8 to 32.7 ml/kg/min), the exercising men had increased their aerobic capacity, on aver-age, to 39.9 ml/kg/min. This represented a gain of more than

more fit was yes.
Furthermore, the two-year

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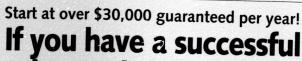
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studies hadn't looked at individuals who were getting reg-ular vigorous exercise. If one were to monitor veteran exe

uld find out. He possessed data from a corps of 16 com-mitted exercisers whom he had The next logical question begun testing in 1964 and 1965. Seven of these were faculty members associated with the Adult Fitness Program (includwas: for how long could the study subjects con tain their level of fitness? Fo all his passion for exercise, Kasch didn't think the answer would be "forever." He assumed that the human body contains funing Kasch and Boyer), while nine were participants in th program. Some had had the damental aging mechanism nem all again in 1974, and in that - in the long run - ca not be resisted. But Kasch sur found to the journal Medicin pected that regular vigorous activity could postpo, e the decline and extend life span. of the ten years, the men's aver-age resting blood pressure was To test this hypothesis, the sub 123/76 — considerably below the average (136/83) for men jects in his study would ha ige). They hadn't gained an seight. And their average max mum oxygen uptake had slight! older. This in fact has happened One of the original 16 me mproved — going from 43.7 o 44.4 ml/kg/minute. In other dropped out of Kasch's stud dropped out of Kasch's study after the ten-year results were published, and 4 others have passed away. (Two died of lym-phoma, both in 1991 at the age of 83; one developed Alzheimer's words, they were in at least as good shape — in fact, some-what better — than they had been when they were ten years

younger.
The study "really threw 1993 at the age of 78; and pneuthe whole field of exercise physmonia killed the fourth man at iology into a tizzy," Kasch says. "People couldn't believe it. 74 five years ago.) However, the remaining 11 subjects (including Kasch and Boyer) are still religious about work-ing out, and Kasch has tested Because it wasn't logical -: 55-year-old man being just as good as he was at 45, if he exer-cises." It suggested, Kasch says, "that you don't have to fall them all five more times over the years, making the study the longest-running one of its kind anywhere in the world.

> Dave Jessop, a retired optometrist from La Mesa who at 88 is the oldest of the study subjects, says he made a gradual switch from running to jogging to walking his black Labrador retriever.

"It will never happen again either. We happened to be in the right place at the right time," Kasch asserts. He says San Diego's climate was a crucial factor in keeping the group together. "If it had been in Chicago or St. Louis or Cleveland or New York, forget it!" Upon retirement, the partici-pants would have scattered. As it is, two of Kasch's subjects

at 67. Ralph Grawunder, who'll at 67. Raiph Grawander, who'll turn 70 at the beginning of October, says he finds his work-outs (on strength-training and aerobic machines at his gyin) to across mathines at his grin) to be such a source of pleasure, "even if we had research that definitively proved this was bad for you, I'd still keep at it." Milt Austin says his conversion to exercise is "probably the rea-

son why I'm still here." Now

have moved from San Dieso, but

Kasch has managed to get them to return whenever he has sched-uled a follow-up evaluation. The others have remained here, and to a man they express

82, Austin wasn't athletic in his youth, and by the time he turned a week" as the ma busy Art Leitch real estate offi enthusiasm for their routine cuthusiasm for their routine exertions. "I feel better when I do it [mostly jogging and weight-training], and I miss it when I don't," says Lindsay Carter, the

> Last year Austin suffered a minor stroke, so he doesn't petal around the city anymore, but he owns a Nordic Track and an Aerobic Rider, and he says he spends a half hour on each piece of equipment at least five days every week. Like him, some of the other members of the group have had to find alternative activities. Seventy-one-year-old Bill Phillips, a former colleague of Kasch's in SDSU' physical-education department physical education department, eight years ago needed to have both knees replaced, and as a result, he no longer runs. But he's a competitive swimmer of took 12 first places for his age division in national competitions. Swollen and painful knees also began to trouble Bob Lazar, a

former manager of Pacific Tele phone, and Abe Friedm now do things that inflict less and using aerobic machine Dave lessop, a retired optometrial from La Mesa who at 88 is the oldest of the study subjects, says he made a gradual switch from running to jogging to walking his black Labrador retriever "But Lalso swim," Jessop ade
"I hike. I skin-dive. I hunt.

"I hike I skin-dive I hunt," work in the garden." Kasch's laboratory test-of the men have proven, if any thing, more impressive tha their ane dotal testimons mark. For it Kasch and Boyc decided to compare the grou of long-term exercisers (who then numbered 12) to a seden tary control group. They ran domly compiled a list of mer who had been tested by the Adult Fitness Program and ex tacted 12 of them, and non turned down the invi be retested. The test results told a dramatic story. The exercis-

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40, he was working "eight days in Lenon Grove. But when a friend told him about SDSU's fledgling Adult Fitness Pro-gram, he found time to join, and over the years he both swam and ran as a member of the program. He also became a devoted cyclist and for some years averaged 125 miles per week on his bicycle. Last year Austin suffered

WANTED SELL USED per minute to 39.4 — about a half a percent per year. The dropouts, however (whose age averaged 68.8 years), had lost capacity at a rate of 1.9 percent **STUSSY** T-shirts INDIGO WAY 338-0173 7 DAYS 437 Market (in the Godamp between 4th & 5th Avenue:)



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league in another city has sug-gested to him that the study ought to continue until the last man in it dies, but Kasch thinks, "It probably doesn't really mak sense to do that." He'd like t one final time. "At that point I'll be 88 and Dave Jessop will be 90. The youngest person will be 69. The votingest person will be 69. The average age will be about 80." The study will have lasted 37 years. "That isn't too bad," Kasch judges. "I defy any-body else to do it."

If the end of the long-ter study is in sight, the Adult Fit-ness Program is still thriving and has served as the model for roughly 100 similar programs wer the country. Kasch no longer oversees his original one; he retired from San Diego State at the end of 1980, and a proessor named Jeanne Nichols

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ers (who were then 71.3 years

old on average) had experi-enced some decline over the 28

years since they were first tested. Their maximum oxygen uptakes had dropped from an average of 45.9 milliliters per kilogram

per year — almost four times the rate of the active men.

The control group mer

again, however, in 1996 and 1997 (roughly at the 33-year mark), and those results will

be reported in Age and Ageing

later this year. Kasch says hi

group's aerobic capacity has continued to decline at a rate of about a half percent a year— about half the rate that's reported

most commonly among the general public. And Kasch believes the study now can be said to confirm his assumption that exercise increases longevity. While the average life expectancy

for American men is around 72 or 73, he says the avera

72 or 73, he says the average age of the 15 men in his study (including the men who died) is now 78. "And the remaining people are very, very much alive." Certainly they're going

to reach an average age of 80, Kasch thinks. "That would put

us out to seven or eight years beyond life expectancy. That's

an appreciable amount!"

Kasch says at least one col-

In other ways, too, the

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of comprehensive testing (for which SDSU charges \$290). Stu-dents working on their maser's degrees in exercise physi-ology check the test subject's ung capacity, record resting pulse and blood pressure, and draw blood for analysis. They also weigh each person under-water — the most accurate way of determining what percent-age of the subject's body is com-

posed of fat. When the test subject cardiologist watches the heart's subject sability to communicate any dangerous symptoms, Instead, graduate students use formulas to estimate the max-muri oxygen uptake. Although Kassh, who loves precise data, sneers at the potential for error

research into aerobic capacity She says the point of meas she says the point of measur-ing the oxygen uptake is just to give the person a basic idea of his or her fitness level. The point of the stress test is to identify latent heart disease (which the test can do between 40 and 80 percent of the time, depending ies are blocked). Healthy peo-ple get a prescription for the level of exercise they should be doing.
Nichols says some people

tested. Others (who pay between \$120 and \$250 additional per year) participate in three-times-weekly morning or evening classes. Around 67 individuals between the ages of 38 and 92 currently do this. Some walk and some jog. Although the swimming classes have been climinated, Nichols says strength training was added about ten rears ago, and recently she (one of the hotter areas of co cern nowadays, since falls of be so devastating). Apart from the benefits of the specific activ-ities, the social aspects of the tion, testifies Charlie Ross, a

exercise on their own after

there's no goofing off.

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occupy him nowadays. His first wife died in the 1970s, but about six years ago Kasch, at 79, mar-ried a widow from Wisconsin. They live in her house in Lake Geneva June through Decemr, then return to Kasch's house in Kensington and stay until about May. Medical and sciresearch projects. For fun, he skis and hikes and Boogie boards and hunts deer with a bow and arrow. With all that, he drove month interval last year.

ning his running shoes and tak-ing to the street. If the sight of Kasch run-They don't provide any padding to speak of, but Kasch doesn't believe you need it. "Good padding is wrong," he declares. The idea is to have this padding to make it easy to run on the hard surfaces. Well, there was a study done by a couple of Canadians a few years ning stopped being an oddity decades ago, his running shoes decades ago, his running shoes still rank as one. They look a bit like ancient saddle shoes, with the saddles a blood-red color and the rest of the oxford a dirty cream. Aithough they bear no obvious logo, they wer made by New Balance, Kasch padding, the sensory nerves in your leg don't get the feel when you hit. For that reason, the explains that back in 1964 he went running one day with his friend, fitness guru Ken Cooper, in place. But if you have a thin-ner sole, you get the feeling, and the quadriceps muscles will hold this joint in place so that it's not sliding around. But this then-new footgear to him. Kasch

While the average life expectancy for American men is around 72 or 73, he says the average age of the 15 men in his study (including the men who died) is now 78.

Dolphin Collection

Wherever he is, he tries to keep up his personal exercise regimen five or six days a week. He devotes about 20 minutes sets of pull-ups, three or four sets of pull-ups, three or four sets of puls-ups, and two or three sets of dips. He does some stretching, and then he spends about 40 minutes work-ing his cardiovascular system Sometimes he rides his staadvantage of allowing him to

he pedals. But he says not

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mortgage lender for your needs.
Included in this booklet are "The Five Questions To Ask Your Mortgage Lender by mail, just call toll-free by mail, just call toll-free bocuments." These questions.

a straight line. Kasch also found

carried the branst, and he bought a half dozen pair in a size that was too long. He took these to a tocal shoemaker and had him the manufacturer of the shoes'
"ripple soles" and stockpiled a
bunch. He's worn the same

> xygen uptake stayed above 46 nl/kg/minute from 1964 until he late 1980s. Then it dropped to about 40, where it remained steady for another ten years. And then all of a sudden ing! - it went down again His number was just below 35 in 1996, the last time he was tested. He thinks this happened because that year he developed severe case of pneumonia — stroke of bad luck that he still counts with disbelief About a year and a half ago, he came down with another serious res-piratory infection. "So it's taken ng out of me." he says

'm slowly getting back. But

Exciting female bodybuilding and female wrestling

ago. ...and what they found was that when you have this thick

cles don't contract soor

enough to hold the knee join

goes against what would seem logical — that you need a pudded

"gx.a.—that you need a pudded shoe to take the shock." Kasch would seem to be living proof of the contrary view. For all the running that he's done, his knees have never

bothered him. His calves and thighs stiff look chiseled, and

ooth and creamy. Only when

Kasch starts to run does his an

begin to show; after a block two, he has to slow to a wa

at an eight-minute-mile pace that was just a breeze." He could

mother thing the regular test

members. But he says

you don't get back so fast at m

orning, he was working his conditioning by doing into ing until it settled down. As he walked, Kasch reflected on an irony that has unfolded dur ing the course of his career. The studies that demonstrate the health benefits of exercise American College of Spor Medicine claims that some jobs have come into being. Y ber appears to be rising. Only about 15 percent of U.S. adt engage in regular vigorous phy-ical activity for a minimum of minutes three times a week ording to the Surgeon Gen activity and health. About quarter of all Americans 18

colleagues are now taking the position that the way to change that is to start out with lowe ities should work on cetting them to take up an easy activity such as strolling or gardening. Kasch doesn't quarrel with it. He agrees that it should prove easier to sell to the seden masses. And some of the individuals who re

Toward those who don't however, Kasch confesses having a negative attitude you show people the harmfor consequences of inactivity and they still refuse to get activwell, he's not the sort of m to stew over it. He's the sort keep his eyes on what he's do which at the moment is ru ning, even though he'll have slow down in another block two. He'll walk a bit. Then he'l on the street, stretching and moving again.

- Jeannette De We

LETTERS

is to make these guys know we support local music. Especially, for people like yourself to opic like yourself to go ere and just see what this city has to offer. We have a great circle of budding artists, you know. Many of them out to release albums. Even one night a week at a major ra-

dio station that specializes in world music. We have been on air for over 18 years. To this we have designated a quar of an hour to airplay local orig-inal music. The same station has a weekly two-hour pro-gram that strictly features San Diego local music. Have you ever really spent the time to lis ten to how these bands sound They are great, incredible and original. Tasteful, strong, cap-tivating, and real. This is real San Diego music. Again, do me

a favor, and at least go to a Wise Monkey Orche decar, RA Brotherhood, or B-GCCAF, RA Brotherhood, or B-Side Players show, and tell me there is no rock and roll in San Diego. And remember, MTV has done nothing but inspire some of these guys. Sparks should not hurt. Oh, and your comment on creativity — be-lieve it or not, we are a city full of creative artists. Please do your research next time.

Marilu Glassman STANDBY SAN DIEGO A Bad Thing?

As a resident of Cortez Hill, the neighborhood in San Diego the most drastic redevelopment in the city, I read with int the piece entitled "Smashed Heritage" (June 24) relating the various controversies survarious controversics sur-rounding redevelopment in San Diego but was left puzzled. How is the moving of the Ginty House from its present loca tion at Seventh Aver Cedar Street to the next block, where it will be restored, a bad

thing? I live across the street, in a building, by the way, that was beautifully restored three years ago, and have eagerly awaited would be likewise restored. I'm

the day when the Ginty hous left to wonder where the writer's perspective is on this issue. As I see it, Cortez Hill gets dozens of new (and des-perately needed) apartments as ell as parking spaces, and a building that was already nearly destroyed due to neglect and white functioned solely as

stead of placing the blame of the developers and the house moving company (whom watched as they very carefull poor condition, the blue

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first place - the previous

Greeory I Cartherials

Really Unfair

My call is about the letter last Thursday (July 1) regarding the historic district ("Smashed Her-rage," June 24). I take excep-tion with the author, We already Padres, and I just think it was really unfair of the Reader and that particular reporter quoting Greg Shannon of the Padres numerous times and his diparaging remarks regarding the alternative ballpark plan, the ParkBavDiagonal plan, which has received a lot of

but Mr. Shannon's asset think the Reader — because the Union obviously won't do it, they won't allow anything negative to be printed about the ballpark project — maybe the Reader could interview this ParkBayDiagonal Collabora-tive and find out what the real nformation is, and why people do like the plan, and why Mt. Shannon seems so threatened by it. That would only be fair. I mean, you guys don't want to be seen as being the mouth-piece for the Padres, do you?

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dustrial" building.

As for the matter of the time clock that the children punch in and out on: you may have found it odd, but the time cards son was explained to you on your four, but I will review it for you again. Because we have a large population of special-needs children here at the cendoctors appointments, Each child's time card stays with them no matter where they go while they are in our fa-cility. If they have to leave, the time card is punched out as they go out the docr. If they go to therapy, the therapist will take the card with them and e-turn it to the classroom when dren (and all the time cards in the classroom) with them as they evacuate the outlding. They are then able to count the number of cards and the num-ber of children and catch any screpancies. The pictures are screpancies. The pictures are scre to allow rapid identifica-on of children visually, even staff members from other issistions who may not be fa-

rooms. These are not what you

Venue • San Diego • 234-846 Tues.-Sat. 9 am-5 pm Finally, I wish to address the

pends greatly on each child's sat-uation. While children need misrepresented both our fa-cility and our goals. The bias of your article is very negative and misleading from the first sentence. "Ugly" hardly de-scribes the building, though that also need peer interaction, such also need peer interaction, such as is found in day care, to de-velop socially. Additionally, day care provides a safe, mentally stimulating environment that may be your view, and you are entitled to #. But to state that the halls and rooms are "industrial" crootings development that encourages development of the child's mind. As to the necessity of day care, not many families can afford to have one parent stay home with the child at all times. That is simply economiis untrue. That conjures up pic-tures of bare plaster walls and naked lightbulbs hanging trom the ceiling. Our center was built to be a child-care center. The only original parts of the structure that were not custom built to our specifications are the outside walls. Had you cally unfeasible in today's oothered to actually look at

home with a parent? That question seems simple; how ever, any answer given could be cility, you would have noticed things like the nurses' station, complete food-preparation fa-cilities, and onsite therapy misinterpreted if taken out of misinterpreted if taken out of context. Each child is differ-ent, and each situation is differ-ent. Yes, some children will do better if they stay at home with a parent longer than others. But contact with other children, and there is no better way for them to get that than at a day

> "If the parents could, would how long: Months' Vens' How do you expect any social de-velopment if the child is shel-tered from the outside world-until kindergatten' Ves, the can get more one-on-one at-tention, but at what cost linag-ine, too, how transmate the first day of kindergatten might be, if children do not receive the op-portunity on interact with peers such exposure. Without fre-quent per interaction, the chief-tirst experience away from home might find them trying to cope with 20 other children, most of whom already know what to expect socially, most of whom have already adjusted to parental sensors.

deen as peers. Now I ask you, is depriving a child of such valu-able knowledge and experience a good thing or a necessary

Chris Racciato, COTA

Bob Dylan Is Cooler Than Everybody

What would be the point of comparing Dylan and Paul Si-mon? ("Of Note," June 24) Both are great artists. But if William Cran doesn't under-stand why Bob Dylan is cooler than everybody, he shouldn't

I have lived in san Deepo for all most a year now and have in saily had enough of reading Belanow Walner's reviews.

I feel Belanow is not in touch with the readers of the SD Beauter Olary counting generation is showing the recording new looks and fun reviews. He reliable the said and the readers of the said and the reviews the reliable to the said and the reviews. He reliable the said in which the 1990 hap newsysper that you produce.

produce.

Every review is the same—
she talks about the way the
lood should be prepared, since
she had it this way or that way
by this famous chef or that tanous chef. I'm glad Tomiko of Tomiko Restaurant stood up to Eleanor and told her the soup broth was done in the traditional style - regardless of Eleanor's personal tastes

(fune 17).
Your readers want to identify with the diner, not feel like 3) second class diner. Heaton sarch has anything really mee to as: Everything is related to the way that the want the food to taste or be presented. She meat makes room for originality or meeos cusine. Every time 1 trad the receive. I should be a like the It of fluevocutione. Every time. I trad her review, I think I must be reading the La Jolla Re-TIRED Persons Gazette. It's time to get with the 90s and te-place Eleanor with a hip and

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I can almost guarantee it's not among the 20s and 30s crowd

Masquerade

because I don't want any harm To the person who wrote the article about the gay people a few weeks back, about they're good, they're kind, they're quiet, they pay their rent on time ("They Pay Their Rent on Time," June 10), that's a bunch of baloney. I am a landlord, h... **APPP ***... of baloncy, Fam. **
should be learning about a. to be writing to be writing to be writing to be writing about a. to be writing the writing about a should be kerning about a. The writing about a should be kerning about a. The writing about a should be kerning about a. The writing about a should be kerning about a. The writing about a should be kerning about a. The writing about a should be kerning about a. The writing about a should be kerning about a s back — is disgusting. Land-lords, beware. Check your wa-ter bills before you rent to them and after they move in. All those beautiful, lovely flowers, if you're paying for the wa ter, watch out. They don't care lying. I am telling you the truth, Beware, You know what they do? They call you "bitch" if you complain about what they do; they call you "bitch" in front of the public. And if you dare call them "taggot" once, the police are behind them, but beware, they're mas don't want to give my nar because I have been threatened telling the truth. I dare you to

print this letter.
P.S.: Not all the gay people are bad. But they have just the same number of people like any other group of people. Be furned on the water and left it

Calendar

Thoroughly Hog-Dressed

Oceanside's 15th Annual Shark-Fishing Tournament

Local Events Highlight and Guide the cadios at Mako Control

page 59 Classical LOCAL **Music Review**

page 74

Art Museum & **Gallery Guide**

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Movie Review and Guide

page 111 Reviews and Guide

EVENTS swim steps of a rocking boat m.

(a) remind you why you haven
set foot in sea water since the
premiere of Jaws in 1975, or (b)
inspire you to buy a boat and large quantities of fishing

The annual mako contest underway at 5:00 a.m., when her volunteers have established that you, your captain (and, depending on the size of your vessel, your brave relatives and chumming all night, filling the sea with attractive fish parts, it's

7:00 a.m. and time to drop your lines wa can fish for bait, watch Jaws on the boat's VCR, read Herningway, or thumb through Sharks in Question: the Smithsonian Answer Book, from which you'd learn that en entire reindeer was once found inside a Greenland shark and that the quaintiy named cookie-cutter shark "takes its name from the plug- of flesh it carves from large whales."



water — you may attract hammerheads, t' reshers, or blue sharks as well as makos, so it's useful to be able to tell what kind of enraged shark you're brought in a blue shark last year, Nancy hauling toward you with a \$500 fish; rod. While you may enjoy eating grilled hammerhead steaks almost as much as you enjoy grilled mako steaks (which Nancy Cross believes to be the tastiest). there's no point in fighting the blue shark, which resembles the make but is

Mako Shark-Fishing Saturday, July 10, 5:90 a.m. to 6:00 p.m. Sunday, July 11, 5:00 a.m. to 7:00 p.m. 760-757-1879

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Calendar LOCAL EVENTS

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BAJA

"Exercit" a currently showing in the Omnimax. Theater at the Finana Callural Center, Screening Segon at 4, 4, 6, and 8, pm. Tu-sady through Friday, with an additional show at moon on Stateways and Smallys. Feet continues, with screening at 2, 4, 6, and 8 pm. Tu-eads, principal Friday and an additional show at moon on Stateways.

OUTDOORS

July Is San Diego's Driest Month,

Free AMESO 19.

Head to Ague Dulce Creek with Audubon Society brides on Saturdas, July 10, for an outing from 8 am. to carly afternoon. Participants will meet briefly on Morris Runch Road to look to purple martins and Cason's sirrows, and then go on to the Aqua Dulce group runn ground road his through a meadow and along a creek to see a verying of fast.

call 619-616-8096, MASSACH 8019

Falpore the Campon and Adjoining Lagonani Cree Camoon Dynas Space, Preserve when arrange Campon Dynas Space, Preserve when arrange Campon Dynas Space, Preserve when arrange Campon Dynas Space, Proposition of the Campon Dynas Space, Proposition of the Campon Dynas Space, Proposition of the Campon Dynas Space, Proposition Campon Dynas Space, Proposi

Talkin Turkey, California Esh and Came beologist lames Massey discusses wild turkeys at 7 p.m. on Sat-urday, July 10, at William Heise County Park (14945 Heise Park Road, Dial 619 694 3649 for details

Discover a Section of Old Highway

Free LIGHMA

Cold and Turquoise, take a bird walk in Jopez Carmon—part of Los.

Persaganto Cacamo Proserve—to to look for blue gross-to-look for blue gross-to-look for blue gross-to-look gross-to-look for blue gross-to-look gross-to-look for blue gross-to-look gross-t Paim Walk, Offshoot Tours offers its monthly hour-long guided stroll ex-ploring the structure, growth habits, and landscape value of palm trees in the park on Saturday, July 10, at 10, arc. beginning at the Botanical Bukling, Call 618-52-35-1121 for more information. Free (B&BOA PARK)

July Lowest Tide (-1.6 feet) occur this Tuesday, the 13th, at the incon-venient time of 432 a.m. Low tid the following morning (-1.5 feet happens at 5:15 a.m. Not until carl autumn will the extreme low tide that tidepool explorers enjoy start oc

395, near the north shore of Lake 1905, the north shore of Lake Hedges, during a fast-paced evening walk as San Delegatio River Park on Santarday, July 10. The cass to moder-ate use mile outing is from 5 to 7 p.m. Dial e19-235 5-440 -S. for directions and reservations. Free (LISCONDO)

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Bonsai Master Ben Oke plans a workshop, demonstration, and en-tique of trees belonging to San Diego Bonsai Club members on Sunday, July 11, in room 101 of the Casa del Prado. The general meeting starts at 10, 30 a.m., and visitors are welcome. For information, call 619-699-8776.

Tibet vs. Kosovo, the forum starting at 9:15 a.m. on Sunday, July 11, at Saint Paul's Cathedral, examines "Tibet: The and scathedral, examines "Tibet: The continuing Struggle," with the Rev. ohin Lundin and Flory K. Beatrice, co-ounders of the San Diego Friends of tibet. Expect an update on the status of he continuing situation, "which has avolved larger numbers of persecu-

Find the church at 2728 Sixth Avenue (at Fifth and Nutmeg). For information, call 619-298-7261, Free.

"The Y2k (Year 2000) Computer Smith-Lotte, software specialist Jonathan Briggs, and SDSU "Inter-net Webmaster" Robert Cademy lead community discussion for the Book Review & Lecture Forum" at

lecture series — offered in conjunc-tion with the "Nature of Diamonds" exhibit at the San Diego Natural Ho-tory Museum — concludes at 7 p.m. on Wednesday, July 14, with a talk en-69 527-405. Free (Escand) Grife A Universal, a process that heals loss. Fear how it can be used. "To produce unprecedented growth for produce unprecedented growth of understood and experienced in a healthy way," when "Siene Cauley," discussed, "Grife Healing the Loss," of 600 ps. on Montal, July 12, at 600 ps. on Montal, July 12, at Rancho Pacifica Health Center (758 Rancho Pacifica Health Center (758 Rancho Stratt & Roudi. Free To Mancho Stratt & Roudi. Free To Mancho Stratt & Roudi. Free To 100 ps. on Mancho Stratt & Roudi. Free To 100 ps. on Mancho Stratt & Roudi. Free To 100 ps. on Mancho Stratt & Roudi. Free To 100 ps. on Mancho Stratt & Roudi. Free To 100 ps. on Mancho Stratt & Roudi. Free To 100 ps. on Mancho Stratt & Roudi. Free To 100 ps. on Mancho Stratt & Roudi. Free To 100 ps. on Mancho Stratt & Roudi. Free To 100 ps. on Mancho Stratt & Roudi. Free To 100 ps. on Mancho Stratt & Roudi. Free To 100 ps. on Mancho Stratt & Roudi. Free To 100 ps. on Mancho Stratt & Roudi. Free To 100 ps. on Mancho Stratt & Roudi. Free To 100 ps. on Mancho Stratt & Roudi. Free To 100 ps. on Mancho Stratt & Roudi. Free To 100 ps. on Mancho Stratt & Roudi. Free To 100 ps. on Mancho Stratt & Roudi. Free To 100 ps. on Mancho Stratt & Roudi. Free To 100 ps. on Mancho Stratt & Roudi. Free To 100 ps. on Mancho Stratt & Roudi. Free To 100 ps. on Mancho Stratt & Roudi. Free To 100 ps. on Mancho Stratt & Roudi. Free To 100 ps. on Mancho Stratt & Roudi. Free To 100 ps. on Mancho Stratt & Roudi. Free To 100 ps. on Mancho Stratt & Roudi. Free To 100 ps. on Mancho Stratt & Roudi. Free To 100 ps. on Mancho Stratt & Roudi. Free To 100 ps. on Mancho Stratt & Roudi. Free To 100 ps. on Mancho Stratt & Roudi. Free To 100 ps. on Mancho Stratt & Roudi. Free To 100 ps. on Mancho Stratt & Roudi. Free To 100 ps. on Mancho Stratt & Roudi. Free To 100 ps. on Mancho Stratt & Roudi. Free To 100 ps. on Mancho Stratt & Roudi. Free To 100 ps. on Mancho Stratt & Roudi. Free To 100 ps. on Mancho Stratt & Roudi. Free To 100 ps. on Mancho Stratt & Roudi. Fr titled "Diamonds - The Uli titled 'Diamonds — The Ultimate Rosetta Stone' by Viucent Marson, During the lecture, Marson reveals how scientists' read the secrets-backed within diamond crestals, interpret their stories, and provide, an overview of history." Admission is \$8 for non-members, To reserve a spot, dul 619-232-3821 x203 (IMA IDOA PRIOR, dul 619-232-3821 x203 (IMA IDOA PRIOR,

and 619-223-3241 200 (BERDAT 1990). The Nati Olympics are v; a roof at the current exhibition at the Sun Deeps Half of Champsons. In consumeriors with the exhibit, Marken-Osenes Rankin will participate in a punel discussion focusing on "lesse Deeps" at I pin. on Wicheschy, 16ly 14. Earlier, daughter or of Jose Deeps, N. Ilgayle, 2017 of the Champson of the Property of the Champson of Sun Champso July 12, at 6:30 p m. Plant experts will be on hand to answer questions dur-ing the plant forum following the talk. The meeting takes place in the Surfside Race Place at Del Mar on the Del Mar Fairgrounds. 760-630-7307. Admission is free. (DEL MAR) Ringing Thunder Lectures, UCSD

ine et a of segregation. Willie Banks and other Olympians will take part in the discussion as well.

The \$25 fee includes admission. The Nair Olympias, Berlin 1946.

The newly relocated facilities are found at 2131 Pan American Plaza.
Call 619-234-2544 for information.
(BALBOA PARK). physics professor loseph Chen dis-cuses: The Corning Together of Aes-thetics. Science, and Technology," at 6 pm. on Tuesday, July 13, at the San Diego Museum of Art. Tickets are 59 for nonmembers. For information, call 619-696. (304.80x PAROS)

Back to (Beer) Basics, learn basics of brewing a German-style Hefeweizen when Ballast Point brew-master Peter A'Hearn conducts a clase at 6 p.m. next Thursday, July 15, at Home Brew Mart (\$401 Linda Vista Road). Call 619-295-2337 for

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management of place takes place to the consequence of the consequence takes place to the self-self.

Bereck at "Storstelling Self. Self.

Codependents, an improv comedy frouge, perform at the Creativity Centre (4716-32nd Street) at 8 p.m on Friday, July 9. The suggested do-nation is \$5. For information, dial 77. (NORMAL HEIGHTS)

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"A Unique Melding of Poetry and Music" is promised when "The Secretife of Mary Leary" convenes at 8 p.m. on Saturday, July 10, at Lestar's Cot

Comedy Night is set for Saturday July 10, in Seaside Hall, Jeaturing Mr. Steve Ostrow and "cosmic rapper Russ Phelps, Sign-ups begin a 7-pm., and the show starts a 7-30 p.m. General admission is \$10 with a 55 discount for performers for more information, aid 20, 4-36.

South Contents of South South

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Concerts under the Oaks commence, at Quail Botanic of sarders on Sun-ats, July 11, with light area by Holly Hofmann and Peter Syragus. The \$13 icket (for nonnembers) includes the music, light supper, and coffee find the gardens at 220 Quail Cardens Drive and by duling 760-486. Stop. Don't bring food or beverages, chairs, or blankers, (CROSPASS).



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is internationally known scen-ist freeman Dyson gives a lecture at 7:30 p.m. on Tuesday, July 13, in UCSD's Mandeville Auditorium. The talk is part of the Robert Tschirgi Memorial Lecture series, Free, For in-formation, call 858-534-1891. (IA JOLIA) #1 INDOOR ROCK CLIMBING GYM IN SAN DIEGO 2-FOR- INTRODUCTORY LESSON \$38 SUMMER CAMP SIGN-UPS NOW AVAILABLE! WEEKEND KIDS' SPECIAL For a 3-hour climbing pass with harness and chalk bag. (Excludes lessons.) (all for details.

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day, Bruce Willis would play Or plaus, Nicole Kidman, death, with Sandra Bullock as the wife. Orpheu airs Friday, July 9, at 11 p.m. or TCM, Cox Cable Channel 74.

Jack Lemmon, One of the Flaws

Kenneth Branagh's Hamlet — a voice like a banjo in an orchestra — is nonetheless a fine actor, Grumpier Old a happy bachelor who gets drunk, gets married, and starts scheming. Airs Sunday, July 11, at 1 p.m. on TCM. Cox Cable Channel 74.

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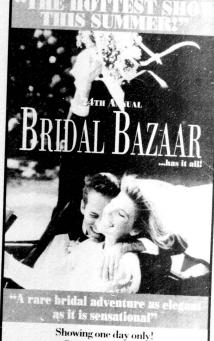
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ho Should Read This to

hard Priscula His is a souther and Tuny emolial them. Life must have een pleasant for the Hisse.

In 1948, a plump and rumpiled Time magazine edition: Whettake the Life has been been to the third them to the th

READING

His was seen when the troubles begin. His life of able changed. Although he was allowed to on at fulton, his mother was let go. After No. in he and Priscible separated. Tony graduated secure a writer at The New Yorker, turning out

the other sounds from the affordable. It has this beautial garder in the first share ground for side 19 may irrestrible. It is extrained not that we can always a first share ground for side 19 may irrestrible. It is extrained not share the share of the same proposed of the sound for the sound fo

suppose a since. What was once my come is now my son's room. A nec-comb to a last, the second control of the control of the control of the second control of the control of the control of the control of the second control of the control of the control of the control of the second control of the control of the control of the control of the fine address on the 445 terms under some day not not as a from from proon, there were all the letter that my mother and and his boother and brother in the address on the 445 terms under a land his boother and brother in the address on the 445 terms that has the control of the control in address on the 445 terms that has the control of the control in a she at the first mind the letter that he had received and brother in the had address that the control of the control of the control terms as week my dad was sending from and seven letters a week he was creating, and during this time of his instruction. Also, there was the the second of the control of the control of the control of the control of here to make the control of the control of the control of the second of the control of the control of the control of the control of here to much so these the control of the control of the control of here to much so the control of the control of the control of the day of the control of the control of the control of the control of the second of the control of the control of the control of the control of the second of the control of the control of the control of the control of the second of the control of the control of the control of the control of the second of the control of the control of the control of the control of the second of the control of the

often are you able to acknowledge a profound debt of gratitude to the federal prison system, but it was people at the flutent of Prisons who made it possible from my wire and me to go and visit the very cell that in wide able able of in, his room that he had never been able to leave and that I had never been able to death and the prison of that place on my shoulders, I was more than ever amazed at the beautiful that place on my shoulders, I was more than ever amazed at the beautiful parking letters he had been able to write home to me. To me those letters really are a soundow into a soul. One of the tronics of the story is that it was the every district that the property of the story is that it was the every district that the property of the form of the property of the form of the property of the form of the property of the property of the form of the property of the form of the property of the form of the property of the property of the property of the form of the property o

a human being behand the headness, to show the many dimensions of a person, complex as all people worth knowing are.

I may be in the people worth knowing are.

I may be in the complex as a book that glammittee my father; I do write the about his short complex as a book that glammittee my father; I do write the about his short complex as a book that glammittee in the first his not defend himself. Because he was such a true believer in and even we take the short and the short contract the innocent, that if he could only have his day in court, the truth could be made plant. At the same time it tims he presented to the world a rather cool, lawyerly, somewhat stuffs face. I could see how that had some certap with the person whom I had known on well, but at the same time people who had only even that face might have found some overlap between that the truth of the stuff is a stuff of th

in Westminster, Maryland. The sister is married and lives in San Francisco,"

It "aust have been a very hard life for them, I said.
"! would think it must have been." Hiss paused, then added, "I am sure they are proud of their father."

I said that I found it resting that opinions were till so strong about his

father's guilt or innocence.
"For some people," Hiss said, "it is still a current event and not an historical event at all, and they debate the subject vehemently and passionately. I think it is possibly because both figures, Hiss and Chambers, became iconic emblems of the Cold War. I think particularly since the 1980s when Whittaker Chambers was officially elevated to such honored status with President Reagan awarding him, posthumously, the Medal of Freedom and

the farm | where the so-called "Pumpkin Papers" were hidden] being made a National Historic Landmark that some people seemed very threatened by the idea that perhaps Chamber was not telling the truth.

was not telling the truth.

"Oddly, there are those for whom it is still today's news. But, then, too, many people remember nothing about the case; Study Terkel told me he went out into the streets of Chicago in the 1980s interviewing people; asking. Who's Alger Hiss? And one man told him, Black ball player, got in trouble with the government. Another man said, Nazzyy. Of course there are people on toler 20s who don't know who you are talking about at all. paying our toler 20s who don't know who you are talking about at all. and the street is the street of the street of

Takes every studyingst up as a scholar of the Hiss case. The only career seed soft become a layer, or the control of the Hisson and the control always are of beddin't become a layer, and the layer the control of the Hisson and the control of the Hisson and Cold War researcher. With my father's encouragement, I sport a long time trying to create a fit field wasn't just being the sorn of Ager Hisson the Hisson and Hi

"Before It's Builty Stoom College ber 24. More than 23 pro-related attworks are pre-cluding Bruce Nauman's and pencil drawings for Virtues, the cardboard in Snake Path Alexy Smith of William Wegman's scree-

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It is essential to attend all 3 classes in a series. All classes are 7.9 pm.

Sujantra will be signing copies of his book Lean to Mediate at the Monday evening classes.



the Sri Chinmoy Centre Classroom at 3351 Adams Avenue in San reserve your place. Please call 282-8780 to



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First Book Story Time, listen to

Sum-Summertime provides the theme for the Saturday Story Time starting at 11 am on July 10, at Borders Books and Music [1072 Camino del Rio Northi. Dial 619-295-210 for information. Free MISSON VALLEY)

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Let Down Your Hair and emion 30. parzel when the San Diego Actors Theatre presents "Children's Clas-sics" at L'Auberge Del Mar Garden Amphitheater on Saturday, July 10, at 11 a.m. The program includes Beauty and the Boast Part 2, Gettrude McFuzz, poetry, and songs, 619-268-

at 1 p.m., as seven

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619-334-7386 (La 2012A)
Look, Up in the Sky, It's a Young
Eagled Brown Field with: wife for the
Young Eagles Plight Das on Saturdays July 10, from 8:10 a.m. to moun.
Kalde's to I 2 vests old will hear safery
briefs, and get information on asplanes and then take an ariphare rised
typyroverniefs; 30 minutes long;
1 proverniefs; 30 minutes long;
1 price 14 is, free; and by the EAA Chapter 14 is, free; and
get directions, call 1018-262-3121. visits the pajama party starting at 7 p.m. on Saturday, July 10, at Borders Books and Music, 1072 Camano de Ios North. Participants will hear stories, play games, and eat freats. Free, 619-295-2201, MASSION VALLEY.

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Choo Choo! Books about

How Have Drama and Theater be veloped from primitive man to the modern day a anti-garde? Find of when the Carmel Valley Library has

Children's Discovery Museum of North County, the museum is designed as an educational environment through art, science, and social activities targeted for children through 12. Look for a medicial case.

Scope Out Slithery Denizens estuary when the Junior Ranger a snake walk next Thursday, Ju The Tijuana Estuary visitors of hosts these mini-workshops for

Fore! The Lawrence Welk Resort hosting junior golf camps exc. Tuesday and Thursday, including 13 and 15, from 2 to 5 p.m.; those 6 to 17 years old. The camp le

(H)

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MUSEUMS

(Art museums are listed in the Reader's Guide to Art.)

Antique Gas and Steam Engine Mu-

Antique (sia and 'seem' lingine Ma-seum, the museum' activates on seam, the reasons activates on the and preserving bistorical gas-stein, and horter powered output not, and preserving bistorical gas-stein, and horter powered output not to the great add evolutionist of the contraction of the component social in humbering, min-oga add stilling, and construction in a dustries, in addition, the museum has seen and the contraction of the con-traction of the contraction of the dustries of the contraction of the con-traction of the contraction of the form of the contraction of the con-traction of the contraction of the form of the contraction of the con-traction of the con-tracti

Thompson, Florence Walter, Mary Weldy, and Es-Wohlers are gath-ered in 'Dolls, Kids, and Toys,' on chabit through Friday, July 23. The museum highlights, the his-tory of the Sweetsater Valley from the mid-1800s, with historical pho-tographs, artifacts, tooks, and farming implements, the district's 1953 feer segme, and bound copies back to the regime, and bound copies back to the regime, and bound copies back to the Find the museum as 403/8 feorits. Kood. Did 195/8 767-7441 to while Find the museum at 4035 Bonita Road. Dial 619-267-5141 for addi-tional information. (BONIA)

Chinese Historical Museum, photographs by Yuan Yi-Ping, chief jour-nalist of China's People's Daily, are Heading East," a photographic children commemorating 150 years of Asso-Paul, American history, opens on Monday, July 12, providing a gimpse at the lives and contributions of these gimpsears. romigrants in California See the brough Thursday, August 12.

show through Thursday, August 12, Continuing volumbin Science of the Continuing volumbin Science of the Science Service Science of the Science Science Science of Science and Science Science of Science and Science of Science The removation as Isocated in a building originally bank in 1927 for the Chinece Woodson adjacent to the building via m Asian parden, includ-ing: States of Confession, a waterful, stream, and a large Chinece gair. The mayoring Science of a 64 Third Avi-cance (art Svicel), 619–336–3888.

(Down-town)

Chule Viste Heritage Museum the museum features glimpses of Chule Viste New Long and Chule Vista's yeark the opening exhibits in chiefe lemon packing crate labels, photographs of downtrown Chule Vista, doors and adobe blocks from the original Sara rewspaper building, and relies from the Oray Watch Company. Fint the museum at 360 Third Avenue. For further information, call 619-14. 200 His, Cristal, vistal, onc. all 619-14. 200 His, Cristal, vistal

tion, call 619-420-6016, CROLA VISTA Command Museum of MCRD, arti-facts from the beginning of the Ma-time Grops to the present are dis-played, with special rooms dedicated 20-1 bibons and medals and to the Boser Rebellion. The museum is lo-cated in Building 26, just inside Kate 4, off Basif, Highway, 619-524-6038, (MDMS).

George White and Anna Gunn Marston House, this historic home

architects William Hebbard and In in keeping with the early 20th Cen-tury American Arts and Crafts period.

House of Pacific Relations, Inter-House of Pacific Relations, Inter-national Cottages are open every Sunday from noon to 4 p.m. to pre-sent the history and traditions of 30 ethnic groups. Select cottages are also open on the fourth Tuesday of every month, from 11 a.m. to 3 p.m., and Children Around the World videos are shown in the Hall of Nations on the fourth Tuesday of every month. 619-538-4069. (BALBOA PARK)

in the Desc t: San Diego's Quest for Water." The museum is located in the Casa de Balboa building: 619-232-6203. (BALBOA PARK)

San Diego Automotive Museum, take a lock back at the "defining in-vention and ultimate icon of the 24th certain and ultimate icon of the 24th certain and ultimate icon of the 24th certain and 15th certain and

clude a 1902 Curved Dash Olds, a 1910 Hutt. 1986 Chrisder Imperial Airflow, 1949 Volkswagen Bertle, a 1931 Hudsen Bronnt, 1965 Corrain, and more. This show remain on dis-plets through January 31, 2000. More then 80 automobiles and motor cycles from boreless carriages to future prototypes are included in the museum's permanent collection. The museum's permanent collection. San Diego Hall of Champions, the museum has reopened in its new fa-cility, the restored Federal Building, with the touring exhibit "The Nazi

Reuben H. Fleet Science Center, Reuben H. Heet Science Center, continuing exhibitions include 2-holistons include 2-holistons include 2-holistons include 2-holistons present a sarrier, Signish, and Sayscapes. The permanent calabitions present a sarrier scientific principles Explore the various methods of transmission and storage activities and the information, such as the science of the principles associations and the science of the principles association, call 619-288-1233, (BABOR PRINCIPLES).

of the Ware Count in was missioned exhibits connecting the old 3 and Diego Connado Gerridout, the trust fidding industry, and the missioned fidding industry, and the missioned fide in the connection of the conn

619-234-9153, (DOWNTOWN) San Diego Museum of Man, unravel

the mysteries surrounding the age-old art of mammification in the ex-hibit "Mysteries of the Mummies." while "Mosteres of the Musumines."
Among the treasures cleared in the
chibit are a multitude of namemfield bodies and hundreds of related
artifacts such as caskets, tombs, sacred skulls, and shrunken heads.
Egyptian, Perusian, and Messican
munninies are part of the echibition,
which includes animal and human
relicies, as well as two life-sized tableaus. See this show through sunday, September 5.

An assortment of swood carvings
and paintings from the Venezuelan World War II. Adolf Hitler exploited

states of Merida and Truillo are showcased in "Images from the Anthrough January 1, 2000. The colorful wood carvings and paintings reflect the rich variety of Venezuelan folk art. according to curator Grace Johnson. The works fit into three categories— daily life, political life, and religion.

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No Reservations

All the musicians seemed to have the spirit of this arch-Romantic music in their souls.

this open similarlines performes have offered in this open similarlines performes have offered in strate artists come along, however, this New Fisciences Institute program of works by coart, Schuman, and Brahms van standa sa paragon for a concert of this kind. Every more met was totally alive, the experience of each pee was communicated with overwhelming net was somministed with overwhelming the subject power, and trush, and the technical subject power of the s

What one did notice was the dominant role played by McDermott, who appeared in all of the four items on the program (each of her col-leagues, played in only two), and whose impassioned, assertive character imparted an overriding tone to the whole concert. One was overriding tone to the whole concert. One was particularly sware of this in the two Schumann works: the Fantasiestucke, Opus 73, in which McDermott was partimeted by cellist Thomas, and the Marcheibilder, Opus 113, in which her collaborator was violist Phelps, "Partier" and "collaborator are operative works here, for the piano part — as one would expect from whu-

mann — is quite as prominent and expressive as that of the cello or viola, never retiring into the background as mere accompaniment. This equality was recognized by the fact that the pi-ano lid was fully raised, and that McDermott, while the company of the company of the company of the ball of the cellow of the company of the company of the cellow of the ball of the cellow of the cellow of the cellow of the cellow of the picture of the cellow of

be first shamler music concert of this summer's Mainly Mozart festual was at close to perfection as a musical performance can get The slight quadification "folose to "lose not reveal any lack of full enthission or in ypart I is simply that in the nature of things, no performance—even the most sounderful—can be definitive there is always some other, equally splended was of making the audience there is always some other, equally splended was of making the mission in all its glory, unmarried by the first state artists come along, however, this Neuron agrees, unmarried by the first state artists come along, however, this Neuron or work is the state of techniques and techniques and the state of techniques and techniques

As for the Fantasiertiske, the darinet ver-sion perhaps has the edge among schuman afticionados, but the cello can be a gorgeomaly cloquent advocate for the music, as it was in Ronald Thomas's intense, rapt, vet fascinatingly inward-sturned performance. All three musi-cians seemed to have the spirit of this arch-Romantin music in their words, the spirit of ephemeral emotional states, of purified artis-tic autobiography, and—a set theils precisely indicate—of fantasy and fairy tale. The rest of the program consisted of two

The rest of the program consisted of two larinet trios, Mozart's "Kegelstatt" for clarinet, rola, and piano, and Brahms's late Trio for clarinet, cello, and piano. Both combinations are highly unusual, if not unique (Max Bruch wrote a trio with Mozart's instrumentation), and both authorith sourcast sustrumentation, and noth a full variety and that McDermort, which thoroughly sensitive to matters of half-auce, nevertheless played throughout with a largeness of tone and power of attack that drew quite grand sounds from the Yamaha (a make

profound, beavenly hearity), the Bhathis-adiant with storial sudness, and seceptace of the diseasable sor and seceptace of the diseasable sorted s

dstinctive mixture of objective that the control of the control of

cert proved.

(I should note, by the way, how It should note, by the say, how much more possible my reaction to the Brahms Frao sax in this formings performance than when Bearding that summer's summer's et-al-edge (sixse difference being not the clarinesis but McDermott's sense.

Clarinesis but McDermott's



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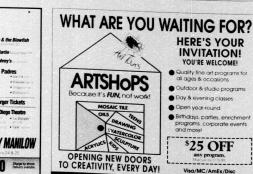
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paintings be Anthony Mirri on cohibit through Starday, August 14,
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use of neural a cloors is said to reflect
emotions experienced as a landscape observed. You're invised to a
reception for the artist at 6 p.m. on
Friday, July 9. Two New York Photographers — frick Salo and Arthur Lavine — have work on display through Friday, July 30, at the Photo I actory Gallery. Regular gallery hours are Tues-

day through Saturday, 10 a.m. to 5:30 p.m. Find the gallery at 7661 Gi-rard Avenue: and by calling 619-454-3409. (LA 30(LA)

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Two New Carl Photographers and the Carl Photographers are shown on display through the Two Hardward on display through the Two Hardward Carl H

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The museum's Pan-American Protect Series yields op "Mircos Ramine ERRE! Amer Comp Primer idomes (Love as first Language)." for the chibbt, the artist has created in common sets the lart displayed outside on the south piaza emilde visitable. It is not the Spanish which will be a set of the com-lation will be related until another will be related to the lation relaters. URRE presents see craft other problems of the choice concludes on Sunday, Octo-those Concludes on Sunday, Octo-

American Visuan The Partitings of Cycegor Gillespre The exhibition fifth in depth surcivity of Callespre of Cycegor Service of Callespre of Cycegor Service of Callespre of Cycegor Service of Callespre of Callesp

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of Contemporary Art, Downtown, 1001 Kettner Boulevard (at Broad wis). For additional details, call 619-238-7559. (DOWNTOWN)

gust 22. The museum is located a 704 Pier View Way, 760-721-278.

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ropean paintings and sculpture, and the Weisman Gallery of Contempo-tary California Art. 619-232-7931. Timken Museum of Art, the ma

Calendar

LISTINGS

I won't be able to review Tom Stoppard's masterpace because! was demantage for the North-Coast Rei's production. The play's an all time favorite, and I had to get intolled. To might! did, some coast refrequence negating personal residence of the play is a favorite of the play personal residence and the play is a favorite of the play personal residence and the play is a favorite of the play for AT 7 200 M. Marting Succession 18 at 2 200 PM.

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Obaloc Phillips's 90 minute tribute
to/parods of 1970s music is one of
the hottest shows in town, but it profession, neces a surgion team, pro-posed per control per antique per con-petent per control per control per con-ceptent per control per control per con-ceptent per control per control per con-ceptent per control per control per con-trol per control per con-trol per control per control per con-trol per control per control per con-trol per control pe

does a melle of sistem themes ongs, along with a pop quire about 70s. IY that, if you get too many amover right, you dould feer for your soul. The show opened at the 95-eart fault line behave. The too popular demos-is if has moved to the Cuity Faster, I that I say paid sided years, forcer Plain, but it you for heart, which you, and it cap-tures the trush-inged spirie of that May decade.

Comedy Codependents

The Comedy of Errors Palomar College presents Shake-speare's comedy about sets of twins, separated as infants, who cross paths as adults. David Boyd

directed.
HOWARD BRUBECK THEATRE, FALOMAR

COLLEGE, FRIDAY, JULY 9, THROUGH JULY 25: FRIDAY AND SATURDAY AT BOO P.M. MATINEE SUNDAY AT

month at the Creativity Centre in Normal Heights. CREATIVITY CENTRE, 4716-32ND OF EVERY MONTH AT 8:00 P.M. (NOTE: In the Heart of America

In the Blear of America
An anti-war drama, even anti-Gulf
War, Naomi Wallace's script combines realism and surradium to depart life for marginalized people:
two Platestians And Americans, a self-ordesed "racker," a phostly
Actinative women, and a C.1
possessed by the sol of \$1. William
"My Lat" Cille "75 an ambitious
plas, with important themes,
lessels constructed. The First Theare's production, directed by
thems Beckel, first a racke of re
through Excellent and a racke of re-

Footloose
San Diego Playgoers host, the West
Coast premiere of the musical,
based on the movie, about a "free-spirited kid who reminds a local" Spiritos Add Wind retireds a local minister is no sain to be soung. SAS DIEGO CINC PETATIE, TUESDAY 1985 OLIVE THAT IL TUESDAY 1980 OLIVE THAT IN TUESDAY 19

Forever Plaid
The four harmonizers in search of pla.d sport coats are in their third year at the Theatre in Old Town. signed everyone by Tolkine your blobs. Twen of the light harmonic blobs. Twen of the light harmonic blobs. Twen of the light harmonic particular blobs (I needed a quick fix of Oris and Hendris After hearing thems), und'w got to skind the light harmonic blobs of the light harmonic blobs of the light harmonic blobs of harmonic blobs of harmonic blobs of harmonic blobs of harmonic of the light harmonic of the light harmonic of the light harmonic of the light harmonic blobs of ha

hrey, and Kevin McMahon.)

The pace was sluggish, the acting uneven (basic stuff: like actors no connecting with each other), and several actors weak vocales. Some plusses: David Weiner's set plunk a desert in the small Frite space, lennifer Fenton's costumes and Christopher Wylie's lighting er have mod and chraster Heart imposed and tone, and the cast made the longs fatfally, more control table with read-tone, and the cast made the longs fatfally, more control table with read-tone scenes than decame, spec lit tends to preach, but Heart's strongest maments alwayer matters of race, gender, sweal preference, and uply Americans, at home and sheeta, with a short peach at fallow more about posts are fallow—more about posts are fallow—more about posts are fallow—fallow from America's from times, at note, Heart reverse, as an antitoder.

in better shape by now. Worth a try.

Jesus Christ Superstar

TION CALL 900 944 JOSY

The King and I
The Welk Resort Theatte presents
Rodgers and Hammerstein's musi-cal about the King of Sam and an
English midow haved to nator his
wives and children. Don Ward di-rected and chorocographed.
WELK RESORT THEATTE. THROUGH AU
EUR RESORT THEATTE. THROUGH AU
EUR RESORT THEATTE. THROUGH AID
MATINET EURSCHAF THROUGH THESE
THROUGH SATURGEY STEED THE THE DAY, AND SUNDAY AT 1:45 P.M.

DOS. AND SUPPLIES AT 1.6.9 M.

LOST

The La Jolla Physhouse made a reputation for dramp theore. Its curseries production, of Jee Orton's
wicked' comed, is time. Los et shocked prophe when it premiered
in 1966, and might teds, but this show's afraid to offend patrens. It's
times, well acted, handsomelymounted, but lack bete.—and the
underlying stores Ortons for for a
more handle produced to the control of the
rection. New Keller added, area. Inrection. New Keller added, area. Inrection. New Keller added, area. Interes to the control of the conpart touches McCarry's wire desire in
the preshow: and Orton's famous,
againteent, the well-to-wall college.

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Mister Roberts
The Coronado Playhouse offers
Thomas Heggen and Joshua Lo-gan's World War II comedy. Fran
Palmer and Mike McCullock co-di-

Nellie Toole and Co.

A play as uneven as it is strange.
You could cut the first act of Peter.
Keveson's "offbeat mystery" in half Keceson's 'editheat myster,' in half-and lose nothing If's a world pro-logae, we're in a New York har, it's tate. Nelle interviews a man to per-form for her (what, he does not know), she's obviously what, ho, her hird hand pask's a pixel. At two world if all energy the con-served with the property of swender if a least world in the co-core could have written a. If it she one could have written a. If it she cates "nightmare, in which one of Nelle's regulars blows his lines, and the new actor writch his own and the new actor writch his own we shall be a substitute of the substitute of th the text. He get a substantial ger-bornmare from Dumy Campbell as Herman Moke, the interviewe. How the More of the State of the More hos shifts from the Hope possivity to instant asserts ences, Sephen Sax is Benny, clutherborner-ling, does a comical transformation as well. But Karpt Lewis Searcy's More will flut Karpt Lewis Searcy's More will flut Karpt Lewis Searcy's More will flut Karpt Lewis Searcy has well flut Karpt Lewis Searcy has the character, with Seat the More and the Character, with Seat the Character, with the character, with Seat the More and non-sequities and and non-sequities more some and different kind of a knot's nightmare different kind of a knot's nightmare.

Oklahoma Riggs Lamb's Players Theatre ofter David McFadzean's comody

A A Manian

CALE

Pippin

Vanguard Productions present

Stephen Schwartz and Poper G.

Hirson's musical about Charle

magne's son and his quest for an

extraordinary life John Spatford

directed.

BESTMONERS HEADER, CAMON AT TAL

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A SULY 18: FRIDAY AND SATURDAY AT 8:00 P.M. MATINEE SUNDAY AT 2:00 P.M.

R New Home and The Out look of 2 buzzards in a zoo Community Actors I heatre pre-sents two one-acts, 'comedies with sectious messages,' written and di-tected by Earl Hamilton, Ir. COMMUNITY ACTORS THEATRE.

JULY 25: TUESDAY THROUGH THURS DAY AT 7:30 P.M. FRIDAY AND SATUR DAY AT 8:00 P.M. MATINEE SATURDAY AT 4:30 P.M. AND SUNDAY AT 2:00 P.M. THROUGH AUGUST 1, THURSDAY AT 7:00 P.M. FRIDAY AND GATURDAY AT 8:00 P.M. MATINES SUNDAY AT 3:00 P.M.

inhumacy. Damy and Deborah are on a collision course with love. His friend Bernic and her troommate loan sean to prevent it. Iust be-astise. Between Bernic charted sit women, and loan's of men, opti-ming to the prevent of the hour-long comedy drama they frain tion

like evil angels at Donny and Debe-rals vens: The Culo production: naive areas: The Culo production and a former and briefly Manufatur (light production and a company of the company design, each the period Cheago, Payle and cause cringing muscle changes. The eating to often most design acts the period Cheago, 1996; and cause cringing muscle changes. The eating to often most design and the contract of the company of the company of the contraction of the company of th

CLLY THEATER, 340 SEVENTH AVENUE DEXT DOOR TO THE CLARION BAYVIEW HOTEL: DOWNTOWN, OPENENDED RUN, FRIDAY AND SATURDAY AT 8:00 P.M.

even though they haven't sum to gether since State went to prison. What they II sing rost question side. But how they II sing is it. Min-diale, but how they II sing it is. Min-Mande and Miss Myrthe won't standard and some side and and the such heather cell as standing and swing music. The preacher is caught between Mande preacher is caught between Mande preacher is a might be to discuss the sum of the sum of the covering rehellions instincts. South on the Monattain is a musical rost in the sum of the one of the Monattain is a musical rost in the sum of the sum of







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The Word Made Fleshy

VANTAGE THEATRE WELK RESORT THEATRE

Some people are also annoved by how he says his name with full Spanish columnist Rands Dotinga. He notes that some RPBS listeness are 'turned off by his not-ready-for-radio voice and the

he's done it all his life

million, I would say close to half are Latino or Mexicans themselves. To say that

people."

Undaunted, Lopez and The
Lounge remain bullish on the
local music scene, His first
gues: when the show debuted three months ago was John Reis of Rocket from the Crypt, Since then be has featured the experimental Maquiladora, trad jazz player Gilbert

band Burning Bridges, and the rockin' Bridget Jove Band. He says he wekomes CDs from other artists who would like to appear on The Lounge.

Castellanos, the world-beat

Forget the fact that The Lunge on KPBS (89.5 PM) do it. And who am I to tell Dane Femstein that she should say her name Femsion local pop musicans to be SEEN? Of the charge that he is inexperienced, Lopez says he has been doing news, features,

THE INSIDE TRACK

and production work at the "I didn't go into it just to be offensive," said Dotinga. "It

at warp speed, making it all but indecipherable.

Born in Mexico City and raised in National City, Lopez

music on the air. Or that producer/host Adolfo Guzman

he s done it all his life.

That s his opinion," he
says, "Look, we live in a region
of close to 4 million people,
including Fijuana, going up to
Camp Pendleton, Of those 4 pronouncing someone's name

take into account the region we live at. For me to say Adolfo

was worth bringing up that this is one of the reasons why he annoys people. That could

Cameron Crowe vas shooting a move, "said one local musician/recording engineer who sae not in it. We watched them shooting downtown with old can and downtown with old can and exert thing. We went up and asked them it we could shoot a sked them to we could shoot a sked them to see a standard with the said of the said plus real good food. I got to work for I I days, It was a real positive crew. They really treated us really well.

The musician - wino requested anonymity because the actors weren't supposed to speak to the press — said he was one of some 200 locals who were picked as extras to album | Wisdom moved to KGB in 73]. Cameron used our characters. I was more than happy to do it just for fun. It's a thrill. appear in Crowe's second movie about his early years in

MUSIC SCENE San Diego. His first, Fast Times at Ridgemont High, launched a career as a screenwriter and director of films like len

McGuire, Singles, and Say Anything. Crowe's latest film, still

unnamed and set for a

Calendar

"If our guests aren't media savvy, that's fine," he says. "As long they have a good story to

Christmas release, is being produced by DreamWorks.
The opening series were set in 1973 when Crowe was a teenage rock writer for an undergound newspaper called The Door. He later went on to moment on air when Sean Lennon, in with his band Cibo Matto, made a suggestive comment involving himself. Lopez, and a bunk bed. But be a music writer for Rolling Stone. The local scenes were shot at the Sports Arena and at an insurance office on 7th and Ash that used to house the old opez says the interview got etter. "In the beginning he was talking and I heard this was taiking and I heard this normal East Coast young gay. Then halfway through I heard his dad. It was like he toos on his dad's Liverpool accent. The I ounge airs 5:30-7:30 p.m. Sunday Thursday. studios of radio station KPRI

A set was created to resemble the old KPRI studios. "It's a true-to-life story about a 15-year-old kid who befriends a disc jockey, and befriends a disc jockey, and that disc jockey happens to be me," said C. doriel Wisdom, currently a sendicated financial tadio host based in Rancho Santa Fe who was a DI on progressive KPRI 2 oy exar ago, A few months ago I started getting calls from DeamWorks. They said Cameron say you made by

same today as he did back

Cameron says you might have some old posters and photos of the old KPRI. I agreed to an original KPRI Turn On poster I had in the movie. They also used a photo of me with long hair sitting behind the mike. Cameron looks the

FRIDAY, 7/9

SATURDAY, 7/10

9:30 pm-1:30 am

air from time to time. We were friends. We used to see each other backstage at concerts. In stated his new job as music director of VH-1. Now based in Manhattan, Collins started

"When I walked onto the set. Cameron says, Twant you to meet the lady who plays you

in the movie. I didn't know what to think. He said, 'Alice Wisdom, this is Gabriel Wisdom. I watched a couple of scenes. I think except for the gender switch, the movie was pretty accurate. "As far as we know you don't see Black Sabbath. The movie focuses on this band called Stillwater, Billy Cruddup and Jason Lee play two of the bandmembers."

"I used to work as a waiter," recalls Marco Collins about his corfly years at 91X. "I would get off at 11 p.m. and catch the last trolley to TJ, cross the border of the control of the co and barter with cab driver

and barter with cab drivers is take the to the mountain so I could do my overnight shift. That was in the 80s when the 91X announcers had to make the cross-border trek to the 91X studios, which were

black hair. I went through my

in the music business by giving the developing San Diego

Barbara Jamerson & Two Deep Variety 7-11 pm

Andy Wahlhof (from L.A.) Blues 9:30 pm-1:30 am

Tami Thomas' Big Band/Jump Jive Swing



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SATURDAY.



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playing around town " recall-Collins. The song 'Better Man' was written by Eddie during his days in his first during his days in his first band. Bad Radio. I taped a live version of it at the [now-defunct] Spirit club.... I had him on the air [on my show] in Seattle. He said I was the irst person to play him on the

The Incredible Moses Leroy "is probably one of the most talented, exciting. amazing songwriters I've seen that he is going to go on to dominate not only the alternative world, as far as music goes, but also the pop world because he has an uncanny sense of songwriting says Mike Halloran, formerly of 91X, 92.5, and 95.7 KUPR ferring to Ron Fountenberry a local musical artist who

performs under the name the Incredible Moses Leroy.

"Ron approached me about managing him and I agreed and worked my assort and secured two offers for record contracts, one of which still on the table. All I'm asking for is that he pays me the commission that I'm due because I've earned it... I would hate to think that this early in his career that he would be going back on hi

According to sour Moses is set to be signed any day now by L.A.-based Ultimatum Records According to Lou Niles, A&R rep for Ultimatum and former on-air personality for 21X.

MOSES HAS A FALLING OUT

"The way it stands right now is that Ron wants to be with Ultimatum and we want him to be here pretty badly. It's just a matter of working out the

to be here pretty badly. It's just a matter of working out the declars. The production of the function of the function of the declars of the necessary to secure what he

OVERHEARD IN SAN DIEGO: DAGWOODS 6/25



JAY ALLEN SANFORD

feels is his rightful fee for acting essentially as Fountenberry's manager, including taking legal action. At issue is whether or not Halloran was officially acting as Fountenberry's manager and what, if anything, he is wed for any services he may we provided.

Fountenberry states that Halloran was indeed helping him out but that Halloran, who works in Los Angeles, had too many other obligations that prevented him from effectively acting as a manager for the Incredible Moses Les

it. At this point I don't have anything, there's no record deal, so I can't give him something which I don't "The last show I went

intentionally harm or burn

anyone," says Fountenberry "It was a business deal, and

the pit. Punk chicks. They're just as crazy as the guys. They

slam, and sometimes they get hurt. Sometimes it's bloody One time in a pit in Hollywood, this girl had thes-chains hanging down from he-car and connected to her or and connected to her nose...they got vanked off... She slipped, and she got stepped on, and I grabbed her by the hair and pulled her out. I couldn't get a grip on her, so "I don't think I've tried to

I had to grab her hair. They took her to the hospital."
"Have you ever been hurt

Tve been to hundreds of got hurt once. I broke my leg and fractured my arm in the pit. It was a long time ago... when I was 14.

"There used to be the club

down there (in Mexico think it was called the Skeletor Club, but I heard it got closed because the mosh pit put hug holes in the walls and shit like that. I've mellowed out. I still fight, but not as much as I used to. Some people still fight, though. The rancheros like to fight when they come in the mosh pit. One time in TJ, these machine in 11, these cancher os — you know.

Mexican cowboys — came.

They look pretty stupid. They wear those is the pants, like.

their hats, and they ride pickup trucks. They love it. I think they think it's a riot, that's why they get into it. Some of them are real old too ... like 27, or

maybe 30.7 Contributors: Rob Aikins, Dave Good, Ken Leighton

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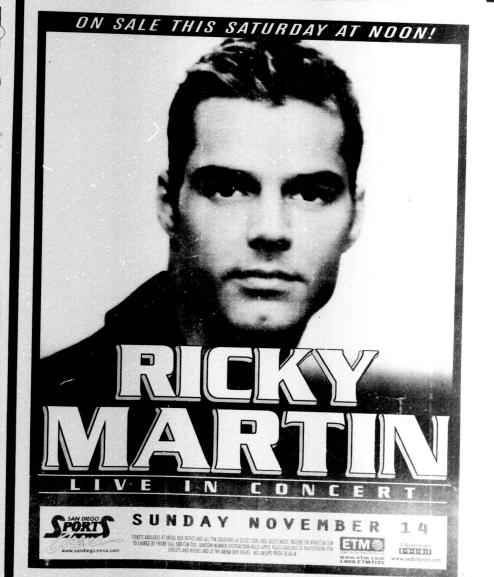
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I'm Gonna Spew **Anyway**

"I sang my ode to Diana Spencer, 'Drunk Divorced Floozy...' and he offered me a job right on the air."

where how at the parties and made our trails done in the same of t

Where Are Yand), and composer of such classics as Pilvis Is Every shere. "Thon Henles Must Die, and Tesus at McDandfs" "Its 9 ED DECKER pm. and we're at the Artzona Cafe (Ocean Beach, and he's explaining to me, over 3) and forms; this tarorite!, why he had to move that Othic.

"You know. 15 years ago I was in a highly in-toxicated, ulcerated state. I made out with [musse-business] wives, and it's forever burned in [the russings, wives, and it's forever burned in [the russing burners, executives] Plantan... That some of the reasons why I couldn't get a radio] job in San Diego. I thought could work out some kind of syndication deal because I had this thing going on with Wile Fallorian at 925. Called The Moje Marian. It was me ranting about a trejectory day for a minute, like Andy Rooney on speed; Andy Rooney on a fair of speed?

So you went looking for a job in Cincinnati - why there?" I ask.

nati — why there? "I ask.
"I was on tour there with the band [the Toad Liquors], when [this local radio station] asked me to be on Jerry Burbank's show. He had a talk radio show on 700 WLW, not unlike 760 [KFMB] radio show on 700 WLW, not unlike 760 [KFMB] in San Diego, It's one of the oldest stations in America, Burbank likes blues and rock, so he asked me for an interview and for promote the concert. Well, Burbank got sick and the guy who must the station subbed for him. I sang my ode to Dana Spencer, Trunk Phorocref Floozy, and T Don't Want No Cyberses,' and he offered me as obright on the air." a job right on the air."

"Are you giving up the music thing for talk radio?

"I'm still gonna do music. I just finished my new album, Sock Ray Blue. I've just been think-ing that maybe I'm getting too fat and old to rock and roll constantly. Also, getting paid to talk is

plishments serves as a basis for his commentary.

He was homorary captain of the 1998 Olympic luge team. He adorned the from page of the Wall Street fournal and appeared naked

SECKET and source the foot page of the Wall and the Wall

packet.

Recently, on his new job, there have been

complications.

nplications.
"I was on the air with my boss Bill Cunning-"was on the air with my boo fill Carning and He Sal poles version of Ball Lumbugh Idefended Clinton on the air, saying that poole Idefended Clinton on the air, saying that poole cailing for Clinton is resignation were abundon of weak willed partiywaists. I said the man is a Hillihity to cook in fact, instead of forcing resignation, we should amend the Constitution of the cap of the Airth Germi His companying deep the cook of the cap of the Airth Clinton was well as a ranging for a fact of the Airth Clinton was well as a ranging for the Airth Clinton and the Clinton an

know about 'Elvis Is Ev-erywhere,' He didn't know about 'Debbie Gib-Two-Headed Love Child: He didn't know about Tie My Pecker to My Leg. He didn't know I was a pornographer; ing an article for OUS est thing about writing for OUI magazine was? I

could have porno mags spread across the couch and tell my wite, 'Honey, I'm working!' "5-4-86 | Nixon's first album, Frenzy, is re leased, "Stuffin' Marth Muffin" |a protest again MTV and their soulless N head. People magazine calls the album as plea-surable as having a wasp fly up your nose. "1-17-88 — Mojo

the Mojo promotion thing?"

ig:
"If I was more driven to make money, I would have a website and record catalogues and that sort of shit. But being Mojo denies that end of [the

sort of shi, But being Mojo denies that end of [the business].

"That sounds very gushy and noble, Mojo," Lsy sarcastically, "but you do have a smudge on your jerment record, "Mey sers of criticizing MTV with Stuffin Martha's Muffin, you went absead and did those spots for them." That kind of didttes your whole 'Mojo don't care about the money' routine.

money routine.

Nixon has heard this criticism before. "When they asked me if I wanted to do it, I said I didn't know. So I made this list of demands. I said, 'I won't say the words M-T-V, I told them I wanted

all this money and complete creative control. I said, Two from the Ohard. As different said, Two from the Ohard. As different said, Two from the Chapter of the Ohard Shadow out Mane never heard of Mojos Nix Inc. I dahno would have never heard of Mojos Nix Inc. I dahno would have never heard of Mojos Nix Inc. I dahno would have never heard to this, of the Inc. I day to the I said to the I sai







C





Calendar MUSIC SCENE

play it. The thing was, I made fun of Debbie Gibson, Spuds Mckenzic...and that's who was paying for the ads...and I was sucking up to Skittles money. So anyway, you go to bed with the devil and you get fucked in the ass."

stops to catch his breath and thinks for a moment. That is, something that scrall broaging, inc. The adds tangeritally. All these men are coming or more confessing affairs. I think mention of confessing affairs. I think mention of the next to have a meeting or the next.—Shut the fack any Stop-confessing everating, We need to be like the Mafa, the code of a lence, like NASA. We need to all get in a room...get our story straight... because even if a lit-tle bit of it gets out, I'm in big.

gonna put you on WFBN, the gonna put you on WFBN, the FM morning show. This is the equivalent of KGB. It's been the number-one rock station for 20 years. I view it as a move sideways. I know plenty of peo-ple, older, fatter, and stronglor-ple, older, fatter, and stronglor-

sideways. Iknow plent of peo-ple, older, fatter, and stupder than me still doing i'M morn-ing rock. It's just effortless to me....! don't have to prepare. I'm getting pand to spew. I'm gonna spew anyway. I'd sit in the apartment and spew at the tucking IV for free! I'm gonna sign a deal for two years and they're gonna so.

by Don Henley

People magazine calls Frenzy, "As pleasurable as having a wasp fly up your nose.

his common-law wife Adaire.

This ye kart track work feddires the ye kart track working draws that you were a liberal on a yellowing station. Task work of the working they with station of the were going to let me go. Then they said, I netten, we're common yellow ceremon with the working the state, we're going to with the working the working

To look at Mojo, one could easily confuse him with a hill-billy redneck. He has a bushy billy redneck. He has a bush-live-been living in the hilli-huntin'-cooms heard and a tarmer's leathery complesion. He speaks with a country drawl and occasionally adopts the voice of Howlin' Wolf, voice of Howlin' Wolf, with a complete of the coop-canneling the howling with channeling the complete of the with apoplexy. Nixon finds his way back too his point. "So Cunningham said, You're a conservative.

said, 'You're a conservative, right?' I said, 'Not really, I agree that government is in our lives too much. But shoving Judeo-Christian I. stianity down our throats? I don't agree with that at all. I'm just kind of out here on a lunatic frenzy."

According to Mojo, "The station is 75 years old. It used to be 500,000 watts. It's a clear channel so you could pick it up in Australia. It used to be called The Nation's Station, when there were only a few AM sta-tions back in the '20s. So I was to tour the new album?

Somehow they're gonnal set me tour for like, ten weeks a vear, he answers. We hadn't been tourist of he hadn't been tourist of the hadn't been to the hadn't been alling it The Fornication Nation Station. And here's the other thing," he says, shifting in his seat and learning forward. "People have been working in radio [for] 20 years just to get a fucking Sunday night shift there. Now I come into from and I'm on the air every day from 1-3 p.m." Moio is now screaming over the Arizona Cafe's pinkebox. "I call my show Lead in the Atternoon! tion Station.' And here's the got 'Orenthal James

lad, which is where it belongs... The husband killing the wife and the boyfriend is the oldest fucking crime on earth

all about a rednerk. He wan to go to Motel 6... He sure, shit doesn't want to type!"





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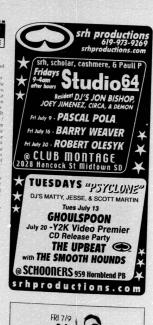
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The pianist was to sit at the piano during the length of the composition and do nothing.

cre are three contemporary instances of what can be made of a piamo, lohn Cage.

a Los Angeleno who had studed with had been made of Cage's thereines of Angeleno who had studed with had been made of Cage's thereines of the Common Seattle, On a Change of the Common Kohool in Seattle, On a Change of the Common with the Seattle, On a Change of the Common Cage was deeply he was asked to come up with seem music for a dance performance to be held that Friday.

AUGUST KLENZAHLER

AUGUST KLE

mance to be field that Friday. [AUGUS1 K Cage had been experimenting with percussion for a year or two in Seattle, composing what is probably his first major piece, First Construction (in Metal), in 1939, for which six percussionists were asked to play cow- and sleighbells, anvils, gongs (several of which had been submerged in water to alter their pitches), and thundersheets. The piece also called for in-dustrial "readymades," like brake drums and aspension coils. During this time Cage had also

suspension coils. During this time Cage had also been experimenting with electronic sound. The son of an inventor, and a student im-patient with traditional modes of expression, Cage decided to alter the sound of the piano and make it sound more like a percussion

The stabilized screw was critical to the effect Cage was after; he was able to fix and sustain par-ticular timbres for the duration of the piece. Cage succeeded in meeting his Friday deadline, and "Bacchanale" (1940) is considered the first and bacchanae (1940) is considered the first work for "prepared piano" in musical history. During the '40s, after moving to New York City, Cage composed a number of pieces for "pre-pared piano." Between 1946 and '48 Cage composed Sonatas and Interludes, a large-scale concert work that consists of four groups of four sonatas, all under five minutes in length; the first and second groups of Sonatas are fol-lowed by an Interlude, and the second and third

EINZAPICER subdities in music. He composed one piece called 473 "in three movements, during which no sounds are intentionally produced. The pianist was to sit at the piano during the length of the composition and do nothing. Cage composed another piece, o'f'. which is "to be played any way by any one." Accidental, random sounds from the audience—speces, couchs, succeiving each accuental, random sounds from the audi-ence—sneeze, coughs, squeaking seats — are integral to the piece. 0°0° was performed in Tokyo in October of 1962. The notion is charming but the result is dull. Like set or street fighting, it is often a disaster to go about making art or music based on the-

to go about making art or music based on the cortical principles. All three activities require unplanned too adjustments if they are to meet with any success. Much of the every of John when the contract of coming in two sections, but with asymmetric phrase structures and irregular, very complex rhythmic patterns. The actual sound Cage gets from the prepared piano is much like the In-donesian gamelan. The cumulative effect can be precipited.

ravishing. It's interesting how much contemporary or experimental music refers back to Bach. Joanna MacGregor makes the point convincingly in her two-CD compilation, which includes sections

THE CANDYBAR

JOE NORWOOD

Wednesday, July 14

NTOM CARGO DJ CIRCA

from Bach's Art of Fugue and the American comtrom Bach 3 Art of Fugue and the American com-poser Colm Nancarrow's Cammons & Studies, Sancarrow was born in Tevarkama, Arkanas, in 1912 and later studied in Boston with Nicolas Slommask, Walter Piston, and Roger Sessions. He played jazz trumpet before becoming inter-ested in composition. Nancarrow's left: wing politics drove him to Mexico City in 1940, where the Sattond every more.

points arove him to Messeo City in 1940, where he's stayed ever since. Nancatrow's compositions during the '30s and '40s were mostl', hamber music, Four of the pieces on the Ensemble Modern collection from Metzmacher are from the earlier vintage. "Piece No. 2 for Small Orchestra," "Trio" (for from Melemanner are tron the earlier surage. Prices No. 2 for Small Orchestra. Thro floor prices are surrounded to the property of the survey of the property of the property

prayed, any periorating his devilishly complex scores into these piano rolls. Nancarrow was able to get the multiple rhythms he was after. Bach was fascinated by counterpoint, which consists of multiple voices simultaneously ac-tive, or polyphony. His Art of the Fugue is the most intricate example of counterpoint and a wonderful contrast to Nancarrow's explorations; in this area, Earth Newscare. wonderful contrast to Nanaerrow explorations in this area, for the Nanaerrow planer prampieces. Ms. MacGrepor makes use of multitrast, exceeding on a regular pianot. However, the disease that distinctive bonds vonds sound off the player piano but is nevertheless effective. The three studies she chooses are each grapping examples of Nanaerrow's protect, which is not allogether so gripping if listened to for several hours. The Jerochtle Sudeen play the Vandee's as a chim-length of the contrast of the contra this listener; however, several of the studies are scored for only xylophone, harpsichord, and marimba, which works just fine with this scaled-down instrumentation.

matima, which works ust fine with this scaled down instrumentation.

The great Hungarian composer Gwergy Ligeti would have been listening to Cage's prepared piano pieces. We know he was fascinated by Nancarrow's experiments with the player pi-



John Cage, Sonatas and Interludes for Prepared Piano (Music & Arts CD937)

Colin Nancarrow, Studies Ensemble Modern

(Metzmacher 09026-61180-2) Joanna MacGregor, Counterpoint Bach-Nancarrow (Collins 70432) György Ligeti, Mechanical Music (Sony Classical SK 62510)

ano. What he does on Volume's from the Son-gedition of his complete works is to adapt his. Ender purp jumen 1989) for two player paros. As with Cage and Nancarrow, the altered pains of the complexity of the structure of the metrical through a transcept turbre and neutral dynamics. A tas-terior of the complexity of the control of the con-trol of the complexity of the con-trol of the control of the con-trol of the con-trol of the control of the con-trol of

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2. At the next prompt, press the 3-digit code that is next to the performer you wish to hear. (Performers without codes currently do not hose recordings.)

The Chemical Brothers /127± 4th 8, 8, toxight Thursdoy, July 8, 8 p.m., 345 B Sheet, downtown 619-220-8497 or 619

The Classified, Carter Peace Mission, Against the Well, Spazbey, Best Buy, Napkin, Scribble, the Cause, and Swindle: Houghtly Frant, Inday, July 9, 2 p.m., West Mozon Bay Davy, Nazoon Bay, 619-252-5742

"Fredise A. and the Swing Machine (641) (D-Release Party": 1a Iolia Manent, Saturday, July 10, 10 p.m., 4740 Ia Jolia Village Drive, Ia Jolia 619/294-2414

SUNDAY

T.S.O.L. /134), U.S. Bombs, and Pitch Factor /168): Casheh, Senda

Vince Gill /792/: Humphrey's Concerts by the Boy, Tuesday, July 13, 7 p.m. and 9 p.m., 2741 Shaher Island Dave, Shaher

Microsc, Mercucy Birds, and the And/Ors: (asbah, fuesday, July 13,

The Young Dubliners (403) and Eve Sells (841): Belly Up Towen, Endoy, July 9, 9.15 p.m., 143 South Cedrus Auctive, Solonu Beach, 619-770-8497 or 419-491.316 The Go-Go's /445/, the Lunachick and Berlin /623/± Open Art Theche, Sunday, July 11, 8 p.m., SDSU compus, College Area 619-270-8497.

SATURDAY

Suicide Nation, Durga, Slow Death, and Ville Maxim: Che Cate

Fifteen (298), Domnation, Jon Couger Concentration Comp., and Falling Sickness /304 to the Epocath Sounday, July 10, 7 p.m., 8450 Mars Marso Doubleand, May Merco. 619271 4000 Eek-A-Moose | 744|, Voice of Reason, and Rub A Dub: (ares 8a and Sall, Sunday, July 11, 8 p.m., 310 Orean Front Walk, Mission Beach, 619-488-1780 or 619-220-8497. Check Look /643 and Kim Waters /646 L 4th & 8 Sunda

The Bombores, the Chosers, Bontom Rooster, and the Gimmid Cashch, Schadoy, July 10, 8:30 p.m., 2501 Kettner Boulevard, midtown. 619-232-4355.

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WEDNESDAY American Analog Set, Roots of Orchis, Mache, and Ome Yang: Chi-Cate, Wednesday, July 14, 8 p.m., USD Campus, In July 14, 18 p.m., USD Campus, In July 14, 18 p.m., USD

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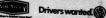
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Noz Scoggs 436 and Billy Thompson 970: Humphrey's

U Jarreau (437) and Chris Botti (689): Humphay's Carre

The Teen Idols, Diesel Boy, Falling Sickness /3041, Gob, and 30 Foot Fall: the fanester, Dursday, August 5, /30 p.m., 8450 Mire Mess Boulevard, Mire Mess, 619-271-4000

Mariochi Sol de Americo (438) and Mariochi Juvenil Mexiconisimo: 4th & 8, Saturday, August 7, 8 p.m., 345 8 Street, downtown, 619-720-8497 or 619-731-4243.

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Book, Seturboy, August 7, 8 p.m., 1130 Buenos Avenue, Boy Fook, 619 275-5483 v 619 220 8497

The Blazers |568 t le les

Overns of the Stancage: (in Monday, August 9, 8:30 p.m., 25 Kether Busievard, midrown 619:232:4355 or 619:270:8497

Lyle Lovett (801); Humphrey Concest by the Boy, Tuesday, Aug 8 g.m., 2241 Saletor Eleval Drive, Mand, 619-523 1010 or 619-220

Ambrosia (456), Gary Wright, Colin Hoy: Humphey's Loncet; by Boy, Friday, August (3, 7 p.m. 274) Shelter Island Boys, Shelter Island 419,479,1010

The Cult |484| and New American Shame: 4th & B. Sandry, August 15.

The Melvins (161) and Hovecraft: (esbeh, Finday, August 27, 8 30 p.m., 2501 Ramer Boulevert, meltown, 619-232-4355.

Tom Jones (487 t Humphay's Coccerts to the Boy, Sonday, August 29, 8 p.m., 2241 Shelher Island Bows, Shelher Island 619-523-1010 or 619-220-8497

The Church: Belly Up Toyen. There Keeny G: (c)fonc: Enter for the &c finder, September 17, 8 p.m., 340 No Exended Budesed; Exceddo 619-2208497 or 1-860-988-4753

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The Dave Brobeck Quartet 488:

George Benson 613: Harris

SEPTEMBER

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G. Love and Special Sauce / 532 / and Dangerman: 4th & B. Friday, August 20, 8:30 p.m., 345 8 Street, duestions 619-720-8497 pc 619-721-4343.

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The Branford Marsalis Quartet 676: Harans

Hiroshima 491 Marilya Cost

Terri Clark 798:

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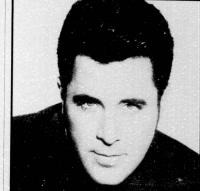
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reche, Schinday, July 17, 52 Fifth Avenue, Bonker's HIS.

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Unspun, the Freeze Bombs (394), the Beautiful Mutants, and GL-G20:

Len /1951 Caren Bor and Grill, Discodey, NA 22, 8 pm., 3105 Ocean Front Wolk, Mission Beach, 619 488 1780 or 619-220-8497.



Vince Gill, July 13, Humphrey's Con

Olivia Newton-John: Harryh

Pedro the Lion, 90 Day Men, the Nic(h)oles, and Coletta: the Cate, Thursday, July 27, 8 p.m., 9050 Carejus, La Johr, 619-534-2311

Michael McDonald (428) and Janis Ion (609): thorsphey's (oncers by the Bay, Friday, July 23, 7-30 µm, 2241 Shelter bland Bay, Shelter Island (13432-1010 — (13 marsh)

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Peter, Paul and Mary 847: July 30, 8 p.m., 2241 Shelter Island Shelter Island: 619-523-1010 or

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Empire Club: Friday, July 9, Fidelity

Europa: DJs Chaif and Machines Electro, Irip-hop, and synthyop. First Friday of each month: 9 p.m. 18 and up: 4223 30th Street, the Empire Club, North Park, 619-640-8689 or

The Flame: 3780 Park Boulevard.

Gasoline: DJ Ruc L Rudy Malina

Go Go Out Girk Latin dance club. Sundays, 9 p.m. Shooterz, 3815-30th Street, North Park, 619-574-0744.

His 'n Hers: Df Gabe spins britpop, indie, and '80s. Thursdays, Shooterz, 3815-30th Street, North Park, 619-899-7332.





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dance music due, the Pet Shop Boys — except that the Pet Shop Boys would occa-sionally concede to the niced for visual stimula

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Thursday, 10 pm, 174ph Vibe Galactic
Friday, 20 pm, Registin Studies,
9, 10 pm, 18gr Time Operator, hig band
wing, Sunday, 2 pm to 6 pm, the
Zaplice Blase Patrell, 9 pm, 15w 54fs,
and atternative. Weekneday, 20, 9 pm,
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Calendar

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The Elephant & Castle Pub &

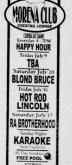
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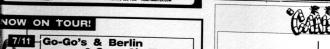
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Calendar MUSIC SCENE

519-469-7777. Friday and Saturday.

Kelly's Pub, 6344 El Cajon Boulevard, College Area, 619-286-6400. Thursday, Boga Tricks, Friday, Evans Saturday, live band. Wednesday, the Buil Hobbits, blues.

Le Jolle Merriott, 4240 La Jolla Village Drive, La Jolla, 619-587-1414. Characters Bar: Saturday, 8-30 pm, Salsa, Merengue, and Cha Cha.

Salos, Mercogue, and Cha Cha Lestat's Coffechouse, 3434 Adams Avenue, Normal Heights, 619-282-9437. All muses is acousticifolis unless to thereise noded. Thursday, 8 pm to 10 pm, Moyle Younghi, 18 raday, 9 pm, Lonyy Monday, 8 pm to 10 pm, the Water Gyanus Weethooday, 8 pm to 10 pm, Colled Carding, 1822.

The Living Room, 1417 University Avenue, Hillcrest, 619-295-7911. Saturday, Antonio Cozano, Brazilian

at 7 pm. All music is ,azz. Thursda Cool Blue, jazz trio, Friday, Romy Kaye, jazz vocalist, Saturday,

The Morena Club, 1319 Morena Boulevard, Bay Park, 619-275-4431 Friday and Saturday, five blues and

The Ould Sod, 3373 Adams Asenue Normal Heights, 619-284-6594, All

Patagonia Bar & Grill, 4120 La Iolla

Pelikan Pub, 7828 Broadway, Lemon Grove, 619-460-4040, Monday, Uncle John's Bog Roll Band, blues jam.

Rosie O'Grady's, 5402 Adams Avenue, Normal Heights, 619-284 7066. Friday, Ludy Star and the Bustin Lone Band, blues. Saturday, the Beth Louley Band, rock.

Sante, 7811 Herschel, La Jolla. 619-454-1315. Wednesday, 9 pm to misdnight, Mike Flanders and John Cain, international music duo.

Cam, international music duo.

Sham Rocks Shack, 7059 FL Cajorn
Boulevard (1/2 block east of 70th
Stree). College Area, 619-65-2263.

Thursday-4 pm to 7 pm, happy bour,
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Stortiday, Rick & Birthday Bish with
the Fungifieth Project, CD: release
parts, Tuesday, 4 pm to 7 pm, Calf of
Soul, funk/jazz/rock.

Tio Leo's Lounge, \$302 Napu Stree (at Morena Boulevard), Bay Park. 619-542-1462. Thursday, Dem Brooklen Rums and Hot Roll Lincole rockabilly, swing. Friday, Glassy, dame, Salest.

The Navaje Inn, 8515 Navajo Road O'Connell's Pub and Nightclub, 1310 Morena Boulevard, Bay P. ek. 619-276-5637 Friday, Blue Skalge, blues. Saturday, Billy Bacon and the Forbidden Pays, rock, swing.

Caffe Italia, 1704 India Street

Blarney Stone Pub, 502 Fifth Ave. turday, Sunday, and Wednesday, our Brown, acoustic, Friday, call

The Blue Tattoo, 835 Fifth Avenue, downtown, 619-231-7041; Call Geb

Croce's Jazz Bar, 802 Fifth Av. lis Gentry, sazz. Friday and orday, Yevarz Latin jazz and sal-day, KoKo Pelli, Afro-Cuban/L

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and Gall

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Maquilladora: The Casbah
Method: The Crow Bor

Method S1: Brick By Brick The Mice: Cones Bor and G Million Doller Playboys: I Crow Bor Minmoe: The Crobch Möbius: The Crow Bor Moon: Arter Bowling

Mower: Dreamsteet Multiple Stab Wounds: The

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Gril
Tristeze: Chees
Undermind: The Dog
The US Bombs: The Ceshoh del (aranato Heartland: Rockin' Bap Labster (Son Marcos) Michael Henderson: 4th & B Here's Office: Die's Last Resort Hot Red Lincoln: Tio Leo's Urine: Pelkon Pub Vertibird: The Blud, The Codoth Ville Maxim: (the Codo The Weaklings: The Codoth Wide: The Dog

Lounge Howard and the White

Boys: Bely Up Toven Hydroplane: Suf N'Sodde James Intvolg: To Lec's

J.E.M.: The Blvd.
The Mr. Johnny Bond: Ette's Pishop Jones: The Noked Bean

(Volu)
Kicks: Tournament of Champions Longe Leheside: 4th 8 B Red Lane: Pithick's II Lil' Chris and the Hightereviers: Coyote Bor and Gell

•

Mortho's Kitchen Tie House Blind Melans Jerry McCount: Coycle Bar and Grill McPherson Struts: Tip Lee's

lounge The Morcury Birds: The (asbah Midnight Ster: 4th & 8 Mirror Image: On The Rock: The Larry Mitchell Band:

Epizone
Mo Green: The Sandber Ceft
The More Brothers Ride:
Suf N'Soddic
Matural Selection: Bird
Makon

Might Shift: Dirk's Horseshoe

Pular Blank: Brond Jim's Najatskib Pullivag Westers Pullivag Westers Parker Agenade: Pol Joey's Private Domaile: Dir's Lost Resott Boetlon Bor and Gell The Purple Nave Experience: Hemesory's Town Rattal Cale: Vego Coreo and Lost Chief.

Retiri Cale: Vego: Carino and Laft (Ab.
Red Trech: Bird Nebros:
The Rentises Restives: Cayine bor and Gall
The Rendermeners: Me'r heb rich and Gall
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The Star and Gall
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Box and Gall

The Siers Brothers: Forefoo Bur and Gall Slick Surface: Molly Molone's Sports Ber Stronge Fruit: Sham Rocks Shack

Shook
The Street Walkin'
Cheetahs: The Grow Bor
13-At Book By Book
The West Coast Pin-Ups: In

leo's Lounge Woody: Pelikan Pub Your Winstons The Young Dubliners: Belly

Andrew 1 west: Americany in American Interest East Interest East In Interest East In Interest East Interest East Interest East Interest East Interest Intere

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Joy Eden Harrison, July 9, Claire de Lu

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Check Loeb: 4th E B

Lynx Jozz: The Lavng Room

Tim Maglione and Friends.

The Joe Marillo Quartet:

Gell
Cuth Eckert: Loew's Corocade
Boy Resert
Glen Fisher can Alma: Cross
lazz Bor
Roo Freshman: Loneyana
Gelle, Loew's Coronado Boy Res
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TENSION 4005

Joe Azorello: ite Louel

Big Time Operator: (a

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Tami Thomas's Jump Jive
Swing: Belly Up Taven,
Harmony on Fifth
Archie Thompson: Humphre
Trio San Diega: Hotel del

The Uptown Swingers: The Jaime Valle Jazz Quartet: Tutto Mare, Lime Lea

Reggie Smith and Pressed for Time: Coycle Scrand Gall,

The Peter Sprogue Tria: Pax

Jaime Valle and Equinox: Andy Villas-Boas: Mirates Andy Wahlof: Hamony o

Kim Waters: 4th & B Mike Wolford: II S. Serre Hotel, Lime Leaf Grill Yevez: In Case del Zono, Casco

Pamela York: Loew's Coronado Boy Resort, Loew's Coronado Boy Resort

EXTENSION 4006 REGGAE/

Baga Tricks: Kely P.A. The Banana Republicans:

The Mystic Roots: Res

The Revelations: Blod Net Rub a Dub: Moondagges. (c

Ras Sajie and the One Lav T frie Dread The Voice of Reason.

EXTENSION 4007 COUNTRY

Colice Ridge

Vince Gill: Hill Country:

Kennard and Miller: in-

Nitro Express:

Smith and Western: EXTENSION 4008

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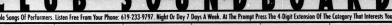
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The Tone Kings: Humphrey Tim Quinn and Venus Electric: hland Selvar, Et

Johnny Viou and the Blue Allstors: Patrick's II The Billy Watson Band: Belly

The Witchdoctors: The Cicker The Zydeco Blues Patrol:

EXTENSION 4010

(de Januare Sandy Gampel: (de Januare Robert Glinic Bector Brian Christie: Bector Devantie: Bildy by January Veldi Erigert: Howe of Monde Listebaue: Boon Sanno Restaura Julia: Estrade: Bector Octovio Erigerou Ja Combinación: Jevilic Mike Flanders: Sonte Richaurar

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Miguel Perez: 15 Gary Rick: 15e 46 Carl Robinson: 11

ee Lola Run

a hectic hodgepodge that calls to nd the term "postmodern."

REVIEW

ld have no idea from its ctions trailer, nor from its our, that it was heading in direction. The heroine's a gangster's bagman, has oft behind 100,000 marks sack on the subway. His w has twenty minutes to by foot and somehow to h a matching amount of mine (Franka Potente's

route with still another outcome.

Unlike the hero of Three upon a Vesterday. Lola is not allowed to learn. Irom past experience. It's true that in the second scenario she already.

first one) how to take off the safety or more that she is a slightly different person, despite the outward similar-ity of bright red hair, pale green pants. pale blue top. There is no sense whatpale blue top. There is no sense what-secer that one of the three alternatives is more "real" than the others, unless the first one gains priority by virtue of placement, relegating its successors to the status of might-have-beens. The conventionally "happy" ending, really more of a slap-happy ending, is saved for last, but solely for crowd-pleasing

purposes. All three scenarios are facile and cavalier in their scripting, and equally devoid of credibility. (A crew of workmen carrying a street-wide piece of plate glass in a crosswalk is low-grade slapstick, never mind whether the oncoming van screeches to a halt in time: and in true slapstick fashion, if it doesn't smash it this time,

it'll get it next time.) Along the way we are treated, as a bonus, to freeze-frame flash-forwards into the futures each time, too: same three bystanders that is, but three alternative fates The movie, far from blazing trails, is trafficking in the same basic con-



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gotten into if we had left as planned? gotten into if we had left as planned? (The car crash in the three scenarios of Run, Lola, Run, evidently logged in destiny, is never avoided, though the point of impact, and force of impact, will vary.) Inasmuch as the basic truths, will vary.) Inasmuch as the basic truths, from movie to movie, remain the same, the difference lie in areas of form and treatmand, And they are vast. Filmmaker Tom i (kwer, a new name over here, shutfles together sharp Somm footage, fuzzy video, IV-ish cartoons, zoom short, shock cuts, fist, mytion salls sarzon inases, exfast-motion, split-screen images, ev-erything but the kitchen sink, all to a pulsing techno-pop beat, in a hectic hodgepodge that might call to mind the term "postmodern" (whether o not you know what you mean by that) not you know what you mean by that).
It is not my task. A bit cheey, a bit any, a bit pypers, a bit garnishy, but it does not be pypers, a bit garnishy.
But it does not along ther dispusse the dish, and to each, as the saving goes, bit of the pypers of t to people who were deaf to the more

verhal Shiling Davis, It provides a def-inite alternative in diternative realities. Spike Lee's Samer of Shir Lakes a wronge end of the effects opey view of the Son of Martines of Shir Lakes to the Shir Shir Lakes of Shir Lakes and Shir Shir Lakes and Shir Lakes and a loong remarks, newspaperman and choung remarks, newspaperman provides of TVs. Naded City. "There are eight million stories in the Asked City, and this was one of them." We get to witness, not from the best samage, the murders them-selves, with their startlingly loud gundots, and we get to exvesslop of verbal Sliding Doors. It provides a defthe best vantage, the murders stems, exceeds—with their startingly, loug unshots, and we get to exceeding our particular startings and the faceloss murderer along the starting starting and the starting starting

Jeff Bridges gives a feverish,

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Tim Robbins is absolutely chilling."

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and the go-for-broke performance."

demands or deserves.) Theorf conter-focus on small fries could well have been interesting at the free were interesting at more are used sub-Scoresee entered secrotypes who purchased the control of the control of passons to a higher closupence. You may make the control of passons to a higher closupence. You linguam disk mothertusker? With this, I expresses consult in his compagnate capand his repertone (TV sports for the U.S. Nays coming soon without ever having mastered the fun-damentals of his card. (Similar), who on-seven apparatures as a telepison demands or deserves.) The off-center

admentable of the cent (Similarly, with one scena paperature, as a television reporter, the tries his dammedest to enumeate in the similar stress dammably. His orward expansion, test you get vous hopes up, does not side so the parts of another his con-mean he is ready to damadon his dies of the parts a super-ormage and the stress of the side of the mental stress of the side of the test of the parts of the side of the side of the parts of the test of the side of the test of the test of the side of the test of the test of the side of the test of the side of side s terms a basketball fan ike Lee, couli, appreciate, lee's a plasground show beat who lacks a complete game. The movie has a little interest was a time capsule' and place capsule' a little show a little discontained and place capsule' a little show a little Mafaia. a little Reggi: Jackson, a little Plato's Retreat, a little chung, a little baskout, a little sellow sournalism, it all adds up

to very little.
Wild Wild West is just the latest to very utility.

Wild Wall Wee is until the latest megalisadge to Junder of an unno-certimalizadge of Junder of an unno-certimalizadge of the latest sixtuation of latest sixtuation of latest sixtuation of latest latest sixtuation of latest latest sixtuation of latest latest latest sixtuation of latest l

Hollywood Western, sp. 7 meanwhie, after the return of Austin Powers, could do with a lot of a dry spell, say for the next millennium or so. The trunge, in short, straks. The major contribution of the movie, not counting the eighty-foot frector Set tarantid and assorted other padgets, the does not worth counting to to which are not worth counting, is to roll back the time line to before lim West and Artenius Cordon had met, and then to chronicle their first coland then to chronicle their first col-aboration, when they were an Army Intelligence officer and U.S. Marshal respectively, and were commanded against their personal preferences to work topether as a torm, in between intrasquad barbs and needles. This contribution adds southing but Inte-ness and reclium, Making one of them \$15,6 (A) Will Spatish and though a charter.

(Kevin Kline) adds only more of the (Keem Kline) adds only more of the same time Keldie Murphy and Nisk Nofte in 48 Hours and Another 38 Hours Making the black one the averaging son of Southern slaves who were experimentally exteriorated by the come strip willan (Keineld Bernaph) adds only a sont side. The theat pure will smith kelnight the that it pure will smith hip-lep title time to be side of the coloring credity, or word may sit through the whole shows and then sip out the exist. show and then slip out the exit will out having to hear more than a fe Arlington Road sets some kind

record for length of time betw local press screening and pren Seven months, including at least postponements that I can rem for sure. By now, I am having though I remember it well end know I don't want to re-see it, a paranoia thriller about an ex-terrorism on the faculty of Washington University who to suspect that his smarmy in urban neighbor with the Steple and the Village of the Damned ter is himself a terrorist. That we quite a coincidence if it seems to

incidence, but in fact it is incidence, but in fact its or overpresumptuous move pidepend upon people acting in which people never could be drugon to act. Susperise does be left Bridges brings great our and urgency to the role of it anti-terrorist. Tim Robbins on posite side of the street, upsigned to the property of the property ore than necessary as uspicion. The final payoff manner reminiscent of Sere solar plexus, but hits below

The usual opinion of Edward Dmytryk, who die at ninety, was that he was a ho forgot everything he k filmmaking after he broke and named names to HU and named names to HLAX
fore he served some time
fellow informer Elia Kazan.
He did not even rate an
Andrew Sarris sencyclopedi
of native directors. The
Cinema. The prevailing or
flects, in addition perhaps
for traitors to the Left, and
for the fiftn neir mode of for the film noir mode Sweet, Cornered, and Cros his later films, I would at that level, though it might that those early works at the style of the time, and the style nor the time con ever. At least a couple of he I would contend, are more themselves and are there even higher level. Warlov even higher level. Warnos thinking man's Western, in scope, pathological in relationship, and morally in its position on the etc totter of violence and a Mroge, 1965, is merely it nessa thriller ever made, where of pulpturarishness. quality of nightmarishn murky atmospheric brain-twistingly clear of those two earn a lot of whether for the shame of

MOVIE All reviews are by Duncare Priorities are indicated by

lan Nicholas, and Tara Reid, dr for Paul Weitz

USE 6: UA HORTON PLAZA 14 VALLE

on Road — Reviewed this issue t Bridges. Tim Robbins, Joan Cu J Hope Davis: directed by Mark

ers: The Spy Who

as stretched into a sequel And the rishest source of material in pretty well tapped out—the no of a swinging Bondain super-sincties—it is now also pretty-mend, with nothing comparable lake, once the hero returns via ne to his preper period. The no to his preper period. The no could say for Myers on the not, namely that the character injuste in a Santolay Night Low-goater in a Santolay Night Low-poster in the Night Low-ter in the Night Low-lay Night Low-ter in the Night Low-ter in the Night Low-ter in the Night Low-ter in the Night Low-Night Low-ter in the Night Low-Night Lowny, Dr. Evii) is now a re ork: directed by Jay Roach, 199

Big Daddy — Adato Sandler adopts a five-sear old in order to appear mature by com-parison and unpress his griffriend. It does-n't work, neither the impressing nor the appearing nature. Lovers of peope jokes are requested to love him anyway. With locy Lauren Adams, Leslie Mann, Jon Stew-

art, Rob Schneider, Steve Buscemi, directed by Dennis Dugan. 1999.

GARMEL MOUSTAN: CARDUSEL CINEMA 6: CINEMA STAR GALAXY, CINEMA STAP 6: CINEMA

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MOVIES

caper thriller: a gentleman art third ("Most people buy ari just to show it off. I collect art for me") and a Mata Hari insurance

The General's Daughter — Lurid who dunit, adapted from a Nelson DeMille pot boiler, about a puk intriudinous. Army psychologist who is found on the grounds of fictitious Fort McCallam, Ga., stripped bare, spread-engled, lashed to four tent

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making machine — is to view it as the far-thest point of decadence in the evolution of he waston mixed with animation. The pumiture Out-of-the filosoft series would be the seed; With Francial Boge Rab-bet would be the full flower, and the Star Wart series, or rather the first installment of the second Star Wart. Wars Series, or rather the first installment, the second Star Wars series, would be the overgrowth. Cluttered, choked, strangled. With Liam Neeson, Ewan McGregor, Natalic Portman, Jake Hoyd, 1999.

LA JOLLA 12: MIRA MESA 7; MISSION VALLEY 20: PLAZA CINEMA: POWAY 10: RANCHO SAN DEGC 15: SAN MAHCOS 18: STAR: SWEETWA TEH 9: TOWN SQUARE 14: UA ESCONINDO N: UA HORTON PLAZA 14: WEGAND PLAZA:

Summer of Sam — Reviewed this issue. With John Leguizamo, Adrien Brody, Mira Sorvino, Jennifer Esposito, and Ben Gaz-zara; directed by Spike Lee. • CARNAL MODITARY, CAROUSEL CINEMA 6. LA JOLLA 12. MIRA MESA 4: MISSION VALLEY 20 POWAY 10, RANCHO SAN DEGO 15, SAN MAR COS 18, SANTEE VILLAGE R, SWEETMATER 9 TOWN AND COUNTRY, TOWN SQUARE 14, UA ES CONDIDO R, WILGAND PLAZA; Suspicion — There is own nice oscill connects—someting that series Namon Rephaelous leading man Cari Coatt, and Coatt and Coa

Tazzan — The Distay animated a tistor. Ibough it may be hard to work up or uthins and to the multi-filling dasheet, even for plodge of fideling to the original Ligha Rice tarrough novel, it must be convoiced that the tale is portion of the distance with great speed and Laterity parallel namely great speed and Laterity parallel namely must have a man and age each softering boose at the classes of a music cut, and though their basis here had not seen and imprehent shock has been taken as were and imprehent shock has been taken as were and imprehent shock.

One of the most ambitious movies to come.out this year...filled with passion and drama!" 'The Red Violin' glows with passion...beautifully... crafted, intricately designed, intensely cinematic "Ambitious, sumptuous and intelligently crafted!" intelligently crafted!' THE RED.VIOLIN

or campiness. The story, too, less straight, with mone of source of PCs or all politics tors, and Jane is decroously familiar and too New York y Donnell, in the role of one any real harm. 1999.
★ ICA ESCONDIDO 8: UA HORTON PLAZA 141.

he days of his youth amon gish ladies of pre-war and mid e Use warmed both hands be sof Betticelli and Michelan

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Havek, and Kenneth Branagh: directed by

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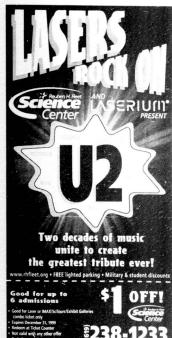
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IS DESTINY





this diffust englishes and it is instruction, primarily to the degree that it was used proof—few among us will be shing by proof—few among us will be shing by and the sea with Manner in the conduction of the season of the seas this affinity might be - and it is interesting

Xiu Xiu, the Sent-Down Qirl Simple tale, and sentmental, and and et agond tale and sentmental, and and et agond to the Chinece Cultural Revolution and her il tue by her superiors, while assigned to learn horselveding under the interlage of liberton cimuch. Directed, with a real-leve by Artics Soun Chen Tibe Lad Paperer Time Posts, etc., the movie can boun, etc. being Sounde to thins. It must take in boards where it can find them. With Liu Liu and Liesance 1906.

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Green was found by a seal than found with a seal of the found would will be a seal of the found would will be a seal of the found would will be a seal of the found will b

be prices. If you drop into the shopping mall expect to find a moderately priced dimer at ms, you will be frustated.

Appetizers ange in price from \$6.00 to \$14.00; used green salad is \$7.50. I don't wish to in-

our Sessors Rectained in New York into the Control of the Control

Lumberyard Gemini

We felt we had to make allowances for the chef, on his own, tearing around from one order to another.

worked since their youth. The reasons they for their success were consistency of prod m awareness of chentele, and the fact that they atcd on their diners to return one, or twice lobster beads, fermel, parsley, tomato, omions, and white wine, has a deep rich flavor, fike the liquid in bouildasses. With the bread and cheese it's filling (\$7,00). Should you cat the soup with the mussory duck stada, you will have a pertect ligat, meal.

The stada is prepared from a breast of female duck that is cooked skin down until it is browned.

red.

The many restavatation Nata Piego on location in the accord? Report distress can always be stood? Report distress can always be and a Mille Pieurs. Pamplemensors George and the first one Reprompt. Expende, and that the content of the distribution restaurants because the reds be review of the content ple who will be attracted to their product

copic who will be attracted to their product they don't vary their formats. Ins feings me to Twins Restaurant in the about five months ago and was dismayed a lackluster service and mediocre lood. The agecinent didn't seem to know what it was agecinent didn't seem to know what it was age But when I heard, that the talended Rene book, formerly of Marius and I e fontamblen, now cooking at Twins, I do, ided to give the amother chance, letheck arrived about May I and is not ex-

the a sous chet until mid-July. This places under great strain because he has to reorga-the kitchen and keep the dishes flowing. wer, he and the owners have opted for up

that these costs are not justified, only that you

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Calendar

RESTAURANTS

shirt brits cooked shirt down until it is browned and once over lightly on the flesh side. It's reingeried to relax the ment and when you coder
in the dark is placed on the grid and sliced. It's trender, flavorful without being overwhelming, and not the least but game. Bubly green plus arright are foosed with an orange sesame seed the content of the side of the side of the side of the condress ing. Hope sentiation is stuming Belgianer office at the corners of the slad, built high and crowned with that (\$121.50). The rack of buth with Dijonaise crust and buttural prices enhanced with thyms is one of the partial prices cannot contain them.

The rack of lamb with Dijonase crust and natural juice enhanced with thyme is one of the best sellers and rightly so. The quality of the meat was fine. However, I failed to mention that I don't like bloody meat and had to send back two of my chops for more cooking — my friend are them runny red. The chops are served with red potatose that have been boiled and cut into cubes. These me stuffed with early one of the cooking t

they are stuffed with calamati offers — a nice touch — before they are briefly sauteed. My friend Giose the night's special scallops, which were good but not great (\$22.00). Com-paring Herbeck only to his past cooking, I had the scallops appetizer at Le Fontainbleu for one of scallops appetizer at the Fontainbleu for one of my birthday dinners, and they were pearly and tender. At Twins, they were sliced in half and crusty at the edges, overcooked. We felt we had to make allowances for the chef, on his own, tear-ing around from one order to another. We hope

DED

The Restaurant: Twins Resta The Location: 937 South Coa

700-65-3-30; Type of Food: French and California Price Range: Appetiters \$6.00 to \$14.00, cutrees, \$20.00 to \$2. Hours: Open daily, Eurain, Monday through Fralay, 11.50 a.m. \$-30 to 1000 p.m.; Fralay and Saturday, to 10-30 p.m.

a year for remodeling and reopened the first week in June 1999.

Since this is my anniversary column — as with my age, who's counting? — I'd like to conclude for 15 minutes! ## for 15 minutes!

that when the sous chef arrives. Herbeck will again be at the top of his form.

If Shard to prefet the future of Yesus, The interior has a waterful, beautiful art, southing internuces, and an atmosphere involute or to request plant may and an atmosphere involute or to request Marius and also cat at Mille Heart, then success the same of the first the same of the sa

Upstairs in the TAPAS BAR CLUB SEVILLA Voted 96 97 & 98 Best Ambience in the Gaslamp. PALL SO AM CLUB SALSA An Authentic Experience Enjoy Live Flamenco and Rhumba Guitarists FLAMENCO DINNER SHOW 7 Nights a Week while sampling over 40 hot and cold Tapas Howed by EURO LATIN HOUSE (Spanish appetizers)! **CLUB BRAZIL** HAPPY HOUR 619.233.5979 NDAVS • 9.PM-1 30 AM Specially priced tapas \$2.50 Sangrias & Sangaritas ROCK EN ESPAÑOL Late Night Dining Until Lam

and coding to use drapping plastic gapes and dar pling straw covered. Burath order, before some plant in ILB. So proud of this kid. Bootstraps "Let's celebrate" by the bootstraps "Let's celebrate" by the bootstraps by the some plant in the plant in the plant because the bootstraps by the plant in the plant in the plant in the plant is the plant in the pl

That is the control of the property of the pro

Wine Is a Gift From the Lord

> The \$900 bottle of Screaming Eagle Cabernet... think I paid \$60 for that bottle."

Good wome is a necessity of life for me. I have been a construction of the back likely and every bottle that you have been a construction of the likely likely of the likely likely of the likely likely of the likely like

wine becomes a status symbol among the a sign of cultured taste — prices for high-call-production wines skyrocket. Some lesser arse their prices so they won't be seen as

I was a little more carefree in my spending then. As sson as I decided I had to tighten my personal spendsignification of the second special representation of the second special representation of the second secon

socks distinct calling into concretant owns of the concretant calling into concretant calling into concretant calling into calling the calling into [from Bordeaux]. I bought it [at the WineSellar]

guess the most I would pay now would be between \$200 and \$250, because that's what a lot of current stuff is being released at. I a lot of current stuff is being released at. I don't think you can get Gaja I a Barbares of from Italy | below \$200 anymore, and that price is probably a deal. Gaja and the Gui-gal Cote Rotics." He has his beloved wines, and he is following them as they climb higher in price.

Darin agrees that expenditures should

Calendar

Oh, ses. The 5900 bottle of Syraming agle Cacherral Is sea of Zachy's (in New York), I think I paid 560 for that bottle; (the markup) is redicators.

Sixty dollars sounds like a bargain; the reclease price for the '98 Syraming Lagle usa \$100. But that still only one muth of the other paid of the '98 Syraming Lagle usa \$100. But that still only one muther than the still only one muther than the still only one muther than the paid of the '98 Syraming Lagle usa \$100. But have been still production in small consight, then only say to get a bottle is to be on a mailing light.

Some people who receive allocated lots one possible who receive allocated into Some people who receive allocated lot-through mailing lists turn around and sel through mailing lists turn around and sel some of their allocation to wine shops which are eager to be able to offer such sought after wines to their customers. Ev

When Bad Harrington, who runs the Internet to-rum the West Coast Wine Discussion Group, tells me his top price was "580 for an Araujo Estate Cabernet, I can't help but remember that I've never seen that wine for under \$300. Brad adds/fut! "I drink more wine

SCREAMING



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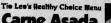
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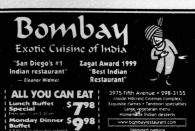


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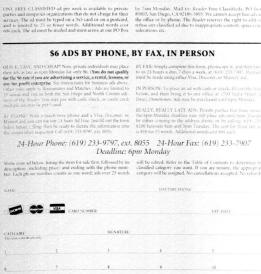
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think free speech means what it says. It means I can say pretty much what I want to say as long as it doesn't hurt anybody, as in the case of yelling "fire" in a theater, which is against the law. That's not free speech, that's hurting other peowithin that limit then I should be able to say what I want. But I don't think things like flag burning should fall under tree speech. It might be symbolic, but it's not free speech. I think it's wrong. You're talking to a vertar of World War II, and I don't think flag-burning's right. Many lives were lost to protect what that flag represents. But I do think pornog-reads fall under free were her lost. into an adult bookstore. But if pe



Well. I have the right to the then g I want. As long a



OFF THE CUFF by Ernie Grimm

Management
Scripps Ranch
Tree-speech means that I can say
Jarything I want. A lot of people
sant to expand free speech to unloadthings like flag-burning, but I
swoodh't councider that free-speech
is been carried way too far. People
try to fit a lot of things under the First
Amendment that really arm't speech.
Thinds freedom to coverse on the

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TODD FROM MY SCHOOL?

SHHH!

LoRD, LORD,

LORD

WHAT? FOR some IT IS only THE

GARBAGE Ravine But there

are CHILDREN WHO KNOW IT IS othere That THE Rocket

SHIPS are HIDDEN. This Summer her GOING to VENUS THIS Summer her going to MARS. This Sun-MER her triding IN AN

OLD ice box to MOTHER MOM WHY, MOM? WORLD SHHH!

THEY FOUND TODD? have KNOWN kids who've gotten ON AIR-Planes AND BECOME A dot in the Sky Adot AT the END of a white vapor Line fading OVER my HEAD.

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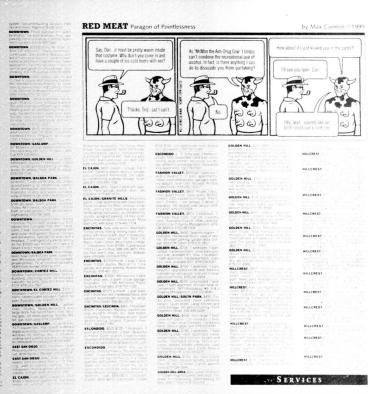
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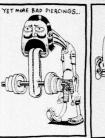
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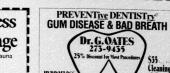
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What a Nightmare, Man

Kid

Stuff

stacks of important papers, lay stashed away in drawers and boxes waiting to

"Want a doput t a donut! After breakfast, I loaded Rebecca,

"Mm-hmm," 1 answered

When we arrived at Thomas's

away in drawers and books waiting to be moved to our new house.

I rolled out of bed in the still-gray light and took a shower. Jack tried to doze while Angela burrowed into his left shoulder and baby Johnny snuggled in the crook of his right arm. When I had dressed, I whispered to

Angela, "Want to go get donuts and ice with me"

Angela hopped to the floor and smiled "Sure, Mommy," she answered "Why do we need donuts

and ice?

"We need ice to pack away our food so the men can move the refrigerator." I pulled a T-shirt over Angela's head. "The donuts are for breaktast."

When Angela and I returned,

going to play with Thomas and Victoria all day?" Rebecca asked.

"Thomas's mom will bring you to our new house around dinnertime. All our things will be there." Rebecca let out an excited squeal.

the three girls jumped out of the van. Thomas's mom asked, "Are you sure you don't want me to keep

were running late," Jack said. "One of their guys didn't show up. They'll be here by ten."
I held Johnny on the couch and
gave him a bottle while Jack

Johnny dozed fitfully. His face flushed

Two-year-old Lucy crept down the stairs like a little old lady. "Hi, Mommy," she croaked sleepily. "We're gonna move today "You're right, Lucy," I answered.

Angela, Lucy, and John into the van and drove to a friends' house. "Are we

usually hangs above lack's and my bed, leaned facing the wall by the

Rebecca greeted us at the kitchen door, "Where did you guys go?" she

person to complain to."

At 11:00, a tractor trailer looking men stepped down from the cab. The driver walked up to Jack and shook his head. "What a nightmare.

quite containing his anger. These air estimate how long it's going to take I rented a truck vesterday and moved all the boxes," he told the driver. "All you guys have to do is the furniture.

"It won't take them ten "That's okay," I told her.
"I took him to the pediatrician hours. I could do it by

resterday. He's got two horrible ear infections. He started the authorics last right, but he still doesn't feel very well." The driver, whose n pulled out of the driversay, "See you at the one brown." Lalled. Ten hours." I called. and out of the driveray. See you at the new house, "I called.

I got back to the old house little after nine. Jack stood in the driveray. There are the more religious distinct of the stood in the stood of the stoo

little velp escaped Johnny's feverish

"It's an answering machine," he told me, disgusted. "I can't even get a live

the appliances, and the play

At 10:30, lack called the movers.

"It won't take them ten hours," "It won't take them ten hours, Jack told me when the men had gone downstairs. "I could do it by myself in ten hours."

Ben and his assistant angled the

up ramps at the truck and at our front door. They carried out the desk and the dressers and the bed

By Anne Albright

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