A TROUBLED LIFE

One cloudy morning in July of 1974, I drove Mrs. Beatrice Walter home and she asked me to call her husband. He was named Stanley. He was a slender man of 60 with grey hair and a mustache. Mrs. Walter and I had been friends for many years. She told me that her husband was sick and that he needed someone to help. I agreed and went to see him.

I found Stanley lying on his bed, weak but alert. He was wearing a simple white t-shirt and shorts. His eyes were open, staring up at the ceiling. I sat down next to him and began talking. He listened quietly to what I said, occasionally nodding his head. Finally, he spoke.

"I'm a troubled man," he said. "I've been in and out of trouble all my life. I've been in jail, I've been to prison, I've been to the hospital. I've done everything but die."

I tried to comfort him, telling him that things could get better. He shook his head slowly and said, "I don't know if they can. I've been doing this for so long, it's become a part of me."

I asked him what he meant by "troubled." He looked at me with a sad expression and said, "I don't know. It's just a feeling. It's like I'm constantly on edge, waiting for something to happen."

I tried to understand, but I couldn't. I left Stanley and went back to my car. As I drove away, I thought about what he had said. I wondered how I could help him. I decided to try to talk to him again, to find out what he meant by "troubled."
Take Two
Paj Rhoew And Call Me In
The Morning

The weather was particularly nice today, as the sun shone bright and warm. The trees along the street were in full bloom, and the birds were singing. It was a perfect day to take a walk or have a picnic. However, I noticed that the local park was quite crowded, with people of all ages enjoying the beautiful day. It was a nice reminder of how much we appreciate the simpler things in life.

Merchants To Opt For Shop Ups

One of the local merchants in the downtown area has decided to implement a new strategy for their business. They have opened a "shop up" service, where customers can bring their own food and drinks to enjoy while they shop. This has been popular with customers, and they have seen a increase in sales as a result. The shop owner explained that they wanted to create a more relaxed and enjoyable shopping experience for their customers. The shop up service will be available during the weekend, and they hope to expand it to other days as well.

Beggars Unmasked?

Why is the name in the center of the city so important? It's because the name is the center of our society. The name is the center of our culture, and the name is the center of our economy. The name is everything. The name is our identity.

Dedication

In dedication to the city lights, this article will be published every week, highlighting the people and places that make the city shine. The city lights are the heart of our community, and we are proud to celebrate them.

Alfred applied to the company for the new job, and she was given the opportunity to start in the next month. She is very excited about the opportunity to work with her new team and learn new skills. Alfred is looking forward to the new challenges and opportunities that come with the new job.

Beggar's Unmasked!

Why is the name in the center of the city so important? It's because the name is the center of our society. The name is the center of our culture, and the name is the center of our economy. The name is everything. The name is our identity.
A decision is about to be made in Washington, D.C., that could devastate the heart of Balboa Park.

You can affect that decision.

Save Balboa Park—Now!
Focus
On Detail

The eyes have it!
The 2 pair
contact lens special!!

Conventional $88
Soft Lenses $118
Flexible $108

Eye glasses complete:
Single vision $13
Bifocal $48

Bifocal lenses are made of plastic lenses
Single vision only, prescription lenses, special powers.

Metal and plastic glasses displacement.

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Young Man

The young man, who was not the
least bit surprised, was sitting on the
couch in his living room. He had just
returned from his first day of work.

"I don't know what to do," he said
looking at his father. "I don't know
what to say to the other kids."

"What's the matter?" asked the
father.

"I don't know," the son replied.

"This is your first day of work,"
said the father. "You don't have to
worry. You'll get used to it in a few
days."

The young man looked at his
father again. "I don't know what to
say to the other kids," he said.

"Well, you'll figure it out," said
the father.

"But I don't know what to say,"
the son replied.

"You'll figure it out," said the
father.

"But I don't know what to do,"
the son replied.

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Where health & beauty begin
Does your hair fall in place and look natural?
Highly skilled hairdressers & technicians
Exclusive formulas, creams & gels

FREE tri products
on first 50 redeemed coupons
Limit 1 per customer
Expires 6/30/81

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25% 25%

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Entertainment

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Phone 222-2084

CABRILLO ART CENTER

OceAn Beach

SUPER ART POSTERS!!

No, you can't have it.

Louis, age six, is a cute boy. But his hair is too long and wild. So, on the day before Louis was to start school, his mother took him to see Dr. Silbert, a pediatrician. Dr. Silbert told Louis' mother that the hair was causing problems and that it should be cut. Louis' mother was concerned about the cost of having the hair cut, but Dr. Silbert reassured her that it was a simple procedure.

The hair was cut and the boy was left with a short, neat appearance. Louis' mother was pleased with the result and thanked Dr. Silbert for his help.

The youth authority, a local organization that helps children, heard about Louis' situation and offered to pay for the hair cut. Louis' mother accepted the offer and took him to the hairdresser. The hair was cut and Louis returned home feeling much better.

The next day, Louis started school. His classmates were surprised to see the change in his appearance. They asked him questions about his new hair and he answered them patiently. Louis was happy to have a new look and felt confident in himself.

Cousins presents

Free OLYMPUS Demonstration with Factory Rep Geo Mason Sat. March 14 10 a.m. to 4 p.m.

The OM-2n

OFF the line

Lenses & Flashes at Special Discount Prices

The CM-1

Special Savings on all Olympus Accessories

Cousins Low Price

Cousins Price Only

Cousins Special Price

The programmed automatic

OLYMPUS XA2

The programmed automatic

OLYMPUS XA2

The programmed automatic

OLYMPUS XA2
The Kilowatt Wars

By Renee Price

Because SOLAR's got a few more holes in it. They tell us to put our energy on the side of the road. The sun's really shining down on us, you know, but they don't make it as easy as it sounds. They put in a lot of money, I guess, to get us to use the road. You know, we put the road into the sun, and they say it's easier to use. But they don't make it easy.

We've been working on this for a while now, and we've made some progress. We've got a few more holes in it, but we're getting closer. We're still working on it. We've got a few more holes in it, but we're getting closer. We're still working on it.

DEL MAR SPORTS

$1.50 off with all

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DELFIN

(continued on page 29)

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Legal problems need not be

Straight-Line Courier

Over complicated

McManus & Forner

(805) 646-3738

In case of emergency call

(continued on page 29)
KILOWATT WARS

The day begins with a bang. Two helicopters with cameras circle above the airport, but the noise isn't the only thing that's loud. The owner of the airport, a man named Bob, is in a heated argument with a group of protesters. They are demands that he stop the electronic billboards that are being installed around the airport.

"These billboards are a danger to our community," one of the protesters shouts. "They will cause accidents and distract drivers!"

Bob, on the other hand, is determined to go ahead with the installation. "The billboards will bring in much-needed revenue," he says. "And they will improve the airport's appearance!"

As the sun sets and the night falls, the protest continues. The protesters set up tents and spend the night chanting and singing songs of protest. They are determined to stop the installation of the billboards at all costs.

KILOWATT WARS

The next day, the protesters wake up early and begin [])
Some of Its Parts

Jill Smith

Although the central theme of the century of change and ideas is incessant becoming of groups, which extend through the ages, the group of women called the Cowgirls of the New West. These women, which flourished in the 1880s, serve as a symbol of the new frontier. They are depicted as strong, independent women who were not afraid to take on the roles of men and to pursue their own interests. This group of women is depicted as strong, independent, and fearless, which is in contrast to the stereotypical image of women in the past. The Cowgirls of the New West are seen as a symbol of the new frontier and the changing roles of women in society. The story of the Cowgirls of the New West is told through a series of photographs and interviews with the women who lived during that time. The story is told in a way that makes it easy to understand and follow, and it is a story that will be remembered for generations to come.

Eleanor Wener

The Restaurant: French Gourmet Too
123 Main Street, San Francisco

Price Range: $50.00 to $75.00

Hours: Monday to Friday, 11:00 AM to 2:00 PM, 5:00 PM to 10:00 PM

The restaurant offers a variety of French cuisine, including classic dishes such as coq au vin and escargots. The menu also features seasonal specialties and vegetarian options. The atmosphere is cozy and intimate, with dim lighting and soft music. The service is attentive and knowledgeable, and the staff is happy to make recommendations. The restaurant is located in the heart of the city, making it easy to access and a perfect spot for a romantic dinner or a special occasion.
Dear Me

Wraps of letters in the order could be with a bit of a difference, especially if the reader is to be gotten from a scan of the correspondence column in the paper that is actually printed. You may not think my obvious passion for the printed word is possibly a bit too much, but then again I often find myself saying, "I love the sound of words."

DUNCAN SHIPPARD

Off the Cuff

Virginia Walker

How to make your presents popular. Every year I find myself trying to figure out what to give my friends and family. It seems like there is always someone who is difficult to shop for. This year, I have decided to try something new. I have been thinking about the things that my friends and family enjoy and have come up with some ideas. I hope that these ideas will be successful in making my presents popular.

L.J. Kennedy

Big Red

Mary M. Walker

A story about Christmas. My Father was in the service during World War II. He was stationed in North Africa and then in Italy. My family saw him only a few times during the war. My Father passed away in 2000, but I keep his memory alive by sharing his stories with others. The story of his experiences during the war is one that I enjoy telling.
**READER'S GUIDE**

*Film*

Children's Films, including the National Film Board of Canada's *Super 8 Film* and the Australian TV series *Tales of the Unexpected* are being shown in French with English subtitles at the Jewish Community Center of San Francisco, 1300 Florida Ave., San Francisco.

**Lectures**

- The People's Republic of China will send a seven-member delegation to the United States for a two-week tour, beginning March 26. The delegation will visit universities, libraries, and museums.
- The United States Department of Commerce announces that the People's Republic of China, through its Commercial Counterpart, will be represented by its delegation for the purpose of exchanging and developing business relations.

**Health**

- A special Hunters Health Seminar will be held on April 15 at 8 p.m. at the YM-YWHA, 50 Waring St., San Francisco.

**Music**

- The San Francisco Symphony appears at the War Memorial Opera House on March 25 at 8 p.m., featuring works by Beethoven, Dvorak, and Schumann.
- The San Francisco Symphony Orchestra presents a concert on March 26 at 8 p.m. at the War Memorial Opera House, featuring works by Beethoven, Dvorak, and Schumann.

**To Local Events**

- The San Francisco Symphony will present a concert on March 27 at 8 p.m. at the War Memorial Opera House, featuring works by Beethoven, Dvorak, and Schumann.
- The San Francisco Symphony Orchestra presents a concert on March 28 at 8 p.m. at the War Memorial Opera House, featuring works by Beethoven, Dvorak, and Schumann.

**Special Events**

- The San Francisco Symphony presents a concert on March 29 at 8 p.m. at the War Memorial Opera House, featuring works by Beethoven, Dvorak, and Schumann.
- The San Francisco Symphony Orchestra presents a concert on March 30 at 8 p.m. at the War Memorial Opera House, featuring works by Beethoven, Dvorak, and Schumann.

**DINNER SPECIALS**

- The San Francisco Symphony presents a concert on March 31 at 8 p.m. at the War Memorial Opera House, featuring works by Beethoven, Dvorak, and Schumann.
- The San Francisco Symphony Orchestra presents a concert on April 1 at 8 p.m. at the War Memorial Opera House, featuring works by Beethoven, Dvorak, and Schumann.

**The OLD TIME CAFE PRESENTS**

- There's a new kid in town! at Bobby G's
- Katry Brown and the Digipals
- Ken LaRusso and the Del Rio's
- Daily Specials

**CABO'S**

- Jazz Night and the Digipals
- Pat Rice
- Digipal's

**O'HUNGRY'S**

- Jim & Theresa Histon
- Digipal's
- Pat Rice
- Digipal's

**Inaugural Opening**

- The San Francisco Symphony Orchestra presents a concert on March 25 at 8 p.m. at the War Memorial Opera House, featuring works by Beethoven, Dvorak, and Schumann.
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READER'S GUIDE TO THE MUSIC SCENE

This Week's Concerts

In the coming week there are some exciting musicians coming to the area. The following list includes some of the names you will not want to miss.

WINTER JAZZ SERIES

LITTLE BAVARIA

CARMEL VALLEY RD., DEL MAR

Largest dance floor in North County

THURSDAY MARCH 12

TALL COTTON

THURSDAY MARCH 12

SWING TO THE BIG BAND SOUND

FRIDAY MARCH 13

THE ALPENERS

SATURDAY MARCH 14

GARY MYRICK and THE FIGURES

on EPIC Records & Tapes.

National Recording Artist

performs album hits "SHE TALKS IN STEREO"

On sale now 499-1181

FRIDAY MARCH 13

DEL MAR 8 pm

FAIRGROUNDS

Advance tickets: $5.00 available at Licorice Pizza, Pacific Beach, Carlsbad, Escondido, Chula Vista.

For more information 499-1181

MARCH 12 1976
The Magic If, Up to their old tricks again.

At the Sundowner Lounge Tuesday through Saturday, 6 p.m. to 1 a.m. Three shows nightly. Come see The Magic If, before they disappear.

At the Sheraton Harbor Island Hotel. Phone 291-2900

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CALIFORNIA'S MOST DYNAMIC MULTI-MEDIA ROCK SHOW

Friday the Thirteenth

Rock Fantasy

Dress Up & Party Out!

We're Gonna Rock-n-Roll You!
Super High Fidelity Concert Sound System
Hot Live Dancers. Film Clips

Pristine to Best Costumes
"Classiest—Zaniest
Most Bizarre"

La Paloma

Experience the Flurin of your life at Chabah House

—Waltzing Poodles—
—Romantic Dancing
—Live Band

Earl Grant, PARTY L'OPHELIE

FREE Rock Fantasy T-shirts to first 100 in costume on opening night.

Premiere night: Friday March 13 Tickets $4.50 (in advance) $5.50 at the door.

Ticket available at: J. T. Reel, J. T. Reel, La Paloma Theater

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Buck's Ticket Service

Ghost State of Mind Run For

PAT TRAVERS

& RAINBOW BEATLEMANIA
THE KNACK

JIMMY BUFFETT

ERIC CLAPTON

RUSH JOURNEY WILEY MENDOLL USO WHO TOMPETTY

---

Distillery

This side

Rockin' Stevie W.

Rif-Raf

Greater San Diego Talent Search

---

Bacchanal
CURRENT MOVIES

Dawn of the Dead
George Romero's horror flick introduces the concept of the walking dead... zombie-like creatures that wander among us, living a lawless life of drinking, sexual excess and violence. In a world with no hope and no future, the creatures feed on human flesh. But why should we care about the fate of the walking dead? They are hollow creatures without any identity or purpose. For us, it is enough to watch as the creatures grow stronger and more numerous, slowly taking over the world. In the end, they become the only life form we have left. The world we once knew is long gone, replaced by a world of death and decay. The survivors are forced to live in this new world, forever seeking safety and survival. In the end, they are left alone to deal with the consequences of their actions. But even as they face the end of the world, they cannot help but feel a sense of wonder and awe for the creatures that have taken over. Dawn of the Dead is a horror film that is not just scary, but also profound. It is a film that will stay with you long after the credits have rolled.
Mad Jack's 3 superstores would love to beat the prices of the other so-called superstores.

**PIONEER**

The only real place to buy a hi-fi stereo system is from the hi-fi stereo superstore: Mad Jack's.

Mad Jack's is offering a bookshelf speaker system from Pioneer with 5400 milliamp (mA) power, a 10-inch woofer, and a 20-watt power amplifier, for only $499. This system is designed to deliver high-quality sound with clear and detailed performance. The bookshelf speakers are ideal for small to medium-sized spaces, providing a powerful and immersive listening experience. At Mad Jack's, you can find a wide range of high-quality stereo equipment for your home entertainment needs. Visit our superstore today and experience the difference for yourself!
Where you find gourmet food at reasonable prices.

Authentic as we are named
An experience you have yet to explore
Ala Tai

Mandarin

Happy Sunday
11:30-10:30
Buffet - All-you-can-eat $3.99
with one drink at 50% discount
Handsome Noodle Demonstration
at 12:30 pm
By our chef: The Champion Noodle Tower
Call 278-1000

5855 Mission Gorge Road, Kearny Mesa, San Diego
Open 7 days a week, enjoy parking.

SHOOTERS, MARGARITAS AND
FABULOUS FOOD

Enjoy legendary happy hours at The Village Carita, authentic cuisine from Mexico and one of the most beautiful settings in the West.

The Mexican Restaurant - it's everything a Mexican restaurant should be, and more

LUNCH: Mon. to Fri. 11-2.30, Sat. 11-3.4.
DINNER: Nightly 5-10.30, Sunday Brunch 10-3.30. Happily Hours: 4 to 7 weekdays.

The Mexican Restaurant
9400 Mira Mesa Blvd., San Diego, CA 92126
(1) 232-7561

Enjoy Country Buffet in English Country Elegance

1 for owner
(10% off Fish & Chips, Burgers, BBQ Ribs)
All French Bread
Fantastic Soup & Salad Bar

All you can eat $4.95
From 1 to 10 p.m. (Children's menu also available)
Order from our printed menu and get your dinner ticket!

W&D Pabst & Co.
Paraphrase of the Food & Spirits at the Federal & Commonwealth Streets.

For reservations call (619) 233-6900.

For deliveries call (619) 233-6900.

For parties call (619) 233-6900.

For catering call (619) 233-6900.

For take-out call (619) 233-6900.

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Real Estate

By Don Robid
According to sources at the U.S. Bureau of Printing and Engineering, glass-encased chrome die blocks of America's paper money are already several years away. Several demonstrations, designed to test the durability of these blocks, are currently on the drawing board. Among these, the Bureau of the Domestic Franchise, a $6 million project, would see American die blocks imported from Europe to test the Bureau's own manufactures. A $10 million project, and a $20 million project, are among the Bureau's future plans.

Rules of the Game:
A Fill-in for Reading the Reader Puzzle will be Reader T-Shirts.
1. All entries in the Reader Puzzle contest must receive the Reader Puzzle T-Shirt. T-Shirts are in the Reader Puzzle, 3rd, 2nd, 1st, and 2nd, 1st, 2nd, 3rd, 4th, 5th, 6th, 7th, 8th, and 9th, T-Shirts, respectively.
2. All entries must be accompanied by your name, initials, and address.
3. The Reader Puzzle can be submitted in the Reader Puzzle section of the Reader, 3rd, 2nd, 1st, and 2nd, 1st, 2nd, 3rd, 4th, 5th, 6th, 7th, 8th, 9th, T-Shirts, respectively.
4. All entries must be submitted to the Reader Puzzle, 3rd, 2nd, 1st, and 2nd, 1st, 2nd, 3rd, 4th, 5th, 6th, 7th, 8th, 9th, T-Shirts, respectively.
5. All entries must be submitted to the Reader Puzzle, 3rd, 2nd, 1st, and 2nd, 1st, 2nd, 3rd, 4th, 5th, 6th, 7th, 8th, 9th, T-Shirts, respectively.
6. All entries must be submitted to the Reader Puzzle, 3rd, 2nd, 1st, and 2nd, 1st, 2nd, 3rd, 4th, 5th, 6th, 7th, 8th, 9th, T-Shirts, respectively.
7. All entries must be submitted to the Reader Puzzle, 3rd, 2nd, 1st, and 2nd, 1st, 2nd, 3rd, 4th, 5th, 6th, 7th, 8th, 9th, T-Shirts, respectively.
8. All entries must be submitted to the Reader Puzzle, 3rd, 2nd, 1st, and 2nd, 1st, 2nd, 3rd, 4th, 5th, 6th, 7th, 8th, 9th, T-Shirts, respectively.
9. All entries must be submitted to the Reader Puzzle, 3rd, 2nd, 1st, and 2nd, 1st, 2nd, 3rd, 4th, 5th, 6th, 7th, 8th, 9th, T-Shirts, respectively.
10. All entries must be submitted to the Reader Puzzle, 3rd, 2nd, 1st, and 2nd, 1st, 2nd, 3rd, 4th, 5th, 6th, 7th, 8th, 9th, T-Shirts, respectively.

Women's and Men's Reader T-Shirts are available at $15 each.

THE READER PUZZLE
No. 142 Face Value

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