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Encinitas
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Regular Hour, every day 4-6 p.m.
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Tuesdays, Thursdays, Saturdays
11:30-9:00

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Phone: 686-2474
4696 Santa Monica Avenue, Ocean Beach

—Paul Krueger—

September 28, 1942 — Juan Rodriguez Calderon was born in the city of El Cabo, in Acapulco, Mexico.

November 26, 1942 — Edward Johnson, Jr., married Elsie Rose Snow in San Diego, California.

December 26, 1942 — The Geographic "How the West Was Won" was released by 20th Century Fox.

February 28, 1942 — The first issue of the "American" magazine was published by the American Magazine Company in Los Angeles.

March 27, 1942 — The first issue of "True" magazine was published by the National Periodical Publications Corporation in New York City.

April 25, 1942 — San Diego came under Allied military control.

January 1, 1935 — San Diego declared a "public holiday".

May 22, 1934 — City officials in San Diego announced the opening of the new downtown "city hall".

October 23, 1933 — The first issue of "The San Diego Union" was published.

September 29, 1932 — The first issue of "The San Diego Union-Tribune" was published.

July 14, 1931 — The first issue of "The San Diego Union-Tribune" was published.

June 20, 1930 — The first issue of "The San Diego Union-Tribune" was published.

January 26, 1929 — The first issue of "The San Diego Union-Tribune" was published.

November 19, 1928 — The first issue of "The San Diego Union-Tribune" was published.

September 19, 1927 — The first issue of "The San Diego Union-Tribune" was published.

August 28, 1926 — The first issue of "The San Diego Union-Tribune" was published.

July 31, 1925 — The first issue of "The San Diego Union-Tribune" was published.

January 1, 1925 — The first issue of "The San Diego Union-Tribune" was published.

August 1, 1923 — The first issue of "The San Diego Union-Tribune" was published.

May 31, 1922 — The first issue of "The San Diego Union-Tribune" was published.

February 28, 1921 — The first issue of "The San Diego Union-Tribune" was published.

January 28, 1920 — The first issue of "The San Diego Union-Tribune" was published.

October 27, 1919 — The first issue of "The San Diego Union-Tribune" was published.

September 17, 1918 — The first issue of "The San Diego Union-Tribune" was published.

August 14, 1917 — The first issue of "The San Diego Union-Tribune" was published.

July 1, 1916 — The first issue of "The San Diego Union-Tribune" was published.

June 28, 1915 — The first issue of "The San Diego Union-Tribune" was published.

May 3, 1914 — The first issue of "The San Diego Union-Tribune" was published.

April 26, 1913 — The first issue of "The San Diego Union-Tribune" was published.

March 21, 1912 — The first issue of "The San Diego Union-Tribune" was published.

February 28, 1911 — The first issue of "The San Diego Union-Tribune" was published.

January 31, 1910 — The first issue of "The San Diego Union-Tribune" was published.

October 4, 1909 — The first issue of "The San Diego Union-Tribune" was published.

August 31, 1908 — The first issue of "The San Diego Union-Tribune" was published.

July 28, 1907 — The first issue of "The San Diego Union-Tribune" was published.

June 20, 1906 — The first issue of "The San Diego Union-Tribune" was published.

May 14, 1905 — The first issue of "The San Diego Union-Tribune" was published.

April 10, 1904 — The first issue of "The San Diego Union-Tribune" was published.

March 21, 1903 — The first issue of "The San Diego Union-Tribune" was published.

February 28, 1902 — The first issue of "The San Diego Union-Tribune" was published.

January 31, 1901 — The first issue of "The San Diego Union-Tribune" was published.

October 26, 1899 — The first issue of "The San Diego Union-Tribune" was published.

September 26, 1898 — The first issue of "The San Diego Union-Tribune" was published.

August 27, 1897 — The first issue of "The San Diego Union-Tribune" was published.

July 31, 1896 — The first issue of "The San Diego Union-Tribune" was published.

June 28, 1895 — The first issue of "The San Diego Union-Tribune" was published.

May 31, 1894 — The first issue of "The San Diego Union-Tribune" was published.

April 26, 1893 — The first issue of "The San Diego Union-Tribune" was published.

March 21, 1892 — The first issue of "The San Diego Union-Tribune" was published.

February 28, 1891 — The first issue of "The San Diego Union-Tribune" was published.

January 31, 1890 — The first issue of "The San Diego Union-Tribune" was published.

October 26, 1889 — The first issue of "The San Diego Union-Tribune" was published.

September 26, 1888 — The first issue of "The San Diego Union-Tribune" was published.

August 27, 1887 — The first issue of "The San Diego Union-Tribune" was published.

July 31, 1886 — The first issue of "The San Diego Union-Tribune" was published.

June 28, 1885 — The first issue of "The San Diego Union-Tribune" was published.

May 31, 1884 — The first issue of "The San Diego Union-Tribune" was published.

April 26, 1883 — The first issue of "The San Diego Union-Tribune" was published.

March 21, 1882 — The first issue of "The San Diego Union-Tribune" was published.

February 28, 1881 — The first issue of "The San Diego Union-Tribune" was published.

January 31, 1880 — The first issue of "The San Diego Union-Tribune" was published.

October 26, 1879 — The first issue of "The San Diego Union-Tribune" was published.

September 26, 1878 — The first issue of "The San Diego Union-Tribune" was published.

August 27, 1877 — The first issue of "The San Diego Union-Tribune" was published.

July 31, 1876 — The first issue of "The San Diego Union-Tribune" was published.

June 28, 1875 — The first issue of "The San Diego Union-Tribune" was published.

May 31, 1874 — The first issue of "The San Diego Union-Tribune" was published.

April 26, 1873 — The first issue of "The San Diego Union-Tribune" was published.

March 21, 1872 — The first issue of "The San Diego Union-Tribune" was published.

February 28, 1871 — The first issue of "The San Diego Union-Tribune" was published.

January 31, 1870 — The first issue of "The San Diego Union-Tribune" was published.

October 26, 1869 — The first issue of "The San Diego Union-Tribune" was published.

September 26, 1868 — The first issue of "The San Diego Union-Tribune" was published.

August 27, 1867 — The first issue of "The San Diego Union-Tribune" was published.

July 31, 1866 — The first issue of "The San Diego Union-Tribune" was published.

June 28, 1865 — The first issue of "The San Diego Union-Tribune" was published.

May 31, 1864 — The first issue of "The San Diego Union-Tribune" was published.

April 26, 1863 — The first issue of "The San Diego Union-Tribune" was published.

March 21, 1862 — The first issue of "The San Diego Union-Tribune" was published.

February 28, 1861 — The first issue of "The San Diego Union-Tribune" was published.

January 31, 1860 — The first issue of "The San Diego Union-Tribune" was published.
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**We’re more than salads.**
You've boogied on our dance floor... 
Tonight enjoy fresh swordfish in our dining room.

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Nightly*

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In Santee, there is this custom waterbed shop

where craftsmen will build you a quality waterbed at a lower price than you’ll find anywhere. We’ll even match your existing furniture.

Each of the below comes in 6 finishes, made of solid California pine, includes a 400 watt heater with control and a 10 year guarantee on tap mattress and liner.

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Jazz and Rock

On Wednesday night, the Lettuce is set with a hot group of young faces. If you’re looking for a place to dance, this is it. The music is great, the people are friendly and the atmosphere is electric. It’s definitely a place to check out if you’re in the mood for some good music and a fun time.

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FIRE TRAYS improve your comfort at the table.

Perfect for everyday use.

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LE BÂU BEAU

precision handwriting for her & him

10% student discount with this ad

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January — the most popular

months of the year. The Lettuce's

guests are more likely to stay for the

music than for the dinner. The

juke box is always playing, and

everyone seems to be singing along.

Jazz and Rock

On Wednesday night, the Lettuce is set with a hot group of young faces. If you’re looking for a place to dance, this is it. The music is great, the people are friendly and the atmosphere is electric. It’s definitely a place to check out if you’re in the mood for some good music and a fun time.
The San Diego's Movers and Shakers

40

San Diego's Movers and Shakers

1. Andre Kastelanc, visiting conductor of the San Diego Symphony, who has recently purchased a home in Rancho Bernardo.

2. George Skubic, the owner of the San Diego Zoo, who recently celebrated his 50th birthday.

3. Sandra Borello, the founder of the La Jolla Shellfish Institute, a non-profit organization dedicated to the preservation of shellfish species.

4. Paul Mathews, the founder of the San Diego Chamber Orchestra, who has been named as the new artistic director of the orchestra.

5. Robert E. Brooks, the owner of the San Diego Padres, who has announced plans to build a new stadium in mission Valley.

6. Robert E. Anderson, the owner of the San Diego Chargers, who has recently fired the team's head coach.

7. Gary Reiss, the former director of the San Diego Museum of Art, who has been appointed as the new director of the San Diego Museum of Natural History.

8. Russ Bush, the owner of the San Diego Padres, who has announced plans to build a new stadium in mission Valley.

9. Richard N. Geist, the owner of the San Diego Padres, who has recently fired the team's head coach.

10. John L. Price, the attorney for the San Diego Padres, who has announced plans to build a new stadium in mission Valley.

11. Marc A. Lang, the president of the San Diego Padres, who has announced plans to build a new stadium in mission Valley.

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Folks and Blues

Live and Virginia Cottin - "(500) A Footing" is an introduction to the 500 A Footing band's new album. Virginia Cottin is a talented and versatile singer-songwriter known for her engaging stage presence and powerful voice. Her music is a blend of blues, soul, and rock, and she is able to captivate audiences with her energetic performances. Join them for a night of unforgettable music at Virginia's, a popular music venue in town.

PEOPLE

Black's is a classic blues and soul club, known for its laid-back atmosphere and great music. Their live performances are always a hit, and they feature local and national artists across various genres. This place is a must-visit for anyone who appreciates quality music.

The New Experience - A group of musicians and artists that come together to create beautiful music. Known for their harmonious blend of soul, jazz, and blues, they perform at various venues around town. Don't miss out on their captivating performances!

Kenny Hall - As a seasoned performer, Kenny Hall has built a loyal following with his soulful and passionate singing. He is capable of evoking old-time feeling through his smooth and soulful style. He has performed at several venues and is well known for his engaging stage presence.

In Time Movie Theatre - Located in the heart of downtown, In Time Movie Theatre is a popular spot for movie lovers. They show a variety of classic and modern films, and their live performances are always a treat. Join them for a night of music and entertainment.

For more information, visit virginia's website or follow them on social media for upcoming events and performance dates.

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Monday • Discotheque 9 to 2
Thursday • Wallbanger Night (Wallbangers ½ price)
Turn Sun • Dancing 9 to 2
(Live, soft rock)
Mon-Fri • Happy Hour 5 to 8 (Live Entertainment, hors d'oeuvres)

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midway and rosecrans

Don't miss Wallbanger's Halloween Party
Thursday, October 30
**FREE MUSIC PLANTS!**

With any purchase you can choose free one of the following: 4" plants (worth $5.75 each) (just mention this ad).

Color, Chrysanthemum, Amaryllis, Orchid, Cattleya, Crape Myrtle

Our everyday prices.

"All Greater to you!" 

<table>
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<tr>
<th>Plant</th>
<th>Price</th>
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<tr>
<td>Hanging Baskets</td>
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<td>Silk Plants</td>
<td>$2.50</td>
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<tr>
<td>Potted Foliage</td>
<td>$2.50</td>
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<td>Bromeliads</td>
<td>$2.00</td>
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<td>Begonias</td>
<td>$2.50</td>
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<tr>
<td>Poinsettias</td>
<td>$7.00</td>
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<td>Hyacinth</td>
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<tr>
<td>Begonias</td>
<td>$2.50</td>
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**The Basket Case**

The Basket Case

4429 Cass Street, Pacific Beach

For Musician's Emergency Service 488-4789

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**Food Co-ops**

Clay Kemper and Kathy Boyce—

A THUMBNAIL HISTORY

Food cooperatives in San Diego County began in June 1970 when approximately 30 readers of UCIM's Food Co-op Newsletter, a local food newsletter, formed the Solana Beach People's Food Store. Currently, about 250 stores serve the county.

The original store was located in 1972 on the corner of the Ocean Beach Pier and was known as the Ocean Beach Food Co-op. The store, located at 1848 Pacific Ave, was founded in 1972. At its peak, the store was a community center with a variety of workshops and events. The store closed in 1980.

In 1972, Solana Beach People's Food Store was founded on the corner of Pacific and Pacific Ave. In 1973, the store moved to its current location on the corner of Pacific and Pacific Ave. The store now operates as a community center with a variety of workshops and events.

The store is now managed by a board of directors elected by the membership. The store offers a wide variety of bulk foods, produce, and other products. The store is open to the public and welcomes all members of the community.

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**WE CARRY**

- Prescription Ski Goggles and Divings Masks
- Ray-Ban® Sun Glasses

What are our services?

1. Lens Renewal: We offer lens replacement for all our customers. This service is available for all types of lenses and styles.
2. Quality Lenses: We offer a variety of quality lenses at competitive prices. No additional charge for any prescription. The lenses are made with UV protection and polished to the highest Optical Standards.
3. Frame Repair: We provide a comprehensive selection of replacement parts and offer services that are unmatched by any other retailer.
4. Arrow Oak: Our commitment to customer satisfaction is our highest priority.

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- The Community Co-op
- Del Mar Co-op
- Garden City Co-op
- Lakeside Co-op
- La Jolla Co-op
- Lakeside Co-op
- Ocean Beach People's Food Store
- Solana Beach People's Food Store
- Yellow Rose Co-op

**ADDRESS**

- 4700 Santa Fe St, 92103
- 4751 Castilleja Dr, 92117
- 333 W. High St, 92034
- 4764 E. Main St, 92117
- 3131 W. High St, 92117
- 3209 Pacific Ave, 92109
- 3425 West Hwy 101, 92109
- 47076 South St, 92109
- 520 N. Park St, 92037
- 111 Girard Ave, 92106

**PHONE**

- 619-459-0900
- 619-459-0900
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**Sports Arena Blvd.**

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- Wire frames
- Wire frames

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Phone: (619) 239-0533

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Public Bathrooms

Margaret Chase—

Abe. This is a popular subject that even San Diego residents are fond of. It's just as advertised, and a good place to take a break and maybe even make a new friend or two.

The last exit before the beach is the Dog Park. I'm sure the bathroom there is nothing to write home about. But it's a nice place to let the kids burn off some energy before hitting the sand.

After long research, I can say that there are plenty of options for people who need to use the bathroom in San Diego. Just be sure to check the reviews before you go in, and don't be afraid to ask for directions if you're lost.

DOWNTOWN

If you're downtown and need to use the bathroom, there are plenty of options. The San Diego Museum of Art is a great place to start, and they have a nice cafe with a good selection of coffee and pastries. The Museum of Contemporary Art is also a great option, and they have a small but well-stocked gift shop with some great gifts for you to take home.

If you're looking for something a little more unique, the Balboa Park Rose Garden is a must-see. It's a beautiful place to take a stroll and enjoy the fresh air. And if you're feeling hungry, there are plenty of great restaurants in the area, like the Vegetable Salad Bar at the San Diego Central Library.

LA JOLLA

LA Jolla has a few great options for bathrooms. The La Jolla Cove is a great place to go for a swim and relax, and there are plenty of bathrooms located throughout the area. The La Jolla Shores Hotel is another great option, and they have a beautiful pool area with a nice view of the ocean.

If you're looking for something a little more unique, the La Jolla Children's Discovery Museum is a great place to take the kids. They have a great selection of exhibits and activities, and the bathrooms are clean and well-maintained.

Greasie Spoons

Joe Carpenter—

Greasie Spoons in La Jolla is a great place to eat if you're looking for a quick fix. They have a great selection of breakfast and lunch options, and the bathrooms are clean and well-maintained.

If you're looking for something a little more upscale, the La Jolla Beach and Tennis Club is a great option. They have a beautiful restaurant with a great view of the ocean. The bathrooms are clean and well-maintained, and they even have a changing room for kids.

Whether you're looking for a quick bite to eat or a meal to remember, Greasie Spoons and the La Jolla Beach and Tennis Club are both great options. Just be sure to check the reviews before you go in, and don't be afraid to ask for directions if you're lost.

Reader Comments

Reader: I agree with Joe Carpenter. I've eaten at Greasie Spoons and the La Jolla Beach and Tennis Club, and both were great experiences. I highly recommend them. Thank you for sharing your experiences.

Reader: I also agree with Joe Carpenter. I've eaten at Greasie Spoons and the La Jolla Beach and Tennis Club, and both were great experiences. I highly recommend them. Thank you for sharing your experiences.

Reader: I've never been to Greasie Spoons or the La Jolla Beach and Tennis Club, but I've heard good things about them. I'll definitely have to try them out sometime.
Racquetball

-Margaret Cremer-

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Natural Food Restaurants

In Lebanon, the usual requirement is a freshly-ground sandalwood from the mountains. The sandalwood is a crucial ingredient in the preparation of the famous "sandalwood" dish. The sandalwood is also used in the preparation of "sandalwood" incense, which is widely used in religious and ceremonial contexts.

The Lebanon Hotel in Lebanon is a small, charming establishment located in the heart of the city. The hotel offers comfortable accommodations and a variety of amenities to ensure a pleasant stay. The hotel is a great choice for those looking to experience the authentic Lebanese culture and cuisine.

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more than three of you knew what birkenstocks were.

The Homemade in Ocean Beach

28. T. Hammonds, 4700 Volcanic, Ocean Beach, Open 2 to 6 Monday, 11 to 6 Tuesday, closed Wednesday. At the Homemade in Ocean Beach you can find a variety of homemade goods. They offer a selection of fresh produce, baked goods, and other homemade treats. The Homemade in Ocean Beach is located at 4700 Volcanic Avenue, Ocean Beach, and is open from 2 to 6 on Monday and from 11 to 6 on Tuesday. It is closed on Wednesday.

DINING OUT AU NATURALE

The 26th anniversary was the official day the Sandwiches created. The atmosphere is very laid-back, with a simple menu and comfortable seating. The restaurant is called the Sandwiches, and it is located at 316 Ocean Beach Boulevard in Ocean Beach. They offer a variety of sandwiches, soups, and salads, as well as a selection of desserts. The Sandwiches is open daily from 11 am to 8 pm.

Il Ristorante, 1004 Highway 101, Encinitas.

Il Ristorante is an Italian restaurant located at 1004 Highway 101 in Encinitas. They offer a variety of Italian dishes, including pasta, pizza, and salads. The menu is available in English and Spanish. Il Ristorante is open daily from 11 am to 9 pm.

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Niederfrank's

128 South 16th Street

(916) 209-2222

2002

Shirley's Ice Cream and Bake Shop

250 South 16th Street

(916) 209-2222

2002

Shirley's Ice Cream and Bake Shop is a local ice cream parlor located at 250 South 16th Street. They offer a variety of homemade ice creams, as well as other treats such as cookies and brownies. Their ice cream is made from scratch and they use fresh, locally-sourced ingredients. If you're looking for a sweet treat, be sure to stop by Shirley's Ice Cream and Bake Shop.
The myths about large record stores.

1. LOWEST PRICES. Most people believe that large stores buy records in bulk for less. They're right. The catch is that their mark-up has to be much greater than ours to pay for high overhead — like rent, employees, etc. Don't take our word for it — check and compare for yourself. Our everyday prices are lowest.

2. WIDEST SELECTION. If you're like a lot of people, you probably confuse wide selection with volume. A big store will carry hundreds of copies of Elton John's Captain Fantastic, while one of us might carry ten. The point is that we have the same selection of records — records that we replenish more often.

3. FASTEST RELEASE OF NEW RECORDS. So they told you that big stores have inside connections to get new releases first. The fact is that record companies deliver new releases at the same time to everyone — us and them. Our new releases will go on sale immediately; we don't leave them in the back room to be processed in.

4. BEST SERVICES. You might feel that with all the people working at a big record store that there's bound to be someone there who will take an interest in your music needs. Perhaps. But it is a fact that you will find helping you in small record shops are usually us: the owners. Our lives revolve around music. Our knowledge of recording artists will often aid you in locating obscure records. We can and will make special orders in as little time as possible. Our business depends on keeping you happy.
Desert Camping

By Paul Kruger

"There's only one way to be certain that you don't have to be sure; that's to try. Try the desert night and you'll have your eyes opened. Maybe you'll be one of the millions who experience the magic of the desert at Borrego Springs State Park, just a few miles from the city, making weekend trips too tantalizing.

Anita Sibley, owner of a Palm Canyon Road hotel, made three trips to Borrego Springs, each time crossing the great undulating desert on the sand dunes. She was not disappointed. "The Borrego Desert is a breathtaking view if ever there was one." The Borrego Valley is another breathtaking view if ever there was one. It is a land of vast beauty, where the air is pure and still. The sand dunes are a vast expanse of golden sand, where the wind is constant and the sun is always shining.

A special desert campsite is reserved for the people who come to visit. The campsite is a small area surrounded by sand dunes, where the air is pure and still. The sand dunes are a vast expanse of golden sand, where the wind is constant and the sun is always shining.

The Borrego Desert is a magnificent desert with a unique beauty. The sand dunes are a vast expanse of golden sand, where the wind is constant and the sun is always shining. The campsite is a small area surrounded by sand dunes, where the air is pure and still. The sand dunes are a vast expanse of golden sand, where the wind is constant and the sun is always shining.
EVENTS
OCTOBER 9 — OCTOBER 15, 1975

SPONSORS
Southern California First National Bank

SPORTS
FOOTBALL: Chargers, Los Angeles Rams, San Diego State University, Sunday, October 11, 2:30 p.m.
FOOTBALL: 49ers, San Francisco, Los Angeles Rams, Sunday, October 11, 4:00 p.m.

MUSIC
NATIONAL JAZZ BAND ORCHESTRA: Open to all ages. At the Plaza Hotel. Friday, October 9, 7:00 p.m., tickets $3.00, 300 South Main Street.

THEATRE
ROBERT MILLER: Author, actor, and director of the Broadway hit, "The Fantasticks," at the Pasadena Playhouse. Wednesday, October 15, 2:00 p.m. and 8:00 p.m.

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Bill Gambles
Everything you need for everything you do.
An evening of Traditional Jazz

Architects: "Queen of the Louie" J. DocCarr, Chicago style, and free-style jazz. The musicians playing this engagement, include:

John Davis, trumpeter, was featured in the Glenn Miller Band with Benny Goodman and Tommy Dorsey and is on the soundtrack of Maxie.

Alex Mont is one of the great jazz clarinet players, played with Tommy Dorsey and Lee Brown.

John Collins played with the Nat "King" Cole Trio and the Art Tatum Trio. Considered by many professional musicians to be the finest jazz pianist in America.

Niki Fasol plays drums with a style as steady as a metronome. He recorded with Benny Goodman, Louis Armstrong, and Jack Trapp.

John Guarneri, a great jazz pianist, delights the audience with some of the sounds of "Fast" Water and Art Tatum. He recorded with Benny Goodman, Artie Shaw.

Jack Lesberg, who has played with the masters of Artie Shaw, and Leonard Bernstein, recorded with Louis Armstrong, Benny Goodman, and Tommy Dorsey.

The vibraphone, played by Bob Byler, is the San Diego Jazz Club, added a "sparkling" sound to the Benny Goodman Sextet.

Gene Nishi, tenor sax, is one of the jazz greats, as a trumpeter/Bruce Scott.

All seats and tables give you a good view of the bandstand.

Tickets $5 at the door.

The Hawaiian Room, The Hilton Inn
1775 East Mission Bay Drive
San Diego 92109

October 8 - October 15, 1975

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Just a few reasons why you should buy your antiques from us:

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San Diego 92109

October 8 - October 15, 1975

Music

Andrae Crouch and the Disciples

LIVE & IN CONCERT

Friday Evening, October 31, at 8 p.m.

Cosmopolitan Auditorium, Point Loma College
Tickets available at Ticketron outlets everywhere.

In Concert Wednesday, October 9

- William and the Cosmopoli
- Andrae Crouch and the Disciples
- The Gladys Knight and the Pips
- The Supremes
- Al Green
- The Spinners
- The Four Tops

Friday October 11

- Billy Joel
- Charlie Rich
- The Caravans
- The Four Tops
- The Temptations

Sunday October 13

- The Four Tops
- The Supremes
- Al Green
- Andrae Crouch and the Disciples

Wednesday October 15

- The Spinners
- Gladys Knight and the Pips
- Billy Joel
- Charlie Rich
- The Caravans
- The Four Tops
- The Supremes
- Al Green

Tickets $5-

October 10, 1975

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Serving only the best meat for our


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BUSINESS CLASSIFIEDS. Business classifieds include all your businesses, including but not limited to real estate, homes for rent, and goods and services which do not exceed 100 words per additional word. All business ads must be proof of businesses.