Sweatshops Sweep South Bay Owners

By Melinda Powelson

Two weeks ago, state labor investigator Joe Miller set a trap for one of the nation's largest sweatshops in San Diego's hidden garment district. For three days, the owner of the factory, who was known as "B," was tracked and taped by investigators who were using a sophisticated audio and video surveillance system. The factory, located in an industrial area of San Diego, is suspected of violating labor laws by paying workers less than the minimum wage.

Miller set the trap by posing as a potential buyer for the factory's goods. He was able to enter the factory and observe the conditions firsthand. Miller then filed a complaint with the state's Bureau of Labor Standards and Employment, which is responsible for enforcing labor laws in California.

The factory's owner, who was known as "B," was able to escape the trap, but Miller's investigation revealed a wide range of labor law violations, including the payment of subminimum wages, the failure to pay overtime, and the use of child labor.

Miller's investigation is just one of many that have been conducted by labor investigators in recent years. In California, labor laws are often ignored, and workers are subjected to poor working conditions.

Miller's work is essential to protecting workers' rights, and his efforts are widely recognized. The state's Bureau of Labor Standards and Employment is grateful for Miller's dedication to enforcing labor laws.

Miller's investigation is not just about enforcement, but also about education. He is committed to raising awareness about labor law violations and encouraging workers to stand up for their rights.

In conclusion, Miller's work is critical to ensuring that workers are treated fairly and that labor laws are enforced. His dedication to the cause is an inspiration to all who care about the rights of workers.
Sweathshop Sweeps

Sweatshop Sweeps (continued from page 1...)
and many fear the ability to obtain workers' compensation insurance or carry cyber

NEW YORK (AP) - New York's state attorney general has targeted the garment industry

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Contacts

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pleads insanity."

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Public Utilities

the Utilities and Commerce Committee on March 31, the
Bill was sent to
board by the committee.

board. "We want to go to work on a major revision, which he
said would take one or more hotel-

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Awards-Winning Polk CS100 at its lowest price ever - FREE!!

That’s right, Polk’s Grand Prix award-winning center channel speaker is yours FREE! Just pay any pair of Polk Audio speakers (also great for home theater) and any other products when you purchase your home theater surround sound system by giving you the award-winning CS100, a $199 value. Hurry, supply is limited.

Polk’s S series speakers bring the concert home

Video/Stereo

by Dick Sower

Podcast

The day just passed with Polk signs all over stores. Most notably proud at speakers at

Chico’s

Hollister.

Incidentally, just inside the door of the store, it rests at a relatively small store. That's to

The speakers produce a near home theater effect, with sound seeming to come from the

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COLLEGE AREA

5015 El Cajon Blvd.

BAY AREA

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SAND MARQUIS

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We carry top-quality items not found in the mass merchandise chain stores!
Bonnie And Clyde
And Ralph

By Jamie Reno

Ten years ago, while we were on vacation, there was a train robbery in which Bonnie and Clyde, the notorious couple, got their comeuppance. It was a time when the train was on the move and there was a lot of news coverage about the event. We heard that an officer had been shot and was in critical condition. The news was circulating like wildfire and it was quite alarming.

As the train moved along, we noticed that there was a lot of talk about the event. People were speaking about how they had heard about it on the radio. We were curious about what had happened and we started talking to other passengers. It was a bit nerve-wracking at first, but everyone seemed to be understanding and supportive.

One afternoon, when we were walking through the station, we saw a man looking very familiar. We recognized him and we couldn't help but wonder if he was the man who had been shot. We asked around, but no one seemed to know.

In the end, we never found out what had happened to the officer. It was a tragic event and it left a lasting impression on all of us. We were grateful to have been able to share the experience with others who were also interested in what had happened.
HEARTBURN

RESEARCH STUDY
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- Three month history of heartburn, sour stomach, or acid regurgitation
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FREE SUNGLASS LEASE with PRESCRIPTION

BE THE FIRST TO TRY THE NEW<br>OVERSIZED STYLE SHADES & CLOTHING!
"Right in jury selection, I always mention the amount of money involved and ask how they feel about that."
Melody had been planning to start her own business, but she kept getting sidetracked by life's demands. She often found herself in stressful situations, feeling overwhelmed by her responsibilities. She knew she needed to make a change if she was going to achieve her goals. One day, she decided to take a break and go for a walk in the park. As she strolled through the greenery, she noticed a sign: "DOING WELL BY DOING GOOD." The sign caught her attention, and she decided to learn more about it.

Melody found out that the sign was part of a community project that encouraged people to help others while also improving their own lives. She was inspired by the idea and decided to get involved. She started volunteering at a local food bank and found that she enjoyed the sense of fulfillment she felt when she helped others.

As she continued to volunteer, Melody realized that she was also becoming more confident and happier. She enjoyed the feeling of giving back and felt that she was making a real difference in people's lives. She decided to start a similar project in her own community, and soon others joined her.

The project grew in popularity, and Melody was thrilled to see how it brought people together. She felt that she had found her purpose in life and was grateful for the opportunity to make a positive impact. She knew that she had learned a valuable lesson about the importance of giving back and that she would carry this knowledge with her for the rest of her life.
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Grill's the name of the game this spring and summer.

We'll be open every day until 10pm. Call 539-7700 for more information.

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I pair contacts (d.w.) $49

Offer good for contacts of any prescription. Delivery available in most areas. Consultation with our optician is included. Please see store for restrictions and details.
LETTERS

I Hope You Improve Yourself On Your Pedals Please
Chris Houlihan
San Diego

Gina Arnold is a perfect role
cast for a movie star. Her
talent is obvious and she
takes her work seriously. She
is a wonderful actress and
bears no resemblance to our
regular actresses. She has
beautiful eyes and a warm
smile. Gina Arnold is a
true professional. I am
delighted to see her
performing in this film.

Mary Ann Smith

A Second-Rate Sub-Club Reporter
Regarding Gina Arnold's performance in the movie.
Dr. John Smith

Phone Matches Success Stories:
Chris and Joann Wright

BEST FRIEND.First, shy, adventurous, unreasonable 40-year-old,
I'm 18, $1,717, living with my parents, school, all or younger, for lasting
romance and new adventures.

Joann: I liked the "shy, adventurous" part of Chris's ad. I thought that
was an interesting combination.

Chris: I placed an ad because I've always thought
that people in bars put up fake doors.

Joann: When he called me, he sounded shy on
the phone and I thought, "It sounds extremely
painful for you—and very, very difficult."

Chris: I felt he projected myself very well on the
phone. She was more interested in her questions...

Joann: ...ever the New Yorker.

Chris: With Phone Matches we had a chance to talk on
the phone first and get to know each other. I found the
things she said intriguing.

Joann: On our first date, dinner, he was so
quiet during the meal. I thought, "Oh no, this is
a real winner." After dinner we went to the
Grover Washington Jr. concert at Humphrey's.

Chris: We didn't really have a chance to talk
because we were focused on the concert, so I
asked her if she would like to go out a second
time.

Joann: Our second date was spectacular. We went to the wineries in
Temecula. I had so much fun. I giggled—so really opened up.

Chris: In Temecula we had a chance to walk and talk and interact with
each other in a quiet setting.

Joann: Since then, it has been absolute joy. There's no
way to describe it. We both have a lot in common:
education, travel, hiking, camping and sports. He
understands my interests, but generally, I know the
answers. Really he's my best friend.

Chris: This woman is different. There isn't
superficiality. There is intelligence. She is a person you can talk
with.

Joann: We had our wedding in the most beautiful
place. We had classical guitar music, French food
and lots of champagne.

Chris: It was just a coincidence that we married
almost a year to the day of our first date.

Joann: I'm a native New Yorker, he's a native...Californian, the odds that
we found each other were tremendous. We are fortunate...I will be
happy spending every single moment for the rest
of my life with him.
catch
the
cutting
define
of
young men's
fashions
as we
welcome
DESIGNER
MOSSIMO
Giannulli

Meet three-time "West Coast Designer of the Year" nominee Mossimo Giannulli, the force behind some of today's hottest looks for young men and women. He'll be on hand to sign autographs, answer questions and present options from his Spring '92 collections. While you're here, enter to win Mossimo apparel, and receive a Mossimo dog tag with your purchase.
North Coast Fair, The Knave Ball on two.

NORDSTROM
THE DIFFERENCE IS FASHION

WHEN: Saturday, April 24, from 1:00-3:00
WHERE: The Knave Ball at North Coast Fair

M.E. F.A. Fisher: Writer With A Bite

The Pressing Necessity To Seize The Moment

M.E. F.A. Fisher, Writer With A Bite

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The Pressing Necessity To Seize The Moment
Beyond Time, Beyond Space
Vivekananda: Centenary Celebration Concert Of Indian Classical Music

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Mini-Perots On
The Pro Gridirons
Guesswork Is The Essence Of
Drafthikery

January 6, 2023

Outdoors

SPECIAL APPEARANCE
A Woman's Worth
Marianne Williamson

A Woman's Worth
Ms. Williamson, author of A Return to Love, will discuss and sign her new book A Woman's Worth.
Friday, April 28, 1995

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End of season sale to benefit St. Vincent De Paul
San Diego Jack Murphy Stadium Parking Lot
Saturday, April 22 and Sunday, April 23
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END OF SEASON CLOSE-OUT SALE WITH MERCHANDISE
AT A FRACTION OF THE ORIGINAL PRICE.
Make Father Joe's Many Worthwhile
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Come meet Chargers and Charger Girls along with the Seals.
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Located between the beach in Carlsbad and the ocean in Encinitas, a delightful spread of fresh seafood, deli meats, and salads awaits. Complimentary sparkling water and fresh lemonade. For reservations call or call 792-8200

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Your team entry fee in San Diego's premier grass volleyball tournament includes: 1 team entry, practice, musical entertainment and a cash prize! Registration deadline is June 15. Call 619-231-0000 for information and reservations.

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Now Showing: To The Limit
Take a Fascinating look inside the human body as these athletes go. The film, now featured in our Rest Of The Big Screen Film Festival, is being shown at the Bahia Resort. For information call 619-222-6222.
AN IRRESISTIBLE PROPOSAL

"This is the best dating movie in some time... thrillingly romantic, ingeniously skillful. Lyme makes us believe without questioning.

H E L L . A.

Places of Magic Gather in Songland - By Adam Fairfax

FITTING VESUVIUS INTO A TEAMAC

If Jessey Norman were to sing Dowland, she would wipe out any listener.

The Last Interpretative Music Society brought to Beverly by the Harvey School of the world's art, music, music, music, music... Understand: the music of the Vernadski, which is really the music of the voice, and the music of the mind, which is really the music of the heart. The Vernadskis, it is said, are not just a group of people who sing together, but a group of people who think together. They are a community of minds and voices, united in the love of music and the desire to express it.

REVIEWS

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The Last Interpretative Music Society brought to Beverly by the Harvey School of the world's art, music, music, music, music... Understand: the music of the Vernadski, which is really the music of the voice, and the music of the mind, which is really the music of the heart. The Vernadskis, it is said, are not just a group of people who sing together, but a group of people who think together. They are a community of minds and voices, united in the love of music and the desire to express it.

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For our grand finale of this masterpiece season, we've gone to great ends to bring you a singer who is compared with both Domingo and Pavarotti; Richard Leech. Put this explosive performer together with a talent like mezzo-soprano Jeanie Rigg and bang! you have an unforgettable production of Werther, the heartbreaking tale of a poet driven to destruction by his love of a woman he could not have.

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"PANAME ON THE SHOE" S.L. Knowles

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**Whitney Houston**

**Monday, August 23 - 7:30pm**

Tickets On Sale Sunday 11am

Tickets available at all 700 retail stores including Robinsons-May, Tower Records, Music Plus and select Warehouse locations. To charge by phone call 219-TIXS. Summer Pops show tickets are also available at Copley Symphony Hall box office. Any unreserved tickets may be sold at the door. Please notify the box office of any changes in seating. Load of tickets per person.

Produced by BILL SILVA PRESENTS in association with the SAN DIEGO SYMPHONY ORCHESTRA ASSOCIATION.
Blow By Blow

"Someone got the idea, well, wouldn't it be nice if you had a bladder — a hide or stomach of an animal — to keep the air going."

Someday maybe. After all, the animals have it in spades while they stand, and a solid body helps keep it warm and dry. Even so, the tone, the material, the way everything is put together makes it all look so normal and so normal that no one would ever dream it was any different.

So we're left with the idea of the human bladder, a bulging bag of air that we're forced to carry around all day long. It's not as comfortable as it might seem, and it's not as easy to control as we'd like. But it's ours and we have to make the best of it. And that's what this article is all about: finding ways to make the most out of our human bladders.

The first step is to understand how the bladder works. It's a muscular sac that expands and contracts to control the flow of urine. The bladder is located in the pelvic cavity and is attached to the urethra, which is the tube that runs from the bladder to the outside of the body. The bladder is controlled by a group of muscles called the bladder neck, which surrounds the urethra. These muscles are controlled by the autonomic nervous system, which means that they are involuntary and cannot be controlled consciously.

The bladder is emptied when the muscles in the pelvic cavity contract, forcing the urine out through the urethra. This process is called micturition. The muscles in the pelvic cavity are controlled by the voluntary nervous system, which means that they can be controlled consciously. This allows us to control the flow of urine and to use the bathroom when we need to.

In addition to the muscles in the pelvic cavity, the bladder is also controlled by the muscles in the rectum, which are responsible for keeping the bladder closed. These muscles are also controlled by the voluntary nervous system.

The bladder is a very important organ, and it's easy to overlook its role in our lives. But without it, we wouldn't be able to control the flow of urine, and we'd be in a lot of trouble. So let's all do our part to keep our bladders healthy and happy.
**Calendar**

**Music Scene**

Michael Thomas
The Nightingale

Michael Thomas (714) 689-7111

Weekly entertainment guide

**Underground Clubs**

The Nightingale

Charles (714) 689-7111

Local music guide

**Sort of Quartet**

By Stephen Comedini

The Nightingale

April 23, 1983

**Cannibal Bar**

San Diego's Best Rock 'n' Roll

THE HEROS

FRIDAY, APRIL 21

**Local Music**

SFMUSICAL.COM

North County

Local music guide

**Oasis**

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COUNTRY ROCK VENUE

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Barbecue Grill & Saloon

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THREE CIGARETTE TIPS

WANNABE NIGHT

TUESDAY, APRIL 25

SPAGHETTI WESTERN NIGHT

SUNDAY, APRIL 23

RODEO NIGHT

FRIDAY, APRIL 21

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2 for $10

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Club 950 open Friday and Saturday at 7:30 p.m.

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**Cello**

11.99 CD 7.99 CS MCA.
Out Of Sight

I stayed away on a mistaken notion. . .
Had I persisted in that assumption,
I would have messed up a great Indian meal.

T. K. Varadarajan
Beverly Hills Mirror

A dish that I have always wanted to try is butter chicken. It is said to be the favorite dish of the Indian Prime Minister, so it must be good. I decided to try it at a local Indian restaurant, given the recommendation of a friend. The butter chicken was delicious, with a rich and creamy sauce that coated the chicken perfectly. I also tried the tandoori chicken, which was cooked to perfection. The naan bread was fluffy and soft, and the biryani was a delightful mix of spices. Overall, it was a fantastic meal that I would definitely recommend to anyone looking for a good Indian experience.

Rutuja Bhosale
Los Angeles Times

My recent visit to a local Indian restaurant was a delightful experience. The butter chicken was especially good, with a rich and flavorful sauce that coated the chicken. The naan bread was soft and fluffy, and the biryani was a delightful mix of spices. The service was friendly and attentive, and the atmosphere was cozy and inviting. I would definitely go back for more.

Sanjay Patel
Los Angeles Times

I recently tried butter chicken at a local Indian restaurant, and it was a disappointment. The chicken was dry and tough, and the sauce was too sweet. I would not recommend this dish or this restaurant to anyone.

Sunita Desai
Los Angeles Times

My experience with Indian cuisine was not as good as expected. The butter chicken was not as flavorful as I had hoped, and the naan bread was not as soft. I would not recommend this restaurant to anyone.

Amit Shah
Los Angeles Times

The butter chicken at this restaurant was very good, with a rich and flavorful sauce that coated the chicken. The naan bread was soft and fluffy, and the biryani was a delightful mix of spices. Overall, it was a fantastic meal that I would definitely recommend to anyone looking for a good Indian experience.

Noshita Patel
Los Angeles Times

I recently tried butter chicken at a local Indian restaurant, and it was a disappointing experience. The chicken was dry and tough, and the sauce was too sweet. I would not recommend this dish or this restaurant to anyone.

Vivek Singh
Los Angeles Times
THE READER PUZZLE by Don Rubin

#754 Figures of Speech

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*1993 United Feature Syndicate.*
NEW WORLD MUSIC & SOUND

Present The 1st Annual
"GUITAR GONG SHOW" CONTEST

Date: Friday, April 23
Time: 5-7 pm
Place: New World Music & Sound

Preliminary Rules: Guitar Gong Show

1. Contestants may bring any brand of guitar to the New World Music & Sound. Each contestant will be given a number of $1000 to work with the total amount being given away. We will let the G.U.I.T.A.R. Gong sound off and the sponsors will then put in the $1000 to the next person's name. We will let the Gong sound off again and the sponsors will put in the next $1000 to the next person's name, and so on. The person who has the Gong sound off the most will win the prize money of $1000.

2. Contestants must choose to perform a "Guitar" show out of 3 options:
   a. Playing a song with your own guitar
   b. Playing a song with a different guitar
   c. Playing a song with a guitar and a different instrument

3. Contestants will be judged on 3 elements of their performance:
   a. Creativity
   b. Technicality
   c. Originality

4. Prizes will be awarded to the contestants:
   a. First Prize: $2000
   b. Second Prize: $1500
   c. Third Prize: $1000

5. Any disputes or disagreements will be settled by the judges.

6. This contest is open to all guitar enthusiasts and professionals.

7. Contestants must be present onstage during the contest.

8. All contestants must be at least 18 years old.

9. Contestants will be required to sign a participation agreement.

10. Contestants will be required to wear a hat and sunglasses during the contest.

11. Contestants will be required to perform a minimum of 3 songs.

12. Contestants must bring their own guitars and amplifiers.

13. Contestants must bring their own sound equipment.

14. Contestants must bring their own costumes.

15. Contestants must bring their own props.

16. Contestants must bring their own backing band.

17. Contestants must bring their own stage design.

18. Contestants must bring their own lighting design.

19. Contestants must bring their own sound engineer.

20. Contestants must bring their own mix engineer.

21. Contestants must bring their own producer.

22. Contestants must bring their own engineer.

23. Contestants must bring their own manager.

24. Contestants must bring their own roadies.

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GUITAR WARS
Southern California's Largest Guitar Slasher Competition!
This Saturday, April 24
Semi-Finals & Finals
Watch as 15 guitarists battle it out for top 5 in prizes.
Learn new songs, take home a prize.

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HOW TO PLACE YOUR AD: To place a 5- or 14-word ad in the Reader Classifieds, fill out the coupon below and mail or fax (619-765) to [phone number]. (no facsimile. Your ad is picture-proofed at the Reader offices and in print. Your ad must be written in all capital letters and should not exceed 14 words in length. The charge is $5.00 per word. If your ad is rejected, a $5.00 refund will be mailed to you.) We will send you a 5-word ad add for your ad for a 5-word security code for exclusive access to your responses.

You may also place a new ad until 1 p.m. Tuesdays to (619-765). To place an ad, call our office (619-765) at [phone number], or fax [phone number]. The charge is $5.00 per word. Your ad will be accepted over the phone or in person. Ad must be written in all capital letters and should not exceed 14 words in length.

HOW TO USE YOUR VOICE MAILBOX: After you receive your mailbox number and personal security code, you can record your personal introduction. Call 375-9846, 24 hours a day, and follow the easy instructions.

Your introduction is limited to 30 seconds. (no facsimile. Give your name, phone number, and address. Make sure you ask your callers to have their names, phone numbers, and addresses handy to make your introduction. You can use the box at the bottom of this page to make your introduction once per 24-hour period. All introductions are reviewed by the Reader and go online within 24 hours.

You may place a new ad until 1 p.m. Tuesdays to (619-765). To place an ad, call our office (619-765) at [phone number], or fax [phone number]. The charge is $5.00 per word. Your ad will be accepted over the phone or in person. Ad must be written in all capital letters and should not exceed 14 words in length.

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Kick Up Your Heels!
Join us for country-rock sounds at Oasis' "Night Out to Dinner, Horse back ride".

Start at 9 p.m., Thursday, May 4, 1995.
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