# Beaches: Popular Ones

## Jerry Leventon

San Diego’s world-class beaches, like Black Beach, Mission Beach, and La Jolla, are some of the finest in the United States. They are visited by millions of people each year.

### San Dieguito Beach

- **Where:** La Jolla, San Diego, CA 92037
- **Description:** This beach is known for its crystal-clear waters and sandy shores. It is a popular spot for both locals and tourists.
- **Facilities:** Restrooms, showers, Lifeguard, Beach patrol, and food vendors.
- **Activities:** Swimming, sunbathing, and watching the seals.

### Black Beach

- **Where:** Southwestern end of Mission Bay, San Diego, CA 92031
- **Description:** This beach is known for its black volcanic sand and is a popular spot for surfers.
- **Facilities:** Restrooms, showers, Lifeguard, Beach patrol, and food vendors.
- **Activities:** Swimming, surfing, and sunbathing.

### La Jolla Beach

- **Where:** La Jolla, San Diego, CA 92037
- **Description:** This beach is known for its clear blue waters and white sand. It is a popular spot for families.
- **Facilities:** Restrooms, showers, Lifeguard, Beach patrol, and food vendors.
- **Activities:** Swimming, sunbathing, and watching the seals.

## Beaches

- **Name** | **Access** | **Lifeguards** | **Amenity** | **Closest** |
- **San Dieguito Beach** | Through Calafia Monument gate on Calafia Blvd. | None | None | None |
- **Black Beach** | Small amount of parking on streets, difficult to find | None | None | None |
- **La Jolla Beach** | Small amount of parking on streets, difficult to find | None | None | None |
- **South Mission** | Parking at Black Beach, Mission Bay Park, and by the Todd Trailhead on the South Bridge | Restrooms, showrooms, nearly shark-free, and easy surf | Restrooms, showers, near beach area, and easy day trips | Restrooms, showers, near beach area, and easy day trips |
- **North Mission** | Limited street parking | Restrooms, showers, near beach area, and easy day trips | Restrooms, showers, near beach area, and easy day trips | Restrooms, showers, near beach area, and easy day trips |
- **Pacific Beach** | No street parking; always available next to the beach | Restrooms, showers, near beach area, and easy day trips | Restrooms, showers, near beach area, and easy day trips | Restrooms, showers, near beach area, and easy day trips |
- **Mission Beach** | Parking lot at the foot of Mission Beach | Restrooms, showers, near beach area, and easy day trips | Restrooms, showers, near beach area, and easy day trips | Restrooms, showers, near beach area, and easy day trips |

## Tips for Visiting Beaches

- Check the weather before you go.
- Bring sunscreen and a hat to protect yourself from the sun.
- Wear appropriate shoes for walking on the sand.
- Be respectful of the wildlife and follow park rules.
- Use designated swimming areas.

## Beaches Map

A map of the beaches in San Diego is available online through the San Diego Tourism Authority's website. It includes information about parking, facilities, and prohibited activities.

## Additional Resources

- [San Diego Tourism Authority](https://www.sandiego.org/)
- [San Diego Beaches](https://www.sandiego.gov/parks/beaches/)

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*Image: Aerial view of a beach with people enjoying the sun and water activities.*
WE'LL WAIT ON YOU TILL 7:30.

THAT WEEK IN SAN DIEGO

AUGUST 8 TO AUGUST 14

THEATRE

NOSO NOVOS! THE Japanese Diet goes big and in which a couple of New York city artists go to Japan. The theme is "The Life in Art," and the scenery, music, and costumes are all Japanese. The show opens on August 14th at the San Diego Repertory Theatre.

SPECIAL EVENTS

ROCK CLOSET! A special performance of "The Secret Life of Bees," a musical based on the novel by the same name, directed by a local director, opens on August 10th at the San Diego Civic Theatre.

FILMS


MUSEUMS & GALLERIES

MUSEUMS: GIVEAWAYS, A series of art installations created by local artists are on display at the San Diego Art Institute. The exhibit runs from August 8th to August 14th.

SPORTS

SOUND CENTER

TAKING NOTES ON THE EASY WAY THIS SEMESTER WITH A CROSS-PORTABLE CASSETTE RECORDER

SALE

was $59.95
now $34.88

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SAN DIEGO, CA 92103
299-0910

NEW AND USED
GOODY SHOP

220 F ST.
233-4815

BRING A FRIEND\ THIS COUPON GOOD FOR $10 OR MORE

WHAT'S 25c WORTH TO YOU?

How about a lap ride to Sea World? Balboa Park and the Zoo? America's Everglades Bridge? All imaginable in San Diego for that matter. It's all in this ad, including a transfer for two more days there. This coupon is good for the transfer. For quick route information, call 239-8161.

Eleanor Widmer

The Restaurant: Takaraya
The Location: 1201 Progress Drive
The Time: 10 a.m. to 10:30 p.m.

As with all chefs, cooking is an obsession. In Takaraya, cooking is a way of life. The chef, Minoru Takara, is a master of his craft. His cuisine is a symphony of flavors, a fusion of the old and the new. Each dish is a work of art, presented with care and precision. Takaraya is more than just a restaurant; it is a culinary journey, an exploration of the flavors and textures of Japan. So, join us at Takaraya for a taste of the Japanese cuisine that will leave you feeling satisfied and delighted. We look forward to seeing you there.
MOVIES

DUNCAN SHEPHERD

CinemaScope — "A Film by Louis Busuel: THE DISCREET CHARM OF THE BOURGEOISIE" — at Ken J Theatre. The story of a group of middle-class Parisians during a visit to Spain, where they encounter a series of strange and amusing events. Directed by Luis Bunuel.


The Plaza — "LA PALOMA" — at the Plaza. A film about love and freedom in the face of oppression. Directed by Luis Bunuel.


CINEMA LEO — "ANGEL SEA" — at Cinema Leo. A film about the struggle for freedom and equality in the face of oppression. Directed by Luis Bunuel.

STRaight FROM THE HIP

MATTHEW ALICE

Can America's music talk? — Paying homage to the Japan-based organization "FEELING DREAMS" — at the Japan-based organization FEELING DREAMS. Telling an anti-activity, you're the bearer of what music is. "Japan is full of so many different people..." "I want to share my dreams with them..." "Japan seems like an ocean..." "I want to share my dreams with them..." "Japan seems like an ocean..."