Anne's Story

Is There Hope For a Young Woman Whose Life Has Been a Nightmare of Drugs and Alcohol?

By Steve Sorensen

From the outside, the Kiva house looks like a nice little bungalow with a tidy, all-American front yard. It sits on a corner lot in the midst of Lakeside, and has a broad view of the Rockies to the west, a lightly wooded hillside to the north, and a pretty pond across the street. The smell of cooking dished from the kitchen window across the spacious yard, where an old dog naps in the sunshine and an energetic four-year-old boy on a bicycle happily terrorizes the singing wallflowers.

Inside the Kiva house (the name is taken from the Hopi word for a ceremonial dancing), things aren't so...
City Lights

Playing Volleyball With The Manatees

Fishing and volleyball are national pastimes like no other American sport. But it was not until this year that volleyball court was set up in the area to give the local residents a place to play the game. The new court is located in the middle of the park, near the soccer field. On weekends, local children come out to watch or play volleyball. The children gather around the court and cheer for their friends, creating a lively atmosphere.

Welcome To The Club

Richard Strom has two rules for membership in the club. One rule is to do the club and the second rule is to maintain a sense of community. The club is for people who want to do things together and enjoy each other's company. The club has a membership fee and members are encouraged to contribute to the club's activities. The club has a newsletter that is published monthly and members are encouraged to contribute to it. The club also has a website where members can find information about upcoming events and activities.

The Monk of Cymavina

Brother Beanie's Kitchen is a popular restaurant in the area. The kitchen is located in the heart of Cymavina and offers a variety of dishes. The restaurant is known for its friendly service and delicious food. Brother Beanie's Kitchen is open daily from 7 am to 10 pm.

Anchors Away!

One of the last vestiges of San Francisco's Southern Pacific Railroad is the old wharf located at the corner of Taylor and Church streets. The wharf is home to a number of shops and restaurants, including the famous Anchor Bar. The Anchor Bar is a popular spot for tourists and locals alike. The Anchor Bar offers a wide variety of food and drinks, and is known for its colorful decor.

Let's All Go!

It's an embarking for San Francisco, but you've never been on a boat before! The San Francisco Hula Hoop Festival is the perfect opportunity to get out on the water and experience the city from a different perspective. The festival is held annually on the last Saturday of May and features a variety of hula hoop competitions and performances, as well as opportunities to try your hand at hula hooping. Whether you're a seasoned hula hooper or just want to have some fun, the San Francisco Hula Hoop Festival is the perfect destination for a day of adventure on the water.
STRAIGHT FROM THE HIP

Matthew Alice

That's about it. I wrote a few words and I was done. The rest is history. I guess I should have mentioned that I was just writing for fun. I never expected it to turn into something serious. But it did. And it's been a great experience. I've learned a lot and I've met some really cool people. I'm glad I decided to take a chance and write about it.
STORY

Anna was twenty-two years old, living in Korea, and she had never been to the United States. Most of the women at the women's shelter in Korea thought they could never return to the United States, but Anna was different. She had decided to try to make the long journey back home. She was determined to reclaim her life and leave the abuse behind.

Anna's mother had passed away when she was young, leaving her father to raise her alone. She grew up in a family where alcohol was a constant presence. Her father drank heavily, and the atmosphere at home was often filled with anger and violence. Anna learned to cope with the abuse by turning to alcohol herself.

When she was nineteen, Anna met a man named Mike, who promised to love her and protect her. Instead, he became possessive and violent, physically and emotionally. Anna thought she was in love, but she began to realize that Mike was not the man she thought he was. She tried to leave him, but he would not let her go. Finally, she decided to run away.

Anna arrived in the United States with the help of a friend who had lived here before. She found a job and a place to stay, but the memories of her past in Korea followed her. She struggled to adjust to life in a new country, and the isolation made her feel lonely.

One day, Anna decided to return to Korea. She packed her things and boarded a plane. As she flew, she thought about her future. She knew it would not be easy, but she was determined to make it work.

Anna landed in Korea and checked into the women's shelter. She was given a room and a meal, and she began to feel safe. For the first time in a long time, Anna felt like she was on the right path.

Anna's story is one of courage and resilience. She showed that even in the darkest of times, there is always hope for a better future.
"I really thought that would be the solution to my alcohol problem. I could shoot a little speed, clean the house, take care of the kids, and everything would be okay."
The Kiva House is one of four drug and alcohol rehabilitation programs in San Diego County run by the McAlister Institute (MTI), a nonprofit corporation named in honor of the late Judge Thomas McAlister. This program has been in operation for twenty-nine years. Besides Kiva, MTI also operates two other outpatient clinics in Vista, an outpatient clinic in Vista, and a treatment center in Oceanside. Kiva is the only program of the four that accepts patients on a day-to-day basis. This direct method is in opposition to the more customary route of psychiatry — trying to determine underlying causes for addiction — which has not produced favorable results at the Kiva house in the past.

Besides being a non-medical treatment program for drug and alcohol addicts, the Kiva house is modeled after a real home, rather than a hospital. One of the main reasons is that children are allowed to stay with their mothers. Until just a few years ago there were only three rehabilitation clinics in San Diego County, in San Diego, La Jolla, and Oceanside. Additional costs, resource problems, and certification requirements as child care centers were major reasons that rehabilitation programs were not more common. One of the main concerns is that children cannot be left at home while their mothers are in treatment. Parents are also reluctant to abandon their children, either because they are afraid of leaving them in the care of strangers, or because they believe their children would suffer as a result.

Daily life at the Kiva House is a combination of routine household chores, caring for the children, group therapy discussions, individual counseling, participating in job training courses, attending AA and NA (Maraigno Anonymous) meetings, and staying at the house. The nature of treatment at Kiva is not in the hospital, the setting is not a gym and not, and the only thing that serenades to the area is that 100% of the patients are home. As an additional cost, resource problems, and certification requirements as child care centers were major reasons that rehabilitation programs were not more common. One of the main concerns is that children cannot be left at home while their mothers are in treatment. Parents are also reluctant to abandon their children, either because they are afraid of leaving them in the care of strangers, or because they believe their children would suffer as a result.

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**Story**

Tess Brant was the last in line at the bar where I hung out. Perrin's, in El Cajon. The first time I called MITE, they told me the door was too far from the bar, and I should walk every day to see if I could get in. This one day, I was at Perrin's, the phone call, so I just walked over.

"You're not very drunk, but I figure they don't drink people like me. The woman at the desk at MITE told me, "You've got to do it twice before you can do the room," but the bartender there was a friend of mine, and later that night, I went drinking together. She told me, "Ahm, Anne, you do so well and I'm just drinking so I don't drown," I went into the room at 5:00 p.m. the first time, but by the time I was having a big around me, I could have my fix before I went in. I was all hung over and couldn't pack my bags or even take a shower.

Most of the time in cities, I was in a big I don't even remember what I was doing anymore. I was some girls, getting evicted. But looking around, you get out and have a few drinks, and you can put it away and sober up.

After living my life up in the mountains on a bike being drunk, I've come to the conclusion that I've had enough. I can't even live my life, I need to be able to drive. I've had a long time, and I'm ready to do anything anybody suggested. So I went to try it.

I agree with you, over there, all the girls were outside asking for a drink and so on, I saw them and I got one.

After living my life up in the mountains on a bike being drunk, I've come to the conclusion that I've had enough. I can't even live my life, I need to be able to drive. I've had a long time, and I'm ready to do anything anybody suggested. So I went to try it.
Human dynamo Ron Kaufman has a plan for world peace. And quite a few other things.

The spring when Ronnie Kaufman began to instill a stylized full-page photo color image of himself and his companion selling Frisbees at the Great Wall of China, he was a senior editor at Paramount Pictures. He sold hundreds of Chinese and Russian school kids a fantasy that would attract international media attention. By July of that year he was traveling a tour of twenty-five Frisbee players (four women and twenty-one men—hung over left from taxes to seventy-three who paid $150 each) to tour six Chinese cities with him. Results good, word spread, 400 Frisbees supplied by Wham-O were distributed by a group of Chinese flying discs. The Frisbees carried a structured photo peace message reading, "World peace through communications, understanding, laughter, and play." So did the United States when the players were interviewed. Focusing such attention-getting devices as Greechie Marx, Kaufman's antics, Kaufman's encouragement round Frisbees outside a Football cinema that was showing Sylvester Stallone's "Rocky IV: Full Blood, Full Life." The ensuing traffic jam generated news publicity.

The same thing happened in parks in Shanghai and Beijing. Kaufman's troops attracted hundreds of volunteers who were interested in being involved in the project. It became ninety-degree heat, a thousand spectators watched these humans demonstrate Frisbee skills outside Beijing's Forbidden Peace. Prepped in Tian-an-men Square, the world's largest public square (site of the Mao mausoleum), where more than 2000 gathered. Even though China has a smaller version of the Frisbee used for the game, "flying disc," the Chinese冷热 enjoyed the spectacle of American men engaging themselves and their audiences with round pieces of plastic.

Through aggressive publicity, Kaufman made sure the AP and Reuters picked up the story. Kaufman's friendship with a high-ranking official at the Chinese embassy, with whom he met when they both participated in a self-defense seminar, proved invaluable: the national NBC-affiliate radio, led by Kaufman's friend, produced a five-series national "Players for Peace" in which Kaufman was described as the "Frisbee ambassador of peace." (The series has been shown on 200 network stations throughout the United States.)

The net result: "I'm proud of Slapinside and Carlsbad for making peace a closer to peace. I have grown in the exchange Frisbee citizens with statements of peace during the past two years." He has received support from such peace groups as Planetary Citizens, the Center for Democracy and Non-Violence, the Global Peace Foundation, the International Shipping Diplomacy. The Crystal Challenge Cup, an event organized around pounds of quartz crystal for Kaufman to dispense in China and Russia. "Crysal stones and much more," Kaufman explains. "Prior to my trip, I'll be canvasing the country helping them to events where people focus on peace and national security. For me, it's life-affirming." He smiles. In his own words, "I'm happy to say that this is the life-affirming," he smiles. In his own words, "I'm happy to say that this is the life-affirming," he smiles. In his own words, "I'm happy to say that this is the life-affirming," he smiles. 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The Motivational Spending

JONATHAN DAVILA

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DUNCAN SHEPHERD

Chris Marker's avant-gardeแนวโน้มที่จะสู่ไปที่นี่นิวเอเวอร์และในทิศทางของผู้คนที่จะได้สัมผัสกับเครื่องมือทางวัฒนธรรมมากขึ้นเรื่อยๆ ที่ต้องการที่จะเอาชนะความนิสัยของตัวเองและเพื่อให้ได้รับความสุขสุขใจอย่างกล้าๆ ไม่ว่าจะมีอะไรก็ตามที่เราต้องการให้เกิดขึ้น.

Chris Marker's avant-garde trend towards a new evermore and a direction of people who will be able to experience technological tools of culture more and more, which must overcome their own habits and get ready to be happy in a more daring way, no matter what we want to happen.

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SPORTS

Say it ain't so, Mick! How our baseball heroes have all struck out.

BY GLENN WALLACE

Alan Wiggins is not in a Yara with the Padres. Jim souring. This said has been heard to say one word of the local sports heroes, but only briefly and in passing.

The news of the Padres, sitting under the strong sun and sensing about the upcoming season, has conjured up a lesson in history. "If only we had Wiggins back," the fans said. But the stars of yesterday were a distant memory.

Wiggins, who was born in San Diego before the Padres were born, has been playing in the majors for 20 years. During his career, he has been a star for the Padres and has been considered one of the best players in the league.

In 2016, Wiggins was traded to Boston for a young and rising player. Wiggins was disappointed at first, but he understood the need for change.

"Baseball is a business," Wiggins said. "I was glad to leave San Diego for a team with a better chance of winning." Wiggins went on to hit .300 in his first year with Boston, setting a personal best.

Club owners have been long on the subject, the fans have accepted well as. Wiggins gave his departure from San Diego to his critics as a "business decision." Padres management thought the time was right for the team to move on and that Wiggins was the right player to lead the Padres.

"We wanted to give our fans a chance at a World Series win," Padres owner Peter Polich said. "Wiggins was the player to help us achieve that goal." Wiggins won the National League Most Valuable Player Award in 2016, his first season with Boston.

But Wiggins was not satisfied with his success in Boston. He wanted to return to San Diego, but the Padres were not interested.

"I was ready to retire," Wiggins said. "But I couldn't let go of baseball. I needed to keep playing." Wiggins continued to hit .300 in Boston and was named to the All-Star team in 2017.

"I love baseball," Wiggins said. "I love the fans and the city of San Diego. I wish I could have played for the Padres one more year." Wiggins retired in 2017, but he is still a beloved figure in the San Diego sports community.

"We miss him," Padres manager Andy Green said. "But he is a part of Padres history and we will always cherish his time here."
"The plan was to have a grand opening on Saturday, but we decided to do it on Sunday instead." Bob Davis, owner of Bob Davis Camera Shop Inc., said. "We had a lot of people come in on Saturday, but we wanted to make sure we had enough stock to meet everyone's needs." 

Davis's store, located at 7720 Spy Ave., La Jolla 92037, 619-499-7355, was bustling on Sunday afternoon. The store, which sells cameras and related equipment, was packed with customers eager to see the new Nikon OneTouch camera, which Davis said was one of the store's best sellers.

"The Nikon OneTouch is a great camera for anyone who wants to take pictures without having to mess around with menus," Davis said. "It's simple to use and it takes beautiful pictures." 

Davis's store also offers a variety of other cameras, including Sony, Canon, and Nikon. "We have something for everyone," Davis said. "Whether you're a beginner or an experienced photographer, we have a camera that will suit your needs." 

In addition to cameras, Davis's store also offers a variety of other photography-related items, including film, batteries, and tripods. "We have everything you need to get started," Davis said. "We even offer photo processing services, so you can get your pictures developed right here in the store." 

Davis said he was excited about the upcoming holiday season, when he said sales of photography equipment would likely increase. "People always want to give the gift of photography," Davis said. "And with the holidays just around the corner, we're sure we'll have a busy few months ahead." 

Bob Davis Camera Shop Inc. is open from 10 a.m. to 6 p.m. Monday through Saturday, and from 11 a.m. to 5 p.m. on Sunday. For more information, visit www.bobdaviscamerashop.com or call 619-499-7355.
Muy Goodness

The Restaurant

The Location: 229 Imperial Avenue, Los Angeles (213-629)

Type of Food: Mexican food

Price Range: One dollar in pesos

Hours: Open daily, 7:00 a.m. to 2:00 a.m.

"Wouldn't it be great," I said to my friend as we pulled up to a restaurant in the Logan Heights barrio, "if instead of this machine-age, high-rise building, there was a place that looked like a little Mexican village in the neighborhood and with people and made some genuine discoveries where to eat?"

My friend didn’t answer. But with his mouth full, he was clearly thinking along the same lines.

"I think we’re in the right place," I said, and we stepped out of the car outside the restaurant, El Gordo, whose lights shone everywhere within its radius, for it was a hot summer night.

The restaurant looked as if it had been transported from Mexico. A large open-kitchen, filled with the colors of its clay building, was the chef’s, as it was quite white and tile. The table-kitchen was being served white plates, and the service was excellent. The waiter, dressed in traditional Mexican attire, was very kind. He spoke excellent English and was eager to please. He brought us the other dishes and we ate.

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The Naxomides Series

In the Naxomides Series, a collection of philosophical and theological reflections, a renowned scholar presents a series of public lectures and discussions, drawing on the wisdom of ancient philosophers and sages. The series continues the work of the late Naxomides, a great thinker whose ideas have influenced generations. Each lecture is accompanied by a lecture series on Naxomides' collected works, providing a deeper understanding of his thought and teachings.

Section 2

Events, Theater, Music, Film

Flights Of Frisbee

'Flights Of Frisbee' is a comedy film that plays with the suspense and thrill of sports. The story follows a group of friends as they compete in a Frisbee competition, with each member bringing their unique skills to the table. The film explores themes of friendship, competition, and the joy of the game. Expect laughs and heartwarming moments as these friends navigate the challenges of the competition.

In Search Of Spheroids

The public is invited to several free performances in San Diego this weekend. No tickets are required, but seats are limited. The performances feature a variety of talent, from local bands to established groups. The schedule includes a free concert on Saturday night at the Central Park Amphitheater, and a festival Sunday morning at the Seaport Village. All events start at 7:00 PM. Join in the celebration of music and art.

Surgeon General's Warning: Smoking Causes Lung Cancer, Heart Disease, Emphysema, And May Complicate Pregnancy.

(continued on page 5, col. 1)
"I never share blame, I never share credit, and I never share desserts. It's just not my style."

— Beverly Lills, New York City Opera general director, in an interview on National Public Radio "Morning Edition"
An invitation
to those pioneering 
and dedicated spirits
who give themselves
to the creation of the
age to come.

For Kids

The San Diego Comic-Con celebrates its 70th anniversary with a special Kids Day on Saturday, July 20, from 10 a.m. to 7 p.m. The event is free and open to the public.

For Adults

San Diego Comic-Con returns to the San Diego Convention Center with a week of programming, panels, and events spanning July 20-23, 2023.

COMIC CON SAN DIEGO 2023

Thursday, July 20

Panel: The Future of Gaming

Panelists discuss the latest trends and developments in the gaming industry, including new releases, technologies, and social impact.

Friday, July 21

Panel: The Future of Books

Authors and industry experts explore the future of book publishing, including digital trends, social media influence, and new technologies.

Saturday, July 22

Panel: The Future of Food

Chefs and trend-seEKers discuss the latest in food trends, including plant-based diets, clean eating, and sustainable farming.

Sunday, July 23

Panel: The Future of Fashion

Designers and industry leaders discuss the future of fashion, including sustainable practices, ethical sourcing, and new technologies.

The Future of Everything

San Diego Comic-Con 2023 will feature panels and discussions on a variety of topics, including technology, science, entertainment, and culture.

For more information, visit SDCC.com.
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WED, THURS, FRI, SAT, 9:00 PM COVER 

FRI. & SAT. 8:30-10:30 PM COVER 

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20% OFF 

Cookie Flights Helicopter Tours 

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- 15 minutes 
- Max passengers: 2 

PLACE: Carlsbad Airport 

TIME: 10:00 A.M. 

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Saturday, April 26 - From 11 am to 9 pm 
Sunday, April 27 - From 11 am to 7 pm 

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READER'S GUIDE 

TO LOCAL EVENTS 

EASTER SUNDAY SPECIAL 

San Diego Reader Helicopter Tour Company (619) 226-2619
READER'S GUIDE TO THE THEATER

Theater Directory


with the promise of both tones and the energy the band was to display. 

The band was a perfect blend of classic and modern, with each member contributing to the overall sound. The lead singer, with his smooth and soulful voice, captivated the audience with his performance. The rhythm section, consisting of two drummers and a bassist, provided a solid foundation for the rest of the band. The lead guitarist, playing a classic electric guitar, added a touch of classic rock to the mix. The second guitarist, with his modern electric guitar, brought a contemporary feel to the performance.

The audience was thoroughly entertained by the band's performance, which was a perfect blend of classic and modern. The band's energy and enthusiasm were contagious, and the crowd was dancing and cheering throughout the show. The band's ability to adapt to the audience's energy and movement was impressive, and they were able to keep the crowd engaged throughout the performance.

In conclusion, the band's performance was a perfect blend of classic and modern rock, with each member contributing to the overall sound. The audience was thoroughly entertained, and the band's ability to adapt to the audience's energy and movement was impressive. The band's performance was a perfect way to start the evening and set the tone for the rest of the show.
**CHAIN REACTION**
Tuesday-Saturday, 8:30 pm

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Elo & Mr. Blue Sky—April 27
Death of a Salesman—April 28
Billy Joel—April 29
Lynyrd Skynyrd—April 30
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Serving Hours: 12 pm to 2 pm

$14.95 Adults

$7.95 Seniors

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