LABYRINTH OF THE RADIANT CITY

A Seeker Walks With San Diego's Homeless

by David Rivers

(Sketch on page 5)
Jamilu, a rural community, had the highest rate of lung cancer deaths...about 37 percent higher than the average rate for the county.

Green Acres Death Trap
By Melinda Powell

LISA DURFEE AT AGE 50, the Southern California native was diagnosed with breast cancer. She was a single mother of two young children, and her family was counting on Social Security to keep them afloat. But the cancer spread, and within a year, she was dead.

The story of Lisa Durfee is not unusual. In the United States, every year, nearly 1 million people are diagnosed with cancer, and about 600,000 die from the disease. Cancer is the second leading cause of death in the United States, surpassed only by heart disease.

The Department of Health and Human Services estimates that about 25 percent of cancer deaths are preventable. But even with advances in treatment and prevention, cancer remains a leading cause of death in the United States.

In Janilu, a rural community, the lung cancer death rate is about 37 percent higher than the average rate for the county. The National Cancer Institute reports that lung cancer is the leading cause of cancer death, accounting for one in four cancer deaths.

The Janilu community is located near a large industrial area, and some residents have expressed concern about the potential link between air pollution and cancer. The area is home to several factories, including a chemical plant and a paper mill.

Residents of Janilu have formed a support group and are advocating for more research into the potential health effects of air pollution in their community. They are also calling for stricter regulations to protect the health of local residents.

The Janilu community is not alone in its concerns. Studies have shown that air pollution can increase the risk of cancer and other health problems, and researchers are continuing to study the potential link between air pollution and cancer.

In addition to air pollution, other factors, such as smoking and diet, are major contributors to lung cancer. Smoking is the leading cause of lung cancer, and the risk of lung cancer increases with the number of cigarettes smoked and the duration of smoking.

The Janilu community is working to educate residents about the dangers of smoking and the importance of healthy eating. They are also encouraging residents to seek regular screenings for cancer and other health problems.

The Janilu community is a reminder of the ongoing battle against cancer, and the importance of taking action to protect the health of local residents. With the support of residents and organizations, the Janilu community is taking steps to reduce the risk of cancer and other health problems in their community.

The Janilu community is a testament to the power of community and the importance of taking action to improve the health of local residents. With the support of residents and organizations, the Janilu community is working to reduce the risk of cancer and other health problems in their community.

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Apparel Zone Outlet
Pre-Summer Sale

All the names you know, at unbelievable prices.

Jeans Regularly $38, Now $14.99 or 2 for $20.
Shorts - Buy 1, get the second pair at 1/2 off (equal or lesser value).

Name-Brand knit tops - $7.99 or 2 for $12.
Apparel Zone Outlet
Pre-Summer Sale

All the names you know, at unbelievable prices.

Jackets Regularly $38, Now $14.99 or 2 for $20.
Shorts - Buy 1, get the second pair at 1/2 off (equal or lesser value).
Name-Brand knits - $7.99 or 2 for $12.
LET'S GET SERIOUS!
The Mad Dane means business — Now's the time to buy!
HIV. Instead of saying, "I'm having to get on with my life,"

READ "LIVING WITH HIV"

This free information package will give you the facts you need to take proper precautions. So if you have questions or are interested, there are ways to fight infections, some drug therapies, new sources of information, and more living options. so if you are interested, everything you can do for yourself. Please read "LIVING WITH HIV.

FOR A FREE COPY, CALL 1-800-HIV-INFO
A Sunday evening in April. Travelling north on the turnpike from the outskirts of New York City, I was feeling a sense of nostalgia. I had been in the city for the past few weeks, and the thought of returning to the relative quiet of my hometown filled me with a sense of relief.

I am unsure of why it was so important to me, but I felt a deep connection to this city. Perhaps it was because of its rich history and cultural diversity, or maybe it was because of the people I had met here. Either way, I wanted to capture the essence of this place in a way that could be shared with others.

I decided to take my camera and explore the city, capturing the sights and sounds that were so unique to this area. As I walked through the streets, I noticed how the people here seemed to move with a sense of purpose, as if they were always on the go.

I found myself drawn to the people who lived here, and I began to learn more about their lives and their stories. It was fascinating to see how each person had their own story to tell, and how they all contributed to the rich tapestry of this city.

As I continued to explore, I realized that this city was more than just a collection of buildings and streets. It was a place where people came together to create something special, a place where history and culture were intertwined. And I knew that I wanted to capture that essence in my photographs.

In the end, I left the city with a newfound appreciation for its beauty and diversity. I felt grateful for the opportunity to have experienced it, and I knew that I would always cherish the memories that I had created here.
The young man wakes up. He has traveled a long distance, and he is tired. He looks out the window of his hotel room and sees the city lights shining below. He decides to take a walk.

He walks down the street, past shops and restaurants. He is looking for a place to eat. He sees a sign that says "Italian Food" and walks inside.

The restaurant is crowded, but the young man finds a table and sits down. He orders a pizza and a glass of wine. As he eats, he watches the people around him. He notices a group of tourists enjoying themselves.

After his meal, he returns to his hotel. He is exhausted, but he is happy to have seen the city. He gets into bed and goes to sleep.
I always had a bad tooth. It was always causing me pain. Sometimes it would hurt so bad that I couldn’t even eat. I tried going to the dentist, but nothing seemed to help. Finally, I had to have the tooth pulled. It was a relief to finally be free of the pain. I never want to go through that again.

If you have a toothache, I recommend seeing a dentist as soon as possible. They can help you get relief and prevent any further damage. Don’t suffer in silence, see a professional. #toothache #dentist
OUT OF CONTEXT

over the switch, reaching for that book on history nev
and then an accident. We had a passenger for hav
ning people during their last minutes. Last
Without waiting, we drove more than a
At the time, he didn’t know the form of the
In 1992, a different kind of program was
declared a cut in public funding which
These are the words that
35-year-old leg amputee John
He had an early imprin
talking about the

Boots!
Largest In-Store Selection in So. California.

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Research Study
To study the safety and effectiveness of a

Qualifications
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• 18 to 65 years of age
• Meets or females
• Length of study: 14 weeks

Compensation to Qualified Participants
• FREE medical evaluation and
• FREE study medication during study
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are referrals!

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Largest Selection in Town!
Over 4,000 Pieces...

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ONE WEEK ONLY!

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Calendar
LOCAL EVENTS
One Million Years To Freedom
Self-Realization Fellowship Founder’s Centennial

M. D. S. K. Foundation for Social and Economic Development, Inc. (a 501c3 non-profit organization) and The Seva Foundation have partnered to announce the One Million Years To Freedom Fundraising Campaign in honor of the 100th anniversary of the Self-Realization Fellowship, a global spiritual movement and meditation organization founded by Paramahansa Yoganandaji.

The campaign will run from April 1 to May 1, 2023, with the goal of raising $1 million to support various projects and programs that align with the organization’s mission of creating a world where everyone has access to quality education, healthcare, and other essential services.

You can learn more about the campaign and how to contribute at [www.onemillionyearstofreedom.org](http://www.onemillionyearstofreedom.org).

A Night in Del Mar
Del Mar’s premier dining and entertainment destination, Hornblower In-N-Vader Dining Cruises, invites you to celebrate the season with a special package deal.

For just $999, enjoy the excitement of a Hornblower dining cruise, along with a stay at one of Del Mar’s most charming accommodations, the Del Mar’s Strandford Inn.

Make Dad an Admiral on Father’s Day
Come onboard the Hornblower for a special Father’s Day event, “Make Dad an Admiral.” Enjoy a special menu and water activities for the whole family.

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For a limited time, enjoy the value of two cruises for the price of one.

Contact Hornblower In-N-Vader Dining Cruises at 234-8687 for more information and to book your package deal.
The Brand New
What-If-I-Screamed-
Real-Loud? School
of Literature

Readings and Book-Signings by
Black Ice Authors

Michele Lebo (Brookline), a
trainer, and her husband, Alex
Lebo (Brookline), a writer,
are two of the featured authors
at the Black Ice Rental.

Lebo, who is also a co-founder
of the popular reading series,
"The Black Ice Reading Series,"
will be reading from her new
book, "What If I Screamed Real
Loud?"

Lebo's books, which span a
diverse range of topics, inclu-
ding self-help, spirituality, and
personal development,
have sold over 500,000 copies
worldwide. Her latest book,
"What If I Screamed Real Loud?"
will be released on June 7th,
2023.

Lebo's reading will be
accompanied by a book-signing
for fans who purchase the
book during the event.

The Black Ice Rental is located
at 123 Black Ice Plaza, Brook-
line. The event is free and open
to the public. For more infor-
mation, visit: http://blackice-
rental.com/events/what-if-
what-if-i-screamed-real-loud-
real-loud-school-of-literature-
readings-and-book-signings-by-
black-ice-authors.

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MONDAY, JUNE 7
11 PM
TICKETS ON SALE NOW! $15!
18 and over with ID!

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Expeditons to Three Different Planets

The new Beaux Arts Trio remains as diverse, as spicy, and as Pressler-dominated as all the previous versions.

In addition to an outstanding, more bassy sound, the trio can still be called a guitar trio. Each member has his own voice and each has a hand in the overall sound. The result is a rich, full-bodied sound that is both mesmerizing and captivating. The trio is composed of three gifted musicians who have been together for many years and who have developed a默契 that is second to none.

The Beaux Arts Trio

Mondays* - Minnie Vos, Opus 49, and the Beaux Arts Trio

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The Art Critic Who Turned into a Kettle

A lumpy Japanese vase disappears, as if the sun extinguishing the moon.

The Mingot family's exquisite collection of Japanese folk art (Mingot of Japan, U.S.A.) has an airy, flowing sensation to its eye, and the pace of its individual and group exhibitions. The family also hosts a series of social events, which include the work of artists like the leading portraitists such as Ben Hamada and Kunzhu Hessey. But many other types of art are displayed here, from the works of notable modern artists to contemporary works of note. The exhibit is housed in a large, open space, filled with light and airy, and offers a unique experience for the viewer.

The exhibit is divided into two sections: the main part of the exhibition is dedicated to the traditional ceramic art, while the second part focuses on modern and contemporary artists. The ceramic art section contains a variety of works, ranging from simple, functional pieces to more complex and decorative pieces. The modern art section features works by contemporary artists, including paintings, sculptures, and installations.

The exhibits are arranged in a way that allows visitors to move freely between the two sections, and there is a clear demarcation between the two areas. The exhibition is well-lit, with plenty of natural light, and the walls and floors are designed to complement the art on display.

In addition to the exhibits, the Mingot family also offers a range of educational programs, including workshops and lectures, to help visitors understand and appreciate the art on display. These programs are designed to be accessible to people of all ages and backgrounds, and are led by experienced artists and curators.

The Mingot Family is committed to preserving and sharing the rich cultural heritage of Japan through its art exhibitions and educational programs. They strive to create a space where people can come together to learn and appreciate the beauty of Japanese art and culture. Whether you are a seasoned art lover or a newcomer to the world of art, the Mingot Family exhibitions and programs are sure to provide a unique and rewarding experience.

The exhibit is open to the public and is free admission. Hours are from 10 am to 6 pm, Monday through Sunday. For more information, please visit the Mingot Family's website or contact them directly.

The Lighthouse Bookstore

The Lighthouse Bookstore is located in the heart of downtown Los Angeles, and is a hub for book lovers. With a wide selection of books, including fiction, non-fiction, and children's books, the store is a great place to spend an afternoon. In addition to books, the store also carries a variety of other items, such as stationery and gifts. The Lighthouse Bookstore is open daily, from 10 am to 9 pm, and is a great place to stop by when you're in the area.

Limo Ride & Dinner

Limo Ride & Dinner is a unique experience that combines a luxurious limo ride with a delicious dinner. The limo is fully equipped with comfortable seating, a bar, and a sound system, ensuring that you can enjoy your ride in style. The dinner is served in a fine dining restaurant, where you can savor a variety of dishes, including sushi, sashimi, and other Japanese specialties. The experience is available on weekdays, and is a great way to celebrate a special occasion or simply enjoy a relaxing evening out.

Limo-Dinner Cruise

Limo-Dinner Cruise is a unique combination of a luxurious limo ride and a dinner cruise on the water. The limo allows you to arrive in style, and the dinner cruise provides a romantic and relaxing evening out on the water. The menu features a variety of dishes, including sushi, sashimi, and other Japanese specialties. The cruise is available on weekends, and is a great way to celebrate a special occasion or simply enjoy a romantic evening out.

Sunglass Factory

Sunglass Factory is a popular destination for anyone looking for stylish sunglasses at affordable prices. The store carries a wide selection of sunglasses, including designer brands and private labels, and offers a wide range of styles to choose from. Whether you're looking for something sporty or something more elegant, Sunglass Factory has got you covered. The store is open daily, from 10 am to 8 pm, and is a great place to stop by when you're in the area.

Dance

Dance is a popular venue for live music and events, and is known for its lively atmosphere and energetic atmosphere. The venue hosts a variety of events, including concerts, dance parties, and other cultural events. The venue is located in the heart of downtown Los Angeles, and is easily accessible by foot or public transportation. The venue is open nightly, from 7 pm to 2 am, and is a great place to relax and enjoy the nightlife.

Barbara Gonzalez

Barbara Gonzalez is a talented artist, and is known for her vibrant and colorful paintings. Her work is inspired by the natural world, and she uses a variety of techniques to create her unique style. Her paintings are frequently featured in galleries and exhibitions, and are highly sought after by collectors. Barbara Gonzalez is a dedicated artist, and is passionate about her work. She is always working on new projects, and is constantly seeking new ways to express her creativity.
With a Vengeance
How can those who tortured and those who were tortured coexist in the same land?

A Sadam regime of total disregard for the ideals of the Arab world has turned its people into a sea of sorrow. For years, the Arab world has lived under a regime of terror. The government has used its power to silence opposition voices and to control the media. The regime has also used its power to suppress the rights of the people. As a result, the Arab world has become a place of suffering and fear.

It is a sad day in the Arab world. The Arab world has been invaded by a group of people who do not respect the rights of the people. The regime has used its power to silence opposition voices and to control the media. The regime has also used its power to suppress the rights of the people. As a result, the Arab world has become a place of suffering and fear.

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We're So Often Accused of Mind Control

Spokespersons for the three companies try to explain this away as sheer coincidence.

You could make a documentary film about the current electronic music explosion and it would be dramatic. 

Wau is a producer of the 10 TPW (The Pulse of World) music shows, which are broadcast on WWPJ, the "Mistress Of The Morning" and is a weekly "in-depth" look at contemporary electronic music. 

WU is a principal and partner in the San Diego-based Los Angeles-based newscast, "Mind Control," which airs on WPCH, the "Channel of Mind." 

The two companies have refused to produce a product that would be perceived as "mind control." 

"We're So Often Accused of Mind Control," a documentary film about the current electronic music explosion and it would be dramatic. 

You could make a documentary film about the current electronic music explosion and it would be dramatic.

"We're So Often Accused of Mind Control," a documentary film about the current electronic music explosion and it would be dramatic.
**Calendar**

**MUSIC SCENE**

**JUNE 1, 1984**

Mozart Requiem performed by the Barber Corporation in Los Angeles, a New York-based chamber orchestra. Mozart's music will be brought to life by Barber's virtuoso interpreters. The performance is at the Oscars Theater, 1100 South Figueroa St., Los Angeles. Details: 812-8300.

**TV**

*Star Trek* is now on television, with the カール・フォン・モントロー as the lead character. The show has been well-received by critics and audiences alike. Stay tuned for the latest episodes.

**ADVERTISMENT**

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**Admission:** $15 per person

**CONCERTS**

- **WEDNESDAY JUNE 9 8PM**
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  - **SATURDAY JUNE 12 8PM**

**Open Air Theatre**

Inclusive Robinsons, Tower Records, Music Plus, select Wharehouse locations, Arts Tix, Perking Rock Worm and the Austin Center Box Office. No containers of any kind are allowed on or around the facility. To charge by phone call 278-TICKETS.
Calendar

Music Scene

Suede
with special guest
suddenly, tammy!
The Backdoor at San Diego State
June 14th at 8:00 p.m.
ON SALE NOW

New Order Touring Republic '93

A NEW ORDER PERFORMANCE

Monday, July 26 @ Hollywood Bowl
ON SALE SATURDAY - ONLY SOUTHERN CALIFORNIA APPEARANCE

Reggae
Sunsplash
World Tour '93

Freddie McGregor
Big Mountain
Shinehead
Marcia Griffiths
Tiger
Mystic Reavers
Kashash
Shool
Sun-June 13 @ 6:30 p.m.
Starlight Bowl

SUMMERPOPS Concert Series
Julio Iglesias

ART GARFUNKEL
Monday, June 14
7:30 PM
SUMMERPOPS SITE
OPENING NIGHT!

10 years ago - 10,000 people enjoyed hearing "Bridge Over Troubled Water", "Sounds Of Silence" and many other classics at Jack Murphy Stadium. You don't want to miss this special intimate show at The Summer Pops Site.

MANIFLOW
THE CONCERT TOUR

Thursday & Friday, June 17 & 18 - 7:30 p.m.
Summer Pops Site

Roger Whittaker
Saturday, June 26 - 7:30 p.m.
Summer Pops Site

The Temptations & Lou Rawls
Sunday, July 25 - 7:30 p.m.
Summer Pops Site

An Evening With Gordon Lightfoot
Sunday, June 15 - 8:00 p.m.
Copley Symphony Hall

Anne Murray
Friday, June 11 - 8:00 p.m.
Copley Symphony Hall

On Sale Now!

Sunday, August 15th - 7:30 p.m.
Summer Pops Site

On Sale Sunday 10:00 a.m.

Ticket prices $12.00 (except 75 and over, and Center Symphony Hall box office). To charge by phone call 278 TISS. Tickets available at Circle Theatres and the Center Symphony Hall box office. Produced by BILL SILVA PRESENTS in association with the SAN DIEGO SYMPHONY ORCHESTRA ASSOCIATION.
SWIRLIES

blondertongue
audioattack

Appearing at
The Casbah
June 12

STONE TEMPLE PILOTS
ASYLUM BALLEET
ELECTRIC LOVE HOGS
HONEYGLAZE
SUGARTOOTH

SUPPORT LOCAL MUSIC

STONE TEMPLE PILOTS
THE ROCK 102.1 BIRTHDAY BASH
JUNE 5
SATURDAY NIGHT AT 7 P.M.
SAN DIEGO STATE OPEN AIR THEATER
A BENEFIT FOR THE SANCHELE MENDOZA CHILDREN'S CHARITIES

TOWER RECORDS: VIDEO

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OPEN 24 HRS TO MIDNIGHT EVERYDAY

APRIL 30, 1996
JAZZ - JAZZ - JAZZ

TODD COCHRAN TRIO

BOB DOROUGH

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POOL '3'  
DEER '4'  
WELL DRINKS '5'  
MINI PIZZAS '2'  
HAMBURGERS '2'  
WINGS, FRIES & CALAMARY '1'

10:30 am - 5:00 pm Saturdays & Sundays

A pool club for the great outdoors.

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She-Bang Monday, Tuesday & Wednesdays.

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gig starts at nine. The fun

starts when you get there.

June 7 & 21

June 14 & 28

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DOWNTOWN

STATE UNIVERSITY

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EL CAJON-MAESA

BEACHES

CLAREMONT-KEARNY MESA

SOUTH BAY

MISSION VALLEY

NORTH COUNTY

Calendar

RESTAURANTS

Time-Warp Beef

To say Mister A's present food preparation is a mediodre would be complimentary.

Several years ago, Marcia and I frequented Mister A's on many occasions. Our tastes and interests have changed, and we have found ourselves drawn to other restaurants, particularly those that offer a more creative and diverse selection of dishes.

Recently, we decided to visit Mister A's again to see if the food had improved. We were disappointed to find that the service was slow and the atmosphere was impersonal. The dishes we ordered were lackluster and uninteresting.

In addition, the prices were quite high for what we received. While the food was not terrible, it was definitely not worth the cost. We left feeling unsatisfied and wishing we had chosen a different restaurant.

Overall, we cannot recommend Mister A's to anyone looking for an exceptional dining experience. There are many other restaurants in the area that offer a better value and a more enjoyable atmosphere.

The Restaurants

San Diego

Sally's

The San Diego Union

The San Diego Tribune

The North County Times

The Daily Mail

The Press Telegram

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The Press Telegram
Picture Story

by the San Diego Historical Society

Philadelphia industrial baron Andrew Carnegie’s name is prominently displayed above the portals of San Diego’s public library on E Street, between Eighth and Ninth avenues at the turn of the century. Carnegie made a $50,000 gift to jump-start the library after receiving a written plea from Admiral Horton’s wife, Lydia. New York architect A. J. Davis (the same firm that designed the Congressional Library in Washington, D.C.) is responsible for the building’s classic lines.

The library stands (or rather, stood) it was torn down in 1952) as a fine example of history ignored, repeating itself then, as now, city officials and citizens wasted much time and effort arguing the merits of various library sites. At the laying of the building’s cornerstone, the City Guard Band played and a choir sang a rousing rendition of that sentimental favorite, "Cora, Whirl & Ode. We’ve Pound Upon Our Brother’s Hope — The Cornerstone."

(From the San Diego Library Collection)
THIS MODERN WORLD

P.S. MUELLER

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Summer Shape up is on!
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(60¢ a day!)

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Canoes
And Kayaks

Giant Back

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NO INITIATION FEE
At only $22 a month with no contract,
you can't get a better bargain.

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SUMMER SPECIALS
2 FREE TIRES WITH BIKE TUNE-UP
$26.99 labor, frame, labor, tires, chain, shock absorber, tube, free 2 FREE TIREs for 17.75! with slightly higher.

THE BIKE SHOP
4637 COLLEGE AVENUE (SIDS AREA)
How to Turn Any Idea into Millions of Dollars with STANLEY MASON, One of America's Foremost Inventors

How to Start and Grow a Business with the Editor-in-Chief of ENTREPRENEUR Magazine

How to Write a Movie in 21 Days with VIKI KING

Dr. David Viscott On Finding Your Passion

A Transformational Day with M. Scott Peck, M.D., America's All-Time Best-Selling Psychiatrist on Life, Love, Spirituality and Personal Growth

FEATURED SPEAKERS
STANLEY MASON
The Man Who Created Volcano
on How to Transform Any Place into Millions of Dollars
See page 2

RUTA LEVY
Editor-in-Chief of Entrepreneur Magazine
on How to Start and Run a Business
See page 2

M. SCOTT PECK
Best-selling Author of The Road Less Traveled
with the first book in the series, Love, Spirituality and Growth
See page 2

SYDNEY WUDE HANKEY
The influential "Mayflower Maiden"-retains Secrets About Men Every Woman Should Know
See page 2

DR. ELLEN MCCARTY
Author of When Feeling Dead is Good
on Turning "Bolero" Depression and Stress and Positive Actions
See page 2

GARY MILL
World Famous Health and Nutrition Expert
on Healing Your Body Naturally
See page 2

TENECE RICKETTS
Best-selling Author of True Multicultural on Exploring Consciousness, Spirituality and Buddhism
See page 2

Departments

From the Director

Fire In The Soul
A New Psychology of Spiritual Optimism
with Best-Selling Author JOAN BONTEMPO, PH.D.

What if you had in your hand the key to your innermost feelings, the secret to unlocking your personal potential? What if you could empower yourself to achieve your dreams, to live a life of joy and fulfillment? That's the promise of the new psychology of spiritual optimism, and it's yours for the taking.

From Conflict to Partnership at Work and in Private Life
The Power of Ethical Persuasion
with Best-Selling Author TOM HUSK, M.D.

What if you could turn conflict into partnership, and ethical persuasion into power? In this groundbreaking book, Dr. Tom Husk shows how to do just that, using the latest research in psychology and ethics.

What Smart Women Know about Commitment
with Best-selling Author STEVEN CARTER

What if you could transform your relationships into something better? In this book, Steven Carter shares his insights on how to build and maintain strong, healthy relationships.

The Myth of Male Power
WITH DR. WARREN FARRELL

What if you could free yourself from the myth of male power and its constraints? In this book, Warren Farrell challenges the traditional view of male power and offers a new perspective on what it means to be a man.

See page 2

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See page 2
How to Develop and Write a Successful Business Plan

Writing a business plan is like writing a novel. It takes time, effort, and imagination. But the payoffs can be huge. In fact, the key to success is planning ahead. The right business plan can help you avoid common mistakes, save money, and increase your chances of success.

DEFINE YOUR OBJECTIVES

1. Identify your business goals and objectives.
2. Define your target market.
3. Identify your competitors.
4. Determine your financial needs.
5. Develop a marketing and sales strategy.

CREATE A BUSINESS MODEL

1. Describe your product or service.
2. Develop a product development plan.
3. Identify your target customers.
4. Develop a pricing strategy.

DEVELOP A FINANCIAL PLAN

1. Create a financial forecast.
2. Develop a budget plan.
3. Identify potential sources of funding.
4. Develop a cash flow projection.

PREPARE A PROOF OF CONCEPT

1. Create a proof of concept.
2. Identify potential partners.
3. Develop a marketing strategy.
4. Identify potential investors.

HOW TO START OR GET A JOB IN THE GREETING CARD BUSINESS

The greeting card business is a great way to start your own business. It's easy to get started and can be very profitable. You can start your own card business from home or from a store.

1. Research the market.
2. Develop a business plan.
3. Create a marketing strategy.
4. Identify potential customers.

HOW TO OPEN A COFFEEHOUSE WITH THE CO-FOUNDER OF NEW WORLD COFFEE

Open a coffeehouse with the co-founder of New World Coffee. He will provide you with all the information you need to get started.

1. Research the market.
2. Develop a business plan.
3. Create a marketing strategy.
4. Identify potential customers.

READ MORE...


table...
The Power of Image
Make the Most of Your Appearance

Create Your Ideal Job or Business
A "Get Into Action" Workshop on Making Your Dreams Come True

Make Money from Arts & Crafts
Learn the fundamentals of running your own business, exploring the
marketing strategies, operations, and financial management that you will need to
succeed in the creative arts.

How to Become a Medical Transcriptionist
Designed for medical transcriptionists, this course will provide you with the
knowledge and skills needed to succeed in this fast-growing field.

Start a Home-Based Medical Billing Business
Selling home-based medical businesses is a highly profitable niche.
This course will teach you how to create, market, and operate your own
medical billing business from home.

Learn Medical Coding and the Language of Reimbursement
A Growth-Oriented Field
You'll learn to code for a wide variety of medical specialties, from
pediatrics to cardiology.

Finance and Accounting for Entrepreneurs
A masterclass in business finance and accounting for entrepreneurs,
covering everything from budgeting to tax preparation.

Start a Push Cart Business
A magazine recently ranked push carts among the top 10 small businesses to
start in 2023. Learn how to set up and manage a push cart business.

Career Opportunities in the Environment
Learn how to find and secure a career in the environmental sector.

All Day Medical Billing Workshop!
You'll learn everything you need to know to become a successful medical
billing professional.

*Call (913) 544-9720 to register. See page 38 for registration information*
A Dynamic Communication Skill for the 90's: Neuro Linguistics

Networking for Business and Personal Success

How to Be Rich On Any Income, Even If You've In Debt

We Guarantee It!

Researching Public Records

How To Get Anything On Anybody

This Short Course Will Teach You How to Find Anyone...a Lost Relative, an Ex Spouse, a Witness, an Old Friend or Perhaps Someone Who Owes You Money!

How to Develop, Promote, Market and Sell Any Seminar or Workshop

Full- or Part-Time

How to Improve Your Credit Rating

How to Inc. Yourself Now!

If you have a business idea, you can run your own company and be your own boss. If you're looking to start a business, there are many options to choose from. Understanding how to improve your credit rating can help you get the best rates and terms on loans and credit cards. If you're interested in starting your own company, there are many resources available to help you get started, including business plan software and online courses. How to Inc. Yourself Now! offers a step-by-step guide to starting a business, including tips on choosing a business structure, registering your business, and securing funding. Whether you're starting a new business or looking to improve your credit rating, these resources can help you achieve your goals.
**Grantwriting**

**A Hands-on Approach to Raising Funds**

<table>
<thead>
<tr>
<th>Date</th>
<th>Name</th>
<th>Contact</th>
<th>Description</th>
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<tbody>
<tr>
<td>Jan 1</td>
<td>Smith</td>
<td>555-1234</td>
<td>Learn about effective grant writing strategies.</td>
</tr>
<tr>
<td>Feb 15</td>
<td>Johnson</td>
<td>666-5432</td>
<td>Practice with local non-profit organizations.</td>
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</tbody>
</table>

**A Career in Fundraising**

**Real Estate**

**How to Make a Fortune in Out-of-State Rental Property**

<table>
<thead>
<tr>
<th>Step</th>
<th>Description</th>
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<tbody>
<tr>
<td>1</td>
<td>Identify target areas for investment.</td>
</tr>
<tr>
<td>2</td>
<td>Research local markets and landlords.</td>
</tr>
<tr>
<td>3</td>
<td>Develop a business plan and budget.</td>
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</tbody>
</table>

**Buying Lender Repossessed Properties (REO’s/RTC’s)**

**Become a Mortgage Broker**

**Earn $100,000+ a Year (Full- or Part-Time)**

**Travel the World (for Free) as a Tour Guide**

**How to Start a Travel Agency**

**Earn Enormous Profits Investing in Discounted Real Estate Notes**

**End Note: Low and Why Money Really Matters**

**Travel the World (for Free) as a Tour Guide**

<table>
<thead>
<tr>
<th>Name</th>
<th>Contact</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Doe</td>
<td>777-8901</td>
<td>Learn about tour guide qualifications and certifications.</td>
</tr>
<tr>
<td>Smith</td>
<td>555-1234</td>
<td>Practice leading tours in a variety of destinations.</td>
</tr>
</tbody>
</table>

**How to Buy a House or Condo**

**Use VISA or AMEX to register by phone - 555-5432**
Introduction to the IBM PC

You don't have to own a computer to benefit from this course. Students at a local university will demonstrate and explain the basics of using computers. The next session is set for Monday, June 13, at 7:00 p.m. The $50 fee includes all course materials.

WordPerfect 5.1

Topics covered include:
- Advanced formatting, typographical headers and footers, footnotes, etc.
- Advanced printing, including top and bottom margins.
- Advanced document maintenance.
- Working with multiple documents.
- Advanced word processing.

Super Weekend: Become Computer Literate in One Weekend

This course features hands-on training in a computer lab. Students will learn the fundamentals of using a computer.

Desktop Publishing: Learn Pagemaker on the Mac or PC

Desktop publishing makes it possible to create and publish your concepts on the computer. This workshop will teach you the basics of desktop publishing and how to use Pagemaker, a popular desktop publishing software.

Intro to the Apple Macintosh

The Apple Macintosh is a personal computer that has revolutionized the way we think about computing. This workshop will introduce you to the basics of using a Macintosh computer.

Super Week: Become Computer Literate in Just Two Weekends

This hands-on course is for anyone who wants to become "computer literate." The course will cover basic computer skills in just two weekends.

Getting Started with Lotus 1-2-3

This four-hour workshop will introduce you to Lotus 1-2-3, a popular spreadsheet software. You will learn how to create and edit spreadsheets, and perform basic calculations.

Advanced Lotus 1-2-3

This course is for those who already have some experience with Lotus 1-2-3. You will learn advanced functions such as arrays, macros, and pivot tables.

Advanced Lotus 1-2-3: Getting the Most Out of Lotus 1-2-3

This course is for the person who has used Lotus 1-2-3 for a while and wants to take advantage of its advanced features. You will learn how to create and manage complex spreadsheets.

For more information or to register, call (911) 544-9700.
How to Heal Yourself with Chinese Herbal Medicine
Ancient Principles of Health and Balance Can Change Your Life

For over 4,000 years, Chinese herbal medicine has been one of the most effective methods of healing known. Today, this ancient system of health care is more popular than ever before. Chinese herbs are known to treat a wide variety of conditions and are used in conjunction with other forms of therapy. Here are just a few of the benefits of Chinese herbal medicine:

1. Chinese herbs are natural and safe.
2. Chinese herbs can be combined with other treatments.
3. Chinese herbs can be used for preventive care.

Aromatherapy: Use Essential Oils for Health, Well-Being and Beauty

Learn the art of essential oil blending, a powerful technique that can be used to improve health and well-being. This workshop will teach you how to blend essential oils to create custom blends for personal use or for use in your practice.

Channeling Workshop: Meet Your Spirit Guide

This workshop will teach you how to channel your spirit guides and learn how to communicate with them. You will be guided through a series of exercises that will help you connect with your guides and learn how to use their wisdom for personal growth.

Hatha Yoga

In this workshop, you will learn the basics of hatha yoga, a form of yoga that focuses on the physical and mental aspects of the practice. You will learn how to use hatha yoga to improve your physical health and mental well-being.

Native American Spirituality: Learn Ancient Wisdom

This workshop will teach you about the spiritual practices of the Native American people, including shamanism and other forms of spiritual wisdom.

Discover Your Guardian Angel

This workshop will teach you how to connect with your guardian angel and learn how to use their guidance for personal growth and well-being.

Explore the Shaman Within You: We All Have One

This workshop will teach you about the shamanic traditions of the world and how you can use these traditions to improve your own well-being.

Buddhism for Beginners

This workshop will teach you about the basics of Buddhism, including its history, beliefs, and practices. You will learn how to use Buddhism to improve your own well-being.

Biblical Prophecy Workshop: Meet the Prophets of Old Testament

This workshop will teach you about the prophecies of the Old Testament, including how they have been fulfilled and how they can be used to guide your own spiritual journey.

Intro to Taoism: A Guide To Everyday Living

This workshop will teach you about the principles of Taoism and how they can be used to improve your everyday life.

Meditation Workshop

This workshop will teach you about the power of meditation and how it can be used to improve your well-being.
Release the Creativity Inside You

Become an Air Courier
The Absolute Cheapest Way to Fly

Fly by air around the world as an overtly employed, paid-for courier. You can make thousands of dollars a month, or even more, depending on how many flights you can make. Your pay will be determined by the size of your load, and you will have a guaranteed return date to your home airport. You will be the only person in the world who can make you look good at your job. You will have a guaranteed rate of pay, and you will have a guaranteed return date to your home airport. You will have a guaranteed rate of pay, and you will have a guaranteed return date to your home airport.

The Art of Discount Travel
Save Money on the Ground

It is a shame that the Art of Discount Travel is not more widely practiced. It is a shame that the Art of Discount Travel is not more widely practiced. It is a shame that the Art of Discount Travel is not more widely practiced.

Letting Go of Clutter

You want to be a more effective speaker. You want to be a more effective speaker. You want to be a more effective speaker.

Shower Singer's Workshop
Do you want to become a more effective speaker? You want to become a more effective speaker. You want to become a more effective speaker.

Magic for Non-Magicians

Have you ever wondered what it would be like to be a magician? Have you ever wondered what it would be like to be a magician? Have you ever wondered what it would be like to be a magician?

Get Your Green Card
How to Invest and Work in the U.S.A.

You want to be a more effective speaker. You want to be a more effective speaker. You want to be a more effective speaker.

Terminator Blackjack
Become an Unbearable, Unstoppable Player!

The Art of Discount Travel is not more widely practiced. It is a shame that the Art of Discount Travel is not more widely practiced. It is a shame that the Art of Discount Travel is not more widely practiced.

Grammar Review

This course is for people who want to become more effective speakers. This course is for people who want to become more effective speakers. This course is for people who want to become more effective speakers.

Beginning Photography: Basic 35mm

This course is for people who want to become more effective speakers. This course is for people who want to become more effective speakers. This course is for people who want to become more effective speakers.
Faux Finishing
Turn your Walls and Furniture into Works of Art!

Gift Baskets
Making Presents for Profit

Wine Tasting
with Master Sommelier Ed Osterland

Surfing Safari
A Workshop for Beginners

Kayaking
Learn this Fun and Exciting Sport

Get Into the Best Shape of Your Life!
Develop the Strong, Healthy, Attractive Body You Want

The Art of Sailing
Enjoy a new, active lifestyle!

Athletic Singles Association
Call now for friendly details! 030-0114
942-2694

SINGLES...
Enjoy a new, active lifestyle!

Athletic Singles Association
Call now for friendly details! 030-0114
942-2694

Interact with new friends, make new friends, and start a new life!

SINGLES...
Enjoy a new, active lifestyle!
White Collar Boxing
Learn boxing skills and get in shape with former
Women's World Champion

Swimming for Adults Afraid in Water
Here's your chance to learn how to swim
in a non-threatening environment.

Intro to Windsurfing
Come join the excitement and the fun this summer.
Windsurfing is an exciting way to explore the
waters and get a workout at the same time.

Horseback Riding
Have Fun, Meet New Friends and Participate in The Learning
Annex Athletic Singles' Volleyball Social

Golf

Tennis

Roller Blading!
A combination of fun and competitive
cutting-edge, fast-paced, and
enjoyable alternative to classic wheeled
Roller Blading...

Don't miss Self Defense! See Page 34.
Call (818) 644-0700 to register. See page 28 for registration information.
"I'm Sorry, I don't dance well." You'll never say that again. In four delightful evenings, you can become accomplished in...

Ballroom Dancing

Texas Two-Step & Achy Breaky

The special rhythm and appeal of this partner dance are perfect for a fun time. Learn the basic steps and partnerwork, led by well-known dance instructor, Mr. Thompson. We'll cover the fundamentals of dancing, from selecting music to rhythm and footwork.

African Drumming and Dancing Workshop

This workshop aims to teach you how to drum in various rhythms, while also introducing you to the history and culture of African drumming. You'll learn traditional techniques and how to incorporate them into your own musical expressions.

The Tibetan Way of Living and Dying

With EPECIAL DROPSHEET: Live at The Learning Annex!

This session will provide insights into the Tibetan way of living and dying, exploring the principles of longevity, compassion, and the importance of dying gracefully. You'll gain tools to improve your well-being and end of life care.

SELF-DEFENSE WORKSHOP

In this interactive workshop, you will learn practical techniques for self-defense. Whether you're a beginner or have some experience, this workshop will enhance your physical and mental preparedness. You'll practice martial arts and defense strategies.

Learning Annex Guide to Starting Your Own Import/Export Business

Travel the World, Be Your Own Boss, and Make Money — Full- or Part-Time

The Learning Annex guide will help you turn your passion for travel and business into a successful venture. You'll learn about the import/export industry, regulations, and how to start your own business.

PRODUCTS ORDER FORM

Choose from a wide variety of products that cater to your needs. From health and fitness supplements to home decor, there's something for everyone. Order now and enjoy fast shipping and customer support.

Call 925-544-4005 to register. See page 38 for registration information.
## REGISTRATION FORM

### 4 Ways to Register

1. **Phone Registration:**
   - **Phone:** 310-346-6700. We will work with you personally to handle your registration needs.
   - **Fax:** 310-346-6700.
   - **Email:** info@annex.com.
   - **Website:** www.annex.com.

2. **Mail Registration:**
   - **Address:** American Express.
   - **Mail:** No. 33, 53rd St. N.W., Washington, D.C. 20007.

3. **Register Online:**
   - **Website:** www.annex.com.

4. **Register at The Learning Annex:**
   - **Address:** 1333 15th St. N.W., Washington, D.C. 20006.

### Certificate of Completion

- If you register for the course, you will receive a certificate of completion.

### Refund Policy

- If you cancel your registration within 30 days of the date of purchase, you will be refunded the full amount of the course.

### GROUP DISCOUNTS!

- If you are a group of 10 or more, take advantage of our group discounts. Call Mary at 310-346-6700 for special rates.

### Running Wild With The Wolves

**A Workshop Given From the Royal Women Who Run With The Wolves by Clarissa Pinkola Estes, Ph.D. and Joan John by Robert Bly**

#### When Feeling Bad is Good

**Turn "Healthy Depression and Stress Into Positive Actions" with Dr. Elleen McGrath**

#### Sydney Biddle Barrows - Just Between Us Girls

**The Latest in Feminism - Sydney Biddle Barrows**

### Alinea

**346 Roselle Street, San Diego, CA 92101**

**Mail:** Alinea, P.O. Box 1000, San Diego, CA 92101

**Fax:** 619-444-2791

**Phone:** 619-444-2792

**Email:** info@alinea.com

### Pricing

<table>
<thead>
<tr>
<th>Course</th>
<th>Fee</th>
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<tbody>
<tr>
<td>Alinea</td>
<td>$100.00</td>
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### Additional Information

- All registrations must be received by the specified date to ensure timely registration.
- Registration is limited, so please register early to secure your spot.
- All fees are non-refundable.
- Please make checks payable to Alinea.
- Please include a self-addressed stamped envelope for confirmations.

---

### Running Wild With The Wolves

- **Presenter:** Clarissa Pinkola Estes, Ph.D.
- **Date:** June 13
- **Location:** Alinea, San Diego, CA 92101

### When Feeling Bad is Good

- **Presenter:** Dr. Elleen McGrath
- **Date:** June 14
- **Location:** Alinea, San Diego, CA 92101

### Sydney Biddle Barrows - Just Between Us Girls

- **Presenter:** Sydney Biddle Barrows
- **Date:** June 15
- **Location:** Alinea, San Diego, CA 92101

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### Certificate of Completion

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