A FINE WHITE DEADLY DUST

Every day the family was breathing more asbestos, and every day the solution seemed more hopeless.

I must have walked by it a hundred times before I realized what it was, and a hundred times again I wished I'd never found it. And I've since learned a lot more about asbestos than I ever cared to.

My husband and I had been house hunting in San Diego for three weeks when we heard our idea of a classic California bungalow in a quiet corner of Hillcrest. The house was on a steep lot, built in the '20s. A century ago, a man named J.J. Hunsaker paid $1,200 for the property and began construction. His son, Fred, was a dentist and later a San Diego mayor. The house was completed in 1926.

The bungalow is a two-story, brick house with a red tile roof and white trim. It sits on a hill and looks out over the city. The front yard is filled with roses and other flowers. The house has three bedrooms, two bathrooms, and a large living room with a fireplace. It's a beautiful house, but asbestos is everywhere.

The first time my husband and I saw the house, we were struck by its charm. But when we came back to look again, we noticed that the floor was covered in dust. My husband took a sample to the laboratory, and it was confirmed that there was asbestos in the dust.

We tried to clean the dust, but it kept coming back. We called a professional asbestos removal company, but they said it was too dangerous to work in the house. We tried to sell the house, but nobody was interested. We tried to give it away, but nobody wanted it.

We finally decided to leave the house and move to a new place. It was a difficult decision, but we knew it was the right one. We moved to a new house in a more rural area, and we're much happier now.

By Maggie Locke
City Lights

A Long Thing With Wheels

The 1987 city council race in San Diego was not a winner. Pat Calabuig thought it was a waste of her time to run for office. She never thought a car would be on the ballot before.

Calabuig knew she had to run. She was working on a program to fight for the city's future, and she was determined to make her voice heard. So she ran.

But she lost. She lost by a wide margin.

Calabuig was not discouraged. She knew she had to keep fighting. She knew she had to keep working.

And she did.

Now, Calabuig is running for mayor of San Diego. She is running to make the city a better place to live.

And she is winning.

And she is running for mayor of San Diego. She is running to make the city a better place to live.

And she is winning.

City Lights

Points Of View

New Centurions Meet The Charismatic Space

Members of the San Diego Police Department, who have been well-schooled in the art of press releases, have been out and about, looking for ways to improve the city's image. The department has been active in helping out with community events and has even been known to help with traffic control during the city's biggest events.

And they're not the only ones.

The city council has been busy as well. They have been working hard to keep the city running smoothly.

And they're not the only ones.

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Dear Matthew Alice,

What ever happened to the former Marine soldier to Vietnam - the one who used to tell you the story about his own experiences and how they affected his life? I recently ran into him at a local coffee shop and asked him about his experiences. He told me that he was in the Marine Corps from 1965-1968 and was stationed in Vietnam. He said that he saw many things that affected him deeply, including the effects of war on people and families. He mentioned that he was a skilled marksman and was a part of a gun team, but he was actually drafted into the service at the last minute. He also mentioned that he was affected by the anti-war movement that was happening at the time, but he couldn't talk about it too much because of the stigma attached to it.

Matthew Alice

INDEPENDENCE DAY BLAST

We spread some spangled bars for your 4th of July

SUN POWERED HAT RADIO

NEW FROM TRANS AM

TRADE IN SPECIAL

Save 30%

19136 Special

$117.95

1175

*Sale prices may vary

1/2 PRICE SPECIAL

Price for one model only $30

Aerylle Models: Special $40.00 only $20

ças de la France

Packing Factory

1435 E. Ocean Blvd., Long Beach, (213) 494-7855

THE PROFESSIONALS

406-CLAIREMONT DRIVE

406-381-9991

THE PROFESSIONALS

Fireworks Sale

4th of July Ocean Beach Fireworks Festival!!

Sidewalk Sale

along Newport Avenue

July 2nd & 3rd

Fireworks off the Ocean Beach Pier

July 4th 8:00 pm

OCEAN BEACH TOWN COUNCIL'S Sand Castle Competition at the Foot of the Pier July 3rd 8:00 am

SCHEDULE OF EVENTS

Friday, July 2nd 11:00 am - 6:00 pm

SUNSHINE SALE

along Newport Avenue

Saturday, July 3rd 10:00 am - 6:00 pm

SUNSHINE SALE

along Newport Avenue

Sunday, July 4th 10:00 am - 6:00 pm

THE CAFE

along Newport Avenue

Purchase your official O.B. Fireworks T-Shirt at any of the following stores and help support this community event

On Newport Avenue:
- James Gang
- Beach Running & Sports
- Paros Shop
- Ocean Beach Camera
- Burdine's Stationery
- Cabrillo Art Center
- Liquor Shoppe
- Home Variety
- Lovers' Dept. Store
- Fashion Isle
- Le Chalet
- Jack Shop

On Ocean Beach Avenue:
- Sav's All Drugs
- The Black
- Sunshine Co. Salon
- T-Shirt Boutique
- Christian Book & Bible
- People's Apparel
- Medley's Pharmacy
- Casual Gift Shop
- Yesterday's Clothes
- South Coast Surf
- Arcade Beauty Shop

On Cable Street:
- Sunshine Surf Shop
- Nostalgia
- On Bacon Street:
- Livingston's Chicken Kitchen
- O.B. Bike Shop
- On Sweet Sands Blvd:
- Victory Liquor
- On Ocean Beach Blvd Service
- On Alhambra Street:
- Point Loma Bakery

On Valboa Street:
- Licker's Liquor
- On In-the-Box
- Clubs
- Volare Auto Parts
- Ocean Stop Market
- ARC Liquor
- On Pt. Loma Avenue:
- Sea Trader Liquor

... and many thanks for donations from the following:
- Ocean Beach Upholstering
- Ocean Plumbing & Heating
- Rowland Realty
- Gary Gilmore Goldsmith
- Bamboo Tree Forest
- "Serge" Branan
- Surfside Travel
- Myers & Stuart Mobility
- Dawn Media
- "Ray Aguirre Photography"
- "Wills Jewelry & Gifts"
- "Ko's Ice Cream"
- "Ocean Beach Motel"
- "Peninsula Bank"
- "La Maison de Pescado"
- "Bank of America/Emerson"
- "Ocean Beach Town Council"
- "Peninsula Chamber of Commerce"
DEADLY DUST

The ever-present threat of dust to our health is a reminder of the importance of maintaining clean and healthy living environments.

One study found that exposure to dust can lead to a variety of health problems, including respiratory issues and allergies. Dust contains a variety of allergens, mold spores, and bacteria that can cause these health problems.

To combat the effects of dust, it is important to maintain clean and healthy living environments. This can be achieved through regular cleaning and the use of air purifiers and other cleaning products that can help to reduce the levels of dust in the air.

In conclusion, dust is a serious health concern that should not be ignored. By taking steps to maintain clean and healthy living environments, we can reduce the risk of health problems caused by dust exposure.

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Import Car Service Specials

SCHEDULE OF EVENTS

Saturday, July 3

10:30 a.m. - Beach Running 5K & 10K

Beach Running 5K & 10K

SANDY SHORES TO BEACH

In-Person

2 DAYS ONLY! JULY 2 & 3

FRI. & SAT. 10-1 Open Entry Hours July 2 & 3

Beach Running 5K & 10K

Frisco, Texas Beach

Don't let your personal best be an exception to success. Always remember to stay consistent and push yourself to improve.
Up Horoscope

A peek at the signs of our times

"What are you doing?" the astrologer asked.
"I am looking at the stars, " I replied.
"And what do you see?"
"I see a trend," I said.
"A trend?"
"Yes, a trend. The stars are moving in a certain pattern."
"A pattern?"
"Yes, a pattern. The pattern is clear."
"And what does this pattern mean?"
"I don't know," I said. "I am just seeing what is happening."
"What is happening?"
"The stars are moving in a certain pattern."
"A pattern?"
"Yes, a pattern. The pattern is clear."
"And what does this pattern mean?"
"I don't know," I said. "I am just seeing what is happening."

By Gordon Smith

WANTED SINGLE MEN & WOMEN IN SAN DIEGO TO BE LISTED IN THE LITTLE BLACK BOOK

A GUIDE TO SOUTHERN CALIFORNIA'S MOST ELIGIBLE MEN & WOMEN
Up Horoscope

(continued from page 15)

Why is such a little thing as a horoscope or a horoscope service the subject of such intense discussion? Perhaps it is because many people are looking for something that is not present in their lives. Perhaps it is because they are searching for something that will bring them happiness and fulfillment. Perhaps it is because they are searching for something that will bring them a sense of purpose and direction.

The point is, horoscopes can be a source of comfort and support for some people. They can be a way to connect with others who are going through similar experiences. They can be a way to find meaning and purpose in life.

But horoscopes should not be taken too seriously. They are just one tool in a vast array of tools that people can use to understand themselves and their lives. And like any tool, they can be used for good or for evil. So use them wisely, and remember that they are just one piece of the puzzle.
Theater of War

On the Hill of the Dead, in the dust and heat of battle, a young soldier falls. His last words are unheard, but they are known only to the earth. The story of his life, his dreams, and his hopes are all that remain. His family finds solace in the memories of the past, as they try to forget the pain of the present. His wife, his children, and his friends remember him and keep his spirit alive. The Theater of War is a story of love, loss, and hope in the midst of chaos and destruction. It is a story that will touch your heart and make you think about the true meaning of life.

INTRODUCING FUTON BEDDING

The beautiful Japanese style of sleeping—
on the floor!

Featuring:
- A bed
- An ottoman
- A chair

Comfort for space! The world's finest bedding, built on a compact chair and ottoman, is perfect for any room. One bed frame and two ottomans can accommodate a four-person family! Enjoy the comfort of futon bedding for any space-saving quarters. Order for overnight guests or express your style with this stylish and practical furniture. 

FUTON BEDDING CO., INC.

Hours: Mon-Fri 10:00-5:00, Sat 10:00-4:00, Sun 11:00-4:00

Available in multiple sizes and colors.

CONSIDER THESE FACTS ABOUT YOUR HEALTH:

- Your body is not as healthy as you think.
- Your diet probably doesn't contain adequate amounts of all the nutrients you need.
- Your body is not as healthy as you think.
- Your diet probably doesn't contain adequate amounts of all the nutrients you need.
- You may be surprised to learn that your body is not as healthy as you think.
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Be a Part
Save the California Shore Line
Continued mire of our local oceans has resulted in the depletion of marine wildlife.

Help us...
* replace exhausted kelp forests
* introduce legislation
* save native marine species
* research and educate

Voice your concern
Your 50¢ now can make a difference for life. We also need you. A Marine Wildlife Federation 8 and your support.

Yes, I want to help...
Name:
Address:
City:
State:
Zip:

Postage paid: The Marine Wildlife Federation, a California non-profit corporation, Box 170, Half Moon Bay 94045, CA 94045

CLOTHES CRAZY
GIANT PARKING LOT SALE
July 1st through July 5th
WOMEN'S
KNOT TOPS $1.49 EREDE Thing $1.29
BIKINIS While they last
MINI DRESSES $1.11
SHOES Reg. to $3.50 "6.99"
MEN'S
CORD SHORTS $6 "5.99"
SHIRTS Reg. to $2.69 $1.99

PACIFIC BEACH STORE ONLY
1717 Grand Ave. 643-6646

GRAND OPENING SPECIALS
NEW LOCATION:
South Location:
Corner of 3rd & A
223-2130
San Diego's largest
500-A-Boolean Drive
B Gas Station Center
466-6303

Soft Lenses
2 for $2.99
(1 pair, 3 for +.50)

VICTORIA'S SECRET
GRAND OPENING SPECIALS

New Location:
South Location:
Corner of 3rd & A
223-2130
San Diego's largest
500-A-Boolean Drive
B Gas Station Center
466-6303

NEW LOCATIONS:
South Location: 500-B 3rd & A
San Diego, CA 92101
North Location: 6611 Kearny Mesa Rd.
San Diego, CA 92111

BE OUR GUEST
PARK WEST DENTAL OFFICE
La Jolla Village Ave. at San Diego, 218 S-3rd
Terrace Rd.
TOLL FREEDOM CLEAR DENTAL
For all your
BLEACHING NEEDS
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La Jolla Village Ave. at San Diego, 218 S-3rd
Terrace Rd.
TOLL FREEDOM CLEAR DENTAL
For all your
BLEACHING NEEDS
READER'S GUIDE

Dance

Ocean Film Festival continues with presentations of Black Beauty, July 11-13, at the Inter-Continental Hotel, through July 13. Tickets: $10 per film or $24 for all three, call 455-3144. Also through July 13, at the Museum of Contemporary Art, Mystery of the Maggi, a documentary on the work of artist Maggi Hambling, at 7 p.m. nightly. Tickets: $5.

Film

Music

To Local Events

Today

Radio-TV

Sports

Hampton Productions presents A Classy Affair with The Whispers and Special Guest Richard 'Dimples' Fields

San Diego Civic Theatre 220 C Street, Downtown San Diego
July 13, 1982 8:30 p.m.

Tickets available at Center Box Office, 550 5th Ave., if you're a Whispers fan, if you like '70s music, or if you don't know what these guys are. Call 292-8141 for more information.
under the stars or under the sun
in San Diego's finest outdoor theater

JUDY COLLINS
FRI-JULY 16 8:30PM
LEO KOTTKE

ELVIS COSTELLO
THE ATTRACTIONS
SAT-JULY 24 8:30PM

THE CHARLIE DANIELS BAND
SAT-AUG 7 8:30PM

ROB WILLIAMS
JOHN SEBASTIAN
FRI-AUG 13 8:30PM

CHICK MANGIONE
TUE-AUG 24 8:30PM

JAMES TAYLOR
FRI-AUG 27 8:30PM

SHA NA NA
SAT-AUG 28 8:30PM

the MANHATTAN TRANSFER
FRI-SEPT 10 8:30PM

EMMYLOU HARRIS
SAT-SEPT 18 8:30PM

OPEN AIR AMPHITHEATRE
SAN DIEGO STATE UNIVERSITY

KIFM98
CONCERTS

PRODUCED BY MARC BERMAN AND AVALON ATTRACTIONS
Wind rose
You ask, you laugh, you drink, you love, you dream... You watch the sun set over the Pacific Ocean for another fish. You order dinner, knowing it will be fresh from the ocean. At Windrose it is our specialty, and back on the West Coast. Fantastically whenever you want.
Welcome... a great place for food, wine, and good times.

SALAD BAR
We Fix a Fresh Daily
Out Of Greens, Vegetables & Things
$3.95
Only 25¢ with Saladbar, C.C. M.O.L.O. or Fresh Fish

Tortilla
Your Choice of All White Chicken or Beef on a Corn Chip Tostada, Covered with Monterey Jack and Cheddar Cheese. Covered with Fresh Pico de Gallo, Topped with Tomatoes, Lettuce, Served with Our Special Salsa on a Variety of Dipping Sauces.

Soup
New England Clam Chowder
$3.95

Soup & Salad Combo
A Bowl of Her Soup, One Salad Bar and Her Choice Bread
$4.95

Seafood Combo
A Grilled Seafood (Shrimp, Crab and Scallop) on a Bed of Rice, Served with Salad Bar and Choice Bread
$4.95

SANDWICHES
All include Choice of French Fries or Cole Slaw

Guacamole Burget
E’l Lindo Enraged, Served on Grilled Rye or Whole Wheat Bread
$3.95

Wisconsin Delight
Grilled Beef, Cheddar, Grilled Onion, Topped with Lettuce, Served on Grilled Rye or Whole Wheat Bread
$3.95

Tasty Turkey Burger
Grilled Turkey, Grilled Onions, Covered with Lettuce and Tomato, Served on a Bun
$3.95

Grilled Ham & Cheese
Grilled Ham, Served on Grilled Rye or Whole Wheat Bread
$3.95

Bacon Cheeseburger
Grilled Beef Patty, Grilled Bacon, Served on Grilled Rye or Whole Wheat Bread
$3.95

Beef Dip Sandwich
Tenderloin, Served on French Roll, Covered with Grilled Onion and Mushrooms
$3.95

Windrose Sandwich
Tomato, Onion and Chipotle of Bacon, Grilled Chicken Breast, Served on Grilled Rye or Whole Wheat Bread
$3.95

CLUCK CLUCK MOO MOO OINK OINK

Bar-B-Que Chicken
A Whole Large Seasoned Breast, Coated with Our Special Sauce
$6.95

Teriyaki Chicken
A Whole Large Seasoned Breast, Seasoned in our Homemade Teriyaki Sauce
$6.95

Top Sirloin
Beef and Dubliner, Grilled on a Bed of Rice, Served on Her Choice Bread
$7.95

Potato Skins
Baked Skins, Topped with Cheddar Cheese, Served on a Bed of Rice
$2.50

Artschake
Fresh Artichoke, Served with Melted Butter and Mayonnaise
$2.25

Crab Skins
Crab Claw, Served on a Bed of Rice, Topped with Melted Butter
$2.25

Seafood Mushrooms
Grilled Mushrooms, Served on a Bed of Rice
$2.25

Combination Skins
Combination of All Skins
$4.45

Cheese Skins
Cheese Skins, Topped with Baked Skins
$3.45

THE DIFFERENCE

Quiche
Lemon, Topped with Her Choice of Seasoned Butter or Cheese, Served with Fresh Fruit
$8.75

FRESH FISH

FISH & CHIPS

Fish & Chips
Battered Fillet of Cod, Deep Fried, Served with French Fries and Tartar Sauce
$6.95

Scallopini
Scallopini, Served with Mushrooms and Cheddar Cheese
$7.95

Shrimp
Fresh Deep Fried Shrimp
$7.75

Seafood Combo
Fried Shrimp, Scallops, Oysters and White Fish
$7.75

DESSERTS

Pudding
Assorted Pudding (Jell-O, Flan and Cheesecake)
$5.95

Seafood
Assorted Seafood (Clams, Shrimp and Scallopini)
$5.95

New York Style
Cheesecake
$5.95

Schooner Sundae
Two large Scoops of Vanilla Ice Cream, Hot Fudge, Whipped Cream and Cherry Topping
$2.95

Old Fashoned Vanilla Ice Cream
$.50

Fish & Chips

Fish & Chips
Battered Fillet of Cod, Deep Fried, Served with French Fries and Tartar Sauce
$6.95

Scallopini
Scallopini, Served with Mushrooms and Cheddar Cheese
$7.95

Shrimp
Fresh Deep Fried Shrimp
$7.75

Seafood Combo
Fried Shrimp, Scallops, Oysters and White Fish
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DESSERTS

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Assorted Pudding (Jell-O, Flan and Cheesecake)
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Seafood
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$5.95

New York Style
Cheesecake
$5.95

Schooner Sundae
Two large Scoops of Vanilla Ice Cream, Hot Fudge, Whipped Cream and Cherry Topping
$2.95

Old Fashoned Vanilla Ice Cream
$.50

Chocolate
Blackout Cake
$8.95

Schooner Sundae
Two large Scoops of Vanilla Ice Cream, Hot Fudge, Whipped Cream and Cherry Topping
$2.95

Old Fashoned Vanilla Ice Cream
$.50
3rd Annual
Southern California Reggae Sunsplash 1982

Le Chalet
5046 Newport Avenue, Ocean Beach
Entertainment 24 Hours, Every Day
Party JULY 4 WEEKEND IN OCEAN BEACH

NEW BAND!!
NIGHTRUNNER
Great Country Music
9 p.m. to 1 a.m.

All This Jazz!
9 p.m. to 1 a.m.

Jesse Davis
La Maestra's great surprise! Monday, July 17
10 p.m. to 1 a.m.

Barbara Paige and the International Reggae Allstars
July 2
California Theater
5:30 p.m.

Third World
with Sugar Minott and surprise guests
Saturday, July 4
8:30 p.m.
California Theater

Gregory Isaacs
Special Guest
Saturday, August 6
California Theater
3:30 p.m. and 8:30 p.m.

Le Chalet, 5046 Newport Avenue, Ocean Beach, invites you to celebrate July 4th weekend with a variety of music and events.

NEW BAND!!
NIGHTRUNNER
Great Country Music
9 p.m. to 1 a.m.

All This Jazz!
9 p.m. to 1 a.m.

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8:30 p.m.
California Theater

Gregory Isaacs
Special Guest
Saturday, August 6
California Theater
3:30 p.m. and 8:30 p.m.
The Columbia Lounge, 475
Uncommon Sense, 10:00
Frigs, 10:00
Tet, through Sunday

The Diamond Lounge
Barbers', 1322 E. 6th Street, 27
Casa, 442 1128 California

Los Angeles Hotel, 1126
Casa, 340-6772
The Dixie Brothers, rock and roll
for the through Saturday

Park Place, 2369 Palace Parkway
Casa, 442-8026
Singers, rock and roll, Monday through Thursday

South Bay

Black Lagoon, 2924 April
Chita, 442-6266
Rock Feelin', 2924 April
Hans, through Thursday

Performers

111 North, 442-6397
Oak Tree Cafe, 442-6266
Singers, Tuesday through Thursday

Rock & Roll

Evelyn's, 442-6266
Lauri, 442-6266
Shela, 442-6266
Singers, Tuesday through Thursday

Bands 7 Nights a Week
PANCHO'S
Award-winning Mexican Food

Sunday
Flamenco Dancers after 7:00

Monday
Classical Guitar
Barrie Cunningham

Flamenco Dancers after 7:00

Classical Guitar
Barrie Cunningham

Diamonds

Harborside

THE S O U R C E

GARY PUCKETT SHOW

New Flavors

HALCYON

Our remodeling is complete—at last! Drop by and take a look at the new club—bigger dance floor, more room for everyone.

Thursday, July 1
8:00 Weekend Warm-ups

THE S N A I L S

HAPPY HOUR MON-FRI 5-7

Well drinks $2! Here d'occaes

Beachfront Dining - Patio Dining

Beachfront patio open for breakfast, lunch & dinner

THE CAFE

La Playa

Pan Hammond

SAN DIEGO

PARTY ON THE BEACH
LIVE ENTERTAINMENT...NOW WEDNESDAY THROUGH SATURDAY

Thursday, July 5

Planet San Miguel

San Miguel

THE CABARET

Las Palmas

The Showroom at the Pier

Reservations 296-9954

EXCLUSIVELY FOR LADIES

51 Cocktails

All new menu! Open daily till 2:00 a.m.

The nearest mean to heaven. San Miguel

7531 E. Mission Ave., San Diego 92122

3 weeks beginning July 6

6 JULY 1979
CURRENT MOVIES

MOVIE DIRECTORY

PACIFIC THEATRE

ROCKY III

CANNONBALL RUN II

THE SECRET OF NIMH

BLADE RUNNER

BREAKER MORANT

PACIFIC THEATRE

CHARIOTS OF FIRE

GALLIPOLI

THE ROAD WARRIOR

Das Boot

PALOMA THEATER

THE MIST

THE FACTORY

THE MIFFLIN COUNTY STANDOFF

THE PROMISED LAND

THE ROAD WARRIOR

THE SCANDAL

THE SORCERER'S APPRENTICE

THE ULTIMATE COMBAT

THE WARRIORS

THREE WISHES

TICKLE ME

TOMORROW NEVER DIES

TOMORROW'S NEWS

TONY'S TWO TOWNS

TOP JAMBOREE

TRENCH

UNDERWATER DANGER

UNITED STATES OF AMERICA

CURRENT MOVIES

MOVIE
and a
MEAL
$4.50

GUITAR TRADER'S
Best Band Poll
Four Eyes Wins!!

SECOND PLACE: THE BOOGERS
THIRD PLACE: MONOTON

AND THE ANNOYING QUESTIONS ARE THAT MANY PEOPLE
THINK THE EXPOSURE WRITERS DONT KNOW MUSIC OR
NOTHING ABOUT THE BANDS, OR THAT THE BANDS
DO NOT WANT TO BE IN THE POLL.

But what is most interesting is that the poll was
designed to highlight the best band in the area,
but it ended up being a popularity contest.

The results showed that Four Eyes was the
most popular band, with The Boogers coming
in second and Monoton taking third place.

The poll was open to the public, and anyone
could vote for their favorite band. The results
were announced on the website of the magazine
that ran the poll.

Despite the controversy, the poll was a
success and it helped to bring attention to
Four Eyes, The Boogers, and Monoton.

The poll was created by a local music
magazine to showcase the best bands in the area.
It was open to the public and anyone could
vote for their favorite band.

The results showed that Four Eyes was the
most popular band, with The Boogers coming
in second and Monoton taking third place.

The poll was successful in bringing attention
to the best bands in the area.
1/2 OFF

Don't pass up the chance to shape up for the summer of your life.
Pacific Fitness Center is San Diego's most complete gymnasium, and now, for a limited time only, you can take advantage of all this for 1/2 our normal price.

- Personalized Instruction
- Nautilus Equipment
- Free Weights
- Aerobics Classes
- Stomach Conditioning Classes
- 25 meter Pool
- Jacuzzi

A savings like this won't last! Join the spirit and the fun at Pacific Fitness Center and get in the best shape of your life.

A Men's Gymnasium
Pacific Fitness Center
Open 7 days a week — call 297-4967

Anniversary Sale

Huge Savings
Including the following:

- Models: Fender, Les Paul
- Strings: Electric, Acoustic
- Accessories: Pedals, Amps
- Custom Shop: Guitars, Basses

Win a Free Les Paul Copy Guitar

Other special items may also be specially discounted.

International Guitar Shoppe

Rides
## Pacific Beach CHARLIE'S
### Grand Opening

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<th>Item</th>
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