City Lights

Thanks For the Mammoths

Women, do you dream of having a beautiful, shapely breast? Do you wish you could enhance your figure? Then come and join the growing number of women who are discovering the amazing scientific breakthrough that is helping them to ENLARGE your bust and improve their self-esteem.

I Swear I'll Be Back For You On Payday

Uncle Bill wound into the R & S Hardware Company on the corner of Fifth and G Danielle last night. He went inside and found the store empty. His heart sank as he wandered through the aisles, looking for his usual cash register key. Suddenly, he noticed something shining in the display case at the back of the store. It was a beautiful, sparkling diamond ring.

“This is a must-have for any true gentleman,” Uncle Bill thought to himself. He pulled out his wallet and counted his money. Would he have enough to buy the ring? As he checked his pockets, he realized he had enough to buy the ring and still have some left over.

City Lights

Once Upon A Time

At the heart of the city, there exists a place where dreams come true. A place where anything is possible. A place called City Lights. It was here that a young girl, named Mary, first discovered her love for art.

Mary grew up in a small town, where her father was the local painter. He taught her how to mix colors, and how to create beautiful paintings. But Mary had a dream of one day creating her own masterpiece.

Mary's parents were not wealthy, and they could not afford to send her to art school. But they did have one thing in common: a love for art. They encouraged Mary to pursue her dream, and they would do anything to help her.

One day, Mary heard about an art competition that was being held in City Lights. The prize was a $10,000 scholarship to a famous art school. Mary knew that this was her chance to prove her worth.

Mary worked tirelessly on her painting, and when it was finished, she entered it into the competition. The judges were impressed by Mary's talent, and she was awarded the scholarship.

Mary's parents were overjoyed. They knew that this would be the beginning of Mary's success as an artist. And so, Mary set off for the art school, determined to make her dream a reality.

Highway were worried about Liedberg, and they wanted to help. They knew that the town was in need of something, and they wanted to make a difference.

They designed a new logo for Liedberg, and they also worked on a new website for the town. They even organized a community festival, where people could come together and celebrate their love for art.

The festival was a huge success, and it brought many people to the town. Mary's parents were amazed at how much the town had changed. They knew that their daughter had made a difference.

Mary continued to work on her art, and she was soon recognized for her talent. She sold her paintings to galleries around the country, and she even had an exhibition in City Lights.

And so, Mary's dream came true. She became an successful artist, and she made a difference in her town. She showed that anything is possible, as long as you never give up on your dreams. 

B. M.
Straight from the Hip

MATTHEW ALICE

Dear Matthew Alice,

While you were away from L.A., I noticed a number of changes in the taste of R&B. It's no secret that the music industry is a fickle place, and it's always changing. Some say it's for the better, as it allows for new artists to shine. Others argue that it's for the worse, as it can lead to a lack of consistency in the quality of music. What are your thoughts on this? Have you noticed any changes in the popularity of certain genres or artists? Have you discovered any new music that you would recommend? I'm always interested in hearing about the latest and greatest in the music world. Let me know your thoughts.

Sincerely,

Lisa

It Was Greek To Me

JONATHAN SAVVILE

When I was a child, my parents would take me to see Greek plays at our local theater. I remember being fascinated by the stories and the way they were told. It was a time when the world was not so divided and countries coexisted peacefully. I often wonder if the same things that I learned from these plays still hold true today.

Sincerely,

Matthew

Super Buy Out!

Mix and Match Coordinates

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SMARTLY TAILORED IN SIZES 10 TO 18, BROWN OR GREEN TWEED $22.00

Vest $22.00 $9.99

Jacket $49.99 $15.00

Skirt $29.99 $13.00

Pant $29.99 $13.00

Blouse $17.99 $7.99

Mary, Jimmy, Joel, and Steve, formerly of Mary, James, Joel, and Steve, a popular band in the 1980s, have formed a new band called Hair West and Barbara Gaino, formerly of Great Lengths, have joined our staff.

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Weekend Diet and Health Seminar

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Under the ownership of Black-owned Phillips Co, Maroon Diva wants to make a low-pressure alternative to the popular Lady Jones 1800 High Pressure Lamp. The Golden Gate Bridge has been using these lamps for over 50 years, but Maroon Diva's new technology could save the city millions of dollars in energy costs. The lamps use less electricity and last longer, making them a more sustainable option. The city has already installed 1,000 of these new lamps, and they are expected to save $2 million in energy costs annually.

As we navigate through the ever-changing world of technology, it's important to stay informed and make informed decisions. That's why we have created the Smart Life app, which provides news, articles, and podcasts on a wide range of topics. Whether you're interested in science, technology, or business, there's something for everyone.

Join us as we explore the world of technology and discover the latest trends and innovations. Download the Smart Life app today and stay informed.

Sincerely,

The Smart Life Team
"It doesn't really matter what it is, whether it's arthritis or migraines or cancer. If you get the system working properly, the body will cure itself."

If You Are What You Eat, Then You Aren't What You Don't Eat

(from page 2)

Aren't What You Don't Eat

Hippocrates—ranging from $50 to $100 for a private room with a bath, from $10 to $200 for a single, from $200 to $500 for a double, from $500 to $1,000 for a suite—has been an important influence in the healing of the sick for 2,000 years. Many of the patients who are treated at Hippocrates are those who have been referred by their doctors.

Hippocrates has been in operation for 2,000 years. The first Hippocrates was founded in Greece in 400 B.C. by Hippocrates of Cos, the father of modern medicine. He was a physician who lived in the time of Alexander the Great and he is remembered as the father of modern medicine.

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FIT AS A FIDDLE

TINA R. KOFFA

One woman's lunchtime routine: taking a break from the office, finding a place where she can sit down and relax, and finding something to eat. It's a simple pleasure that can be enjoyed in any number of ways. For some, it's a quiet moment to savor a hot cup of coffee, or a cold glass of water while catching up on the latest news. For others, it might be indulging in a delicious meal or exploring a new food trend. Whatever the case may be, there's something special about taking time for yourself during the workday. It's a chance to recharge and maybe even make a new discovery. Whether you choose to enjoy a meal, a beverage, or simply take a break, remember to make time for yourself during the workday. It's a small luxury that can go a long way in helping you feel more refreshed and energized for the rest of the day.

The Art of Violin Making. Violinists, known for their ability to create beautiful music on a tiny instrument, are often associated with musical excellence and precision. But behind the scenes, violin making is a complex and demanding process that requires a great deal of skill and attention to detail. Manufacturers of violins are constantly striving to improve their instruments, focusing on factors such as sound quality, durability, and playability. Some of the world's finest violins are crafted by skilled artisans who have honed their craft over many years. These instrument makers are dedicated to creating instruments that are not only visually striking but also produce a rich, full sound that can stand the test of time. Whether you're a professional violinist or simply a music lover, the art of violin making is something to appreciate and admire. It's a testament to the dedication and passion that goes into creating a piece of music history.
READER'S GUIDE TO LOCAL EVENTS

Music

The band Medicine Head will perform at the Oceanside Community Center on Wednesday, June 25, at 8 p.m. Tickets are $5 at the door. The Oceanside Community Center is located at 221 S. Coast Hwy.

Theater

"The Three Sisters" by Chekhov will be performed by the San Diego Repertory Theatre at the Harada Theatre, 1000 K Street, San Diego. Performances are at 8 p.m. Wednesdays, Thursdays, and Fridays, and at 2 p.m. Saturdays. Tickets are $10-$20. For reservations, call 239-5846.

Dance

The San Diego Ballet will present "The Nutcracker" at the Balboa Theatre, 1000 K Street, San Diego. Performances are at 8 p.m. Wednesdays, Thursdays, and Fridays, and at 2 p.m. Saturdays. Tickets are $10-$20. For reservations, call 239-5846.

Film

The San Diego Museum of Art will present "The Art of America," a film series, at 7 p.m. Wednesdays, Thursdays, and Fridays. The series will continue through September 18. For more information, call 239-5846.

Sports

North Park Tennis Center will host a series of tennis tournaments, including the North Park Tennis Festival on July 19 and 20. For more information, call 239-5846.

Special Events

The San Diego Zoo will host a series of events, including a "Zoo Walk" on July 19 and 20. For more information, call 239-5846.
What can HYPNOSIS do for you?

Come listen to a lecture by Dr. Katz, Ph.D., noted authority on the fields of psychology and education. In addition to his present position on the faculty of the University of Southern California College of Education, Dr. Katz is a consulting editor for Future Magazine and a member of the psychology department for a national literary publication.

Lecture topic:
Hypnosis as an Educational and Therapeutic Tool

March 3, 2:00 p.m. - 4:00 p.m.

The Mission Hills First Congregational Church
47th Avenue and San Diego

Tickets are available at the door, or a

The University For Humane Studies
8383 San Diego Blvd., Encinitas, CA
Phone: (714) 393-0373

CURRENT

MOVIES

NOMINATED FOR 9 ACADEMY AWARDS

Best Picture
Best Actor
Best Supporting Actress
Best Supporting Actor
Best Director
Best Screenplay
Best Original Score
Best Art Direction

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Have it framed at your Western Hill store
for only $25.00 with this ad.
Price includes glass
and matting up to 9 x 12.
Selected frame styles.
Offer good thru March 1st.

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the art collector
Inventory Sale
Discounts up to 50% off

on selected titles only:
Until February 28th.

FREE!

Free Hot Wax
or a Regular $10
turn-up for only $10 (each)
and your chance to win the Sierra Nevada Ski Pass.
(Retail value $220)
Skiing: Now 20% off (valid until)
One size fits all.
Second Section

Reader's Guide to the Music Scene

This Week's Concerts

One of the more significant events around town is the reissue of the live album 'Live at the Fillmore East' by The Allman Brothers Band. This recording captures the band at their peak, during their 1973 residency at the Fillmore East in New York City. The album features classic performances of songs like 'Soulshine' and 'Midnight Rider,' and is considered a cornerstone of the genre.

For those looking for a more intimate experience, the Strand Theatre will host a screening of the documentary 'The Band: The Last Waltz.' The film chronicles the legendary performance at the Winterland Ballroom in 1976, which was the last time The Band performed as a group. The event includes live performances from artists like Neil Young, Bob Dylan, and Van Morrison.

The Strand Theatre
4950 Newport Avenue - Ocean Beach - 223-3141
Home of the Classic American Chapter Playhouse

This week's concerts include:

- April 11, 9:00 P.M.: FM 106 - Marc Berman Concerts and Avalon Attractions 'April Explosion' at the San Diego Civic Theatre
- April 15, 9:00 P.M.: FM 106 - Marc Berman Concerts and Avalon Attractions 'April Explosion' at the San Diego Civic Theatre
- April 16, 9:00 P.M.: FM 106 - Marc Berman Concerts and Avalon Attractions 'April Explosion' at the San Diego Civic Theatre

Tickets for these events are available at the Strands Box Office or online.

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Steve Lemacks
Reader's Guide to

San Diego Concerts

Mike Packer, The World Theatre, Monday, February 27th. 802-9999, 8:30 PM.

San Diego Symphony, Thursday, May 22nd, 8:00 PM. Cabrillo Concert Hall.

Zydeco, The World Theatre, Thursday, May 22nd. 802-9999, 8:30 PM.

The Music Scene

Tower of Power, Town Tavern, Thursday, February 21st, 9:00 PM.

The Persuasions On The Upstairs Deck of the Embassy, Friday, March 1st, 9:00 PM.

Jethro Tull, The World Theatre, Monday, February 27th, 8:30 PM.

Boston and Sammy Hagar, Friday, March 2nd. 11:00 PM. Sports Arena.

Black Oak Arkansas, Friday, March 2nd. 11:00 PM. Sports Arena.

The London Knights, Saturday, March 3rd. 9:00 PM. Sports Arena.

The Ramones, The World Theatre, Tuesday, February 21st, 9:00 PM.

Boston, Friday, March 2nd. 11:00 PM. Sports Arena.

Boston and Sammy Hagar, Saturday, March 3rd. 9:00 PM. Sports Arena.

Quiet Riot, Saturday, March 3rd. 9:00 PM. Sports Arena.

Savoy Brown, The World Theatre, Thursday, February 21st, 9:00 PM.

Boston and Sammy Hagar, Saturday, March 3rd. 9:00 PM. Sports Arena.

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Outrageous!

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Contact Lens Prices Are Outrageous!

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2 Pair of Soft Contact lenses .....................................................$11.95
2 Pair of Conventional Contact lenses .........................................$11.95
2 Pair of Soft Contact lenses .....................................................$11.95
2 Pair of Soft Contact lenses .....................................................$11.95

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** Price includes lenses, care kit, eye exam, and follow-up visits.

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2. We guarantee your complete satisfaction with contact lenses we prescribe and dispense and will refund all but a fitting fee for up to 90 days after dispensing, without question.
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3 YEARS PARTS AND LABOR
THE READER PUZZLE
No. 44 Continuous Showing

By Don Kibbe

Great plans, letters and money. And with the price of film, reels, chemicals, and other expenses taking a toll on the budget, we're looking for ways to save. We know one exhibitor who claims to have a variable focus camera with no need for lenses, but he's always been a bit tight with his money. He says, "I'm not going to spend money on expensive lenses!"

Child play. What ancient, 19th-century technology would have saved a lot of money on camera lenses? And how might such a camera work? We're interested in any suggestions or ideas for reducing costs.

Rules of the Game
1. You must be a member of the Reader's Club to play. For more information, call 615-7000.
2. New puzzles will be published every Sunday in the Reader. For each new puzzle, there will be a grand prize and a number of smaller prizes.
3. All entries must be received by the deadline specified in the puzzle. All entries will be judged by the Reader staff, and the winners will be announced in a future issue.
4. Participants may submit only one entry per puzzle.
5. The prizes will be awarded to the winners based on their answers to the puzzle. The prizes will be awarded to the first correct entry submitted for each puzzle.
6. The Reader reserves the right to modify or amend these rules at any time, without notice.
7. The Reader is not responsible for any errors or omissions in the publication of the puzzle or for any entries that are lost or delayed in the mail.
8. The Reader's decision is final, and no correspondence will be entered into.

Winners of Past Puzzles:
1. The last puzzle was won by the reader who submitted the correct answer. The prize was a Reader gift certificate.
2. The previous puzzle was won by the reader who submitted the correct answer. The prize was a Reader gift certificate.
3. The last puzzle was won by the reader who submitted the correct answer. The prize was a Reader gift certificate.
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8. The previous puzzle was won by the reader who submitted the correct answer. The prize was a Reader gift certificate.
9. The last puzzle was won by the reader who submitted the correct answer. The prize was a Reader gift certificate.
10. The previous puzzle was won by the reader who submitted the correct answer. The prize was a Reader gift certificate.

Send entries to: Reader's Club, The Reader, 1850-10th Street, San Diego, CA 92101. Entries must be postmarked by the deadline specified in the puzzle. Mail, phone, fax, email, or online entries are not accepted.
San Diego Seminars
Alternative Adult Learning for Pleasure and Profit

Seminars for March

- Rockabye Theory, Analysis, & Application
- Carpentry: Basic- to-Intermediate Skills
- Painting: From+Dark+to+Light+to+Dusk+to+Daylight
- How to Care for Your Contemporary Hair Style at Home
- Yoga, Hatha-Style
- Creative Writing: How to Write Your Own Story
- The New Century View: The Business You Can to Starting a Job
- How to Get Rich Quick: Working for a Living
- Alternative Careers for Women: Do in the 60s to the Job Market
- Understanding the Computer
- Photography: To Train Your Eyes
- Parenting: The Art of the Eyes
- How to Sell Your House Without a Lightning Rod
- Consumer Buying: Buying Autos, Vans, SUVs, and Mobile Homes
- How to Market Your Writing: The Secret for Earnings Only
- Computer and You: Facts and Hype in the Personal Computer

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